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Think She Ought to be Thanked

AUGUST, 1943

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THINK SHE BE THANKED

WANT you to think of those men and women who are winning the war for us. Many of the women now working in the Forces, in munition factories, in hospitals, on the land and in other ways, have been Guides in their day. Learning to be Guides made them trustworthy and reliable, courageous, and able to turn their hand to anything. As they are serving their country in years of war, so you must be ready to serve your country in the peace years. The character of a country comes from its womenfolk. You are training yourselves to be the sort of people our country needs."

The Chief Guide (at Huntingdon). "Remember that while your individual contributions may seem small to you, they are all tremendously important. You have promised to serve your God and to serve your country. That is an enormous promise and a whacking great job.

"The Guides of France were splendid Guides, and lovely and splendid, too, were the Guides of Poland, Belgium, Norway, who are praying for freedom again, longing, aching for the day when they could play the game of Guiding again. In gratitude for our freedom and comparative safety in this great little England of ours, so splendid and so strong, let us be prepared to help our sister Guides who are not so fortunate, by our prayers now, by our encouragement and help when our

not so fortunate, by our prayers now, by our encouragement and help when our opportunity comes with final victory."

THE CHIEF GUIDE (at Carliste).

"I am tremendously proud of all you have done, and because each race of you counts so much I want you

to prepare yourselves in body, mind and soul for the tasks ahead . . . You in tasks ahead . . . You must remember the Guides in the occupied countries, linked to you through the same Promise and Law."

The Chief Guide

Over 7,000 Brownies, Guides and Rangers of the County of Birmingham Girl Guides Association will take part in an ambitious pro-gramme on Saturday, when Lady Baden-Powell, the Chief Guide, will visit the city.

Birmingham Mail

(July 7th).

The Chief Guide completed a tour of Wiltshire by a visit to Salisbury on Sunday. She took part in a service at the Cathedral, which was attended by eight hundred Guides of the South Wilts Division, and South Wilts Division, and



The Chief with Guiders, Guides



and Brownies

afterwards inspected and addressed them in the Palace grounds.

afterwards inspected and addressed them in the Palace grounds.

The Chief Guide has returned to England, and has been spending her time visiting the Guides in every part of Britain. On Wednesday afternoon it was the turn of North Westmorland, and rallies were held at Appleby Castle, Brougham Castle and Stobars Hall, Kirkby Stephen.

Cumberland Herald.

And so it goes on in one day then a journey of several hundred miles eleven rallies in a week-end. Home again for a couple of days to Hampton Court Palace. Then off again to visit the Guides of the West the South the North the East Wherever she goes she receives the same welcome, and the Brownies, Guides and Rangers are wafting for her, eager to show her their work, listening, spell-bound, while she speaks to them. And wherever she goes she takes with her that enthusiasm, that inspiration which we call B.-P. spirit.

After she had left a rally the other day a Guider said to a small Guide: "Did you enjoy it, Jean? Did you like the Chief Guide?"

"Oh yes, Captain! But—Captain—we think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfully tired. We do think she ought to be thanked for coming. We thought she looked awfull

Will Guiders please explain to their Guides that the Chief cannot sign autographs because if she signs one album, there is an immediate rush, and it is impossible for her to sign them all. Henceforth, then—

NO MORE **AUTOGRAPH** HUNTING

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RECONNOITRING

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Much has been said and written about the practical preparation of the vol. 12, and such things. There is annivered to to the preparation of which less has been said and and that is the which the vol. 21, and such things. There is annivered to to the preparation of the mind and spritt. The preparation of the preparation of the superflux and unenduring. The preparation of the prepara

Yet again there is the conception of building a new world—helping to fashion it into the noble structure we would have it to be. This is a work in which all can take a hand and where deeds and qualities are needed no less than thoughts and aspirations. In this immense creative effort there must be not only thinkers but the craftsmen whose "handiwork . . . is their prayer."

But whatever imagery we employ we want it to stand for spiritual truths, for sterling qualities and for meritorious deeds. So that by caring for the things of the spirit, by keeping alive the qualities of those who counted them above all cost, and by accomplishing deeds of enduring worth, we act in the present, we build for the future and 'we keep faith with the past.

Rosa C. Ward.

ROSA C. WARD, Chairman, British Guide International Service

WHY RANGERS?

Pioneers, Rovers, Pilots, Torchbearers, Guideswomen, Eager, hearts; these were some of the names offered, but, fortunately for us, not accepted, in 1918 when ideas, were asked for in naming the newly-formed Senior Branch of the Guide Movement The Chief Scout was consulted and replied, as Mrs. Mark Kerr has told us in The Story of the Girl Guides," "Well, I always think it is a good thing to take a rather vague name with which people have a good thing to take a rather vague name with which people have not got any definite association. Then one can put one's own meaning not got any definite association. When we were discussing names for into it and create a tradition. When we were discussing names for Senior Scouts, 'Rover' and 'Ranger' were both suggested. We Senior Guides?"

"A rather vague name.

"A rather vague name not any definite association one's own meaning create a tradition." The name is no longer vague. There is a definite association. But what meaning have we put into it, and what tradition have we created; meaning have we put into it, and what tradition have we created; It was a name full of possibilities which the Founder gave to us a name suggesting roving (which means, among other things "bling a name suggesting roving (which means, among other things" bling an aname suggesting roving (which means, among other things "bling parks and wide spaces, and yet, having as part of its meaning "to place in order."

In the past, Rangers have taken advantage of the wide scope of the name and of the training. They have covered a variety of subjects in their company work; they have served in numerous different and interesting ways; they have spread abroad during holidays; they have roamed in our own parks and forests and open spaces with have roamed in our own parks and forests and open spaces with pack ponies, trek carts and rucsacks. A certain amount of tradition has been created. But tradition is still in the making and it might have worth while considering whether we are taking full advantage still of the name.

Is it possible that we may limit scope of the H.E.S. training by too carefully perusing the requirements lest we prepare something not needed for the test, or by failing to keep up the standard when the Armlet has been gained?

We may limit for the Rangers, the specialised training by our own bias towards one or another subject or by lack of zeal in seeking different kinds of expert training or of effort to co-operate with other organisations in providing this training.

There is no lack of opportunity for service but there is perhaps danger of limiting its scope through failure to develop an awareness of what is needed. Most Rangers are willing to give help if it is asked of them but fewer are learning to discover for themselves where

Our possibilities of spreading abroad in these days need not be too limited if we take full advantage of the present International contacts available within our own country; if we keep our Rangers in touch with the G.I.S. and its purpose and needs; if we take The Council Fire; if we encourage reading and the learning of languages! if we have in mind all Guides, whether in allied or enemy countries, who are still trying to live the Promise and Law; and, above all, if we are careful to avoid thinking of ourselves as the future saviours of the world when the beam is yet so large in our own eye.

the world when the beam is yet so large in our own eye.

As for roaming, it is difficult at present to do this to any great extent in the physical sense. Holidays are brief, travelling is discouraged, land work is in demand. But it is now perhaps that we could help Rangers to extend their enjoyment and appreciation of the more available things, stars seen between buildings, the better for the black-out, trees in the squares and the city parks, the arranging of flowers more scarce but more necessary now than before, the beauty of simplicity in utility china and furnishings. And we can prepare for roaming by introducing the great explorers and trying to develop through our training the qualities which made their achievements possible. "The lady gave the bus-conductor a penny and said, 'How far will it take me?' 'To the door of the Ritz,' was the answer, 'but it will not take you far inside.' Courage, or ambition, or love of notoriety, may take you to the Antarctic, or any other uncomfortable place in the world, but it won't take you far inside without being found out; it's courage, and unselfishness, and helping one another, and sound condition, and willingness to put in every ounce you have, and clean living, and good temper, and tact, and good judgment, and faith. And the greatest of these is faith, especially a faith that what you are doing is of use. It's the idea which carries men on."

Edward Wilson, of the Antarctic

One aspect of our Ranger name is happily however, without limit now as always, "to place in proper order." We take fullest advantage of this when, first of all, we help the Rangers to think for themselves. If we decide for them or give too much advice, we create a limit. When we encourage the thinking out of problems, not only from one angle but from every possible angle, we help to stretch the mind. And if, by example, by right presentation and by discussion we help them to choose, not only between good and bad but between the best and the second best, then we begin to justify the most worthwhile meaning of the name Ranger. while meaning of the name Ranger.

MAP WORK

EDWARD V. LANE, M.A.

(Author of "Map Work for Cadets and Others," University of London Press;)

The Representation of Height

No map on a flat sheet can possibly be accurate, since the surface of the earth is curved and is not uniform height above sea-level. On the area represented by a single sheet of a one-inch map the earth's curvature is so small that it can be disregarded. Variations in height all heights on British Ordnance maps are based upon mean (average) sea-level at Newlyn, Cornwall.

The commonest and most satisfactory method of indicating height is by means of contour lines. A contour line joins together all points of equal height above mean sea-level. If one imagines an island sinking in successive tages of 50 feet at a time, and then re-emerging, the various shore-lines would be contour lines indicating the shape of the island at heights of 0, 50, 100, 150, etc., feet above sea-level. It should be noted that the land between a pair of adjacent contours is changing in height. For instance, a point half way between contours of 200 feet and 250 feet yould probably be 225 feet above sea-level.

Graduated shades of colour are employed, usually greens for lower ground, with browns, of deeper tones with increasing height, for higher ground.

The vertical interval (V.I.) is the height distance between two given points or contours. On the Popular Edition and the Fifth Edition one-inch maps the V.I. between adjacent contours is 50 feet. The horizontal equivalent (H.E.) is the horizontal distance between adjacent contours and is usually expressed in yards. The H.E. can, of course, vary widely, but will be regular on a uniform slope.

Section Drawing

One can learn a good deal about a landscape by examining the changing levels and slopes of its profile or section along selected lines. look like if we could cut out a vertical slice. For example, the would be a triangle; that of a cube would be a square.

V.I. 100 ft.

Fig. 7—Section along the slope of the state of the slope of

V.I. 100 ft.

Fig. 7—Section along the line AB of map Fig. 1.

To draw a section along the lines AB (on map, fig. 6), lay a straight edge of paper along the line, and mark off upon it every point whose height can be ascertained from contours or spot heights. Transfer the position of these points to a horizontal scale (which will naturally be that of the map), and erect perpendiculars from each point to the correct height in accordance with a selected scale of vertical height. Identify on the section important points on the map (see fig. 7).

Land Forms in Contours

An essential part of map reading is the identification of land forms.

An essential part of map reading is the identification of land forms; one should learn to distinguish valleys, hills, steep slopes, gentle slopes, concave or convex slopes, and so on. It is a great help to study side by side photographs and maps of the same areas, and even more advantageous to study the actual countryside with the map before one.

the actual countryside with the map before one.

The map in fig. 6 represents a hill rising 525 feet above mean sealevel. As revealed by the section (fig. 7), the close contours (on the west) denote a steep slope, and the contours more widely spread (on the east) indicate a more gentle slope.

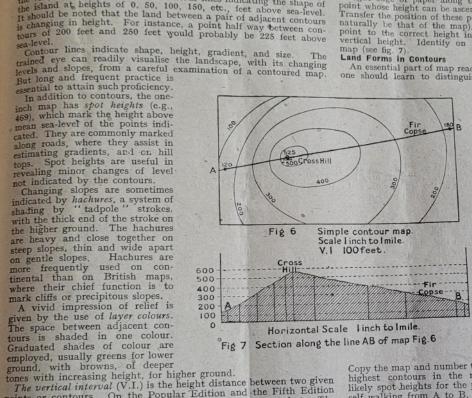
Exercises

slope.

Exercises

1. Imagine yourself walking across the ridge represented on fig. 8 from A to B and on to C. Note the changing character of the slopes, and state which is connex and which is connex. On which side would you have an uninterrupted view from B of the foot of the ridge? Draw a section through ABC to confirm your impressions.

2. Examine the contours of fig. 9. It is not possible to tell the type of country represented unless the contours at intervals of 50 ft., with the highest contours in the north; mark what you think would be likely spot heights for the points A, B, C, D and E. Imagine yourself walking from A to B, and from C to D. What features of the landscape are represented? Draw sections through AB and CD to confirm your opinion. Note that in a valley the contours bend back



Horizontal Scale linch to Imile. Section along the line AB of map Fig. 6

200 Contour map of a ridge Fig. 8

B D

into higher ground. Contours jut-ting out into the lower ground indicate a spur, which may be part of a ridge.

3. Copy fig. 9 again, but this time number the highest contours in the south. Complete the remainder of the exercise as with the previous map.

4. Examine your one-inch map and try to find examples of con-vex and concave slopes, ridges, spurs and valleys. Carefully copy them, and draw one or two sections of each.

sections of each.

5. Try to find on your one-inch map examples of the following land forms, and make copies of tracings of them, and draw at least one section of each. A hill is a detached area of high ground. The higher hills are called mountains. A knoll or hillock is a small detached hill. A platean is an elevated plain, probably separated from lower land by a steep edge. A col is a neck or ridge joining twe hill or mountain tops. If the neck of land is rather broad and of gentle slopes it is usually called a saddle.

a saddle.

A gap is a clear break through high ground. If a stream passes through it is a water-gap; if without a stream, it is a wind-gap.

An escarpment or scarp is the steep edge of a ridge, plateau, or line of cliffs. A gorge or ravine is a deep, narrow valley or opening in high land. A promontory is a piece of high land jutting into the sea or into lower ground, and generally ending in steep cliffs.

6. Identify as many of the topographical (i.e., scenic) features

6. Identify as many of the topographical (i.e., scenic) features named above which appear in the maps, figs. 10, 11, 12. It may be a help to draw sections to reveal the nature of the land forms, and to imagine yourself walking across the country shown in the maps, noting the changing slopes and scenery.

7. Make models of land forms in clay or plasticine. Place each model in a trough; pour in water to depths of one inch at a time, and mark in the water-levels—the contours—with a pencil or other pointed instrument. Remove the model from the trough and draw a map of its contours as seen from vertically above. Sections can be illustrated by cutting vertically through the models.

8. Write a description of a selected area (say, about four square miles) on your one-inch map, referring to height, land forms, rivers, woods, occupations, settlements, means of communication, etc. Then attempt similar descriptions of larger areas.

(The third article will appear next month. The author is willing to answer any questions connected with map work. Letters should be addressed to: Mr. E. V. Lane, Senior Geography Master, Bec School (London), c/o County School for Boys, Lewes, Sussex.)

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COMMISSIONERS' NOTES

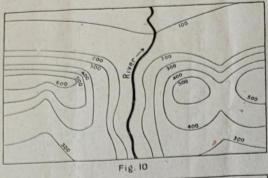
The following is a short précis of the Board of Education's Circular 1630 "Training and Service for Girls of 14-16." It is not possible to obtain copies of the Circular.

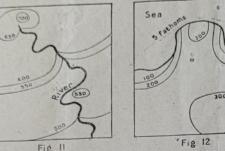
possible to obtain copies of the Circular.

"1. The registration of older boys and girls and the stimulus which it has given to the provision of facilities to meet their demands for opportunities of training and service must not be allowed to obscure the claims of those in the younger age-groups (14-16) to have their needs met so far as is possible under war-time conditions. The attention of the Board has in particular been drawn to the needs of girls in this younger age-group for whom opportunities for training and service, carrying the attraction of some direct relation to the present national effort, may appear to be less adequate than those open to boys of the same age.

The Board have been in consultation on the present.

2. The Board have been in consultation on the matter with the Girls' Group of the Standing Conference of National Juvenile Organisations and they think it desirable that further publicity should be given to the work of the national organisations. The special training for national service undertaken by these organisations is briefly summarised below and the Board would ask authorities and their Youth Committees to give them every possible encouragement and support in the development of their work."





Contour maps

There are short paragraphs on the work of the various girls' organisations and the following paragraph on the G.T.C. appears at the end of the Circular:

paragraph on the G.T.C. appear at the end of the Circular:

"National Association of Givis was formed with the assistance of the older voluntary organisation was formed with the assistance of the older voluntary organisation for girls, to meet the needs of the first twelves the older voluntary organisation for girls, to meet the needs of the older voluntary organisation of registration of young people. It is age-group and the Association has throughout the first twelves months of its existence resisted a suggestions to lower its age entry. The recent incorporation of the Women's Junior Air Corp and the Girls' Naval Training of the Girls' Naval Training of the Graph and the Girls' Naval Training and the Girls' Naval Training of the Graph and the Girls' Naval Training and the Graph and the Girls' Naval Training and the Graph and with the Board, the Association of all the factors are after consultation with the Graph and with the Board, the Association of the Standing Conterns and with the Board, the Association of the Group of the Standing Conterns and with the Board, the Association of the Very rural areas) uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and badge, and a separation of the Very rural areas uniform and b "National Association of Giple

Will Commissioners please note that similar extracts will appear from time to time on this page.

LONE CONFERENCE

The Lone Branch held a conference, the first since 1938, at Imperial Headquarters on Saturday, July 3rd, 1943. Twelve counties were represented.

Lady Cochrane was in the Chair in the morning and opened the Conference by assuring the Lone Guiders that they were doing an essential and very worth while work in bringing Guiding to many who would otherwise be outside the Movement. She thanked Miss Hall for all she had done and was doing for the Branch and urged County Lone Secretaries to keep in touch with their Counties on all and every occasion. every occasion.

Lady Ponsonby then gave a graphic picture of Norway in normal times, describing the exploits of the Norwegian Merchant Navy, the third biggest in the world. She said that in proportion there were a greater number of women in professions and though they did not very largely participate in politics yet most of them took an active part in Municipal and local committees. She spoke on housing and education and ended by a brief reference to Norway under the Occupation and emphasised the high moral standard, patriotism, keen sense of humour and resistance of her people.

In the last session before lunch Miss Hall gave most belotal high

In the last session before lunch Miss Hall gave most helpful hints on Company Letters and urged the necessity of working to a definite programme so as to ensure balance and continuity and also of making them attractive with illustrations well placed. Miss Hall showed the Guiders how much nicer a page looked when surrounded with a border however plain. border, however plain.

In the afternoon there was a discussion on the older Lone Guide and it was felt strongly that provision must be made for her. A suggestion was put forward for area companies, to prevent the absorption of so many Guiders, it was also suggested that training in Mothercraft and similar subjects were needed and also some kind of International activity.

In the final session Mrs. Beer demonstrated parts of the H.E.S. Ranger training, more particularly the intelligence and emergency tests, and then Mrs. Phillips illustrated how clearly and efficiently tests, and then Mrs. Phillips illustrated how clearly and efficiently these suggestions could be put into pages for the Lone Rangers. All present showed great keenness over Mrs. Beer's training and went away determined to stir up the intelligence of their Lones whether they were Rangers or not! The singing of "Taps" brought a most enjoyable Conference to a close.

THE GUIDER

"LARGER THAN THE FAMILY"

In the days of Alfred the Great there was an Anglo-Saxon word gelgildan," which meant "a group of persons larger than the word, which was to modify itself into one of the most romatic terms of members of one trade, their "mutual been distort, the Roman craftsmen had had their clubs, or associations the slaves, and the poor. There had been similar institutions in the slaves, and the poor. There had been similar institutions and the Reed Kings of Egypt. It seems to be the natural institut on men, whose trade is the same, to form that "group larger than the instruction, and partly, certainly, for sheer conviviality and good heef.

St. Thomas's, and Christ's Hospital in London owe their foundation to Guilds. (Though Rahere, 'the Jester who saw God,'s had the St. Bartholomes's, its early history is intervoven with the They took an active part in civic processions, and were always to the fore in the festival and the strength of the country of the co

A LETTER TO THE CHIEF COMMISSIONER

The Boy Scouts Association, 25, Buckingham Palace Road, London, S.W.1. July 14th, 1943.

men, whose trade is the same, to family, and to band together, instruction, and partly, certainly, for sheer cheer.

By the twelfth century, with the increase of trade, and the possibilities which the Crusaders were beginning to discover, of travelling this country, began to develop, the country began to develop the country began to the cou London, S. W.1.

My Dear Chief Commissioner,
I have been travelling through the country quite a bit during the last few months, and I have been immensely struck by the number of different parts of the country,
I do just want to ask you to convey to your Executive and to the practical help which your Rangers are giving. Under present conficient will be hard to compute the value of the services they are are carrying out this service. They all look so cheerful and kappy, so I feel in some way they are enjoying the experience. That happibeliefs.

Yours very sincerely,

TREFOIL GUILD

The question of the over 21s was fully discussed by the Executive Committee with all the Branch Commissioners and it was agreed to form a Trefoil Guild. Details will appear in the September Guidk and in the meantime Commissioners and Guiders are asked to refrain from writing to headquarters on this subject.

Sometimes a Guild would begin with a mere handful of workers in some small city, but often it grew into a powerful institution, worthy to receive a Charter from the King. The Merchant Guilds of the 14th century did wholesale trading on a large scale in distant lands and were immense concerns, as witness the Hanseatic League, with its powers in the Baltic countries.

On the whole, the Guilds were adaptable associations. The Mercers Company, for instance, emerged from the Brotherhood of St. Thomas of Canterbury, while an offshoot of it became the famous Company of Adventurers. Meetings of the Guilds were not always at regular times, though they generally met about four times a year, and were sometimes known as the "Mornspeech." All members had to attend them, and were fined one penny for non-attendance, unless "he make proper excuse." Also "he must come in time, and if he sit him down and grumble, he must pay another penny." At the Mornspeech none must "speak maliciously or disparagingly of a brother or sister of the guild, and must have good behaviour and good manners."

The Craft Guilds upheld for many years the high standards of workmanship throughout the trades. They enforced it by fines and punishments for bad work, and by offering prizes and rewards for honest and sound craftsmanship. They acted as travel agencies to their members, furnishing them with papers of introduction to members of the same trade working in other countries, and ensured their being passed on from one set of brethren to another, and helped and being passed on from one set of brethren to another, and helped and protected on the journey. With the dissolution of the Monasteries they added the care of the sick and poor to their duties. St. Bartholomew's,

HERB COLLECTION

PLANTS TO COLLECT IN AUGUST

Foxglove seed will be at its best in most parts of England. As many depots as possible should bulk their collections before despatch to the manufacturers.

Raspberry leaves can also be collected.

Rose Hips. Sacks, labels, leaflets and posters for the rose hip collection are now ready and the preliminary arrangements should now be made for this season's harvest, which it is hoped will surpass

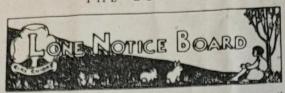
DO YOU WANT TO BE TRAINED ?- Then see page 131

RANGER H.E.S. FOR LONES PART IV.— EMERGENCY TRAINING

EMERGENCY TRAINING

Lone Rangers should try to attend lectures on First Aid and A.R.P. Hints, articles and competitions may be given in the Company Letters to help the Lones, but these are practical subjects and cannot be taught entirely by post. The British Red Cross Society's Short Course in First Aid, as given to Wardens, covers the required syllabus of burns, severe bleeding, sufficcation and shock in four lectures, and this Course is given frequently in most parts of the country nowadays. If the Lone wants to qualify for a certificate, she must take the full course of eight lectures but the four lectures would qualify for the H.E.S. Lectures in A.R.P. are held in most hospitals and schools and if you have not had one lately, why not suggest it through the proper channels? Any Lone living in an isolated village should get in touch with the head of the local First Aid Post and the Head Warden and ask if she might join in any practices or lectures which they are having. Members of the Red Cross and St. John Organisations, Wardens, Police, Home Guards and Firemen, though usually too busy to give Lones individual attention, often welcome Lone Rangers and Sea Rangers to meetings, if they go in uniform, and are keen, polite and roady to make themselves generally helpful.

All Lone Rangers should be able to do stirrup-pump drill and I expect most of them are already members of a fire-watching team, but if a Lone should live in a place where there is no organised fire-watching, she can always form a team with her family and neighbours and get the local A.R.P. Warden to coach them in fire-fighting. Lones living in country districts can do good National Service by fire-watching at harvest time, taking turn at protecting valuable crops. Anyone who could do this should offer her help to the nearest farmer.



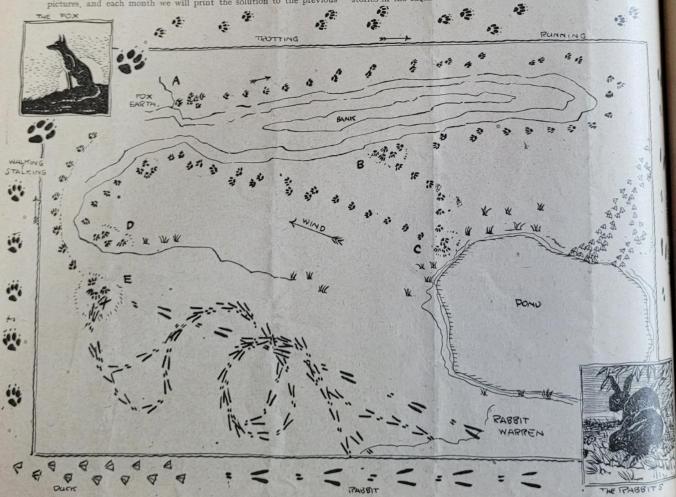
To light a fire out-of-doors and produce a hot stimulant in twenty minutes taken some practice. This part of the less gives your Woodcraft Ranger a chance to show her ability. Most people can do this best once, but only the true lover of woodcraft can do it every time under any conditions. Lines should take every opportunity and an open moor, on the seashore or in a blitzed street. This part of an open moor, on the seashore or in a blitzed street. This part of an open moor, on the seashore or in a blitzed street. This part of an open moor and the less should take every opportunity that, when practising, Lones must ask permission always before fire that, when practising the turf and leave nothing behind except really out before replacing the turf and leave nothing behind except their thanks.

A book or article on Elementary Electricity should be studied and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the main or master switch before starting and always switch off the mai

WHAT HAPPENED HERE?

Yes, what did happen? Do you know? Can you read the story printed in the earth? Have a shot at it, anyhow, write down your version, and compare it with the story which will appear in the September Guider. We will be publishing a series of these tracking pictures, and each month we will print the solution to the previous

month's picture. We hope that you may find the pictures useful as games for your Company, too. If you are of an inventive frame of mind you will be able to think of several ways in which you can use them. Perhaps they may inspire the Guides to look for the real stories in the earth.—The Editor.



THE OPEN ROAD

OR some it is the hills, for some the country roads, for some the mighty rivers, for some the deck of a ship. For the countryit is the downland with the cottage at the end of the lane. For the
townsman it is the loveliness of little grassy spaces and Peter Pan's
tatue in Kensington Gardens. But the lovers of all these things,
the men and women who derive health of body, mind and spirit from
contact with these, are the great ones of the earth. We must not
misunderstand the word great. It has nothing to do with riches or
nosition, but it has everything to do with the acknowledgment that
God has created beauty to bring health of body, mind and spirit to
the men, women and children of this much-battered world. We live
in a time of change and perplexity. Those who have the great honour
and grave responsibility of leadership must be vitally aware of these
changes and bravely conscious of the perplexities. It is impossible
to meet either of these things with the mind and soul and, less
important but still very important, the body in a state of ill-health.
Once upon a time there was a very wise man who lived to a great

once upon a time there was a very wise man who lived to a great age, and he spoke words of wisdom. He loved with a deep and abiding love all things pertaining to life in its finest sense. He was full of witality, and he founded the greatest Youth Movement that may ever be known in the history of the world. Many were the thoughts that he put into words on the subject of Health, and therefore on the subject of Happiness. He maintained that the one was synonymous with the other. He loved to think of life as an open road teeming with millions of happy and healthy people, who, through following the example of the good and the great ones who had gone before them, were able to enjoy to the full the blessings and the beauty of the world. This sounds as if he was a dreamer and idealist—both are true of him, but he was also a practical man. The open road was not only a place of pleasure and delight. It was a place of hard testing, and it was a place where the man or woman who reached the highest standard through their own effort and perseverance would eventually receive the prize. The Chief, for it is of he that I speak, was fond of quoting from the IXth chapter of Corinthians, where we read:

Know ye not that they which run in a race run all, but one receiveth the prize . . . and every man that striveth for the mastery is temperate in all things . . . I therefore so run not as uncertainly; . . . but I keep under my body and bring it into subjection lest that by any means, when I have preached to others, I myself should be a castaway."

On one occasion, referring to this in connection with health, the Chief emphasised the fact that the example of those who lead is everything. The hair, the nails, the feet, the clothes, the carriage, the whole feel and appearance of a leader must be clean and straight as a die otherwise he or she can never walk the open road or lead the youngsters there, but must remain for ever in the narrow lane or alley.

An Englishman wanted to fight a duel with a Red Indian. The Indian smiled and said he would fight, but it would go badly with him. When asked his reason for saying this, he said that he had noticed that the Englishman habitually kept his mouth half-open, so he had no fear whatever of a man who did that as it was the sign of a weak character. The Chief, in commenting upon this anecdote, said: "How true, and far too common a sight amongst youngsters to-day, largely due to lack of education on the subject of health." The Chief was once asked by a high authority on education whether he thought that large sums of money should be spent on erecting gymnasia in every town, as it would develop health and strength. He gymnasia in every town, as it would develop health and strength. He Bhetani peasants of the Himalayas, but that in neither country had he ever noticed a gymnasium. Here are his own words: "There was plenty of God's fresh air and lots of walking and running and climbing to be done in the daily work of these people, and I believe that these to be done in the daily work of these people, and I believe that these to do do nough tonics for any man." Take these two stories and strength and endurance. Take exercise in God's fresh air and thank strength and endurance. Take exercise in God's fresh air and thank road.

MARGUERITE DE BEAUMONT.

FEELING WELL

by M. HILTON ROYLE

HAT does it mean? We should never expect to paint a picture without the necessary colours, or to make a cake without the correct ingredients, but many of us expect to feel fit, not only without doing anything about it, but also in spite of all kinds of deficiencies.

Surely it means striking a balance in daily life, mental, moral and physical. When our day balances we walk on air next morning; when it does not we suffer from all kinds of hang-overs which we are apt to describe as "black Friday" or to say we feel Monday-ish, etc. In less degree the Guides suffer in the same way, and it is up to us Guiders to do something about it.

If we can make our Guides obey the health rules, which we have made attractive to them, and when they realise that sunlight, fresh air, rest, plain food, sensible clothing and exercise are better than patent medicines, we shall be well on the way to our objective of

Except for correct chest measurements in the Athlete Badge, this is often neglected, and yet it is the keynote to fitness.

Respiratory balance can be tested by activity. Girls who cannot stand up to games and running without becoming breathless are either not breathing properly or the effort demanded is too great. They are very apt to hold their breath when going all out, and this, too, requires proper training. There are many ways of increasing chest expansion.

First of all the nasal passages must be cleared, so it is a case of "present handkerchiefs!" "Blow." Then hands should be placed on the side of the chest and mid-rib breathing continues quite freely and without command for two or three minutes. The reason for free breathing rather than controlled is that the breathing times vary in individuals.

Another method is to place the hand on the top of the head and breathe diaphragmatically, noting how the soft, upper part of the abdomen just below the sternum, moves forward on breathing in and retracts on breathing out. If nothing is happening the hand may be placed over this area, trying to force the ingers forward with each respiration.

Singing on the march is another way of developing the chest, but a silent period should alternate with the singing period. Singing during exercises can also be used with body bending and turning, arm and leg movements, but not with jumping. Girls rather enjoy trying to increase chest measurements, and more especially if the measurements are charted and a record kept.

This is extremely important, as posture depends very much on muscular balance and skill in games, sports or crafts calls for good muscular control.

This is the easiest kind of fitness to achieve, as it includes all the jolly things that girls love to do, and interest can be sustained by challenges to achievement either by individuals or patrols.

The effect of training can be seen to-day in the Services, where men in varying degrees of fitness are put through a progressive training and come out fighting fit.

This includes a balanced diet both in liquid and solid food, and an appreciation of metabolic processes. It includes regular meal times and proper mastication and a short period of rest after food has been taken, also a proper conception of elimination. There is ample guidance in the large variety of food pamphlets which can be obtained free, and the number of cookery demonstrations arranged in every town. Body processes can be read up in elementary physiology books under the heading of digestion, absorption and elimination.

The girls are taught quite a lot of this at school, and by games and talks can be made to apply it to themselves. If they can be made to see that the body is a factory, with imports and exports which arrive and leave daily, and that if exports are not carried away the whole business ceases to work, they see reason for it all. They must be made to realise that a clear skin and bright eyes and a feeling of well-being is dependent on this daily evacuation of waste material which the body has rejected.

Mental Fitness

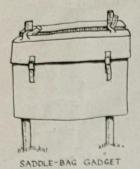
This arises naturally out of a healthy body; if the day commences with physical exercises of any kind, the outlook is set fair and a mental alertness is noticeable; whereas people who regularly get up late tend to have a mental inertia and often a "liver." It is essential to go to bed in time to get a sufficient night's rest, for lack of sleep is one of the great causes of irritability and lack of enterprise.

Guiding is particularly good training for mental fitness, because of its character tests and lack of spoon-feeding. It is training both leaders and followers, and it is essential as far as possible that the Guides should find out things for themselves. It is the Guider's job to put the means into their hands!

It is much easier to help lame dogs over stiles, but in the mental sense they are much better dogs if they find a way over themselves. Puzzles and cyphers and codes could be used more than they are, and observation tests and intelligence tests such as the Services use are invaluable. invaluable.

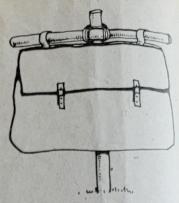
This can be divided into ethical and sex problems, and the answer is contained in the Law and Promise. A girl of Guide age knows the difference between right and wrong, and must be expected to play the game and be held responsible if she fails, but she must be given many chances and not victimised because she is a Guide.

The schools are taking up sex instruction, and the girls of to-day are not ignorant as a rule. The Guider is responsible for answering (Continued on page 124, column II)



CAMP EQUIPMENT

Edited by ANGELA THOMPSON (COMMISSIONER FOR CAMPING)



HANDLE-BAR BAG

Several Green Corders crowded round me when I went to a meeting the other day. They told me that I had provided the joke of a lifetime. I knew at once what they meant and so will you if you read the article in last month's Guider in the Series "To What End?" It really was a good one! "While we are on the subject of washing, have you noticed what a grand opportunity camp provides for resting ourselves?" Remove R and put T and you have the correct answer, but it's not nearly so amusing!

Since the was many English campuses have welcomed their Com-

Since the war many English campers have welcomed their Commissioner for Camping who has turned up at their camps on a bicycle complete with all her gear. Here are Miss Jackson's tips as to how it should be done. They are followed by various bits of advice from three Green Corders.

BICYCLE EQUIPMENT

Many details concerning cycling equipment will be decided by its actual arrangement on the cycle, so it is important first to consider one or two points that bear on this.

(1) As far as possible put everything on the bicycle, not on the person. Avoid carrying a rucsac if you can. It is hot to wear, drags on the shoulders when you have your arms forward for steering and, if heavy, is inclined to upset your balance. Furthermore it is a waste of energy to propel your bicycle and carry the weight your self. If you can get a carrier it is possible to improvise saddle bags, failing these, a rucsac without a frame can be strapped on the carrier.

(2) The weight should be evenly distributed. A bag or basket on the handle-bars is useful but this should not be too heavy or it will affect the steering. The saddle-bags should be weighed and the weight adjusted to make them equal.

(3) Keep everything as light as possible. About 7 lbs. ir saddle-bag and 8 lbs. on the carrier can be carried comfortably.

(4) Things should be so packed and arranged that the ones wanted first on arrival at camp are easily to hand. If the tent and bedding roll are fixed on to the carrier the tent can be pitched before anything else is removed and the rest can all be taken straight off the bicycle into the tent before being opened. This is obviously a good thing

Suggested Method of Packing Personal Kit

First saddle-bag—Spare shoes, change of clothes, small pillow, shawl, and very light blanket, extra jersey.

Second saddle-bag—Plates, cutlery, canvas bucket and basin, spare overall, sleeping bag, pyjamas, shoe cleaning outfit.

Bag on handle-bars-Toilet things, mug, first aid, odd rations, cycle cape on top.

On carrier-Tent, light blanket wrapped in ground sheet.

Arrangement in the Tent

The saddle-bags have short straps for attaching to the carrier, these should be done up, and then, with two forked sticks driven into the ground, they can be hung up back to back so that things can easily be got out of them. As with a rucsac, one's possessions should be packed in bags. If one or two buttons are sewn inside at the top of the saddle-bags small bags may be hung there, thus making their contents readily accessible. If overalls are packed flat and not rolled, tape or elastic (if procurable) can be stitched across the flat back of the saddle bag and the overall put behind this. The front bicycle bag can be hung on a cross stick gadget, strapped on to the cross bar.

Note.—It is worth noting that soldiers' packs make excellent saddle-bags and they will probably be sold off very cheap after the

MISCELLANEOUS TIPS

How to Make a Blanket

Odd pieces of blanket material (usually sold for cot blankets) can be bought by weight. These should be fitted together to make a

blanket and double stitched. Large press studs from Woolwortha turn it into a sleeping bag. The weight is just under 2 lbs. and the cost (in 1942) was 9s. 6d.

How to Make and Collect Bags

There are many large shopping bags of oilskin or other waterproof material on the market. These make excellent bags in which to material on the market. These make excellent bags in which to carry bedding, spare clothes, etc. Pixie hoods are still obtainable. If these are fastened up the front they make excellent, small water. If these are fastened up the front they make excellent, small water can be cut into lengths, and then all they need is sewing up at one can be cut into lengths, and then all they need is sewing up at one end and hemming with a draw thread at the other. When hemming end and hemming with a draw thread at the other. When hemming end and hemming with a draw thread at the other. When hemming end and hemming with a draw thread at the other. When hemming end and hemming with a draw thread at the other. When hemming end and oilskin it is an advantage to turn over a double hem unless the material is very strong, as it tears easily. A very quick and reliable way to make bags of oilsilk is to stick the hems together with sticking way to make bags of oilsilk is to stick the hems together with sticking was sold by stationers. Bags should not be made too small. Larger bags are more readily interchangeable, they are not so likely the tear if they are not so likely interchangeable, they are not so likely to take up more room than clean ones.

If waterproof bags are unobtainable, odd scraps of material and the strong the strong three three transfers.

If waterproof bags are unobtainable, odd scraps of material can be used, or the bags in which flour, dog biscuits and some fertilises are sold, can be collected and washed. If all the bags are of similar material and non-transparent, it is an advantage to fasten them with different coloured threads, or to distinguish them in some similar

ENGLISH LAND WORK CAMPS

HOP-PICKING-HEREFORDSHIRE

We have two urgent appeals from farmers for help with the above

The camps will start the last week-end in August, and as help is so urgently needed, Guides of 14 and over will be accepted if they have at least one year's service and have camped. They should obtain their Captain's permission before applying.

Applications should be sent as soon as possible to Miss Usher Seend Wiltshire.

Fares: Under 16, half single fare for return journey. Over 16, single fare for return journey. Camp Fee: 5s.

FEELING WELL-(Continued from page 123)

honestly any questions the Guide may ask. An excellent solution to the sex problem is to mix the girls and boys instead of segregating them, so that they become friends and comrades and respect each other and do not get excited and moon about.

Let them croon their love-sick songs in the open, and work off their energy in games and dancing, rather than slink away to mate promiscuously like young animals.

Finally, it is necessary to remember that standards of fitness must be related to the individual. We have not all the same make-up. Some are slim and agile, suitable for dancing and acrobatics; others are broad and stocky, made for strength and stability; and in between is the intermediate type, either strong or agile, as necessity demands. All these are normal physical types. It is useless to expect a car to jump a hurdle, though some do, and no one would expect a fox to stand about eating grass all day. In the same way humans can be trained in relation to their predilection and adaptability. Feeling well may become an actuality and not a beautiful dream.

POSTERS FOR BROWNIES

Safety First Posters for Brownies are on sale in Headquarters shops at 6d. each.

PLEA FOR STORY-TELLING

ELIZABETH CLARK

EUZABETH

EUZABE

We are all of us "tellers," all the time. Our jokes, our grievances, our thanks, all the large and small change of everyday life are passed from one to another—a perpetual currency of experience.

from one to another—a perpetual currency of experience.

And out of this mass of recounting, relating, reviewing, this turning over and over, this sharing, the old-world stories, the folk-tales and legends have grown—and still are continuing to grow. True stories direct from life, old and new tales of heroic deeds and great adventures; myths and legends which are the stories of man's quests and wanderings after truth, his spiritual adventures and discoveries; folk and fairy tales, homely nonsense stories and wonder-tales of witches, dragons and princesses in far lands "east of the sun and west of the moon"; friendly stories of everyday life and its ways. One way and another they are all the sharing of experience. There have always been stories and there have always been story-tellers, practising consciously or uncousciously this most ancient of all arts.

Story-telling seems, it is true, to be something of a Cinderella in

Story-telling seems, it is true, to be something of a Cinderella in these days. The time has gone by, at any rate in the Western civilisation, when story-tellers were welcomed and honoured in palaces and great houses, when from village to village and town to town, journeymen and wandering craftsmen carried and spread the ancient tales and the news and gossip of the countryside. The days when folk sat by the fire in the long, dark winter evenings and whiled away the time with stories—all these days are gone and, sad to say, many of the old tales are gone with them.

In the Fact, the story-teller still flourishes, gathering his audience

In the East, the story-teller still flourishes, gathering his audience around him in the market place, at street corners, by the well-side, or under the trees in the cool of the evening. But here, in our Western lands, we go to the cinema to see a story, or to the Library to find one to read. Story-telling is apt to be looked upon as an old, out-worn art, or at best as something only fit for children. And even where children are concerned, the average parent or ever-useful even where children are concerned, the average parent or ever-useful even where children are concerned, the average parent or ever-useful even where children see that the stories in my young days when hard-aunt, or great-aunt (fount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt, or great-aunt (sount of stories in my young days when hard-aunt of stories in my young days when hard

many attractive books that are published nowadays for children's close and personal and along, something warm and friendly about the close and personal and along, something warm and friendly about the close and personal and along warm and friendly about the close and personal and along warm and friendly about the close of the close of the close of a group of children will stook change, a community of interest and sharing, a freedom of interance of the close of only listen it lives in the stook of goes out and the close of only listen it lives in the stook of goes out and the And this does not only listen it lives in the stook of the close of the c

in most cases. But I seem to be putting the cart before the horse. "What the use of stories," you may say, "if one cannot handle them?

Very true—and so:—

Secondly: A reliable story-teller knows her stories. And that does not mean merely knowing the words. Words are necessary, they should be right, clear and ready to hand. But they are not the story; they are the clothing of the story. If they are all you are holding on to, any wind may snatch your story from you—a difficult or fidgety audience, a persistent noise, an interruption, nervousness, a sudden lapse of memory—the words vanish and only halting and confused fragments remain. fused fragments remain.

We should aim at knowing the story as we know a personal experience, feeling it, entering into it—facts at our finger ends, scenes before the mind's eye. ("I can see it all as if it were yesterday," as one

says.)

Begin by getting your facts clear; but do not think of the plot—
the facts of the story—as a mere category of events. Think of it
rather as a road you travel, with its turning-points and each bit of
the road with its particular happenings. It is a good plan to note
down and underline each turning-point—each head-line as it were in
the story—and to write beneath it its special group of events. Then
the plan—the outline of the story stands out clear and plain and easy
to hold in memory.

down and underline each turning-point—each head-line as it were in the story—and to write beneath it its special group of events. Then the plan—the outline of the story stands out clear and plain and easy to hold in memory,

And see the story as you go. Stop, consider, watch, look and realise what the words are showing you—the pictures they give, the sights, the sounds, the colours in the story. You will find the words are saying far more than you first realised. And such "seeing" is not only going to make your story more interesting to yourself and clearer and more vivid to those who listen, but it is also a wonderful aid to memory. In fact we are not merely remembering—we are living the story as we tell it.

Of course, we must make sure of the right words for the story. But words are not really so difficult to achieve and hold when we are clearly established as to what we are going to tell. If we have a firm hold on facts, if we can see our story live and move before our mind's eye, then the words—they may be the words of the book, or they may be our own—will take root in our memory and will remain. They will stay because they clearly belong to what we know and see. They may not always come easily. This stage will probably need some real effort in learning or putting into shape—telling the story over to ourselves until it does come easily and fluently to our lips. And now thirdly: When we come to the telling let us always remember that story-telling is not just giving. It is sharing. Every story should be, to the story-teller, something delightful to share. I have tried to show that in its beginnings, story-telling springs from a bubbling-over of experience. We are "full of it" as we say—full of a joke, an adventure, a thrill, a grievance. We tell because we enjoy, because we want to, because we cannot keep it to ourselves. So, in principle should all story-telling be a joy, a delight to teller and listener together.

It may sometimes seem difficult. We all have our off-days when fatigue, worrts," and so fort

out of a hundred they will respond—will reflect your pleasure.

And if, rarely, there comes a time when the story seems to be a flat failure, remember this—it is my final piece of advice:—

We all have our failures—think over them but do not brood over them! Failures can be very useful and instructive when properly treated. Turn them over in your mind—see why and where you failed—let the story lie fallow a while—and later try again. It is a chastening proceeding, but failures retrieved are steady and excelent ground on which a reliable story-teller may stand and go further!

NOTES ON ENGLISH FOLK-TALES

Here is a word about our own English heritage of stories. Compared with other nations we seem to have very few. Many of our folk-songs, dances and dance-tunes have been out of memory and have been lost.

There are, however, some notable exceptions which are very good for telling. The best collection of English folk-tales yet made is contained in two volumes "English Fairy-tales" and "More English Fairy-tales," collected by Joseph Jacobs. The original edition is now out of print, but a good many of the stories are to be found in a single volume called "English Fairy-tales."* It contains the incomparable tale of "Tom Tit Tot," "that there little black impet" which is a delectable version of Rumpelstilzkin. Anyone who knows Suffolk can tell it as it should be told and many of us can make-shift with local dialect.

There is also "Cap o' Rushes" which I think Shakespeare surely knew. "King Lear" seems to be a stormy and thunderous re-telling of the old tale. There are many other old friends and some new ones. I am sorry the present edition does not include "The Drowned Moon," a rather creepy tale of the Lincolnshire marshlands, nor the story of "Fair, Brown and Trembling," the three lovely daughters of the Original two volumes. The same convergence is the original two volumes.

A Public Library or second-hand bookshop may produce copies of the original two volumes. The same sources may also provide a copy of Keighley's "Fairy Mythology," an excellent collection of Folk-tales which has a section for English stories, some of which make good material for telling, though they are rather stiff and stilted as they stand

Much the same stories and a few others are contained in "Folk-re and Legends," English, which is part of a series published in lore and Legends,

IS90 by W. W. Gibbings (publisher—the collector's initials are given as C. J. T.). There seem to be a good many copies still in existence, as C. J. T.). There seem to be a good many copies still in existence. It is always worth looking in the folk-lore section of any Public It is always worth looking in the folk-lore section of any Public This collection includes the outline of "The Tulip Fairies," which This collection includes the outline of "The Tulip Fairies," which I have re-told under the title of "The Old Woman and the Pixies I have re-told under the title of "The Old Woman and the Pixies and the Tulips" in "Stories to Tell and How to Tell Them," included in "The Old Woman Who Lived in a Vinegar-bottle" included in "The Old Woman who Lived in a Vinegar-bottle" included in "The Old Woman who Lived in a Vinegar-bottle "included in the "I would be stories, etc." is another English folk-tale. So far as I can who had received it from an elder and excellent story-teller, who had received it from an elder and excellent story-teller, who had received it from an elder and excellent story-teller, who had received it from an elder and excellent story-teller, who had received it from an elder and excellent story-teller, and the "The Harvest Bun" (in "The Tale that Had no Ending") in "The Harvest Bun" (in "The Tale that Had no Ending "I really a re-telling of the "Johnny-Cake" story, so well-known to all really a re-telling of the "Johnny-Cake" story, so well-known to all

really a re-telling of the "Johnny-Cake" story, so well-known to all story-tellers.

I have one other suggestion: there are various stories of Sainta I have one other suggestion: there are various stories of Sainta which do most truly belong to our English countryside. I have used which do most truly belong to our English countryside. I have used which do most truly belong to our English countryside. I have used which do not be the saint and the Rooks" (St. Neot) in Some of them. "The Little Saint and the Rooks" (Tales for Jack "More Stories," "The Eagle that fed St. Cuthbert" (Tales for Jack and Jane") are two. The Venerable Bede tells other tales of Cuthbert and Jane") are two. The Venerable Bede tells other tales of Cuthbert and Jane" and their birds and beasts. Charles Kingsley in "The and Andian and their birds and beasts. Charles Kingsley in "The Hermits" tells of St. Guthlac and the ravens in the Fen-country. Hermits" tells of St. Guthlac and his beloved swan.

There is St. Hugh, of Lincoln, and his beloved swan.

There is St. Hugh, of Lincoln, and his beloved swan.

Story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story-teller on holiday to keep a look-out for local legends, to we story the man and the results a

EXTENSION GUIDERS AT FOXLEASE

EXTENSION GUIDERS AT FOXLEASE

The Extension Training Week at Foxlease made one point above all abundantly, clear—personal contact can do far more in a few hours than any number of finely worded articles, the most sympathetic correspondence or the most fiery exhortations, pathetic correspondence or the most fiery exhortations, or companies, and the Ranger, the activities of the adalt the Brownie, the Guides, and the Ranger, the activities of the adalt responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement both as individuals and in relation responsibility to the Movement seek superimposed on to a solid Extension Companies were therefore of the utmost value Extension Companies were therefore of the utmost value for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they could be for each section met to discuss the ways in which they were fee to go on to discuss more complicated problems.

The age groups most affected by the recent changes were discussed in detail and many difficult points and anomalies were custometed by the recent changes at any rate are strongly in favour of an age limit and the understanding that, the strongly in favour of an age limit and the unde

wanting to continue to give service to the community as adult members of the Guide Movement can do so as members of the Trefoll Guild, and within the wide framework of the whole individual groups will be allowed full freedom to arrange their own activities. The final decision about the wearing of uniform by Trefoil Guild members will appear in the September Guider.

The suggestions submitted as attemption titles for the European

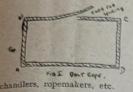
The suggestions submitted as alternative titles for the Extension Branch were considered; these included "Pilgrims," "Crusaders," "Kenyats," "Invicta," "Privileged" or "Adapted "Companies, but none of them met with general approval, and it was once more

HOW TO MAKE A HAMMOCK

Tools .- Netting needle-1-in. gauge

Materials for Net.—Thick cod line or strong fishing line, cotton or hemp cord or string with 60 lbs. for strain or/and string with the same breaking strain.

Bolt Rope.—Hemp or manila guy rope



Spreader. — Two 3-ft, poles of strong light wood, about 1 inch in diameter, with grooves each

end. The The best to obtain materials is yacht or

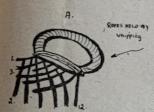
chandlers, ropemakers, etc.

To Make the Netted Centre of Hammock 6 ft. × 3 ft.

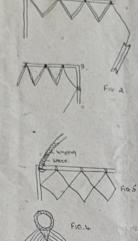
Measure off 18½ feet of the guy-line for the bolt rope, which lies all round the outside of the hammock. This should be joined at the side by a splice. Six inches of rope is allowed for this (Fig. 1).

To Cast On.—Fill netting needle, join string at A. (Fig. 2) with a clove hitch and pass over a 1-inch gauge and up behind and tie again on to the bolt rope, thus making one mesh. Continue this until there are 25 meshes along the top of the bolt rope. This will make the width 3 ft. Finish the line by tring the string on to the side bolt rope with a clove hitch and then turn the work over. If work is hung from bar on hooks it is easier to keep netting even.

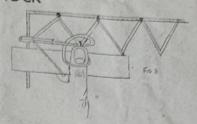
rhe Netting Stitch.—The netting can now be started (Fig. 3). Put the gauge on the top of the bolt rope and just below the first mesh, bring the needle up through the first mesh, pull firmly down on to the top of the gauge and hold in place with the thumb, carry the string over the thumb, on top of the mesh and then behind it and pull tight.



and pull tight.
This makes the sheethend weaver's knot, which is the netting knot. Continue this along the line into each mesh, clove hitch on to the bolt rope







at the end of the line and turn over for the next line and continue. Work 6 ft. of this. For the last line clove hitch each loop on to the bottom bolt rope.

The Clew.—A clew is needed at each end of your hammock to support it and so that you may sling

it.

Get six pieces of guy-line about 4 ft. long, lay them together and tie firmly together at the centre, whip sufficient length at each side of the centre to form an "eye" and then bend together and whip for about \(\frac{1}{2} \) inch (Fig. 4). Take the hanging ends and separate them, alternately up and down (Fig. 5). Cross the two outside ropes through the space formed and then cross all the others over each other, the ones "up" to "down" and vice versa. Leave the first two ropes hanging free, and take the next two outside ones and cross over as before. Continue till there are only two ropes left. Knot these together.

To join the clew to the netting. Lay both out flat, pass the first clew rope round the top bolt rope and back splice and whip (Fig. 5) or tie with a sheetbend and whip ends.

Space the clew ropes out along the top and join each in the same way. Make another clew for the bottom of the hammock and join in the same way.

The Spreader.—When the

The Spreader .- When the It a spreader.—when the hammock is slung the spreaders are fixed top and bottom of the hammock to hold it taut, the side bolt ropes lying along the grooves. ropes grooves.



Errata.—Fig. 2. The loops appear as two strands, this should be one. In fig. 8 the first mesh should not show through the needle and should be fixed to the side bolt rope with a clove hitch.

FOR DETAILS OF FORTHCOMING TRAININGS SEE PAGE 131

EXTENSION GUIDERS AT FOXLEASE-(Continued from page 126)

decided that no change should be made until the perfect alternative

title is found.

The Training Week was most fortunate in its visitors. Miss Hill, Woman Power Officer for the Southampton area and formerly Secretary of the Central Council for the Care of Cripples, organised a most interesting tour of the Government Training Centre at Redbridge, and gave an extremely helpful talk on the question of employment for handicapped people; the Chief Commissioner, Lady Somers, was the chief speaker in the session on the problems of the "overthirties," and the visit of the Chief Guide was a real happiness and inspiration to every Guider there. We were also most glad to welcome two of H.M. Inspectors from the Board of Control, whose sympathetic understanding of the special problems of Guiding in institutions will undoubtedly be a valuable help to Guiders of Companies for the mentally defective.

panies for the mentally defective.

Thirty-four Guiders, twenty-eight from England, one from Scotland and five from Wales, were at the Training—only a very small proportion of the total number of Extension Guiders in the British Isles, but by no means unsatisfactory considering present conditions. They undoubtedly went away stimulated by fresh contacts and ideas and with a clearer understanding of the possibilities of Guiding. It is hoped that other Guiders will do their best to get into touch with them so that they can at least at second-hand share some of their experiences and some of the inspiration of the Training Week.

LONDON GUIDERS WEEK-END OF MUSIC AND DANCE

A week-end of music and dance was held at Headquarters on July 3rd and 4th. This week-end, the first of its kind to be held in

London since the war, was planned by Miss Andraeæ (Music Adviser) and Miss Peake (Drama Adviser) and was attended by a representative group of fifty Guiders.

Miss Andreæ opened the programme with camp-fire singing when she taught songs and rounds from many nations as well as putting a polish on some of the old favourites which, just because of their familiarity perhaps, have become rather dulled!

Sessions of Country Dancing and Folk Singing were taken each day by Miss Elsie Avril of the E.F.D.S. To dance to Miss Avril's fiddling is always exciting and it was interesting to discover with her the variety to be found among English country dances. "The Hole in the Wall," slow and stately with its lovely haunting air, "The Morpeth Rant" from Northumbria, with its quick, gay little polka step, and the more intricate figures of the Playford dances.

Miss Peake taking the sessions on singing games, pointed out how

Miss Peake taking the sessions on singing games, pointed out how valuable these may be, when properly taught, as a means of instilling in the children the first elements of movement, control and rhythm.

Miss Nora Huxley gave great pleasure with her two lectures. The first, "The Dance in Music," was delightfully illustrated by Mr. Peter Mountain, violinist. The second, "Music in Worship," was combined with a Guiders' Own on Sunday evening and was illustrated by Miss Olive Cloke, pianist, who played transcriptions of several chorales and some of the variations by Haydn on the theme to which is sung "Praise the Lord Ye Heaven's Adore Him." Other illustrations were provided by the Guiders themselves who sang some fine hymns, already practised with Miss Andreæ.

This made a fitting end to the programme and sent the Guiders

This made a fitting end to the programme and sent the Guiders away much refreshed in mind and encouraged to help their Guides to find the same pleasure in good performance as they themselves had experienced during the week-end.

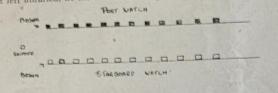
SEA RANGER CEREMONIAL

HERE are probably quite a number of new Sea Ranger Skippers who are not sure of the procedure for taking Divisions at their Musters, and, in consequence, are still using the ordinary Roll Call Drill.

As this procedure has not been published (though it will appear in the new edition of Sea Sense), methods vary a good deal in different Crews, but the following is one that is frequently used.

The quarterdeck is situated aft in a ship, and should be imagined so in the clubroom.

The Skipper stands on the quarterdeck, facing forward, her back to the Ensign, which has previously been attached to the halyards, but left unfurled, at the base of the flagstaff.



(1)

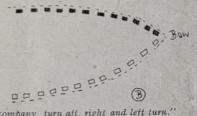
Sea Ranger Lieutenants stand slightly behind and to either side of the Skipper.

"Ship's company, fall in."

Crew come smartly to attention and march into position, Port Watch on Skipper's left hand, Starboard Watch on her right, facing inboard; Coxuns at the end of the rank nearest quarterdeck; Bosuns standing one pace in front and in the centre of their Watches.

The Colour Party (which may consist of either one or two Sea Rangers) and the Quartermaster take up their positions by the flag-staff and the ship's bell at this point, or they may be fallen out, as follows:—

"Ship's company, shun."
"Colour Party, fall out."
Colour Party and Quartermaster take two steps forward, face aft and march to places



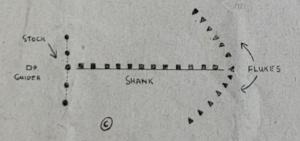
"Ship's company, turn aft, right and left turn."
Both Watches turn to face quarterdeck, in line.
Skipper and other Guiders turn to face flag.
"Quartermaster, strike . . . bells."
If at the hour or half-hour, ship's time is struck on the bell.
Immediately this is done, the Colour Party starts to hoist the flag, the National Anthem is sung, all excepting the Colour Party standing at the full salute. The flag should be hoisted slowly, and so timed that the flag reaches the top of the flagstaff as the last notes of the National Anthem are sung.
Quartermaster and Colour Party return to Watches without orders; Guiders turn to face the Crew.

"Ship's company, turn 'midships, right and left turn."
Crew then turn, facing inboard.
"Stand at ease."
If the Crew is to be inspected, this now takes place. The inspect-

If the Crew is to be inspected, this now takes place. The inspecting officer goes up to Bosun, who comes to attention, gives the order "Port (or Starboard) Watch, shun," salutes, and says, "Watch proved and ready for inspection."

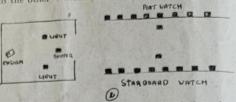
The Bosun may be inspected briefly, but no criticisms should be made to her in front of her Watch.

During the inspection the Bosun leads, the officer following, starting with the Coxun and going down the rank. At the end the Bosun



may give the order, "Watch, about turn," or she may lead the way up the back of the rank.

When the inspection is finished, both salute, and the officer proceeds to the other Watch or back to the quarterdeck.



It is perhaps preferable that weekly subscriptions should not be collected during Divisions, but if wished, they may be taken after the inspection; in this case, the order, "Bosuns, carry on," will be given. The Bosuns order the Watch to "Stand easy," collect subscriptions, report to Skipper and return to places in front of Watches, "Ship's company, turn forward in line, dismiss."

Both Watches turn, facing forward (i.e., with backs to quarter, deck), salute and break away.

Bows Formation

Some Crews still use the horseshoe formation for enrolments, but a nautical touch may be given to the proceedings if the Crew is drawn up to form the bows of a ship, and a feeling of friendship and unity will be given to the new recruit who finds herself a part of the whole structure of the ship and Crew.

The Crew is fallen in by Watches, Bosuns at the head of the file friening aft.

The Crew is fallen in by watch.

The design aft.

Into bows formation, quick march.

The Bosuns, followed by their Watches, will countermarch down
the clubroom, each turning sharply outward and marching forward,
the clubroom, each turning sharply outward and marching forward,
the clubroom, each turning sharply outward and marching forward,
near the end of the room, they march inwards to form the shape of
the bows of a ship, marking time as they meet, till the whole Crew
is correctly spaced. The order, "Ship's company, kalt; inwards
is correctly spaced. The order, "Ship's company, kalt; inwards
turn," is then given, and the enrolment takes place, with the Bosun
bringing up her recruit in the usual way.

ANCHOR FORMATION

Anchor Formation may be used at the close of a Muster or on the occasion of a formal visit from the Commissioner, etc.

At the command, "Anchor formation, fall in," the Bosuns line up facing the Guider, leaving a small space between each—they form the stock. At the same time, the Port Watch takes up a position in fall to form the shank, while the Starboard Watch divide themselves in half and fall in to form the two flukes.

If this movement is practised beforehand, and carried out smartly and without hesitation, with everyone in correct alignment, it is most effective.

most effective.

BOAT ORDERS

The following orders are for single or double-banked boats, with crews of two, four or more.

The Cox is in complete charge, and will detail crew and passengers. "Crew, fall in." Crew falls in, in rank, on bank or landing stage, and are detailed to places in the boat. "Crew, shun."

"Crew, shun." "Man the boat." Crew goes aboard, followed by Cox, who then

hands in passengers, if any.

(Note.—The above orders are only used when suitable; on public landing stages it is often more desirable to man the boat quietly without orders.)

Cast off moorings." The order is given to Sideboy, or Bow on

inboard side

Hold on, Bow." Bow holds on with boathook.

Fenders in, crutches out."
"Shove off, forward." Bow pushes off strongly with butt end of boathook. Oars out." Oars are placed in crutches and held horizontal,

"Oars out." Oars are placed in crutches and held horizontal, blades parallel with water.
"Stand by" or "Ready." The looms of oars are pushed forward, blades held vertical above water.
"Give way together." All commence rowing.
"Give way, Port (or Starboard)." Port or Starboard oars only commence to row.
"Oars." Order given while blades are in water, one more stroke is taken, then oars are held in horizontal position.
"Hold water." Blades are put vertically in water, oar kept firmly at right-angles to hoat by leaning on loom.

"Hold water." Blades are put vertically in water, oar kept firmly at right-angles to boat by leaning on loom.

"Hold water, Port (or Starboard)." "Pull, Port (or Starboard)."

Orders used to stop the way of boat, or turn sharply.

"Back together (or Port or Starboard)." Blade is lifted from water and moved aft, by pulling loom to body. Blade is placed in water and pushed away from body.

"Bows." Bow boats her oar upshire crutch and taken posts.

Bow boats her oar, unships crutch and takes up boat

hook, facing forward.
"Way enough." One more stroke is taken; followed by "Boat

August, 1997

your oars." Oars are brought into boat and laid down quietly, blades forward.

blades forward.

fenders out, crutches in." If the boat is not fitted with fenders, this order is omitted, and crew trained to unship crutches on boating oars.

No one moves until the boat is moored. Cox leaves the boat first, of orew ashore." Crew line up as before.

"Crew ashore." Crew turn to right and break away.

Crew dismiss. Clew turn to right and break away.

Notes
When the crew is pulling, any order should be given when the oars
are in water: one more stroke is taken before obeying the order.

The following orders may also be given:

"Pall easy." "Boats crew." "One stroke (or more) Port (or
It is not generally desirable that Sea Rangers should toss oars, the
movement being too great a strain for girls.

On special occasions only may it be done with older girls in doublebanked boats. Tossing oars should not be done in sea boats or if
the masts are up. The orders are:

"Oars ready." "Oars up." "Shove off forward." "Oars

Coming alongside:— Coming alongside:— Bows." "Way enough," followed by "Toss and boat your S. G. CLARKE.

B.-P. MEMORIAL FUND



The shape of things to come

	FUR'	THER	GIFTS	S SIN	ICE J	UNI	d.	16th	s.	d.
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GRAND TOTAL OF FUND to date (July 15) £89,386 10										4

OCCUPATIONS FOR THE PACK

IKE so many other Brown Owls, I now find myself running the Pack singlehanded, which means certain modifications in the programme. Instead of Tawny taking one group, Pack Leader another and the third group being with me, I find myself taking one section, watching another and having to provide occupation for the third.

third.

The Golden Hand Brownies love to be left with Stick Signalling.

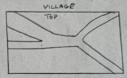
For this we have a tin containing a large number of coloured sticks about 3 in. long (spent matches would do), and counters, on which faces are marked. Also in the box are strips of coloured cardboard, on which are written words made from letters in the first circle and including the letters R.U.N., e.g.:

Each Brownie takes a blue card, and with the sticks and counters makes her words. When this is done I check it. Those who succeed take a green card, containing letters in the second circle, e.g.:

Those whose first effort is inaccurate put it right while I am there, and try another blue card.

Another popular game for a small group is Compass Pictures. For this we have cards about 8 in. × 10 in. One is marked "field" on the back, another "zoo," another "village," etc.

- BC



To go with each card is an envelope containing a card with directions, and small pictures on cardboard. E.g., in the "village" envelope the card says:

1. In the S.E. corner stands a church.
2. The windmill is in the N.
3. The car has just passed the cross-roads and is travelling S.E.
4. The van is in the N.W. corner.
5. The bus has just appeared on the road from the W.
6. The duck is on a pond between the roads that run N.E. and S.E.
The chiest is to place the pictures in the correct position. When

The object is to place the pictures in the correct position. When this done I am called to check. Then the card is turned over and, in red ink, are further simple instructions.

Draw this in crayons on a piece of paper.

1. A path runs from E. to W.

2. In the N.E. corner stands the school.

3. In the S.W. corner is a pond with a duck swimming on it.

This takes slightly longer to do, but is very popular, and occupies the quicker Brownies while the others finish the first side of the card. For the Golden Bar Brownies we have Happy Families. One night we made sets of coloured cards Each set consists of four cards:— One night

ST PATRICK







This is duplicated for England and Scotland. There must be at least one set for each child playing. The cards are shuffled and dealt. Each player looks at her cards and decides which to collect. About six cards each is ample. Mary then says, "Joan, have you the emblems of England, please?" If Joan has, she hands it to Mary, who must say, "Thank you." If "Please" and "Thank you" are forgotten the turn is lost. Mary then has another turn. If, however, Joan has not the card for which Mary asked, she takes the turn. When a player collects a set, she quietly lays down her cards. All the others do the same. The last one down is the loser. As a check, the winner then shows her set, to be sure it is correct. If it is wrong the game continues, but, of course, everyone has seen her hand, so she soon loses her cards.

The Brownie can only ask for a card if she possesses one of that set.

I think the game is well known to the children, who seem to under-

I think the game is well known to the children, who seem to understand the rules.

We have variations of this game. I find it better to have two small sets playing than to have one big set.

After a talk on the Health Rules, a group can be happily and, I think, profitably employed, setting up the model of the Town of Happy Healthville. The whole Pack spent two meetings cutting, painting, drawing and discussing before we completed the model. We now have, mounted on cardboard with struts at the back for standing purposes, various pictures. We have boys and girls both walking and running with good carriage; a girl on her way to the

THE GUIDER

bathroom carrying towel and toothbrush; three little ducks carrying towels running quickly to Mother Duck, who is by a bath; and some children who are gardening. All these fit into a scene of clean houses with windows wide open and curtains drawn back, a bird bath in with windows wide open and curtains drawn back, a bird bath in of dirty children, slouching boys, a boy yawning, and houses with all of dirty children, slouching boys, a boy yawning, and houses with all ones which would not fit into a healthy town. Having set up the ones which would not fit into a healthy town. Having set up the model, each Brownie in the group then choses a slogan from amongst those in the same box. She puts it in position, while the others are those in the same box. She puts it in position, while the others are in the same box. She puts it in position, while the others are rejected. E.g.: Healthy Helen says—"I go to bed early." I skip, jump and run." I clean my teeth every day, "I like salads, jump and run." I clean my teeth every day, "I like salads, "I breathe through my mouth," etc.

To give further occupation, if time permits, each Brownie chooses a slogan and illustrates it. The Pack then helps to check the models a slogan and illustrates it. The Pack then helps to check the models and slogans, and all discuss the drawings. Once the Pack is asset this giving Brown Owl an opportunity to teach or test a few Brownies at a time.

M. Weatherill.

CLOTHES-CO-OPERATION-CHARACTER!

WO Secretaries bumped into each other in a corridor at Head-quarters. One was staring at a post card, with a harassed expression, and had not heard anyone coming. You're looking very glum! What's the trouble? " the other

challenged her.

"Take a look at that and you'll see why."
The other Secretary took the post card, read it, frowned at it, and

"Will you send me two copies of The Guider for July. I amonly here a month and the newsagents cannot get it. My address, was 7. Westview Road, Irminster. Now Grange Hotel, Bourne-

She laughed. Then she said: "Who's 'me'?"

Maybe we'll know one day when she writes to complain that she hasn't received her Guiders. Because, of course, they can't be sent to her. We simply haven't the time or staff, these days to spend several hours searching through thousands of address plates in the hope of finding one that will give us the name of an anonymous Guider."

That is a true story. Out of kindness to the Nameless One, the addresses have been invented, because it would be rather too cruel to give anyone the chance of recognising her. But perhaps, if she reads this she will understand why her Guiders have not reached her. If she will send a little more information, they shall be sent off at one.

However, that, unfortunately, is not all. If post cards like that vere a rare occurrence, that story would probably never have got

"That's nothing," the Equipment Secretary said. "Come and have tea and I'll tell you my troubles."

It emerged in the course of conversation that, while the great majority of Guiders are helpful, patient and considerate beyond words, there are a few—well, that is what this article is about!

It emerged in the Country of Guiders are helpful, patient and considerate beyond words, there are a few—well, that is what this article is about!

Judging by some of the letters which have reached us lately, there are Guiders who have not much idea of the number and variety of problems which the war has caused at Headquarters. It is very annoying for a Captain, and bitterly disappointing for her Guides, when uniforms which have been ordered weeks ahead for some special event, fail to arrive in time for the occasion. But before writing to Headquarters to complain, could those Captains pause for a moment and consider the size of the Guide Movement in Britain? They will realise, then, that theirs is not the only Company waiting for uniforms and that now more than ever before orders have to be supplied on a first come, first served, basis. Time for reflection will help them to remember many reasons why their orders have been delayed. They may realise, for instance, that fifty per cent. of the manufacturers who supplied Headquarters in pre-war days have had their firms taken over by the Government for essential work. In some cases these firms have been partly taken over, and during a lull in Government work they are able to do a certain amount of their peace-time manufacturing. Because they are old friends of the Movement, and have served us faithfully for many years they give us first consideration during these lulls—but we, at Headquarters, appreciate that they are always, working as it were, on thin ice. We know that at any minute, if a Government order comes in, our work must be laid aside until that order has been completed—and we accept that condition gladly because we know that this is yet another thing which Guiding can do for the country. Guiders will realise, too, that we are dependent to a great extent on shipping. It is of paramount importance to Mary that she should have her uniform in time for her enrolment, and the staff at Headquarters understands her feelings only too well (they are all Guides, too! (they are all Guides, too!) but if the ship which was bringing the

wherewithal for Mary's uniform has gone down in the Atlantic, Mary will have to be enrolled in mufti unless she, or her Captain, or her will have to be enrolled in mufti unless she, or her captain, or her tellow Guides can beg, borrow, or conjure a second-hand uniform for her to wear until it is possible to buy her a new one.

fellow Guides can beg, borrow, or conjure a second-hand unifor. The Guider who has understood a little of what was in the min for her to wear until it is possible to buy her a new one.

The Guider who has understood a little of what was in the of the Chief Scout when he devised his scheme of training will realise to the Chief Scout when he devised his scheme of training will realise to the connection, what a valuable opportunity has been given in this connection, what a valuable opportunity has been given to show Mary, at the very start of her Guide career, just who is Guiding means. It may be important for Mary to have her uniform but it is so very much more important for her to realise from a beginning that she is only one of a huge family, many of whom a beginning that she is only one of a huge family, many of whom a laso wanting uniform. All the members of the family must be pared to wait their turn for it while their country is engaged also wanting uniform. All the members of the end of all the pared to wait their turn for it while their country is engaged also wanting uniform. All the members of the family, stand. Irate letty defeating an enemy whose victory would mean the end of all the pared to wait their turn for it while their country is engaged also wanting uniform. All the members of the family, stand. Irate letty defeating an enemy whose victory would mean the end of all the pared to wait their turn for it while their country is engaged also wanting uniform. The members of the family must be pared to wait their turn for it while their country is engaged also wanting uniform. The members of the family must be pared to wait their turn for it while their country is engaged also wanting uniform. The members of the family must be provided to the members of the family must be provided to the pared to wait their turn for her to wait their turn for her turn for her

of our status.

One of the things which is often said of Guiders is that they are 'so contriving.' We have a reputation for making something out of nothing, and there can be few Guiders who have never had reason to use that quality and be thankful for it. It is needed to-day more to use that quality and be thankful for it. It is needed to-day more than ever before. Trainers, who spend much of their time travelling than ever before. Trainers, who spend much of their time travelling than ever before. It is still perfectly possible in the matter of uniform and equipment. It is still perfectly possible in the matter of uniform and equipment. It is still perfectly possible to turn out a smart and well-equipped Company if both Guider to turn out a smart and well-equipped Company if both Guider to turn out a smart and well-equipped Company if both Guider to turn out a smart and adjust. The Chief Scout used to say and mend, invent, polish, and adjust. The Chief Scout used to say and mend, invent, polish, and adjust. There is no reason that I that a Scout kicked the im off impossible. There is no reason that I that a Scout kicked the im off impossible. There is no reason that I that as each of the company is the company in th

There is one more thing which you can do, not only for Head-quarters, but for your fellow Guides and for yourselves. I am reluctant to admit in open print that some Guiders are frankly greedy, but unfortunately the time has come when it is necessary greedy, but unfortunately the time has come when it is necessary for a Guiders have been known to come to the shop and ask for a Guide hat. They need one hat, but, when told that there are only six in stock and that there will be no more for the duration, they pause for a moment, consider, and then: "I'd better take the lot," say they.

They are not pleased when the Assistant explains that there are other Companies whose need is just as great. They cannot see that while they are striving to outfit recruits who are at present non-existent, there are other Guides, Tenderfoots and even Second Class, who have been waiting months for hats or belts, or whatever the article in question may be.

Perhaps, when you fail to get something you want at the Guide shop, you go next door to the Scouts and get it quite easily, or, if not there, at some other non-Guide or Scout shop. You think then, that Guide H.Q. is inefficient or defeatist because it could not supply your need. But had you come back in a week's time it is more than likely that you would have found the position entirely reversed. Supplies are sent out at different times. Had you left a waiting order at the Guide Shop, your goods would have been sent to you directly they were received here.

Finally, it is as well for us all to remember that Guiding is a training in character. It is not uniform alone which makes the Guide. There are Guides in the Occupied Countries whose uniforms, put away for months because their owners may not wear them, have long since been torn up to make bandages. Those Guides are not the less Guides because they have no uniforms. Their understanding and carrying out of the Law is such that we are proud to think we belong to the same sisterhood as they. We have our chance now to prove that this is so.

CALLED TO HIGHER SERVICE

On June 19th, at Ottawa, Canada, after a long illness most bravely and patiently borne, Mrs. H. S. Clark, formerly Commissioner for British Guides in Brazil.

articles and Reports, Photographs and Drawings for insertion in "The Quider," Letters to the Editor and Books for Review, should be sent, if possible, by the 10th of the previous month to the Editor, Girl Guide imperial Headquarters, 17-19, Buckingham Palace Road, London, S.W.L.

MSS., photographs and drawings cannot be returned unless a stamped addressed envelope is enclosed. No responsibility can be accepted by the

Editor in regard to contributions submitted, but every effort is made to ensure their safe return should the necessary postage be enclosed. Subscriptions to be into the Becretary, Girl Guide Imperial Head-The Charles, 17-10, Buckimsum Falace Road, London, S.W.1.

"The Guider" is seen the post from Imperial Headquarters to any part of the United Kingdom of the rate of 5d, per month (which include postage). Post free for a year 5s. Foreign and Colonial, 5s, post free.

HEADQUARTERS NOTICES

MEETING OF THE COMMITTEE OF THE COUNCIL

JUNE 14th, 1943

The Hon. Mrs. Sydney Marsham, C.B.E. (in the Chair).

The Lady Baden-Powell, G.B.E. Miss Anster Gibbs.
Miss Bardsley, Mrs. Black Clarendon.
The Countess of Clarendon.
The Countess of Clarendon.
The Proc. Lady Cochrane.
Sir Percy Everett.
Sir Percy Everett.
Sir Pen. Mrs. Gooffrey Gibbs.
Mrs. Helen S. Mair, M.A.

VICE-CHAIRMAN

Miss Gibbs was reappointed Vice-Chairman.

APPOINTMENT, RE-APPOINTMENTS AND RESIGNATION

Appointment—Miss Inez Munro as Island Commissioner for Granada, B.W.I., in place of Mrs. Collier, resigned.

Reappointments—Commissioner for Overseas: The Countess of Clarendon. Commissioner for Engineer of Equipment: Miss Anstice Gibbs.

Resignation—Miss Jean Allan, Scottish Assistant Commissioner for Rangers (Sea

The question of the over 21s was fully discussed by the Executive Committee with all the Branch Commissioners and it was agreed to form a Trefoil Guild. Details will appear in the September GUIDER and in the meantime Commissioners and Guiders are asked to refrain from writing to headquarters on this subject.

CORRECTION-Headquarters Instructor

Guide Miss E. Speakman, Perthshire (Compass and Mapping; Hiking and Fire-

Routine business was transacted.

The date of the next meeting, Wednesday, August 11th, at 11 a.m., was confirmed.

AWARDS

GOOD SERVICE
Critificate of Merit
Miss Turner, District Commissioner for Central Croydon, Surrey, East.
Blue Cord Diploma
Ranger and Sea Ranger; Miss S. Clarke, Devon.
Guide: Mrs. Arkless, Northumberland; Miss M. Mark, Glam.

Eagle Owl Diploma
Mrs. Coyne, South Africa.
Green Cord
Miss Bubbers, London; Miss P. Holmes, Yorks, W.R.N.

WHERE TO TRAIN FOXLEASE

Aug. 10th-17th—Ranger and Guide.
Aug. 20th-27th—Instructors' week.
Aug. 31st-28th—Commissioners.
Sept. 10th-17th—Guide.
Sept. 21st-28th—Commissioners.
Oct. 12th-19th—Woodcraft.
Oct. 12th-19th—Woodcraft.
Oct. 12th-19th—Southampton Youth
Committee.
Nov. 19th-28th—Guide and Ranger
Dec. 23rd-28th—Christmas Party.

Oct. 12th-19th—Woodcraft.

For particulars regarding Free Places, Railway Grants, Fees, etc., please see The Guider for January, 1948.

All applications should be made to the Secretary, Foxlease, Lyndhurst, Hants, and must be accompanied by a deposit of &, which will be returned if withdrawal is made two full weeks before the date of the course. It would be appreciated to Guiders would enclose a stamped addressed envelope with their applications. For Guiders to whom it is more convenient to arrive in the morning, a picnic lunch will be provided (at 6d.) if the Secretary is notified beforehand. Otherwise, tea is the first meal of the Training week.

Buses which pass Foxlease gates leave Southampton at five minutes past each hour, and Brockenhurst at half past each hour. The last buses are 8.5 p.m. from Southampton and 8.30 p.m. from Brockenhurst. Taxis are seldom available.

WADDOW

These trainings will be held in the hut and grounds at Waddow. All other arrangements as in a camp, sleeping in tents, etc. Applications, with 5s, deposit and stamped envelope, should be made to the Secretary, Waddow Hall, Clitheroe, Lancs, who will send full particulars. The deposit will be refunded if withdrawal is made two full weeks before the trainings.

Fee 3s, 6d, per day.

The English Training Department in conjunction with County Training Committees have made the following arrangements for the autumn. Full details will appear in next month's issue. The courses will start in the last week of September or the first week in October and will last for approximately eight weeks. In Courses and Home Counties.

Guide Guiders. (a) Pre-Warrant—Courses north and south of fiver; (b) Warranted—Guide Guiders. (c) Warranted—First Class, other Spicets, S.W.I.

Mrs. T. W. Harley.
The Lady Somers.
Miss K. J. Strong.
Miss Wallace Williamson.
Miss Wallace Williamson.
Miss Ward, J.P.
The Hon. Mrs. Fitzherbert Wright.
By Invitation:
Mrs. Fryer, Mrs. Hall, Miss Hopkins, Mrs.
Macpherson Miss Sandeman (representing
Mrs. Eernays), Miss Shanks, Lady Stubbs,
Miss Tennant.

Brownie Guiders. (a) Pre-Warrant—Courses north and south of river; (b) Warranted Ranger Guiders. East Central, six weeks. Sea Ranger Guiders. South-West 1, three evenings. Commissioners South-West 1, four weeks. Bedfordskire Centres at Bedford, Luton, Dunstable. Bucks and Middlesex Centres at Slough, High Wycombe, Aylesbury, Bletchley, Uxbridge. Birmingham. Birmingham Lancs, S.E. At Manchester for Brownie Guiders.

COUNTY OF LONDON

NORTH-EAST AND EAST AREA

A Training for Guide and Ranger Guiders will be held from September 18th to 19 and for Brownie Guiders from September 15th to 20th at Walthamstow Division Can Site, Debden Green, Essex. Guiders will sleep under canvas. Fee 3s. 6d. Applications with stamped and addressed envelope should be sent to Miss A. L. Mauler, Whitehall Road, Woodford Green, Essex.

WALES

WELSH TRAINING CAMP

Place Llandilo, Carmarthenshire; Date—Tuesday, August 31st-Tuesday, September 7th; Secretary—Miss I Hodgens, Gabalfa, Sketty, Swansea. from whom particulars and application forms may be obtained.

OVERSEAS

OVERSEAS

A course of Empire Lectures, is being arranged by the Overseas Department to take lace weekly at Imperial Headquarters beginning on Wednesday, September 22nd, om 6.30 p.m. 8 p.m. The programme will be as follows:—
Wednesday, September 22nd—History of Guiding in the Empire, by the Chief Guide. Wednesday, October, 6th—Canada. Wednesday, October, 20th—Outline of Empire History.
Wednesday, October 20th—The West Indies.
Wednesday, October 27th—Guiding in the smaller Colonies.
Wednesday, November 3rd—Guiding and Religion.
Wednesday, November 17th—Where Guiding can help: its power for friendship: s universal appeal; its dagatybility.
The names of the speakers will appear in the next issue of The Guider. The

The names of the speakers will appear in the next issue of THE GUIDER. The lectures will be accompanied by films when possible, and there will be a period for questions.

Applications for the Empire lectures—either for the course or for individual lectures, to be made to the Overseas Secretary, Imperial Headquarters, 17-19, Buckingham Palace Road, Victoria, London, S.W.1. Charge: 3s for the whole course, or 6d. per lecture.

Appointments and Resignations

Approved by the Executive Committee, July, 1943.

ASSISTANT COUNTY SECRETARY.—Miss K. M. G. Wyld, The Tile House, Denham.

CUMBERLAND,

CUMBERLAND

Carlisle.

Carlisle.

Carlisle Rural.—Dist. C., Miss M. A. Vickers, Braelees, Kirkandrews-on-Eden,
DEVONSHIRE
PLYMOUTH CENTRAL.—Dist. C., Mrs. N. Round,
Mrs. N. Round,
Mrs. On Mrs. O

JANDHURST.—Dist. C., Miss B. M. Pinchin, Heavitree, Brockenhurst, Southampton Rural.—Dist. C. (Temp.), Miss C. C. Walker, Avonmouth, Providence Hall, Bursledon.
WHITCHURCH.—Dist. C., Miss C. M. Monk, c/o Bank of England, Hurstbourne Park, Whitchurch. COUNTY SECRETARY.—Miss H. OZADBE.
ASSISTANT COUNTY SECRETARY (FINANCE).—The Lady Helena Best.
ASSISTANT COUNTY SECRETARY (Western Area).—Miss P. Kerr.
ASSISTANT COUNTY SECRETARY. (Western Area).—Miss P. Kerr.
EXTENSION SELECTARY.—Miss D. M. Nicholson.
ALDIESHOT COMMON.—Dist. C., The Lady Margaret Alexander.
COUDTO COMMON.—Dist. C., Miss E. Howes.
LYNDHURST.—Dist. C., Miss B. Howes.
LYNDHURST.—Dist. C., Miss J. M. Newnham.
LYNDHURST.—Dist. C., Miss A. J. Boyd.
SOUTHAMPTON KURAL.—Dist. C., Miss R. Hoyd.
SOUTHAMPTON KURAL.—Dist. C., Miss R. Ward.
YATELY.—Dist. C. Miss N. Gussisberg.
HEREFORDSHIRE.
HEREFORDSHIRE.
NORTH.—Div. C., Mrs. Lionel Green, The Whittern, Lyonshall,
Kington. Kington.

RESIDNATIONS
HEREFORDSHIPE. NORTH.—Div. C., Mrs. Crosby.
BRAMTON BRYAN.—Dist. C. (Temp.). Miss L. Worskett.
HERTFORDSHIPE.
NEW BARNEL.—Dist. C., Miss J. COPENS. 87. NORTHANDY
RESIDNATION
RESIDNATION andy Avenue, Barnet, NEW BARNET.—Dist. C., Miss E. Bowlet.

IANCASHIRE. NORTH-WEST
PRESTON No. 2.—Dist. C., Miss E. P. Tomlinson, Thorncliffe, Watling Street Road,
Fulwood, Preston.

PERSTON NO. 2.—Dist. G. Miss Smyth.

LANCASHIRE SOUTH-EAST.

LINCASHIRE SOUTH-EAST.

LANCASHIRE SOUTH-EAST.

LANCASHIRE SOUTH-EAST.

AITEINCHAM AND BROADHEATH.—Dist. C. (Temp.) Miss H. Bailey, Brantfell, Navigation Road, Altrincham.

Sale.—Dist. C., Miss S. Crawford, Beech Lawn, Broad Road, Sale.

RESIGNATIONS

ASSITON WEST AND AUDIENSHAW.—Dist. C., Miss I. G. Marsden.

SALE.—Dist. C., Mrs. Prondergast.

LANCASHIRE SOUTH-WEST.

WIDNES.—Dist. C., Mrs. Kirby, 2. Garnetts Lane, Hale Bank, Widnes RISIGNATION

ST. HRIENS WIST.—Dist. C., Miss H. M. Reid.

LINCOLNSHIRE

RIPUNDALE.—Dist. C., Mrs. Dottington, Dursby, nr Bourne.

RISIGNATION

OLD GUIDE RECORDER.—Mrs. D. M. Stewart, Thames Cottage, Shillingford, Quon.

EAST ST. PANCRAS.—Dist. C. (Temp.), Mrs. Poland, 12, Lissenden Mansions, Lissenden Gardens, N.W.5.

WEST ST. PANCRAS.—Dist. C., Miss E. G. Multay, 306, Holly Lodge Mansions, Highgeto, N.B.

SOUTH SYDINHAM.—Dist. C., Miss I. Buckland. "Rockhills," Westwood Hill, Syden-

gate, N.6.
SOUTH SYDENHAM.—Dist, C., Miss I. Buckland. "Rockhills," Westwood Hill, Sydenham, S.E.20.
The Districts of East and CENTRAL STEPNEY have amalgamated as—
EAST-CENTRAL STEPNEY.—Dist, C., The Hon, Janet Blades, 41, Upper Brook Street,
W.1.

W.L. The Districts of South and West Stepney have amalgamated as— The Districts of South and West Stepney.—Dist. C., Miss E. E Laurence, 10, Earlsthorpe Road, Sydenham, S.E.26.

Sydenham, S.E.26.

CENTRAL SIEPLINY—Dist. C., Miss C. O'Connor,
MILE END.—Dist. C., Miss C. O'Connor,
MILE END.—Dist. C., Miss C. O'Connor,
MILE END is no longer a District.

NORTH SOUTHWARK.—Dist. C., Miss C. Monk.

NORTH SOUTHWARK.—Dist. C., Miss C. Monk.

SOUTH SYDENHAM.—Dist. C., Miss A. M. Bennett, M.B.E.

EDMONTON DISTRICT (N.E. Middlesex Division) has divided as follows:—
LOWER EDMONTON.—Dist. C., Miss G. Rosvell, 21, Fir Tree Walk, Enfield.

UPPER EDMONTON.—Dist. C., Miss I. Kellam-Smith, 54, Ridge Avenue, Winchmore
Hill, N.21.

NORTH TOTTENHAM.—Dist. C., Miss M. M. Cowley J. W. Winchmore

HILL SCH. TOTTENHAM.—Dist. C., Miss M. M. Cowley J. W. Winchmore

NORTH TOTTANHAM.-Dist. C., Miss M. M. Cowley, 1, Warwick Court, N.11,

NORTH TOTTENHAM.—Dist. C., Miss M. M. Cowley, 1, Warwick Court, N.11.
RESIGNATIONS
NORTH TOTTENHAM.—Dist. C., Miss M. L. Clout.
NORTH TOTTENHAM.—Dist. C. (Temp.) Miss C. Barter.
NORTOLK
COUNTY BADGE SECRETARY (Temp.) Miss E. F. Kerridge, The Cottage, Gallants Lane,
East Harling. Norwich.
GUILICROSS AND SHROPHAM.—Dist. C., Mrs. Lubbock, The Warren, New Buckenham.
RESIGNATIONS
COUNTY BADGE SECRETARY (Temp.). Miss R. Back.
GUILICROSS AND SHROPHAM.—Dist. C., Mrs. Bizir.
NOTTINGHAMSHITE
RETFORD.—Dist. C., Mrs. Foskett, Ordsall Rectory, Retford.
SOUTHWELL—Dist. C., Miss E. Peet, Kirklington Road, Southwell.
RESIGNATIONS
RESIGNATIONS

SOUTHWELL—Dist. C., Mrs. Barber.
RESIGNATIONS
REPORD.—Dist. C., Mrs. Barber.
OXFORDSHIRE
OXFORDSHIRE
Gwynne, Fiveways, Black Bourton, Oxford,
SUFFOLK
DEBEN.—Dist. C., Mrs. Ballam Capel Hall, Trimley St. Martin.
RESIGNATION
RESIGNATION
L. H. Dawson.

RESIGNATION

DEBTN.—Dist. C., Mrs. J. H. Dawson.

WALLINGTON.—Asst. Div. C., Miss M. Foster, Dinorben High School, Woodcote Road, Wallington.

Wallington. —Asst. Div. C., Miss M. Foster, Dinorben High School, Woodcote Road, Wallington.

SUSSEX
STOREINGTON.—Dist. C., Miss. N. Resignation
STOREINGTON.—Dist. C., Miss. N. Rhys. David.
WESTMORLAND
UPPER LUNESDALE.—Dist. C., Miss. S. Jones, Bronte House, Casterton, Kirkby Lonsdale.
WILTSHIRE
CRICKLADE.—Dist. C., Mrs. M. Harvey, Lanacks House, Braydon, Purton.
WORCESTERSHIRE
VIGORNIA.—Dist. C., Mrs. Batkurst, 8, St. Catherine's Hill, Worcester.
RESIGNATIONS
RESIGNATIONS
TENEURY.—Dist. C., Mrs. C. Winnington, M.B.E.
YORKSHIRE, NORTH RIDING
RESIGNATION
WENSLEYDALE.—Diet. C., Miss. M. Ritchie.

VORKSHIRE, WEST RIDING NORTH

Assistant County Secretary (West Area), Miss M. M. Farnish, 83, Crow Tree Labe,
Daisy Hill, Bradford. C., Mrs. Connell, 2, Heath Villas, Halliax.

Halifax "A."—Dist. C., Mrs. Connell, 2, Heath Villas, Halliax.

Woodhouse.—Dist. C., Mrs. P. M. Hopper, 10, Estcourt Terrace, Leeds, 6.

Resionation

Assistant County Secretary (West Area), Miss K. Collett.

VORKSHIRE WEST RIDING, SOUTH

RESIONATION

SELBY AND GOOLE.—Div. C., Mrs. Everard Carr.

DEPUTY CHIEF COMMISSIONER,—Mrs. R. Macpherson, Aberhafesp Hall, Montgomeryshire. Montgomeryshire.

GLAMORGAN

MERIHVR TYDFIL.—Dist. C., Miss M. Rogers, B, Penybryn Villass Penydarren, Merthyr Tydfil.

MERTHYR TYDFIL—Dist. C., Miss M. Rogers, B. Fengusyn and Fenguaren, Merthyr Tydfil.

Tydfil.

Tydfil.

Tydfil.

TREMARKIS (this District has been transferred to the Merthyr Valley Division).—Dist. C.

TREMARKIS (this District has been transferred to the Merthyr Valley Division).—Dist. C.

Miss E. Stocker, 6, Brynteg Terrace, Treharris.

MESIONATIONS

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American American Mark Country Commissioners, The Lady Merthyr, Hean Castle, Saundersfoot SCOTLAND

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CLACKMANNANSHIRE
CLACKMANNANSHIRE
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No. 5 (North-West Division).—Dist. C., Miss I. Merrylees, 6, Woodlands Terrac Glasgow, C.3.

Resignations Glasgow, C.3.

Resignations

No. 6 (North-East Division).—Dist. C., Miss M. Dunn.
No. 2 (North-West Division).—Dist. C., Miss M. Dunn.
No. 5 (North-West Division).—Dist. C., Miss M. Johnston.
No. 6 (North-West Division).—Dist. C., Miss I. Patterson
INVERNESS-SHIRE
ASSISTANT COUNTY SECRETARY (BADGES).—Mrs. Russell, The Schoolhouse, Avien
Resignation
Assistant County Secretary (Badges).—Mrs. Clark.
KINCARDINESHIRE
Central.—Div. C., Mrs. Mulligan, 27, King Street, Inverbervie.
Resignation
Central.—Div. C., The Viscountess Arbuthnott.
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MOTHERWELL AND WISHAW DIVISION has divided as follows:

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Glasgow, W.

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WISHAW NO. 1 (previously known as MOTHERWELL AND WISHAW NO. 3).—Dist. C., Miss M. Little, Mossview, Newmains.

RESIGNATION

MOTHERWELL AND WISHAW NO. 4.—Dist. C., Mrs. Leach

ROSS-SHIRE

MID ROSS.—Div. C., Lady Paget, Achnashellach, Ross-shire.

WEST LOTHIAN

LINLITHGOW.—Dist. C., Mrs. Rutherfurd, The Manse, Linlithgow.

ULSTER

ULSTER

OVERSEAS

CITY OF BELFAST
DUNCAIRN.—Dist. C. (Temp.).—Miss M. Watters, 10, Salisbury Gardens, Belfast,

WEST AFRICA

Kuması.-Dist. C., Miss V. Clarke.

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AND POINT FORTIN (new District in South Division).—Dist. C., Mrs. J. C. Murray, La Brea, Brighton, Trinidad.

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