

Do you know the 1986 Fundraiser of the Year?

Could it be you or someone associated with your Guide Unit?



ast year. Webb Ivory held the first ever Fundraiser of the Year Awards, and what a success they turned out to be! There were hundreds of norminations and the entire venture was thoroughly enjoyed by everyone involved. But the search is on again for the 1986 Fundraisers of the Year and we very much hope that you'll be playing your part in this year's tribute to the dedication of fundraisers.

What are the awards?

Throughout the country, 1000's of voluntary organisations such as Guide Units are raising money for good causes, and Webb Ivory has set aside a fund of over £10,000 to give them a helping hand. The winners of the Gold, Silver and Bronze Awards each receive a substantial sum to donate to the funds of their worthy cause, as well as a Fundraiser of the Year plaque as a personal momento.

Last year, the prize money went to help fund a research fellowship in Mental Health, and towards Multiple Scienosis research. A sum was also used to create a new baby room at a child care centre, and to buy a bus for a village transport scheme. Whatever the good cause, the fund can help

Who can be nominated?

Any fundraiser who genuinely deserves this very special tribute - it could even be you! The winners will not be selected solely on the basis of amount of cash raised - rather, the nominations will be judged on personal contribution and achievement, and those qualities which symbolise the mue spirit of fundraising.



Meivym Hayes with last year's Fundamen of the Year winner. Mrs Glenda Mayfield

The winners will be chosen by a panel of judges, all people highly experienced in fundraising. As last year has shown, their job will be extremely difficult - because all fundraisers deserve this sort of recognition.

Special Youth Award

In addition to the Gold Silver and Bronze Awards, Webb Ivory would also like to pay tribute to the many young people dedicated to raising funds for good causes. As you're involved in Guiding, perhaps a young Leader springs to mind, or one of the Guides. To qualify for this special Youth Award, the nominee(s) must be under 21 on 31st October 1986.

Webb Ivory Award

There is also a special award for Webb Ivory fundraisers. The Fundraiser of The Year Awards are open to all voluntary fundraisers, but the Webb Ivory Award is for those people who use Webb Ivory fundraising as their principal source of fund income.

How to nominate

Simply write to Malcolm Totney. Director & General Manager of Webb Ivory at the address below, telling him why you or someone you know deserves to win the Award how the funds are being raised and what the money is being raised for Closing date is 31st October 1986 - we look forward to hearing from you very soon. Please mark your envelope "Fundraiser of the Year".

Webb Ivory

Webb Ivory Ltd. Dept Live and two formal fundraising service please write to:

Webb Ivory Ltd. Dept Live and two word Street, Burton-on-Trent DE14 3BD.

GUIDING

OFFICIAL MAGAZINE OF THE GIRL GUIDES ASSOCIATION

Published 1st of each month

(Incorporated by Royal Charter)

PATRONS

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PRESIDENT

HRH THE PRINCESS MARGARET, COUNTESS OF SNOWDON

WORLD CHIEF GUIDE, 1930-1977

OLAVE, LADY BADEN-POWELL, GBE

CHIEF COMMISSIONER

DR JUNE PATERSON-BROWN MB.Ch.B.

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Royal Thanks

The letter below was received by the Chief Commissioner following the event of the Queen's birthday when the Girl Guides Association presented a special card and flowers at the gates of Buckingham Palace (see the front cover June GUIDING).



BUCKINGHAM PALACE

6th May 1986

Dear Dr. Paterson - Brown.

I am commanded by The Queen to ask you to thank The Girl Guides Association for the splendid card, which they sent to Mar Majesty on the occasion of her 60th birthday.

The Queen much appreciated the kind thought, and I am to thank you all for your good wishes.

Tous ornancy,

Lady-in-Waiting

COVER

'Alice' poured the tea during the Mad Hatter's Tea Party, held by the 1st Marshchapel Brownie Pack, while they were on Pack Holiday last year. Brownie Susan Peart really looks the part as she wields the pot which must hold more than just 'tea for two'!

(We would like to point out to readers that this is a toy and not a real teapot.

Editor)

Photo courtesy of: Sandy Everitt



The Editor regrets any inconvenience caused by the incorrect packing of the June issue to those who receive GUIDING by subscription. This was due to an error on the part of our new printers.

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Up, up and away . . .



The Anniversary Flame travelled across the country in many interesting ways last year but none can have been quite as exciting as the trip that Clare Barton made in a Tiger Moth aerobatic bi-plane. Clare, a Young Leader from North Lincoln Division, was asked to bring the Flame from Anglia to Lincolnshire South. She made the trip with the help of Flt Lt Clive Morton from RAF Cranwell. On her arrival at Cranwell, still in full flying garb, Clare was greeted by hundreds of Brownies, Guides, Young Leaders and Guiders from the County. It's a wonder that the Flame didn't blow out on the way over. Photo courtesy of: Lincolnshire Echo

Fond Farewell

Earlier this year, Mrs Elizabeth Cooke retired as General Secretary for South West England. She had held this appointment since regionalisation took place and her friendly manner meant that she was always a well liked member of the Movement and contributed greatly to the smooth and successful running of the Region. At a farewell lunch the Region President, the Hon Mrs Gervas Clay presented Mrs Cooke with a pair of binoculars and a cheque from her many friends in the South West. A cheque was also presented from the Trefoil Guilds; all as a small recognition of her exceptional services to South West England.

Photo courtesy of: Salisbury Journal.





Collecting History

Mrs Andrée Hicks, an Assistant Guider from 1st Ashtead Guide Company, has been collecting information on the 'History of Ashtead Guiding' for two years. The collection, which includes badges, photographs and albums, was displayed at a coffee morning last year. Seen here with the results of her hard work, Mrs Hicks is now writing up the information she has gathered.

Photo courtesy of: Mrs K Walton.

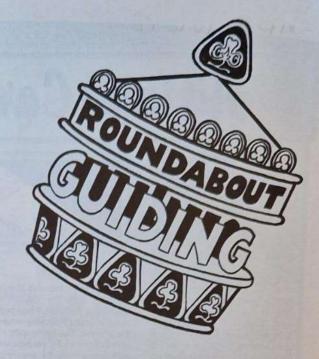


Challenge on Air

The Brownie Tea Challenge took these Brownies to the BBC Studios in Bristol in their quest to raise money. The 1st Worle Brownie Pack from Weston-Super-Mare made tea for everyone in the newsroom and later some of the Brownies made tea in the studio 'on the air' for newscasters, Graham Purchase and Chris Vacher, and weatherman Tony Tagett. This photo was taken after the programme had finished with the Brownies joined by the newscasters, reporters and journalists. The event went extremely well and the Challengers were made to feel very welcome.

Photo courtesy of: Anne Milsom.





Stamp-ede

These girls, from the 1st Ruislip Guide Company, are shown holding their genuine First Day Covers which were issued to celebrate the 75th Anniversary last year. With the help of the Post Office, a special handstamp was produced and these four girls designed and produced the artwork for the First Day Covers themselves. From left to right they are, Elizabeth Goodman, Rachael Wilson, Joanna Wood and Lois James. The designs were on a James. musical theme as they combined the stamps of British Composers with a Celebration Musical Evening at which the girls performed. Proceeds from the sales of this First Day Cover went to the Sri Lankan Primary Health Care Project.

Photo courtesy of: Middlesex Advertiser and Gazette.

Thinking Day Service

Central Glamorgan Girl Guides held a County Thinking Day Service last year at the Royal Air Force, Saint Athan. Present at the service were Air Commodore Marshall, the Mayor and Mayoress of Llantwit Major, Dr Kathryn Benson-Evans, the International Commissioner of Finland, Sirkka Alikyla, and Miss Ray Charles, the Chief Commissioner of Wales. The sports centre of RAF St Athan was an ideal setting for the impressive flag parade.

Photo courtesy of: RAF, St Athan.



Airing-Caring-Sharing

Frayed

I'm writing to say that I feel the same as P Andrews (April GUIDING) as regard to our ties. I have never felt comfortable in my tie. It never sits tidily, perhaps I have a square neck, and I have bought a couple because they have frayed. I feel that we would look better wearing a neckerchief the same as our Guides with a landyard denoting our rank, ie navy for Guide Guider, light blue for an Assistant. This would also help at Division events because it would be easier to see which Guiders are with which Guides. I would be pleased to know other people's views on this.

Miriam Post, Ass. Guide Guider, 1st Ruckinge, East Kent.

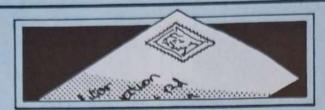
No Culotte

I am writing to reply to Mrs P Andrews letter in April's GUIDING. Firstly, I disagree with her idea of a culotte skirt. I feel that would make us look even more old fashioned, which I feel would be detrimental to the Organisation. Young Leaders and Guiders receive enough ridicule about our uniform, culottes would make it worse.

Secondly, her reference to riding a moped in a skirt. I would like to warn all members that it is very dangerous to ride a moped with uncovered legs as this can cause serious injury to the legs if you do come off, even if you are not travelling at great speed.

Finally, with reference to ties, I feel it would look far better if Guiders and Young Leaders wear a scarf of their Company colour. This will encourage more unity within the Company, make it easier for the girls to identify their Leaders in a crowd and also would be an inexpensive way to distinguish between Rangers and Young Leaders.

Stella Mills
Young Leader,
3rd Royston (Methodist)
Guide Cov.



Tight

I read with interest the letters in April's GUIDING regarding uniform. I feel particularly uncomfortable when I wear mine. The cross over ribbon is tight and I feel awkward and uncomfortable wearing a skirt. Mrs Jowett's suggestion that Guides have a sweatshirt and jeans is an excellent idea but please, please may we Guiders also adopt it. We could also drop the idea of wearing a hat or alternatively have a knitted hat like the Brownies wear. Company neckerchiefs could still be worn with sweatshirts in the same way as Beavers wear them. I am sure badges could also be sewn on sweatshirts.

Elaine Tranter, High Wycombe, Bucks.

Thank You

I was very lucky this year to be chosen to carry the Chief Commissioner's Standard at Westminster Abbey on Thinking Day. It was a very exciting weekend I had and I would like to thank everyone from Headquarters who made the experience an enjoyable one.

Through your letters page I would like to send a special 'thank you' to the two escorts, Jenny Williams a Young Leader from Fradly, and Helen Studd, a Ranger from Newcastle-under-Lyme. I would not have done it without them.

May I also ask if anyone who took any photographs of the Colour Party would be so kind as to forward them to me c/o GUIDING. Anyone kind enough to do so will, of course, be reimbursed.

Christine Farrant Guide Guider, 1st Glascote Guide Coy, Tamworth, Staffordshire

Squeezed In

We were delighted to get tickets for the Service at Westminster Abbey on Thinking Day. Eighteen eager Guides and two Guiders assembled at the railway station to be told that the train would be at least 52 minutes late! However, we got to Paddington and dashed across London arriving at the Abbey just as the Service was about to start. We squeezed in, having to stand in totally unsuitable places and were not offered Service Sheets. Others from the West Country squeezed in behind us. Surely if tickets are allocated there should be room for all, and enough Service sheets. I realise that seats are not guaranteed, but why issue so many tickets? None of these Guides can attend again and appreciate what is normally a most inspiring occasion as we do not apply for tickets again for another four years.

While writing about Thinking Day, in which queues at Olave House were so long that we did not wait in the freezing weather, would it not be a good idea if the Association hired a hall, with toilets, that Brownies and Guides could picnic in. I am sure that everyone would contribute to the cost of this. We would never take a Sunday School outing to the coast for a day without hiring a church hall at the

Pamela M Prondfoot (Mrs)
Guide Guider
2nd Newbury Guide Coy
Berkshire

The Abbey holds 2,000 people, including 200 standing, and there should have been sufficient Service sheets for all. We can only apologise to 2nd Newbury Guides. We are, however, reviewing the system for the allocation of tickets in response to several requests, including this one. 17 units either booked Tours or picnic space in CHΩ on

Thinking Day, and we do try to fit in all who ask - even though the walls are not made of elastic!

General Secretary

Numbers Down

What do other Companies do to keep their numbers up? Ours has been in decline for the last few years and now it's at an all time low. In the last year I have written to all the local parish magazines, the local newspaper, put notices up in the library and around the town and now I have written to all the local schools. The village we cover seems to be getting bigger but does not result in more Guides.

I find the situation is becoming rather disheartening, although the Guides do not seem to be missing out too much

The Guides themselves try to get their friends to come but usually find they have joined a large Company in the town

Funds are not a problem at the moment, we get our school meeting room free but the price we have to pay for this is that all equipment needed has to be brought on



the night, as we are now no longer able to store it there. The Company has been going for 46 years now, it would seem a shame if we had to finish. So what do other Guiders do to keep their numbers up?

Helen Doble (Mrs), Guide Guider, 1st Bradpole Guides, Beaminster, Dorset.

Airing-Caring-Sharing

Equality

I would like to answer a point made by Julia Scammell and Jill Sword in the letters pages of April GUIDING on the subject of separate single-sex organisations and the apparent success of Scouting Nederland's amalgamation.

There are voices of discontent in the Netherlands and Austria where organisations have merged in recent years for, despite sexual equality through the leadership structure and the organisation as a whole, participation by women and achievements by women have markedly decreased

The reasons for this are varied and warrant full discussion as part of our decisions to stay single-sex and our rôle in the furtherance of women. However, in Denmark where mixed and single-sex organisations exist side by side, the female single-sex organisation, KFUK-Spejderne feel that they are fulfilling an important rôle and are meeting a need.

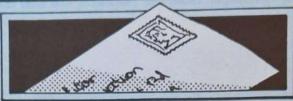
To accusations of women wanting equality and not allowing it by maintaining a single-sex organisation. would ask for proof that they hinder equality. The whole issue of joint activities, as well as possible mergers is under constant review, but shouldn't we start to link with other single-sex organisations to analyse arguments for and against our existence, to share problems and wishes, and to see if, together, we can start to overcome the problems which mean that in practice on merging, women will take a backseat?

> Rachel Kyte (Miss), Junior Council, Boston, Lincs.

Praise B-R!

Often we read letters of complaint concerning British Rail but after a recent trip to York with a party of my Guides, I feel compelled to write this letter in praise of British Rail.

Not only were they by far the cheapest alternative for the party of 17 Guides and 3 Leaders but the pre-booking arrangements, reserving of seats and punctual operations all served to enhance a





thoroughly enjoyable weekend.

> C Cower, Guide Guider, St Thomas More Coy, Middleton, Manchester.

Brownie Birthday

In reply to the many letters in April's edition of GUIDING, complaining about the decline in membership, I feel I should highlight an inequality within the organisation that may be contributing to our problem.

If we are so worried about the fall in membership, as indeed we should be, why are we not having national celebrations for the Brownie's 75th Anniversary in 1989? It seems obvious to me that the majority of Guides graduate from Brownies and that we have very few new recruits from outside the organisation once the girls have reached Guide age. If this is the case, we should be making more of a fuss about the Brownies 75th Birthday instead of pushing it into the background as though the Brownies were poor relations of the Association. National celebrations to

mark the occasion would provide huge publicity for the Movement and so give rise to more public interest which could well encourage increased Brownie membership. To my mind this may provide increased numbers of girls who know the organisation and are eager to become Guides. After all, the Brownies are an important component of the Association, perhaps even more important than we currently realise.

Sara Everett (Miss)

The Executive Committee took into account the views of Countries/Regions in reaching this decision. Local celebrations will no doubt be much appreciated, and a great deal of local publicity obtained. A badge for all Brownies to wear is in the process of being designed.

General Secretary.

Opportunities

'The girls of today have all the opportunities, there was nothing like it in my day'. How often have you heard that said? As a war Guide I certainly never had the opportunity to travel abroad, go on

ski-ing trips or exchange holidays, but we did camp in camouflaged bell tents, learn to make our own equipment and travel by foot and cycle through the black-out.

But what about now? Last year, I went abseiling down a wall at Crystal Palace and took my Guides abroad — both for the first time. This weekend was another first. I walked in the Peak District!

It all started when we were planning District training and, being fed up with 'sitting' discussing problems, publicity, etc, we opted for a more active weekend. The result was that ten of us set off for Whiteley Wood centre, Sheffield. We were offered various activities to choose from. Six of us opted for hill walking and Saturday morning saw us pouring over maps planning our route and making out our route sheets. The mini-bus took us to the village and from there we clambered up Edale, with much puffing and panting on my part. Following our compasses we made our way through bogs, over tussocks, streams, snow and ice, we plodded through a blizzard, ate our lunch in sunshine and had a great time. It was all worth it, to get back to a hot shower and a good meal and be able to say I did it!

Next day, two of us took a more sedate walk into Sheffield (still following our map!). From there a different route brought us back to the site in time to get a meal ready for the others before we all set off for Ilford once more. The other Guiders have different tales to tell, but my next question is — Ilford West where do we go next?

J Starie (Mrs), Ilford, Essex.

If you wish to contribute to GUIDING please bear in mind that it is necessary to submit your article at least two months in advance of the issue you require.

The opinions expressed in these pages are not necessarily those of the Editor.

The Editor reserves the right to cut letters or publish extracts

'Assess the parts played by newspaper, radio and television, and how they affect the life of your

Clause 6 (c) of the Queen's Guide Syllabus

here are many ways of approaching this subject, covering as it does such a wide spectrum—the media we rely on for news and information, and, to a greater or lesser extent, for entertainment. Depending on how much time you can give to this clause, you could take the opportunity to make a small-scale study of the subject by preparing a questionnaire which can be handed out to and filled in by other Rangers/Young Leaders in your area: or you could post the questionnaire in your public library and provide a box for completed forms. Such a random survey would by no means be conclusive as to the views of your community in general, but the results could give you a starting point to explore further your own ideas.

As mentioned, radio, newspapers and television provide our daily source of news and information and all three - at least in the case of are ready some newspapers! means of entertainment and relaxation, and as these are the two main divisions it might prove useful to divide your assessment accordingly, noting where these two factors over-

Some initial questions concerning the media as a source of news and information, to include in your survey or to ask yourself, are:

1) Do you read a newspaper every day without fail? If so, always the same one, or will any one do? Do you read the paper in the order laid out, or do you turn immediately to the items that interest you, perhaps ignoring the rest?

2) If you find a news item that particularly interests/concerns you, do you take your paper's facts as being correct, or do you buy/read a selection of newspapers to ensure that

you get a broad view?

3) Do you recognise the contention that news reports in different papers may have a political bias, dependent on the political allegiance of the paper's proprietors?

4) If you believe the above to be the case, do you buy a particular news-paper because of its 'politics', knowing that you and the 'paper' share the same views, or do you not really care?

5) Do you make a point of reading your local paper? Do you know where its offices are? If you do read it, is it because it is delivered free of charge, and you therefore glance at it quickly, or do you make a point of buying a local paper to see what is new in the community, if there are any projects in which you can become involved, etc?

How much of your community news do you gather from your local paper? 6) If you do not read a daily paper, do you rely on the radio or television for

news, or both?

7) Do you feel you have missed something if you do not hear/see a news programme one day? Would you make an effort to buy a newspaper/catch the early morning news the next day to 'make up for it'?

You may want to divide your questionnaire/survey into the three media themselves, and in your final analysis assess the parts played by all three as a whole; a debate with your fellow Rangers/Young Leaders, based on your findings, would help you to draw your conclusions.

The above questions deal with newspapers, and to fully research their import you need to look into the history of newspaper publishing and, if possible, visit a national or local newspaper office. To see a newspaper actually being printed is fascinating, but the most useful aspect to observe as far as your assessment is concerned is the actual coverage of news reporting, the editing process and the decisions made in the editorial office. In the case of your local paper it may be possible to arrange a tour of the offices and to ask to sit in on an editorial meeting. Try to see the paper's pages being made up; note which stories take precedence, and why and how the seemingly random presentation of copy and photographs has in fact been carefully worked out to place emphasis where necessary

Even if it is not possible to visit your local paper's offices, make a careful study of a few issues; do its leading articles concentrate mostly on gossip or are they concerned with serious matters affecting the community? Are readers' letters mostly limited to banal issues or are controversial opinions allowed to be expressed? How much advertising is there? Can you think of any improvements that could be made, and if so would you write in to express your views? These are just some points to consider.

Radio, newspapers and television essentially communicate, and to this end they are a literal lifeline in many situations. Imagine the panic that would ensue during a total communications breakdown because of war, for example, or as happened in the first days after the recent earthquake in Mexico. The media as a means of communication play an

integral part in our lives.

The communication needn't be one sided; local and national phonein radio programmes allow the listener a means of letting off steam, expressing an opinion or speaking his or her mind to a vast, unseen audience. A letter to a newspaper achieves the same result, but the sense of immediacy is not there. Television also offers the general public the opportunity to express a view — as an example, Channel 4's 'Right to Reply' features the Video Box on which viewers can actually be seen as they say their piece about any ITV or Channel 4 programme.

This leads to the question — do we use our media to its best effect, or especially in the case of television do we let it rule us? How easily are we influenced by what we see/read/ hear? Are we selective in how much information we absorb, or do we allow the daily onslaught to wash over us until we become jaded to what we see and hear? Television is arguably the most powerful medium in the world. At the touch of a button events, often live, are brought to the screen from the far corners of the globe. How much do we take this for granted? Referring back to the above, does the fact that we can witness riots in South Africa or Brixton, devastation in Mexico or in the Sudan, in the comfort of our living rooms make us indifferent to the suffering of others — we can always switch off if we don't like what we or is our sensitivity to the horror heightened by the fact that we



are in our own, privileged surroundings watching the plight of those not so fortunate?

Two of the most powerful television broadcasts to be shown recently certainly indicate that the latter is true. Michael Buerke's moving report on the famine in Ethiopia thrust the unthinkable tragedy into the consciousness of a shocked public. The immediate and continuing response to help was overwhelming. A different type of broadcast had the same effect; the recent Live Aid concert caused — one reporter affirms — 95% of the world's television sets to be switched on. It is impossible to ignore this kind of coverage.

The combination of powerful words and the visual image is not something exclusive to television of course. The highly influential PIC-TURE POST magazine, which boasted such prestigious writers as James Cameron and Tom Hopkinson (who later became its editor) was able to tap the social conscience in the pre-war years and afterwards in a way that had not been achieved before. Television takes the visual image one step further - in the case of live reporting we see events unfold before our eyes, and perhaps most importantly, television viewing substantially reduces the effort required to keep informed. This opens up a new avenue of questioning - do we allow television to do our thinking for us?

Television as a medium really deserves its own series of questions in your survey. Statistics differ as to the number of households which possess a television set, but when a raised eyebrow is commonly the reaction to a person admitting that they do not own a television, it would be an understatement to say that television plays an important

rôle in our daily lives.

The emergence of the USA style 'Breakfast TV', the question of TV censorship concerning 'edited' films or, for example, the controversy over the BBC's refusal to broadcast its Real Lives documentary on the Sinn Fein when originally scheduled, the debate over licence fees and advertising - do we get our money's worth? - are all areas that can be explored. Yet how many of us actually think about these questions? Is television to us simply a box with an 'on-off' switch, part of the furniture in the living room?

Some questions for yourself and for others could include:

1) Do you have a television? If so,



A view of the crowds at last year's Live Aid concert at Wembley Stadium. Photo courtesy of Syndication International (1986) Ltd.

more than one set? Do you have a video recorder?

2) How many hours a day do you watch television? Is it something reserved for the evening, or do you ever watch it during the day?

3) If you follow a regular serial/series on television, would you cancel or put off an outing on the evening your programme is on in order not to miss it? (assuming you do not own a video)

4) Do you turn the television on the minute you come in after work/ school etc?

5) Do you ever spend an entire evening without the television on?

6) How much of your conversation with friends is devoted to 'last night's TV'?

7) Does your family fight over the television — over the choice of programme, or your parents not wanting you/your siblings to watch so much?

8) Are you moved into action by charitable appeals on television, reports such as those on Ethiopia etc?

9) Do you try to balance the amount of 'entertainment' programmes you watch with documentaries, wildlife and other educational programmes? 10) Do you have strong feelings about advertising on television. How easily influenced do you think we are by TV advertising?

If possible it would be useful to make a study of the effect TV has on people who are housebound for one reason or another. How much do they rely on it as a means of entertainment; is it their lifeline to the 'real' world, or rather a means of escaping from their routine and everyday problems? Also, look into the effect of television on young children, and particularly the influence that television 'violence' - fictional or as seen in the news - has on them. Does television run the risk of legitimising violence in their own minds? Looking at television's more positive side, how influential are the educational and recreational programmes designed for children? Do they broaden the child's horizon, or make him or her lazy and a passive viewer rather than a participant?

The possibilities for research are endless, and you will probably have to limit yourself to concentrating on a few key points. These could be decided upon once you have studied the results of your initial questionnaire of a small section of your community; see which issues are important to the people you have questioned, what improvements can be made. Who knows, perhaps at a local level at least, your findings could initiate some change?

Shireen Bonner

The National Scout and Guide Band Course Hazlehead Academy, Aberdeen

27 March-6 April

This Easter the National Scout and Guide Concert Band visited Aberdeen as guests of the Aberdeen Girl Guides; residing at the Hazlehead Academy in the west of the City.

The intensive rehearsals were held under the guidance of our musical mentor Robert Bowness Smith, who yet again achieved a remarkable degree of cohesion very early on in the proceedings. The 90 musicians and staff who come from all over the British Isles had negotiated borders, date lines and British Rail to come together for this annual course. Some were old hands, some didn't know what to expect.

The band was honoured to be received by the Lord and Lady Provost of Aberdeen and there was time to see some of the city sights, including a visit to a castle and a distillery.

Two concerts were given at the Aberdeen Arts Centre on the final two evenings of the course. They went extremely well and highlights were the Overture to J Strauss' 'Die Fledermaus' and the selection from 'West Side Story'.

Another course ended as memorably as all the others and still Inter City 125's are not equipped to accommodate rucksacks and musical instruments!

Many thanks to all those who made it possible, especially Robert and Zara Bowness Smith.

Rachel Kyte



What a Year!

Guides, Brownies, Rangers, Young Leaders and Guiders will surely have had at least one special memory of 1985. The members of Chase District Band from Burntwood in Staffordshire have two extra special days to remember. One was on February 16 at the Royal Albert Hall where the band were chosen to portray Guides of today in the finale of the Thinking Day Spectacular. This was the best accolade that anyone could imagine — thank you Jane Holmes for making this possible.

The other special day was in mid August; the venue was the Three Counties showground in Worcestershire; the event was MAGIC, in more senses than one. The Midlands camping event of the decade! To perform before so many people was truly awe-inspiring.

All-girl marching bands do exist in this country but there are few Guide bands. For our band we have to thank Pauline Ingram, Guider-in-Charge, Mr Fred Annis and our very patient bandmaster, Paul Stanton, all of whom give of their best to make the band the success that it is.

There are 40 members in the band. Four of them are Leaders, two are Young Leaders and the remainder are Guides taken from four Units. The age range is from 10-19 years.

The band was formed in 1979 and was comprised of 15 members. We compete at competitions throughout the country and this year we will be performing at the Royal Albert Hall and the National Garden Festival. We also perform displays for local fêtes and charities and of course at Guide functions.

It costs a lot of money to keep the band going but we have an excellent fund-raising committee who work very hard all year to help us.

I would like to say thank you, on behalf of the other members of the band, to all those who contribute to our success.

> Sarah Underwood, Chase District Guide Band





An Easter Alternative

Eight intrepid Guiders from all over the UK ventured up to the Blencathra Centre, in the Lake District, for five days of Walking Safely in Severe Country. What better way to spend Easter? We had all progressed through the Advanced section of the Walking Safely Scheme and wanted further training before entering the Mountain Leader Training Board Scheme. We approached the course warily, little knowing what was in store for us!

when we had settled in, we found there were only eight Guiders and five instructors—six if you counted the dog! The course began in earnest with the first of the lectures, which covered the same 'ground' as at Advanced level, but in

greater depth.

The Mountain First Aid lecture was most interesting—Lynn's injuries appeared to be fatal, but Dale her dog thought her rescuer presented a threat, and wanted to prevent the 'attacker' from getting to Lynn at all costs. The situation became even more interesting when Dale realised that ketchup tasted good, and wouldn't leave Lynn alone!

The following day we learnt how to give security on steep ground, setting up belays and handlines. Those with climbing experience demonstrated how to do a simple climb, and promptly fell off—just to prove how good our belays really were.

After lunch we were challenged to find our fitness levels in order to use Tranter's Variation. This involved struggling up a hillside of a given gradient and distance and timing ourselves over the climb. It proved something, but whether it was to

see who was fit or who could puff the loudest, who knows? Our sympathetic instructors looked at the heap of collapsed bodies and decided we might not make it back down, so we were invited to find a suitable bivi spot.

Two minutes later, eight assorted Guiders were examining rocks, digging snow holes and building all sorts of homes. Ten minutes later only bright orange survival bags littered the slopes of Blencathra—not a Guider to be seen.

It was then back to the centre for a meal and preparation for a night navigation exercise. It is valuable to be able to navigate at night as it is much harder than one expects. We were due to stay out overnight to practice our bivi techniques, but the rapidly deteriorating weather conditions forced a wise decision to return and spend the night at the centre.

The next morning we were out again, practising the many ways of navigating and experiencing casualty handling. It was a valuable exercise and proved how much thought has to go into these situations—it is all too easy to rush in and make hasty

decisions.

The afternoon was spent learning how to cross a river. The tourists seemed to find our situation puzzling—it's not every day you see eight women going to and fro across a river, up to their waits in freezing water when there is a perfectly good bridge close to hand! It seemed to provide much amusement.

The last day was spent on a major expedition, putting our theory into practice. Our circular route included Haweswater, High Street and Harter Fell. We encountered a variety of conditions ranging from heavy snow fall to beautiful clear blue skies. In the afternoon we found time to practice ice-axe arrests. The walk back down showed the Lakeland mountains at their best. The sun came out and we could see the tops for miles around. Two eagles soared below their eyrie, and it was absolutely peaceful. Regretfully we made our way back.

In spite of our fatigue, we managed to keep up our spirits, due mainly to the weather lecture and sundry Ulster gems! The personal de-briefings provided a valuable and sobering finale to the course.

This training did everything it set out to do—it provided us with the personal and leadership skills demanded by severe country; it has generated the enthusiasm and confidence to return to our Counties and Regions, prepared to work with Guiders and young people at all levels, to enable them to develop a love for walking; it has provided a valuable and necessary link between Advanced Walking Safely and the MLTB Scheme. We would hope that this course will become a regular feature in the Training Calendar in the future.

Trish Halmshaw

Ranger Guider Lincolnshire North and Humberside South

Jackie Adams

Brownie Guider London over the Border

The 'Theme' of Things

To have a Guide meeting that is interesting, informative and fun can, week after week, cause the grey matter to become overworked. How delighted we were therefore to discover the series 'Theme Evenings' in the GUIDING magazine. With Christmas just about behind us and Burns Night fast approaching, we were looking back through our GUIDING magazines and found in the October 1985 issue 'A Highland Fling'. What could be more appropriate. The 1st Dubai Guides decided to invite the 3rd Dubai Brownies, run by our District Commissioner Marion Macpherson, a true Scot, to join us for the evening. It turned out to be a most successful venture enjoyed by all who attended.

We were at this time giving thought to Thinking Day and decided the theme evening for the Highland Fling had been so successful why not take another theme for Thinking Day. The American Girl Scouts had been in touch in the hope that we could join together for this international event. As if in answer to a call for help, GUIDING January 1986 produced on its Practical Pages, 'The USA' which, combined with the 'Theme Evening', Have a Settler's Barbecue, from the June 1985

Theme Evening, Have a Settler's Barbecue, from the June 1985 issue, gave us all the ingredients for Thinking Day.

February 22 found 75 girls from the 1st Dubai Guide Company, the 1st, 2nd and 3rd Dubai Brownie Packs in a patch of desert in the United Arab Emirates celebrating Thinking Day with a Settler's Barbecue. The Guides and Guiders came dressed as settlers and the Brownies as cowboys and indians. We were fortunate enough to have a covered wagon made for us by one of the large construction companies in Dubai, from which we served the food. Hot dogs, pop corn, uncooked cookies and other typical American delicacies were the order of the day. The Dubai American Square Dance group gave us a demonstration, complete



Settlers complete with chuck wagon

with recorded caller and in our search for authenticity on this subject we wrote to the Ulster-American Folk Park, one of the useful addresses mentioned in GUIDING, who were most

Each of the Brownie Packs and Guide Patrols portrayed one aspect of the American way of life ranging from the early settlers children's games to a Rodeo. We ended the day with a marvellous Camp-Fire singing Guide, Brownie and American folk songs to the accompaniment of a guitar and a cup of hot cocoa. A Thinking Day Theme Evening we will all remember with pleasure.

Cynthia Paton Assistant Guider, Ist Dubai Guide Company



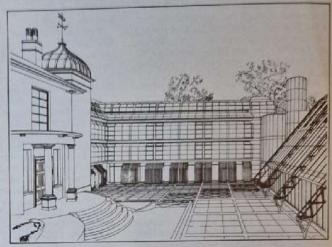
News

and Progress

World Chief Guide Memorial Fund/Olave Centre Fund

he income to date (mid June 1986) is in excess of £2.3 million. In recent months there have been many contributions from Countries/Regions, Counties, Units, Trefoil Guilds and individuals. Very many thanks to all who are continuing to include this cause in their fundraising plans and activities. Money has come from: sales of WAGGGS items, church collections, coffee mornings, sponsored events and a sale of hot chestnuts! Fundraising news and ideas from around the world are distributed regularly in the UK via Countries/Regions.

Around the world Girl Guides and Girl Scouts are raising money towards the total required (about £7 million) for the completion of the Olave Centre. Many



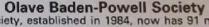
others are helping.

WAGGGS Diamond Jubilee Appeal in the UK

This appeal to business, banking, trusts, foundations and other external sources in the UK was launched at a reception in the Council Chamber at CHQ on June 4 1985. Baroness Carnegy, the Patron, presided. The Appeal Committee Chairman, Peter Grant Esq, Deputy Chairman, Lazard Bros and Co Ltd and the WAGGGS Chairman, Lazard Bros and Co Ltd and the WAGGGS Chairman, Lazard Bros and Co Ltd and the WAGGGS Chairman, Lazard Bros and Co Ltd and the WAGGGS Chairman, Lazard Bros and Co Ltd and the WAGGGS Chairman Committee Council Chamber at Chicken Control of Cont man of Fundraising, Dr Helen Laird, presented the pro-ject to Vice Patrons, invited guests and press representa-

Money has already been received from some external sources.





This society, established in 1984, now has 91 members (June 1986). Each member has made a contribution of £5,000 or more, or has been honoured by such a contribution being made to the society in her/his name.

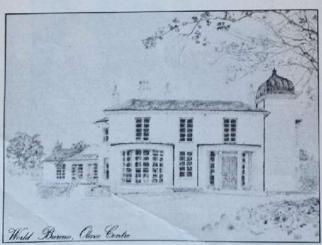
The Patrons of the Society, HM Queen Ingrid of Den-

mark and HRH Princess Benedikte of Denmark, invited members to the Society's first presentation of insignia and certificates in the Amalienborg Palace on 29 May.

A report of this event will appear in next month's issue of GUIDING. Further details about the Society can be obtained from:

The Secretary General, Mrs A Burbidge, World Bureau, Olave Centre, 12c Lyndhurst Road, London NW3 5PQ.





As mentioned in the June issue of GUIDING, HRH The Princess Margaret is a founder member of the Society.

Obituary

Miss Thora Wallis Myers

hora Wallis Myers, who died on April 20, was involved in Guiding for over 60 years. She joined the Movement as a Guide, and later became a Brownie Guider and Guide Guider in Surrey. In 1933 she went on the famous cruise of the 'Calgaric' with the Founder and Chief Guide (the first of three Guide Friendship Cruises), and in the following year she joined Commonwealth Headquarters as Publications Secretary. So began an era of service to Guide Headquarters spanning some 40 years (with an interruption during the war).

In her position as Publications Secretary and later as Editor of THE GUIDER (now GUIDING) Thora subtly influenced the thinking of all those who read the Association's publications and periodicals. Writing was in her blood literally for her father had been the lawn tennis correspondent on the Daily Tele-

For her last 11 years at Headquarters Thora worked unobrusively in the Library as Archivist, a rôle which suited her admirably. In some ways hers was a retiring personality, though certainly not a weak one. She was completely loyal to her conception of Guiding as a Movement of



Miss Wallis Myers meeting HRH The Princess Margaret at Foxlease in 1969.

historic interest and value, and quite dogged in her determined pursuit of events and people worth recording.

The Association as a whole owes much

to Thora.

Even after her retirement as Archivist, Thora continued to work for the Association in her capacity as Secretary for the Communities Guild (one of the Guilds belonging to the Trefoil Guild for members of the Movement in religious communities). She gave a lifetime of quiet service to the Girl Guides Association, so it was fitting that she should be one of the recipients of Maundy Money distributed by the Queen at Guildford Cathedral in

Hers was a gentle, compassionate and considerate nature. She was meticulous in her standards of behaviour, and in everything to do with her craft of writing, her Christian faith, and the keeping of the Guide Law and Promise. A faithful friend of many, Thora will be much missed.

BB & EH

The Girl Guide Friendship Fund



Dear Friends

I am sure most of you enjoy swimming - at school, with family and friends, or perhaps on Unit outings. It's a great sport. So relaxing, giving good exercise without you really realising just how much good it's doing!

The Association of Swimming Therapy was formed in 1952 to encourage, promote and teach the art of swimming to disabled people - often the only form of independent exercise that many of them can take part in, where they experience a mobility unknown on land. Instruction is given on a 'one to one' basis until complete independence is achieved. For the handicapped, swimming offers a movement towards normality of living security and happiness in the element of water - ability in the water, rather than disability on land.

The Associations' teaching method adapts for all sorts of handicap, however severe, and they plan to make five 20-minute teaching videos to explain some of the skills to meet handicapped swimmers' needs. Each will cost around £5,000 and the Association has itself raised the first £5,000 by sponsored swims, etc. From monies sent in by UK Guides, I am happy to tell you that the Girl Guide Friendship Fund has been able to donate £1,500 to this unique organisation and we hope it will help towards their continued success in the future.

We have also made a 'one-off' donation to the Foundation for the Study of Infant Deaths. You will all have read or heard about the inexplicable 'cot deaths' which bring so much distress to families. The Foundation is striving to discover why these apparently healthy babies and small children should suddenly die, bringing not only

great sorrow to their parents, but often an unjustified feeling of guilt. With love from all of you, we have sent £500 to help in their research into the causes of 'cot deaths'

May I also remind you of the four projects which make up the GGFF summer appeal which closes on August 31. Botswana * for camp equipment and permanent campsite buildings

Ecuador * reconstruction of storm-damaged campsite Malta * renovation of bungalow for National Training

Spain * training materials for Guiders

We have already received a lot of enquiries from you and hope we will be able to collect all the money needed for all four projects. Please make your cheques/postal orders payable to The Girl Guide Friendship Fund and send them to:

> The Girl Guides Association. The Girl Guide Friendship Fund, 17-19 Buckingham Palace Road, London SW1W 0PT.

Don't forget to enclose a name and address because we do like to send our official receipt and our thanks. Also, full details are available in a leaflet. Just write to the above address, enclosing a stamped, addressed envelope, and we will send you copies.

Have happy holidays, Camps and Pack Holidays and we look forward to receiving lots of letters containing

your donations!

Nancy Roe Chairman

PRACTICAL VERMAR ROSO BOX



Games for Sixes — not forgetting the new Brownie Side by Side

You will need:— a list of instructions for the Brownies to follow.

A quick game to break the ice and introduce new Brownies to the Pack or Six. Each Brownie finds a partner. The game begins with each pair of Brownies facing each other, they say 'Hello' and exchange names. The Guider calls out instructions which each Brownie pair then carries out, for example; 'left hand to left hand', 'ankle to ankle' etc. All sorts of instructions can be made up!

Once the instruction has been carried out the Guider will then call 'Side by Side', this is the signal for the Brownies to rush off and find a new partner . . . say 'Hello', exchange names and carry out the new instruction. The game should be played at speed!

Sixes

You will need:— per Brownie: a chair
The whole Pack sits on chairs in a circle facing inwards. Brownies are mixed up so that Sixes are not sitting together. One Brownie stands in the centre of the circle, she is not allocated a seat, and when the game begins, will shout out the name of a Brownie Six (appropriate to your Pack!) eg Pixies. All the Pixies try to exchange seats with each other and the Brownie in the centre takes the opportunity to find a seat for herself. The Brownie without a seat becomes the Brownie in the centre of the circle and the game will continue when she shouts out the name of another Six who have to swap places. She could also shout out 'Sixes', when the whole Pack have to find different seats!

Brownie Picture Gallery

You will need: per Brownie: a paper and pencil.

Each Brownie draws a simple picture of another Brownie in her Six, they are all displayed.

The Brownie Six can then find out some 'Interesting facts about our Six' eg how many blue eyes are there in the Six? How many with fair hair? How old is the Six? And any other suitable questions you can think up!



Games for Sixes — with an outdoor theme. Bunyips

You will need:— paper and paints per Brownie. A tennis ball per

(Bunyips are imaginary monsters seen by Australian Aborigines when they go 'Walkabout').

Each Brownie draws or paints a Bunyip. The pictures are then stuck on the wall and the Brownies line up behind their Sixer at a suitable distance. Each Six has a 'Boomerang' (ie the tennis ball) with which they take turns to throw at the Bunyips. If a Brownie hits a Bunyip she takes it off the wall and keeps it for her Six. Which Six can catch the most Bunyips?

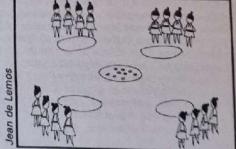
Coin Chase

You will need:— 2 coins per Six plus 1 extra (eg 10p); chalk or ropes or hoops

Each Six stands behind a chalk circle (or rope or hoop) and an

extra circle is drawn in the middle.

All the coins are put into the middle circle. At the signal 'Go', one Brownie from each Six runs to the middle circle, picks up a coin and takes it back to her own circle. As soon as she is back, the next Brownie goes to collect a coin. When all the coins from the middle circle have gone, Brownies can go



to any other Six's circle and take one from there. After a certain time the Guider calls 'Stop' and the Sixes count their coins. (See fig.)

Match the Sweet

You will need:— a tube or packet of multi-coloured sweets.

Give each Six a set of sweets, ie one of each colour. They then go outside and try to find an object which closely matches each colour. If possible restrict these to natural objects. Sixes then display their collection and compare with each others. This can lead to interesting discussions.

PAGES

PATROL/ SIX GAMES





Games for Patrols — not forgetting the new Guide Just for Fun

The Patrol should carry out and complete the following instructions,

aiming to achieve them all at the same time!

— all girls who have blue eyes squat on the floor — the oldest girl stands on a chair — the girl who has been in the Guides the longest holds everyone's hats — the girl who has the furthest distance to travel to Guides closes one eye — the newest Guide holds one arm above her head — anyone who's been to Guide Camp should stand on one leg — the whole Patrol line up in order of height. When all the above is completed, the whole Patrol to shout 'Hurrah'.

The Mannequin Parade

You will need: - per Guide: paper and pencil, a Guide handbook.

A 'how to wear your uniform game'.

The Patrol Leader will arrange for each member to have minor errors in uniform which should be concealed from the rest of the Patrol until it is their turn to 'model the Guide Uniform'. Each 'mannequin' will appear in turn, stroll slowly round, turn once or twice, curtsey gracefully and retire. The rest of the Patrol, with pencils and paper, will try to spot the mistakes in the uniform of their friends. At the end a check will be made (the Guide Handbook can be used as a reference) and the most successful critic suitably acknowledged!

Film Faces

You will need: - some tokens; ie Black Beans, Buttons.

Each Guide is detailed secretly by the Patrol Leader to find a facial expression for: love, hate, envy, showing off, horror, admiration, amazement, doubt, 'castor oil', scorn, amusement, 'corns', surprise, fear, delight, boredom, exhaustion and so on

In turns the Guides give a facial representation of the expression assigned to them and continue to portray the same until someone in the Patrol succeeds in naming it correctly or until the time limit (say one minute). If at the end of the time limit no-one has guessed, the leader should tell the Guides what it was. If the leader has to do this then she could award the Guide a token, eg a black bean. The Guide with the least number of 'black beans' could be awarded an 'Oscar'.



Games for Patrols — with an outdoor theme Stoop Tag

One Guide is chosen to be 'IT'. She chases the others trying to tag one of them. A Guide may escape being tagged by suddenly stooping or squatting, but each Guide may only stoop three times. After the third time of stooping a Guide may resort only to running to escape being tagged. Any player who is tagged becomes 'IT'.

Nature Hunt

You will need: - A list of natural items.

The Leader prepares a list of natural items that are to be collected, eg a fir cone, a pink stone, a dandelion leaf, etc. A copy of the list is given to each Guide (if played in the Patrol) or each Patrol (if played by the Unit).

At the signal the players rush off to find what they can. When a player finds one of the items she immediately takes it back to the leader who will note that she is the first, second or . . . person to find that item, and points are scored accordingly ie 1 point for being first, 2 for second and so on.

The Guide, or Patrol, with the least number of points is the most successful — perhaps she should be the 'Patrol Gofer'

NB. Avoid wild flowers or collecting items which will cause damage.

Window Dressing

You will need: - some shops! Paper and Pencil per Guide pair.

A shop observation game.

Three shop windows (eg Grocers) A, B and C are chosen.

The Guides, in pairs, visit the different shop windows and spend five minutes at each, noting the contents. No return visits are allowed and after observing the third window they should return to the meeting place. Each pair should then make a list of:

- 1. Articles that appear in all three windows (3 points if correct)
- 2. Articles that appear in windows A and B (2 points if correct)
- 3. Articles that appear in windows B and C) (2 points if correct)

Any item that is incorrect will score 1 minus point. The whole Patrol could return to the shop windows to check on any doubtful answers.

Who are the Patrol observers?

THE GIRL GUIDES ASSOCIATION

At North East England's Public Relations Conference earlier this year, Margaret Stephenson, the Public Relations Adviser for the Region, asked Betsy Whitaker to be one of the guest speakers and address the over 90 delegates who had gathered at North Riding College, Scarborough. Her brief had been to speak about her view of Guiding from a parent's point of view, and her session was entitled 'I'm not a Guide...'

When Margaret first asked me to attend this weekend, she said she wanted someone she could rely on to tell the truth, who wouldn't be afraid to say exactly what she thought, and who therefore wouldn't hesitate to be critical.

The next thing she said — almost — was: 'Of course, there won't be any fee.'

Well, with the greatest respect to those people who share my profession, how many other people in public relations could you say that to — 'we know you'll be brutally honest,' and — 'I'm sorry there's no money in it'? Perhaps only one from British Gas (or the Girl Guides).

Which brings me to my rôle today — I've been told that you want 'a parent's view' of Guiding. But more than that, an outsider's view. The fact that I'm billed as the public relations manager for British Gas Northern is therefore not particularly relevant. Nevertheless, as this whole conference is about public relations, I'll be happy to share some thoughts and ideas with you about that as well, if that is what you want.

I'd like to start by giving you some questions, which I hope you will answer for me later on:

First — Uniforms: Why, even at an informal, 'in-house' conference like this, do you wear them? Do you think they help or hinder your public image? Do they help or hinder recruitment?

Second — What kind of image do you think you have with the outside world? Is it a good one? Is it a fair one? Do you want to change the image to reflect what you think the Guide Movement is really all about; or do you believe that the image will change only if fundamental changes are made to the Movement?

Third — why did you choose Guiding, rather than other kinds of youth leadership? Is it a Christian commitment, and if so why don't you run a church youth club?

But — to start with: an outsider's view of the Guide Movement.

I don't know how many of you heard a series of programmes on Radio 4 recently, called 'Books that changed the World', in which famous people from all walks of life had to choose the book which for them most aptly fitted just that description.

The best-selling author and now, Conservative party spokesman, Jeffrey Archer chose Robert Baden-Powell's Scouting for Boys

Dipping into it, in preparation for this weekend, it seemed to me not a good choice. I couldn't help thinking that it would more readily have fitted a slot called 'Books that would have changed the world if only people had taken them to heart.' It is full of words like 'honour', 'fair play', 'loyalty', 'courage', 'fortitude', 'discipline' and 'duty'.

It seems to me that Baden-Powell was that rare being — a man of vision. But one who combined that with an earthy practicality as well; who saw Scouting as a way of life

which, if followed, would ultimately enrich the lives of all of us. His was undoubtedly a rare combination of gifts.

And although the tendency is to laugh heartily at his 'cold bath and frugal diet' recipe for ridding boys of 'lewd thoughts', and at his suggestion that young men shouldn't hesitate to throw themselves in front of express trains to rescue young ladies who had strayed onto the track, the greater tendency is to a real feeling of sadness that so many of his views will seem plainly ridiculous to today's young people — and that the vast majority would, or so it seems, not even begin to understand what he was talking about.

(How many Scouts or Guides will have seen a copy of his book, let alone read it?)

And yet — I imagine that, although you yourselves may not use exactly those words, the values they represent are still those which you are endeavouring to instill in the girls of your own Brownie Pack or Guide Company. Along with all the other things he talks about — friendship, unselfishness, service to others, self-sacrifice, kindness and gent-

I'm beginning to sound like everybody's great-grandmother; but it does seem to me that these are timeless virtues and values, and that the words Baden-Powell wrote nearly 80 years ago are not only the foundation of your Movement, but the bricks and mortar and furnishings of today.

They are just as relevant now as they were then, and I am sure that they are still in the forefront of your minds. Of course, I suspect your real difficulty today lies not in deciding your values, aims and objectives, but in making these already well-established virtues relevant to children who have so many other pressures on them.

It has become a cliché to talk about the kind of competition that youth movements have to face now from television, video, computer games and so on — I nearly added cinema to that list, but even that sounds pre-historic these days.

But clichés only become clichés through being — by definition — used over and over again to express an undeniable truth. And the truth is that you have probably never had such an uphill struggle as you have today, not so much to recruit, perhaps, but to maintain your numbers.

My own experience of Guiding is nil — not only have I never been a Guide, but the idea was anathema to me as a child. This despite the fact that two of my older brothers were keen Scouts — I can remember even now, the practice camps they used to have in the back garden, and what a wild and unattainable adventure it always seemed.

I can even remember, with terrible clarity, the day when — I can't have been more than four-years-old — I was allowed the rare privilege of joining them round the camp fire, and burnt my mouth horribly on the white tin mug with a blue rim. I also recall

that it had something unspeakable inside.

Nevertheless, Scouting was fun; even the Wolf Cubs, as they were then (wonderful name) were a source of wonder and intrigue. But Guides? No thanks. All those uniforms, hats, blue knickers, and bossy leaders.

I had all that at school — I certainly didn't associate it with anything resembling fun and freedom. Was I right? You tell me.

But what of my own daughters, now aged eight, 13, and 14? The older two were Brownies, and joined the Guides when they were 10, and left after about two years.

The youngest is a keen and interested Brownie, who spent most of Tuesday night this week scrubbing her white ankle socks with a nail-brush and toilet-soap in order to overcome the final hurdle on her way to the House Orderly Badge. (Is this sex-discrimination, or do the Cubs have a similar task to complete?) More of her later.

In the meantime, let me tell you a story about the 14-year-old, and perhaps you can tell me what it means — or maybe it will be only too obvious.

She went to Camp in Scotland in August 1983 and telephoned one day to tell me that the previous night — the last one, I think — had been, and I use her very words, 'the best night of my life.' She'd won a badge or a flag or whatever for some achievement of the Patrol she had been leading; but what she was referring to was the final camp-fire, when she had seen the sun setting behind the mountain.

It sounds like something from Patience Strong or Mills and Boon — it sounds so unlike Sally to anyone who knows her for the wilful, rebellious, hot-headed child she is; but nevertheless, that had clearly been a highlight, not just of her Guiding days, but of her entire life.

A year later, at 13½, she was hiding behind the back seat of the car when we took her to the meetings. She was ashamed to be seen in the uniform, and — more significantly— terrified that the teenage boys who lived up the road might see her going to Guides. Three weeks later, she'd left.

The middle daughter soon followed. She left at only 12. Not, I might say, for the same reasons, but because she was — apart from the times she was at camp — quite simply, bored. I showed her some of the glossy brochures the other night, showing all the exciting activities Guides were supposed to get up to.

The comment was brutally frank: 'We never did anything like that.' Adding 'I've asked Rachel' — a friend — 'and she never does anything exciting in her Company either. She's leaving at Easter.'

The other criticism that came from both of them was that they felt so many times that they were being bossed. Time and again they would say 'You're supposed to enjoy it, not be bossed and bullied. We're not at school, you know '

Even the little one has the same problem

P.R. CONFERENCE

21 23 MARCH 1986

with certain leaders; although not Brown Owl, who as far as Beth is concerned is a combination of God, the Queen, Mother Theresa and all the angels.

If you were to ask me to find one word that would describe Brown Owl's single most important quality, it would be 'kindness.' Above all else, she is a kind person — and I guess she has one of the biggest Packs in the area. Someone, however, while in charge during her absence, had upset the apple-cart good and proper by saying — in response to a 'Brown Owl doesn't make us do that' comment — 'Yes. Well Brown Owl's far too soft, if you ask me.'

Three cheers for softness, if you ask me. I don't know how you keep order; how you stop things from getting out-of-hand; how you maintain discipline and control when you have on your shoulders the enormous and awesome responsibility of other people's children in a large group. I couldn't begin to tell you, because I find the greatest difficulty in doing it with my own three—but I do know, I'm sure I know, that it has more to do with kindness than with rigid rules and discipline. I'm sure they want to be asked, not ordered.

Even as I speak I can imagine my own daughters' eyes raised heavenwards in disbelief—for I speak as something of a hypocrite. As a parent, I do lay down the law quite a lot, and I am bossy. The best I can say in my own defence is that I recognise it, and try—not always successfully but I do try—to correct myself.

You will realise from what I have told you about my own children and their various experiences that you are getting a very subjective view. The problems and drawbacks they have encountered may well be as much to do with their own personalities and how they react to individual leaders as anything else.

I do not offer any of it as valid and objective criticism, only as food for thought. I was asked to be as honest as possible, and I can only do that from within my own experience.

But what of a more general view of Guides and Guiding? How are you seen by these so-called 'outsiders', whoever they may be? The fact is, I can't really tell you: it's not something I talk about very much. I've no reason to. But again, I can offer you a few pointers from personal experience, and some general ideas of my own impression of the Movement.

Margaret has talked about wanting criticism — and like everyone who asks for that, she qualifies it by adding 'constructive, not destructive' criticism. I am not sure I can agree with the distinction she makes. Criticism is by definition an objective assessment, but over the years its meaning has changed subtly, to imply a negative appraisal of something or somebody.

But in fact whether the criticism is constructive or destructive depends — to my way of thinking — not on the person who is giving it, but on the recipient.

I am reminded of my mother, who having bought a new hat/coat/blouse or whatever will say: 'Now tell me honestly — do you like it? Tell me the truth.'

And I reply: 'No it's awful. It makes you look at least a hundred and the colour makes your skin look sallow. It's the wrong shape for your face/figure or whatever, and if you don't mind my saying so it's a bit old-fashioned.'

She says: 'Thank you very much. I've just paid good money for that' and doesn't speak to me for an hour!

She thinks I've been destructive. I think I've been constructive — and I know I've been honest. The same goes for all of you. You can make what you like of what I say.

You can tell me it's a load of rubbish, that I've got entirely the wrong end of the stick, and that you don't give a damn about my opinion anyway. Fine. I don't mind that at all. What you won't be able to say is that I haven't been honest, or that you didn't ask for it. You did. Or rather Margaret did, on your behalf.

So — I watched the faces of those people at work who asked in the course of polite conversation what I was doing this weekend, and I replied that I was going away with the Guides. They all, without exception, gave a small, or a large, but always incredulous, laugh.

They all said either: 'In a field?' or 'Good grief' or — wait for it — 'Oh well — be prepared. You might meet a boy scout.' Or 'Don't forget your woggle.' Or simply — 'Who? You?'

What is worse, is that I probably invited such comments by preceding my answer to their initial inquiry with an embarrassed 'You're not going to believe this, but . . .' Or: 'Well, don't laugh, but . . .'

The question is: Why? Why did I feel uneasy? Embarrassed even? Why could I only cope with it by making a joke? There were some muffled sounds of horror yesterday when one of you made a comment about some Guide leaders not wanting people in the local community to know they were Guiders. It's no use sounding shocked — you must ask yourselves why. Why especially should someone in the Movement feel even slightly embarrassed about admitting it?

For the same reason, I suppose, that some people find it almost painful to admit to being Church-going Christians. That doesn't bother me personally because I can put an argument in favour of the Church and the faith — they're not necessarily the same thing — if necessary. Being an argumentative sort of person, I can put an argument about anything, come to think of it.

But as very much linked organisations or Movements, you do tend to get tarred with the same brush.

You do suffer from a stuffy, jolly-hockeysticks, woggles and navy knickers image, and it is not one you are going to find easy to dispel. For one reason the Press — run very largely by men — like it that way.

It makes good headlines: 'Girl Guide in love knot tangle' —'Girl Guide Mary Smith was not prepared for the day a saucy Scout suggested she should light his fire.' Or 'Girl Guide Susy Scott got more than she bar-

gained for when she asked a boy Scout for a loan of his woggle.' 'Sparks fly in Camp-Fire row.' You know the sort of thing.

I speak from the heart. Nobody wants to know that we have probably the safest and best gas distribution system in the world, or that more than 80 per cent of explosions may be caused by faulty installation and maintenance not connected in any way with British Gas. But they do want to know when something goes wrong and there's an explosion, or when we inadvertently send a bill to someone who doesn't have a gas meter. But that's life — or, more particularly, that's the Press — and to some extent you have to live with it.

You look to the outside world, whatever that is — and I'm sorry if this sounds offensive — you look a bit cosy; a bit dull; a bit middle-class and goody-goody. You are sexually stereotyped because you are a women's organisation, and I think that in a way that is not surprising, with your emphasis on making girls into good little homemakers who darn socks and butter the bread and make the tea at rugby matches.

Like the church, and I think it's a fair analogy, you probably suffer much more from people's ignorance of what you are than from any faults in the structure of the Movement itself. People's perception may be wrong — mine may be wrong. But you cannot afford to ignore it.

Like the church, like any organisation, like British Gas even, you will always be criticised more for what people think you do or do not do than for what you actually do. That is true of any group of people — there is an image of them in other people's minds that may be very far from the reality.

You only have to think of teachers: think of accountants or Church of England vicars: think of social workers, for Heaven's sake. Think of the image you have of them, and why you have it. Think what their public image is — then think what the reality may be. If you know any of them, from the inside, then you will know they are unfairly judged much — if not most — of the time.

But what the Guide Movement, or the church, or any group of people you can name, must remember is this: the image that people have of you is never a complete distortion. And if you pretend that it is, then you do so at your peril. There is always a grain, and sometimes much more than a grain, of truth in what people say about you.

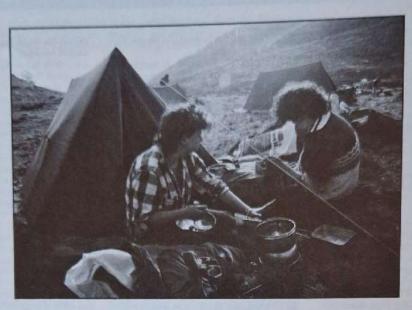
And that is what you must concentrate on. The image can be improved, but only insofar as it reflects changes of attitude and emphasis and practice within the organisation. You have to decide how much the image matters, then how much of it is deserved, and then how much you can improve it.

I know to my cost that it is a long and painful business, but it is, I believe, something you cannot ignore.

I have tried to give an honest view of you: I don't know how near the truth it is, but it is my truth, and for what it has been worth I am happy to have shared it with you.



Outward



For many people the phrase 'Outward Bound' simply means anything to do with adventurous outdoor activities. In fact, it is the name of an unique educational enterprise run by the Outward Bound Trust, which is a registered charity.

In the UK the Trust administers five residential centres in Wales, Scotland and the Lake District and an urban-based City Challenge programme, run from Coventry, which promotes personal development, in particular for those in the 16 to 25 year old age group. As an international movement, there are now over 30 Outward Bound centres in the rest of the world.

The confusion with outdoor activity courses arises because Outward Bound uses, as its training medium, the demanding outdoor environment and community service in the equally testing urban setting, both of which can promote personal development. Outward Bound aims to provide people with positive help and encouragement to develop the personal skills, such as adaptability, tolerance, understanding and trust, which everyone needs to operate successfully in the fast-moving modern world. If you are interested in personal development, are attracted by outdoor activities or have perhaps already gained some experience through the Guide or Venture Scout Movements, then Outward Bound is the course for you.

Residential Challenge

Outward Bound courses are held throughout the year in the five Outward Bound centres and are open to anyone from 14 to 60 years old.

Participants come from all parts of the country, many paying their own fee, others 'sponsored' by employers, education authorities and voluntary organisations such as Round Table and Rotary, by their parents or by the government.

The first of the many challenges is leaving behind the comfort and security of familiar home surrounds and then meeting and becoming part of a group of between 8 and 12 young people from as wide a cross-section of backgrounds as possible. Individuals begin to get to know and understand each other, to work with each other and to adjust to the inevitable restrictions and compromises involved in sharing a residential base.

Outward Bound attracts people from all sections of the community, providing financial assistance wherever possible to those who would otherwise be unable to attend and encouraging employers and other agencies to participate. The aim is to achieve a rich 'mixture' of young people on courses so as to promote the maximum exchange of ideas, attitudes and experience between participants.

Whatever course is undertaken, Outward Bound presents problems, choices, responsibilities and opportunities for each individual in a changing environment where different needs and circumstances occur quite unpredictably. The residential and social aspect of a course is a challenge in itself, enabling participants to exa-mine their attitudes and behaviour and the effect of these on others, as well as gain understanding of other people. The courses are designed to challenge all dimensions of personality and capability-emotional, physical, social and intellectual. As a result of meeting this wide variety of challenges and achieving what was previously considered out of reach, participants are led to a much more accurate perception of what they are capable of, and often make terrific gains in self-confidence.

City Challenge

The City Challenge operates from Coventry and mounts courses of one and three weeks in different towns and cities around the country. Participants work in small groups on three and four day placements. They work alongside ward staff in hospitals for

Bound?

the elderly and mentally disabled, in hostels for the homeless and vagrants, in playgroups with deprived children and in the homes of the disabled, deprived and disadvantaged.

Participants share a residential base and meet each evening in tutorial groups to discuss the events of the day and the relevance of what they have learned with each other and with their tutor. They also exchange feedback and offer support and encouragement to each other. As well as learning a great deal about their own abilities and strengths, participants gain an insight into the real needs of others and derive considerable personal satisfaction from the course.

Combined Challenge

This is a 12 day course, usually based in one of the Outward Bound centres, which combines the intense community service of City Challenge with the challenge of group tasks and activities in the outdoors.

Full details can be obtained from The Director, City Challenge, Canal House, Draper's Field, Coventry CV1 4LG. Tel: 0203-26284. The Outward Bound Course

The Outward Bound course is the original and the most widely supported course run by Outward Bound and lasts for 20 days. It is pitched at various levels to meet different age ranges (14-16 years, 16-23 years and 23+ years) and to meet different physical and intellectual abilities.

The first week is a concentrated input of new experience: getting to know a group of strangers and developing friendship and trust, mastering basic techniques in the outdoors and learning about teamwork and group support. It usually includes an overnight camp and initial rock climbing and water sessions. These outdoor skills are developed with particular emphasis on safety to allow the group as much independence and responsibility as possible in the following weeks.

During the second week group and individual skills develop further with a two night expedition, a solo camp and group problem-solving activities. It is a period of experimentation when different styles of group management are tried and evaluated. More responsibility is taken, for

example on further water and rock climbing sessions, as the tutor gradually withdraws, adopting the rôle of observer and safety officer rather than instructor or facilitator.

In the last week a final three or four day expedition allows the group to test their social, group and outdoor skills. Important decisions test the extent to which the group has grasped and is able to use the principles of effective teamwork. The need for personal motivation, organisation and discipline is highlighted.

Throughout the course and particularly after the final expedition, analysing and discussing what has happened is an important element in consolidating the learning. Individual interviews with the group tutor allows further discussion and provides assistance for each student to make the transition from the course to the home environment.

Outward Bound also offers a wide range of other courses, including tailor-made and expedition courses.

Safety

Outward Bound has a very high record of safety and places great emphasis on correct safety procedures at all times. All water activities entail wearing appropriate life jackets or buoyancy aids and participants wear protective helmets during rock climbing sessions. Each centre has a commitment to local rescue services and course participants are available for search and rescue activities.

Full information about Outward Bound is available from:

The Outward Bound Trust, Chestnut Field, Regent Place, Rugby, CV21 2PJ, Tel: 0788-60423

or from the Principal at any of the five UK Outward Bound centres:

Outward Bound Aberdovey, Aberdovey, Gwynedd, LL35 0RA. Tel: 065472-464.

Outward Bound Rhowniar, Tywyn, Gwynedd, LL36 9HT, Tel: 0654-710521.

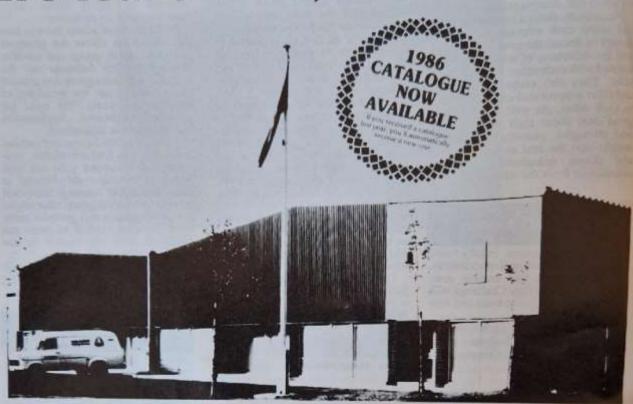
Outward Bound Eskdale, Eskdale Green, Holmrook, Cumbria, CA19 ITE.Tel: 09403-281.

Outward Bound Ullswater, Ullswater, Penrith, Cumbria, CA11 0JL. Tel: 08536-347.

Outward Bound Loch Eil, Achdaliew, Fort William, Inverness-shire, PH33 7NN, Tel: 039-77-320.



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illustrated catalogue of uniforms and equipment. Or you can obtain your catalogue from your local Guide Depot.

But whichever way you choose you couldn't choose better that Trading



1986 CATALOGUE

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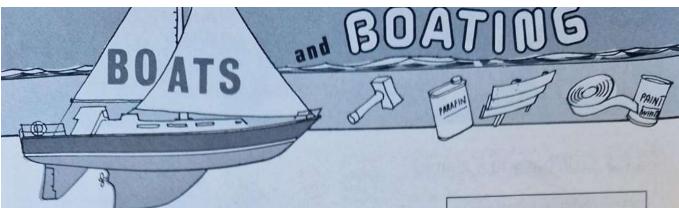
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When you buy from the Movement, we all benefit.



All craft need care to prolong their life and ensure their best performance. Fibreglass and resin are used in many craft today and because it is fairly tough it keeps the maintenance work to a minimum. There are of course some wooden boats still giving good service having been cherished and kept in good shape.

Fibreglass and Resin Craft Repairs

Let us first look at repairs to fibreglass and resin craft. The boat or kayak must be completely dry before a permanent repair can be carried out, and this cannot be achieved in the middle of an expedition. The preparation of the damaged area is very important. A coarse emery cloth or even a file is needed to clean the whole area. Give yourself an adequate margin of undamaged boat around the area to be repaired; about 3 to 4 inches. All the polished resin surface must be taken off to get a good join. If there is an actual hole in the boat put some wide PVC tape on the outside as a barrier. Cut three pieces of chopped strand mat, (CSM) each one inch larger than the other. Mix the resin in accordance with the instructions and thoroughly wet the damaged area, put on each layer of fibreglass, taking care to get the resin worked right through the CSM.

While it is necessary to have somewhere to work where the temperature is high enough for the resin to set properly, it must be stressed that Care and Maintenance of Craft and Equipment

adequate ventilation is absolutely necessary. The fumes given off by the resin are harmful if not cleared from the work area and can have an effect somewhat like glue sniffing, while the long term effect is not certain at present. Ventilation ideally should be by use of extractor fans and the length of time of exposure to the fumes should be carefully watched. When the resin has set, remove the PVC tape and file and rub down the repair. To tidy the outside of the boat, file and leave a rough surface lower than its surround, then cover the whole area with gelcoat resin until it is above the surround. Gelcoat will set with a sticky surface, which is why it is built up higher than the surround. To finish, when set clean off the sticky surface with a file and emery cloth. Rub down well to get a smooth finish, a final treatment with a good metal polish will leave the surface looking as good as new. This method of repairing applies to all Glass Reinforced Plastic (GRP) boats, canoes and kayaks.

If a boat is damaged during an expedition, a temporary repair can be made by covering the damaged area with tape impregnated with a non-oxydising paste, which can be bought at builders merchants. It is messy but effective and can be



cleaned off easily with the application of white spirit or paraffin. PVC tape can also be used. Remember, whatever is used, the surface of the boat must be dry.

Timber Boat Repairs

Timber boats are becoming rarer but there are still some about. On timber boats the larger repairs need the help and/or advice of an expert, but small cracks can be mended by the application of metal or wooden tingles (patches). The metal tingles can be made of copper, zinc, aluminium or lead. The copper sheet, gauge 24-28, needs to be tempered by heating over a gas ring until it is cherry red and then left to cool naturally. Zinc, aluminium and lead do not have to be heated. The weight of lead makes it unsuitable for small boats.

Cut the metal patches to the required size with metal snips, leaving a suitable overlap all round. Punch small holes all round, half an inch apart and about three-eighths of an inch from the edge. An underpatch of hessian or similar material should be put on first over the damaged area and well soaked with bitumastic paint. The metal patch is then fitted and carefully hammered into shape to fit well over any joints it has to cover and then tacked into place, taking care to turn over the end of the tacks to prevent them from falling out. The repair is then painted over.

Continued on page 48



What's In a Name?

When first coined, the name 'Girl Guides' was far from popular with those first pioneers who called themselves 'Girl Scouts'. But consider the two terms: to scout, is to seek and to search; to guide is to lead, to show the way.

'No matter what the position in Guiding, the salary is the same."

We must all learn to make the most of

One can climb the highest mountain, and look, and see a valley, and want to be



'Fast-phrases'

Have you noticed the increasing number of slang phrases which are being used these days — especially in shops and advertisements? A number are listed below, with alongside their correct spelling.

Supa — Super, Nite — Night, Rite — Right, Kleen — Clean, Fone — 'Phone (Telephone), Xtra — Extra, Tonite — Tonight, Foto — Photo(graph), Eazi — Easy, Kwik — Quick, U — You, Amaz(in') — Amaz(ing), Ansafone — Answer-phone.

These phrases may seem fun, and it may not seem worth objecting to them too strongly. However, in his book A Guide to Good English in the 1980's, Godfrey Howard says, 'Sooner or later dictionaries accept as good English what most people say and write.' How long will it be therefore before these spellings become standard and we see them in dictionaries? Fun they may be, but essentially they are lazy, mis-spelt and are perversions of the English language.

There is a worry that youngsters seeing these 'fast-phrases' will not appreciate the phonetic play involved and will think that these are acceptable spellings. Encourage your Brownies/ Guides/Rangers to recognise the correct spellings of the 'fastphrases' like the ones above, and challenge them to write the correct spelling.



Self Defence

Agnes Baden-Powell, in her book How Girls Can Help to Build up the Empire, gave advice on self-defence. Here are two exercises she recommended that Guides try in pairs:-

. the assailant should be bigger and stronger than the defender. Let the assailant seize the defender by the waist. Now, to free yourself, grab assailant's chin and push your fingers into her nose, and keep pushing. A man even can't withstand this.'

'If assailant reaches out her hand, . seize her hand, and with your other hand pull her elbow firmly forward, pushing the hand at the same time right back to the shoulder. This is most painful, and makes your opponent fall down."

Try these among yourselves - but carefully!



PROGRAMME

Crafts and Skills for All

ddow - 31st July-5th August Waddow — 51st July-5th Alagust
Leathercraft, Cake Decorating, Spinning, Woodcarving, Flowercraft, Machine Knitting, Straw Marquetry, Candle-making, Corn
Dolly Ladies, are some of the crafts and skills offered.

Come and try your hand at some of these in a relaxing, holiday
annosphere at Waddow and bring a friend who need not
necessarily be a member of the Movement.

Walking at Waddow

Waddow - 7th-12th August

Remember those Training Weekends when you wished there was time to explore the lovely countryside around Waddow — Pendle. The Ribble Valley, The Trough of Bowland, The Yorkshire Dales?

Now's your chance! Come and enjoy a few days walking in the area and bring your husband or a friend.

There will be walking for all abilities and someone to help with the route planning.



Ken Rush

Foxlease

Co-operating in the Senior Section

Waddow-26th-28th September

The Leader, the Council/Executive, the members, all have a leadership rôle in a complex and everchanging partnership.

What makes this partnership tick? How do the different rôles and responsibilities (individual and collective) marry together? What factors influence the effectiveness of decision making, Programme planning and standard setting?

You are invited to join us for a weekend, when we will consider these questions and come up with some answers.

The weekends are open to all Ranger Guiders and Venture Scout Leaders, including those involved in running Joint Units. The centres will accept the first 20 Leaders from each Association who apply (no more than two from each Unit please). The training team will include Roger Haywood, Carole Hughes

and Maurice Cornelius

Foxlease New Year

Foxlease - 29th December-3rd January

The theme of this year's houseparty and training will be Music and Crafts for Pleasure. Seasonal fare and sociable activities will be arranged as usual. The sessions will enable Guiders to learn new skills and develop existing ones in order to be able to give and receive pleasure through creative activities. Some of these will lead to a special event with invited guests whilst others will follow from the requests and interests of those who come. What better way to make a stimulating start to a Happy New Year!

Focus on the Programme

- 19th-21st September, 17th-19th October, 9th-11th Foxlease January 1987

This series of trainings has been specially designed to give Unit Guiders an in-depth look at one part of the Programme, and, as an added bonus, time will be set aside for a specialised plenary session on certain subjects such as basic skills including ceremonial, the older girl in the Unit and democracy in the Unit. It is therefore with that all continuous and the inferiors with that all continuous and the inferiors. therefore vital that all applicants read the information in the Training Calendar correctly to ensure that they apply for the kind of training they really want.

Here is a marvellous opportunity to concentrate on one area, and to see how it fits in with the other two Sections. We hope to see you there!

The District Team

24th-26th October, 14th-16th November, 30th

December-1st January 1987

December-1st January 1987

Waddow — 31st October-2nd November, 16th-18th January 1987

The emphasis at these trainings is on the District Team and the value to be gained from working together and discovering the value to be gained from working together and discovering the support members of the District can give each other. Help is given in understanding how the Programme develops from Brownies to Guides to Rangers and how District events can be used to encourage self-programming at all levels. It is an ideal opportunity to get to know each other in a relaxed atmosphere and to exchange ideas, skills, problems and experiences. District Commissioners are asked to bring a group of Guiders from all Sections and of all levels of experience. If your District has no Ranger Unit, perhaps the Ranger Guide of the Unit which serves your District could be asked to join you.



Ken Rush

Waddow

New Year Training

Waddow — 29th December—3rd January 1987
Tune: 'There's a bright, golden haze on the meadow'
'There's a bright frosty haze over Pendle
Come to Waddow for New Year with Friendles!
With music and dancing and crafts you can share
Start the Golden Jubilee, dine on Waddow's good fare, Oklahoma's our theme here Friendship and fun our aim Bring your puzzles and knitting,

We hope you're coming our way.'
(See you then at the start of Waddow's Diamond Jubilee year!)

Foxlease. Lyndhurst, Hants S04 7DG Tel. (Lyndhurst) 042 128 2638

Foxlease

August

Due to essential maintenance repairs all Foxlease trainings for August are cancelled.

Waddow

August

Patrol in Action (under canvas) 9-16 Walking at Waddow (in House) 7-12 14-28 Holiday Period

Broneirion

August

On Target (Guides) 2-6

14-18 Speak Easy

23-30 Brantwood Chamber of Music

Netherurd

August

Guides aged 12+ (by County 4-9 allocation)

26 Aug-

2 Sept Trefoil Guild Holiday Week

HOW TO APPLY TO A TRAINING CENTRE

Any Guider may herself apply to attend a training course at the Centres, provided she has reached the age of 18 years. (At the discretion of the Commissioner a member aged 17½ who is working on the Adult Leader's Certificate may also apply for a Guider course.)

A letter of application to attend a Guide Training Centre should be sent direct to the appropriate Guider-in-Charge, and must be accompanied by the correct amount of deposit and a SAE. Applicants should also state the type of training for which they are attending, as there may be several different courses running at any one weekend. As many Guiders have to leave on Sunday, training sessions at a two-day weekend will stop at teatime on that day unless otherwise stated. If sufficient notice is given that it is wanted, every effort will be made to provide for a group until Monday. Individuals able to stay over until Monday to enjoy the surrounding country are welcome to do so. Note ... for further details about training weekends, see the Programme Notes on page 23.

Waddow

Clitheroe, Lancs BB7 3LD Tel: (Clitheroe) 0200 23186

Foxlease

September

Staffordshire 5-7 12-14 Buckinghamshire

Focus on the Programme 19-21 including (Basic skills ceremonial)

26-28 London and South East Region

Waddow

September

West Yorkshire South 5-7 12-14 Focus on the Programme (Democracy in the Unit)

1 Europe Demystified 19-21 2 Know Where It's Kept

Co-operating in the Senior 26-28 Section

Glenbrook

19-21 Caving/Climbing/Canoeing

Netherurd

September

Music in the Programme 5-7 12-14 **Brownie and Guide Guiders** (includes booking from Glasgow, East North East Division)

19-21 Brownie and Guide Guiders (includes booking from Roxburghshire)

26-28 Brownie and Guide Guiders (includes booking from Edinburgh Braid Division)

Bronierion

September

Llais y Ddraig 5-7 (by invitation)

Working Together in the Youth Service

19-21 Powys

26-28 The District Team

Fees at Lorne per Weekend

Ulster Guiders (over 18 years of age) £12.00 per weekend.

Ulster members (under 18 years of age) £10.00 per weekend.

Non-Ulster Guiders £18.00 per weekend. Day only £7.00 per day.

Fees at Netherurd

Shared room per day	£7.50
Double room per day	£7.75
Single room per day	£8.00
Deposit	£2.00
Training for non-residents	£0.50

Glenbrook Bamford, Nr Sheffield S30 2AL Tel: (Bamford) 0433 51567

Foxlease

October

South West England

Surrey West Trefoil Guild 10-12

13-16

Focus on the Programme 17-19 (The Older Girl in the Unit)

The District Team 24-26

31 Oct-

2 Nov Dorset

Waddow

October

Worcestershire 3-5

Focus on the Programme 10-12 International Education (by allocation)

Lancashire Border 17-19

24-26 North West England

31 Oct-

2 Nov District Team

Glenbrook

October

10-12 Duke of Edinburgh's Gold Award/Queen's Guide Enterprise (I)

Netherurd

October

Districts-(District 3-5 Commissioner with up to eight of her Guiders)

10-12 Brownie and Guide Guiders (includes booking from Manchester)

17-19 Brownie and Guide Guiders (includes booking from Aberdeen)

24-26 Trainers

31 Oct-

2 Nov Brownie and Guide Guiders (includes booking from North Lanarkshire)

Broneirion

October

3-5 International (by invitation)

10-12 Pembrokeshire and Cambridge 17-19 Outdoor Activities Adviser

Conference Wales Rangers/Young Leaders Duke of Edinburgh's Gold Award 21-25

2 Nov International (by invitation)

Lorne

October 3-5 Rangers/Young Leaders 10-12 North Antrim County

17-19 South Belfast Division

24-26 Arts Weekend (by allocation) 31 Oct-

2 Nov International

- C RAND

Continental Cycletouring (page 28) describes the enjoyment of cycling in Europe, giving advice on the best way to approach a cycling holiday.

As you will probably see dozens of Union Flags being waved or flown on Wednesday 23 July (the Royal Wedding) the

article below may be of interest.

We would be very pleased to receive brief accounts of any activities you have participated in over the past six months, in particular joint activities with either Venture Scouts or other youth organisations. Why not send us an article on your

Unit's favourite or most unpopular activity since January 1986 giving details about why it was good or poor.

All contributions are welcome. Please write to Hear and Now, c/o The Programme & Training Dept, The Girl Guides

Association, 17-19 Buckingham Palace Road, London SW1W 0PT

The Union Flag

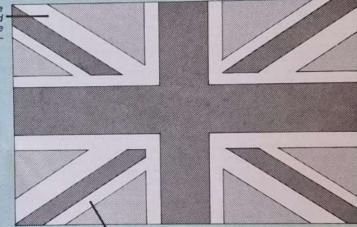
How much do you know about the Union Flag? Perhaps this brief history will assist you when talking to Brownies and Guides about our Flag. It may also help you to remember the correct way to fly the Flag, ie that the broad white band next to the flag pole should be at the top.

The Union Flag is of course, a composite flag of the Cross of St George — a red cross on a white ground; the Cross of St Andrew a white Saltire on a blue ground and the Cross of St Patrick - a red Saltire on a white

ground.

The first stage towards the present day Union Flag came into existence in 1606 when King James VI of Scotland became also King James I of England. As a sign of the unity between the two countries a flag was designed for the identification of British ships at sea. In order to comply with a heraldic rule which states that a colour may not be put on a colour, the St George's Cross required a white border thus preventing the red cross being put next to the blue ground. White on a flag represents the metal silver, in heraldry terms, which may be used to separate two colours. England was the senior partner in the Union, therefore, the Cross of St George was put over the Cross of St

The Present Union Flag 1801 The white of Scotland above the red of Ireland.



Narrow white border separating the red saltire from the blue ground.

The flag was flown on the mainmast of English and Scottish ships and the respective countries' flag was flown on the foremast. In 1634 a new ruling was made giving the Royal Navy the sole use of the flag. Merchant vessels used either the St George's or St Andrew's Cross only. During 1707 the Union Flag became the National Flag, but the Navy retained the sole right to use it at sea.

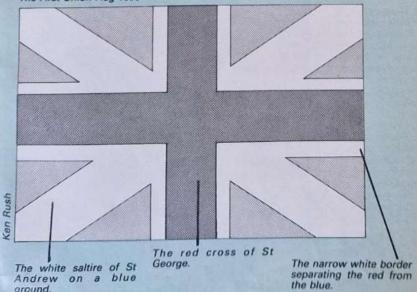
The present Union Flag was designed after the Union of England and Scotland with Ireland in 1800. The Heralds needed to add the St Patrick Cross to the existing design without offending national feelings so after much discussion and many attempts they resolved the problem in the following way; As Ireland was the junior member of the Union, the Heralds gave precedence to Scotland in the most honourable quarter of the flag, the 'Hoist', by placing the white of Scotland above the red of Ireland. The positions were reversed in the other half, the 'fly'

Again a white narrow border was included around St Patrick's Saltire to comply with the Heraldic rule that colour cannot be put next

There you have a very short explanation of the Union Flag! You may find the little folding card showing the composition of the Union flag of value. This is obtainable from Guide Association Shops and Trading Service (code 71340) price 8p each. (Please note that there is a 50p post and packaging fee on all orders under £10.00).

Incidentally, the word 'Jack', the name often used for our Flag was introduced in 1633 and describes a small Union Flag which was flown at the bowsprit of a sailing ship.

The First Union Flag 1606



Band of Hope

What image does the Band of Hope conjure up in your mind? (Have your ever even heard of the Band of Hope?) Well to those who have heard of it the Band tends to be seen as an old fashioned temperance society which died out along with corsets and gas lamps. But the Band is still very much alive and kicking and far from outdated. Fortunately the 1980's Band of Hope is not the same as the 1880's version, but the underlying principles remain the same: 'Look out for others' and 'look after your health'. One of the most modern aspects of the work of the Band is its multi-drug approach — the Christians who started the movement had only one drug to deal with (alcohol) but today The Band are concerned with solvent abuse; heroin; cannabis and cigarettes as well as alcohol.

Whatever your views on alcohol and drugs the subject is bound to provoke some reaction in you and the Band of Hope produces a wide selection of informative literature which will further provoke you to thinking and discussing these and other related topics. Particularly useful is a series of dramatic red and black poster/leaflets aimed at teenagers. The series is called Trend and titles include Solvent Abuse; Alcohol and You; Cannabis;

Heroin; Smoking and Alcoholism.

These leaflets provide information and a photo-strip story on one side and the reverse is a striking poster. All of them would be a good starting point for a discussion with older Guides or Rangers. The aim is to encourage young people to stop and think about drinking, drugs and solvents and not assume that they are immune to pressures or different from anyone else and that they may be heading towards a problem.

If you decide to tackle alcohol as a separate topic for discussion the Band produces a small booklet called simply Thinking of Drinking which not only provides information on what alcohol does to the body, what it actually is and what it costs society, but presents questions and activity ideas to follow up your reading. Some of the activities are short term but some could be developed into a longer project or incorporated into a contemporary studies section of a Ranger Challenge 'Mind' project.

Solvent Abuse is in the news almost daily, and it is the young who are most at risk from this latest killing way of getting a 'buzz'. There is a great deal of ignorance about 'glue sniffing' and other solvent abuse and a discussion or talk on the subject would be beneficial to all age groups - even Brownies. The Band of Hope produces a booklet called 'Sniffing It, Snuffing It' which presents the facts and points out the dangers without any emotive slant. The basic message is implicit in the title: 'If you sniff it you may snuff it'. Although this booklet is rather chilling, it is a good source of information and could be used as the basis for a

discussion with all age groups.

If you are working with a play group/youth group, you may find that you have problems finding a structured programme of activities and challenges to occupy the children week-in-week-out. Well the Band of Hope believe that good habits start early and so they have devised a scheme especially for the 7-14 age group based on alcohol and drug education and general 'healthy living'. This scheme is called 'The Hotshot Scheme' and is named after a cartoon character who appears in the bi-monthly children's comic produced by the Band. The new badge scheme is based on a three tier system (bronze, silver and gold) and each level offers a choice of ten topics from which the children choose five. When they successfully complete the five sections, they are awarded a pin-on badge bearing the smiling face of 'Superboy' Hotshot! The topics are not all to do with drugs and alcohol and include cookery, gardening, musical instrument making, woodwork, local knowledge games, Bible knowledge — and, of course, alcohol and education.

All of the publications produced by the Band of Hope could be used within and by Ranger Units and Guide Companies and some could be used with a Brownie Pack - the information is concise and the approach modern and practical which makes it ideal for group use. The Hotshot Scheme would be especially valuable for use as part of a service project with children.

The Band of Hope produces many other books, leaflets and even a computer programme which deal with the problems of alcohol and drug abuse and which could stimulate thought, reaction and debate at all age levels. For further information on all the available material contact: The UK Band of Hope Union, Hope House, 45 Great Peter Street, London SW1P 3LT (Telephone 01-222 6809).

Julia Nellthorp

County of Dunbarton Ranger Guides

On Friday 1 November 1985, over 100 Ranger Guides and Guiders from the far corners of the County of Dunbarton, converged on Killermont Church Hall for the highlight of their Celebrations, 75th Anniversary

Medieval Banquet.

To the strains of Medieval music, Lords and Ladies, Jesters, Monks and Merry Men took their places. The top table (a representative from each Unit) was piped in (courtesy of the 3rd Bearsden Boy Brigade Company meeting down the corridor!) After grace everyone tucked in to a feast of chicken, baked potatoes, rolls and salad followed by mince pies, cream, cheese and baskets of fruit. All this was washed down with excellent non alcoholic punch (prepared in beer making bins). The cost was only £2.50

Each Unit had prepared an item of entertainment, the tune of 'Greensleeves' being particularly popular. After this hilarity, the evening became extremely energetic with Scottish dances being attempted in full Medie-val costume (the hats proved to be a

great handicap).

All too soon it was time to go but everyone (even those who had reluctantly dressed up) agreed that the evening had been a great success.

Morgan Macleod **Dunbarton Ranger Adviser** IDEAS FOR

NEW

P PURSUITS

UNITS

TRY



Speak Out

I thought you would like to hear about my weekend at Camp. I am deaf and so is my sister Nicola. We are both members of the Caterham Valley Ranger Unit.

On Friday 20 September, my mother took us and my friend Clare to Blackland Farm, East Grinstead, where we pitched our tent in the beam of the car headlights because it was already dark.

Next morning we went for a walk and climbed about on the rope bridge and ladder in the woods. The afternoon was spent learning to canoe on the River Weir. I found it very difficult to paddle because the river was a bit rough and splashed over me. My arm muscles were very stiff because

the waves made me go backwards and I couldn't paddle forwards very well.

During Sunday morning I had an idea and told Sarah that I would like to pitch a tent blindfolded. We took the tent down and put a blindfold over my eyes and also over my sister's. We couldn't see anything. I crawled on the grass like a baby putting in the pegs. It took us about 15 minutes to pitch the tent which did not look too bad once up.

On Sunday afternoon we went rock climbing. It was a good weekend.

Caterham Valley Ranger Unit Surrey West

Albania

Iceland

The members of 4th Bocking and Gosfield & Hedingham Ranger Guide Units were hosts in August of last year to a group of Rangers, Pathfinders and Junior Leaders from the Ottawa area of Canada. During their week long stay we took them to Cambridge, Colchester, Audley End and

The proceedings started with a terrific opening reception attented by our visitors with, parents, local Civic Dignitaries, our County Commissioner and Guiders and ended with a super disco attended by some of our local Venture Scout Units.

Needless to say many friendships were made and we look forward to renewing them, because we hope to visit them in Ottawa in August 1986.

J A Collis Guider

Training Opportunities

Music at Netherurd (Guides aged 12 + and Rangers or Young Leaders) Netherurd: 4-9 July

Young Leaders' Weekend Waddow: 11-13 July

Insite — Ranger Guiders with up to four of their Rangers
Foxlease: 11-13 July

Caving, Climbing, Canoeing Glenbrook: 19-21 September

Crossing the Roof of England

Two 17-day walks across the Pennine Way have been organised by Glenbrook. One walk is from the South to the North 6-23 July 1986 and the other is from the North to the South 26 July-17 August 1986.

For further information, please see p.35 February GUIDING.

Walking for Guiders, Rangers and Young Leaders

Waddow: 7-12 August

Come and explore the lovely countryside around Waddow — Pendle, The Ribble Valley, The Trough of Bowland, The Yorkshire Dales.

Bring a friend or husband! And enjoy a few days walking in the area.

There will be walking for all abilities and someone to help with the route planning.

Crafts and Skills for All Waddow: 29 July-5 August

Ranger/Young Leader Duke of Edinburgh's Gold Award

meirion: 21-25 October

Quickie

Europe Word Search

This word search could be used to help Guides working on their Europe Badge. Simply copy out the grid and give it to the members of your Unit. To make it more difficult do not give the list of countries.

The countries are arranged forwards, backwards, horizontally, round corners

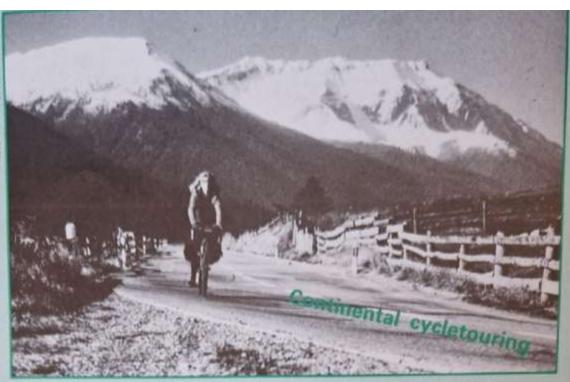
and some letters are used twice. Happy Hunting!

Andorra
Austria
Belgium
Bulgaria
Cyprus
Czechoslovakia
Denmark
Finland
France
German Democratic Republic
Gibraltar
Greece
Hungary

Ireland Italy Liechtenstein Luxembourg Malta Monaco Netherlands Norway Poland Portugal Romania Spain Sweden Switzerland United Kingdom Yugoslavia

AN C U S G G E B Q AS G B E X E T R U 0 M Z AN C G E E G W H H K R R L N P 0 P 0 Z E R G D A U V S E T B R T U A D N A L E R B G AQ L Z R L M D N A E C G 1 0 N H C 0 M U C D E F E 0 K A E P N 0 S 0 R 1 S S T U ٧ S P A N W X C Y D W L T G Z A В C A D E F G H E AV R S E N R KU A A L K D M A L M D C N R 0 E P R S Q D A 1 V N W X R D Y A B B B C L E D E F G A A 1 J A A K AW L M N 0 N T a R S R T L U ٧ G W C U A S R Y т AK A Z B 0 C D N E R F R 0 M A G N 1 A P H 1 L M N U 0 E 0 Q L ı E C H T E N S T E N H S G D 0 U C





Cycletouring is a great way to travel abroad. It's cheap and available to most people, enabling them to discover other countries in great detail while being more mobile and independent than a backpacker.

Before planning a tour abroad it is important to gain experience of cycling in the more familiar countryside of Great Britsin. You should be sure that you can plan and follow routes on a map and be able to deal with punctures and other minor mishaps. Develop the skills of comfortable, safe cycling and learn to carry minimal luggage. Whether you intend to camp, stay at youth hostels or use bed and breakfast accommodation, it's sensible to have completed a few similar trips nearer to home first. Then when you have become used to cycletouring as a way of life, you will have the confidence to enjoy a trip abroad to the full, without being anxious about practical details.

For your first experience of cycling abroad, consider joining an organised tour which will allow you to learn the ropes of foreign travel before undertaking a more adventurous independent journey. Many organisations and companies provide cycling holidays, some of the fixed-base type and others moving on from day to day. You are unlikely to find a good choice at a travel agent, and should consult cycling magazines or clubs early in the year to see what is available. The YHA travel service offers several holidays using youth hostels, some are led group tours and others supply you with accommodation vouchers and recommended routes which you follow yourself. Some cycling holidays provide the bicycle but in general it's better to take your own bike than pay to hire a machine which you are not used to. The Cyclists' Touring Club (CTC) offers a programme of tours both at home and abroad each year. These are planned and led by volunteer CTC members dedicated to sharing their knowledge and experience with others.

When deciding where to go there are many factors to consider. Most people choose a nearby European country at first and it helps if you know a little of the language. As a cyclist you will probably travel away from the main tourist resorts and so be less likely to find people speaking English. Try to match your destination to your interests and plan a mixture of pleasant cycling routes and sightseeing stops. Don't make the mistake of assuming that the flatter an area is, the better it will be for cycling. While it would certainly be foolish for a novice to attempt the highest alpine passes, undulating country does allow you to freewheel downhill from time to time, whereas riding through a flat landscape into a strong wind is hard work without respite.

Nevertheless, the Netherlands is a good country for cycling because of the national network of youth hostels and cycleroutes. Many of the cyclepaths pass through farmland, woods and heaths well away from the main roads. To find these idyllic routes you will need a very good map — the ANWB 1:100 000 series is the best. France, Belgium, Denmark and Germany have many areas of pleasant coun-

tryside suitable for cycling.

Your tour will naturally be mostly in rural areas, avoiding the traffic of cities and industrial regions, but you can still see the important cultural centres of town and cities if you wish. It's a good idea to stay at a nearby place, leave the bike, and travel into the town by bus or train for a day's sightseeing and this can be an enjoyable change from the tour.

To get to your chosen touring area you will need to take your bike by rail, air or ferry. Cycles are carried on nearly all European services but the regulations vary considerably so make detailed enquires in good time. Most airlines will take your bike free within the weight limit, so check that you have the standard 20kg allowance and not the lower weights which apply to some charter flights. Getting your baggage within this limit con-centrates the mind very effectively on excluding all unnecessary items.

To get the most out of your tour you will need to plan it thoroughly. This doesn't mean that you should prepare a rigid itinerary detailing every wayside stop, but do have a provisional route and the flexibility of mind to adapt it to changing conditions. If you have read several guide books, learnt a little of the language and spent some time poring over detailed maps, you will feel that you know the area well enough to allow your routs to evolve in response to your experiences along the way.

Useful addresses:

Cyclists' Touring Club, 69 Meadrow, Godalming, Surrey GU7 3HS. Tel. 04868

Youth Hostels Association, Trevelyan House, St Albans, Herts AL1 2DY. Tal 0727 55215.

Helen Juden

Have a look at:

Don't forget to have a look at the rest of GUIDING magazine to keep yourself in touch with what's going on in the Guide Movement.

Features which may interest you are:

Practical Pages: Patrol/Six Games Make Your Own: Lightweight First Aid Kit

Boats and Boating: Care and Maintenance of Craft and Equipment

Service as a Citizen: Clause 6 (c) - Media

Outward Bound

Grapevine

pages 14, 15

page 33 pages 21, 48

pages 8,9 pages 18, 19

pages 47, 49, 50

CALENDAE

Blyth Bridge, West Linton, Peeblesshire EH4 7AQ, Tel. 0968 82208

Foxlease

November

7-9 Somerset 14-16 District Team

21-23 Surrey East 28-30 'Them and Us'

Waddow

November

Lincolnshire North and Humberside South

14-16 Lancashire West

21-23 Co Durham and South Tyne

28-30 Midlands

Glenbrook

November

14-16 Trainee Walking Instructors 21-23 International (Young Leaders and Guiders)

Netherurd

November

Prospective Trainers 14-16 Brownie and Guide Guiders (includes booking from Glasgow South West Division)
28-30 Ranger Guiders

Broneirion

November

Ceredigion/Carmarthen 14-16 Trainers Conference Wales 21-23 Guide Guiders with Patrol Leaders

28-30 International (by invitation)

Lorne

November

Towards the Adult Leader Certificate 21-23 North Belfast

Trainers/Training Co-28-30 ordinators' Day

Fees at Broneirion (Adults)

Shared room £7.25 per person per night (minimum fee for a weekend £14.50) Double room £7.50 per person per night (minimum fee for a weekend £15.00) Single room £8.00 per person per night (minimum fee for a weekend £16.00) A non-returnable deposit of £2.00 should be sent with your application form No receipt will be sent unless an SAE accompanies the deposit. Should a Guider fail to notify the Guider-

in-Charge at Broneirion in good time of her inability to attend a training which she has booked, she may be liable to pay he full fee.

Broneirion

Llandinam, Powys SY17 5DE Tel: (Caersws) 068 684 204

Foxlease

December

5-7 Music in Guiding 29 Dec-3 Jan New Year Training

Waddow

December

Greater Manchester West 5-7 29-3 **New Year Training** Jan

Broneirion

December

5-7 Christmas Arts

Lorne

December

5-7 International

BURSARY HELP AVAILABLE

For full details of how to apply, and who is eligible for Bursaries, District Commissioners should write to the Training Secretary, C.H.Q. (Scottish Commissioners should apply to Scottish Headquarters). Applications must reach C.H.Q. at least two weeks before the date of the Training. Bursaries cannot be issued in retrospect.

The Fee Bursary entitles the Guider to £3 for a two-day weekend and £1 for each additional day. This is deducted from the fees at the Training Centre.

The Fare Bursary (available only for travel to the nearest Training Centre) carries a rebate of a Guider's travel expenses in excess of £3. This is paid at the Training Centre.

Note: These cannot be issued for Regional Weekends at the Training Centres or for courses at Glenbrook. The CHQ Training Centres Bursary entitles Guiders to two-thirds of the fee for a two-day weekend training at Foxlease, Waddow and Glenbrook. The bursary is deducted from the fees at the

The Outdoor Activities Bursary is worth up to £30 for Guiders attending training/ assessment courses to achieve National qualifications. Applications to Country/ Region Headquarters.

Guides/Rangers/Young Leaders

Fees are £6.00 per day (a five day course will cost £30.00)

Additional fees may be payable for specialised activities.

A non-returnable deposit of £5.00 is required and the total fee is payable before the commencement of the training.

Lorne Craigavad, Co Down Ulster BT30 0BS. Tel: (Holywood) 02317 3180

Foxlease

January '87

Focus on the Programme 9-11 (Brownies)

16-18 Focus on the Programme (Rangers)

23-25 Music in the Programme

30 Jan-

1 Feb District Team

Waddow

January '87

9-11 County Weekend 16-18 District Team 23-25 North West England

30 Jan-

1 Feb Focus on the Programme (Guides)

Glenbrook

January '87 16-18 Instructors

Netherurd

9-11 Exploring Netherurd in Winter (Guides aged 12+)

16-18 Patrols in Action 23-25 Exploring Netherurd in Winter (Guides aged 12+)

Broneirion

January '87 16-18 Sharing Skills

23-25 Commissioners' Team

30 Jan-

1 Feb International Education

Lorne

International 9-11 South East Belfast

16-18 West Belfast

23-25 East Belfast

30 Jan-

1 Feb North Down

Fees at Foxlease and Waddow

Shared room per day £9.00 Double room per day £9.50 Single room per day £10.00 Deposit of £2.00 cheque or postal order only.

Fees at Glenbrook

Shared room (for weekend course) £16.00.

All activities, equipment and VAT are included. Optional activities extra. Deposit of £2.00 cheque or postal order



England

Foxlease Camp Sites

ations for sites for 1986 should be addressed to the Secretary, Foxlease, Lyndhurst, Hants, SO4 706, and the envelope marked 'Camp'. Suggested dates and approximate numbers should be stated. and whether an equipped or un-equipped site is required. Camps begin on any weekday. Some sites are suitable for the handkcapped and one site is particularly suitable for Ranger camping. A £1.00 deposit (which is forteited if the booking is can-celled) and a foolscap sae should be included. Applications for sites in 1986 are being on

The Barn and Beaverbrook Lodge, Foxlease
Applications should be sent to the Secretary, Foxlease, Lyndhurst, Hants S04 70E, giving alternative dates and enclosing an initial deposit of £1,00
(which is non-returnable) and a foolscap see. Prior ity will be given to applicants who have not already, stayed in either The Barn or Beaverbrook Lodge. Applications for the period 1 October 31 March 1987 are being accepted now. The accommodation is suitable for handicapped members.

Waddow Camp Sites
There are still sites available from 26 July onwards. There are still sites available from 26 July onwards:
Applications should be addressed to the Secretary,
Waddow, Clitheroe, Lancashire BB7 3LD and the
envelope marked Camp' Suggested dates and
approximate numbers should be stated and whether an equipped or unequipped site is required. It is preferred that camps begin on Saturday. A 50p deposit (which is forbited if the booking is cancelled) and a fooliscap, see should be

Ranger Cottage, Waddow -

Ranger Cottage, Waddow
This self-catering cottage sleeps 15 people in 5
bedrooms. There is a large, fully equipped kitchen
including fridge/freazer, a large comfortable sitting
room/dining area, two bathrooms, one with
shower and three toilets.

Applications are being considered now. Rangers will be given first consideration but the cottage is also suitable for small Pack Holidays, groups of Guides with Guiders, Trefoil Guilds, Guiders, etc. For details apply to the Secretary, enclosing sae,

Waddow's New Caravan

Why not enjoy a peaceful holiday in beautiful surroundings with your tamily/friends in Waddow's new caravan?

dows new caravant. This is a 6 berth 25 foot long caravan with separate double bedroom, shower and flush toilet, large dining kitchen area and sitting area. It is equipped with a full size gas cooker, gas fire,

alectric light and a fridge.

Available for bookings throughout the year. For details apply to the Secretary, enclosing sae

Patrol Camp-Sites, Waddow

Two Patrol campanes both fully equipped and each with solid shelter. Also suitable for Rangers for

lightweight camping.
For details apply to Secretary enclosing sae.

Glenbrook, near Sheffield

Accommodation available in the house for 30 or in the flat upstairs for 10. Groups must be selfcefering and must guarantee 20 in the house or six in the flat. Accommodation in 'Derwent', our new purpose-built angexe, is for 34 people on a selfcatering basis. There are two large bedrooms/ training rooms on the ground floor with two Guider's Rooms leading off. Above this is a fully

equipped kitchen with gas cooking facilities, and a large hall which provides a dining and lounge area.
A number of activities are available, including canoeing, walking, caving, rock climbing etc. For details contact the Guider-in-Charge, Bamford, Nr. Sheffield S30 2AL, enclosing see.

Glenbrook Camp-Sites
Pour campsites available two suitable for handi-capped members. Situated in partly wooded grounds. All aites are un-equipped. For further information about camping and activities available, write to the Secretary, Glenbrook, enclosing a foolscap sae.

Blackland Farm, East Griestaad, Sussex Equipped and unequipped sites available in 175 acres offields and woodland, with swimming pool. simple rock climbing and pigneering facilities, lequipment may be berrowed). Canoeing on



pearby reservoir. Restrop and Wagtait Lodge, for-nished /bungalows for 27. Ithe latter specially adapted for the handicapped, are on the site and in addition /a six/ berth daravan is sometimes, avail-able. To avoid disappointment Guiders, should apply for bookings by 1st February every year, For details, write to the Warden, Blackland Farm, East Grinstead, Sussex/RH19 4HP, enclosing see.

Brownsea Island

Eight sites are available for Guide and Scout Gamps from Easter to 1st October and South Shore

Lodge sleeping eighteen plus leaders.
For details apply to Miss Muriel Hunt, 5 Alderbury Clese, Swanage, Dorset BH19 2SN enclosing

Scotland

Netherurd

Camp Sites. Applications for equipped sites (four) are being considered now. Apply to: Netherund House, Blyth Bridge, West Linton, Peeblesshire H46 7AQ

Brownie House. Bookings for the Brownie House for Easter 1986 onwards are being accepted now. During Scottish school holidays priority will be given to Scottish Packs.

Ranger Bothy. The Bothy is equipped for eight Rangers and two Guiders

One Camp Site, Brownie House and Ranger Bothy are suitable for handicapped members. A 3-berth Holiday Caravan is available for Guiders and friends

Apply to Secretary, Netherurd, enclosing colscap

Wales

Ynysgain, Criccleth, North Wales Ty Ni. Brownie Pack Holiday House, available for other sections when not booked for Brownies. Max 12 girls and 4 adults.

Ysgubor Hir. Long barn. Suitable for hand-capped people. 10 + 3 adults.

Y Bwthyn. Ranger Young Leader Cottage, 8 + 2 adults All houses fully equipped except for beautiful and the second second

foolscap sae for information.

Broneirion, Llandinam, Powys

Holiday flats are available all the year sound for family holidays or for parties of up to 12 Rangers with their Guider. Self-catering, fully equipped, with meteral electricity. Apply to Guider in Charge, Bronsirion.

Broneirion, Camp-Site and Brownie House
Applications for Campsite and Brownie House for
Pack-Hotidays are being considered now. Bookings
for the Brownie House, outside school holidays, for Guide and Ranger groups may also be submitted all applications should be made to: The Assistant Guider-in-Charge, Broneirion, Llandinam, Powys, SY17 5DE, enclosing an sae.

Ulster

Units wishing to book any of the facilities at the places listed below, and to include handicapped members in their party, are asked to give details when applying

Lorne Holiday Period

Lorne Holiday Period

Lorne will be open as a holiday centre during July
and Argust 1986. In pleasant grounds with lovely
views and quiet surroundings on the shores of
Beltast bough. Lorge is only six miles from Belfast
and is a good centre-for sight-seeing tours.

Special terms for parties of Guiders taking the
house and wishing to do their own catering.

Full details from the Guider-in-Charge, Lorne, Crainavad Co Down Ulster. gavad, Co Down, Ulster.

Lorne Camp Sites
Lorne offers fully equipped or un-equipped camp-sites with solid shelter. Calor gas available. Appli-cations should be sent to Miss Cynthia Mayne, 8 Kilmakee Park, Belfast BT5 7QY. Tel. Belfast

Irene McKibbin Memorial Cottage, Lorne

A cottage available for Ranger holidays. For details apply to Mrs Emily Liley, 43 Breda Road, Newtown-breda, Belfast 8T8 4BU, enclosing sae. Tel. Belfast

Magilligan Camp-Sites
Three fully equipped sites with double Calor gas
stoves for 24 to 30 campers. Two miles of sands.
Large three-room hut with an open finiplace. For
details apply to Mrs J Gibson, 61 Station Rd.
Portstewart, Co Londonderry, Tel. Portstewart

Glen Road Camp-Sites (nr Lorne)

Gaston, 127 Harberton Park, Belfast BT9 6TX. Tel-Selfast 669391.

HQ NOTICES

The Association's Awards

Good Service Laurel

Mrs Elizabeth Aveston, County Press and Public Relations Adviser, Shropshire Mrs Gill Berry, Boating Consultant, Midlands.

Meritorious Conduct Star of Merit

Mrs Janet Gunn, Former District Commissioner, Linleigh Bridge, Bedfordshire. Despite ill health Mrs. Gunn led her District through a very active programme. Her friendly, helpful and efficient manner is an inspiration to all with whom she has contact.

Karen Robinson, Guide, aged 13, 3rd Dronfield Woodhouse (St Andrew's), Derbyshire.

Despite stays in hospital and unpleasant treatment Karen never fails to show courage and determination in everything she does. Guides and school friends alike are full of praise for the way in which Karen participates in Guide and school activities.

Angela Wesley, Ranger Guide, aged 15, 1st Downham Market, Norfolk.

Angela has inspired all with whom she has contact by the way in which she has overcome her illness. Despite her own difficulties Angela never fails to be concerned for other people and Rangers in her Unit are proud to have her as a friend.

Certificate of Merit

Katrina Strachan, Second, aged 9, 1st Burbage, Derbyshire.

Frances Talbot, Brownie Guide, aged 8, 1st Northborough, Cambridgeshire West. Sarah Carter, Brownie Guide, aged 9½, 1st Iver, Buckinghamshire.

Gallantry Certificate of Merit

Stephanie Prosser, Brownie Guide, aged 71/2, 1st Stoke Goldington, Buckinghamshire.

Stephanie's calm and quick thinking helped a two year old child who was in difficulty on Minehead beach, on the walled-off section where the breakwaters gather. Stephanie supported the child until an adult came to assist her.

Open Day

Saturday 2 August 1986

The World Bureau, Olave Centre, will be open on Saturday 2 August between 10.00 am and 2.30 pm for tours.

Please note that volunteer guides will be conducting the tours, and that no staff will be available for consultation.

We regret that there are no refreshments available at the Bureau, however there are several nearby restaurants, tea shops, pubs, etc.

We look forward to your visit. If you have any queries, then you can contact us on 794 1181.

Retirement

Miss Marjorie King, who has been Guider-in-Charge at Fox-lease for 17 years, retires this Autumn. Anyone who would like to contribute towards a gift for Miss King to mark her retirement is asked to send a cheque or postal order, made out to The Girl Guides Association, to the Chief Accountant at Commonwealth Headquarters by 31 August at the latest. Please ensure that you indicate what your cheque/PO is for.

National Scout and Guide Symphony Orchestra Concert

A Concert is to be given by the National Scout and Guide Symphony Orchestra on Tuesday 12 August at Goldsmiths' College, New Cross, London, SE14 6NW at 3.00 pm.

The programme will be selected from the following:— Overture: Tam O'Shanter by Malcolm Arnold

Unfinished Symphony by Schubert

Waltzes from Das Rosenkavalier by Richard Strauss Suite: Pineapple Poll by Arthur Sullivan

Overture: Die Fledermaus by Johann Strauss

Crown Imperial March by William Walton

Tickets, price £2.00, are available from the Programme Secretary, The Girl Guides

Association, 17-19 Buckingham Palace Road, London, SW1W 0PT.

POR Amendment

19A 3 (page 32) should read:
"A Country/Region and/or
County Commissioner may
award a Good Service Brooch
and/or a Good Service Certificate to a Guider in her
Country/Region, County for
excellent service..."

Erratum

The Youth Hostels Association has corrected the statement included in the article 'Enjoying the Out of Doors', April GUIDING 1986, which reads 'One Guider who is a YHA member can exempt a party of up to 15 girls from YHA membership requirements'. The sentence should read 'only one adult leader of the party is required to be a YHA member'.

The amendment to POR 61.3 (Page 74, Travelling Abroad) in May GUIDING was incorrect. The 1986 edition of POR is also incorrect. The Union Flag Emblem should be worn on the 'Left sleeve, four fingers below shoulder'.

Stop Press...Stop Press...

Guiders should remind their Guides to buy the August issue of TODAY'S GUIDE which contains two bumper holiday competitions sponsored by Thermos Ltd and Nesquick.

Natural History Museum

he Natural History Museum is always an interesting and exciting place to visit with young people but it can sometimes be a bit overwhelming to take groups of children around the museum without a guide of where to go and what to see. The British Museum (Natural History) provides a good service for leaders of groups of children visiting the museum. The first thing to remember is that teachers or Guiders can book their group visits in advance by writing to the Visitors Resources Section, British Museum (Natural History), Cromwell Road, London, SW7 5BD, enclosing two second class stamps to cover postage. They will then be sent a booking form, teachers' guides and sample of activity sheets available to help children from 6-18 years to interpret the exhibitions. Admission to the Museum is free but the activity sheets are 5p each. These include sheets on evolution, dinosaurs, ecology and human biology, some concentrating on one exhibition and others following a theme through several galleries. Guided tours are available, free, for pupils aged 6-11. These must be booked in advance by phone on Monday-Friday 12.30-13.30 and 15.30-16.30 on 01-589 6323 ext. 759. The tours begin at 10.30 Tuesday to Friday and last about an hour.

Once at the Museum groups can take advantage of the School assembly area where coats and bags may be left and parties can



organise themselves. There is a sandwich room available to be booked on the day of the visit, where children can eat packed lunches or, weather permitting, the Museum grounds can be used for picnics.

Guiders or teachers who can go to the Museum before visiting with a group of children will benefit from the Teacher's Centre which is open each weekday 11.30 to 14.00 and also Wednesday 16.00 to 17.30. There, they will find a wide range of resources and a member of staff will be able to advise on a variety of subjects.

The shop said great. We say second rate.

Make sure the goods you buy are reliable, safe and sold under our protection.

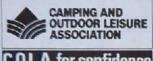
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which must not be confused with 'Budget' or 'Economy' tents available elsewhere.

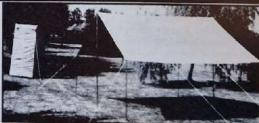
Each tent constructed from 12oz strong, weather-resistant green cotton duck throughout. Door at both ends with lacing, roof ventilators, reinforcement at all stress

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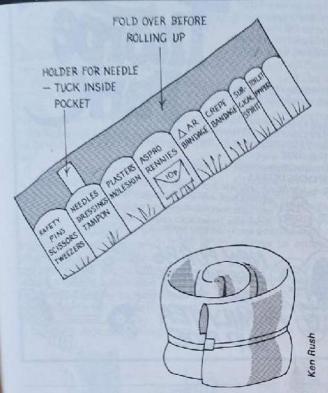
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POSITION IN GROUP_ GROUP NAME

SEND TO COTSWOLD CAMPING, SOUTH CERNEY, GLOS. GL7 5UO.

CUT OUT > MOUNT > COVER > COLLECT > CUT



Hike First Aid Case

by Ruth Black

You Will Need.

Washable Material—1 Piece 22 x 61cm 1 Piece 15 x 77-79cm (Depending on pocket sizes required.)

Scissors
Cotton
Bias Binding
Tape or Elastic
Indelible Marker Pen
Sewing Machine (optional)

How to Make It

Taking both pieces of material make a narrow hem along one long edge of each piece. Pin the narrower piece of material (15 x 77-79cm) to the wider piece (22 x 61cm). The length of the first piece of material will depend on what you wish to carry in your First Aid Kit, and the number and size of pockets you will require. Ensure that the raw edges are matched.

Sew the pockets into place, easing or pleating fullness at the bottom to allow room for the contents. In this way the pockets can be tailored to fit exactly such things as rolled up bandages, insect sprays, etc.

Bind the raw edges, and write the contents on the pockets, so that they are clearly seen.

To secure the first aid case when rolled up, sew a loop of elastic to the outside, so that it can be pulled over the kit, or sew the centre of

a length of tape to the middle of one short edge of the kit. When the case is rolled up this tape can be tied round.

Hints For Guiders

Extra scraps of material can be used to make a flap inside one pocket to hold a needle, and an envelope on the outside of another pocket to hold a 10p piece.

Store surgical spirit in a plastic bottle with a cap that will release only a drop at a time. Pack tablets in foil, and cotton wool in polythene bags.

Keep the whole First Aid Kit in a polythene bag to keep it clean and dry. The Kit is best made from a strong cotton material which can be washed frequently, but it is possible to make it from water proofed nylon.



The Children's Society.

Church of England Children's Society

CAR WASH CAMPAIGN 1986



Some time between May and October we want you and your friends to wash as many vehicles as possible for a set charge.



Money raised goes towards The Children's Society's work with deprived, delinquent or disabled children and their families. Also it will allow us to continue running our annual camping holidays for disabled and able-bodied youngsters.



Details and forms from: Room CW3 Calidren's Society House



INDIVIDUAL — for the most money raised

The individual winner will receive a Sinclair Spectrum computer (or cash equivalent) +£100 for the group or school funds. The runner up will receive £25 personally + £25 for the group or school funds.

GROUP — for the most money raised

The winning group or school will receive a Sinclair Spectrum computer (or cash equivalent) + £100 for the group or school funds. The runner up will receive £50 for the group or school funds.

GROUP — for the most unusual vehicle or place

The winning group will receive a Sinclair Spectrum computer (or cash equivalent) + £100 for the group or school funds. The runner up will receive £50 for the group or school funds.

In addition ALL SIX PRIZEWINNERS will receive a SIMONIZ presentation gift set.

ARE THE ...

Arts Adviser?

This month Netta Willsheer gives her views and offers advice on being the Arts Adviser.

Quote:— Overheard after a Regional Arts Day. 'I would love to do something like this in my Division but although I can sing, I can't dance and my fingers are all thumbs when I try to do anything in craft. As for painting, one end of the brush is much like the other to me.'

'I feel that although I have thoroughly enjoyed myself, because we had such super people to help us, I just couldn't pass it all on.'

'Did you realise that some of the tutors were not Trainers?' This is where the Arts Adviser can help. I see the job as promoting the Arts where there is a lack or a need but more importantly as helping those who wish to do something in this field.

No Arts Adviser is expected to

whether it be Division or County. It is a case of finding the right way for you and the area in which you operate. Some Counties or Divisions have an Arts Adviser with a team of Consultants, each Consultant being responsible for one area. Sometimes these people are Guiders with a training licence but not necessarily so. There are often Guiders with the expertise and ability to pass on their particular talent who have neither the time nor the desire to strive for a training licence but who are more than willing to operate in their chosen field.

If a County or Division works in this way, they may meet regularly or just when the occasion demands eg if there is to be an Arts day, Arts training, Arts camp or any event where aspects of the the Arts team do need to be close enough to meet when the occasion demands. There are times when the Arts Adviser needs to be able to meet with advisers outside the Arts eg she needs to be in at the planning stage of an Arts camp and meet with the Camp Adviser.

The Arts Adviser needs to be well versed in the official qualifications in the Arts Field ie Camp Fire Leader's and Music In The Pack Certificates and if not a musician herself she will be responsible for seeing that the candidate has all the relevant information together with the necessary sympathetic help. It is also her responsibility, together with the County Training Adviser, to find testers and to see that the tests are carried through satisfactorily. However it is not enough just to be well versed in this area, it is most important that the Arts Adviser understands the basic principles of Guiding and how they are related to the Programme as a whole in all sections with special reference to the Arts. In this way she will be able to offer help as and when it is needed.

The Arts Adviser usually receives the regional news letter (Arts). In this she will find what other Counties are doing and what is happening at regional and national level. She will also receive Arts news through the usual County channels. It is therefore a further responsibility to see that all news reaches all Guiders.

Earlier it was stated that one does not need to stop at County boundaries. However do please remember to ask the County concerned if you may approach a person within that County. This also applies in the Division situation.

If you are new to the job of Arts Adviser or you have been approached to take up the post, believe me it is a most enjoyable experience and always remember there is a County or Division team to back you up in whatever you do. There are always people with whom you can discuss problems or ideas.

If you set out to enjoy the experience then all those who seek your help and advice will also enjoy everything the Arts in Guiding has to offer.



Jean de Lemos

be an expert in every area. It is rarely possible for one person to be proficient in every aspect of the arts. However the Adviser, whatever her own expertise, does need to have a genuine interest in all branches of the Arts. She must be ready to look for people in or out of Guiding with an Arts qualification or interest. If we look at these in general terms we would be looking for a musician, a person interested in movement and dance, a person for visual arts, a dramatist, and someone interested in home arts. I am sure that in every County or Division there is either a Guider or a friend of Guiding who has experise in one or more areas of the

There is no right or wrong way to the job of Arts Adviser

Arts form an integral part. On the other hand there may not be people prepared to commit themselves on a regular basis but who would be more than willing to help on occasions provided they were given plenty of warning. In whichever way one operates as an Arts Adviser, one needs to have a record of addresses and telephone numbers of all those willing to help on a regular or occasional basis. It is advisable to have these tabulated under the various aspects of the Arts with each person's particular talent beside their name eg Mrs Smith — area music — particular expertise, orchestra; Mrs Brown - area craft - expertise, pottery. It is not necessary to stop at County boundaries when asking for help. However the members of

The Handcraft Depot

n 1931, when Queen Mary opened the new Guide Headquarters at 17-19 Buckingham Palace Road, she toured the building, and on her way out, passed through the shop where she bought several small toys from the Handcraft Depot. She was probably the Depot's first Royal customer.

On June 30 this year, this same Depot closed down for the very good reason that local authorities now do a great deal in connection with employment for the handicapped, and

therefore the Depot is no longer needed.

This was not the case in 1927 when the Handcraft Depot was opened at Headquarters, where it provided a venue for the sale of goods made by handicapped members of the

Its origins are difficult to determine, but it seems likely that it was started up in about 1925 in Regent Street by a Mrs and Miss Hodson as a result of a scheme suggested at the Post Guide Conference held in London in 1924. Originally, therefore, the Depot was not under the jurisdiction of Headquarters. However it was felt that if Headquarters were to be financially responsible for the Depot, it should be transferred to CHQ

Work sent in by handicapped Guides was priced and duly exhibited in the CHQ shop. These goods ranged from leather gloves, ladies' ankle socks and stockings, babies' clothes and hand-trimmed petticoats, to soft toys, 'trousseau lingerie' and men's golf stockings! A very high standard was required, so there was no question of a customer buying anything because he or she felt sorry for the supplier.

In this way handicapped members of the Movement were not only given a new interest and made to feel they were doing something of real value, but were also able to feel that, by earning some money, however little, they were staking their claim for independence. Only those who have had to be completely dependent on others for everything will appreciate just how valuable a service the Depot provided. It also acted as a 'nursery' in that it trained the handicapped girl to carry out reliably such orders as she received for goods, thus enabling her to cope with outside market conditions, which, in turn, meant that some contributors to the Depot were found employment supplying factories with their handcraft.

In its hey day the Depot boasted over 100 workers, with a scholarship scheme whereby a handicapped girl who was talented, and simply lacked expertise in a craft, was given the necessary training. Latterly, however, the contributors had dwindled to four. The need has gone because others have taken over the work. The Girl Guides Association has a very good record concerning Guiding and the handicapped. One is reminded of another Girl Guide scheme which was eventually made redundant because others were taking on the job, namely the Trefoil School. Both the School and the Depot are instances where the Guide Movement led, and others followed.



The Trefoil Guild



Question: What does the Trefoil Guild do for you? Answer: It keeps me active, keeps me young, It keeps me looking wide: It gives me friendship, things to do, And Cheers, I'm still a Guide.

So wrote Doreen Jennings, a Channel Island entrant to the Trefoil Guild Quiz, and these thoughts really do sum up the enthusiasm and warmth one feels when reading the journal of the Trefoil Guild. Having now met a cross section of members during my relatively short term of office, I can most definitely endorse the thoughts of Doreen.

The winner of the Quiz, Dr Joy Allott of Sidmouth Guild writes of her day spent in London which included a tour of CHQ, taking in lunch with the Trefoil Guild President, Patricia Noble, followed by the matinee performance of Starlight Express. An enjoyable day was had by all, not least the

exhausted office staff!

In early April, the National AGM of the Trefoil Guild was held at CHQ. After the business part of the day, the assembly was enthralled by a talk given by the GGA Archivist, Tin Forbes, on the subject of 'Guiding on a Shoestring' — how Guiding survived financially in the early days before capitation was introduced.

The April issue of THE TREFOIL carries reports from all parts of the United Kingdom of how Guilds have shared 75th Year Celebrations with younger members of the Movement; both by assisting with events such as County and District camps and as guests of the Uniformed sections at parties,

barbecues and campfires

Members from NW Middlesex celebrated with a Christmas Party dressed as clowns. They took to heart the 'Milestones' challenge issued by London and South East Region to the younger members of the Movement. To prove that they are still young at heart, over the past year they took

part in activities such as knotting, Kim's games, a trip to Brownsea Island and to a Royal Park, and even a camel ride.

Trefoil Guilds are inveterate money raisers. In each issue, under Raising the Wind, a small representation of money raised is listed. Guilds not only raise funds for the Movement in general, but most have their own local charity. The Olave Centre is dear to the hearts of many, and money continues to be raised for this memorial to the Chief Guide.

Internationally, the promotion of Guild twinning with Guilds abroad and with Scout Fellowships is being promoted. The possibility of exchange visits and joint projects will lead to a better understanding of the International Fellowship.

A gathering of International Secretaries was held at Waddow in October. Amongst subjects discussed was co-operation with the Scout Fellowship and the forthcoming General Assembly which is to be held in Coventry next year. Guilds are currently busy making gifts for delegates, and members will be offering home hospitality after the Assembly

There is news of Guilds in Canada, Jamaica and the United States, and the latest news we have is the possibility of a Guild starting in The Gambia.

As Dr Joy Allott wrote:

The Trefoil Guild enables me to enjoy the spirit and aims of Guiding with like minded friends at home and throughout the world."

> Sue Dixon General Secretary

Clues

- A. Is he blowing his own? (9)
- B. Sounds as if it ought to be your funny bone. (7)
- C. To amuse. (9)
- D. A melody can be this but a ghost can also be doing it. (8)
- E. Double this. A knotty problem?
- F. Often needed for warmth at night, especially in camp. (7)
- G. Red Indians are famous for this decoration. (8)
- H. Cannot be read. (9)
- Gratitude expressed in more than kedgeree. (7)
- J. Worn by riders. (8)
- K. Indian prince or king. (5)
- L. Sir had it mixed up in a salad. (6)
- M. Plural of itself. (10)
- N. A body of those holding office.
 (11)
- Dial backwards with a twisted owl if you are on a bed of sickness. (4-3)
- P. Does it unlock as well as support? (8)
- Q. Sir Pencot makes an examiner.
 (9)
- R. To be married? (7)

O July 1986

S. And is a water nymph confused?
(6)

Double Acrostic Rules

Solve the clues and write the answers in the numbered grid on the right. Transfer the clues to the corresponding numbered squares in the grid below. When this is complete, you will have a quotation from a book (or poem etc), the title and author of which will be found in the initial letters of the answers to the clues.

A small prize will be awarded for the first correct entry opened on the 20th of the following month.

Please send entries to:
ACROSTIC (insert appropriate number), The Editor, GUID-ING, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W OPT. It would also be appreciated if readers could attach to their entries a brief note about their preferred reading material. A photostat of the Double Acrostic page will be perfectly acceptable from those readers not wishing to damage their copies of GUID-

-	1	Tax	1 60	130	64	19	127	68	14		
A	119			land.							
B	30	127	63	7-3	88	20				-71	
c	5	92	43	89	137	129	10	99	18		
D	144	25	62	28	93	118	114	3			
E	44	69	102	98	55	15	123	32			
F	108	8	39	142	113	121	29				
G	19	95	80	58	116	2	47	140			
Н	40	23	124	74	48	131	111	150	31		
I	75	87	17	117	148	134	66				
7	126	49	82	105	26	149	34	146			
K	14	22	61	83	42			3			
L	81	138	85	109	/33	120					
M	86	94	70	53	/32	60	110	45	103	128	
N	115	76	/2	145	136	27	106	51	101	112	1
0	/51	57	141	104	50	/22	79				
P	35	90	125	67	21	77	100	46			
Q	91	84	54	//	65	139	7	13	38		
R	56	71	41	96	143	24	107				
S	1	33	97	6	/35	36	1975				

The winner of the Christmas Acrostic No 74 was L Chesterton of Kent.

Solution to Double Acrostic No. 75

Instead of advancing towards George Mellot, the policeman wheeled away from the direction of the back door and turned into the barn. There was an assortment of ladders stacked against the wall.

Harms Way Catherine Air

												Harms Way, Catherine Aird									100									
SI	0	7 2	P	3	A	4	С	5	S	6	9	7	F	8	A	9	C 10	Q "	N 12	Q 13	K 14	E	15	N 16	I	17	C 18	G	19	B 20
21	K	22	Н	23	R	24	D	25	J	26	N	27	P	28	F-	29	B30	H 31	E31	5 33	J 34	P:	55	S 36	A	37	Q 38	F	39	H 40
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(61	D	62	B	63	A6	4	Q	55	L	- 6	P	67	A	89	E6	9	M70	R71	72	B 73	H 74	I:	15	N 76	P	77	A 78	0	79	GRO
81	J	82	K	83	Q8	4	L 8	5	M 8	6	I 8	17	В	88	C	39	P 90	991	C 92	⊅93	M94	G	16	R96	Sa	17	E99	C	99	Pio
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here is always a special excitement about an international event faces, different uniforms, strange languages, different cultures and, all, new friends or perhaps old friends that we have not met before. Pointer

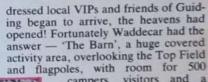
had all these and more. By the time the flags of the UK, Belgium, Canada, Germany, Japan and Malaysia were flying in the Top Field on the first day we had the feeling of a good Camp, and were looking forward to a week of busy activity and new experiences. The dreams and plans of the previous two years had become a reality.

The 12 sub camps were named after pioneers of Guiding or people with a special connection with the Movement. This provided ideas for impressive gateways on to each site an arch covered in daisies for Juliette Low, string sculpture and Mexican Gods' Eyes for Evelyn Bouchier and so on.

Sunday's great event was the Opening Ceremony and Pageant, our special guests were Dr June Paterson-Brown on her first official engagement since being appointed Chief Commissioner of the Association, and Mrs Mary Lambert our

the morning scampering out of the way

own Chief Commissioner for North West England. We had spent much of of scattered showers, praying at our various services for fine weather, but it was not to be! By the time our elegantly



campers, visitors and a Scout band. The colour ceremony, the parade span-ning 75 years of Guiding, and the presence of Girl Guides and Girl Scouts from overseas together, made a memorable and moving start to the week, and the excitement spilled into a spontaneous mixing, singing and dancing as the band played on.

Meantime, the storm raged and since it was obvious that the evening's candlelit trail through the woods was now impossible. a disco was quickly arranged instead. This kept all the girls dry, warm and busy in the Barn while the Guiders assessed the damage caused by the freak weather. Several tents had been damaged, a marquee had 'flown' 30 yards, many sites were waterlogged and the river was rising. It was decided to move most of the Guides into local halls and even the Barracks. This was a surprise adventure and thoroughly



enjoyed by all the girls involved. The handicapped group, snugly installed in Helm Lodge stayed behind. So did the Rangers and most of the Guiders, all of whom had a busy time getting things straight for the next day.

The Press of course were very interested in the evacuation, with headlines 'Monsoon at Waddecar' and 'Guides' Camp Washed Out'. The reporters who visited us on Monday, when everyone was back in camp, seemed surprised and even disappointed that we were ignoring the rain and carrying on as planned.

By then all campers had had ample opportunity to become homemakers under very adverse conditions, and to keep the laws and get to know people. The rest of the programme featured the other five points, with experts galore and a wealth of choices. The activity staff worked marvels, with judo, fencing, pop mobility, trampolining, dancing and even two police horses moving into the Barn, while tie dye, corn dollies, printing and other crafts squeezed into dry corners all over the camp. Abseiling and the assault course proved to be just as much fun in bad weather, while pioneering and river diversion were a necessity as well as a choice.

In the evenings we had a variety of entertainments. A Northern Evening showed our friends from overseas and other Regions some traditional folk singing and dancing from the North West. At the International Evening we sat enthralled by the Malaysian candle



dance, joined the Canadian journey, learned a Belgian song, laughed at the German drinking stunt, admired the Japanese kimonos and graceful dances and games, and tried to understand a Welsh Song.

The last evening, and the first fine one, brought the traditional, Grand Campfire down in the valley with flames lighting the trees and the happy faces.

In the final issue of the camp newssheet 'Pointer View', Margaret Wellock, our cheerful and unflappable Camp Commandant said, 'This has been quite a week! We have all been tested to our limits but we have found resources many of us never knew we had. Helping each other through the week has been infectious for we have all needed one another. Mud and rain didn't really matter, fun and friendship won through. Take the Pointer spirit with you when you leave Waddecar and the future of Guiding is assured."

The closing ceremony, led by Mary Lambert, was held in bright sunshine. 500 campers watched as the flags came slowly down and we joined hands in friendship and sang the 75th Anniversary Song. 'Pointer 85' was over but the memories would last for ever.

Kathleen Rimmer North West England Public Relations Adviser



courtesy of Garstang

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SIZE: Outer Tent 11ft 10ins by 8ft 2ins. Inner Tent 7ft 10in by 6ft 6ins. Height at centre 6ft 6ins. Weight approx 56lbs.

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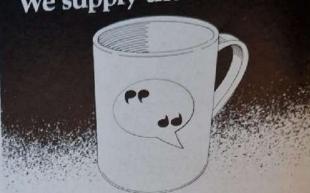
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Thinking Day on Air

Having seen the letter in November GUIDING on the subject of special event call-signs for the amateur radio link-up Thinking Day on Air', we contacted a friendly local Scouter who is very involved with amateur radio. He readily agreed to set up a station for us on Thinking Day and applied for our special event call-

sign, GB2MRU.
Publicity was considered and set in motion: locally — posters and PR handouts to shops, papers, community council; nationally — our Division Commissioner took notes of the call-sign to the Middle East when she was training there for CHO (on Thinking Day!); it was passed to our Canadian friends who had attended Glasgow's International Camp in 1984. Our hopes were high for widespread contacts!

Heavy snow had fallen over a 24 hour period making it difficult to be sure we could be assembled, but by 10.30 am the Guides were busy serving coffee at the associated coffeemorning and an impressive set up of transformers, receivers, close-circuit television, computer printout and screen took up a corner of the hall. Our two operators made many contacts of their own - some local, two from behind the Iron Curtain! Paula, one of the Rangers, spoke to a Ranger from Gateshead. Sadly, that



Rangers from Merrylee District Ranger Unit, with Guides from 212th City of Glasgow Coy, at their 'Thinking Day on Air' coffee-morning/amateur radio link-up. They are seen here with Robert Dixon, one of the two operators who made their participation possible.

was our only direct Thinking Day on Air contact in a four hour period.

In 1987 on 22 February, could we be speaking to you? We are grateful to our co-operative radio 'hams'. They are enthusiasts, keen to share their expertise. Try to find some in vour area! June Gray

> Ranger Guider, Merrylee District Ranger Unit, Glasgow.

Book Reviews

Simply Scrumptious Microwaving, by Ann Feutcher Robinson, Rosemary Dunn Stancil and Lorela Nichols Wilkins. Published by David and Charles, £5.95.

There are many books on the market at the moment dealing with that cooking appliance that is becoming an indispensable piece of equipment in the kitchen the microwave. chapter of Simply Scrumptious Microwaving deals with techniques for cooking various foods, the correct utensils to use and a guide to time adjustments and power settings for use with all types of microwave ovens

The book contains a wide variety of recipes, old and new, which have been converted for use in a microwave. I have already used several recipes and have been more than pleased v. leaded results. From appetizers through to cookies and candies, there are chapters dedicated to preparing and cooking all foods. Did you know that you can dry flowers and herbs and prepare vegetables for the freezer in your microwave? This really is a useful and comprehensive book.

MSC

Resuscitation and First Aid, edited by Dr A J Handley, The Royal Life-Saving Society, £2.50.

Resuscitation and First Aid is the fifth edition of RLSS's best selling publication and is part of their Handbook 'Lifesaving', an eight part volume with a separate ring holder to hold one or more parts. Fully revised, this edition contains details of the most up to date medical research in cardiopulmonary resuscitation. The book also explains in simple text

and full-colour photography, essential techniques in general first aid; emergency action, shock, spinal injuries, cramp, aquatic first aid and the effects of cold water immersion. A comprehensive glossary of terms has been added to help the reader to more fully understand this vitally important, but often confusing, subject. A strongly recommended publication. Enquiries to: The Royal Life-Saving Society, Mountbatten House, Studley, Warwickshire, B80 7NN.

'Ramadan and Eid ul Fitr',
'Diwali', 'Chinese New Year'
and 'Carnival'. Festival
series by the Commonwealth Institute and Macmillan Education available by post from the Mail Order Department of the Commonwealth Institute, Kensington High Street, London W8 6NQ. £2.95 each plus 27p each postage and pack-Accompanying aging. teacher's notes and worksheets for children, £6.95 each plus 32p each postage

and packaging. Within each title in this series are two books, one gives a wealth of information on the meaning of the particular festival concerned, its origins, the form the celebrations usually take; these books are written in a simple and clear style. The accompanying book is a file of notes for the teacher and worksheets for the children. Taken as a whole, these books provide a fascinating insight into the lives and beliefs of people in our world, as well as a number of interesting activities for our Brownies and Guides which will help to broaden their outlook, as well as providing help with some of the interest badges.

Sangam Visit

Share the joy, share the friendship, Share the music all day long, Show the world how to share with us And to join us in our song'

These words are taken from the 'Sangam Festival Song'. Sangam is one of the four World Centres of the World Association of Girl Guides and Girl Scouts and is situated in the city of Pune in India. I was fortunate enough to go to Sangam in 1984 as a volunteer and the purpose of this article is to tell you just a little about the wonderful experiences I enjoyed there.

Sangam is an old sanscrit word and literally means 'joining together' and this is certainly what Sangam is all about. It is a beautiful and modern, purpose built Guide house, complete with dormitories, guest rooms, an assembly hall and lounge areas — all built around a large quad with a swimming pool (which is exceptionally welcome in the Indian climate). The centre is run by two full-time Guiders, the Guider-in-Charge and the Assistant Guider-in-Charge, plus a large number of Indian staff who cook, clean and maintain the buildings.

Sangam offers a unique opportunity for those of us from the West to experience the lifestyle and culture of the East. At Sangam there are various sessions held throughout the year, usually of one or two weeks duration. During my stay, there was an 'Arts and Crafts' session, and a 'Service Session'. The participants came from such varied countries as Sri Lanka, Norway, Australia, Finland, Canada, Jamaica, the USA and the UK. The most marvellous exchanges of culture and experience took place during these truly international events.

Along with the sessions there are visits to local Scout and Guide groups and to



social establishments such as schools, a convent and a leprosy rehabilitation village. Such visits give a valuable insight into the lives of Indian people and you will not fail to appreciate their friendliness and hospitality.

Obviously a trip to India costs a considerable amount of money, but the air fare is, in actuality, the major item of expenditure. The session fees are quite reasonable. Various bodies do help with the provisions of grants and full details can be obtained from the Directory of Grant Making Trusts, available in public libraries. And for information concerning Sangam itself you should apply to the Guider-in-Charge, Sangam, WAGGGS, Alandi Road, Yerawada, Pune 411006, India.

Sangam is the poorest World Centre thriving largely from donations by the World Bureau and from national Girl Guides organisations. One of the tragedies is that despite the uniqueness of this situation, Sangam attracts so few participants. Perhaps not enough people are aware of Sangam and what goes on there, in which case I hope that this article has at least given some idea. So, why not consider making a session at Sangam your holiday this year? It will be the most memorable time of your life — it certainly was for me.

If you would like to donate money to Sangam, there is an organisation called 'Friends of Sangam UK' run by Natalie Webber of 7 Vincent Close, Eastbourne, East Sussex. Please write to find out more about an annual subscription and details of donations which go directly towards Sangam's upkeep.

Sandra Lomas

Growing-Up explained — The Tampax Lecture Service

The task of explaining the facts of life and puberty to young people still, in a lot of cases, falls to teachers or other adults outside the family. It seems a daunting responsibility to many people, causing embarrassment, and even confusion for both parties concerned.

The Tampax Lecture Service is designed to help those in charge of young girls to overcome some of these problems and to ensure that the facts about puberty and menstruation are presented clearly and concisely in a way which is acceptable to both girls and parents. This free service has been used by schools for around 30 years, and is conducted by highly qualified nurses who each visit about two hundred schools every year. The talks are illustrated by coloured sildes which depict the anatomy, and time is provided for a question and answer session which is often the most popular part of the talk.

Guiders who feel that a visit from one of the lecturers to a Guide meeting would be beneficial, will be reassured to know that the service is not used as a kind of promotional exercise for the company, but simply to provide girls with some of the information they will need in order to make the painful process of growing up as pagingers as

painful process of growing up as painless as possible.

Girls are offered a copy of a booklet which covers the subject in much the same way as the lecture, and they can

also take some samples of Tampax Slender Tampons if they and their parents agree.

The lectures are really only suitable for girls between 12 and 14 years of age; the presence of girls any younger than that may inhibit the older girls from asking questions. As groups of 30-40 girls are preferred, perhaps interested Guiders would like to join up with other Units for one evening, with the younger girls participating in some other activity.

If Guiders would prefer to talk to their Guides themselves but feel that a 'refresher course' is in order, Tampax provide a Teachers' Pack, containing a booklet 'A Teaching Guide to Menstrual Health', booklets for the girls and samples of Tampax Slender Tampons.

The lecturers would also be willing to attend District meetings to present a short introduction to the lecture service and to dispel any fears which some Guiders may have

For further details of this free service please write to Mrs. Pam McMahon SRN, Education Department, Tambrands Ltd., FREEPOST, Dunsbury, Way, Havant, Hampshire POSSR. It is not necessary to attach a stamp to your request Please mention GUIDING.

Debbi Scholes

mappy IIImes



am now utterly and completely babybound. The only way I can keep Lizzie remotely happy is by putting her in a baby sling and letting her suck my little finger. There is no use in trying to put her into her pram to sleep when it appears that she has been asleep in the sling for nearly half an hour, because the minute I put her down she is suddenly wide awake again and starts screaming. But I've just discovered that if she sucks the little finger of my left hand, then I am free to sit down and scribble with my right. So to hell with the household chores - here's to peace and quiet!

The last faw weeks have been a test of nerves, stamina and, at times, sanity. People told me I would be tired, but I never imagined it would be as bad as it was. Just as I thought I had a few quiet hours ahead and dropped off to sleep the little imp would wake up hungry again. How was it possible for such a little thing to need so much food? Fraught as I feel, I am getting some rest and I always forgive her everything when she is asleep. She boks so angelic, her little plump hands tucked under her cheek, her little mouth slightly open (Sigh).

Now, we had been very organised at Guides, planning in advance for the Great Event and the weeks just after it when it was highly unlikely that I would have any time to prepare a meeting, and quite possible that I would not be been all or even able to get away from a vassistant had agreed (albeit

tentatively) to see to all the background yet nevertheless essential details. Some months ago we had introduced a Patrol prayer and game rota in the hope that it would give us less to think about each week and that Patrols could take a small and relatively easy part in the planning and running of each evening. Our naive intention was that Patrols would plan their prayer and game during the previous week; in reality however, they usually needed a reminder at the beginning of the meeting, and we would end up with the same old game (Port and Starboard or Fishes) and any old prayer found in a tatty Patrol Prayer Book put together by a keen Patrol Leader a few years previously. We were getting there, however, and in time we would be able to introduce new games and the idea of prayer-writing. So Manuel (that's my assistant's Guide name; mine, as you already know, is Basil) agreed to make sure that this rota was adhered to over the next few weeks. Similarly she agreed to continue to oversee the stacking of the chairs and tables at the end of the evening: an intrinsically easy job, and yet a job that the Guides always made a mess of if left to their own devices, the result of which would usually mean either a visit from a very grumpy caretaker the following week or at least an irate note from him left on the radiator for all the world to see. Finally Manuel also agreed to be responsible for collecting the key from Brown Owl, switching off the lights and

locking the door at the end of the evening, and posting the key through the caretaker's letterbox. I was secretly hoping that after doing these jobs for a few weeks Manuel might be prepared to take them on on a permanent basis. She never misses a Guide meeting, but has always been reticent about accepting any responsibility whatsoever, but if only she would do just these things without my having to ask her every week it would leave me free to do some of the many other things that I don't very often have time for.

The actual running of the meetings Manuel was definitely not prepared to do. That's where the DC came in. We decided between us that the best thing to do would be for me to take six weeks off completely and for each Patrol to be set off on a long-term project. The idea was that (in an ideal world) the meetings would virtually run themselves. Ratty (of the Wind in the Willows variety — not a reflection on her character!), the DC, would come along every week to ensure that everything was running smoothly.

was running smoothly.

'Ho, Ho', I thought to myself cynically, 'Good luck to them!'.

The long-term project sounded like a good idea on paper, but I had my doubts that it would work, especially with our Guides. The trouble was that it depended on the Guides themselves actually remembering to bring the necessary things with them to the meeting every week. Ratty came to the

Continued on page 48

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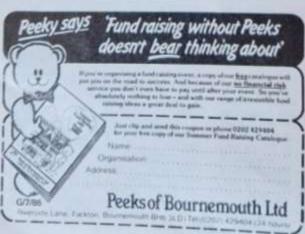
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Continued from page 45

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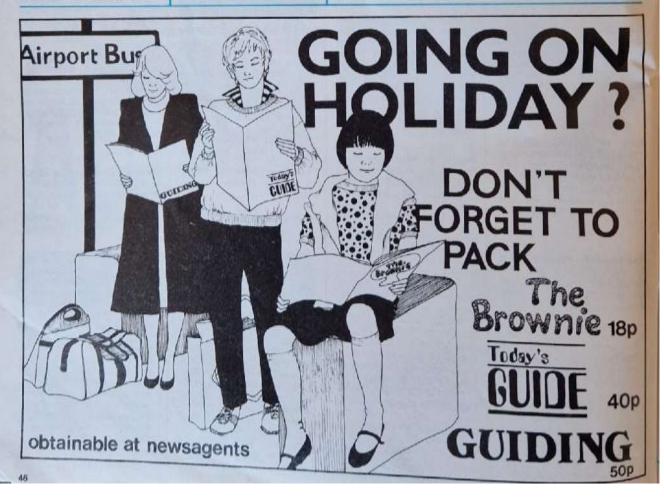
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Summer Exhibition

This year's Royal Academy Summer Exhibition runs until 24 August, but will be closed on 18 August. Works are chosen by artists in order to promote other artists; the aim being to choose the best work of its kind be it painting, sculpture, printmaking or architecture, to give as many artists as possible, young and old, famous and unknown, the opportunity to show their work in the galleries. This year's exhibition features several well known artists exhibiting for the first time; among them, David Hockney, Joe Tilson and Robert Medley. Peter Blake's collages for the Band Aid album and Live Aid poster greet the visitor at the entrance to the exhibition - they are to be sold to the highest bidder for aid to Africa. The exhibition is open 10 am-6 pm everyday including Saturday and Sunday and entrance costs £2.40 for adults, £1.60 for students, pensioners, regis-tered disabled, unemployed and groups of ten or over, and £1.10 for school parties and children 18 and under

Tate Gallery



Born one hundred years ago this year, Oskar Kokoschka is regarded as one of this century's greatest figurative painters. The Tate Gallery, Millbank, London, is marking his centenary with an exhibition of Kokoschka's work until 10 August 1986. It consists of about 110 oil paintings and 90 watercolours and drawings borrowed from public and private collections throughout Europe and the USA. To complement the main exhibition, there is an archive display giving details of various important aspects of Kokoschka's life such as his early years in Vienna and his extended stay in England. Admission to the exhibition which is open Monday - Satur-10.00-17.50 and Sunday 14.00ts £2.50 with reduced rates of

£1 for students, pensioners, registered disabled, UB40 holders and children of 9-18. Children under the age of 9 accompanied by an adult may enter free. Groups of up to 30 children and students are admitted at concessionary rates; these group visits must be booked in advance with the Education Department on 01-828 1456.

Let's Face It



An exhibition tracing the history of facial appearance in London over the last 250 years is on show at the Museum of London, London Wall, Loncon EC2Y 5HN, until 28 September. Let's Face It is sponsored by No. 7 and looks at the social, economic and cultural influences which have contributed to the changing appearance of the face and London's key rôle as a centre of fashion. Beauty aids and products, paintings, prints and advertisements, models of 'period' faces and records of the reactions of contemporaries to the faces around them will all be on display. Entrance is free and there will be various talks, walks and workshops related to the exhibition.

Mr Wood's Fossils

Scotland contains some of the world's oldest fossil-bearing rocks and Stan Wood, fossil hunter and collector, has made some remarkable discoveries. An exhibition, compiled by the Hunterian Museum in Glasgow, shows some of Mr Wood's most important finds such as the world's oldest complete fully land-going amphibian. The exhibition is on show at the Natural History Museum, South Kensington, until 3 August and will then travel to York, Manchester, Cardiff, Leicester, Newcastle, Sheffield and Scotland throughout the rest of this year and the next. On Saturday 19 July, Stan Wood will be giving demonstrations of his fossil hunting and preparation techniques through the afternoon. For more information on this exhibition, please call the Natural History Museum on 01-589 6323.

New British Travel Centre

All you ever wanted to know about Scotland, Wales, Northern Ireland and England - that's what you can find at the new British Travel Centre in Lower Regent Street, London. You can also obtain information and book tickets for rail, air, coach and car travel, sightseeing tours, theatre tickets and accommodation. In fact, there are almost all the services that a visitor to London and the rest of Britain may need, such as changing currency and buying souvenirs. The centre is staffed by 60 men and women who are specially trained for the job of providing information and also speak a wide range of languages. There is an information telephone service operating from 9.00 am to 6.30 pm, Mondays to Saturdays on 01-730 3400. The centre itself is open every day including Sundays.



Walt Disney's ever popular 'Pinocchio' is on general release throughout school holidays this summer.

Natural Break

For the last minute holiday why not try the conservation working holidays run by the British Trust for Conservation Volunteers. The holidays are for anyone from 16-70 years of age and cost around £20 per week for food and accommodation. They include a variety of projects throughout the UK from carrying out repairs on the footpath to Dylan Thomas' boathouse to clearing dykes and digging turf ponds. For a National Break brochure containing details of these holidays contact the BTCV, Room PR1, 36 St. Mary's St. Wallingford, Oxon, OX10 0EU or telephone 0491 39766.

Continued on page 49

Boats & Boating contd . . .

Continued from page 21

Wooden patches are a little more difficult to shape but can be fixed in a similar manner to the metal ones and need a hessian patch underneath soaked in bitumastic paint.

Masts, spars, oars and paddles, if they are made of timber, need to be rubbed down and varnished regularly, to preserve them, and the wire forestay and shrouds on a sailing dinghy have to be inspected for rust; the best ones are stainless steel and last much longer.

Ropes, even the synthetic ones, will wear in time. Inspect them regularly and replace when signs of fraying appear, don't wait until they break.

Care of Sails

Most sails are synthetic now but if you still possess cotton ones, be sure to dry them out after use. The sheets (ropes) on the sails hold moisture for quite some time. If there is no room to hang sails or ropes for 24 hours or so, where the boat is stored, take them home to dry. While on the subject of drying equipment, don't forget the lifejackets or buoyancy

Storage of Canoes

The best way to store kayaks and canoes is under cover but if that is not possible they need a rack on which they can be kept, upside down to keep out rain water. Racks are comparatively simple to make with the help of a carpenter or handyman. (see Fig 1)

Heavy boats are best left in the water for the season, bailed as and

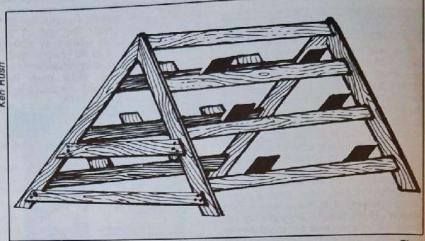


Fig 1

when necessary and taken out to be stored, preferably upside down or under cover. If there is no cover available a canvas or PVC cover is a good investment. All craft should be kept as dry as possible so that maintenance and repairs can be carried out before the beginning of the next season. All craft should be sponged or mopped out after use so that mud and grit does not accumulate.

Care of Oars

Oars have a leather or plastic band on them where they fit into the crutches for rowing, if these bands wear out they should be replaced straight away. If you find there is wear showing on the shaft of the oar above or below the band it needs to

be moved so that it does its job

The blades of oars may split; when this happens a thin copper or zinc band should be put on.

Remember, if you take a little care not to run your craft into the bank, jetty or another boat, there will be much less repair and maintenance work required and consequently more time for kayaking, canoeing and sailing.

Each year your craft will have to be inspected and certified seaworthy. The standards required are set out in The Outdoor Manual, Boating Section; check what is expected by the boat examiner so that your certificate is not refused. Flora Ardley

From Behind the Nappy Line

Continued from page 43

last meeting before my 6-week break and presented each of the 6 Patrols with a different item: a ball of wool, a sheet of coloured paper, a potato, a box of matches, a new exercise book, and a tin of buttons. Each Patrol had to make a list of all the different things they could do with their particular item. As predicted, some of the girls went a bit silly over this part (well - what would your answer have been at that age if asked what you could do with a potato?I), but they soon grasped the idea when they were told to choose one of their ideas to actually carry out at the meeting the following week. They were then allowed some time to plan what they would need and who would bring what.

Five weeks later, complete with a 4-week old baby, I decided to go along

to see how things were going. A peep through the window in the door was enough to bowl me over in amazement. The hall was a hive of activity in six little 'corners' and Ratty and Manuel were sitting at the end of the room, arms folded and engrossed in a lively conversation. Everything looked so organised, with no apparent effort on the part of the Guiders whatsoever.

'Is this how my meetings look to the outsider?' I wondered doubtfully. My entrance brought the proceedings to a predictable standstill, as all the Guides gradually crept across to gaze at, coo at, poke, stroke and generally dote on my little Lizzie, but when they returned to their corners and I went around from Patrol to Patrol I had to admit that they were capable of much more than I would ever have given them credit for.

They had quite obviously responded well to a new Guider and a new idea. At the end of the meeting Lizzie was presented with some of the things they had made during this project - pompom toys, a rather dangerous-looking rattle ('It's the thought that counts,' told myself) and a 'Welcome to Guides' card. Even on closer questioning Ratty assured me that the project, with one more week to go, had been a success, give or take one or two hiccoughs.

So - there is another good idea to file away for future reference when the need arises for a 'Guider-friendly' meeting — and I have the distinct feeling that somehow or other there is going to be plenty of those in the

months to come.

'Basil'

Pond Dipping Game The National Trust Continued from page 47

Better Britain

The Shell Better Britain Campaign continues this year with grants of up to £500 going to a variety of projects around the country. Last year, grants totalling more than £65,000 awarded to some 225 projects which varied from clearing canals and creating recreation areas to restoring historic buildings and planting trees. This year some of the outstanding schemes could also benefit from an extra achievements award worth £250. As well as giving grants, the Campaign offers advice, information and a nationwide network of contacts to help volunteers to set up their projects, to organise themselves efficiently and to cope with technicalities like planning permission, insurance and safety. To obtain more information about the Campaign and for a copy of an Information Pack please write to: The Campaign Administrator, Shell Better Britain Campaign, Nature Conservancy Council, Northminster House, Peter-borough, PE1 1UA or in Scotland: Shell Better Britain Campaign, PO Box 191, Aberdeen AB9 8XZ.

Walking in Britain



Did you know that walking is second only to gardening as Britain's most popular outdoor leisure activity? Newly published is a leaflet giving comprehensive information and advice to all those who want to make the most of their walks. Walking in Britain gives details of a selection of better known recreational and long-distance walking routes all shown on a large map, as well as walks for a gentle family afternoon out. The leaflet is published by the British Tourist Authority in association with the Countryside Commission for England and Wales, the Countryside Commission for Scotland, Ordhance Survey and other organisations. you would like a copy of this leaflet please send an sae to: The Countryside Commission's Publications Despatch Department, 19-23 Albert Road, Manthester M19 2EQ.

Visitors to National Trust properties this summer will be able to enjoy a variety of events, from Morris dancers, brass bands, croquet players, actors, singers and concerts. Outdoor events will also include sheepdog and horse trials, bird walks, boat trips and a falconry display. Concerts, exhibitions and talks will take place indoors throughout the season. For further details of the list of events on in your area please contact your nearest National Trust regional office where information officers will be able to help with any particular enquiries.

Wellington Country Fair



A visit to the Wellington Country Fair will make an ideal day out for the family in July. The Fair is held in the grounds of Stratfield Saye House on Saturday 12 and Sunday 13 July from 9.15am-7pm. It will include an 'Old Tyme' Fair Ground with a vintage Helter Skelter, pony rides and a crèche for children. There will also be many trade stands and craft stalls. As well as all this there will be the colourful Musical Ride of the Household Cavalry and performances by the Regimental Bands of the Coldstream Guards and the Scots Guards. The organisers have provided free car parking for over 15,000 cars and the Fair can be reached from the A33 between Reading and Basingstoke (M3/M4).

Red Arrows

Visitors to Plymouth this summer will be able to see the world famous Red Arrows, thanks to the Scouts and Guides of Devon and Cornwall. The Arrows have kindly accepted to give a display for the Westcountry Jamboree on Wednesday 6 August at 1.00 pm. The main display will be over Mount Edgcumbe but it will be easily visible from the Hoe and other parts of Plymouth and Devonport. The Westcountry Jamboree 1986 will last from 2-9 August.

Learning can be fun with the World Wildlife Fund's Pond Dipping Game. Created for children of secondary school age from 10-18, the game can be used in a classroom of up to 32 children or by youth groups for the study of pond ecology. The game contains several versions in the same box to allow for the range of ability in the young people using it. For the younger players there are card games and a quiz or board game on which the players have to manage part of a pond to accumulate fish. In the advanced version of this same board game, older students learn to measure success in terms of biomass or productivity in their part of the pond. As well as these board games and picture charts, the game box contains a 48 page hand-book on the practical and theoretical aspects of pond work. The Pond Dipping Game can be obtained from: The Richmond Publishing Company Limited, Orchard Road, Richmond, Surrey TW9 4PD, for £11.95 plus £1.20 postage and packaging.



The Cooking Game

The Publishers of the highly successful Garden Game have recently launched a new and most unusual board game. Funny and informative, The Cooking Game is for 2-6 players. The object of the game is to be the first to get your dinner ready and this entails collecting sets of ingredients for at least two recipes. Dirty dishes and domestic dramas add to the difficulties all cooks know only too well. Help is at hand, however, when the telephone rings. Jane Grigson has compiled the recipes and these include many wellloved, traditional British dishes. The Cooking Game is obtainable from the usual retail outlets and costs £20.



Continued from page 49

Sensible Drinking

It is a fact that alcohol misuse is now Britain's third major death hazard. With Britain's drinking problem becoming increasingly acute and statistics showing a dramatic increase in women and young people, the Legal and General have produced a video showing the need for sensible drinking. It outlines the many social problems, how traffic accidents, crime and family strife are directly related to drink and of the 800,000 accidents that occur in the home each year, a study revealed that 65 per cent were caused by alcohol or had alcohol as the major contributing factor. The video lasts for 12 minutes and clearly puts these facts across, and is a flexible first step in airing some of the issues. After the video is shown a discussion or talk could be based on facts drawn from the fact sheet supplied. For interested Guiders and Young Leaders this could be used as part of their training syllabus. The video costs £6 plus postage and packling and is available through: Julian Roup, Profile Public, Relations Ltd., Polygon House, 18-20 Bromells Road, London, SW4 0BG, telephone 01-720

Collect-A-Spec



The public is being asked by Help the Aged to donate old and disused spectacles and cases, which after being tested and graded, will be sent to Colombia, Africa and Poland where they will be distributed to elderly people recovering from cataract operations or those unable to meet the costs of purchasing spectacles themselves. Spectacle collecting bins are to be placed in all 68 branches of Clament Clarke opticians, and in Help the Aged regional offices and shops. This year marks the Silver Jubilee of Help the Aged and it continues to increase public awareness of the needs of elderly people.

Geological Museum

In 1988 a permanent exhibition on The Quest for Britain's Oil and Gas' will open at the Geological Museum which is part of the Natural History Museum in South Kensington, It will show how geologists have helped to discover and unlock the rich deposits of the UK's Continental Shelf. It will be sponsored by the United Kingdon Offshore Operators Association and will use production platform architecture to house a wealth of information and dis-

Sports Savers

St. Ivel Shape, the producers of a range of low fat dairy products, are running a 'Family Sports Savers' pro-motion on this range of products. The scheme offers individuals the opportunity to save 25p at their local municipal sporting facility by collecting five tokens from Shape packs. Another promotion, 'Shape Group Sports Savers', offers organised groups of youngsters £55's worth of 25p vouchers or cash for sports equipment, in return for 1,000 tokens from Shape packs. The special packs featuring the tokens will only be n major supermarkets until the end of July so groups will have to hurry to save as many tokens as possible. The 1,000 tokens should be sent with details of the group which has collected them to: Shape Group Sports Savers, PO Box 9B, East Molesey, Sur-rey, KT8 0PE, by 31 December 1986.

Champion Children

Dr. Barnardo's and Mace Line local shops are in search of Britain's top 1986 children for the Champion Children of the Year. If you know a young person aged between 8 and 16 years whom you consider to have some outstanding talent or achievement you may want to nominate him or her for one of the following catagories in the Awards:— Bravery, Sport, Art, Dance, Music, Junior Mastermind, Drama and Triumph Over Adversity. Each nomination should be sent on a separate piece of paper giving name, address, telephone number (school and home) age and category. Details of the child's achievements and talents together with general background information should also be sent with a 7in. x 5in. photograph (Dance category, full length portrait). Nominations must reach Barnardo's, Tanners Lane, Bark-ingside, Ilford, Essex by 12 July 1986.

Copydex

Copydex have produced a new leaflet in their 'Let's Make' series of handicraft projects for young people. 'Let's Make Presents' contains four ideas for make a hand-made gift; a string holder in the shape of a clown, a jewellery box, a fabric covered photo frame and greetings card holder. The Project sheet and back-up notes are available by sending 20p for postage and pack-aging to: Mary Frances, UniBond-Copydex Ltd., Stanhope Road, Cam-berley, Surrey, GU15 3DD.



Pedigree Petfoods

A free sample pack of posters and leaflets giving information on pets and how to care for them is on offer from Pedigree Petfoods. The posters include some breeds of dogs and cats and a budgie colouring poster, while the leaflets deal with topics such as 'First Aid for Your Dog and Cat' and the 'Basics of Dog Training'. The free packs are available from: Pedigree Petfoods. Education Centre, National Office, Waltham-on-the-Wolds, Melton Mow-bray, Leicestershire, LE14 4RS.

Fergie's Fizz

To celebrate the Royal Wedding this summer, Sterling Health, the makers of Andrews Liver Salt, are giving away a free bottle of pink champagne to every Andrew' married in July this year. Bridegrooms called Andrew or brides whose husband's Christian name is Andrew, should simply send a photo-copy of their wedding certificate, together with their name and address to: Fergie's Fizz Offer, Andrews Press Office, Sterling Health, Your Family Health Service, 1 Harewood Place, London, W1R OPQ. All applications should be received by 31 September.

. . . Pips . . .

. The Bolshoi Ballet is visiting the Royal Opera House 22 July — 9 August. They will be performing Ivan the Terrible on 22 July (a Royal Charity Premiere in aid of the British Deaf Association and the Royal Opera House Trust), 24, 26 and 28 July; Raymonda on Deal Association and the Royal Opera Front The Golden Age, 30 and 31 July and 2, 4 and 5 23, 25 and 29 July and 1 and 8 August; The Golden Age, 30 and 31 July and 2, 4 and 5 August; and Spartacus on 6, 7 and 9 August. Tickets range from £1-£45. For booking and information, phone the Box Office on 01-240 1066 or Information on 01-240 1911.

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