

Girl Guides' Gazette

Official Organ of the Girl Guides' Association

Incorporated by Charter

No 32.

August, 1916

Price 2d.



OUR KING

FOR GOD

& EMPIRE

Founded by Lt.-Gen. Sir Robert Baden-Powell, K.C.B.

President, Miss Agnes Baden-Powell

Girl Guides' Headquarters, 116 VICTORIA STREET, LONDON, S.W.

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GIRL GUIDES' GAZETTE

Vol. III. No. 32.

AUGUST, 1916.

Price 2d.

FOR GUIDES.

PRESIDENT'S LETTER.

August, 1916.

MY DEAR GUIDES,

From far away countries we get good news of the Girl Guides and their doings, especially from Tasmania—that island, close to Australia, where one can see the foot-mark, two yards wide, said to be where the giant stood when he landed in the island before history began.

I am sure you will all feel proud of one of the seven thousand Canadian Guides—Jean McNish—and all congratulate her on her brave deed in saving a boy from drowning. We have had many heroines in England, to whom we have presented crosses, and we have been so glad to send out the *Silver Cross* for saving life to Jean as she thoroughly deserves it.

Together with Captain Edith McLaren's 4th Toronto Company, she was spending the holidays in camp, near Lake Ontario, and went out in a boat with a small boy of eight, and another boy, a little bigger, who was rowing the boat; Jean herself is about fourteen.

All of a sudden the boat lurched over, and Jean and the little boy were thrown into the water. He could not swim, and sank, and Jean, who could swim, found herself some way from the boat.

Her presence of mind was splendid; she at once dived after the boy and grabbed his jacket, then paddling herself along, she held his head up above the water. At last a boat came and rescued them.

The boy would certainly have been drowned had Jean McNish not been so brave in at once thinking for him, as well as being so *prepared* by knowing how to swim and how to rescue the drowning; for they were some distance from the shore, and quite out of their depth.

We have lately awarded no less than three Badges of Honour to Guides in Canada.

A Canadian Guide who has passed in all the subjects has received the Order of the Silver Fish. At a garden party held in Toronto, Lady Pellatt (Chief Commissioner for Canada) presented the Silver Fish to Guide Florence Hardy in the presence of many hundreds of her fellow Guides.

We all want to congratulate Guide Ethel Lever, of Miss Taylor's Company in Ontario, for her bravery in a burning house.

We are sending her the Guides' *Bronze Cross*, as "the highest award for special heroism, having faced extraordinary risk to herself."

It happened early one morning that this Guide's father, Mr. Lever, having left the house and gone down to the mill, heard the fire bell ringing; he little thought that it was his own home which was on fire. Mrs. Lever was in the garden, and presently saw smoke and flames issuing from the windows. Ethel was just dressing, but the other four children were still asleep in bed.

The fire gained on them very quickly, and she at once rushed out carrying two children into safety in the street. She then returned and found the third child almost lost in the thick volumes of smoke. The firemen said it was too dangerous to attempt to go in again, but Guide Ethel's courage was not daunted.

She said she must find the baby sister, and so, putting a blanket over her head and face, she went in, seized the child from the bed and, keeping it under the blanket, fought her way out through the flames and smoke. Her hair was badly scorched.

It was a terrible experience, and we all feel that her heroism deserves our warm applause; we are glad to send her the Bronze Cross for special bravery.

It appears that Captain Mary Taylor had lent Ethel our Handbook a day before, and reading how to save life had been an inspiration to her.

WELL DONE, HEATHER'S OWN!
In London at the recent Rally arranged by nine of the Lady-Commissioners of London, when over 2,000 Guides assembled, I held a miniature review of the "Silver Fishes." Five of them paraded, and were congratulated on their achievements.

We have, however, a still more remarkable set of Guides (the 3rd Bath Company), who may rival them some day, for these forty girls have won on an average 25 Proficiency Badges each. It is a great credit to them, and it speaks volumes for the Officers and organisers of "Heather's Own." They must have kept steadily to their purpose to get so much done, for they are all at business every day.

There seems no end to the energy of a Girl Guide.

Yours sincerely,

AGNES BADEN-POWELL.

COLLECTING MEDICINAL HERBS.

BY E. L. CHAMBERLAIN, F.R.H.S.

In the June *Gazette* the President's letter opened with a brief chat on the value of medicinal herbs; she has asked me to tell you a little more about it, because the plants are only of use if collected at the right time of year. Very often this is only for a very few weeks; you must know, too, just what part is wanted—whether the root, stem, leaves, or flowers.

There is so little space that I must just tell you shortly about those same plants Miss Baden-Powell mentioned.

First, the fox-glove: of this only the leaves are used; and they are valuable only when just coming into flower, or first opened. Don't pick those next the soil if they are dirty, nor the small ones high up the stem; but those of medium size; not eaten by insects. The leaves must be opened out in a single layer where the sun can dry them, or in some place where there is a moderate heat. If out of doors they must be taken in before the dew falls. A few days will be enough to dry them; they should be crisp, and of a bright light green when dried.

Belladonna, or deadly night shade, is not common, and other plants are often mistaken for it, so, for the present, you had better not trouble about it.

Colt's foot, of course, you know. The leaves of this are collected directly they come up. It is too late now for them.

Peppermint is not often found. If you know anyone who has some in a garden, get him or her to divide the roots up and make as much as possible of them in the early autumn or next spring. Or, if you collect the seeds, people will be glad to buy them next year.

Hemlock is not common, being poisonous to cattle, and is destroyed in meadows for that reason. It is tall, with flaky heads of small, white flowers, like cow-parsely, but the leaves are lace-like, and the stems spotted. It is the leaves of this that are used.

Henbane is not at all common either; all the upper part of the plant is used, so cut it off near the joint, just as its flowers come out.

Of monkshood, the roots are used; they should be taken up in May and early June.

Broom-tips are cut off in early spring, one and a half foot long, tied up in bunches, and dried.

Roots of valerian (the wild sort, only) are cut up, sliced and dried.

All these herbs lose much weight in drying. If you can get together enough to weigh seven pounds when dried, you can write to the Herbgrowing Association, 7, Sixth Floor, Queen Anne's Chambers, Westminster, and see what they will pay for it; a little sample selection should be sent.

Any Guides desirous of further information on the subject of Herb growing or collecting should write to Headquarters, 116 Victoria St., London, S.W., we should probably be able to give some practical advice on the subject.

HOW TO FIND COMPASS DIRECTION WITHOUT THE AID OF A COMPASS.

(Reprinted by special request)

By MARIANNE A. TIPPING.
(Captain Alderley Edge Company).

One of the tests to be passed in order to become a "First Class Guide"—and it should be the ambition of every Guide to gain the First Class Badge—is the "finding of the points of the compass without a compass."



The constellation of Orion, which is very easy to recognise in the sky, also helps you to find the north.

Though this may not seem to be a very important thing to those who are so fortunately circumstanced that compasses, weather vanes, etc., are always at hand, yet a time might occur to any one of us when the knowledge requisite for the passing of this test would be the only means by which we could find our way in an unfamiliar district or in the night-time; therefore, it is really a most important part of a Guide's training, as well as being a very interesting one.

There are many ways of finding the north (and, of course, when you have found the north, you can at once find the other points, because if you stand facing the north you are just in the position in which you are when you look at a map; and the east is to your right hand, west to your left, and south behind you), but I propose to tell you only a few very simple methods, and then you can do all that is required for the test,

and, if you are a real Girl Guide, you will follow up the subject for yourself.

First, to find *compass direction by day*.

The sun is always due south at twelve o'clock midday; therefore, if at noon you turn your back to the sun, your shadow on the ground points to the north, the east is to your right hand, and the west to your left.

The sun is east at 6 a.m., the west at 6 p.m. (near enough to serve your purpose), and so, of course, it is midway between east and south—i.e., south-east—at 9 a.m.; and midway between south and west—i.e., south-west—at 3 p.m.

Of course, in the winter months we do not see the sun until he is ever so far past the east, and he goes out of sight some time before he reaches the west; but we can easily reckon (once we thoroughly grasp the regularity of his movements) exactly where he is the whole time he is visible.

You can also tell the time by the sun if you have a compass, by noticing the compass direction of the sun and then calculating the time at which he is due at that position, and this may be very useful at any time.

For instance, you are walking out on a summer's morning and have no watch, but you see a weather vane, or you have your compass with you, and you find that "King Sol" is midway between east and south-east.

Your say to yourself: "He would be east at 6 o'clock, and south-east at 9 o'clock, and so it must be midway between those hours, that is, half-past seven. I must hurry home to breakfast."



The Plough (or Great Bear) showing the two pointers which are in a direct line with the Pole Star.

Another easy way of finding the north and south is to hold your watch on your hand with the hour (i.e. the small) hand pointing towards the sun. Then draw a line midway between the hour hand and XII., and that line will point due north and south. If it is noon, the south will be the end of the line *before twelve*; if it is after noon, the south will be the line *after twelve*. Second, to find *compass direction* at night.

First, by the moon, if she is visible. The full moon is something like the sun—east at 6 p.m., south at midnight, and west at 6 a.m.; and the points between can be calculated from those, as in the case of the sun.

Every day before full moon she is at these points 55 minutes earlier; and every day after full moon she is 55 minutes later. For instance, on the day before the full moon she is east at 5.5 p.m., and west at 5.5 a.m.; and two days after the full moon she is east at 7.50 p.m. and west at 7.50 a.m.

Make yourself familiar with this, and you can either *find compass direction* if you know the time, or *find the time* if you know the compass direction, by the moon as well as by the sun.

When the moon is not visible, we have to use *the stars* as our guides. This is such a big subject that I can only touch its borderland in this article, and you must follow it up (and I hope you will do so) for yourselves.

I have only space to tell you of one or two ways of finding the north by the stars.

There is one star which always remains in the north, while all the rest circle round him, and what you have to do is to know how you can find him, and then all is simple.

The easiest way to find him in this country is by means of a constellation called the Plough (because it resembles the shape of an old-fashioned plough) or Great Bear, which has two stars in a direct line with the Pole Star, and which point to it.

Another constellation which points to the north is Orion, which rises in the east and sets in the west, and a line drawn as on the accompanying diagram, from the lowest star of the "sword" through the middle star of the belt and to the top star of the head, points due north.

There are other ways of finding the north and south, e.g., the growing moss on the north side of trees, and the more prolific growth of branches on the south side of trees.

Flowering shrubs, too, usually flower more luxuriantly on the south side; many flowers turn their faces towards the southern sun; the south side of a hedge is thicker and closer than on the north side, and there are many other "signs" which a wide-awake Guide can learn to read and understand, but this is sufficient for this particular test.

At the present time, and during the period which the "Daylight Saving Bill" covers, all the times quoted must be "pushed on" one hour. The *sun* is due east at 7 a.m., due south at 1 p.m., and due west at 7 p.m. The *full moon* is due east at 7 p.m., due south at 1 a.m., and due west at 7 a.m. For every day before full moon she is at these points 55 minutes earlier, and for every day after full moon she is 55 minutes later at each point.

It is a good thing to familiarise yourself with this change and frequently to reckon the time by the moon or sun and also (when looking at the time) to think carefully where the moon or sun should be at such a time, and then see if you are right.

This is most interesting and useful, and may enable Guides to help others in finding compass direction when they have "lost their bearings."

COMPANY NEWS



(We shall be glad to print in these columns reports of the doings and progress of Companies, which should be as brief as possible. It would be a good plan for each Company to appoint one of its officers or members as correspondent to the "Gazette." She would then be responsible for reporting all the more important events in the history of the Company and any matter of general interest to our readers.)

LONDON AND DISTRICT.

Barnes.—The Girl Guide movement was inaugurated in Barnes on a sunny afternoon in July, when Lady Cave, our Local Commissioner, made a band of over fifty girls happy by addressing them for the first time as "My dear Girl Guides." Lady Cave then presented a letter signed by the new "1st Barnes" to Miss Newman, lady Principal of S. Mary's College, Barnes, who has very graciously offered her Gymnasium to Captain Hill for use as a Club Room.

Hammersmith.—There are now well over fifty girls in the 1st and 2nd Hammersmith Companies, and recently two or three of the Patrol Leaders, unaided, painted all the wood-work and walls of the headquarters. Fine Saturday afternoons are now spent on Barnes Common, where the girls practise Guide games and work, and some of them play cricket.

Paddington.—At the end of last month three Guides of the 2nd Paddington Company passed the first-class test. Several Artists' and Knitters' Badges have been gained by the Company during the past month. Two of the Company are working on the land in Hertfordshire.

Shoreditch.—The 1st Shoreditch Company spent a very happy and profitable ten days in camp at the cottage at Boxmoor belonging to the Officers' Training School. The Captain would like to recommend this to any Company wanting a good healthy place with excellent facilities for training Guides.

Whitechapel.—The 4th Whitechapel Company gave a display in aid of Vestaire Marie José, to assist the Belgian children in the villages behind the firing line. The sum of £7 was realised. Miss Schlesinger, 9, Palace Green, W., Captain of the Company, would be most grateful for gifts of clothing, etc., to send to these Belgian children, whose need is very great.

ENGLAND.

Bath.—Friday, July 21st, was a great day for the 3rd Bath Company (Heather's Own), when the eagerly longed for visit of Sir Robert and Lady Baden-Powell took place.

At six o'clock a guard of honour was drawn up outside Headquarters (Citizen House), the Brownies being overcome with pride when addressed by Sir Robert as "fine fellows." A representation of "Jeanne d'Arc, the Immortal Spirit of France," was given on the roof garden by Heather's Own, members of local Scout and Guide Companies and friends of the movement being present. After this the presentation of Heather Badges took place.

Each badge has three sprigs of Heather arising from the centre of the crest. Newly joined Guides and Brownies wear the Sprig without the crest. Very inspiring addresses were given by Sir Robert and Lady Baden-Powell, and a very happy evening ended with the presentation of the Silver Fish to Guide Lieutenant Doris Richmond and Guide Ethel Roberts, after which a short display of rifle-shooting was given in the rifle-range by those who had won the Marksman's Badge.

Bideford and District.—The Guides have given a successful alfresco fête in the grounds of the District Commissioner. The entertainment included a First Aid display, Pole Drill and a massed Drill, theatrical performances, a bran tub, and sale of work; and as the weather was fine the many visitors spent a pleasant afternoon, and the success of the fête was assured. Many Officers have left the neighbourhood to do war work, and Miss Stella Temple

(Lieutenant of the Northern Troop), who is an International for both golf and hockey, is now driving an ambulance car in France. On her arrival she was appointed leader of a section of thirty cars, and though the hours are long and the work strenuous, still she writes as a Guide would—most cheerily—and is very happy to be helping so effectively in the national work.

Bradford.—The 3rd Bradford Company had a very enjoyable outing to Hawsworth Hall, where they were very kindly entertained by Miss C. A. Law. An enrolment ceremony took place, and seven Tenderfoot, three Second-class, four Ambulance, one Sick Nurse, and seven Attendance Badges were presented.

Brighton.—The 4th Brighton Company have had three route marches this month. Forty pounds of old newspapers have been collected for sale. Tennis and swimming clubs are prospering, and regular gymnastic classes are held. A small clubroom canteen has been started by members of the Company. Under the Patrol scheme each patrol is specialising in a given subject for three months. Church Parades are held monthly.

Cornwall.—During the past year six Guides have left the 3rd Cornwall Company, and five have joined.

One of the original Guides, who had left for a time, is now able to come to the meetings again, and has passed the test for the "Musician" Badge.

Five Brownies have been enrolled as Guides, and the Brownie Branch has now been given up. The Badges gained by this Company are: seven Ambulance, two Dairymaid, one Cyclist, one Knitting, one Musician. The waste paper collection continues. £1 16s. has been made by the sale of vegetables, the profits going to the piano fund.

A Display was given by the Guides of the neighbourhood, at Trengwaintin, when the County Commissioner entertained about eight hundred people in her garden. All three Companies, Penzance, Newlyn, and Madron, combined for drill and singing, while each Company chose one thing to do alone.

The Company is now preparing for a week in camp.

The 12th Cornwall Company (St. Newlyn East) now numbers two patrols of eight each (including Leader) and three Brownies. First Aid and Signalling are the Company's special subjects. (Semaphore and Morse.)

Croydon.—A very successful annual display was given by the 2nd Croydon Company, which included exhibitions of Signalling, First Aid, Gymnastic, Fire Drill, Knot Tying, etc. Badges and medals were presented by Mrs. Worlledge, and Colonel Worlledge, the Boy Scout District Commissioner, expressed admiration for the Guide work.

Halifax.—The annual display of the Halifax Girl Guides was a great success, badges being presented, at the close of very interesting exhibitions of proficiency, by Lady Fisher Smith,

Lady Commandant for the District. Lady Fisher Smith congratulated the Guides warmly on the good work they had done, and announced that she would offer a shield, to be given at the next annual display, for the most Guide-like Company.

During the last year eleven new Companies have been formed in Halifax.

Kingsbury.—The 1st Kingsbury is a very plucky little Company, formed in an out of the way village under difficult circumstances, but it is doing good work. The Guides are working for their Second-class Badges.

2nd Lone (Mrs. Parker's Own) Company.—The Guides of this Company number twenty-seven, and possess fourteen 2nd Class, one 1st Class, sixty-seven Proficiency, and three War Service Badges one All-Round Cord, and one Nursing Armlet. The Brownie Patrol is growing steadily.

The Company celebrated its third birthday some time ago. The Company-leader, Miss U. M. E. Devereaux, Tregoyd, Three Cocks, R.S.O. would like to arrange inter-patrol competitions between her own and any other Companies with any officers.

Manchester, Salford and District.—The Annual Rally of the Manchester, Salford and District Girl Guides was held in the Free Trade Hall, fully two thousand Guides being present. Lady Baden-Powell took the chair, and later spoke in a way that appealed to every Guide, showing the importance of the right spirit in the movement if any real good is to be achieved. Other stirring addresses followed. The three Companies who had gained most marks for the tests in domestic subjects and 2nd Class work at the semi-finals competed for the Challenge Shield. Each Company, in turn, gave a Camp-fire scene, bringing in as much Guide training as possible. During the counting of the marks the "Song of the Girl Guides" was sung by all, and then the announcement was made that the 1st Pendleton Company had gained most marks, and the Shield was presented to them, for the second year in succession, by Lady Behrens, amidst great applause.

Newton Abbot.—The 1st Newton Abbot Company are busy picking herbs. The company is also collecting old newspapers and journals, one Guide alone having collected three hundred and seventy pounds. About seventy-four badges have been won, and seven War Service Badges. Although the company is only a year old, one Guide has already won nine. Proficiency Badges.

North Riding.—On the afternoon of July 12th, the Girl Guides of the North Riding of Yorkshire had the honour of being reviewed by Lady Baden-Powell at Greytowers, Nunthorpe. The proceedings had been organised by Mrs. Charles Dorman, the County Commissioner, and about two hundred and fifty Girl Guides from all parts of the North Riding were present, viz., Middlebrough, Marton, Redcar, Saltburn, Hinderwell, Sleights, Guis-

borough, Middleton Tyas, and Nunthorpe. The Guides formed up in Companies and marched to the reviewing ground—a splendid stretch of lawn in front of the house, where they were inspected by Lady Baden-Powell, they were inspected by Mrs. Charles Dorman. After accompanied by Mrs. Charles Dorman. After the inspection, the Guides marched past in their Companies, saluting Lady Baden-Powell, and finally saluting the Union Jack and singing the National Anthem.

The whole Company was entertained to tea by Mrs. Charles Dorman, who had spared no trouble to make the review a success. During tea Lady Baden-Powell spoke to the Guides urging them to go on diligently with their work, and thanking them for their splendid effort, in connection with the Hut "somewhere in France" to which the North Riding had contributed close upon £200. A vote of thanks to her was received with uproarious cheers by the Guides. The proceedings were closed by a very hearty vote of thanks to the County Commissioner for her kindness and generosity.

Nottingham.—The 3rd Notts (Y.W.C.A.) was started last September. At its formation the Company numbered twenty-six and it has since increased to forty-one. Two Guides have their 1st Class, and fifteen their 2nd Class Badges. Fifty-seven Proficiency Badges have been awarded, also four War Service Badges have been gained. A War Savings Association has been formed for members of the Company.

Penzance.—The 1st Penzance Company now numbers twenty-five. The Guides have collected over two tons of old newspaper, which was sold in aid of the Hut Fund.

Polden Hill.—The 1st Polden Hill Company now consists of thirteen Guides and three Brownies.

The work done includes Knot Tying, Drill, Morse, Ambulance, Tracking, Pathfinding, History of Somerset, Needlework, Camp Fires, Camp Cooking, Dancing, Laundry, Jumping, Distance Judging, and Height measuring. The Badges won include eight 2nd Class, one War Service; one Florist, one Musician, four Laundress, six Knitters, five Needlewoman, five Ambulance.

The Guides worked for the Sale and Display last October with the Scouts and received half the money taken. They have also sent a complete set of clothes for a child of two to the Waifs and Strays—the work for their Needlework and Knitting Test

Portsmouth and District.—The six Portsmouth Companies were inspected by the District Commissioner, Mrs. Temple Cole, who was very pleased with their smart appearance. After a short but impressive address she presented the Badges which had been gained during the past three months; these included four 1st Class, two All-Round Cords, seventy-four Proficiency and forty-one War Service.

The Guides have collected two tons of old newspapers for the Prince of Wales' Relief Fund.

Ruislip.—A very successful garden party was held by the 1st Ruislip Company at The Firs, by kind permission of Mr. and Mrs. J. R. Sims. Upwards of two hundred tickets were sold and teas, competitions, and side-shows added materially to the amount raised which realised £16, a portion of which will be devoted to the Y.M.C.A. Hut Fund. A very interesting display took place, the Ambulance work being especially good.

St. Austell.—The 1st St. Austell Company meets every Monday to work for the wounded. Several Badges have been won in Cooking, Laundry, etc. An entertainment ("Malice in Kulturland") was given for the Red Cross, and was so much enjoyed that it was given again in aid of Dr. Barnardo's Homes.

The Guides started their garden in March, spending one shilling in seeds. The crops they are giving to the Naval Hospital at Truro.

Shoreham.—The 1st Shoreham Guides have been sending parcels to three prisoners every week. In order to raise the funds they have given something every week themselves and also collected jam-pots and sold them. Some of the Guides have been fruit-picking, and sent the money to St. Dunstan's Home for blinded soldiers. Also they are collecting waste paper for the National Relief Fund.

Shrewsbury.—The 3rd Shrewsbury Company have held their Annual Sports, at which the 1st and 4th Companies were in-

vited to take part. The Blindfold Knot-Tying, First Aid (broken leg and a tourniquet), Reading Messages in Morse and Semaphore, and the Obstacle Race aroused great interest. Mrs. Cock, the District Commissioner, kindly acted as Judge, and at the close presented the Patrol Shield, won this year by the Forget-me-nots, and the two prizes for the girls winning most marks during the evening.

Miss Harding, Captain of the Exeter Y.W.C.A. Company, spoke to the girls on their promises and the Guide Law.

Sleights.—A display in aid of the Hut Fund was given by the Primrose Patrol, 1st Sleights Company. The programme included First Aid, Stretcher Drill, Signalling, Dancing and Singing. There was a cake and sweet stall. Previous to the display the Guides had earned £3 8s. 5½d., and the whole result amounted to £5 4s.

Spalding.—The 1st Spalding Company took part in a flower and egg Service, held at the parish Church, on July 23rd, also in a large procession at Gosberton. Some of them collected for the Red Cross Society.

Street.—The 1st Street Company consists of nineteen Guides and four Officers, and has won thirty-one Badges. The Guides have helped at a Garden Fête for the Red Cross, made collection of books, eggs, etc., for Red Cross, given a display to members of the Child Study Circle, and attended two Church Parades. They had



The 1st Southwold Company is very keen and efficient and proud of having its own Colours. Similar Colours to these should be in the possession of every Company, they can be obtained from Headquarters, price 22s. post free.

a very successful week-end Camp. This should make a fine Company in spite of difficult surroundings.

The 2nd Street Company has a great advantage in being under the wing of the Clarke's Factory Club and having the use of the Club Room. All the Guides and Officers work in the Factory. They have done good work under difficulties.

Weston.—The Rossholme (5th Weston) Company of Girl Guides was started towards the end of the Easter term. It already consists of thirty-three Guides and two Lieutenants, under the Captaincy of Miss Blott.

Most of the work during the summer is done on the sands. The Guides (who are divided into four patrols) are mainly concerned in learning the Morse Alphabet, in lighting camp fires, in sports, marching and drill. The Officers and Patrol-Leaders are attending First Aid Classes.

One Patrol sends parcels to an English prisoner abroad every fortnight.

Weston-Super-Mare.—The 1st Weston-Super-Mare Company (Y.W.C.A.) is a school Company from Westcliff school. During the half year they have given a concert to their fellow-Guides, picked flowers for the Lunbram Mission, and done gardening for cottagers, etc. They have won sixteen Badges.

The 2nd Weston-Super-Mare Company (Y.W.C.A.) has now thirty Guides. Sixteen Badges have been won and good work done.

The 3rd Weston-Super-Mare Company (Y.W.C.A.) has only been separated from the 1st Company since May 17th, and consists of fifteen Guides. They have done splendidly and won the Certificate for Signalling at the Llevedor Rally.

The 5th Weston-Super-Mare Company is a new School Company, consisting of fifty-five Guides. The four Patrols are working for their 2nd Class and sending parcels to a Prisoner of War. This is going to be a fine Company.

Woking.—The 2nd Woking Company (Y.W.C.A. section) have held their first display. The programme included Company Drill, Signalling, Ambulance, Singing, and Union Jack Ribbon Drill. Badges were presented by Mrs. Foster, the District Commissioner, and the display was brought to a close by a march past of the Companies represented there, the 1st Guildford, the 1st Woking, and the 1st Hookheath.

Woodford.—A successful entertainment was given by the 1st Woodford Company. £10 10s. was sent towards the Hut Fund. Twenty-four Guides took part in a Patriotic Pageant, Old English Dancing and Swedish Drill. The following week the programme was repeated for the wounded soldiers.

SCOTLAND.

Stonehaven.—The 1st Stonehaven Guides held a sale which realised the sum of £43 7s. 9d. Part of the money was devoted to providing a garden tent for the patients at the local V.A.D.

hospital. The Company was started in April this year, and the girls have already been most useful in helping at patriotic sales, and in collecting and cleaning sphagnum moss for war dressings.

OVERSEAS.

CANADA.

We are very pleased to announce that the Order of the Silver Fish has been awarded to a Canadian Guide. The silver pendant, in the shape of a fish has been forwarded to Toronto to be presented to Miss Florence Hardy, of the 7th Toronto Company, by our Chief Commissioner for Canada, Lady Pellatt, at the Rally and Garden Fête to be held on June 4th. All the tests for the Silver Fish have been signed by the examiners, and are filed in the office of the Guides.

Trinidad and Tobago.—The 1st Company consists of thirty-five Guides and six Brownies, and has won in all thirty-four Badges; the 2nd Company, consisting of thirty-nine Guides and twenty-three Brownies, has won fifty-four Badges in all, and the 4th Company, numbering fourteen Guides and six Brownies, has won twelve Badges in all.

At Easter, twenty-nine of the Guides under their Captain and Lieutenant camped at Grand Fond for a week. Signalling, Cooking, Swimming, Gymnastics, the passing of tests and a good deal of other Guide work was done and everyone enjoyed the week. The Annual Camp of the 2nd Company, which was held in March, was attended by twenty-nine Guides and six Officers, and was also successful in every way. The 4th Company gave a concert in April and part of the proceeds were given to the Red Cross.

On the day set aside for Guides to work for the Hut Fund, all three Companies worked hard and were able to send in the sum of £4 2s. 6d.

The Annual Competition was held on Saturday, June 10th, and all three Companies took part in it. There were ten events and these were keenly contested. The 2nd Company won by a narrow margin of half a point, and was awarded the Challenge Shield given to the Association by Sir George Le Hunte for Annual Competition. His excellency the Governor Major Sir John Chancellor very kindly presented the Shield to the winning company.

Owing to an error it was stated in last month's *gazette* that one of the tests for the First class Badge was to:

"Swim fifty yards or hold the Sick Nurse Badge."

The latter should read *Hold the Child Nurse Badge*.

The price of the pamphlet in which the tests are given was incorrectly announced as 1½d. post free. It should be price 4d., postage 1d.

FOR OFFICERS

EDITORIAL

You will have noticed that the *Gazette* this month is divided into two distinct parts—one "For Guides," the other "For Officers." This is an anticipation of the happy days after the war when paper is again available and it will be possible to have two separate journals. In the meantime, both Officers and Guides will, I am sure, agree to "go shares" in this more informal way!

A Gallant Leader.

With a view to helping Patrol Leaders in really taking command of their Patrols, a handbook on the Patrol system, entitled "The Patrol System for Girl Guides" and written by the late Capt. Hon. Roland-Philipps for Boy Scouts, has been adapted to our work in the Girl Guides.

It will be of interest to the readers of the handbook to know that the author, Captain the Hon. Roland Philipps, was killed while gallantly leading his men in action in July, and that a few days before his death I received the following letter from him, granting to the Girl Guides the use of his book which has had such a splendid effect with the Patrol Leaders throughout the Scout movement:—

9th Royal Fusiliers. June 27th, 1916.
Before Battle.

DEAR CHIEF,—I shall be only too delighted for the Girl Guides to make any use of the "Patrol System" that they can. You were the author of that little book, my own share was only the writing of it.

I write this from a very exciting bivouac. The end of the war is coming and I thank God that either by my life or through my death I may take my share in bringing it about. We are all tremendously happy, and there is enough confidence in this battalion alone to wither the whole German Army.

With affection to yourself and Lady B.P.,
yours very loyally,

ROLAND E. PHILIPPS.

Copies of the book can be obtained price 6d. postage 2d. from Miss Macdonald, Secretary to the Girl Guides' Association, at Headquarters, 116, Victoria Street, London, S.W.

A Fine Example.

Lady Sheffield, in presenting badges to a Company recently, also put "armlets" (awarded by the Board of Agriculture and Fisheries) on to three Guides who are doing farm work, as "registered" workers. This Company now has five armleted Guides and three others in training.

In presenting the armlets, Lady Sheffield said: "I am proud to have the honour of putting on these armlets, and especially proud to know that the first armlets to be awarded in this district have been won by Girl Guides, and I hope their example will stimulate others to take up this very necessary branch of national service."

Three Good Things.

We are often asked by Guides: "How can we most effectively save our pennies for our



Jeanne d'Arc "the immortal spirit of France," as represented by a clever Guide of Heather's Own.

country?" The National War Savings Committee answers the question in a most satisfactory way.

A Company or Companies of Guides can form an Association to which Guides subscribe their spare pennies; each girl is given a book in which all her subscriptions are entered. When the Guides have between them subscribed fifteen-and-six, the Association buys a War Savings Certificate and in five years' time this sum grows to twenty shillings. Each subscriber receives her subscription back at the end of that time *with her share of the interest*; if she should want to withdraw the money she has saved before the end of that time, she is quite at liberty to do so.

Captains and others interested in the scheme should apply to: The National War Savings Committee, 18 and 19 Abingdon Street, Westminster, London, S.W. for a leaflet giving particulars of Model Scheme No. 3; this contains all the necessary information.

Remember that the money you save helps to obtain war-labour and war-materials. The more we can get, the sooner will victory be ours. So that *if you save in this way instead of spending it, you are helping your country as well as ultimately benefiting yourself.*

I should also like to draw readers attention to a very interesting leaflet, which will be sent to them free of charge on application to the Head of the Kindred Societies Department Headquarters, 116 Victoria Street, London, S.W. It is entitled "Girl Guides Terms of Co-operation or Affiliation," and outlines very concisely a scheme of co-operation which would interest any society, branch, or institution for girls anxious to be associated with the Girl Guide Movement.

Are members of the Officer's Training School aware that a training week will be given from September 2nd to the 9th at 8 Kinnerton Street, London, S.W. (by kind permission of Mrs. Lumley Holland) under Miss Hetherington, the Hon. Sec.? It is hoped to re-decorate Headquarters (colour-washing the walls and painting the woodwork) and also to have lectures on boot repairing, mending window sash cords, putting washers on taps, and further subjects necessary to Officers qualifying for their Handy-woman's Badge.

Write for particulars to the Hon. Sec., Miss Hetherington, 23c North Hill, Highgate

A Wonderful Performance.

I have seen in my time many wonderful pageants, but I do not remember any which so fascinated and moved me as that performed by "Heather's Own" Company of Guides last month, where the whole story of Joan of Arc was given in most dramatic language, scenery, and action, in a roof garden theatre belonging to the Guides' Club.

The piece was composed by the Guide officer; the dresses made by—and even dyed by—the Guides themselves; and the acting, singing, and dancing were of a very high order indeed. Joan herself showed real dramatic genius although in everyday life she is—like the rest of her companions—but a working girl in the city.

The whole was the most wonderful performance of its kind that I have ever seen, and I shall hope to refer to it again, perhaps, in a future number. It was an example of what Guides can do when they set their minds to it and work with real zeal for the good of their Company.

R.B.P.

HOW TO MAKE LAVENDER WATER.

Now that our lavender flowers are in full bloom, Guides should profit by the manufacture of Lavender Water. Some Boy Scouts have made quite a good thing out of it.

The lavender flowers should be gathered early in the morning. Bruise them and cover them with cold spring water in a large-mouthed stone jar. They should be pressed down tight and may stand in the sun all day. After a week or more, you will find that a layer of oil has covered the top of the water. This must be carefully skimmed off and the lavender set out in the sun again until all the oil has been extracted.

A more elaborate recipe for making Lavender Water is the following:—

The process requires some rounds of cotton wool cut to the size of a stone ware jar. The cotton wool should be soaked with a few drops of sweet olive oil. Having gathered your lavender flowers before the sun is upon them, you place alternate layers of flowers and wool in the jar and sprinkle the flowers with a little salt. The top of the jar must be tied over with stout paper and placed in a sunny position for about ten days. After this you press the wool between two plates to extract the deliciously scented oil.

AFTER THE WAR.

The Education Department has lately shown its interest in the Girl Guide system of training, and has been inquiring into our aims and methods very carefully. This is a very gratifying recognition of the results of the work carried out by our Captains and Commissioners. Educationists evidently feel that the education of to-day, and of yesterday, is not good enough for to-morrow. It has been too long the tradition that our girls should be taught to play the piano and to say prunes and prisms—but when the war came they were wanted to manage business houses, to run hospitals, to nurse wounded, to start creches, to make munitions, to drive motor lorries—indeed, to turn their hands and brain to every kind of work to which they had not previously been trained.

The Girl Guide movement, as far as it had gone in the few years of its existence, had helped in a practical way to efficiency in the rising generation of girls.

It is now recognised that some change is necessary in the general education of girls, and also that special steps are urgently needed, in view of the end of the war, when a large number of girls and women will be thrown out of the employment into which the exigencies of the time have called them.

In response to their request to us for suggestions, we have put to the education authorities the following three points as being likely to help in the solution of the question:—

- (1) Educate the Public.
- (2) Develop Education in the Schools.
- (3) Organise Guardianship and After-care.

Educate the Public.

As the first step it seems essential that parents and employers, clergy and teachers, should be shown definitely the need for a more up-to-date and practical training than we have accepted in the past. They should understand the principles and methods proposed, and they should be shown how girls so educated will be of far greater use in the world, and will, at the same time, respond all the more readily to the home influence.

Parents and others would then be more inclined to help the education authorities in their effort.

Women have grandly risen to the occasion in the present crisis, and have shown their capability in spite of the fact that their ordinary school training has done very little to prepare them.

A more up-to-date system of education has long been felt to be necessary, but the war has now made it a pressing need of vital national importance, because the ultimate victory will rest with the nation which possesses the most efficient manhood and womanhood to carry on the after-war competition in commerce, science, and industry.

Develop Education in the Schools.

That is, develop *Education* in place of *Instruction*. Give it a definite aim of being a preparation for efficient citizenship—not merely for scholarship. Consider as essential subjects on a par with the three R's

Character.

Handcraft.

Service for others.

Physical Hygiene.

Organise Guardianship.

This is properly the function of parents, but for another generation or two most of them are not likely to be capable of it, and this guardianship is urgently needed *now*. It is already partially done through School Managers, After-care Committees, Juvenile Labour Bureaux, and supervisors in Government factories—but it needs further development and extension. It is a matter of organisation, and it is largely through want of such a perfected scheme that so much human material among the girls and boys has been allowed to run to waste in the past. Such guardianship might well be in the hands of the above authorities, with the addition of representatives of employers, of Trades Unions, and of organisations working for the good of girls, such as Y.W.C.A., G.F.S., and Girl Guides. They must necessarily work in close co-operation with parents, Labour Exchanges, etc., and must exercise a real after-care (by which I mean care after school hours—not merely after school age.)

Their duties should be (1) to ensure the boys and girls being encouraged to fit themselves for their careers in life, in the four qualifications suggested, in addition to the mere scholastic training; (2) to supply the best environment outside the school or factory, and to organise clubs and recrea-

tions for them; (3) to encourage and help them in specialised training through Continuation Schools, apprenticeship, etc.; and (4) to act as their confidential advisers in all questions regarding fitting themselves for service, how to get situations and make proper agreements, how to stick to their jobs and aim for promotion, how to save their earnings, etc.—yet teaching them to be self-reliant and not dependent.

Aftercare.

The organisation would be incomplete if it did not possess some system by which each child is not only equipped before going out into the world but is safeguarded during the early part of its career, and especially is "followed up" on leaving one situation for another and transferred from guardian to guardian as it passes from one district to another; so that it is never lost sight of and never allowed to drift away.

This is going to be a great work, and one which will have the very highest national importance, and it opens to all officers of the movement a wonderful opportunity, even though it involves also a great responsibility; but it is one which no one will neglect who has a particle of patriotism for their country or of love and sympathy for their younger sisters.

Examinations for Badges.

Our system of training in the Guide movement is that of *Education* as opposed to *Instruction*.

Our method of applying it is on the principle of a happy family playing games, in which the elder sisters (the officers) encourage each of the younger ones to develop their individual characters and abilities.

It is not a school of the bygone (if not bygone) type, where the girls are relegated to that dead-levelling system of being herded in classes no matter what their individual bent may be, and of being sorted by examinations and resultant percentages of marks.

The tests as laid down in our rules are merely indications for Captains and Guides all over the world as to the subjects desired, in order to give a general fairness and standard in the award of badges.

But, of course, the main point which should appeal to the examiner is the amount of effort that the individual candidate has put into learning and practising the subject;

her temperament has to be taken into consideration to determine whether immediate reward is desirable to encourage her further effort, or delayed reward is desirable to develop her persistency; her home life, her health, and many other such individual points, apart from her proficiency, go to make up the deserts of the candidate.

No definite regulations can be made, nor would they be desirable for limiting the initiative and good sense of the examiner.

It, of course, tends to fairness and equality of standard if the same examiners can carry out the testing of all girls in the same district; and in order to respond to the eagerness of the girls, such examinations should be held at frequent and regular intervals.

YE MARINERS OF ENGLAND.

BY RUDYARD KIPLING.

Land of our birth, we pledge to thee
Our love and toil in the years to be;
When we are grown and take our place,
As men and women with our race.
Father in Heaven, Who lovest all,
Oh, help Thy children when they call;
That they may build from age to age
An undefiled heritage.

Teach us to bear the yoke in youth,
With steadfastness and careful truth;
That, in our time, Thy grace may give
The truth whereby the nations live.
Teach us to rule ourselves alway,
Controlled and cleanly night and day;
That we may bring, if need arise,
No maimed or worthless sacrifice.

Teach us to look in all our ends,
On Thee for judge, and not our friends;
That we with Thee may walk uncowed
By fear or favour of the crowd.
Teach us the strength that cannot seek
By deed or thought to hurt the weak;
That, under Thee, we may possess
Man's strength to comfort man's distress.

Teach us delight in simple things,
And mirth that has no bitter springs;
Forgiveness free of evil done,
And love to all men 'neath the sun.
Land of our birth, our faith, our pride,
For whose dear sake our fathers died;
O Motherland, we pledge to thee
Head, heart, and hand through years to be.

(The words and music of this song can be obtained
from Headquarters, price 1½d. post free.)

HOW TO BECOME AN ACCOMPANIST.*A Profitable Profession for Girls.*

Professional singers and violinists all have their own accompanists. If you can get a post of this sort you will make a comfortable living—much better than being a solo pianist.

Training for this kind of work can best be gained at one of the big musical schools, such as the Royal Academy or Royal College of Music.

At such a place you have a chance of meeting people who are going to make music their living, and if you show promise you are likely to be selected to take part in the fortnightly concerts at the school.

Then you may set up a friendship with a would-be professional, who will be thankful to practise out of hours with a sympathetic assistant. When the time comes for her to make an appearance in public, you will appear too; and if you acquit yourself well your reputation will be made.

The art of accompanying does not lie in the correctness of playing. This, of course, is important; but of far more importance is the ability to play *with sympathy*.

An accompanist must always remember that she occupies a secondary position—her duty is merely to act as a background, as it were.

Agents watch new concert-givers, and if the accompanists are above the usual average they will be glad to have the names on their books.

In the season there are any amount of concerts, at homes, receptions, etc., so that a good accompanist never need fear a slack time.

If you do not get taken up by a singer, the best thing is to ask an agent to hear you play. If he thinks you good enough, he will give you a chance to appear in public.

Sight-reading is most important, and transposition at sight is also worth cultivating. Singers sometimes find that the only copy of a song handy at a concert is not in the key to which they are accustomed—then the accompanist is required to transpose it.

Prominent artistes each year arrange tours, either at home or abroad, when a really good accompanist must be in-

cluded. Payment for such work goes as high as £8 to £10 per week, with travelling expenses paid.

During the spring and winter a good accompanist should be able to make £10 per week, though her earnings necessarily fluctuate. A recognised summer occupation is touring with a concert party at some of the big seaside resorts, £5 a week being a good sum to average.

TO ERECT A FLAGSTAFF.

A very effective display at a Rally is obtained if, while waiting for the Inspecting Officer, a team of Guides erect the staff and bend on the Union Jack in position for breaking. A good staff will need nine staves and eleven two-yard lashings, not too thick. The staff is made with three staves lashed butt to tip, and overlapping about ten inches, secured by four lashings, two at each join.

Two Guides should do this, while a third fastens a small brass curtain ring at the top of the pole, binding it on with string. Before the staff is pulled upright the "halliard" must be passed through this ring or the flag-staff will be useless.

Three other Guides should be making the stand, an ordinary three-legged trestle, but with no lashing at the top. A fourth Guide should dig a small hole for the butt of the pole to rest in.

When the trestle is ready, the staff should be put in its hole, and the three tripod staves fitted round it and firmly fixed with two lashings. The Union Jack may then be fixed to the halliards and hoisted on the "mast-head." The minute the Inspecting Officer appears on the ground the Jack is broken, and if carefully folded should fly out at once in the breeze.

To make this display really effective it should be done as a drill with whistle signals as commands. The second a Guide has done her special job she should stand to attention. It needs a lot of practice to attain the proper smartness, but is well worth it.

"How to Break a Flag" was explained with clear illustrations, in the May Gazette, 1916.

A GIRL GUIDE'S EXPERIENCES IN TURKEY.

We have received an interesting account of the troubles in Syria from a little Girl Guide which I think will interest you all to hear. She is very enthusiastic about Guide work, and is most anxious to start a company in Cyprus. She writes:

"I am thirteen, and we used to live in Syria. I have always been very keen on the Girl Guide movement, and became Patrol Leader of a Patrol of girls, started by one of the professors at the American College. I passed my Tenderfoot and Second-class tests, but unluckily the certificate I got for passing was left in Beyrout. My father, mother, brother, and I were there when the war with Turkey broke out. We could not get away, and my father and brother were taken prisoners of war on December 10th, 1914."

They were first taken to Damascus, and then moved with all the other British, French and Russian prisoners to Ourfa, in the interior.

"Ourfa is an awful place. It is so out of the way—seven or eight hours' drive from any railway station, through the mountains, in a sort of carriage like a barrel on wheels, with no seats or springs. We were sixteen hours on the way, being detained in a dirty 'kahn' for six hours. The police warned us that there were highwaymen on the road. Travelling from the 'kahn' to Ourfa, a six hours' drive, there was practically no road, and we just went bumping over the mountains; there was absolutely no sign of habitation. There was not a drop of water to be found anywhere. We were all parched with thirst, as the small supply we had with us became too hot to drink.

IN OURFA.

"The people in Ourfa are frightfully fanatical, and almost barbarians. Judging by the way they looked at us as we passed through the streets, they must hate the Europeans. The narrow streets were very dirty, with walls on either side, no windows and very few doors to break the monotony. The heat in the shade was 110 degrees.

"The only pretty spot in Ourfa was the sacred fishpond. It simply swarmed with fish, as nobody is allowed to catch them.

"We went up to the monastery, where my father, Ken, and three hundred other British prisoners were interned. Most of the Englishmen slept in a large hall, with no glass in the windows. They each had a camp bed which they had either brought with them or had made. Five Englishmen, who had shared a room, gave it up to Mummy and me. Each person had their own little enamel cup, knife, fork and spoon, chair and tin plate, and when the gong went (which was a dust-pan beaten with a spoon), we all arrived with our things from different parts of the monastery. We had to manage as best we could for our breakfast and teas, by keeping pieces of bread from lunch and dinner; we could get hot water from the kettle in the kitchen.

"The massacre of the Armenians broke out while we were there, and I, being out that day with my father, witnessed the worst part of it.

A FAR-AWAY PATROL.

"After the massacre, the Americans took steps to get all the women and children out of Ourfa. I thought it was awfully hard to have to leave father and Ken again, especially as we were being sent out of the country, and would not be able to communicate with them.

"We were taken to Aleppa, and from there to Alexandretta, a journey of five days (two to Aleppo and three on), most of the time driving. In Alexandretta we were kept waiting seventeen days for the American man-of-war to take us off. It came at last, and took us to Alexandria. We stayed there a week, and then came on to Cyprus, as my youngest brother is in a school here, and is a member of the 1st Cyprus B.P. Boy Scouts.

"As there are several girls here in Nicosia of about the right age, I thought it would be nice to start a Patrol. We are seven, including myself, and I have been preparing the other members for their Tenderfoot test. We are anxious to have some regular work sent to us, and I inclose the names of the other girls and their ages. Two who are not yet eleven would have to be Brownies.

"A lady friend has kindly provided us with a club-room, and we are now trying to earn some money to get charts and other things for it."

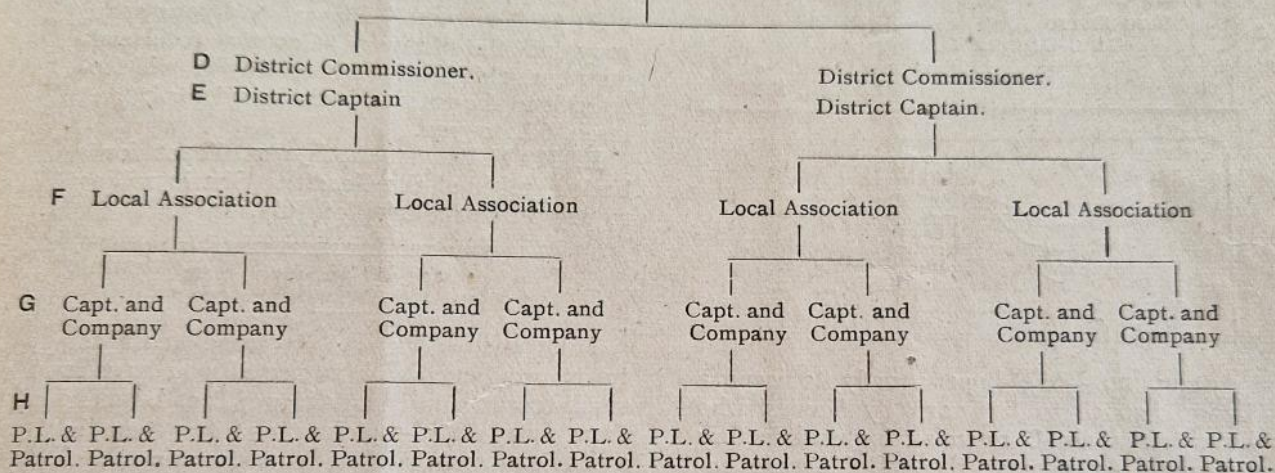
In the more complete organisation of the Movement which is now going on, the following scheme is found to be the most effective for general development, and is one which

we now hope to institute with the least possible delay throughout the Kingdom in those counties where organisation is still wanting.

A The County Commissioner.

B The County President and Vice-Presidents.

C The County Secretary.



DUTIES OF ABOVE.

- A. To be the representative of Girl Guide Headquarters in the County, and to nominate District Commissioners and generally superintend development.
- B. To give general backing and support to the Movement.
- C. To act as Assistant to the County Commissioner.
- D. To be the representative of Girl Guide Headquarters to the District and of the District to Headquarters, and generally to encourage development.
- E. To assist the District Commissioner as Secretary and Staff Officer.
- F. Local Association to be formed mainly of ladies representative of different interests in the locality, and a proper

tion not exceeding 50% of Guide Captains to give expert views. Such Association may appoint its General Purposes Executive Committee and promote the formation of employment agencies, parents' committees, Examination boards, Company committees, and so on. Also to give local standing to the Movement and to recommend capable ladies for appointment as Officers.

- G. Each Company would be under a Captain and Lieutenant, and should not, as a rule, exceed 32 girls. The Captain is entirely responsible for the training, discipline and efficiency of her Company.
- H. The real unit for work and play is the Patrol under the responsible command of its Patrol-leader.

THE GIRL GUIDES' GAZETTE.

AUGUST, 1916.

The Gazette will be published on the 15th of each Month.

Annual Subscription ... 2/6 (post free)

Single Copies ... 2½d. — "

Foreign and Colonial Subscription 3/-



All communications should be addressed

to—

THE EDITOR,
GIRL GUIDES' GAZETTE,
116 Victoria Street,
London, S.W.



RESIGNED.—We hope shortly to issue a badge brooch to be worn by Guides who have left their Companies for satisfactory reasons. At present these Guides are entitled to wear the Tenderfoot Badge.

SCOTCH BLUEBELL.—I should advise you to get the new book entitled "Policy, Organisation and Rules," published at Headquarters, 116, Victoria Street, London, S.W., price 4d., postage 1d. You will find all the revised tests in it, and it will answer your question regarding the Musician's Badge. There is no special uniform for Scotch Guides. The same uniform is worn throughout the British Empire.

D. B. PYRFORD wants a copy of the *Gazette* dated June, 1915. She is willing to pay 6d. for it.

M. V. R. would be grateful to members sending her any one of the copies of the *Gazette* for the following months: February, 1914; June, 1915; August, 1915; September, 1915; October, 1915; January, 1916; March, 1916. She will give 6d. a copy.

TENDERFOOT.—The Badges to be passed yearly are the Attendance, Ambulance and Sick Nurse *only*, Tenderfoot, not those erroneously given in last month's Postbag. Ambulance and First Aid is the same thing.

CANADIAN GUIDES.—Would any Canadian Guides care to write to Miss Joyce Stonehouse, Lieutenant, Sacred Trinity, 51st Manchester Company? She is anxious to correspond regularly.

G. D. L. RAYLEIGH is willing to pay 6d. each for copies of the *Gazette* dated January, 1916, and February, 1916. Perhaps someone has spare copies.

THANK YOU, SCOTLAND!—Miss Georgie Fyfe wants to thank the Guides in Scotland for what they have done to help the Belgian children. They have raised a sum of £9 4s. 7d. and large boxes of toys.

P. J., NORWICH.—Please send your spare copy of the January *Gazette* to Headquarters, 116, Victoria Street. We will forward it to the member who asked for it, and remit 6d. to you.

E. K. N. is yet another applicant for a back number of the *Gazette*. She is willing to pay 6d. for a copy of July, 1915.

A GOOD CAMPING TIP.

It is possible to have buttered toast for tea in camp even with no fire, if you have a small spirit lamp. Cut slices of bread, butter them thickly on both sides, and fry them in a little saucepan, not too brown, turning them often.

Eaten at once you can't think how delicious they are.

SIX LAWS OF HEALTH.

1. Plenty of sleep—preferably on the right side.
2. Plenty of fresh air—wide open windows day and night. (If you cannot have them wide open at night, raise the bottom sash to touch the wooden edge of the window ledge (or insert a board), and the air will enter between the two sashes.)
3. Plenty of pure water—internally and externally.
4. Daily exercise in the open air.
5. Nourishing food, and not too much of it.
6. "An unselfish interest in life" (Guide Law 3).

PRICE LIST—Continued:

	Each	Postage		Each	Postage
Ditto, Superior Quality (send size)	1/9	5d.	Special Girl Guides' Skipping Ropes (Swivel Handles) excellent for prizes	1/-	3d.
Hats, Officers (send size)	3/6	box and post 6d.	Stretcher Nets, Strong Twine Net for Ambulance purposes, poles to be slipped through each side	1/9	3d.
Belts, Leather	1/8	2d.	Ambulance Outfits	6d. & 2/6	2d. & 3d.
With Rings and Swivels	2/-	3d.	Pouches, Strong Leather Pouch with Loop to hang from Belt to hold Ambulance Case, etc.	1/9	2d.
(State Waist Measurements.)			G.G. Lanyards	3d.	1d.
Neckerchiefs (Merceen)	4d.	1d.	Whistles, Nickel	1/-	1d.
Navy Hat Bands (Official Registered Design)	6d.	1d.	" (Aerneoid)	1/-	1d.
(Through Secretaries only.)			Knives	1/3 & 1/-	2d.
Patrol Flags, with Emblem Embroidered in Silk	1/6	1d.	Shoulder Knots	2d.	1d.
Haversacks (Single Division)	1/-	3d.			
" (Double Division)	1/9	2d.			
Union Jack	15/-	6d.			

MISCELLANEOUS.

OFFICIAL CHALLENGE SHIELDS (Designed by Miss Baden-Powell). The Shield measures 10½ by 10½ inches, and is made in two qualities.

With Electroplate Fittings ... £2 6d.

With Sterling Silver Fittings ... £4 10s. 6d.
(Descriptive Leaflets showing the design can be had upon application.)

BILLY "CANS" (Oval).

Comprises a cooking can, fry-

ing pan, cup, and a loose handle adaptable to all three parts, which serves also as a toasting fork. Convenient shapes for Haversack ... 1/4 4d

COLOURS, 6 feet by 3 feet.

Complete on Jointed, Brass-mounted Pole ... 17/6 6d

Ditto, with Name of Company ... 21/6 6d

POSTCARD (PHOTOGRAPH),

MISS BADEN-POWELL ... 6d. 1d.

UNIFORM (OFFICIAL).

Blouses, 28in. to 34in. bust } Complete 7/6

Skirts, 21in. to 33in. length } Single 4/-

Blouses, 36in. to 38in. bust } Complete 9/6

Skirts, 35in. to 37in. length } Single 5/-

Paper Pattern 12-14 years ... 6d.
(Postage 1d.)

The costume is strongly, neatly made from a durable blue serge. When ordering state measurement of the bust and length of skirt.

A
Bargain in Haversacks

The Headquarters has had the opportunity of purchasing some new Haversacks, made of exceptionally strong drill. They are wonderful value for the money. The offer can never be renewed, so take advantage of it at once.

Large size, 1/9; postage 3d.

Small „ 1/-; postage 3d.

GIRL GUIDES' GAZETTE.

HUT FUND.

1st Solihull Company	0 7 0
1st St. Jude's Company	0 2 0
1st Hartbourn Company	0 15 0
1st Ashton Company	0 3 0
1st Rugby Company	0 7 0
1st Stanworth Company	1 0 0
1st Warwick Company	0 7 6
1st Sparkbrook Company	0 3 0
1st Lozells Company	0 15 0
3rd Coventry Company	5 0 0
1st Northfield Company	0 5 0
1st Cotteridge Company	0 5 0
1st St. Paul's (Birmingham) Company	0 7 6
1st St. Barnabas Company	1 0 0
1st Kyle Hall Company	0 8 0
1st Wootton Wawen Company	1 0 0
Miss Tallis	0 1 3
1st Lozells Company (2nd instalment)	0 7 8
1st Edgehill Company	4 12 0
Mrs. Suckling	0 11 10
1st Plaistow Company	0 5 0
1st Shooters Hill Company	0 16 0
1st Addison Company	0 12 6
1st Street Company	0 13 0
2nd Forest Gate Company	2 5 9
1st Beckenham Company (2nd instalment)	1 1 0
7th Halifax Company	0 15 6
1st Golden Common Company	1 0 0
1st Teddington Company	6 12 6
1st Penshurst Company	0 15 0
Guide Burman	0 2 6
1st Hadham Company	1 1 0
1st Alton Company	0 15 0
1st Ripon Company	1 10 0
1st Ilfracombe Company	5 0 0
13th Bristol Company	0 15 0
2nd Weymouth Company	0 4 0
Miss Warburton	0 1 0
1st South Park Company	5 0 0
1st Reigate Company (3rd instalment)	32 10 0
1st Ruislip Company	0 13 0
1st Stockwell Company	0 10 0
1st Brixton Company (2nd instalment)	0 13 9
1st Walton-on-the-Hill Company	5 0 0
1st Herne Hill Company	1 0 0
1st Streatham Company	1 5 3
2nd Herne Hill Company	1 1 0
1st Walworth Company	1 0 0
1st Streatham Hill Company	7 0 0
1st Purley Company	9 0 0
1st Reedham Company	5 0 0
1st Swindon Company	2 5 0
1st Exeter Company	0 10 0
1st Horncastle Company	0 9 0
1st Inverness-shire Company	1 0 0
5th Perthshire Company (3rd instalment)	1 0 0
Miss Margaret Pryor	0 2 6
1st Frome Company	0 14 0
5th Peterborough Company	0 7 6
1st Hoxton Company	1 0 0
1st Eye Company	0 6 6

3rd Croydon Company	2 6 0
1st Wallingford Company	0 13 0
Guide K. Sylvester	0 1 0
1st Folkstone Company	1 7 6
1st Cambridge Company	1 0 0
1st Hordon Company	0 10 0
4th Nottingham Company	1 0 0
1st Alford Company	1 0 0
Miss Cox, Captain of the 1st Alyth Company	15 0 0
1st Alyth Company	7 11 6
1st Inverness Company	1 0 7
1st Kilmarnock Company	0 9 6
1st Ballowrie Company	8 0 0
1st Greenock Company	0 10 6

Amount already acknowledged, £1,930 15s. 1d.

4th Nottingham, 10s.; 1st Nottingham, 10s.; 1st Aberdare (second instalment), £3; 1st Stockton, £3; 1st Slough, 10s. 6d.; 9th Ayrshire, £4 4s.; Miss Mitchell, 5s.; A Few Richmond Girl Guides, 11s. 1d.; 1st Nottingham (second instalment), £2 10s.; South African Guides (per Miss English), £16; Miss Davies, 1s.; Victoria (B.C.) Girl Guides, £6 10s.; Halifax Girl Guides (second instalment), £1; Miss Fardon, 4s.; 1st Thrapston, £10 10s.; 1st and 2nd Bournemouth, £1 1s.; 1st Falkirk, £19 0s. 2d.; 12th Leeds, 5s.; 2nd Darwen, 19s.; 4th Midlothian, £13 13s.; 1st Jarrow (third instalment), 12s. 6d.; 3rd Lewisham, £1; 1st and 2nd Leslie, £4; Mrs. J. T. Davies, £2 2s.; Lady C. Willoughby, 6d.; 1st Bristol, £2 2s.; 3rd Bristol, 10s.; 4th Bristol, 5s.; 6th Bristol, 5s. 3d.; 7th Bristol, £6 6s.; 8th Bristol, 5s.; 11th Bristol, 21s.; 14th Bristol, 8s.; 15th Bristol, 6s.; 16th Bristol, 8s.; 17th Bristol, £2; 18th Bristol, £1 1s.; 19th Bristol, £8 10s. 5d.; 20th Bristol, £1 1s.; 1st Bow, 3s. 6d.; 1st Southampton, £1 12s.; 1st Mossley, 7s. 6d.; A Patrol Leader, 1s.; Chester Girl Guides and Committee (second instalment), £30; 1st Dundee, 7s.; 1st St. Austell, 4s.; 1st and 2nd Surbiton, £7 5s. 6d.; 1st Bushey, £2; Miss Smith, 5s.; 1st Ashington, 5s. 6d.; 2nd Dumbartonshire, £7 14s.; 71st Manchester (second instalment), 5s.; 103rd Manchester, £3 13s.; 19th Manchester, 10s.; 62nd Manchester, £1 10s.; 61st Manchester (second instalment), 17s.; 64th Manchester, 10s.; 68th Manchester, £2 10s.; 79th Manchester, £1 4s.; 24th Manchester, £5; 41st Manchester, £3 19s.; 47th Manchester, £1 1s.; 107th Manchester, £1 1s.; 49th Manchester, 11s. 3d.; 89th Manchester, 10s. 6d.; 69th Manchester, 17s. 4d.; 5th Manchester, 10s. 6d.; 42nd Manchester, £8; 101st Manchester, £5; 59th Manchester (second instalment), £1; 42nd Manchester, Violet and Shamrock Patrols, £8 4s.; 77th Manchester, £1 1s.; 81st Manchester, £1 11s.; 82nd Manchester, £4 16s. 2d.; 1st Rawtenstall, 1s. 10d.; 1st Pontefract (second instalment), 2s. 6d.; 1st and 2nd Jamaica, £2 14s.; 2nd Kingston, £3; 1st Crowborough, 10s.—Total, £2,147 2s. 2d.

The Chenies Patrol, 2s. 6d.; 3rd Dundee, £2 10s.; 1st Thorpe Bay, 10s.; 1st Collingham, £1 11s. 8d.; 2nd Kettering, 7s. 6d.; Gibraltar Girl Guides, £1.