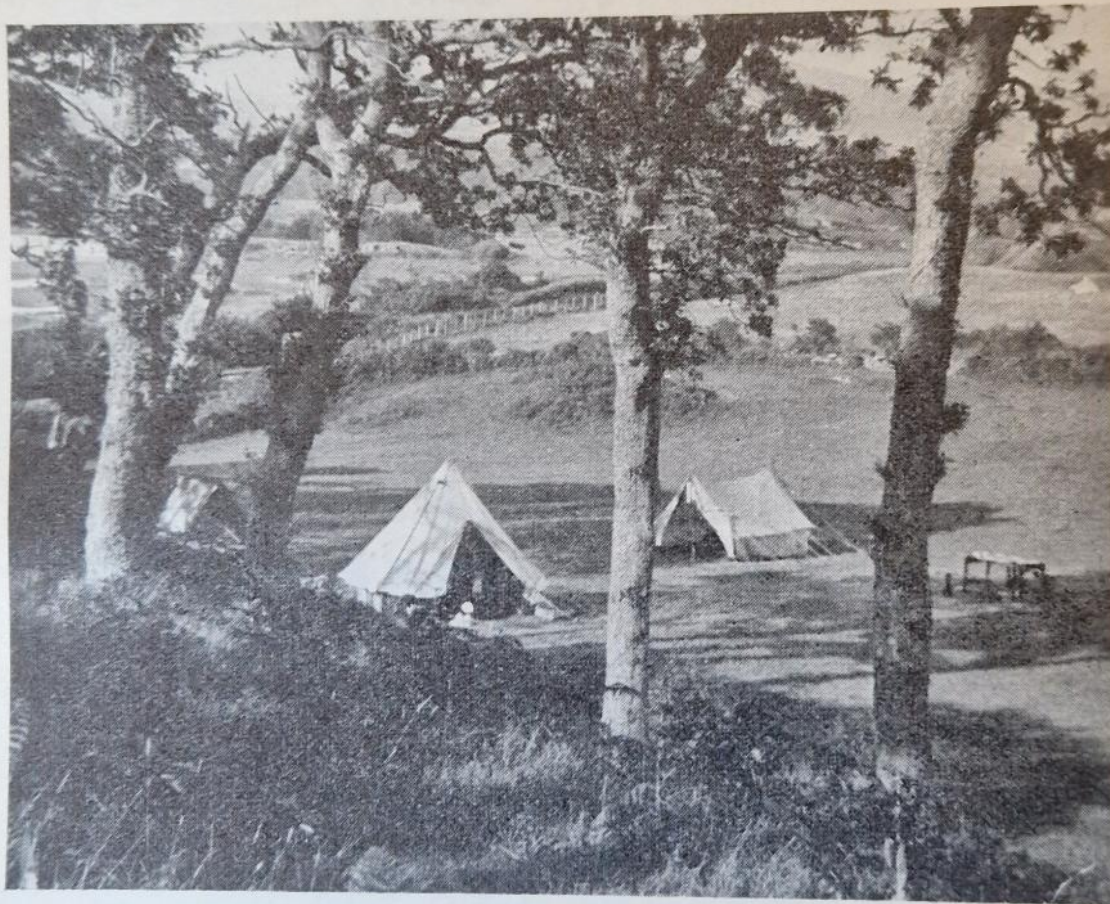


# THE GUIDER

VOLUME 50 - No. 7 - JULY 1963 - PRICE NINEPENCE



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THE GUIDER



# THE GUIDER

Official magazine of the Girl Guides Association  
(Incorporated by Royal Charter)

## Official Opening of Brownsea Island

FOR MANY YEARS Brownsea has been as out of reach as the moon. Its lovely wooded outlines, with its castle ramparts and square church tower have beckoned tantalizingly to people on the mainland, while its owner, a recluse, a modern Alexander Selkirk in fact, might well have said to herself:

*'I am monarch of all I survey  
My right there is none to dispute  
From the centre all round to the sea  
I am lord of the fowl and the brute.'*

But with her death last year, the Island passed to the Treasury in payment of death duties, and the National Trust acquired it so that the public could enjoy its beauties for ever.

For Olave, Lady Baden-Powell, who officially opened Brownsea Island to the public on 15th May, it was a particularly memorable occasion, and the opening ceremony itself presented an unusual problem. How, Lady Baden-Powell asked, does one open an island? There was no champagne to break over it, no tape to cut, no key to insert in a lock, but Lady Baden-Powell solved these problems in a few moving words of hope that everyone who loves beauty and peace will find happiness there.

For most of the visitors, it was enough to set foot on hitherto forbidden territory, but for the Guide and Scout members of the party the real thrill of the occasion was to see our camp-site—a wild and romantic spot, with lovely views of Poole Harbour, and the ruin of Corfe Castle just visible in a gap in the Purbeck Hills. The site is being cleared under joint Scout and Guide arrangements, but it will definitely not be ready until at least next year. In the meantime the Poole 'Belle' is chugging back and forth landing sightseers on the island, and for a small charge you can wander on Brownsea to your heart's content, listening to the peacocks and the many rare birds in the Nature Reserve.



By courtesy of the Bournemouth Evening Echo

**Under the shadow of the old Church Lady Baden-Powell officially opens Brownsea Island,  
15th May, 1963**

Scouts and Guides have indeed earned a place on the island. First, our Founder made it known through his first camp there. Then the £25,000, given on behalf of the Scouts and Guides by the Staines and Coult-hurst Trusts, gave a lead to the National Trust in their plans for a permanent endowment, and now individual members are contributing generously to the Appeal Fund. (More than £1,000 has been given so far, but £16,000 is still needed.)

Shakespeare's fine words about a rather larger island are very fitting for Brownsea:

*'This other Eden, demi-paradise . . .  
This precious stone set in a silver sea.'*

### FRIENDS OF FOXLEASE

FIRST GARDEN PARTY, Saturday, July 20th, 3.30 to 6.30 p.m. Invitations will be sent to all Friends and to new ones joining before the date, who should write to the Secretary, Friends of Foxlease, Foxlease, Lyndhurst, Hants.

### COMMENT OF THE MONTH

**From the Hon. Mrs. (Betty) Gervas Clay**

A CHIEF COMMISSIONER who also has a full-time job, seven children, and a farm, on seeing a Guider getting out her sewing during a spare moment at a National Camp:

*'Oh, you make me feel so lazy!'*

*(This was Helen Wynne, Chief Commissioner for Southern Rhodesia, during the wonderful Jubilee Camp in the Matopos, August 1962.)*



## A New Book of Prayers for the Company

MOST GUIDES find it quite a simple matter to decide what they would like to say in Company prayers. At weekly meetings, in camp, after an expedition, and so on, there are so many things which people want to pray about, and the difficulty arises only when the right words have to be found. Even for the Company with a library of suitable books, and with some experience in searching out the exactly appropriate prayer, or the prayer that can form the basis for their own extempore words, a new collection of prayers is always welcome. For Guides and Guiders who have less experience and not many books, *A Book of Guide Prayers*, recently published by The Girl Guides Association, price 3s. 6d., and in a linen cover 6s. 6d., seems likely to be very helpful indeed.

This book contains 70 pages of prayers, some old and famous, some modern, some specially written, but each chosen with the needs of present-day Guide

Companies in mind. For easy reference, these prayers are arranged in sections, suggesting occasions when they might be used and subjects that might be prayed about—'at a first meeting', 'on the day of an enrolment', 'when Brownies are joining', 'thanksgiving', 'friendship', and so on. There are also prayers particularly suitable for Guiders' use at District meetings, trainings, etc., and at the end a list of over 100 suggested readings from the Bible, hymns to sing, and a most useful classified index.

In her preface, the compiler gives advice about how to use this collection as a starting point from which to help the members of the Company 'relate prayer, simply and naturally, to all Guide activity'. This book is a tool which many of us need, and it will be surprising if it is not soon on the shelf of every Company, if not every Patrol, library.

E.P.C.

## IN MEMORIAM

### MABEL ARMSTRONG

Her many friends in this country, in the Commonwealth and overseas will be sad to hear of the death, on 31st May, of Mabel Armstrong, Overseas Secretary at C.H.Q. from 1946 to 1958.

Mabel started a Pack and a Company at Bettys-y-Coed in the early twenties and had since been the much loved Brown Owl of several Packs, including two for handicapped children. For the last few years she had been Lieutenant of the 1st Lenham Company and was held in great affection by these Guides.

A keen camper, Mabel was C.C.A. for Caernarvonshire from 1926 to 1928. But it is as Overseas Secretary that most people will remember her and think with gratitude of the happy smile and warm welcome which made 'Overseas' home to so many Commonwealth Guiders.

G.C.

*One cannot think of Mabel Armstrong in the Overseas Department at C.H.Q. without also thinking of Gladys Commander, for the close partnership of these two friends 'made' the Department. They were never*

*too busy to listen, to discuss, to help and to advise every one of the many hundreds of visitors from overseas. All their friends think with affectionate sympathy of Gladys Commander at this sad time.*

V.A.

**Miss N. E. Butcher**, tragically killed on the road returning from camp. For many years beloved Captain of 1st Widford Company. An experienced first class Guider and camper, always ready to lend a hand. She was much loved and will be sadly missed in the District and Division of Mid-Essex.

C.R.P.

DORSET HAS lost one of its much-loved personalities by the death of **Miss Muriel Hart**. She was Tawny Owl and later Brown Owl of 5th Poole Pack and during the war she was Captain of 5th Poole Guides and Rangers. She gained her Training Certificates and was a Brownie Trainer in Dorset and Hampshire. At the time of her death she was Brown Owl of the St. Christopher's School Pack. All who knew her loved her and gained much from her example both as a Guider and a practising Christian.

E.C.

**TRAINING WEEK-END** for Church of England Guiders arranged jointly by the Church of England Youth Council and Church of England Children's Council.

### Duty to God

What do we mean by this phrase? How can we make it real to girls today? What part can the Company or Pack play in the church's work among young people?

The Duty to God course for Church of England Guiders at Waddow, Nov. 1-3, 1963 will be seeking answers to such questions. The course will take the form of a consultation with practical activities. All Church of England Guiders will be welcome but the particular needs of those who lead 11-14-year-olds will receive special consideration. Applications, accompanied by a deposit of 7s. 6d., and further enquiries to Guider-in-Charge, Waddow Hall, Clitheroe, Lancs.



# POSTBAG

## Camp Gadgets

HAVE we let a good idea run away with us? Given suitable wood, and time to do a good job, gadget making in camp is fun and satisfying, but on some sites wood is scarce and then the bed rack can become a burden.

Which of us have not overheard such remarks as 'Don't you dare go into our tent till after inspection,' from a young P.L. struggling with poor wood and the bulky bed parcels of her new campers.

And do we always feel happy when going out of camp for the day, and someone has run back for a camera that perhaps was at the bottom of the 'mountain' on a rather rickety gadget? No, no, good campers, don't hold up your hands in horror. Be honest: bedracks *can* be rickety, unless of course you travel by car, complete with gadget wood—and if so give a kindly thought to those of us who go by train, and like to see our Guides carrying neatly packed luggage and not bristling with sticks to the inconvenience of other travellers.

And, after all, if we are going to take wood to camp with us, would it not be as sensible to take a collapsible stool to stand our bedding on?

What is wrong with our Second Class bed parcel? Is it not waterproof? It certainly makes a most excellent seat, both in the tent and outside.

Having camped before the days of gadgets, I can assure you that the condition of the ground was still well kept as it is today, beds were kept dry, tents I believe were on the whole tidier throughout the day and less time and worry seemed to be devoted to this part of camp.

Let us put gadgets where they belong: a camp activity that Guides enjoy, as demonstrated by the 'washing-up table' the Patrol makes—when it is not compulsory. So, C.As., may we, having gained a Licence, without a guilty conscience camp as we think best?

## A CAMP REBEL

### Money!

WE WERE very sorry to learn in the November GUIDER that it had been decided to make 100% increase in the amount Brownie Packs are expected to pay to meet Headquarters Funds. This increase has been received with great concern in this District, as many Packs are already having great difficulties in meeting their financial commitments.

This Fund was originally requested for three years to meet a special expense, but it has been repeated annually since 1949. Many Packs who willingly offered to help to defray an unfortunate debt are now very reluctant to meet this large item of expense year after year. This in turn is having its effect as far as obtaining Guiders is concerned, as many people who have a desire to train young people are not prepared to undertake the financial worries that

Guiding entails, when they can work in a Youth Club and get grants towards equipment, etc., from the Local Authority.

We are constantly hearing of concern over decreasing numbers in the Movement, and regrets that the true ideals of Guiding as envisaged by our Founder seem to be lacking in many ways today; but it is felt that this constant financial worry is killing the spirit of Guiding. In view of the fact that for many Brownies there are expensive bus fares to and from meetings, plus the high cost of uniform, Guiding is fast becoming a movement for the 'higher income group'. In addition to personal expenses many Packs have to pay rent and heating charges, and regular efforts are needed to meet such costs. At one time the Guide Movement was noted for doing Good Turns for those in need, and the children brought their extra pennies with love to help someone locally; but now it is necessary to ask for this money to meet a very remote request from London, and local people are more apt to associate Guiding with 'money-making efforts' than Good Turns.

It has perhaps been overlooked that many Brownie Packs are affiliated to local churches, which brings additional loyalties, often in the form of financial support for church activities. This link we feel should be encouraged to assist Brownies with the first part of their Promise, but when so much money has to be found annually for Headquarters Funds it tends to develop a selfish attitude rather than the desire for wider service.

Are we alone in feeling this increased demand is too great a burden to put upon the local Packs, irrespective of ability to pay or the locality in which Guiders are working; are others finding the strain has a detrimental effect on Guiding?

THE BROWNIE GUIDERS OF STAFFORD DISTRICT

[With reference to the second paragraph, readers are reminded that the Finance Scheme, introduced in 1948, was 'subject to review within three years'. The explanatory leaflet which was circulated at the time gave several examples of how the money would be spent, one of these being 'meeting the estimated deficits of the next three years due to shrinkage in trade and increase of costs'. Other uses intended for the subscription were the promotion of Guiding in Overseas Territories, the training of Guiders and upkeep of the Training Centres, development of public relations and 'any other worthwhile projects'.

It should be clear, therefore, that the 'very remote request from London' which the subscription meets, is, in fact, a call to all members to promote Guiding both at home and overseas, and to help us to play our full part as members of the World Association of Girl Guides and Girl Scouts. —Editor]



# Dental Care — Are You 'With It'?

by Leonora Wilson

HAVE you ever tried one of those self-rating quizzes that appear from time to time in the women's magazines—'Are you the life and soul of the party?'—'answer the following questions, a, b, c, etc., and then turn to page 23 and test your 'party' rating?'

What about your 'Dental Care on Pack Holiday' rating? Test yourself by answering the following:—

1. Do you —
  - (a) put a toothbrush on the kit list?
  - (b) assume they'll have one, and not bother to mention it?
  - (c) think one week out of fifty-two makes no difference, anyway?
2. Do you, after breakfast —
  - (a) send off the Sixes immediately to do their various jobs?
  - (b) remind them 'Clean teeth first, then do your jobs'?
3. Do you, at elevenses —

- (a) always offer biscuits or bread and jam?
- (b) suggest finishing with piece of raw carrot, or apple?
4. At bedtime, do you —
  - (a) have the bedtime drink *before* the Brownie cleans her teeth?
  - (b) take cocoa round once they're all in bed?
  - (c) allow sweets to be eaten before going to sleep?

If this were a women's magazine, you would now turn to page 23 to find the right answers and give yourself the appropriate score. Perhaps it would be better for us to turn back to the June GUIDER and re-read the article on Dental Care. Our children's teeth are the worst in the world, except for Greenland and New Zealand. Does that shock you? But what can one do in one short week?—very little, I'm afraid, except to encourage good habits and standards, and comfort ourselves with the thought that even if this generation does not benefit, perhaps the next will.

## SOMERSET MUSIC CAMP

AS A DIRECT follow-on from the delightful experience gained at **Ontario's Music Camp**, Doe Lake, 1961, we set out to run a cameo version in Somerset last September. Our C.C.A. worked untiringly to find a site—and most difficult it proved. However, just as we were on the eve of regretfully postponing the whole affair, the owners of The Old Ride, Bradford-on-Avon, offered their grounds and suitable indoor accommodation too; this was generous indeed.

To this delightful spot came fifty Guides from S.W. England and Wales. Our first arrivals were from the Channel Islands. Apart from having had previous camping experience, the only stipulation was that they should have an enthusiastic approach to music—it proved to be tremendous.

The theme of the camp was: 'Let us make a joyful noise unto the Lord', and this was to be expressed in as great a variety of ways as possible. Our first camp activity was the production of 'We Follow a Star', which was acted in costume under two great cedar trees. It was a dignified and impressive form of Guides' Own, expressing worship through movement, speech, and song.

Speed had to be a necessary aim, so a polished performance was not expected in any branch of our work; but there were some surprising results. By a strange chance, the instruments brought formed quite a balanced orchestra; but our conductor (Music Adviser for Oxford City) felt it would be good training for us *all* to be incorporated in it. Thus we had a very large percussion section—and an even larger recorder addition, but nevertheless very creditable playing from over 60 players.

Other musical activities included practising three-

part recorder-playing for the morning hymn; enjoying international dancing, taken by an inspired teacher from Malmesbury; part singing; and the welding together of the best of our work for an Open Afternoon, to which over 90 visitors came. An unexpected item on the same day was the arrival of Michael Vickers and his recording team to hear the Guides sing as they stood grouped below the terrace of the lovely mansion, and to interview the organizers of the camp.

Music was our main purpose, but there were other interests too, such as swimming parties, a half-day free to explore Bath and Bradford-on-Avon, hike suppers, Senior Branch films, and a chance for all who wished to learn canoeing.

The camp shop, housed in the cricket pavilion, sold its usual goods and also pottery, designed and made locally, bearing the inscription of the camp.

Our thanks were due to so many people: camping Guiders of Somerset, Sea Rangers who must have inspired many Guides to want to go on to the Senior Branch, H.Is. who helped, and England's Music Adviser for sparing time to visit us.

How long did all this take? . . . A bare six days. As a result of many requests there was a reunion in January. More important still, the date for next year's camp was fixed and plans are going ahead for an All-Britain one in the future.

Who goes there? Those who intend to return from camp to make music in the Guide World.

AMY D. CADWALLADER  
HETTIE G. SMITH

*Correspondence about this and similar types of camp would be interesting.*

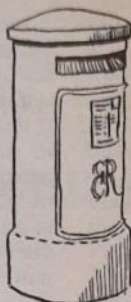
—EDITOR.

THE GUIDER



# TRAINING PAGES COMPETITION

IN JANUARY readers were asked for comments on the Training Supplements and the Editor thanks all those who responded. Two book prizes have been awarded. Extracts from some other letters are printed below and comments



on these comments will be welcome. For instance, does the use of the phrase 'Guider's Postbag' make you feel like a bag, yourself? —or could you help Miss Blyth with her problem?

\* \* \*

\* \* \*

At a recent Guiders' meeting I requested, on behalf of my Company, a simple dance (to records) evening, but I was 'downed' because the others said it was not 'B.-P.' and any youth clubs could offer the girls this kind of entertainment. Surely if we are trying to compete with youth clubs, to attract and keep our Guides, an occasional *non-Guidey* event can do little harm, and could possibly do some good. What do other Guiders think about this?

C. A. TOPHAM (*Captain, 49th Croydon Coy., Surrey*)

One small item for change in the rest of THE GUIDER. I'm sure a better title could be found for the letter page than Guiders' Postbag. The word sounds clumsy and old-fashioned and makes me feel like a bag.

E. HORNBY (*Captain, 1st Calne Coy., Wilts.*)

The Promise and Law are the fundamentals of Guiding — but the organization itself has grown so vast and covers so many activities (P.O.R. itself runs to 170 pages — incredible for a voluntary organization) that it can be a bit frightening to the Guider to know just how to interpret it all, with the help of the Court of Honour, in a week by week running of Company or Pack. So I put in a plea for help with planning programmes to cover all the stages the Guides and Brownies have reached. So many fail to reach First Class, for instance, because when they might have been tackling mapping and expeditions outside, their time has had to be spent in training younger members of the Company. There is room for both these things, but only with careful planning.

ANNE CARTER (*Captain, Norfolk County Cadet Coy.*)

Could we have ideas for training in an exciting way and getting the Guides outside, which is where they should be. My own problem is teaching nature. I love it and enjoy walking in the country, but how does one convey enthusiasm to Guides who do not seem in the least interested, and who, when projects are suggested, are too lazy to carry them out?

P. BLYTH (*Selsdon, Surrey*)

Scouting — V. Synge is so right about the name being the first (and therefore the most important) impression in imagination. What is a wide game? Scouting? Then call a spade a spade and note the reaction. Girls in 1910 wanted to be, and do, the same as the boys. Has anything altered over the last fifty years? All the years I have been in Guiding I have never been able to say Girl Guide without embarrassment. Why not Girl Scout? I am sure many girls share my feelings about its cissyness and don't join because of it.

ROSE LITTLECHILD (*Newbury, Berks.*)

One can learn not only from the Trainer but also by talking to other Guiders. Would it not be possible to have some type of qualifications for Guiders, attainable only after some clearly defined course of training rather on the lines of the Scouters' Wood Badge? This might prove an incentive for those who, after obtaining a warrant (possibly easily through shortage of Guiders) continue to run Companies and Packs with no further training. It would also give those who are keen to improve their standards something to aim for.

BRONWEN JENKINS (*Captain, 5th Chichester Coy., Sussex*)

## THE SECOND BLESSING

We thought you would be interested to read the whole of the quotation from which the title of the leading article was taken:

'Look to your health; and if you have it, praise

God, and value it next to a good conscience; for health is the second blessing that we mortals are capable of; a blessing that money cannot buy.'

IZAACK WALTON — THE COMPLEAT ANGLER



# Mutilated Brownies

by Joan Rigden

SOME people might be surprised if they heard one Guider say to another in the bus, 'I've had such a busy week-end, cutting up my old BROWNIES,' especially if, in answer to her companion's calm enquiry, 'What do you do with the bits over?' she answered, 'Oh, I put them in a box marked MUTILATED BROWNIES.'

But we should know that she was an intelligent Brown Owl who had been making full use of that excellent little magazine THE BROWNIE.

Personally, I am finding it such a time-saver that I bless its curly little head! First, I take out the middle-page spread and stick this chart on to a Christmas card so that it will stand on a table or shelf for everyone to see.

Then I go through and cut out all the rest of the bits of Testwork, other than Handwork. These I stick on pieces of coloured paper  $8\frac{1}{2}$  in. by 5 in., different colours for Recruit, 2nd and 1st Class work, so that they are easily found at Testwork Time. If they are all the same size they are much easier to handle.

By now the pair of magazines I am cutting up are what my grand-daughter calls 'awfully tatty', so I next salvage those Handwork sections: these go into two books, one for Testwork (i.e. Darning, Tacking, Knitting, etc.) and another for all the fascinating ones like the Matchbox Dog or Twig People.

The pages with 'Other Brownies' on them go straight into a box with a scrapbook: the Recruits will stick each one on to the appropriate Country's page.

All the 'Semaphore Can be Fun' pages go on to Cards for the Brownies working for 1st Class to 'do' during the Meeting; but the Semaphore Alphabet pictures have gone on to cards  $2\frac{1}{2}$  in. by 4 in., the fronts of which have been protected with clear Contact (or Fablon), so that they will withstand much handling.

The Promise Corners go on to another lot of coloured paper, to be read at prayer time. The 'Do you

Knows?' go into a box to wait until this lot of Brownies have forgotten the answers; and the 'mutilated' remains into another box.

I find it well worth while to take three copies: two to cut and one to keep; for this saves me so much time in preparations for the meetings, while constantly providing new ideas—and it is useful to be reminded of good ideas one has met before, especially if there is an illustration with the article. You may find that one or two of your Brownies are not 'keepers' and will be glad to sell you their old copies for 2d. or so.

Where possible, I leave the name of THE BROWNIE on the pages I use, so that if by any strange chance any of the Brownies do not buy the magazine they will realize where all these exciting things come from.

I find it an enormous help, when doing any form of handwork, for the Brownies to bring their own copies of the magazine to refer to while they work; also, I get them to collect the flowers, twigs, eggshells, or what-have-you needed for the next week, by referring them to the appropriate page of THE BROWNIE. Once they realize that Brown Owl is keen on the magazine they will begin to use it as a means of improving their Testwork, and not only as a source of stories and lots of fun.

I haven't got down to it yet, but I plan to have a 'Sixers' Book' with all their special articles and the suggestions for things for Six Corners, to give to new Sixers to read or to let the old ones look through to find things for Six Competitions (few Brownies will cut up their own magazines). Another book on similar lines will one day be made for Pack Leaders to refer to.

I expect I've left out all sorts of good ideas, so let's hope other Brownie Guiders will write in and share their ways of using this helpful little magazine.

**Special offer for one month only.** During this month we will, so far as stocks permit, supply unspecified assortments of early issues at 2d. each plus postage: 12 copies, postage 6d.; 24 copies, 10d.; 50 copies, 2s.; 100 copies, 2s. 6d.

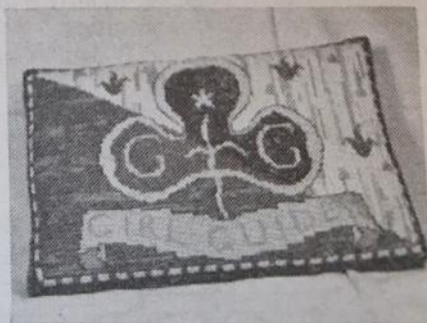
Editor.

## KNEELERS



Photographs by kind permission of the Dean of Guildford Cathedral

LAST NOVEMBER an article was published in THE GUIDER entitled 'Hints on making Kneelers' by Miss Josepha Aubrey Smith. It would be interesting to know if anyone has attempted a kneeler as a result of this article. Below are two kneelers that were made by members of the Movement for Guildford Cathedral. These were exhibited at C.H.Q. for a month by kind permission of the Dean.







'What we can do is to teach the boy to be personally responsible to himself for his health—how to secure and keep it.'

## THE SECOND BLESSING\*

by Aja Lushington

THE idea of preventive medicine is by no means new, but under the umbrella of our National Health Service and with modern techniques in medicine it is now more possible to implement it in this country than in any previous age.

Our young people today grow up nurtured on cod liver oil and orange juice, taking for granted dental inspections, X-rays, and whole series of injections in school while drinking their milk and eating their school meals!

The setting up of smokeless zones in the industrial areas is a step towards seeing that the air we breathe is purer; local councils see to it that we are well housed, and insist on certain standards of hygiene and cleanliness in shops, offices, factories, schools, restaurants, and even on public camping and caravan sites. Water supplies are carefully watched and in places fluoride is added to protect our teeth.

All these are positive factors in helping to maintain and improve our children's health.

Are our Brownies, Guides, and Seniors aware just how much the state does for their health? From their own experience the Brownies could realize some of these things, possibly the Guides even more, and no doubt your Seniors have the chance of seeing for themselves by visiting a clinic or seeing how some section of the Public Health Department works in their own area. All the time they are at the receiving end: can we help them to look upon the practice of the Health Rules not just as a section of a test, but as their positive contribution to the state as a form of repayment for what has been and is being done to keep them healthy?

While the authorities are constantly trying to improve things there are, however, many modern inventions that are undermining our health.

The first menace is motorization. Ask the members of your unit—no matter which age group—how many of them walked, even part of the way, or cycled to school or work that morning. Could they fix a target of say a fortnight, a month, or longer for themselves and then individually try to reach

it? Can they think out other occasions, that would fit into their own daily lives, to make them independent of bus, car, or underground, and give them the opportunity of more fresh air and exercise?

Noise has become an inseparable part of our lives and so often we are completely unconscious of it. Why not at a meeting or on your next hike try a form of Kim's Game with all the noises heard in a certain time? It is quite amazing what will be heard. We are all often guilty of making noise thoughtlessly: that radio—does it need to be turned up so loud? that door—did it really need to be slammed? Once you have started them off your Pack or Company will no doubt produce many ideas from their own experience on these lines. Or what about a game calling for complete silence? Surely there is more to this than the fun of stalking and the practice of self-control? Do your Brownies, Guides, or Seniors know the art of relaxation? Why not think up some ploy to sandwich between two active sections in your programme which will enable them to 'switch off at the main' physically and mentally for a minute or two, for the ability to do this is surely the antidote to the noise, stress, and speed of the times in which we live.

The idol of this age is T.V. Have you ever considered, with your Pack or Company, the damage it does to your health? What about suggesting to your Guides or Seniors when thinking about the Health clauses that they also try to find ways of keeping the Health Rules in relation to their 'viewing'? Apart from the effect on their health through practising moderation we may indirectly be helping them to learn to be selective. It is a sobering thought that we can break practically every Health Rule in the space of an evening by sitting up late in a stuffy room, eating too many sweets, or smoking more cigarettes than are good for us, straining our eyes to watch T.W.T.W.T.W. Now—how do we rate ourselves?!

Are we doing all we can to encourage the tradition of certain standards of the Health Rules within our own units? Insistence, on the right clothing for the

\* See page 203





occasion—particularly footwear for hiking, REALLY waterproof clothing for camp, windproof as well as waterproof for more ambitious exploits on land or sea. What about these hike menus? Are they really balanced meals? Can your P.L.s. run their Patrol camps without a tin opener? If not it would be fun to try! Did all the Cook Patrol wash their hands before handling the food or cooking utensils? Have hikes and expeditions been having pride of place in Company and Pack activities this spring and

summer after the long winter? The possibilities of putting the Health Rules into practice in all our units are endless.

Thinking up ploys, and wondering about health in Pack and Company, these words written three hundred years ago come to mind—

*'Better to hunt in fields, for health unbought,  
Than fee the doctor for a nauseous draught  
The wise, for cure, on exercise depend;  
God never made his work for man to mend.'*

They might have been written for us!

## HEALTH AND STRENGTH

*For Brownie Guiders*



'Health of body involves also health of nerves and health of mind.  
Here our character training meets the physical.'

## BLOOMING BROWNIES

*by Nancy French*

JUST HOW MUCH Health Training can we give at an 'ordinary' Pack Meeting without neglecting what we think of as the essentials of a good programme and also catering for all the Brownies' ages? Not very much, do you think? Well, just consider the out-dated health rhyme we used to chant:

1. Always feed on wholesome fare.
2. Through your nostrils breathe fresh air,
3. Clean yourself inside and out,
4. Twist and turn and run about.

and let us begin with the last line.

All our active games are indirect health training if done well. What about 'Witch's Glue Pots' for a warming up game? This is explained in *Dozens of Games for Brownies*. Or 'Cats and Dogs' to exercise the lungs as well as the legs? Two catchers are required, a 'cat' and a 'dog', the 'cat' miaows at her victims, who crouch down and keep miaowing while the 'dog' barks at her victims who then stand still and bark. When all the Brownies are caught Brown Owl gives a hand signal for silence and the 'cats' and 'dogs' are counted.

Couldn't each Six come into the Brownie Ring doing some special action? — the Fairies hopping, the Elves bunny-jumping; — each Six could choose its own activity.

Then when Inspection time comes we are at line 3. Hands and nails this week? Who will be chosen from each Six to be the Queen's Lady-in-Waiting? The Queen (Brown Owl, Tawny, or a Birthday Brownie) sits on her raised throne while the others in turn, standing behind her, place one hand over each of her shoulders; she chooses the prettiest hands from each Six. Or will we have a 'Street Inspection'

to see whether Imp Row or Pixie Avenue has the cleanest lace curtains without any dirty or torn hems? Perhaps we could have a full scale inspection in game form and play 'Have you cleaned your teeth today'?

Test-work time! Outside, of course, for Tawny and the 'Golden Bars' to practise ball-throwing, skipping, and 'flower potting'; Pack Leader can take the aspiring 'Golden Hands' on a Compass Trail while Brown Owl has ten or fifteen precious minutes with her Recruits to give and get ideas on Duty to God and the Queen, and why not outside, especially on a lovely evening?

Admission to Pow-wow tonight is by three sniffs at the open door or window and a clean handkerchief (have some paper tissues on hand). Let the Brownies tell all the nice smells they met when out or when sniffing at the door. That takes care of line 2.

Pow-wow can be the place too to work for an improvement on those dirty nails. Each Brownie draws round her own hand on a large sheet of paper. One nail is coloured in on each of the first five days and a ring and watch drawn to complete the seven days till next meeting. Colouring only to be done if nails are scrubbed and clean each night. (Remember to look at the charts and the hands next week!)

Time for one more game before Prayers and Brownie Bells. As well as being a popular acting game 'What time is it now?' will tell us quite a bit about our Brownies' sleeping and eating habits. The Pack joins hands in a circle round one Brownie who is 'Madame' in the middle, and move round chanting 'What time is it now, what time is it now, Madame, please tell us, what time is it now?'



'Madame' calls out a time, — say half-past eight at night, — and each Brownie acts what she would be doing at that hour. 'Madame' chooses another Brownie to be in the middle for the next turn.

What more suitable prayers to end our programme than 'For all the strength we have', giving

thanks for our own health and asking a blessing on those not so fortunate.

All in the evening's work this health training, and fun too! That is just as it should be, isn't it?



### *For Guide Guiders*

## 'Health' - Five Years Hence

*by Isobel S. Halliday*

DO YOU EVER stop to think what your Guides will be doing in five years' time? They will be filling a variety of jobs; every job requires good health — and what of the ones who will be busy housewives bringing up a family!

Are we really helping our girls prepare for a 'healthy' future in our character training and our outdoor activities? In fact does this vivid streak of what lies ahead thread its way through all our weekly meetings? Too often we live in the present and tend to put all our activities into tidy little pockets. And yet, what of last week's hike, though admittedly it did rain a little? They were very determined to go, they all really enjoyed it, cooked well, and returned remarkably dry and pleased with themselves. How many parts of First and Second Class Health did we live up to?—practically every bit, and it was a challenge to everybody.

Thinking about the future, what really is the value of health to our Guides? Isn't it perhaps the ability to enjoy life to the full, and at all times to try and make the very best of ourselves? We cannot all be slim and glamorous but we can help our Guides to understand the value of good grooming and to steer them gently through some awkward stages. Here we must take into consideration the background of each Guide and always remember that mother has the final word, often quite regardless of all we try to teach our Guides. How much we learn on that visit before camp, we often learn of ways to help the individual Guide, and ideas for the really good girl, who needs a stiff challenge to reach the very best in herself.

Very few Guides lack interest in food, the beginning of all good health. Have you ever planned a menu evening—letting the Guides plan a party with *no* sandwiches—and do they reason out the camp menus, why not suet pastry with steam pudding etc. In any hall, a 'salad' evening is possible (only ingredients; and perhaps a grater, necessary). How much can we teach about food values here? There are many outside experts we can call in to help with this and it is all good training for the Cook badge.

For First Class, a Guide should have a good

understanding of the Health Rules. Do we really begin with this soon enough, right from the moment she is a recruit—or is it a last minute extra—assuming she knows all about it? Or is it an all over pattern, where variety in meetings, outdoor and indoor, and camps, all contribute to good health? Thus when we look at this closely we realize that we really are looking at five years hence and preparing the Guides for their chosen careers.

### HEALTH ACTIVITIES

1. **T.V. Adverts:** As a Patrol, plan and prepare to mime or act an advert to promote sales of 'GOODO' soap — time of an advertisement 3 mins. Each Patrol could sell a different item and vote for the best after showing is over.
2. **How Do You Score?** A popular magazine item. Make up a challenge at Patrol Leaders' training and P.Ls. use during Patrol time. Each Guide gives her total score (only she herself knows her weak spots, but often this will spur her on).  
Items may be many and varied; include some which will lead to discussion.
  - A. Do you wash your hair —
    - (a) every week?
    - (b) twice a week?
    - (c) once in ten days?
 (Obviously there will be a discussion.)
  - B. Do you brush your skirt —
    - (a) when you take it off?
    - (b) when you clean your wardrobe?
    - (c) when you think it needs it?
3. **Quick Challenges:** Draw up a challenge with P.Ls. at their own training and let them try it, before they draw up a challenge with their own Patrol, e.g.
  - (a) Drink 3 glasses of water every day.
  - (b) Walk a mile each day.
  - (c) Rise to greet the sun once this week.
4. **Poster Designs:** (*A week's warning required*).
  - (a) A poster to advertise salads, outdoor sports etc.
  - (b) Illustrate well-known slogans. 'An apple a day . . . ' etc.
 Could be geared to the 'Little House' badges.



## HEALTH AND STRENGTH

## For Guide Guiders

'We are not a club, nor a Sunday School, but a school of the woods. We must get more into the open for the health, whether of body or soul, of Scout and Scoutmaster.'

### Wide Games for Camps and Outings

by B. M. Ryrie

THIS quotation most of us will accept willingly at this time of year, but it means much thought and planning beforehand if the best use is to be made of the opportunity. For opportunity it is for the Guider—(Is there a local legend that will lend colour and interest to the wide game? Can we include some real stalking and tracking for the town Guides, and a challenge for the Company daredevil? Can we work in the tree with branches so suitable for rope ladders or the stream and its possibilities for fun with pole-jumping and bridge building?) and for the Guides, too—(To put their knowledge into practice, to practise many of their Guide skills, to experience the fun of friendly rivalry, and often to discover more about themselves, their abilities, fears, and new-found joys).

Every encounter with the out-of-doors and the world of nature has a lesson for us, and this is one of the basic principles upon which B.-P. built his method of Scout training.

**Flag Raiding.** (*A suitable story can be invented to suit your camp*)

Players are divided into two teams, distinguished by brightly coloured armbands which also represent the lives of the players. Each team goes off in an opposite direction, and when they are about 100 yards apart, chooses a protected site for its base and plants its flag. Flags must be visible and no guard is allowed within a 15 yard radius. Players go out to discover the enemy's flag and try to bring it back without being seen. (5 points.) Members of opposing teams intercept each other on the way and try to capture armbands. (1 point for each.) Anybody whose armband is grabbed by the enemy is wounded and must lie there until rescued by one of her own team, who takes her to Captain under Red Cross protection in order that her armband may be replaced.

**Smugglers and Excise Men** (*For the seaside*)

Players are in two equal teams; EXCISE MEN wear berets in order that they are easily recognized, and SMUGGLERS wear a piece of wool round the arm above the elbow.

Smugglers spread out along the beach and lie low until the starting whistle is blown. Excise Men hide near possible routes from the beach to the Smugglers' den. When the whistle blows the Smug-

glers begin to stalk inland towards their den. Excise Men try to intercept them and break their armbands. Excise Men score 1 point for touching a Smuggler without being seen, 2 points for snapping the wool before the Smuggler counts ten slowly.

Smugglers score 1 point for evading an Excise Man's grabs during the count of ten, 2 points for getting safely to the den. Having lost his armband, the Smuggler may go back to the beach for another and try again. After suitable playing time the players change sides.

**Exploring Unknown Territory.** (*For a hilly area but could be adapted.*)

The Guides in Patrols progress from point to point performing a series of skills on the way. Careful planning is necessary in order that there are no hold-ups, and that checkers are in position at each point to award points and give further instructions. Note: the example given is by no means complete, and details will have to be added to suit local circumstances, time available, experience, and number of Guides, etc.

After breakfast P.Ls. are told that their Patrols need to be suitably dressed and equipped for a long expedition; necessities for a hike meal will be provided, together with sealed orders; the Patrols must report ready by a given time.

1. Having been checked, they are given a coded message telling them to look, for example, at the East end of the haystack for further instructions.

These are as follows:

You have been parachuted into a land which is unknown to your people. Climb to the top of the hill and be ready to report later on the way of life and occupations of the people living in this area. (They might see forestry work in progress, a quarry, barges on the canal, sheep being rounded up, a combine harvester, wild ponies, etc. The information could be given in some illustrated form.) While you are there try to discover from your map the names given to the ridge of high land to the South, the river, the large house in the South West, etc. Put your information safely away and open the next instructions.

2. These might say:

Make your way to . . . (village shop, Post Office, etc.) and ask where you are to go next.

3. They might be told to follow a map to a suitable spot, collecting ten named leaves on the way.

(Continued on page 212)





## PACK OUTING

by Mary Millican



ALL BROWNIES love an outing with Brown Owl, Tawny, and the rest of the Pack. It is a wonderful opportunity to put Brownie training into practice, but unless it is thought out and planned with care, it may turn into a fiasco.

First, consider where you are going to take the Pack. I expect the Brownies will have plenty of suggestions and ideas, but they may need some guidance, for at that age they have little idea of time and distance, and are apt to get 'carried away'. Let us presume that you have decided on a local beauty spot, about two miles away, for an afternoon outing, including, of course, a picnic tea. First how are you going to get there? *a.* By public transport? *b.* On foot? *c.* By private bus? *d.* Willing Dads with cars?

If *a.* ask yourself if the bus or train service is frequent? You won't be very popular further along the line if you fill the bus at the depot (and what about the journey home?). *b.* It depends on distance. Two miles is quite a long way for a Brownie to carry her food and a mac, and if you have to go through any busy streets, take care that other pedestrians are not forced in to the road by a straggly line of Brownies. *c.* Ideal provided that you can hire a vehicle of the right size, otherwise you may have to pay for empty seats. It is possible (though not in all districts) to hire cars of the 'dormobile' variety, that seat from twelve to eighteen. *d.* Very often parents with cars will offer to transport Brownies, provided they are not taken for granted or called upon too often.

The Brownies will enjoy helping to plan their outing, and at Pow-wow will readily make suggestions as to what things they should take. Good firm shoes or sandals are a must. Sandals of the strap or plastic variety just invite blisters, and offer little protection against nettles, brambles, and those annoying little stones that feel more like bricks when they get inside the shoe. Apart from their tea, a light plastic mac, and a 'sitter' there is nothing else the Brownies will need to carry.

Now what mishaps must you be prepared to cope with? Firstly, travel sickness. Very often it is excitement that brings this on. Then you will need a little First Aid equipment with which to treat any minor cuts or scratches. A spare uniform might be useful in case someone ventures too near the water's edge, or sits in something unwholesome.

Having arrived at your picnic spot, the Brownies will want to explore, and this is the time to mark

the boundaries, and ensure that each Brownie clearly understands just how far she may venture.

Nature ploys are always popular, and here are a few suggestions.

1. Let each Six make itself a home, and decide upon a woodland name, such as mice, rabbits, etc.

2. Each Six collects nature objects, the initials of which spell out its chosen name. They then move on to the next Six Corner (leaving one member of their Six behind) and from the objects displayed, try to discover the name of the Six.

3. The Fairy Queen has invited all the woodland creatures to a party. Each Six makes a gift for the Queen, such as a garland or a crown, using only natural objects, which are then presented to the Queen (Tawny).

4. Giant's treasure. Pack Leader, equidistant from the Six homes, is the giant and sleeps beside her treasure (shells, beans or counters). The Brownies come out, pick up one piece of treasure at a time, and take it back to their home. From time to time the giant wakes, and any Brownie seen moving is turned into stone, and can only be restored by a rub of magic ointment from Brown Owl. When all treasure has been taken, the Sixes make the shape of something to please the giant, using the treasures they have collected.

5. Give each Six a few minutes to prepare and act any scene from a fairy story.

6. Trails of all kinds. Ideas for these are to be found in *Dozens of Games for Brownies*.

Time passes very quickly at the Pack Outing, so do allow plenty of time for packing and clearing up, and last minute explorations. This is the time for picking wild flowers to take home if this is permitted. They will stand the journey much better if carried in a plastic or paper bag rather than in sticky hands. When the last Brownie has left you for home, you may well reflect on the afternoon's activities, and ask yourself the following questions.

Did everyone enjoy it, including the Guiders?

Was everybody catered for?

Did the Brownies take the opportunity of putting any of their Brownie training into practice?

Have you learnt anything about any of the Brownies that you didn't know before?

I think, you will agree that an outing with the Pack is the most exhausting, entertaining, and easily the most rewarding way of spending an afternoon.







For Senior Branch Guiders

## Adventure Out of Doors

by M. E. Brindley



**H.M.** THE QUEEN, in one of her Christmas broadcasts said 'Above all we must keep alive that courageous spirit of adventure that is the finest quality of youth'. B.-P. said 'we must get more into the open for the health, whether of body or soul'.

Many of the greatest men and women have adventured in the open, against climatic conditions, against challenging obstacles, in feats of endurance and courage, and these men and women have invariably shown early interest in, or fascination for, the task they have in later life laid upon themselves, and so become an outstanding figure of their time.

Between the ages of 14 and 20 is a time when both boys and girls seek an outlet for emotions, and want to be noticed; they want to be in the fashion, whatever it may be, and they also want to 'go one better' than their friends. They quickly tire of things which call for no effort on their part, or only a superficial expression of effort such as is required to spend an evening 'twisting'. But an interest in open country pursuits started at that age, may become a life-long hobby to be shared later in marriage, and passed on to their children.

This is the kind of training we hope to offer to our members of the Senior Branch. Not everyone wants to climb a mountain, descend into a pot hole, or shoot the rapids, but there is such a wealth of outdoor pursuits that there truly is something for everybody—but where and how to find it?

Let us look first at our own Movement and what it has to offer. For those who are interested in the sea and boats (provided they can swim 50 yards!) the Training Ship *Golden Hinde* gives many opportunities—(see the Where to Train pages of THE GUIDER)

Every year in August there is a ten-day course for S.B. members at White Hall Open Country Pursuits Centre, near Buxton, Derbyshire. Details of this are in the SENIOR BRANCH NEWS, and it gives wonderful opportunities for climbing, caveing, walking, canoeing, pony trekking, lightweight camping etc. with experts to give training and help.

From time to time Counties or Areas have Adventure Camps where a girl can try out a skill or sport. Parents can rest assured that there will be qualified instructors, and every care taken for the safety of the participants.

Adventure abroad is not limited to the Units who are able to organize their own visit to the country

of their choice, but there are adventure weeks at Our Chalet for winter sports, and at other times of the year.

For English members of the S.B., who have already had a little experience of adventuring, there is the English Land Ranger Adventure Club which organizes 'Meets' from time to time where members have opportunities of continuing the activities in which they are particularly interested and in trying out new ones. Details from the Secretary, (Mrs.) Sheila Burston, 64 Mayplace Avenue, Crayford, Kent. Watch THE GUIDER and SENIOR BRANCH NEWS for opportunities, including service abroad.

B.-P. said 'Look wide, and then look wider still', and this is very true when thinking of outdoor pursuits. We have much to offer within our own Movement, but we can also benefit tremendously from the experience and facilities offered by many other organizations.

The Youth Hostels Association have a wonderful range of pursuits, including pony trekking from three centres; bird watching; archaeology; drama; caveing; gliding; cycling; photography; sketching; water sports etc. Their leaflet 'Adventure Holidays' is obtainable from Y.H.A. Home Tours, St. Albans, Herts.

The Central Council of Physical Recreation assists in the development of all forms of physical recreation for young people and adults. It will give advice and information and put leaders and teachers in touch with sports and outdoor activity organizations. It also runs very many courses for leaders at Recreation Centres which combine first-rate sports and outdoor training facilities with comfortable residential accommodation. Details from the Headquarters, 6 Bedford Square, London, W.C.1., or any of its Regional offices.

The Nature Conservancy from its offices at 19 Belgrave Square, S.W.1. will give details of Reserves, including information about permits for visiting them.

The National Parks Commission is another very useful body who will give information regarding the various National Parks, and they also supply, free of charge, a coloured wall sheet showing the six National Parks, and another one on the Country Code. The Headquarters are at 3 Chester Gate, London, N.W.1.

(Continued on page 211)



'Scouts have to be prepared to encounter difficulties and dangers in life. We do not, therefore, want to make their training too soft.'

## Building a Commando Course

by Jennifer Coffin



WE DISCUSSED the possibility of a Commando Course before we even went to camp, and were a bit dubious of the reaction of the Guides. The majority of them were rather thin looking 11- and 12-year-olds, but we felt that the older girls would appreciate it. We had an ideal site with a lovely woody copse surrounded by a deep entrenched stream.

So, early one morning, having set the camp on various activities, Captain and I set forth armed with a mallet apiece, yards of rope of various thicknesses, balls of string, pieces of wood 1-1½ feet long, a tarpaulin, and two or three packets of luggage labels.

1. **A Sisal Trail**, to be completed blindfold. A piece of string, attached to a post, led over the stream (over our rickety, hurriedly made bridge) and into the woods. It went from high to low, round mossy roots (horrible to touch in the dark), doubled back on itself, and at one point actually went through a bush. When they had completed this, the Guides were allowed to take off the blindfolds and start on a new trail.

2. **Tommy's Tarpaulin**, was securely pegged to the ground with the string trail going underneath it. One or two twigs were also 'planted' in the middle!

3. **Rat Trap**. This consisted of three or four young hazel trees, conveniently placed near one another. These were bent and lashed securely, but at

the touch were inclined to spring back. The object was to get in and out of the foliage.

4. **The well-proved Commando bridge**, called Clifton Suspension Bridge. Unfortunately we could not place it over the stream due to lack of suitable trees, so we placed a hazard in the centre—a young bush, which the Guides had to go round, and stay on the bridge.

5. & 6. **Jacob's ladder and his Treasure** ('We are climbing Jacob's Ladder' was a great favourite round the Camp-Fire.) This was the inevitable ladder made with wooden rungs, going high up into a beech tree (and didn't we have trouble climbing the tree in the first place). At the top was the treasure—1 sweet per Guide!

7. **Harriet's Hole**. This was a magnificent creation of string, passed from bush to bush about 1 foot from the ground. We used a complete ball of string to weave a roof of about 12 feet by 3 feet. We then carefully camouflaged the roof with sticks, moss, fern, leaves, twigs, etc. The aim was to crawl through the tunnel of string.

8. **Beecher's Brook**—the stream, to be vaulted.

This course proved to be a hilarious afternoon's entertainment, particularly the sisal trail. Unfortunately Captain was knocked into the stream once or twice whilst on the bridge helping blindfolded Guides across! No Guide refused at any point and everyone thoroughly enjoyed it, emerging slightly breathless, scratched but very definitely victorious.

### Adventure Out of Doors (continued from page 210)

From time to time members of the Senior Branch are chosen by their school or firm to spend a month at an Outward Bound School, and it is also possible to apply to join one of the schools. Details obtainable from—Public Relations Director, Outward Bound Trust, 123 Victoria Street, London, S.W.1.

The scope is so wide, and the opportunities so many and varied, that no S.B. Unit need feel they are unable to offer their members a wide choice of outdoor activities. Courses and holidays give one or two members the chance of joining with others to

learn, and to experience, and to bring back to their Unit renewed enthusiasm. In all cases mentioned, the cost, whether it be holiday or Course, is as low as it can be, according to the sport chosen, and in all cases the tuition is by experts.

The health of mind and body of which B.-P. spoke, is one of the greatest gifts which Guiding has to offer, and leads to the real understanding and practice of the Promise.

Recommended Books:

*Know the Game* series 2s. 6d. from C.H.Q.  
*Camp and Trek* by Jack Cox (Lutterworth)



# Modern Trends in Physical Education

by Jean Stanley

DO YOU REMEMBER P.T. lessons at school? Did you have country dancing, set exercises, and gym?

This was the situation when Rudolf Laban came to England in 1936 and long afterwards teachers all over the country became interested in his work. Gradually, teachers of Physical Education came to believe that Laban's principles of movement that they had adopted when they began to teach Modern Educational Dance in school could also be applied to gymnastics and other skills. Nowadays therefore, it is the 'Art of Movement' which is taught in most schools along with games, and athletics, and swimming.

Many of you may well ask what exactly is this 'Art of Movement': movement is familiar, if not always recognized, material. Everyone knows about the everyday movements of running for the bus, or cleaning the windows. The observation and interpretation of these movements has always been of profound interest. B.-P. himself felt very strongly that character and personality could be assessed by observing a person's movement characteristics. This is illustrated by the story of his recognizing our Chief Guide by her walk on board a liner.

Through movement education we teach Modern Educational Dance, which includes Dance-Drama, using movement in an expressive way, and gymnastics, using movement in an objective way. Through both dance and gymnastics, based on Laban's principles of considering movement in relation to time, space, weight, and flow, the quick, lively child is made aware of her particular quality and encouraged in it. She is also made aware of, and learns to appreciate different qualities such as slow steadiness or light flexibility which other children might show and through this she builds up an appreciation of different types of movement.

In view of the great change in material which has come about in gymnastics and dance in the last few years there is also a great change in the method of teaching. We no longer think merely of giving instruction to classes but we set out to give the stimulus which will help each child to develop imaginative powers. Physical Education sets out to develop physical skill so that each child may enjoy activities of her own choice and give her mastery

## Wide Games

... so it would go on, 'Light a fire and cook a meal!' 'Rope yourselves together for the descent to camp.' 'Cope with this emergency.' 'Return to camp by ...'

When the Patrols return to camp a mammoth

over herself in a wide variety of situations. The question of how muscles and joints act is of secondary importance.

The task is to help each child discover and develop her own movement potentialities. Therefore gymnastics is no longer competitive. The timid, the incompetent, and the least able, who need most encouragement and help, can so easily become discouraged, frustrated, and unwilling, if they are frequently challenged beyond their powers and compared with more able contemporaries. Many of the less gifted children quickly gain confidence if they are allowed to choose their own way and take their own time, while all the class develop mobility, strength, agility, balance, and above all, poise, because work on Laban's methods demands variety and versatility of thought and action.

In present day gymnastics there are numerous ways of tackling the problems set, and it is the particular ways of solving them that are of value. Competition is inherent in games, athletics, and swimming, and such contests provide great satisfaction but it is also an exacting discipline to have to control a competitive attitude and work solely for the sake of skill instead of striving to be first or best.

A great many children today have reason to be grateful to Laban for showing us how to take the inhibiting fear out of gymnastics and to give a feeling of success to the graceless, lumpy adolescent; to the timid as well as the nimble. In this way children come to appreciate each other's qualities and recognize that success is not always measured in terms of the spectacular.

Progress in these two great changes in Physical Education was slow at first because the whole concept was revolutionary and the art of movement difficult to understand but more and more teachers are convinced of the educational value of this way of working in gymnastics and dance. No longer do we strive to make the whole class as identical as possible in movement nor do we follow a common rhythm, instead freedom is given for each girl to resolve tasks in her own way and so make use of and develop initiative and creative ability.

check takes place and points can be given for 'preparedness' of the Patrol, accuracy of reporting, cooking and clearing up, knotting, etc.

These are just three examples of an endless variety of Scouting games that I hope will appeal to your Company.



# HEADQUARTERS NOTICES

## APPOINTMENTS

**Guide Adviser, C.H.Q.:** Miss Muriel Jobling, vice Miss Janet Cozens (from 1st July, 1963).

**Lone Adviser:** The Lady Davies, vice Miss Anne Shepherd (from 1st October, 1963).

**International Commissioner:** Mrs. Maurice Liddell, vice Miss Betty Fripp, O.B.E. (from 1st July, 1963).

## AWARDS

### Silver Fish

MRS. CHARLTON, Queensland.  
MISS WOOD, South Australia.

### Beaver

MRS. J. A. COMMON, Camp Adviser, England.  
MRS. JOSEPHINE ROSS, lately County Commissioner, Stewartry of Kirkcudbright.

MISS D. WILLIS, District Commissioner, Kirkby, Lancs. S.W.

### Medal of Merit

MISS ALICE ANDREWS, lately Captain, Leyton District Land Ranger Coy., London-over-the-Border.  
MISS ELLA BRUCE, Division Commissioner, North Division, City of Aberdeen.

MRS. C. G. CRAIG, lately Division Commissioner, Western Division, Dunbartonshire.

MISS ELIZABETH DUNSMORE, Division Commissioner, E.N.E. Division, Glasgow.

### Oak Leaf

MRS. EDNA BARBER, Captain, 1st Shanklin Coy., I.O.W.

MISS VERA BARNARD, Brown Owl, 9th South Tottenham (St. Ignatius) Pack, Middx. E.

MISS BEATRICE FOSTER, District Commissioner, Kingston, Yorks. W.R.N.W.

MISS EVELYN K. LIDBETTER, Captain, 2nd Worthing (Christ Church) Coy., Sussex.

MISS HILDA MILLHOUSE, Camp Adviser, Derbyshire.

MRS. NORA THOMPSON, Division Secretary, Barnsley, Yorks. W.R.S.

### Letter of Commendation

MISS I. BOOTH, District Badge Secretary, Skircoat, Yorks. W.R.N.W.

### Gallantry

### Gilt Cross

CAROL WARDEN, Brownie, 1st Stoney Stanton (St. Michael's) Pack, Leics.

While Carol was alone in the house with her 4-year-old brother, he reached up to the mantelpiece and, in doing so, set fire to his dressing-gown. Carol, who had only recently become a Brownie, remembered the instructions received at a meeting, and immediately wrapped her brother in a rug to extinguish the fire. Carol's presence of mind undoubtedly saved him from being badly burned.

## Meritorious Conduct

### Certificate of Merit

CLARE EMERSON, Guide, 12th South Shields Coy., Durham.

### Fortitude

YVONNE COLLINS, Guide, 6th Woodhouse Park Coy., Manchester.

ELSIE HANNAH, Guide, Kent West Post Guides.

DENISE OSBORNE, Brownie, 27th Leicester (St. Augustine's) Pack, Leics.

MARY REILLY, Brownie Sixer, 1st Aberdour Pack, Fife, Scotland.

## FOR YOUR OWN AMUSEMENT

RUN DOWN? Battery flat? This won't do you or your Guides much good. Why not come to the Drama Party at Waddow in November to relax and recharge.

Tired of producing items for entertainments, rallies, pageants, and so forth, and all the many other tasks that the drama enthusiast gets landed with? This is your chance to come and enjoy yourself just taking part.

Don't like Drama? Have you really tried or are you just rather scared at the thought? Why not come and try for yourself, you will be amazed at what you can do once you have taken the plunge. Remember that all of us act most of our lives, all be it unconsciously. We hope to do some play-reading, play some games, experiment with costume, mess about with make-up and above all just have fun. This is our first Drama PARTY, it is up to you to come and make it a really good one.

## SCOUTING AND GUIDING AND THE BIBLE

A half-day Conference for Scouters and Guiders at Baden-Powell House, Queens Gate, South Kensington, London, S.W.7. on Saturday, 28th September, 1963, from 3 p.m.—7 p.m. Chairman: The Rev. Donald Lynch, Chief Secretary of the Church Army. Speakers: The Rt. Rev. Leslie Brown, Bishop of Warrington; The Rev. Harold Wilson, Education Secretary, Church of England Board of Education.

The Conference is sponsored by the Church Army, and is open to Scouters and Guiders of any denomination. Tickets, price 3s. including tea, may be obtained from: The Guide (Scout) Dept., Church Army Headquarters, P.O. Box 420, 55 Bryanston St., London, W.1.

## AN ADVENTURE HOLIDAY

For Senior Branch members at Broneirion, 19th—28th July. No previous knowledge necessary—only a day per activity. No compulsion to repeat experience! Choice includes: canoeing, caveing, climbing, pony trekking, gliding. Also during the week, visits of local interest, Royal Welsh Show, Service projects, good turns. Numbers for activities are limited. Apply now to Guider-in-Charge, Broneirion, Llandinam, Mont.

(Continued on page 223)



# FOR SALE — ONE DIVISION

by Hazel Wheatley

**T**HERE used to be a lot of Guides in our town. 'What a pity no-one will run Guides any more.' 'Guiding doesn't appeal to girls these days.' If you hear this sort of remark in your Division it is high time you did a bit of advertising — and what better way than a 'Service to Others' Week?

Very easy to organize, this is an excellent way to put your Guides in front of your public. Choose a week during which each Pack, Company, and Crew will do some form of service for the community in which they live—e.g., their town, village, parish, school, etc. Little guidance is needed as the girls themselves will be full of ideas. But do be sure the job chosen can be well done. A well-planned piece of service taking only one hour can have more effect than a dreary whole day. How much better to clean only the oldest part of the village churchyard than to make little impression on the whole. Your aim is to advertise and if, as you go about, you hear 'Just look what the Guides are doing' then you know things are going well.

During our week the jobs included cleaning a church tower, mending hymn books, cleaning brass, organizing a day nursery so that the young mothers in one village had a day off, collecting baby clothes for the local N.S.P.C.C. inspector, and the gift of a sack of coal to a pensioner. The elderly came in for special attention, gardening, spring cleaning, entertaining in church halls and a hospital ward — one Company with its own orchestra — or just visiting those who live alone. The Guider can help here by suggesting topics of conversation, but Patrols set out to make the visit enjoyable for all. The Patrol who visited a retired verger and went bursting with questions about the church came away feeling that it was indeed he who had performed the service and not them. This Company collected woollens for salvage and with the money brought eggs, butter, and fruit, and for the elderly gentlemen — rump steak! One Pack, out of jumble sale funds, arranged for their 'Darby and Joan' Club to go for a coach trip with tea in the country. An understanding headmistress allowed the Brownies to come out of school to see the coach off and receive the thanks of the old people, many of whom seldom left their own town.

We found no snags, but here are some words of warning. Do start your plans in good time, remember you are in the shop window and a muddle will turn your Division into an 'export reject'. Check, and re-check, your plans. Too often Guides are only seen at money-raising efforts, whether for themselves or for a charity, so we had one rule — no cash.

Do co-operate with the Press. Let the editors of your local newspapers know your aims and plans and enlist their help — and thank them afterwards! Don't spoil the whole week by appealing for Guiders — just welcome with open arms any who turn up.

Our 'Service to Others' Week began and ended with 'Service to God'. The Division Brownie service was a cheerful affair and, after asking God to help them with their tasks, four hundred Brownie 'Christian Soldiers' went onward, ready to begin.

The final day saw six hundred Guides and Rangers marching along the old pilgrim road, past the County Commissioner and the Civic Heads, and into their ancient parish church.

The success of this venture cannot be measured or judged overnight but from letters received and comments heard we know we have opened the eyes of the public and shown them that their Guides and Brownies are worthy of their support and interest.

The display is out of the window but we have made many friends and we intend to keep them.

## A MUM IN PARTICULAR

by M. Morgan

MY WORK takes me among those families who are not able to live up to the present high standards of living.

Margaret is a Mum with two small girls. She is not a good Mum—her upbringing and low intelligence are such that she never will be. My task is to try to teach her to do better.

On a recent visit I found that Jeanette, age three years was not well. Before calling in a doctor I decided to check her temperature. A rummage in my bag however yielded no thermometer. Margaret witnessed my inefficiency with great glee, and falling on her knees before a rickety sideboard she removed the door (the hinges had gone long since). Miscellaneous articles such as dirty washing, dirty milk bottles, birth certificates, and several packets of cigarettes were flung aside, and with great pride was produced an immaculate white First Aid box wrapped in a cellophane bag. A 'temperature' was produced with a flourish from the beautifully equipped box. While it was cooking under Jeanette's arm I heard the story.

Margaret was once a Guide. Not for long—I gather that stickability was never a strong point. Long enough however for Margaret to learn the importance of a First Aid box.

I wish I knew Margaret's Captain. I would like her to know that Margaret learned at least one small piece of Mothercraft. We are now firm friends—the fact that we are both Guides gives us a common bond.

I hope that when Jeanette is old enough she will find a Captain who will teach her a little more than her mother was able to learn and so become a 'Mum in general'.





Foxlease

# Where to Train



Waddow

## TRAINING BURSARIES

GUIDERS attending trainings at Foxlease, Waddow, Netherurd, Broneirion, Lorne, and the Training-Ship are eligible for Training Bursaries. A Guider may receive only one Bursary to help her to attend one training, and she must not have received a Bursary before. Fare Bursaries are available only for the nearest Training Centre. In very exceptional circumstances, a Commissioner may recommend a Guider for a second Bursary.

**Fee Bursary:** This entitles a Guider to attend Foxlease, Waddow, Broneirion, Netherurd, Lorne, or the Training-Ship, at half-rate for a shared room.

**Fare Bursary:** Assistance is given to Guiders on the basis of four-fifths of the railway fare in excess of £1.

**Angela Thompson Bursaries:** These are available for any Promise and Law training (not necessarily at the C.H.Q. Training Centre) and

are the same value as the fee bursary mentioned above.

GUIDERS writing to apply for any of the above bursaries should get into the above bursaries should get into touch with their District Commissioners, who will obtain the appropriate ticket or form from the Secretary, Training Department, C.H.Q. When applying, District Commissioners should state the date of the training the Guider wishes to attend. Application must be made at least a fortnight before the training.

## COMMONWEALTH HEADQUARTERS

Application for trainings at Foxlease, Waddow, Netherurd, Broneirion, and Lorne should be made to the Training Centre concerned. Each application must be accompanied by a deposit of 7s. 6d. (in the case of Netherurd, 5s.) and a stamped addressed envelope. Please state in original application whether you are a Brownie, Guide, or Senior Branch (state Section) Guider. Guiders attending week-end trainings may leave on Sunday evening or during Monday if unable to stay for the whole week-end.

### FOXLEASE

Lyndhurst, Hants.

- July  
4-8 Commonwealth Chief Commissioners  
12-19 (Week) Guide and Brownie Guiders  
Air Ranger Guiders (12-14)  
23-30 Guide and Brownie Guiders  
August  
2-9 Guide and Brownie Guiders  
13-20 Patrol Leaders  
24-September 3 Cadets (aged 16-19. It is now possible to take more than 2 from one Company)  
September  
6-13 Holiday Week  
13-16 Song, Dance Drama, Handcraft Circle  
20-24 Guide and Brownie Guiders  
27-October 1 Guide (Training the P.L.) and Brownie Guiders

- October  
4-8 Dorset  
8-11 Commissioners (Mid-week)  
11-15 Guide and Brownie Guiders  
18-22 Guide and Brownie Guiders (Warranted and unwarranted in separate groups)  
25-29 London S.W.  
November  
1-5 Guide and Brownie Guiders  
8-12 Surrey North  
15-19 Senior Branch (all sections)  
22-26 Guide and Brownie Guiders and Commissioners

\*29-December 3 Public Relations

\*Application for this week-end should be made through County Commissioners

### WADDOW

- June Clitheroe, Lancs.  
29-July 6 Guide and Brownie Guiders

- July  
9-12 (Mid-week) Commissioners (with babies)  
27-August 7 Patrol Leaders  
August  
10-20 Patrol Leaders' Training (in camp)  
21-31 Patrol Leaders  
September  
7-15 (a) Senior Branch Guiders (all Sections) (b) Senior Branch Members (over 17)  
20-23 Guide (1st Class) and Brownie Guiders  
27-30 Leicestershire  
October  
4-7 Durham Commissioners

- 11-14 Guide and Brownie Guiders  
18-21 Guide and Brownie Guiders  
25-28 (a) Guide and Brownie Guiders (b) Commissioners

### November

- 1-4 Church of England  
8-11 Commissioners, Guide and Senior Branch Guiders (Emphasis on 14-16-year-olds)  
15-18 Guide and Brownie Guiders  
22-25 Guide and Brownie Guiders  
29-December 3 Drama Party

### Fees at Foxlease and Waddow

Shared room per day...	15s. 0d.
per week...	£4 10s. 0d.
Double Room per day...	17s. 6d.
per week...	£5 5s. 0d.
Single room per day...	£1 0s. 0d.
per week...	£6 0s. 0d.

### TRAINING-SHIP 'GOLDEN HINDE'

APPLICATIONS, accompanied by booking fee of 15s., should be made to the Secretary, Training-Ship *Golden Hind*, Branches Office, C.H.Q. Trainings will be cancelled if less than six applications have been received three weeks prior to the training.

Fees: £5 5s. per week.

- July  
13-20 Senior Branch and Guiders  
August  
3-10 Guiders



## SCOTLAND

Netherurd House, Blyth Bridge,  
West Linton, Peebles-shire

June  
28-July 2 Patrol Leaders

July  
5-9 Patrol Leaders  
11-19 Patrol Leaders' Woodcraft  
Camp  
12-19 Patrol Leaders  
(by invitation)  
23-30 Patrol Leaders (priority  
bookings for P.L.s. from  
Northern Counties)

August  
8-16 Patrol Leaders' Woodcraft  
Camp (fully booked)

9-16 Patrol Leaders  
(by invitation)  
20-27 Commonwealth Week

September  
13-16 Glasgow N.E. Division  
20-23 Guide and Brownie Guiders  
(places reserved for Aber-  
deen City)  
27-30 Roxburghshire and Selkirk-  
shire

October  
4-7 Renfrewshire  
11-14 Guide and Brownie Guiders  
(aged 23 and under)  
18-20 East Lothian  
25-28 Camping Conference

November  
1-4 Midlothian  
8-11 Cadets  
15-18 Rangers  
22-25 Guide and Brownie  
Guiders  
29-December 2 Glasgow N.N.E.  
Division

December  
6-9 Prospective Certificated  
Trainers  
13-16 Trainers' Conference

The fees at Netherurd are the  
same as those at Foxlease and  
Waddow.

## WALES

Broncirion, Llandinam, Mont.

July  
5-7 Brownie Pre-Warrant  
12-14 Closed  
19-28 Senior Branch Members

August  
1-8 Patrol Leaders aged 13-15  
12-19 Patrol Leaders, Central  
Glamorgan  
22-29 Guides 15+

September  
2-7 Patrol Leaders aged 13-15  
13-15 Closed

20-22 Closed  
27-29 L.E.A.  
30-October 9 King George VI  
Leadership Course

October  
11-13 Worcester  
18-20 Brownie Training with Pack  
Holiday Sessions  
25-27 Guiders, Commissioners  
and Testers (*Guide First  
Class*)

November  
1-3 Camp-Fire

13-14 Provincial Council of  
Churches  
22-24 L.E.A.  
29-December 1 Aberystwyth Scout  
& Guide Club

### Fees at Broncirion

Shared room	per day...	13s. 6d.
	per week...	£4 2s. 0d.
Double room	per day...	15s. 6d.
	per week...	£4 14s. 0d.
Single room	per day...	17s. 6d.
	per week...	£5 7s. 0d.

## ULSTER

Lorne, Craigavad, Co. Down

September  
13-15 Patrol Leaders  
27-29 Patrol Leaders Co. Tyrone

October  
11-13 Guide Guiders  
18-20 E. Division Belfast  
25-27 Finaghy Local Association

November  
1-3 Duke of Edinburgh's Award  
8-10 Brownie Guiders  
15-17 Co. Tyrone  
22-24 Pre-Warrant  
29-December 1 Camp Trainers

December  
6-8 Pre-Warrant

### Fees at Lorne

Shared room	per night...	12s. 6d.
	per week...	£3 15s. 0d.
Double room	per night...	14s. 0d.
	per week...	£4 7s. 6d.
Single room	per night...	16s. 6d.
	per week...	£5 0s. 0d.

## CAMPING AND PACK HOLIDAYS

Blackland Farm, East Grinstead,  
Sussex

Applications for Camp Sites should  
be made to the Warden. Indoor  
Camping facilities are available all  
the year round and 'Restrop' is  
furnished for parties of ten.

Hindleap Warren, Forest Row,  
East Grinstead: Details of these  
unequipped sites (solid shelter avail-  
able) from Miss Swan, Ballards,  
Forest Row, Sussex.

### COME TO LORNE

Come to Lorne for Summer Holi-  
days: Lorne is open for holiday

THE GUIDER

bookings during the second half of  
July and the whole of August. It  
makes an excellent centre, within  
easy reach of the sea, country or  
town and there are many pleasant and  
interesting excursions possible by  
coach. Guiders may come on their  
own or bring parties of Guiders,  
Rangers or Cadets. Guides must be  
aged 14 or over. Patrol duties are  
kept to a minimum. Uniform need  
not be worn. Packed meals can be  
provided for excursions or 2s. 6d.  
deducted from bill if visitors are out  
for a main meal.

Fees: 15s. per day including all  
meals. Applications should be sent

to the Guider-in-Charge, Lorne, with  
5s. deposit.

### Lorne Camp-Sites

There are two fully equipped sites  
at Lorne. The charge is 40s. per  
week; hire of tents and groundsheets  
is extra. Further particulars from the  
Guider-in-Charge, Lorne.

Irene McKibbin Cabin, in the  
grounds of Lorne, available for  
parties of Rangers and Cadets for  
summer holidays. Fully equipped  
for 12. Bookings and further infor-  
mation from Mrs. E. T. McBride,  
17 Adelaide Park, Belfast, 9.



# COMMONWEALTH HEADQUARTERS STAFF VACANCIES

## DEPUTY GENERAL SECRETARY

required at Commonwealth Headquarters. Preferably an active member of the Movement, within the age range 35-50, widely experienced, to assist General Secretary in all her duties. Experience of Committee work, staff administration, some legal knowledge an advantage. Applications as soon as possible to the General Secretary at C.H.Q.

**DISPLAY ORGANIZER** for creating and making exhibits and window displays. Must be able to deal with correspondence and keep accurate records of display material hired out.

Guide knowledge essential; shorthand/typing not necessary. Minimum age 23 years. Applications to Secretary, Public Relations Department.

## COMMONWEALTH HEADQUARTERS SHOP

**SENIOR SALESWOMAN** for Camp Showroom, must be an experienced saleswoman and have a knowledge of camping and camp equipment. Member of the Movement over 21 years. Salary £9.

Applications to Deputy Manager, Equipment Department.

**RECORDS CLERK**, of G.C.E. standard, accuracy and neat handwriting essential, for dealing with warrant and registration cards. Ability to do script writing an advantage. Age 17-22 years. Salary £6-£9. Applications to Secretary, Registrations Department.

Members of the Movement are always preferred but not essential for all jobs. Five day week for all office workers and three weeks' holiday a year. Five and a half day week in shop with occasional day off plus three weeks' holiday a year. Good restaurant on premises with special rates for staff.

**SECRETARY SHORTHAND/TYPIST** for responsible and interesting post involving a variety of work, including correspondence on legal matters, taking minutes of meetings and typing statistical schedules. Experience in solicitor's or accountant's office would be an advantage. Minimum age 25 years. Applications to Secretary, Finance Department.

**JUNIOR SALESWOMAN.** An interesting career for a Guide or Ranger just leaving school. Age 15½-16½. Salary £4 10s.—£6.

## ULSTER: GUIDER-IN-CHARGE LORNE

Ulster Guiders' Training Centre in Northern Ireland requires Guider-in-Charge, from the end of October, 1963. Residential post. Training qualifications not necessary. Applications and further details from the Ulster Training Adviser, Mrs. E. T. H. McBride, Ulster Headquarters, 32, Great Victoria Street, Belfast 2.

## "THE MOST EXCITING SHOW IN TOWN" says the Evening News.

Here for the very first time is a completely circular cinema with a 360° screen which goes right around you—you are really IN the picture.



AT THE NEW

**CIRCLORAMA THEATRE**

DENMAN STREET, PICCADILLY CIRCUS

(Off Shaftesbury Avenue)

Write for special terms for parties over 25

12 noon - 10 p.m.  
SUN 4.30 - 10 p.m.  
ONE SHOW EVERY  
HALF HOUR  
Admiss. 3/6 Child. 2/6  
NO NEED TO BOOK

## EARN £4 MORE A WEEK



THROUGH LEARNING

**SHORTHAND IN ONLY A FEW WEEKS AT HOME**

Get a better, more interesting job and earn at least £4 more per week, as a secretary! In your free time at home you can learn to write shorthand at 120 words per minute. Speedwriting is a genuine shorthand based on the alphabet with no strange symbols to memorise. Our personal tutorial system of Home Study means that you can learn Speedwriting shorthand in your own home, at your own pace, and qualify for that more exciting job. Read what a recent student writes "...and you'll be pleased to know that your promises have come true. I am earning £4 more per week than I did before I learned Speedwriting." Frances Eastwood, Henley-on-Thames, Oxon. For day and evening courses at the London School call, 'phone or write to the Registrar. Fill in the attached coupon for details of the wonderful Home Study Course.

**Speedwriting**  
THE a,b,c, SHORTHAND \*

The Registrar, LONDON SCHOOL OF SPEEDWRITING,  
Room 109/G, Avon House, 356/366 Oxford St., London, W.1.  
Telephone: HYD 3401

Please let me have further details of your Home Study Course.

MR./MRS./MISS  
Please Print  
ADDRESS

\*Trade Mark



# Classified Advertisements

The Girl Guides Association takes no responsibility for statements made in any advertisement here or elsewhere in the magazine, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of second-hand clothing (except uniform) cannot be accepted. (Uniform for sale should not be sent to C.H.Q. Advertisers receive a communication from applicants.) All advertisements must be received by the 1st of the month for the following month's issue. Charge 2s. 6d., personal; 6s. per line, trade; Box No. 2s. 6d. (for members of the Movement, 1s. 6d.).

## EMPLOYMENT OFFERED

**Ipswich and East Suffolk Hospital (630 beds).** Complete General Training School for Nurses. Applications are invited from well-educated girls wishing to enter as Student Nurses. For further particulars and advice re pre-training occupation, please write to: The Matron Superintendent, Ipswich and East Suffolk Hospital, Training School for Nurses, Anglesea Road, Ipswich.

**Foxlease.** There will be vacancies for **Junior House Assistants** for six to twelve months starting August or September. Suitable for Ranger or Cadet, 16-18, with time to fill in before taking up a career. Details from Guider-in-Charge, Foxlease, Lyndhurst, Hants.

**Required in September, 1963:—Housemistress and young Matron** for Senior Boarding House of 35 girls; **Assistant Matron** for middle School House of 35 girls. Apply, with references, to the Headmistress, Tormead School, Cranley Road, Guildford.

**Wanted urgently, Brown Owl and Guide Captain** for East London church situated between Bromley Underground Stn. and Blackwall Tunnel. Please apply to The Rev. E. J. Cotgrove, St. Michael's Vicarage, St. Leonard's Road, E.14.

**Ockenden Venture requires resident Housemothers/Matrons** for the care of refugee children. Married couples considered. Please write stating experience and salary required to General Secretary, Ockenden, White Rose Lane, Woking, Surrey.

## FOR SALE

**50 per cent profit for your funds.** Everyone uses ballpoint pens. Why not sell them die-stamped with your Group's title for 1s. each? For further details apply to: Mrs. A. H. Whitehead, 7 Altcar Lane, Formby, Liverpool.

**Advertising Pencils,** superb ball pens, brushes, combs—raise funds quickly, easily. Samples.—Price list from Northern Novelties, Bradford, 2.

**Fund Raising? Ball pens** are used by everyone. We supply Platignum and Bic makes at reduced wholesale rates. Your Company title etc., can be die-stamped as required. Pen cases in various colours (including Girl Guide colours). Profit over 50 per cent on cost. Details/Samples on request. Thompson & Robinson Ltd., 20 Churchfield Road, London, W.3. Telephone ACOrn 8770.

**Toys, games, jigsaws, stationery, jewellery, pens, birthday cards** at lowest wholesale prices. Over 400 attractive items. Also 50s. bazaar parcels giving over £1 profit. Either 144 6d. toys or 72 1s. toys or jewellery selection, or stationery. Carriage 2s. 6d. on orders under £5. Price lists—J. Thomas and Son, Woodhouse, Games Road, Cockfosters, Herts.

**Plan ahead.** Send for your free copy of the Talisman Illustrated Brochure of exclusive Christmas Card assortments. Gold crested leather gifts. Raise funds by selling real value for money. For details of our attractive terms, specialist service, and extended credit facilities, write to Talisman Greetings, 1A Hyde Road, Paignton.

**Union Flag, 3 ft. x 6 ft.** on brass jointed pole. In good condition. £1 15s. Apply to Miss Bond, Frampton-on-Severn, Glos.

**Fund Raising and Social Events.** Attractive gift packs at special prices for bazaars, spot prizes, ladies' nights, etc. Personality Beauty Products Ltd., Ashby-de-la-Zouch, Leics.

**Youth at the Crossroads.** A new book for young people, giving in down-to-earth language the case for being a Christian in the modern world. Paper-back edition, 120 pages 2s. 6d. post free. A free specimen copy to teachers, youth leaders, Guiders, etc. Apply, stating position, to Bible Books, (Dept. 205), 51 Kersland Street, Glasgow W.2.

**Guider's Navy Blue 'Mattamac';** Medium size, good condition. £2. J. Trott, 38 Homecroft Road, London, S.E.26.

**Raise Funds.** (Bazaars and Fetes, Sales of Work, etc.) with our parcel of attractive and inexpensive costume jewellery sent on sale or return. 10s. free gift with each parcel. 50% profit on cost. You pay only for what you sell. The rest you return. Send for parcel or full details NOW to actual manufacturers:—E. & M. Davies, Ltd., 136 Goldhawk Road, London, W.11.

**Screening 4 cubicles** with poles in good condition. £5 complete. Apply Mrs. Rowland Hill, 38 Chadwick Road, Westcliff-on-Sea, Essex.

## HOLIDAY ACCOMMODATION

**Holiday Accommodation, Eastbourne:** Bed breakfast and evening meal, or full board; weekends October-March; three minutes sea. Apply Mrs W. Jebb or Miss E. Cox, Alex House, 8 Willowfield Road, Eastbourne, Sussex.

**Beaumaris, Isle of Anglesey.** Ideal for summer and early autumn holidays. Walking, sight-seeing, lovely scenery. Supper, bed and breakfast in Guest House run by Guider. Apply Miss B. G. Bowen, Plas Hyfryd.

**To Let Aug. 12-Sept. 7,** 30 gns. inc. 4 bed., garage, bus route, lovely garden, 6 miles Eastbourne, suit invalid, Cotsell, Little Filching, Jevington, Polegate, Sussex.

**Peak District,** secluded farm house, good centre for sight-seeing; home baking; modern conveniences; garages; 12s. 6d. bed and breakfast, dinner to order. Mrs. Carnelly, Calton House, Beeley, nr. Matlock, Derbyshire.

**Cottage in Snowdonia,** near entrance to Watkin Path. Calor gas, bath etc. Sleep eight. Suitable Rangers or Guiders. Low rent for Guide activities. Not August. Apply Sawbridge, 15 Friar Rd., Brighton 6.

**For a quiet holiday** or rest in the New Forest, apply Miss Sandy, Goldfinches, Meerut Road, Brockenhurst, Hants. (Late of Balmer Lawn House) who will be pleased to send details.

**Small furnished country cottage** to let in Shropshire to members of the Guide Movement or their friends. 3 miles from Bridgnorth, 1 mile from village and bus, in secluded spot. 2 bedrooms, bathroom, electric light. 3 guineas weekly or available weekends. Apply in writing: Miss Bythell, Morville Hall, Bridgnorth, Shropshire.

**Conference Centre of Retreat.** Country mansion in grounds near Atherston and Nuneaton, Warwickshire. Accommodation for 40. Suitable for week-end schools, etc. Limited number of applications will be considered. Terms on application to Box 202.



### TYPING AND DUPLICATING

All classes of Duplicating and Typewriting neatly and accurately executed by Guider. Prompt delivery. Discount to Guiders:—Alert Typewriting Bureau, 1, Peasmarsh, Gillingham, Dorset.

**Duplicating and Typewriting.** First class work at reasonable prices. May be sent by post, stating number of copies and date required. Estimates free. Woolwich Staff Agency Limited, Thames House, Wellington St., London, S.E.18. Tel. WOOLwich 7651.

### CAMP AND PACK HOLIDAYS

**3rd Cuffley Guide Company.** 8 Guides and one Guider wish to go to camp. 4 have been to camp before. Guider has camping experience. Captain, Miss M. Gill, 26 Tolmers Road, Cuffley, Nr. Potters Bar, Middx.

**Buitenzorg, the National Girl Guide House** of the Nederlandse Padvindsters Gilde, has beds available in the coming summer months, July and August. The house is situated in the woods in Baarn (between Amsterdam and Utrecht). Bus trips and trips by train to different parts of Holland are organized each day after consultation with the Guider of the party. Price Fl. 8.50 (Dutch florins) per day, per person. All meals included. For further information, write to the Guider-in-Charge, N.P.G. Centrum 'Buitenzorg', Amsterdamsestraatweg 57, Baarn, The Netherlands.

**Adventure Holiday** at Porthscatho, S. Cornwall, August 27th-September 4th. Cost £3 excluding travelling expenses. Must be able to swim. For particulars write: Miss J. K. Taylor, 4 Meadow Road, Ashted, Surrey, enclosing s.a.e.

**Q.M.** or two friends urgently required for Guide camp (young Guiders) at Skelmorlie, Ayrshire, 8th-14th August. Please write to Miss Cumming, 33 Ashgrove Street, Ayr.

**Another Guider urgently needed** for Guide camp nr. Tunbridge Wells, Kent. 27th July-3rd August. Please write to Miss McDonough, 18 Elborough St., Southfields, London S.W.8.

**Wanted—Life Saver** for camp on S. Devon Coast. July 27-August 3. Expenses paid. Reply to Miss Woolcombe, Moorsend, Whitchurch, Tavistock, Devon.

**A Q.M. is urgently required** for a Guide Camp at Hr. Disley, Cheshire, 24th-31st August. Will be willing to take up to 14 Guides. Write to Mrs. J. Lees, 16 Leicester Road, Sale, Cheshire.

**Will any Guider camping in July or August** include 3 or 4 Guides—Mrs. G. Richens, 78 Northern Road, Swindon, Wilts.

**First Aider** required for Brownie Pack Holiday, Cudham, Kent, 10th-17th August 1963. Must have First Aid and Home Nursing Certificates or be otherwise qualified. Mrs. O. Adams, 33 Ashchurch Grove, London, W.12.

## C. H. Q. NOTICES — (continued from page 217)

### COMING EVENTS

**6th Inter-collegiate Scout & Guide Rally:** 10 day camp. 20-29th August; at Fairthorne Manor, Botley, nr. Southampton. Full and varied programme: £6 inc. Details from Miss S. Dixon, 1 Wellington St., Aldershot, Hants.

**Students! The University of St. Andrews Scout and Guide Club** is holding a summer camp in the Lake District from 26th Sept. to 3rd Oct., and would like, through this magazine, to invite all interested Scottish students, especially those coming up to university for the first time this year. Details from the Secretary, Miss R. Munkley, Oak Farm, Milson, Kidderminster, Worcs.

### THE CATHOLIC GUIDE GUILD

**Dioceses of Westminster and Southwark**

The Annual Church Parade will be held on Sunday, 7th July, 1963 at Westminster Cathedral. Companies to assemble in counties at 3.15 p.m. in The Mall. Further particulars from the Secretary, 11 Hill Crescent, Worcester Park, Surrey.

### EQUIPMENT DEPARTMENT MAIL ORDER SECTION

MAIL ORDER DEPARTMENT will be closed from 12th—26th August as our Despatch room is undergoing essential repairs. We regret, therefore, that we are unable to accept any orders for despatch by Parcel Post or British Road Services between these dates. We hope it will be possible for you to anticipate your requirements, which should reach us not later than Thursday, 8th August.

### NEW DISPLAY MATERIAL

Now available on hire, four circular head and shoulder photographs of Senior Branch members, one of each section. 12 in. diameter, strutted for standing or hanging, 3s. a set. Apply to Public Relations Department.

### LOCAL ASSOCIATION CONFERENCE REPORT

The printed L.A. Conference Report will be distributed free of charge through County Conference Secretaries to those delegates who attended the conference on May 23rd. County Commissioners will receive a copy with the July C.C.B. Other copies available on request direct (1s. each) from C.H.Q. Public Relations Department.

### C.H.Q. RESTAURANT

IT IS HOPED to re-open the Restaurant on Monday, 2nd September after extensive alterations and improvements to the kitchen, and with new modern furniture in the Restaurant itself. It has always been our aim to make the Restaurant a place where Guides from all over the world can meet each other and bring their friends to enjoy a meal at reasonable prices.

We shall be able to offer an improved service with more varied menus for about the same prices—also we shall be open on a Saturday morning so that our customers in the shop may have their morning coffee at C.H.Q., and Guides can make it a Saturday morning rendezvous. (Closed: 19th August—2nd September).



## ESSENTIAL NEEDS FOR COMPANY CAMPS

### AN EXCELLENT STORE TENT

#### "GOLIATH"

6 ft. 6in. HIGH      3 ft. WALLS  
10 ft. LONG x 6 ft. 6 in. WIDE

Made from proofed 'Beeswing' Fabric, Green. Extra doorway provided with Zipp fastener in wall at back.

Weight 28½ lb.

Lightweight metal upright and ridge poles. Complete with guy-lines, runners, pegs, and mallet.

Packed complete 32 in. x 14 in.

£18



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#### The Royal Show

STONELEIGH ABBEY,  
KENILWORTH,  
WARWICKSHIRE

2nd—5th July, 1963

#### DOUBLE LATRINES or WASH CUBICLES

8 ft. x 4 ft. Cubicle 4 ft. square in superior quality Hessian. Door each end with 14 in. overlap, tapes round top. Complete with 6 jointed upright poles, runners, guylines, pegs and dollies. Height 6 ft. 6 in. at front. 6 ft. at back.

Packed in bag 33 lb.

£15 3s. 9d.

#### FIRE SHELTERS (adjustable)

Made from Green Cotton Duck. With two jointed upright poles and one jointed ridge pole. Complete with guylines, runners, pegs, and eyelets for adjustment of canvas. All packed in a bag.

9 ft. x 5 ft. 8 in.

Weight 11¾ lb.

£5 15s. 6d.

12 ft. x 8 ft. 8 in.

Weight 17 lb.

£9 7s. 6d.

ALL SENT CARRIAGE FREE IN U.K.

## THE GIRL GUIDES ASSOCIATION

P.O. BOX 269, 17-19 BUCKINGHAM PALACE ROAD, LONDON, S.W.1.

ALSO BRANCHES IN

London: 124 Newgate Street, E.C.1; 183 Clapham Manor Street, S.W.4; 19 Green Lanes, Palmers Green, N.13. Birmingham: 5 Ryder Street, 4. Cardiff: 20 Working Street. Ipswich: 5 Tacket Street. Leeds: 62 The Headrow, 1. Liverpool: 20 Richmond Street, 1. Newcastle-upon-Tyne: 6 Oxford Street. Oxford: 17 The Turl (Broad Street End).

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