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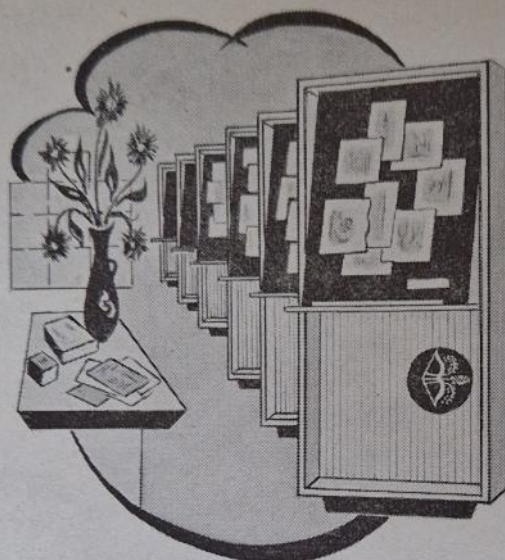
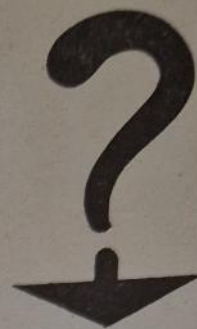
THE GUIDER



Photo: R. Fletcher, Yarmouth, Isle of Wight

Daffodil time at Foxlease which this year celebrates its fortieth birthday as a Guiders' Training Centre with a vast reunion in May. See page 135

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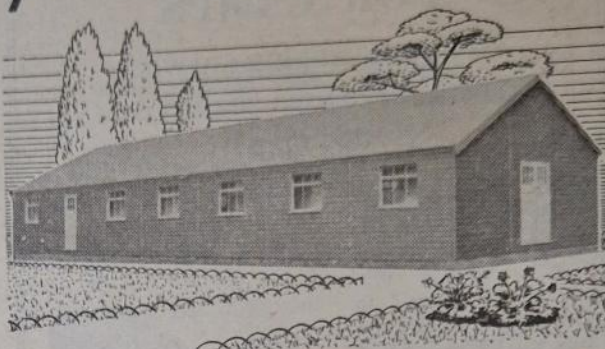
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	Page
Mrs. Robert Bernays, J.P.	133
Summer Visitors	133
'Freedom From Hunger Campaign'	134
Memories of Foxlease	135
Mrs. P. M. Noaks, M.B.E.	137
Uniform in Camp	137
The Guiders' Postbag	140
Training Pages	
How Fit Are You?	141
'Know the Rules of Health'	142
The Golden Hand Test—II	143
Training Your P.L.—III	144
Health Training in the Pack	144
Land Ranger Specialized Tests	146
Whittling is Fun!	148
Book Reviews	149
The Annual General Meeting of the Council	150
Youth and UNESCO	151
Where to Train	153
Headquarters' Notices	155



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Mrs. Robert Bernays, J.P.

IT has been so lucky for me, and lucky for all of us, that for the last six years Mrs. Bernays has been our Deputy Chief Commissioner. She has been ready to deputise for me, to give wise advice, to listen or to talk, to have a good laugh or to do whatever appeared to be most needed at the time!

It has all been a tremendous help but it has all been fitted in with a great many other responsibilities connected with her two sons and their home and with South Gloucestershire where they live. Now Mrs. Bernays must give more time to them and so she has resigned. I am delighted to say that she was

elected at the Annual General Meeting in April to fill one of the vacancies on the Executive Committee so we shall still have her help there.

I shall always be grateful to have had Nancy Bernays to work so closely with me, especially when I first became Chief Commissioner, and I know that there are countless people who will join with me in thanking her for all she has done and for the way in which she has done it.

Anscombe

[Chief Commissioner]

Summer Visitors by John Barlee

WHY do some birds come from far away to the south to nest here in Britain? Why don't they stay here all the year round as so many others do? If they don't like it here in the winter why don't they nest in the south? The answers to these so-often-asked questions are not easy to find, but in general the answer is this—most of these birds are insect-eating birds which would find it hard to exist here in the winter, so they go south; when the summer comes they need the long hours of daylight they can get in the north. The farther they come the longer the daylight hours. Many birds migrate to beyond the Arctic Circle and so get continuous daylight for rearing their young. It has been found that the farther north the birds go the larger the families they can raise successfully.

At this time when the days are getting longer and warmer we expect soon to hear the cuckoo and to see the first swallow. Actually some birds have been nesting for a long time, the raven and the crossbill having started in early February. Some of the early migrants arrived in March, but some will stay away till late in May. Most of the winter visitors have gone north, such birds as wild geese which are winter visitors to us and summer visitors to places like Greenland and Siberia.

About fifty birds on the British list are summer visitors, it's hard to be exact, for how could one describe a bird such as the greenshank which is a summer visitor to its nesting places in Scotland and a winter visitor to the south of England?

The best known of the summer visitors are the cuckoo, which is heard but seldom seen, and the

swallow. Obviously I cannot deal with all the visitors so I will mention the ones you are likely to see.

The wheatear has pride of place, for it is usually the first to arrive, early in March, easily identified by its white rump which shows up so well in flight.

Soon after, two common warblers arrive—the chiffchaff first, followed by the willow warbler. When they have come I feel that spring has really come. These two are almost indistinguishable in appearance as they flit among the branches but their songs are very distinctive. The chiffchaff's name describes its song exactly. It repeats two notes, not very musical ones, again and again—'chiff-chaff, chiff-chaff'; the willow warbler's song is quite different, very distinctive, but hard to describe, so I'll quote from the ever-valuable Field-Guide—'a liquid, musical cadence, beginning quietly, and becoming clearer and more deliberate, descending to a distinctive flourish "sooeet-sooeetoo"—a brilliant description of this warbler's little trill. I find I can't hear it as well as I could twenty years ago, it's a song for young ears, so enjoy it while you can.

The wood warbler, less common, is very like the other two, and also has a distinctive song. All three build domed nests close to or on the ground. Eight other warblers arrive about the same time, the ones most likely to be seen are the whitethroat and the lesser whitethroat, the blackcap and the garden warbler. Wherever there are woods, clumps of trees, or bushes, brambles and scrub, there are warblers to be found, not flashy to look at, but wonderful songsters.

The nightingale is often thought to be a warbler,

but is more closely related to the robin. It nests roughly south of a line from the Wash to Bristol, but not in Cornwall, and only in a few places in Devon. It is popularly supposed to sing only at night, but in fact sings by day and night. It is heard more often than seen, for it prefers to hide in thick undergrowth.

Some of our visitors feed by catching insects in flight, and so they can be watched easily. The sand martin arrives early in March followed by the house martin and the swallow in early April. The swift is the latest, often not appearing till early May. All four of these birds are so common that every one should know them. They are easy to tell apart.

The swift is very distinctive with its long scythe-like wings, and its all-dark plumage. Its very rapid flight is easy to recognize, as it wheels one way and another.

The house martin is easy, for it has a pure white rump which shows up well.

The swallow's tail is much more deeply forked than the others' and it has a dark throat.

The sand martin is brown above with white underparts. These four birds in particular would find it impossible to survive here, in winter, when there are no flying insects for them to catch.

Other small summer visitors you may see are the yellow wagtail, the whinchat, the redstart, and the spotted flycatcher. There are also many larger and very interesting visitors which come in smaller numbers such as the garganey, our only duck summer visitor, many wading birds, like the common sandpiper, five species of terns and so on.

You cannot expect to see them all, so start with the common ones, and when you know them well, then search out the rarer ones.

'Freedom From Hunger Campaign'

ON 27th June H.R.H. The Duke of Edinburgh will officially launch the 'Freedom From Hunger Campaign'. The Campaign, which is world-wide and will continue until 1965, is not just a famine relief campaign; it is a campaign to abolish the causes of famine, and its three main objects are:—

1. To persuade individuals and groups to make a study of the problem of hunger.
2. To inform people of the launching and encourage the support of local committees.
3. To raise money in co-operation with these groups in local appeals or in support of the projects.

(A list of projects approved by the 'Freedom From Hunger' Projects Committee can be obtained from the address given below.)

The United Kingdom National Campaign Committee has been in existence for a year. All four countries of the United Kingdom are in process of forming their own Committees. On 1st March the National Campaign sent out a preliminary letter to all Civic Heads (Lords Lieutenants, Mayors, Chairmen of County Councils) throughout the country urging them to set up local organizing committees. This is to be followed up by a second letter after the launching meeting in June.

The Girl Guides Association is one of many voluntary organizations affiliated to the National Campaign Committee. Fuller information about the Campaign will be published in *THE GUIDER*, *THE RANGER*, and *THE GUIDE* in July, but there are certain things which we can do now before the Campaign is officially launched which will help to ensure that it gets off to a good start.

1. Get in touch now with your local Civic Heads and offer your services, thus encouraging the locality to start straight away in setting up organizing committees.

2. See that people around you are aware of the campaign and encourage them to take part in it.

3. Support any conferences or meetings which may be organized locally to inform the General Public of the purposes of the campaign. The educational aspect of the campaign is of great importance.

Leaflets and further information can be obtained from 'The Freedom From Hunger Campaign', U.K. Committee, 17 Northumberland Avenue, London, W.C.2.

JEAN ERSKINE

ROAD TRAINING YEAR

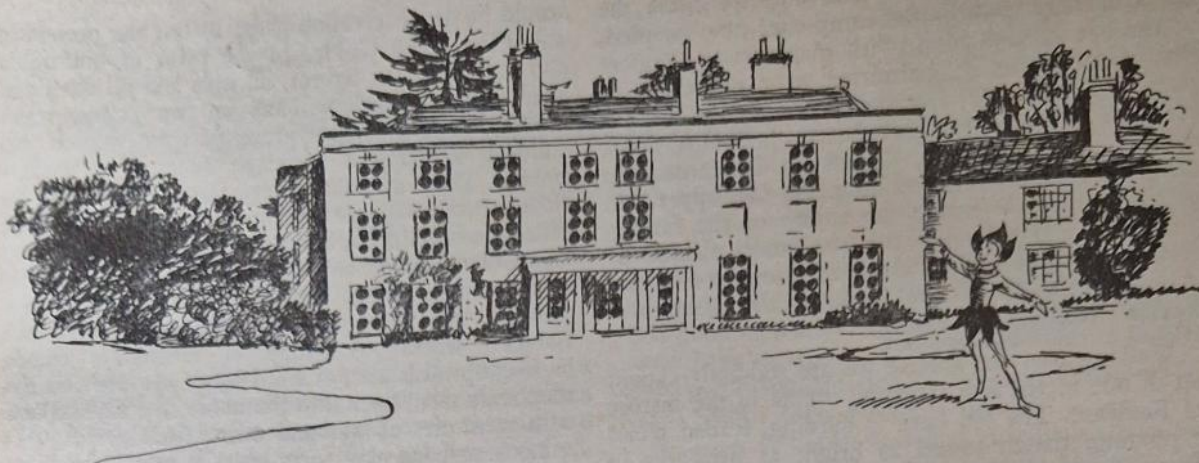
AS A Guider or Commissioner here are four ways in which YOU can back up Road Training Year.

1. You can write to RoSPA, Terminal House, 52 Grosvenor Gardens, London, S.W.1, for a price list for posters, leaflets, quizzes and use them with your Brownies, Guides, Rangers and Cadets.

2. You can contact your local Road Safety Officer or your Local Authority to find out about local training and testing for the National Cycling Proficiency Scheme. The aim of the scheme is to train and test all children who ride bicycles. If you want to set up training facilities you can write to the regional organizer whose name is obtainable from RoSPA.

3. You can encourage members of the Senior Branch to help with road safety for the Under 5's through the Tufty Clubs. At these clubs the Under 5's listen to road safety stories from the Tufty book and are taught simple rules of road safety. Details of how to form a Tufty Club can be obtained from RoSPA.

4. You can invite a Road Safety Officer or a member of RoSPA staff to give a talk to Rangers and Rovers or to older Guides on 'Road Safety'. These talks are given free and can be arranged by writing to RoSPA. Please write a month or two ahead of when the talk is needed.



Memories of Foxlease

by Elizabeth Hartley

WHEN Puck came to Foxlease he opened the eyes of those who were lucky enough to meet him so that they were able to glimpse something of the past history of the beloved old house which, on that summer evening in 1950, had opened all its doors and windows to welcome the delegates assembling for the World Conference at Oxford. With the longsight which was his gift, they moved through the centuries, from the days when William Rufus hunted in the Forest to those of women in uniform hiking there in the twentieth century. The spirit of the Foxlease Ruby Jubilee is more domestic and less mischievous. With no magic more potent than a cup of tea, he—or she?—accompanies us on a rambling tour of the house, half dreaming, half waking.

How solitary must the house have been after Mrs. Archbold and her children had left it, except for the few occasions when campers took over, indoor and outdoor. Perhaps the door handle we are now turning was the one, polished to brightness by an indoor camper, which drew the attention of Mrs. Archbold's agent on one of his tours of inspection. 'These Guides,' he thought, 'can be trusted to look after things properly.' The magical result we all know. Through the generosity of Mrs. Archbold and of our Royal President, then Princess Mary, Foxlease became ours. The year was 1922.

Trainings started almost at once and in 1924 the first Guide and Girl Scout World Camp was held in the grounds. Everything in those days took place in a permanent shower of gifts as Countries and Counties adopted rooms and sent carpets and curtains, beds and linen and money. Living conditions became less spartan. Testing an interior sprung

mattress today we realize that we expect a standard of comfort at Foxlease which would have astonished the Guiders who came there in the days of camp-beds and picnic conditions. Equally astonishing would they have found the brevity of our week-end trainings. There were no late arrivals on 'coming-in' day for them and no scrambling to be home again on Sunday evenings. Their trainings lasted for a week or ten days and their arrival and departure were much more leisurely than ours.

Passing through the hall, we look at the Visitors' books: *July, 1949*. That was an exciting day. For a moment we see again H.R.H. Princess Elizabeth, Duchess of Edinburgh, in cool green silk, stepping from her car and we remember the panic earlier when, the house shining like a new-minted coin in the sunshine, two coal-black dogs advanced on it from a mud wallow in the field opposite and had to be hosed in a hurry.

In 1954 there is another royal signature, that of our President attending the Conference of Commonwealth Chief Commissioners at which the Coronation trees were given and planted. One more in 1957, flashes us back to an Extension Training, visited by H.R.H. Princess Margaret, and we recall Her Royal Highness's intense interest in all that was being done and the snap of humour with which the Princess, pulling two white handkerchiefs from her pocket, said, 'Now that's being prepared indeed.' There have been many occasions in addition to this, including a World one, when handicapped Guiders have lived and worked at Foxlease with that enthusiasm and determination which contributes so much to Guiding.

Strolling across the hall and out, we circle the house, looking towards the camp-sites now peopled, in the eye of the mind, with many more campers than would ever be permitted to camp there in reality. There are Company campers, Overseas campers (especially wet and cheerful in Jubilee year), Patrol Permit campers, Cadets in Conference in camp and Guiders in training. At the upper end of the border we notice the stump of the famous 'sentinel' and behind it the newcomer, planted by our World Chief Guide, whose affection for Foxlease is only bested, we like to think, by the affection of Foxlease for her.

Walking past the annexe we are suddenly caught up in one of the few unhappy events in the history of Foxlease. The old barn is burning, leaded panes exploding, thatch tossed as bright as fireworks in flame in the air, but so quickly memory moves us on that night becomes almost instantly bright day. It is the day on which, with donations from those unable to be present added to the generosity of those who were, the Barn Fair raised £2,000 and the new barn was built, to serve us as well as the old one had done.

As we turn back and come again within sight of the lawns on the south side of the house, so many scenes crowd them that, identifying them,

would be an observation game to test the powers of any First Class Guide. In the press of uniformed and un-uniformed figures, all ages and all sizes and shapes and all colours, one or two groups stand out. There is a sombre group of men, women and children speaking a language none of us understands. They are the Hungarian refugees whom Foxlease was eager to welcome. There is a charming collection of toddlers, in sunsuits, pushing and pulling a family of animals on wheels. Would those children, now in their teens, recognise themselves as the pioneers, with their brave mothers, of 'Mothers' and Babies' weeks? A group of schoolboys stands looking upwards and, as a tall figure wearing a tin hat shepherds them back into the house, the sky darkens with memories of war and evacuation.

Looking back over forty years it seems, however, that skies are never dark for long at Foxlease, that there is always laughter and singing and work to be done in which we all believe and in which we find much happiness and good reason for thanksgiving. As the house prepares for the 40th birthday party which is to bring so many friends together, Johnny, lying in the sun, pricks his ears and looks intently towards the shrubberies. Rufus, Robin, Panda, and Mr. Pooh are inviting him and Flook to join them in the games which they are always playing in the memories of those who loved them.

THE GUIDE CLUB A.G.M.

The ninth Annual General Meeting of the Guide Club held in March was attended by sixty members. The Chairman, Miss N. Chance, and the Hon. Treasurer, Dame Joan Marsham, expressed gratitude for the generosity of members in responding to the appeal for the lift which is now installed free of debt.

Many members have commented on the greatly improved appearance of the entrance hall with its black and white tiles, removal of the fixed screen and greater space. These alterations were made when the lift was installed.

The Chairman said that Overseas Members continued to make much use of the Club, and that thirty countries were now represented in the list of Overseas Members. She urged Home Members to make as much use as possible of the facilities of the Club, both for accommodation and meals.

The Hon. Treasurer, in presenting the Statement of Accounts, said that the Club's financial position was sound despite the fact that owing to the necessity of painting the rear of the premises and repairing the roof, the 1961 expenditure was in excess of the income. Thanks to the loyal support of members the bi-annual sale of work had been its usual success.

The guest speaker was Miss Marjorie Stewart, Women's Interest Officer with the South Pacific Commission, who gave a most interesting and informative talk about life in those isolated and widely scattered islands of the Pacific.



Major and Mrs. F. R. Dore leaving St. James's, Piccadilly, after their wedding on 21st March. The bride, formerly Miss Kathleen Daniels, has been Vice-Chairman of the Executive Committee since 1956

Mrs. P. M. Noaks, M.B.E.

THERE is always something new from Africa.'

This was said by Pliny during the 1st Century A.D., but members of the Guide Movement in Scotland have lately discovered that it is still true in the 20th Century.

Between the end of the term of office of the last Scottish Chief Commissioner, and the time when her ultimate successor could take over, there was a gap of sixteen months. A 'filler-in' was required, and Mrs. Noaks, a Scot who had for a short time been Commonwealth and International Adviser for Scotland, but had spent most of her life in Southern Rhodesia, where she was in turn Chief Commissioner and Training Adviser, agreed to undertake the task.

Mrs. Noaks has done far more than fill a gap. She has visited many counties, where Guiders and Commissioners have found her approachable and wise. A Trainer herself, she has frequently taken Commissioners' trainings, and has shown other Trainers how to do it too. She is an adept delegator; with incisive perception and deep understanding of people, she has helped numerous members of her team to do

their own jobs better.

As if this were not enough, time and again when someone has said, 'Where did that good idea originate?' the answer—

after much thought, for it was never obvious—has been, 'With Mrs. Noaks, I believe.'

A dislike of paper-work and of tedious committees is overcome by Mrs. Noaks because she sees them as a means to an end—the end, as she constantly points out, being good Guiding for every individual Brownie, Guide, and Ranger. All her leading, advising, and originating, done with a deceptively light touch and with a good deal of laughter all round, have this same single aim.

The direct, practical approach, high in purpose but free from humbug, is appreciated as much by Scots as it is by Rhodesians. Mrs. Noaks hands over to Dame Elizabeth Hoyer Millar on 2nd May. During her time as Chief Commissioner she has brought 'something new from Africa', and all Guide people in Scotland are grateful to her.



Uniform in Camp

A GUIDER asked me lately why Guides should wear uniform in camp and I honestly could think of no reason why they shouldn't. My questioner had a Company in mind whose Guides apparently could not afford to buy camp uniform and yet they had travelled about 200 miles from home to camp.

Why do we wear uniform at camp? There are so many reasons; the first of which is that we are a uniformed body and are proud to show it. 'Uniform is worn for the first time at the enrolment' so until she really is a full member of the Movement no one is allowed to wear it, which signifies that after enrolment at any Guide occasion its members do wear it. Of course there are exceptions—members of the Senior Branch and some older Guides sometimes do things like caving, flying, sailing, climbing, and such things which require special clothes and their uniform is temporarily discarded.

We feel and have proved that our camp uniform is practical wear for camping conditions, simple, easily washed, and with everyone the same. Bare legs, wellingtons or even plimsolls, in wet weather

dry easily, whereas jeans collect all the moisture from wet grass, cling to the body and take quite a time to dry. Surely it's best for members of a group to be clad in similar fashion. What kind of uniformity would there be if everyone appeared in different coloured, textured and fashioned dresses? Perhaps the day is gone when uniform was regarded as a 'leveller' but the smartness we try to teach isn't tied up with fashion and anyway who is competent to judge the most 'fashionable' Patrol as opposed to the 'smartest' one!

Some sites are adjacent to public rights of way—some even have such paths running through them. Lately the warden of a permanent site approached a little party of summer-dressed girls sitting in a field on the site and asked them to 'move on' as they were trespassing by being off the path. Indignant voices said 'we are the camp'. How was the warden to know? He had had similar experiences before and told the Committee he couldn't continue to be responsible for the site and its buildings unless there was a guarantee that campers wore uniform

all the time. I should add that there had been frequent damage done to the huts and equipment and how could the poor man know who was wandering about if Guides sometimes were in uniform and sometimes in summer dresses?

Last summer, a non-Guide friend accompanied a Commissioner when she visited a Company in camp and found, apparently to her surprise, that two girls were in ordinary summer dresses. Her subsequent comments afterwards included: 'Are they ashamed of their uniform—if so, they shouldn't accept the privilege of being Guides,' and 'don't they realize how becoming their blue camp uniform is and how scruffy those girls look—not individually, but they don't look like Guides!'

THE 1961 ANNUAL REPORT

AS MEMBERS of the Movement we read our own *Report** with great interest. We are all delighted to see from the Chief Commissioner's Report that the number of Commissioners, Guiders, and Secretaries has gone up again. But how many more are needed if we are to cater for the girls who are still on waiting lists of Companies and Packs. If we introduce our *Annual Report* to other people might not some of them realize their service is needed too?

Seniors in girls' schools, students, business and professional women, members of women's clubs—you can think of more—might well find the Report interesting.

Let us see what we can do to make our work known to a wider public.

*Obtainable at 2s. 9d. from C.H.Q. and all branch shops.

From a purely selfish point of view our uniform is respected by the public (long may it remain so) and officials of police, transport, shops, and so on are almost always ready to help those wearing it.

The period of being together in camp is often the time when the Promise and Law can become very real to Guides. This is helped by the corporate feeling of being a community. Prayers and Colours go together in one's mind though nowadays prayers aren't always read by the flag-pole. Even if the colour ceremony is very brief it is usually the only occasion in the day when everyone comes together formally. Can it be the smart, impressive occasion one wants unless uniform is worn?

E.M.B.

A FRIEND OF THE SHIP

AN ASSOCIATION, 'Friends of the Ship', is being formed. All those, past and present, who have happy memories of their stay aboard M.T.B. 630 and our new ship *The Golden Hinde*, and who would still like to have contact with the ship, will be welcome as members. The subscription of 2s. 6d. or more a year will make you a member. A report of the ship's activities will be sent to members at the end of the season and it is hoped to run a special reunion on board *The Golden Hinde* next year.

The object of the Association is to help to buy for the ship extras which are not covered by grants, and to keep old friends in touch with each other. Miss Violet Lees, Secretary for so many years, has kindly consented to undertake this new job as Treasurer. Further information from Miss Violet Lees, Easdon Cottage, Manaton, Newton Abbot, Devon.



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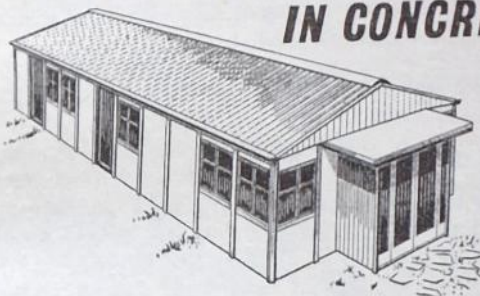
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The Guiders' Postbag

Emergency Resuscitation

I read with interest the notice about 'Mouth to Mouth Resuscitation' in your April issue and am very glad that the Guide Movement is now acknowledging its importance. It so happens that I attended the first demonstration of the method given by the Royal Society for the Prevention of Accidents and used the 'dummy' myself. I learnt that it isn't at all necessary to have a practice 'dummy' so long as one knows the few vital points as given by Joan Martin. Often two or three minutes really are a matter of life and death and knowledge may give some of us the chance of saving life. May I urge Units to provide themselves with the leaflet mentioned in the article 'Emergency Resuscitation; Provisional Supplement No. 1', published at 6d. by the British Red Cross Society, St. John and St. Andrew's Ambulance Societies.

To cancel out people's possibly natural revulsion against such close contact:—

1: There is no chance of 'the casualty being sick in one's face' as an unconscious person who isn't breathing is most unlikely to be sick. In any case the 'rescuer' would feel the spasm in time to turn away his head.

2. 'He breathes directly into one's mouth'. The rescuer is trying to make the patient breathe at all and if successful can instantly turn away his head between the few remaining 'blows' necessary to ensure regular breathing. I'd suggest that unless one always carried a piece of gauze or tissue, there isn't time to find one of them!

Surely any of us would take the negligible risks if there was a chance of saving any human being's life. 'Mouth to mouth resuscitation' was the method used in Biblical times and somewhere, every day, a doctor or nurse uses it on a newly-born baby.

LONDON COMMISSIONER

Do We Lack Humour?

May a Scouter make one or two comments on THE GUIDER in a friendly and helpful spirit? The whole magazine seems to be bursting its side with helpful and interesting articles but to my mind the result is rather dull, if not forbidding.

In the March issue Vera Prentice writes that the Post meeting 'must have fun in it'. I cannot find a single line of humour in it. There seems to be a general atmosphere of talking down to your Guiders as if they are not the brightest of women.

The Scouter publishes cartoons? Don't amusing things happen in your Movement?

L. E. R. HIGGINS
(R.S.L., 1st Princes Risborough)

[Any comments?

—EDITOR]

Middlesbrough Division's New H.Q.

Middlesbrough is a very big Division and for years we have been saying 'We must have our own H.Q.' Three years ago a group of Guiders, Commissioners, members of the Trefoil Guild and Local Association went to see an old house which was on the market and we found that it might do. After many negotiations we started to get the place ready. The whole house was re-wired, layers and layers of wall paper were scraped off and decoration started. There were so many hitches that at times we feared our dreams would not materialize but the time came when all was finished, a flat made for our caretaker and the opening day arrive. The small band of Guiders, who had worked so hard, must have felt proud when they saw the bright, clean-looking rooms full of interested people. When we ran short of money we just had to earn more, but the result is well worth it.

GWEN PROUDLOCK

Opportunities in Lone Guiding

In the last few years it has come to my notice that very few people in the Guide world of Scotland seem to know of the existence of the Lone Section, especially in the Senior Branch. Even fewer are aware that this includes Sea Rangers. I wonder how many girls would gladly take the opportunity of Rangering but can't because of other commitments or lack of a local Company. If you know of anyone in this position in Scotland send a note to me at The Gables, Buchanan Street, Largs, Ayrshire.

PATRICIA WHITEHEAD
(Lieutenant, 1st Kirkcudbrightshire Lone Rangers)

'Out of the Mouths...'

In Bristol there once lived a little girl of eight who was ill in bed. She had a cough. It was Sunday and she couldn't go to church. She happened to fall asleep while the church bells were ringing and she had a wonderful dream.

In her dream an angel came through the window, took her hand, and led her to church. What was very strange about the service was that she didn't hear what people were saying or singing but she heard what they were *thinking*!

One person thought: 'I wonder what Mum has for dinner'; another: 'When I get that John Tomkins I'll punch him on the nose'. A grown-up was thinking: 'I hope Marion gets engaged to that nice David Robertson'. Hardly anybody except the priest was thinking about God at all!

MONICA TURNER (aged 9)
[12th Bournemouth (St. John's Moordown) Pack,
Hampshire]

The GUIDER



How Fit Are You?

by Olive Newson

PERHAPS the ideal compliment is 'You *do* look well!' It suggests a special kind of beauty—a sparkling eye, a clear skin, a relaxed and easy approach, and a vitality associated only with positive health. How often can your associates pay you such a compliment? A fit man has been described as 'one who is well adjusted to his environment, whose mind and body are in harmony and who can meet the normal demands made on him, both mentally and physically, without undue fatigue'. The same definition can be applied to the 'Fit Guider'. Good looks are akin to good health and good health is allied to good habits. Perhaps this sounds almost prim but let's examine the statement. The basic requirements of healthy living can be placed under specific headings—physical fitness; emotional (mental) fitness; social fitness. Now for a glance at each.

Physical Fitness: Assuming that the heart, lungs, kidneys are healthy, that sight and hearing are sound and so on, there are certain responsibilities each of us must shoulder to ensure the maintenance of health. Your body needs to be kept clean; it needs food; it needs rest, and it needs exercise (so does your mind!). Personal cleanliness should be automatic for all who claim the title 'Guide'. This means scrupulously clean clothes, skin, hair, teeth, nails (finger and toe). It also means good grooming—a good presentation of yourself. It means the automatic use of deodorants.

Diet: Regular meal times are 'musts' and, remember, a bun and coffee can make no claim to being a reasonable mid-day meal. There is no merit in skipping one's breakfast to ensure an extra ten minutes in bed or on the pretence of 'dieting' to reduce one's waist line! For the healthy young woman, a good mixed diet with plenty of fresh vegetables and fruit is essential.

Rest: Too many people write off sleep as a waste of time. However, there is much to be said for the eight hours a night rule. If ever there was a beauty treatment freely available to all, then that treatment is found in the mysterious gift of sleep. You need a firm mattress, warm but light bed covering and an airy (but not draughty) bedroom.

Relaxation: Your leisure time pursuits need planning. Wasted leisure, like every other wasted thing, is a pity. So, too, is the other extreme of throwing yourself into so much that you never have time to stand and stare. Perhaps Guides need little exhortation to get out into the open air but,

when planning your holiday, make sure that you haven't overlooked the need for recuperation from a year of busyness. To throw yourself into a non-stop whirl of physical and social activity is, on reflection, not such a good idea. On the other hand, a holiday with a reasonable amount of both such activities is far better than a fortnight's stagnation.

The Central Council of Physical Recreation (Headquarters: 6 Bedford Square, London, W.C.1) sponsors 'sporting holidays' where you may learn a new activity or brush up a known one. Through this organization, you can enjoy a holiday where the accent is on sailing, canoeing, riding, climbing, pony trekking, ski-ing, playing golf, gliding, or any one of scores of other activities.

The decoration of a physically fit 'you' is largely a matter of taste. Expert cosmeticians are always prepared to give advice on make-up. However much or however little you may spend on creams, powder, lipstick, etc., unless your skin, eyes, hair, and teeth are in first-rate condition from the point of view of what I will call 'common fitness', some of that expenditure is being wasted.

Emotional fitness: We have already accepted that the mind needs exercise. An unexercised mind, like an unexercised limb, wastes. Don't waste your mind. You will keep it active through the kind of reading matter you select; the music you hear; by listening to intelligent conversation; by joining in stimulating discussion. Often enough, the way you use your leisure time tends to affect the way you think. When life gets too full or too empty—when you're on top of the wave or wallowing in a depression—stop! Say to yourself, 'Take time, don't panic.' Peace of mind is, indeed, a healthy trait and a quiet and cheerful acceptance of life as it comes along need never be classified as bovine.

Social Fitness: If you were invited to spend the day with *you*, would you be interested in the proposal? It is hard for us to realize just what an effect we each have on the other. Fitting in to the circumstances in which we find ourselves is certainly an aspect of fitness. The physically and emotionally healthy person finds this a relatively easy task. Home life, working life, and the community generally, need young women who can fit in and thus make the fullest contribution to living.

(The author is Organizer of Physical Education and Social Activities, The Polytechnic, Regent Street, London.
—EDITOR)



'Know the Rules of Health'

by Lois Benyon

'*La salute è la prima ricchezza*,' says an old Italian proverb which, translated literally, becomes 'health is the first richness'.

On being tested for her warrant a Guider will probably say that Guiding aims to provide a place for each Guide in a Movement founded on the law and the promise, which believes in the patrol system, has graded testwork and is essentially an *outdoor Movement*. If we are an outdoor Movement then we must see that our Guides are prepared for it, first and foremost by being healthy.

There is our 'first richness' on which we can base the rest of our training. A First Class Guide needs to be first class physically before she can attempt many of the other parts of the First Class Test, although of course we all know handicapped Guides who overcome their handicaps and become first class in the greatest sense of the expression.

The dictionary defines health as 'soundness of mind and body' and the other half of our 'first richness' lies in the training which we give to develop alert, sound and healthy minds. Guide methods of training in initiative and resourcefulness, in independent choice and creative imagination give plenty of scope for this; the practice of the promise and law through tests and other activities tones up the mental and spiritual muscles.

When *Scouting for Boys* was first published the Founder gave a considerable amount of space to stressing health training. Pages were devoted to exercises. When Guiding first began it was natural that the Guide Movement should also stress this aspect of character training. Today, with the National Health Service and the Welfare State, we may think that Guides have little need of health training. Yet we have only to look at health statistics or, nearer at hand, remember our Guides' bitten nails, bunions on young women's feet and the number of Guides in camp who jump into bed in vests and pants to know that these health clauses are still very important.

When a Guide looks at the different clauses of First Class she sees clause 9 and tends to think 'Well, that isn't bad, I can do that'. She can, but it is up to us as Guiders to see that she does realize the full implications of the clause. Following on from Second Class she may or may not know and remember all the Health Rules; she will if she is taking a badge demanding their knowledge, e.g. Child Nurse, Cook, and this will help with First Class. Conversely, by interesting her in this clause, we may lead her to want to take the Health Badge, clause 1 of which requires the candidate to explain the Health Rules to a

Patrol and this is good preparation for the First Class Test. A Guide taking this Badge has a chance to show her ingenuity in the way she teaches and to use her initiative—both important First Class qualities.

It is in the training of these qualities that our approach to the health clause of the First Class will differ from our approach to the Second Class Test. In the First Class Test the Guide has to show how she keeps the Health Rules herself and be able to tell the Patrol how its members can learn to keep them, too.

Understanding the rules is a necessary preliminary to keeping them. The Captain and the Guide will obviously talk about ways and means of doing this and here it is essential for the Guider to know the home background and the Guide's particular needs. The Guide may choose to keep a health record card or she may want to take a more adventurous way. This is her part and Captain will advise and lead only, making sure that whatever method the Guide chooses is acceptable to the First Class Testing Panel. Let us try in our training to stimulate thought and action and offer the Guides a challenge. Are they first class physically or, if that is not possible, can they improve in health so as to be able to use their fitness both in their Guide activities and in everyday life?

Activities to Stimulate Thought and Action

1. Health Rules, as kept in camp, can be acted in Patrols. The other Patrols comment as to whether the rules are being kept or broken. A prospective First Class Guide might organize and think out the scene.

2. Guides cut out pictures from magazines and newspapers to illustrate the rules. A poster of one might be made every week. The Guides, of course, find the pictures themselves.

3. Challenges of all kinds can be made to fit the requirements of the test, Patrols challenging each other—'Can you do so-and-so without showing signs of stress afterwards?'

4. Preparation for an adventurous outdoor activity could be preceded by a weekly challenge such as considering how shoes and feet could be improved before going for a midnight hike or even for a long walk.

'Getting into training' still has its appeal as an incentive to action.

Useful Books and Cards

Be Prepared, 10s. 6d.

Health Record Card, 2d.

Hints on the Guide Tests (coming shortly).

British Red Cross Manual: Junior Health and Hygiene, 2s. 6d.



The Golden Hand Test - II

by Mary Weatherill

Throw Ball: The throw should be made from the shoulder and the distance achieved.

Skiping: As this is for posture training, as well as promoting deep breathing, it is best taught and, whenever possible, tested outside, with ball throwing. Light, easy, relaxed skiping is the aim, maintaining good posture throughout. Excessive effort and breathlessness are to be avoided.

Clean and Bind Up Finger and Knee: This is First Aid, not medical treatment and should be treated realistically, the Brownies using the materials they might have. A triangular bandage for the knee and a narrow bandage for the finger should be used. As covering the end of the finger keeps the bandage on better and as the end is the part very frequently cut, it is better to teach this rather than just the twist round the bottom of the finger as is sometimes done. Cleanliness is the aim and the Brownie should reassure the patient who may be upset by blood and dirt usually found on the knee. Any casualties at Pack Meeting can be dealt with by the Brownies themselves, with Pack Leader or Tawny supervising. In this way they learn to clean the graze properly and often find little bandaging necessary.

Shoe Cleaning presents few problems. The heels and insteps should receive special care. Polish is to feed the leather as well as to shine it. This is a point to impress on the Brownies.

Message Carrying: This should be accurate and it is as well to include some name and number not previously known to the Brownies, for so many important messages include an address or time.

Cooking and Tea-Making: The cooking clause now offers quite a choice but it is more exciting to really *cook* and to see and eat the end product. If Brown Owl can arrange for a very small group to cook at her home, or a Brownie home, several clauses can be taught at once. The vegetables can be prepared and put on to cook while fire lighting, clothes folding, and shoe cleaning are practised. Should this prove impossible a salad can usually be prepared at the Pack meeting.

Whatever is chosen the finale should, if possible, be a 'feast'. If the tester can be present and a party feeling comes in so much the better, but in any case a pleasing presentation of the meal, choice of colour in vegetables, etc., and arrangement of salad can all be taught so that the food is attractive. Tea could be served after the meal.

Clothes folding: The point to consider is 'Why are we folding them?'. It is almost certain that when folded they have to fit into a given space. A coat to carry over one's arm when going to church needs a different method of folding from one to pack. The real point is as usual 'Will it

do' for that particular occasion? Much more help could often be given if Guiders thought of likely and possible situations, e.g. Pack a case for Pack Holiday (what goes in first, etc.?).

Fold the table-cloth after clearing the table and put it into a drawer (notice the original folds). These things are not mentioned in P.O.R., they are left for us to add according to our circumstances. In most of the clauses a little imagination makes such a difference and changes a dull occupation into a purposeful activity.

A Brownie who finishes this test should have learned perseverance from the knitting and plant; courage from the fire, cooking and first aid; thrift from the shoe cleaning; concentration from the message carrying and semaphore; and some ideas on health training, all of which will stand her in good stead later on especially when she joins the Company.

Let us remember what lies behind our teaching and aim at character training, not just gaining a badge to wear.

ACTIVITIES FOR A STREAM

Patrol Challenges: (1) Float a lighted candle on the stream.

(2) Make a fire on a raft, moor it and have a camp-fire on the banks.

(3) Devise a safe means of crossing.

(4) Devise a safe means of conveying messages and parcels across and back.

(5) Find out how fast the stream is flowing at a certain point. E.R.

AS THE SCOUTS SEE US



'But vertical stripes give height'



Training Your P.L. - III

IN our drill and ceremonial the Patrol Leaders have a big part to play, and one for which they will need special training on their own. Learning movements, how to give commands, how to carry Colours are fun to do together, away from the Company, when mistakes do not matter. Then when the Leaders are in charge of their Patrols for some form of drill, or take part in ceremonial

in front of the Company, self-consciousness disappears and they are poised and assured, and so raise the standard of the whole Company.

All the technical training can be found in *Drill and Ceremonial*, which should be in the hands of every Guider, so will not be repeated in this article. The following, set out briefly, is the P.L.'s part in drill and ceremonial for which we should train her.

First of all the P.L. must be able to:
teach her Patrol the preliminary drill positions (*Drill and Ceremonial*, pages 16-18);

keep up the standard of smartness and movement;

help each new recruit to take her part in the Company ceremonial, Patrol Drill, enrolment ceremony and the occasional Church Parade.

In Patrol Roll Call Drill a P.L. must be able to call the Roll, take subscriptions, and mark attendances in her Patrol Register in a business-like way, inspect the Patrol, and help the members to wear their uniform correctly. (Make sure she knows all the details of this herself.) She must then hand in the correct subscriptions to the Guider and report any absentees, and if possible the reasons for absence; if not known she must follow up this afterwards.

A P.L. should know the details of the Company Finances, so she can explain to her Patrol what their subscriptions are for, cost of hall, equipment, C.H.Q. membership subscription, etc.

During Inspection a Patrol Leader should welcome the Guider with a smart salute, bring her Patrol to attention, and follow the Guider who will point out to her good and not so good points. After Inspection, it is her responsibility to help her Patrol to put right anything that is incorrect. In taking her full part in Patrol Drill a P.L. will grow in efficiency and smartness herself, and feel responsible for the standard of her Patrol in both uniform and drill.

At an enrolment the P.L. brings up the Recruit and presents her to Captain with the words, 'Captain, I present who has passed her Tenderfoot Test and wishes to be enrolled as a Guide.' Sometimes P.Ls., especially new ones, can be quite nervous about their part in an enrolment and so should be helped beforehand.

Usually it is the privilege of the P.Ls. to carry the Colours for Enrolments and Church Parades; to do this accurately and with dignity needs a lot of practice, and they will be very embarrassed if things go wrong, so it is important that P.Ls. are well prepared beforehand, and are never asked to carry Colours on the spur of the moment without a practice. Even our most experienced ones need a run through before the actual ceremonial takes place.

If your P.L. has been chosen for a special District or Division event she should be given coaching in the Company before being sent off to the rehearsal where there is no time to teach the P.L. how to carry the Colour. She must be equipped for this important job beforehand.

IRIS MORRISON

Health Training in the Pack

BBROWNIES need to be encouraged to take a pride in their appearance and short inspections and charts will help with this. Avoid condemning what is bad, but rather praise what is good.

1. Invite each Six to choose its smartest Brownie to go to Brown Owl. All the Brownies then vote for the champion.

2. **Brownie Express:** How many Brownies can reach Brownieland by through train? All join in one long line to form a train and chug



round, the Brownie at the end waving a flag to start.

Brown Owl calls out names of stations such as 'Shiny Shoe Station', 'Clean Nail Station', and so on.

Defaulters must get out at the station and put matters right if possible. Badge and shoe cleaning materials may be available or hints given. These Brownies then form another train and go on later. Successful ones can be filling in charts at the end of the journey by which time the others will

have arrived and everyone will be ready for Brownie Ring.

3. **Boggarts' Tails:** A Boggart has been seen around looking for a hand-hold in the Pack! Inspect reef-knots at backs of necks to make sure no tails are sticking out—only reef-knots lie flat and hidden by collar.

NORA JEFFERIES

Singing Inspection (Tune 'Mulberry Bush')

Inspection at Brownie meetings can, and should, be fun and can be varied from week to week.

Pack in circle with Brown Owl in middle. Brownies sing 'Here we go round * our wise Brown Owl * (repeat from * twice), 'Here we go round our wise Brown Owl to see if our (badges) are clean.'

Inspect and give tokens to best ones. Repeat with different items as desired.

'Inspection Brownie'

Each Six is given a card with an outline picture of a Brownie in full uniform. The picture should be as large as possible. If everyone in the Six has a shining badge the badge on the picture can be coloured. When everyone's ties are clean, the correct length and properly tied, the picture Brownie's tie is coloured, and so on, covering all uniform inspection. Of course, the Six with the most nearly completely coloured picture wins.

M. HUZZEY

Ideas for Health Activities

Scene: In the bus on way to Pack Holiday.

Brownie (an old hand): 'And you have a bath every night!' (*Incredulous gasps from one and all*).

2nd Brownie (from a neighbouring Pack, in loud whisper): 'And does she bath you?'

This true conversation illustrates very clearly some of the difficulties of health training with Brownies. Although we use every opportunity of health training in the Pack it is only on Pack Holiday that we are able to put much of our training into practice. During the rest of the year we do our best with talking, reminding, playing, discussing 'health' in as realistic a way as possible. The following activities may help to do that:

Health Questions: Have a collection of pictures—those from *The Brownie Health Book*, supplemented by pictures from magazines. Discuss these in the Pow-Wow Circle and then scatter them round the room. Brownies stand in a ring and instead of numbering take a name suggested by the Brownie Health Rhyme.

Brownies skip round, singing the Brownie Health Rhyme to the tune of 'Boys and Girls, come out to play'.

Brown Owl calls a question: 'What should be done before meals. . . ?' (name from Brownie Health Rhyme). Those Brownies rush off to find a correct picture. One point for every correct picture brought back and two points for the first back.

Health Beetle: Each Six requires a piece of cardboard on which is drawn a suitcase, a dice, and a collection of pictures of a sponge bag, toothbrush, soap, towel, etc., mounted on cardboard and numbered. The sponge bag is No. 6 and the rest are numbered 1-5. Numbers can be duplicated.

The game proceeds according to the usual rules of 'Beetle' but the Six shout 'Packed' when finished.

(Variation: Miss out some essential and see if the Brownies have spotted it.)

'H' for Health: Each Six is given a letter 'H' (easily made from two postcards). Inside, at each corner, is something for the Six to do.

Exercise: Skip backwards 20 times, outside if possible.

Fresh Air: Take 10 deep breaths outside.

Cleanliness: Draw six pictures to illustrate keeping clean in a Brownie's day.

Good Food: Select individually the best food from either pictures or the real thing (much more popular) i.e. grapes, nuts, sweets, raisins, etc.

Each Six starts with a different corner and when each task is completed chooses a picture from a selection available and places it at that corner. When all is finished the Brownies can be given an envelope containing the Health Rhyme, cut up into separate words. The Six reassemble it and place each line at the appropriate corner. This done, the Six signals 'H' in semaphore.

Taking it Home: Magazine pictures of soap, tooth brushes, combs, hair brushes, etc., can be pasted inside old Christmas cards and Brownies invited to add a slogan. This slogan adding could be done at home where it serves to act as a reminder during the week of the Health Rules and also gives mothers some idea of what we are aiming at. Use of this method does depend on the type of homes from which our Brownies come. We should help the Brownie to put into practice the Health Rules as far as is possible in her own home circumstances.

LEONORA WILSON
[Brownie Adviser for England]

THE NIGHT SKY IN MAY

Owing to the author's illness this article will not appear in May but we are happy to report this series by Patrick Moore, F.R.A.S., will be continued in June.





Land Ranger Specialized Tests

by M. E. Thwaites, Land Ranger Adviser for England

THE Land Ranger Section of the Senior Branch has three specialized tests, for each of which a cloth badge is awarded. These are worn on the left sleeve above the elbow on the Ranger shirt or on the arm-band on the jacket.

The Land Ranger Test, which is taken first, is the qualifying test for the other two—the Land Ranger Maintenance Test and the Land Ranger Adventure Test. When either the Maintenance or Adventure Test is passed the badge for that is worn and the Land Ranger Test badge is removed.

If a Ranger passes both the Maintenance and the Adventure Tests she will wear both badges.

Testers

The Ranger Guiders in charge of the unit make arrangements for the testing of these badges according to Rule 68 (2) in P.O.R. It must be noted that for the Adventure Test the tester must be someone other than the Guiders of the unit concerned and approved by the Commissioner.

THE LAND RANGER TEST

1. *Use an Ordnance Survey map including grid references:* The Ranger should have a knowledge of:

(a) **Scale:** The larger the scale the greater the detail. $2\frac{1}{2}$ in. to the mile and 1 in. to the mile are the most frequently used maps for walking. $\frac{1}{2}$ in. maps are the cyclist's maps.

(b) **Colour:** In the main, Ordnance Survey maps are not coloured except for rivers, woods, and roads, but there are now 1 in. tourist maps of the most popular walking country that are coloured. These give a colour change for every 200 ft. rise in altitude. Bartholomew publishes $\frac{1}{2}$ in. maps in colour.

(c) **Conventional Signs:** There is a key on all Ordnance Survey maps and it is necessary for the Ranger to understand these signs, paying special attention to contour lines, physical features such as spot heights, triangulation points, etc., as well as roads, buildings, and other man-made features.

(d) **Grid Readings:** This system of point-finding should be thoroughly understood and constantly practised both theoretically and practically.

(e) **Setting the Map:** The Ranger should be able to set the map with a compass and know sufficient about the Magnetic North to do this accurately. She should also be able to set the map by landmarks.

The knowledge gained in this section will be invaluable in the Adventure Test and it is essential that this should be practised thoroughly out of doors and in comparatively unknown country.

2. *Obtain compass directions from the sun, moon and stars and explain how this is done:* In order to do this accurately the Ranger must, first

of all, know how to use her compass. (She must know 16 points and could learn 32 if she wished.) She should understand something about degrees and be able to use a compass with a fixed and with a floating dial. She should be able to obtain the direction of any fixed point by using her compass out of doors, and have practised walking on a compass direction (bearing) in open country—being able to make detours where necessary.

(a) **Sun:** The Ranger should know the approximate position of the sun at any time of the day and have an idea of the times of sunrise and sunset at different seasons of the year.

(b) **Moon:** She should be able to estimate the age of the moon by its shape and have an idea of when and where in the sky to expect it. By learning when it is south in its different phases she can learn to find its approximate direction at other times.

(c) **Stars:** She should know at least three ways of finding the Pole Star, using different constellations, and at what seasons of the year these methods can be used. If at all possible, at the test, she should demonstrate these practically, but if this is impossible, due to weather or season, she must explain accurately and demonstrate when the next opportunity arises.

3. *Have received recent instruction in what to do when a road accident occurs:* This is a clause with which the experts must help. First aid has recently changed so much that it is very often a case of knowing what *not* to do in order to make it possible for the expert to work quickly when he arrives on the spot. It is well to remember that Police and many transport drivers are trained in first aid.

There are a few things that, when apparent, must be tackled *at once*, e.g. asphyxia, haemorrhage, shock, and it is essential that the Ranger knows how much to do and how much to leave to those more qualified and experienced. There are many other things that may need to be done, such as dealing with people other than the victims, telephoning, directing traffic, etc.

Self-control and calmness are two of the most valuable qualities in a first-aider.

4. *Cook a meal, consisting of two hot dishes, out of doors on a wood fire or a pressure stove:* To the Ranger who is an experienced camper this should present no difficulty on a wood fire, but there are many who think twice about using a pressure stove that has to be pumped. Nowadays these stoves can be used to such an advantage on expeditions, etc., as they are so much quicker and so easily portable, that all Rangers should know how to use one safely and with confidence. The

gas cookers of the 'Lethane' or 'Butane' kind are not acceptable in this test as with these it is only necessary to turn on a tap.

The meal should be well thought out, nicely cooked, and served in an appetizing way.

5. Choose two places of particular interest to herself. Conduct a visitor round them showing what she has discovered about each: The visitor must be someone capable of reporting on the test and recommending pass or failure and be one who does not know intimately the places to which the Ranger is conducting the visits.

The Ranger must, obviously, make the choice of the places; how else can she have 'a particular interest' in them? Then the examiner or 'visitor' is found who has no special knowledge of the places chosen.

The two places can well be reasonably near each other so that the whole test can be taken at the same time rather than on two separate occasions.

The Ranger must:

- (a) do research so that she can be an interesting guide.
- (b) make good arrangements, write all necessary letters, both before and afterwards, and act generally as a delightful hostess.

6. Using time-tables, plan a route by rail, road, air or sea from her home to a given destination: The important thing here is for the Ranger to be able to use time-tables, not merely telephoning the station, or airport, or agency, to obtain her information, though in some cases it may be necessary to contact an agency, e.g. for flights. Care must be taken to get connections right.

This can be practised with old time tables that are out of date, but it is essential that current ones be used for the actual test.

7. Carry out systematically for four weeks an activity which she has set herself as a course of training to improve her physical fitness. This can be walking, running, skipping, cycling, etc.: Generally speaking the majority of Rangers are fundamentally fit, but a body can soon become flabby and incapable of hard work that requires some endurance through lack of systematic exercise, due to disinclination or lack of opportunity.

The point of this clause is that the Ranger shall set herself a scheme of training, which must be done regularly, i.e. four times a week, or every day except Sunday, or daily, for four weeks so that she can judge for herself how much longer she can continue her activity without getting tired, or how her condition has improved by seeing how much faster she can cover a certain distance after training.

Such things as walking part or all of the way to work or school each day, taking a training run in some secluded spot regularly, or skipping for a certain time and gradually increasing the time, are excellent ways of training. Skipping done on the spot with alternate knee lifting is a very well-known form of training adopted by athletes and games players.

The Ranger should train her body and mind in order that she will be reliable in time of stress and so of value to others, and at the end of a hard

and trying time she will still be serene and in full control of herself.

8. Have received instruction on suitable clothing, footwear, and the care of the feet for expeditions: It is essential that before attempting an expedition a Ranger understands what she should wear, and how she should care for her body in order to get full enjoyment from her expedition without undue fatigue. Preparation for this could well include the brushing up of the Guide Health Rules and reading or re-reading of *How to be Healthy and Wise*.

The clothing needed depends on the type of expedition to be undertaken and the type of country in which it will take place. Consideration must be given to such things as:

- (a) Light warm clothes, absorbant of sweat and easy to move in;
- (b) head protection for motor cycling or horse riding;
- (c) suitable footwear that is well fitting so that no blisters are rubbed and the feet keep warm.

It is worth emphasizing here that if feet are going to be fit for hard work care must also be taken with the choice of everyday shoes as bad ones can do irreparable damage.

9. Know the 'Country Code': This is something that all users of the countryside should know by heart and carry out meticulously. It is found in a shortened form in the Automobile Association's handbook or it can be purchased from C.H.Q.

Next Month: The Land Ranger Maintenance Test and the Land Ranger Adventure Test.

5th Month

5 Star Patrol Challenge

Stars: In which constellation would you look for the star Vega? Have you and your Patrol managed to see it during the month? If you did, make a note of the day and time.

Cooking: Cook with your Patrol a two course meal using your cooking utensils.

Uniform: Make sure every member of your Patrol has correct camp uniform. (Check up with *The Guide Book of Rules*).

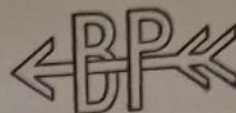
Adventure: Ask Captain for the sealed orders for you and your Patrol.

N.B. These could be a trail leading to somewhere suitable for tent pitching, where practical training could be given. Patrols completing the Challenge would be awarded the 5th star.

The Patrols would not be competing against each other but would be striving to reach the highest standard of which they are capable and everyone reaching that standard would be given a star to sew on their Patrol flag which could be hoisted in their own camp.

Guiders without their Licence could contact their C.A. who, if she knew from the beginning which Patrol had entered for the Challenges, would help them to go to the final camp.

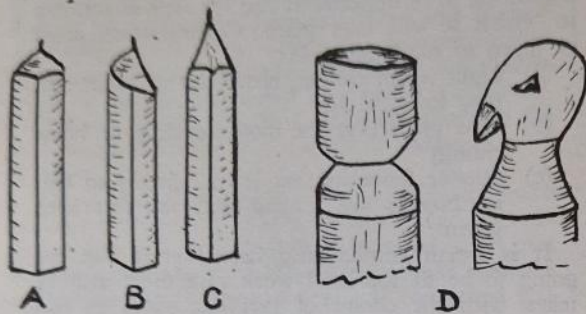
KATHLEEN SMALLWOOD



Whittling is Fun!

by Aline Speed

THE art of whittling is at least 5,000 years old as can be proved from objects still in existence which have been carved in ivory, bone, and horn. Primitive man no doubt used wood as a medium, but, being less durable, these wooden creations have not survived so long. There are, however, plenty of examples of totem poles, utensils, fish hooks, peace



Sharpening a pencil is the beginning of whittling. A and B show wrong ways and C the right. D simple decoration for a totem pole

pipes, idols, and sculptured war canoe prows made much more recently by primitive people with primitive tools. The workmanship in many of these objects was extremely good and showed whittling to be a creative art.

This working with wood is a means of expressing and satisfying the fundamental need to create and is relaxing, absorbing, useful and fun.

'Jolly hard work,' you say, 'we made a rounders bat at camp and it would have been much easier and quicker to have bought one.' I agree, but it would have been more expensive and less satisfying.

If you have ever tried to carve a tough joint of meat with a blunt knife you know the feeling of exasperation and frustration. Just so with whittling. Have the best kind of wood you can get—silver birch, elm, oak, horse chestnut are good—and a really sharp knife. A strong pen-knife, even one with the point broken off a blade, is the best tool.

Camp is an ideal place for whittling, but many of us give up for want of a little knowledge, so we will try to help you. There will be an article in THE GUIDE of 25th May which will include mention of safety precautions in handling knives and saws.

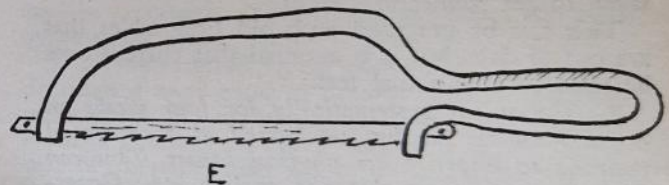
Almost certainly you have met the Guide who is unsuccessful in fire lighting only because she has never mastered the art of lighting a match so as to keep it alight for the longest possible time! Aren't these Guides the very ones who burn them-

selves and become nervous? So also those who, when asked to lend a pen-knife, hand it over, saying, 'Sorry, it's not very sharp and it's stiff, I never use it.' There are far too many Guides like that. A good, well-sharpened pen-knife is not only a joy to use but is also a most useful tool.

Why not have a sharpening evening? If you don't feel confident about showing the girls how to do it, ask advice from an expert—butchers could give good tips. Having achieved really sharp knives, ask your Guides all to sharpen pencils. Many people will produce horrors like diagrams A and B because they don't turn the pencil as they work, but practice will help and all should eventually turn out like diagram C.

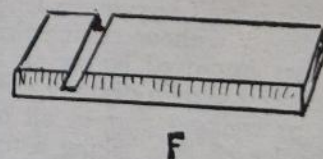
True whittling is done entirely with a knife, but hack-saws can be added to the equipment. Begin with a totem pole (diagram D) but let everyone use her own initiative and imagination.

Make sure that the blade in your hacksaw is put in correctly with the teeth facing forward so that the forward stroke cuts and the return stroke cleans out the sawdust (diagram E).



As a start, what about suggesting to your Guides they make a stand to put postcards in, possibly for Patrol Corners? It won't take them more than about twenty minutes.

Cut a piece of wood about 3 in. long. About 1 in. from the front saw out a diagonal straight piece slanting it as shown in diagram F.



Trim up the sawn edges with your knife and finish with sandpaper. Decorations can, if you like, be carved or painted on the wood and the whole given a coat of quick-drying clear varnish.

You will let the Guides try their hand at whittling, won't you?

Book Reviews

L for Learner—towards an understanding of sex by Nancy Le P. Warner (Girl Guides Association, 3s. 6d.).

This is a book that has been written primarily to assist those people who have the guidance of adolescent girls and to give help to those who need it. It is one of the most difficult things in the world to write a book on sex that states all the necessary facts quite plainly whilst keeping the interest of the reader all the way through. This book of six chapters has succeeded.

The title explains that the whole book is based on the parallel of learning to drive. It starts by explaining, absolutely frankly, the physical difference between men and women, giving a lot of sensible advice about matters that are so often merely hinted at or sniggered about in corners. The book goes on to deal with behaviour, and the subject of 'necking' is dealt with in a most sensible way. Later on in the book the question of self-control is dealt with at length, but there is nothing prudish in the approach, and a great understanding is shown of the problems that beset all young people. The various dangers that lie in wait for the 'sexual experimenters' are also explained at length under the chapter headed 'Perils of the Road'. The final chapter is called 'Passing

the Test', and in it the author sums up the previous chapters and says that the natural, and by far the best place, to learn about these matters is in a happy family, where the wisdom of each generation is passed on and modified by the next in an atmosphere of love and trust. That is, of course, the ideal situation, but one knows how difficult so many parents find it to start discussing sex with their children.

I feel this little book will be of the greatest use, not only to Guiders but also to parents and indeed the boys as well. For those parents who are reluctant to discuss such matters, this is an admirable way of presenting the facts to their children. For the young it is an excellent way of getting a true picture of sex and all that it entails.

A.P.B.

Help Yourself to Hike Cooking by P. Hollingham (Girl Guides Association, 1s.). This little book shows clearly that there is as much variety in what one eats when hiking as in how, why and where one hikes. From sandwiches to a three course dinner, all are included together with clear instructions about firewood and the making of the most suitable fires for the different forms of cooking.

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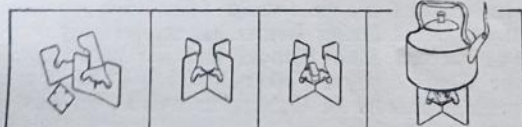


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The Annual General Meeting of the Council

THE 39th Annual General Meeting of the Council of the Girl Guides Association was held at Commonwealth Headquarters on 2nd April.

In the absence of the President, H.R.H. The Princess Royal, the Chief Commissioner took the chair. A telegram expressing the meeting's regret at the absence of the President was sent to the Princess Royal.

The resignation of the Deputy Chief Commissioner, Mrs. Robert Bernays, J.P., was received with much regret. A recommendation from the Executive Committee that Mrs. Derek Parker Bowles be appointed Deputy Chief Commissioner for two years was put to the meeting and carried unanimously.

A recommendation received from the Committee of the Council that Finola, Lady Somers, C.B.E., be appointed a Vice President was unanimously agreed.

Retirements from the Council were announced and nominations from the Countries' Committees reported. These nominees, elected unanimously, and those elected to the Council in accordance with Bye-Law 3 (d), are as follows:

Mrs. C. Benn	Miss G. A. Mackenzie, M.A.
Mrs. Guy Coleridge	Mrs. P. M. Noaks, M.B.E.
Mrs. Disney	Mrs. Pritchard
The Baroness Elliot of Harwood, D.B.E.	Miss Marjory Shanks, M.B.E.
Miss Nancy Fletcher, M.B.E.	Miss Anne Shepherd, O.B.E.
Mrs. Dorothy Flower	The Lady Somerleyton, M.B.E., J.P.
Senator Mrs. Greaves, M.B.E.	Miss Ethel Sutliff
The Hon. Lady Gibbs, C.B.E.	The Rev. Wilfred Wade
Lady Henry	Miss V. M. Wallace
The Countess of Home	Williamson, O.B.E., J.P.
	The Lady Wigram

Election of the Committee of the Council: The following were elected to fill the two vacancies on the Committee:

Mrs. Robert Bernays, J.P.
Miss Helen McSwiney

The meeting was then adjourned until 3 p.m. at the Goldsmith's Hall, Foster Lane, E.C.2.

The Chief Commissioner's Report

In presenting the Annual Report, the Chief Commissioner, Miss Anstice Gibbs, said: 'I know that I speak for you all when I say how sorry we are that our President, The Princess Royal, cannot be with us today. We also greatly miss the presence of the Chief Guide.'

'We have had so many notable years recently that it might seem almost dull to report on a quite ordinary one... but we do not forget that our ordinary programme, well presented, gives the thrill of new experiences, challenges to be met and triumphs to be won...'

'That we achieve some success is evident from the statistics that you will find in the first pages of the report. These show that Brownies, older Guides, Rangers and Cadets have all gone up in number, but more pleasing still we have once again increased the number of our leaders. We do not, however, feel complacent, particularly about the younger Guide, and in order to find out more about the ages at which children come and go we are making a more detailed census this year. There is one young Guide about whom we have no doubts. Princess Anne was enrolled in July and we are told that she is thoroughly enjoying her experience in the Buckingham Palace Company...'

'The many changes in the status of the Commonwealth countries have caused great activity in our Overseas Department... We expect Sierra Leone and Tanganyika, being now independent, will be considered for Tenderfoot Membership at the World Conference in 1963. It may be that Uganda, Kenya, Jamaica, Trinidad, and British Guiana will also be able to apply. It was a great sadness to us when South Africa left the Commonwealth. It has, however, in no way altered our close relationship with the Guides in that country...'

'In co-operation with New Zealand, Australia, France, The Netherlands, and the United States we are hoping to stimulate Guiding in the difficult South Pacific area, difficult because the immense distances between the many small islands make them feel isolated and alone.'

The Chief Commissioner then referred to the full and strenuous programme undertaken by the Assistant Commissioner for Overseas, Miss Greta Collins, in Malta, Aden, Singapore, Brunei, North Borneo, and Hong Kong, and to the work of Trainers in African countries and in Borneo and Sarawak.

Miss Gibbs paid a tribute to the fine service given by Guides, Rangers and Cadets in a Liverpool Division for thirteen years which earned for them the Walter Donald Ross Trophy and to the work undertaken by a team of Rangers and Cadets with Greek Rangers in a service camp in Greece. 'This experience... has inspired us to devise a scheme for giving our members an initial experience of living in a camp and working together on a definite service project in Great Britain. We hope that in time this scheme will produce a useful list of people, trained, recommended and prepared, to grasp the opportunities for service in overseas countries which arise from time to time. The Red Cross has twice appealed to us recently in an emergency and we were glad to be able to send Miss Brimelow, a full-time Trainer, to join in their relief work in British Honduras after the hurricane...'

'I must report the resignation during the year of Lady Davies, Chief Commissioner for Wales, Senator Mrs. Greaves, Chief Commissioner for Ulster, and Miss Chater, Adviser for Music. Each has made a great contribution to Guiding and we shall miss them very much. We welcome Lady Margaret Myddelton and Lady Roden as the new Chief Commissioners in Wales and Ulster, and Miss Daphne Bird as Adviser for Music. I am glad to welcome also Mr. Norman Ayrton, Assistant Principal of the London Academy of Dramatic Art, who has agreed to become Adviser for Drama with Miss Mary Jackson as Assistant.'

'Your Executive Committee particularly wish to record the debt which is owed by the Movement to Miss Toft, our General Secretary, and to the whole staff of Commonwealth Headquarters. Miss Toft has carried a great responsibility for nearly ten years, giving most unsparingly of her energy, her clear thinking and her belief in the fine qualities of the youth of today and the ways in which Guiding can help it...'

'I must tell you with real sorrow that Mrs. Bernays has decided that she must resign from being my Deputy... Mrs. Derek Parker Bowles has accepted my nomination to succeed Mrs. Bernays and has been appointed by the Council. Mrs. Parker-Bowles will bring a very thorough knowledge of Guiding as well as her own gifts and we welcome her.'

'Ladies and gentlemen, in confidence that the Girl Guides Association is playing its part in the service for the young people of Great Britain and the Overseas

Territories of the Commonwealth, and that it will continue to do so with undiminished energy, I propose the adoption of the report for the year.'

The Hon. Treasurer's Report

In presenting the accounts as published in the printed *Annual Report*, the Honorary Treasurer, Mr. Gathorne-Hardy, reported that these had now been presented for the first time in a more modern form. He reported a total revenue surplus of only £347, a decrease of some £15,000 on the previous year, but added that 1960, being Jubilee Year, was quite exceptional and, in fact, the sales of equipment were greater than in 1959 but, nevertheless, lower than those for Jubilee Year. This meant that the profit from the sales taken into the General Accounts was some £10,000 less than it was in 1960 and this, together with increased general expenditure, produced a rather dramatic turn in the financial affairs. Mr. Gathorne-Hardy emphasised the continued struggle of trying to make ends meet and, although the Association was not a money making concern, the responsibilities to members, to staff and to World Guiding demanded a greater stability in the financial position. Expenses would not diminish and, in fact, would probably increase and energetic steps would have to be taken to increase the income.

Referring to the Balance Sheet, the Treasurer stated that the most significant changes had reference to the Association's holding of Stock Exchange Securities. In the past the investments of the various funds were kept entirely separate, which meant that there were a very large number of rather small holdings, which made it difficult to operate a sensible investment policy. It had been decided, therefore, to form an investment pool on the lines of a Unit Trust and to transfer thereto the

bulk of investments and to issue units in the pool to the various funds to the market value of the investments which had been transferred.

At the end of 1960 the book value of the investments was some £310,765, but the market value of such investments was only £269,000—a difference of £41,000 between the market value and the book value. In May 1961, which was the time of the formation of the investment pool, the investments were revalued but by that time, owing to an improvement in prices on the Stock Exchange, the difference between the book value and the market value had narrowed from £41,000 to only £24,000. This deficit in total masked an actual surplus of some £12,000 on General Fund Investments and the actual figures were, General Fund Investments a surplus of £12,000, Endowment Funds Investments a deficit of £9,000, Trust and Special Funds a deficit of £27,000. This gives a total net deficit of £24,000 at the time that the investment pool was set up. During the year sales of investments exceeded purchases by some £13,000, and this, together with the £24,000 book-keeping adjustments, accounts for the decrease in the book value of the investments during the year of some £37,000—from £310,000 at the beginning of the year to £273,000 at the end.

The Treasurer referred to the tremendous support which he had received during the year from the Deputy Treasurer, Mrs. Sydney Marsham, and from all members of the Finance and Equipment Departments.

Mr. Gathorne-Hardy concluded by paying a very special tribute to the help and advice which he had received from the Auditors, Messrs. P. D. Leake and Company, and, in particular, Mr. P. W. Phillips, A.C.A.

The Annual Accounts were then adopted.

Youth and UNESCO

Extracts from the talk by Mr. J. BOWERS, Head of Adult Education and Youth Activities, UNESCO, at the Annual General Meeting

WE in UNESCO have really been set a formidable task. Our Charter tells us that we are to contribute to peace and security by promoting collaboration among the nations through education, science and culture. Now you can see that any attempt at promoting peace and security in an age which is remarkable for the amount of its aggression and insecurity is really setting us the task of going against the rather powerful streams of human delinquency.

Let me cite just a few of the problems that come our way. We are coping with education, science and culture. In the field of education I suppose that the most spectacular problem is world illiteracy and the United Nations General Assembly has just passed a unanimous resolution asking UNESCO to make an enquiry into the situation and to make proposals as to how we can tackle it. At a guess there are some seven hundred million illiterates.

Another major problem we might class as international mistrust. Perhaps a third, which I think is a little less grave than we are apt to make out, is juvenile delinquency. Let me try to give you an idea of how we face these problems.

We have a very modest budget, I believe it would hardly build one atomic bomber, and in adult education, working with 103 member states, we have about 400,000 dollars for our two-year period, which doesn't take us very far, and therefore we are not, as it were, an organization to which you can come and say, 'We need money to make 700 million people literate.' The actual responsibility nearly always has to rest with the Governments of the 103 countries that we serve because after all they give us the money and it doesn't make much sense for

us to give it back to them. So we try to transform it into useful services and we try to transform it specially through human beings. This, I may say, is the chief bottleneck in the work of UNESCO and of the International Organization. What we need at this moment is probably about a thousand multi-lingual technological saints. I think that if we could find them we might make quite an impact on some of these problems.

How do we tackle these problems—the ones of world illiteracy, of international mistrust and of juvenile delinquency?

Some five years back, I spent two years living with a group of thirty students from twenty countries in a very remote village of Southern India, and for nineteen months we worked with rather brilliant students, most of them were post-graduate students from different countries, people between twenty-eight and thirty-five. We worked experimentally to see what you could do in a small area to deal with this problem of illiteracy and poverty, and we found that it took us six months to write the basic teaching materials, and another three months to train the teachers. Then we put the teachers and the materials into the classes and in another six months we were turning out people who could read for pleasure.

Let me look at this international mistrust. Here I believe that, specially recently, UNESCO is achieving quietly quite a remarkable degree of success. About three weeks ago I was in Hamburg where we met with a group of about twelve people from West Germany, Poland, Czechoslovakia, Great Britain, Yugoslavia, and France and we worked out a very good study guide for a regional conference at which we hope all the countries of Eastern and

Western Europe will be able to meet without serious political disagreement to discuss methods that are being used on both sides of the so-called curtain in adult education.

What was most important to my mind was that we had Russian educators, Americans and people from other countries and there was never one slightest whiff of politics in the whole of the week's discussion. It was very interesting to hear the Russian from the Institute of Education in Moscow stating that they in Russia felt that the school of the future would not be very much different from what it was now except that they hoped the teaching would be better! They thought that what were needed were more and better teachers who loved children.

What can we do to assist in UNESCO's work, because after all, this is the work of mankind to promote peace and security. If we can't do it we shall probably not be here for very long. For one thing I am certain that in this task we must engage the future generations, because this is a long-term job and here, I think, you in Guiding can help in a very particular way. I have a feeling that you have in the Girl Guides a wonderful instrument for international understanding. I believe that the best way of achieving understanding between peoples who may not achieve it politically, is to bring together members of different races who have a common interest. You can make it musicians or stamp collectors or chess players: you bring them together and generally politics are forgotten. Now you have in the Girl Guides what I would call a very important common interest which is united to some extent by your uniforms so that you recognize each other across distances; you have common purposes, common interests and common practices and wherever you go you are sure that you will be welcomed by other Girl Guides. I was amazed in the All-Africa Conference to find that you were succeeding in a task which would have daunted us in UNESCO, to bring together people from all the countries of Africa into one room and to achieve perfect understanding and friendship. You can do this because Girl Guides trust each other and this, to my mind, is a service to UNESCO or to mankind which you should develop and enlarge as far as your funds will permit and, if possible, a little further.

Understanding Spiritual Beliefs

There is another field, I think. It is not only learning to understand other nations that is important, but I think it's very important that at this time those of us who have, let us say, spiritual beliefs, should understand more of each other's religious ideas and beliefs.

If I may take a moment, Madam Chairman, to give you a slight personal recollection, in the centre in India which I told you of, we had representatives from five different religions. We started doing a study of the Hindu philosophy and culture in which we were doing our work. We asked the professors and local people to talk to us and we studied their practices, we brought in a teacher of Yoga and we studied as deeply as we could the Hindu philosophy. This so much fascinated all of us, of whatever religion, that I suggested that in the evening, after a month or two had gone by, that each of us from our different religious backgrounds should give a little introduction to his or her own beliefs, provided that no one would come who objected to hearing his beliefs subjected to questions and criticisms. I will not bore you with details, but I will tell you that these meetings increased to twice a week and the extraordinary thing was that people discovered that the ideas they had held about other beliefs than their own were quite ridiculous and fantastic. Often people's own beliefs were reinforced and at least they discovered that the things they had thought were Hindu beliefs were, in fact, not what Hindus believed. They began to see that really there was a great common ground amongst all

people who perceived something of reality behind the everyday appearances of everyday material life.

May I take up one or two aspects of your work which, I think, are common to you and to us in UNESCO and to which you can make a tremendous contribution in promoting peace and security in the world.

The Value of Nature Study and Camping

Perhaps one of the things which is most beneficial in this field is what you do, I think, under the heading of 'nature study' and camping. I have found all through life that the training I had from the age of about six as a keen birdwatcher, has been of tremendous value to me, wherever I was, as a training in observation. I believe that this is something you should develop more and more, and the accompanying capacity to be quiet and still. Perhaps the only way to watch wild things going about their business is never to move faster than a tree in the wind. This peaceful attitude to nature is extremely valuable and one which all Guides should learn and which will give them an inner strength. They should learn, I think, to be alone with themselves, which in the modern urbanized society is a very rare ability. Perhaps they should also acquire that kind of knowledge that is beyond words, of how things work and live, grow and die and grow again. I was very much amazed at a scientific meeting recently in Paris, where we were discussing what we call 'Methodology' of adult education. One rather nice member from Switzerland got up and said: 'Gentlemen, I think we've forgotten one thing, we haven't considered education for death.' This caused a rather terrible chill to pass over the meeting and the Chairman rapidly steered us to another point, but I am inclined to think that this is something which perhaps a Christian society can help us to achieve in the world. Education for life and a perception for life on a much longer rhythm than just the short period of our earthly existence.

You will not achieve political peace unless the individual members of the nations have, at least in a high degree, some of that interior peace, we call it in our Christian faith the peace which passeth all understanding. I think that in the Girl Guides you have a tremendous opportunity to make this contribution to the work of UNESCO, a contribution which we find it difficult to make because we are working with scientists and educators at a high level of abstraction, we are working with Governments, but you are working with individuals. I believe that if you can give to these individuals, who will be the mothers of the next generation, a knowledge of life which goes beyond the verbal knowledge they acquire at school, a sense of friendship which comes from being in a great organization in which everybody recognizes everyone else as a friend, a sense of inner peace which will come from your nature study and many other of your activities and a sense of service to mankind, then I think that you will be doing UNESCO's work in a way which we international Civil Servants struggle to do but perhaps will never really achieve as you can.

I ask you then to be prepared for a generation where we will be exploring the moon but where perhaps we don't yet know what my Russian friend called 'the interior language of the mind'.

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Fee Bursaries: This entitles a Guider to attend Foxlease, Waddow, Broneirion, Netherurd, Lorne, the Training Ship, at half rates for a shared room.

Fare Bursaries: Assistance will be given to Guiders on a basis of four-fifths of the railway fare in excess of £1.

Angela Thompson Bursaries: These Bursaries are available for any Promise and Law training (not necessarily at the C.H.Q. Training Centres) and are the same value as the fee bursary mentioned above.

Guiders wishing to apply for any of the above bursaries should get in touch with their District Commissioners, who will obtain the appropriate ticket or form from the Secretary, Training Department, C.H.Q. When applying, District Commissioners should state the date of the training the Guider wishes to attend. Applications must be made at least a fortnight before the training.

FOXLEASE

Lyndhurst, Hants.

- May
4-8 County Weekend
*11-15 What is Guiding? (For new Commissioners and Guiders)
18-25 General Training (by invitation)
29-1 June (Training cancelled)
June
1-5 County Weekend
8-15 (1 week) Guide and Brownie Guiders

Where to Train

19-26 Guide and Brownie Guiders and Commissioners (anyone may bring children under 5)

29-3 July County Booking

July
6-16 Guide and Brownie Guiders (holiday mid-week)

20-27 Guide and Brownie Guiders Holiday period for Guiders and their mothers, L.A. and T.G. members

31-10 August Guide and Brownie Guiders

August

3-14 Patrol Leaders' Training (in Camp)

14-24 Patrol Leaders' Training

28-4 September Drama Workshop

September

7-11 Overseas Course

14-18 Church Army

21-24 Guide and Brownie Guiders

28-2 October County Booking

October

5-9 Guide and Brownie Guiders

12-16 County Booking

19-23 Guide and Brownie Guiders

26-30 International Fellowship Conference

November

2-6 Guide and Brownie Guiders (emphasis on training the Patrol Leader)

9-13 County Booking

16-20 Guide and Brownie Guiders (tests and testing)

23-27 Commissioners

* See March GUIDER, page 91

WADDOW

Clitheroe, Lancs.

May

4-8 Guide and Brownie Guiders

11-13 County Weekend

15-18 Commissioners (mid-week)

18-20 Guide and Brownie Guiders

23-30 Extension Guiders

June

1-5 Guide and Brownie Guiders

8-13 Patrol Leaders

15-19 Guide Guiders (emphasis on First Class) and Brownie Guiders

22-26 Commissioners and Brownie Guiders

29-3 July Guide and Brownie

(tests and testing)

July

21-31 Patrol Leaders

August

14-24 Patrol Leaders



T.S. 'Golden Hinde'

28-4 September General training (by invitation)

September

7-11 (a) Cadet Guiders

(b) Air Ranger Guiders

14-18 Guide and Brownie Guiders

21-24 District Commissioners

28-2 October County Booking

October

5-9 Guide and Brownie Guiders (emphasis on training the Patrol Leaders)

12-16 Guide and Brownie Guiders

19-23 Methodists

26-30 Guide and Brownie Guiders

November

2-6 Guide and Brownie Guiders

9-13 Guide and Brownie Guiders (Warranted)

16-20 Guide and Brownie Guiders

23-27 Camp-fire

TRAINING SHIP 'GOLDEN HINDE'

May

5-12 Guiders and Senior Branch Members

12-19 Holiday Afloat for Guiders of all Branches

19-26 Guiders and Senior Branch Members

26-2 June Special Guiders' Adventure Week, open to Guiders of all branches.

June

2-9 Guider, Ranger and Cadet Holiday week

September

15-22 Guiders

The above weeks are for Guiders. Details of other trainings for members of the Senior Branch are published in THE RANGER.

Applications, accompanied by a booking fee of 14s., should be made to The Secretary, Training Ship Golden Hinde, Branches Office, C.H.Q. Trainings will be cancelled if less than six applications have been received three weeks prior to the training.

SCOTLAND

Netherurd House, Blyth Bridge, West Linton, Peeblesshire

May

4-7 Durham

11-14 Commissioners (by invitation)

*25-28 Guide Guiders' Training

June

1-4 Handicapped Trefoil Guild

*29-3 July Patrol Leaders' Training

July
 * 6-10 Patrol Leaders' Training
 * 13-17 Patrol Leaders' Training
 * 20-27 Patrol Leaders' Training week
 19-27 Patrol Leaders' Woodcraft Camp
 August
 * 9-16 Patrol Leaders' Training week
 8-16 Patrol Leaders' Woodcraft Camp
 21-28 Commonwealth Week
 September
 7-10 Reserved for County
 14-17 Glasgow
 21-24 Guide and Brownie Guiders
 28-1 October Stirlingshire
 Applications for Patrol Leaders' training will be accepted after 1st April.
 *To be held in Camp this year.

WALES

Broneirion, Llandinam, Mont.

May
 4-6 Cheshire Commissioners (some vacancies)
 11-13 Denbigh County Booking
 18-20 Stafford County Booking
 25-27 Welsh Trainers' Weekend
 June
 1-3 Monmouth County Booking
 8-12 Patrol Leaders' Training. 13-15 years (by invitation —through Counties)
 15-17 L.E.A.
 22 -24 Nottingham County Booking
 29-1 July Closed
 July
 6-8 Brownie and Guide Guiders
 13-15 Montgomery County Booking
 20-22 Closed
 25-1 Aug. Central Glamorgan Patrol Leaders' Training
 August
 4-11 Patrol Leaders' Training. 13-15 years (by invitation —through Counties)
 16-23 Training for Guides. 15 years+ (by invitation —through Counties)

27-3 Sept. Patrol Leaders' Training. 13-15 years (by invitation—through Counties)
 7-23 Closed
 28-30 L.E.A.

October
 5-7 Senior Branch Members' Training
 12-14 West Glamorgan County Booking
 20 Montgomery Scouter/Guider Law and Promise Training
 November
 9-11 Central Glamorgan County Booking
 16-18 International Weekend
 23-25 L.E.A.
 30-2 Dec. Aberystwyth University Scout and Guide Club

ULSTER

Lorne, Craigavad, Co. Down

May
 4-6 Co. Armagh
 11-13 Belfast Trefoil Guild
 18 20 Finaghy L.A.
 25-27 Ulster Trefoil Guild

June

1-3 34th Trefoil Guild
 15-17 Dublin Trefoil Guild

Come to Lorne for Summer Holidays

Lorne is open for Holiday Bookings during the second half of July and the whole of August. It makes an excellent centre, within easy reach of the sea, country or town and there are many pleasant and interesting excursions possible by coach. Guiders may come on their own or bring parties of Guiders, aged 14 or over. Patrol Duties are kept to the minimum. Uniform need not be worn.

Packed meals can be provided for excursions or 2s. 6d. deducted from bill if out for a main meal.

Fees are 12s. 6d. per day, including all meals. Applications should be sent to the Guider-in-Charge, Lorne, Craigavad, Co. Down, Northern Ireland, with 5s. deposit.

Lorne Camp Sites

There are two fully equipped sites at Lorne. The charge is 30s. per

week with extra for hiring tents and groundsheets. For further particulars apply to the Guider-in-Charge, Lorne, Craigavad, Co. Down, Northern Ireland.

Applications for Trainings at Foxlease, Waddow, Netherurd, Broneirion and Lorne should be made to the Training Centre concerned. Each application must be accompanied by a deposit of 7s. 6d. (in the case of Netherurd, 5s.), and a stamped addressed envelope. Please state in original application whether you are a Guide or Brownie Guider. Guiders attending weekend trainings may leave on Sunday evening or during Monday if unable to stay for the full period.

CAMPING & PACK HOLIDAYS

An Equipped Site is now available at Waddow for Patrol Camps or Ranger overnight hikes. Situated near the house. Solid shelter available. Applications should be made to the Secretary, Waddow Hall.

Blackland Farm, East Grinstead, Sussex. Applications for Camp sites should be made to the Warden. Indoor Camping facilities are available all the year round and 'Restrop' is furnished for parties of ten.

Hindleap Warren, Forest Row, East Grinstead: Details of these unequipped sites (solid shelter available) from Miss Swan, Ballards, Forest Row, Sussex.

Pack Holiday House, Waddow. Applications for Pack Holidays in 1962 should be made to the Secretary, Waddow Hall; they must be accompanied by a written recommendation from the Guider's C.A.

County Trainings at Foxlease and Waddow

Counties wishing to have a County weekend at Foxlease or Waddow in 1963 should apply to the Secretary, Commonwealth Training Department, C.H.Q., not later than 1st June, 1962.

DO YOU KNOW . . .

. . . that the month of June is one of the best months in the year for a holiday? The weather is usually at its best with lovely long evenings and the countryside fresh and glorious. If you have not already booked your holiday why not take this opportunity of making your ship *The Golden Hinde* your headquarters any week during May and June?

Cabins shared work out at the modest charge of four guineas per person per week for full board and free launch into Dartmouth daily, where excursions by rail, coach and water go to all the famous and beautiful parts of Devon. Garage or parking can be arranged for those who wish to come by car.

Sailing, swimming and picnics are arranged from the ship and you would be most welcome to join in any of these expeditions. Do not be put off if you are not a member of the Sea Section. You are not expected to know or use nautical terms. You can be assured of a warm welcome from all on board and a happy holiday, so make up your mind and *book early*. If you want to spend a night or two on board while you are touring in Devon the charge for bed and breakfast is 10s. 6d. Apply to The Secretary to the *Golden Hinde*, c/o Commonwealth Headquarters, 17-19 Buckingham Palace Road, London, S.W.1.

Headquarters' Notices

COMING EVENTS

Commonwealth Circle: The Party on Commonwealth Day will be held at Baden-Powell House at 6.30 p.m. on 24th May. By application only.

APPOINTMENTS

Chief Commissioner for Scotland: Dame Elizabeth Hoyer Millar (from 2nd May, 1962) vice Mrs. P. M. Noaks, M.B.E.

Deputy Chief Commissioner: Mrs. Derek Parker Bowles.

RESIGNATIONS

Deputy Chief Commissioner: Mrs. Robert Bernays, J.P.

IN MEMORIAM

With the death on 18th March of THE LADY LILIAN DIGBY, M.B.E., A.R.R.C., Dorset has lost a much-loved President who was their County Commissioner for many years. Very many years ago she impressed herself on a very young Guider as a kindly, humorous and very humble person and someone to whom one would be glad to turn in time of trouble. In later years (Lady Lilian had just reached her ninetieth birthday) she faced infirmity with courage and even after she had lost an eye she attended and enjoyed our Jubilee Rally. Lady Lilian's life will serve as an example of sincerity and unobtrusive kindness and she had a very real interest in all our doings.

J.G.-P.

Miss Mary Webster, Division Commissioner for Dundee West, who died on 17th March after a long illness, had a long association with the Movement. She had given valuable service in many different branches and was particularly interested in the Senior Branch. For her outstanding work, especially with Rangers, Miss Webster was awarded the Oak Leaf in November 1961.

AWARDS

Good Service

Silver Fish

Miss H. A. Toft, O.B.E., General Secretary, Commonwealth Headquarters.

Beaver

Miss Marjorie Brindley, County Camp Adviser, Derbyshire.

Miss E. E. Ewing Johnston, Lately County Commissioner, County Down North, Ulster.

Mrs. Enid Wynter, District Commissioner, Jamaica, B.W.I.

Medal of Merit

Miss C. L. Ackerley, Division Secretary, Lewes, Sussex.

Mrs. Nancy Clifford, Division Commissioner, Mid Sussex, Sussex.

Miss C. Christie-Miller, Assistant County Commissioner, Oxfordshire.

Miss Sallie Cole, District Commissioner, Holme Valley, Yorkshire W.R.S.

Miss Fowles, Commissioner, Bathurst, Gambia, West Africa.

Miss Lily Gale, County Secretary, Middlesex East.

Miss R. H. Gibson, Assistant County Secretary (Finance), Gloucestershire.

Miss K. A. Hartfree, District Commissioner, South Cotswold, Gloucestershire.

Mrs. Valmai V. Jeffreys, Division Commissioner, Bristol North West, Bristol.

Mrs. A. G. L. Lancaster, Division Commissioner, Melton Mowbray, Leicestershire.

Miss Gertrude Elsie Law, Lately District Commissioner, Tunbridge Wells, East, Kent East.

Miss N. E. Lawrence, Captain, 1st Weston Company, Hampshire.

Mrs. B. May Lee, Assistant County Secretary (Registrations), North West Lancashire.

Miss J. Lee-Warner, Division Commissioner, Oxfordshire South, Oxfordshire.

Miss Joyce Lonsdale, Lately District Commissioner, Moshi, Tanganyika.

Miss Marjorie Lush, Division Secretary, Bristol North West, Bristol.

Miss Mary B. Maxwell, County Secretary, North West Lancashire.

Mrs. Winifred Ritchie, District Commissioner, Huddersfield West, Yorkshire W.R.S.

Miss M. F. Stokes, M.B.E., Division Secretary, Brighton West Division, Sussex.

Miss Margaret Tiley, Captain, 58th Bristol (Bishopston Church) Company, Bristol.

Miss M. A. Walkinshaw, Division Commissioner, Windrush, Oxfordshire.

Miss Joan A. Wells, Captain, 12th Dar-es-Salaam Company, Tanganyika.

Oak Leaf

Miss E. K. Arnison, District Commissioner, Loughborough River, Leicestershire.

Miss M. W. Axtell, District Commissioner, East Oxford 1, Oxfordshire.

Mrs. Margaret Bagshaw, Brown Owl, 2nd Long Eaton Pack Derbyshire.

Miss H. Cantrell, Assistant Division Commissioner, Derby, Derbyshire.

Miss Joyce Clarkson, District Commissioner, Severus, York City.

Miss L. J. Demain, Division Secretary, Stockton-on-Tees, Durham.

Miss Derbyshire, Lately Division Badge Secretary, Preston, North West Lancashire.

Miss Angela Faire, District Commissioner, Loughborough Forest, Leicestershire.

Miss Ruth P. Gee, District Commissioner, Lutterworth, Leicestershire.

Miss Gladys Goulton, Captain, 1st Desford Company, Leicestershire.

Miss Elsie Gregory, Brown Owl, 8th Luton (Christ Church) Pack, Luton, Bedfordshire.

Miss D. Gregory, District Badge Secretary, Luton, Bedfordshire.

Miss N. King, Captain, 8th Luton Guide Company, Luton, Bedfordshire.

Miss M. Matthews, Captain, S.R.S. Ganges, Derby, Derbyshire.

Miss Margaret E. Meadow, District Commissioner, Hinckley, Leicestershire.

Miss B. R. Myrton, District Commissioner, High Wycombe, Buckinghamshire.

Miss Lesley Northrop, District Commissioner, Worksworth, Derbyshire.

Miss Ellen Nutman, Brown Owl, 1st Mudeford Pack, Hampshire.

Miss E. Richardson, Brown Owl, 2nd Stockton Pack, Durham.

Mrs. R. W. Rodwell, Division Commissioner, Loughborough, Leicestershire.

Miss Muriel Smith, Captain, 8th Chesterfield Company, Derbyshire.

Mrs. Mabel Agnes Simmons, Captain, 1st Saltash Company, Cornwall.

Miss Ena Staden, Captain, 22nd Cambridge Company, Cambridgeshire and Isle of Ely.

Miss M. Styles, Brown Owl, 12th Derby (St. Werburgh's) Pack, Derbyshire.

Miss C. M. Walter, Captain, 34th York (Poppleton) Company, York City.

Miss Eileen Thomson, Division Commissioner, York City South, York City.

Mrs. Yates-Moore, District Commissioner, Eaglescliffe, Durham.

Letter of Commendation

Miss Joan Booth, Captain, 1st Sawmills Company, Derbyshire.

Miss D. M. Cook, County Badge Secretary, York City.

Fortitude

Badge of Fortitude

Maureen Bamford, Patrol Leader, aged 15, 1st Killinghall Company, Harrogate, Yorkshire Central. Maureen has had many operations to help her to walk, and this she can now do for short periods with the assistance of artificial aids. She is always stoically brave and never complains. Maureen does all she can to help others and to carry out the Guide Promise and Law, showing great determination and courage to overcome her disabilities.

Badge of Fortitude

Margaret Ann Beasley, Guide, aged 15 years, 1st Welburn Company, Yorkshire N.R. Although Margaret has to spend her days in a wheelchair and is unable to join in many Company activities, she takes a keen interest in everything and makes every effort to overcome her difficulties, enduring them with cheerfulness and tolerance.

Badge of Fortitude

Jean Clay, Brownie Sixer, aged 10, 5th Rastrick (Crowtrees) Pack, Yorkshire W.R.N.W. Jean has suffered ill-health since birth and has spent three long periods in hospital. She is a keen Brownie and shows determination and cheerfulness in everything she undertakes. Always helpful and considerate, Jean shows the true Brownie spirit in her way of life.

Badge of Fortitude

Sheila Helen Critchlow, Patrol Leader, aged 15, 1st Welburn Company, Yorkshire N.R. Sheila has been paralysed for several years, having to wear a very uncomfortable support. She has always been a co-operative patient and, as a Patrol Leader, in spite of pain and discomfort, her cheerfulness and service to those more handicapped than herself provide a wonderful example of the Guide spirit.

Badge of Fortitude

Eileen Farrell, Guide, aged 13, 2nd Ivybridge Company, Devon. Eileen has had a number of operations and treatments to improve her health, and although often in great pain, she is always uncomplaining and shows great courage, perseverance, and a keen sense of humour. She is an enthusiastic Guide and a splendid example to her Company.

Badge of Fortitude

Jennifer Geer, Brownie Sixer, aged 11, 4th Penrith Pack, Cumberland. As a result of paralysis after poliomyelitis Jennifer has spent many months in hospital. In spite of this she joins in all possible Brownie activities and does all she can to help others. Her courage and determination have been instrumental in improving her condition.

Badge of Fortitude

Mildred Hayes, Guide, aged 15, 2nd Ivybridge Company, Devon. Severely paralysed, Mildred has had many months of hospital treatment and several operations. Although frequently in pain she has endured all her trials bravely and cheerfully. In spite of her handicaps, she is a valuable member of her Company and a fine example to the other Guides.

Badge of Fortitude

Christine Keen, Brownie, aged 10, 1st Broughton Gifford Pack, Wiltshire. Christine has always shown exceptional courage during the last five years when she has had three operations and many transfusions. Although unable to attend Pack meetings regularly, she is a keen Brownie and interested in all activities, even though some are not possible for her. Her fortitude in facing her illness is an example to all.

Badge of Fortitude

Maria Manuel Paira da Motta Marques, Guide, aged 14, 1st Brockley Hill Company, Middlesex West. Maria came to England after being stricken with poliomyelitis and has had three major operations. Despite separation from her family and language difficulties, she is always cheerful. Maria is determined to overcome her disabilities and her good humour and infectious smile encourage all who are in contact with her.

Badge of Fortitude

Colleen Smith, Brownie, aged 9, 1st Mangotsfield St. James Pack, Bristol. Colleen has spent much time in hospital since her birth and, at the age of three, contracted poliomyelitis. She underwent several operations to improve her condition and has to wear a splint on one leg. In spite of her handicap, she is determined to live a normal life and enters into everything with enthusiasm. She has won the admiration of those who know her.

Badge of Fortitude

Wendy Lower, aged 19, Ranger, Malvern District Ranger Company, Worcestershire.

Training

Brownie Training Diploma: Miss R. K. Maxwell, Suffolk.

Brownie Training Diploma: Miss E. Hordatt, Grenada.

Camp Training Diploma: Miss D. M. Caiger, Kent East.

THE REVOLVING FUND FOR ASSISTING LOCAL UNITS IN THE PURCHASE OF NEW HEADQUARTERS BUILDINGS AND EQUIPMENT

1. The purpose of the Fund is to help local units in the purchase of new Headquarters Buildings and Equipment in cases where the Ministry of Education is prepared to make a grant towards the cost.

2. Applications must be made on the detailed application forms provided, through the County Commissioners concerned, who must approve the application and pass the completed application form to the Secretary of the Grants Committee at C.H.Q.

3. Loans from the Fund will not exceed £500 to any one borrower and they must be guaranteed by two private guarantors. They will be repayable by equal instalments covering both capital and interest at six-monthly intervals over a period of up to five years, as may be arranged with individual borrowers. The terms on which loans will be offered will be set out in a Schedule sent to successful applicants and their guarantors.

4. The amount of the Fund is limited and it may not be possible to meet all applications, or to meet applications in full, but the available funds will be allocated as fairly as possible between the different applicants. No loans will be granted initially for a period of some three months to enable applications to be received and considered.

5. It is important that instalments be repaid on the due dates as the amounts received from these then become available for loans to other applicants.

6. Copies of the Application Form, the Form of Guarantee required and the Schedule indicating the terms on which loans may be offered will be obtainable from County Commissioners in due course. It will be noted that the Application Form may also be used for the purpose of application for grants from the King George V Jubilee Trust Fund.

7. Preference will be given to cases where the property is vested or is to be vested in the Girl Guides Association Trust Corporation.

8. The Secretary of the Grants Committee will be pleased to give any further information which may be required with regard to these arrangements.

STORK CAMP COMPETITION

IS YOUR COMPANY well ahead with its menu planning for the Stork Competition, full details of which were published on page 118 of the April GUIDER? Entries should be in by 26th May.

We are pleased to announce that the judges' panel will include Miss M. E. Smith, who is a trained Home Economist and runs the experimental kitchens of the 'Stork' Cookery Service. Miss Smith has been a Guide and a Sea Ranger. Miss Margaret Munt, Camp Adviser, Guide Captain and Sea Ranger Skipper in Salisbury will also be on the panel.

Amendments to Camp Advisers' List

Kent East: *Delete:* ROMNEY MARSH: Lady Green, Little Gables, New Romney, Kent. TONBRIDGE: Miss Playfoot, 44 Yew Tree Road, Southborough, Tonbridge Wells. *Insert:* TONBRIDGE: *Recorder:* Miss S. J. Crackett, 49 Deakin Leas, Tonbridge, Kent.

HANDCRAFT CIRCLE

A residential weekend is being arranged for members of the Circle at Frogmoor Cottage, Burley, Ringwood, in the heart of the New Forest, on 2nd and 3rd June.

The Annual General meeting will be held during the weekend. Further details will be circulated and can be obtained from the Secretary, c/o C.H.Q.

£1,000 FOR ADVENTURE

THE Royal Geographical Society is prepared to consider applications for this Award which are specially put forward by our Association. The general terms of the Award are as follows:

'As the result of a bequest from the late Lady Dorothy Mills, Fellow of the Society, an Award of £1,000 (one thousand pounds sterling) has been established, to be known as "The Lady Dorothy Mills Award". The Award will take the form of a Studentship involving some element of adventurous travel or exploration by land or air, tenable for one or more years within the limits of the sum available. Applicants (of any nationality) must be women over 21 and preferably under the age of 30 years. They must be Fellows of The Royal Geographical Society. The study which forms part of the candidate's programme must be in any field of Science or the Humanities, provided that it has some geographical content or aspect.'

Applications from members of the Movement, together with the Commissioner's recommendation, should be made to the Training Department, C.H.Q., by the 1st September, 1962, via the County and the Country's Training Adviser.

Should any Guider, Cadet, Ranger, or Commissioner within the age limits contemplate some good original scheme based on the above outlined terms and wish for further information in the early stages they should not hesitate to get in touch with C.H.Q. The possibility of not being a Fellow of the Royal Geographical Society need not deter anyone from applying as an applicant's name may be put forward for Fellowship at a later date. In deciding which members shall be supported by C.H.Q., consideration will be given to the nature and scope of the scheme, the manner of presentation, detail, practicability and enthusiasm for adventure. Some of those recommended will have the opportunity of presenting their projects to The Royal Geographical Society Selection Committee.

SENIOR BRANCH RALLY

Saturday, 3rd November, and Monday, 5th November

The Rally will be held in the Albert Hall, London, with performances at 2.30 p.m. and 7.30 p.m. on the Saturday and at 7.30 p.m. on the Monday. Booking opens at the Albert Hall (only) on 1st May.

Her Royal Highness The Princess Royal has graciously consented to take the salute at a March Past on Sunday, 4th November. This will culminate in a Service of Worship for Protestants at the Albert Hall. There will be a special service for Roman Catholic members.

Those who wish for overnight accommodation should write *now* to Mrs. Gentry, 28 Duncan Terrace, Islington, N.1, stating whether hotel or hall accommodation is preferred.

Classified Advertisements

The Girl Guides Association takes no responsibility for statements made in any advertisements here or elsewhere in the magazine, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of second-hand clothing (except uniform) cannot be accepted. (Uniform for sale should not be sent to C.H.Q. Advertisers receive a communication from applicants.) All advertisements must be received by the 1st of the month for the following month's issue. Charge 2s. per line, Personal; 4s. per line, Trade; Box No. 2s. (for members of the Movement, 1s. 6d.).

EMPLOYMENT OFFERED

Ipswich and East Suffolk Hospital (630 beds). Complete General Training School for Nurses. Applications are invited for well-educated girls wishing to enter as Student Nurses. For further particulars and advice re pre-training occupation, please write to: The Matron Superintendent, Ipswich and East Suffolk Hospital, Training School for Nurses, Anglesey Road, Ipswich.

St. Helen's School, Abingdon, Berkshire: Direct Grant, C. of E.:—**Head Matron** wanted for May or September. Three Assistants. No catering. Salary: £550 x £25 to £675 (less residence). Superannuation Scheme. **Assistant Matron** wanted now or May. N.W.C. Scale. Superannuation Scheme. Help with Guides welcomed. Apply: Sister Superior.

What About Social Work? Interesting posts open to Churchwomen taking one of our training courses. Write: The Church of England Council for Social Work, 251 Church House, Dean's Yard, Westminster, London, S.W.1.

West Riding County Council, Nortonthorpe Hall Boarding Home, Scissett, Huddersfield. **Resident General Assistant** (one of three) required at this Boarding Home for Boys. Duties include sewing, care of linen and the general welfare of the boys out of school hours. Salary £580 x £15 to £640 per annum less a deduction of £120 per annum for board residence.

Trained Midwife or Trained and Experienced Nursery Nurse required for Diocesan Mother and Baby Home in Eastbourne. 18 beds. Communicant member of Church of England. Apply: Mrs. Churcher, 2 Grange Gardens, Eastbourne.

Plymouth and District Association for Girls' Welfare: Wanted immediately, resident Matron for teenage home. Salary according to experience. Apply Hon. Secretary, No. 2 Woodside, Plymouth.

Matron for Home for Disabled Men and Women, Leatherhead. Nursing experience, household management essential. Salary £400 per annum with full residential emoluments. Modern, comfortable home on bus route, 5 minutes' walk from town centre. Apply: Secretary, Vol. Assoc. Surrey Disabled, 4 Gloucester Road, Kingston-upon-Thames, Surrey.

New Zealand: Two friends wanted to do cooking and housework in country home with large family in holidays. Some care of school-age children. Use of car, own flat. Please send photograph, references and details of experience, airmail, to: Mrs. L. H. Williams, Longacre, Havelock North, New Zealand.

New Zealand: Family requires children's nurse and cook, preferably friends, for seaside country homestead. Other help kept. Use of car. Please write with references, photographs, details experience, airmail, to H. B. Williams, Ohui, Gisborne.

Foxlease: There is an immediate vacancy (and will be a further one in the summer) for a **Junior House Assistant**. Suitable for Ranger or Cadet aged 16-18, with six months or more to fill before taking up a career. Details from Guider-in-Charge, Foxlease, Lyndhurst, Hants.

ACCOMMODATION OFFERED

S.W. London Guider offers bed and breakfast; comfortable double room. Easy reach West End and lovely Surrey countryside. Moderate charge. Box No. 126.

Harrow, Middx.: Guider offers bed-sitter and all-electric kitchenette for short periods and weekends. 20 minutes to Baker Street. 24-hr. stay £1. Second person welcome if notice given. 32 Butler Avenue, Harrow.

Bournemouth, Micklehurst Hotel, Argyll Road, Boscombe. H. and C., excellent food, car park, 2 mins. sea and shops. Terms from 7½ gns. Phone 35460.

HOLIDAY ACCOMMODATION

Martello Beach, Pevensey Bay (2½ miles Eastbourne). Deluxe caravan, to let April to October. 6/7 berth. All amenities on site. Apply Miss D. E. Wells, 57 Wydehurst Road, Croydon, Surrey.

Holiday Accommodation, Eastbourne: Bed, breakfast and evening meal, or full board; weekends October-March; three minutes sea. Apply Mrs. W. Jebb or Miss E. Cox, Alex House, 8 Willowfield Road, Eastbourne, Sussex.

Garden Hut to Let: Fully furnished for two persons (except sheets and towels). Terms £5 5s. weekly, plus 10s. 6d. calor gas. Mrs. Bury, 5 Kenstyle, Penally, Tenby, South Wales.

To let: Furnished farmhouse flat, Dartmoor. Bathroom, electricity. April £2 12s. 6d. to August £8 8s. 0d. weekly. Miss Earle, Manaton, Devon.

Guider has furnished cottage to let, south Scotland, modern conveniences, May, June, September and October. Solway Fishery, New Abbey, Dumfries.

Caravan on farm 4 miles from Scottish border town. 4 berths, calor gas, 'Elsan'. Fully equipped except linen. Box No. 150.

Caravan near Burnham-on-Sea, Som., 4 berth, secluded site. Modern conveniences, sea ½ mile, 5-10½ gns. weekly. S.A.E. Barlee, Little Crab, Brent Knoll, Somerset.

Beaumaris, Isle of Anglesey, for delightful summer and autumn holidays. Walking, sight-seeing, lovely scenery. Supper, bed and breakfast in Guest House run by Guider. Apply Miss B. G. Bowen, Plas Hyfryd.

CAMPING AND HOLIDAYS

Sarrat, near Rickmansworth, Herts. Westminster Division camp site fully equipped for 25. Solid shelter. Apply Miss Pinder, Our Ark, 45 Longridge Road, London, S.W.5.

Willing to be Assistant Q.M. or First Aid helper to Guide or Scout camp in July. Must camp in Hampshire and Berkshire area. Box No. 148.

Our Chalet: Any party travelling to Our Chalet last fortnight in July willing to include young experienced Guider? Write A. Hastings, 139 Bo'ness Road, Grange-mouth.

Would any Company be willing to include some Guides in their camp, either late July or August? 5th Feltham Guides, c/o Denison Road, Feltham, Middx.

Would any Guider, Rangers (2 friends welcome) please help with Company camp in Dover area, 11th to 18th August? S. Cordwell, 14 Abbey Road, Waltham Cross, Herts.

Charmouth, Dorset: 4-berth caravan, excellent sea position. All amenities. £8 10s. weekly. May-Sept. £7 10s. weekly. Mrs. E. Thorne, 38 Stilby Road, Yeovil, Somerset.

Two Guiders required for Pack Holiday in Midlothian, Scotland, from 21st-28th July. Please write Mrs. Ross, 34 Charles Street, Penicuik.

First Aider and Life-saver (swimming bath) wanted for camp (no camp fees required) near Cirencester, Glos., 28th July to 4th Aug., with or without their Guides. Licensed Guider in charge, Mrs. J. E. Fenton, Atkyns Manor, South Cerney, Cirencester.

Life Saver wanted for Guide camp at East Prawe, South Devon, 31st July to 14th August. Expenses paid. Please apply for one or two weeks. Jenkins, The Nook, Staplegrove, Taunton.

Lifesaver required, 4th to 17th August, Gower Coast, Glamorganshire. French, 19 Longmead Road, Hayes, Middx.

Haulage of Camping Equipment. Licence to carry any distance. F. G. Tester and Son, Ardingly, Sussex (258).

Co-driver for Austin Minibus required, 8th to 22nd September. Sea Ranger party touring/camping abroad. Approximate cost £30. Miss Dorrill, 23 Eastern Road, London, N.22. (Bowes Park 9487.)

Holiday House, approved by C.A. as suitable for 18 Guides or 21 Brownies, plus 3 Guiders. Two minutes from sea. Visitors can do own cooking or owner is willing to cater and cook. Mrs. Woolett, Treowen, 40 Berrow Road, Burnham-on-Sea, Somerset.

FOR SALE

Fund Raising? Ball pens are used by everyone. We supply Platignum and Bic makes at reduced wholesale rates. Your Company title, etc., can be die-stamped as required. Pen cases in various colours (including Girl Guide colours). Profit over 50% on cost. Details/samples on request. Thompson & Robinson Ltd., 20 Churchfield Road, London, W.3. Telephone ACOrn 8770.

Advertising Pencils, Superb Ball-pens, brushes, combs—raise funds quickly, easily. Samples.—Price list from Northern Novelties, Bradford, 2.

Funds raised quickly by selling our attractive Toilet Soap stamped: 'Lord Baden-Powell said "Be Prepared"'. Write for details:—The Standard Soap Co. Ltd., B.-P. Dept., Ashby-de-la-Zouch, Leicestershire.

Wholesale Terms for Greetings Cards, Domestic and Gift Stationery, Toys, Games, Pens, Jewellery—all from leading manufacturers. Also our well-known unbeatable parcels:—144 6d. Toys 50s.; 72 1s. Toys 50s.; Over 70s. Selection Jewellery, 50s. Carriage 2s. 6d. under £4. Price Lists from J. Thomas & Son, Woodhouse, Games Road, Cockfosters, Herts.

Help Company Funds by sale of Lavender Flowers and Satchets; send 5s. crossed cheque or postal order for saleable samples. R. Ramsdale Ltd., Crown Street, Chorley, Lancs.

Big profits for funds. Our approval selections are sure sellers amongst your stamp collectors. Ask to see a sample selection of beautiful modern pictorials priced 2d. to 2s. 6d. and just see how they sell! P.L. Approval Service, 79 Radford Bridge Road, Nottingham.

50% Profit for your Funds. Everyone uses ballpoint pens. Why not sell them die-stamped with your Group's title for 1s. each? For further details apply to: Mrs. A. H. Whitehead, 7 Altcar Lane, Formby, Liverpool.

Do you know that the S.C.W.S. Ltd., Langholm, offer 5% discount on all orders received for organized camps? Orders delivered free. J. Brodie, Manager.

Girl Guide and Brownie pencils for Fund Raising. Top grade H.B. black lead pencils in 8 attractive colours,

printed with your Company details and the official badge. Buy from the actual producers at wholesale prices. Samples and price list sent on application. Aire-dale Press Ltd., P.O. Box 60, Bradford.

WANTED

Guider's Battle-dress blouse. B.36. Miss L. Buxton, St. James's, West Malvern, Worcs.

CAMPING EXHIBITION

GRAND CAMPING EXHIBITION! The most comprehensive display of tents ever shown—over 100 on view. Light, medium, heavy-weight Ridge and Continental Frame Tents—many of which have been arranged for specific Guides' viewing. **Saturday, 28th April**, to **Sunday, 6th May**, at Brighton Road, Banstead (A127), Surrey. Opposite the Tattenham Way. Full details of tents being shown forwarded on request. Sponsored by **THE Q.M. STORES**, 298 High Street, Sutton, Surrey (VIG. 8655). Official Stockist for C.H.Q. Uniform and Accessories.

TYPING AND DUPLICATING

All classes of Duplicating and Typewriting neatly and accurately executed by Guider. Prompt delivery. Discount to Guiders:—Alert Typewriting Bureau, 1 Pease-marsh, Gillingham, Dorset.

EMBROIDERY

Embroidery orders taken and rugs finished. Apply Miss S. Fugeman, 618 High Road, South Benfleet, Essex.

ROWING

Rowing in racing eights and fours (Thames Tideway, Barnes Bridge). Interested? Full training given in rowing and sculling. Moderate membership fees. Apply: Secretary, Alpha Women's Rowing Club, 29 Belsize Square, London, N.W.3.

THIRD BRITISH CONFERENCE OF CHRISTIAN YOUTH, LEICESTER

27th July-3rd August, 1962

It is expected that many Guiders will be attending this Conference as members of the many different denominational delegations. We are privileged to send two representatives of the Girl Guides Association to the Conference. It would be helpful if other members of the Movement attending the Conference would make themselves known to Miss P. A. L. Miller, 107 Knatchbull Road, S.E.5, and Miss J. McQueeney, 56 Spring Gardens, Salford, Lancashire, the representatives of the Association. There will probably be many interesting subjects to discuss together.

M. NEWNHAM

NEW OPENINGS FOR WOMEN

Interesting posts with scope and good pay.

The Y.W.C.A. of Great Britain invites applications from women of 23-35 interested in a career in the Youth Services.

Applicants will first work in a club for 3 months under supervision on relevant salary. Those approved will be recommended for 3 months or 1 year college training as appropriate: tuition and maintenance grants available. On qualifying they will be eligible for posts in Y.W.C.A. or other Youth Clubs on salary scale £680-£1,000 p.a.

Apply in writing to: Personnel, Y.W.C.A.
108 Baker Street, London, W.1.

NEW ITEMS ADDED TO OUR RANGE OF CAMP EQUIPMENT

FLORIDA DINING SHELTER

Made from "Picotex" Riviera Orange, a superior quality Cotton Duck weighing $7\frac{1}{4}$ oz. per square yard, Vat Dyed, Rotproofed and Silicone Waterproofed.

Dining Area: 12 ft. long, 16 ft. 4 in. wide, 7 ft. high, 2 ft. 3 in. walls, fitted with full width mud skirting. Plus: Bell End to cover 180 deg. Arc 8 ft. 2 in. Radius, with 2 ft. 3 in. Wall. Fitted with mud skirting as above, also tapes and "D" rings for fixing to either ends of "Dining Area". All Guy Lines affixed to aluminium "D" rings which are attached to heavy Webbing sewn on to the Shelter and Bell End. The unit is fitted with 3 sectional spring-locked Continental steel uprights and ridge, storm set Main Guys, and all necessary runners and wooden pegs. Packed in one bag.

Extra Bell End £16 15s. 0d.

With 1 Bell End £56 15s. 0d.

GOLIATH (an excellent store tent)

Made from proofed "Bees-wing" fabric. Extra doorway provided by zip fastener in wall at back. Lightweight metal upright and ridge poles complete with guy lines, runners, pegs and mallet. Length 10 ft. (7 ft. between uprights, 3 ft. extension).

Width 6 ft. 6 in. Height 6 ft. 6 in., walls 3 ft. Packed completely 32 in. x 14 in. approximately. Weight 28½ lb. approximately.

Gold £18 7s. 6d.

Green £18 0s. 0d.

ROAST RACK "TALA" (7 positions)

Made from durable chrome-plated steel, individually packed in polythene bag. Will go into Aluminium Casserole 12½ in. and No. 21 Oval Tin Boiler, 4 gallon.

9s. 11d.

LANTERN

"Chalwyn" Tropic Cold Blast Lamp. Brightest and Best. A small size handy lantern for all camping purposes, storm-proof and dependable under all weather conditions.

Height (without handle) 9½. Burner ½ in. Candle Power 7. Tank Capacity ½ pint. Burns (one filling) 18 hrs.

8s. 6d.

POLYTHENE BUCKET (Fethaware)

P.137 3½ gallon, with lid. Colours: Red, Blue, Green, Primrose.

17s. 10d.

FIRE GRID—Folding

Made from ¾ in. diameter mild steel bars with ½ in. diameter legs. Table Top bars closer together at one end to take small billies. Painted. Size 30 in. long x 14 in. wide x 15 in. overall height. Folds flat.

£3 11s. 6d.

MADE IN POLISHED ALUMINIUM

FRYING PAN

Aluminium best quality polished heavy 12 gauge. Steel lifting handle, and side loop handle. One pouring lip. Round 13 in.

16s. 9d.

164 MILK CAN

Aluminium polished, with lid; 2 pint, tinned steel handle.

6s. 0d.

DOUBLE TURNER

Can be used as tongs or individually. Very light in weight.

4s. 6d.

GRIFFLING IRON

Can be used as tongs or individual fork and spoon. Very light in weight.

4s. 3d.

POT FORK

2s. 6d.

Orders £5 or over Post Free in U.K.

THE GIRL GUIDES ASSOCIATION

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PROVINCES: 5 Ryder Street, Birmingham, 4; 20 Working Street, Cardiff; 5 Tackett Street, Ipswich;
62 The Headrow, Leeds, 1; 20 Richmond Street, Liverpool, 1; 6 Oxford Street, Newcastle-on-Tyne;
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