

THE GUIDER

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PRICE
ONE
SHILLING



Diamond Jubilee

OUR Chief Commissioner, Mrs. Parker Bowles has asked me to be chairman of the Diamond Jubilee Committee, and after much thought I have agreed.

The Diamond Jubilee is going to be a very big and responsible task, and because of this, Mrs. Parker Bowles is releasing me from all my other commitments at C.H.Q. level. I could not, and would not have accepted to do this job, had I not been certain from past experience, of the most wonderful support and backing members of the movement and outside interested people and bodies are always prepared to give on such occasions. I look forward to the exciting time that lies ahead, when we can all work together to help make this Diamond Jubilee a mile stone in the history of Guiding, a mile stone which we shall all enjoy and remember, and of which we may well feel proud.

A special office is being set up at C.H.Q. to deal with all Diamond Jubilee matters, and it is our intention to keep the Movement well informed of all that is happening at U.K. level. With the co-operation of everyone, we hope also to keep you informed as to plans at more local levels. This should help us all to realise and appreciate the vast width of activities which will be happening throughout the U.K. The Executive have already agreed on certain projects for the U.K. and sub committees are being formed, and plans are already going ahead, as follows:—

1. Special Church Services.

Westminster Abbey on Saturday May 16th at 11 a.m.
Westminster Cathedral on Saturday May 16th (time unknown)

St. John's Wood Synagogue on Sunday May 17th at 3.30 p.m.

2. Young Adults Gathering.

This will be one of three taking place throughout the world, and will be held at Birmingham College of Education. Dates—31st July—11th August. Delegates to be 18-25 at the time of the event.

3. Diamond Jubilee Spectacle.

To be held at Wembley—dates 30th August—5th September.

4. Unifying Service Theme.

It has been agreed that there is a need for a Unifying Theme to link all members and that this could be the essence of service projects throughout

the U.K. The sub committee are working on a suggestion called 'Three Cheers Challenge', Cheer a person or people, Cheer a place, (building, garden, etc.) Cheer yourselves. You will see by this that almost anything you decide to do will fit in with this scheme.

5. Diamond Jubilee Stamp.

We have applied for a special stamp and this will be considered by the Post Office Authority nearer the time. We have also applied for a special postmark slogan.

6. Diamond Jubilee Badge.

The Executive, at the request of the members of the Movement, decided we would have a special badge, which could be worn by all members of the Movement throughout 1970. The World Committee were asked if they considered that such a badge could be used by all countries, and they approved of this idea and asked the U.K. to submit designs. The final choice has now been made and these badges will be available in metal and cloth. The design of this badge is seen at the beginning of this article and will in future be used in the periodicals with all articles relating to the Diamond Jubilee, so keep a watch out for it.

7. Dates.

It has been agreed that all celebrations at U.K. level will take place between May and September (inclusive) and it is hoped that where possible, these dates will also be kept throughout the U.K.

The Jubilee Badge and Souvenirs will be on sale for the whole of 1970.

8. Further information.

You are now up to date with the Jubilee plans. Watch all periodicals for further news.

All enquiries and correspondence concerning the Diamond Jubilee are to be sent to me, and will you please mark your envelope 'Diamond Jubilee'.

Amelia Collins

Chairman of the Diamond Jubilee Committee

THE GUIDER

OFFICIAL MAGAZINE OF
THE GIRL GUIDES ASSOCIATION
(Incorporated by Royal Charter)



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FRONT COVER

*Rangers arriving at Buckingham Palace to receive
The Duke of Edinburgh's Gold Award*

photo: The Times

INTO THE SEVENTIES

HIS Royal Highness the Duke of Edinburgh gave a press conference on 4th February at St. James's Palace to announce the changes made in the Duke of Edinburgh's Award, to take the scheme into the 1970's with a new look.

The main objective of the scheme remains the same, and the chief change is that the boys' and girls' schemes are now fully integrated. The upper age limit has been extended to 21, thus giving more time to those under pressure in their work, and also to those who first become attracted to the Award in their late teens.

During the press conference, the Duke of Edinburgh gave impromptu answers to many questions put to him by the press. His knowledge of every detail of the scheme, and his enthusiasm for its aims and achievements were quite apparent.

Since the scheme was started in 1957, there have been 601,000 entrants, of whom 232,000 have gained awards. From 7,000 in the first year, the number of new entrants has grown to 65,845 in 1968—answer enough to those who asked at the press conference if the scheme wasn't rather square. 'More oval in shape', was the Duke's reply, but the entry figures show whatever its shape, the Duke of Edinburgh's Award has a great deal to offer today's young people.

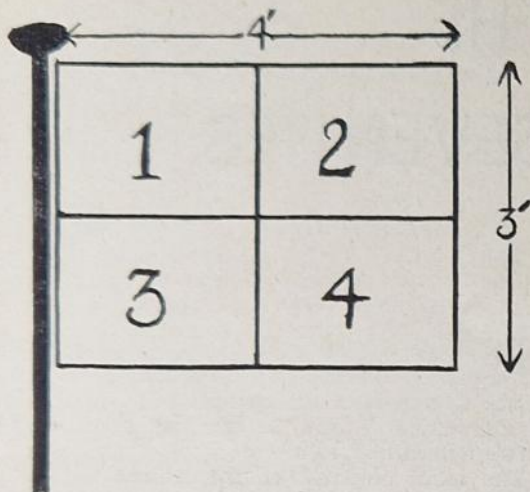
RANGER COLOURS

THERE was a very good response from Ranger Guides to the requests for suggestions as to the shape and style future Ranger Colours should take.

These have all been correlated and from them it appeared that the majority who replied favoured the quartered banner and this was in order to incorporate something that was individual to each Ranger Unit. All wanted to have the new Ranger Badge—many felt they would like something on Service or the Eight Point Programme and in addition there were several other suggestions, too many to enumerate.

Taking the majority the final design approved by the Executive is as follows:

A quartered flag of dimensions four feet by three feet.



1st quarter—the new Ranger Guide Service Unit badge on the traditional blue ground.

2nd quarter—the County badge, ground colour to be determined by the badge.

3rd quarter—something to symbolise the District or Division, according to which the Unit is attached.

4th quarter—something particular to the Unit.

Of course the old style Colours of the World Badge on a blue field with the Unit name in gold lettering above is still correct for those who prefer it, and all Units with existing Colours who wish to retain them and continue to use them may do so. For those who have not had Colours in the past (and for those who have but wish to lay them up and make new ones) either the World Flag or the new quartered banner will apply.

Many Units have submitted designs for advice and approval and are already making their new Colours. For any further information please apply to: Miss E. J. Allen-Williams, J.P., Heraldry Adviser, c/o C.H.Q.

Note: The above does not apply to Scotland. The Lord Lyon has approved a different design, incorporating a thistle and the World Badge, with the name of the Unit, for Scottish Units. Rangers in Scotland wishing to make a banner for their Unit should therefore apply to Scottish Headquarters.

An Opportunity For Service

A charity which organises outings, one Sunday afternoon per month, where old people can meet each other and at the same time get away from their familiar, often dreary, surroundings? 'Contact'.

'Contact' was established in March 1965 to give old people (often living alone and in poor conditions) a regular event to look forward to outside their normal environment, put such people in touch with others in similar circumstances, encourage young people to devote some of their spare time to these purposes. Using private cars to take them beyond the confines of London, equal numbers of old people and helpers attend concerts, visit gardens, parks and private homes where hostesses provide tea.

At the moment as there are very many old people 'Contact' needs more helpers and hostesses. Posters have been made and the organisation would particularly appreciate the assistance of Guides who would be prepared to distribute the posters on their behalf with a view to finding hostesses who are resident within one hour's drive of Central London, and who would entertain the groups to tea on one Sunday afternoon.

If you or your Rangers can, or wish to, help in any of these ways, as helpers, as hostesses, distributing leaflets or financially, please get in touch with The Secretary, 'Contact', c/o Coutts & Co., 440 Strand, W.C.2. Remember please, helpers and hostesses *London area only*.

photo: Fox Photos

Water Safety

by

K. Bunyard



ARE you a frostbite sailor or canoeist? Very few of us have the courage to face a ducking during winter-time or enough cash to invest in a wet suit, but possibly we less hardy souls have more time to spend on refitting our craft and checking equipment. However small the repair, it may prove a life-saver during the season. You may feel 'why bother when our boat was new last year, it's made of fibreglass and the Boat Show man said there was no maintenance required'. These words will encourage any enthusiast to make a detailed 'look see' and put things to order, for no matter whether you go to sea or paddle in a puddle, attention to detail is essential and ensures the best performance from your craft and equipment.

If a boat (or canoe) is owned by the Unit, or is your own but used by Rangers and Guides, then the next step is to have her inspected and the certificate signed. This inspection can be done by anyone who really understands boat construction and shares your concern for safety. Your County Boating Adviser can supply the certificates and most probably help to find a suitable examiner if you are unable to do so. Commissioners are responsible with the Guiders to see that the yearly inspection is carried out—and should major repairs be necessary during the season, play safe and have a second inspection. A craft in bad condition or without an up to date certificate could mean no insurance cover for members of the Movement and might involve you in a Personal Liability claim, which is most unpleasant for everyone concerned.

'What a lot of fuss and red tape,' you think, 'nothing will happen to me.' But all the Association's Boating and Bathing Rules are just plain commonsense, and as you have plenty of this you'll not find any of them red tape. Pre-reading of the Rules and Boating tests will encourage you—try it and

see. The tests are useful guides prior to a visit to a local water sports centre where the instructors will most certainly welcome the opportunity to see our syllabuses; and possibly you are going on a holiday afloat with your Unit and you need to know the qualifications required. The County Boating Adviser could help you with this and also with information regarding overloading beyond the licensed number, gear required, etc.—so do use her specialised knowledge.

Last in any good performance is the 'Star' and this is YOU—Commissioner and Guider. So much depends on your attitude and concern for safety, which in turn enables the girls in your charge to make the very most of the adventures of water sports. Do you check up on lifejackets—are they the correct BSS* for the particular activity? (See September 1968 GUIDER for details.) Is your boat/canoe insured? Do you know weather signs which give rise to adverse conditions? Are your qualifications (if any) up to date and are you satisfied that testing was of a high standard both for you, the Guides and the Rangers? When you give your approval for someone to enter for one of the Permit Tests do you take into account not only her experience and technical knowledge, but also her ability to maintain order and discipline in a boat? If you can answer these and many more searching questions with an honest 'yes' then you and your girls are as safe as you can ensure without removing any of the thrills which water sports can provide for young, middling and old alike. But should your answers be definitely NO or slightly hesitant, then perhaps it's time to do something active to put safety first and your mind at rest.

Insurance of boats and canoes can be made through the Association's Insurers, where a block policy gives very advantageous terms.

* British Standards Specification

DON'T MISS THE FABULOUS 1969 HARLEM GLOBETROTTERS SHOW

at the
EMPIRE POOL, WEMBLEY

FRIDAY, APRIL 25

until

SATURDAY, MAY 3

(excluding Sunday)

Nightly Performances at 7.45 p.m.

SPECIAL OFFER

To GUIDES, their FAMILIES and FRIENDS!

Wembley are pleased to offer 20/-, 16/- and 12/- seats for the flat rate of 6/- each for four **HARLEM GLOBETROTTERS PERFORMANCES**.

BOOK NOW — PAY LATER: For parties of 12 or more persons, payment may be deferred until 10th April.

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(12 or more)

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(½ price)

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Mon. 28th April at 7.45 p.m.
Tues. 29th April at 7.45 p.m.
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Thurs. 1st May at 7.45 p.m.

Please send
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NAME

ADDRESS

GROUP TITLE

I enclose S.A.E. and Cheque/P.O. for £ : :
made payable to Wembley Stadium Ltd.

THE GUIDER

What About— A Publications Game ?

WHEN you visit your Companies and Packs, take with you as many C.H.Q. Periodicals as you can muster—not forgetting the Annual Report, local and otherwise—Council Fire, Trefoil Bi-annual Report, if you have one—anything else you like.

Scatter these around the room. Give a few words on each and then have a scavenger hunt.

This not only shows what we produce in the way of literature but by looking for the answers interest is at once aroused.

Do all your Units take THE GUIDER and at



least one copy of the appropriate magazine? And are they used enough?

Games can be played.

Stories mimed.

Challenges.

Projects.

Charts for Patrol Boxes and Company Notice Boards.

A Guider's work is halved if she encourages the Company Treasurer to include these in her budget.

ROSAMUND DOUGLAS

BOOK REVIEWS



Hold Down a Chord, Book 2, Finger Picking—Folk Guitar Styles, by John Pearse. BBC Publications, 5s.

This booklet, published to accompany the BBC-1 series, will prove most useful to those who have already mastered several chords, and are able to accompany a number of songs quite happily. In this book you will learn how to incorporate a melody in an accompaniment. The actual examples given are more suited to Rangers having an interest in folk music, but the technique could well be applied to music for other branches.

Good advice is given on nail care, and use of the capo, and the use of tablature is explained well. It should be possible to use this book without seeing the programmes, though I am sure these will be repeated. (The inclusion of the melody line, written in the usual way would have helped here too.) A note by note commentary helps you to build up your work a stage at a time.

Good background material is given for the four songs used in this book, and about the singers who sang them. A comprehensive chord chart is given, together with space for adding your own 'short cuts' when you discover them. For those who wish to extend their techniques beyond the early basic work, this book would be well worth exploring.

M.P.P.

Games Galore! compiled by Patrick Goodland. Scripture Union, 5s.

This inexpensive little book contains 188 games—some of which might be new to many people and others which have a new slant or variation.

The Rev. Patrick Goodland, who has practical experience of working with the young members of his own church, has divided his book into sections, e.g. 'Outdoor Games'; 'Games without equipment'; 'Chasing and Running Games'; etc., etc. He has also grouped together games suitable for children of different ages, thus making the book very easy to use.

At the beginning of the book there are useful tips on the choice of game and how to avoid falling into any pitfalls.

Guide Units of all Sections should be able to find help in this book. Many ideas could be used and adapted for parties and entertainment of both young and old. Some of the activities could be used at Campfire for non-singers.

Guides and Rangers working for either the Child Nurse Interest badge or Child Service Certificate can find simple action and movement songs, and Finger play which would be invaluable in entertaining children in the under five age group.

B.H.G.

What's Cooking?

Anything you like—with Camping Gaz

An efficient Guide can always knock up a scratch meal with the minimum of equipment. But the ability to serve tasty, well cooked food is equally important. And with Camping Gaz cooking units you can prepare everything from a fresh, hot cuppa to a full size dinner.



Standard Double Burner

This high pressure double burner might well be basic equipment for every company. On this, and other Camping Gaz stoves, you can cook man-size meals quickly and efficiently.

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An efficient lightweight stove that goes easily in a rucksack. Absolutely clean. Gives instant heat, for approximately 3 hours. The ideal stove for cooking a quick snack or preparing a hot drink.



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Name

Address



G.D.G.

Camping Gaz International,
PTC, Dorking, Surrey.



Help Required

The following appeals have been received at Headquarters which units may care to take up if they are looking for jobs of service:

SHELTER, National Campaign for the Homeless, 86 Strand, London, W.C.2.

Aims this Spring to challenge young people through Youth Clubs, Schools, etc., to raise as much money as possible by 1st April to rescue and house homeless families. The cost per family is £325. *Some suggestions:* A Walk week 22nd-30th March; collecting halfpennies before they are withdrawn in August—write to the above address for further information.

PEARSON'S FRESH AIR FUND, 81 Denison House, 296 Vauxhall Bridge Road, London, S.W.1. Appeal on behalf of thousands of needy and handicapped children in large industrial cities so they may have a holiday in the country or at the seaside. The sum of £3 would help towards a week's holiday for one child.

THE SPASTICS' SOCIETY, 12 Park Crescent, London, W.1N 4EQ.

They need financial help to provide more work centres where spastics can learn skills in order to earn their own living. Also day centres for the day care of children and adults. Films on their work available on loan.

LAUNDRY FOR THE ELDERLY, as a follow-up to this column in the December issue that blankets and curtains might be taken to a Launderette to help old people comes another idea. Why not offer to do the ironing in the old people's homes so that they can chat while the work is being done.

NATURE CONSERVATION, Zoological Gardens, Regent's Park, London, N.W.1.

The Council for Nature have plenty of outdoor work in various parts of the country: shrub clearance, river bank maintenance, pond clearance, tree planting—for volunteers. Some projects are weekend residential. Details from the address above.

FEED THE MINDS now have a new address. It is 2 Eaton Gate, London, S.W.1. The December 1968 issue of *THE GUIDER* gives details of the society.

A lively cartoon character called Pete will feature in the slogan 'For Pete's Sake Don't Drop Your Litter' for the 1969 Campaign of the Keep Britain Tidy Group. Pete, a street cleaner, will put the message across more strongly than before, but will not replace existing campaign publicity material already supplied by the Keep Britain Tidy Group. Further particulars may be obtained from Campaign Director, 27 Queen Anne's Gate, London, S.W.1.

CAMPING 'BOATING' HOLIDAYS

Why not have your annual camp or adventure holiday afloat this year and explore our beautiful canals on a traditional narrow boat steered by our own competent skipper?

Rates £4 10s. per head per week, send s.a.e. for brochure to: Canal Transport Services, Norton Canes Dock, Lime Lane, Pelsall, Staffs. Tel Brownhills 4370.

THE GUIDER

Feet for hire



The youth of Britain are using their feet as well as their hearts to help the aged. They 'hire' them out to sponsors—public spirited bodies willing to back these young enthusiasts on a WALK. And the proceeds go to the Help the Aged.

For the young, walking is easy—an easy way to raise money for those to whom every step may be an agony. When you're an old, homeless victim of war in places like Nigeria and Vietnam you have to walk—hopelessly, aimlessly, in search of food and help. Help you may never get.

And in Britain there are one and a quarter million old people living alone—in squalor and in fear—urgently needing assistance.

This is why groups of young people all over the country are organising walks. Finding sponsors who pay them at the rate of 6d. and more a mile each to undertake really marathon hikes. Hikes which can save the starving in Biafra or provide companionship and comfort for some desperate old dear right here.

For full details as to how to organise a walk for young people please fill in and send us this coupon.

Youth Help the aged

To: Help The Aged, Room 01, 139 Oxford Street, London W.1.

Please send me details of 'How to Organise a Walk'

Name

Address

I'm also interested in receiving a copy of your illustrated Annual Report (please tick) ☐




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this
year's

FUND RAISING

Here are two great brochures full of fund raising ideas for 1969. They are the Webb Ivory Christmas Cards and Gifts brochures, now available. Webb Ivory cards, sundries and gifts provide a quick, easy and profitable way of raising funds for your favourite charity or organisation. No matter what the size, you can expect the same first-class service from Webb Ivory – generous profit margins, prompt and efficient attention to orders, exclusive card designs.

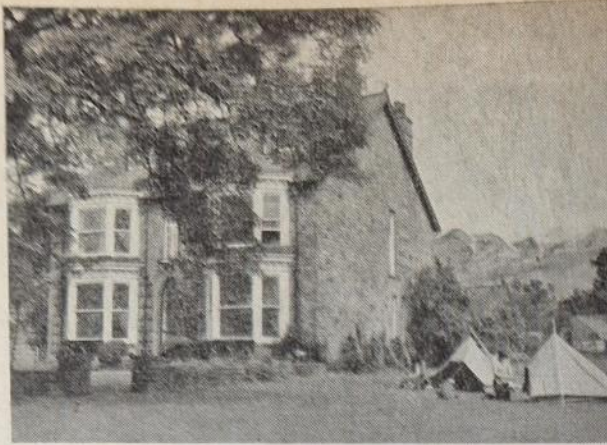
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	_____	ARE YOU OVER 21 _____ GU 3	

March 1969

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THE GUIDER



What to expect

As you enter the white gates at Glenbrook, wend your way up the drive towards the stone house and see the Ranger Trefoil over the front door you will at once feel the warmth and friendship of *your* house. Inside, the greeting from whoever is running your course and the warden or his wife will welcome you. The cosy furnishings, the warm autumn tints of the sitting room with its TV and record player, the light oak chairs and tables and the lovely curtains in the dining room, and the friendly kitchen where that extra cuppa is enjoyed will all make you feel at home at once. Upstairs you will find your bunk bed with its foam mattress and pillow, warm blankets and counterpane toning with the pretty curtains in the roomy and airy dormitories. Close at hand are the bathroom and showers, all ready for your comfort in this centrally heated house.

An ideal place for a training course or holiday

You will have nine acres of ground in which to wander and a trout stream to explore, as well as miles and miles of glorious country with its hills and dales all around you, and many exciting activities to take part in.

Now to enjoy everything to the full it is well worth preparing yourself a little before you go.

Feet

For some time before going tend your feet well. A good tip is to rinse them in cold water after every hot wash as this helps to strengthen the skin and make it more blister resisting. Some find it pays to rub in a little surgical and methylated spirit. Good strong lace-up shoes are essential unless you can afford a pair of walking boots. Get these well beforehand so you can 'break them in', and rub in dubbin weekly to soften them and make them waterproof. (Boots can be hired from Glenbrook but may not be as comfortable as your own. You can also buy boots via Glenbrook at 50s. a pair plus postage. Fell walking boots can be bought in many shops for 23s. 6d.)

It is essential to have thick socks to wear with any of these boots. Take at least two pairs.

Clothing

Shirts and at least two warm woolly jerseys, an anorak and a Gacoule or lightweight mac and hood (a waterproof is essential as no anorak is really

Glenbrook

England's Outdoor Activities Centre

waterproof). Trousers, either wool or stretch, not cotton denim as this shrinks and chafes when wet. In cold weather you will need a woolly cap, gloves and scarf. Waterproof trousers are useful. A small ruck sack is useful to carry your lunch, mac, map, etc.

For special activities

If you are hoping to cave you must take a complete change of very, very old clothes, old trousers (or a pair of grand-dad's 'long Johns'), wool jerseys, scarf. A dry suit, overalls, helmet, lamp and boots can be hired from Glenbrook, as can ropes and helmet for climbing.

In addition to your usual kit for your stay you will need to take a lightweight sheet sleeping bag, pillowcase and towel, and slippers or house shoes. There is a heated swimming pool nearby so pop in your swim kit in case there is time to have a dip.

Learn to tie a bowline and get acquainted with a map and a Silva compass.

Get your County, Division or Unit to make a booking very soon so you can enjoy all the fun and adventure, and friendship of your own house.

Guide and Ranger camps can take place in the grounds.

MARY HEYS-JONES



Courses at Glenbrook

Special courses at Glenbrook, Bamford, Derbyshire—England's outdoor activities centre—have been arranged as follows:

Dates—**Course A:** 28th-30th March—open to Guiders.
Course B: 23rd-30th May—open to Rangers and Guiders.

Course C: 8th or 9th-16th August—open to Rangers.

Course D: 16th-23rd August—open to Rangers.

Cost—**Course A:** £2 2s.

Course B: £1 2s. 6d. per day.

Course C: £8.

Course D: £8.

Programmes include rock climbing, caving, map reading, pony trekking, etc. Apply to the Outdoor Activities Adviser for England, c/o The English Office, C.H.Q., as soon as possible.



What To Eat (2)

A LITTLE OF EVERYTHING

by Margaret Chambers

illustrated by Elizabeth Wall

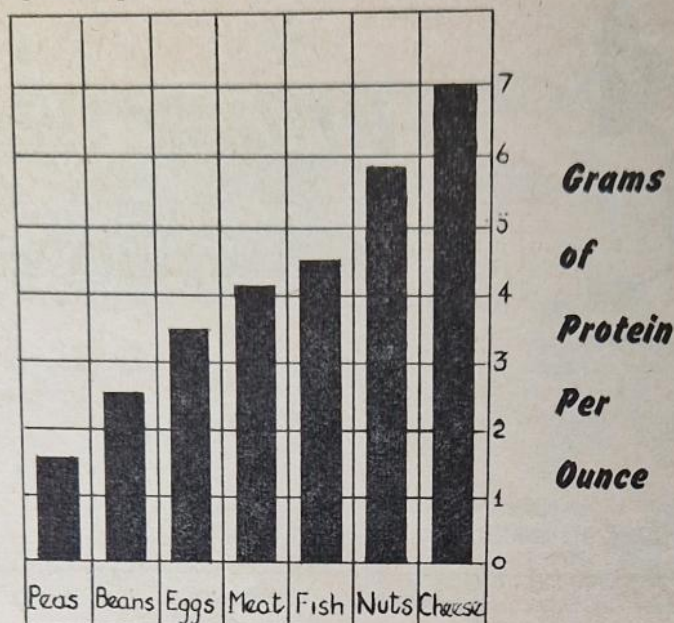
THE function of eating is to sustain life and promote health, but what are the functions of the various nutrients? They are outlined in the following chart.

NUTRIENT	USE IN BODY	DEFICIENCY SIGNS	FOODS RICH IN NUTRIENT
Water	Transport of nutrients	Dehydration fever	Fruits and vegetables
Protein	Body-building and repair	Stunted growth and wasted body	Cheese, nuts, fish, meat, eggs, milk
Fat	Warmth and energy	Deficiency signs of fat-soluble vitamins A, D, E, K	Butter, margarine, meat, milk, fatty fish
Carbohydrate	Energy		Bread, cakes, biscuits
Iron	Healthy blood	Anaemia, tiredness, breathlessness	Liver, chocolate, meat, eggs, bread
Calcium	Bone and tooth formation	Weak bones and teeth	Cheese, milk, bread, green vegetables, nuts
Vitamin A	Growth, good eyesight	Stunted growth, nightblindness	Fats, liver, carrots, milk, fish
Vitamin B	Healthy skin, nervous functions	Dermatitis, nervous disorders	Yeast, meat, bread, milk
Vitamin C	Tissue and capillary strength	Scurvy, small haemorrhages, weak gums	Fruits and vegetables
Vitamin D	Strong bone formation	Rickets, bow-legs, pigeon chests	Fats, fish livers, liver, egg-yolk

When we consider a food's nutritional value in a diet we must remember that the nutritional value equals the composition of the food multiplied by the quantity eaten. Therefore a food may be rich in a particular nutrient but if not eaten regularly in reasonable quantity, it will have little value in the diet. An average British diet is usually given as: protein — 100 gms. (410 cal.), fat — 100 gms. (930 cal.), carbohydrate — 400 gms. (1640 cal.).

Protein is needed for body-building, both by children and adults. Body cells are constantly dying and need replacing. Protein provides the energy to do this and it comes from two sources, vegetable origin and animal origin. *The vegetables richest in protein are peas, beans, nuts and cereals. The animal*

proteins most commonly eaten are meat, fish, eggs and cheese. Animal proteins are superior to vegetable so vegetarians must take extra care that they are eating sufficient proteins. The following chart shows the comparative protein per ounce in various foods.



Protein foods are the most expensive part of the diet and their proportion in a diet is a measure of the standard of living in a country. They must be selected and cooked carefully.

Fats are important as they have a high calorific content which means that when digested by the body they provide a lot of heat (necessary in cold weather).

Carbohydrates, that is the sugars and starches, are not essential nutrients but without them our meals would be greatly modified and housewives all over the world would find tremendous difficulty in feeding their families. Carbohydrates form the staple food of all nations, e.g. wheat, rice, maize and pasta.

Calcium is a mineral required by the body for bone and tooth formation and it is also necessary for blood clotting (in cuts and wounds), nerve reactions and muscle actions. $1\frac{1}{4}$ pints of milk or $\frac{2}{3}$ lb. of almonds are required to provide enough calcium for one day.

Vitamins are vital nutrients which must be provided in the diet as otherwise severe deficiencies result. Few people in Great Britain today suffer from severe lack of vitamins but many people have mild deficiencies and would enjoy better health if they paid more attention to the vitamin content of their diet. Malnutrition (lack of the *correct* food) mainly affects, in this country, the elderly, babies, expectant mothers and adolescents. As individual needs vary it is important that everyone pays attention to their own diets and adjusts an average diet accordingly.

Good nutrition can generally be summed up in a nutshell—eat a little of everything and not too much of any one thing.



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LETTERS TO THE EDITOR

Ranger Challenge

In reply to Mrs. Hay's letter in the February GUIDER, I would like to say that I think the Ranger pre-investiture challenge is very well drawn up. Apart from assisting character development, it is probably a girl's first insight to self-assessment, which I would consider an essential exercise for anyone hoping to lead a successful and rewarding life.

However I have found that my Rangers have much greater confidence and security after investiture, and despite my assurances to the contrary, do not feel integral parts of the unit before investiture; as Mrs. Hay says, it takes a long time to get to know the Rangers well enough for them to be invested under the present plan.

I personally would like to see a very basic pre-investiture test, followed by a challenge of the present pre-investiture nature, carried out with the security of the Ranger Promise and Investiture Badge, and possibly put on an annual basis, like the Guide Eight Point Badge.

(MRS.) B. M. BROWN,
46A Liverpool Ranger Guides

I think Mrs. Sue Hay has missed the point of the Pre-Investiture Challenge altogether. It is not our duty altogether as Ranger Guiders to do all the assessing. It is up to the Rangers themselves, and surely at the age of 14/15 they are capable of knowing whether or not they enjoyed doing a certain thing—I know my 14/15 year old Ranger Guides are. If they decide to try something new and absolutely hate it, I still feel that the Challenge has been met—they have found out something about themselves that they did not know before.

I have nothing but praise for the new Handbook—I think it is absolutely wonderful and caters for all ages from 14 to 20 (and over!) as it is meant to do.

The following is a list of things my Rangers have done under the three sections under criticism:—
Train Yourself to think

1. A discussion led by a Marriage Guidance Counsellor on the problems of growing up (also covered in the Relationships with people section). I felt that this also helped me a lot in getting to know the girls better and they certainly were not embarrassed or timid at speaking up.
2. A visit by a Minister of an Evangelist Group to talk about his beliefs—not many of which were shared by us—but we spent an extremely lively hour discussing his views with him. I did find that the Rangers, sufficiently provoked, opened up and talked quite freely on their views.
3. Visit by a Guider (now living in England) who spent most of her married life in Kenya and was an active Guider there.

Relationships with people (or enjoying life with others)

1. Spent a week-end at a Ranger/Venture Scout camp (Grantham—Venture '68). Also a week-end at 'Camp-Out' Wollaton Park—visited by Chief Scout.

2. Service project organised by our own Unit—decorated one room in our Scout/Guide Headquarters.
3. Helped on a Nature Reserve on the work of clearing up the site and making paths—along with Venture Scouts and other Youth Groups.
4. Helped others less privileged than us to enjoy themselves (helped at our local Orthopaedic Hospital on Saturdays and Sundays playing with the children).

I feel that with the Character Section—only the Rangers themselves can assess whether or not they feel they are ready to be invested and I ask them to read this section through very carefully and then decide for themselves whether or not they are ready to take the Ranger Promise.

The comment on Page 62 of the Ranger Guide Handbook may help to make my point when it is suggested that remarks be added after completing each section like 'enjoyed it very much' or 'utterly boring, but at least it made me take care over my hair.' Something is always achieved.

JEAN CARRINGTON, Ranger Guider,
Kirkby in Ashfield Ranger Guide Service Unit

Eager Beavers

I should like to comment on Mrs. Gunn's letter in the January GUIDER about the new Brownie Guide programme.

The problem in our Pack is that we find the 'foot-path' too easy. One Brownie in particular passed all four Challenges in one month.

We stopped using the Pocket Books as they were soon spoilt by eager Brownies completing them during the first week. I agree with Mrs. Gunn that the Brownies would be better with a test card or Challenge card which would give the necessary requirements. Our Pack have been using Challenge cards since September, instead of the Pocket Books numbers 2, 3 and 4. On asking several Brownies which they preferred their choice was the Challenge cards.

(Miss) ANNE COOPER, Assistant Brownie Guider,
1st Bridlington Pack, Yorkshire.

Programme Secretary comments: *The middle pages of Pocket Books 2, 3 and 4 give pictures relating to the eight points of each Journey. The Brownie colours each picture when she and her Guider agree that she has covered that particular part of the Journey. It seems a pity to make cards when a method of recording progress is already available. Most Brownies enjoy colouring a picture.*

God, The Church and Guiding

The following observations may help some young Guiders who, after reading the new Handbooks and noting the religious policy, may be experiencing doubts with regard to God, the Church and Guiding:

You are one of many people, young and old, who have problems concerning the development of their religious conviction. You will perhaps be told that your doubts are just a phase, and this may well be true, but the way in which you tackle them is vital.

For many it is necessary to examine honestly all aspects of religious belief before a deep and lasting faith can be acquired. It is a criticism of the Churches today that they are far from being the 'body' which is visualised in the New Testament. Human error and misjudgement are responsible for this.

If we opt out of Church attendance, then we lose the opportunity to make our own contribution, however small, to the future of our Church. Within the body of the Church we have access to a continuous process of spiritual and religious education which is difficult to experience elsewhere. When we belong to a Movement such as the Guide Movement, with its emphasis on

service and character training, then our beliefs can be put into practice.

Many people could say that in times of stress, they have become very much aware of God, and have been given help often in a very practical way, when despair was near. It may be through continued service when we are in doubt, that we find the truth. As Guiders we can help young people to understand this simple truth, and in the company of children we can often learn a great deal in return!

The religious policy of the Guide Movement requires that every Brownie, Guide, Ranger or Guider should acknowledge the existence of God by making the Promise, and keeping it to the best of her ability. There is no particular emphasis upon the Christian Religion, though in this country there is a predominance of Christians in the Movement, and therefore it is according to this faith that many will interpret the religious policy.

The Guide Movement as a whole acknowledges that to expect a Guider to have acquired a deep and lasting faith, is frequently to ask too much. It could deny freedom of thought and the right to question. Therefore, if you have doubts, continue to search. There will be many questions which will be answered as you go through life, and many which will remain unanswered. In relationships with Guides and Brownies, honesty is a most important factor. Awareness of the love of God is an integral part of the new Programme as it was of the old. Finding out about the nature of people, or other countries is fun. Finding out about God should be just as lively.

If at any time you come to a definite conclusion that you must deny the existence of God, remember that you are not the first to do so. St. Paul for example did just that, before his remarkable conversion! However, there will always be a place for you working alongside members of the Movement, perhaps as a Unit helper, specialist instructor, or tester. These people are not bound by our Promise.

NANCY J. MATTHEW

Fish and Fowl

I was surprised to read the article in the January GUIDER about my Guide Company's efforts in the Fish Shop. I had planned to write about this experiment myself, after I had seen where it led us.

A Patrol a week went to learn the skinning, gutting and filleting of fish. How easy to plan the programme with always one Patrol out for six weeks, but that was not what happened. We live inland and Mr. Jones went to Newhaven to collect his fish on the afternoon before our meeting. There were various difficulties to contend with, such as, if rough the trawlers could not get in, or the swing bridge would be up with Mr. Jones on the wrong side. We started in May and the sixth Patrol went in November. Our thanks went in the form of a fruit cake iced to look like the sea with a large fish in the centre. One Patrol recently got themselves taught how to do all six forms of cake icings.

With Christmas still coming, I heard a whisper that turned into a request 'Please, can we learn to pluck and draw poultry?' I found a young farmer's wife who was prepared to teach Guides, the difficulty was to find chicken plus feathers.

Eventually twelve Guides and twelve birds arrived at the Guide hut. I had my doubts about four doing the whole job. How wrong I was. Only one Guide suddenly remembered that Mother was meeting her at the end of the lane and please could she go! Another got into a panic because she couldn't find any kidneys in her

bird, so we had an anatomy lesson. My job was the feathers!

Since Christmas they have asked if they can complete the job. As you have probably guessed, I am now looking for rabbits plus fur. I have been told I would get on better if I went out and shot them. I know who would come off best, but the Guides are serious. They want the rabbits.

Much has been learnt, but more important still, many did a job they did not relish doing. Out of the thirty-six girls not one funk'd cleaning fish—that, I feel, was the highest achievement. Alone some would never have done this, as a Patrol they made the effort and won.

Guide Leader, 1st Forest Row Company

Jennifer Hewitson replies: *I am sorry I jumped the gun, but this story seemed such a marvellous idea that I felt it could be helpful to others. It has snowballed in the best way imaginable; what new ventures will it lead to?*

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WHAT WE HAVE DONE

by Jane Horne

Illustrated by Jennetta Vise

BBROWNIES in Hanover have been very busy this year as a result of an idea produced by the Brownies themselves. As all test work and work on the old programme was finished the Brownie Guider asked her Brownies what they would like to do. During the discussion which followed one or two highly impracticable suggestions were made, including the adoption of a donkey ('My dad will keep it in his garden during the week!'). But one idea has since proved to be very good indeed. Two of the Brownies knew of a home for young German orphans which has a Pack of German Brownies. They suggested that these German children should be invited to a Brownie meeting.

This idea was received with great enthusiasm, the German children were invited and the Brownies themselves got busy planning what should be done at the meeting. In order to make sure that the language problem should not be too difficult the Brownies decided to start the meeting by playing games chosen by each Pack in turn and then each Pack should sing its favourite songs to the others. The joint meeting was a great success and at the end the British Brownies produced a cake decorated with a British and a German Brownie done in coloured icing.

Since then the German Pack have been invited to Revels and our Brownies have knitted blanket squares and made peppermints packed in decorated jam jars to give to the German children for Christmas.

All the children have got on very well with each other, language has proved much less of a problem than was feared and a number of joint meetings are planned for next year.

The Brownie Pack in the small town of Munsterlager is very lucky to have a lovely little hut all of their very own in which to hold their meetings. It is set in a clearing in the middle of a small wood and a more delightful meeting place would be hard to find. Because of these surroundings the Brownies have been able to do all sorts of things with leaves; making scrap books with drawings of trees done by the Pack artists; making notes about the trees and including leaf pressings done by the younger Brownies.

In the summer the Pack helped with the Garrison

Bazaar. This turned out to be a great venture. The Brownies ran their own stall on which everything was made by the Brownies themselves. There were waste-paper baskets, string boxes, oven-cloths, match-boxes with pretty covers and all sorts of other things far too numerous to mention here.

At the Bazaar the Brownies heard of an orphanage in Singapore and they decided they would like to send some clothes and toys to the children there. A collection was organised and then several meetings were spent in cleaning and repairing everything they had gathered. Needles and cotton were much in use and all the clothes had to be cleaned and scrubbed. The younger Brownies proved to be very good at this but they were rather extravagant with the soap powder and there was 'frothy foam' everywhere! At last all was ready and the articles were all packed up and sent off with the hope that they would help children less fortunate than themselves.

In another Garrison town this year the Brownies have joined with the Cubs in a joint venture to help some German old people living in the area.

The idea was to provide these old people with firewood ready chopped up in small and easily handled bundles. Both Brownies and Cubs went round local shops, British and German families' homes, Army camps and local factories to collect unwanted wooden boxes. Transport was rather a problem and many a pram was 'borrowed' when mum wasn't looking, later to be seen creaking along the road buried under an enormous pile of boxes and propelled by one or two Cubs or Brownies. When all the boxes had been collected a joint meeting was held and the Cubs chopped up the wood (a few grey hairs but no fatal injuries!) and the Brownies tied it up into bundles. The following Saturday the bundles were delivered with wishes for a warm winter for the grateful recipients.



IN OUR DISTRICT

(District Assistant—Camping)

by Dorothy Meadus

My dear Molly,

I have always told you that I can think constructively when I talk things over with you, and at this moment I need your listening ear and wise comments. Can you bear it if I try to 'talk' my way through this letter, in the hope of reaching some partial solution to my problem?

The Commissioner in this District has asked for my help with camping, to be one of the new District Assistants! I hadn't the heart to give a point blank refusal but how and where can I start? I don't even know the Guiders' names! On the other hand I can see the D.C.'s point of view. She says that much as she enjoyed the weekend she spent at last year's County Camp, she hasn't the time or inclination to master the art of camping. She also told me that she got to know the Guiders really well during that weekend, and it has just struck me that her knowledge could be a starting point for me.

She will know which Guiders are able to take the responsibility of being in charge of a camp and which may not be ready—quite apart from camping skill. I could list those with camping or Pack Holiday qualifications and their degree of experience. Another list, of non-campers, could show their problems and ties. These problems often appear insurmountable but with goodwill it's amazing what can be done. One urgent need is to devise some training in the simplest camp skills so that every Guider can train her own Patrol Leaders.

The ideal set-up would be the semi-permanent use of a patch of garden and shed. We could then store a small ridge tent, screening and gadget wood ready for immediate use. (Please note—I have no intention of playing this the hard way, if I take the job on!)

We could have series of trainings, each of them for two or three people. Young mothers could come in the early afternoon, finishing in time to collect children from school (I'm sure we could cope with a pram or toddler). Non-campers could be catered for in a 'Camp skills for beginners' group, this would prevent their feeling they must keep their 'end up' with the young Guider who has camped as a Guide. Evening or weekend trainings might be more suitable for the latter. I wonder if something could be organised for the semi-experienced, perhaps at Division level.

I ought to arrange to meet the Division C.A. to talk over plans. She probably has the latest information and will certainly be able to tell me how the District rates as regards camping numbers and standards.

Camping numbers raises a point! Should I do anything about taking the Guides to camp? I am instinctively against this temporary solution, but, if I won't take them and their Guiders can't, what then? Hold on!!! Only last week I heard of a Company of 23 Guides who, between them, managed 136 nights under canvas last year, on the strength of their Patrol Permits. Their Captain couldn't camp! This is where my scheme for helping the Guider could bear fruit. I could leave the teaching of skills to her and supplement the training she gives with 'Fireside Chats for P.Ls.' or those hoping to get their Permits. Discussions on 'Wet Weather Camping', 'Keeping the Patrol Happy', 'Kitchen Planning' would all be useful. Shattering thought! Am I to be involved in finding safe places for Permit Holders to camp? Guiders and Guides can get to work on this. Some of my friends have gardens in varying sizes and state of cultivation. Could discuss it at the District meeting. Must find out about camp equipment in the District, too; which Patrols and Units have their own and so on.

I shall need to think about Pack Holidays, Outdoor Tests, Ranger Weekends, Combined Ops.; and nowhere can I see a dividing line between the General Programme and Camping. I'm no longer saying 'where do I start?', it's 'where do I stop?'.

While writing this I have scribbled odd messages to myself as reminders:—

- a. For complete co-operation the D.C. and I must meet regularly. Must keep her informed of all my plans.
- b. Should like to go with her, or alone, to visit the Companies and Packs. Some may already be taking a full part in planning and preparing for their own camps and holidays. Others may need help—not only with camping skills but with camp programmes.
- c. Should also like to go with her when she visits camps. Largely for my own interest and information.
- d. Ought to make an effort to go to Division and County Trainings to keep myself up to date.

I seem to have talked myself into this job!

One last word. You always said you wished we could camp together. May I come with you and your Company this year? I want first-hand experience in good Patrol camping.

Yours ever,
Dot.

THIS COULD BE YOU . . .

WHY I CHANGED MY COLOUR

by Elizabeth Towner

Illustrated by Catharine Towner

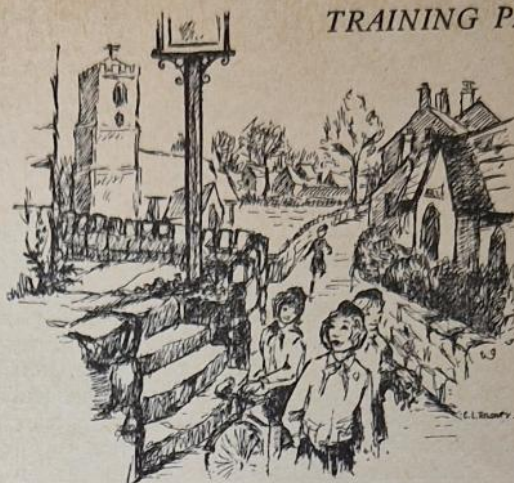
A FRIEND visiting us in our new house in a tiny Somerset village watched the mischievous faced small girls of the choir troop out of church, and whispered to me 'you won't resist getting that lot into brown uniforms'; but I did. It was a couple of years before they were in uniform, and the colour—blue!

The fact that I met week by week with a Pack of Brownies and now have started a Guide Company seems to amaze all my friends. The question that comes to mind is 'why did I take to Brownies in the beginning?' Up to my seventeenth birthday I was a Guide and a Pack Leader and on moving to a new home where there was a Company established it was inevitable that my enthusiasm led me to start Brownies. I rightly thought that I was too young for a Guide Guider, but I felt I could manage Brownies! P.O.R. said to hold a warrant the candidate must be 21 years of age. My warrant was my best 21st birthday present! I've always been slow to realise the obvious, but it has dawned on me recently that I am not as young as I was, and possibly I *could* manage Guides now, after all the Brownies in the Pack now are the children of 'my Brownies'!

Surely none of us should be too stuck with our own section. We may decide that a certain age group really appeals to us, but at least be aware of the others, and if at some time it seems right to move on, well, up and move! After all, Guiding has much to do with accepting challenges.

But why change when I did? Because the new programme was exciting? Because there were friends who would help and take the Brownies? Because after two years in our new home the village would accept it if the newcomer started something? Because we had a new Rector eager to start activities within the community? Because the boys had just begun Cubs in a nearby village and would go on to Scouts? Because there was nothing for the children and not even a bus service if they wanted to go to town? Yes, all these were reasons and important ones, especially the business of filling a need and fitting in with the village. How important that we should not meet at the same time as choir practice, or on the night the mums play skittles, how important

TRAINING PAGES



that there should be good relations with the church. We had to work hard at that because the Rector wasn't sure that Guiding was a good thing. Accidentally all three of us got ourselves elected on to the parochial Church Council in our endeavours to get that straight! Obviously the Company needed to be seen to be a good idea, so our very first effort turned out to be making sweets—Homecraft skills, (bubbling toffee on Gaz stoves) beautiful boxes to put them in—the Arts, and selling them for the church bazaar—Service.

I haven't lost sight of the Brownies, and I find we have lots of stories from their elder sisters and they all give me a wave when we meet in the village. Great plans are in hand for our joint first Promise ceremony. After all this excitement it has occurred to me that I am one of the few Guiders who *hasn't* made a change. What fun I used to have with my ten-year-old Brownies, what fun I now have with my ten-year-old Guides. Indeed the ten-year-olds are surprising us all. Last week in the village Primary school, prayers were taken by different people each day. Monday, Scouts—Nic and Malcolm went on an overnight hike last weekend, their first Scout activity—Tuesday Cubs, Wednesday Guides, Thursday Brownies and Friday the Rector!

Of course I am making mistakes, being keen not to treat them as Brownies. I am probably erring the other way, as Lorna said last week when I endeavoured to teach them a complicated action song 'Ask me to spell Rhododendron and I'd get on better!' But they are not so different from Brownies. Imagine our surprise and delight on the night of hallowe'en when 24 witches parked their broomsticks in the cloakroom and entered complete with black dresses, pointed hats and lurid make-up. We Guiders felt very undressed as we were not aware that we had even suggested dressing up. Yes, the Guides are fun all right. If you are feeling stuck in a rut or void of inspiration, or sad that you've seen so many 'super' Brownies fall away as Guides, why not accept the challenge and make a move? After all, Guiding is Guiding whatever the colour. But let me as a footnote add that my dear old yellow owl still sits on my dressing table, and will continue to do so!

WHEN I accepted an invitation to open the Alverstoke Land Rangers Den, I never imagined just what the den would be. When I arrived for the opening ceremony I saw it was a removal van—painted grey and decorated with red ribbon. Previously the Unit had a den in a Children's Home but had to move, then they acquired a lock-up garage but this had many problems and so they started searching again. A kind friend offered a removal van.

Next came the problem of where to put it and another friend came to the rescue, offering a piece of waste land in the corner of a joinery works. Then came the task of planning alterations and colour schemes. Rangers' fathers helped with the wiring for lighting, putting in windows and panelling but the Rangers worked hard as well. It took three meetings



WHY NOT TRY—

From A Handbook for Guiders, Guide Section

Opportunities to think for herself. 'Town Quiz', page 109.

Preparation at Patrol Leaders' Training for an activity that takes place in the streets of the town or village.

- (a) Discussion of behaviour when Guides are taking part in challenges that take them into the streets.
- (b) Decision by Guiders and P.Ls. on the 'rules' to be observed, i.e. number of Guides that go together, where to cross roads, no running, etc.
- (c) Possibly give P.Ls. a similar challenge to carry out during their training, e.g. all follow a certain route from the meeting place and back. On return answer questions on facts that could have been observed during the walk.
- (d) Discuss results, problems that arose, how such an activity would work with the whole Company, how P.Ls. would need to organise their Patrols, where Guiders will be during the activity—possibly one at the meeting place and one about in the streets.

Preparation by the Guider

- (a) Decide on a time limit for the activity.
- (b) Arrange the points to be given for correct information discovered and correct answers to additional questions.
- (c) Prepare the quiz and the extra questions. This may need to be done on the day of the meeting as the answers may vary from day to day.

This activity could be adapted to cover some aspects of local knowledge. Alternative kinds of information could be:

Either—Times of church services; first and last collections of mail from pillar boxes; position of telephone boxes in the area; times of last buses; place and times of welfare clinic, library, etc.

Or—Plan the best route from point A to point B for people travelling by car, bicycle and on foot.

B.S.

From A Handbook for Guiders, Brownie Guide Section

Use Your Head. Part 2, chapter 9, page 56. 'Ask each Six to display a different emotion suggested to them by you using some one part of the body only, "head", "hands", "feet", etc. The others guess which emotion it is'.

1. How will you explain 'emotions' to Brownies? Are they the 'feeling' part of us?
2. Start in a quiet way, possibly seated in Pow-wow, by saying: 'Keep very still and imagine you can hear some beautiful music.' . . . 'Now without moving your heads, look at the expressions on people's faces'. Then make a sudden noise and point out the changes in expression.
3. Place some cards face downwards in the centre of a circle bearing the words, 'sad', 'happy', 'gay', 'sullen', 'miserable', 'angry', etc. (They need not *all* be different). Each Brownie picks up a card and in turn mimes the word, using only facial expressions. Don't forget to think out a way of stopping the Brownies all shouting out at once.
4. Challenge each Six to mime an action, using only their feet or hands.

J.B.

Rickman



Illustrated
by
Elizabeth
Wall

to decide on the colour scheme alone. Every spare minute was spent painting and cleaning to transform the inside to a light and spacious room. It is now tastefully decorated with white walls, blue carpet and gold upholstery on the seats (purchased second hand from a local Coach firm). The driving cab has been converted into a kitchen and back door. Calor gas was installed and the Rangers were ready.

It has cost the Unit about £60—which they raised by two dances, a jumble sale and weekly subscriptions. It has taken over two years to complete—as once it was wrecked by local hooligans and they had to start all over again. Since they started the second time they have doubled their numbers, and are justly proud of 'their Den'.

LET'S HAVE A DIVISION MEETING

by Joyce Scroxton

*'Ours goes on till nearly midnight.'
'Ours is mostly listening to reports — we
don't get the chance to say very much.'
'We look upon ours as a marvellous chance
to let our hair down.'*

THREE comments on three Division meetings which tell us a great deal about the way the Committee is chaired.

The Division meeting is the first link in the chain of communication in the County, and on the conduct of it depends how much information eventually reaches the Guiders and the manner of its reaching them.

It is one of the functions of the Division Committee to give to the District Commissioners, and through them to the Guiders, opportunities for discussion of policy, plans and ideas which have been agreed or talked over at the County Executive and which need interpretation and discussion before implementation.

Biased reporting brings the art of chairmanship into disrepute and helps no-one. The Chairman of any Committee has, as part of her function, the task of encouraging each Committee member to take part in decision-making by encouraging the expression of honest opinion within the Committee (rather than uninformed comment outside it) and to ensure that everyone at least has the opportunity of making her views known if she wishes to do so. This opportunity is unavailable if the Chairman expresses her own opinion so forcibly that members of the Com-

mittee feel inhibited in saying what they think. A decision arrived at as the result of a majority vote should be reported back unemotionally and without bias whatever the personal opinion of the reporter. What is perfectly permissible is for a rider to be added to the effect that 'I abstained from voting,' or 'I opposed this but the vote went against me'. This still gives Committee members the chance to express *their* views and it is vital that they *should* say what they think as there is no quicker way for the County to obtain the informed views of Unit Guiders.

Valuable time can be wasted at Division meetings by unnecessary verbal reporting of items of information which would be better typed and distributed at the beginning of the meeting. If reports *must* be given verbally the Chairman should ensure that the information is given clearly and briefly. The human voice can have soporific qualities, especially if it is the same one with no relief, so it can help if the reporting is shared and the agenda can be so framed that the Division Camp Adviser and the Division Secretary take over relevant items from the Chairman.

And how invaluable a good secretary is. If the Chairman is not in the top flight as an administrator herself it is sensible to take advantage of these valuable qualities in the estimable Secretary. She can frequently steer the Chairman through the intricacies of Committee procedure, minutes and agendas and thus ensure the smooth running of the Committee with the minimum of effort. In this way she frees the Chairman for *her* job which is to give

(Continued overleaf)

BE A FERRET

by Jennifer Hewitson

DO YOU ever get that feeling towards the end of winter that summer is a long time coming, and wonder where on earth your Brownies get their unflagging energy? Their legs never seem to tire of running, nor their tongues of wagging or their minds of racing. Do you ever long in your Pack meeting for a quiet time, but feel (especially if you are a fairly inexperienced Guider) that as soon as you try for this, those demon bundles of energy will plunge into chaos? You take your Handbook and run your eye down the Contents page and see nothing but activity at first sight, then turn to the Index at the back, but Q does not even feature, let alone the magic word quiet. So be a ferret, and seek out the help that you and the Pack require.

Miraculously, you will not have far to seek. Page 27 has the reason for it: 'Quieter periods are also needed—times of complete relaxation and times when there is a chance to wonder, to question, to absorb, and to imagine, though very often these mental processes take place alongside the physical ones!' But you have probably worked this out for yourself already, and it is not the 'what' or 'why' but the 'how' that is the stumbling block. The Handbook will help you with many sorts of 'quieter periods'. It will advise you on story telling (p. 116), which is basically a 'you to them' activity, group quiet activity (pp. 31, 32), a 'them to you' response (p. 55 'A Beauty Show'), or a whole Pack together (p. 48 'The Sleeping Beauty').

The Handbook provides you with a whole host of quiet activities which can be done individually, in pairs, in Sixes, in age groups or as a Pack, so that you can meet the needs of your Brownies at all stages of their development. Look at pp. 36/37, 43/44, 50/51, 54 (Greeting cards), 56, 61 (Know your friends), 64, 67, and yet more when you start ferreting yourself.

Quiet is not necessarily an indoor activity, or a sitting-down one. Brownies will be quite happily absorbed and relaxed on a Finger Find (p. 73), Treasure Hunt (p. 37), Find Out For Yourself (p. 68) or a Mini-Museum (p. 74).

The Brownies will not be remotely interested in the development of their characters, they simply want to be doing and discovering. But you do not lose sight of the wider implications of the activities your Pack enjoys. Here, too, the Handbook is a help, in giving you the background to children's development, and the framework of the principles of the Guide Movement. Chapter 6 is one. The paragraph on rest in Chapter 7 may be a natural lead on from your realisation of the need for times of relaxation in the Pack meeting. You will find on p. 95 help towards the balance of your programme, and on p. 117 advice on handwork that it is well to

heed before the Brownies are let loose on their projects.

Then there are the awkward times. Do you have a beret snatcher, or the one who used to be so helpful and is now a little wretch? The Handbook has some helpful thoughts here, too. Try pp. 90, 92, 97/98/99. In any case, it is nice to know that you are not alone with your problems!

What about the Brownies as ferrets? Probably there will be some who have the ability to ferret about in a Handbook. There may be moments when to direct them towards a preliminary hunt might be rewarding. Suppose your Assistant is away with 'flu, and Mary Jane has a nose bleed. You will not want the entire Pack around proffering advice and assistance. This might be the moment to suggest they find a puzzle in their Pocket Books and do it, or set a challenge for the best shaded picture, using only the pencil in their pocket, (or green dye out of grasses or leaves), or that they look in their Pocket Books for a new Good Turn and decide how to do it, or with their Sixer try to find a Good Turn in their Handbook they can do as a Six. The Pocket Books and Handbooks are tools, and the better they are used, the more skilful we become.

Division Meeting

(continued from page 95)

full attention to helping the members of the Committee to participate fully in the work of the Committee. It is she who probably sees the moment when it is time for a tea or coffee break (this will vary with the length of the agenda and the stamina of the Committee members!) and ensures that no one is sitting with a howling gale blowing down her back from a half open door, or is dropping off, not through boredom, but because there is not enough oxygen in the room to be shared amongst all those trying to breathe it. The physical comfort of Committee members is extremely important—vital decisions have been accepted or rejected purely on the strength of a few aching backs and splitting headaches due to a bad Committee room.

The secret of any successful Committee is careful planning beforehand. And at the Division Committee which tends to have a long agenda this is extremely important. While the Division Camp Adviser and the District Commissioners *must* be given sufficient time to 'say their piece', the time factor weighs heavily and it is part of the Chairman's skill to recognise what is important to the whole Committee and what is of concern to only one person and to do it without causing frustration to the person raising a matter of limited concern. Keep an eye on the clock and remember that the longer the meeting the less valuable it becomes towards the end. After a busy day at the office or in the home there is a limit to what people can take in and to what they can give. Committees may keep minutes but they do *not* have to take hours to be effective. Believe it or not—Committees can be FUN!

UNDERSTANDING YOUNG PEOPLE

by Gwendoline Johnson

MUCH of our lives is spent trying to understand others (and in wishing others understood us better than they do) but as Guiders we have a particular responsibility for really getting to know the children we hope to help if we agree with Henry James that 'we care what happens to people only in proportion as we know what people are'. If we could say that trying to understand each Guide is like unravelling a mystery, then we must begin by looking for relevant clues and so, as the Guiders' Handbook says, 'mostly it is a question of watching and noticing, listening and learning to recognise what is significant' (Page 28). Have you discovered how many opportunities the new programme gives you to do just this? The Guides are making their own choice of activity, communicating naturally with each other, with the Guider as an unobtrusive spectator, finding time to become aware of each individual's problems and immediate needs for growth, instead of clutching a whistle and having to concentrate on the melée around the ball.

What sort of evidence have we gathered so far? We may have made some notes about the Guide's



personal circumstances — her family and home background, her physique, the badges she has won and her special interests, but HOW she behaves, HOW she feels about herself, i.e. the quality of her inter-

action with other people is just as important as WHAT she does. Listen not only to what the Guides say to each other but also how they speak; watch their eyes, their body postures, their gestures, and their facial expressions as all these are vital small clues to their feelings and thoughts.

Test your own powers of observation. Can you fit each of the following comments to a Guide in your unit, producing supporting evidence from several occasions?

ATTITUDES TO OTHER CHILDREN

- 'Good mixer, talks to many others, popular'
- 'Associates with only one (or few) friends, during meetings'
- 'Disliked or shunned by many Guides'
- 'Kind and helpful, considers others' needs and rights'
- 'Intolerant and impatient of less able Guides, pushes them around'

Illustrate by Catherine Towne



- 'Never squabbles or makes unpleasant remarks about others'
- 'Modest, never brags or shows off by clowning, pulling faces'
- 'Over-anxious to be liked by others, easily led'
- 'Never sulks or is disagreeable if not getting own way'

ATTITUDES TO ADULTS

- 'Eager to answer questions, to speak out and help'
- 'Over eager to greet Guider, clamours for attention'
- 'Accepts praise without embarrassment'
- 'Never comes to speak to Guider on her own initiative'
- 'Does not mumble shyly, blush, when spoken to'
- 'Seeks attention indirectly by loud, excessive talking'
- 'Takes constructive criticism well, without resentment'
- 'Constantly near Guider, wanting to show her all she does'
- 'Never heard grumbling about her parents' or teachers' decisions'

ATTITUDES TO GAMES, GUIDE ACTIVITIES, ACHIEVEMENT

- 'Often contributes ideas, suggestions and shows initiative'
- 'Apathetic, content to get-by'
- 'Aims high but is realistic in level of aspiration'
- 'Bad loser, makes a fuss or gives up when game is going against her'
- 'Slapdash, easily bored'
- 'Shows good powers of concentration, sticks to job faithfully'
- 'Happier with passive games rather than active ones'
- 'Cheats, if possible to do so unobtrusively'
- 'Willing that rules should be varied slightly to help weaker Guides'

PERSONAL HABITS

- 'Punctual'
- 'Fidgets'
- 'Reliable'
- 'Careful with own belongings'

(Continued overleaf)

THE GUIDER

EXTRACTS FROM THE PRIVATE DIARY OF A DIVISION COMMISSIONER



James said, you look as if you need a shoulder to cry on, have mine. Later he said, what is it all about? I said, I've been such a fool. It is at least possible, said James, what happened? I went to visit the 2nd Pickaback Brownies, I said, with the new District Assistant, Miss Flyover . . . Glen asked me to take her as she couldn't go herself . . . I told Miss Flyover that she mustn't be disappointed that Miss Thynne was a Brownie Guider of the old school and her Brownies never seemed to do anything very exciting. . . . When we got there they were playing a game but they stopped and gave us a nice welcome and then I told them to go on. . . . Well? said James. There was one Brownie behaving abominably. She had opted out of the game and was standing on her head in a corner and Miss Thynne took absolutely no notice of her. . . . I could hardly bear it because the Brownie had an eye on me and was quite clearly saying: I can do just what I like, no one tries to stop me. . . . And then they began to do handwork, finishing off little mats they had made and this same Brownie, Pamela, finished hers and ran across the room and said, this is for you, Commissioner, and tried to give it to me. I thought, you little show-off, and I said, no thank you, Pamela, I am sure your mother would like to have it, and then I heard Miss Thynne saying, Pamela, you have made that mat so beautifully, I was wondering if I might have it, and I thought, how could she be so foolish. . . . Well? said James. The Brownies went home and Miss Thynne told us about Pamela, I said, her parents are always quarrelling, they walk out on each other at intervals and she gets no real love. . . . Pamela's odd behaviour is a cry for help, said Miss Thynne, she's asking for the attention she doesn't get at home but she's better than she was. I think she is finding some security with us all, we are doing our best to help her. And on our way home Miss Flyover said very pointedly, I was not in the least disappointed, Mrs. James. Oh, I feel so ashamed. That is the right ending to the story, said James. Cheer up, I still love you. Dear James!

THE GUIDER

Understanding Young People

(continued from page 97)

- 'Avoids your eyes'
- 'Adopts extreme youth fashions'
- 'Often depressed, long-faced'
- 'Careless with others' property'
- 'Confident walk'
- 'Good sense of humour'

If you couldn't think of anyone to whom a particular item might apply then have a closer look at your Unit next time you meet—chance favours the prepared mind. Is there any Guide whom you have not mentioned once? If so, she has not had a fair share of your attention in the past. Resolve to get to know her better!

It can be very interesting to try 'situation sampling' with your adult helpers' co-operation. Decide beforehand on an occasion when you will all try to be especially alert—e.g. during a Patrol challenge, or when a new recruit arrives, or when a Scout comes in with a message, or the time between Taps and locking up etc. Keep your eyes and ears wide open during those few minutes. Afterwards, make an opportunity to exchange impressions of individuals' reactions and you will find how differently each Guide may respond to the same situation. However, you may be equally surprised to discover how different the impressions gained by each adult may be. This warns us of the dangers which beset us in our search for clues, such as the distortion which creeps in with emotional involvement, with lack of objectivity. We may oversimplify and make the Guide fit into our general feeling about her—the 'halo effect'. We may jump to conclusions, erroneously assuming that others think and feel just as we would do, although it is true that having self insight usually helps one to make inferences about others.

However, our aim should not just be to improve our powers of observation but to act wisely upon what we find. (See Page 63 of your Handbook.) For example, the Guider who finds a cheat now has to look again to try and find reasons WHY this girl has an excessive need to win prestige. Help towards sympathetic understanding may come from further clues (over-ambitious parents . . . older sister very competent, popular, clever . . . seeks company of younger Guides . . . etc.) and a realisation that the Guide sees herself as a relative failure in many areas of her life. Public condemnation, or even quiet reproof, may stop her cheating but would she grow or dwindle as a result? Perhaps the Guider might re-read the description of adolescent needs in her Handbook (pages 29-31) and, recognising the Guide's desire for her efforts to be appreciated, find her jobs where she can win legitimate praise and feel a worthwhile person? Perhaps the solution won't be so simple? The important thing is that the Guider should act *after* careful observation, *after* matching this against her knowledge of girls, gained by both first and second hand experience, *after* making a genuine effort to understand what factors are contributing to shape the personality of this unique person, whom she seeks to help to the best of her ability.

HERE AT C.H.Q.

THE occupation of our new premises at Greencoat House is now complete, with the move of Stock Control over to the new building at the end of January. As many of you will know, the departments now transferred to Greencoat House were working in very cramped conditions at C.H.Q., and they are already feeling the benefit of their new surroundings.

P.O.R.

At last the long-awaited new edition of P.O.R. is looming on the horizon. At the time of writing the printers are racing to finish the job, and publication date is Friday, 28th March. Copies will be on sale at C.H.Q. on that date. We hope they will be available at the same time at the branch shops and Scottish and Ulster Headquarters, whose supplies will be despatched from the printers on 21st March, but transport delays are of course beyond our control. P.O.R. will cost 3s 6d per copy, plus 9d postage.

Guide Films

Our Public Relations Department is busy with two film projects at the present time. A 20 minute colour prestige film is being produced for the Association by Menai Films Ltd., and will be ready in time for the Diamond Jubilee celebrations.

A new Guiding film strip is also in production—the aim of this one being the recruitment of Guiders and helpers. In colour, and with a sound track, the film strip will run for 20 minutes.

While on the subject of films, just a reminder that the Pathé Pictorial magazine film with a four minute sequence on Guiding is now on local circulation. If you have an A.B.C. cinema within reach, ask the manager to book the film—number 734 in the Pathé Pictorial series.

All About Badges . . .



Friendship Badge

The new British Friendship Badge is now on sale, price 2s. The new Badge is based on the winning design from a competition in 1967, which was won by Miss Barbara Franks of Ipswich.

Brownie Badges

As you all know the pins of these badges have been most unsatisfactory. For some time now we have been experimenting with a new one and the badge with the improved pin and safety catch will be available shortly. We regret that the price will have to be 1s. 6d., but we think you will agree it is worth it to obtain a more satisfactory pin.

Ranger Guide Badges

Still on this subject, we apologise for the shortage of Ranger Guide badges. Our Chief Buyer reports that the number supplied over the past year far exceeds the number of Rangers shown at the last census. This, in one way, is very encouraging

and means that Ranger Guides are on the up-and-up. To help us with assessing the needs of the Section we hope that new units will register just as soon as they possibly can do so.

Accident Prevention, Challenge, and Rambler Badge

More apologies are needed too for these badges. The manufacturers are doing all in their power to keep up with our demands, but it was unfortunate that we could not foresee the popularity of these badges introduced with the New Programme. I understand that the Badge Unit has now cleared the waiting orders for the first two badges, and we hope that 1969 will see this problem solved.

Camp Dress

Judging by the requests and the reception the Camp dress received at all Committees at which it was shown, we feel sure it will be popular and large orders have been placed both for ready to wear garments, and cloth and patterns for those who wish to make their own. A sketch of the dress was published in the February GUIDER. With the expected large numbers deliveries have to be phased, and you might care to place an order on the form at the foot of the page—to be dealt with as and when the stocks are available. Please address it to the Mail Order Dept., C.H.Q. If we can dispatch your order immediately this will be done, but if we are awaiting delivery of your size you will receive an acknowledgement and your order will be dealt with as speedily as possible, but not later than 1st April so that you have your dress in good time for the camping season.

May we emphasise that only Guiders' Camp Dresses, materials and patterns for the Camp Dresses should be ordered on the form.

Thöra McCarthy,
General Secretary.

Date.....	
Name	
(Block Capitals please)	
Address	
.....	
.....	
.....	
Please Supply:	
Quantity:	Size
..... Guider/Ranger Camp Dress	
..... Patterns for above @ 2s. 6d	
	each
..... Yds. material for above @ 6s.	
	per yard
I enclose P.O./Cheque value	

Headquarters' Notices

APPOINTMENTS & RESIGNATIONS

Diamond Jubilee Co-ordinating Committee Chairman
Miss A. V. Collins.

Duke of Edinburgh Award Adviser

Lady Marjorie Stopford has kindly agreed to resume the appointment as the Association's Duke of Edinburgh Award Adviser, to relieve Miss Collins while she is Chairing the Diamond Jubilee Co-ordinating Committee.

RANGER LEADERSHIP TRAINING

Due to the printer's error in the January issue of *THE GUIDER* the date for applications for this Training has been extended until the 14th March.

This Training is for Rangers of 16 and over working with Companies or Packs and will be held at Foxlease from 25th July-1st August 1969. Cost £8.10s.0d.

Rangers should write to their Country's Programme Adviser enclosing a stamped addressed foolscap envelope.

OPPORTUNITY TO SEE GERMANY

An international work camp for young men and women is being organised at Hedwig-Dransfeld-Haus, Bendorff/Rhine, from 13th to 30th July, 1969. There will be opportunities for tourism during this period which will be followed by a study visit to Berlin.

There will be no official Guide group joining this course and those attending will make their own arrangements direct with the organisation concerned.

For further information, apply to the International Secretary, C.H.Q.

SUBSCRIBERS TO THE GUIDER

Please note that when notifying a new address, the former address should also be shown and marked accordingly. We have many subscribers with the same name and it is difficult to link the subscriptions unless we have the full information.

C.H.Q. CAMP SITES

BLACKLAND FARM

Applications for equipped or un-equipped sites should be made to The Warden; please enclose a FOOLSCAP stamped, addressed envelope for his reply.

'Restrop', a chalet-bungalow is also available for Pack holidays, etc. Applications to the Warden.

Blackland has 127 acres of fields and woods, and has its own swimming pool. It is also an excellent centre for outings of all kinds.

BROWNSEA ISLAND

Camping sites are available on Brownsea from April to the end of September. Cooking is by Calor Gas only but all necessary equipment for this is provided. Applications to camp, with a foolscap stamped addressed envelope, should be made to Mrs. Dyke, Wendover, The Avenue, Sherborne, Dorset.

WANTED: HOUSEKEEPER

Resident, over 30. Supervision of staff, care of house, and linen. Apply Trefoil School for Physically Handicapped Children, Gogar, Edinburgh, 12.

THE GUIDER

Mrs. C. L. CARTER

We apologise to Mrs. C. L. Carter, whose initials were incorrectly given as 'C. C.' under 'Awards' in the January *GUIDER*.

FOXLEASE

The position of resident Guider-in-Charge will shortly become vacant. This is an administrative post of considerable responsibility, requiring qualities of leadership and good personal relations. Some experience of household and/or estate management would be an advantage. Applicants should have wide interests coupled with a sound knowledge of Guiding, and enjoy meeting people from other countries.

For further details apply to The General Secretary at C.H.Q.

LOCAL ASSOCIATION AND TREFOIL GUILD CONFERENCE

There are still a few copies of the printed report on this conference available from Public Relations Department, Commonwealth Headquarters price 1/6d. each plus postage (1 copy 4d., 2/3 copies 6d., 4 copies 8d. and so on). Apply as soon as possible to avoid disappointment.

NOTICE BOARD

COMMONWEALTH CIRCLE

The Commonwealth Circle will meet on Tuesday, 25th March, at Commonwealth Headquarters at 6.30 p.m. The Hon. Beryl Cozens Hardy, J.P., will be the Speaker.

1st SCOTTISH SCOUT AND GUIDE FOLKFEST

Will be held in B.-P. House, 3 Victoria Terrace, Edinburgh, 1. From 7.30 p.m. on Saturday, 12th April.

Applications for tickets at 3s. or further information to:— The Scout Association, Scottish Headquarters, 44 Charlotte Square, Edinburgh, 2. Tickets are limited to 12 per application. Please enclose S.A.E. and remittance.

JEWISH GUIDE ANNUAL SERVICE

The Service is to be held on 11th May 1969 at the St. John's Wood Synagogue, Grove End Road, London N.W.8 at 3.15 p.m. Members of open Units are particularly welcome. Hospitality can be arranged for any members of the movement outside London. Any further information can be obtained from the Secretary, Mrs. F. Gordon, 47 Ethelbert Gardens, Gants Hill, Ilford, Essex.



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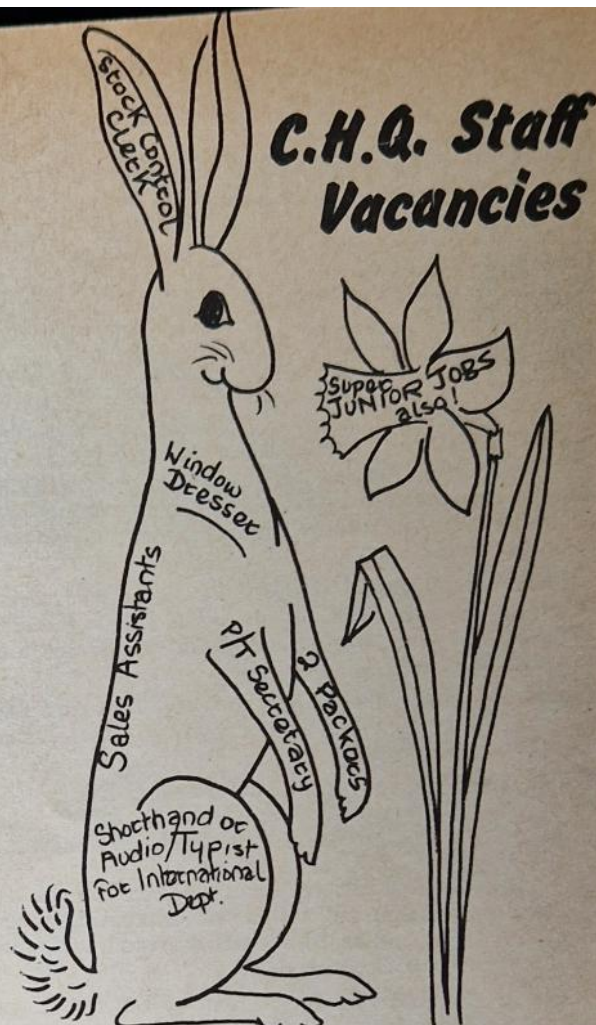
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March 1969



C.H.Q. Staff Vacancies

Arts Assistant to Programme Secretary. She will be Secretary to the Arts Committee which consists of specialists in Music, Drama, Heraldry, Visual Arts and Crafts. All matters relating to the Arts in the Guide Programme are the responsibility of the Committee, for example: the annual Painting Competition; the loan of musical instruments to talented members of the Movement; the co-ordination of Music and Drama events. The Programme Department is also concerned with the Programme and Extension Committees, the Duke of Edinburgh's Award Scheme and the Handcraft Depot. This position calls for an interest in, and appreciation of, the Arts—the ability to type would be an advantage, but full secretarial skills are not essential. Age 25-35. Salary range £850-£1,100 per annum.

General Office Manageress for our Services Department. The successful applicant will have a knowledge of current building practice and all office procedures. She will be aged probably between 30 and 45 and the starting date for the appointment will be as soon as possible. Four weeks' holiday per year. Salary will not be below £1,100 per annum.

Mrs. Dodd, C.H.Q. Personnel Officer, will be happy to give further details with regard to any of the above vacancies.

We have our own excellent restaurant on the premises and staff are given House Luncheon Vouchers. C.H.Q. is within easy reach of main line stations, bus routes and Underground.

Map Reading

Prayers

by Elizabeth Poole

WONDERFUL opportunities come our way as Guiders. Do we use them to give meaning and added interest by relating them to our programmes and the things that are going on in our everyday lives?

Here are suggested Prayers for use after a Map Reading Evening, sent to us by a Guide Guider. Perhaps you and your Guides could apply this idea to other themes.

Guider: Jesus said, 'I am the way, the truth and the life—no one cometh to the Father but by me.'

Guide 1: Make us good Map Readers Lord. We know that You have a plan for our lives, a map on which there is a route for each of us to follow. God's route for You, led You to a Cross, but You ask nothing so demanding of us. Help us to find Your way and to follow Your directions.

Guide 2: So often we forget that we can find Your directions—
as we read the Bible,
in our prayers,
as we worship in church,
in a sermon.

Guide 3: In the street,
on the signposts in the street,
in an advertisement,
on the poster in the window.

Guide 4: In our homes,
at school,
in our play.

Guide 5: In everything we do and everywhere we go, You are there, but we have to confess, Lord, that we are so often pre-occupied with our own thoughts and actions, that we fail to hear Your voice or recognise Your guidance, seeking to lead us along the road You would have us follow in our daily lives.

Guide 1: Lord, make us good Map Readers of Your way.

Guider: Lord Jesus, who said, 'I am the Way',
show us the way we ought to go;
Lord Jesus, who said, 'I am the Truth',
teach us the truth we ought to know,
Lord Jesus, who said, 'I am the Life',
show us the way to lead our lives;
This we ask for Your sake. Amen.

THE GUIDER

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Where to Train

TRAINING BURSARIES

GUIDERS attending Guider trainings at Foxlease, Waddow, Netherurd, Broneirion and Lorne are eligible to apply for Training Bursaries. A Guider may receive only one such bursary, except in special cases where the Commissioner may recommend a subsequent award, e.g.: where a Guider changes her Section or becomes a Commissioner, etc.

Fee Bursary: This entitles a Guider to a reduction of half the fee for a shared room. She may request to be in a single or double room but will have to pay the extra charge above that allowed by the bursary.

Travel Bursary: This entitles a Guider to a grant covering travelling expenses in excess of 30s. and is available only for the nearest Training Centre. A travel bursary in addition to a fee bursary, is allowed only in cases of special need and a detailed recommendation from the Commissioner is required. Payment of

this grant is made at the Training Centre on production of the bursary form.

Angela Thompson Bursaries: These are available for any Promise and Law Training (not necessarily held at a C.H.Q. Training Centre) and have the same value as a fee bursary.

Application for Training Bursaries must be made through the District Commissioner who applies direct to the Secretary, C.H.Q. Training Department, stating the name of the

Guider concerned and the date and place of the training. At least a fortnight's notice should be given. Bursaries cannot be issued in retrospect. Not more than one-third of the places at any one weekend can be covered by bursary grants and Commissioners are asked to indicate priorities if applying for a number of bursaries. Many L.E.As. give generous help towards Guider trainings and a request for such assistance should be made direct to the Local Authority concerned.



Lorne, Craigavad, Co. Down.

COMMONWEALTH HEADQUARTERS

An application to attend a training at any Guide Training Centre should be sent direct to the appropriate Guider-in-Charge, and must be accompanied by the correct amount of deposit and a stamped addressed envelope. Applicants should also state the type of training for which they are attending, as there may be several different courses running at any one weekend. It is realised that many Guiders have to leave on the Sunday evening of a weekend training but sessions are arranged on the Monday if there is sufficient demand.

Telephone calls are accepted only between the hours of 8 a.m. and 8 p.m. at Foxlease (Lyndhurst OHA 128-2638) and at Waddow (Clitheroe 02.002-3186), except in emergencies.

FOXLEASE Lyndhurst, Hants.

MARCH	
7-10	Self-Programming, Guide Guiders (allocation through counties)
14-17	Brownie and Guide Guiders (Full)
21-24	Brownie and Guide Guiders (Full)

28-31	(a) Guiders of all Sections including Pre-warrant (b) District Commissioners
APRIL	
Easter	
3-8	Certificated Trainers (Direct application to Centre)
11-14	Planning the programme for Pack Holidays and Camp, Brownie and Guide Guiders
18-21	London North East
25-28	General Training, Brownie and Guide Guiders (Full)
MAY	
2-5	Hertfordshire
9-12	Brownie, Guide and Ranger Guiders
16-19	English County Arts Advisers (by invitation)
Spring Bank Holiday	
23-27	Guide Guiders, with three of their own Patrol Leaders
30-JUNE 2	Northamptonshire
JUNE	
3-5	Commissioners (mid-week)
9-13	Commonwealth Commissioners' Conference
17-24	Guiders of all Sections (who may be accompanied

	by their children aged under 5). (Some sessions for Commissioners)
27-30	General Training, Brownie, Guide and Ranger Guiders. (Some places reserved for (Cambridgeshire) (Full)
JULY	
4-7	Supporting the Programme. Division Commissioners (Allocation through Country Training Advisers)
11-14	The Handbooks. All Sections (allocation through counties)
18-21	Brownie and Guide Guiders
25-AUGUST 1	Leadership within the Movement. Rangers aged 16 years up who are working on the Leadership Certificate (see note on page 100)
AUGUST	
5-13	Patrol Leaders
22-26	The Promise through the Programme
29-SEPTEMBER 8	Holiday period
SEPTEMBER	
12-15	West Midland Area Trefoil Guild

- 19-22 Sussex East County
26-29 District Commissioners
- OCTOBER
3-6 Dorset
10-13 Guide and Ranger
Guiders
17-20 Wiltshire
*24-27 Brownie, Guide and Ranger
Guiders
31-NOVEMBER 3 London S.W.
- NOVEMBER
*7-10 Brownie, Guide and Ranger
Guiders
14-17 Handcrafts and Home-
crafts. All Sections
21-24 Brownie and Guide
Guiders
28-DECEMBER 1 East Kent
- DECEMBER
5-8 The Promise in Action.
Rangers aged 16-19 years

WADDOW Clitheroe, Lanes.

- MARCH
7-10 Guide Guiders
14-17 (a) Guiders of all Sec-
tions, including Pre-
Warrant
(b) District Commis-
sioners
21-24 Guiders of all Sections
(Full)
28-31 Lancashire N.E.
- APRIL
Easter
3-8 (a) Guiding Overseas
Course
(by invitation)
(b) Campfire Leaders
11-14 Ranger Guiders, with two
of their own Rangers
18-21 Staffordshire
25-28 Supporting the Programme.
Division Commissioners.
(Application through Coun-
try Training Advisers)
- MAY
2-5 Nottinghamshire
9-12 General Training, Brownie
and Guide Guiders (Full)
16-19 Yorkshire W.R.N.W.

- Spring Bank Holiday
23-27 Pack Holiday Training
30-JUNE 2 (a) Ranger Adven-
ture weekend
(b) Brownie and
Guide Guiders
- JUNE
6-9 General Training, Guide
and Ranger Guiders
13-16 English County Arts Ad-
visers (by invitation)
20-23 Lancashire N.W.
27-30 Yorkshire W.R.S.
- JULY
4-7 The Handbooks. All Sec-
tions (allocation through
counties)
11-14 Guide Guiders with two or
three of their own P.Ls.
18-21 The Promise through
the Programme
25-AUGUST 1 Patrol Leaders
- AUGUST
8-11 Brownie and Guide Guiders
15-22 Certificated and outdoor
Specialist Trainers and
experienced campers. Out-
door Activities (allocation
through counties)
- 29-SEPTEMBER 3 Sharing your
skills—Specialist Trainers
and prospectives (alloca-
tion through counties)
- SEPTEMBER
5-8 Friends of Waddow
12-15 Campfire (priority given to
newcomers up to 1st July,
1969)
19-22 Guide and Brownie
Guiders
26-29 Cheshire County
- OCTOBER
†3-6 Creative Activities. All
Sections
10-13 Durham
17-20 Guide and Ranger
Guiders
24-27 District Commissioners
31-NOVEMBER 3 Lancashire S.W.
- NOVEMBER
7-10 The Promise in Action.
Rangers aged 16 to 19
years
*14-17 Brownie, Guide and
Ranger Guiders

- *21-24 Brownie, Guide and
Ranger Guiders
28-DECEMBER 1 (a) Folk Song
and Dance
(b) Guitar, Be-
ginners and elementary
(state experience when ap-
plying)

†Creative Activities

During this weekend there will be opportunities for Guiders to get practical help in a variety of creative activities for all age groups, e.g. Music, Handcrafts, Dance, Drama, lettering, puppets, etc., etc. Guiders should state their choice of activities when applying.

*Brownie, Guide and Ranger Guiders

The two asterisked trainings at each centre will be linked; the second following on from the first, but each complete in itself. Some places will be reserved initially for Guiders who may be able to take advantage of this opportunity to get a more comprehensive course by attending both weekends. This does not preclude application in the ordinary way by Guiders who can attend only one weekend.

Counties wishing to have a County weekend at Foxlease or Waddow in 1970 should apply to the Training Secretary at C.H.Q. not later than 1st June, 1969.

Fees at Foxlease and Waddow

Shared room per day	20s. 0d.
(Minimum fee for weekend £2)	
per week	£6 0s. 0d.
Double room per day	25s. 6d.
(Minimum fee for weekend £2 11s. 0d.)	
per week	£7 13s. 0d.
Single room per day	30s. 0d.
(Minimum fee for weekend £3)	
per week	£9 0s. 0d.
Deposit	12s. 6d.

SCOTLAND

NETHERURD HOUSE, Blyth Bridge, West Linton, Peeblesshire

- MARCH
7-9 Ranger and Guide Guiders
14-16 Brownie and Guide Guiders
21-23 Brownie and Guide Guiders
28-30 Guiders of all sections—
emphasis on the out-of-
doors

- APRIL
3-8 Residential Course—Duke
of Edinburgh Award
Scheme
11-13 Brownie, Guide and
Ranger Guiders. 'A year
with the Handbooks'
18-20 Brownie, Guide and Ranger
Guiders—places reserved
for Dunbartonshire

- 25-27 Ranger and Guide Guiders.
'All Guiding is based on
Service'
- MAY
2-4 Scottish Handcraft Circle
9-11 County Durham Commis-
sioners
23-25 Guiders. 'Guiding—how
the adult leader sees it'
30-1 JUNE Certificated Trainers
(by invitation)

JUNE		29-AUGUST 5	British Nordic	Fees at Netherurd	
6-8	Guiders, 'Making music and acting'		Gathering (by invitation)	Shared room per day ...	17s. 6d.
13-15	Edinburgh South-West and Handicapped Trefoil Guilds	AUGUST		per week ...	£5 5s. 0d.
16-18	New Commissioners	11-19	Patrol Leaders' Woodcraft Camp	Double room per day ...	£1 0s. 0d.
		12-19	Patrol Leaders' Week (by invitation)	per week ...	£6 0s. 0d.
JULY		29-SEPTEMBER 1	Finaghy Local Association	Single room per day ...	£1 2s. 6d.
4-8	Patrol Leaders	SEPTEMBER		per week ...	£6 15s. 0d.
11-15	Patrol Leaders	5-7	S.C.P.R. Keep Fit Group (Applications for Patrol Leaders' Trainings will be accepted after 1st April, 1969)	Deposit	5s. 0d.
17-25	Patrol Leaders' Woodcraft Camp				
18-25	Patrol Leaders' Week (by invitation)				

ENGLAND

EXTENSION GUIDERS. There will be a training for all Extension Guiders of England at C.H.Q. on Saturday, 29th March from 10 a.m. to 6.30 p.m. Morning coffee, lunch and tea will be available at moderate prices. Applications to be made to: The Secretary English Training, English Office, C.H.Q., enclosing a stamped addressed envelope and training fee of 3s. please. Early application is advised as numbers will be limited.

WALES

MARCH		BRONEIRION, Llandinam, Mont.		Fees at Broneirion	
7-9	Commissioners and Ranger Guiders	23-27	Guide and Brownie Guiders (Husbands and children may be accommodated)	Shared room per day ...	17s. 6d.
14-16	Trainers' Conference	30-JUNE 1	Brownie, Guide, Ranger Guiders.	per week ...	£5 5s. 0d.
22-29	National Association of Youth Clubs	JUNE		Double room per day ...	£1 0s. 0d.
APRIL		6-8	Monmouthshire Biennial Meeting of the Council	per week ...	£6 6s. 0d.
Easter		14		Single room per day ...	£1 2s. 6d.
*3-8	Patrol Leaders, 12-14 years	JULY		per week ...	£6 15s. 0d.
11-14	Arts Training for Guiders	*21-26	Patrol Leaders, 12-14 years	Deposit	10s.
*16-21	Patrol Leaders, 12-14 years	*29-AUGUST 4	Patrol Leaders, 12-14 years.		
25-27	Cardiff and East Glamorgan				
MAY		AUGUST			
2-4	Brownie, Guide and Ranger Guiders	*8-14	Patrol Leaders, 12-14 years		
9-11	Central Glamorgan	*18-23	Pack Leaders		
16-18	West Glamorgan	29-SEPTEMBER 2	Ranger Leadership Certificate		
Spring Bank Holiday					

ULSTER

MARCH		LORNE, Craigavad, Co. Down		Fees at Lorne	
7-9	County Antrim	APRIL		Shared room per day ...	17s. 6d.
14-16	County Tyrone Patrol Leaders	18-20	Eight-Point Programme in action (all sections)	Single room per day ...	19s. 0d.
21-23	North Down County	25-27	County Fermanagh	Deposit	10s. 0d.
28-30	County Londonderry	MAY			
		9-11	Finaghy Local Association		
		16-18	Belfast Trefoil Guild		

CAMPING, HOLIDAYS AND PACK HOLIDAYS

Waddow Camp-sites

Applications for sites in 1969 should be addressed to the Secretary and the envelope marked 'Camp'. Suggested dates should be given with possible alternatives and approximate

numbers. It is preferred that camps begin on Saturday. Please state whether an equipped or unequipped site is required.

A 5s. deposit (which is forfeit if the booking is cancelled) and a

stamped addressed foolscap envelope should be enclosed with the applications.

Waddow Pack Holiday House
Applications for Pack Holidays in 1969 should be made to the Sec-

retary. The application must be accompanied by a written recommendation from the Guider's C.A. and a stamped addressed envelope enclosed.

Foxlease Camp-sites

Applications for sites should be addressed to the Secretary and the envelope marked 'Camp'. Suggested dates with alternatives and approximate numbers should be stated and whether an equipped site is required. Camps may begin on any weekday.

A 5s. deposit (which is forfeit if the booking is cancelled) and a stamped addressed foolscap envelope should be enclosed with the application.

Broneirion Camp-sites and Pack Holiday House

Applications for sites and the Brownie Pack Holiday House at Broneirion should be addressed to the Montgomeryshire C.A., Mrs. B. Michael, Gorsty, Hyssington, Montgomeryshire and not to Broneirion.

Netherurd Camp-Sites

Two fully equipped sites are available and there is also a Brownie House. Applications for camp sites and the Brownie House are now being taken. During Scottish school

holidays (July and half August) priority will be given to Scottish Packs.

Ulster Camp-site, Glen Road, Craigavad, Co. Down

Approximately 8 miles from Belfast on the Co. Down coast near Lorne. Fully equipped for 40 campers (one large or two small camps). Excellent hut for solid shelter. Calor gas. Applications should be sent to Miss N. Pratt, 22 Bangor Road, Holywood, Co. Down.

Lorne Camp-sites

There are two fully equipped sites at Lorne with solid shelter and calor gas. There is also an unequipped site and a small patrol site (unequipped). Applications should be sent to the Camp Secretary, Lorne, Station Road, Craigavad, Co. Down.

Magilligan Camp-sites

Three sites, fully equipped for 25-30 campers. Sandy soil drains easily. Expanse of beach. Large hut on the site containing three rooms, one with an open fireplace. Small calor gas stove available. A printed information list can be obtained from the Secretary, Mrs. R. F. Scott, Derrymore House, Limavady, Co. Londonderry.

Irene McKibbin Memorial Cottage
(In the grounds of the Ulster Training Centre, Lorne.)

Cottage available for Ranger holidays. Fully equipped for 12 persons. Electricity, running water. Full details from Mrs. Grace A. McBride, Site 9, Upper Dunmurry Lane, Dunmurry, Belfast. S.a.e. please.

Holiday at 'Lorne' Northern Ireland

'Lorne' will be open as a holiday centre during July and August. Members of the Trefoil Guild or Guiders, make up a party or come on your own. Rangers welcome with their Guiders. Special terms for parties of Guides (minimum 25 places).

In pleasant grounds with lovely view and quiet surroundings on the shore of Belfast lough, Lorne is only six miles from Belfast and a good centre for sight-seeing tours.

House duties are light and uniform need not be worn.

FEES: £1 per day inclusive of all meals. Packed meals provided for those out for the day. Overnight bookings, 'bed and breakfast' accepted. Booking may begin on any day of the week.

Full details from the Guider in Charge, Lorne, Craigavad, Co. Down, Northern Ireland.

DO YOU REQUIRE FUNDS?

If so we can help you. We can supply diaries, Conway Stewart retractable and non-refillable pens, address books, notebooks, rainhats, combs in cases, pencils and key rings. All printed with the name of your organisation, starting in quantities from 3 dozen upwards. Details and samples:—

THE DOUGLAS SUPPLIES CO.,
14 Clarkson St., IPSWICH, SUFFOLK.
Telephone Ipswich 55182 & 76130

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The SCOTTISH GUIDE SHOPS

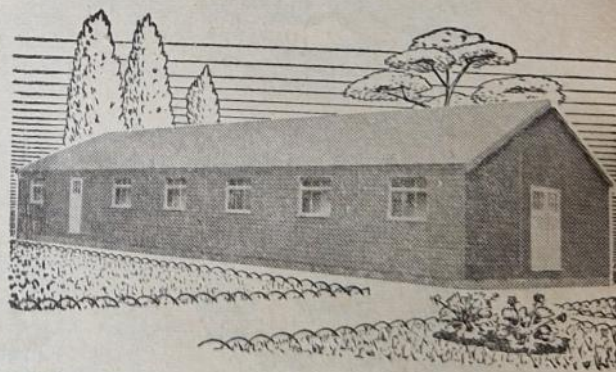
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Classified Advertisements

The Girl Guides Association takes no responsibility for statements made in any advertisement here or elsewhere in the magazine, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of second-hand clothing (except uniform) cannot be accepted. (Uniforms for sale should not be sent to C.H.Q. Advertisers receive communications from applicants.) All advertisements must be received not later than the 1st of the month for the following month's issue. **Please note charges: 1s. per word (for members advertising uniform, camp sites, coming events, 6d. a word).** Box No. 2s. 6d. Please send money with advertisements. 10% discount for series of 12. To reply to a Box No., please address you envelope to: Box No. xxx, c/o THE GUIDER, The Girl Guides Association, 17/19 Buckingham Palace Road, London, S.W.1. Please make sure the address is as far to the right of the envelope as possible in order for us to re-direct your enquiry.

GUIDERS PLEASE NOTE

Due to the work involved in continuing our Box Number System it has been decided to charge 2s. 6d., extra to wording, for all Box Numbers. This charge will apply to both Trade and Personal advertisements from the 1st April.

ACCOMMODATION

IN CENTRAL LONDON: Olive House is open 365 days a year. It is conveniently situated for everyone connected with the Guide Movement, who is visiting London for Conferences, Trainings, Reunions, Theatres and Shopping Sprees. The nearest underground station is Earls Court. The costs are 17s. 6d. to 25s. per night, and there is H. and C. in every room. (Sorry—no accommodation for men!) We are often full—but do remember that it is always well worth asking. Please write to Miss Marshall, Olive House, 45 Longridge Road, London, S.W.5. Telephone FRObisher 2574. Olive House belongs to the World Association of Girl Guides and Girl Scouts.

Holiday Accommodation, Sussex. Bed, breakfast and evening meal, or full board, weekends October—March, Apply Mrs. Jebb or Miss Cox, 8 Willowfield Road, Eastbourne (29572).

I.O.W. Mr. and Mrs. G. D. Morris are now in the beautiful sun soaked Undercliffe at St. Lawrence. On direct bus route No. 16 from Ryde Esplanade and 3½ miles from Ventnor. A small guest house with sea views all rooms, B.B. & D. with full board on Sundays. Children welcome, also small dogs. Ample parking space. A warm welcome awaits old and new friends. Terms 10/11 gns per week. Fleet House, St. Lawrence, Ventnor. Phone Niton 360.

Cornwall, Florida Hotel, Bude. On Summerleaze Beach. Ideal for families, walking, swimming, surfing. Terms. 10½-13½ gns., adults. Children from 3 gns., according to age. Proprietors, Mr. and Mrs. Russell (Guider). Tel. 2451.

Bed and Breakfast. Batty, Silverlea, Rogerfield, Keswick, Cumberland.

Pembrokeshire. Littlehaven—One-roomed stone cottage simply equipped for two. Electricity. Beautiful position overlooking St. Brides Bay. £7 per week. Turner, 120 Myton Road, Warwick.

FOR SALE AND FUND RAISING

Advertising Pencils, superb Ball Pens, combs, brushes, etc., gold-stamped Company name, raise funds quickly, easily. Bran Tub Toys. Details: Northern Novelties, Bradford 2.

Increase your Company funds with scent cards. Send s.a.e. for details and samples to: R. Ramsdale Ltd., 58 Pall Mall, Chorley, Lancs.

Funds, Fêtes, Bazaars. Sell Costume Jewellery at 50% profit on cost. Toys at 33½% profit. All sent post free on Sale or Return. You pay only for what you

have sold. The rest you return. No outlay, no obligation. Send for details to E. & M. Davies Ltd., 101 Askew Road, London, W.12.

3½d. each!—Printed Ball Point Pens. 144 full-length Conway Stewart ball pens die-stamped in gold with your Company or Charity for only 39s. 144 printed pencils 35s. Please print your slogan. (Maximum 30 letters) and add 4s. 6d. standard carriage. J. E. Thomas & Son (Cuffley) Ltd., 2A Handsworth Road, London, N.17.

Dolls for dressing, small toys, paper cups, balloons, money-making novelties. Send large s.a.e. for wholesale trade lists. D. Glover (Wholesale Toys) Ltd., Dept. GD 10, 203 Scholes Lane, Cleckheaton, Yorks.

Organisers of Bazaars, Fêtes and Funds. We welcome both personal buyers and mail orders for our extensive range of toys and stationery at wholesale prices. Send for price lists. Also pre-selected parcels:—144 6d. toys OR 72 1s. toys OR 38 1s. 11d. toys OR selection toys 1s. 11d. to 5s. 11d. OR Selection assorted stationery. Each parcel 54s. plus 4s. 6d. postage. Two or more parcels 6s. postage. J. E. Thomas & Son (Cuffley) Ltd., 2A Handsworth Road, London, N.17.

SPECIAL ANNOUNCEMENT! Our new price list is available with increased range of goods at best price rates. Now offered are: Platignum FIBRE TIP MARKERS in TEN ink colours. The only Marker available that can be supplied stamped with wording you require. Newly introduced are Platignum 'AUDITOR' metal tip retractable Pens. Top value, four ink colours Plus two writing points. Your Company title, etc., stamped on each pen. New and specially made for fund raising customers RENOWN retractable-refillable Ballpens. No other similar model can be purchased at better price or quality. Guide colours available with RENOWN and PREMIER models. Key Fobs are available, gold stamped, your wording at unbeatable prices. Platignum PREMIER Ballpens in Twelve colour combinations, four ink colours. Unbreakable combs in pocket cases in three styles (type for everyone), beautifully stamped. Non-refillable ECONOMY Ballpens cannot be matched for cost or quality—profits from 50% to 200% on outlay. PERSONAL NAMED SETS—you have a choice of four different types supplied in Pocket Wallets. Tremendous range of BALLOONS listed. As the largest suppliers of Ballpens in U.K. we offer QUALITY, PRICE, GUARANTEE and QUICK SERVICE. Get up-to-date by sending for our Fund Raising list now. Thompson and Robinson Ltd., Vaun House, Churchfield Road, London, W.3. Tel.: 01-992 8770/3205.

An offer to Guiders in S.E. England for up to 20% discount on all makes of furniture and carpets has been made by a leading firm of furnisiers. For details telephone: Farnborough (Kent) 54043.

British Ball Pens: Gold printed up to 35 letters and spaces, 38s. per gross, all colours, any assortment, quick delivery. Fund Raisers/Keyfobs/Badges/Retractable, S.A.E. for list or send 3s. 6d. (refundable) for 10 different samples. Westfield Limited, Dept. 23, 135 Tennant Street, Birmingham 15.

Double your money raising funds for Guides, Brownies, and other organisations. Gold stamped Advertising Ballpens/Pencils/Key Fobs, etc. Fully guaranteed. Details or 6 samples for 2s. 6d. to: B. W. Publicity, Dept. 'Q', 33 Hird Road, Low Moor, Bradford.

Rally or Jamboree this year? Pennants and badges for camp-sites, Jubilees and all occasions. For quotation send sketch, state size, colours and quantity. Russell King, 48 Crofton Lane, Orpington, Kent.

Ball Pens for 'Fund Raising'. Die-stamped with your Company title, etc. (Girl Guide colours available.) We supply the new 'Conway Stewart' streamline model, which is both retractable and refillable, available at competitive rates. Profits exceed 50%... details and samples, Thompson & Creighton, 'Ball Pen Suppliers', 202 Heaton Road, Newcastle-on-Tyne 6.

Ball pens printed 39s. gross (including postage). S.a.e. sample: Ventura Wholesale, 28 Lynwood Avenue, Slough, Bucks.

Printed British Ball Pens, 42s. gross, plus postage 4s. 6d. This includes 36 letters and spaces advert. Advertising Pencils 37s. 6d. gross, plus postage 3s. Pioneer Pencil Company, 3 Tithebarn Street, Liverpool 2. Central 8166.

Raise Funds by selling your surplus antiques, bric-a-brac, Victoriana, jewellery, books, furniture, etc. To: Ann Wilks, The Black Lion, Conway, North Wales. Telephone: Conway 2470. Will travel any distance. Personal and confidential service guaranteed.

UNIFORM

Guider's uniform, new style. 38 in. bust, 42 in. hip, blouse, hat and two dresses. £5. Box No. 559.

CAMPING AND HOLIDAYS

Felin Bach — Caernarvonshire — County Camp-Site. Large camping area and indoor accommodation suitable for Pack Holidays, available all the year round. Snowdonia National Park half-a-mile, climbing, hill-walking and safe bathing within easy reach. Apply to: Miss M. Chambres, Tirionfa, Tanyrallt, Pen-y-groes, Caerns.

Pony Trekking in Black Mountain National Park. Camp or residential. Special arrangements for Guides. Griffiths, 'Grange', Capel-y-ffin, Abergavenny. S.A.E. Brochure.

Anglesey. Self-contained holiday flat for two. Car space. £10 per week. Mrs. Eckersley, Pwll-crwn-Bach, Penmon, nr. Beaumaris, Anglesey.

Cornwall—20 ft. 4 berth caravans to let. Quiet site overlooking Treyarnon Bay. Surfing—golf. Apply: Young, Beggars' Hatch, Harford Bridge, Tavistock.

Towyn/Aberdovey: Caravan, 4 berth, on small private site; all mod. cons. 'Dunlopillo' beds, well equipped. Mrs. Hopwood, 7 Coaching Walk, Weston, Northampton, NN3 3EU. (Tel. N'ton 42670). S.A.E.

Towyn, Merioneth. Fully equipped 4-berth caravan. Small private site joining Guide holiday cottage 'Leahurst'. Apply: Mrs. J. Holding, Upwood, 8 Shepley Road, Barnt Green, Nr. Birmingham.

S. Ireland—Caravan, gypsy type, modern fittings. Beautiful setting close sea and mountains on four acres, secluded. Sleep three adults, £10 per week. T. Shepherd, Long Acre, Windgate, Bray, Ireland.

Llwyngwril, 20 ft. 4-berth, near sea. All amenities. 179 Walmley Road, Sutton Coldfield. 021-351 2603.

Wye Valley. Cottage, modernised. Unspoilt views, river, woods, near Tintern. Sleep five. £8-£12 weekly. Ewen, 26 Leckford, Oxford.

Greenock Division Camp Site. 'Bettysburn', Inverkip, Renfrewshire (Clyde coast). Fully equipped site—excellent hut accommodation, Calor gas. Applications for July/August to: Mrs. Hoggan, 3 Westfield Drive, Gourrock, Renfrewshire.

North West Lancashire camp site. Two equipped sites with solid shelter. Morecambe eight miles, Windermere 20. Apply: Mrs. Dugdale, 23 Pinewood Avenue, Bolton-le-Sands, Carnforth.

Berkshire County camp site. Donnington, Newbury. 3s. 6d. per head per week (including wood). Equipment available. Travers, Natesby, Bradfield, Reading.

Crawley District Girl Guide camp site, Pease Pottage, near Crawley. Available for large or small camps; on bus route, solid shelter; fee 1s. per head per night. Apply: Miss Wilde, 71 Ewhurst Road, West Green, Crawley, Sussex. Telephone 27491 (evenings).

Furnished Cottage (all electric) near Derbyshire Dales. Accommodate 12. For details send s.a.e. to Miss M. Hadfield, Oak House Farm, Small Dale, Near Buxton, Derbyshire.

GUIDERS WANTED

One Guider wishing to gain experience welcomed at Pack Holiday, Surrey, 16th-23rd August. Box No. 560.

Wanted, Guider to assist with Pack Holiday at Godstone, Surrey, 24th-31st May. Mrs. Whitcher, 11 Valentia Road, Reading, Berks.

Guider(s) to assist S.E. London Pack Holiday to Surrey, 2nd-9th August. Box No. 561.

Life Saver for Guide Camp, 30th July to 7th August. Williton, Somerset. Expenses paid, two friends welcome. Mrs. Holman, 8 Beechcroft Lane, Ringwood, Hants.

HAULAGE

Haulage of camping equipment. Licence to carry any distance. F. G. Tester and Son, Ardingly 327.

BUSES FOR HIRE

12 Seater Transit Buses for hire, May and October £18 15s. 0d. per week. June and September £21 per week. July and August £22 per week. Plus £15 returnable deposit. No mileage charge. **Continental Hire:** 12 Seater Transit Buses £50 per week. Transit Caravans £50 per week. Tel.: 01-890 5702/3.

Please note: All advertisements for Venture Scout/Ranger events published in THE GUIDER and THE RANGER must be accompanied by signature of County Commissioner.

When replying to advertisements please mention
THE GUIDER.

BE A WATER GYPSY

on board one of our camping narrow boats. Single boat fitted out for 12; a pair of boats fitted for 24 (crewed by experienced boatman).

Bookings for 1969, also Winter week-ends
available

FOXTON CANAL CARRIERS LTD.

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HEADQUARTERS' INSURANCE POLICIES

THERE are two policies which benefit the personnel of the Movement:

The Guiders' Indemnity Policy

The Personal Accident and Medical Expenses Policy.

Premiums: Commonwealth Headquarters pays the premium in respect of both policies.

Who is Covered?

- The total active membership of the Association in the United Kingdom and the British Guides in Foreign Countries.
- Any Guides of other countries who are visiting the United Kingdom on an official Guide invitation.
- Trefoil Guild members when helping temporarily with active Guiding or when attending organised Guild gatherings.
- Non-Guide helpers when undertaking any specific voluntary service in connection with any Guiding activity.

Notes

- Members suffering from any form of physical disability are covered under the policies except for any claim arising directly or indirectly from such disability.
- There is no provision for :—
 - Ex-members who are not Trefoil Guild members.
 - Paid workers.
- It is not a condition of eligibility that the member must be in uniform at the time of the incident which gives rise to a claim, but the policies only apply when a member is participating in a recognised Guiding activity.

Claims: Commonwealth Headquarters must be notified immediately. A Guider may correspond direct with Commonwealth Headquarters unless within the County a particular desire is expressed for claims to go through other channels. (It is usual for a Guider to inform her Commissioner of any incident occurring which involves illness or accidental injury to persons or damage to property).

GUIDERS' INDEMNITY POLICY (Legal Liability)

This policy provides reasonable cover for all liabilities in respect of:

- Injury to any member of the Movement during her organised Guiding activities.
- Legal liability to the public for personal injury or property damage by reason of any proved negligence on the part of a member in the course of normal Guiding activities.

Rallies and Fêtes: Under (b), this applies to forms of public entertainment, organised by any Guide unit or District, i.e. dances, whist drives, concerts, displays or similar functions, in or out of doors.

NOTE: For any major event organised at Division County or higher level, Commonwealth Headquarters must be notified beforehand as payment of a special premium may be required to secure adequate cover for the Public Risk liability.

Flying:—Guiders should in no circumstances allow any girl to take a flight by aeroplane or glider until she has produced a completed form signifying a parent's consent. The form should be kept by the Guider.

A warning re signing of Indemnities: It is pointed out to Guiders that under no circumstances should they undertake to give written indemnity to anyone without consulting Commonwealth Headquarters as by doing so without first obtaining permission they may jeopardise

the protection afforded by the Guiders' Indemnity Policy. **Claims:** If any allegation is made against a Guider in respect of an accident or damage to property, Commonwealth Headquarters should be notified immediately and full details given.

No liability of any sort should be incurred or admitted or any offer of payment made, without written consent from Commonwealth Headquarters or the Underwriters with whom the insurance is placed.

In order for a claim against a Guider to succeed the negligence of the Guider must be proved.

PERSONAL ACCIDENT AND MEDICAL EXPENSES POLICY (Moral Liability)

This insurance is not a full cover against accident or illness, and members desiring this are advised to cover themselves adequately by personal insurance.

The policy will pay the sums within its limits in respect of any injuries sustained through accident occurring during any organised Guiding activities including the necessary travel thereto and therefrom, and any illness which may be contracted during the period of any Guide camp, Pack holiday, or visit abroad.

The primary intention of the policy held by C.H.Q. is to cover the moral liability of Guiders, that is to reimburse them for unforeseen expenses arising from the above. The insurance under the policy shall apply to all authorised and conducted parties and extends in such circumstances to cover:

Camping, touring holiday or sightseeing parties in Eire and/or the Continent of Europe, including travel between.

Winter sports and *mountaineering.

Air training, including flying or gliding:

Travel in any form of conveyance.

Although compensation can be claimed under the Personal Accident and Medical Expenses Policy for accidents which may occur, it should be borne in mind that the schedule of compensation is limited.

*Exposure is not covered unless it is a direct result of an insured peril i.e. accident or illness.

Claims: Commonwealth Headquarters must be notified immediately an accident or illness occurs. Failure to comply with this within seven days may invalidate the claim when made. A Guider who incurs expenses or feels morally responsible for expenses incurred should claim under this policy. It is not dependent on the attitude of the parents as to whether a claim is made or not. A claim form will be sent to the Guider to be filled in; this must be returned to Commonwealth Headquarters immediately and all bills and accounts for expenses incurred must be sent as soon as possible. When arranging treatment, Guiders and parents should first take all possible steps to obtain such treatment under the National Insurance Act.

Schedule of Compensation

1. Death			*£200
2. Permanent total loss of sight of both eyes ...	Within 12		£500
3. Permanent total loss of sight of one eye ...	Calendar		£200
4. Total loss of two limbs	Months		£500
5. Total loss of one limb	from date		£200
6. Permanent total loss of sight of one eye and loss of one limb	of Accident		£500

ANY ONE INDIVIDUAL

7. Permanent and irrecoverable total disablement from accidental injuries certified after twelve months' treatment, other than loss of limbs or eyes as above provided ... £500

8. Medical and other expenses including loss of deposits ... *£50

(a) To pay for loss of travel and accommodation expenses paid in advance or for which there is a contractual liability for an Insured Person for whom no substitute is found consequent upon the cancellation or proportionately for the curtailment of a camp or period of travel caused by:—

(i) the Insured Person sustaining accidental bodily injury or becoming ill.

(ii) the death, injury or illness of the Insured Person's husband, wife, parent, father-in-law, mother-in-law, child, brother, sister, fiancée.

(iii) compulsory quarantine or jury service of any Insured Person.

(iv) cancellation or curtailment of scheduled public transport services consequent upon strikes, riots, and civil commotions provided the announcement or outbreak of the strike occurs after the insurance is effected.

(b) To pay additional repatriation expenses where applicable necessarily incurred by the Insured Person consequent upon death, sudden illness or injury of the Insured Person's husband, wife, parent, father-in-law, mother-in-law, child, brother, sister, fiancée resident in the United Kingdom.

(c) To pay additional travel and accommodation expenses incurred by the Insured Person consequent upon the cancellation or curtailment of scheduled public transport services caused by riots, strikes or civil commotions commencing during the period of insurance.

Underwriters Limit of Liability in the aggregate under Sections 8 (a), 8 (b) and 8 (c) £10 any one Insured Person*

(d) To pay medical, hospital and treatment expenses and additional hotel and repatriation costs where applicable necessarily incurred by the Insured Person including compulsory quarantine.

(e) To pay reasonable travel and hotel expenses of an Insured Person, relative or Officer who is required to travel to, remain with or escort a severely incapacitated Insured Person.

With regard to Sub-Sections 8 (d) and 8 (e) Underwriters will only be liable:

Following an ACCIDENT or

By reason of ILLNESS (common to both sexes) arising during participation in any recognized or official indoor or outdoor camp, training course, or other activity involving domicile away from home. Provided always that the illness be diagnosed or the indisposition be such as to require initial treatment during the period of Camp, Course or Activity, but in no case shall the benefit extend to infectious contagious diseases developing after the individual concerned has left the scene of Camp, Course or Activity.

N.B.: No claim arises for services rendered under the National Services Act, 1946.

THE GUIDER

9. Weekly compensation as a result of Temporary Total Disablement—Limit of 26 weeks.

By accident or illness as defined by Benefit 8.

Payable to:

Those who have left school on the date on which the accident or illness occurs. Claims under £4 not recoverable. Per week—per individual £4.

***Memo**

In respect of Accidents and/or Illness occasioned on the CONTINENT OF EUROPE the following amended limits apply:—

(i) Benefit 1 increased to £300

(ii) Benefit 8 increased to £200

(iii) Sub Limit applicable to Sections 8 (a), 8 (b) & 8 (c) increased to £50

No separate premium is required for the additional benefits which will automatically apply to all recognised parties:

TRANSPORT

Fuller details of the position regarding transport in relation to the Insurance Policies held by C.H.Q. will be published in the April 1969 issue of THE GUIDER.

SPECIAL MOTOR INSURANCE SCHEME

Guiders are offered a special Motor Insurance. The advantage of insuring under this scheme is that third party passenger liability will be covered whenever the vehicle is being used for Guiding purposes. Guiders should apply direct to the Brokers, Messrs. Durnell & Fowler, Ltd., 1 Seething Lane, London, E.C.3.

INSURANCE OF GUIDE PROPERTY AND EQUIPMENT

It must be clearly understood that the policies do not cover personal belongings or property of the personnel of the Movement.

Hired property is the hirer's responsibility.

Insurance facilities are available in respect of Guide huts and equipment, also equipment on loan or hire for camping periods. Apply direct to the Brokers, Messrs. Durnell & Fowler Ltd., giving full details i.e. value, construction, etc.

INSURANCE OF BOATS OWNED BY RANGER GUIDE SERVICE UNITS

A block policy has been arranged by the Associations Brokers.

This collective policy enables a lower charge of premium and as the policy becomes more widely used, the scale of premium may be reduced. Guiders who are interested should apply direct to the Brokers, Messrs. Durnell & Fowler Ltd., giving full details as to type of craft, size, value, etc.

Ravens Ait: All persons using this Sea Cadet base, operating under the auspices of the Thames Youth Venture Advisory Council, are covered for Personal Accident and Injury and Third Party Liability claims; all boats, on an All Risks basis, including racing, are also covered.

HITCH HIKING

For the purpose of Guide insurance Commonwealth Headquarters does not recognise hitch hiking as an official Guide activity.

ANOTHER LETTER FROM BLACKLAND

(First letter was in the December 1967
GUIDER)



Dear Joan,

I was so intrigued by your letter about your camp at Blackland that I wrote to the Warden for particulars and at 2.15 one Saturday afternoon last August, we actually found ourselves winding along the road from East Grinstead, until, just past Weir Wood Reservoir, we came to Blackland itself.

Our coach stopped outside the yard and I went in to announce our arrival to Mr. Burgess. Then one of the two Helpers told us to carry on up the road until we came to our field, Peewits. It was a lovely day and the coach was able to drive on to the field. We do have all our own equipment except a marquee, which we have to hire, and I must say that I did look enviously at the huts which some of the equipped sites have.

Everyone was dying to go and explore Blackland and see the swimming pool down in Blackland wood (isn't it in a nice sheltered spot) but there was too much to be done, and apart from getting the milk and provisions from the yard, everyone stayed on the site until we were reasonably shipshape and had eaten a good tea. However, we did manage to visit the Camp Shop which, as you know, opens from 7 until 8 in the evening as well as from 10 until 12 in the morning, and I read all the notices on the notice board in the yard and put our Company's name on the swimming rota for our Sunday swim.

On the Sunday, six of us went to Communion at 9 a.m. and the rest went to the evening Free Church service, except for Teresa who went to Mass at 8 a.m. I liked the idea of all these services being held in the Big Barn. Did the Vicar's dog wander round during the Communion Service when you were there?

There was a meeting and a cup of tea for all interested Guiders at 4.00 on the Sunday afternoon in the Woodcraft Field. We met the Camp Activity Adviser who asked us if there was anything in which we were particularly interested and I arranged a raft building session with her for some of our Guides—you can imagine what fun they had! A grand Campfire was arranged for the Wednesday evening and Companies who wished were asked to perform. Some Finnish Guides in national dress sang and danced at this Campfire.

We hired a coach and went up to London one day which was quite an experience as most of our Guides had never been before. I had arranged for someone to take us around C.H.Q. in the morning and for lunch in the restaurant there.

Another afternoon we went on the Bluebell Railway from Horsted Keynes to Sheffield Park and back. Then on the Friday afternoon the Guides went into East Grinstead for a last minute 'buy of presents' although most of them had bought them in the Camp Shop.

There was a Brownie Pack Holiday in 'Restrop', the chalet/bungalow, and they seemed to be thoroughly enjoying themselves seeing what camping was like. Did you enjoy your weekend there with your P.L.s. and Seconds during the winter?

You didn't remind me to take some County badges with me! There was a craze for swopping them during our visit.

That 6d. booklet 'The Story of Blackland' was most interesting and useful for planning outings. It is also handy to be able to get family blocks of ice-cream from the Shop in the yard for a quick sweet.

The Guides are most grateful to you for telling me about Blackland; there is so much one can plan to see and do. We shall certainly return there another year.

'Bye for now,

Anne.

Full details about Blackland and Restrop as well as 'The Story of Blackland', are available from the Warden, Blackland Farm, East Grinstead, Sussex. Please enclose a FOOLSCAP, stamped, addressed envelope.

What do your Guides enjoy most?

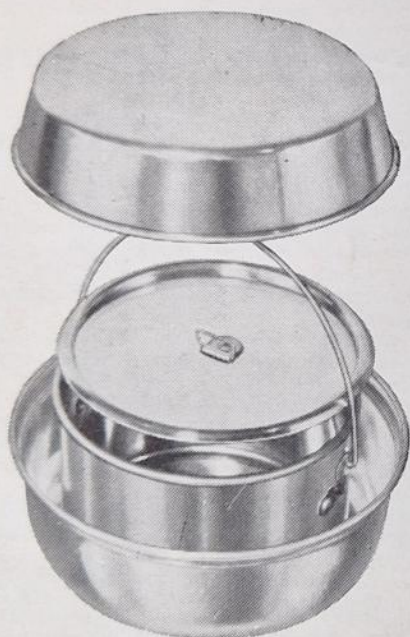
CAMPING, HIKING AND OUTDOOR ACTIVITIES

THEY WILL NEED A

“RANGER COOKING SET”

Owing to large number sold in 1968 we are pleased to announce

NO CHANGE IN QUALITY OR PRICE



THIS INEXPENSIVE CANTEEN IS A
VERY COMPACT UNIT made in
20 GAUGE ALUMINIUM POLISHED

STEW PAN AND LID WITH LOCKING
BAIL HANDLE

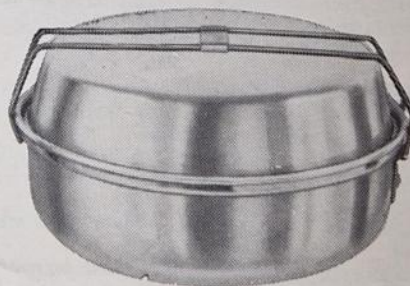
3½ in. deep x 6 in. diameter

LID or PLATE 1½ in. deep x 8¼ in. diameter

FRYPAN BASE 2½ in. deep x 8¼ in. diameter

COMPLETE UNIT CLIPS TOGETHER
WITH STRONG LOCKING HANDLE

SIZE 8½ in. x 3½ in.



22/5

Packing & Postage

3/6

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Glasgow: 1 Scott Street, C. 3.

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AT ULSTER GIRL GUIDE HEADQUARTERS

16 College Square North, Belfast 1.

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