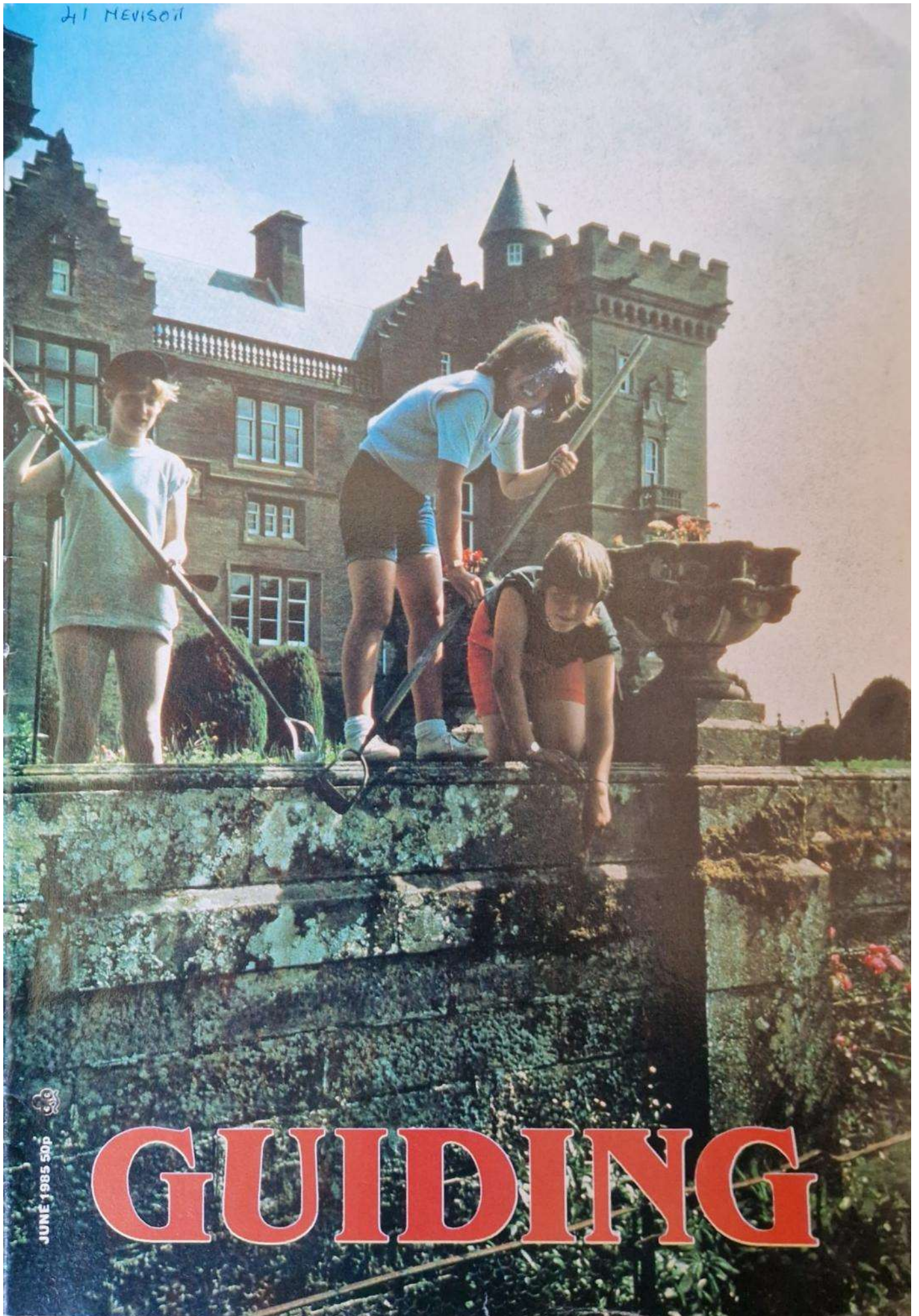


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# GUIDING

Published 1st of each month

OFFICIAL MAGAZINE  
OF THE GIRL GUIDES  
ASSOCIATION

(Incorporated by Royal  
Charter)

## PATRONS

HM THE QUEEN  
HM QUEEN ELIZABETH, THE QUEEN MOTHER

## PRESIDENT

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**WORLD CHIEF GUIDE, 1930—1977**  
OLAVE, LADY BADEN-POWELL, GBE

**CHIEF COMMISSIONER**  
THE LADY BADEN-POWELL

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## Telemessages

HM THE QUEEN, BUCKINGHAM PALACE, LONDON

ON THE OCCASION OF YOUR MAJESTY'S BIRTHDAY MEMBERS OF THE GIRL GUIDES ASSOCIATION SEND CONGRATULATIONS AND LOYAL GREETINGS

PATIENCE BADEN-POWELL  
CHIEF COMMISSIONER

TELEMESSAGE, THE CHIEF COMMISSIONER,  
GIRL GUIDES ASSOCIATION, 17 BUCKINGHAM  
PALACE ROAD, LONDON SW1

I THANK YOU AND MEMBERS OF THE GIRL  
GUIDES ASSOCIATION MOST SINCERELY FOR  
YOUR KIND CONGRATULATIONS ON MY  
BIRTHDAY.

ELIZABETH R

## Cover

Our cover this month shows girls who attended the Monifieth Ranger and Young Leader camp at Kinnard Castle last July. The girls participated in restoration work for the Earl of South Esk. **Photo courtesy of Joan Fyfe.**

**We are grateful to Messrs. Webb Ivory Ltd for sponsoring this month's cover.**

Unfortunately, in the May cover caption, we neglected to state to which Pack the delightful Brownies belonged. The Pack which includes such a bevy of beauties is the 1st Tetney Pack.



EDITOR: JEAN RUSH  
ASSISTANT EDITOR: DEBBI SCHOLES  
SUB EDITOR: CAROLINE STAGG  
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ALL COMMUNICATIONS TO: GUIDING, THE GIRL GUIDES  
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**VOLUME 72, NUMBER SIX, JUNE 1985**





**C**ongratulations to 14th Crosby Guide Company, North West Region, who are the first Unit to complete the project and return their project sheet to International Department.

In the three months since the project was launched we have sent out almost 2000 project packs and 40,000 'I'm helping UNICEF in Sri Lanka' badges. Already we have raised approximately £10,000 which has been sent to UNICEF in Sri Lanka so that they can begin implementing the methods of Primary Health Care in the Kalutara District.

We expect to receive an initial report from Sri Lanka about the work they are undertaking very soon and will publish it in the next available edition of *GUIDING* magazine.

One reason for choosing the Kalutara District of Sri Lanka for our project in 1985 was that there was work already being done in that area by the UK Scout Association.

The Venture Scouts are running a Water Project in Kalutara. For two years they have been raising funds to provide wells and sanitation. It therefore seemed very appropriate that our fund raising efforts should consolidate their work by providing Primary Health Care in the same villages.

The culmination of the Water Project for some Venture Scout Units was a visit to Sri Lanka to work with the Sri Lankan Scouts digging wells and building latrines.

Here is an account of one such visit written especially for us by Kate How, a member of the St Andrews Venture Scout Unit in Bedford.

## Expedition to Sri Lanka 1984

The aim of our expedition was to help members of a third world country in ways which would fundamentally improve the quality of life. This was fulfilled by working with Sri Lankan Scouts in four villages on a UNICEF project to build pit latrines, which would prevent contamination of water sources, and covered wells which would ensure a clean water supply. In addition, we aimed to get the villagers to understand the reasons for using clean water and proper sanitation, and to find out what other customs and practices might be changed in the longer term to improve health. Of course, we hoped that the project would give us a greater understanding of third world problems and would show ways in which people from different cultures and economies could work together for mutual benefit.

The expedition was a great success and, although it is only a small step in a major task, we feel that our work to build 40 pit latrines and 14 wells is a substantial contribution. We overcame all barriers of nationality, culture and language during our stay and have undoubtedly helped to reduce the numbers suffering from water borne diseases such as typhoid and cholera.

We had planned and trained and tried to anticipate but when we set out on July 26, we were slightly apprehensive about what we should find 8000 miles from home. We knew what work we would be doing and in what area — the Kalutara district of Sri Lanka, but we had visions of four weeks cramped up in

leaky insect-infested tents. As it turned out this was not the case, when several members of the group did choose to sleep in tents they were set up on concrete bases on the school site. The majority slept under mosquito nets on the floor of one of the classrooms.

We bought the majority of our equipment in Sri Lanka, to reduce the possible expense of taking extra baggage. We took three optimus stoves with us, however. These were packed into compact units and, after some experimenting with the optimus starting paste, proved invaluable. We took bricklayer's trowels and spirit levels but bought pots and pans from the village and donated nearly all our equipment to the Scouts when we left. The water containers we took with us were vital because we had to carry our water about 200 yards up a steep slope from the hand pump to the classrooms which were our base for four weeks. Some of the water containers were wine box covers which had been kindly donated by 'Safeways Food Store' in Bedford. Several members of the expedition tested these water containers as pillows — with mixed results! After a month of constant use the water containers suffered several injuries and buckets were used to transport the water instead. Buckets also proved an essential part of our daily life because a bucket of water had to be taken to the latrine each time it was used in order to wash out the trap in the latrine. This point of putting a bucket of water down the latrine was difficult to communicate to the villagers, but I think we succeeded in the end! I hope they remember.

The two four-foot spirit levels we took with us caused confusion at the customs at Colombo airport. Sri Lankans had obviously never seen a spirit level close up and were intrigued by the bubble inside it. The younger Scouts found it a source of great entertainment. The village masons obviously would have preferred our spirit level to their plumb line. They were very skilful in its use, however, and were a great help to us, often demonstrating their greater practical skill with Sri Lankan bricks. On several occasions we would have given anything for a regularly shaped London brick, instead of the rough and ready, unique Sri Lankan bricks — no two are the same!

The Scouts and villagers were extremely helpful and friendly, helping us with the building of the latrines and wells. With a maximum UNICEF allocation of 500 bricks, three bags of cement, some water and sand we started to work on the latrines. The first task was to dig the pit (15' x 3' x 3'). In many cases the villagers had started this work, but several pits were too big or of the wrong dimensions due to a misunderstanding between the UNICEF officials and the villagers. Foundations were then built from local stone. Then the skilful art of bricklaying commenced, over the floor slots which contained the trap. Finally a door and roof were added. The latrines were often easier and quicker to construct than the wells due to a shortage of drainage pumps for removing water once we hit the water table. Most of the wells were built from scratch, but some were built using the remains of older wells. UNICEF engineers helped by providing equipment to drop the concrete ring liners into the well, and also putting the actual hand pump on the well at ground level.

Several problems were encountered over supplies which were slow to arrive at first. But the Scouts spoke a fair amount of English

and were eager to help us by fetching buckets of water, matlocks and anything else we needed. The villagers supplied us with tea when we worked, which to some people's dismay was always heavily sugared. This might account for the fact that the majority of villagers had few or poor teeth.

We worked in a beautiful area of Sri Lanka. There were palm trees, rubber plantations, paddy fields and tea estates throughout the area. Parts of Sri Lanka certainly looked like paradise, especially the sandy beaches which we visited on two occasions.

We did manage to spend a few days touring the area. We visited the ancient city of Anuradhapura where we saw the impressive temples. We also went shopping — like true tourists for the first time. On another occasion we caught the bus to the capital Colombo. It was even busier and noisier than London. Sri Lankan buses are cheap, fairly reliable, but always crowded. A Sri Lankan bus is never full, however, even if it means having people hanging from the steps of the bus. Travelling by public transport certainly was an unforgettable experience as on the train journey to Galle on the south coast. We travelled third class for 75 miles for less than £1. Everyone enjoyed the journey leaning out of the doors and windows, watching the beautiful sandy beaches go past as we followed the coastal route.

We returned to England a month later on August 24, having seen the great contrasts between the rich and the poor, the affluence and the poverty in Sri Lanka. We now can say that we have a greater understanding of third world people and their lives. The expedition was seen as a memorable experience which made the 2½ years needed to raise the necessary £18,000 well worth while.

**Kate How**

*Photo by Kate How*



A pit latrine —

almost completed



# The Lady Baden-Powell, Chief Commissioner 1980–1985

Numerous members of The Girl Guides Association throughout the UK and Commonwealth as well as those in foreign countries would have had the pleasure of seeing, hearing and speaking to The Lady Baden-Powell during the past five years. This month she completes five-years as Chief Commissioner and the Association records its thanks for her service to Guiding at home and abroad.

It would have been difficult for The Lady Baden-Powell to escape from the infectious enthusiasm of the World Chief Guide, Olave Lady Baden-Powell, when she joined the Baden-Powell family through her marriage, in 1963, to Lord Robert Baden-Powell, grandson of the founder.

She was enrolled as a Guide by the Chief Guide in 1964 and served Guiding in several capacities and in different places over the years, before her appointment as Chief Commissioner. Her previous service included Guide Guider in Nottingham, Middlesex and Surrey West; District and Assistant County Commissioner in Surrey West; Deputy Chief Commissioner and International Commissioner at CHQ. Involvement in committee work added another dimension to her experience. Some of the committees on which she served were the Diamond Jubilee Committee, the Reception Committee when Britain hosted the World Conference in 1975, the Boundaries ad hoc Committee and the ad hoc Committee set up to consider a joint section for Venture Scouts and Ranger Guides. For three years she was a Girl Guide Association's delegate to the British Youth Council, and in 1977 she was selected to visit Israel on behalf of the BYC at the invitation of that country's council of Youth Movements.

## 'When you think you are looking wide, look wider still!'

Her international travel took in several continents. Europe, Africa, Asia, North and Central America, where she was able to encourage British Guides in foreign countries and advise those Associations which were working towards membership in the World Association of Girl Guides and Girl Scouts. She also worked on the staff of Our Cabaña in Mexico for a short period in 1980 and was able to give first hand information of the Centre to those who visited afterwards.

Attendance as a delegate to European and World Conferences was invaluable preparation for her leadership of the UK's delegation to two World Conferences (France 1981 and the USA 1984) and also for chairing the Commonwealth Commissioners' Conferences in the same years.

Throughout her five-year term of office The Lady Baden-Powell was extremely active. She visited all the nine countries and regions — attended various functions, doing what she so much enjoyed, meeting Brownies, Guides, Rangers and Young Leaders.

Assuming office in 1980, The Lady Baden-Powell found the Association facing an important decision. Should it relinquish part of the premises of 17-19 Buckingham Palace Road and settle for a smaller headquarters with its frontage on Palace Street? She felt strongly that this historic building occupied since 1930 and dear to the hearts of Guides, not only in the UK but throughout the world, should be kept in its entirety for the use and enjoyment of the hundreds who visit every year. She therefore urged the Executive of the Association to acquire the freehold of 17-19 Buckingham Palace Road and today 'The House the Guides Built' remains their property.

The 80's are challenging years and wishing Guiding to keep abreast of the times she advised that the GGA should try to alleviate some of the hardships felt by children of unemployed parents and, in 1981, under her Chairmanship, a Committee planned the first Guide-sponsored holiday for children from North East and North West regions. Known as the Waddow Holiday, this camp was intended as a model for other regions, enabling girls who would not previously have known the joy of camping to do this. This experience inspired some of them to join the Movement.



The Chief Commissioner, The Lady Baden-Powell, seen here with Major General Michael Walsh and wreath bearers Samantha Grima and Frank Hasdika on Thinking Day last year.

In 1982 she initiated the setting up of a Forward Planning Committee to review the existing organisation of the Movement, to examine its resources, and to determine the needs and make recommendations for the future.

With all of this Guiding activity, one would be tempted to ask whether The Lady Baden-Powell had time for anything else. The answer is 'Yes'.

She is actively involved in other organisations, catering for children and young people, patron of the National Play Bus Association, President of the Commonwealth Young Exchange Council. This latter gives her immense pleasure in talking to young people who have had the privilege of visiting other countries and meeting other young people, she is Chairman of the 1985 IYY Surrey Committee. Added to these, The Lady Baden-Powell is a Director of the Imperial Life Assurance UK Ltd and serves on the Imperial Life Assurance Advisory Board for Great Britain. She attributes her selection to having been a member of the Girl Guides. All members of the association wish her a continued busy and happy future.

**E Arnold**  
Public Relations Advisor

The Chief Commissioner escorts HRH The Princess Margaret on her tour of Derwent, Glenbrook at its opening.



Photo by Tony Rose



# Officers' Uniform

## or The Archivist's

In the early days of Guiding the term 'officer' referred to any adult in the Movement, whether Commissioner, Captain [Guider], or Lieutenant [Assistant Guider]; and until 1914 practically no differentiation was made in the uniform for those who held these appointments — hence the first part of this article's title.

The information which follows has been gleaned from the official magazines, handbooks, annual reports, price lists and PORs, none of which present a perfectly clear picture of adult uniform at any time! The following difficulties when relating the history of uniform need to be briefly understood, and to be borne in mind whenever the subject is under discussion.

1. POR constantly quotes skirts, coats, shirts etc as being 'official pattern' but gives no further indication as to what that official pattern might be.
2. Language presents a problem (the terms 'overall' and 'tunic' are often used to describe what we would call a dress. Then again 'coat' sometimes means just that, and sometimes a jacket).
3. The magazines frequently mention changes in uniform which do not appear in POR until several years later.
4. Colour photographs of uniform, where they do exist, naturally feature modern uniform, besides which, very few photographs have ever been taken specifically to illustrate the uniform.
5. A change in style may appear dramatic at the time, but 50 years later, when peering at a black and white photograph, the change may not be so obvious.
6. When a new style came in (often over a period of years) it did not necessarily (if ever) herald the immediate end of the old.
7. Not everyone bought their uniform clothes from Headquarters, or from other official outlets.
8. Price lists and PORs were not annual publications.
9. In the early days at least, channels of communication were slow, and people tended to follow their own ideas concerning uniform.
10. Very often what was already being worn only later became official uniform.
11. The Annual Report did not always restrict itself to the year under review.

Added to which, shortages of supplies occasioned by strikes, wars, or even drought (lack of rain water for dyeing) often necessitated makeshift uniforms. Then again some of the directives in the official publications are downright contradictory! These are only some of the reasons why the subject of uniform is a thorny one, but they do help explain the latter part of this article's title!

What follows is a broad outline of officers' uniform. It would be quite impracticable to go into great detail — a fact which will at once be appreciated when it is realised that a District Captain's plume/cockade was listed as being of four different colours in as many years (white plume 1916; red cockade in January and white cockade in March, 1917; green cockade in 1920)! Finally, before embarking on this dangerous subject, let me say to all those of you who did not wear what follows, or who do not remember your Captain/Lieutenant/Commissioner wearing such things, that my reply must be — very likely. But let me also remind you that what follows is official!

The earliest statement on uniform appeared in B-P's 'Scheme for Girl Guides' in November 1909:

'Officers wear ordinary country walking dress, with beretta of dark blue, white shoulder knot, walking stick and whistle on lanyard.'

Pamphlet A confirmed that this was the uniform, merely substituting the word 'beret' for 'biretta' and adding 'brown or dark gloves or gauntlets.' In September 1910 'Home Notes' further embellished the hat by describing it as 'dark blue Alpine hat with cock plumes on the left hand side.' However as early as June 1915 the 'GIRL GUIDES' GAZETTE stated that these plumes were not compulsory, and at the same time admitted that 'there is a great deal of variety in officers'



Rally at Oswaldtwistle 1912 — uniform for officers was optional in the early days.

headgear but you must certainly stick to plain dark blue.' Two years later the cock plumes were summarily dismissed by B-P who, when asked what was the significance of an officer wearing feathers in her hat, replied that 'it probably meant that she was a Tenderfoot and did not know better, as there is no such Badge in our Rules.'

In 1911 'badges of rank' (warrant badges) were instituted for Lieutenants and Captains which cost 9d and 1s 3d respectively, and in 1912 for the first time a necktie was mentioned in 'How Girls Can Help To Build Up The Empire' (though this did not mean that one was not worn before)! That same year Lieutenants were awarded another distinguishing mark, three white stripes in chevrons worn on the left sleeve. These however were soon considered rather misleading and too military in style; they were therefore abandoned in 1917.

In 1914 officers were reminded that uniform was optional, but if worn it consisted of:

Blue serge uniform blouse & skirt

[this is the first time material is mentioned. Blue serge of various qualities was the most usual material for the skirt — and coat — throughout this period]

Blue felt hat with no chin strap

Blue tie, and badges for which the officer has qualified

[throughout this period Guiders were entitled to wear proficiency badges on their shirt sleeves, not their jackets, if they wished. Note that this is



2 Officers c1914 in incorrect uniform — the white cuffs were not official.



# 1909–1930

by Cynthia Forbes

## Nightmare

the first time the colour of the tie is mentioned]

1914 was also the year when suggestions for a distinctive uniform for Commissioners were invited, the idea being that they would then be more easily recognised at various functions by Scouts and Guides. One suggestion offered was that a gold and white waist coat should be worn over a plain navy blue serge dress, with a purple badge in the hat — so much for the first Handbook's admonition (1912) that 'officers dress should be plain, nothing conspicuous.' One wonders what the Handbook would have made of the gold and silver sash which County Presidents were entitled to wear (not in uniform) from 1921 to 1951, or the silver tassel which Area Directors wore attached to their Commissioner's badge from 1921 to 1947! The uniform decided upon for Commissioners was:

Shirt blouse [no colour given]  
Regulation skirt with two Pale blue tie pockets  
Regulation coat with four pockets  
Whistle cord on right shoulder to pocket  
Ordinary officer's brown leather belt  
Commissioner's silver cords, badge etc.  
Soft leather gauntlet gloves

The photograph which accompanied the above description depicted a woman wearing a hat with a cockade. However, as can be seen, no mention of a cockade appears in the description, and indeed cockades did not come in officially until 1917!

In 1916 we are told that the Headquarters Committee had decided upon the following for all officers, including Guiders:-  
Girl Guide Hat turned up at left side [with Tenderfoot Badge]  
Blue Norfolk Jacket with pockets & black horn buttons  
(brass buttons were forbidden!)  
Pale blue tie with officer's rank badge  
Brown leather belt [worn over coat]  
Gauntlet gloves

Then, in 1917 the Cockade came in — a silver one for a County Commissioner, dark blue for a Captain and brown for a Brown Owl (Lieutenants did not wear cockades but continued to pin up their hat with the Tenderfoot Badge). A Guider's uniform now included knickers, which were to be navy blue, and the Guider's tie was allowed to be either light blue (as before) or the colour of the Guider's Company. From henceforth Commissioners were to wear a white shirt and dark blue tie (saxe blue for District Commissioners). The following year (1918) POR included the instructions that the Guider's skirt should not be less than eight inches off the ground, and that long or fancy hatpins should not be worn! For the first time an 'undress uniform' was given as an alternative uniform for Guiders (not Commissioners) to wear in hot weather. This was a navy blue tunic [dress]. 1918 was also the year the Brown Owl metal warrant badge became available (the Tawny Owl warrant badge did not come in until 1922).

In 1919 a Guider's jumper was introduced at 25s which it was hoped would fill a long felt need, and we are informed that a fine navy blue serge, suitable for shirts and skirts was now available (30 inches wide) at 1s 10d a yard. The cost of uniform during these years is difficult to gauge, not only because prices varied from year to year depending upon the availability of supplies, the strength of the currency, and whether or not there were labour difficulties, but also because Headquarters possesses no price list earlier than May 1920, which gives the following information:-

County Commissioner's cords, including silver	
Trefoil badge	10s 6d
Cockades for Captains and Brown Owls	2s 6d
Dark Blue felt hats	6s 6d
Jumper	£1. 10s 0d
Tailor made uniforms in navy blue serge	£4 14s 6d
Serge skirts	and £6 16s 6d
	from £1 3s 6d
	to £1 10s 0d
Tailor made blouse in navy cotton	£1 1s 0d

in navy Egyptian cotton	25s 0d
in white cotton	10s 6d
in white Egyptian cotton	25s 0d
in twill silk	32s 6d
Silk lanyards	1s 6d
Ties in poplin	4s 0d
in imitation poplin	1s 6d
Belts with swivels	5s 6d
Brown gauntlet gloves	12s 6d



Commissioner's Uniform at the Hyde Park Rally 1920.



Lieutenant's Uniform 1924 (Captain's uniform was the same but with a cockade in the hat.)

For the first time a straw hat was mentioned as alternative summer headgear for Guiders and Commissioners (an alternative which continued to be given in POR until 1931), and shoes and stockings for Guiders were mentioned, which had to be black. These last two items caused considerable trouble. In 1924 we read that:

'How we have looked with dismay, and how rarely with pleasure, upon the shoes and stockings presented to our gaze below a uniform skirt. And it is because these necessary articles of apparel are so constantly varied that it has been suggested that a little advice on what should and what should not be worn, may not come amiss... Before dealing with shoes, let it be said that silk stockings should

Continued on page 8



# Officers' Uniform 1909 – 1930

## or The Archivist's

Continued from page 7

never be worn in uniform. There are many fabrics to choose from — lisle thread, cashmere, mercerised cotton, what you will so long as they are plain. But never silk . . . But to come to shoes. Two things are clear — shoes and not boots, black and not brown. Crocodile, suede, buckskin or patent leather appear to tempt the unwary, but they must be eschewed. Shoes with nails in them are excellent for mountain or moor, but they are rather too warlike for Guiding . . . at the other end of the scale come 'fancy' shoes — particularly to be avoided: those adorned with straps, fringed tongues, or buckles . . . Black spats may surely be worn, especially when travelling, or to an out-of-door Rally in the winter, but they should be removed and concealed before speaking at a meeting . . .

Then again the length of the skirt was a problem. We have seen that there was a ruling that the skirt should not be less than eight inches off the ground (obviously aimed at the old fogeys) but the Gazette in 1924 felt it necessary to suggest that it should not be more than 10 inches off the ground — this to bring into line the Commissioner or Guider, who, appears to think that smartness consists in a fine display of the legs, which limbs are often merely veiled with stockings of diaphanous texture. In 1922 County Badges, worn at the base of the Cockade, were included in the official uniform, and black knickers as well as blue ones were permitted. The following year a warrant badge for Ranger Captains was introduced.

Ever since their introduction the question of cords for Commissioners had caused a great deal of commotion — so much so that the Chief Guide felt it necessary to send out a circular to County Commissioners asking whether these should be retained. The majority replied in the affirmative. In 1924, therefore, it was decided that cords should be worn on ceremonial occasions, but not necessarily at any other time. A new venture started this year — the Tailoring Department at Headquarters, where the services of a West-End Tailor were secured for fitting, cutting and tailoring shirts, skirts and coats on the premises. The minimum charge was four and a half Guineas, though there were special quotations for those wanting an overseas uniform. In 1925 Shoulder Knots were abolished for Guiders, and in 1926 the July Gazette published a recommendation from the County Commissioners' Conference that, as from October 1st, Guiders should be permitted to wear white shirts on official occasions (an official occasion was defined as being when three or more Companies were grouped together for inspection, competitions etc.). However, these white shirts were on no account to be worn on occasions where it was necessary for a Guider to remove her coat! [This ruling on white shirts did not appear in POR until 1929!] From 1926–1930 changes in the uniform were negligible, but it is interesting to compare the following price list for June 1930, with that of 1920:

Commissioner's silver cockade (tinsel or aluminium)	3s 0d
Captain's navy cockade	2s or 1s 3d
County President's gold and silver sash	
6 inches wide	13s 0d
3 inches wide	6s 6d
Leather belt	3s 9d
Gauntlet gloves in brown cape leather, short	9s 6d
long	10s 6d
Navy blue hat, large or small brim, in wool felt	5s 9d
in fur felt	14s 6d
Navy blue wool jerseys	10s 6d or 11s 6d
Navy or black celanese knickers	4s 6d
White cotton lanyard	3d
Overalls for unofficial wear	11s 0d or 12s 0d
Stockings in black cashmere	4s 0d
in black lisle	2s 3d or 3s 9d
Ties in first quality poplin	4s. 0d
in second quality poplin	2s 6d
Shirt in navy tricolene	11s 6d
in navy tafana	8s 6d



Guiders 1930

in navy cotton	7s 6d
in white spun silk, detachable collars and cuffs	£1. 9s 6d
in Japanese silk (with 2 collars)	18s 6d
in white tricolene (with 2 collars)	11s 6d
in poplin (with 2 collars)	9s 0d
in lawn (with 2 collars)	7s 0d
Tunics and Skirts, tailor-made in navy drill	£3. 3s 0d
in heavy or light serge	£4 14s 6d
in fine serge	£5 15s 6d
in gaberdine	£7 17s 6d
in whipcord	£8 18s 6d

(These tunics and skirts were made in 2 styles. Style 1 = coat with divided back and concertina hip pockets. Style 2 = semi-fitting coat with flat patch pockets)

To sum up, there was no difference between a Guider's and a Commissioner's uniform at the beginning, and such differences as there were at the end of the period were not very great, save in the matter of distinguishing marks. A Commissioner had no hot weather alternative to the Coat and Skirt, and always wore a white shirt with a navy (or saxe) blue tie; but the Guider's uniform was more often than not a Coat and Skirt at this time, and we have seen by the end of the period she, too, was entitled to wear a white shirt, though her tie was a different colour. Finally, it may be a comforting (or depressing) thought that suggestions, decisions and innovations concerning uniform were as carefully considered, as frequently discussed, and as heartily disapproved of and condoned as they are today, witness Olave Baden-Powell in 1926:

'A wonderful thing has occurred. A conference was held recently, and for once the ever-burning and evergreen subject of the suitability (or not) of our Guide hat for every kind of face, was omitted.'



Guider's uniform c. 1930. Note how the hat has changed in style.



# Present in an Interesting Way

If you have often thought that there must be more 'interesting ways' of presenting topics than the usual scrapbook or talk that most Guides come up with when working for interest Badges or their B-P Trefoil, then you may well be interested in the idea of a puppet show which a group of Guiders from Stamford West District sent in to us. They came home with the puppet show idea from a 'District Team' training at Foxlease, and although their show is based on a scene from the history of Guiding, it could easily be adapted, for use with an item about international Guiding, or Local History for example.

The Stamford West Guiders chose to use Princess Elizabeth's enrolment as a Guide in 1937 as the subject for their puppet show. After consulting 'Girl Guiding', the handbook at that time, they put together a short script, paying careful attention to historic detail like the wording of the enrolment ceremony and the Promise.

Work then started on the puppets themselves. As you can see from the photograph, most of these puppets have been cut out from card and are operated by a rod, with strings attached to movable arms. You can make them any size you like; the Guide puppets in this particular project are 8½ inches high. Use garden rods for the principle characters, although it is perhaps better if they are painted so that they blend in with the back drop, otherwise they stand out like the ones in the photograph.

The Patrol Leader, Captain, and Princess Margaret all have a hinged right arm so that they can salute. This is accomplished by using a paper fastener (see diagram 1). The Guides in the background are all cut out from one piece of card like dancing dolls (see diagram 2). Remember to give them individual features when colouring them in: different coloured hair, freckles, badges etc, so that they are not obviously mass-produced.

The stage is constructed so that it is easily transportable. The curtains are cut out of coloured paper and are mounted on heavy card rolls taken from the inside of kitchen rolls or rolls of wrapping paper (see diagram 3). The curtains do not open or close, and when dismantled, can be rolled up and stored inside the cardboard rolls. To set up the stage, turn a table on its side (see diagram 4) and use the table top as the backdrop. The curtains are set up in front of the table, the puppeteers stand behind it.

This puppet theatre certainly would be a very 'interesting way' of presenting scenes from the history of our Movement, and has potential as a Patrol project which could be taken around to Brownie Packs or produced at a District AGM.

## Sources of Historical Information

A list of resource material obtainable from GGA Shops and Trading Service appeared on p 41 of the April 1985 issue of *GUIDING*, and of these we would strongly recommend the 'Girl Guide Album' and the uniform charts which provide accurate historic information and attention to detail. A new *Guide* uniform chart is now available in full colour and costs 68p (Cat No 63495).

Consult your County Archivist if you have one, or ask around in your Division for old copies of Guide handbooks, copies of POR or the Periodicals. The local library is also an excellent source of information.

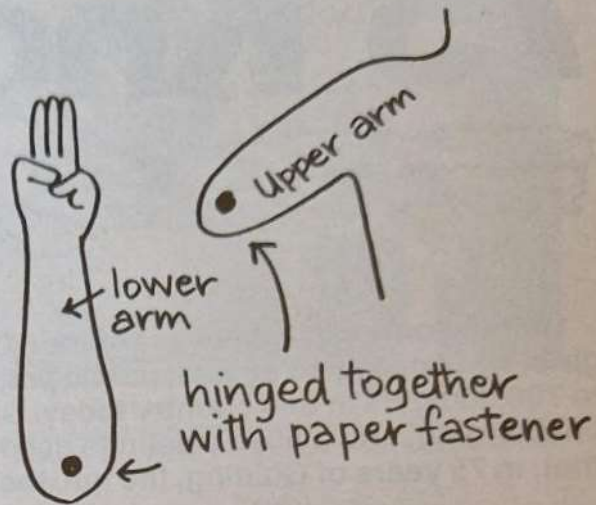
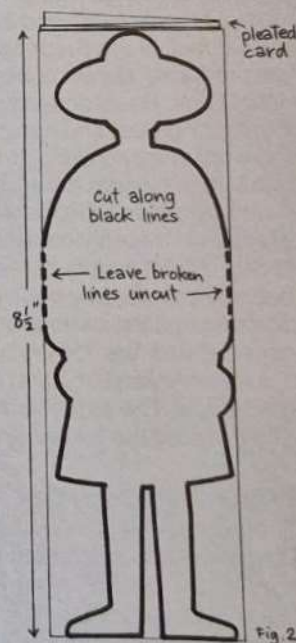
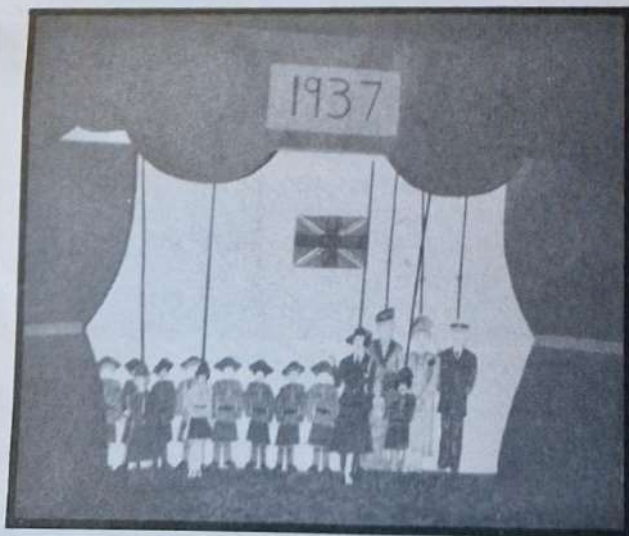


Fig.1.



Diagrams: Jean de Lemos

Fig.2



Back view of stage construction

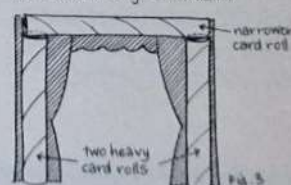


Fig.3

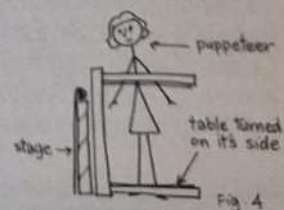


Fig.4



# EXHIBITION AT THE STOCK EXCHANGE

## 75 Knot Out!



Guiding only exists because some 6,000 girls in 1910 insisted it should. Those girls, who struggled against public prejudice, have handed on the Guide baton to 706,000 girls in this country today. Guiding was fun in 1910, it was challenging, and it filled a definite need. This exhibition sought to demonstrate that, in 75 years of Guiding, the fun, the challenge and the need have remained.

Over 700 visitors a day, from all over the world, come to the Visitors' Gallery of the Stock Exchange in the City of London. Throughout the months of February and March all those who came were able to see the photographic exhibition celebrating 75 years of Guiding, entitled '75 Knot Out'. Conceived as far back as 1982 and held there at the kind invitation of the Chairman and Council of the Stock Exchange, the exhibition was produced as part of the 75th Anniversary Celebrations. Researched by the Archivist, Miss Cynthia Forbes, and designed by Miss Anne Moffat, who is supervisor of the Design Studio at Commonwealth Headquarters, the Exhibition comprised facsimile reproductions in photomontage of archival material dating from 1907 up to the present day, a brief history of the lives of Lord and Lady Baden-Powell, early book covers, badges and certificates and the cartoons commissioned especially for the 75th Anniversary Brochure: in fact, a little of everything that has helped to make Guiding what it is. The Exhibition comprised four sections which covered the following eras:-

### 1907-1919 — A Good Turn Every Day

In August 1907 on Brownsea Island near Poole, Dorset, Baden-Powell ran an experimental camp for boys. It was a success, and so B-P pursued the idea further and wrote the best-seller 'Scouting for Boys' which was published the following year. So Scouting was born, and the gestation period for Guiding had begun. By 1919 there were 123,604 Guides in Great Britain and Sections had been started for younger girls (Brownies) and Senior Guides (Rangers) in 1914 and 1917 respectively. Guiding had also travelled to Russia, East and West Europe, mainland China, Burma, Japan, the United States of America, Armenia, Turkey, South America and most parts of the British Commonwealth.

### 1920-1939 — Coming of Age

Throughout the 1920s the organisation and international side of Guiding grew apace, largely due to Olave Baden-Powell, wife of the Founder, who had been appointed Chief Commissioner in 1916.

Guiding came of age in 1931, but because of the major financial crisis (Britain went off the Gold Standard in 1931) and the economic depression, the celebrations were postponed until the following year, and several rather grandiose plans were cancelled. The central celebration took place during Guide week in May 1932. It was during the period 1932-1938 that community service projects, so much a part of Guiding today, began to take place.

### 1940-1959 — Guiding as usual

The Second World War proved a greater challenge to Guiding than the First for a number of reasons, not least because of the disruption many Companies suffered when children were evacuated to the country. Air warfare, with the attendant black-out, affected all civilian life and made it difficult and often dangerous for Guides to attend Company Meetings.

Guides served their country by performing duties such as fire-watching, fruit-gathering, hay-making, nursing, knitting, canteen work, collecting salvage and digging for victory. In addition the Guides gave public demonstrations of 'blitz cooking' at the request of the Ministry of Food. However, the greatest effort of the Guides during the war was to raise £100,000 within 18 months to train, equip and support the Guide International Service. Thirteen teams of Guiders from different countries carried out relief work in Europe and Malaya after the war.



### 1960-1985 — Into the Future

The 1960s witnessed a dramatic change in Guiding, not just in appearance (though new uniforms for all Sections were introduced during these ten years) but also in the Programme itself.

The 1970s began with the Guides undertaking a threefold challenge to cheer a person, a place and themselves to celebrate the Diamond Jubilee of Guiding in 1970.

The Guide of the '80s is being encouraged more than ever to achieve her potential. Programme changes in 1983 gave both the Guides and Rangers new and difficult goals for which to aim. The introduction of badges and certificates such as Crime Prevention, International Awareness, World Friendship and Europe, coupled with the conservation scheme 'Adopt and Cherish' (1981-1985), the Sri Lankan Primary Health Care Project launched this year, and science-based challenges to mark 1984's 'Women into Science and Engineering Year' continue to enable the Girl Guide today to become someone special. How fitting that the year in which the Guides celebrate their 75th Anniversary should be the year the United Nations Organisation have designated 'International Youth Year' with the slogan 'Participation, Development, Peace'.

### Baden-Powell would have approved.

As well as being seen by so many people, a small reception was held there, given by the Stock Exchange, for representatives of City institutions and companies and various benefactors and sponsors of the Movement. The Lady Mayoress, Lady Traill, was welcomed by The Chief Commissioner, The Lady Baden-Powell, who received all the guests. A speech was made by Mr P B Mitford-Slade, a Deputy Chairman of the Stock Exchange, and he was thanked by The Chief Commissioner.



Miss A P Berry, representing the Department of Education and Science, talking to Mrs R A Chermiside, Programme and Training Adviser, and Mr A V H Skeats, the Controller, The Girl Guides Association.



The Lady Baden-Powell, Chief Commissioner of The Girl Guides Association, talking to Mrs M A T Calvert, Honorary Treasurer, The World Association of Girl Guides and Girl Scouts.



Lord Faringdon, a partner of Messrs Cazenove, the Association's Stockbrokers, with The Chief Commissioner.



The Lady Mayoress, Lady Traill, and Mr P B Mitford-Slade, a Deputy Chairman of the Stock Exchange, with The Chief Commissioner.





# SERVICE IN THE HOME

# 4



By Shireen Bonner

**'M**aintain a garden for six months and keep a record of what you have grown. Clause 4 (d) of the Queen's Guide Syllabus.

Of all the choices in this clause, the subject of this article, and choice (g): 'Maintain a bicycle, motorcycle or car for six months' arguably provide a different challenge from the others simply because of the duration required, and as such can be especially rewarding once completed successfully. Maintaining a garden for six months does require a fair amount of regular work and care; however, if you think this choice is not for you either because of unsuccessful previous attempts, or because you have never been near a trowel in your life and the whole idea seems too daunting, then read on. There is no special trick to gardening; your garden is what you make of it, and with careful planning you can plant and maintain it with relative ease, choosing flowers and shrubs that will give you quick results to inspire you to go on to greater things! The golden rule is not to take on more than you can manage, especially if inexperienced, and then to keep a regular and thorough check on the garden, dealing with chores and problems promptly. Spring might be the traditional time for tidying up the lawn, raking and hoeing and of course planting and sowing — but your garden will definitely reward year-round attention. This article can only offer an outline, and a general book on gardening is a must. There are hundreds on the subject, covering every aspect of gardening. Use your local library and choose a book with a comprehensive index and 'problem' section for quick reference. Basic practical guides will give you most of the information you need initially, but once you have done the hard work of planting and sowing and are awaiting results, a detailed guide to problems and their causes is invaluable, especially if you are growing vegetables (garden pests and diseases being the common culprits).

You are asked to keep a record of what you have grown and this is a useful practice to continue as you proceed with the garden (again, especially if growing vegetables). You will find that you can plan the next season's planting and sowing much more effectively if you can refer back to previous experiments and their results.

## First Stages

Assuming you have a garden in reasonable condition, with some flowers, shrubs etc already growing, but with much room for inspiration and improvement — the first step is to do as professional garden designers do, and make a plan. This is especially helpful if you are starting from scratch or if working on a badly neglected garden (you could cheerfully take over the wild garden of a neighbour for this clause!) Unless you simply want to maintain an already existing garden without adding to it, it is very hard to know where to begin

without some visual guide. Firstly, 'inspect' the garden to see what is already in evidence, the state of the lawn etc. Then, with your plan you can carefully work out what you hope to achieve.

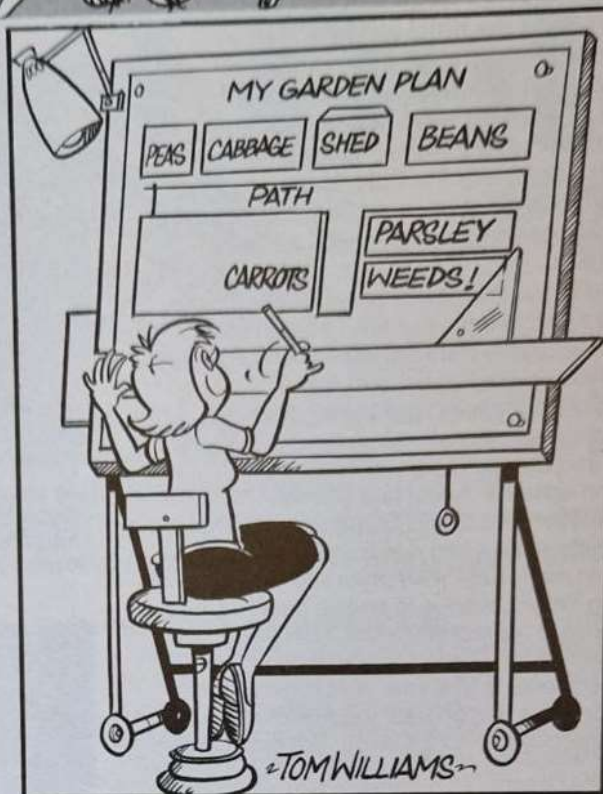
Use graph paper, and to scale (you will need the overall dimensions of the garden) draw the outline of the garden, including the position of the house and mark in all relevant features: patio, if there is one; drains (you will need to keep vegetable and herb plots away from these); trees, which will affect shading of nearby plants; existing plants, shrubs etc, noting those which may have expansive roots (these will compete with new plants near them); green house and shed; hedges and borders; pathways; areas that receive most sun and the direction of prevailing winds (you may have to provide shelter for some plants) and high and low ground. Simply by doing this you will feel you know the garden a great deal better than before. You can then decide what to grow and where to grow it, always bearing in mind the suitability of certain plants and flowers to types of soil, requirements for shelter etc — for example the annual climber 'Morning Glory' prefers a sheltered position whereas 'Black Eyed Susan' is a fast-growing climber for a sunny wall.

A plan such as this is very helpful if you grow vegetables, as crop rotation can be worked out at this stage (this is vital to make the best use of nutrients in the soil and to keep pests and diseases at bay). Vegetable growing is a particularly satisfying type of gardening for obvious reasons — anyone who has eaten a home-grown tomato will agree! Results can be achieved sooner than you might imagine, with quick-return seasonal and

permanent crops such as greens and salads, strawberries and herbs, the latter not only providing cooking ingredients but also fragrance.

Apart from the practical aspect, planning your garden should certainly reflect what is visually pleasing, and your plan will help you group colourful plants and flowers. The goal of most gardeners is to have colour in the garden all year round, and this can be achieved easily. Summer is the best season for colour and for quick results choose from the vast array of annuals and biennials; common ones include the begonia, nasturtium, pansy and marigold. These are easy to grow and as the results are comparatively quick to appear (annuals grow, flower and die in a single season, whereas biennials are sown one year, flower the next and then die) you can experiment with colour groupings, and if you are not happy with the results, you won't have to wait too long to make the next attempt. Fragrance adds greatly to the garden — choose stocks, sweet peas or sweet williams, which are ideal for cutting so you can bring the garden into your home.

Winter flowers are found on shrubs such as winter jasmine, which starts to bloom in November, and chinese witch hazel; and some bulbs and corms last almost throughout the year, to be shortly followed by familiar hints of spring such as crocuses and snowdrops. Windowboxes and tubs — which offer much scope for experimentation and can be easily maintained — can be regularly stocked with seasonal plants. Tubs can be moved around the garden as certain beds and borders lose their bloom to bring some added colour to a 'bare' spot (it is best not to attempt this





# SERVICE IN THE HOME

4

with large or heavy tubs). Herbaceous plants once established (they take a year or two) provide a full bloom in a comparatively short amount of time. You can also extend the flowering season by sowing slightly earlier or later in the year than usual. Using your basic guide to determine sowing, planting and 'waiting' times of the plants, bulbs and flowers you want to grow (and of those already established) you can create an abundant garden in a relatively short space of time.

## Basic Garden Equipment

Basic is the key word here; visit any garden centre and you could come away with your arms full of gardening tools and 'extras', most of them very useful. However, good quality (and it really pays to buy the best you can afford) tools are costly, so you need to weigh their expense and upkeep against the practical use. It is far better to have a few essential tools of good quality than to surround yourself with several cheaper ones that will either break after constant use, or are redundant because you hardly ever need them. If using old tools, do check carefully for signs of any drastic wear and tear, as the tools might not only prove useless but can also be dangerous. The basic equipment consists of: fork, trowel, spade, rake and hoe. A watering can is the most simple item for watering (metal ones are best), and a wheelbarrow, for transporting garden debris, compost etc, is useful unless your garden is very small, in which case a bucket will do. Gardening gloves are needed for pruning in particular, and to protect your hands generally from the cold and skin-to-skin contact with worms and other undesirables! A good garden knife has many uses — as with all your tools, ensure that the blade is sharp. This is a limited list, and as your gardening progresses you will want different tools and equipment for special jobs; cloches and frames for protecting your seedlings, for example, or a pruning saw if branches are too thick for secateurs. Treat all tools well; always rinse and dry them thoroughly after use and store them out of harm's way, ideally hanging each tool from a separate nail in the garden shed. Large, and especially mechanical, equipment should be treated with special caution both during and after use, so do follow manufacturers' instructions carefully.

## Soil Preparation

Before you actually sow or plant, you need to prepare the soil, ideally well in advance. While it is true that many plants will often — sometimes miraculously! — grow in the most unsuitable or neglected soil, preparation beforehand is essential for guaranteed good results, and to ensure that the work of **maintaining** the garden is not too much of a struggle! There are many types of soil, falling into the three main categories of sand, loam and clay, and in addition soil can be either too alkaline or too acid. An extreme in either case can upset the balance of nutrients received by the plant, causing deficiency. If you want to discover your soil type you can buy a simple soil-

testing kit from the garden centre which determines the PH value of the soil. If there is an extreme in either case the problem can be solved by adding lime to the soil if too acid, or an acid reacting fertilizer if too alkaline. Consult your garden centre representative if you need to redress the balance of the soil.

Good drainage is vital (refer to your drawn plan for high and low areas) as cold, wet soil is miserable for plant life. Regular watering is obviously an important part of maintaining your garden, and should **not** be put off, and only done when plants are obviously wilting, the soil is cracked and dry and the lawn is a nasty brown colour! It is best to water in large quantities every four to five days, rather than in small amounts daily, as this will only supply the surface roots. Plants are best watered very early in the morning or after sunset, as sun shining directly onto water droplets on the surface of leaves (the droplets have a lens effect) will scorch the leaves.

Humus is an important word in the gardening dictionary, as it is essential for good soil. It is basically an organic substance composed of decayed plant and animal matter, and as there is rarely enough in garden soil as a matter of course, it needs to be added regularly for successful growth. It is found in manure (which is increasingly expensive to buy) and compost, beloved by any dedicated gardener. A compost heap costs virtually nothing to make, and once established (ideally in a warm but airy out-of-the-way spot in the garden) creates a satisfying self-supporting cycle of exchange with your garden. Its ingredients — vegetative matter such as leaves, grass, stems etc., all of which decay nicely, come straight

from the garden, and eventually go back into it. Consult your gardening book for instructions on how to make a compost heap, and keep a special bin in the kitchen for vegetable peelings and ends and fruit parings; even tea leaves and coffee grounds can be added.

Another important part of soil preparation is digging it over and turning it in the correct way so that it is at its best to receive the seed, bulb, cutting etc, and this is where the larger basic gardening tools are essential.

If the soil has not been cultivated in a while, then double digging is best for plants. Soil for seeds requires careful raking and hoeing (these two activities being a regular part of garden maintenance) to provide a fine tilth (crumbly top layer) and — very important! — to remove weeds. All this preparation should be done in advance of the actual sowing and planting; for plants and shrubs it is best to leave the soil two to three months after the soil has been dug over and the compost added, and seed sowing requires about two to three weeks' further advance preparation (raking and hoeing) once the soil has been dug lightly first and left for a few weeks. Soil for bulbs should be prepared three to six weeks before planting, and the bulbs are best planted with a trowel in a random fashion. All weeds should be dealt with promptly, especially where seedlings are concerned. Unfortunately there are three groups of this particular gardener's bane: annuals, which can be kept in check with regular hoeing before the weed flowers actually develop; biennials which should be destroyed in the first year; and perennials, which are the troublesome ones. The most effective solution for these



Continued on page 43



# PRACTICAL



## Practical Pages: International Activities I

### Detectives and Artists

#### You will need:

Brownie Uniform Charts\*  
Card for mounting  
Glue  
Plain paper  
Crayons  
World map

Cut out about 20 Brownie Uniforms and mount them onto folded card. Stand the cards in a circle in the centre of the room, facing inwards, and ask the Brownies to get into pairs. One Brownie of each pair is the artist and she collects a piece of plain paper. The other Brownie is the detective, and she selects a Brownie picture which the artist cannot see. The detective runs to the circle and then back to her partner to give

her one clue about the selected Brownie picture eg 'She wears a red hat'. The artist draws what the detective has described. This process continues until the artist has built up a picture of the complete Brownie from the detective's descriptions. The artist may then check with the real picture to see how well she has done. The pair then find the country where their Brownie lives by looking on the world map.

### Hello

#### You will need:

A set of plain postcards  
Flag sheet\*

Cut a set of plain postcards in half. On one half of each card write the name of a country from the list below, and on the other half stick the flag of that country. On the reverse of each half write 'hello' in the language of the country.

UK — Hello, USA — Hi, Ghana — A-a-a-a, Spain — Hola, Israel — Shalom, Sri Lanka — Eye-yo-bo-wan, India — Namasty, Tanzania — Jambo, Japan — Nichiwa, Denmark — Dav, Brazil — Alo, France — Bonjour, Sweden — Hej.

Hand out the cards to the girls, who must not show them to anyone else. The girls then shout: 'Hello' in their language until they find their partner. They can check they have found the correct partner by looking at the flag and country. The pair then return to you to collect a new card and shout for a new friend.

\* Available from GGA Shops and Trading Service.



## International Activities II

### UNICEF Symbol

#### You will need:

Blue paper  
White card  
Dice and shaker  
Large UNICEF symbol

Make one set of equipment for each Six/Patrol (a job for your Young Leader!) Draw a large UNICEF symbol onto the white card and cut out the pieces as listed below. The blue paper will form the background to the symbol. The game is then played like 'Beetle': each set of equipment is placed at one end of the

room and the girls take turns to throw the dice and collect appropriate pieces of the symbol, which they then put together correctly. A '6' has to be thrown in order to collect the first piece, but then pieces may be collected in any order:

6 — blue background, 5 — mother and baby, 4 — world, 3 — leaves, 2 — nothing!, 1 — any of these letters: UNICEF.

This is a useful game to play when you introduce the UNICEF Sri Lanka project (see December 1984 *GUIDING*).

### Pause for Thought

Paper and pen per Patrol

Give each Patrol the names of two countries in the world, and ask them to write down as much as they can about those countries without consulting any other material. If they need prompting here are some topics: language; national food; currency; capital city; industry; landmarks; famous events; national characteristics; head of state; political system; problems; do they have Guides; geographical features; climate etc. Give each Patrol about 20–30 minutes to do this, and then all come together to discuss findings. Encourage discussion on such points as national characteristics to make girls aware of their own prejudices, and discuss why it is that we know a lot more about some countries than others.

#### Follow up:

Ask Patrols to bring reference books to the next meeting and find out more about one of their countries, and ways in which they could give some practical help eg knitting vests for Ethiopia, or take part in Primary Health Care Project.

#### Suggested Pairs of Countries:

France — Sri Lanka, USA — Ethiopia, Australia — Poland, West Germany — Hong Kong, Japan — Lebanon.



# PAGES



## International Activities III

### Penfriends

#### You will need:

'Trefoil Round the World'\*  
paper and pen per Guide

#### Useful:

Overseas Postal rates from the Post Office.

#### First Letter to a New Penfriend.

Give each Patrol the names of a few countries where there are Guides (taken from 'Trefoil Round the World'), making sure that you include several different kinds of countries.

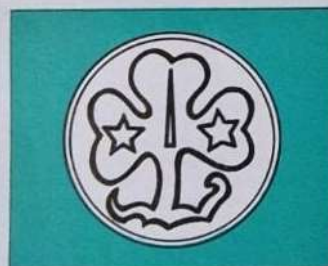
Ask Patrols to choose two of these countries and to imagine that they are writing their first letter to a Guide in these countries. Encourage them to consider: correct layout of letter (position of address, date etc), language (if the girl does not speak English as her native language they will have to write in very clear, simple English), spelling and writing, content (the girl may not have heard of the current favourite pop group); postage (will it be an expensive business?).

Discuss the letters afterwards.

#### Follow Up:

If any of the Guides would like a penfriend, the details of how to go about getting one are in your Handbook. Do please emphasise that girls should pay special attention to their actual letter-writing ie using proper writing paper, correct lay-out, clear hand writing, in pen not pencil, and to consider very carefully in which country they would like a penfriend. (Penfriends are easy to find in Sweden, Norway and Denmark, but for one reason or another, not so easy in France and Germany.) Finally, they should remember to enclose a SAE.

\* Available from GGA Shops and Trading Service.



## International Activities IV

### Quiz

#### Essential for reference:

'Trefoil Round The World'\*  
Badge Charts\*  
History Notes\*  
Guide Handbooks\*

This quiz starts off fairly easy, but as it progresses Patrols may need helpful hints as to where they can find the answers. Make sure that there are enough copies of 'Trefoil Round the World': if necessary borrow one or two copies from other Units just for this quiz. The last question can lead on to a discussion

about the differences/similarities in the Promise and the reasons for them.

One girl from each Patrol comes up to the Leader for the first question and goes back to her Patrol to find out the answer. Another girl comes up with the answer, and waits her turn to give it to the Leader. If it is correct she receives the next question. Points can be awarded for the first Patrol to finish etc.

\* Available from GGA Shops and Trading Service.

1. What does WAGGGS stand for?  
— World Association of Girl Guides and Girl Scouts.
2. What is the name of the Guide World Centre in Switzerland?  
— Our Chalet
3. What was the name of the World Chief Guide?  
— Olave Baden-Powell
4. When is Thinking Day?  
— 22 February.
5. Bring me an example of, or an illustration of the World Trefoil.
6. Where would you find the offices of the World Bureau?  
— Olave Centre, 12c Lyndhurst Road, Hampstead, London.
7. What do all Guide Promise badges all over the world have in common?  
— A Trefoil.
8. What is represented by the two stars on the World Trefoil?  
— the Guide Promise and Law
9. Draw the Promise Badge of a Portuguese Brownie  
— Feather (p196 TREFOIL ROUND THE WORLD\* Reprint 1984)
10. Write out the Promise in English of an Austrian Guide:—  
— I will endeavour to serve my Country, to live according to the Girl Guide Law, and ask God's Help in this task.



# Airing - Caring - Sharing

## Sixer's Thoughts

This year has (I think) been the best! It's been more fun, more to do and altogether super. Being a Leader of a Six is not so easy as it looks. Even harder when they are noisy. Points: to get your points you have to work your Six hard and getting people doing things is harder! All your Six should be with you but aren't. Sometimes you have to yell at them to work. And to get them up on time in the morning is another half a page. The main thing to remember is not to yell unless you need to. And remember not to take your temper out on the younger ones most, and let them have fun but not to get too silly. You can get on with your Six most by letting them do something.

**Susan Duncan,**  
Sixer, 4th Fleet Brownies,  
Hants.

*Brownie Guiders — please note you are not alone with your disciplinary problems!*  
Editor

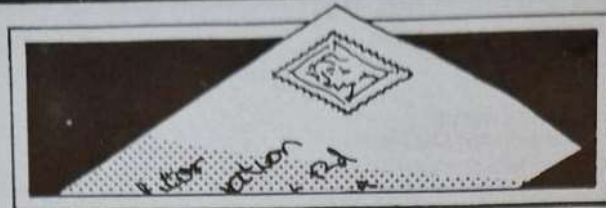
## Hallowe'en Fun

In reply to J Lawson's letter relating to Hallowe'en, I can't understand why so many people were upset. We have had Hallowe'en parties in our Pack on several occasions during my ten years of Guiding and no-one has ever complained. Brownies love the thrill of a good (harmless 'ghostie' or 'witchie' and have a wonderful time. Last time Hallowe'en fell on our Pack meeting night we all came in fancy dress. We partook of 'toad tasties', 'bat's blood', 'newt nasties', 'cobweb cakes', etc; we played 'witch in the woods', 'apple-bobbing', and 'glue witch'. And we ended with prayers, and an explanation of Hallowe'en's Christian meaning and its history which, although tinged with superstition, still has a message for today: evil exists, but is routed by prayer and love of God.

**Mrs M J Tuggey,**  
Brownie Guider,  
3rd Istead Rise Pack, Kent.

## Moral Evil?

Further to the letter about Hallowe'en published in last month's issue (February GUIDING), I thought Guiders might be interested to know why some Christians are concerned about the growing emphasis on this celebration. I am sure no one



wants to stop children having fun; they only feel that the emphasis on the supernatural in its evil form contained in Hallowe'en is not the most wholesome starting point for fun and games. However prettied up and sanitised, witches and ghouls still represent moral evil and the very negative things we try so hard to combat the rest of the year. The result in children's minds must surely be confusion. If anyone would like to follow up this subject further, a very helpful leaflet has been produced by the Association of Christian Teachers available from them at 27 Spring Gardens, Garston, Watford, Herts WD2 6JT, on receipt of a sae.

**Katherine Murray,**  
Brownie Guider,  
1st High Wycombe Pack, Bucks.

## Thinking Day Memories

Thank You, Thank You, Thank You, all the people concerned in organising and taking part in this great show.

I feel sure the memory of the lights will stay with me always, it was such a moving moment. The lights I mean are the lights of those hundreds of torches in the Albert Hall in the final scenes of the Thinking Day spectacular.

I was seated high up in the building, and, looking down into the arena, watched the lights move upwards from the Guides making the shape of the World Flag, as each row of people turned to pass the signal of light to the ones behind. Finally the whole of the Hall was filled with lights. The whole show was inspiring: the mimes and tableaux, the dancing, the beautiful music of the orchestra, the joyful music of the band and the rousing music of the marching band. The feeling of togetherness when our friends from overseas came into the arena (the long coach journey from Yorkshire faded into insignificance beside the distances those people had travelled). Oh it was all so enjoyable, to be part of this lovely occasion, for me those pinpoints of light filling the Albert Hall will always be my special memory of that day.

**J S Kitching,**  
Guider, Leeds.

## Unobtainable

The girls of our Company have been told at intervals about the TODAY'S GUIDE magazine, but up until I asked for their comments on the magazine, they had not been very interested. As a result, quite a number of our girls have asked to borrow the back dated copies that we have kept. I don't know that they will necessarily buy their own copies but they certainly have more interest in the magazine.

Our main problem is that none of our local newsagents have them on sale. I tried to get my copy originally through a local newsagent but they only managed one copy in four months. So I now have mine posted direct but many parents do not want to pay for the magazine in advance or to receive them every month. Maybe someone could suggest some way that the Guides themselves could purchase them. I'm sure that Daventry is not the only town to have this problem.

**Miss B J Higham,**  
Ass Guide Guider,  
3rd Daventry URC Company,  
Northants.

TODAY'S GUIDE is obtainable from every newsagent throughout the United Kingdom and Northern Ireland. Current issues and back numbers are always available and anyone with special problems should write to me, giving the name of the newsagent and wholesaler.

Editor Kent.

## Keep in Touch

Among my sister's Christmas cards was a row of five illustrated with Robins. They come each year from the members of her old Robin Patrol, one of the Beaver Patrols of 1939. This year they plan a short holiday together at the home of one who now lives in the West country.

Strangely, it was only last year that, visiting CHQ, I met the Leader of their rivals — the Daffodils — also a Beaver Patrol. She was over on a visit from Canada where she is still actively involved in Guiding. I remember Mrs Mark Kerr coming to our church hall to give them their certificates and an invitation to the Beaver Patrol camp at Waddow. Only a few weeks after the camp ended England was at war and the Guides scattered — but are still in touch 46 years later!

**Joan Charlton,**  
Potters Bar, Herts.

## No go-getters

Talking recently to a male business colleague he remarked 'Ah yes but Guiding does not attract the go-getters of the younger generation'.

He quickly passed on to another subject of conversation before I could reply.

I would be very interested to receive comments from Guiders and others involved in the Movement on this statement to enable me to be well prepared with ammunition for a debate when next he and I meet.

**P. E. Bowsher (Mrs)**  
Brownie Guider,  
1st Westcourt (St Aidans)  
Brownie Pack,





# Airing - Caring - Sharing

## Childish

I am writing regarding the *TODAY'S GUIDE* magazine. Over the past six years I have regularly taken the magazine hoping that it will be beneficial to the running of my Guide Company, but after months of unused copies piling up, I have now cancelled the order. I wonder whether the people producing the ideas have actually tried any of them out with a Guide Company. Bearing in mind that girls can remain in Guides until their fifteenth birthday, I find all the ideas extremely childish and feel that most of them are in fact more appropriate to the Brownie age group. It seems that the Guide movement is catering only for younger people and hasn't much idea as to programme ideas for today's teenager.

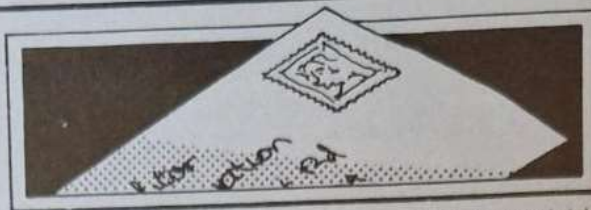
Recently I have taken to buying Scout magazines as I find them extremely useful for programme ideas, although I hate to admit this and really feel rather a 'traitor'. I would be very interested to hear the views of other readers — do people actually use the ideas from *TODAY'S GUIDE* and find them successful?

**Jill Fuller (Miss)**

Guide Guider,  
4th Shirley Company, Croydon.

*TODAY'S GUIDE* is intended to be used by Guides themselves, rather than by Guiders. No single magazine can cover an age range from 10 to 15, and *TODAY'S GUIDE* tries to steer a middle course, with some items for younger Guides and some for older ones. Readership surveys indicate we have the mixture about right.

**Editor**



## Our Chalet revisited

As this day was our special Thinking Day and also the 75th Anniversary of Guiding, I set off that morning at 7.30 on a memorable journey to 'Our Chalet' at Adelboden. I left my home in Montreux on the train, carrying with me a small gift for 'Our Chalet' and a greeting card for the residents and staff who would be there. It was in 1955 when I made my first visit to Switzerland, and arriving in Adelboden I was happy to see that not too much had altered: the one main street had its usual selection of shops: butcher, baker, tobacconist and, as is to be expected, the usual tourist 'gifte shoppes'.

In the majority of European holiday resorts, it is always much more interesting to 'get off the beaten track', as I did that day. Finally I turned the last bend in the road to see the World Flag hanging from the flag pole at the side of the Chalet and I knew that my mission was accomplished. Immediately I dropped my hold-all and trudged round to the front of the building to gaze with love and wonder at 'Our Chalet' and the fantastic scenery by which it is surrounded; I can assure you the postcards do not lie! For me it was one of those precious moments in our lifetime that we

can never recapture, merely take it with us to cherish and think back on in future years. I was greeted by Hannah in the usual warmhearted Guide style, with a left handshake. I wished her a happy Thinking Day and handed over my greeting card and posy bowl, which I had managed to fill with some yellow freesias and deep blue hyacinths. I walked away from 'Our Chalet' with a light step, not only was my return downhill, but I felt as though I really completed what I set out to do; made it a very special day.

**Miss M Woodward**  
East Lothian, Scotland.

## Amateur Radio

Many Guide, Brownie, and Ranger Units have participated in Thinking Day amateur radio stations. If these stations were prepared to send me short reports and an SAE (c/o *GUIDING*), I would be willing to collate the reports and distribute a combined report to anybody sending an SAE. The reports from stations could include the following details: 1) Call sign; 2) name of group/district; 3) list of call signs of Guide stations contacted; 4) list of call signs of any stations outside the UK contacted; 5) approximate number of visitors — members of the Guide Movement, Scout Movement, public; 6) synopsis of press coverage; 7) the name of organisations helping to run the stations; 8) operators' call signs; 9) operators' links with Guide/Scout Movement; 10) any brief comments on interesting contacts; 11) details of any radio stations proposed as part of 75 in '85 celebrations. If any details are not known, just complete what can be done.

**Jennifer R Jackson**  
Brownie Guider,  
7th Todmorden Pack,  
West Yorkshire.

## Dyslexia

May I make a plea for Brownies suffering from the 'hidden handicap' of dyslexia. I am not a specialist of any kind, but have a daughter who is a dyslexic Brownie. When she joined Brownies we were not sure of the full extent of her difficulties, which have only recently been

realised. Because her Brownie Leaders do not have any particular knowledge or information about the condition I feel that they may unwittingly make inappropriate responses to her behaviour caused by the difficulty. May I give you some information about dyslexia:

1. Girls seem to be less at risk than boys but some 15 per cent of the child population may be affected.
2. Dyslexia seems to be a difference in the way brain cells are arranged and process information.
3. Dyslexia is known to cause some of the following symptoms, in varying combinations amongst sufferers: a) clumsiness; b) defective speech; c) low tolerance of frustration at own achievements; d) reversals of letters, words, phrases when reading and writing; e) seeming 'odd', different from others; f) poor memory for written or spoken instructions; g) confusions over preferred hand; h) mirror writing; i) restlessness, hyperactivity; j) discrepancy between apparent 'brightness' and progress; k) normal or superior spatial and/or motor abilities; l) persistent spelling disorders; m) slowness in reading and lack of fluency.

Dyslexic Brownies therefore are not lazy, stupid or backward, and in fact often work desperately hard to perform what ordinary children find painless. Punishment, stressful teaching methods or insidious comparisons with other children can block the child's progress.

If you wish for further information about this you could contact the **British Dyslexia Association**, Church Lane, Peppard, Oxfordshire RG9 5JN.

**Hilary Kay**,  
Devizes, Wilts.

Please see article on page 21

## Comments

May we be permitted a few comments on the Outdoor Challenge '85. First, what a pity this badge cannot be worn on uniform — at least for this year — after all, few Brownies, and not all Guides have Campfire blankets or official activity uniforms on which to display it.

Second, it would have been so much easier for Guiders planning their Programmes if all the Challenges could have been published in *GUIDING* at the end of 1984. We are constantly advised to 'plan a Programme' not 'expect a meeting to just happen'. It is very frustrating to find that a Challenge published in February or March could have been carried out during a Ram-

Continued on Page 18





# The Girl Guide Friendship Fund



## Dear Friends,

Almost half way through 1985 and I know what a lot of exciting events have already taken place for Guiding's 'special' year, with many more still to come. Don't forget that it is also the 21st birthday of the GGFF. In Guide week this month, the flame symbolising the light of Guiding will spread from Buckingham Palace to all parts of the UK. Through the GGFF summer appeal — which runs from 1 June to the end of August — you have the opportunity to spread that flame of friendship to distant parts of the world, helping sister Guides.

Do you know where Tuvalu is? It used to be called Ellice Island and is made up of nine small islands lying in the Pacific Ocean. The total land area is only about 10 square miles and there are no mountains, rivers or lakes. Very few motor cars too of course, but many people own bicycles and a lot of travelling is done by canoe. Guiding began there in 1926. Each of the nine islands has a village with a population of between 300 and 1,400 inhabitants and there is one Brownie (Sunbeam) Pack and one Guide Unit on each island.

It may sound an idyllic life to us in crowded, often cold, Great Britain, but there are problems of unemployment and a desire to expand educational facilities. This is where you can help. 1985 will see the opening of a pre-school play group for three-to-five-year-olds, planned and administered by the GGA of Tuvalu. To begin with, three leaders will be employed as staff and they have been taking a Pre-School leadership course with the University of the South Pacific on the main island of Funafuti.

Funds are needed to launch and maintain this venture which will provide job opportunities and prepare the children for formal education. By raising, perhaps, £50 your Unit could buy a climbing frame, swing, toys, or educational games. Just £5 would buy quite a lot of crayons, story books and the other smaller items that a play group needs. Please support this excellent project.

Also in the Pacific is Vanuatu — formerly called the New Hebrides — another group of coral islands. The majority of the population lives in primitive, though pleasant, 'leaf' villages. The houses are used only for sleeping — everyday life goes on in the open.

Guiding began at some of the Mission Schools during the late 1950's and has spread to most of the 12 main islands and to some of the 60 smaller ones. Many of the interest badges have been specially selected to reflect their own traditions and crafts. The Guides weave table mats, fans and baskets from a type of palm tree and make necklaces from seeds and shells to sell to the passengers of cruise ships that call at the islands.

In Vanuatu the official languages are English and French. There are many other languages and dialects, but everyone speaks the local language Bislama — a form of pidgin English. The Guides use the Pacific programme, written in English. Now the French-speaking and English-speaking Guides want to unite to become truly the Guides of Vanuatu by having their handbook translated into Bislama. We ask you to help by

raising funds to meet the costs of translation and re-printing. Her own handbook is essential for every Guide and to have one in a common language, understood by all, will really unite the Vanuatu Guides. We can share that sense of 'togetherness' with our sister Guides on the other side of the world by sending funds to help them achieve their aim — a handbook in Bislama.

Another very important part of Guiding is camping — an activity we all enjoy. The third part of our summer appeal is for camping equipment for the Uganda GGA. The World Association's Mutual Aid Scheme was started in 1967 to tell the more affluent countries about the most urgent needs of the poorer Guide Associations. Since its inception, the GGFF has helped over 50 countries throughout the world, from Peru to Malaysia. Uganda's need for camping equipment is one of the projects on the current Mutual Aid list that has not, so far, been adopted. This year, when we are going to have the excitement of many special camps and outdoor activities, we would like to answer their call.

Lying astride the Equator in East Africa, Uganda has varied, often magnificent scenery, with high mountains and wide areas of forest and woodland. The climate is very pleasant — ideal for camping! Their Guiding history is almost as old as ours — beginning at Toro Girls' School during the 1914-18 war. The 1st Toro Guide Company was officially registered on 22 April 1922, and one of their first activities was a camp organised for the 35 Guides at Lake Saka. In 1945 the Association was granted a lease of 40 acres of land for a permanent camp site at Kaazi where, in 1959, the World Chief Guide opened a newly-built shelter. So you can see that camping is very popular in Uganda. Unfortunately due to the high rate of inflation, the Association is unable to raise sufficient funds for the purchase of camp equipment. All they are asking for is £400. We can do much better than that to make sure that Uganda Guides keep on enjoying the fun and friendship of camp!

Let's share our good fortune and long traditions in this, our 75th year. Please remember these three summer appeal projects when you are celebrating and raise just a little more money to send to the GGFF. Cheques and postal orders should be made payable to The Girl Guide Friendship Fund and sent to:-

**The Girl Guide Friendship Fund**  
17/19 Buckingham Palace Road,  
London SW1W 0PT.

Tell us which is the projects you want to support, or simply send donations for the summer appeal in general. A stamped, addressed envelope should be enclosed to enable us to send our thanks and an official receipt. More detailed information leaflets are also available from the address above.

We're 21 this year, so please help us to live up to our name — the Girl Guide Friendship Fund.

**Nancy Roe**  
Chairman GGFF

Continued from page 17

bler Badge Ramble in January.

We shall attempt the Challenges, and are sure the girls will learn a lot, but feel we could have used the Challenges more effectively if we had had prior warning as to what they would be.

**Ann E Sackson, Sue Adams,**  
**Jane Elvidge,**  
Brownie and Guide Guiders,  
21st Cheltenham (St Peters)  
Company, Glos.

## Challenge Ideas

As a Guider in the London and South East Region I would like to thank those responsible for producing the challenge booklet called '75 miles of fun and adventure in Guiding's 75th year'. The booklet is designed to provide challenges for Guides, Brownies, Rangers to complete either on their own or with friends/ Patrol — and there is

plenty of choice.

It is a fund of ideas for Unit Guiders, which can be used as a source of targets and enables the girls to follow all sorts of challenges — altogether 122 challenges from 9 different sections. What a boon for the Guider who rushes in from work, feeds the children, collects the babysitter and has ten minutes planning time for a few activities at the Guide meeting!

**Maggie Gebbett**  
Assistant Guide Guider,  
1st Chislehurst Guides, Kent.

## Welcome Back

I would strongly advise all Guiders to approach ex-Guiders to enquire whether they would like to re-join the Movement. This happened to me and I'm glad to say I have returned to Guiding and recently formed a new Brownie Pack. The help and encouragement I have received from fellow Guiders in the

Kirkintilloch and Lenzie Division has been unbelievable — it's great to be back among so many friends and Guiding is certainly sweeter the second time around!

**Mrs Pat Curran**  
6th Lenzie Brownie Pack,  
Dunbartonshire.



If you wish to contribute to GUIDING please bear in mind that it is necessary to submit your article at least two months in advance of the issue you require.

The Editor reserves the right to cut letters or publish extracts

The opinions expressed in these pages are not necessarily those of the Editor.



# Water for Tilonia



**I** can't feed my baby properly,' said the woman in Tilonia, 'we don't have pure water.'

The terrible drought in Rajasthan, near Sangam, made a profound impression on our Ulster Chief Commissioner, when she visited India for Thinking Day in 1983 and, during her travels around Ulster since then, she has shared her concern with us.

Early in our planning for 1985 we decided to include a Service Project extending throughout the year. Many and varied suggestions were made but it was natural that our minds should turn to a Third World project of some sort. This was reinforced by media coverage of the drought in Ethiopia.

Our Project consists of collecting and re-cycling plastic cartons to raise money for a Christian Aid project at the Social Work and Research Centre in Tilonia, Rajasthan. We are very excited about it for many reasons.

Firstly, it is designed to help in a small way to counter the serious problem of the disparity between the 'South', ie the developing countries, and the rich 'North' which includes Europe, North America, Australia and New Zealand. This appears to us to be one of the most critical problems in the world today and a serious threat to world peace. This Project reminds us all of the 4th Guide Law and the encouragement given us by our Founder to 'look wide'.

Secondly, it is a simple project, in which the youngest or the oldest, the poorest or the richest of our members can share equally. It costs nothing except some time and effort.

Thirdly, it is a learning experience for our members, helping them to realise the enormity of the damage being inflicted on the South by the North (which includes us), as they learn something of the inequalities between us and the reluctance of our Governments to give any meaningful help. It will also, perhaps, help with the litter problem and our inclination to be part of the 'throw away' society.

The Project is Ulster Guiding's main contribution to the International Year of Youth, whose aims of Participation, Development and Peace are all included. A Festival for Youth was held in Belfast to launch International Youth Year. All youth organisations set up displays there and ours featured the Tilonia Project prominently.

Thanks to one of our Guiders and her husband, who own a plastics factory, we have an outlet which will recycle plastic cartons collected by us, paying us at the appropriate rate, ie approximately £200 per tonne. There are a lot of yoghurt cartons in a tonne! I am told 170 of them weigh one kilo. However, we have started off with great enthusiasm and the collection is going well. The cartons are being passed through the 'usual channels', ie from Units to District, Division and County collection points.

From there they are collected and weighed by the firm, who pay us accordingly.

The Director of the firm is most helpful and enthusiastic, supplying us with large plastic sacks in which to collect our cartons. These are Guide blue, printed in yellow with our 75th Anniversary logo and the logo of International Youth Year. He has also supplied us with a display board on which are mounted a selection of acceptable cartons and samples of the re-cycled plastic. We have added pictures of Tilonia to make a mobile display, which is based at Ulster Headquarters but is available on loan to any County for a special occasion.

We have also received great help and encouragement from the Irish Director of Christian Aid. He has co-operated with us in drawing up a leaflet giving details about Tilonia and the Social Work and Research Centre. This has been published by Christian Aid and distributed to all Units in Ulster. The leaflet also provides ideas to interest Units and others in the project and suggestions for boosting the collection, such as making contact with a school, cafe or shop which uses a lot of plastic cartons and offering to take them away, wash and sort them. Our members are also encouraged to collect cartons from their friends, neighbours, Church, school or anyone else with whom they associate, thus widening interest throughout the community.

The Project is gathering momentum. Now that the yoghurt-eating season is upon us, we hope to do even better! The spin-off is that Units are organising other money raising efforts as well as the plastic collection. So far Ulster Headquarters has received over £1,000 towards our primary target of £7,000 for drilling equipment. This equipment will complete a drilling unit capable of making 70 new bore-wells per year.

The decade 1981-1990 has been declared the 'International Drinking Water Supply & Sanitation Decade' by the United Nations. The aim was that by the end of the Decade everyone in the world would have access to clean water. We are now almost half way through the Decade and are well below target. The estimated cost was \$30 billion per year over the Decade. This seems a lot of money — until we remember that the world spends \$500 billion per year on weapons and \$88 billion per year on cigarettes!

Our hope is that through our Ulster Service Project we shall alert our young people as well as our adult leaders to the great needs of the developing world and that we shall spark off a continuing and growing interest in helping those so much less fortunate than ourselves.

**F Moffitt**



# Hostelling for All

## by Nannette Simmons

One of my favourite times on holiday comes towards the end of a day in the outdoors when we come near the Youth Hostel where we will stay the night. We find the place with the help of a small sketch map in the guidebook, recognise the building by the green triangle fixed to the wall. Once inside it's always easy to find the centre of the house where the warden greets us. We know we're in for an interesting evening; if there are other hostellers we'll be able to talk with them about today's journeys and tomorrow's plans and we might get suggestions and advice from the warden. Sometimes we dip into the hostel bookshelves or play one of the collection of games; maybe there's a games room where we can use surplus energy playing table tennis. Whatever we do, time will fly till dinner time when a bell, gong or loudspeaker invites us to the dining room. If the hostel is full the bench seats may be a bit crowded — not much elbow room — but it's all part of the fun. The food will be just what we need after a day outside — hostel wardens understand these things — always three courses followed by tea or coffee. Usually the ones at the ends of the rows do the fetching and carrying and a group has the job of clearing away and laying for breakfast. Often there's washing up to be done but *some* hostels have a dishwasher!

There are a few rules but no one finds them irksome, they usually make for everyone's comfort. Hostels are locked at 11 o'clock at night, lights out is at 11.30. We're asked not to make a noise before 7am and there's usually a rising bell at 7.30 for 8 o'clock breakfast which is always designed to set us up for another good day out.

Hostelling can become a way of life as well as an inexpensive way to find places to stay. I especially enjoy the great variety of buildings that have been turned into Youth Hostels: there are large, handsome Victorian houses in towns and interesting halls and manor houses in villages. But it doesn't stop at houses: there are several mills, one I know has the grinding wheels in a dormitory; you could also stay in an old school, farm buildings, castles, rectories, priories, railway cottages, old hotels, a former inn and a one-time Co-op store — the largest building in the village. This has kept its old department signs and it is said that the male hostellers sometimes sleep in Ladies' Underwear! Some hostellers plan their holidays to 'collect' these unusual places to stay.

Hostels can come into all sorts of holiday plans, especially for individuals or small groups embarking on an expedition and not wanting or not able to carry camping gear. The Youth Hostels Association has a network of hostels in England and Wales; many are ideally placed about a day's cycle ride apart, with time to spare for exploration on the way and it's possible to travel further if necessary by public or private transport. In certain areas Youth Hostels cluster together close enough for you to make a tour from one Hostel to another on foot, still having time for sightseeing. It's especially easy to do this in the Lake District, the Yorkshire Dales, the Peak District and North Wales.

Two of these regions are highlighted this summer as the Youth Hostels Association and British Rail have combined to produce a new seven day ticket, the 'Coast and Peak Raitourer' which can be used from 90 stations in North Wales and the Peak District, and from Manchester, Liverpool, Stoke-on-Trent, Chester, Shrewsbury, Derby and Tamworth. This is available until 28 September and costs £15, (£8 for children) but YHA members pay £12 (or £6) on production of a voucher.

Chester Youth Hostel

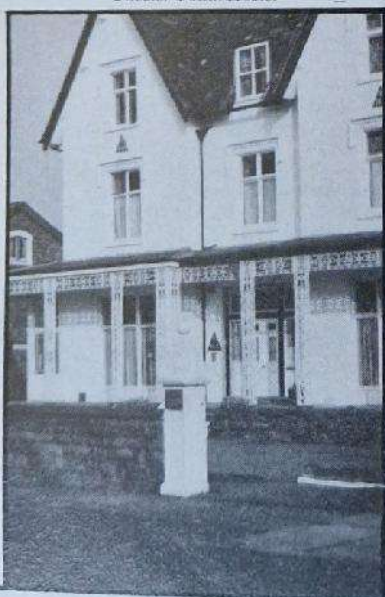


Photo by Nannette Simmons

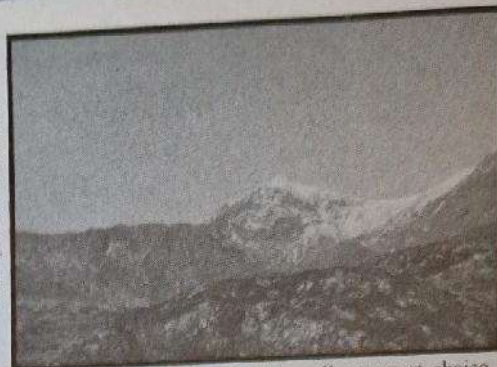


Photo by Nannette Simmons

The 19 Youth Hostels in North Wales offer a great choice between seaside and mountains, historic towns and castles to explore, bird-watching or rock climbing. The area is well served with public transport, especially in the summer. The railway line along the north coast between Chester and Holyhead has tempting views of all the seaside towns and beaches: there's a holiday on the doorstep of every station. The ride up the Conwy Valley line from Llandudno is a delight — it's a real bird-watchers' line as it runs along the shore of the estuary, then it winds through forests and villages till the river gets wilder and the mountains grow. This really is a place where the train stops to let the sheep cross, it happened on my journey. Near the end comes a tunnel more than two miles long and then there's another dramatic change of scenery when the train emerges into a great slate amphitheatre — Blaenau Ffestiniog. Here you could tour two of the slate mines or ride further on the famous Ffestiniog Railway. Raitourer holders can get a reduction on normal admission prices to the Llechwedd Slate Caverns; and if you think ahead you could also buy reduced fares on the Ffestiniog Railway — tickets must be bought at BR stations between Prestatyn and Llandudno inclusive (reduced fares are not available at Ffestiniog Railway stations). If you get off at Betws-y-Coed, the Youth Hostel at Capel Curig is five miles walk away, another 5½ miles beyond is Pen-y-Pas, next stop Snowdon. In the summer months look out for extra help from the Sherpa buses and others run by Crosville Motor Services who also offer wanderer tickets to help you around the area.

Some of the rocks of Snowdonia were made by volcanoes millions of years ago — if you like contrasts you could combine your Welsh exploration with an expedition to another exciting piece of country that was created when the sea laid down enormous beds of limestone and coral reefs which are now the hills of the Peak District. If you make Chester your exchange point you can have a very full day looking round that city, perhaps with the help of Chester City Transport whose services include a bus to Chester Zoo (another Raitourer discount) and a sight-seeing trip on a vintage bus.

Starting from Manchester, your way in to the Peak District is on the train to Buxton where there is a Youth Hostel in a gorgeous setting which is a good starting point for another tour using hostels in easy walking distance. Here you could visit the show caves and caverns at Castleton and great houses like Haddon Hall and Chatsworth, and above all enjoy the marvellous variety of scenery in the limestone valleys and gorges and on the soaring gritstone edges. You can try rock climbing, canoeing or caving, discover the cycling trails or set foot on the beginning of the Pennine Way.

There's no age limit at YHA hostels (youth is an attitude of mind). The YHA (England and Wales) is separate from the other YHA's in Britain and Ireland but the membership card is valid for all of them and (when a photograph is added) it can also be used at hostels in over 40 foreign countries. Membership of the YHA costs £5 a year if you are Senior — 21 and over, Juniors — £3 for 16-20 yrs, and £1 for Young — 5-15 yrs. Overnight charges are graded according to the facilities provided and the member's age. For a Junior bed, breakfast, evening meal, packed lunch and hire of a sheet sleeping bag could cost £7 at a standard grade hostel outside London. Join at your first hostel or write to YHA, Trevelyan House, 8 St Stephen's Hill, St Albans, Herts AL1 2DY.



Photo by Nannette Simmons



# A Dyslexic Guide in the Company

**H**ave you a dyslexic Guide in your Company? Would you know if you had? Perhaps a worried mother whispered to you that her daughter was probably dyslexic. Or maybe you have noticed that one of your apparently able Guides isn't very good at reading, writing and spelling.

Current research suggests that the cause of dyslexia may lie in the way the dyslexic's brain organises some of the thinking processes. There is no defect in her brain. There is still much discussion about the existence of dyslexia and some authorities prefer to name the problem specific reading/learning difficulties. But whatever it is called it's still a handicap to some youngsters and to some adults as well, though most dyslexics make a tremendous improvement when they are given special help.

Estimates of the number of dyslexics in the population vary between 4 per cent and 25 per cent, and as dyslexia affects boys more often than girls a dyslexic girl may feel more 'odd' than a dyslexic boy. Dyslexics are often highly intelligent, articulate and lively. The fact that they are falling behind with their school work may not necessarily be apparent until they are about eight years old. Some are more badly affected than others. It is probably well known that dyslexics have difficulty with reading. However, they may be able to read in public perfectly well, provided they are given plenty of help and time to practise beforehand. But don't ask them to read aloud something they haven't had time to prepare. Dyslexics' spelling and writing suffers because they cannot seem to put words and letters the right way round. A dyslexic Guide may not enjoy paper and pencil games and may be slow at taking notes.

Dyslexia is marked by several other characteristics, but not all dyslexics show all the signs. Very often dyslexic youngsters are not strongly right or left handed. They may write with the right hand yet carry out some activities, such as holding a rounders' bat, with the left hand. Such strengths should be welcomed. It can be quite useful to have a girl like this in a patrol in a 'be prepared situation' such as 'Everyone to spend the evening with her right arm in a sling (left arm for left handers) and try to carry on as usual.' It is particularly important to encourage a dyslexic girl to do well in the things she is good at, since the dyslexic often becomes very depressed as she grows older and realises that she has a handicap which puts her at a disadvantage in a world where being able to read and spell well is so important. Many dyslexics are gifted in the realms of science, engineering, computing, draughtsmanship, art and other 'spatial' tasks, and many develop a

capacity for hard work. They get used to working hard, because for them it is the only way that they can learn to read and write. They have to concentrate much harder than other readers and, as a consequence, may tire more quickly. Not for them the relaxation which comes to some girls from reading Enid Blyton or 'Sweet Dreams'.

You may feel exasperated with a Guide who goes to the right when told to turn left, but, unfortunately, confusion between the right and left is another of a dyslexic's characteristics. She may find it difficult to understand on which side of her uniform she has to sew her badges, and it is a good idea to put little safety pins where they are to be positioned. When you've checked that she has them correct you can remind her that her Patrol emblem is on her right hand side and maybe that will help her to remember which is her right hand. Setting a table properly may be difficult for her unless she concentrates very hard on thinking about which hand is normally used to hold a knife. It's no good getting annoyed about such apparently simple mistakes. Such things may not be simple to even highly intelligent dyslexics and it is important that their self confidence is not further undermined.

Dyslexics often have problems with direction and find understanding the points of the compass and learning to tell the time very difficult. The concept of clockwise and anticlockwise is hard for them to grasp. Nowadays digital watches are a boon for dyslexics. In the past probably most of them managed eventually to learn to tell the time, but now that these new time pieces are available, the pressure to learn to understand a clock face is not so great. So don't be surprised if your dyslexic Guide cannot tell the time by the church clock. And remember that she may find it difficult to understand instructions if you say, "Come back at a quarter to eight." Remind the Guides that on a digital watch that will be 7.45.

I was once amazed to find that a fourteen-year-old girl who was capable of conversing in a most interesting way didn't know the months of the year in their correct order. Later when I studied dyslexia I realised that this was not unusual, for remembering anything in sequences is a typical difficulty for a dyslexic. You may be surprised that a Guide is unable to repeat a telephone number immediately after being told it, let alone remember it for a longer period. This is a very difficult task for a dyslexic. Encourage her to use paper and pencil to help her at such times. She can prepare herself to be efficient and overcome her problems. Make sure that she writes down all important messages

and that someone checks discreetly that she has dates, times and telephone numbers correct. Don't let anyone comment on her spelling!

Often a dyslexic is gifted in spoken and expressive English, although there may be times when she mispronounces words by putting the syllables in the wrong order. She may unintentionally make "spoonerisms" by changing the first sounds of a couple of words and say something like, "I'll sew her a sheet" instead of "I'll show her a seat." She can be encouraged to practise speaking in public by being asked to give a vote of thanks, but make sure she has ample opportunity for preparation beforehand.

Many dyslexics find learning anything off by heart extremely difficult. It's not surprising if your dyslexic Guide has found it hard to remember the Law and Promise. 'That's nothing new,' you will be saying. 'So many of the girls find it difficult to learn anything. Are they all dyslexic?' No, but many of us at times display some of the characteristics that are typical of dyslexics. It is the persistence of a pattern of such characteristics that distinguishes dyslexics. Susan Hampshire in her autobiography, 'Susan's Story', tells what it's like to be a dyslexic, albeit a highly successful actress.

Provided dyslexics are accepted and encouraged, and do not lose confidence because they have been ridiculed or told off for being unable to do something that they find impossible, they have much to offer to your Company, and to the world. And, like all girls, dyslexics can certainly gain much from Guiding.

Heather Fogg







# The Barbican



Those attending our Annual General Meeting this month will find rather different surroundings from the usual gilded splendour. The Barbican has been described as a garden in the sky, a concrete jungle, the biggest arts complex in Europe, a city within a city. It is all these things; twenty acres of the City of London north of St Paul's, housing 2,000 families, two theatres, three cinemas, a concert hall, a museum, a lending library, art galleries, a conservatory, lakes, (complete with ducks and golden carp) and gardens, and in its midst the mediaeval church of St Giles, Cripplegate, and remnants of the original London Wall standing since Roman times.



Visitors to the Barbican need some time to familiarise themselves with their surroundings. The pedestrian area, called the Podium, is above street level; millions of red bricks have been used to form pathways to, from and around the various buildings and landmarks. There is a story (claimed to be true) about a musician

playing in one of the earliest concerts at the Barbican Centre. It appears he went outside for a breath of air during the interval, strayed too far, couldn't find his way back and missed the second half of the concert. So many people were found wandering and lost when the Barbican first opened, that yellow bands were soon put down on the podium walkways, leading to the Centre.

The London Museum, situated at the corner of the Barbican nearest to St Paul's, is a most exciting concept. Starting at the upper level, representing Roman Britain, visitors can look out at the Roman wall before progressing downwards through Tudor, Stuart and Victorian London (including streets of original Victorian shops). Finally, the Lord Mayor's coach can be admired at close quarters.

The Barbican Centre itself contains not only the theatres and halls mentioned above, but countless free exhibitions and entertainments in its many public areas. As an example of the wide variety of entertainment available in this wonderful arts complex, the following is happening on the day of our AGM, June 4: Barbican Hall, 7.30, London Symphony Orchestra give a popular concert including the Grieg piano concerto and Vaughan Williams' Fantasia on Green-

sleeves, Barbican Theatre, Royal Shakespeare Company presents 'Richard III', The Pit, Royal Shakespeare Company in 'Golden Girls', in Level 5 Foyer, The City of London & Cripplegate Photographic Society exhibition, and Ecstatic Masks by Aspa Eco, a memorial exhibition of oils and pastels (both admission free). Barbican Art Gallery: Matthew Smith Exhibition, and American Images photography exhibition (the latter admission free), Cinema 1: The Cotton Club, Music Library: Ingis Gundry 80th birthday exhibition (admission free during library hours). There are restaurants, coffee bars, wine bars, and plenty of seating areas both inside and out.

Those who visit the Barbican at the weekend or on a Bank Holiday, have the bonus of being able to wander around the Conservatory. This magnificent area full of tropical plants and trees is built high up on Level 8, around the fly tower of the theatre; well worth a visit at 50p admission.

Anyone planning a visit to London with Brownies, Guides or Rangers, would do well to consider spending a day at the Barbican, where there is so much to do and see, much of it free, including the superb Museum of London.

JVR

## Stop Press . . . Stop Press . . . Stop Press . . . Stop Press

If you are visiting the Barbican for the AGM this year, an excellent exhibition will be well worth a visit. The exhibition, called The Quiet Conquest — The Huguenots 1685-1985, brings together, for the first time, objects connected with and created by the Huguenots who fled to England after the Revocation of the Edict of Nantes in 1685. The exhibition gives examples of the Huguenots' contribution to the commercial and cultural life of England. Open until 31 October at the Museum of London, entrance to the exhibition is free.





# PROGRAMME NOTES

## The District Team

*Foxlease—13th–15th September*

The emphasis at these trainings is on the District Team and the value to be gained from working together and discovering the support members of the District can give each other. Help is given in understanding how the Programme develops from Brownies to Guides to Rangers and how District events can be used to encourage self-programming at all levels. It is an ideal opportunity to get to know each other in a relaxed atmosphere and to exchange ideas, skills, problems and experiences. District Commissioners are asked to bring a group of Guiders from all Sections and of all levels of experience. If your District has no Ranger Unit, perhaps the Ranger Guider of the Unit which serves your District could be asked to join you.

## Insite

*Foxlease—4th–5th October*

*Waddow—20th–22nd September*

Ranger Guiders— are you struggling to get a self-programming Ranger Unit to operate effectively? Or are you experiencing the frustration of having to start all over again because a group of Rangers has just left the Unit? Or would you just value an opportunity to join a fascinating and stimulating weekend for you and your Rangers?

Whatever your reason, why not bring up to four of your Rangers to this residential event at Waddow and with them:

- have an opportunity to experience the satisfaction of seeing Rangers planning and working together in a delightful setting.
- experience the essential nature of the co-operation needed between Rangers and their Leaders in the running of a Unit.
- have 'on the job' training

Don't miss this wonderful opportunity!

## A Midweek Training Opportunity

*Foxlease—7th–10th August (Midweek)*

Would a midweek training suit you better than giving up a whole weekend and leaving the family to cope? Well... A Midweek Training Opportunity will allow you to spend time midweek at one of our Training Centres, and with your children if necessary. As crèche facilities will be provided you will be free to enjoy sessions on various Guiding skills and have a chance to dabble in areas which interest you. There will also be time for you to enjoy the beautiful surroundings and to relax in a friendly atmosphere. Why not give it a whirl...

## Focus on the Programme

*Foxlease—27th–29th September, 8th–10th November*

*Waddow—13th–15th September, 22nd–24th November, 29th November–1st December*

This series of trainings has been specially designed to give Unit Guiders an in-depth look at one part of the Programme, and, as an added bonus time will be set aside for a specialised plenary session on certain subjects such as Walking Safely, Unit Accounts and Heraldry, which are of interest to Guiders of all Sections. It is therefore vital that all applicants read the information in the Training Calendar correctly to ensure that they apply for the kind of training they really want.

Here is a marvellous opportunity to concentrate on one area, and to see how it fits in with the other two Sections. We hope to see you there!

## Preparation for Walking the Pennine Way (for Guiders, Rangers and Young Leaders)

*Glenbrook—11th–13th October*

Have you ever thought of walking part or all of the Pennine Way? Would you like to walk for a day, a week or even all the way? Could you assist as a member of the back-up team? If so, come to a planning weekend at Glenbrook. It is hoped to do the walk in the summer of 1986, but plans will have to be made early so that you have time to practise and get fit.

## Canoeing (Training and Assessment)

*Glenbrook—20th–22nd September*

Open to Guiders, Rangers and Young Leaders, this weekend is for those who have some experience and would like further help towards gaining a canoeing qualification.

## County Ranger Advisers and Young Leader Advisers

*Foxlease—30th August–1st September*

*Waddow—12th–14th July*

These trainings are a must for County Ranger Advisers and Young Leader Advisers, as there will be the opportunity for the re-appraisal of our work with the senior Section as organised at County level. There will be an opportunity for discussion with the authors of the new Ranger File and Guiders' Notes, for comment on the impact of the Queen's Guide on the senior Section, and in-depth examination of recruitment of girls and Guiders into this Section. These trainings will offer a valuable chance for Ranger and Young Leader Advisers to share their expertise in working with the age group and to examine the ways in which they can work together for the mutual benefit of the girls.

## Caving and Rock Climbing

*Glenbrook—1st–3rd November*

Open to Guiders, Rangers and Youth Leaders, the weekends offer an opportunity to try something new, or to gain further experience. For those who wish there is also Archery as an optional extra in June.

## Adventure Week (for Guides)

*Waddow—20th–27th July*

The week will offer opportunities for adventure in relationships, imagination and the out-of-doors. The programme will make demands on the Guides in terms of initiative, enthusiasm and willingness to be 'stretched'. It is, therefore, more suitable for older Guides. Guiders should be prepared to give the returning Guides opportunities to share their experiences, in a practical way, on their return to the Unit. Applications (not more than four per Unit) to the Guider-in-Charge, enclosing a large SAE.

## Shakespeare at Foxlease—A Theatre Workshop

*27th July–4th August*

**Come to Foxlease next Summer for Pleasure and a Dramatic Experience!**

Foxlease hopes to make its own special contribution to the celebrations in 1985, with a presentation based on Shakespeare's plays and the Elizabethans. Staged in the beautiful setting that Foxlease provides, the production will be prepared for audiences to see and hear on Saturday, 3rd August 1985.

In preparation for this event, a Theatre Workshop (for acting, costume and sets design and making, music, dance) will be held during the week of 27th July–4th August. Guiders (all ages), Young Leaders and Rangers are invited to take part. Since the Workshop is leading up to a presentation, it is essential that you should apply for places as soon as possible—so that we can confirm the performance and so that a selection can be made early, if this should prove necessary.

Please apply to Foxlease now for forms on which you can supply full details of your interests, experience in theatre etc. Enthusiasm, imagination, willingness to enjoy working hard are the qualities most needed, though talent and experience will be very welcome.





# TRAINING

## JULY AUG SEPT

Foxlease,  
Lyndhurst, Hants S04 7DG.  
Tel. (Lyndhurst) 042-128-2638

### Foxlease

- July**  
5-7 1. Young Leaders  
2. Walking Safely (Rangers and Young Leaders).  
12-23 Holiday Period (Guiders, Trefoil Guild members and their friends and mothers).  
27- Shakespeare At Foxlease — A  
4 Aug Theatre Workshop

### Waddow

- July**  
5-7 1. Music in the Pack/Campfire Leader's Certificate  
2. Guiding with handicapped members (Guiders of special Units and Guiders with handicapped members in their Units).  
12-14 1. County Ranger Advisers  
2. Young Leaders Advisers  
Cottage Walking Safely (Rangers and Young Leaders)  
20-27 Adventure Week for Guides

### Glenbrook

- July**  
12-14 Canoeing

### Broneirion

- July**  
21-25 Girls' event

#### HOW TO APPLY TO A TRAINING CENTRE

Any Guider may herself apply to attend a training course at the Centres, provided she has reached the age of 18 years. (At the discretion of the Commissioner a member aged 17½ who is working on the Adult Leader's Certificate may also apply for a Guider course).

An application to attend a Guider Training Centre should be sent direct to the appropriate Guider-in-Charge, and must be accompanied by the correct amount of deposit and a SAE. Applicants should also state the type of training for which they are attending, as there may be several different courses running at any one weekend. As many Guiders have to leave on Sunday, training sessions at a two-day week-end will stop at teatime on that day unless otherwise stated. If sufficient notice is given that it is wanted, every effort will be made to provide for a group until Monday. Individuals able to stay over until Monday to enjoy the surrounding country and other amenities of the Centre are welcome to do so.

Note... for further details about training weekends see the Programme Notes overleaf.

Waddow  
Clitheroe, Lancs BB7 3LD  
Tel: (Clitheroe) 0200 23186

### Foxlease

- August**  
7-10 A Midweek Training Opportunity  
12-16 North Atlantic Girl Scouts  
22-27 Patrol In Action  
30- 1. County Ranger Advisers  
1 Sept. 2. Young Leader Advisers

### Waddow

- August**  
3-10 Holiday week (for Guiders with their girls)  
15-29 Holiday period (Guiders, Trefoil Guild members, their friends and mothers)



### Glenbrook

- August**  
Walking facilities for Ranger and Young Leader campers.

### Broneirion

- August**  
3-13 Guide Spectacular  
17-24 Brantwood Chamber Music Society  
30- 'Llais-y-Draig'  
1 Sept.

### Netherurd

- August**  
27- Trefoil Guild Holiday Week  
3 Sept

#### Fees at Foxlease and Waddow

Shared room per day	£8.00
Double room per day	£8.50
Single room per day	£9.00
Deposit of £2.00 cheque or postal order only.	

† Weekends marked with this sign are subject to VAT.

#### Fees at Glenbrook

Shared room (for weekend course) £15.50.  
All activities, equipment and VAT are included. Optional activities extra. Deposit of £2.00 cheque or postal order only.

#### Fees at Broneirion

Shared room per day	£6.50
Double room per day	£6.75
Single room per day	£7.00
Deposit	£2.00

Glenbrook  
Bamford, Nr Sheffield, S30 2AL  
Tel: (Bamford) 0433 51567

### Foxlease

- September**  
6-8 Sussex Central  
13-15 The District Team  
20-22 Music Training (by allocation)  
27-29 Focus on the Programme (Journeys, Trefoils and the Ranger Challenge); Plenary: History of the Movement.

### Waddow

- September**  
6-8 Warwickshire  
13-15 Focus on the Programme (Brownies Make Things, Guides Explore the Arts, Rangers are Creative); Plenary: Introduction to Heraldry  
20-22 Insite (Ranger Guiders with up to four of their Rangers)  
27-29 North West England (by allocation)

### Glenbrook

- September**  
20-22 Canoeing

### Broneirion

- September**  
13-15 General Training for Brownie and Guide Guiders, and Commissioners (Places for West Glamorgan)  
20-22 International Weekend (by invitation)  
27-29 General Training (20 places each for Pembroke and Carmarthen).

### Netherurd

- September**  
6-8 Music in the Programme  
13-15 Brownie and Guide Guiders (includes booking from Dumfriesshire).  
20-22 Brownie and Guide Guiders (includes booking from Fife)

#### Fees at Netherurd

Shared room for day	£6.50
Double room for day	£6.75
Single room for day	£7.00
Deposit	£2.00
Training for non-residents	£0.50

#### Fees at Lorne per Weekend

Ulster Guiders (over 18 years of age)	£12.00 per weekend.
Ulster members (under 18 years of age)	£10.00 per weekend.
Non-Ulster Guiders	£18.00 per weekend.
Day only	£7.00 per day.



# HEAR AND NOW

**W**e are now half way through 1985, so how are the Outdoor Challenges coming along? Did you manage to sleep out for three nights before April 10 or are you planning to Bivvi for one night? Why not write to the **INPUT** feature in **Hear and Now** to share some of your activities with other Rangers/Young Leaders in the UK? We'd also love to see how you celebrated Guide Week, so take lots of photos and send them, as soon as possible, to **Hear and Now**, c/o The Programme & Training Dept, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## What's marriage all about?

**T**he other day I read in our local paper about a wedding in a nearby village. It was a no-expense spared event, boasting not one but several marquees; cases of champagne; duckling and seafood on the menu; professional entertainment; a celebrity studded guest list... and so it went on.

The more I read, the more I sighed — after all, hadn't it been just the image I had had for our wedding? So, it was with some surprise that I received Ian, my husband's comment on reading out the article for him: 'Wonder what the next one will be like?'

Knowing the bride's father to have only one daughter, I asked what he meant: 'If that's what they think marriage is all about they'll probably buy another one sooner or later.'

A bit hard on the couple, perhaps — not knowing them from Adam! — but I know what he means.

For a lot of people the image of getting married ends with the wedding day. All the preparation seems to be for that one day — the dress, the reception, the menu, whom to invite... With three years of hindsight (gosh that long already), I now have more of an idea of what we let ourselves in for on that wet, windy but (of course) wonderful day — our wedding.

When you think about it — to stand up in front of your closest friends and relatives and tell them all, that you are going to stay with each other for the rest of your lives, takes some courage. But more so it shows a great deal of confidence in your chosen partner. Who knows what we are going to be like in five or ten years' time? As the Minister at a recent family wedding put it, 'he might go bald and she ginger, or vice-versal'. A funny example, but people do change. Even the difference in a person from just 'going out' to 'living' with them is significant. You no longer only see the side of them that they want you to see.

Making the commitment to each other in a Church or place of worship has its own significance for the couple, (even if the rest of the congregation haven't been to church since the last wedding!) For me the Church ceremony was a very personal event, despite scores of guests. The rest of the day was for them. Of course we had a marvellous day. We saw lots of people we hadn't seen for ages, some we hadn't even met before and received some lovely gifts, but in hindsight all that preparation was for them — the guests: the ones that comment on the beauty of the dress, the number of bridesmaids, the extent of the wedding feast... but only the length of the service. It does sound cynical I know, but I am trying to point out that it is not the trappings of the wedding day that makes the marriage, it's the people.

Loving someone is a matter of choice and effort — not fate. I happened to choose someone who is a very good friend — not only to me either. Now it is down to the effort. Being good friends we have a lot in common, have done lots of things together — did before we got married and still do. But we can still be individuals. What we need to keep reminding ourselves of though is that now married our thinking has got to change from 'me' to 'we'. It's the 'we' which helps build the partnership.

At the family wedding I mentioned, the Minister pointed out about 'give and take'. We often hear about the need for give and take in marriage, but he advocated the dropping of the 'take'. With all my three years wisdom, I found that a very sensible suggestion! When one expects 'to take' also — the

outcome is usually disappointment. Happiness seems to come from the giving, not the taking. Sometimes to 'give' when you least want to is very hard — but then I haven't heard anyone say that marriage is easy. Don't be fooled into thinking giving is just in the material sense ie; presents, wealth etc. For me giving time — my time — to something Ian wants to do is often very hard.

Giving on the sexual side of the relationship can also be difficult. Sex is the least openly talked about aspect of marriage but it is an important part — a lot of marital problems stem from problems in 'personal relationships', sometimes simply caused by the stresses and strains of everyday living and modern marriage. But I believe that all that has been mentioned — the giving, the need to think in terms of 'we', and the appreciation of change applies equally well to the personal side of marriage.

As members of the Girl Guides Association, we have a great motto for marriage — Be Prepared. Be Prepared for the hours of washing-up, for the constant battle to remind him to put the top back on the toothpaste, his parents, the numerous 'very handy' items he finds at Jumble Sales, the fact that he is always right... but most of all Be Prepared for change — change because of the marriage and in the marriage. Children, for instance, produce enormous change... but then, that's another story!

Janette Abbott D



## Quickies

### Drop Rugger

— A knock-out Patrol contest

Equipment — A large box containing 'objects' ranging in size from a football to a paper clip.

This game should be played by two Patrols at a time. The box is placed in the centre of the hall with one Patrol at each end of the hall facing the wall. An object is picked out of the box and dropped, from a reasonable height, back into the box. The Guides run to the box and pick up the 'dropped' object. The first Patrol to pick up the correct object wins a point.



# Training Opportunities

For details of how to apply for any of these courses, please refer to the Training Calendar and the Programme Notes in *GUIDING* Magazine.

## Caving, Rock Climbing and Archery

Glenbrook: June 7-9

## A Midweek Opportunity

Waddow: June 18-20

## Young Leaders

Foxlease: July 5-7

Exams all finished? Good, now's the time to enjoy something different; enjoy the forest and its surroundings; enjoy companionship of other Young Leaders; enjoy challenging new activities; enjoy the comfort and hospitality of Foxlease. Don't delay send your application form today. Places are limited and this special event is only available to Young Leaders. Other Young Leaders or Rangers from your area might be travelling to Foxlease for the Walking Safely training being held over the same weekend. Why not get together to arrange transport.

## Ranger/Young Leader Walking Safely Training

Foxlease: July 5-7

Waddow: July 12-14

Here is an opportunity for you to attend a Walking Safely training as stipulated in clause 7b of the Queen's Guide Syllabus.

## August

Glenbrook:

Walking facilities have been arranged for Rangers and Young Leaders camping at Glenbrook at any time during the month of August. If you would like an introduction to walking, but need a leader, then this opportunity is just right for you. Further details can be obtained from the Guider-in-Charge, Glenbrook.

## Preparation for walking The Pennine Way

Glenbrook: October 11-13

## Young Leader's weekend

Broneirion: October 23-27

## Caving and Rock Climbing

Glenbrook: Nov 1-3

**Insite** (Ranger Guiders with up to four of their Rangers)

Waddow: Sept 20-22

Foxlease: Oct 4-6

To find out what happened during the last 'Insite' Training, have a look at the article 'Insite' on this page?

# Insite

I am sure that everyone who attended Insite — a training weekend for Guiders and their Rangers at Foxlease will agree that it was one of the most eventful, interesting and worthwhile weekends they have spent.

In the beautiful surroundings of Foxlease we could hardly help but feel at home straight away, but the first evening was spent in getting to know each other and generally settling in. The following morning, hard work was the main priority on the agenda as we went into working groups, discussing and planning activities which would be feasible to do as a Ranger Unit. The most interesting thing for me was comparing notes with other Units about the different activities they get up to. We soon realised that no two Ranger Units are alike!

After a delicious lunch (as were all the meals) we ventured out of our armchairs to do a bit of work! One group ended up clearing some ground in preparation for the building of a lake, another rubbing down and priming some handrails and a fence and the third group went to the nearby village of Lyndhurst to investigate the facilities for the handicapped. It was very encouraging to know that all our hard work was for a very good cause.

Half past five was the hour of doom on Saturday, as we trooped over to the Barn complete with rucksacks and bobble hats for the lightweight camping compe-

tition. Our task was to cook a two-course meal, complete with hot drink on a single burner. Although I must admit to being a member of the winning group, the standard was very high and the smells which wafted past were absolutely delicious.

After a very interesting talk from a member of the organisation LINK, came the highlight of the weekend for me. The exercise was called 'Foxlease Forest Frolics' and it certainly lived up to its name! We were sent out together with map, compass and torch into the gloomy darkness and told to return having been to all nine check points within about a mile radius. My group was the last one back, having found three out of the nine check points. We were surprised to learn that some groups hadn't even found their starting point!

Sunday was spent discussing the role of a Unit Executive and we were all given plenty of ideas and suggestions to take back to our own Units on organization and job distribution.

All good things come to an end and at four o'clock, after a rapid exchange of addresses, we set out on our homeward journeys to all parts of Britain after the best weekend of our whole lives.

**Susan Bethell**

Llandaff District Ranger Unit.



BYC News



Once again Sheffield University was the venue for the March meeting of the British Youth Council. The agenda was full and very diverse; the Guide Delegation found the weekend hectic, but rewarding.

Working Groups covered a wide range of topics, including Youth Participation, Youth Rights, Racism/Awareness and Young People and Homelessness.

However, now that International Youth Year is well under way, International Youth Events were high-lighted in much of the discussion. Delegates heard of, and discussed representation at, an International Youth Conference in Jamaica, the 12th World Festival Of Youth and Students in Moscow and European Youth Week.

European Youth Week is to be held in Strasbourg, and has been organised by the European Youth Centre of the Council of Europe. BYC has shown great enthusiasm for this event and is hoping to send a delegation of 35. Those who attend have been given a challenge:

'18 years today and living in Europe

30 years old in the year 2000!

What kind of life do we lead today?

What is possible, desirable, intolerable?

What do you think? Please write with your ideas to BYC, c/o Hear and Now.

**Alison Fyfe**

BYC Liaison

# Speak Out!

I am a Young Leader studying three science 'A' levels at college. Recently I've noticed a distinct lack of science in the Guide Programme. We are continually being told that there are not enough women in science and I believe that one of the reasons for this is because young girls are not encouraged to ask questions like 'Why does that happen?' or 'How does that happen?' After all, isn't science based around questions?

When children start science at secondary school, those who have been encouraged at an early age already know a little about how things work and can apply them to everyday life.

I think that Guiding should try to encourage girls to be interested in science by providing them with motivation to ask questions. I am not suggesting that we encourage Guides to sit down and spend hours learning chemical formulae or doing algebra. I'm suggesting that we find a way of making Guides realise that even Maths can be fun.

For example a badge in

accountancy could be designed where Guides run a tuck shop and handle the accounts or take part in working out the amount of food needed for a week's camp.

A general science badge could also be developed which asked questions like 'How does a cake rise?', 'Why does soap clean?', 'How does a cooker cook?', 'Why do pictures appear on television?' and 'Why do you pull your arm away from an iron when you burn yourself?'

These badges and others like it would help Guides to apply classroom maths and science to everyday life. After all, isn't the Interpreter Badge an application of classroom French?

Perhaps if we in Guiding could help to encourage girls to be interested in science, less money would have to be spent on projects such as WISE and could be spent on valuable scientific research instead.

**Susan Ring**

Young Leader

23rd Weston-super-Mare

Company

Avon South



# Handy Hints

## Rucksacks

by Ann Beard

**C**omfort! — A rucksack that is uncomfortable to wear is a disaster, especially if you are backpacking. Therefore it is crucial that you spend time considering which size and design will fulfil your requirements. The following table and diagrams will give you the basic guidelines for purchasing a rucksack, but it is imperative that you visit a specialist Outdoor Equipment shop to have the rucksack (loaded with a realistic weight) fitted, before parting with your money.

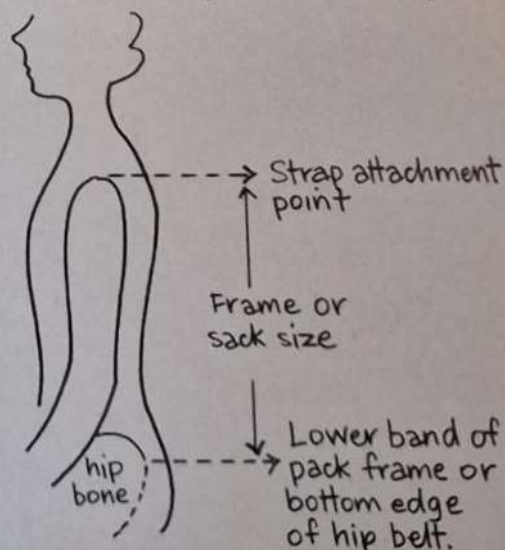
Use	Capacity Litres	Frame	Material	Price
Day sack	16-35	None — However, a piece of closed cell foam put down the inside back of the sack will increase comfort & double as a sitter.	There are basically 3 types of fabrics used: Nylon, texturised Nylon and Cotton Canvas. Texturised nylon e.g. KS100E & Cordura are sophisticated materials which are hard wearing and do not absorb water. Therefore, remain light in wet weather. It is important to line all sacks with plastic bags. Seams do leak, and the waterproofing agents do deteriorate with abrasion and age.	\$8-\$25
Hostelling or Weekends	35-60	Three types of frame available :- Internal Malleable: Frame can be bent to fit back exactly — gives a close fit — very stable on uneven terrain. Ideal for climbing. Problem — no ventilation to back, therefore wet back from perspiration.		\$20-\$50
Backpacking (including tent & stove.)	60+	Internal Rigid: Designed to hold pack away from back. External Frame: Ideal for heavy awkward loads, but can be unstable. Liable to catch up on protruding objects e.g. rocks, overhanging branches.		\$35+

### Note

Capacity — Rucksacks' capacity is measured in litres. A thick jumper is approximately seven litres, a sleeping bag about fifteen litres and a two man backpacking tent, approximately ten litres. However, these are only approximate guidelines. If at all possible, try and borrow a rucksack of a known capacity and pack your belongings into it. This will give you some idea of the size of rucksack you should be considering.

### Fitting a Rucksack

It is important to buy the right size rucksack for the length of your back. Most Hostelling or backpacking rucksacks have a padded hip belt which is used to direct the weight of the pack into the strong leg muscles. The diagram below shows the position of the frame on the back. Rucksacks either have adjustable frames or are available in different sizes.



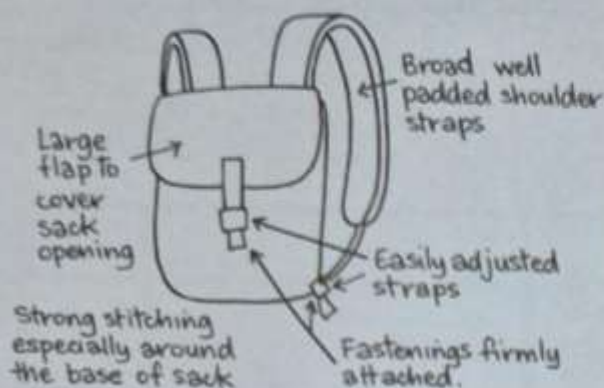
continued on page 28.

Juan de Lemos



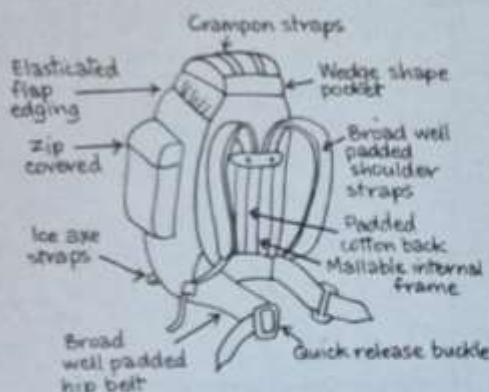
## Points to look for

### Day Sack



Jean de Lemos

### A Hostelling or backpacking Sack



Jean de Lemos

### Note

The number and position of outside pockets is largely a matter of personal choice. Side pockets are useful for carrying first aid kit, waterproofs, etc. The main body of the rucksack may be divided into two compartments. This is useful for carrying cooking equipment, but if you wish to carry a tent, make sure the tent poles will fit inside one of the compartments.

### Care of Rucksack

Provided that any mud is removed by brushing or sponging off with a damp cloth (detergent will destroy the proofing agents) and the sack is dried before being put away, your rucksack will give you years of comfortable service.

Don't forget to look at the general hints published in December's *Hear and Now*.

## Have a look at . . .

Don't forget to have a look at the rest of *GUIDING* magazine to keep yourself in touch with what's going on in the Guide Movement. Features which may be of interest to you are:

Practical Pages: International Activities	Pages 14 & 15
Make Your Own: Dog Lead	Page 37
Theme Evenings: A Settlers' Barbecue	Page 41
Service in the Home IV — Clause 4(d) of the Queen's Guide Syllabus	Page 12
Orienteering Part III	Page 33
Present in an interesting way . . . — helping Guides with ideas for their B-P Trefoil	Page 9

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## 3184th Galactic Hitch Hikers' Convention

Over the weekend 22-23 September 1984, West Mercia County Ranger Guides were honoured to host the 3184th Galactic Hitch Hikers' Convention at Launch Site Beaudesert, Cannock Wood, Near Cannock, Staffordshire.

115 Ranger Guides and Venture Scouts and 30 Leaders attended the 24 hour convention of non-stop activities. These started at 2.00 pm with: abseiling, archery, rifle shooting, egg racing, wood-burning and macramé. During the evening a large scavenger hunt was organised, followed by star gazing and then a traditional camp-fire. Films were shown, including 'War of the Worlds' and 'Alien' into the small hours of the morning. Anyone still awake embarked on an overnight hike across Cannock Chase.

Down was at 6.54 am on that Sunday morning, and we saw it break with a service in the Outdoor Chapel. Breakfast was the theme of the next round of activities. A competition for the most original alien breakfast was held; the sight of blue sausages, red cornflakes etc at that time of the morning was certainly thought-provoking! Also taking place were various breakfast games, including eating dried Weetabix (worse than eating dry cream crackers!), biscuit dunking, eating baked beans with cocktail sticks, and egg and porridge throwing etc.

The main theme of the Convention was Bug-eyed Monsters. These appeared at about 10.00 am and were made up of four people: each Monster had a solid head, bug-eyes and a long body. The Monsters were judged for originality, work content, and appearance.

Monster races were held and included: meteorite dodging — an obstacle race; and a transgalactic space run.

The camp finished with everyone assembled at about 2.00 pm. Certificates and many prizes of camping and hillwalking gear were awarded to each Unit.

**K M Bennett**  
Mercia County  
Ranger Adviser

1st place 'Rock-a-Fella',  
3rd Oakham Ranger Unit



Photo by M J Perry



# CALENDAR

23(31)

## OCT

## NOV

## DEC

Broneirion  
Llandinam, Powys SY17 5DE.  
Tel: (Caersws) 068 684 204

Netherurd  
Blyth Bridge, West Union.  
Peeblesshire, Tel: 0968 82208

Lorne  
Craigavad, Co Down  
Ulster. Tel: (Holywood) 02317 3180

### Foxlease

#### October

- 4-6 'Insite' (Ranger Guiders with up to four of their Rangers)
- 11-13 London North East
- 18-20 The District Team
- 25-27 1. The Music Qualifications  
2. Guiding with Handicapped Members (Guiders of special Units and Guiders with handicapped members in their Units)

### Waddow

#### October

- 4-6 North Yorkshire South
- 11-13 Cumbria South
- 18-20 Advisers for Handicapped Members, and Trainers
- 25-27 County Durham and South Tyne

### Glenbrook

#### October

- 11-13 Preparation for walking The Pennine Way.

### Broneirion

#### October

- 11-13 International Weekend (by invitation)
- 18-20 Outdoor Activities Conference
- 23-27 Young Leaders

### Netherurd

#### October

- 4-6 Districts (District Commissioners with up to eight of their Guiders)
- 18-20 Preparing for Christmas in the Unit
- 25-27 Public Relations Workshop

### Foxlease

#### November

- 1-3 South West England (by allocation).
- 8-10 Focus on the Programme — Planning the Unit Programme.
- 15-17 Middlesex South West
- 22-24 Training for Trainers (by allocation).
- 29- London and South East
- 1 Dec England (by allocation).

### Waddow

#### November

- 1-3 'YES' Partnership Weekend.
- 8-10 Greater Manchester West.
- 15-17 Lancashire Border.
- 22-24 Focus on the Programme — The International Dimension; Plenary: History of the Movement.
- 29- Focus on the Programme (Journeys, Trefoils and the Ranger challenge).
- 1 Dec

### Glenbrook

#### November

- 1-3 1. Caving.  
2. Rock Climbing.

### Broneirion

#### November

- 2-3 Programme and Training Committee Executive Committee.
- 8-10 District Commissioners and Guiders.
- 15-17 General Training (Places for Ceredigion).
- 22-24 Trainers' Weekend.
- 29- Christmas Arts.
- 1 Dec

### Netherurd

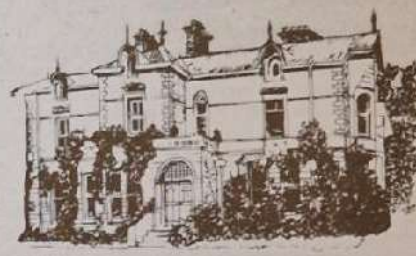
#### November

- 1-3 Brownie and Guide Guiders (includes booking from Banff and Buchan).
- 8-10 Trainers.
- 29- Ranger Guiders.
- 1 Dec

### Foxlease

#### December

- 6-8 Music and Crafts (Brownie and Guide Guiders)



### Broneirion

#### December

- 6-8 International Leaders

#### BURSARY HELP AVAILABLE

For full details of how to apply, and who is eligible for Bursaries, District Commissioners should write to the Training Secretary, C.H.Q. (Scottish Commissioners should apply to Scottish Headquarters). Applications must reach C.H.Q. at least two weeks before the date of the Training. Bursaries cannot be issued in retrospect.

**The Fee Bursary** entitles the Guider to £3.00 for a two-day weekend and £1 for each additional day. This is deducted from the fees at the Training Centre.

**The Fare Bursary** (available only for travel to the nearest Training Centre) carries a rebate of a Guider's travel expenses in excess of £3.00. This is paid at the Training Centre.

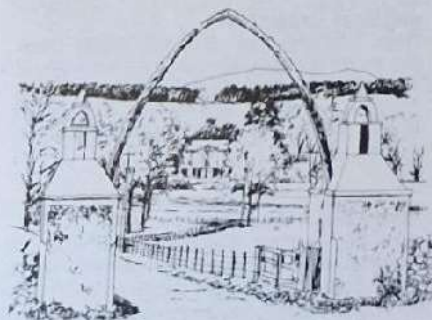
**Note:** These cannot be issued for Regional Weekends at the Training Centres or for courses at Glenbrook.

**The CHO Training Centres Bursary** entitles Guiders to two-thirds of the fee for a two-day weekend training at Foxlease, Waddow and Glenbrook. The bursary is deducted from the fees at the Centre.

**The Angela Thompson Bursary** is available to any Guider attending a Promise and Law or similar Training (not necessarily at a Training Centre).

**The Outdoor Activities Bursary** is worth up to £30.00 for Guiders attending training/assessment courses to achieve National qualifications. Applications to County/Region Headquarters.

**Friends of Waddow Bursary** covers the whole fee for a weekend training at Waddow. SAE to the Secretary, Waddow for further details and application form.







## England

**The Barn and Beaverbrook Lodge, Foxlease**  
Applications should be sent to the Secretary, Foxlease, Lyndhurst, Hants SO4 7DE, giving alternative dates and enclosing an initial deposit of £1.00 (which is non-refundable) and a foolscap SAE. Priority will be given to applicants who have not already stayed in either The Barn or Beaverbrook Lodge. Applications for the period 1st October–31st March 1986 are being accepted now. The accommodation is suitable for handicapped members.

### Foxlease Coach House

Formerly known as the Annexe, the Coach House makes an ideal centre for Rangers. Available Easter, Spring Holiday and periods in the summer. For details apply to the Secretary, Foxlease, Lyndhurst, Hants, enclosing a SAE.

### Olave House and Baden-Powell House, London

Permission forms are required for parties staying at these Centres and must be completed in the usual way. Completed forms should be sent to Miss C Pryce, 11 Riverains, 71 Vicarage Crescent, London, SW11. Tel. (01) 228 6763.

### Patrol Campsites Waddow

Two Patrol campsites both fully equipped and each with solid shelter. Also suitable for Rangers for lightweight camping. For details apply to Secretary enclosing sae.

### Waddow's New Caravan

Why not enjoy a peaceful holiday in beautiful surroundings with your family/friends in Waddow's new caravan?

This is a 6 berth, 25 foot long caravan with separate double bedroom, shower and flush toilet, large dining/kitchen area and sitting area. It is equipped with a full size gas cooker, gas fire, electric light and a fridge.

Available for booking throughout the year. For details apply to the Secretary enclosing sae.

### Ranger Cottage, Waddow

This self-catering cottage sleeps 15 people in 5 bedrooms. There is a large, fully equipped kitchen including fridge/freezer, a large comfortable sitting room/dining area, two bathrooms, one with shower, and three toilets.

Applications are being considered now. Rangers will be given first consideration but the cottage is also suitable for small Pack Holidays, groups of Guides with Guiders, Trefoil Guilds, Guiders, etc.

For details apply to the Secretary, enclosing sae.

### Glenbrook, near Sheffield

Accommodation available in the house for 30 or in the flat upstairs for 10. Groups must be self-catering and must guarantee 20 in the house or six in the flat. Accommodation in 'Derwent', our new purpose-built annexe, is for 34 people on a self-catering basis. There are two large bedrooms/training rooms on the ground floor with two Guider's Rooms leading off. Above this is a fully equipped kitchen with gas cooking facilities, and a large hall which provides a dining and lounge area. A number of activities are available, including canoeing, walking, caving, rock climbing etc. For details contact the Guider-in-Charge enclosing SAE.

### Blackland Farm, East Grinstead, Sussex

Equipped and unequipped sites available in 175 acres of fields and woodland, with swimming pool, simple rock climbing and pioneering facilities (equipment may be borrowed). Canoeing on nearby reservoir. Restrop and Wagtail

Lodge, furnished bungalows for 27, the latter specially adapted for the handicapped, are on the site and in addition a six berth caravan is sometimes available. To avoid disappointment Guiders should apply for bookings by 1st February every year. For details, write to the Warden enclosing SAE.

### Glenbrook Campsites

Four campsites available, two suitable for handicapped members. Situated in partly wooded grounds. All sites are unequipped. For further information about camping and activities available, write to the Secretary, Glenbrook, enclosing a foolscap SAE.

### Brownsea Island

Eight sites are available for Guide and Scout Camps from Easter to 1st October and South Shore Lodge sleeping eighteen plus leaders.



For details apply to Mrs D Press, Green Gables, 55 Forest View Drive, Staplehill, Wimborne, Dorset.

## Scotland

### Netherurd

**Camp Sites.** Applications for equipped sites (four) are being considered now.

**Brownie House.** Bookings for the Brownie House for Easter 1985 onwards are being accepted now. During Scottish school holidays priority will be given to Scottish Packs.

**Ranger Bothy.** The Bothy is equipped for eight Rangers and two Guiders.

One Camp Site, Brownie House and Ranger Bothy are suitable for handicapped members. Holiday Caravan. A 3-berth is available for Guiders and friends.

Apply to Secretary, Netherurd, enclosing foolscap SAE.

## Wales

### Ynysgain, Criccieth, North Wales

Applications for the use of three unequipped sites, all suitable for the handicapped. Ti Ni, a

fully equipped (except for bedding) Brownie House, Ysgubor Hir, a single storey house, fully equipped (except for bedding) and suitable for the handicapped — can be made to: Mrs J P Griffith, 'Cefnfaes', 23 Carreg Felin Llandegfan, Anglesey, Gwynedd LL59 5YB (Menai Bridge) 0248 713134, enclosing a foolscap SAE for site information. Ynysgain is within a few minutes of the sea.

### Broneirion, Llandinam, Powys

Holiday flats are available all the year round for family holidays or for parties of up to 12 Rangers with their Guider. Self-catering, fully equipped, with metered electricity. Apply to Guider-in-Charge, Broneirion.

### Broneirion, Camp-Site and Brownie House

Applications for Campsite and Brownie House for Pack Holidays are being considered now. Bookings for the Brownie House, outside school holidays, for Guide and Ranger groups may also be submitted. All applications should be made to: The Assistant Guider-in-Charge, Broneirion, Llandinam, Powys, SY17 5DE, enclosing a SAE.

## Ulster

### Note

Units wishing to book any of the facilities at the places listed below, and to include handicapped members in their party, are asked to give details when applying.

### Lorne Holiday Period

Lorne will be open as a holiday centre during July and August 1985. In pleasant grounds with lovely views and quiet surroundings on the shores of Belfast Lough, Lorne is only six miles from Belfast and is a good centre for sight-seeing tours.

Special terms for parties of Guiders taking the house and wishing to do their own catering. Full details from the Guider-in-Charge, Lorne, Craigavad, Co Down, Ulster.

### Lorne Camp-Sites

Lorne offers fully equipped or unequipped camp-sites with solid shelter. Calor gas available. Applications should be sent to Miss Cynthia Mayne, 8 Kilmakee Park, Belfast BT5 7QY. Tel. Belfast 792457.

### Irene McKibbin Memorial Cottage, Lorne

A cottage available for Ranger holidays. For details apply to Miss Hilda Hirst, 119 Haypark Avenue, Belfast 9, enclosing SAE.

### Magilligan Camp-Sites

Three fully equipped sites with double Calor gas stoves for 24 to 30 campers. Two miles of sands. Large three-room hut with an open fireplace. For details apply to Mrs J Gibson, 61 Station Rd, Portstewart, Co Londonderry. Tel. Portstewart 2546.

### Glen Road Camp-Sites (nr Lorne)

Fully equipped for campers (one large or two small camps). Excellent hut for solid shelter with electricity. Bookings should be sent to Mrs Christine Gaston, 127 Harberton Park, Belfast BT9 6TX. Tel. Belfast 669391.



# HQ NOTICES



## Assistant Guider-in-Charge

is required for Our Chalet, the World Association of Girl Guides and Girl Scouts, World Centre in Adelboden, Switzerland, for

January 1986

The main responsibility will be for programme activities (walking and climbing, ski-ing) but also includes everything involved with the smooth running of the Centre (housework, showing visitors around, serving in our small shop, etc).

We offer a varied and interesting job in an international team. It is a residential post with accommodation and full board.

### Requirements

Understanding and experience of working with youngsters and adults. Guiding/Scouting experience. A good knowledge of English and, preferably, other languages. You should be physically fit, and within the age range 25-35.

If you are interested, please write for further details and an application form, to

**Hanna Newport, Guider-in-Charge, Our Chalet, CH-3715 Adelboden**



## POR Amendment

The following amendment was approved by the Executive Committee at its meeting on 7 February 1985.

### POR 23.8

Consultants specialising in particular aspects of an Adviser's subject. The term of appointment is for an initial period of three years which may be extended by a further two years.

## Enjoy a Working Holiday at Woodlarks Campsite

Offers of help from Guiders, Rangers and Young Leaders would be welcomed at camps for physically handicapped adults and children. If you are interested, please contact the Camp Leader at the address below, enclosing a SAE.

### Camp Dates 1985

**29 June - 6 July** Essex East Handicapped Guides and Rangers  
Mrs D G Spole  
109 Flemming Avenue  
Leigh-on-Sea  
Essex  
SS9 3AU

**20-27 July** Chailey Heritage Guides  
Miss S Blades  
12 Summerfield Close  
Minchinhampton  
Glos  
GL6 9JX

**27 July - 3 Aug** Birmingham Handicapped Guides  
Miss L Bateman  
127A Shortheath Road  
Erdington  
Birmingham  
B23 6LH

**10-17 Aug** Pathfinders (Guides and girls over 15 years)  
Rev Gillian Bobbett  
38 Sandown Avenue  
Swindon  
Wilts  
SN3 1QQ

**17-24 Aug** SW Region Handicapped Rangers  
Miss S Luxon  
3 Wentworth Close  
Toddington  
Dunstable  
Beds

**24-31 Aug** Explorers (Guides and others)  
Mrs A Crawford  
74 Lodge Hill Road  
Lower Bourne  
Farnham  
Surrey

## Short Term Investment Service

Monthly interest rate after deduction of management commission:

Dec '84	8.16%
Jan '85	9.88%
Feb '85	13.00%

Additional 0.5% p.a. for deposits of £2,500 and above.

## Scout & Guide Trust Fund

On February 28, 1985 the value of a share in the above Fund was:

for selling purposes	124.63p
for buying purposes	130.97p
income yield	4.39%

## CHQ Musical Instruments

Applications for loan of musical instruments will be considered at the end of June. The instruments available include a guitar and a trumpet. Application forms are obtainable from the Programme Secretary.

## 75th ANNIVERSARY METAL BADGE

At its meeting on 7 February 1985, the Executive Committee agreed that

'Brownies and Guides could wear the Metal 75th Anniversary Badge out of uniform'.

## Olave Centre Appeal

A great deal of money is still very urgently required for Phase II of the Olave Centre fundraising project. The Committee, however, would like to put in a plea that letters accompanying donations bear a clearly written title, name and address, to ease the task of deciphering! Also, a stamped, addressed envelope is most gratefully received to save the precious fund for its real purpose of creating the building.

## Help your Patrols to use TODAY'S GUIDE

July sees the start of a new six-part series entitled 'Pamela's Progress.' Its aim is to show how 'everything you do as a Guide is helping you to make progress' (p55 Guide Handbook). Each article will show how a Guide makes progress in one aspect of the Programme. The first two parts will concentrate on the younger girls and the Patrol Leaders. Later ones will be helpful to the older members of the Company. Guides will be shown how progress is the result of a series of steps. Perhaps some of these just happen but others must be planned by each Guide and Patrol. Do encourage your Guides not only to read the articles but also to tackle the section headed 'Something to Discuss' in their Patrol Time.

To keep the series practical and to illustrate step by step progress, each part will incorporate instructions for a possible Patrol activity. In the first article the topic is bandaging; clothes, conservation and patchwork will follow.

The series, though written for Guides, will also provide material which could be used with new Guide Guiders. District Commissioners may find it helpful as a basis for discussion at fireside training sessions because Guiders need help in order to recognise the progress that Guides are making. Guides and Guiders who follow this series will help themselves to enjoy the final section of the Trefoil Badges: 'Talk over with your Guider the progress you feel you made' and to understand the purpose behind it.



# IF YOU'RE A VOLUNTARY BODY, WE'LL GIVE YOU A HAND.

At the Shell Better Britain Campaign, we have 15 years' experience in helping voluntary groups improve the environment.

And this year, we aim to help even more.

We offer individual advice and up to date information. We can plug you into a nationwide network of contacts.

There are small grants to get you going.

And we give Achievement Awards for outstanding projects.

In short, we aim to help you over the difficulties and set you free to get on with the job.

The help starts with a free copy of our new Information Pack.

It's available from The Campaign Administrator, Dept GD, The Shell Better Britain Campaign, Nature Conservancy Council, Northminster House, Peterborough PE1 1UA.

In Scotland, write to The Shell Better Britain Campaign, Dept GD, PO Box 191, Aberdeen AB9 8XZ.

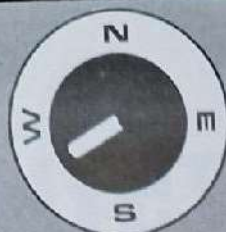


## **SHELL BETTER BRITAIN CAMPAIGN**

Help to make the difference.

A partnership between Shell U.K. Limited,  
The British Trust for Conservation Volunteers, Scottish Conservation Projects, The Nature Conservancy Council and The Civic Trust.





# ORIENTEERING



Let's assume that you have decided to take part in an orienteering event, and that you have the details about the time, date and venue. You will probably have to get there by car, unless the venue has been planned near a bus route. On arrival you will be told where to park the car and you should then make your way to the **Registration Point**. The list of courses available to you will be arranged either alphabetically or by colour. If it is an alphabetical list, 'A' will be the longest and most difficult course; if the list is colour-coded, the longest and most difficult course will be indicated by the darkest colour. The colour-coded list might look like this:

Black  
Brown  
Blue  
Green  
Red  
Orange  
Yellow  
White



Registration

Fig 6

For the beginner or for those who wish to go in pairs or groups the 'Wayfarers' course is ideal. This may be colour-coded White or Yellow, or it may just be called 'Wayfarers'. This course often has its own Start and Finish, tending not to share these points with those of other courses and is usually 2 to 3.5 kms long. Do not be tempted to consider this too short and try something longer, because if you **do** find it too easy, you can always try a slightly more difficult course next time: much better than attempting a course which is too difficult and not being able to complete it. It may come as a surprise to you that orienteers only expect to be out for about an hour (children of 13 and under stay out for less than an hour) and only adults of 20-30 years expect to be out for up to 2 hours.

Once you have decided on the course you wish to follow, you make your way to the car which has the name of that course clearly marked on a notice in its windscreen. This is where you pay your entry fee and receive:

1. A Map
2. A Control Description Sheet (Fig 6)
3. A Control Card (Fig 7)

YOUR CONTROL DESCRIPTION SHEET WILL LOOK SOMETHING LIKE THIS:-

YELLOW COURSE 2.5 km. 80 meters of climb.		
1.	F. A.	PATH JUNCTION
2.	X. P.	FENCE END
3.	T. R.	STREAM BEND
4.	B. N.	LARGE DEPRESSION
5.	S. A.	VEGETATION BOUNDARY CORNER
6.	Z. Y.	WALL CORNER
FOLLOW TAPES TO FINISH 75 meters		
COURSES CLOSE 3.30 p.m.		

Fig 7

THE CONTROL CARD WILL LOOK SOMETHING LIKE THIS:-

MAIN SECTION										STUB	
ALL COMPETITORS <u>MUST</u> REPORT TO THE FINISH										FINISH.....	
NAME.....					FINISH.....					START.....	
CLUB.....					START.....					TIME.....	
CLASS.....					TIME TAKEN.....					TAKEN	
COURSE.....										NAME.....	
										CLUB.....	
										CLASS.....	
										COURSE.....	
11.	12.	13.	14.	15.	16.	17.	18.	19.	20.		
1.	2.	3.	4.	5.	6.	7.	8.	9.	10.		

Continued on page 35



# Celebrate the 75th Anniversary in Style



We can think of no more appropriate way to celebrate the 75th Anniversary than with either a commemorative sweatshirt or tee shirt.

Not only smart but practical.

The Guider's sweatshirt is 100% acrylic with the Anniversary logo highlighted in 4 colour embroidery, and they're British made, so you can be sure of quality and value.

The tee shirts come in yellow, light blue, aquamarine and blue, covering all sections of the Movement. So whether you're a Brownie or a Guider, you can be sure you'll look your best in one of these British made tee shirts.

The 75th Anniversary celebrations can't last for ever, but with a sweatshirt or tee-shirt, the memories can carry on for quite some time to come. Order yours now.

**Tee Shirts.** This is a special range of good quality, British made Tee Shirts, covering all sections of the Movement. In Yellow, Light Blue and Aquamarine, the 1985 logo is printed centrally.

**Brownie (Yellow)**

<input type="checkbox"/> 90027	size 26	£2.75
<input type="checkbox"/> 90035	size 28	£2.75
<input type="checkbox"/> 90043	size 30	£2.75
<input type="checkbox"/> 90050	size 32	£2.75

**Guide (Blue)**

<input type="checkbox"/> 90068	size 28	£2.75
--------------------------------	---------	-------

<input type="checkbox"/> 90076	size 30	£2.75
<input type="checkbox"/> 90084	size 32	£2.75
<input type="checkbox"/> 90092	size 34	£3.50
<input type="checkbox"/> 90100	size 36	£3.50

**Ranger (Aquamarine)**

<input type="checkbox"/> 90118	Small (32/34)	£3.50
<input type="checkbox"/> 90126	Medium (36/38)	£3.50
<input type="checkbox"/> 90134	Large (40/42)	£3.50

**Guider (Blue)**

<input type="checkbox"/> 90258	Small (32/34)	£3.50
<input type="checkbox"/> 90266	Medium (36/38)	£3.50

£2.75
£2.75
£3.50
£3.50

<input type="checkbox"/> 90274	Large (40/42)	£3.50
<input type="checkbox"/> 90282	X Large (44/46)	£3.50

**Guiders' Sweatshirt Navy.** A fashionable sweatshirt, in 100% Navy Acrylic, with the 1985 logo, approx. 1 1/2 inch high, discreetly embroidered in four colours. British made for quality and value.

<input type="checkbox"/> 90142	Small	£8.95
<input type="checkbox"/> 90159	Medium	£8.95
<input type="checkbox"/> 90167	Large	£8.95
<input type="checkbox"/> 90175	Extra Large	£8.95

Print your name and address clearly in this coupon and send it with your cheque/PO made payable to the Girl Guides Association Trading Service (no stamps please) to the address at right. Full colour catalogue free on request.

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_



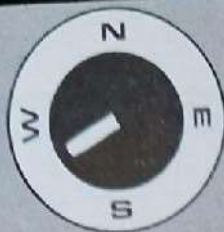
**GIRL GUIDES ASSOCIATION**

Girl Guides Association Trading Service, Atlantic Street, Broadheath, Aittrincham, Cheshire WA14 5EQ  
Tel 061 941 2237 9.00am to 4.30pm Monday to Friday

These items are also available at any of the Girl Guides Association Shops at 17/19 Buckingham Palace Road, London SW1W 0PT, 130 Green Lane, Palmers Green, London N13 5UN, 5 Ryder Street, Birmingham B4 7NE, 117 St. George's Way, St. John's Precinct, Liverpool 1, and 14 Faraday Street, Manchester, M1 1FS, who can supply all your Guiding requirements.

**When you buy from the Movement, we all benefit.**

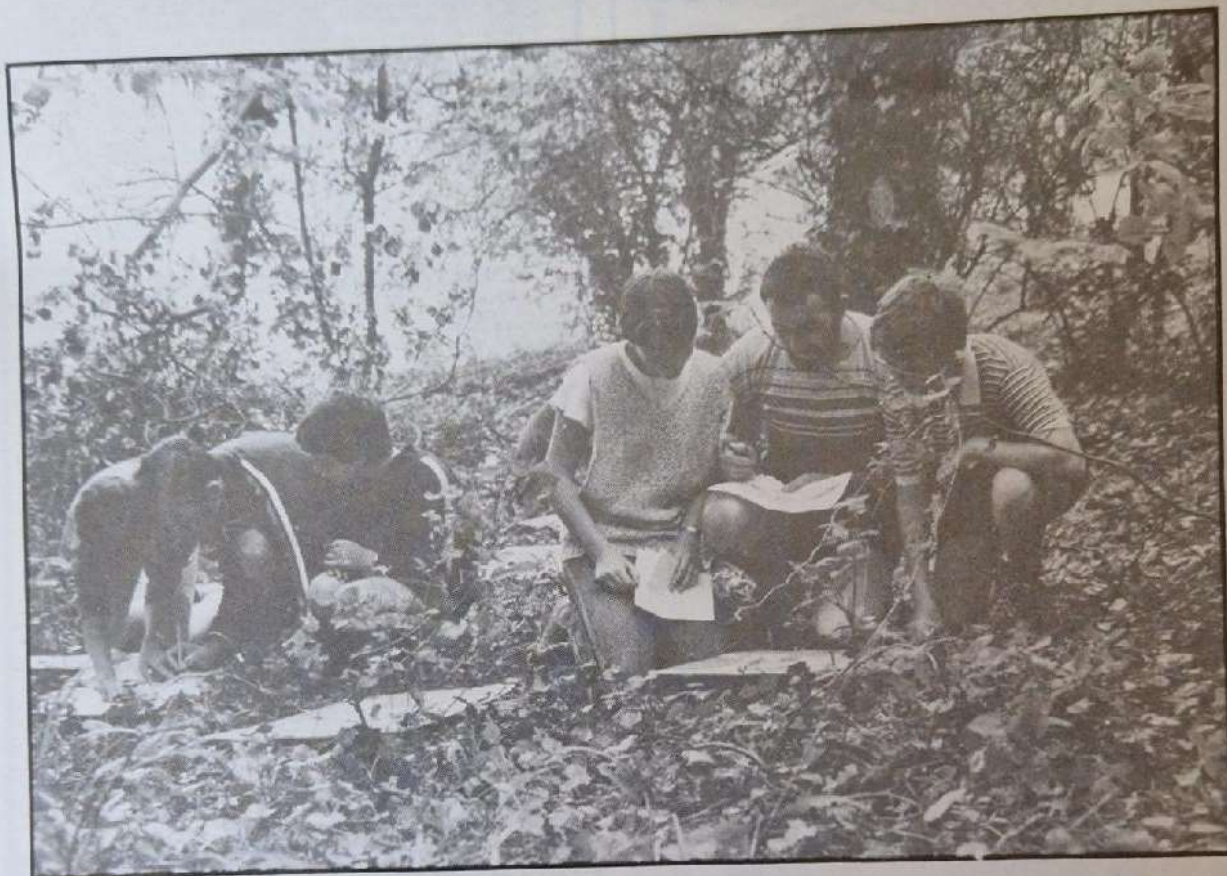




# ORIENTEERING

3

Continued from page 33



The Master Maps

Entry fees vary considerably from 50p to £2.00 and sometimes even more; competitors of 18 years and under pay from 30p to £1.00. You will also be given a start time at this point. Be sure to ask how far away the Start is so that you leave yourself plenty of time to get there. You should also allow yourself at least half an hour before you set off so that you can fill in your Control Card, copy any map corrections onto your map, and generally prepare yourself for the course.

It is wise to return to your car, fill in your name on both parts of the Control Card and check that you are wearing the right clothes. You should also make sure that you have a whistle, a red ball-point pen, a compass, the map, the Control Description Sheet, and the Control Card. The latter three items should be placed inside a clear polythene bag. Experienced orienteers have special bags with a separate section for the card and description sheet which allows them to punch right through the polythene. In this way the Card does not have to be taken out of the bag until the orienteer reaches the Finish. As you are not likely to have one of these bags, however, it is recommended that you pin your polythene bag to your clothing; beginners frequently lose their Control Card or Control Description Sheet, or even both!

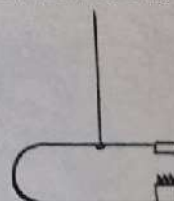
The whistle is for emergencies only. The red ball-point pen is for copying your course from the Master Map.

If you are interested in receiving the results of the event through the post there is usually a box with envelopes and a price marked on the front (15p to 20p). You write your name and address on a blank envelope and put the fee inside and place it back in the box. In 2 to 4 weeks' time you should receive a copy of the results.

Your start time will probably have been filled in on both the main section and the stub of your Control Card at the Registration point. The stub is collected in at the Start, but the main section is carried around the course with you as mentioned above. At each Control you will find a set of clippers which you use to punch the appropriate square on your Control Card as you go along (Fig 8). The teeth on the clippers give different patterns so that it is possible to check that you have been to the correct controls.

Fig 8

A CLIPPER LOOKS LIKE THIS:-



Continued on page 49



# HOW MUCH CAN YOU DO IN A DAY AT

## Thorpe Park

Thorpe Park is THE place for a great family day out. Our "one ticket" system means that after paying the initial entrance fee, all rides and attractions are free! Treasure Island, Space Station Zero Ride, Phantom Fantasia, Cinema 180, Water Gardens, Children's Rides, Thorpe Farm, Roller Skating (Skate Hire Available), Waterbus Trips, Mr. Rabbit Show, Thorpe Belle, Model World, Aeroplanes, Cap'n Andy's Revue, Boating, Magic Mill and lots more.

### PAY ONE PRICE

Additional charges are made only for watersport, roller skate hire and coin operated amusements (including radio controlled models).

### ADMISSION RATES INDIVIDUALS

Adults £4.50, Children (under 14 years) £4.00, Senior Citizens £4.00, Handicapped Persons £3.50, Attendants for the Handicapped FREE, Children (under 3 years) FREE.

**GROUPS** 20 persons or more. As above, less 50 pence.

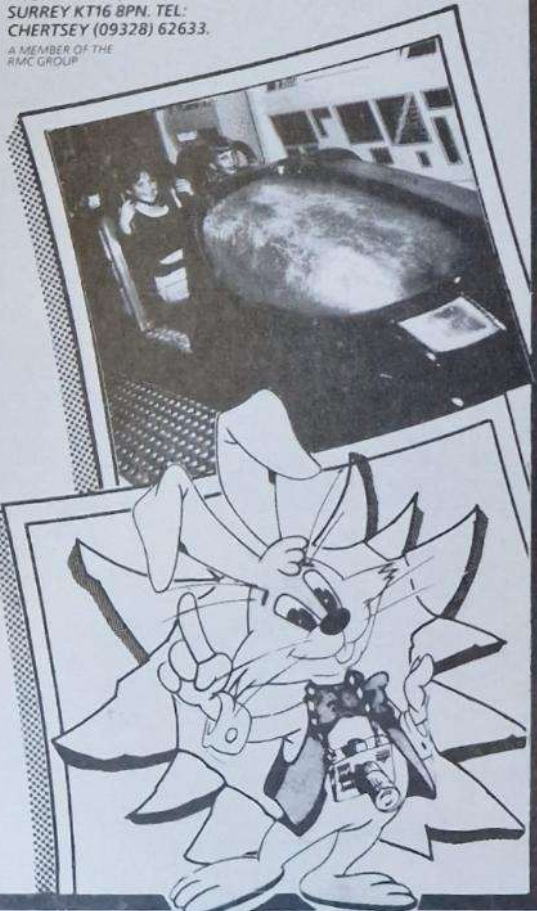
### SENIOR CITIZENS - SPECIAL EARLY SEASON OFFER

Save £1.00 off Normal Admission! (Offer applies from 22nd April to 31st May inclusive - Saturdays, Sundays and Bank Holidays do not apply.) ONLY GUIDE DOGS ARE ADMITTED TO THE PARK.

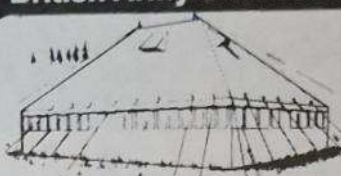
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## British Army UNIVERSAL MARQUEES



Reissued, but in excellent GRADE 1 condition with all accessories.

30ft x 20ft approx.

ONLY £475

(callers welcome or add 10% for carriage)

All tentage supplied ready to erect complete with 2 Roof Ends - One Roof Section - Four 27ft walls - or 11 small walls - Eight Bracing Lines - Two Quad Weather Lines - Pin Valise - Two mallets - One 9ft Ridge Pole (in one section) - Two 12ft Upright Poles (in two sections) - 32 Wall Poles - 8 Large Stakes and all necessary pegs - One Large Valise. All Marquees are 12ft high and have 5ft 6in side walls.

### SPECIAL OFFER!

17ft x 17ft MARQUEE Centre Pole, 5ft 6in walls £350 (callers welcome or add 10% for carriage)

ALSO AVAILABLE ISSUED CENTRE SECTIONS ONLY £175 COMPLETE (callers welcome or add 10% for carriage)

ALL Marquees can be extended to any length by adding a 9ft centre section, comprising a canvas middle section 9ft wide, one 9ft ridge pole, one 12ft upright pole (in two sections), two small walls, 6 wall poles, one double weather line, two bracing lines and 6 pegs.

### MARQUEE SPARES

Roofend Outer	£125 (carr. £4.50)
Roof Section outer	£100 (carr. £4.50)
Weather line double rope	£7.50 (carr. £2.50)
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Weather line quad rope	£15 (carr. £4.50)
Large Valises	£10 (carr. £2.50)
Ridge Pole 9ft (one piece)	£20 (carr. £4.50)

### ARMY 160 POUNDER £150

(carr. £7.50) Issued but in good condition

ALSO: BRAND NEW £250 (Carr. £7.50)

Superb ex-Govt tentage guaranteed storm-proof. 14ft long, 14ft wide, 7ft high, 27in walls. Dutch lacing doorways each end, can be rolled up. Supplied with accessories.

Pegs, Poles, Mallet and Valise. 14ft.

Ridge Tent Spare poles (three 7ft uprights and one 14ft ridge pole). £27.50 (carr. £5.00).

FLYSHEET re-issue condition 14ft x 19ft £50 (carr. £5.50).

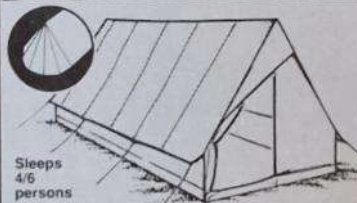
UNUSED GROUND SHEET 14ft x 14ft water, rot and tear resistant. £29.50 (carr. £2.50). Also available in PVC £12.50 (carr. £2.50).

### 144 RIDGE TENT

★ ALL NEW - ARMY 80 POUNDER TENT. Specifications as 160 pounder above, but 8ft long, 14ft wide, 7ft high, 27in walls, 8ft ridge. £150 each (carr. £7.50).

### DINING SHELTER £75

(carr. £5) 14ft x 19ft complete with pegs, poles, mallet, main lines and valise.



Sleeps 4/6 persons

### RELUM PEARL GIANT RIDGE TENT ONLY £65

(plus £3.50 carr.)

TREMENDOUS VALUE! ONE OF OUR BEST OFFERS!

GIANT in size! SUPERB in quality! Made in 9oz Blue TERKA canvas. It will stand up to most weather conditions. Built-in groundsheet. All-round zip doors. Hooded porch. Ample storage space in bell-end. British galvanised steel poles. Guy ropes are nylon with rubber tension. Approx weight 35lb. Size 13½ft long, 10ft along ridge. 6½ft wide, 6ft high and 18in walls.

ALSO AVAILABLE: Smaller model THE PEARL £55 (carr. £3.50) 10ft long (inc. 3ft 6in bell end 6ft 3in wide, 6ft high and 30in mudguard walls. Sleeps 3/4 persons.

### FLUSHING SANITARY TOILETS

Porta Potti, Racasan, SPECIAL PRICES - phone for details.

### EX-GOVT. MISCELLANEOUS STORES

MATTRESSES. New white cotton duck, 6ft x 2ft 2in deep, Dense core filling	£7.50 (carr. £2.50)
ALSO: BRAND NEW, top quality interior sprung mattresses, 6ft x 2ft x 7in deep	£12.50 (carr. £5.00)

Camp beds, brand new, collapsible, 6' x 2' with cotton duck top	£7.50	p/p	£2.50
Aluminium dixies, 30 pint, unused complete with lid and steel carrying handle	£14.00	p/p	£1.75
Metal dixies, 5 gallon capacity	£7.50	p/p	£1.75
Bed rolls, Officers' issue, waterproof canvas, blanket lined	£7.50	p/p	£1.75
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Stuff bags, large white cotton duck with drawstring	£2.75	p/p	£1.25
Backpacks, Army and Airforce style, brand new	£5.50	p/p	£1.25
Webbing straps, white, 30in long, 1½in wide	10 for £1.00	p/p	60p
PVC Waterproof sheets, 6ft x 6ft, heavyweight	£2.50	p/p	£1.25
PVC Waterproof sheets, 12ft x 8ft, eyeletted ideal all purposes	£4.50	p/p	£1.25
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Kit Bags - Khaki, with carrying handle and sling (USED)	£3.25	p/p	£1.25
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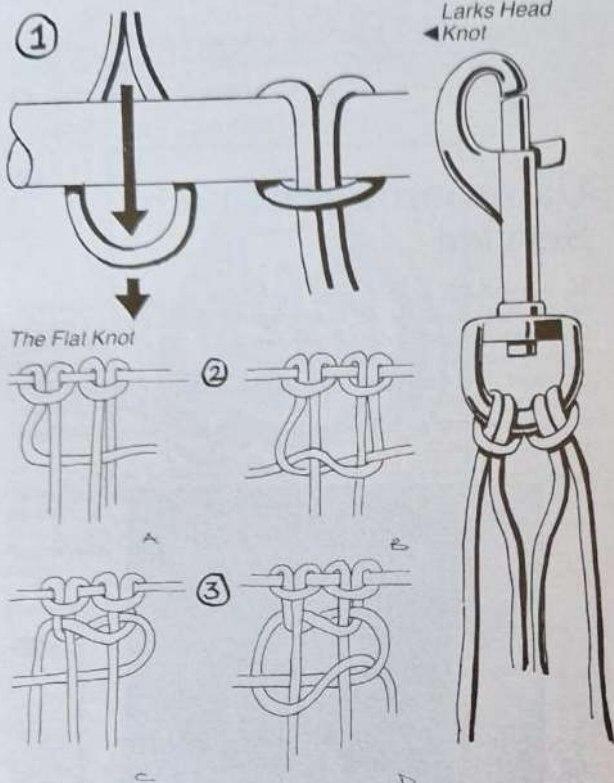
- All measurements shown are approx
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# Make Your Own..



## Part 7: Macramé Dog Lead

From an idea by Kate Roberts.

### You will need:

2 pieces of string for practising  
2 pieces of string each 5.5 m long and about 5 mm in diameter  
A piece of string 1 m long  
A dog lead end — obtainable from most pet shops  
Scissors  
Large needle  
A book about knots. Those currently in the Trading Service Catalogue are:—  
'The Spur Book of Knots'  
'The Knot Book' by Geoffrey Budworth  
'Help Yourself to Knotting' by Aline Speed

If you have a copy of either 'The Girl Guide Book of Knots' or 'Help Yourself to Knotting and Lanyard Making' that will be fine.

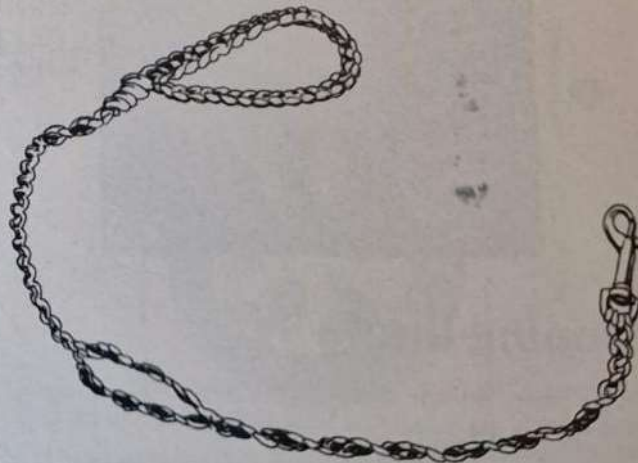
2 MOUNT X COVER X COLLECT X CUT OUT X MOUNT X COVER X COLLECT X CUT OUT X MOUNT X COVER X COVER

### How To Make It:

1. Practise tying a Larks Head Knot round a pencil with some spare string. For a flat knot hold the core taut and take the working strands A and B, one in each hand. \*Pass A over the core. Pass B down over A, under the core and up through the loop of A on the opposite side. Pull tight and push up. Repeat the instructions from \*. Notice that A always passes over the core and B under it. (See diagrams 2 and 3).
2. Using a scrap of string fasten the loop of the dog lead end to a chair leg.
3. Fold each of the two long strings so that one end is 4.25 m long and the other 1.25 m long. Attach them to the dog lead end with a Larks Head Knot as shown in diagram 4.
4. Work in flat knots until the work is 12 cm long.
5. Look up how to tie other knots such as spiral sennit, single chain or North, South, East and West. Work 12 cm lengths of each knot until the work measures 60 cm. Do 30 cm of flat knot to make the handle loop.
6. Turn back 15 cm of the flat knot work. Leaving 20 cm of spare string on each end, cut off the surplus. Use a large needle to thread the ends back through the core.
7. Take the 1 m length of string and work West Country Whipping very tightly around the join for 3-4 cm. Finish with a reef knot and thread the ends back through the whipping.

### Hints for Guiders

The length and thickness of the lead can be adjusted to take into account the size and weight of the dog or the height of the person using it. Many variations can be created by using different types and thicknesses of string and different knots. If you use eight thinner strands you could include spiral plait, chain plait, half hitch lanterns, or square sennit. What other useful and decorative articles can you make? Try jewellery, belts, lanyards or a loop to hold a torch or keys. Perhaps your Guides could use their dog lead as part of the Knotter Badge.







# Your Thinking Day Celebrations



Photo courtesy of S. Eventt



## Gainsborough Church Service

75 years of UK Guiding were celebrated by the Lincolnshire/ North Humberside South County at All Saints Parish Church, Gainsborough on Sunday 24 February. Over 1,000 Brownies, Guides, Rangers and Young Leaders were joined by their Commissioner Mrs Jane Garside, and the County President Mrs Christine Tasker. The Union Flag, County and Regional standards were paraded into Church with 48 Unit flags, creating a colourful spectacle.

## The Girl Guides Birthday Cake

The 2nd Battalion Scots Guards very kindly presented Guides and Brownies at St John's School, Episkopi, Cyprus with a 75th birthday cake which measured 30 inches square and contained over 300 eggs! The cake which was the hard work of Corporal Campbell (ACC), was ceremoniously cut after the Thinking Day Service by Mrs Vivian Offard — President of the Movement in Cyprus; she also accepted a cheque on behalf of the NSPCC from the 2nd Episkopi Brownies.

Photo courtesy of British Forces Cyprus PR



Photo courtesy of the Herald Express



## Shining Bright

Esther Baylis, Brownie Guide from St John's Pack, Torquay, lights a special candle to celebrate the birthdays of Lord and Lady Baden-Powell and Thinking Day.

## International Celebration

The County of Middlesex North-West got its 75th Anniversary celebrations off to a moving start with a multi-faith service on Sunday 24 February, in the Arena at RAF Stanmore. The service revolved around the World Badge, with the six Divisions interpreting the symbols in a variety of ways. One group portrayed the sun in dance form and there were also speeches, a choir and a band. To underline the true tolerant and international aspect of Guiding, prayers were said in English, Hebrew and Ismaili.





# WHAT WHEN and HOW MUCH?

If you have ever been confused about some of the badges which are sold, this article may help to clarify the matter.

Guide badge, woven Code 42465 Price 28p

Guide badge, iron-on Code 41731 Price 27p



Ranger Guide badge, woven Code 42077 Price 50p

Ranger Guide badge, iron-on Code 42069 Price 27p

These may be worn on 'alternative wear and out of uniform.

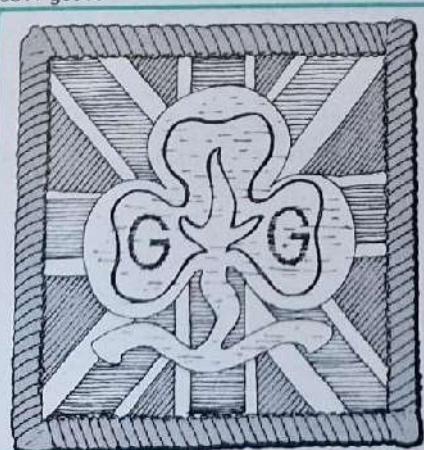


British Friendship badge, metal Code 42283 Price 60p

cloth Code 42291 Price 18p

This is for members of the Association in the United Kingdom and the countries she represents in the World Association to give to Guide friends in other countries.

The British Friendship badge should not be confused with the Guide Friendship which is an interest badge and only purchased as 'Registered A' goods.



Union Flag Emblem, woven backed and interlocked.

Code 40790 Price 18p

This is worn by Guides, Rangers, Young Leaders and Guiders while travelling abroad.



World Flag Emblem, ribbon Code 40808 Price 7p

Worn by Guides, Rangers and Young Leaders in place of the Union Flag Emblem on return to this country while still members of the Section to which they belonged when travelling abroad.



World Badge, metal Code 40816 Price 44p

May be worn out of uniform and on uniform by all members, see POR Handbooks.

World Badge, cloth Code 24034 Price 45p

May be worn on uniform only. World Badge miniature.



\* Alternative wear, see POR Rules 59.2, 60.2, 61.2.



**MARY-ANN TOYS**  
1985 ANIMAL TOMBOLA

FULL SALE OR RETURN

STOCK CAN BE CARRIED FORWARD

FREE TICKETS


ALL QUALITY BRITISH MADE TOYS

FREE DELIVERY

WIDE VARIETY OF TOYS

NO PAYMENT UNTIL AFTER EVENT

DIRECT FROM MANUFACTURER



I found the quality of the toys very high, and everyone who bought a ticket came back wanting to buy some more. The tombola was enjoyed by children and adults.

2nd Edgware Scout Group

May I, on behalf of my leaders, Cub Scouts, and Scouts, thank you, the Management and staff of Mary Ann Toys for this wonderful idea in money raising efforts.

7th Jarrow Scout Group

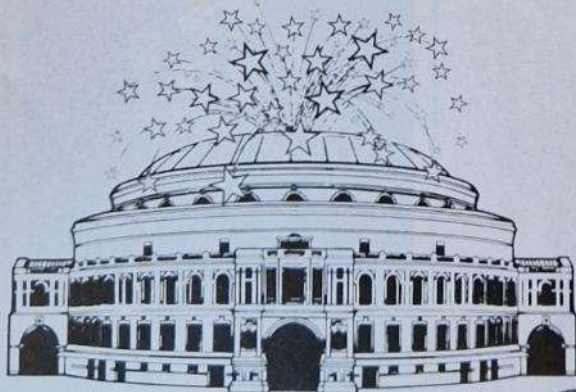
We have always been delighted with your quality and service over the past few years.

Beckwiltshaw Village Hall  
Gala Committee

Send for details to:

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TELEPHONE: (0205) 67081 (Office) (0205) 66175 (Factory)

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# Festival 85



A feast of music and dance with an international cast of Scouts and Guides

Produced and directed by Ian Grant

The Royal Albert Hall, London  
(General Manager, D. Cameron McNichol)

Saturday 19th October 1985 at 7.30 p.m.

Presented by The Scout Association and The Girl Guides Association

## BOOK EARLY!

Post this coupon to:  
Festival '85 Box Office,  
The Scout Association,  
Gilwell Park,  
Chingford,  
LONDON E4 7QW.

(Opens 1st August 1985)

Please supply tickets as follows

Seats	Price	No.	Amount
GRAND TIER BOXES	£8.00		
LOGGIA BOXES	£7.00		
2ND TIER BOXES	£6.00		
STALLS	£5.00		
ARENA (A,B,C,D)	£5.00		
ARENA (E,F)	£4.00		
BALCONY	£3.00		

TOTAL £

So as to avoid disappointment should your first choice of seats be unavailable, please state a second choice of seats:

In .....

No. .... Price .....

I enclose a cheque/postal order made payable to THE SCOUT ASSOCIATION and a stamped addressed envelope.

PLEASE USE BLOCK CAPITALS

Name .....

Address .....

.....

.....

.....

Tel. No. (Daytime) .....



# THEME EVENINGS

## Have a Settler's Barbecue

American Independence Day falls on 4 July and provides an excellent theme for an end of term barbecue and barn dance, or a special theme day in camp.

### Pioneering

If you have a whole day at your disposal there is plenty of time for some real pioneering, so make use of the excellent 'Pioneering' series which appeared in the December 1983 to March 1984 issue of *GUIDING*. This series gives you step by step instructions for building bridges, ladders and a basic raft, and even shows you how to tie the knots, and provides useful hints about the materials required and how to get hold of them. Ask around the Division or the County (Camp Advisers and Outdoor Activities Advisers should be able to advise you) if you need help. Invent a story line to fit in with the theme: you are a community of settlers who have just arrived in America and are embarking on a journey across country in order to reach your destination, each group (Patrol) has to build something to help you all on your way:

swing/rope bridge  
rope ladder  
raft  
emergency shelter

### Crafts

When you have arrived at your destination, you will all have to set about making household items. Sewing bees were very popular among the women who would accompany the menfolk on journeys to 'neighbouring' farms; while the men gathered in the cotton or felled the trees, the women would get together to make quilts, or rugs. These visits often lasted for a week and were great occasions for socialising. Choose a craft from the suggestions below and recruit a friend to come for the afternoon to show the girls how to do it. Your County Arts Adviser should be able to put you in touch with someone, and your local library will be an invaluable source of literature on these subjects:

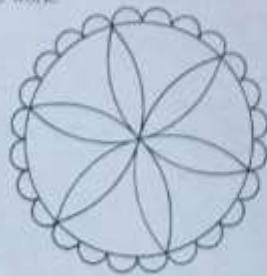
patchwork      spinning\*  
samplers      candle making  
rag rugs      basket weaving\*

\* The September 1984 and January 1985 issues of *GUIDING* magazine had introductory articles on these two subjects.

### Hex Signs

German settlers of Pennsylvania used to decorate their barns with 'Hex' signs: large white circles incorporating geometric designs and painted in bright colours. Use a pair of compasses to draw a circle and the curved lines within it (see the diagram below) to create a flower with six petals. This is the basic design and it can be adapted by adding decorative borders and more geometric shapes.

Hex signs can be used to decorate invitations or paper plates for the barbecue, they can be painted on to pebbles to make souvenirs, or they could be used as designs for stencils and appliqué work.



Courtesy of The Ulster-American Folk Park



Courtesy of The Ulster-American Folk Park

### Barbecue

It goes without saying that at the end of a hard day's work people should want to enjoy themselves, and what better than a barbecue and barn dance to end the day. Sausages and baked beans spring to mind, with popcorn to follow, but why not be a little more adventurous and try out some real American pioneer recipes like pumpkin pie, apple butter, bran muffins or these Uncooked Cookies:

#### American Uncooked Cookies

For 12-16 cookies you need:

4-6 oz prunes  
Water  
10 oz biscuit crumbs (digestive)  
4 oz sugar  
1 tablespoon golden syrup  
5 oz butter  
vanilla essence  
10" square baking tin or 2 x 7" sandwich tins.

1. Soak prunes overnight and dry out for a short time.
2. Cut prunes into small pieces.
3. Crush the biscuit crumbs finely.
4. Mix all other ingredients — sugar, syrup, butter and vanilla essence. Cream until soft, then work in the crumbs and then prunes.
5. Put into lightly greased tin and leave in cool place to set.
6. Cut in portions with a knife dipped in hot water and shaken dry.
7. Sprinkle with sugar or icing sugar.

If you write to the Education Officer of the Ulster-American Folk Park (address below), enclosing a SAE he will send you a copy of the leaflet 'American Pioneer Recipes'. Dress up in settlers' costumes and have a barn dance with traditional square dancing and a caller:

'Hi ye folks, hi ye all  
Honour your partner one and all.  
Eight around to the left you go  
You don't go fast, you don't go slow  
Swing your partner one time more  
Let that fiddler take the floor . . .

Again, your County Arts Adviser should be able to help you, and your local library may have books to help you.

Finally to round off the evening, sing some traditional American songs around the campfire: Guides Song books are a useful source for some of these eg 'The Peanut Song' and 'Sh-ta-ra-dah-dey' from 'Songs for Tomorrow' and 'Twiddle Widdle Twing' from 'The Second Book of Campfire Songs'.

#### Useful Addresses:

English Folk Dance  
and Song Society  
Cecil Sharp House  
2 Regent's Park Road  
London

Country Dance and  
Song  
Society of America  
305 8th Avenue  
New York  
NY 10018  
USA.

Education Officer  
Ulster-American Folk  
Park  
Campbell  
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Middx. UB6 8LW. Tel: 01-997 2501.

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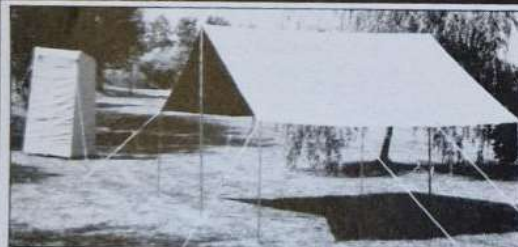
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C6/83

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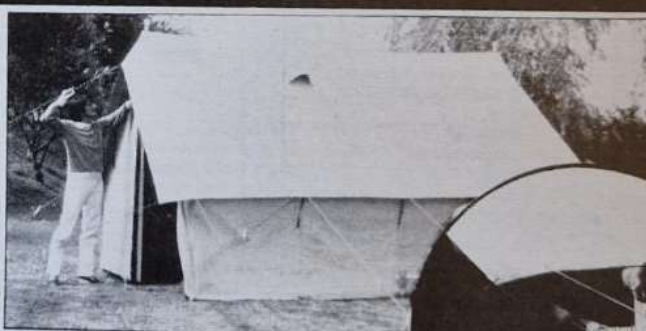
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Well-known children's author Rachel Anderson helps her readers to see that the similarities between the problems, feelings and day to day experiences of Tim, who is mentally handicapped, and their own are greater than the differences. This is a book to encourage understanding and break down barriers.



**Girl Guides, by Nancy Scott,**  
Ladybird Books, £1.75.

This new book on the Girl Guides completes the series of four on the Scout and Guide Movement. It covers the history of the movement and how Guiding began through to the present day modern image. Illustrated with excellent photographs and touching on every aspect of the eight point programme it shows clearly the full range of activities in an easy to follow format — from the Promise, to camp fires and fund raising. Brownies going to Guides or those starting for the first time would find the book invaluable. It would also be a great asset in a Brownie or Guide Guide's cupboard.

**MSC**

**Mountaineering and Leadership, by Eric Langmuir.** The Scottish Sports Council & The Mountain Walking Leader Training Board, £9.80.

As the current official reference book for mountaineering and hillwalking leaders in the British Isles, 'Mountaineering and Leadership' offers information on all

aspects of hill walking. Included are chapters on practical skills — navigation, campcraft, walking skills, security on steep ground, walking and climbing on snow and ice, mountain weather, safety first and rescue, all from the leaders' viewpoint and with numerous training ideas. Sections on access and conservation and on the philosophy of leadership, make this a thought provoking, as well as informative book.

The sections on clothing and equipment are confined to outlining the underlying principles, which is perhaps wise in view of the rapid developments taking place in this field.

The text is eminently readable and the division of chapters into sections and subsections facilitates easy use of reference, but the lack of an index is a great disadvantage in a book of this type. The ample pictures and diagrams are clear and explicit.

As the long awaited revision of the original hillwalking and mountaineering handbook — 'Mountain Leadership and with its strong emphasis on leadership' — this book must be an

asset to the bookshelf of any Guider with an interest in walking in high places.

**AB**

**Looking at Weather, by Ingrid Holford.** Weather Publications, £1.95.

Have you wondered what the wind is, why clouds form and where all the wet weather comes from? This very informative book will help to answer such questions.

The author has written many articles about the weather over the years and also lectures about meteorology.

Excellent diagrams accompany the text and the red and blue colours used will help the reader visualise the warm and cold ingredients of weather. Guides who are keen to gain their Weatherman badge should certainly find this book very interesting and useful, helping them to look at the sky with new understanding.

Available from Weather Publications, 5 Oberfield Road, Brockenhurst, Hampshire SO4 7QF, £1.95 inc. postage.

**OMC**

*Continued from Page 13*

is to mulch (garden compost can be used for this — a mulch comprising a thin layer spread over the surface of the soil) the top growth of soil in late spring to early summer. Weedkillers, if used, should be applied with great care (this is the case with any chemicals used in the garden, such as those used for sterilizing pest-ridden or diseased soil). Diligent attention to weeds really pays off, and even unused areas of ground should be kept free from them (the practice is good for you!) There is no room to elaborate here on soil sterilization — suffice to say diseased or pest-ridden soil and plants should be dealt with immediately, and garden hygiene in general should be a regular feature of your work, especially so if growing anything edible.

## Planting and Sowing

Plants can be bought in three forms: container grown, which can generally be planted at any time of year and are therefore perfect for the 'instant' garden; bare rooted, with no soil round their roots; and balled plants, which come with their nursery soil held round their roots in sacking. When you plant, ensure that the hole you dig is wide and deep enough to accommodate all roots, and to support the plant firmly. Soil should be gradually trickled over and around the roots, as, holding the stem, you lift the roots up and down sev-

eral times to expel any air pockets. Then fill the hole with more soil, firming it down each time until the plant is firmly set. Plants etc bought from the garden centre or nursery should come with instructions, but always ask if in doubt.

Seed sowing requires moist (but not 'tacky') soil so choose a day after suitable rainfall, or water the soil lightly. You will need a garden line (made from two sharp sticks about one inch long and a piece of cord which will determine the length of the row of seeds — you can buy or make one) to ensure straight rows, and a stick to make a shallow furrow. Shake the seeds from the packet or trickle between thumb and forefinger, although larger seeds can be spaced separately. It is best to sow seeds as thinly as possible to spare yourself excessive thinning later on, although this will still be necessary as the seedlings develop, until the correct spacing has been achieved. Over-crowded seedlings compete with each other for nutrients, which produces disappointing results. Immediately after sowing water gently, and as with all planting and sowing, mark each row with the appropriate name.

Problems often occur with germination of seeds, but don't give up as there is usually a simple reason. Seeds should not be sown too early; the warmer the climate, the earlier you can start (the beginning of March is the usual time for spring sowing), and if you have a protective cloche or frame it can be earlier still, but a colder

climate might dictate late sowing, even into early April. The heaviness of soil will determine how deeply the seeds should be sown; if dug too deeply in heavy soil they will have a struggle to emerge, and so should be placed nearer the surface at about a depth of half an inch. Also, not everything can be raised from seed outdoors — half-hardy plants need protection initially and are usually sown indoors first before being planted out. This involves more care and equipment (ranging from seed trays to electric propagators) but is well worth the effort. You can buy already germinated seedlings from nurseries if you do not have the time or equipment to nurture them yourself. Once established, seedlings need careful attention including gentle watering and light hoeing in the surrounding soil to thwart any incipient weeds.

Once plants, flowers, shrubs etc are established, maintaining your garden should provide no long-term problems if you tend it regularly as already discussed. Trimming the lawn and hedges, weeding and watering, clearing up rubbish and dealing promptly with pests and diseases are all worth the effort when the result is a flourishing garden. Successful gardening relies very much on good basic knowledge and a lot of common sense; this, coupled with a reasonable amount of dedication, should make your garden a pleasure to maintain (and the exercise is good for you too!).



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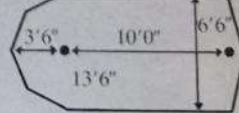
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Telephone (0728) 3271



# Double Acrostic No 72 by Brenda Hughes

## Clues

- A. More people know him than he realises. (7)  
 B. It could be laughter or perhaps a tree. (6)  
 C. Head-dress for a lug? (6)  
 D. Evident in Savernake, decidedly exposed. (5)  
 E. 'And may there be no sadness of farewell, When I -----' Tennyson, Crossing the Bar. (6)  
 F. Deer remove it, moles wear it. (6)  
 G. '----- that he heard it once; we shall hear it by an by'. Browning. (6)  
 H. Come here, join Derek for the answer. (9)  
 I. Harem guard. (6)  
 J. Note site for a hybrid rose. (8)  
 K. 'Glory be to God for ----- things'. G M Hopkins. (7)  
 L. This sum makes a connection. (7)  
 M. Can't manage to be distinguished. (7)  
 N. Top ones for sails. (8)  
 O. Ancient trombone. (7)  
 P. Tattler betraying a recording clock. (8)  
 Q. Not quite grey. (3,5)  
 R. Pulls at the oars in lines. (4)  
 S. Beetle's song. (9)  
 T. Spoil X for an animal. (6)  
 U. This sable will settle. (9)  
 V. 'It is a tale told by an idiot, signifying -----' Shakespeare. (7)  
 W. Do you put sand in it? (7)  
 X. The Magi were. (6)

## Double Acrostic Rules

Solve the clues and write the answers in the numbered grid on the right. Transfer the clues to the corresponding numbered squares in the grid below. When this is complete, you will have a quotation from a book (or poem etc), the title and author of which will be found in the initial letters of the answers to the clues.

A small prize will be awarded for the first correct entry opened on the 20th of each alternate month.

Please send entries to: Acrostic (insert appropriate number), The Editor, GUIDING, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT. It would also be appreciated if readers could attach to their entries a brief note about their preferred reading material. A photostat of the Double Acrostic page will be perfectly acceptable from those readers not wishing to damage their copies of GUIDING.

The winner of Double Acrostic No. 70 is Mrs A Sambrook, Tamworth, Staffordshire.

A	11	35	63	47	5	40	22
B	27	16	16	102	62	7	
C	23	152	47	139	12	42	
D	18	144	37	30	89		
E	164	75	38	128	133	54	
F	92	48	107	68	76	44	
G	24	29	112	53	32	58	
H	6	69	159	126	70	31	122 103 148
I	64	17	119	50	66	96	
J	78	136	99	131	28	46	55 118
K	19	120	123	25	161	141	94
L	109	9	57	43	81	149	135
M	121	132	72	105	51	162	156
N	60	88	129	13	77	127	95 143
O	15	67	53	4	106	124	99
P	100	115	130	86	104	52	3 97
Q	116	137	1	26	153	150	111 82
R	84	91	34	165			
S	49	74	65	101	59	157	146 45 33
T	90	20	39	113	93	145	
U	108	138	125	8	158	98	163 10 87
V	110	56	134	114	80	153	85
W	154	41	21	142	117	2	71
X	140	36	151	73	160	61	

## Solution to Double Acrostic No 71

In those early days the idea of girls camping, acquiring greater powers of observation and deduction, preparing themselves for any emergency and generally learning a great number of useful skills, many of them out of doors, was considered shocking, unseemly and unwomanly.

Girl Guide Album, Cynthia Forbes.

Q 1	W 2	P 3	O 4	A 5	H 6	B 7	U 8	L 9	U 10	A 11	C 12	N 13	B 14	O 15	B 16	I 17	D 18	K 19	T 20
W 21	A 22	C 23	G 24	K 25	Q 26	B 27	J 28	G 29	D 30	H 31	G 32	S 33	R 34	A 35	X 36	D 37	E 38	T 39	A 40
W 41	C 42	L 43	F 44	S 45	J 46	C 47	F 48	S 49	I 50	M 51	P 52	O 53	E 54	J 55	V 56	L 57	G 58	S 59	N 60
X 61	B 62	A 63	I 64	S 65	I 66	O 67	F 68	H 69	H 70	W 71	M 72	X 73	S 74	E 75	F 76	N 77	J 78	O 79	V 80
L 81	Q 82	G 83	R 84	V 85	P 86	U 87	N 88	D 89	T 90	R 91	F 92	T 93	K 94	N 95	I 96	P 97	U 98	J 99	P 100
S 101	B 102	H 103	P 104	M 105	O 106	F 107	U 108	L 109	V 110	Q 111	G 112	T 113	V 114	P 115	Q 116	W 117	J 118	I 119	K 120
M 121	H 122	K 123	O 124	U 125	H 126	N 127	E 128	N 129	P 130	J 131	M 132	E 133	V 134	L 135	J 136	Q 137	U 138	C 139	X 140
K 141	W 142	N 143	D 144	T 145	S 146	A 147	H 148	L 149	Q 150	X 151	C 152	V 153	W 154	Q 155	M 156	S 157	U 158	H 159	X 160
K 161	M 162	U 163	E 164	R 165															



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**Forest of Dean** — Parkend Church Campsite. £1 pppw. Rev Watkins 0594 562284.

**Cruise the Kennet & Avon** Navigation. 12-berth skippered or 6-berth self-steer narrowboat. Weekend, short or long bookings. Brochure: Bristol Narrowboats, 4 Whitland Avenue, Bristol BS13 9QQ. Tel: 0272-641075.

**Family Accommodation.** 6-berth brick built chalets, colour TV, shower, WC, electric stove, hot and cold water. 9 sleeping accommodation. Near sea, shops, camp. Sae Avondale Camp, Towyn, Clwyd.



**Self catering hostels** for groups around the Peak District. Grin Low (Buxton). Hopton and Wharf Shed (Cromford). Fully equipped. Ideal bases for outdoor activities. For leaflet write to county Planning Officer, County Offices, Matlock or telephone Matlock 3411 ext. 712. Derbyshire County Council.

**Lake District/Pennines.** Indoor accommodation at Sedburgh Scout Centre, suitable for Guides and Rangers, open all year. Contact J. Hansford, 4 Guldrey, Sedburgh, Cumbria. Phone Sedburgh 20852.

**Olde Worlde Thatched**  
Cottage with all modern  
amenities in Devonshire's  
southernmost coastal village.  
Bed and breakfast. Benson,  
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**Lake District Group Holiday Accommodation:** Troutbeck School accommodates 24 people on a self-catering basis. Dormitory for 20 and two staff rooms, dining room, fully equipped kitchen, central heating, open all year. £2.85 per person per night — minimum charge £57. Please write for details to the Secretary, Troutbeck Charitable Trust, 14 Church Street, Ambleside, Cumbria.

**Dinard/a Scout Hostel** (Brittany). 8 Boulevard, l'hôtelier, would welcome Guide parties or individuals all the year round. Five minutes from the sea and shopping centre.

**Holiday Centre** — near Southport, equipped, sleeps 24, suit Brownies, Guides, Rangers, handicapped, mixed groups. See footscap to: Mrs Chester, 202 Fleetwood Road, Southport, Merseyside PR9 9DR

**'Our Chalet'**, for details of low cost inclusive arrangements to the International Guide Centre at Adelboden, contact the official agents, YHA Travel, 14 Southampton Street, London WC2E 7HY. 01-240 5236.

**Alderney the Unspoilt**  
Channel Island. Escape to  
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Griffin, Farm Court, Alderney.  
C.I. Tel: 0481 822075.

**Arkengarthdale.** Herriot Country, walking, touring. D.B. & B — £11.50 in Guider's comfortable home. Singer. Tel. 0748 84203.

**Cotswold Camping and Pack Holiday Site.** See for further details: Mr D W Howell, 45 Barrowfield Road, Farmhill, Stroud, Gloucestershire GL5 4DF.

**Hotel Alpenrose, 3718**  
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half a century Scouts, Guides  
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**Magic! Action! Day/Week's** activities Peak District Camps. Climbing. Canoeing. Caving. Exploring. Cycling. D of E Award. Derbyshire Action Holidays. Kirby House, Winster, Derbyshire. 062988-716.

## INSURANCE

### CAMPING EQUIPMENT INSURANCE

**INSURANCE**  
Annual insurance cover for Guide equipment, whilst in store, transit or in use. Premiums from £7.00. Apply for details to:

**Fennell Turner and  
Taylor Limited,  
Southway House,  
South Way,  
Cirencester, Glos. GL7 1HL.  
(Telephone 0285 69685)**

Would Readers please note that all classified advertisements must be submitted on the official form — SEE PAGE 40 OF THE MARCH ISSUE OF GUIDING

THE GIRL GUIDES ASSOCIATION TAKES NO RESPONSIBILITY FOR STATEMENTS MADE IN ANY ADVERTISEMENT HERE OR ELSEWHERE IN THE MAGAZINE, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of secondhand clothing cannot be accepted (except uniforms). Uniforms for sale should not be sent to HQ. Advertisers receive communications from applicants. **ALL COPY MUST BE RECEIVED BY 19th OF THE SECOND MONTH PRECEDING PUBLICATION (eg) 19th JUNE for the AUGUST ISSUE. ALL CHARGES 30p per word, BOX £3.45 extra. PLEASE SEND REMITTANCE WITH ADVERTISEMENT to: Miss A M Martin, Advertisement Manager, The Girl Guides Association, 17/19 Buckingham Palace Road, London SW1W 0PT. 10% discount for series of 12. To reply to a Box Number, address your envelope to Box Number concerned c/o GUIDING. Please enclose SAE when replying to Box Numbers.**

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16 Coates Crescent, Edinburgh      6 Panmure Street, Dundee  
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(Mail orders only from Edinburgh)



# Friends of Glenbrook

## 1st Annual General Meeting & Open Day.

**S**aturday, March 23 1985 may have been cold and wet out-of-doors but inside Derwent was warm and welcoming with bowls of spring flowers.

Friends of Glenbrook gathered for a buffet lunch, prepared by Sheffield South Trefoil Guild assisted by the Hope Valley Ranger Unit.

After lunch, Mrs W Hilton, Chairman of the Glenbrook House Committee, opened the Annual General Meeting by welcoming everyone, paying a special tribute to Mrs Betty Crompton (former Guider-in-Charge of Glenbrook), who had travelled down from Darwen, Lancs for the meeting.

Officers and Committee members elected were —

Chairman of the 'Friends'	— Mrs H. L. Watson
Secretary	— Miss M. E. Watkinson
Treasurer	— Mr Laurie Watson
Committee members	— Mrs H. Jenkins
	— Miss Haldenby

After the business section of the meeting, Mrs M Lambert showed slides and gave a most interesting talk on her visit to Sangam.

A welcome is extended to anyone who would like to join the 'Friends' — contact may be made c/o **The Guider in Charge, Glenbrook, Bamford, Sheffield S30 2AL.**

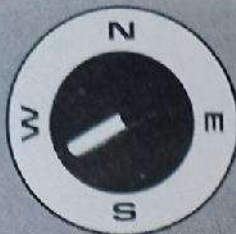


## Guiders — are **all** your Units seeing their own magazines in 1985?



Guiding 50p The Brownie 18p Today's Guide 40p





# ORIENTEERING

## 3

Continued from page 35

### Start Procedure

You are now ready to proceed to the Start, and you should plan to arrive there five to ten minutes before your start time. There are two or three squares marked out on the ground, and you wait for one minute in these before you start. The stub of your Control Card is collected in at the first square, and at each whistle signal you move forward until your actual start time. After this you follow the tapes to the Master Maps where you must be sure to copy down the correct course. Fig 9 shows an example of what the beginning of the Master Map might look like. The Start is indicated by a triangle; the position of the first Control you will look for is located in the centre of the circle. The Finish is indicated by two circles within each other: ⊙

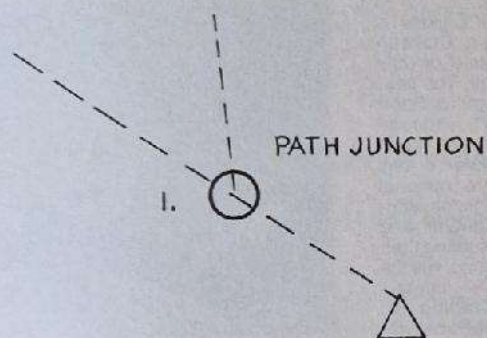


Fig 9

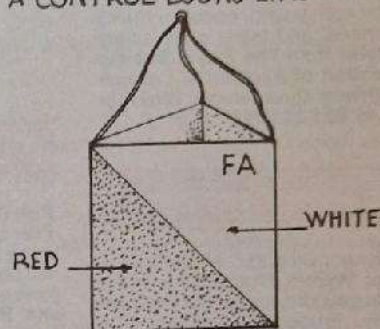
Once you have copied your course onto your map, you should set the map so that the North lines on the map correspond to the red needle of your compass.

Fold your map so that your thumb is on the Start triangle and you can see the circle which indicates the first Control. Work out your route to this Control and measure the distance; if necessary, take a compass bearing and off you go! As you go along you should note any features that you see and check them with your map. Move your thumb along as you progress.

You should reach the first Control without too much difficulty, and once there it is important to check from the Control Description Sheet that the letters for Control 1 (see Fig 6) are the same as those on the actual Control (see Fig 10) ie in this case the letters should be 'FA'. You then use the clipper to punch square one on your Control Card.

A CONTROL LOOKS LIKE THIS:—

Fig 10



### And so to the Finish

Proceed like this around the rest of the Controls until you reach the last one where there will be tapes to lead you to the Finish. Here your finishing time will be noted, and you must hand in your Control Card. This is *essential* even if you do not complete the course, because the organiser must match the Control Cards with the stubs which were handed in at the start. If there is one stub left over, a search party will be organised to find the 'missing' orienteer.

Sometimes provisional results slips are handed out at the Finish and from these you and other competitors can work out the time you have taken to complete the course.

At last comes the time to relax. If you are lucky you may be offered a cup of squash, or perhaps you will have taken your own refreshments, but most of all you will probably be burning to discuss the course with the other competitors, and there will be plenty of laughter as everyone recounts the various adventures they had.

Do give orienteering a go. It's great fun!



The Finish!

Anne Donnell



# GRAPEVINE

## Safety First

Last year RoSPA brought out a new series of general pictorial aids aimed at promoting safety awareness amongst young people. Perhaps particularly relevant at this time are two — 'Always Say No to Strangers', aimed at young children of three to seven years, and 'How Alcohol Affects You' aimed at secondary school age young people (11–16 years). Both these, and many other safety aids are available from **The Royal Society for the Prevention of Accidents, Cannon House, The Priory Queensway, Birmingham B4 6BS, tel 021-233 2461.**



## Wildlife Photography

Entries are being invited to compete for the coveted title of 'Wildlife Photographer of the Year'. The competitions and cash prizes are sponsored by Prudential Assurance in association with the Fauna and Flora Preservation Society and the Natural History Museum, London. The aims of the competition are to encourage and celebrate wildlife photography of the highest artistic standard and demonstrate the value of good wildlife photography as a tool for conservation. The competition offers four age groups and the overall winner will receive the Prudential Assurance award and £250; closing date for entries is June 29, 1985, and entry forms are available from any main Prudential Assurance office. So, potential entrants had better get snapping!

## Brush Up

Young people in the 16–20 age group have been chosen as the target in a £90,000 good teeth campaign recently launched by the Health Education Council. When young people leave school and perhaps home, they abandon established patterns, preferring perhaps to spend their time and money on something other than dental treatment; research carried out during the planning stages of the campaign showed that young people were complacent about their teeth, some brushing only two or three times a week, and their hostile reaction to dentists prevented them from having check-ups. Campaign kits are available from Roger Bettles from **78 New Oxford St, London WC1A 1AH, tel 01-637 1881.**



## Play Board

Play Board — the Association for Children's Play and Recreation are staging a 'Children in the Built Environment Conference' on July 5, 1985 at Birmingham Town Hall. The keynote speaker will be former Minister for Sport the Rt Hon Dennis Howell MP, although many other speakers will be present, questioning the serious lack of children's play facilities and opportunities on a national level. Play Board also has four offices, situated in Leeds, Birmingham, London and Cardiff, servicing ten regions, promoting their aims. Admission to the conference will be approximately £20 per person — contact **Britannia House, 50 Great Charles St, Queensway, Birmingham B3 2LP, or telephone 021-233 3399.**

## 'Our Europe'

'Our Europe' is a new teaching aid which aims to improve the value of the school language exchange visits made by thousands of pupils each year. The handbook and folder of support materials is produced by the Keep Britain Tidy Group Schools Research Project, and is designed to motivate children to communicate with host pupils and parents as well as local people. Working in mixed language groups, making studies of shopping habits, recreational facilities, litter management and people's movements and behaviour in towns, children return home with an appreciation and understanding of a different country's lifestyle and people. 'Our Europe' costs £7 per copy and is available from the **Keep Britain Tidy Group, 37 West Street, Brighton BN1 2RE.**

## Hiker Badge

Anybody involved with Guides working for their Hiker badge will be aware of clause two: 'Know the responsibilities involved with regard to trespassing, gates, crops, game preserves, wooding and lighting fires'. However, according to the Countryside Commission survey, one in four people are totally in the dark about legal do's and don'ts in the country; it has, therefore, launched a special Countryside Access Charter spelling out the facts on simple laminated cards which fit conveniently into a pocket or rucksack and are available free through countryside organisations, youth hostels and information centres. A booklet explaining the Charter is also available free from the Commission's **Publications Despatch Department, 19/23 Albert Road, Manchester M19 2EQ.**

## Happy Holiday Health

As any Guider well knows, sunburn, travel sickness and 'Spanish tummy' are a few of the things that can turn a Camp or Pack Holiday into a nightmare! The Sterling Health Family Health Service have written a special holiday healthcare guide to help one and all have a happy and 'painless' holiday. The guide suggests useful medicines for holiday time and contains certain helpful checklists for organising the largest of families. The booklet is available free to readers sending a 9" x 7" s.a.e. to: **Holiday Healthcare Guide Offer, Sterling Health Family Service, Barbara Attenborough Associates, 1 Harewood Place, London W1R 0PQ.**



## Have a Break!

For the past 17 years the charity *Break* has been providing holiday residential and emergency care for socially deprived and physically and mentally handicapped children from all over the country. This year Kit Kat are helping to promote its biggest ever appeal — the £1,000,000 *Break* appeal. So don't throw away your Kit Kat wrappers, because, until March 1986, each one can be worth three pence towards a holiday for a child — which means ten million are needed. If you would like to start a collection in your area, or join a collecting group, you can contact the **Break Appeal Action Office at 29–31 Greville St, London EC1N 8RB, tel 01-405 4574.** Details of where to send the wrappers are on the Kit Kat label itself.

## Contemporary Art

'A Journey through Contemporary Art with Nigel Greenwood' opened at the **Hayward Gallery, South Bank, London SE1** on May 15 and is running until July 7, 1985. The exhibition looks at contemporary British Art from a personal point of view, that of Nigel Greenwood, a London gallery director. He has selected works by some 20 artists ranging in age from 24–87, in various media — water colours, drawings, photography and sound as well as painting and sculpture.



Patron: HRH The Princess of Wales

## THE MALCOLM SARGENT CANCER FUND FOR CHILDREN

was launched in March, 1968, as a lasting and practical memorial to the much loved British musician whose name it bears.

"In a somer seson whan soft  
was the sonne" —

William Langland (1330?-1400?)

### HAVE YOU ARRANGED YOUR SUMMER HOLIDAY?

With some of the donations received from Guides and Brownies, the Fund makes holiday grants to some of its children whose parents could not otherwise afford to take them on convalescent holidays as recommended by their doctors. The following is an extract from a letter from the parents of a boy who was given a grant for what, sadly, was to be his last holiday:

*"We wish to thank your Trustees for their help during Michael's illness. We shall always treasure our holiday — we had some lovely times, as well as the 'bad' days, but we were able to give Michael just what he fancied in any way with the help you gave us. With our sincere thanks again . . ."*

Please help us to continue to receive such letters.

Donations may be sent to:

THE MALCOLM SARGENT CANCER FUND FOR CHILDREN,  
Department GG,  
14 Abingdon Road, London, W8 6AF

THANK YOU

## SPECIAL OFFERS for your Anniversary.

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### VENTURE PRICE

Size 1. 14' x 14'6" x 7'3" ..... £280.00  
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10' x 8' x 7' high ..... From £175.00  
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2 Groundsheets 6'6" x 3' FREE with every Patrol Tent ordered  
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### WASH-A-LOO

Can be used as either a WASH/LOO or a Double Washing Cubicle. Size 4'9" x 3' deep. 6' Walls (6'6" Apex). Complete with Guy-lines and Wood Pegs — Made from Proofed Green Nylon Material with zipped doors. Steel Frame. Recommended Retail Price £49.00.

VENTURE PRICE £42.00

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Mrs Brenda Blunt of the 105th Nottingham Brownie Pack. Money raised from the Miller Catalogue was used for the Girl Guide headquarters and also to fund outings and events in celebration of "75 years of Guiding."

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