# THE GUIDER

VOLUME 52 - No. 8 - AUGUST 1965 - PRICE ONE SHILLING





## Do YOU

## Hide Your Light

Under a ....?

### If You Do, Please DON'T

'THE GUIDER' offers gift vouchers of £1 10., £1 and 10s. for use at C.H.Q. Shop or any Guide and Scout Head-quarters Shops (not Agencies) for the best entries, if of acceptable standards, in each of the three following sections.

A line drawing in Indian ink of-



1. A Brownie, Guide or Senior Branch member, in uniform, engaged in any activity (e.g. a Brownie at a Pack Holiday, a Guide in camp).



2. A humorous incident.



3. Anything in woodcraft (flowers, birds, animals, trees)

Illustrated by Jennetta Vise

#### COVER PICTURE

Miss Ilse Jensen, a Trainer from Denmark, explains to Miss Rosemary Chanda, from Zambia, just how you fold a decoration at the International Song, Dance, Drama and Handcraft Training at Foxlease in July. Our picture was taken for The Guider by James H. Smith, of Totton, Southampton.

**COMPETITION RULES** 

Entries must reach the Editor, THE GUIDER, Girl Guides Association, 17-19 Buckingham Palace Road, London, S.W.1 by 31st August. (Overseas readers, 30th September.)

Please write your name and address clearly on the back of your entry. Names of the winners will be announced in the October Guider.

THE GUIDER

## THE GUIDER

### OFFICIAL MAGAZINE OF THE GIRL GUIDES ASSOCIATION

(Incorporated by Royal Charter)

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### MRIGTHUNI

JOYCE DUNSHEATH describes the first Indian women's expedition to the Himalayas in 1964

The establishment of the Himalayan Mountaineering Institute at Darjeeling in 1954 signified the new interest of the Indian people in their own majestic ranges of mountains and the training offered there to prepare them to climb and live among the great peaks. Since 1962 the Institute has thrown open its courses to women who, departing from the traditional exclusively domestic rôle, have shown themselves ready for the adventure offered. Yet mountaineering is an expensive sport so the Bharat Scouts and Guides, who see in it a discipline which will train young people to face rigours, difficulties and emergencies of all kinds, have given their members every encouragement, backed by financial support.

Since 1961, rock-climbing has been a popular course at Pachmari, the all-India Training Centre in Mashya Pradesh, and from among the participants the most promising have been chosen to take the basic course at the H.M.I., a few also going on to do the advanced course. The next step was the climb of a major peak and an expedition to Mrigthuni was planned with the help of the instructors. At this point, Mrs. Lakshmi Mazumdar, National Commissioner, Bharat Scouts and Guides, who had spurred on the enthusiasm of the girls, became a little worried that they were going off into wild mountains with so little experience. She therefore asked me, a British Guide Commissioner and climber with some knowledge of

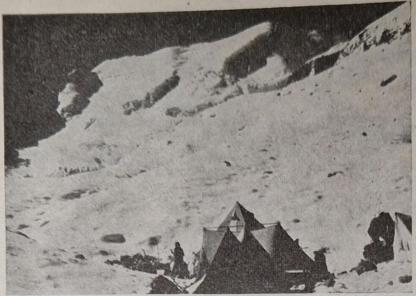
Himalayan conditions, to lead the expedition.

I made careful enquiries into the preparations before accepting and found that these were well done. I felt that Mrigthuni had been wisely chosen as the objective. It lies wholly within India in the province of Garwhal, very near to both the Tibet and Nepal frontiers. It is sufficiently high (22,490 ft.) to present a real challenge but it is not too difficult technically. It had been climbed once before by a party of Indians in 1958 from whose account in *The Himalayan Journal* we got much guidance, and as it lies near Trisul and Nanda Devi, route-finding would not be too difficult. I therefore cabled acceptance, feeling not only pleasure in the prospect of leading such an enterprise but pride in the fact that in this first Indian women's expedition to the Himalayas all the members were Guiders or Rangers.

When I arrived in Delhi on 13th September, I found four of the team already there. Kurshid Umrigar, 25, a commerce graduate from Bombay, was the secretary of the expedition: Durga Gurung, 18, had come from Assam, a three-day journey by train, with the seven sherpas engaged for us: Usha Sarpeshkar, 23, had just completed her science degree at Bangalore and Rani Baghwandas, 18, had not yet started on a University course for, as a President's Guide, she had been chosen to represent her country at Our

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Base Camp, Mrigthuni

Cabaña and had only just returned. The other two members, Sharda Kedar, 32, and Sudha Nerurkar, 31, arrived later, for they were working as clerks in the Central Railway, Bombay, and had only limited leave.

The next seven days were spent in making last-minute purchases, making up day-rations and packing into crates. At the last minute a round rush basket containing three hundred and sixty fresh eggs, packed in grass, was produced. This went all the way on the back of a porter and, to my amazement, not one egg was broken en route! Usha took an intensive photographic course at the Audio-Visual Centre and was lent a camera and given films as official photographer. At last all was ready and at 8 a.m. on 20th September we assembled outside the National Headquarters. After much photography and interviews by the Indian journalists and decorated with leis of yellow and white flowers by the Headquarters staff, we mounted the

special bus which was to take us to Rishikesh, a pilgrim centre on the holy Ganges, a hundred and fifty miles to the north. We slept on the bare floor of a pilgrim hotel and the next day took a local bus to Joshimath, spending another night on the way.

Our first job was to recruit fifty porters to carry our ton of baggage and this proved very difficult for the army was using all available man-power to build roads in this frontier area. Eventually, however, twenty-nine were recruited, and these set off from

(L to R) The climbers and their leader: Sudha Nerurkar, Durga Gurang, Kurshid Umrigar, Mrs. Dunsheath, Usha Sarpeshkar, Rani Baghwandas, Sharda Kedar the village of Lata with half the party to climb the steep track leading to Lata Kharak, 5,000 ft. above. Unfortunately, we met torrential rain and by 7 p.m. only four sodden members of the team, three sherpas and ten porters, had arrived at the camp-site. The rest of the porters, finding shelter beneath an overhanging rock, lit a fire and settled down for the night. We made do with one tent that had arrived and shared the contents of the kit-bag and slept as well as we could.

The next day the second party

The next day the second party came up but had no better luck. While the rain continued to pour down over the next two days, the party straggled in. On the fourth day the sun blazed forth again and the expedition finally got

under way. This was a hard test for the inexperienced but we felt that having come through the ordeal we were thereby strengthened and ready to meet other emergencies. In actual fact, the weather from this time on was excellent.

The next week was a succession of strenuous days on mountain slopes and rocky gorges and peaceful nights in our little tents pitched on stony ground or rocky ravines, in leafy forests or by dry river beds. At first we followed a fairly obvious track but later had to force a way through thick scrub and along dreary moraine. On the tenth day from leaving Joshimath we reached the Trisul glacier and there set up Base Camp (16,000 ft.). Here all but four porters were paid off and these four were employed ferrying loads of wood from the previous camp-site so as to save our slender store of paraffin.

Sudha and Sharda were put in charge of the camp, and the army doctor, his assistant and the radio-men he had insisted on bringing with him remained there throughout. The party was divided into three teams

(Continued on page 266)



## NIGHT SKY IN AUGUST

### by Patrick Moore, F.R.A.S, F.R.S.A.

August is usually regarded as a bad month for star-gazing, because the sky remains light until an inconveniently late hour. This is quite true, but there are compensations. In particular, there are the August shooting-stars, which make up the most brilliant meteor shower of the entire year.

A meteor is a small particle, usually smaller than a grain of sand, moving round the sun in the manner of a dwarf planet. So long as it remains in space it cannot be seen, because it is much too small and faint, but if it approaches the earth to within 150 miles or so it enters the top of the atmosphere, and friction is set up against the airparticles. (It is true that the atmosphere stretches upwards for much more than 150 miles, but the highest part of it is too thin to cause appreciable resistance.) The meteor is moving quickly—at anything

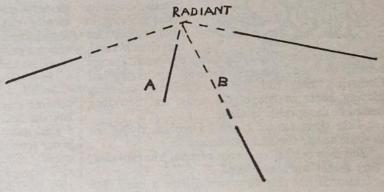
up to 45 miles per second relative to the earth—and despite its small size, it makes a glow bright enough to be very conspicuous as it burns away. A shooting-star, then, has nothing to do with a real star, and is merely a small grain destroying itself in the upper atmosphere.

The so-called 'sporadic meteors' may appear from any direction at any moment, but most meteors belong to swarms. When the earth passes through such a swarm, the obvious result is a shower of shooting-stars. This happens several times a year (in fact, the list of annual showers is surprisingly long), but the August shower is much the most spectacular.

Though the meteors in any particular swarm are moving through space in parallel paths, they appear to radiate from one set point in the sky. This is purely an effect of perspective, as may be seen from a simple analogy. If you stand on a bridge overlooking a straight motorway, such as the M.1, all the lanes in the road will appear to meet at a point near the horizon, which may be termed the 'radiant of the roads'. Cars moving toward you will tend to come from this radiant point. It is the same with the meteors of a shower; and for the August swarm, the radiant lies in the constellation Perseus, so that the meteors are know as the Perseids.

The shower is at its maximum during the first fortnight in August, which, fortunately, is the camping season for some—so that many Guides will have the chance to look at the meteors. There is much to be learned from making rough maps of their paths across the sky, and then plotting them 'backwards', so to

speak, as shown in the diagram. The continuous line represents the observed path of the meteor, while the dotted line is the 'backward' extension which should lead to the same point for all the meteors. Of course, different shooting-stars are seen at different times; in the plot, Meteor A may be seen several hours earlier



or several hours later than Meteor B. The obvious essential for this kind of observation is a good working knowledge of the constellation patterns, and when you note a meteor, do not forget to record the time at which it was seen, together with its colour and its brightness.

More rarely, the earth meets with a larger body which falls to the ground without being destroyed, and is then termed a meteorite. Most museums have meteorite collections—there is one at South Kensington—but the average specimen is small, and true giants are very uncommon. During the past century there have been only two, one in 1908 and the other in 1947, both in Siberia. A large meteorite may produce a crater; the most celebrated formation of this type is Meteor Crater in Arizona, which is almost a mile across. It is a most impressive sight, and climbing out of it is quite a problem, as I found when I visited it last year! Nobody is quite sure when it was formed, but it is certainly prehistoric.

Meteorites and meteors appear to be bodies of different classes, and a meteorite is in fact more nearly related to a minor planet or asteroid. No meteorite has ever been known to come from a shooting-star shower, and it is also worth noting that there is no authenticated case of any one having been killed by a meteorite fall. So if you are camping out this August, and make up your mind to watch the Perseids, you can do so in perfect safety. There is no fear of your being hit on the head by a missile coming from outer space!

### THE APPRENTICES

### by Wanda Standley

Illustrated by Juliet Renny



AND WHAT WILL you do with these while you're at camp?' said one Guide's of my mother, looking down on my two children. The occasion was a coffee morning (to raise money for the church roof),

and we were also displaying camp equipment for the benefit of 'new' parents. Richard, aged four, and Catherine, two, had had a wonderful morning, playing house in one of the tents, and now they looked at the speaker in alarm.

Take them too, of course,' I replied, trying not

to smile at her shocked expression.

'But they can't sleep on the ground,' she exploded, 'they might catch anything.'

I assured her that they would have a camp bed

and a cot respectively.

Richard and Catherine have camped with us since they were a few months old, but parents and Guiders alike thought it madness to take them to a Guide camp, especially as I was taking my Licence. It wasn't, it worked. The younger Guides loved 'playing mother' with my two and with Q.M.'s four-year-old son who came too, and the three children enjoyed the unlimited companionship.

On the staff we had a most useful Cadet who had worked as a children's nurse: she amused the children in the mornings to keep them out of the way of the Cook Patrol and helped to put them to bed when we were preparing Camp-Fire or setting off for evening service. Otherwise, it was just a case of organizing the day: to fit the children's washing-time between prayers and breakfast; tent-tidying between breakfast and inspection; and 'smalls' washing after

tea and before bedtime.

Sounds a full day? So it is at home. We let the children stay up to one late Camp-Fire (and sleep late the next morning), and had our wide game at 5 a.m. instead of after dark. Otherwise they joined in our activities with gusto. My one fear was that they would 'show off' and become unbearably spoilt, so I warned the Guides to have none of this and after one or two vain attempts we had no more trouble on that score.

When we came to vote for the best new camper, Catherine's name was put forward! 'I'm sorry,' I said, 'but this is her second camp.'

I passed my Licence.

### A NEW BLOUSE FOR GUIDES

On sale in all our shops, or by post, from 1st September.

The new overblouse, as you will see from the advertisement on the back page of this issue, incorporates everything Guides have been asking for. It is in a crisp rayon material in our well-known shade of blue. The manufacturer has given the material a special finish, to help it to hang well as an overblouse, and the label is 'Guidex'. Proficiency badges and distinguishing marks have a New Look, and there is a new way of wearing the tie.

A special order form has been enclosed with THE GUIDE of 30th July and a copy is also enclosed with

this issue of THE GUIDER.

A chart showing where all the badges and distinguishing marks are to be worn is given on the page opposite. This chart will be enclosed with every new overblouse sold over the counter or sent by post.

The following words of advice will help you in dealing with queries:

To Guides who will want to make the overblouse themselves-

There will be patterns available, and 'Guidex' material on sale by the yard.

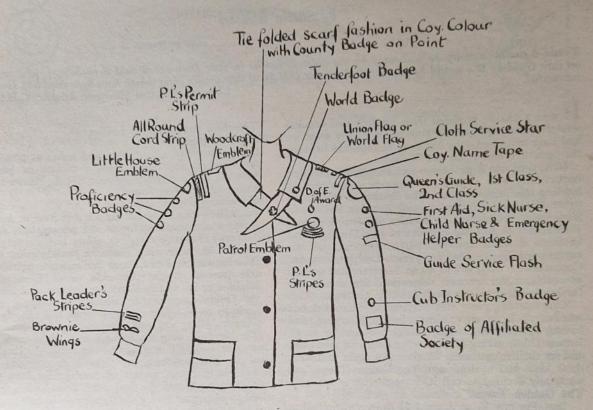
To Guides who are wearing out their old-style blouses-

No modifications are permissable. Neither the oldstyle blouse nor the material in which it is made are suitable for the new-style blouse.

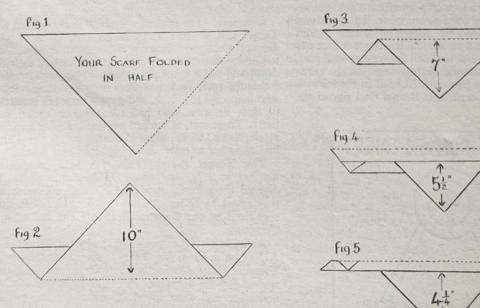
To Guides who are buying the new overblouse— BUY EARLY-BUY ' GUIDEX' FOR VALUE: value for your own purse.

value to your own Girl Guides Association whose funds you support by giving it your custom.

## Where to Wear Badges on the Guide Overblouse



HOW TO FOLD THE TIE



NOTE: Belts, if worn, must be underneath the blouse. Lanyards must not be worn.

## AN EXPERIMENT FOR OLDER BROWNIES

#### by Sheila Webster

Would a similar activity be welcomed by the older Brownies in your District? Would it encourage them to go on into Guides? We would be interested to hear at C.H.Q. of any similar ideas which have been tried and found LEONORA WILSON [Brownie Adviser, C.H.Q.] successful.

IT WAS A GRAPH, prepared from the first two detailed sets of census figures, that showed us clearly what we had long suspected—the big drop in numbers between

the ages of 9 and 11 in our Division.

Here then was a problem-and here equally was an opportunity and a need to experiment in ways of holding the interest of our older Brownies. Ours is an urban Division, with twenty-nine Brownie Packs, and fairly easy communication between the four Districts. We decided to run our experiment as a Division, and to form a small working party composed of one experienced Brown Owl from each District, and one Commissioner who would act as Secretary and general co-ordinator, for we were determined not to add any further burdens to our busy Brownie Guiders.

This working party met only twice; once to decide whether such an experiment was worth trying, and having agreed that it was, to draft a circular to all Brown Owls, asking if they would care to take part, and for their suggestions. We then met again to discuss these ideas and to draw up 'The Golden Target', as

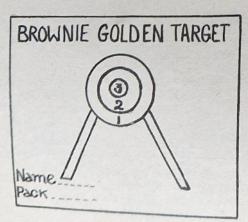
we finally decided to call it.

The Golden Target

Age: For any Brownie aged 9½ or over, who had at

least won her Golden Bar.

The Target: The Target, in no way competitive, was in 3 parts, spread over 3 months. Each Brown Owl was sent at the start a complete list of all the Target requirements. At the beginning of each month we sent to each Pack a set of Golden Arrows (cut out of thin yellow card), one for each Brownie taking part, on which were written the instructions. As she completed each arrow, the Brownie coloured in the relevant space on her Target card, and Brown Owl signed the book.



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The three parts were as follows: -

1st Arrow: (April)

Collect as many wild flowers and leaves as possible with names, and either make a picture or book. with the object of teaching your Six the names and where flowers were found.

2nd Arrow: (May)

Each Brownie to make a toy, or a knitted or sewn garment or something for an old person, as a gift.

3rd Arrow: (June)

Choose an interesting place or building in the District, and find out about it. Draw, or write, or take photos., or use postcards, or all four. Also fill in a quiz, which asked for information about the Guide Company to which the Brownie was likely to go on-colour of ties, name and address of Captain, place, day and time of meetings, etc.

The Brownies were asked to get on with the work on their own, and only in a very few cases did the Guider need to give anything more than encouragement. Either the Brownie herself or her Guider kept the completed work until the final stage, and Guiders were asked to encourage each child to achieve the best standard of which she was capable, as for Golden Bar and Golden Ladder. We hoped in this way to interest both the bright child who gets her Golden Hand young and

also the ones who never will achieve it.

Numbers: 149 Brownies from 26 Packs started the Target, and 94 from 22 Packs finished. Of those who did not manage to finish, several Brownies moved up to Guides during the period, some Packs had to withdraw, and some Brownies just gave up. At the end of 3 months each Pack was visited by a Commissioner, who inspected the work, and gave a personal invitation to each Brownie who had reached her Target to a party. There was, as we had expected, a wide variation in standards, which showed perhaps that the Target had appealed to many differing types and talents.

The Target Party: This was held in glorious weather in July, and about 75 Brownies came. We divided them into 5 groups, each with a Guider, and they spent 1½ hours going round 5 outdoor activities, organized by our 4 Senior Branch Units and a Guide

Company.

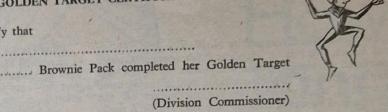
Activities: Tent pitching; gadget making; First Aid (with a First Aid Tent!); singing games; and a Treasure Hunt. Obviously the main object of the party was to give the Brownies an exciting glimpse of Guide activities, and they loved it, especially the practical parts. We were impressed by their complete absorption and enjoyment, and the Guiders were sure that this



#### HOVE DIVISION BROWNIES GOLDEN TARGET CERTIFICATE

This is to certify that

Brownie Pack completed her Golden Target



was a useful way to interest them in their eventual move on to Guides.

After a picnic tea, we all moved into the nearby hall to look at an exhibition of the work achieved during the 3 months. All the Brownies had been asked to bring paper and string to wrap up their gifts, and these were collected and later taken to the WVS, who distributed them via their Meals-on-Wheels and Clothing Schemes. We ended the party with the presentation of a special certificate to each Brownie by the Division Commissioner. (See illustration).

Summing Up-The Snags: Surprisingly, and because of the wonderful co-operation and support of the Brownie Guiders, the snags were very few and unimportant. The Commissioner's job did become a little overwhelming at the end—22 Packs to visit in 2 weeks made quite an obstacle race! District exhibitions of the work, with outside assessors, and perhaps graded certificates to encourage higher standards would be simpler and also more valuable.

The only other snag we encountered was shortage of time at the party. On another occasion we would make the groups smaller and the time for each activity

The Credit Side: The Commissioner was very pleased at a spontaneous offer from several Brownie Mums to help with the chores of the operation (writing out 3 x 150 arrows with instructions, for example!) if we would run the Target again. Obviously the children's enthusiasm was infectious.

When the Target was over we asked the Packs taking part for comments and suggestions. Undoubtedly the Brownies thoroughly enjoyed it, particularly the Good Turn section. Several Brownies went on to take such badges as Toymaker, Pathfinder, and, of course, Golden Hand, from the work they did during the

The Guiders also enjoyed it, found it helpful, and in most cases did not find it added extra work. Many have asked for a similar project next winter, with special emphasis on interesting ploys for the older Brownies that can be done during meetings and at home. It made us all think hard about the older Brownie and how we could best help her, and gave us an excellent opportunity to exchange ideas.

Did the experiment fulfil its purpose? Well, time will tell. The drop in numbers between 9 and 11 shown by the census following the Target improved by about 12%. How much this is due to the Target would be impossible to assess!

We all felt that there was real value in having experimented with a project clearly relevant to our Division, in a way that suited our local needs and facilities, and with the willing co-operation of so many of our Units. Above all, it was fun-Brownies, Guiders and the Commissioner enjoyed it all enormously, and that surely is its final justification.

### A PRACTICAL PURPOSE FOR SQUARE LASHING

FOLLOWING ON the useful hints given us by J. Lines in June, the 'bucket frame', taught us by a sailor and used for many years, provides a simple and useful test. Only 4 sticks, 2 feet long, are needed and can be kept at headquarters for the test.

The frame is laid on the buckets, the Guide stands inside the frame and lifts the buckets by their handles. This relieves the arm muscles and prevents the water slopping over the carrier.

As regards gadget making, the importance of a triangle must be understood; it encloses a fixed space. A rectangle can be squashed flat in time. Show this on the frame Guides have made. Then remove one stick and turn it into a triangle, and even bad lashing will not shift it. (The same type of lashing will do.)

Get the Guides to look out for triangles. The flag pole is held up by three triangles made of the pole, the guy lines, and ground. A. M. MAYNARD

#### Help Yourself Series

Have your P.Ls. got a copy of Knotting and Lanyard Making by Joan Burgess and D. H. Nicholson, price 1s.? A book-list will gladly be sent on receipt of a stamped addressed envelope.

## BOOK REVIEWS

Swimming for Everyone by N. W. Sarsfield, (Faber and Faber, 16s.) is an excellent book for any Guider interested in teaching others to swim. It is not just another book on stroke technique but is much more concerned with getting the beginner's feet off the bottom and ensuring that in time she will be a really proficient swimmer, capable of swimming many hundreds of yards and saving life if necessary. There are chapters on survival, life-saving, diving and competitive swimming, all clearly written and illustrated. As the author says, learning to swim is a challenge and I feel that it is one which every Guide should accept, for by doing so she will not only get a great deal of pleasure but she can be confident that she will be able to help others should the need arise. H.Y.

Creative Crafts For Beginners by Donald Crowbourne (Blandford Press, 10s. 6d.) is a book which has a fine collection of 70 useful and decorative articles of handwork. They include toys and household items, musical instruments and things to wear. The title claims that the book is for beginners and indeed it is, for the instructions are so clear that the most inexperienced can easily follow them to produce things to a high standard. Nothing is 'fussy' or 'arty-crafty' and simplicity seems to be the keynote.

Shell Treasury of the Countryside edited by John Baker (Phoenix House, 6s.) What are your special interests in the countryside? If they include such things as how hills and valleys were made; what were the strange fossils we find in rocks; houses, bridges, old and new; birds, trees and flowers, then you'll find something to interest you in this beautifully illustrated little book.

E.M.B.

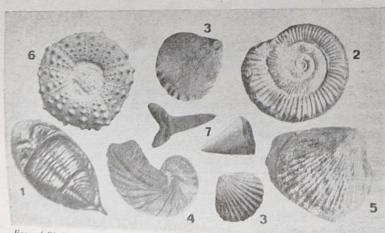
They Dared to be Doctors by Mary St. J. Fancourt (Longmans, 13s. 6d.) is a book to inspire readers of all ages and especially those who want to have a career that isn't easy or who don't feel they are 'understood' in attempting something unusual.

Elizabeth Blackwell, an English woman, was the first to be awarded a medical degree in the United States, and Elizabeth Garrett the first woman to pass the exams of the Society of Apothecaries, and so those two were the first women doctors in the world. The author writes of the difficulties that beset those pioneers, of their frustrations and, above all, their determination and dedication. She gives us a very readable book in which she brings out the courage and hard work of two women who faced enormous difficulties and setbacks, but to whom the present day medical world owes much.

The Pocket Encyclopaedia of Wild Flowers by M. Skytte Christiansen, (Blandford Press, 18s.). With its 667 excellent coloured illustrations, this book covers a large proportion of the British flora. Similar flowers are grouped on the same page with English and Latin names given. There are also descriptions of all the flowers illustrated, making it an easily used reference book, equally suitable for those with or without any previous knowledge of flowers.

Trees and shrubs are particularly well done with leaves, flowers and fruit generously illustrated and the section on grasses, rushes and sedges is excellent too. The book is attractively produced and however well your shelves are stocked with wild flower books I feel sure that there is still a place for this one in every Company or Pack library.

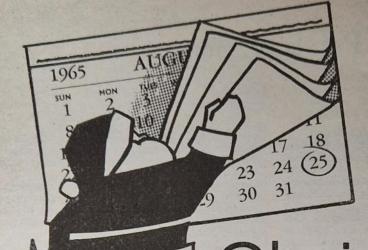
D.P.E.S.



From 'Shell Treasury of the Countryside'

THE GUIDER

1. A tailed trilobite of 400 million years ago, now extinct, found in the older rocks of Wales and border counties. 2. Ammonite, an invertebrate animal, extinct for about 150 million years, found in Yorkshire. 3. 'Lamp-shells' which were shelled creatures called brachiopods, found in rocks in the Midlands. 4. Devil's Toenail', an extinct relative of the oyster, lived about 170 million years ago. Found in clay in Dorset, Gloucestershire and Midlands. 5. An extinct relative of the scallop found in Cambridgeshire where it lived 120 million years ago. 6. A fossil sea-urchin extinct 80 million years ago found in chalk hills, but other kinds of sea-urchins live in British seas today. 7. Fossil sharks' teeth found in London Clay which settled down in a shallow sea 60 million years ago when Southern England was tropical!



## How long 'till

Christmas

NOW is the time to start your Christmas Fund raising, there's not a day to lose! Send right away for our 1965 Catalogue of Christmas greeting cards, gift wrappings and sundries. Carefully selected for its appeal, value and quality this year's range is the most exciting and fastest selling yet. For 'all the year round' money raising efforts we also have an excellent selection of Everyday greeting cards and sundries.

★ Pre-paid reply card inserted in this magazine.

90 Judd St., LONDON, W.C.1.
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## Points of View



Pictures for Commonwealth Knowledge Badge

It is comparatively simple for Guides to get views and illustrations of Australia, Canada, New Zealand, and perhaps also of India, for Clause 4 of Commonwealth Knowledge Badge, but well-nigh impossible for them to do so of other countries in the Common-

At a conference held earlier this year in the City of Edinburgh it was suggested that an appeal be put out for illustrated calendars and unwanted travel leaflets to be given to the Movement. These are now being kept at a central point in Edinburgh where Guides of this county can ask for them. Obviously the scheme has not been in operation long enough for us to see whether it is of value, but we do hope that at least a few Guides will be able to follow up their interest in less well-known parts of the Commonwealth.

If any Counties have tried other ways of widening the field for this Badge, I should be most grateful for details of them. I feel that quite a few candidates for this badge study one of the older independent countries for Clause 4, only because the illustrative material is lacking for the others.

K. G. Brown (C.C.I.R., City of Edinburgh), 54, Fountainhall Road, Edinburgh 9.

7 - 18

GUIDES leaving the Company at 14, their lack of interest in the Senior Branch, and the shortage of Guiders are problems which concern us all. May I, therefore, make some constructive suggestions?

1. That Brownies be admitted to the Pack at 7

years, and join the Company at 10 years.

2. That Guides, joining the Company at 10 years, transfer to the Senior Branch at 14½-15 years.

3. That members of the Senior Branch leave at 18 years.

Do these suggestions sound ridiculous? I do not

Most Brownies are ready for the Company at the age of 10, but 10-year-olds and 16-year-olds are

obviously not suited for the same activities.

If all Guides automatically become Rangers at 15, where will the Guiders come from? Existing Companies could become two, with the Captain in charge of both Guides and Rangers. The Rangers could largely be self-governing, requiring the Captain's presence at only one in three or four meetings. At these times the Guide Company (if meeting at the same time) could be left in charge of the Lieutenant, P.Ls. or an older member of the Senior Branch. Cadets, Land, Sea and Air Rangers could still be maintained at District, Division or County level for

those who wish. As for camping, surely the Rangers would be capable of camping on their own, although certainly their presence would be an asset to any Company camp.

As I see it, the outcome of these suggestions, if put into practice, would be a much smoother path through Guiding for girls between the ages of 7 and 18, and more experienced 18-year-olds willing and able to become Guiders.

JENNIFER E. FAIRGRIEVE [Tawny Owl, 76th Edinburgh Pack]

Ranger 'Taps'

I have never been particularly fond of 'Pipe Down', the Sea Ranger 'Taps', especially when it is sung solemnly at attention as if it had some deep significance, which I can never discover. The words seem to me rather empty, and the tune-simply that of Guide 'Taps'-suggests that the Senior Branch has nothing new to offer.

Why not choose 'Abide with us, O Lord' or another of our lovely Vespers for Ranger 'Taps' or Senior Branch 'Taps'?

J. K. MOILLIET

From a Small Beginning .

Knitting is infectious! I was waiting at Vancouver Airport to see off four Canadian Rangers and a Commissioner who were going to a 'Pacific and Asia' camp in Japan. As always, I had a 'square' in my handbag and also as always when I have to wait or am travelling I pulled it out and added a row or two of knitting. The 'square' was for Oxfam blankets and caught the attention of the young people.

Some months later I heard from the Commissioner in the party that the whole membership of Metropolitan Toronto Girl Guides are knitting squares too. That should be 25,000 squares if everyone does only one! It is hoped that 'Senior Citizens', members of Old People's Clubs, will take part in the project and crochet the squares together. Perhaps the idea will spread to other young people in Canada who hadn't known of the great need of Oxfam.

EIRA M. DAVIES [Former Trefoil Guild Recorder, Kent West]

A Division Cadet Company Writes . .

May we, as members of the Guildford Cadet Company, voice some of our opinions about the Guide tests, the newer ones in particular?

We wholeheartedly welcome the new Be Prepared badge. This seems to us to incorporate so much of the Guide tradition and training. We feel it would be an excellent idea to include it in the Queen's Guide Badge, thus restoring some of the adventure that existed in the old syllabus by which we, unfor-

tunately, were not tested.

We would like to suggest that the 'unusual job' (clause 3) could be something of longer duration than is inferred at present, perhaps needing the acquiring of a new skill. We would also like Life Saver to be included in the choice of badges. We do hope that the test for this badge will require a really high and demanding standard.

About the Traveller badge, we have varied opinions but would like it made clear whether the visit abroad can be a private one, also whether the badge is to be

tested before or after the visit.

The Guide Service Flash, we feel, is rather too much like the Duke of Edinburgh's Award, but presented in an easier way. We doubt whether a 13½year-old would find the budgeting clause interesting or be able to apply it very practically, and we feel the adventure clause, though suitable for 14-15-year-olds, might be considered too risky by parents of 13½-year-olds. We suggest that clause 2 could be re-worded as 'develop a hobby' as it would be very difficult to start on something absolutely new.

We know that the Queen's Guide Badge is constantly under criticism, but we feel that clause 4(d) is very hard on the non-academic Guide and would suggest that it be made more flexible and practical so that other ways of proving interest in the Commonwealth could be accepted. Clause 4 we would like to see, generally, more carefully administered-and we would earnestly suggest that Clause 1 should assume much greater importance and receive a much more exhaustive check than seems general at present.

GUILDFORD DIVISION CADETS (You'll be interested in the article on 'The Traveller Badge' on page 255 where both your questions are

answered-EDITOR)

A P.L. Speaks Out I would like to complain that the spirit of adventure has gone out of Guiding. One reason for this is red tape, and how I loathe officialdom . . . I would like to try for the woodcraft and adventurous badges but it is too difficult to find testers.

Another grumble is the whole idea of rushing through the syllabus. What for? What with 'First Class in Six Months' in THE GUIDE and 'Make the Effort' relating to Second Class we are hurried into everything. The modern world is fast enough. Why not try to make Guiding more leisurely, while keeping the accent on being prepared for anything, knowing how to act swiftly and coping with this modern world . . . My plea is to stop this so called modernization and bring back adventure to Guiding.

ALISON COURT,

[P.L., 2nd Uxbridge (St. Andrew's) Company]

Cyclist Course For Brownies and Guides

I am Testers' Secretary for the North District of Aylesbury Division and have been asked to tell you about the Cyclist course held for the Guides and Brownies of the Division in case it is of interest to other Divisions.

A few years ago it was suggested by the Sergeant then in charge of the National Cycling Proficiency test for Buckinghamshire, who was also our cyclist badge tester, that it would be helpful to all concerned if he organised a course to cover the whole of the Guide and Brownie badges.

The course is held in a large school playground for one hour a day on four Fridays, after school, the fourth Friday being test day. The R.o.S.P.A. side is taught by a police constable, the cyclist maintenance, road map part, etc. by a prominent member of the

local club.

Many children gain the R.o.S.P.A. certificate at school. Those doing so within twelve months before taking their Guide or Brownie badges need only be tested for the special clauses of the badges. The Brownies are told that though they possess the N.C.P. certificates they should not argue when their mothers still say 'no main roads'!

I should like to pay tribute to our instructors and testers for their patience and good humour and to the sergeant, now in charge, who has so very willingly carried on this course started by his predecessor. In the words of parents acting as Brownie escorts 'a jolly good scheme'. K. DAVIES

Guides Buckinghamshire Brownies listen to a 'Road Sign Session' taken by Mr. R. C. Randall, At the back is P.-C. J. Knight who also helped with the course.

Photo: Bucks. Advertiser

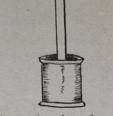


#### SEMAPHORE MAN IDEA

ARE YOU INCLUDING semaphore men in your Pack Holiday equipment? We made a man for last year's Pack Holiday and the Brownies loved setting the 'arms' for the days of the week. Of course there are lots of other ways it could be used.

All that is needed are cotton reels, lolly-sticks, strips of thin stiff card, brass paper-clips and some poster paint.

Insert lolly-sticks into the holes of the cotton reels, cut strips of card into suitable length and put a paper-clip through two of them and into a hole pierced in each lolly stick. The right arms could be painted red and the left ones

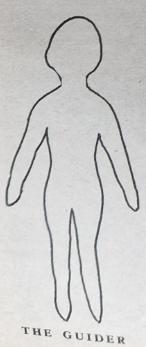


blue, with the reels and sticks another and perhaps less bright colour so that the arms show up well.

J. SMITH (Brown Owl, 3rd Churchdown Pack, Gloucestershire)

#### RAINY DAY PLOY

Before the Pack holiday Brownies could help Brown Owl to collect pieces of material of all kinds, bits of lace, trimmings, wool, etc. You will also need to take needles, cottons (glue or paste for those who prefer not to do needlework), scissors, coloured pencils, thin cardboard and pages from pattern books.



The only other preparation would be for Brown Owl or Tawny Owl to make a few templates (as in diagram, but twice the size). Let the Brownies make their own doll and put in the features, etc.

Now challenge them to dress their doll(s). Numerous styles will appear and great enjoyment will have been had by all, especially if the Brownies make a little exhibition of their models for visitors' day or for any special visitor.

HELEN SMITH

### GUIDE FRIENDSHIP FUND



In just over a year the Guide Friendship Fund has reached the splendid total of over £3,000, and has helped to meet certain urgent needs in 14 different countries within the British Commonwealth.

Any donations, large or small, are gratefully accepted at any time and should be sent to:

GUIDE FRIENDSHIP FUND,
Girl Guides Association,
17-19 Buckingham Palace Road,
London, S.W.1.

#### TIPS ON THE TESTS

Ranger Service Star: 'Visit an Art Gallery', etc.

THE MAJORITY OF RANGERS, I find, do not get the maximum of enjoyment and benefit if they do this visit without some help and direction. I follow the precept set down in Mary Poppins' 'A spoonful of sugar helps the medicine go down in the most delightful way.'

In this case I visit the gallery beforehand and set a treasure hunt which is followed by the Rangers in pairs. Plenty of time must be allowed as the general public would not appreciate a number of Rangers charging at top speed through the rooms.

Each pair is given a paper to follow; this consists of the number of each room to be visited and questions, the answers to which can be found in the pictures in each room.

For example, Room 19: 'Van Gogh painted several things especially for a man. What are they?'

ANSWER: 'Pipe and Tobacco'.

Room 3: 'What Shakespearian characters can you find portrayed? The pictures in this room show a large number.'

Room 8: 'What fruit is the little girl eating?'
ANSWER: 'Cherries'.

At an agreed time the party meet at a certain spot and results are checked.

I have found a most enjoyable afternoon has been spent by the Rangers and they are usually keen to come again.

M. T. M. SIMMONS

#### A ROAD SAFETY PRAYER

Almighty God, giver of life and health, guide we pray Thee with Thy wisdom all who are striving to save from danger, injury and death, those who travel on our roads.

Grant to those who hasten along our highways consideration for others, and to those who walk on them or play by the side of them, thoughtful caution and care; through Jesus Christ our Lord.

Published by RoSPA

## TRAINING PAGES

# Looking Ahead

#### How Are the Training Pages Planned?

A year ahead? Six months? It varies; the 'Training Pages' have taken many forms since their inception. Sometimes there has been one main theme each month ('The Strings of the Harp', 'Special Occasions'); sometimes a series has run for several months ('P.L. in Charge'; 'It's Brownies': 'A New Field'); some features have appeared each month for a whole year (the Woodcraft ones just finishing).

Some contributions are written with the Guiders of one particular Branch in mind; some apply equally to all Guiders. Some articles are intended to stimulate our imagination or strengthen our grasp of the tool we have in Guiding; some give practical suggestions for things to do (perhaps not at the next meeting but sometime). Whatever the final form of the 'Training Pages', the aim is the same—to help us all, new Guiders and old hands alike, of whatever 'branch', to a better understanding of the purpose of Guiding and a more effective use of the method with our own young people.

The series beginning next month will have something of all these in it; a topic for each month, with articles in one way or another relevant to it; some of particular interest to Ranger, Guide, Brownie or Cadet Guiders and some of equal interest to all. Some will lead our thinking into the new ways ahead; others will give completely practical ideas on things to do and how to do them. It's a difficult but also an exciting time in which to plan amidst all the thinking that is being done by the Working Party and by those who have helped it. (Have you? Everyone was invited to do so.)

With such a wide variety of circumstances and so many different groups and individuals to cater for, it is impossible for every article and suggestion to be immediately relevant to everyone's needs, but something for everyone there is meant to be, and there is often more than is at first obvious.

#### How Are They Written?

Often with much burning of the midnight oil by people who are just as busy as their readers are, for the most part by Guiders who are working with Units; sometimes by non-Guide specialists; always, we hope, by someone who has first-hand knowledge and experience of the subject on which she is writing. Getting just the right person to write an article is one of the most difficult parts of the Editor's job, so if you have a penchant for writing, please let her know.

#### How Are They Used?

Here are some of the tips that Guiders have found useful:—

- 1. Have copies of the 'Training Pages' of your own so that you can read them at leisure and keep them for reference. An idea that may not be possible to use now may be just the thing in six months' time.
- 2. Read with your own group of young people in mind, in your own circumstances, thinking of the possibilities more than of the limitations.
- 3. Read with the deliberate intention of finding something that is relevant to your situation.
- 4. Make a plan with your co-Guider(s) to discuss how you would use ideas and suggestions, or to take a long cool look together at your future programmes, in the light of what you read.
- 5. If you are a Commissioner draw the attention of Guiders to certain points at your District meeting; ask for comments on how particular ideas worked out in practice.
- 6. If you are a Trainer, include some of the ideas and activities in your sessions and tell the Guiders where they come from!
- 7. If something seems beyond the ability of your Brownies, Guides or Rangers at the moment, think out how they could work up to it and make a plan to do so.
- 8. If something seems too simple for them at the moment, keep it in mind for when you have a new influx of recruits or think of ways in which more experienced Brownies or Guides could build on that beginning.
- 9. If you disagree with something that is said, write to 'Points of View' and say so! You may start something!
- 10. Read all the articles. Don't limit yourself to the ones that are obviously intended for your 'branch'. Many an idea is valuable all through, and, in any case, you need to know what is going on in other 'branches' than your own. (Brownie Guiders know that the 'Grand Howl' and 'Fairy Ring' have been replaced by 'Grand Salute' and 'Brownie Ring', but other Guiders need to know that too.)

If, when you have done all that, you still find that there is nothing for you in the 'Training Pages' in the months to come, write to the Editor and say so; we need to know.

JANET COZENS
[Assistant Training Adviser, C.H.Q.]

## The Youth Service — and Our Place In It

### by Nancy Clarke

YOUTH SERVICE as we know it today was first called into being in 1939 when the then Board of Education issued a single circular. Previous to this, provision for the leisure time of young people was in the hands of the voluntary organizations, in which the Scout and Guide Movements had played their full part. The State promoted this work with young people by bringing itself, the education authorities, and the voluntary organizations into a working agreement, since called the 'Youth Service'.

Later, circulars made it clear that the Youth Service was regarded as a permanent feature of education. At the end of the last World War, owing to successive economic crises, the development of the Youth Service, as far as the State was concerned, had to take a back place owing to the demand in other fields of education.

At the present time there is no national committee through which the Department of Education and Science can discuss national policy, but it can refer matters to the Central Advisory Councils, or to the Standing Conference of National Voluntary Youth Organizations. With the advent of the Albemarle Report (the Youth Service in England and Wales), the Kilbraddon Report (Scotland), and the Bessey Report (Training of part-time Leaders), this close liaison between statutory and voluntary organizations has been greatly deepened. The responsibility for this partnership is with the local Education Authority. It is its duty to interpret national policy to suit local requirements, to provide opportunities for statutory and voluntary leaders to meet together to discuss common aims, to give financial aid, to provide equipment and advisers or instructors.

The Senior Branch, with its age range of 14 to 21 years, forms an integral part of the Youth Service. We, as Guiders, have to be aware of all matters relating to this age group, whether they be in our own Movement or not. By the aims of our Association we try to prepare girls to become good citizens. Through our programme, and method of training, we aim to broaden their outlook, make them 'look wide', sample new ideas and develop them as people so that they may lead a full life when they become adults. In order to do this we realize that we cannot look for fulfilment within our own Movement. Whilst remaining loyal members of the Senior Branch Units, these young women come into daily contact with other young people, who may be committed members of other youth organizations, or who may be classed 'unattached'. Our fourth law teaches toleration and the Ranger Promise obliges them to take this out into a wider

Aware of these aims and that some Senior Branch members will have 'dual membership' of youth organizations, and that some will have the need to go outside the Movement to gain fulfilment, we must ask ourselves two questions. Firstly, what can we contribute, secondly, what can we gain. The latter question may be viewed as a selfish one, as if we are not prepared to contribute unless we can see an advantage in so doing. This is not implied. 'Gain' is used to mean opportunities for achieving our aims by receiving outside help, realizing that we do not know everything, and that people outside the Movement, especially those who share our concern for young people, can be invaluable to our work. There are times in life for giving, and times for receiving, when we let others have the opportunity, and subsequent joy,

By the 'Bessey inspired' leadership courses many Guiders and older Senior Branch members are actively concerned with playing a full part in the Youth Service. There are other opportunities for joining courses on subjects such as interest activities and Junior Leadership. Whilst the Senior Branch members who attend these courses will gain enormously, and have the benefit of the local Education Authority equipment, facilities and staff, they will contribute enormously by their presence. Our training gives them powers of leadership, a sense of responsibility, and initiative which are invaluable to an organizer of a course when they are present. This is not to say that other young people do not have these qualities, but that one has a basic knowledge of what Senior Branch members are like, or should be like, before a course commences, which will give the organizer an idea as to what to expect, and how to arrange groups accordingly.

Whilst all praise can be given to the local Education courses, we must not overlook the opportunity to invite other young people to join our activities. Sometimes this is viewed as a recruiting drive, and in some cases this will be true, but it should not be the sole aim. There are many young people who would love to hike or camp but who do not wish to join a uniformed organization to do it. We who have these things as part of our programme could share these activities, thus giving pleasure to others and remembering the Senior Branch motto 'Service'.

It is only possible to generalize on the place of the Senior Branch within the general framework of the Youth Service because each locality varies in its provisions and possibilities, and there is no general pattern or line of conformity. Each Unit must make its own contacts and be prepared to take the first step—others can be put off by our apparent efficiency! Only good can result in sharing together, learning tolerance, and giving respect to another's views, whilst retaining loyalty to one's own organization. In so doing, not only will Senior Branch members gain much, but really carry out their Promise of taking it out into a wider world, that of their own age group.



## Tips on the Tests

#### by Doreen Stevenson



MAP READER AND PATHFINDER BADGES are now alternatives for clauses in the First Class test so many of your Guides will be specially interested in working

Map Reading

1. Obtain a copy of the 1 in. Ordnance Survey (7th series) for each Patrol. This can form the basis of many Patrol games and Patrol activities. The cheapest O.S. maps are the flat unmounted editions which can be ordered from most booksellers.

Mapping Signs

2. Many of these are quite logical, e.g. church with tower, windmill, and are therefore easy to learn. Games can be made up using mapping signs and pictures (suitable pictures are found in many magazines or in old holiday guides). When playing games always have an O.S. map available for those signs the P.L. doesn't know or has forgotten.

3. Small models made from plasticine or a large potato can help Guides to visualize contours. Much fun can be had by Guides making model villages and then drawing maps of their models-so helping them

to associate map and country.

4. Go out to a good viewpoint with local map and

identify landmarks seen on the map.

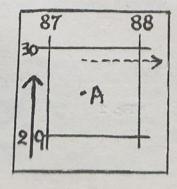
5. Try identifying the exact spot on a 1 in. map where a photograph was taken. A few holiday postcards and an O.S. map of the same area is all that is necessary and makes very good practice for powers of deduction and observation.

6. Each P.L. will learn much from using a copy of the local 1 in. map of the area where you are camping for her Patrol outings and wide games. Many public libraries have maps on loan or perhaps kind friends

can oblige!

7. Give meeting places for wide games and hikes by grid references but be sure to check at your P.L.s'

Position of A is (i) Easting 87 3/10 (in direction of dotted arrow) (ii) Northing 29 5/10 (in direction of solid arrow): written like this:-873295



Training beforehand that the P.L.s have not forgotten how to use them. Directions are always given on the

8. More useful information can be found in 'Help

Yourself to Use a Map' by E. A. Prichard.

Local Knowledge

1. Only way is to go out and look! It helps to study only a small area at a time.

2. Try sending your Patrol out to map certain information such as position of pillar boxes and tele-

phone kiosks in a small area.

3. Street maps are very useful when learning the neighbourhood. If the Guides make enlargements of the street map they can plot the local details as they discover them.

Sketch Maps

- 1. Start with maps showing only very short distances and then increase the distance. Drawing sketch maps will help with learning the locality and vice

Sharp pencils are important for clear maps.
 Only relevant detail should be put in, extra

information is confusing.

- 4. Remember the purpose of the map before drawing it; the walker and the motorist need different sort of detail. A motorist needs a landmark before the turning to be taken but the walker will feel more confident with names of streets and side turnings indicated.
- 5. Some idea of scale should be given i.e. for the walker, how long it will take.

#### Verbal Directions

1. Often more practical than a sketch map but

need much practice to be clear and concise.

2. Inter Patrol games can help and be fun. Patrols can challenge one another to give directions between places within a time limit such as one minute for thinking it out only!

3. Encourage the Guides to practise frequently

with friends.

### Use a Compass and Find Direction by Sun and

- 1. Follow instructions given in Hints on the Guide Tests by M. E. Brimelow and Just How by A. M. Maynard.
  - 2. Mistakes can be avoided by remembering: -(i) to set a compass on level ground so that the needle swings freely.

(Continued on page 253)

## Brownies on Their Own

### by Dorothy Isherwood

Now that the Proficiency Badge system is extended to more Brownies, it plays an increasingly greater part in our programme and provides an added opportunity for Brownies to work on their own. When a Brownie first looks at the badges and their requirements her reaction often is to go for those she can do without much effort—the Brownie who has swimming lessons goes for Swimmer's badge, the one who learns the piano, for Musician and so on, and so it is our responsibility as Guiders through the system to introduce the Brownies to new interests and hobbies.

One way of doing this is to have a cardboard box with a notice on the lid: 'Take one of the envelopes; follow the instructions; then using the proficiency badge leaflet, find which badge it is from and decide if you would like to work for it.' Inside the box are large envelopes or plastic bags, each containing an activity from a different badge, many of them taken from The Brownie magazine and mounted on card. Some badges which have been found to lend themselves to this activity are:—

ARTIST: A block of plasticine with instructions: 'Model an animal or figure.'

ATHLETE: Two empty liquid washing up soap containers, a ball, a piece of string 12 feet long, and a piece of card 6 in. long with instructions: Put the containers the distance apart of the card, stand the length of string away from them and roll the ball between them until you can do it three times out of four.'

GARDENER: Pictures of gardening tools on individual cards, the names on others, the uses on a third set, for the Brownies to match in families.

KNITTER: Several small balls of wool, a pair of needles, and simple instructions for fancy stitches which can be used in a kettle holder. (There have been several suitable ones published in THE BROWNIE.)

Needleworker: Samples showing the stitches from clause one (perhaps Pack Leader would like to do this), a large needle, colour silks or wool, and a piece of suitable material such as coloured hessian to practise them on.

OBSERVER: A bag containing a collection of 20 small articles with the instructions: 'Lay these out

on a table, ask Pack Leader to time you whilst you look at them for three minutes, then cover up and make a list of those you can remember."

PATHFINDER: A large scale map of the streets round the Pack's Headquarters (perhaps Pack Leader would like to make this, it would help her with her 'knowledge of the neighbourhood' for First Class), and small slips of paper bearing the words:—

Police Station Garage
Chemist Shop Doctor
Telephone Church
Post Office School
Letter Box

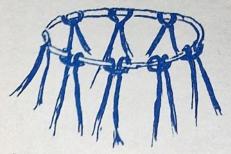
The instructions are: 'Put the cards on the correct place on the map.'

TOYMAKER: A collection of match boxes, corks, pins, glue, wool, spent matches, etc., and instructions with sketches for making doll's furniture.

Weaver: A ball of string and instructions for making a string bag. A simple one is: 'Make a circle of string from a length of 20 in. Cut off 16 pieces each a yard long, fold each in two, put the loop over the circle, and slip ends through. Arrange evenly round the circle, all hanging down (Fig. 1). Take one from each of two pairs next to each other and tie with a reef knot about an inch down the string, continue round the circle. Then start a second round (Fig. 2). Continue to within an inch and a half of the ends of the string, then ask Pack Leader to show you how to whip them together.'

World Brownie: Picture of Brownies' uniforms mounted, the corresponding badges on other cards, names of the countries' flags for the Brownie to arrange in families. (These can be taken from *The Brownie Painting Books* or past copies of The Brownie.)

This type of activity has been found useful not only to introduce Brownies to the various badges, but also to cater for several Brownies working on their own, both during Pack Meeting and at home.

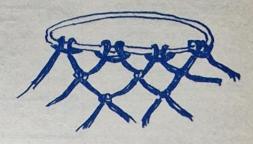


THE GUIDER

STRING BAG

Fig. 1

Fig. 2



### Pond and River Life

by T. T. Macan

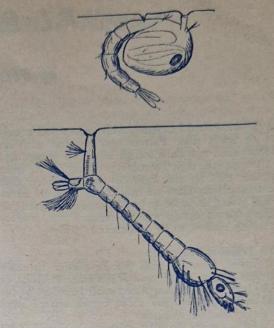
A CENTURY AGO water was a dangerous substance to drink, often full of organisms that caused disease, which is why at boys' schools they drank beer. I don't know what they drank at girls' schools. Today few wonder, as they turn on the tap, who has collected the water or how they have stored it and rid it of harmful organisms and harmless ones, too, for nothing causes more distress than something alive in tap water. The fate of water which disappears down the waste pipe arouses equally little speculation. Yet water supply and waste disposal pose many problems in a prosperous country, and some of them are biological. Citizens should know about them.

Anyone likely to travel in undeveloped lands should acquaint herself with the animals, many aquatic, which cause disease, for ignorance and sickness, knowledge and health, go hand in hand. Many study freshwater organisms for no other reason than it is fun. It has several advantages: a piece of water can be found almost anywhere; rain, which spoils a day's collecting with a butterfly net, is no hindrance to those whose net is designed to get wet; many animals are to be found in winter when land animals are hibernating; and the inhabitants of fresh water are easily kept in an aquarium.

The first requisite is a good net. It should be made of stout materials, with meshes about a millimetre square. It should be pushed hard through the weeds in ponds and rivers, and everything should be so strong that the toughest Guide cannot push hard enough to break it. In swift streams with stony bottoms the stones should be lifted and the net held so that anything dislodged is swept into it. The contents of the net after these operations should be tipped into a white dish in which the animals can be separated from the debris before being transferred to a jar.

#### Suggestions For Books

Next a reliable book. John Clegg's Pond Life in Warne's 'Observer' series is excellent. Somewhat more advanced, particularly in that it gives references to special works on each group, is the present author's Guide to Freshwater Invertebrate Animals (Longmans, Green). From these books the creatures may be named. Helen Mellanby's Animal Life in Fresh Water (Methuen) and John Clegg's The Freshwater Life of the British Isles (Warne's 'Wayside and Woodland



Larva (seen above) and pupa of a mosquito

Series') tell the reader more about the plants and animals. Life in Lakes and Rivers in Collins' 'New Naturalist' series deals generally with the study of fresh water and its application.

What does it turn into? What does it do? What good is it, are the questions generally posed by a lay audience. Many animals in fresh water are insects and do turn into something quite different. In summer little raft-like objects are often to be found on the nearest water-butt. They are actually the eggs of a mosquito—there are about 35 different kinds or species in Britain—and, if they are kept in a jar, larvae will come out of them after a few days. These larvae, with large heads and no legs, swim by means of a paddle-like arrangement of hairs, and obtain air through a tail-like tube. They can be fed on powered biscuit, and grow by shedding their outer skins four times. They then become a comma-shaped creature with no mouth, inside which the tissues are reorganized.

#### You Can See It Happen!

After about five days this pupa splits down the back and the mosquito (this kind does not bite) emerges. The whole process can be watched easily. The emergence of an adult dragon-fly from the aquatic nymph is another spectacle that is worth watching. Give the nymph a stout stem on which to crawl out of the water. Leeches, snails, shrimps and hog-lice are just the same when young as when grown-up and do not turn into anything.

What do they do? The answer is eat, avoid being eaten, and reproduce. The water beetles and water bugs are like wolves or tigers, for they pursue their

(Continued on page 253)

## P.L. in Charge

## by Dorothy Creer

HAVE OUR Patrol Leaders the knowledge and equipment to teach their Patrols how to deal with an accident when out on a Patrol hike? We expect and like them to take their Patrols out hiking but we must remember that we are, indirectly, responsible if they have an accident. Have we helped our P.Ls. by teaching and giving them ample opportunities for practising coping with an emergency? In other words, is every P.L. being trained to be prepared?

P.Ls.' Training Preparations

1. Invite someone with the knowledge to teach First Aid (e.g. a nurse, or a Red Cross, St. John or St. Andrew's Ambulance Association member) at the P.Ls.' training. Give her a list beforehand of what

you would like her to teach.

2. Discuss with the P.Ls. what their First Aid kit should consist of, remembering that all things should be clearly labelled and that there should not be too much or too little of any one commodity. The container should be waterproof and not too large or too heavy. It could be suggested that each member of the Patrol contributes something towards the kit.

Every member of the Patrol should know what the contents are used for, just in case the P.L. is the

patient.

3. Send P.Ls. on Scout's Pace, giving them a verbal message. On return, using a child's telephone, let them relate message. Are they in training? Could they remember it correctly? Suggest they do this with their Patrols. It could be useful to them in an emergency to know who can run the fastest and remember the message correctly.

Activity

During the Company meeting send all but one Patrol out on the following scavenge, allowing 8-10 minutes:

12 in. piece of flat wood 3 scarves 3 newspapers 4 clean handkerchiefs

To be used as splints

lifeline or piece of rope 4 pennies or 3d. bit safety pin

The above articles are suggestions; they can be altered to suit your own requirements.

The 4th Patrol (whilst Captain is explaining scavenge) will be used as patients. Lieutenant, using simple make-up to make it more realistic, prepares them. If you have young and inexperienced P.Ls. you could pin on each Guide a description of what they are suffering from. Otherwise leave to P.Ls.' imagination.

When the last member of the scavenge groups is out of sight close headquarters and pin on to the door the following: 'There has been an accident at .... Come immediately to help.' Use a local

playground or parkland if near.

When the Patrols have dealt with the various patients, inform the P.Ls. that at least one patient per Patrol has to be carried to the local hospital (headquarters).

How did the P.Ls. cope? Did they organize their Patrols well or were some members just standing around? Did the P.L. do everything herself?

Emergency Practice for P.Ls.

1. Arrange for someone to run into Guides during the Company meeting and announce that a child has fallen into the nearby harbour or lake.

Did anyone remember to pick up a piece of rope or lifeline, perhaps a coat, on the way out or did they all just run? Did the P.Ls. organise the Guides to keep the crowds away? Did someone phone for the

police and ambulance?

2. Perhaps at another meeting a friend or local parent could come and ask for help, announcing that Mr. or Mrs. X was chopping wood and had cut a leg badly. Captain could call on 3 or 4 Guides, preparing to take 1st Class First Aid, or Emergency Helper Badge, to go and cope. Did they remember to take the First Aid box out of the Patrol Corner, in case there was nothing at hand in the house when they arrived?

3. A variation could be an old lady or child

fallen down the stairs or off a ladder.

P.Ls. have a great responsibility and it can't be stressed enough to them that they should know each member of their Patrol individually and gain their confidence, so that in an emergency they, in turn, will have confidence in their P.L., and will do, without question, what she asks of them.

#### FROM NEWSOM-FOR US

used envelope

notebook

paper cup

pencil and

AUGUST

'They need something in depth for a short time rather than a little of everything all the time.' [From 'Half Our Future', a Report of the Central Advisory Council for Education (England)]

## 'What Every Woman Knows'

Every woman knows that it's a help to be able to talk things over with someone. Whether we want to discuss the advantages of the latest washing powder, how to stop a member of the family from biting her nails or how to set about painting the ceiling it makes all the difference if there is a neighbour who is willing to give up the time to talk with us about it.

It's just the same when we're working with a Company, Crew or Pack. We soon find we have countless experiences—successes and failures, problems and experiments—that we are longing to talk about. Fortunately, in our Movement, there are plenty of people ready to talk and to listen. Our own Lieutenant or Tawny is often best as she shares our experience but it's also worth remembering that if we're the Captain we shall find Brown Owl an interested listener and vice versa.

For a wider point of view we have the other Guiders in the District, and however full our District meetings are, there are not many Guiders who don't also find time for some chat together. We can look wider still by going to Trainings, especially ones at

Training Centres where it's comforting and refreshing to discover that problems which we thought were our own private headaches are shared by Guiders from Iceland, Norway, the Fiji Islands and many others.

In addition to all these, we can always talk over ideas and problems with our District Commissioner. Even if everything can't be fully solved we can be sure of sympathetic support. Finally, if we want even more chances of expressing ourselves, we can write to The Guider and know that through 'Points of View' our thoughts may be shared by many thousands of our fellow Guiders.

It is not only we, but also our Brownies, Guides, and Senior Branch members who feel the need to talk and who find that ideas grow and problems diminish by being discussed. Possibly it is easier to cater for this in the Pack where children tend to air their views whether Brown Owl has left a special place in the programme for them or not. Do we, as Guiders, make time available should a Guide have something she'd like to discuss or talk to us about?

AILSA BRAMBLEBY

#### Pond and River Life-

(continued from page 251)

prey. Dragon-fly nymphs are like crocodiles, for they lie in wait till prey comes within reach. Some caddis larvae do not make cases but spin nets in running water and eat the debris that the current washes into them. Many animals eat dead leaves and dead bodies, and many, of course, eat plants, often the minute algae that grow on the surfaces of sticks and stones and plants, and not the plants themselves.

Snails are often introduced into aquaria to clean the glass sides of the algae which form an opaque green covering. What eats what is one of the first things that the aquarist learns; often a day's catch is reduced to a collection of severed heads and legs even before it arrives home if a carnivore has inadvertently been included.

Stream animals are not easy to keep in captivity as many cannot obtain all the oxygen they require in still water, especially as the temperature in an aquarium is likely to be higher than they are accustomed to. Pond animals, on the other hand, are hardy and easily kept—but don't expect the lion to lie down with the lamb.

#### Tips on the Tests-

(continued from page 249)

- (ii) to watch for metal nearby which can attract the needle from the true position.
- (iii) if using a cheap compass, it is wise to ascertain that it is working correctly before setting out
- (iv) make allowance for the magnetic variation (see *Hints on the Guide Tests*) when setting a map, particularly if it is an old one.
- (v) when finding direction by the sun beware of British Summer Time; the sun will be due south at 1 p.m. during this period instead of noon. Remember to make allowance for this.
- 3. Make the most of the next starry meeting night or the starry evening in camp. It is easier to have a small group of Guides at a time and to make use of star charts. The local Rangers may be able to give assistance with this clause or perhaps you can find a local expert.

Finally, practice in these skills is very necessary so encourage your Guides to work in pairs. Many opportunities can be found to introduce these badges through Patrol activities, wide games and camping.

## It's Brownies!



### by Muriel Bamber



Illustrated by G. Towner

LINDA: 'What are we doing next, Brown Owl?' SUSAN: 'What does it matter, anyway, it's sure to

be good.'
'What faith,' thinks Brown Owl, as she glances at

her programme book.

When planning our weekly programmes we naturally take into account the needs and interests of our Brownies, and to do this successfully we need to be constantly devising situations in which each Brownie can feel she is able to make a contribution which is acceptable both to herself, and to the whole Pack. Helping to satisfy this particular need makes for mentally healthier and, consequently, happier Brownies, and can at the same time add fun to our meetings.

Ideas can grow from common 'starting points' if the Brownies are encouraged to think and to suggest ways and means of developing them. The 'Starter' for the following activities was a bag of 'bits and pieces '.

Let's Play a Game

MATERIAL: Each Six is given a dice, shaker and a bag containing identical 'bits and pieces' to build a tower, e.g., match-box, cotton-reel, 'Smartie' tube, toothpaste carton, small box, piece of card.

ACTIVITY: Shake dice in turn. First Brownie to shake 6 starts to build tower, using one thing from bag, subsequently every time a 6 comes up the 'lucky Brownie adds a piece. First Six to complete tower is

If the Pack enjoys this game discuss possible variations, using the same material or adding to it.

Let's Do a Good Turn

MATERIAL: A bag of 'bits and pieces' which will stimulate suggestions for Good Turns.

ACTIVITY: Give each Six two items from the bag. Allow five minutes for Brownies to discuss quietly in their own corners any Good Turns the items suggest. Follow this up by a Pack discussion or dramatization of possible Good Turns.

Let's Make Music

MATERIAL: A carrier-bag containing 'bits and

pieces' to make simple instruments.

'Shakers': Small containers of all shapes can be used to create different qualities of sound (not noise!) by experimenting with suitable fillings, e.g. peas, beans, pins, beads, sand.

Wire rings to thread curtain rings, buttons or

bottle tops on are also successful.

Pluckers': These can be made from small wood, tin, plastic or thick cardboard boxes, using strong elastic bands or nylon fishing line for strings. 'Clappers': Use plastic cheese containers, drinking

cups, cotton-reels or small flat pieces of hard wood.

Drums: Embroidery rings or small tins, with both ends removed neatly, and covered with different materials, e.g., nylon, cotton, plastic, or rubber inner tubes can be played by tapping with fingers.

ACTIVITY: Each Six is given materials for making one type of instrument. (Help may be needed with the drums as the material needs to be stretched tightly). When completed, the instrument can be used in a

variety of ways.

(a) Discuss which instruments make light, medium or heavy sounds. Half of Pack can move individually round the room responding to the rhythm of light and quick or heavy and slow sounds made by the rest of the Pack.

(b) Try making sounds associated with familiar things: e.g. trains, rain, horses. Build up a simple

scene using the sounds.

When the Brownies have gained experience in using the instruments they will be ready to discuss other ways of using them.

Let's Make a Picture

MATERIAL: A piece of brown paper approximately 36 in. long and 17 in. wide. A shoe-box containing 'bits and pieces'-material, paper, spills, ribbon, cottonwool, buttons, etc. Crayons or paints, scissors, paste and newspaper to cover table or floor, for each Six.

ACTIVITY: Each Six to make a picture representing some given part of the Brownie story. Every Brownie must contribute something to it. Put finished pieces together to form a frieze.

Let's Make a Model

Following on from 'picture making' activity, Brownies can be encouraged to collect their own 'bits and pieces' box, then the Pack can be more ambitious. Everyone can contribute an item towards a Pack model.

MATERIAL: Piece of card for base, approximately 30 in. x 20 in. 'Bits and pieces' boxes brought by

Brownies. Scissors, etc., as before.

ACTIVITY: Stimulate discussion in Pow-wow about chosen subject, e.g., visiting a market. Each Brownie chooses stall she will make. The idea for constructing stalls, complete with articles for sale, must come from the Brownies themselves, but some guidance as to size will be needed. Brownies who finish stalls can colour base or make people to complete scene.

These last two activities give excellent practice for

the Pack Handcraft Certificate.

In all these activities there is a place for each individual member of the Pack to make a contribution, but we ourselves must do more than create the situation. It is our responsibility to encourage each Brownie to give of her best and at the same time to help the Pack to accept what each individual has to offer.

### THE TRAVELLER BADGE



### by Alix Liddell, International Commissioner, C.H.Q.

WHAT! No bacon and egg for breakfast! 'wailed the small boy, 'I want to go home.' His first day across the channel was shrouded in gloom because it had not occurred to anyone to warn him of this unfortunate omission from the French menu.

We have proved over long years the truth of the late Dr. McAllister Brew's wise saying that simply dumping people from one country in another does not automatically lead to international understanding but may, on the contrary, enhance national prejudices and it is for this reason that we have always insisted that Guides going abroad should be well prepared for the experience by learning all they can about the country they intend visiting.

Travelling abroad is no longer the privilege of the fortunate few, as one may realize only too forcibly if one attempts to battle through the holiday crowds at London's Victoria station—self-styled 'Gateway to the Continent'. Here are armies of schoolchildren, family parties, groups of Scouts and Guides, all intent on seeking the sun or snow or other delights so widely advertised by a thousand travel agents as attainable at give-away cost. A Traveller Badge, therefore, seems somewhat overdue, its object being to encourage Guides to prepare for the expedition in order to gain the maximum enjoyment from it.

If you are taking your Company abroad you will have no difficulty in gearing your weekly meetings to the adventure which lies ahead, but do not miss the opportunity of introducing 'the international flavour' if you have only the odd Guide or two planning to accompany parents or school friends to foreign parts. The badge is equally a spur for them, and may well inspire others to follow their example. Remember, too, that opportunities lie ahead for selection as a delegate to an international event and one who has experienced the training for the badge, even if she has not actually undertaken the necessary journey, will have at least one qualification to impress the selectors!

It is not necessary to disrupt entirely the usual programme to introduce the international element. Let us suppose that one of your Guides is going to Denmark for her summer holidays and see how this can be worked in with some basic training.

The Law: A good jumping off ground for a discussion can be found by comparing the wording of the Law in Denmark with our own.

Kim's Game: Introduce Danish stamps, coins, uniforms and badges (cut out from the charts).

Other Observation and Memory Games: How many Danish products can be seen in a grocery store or supermarket? The Danish flag is red and white; how many red and/or red and white objects can be seen in a given time indoors or out? 'I went to Denmark and bought . . . . which I declared at the Customs when I came home.' Each Guide adds an object of her own choice and repeats in order those that have gone before, eventually 'unwinding' until none are left.

Arousing Curiosity: Give one or two questions (the answers to be brought to the next or several meetings) dealing with the connections between Britain and Denmark, e.g. Two Danish princesses married British kings. Who were they? A famous British playwright wrote a play, the action of which takes place in Denmark. What is it called? How would you say 'yes', 'no' and 'thank you' in Danish? What four things do you (a Guide) need to obtain an individual passport?

Wide Games: Use names of Danish towns as check points with the British Consulate in Copenhagen as 'home'. The vikings invading England makes a splendid theme.

Theme for a Programme: Build a programme round one of Hans Christian Andersen's stories or a visit to Greenland. With a very little imagination many well known games and activities can be adapted to introduce the international element without sacrificing the basic training value; you will think of many more in addition to those I have mentioned above, which are merely to set you thinking.

When it comes to fund-raising or an open evening for parents and members of the Local Association you

might consider a Danish supper party with open sandwiches and milk, and, if you are very dashing, Tuborg or Carlsberg for the fathers. A fair with stalls appropriately decorated, national products to sell and the Guides suitable dressed up has been known to raise more money than could be expected from an ordinary bazaar.

(Continued on page 256)



Illustrated by Bervl How



#### We Hear . . .

BROWNIE, entering house on return from first Pack Holiday: 'Hello! Well, in eleven months and three weeks I shall be off again!'

Contributed by
NORA R. HIRSCHEL
Brown Owl,
27th Bradford Pack

Overheard at the end of a District Competition to which Patrols had had to bring certain items of camping equipment:

1ST GUIDE: If we get off at X bus stop, we can take all this stuff down to Captain's house.

2ND GUIDE: No, let's go straight home and take it to Guides on Friday.

PATROL LEADER (firmly): We'll take it to Captain now, otherwise she'll have to put it all on her bike and cycle home with it afterwards.

(Contributed by Miss Kathleen Bradford, District Commissioner, Southend 1 District.)

The Traveller Badge (continued from page 255)

A transparency or film show is always a draw and anyone who can oblige will be only too delighted to find a captive audience. At the same time you might mount an exhibition of pictures, tourist brochures and any objects Guides can bring. This, by the way, is good training in the art of 'display', you might get an expert to come along and help.

I have purposely not gone into the details of the syllabus, but simply thrown out a few ideas on how you, her Guider, can help a Guide to prepare for the test. Your C.I.R. is at hand for further assistance, always remembering, of course, that the tester may not actually instruct candidates.

You will note that the badge is awarded after the proposed journey has taken place and no further test is required, but the presentation of the badge is a good opportunity for the recipient to share her experiences with the rest of the Company. If the whole Company has been abroad you will need no urging to arrange a

Parents' Evening!

Forest Trees—1 by D. H. Chapman (Estates Gazette Information Booklets No. 3.) published by Estates Gazette Limited, 28 Denmark Street, London W.C.2., at 5s. 6d. This is a most useful little reference book, showing trees in winter oulline as well as summer foliage. This first volume deals with the coniferous and some of the commoner deciduous trees found in this country. A good investment for a Guide Company or a Senior Branch Unit.



## 'Those Were The Days!'

A PICNIC IN 1864 FOR 40 PERSONS FOR ONE DAY

2 joints of cold beef, roast and boiled. 2 ribs of lamb, 2 shoulders of lamb. 4 roast fowls, 2 roast ducks, 1 ham.

2 veal and ham pies, 2 pigeon pies, 6 lobsters. 1 calf's head, 18 lettuces, 6 baskets of salad. 6

Glass bottles of stewed fruit, 2 doz. fruit turnovers, 4 doz. cheese-cakes, 2 cabinet puddings, 2 blancmanges. A few baskets of fresh fruit.

4 quarten loaves, 3 doz. rolls, 2 plain cakes, 2 pound cakes, plus various items of biscuits, butter, cheese, tea, etc.

2 doz. bottles each of ginger beer, soda water and lemonade, sherry, claret, champagne à discretion.

Horse-radish sauce, mint-sauce, salad dressing and other condiments, lump sugar and milk.

Water can usually be obtained. It is useless to take it.

(Sent by Mrs. STONE, C.A., S. BRISTOL)



Illustrated by Rosalie Brown

#### Where To Train

HE FOLLOWING trainings will be held at C.H.Q. Applications to be made beforehand to the Secretary, English Training, C.H.Q., enclosing a stamped addressed envelope and the appropriate fee.

Drama: Mr. Norman Ayrton will be the principal trainer, assisted by specialist members of the Movement, at a course of three trainings on 'The Use of Drama in Guiding', to be held on Wednesdays, 6th, 20th and 27th October from 7-9 p.m. Fee for the course, 3s.

These trainings will be a follow-up of those held last autumn, but are open to any member of the Movement over the age of 17½ whether or not they attended the previous course.

Guide Guiders: There will be a training for Guide Guiders on Saturday, 23rd October, from 11 a.m.-6 p.m. and on Sunday, 24th October, from 2-6 p.m. on 'The Promise in a Changing World' and 'The Guide Service Flash'. Fee for the weekend 6s. 6d. including tea on both days. (This training was postponed from 15th/16th May.)

#### TRAINING AT BRISTOL

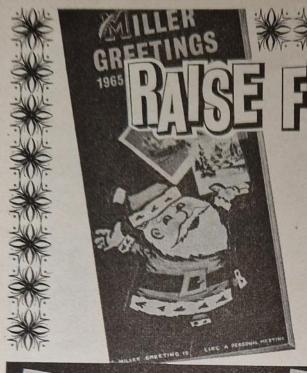
Extension Guiders: There will be a training for all Extension Guiders of England on Saturday, 30th October, from 10.30 a.m.—6.30 p.m. at Bristol (exact place to be announced later). Applications to be made to the Secretary, English Training, C.H.Q., enclosing training fee of 3s. and a stamped addressed foolscap envelope. Further details of meals, possible hospitality, etc., will then be sent.

#### TRAINING AT WADDOW

October 22nd-25th: Guide and Brownie Guiders

Apply as usual to the Guider-in-Charge, Waddow, Clitheroe, Lancashire, stating whether you are a Guide or Brownie Guider and enclosing a deposit of 12s. 6d. and a stamped addressed envelope. (This training was advertised in the April GUIDER but owing to a printer's error was not included in the Waddow list. of trainings in the May, June and July issues.)

Full details of all trainings at Foxlease, Waddow, Netherurd, Broneirion, Lorne, T.S. Golden Hinde and England's trainings at C.H.Q. will be published in the September GUIDER and details are available now in the July issue.



No need to ask favours when you start to raise funds for your organisation by selling Miller Christmas card selections. Miller offer a range of 12 packs which provide you with a wonderful means of making big profits and giving buyers first class value for money. Only because Miller are large scale manufacturers can you enjoy the best of both worlds by buying direct in this way.

A wide variety of designs and prices make Miller Christmas packs easy to sell with cards for every taste and pocket, all in handy wallets.

So fill in the coupon below for details and a copy of full colour leaflet illustrating the new Miller Greetings Range for 1965.



## FREE FULL COLOUR LEAFLETS — make selling even easier

For the first time ever, organisations selling Miller Greetings cards will be supplied with free full colour sales leaflets illustrating the range. These can be left for prospective purchasers to make their choice at leisure; just leave the leaflet, call back for the order.



'S By purchasing your cards by the dozen you are entitled to an extra pack, making a baker's dozen of 13 packs. In this way you can raise your profit Lucky 13) on turnover from  $33\frac{1}{3}\%$  to 45%.



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A 6" high pair of superbly modelled vintage cars in hand finished porcelain, designed and made exclusively for Miller. FREE to all customers whose greetings card

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\* NOW FILL IN THIS COUPON

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THE GUIDER

Please send me a FREE full colour leaflet showing the 1965 range of Miller Christmas & All-the-year-round Card Packs.

NAME.

ADDRESS

ORGANISATION/CAUSE

If already a Miller Greetings customer, please quote Account Reference in this space

age? YES | NO (Delete as applicable) GD 5

## Headquarters' Notices

#### WORKING PARTY QUESTIONNAIRE

The Working Party is undertaking a survey and one in every twenty Guiders and Commissioners has received a copy of a questionnaire. If you are one of these and have not yet sent your answers could you very kindly do so as soon as possible.

#### IN MEMORIAM

It is with gratitude and admiration that all in London South East remember Edith Sharp, their County Secretary, who died at the end of June after a long illness.

During her Guiding life Mrs. Sharp had been for many years Brown Owl of the Christ Church Pack in East Greenwich, the County International Representative and, more recently, the County Secretary and of one of the most active members

of the Greenwich Trefoil Guild.

All who have been in close contact with Mrs. Sharp during the last few years, when, in spite of great pain and undergoing several operations, she has continued to work unstintingly for the County, have learned from her a lesson in cheerfulness and courage that will not be forgotton. It was fitting that so vital a personality should die 'in harness'; we know that this would have been her wish.

M.E.T.

#### VERA PRENTICE MEMORIAL

The training for Guiders working with the handicapped, which is being financed by the 'Vera Prentice Memorial Fund', has now been arranged to take place at Foxlease from the 3rd to 13th June,

JAMAICA'S GOLDEN JUBILEE STAMPS

To commemorate Jamaica's Golden Jubilee the Jamaican Government is issuing two special postage stamps. The denominations are 1s. and 3d. and there is a First Day Cover, price 3s. 6d. On orders of 24 and over a 10% discount will be allowed but postage will be charged. To apply for these commemorative stamps please send British Postal Orders or Bank Draft made payable to The Girl Guides Association of Jamaica. Address: Mr. Ernest H. de Souza, Jr., 1a Vineyard Road, Kingston 3, Jamaica, W.I. Please print your name and address clearly and send AT ONCE.

#### NOTICE BOARD

'Britain in View', a collection of pictures showing some of the loveliest spots of Britain's coast and countryside, has been produced by Kodak Ltd. to support the National Trust's Appeal 'Enterprise

Neptune'. It will be published in the autumn at 30s. and all profits from the sale of the book will be given to the appeal. The book has the honour of a foreword by the Queen Mother. A 'Britain in View' Kodak exhibition, in association with the National Trust's Appeal, will be held in LEEDS from 3rd-13th August, in MANCHESTER from 17th-16th August and in COVENTRY from 21st September to 1st October.

Guide and Scout Clubs in Universities and Colleges: a list of Secretaries will be published in the September SENIOR BRANCH NEWS.

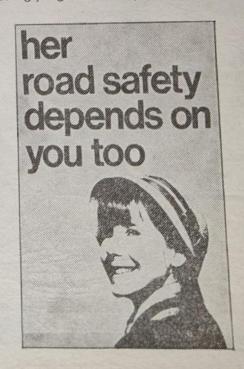
Wanted for C.H.Q. Museum: A Brownie cap (not beret). Please send to Librarian, C.H.Q. Library.

#### OFFER TO BROWNIE PACKS

THE 2ND ST. COLUMB Brownie Pack very kindly offers to send 100 sea shells to all Packs that would like to have shells and cannot collect them themselves to use, perhaps, as tokens for games.

This offer is to all Packs and, though the Brown Owl says nothing about postage, it will be realized that shells need careful packing and if a number of Packs apply, postage will mount up!

Apply for the shells to: Mrs. W. T. Dunstan, Lilac Cottage, Higher Tolcarne, St. Columb, Cornwall.



## TEA-BAGS ALWAYS GO WITH THE EXPERIENCED CAMPER

It's a matter of plain common sense - and good taste The wise guy under canvas likes to feel he's far removed from the kitchen sink. Thats why TEA-BAGS suit his kind of holiday best. • No messy washing up afterwards. • TEA-BAGS pack and carry easily (no loose tea spilling on the journey.) • No guesswork or calculation for a quick, perfectly balanced brew that can be drunk to the last drop without loose tea leaves getting in the way. And you can brew your tea in the mug - if you like it that way! You too, will GO better with TEA-BAGS.

Obtainable from all good Grocers.



THE GUIDER

# NOW THEY'VE GOT TO DEMONSTRATE



Guides working for First Class or 1st Aid badges now require to be able to DO 'mouth to mouth' artificial respiration; so much more practical than seeing a film or being told 'how' which is not as valuable or realistic.

The 'Cheshire Wilson' demonstration model is excellent. The cost is low, only £5 5s. 0d. It's possible for the Guider to pack it in her bag of tricks and take it to her meeting without being weighed down and, from experience, the Guides thoroughly enjoy using the rubber face. This model includes two masks and all the equipment to sterilise quickly, so that it's clean for each person using it.

You may find that some Guides would hate to have this mask over their faces but there are always some who revel in being the 'dummy'; the mask avoids breathing germs down the 'dummy's' throat, but being a rubbery material, it gives the opportunity of seeing a mouth move and the nostrils closed.

A Company may feel able to save up the necessary cost and buy a model of its own, but if this is out of the question a District may be able to supply the needed funds and be prepared to loan it as and when required. The March 1965 Guider gave details of several practical models but this is about the 'Cheshire Wilson' model which has been used with a number of young people with great success.

Of course you will want to ask an expert to come for the first time to help you with all the details of this vital means of saving a life and you might find it easier to have a woman.

The British Red Cross Society, the St. John Ambulance Association, the St. Andrew's Ambulance Association and Civil Defence have many people with expert qualifications and these organisations are always ready to advise us. Ask for their help to make sure you are on the right lines, and then the practice of timing, etc., can be done from week to week or whenever it's your turn to use the District model. Let us try to give every Guide this knowledge and ability to save a life.

The Cheshire Wilson Resuscitation Trainer: Will readers please note that this training model for training mouth-to-mouth (to nose) resuscitation costs £5 5s., and not £5 as advertised in the March Guider. It is available from Cheshire Wilson (U.K.) Safety Services Limited, 46, Bull Street, Darlaston, S. Staffs.



Who first remarked 'Time flies'? Am remarking it again. Another camping season. James drove me to visit two camps at weekend. One was near lake. Said let us approach it from that end, not from main road. Lovely spot. Saw dabchicks and moorhens. James said is that a blue heron over there, very agitated whatever it is? Replied it's a Guider. Indeed, said James, but what is she doing? Is she fishing? If so her method is primitive one, she appears to be trying to spear fish. I said she hasn't seen us, let us stand and watch. Spying, eh? said James. Ignored him and concentrated on Guider who was armed with a stick with which she was prodding something.

This is a case of cruelty to frogs, said James. She is teasing one, that is what she is doing. I said, well, we've got to go on to get to the camp. We went on. Never would I have guessed what that Guider was doing. When it was all over and the poor girl, purple with embarrassment, had explained, we laughed and laughed, all of us. Captain came from camp to see what noise was about. Stuffy type and not amused until I told her story would not appear in report when she smiled wanly.

What had happened was that camp had had stew with dumplings. Young inexperienced Q.M. had forgotten remains, kept for soup, and had found them looking unhealthy half an hour before I was due. Had panicked and rushed to lake, thinking to drown stew which of course floated, greasily and in a spreading fashion. James still laughing about it.

Was not happy about camp. Brilliant afternoon and Guides in full uniform waiting to be inspected. (What a programme for lovely summer day and what bad luck on Commissioner or C.A. when such a tedious business is made of their visit.) Inspected briefly because if poor pets had had to go to all that trouble, had to take notice of it and then said 'Now may they go and put on summer uniforms while we walk round?' Grateful sighs.

Everything apple-pie order but programme on notice-board made me sad. No free time, camp woodcraft ploys, wide games or supper hike, just rounders, chores, bathing. Said was sure Captain had surprise activity on hand. Replied Guides inexperienced and needed time to keep camp shipshape. Said do remember, just keeping things shipshape can be pretty boring at any age. Don't you agree? No, she said. Oh dear!

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'One Class Only'

Last August Bank Holiday I enjoyed everything that could be expected from such advertisements aboard the Golden Hinde-plus the unexpected! During the previous winter's cold spell, when I was perhaps too numbed with cold to say no, I was invited by two Sea Ranger Guiders to spend a week on their ship—a Guiders' Week. When summer came I ventured, not without trepidation, and though a landlubber, I was immediately made welcome.

Soon I found myself joining in the ship's routine and NEVER in my wildest dreams had I imagined I should be taking part in an 'overnight camp' that had to be reached by boat. It was at Dittisham that we cooked supper (chicken Maryland, sweet corn, boiled potatoes, peas, fried bananas and mushroom

sauce, fruit salad, cream, and coffee) on a driftwood fire on a quiet shore. Later we met many local friendly people and eventually pitched our tents in moonlight.

Other highlights in the week included sailing and

rowing instruction, shore visits (Devonshire cream teas!), and a sailing trip at sea—a thrilling experience. After sailing we always enjoyed the good food on board, but even more the friendliness and companionship.

One of my doctor's favourite bits of advice to anyone feeling mentally or physically exhausted is, 'Go and learn a new skill or do something you would not normally do.' This I did; but you do not need to qualify by being exhausted to enjoy a week aboard the Golden Hinde. If you go you will certainly, as the advertisers say, 'Pick a winner'. Most of my opening quotations advertise luxury liners-but they could apply to our Training Ship. Even that girl in red tights would have reason to dance for joy before breakfast on Golden Hinde as she does for P. & O.

Kurt Hahn said, 'It is wrong to coerce people into opinions but it is our duty to impel them into experience.' I hope I may help to impel many Guiders into the wonderful experience of a holiday on the Golden Hinde.

MARY CORNER



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THE GUIDER

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#### FRIENDS OF WADDOW

WADDOW WAS delighted that last year two hundred people became 'Friends of Waddow' and this year the staff hopes to welcome many more. Everyone can join by completing the coupon below and sending the minimum annual subscription of 5s. All 'Friends receive a news-letter on Thinking Day and are welcomed at Waddow at any time.

On 3rd June last year we were delighted to have about 100 guests and were honoured and thrilled to have the Commonwealth Chief Commissioner with us.

In addition to the interest and encouragement which the scheme has brought, we were able, through the subscriptions, to improve the heating in the Training

I enclose herewith the sum of as subscription to the 'Friends of Waddow' the year 1965.	my for
Name	
Signature	

## NEW LEAFLETS NURSING

Photo: Central Office of Information, London



Are some of your Guides who are still at school or even at work (who have reached a good standard with at least five years' full-time education from the age of eleven) at all interested in nursing?

It is a career of service and a most satisfying one for those who care for people. There are many specialist openings after General Training and even

possibilities of working abroad.

Two excellent leaflets 'The Time Between' and 'Nursing and Midwifery' give all the necessary, and very interesting, information about training and so on which are issued to schools, but single copies may be obtained free from The Ministry of Health, Alexander Fleming House, Elephant and Castle, London, S.E.1.

## C.H.Q. STAFF VACANCIES

OVERSEAS DEPARTMENT

Assistant Department Secretary, preferably over 25. Member of Movement, experienced in administrative work and interest in the Commonwealth. Application form from Overseas Secretary.

PUBLICATIONS DEPARTMENT

There is a vacancy for a Shorthand Typist for the Editor of THE GUIDER. Knowledge of the Movement useful but not essential, work varied and interesting. Shorthand/Typing speeds 100/50. Office hours could be arranged to suit applicant.

Applications are invited for Assistant Editor for the Books Section. Interesting opportunity, with prospects, is waiting for applicants (25-45) with journalistic and publishing experience. Knowledge of the Mayarant is an adventor of the Mayarant in the Mayara of the Movement is an advantage but not essential.

PUBLIC RELATIONS DEPARTMENT

Shorthand Typist: The applicant should be experienced in office work, with shorthand-typing speeds 100/50, able to keep department papers orderly, with a good telephone manner, and ready to enjoy working as a member of a team. Age immaterial but over 20 for preference. Knowledge of the Guide Movement an advantage. Among the many subjects dealt with by the department are exhibitions, press and B.B.C. contacts, photography and correspondence with a feet organisations.

Good holidays with no Saturday work; lunch at special staff rates. Salary according to experience and qualifications.

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Senior Clerk: Good handwriting and accurate worker essential. Member of the Movement preferred.

Junior Clerk: Good handwriting and accurate worker essential. Knowledge of the Movement an advantage.

#### GENERAL OFFICE

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#### EQUIPMENT DEPARTMENT

Senior Shorthand Typist: Full time preferred but part-time would be considered. Salary to be arranged.

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Saleswoman: Full time.

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Senior Clerk: Quick and accurate, Member of the Movement.

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Assembly Clerks (2): Members of the Movement preferred.

All posts have a five day week. Three weeks annual leave. Subsidised lunch in Restaurant on Premises. Pension Scheme. Good working condi-

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The Girl Guides Association takes no responsibility for statements made in any advertisement here or elsewhere in the magazine, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any magazine, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of second-hand clothing (except uniform) cannot be accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All accepted in the sale of second not sale should not be sale of second not sale should not be sale of second not sale should not be sale of second not sale should no

THE GUIDE CLUB

The Guide Club would welcome new members. Past and he Guide Club would welcome new members. Past and present members of the Movement and members of Trefoil Guilds and Local Associations are eligible. Entrance fee: £2 2s. 0d.: annual subscription: £5 5s. 0d. (From 1st July to 31st December, 1965, £2 12s. 6d.) Juniors (18-22 years), entrance fee: £1 1s. 0d., annual subscription: £3 3s. 0d. (From 1st July to 31st December, 1965, £1 11s. 6d.) All single rooms have hot and cold water. cold water.

Single room, bed and breakfast, £1 5s. 0d. Double room (with basin), bed and breakfast, £1 2s. 6d. (with-

out basin) £1.

Members may bring guests, including husbands, to

stay at the Club. Particulars from the Secretary, 46
Belgrave Square, London, S.W.1.

Olave House (World Association of Girl
Guides and Girl Scouts) is open all year to members, ex-members, and Local Associates. Bed and breakfast, 13s. 6d. to 21s. Residents: special terms. Warm comfortable house. Garden. Easy access to all parts of London. Nearest Underground station, Earls Court. Applications to the Guider-in-Charge, 45 Longridge Road, London, S.W.5. Telephone: FRObisher 2574 (Guider-in-Charge): FRObisher 2605 (Guests).

EMPLOYMENT OFFERED

Ipswich and East Suffolk Hospital (630 beds). Complete General Training School for nurses. Applications are invited from well-educated girls wishing to enter as Student Nurses. For further particulars and advice re pre training occupations, please write to: The Matron Superintendent, Ispwich and East Suffolk Hospital, Training School for Nurses, Anglesea Road, Ipswich. Inner London Education Authority, Dromenagh School, Iver Bucks, Pacidon Hospital, Training School, Iver Bucks, Pacidon Hospital, Iver Bucks, Pa

Iver, Bucks. Resident Housematron required at school for 35 maladjusted boys, aged 5-11 years, comfortable house in pleasant surroundings near Uxbridge. Salary from 1st August £650-£740, starting point commensurate with qualifications and experience. Additional allowances: £60 for C.T.C. Certificate, £45 whilst working with ESN/maladjusted children. Board and

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Selly Oak Hospital, Birmingham, 29 (780 beds). Complete General Training School for Student and Pupil Nurses. 'Block' study system of education, 42-hour week in operation. Codet schools of the control week in operation. Cadet scheme of training to bridge gap between 17 and 18 years. Please write to Matron for

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ward children. Deduction of £141 12s. for board and lodging. Apply to the Education Officer (Estab.6/F/3653), County Hall, London, S.E.1.

Work for Boy Scouts Association: At Headquarters, vacancies for Guiders or Senior Branch members in the Equipment Department; Shorthand Typist for Purchase and Mail Order Departments. Five day week.

At Newgate Street, E.C.4. Sales Assistants. Monday to Friday (no Saturdays). At Leeds, Senior Sales Assistant. Five day week. Applications to General Manager, Boy Scouts Association, 25 Buckingham Palace Road, London, S.W.1.

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Interesting and worthwhile post in Diocesan Mother and Baby Home, involving supervision and responsibility for the domestic welfare of young unmarried mothers. Staff of four. Salary according to scale. Apply Matron, 48 Bateman Street, Cambridge.

Convalescent Home in Derbyshire Country District requires energetic and adaptable married couple as Resident Warden and Assistant Matron. Interesting post for anyone requiring experience in residential child-care work. Nursing experience not required. child-care work. Nursing experience not required. Residential post. Regret no children. Pension scheme. Home accommodates 25 boys, age 7-16 years, recovering from illness or effect of poor social conditions. Apply in writing, giving age, qualifications, copy references and experience, if any, to the Secretary, Invalid Children's Aid Association, Gaddum House, 16 Queen Street, Manchester, 2.

FOR SALE

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THE GUIDER

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1,000 Personal gummed labels 1½ in. x 5 in. name and address, 17s. 6d. Dept. 72, Brimer, Kensington Church Walk, London, W.8.

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#### CAMPING AND HOLIDAYS

Qualified Q.M. urgently required for camp near Wells, Somerset, 21st-28th August. Travelling expenses paid within 100 miles. Apply: Miss Blakeman, 28 Clarkson Avenue, Weston-super-Mare, Somerset.

Cruise, Grand Union Canal. 14th-21st August. Delightful holiday. 4 vacancies. Accept Guiders, Rangers, friends. Apply Box No. 391.

Urgent: Life-saver for Pack Holiday, North Devon 28th August-11th September. Expenses paid Box No. 392.

#### FOLK SONGS FROM AUSTRALIA

Sundowners' Song Book (Oxford University Press)
IN THE last few years, folk songs have taken on a new look, and energetic worksongs have become popular with teenagers. This new collection will appeal to Senior Branch Units, and perhaps to Guide Companies. Here are seventeen songs from the Australian bush and sheep stations. Many of the tunes are from the 'home country', but they are given words that vividly describe the life of the country, with shearing, droving, and camping in the Outback.

The melody edition, at 2s. 6d., is particularly good value, as it gives guitar harmonies, and choruses arranged in parts. There is also an edition with piano accompaniment at 7s. 6d.

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August 1965

of inter-changeable personnel and a programme of climbing, rests and acclimatisation was drawn up.

We set up an Advanced Base Camp at the foot of the mountain itself to act as a supply depôt and an overnight halting place for team or sherpas This assembly place proved very useful and Tchung Gee, the sherpa cook, kept it stocked with fresh chappaties, cooked at the Base Camp and carried up daily, which delighted all the Indians. The main diet of Indiansrice and pancakes made from special flours-is unsuitable for climbing for it is bulky and heavy without providing the essential elements for enabling hard physical work to be undertaken at high altitude when appetite is usually poor. We did have, however, a limited supply of tinned foods for the higher camps but this was, in general, not suitable for the three

On 6th October the first assault party, Kurshid, Rani and I, accompanied by four sherpas, set off to establish Camp 1. Carrying our personal equipment in light rucksacks, we went forward steadily but were still on the long snow slope when the sun reached us at 9 a.m. From then on the way lay up 1,500 ft. of heavily crevassed ice-fall, presenting a jumble of towering seracs. This was very tiring for novices as maximum care and concentration was necessary at every step along narrow ledges, over precarious snow bridges and by smooth ice walls. Another 500 ft. of tricky ice, overlaid with powder snow, brought us to a reasonably level place where the sherpas pitched two tents before returning to base to bring up another load the next day.

Acclimatisation seemed unnecessary as we were all extremely fit so we pushed on the next day to establish Camp 2 at about 19,500 ft. Tashi, the sirdar sherpa, stayed with us and the four of us slept cosily in a three-man tent, the only difficulty being to find room to boil the kettle the next morning! As we had to use snow, it took three-quarters of an hour to make tea and it was 7 a.m. before the summit assault party set off. The weather was perfect and the summit appeared just above our heads, a mere two or three hours with crampons, but how deceptive are heights and distances in the mountains!

Another sherpa, Gelbu, came up from Camp 1 to act as support party with me, and as there was no sign of the climbers by midday, I sent him up to try and make contact. Left alone, my anxiety increased as the hours went by and I began mentally to compose telegrams to anxious parents- 'Regret to inform you . . . but at 4 p.m. the four long-awaited figures appeared

on the sky-line. An hour later Kurshid and Rani were sitting by my side explaining that it was just a very, very long way, one apparent summit merging into another and another and yet another. Kurshid had had to give up on the final slope but Rani, urged on by Tashi, had planted the Indian national flag and the World Association flag on the summit before retreating from the fierce wind and cold at that height (22,490 ft.).

Two days later it was the turn of Durga and Usha to make the attempt. We set off in two parties, Gelbu leading one rope and I the second. Above 21,000 ft., I could only go very slowly, pausing at every tenth step to stop the pounding of my heart, thus jeopardising the chances of the party reaching the summit in the daylight available. I decided to turn back, leaving both sherpas with the girls, feeling that thus supported and in good weather they could come to no harm.

Back in Camp 2, just before dark, Durga told me how on the summit the sherpas had laid their prayer scarves by the flags and she herself had distributed pieces of the coconut she had brought all the way from Assam for this very moment as an offering to the gods. After saying their prayers, they turned downhill with no feeling of elation but with a quiet satisfaction that they had accomplished what they had set out to do.

On arrival at Camp 1 again, we found Sudha and Sharda there, a very creditable performance, for they were not such good climbers as the others. They went on up to Camp 2 but did not go much beyond it.

On 15th October we were all reunited at Base Camp where we hoped the porters would be awaiting us. These had not come so we sent a radio message to the army at Joshimath for help and we descended one stage, for food was only just sufficient for the return journey. There we waited another two days, for sherpas normally carry only on climbs but eventually twenty arrived and we were able to proceed, reaching Joshimath on 27th October.

The expedition had been successful. The summit of Mrigthuni had been reached by three of the party and all had gone to over 20,000 ft. Indian women had shown that they could plan and carry through an expedition and their Guide training had enabled them not only to endure physical hardships but to tackle difficulties as they occurred and to remain a happy, united party in circumstances which try the

most seasoned climbers.



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#### HERE AND THERE

'This is a momentous and historic occasion', said the Chief Guide when she opened the new Headquarters for Cambridgeshire and the Isle of Ely Girl Guides Association. Only two years after the scheme started this new building opened free of debt. Part of the cost was covered by a grant and the rest was raised by members of the Guide Movement themselves. The building was designed by Miss David, a former Guide, now an architect. With the Chief Guide are Mrs. Russell, the County Commissioner, and two Cambridgeshire Cadets.

Before the opening, Olave, Lady Baden-Powell received a gift of purses from a thousand Brownies for the Guide Friendship Fund.

On the Sunday there was a thanksgiving service in Ely Cathedral where the Bishop, Dr. E. J. K. Roberts, gave an address.



Photo: 'Cambridge News





Photo: National Publicity Studios, Wellington, New Zealand



Photo: 'Kentish Times'

(Above) Aona, Bib-Bean and Naoma Mahau, delegates from the Gilbert and Ellice Islands, who, with those of twelve other countries, attended the Pacific Trainers' Gathering at Christchurch, New Zealand. The theme of the Gathering was 'No Man is an Island' from John Donne's poem and certainly no one at that friendly meeting could feel alone.

(Left) Rosemary Lock, aged 11 years, of the 1st Beckenham Company, was awarded the 'Evelyn' violin on 2nd April, and here she is seen playing for her own Company and friends on the evening of the presentation.

The 'Joseph Rocca' violin, another C.H.Q. instrument, is again available and full particulars may be obtained from the Musical Instrument Secretary, Girl Guides Association, 17-19 Buckingham Palace Road, London, S.W.1. To qualify for one of the instruments, the applicant should have reached at least Grade V.

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