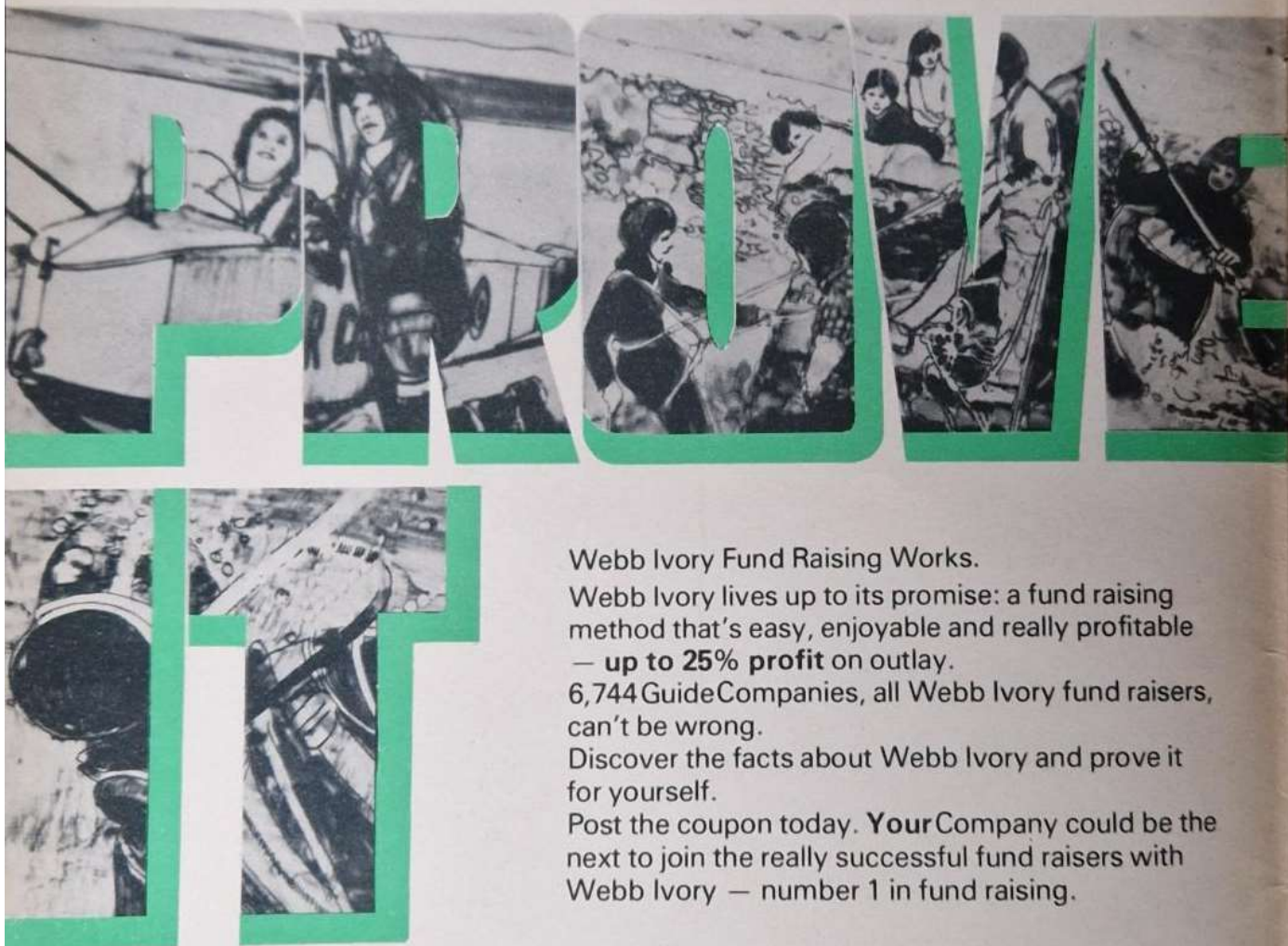


GUIDER

Volume 63
Number 4
April 1976
20p

DISCOVER

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GUIDER

OFFICIAL MAGAZINE OF THE GIRL GUIDES ASSOCIATION

(incorporated by Royal Charter)

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CONTENTS

Guiding Roundabout	136-137
Those Were The Days	138
Shop - talk	139
Items of interest from the Executive Committee	140
Around the World in Eighty Days	141
Mainly for Rangers	142-143
Ranger Guide/Venture Scout Co-operation	145
WAGGGS	145
Airing and Sharing	147
In Good Faith	149
Some Religious Festivals during April	151
The Crystal Ball	153
Letters	155
Training Pages	157-160
Home and Away	161
Training Calendar	162-165
Headquarters Notices	166
PR Department: can we help you?	167
Girl Guide Friendship Fund/The Trefoil Guild	169
Headquarters Insurance Policies	173-174
Classified Advertisements	175-177
Stop Press	177
Midland Region GGA Extension Holiday 1975	179
National Theatre Opens	180
What's On	181
Reviews	182

COVER

For this year's Thinking Day and Founder's Day service, Westminster Abbey was full to overflowing. In spite of the fact that we had the use of the whole Abbey, all the seats were full half an hour before the service began, and from then on it was standing room only. A choir of 150 Ranger Guides and Young Leaders from Anglia, London and SE England and SW England led the congregation in a selection of international songs for one hour before the service, supported by a small orchestral group and guitar section provided by young members of the two Movements. Members of the 1st Sandy Scout and Guide Band played both before and after the service and sounded a trumpet fanfare at the wreath-laying ceremony. Our picture shows a view of the congregation from the choir screen, taken before the service, which was led by the Dean of Westminster.

Photographer: Peter Dunne

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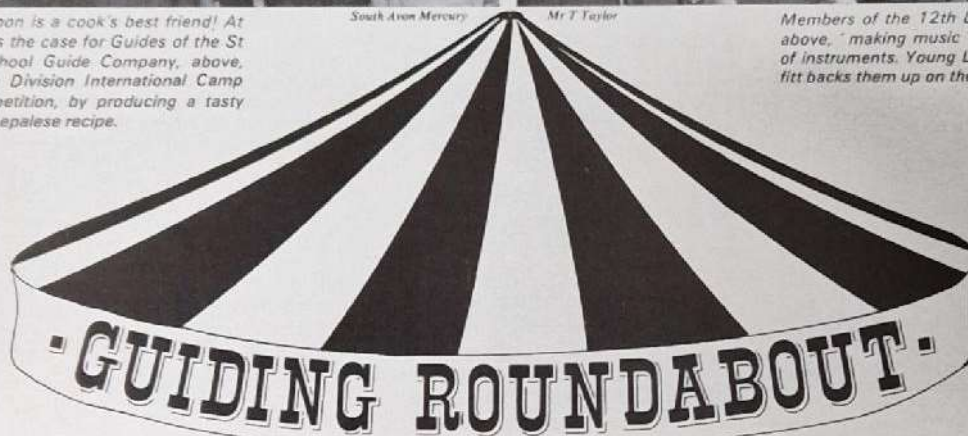
South Avon Mercury

A wooden spoon is a cook's best friend! At least, that was the case for Guides of the St Brandon's School Guide Company, above, who won the Division International Camp cooking competition, by producing a tasty meal from a Nepalese recipe.



Mr T Taylor

Members of the 12th Llandudno Brownies, above, "making music" with a wide variety of instruments. Young Leader Elizabeth Parfitt backs them up on the piano.



Aldershot News and Mail



A tribute to Kim Greenway, above, who retired from Guiding last year, from the Guiders of the Aldershot area.



Clothes galore, above centre, and all to be sorted out by willing members of the 2nd Sheppey Guides, for the 'Blue Peter' Clothes Horse Race.

Heave ho me hearties! Rangers from Bath, above far right, perform a short nautical pantomime with gusto.

Mrs Barbara Hamilton, below, being presented with a crystal decanter on her retiree as Lanarkshire County Treasurer.

Three members of the 12th Llandudno Brownies, right, practise semaphore under the watchful eye of Guider.



Bath and West Evening Chronicle



Hamilton Advertiser



Mr T Taylor



Pontefract & Castleford Express



All in a good cause: above, this handsome hairdryer, bought by the Whitley Bridge Guides and Brownies, has been donated to the maternity wing of Pontefract Infirmary. Brownies of the City of Glasgow West Division, left, raised £300 for Unit funds in their Sponsored Knit. Braving the high seas is Guide Friendship Three, below left, the Hartlepool inshore lifeboat bought by the Girl Guide Friendship Fund.



Mail, W. Hartlepool



The Lady Baden-Powell, right, ceremonially opens the new Cheadle Etchells Division HQ.

The 46th York Centenary Methodist Brownies, left, form the Guard of Honour for HRH the Duchess of Kent. Accompanying her is Mr J Shannon, chairman of the York Civic Trust. Ida Dunkley, right, President of the 1st Leigh Guides, cuts the Guide Company's Diamond Jubilee cake.

Tuesday Express, Ashford



Yorkshire Evening Press

Below right, fashion-conscious Brownies of 1st Forton St John's, Gosport Pack, stage their own continental fashion show.

Gornal District Guides and Brownies bought this telescope, below left, as part of a project for European Architectural Heritage Year, seen here being admired by the Mayor of Dudley and two Queen's Guides of the District.



Evening Echo, Stockport on Sea



Express and Star, Wolverhampton



Mr Lawrence

THOSE WERE THE DAYS

THE FLOOR WAS piled with hats and equipment and the Secretary sat at a table, struggling with parcels, registering Patrols, writing letters and interviewing callers (some of whom had a stream of conflicting ideas for running the Movement!). A description of our first Guide Headquarters at 116 Victoria Street, London* opened in 1910 with a loan of £100 from the Founder, and a far cry from the opening of the new Girl Guides Association Trading Service at Broadheath, Altrincham, last month. 'Look forward and not back' is the cry today but I think it is encouraging to look back briefly at the story of our Commonwealth Headquarters, whose doors still stand hospitably open to over ten thousand visitors a year.

It was a Scotswoman, Miss Margaret Macdonald, our first Secretary, who calmly coped for ten years with all the demands made upon this small HQ. When the Executive Committee met, the small staff (there were only four in 1915) had to work in the passage. At one stage the room was divided by a hessian screen: the customers were served on one side and the packing done, amid the stock, on the other! (The financial statement records there was an encouraging profit of £1,196 in 1913 with which to aid the growth of Guiding). In 1916 there were 50,000 members of the Movement in the UK and the equipment side was described as 'thoroughly satisfactory, in spite of war-time dislocation of supplies.'

Next year, in 1917, came the bold step of opening the first Girl Guide Shop at 84 Victoria Street – 'a daring venture from the financial point of view' said B-P, 'so we hope we shall have the full support of our members.' His optimism was justified. In 1918 the receipts were £20,700 and in 1920 nearly £53,000.

June 14th, 1920, heralded Guide Headquarters' next move when the GGA, thanks to a generous offer from the BSA, had a flat and a shop in 25 Buckingham Palace Road. The Editor of *The Girl Guides' Gazette*, then Miss Mabel Carey, from Guernsey, describes the flitting: 'I'm sitting on a roll of carpet in the passage of '76 writing this editorial. Linoleum in waving folds is carried away on the shoulders of two men. Piles of string and rope are mixed up with packing cases and oil stoves: you might almost



S.O.S.
We're short of stuff.

guess that HQ is 'on the wing'. A visitor arrives and says she has long wished to see the hub of the Movement for herself. It is politely explained that we are moving. With a start of surprise she murmurs, 'Oh, then that is why ...'

Nine years sped by and the Girl Guides Association had outgrown its Headquarters again. The Founder wrote in the March, 1929, *GUIDER*: 'The site is found, a long building lease has been arranged, plans are ready. Now comes the task of building and this is where we – Commissioners, Guiders, Rangers, Guides and Brownies – come in. It will take £74,500 to build and furnish our House ... and there are over half a million Guides to help.'

How well everyone responded, in this country and in Commonwealth countries, is now a proud fact in our history. (For three years never a day went by in the working week without a donation reaching CHQ.) The foundation stone was laid on 23rd May, 1930, by HRH Princess Mary, our President, and Commonwealth Headquarters was opened by HM The Queen on 20th March, 1931. The Chiefs were visiting Guides in Australia (their gift was the entrance doors to HQ) but they sent a cable – 'heartfelt wishes for success in this great step in Guide history ...'

After the opening and the Bishop of London had blessed the building, Queen Mary toured Headquarters including the Shop and the packing and store rooms in the basement: her tour ended with the Council Chamber where the Queen unveiled the portrait of B-P by Simon Elwes, still shown to

Guides of today.

The war years brought their challenge and stress to HQ staff, though mercifully the building was untouched by bombs. (A rota was formed for fire-watching, four members of staff each night). In 1942 95 members out of a pre-war staff of 129 were in the national services and their places were taken by Guides under registration age. Lunch-hours of those days were filled with morse and semaphore practice and First Aid lectures.

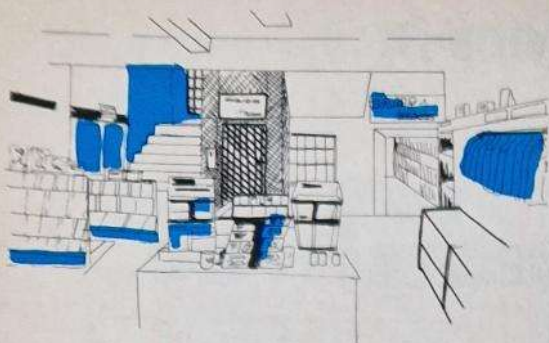
In 1944 the General Secretary, Miss Helen Anderdon, reported in *The Guider* that 320 customers were served in the Shop each day and 600 on Saturday mornings. Equipment Department staff was patiently coping with purchase tax, coupons, paper quotas and Board of Trade regulations. There is a very human plea that the coupons should be pinned to letters! Clothing coupons were still in use at the beginning of 1948 when the General Office staff was dealing with 1,250 a week. The shop was now serving 400 customers a day and the Despatch Department dealing with 2,500 parcels a week.

Visitors to CHQ in the 60's may remember the Shop windows were modernised in 1961, the Shop and the ground floor in 1964 and the 1st floor offices in 1966. In the August '66 *GUIDER* an appeal was published to 'Raise the Roof' with a target of £40,000 (or 1s. a head), and in June the following year the staff of Publications and Public Relations Departments were able to move into light, modern offices on the 5th floor and in July the hostel was opened.

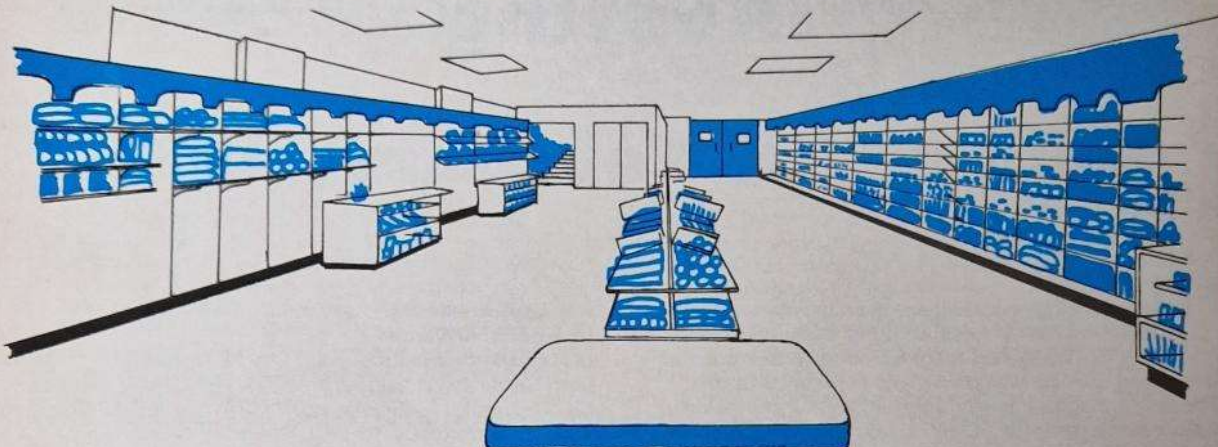
And now just 59 years after opening our first Guide Shop at 84 Victoria Street you can visit on your next trip to London our new Camp Showroom based in the old Despatch Department from which thousands and thousands of parcels have been packed in days gone by. We cannot sell you a bell tent, 'complete with pole, guy ropes, pegs and valise' for £5 10s, as advertised in the 1922 *Girl Guides' Gazette*, but we can tempt you with useful up-to-date equipment needed for Guide camps or family holidays.

Thora Wallis-Myers
CHQ Archivist

*Where the Boy Scout office was already housed.



Shop-talk



Top, the shop as it was, and above, as it is now.

AS YOU READ THIS many of you will have already visited our bright, modern, new CHQ shop in Buckingham Palace Road. Those of you who have not, we hope will be along in the near future. Many people will say 'not before time,' to this modernisation, but we must remember that the old fittings and fixtures have been doing good and reliable service for many, many years, as is probably fairly evident. Many of them were saved for by Guides and Brownies from all over the world. However, as many of you will know, after more than 40 years service in Guiding one can get a little tired and begin to squeak (just a bit), so we have pensioned off our fixtures, though some are going on to do further work in Headquarters.

We hope that you will find the change a great improvement, for in these days of self-selection, fast turnover and high pilferage rate, we have tried to give a modern outlook while still retaining the Guide image, without losing any of the personal service that has always been our aim. We will still try to answer questions to which there seems no solution; we will still crawl under counters to retrieve lost balls for small Brownies, and we hope we will still have your

support.

In particular we would like you to come and see our new Camp Showroom downstairs, where you will be able to see the tents of your choice erected and accessories on view, so that measurements like 244 cm x 213 cm will make some sense in relation to squeezing 5 assorted Guides into one tent.

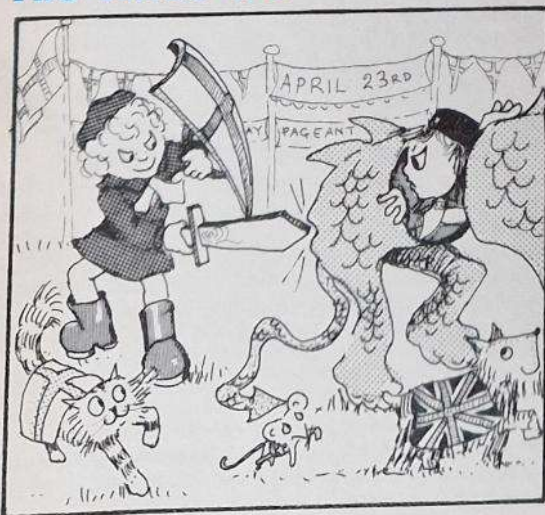
Now that we have lost our big sister (The Trading Service) to Broadheath, we are having to look after ourselves in the shop, maybe for the first time, with no one to run to in an emergency, rather like a 40-year-old teen-ager. With this in mind we hope that you will bear with the great problems that this big step involves, both for 'Trading' and CHQ shop. We promise that things will soon be back to normal, maybe better than normal.

Come and see us soon, have a lunch in the restaurant, have a tour of the building, and say 'Hello' to the girls in the shop. Remember it's your shop and your Headquarters, so make use of us when you are in London, that's why we are all here.

See you soon?

The Three G's

by Sheila Graber



Items of interest from the Executive Committee Meeting held on 5th February, 1976

BEFORE opening the Meeting, the Chairman reported the death of Miss Betty Fripp on 23rd December 1975, and that Mrs Holdaway had represented the Association at the Memorial Service, which was held in West Lulworth.

The Lady Baden-Powell, International Commissioner, Mrs Swinburne-Johnson, Chief Commissioner for South West England, and Mrs J Wood, Acting Programme and Training Adviser, were welcomed to the Meeting.

Annual General Meeting 1976

The Association is now able to hold the Annual General Meeting afternoon session in St James's Palace on **Wednesday 19th May, 1976** instead of Tuesday 11th May, and Her Royal Highness, The Princess Margaret, has graciously agreed to preside on that day. General Sir John Hackett has kindly agreed to be the Association's Guest Speaker at the afternoon session of the Annual General Meeting.

Folk Fest 8

The following recommendations received from the Folk Fest Committee were approved:

That Folk Fest 8 be held in the Albert Hall in October 1977 with only one performance on the Saturday night.
That a Folk Fest Workshop and auditions be held during the Easter holidays in 1977.

County Commissioners' Conference 1977

It was agreed that a residential County Commissioners' Conference should be held on one weekend in 1977 from Friday evening to Sunday afternoon. A number of conference centres were suggested and fully noted for reference. Lady Mursell accepted the invitation to be chairman of the County Commissioners' Conference Planning Committee.

British Guides on Foreign Soil

It was agreed that the responsibility for British Guides on Foreign Soil should be transferred from the International Commissioner to the Commissioner for Branch Associations.

Guatemalan Earthquake

It was noted that there were approximately 300 Guides in Guatemala and Mrs Vaughan-Cox said she would be in touch with the World Bureau concerning possible assistance.

Report from the International Commissioner International Camps

Invitations for events overseas in 1976 had been received from Germany (2), Netherlands (2), Hong Kong (1), Norway (2), Denmark (1), Sweden (6), USA (2). In addition there was an opportunity to visit Denmark under the auspices of Experiment in International Living.

Conferences organised by the Europe Committee

Miss Ann Henderson, Programme/Training Adviser for Scotland, will be representing the Girl Guides Association at the joint European Training Symposium to be held in the Netherlands in September, 1976.

Invitations to Events in the United Kingdom

Invitations have been circulated abroad on behalf of London-over-the-Border, Nottinghamshire (Sherwood '76) and Perthshire. In addition, Scotland and South West England have each agreed to host a group of Japanese Girl Scouts as part of an Experiment in International Living programme.

Extension Adviser

Mrs A Gentry has been appointed as Extension Adviser for an initial period of one year with effect from 1st January, 1976 (vice Mrs W Robinson, JP).

Adviser for Educational Development

Miss J Braithwaite has been appointed as the Adviser for Educational Development for an initial period of three years with effect from 1st January, 1976 (vice Miss B Strutt).

Canoe Consultant to the Outdoor Activities Adviser

Miss B Judd has been re-appointed for a further two years with effect from 1st March 1976 as Canoe Consultant to the Outdoor Activities Adviser.

Drama Consultant to the Arts Adviser

Miss H L Poyner has been appointed Drama Consultant to the Arts Adviser for a period of three years with effect from 1st January 1976.

Around the World in Eighty Days

by Phyllis M. Fowler



ON 1st SEPTEMBER I set off from Heathrow with a friend to fly the first part of our long journey around the world. The first stop was Tokyo, where I met the Executive Director of the Girl Scouts of Japan, a charming person who entertained us in her office and gave us green tea in a truly Japanese style, on a very low seat and in a handle-less cup. We had a short visit to the Guide shop, and made an appointment with Miss Muto, a Guider who looks after the shop, to take us the following afternoon to see some of the sights of Tokyo. With Miss Muto we visited one of the oldest museums in Tokyo. The Japanese are a very courteous people and we greatly enjoyed our afternoon out. Unfortunately the Guides and Brownies had not yet returned to school so we were unable to visit a Pack or a Company.

Our next stop was Hong Kong. We loved the place, but here, as in Japan, Guide meetings had not yet begun for the Autumn session. Despite this, Miss Wilson, the International Representative, very kindly came along one afternoon and took us to see the beautiful Girl Guide Headquarters. We met the Guider-in-charge here and spent a profitable time comparing Guiding in our respective countries. One could not leave without a visit to the little Guide shop, where we purchased souvenirs to bring home.

We had no special contacts in Australia, but a Guide badge worn every day proved a contact in itself. I was stopped twice and asked if I was from England, and told it was good to see an English Guide badge, and how many happy days had been spent years ago, Guiding in England and Australia. New Zealand was the next port of call. My friend and I found the Guide shop in Auckland and, of all things I was able to purchase a No. 1 Guiding Round the World book which has not been available in England for some time. We were welcomed very warmly by the Guider-in-charge of the shop who was interested and keen to hear all the news from England.

And then on to Fiji – oh to be there now, as I hear the terrible North wind blowing outside. Our contact here, Miss Gaundar, is the Commissioner for Nandi and has a Brownie Pack and Guide Company attached to her school in Nandi. By the time we arrived, the new term had started, so at last we were able to visit some Guides and Brownies. I must mention here that on our flight to Tokyo we enjoyed the company of Mrs Doi, the Chairman of Finance Hyogo Local Council for Girl Scouts of Japan, and a Miss Dyer. It was great fun trying to make ourselves understood while talking to Mrs Doi, but with hand-signals, laughs and much pointing we managed very well. She had been to the World Conference at Brighton and was thrilled with England. Miss Dyer was a Brownie Guider from London, and she came with me to visit the Nandi Guides and Brownies. She spent a highly enjoyable afternoon with the Brownies, teaching them some English games, while I and another friend talked with the Guides and taught them some Camp-fire songs. An English cup of tea was laid on for us before we departed in Miss Gaundar's car. A visit to her home-farm was the next part of an entertaining afternoon.

From Fiji we moved on to Mexico City. After a brief call at the Guide house and shop in the city, we were taken on a tour of the lovely house by a charming elderly lady in charge. How lucky they are to have such a beautifully furnished Guide house. The whole day spent at Cuernavaca on the day following our visit to the Guide house, was a

great highlight. It was at Our Cabana hut that we, or at least I, had to make a presentation. The Guides, Guiders, Trefoil Guild and Local Association members of North Devon had sent a beautiful linen table-cloth, embroidered by a Trefoil Guild member. It had a World Badge in the centre and hundreds of names of Brownies, Guides, Guiders, Guild members and friends. The cloth was accepted graciously by Mori of the Cabana and by a large group of Mexican Guides who had just arrived for the weekend. We had great fun with the Guides who were trying out their limited English on us, and also trying to teach us Mexican in five short minutes.

It is a wonderful place and anyone who stays here is indeed very fortunate. The layout of the buildings and gardens, so thoughtfully planned and in such a beautiful part of Mexico, was so impressive that I could well have stayed here for a long time, had we not had to journey on to New York, Niagara, then Chicago where again I was stopped, in a restaurant, by a lady who had spotted my Guide badge. She had been a Guider in London many years ago.

We travelled on to St Louis, Bourbon and the Osark country where we discovered more ex-Guiders and Guides, all very interested in Guiding and who loved to hear news from England.

After passing Calgary, Banff, Jasper, the Rockies, the Frasier Canyon we had a wonderful day sightseeing in Vancouver with an ex-Guide. Down to USA Portland and on to Crescent City popping into the swimming baths, and we were later discovered once again because of the Guide badge, by an ex-Guide from Liverpool.

She and her friend Mavis, also a Guider (or at least she had been a Guider in Crescent City) kindly offered to take us out for the afternoon. This proved to be a wonderful drive through the Redwoods. How lucky we were to have met them, and all because I was wearing my Guide badge.

Back to Mavis's house for a cup of tea and we said goodbye with very many thanks. Thinking that we should not see these two good souls again we went back to our hotel and packed ready for off in the morning. Who should be at the bus stop waiting to see us off but Nancy who had so kindly taken us out the day before. Wasn't that good Guiding!!!

And so on to San Francisco to stay with a friend who had been my Guide Secretary some years ago. Ross, where she is living, had no Brownies and they were in need of someone who could tell them how to set about starting a new Pack in their village. I was very happy to be of service there and was able to give them a little advice as to how to set about things. Just today two months later I have had a letter from my friend who tells me that a Brownie Pack is in full swing and flourishing with several Brownies already enrolled.

Leaving San Francisco we went up into Yosemite Park, what a wonderful camp place, and then down to Los Angeles and a finish up in Disneyland. Almost the end of November and we had to be off home again. I feel that I am very privileged to have had this wonderful experience of travel and to have met so many marvellous people, some doing a most excellent job in Guiding, others who have left Guiding many years ago but still thrilled to see a Guide badge and to hear all about present day Guiding. As the music and song of Disneyland says:

'It's a small world after all.'

Advanced Venture Scout/Ranger Guide Course

I ARRIVED AT Gilwell Park, the Scout Training Centre, and was introduced to my group tutor and other members of my group. We were shown to our tent and kitchen hut and then taken on a tour of Gilwell.

Most of the sessions began with everyone gathering in the new Colquhoun International Centre, which has splendid facilities and audio equipment.

With the exception of the first three sessions the programme was left to our decision. After the Sunday morning session on 'The Role of the Leader', we watched a rather alarming film about the future of the world in a few years.

Each evening we discussed whether our needs had been covered or, if not, how they could be in future sessions. The sessions generally turned into group activities ranging from discussions and projects to games. The programme covered working with the Unit Executive Committee, joint policy, leadership, values and counselling, but the main theme of every session was the non-directive approach, that is, encouraging the Rangers and Ventures to make their own decisions.

One of the most valuable sessions was taken by Tom Wylie, who is a member of the Joint Secretariat. The Joint Ranger/Venture section was discussed in detail and, although everyone agreed on a joint section, I realised that a lot of ground must be covered in the next two or three years.

On Tuesday evening we had a break from sessions and invited some Guiders who were camping nearby to a Ceilidh.

The most valuable knowledge was gained from other course members. The members of my group became tightly-knit, and, although sessions finished at 9.30 pm, informal discussions continued long after this time.

Any Ranger Guider who has the opportunity to go to a Venture Scout/Ranger Guide Training, would gain a lot from it, as I'm sure I did.

Anne Perkins,

Ranger Guider, Glasgow

Ranger Guide/Venture Scout Pre-Student Weekend

All Venture Scouts and Ranger Guides about to enter college or university are warmly invited to attend the pre-college training weekend at Waddow from 9th to 11th July, 1976. This course, offering an introduction to life at a University/College of Education, is also open to first-year students, and guarantees to be a most enjoyable time for all. Applications should be made direct to the Secretary, Waddow Hall, Clitheroe, Lancs.

MAINLY FOR RANGERS



KIRKLEBRIDE EASTER BASKETS

4 oz shortcrust pastry mix
Water to mix
2 oz butter
2 oz sugar
1 egg
 $\frac{1}{2}$ oz plain flour
2 oz ground almonds
15 oz can apricot halves (drained)
 $\frac{1}{2}$ pint double cream (whipped)
12 Angelica strips

Make up shortcrust pastry mix according to packet instructions. Roll out thinly. Using a $2\frac{1}{2}$ -inch fluted cutter, stamp out 12 rounds. Place in patty tins. Cream butter and sugar together. Beat in egg. Add flour and ground almonds and mix well together. Divide mixture between pastry cases. Bake in a moderate oven (Gas No. 4 - 350°F) for 20 mins. Cool. Place an apricot half on top of each tartlet. Pipe rosettes of cream around each apricot and place angelica 'handle' on each.

A Pastry Bureau recipe.

EASTERTIME EGGS

4 large eggs - hard boiled and shelled
 $3\frac{1}{2}$ oz can Tuna fish - flaked
3 oz cream cheese
3 tbsps Tomato Ketchup
 $\frac{1}{2}$ tsp lemon juice
Black Pepper

Method:

Cut the tops off the eggs and reserve. Carefully scoop out the yolks.

Sieve the yolks into a bowl, add the tuna fish, cream cheese, Tomato Ketchup and lemon juice. Mix thoroughly and season with black pepper.

Divide the mixture between the four hollowed out egg whites. Replace the tops.

Serve as a snack with hot toast and butter.

Serves four.

Recipe by courtesy of the Heinz Recipe Service.



All Dolled Up!

JAN MOUAT, of the 1st Campbeltown Unit, pictured in the January *GUIDER* as a finalist in the English Sewing Competition, is a dressmaker with a difference! Besides making her own clothes, she also makes extremely detailed model period costumes, fitted to 12 inch teenage dolls, a few of which are shown here. Printed below are extracts from Jan's letter about the competition finals in Manchester, and her other hobby.

I was delighted to go to Manchester and enjoyed myself thoroughly. I love sewing and have been making my own clothes since I was twelve. I also dress 12 inch teenage dolls in period costume and I am interested in studying historical costumes. I have not yet decided exactly what I'm going to do when I leave school, although I would like to leave after my 'A'-levels this year, but I hope I can carry on using my dressmaking in something like fashion design. I do all my dressmaking at home because I don't take sewing as a subject at school. Sewing there is made to last all term, and I like to make things a lot more quickly than that! I even made my dress for Manchester in three nights, because I only saw the advertisement for the competition a week before the closing date.

Jan Mouat

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Send SAE for full details to:
NEW FOREST RIDING HOLIDAYS
4 Westover Road, Bournemouth

A CAREER IN NURSING?

FIND OUT MORE at Summer Schools for Future Nurses: one week courses in a holiday setting for young people aged 15-19, 31st July to 28th August, 1976 at Liverpool (A Level students); Romsey, Hampshire; Worthing and Bath. Fees £25-£28. Send sae 9" x 4": Summer Schools' Registrar, Nurses' Christian Fellowship, 277a Ewell Road, Surbiton, Surrey KT6 7AX.

Wet Weekend

An ideal setting for such sailing activities as are shown here is Dolygaer, the mid-Glamorgan Outdoor Pursuit Centre near Merthyr Tydfil, South Wales. The 1st Taff Rangers spent two days there in July of last year, much of which was devoted to

sailing, under the attentive eye of an instructor. Amid beautiful surroundings, these Rangers had a chance to acquire or improve their sailing skills, and enjoy themselves at the same time.



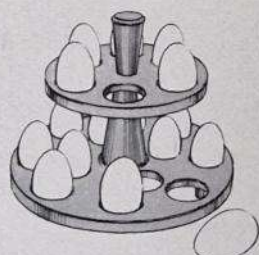
The 1st Taff Rangers, above, tired but cheerful, and right, peace and tranquillity.



Hong Kong Diamond Jubilee Celebrations

Three Ranger Guides and a Ranger Guider fly to Hong Kong on 13th April to take part in the Diamond Jubilee Camp which is to be held at Wu Kwai Sha Youth Village in the New Territories. The visit which includes home hospitality, will last 3 weeks. Essex East is supplying the Guider, Lancashire West, London over the Border and Devon the Rangers. We wish them all a very exciting trip.

MAINLY FOR RANGERS



This well designed egg rack, which holds $1\frac{1}{2}$ dozen eggs, is made of sturdy plastic and comes in orange, white, or chocolate brown. It also provides an ideal way to store eggs, for they are best kept not in a

fridge where they may pick up smells from cheese etc - but in a larder or another reasonably cool place. Available from all large Woolworth stores. Price 99p.

These 'fun' knee high socks, with a touch of Toulouse Lautrec, are available from all large Woolworth Stores. They come in a variety of background colours ranging from burnt orange to cool green. They are one size, to fit shoe sizes 4-7. Price 49p.



Here is a good idea for all those bits and pieces. It is called 'Party Set'. You can use it to hold crisps and nuts etc. It also makes an extremely good holder for

makeup and jewellery. It is made in dark tangerine coloured plastic, which is easily cleanable. Available from Boots. Price £1.45.



Read all about it !

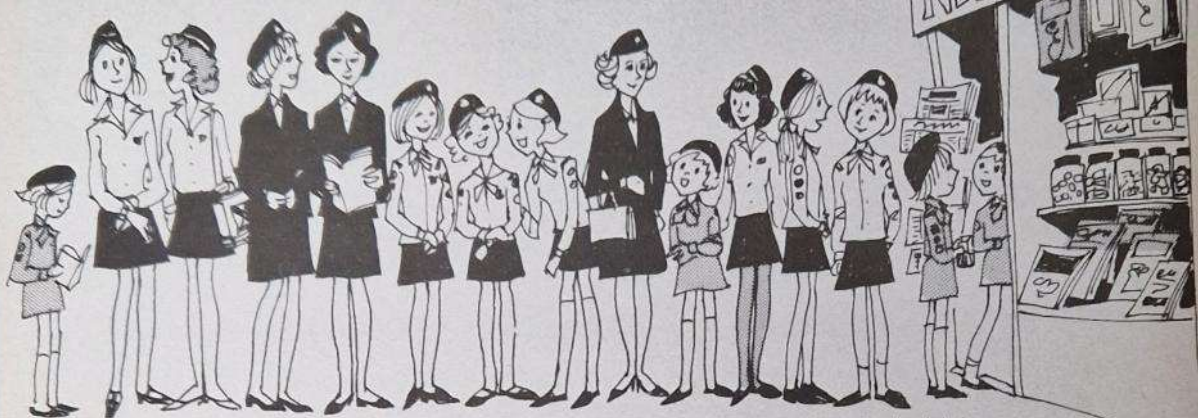


Illustration by J de Lemos

THE RESPONSE to our subscription coupons in December was so good that we are giving you all another chance to beat the queue. Give your Company or Pack an Easter present which will enthrall them for twelve months.

There are plenty of ideas for your enterprising girls to work on in *The Brownie* and *Today's Guide*. The new 'better than ever' *Brownie* is packed full of things to make, Badge articles, puzzles, stories, and general information.

Today's Guide grows more popular every month with its unique mixture of fashion, outdoor activities, film and book reviews, and readers'

pages, all geared to the Guide Programme. A twelve month subscription would make a perfect birthday present for your Guide friends or family.

Do you have trouble buying your copy of *Guider* or copies of *Brownie/Today's Guide* for your girls? Late deliveries? If so, let us know the full details including the name and address of your newsagent and his wholesaler. Write to Mrs J V Rush, Managing Editor, at the address below. Meanwhile why not treat yourself to a year's supply of *Guider*? Have it delivered to your door promptly every month and benefit immediately from the thought-provoking, instructive articles and features.

Fill in the simple coupons below and send them, complete with a cheque or postal order for the relevant amount, to:-

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Ranger Guide/Venture Scout Co-operation

A letter and discussion paper has been sent to all Commissioners, Ranger Guiders, Rangers, Young Leaders, LINK members and Clubs asking for their views about closer co-operation between Venture Scouts and Ranger Guides. We hope you have all received copies which have been sent via Country-Region and County channels. If you have not received them when you read this, please send a stamped addressed envelope to The General Secretary at Commonwealth Headquarters. We will accept all your replies up to the 15th April as we know how long it takes to get papers distributed so widely. Your views will be correlated and fully considered at a special meeting of The Executive Committee to be held in June. A report on the Committee's deliberations will be published in the September issue of *GUIDER*.

Lysia Whiteaker

Lysia Whiteaker
GENERAL SECRETARY

Sangam, the WAGGGS Asian Centre

SANGAM, THE YOUNGEST of the World Centres, is celebrating its 10th Birthday next November, from 17th to 21st, and a warm invitation is given to Guiders to come to Sangam for the occasion, and to enjoy a visit to other parts of India. The programme for the celebration begins with a tour of Sangam and includes demonstrations of Indian dances, Yoga and Indian Crafts, a party for the children from the neighbouring low-income housing estate, a camp fire with Poona Guides, sight-seeing and home hospitality, and an International supper and a Birthday lunch, when everyone is asked to bring a birthday present – anything from a tin of coffee to a motor car (or cash equivalent)! After the celebrations, the Chairman of Sangam will be glad to help to arrange a further programme for the visitors. Excursion flights from Heathrow to Bombay cost at present £150 return and about £6 return from Bombay to Poona.

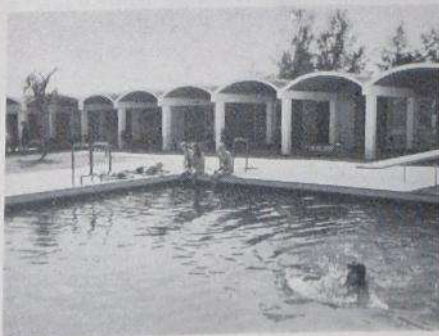
Sangam is a lovely place – an attractive house with a swimming pool – built in seven acres of land, which is now well cultivated and produces fruit and vegetables for the



house. Trees have grown up during the 10 years, and make the whole place look very attractive.

The weather in Poona in November is lovely – warm days and cool evenings, and continuous sun. It is a glorious place for a winter holiday, and accommodation is available in single or double bedrooms or in dormitories.

Some years ago, the Chief Guide inaugurated the 'Remindery' – after her visit to India she gathered together a number of people who loved India and had Guided there in the All India Association, or later in the Bharat Scout and Guide Association. The meeting was a great success and was repeated annually. Now, at the Chief's suggestion, supporters of the Remindery and Guiders who had visited Sangam agreed to form a group of Friends of Sangam – this also meets once a year, generally in April at the Guide Club. This year it is on Wednesday, 28th April at 12.30. For further information write to Miss R. Hacon, South Warborough, Kenton, Nr. Exeter, Devon.





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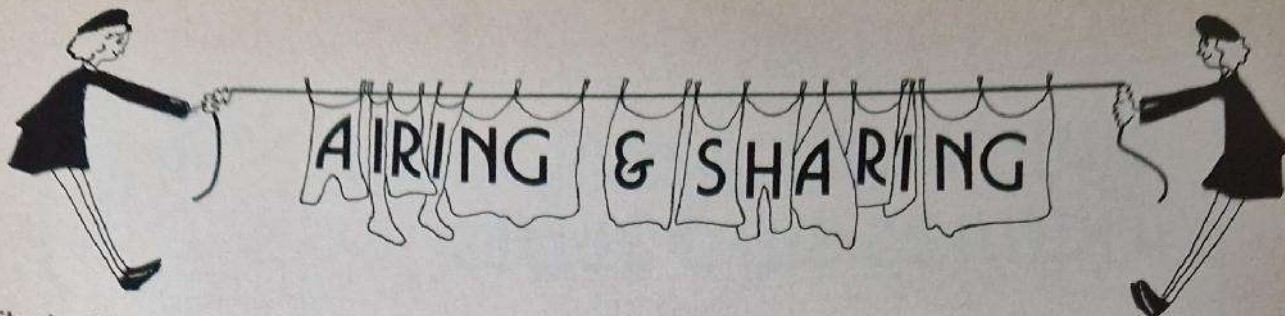
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Fly the Flag

The friendship of Guiding is one of our greatest assets. It is so easy for us to enjoy contacts with other Guides wherever they come from because we are all doing the same sort of things for the same reasons. We have the wonderful ability, through the World Association, to become instant friends with members of the Movement whatever their age, race or background. How lucky we are. Can we try to make this friendship wider and look for opportunities to befriend people who may not belong to our Movement? I am thinking in particular of overseas students who come to our Universities and Colleges, who can feel so lonely and bewildered. They set out with such high hopes and expectations, but many are never given an invitation to a private home and do not gain any wide appreciation of British culture. Sometimes students are befriended by members of organisations with the deliberate purpose of indoctrinating them with their political views. Might there not be an opportunity for young Guiders and Rangers to seek them out and offer them companionship, take them shopping, accompany them to church, invite them to a social evening, arrange for them to visit a Guide or Brownie Unit to show their songs or games or dances? Scout and Guide Clubs in Universities and Colleges, Guiders and Rangers who live near ports and airports, here is a challenge. Find out when students from developing countries are arriving - meet them - welcome them - befriend them. This challenge needs careful and imaginative thought but friends or acquaintances who have lived in the visitor's country can give invaluable advice and the results could bring greater understanding and happiness to you as well as, we hope, to your visitors.

Tryce Taylor,
Lymington, Hants.

Protected Badges

As I couldn't buy Brownie Promise badges locally, and as I happened to be going to London, I thought I would go

to HQ. 'We can't sell them to you unless you have your warrant card.' Of course, I hadn't; but after some argument, I was sent to Reception so that a phone call could be made to verify my warrant. But was this really necessary? Who on earth wants to buy ten Promise badges, especially as they now cost 15p each? What would even the most unscrupulous person do with ten Promise badges? I suppose it's possible that some proud Mum would deck her daughter's sleeve out with assorted interest badges, but surely not without her Guider noticing? Seriously - I would like to know the thinking behind this rule.

Ruth Ayres,
Hailsham, Sussex.

Since our Promise badges are protected by the Chartered Associations (Protection of Names and Uniforms Act) it is a criminal offence for any unauthorised person to use them. It is the Association's duty under the Trade-mark Laws to see that no unauthorised person uses our Association's trade mark 'GIRL GUIDES' as otherwise we could lose the protection of that particular Mark. It has been known that many persons who are avid collectors of badges have tried on many occasions to obtain our protected badges. For these reasons anyone wishing to buy any protected badge must satisfy us that she has the right to do so by virtue of holding a Warrant or Appointment Card.

Legal Secretary, CHQ.

Bourgeois? Not us!

Are we too middle class? Certainly not in Manchester, where we have one of the highest densities of socially and economically deprived families in the country. The majority of our Guiders, including the County executive, work, look after families and run their own homes. We may have less time but we have so much more to give Guiding in enhanced awareness of current issues, enthusiasm for new ideas, and understanding of problems the Guides have to face. Our Guides have a

great zest for life, an eagerness to learn, and an appreciation of the opportunities we can offer. How much more worthwhile is a camp or Pack holiday when you know that for the girls concerned it is the one opportunity in the year to escape from city streets, demolition areas and concrete tower blocks. Unfortunately, because of cost of uniforms, subscriptions, etc, we are in danger of pricing Guiding out of the reach of the very girls we should be striving to help. We are determined that this shall not happen in Manchester, and will continue to ensure that our Programme answers the needs and interests of our Guides.

Pauline M Morris,
Manchester.

Going Up

I am writing to protest about the continuing rise in price of the metal Eight Point Badges for Guides. The latest steep rise from 19p to 23p without any prior notice really is a blow to Companies who try to budget in advance. Would it be possible for these Badges to be made from cloth, as this would surely reduce the cost? I realise that the metal badges are attractive and can be worn in camp uniform but feel strongly that we should be considering the use of an expensive raw material most carefully. What do other Guiders feel?

A G Furse, Tiverton.
With reference to the Eight Point Badges, these went up in price by approximately one-fifth after the old price had been held for a year, during which period inflation was taking place at a much more rapid rate. These Badges are, of course, expensive to produce. **Comptroller, CHQ.**

Ranger Jubilee

It has been brought to my notice that we ought to be celebrating the Diamond Jubilee of Rangers this year as Senior guides started in 1916. A reasonable answer is what I need. There may be other Guiders who would appreciate this. Can you help?

Audrey M Tipping
Ladywood, Birmingham.
The 25th birthday of Rangers was celebrated during the war

in 1942 so that the Diamond Jubilee would fall in 1977. The start of Rangers really goes back to 1917 when the Founder asked Mrs Mark Kerr, then County Commissioner for London and a member of the Executive Committee, to work out a scheme for older girls based on his memorandum. This she did, and the details were published in the January, 1918, Girl Guides' Gazette. This section was open to girls over 16 who were called 'Senior Guides'. Their Tenderfoot Badge had a red border and so did their proficiency badges: these included nursing, out-of-door work, arts and crafts, domestic science, and subjects classed under 'professional' and 'Manufacture'. (It was suggested these badges could be worked for in continuation classes, correspondence courses, factories and workshops).

Mrs Mark Kerr suggested these 'Senior Guides' should not be worked too hard at meetings as nearly all of them will have been working hard during the day... and will want exercise and recreation. They were called 'Senior Guides' until 1920 when the founder put forward the name of 'Ranger'. He said 'A Ranger guards wide tracts which denote wide outlooks, to range means to travel, and the girls will put tradition into the name.' **CHQ Archivist.**

Hats Off

Although it was customary for boys and girls, men and women to wear hats when the Guide Movement started, very few people in 1976, especially children, wear them. It is no longer considered part of the uniform in the majority of schools, and I feel it is now time that the Guide Association considered excluding the hat from the uniform, which would also help reduce the overall cost of uniform. The Brownie cap or beret is too hot for playing games in, the Guide hat balances precariously and is usually taken off at the first opportunity. Judging by the reluctance of Guiders to put their hats on at meetings, one assumes that they are not happy in a hat either.

Mrs D Froggat,
Northumberland.

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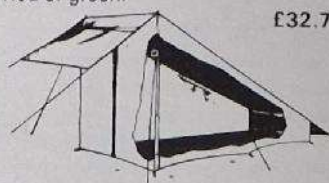
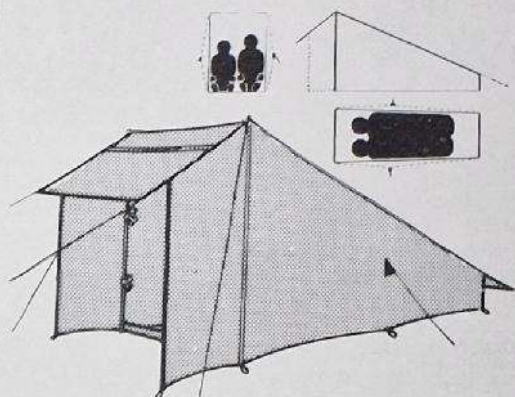
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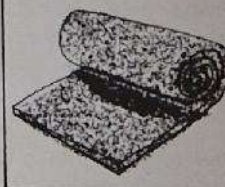
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In good faith

by Joy Dennis

THOSE READERS WHO know the New Testament will remember that on the day of Pentecost when 'they were all with one accord in one place' the first sign of the coming of the Holy Spirit was a 'rushing, mighty wind'. Perhaps therefore it was prophetic that as some one hundred and sixty Commissioners and Trainers from the Guide and Scout Associations arrived at Coventry College of Education they had to battle with heavy rain and a gale force wind which not only threatened to blow the delegates off their feet, but did all in its power to drown speakers at the introductory session. The comparison with Acts 2 seemed apt, as many participants felt the Holy Spirit was very much at work during this weekend when delegates from every part of the United Kingdom discussed 'in good faith' the implications of our commitment to the three-fold Promise, and how this could become a more meaningful force in the life of each member of the Movement.

The Conference was officially welcomed to Coventry by the respective Guide and Scout County Commissioners. Miss Jill Campbell as Conference Chairman added her personal welcome to special representatives from both inside and outside the two Associations. She stressed that although the representation was predominantly Christian the members of other faiths present would have a contribution of particular value to make to the event.

In her introduction to the Conference programme Miss Campbell quoted from our own World Conference: 'Leaders must constantly remember that they have no experience of being young at the present time.' Thinking, for all of us in the Movement, must always begin where young people are at that moment, and for delegates the scene was set by a film showing opinions and attitudes of varied young children, and then by a group of teenagers answering questions put to them by Mr Don Grisbrook, Executive Commissioner (Training) for the Scout Association. These opinions, together with the pre-conference work undertaken by delegates formed a stimulus to the subsequent discussions which took place in small groups when participants considered in detail the current views of young people, the part which can be played by adults in helping growth in understanding and practice of the Promise, and the help and support needed by Leaders, Commissioners and Trainers in this task.

A deeper dimension was added to everyone's thinking by an inspiring talk given by the Reverend Harry Morton, General Secretary of the British Council of Churches. He first encouraged delegates to interpret what they saw happening in the contemporary world; a world which has in many places rejected an imposed civilisation of western Europe and in which

there now reigns a plurality of cultures. Newer nations view themselves in the same way as did the Israelites in the book of Exodus who, having gained their freedom, then had to travel many years in the wilderness evolving a system of law and growing to mature independence. Many nations now travel in this wilderness, and the British people too, with the difficulty of adjustment to this new outlook, are on the same long journey relearning the disciplines necessary for survival in an interdependent society. Mr. Morton reminded delegates that they were fortunate to be part of this challenging search, though he admitted that an ancient Chinese curse stated 'May you live in interesting times!' In this wilderness situation, albeit very different from the world of BP when Scouting was born, it is just as right that the Promise should be at the heart of the Movement. It could provide a vital discipline for the long journey. In analysing our Law Mr. Morton distinguished all the features of a true covenant. These are:

- that covenant begins when an initiative of love is taken,
- that there is a response in the form of commitment,
- that there are certain commandments laid down,
- that promises are made, including the promise of the power necessary for the faithful keeping of the covenant,
- that covenant is sealed with sacrifice.

The reader may well like to attempt a similar analysis using these five headings. Delegates left this talk with the strong assurance that our Promise and Law, while needing constant re-interpretation, remain utterly relevant.

The practicalities of this constant re-interpretation were helped by a wide choice of workshop sessions when participants could concentrate on subjects as varied as music for worship, working in a multi-faith Unit, or the future implications of the 5th Assembly of the World Council of Churches in Nairobi; and the Conference was enriched by the shared expertise of those who led these workshops.

A subsequent session entitled 'The Context In Which We Work' began with a statement of the official religious policy of the two Associations. (For reference see *The Religious Policy of the Girl Guides Association in the United Kingdom*, price 15p; and also reread *Guiding and Religion* on pages 9 and 10 of every Guider's Handbook.) There followed a look, rather sobering in some of its implications, at the realities of our existing leadership, based on some research carried out by Manchester University amongst Scouters, and also at an excerpt from the TV film *Future Shock* highlighting the impermanence of the 'plastic-wrapped instant society' in which our young people are living today. Mrs Janet Wood, the Acting Programme/

Training Adviser drew all these thoughts together in a challenging talk about commitment in a changing world, reminding delegates of the extent of their influence and the responsibility which each one carried for giving Leaders the right help to enable them to operate effectively. She emphasised that all Leaders try to make a response to and to co-operate with God's initiative. She concluded, 'C. F. Andrews wrote, "Love is the accurate estimate and supply of another's needs".'

Commitment always brings Challenge, and delegates felt strongly the Challenge of the exciting times and the Challenge of the task. Perhaps it was therefore understandable that the Act of Worship which one group had arranged for the Sunday began by looking at doubts; our doubts, our worries, and at Thomas, often called 'The Doubter'. The Bishop of Birmingham in his address stressed how easy it was to force someone into an imposed image. Yet the full story of Thomas shows not only his doubts, but also his courage, steadfastness and integrity. His desire to be certain called forth that great assurance from Christ, 'Happy are they that have not known me and yet have faith,' and his example of honest doubt showed that gaps in our faith can be filled. The Bishop reminded delegates of the strength of our allegiance to the one true God, even as we may sing, 'One is One, and all alone, and ever more shall be so.' He stressed that this is our faith, and we must pass on to our young people something strong and worthwhile and enduring. Our Acts of Worship must not deteriorate into just acts, but be real worship; containing a reaching out to God, a falling down before Him, and a being uplifted by Him.

The Bishop's message gave great meaning to the act of dedication which followed, and delegates went out from those words, 'Lord, I may some day mould destiny, because it is within my power to become an important person in the life of a child,' to meet in Country/Region groups to begin to discuss all the different practical ways in which meaningful help can be given to our leaders.

Each one of us in the Movement is involved in this drive to make the Promise a more vital living reality, and so - when Miss Campbell summed up the Conference - her words applied to us all. She bade us look to the future:

- to our future responsibility to Guiding and Scouting
- to our future work with those we wish to help, whether individuals or small groups
- to our own future growth in faith.

Let us therefore move forward with renewed vision and renewed determination, remembering the words of George Fox quoted at the end of the Conference, 'Walk cheerfully over the world, answering that of God in every man.'

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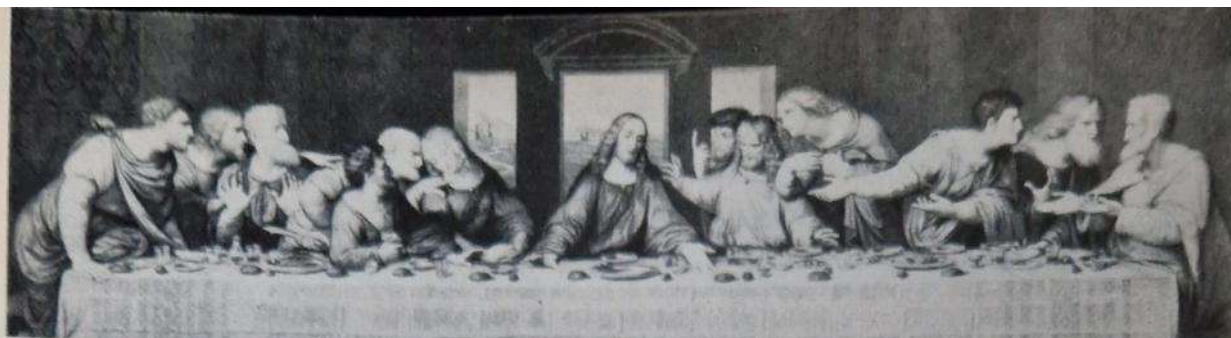
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Some Religious Festivals During April

by Jean Potter and Josephine Kinchin

11th April: PALM SUNDAY. This is the day on which Christians of the Roman Catholic and Protestant Churches remember how Jesus rode into the city of Jerusalem on a donkey, or ass, a symbol of his humility. He was, nevertheless, acclaimed by the crowds who, according to the accounts in the Gospels, spread their garments and leafy palm branches from the trees on the road, and welcomed him with the cry, 'Hosanna to the son of David: Blessed is he that cometh in the name of the Lord; Hosanna in the highest.'

In some Churches on this day crosses made from palm are given to the worshippers, as a reminder of the events of the first Palm Sunday.

11th-17th April: Palm Sunday heralds in HOLY WEEK each day of which records significant events leading up to Jesus' death.

13th April: The Hindu festival of BAISAKHI which has particular significance for members of the Sikh religion. It was on this day in 1699 that Guru Gobind Singh founded the Khalsa (see *GUIDER* for April 1975).

14th-21st April: PASSOVER is probably the most interesting of all Jewish festivals. It commemorates the last of the ten plagues which God inflicted upon the Egyptians whilst the Jews were their slaves and forced to build pyramids. The last plague resulted in the killing of the eldest son in every Egyptian household. But in Jewish households a lamb was sacrificed and from its blood a cross was drawn on their doors. God's Angel of Death, seeing the cross, 'passed over' the Jewish homes, affecting only the Egyptians - hence the festival name Passover. The Hebrew word is Pesach (pronounced Paysak).

On the day before Passover in many Jewish homes all leavened bread, that which is normally eaten, is removed and is replaced by unleavened bread called Matzos. This symbolizes the fact that in their rush to leave Egypt the Jews did not have time to let their bread rise, and so took with them bread which looked like a flat type of biscuit. It is prohibited to eat or possess leavened bread for the duration of Passover. All items of crockery, kitchen dishes, cooking utensils and cutlery are put away and a special set reserved for Passover are brought into use. The whole house is often spring-cleaned and many foodstuffs are also replaced by specially prepared foods obtainable at some large supermarkets and of course Jewish shops. These items range from chocolate to jam and in the non-foodstuff department one can purchase specially prepared scouring powder etc for cleaning the Passover dishes.

The evening meal of the First night of Passover is a great event known as Seder Night. The whole family takes part often including relatives and friends. During the meal, which can take up to three hours or more, the family follows a service from a book called The Haggadah. On the table, accompanied by the Matzos, are the following (sometimes on a plate specially designed for the occasion): Roast Shank-bone of a Lamb to represent the Paschal lamb; One Roasted Egg representing the festival of offering; Bitter Herbs (natural horseradish) to represent the bitter times the Jews suffered under Egyptian rule;

Charoseth (a mixture of raw apple, almonds, cinnamon, raisins and wine) representing the cement used in building the pyramids;

Parsley or lettuce accompanied by a bowl of salt water. The salt water represents the Jew's tears shed during slavery and one explanation given for the parsley is that it represents Spring.

Explanations are given for these articles, followed by the youngest child present, who is able to do so, asking four questions. The first question is, 'Why is this night different from all other nights?' His other questions relate to the strangeness of the evening. All these questions are answered by the Leader, often the Father or the Grandfather, culminating with the story of the Exodus from Egypt.

Everyone round the table partakes symbolically of the above mentioned foods in certain prescribed manners. The parsley must be dipped in salt water before being eaten, and the charoseth placed between Matzos to represent the pyramid bricks. Then follows the meal, often a large one with many traditional Jewish dishes. The service is continued after the meal and often ends with the singing of some traditional Passover songs and games. During the evening four cups of wine are drunk at prescribed times (the effect of which soon tells on the younger children who are often asleep long before the evening is out!) and a special cup is set aside for the Prophet Elijah. Indeed, some families often lay a place for him at the table. At a given point in the service this cup is filled and the door opened allowing the Prophet to enter should he wish to do so. This ceremony symbolizes the fact that a passing stranger in need may come in and partake of the family's hospitality for the evening.

In times past, and indeed in many strictly Orthodox homes, the whole service is read in Hebrew and for the younger members of the family it is often many years before they understand exactly what is going on. In

other homes, however, any Hebrew spoken is translated into English so that children can enjoy the service from a very early age.

The whole evening's proceedings are then repeated the following night sometimes with the same people present, sometimes at another friend or relation's home, or sometimes in Synagogue halls where a Communal Seder is held. Then for the next week, only the specially prepared foods may be eaten together with Matzos. On the last day all the Passover dishes are put away until the next year, and regular food again appears on the table.

15th April: MAUNDY THURSDAY is the day during Holy Week which commemorates the Last Supper which Jesus had with his disciples. It was during this meal that he took bread, blessed it, broke it, and gave it to his disciples saying, 'Take, eat; this is my body.' Then he took the cup, gave thanks, and gave it to his disciples to drink saying, 'This is my blood of the covenant which is shed for many unto the remission of sins.' It is this meal which is commemorated by most denominations within the Christian Church, under various names such as the Mass, the Eucharist, Holy Communion or the Lord's Supper. After supper, according to the Gospel written by Saint John, Jesus took a basin of water and a towel and washed the disciples' feet, an act symbolizing how he had come to be the servant of mankind. He then commanded the disciples that they should love one another even as he had loved them. On Maundy (from a word meaning 'commandment') Thursday the tradition grew up whereby some monarchs and prelates washed the feet of the people, and then gave alms to the poor. The tradition has been maintained in this country in the annual giving of 'maundy money' by the sovereign, the number of silver pieces given corresponding with the monarch's age. The Holy Week story continues with Jesus going, with his disciples, to the Garden of Gethsemane to pray. While there, he was betrayed by one of them, Judas Iscariot, who identified him to the Roman soldiers by a kiss. Jesus was then arrested and led away to be tried by Caiaphas, the high priest, and then by Pilate.

16th April: GOOD FRIDAY. In spite of the fact the Pilate could find no crime in Jesus, the chief priests and people demanded that he be crucified. So Pilate handed him over to the soldiers who took him to a place called Golgotha where he was nailed to a cross, and left to die.

These events are commemorated in processions and services throughout barely decorated Western Christian Churches on this day. In some places various incidents involving Jesus with his Mother Mary, with Simon of Cyrene who helped him carry his cross, and with other people as he journeyed from the place of scourging to the place of death, are recounted in the fourteen Stations of the Cross. At other services the seven words or phrases spoken by Jesus while hanging on the Cross are recalled. Many Churches have a service from noon until three in the afternoon to coincide with the time when 'there was darkness over all the land' during the three hours immediately preceding Jesus' death.

After the death of Jesus his body was taken by Joseph of Arimathea and sealed in a rock tomb, before the commencement of the Jewish Sabbath at dusk on that day.

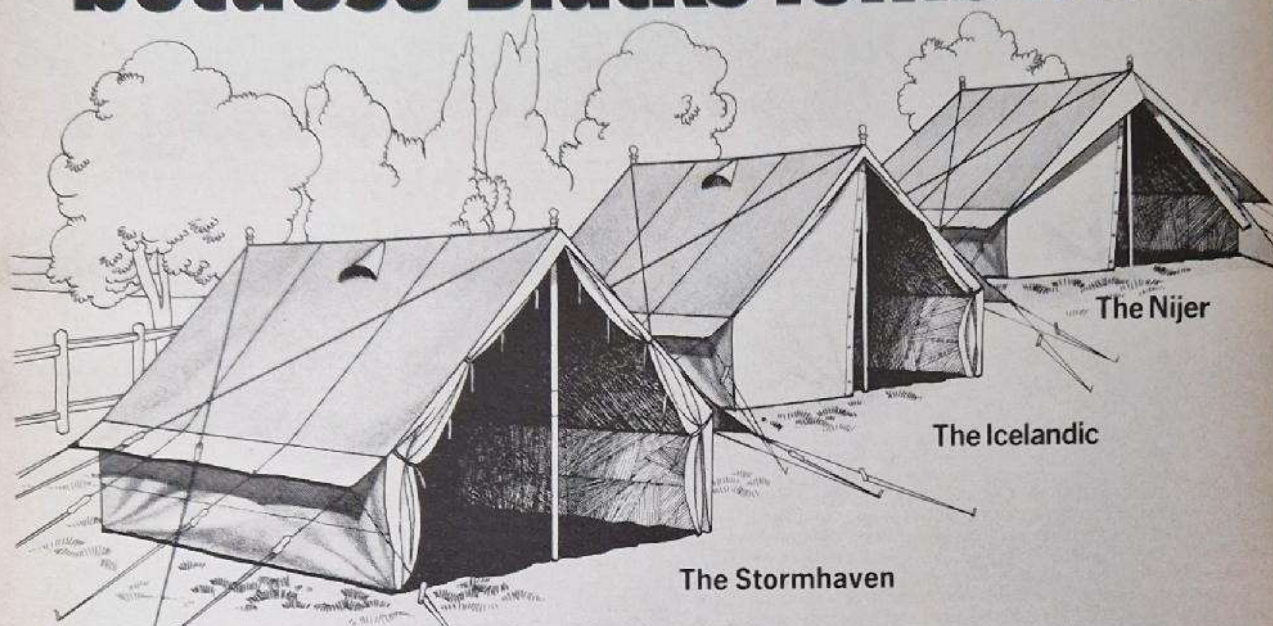
18th April: EASTER SUNDAY. Being unable to travel during the Sabbath, at first light on the Sunday morning some women followers of Jesus set out for the tomb, taking with them spices with which to embalm the body. On arrival, they found the stone sealing had been moved, and the tomb was empty. Some versions of the story tell how an angel told them 'Christ is risen.' Saint John tells how Mary Magdalene, thinking the body of Jesus had been taken away, asked a man whom she supposed to be the gardener, where it had been laid. It was not until he called her by name that she recognized the risen Master. This belief in and celebration of the Resurrection of Jesus on Easter Sunday is the most important festival in the Christian calendar, for it signifies for Christians that the man Jesus was indeed the Christ, the Messiah, the Son of God. It is therefore a day of great rejoicing, when Churches are decorated with flowers, there is often special music, and the size of the congregations rival those of the Christmas celebrations.

Within families, chocolate Easter eggs are given to children, a symbol of the new life and hope which Christ revealed through his Resurrection.

And it was this celebration of the Resurrection of Christ on the first day of the week which resulted in the main services within most branches of the Christian Church being held on a Sunday, as opposed to a Saturday, the Sabbath of the Jews.

18th-25th April: Christians belonging to the Orthodox branch of the Church, mainly in Greece, Russia and other Eastern European countries, will celebrate PALM SUNDAY, HOLY WEEK, GOOD FRIDAY and EASTER SUNDAY a week later than their fellow Christians in the West.

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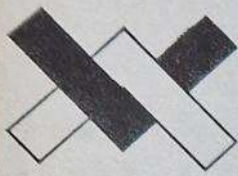
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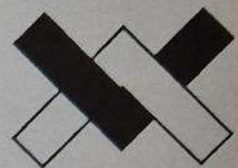
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The Crystal Ball



by Felicity Griffin

MARTHA Middlecomb drove home from the County Executive. Ten miles to go, the roads wet, the way dark, the lights of the car picking out the white centre line with mesmeric effect. She was tired. The meeting had been a long one; it always was. Most people had turned up and the room had been stuffy, there had been more than ever to note down. Regional Minutes, reports from Advisers, CHQ asking for feedback on something or other. 'Don't you agree?' the County Commissioner had asked at one point, and Martha had jerked awake and murmured - 'So difficult in a rural area like mine ...' The other Division Commissioners had all sighed their assent.

Back home in the kitchen she put the kettle on. The house was quiet. She'd have some tea, run over the notes she'd made and go to bed. There wasn't much to delay her. After all, much of what had been said tonight wasn't really relevant to her Guiders. Which of them would think of taking that invitation to Denmark seriously?

Martha sat down at the kitchen table and folded her notes. The papers curled up and she reached across to the window-sill for a glass paperweight to hold them down. The light caught the pretty thing and it sparkled like a prism. She looked at it as if seeing it for the first time. What a funny child Mary was! She had given it to her on her birthday saying 'I bought this for you at the Patrol bazaar, it's only got a very little chip!' The patterns of coloured glass formed tiny daisies. Rows and whorls of daisies. Each one different, each one winking and glittering in the light, each one linked to its neighbour with a slender thread. As Martha gazed at the pretty toy she recalled the County Commissioner's voice as she must have heard it in the meeting that evening. 'I would like you Division Commissioners to encourage the formation of a Link Unit in your Divisions; remember it's to absorb the over 18-year-

olds, Scout and Guide, and to keep them in the Movement. It's a good idea - don't you agree? It just needs someone to start it off!'

The daisies in the glass seemed to shift. Martha was looking at the face of a neighbour. A pleasant face. She'd come to live in the village when her husband retired and then he'd died unexpectedly. How long ago? Three years, was it? Martha remembered her neighbour had said, 'Let me know if there's anything I can do to help with Guides.' She'd not been a Brownie Guider sort and Martha was pre-occupied with that perennial shortage at the time, so nothing had come of the offer. Should she ask Mrs Thing to 'start off' a Link Unit? Her children were grown up, her house and garden almost too tidy and she had been very kind when that boy at the garage had had his accident.



The whole village had liked him, that boy, especially Sue, and then after the crash he'd lost the use of his legs and was permanently in a wheel-chair. He lived with his parents and mended radios. He didn't go out much and the Cubs missed him dreadfully.

Sue had gone off to train as a nurse and only the other day there had been a postcard from her saying that two girls from Indonesia were coming to work in the local Cottage Hospital and would be lonely unless Mrs Middlecombe did something.

Then there was that police cadet, who was attached to the hospital on some sort of social service project, and was staying at the local shop. The Rector had said the lad was going to get a bell-ringing team together.

The Rector's daughter had gone off to University to read Modern Languages. She would jump at the chance to go as a delegate to that thing in Denmark. There wasn't any money to spare at home but a grant might be managed and as a member of a Link Unit she would be eligible.....

The daisies in the paper-weight danced faster and faster. Faces came and went. Young, lonely, earnest, laughing, troubled and lively faces. One was of a Ranger Guide. She had been at the World Conference Womble Camp and returned on fire with enthusiasm. She was too old for her Unit at nineteen and had a dullish job in a Bank which she was doing well enough but she was longing to climb mountains, walk coastline paths and make new friends across the sea. Another face was of the new young teacher at the Primary School. She was helping with the Brownie Pack and needed friends nearer home. Then there was that young couple, the Smiths. Scouter had wed Guider and the village had rejoiced with them. There was a baby now and the mother admitted to feeling 'a bit tied down'. They needed companionship too but were natural leaders and could inspire others to service. The baby could go in one of those sling things and Ted Smith could get the Link Unit away for a weekend together. Martha knew just the place.... Mrs Thing could get the names of all the older Rangers and Venture Scouts and have a launching party.....

The kettle blew its whistle like an engine. The daisy chains were still again. Martha shifted and straightened her back. Actually, it might not be so difficult to get something going after all - goodness! She looked at the time.

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Don Quixote, photograph by Zoltan Gyomai



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LETTERS

Once a Guide . . .

Au revoir but not goodbye! My Edinburgh Brownie Pack before the Second World War was my pride and joy, but it was Goodbye to All That as I donned VAD uniform for the duration.

Then came marriage to an Army Chaplain, and several postings and two children later, we were stationed in Berlin and I was asked to form a Brownie Pack for the numerous children among the Army and RAF families. The Brownies came mostly from the Black Watch and we met in the Church Army Hut.

Back in UK, I became Child Nurse tester for the Aldershot Guides for a few years.

Returning to civilian life in an Edinburgh parish of hundreds of new houses and families, I became Captain of our Church Guide Company and these have been the happiest of all the memories.

Now my husband is minister of the Scots Kirk, Paris, and I see the local Eclaireuses, looking just like those on the Guide Charts, going to their meeting. My days of active Guiding may be coming to an end, but my 'post' connections are flourishing. Once a Guide . . .

Mary McKean
France.

Coltishall Jubilee

The 1st Coltishall Guide Company hopes to celebrate its Diamond Jubilee at a Birthday Party to be held at Great Hautbois House, Coltishall, on Saturday, June 19th, 1976, at 2.30 pm. Many past members are now Guiding far afield. Will any of these reading this notice make a special effort to come to this party and pass on the invitation to other old Coltishall Guides whose present whereabouts they know.

Miss B Patteson
Coltishall, Norwich.

Kent Lones

We in the Kent Lone Scheme have just celebrated our 50th Birthday, and at that party I was asked to speak to the Commissioners and Guiders present, about the help the Lone Scheme could be to many girls who are unable to attend meetings chiefly during the winter, as parents are not willing to let their daughters walk or cycle in some areas after dark.

Guides in the Scheme keep in touch by means of a Unit Letter which is sent round monthly. They especially find the Guide Handbook invaluable with extra help from their Guider (who compiles the Lone Letter). Lone 'meetings' are held two or three times a year, usually during the holidays.

If a Guide goes to Boarding School where there is no Company she can join the Lone Scheme and can carry on where she left off, and visit her own Unit when at home for camp and take part in local activities. The Commissioner in whose area the girl lives is notified so that she can be invited to take an active part whenever possible.

Dorothy Bourne
County Lone Adviser Kent East
& Kent Weald.

Holiday Brownies

When Bromley Council extended the Christmas holiday for primary school children, we felt it was an opportunity to have a week of morning activities for Brownies. It enabled us to spend more time on hand-crafts than is normally available in a Pack meeting, and the Brownies were able to work with those from other Packs. Thus we had children from eight different primary schools and several churches mixed together in small groups. Our programme included puppet-making of various kinds with the aid of an expert on string puppets, collages, an out-of-doors morning visit to the local woods (fortunately with good weather for early January), a music session and an evening visit to David Nixon's 'Magic' Show. Most of our Guiders have jobs outside their homes but we had a rota system and enlisted a few marvellous mothers - one of whom we now hope will join us as a Guider. The Brownies who came seemed to enjoy the week, and we felt it was a worthwhile experiment that we shall try to repeat sometime in the future.

Anne Gifford
Orpington.

Look Wide

'Look Wide, World Wide', the title of Manchester's 'World Conference Year Events', started with a party for all Guiders. The food,

costumes, entertainment and the guests were from all parts of the world. Rangers were induced to Look Wide, World Wide with an International Challenge which included learning dances, cooking dishes and trying crafts from the country of their choice. Guides, Rangers and Guiders got a chance to 'try their hand' at a wide selection of Outdoor Pursuits - which included pony-trekking, rock-climbing, canoeing and archery - at a series of Outdoor Pursuits weekends which were organised during the Spring and Summer. In October we ran a mammoth campfire which we simply called 'Just Singing', with hundreds of Guides and Brownies from all over the County. And sing they did, with a vengeance! November saw our Cathedral Service and a rather chilly cathedral packed to the very doors. Here, even at the end of an eventful year, was a new and inspiring experience for many. All the events I have so far described were run at County level - but LWWW did not end there, oh no! Brownies and Guides in one District made a concerted effort to help raise money to send a child with brain damage for treatment at the Philadelphia Clinic of Human Potential. They succeeded, and the child has now gone to America and is beginning to make progress. In addition, there have been visits to Guide Dog Training Centres, sponsored swims, walks, knittins and silences; fund-raising for a myriad of deserving causes; cook-outs, midnight hikes, expeditions to watch the sun rise; in short, new experiences for many people.

Anne Thornley
Manchester.

Family Camp

Our mother/daughter, father/son camp was arranged because of parents comments as we departed to our various camps and indoor holidays, usually 'We wish we were coming'. We eventually took seventeen Guides, thirteen Scouts, six Dads, eight Mums, six Brownie daughters, six Rangers and four Leaders. We had six Patrols - two Guides, two Scouts, two Mums and young daughters, one Dad and one Ranger. It is important to space the Patrols out, making sure that parents are not too near their offspring.

Everything was organised in Patrols, cooking, sleeping and activities.

Care must be taken to ensure a good balance of activities so that Guides, Scouts, Mums and Dads could all shine at something - remembering the Dads have physical strength in their favour, though in the cooking competition geared towards the female campers the Dads won without a doubt. The Guides and Scouts camped Friday night but the parents did not arrive until Saturday morning because we thought one night would be enough, as several Mums had not camped before. The charge was £1.50 each or £5.00 for a family of four or more.

We feel the camp was a great success and we hope next year there will be more support from the parents. We feel sure the parents now realise a little of the preparation that goes into all our camps and indoor holidays.

Eunice Cornelius
Bristol.

Cathedral Appeal

The final cheque from the Guides of Kent for the Canterbury Cathedral Appeal will be handed over in the Cathedral on Saturday, 8th May, at a United Service for past and present members of the Guide Movement in Kent. The cheque will be accepted by the Very Reverend Ian White-Thomson, Dean of Canterbury Cathedral, who retires on the following day; the address will be given by His Grace the Lord Archbishop of Canterbury. Contributions to the fund have already passed £10,000 and hopes are high that the target of £30,000 - £1 for every Guide in Kent - will be reached.

There will be Guides at the service from places as far apart as Yorkshire and Essex, who have sent donations either as Friends of Canterbury Cathedral or as part of their contribution to European Architectural Heritage Year.

Mrs E B Merry
Canterbury.

Comments from Mrs J. White, Mrs. R. Coales, and an anonymous donor of further paragraphs were combined under one heading, 'Less philosophy please' (February, p 59). We apologise to all concerned for this error.

Editor

MARQUEES

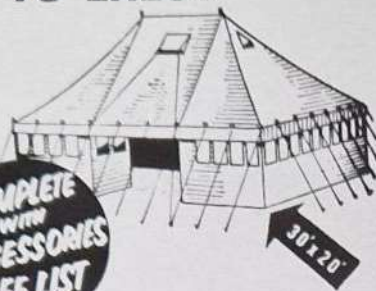
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The Young Leader in the Pack

by Netta Willsheer

BBROWNIES COME IN a variety of shapes and sizes and colours and with a variety of interests. All, we hope, to be catered for by the Unit. They are in fact all individuals but with the common interest of Brownie Guiding. In the same way our Young Leaders come in a variety pack from a variety of backgrounds. They have in common the desire to use their talents to help Brownies progress. I wonder, if we are truly honest, how we see the role of the Young Leader? Is she the one to ask to take over and play games (without previous knowledge) when we are feeling tired? An extra Guider perhaps, or just the one who collects the subs. The taker to the toilet, the mopper-up of tears, the ti-er up of shoe laces, the buttoner-up of

coats. If our answer to this is yes then let us stand back and take a longer and better look. The Young Leader is as stated young, and somewhere between sixteen and eighteen years of age. She may or may not be a Ranger Guide. She could be still at school with the worries of homework and advanced level examinations. On the other hand she may be at work with different worries. Either way she is approaching the end of adolescence and the achieving of maturity and this I think is possibly the most important point for us to realise. She is not a somewhat older Pack Leader; her role is quite different. Also she is a potential Guider and I would like to repeat potential. Remember, the important point, is the training in leadership she is receiving. One should never feel a sense of failure if a Young Leader leaves the Movement to lead in another sphere. Obviously we hope they will be Guiders, but neither the Young Leader herself or the Guiders and Unit where she has trained have failed if she takes up another form of leadership.

I mentioned some few lines back the training she receives. This is something we need to keep in the forefront of our minds, that this is a definite developing period for the Young Leader. The Guider of the Unit with whom the Young Leader is working should be sure that the Young Leader scheme is fully understood and that the Young Leader is put in contact with the person at division and county level who is responsible for Young Leaders. The Young Leader is not a Guider and should not be treated as such with the responsibility it carries. However she is a mature or nearly mature person and has gone beyond being directed into things. At Pow-wow and after when Pack planning is going on, it is good to remember that she may have a very valid offering to make, if asked. When Sixers and Seconds are to be appointed by the Guiders, try not to leave her out. Remember she will be working with, and has been working with the Brownies, and through her younger eyes may have seen something not apparent to us.

Try to find out her special talents and interests and see that they are fostered and used to help the

Brownies. For example two Brownies have a desire to learn to crochet for their Make Things Challenge. Neither you nor your assistant Guider crochet



but maybe your Young Leader has this interest. Do you know? By virtue of what she is studying at school or the nature of her work she may have greater knowledge than ourselves on all sorts of topics. Are we prepared to see this, and help her use it for the good of the Pack? Remember, we have a responsibility for her development in leadership and while she is given opportunities to help Brownies progress on their journeys she too is on a journey. On a Pack Venture is there, perhaps, some part for which she could be responsible, e.g. if it is to be a day out, she could talk to the Brownies about what, and what not to bring for a picnic lunch and how to pack same.

In a similar way there may be some Brownies who have expressed a wish to take a certain badge and have requested some help. The Young Leader may be able to cope here, allowing you vital extra time to spend with Brownies very close to making their Promise. A parents' evening and refreshments to be served. Another possibility for her to accept, with the Brownies, responsibility within a limited field. On occasions she may be asked to help in spheres where she is not as capable or as interested. She should not be put in the possible failure situation but she should be given the opportunity to take up a challenge.

A young Leader needs to feel needed, needs to be accepted, needs to have her talents recognised and used, needs to be one of the team but without shouldering the responsibility of the warranted Guider. Remember she is vital.



Jean de Lemas

The Young Leader in the Company

by Jean Mort

WHAT IS THE ROLE of the Young Leader in the Guide Company? A question which seems to perplex many Young Leaders and the Guiders with whom they work. This question of their role was a topic for discussion at a recent YL's County Training. Among the cumulative findings of the group were these: trains recruits, helps the Guider, has courage, organises games, takes subscriptions, helps at camp, and acts as go-between. The Young Leaders admitted that they could not clearly define their place in the Unit. I am sure you will agree that the jobs and qualities mentioned fall far below the potential of the leadership role of the Young Leader. Baden-Powell said that, 'Leadership may not usefully be a science to be studied, but it is certainly an art to be practised.' How then, can we as Guiders, help the Young Leader to practise leadership? Let us consider some practical examples of how we can involve the Young Leader.

When a Young Leader joins your Unit, you need to spend some time in ascertaining her experience in Brownies, Guides and Rangers, and how clearly she understands the Eight Point Programme. If she has not been a Guide, she will need a lot of help at this stage in understanding the aims of Guiding and how these aims are put into practice in the Guide Company. The YL needs to have a clear picture of how the Unit is organised, unless of course she was a Guide in your Unit. If this is the case, do make arrangements for her to spend a few weeks with another Guide Company, so that her experience is widened. Find out what her interests are and if she has any particular skills and talents which she could share. Perhaps the YL could introduce one of her hobbies during a Unit Meeting, so that she immediately feels she has something to offer and is confident in her own knowledge, while working with the Guides for the first

time. Later, she could use her interests and skills to help individual Guides with Self Training Schemes and Interest Badges. (Do remember, however, that it is ultimately your responsibility as Guider and not the YL's to ensure the Guide has reached the standard necessary for her to be tested.)



Having got to know something about the YL and talked about the organisation of the Unit, she then needs to see it in practice. The YL attends Patrol Leaders' Council and she should be encouraged to take a full and active part in it. Your example at PL's Council should teach her a lot about the role of Leader. When the Council has planned the Unit's programmes for the next month, using their Patrol's ideas and any activities you have added to fulfill a need, the Guiders need to get together with the YL to decide the part each of them will play in the Unit Meetings. For example, the Guides may have asked for some First Aid Training. The Young Leader could teach the Guides how to simulate wounds etc (and so fulfil Clause 5 (c) of the scheme) while the Guiders can show them how to cope with emergencies, the skills of Guiders and the YL combining to make the activity meaningful to the Guides. You may introduce an activity from the Guider's Handbook. Discuss this with



the YL so that she will become familiar with the Handbook, and when she has used it and seen it used regularly she can then make some equipment or plan an activity for Clause 3 (a). Similarly, if she is to help the Guides to make full use of their own Handbooks and to help individual Guides choose a Challenge (Clause 3 (b)), she may need your help, especially if she has not been a Guide, to become familiar with the Handbook and the innumerable ways the 'Leaders' can help the Guides to use it as a source for ideas, a stimulus, a record book etc.

The Young Leader keeps and uses a 'Games Book'. The games, not only those to 'let off steam' should be an integral part of the Unit's programme and not a spontaneous time filler with no time for preparation. Why are you using that game? Was it successful? If not, why not? Questions you could ask the Young Leader so that she and the Guides will benefit from the experience of the game.

These are just a few ideas of how you could involve your Young Leader in the Company. I hope they will have helped you to see the need for the YL to have a well defined role in the Unit, so that she doesn't feel like a go-between or an extra pair of hands. Involve her as much as possible, so that she really is a Young Leader in the Guide Company learning through experience 'the art of leadership'.

GUIDE

training

The Young Leader in the Ranger Unit

by Vi Adams

IS THE YOUNG LEADER the Cinderella of the Ranger Unit, is she left out when exciting things are planned? Perhaps not intentionally, but inadvertently, because she is not around when the plans are made. The Young Leader is an important link for the Ranger Unit with the Guide and Brownie Sections so she needs to be cultivated. If she helps regularly with these sections and appears at their meetings in her attractive aqua-marine blouse, looking young, smart and alert they are bound to want to know more about Ranger Guides. It is in the Ranger Guides' own interest to keep in close touch with the Young Leader, so that she knows what is happening in the Guide and Brownie Sections and they in turn are aware of what is happening in Rangers. She will not be able to attend Ranger Meetings regularly because her commitments to the Pack or Company will often conflict with the Units plans, but the Unit should present opportunities for her to continue to grow in the eight points.

The Young Leader will often be a dedicated responsible youngster who needs particularly to relax and have fun with her own age group. In the Guide and Brownie Sections she will be called upon to set standards and a good example and may not feel able to let her hair down at the Brownie and Guide meetings. In the Ranger Unit she will look forward to being

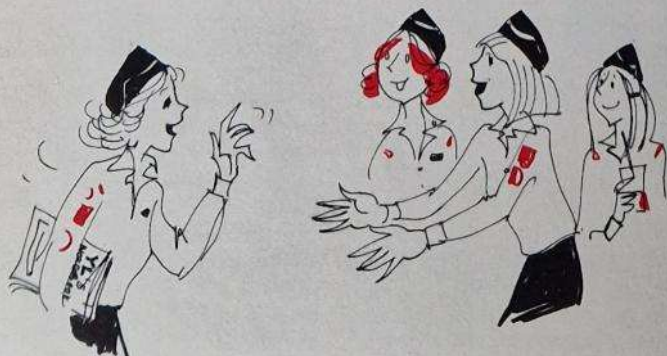
included without the need to take responsibility and the Unit will give her plenty of opportunity for fun, or just listening to her contemporaries in the family atmosphere of Guiding. She may look to the Ranger Unit to help her with all of Part 1 of the Young Leaders Scheme, so the Ranger Guiders must have studied this and be ready to advise if needed. In Section 1 of Part 1 of the Scheme we may be able to put a service project in her way, or a county Ranger event or a church function and at the same time find the help we have been looking for, for a particular project. For Section 2 she will need opportunities to discuss current trends in TV and broadcasting, books and magazines, religion, etc, and where better than the cosy atmosphere of the Ranger den, or on a relaxation weekend on a barge, or in a derelict country cottage. She needs to be able to test out her own opinions, and can sharpen her wits on the other Rangers. The Ranger Unit with its wide ranging programme will also give her opportunities to learn and display a new skill under Section 3. In Section 4 she is expected to carry out an overnight expedition for a particular purpose and I am sure that her parents will feel much happier if this is with tried and tested Ranger friends, and she is trained and the expedition is carried out under the protective wide umbrella of the Guide Movement.

The Brownie and Guide Guider where she is working will no doubt give her plenty of help from the training angle, but she will need the Ranger Guider's understanding ear to talk about her Guide and personal problems. It is the Ranger Guider who



ensures that she knows she has been missed, and is welcome after an enforced absence from the Unit meeting, for whatever reason it was necessary. Young people become very involved in their own enthusiasms, activities and peer groups and the other Rangers may not notice that she has turned up and is dying to be included in the latest play. Although the Young Leader has chosen to plough back some of the fun she has had in Guiding, and to help the younger members of the Movement, she will not want to feel apart, or one on her own. She will want, like other girls of her age, as we are reminded in the Ranger Guiders' Handbook page 26, to be like other people of her own age, to dress the way they dress, to go to the places they go, to do the things they do, and to talk the same language in every significant detail. The need to conform and belong matters above all else to her as it does to the other Rangers and we must draw her into the Ranger circle on every possible occasion.

Illustrations by Jean de Lemos



training

RANGER

The Commissioner's Responsibility for the Young Leaders in her District

by Elsie Carter

THE FIRST AND VERY PLEASANT task of a Commissioner with a new Young Leader is to make her welcome and to tell her something of her future training in Leadership, the help she will be given by the County Leadership Adviser and the opportunities for fun, travel and adventure that she will share with the Rangers. Her next step is to place the Young Leader in a Unit. She may be very attached to her present Unit, but a change would be valuable by showing her a different approach, new ideas, new methods. It might be easier for her to assume her role as Young Leader with girls who do not know her so well. A change, however, may not be possible. Day, time and place of meetings may not be convenient. There may be other reasons such as a strong loyalty to a Church. The Commissioner makes her decision in consultation with the girl, Unit Guider and the County Leadership Adviser. If she remains in her old Unit, she must be given many opportunities to visit other Units to widen her experience. The Commissioner should make sure that the Unit Guider understands the important part she will play in the training of the Young Leader. The Commissioner should maintain a friendly interest in the Young Leader's progress. If she is not a Ranger, she needs opportunities to meet her own age group. The Commissioner could help by promoting friendly and informal gatherings occasionally when Young Leaders in the neighbourhood could meet for coffee, discussions, listening to music, etc. With the help of the Ranger Guider, she can encourage those who are not Rangers to join in some of the Ranger activities.

Most Young Leaders have plenty of enthusiasm and are keen not only to help with District events but also to take some part in planning and organisation. They have, however, many commitments such as Saturday jobs, school matches, homework etc which make helping on a Saturday

very difficult. Some girls worry unnecessarily if they are asked to help and cannot, but the Commissioner, by understanding their problems, can give them opportunities for service without making them feel guilty if they cannot respond. If she is able to take part in any event, the Young Leader could learn most by coming to the preliminary planning meeting. Here she can discover how all the points to be considered are listed and volunteers are found to be responsible for each item. This is where the Commissioner's knowledge of the Young Leader is so valuable. She can encourage the girl with little self-confidence to take responsibility for some item which she could do well, so that success will help her to build up her confidence. She could give a Young Leader full of ideas and sure of herself something to stretch her powers and use her imagination and ability. Some girls will need restraining from taking on too much, others will need the Commissioner's encouragement to take responsibility at all.



Jean de Lemos

As the Young Leaders gain experience, they may be eager to be responsible for organising the whole event, perhaps a Jumble Sale, District

Service or Revels. The ultimate responsibility remains, however, with the adult, so guidance is still needed. Discussion beforehand with the Commissioner will ensure that all the points to be considered have been covered – small but important points such as ensuring that the second exit at a Sale or Concert is free from obstruction and unlocked, or that there is an organist willing to play at the Service who knows exactly what tunes he is to play. Later, the Commissioner meets the girls again and checks that all the points have been covered. She or another adult will be present at the event, ready to help if necessary. This kind of help does not in any way quench the girls' original ideas and chance to organise but it does prevent possible disasters and gives them training in how to organise functions. The arrangements for Rallies and Revels are more likely to be made by all the Guide or Brownie Guiders working together, but such occasions do give many opportunities for Young Leaders to use their fresh outlook and imagination and the Commissioner could well encourage the Guiders to let the Young Leaders 'have a go', perhaps in the field of entertainment or challenges. By being, if possible, at the planning meeting they are also learning by experience how such events are worked out using the combined talents of the group responsible. The Commissioner lucky enough to have a Ranger Unit in her District must take care to see that opportunities for service are also available to the Rangers – in fact she can seize the chance to give the Young Leaders an opportunity to enjoy working with their own age group. The District Commissioner's responsibility for the training of the Young Leaders might sound like an extra burden for her to carry, but their enthusiasm, their energy, their cheerful and joyous approach to Guiding add very considerably to her enjoyment of her work as Commissioner.

DISTRICT

training

HOME & AWAY

Safety And The Pill

A report entitled *Safety And The Pill*, published by *The Responsible Society* at the beginning of this year, concentrates on the indiscriminate sale and supply of the Pill to school-children, and recommends that certain points be considered prior to such supply, namely: that a medical and gynaecological examination should be carried out; that it is inadvisable to give the Pill to any young woman whose bone growth is not completed – therefore age must be checked; that it is the duty of the doctor to inform each woman of the possible adverse effects resulting from the use of the Pill. *Safety And The Pill* is obtainable from *The Responsible Society*, 28 Portland Place, London W1. (Price 20p).

Summer Schools for future nurses

These courses are designed for those who are interested in nursing as a future career. Under the auspices of the 'Nurses' Christian Fellowship' Summer Schools continue to make a valuable contribution towards nursing recruitment. Last year nearly 200 young men and women attended. The Summer School at Liverpool, for those interested in Degree level nursing, has proved to be extremely popular. There is a pamphlet available about Summer Schools '76. It is obtainable from: The Summer Schools' Registrar, Nurses' Christian Fellowship, Central Office, 277a Ewell Road, Surbiton, Surrey KT6 7AX. Telephone 01-390 2626.

A Study of Shopping

The Educational Productions Group of Companies, in collaboration with Tesco Group of Companies, has produced a study folder, *Shopping* (price 75p), offering the teacher a carefully prepared unit of visual aid material designed mainly for school-children of age 13 or over. The folder contains teacher notes, study prints and workcards, dealing with a wide range of information, from the techniques of distribution and training, to personal budgeting and planning nutritionally-balanced meals. An accompaniment is a wall chart (price 50p), which shows among other things the historical development of shopping, from the Roman Barter system through to markets, supermarkets and hypermarkets. This valuable teaching aid is available from Educational Productions Ltd, Bradford Road, East Ardsley, Wakefield, West Yorkshire, WF3 2JN.

25th Anniversary of CSAC

This year the Consumer Standards Advisory Committee, of the British Standards Institute, celebrates its 25th Anniversary. The Organisation protects the interests of consumers, informing them about their legal rights, helping them solve their shopping problems, and so on. Their address is 2 Park Street, London W1A 2BS.

Guides raise Swimming Pool money

On Saturday, 14th February, a cheque from the Girl Guide Friendship Fund for £4,550 was presented to the Chairman of the National Star Centre for Disabled Youth. The Star Centre pool is expected to cost in excess of £70,000, and this latest gift brings nearer the date when building can begin. For further information contact: Mr W M F Oliver, General Secretary, The National Star Centre for Disabled Youth, The Promenade, Cheltenham, Glos.

The Strongest Link

A new documentary film from the Building Societies Association, called *The Strongest Link*, has just been produced, coinciding with the 200th anniversary of the first-known building society. Following the award-winning *A Pretty Good Arrangement*, this new film shows the importance of building societies in the life of Britain through the experiences of one branch manager in the course of one day. It is available on loan free to groups or societies. In 16mm film, it lasts for 32 minutes, and can be obtained by writing to: The Building Societies Association, 14 Park Street, London W1Y 4AL.

Festival of Stamps '76

Main attractions on show at this year's festival will include: 100 years of the telephone (Alexander Graham Bell), Centenary of the Royal National Rose Society, the Olympic games and the Cub Scouts Diamond Jubilee. Organised parties from schools and junior associations will be admitted without charge. Please apply to the Festival Organisers, The Stamp Collecting Promotional Council, 27 John Adam St, London WC2N 6HZ.

Water safety

1,000 people drown every year, and 300 of these are children. Most of these accidents could be prevented. Can there be a more urgent reason for teaching every child the simple rules of water safety, to swim and life save? The Rescue Skills Scheme, (which is a supplementary to the main awards of the Royal Life Saving Society) maintain that the scheme is 'Easy to teach. Easy to learn. Fun to do'. No special qualifications are required to teach the scheme and there is an illustrated guide for teachers, which explains how the skills may be taught and tested. The pamphlet, *Rescue Skills Scheme Teacher's Guide*, 25p, is available post free from: The Royal Life Saving Society, 14 Devonshire Street, London W1N 2AT.

First Aid Sessions

The St John Ambulance are encouraging as many people as possible to acquire a basic knowledge of First Aid, by launching two-hour emergency sessions throughout the country. There will be a modest charge of 75p per person, which will cover overheads. More information is available from your local St John Ambulance Brigade, or from John H Lockett: Telephone 01-235 5233.

In Memoriam

The Hampstead Division Girl Guides suffered a sad loss when Gladys Carson died in the Autumn of 1975 at the age of sixty-four years. She had been a Guide since the age of fourteen and all her life she gave her allegiance to the Guide Movement. In her later years she was increasingly disabled with arthritis, but in spite of this she continued with her devoted work for Saratt, Hampstead Division's permanent camp site. In July 1975 a campaign was launched to provide funds for improvements to the site. Gladys threw herself wholeheartedly into this campaign, and even when in hospital with a broken shoulder, sent copies of the letter appealing for funds to Guides and ex-Guides she had known during her long years of Guiding. It was the wish of her family that donations to this fund should be sent instead of flowers for her funeral. The fund is still open, and if anyone would like to send a donation, the address is:

The Gladys Carson Memorial Fund, (Hon Treasurer) H S Bendall Esq, 12 Weech Road, NW3. All through her life, Gladys kept her sense of humour and her deep interest in her fellow-creatures and in the Guide Movement. She was a truly gallant Guide and a shining example to us all.

LPB

The death occurred in hospital on 30th January of Mrs. Sevendale, after a serious illness. She was an enthusiastic member of the Movement as Guide and Guider, and from 1967 to 1975 as a District Commissioner in Fife. The courage with which she faced a painful illness, together with her ever-cheerful outlook and her thoughtfulness for others was an inspiration to all her friends. She was a wonderful person and will be remembered with love, gratitude and respect by a great many people.

MHT

TRAINING

FOXLEASE Lyndhurst, Hants SO4 7DG Tel: (Lyndhurst) 042-128 2638.	WADDOW Clitheroe, Lancs BB7 3LD Tel: (Clitheroe) 0200 23186.	BRONEIRION Llandinam, Mont SY17 5DE	NETHERURD HOUSE Blyth Bridge, West Linton, Peeblesshire
April 2-4 Making the most of the District (District Commissioners with up to seven of their Guiders) 9-11 General Training 15-19 Duke of Edinburgh Gold Award Course (Easter) open to boys and girls from any Operating Authority 23-25 London South East 30-2 General Training (including crafts, wide games and outdoor activities) MAY	2-4 Helping the Young Leader (County Leadership Advisers, Commissioners and Guiders) 9-11 General Training 15-19 Duke of Edinburgh Gold Award Course (Easter) (Rangers, Young Leaders and girls outside the Movement) 23-25 1 Camp and Pack Holiday Training 2 Music Side Group (Brownie Guiders) 30-2 Lincolnshire South MAY	2-4 Venture Scout/Ranger Guide Leaders' Training Conference 9-11 Trefoil Guild Conference 15-20 Patrol Leaders under 14 years (Easter) 23-25 Keeping Up-to-date with First Aid (All Sections) 30-2 Venture Scouts and Ranger Guides MAY (West Glamorgan)	2-4 Guide Guiders - Patrol System and PL Training 9-11 General Training (Renfrewshire) 15-19 Residential Course - D of E Award Scheme 23-25 General Training (Dundee) 30-2 General Training (Roxburghshire) MAY
May 7-9 Middlesex East 14-16 General Training 21-23 Essex East 28-5 Family Holiday Week (Guiders with JUNE their husbands and children aged 2-8 (Bank years) Holiday) 11-13 Hertfordshire 18-20 General Training 25-27 1 Campfire and Prospective Campfire Leaders 2 Drama Side Group	7-9 Merseyside South 14-16 General Training 21-23 Something in Common (General Training for Ranger Guiders and Venture Scout Leaders) 11-13 Friends of Waddow 18-20 Northamptonshire 25-27 General Training	7-9 Guide Guiders (also Herefordshire) 15 Welsh Relations Advisers 16 Welsh Advisers (Arts, Leadership and Training Chairmen) 21-23 Welsh Camping and Outdoor Activities Training Conference 28-30 Patrol Leaders (West Glamorgan)	7-9 Districts 14-16 Brownie Guiders Eight Points for Progress 21-23 General, including Fun and enjoyment of the out of doors 28-30 Edinburgh S.W. Trefoil Guild and Glasgow and Edinburgh Handicapped Guilds
June 2-4 Avon North 9-11 General Training 16-18 Friends of Foxlease 18-24 Holiday Week (Guiders, their friends or mothers, and Trefoil Guild members) 27-4 AUGUST Patrol Leaders' Week	2-4 West Yorkshire South 9-11 Student Weekend 16-18 General Training 23-30 Patrol Leaders' Week	17 Friends of Broneirion Gathering 23-28 Patrol Leaders under 14 years (Open to all Counties)	2-6 Patrol Leaders 9-12 Patrol Leaders 15-23 Patrol Leaders' Camp - Pioneering Plus 16-23 Patrol Leaders' Week - by invitation
July 7-17 Holiday period (Unit Guiders with up to nine of their Guiders or Rangers) 21-28 London and South East England (by Bank allocation) Holiday)	7-21 Holiday Period (Unit Guiders with up to nine of their Guiders or Rangers) 27/28-4 Holiday Week (Guiders, their SEPT friends or mothers, and Trefoil Guild (Bank members) Holiday)	2-7 Patrol in Action (Groups of not less than four Guiders from a Patrol) 16-21 Training for 16-18 year-old Young Leaders or Rangers working on leadership 26-31 Patrol Leaders under 14 years (Open to all Counties)	6-13 Patrol Leaders' Camp - Pioneering Plus 6-13 Patrol Leaders' Week - by invitation 20-22 Patrol Leaders 27-29 Music/Camp Fire (with visit to Edinburgh Festival on Saturday evening)
Aug 3-5 General Training 10-12 Commissioners' Training 17-19 Kent East 24-26 Middlesex West	10-12 General Training 17-19 Greater Manchester West 24-26 Midlands England (by allocation)		
Sept 3-5 General Training 10-12 Commissioners' Training 17-19 Kent East 24-26 Middlesex West			

Trainings marked 'General' are for Brownie and Guide Guiders.

CALENDAR

Fees at Foxlease and Waddow:
 Shared room, per day £3.00
 Double room, per day £3.50
 Single room, per day £4.00
 Deposit £1.00 cheque or postal order only.
 + Subject to VAT

HOW TO APPLY

Any Guider may herself apply to attend a training course at the Centres, provided she has reached the minimum age of 18 years. (At the discretion of the Commissioner a member aged 17½ who is working on the Adult Leader's Certificate may also apply for a Guider course).

An application to attend a Guider Training Centre should be sent direct to the appropriate Guider-in-Charge, and must be accompanied by the correct amount of deposit and a stamped addressed envelope. Applicants should also state the type of training for which they are attending, as there may be several different courses running at any one weekend. As so many Guiders have to leave on Sunday, training sessions at a two-day weekend will stop at tea-time on that day unless otherwise stated. If sufficient notice is given that it is wanted, every effort will be made to provide sessions for a group until Monday. Individuals who are able to stay over until Monday to enjoy the surrounding country and other amenities of the Centre are most welcome to do so.

Training announcements — outdoor activities

Training and Courses

A Dramatic Opportunity

Trefoil House, Birmingham,
 11th/13th June, 1976

If drama is your means of expression or you think it could be, here is your chance to work with an expert. Mr Brian Cook, who has offered to lead this weekend course, and lectures in drama, is a tutor to 'Radius', and was responsible for the inspiring presentation at the Opening Ceremony of the World Conference.

This is a golden opportunity to develop your own skills and techniques while exploring ways of passing on your pleasure and enthusiasm in this creative art to the members of your Unit.

To make the most of the weekend, the course will begin on Friday evening. Accommodation will be mainly by hospitality in order to keep the cost for the weekend down to a maximum of £5.50. Numbers will have to be limited so if you are interested please apply immediately to the Training Secretary at CHQ, enclosing an sae.

Ranger Guide/Venture Scout Pre-student Weekend

Waddow, 9th/11th July
 For further details see Mainly for Rangers, page 142.

Something in Common

Waddow, 21st/23rd May
 After the success of a similar training held at Foxlease in November, which was filled to overflowing, we have been pressed to make possible a similar event for Ranger Guiders and Venture Scout Leaders in the northern part of the country.

This is a general training geared to Ranger Guiders and Venture Scout Leaders, whether or not they run Joint Units, the chance to discuss topics particularly related to working with this age group and to share experiences. As the title suggests, the emphasis is on the common ground which both Associations must cover to achieve the same aims, and it is hoped that a lot will be gained by pooling ideas.

Please make this opportunity known to Venture Scout Leaders in your area, as joint participation in the discussions is a vital ingredient to the success of such an event.

Campfire and Campfire Leaders Drama

Foxlease, 25th/27th June
 Ever been to Foxlease? Why not come? Who? Me? Yes, You!

Fees at Broneirion
 Shared room, per day £2.25
 Double room, per day £2.50
 Single room, per day £2.75
 Deposit £1.00

BURSARIES: Full details of the conditions of issue and how to apply are available from the Training Secretary, CHQ.

The Fee Bursary entitles a Guider to a grant of £2 for a two-day weekend and 70p for each additional day.

The Fare Bursary (available only for travel to the nearest Training Centre) carries a rebate of a Guider's travel expenses in excess of £3.00.

The Angela Thompson Bursary is available to any Guider attending a Promise and Law or similar Training (not necessarily at a Training Centre).

No application form is necessary. District Commissioners should apply on behalf of their Guiders, after they have been accepted for the Training, direct to the Training Secretary, CHQ. Scottish Commissioners should write to Scottish Headquarters.

All applications must arrive at least TWO WEEKS BEFORE THE TRAINING. Bursaries cannot be issued at shorter notice or in retrospect.

camping — courses

Young Leaders' Course

Broneirion, August 16/21, 1976

The Welsh Training Centre at Llandnam, Powys, is the venue for the 1976 gathering of Young Leaders, whom we hope will come from all parts of the UK.

There will be opportunities to explore the Welsh countryside, take part in a choice of out-door activities, eg canoeing, sailing, hill-walking, pony-trekking, archery, etc in addition to crafts and leadership skills for helping with Packs and Guide Units. Of course, there will be chances to make new friends. The course will also satisfy the residential requirements of the Gold D of E Award.

The cost this year is £10.50. Some Local Authorities will make grants to those attending leadership courses, so it is worth applying for them. Reduced rail fare vouchers are obtainable from Country/Region HQ for those under 18.

If you would like to come and share your ideas with others of your age (16-18 years) write to the Guider-in-Charge, Broneirion for an application form as soon as possible.

Holidays

Opportunity Knocks Again ...

at Waddow, 14-21 August
 ... for Guiders wishing to take up to nine Guides or Rangers for a holi-

day at our lovely training Centres in the New Forest and on the edge of the Yorkshire Moors. You will be expected to plan and be responsible for your Programme during the holiday, but there will be someone there to advise and to give help with handicrafts and activities for the evenings.

It will not be necessary for the Party Leader to hold a Holiday Permit but she should obtain the consent of her own Commissioner before applying. For full details write to the Guider-in-charge, Waddow.

Waddow Cottage and Caravan

Both are available for bookings throughout the year. For details apply to the Secretary enclosing sae. The old caravan has been replaced with a modern one with much better facilities, including water and electricity.

Beaverbrook Lodge

Applications should be sent to the secretary, Foxlease, giving alternative dates and enclosing an initial deposit of £1.00 (which is non-returnable) and a foolscap sae. Priority will be given to applicants

Continued on page 165



Freedom under water

You feel so graceful in the water, gliding along free and easy. And you enjoy this cool, calm world as often as you like, thanks to Tampax tampons.

You feel secure with Tampax tampons because you know you're getting dependable protection. More than enough for normal needs. There's never any bulkiness or discomfort. Internally worn Tampax tampons are softly compressed, highly absorbent, and expand gently to fit your inner contours.

The pre-lubricated applicator makes insertion quick, neat and easy. Removal is no problem, either. The withdrawal cord is chain stitched the entire length of the tampon. It can't pull off.

With Tampax tampons as your standby, you can feel free to explore your underwater world any day of the month.

The internal protection more women trust

TAMPAX

tampons

MADE ONLY BY TAMPAX LIMITED, HAVANT, HAMPSHIRE

Give your tent a rain coat.

Grangersol produce two very practical waterproofers, Mesowax and Fabsil. A coat of either is just what you need in bad weather.

Mesowax is a brush-on waterproofing emulsion for weathered canvas of all weights including tents, awnings and covers. It lets canvas breathe, preventing stuffiness and condensation. It comes in cans up to 5 litres, colourless or in ten colours.

Fabsil is a mildew-resistant water-proofer for weathered

canvas, cotton, nylon and terylene. It helps preserve and keep them clean and lets the material breathe, and is easily applied by brush or spray.

Fabsil is colourless and available in cans or handy aerosols.

So to keep things warm and dry under canvas, get a waterproof coat from Grangersol.

And put it on before it rains.

Available from Camping and

Sports stores, Halfords, Blacks, Millets, Wakefields, Ships Chandlers, Scout and Guide shops.



A summer camp in Switzerland ...



Your very own Swiss chalet, with a fully equipped kitchen, day/dining room, leaders room and dormitories, beautifully situated amidst the lakes and mountains, fields and forests, of Central Switzerland (by Lake Lucerne) or the Bernese Oberland, makes the perfect centre for a very special summer camp.

Camp-tours prices, which are still surprisingly low, include your journey from London (or your home town if you wish) to your chalet, all accommodation expenses other than meals, and the full time services of our young, friendly, and knowledgeable local representatives, who will help you to make the most of every minute of your stay. Make your next summer camp a very special one.

**NEW! HIKING
HOLIDAYS
IN THE ALPS**
See Classified pages

with a little help from

camptours

SUMMER CAMPS IN EUROPE

To: Camptours, Devon House, High Street, Cranleigh, Surrey, GU6 8AG (Tel: 04866 3027).

Please send me details of your summer camps in Switzerland and Luxembourg.

Name

Address

G4/76

Holidays

continued from p163

who have not already stayed in Beaverbrook Lodge. Applications for the period 1st October, 1976-31st March, 1977 will be accepted now.

Irene McKibbin Memorial Cottage, Lorne

A cottage available for Ranger holidays, fully equipped for 12 persons, with electricity and running water. For details apply to Miss Hilda Hirst, 119 Haypark Avenue, Belfast 9, enclosing sae.

Camps and

Pack Holidays

Foxlease Camp-sites

Application for sites should be addressed to the Secretary and the envelope marked 'Camp'. Suggested dates with alternatives and approximate numbers should be stated, and whether an equipped site is required. Camps may begin on any weekday.

A 50p deposit (which is forfeited if the booking is cancelled) and a footscap sae should be enclosed.

Waddow Camp-sites

Applications for sites should be addressed to the Secretary and the envelope marked 'Camp'. Suggested dates with alternatives and approximate numbers should be stated and whether an equipped site is required. It is preferred that camps begin on Saturday.

A 50p deposit (which is forfeited if the booking is cancelled) and a footscap sae should be enclosed.

Waddow Pack Holiday House

Applications for Pack Holidays should be sent to the Secretary. The application must be accompanied by a written recommendation from the Guide's CA or Pack Holiday Adviser and a footscap sae enclosed.

Netherurd Camp-sites, Brownie House and Holiday Caravan

Applications for Camp-sites will be taken now.

Applications for the Brownie House will be taken now (application form now available). During

Scottish School holiday periods (Easter, July, half August) priority will be given to Scottish Packs. A three-berth holiday caravan is also available.

Broneirion Brownie House

Only one small Camp-site equipped for 24, which number cannot be exceeded. Applications for Camp-site and Brownie House will be considered now and should be sent to: Miss P. Lynch, 3C Pentwyn Court, Whitchurch, Cardiff CF4 7BY enclosing sae.

Bookings for the Brownie House, outside school holiday, for Guide and Ranger groups and also for Highgate, Ranger Adventure Cottage, should be sent to the Guide-in-Charge, Broneirion.

Ynysgairn Camp-site, Criccieth, North Wales

Applications for the use of two unequipped Camp-sites, within a few minutes of the sea, can be made to The Deputy General Secretary, Commonwealth Headquarters, 17-19 Buckingham Palace Road, London SW1W 0PT, enclosing a footscap sae for Site Information Sheet.

Lorne Camp-sites

Lorne offers fully equipped or unequipped Camp-sites with solid shelter. Color gas available. Applications should be sent to Mrs F Hartley, 1 Station View, Carnalea, Bangor, County Down.

Ulster Camp-sites, Glen Road (nr Lorne)

Fully equipped for 40 campers (one large and two small camps). Excellent hut for solid shelter and Color gas. Bookings should be sent to Mrs F R Lee, 45 Gortland Park, Belfast BT5 7NU enclosing sae.

Magilligan Camp-sites

Three fully equipped sites with double Color gas stove for 25-30 campers. Also large three-room hut with an open fire-place. For details apply to Mrs R F Scott, Derrymore House, Limavady, Co Londonderry, enclosing sae.

Blackland Farm, East Grinstead, Sussex

Equipped and unequipped sites available with facilities for swimming, climbing and pioneering (for which equipment can be borrowed) also Restrop, a furnished bungalow for 25 (bunk beds for 20) - details write to the Warden enclosing sae.

Brownsea Island

Eight Camp-sites (for Guides and Scouts) are available as well as The Villano (maximum accommodation 30) for holidays for older Guides, Rangers, Guiders or Trefoil Guiders. Apply to Mrs B B Dyke, Holm Oak, Tinneys Lane, Sherborne, Dorset, enclosing footscap sae.

Glenbrook

Outdoor Activities Training Centre, Glenbrook, Bamford, Nr Sheffield S30 2AL

Courses cost £7.00 unless otherwise stated. This covers all activities except pony trekking and gliding, for which a supplement of 50p must be paid.

May 21/23 (C)

Adventure Course - for a Guide with up to three Guides or Rangers, aged 13-15 inc. (pony trekking, canoeing, hill-walking).

June 4-6 (D)

Adventure Course - for a Guide with up to three Guides or Rangers, aged 13-15 inc. (pony trekking, canoeing, hill-walking).

June 18-20 (E)

Two courses offered concurrently:
1) Get to know the Peak District through walking, caving, geology, etc - for Guiders and Rangers.

2) Training or Assessment for British Canoe Union Proficiency Test - for Guiders and Ranger Guides who hold the Canoeist Permit or equivalent standard.

August 14-21 (G) (Fee £20.00 + 50p supplement for gliding/pony trekking)

All or Nothing Course for

Rangers (all outdoor activities offered).

October 8-10 (H)

Two courses offered concurrently:

1) Mountain Rescue Training - for Guiders and Ranger Guides.

2) Canoe Training/assessment for Guiders and Ranger Guides holding the Canoeist Permit or equivalent standard.

Write for application form to the Secretary at Glenbrook, enclosing footscap sae.

Woodlarks

Woodlarks Camp-site has need of voluntary helpers for their various camps in the coming season. Any-one who is interested should write for details, enclosing sae, to the following Leaders: 19 June-3 July, Durham Post Rangers - Miss J Williams, 3 Rhonda Road, Hyton Red House, Sunderland. 17-24 July, Birmingham Extension Guides - Miss V Greene, 3 Inverclyde Road, Birmingham B20 2LE. 24-31 July, Challey Heritage Guides - Miss S Blades, Blatchetts, Allington Road, Newark, Lewes (Newick 2732). 31st July 7th August: Adventurers (Scouts and others), Mr D Webb, 42 Ipswich Street, Swindon, Wilts.

7th-14th August: Pathfinders (Guides and others), Miss A Cann, 20 Southlands Road, Weymouth, Dorset (Weymouth 71274).

Camp Activity Advisers

Camp Activity Advisers are wanted for Foxlease, Waddow and Blackland during the peak camping periods, ie from July to the end of August.

Those who undertake this invariably enjoy themselves, and Advisers are free to suggest and organise any type of outdoor activity or plays which they feel will appeal to the Guides and are suitable for the sites.

We are happy to accept offers for any period from a week to five weeks! All your expenses are paid: at Blackland you have a caravan at your disposal and at Foxlease and Waddow you live in the house. Two friends, working together, are most welcome!

If you are interested, write to the Training Secretary at CHQ giving the dates you can offer by 30th April.

Camp Dates - 1976

1st May: Fete.

22nd-29th May: Linden Lodge School for the Blind, 61 Princes Way, Wimbledon, London SW16.

29th May-5th June: National Assn of Swimming Clubs for the Handicapped, Mr D Braham, 4 Hill-side Gardens, Northwood, Middlesex (Northwood 27784).

5th-12th June: Hants Trefoil Extensions (women), Mrs E Slade, 22 Fowler Road, Cover, Farnborough, Hants (48418).

12th-19th June: Ingefield Manor School, Five Oaks, Billingshurst, Sussex.

HQ NOTICES

CHQ AWARDS

GOOD SERVICE

Beaver

Miss A. M. Berkley, Regional Camp Consultant, London and South East England.

Laurel Award

Miss J. Wallis, County Camp Adviser, Bedfordshire.

Mrs J. Thorpe, County Pack Holiday Adviser, Kent Weald.

MERITORIOUS CONDUCT

Star of Merit

Allison Hillard, Patrol Leader, 6th Camberley Company, Surrey West. Alison's great courage and determination to overcome the extremely severe pain and disabilities caused by her very serious illness have been much admired. Never daunted by the task demanded of her, she has been determined to reach her full potential, showing an example to the other patients, who were greatly helped by her concern, sympathy and sense of humour. Her total lack of self-pity has endeared her to everyone and her cheerful patience gained profound admiration. Alison's fortitude under suffering, determination and perseverance has illustrated the highest ideals of the Movement.

Certificate of Merit

Helen Blurton, Patrol Leader, 8th Kingswood (St. James', Mangotsfield) Company, Avon North.

Kim Egan, Guide, 79th Bristol (St. Martin's, Knowle) Company, Avon North.

Helen Field, Patrol Leader, 2nd Ickenham (St. Giles') Company, Middlesex West.

Alexandra Harrison, Brownie Guide, 1st Hartfield Pack, Sussex East.

Letter of Commendation

Mrs B. Edwards, Guide Guider, 2nd Ickenham (St. Giles') Company, Middlesex West.

National Scout and Guide Orchestral Course - 28th December, 1976 - 2nd January, 1977

This is an Orchestral Course with a difference, providing not only tuition by professionals and the opportunity of playing in a final concert in London, but also a wide range of activities including riding, skating, canoeing, crafts and amateur radio. Acceptance for the course will be subject to selection, and applicants will need to have reached a good

standard of playing and to have had Orchestral experience. They must be between the ages of 13 and 22 by 31st December, 1976. The course fee will be £25 which includes tuition fees and activities expenses. Application forms may be obtained from the Programme Secretary, at CHQ.

1976 CA List Addition

CCA Middlesex West - Miss P. Bates, 15 Swyncombe Avenue, Ealing, W5.

Wanted

Original singing games however homespun. We would like to hear those which are currently being sung at Pack meetings and in playgrounds. Tapes, manuscripts and instructions please to the Programme Secretary as soon as possible. (Tapes will be returned if postage sent).

CHQ Musical Instruments

Following the notice in last month's *GUIDER*, we are delighted to announce that Lady Ford, Scottish Chief Commissioner, has generously offered to loan her own Violin to the Association. Two or three other violins will also be available for loan in September. For all these instruments and those listed in last month's *GUIDER*, application forms are available from the Programme Secretary. Completed forms to reach CHQ by 31st May.

CHQ Summer Holiday to Our Chalet 1976

Dates: 11th - 24th September 1976. Costs: Travel by rail/sea and insurance: £75.00 approx. If sufficient applications are received to enable the group to qualify for party rates it is hoped that the cost will be slightly less. **Plus** Accommodation at Our Chalet. For further information and application contact your County International Adviser or Country/Region Headquarters.

BRCS First Aid Certificates

Holders of First Aid Certificates awarded by the British Red Cross Society may like to know that revised arrangements have been made for candidates to renew these certificates when they become invalid after three years from the date of issue. It will now be possible to attend a Refresher Course which may be taken as an intensive course over two days (for example a weekend,

or on two successive Saturdays) or as six separate sessions, and Guiders should contact their local Branch Headquarters for information. The Training Department of the British Red Cross Society and CHQ hope that these new arrangements will help many people who, these days, have a lot of commitments but little time.

Caravan Sites and Control of Development Act 1960

Guiders are reminded that if they propose to take a caravan, dormobile or any other vehicle adapted for sleeping in, to any camp other than on a permanent Guide (or Scout) site, they must apply to CHQ for a Certificate exempting the owner of the site from the necessity to apply for a licence under the above Act. Early application should be made to the Legal Adviser at CHQ giving the date of the camp, the name of the owner of the site and his address, and the address of the site if it is different from that of the owner.

Training for Youth workers

The Educational Interchange Council (Incorporated) will again be organising a training course for teachers and youth workers intending to take youth groups to West Germany. The dates will be 12th-21st October, 1976, cost will be £68 approximately, and the place will be Germany. Places will be limited to 20 applicants. The group will spend the first part of the visit

in the Rheinland, and will then possibly stay with families. Some knowledge of German is useful but not essential. Closing date for applications is 25th August, 1976. For further information send a stamped addressed envelope to: Gordon E. Burnett, leader Course, The Educational Interchange Council (Incorporated), 43 Russell Square, London, WC1B 5DG.

Jewish Annual Service

Jewish Annual Service, 3 pm Sunday 16th May, 1976 in London. All Jewish children in open Units will be particularly welcome. Hospitality can be provided. Will all Guiders wishing to attend contact: Mrs S. Pearlman, 6, Belmor, Elstree, Herts, as admission is by ticket only.

Short Term Investment Service

Monthly interest rate after deduction of management commission: December, 1975, 10.175 per cent pa; January, 1976, 9.25 per cent pa; February, 1976, 8.22 per cent pa. Additional 5 per cent for deposits of £2,500 and above.

Scout and Guide Trust Fund

On 27th February, 1976 the value of a share in the above Fund was: 38.43p for selling purposes, 40.34p for buying purposes, 6.07 per cent interest only yield. The interest only yield does not include any capital appreciation and is based on the share buying price on the date stated.

Short Term Investment Service

This money back whenever you want it deposit service continues to provide a remunerative home for Guiding reserve funds and savings. Here are monthly interest declarations for 1975 compared with what you would have received from the bank.

Short Term Investment Service		Clearing Bank
January 1975	10.125%	9%
February	10%	9%
March	9.81%	8%
April	8.4%	7.25%
May	8.281%	6.25%
June	8.218%	6.25%
July	8.33%	6.25%
August	8.969%	6.5%
September	9.225%	6.5%
October	10.25%	7%
November	10.344%	7%
December	10.175%	7%

Short Term Investment Service accepts deposits in multiples of £50, there is no maximum, interest is payable every six months, and only seven days' notice is required to withdraw.

Ring the Comptroller, or Phyllis Varley, on 01-834 6242 for a leaflet giving full details.

Midland Region GGA

Extension Holiday, August 1975

by Valerie Williamson

AFTER months of planning and anticipation Sunday 10th August was with us at last, and everyone had assembled at Trefoil House, Birmingham. There were Guides, Rangers and Guiders from Staffs, Cheshire, Derbyshire, Birmingham, Warwicks, Northamptonshire, Hampshire and London. We were a motley crew! Farewells were said and after a great deal of effort everything was stowed in Roy's coach, which was to be our transport for the next two weeks.

There were 23 able-bodied people to 16 handicapped: a good, workable proportion, ensuring that the helpers were not over-tired.

On arrival at Calais we went through customs easily, then drove through France to Luxembourg, where we spent a night at the Girl Guides' House in Luxembourg.

This was a very welcome rest for everyone, and we were also able to stay overnight on the return journey. Next morning we were off early on the road for Switzerland. It seemed that because we were in uniform there was very little delay at the frontiers. As we got into Switzerland the scenery began to change from flat to hills and soon to mountains. Then into Berne and onto an autoroute which was a marvellous piece of engineering going through and around the mountains. By this time we were getting tired, but Adelboden was still a few miles away. The scenery was getting more as I imagined, with mountains on either side, and we had to negotiate some very tortuous bends, before we finally got into our valley. As we approached Boden we could see chalets clustered round and we soon found ours just back from the road. The younger helpers slept at the top of the house and the rest were split into rooms of four and eight. The four severely handicapped slept on the ground floor and a rota of

helpers slept with them. Hot meal then bed. Everyone slept well. The view the next morning from our window was beautiful, snow on the mountain tops and a waterfall down to the valley. We were divided into four groups with basic duties as for camp, and these were kept to a minimum as this was a holiday. The rota changed as usual at lunchtime. The handicapped took a full part in the duties.



On Saturday the majority of us went to visit 'Our Chalet'. For some this was the high spot of the week. It was not possible to get the coach up to Our Chalet so the helpers pushed the chairs up empty and we went in a local minibus. Help was at hand to get us to the first floor so we were able to see 'Squirrels' and the beautiful view down the valley. Sunday dawned and several of us went to Belf to join Worcestershire at an Interdenominational Communion Service. The service was simple but moving. During the afternoon we had a serenade by an Alpine Horn blower. This Swiss gentleman had been playing the horn for 25 years and had won awards in competitions all over the Canton. After his serenade he came inside and we tried to see if we could play it. It was much harder than we thought but great fun. Singing in the evening with our new friends and others from Worcestershire who were staying in the other Chalet. Days were get-

ting short and there was still a lot we all wanted to do. As we were soon to face the return journey we had our big camp fire at night early. New songs and old songs were sung and nobody wanted to break it up, but finally everyone settled down. On Wednesday we had to clean up, as the motto is to 'Leave as you wish to find'. Everyone did their bit and by the afternoon most was done. Carol and I organised a sports afternoon in the school playground (by kind consent of the caretaker) while floors were cleaned and dried. Fun was the idea and we had a great laugh by having a helpers' race where they used the wheelchairs. Early to bed ready for the journey home.

A last look round and away by 9.30 am with sights set for Luxembourg. We were sad to leave such a beautiful place but all good things come to an end. The journey seemed long as it was so hot, but Roy was marvellous and suddenly we were across the border into Luxembourg again. No one seemed to want to check us. We must look honest! Greeted by the Luxembourg Guides again and QM did another miracle with a quick hot meal. Showers and bed were the order of the day but not before everyone had a surprise present from Miss Greene. Sat on the steps gazing at the moon then went to bed. Early start again to make for Calais to catch the evening ferry. Seemed no time at all before we were in Dover. 1.00 am. Slept for several hours. On the M2 near Canterbury before going through the East End of London as the fruit markets were just opening. On to the M1. We had planned to be back in Birmingham for 8.30 am. Arrived 8.40. Breakfast by Guiders then home to Northampton, by 12.00. What a driver, what a navigator, Dr Brooks. What a holiday. I loved every minute of it. Thanks Miss Greene, thanks everyone.

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exploring the inland waterways with a different site each day. It's great fun and full of interest. The genuine narrow-boats used are fully fitted for eating and sleeping for up to 12 to a boat and have an experienced skipper in charge. Write or call for illustrated brochure and BOOK EARLY to avoid disappointment.

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STRAND GLASS, 109 High Street, Brentford, Middlesex.
01-568 7191. (24 hour Ansafone).

National Theatre Opens

by Jean Rush

AFTER many years of waiting and a number of setbacks, the United Kingdom at last has its National Theatre Company performing on its own premises, in the new National Theatre complex on the South Bank. The idea of a theatre which would truly belong to the whole nation was first discussed as long ago as 1848, and although we have had a National Theatre Company performing at the Old Vic since 1963 this month sees the first appearance of the company in its new home. The National Theatre complex will consist of three theatres: the Olivier, seating 1,160; the Lyttelton, seating 890, and the Cottesloe, a rectangular space for up to 400. Of these, only the Lyttelton is completed and it is here that the Company will be performing for the present. Their 2½ month introductory season was planned to open in mid March, and consists of a repertory of six plays: *Hamlet*, *Plunder* by Ben Travers, Ibsen's *John Gabriel Borkman*, Beckett's *Happy Days*, John Osborne's *Watch It Come Down*, and Harold Pinter's *No Man's Land*. It is intended that the Theatre will evolve gradually on the South Bank from this series of transfers from the Old Vic, to a wide mixture of contemporary works and classical revivals in all three theatres, as and when the other two reach completion.



Wendy Hiller and Peggy Ashcroft in *John Gabriel Borkman*

Groups Association

Of particular interest to Guiders is the newly formed National Theatre Groups Association. Guide Units are eligible for membership of the Association, which is free for the first year, and carries with it a number of advantages. Members receive regular mailings of advance information, including price reductions for groups, plus



The imposing facade of the new National Theatre

a group booking form for all three theatres as each one opens. There will be extra mailings to members giving details of special ticket price reductions for special performances, both at the South Bank and on tour, and details of NT Days for groups. These special days are particularly exciting, as they can include a talk, a tour of the new building, special catering arrangements, and a performance. There is also a special department at the NT called CONTACT, which exists to help group members with any enquiries or special booking requests.



Albert Finney as *Hamlet*

Student Standby

In addition to the Groups scheme, the NT has a Student Standby scheme and I am delighted to announce that by special arrangement with the management, this scheme has been made open to members of the Girl Guides Association. To make use of this scheme, all you need to do is show your Guide badge at the Box Office as evidence that you are a member of the Movement. Under this scheme, any unsold seats available one hour before the commencement of a performance will be sold to you for only £1.00, or only 75p for previews and midweek matinees. This obviously represents a saving of many pounds at current prices.

Booking Systems

The normal booking system at the National Theatre is in itself an innovation, and anyone with any interest in the theatre has no doubt read some of the controversy in the national press. Briefly, seats may be

booked in two ways: numbered and reserved seats may be booked in advance for a total of £4.35 (or £2.50 midweek matinees), alternatively, vouchers at £2.35 (£1.50 midweek matinees) may be bought in advance, which will guarantee a seat for the performance chosen and can be exchanged for a numbered and reserved seat at any time from two hours before the performance. It is hoped that this new system will be popular with the public; it is made possible by the even quality of the seating in the Lyttelton Theatre, where we are assured that sightlines are excellent from every part of the house.

Two further innovations to make theatrical history: the front four rows of the stalls and the back row of the circle at the Lyttelton Theatre will be bookable on the day of the performance for only £1 each. Finally, the box office will open at 8.30 a.m. to give people the opportunity to book on the way to work.

Disabled

Excellent facilities for the disabled are available in the form of ramps, lifts and lavatories. Wheelchair spaces are available at £1 each, bookable in advance, and there is also radio transmission available for users of deaf aids.

How to get there

The National Theatre complex is on the South Bank, east of Waterloo Bridge. Waterloo station is five minutes' walk away, and there are excellent bus services.

The underground car park is not yet completed, but there are a fair number of parking areas within easy reach of the theatre.

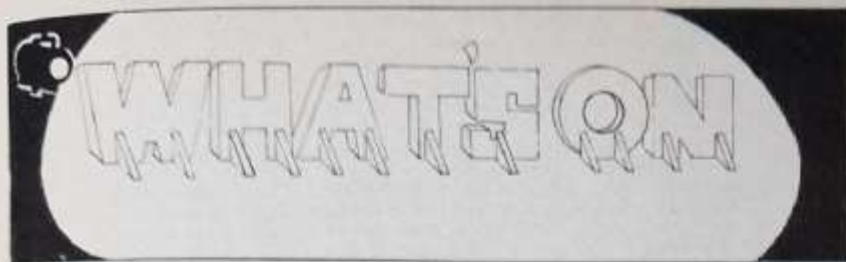
School or Guide Parties

In addition to the special rates mentioned above, groups of 15 or more can obtain reductions of nearly 50 per cent on reserved seat prices. CONTACT can help you with details of reductions for your Guide Unit.

Where to Apply

To join the Groups Association, write to NT Groups Association, CONTACT Department, The National Theatre, Upper Ground, South Bank, London SE1 9PX.

For further information about party booking rates, write or ring CONTACT at 01-928 2033 ext. 340. For normal box office information and bookings ring 01-928 2252, or for 24-hour recorded booking information 01-928 2033.



Exhibitions

The work of John Constable is on view at the Tate Gallery until 25th April. Held to mark the 200th anniversary of the birth of the great English landscape artist (1776-1837), it is the largest exhibition of his work ever to be shown, comprising more than 350 paintings and drawings.

British Museum

A new permanent exhibition of Etruscan Antiquities from the British Museum's outstanding collection, is on view in the Mezzanine gallery in the Greek and Roman Department.

The collection, dating from 7th to the 1st century BC includes many sculptures that have not been seen by the public since before the war. The most notable exhibits include a series of painted panels from the Banditaccia tomb near Cerveteri. Well worth a visit.

Victoria and Albert Museum

Fashions 1900-1939. The exhibits have been drawn from private and public collections in Britain, Europe, and the USA. Using superb clothes designed by the top couturiers of the period, this exhibition traces the radical redevelopment of style from Art Nouveau, through twenties simplicity, to the hesitant femininity of the thirties.

The Science Museum

The Apollo 10 capsule, that carried three American astronauts around the moon during May 1969, is the major feature in the 'Exploration' Exhibition currently on display in the Museum. Also on view is the water-cooled space suit worn by William Anders (on the Apollo 8 mission) along with samples of space food!



Inside the Apollo 10 Capsule

Photo: Ken Rush

Ballet

Turning the tables this month, London Festival Ballet is in London while the Royal Ballet is on tour.

Starting its five week season at the London Coliseum on 13th April, London Festival Ballet opens with a new and lavish production of the full length *Don Quixote*, for the first week. Adding to Festival Ballet's well loved repertory of short works including *Prodigal Son* in Ragtime, the company will revive two famous works from the Diaghilev Ballet: *Spectre de la Rose* and *Parade*, and to celebrate the centenary of Manuel de Falla the company will revive *Le Tricorne*.

Meanwhile, the Royal Ballet continues its tour of the regions (see Nationwide). Journey Through Ballet, a special programme for children given on Tuesday afternoons in each place, is specially recommended (see March GUIDER).

The Royal Maundy

The Queen will distribute the Royal Maundy money in a service at Hereford Cathedral this year. The distribution of the Maundy gifts on Maundy Thursday is a modern development of one of the oldest customs in the world, said to be derived from the mandatum Christ delivered to his disciples on the day before the Crucifixion. The Maundy money, silver coins to the value of one, two, three and four pence, is given to old age pensioners for their services to the community.

Sport

Cross Country Day, the special third-day event at the Badminton Horse Trials in Gloucestershire, reverts from a Friday to a Saturday this year to coincide with the Trial's 25th anniversary, on 10th April. The final Jumping Test is held on Sunday, the 11th, when the Queen presents the prizes. The 25th anniversary is also marked by the added incentive to riders trying to ensure a place in the Olympic show-jumping team. Princess Anne is an established champion, and one of the strongest contenders.

21st Anniversary

The 6th Horley Guide Company will be celebrating their 21st Anniversary with a re-union dinner and dance on 23rd April. Former members please contact: Mrs J Greenaway, 51 Haroldslies Drive, Horley, Surrey.

Theatre

Sadler's Wells Theatre is to stage the Greek Arts Theatre's three spectacular productions - *Seven against Thebes*, as well as a revival of the company's very popular production of Aristophanes' *The Birds*. Also to be featured is Aeschylus' *The Persians*. The productions are directed by Karlos Koun in an epic style particularly suited to Sadler's Wells.

The Best of Walt Disney's True-Life Adventures

Walt Disney Productions, Technicolor. AT LAST a film that can be thoroughly recommended for both adults and children.

The opening shots of the film clearly demonstrate Walt Disney's great love and understanding of all animals. Well before such current favourites as Jacques Cousteau came on the scene, Walt Disney was producing outstanding wild-life shots and winning Academy Awards for such true-life adventures as 'Seal Island', 'Braver Valley', 'Nature's Half Acre', 'Bear Country' and 'The Living World' to name just five of his thirteen epics.

This film incorporates the very best incidents from these previous films, and the sheer beauty of the photography could not possibly be equalled.

AMM



Photo by courtesy of Walt Disney Productions

Nationwide

Birmingham, City of Birmingham Symphony Orchestra, Town Hall (8, 10); English National Opera, *The Rhinegold* (26).

Bournemouth, Royal Ballet, Bournemouth, Pavilion (3rd May); English National Opera: *Carmen*, Bournemouth Pavilion (12, 15).

Bradford, Royal Ballet, *Alhambra* (19).

Cardiff, Royal Ballet, New Theatre (26).

Eastbourne, English National Opera, *Carmen*, Congress Theatre (20, 23).

Glasgow, Royal Ballet, Theatre Royal (12).

Leeds, English National Opera, *Tosca*, Grand (21).



Photo by courtesy of English National Opera

Anne Evans in *Tosca*

Leicester, Open Dog Show, Leicester City Canine Society, Gramby Hall (1). Exhibition of British Sporting Painting, Museum and Art Gallery, New Walk (1-6).

Norwich, Recital, Norwich Cathedral (23). An evening of Victorian Gems, N&N Music Club, Assembly House (24).

Norwich, English National Opera, *Carmen*, Theatre Royal (26, 29).

Sherborne, Display, Boats and Water sports, Sherborne Castle (17-19). Exhibition, Elizabethan Costumes, Sherborne Castle (17).

The 1776 Exhibition

After two centuries it seems difficult to imagine that the United States of America, were a dreadful enemy. They were the first wound in the body of the British Empire. However, magnanimous in defeat, the Great British are staging an exhibition which even the Americans say surpasses all other celebrations staged to commemorate the bi-centenary of American independence.

On 14th April, Her Majesty the Queen, accompanied by H.R.H. the Duke of Edinburgh, will open an exhibition at the National Maritime Museum, Greenwich, which is to be held in the newly reconstructed West Wing of the Museum.

The exhibition tells, in tableau form, the story of the twenty momentous years in the eighteenth century, when Britain lost an Empire and gave birth to the greatest nation in the world. There are portraits by Gainsborough, Reynolds, Romney and others. There are reconstructions of the Boston Tea Party, an eighteenth century coffee house and Admiral Lord Howe's Cabin. The visitor can meet the rebel army in a Philadelphia tavern and be present at the most important battles.

One of the most interesting exhibits will be a rare copy of the Declaration of Independence lent by the Public Record Office.

In addition, many individuals have contributed historic items from this era and the visitor with an ethnic interest will not be disappointed as items of Red Indian culture are represented.

Transport to Greenwich is varied. British Rail is running special services from Charing Cross every 15-20 minutes and there are regular bus services. Regular readers of *What's On* will recall that a river bus service is in operation from Charing Cross and Westminster. Greenwich is rich in museums. The Cutty Sark and Royal Observatory are within easy walking distance of the National Maritime Museum.

The exhibition is open to the public from 15th April-2nd October (Tuesday to Saturday 10 a.m.-7 p.m., Sunday 2.30 p.m.-7 p.m., Monday 4 p.m.-7 p.m.). Admission is 85p for adults and 45p for students, children and old age pensioners.

REVIEWS

Olave Baden-Powell, by Elizabeth Hartley. World Bureau, 30p

So often we are on the lookout for a gift for a Guide friend, in this country or overseas, which has a close link with Guiding. Your quest could be answered by a delightful booklet called *Olave Baden-Powell*. (You'll find you won't want to part with it and will have to buy two!)

Written by Elizabeth Hartley, *Olave Baden-Powell* includes many pictures of the World Chief Guide during her childhood, family life with the Founder and her busy travelling days in many parts of the world. Perhaps the most engaging picture comes almost at the end when the Chief Guide is standing with her arms flung wide in welcome at a window in Our Chalet.

This booklet is published by the World Bureau (the text is in English, French and Spanish) and is obtainable from any Guide Shop or from Mail Order Department, Girl Guides Association Trading Service, Atlantic Street, Broadheath, Altrincham, Cheshire. Please add 30p postal and packing charges. TWM

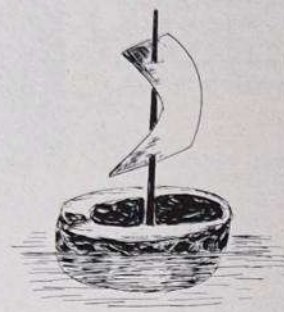
The Observer's Book of Ancient and Roman Britain, by Harold Priestly. Warne, 90p

An ideal handbook for the amateur who wishes to learn more of the ancient history of our country. This book is a first-class guide to the pre-Roman and Roman sites in Britain, also briefly explaining how life was lived in the Paleolithic, Neolithic, Bronze and Iron Ages. Sites which may be visited are described in alphabetical order and a valuable aid to the walker or motorist with limited time are the maps, which indicate key sites which may be visited within a day's journey from a selected point. The author, Harold Priestly, is to be commended on his concise and informative book, which will prove a real joy to the thousands of amateur and more experienced archaeologists in Britain. AMM

Nature's Toyshop, by Margaret Hutchings. Mills and Boon, £3.45

For nimble-fingered Guiders, teachers and trainers this beautifully illustrated book will come as a special blessing. The author has opened our eyes once again to the wonders of nature in all her many guises and challenges us to make delightful toys from grasses, leaves, flowers, seeds, feathers and indeed chicken bones! The town dweller has been remembered, along with her country sister, for all could make a

swan from an apple and a penguin from an orange pip. Don't think you have to be an expert at handcrafts to enjoy *Nature's Toyshop*, as the Fuchsia Ballerinas, Poppy Dolls and Convolvulus Wedding with tiny thistles need hardly any additional handcraft from the maker, they stand on their own beauty. An excellent addition to the Unit's bookshelf which will bring pleasure for years to come. AMM



Cook and Enjoy It, by Deanna Brostoff. (Coronet Books) Hodder and Stoughton, 50p

Catering for only oneself or for two people tends to restrict one and meals are often depressingly dull or a waste of time. This paper-back makes nonsense of either of these theories for it is packed with recipes which are interesting, economical and nutritious. Instructions are simple and brief, no dish taking long to prepare and many can be started the evening before or earlier in the day.

In addition to recipes there are many tips designed to save labour and costs so that whether the reader is experienced or a beginner *Cook and Enjoy It* will provide many new and welcome ideas. EMB

Arthritis and Common Sense, by Dan Dale Alexander. Heinemann, £2.50

Nearly everyone has first hand knowledge of arthritis in one of its forms; those of us who are not afflicted ourselves, know a close relative or friend who suffers from this crippling complaint. Connected in most people's minds with the onset of old age, arthritis is nevertheless a disease which can attack all ages. Research in recent years has provided a number of treatments, but no cure, and experts are still in disagreement over what causes the onset of arthritis in the first place.

This book puts forward a theory

which, though not universally accepted by the medical profession, is certainly worth more than a passing thought. The author maintains that all arthritic diseases are caused by wrong diet, his main theme being that daily consumption of the right oils, cod liver oil in particular, serves to lubricate the linings of the joints. He also believes that acids, in particular citrus fruits, should be avoided as they have a drying effect; this is directly opposed to some other authorities, who maintain that lemon juice is actually helpful to arthritic conditions.

The three main points put forward in this book are: in addition to cod liver oil, the arthritic should take quantities of milk and dairy produce; sugary foods, sweet drinks and acids should be avoided; water, or any drink, should be taken ten minutes before or three hours after a meal, never with a meal. The author claims that by following his regime, which is clearly explained in this most interesting book, the arthritic can return to normal mobility. Whatever one's own views or experience, this book is well worth reading. JVR

The Pocket Encyclopaedia of Dogs in Colour, by Ivan Swedrup. Blandford Press, £2.75

This is a comprehensive book for dog-lovers who seek knowledge of all breeds in some depth. It is well-presented and profusely illustrated, with descriptions of each type of dog, together with information on breeding, rearing, training and showing. Both English and American classifications are given, plus chapters on psychology, anatomy, ailments, and the dog in society. There is some lack of balance between the early chapters, particularly those on owning a dog, and a puppy in a new home, and the descriptive section, which almost seems as if it is written for a different type of reader. I feel that this would be an expensive addition to a Company library, but a welcome gift to a canine connoisseur. MFW

Paris - for all seasons, by Charles Moore. Colin Venton, £3.25

This is no conventional guide to Paris. In an inexplicable way it seems to be Paris explaining itself, its history and growth, its feelings and culture. It is a city, a very large city, composed almost entirely of villages with many open spaces and more trees growing out of the pavements than any other city in the world.

I warmly recommend *Paris* to readers who already have some knowledge of the city, and to those who haven't yet made her acquaintance for it will introduce many new 'feelings' for that fascinating place in a very pleasant way. EMB

First Aid in Pictures, by Dr Robert Andrew, illustrated by Ann Price-Owen, Wolfe, £1.25

If there is one subject that is constantly changing in its treatment and approach that subject must be First Aid. First Aid books and manuals become out of date more quickly than any other form of literature so it is with pleasure that I recommend the latest.

First Aid in Pictures is just that. It explains to the person new to the subject exactly what to look for, what is expected of a first aider and the most up to date treatment. How to stop bleeding, promote breathing, how to deal with shock, burns, comas - everything you need to know, in fact, is here in easy to read, easy to understand language and illustrated so well that all doubt is removed as to what to do in an emergency. Guides, Rangers and Guiders should find room somewhere to include this useful handbook among their books of reference. AMM

Round the Horne, REH 193, £2.49; Goon Show Classics, REB 213, £2.95; Hello Cheeky, REH 189, £2.49; A Frog he would a-woooing go, MRMC 039, £1.79. BBC Records.

With what is currently called the 'nostalgia kick' in full swing, it's hardly surprising that the BBC should delve into its archives and come up with some interesting recordings. Their LPs taken from past radio comedy programmes provide a fascinating study of changing fashions in humour, and tell us a great deal about changes in public taste. Strangely, those programmes which made least impression on us at the time seem to have improved with age, while the Goons, who had a whole generation mimicking their every phrase and accent, sound surprisingly dated 20 years later in spite of the fact that they have all gone on to become famous individual performers. *Round the Horne*, like *Itma* before it, is in a class of its own. These will remain comedy classics for all time, and the LP of two *Round the Horne* programmes is a 'must' for the collector of radio comedy.

At the other end of the scale, the BBC has some lovely records for young children, and the latest entitled *A Frog he would a-woooing go* features 22 favourite nursery rhymes. The music is selected and arranged by Douglas Coombes, and performed by the Kingsmead School choir and percussion ensemble, with some valuable help from professional musicians. This is a singalong *par excellence* to keep a group of young children happy, if not quiet, for many a happy hour. JVR

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