



AUGUST 1986 50p

JACKSON

# GUIDING



# Do you know the 1986 Fundraiser of the Year?

Could it be you or someone associated with your Guide Unit?



Last year, Webb Ivory held the first ever Fundraiser of the Year Awards, and what a success they turned out to be! There were hundreds of nominations, and the entire venture was thoroughly enjoyed by everyone involved. But the search is on again for the 1986 Fundraisers of the Year – and we very much hope that you'll be playing your part in this year's tribute to the dedication of fundraisers.

## What are the awards?

Throughout the country, 1000's of voluntary organisations such as Guide Units are raising money for good causes, and Webb Ivory has set aside a fund of over £10,000 to give them a helping hand. The winners of the Gold, Silver and Bronze Awards each receive a substantial sum to donate to the funds of their worthy cause, as well as a Fundraiser of the Year plaque as a personal memento.

Last year, the prize money went to help fund a research fellowship in Mental Health, and towards Multiple Sclerosis research. A sum was also used to create a new baby room at a child care centre, and to buy a bus for a village transport scheme. Whatever the good cause, the fund can help.

## Who can be nominated?

Any fundraiser who genuinely deserves this very special tribute – it could even be you! The winners will not be selected solely on the basis of amount of cash raised – rather, the nominations will be judged on personal contribution and achievement, and those qualities which symbolise the true spirit of fundraising.



Melvyn Hayes with last year's Fundraiser of the Year winner, Mrs Glenda Mayfield

The winners will be chosen by a panel of judges, all people highly experienced in fundraising. As last year has shown, their job will be extremely difficult – because *all* fundraisers deserve this sort of recognition.

## Special Youth Award

In addition to the Gold, Silver and Bronze Awards, Webb Ivory would also like to pay tribute to the many young people dedicated to raising funds for good causes. As you're involved in Guiding, perhaps a young Leader springs to mind, or one of the Guides. To qualify for this special Youth Award, the nominee(s) must be under 21 on 31st October 1986.

## Webb Ivory Award

There is also a special award for Webb Ivory fundraisers. The Fundraiser of the Year Awards are open to *all* voluntary fundraisers, but the Webb Ivory Award is for those people who use Webb Ivory fundraising as their principal source of fund income.

## How to nominate

Simply write to Malcolm Totney, Director & General Manager of Webb Ivory at the address below, telling him why you or someone you know deserves to win the Award, how the funds are being raised, and what the money is being raised for. Closing date is 31st October 1986 – we look forward to hearing from you very soon. Please mark your envelope "Fundraiser of the Year".

# Webb Ivory

For further details of the Webb Ivory fundraising service please write to:  
Webb Ivory Ltd, Dept LN2D, Queens House, Wood Street, Burton-on-Trent DE14 3BD.



# GUIDING

OFFICIAL MAGAZINE  
OF THE GIRL GUIDES  
ASSOCIATION

Published 1st of each month

(Incorporated by Royal Charter)

## PATRONS

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HM QUEEN ELIZABETH, THE QUEEN MOTHER

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HRH THE PRINCESS MARGARET, COUNTESS OF SNOWDON

## WORLD CHIEF GUIDE, 1930-1977

OLAVE, LADY BADEN-POWELL, GBE

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The Editor would like to remind all Guiders that, even though Guides and Brownies do not meet throughout the summer, their magazines *TODAY'S GUIDE* and *THE BROWNIE* are still published.

## COVER

This photograph, showing HM The Queen when she attended the opening of the National Garden Festival at Stoke-on-Trent, first appeared on the cover of the magazine *STAFFORDSHIRE LIFE*. The Queen was greeted by a guard of honour which included over 150 Brownies, Guides and Rangers. The editor of *STAFFORDSHIRE LIFE* has kindly given us permission to use this lovely photo for the cover of *GUIDING*.



EDITOR: JEAN RUSH  
ASSISTANT EDITOR: DEBBI SCHOLES  
SUB EDITOR: BEN HALL  
ADVERTISEMENT MANAGER: ANN M MARTIN

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## Star of Merit

On 23 February, at the Wendover District Thinking Day Service, Tina Weatherby was presented with her Star of Merit, by Mrs W Pearce, County Commissioner. The award was given to Tina, 'Robin' of the 1st Halton RAF Coy, in recognition of her great courage and fortitude under suffering and is one of the highest awards in Guiding.

Sadly Tina died in May at Princess Mary's RAF Hospital, RAF Halton.

Photo courtesy of: Halton News

## Slumber Party

The Brownies of the 2nd Dibden Purlieu Pack were in racing form when they took part in an indoor 'sleeping bag' race while on Pack Holiday in March last year. Presumably they didn't fall asleep 'on the job'!

Photo courtesy of: Mrs J Suswain



## Guides Future 'Find'

A 'find' for future archaeologists was buried in Swavesey by Cambridgeshire East Guides, to mark their 75th anniversary. Badges and photographs were among the items buried in a time capsule near the site of a new Scout and Guide hut.

Photo courtesy of: Cambridge East News



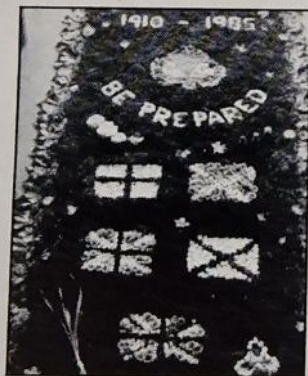


## Fund Raising

*Brownies and Guides of Farington St Paul's Church gave a new lease of life to a polio victim last year. Mrs Olive Sinfield, shown here smiling happily while sitting in her new 'wheels', has worked hard for the church despite her handicap and the girls decided to help her by raising funds for a wheel chair. They raised £550 and were helped to reach the target by the Leyland Round Table which enabled them to buy the chair in time for Mrs Sinfield's birthday.*

*The wheelchair was presented to her during a surprise birthday party held in the church hall.*

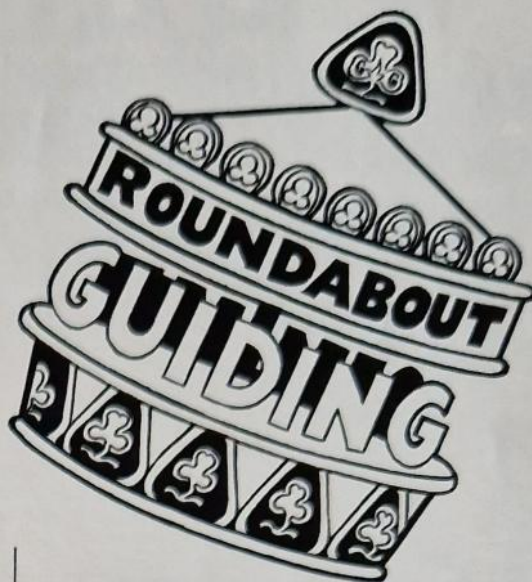
*Photo courtesy of: Lancashire Evening Post*



## Floral Carpet

*The floral carpet in this picture was designed by Miss Enid Sly, a retired school teacher who was a Guide in the 1st Northleach Company before the second World War. The 'carpet' formed part of a Flower Festival, held to commemorate the 75th anniversary last year at Northleach Parish Church. The Carpet shows the Trefoil, The Union Flag, the flags and emblems of England, Wales, Ireland and Scotland. Also included but not shown in the photo are the tracking signs for 'I have gone home', 'Do not follow this road', 'Follow this road' and 'Letter hidden seven paces away' together with a message in Morse Code. Miss Sly was assisted by Jane Dawson, who is a present day member of the 1st Northleach Guide Company and Miss E Taylor who was at one time a member of the Upper Slaughter Guide Company.*

*Photo courtesy of: Miss L E R Miles*



## Star Gazers

*The Brownies here were among those who visited Greenwich Observatory to look at Halley's Comet earlier this year. They belong to the Woolwich Division of London and South East England. They are joined by (left) Carole Stott, Curator of Astronomy, Greenwich Observatory and (centre) Mrs Lois Hort from Blackheath who saw the comet in 1910.*

*Photo by Mrs S Smith*





# PRACTICAL



## All Sections — Do It Yourself

### Watt Appliance?

You will need:

Pictures, from magazines/catalogues, of electrical appliances. Challenge Brownies: Mount the pictures and spread them around the room. Challenge the Brownies to name all the appliances, and describe what they do. Guides: Using a display of pictures of electrical appliances, challenge the Guides to place them in order, according to the use obtained from one unit of electricity.

A unit of electricity is one Kilowatt (1KW) or 1000 watts used continuously for one hour.

Check their estimates against the guide shown below. Electric blanket — every evening for a week; hair rollers — over 20 hair do's; iron — 2 hours' drying (60 loads); tape recorder — 24 hrs playing; teamaker — 35 cups of tea; colour television — 6-9 hrs viewing; toaster — 70 slices of toast; tumble dryer — 1½ hrs drying; vacuum cleaner (upright) — 2 hrs cleaning; waste disposer — 508 kg rubbish disposed.

Rangers: Challenge the Rangers to gauge the correct fuse needed for various electrical appliances. Lists of appliances needing 3 amp and 13 amp fuses are below.

**3 amp**

Electric blankets; blenders; can openers; coffee grinders; coffee percolators; cooker hoods; extractor fans; food freezers; food mixers; hair rollers; towel rails; refrigerators; slow cookers; spin dryers; teamakers; heated trolleys; waste disposers.

**13 amp**

Contact grills; deep fat fryers; dishwashers; food processors; hair dryers; storage heaters; immersion heaters; irons; kettles; microwave ovens; sandwich toasters; tumble dryers; vacuum cleaners; washing machines.

The loading of electrical appliances varies according to shape and design — if you are ever in doubt, check with the packing the appliance came in, or with an electrician, or your Electricity Board shop. Better safe . . .

### Electric Shock

Ensure that your Unit know how to deal with electric shock victims. Essentially, the important points to remember are:- switch off current or move casualty using a dry, non-metallic instrument, whilst standing on dry insulating material, eg newspaper; resuscitate if necessary; place in recovery position, treat burns; remove to hospital.

### What Do You Do?

Prepare a chart, with a list of things which the girls may have done for them, but which they could easily do themselves. Each girl must be honest and tick the things she does, and the ones she relies on others to do for her.

The list may include things like:- wake myself up; make my bed; plan meals at home, etc.

Let the girls compare notes, and encourage them to see how they could be more responsible.



Duncan Rae

## Brownies — Do It Yourself

### DIY Circuit Training

Hold a 'Do It Yourself' evening. This will take a little advance preparation and will involve a lot of equipment. Don't be put off however! Plan well in advance and you will have a novel and fun-filled evening. It may be easier to switch the meeting place to your home for the evening — that way you will have, nearer to hand, all the equipment you will need. Why not divide the Pack for this activity and use your house and Tawny Owl's house?

The idea is to have a number of 'Do It Yourself' activities ready for the Brownies to try. Enlist the help of some Young Leaders or Rangers, so that each activity is 'manned'.

The Brownies, on their own or in pairs, work their way around the house, trying the various activities, ably supervised and instructed by you and your team of helpers.

In the kitchen, the Brownies prepare themselves some lunch in the form of sandwiches (which they can eat at a picnic at the end of the Circuit Training).

After preparing their lunch, the Brownies should wash up and clear away all their utensils. Whilst in the kitchen, ask the Brownies to sort a pile of washing and set the programme on the washing machine, or to place foods in the right compartment in the fridge or freezer.

In the lounge, the Brownies are told that it is time for bed, and they must leave the room safe. This will involve turning off the television and all lights, taking the plugs out of all the sockets, checking any ashtrays to see that nothing is still burning, turning off the fire, and (for extra points) clearing away dirty mugs and strewn newspapers!

In the bathroom, there are towels on the floor, a bottle of 'pills' open within easy reach of little children, a hair dryer on the edge of the bath. Challenge the Brownies to leave the bathroom safe and tidy.

In another room, the Brownies sew a button onto a blouse (or a piece of material) and fit new batteries into a torch or a radio.

Devise a point system, so that at the end of the evening each Brownie/Brownie pair know how they have scored. It is perhaps unlikely that the Brownies will have to do all these things unaided, but one never knows, and it will give them some indication of the things they can do by themselves if they should ever need to.

**The Electrical Association for Women, 25 Fouberts Place, London, W1V 2AF**, is an ideal source of information as regards safety and economy with electricity. They also produce leaflets and booklets which you may find useful, especially the booklet, *Electricity for Everyday Living* (£1.75). The EAW will be closing down in December.



Duncan Rae





Duncan Rae

### Guides — Do It Yourself

#### DIY Circuit Training

As in the Brownie section — this evening will take some planning and preparation, but should be well worth it, as regards fun and good training. You will need a team of helpers — Young Leaders or Rangers and some parents if possible, just so long as there is someone at each activity who knows what they are doing and can supervise and instruct if necessary.

The Guide DIY Circuit Training course can include activities such as, replacing a fuse; wiring a plug (these two activities must be supervised carefully); mending a puncture on a bike; checking the oil in a car; changing a light bulb; hammering a nail straight, into a block of wood (on the underside of which is a line, representative of an electric wire — if the nail is hammered in at an angle it could hit the 'wire' and the Guide receive a shock); and any other activities you think your Guides may not know how to do.

#### Water Waste

Set the Guides, in Patrols, to solve this problem. Measure the amount of water wasted when a tap is left dripping. Then work out how much water would be wasted in a day, and if it was hot water how much that would cost.

It may help the Guides to bear in mind that for a bath, about 112 litres (25 gallons) of water are used, which is roughly 72 litres (16 gallons) of hot water and 40 litres (9 gallons) of cold water. Also, one unit of electricity will heat 14 litres (3 gallons) of water from 10°C (50°F) to 60°C (140°F), so with a unit of electricity costing approximately 6 pence, the Guides should be able to work out the problem.

#### A Good Sign

There are various signs and symbols, which you will find on electrical appliances to indicate that those items have been approved by the relevant safety boards. Collect examples of these signs:—the British Electrotechnical Approvals Board (BEAB) sign; the British Standards Institution Kite mark and Safety mark, to show the Guides, and test to see if they remember them. There are also signs for recognised electrical contractors ie the NICEIC sign or the Electrical Contractors' Association (EAC) sign. Challenge the Guides to find examples of these signs.

The Electrical Association for Women, 25 Foubert's Place, London W1V 2A7, is an ideal source of information as regards safety and economy with electricity. They also produce leaflets and booklets, which you may find useful, especially the booklet, *Electricity for Everyday Living* (£1.75). The EAW will be closing down in December.



Duncan Rae

### Rangers — Do It Yourself

#### DIY Circuit Training

With the Ranger section you may need more specialised help in the DIY Circuit Training. Challenge them with these activities:—Changing the washer on a tap; changing a car tyre; changing a car fan belt; reading an electricity/gas meter; turning off the electricity/water.

#### Oh, do it yourself!

Anne and Stan have been married for 20 years, Jane is 15 and Paul 13. Stan is a printer, Anne a secretary with a building firm. Anne gets up at 6.30, to get herself ready for work, and to make breakfast for the family, sandwiches for Stan, and to wake said family at 7.30. Stan, Jane and Paul wake up when called, eat their breakfast, and get themselves ready for school and work.

At lunchtime Stan eats his sandwiches, reads his paper and has a smoke and a chat with his mates—Paul races round the school playground—Jane does hockey practice.

Anne does the shopping and plans that evening's dinner.

Anne gets into the house at about 5.30, round about the same time as Stan. She makes them both a coffee, and begins cooking the dinner while Stan relaxes in the lounge. Jane has time to finish her dinner before racing round to see her friend, June. Paul will be allowed to glue himself to the television as soon as he has done his maths. After a hard day and a warm dinner Stan dozes off beneath his newspaper. Anne washes up, and gets yesterday's washing ironed.

The above paragraph is undoubtedly full of latter-day clichés. Read it to your Rangers, and then leave the air open for discussion. Questions to prompt the discussion could be: *Who* in the family does *what* for themselves? Is this life pattern at all familiar to any of the Rangers? If there is someone at fault in this situation, is it Stan or Anne, or the children? To work for everyone, life should really be a matter of give and take, and co-operation. Do the Rangers feel that they and the people around them give as much as they take? If there is a problem here—is there a solution?



# Airing - Caring - Sharing

## Young Guiders

I was very surprised to read M Rutherford's letter 'Over the Hill' in May *GUIDING*. I too am a young Guider, now 24, but during the year that I was 19 I was certainly not 'invisible'. After gaining the Camper's Licence, I took a small international group to Belgium. I also became a member of the regional Junior Council (Llais-Y-Ddraig) and helped with events at Broneirion. I kept in touch with my Unit at home while I helped as Assistant Leader near my college at Worcester.

I do not think that the Eight Point Programme is meant only for the girls; Leaders too can set themselves targets. I have found that my District, County and Country encourage young Guiders. If you keep busy as a Unit Leader, other opportunities do come your way.

**Mary Nicolle,**  
Assistant Guider,  
1st Rosemarket (St Ismael)  
Pack,  
Pembrokeshire.

## Camp Aprons

With reference to the letter about aprons and the answer from the Programme and Training Department in May *GUIDING*, I would like to say 'Yes' to both of the questions posed in the footnote.

At my first Camp in 1931, as a Guide of seven months, I was given the porridge dixe to clean. (I vowed then that I would never give that dixe to a recruit when I was a Leader). I camped with smokey wood fires each year until 1940. I took up Guiding again in the 1950's, first as a QM with my cook's apron dyed navy blue (which I can still produce), and latterly, as Commandant. The luxury of modern camping with calor gas was not part of my camping experience.

**J S Low (Mrs),**  
Crieff Trefoil Guild,  
Perthshire.



## Paving Puzzle

Early in our 75th Celebrations, *THE BROWNIE* magazine published a one-off Paving Slab Puzzle.

As there appears to have been no record kept of how the puzzle was done, can any Brownie/Brownie Guider help us?

In vain we have turned and tried to fit the 10 triangles together to make the paving slab — but without success. My Pack, Assistants, parents, colleagues, neighbours, friends and myself would all appreciate the solution to the puzzle. I look forward to hearing from any successful puzzlers who would be willing to share the solution who could contact me c/o *GUIDING*.

**Sandra Smith (Miss),**  
Glasgow.

*This puzzle was sent to us by a reader who enclosed no solution and whose name and address we can no longer trace. If anyone has been able to solve the problem we would all be grateful to hear from them.*

Editor

## Guiding Tribute

This poem is my tribute to all the lovely ladies, all over the country, who give their time and energy for the Movement.

### Full Circle

I was once a Brownie,  
I was once a Girl Guide too.  
I'm older now, much older,  
But again I'm wearing blue.

The things I learnt those years ago,  
When I was young and foolish,  
To lend a hand and always smile,  
I'm giving them back, with relish.

And all around the country,  
There are others dressed in blue,  
Who are giving back what they've been given,  
Guiders, I raise my hat to you.

**Janet Simpson,**  
Brownie Guider,  
Hertfordshire.



## Warning

Chernobyl is safe. The melt-down has been averted. The world can breathe a sigh of relief and return to normal living; and will forget what could have happened.

But it could happen again. Anywhere. This accident has shown us that even if nuclear power is phased out, a nuclear disaster somewhere in the world in our lifetime is now not an inconceivable danger but a real possibility.

The recent events have highlighted one fact — no one was prepared. No one knew what or what not to do. Was it safe to go to the shops? To let the children play outside? To eat washed vegetables? To bang the washing in off the line? To cuddle the cat? As a result of this lack of knowledge people will develop radiation sickness and die, when it could have been prevented.

B-P was up-to-date in his day, and taught Guides to be prepared for war. Guiding is now looking to the future; in these days of tenuous peace and technical advancement, surely we ought to live up to our motto of 'Be Prepared'? One of the challenges could be to learn the basic rules of what to do in a nuclear emergency. There are over 8 million members of the Movement in the world today. In 20 years time Guiding will have involved at least another 15 million. 3 million people! Just think of that fund of knowledge. Thanks to Guiding, most of us know what to do if someone falls through ice, or if clothes catch fire — situations that statistics show will probably never happen to us. A nuclear disaster may also never happen, but if it did, our knowledge could help save countless lives.

Don't let's hide our heads in the sand. Let's live up to our motto — as B-P intended — Be Prepared.

**Jean Austin,**  
Guider,  
4th Cheriton (St Georges) Coy,  
Kent.



# Airing - Caring - Sharing

## Brownie Games

An article a few months ago regarding non-competitive games struck an answering chord in me and I thought that other Guiders would like to hear about our success with our recent Brownie 'Commonwealth Games'. We emphasised that these games are often described as the 'friendly' games, and we devised games for Sixes to play in teams, but tried to make the games fun enough in themselves with no winners or point giving.

Thus we had a 'swimming' medley of crawl (on all fours) Butterfly (skipping), Backstroke (backwards) and Freestyle (back to back). Our 'Hurdles' was a fun obstacle course; our steeplechase run in Dad's wellies. 'Shooting' consisted of bursting bags they had inflated, and our most popular event was a marathon, an egg and spoon relay, using spoons and a well-known confectionary egg. At the end everyone had a 'medal' and parents and Brownies agreed that the event had been the best ever 'sports' — no squabbles, no tears!

**Nancy Gilmartin (Mrs)**  
Guider,  
39th Kirkcaldy Pack,  
Scotland.

## Church Parade

As I am a trainee Guider with the 1st Gentleshaw Brownie Pack, when Brown Owl was away recently, it was my duty to take the Brownies to Church Parade.

All went well until the last hymn, when my Brownies went to fetch their Pennant and were all horrified when the Vicar handed them the candle snuffer instead. The Brownies were all far too nervous to protest and proceeded to walk down the aisle with the candle snuffer. The choir were hysterical and the congregation speechless. I am confident that the final verse of the hymn was not sung.



To top it all, the Vicar then proceeded to use our Pennant to put the candles out with.

My Brownies will, I am sure, never forget their Church Parade in June of this year.

I do hope that readers will find this as amusing as I did. I only wish I could have taken a photograph of their faces!

**Margaret Nicholls (Mrs),**  
1st Gentleshaw Pack,  
Staffordshire.

## Whitley Bay

I was interested to see the picture of Whitley Bay Guides (June *GUIDING*) at the water's edge after their New Year's Day dip to finish off 1985! During the war barbed wire entanglements prevented access to the beach in my native Whitley Bay and when, on rare occasions, the wire was opened between 7am and 8am to allow intrepid swimmers to take the plunge, I rarely missed an opportunity, summer or winter.

Obviously my Guiding descendants are keeping up the tradition.

**June Craft (nee Kaye),**  
Division Commissioner,  
East Division, Norfolk.

## Talk Back

At a recent District Meeting the three magazines, *GUIDING*, *TODAY'S GUIDE* and *THE BROWNIE*, were discussed. It was felt that they were generally very useful, but that in many ways it would be more useful to Guiders using material in *THE BROWNIE* and *TODAY'S GUIDE* if topical items could be brought forward. For example, the Valentine's Day bookmark appeared in the 12 February issue of *THE BROWNIE* which obviously only gave Guiders two days to gather material. Similar comments were made with regard to *TODAY'S GUIDE* by Guiders who see it regularly. If earlier publication is not possible, could craft type pages be reproduced in *GUIDING* in the month before so that we can 'be prepared'?

I particularly find the Practical Pages in *GUIDING* useful with my Unit.

**Diana Coley (Mrs),**  
District Commissioner,  
Bexhill and Guider, 10th  
Bexhill Pack,  
Sussex.

We should like to point out that the Section magazines

are intended for the use of the girls, not Guiders, but we will bear any comments in mind when preparing schedules for future issues.

Editor

## Guide Diary

I am writing to complain about the size of this year's Guide Diary as it is too long to fit into the Guide pouch. In past years the Diary was been just the right size. Is there any need to make them bigger which means that we cannot have them when and where we really need them?

**Claire Birchill,**  
Swallow Patrol,  
6th Fleet (St Philip and  
St James) Guide Coy,  
Hants.

The new size was introduced to satisfy the many people who had written in, asking for a bigger diary: most other diaries are now produced in this format, and so far, it has proved very popular with purchasers.

Publishing Department



The opinions expressed in these pages are not necessarily those of the Editor.

The Editor reserves the right to cut letters or publish extracts



# Olave Baden-Powell Bursaries 1986



The following list gives details of people who have received Olave Baden-Powell Bursaries this year and to what use the money will be put:

## Anglia

**Vanessa Sayers** — 1st Mountnessing Brownie Pack — Young Leader — Essex North East — Educational Project Venezuela.  
**Fiona McCaghrey** — Norfolk County Ranger Unit — Norfolk — National Scout and Guide Orchestra Course.  
**Fiona Wegg** — 1st Old Catton Guide Coy — Young Leader — Norfolk — Overseas Travel Iceland.  
**Catherine Mortimer** — Shefford Ranger Unit — Bedfordshire — Musical Instrument — Percussion Instruments.  
**Louisa Pollard** — Flitwick Ranger Unit — Bedfordshire — Rucksack.  
**Carol Borton** — Flitwick Ranger Unit — Bedfordshire — Rucksack.  
**Diana Williamson** — 2nd Amphil Guide Coy — Young Leader — Bedfordshire — Experiment in International Living Japan — Camera.  
**Sarah Boyland** — 1st Enstone Guide Coy — Oxfordshire — Equipment for Pony.  
**Della Lindsay** — 1st Corringham Guide Coy — Essex West — Musical Instrument — Cello Case.  
**Emma Farr** — 1st Kedington Guide Coy Suffolk — Musical Instrument — Violin Bow.  
**Alison Smith** — 9th Bushey Guide Coy — Hertfordshire — Overseas Travel — Iceland.  
**Nicol Sealy** — 2nd Hertford Guide Coy — Hertfordshire — Overseas Travel — Sweden.

## Midlands

**Alison Eldridge** — 4th Sawley Guide Coy — Young Leader — Derbyshire — Lightweight Tent and Rucksack.  
**Marianne Winter** — 1st Newcastle South District Ranger Unit — Staffordshire — Visit to Guernsey.  
**Paula Wilks** — Ross Ranger Unit — Herefordshire — Overseas Travel — Canada.  
**Joanna Kidd** — Amber Valley Ranger Unit — Derbyshire — Exploration to the Yukon.  
**Jennifer Brookes** — 1st Polesworth Guide Coy — Young Leader — Warwickshire — National Scout and Guide Orchestra Course.  
**Kirsty Lewis** — Maypole District Ranger Unit — Birmingham — Musical Instrument — Flute.  
**Louise Dick** — 270th Birmingham Guide Coy — Birmingham — Musical Instrument — Oboe.

## North West England

**Suzanne Thorpe** — 2nd Kells Guide Coy — Cumbria North — R A D Children's Summer School Course.  
**Diane Walsh** — 1st Ashton-in-Makerfield Guide Coy — Young Leader — Greater Manchester West — Diving Cylinder.  
**Alison Mellor** — Woodbury Ranger Unit — Stockport — Musical Instrument — Flute.  
**Gillian English** — 2nd Norbury Guide Coy — Stockport — Musical Instrument — Tenor Horn.  
**Tanya Harrison** — 1st Sandbach Heath Guide Coy — Cheshire Border — Roller Skates.  
**Gillian Smith** — Lees District Ranger Unit — Lancashire South East — International Camp Sweden.  
**Janine Ogden** — 20th St. Annes Lydgate Guide Coy — Lancashire South East — Overseas Travel — Switzerland.

## South West England

**Tanis Hughes** — 1st Holcombe Guide Coy — Somerset — Overseas Travel — Switzerland.  
**Angela Fenner** — 1st Chippenham Ranger Unit — Wiltshire North — International Camp Sweden.  
**Claire Thomas** — 7th Wokingham Guide Coy — Berkshire — International Camp Ireland.  
**Laura Jamison** — 7th Wokingham Guide Coy — Berkshire — International Camp Ireland.  
**Claire Rogers** — 7th Wokingham Guide Coy — Berkshire — International Camp Ireland.  
**Helen Layley** — 1st Wokingham East Ranger Unit — Berkshire — Lightweight Tent.  
**Sally Drake** — 1st Sonning Guide Coy — Young Leader — Berkshire — International Camp Thailand.

**Judith Limburn** — 8th Nailsea Guide Coy — Avon South — Musical Instrument — Violin Case, Bow and Strings.  
**Victoria Reynolds** — 38th Bath Guide Coy — Avon South — Theatre School Course.  
**Charlotte Reynolds** — 38th Bath Guide Coy — Avon South — Musical Instrument — Euphonium.  
**Charlotte Trinick** — 1st Salcombe Ranger Unit — Devon — Sailing Cruise.  
**Wendy Rowe** — St Just District Ranger Unit — Cornwall — Sailing Cruise.  
**Juliet Palarm** — 1st Devoran Guide Coy — Young Leader — Cornwall — Tall Ships Race.  
**Carleen Collins** — 7th Falmouth Guide Coy — Cornwall — Musical Instrument — Flute.  
**Tracy Bonham** — 84th Bristol Guide Coy — Young Leader — Avon North Computer Printer.

## North East England

**Megan Rhys** — 3rd Dearne Valley Guide Coy — West Yorkshire South — Musical Instrument — Clarinet.  
**Julie Oakley** — 44th Middlesbrough Guide Coy — Cleveland — Musical Instrument — Clarinet.

## London and South East England

**Georgina Upcott** — 4th Burgess Hill Guide Coy — Sussex Central — Overseas Travel — America.  
**Sarah Dorrington** — 4th Burgess Hill Guide Coy — Sussex Central — Overseas Travel — America.  
**Lisa Watling** — 4th Burgess Hill Guide Coy — Sussex Central — Overseas Travel — America.  
**Deborah Sweetman** — 4th Ruislip Guide Coy — Middlesex North West — Overseas Travel — Switzerland.  
**Jennifer Holt** — 4th East Barnet Brownie Pack — Young Leader — Middlesex East — Typewriter.  
**Deborah Morey** — 29th Eastbourne Guide Coy — Sussex East — Musical Instrument — Clarinet.  
**Philippa Goddard** — 1st Capel Guide Coy — Surrey East — Musical Instrument — Oboe.

## Scotland

**Heather Lowrie** — 296th Glasgow Guide Coy — City of Glasgow — Telescope.

## Wales

**Jane Owen** — Amlwch and Cemaes Ranger Unit — Anglesey — Rucksack.  
**Dawn Kennard** — Drenewydd Ranger Unit — Montgomeryshire — International Camp Wales.  
**Nadine Brown** — Drenewydd Ranger Unit — Montgomeryshire — International Living Japan — Camera.  
**Lorraine Jones** — 2nd Welshpool Guide Coy — Montgomeryshire — Musical Instrument — Guitar.  
**Nicola Grattige** — 1st Caereithin Guide Coy — West Glamorgan — Overseas Travel — Norway.

## Ulster

**Lindsay Wilson** — 2nd Donaghadee Guide Coy — Young Leader — North Down — Sailing Cruise.

## Video for Hire

A film tribute to the late Olave, Lady Baden-Powell, is available as a video from the COI films division. The film gives an interesting account of her lifelong work for the Movement throughout the world. Opening with a record of the memorial service held for her in Westminster Abbey, the film shows through newsreels and photos, her rôle as World Chief Guide and ends with her last message. The length of the video is 18 minutes and the cost of hire is £17.24. For further details contact: CFL Vision, Chalfont Grove, Gerrards Cross, Bucks SL9 8TN. Telephone 02407 4433.



# Obituaries

## My Sister Heather



*A peaceful family scene with Heather (left) seated on the arm of her mother's chair, Peter (centre) standing and Betty (right) seated at her father's feet.*

Another link with 'the B-Ps' has been severed with the death on May 21 1986 of my older sister Heather. What memories does it bring back? Lying in the shade on a hot summer's day, sketching our ponies munching the grass as we rested after our energetic ride; crawling about on the floor playing with our miniature farmyard and painting the names on the backs of the cows; trips to Farnham for swimming, clutching shopping-lists that included such important items as '2 lambs and a hay-wagon'; Mum weeding the flowerbed near the summer-house while we did our homework; Dad giving us a leg-up to climb a tree; walks to the River Wey for bathing with Mum or fishing with Dad; practising and performing concerts and plays to amuse our parents and friends.

Predominantly, memories of Heather include horses, which were her great love. Dad was very proud of her for she was a bold and fearless rider — which of course resulted in many falls and broken bones. After one of the earliest of these she murmured 'B-brownies don't cry when they're hurt, do they, Dad?' and, after a later fall, I had a frenzied gallop home leading her riderless horse, leaving her unconscious with a broken leg by the jump where her horse had thrown her.

Heather was definitely the instigator and leader in all our riding activities. But she showed less self-confidence when it came to meeting people, and often she would shove me forward with 'Go on, you go first' as we entered a room full of strangers. She was shy by nature, but a sincere and loyal friend, keeping many of her childhood and school friends to the end of her days. One of them said to me 'I have never heard Heather say a cruel word about anyone.'

After we left school we were lucky enough to accompany our parents on tours abroad, she as Dad's secretary, I as Mum's. She was his companion on other trips for fishing or Scouting. She was like him in many ways, with red hair, and left-handed. I remember her winning a prize at a fancy-dress party on board ship when she dressed up as 'the Chief Scout', scraping her hair back into a stocking under his Scout hat, and exactly copying his stance and mannerisms so that she looked amazingly like him, much to his amusement.

I admired Heather enormously, as she was so much better than I was at so many things, both sporting and artistic; she was a First Class Guide, and a Patrol Leader, and at school she became Head Girl, and achieved several honours in exams. We had the

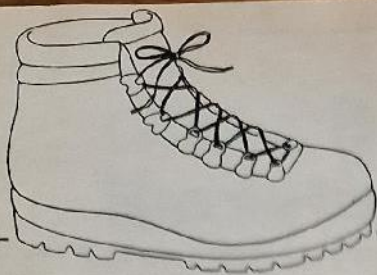
greatest fun together, and I always felt grateful to her for being so sweet and helpful to me when I got engaged and married.

She joined the ATS during the war, then she married John King who was in the RAF. For many years they 'followed the flag' to many different countries with their two sons Michael and Timothy. Latterly they had a farm in Oxfordshire, where they once again took up their love of horses, Heather using her skill to organise Riding for the Disabled, and Pony Club Camps, among other interests.

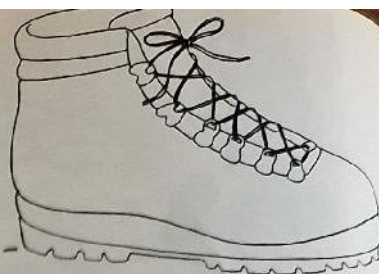
They went through the deep sorrow of the death of Michael aged 24, and then the joy of the birth of their granddaughter, Timothy's daughter Natasha. The last two years have been very difficult as Heather struggled to recover from a brain operation, during which her devoted husband has cared for her unceasingly. Taking their courage in both hands and the wheelchair, they went on a wonderful journey to South Africa, escorting the Scouts' 'Flame of Friendship' on its way to Mafeking, and then to Kenya where they planted a shrub at our parents' grave. For me, life will never be quite the same without Heather.

**Betty Clay**





# Walking Safely



August sees the start of a ten-part series on Walking Safely. We begin the series with a foreword by Ruth Black, the Outdoor Activities Adviser, followed by the first article in the series which deals with Safety Precautions involved in going out walking.

We are an outdoor Movement; the girls join us to go out and find adventure. There is no adventure without risk but we must ensure that by taking due care we can reduce the risk to one we can control or to one with which we are trained to cope.

For those who wish to take parties into the hills there is a wealth of written advice and many training courses available. For those who do not wish to be quite so adventurous but wish to take their Units out and about, there is very little advice available on how to manage groups of children sensibly and safely.

These articles are aimed at most Guiders, not those who are considered expert. We hope that if you never thought you needed any training, these articles



may change your mind and encourage you to improve your skills.

Dangerous places are not always remote; busy main roads are dangerous, high cliffs and big waves at the seaside are dangerous. Young girls are always vulnerable. Many of us can find ourselves in difficult and dangerous situations within yards of the meeting hall, just beyond the coach park, within call of help, but where immediate judgments and trained responses are required. We need the training before we ever step out of the door in charge of other people's children.

These articles were written by a group of Guiders from Staffordshire. I hope you will gain much from reading them and enjoy many happy and safe outings and expeditions.

## Safety precautions

The out of doors offers limitless fun and adventure, alongside an element of danger. The Walking Safely Training Scheme recognises this and provides the necessary training in order to minimise the inevitable risks while still retaining the adventure and challenge evident in the out-of-doors.

An outing, be it to the local park, a busy city, or to the hills, can turn into a traumatic event for anyone inexperienced in dealing with groups out of doors. How do you usher a Brownie Pack across a Pelican crossing? The lights invariably turn red before 24 Brownies have crossed. How do you cross London with a Guide Company? The doors of the tube invariably close before all 36 are safely on board.

Which side of the road do you walk when there is no footpath? What precautions are necessary if you're taking a group along country lanes in the dark?

Potential risks are evident in the out of doors even without setting a foot in the hills. Safety precautions need to be taken beforehand to ensure the well-being of the group. Everyone should not only know the Green Cross Code, but be able to put it into practice. Likewise, rambles into the countryside should be preceded by a discussion on the Country Code, while leaders of groups need to be conversant with those sections of the Highway Code applicable to pedestrians. Copies of the Green Cross Code, Highway Code, Country Code and Mountain Code will all be helpful. (See Suggested Reading).

If the walk is near water or if the activity is, for example, a pond dip, various points need to be checked beforehand. Are the banks safe? Are they crumbling, steep, or slippery? Are there any lifebuoys? If so, where are they situated? Is someone in the group competent to deal with a water rescue? Where is the nearest telephone?

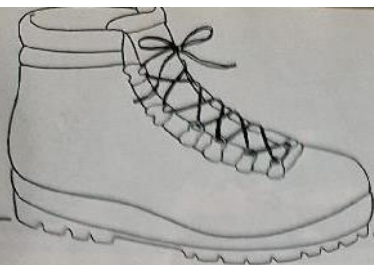
## Prevention is better than cure

Clothing and equipment should be suitable for the activity undertaken and the leader must check that everyone is suitably shod and clad (this will be covered later in the series) and ensure that she carries the necessary leader's extras eg, a first aid kit, survival bag, if appropriate,

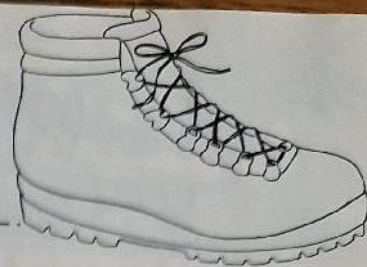


Jean de Lemos





# Walking Safely



emergency hot drink, etc. She should also ensure that all members of her group have eaten an adequate breakfast before setting out.

In addition to these, extra precautions are needed when walking in the hills; precautions which are demanded by the very nature of the terrain.

## Physical Effects of Terrain and the Elements

The age, physical fitness and experience of the group members, along with weather conditions and the time of the year all contribute to dictating the length and nature of the walk or expedition.

Whatever the terrain a note of the group's route and the expected time of return (ETA) should be left with a responsible person.

Brownies should not be expected to ramble as far as Rangers, nor should they tackle higher ground where the weather conditions and the nature of the terrain could present problems. Youngsters are able to progress from a state of intense activity to a state of virtual collapse in a very short space of time. They will often push themselves to the limit of their capabilities until a state of exhaustion is reached.

The effects of the weather on a party of walkers cannot be over-emphasised. A combination of cold wind and rain can be lethal, particularly if clothing is inadequate. As the wind increases, the rate at which heat is lost from the body also increases, so that the body feels colder. Only a small increase in the wind speed is required in high land, where the temperature is normally lower, to bring about wind and chill. For example, a wind of 20mph combined with an actual temperature of 10°C will give an effective temperature of around freezing point.

It is also important to realise that altitude causes a fall in temperature. Although the valley temperature may be 20°C or 30°C, at higher altitudes temperature will be considerably lower. This drop in temperature, known as the lapse rate, is around 5° for every 1,000ft. climbed. Wind speeds also change with altitude. Be prepared for strong winds in the hills.

An exhausted body cannot maintain its inner core temperature, which should be at around 37°C. If the inner core temperature of the body drops so that the body is unable to restore its normal temperature, exposure will occur.

## Hypothermia

Hypothermia can be caused when someone has an accident where the weather conditions are cold. It can also be introduced by a combination of anxiety, lack of

food, exhaustion.

Adequate preparation and a knowledge of each individual member of the group is vital to avoid these situations. Then if someone in the party begins to behave in an odd manner, by being unusually quiet or argumentative, they are easily spotted. The signs and symptoms to watch out for are uncharacteristic bursts of energy, complaints about being cold or tired, a failure to understand what is being said, a great deal of shivering, a slurring of speech, or trouble with the eyes, clumsiness and disorientation. Although these may not all be present, or in the same order, these could be the first signs of hypothermia and immediate action is necessary.

If it is possible to continue—find a sheltered way back—descending the hill at the first available point.

The treatment for hypothermia is

## Shelter—Rest—Warmth

If you suspect hypothermia there should be no delay in re-warming. Shelter should be found from wind and wet and the casualty positioned on a non-conducting surface to avoid further heat loss. Then the casualty should be encouraged to withdraw her arms from the sleeves of her gaiters and put her hands into her armpits and her feet, with boots still on, into a rucksack (Fig 1). The casualty should be placed in a survival bag if one is carried.



Jean de Lemos

Figure 1.

It is essential that the head and neck are covered with anything suitable and clothing added in layers if available. Don't take anything off the casualty in order to add more clothing as they will chill down even more! Do not on any account rub the

casualty's limbs as this will bring blood to the surface where it will cool, and it is important to keep warm blood at the vital centres in order to raise the core temperature. A warm drink, as well as food or sugar in easily digestible forms, are beneficial provided that there is no additional injury that will require and receive medical treatment. Bodily contact, by sitting close to the person, or lying in a survival bag with them will also help to convey heat.

## Heat Exhaustion

Heat exhaustion is less likely to be a problem in this country. However, it may occur due to conditions and characteristics of group members such as: fair skin or hair colouring, especially if the weather is hot and the sky cloudless with no wind; fat people are also more prone as are people who suffer from eczema or psoriasis; and if the group has to hurry, particularly if insufficient drink has been taken earlier or a lot of sugar has been consumed (as in fizzy drinks).

The signs of heat exhaustion are not easy to detect at first. Thirst will occur but may not be recognised as being excessive. The casualty will have dry skin, may complain of vague stomach pains, and become weak and tremble. Also they may be pale and become vaguely irrational.

To treat heat exhaustion the casualty should sit in as cool a place as possible with the forehead and wrists bathed in water. Fluids, preferably fruit juice, should be given in small amounts, but if this is not available then water with a small amount of salt added should be taken. Encourage the casualty to eat any fresh fruit available as this contains potassium which will have been lost in sweating. With fluids and rest the person usually recovers quickly unless there is some underlying illness such as diarrhoea. If there is nothing else wrong the walk can be continued provided that she is supplied with plenty of fluid.

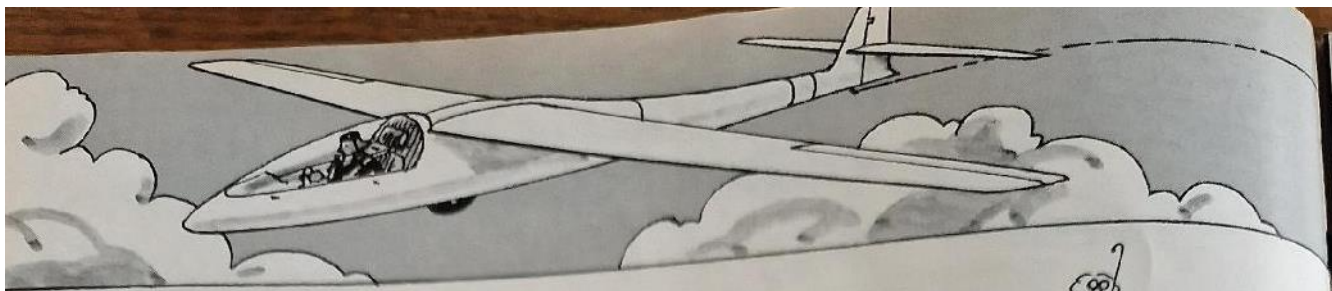
The physical fitness of the leader is also crucial. In an emergency the leader may have to descend the hill, contact the rescue services, and then ascend with them in order to guide them to the injured person.

It is also essential that sufficient energy reserves are maintained so that, should severe conditions occur, the reserve can be called upon to combat exhaustion. A walk in the hills requires a large energy output. In order to meet this demand, the body requires around 4,000 calories a day, with a good balance of protein, carbohydrate and fats. Fluid is also important to replace that lost by evaporation and perspiration, but remember that too much cold water on a very hot day can cause unpleasant stomach cramp.

When outdoors, quick and clear thinking is required in order to assess critically an emergency situation. A tired and unfit body will be unable to cope adequately.

Continued on page 37





'Very few men are born brave, but any man can make himself brave if he tries — and especially if he begins trying when he is a boy.'  
'BP—Scouting for Boys'



When we heard that the 2nd Hanwell Brownie Pack were planning to go 'Wild Water Running' we felt it too good an opportunity to miss, so we asked their Guider, Irene Probert-Lewis, on their return, to tell us about their day and how the idea arose.

In Pow-Wow it was decided that we would like an outing at half-term. Suggestions and ideas were discussed. We chose to write down requests, to ensure we had all choices, including those from some shy new Brownies, in our Six corners. Three Brownies, who had been once to Wild Waters, mounted a rapid publicity campaign and definitely 'nobbled' the survey! I promised to make enquiries and let them know if it was possible.

Wild Waters are all weather waterslides. Four fibre glass tubes (three translucent) approximately six feet in diameter (sorry, I can't think in metres!) which curve and bend, descending from the top of a two storey building into a two foot deep, turbulent, pool. A constant, shallow stream of water pours down the tubes. The riders sit or lie on pieces of foam mat and push off. The momentum builds so that the rider whizzes down in Cresta run style. If the mat is raised slightly in front, the rider skims the pool when reaching the bottom. (Why didn't I discover that before I had sunk in the water at least three times?)

The Wild Waters we went to are advertised as being 'the world's largest all weather waterslide complex', situated next to **Richmond Swimming Pool, Old Deer Park, Richmond, Surrey TW9 2A2**. Telephone enquiries to The Manager, **01-940 9966**.

The Manager suggested when I telephoned that we make a written application to take a group. I had to estimate possible numbers which are a bit difficult. Parties of 25 have a reduction, less than that are judged individually. Based on a guessed total of 20 people we were sent 4 free entry vouchers. The standard entry fee is £2.50 for 40 minutes, and spectators are charged 50p. We shared the free entry vouchers and charged £2 per head so the total cost of the day was £2.50 (including 30p return fares and 20p pocket money).

To reach Wild Waters you can use the Richmond Main Line and the Underground Line. There are several bus routes to Richmond, namely the 65 and 27. We met at Ealing Broadway at 10 am and travelled by the 65 bus, which starts there, returning before the rush hour. It is a treat for some children to ride on the top of a double decker.

The quest to ascertain whether our pursuit was legal and above board led me to my District Commissioner who referred me to CHQ Insurance Department, who referred me to the

Training Office. I explained the activity. The Training Secretary then 'phoned back to say that it was okay — no problem!

Our party consisted of 15 Brownies, 3 Guiders and 2 Guides. The most available parents had other children, too young for Wild Waters, so couldn't come, whilst others were at work.

We let all ages come but banned the 'Black Hole' ie the most difficult tube of the four. Everyone accepted the decision without protest. The rest of the tubes, I believe, hold an acceptable risk of bumps and bruises to gain the skills of 'riding the tubes'. It took courage to go down, especially the first time, because you can't see the end of the tube and so do not know what you are in for. I went by myself to try it out — not a very adventurous soul — and shrieked at the bends! Adults can help younger ones to start off by having them sit on the mat, between their legs. Attendants stood at the top and bottom watching the riders and keeping safety standards. I made a special request to the manager that they should be careful! (Fussy woman! I expect he thought!). A word of warning — for adults the changing rooms are very public — take a good covering towel!

Our day began at 10 — to avoid the rush hour — and it seemed sensible to go to the pool in the morning — the Brownies having had only one meal and that being breakfast, a good few hours ago. The water activity lasted 40 minutes, after which we walked through some back roads, starting with 'Kew Foot' to Lion Gate, Kew Gardens (a 10-15 minute walk with wine gums to help us along!). The entrance fee to the gardens is 25p for adults, under 10's free (unofficially we were told we were all Brownies, and let in free, with a wink!).

The Brownies played for about half an hour in the open space, where they could be easily watched. They played leap-frog and tag, and wheelbarrow races spontaneously. It crossed my mind that several generations of chil-

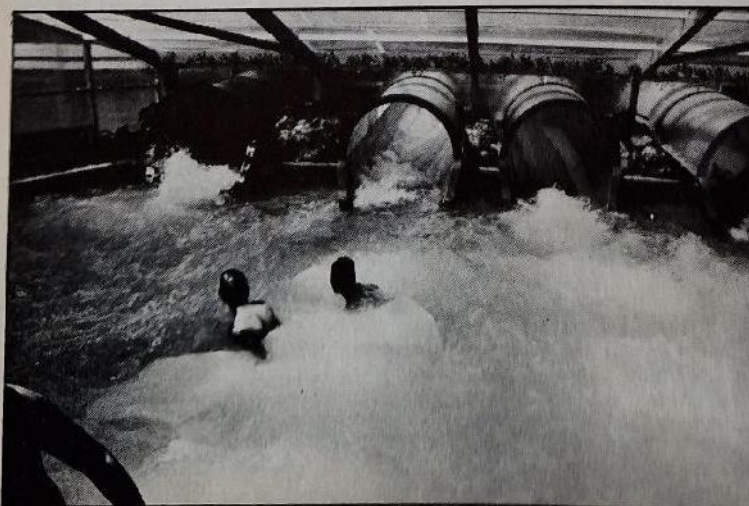


Photo courtesy of:  
Waterslides PLC



# ADVENTURE DAYS

dren have probably played the same games on that grass. It was lovely for the town children to have that freedom. A nice young couple with a baby, happily chatted to an audience of half a dozen Brownies, while changing a nappy and spooning in dinner!

Next stop was the restored Temperate House which has an elegant upper walkway inside. It also has 'roly-poly' banks and slides adjacent to the steps outside — my unvoiced thoughts of holes in knickers fortunately did not materialise!

We made a visit to the loos — some were urgent — I made the mistake of not insisting that all tried before leaving Wild Waters. Fortunately we did not have accidents, but we do have paper knickers in the first aid kit. On to Marianne North House — (a 10 minute walk), where there is a vivid collection of flower and animal paintings. The Brownies were amazed anyone could paint so many. A couple of artistic Brownies were really impressed with the subjects.

We ate at 12.45 pm in beautiful sunshine. There is some shelter and a large open space by the Pagoda. The food in the snackbars is expensive, so we took a picnic lunch with plastic bag sitters.

After lunch we walked in a leisurely fashion along the side of the Gardens, past the huge flagpole and on to the main lake. This was a period when I noticed lots of conversation arising from the colours of the beautiful trees and going on to shapes and sizes, etc, there is such a variety there. We looked at the Queen's Beasts and peered into the Palm House which is empty for restoration work and had previously been featured in a 'Blue Peter' programme. It is a short walk then to the 'Orangery' and the shop there. Rubbers, badges, pencils, sweets, etc were available for the Brownies to buy.

We received attention from several American visitors who photographed the 'dear little Girl Scouts' (how appearances can deceive, they smiled as if butter wouldn't melt . . .).

We reached the impressive black and gold main gates; caught a bus on Kew Bridge and were at Ealing Broadway for 4 pm.

The reactions from the Brownies to the Wild Waters were:-

'I was so scared the first time, but it was great.'

'When can we come again?'

'Brown Owl only managed the yellow slide (I confessed), I did the blue (Corkscrew) and the green one (aquajet).'

Overall reaction 'Brilliant!' — and that's the best in our Brownie Pack.

It is a challenge especially for the more nervous children (and Brown Owl!) but they were all glad they had done it. A few Brownies decided that they didn't wish to come — partly because some parents had heard that it was dangerous and talked them out of it. Having heard how we all got on, they would like to come next time! Mostly they were the newer Brownies who had not been on an outing before. I could not give total guarantees of safety to parents — there has to be a first time for a group.

The three Brownies who had been before went on a school outing, and said that everyone emerged unharmed. I cross-questioned the manager who said that mishaps happened on the Black Hole with teenage boys who tried unsafe ways of descending. Adventurous activities always carry a degree of risk and I think one should be honest about that.

If the Brownies had decided not to go down, they could watch the others and it was a fairly small proportion of

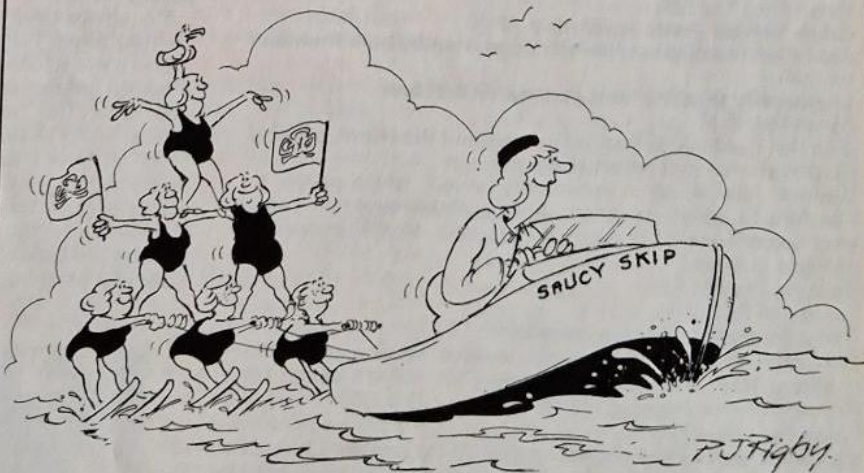
the day's time so there would have been lots to enjoy later. We will surely do it again.

Some families said they were pleased we had given the girls an opportunity to go because it was too expensive for most for only 40 minutes.

The problem is now finding other things which give as much satisfaction, although they are generally happy with most of the things we do. It was smashing to see the Brownies really enjoying themselves and we all laughed a lot. We had a good time, as much as is possible when one is responsible for other people's children! They behaved very well with a few reminders, which were all responded to without nagging. I was able to say 'well done' when we reached Ealing Broadway. Had the weather been bad we could have used more of the indoor facilities at Kew, but it was such a good day, we made the best of the fresh air. I am always relieved to get them back in one piece; it is a responsibility which adds to my grey hairs — we all have to meet the challenges of being a Brownie Guider, but it isn't taken lightly.

Irene Probert-Lewis

## Are You an Adventurous Unit?



Has your Unit been out doing an Adventurous Activity? Have you taken your Guides cycling, sailing, pony trekking, or have you taken your Rangers water skiing, parascending, windsurfing, mountaineering, gliding, sub aqua diving, dry slope skiing?

We would like to feature, in *GUIDING*, an article about your Adventure Day. If you have just been

on, or are just planning, such a day, drop us a line, or give us a ring, and we will tell you the kind of things we would like to know. And as an added incentive we will actually pay you for the article we publish!

Be adventurous — drop us a line to The Training Office, at the address on page 3.





## Sangam

**S**angam is a centre owned and operated by the World Association of Girl Guides and Girl Scouts. It has a building to accommodate 60 people and the camp-site accommodates 150. There are spacious grounds and a swimming pool. Sangam is located in Pune on the Deccan Plateau, 120 miles from Bombay.

Sangam is open to girls and adults who come from member organisations of WAGGGS, (aged 14 years and over).

### Sessions During 1987

#### **Sangam Experience:**

Focus on Harmony in Nature *January 5-16*

Focus on Thinking Day *February 16-23*

Booking Fee: Rs 250/-

Event Fee: Rs 1740/-

#### **Explore India February 25-March 5/September 22-October 2**

Combine a holiday in India with a visit to your World Centre. Live in an international atmosphere. Join new friends in a tour of North India, including Delhi, Jaipur and Taj Mahal. Open to all active members, supporters and friends, both men and women.

Booking Fee: Rs 250/-

Event Fee: Rs 1015/-

Tour Fee: Rs 4000/- (approx)

#### **Service to Indian Children August 10-23**

Indoor camps for underprivileged Indian children are a highlight of Sangam's Service. Sangam always needs helpers to plan and supervise activities. Give an international good turn with other members of the World Movement.

Booking Fee: Rs 250/-

Event Fee: Rs 2030/-

#### **Adult Holiday Event September 12-20**

For active members, supporters and friends, both men and women.

#### **Community Development Seminar/Workshop**

*November 2-15*

Join Girl Guides/Girl Scouts from around the world, seeking to give service in a constructive manner.

Discover how to plan a community project, which people to use, how to assess the needs, how to obtain support. Share your experience of community projects. Visit community projects in Pune.

Booking Fee: Rs 250/-

Event Fee Rs 2030/-

#### **Camp for Indian Children November 17-21**

Stay after the workshop event to give service to Indian children. Help plan and implement an indoor camp for underprivileged Indian children.

Camp Fee: Rs 450/-

#### **Sangam Service Projects November 30-December 13**

Join Girl Guides/Girl Scouts and Scouts to give Service to Sangam, Indian children and a community project.

Experience the thrill of participating in international service.

Booking Fee: Rs 250/-

Event Fee: Rs 2030/-

For enquiries, please contact:

**Guider-in-Charge, Sangam, WAGGGS, Alandi Road, Yerawada, Pune 411006, India.**

Please send an International Reply Coupon, obtainable from Post Offices. Application forms for Sangam should be signed by your national headquarters before forwarding to the Guider-in-Charge.

## Sangam Experience

**A**n experience of a lifetime was in store for us all as ten young Guiders from the Anglia Region and two from London South-East flew out at Easter to Pune, India. We were all to stay at Sangam, and participate in a 'Service to Indian Children Camp', combined with a Sangam Experience.

Once at Sangam, we were joined by two Guiders from South India, and two Guiders from Japan, and the camp began. We enjoyed an Indian day when we learnt traditional crafts such as Rangoli (designs with chalk powder on the floor), and Mehendi (designs made with a dye which is piped on to the hand, and stains the palm for over two weeks). We were also given the chance to purchase a sari, which we wore for a Maharashtrian Dinner. We ate this meal sitting cross-legged on the floor, eating off a banana leaf with our fingers. That same evening, dancers from Gujarat entertained us.

An evening visit to an Indian family was also arranged for us, which proved most enjoyable—and we were pleased to leave small English gifts for the hosts.

A tour of Pune itself took us in to Sikh, Muslim and Hindu temples which were beautiful, and so ornate. A visit was also arranged to the Anand Gram Leprosy Rehabilitation Centre. This centre cares for those with leprosy, but the disease is under control, and we saw the lepers weaving and making shoes and clothes. We also visited a Convent of St Mary and saw children of all ages being cared for in the orphanage.

We then spent several hours at Sangam planning the Service Camp for the children which was the purpose of our visit to India. The 25 children (aged 9-13) arrived from a local deaf and dumb school, and the staffing of the camp really began. Having split into small groups (each recognisable by a coloured scarf), we taught the children simple crafts using materials brought by ourselves. We also arranged games outdoors, and lots of action songs (bearing in mind their disabilities). We arranged daily swimming sessions in Sangam's beautiful pool, which the children found most exciting. One morning everyone rose early and travelled by coach to a bird sanctuary, where the children saw the sunrise and also many beautiful birds. Two representatives from the Pune Publicity Department brought nature films to show to the children. The children entertained us one afternoon at their school, and we watched a cultural programme of drama, dance and miming performed by the deaf and dumb children.

The service camp soon came to a close sadly, and the children returned home. Following the camp, an evaluation was made and overall it was voted a great success. The children responded well, and it was felt that they taught us so much, and we valued the time shared with them. They were such happy and contented children—and seemed totally unaware of their disabilities.

We all agreed that the experience of staying at Sangam was unforgettable. The Centre was extremely comfortable and was run by two enthusiastic Guiders-in-Charge who made us feel so welcome.

In conclusion, the whole camp was described as 'a most interesting, uplifting and illuminating experience'. International friendships were made that we know will last for ever.

## The UK Party







## Day Camp in the Desert

'I must be mad!' was my first reaction when I found myself suggesting that it might be a good idea if we took the whole of Jeddah District Guides and Brownies on a day camp into the desert. To take anybody, anywhere in Saudi Arabia requires a lot of PPPP (Planning, Preparation, Permission and Perspiration) but to take 200 females, the majority of whom are under the age of 15, into the desert requires a mad Commissioner!

To my surprise my Guiders thought it would be a good idea. Two of our Guide Guiders bowed under pressure and were coerced into joining a working party of three to do a 'recce'. We set off in a 4-wheel drive vehicle with the husband of one of the Guiders at the wheel (women are not allowed to drive in Saudi). We finally reached our destination—an oasis not far from the main Usfan road but set in the desert surrounded by hills. It seemed the ideal spot, with palm trees for shelter, some of which had fallen down so they would make ideal seats or tables. There was also a little village not far away in case of emergency. We made plans of the area, and also accurate road maps which included garage stops—vital in a hot climate where car engines can be temperamental, and then we returned to Jeddah.

Over the next few months I finalised the arrangements and soon it was the week before the Great Day. 'Be Prepared' is the motto so off I went to do a final recce. To my horror the oasis had been ploughed up (who ever heard of people farming in the desert?) and barbed wire had been set up all around the oasis area. To top it all the local bedouin had brought their camels and sheep in to graze there!

'Too late to cancel', I thought, 'we'll just have to move the camp to the side of the oasis'. It was a pity because now we could no longer use the palm trees.

Undeterred by this set back the District met on Thursday February 6 (Thursday is the same as Saturday in the UK) in the car park of a large shopping mall, and set off in a convoy of buses interspersed with 4-wheel drive vehicles—in case a bus got stuck in the sand. Had we forgotten anything?—spades, tow ropes, sand ladders, gallons of water, sun hats, suntan cream and food? No, it was all there plus plenty of spare in case of emergency.

I was amazed at how quickly the camp was set up once we arrived. Each Unit chose a large circular area to put up their flags, and to lay groundsheet to sit on. Spare helpers put up tents, dug latrines and hammered in sign posts marking the entrances to the camp and also the route across the desert from the main road (a necessary safety precaution when in the desert). Then it was time for the fun and games. There were many activities including trails, compass work and British Bulldog but the favourite of them all was 'visiting the toilets'. This novelty soon



Jeddah District Guides and Brownies enjoying a well earned lunch break during their day camp in the Desert

wore off when a group of local lads came to investigate!

Soon everyone was ready to eat but by now not only was the tea brewing but also a sand storm. Lunch became a contest to see who could carry a beefburger, sausage and salad back to their place without dropping the disposable plate or getting sand in their food. 'Brown Owl, my drink's got sand in it', became a frequent complaint. 'Yes, isn't it wonderful Brownies, just like real camping', came the reply!

When lunch was blown or cleared away we had time for 'Rats and Rabbits' and 'Witches and Wizards' before campfire. I must admit we almost lost some rabbits in the sand storm.

We had several Promise ceremonies and a 'Fly-up' before we sang our songs. The favourite song, beyond a doubt, was 'Millie's bloomers' taught to us by a Canadian Guider. It also amused a few Bedouin shepherds on their way, with the sheep, to pastures new.

All too soon it was time to go home. We swept out the buses which by this time had a layer of sand inside, and piled all our kit plus children back into them. On the way back we sang songs until the Brownies fell asleep.

Their verdict at the next meeting's Pow-Wow—'It was great—can we do it again?!' The reply—'Of course, but not until next year, I need to recover!'

**Elizabeth Bennett,**  
*District Commissioner and Brownie Guider,*  
*Jeddah District of British Guides in Foreign Countries.*

## A Mexican Fiesta

1985 was a very busy year for all members of the Movement but never in my wildest dreams did I imagine that I would be chosen by NW England to represent the UK at an Adult Adventure Session, sponsored by WAGGGS. This session was held to celebrate the 75th anniversary and took place at the Mexican World Centre near the ancient town of Cuernavaca, 45 miles from Mexico City.

The earthquake in Mexico in September placed a question mark over the trip but finally, at the end of October, I flew via Amsterdam and Houston, Texas, to Mexico City. We stayed in the city for a few days which gave us the opportunity to attend a folklore ballet at the Palace of Fine Arts; visit the Cathedral of Mexico and the National Palace, founded by the Spanish Conqueror of Mexico, Herman Cortez, and now administration offices for the city. We also saw the 1968 Olympic Village, the 1986 World Cup Stadium and much of the damage caused by the earthquake. We were saddened by the sight of the tent communities which house those whose homes were destroyed.

A little way out of the city we saw the floating gardens at Xochimilco, these consist of a small inland waterway, on which flat-bottomed boats, decorated with papier mâché flowers, are punted. Alongside these are boats with women cooking Tacos (corn-wheat pancakes), or a Marachi band to serenade you. Many Mexicans take their Sunday lunch and picnic on these boats.

The final trip we made from Mexico City  
*Continued on page 18*





*Continued from page 17*

was to the pyramids at Teotihuacan, a breathtaking archaeological site. We were guided by a superb Mexican courier who was able to tell us all the astrological facts connected with those temples (not to be confused with the Egyptian pyramids). He recommended that we climb the Pyramid of the Sun, as the view from there, looking out over the Mexican plains, was outstanding and it provided the best position from which to photograph the Pyramid of the Moon.

From Mexico City we then travelled to Our Cabaña, the World Centre in the state of Morelos. It consists of a group of single storey chalet-type buildings, totally enclosed in five acres of gardens which are beautifully kept by three very dedicated gardeners who went to the trouble each day of vacuuming the lawns to remove fallen leaves.

We made several trips from Our Cabaña to Cuernavaca, Taxco, a 16th Century silver mining town; Toluca, an artisan's town; and to the 12000 ft line of the volcano Popocatepetl. These trips were very interesting but would take too much time to describe in enough detail to do them justice.

One of the most interesting aspects of the trip was meeting the other delegates who came from the USA, Canada, Mexico, Australia and El Salvador. It was a privilege to meet and to discuss with other Guiders the progress and ideals of the Movement. We all had the same aims and desires, we just tried to achieve them in different ways. The ladies

from El Salvador had to conduct their Guiding affairs almost in secret; the ladies from the USA conducted their Girl Scouting in an almost military fashion; and the Australians 'met' over the radio.

Mexico is a land of colourful contrasts. It has an exciting mixed history from the Aztecs to the Spanish Conquest; it is a wealthy nation but the people are either very rich or very poor. Everywhere we travelled we were besieged by beggars, including children begging for one peso (one five hundredth of an English pound).

In the era when Bob Geldof and his friends raised millions to help the mass of starving people in Ethiopia, we must not forget that a growing number of women throughout the world are attempting, through international exchanges such as this Mexican adventure, to find a way to world peace, to provide better living conditions, and a host of environmental projects aimed at creating better living standards.

I was indeed privileged, in our 75th year, to be part of this Mexican fiesta, but I also realised, through this trip, what a privilege it is to belong to such an international Movement, and how much we have to thank God for in Britain.

**Kairen L M Ball,**  
*Barnton Guide Coy,*  
*Cheshire.*



*Left to Right: Kairen Ball, Jane Hadfield, Sally Paul*

## Friends of Glenbrook

### 2nd Annual General Meeting & Open Day

On Saturday, May 17 1986, 40 'Friends' gathered for the second Annual General Meeting and Open Day.

Sheffield South Trefoil Guild and one of the Hope Valley Rangers prepared and served a buffet lunch which gave an opportunity for us to renew acquaintance with many long-standing 'Friends' (in both senses of the word).

After lunch, the Annual General Meeting was chaired by Mrs W Hilton, Chairman of the Glenbrook House Committee. In her welcome Mrs Hilton referred to the increase in the number of 'Friends' over the past year and hoped this trend would continue.

Officers and Committee members elected were—

President .....	Mrs Owen Walker
Chairman of the 'Friends' ..	Mrs H L Watson
Secretary .....	Miss M E Watkinson
Treasurer .....	Mr Laurie Watson
Committee members .....	Mrs Beryl Hopkinson
	Mrs Maureen Maltby
	Mrs Aileen Kenning

Thanks were expressed to the retiring Committee members, Mrs Hazel Jenkins and Miss Haldenby for their work for Glenbrook.

After the business of the meeting, Mrs Greta Fowler (former Chief Commissioner, N E England) gave a most interesting, entertaining, but above all, thought-provoking talk on personalities she has encountered during her



Guiding career.

On behalf of the 'Friends', the Chairman thanked the Guider-in-Charge (Miss Betty Carradus), the Assistant Guider-in-Charge (Miss Elizabeth Goldthorp) and also Mrs Carradus, not only for their help in arranging the Friends Day, but also for their continued enthusiasm and work for the Centre.

Anyone who would like to join the 'Friends' may apply to:  
**c/o The Guider-in-Charge, Glenbrook, Bamford, Sheffield S30 2AL.**



# PROGRAMME NOTES

## Co-operating in the Senior Section

*Waddow—26th—28th September*

The Leader, the Council/Executive, the members, all have a leadership rôle in a complex and everchanging partnership. What makes this partnership tick? How do the different rôles and responsibilities (individual and collective) marry together? What factors influence the effectiveness of decision making, Programme planning and standard setting? You are invited to join us for a weekend, when we will consider these questions and come up with some answers. The weekends are open to all Ranger Guiders and Venture Scout Leaders, including those involved in running Joint Units. The centres will accept the first 20 Leaders from each Association who apply (no more than two from each Unit please). The training team will include Roger Haywood, Carole Hughes and Maurice Cornelius.

## Focus on the Programme

*Foxlease — 19th-21st September, 17th-19th October, 9th-11th January 1987*

*Waddow — 12th-14th September*

This series of trainings has been specially designed to give Unit Guiders an in-depth look at one part of the Programme, and, as an added bonus, time will be set aside for a specialised plenary session on certain subjects such as basic skills including ceremonial, the older girl in the Unit and democracy in the Unit. It is therefore vital that all applicants read the information in the Training Calendar correctly to ensure that they apply for the kind of training they really want.

Here is a marvellous opportunity to concentrate on one area, and to see how it fits in with the other two Sections. We hope to see you there!

## Foxlease New Year

*Foxlease — 29th December-3rd January*

The theme of this year's houseparty and training will be Music and Crafts for Pleasure. Seasonal fare and sociable activities will be arranged as usual. The sessions will enable Guiders to learn new skills and develop existing ones in order to be able to give and receive pleasure through creative activities. Some of these will lead to a special event with invited guests whilst others will follow from the requests and interests of those who come. What better way to make a stimulating start to a Happy New Year!

## Power Cruising (Canals) Permit Training

*17th-24th October 1986*

Apply now for this excellent opportunity to gain your Power Cruising (Canals) Permit.

There are places for 12 trainees aboard the 'Pirate Princess', a boat owned by the Pirate Club, a water activity centre based in North London. Throughout this week-long training you will be instructed and assessed by the boat's skipper — there is no final exam to cram for!

At the end of the training, successful candidates will be awarded their Power Cruising (Canals) Certificate and will be able to take Guides or Rangers on a cruising holiday.

We can guarantee you an enjoyable week on the water — the first training of this kind took place in June, so if you still need some persuading, see if someone from your County went and ask her about it.

For further details contact your County and/or Country/Region Boating Adviser.

## British Red Cross Society First Aid Course

*Foxlease — 23rd-27th Feb 1987*

Have you ever thought there must be an easier way of gaining the qualification necessary to take your Unit away to Camp than paying £20 and then attending two hour lectures once a week for eight whole weeks? Well, at last there is! For an approximate course fee of £35 plus the usual accommodation fee, you can follow a four day intensive course using the latest Red Cross films, and take the examination before you go home. Successful candidates will receive the British Red Cross Standard First Aid Certificate which is valid for three years, covers GGA requirements, and also the requirements of the Health and Safety (First Aid) Regulations 1981, which means that holders can act as First Aiders at work.

Applicants should consider applying for a CHQ Training Bursary, and should enquire about other help locally or from their employer. If your time is at a premium, but you need this qualification, then this course is for you.

## The District Team

*Foxlease — 24th-26th October, 14th-16th November, 30th December-1st January 1987*

*Waddow — 31st October-2nd November, 16th-18th January 1987*

The emphasis at these trainings is on the District Team and the value to be gained from working together and discovering the support members of the District can give each other. Help is given in understanding how the Programme develops from Brownies to Guides to Rangers and how District events can be used to encourage self-programming at all levels. It is an ideal opportunity to get to know each other in a relaxed atmosphere and to exchange ideas, skills, problems and experiences. District Commissioners are asked to bring a group of Guiders from all Sections and of all levels of experience. If your District has no Ranger Unit, perhaps the Ranger Guider of the Unit which serves your District could be asked to join you.

## New Year Training

*Waddow — 29th December-3rd January 1987*

**Tune:** 'There's a bright, golden haze on the meadow'

'There's a bright frosty haze over Pendle

Come to Waddow for New Year with Friendles!

With music and dancing and crafts you can share

Start the Golden Jubilee, dine on Waddow's good fare,

Oklahoma's our theme here,

Friendship and fun our aim,

Bring your puzzles and knitting,

We hope you're coming our way.'

(See you then at the start of Waddow's Diamond Jubilee year!)

## Get Into Gear

A successful weekend was held at Waddow when Guiders were invited to try out the latest developments in outdoor gear. As a result we would like to thank the following people for their help and support:-

Camping Gaz (GB) Ltd; Coleman (UK) Inc; Epigas International Ltd; John James Hawley (speciality works) Ltd; Nikwax; Ordnance Survey, Southampton; Robert Saunders (Chigwell Ltd); Spraynay Ltd; Vango (Scotland) Ltd; Relom Ltd.





# SEP OCT NOV

Foxlease,  
Lyndhurst, Nants S04 7DG  
Tel: (Lyndhurst) 042 128 2638

## Foxlease

### September

- 5-7 Staffordshire
- 12-14 Buckinghamshire
- 19-21 Focus on the Programme  
(Basic skills including ceremonial)
- 26-28 London and South East Region

## Waddow

### September

- 5-7 West Yorkshire South
- 12-14 Focus on the Programme  
(Democracy in the Unit)
- 19-21 1 Europe Demystified  
2 Know Where It's Kept
- 26-28 Co-operating in the Senior Section

## Glenbrook

### September

- 19-21 Caving/Climbing/Canoeing

## Netherurd

### September

- 5-7 Music in the Programme
- 12-14 Brownie and Guide Guiders  
(includes booking from Glasgow, East North East Division)
- 19-21 Brownie and Guide Guiders  
(includes booking from Roxburghshire)
- 26-28 Brownie and Guide Guiders  
(includes booking from Edinburgh Braid Division)

## Bronierion

### September

- 5-7 Llais y Ddraig  
(by invitation)
- 12-14 Working Together in the Youth Service
- 19-21 Powys
- 26-28 The District Team

### Fees at Lorne per Weekend

Ulster Guiders (over 18 years of age)	£12.50
Ulster Rangers/Young Leaders (under 18 years of age)	£10.50
Non-Ulster Guiders	£18.00
Day Only	£8.00

### Fees at Netherurd

Shared room per day	£7.50
Double room per day	£7.75
Single room per day	£8.00
Deposit	£2.00
Training for non-residents	£0.50

Waddow  
Clitheroe, Lancs BB7 3LD  
Tel: (Clitheroe) 0200 23186

## Foxlease

### October

- 3-5 South West England
- 10-12 Surrey West
- 13-16 Trefoil Guild
- 17-19 Focus on the Programme  
(The Older Girl in the Unit)
- 24-26 The District Team
- 31 Oct-  
2 Nov Dorset

## Waddow

### October

- 3-5 Worcestershire
- 10-12 Focus on the Programme  
International Education  
(by allocation)
- 17-19 Lancashire Border
- 24-26 North West England
- 31 Oct-  
2 Nov District Team

## Glenbrook

### October

- 10-12 Duke of Edinburgh's Gold Award/Queen's Guide Enterprise (I)

## Netherurd

### October

- 3-5 Districts—(District Commissioner with up to eight of her Guiders)
- 10-12 Brownie and Guide Guiders  
(includes booking from Manchester)
- 17-19 Brownie and Guide Guiders  
(includes booking from Aberdeen)
- 24-26 Trainers
- 31 Oct-  
2 Nov Brownie and Guide Guiders  
(includes booking from North Lanarkshire)

## Broneirion

### October

- 3-5 International (by invitation)
- 10-12 Pembrokeshire and Cambridge Outdoor Activities Adviser Conference Wales
- 21-25 Rangers/Young Leaders Duke of Edinburgh's Gold Award
- 31 Oct-  
2 Nov International (by invitation)

## Lorne

### October

- 3-5 Rangers/Young Leaders
- 10-12 North Antrim County
- 17-19 South Belfast Division
- 24-26 Arts Weekend (by allocation)
- 31 Oct-  
2 Nov International

Glenbrook  
Bamford, Nr Sheffield S30 2AL  
Tel: (Bamford) 0433 51567

## Foxlease

### November

- 7-9 Somerset
- 14-16 District Team
- 21-23 Surrey East
- 28-30 'Them and Us'

## Waddow

### November

- 7-9 Lincolnshire North and Humberside South
- 14-16 Lancashire West
- 21-23 Co Durham and South Tyne
- 28-30 Midlands

## Glenbrook

### November

- 14-16 Trainee Walking Instructors
- 21-23 International (Young Leaders and Guiders)

## Netherurd

### November

- 7-9 Prospective Trainers
- 14-16 Brownie and Guide Guiders  
(includes booking from Glasgow South West Division)
- 28-30 Ranger Guiders

## Broneirion

### November

- 7-9 Ceredigion/Carmarthen
- 14-16 Trainers Conference Wales
- 21-23 Guide Guiders with Patrol Leaders
- 28-30 International (by invitation)

## Lorne

### November

- 7-9 Towards the Adult Leader Certificate
- 21-23 North Belfast
- 28-30 Trainers/Training Co-ordinators' Day

### Fees at Broneirion (Adults)

Shared room £7.25 per person per night (minimum fee for a weekend £14.50)  
Double room £7.50 per person per night (minimum fee for a weekend £15.00)  
Single room £8.00 per person per night (minimum fee for a weekend £16.00)  
A non-returnable deposit of £2.00 should be sent with your application form.  
No receipt will be sent unless an SAE accompanies the deposit.  
Should a Guider fail to notify the Guider-in-Charge at Broneirion in good time of her inability to attend a training which she has booked, she may be liable to pay the full fee.



# HEAR AND NOW

'Is there anybody out there?' ... beeb ... beeb ... beeb!!  
At the moment we are planning next year's and early 1988's schedules for **Hear and Now** and were wondering whether there were any topics you would like us to cover. How about writing to us with suggestions or even an article. Remember to include black and white photographs with your text and try to make the article as interesting as possible. Returning to this month's edition, we start a two part series on 'How to make a video' (page 22) also included is an article on Radio Lollipop (below).  
We hope you will enjoy reading this issue of **Hear and Now** and look forward to receiving your comments, suggestions and articles in due course. Please send all contributions to: **Hear and Now**, c/o The Programme & Training Department, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## Lollipop 'licks'



for Children  
in Hospital

## Homesickness

**R**adio Lollipop is the name of a charity which functions within four children's hospitals around the country. Queen Mary's Hospital in Surrey is where the Headquarters of the charity are based; there are Lollipop bases at hospitals in Bristol, Birmingham and Newcastle. In each of these hospitals the young patients can listen to their own radio station. The hospitals are equipped with modern, professional-looking studios, broadcasting equipment and some even have individual headphones by each bed. Most important of all, each hospital has a team of dedicated, caring volunteers who make Lollipop work.

Not everyone can be a budding DJ, not everyone wants to, but all the volunteers play a vital part in the care of the children. Most work or study full-time and can therefore only visit at weekends and in the evenings, but these are times when some parents may have to be absent and the children feel particularly vulnerable.

The DJs on the radio play records, tell jokes, read stories and the children who are well enough to move about are often allowed into the studios to see how they work and can even speak on the air. Some of the hospitals have telephones connected to the studio so that the children can telephone to request records, enter competitions or ask for records to be taken off!



Photo: Tony Rose

At Queen Mary's hospital the charity are organising the building of a Lollipop Centre, designed specially with the children in mind, right down to the smallest details. There will even be one room where adults are not allowed at all!

The Centre will provide facilities for the parents of long-stay patients who wish to spend longer periods with their child in a more home-like environment. There will be a restaurant; a play street with the walls painted to look like shops, traffic lights and

tree; a soft room for the mentally handicapped children with no hard surfaces for them to hurt themselves on.

The Centre will hold two studios, one functional and a 'play' studio where the children can imitate the real DJ's. This will also be used for training other Lollipop volunteers.

A model railway will run through the grounds which will carry children through the woods which hold two of every type of tree found in this country!

Lollipop needs two things — firstly it needs volunteers to help on the wards, talking, playing and reading to the children, many or all of whom will be frightened and homesick.

Secondly, Lollipop needs money in order to pay for the facilities and also for projects such as the Centre.

You could help in either way, either by becoming a volunteer or by encouraging your Unit, Company, Pack to raise funds to assist in the work.

The Guides and Brownies of Western Australia celebrated their 75th Anniversary by raising enough funds to launch Lollipop in a hospital in Perth. The hospital was also celebrating its 75th anniversary so this was a highly appropriate project.

Further details can be obtained from: **Radio Lollipop, Queen Mary's Hospital, Carshalton, Surrey SM5 4NR. Tel. (01) 661 0666.**

If you do not live near enough to the areas mentioned to be able to offer your help it is worth inquiring whether other hospitals run similar schemes that you could help with.

**Debbi Scholes**

## Festival '85

**O**n October 19 1985 all the 1st Mickleover Guides met at the Guide hut at 7.15 am, ready for our day out to London. The trip down was fairly noisy because everyone was singing campfire songs.

We arrived in London at about 10.15 and our first stop was Buckingham Palace. We then walked around the corner to Guide Headquarters where we had the chance to do some shopping and where we also had a guided tour of Headquarters.

After lunch, which we had with the pigeons in St James's Park, we made our way, via the tube, to the Commonwealth Institute. We spent the afternoon there looking at the different countries of the Commonwealth.

At about 5 o'clock we made our way to Baden-Powell House, where we viewed a display of Scouting history and then had dinner.

After dinner came the highlight of the whole day — we walked to the Royal Albert Hall to see a performance of Festival 85. This was a show put on by the Girl Guide and Scout Associations. In the show there were many Guides and Scouts from different countries. The compère was Radio 1 DJ Peter Powell who made the atmosphere very enjoyable.

We arrived home at 1 o'clock in the morning and everyone said how much they had enjoyed themselves.

I would like to take this opportunity to thank everyone who made the production possible, and also to thank Mary Ratcliff, Betty Hufton and Ros Nixon for taking us and to tell them that we all want to go again in 1987!!

**Amanda Taylor**

*Young Leader with the 1st Mickleover Guide Coy  
Derby*



# Making a Video Part 1

by Janet Eastham

During the last five to ten years the use of video equipment has rapidly overtaken 16mm and Super 8 film in the production of 'home movies'. The availability of items such as video recorders and accessory kits, containing portable camera and rechargeable batteries, through rental outlets, has undoubtedly contributed to this popularity, not to mention the convenience of cassettes containing various lengths of magnetic tape which provide, in the main, from 30 to 240 minutes record/playback time and which can be reused to an almost infinite degree. Video technology has removed the necessity for reels of exposed celluloid film being sent to laboratories for development, an expensive and time-consuming process upon which the home movie market once relied. Video tape enables the user to see the results of his work almost instantly through playback via a TV monitor or, in most models, through the viewfinder/monitor built into the portable camera. Since there is now virtually no delay in being able to view the material whether one is at home or on location, it is easier to spot errors and where possible to retake shots, hopefully correcting mistakes.

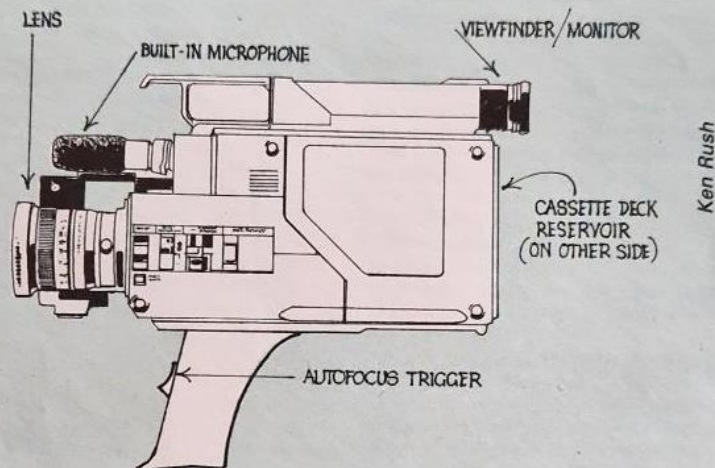
Although multi-buttoned arrays of controls may make the equipment appear somewhat formidable, it is possible for people of all ages to become sufficiently proficient in its use to produce a home video of considerable quality — with an introduction to the equipment, which would be provided by the company from whom the items are hired, or perusal of the instruction manuals, together with the application of *common sense* and with *practice*.

It should be remembered however that unless one has access to an editing suite it will be extremely unlikely that the finished product of your efforts will look as good as the programmes we

archery, canoeing, climbing, hillwalking; record of an international camp; a conservation project; a survey of facilities available to the disabled in your area; how to light a fire or pitch a tent. Whether you decide upon a video for training purposes or one intended to amuse, both the production crew and those involved in the project in front of the camera should be able to enjoy the process of putting a programme together and presenting it to an audience on the screen.

**Planning** is one of the most important factors in successful film-making. Decide upon your subject. If you chose an outdoor venue such as those listed above, and provided you know the scheduled date, you should arrange the hire of the necessary equipment well in advance remembering that demand for accessory outfits is at its peak during the summer period. This is the most essential priority since without equipment you cannot make your video. Once you have access, you may proceed with formulating the basic framework for the content of the video, selecting a production crew and attending to the practicalities of transporting both crew and equipment to your chosen location. Whilst it is perfectly possible to make a video single-handed, from the recording point of view, it would be desirable to involve as many people as possible in the project. This may be achieved by attempting to emulate the functions and numbers of a professional film unit: those involved would find the process much more interesting than watching from the wings and were a rota system introduced everyone might have a go at a variety of jobs.

It is important that you familiarise yourself, and all those participating, with the camera. There is little point in attempting to make a video if you are unable to frame shots properly or



see on television. Do not therefore expect to achieve the same results as professionals. The production of home movies/videos has always been essentially amateur in character. There is nothing wrong in this and one can be justifiably proud of the results if one accepts from the outset the limits within which one will be working. For example, you will not have access to the powerful lamps used in film and TV studios, which would enable you to enhance the picture quality of the subject being photographed, and will be compelled to take advantage of the natural light available, therefore it might be advisable to concentrate on outdoor location shooting, weather permitting.

Why make a video? Man has long cherished the desire to record his activities in some form whether this be cave painting, sculpture, still photography or moving pictures. Arguably the most appealing of these is the latter. Film, more than any other medium, captures reality, records action, thought and personal spirit. Aside from such heady motivations, film-making is *fun*. Home movies have been traditionally popular for recording scenes of family celebration, ie birthday parties and weddings. It is a natural progression therefore to make a video of activities which you wish to record for posterity or simply for your own pleasure, but it should be remembered that video is a medium which enables film makers to utilise education through entertainment to great advantage.

With specific reference to the Guide Movement, the summer months should provide a variety of open-air activities which would form excellent subject material for any videos you may wish to make. A selection of suggestions for locations might include the following: Guide Camp; sports activities such as

cannot move with a reasonable degree of smoothness. The paramount consideration should be how the content is presented on the screen. Therefore, prior to commencing the actual shoot — recording the subject in question — make sure that you allow yourself time to try out the equipment. Get used to the weight of the camera, holding it as level as possible resting on your shoulder, and practise moving with this load so that you feel comfortable and the picture remains steady. Remember you can reuse video tape so experiment until you are satisfied with how the camera works and with what results you might expect if you do certain things.

The camera is equipped with a lens and a viewfinder at either end, rather like an ordinary stills photography camera. What you see through the viewfinder is what will be reproduced on the screen via the recording tape. A standard feature is the automatic focus mechanism; the control takes the form of a trigger located on the guiding handle of the camera — pressing the trigger in one direction allows automatic zooming in to a closer shot, pressing the other way allows zooming out to a looser or longer shot. Unless you are experienced enough to operate the manual focus assembly, rely on the automatic feature, remembering that the lens will tend to focus upon the subject dominating its field of view, therefore take care not to focus on an object close to you when you are interested in one further away.

Judgment in focusing, framing, distance and movement will improve with *practice*.

In the next issue we will look at definitions of shots and camera movements, the duties of the production crew, the problems of exterior shooting and enjoying the finished video.



# The Pre-Investiture Challenge

Ref: Ranger Guide File page 37

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IDEAS  
FOR

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NEW

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PURSUITS  
FOR

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UNITS  
TO

T  
TRY

One of the clauses of the Pre-Investiture Challenge is to 'Think for Yourself' — Choose any subject that interests you and share it with other members of your Unit.

Here follows a short talk made by Rebecca Impson to members of her Ranger Unit.

'I'm doing this talk for two reasons; firstly for my Pre-Investiture Challenge and secondly to arouse some interest in this subject.

'Last term, the whole Unit agreed that we should take up cycling. Everyone seemed keen on the idea so a monthly Sunday bike ride was arranged. When I saw this on the programme I was very pleased because now I would be able to get my rusty bike out and give it a little use. It would be fun cycling through the beautiful Hertfordshire countryside, of which there is a surprising amount around St Albans, and to free-wheel down the hills between the abundant hedges; the homes of the warblers, great tits, longtailed tits, chaffinches etc. listening to their cheerful songs. I admit it probably wouldn't be so lovely going up the hill again after finding out you had taken a wrong turn! but it should be a good laugh anyway.

'So the Saturday before the first of these scheduled bike rides, I got my bike out from the depths of the garage and spent a pleasant morning in the sun, cleaning and shining up, as well as I could, the remnants of my bike. On Sunday I rose early and made a



packed lunch and cycled around to Jill's house to find I was the first to arrive. Alison arrived soon after and together we chose the route. After having waited another half an hour we set off, Jill, Alison and myself. We all thought the same 'It's they who are missing out!' Well, although I had my doubts first of all, we were right!

'You certainly did miss out. We had a lovely time cycling through the lanes and stopping in the little villages under the pretext of viewing old churches and landmarks, but really so that we could have a refreshing drink.

'After taking a few wrong turns, we finally found our way back to Jill's house having cycled 22 miles. By the time I had cycled home I had completed 25 miles. Admittedly I did walk in a rather odd fashion for a day or so after the ride! But I did feel much fitter.

'Altogether it was a very enjoyable day and a fantastic way to take off those extra few pounds. Hopefully, next time, we will see a few more faces ...'

## Im-pressive

The Knaresborough Division Rangers joined St Wilfrid's Ranger Unit for a guided tour of the 'Yorkshire Post' presses and offices in Leeds. Just after midnight we held an Investiture Ceremony for five Rangers in the staff canteen. At 1.00 am we saw the presses rolling and we each received a copy of the paper which we had seen 'put to bed'.

**Tricia Ward**  
Ranger Guider  
St Wilfrid's Ranger Unit



## Training Opportunities

### Walking for Guiders, Rangers and Young Leaders

Waddow: 7-12 August

Come and explore the lovely countryside around Waddow — Pendle, The Ribbles Valley, The Trough of Bowland, The Yorkshire Dales.

Bring a friend or husband! And enjoy a few days walking in the area.

There will be walking for all abilities and someone to help with the route planning.

### Caving, Climbing, Canoeing

Glenbrook: 19-21 September

### Ranger/Young Leader Duke of Edinburgh's Gold Award

Broneirion: 21-25 October

### Duke of Edinburgh's Expedition course/ Queen's Guide Enterprise (1)

Glenbrook: 10-12 October

### Power Cruising (Canals) Permit Training

(Open to 18+ year olds)

17-24 October

Perhaps one of the best ways of seeing the English Countryside is from the decks of a narrow boat. For just £50 we are offering a week's cruising on the Grand Union Canal to learn the 'ways of the Barge People' and at the end of the week we will give you a Power Cruising (Canals) Permit which enables you to take groups of youngsters on a Canal holiday. For further details please write to the Training Secretary, CHQ.

This is a two-part training designed to prepare you for Expedition work.

Part One will consist of an introduction to the equipment and skills necessary for the Expedition/Enterprise.

Part Two — (to take place April 24-26) will be a short expedition under the supervision of qualified leaders.

Book your place on the course now, and then organise yourself so that you will be free to go to both trainings to have fun and to learn the necessary skills before setting forth on your Expedition/Enterprise in the summer.



# Anglia this is for you!

We pinpointed grid reference TL 427 386 on the 1:50,000 Ordnance Survey map of Cambridge and Newmarket, packed our notebook, camera and toothbrushes and set off to meet the Cambridge University Scout and Guide Club (CUS&GC) members who were organising the Venture Scout Endurance Test (VSET) 1985.

Inside Great Chishill Village Hall, (TL 427 386) the base, start and finishing point for VSET, team members were assembling to have their individual kit and team kit checked by the organisers, before settling down to wait for their departure time.

30 teams had entered the event which included two Ranger Units. Each team consisted of four members aged between 16 and 20 years. Six teams were sent off together, each to a different check-point, at quarter-hour intervals. The Venture Scouts and Rangers were embarking on a 25 mile, 12 hour, overnight incident hike designed to test their general and Scouting/Guiding skills.

The six check-points were scattered over the course and manned by members of CUS&GC. Each check-point had; a brazier, tent, sleeping bag, water and ingredients for making hot drinks available for use in emergencies and for the comfort of Club members. On arrival at a check-point, participants were given an incident to solve and points were awarded for their efforts.

Check-point 1 Map reading questions

Check-point 2 Search and rescue

Teams searched for pieces of a jigsaw which had a rescue procedure on each piece. Once found, the stated rescue had to be carried out.

Check-point 3 String Trail

Each team transported a



Photo courtesy of: Hope Palmer

Check-point 4 Intelligence Test

The teams answered questions under the three topics:

- a English
- b Logic mathematical query
- c Knowledge of current affairs

Check-point 5 Pioneering

The team had to construct a catapult to fire a tennis ball.

Check-point 6 Domestic Skills

Several tasks were given:

- a) cast on ten stitches and knit a few rows
- b) Sew on a button
- c) Bandage a sprained wrist
- d) Tell a bed-time story

Once the incident was completed, clear instructions and grid reference for the next check-point were given to the team. If the team wished, bonus points could be obtained by making slight detours to visit unmanned check-points and writing down requested information. For example, the telephone number of a 'phone box, or information written on a milestone.

While the teams were negotiating the course, the small base team was constantly monitoring their progress by the use of a two-way radio link. Each check-point had a hand-held two-way radio which was linked to the main transmitter/receiver back at Great Chishill Village Hall. Two car drivers were on standby ready to go out and collect any teams who wanted to retire from the event. The radio link proved

very successful, providing instant communication with each base.

Some 12 hours after the start of the event, all the teams had found their way back to base. Everybody looked tired, but appeared to have had fun. After a huge breakfast, cooked by Club members, the winning team was announced and the trophy presented by Jock Dawson, President of CUS&GC.

The Venture Scout Endurance Test was the brainchild of Jock Dawson who organised the first event in 1972. He requested the assistance of the Cambridge University Scout and Guide Club and in 1975 he asked the Club to take over the running of the event.

It was obvious, from the information received before and from our observations during the event, that the CUS&GC had put a tremendous amount of time and energy into the preparation of the hike. We congratulate them on their superb organisation and wish them well for this year's event.

Although we cheated, by negotiating the course in the luxury of motorised transport, we thoroughly enjoyed ourselves and would recommend any Ranger Unit in Anglia Region to rise to the challenge and enter this year's competition.

This year, CUS&GC are running RGET (the Ranger Guide Endurance Test) in conjunction with VSET. Both events are taking place on the night of 25/26 October in the Cambridge area. There will be a separate trophy for the top all-female team, and a third for the best all-novice team. If you would like to enter VSET or RGET, please write to **Ian Moore, Emmanuel College, Cambridge, CB2 3AP**, enclosing a stamped self-addressed envelope and requesting further information.

HP

## Quickies

### Bucket Cricket

#### Equipment

- 1 bucket — preferably galvanised
- 1 18" long bat — eg a rounders bat, small cricket bat or a piece of wood.

1 tennis ball

Something suitable to mark the perimeter of an 18 foot radius circle eg material, bean bags, plastic bags, yoghurt cartons etc.

#### Method

The players form two teams. No 1 of the batting team takes her place on an upturned bucket in the centre of the circle holding a bat.

The fielding team stand around the circle and by throwing underarm, try to hit the bucket with the ball. Teams bat in turn. If the batter hits the ball, two runs are scored. If the batter misses the ball and the ball does not hit the bucket — one run is scored.

The batter is out:—if the ball hits the bucket, if the ball is caught full pitch, if the batter falls off the bucket.

The team with the most runs wins.

## Have a look at:

Don't forget to have a look at the rest of *GUIDING* magazine to keep yourself in touch with what's going on in the Guide Movement.

Features which may interest you are:

Practical Pages

Walking Safely

Adventure Days

Make Your Own Napkins and Napkin Rings

Grapevine

6,7  
12,13,37  
14,15  
29  
39,42



# CALENDAR

## DEC JAN FEB

MON TUE WED  
23 31

Netherurd  
Blyth Bridge, West Linton,  
Peeblesshire EH4 7AQ. Tel. 0968 82208

### Foxlease

December  
5-7 Music in Guiding  
29 Dec-  
4 Jan New Year Training

### Waddow

December  
5-7 Greater Manchester West  
29-3  
Jan New Year Training

### Broneirion

December  
5-7 Christmas Arts

### Lorne

December  
5-7 International

#### BURSARY HELP AVAILABLE

For full details of how to apply, and who is eligible for Bursaries, District Commissioners should write to the Training Secretary, C.H.Q. (Scottish Commissioners should apply to Scottish Headquarters). Applications must reach C.H.Q. at least two weeks before the date of the Training. Bursaries cannot be issued in retrospect.

The Fee Bursary entitles the Guider to £3 for a two-day weekend and £1 for each additional day. This is deducted from the fees at the Training Centre.

The Fare Bursary (available only for travel to the nearest Training Centre) carries a rebate of a Guider's travel expenses in excess of £3. This is paid at the Training Centre.

Note: These cannot be issued for Regional Weekends at the Training Centres or for courses at Glenbrook.

The CHQ Training Centres Bursary entitles Guiders to two-thirds of the fee for a two-day weekend training at Foxlease, Waddow and Glenbrook. The bursary is deducted from the fees at the centre.

The Outdoor Activities Bursary is worth up to £30 for Guiders attending training/assessment courses to achieve National qualifications. Applications to Country/Region Headquarters.

#### Guides/Rangers/Young Leaders

Fees are £6.00 per day (a five day course will cost £30.00)

Additional fees may be payable for specialised activities.

A non-returnable deposit of £5.00 is required and the total fee is payable before the commencement of the training.

Broneirion  
Llandinam, Powys SY17 5DE  
Tel: (Caersws) 068 684 204

### Foxlease

January '87  
9-11 Focus on the Programme  
(Brownies)  
16-18 Focus on the Programme  
(Rangers)  
23-25 Music in the Programme  
30 Jan-  
1 Feb District Team

### Waddow

January '87  
9-11 Lancashire East  
16-18 District Team  
23-25 North West England  
30 Jan-  
1 Feb Focus on the Programme  
(Guides)

### Glenbrook

January '87  
16-18 Instructors

### Netherurd

January '87  
9-11 Exploring Netherurd in Winter  
(Guides aged 12+)  
16-18 Patrols in Action  
23-25 Exploring Netherurd in Winter  
(Guides aged 12+)

### Broneirion

January '87  
2-4 Happy 40th Birthday  
Broneirion  
9-11 Back to Basics  
16-18 Sharing Skills  
23-25 Commissioners' Team  
30 Jan-  
1 Feb International Education

### Lorne

January '87  
2-4 International  
9-11 South East Belfast  
16-18 West Belfast  
23-25 East Belfast  
30 Jan-  
1 Feb North Down

#### Fees at Foxlease and Waddow

Shared room per day	£9.00
Double room per day	£9.50
Single room per day	£10.00
Deposit of £2.00 cheque or postal order only.	

#### Fees at Glenbrook

Shared room (for weekend course)  
£16.00.  
All activities, equipment and VAT are included. Optional activities extra.  
Deposit of £2.00 cheque or postal order only.

Lorne  
Craigavad, Co Down  
Ulster BT30 0BS. Tel: (Holywood) 02317 3180

### Foxlease

Feb  
6-8 Insite  
13-15 Focus on the Programme  
(Guides)  
20-22 1 Training Abroad  
2 International  
23-27 British Red Cross Society First Aid Course

### Waddow

Feb  
6-8 Focus On the Programme  
(Brownies)  
13-15 'Child Abuse'  
20-22 Training Licence (I)  
22 Feb-  
1 Mar Cheshire Border

### Broneirion

Feb  
6-8 Welsh Trainers  
13-15 Working in the Senior Section  
for Ranger Guiders, YL  
Advisers and Commissioners  
Open Day for Guides  
20-22  
27 Feb-  
1 Mar Arts Weekend

### Lorne

Feb  
6-8 South Antrim  
13-15 South Down  
20-22 Guides' Activities Weekend  
27 Feb-  
1 Mar First Aid for Camps and Holidays

#### HOW TO APPLY TO A TRAINING CENTRE

Any Guider may herself apply to attend a training course at the Centres, provided she has reached the age of 18 years. (At the discretion of the Commissioner a member aged 17½ who is working on the Adult Leader's Certificate may also apply for a Guider course.)

A letter of application to attend a Guide Training Centre should be sent direct to the appropriate Guider-in-Charge, and must be accompanied by the correct amount of deposit and a SAE. Applicants should also state the type of training for which they are attending, as there may be several different courses running at any one weekend. As many Guiders have to leave on Sunday, training sessions at a two-day weekend will stop at teatime on that day unless otherwise stated. If sufficient notice is given that it is wanted, every effort will be made to provide for a group until Monday. Individuals able to stay over until Monday to enjoy the surrounding country are welcome to do so. Note... for further details about training weekends, see the Programme Notes on page 23.



# CAMPS

# and Holidays

## England

### Foxlease Camp-Sites

Applications for sites for 1986 should be addressed to the **Secretary, Foxlease, Lyndhurst, Hants, SO4 7DE** and the envelope marked 'Camp'. Suggested dates and approximate numbers should be stated, and whether an equipped or un-equipped site is required. Camps begin on any weekday. Some sites are suitable for the handicapped and one site is particularly suitable for Ranger camping. A £1.00 deposit (which is forfeited if the booking is cancelled) and a foolscap sae should be included.

Applications for sites in 1986 are being considered now.

### The Barn and Beaverbrook Lodge, Foxlease

Applications should be sent to the **Secretary, Foxlease, Lyndhurst, Hants SO4 7DE**, giving alternative dates and enclosing an initial deposit of £1.00 (which is non-refundable) and a foolscap sae. Priority will be given to applicants who have not already stayed in either The Barn or Beaverbrook Lodge. Applications for the period 1 October-31 March 1987 are being accepted now. The accommodation is suitable for handicapped members.

### Waddow Camp-Sites

There are still sites available from 26 July onwards. Applications should be addressed to the **Secretary, Waddow, Clitheroe, Lancashire BB7 3LD** and the envelope marked 'Camp'. Suggested dates and approximate numbers should be stated and whether an equipped or un-equipped site is required. It is preferred that camps begin on Saturday. A 50p deposit (which is forfeited if the booking is cancelled) and a foolscap sae should be enclosed.

### Ranger Cottage, Waddow

This self-catering cottage sleeps 15 people in 5 bedrooms. There is a large, fully equipped kitchen including fridge/freezer, a large comfortable sitting room/dining area, two bathrooms, one with shower, and three toilets.

Applications are being considered now. Rangers will be given first consideration but the cottage is also suitable for small Pack Holidays, groups of Guides with Guiders, Trefoil Guilds, Guiders, etc. For details apply to the Secretary, enclosing sae.

### Waddow's New Caravan

Why not enjoy a peaceful holiday in beautiful surroundings with your family/friends in Waddow's new caravan?

This is a 6 berth 25 foot long caravan with separate double bedroom, shower and flush toilet, large dining kitchen area and sitting area. It is equipped with a full size gas cooker, gas fire, electric light and a fridge.

Available for bookings throughout the year. For details apply to the Secretary, enclosing sae.

### Patrol Camp-Sites, Waddow

Two Patrol campsites both fully equipped and each with solid shelter. Also suitable for Rangers for lightweight camping.

For details apply to Secretary enclosing sae.

### Glenbrook, near Sheffield

Accommodation available in the house for 30 or in the flat upstairs for 10. Groups must be self-catering and must guarantee 20 in the house or six in the flat. Accommodation in 'Derwent', our new purpose-built annexe, is for 34 people on a self-catering basis. There are two large bedrooms/training rooms on the ground floor with two Guider's Rooms leading off. Above this is a fully equipped kitchen with gas cooking facilities, and a

large hall which provides a dining and lounge area. A number of activities are available, including canoeing, walking, caving, rock climbing etc. For details contact the **Guider-in-Charge, Bamford, Nr Sheffield S30 2AL**, enclosing sae.

### Glenbrook Camp-Sites

Four campsites available, two suitable for handicapped members. Situated in partly wooded grounds. All sites are on-equipped. For further information about camping and activities available, write to the **Secretary, Glenbrook**, enclosing a foolscap sae.

### Blackland Farm, East Grinstead, Sussex

Equipped and un-equipped sites available in 175 acres of fields and woodland, with swimming pool, simple rock climbing and pioneering facilities (equipment may be borrowed). Canoeing on nearby reservoir. Restroom and Wagtail Lodge, furnished bungalows for 27, the latter specially



adapted for the handicapped, are on the site and in addition a six berth caravan is sometimes available. To avoid disappointment Guiders should apply for bookings by 1st February every year. For details, write to the **Warden, Blackland Farm, East Grinstead, Sussex RH19 4HP**, enclosing sae.

### Brownsea Island

Eight sites are available for Guide and Scout Camps from Easter to 1st October and South Shore Lodge sleeping eighteen plus leaders.

For details apply to **Miss Muriel Hunt, 5 Alderbury Close, Swanage, Dorset BH19 2SN** enclosing sae.

## Scotland

### Netherurd

**Camp Sites.** Applications for equipped sites (four) are being considered now. Apply to: **Netherurd House, Blyth Bridge, West Linton, Peeblesshire H46 7AQ.**

**Brownie House.** Bookings for the Brownie House for Easter 1986 onwards are being accepted now. During Scottish school holidays priority will be given to Scottish Packs.

**Ranger Bothy.** The Bothy is equipped for eight Rangers and two Guiders.

One Camp Site, Brownie House and Ranger Bothy are suitable for handicapped members. A 3-berth Holiday Caravan is available for Guiders and friends.

Apply to **Secretary, Netherurd**, enclosing foolscap sae.

## Wales

### Ynysgarn, Criccieth, North Wales

**Ty Ni, Brownie Pack Holiday House**, available for other sections when not booked for Brownies. Max 12 girls and 4 adults.

**Ysgubor, Hir.** Long barn. Suitable for handicapped people. 10 + 3 adults.

**Y Bwthyn, Ranger/Young Leader Cottage, 8-4-2 adults.** All houses fully equipped except for bedding.

Three camp sites. Two with flush toilets. All have solid shelter and altar fires. Un-equipped. Showers available. Contact—**Mrs J. P. Griffith, Cefnfaes, 23 Carreg Felin, Llandegfan, Anglesey, Gwynedd LL59 5YB. Tel: (Menai Bridge) 0248 713134**, enclosing a foolscap sae for information.

### Broneirion, Llandinam, Powys

Holiday flats are available all the year round for family holidays or for parties of up to 12 Rangers with their Guider. Self-catering, fully equipped with metered electricity. Apply to **Guider-in-Charge, Broneirion**.

### Broneirion, Camp-Site and Brownie House

Applications for Campsite and Brownie House for Pack Holidays are being considered now. Bookings for the Brownie House, outside school holidays, for Guide and Ranger groups may also be submitted. All applications should be made to: **The Assistant Guider-in-Charge, Broneirion, Llandinam, Powys, SY17 5DE**, enclosing an sae.

## Ulster

### Note

Units wishing to book any of the facilities at the places listed below, and to include handicapped members in their party, are asked to give details when applying.

### Lorne Holiday Period

Lorne will be open as a holiday centre during July and August 1987. In pleasant grounds with lovely views and quiet surroundings on the shores of Belfast Lough, Lorne is only six miles from Belfast and is a good centre for sight-seeing tours. Special terms for parties of Guiders taking the house and wishing to do their own catering. Full details from the **Guider-in-Charge, Lorne, Craigavad, Co Down, Ulster**.

### Lorne Camp-Sites

Lorne offers fully equipped or un-equipped campsites with solid shelter. Calor gas available. Applications should be sent to **Miss Cynthia Mayne, 8 Kilmakee Park, Belfast BT5 2QY. Tel. Belfast 792457**.

### Irene McKibbin Memorial Cottage, Lorne

A cottage available for Ranger holidays. For details apply to **Mrs Emily Liley, 43 Breda Road, Newtownbreda, Belfast BT8 4BU**, enclosing sae. Tel. Belfast 703296.

### Magilligan Camp-Sites

Three fully equipped sites with double Calor gas stoves for 24 to 30 campers. Two miles of sandy beach. Large three-room hut with an open fireplace. For details apply to **Mrs J. Gibson, 61 Station Road, Portstewart, Co Londonderry. Tel. Portstewart 2546**.

### Glen Road Camp-Sites (nr Lorne)

Fully equipped for campers (one large or two small camps). Excellent hut for solid shelter with electricity. Bookings should be sent to **Mrs Christine Gaston, 127 Harberton Park, Belfast BT9 6TX. Tel. Belfast 669391**.



# HQ

# NOTICES

## Birthday Honours 1986

Lady Baden-Powell for services to the Girl Guides Association CBE.

## National Scout and Guide Symphony Orchestra concert

A concert is to be given by the National Scout and Guide Symphony Orchestra on Tuesday, August 12, at Goldsmiths' College, New Cross, London SE14 6NW at 3.00 pm. The programme will be selected from the following:—  
Overture: *Tam O'Shanter* by Malcolm Arnold  
*Unfinished Symphony* by Schubert  
Waltzes from *Der Rosenkavalier* by Richard Strauss  
Suite: *Pineapple Poll* by Arthur Sullivan

Overture: *Die Fledermaus* by Johann Strauss  
*Crown Imperial March* by William Walton  
Tickets, price £2.00, are available from the Programme Secretary, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## New Chapel for Blackland Farm Campsite

This season campers will have the opportunity to use the new open-air Chapel created with natural materials. The Chapel is situated on the edge of the wood just behind Finches in a peaceful glade and yet is easily accessible from all the sites. This new Chapel can seat many more people than the old Chapel, which, due to new fire regulations, has had to be closed. The shelter in the craft field,

presented to the site some years ago in memory of Miss Godman, will be used as a retreat for quiet prayer. If you have never camped at Blackland Farm, you may just be in time to book a site for this year. Contact The Warden, Blackland Farm Campsite, East Grinstead, Sussex RH19 4HP.

## Short Term investment Service from June

Monthly interest rate after deduction of management commission.

March 1986	11.37%
April, 1986	10.18%
May 1986	9.31%
Additional 0.5% p.a. for deposits £2,500 and above.	

## Scout & Guide Trust Fund

On 31 May 1986 the value of a share in the above Fund was:

for selling purposes	166.43p
for buying purposes	174.84p
income yield	3.51%

The income yield is based on the previous two dividends paid and the price on the date started.

## Stop Press . . . Stop Press . . .

Brownie Guiders please note . . . tell your Brownie Pack that there is a competition sponsored by Thermos Limited in 6th August *THE BROWNIE*, to win a lunch kit.

## Obituary

### Miss Jean Clayton

Jean Clayton died at the age of 83, on April 30 1986. The affection and love in which she was held was shown in the large number of members, both uniformed and Trefoil Guild, who attended the Church Service, some of whom were original members of Jean's Brownie Pack.

Her Guiding career was quite remarkable. Having been enrolled as a Guide at Heathfield School, Ascot, her first Warrant (as Brown Owl of the 48th Liverpool Pack) was issued in 1921. It was an appointment she was to hold for 35 years, and the first of many in Liverpool including those of Lieutenant of the 48th Guide Company, District and Division Commissioner. From 1952-1962 Jean was County Commissioner for Lancashire South-West. She gained her Eagle Owl Diploma in 1935, became Commissioner for Brownie Training (England) in 1941, and three years later, Great Brown Owl. Such experience was put to further use when Jean became a member of the Association's Council and Executive Committee in the 1950s and 1960s, besides sitting on the Trefoil Guild's Central Council.

Jean's service to the Guide Movement was recognised when she was presented with the Chief's Diploma in 1945, and the Silver Fish in 1947. Her record of service and wonderful personality will long be remembered, not

only by the Guides, but also by other organisations which Jean served, such as the Liverpool Society for the Prevention of Cruelty to Children. Truly, it was a life of service.

EJM

Photo courtesy of Burrell and Hardman, Liverpool





# SAGGA

The following list consists of names and addresses of SAGGA Committee members for the year 1986-87 and the SAGGA Area Representatives for the same period.

## SAGGA Committee Members 1986-7

<b>Chairman</b> <i>Miss Lyndis Carman</i>	23 Rushdean Road, Strood, Rochester, Kent ME2 2PA. Tel. 0634 710871.
<b>Secretary</b> <i>Miss Elisabeth Davies-Johns</i>	29 The Green, Huthwaite, Sut- ton-in-Ashfield, Notts NG17 2RP. Tel. 0632 550190.
<b>Treasurer</b> <i>Dr Paul Haigh</i>	53 St Michaels Avenue, Bram- hall, Stockport, Cheshire SK7 2PL. Tel. 061-440 8598.
<b>Registrar</b> <i>Mr Alan Pearcey</i>	329 Finchampstead Road, Wokingham, Berks RG11 3JT. Tel. 0734 733209.
<b>Editor</b> <i>Mr John Haseler</i>	17 Oakland Avenue, Chelten- ham, Glos GL52 3EP. Tel. 0242 515734.
<b>Ordinary Members</b> <i>Mr Tony Hale</i>	61 Sandridge Road, St Albans, Herts. Tel. 0727 65092.
<i>Mr Simon Hicks</i>	45 Keats Way, Hitchin, Herts SG4 0DP. Tel. 0462 51994.
<i>Mrs Elsie Lowes</i>	146 Kenton Lane, Newcastle- upon-Tyne NE3 3QE. Tel. 0912 860081.
<i>Mrs Denise Pearcey</i>	329 Finchampstead Road, Wokingham, Berks RG11 3JT. Tel. 0734 733209.
<b>Co-opted Members</b> <i>Miss Elizabeth Brown</i>	Flat 5, Kent House, 2 Baillie Road, Guildford, Surrey GU1 3LN. Tel.
<i>Mrs Ann Haseler</i>	17 Oakland Avenue, Chelten- ham, Glos GL52 3EP. Tel. 0242 515734.

## SAGGA Area Reps. 1986-7

<b>Birmingham &amp; Severn</b> <i>Mr Bill Paxton</i>	'Seatallan, Alstone Tewkes- bury, Glos GL20 8JD. Tel. 0242 62557.
<b>East Anglia</b> <i>Mrs Liz Meldrum</i>	'Saffron', 113 Nightingale Drive, Taversham, Norwich NR8 6TR. Tel. 0603 867020.
<b>Treasurer</b> <i>Mr Rob Meldrum</i>	same address.
<b>London</b> <i>Mrs Ann Day</i>	'The Holt', Old Portsmouth Road, Camberley, Surrey. Tel. 0276 23590.
<b>Treasurer</b> <i>Miss Ann Munday</i>	15 East Street, Didcot, Oxon OX11 8EJ. Tel. 0491 34433 (evenings).
<b>Trent</b> <i>Mrs Jenny Elston</i>	The Old Wheatsheaf, Main Street, Farnsfield, Newark, Notts NG22 8EA. Tel. 0623 882335.
<b>North East</b> <i>Mrs Elsie Lowes</i>	146 Kenton Lane, Newcastle- on-Tyne, NE3 3QE. Tel. 0912 860081.
<b>North West</b> <i>Mrs Jackie Bland</i>	2 Andrews Close, Tarvin, Chester CH3 8LN. Tel. 0693 40523.
<b>Contact for Scotland</b> <i>Mrs Rita Bishop</i>	13 Gilmourton Crescent, New- ton Mearns, Glasgow G7 5AE. Tel. 041-639 2438.

## Ranger Challenge

The Ranger Challenge Certificate is a very high award to achieve. It has recently been awarded to Karen Sheldrake of 1st Lippe Ranger Unit. Karen has been a Ranger Guide overseas for some years now; Lippe is in Germany and Karen's County is British Guides in Germany. To earn such an award whilst overseas is more difficult and BGIG is very proud of Karen.

Among her many activities and challenges Karen has taken up badminton, learned dress making, worked at a medical centre, and helped at Brownies. She has passed a St John's Ambulance First Aid course, earned a Home Nursing certificate and acted as First Aider at several events including a District Camp. She trained in lightweight camping, passed the Ranger Camp Permit, organised



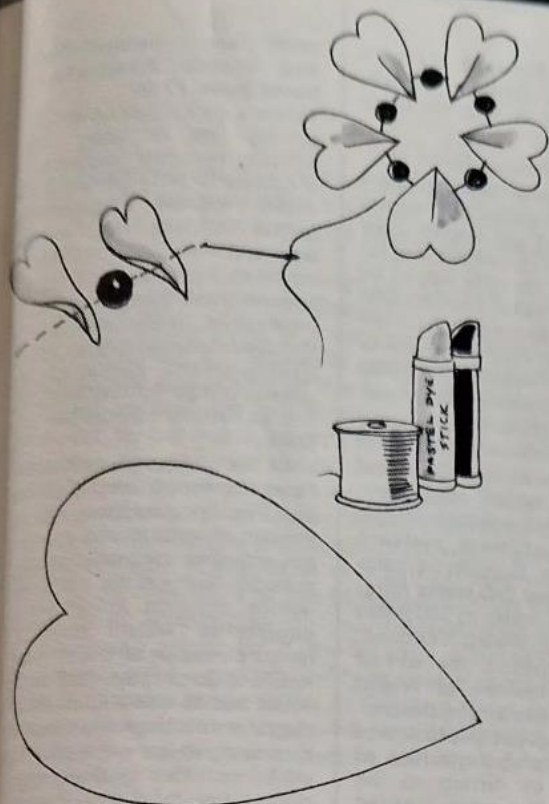
## Certificate Award

Ranger camps and produced appealing cartoon drawings on menus, accounts and tables. She has made a thorough study of different religions in India and related aspects such as economy and population and their effect on religion. She has also investigated the World Health Organisation and the ways they help those in need, in particular children. Karen then raised money for the organisation by holding a craft stall selling items made by herself and other Rangers.

Karen was recently presented with the Challenge Certificate by Mrs Jill Opie, the Assistant County Commissioner, at an outdoor ceremony attended by Guiders from all over Germany. Karen has put in many hours of hard work and earns the congratulations of her many friends in British Guides in Germany. Well done, Karen.



# Make Your Own CAMP EQUIPMENT



## Table Napkin and Napkin Rings

Ideas from Shirley Thompson and Margaret Tomkins

### You will need:

For the Napkin: -cotton material (36cm x 36cm per napkin).  
Heart template.  
Pastel dyesticks or embroidery thread.

For the Ring: -Scraps of coloured felt.  
Small beads.  
Shirring elastic.

CUT OUT X MOUNT X COVER X COLLECT X CUT OUT X MOUNT X COVER X COLLECT X CUT OUT X MOUNT X COVER X COLLECT X C

### How to Make it The Napkin

- 1) Taking the cotton material, cut a piece to the desired size (36cm x 36cm is suggested as being a good size to work with). Fold and stitch a hem of approximately 2cm all round the napkin, to make the edges neat and even.
- 2) To decorate the napkin, place the template (in this case a heart-shape) in one corner of the napkin. Holding the template in place draw around it, with pastel dyesticks. Alternatively you could draw around the template with a pencil, and then embroider the heart shape.
- 3) Add the name of whoever the napkin is intended for, in the heart, either writing it with pastel dyesticks or embroidering it.

### The Napkin Ring

- 1) Cut out, from felt, the heart shapes, as many as you think you will need.
- 2) Thread shirring elastic through the bottom of the heart shapes, and through the beads, alternatively, as shown in the diagram.
- 3) Gently pull the shirring elastic, until the ring is of the required size, and then tie the ends of the elastic neatly and firmly.

they are only to protect the girls' clothes whilst they're eating.

The Brownies (or Guides) themselves could make these napkins — perhaps in one of the meetings leading up to Pack Holiday (or Camp), or as an activity when they arrive.

The napkins can be decorated any way you like — we have only offered one suggestion. The girls may want to make their own templates — perhaps of a cartoon character — onto which the features could be embroidered. Or each Six/Patrol could have their own emblem on their napkins. Always include the girl's name though, to avoid confusion at meal times! A felt motif is another alternative for decoration.

If the Brownies are not too good at sewing — perhaps someone at home could help by hemming the napkin for them. Or as a 'job-lot' you, (or a conscript!) could hem enough napkins, one for each Brownie, ready for them to decorate. Also, beforehand when the Brownies come to use the pastel dyesticks — they may need a hand.

### The Napkin Ring

As with the napkin decoration, the felt shapes you use can be of any shape — but ideally they should match the napkin decoration.

Try using different sized shapes — obviously the number of shapes needed for each ring will depend on the size of the beads, so you may want beads of varying sizes.

### Hints for Guiders

#### The Napkin

Old cotton sheets are ideal for the napkins. After all,



# BOOK

# REVIEWS



**Guide to the flags of the World.** Mauro Talocci. Sidgwick and Jackson. £5.95  
In the Guide Association we need to know about the flags of the world — recognition of them is a feature of a number of Interest Badges and as a member of the World Association of Girl Guides and Girl Scouts it is only common courtesy that we should be able to recognise the flags of other member countries. This knowledge can be used also in a number of games and activities for our young members. To be able to do these things our reference book(s) must be up to date.

'Guide to the flags of the World' is an up to date book which gives details of very many flags.

In the introduction to the book there is a lot of basic information which includes flags. Although the book was originally written for the American people it is equally valid in the United Kingdom.

Each country, whether large or small, has a section showing its flag in full colour, the history of the flag (which often reflects the history of the country), the symbolism of the flag and in many cases details of the State arms and other flags and ensigns which are in use in that country.

This book should find a place in the resource library of everyone in Guiding who is interested in the international scene.

JMT

**Puzzles with Paper and Cardboard.** Jack Botermans. David and Charles. £5.95

This book presents a challenge to those with a little skill and interest, making a collection of beautiful topological puzzles and games — a Möbius strip and some impossible objects inspired by Escher. There are eight pages on Tangrams and a mysterious chess board puzzle that loses or gains a square when the pieces are moved about. Instructions come in diagrammatic photographs with not too many words, appealing to clever fingers and a sense of wonder.

NAS

**The Careers Advisor's Handbook 1986.** The New Opportunity Press Ltd., London £11.25 (incl postage & packing)

This is a useful handbook — but one which really does need to be used — as the title suggests — by a trained Careers Adviser or Careers Teacher. Those referring to it must be aware of the limitations implicit in a Handbook in which much of the detail included is provided by those, generally nationally based, organisations and establishments, who are prepared to advertise.

The book is divided into four sections — Opinions and Advice; Reference material; Directory of employers and Indexes.

The first section included a number of short articles which are helpful both to the professional and the lay person — not least in sorting out the multiplicity of courses and schemes now available, which are frequently referred to by their initials. The other three sections however are reference sources and need to be used with care and discretion.

WEG

**Further Steps In Oil Painting** Adrian Hill. Blandford Press £3.95

This is a sequel to Adrian Hill's 'Beginners Book Of Oil Painting' and provides help for those who already have some experience in painting with oils. It is readable and informative, and includes a most interesting section on the psychological aspects of colour and its use by painters. A basic knowledge of well known paintings and their artists will help the reader, as frequent references to them are made: this could prompt at least one visit to an art gallery. Chapters on colour, composition, subject matter, tools, questions and framing are well written and illustrated. It should encourage readers to make their own discoveries, improve their techniques and stimulate their interest.

JRB

**The Long Distance Walker's Handbook.** Barbara Blatchford Adam & Charles Black £5.95.

If you're looking for a challenging walk — or even just a walk — in a part of the country you haven't yet visited, how do you find out what there is? The leaflet recently issued by the Countryside Commission gives a selection and there are books that attempt to cover the whole country in detail resulting in tomes of encyclopaedic proportions. The Long Distance Walkers' Association has just published its latest handbook which could provide another solution to the problem of new walking areas. This is really a catalogue of over 240 walks ranging from 20 miles to 500 miles in England, Wales, Scotland, Northern Ireland, the Isle of Man and the Isle of Wight. Each walk has a brief description which gives an account of its history and some idea of the kind of terrain to be expected, the maps needed and the guide books that are available and where they can be obtained. To plan your expedition you can begin by looking at one of the area maps to see what's there or you could trust to serendipity and allow yourself to be drawn by the poetry of the names of many of the walks. We've all heard of the Lyke Wake Walk, but how about Big Dog Trail, the breezy invitation of Helm Wind Walk or the softer sounding promises of Anglezarke Amble, Shap Stroll and Seahorse Saunter. The Bog Dodgers' Way seems ambiguous and length of title seems to run in inverse proportion to length of walk in the Mallerstang Horseshoe and Nine Standards Yomp (23 exacting miles) and the Ancient Relics, Ruins and Old Legends of the Saddleworth Moors (20-25 miles). All these temptations come in the section devoted to information on 'Anytime Challenges'. Don't be put off if you don't want long walks — most of them can be taken in smaller doses and this country-wide catalogue of walks, mostly waymarked, will be ideal for Guiders and Rangers looking for wider horizons.

NAS

**Wide Games, Incident Hikes and Indoor Alternatives.** David Saint. £2.50

This is a useful little book containing lots of ideas and advice for the would-be organiser of wide games. The author expects most wide games to have only teams who will finish with a battle, whereas incident hikes have several small teams who may never meet. In relation to girls this distinction seems entirely unimportant since girls usually dislike fighting and are not as fiercely competitive as boys.

Of the games, I particularly liked Cowboys and Indians and The Ark, and there was a wealth of serious and eccentric activities suggested as 'incidents'. Some of the craft and nature activities which were suggested would take a lengthy session of one to two hours to do properly and thus could not be included as 'incidents' on a hike of any length. However, these were worthwhile activities in their own right. I also think that youngsters prefer practical tasks to challenges and that question-and-answer sessions are somewhat formal for this type of activity.

The section on indoor alternatives is an excellent idea for our unpredictable climate. All the advice on safety resources, check lists and equipment is sound and the book makes a useful companion to our own publication. Every wide game add should have one — there's always something one has tried!

A small leaflet is available which gives advice about Microwave Ovens. The leaflet by Pat Crandley, is written from her own experience and with her own mistakes in mind. Send a cheque or postal order for £1.50 and a stamped addressed envelope to: Mrs P. Crandley, 8 Belmont Close, Wickford, Essex if you wish to receive a copy of: **Microwave Ovens — Basic Facts.**

Continued on page 33



# ARE YOU THE...

## Are You the . . . County Commonwealth and International Adviser?

by Sandra J Thurgood

The telephone rings! It is the Regional CIA enquiring if the County can nominate a Guider to lead a party to Austria next summer together with a number of Guides and Rangers.

Later that day a Guide phones for information concerning a clause in the Europe Badge.

The rôle of the CCIA is a very varied one and can be very rewarding for anybody with an interest in the international dimension of the Guide programme.

CCIA's receive an information file which has been compiled by the Association's International Department. This has become my 'Bible' on many occasions as it contains much information on resource material, rules and regulations for overseas travel, insurance etc.

Also in this file is a job description which states quite clearly the rôle of the CCIA and can be summarised as 'helping all members of the Movement in the County to develop an awareness of the international aspect of Guiding and to make it an integral part of the Programme.' Quite a responsibility at first glance! But don't be put off because as usual in Guiding there is a whole army waiting in the wings prepared to prop you up and provide the necessary expertise to help you put ideas into practice.

As CCIA I receive a lot of support from my County Commissioner, the County Secretary, the County Training Adviser and the Training Committee, the Outdoor Activities Adviser and her assistants. I am able to obtain help and advice from the whole of the County Team and often seek the help of the Division and District Commissioners when requests for hospitality for visitors from overseas arrive. Also these Guiders have their 'ear to the ground' and know the people in their areas who would be good ambassadors for our Movement.

I receive a regular package of 'goodies' from the Regional Commonwealth and International Adviser. Information on all aspects of the international scene, such as updates of resource material, invitations from overseas, changes of policy and rules, information on International Badge syllabuses, special overseas projects etc, etc, etc. This information is then passed on to the County Executive and the Training Committee and then on to the Divisions and the Districts. Information of a general nature is published in our monthly newsletter which is distributed to each Unit Guider. Quite often invitations for overseas visits need a very quick response because information takes a long time to clear the necessary channels in foreign countries and by the time it reaches us the reply date is due. There is not time to use the newsletter and direct enquiries have to be made and the help of the County team enlisted. The telephone lines get really hot!

The CCIA holds all the necessary forms for groups and individuals travelling abroad and is in a position to help the intrepid travellers venture forth knowing they are well covered by insurance and can depend upon the backing of the Association should any major problem arise. Forms are very tedious but it is essential that all the necessary precautions are taken when we are dealing with other people's children. It does take time to acquire

all the necessary signatures, and to send information to host countries, and therefore it is essential that the process is not left until the last minute and forms such as T1's for groups travelling abroad should be received by CHQ ten weeks before the event.

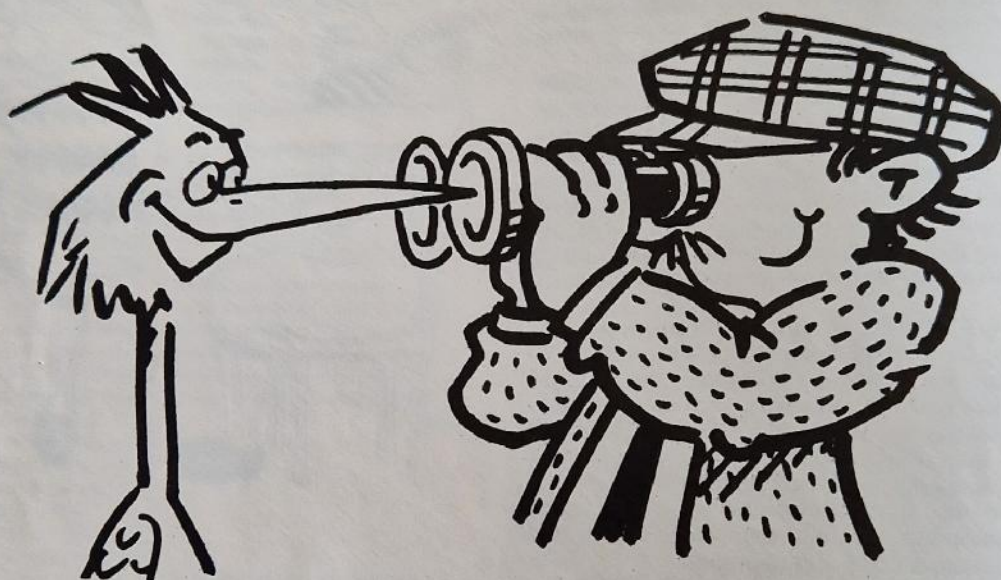


Helping and encouraging individuals and groups to travel overseas is a very rewarding part of the job for me. It does wonders for my postcard collection and those who are lucky enough to be involved in World Guiding events always come back bubbling with excitement and are a pleasure to share experiences with. The hardest part is often in the selecting of representatives to take up invitations to international events. There are so many worthy applicants and few places. The selection committee (we usually try to have at least three people) always tries not to let the less affluent candidates be at any disadvantage and can rely on the County Executive to treat any application for grants on its own merit.

The CCIA receives enquiries and requests for all sorts of information regarding aspects of the international scene from Guides, Brownies, Rangers and Guiders and is often asked to test International Badges. This is an area which is very important and as CHQ does not have the time to deal with the hundreds of requests each year, they refer any enquiry back to the CCIA.

This last paragraph is probably one of the most important rôles of the CCIA as it is helping to develop an awareness of the international dimension of Guiding starting within the Unit programme, and we all know the saying '... from little acorns grow.'





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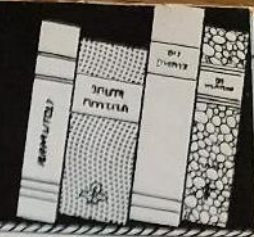
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Continued from page 30

**Lettering And Design: Practical Uses For Your Handwriting.** Carole Vincent. Blandford Press £3.95

Are you satisfied with your handwriting? If you feel that there could be room for improvement, you will find this a fascinating book, suitable not only for those who have an interest in calligraphy and the uses of lettering in display, but also for anyone who would simply like to improve the legibility and look of their written work. The book is divided into three parts: in Part One, simple suggestions with illustrations are given to help in handwriting and page layouts. Part Two follows on with instructions and ideas for display lettering, and Part Three gives a number of interesting practical projects which should have readers reaching for their pens and paper, eager to start! Carol Vincent shows how handwriting and simple lettering can be used creatively by all age groups in a variety of ways. With its clear illustrations and text, this book is a worthwhile purchase.

JRB

**What Shall We Draw?** Adrian Hill. Blandford Press £3.95

Anyone should be able to improve their drawing ability with the help of this book! Adrian Hill covers a wide range of objects to draw, and gives clear, step by step instructions with illustrated examples. By using your eyes, concentrating and practising, you can soon progress from a 'stick man' to a drawing that looks like a solid, three dimensional person. The illustrations and diagrams are numerous and should spur you on to produce works of your own as well as make you a more observant person.

JRB

**Good News Colour New Testament.** The Bible Society and Collins £5.95

This exciting Good News translation of the New Testament has full colour contemporary photographs throughout, making it particularly suitable for the older Guide and

Ranger/Young Leader age groups — and for Guiders, too! Highlighted key verses make it easy to find particular passages, and the background notes alongside the text, and the word list, explaining the technical terms, help the understanding. There are also maps and a reading plan included in this version, which is highly recommended.

JVD

**Model a Monster.** Colin Caket. Blandford Press £4.95

This is one for the specialists — but many children I know are dinosaur specialists. The range of models is enormous — all kinds of dinosaurs in all kinds of materials, paper, cardboard, clay, even sand or snow and wearable materials for processions — so it's not all indoors. Balsa wood pterodactyls make a mobile while another flying reptile appears as a kite. A tortoise tea cosy and dinosaur-shaped cakes and puddings help to provide for all aspects of future parties, Pack Holidays or camps. There is a thought provoking quiz for more serious moments — or while waiting for the papier mâché to dry.

NAS

**Understand How To Draw Series:**

- 1 Basic Drawing Techniques Clifford Bayly
- 2 Drawing With Mixed Media George Cayford
- 3 Drawing Plants, Trees and Flowers Margaret Merritt
- 4 Drawing Figures and Portraits George Cayford
- 5 Drawing Buildings and Towns Clifford Bayly
- 6 Drawing Animals and Pets Sally Michel

Search Press, £1.75 each.

Written by working artists, this series of six books is of interest to those who have some background in the art of drawing, however limited. They all offer helpful information on materials and show the wide range of texture, line and tone that can be achieved in drawings. Lavishly illustrated, they take the reader through the stages from a preliminary sketch to the final

drawing, and emphasise the importance of observation from the three dimensional original rather than working solely from two dimensional photographs. The series aims to help and encourage readers to enjoy developing their own skills and style in the field of drawing.

JRB

**Instant Paper Toys.** E Richard Churchill. Sterling Publishing £7.95

Paper, cut and folded, with the occasional piece of sticky tape and sometimes a piece of string will make an amazing collection of things that fly, roll or hop and — most of all — make noises. The noise-making department goes beyond paper and shows how a vast variety of common things can be called upon to make noises and even musical entertainment. There's plenty of scope for fun and mischief here and this is pointed out to the children with a cautionary stress on the need for consideration at times. There is even a pair of good and bad 'conscience' figures carrying the messages — a virtuous owl (happily) and an anarchic chicken with teeth! Young children who are not yet good readers will love the toys but may need a bit of help in carrying out the instructions at first — something a Pack Leader might enjoy.

Books from Sterling Publishing are available in the UK via Blandford Press Ltd.

NAS

**Sing as we go.** Helen Exley. Exley Publications £3.50

Children love to sing! What can be better than a book containing over 100 of their favourite songs. This family car song book is a must for all journeys. How many times have you started to sing a song and cannot remember the words correctly, or you have forgotten the second verse. Here you can refresh your memory with oldies and some more modern songs. Handy for use within a Brownie Pack. Just think of the fun Brownies could have singing on a coach coming back from Pack Holiday or an outing. A point to remember — Ask the driver first.

MSC

**The Secret of the Sword Activity Book.** Ladybird Books, 60p

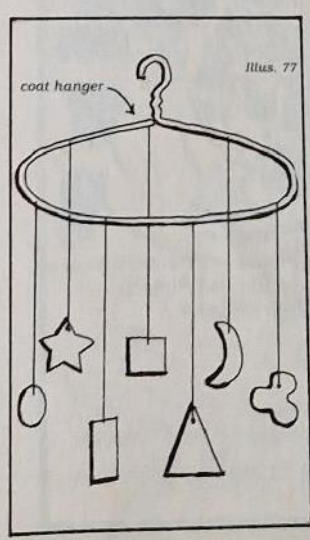
An activity book based on the film. Children can colour pictures of their favourite characters; help them reach their missions; join the dots to find their enemies; crack codes including finding all the names of the 24 characters who appear in the film. At the end of the book there is a Hordak Mask to cut out and wear. Good value.

MSC

**Munch Bunch — Journey Games Book.** Studio Publications (Ipswich Ltd), 75p

A games book ideal for children in the Brownie age group who like to have something to do on a journey. However they are travelling, whether by bus, train, boat, car or plane, there are games to cover all forms of transport.

MSC



Readers who are interested in the above publication should contact the publishers at the following address: Studio Publications (Ipswich) Ltd., 32 Princes Street, Ipswich, IP1 1RJ, Suffolk.





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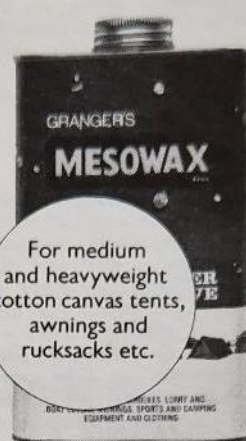
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# FROM BEHIND THE n a p p y l i m e 6

The last two weeks have been a nightmare, and I'm glad to see the back of them. Just as we were getting into a nice routine (with Guide meetings taken off my hands for a while) and I was beginning to wonder why everyone made such a fuss about the upheaval caused by a new baby, the bottom fell out of my neat little world. I suppose it was the culmination of several minor set-backs which, had they occurred at any other time, would have passed as perfectly normal hiccoughs in one's day-to-day life. As it was, however, each one overlapped the next and I began to suspect that the whole world, yea, even God, was conspiring to put every possible inconvenience in my way, thus trying my patience, and most certainly my temper, to their very limits.

I think it probably all started because I was so tired. I hadn't had a broken night's sleep since I had been about six months pregnant, but whereas I had been able to rest in the afternoon *before* the arrival of our little girl, this had proved to be virtually impossible ever since. Somehow or other the Little Imp seemed to know that I was hoping for an afternoon nap and the minute my head touched the pillow she would start to grizzle. The grizzling would develop into an almighty tantrum and try as I might to ignore it, I always ended up having to entertain her for the rest of the afternoon feeling thoroughly bad-tempered and out-of-sorts by the time Graham arrived home. Having attended the fathers-to-be sessions at the hospital antenatal classes, Graham was perfectly prepared for this and would take over as soon as he stepped inside the front door: he would put the Little Imp into her sling and, carrying her around, would make the super, tidy up the house and generally make all the correct comforting noises. I was becoming dangerously dependent on him, and on the bad days it was only the knowledge that Graham would soon be home that kept me going. All of a sudden the bad days seemed to occur with an uncanny frequency and *everything* seemed to be going wrong.

First of all the tumble drier decided to give up the ghost which was quite ironic really because we had never needed to use it much before. Nappies now had to be hung over every possible place in the house and took days to dry, with the long-term result that I became utterly sick and tired of seeing them everywhere. Then I discovered that a whole section of knitting I had managed to do in snatched moments of precious peace and quiet would have to be undone because I had misread the pattern. What a fool! What a complete and utter fool! (I won't tell you what I really said when I first discovered this unfortunate state of affairs.) For my next trick I managed to kick over a full glass of orange squash which left a ghastly yellow stain in the middle of our beige living room carpet (well, if you *will* have such an impractical colour . . .!) and that little episode left me in floods of furious tears.

I began to look forward to my return to Guides that night — *anything* to get me out of the house! — but that was a write-off too. Half of the Guides were missing because of some function or other at their school (nice of them to tell us!), so the activity we had planned didn't work. On top of that, one of the mums chose that evening to come and complain about the fact that her daughter's stripes had been taken away

from her. No amount of explanation would convince her that this was not exactly the case, and we ended up having 'words' — me telling her that if she didn't like the way I ran the Guide Company she ought to come and help run it herself, and her telling me that if *that* was my attitude then they ought to stop paying me for doing the job (I couldn't believe it! Did she *really* think we were *paid* to be Guiders?!). This was very nearly the last straw. I burst into tears (again) when I arrived home and poured my heart out to Graham:

'Who do these parents think they are? I honestly don't know why I bother giving up so much of my own free time. It's a thankless task being a Guider and it just isn't worth it!'

Graham thrust a generous measure of brandy into my hand and agreed with me whole-heartedly (he never had been able to understand what it was about Guiding that made me devote so much of my time to it). I had worked myself up into such a state by this time that it was pointless trying to sleep (despite the brandy) so we ended up watching the television until well past midnight, by which time Lizzie wanted feeding again . . . I was so tired the next day that even the expression 'like a bear with a sore head' was not really sufficient to describe the temper I found myself in. Everyone and everything was wrong. Our baby seemed to cry all day long; the weather was so damp that the washing wouldn't dry; an electricity bill arrived; my nosy neighbour wouldn't stop talking; I allowed half a pint of milk to boil over. In fact, all in all I had a thoroughly awful day.

'Don't worry, Graham will be home at half past five. It'll all be all right as soon as he sets foot inside the door. Don't panic. It's not long now,' I kept muttering to myself. So imagine my reaction when he appeared at the front door looking slightly worse than death warmed up. I tried hard. Honestly, I did. I tried very, very hard. I sat him down on the settee, fetched two aspirins and a glass of water and was as sympathetic as I could be about his raging temperature. It was quite obvious he was heading for one of his dreadful bouts of flu that always seem to knock him out completely for about two days. That was it. I couldn't contain my temper any longer and flew into an uncontrollable rage. Poor Graham. He didn't know what had come over me and was in no state to help me either — it wasn't *his* fault that he was ill . . . It seemed that just as we had shared the antenatal classes, so we now also had to share the post-natal depression!

'Basil'





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All copy must be received by the 13th of the second month preceding publication (eg 13th August for October issue)

All copy is subject to the approval of the Association which reserves the right to refuse, cancel or suspend any advertisement. Advertisements for the sale of secondhand clothing cannot be accepted (except uniform). Uniforms for sale should not be sent to CHQ, advertisers receive communications from applicants.

Advertisements for camp-sites, activity centres and Pack Holiday Houses must be countersigned by the County Camp Adviser indicating that in her opinion the site/centre/house is satisfactory

**COUNTY CAMP ADVISER (Signature)** .....

Advertisements for joint Ranger/Venture Scouts Events must be countersigned by the Guide Commissioner indicating her approval of the event.

**GUIDE COUNTY COMMISSIONER (Signature)** .....

Application to advertise in .....  
.....(Periodical)  
.....

Issue/s .....

NAME (BLOCK CAPITALS) .....

ADDRESS to which receipt should be sent (BLOCK CAPITALS) .....

Your day-time telephone number .....

PLEASE WRITE YOUR ADVERTISEMENT BELOW IN CAPITAL LETTERS

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Number of words .....Remittance herewith .....

I confirm that the information contained in the above advertisement is correct and I ask that it be inserted  
in .....and enclose cheque/PO for .....

(Signature) .....



# The Girl Guide Friendship Fund



Dear Friends,

What hit the headlines in Zimbabwe on May 17! You will remember that, helped by the generosity of Midland Mobility, we sent six wheelchairs to the handicapped Rangers of the 12th Bulawayo Jairos Jiri Unit. May 17 was the day the Zimbabwe Chief Commissioner, Mrs Malaba, made the official presentation in front of a television team, newspaper reporters and about 200 Guides, Brownies and Rangers.

The Ranger Guider has written me a very moving account of what she describes as 'the greatest day in the five and a half years of the Unit'. All six recipients are severely handicapped so they desperately needed the chairs which, she says, will probably last them for the rest of their lives. One of them had attended evening classes last year to try and become fully literate, but was unable to complete the year when her wheelchair fell to pieces. Now she has the chance to repeat the course as she can once again get along the road to a primary school where the classes are held.

Each girl had made a wall chart of thanks to the GGFF and these, together with trefoils, candles of all sizes and blue and yellow crêpe paper, made a colourful setting for the ceremony. Three specially-composed songs were sung, one including the line: 'We all thank our sister Girl

Guides because they have given us a big present'.

It's nice to know we have been able to bring happiness and broader horizons to six Rangers in Zimbabwe. £5,000 is all we need to give the help that is wanted in Botswana, Ecuador, Malta and Spain—the four projects which make up our summer appeal. We're very used these days to highly-publicised events that raise thousands—even millions—of pounds. Our target is by no means as ambitious and I'm quite sure we can make it with your support.

Your donations will be most welcome until the end of August—cheques/postal orders made payable, please, to The Girl Guide Friendship Fund and posted, enclosing a name and address for acknowledgement, to:—

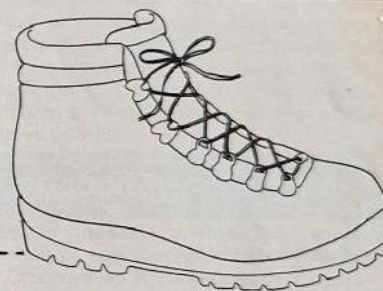
**The Girl Guide Friendship Fund, 17-19 Buckingham Palace Road, London SW1W 0PT.**

Next month I will tell you all about the 1986 Christmas 'Good Turn' appeal, starting on September 1. Until then, thank you for the wonderful things you have helped the GGFF to achieve over the past 21 years and for what I know will be future success stories.

**Nancy Roe**  
Chairman



## Walking Safely



continued from page 13

### Essential Equipment

#### Survival bags

These are thick polythene bags, usually about 2 metres long, which are wide enough for two people to crawl into in an emergency. They are a bright orange colour, so that they are highly visible to any rescue party coming out to search.

#### Whistle

A whistle, preferably attached to a lanyard, should always be carried in case of unforeseen difficulties. The recognised international distress signal is six whistle blasts, six torch flashes, or six shouts at intervals of *one minute*, with an answering acknowledgment of three blasts, shouts or torch flashes. But *do* remember that careless whistling, shouting or flashing a torch might needlessly cause a rescue party to be called out.

#### Emergency rations

As their name implies, these are provisions (preferably placed at the bottom of your rucksack) which are for *emergencies* only. One rule to stick to when out walking, is that emergency rations are eaten *only* in an emergency or on the bus or in the car on the way back home.

Emergency rations need to be high in energy-giving content such as chocolate, barley sugar, Kendal Mint Cake, dried fruit, glucose tablets, tubes of condensed milk, in order to provide you with energy quickly. An extra flask of hot water, and packets of soup and chocolate mix are also extremely useful.

situation perfectly. We can all learn by evaluating what we did and how we acted with the hope that we can learn from it and pass on this information to others.

### Analysing a Situation Afterwards

If you should be unfortunate enough to suffer an accident within your group then it is very important to review it after the event. This helps to relieve feelings, as no one ever feels that they have dealt with a

### Suggested Reading

HMSO The Countryside Code Book  
HMSO The Highway  
HMSO The Green Cross Code  
Spur Book of Hill Walking: P Lumley  
Fellcraft: J A Ingram  
Adventure Walking for Young People: F Duerdon  
The Walkers Handbook: H D Westacott  
The Uplands of Britain: M Marriot  
Mountain Leadership: E Langmuir  
The International Mountain Rescue Handbook: H MacInnes  
Safety on Mountains: British Mountaineering Council  
Mountain and Cave Rescue: Mountain Rescue Committee.  
Also, the magazines, *CLIMBER AND RAMBLER*, *FOOTPATH WORKER* and *THE GREAT OUTDOORS*.





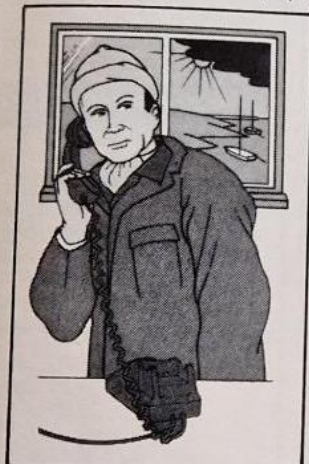


# GRAPEVINE

## Water Pack

In order to alert people to the risk of drowning, particularly during the summer months, the Royal Life Saving Society has produced a Water Safety Resource Pack for use with children. This year the Pack has been revised and updated and contains several terms' work within a new style folder. The pack is for the use of teachers/youth leaders and consists of 12 project briefs which include the Home, Air Sea Rescue, going on holiday, the Police etc. Also included are colourful wall posters, word searches, crosswords and a board game.

Order forms for the pack are available from branches of the Leeds Permanent Building Society, sponsors of the pack. Alternatively, write to: **The Royal Life Saving Society UK, Mountbatten House, Studley, Warwickshire B80 7NN.** The pack costs £10.00 plus £1.40 p&p.



## Tower Bridge Competition

A painting competition is being held to commemorate the 100th Anniversary of the laying of the foundation stone for Tower Bridge. Young people between the ages of 5 and 18 are invited to choose any subject with the theme of Tower Bridge and paint or draw it.

For each of the four age categories there will be a cash prize for the winner and prizes also for three runners-up. All winners will be invited by the Chief Commoner of the Corporation of the City of London to attend a prize giving ceremony and reception which will take place on the walkways where the winning entries will be on display.

Complimentary tickets to the Exhibitions and Museum will be sent to the first 5,000 entrants of the competition which continues until 1 September. Competitors are invited to send a large stamped addressed envelope for a copy of the rules and conditions of entry to: **Tower Bridge, London SE1 2UP.**

## Florentine Drawings of The 16th Century

The British Museum's current exhibition of Florentine Drawings of the 16th Century consists of just over 200 drawings selected from the Museum's own collection and includes examples by such masters as Leonardo da Vinci, Michelangelo and Raphael. It is the first exhibition of its kind to be held in this museum and successfully traces the period from its beginnings in High Renaissance through Mannerism to its ending in the naturalism of the Counter Reformation. The drawings, beautiful in themselves, are fascinating as documents of the evolution of composition, the final results of which can be seen in eminent galleries throughout the world in the shape of frescoes, paintings, sculptures and so on. Some of the drawings give the viewer an insight to the preparations made before the artist began his final study. A variety of materials were used to create the drawings, such as pen, pen and brush and engraving, and sacred, classical and mythical subjects are predominant choices for the artists. If you get the chance to go to London before 17 August, make sure that this exhibition is on your agenda.

KGS

## Railway Risks

The number of young children killed or injured on railway property each year is a matter of serious concern to parents, police and rail staff. As a result a new anti-trespass campaign has been introduced by British Rail to warn of the dangers. The campaign involves train drivers, British Transport police and other rail staff visiting schools, armed with films, a video and printed material, to point out not only the risks involved from electrified rails and trains travelling quickly and quietly, but also of the dangers to others from stonethrowing and breaking down fences. For further details contact your local BR Area Manager.

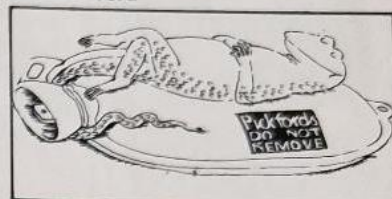
## Rail Resource Pack

British Rail Education Service has published a new resource catalogue for primary and secondary school age children. The catalogue contains new products and updated items from the existing range. New items include a set of six A2 size full colour posters showing different scenes of the railway today, suitable for discussion work and projects. Copies of the catalogue are available from **BRES, Room 112, Rail House, PO Box 100, Euston Square, London NW1 2DZ.**

## Moving Pets

Pickfords, the removal company has produced a booklet entitled 'Moving with Pets' which gives advice on animals ranging from rabbits to reptiles. The fact sheet also includes a reminder of the rules for transporting animals by rail, air and overseas.

If anyone you know is moving home and would like a copy of the free fact sheet, send a 17p stamped addressed envelope to: **Pickfords Marketing Department, 492 Great Cambridge Road, Enfield, Middlesex EN1 3SA.**



## RSPCA Open Day

The RSPCA will be holding their annual open day on 31 August at **Mallydams Wood, Peter James Lane, Fairlight, Hastings, Sussex, tel. (0424) 812055.**

There will be nature trails to follow, displays in the Field Centre, light refreshments and a sales kiosk for publications and souvenirs. A small charge will be made for the trails. For further details contact **N Ford, Education Officer** at the above address.

## Focusing on Nature

Nature in Focus, a small booklet produced to accompany the Channel Four Wildlife series of the same name, is available, on receipt of a large stamped addressed envelope, to: **Nature in Focus, PO Box 4000, London W3 6XJ or Glasgow G12 9JQ or Belfast BT2 7FE.** The booklet contains projects linked to the series, for example, how to build an anteny.

## A Worldwide Problem

The Cancer Research Campaign has produced a wall chart and related booklet entitled **Cancer Around the World: Causes and Prevention.**

The wallchart and booklet, which are intended for use with young people, could be a useful starting point for discussion with Rangers or Guides, and are obtainable from **The Education Secretary, Cancer Research Campaign, 2 Carlton House Terrace, London SW1Y 5AR.** The wallchart is available at a cost of £5 including p&p and the booklet costs 50p inclusive of p&p. A reduction may be possible on orders of over 10 copies. Inquire at the above address.

When applying please mention **GUIDING.**

*Continued on page 42*



**SOLD**  
**POSITION FILLED**  
**LET**  
**WINNER**

# CLASSIFIEDS



## EMPLOYMENT

### THE GIRL GUIDES ASSOCIATION MIDLANDS

Applications are invited for the post of **GENERAL SECRETARY**. Suitable Candidates will possess sound management skills combined with administrative and organisational ability.

Apply in writing as soon as possible for the full job description, to The Chief Commissioner, Mrs. W. G. Campbell

THE GIRL GUIDES ASSOCIATION, MIDLANDS

21 Lower Church Street  
Ashby de la Zouch  
LEICESTERSHIRE LE65LB  
Please enclose your c. v. and mark the envelope "Confidential; GENSEC"

## COMING EVENTS

**Greenwich Cadets Reunion.** Saturday, 27 September. All past members warmly welcomed. Contact: Nancy Howard, 17 Seabrink, Undercliff Gardens, Leigh-on-Sea, Essex. 0702 712738

## NEW ADDRESS

**Newton Abbot Guide Shop** is now in the new Headquarters. Foxhole Lane (Coomeshead School Grounds). Term Time only. 10.00/12.00

## FOR SALE

**Printed Yellow Dusters** for fund raising (minimum 50). Stock designs illustrating Birds, Horses, Musical Instruments, etc (minimum 300, can incorporate your wording). Details Geo O'Brien Baker (Dept 200), 4-6-8 Tapster Street, Barnet, Herts. Tel: 01-449 2424.

**Ridge Tents.** New, direct from manufacturer, 11ft x 7ft x 6ft 6in high. Walls 3ft. Zip door. Mud walls, £95. Also 9ft version of above tent, £75. 14ft. version of above tent, £120. Top quality materials 7½oz. Toilet Tent, £26. Wash Tent, £32. For brochure, telephone 01-445 6253.

**'How to Succeed with Pressed Flowers'.** Detailed instructions and assorted blanks, £1.25. Mailcraft (GD), 11 Melbury Grove, Birmingham B14 6BN

**Save Money —** Make your own outdoor equipment and clothing. Wide range materials and accessories. See for free samples. Pennine Outdoor, Holmbridge, Huddersfield, W. Yorks. Tel: 0484-683206/682688.

**Sale or Return.** Offering 100% profit on cost. Costume Jewellery parcels sent post free without obligation. Ideal fund raisers. Details: Caritas Jewellery, PO Box 29, Haslemere, Surrey GU27 1JZ.

**Badges! Badges!** Badges! — Embroidered, woven, printed, etc. — your every need. For quotation on YOUR badges send rough sketch to the friendly specialists — Webb-Tolley Ltd, 26a High Street, Halesowen, West Midlands. Tel: 021-550 8844.

**Advertising Pencils.** Ball Pens, Pens, Combs, Diaries, etc, gold stamped Company name. Raise funds quickly, easily. Bran Tub Toys, details: Northern Novelties (GG), Spencer House, 26/28 Spring Gardens, Bradford BD1 3HE.

**Discount prices on Tents and Tent Repairs.** Discounted Tents available plus our Repair, Reproofing and Manufacturing service. Phone or write for details: C F Barker & Sons (Marquees) Ltd., 137 Dennett Road, Croydon CR9 2ST. 01-689 4191/01-684 3349.

**Attention Brownie Guiders!** Totems (Toadstools) available. Red tops with white spots in fibreglass, 18ins high with detachable tops £16.60 each plus £1.90 p&p cash with order. From: T G Higgins, Spread Eagle, Rishworth, Sowerby Bridge, West Yorkshire. Tel: 0422-823655.

**Books to help you from Printforce.** New! Recipes and Planning for Camp Cooking. 64 pages of recipes, menus, checklists and advice, including many recipes for youngsters to prepare themselves, £2.50. New! Wide Games and Incident Hikes, 64 pages of themes, story lines and techniques to enable you to arrange a wide variety of exciting outdoor activities, £2.50. Still available: Campfire Stunts, £1.75, Campfire Stunts Two, £1.75, Campfire Songs £2.50, The Campfire Companion £1.75, A Year of Programme Planning £3.25, Group Fund Raising £3.95. Each book a gold mine of ideas! Please add 25p per book p&p. Trade enquiries welcome. Printforce (B), 6 Angel Hill Drive, Sutton, Surrey SM1 3BX.

**Sportswear screenprinted** to order, quickly and efficiently by Paget Design, Tregurno Cliff, Lamorna, Penzance, Cornwall.

**Raising Funds?** Our pens and badges have raised many thousands of pounds for clubs and charities. Send for full colour catalogue. Westfield Ltd., Dept 23, Westfield House, Helena Street, Birmingham B1 2RJ.

**Lucky Dips** from £3.00 per hundred. Samples £1.00. Jewellery, party goods, etc. Comprehensive list: Paul Tomblin, 5 England Crescent, Heanor, Derbyshire DE7 7BE.

### 1987 DIARIES 21p EACH

#### Printed Your Details

17p Stamp For Sample and Price List:  
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IPSWICH IP2 9QZ.  
Tel: (0473) 681192

## MANUSCRIPTS WANTED

**Printforce**, publisher of books for youth and other voluntary organisations, invites manuscripts/ideas for consideration. Write with details to Printforce, 6 Angel Hill Drive, Sutton, Surrey SM1 3BX.

## CAMPING/HOLIDAYS

**Self-Catering Hostels** for groups around the Peak District, Grindlow (Buxton) Hopton and the Wharf Shed (Cromford). Fully equipped. Ideal bases for outdoor activities. For leaflet write to the County Planning Officer, County Offices, Matlock, Derbyshire or telephone Matlock 3411 ext 7121. Derbyshire County Council.

**'Our Chalet'**, for details of low cost inclusive arrangements to the International Guide Centre at Adelboden, contact the official agents, YHA Travel, 14 Southampton Street, London WC2E 7HY. 01-240 5334.



# CLASSIFIEDS



**Local District Group Holiday Accommodation:** Troutbeck School accommodates 24 people on a self-catering basis. Dormitory for 20 and two staff rooms, dining room, fully equipped kitchen, central heating, open all year, £3.35 per person per night — minimum charge £60. Minimum stay 2 nights. Please write for details to the Secretary, Troutbeck Charitable Trust, 14 Church Street, Ambleside, Cumbria.

**Holiday in Switzerland.** Self-catering accommodation for 32 persons, one flat for 5 persons. Both fully equipped. Moderate prices. Mountain walks and evening slide shows of Adelboden arranged at no extra cost. Apply Family Fritz Inniger, Ferienlager, Motondo, Oey CH3715, Adelboden, Switzerland. Or for more detailed information telephone: Miss C Parkinson, Preston 0772/700769.

**Group Accommodation** in Switzerland close to 'Our Chalet'. Ring (0865) 60917.

**Hotel Alpenrose**, 3718 Kandersteg, Switzerland. Over many years, Scouts, Guides and their families have enjoyed our hospitality. Ideal also for parties. Near the International Scout Centre. Meals and accommodation at moderate prices. Fam A Carizzoni-Rohrbach. Tel. 0104133 75 11 70.

**Come camping** on the canals — Charter a traditional narrowboat, fully fitted to accommodate 12 people in camping standard; 24 per 'pair' of boats, with first-class skippers to make everyone's holiday really enjoyable. Or self-drive a luxury 4 or 6-berth. Full details from: Foxton Boat Services Ltd, Bottom Lock, Foxton, Market Harborough, Leicestershire. Tel: Kibworth 2285.

**Ex-Guider offers:** Reduced rates for Movement members in licensed family hotel, overlooking Solent. Bathroom en suite in most rooms. Brochure on request. Springvale Hotel, Seaview, Isle of Wight. Tel. 2533.

**Dinard/a Scout Hostel** (Brittany), 8 Boulevard l'hôtelier, would welcome Guide parties or individuals all the year round. Five minutes from the sea and shopping centre.

**Relax in civilised old world** thatched cottage in comfort. Devonshire's southernmost coastal village. Bed and Breakfast. Benson, Chivelstone 261.

**Family Accommodation** in Switzerland, near 'Our Chalet'. Ring 0865 60917.

**Holiday Centre near Southport**, equipped, sleeps 24, suit Brownies, Guides, Rangers, handicapped mixed groups. SAE foolscap to: Mrs Spalding, 25 Kirklees Road, Southport, Merseyside PR8 4RB.

**Canal Adventure Cruises** aboard our fleet of six 12-berth skippered economy camping or luxury converted craft. All boats are fully equipped — you just need a sleeping bag and food, or, if you wish, we can supply these as well. Friendly, helpful staff and reasonable prices. Warwickshire Fly Boat Co. Shop Lock Cottage, Stockton, Nr. Rugby CV23 8LD. 092 681 2093.

**Arkengarthdale.** Herriot Country, walking, touring, D/B & B — £11.50 in Guider's comfortable home. Singer: Tel. 0748 84203.

**Would Readers please note that all Classified Advertisements must be submitted on the official form— SEE PAGE 36 OF THIS ISSUE OF GUIDING**

## PLEASE NOTE

THE GIRL GUIDES ASSOCIATION TAKES NO RESPONSIBILITY FOR STATEMENTS MADE IN ANY ADVERTISEMENT HERE OR ELSEWHERE IN THE MAGAZINE, or for any subsequent correspondence in connection therewith. The right is also reserved to refuse any advertisement not considered suitable. Advertisements for the sale of secondhand clothing cannot be accepted (except uniforms). Uniforms for sale should not be sent to CHQ, advertisers receive communications from applicants. **ALL COPY MUST BE RECEIVED BY 13th OF THE SECOND MONTH PRECEDING PUBLICATION** (eg) 13th AUGUST for the OCTOBER ISSUE. **ALL CHARGES 30p per word, BOX RULE £3.45 extra, BOX NUMBER £1 extra. PLEASE SEND REMITTANCE WITH ADVERTISEMENT TO:** Miss A M Martin, Advertisement Manager, The Girl Guides Association, 17/19 Buckingham Palace Road, London SW1W 0PT. 10% discount for series of 12. To reply to a Box Number, address your envelope to Box Number concerned c/o GUIDING. Please enclose SAE when replying to Box Numbers.

## NOTICE

**Unfortunately the 18 June issue of THE BROWNIE contained a centre spread about trees which gave imperial measurements in the descriptions. We hope that this has not caused too much inconvenience to Brownies.**



*"Why Deborah! I had no idea you could yodel!"*





Continued from page 39

## Increased Facilities

The National Trust has increased its facilities for disabled visitors again this year. Details of these are given in the Trust's booklet 'Facilities for disabled and visually handicapped visitors in 1986'. Sponsored by Barclays Bank, the booklet gives detailed information about the availability of facilities; properties new to this annual publication include Speke Hall near Liverpool, Nunnington Hall in North Yorkshire and Upton House in Warwickshire.

The free booklet is designed for use with the Trust's annual Properties Open Handbook which gives full opening details and can be bought for 50p from any Trust property or shop. For copies of both booklet and handbook, send 80p and an addressed adhesive label to: **Facilities for Disabled Visitors, The National Trust, 36 Queen Anne's Gate, London SW1H 9AS.** For the booklet alone, please send a similar label stamped with the minimum postage rate.

The Trust gives free admission to anyone necessarily accompanying a disabled or visually handicapped person.

## Floury Comments

The Flour Advisory Bureau have produced a 'Fact Sheet on Flour', in which is given information on the basic flour categories, the cooking characteristics of flours available and its nutritional value. Free copies of the 'Fact Sheet on Flour' can be obtained by sending a 12in x 9in sae to the **Flour Advisory Bureau, 21 Arlington Street, London SW1A 1RN.**

## Healthy Eating

A free poster called What is Healthy Eating is available from **The Allinson Wholemeal Bread Education Service, 644 Bath Road, Taplow, Maidenhead, Berks SL6 0PA.** The poster is designed to help children learn how to choose a healthy diet and, on the reverse of the poster, there are four activity sections which comprise teaching notes and practical work suitable for children aged 7-12 years. Apply to the above address for copies.

## Big Top Season

The Big Top Season of Sadler's Wells Royal Ballet runs in Cambridge from 19 August - 6 September. The season is sponsored by Midland Bank and the City of Cambridge and will include performances of *The Sleeping Beauty*, *Coppelia* and *Swan Lake*.

For booking details, contact **The Box Office, Royal Opera House, Covent Garden, London WC2E 7QA.**

## London Festival Ballet

The Summer Season of performances by the London Festival Ballet includes *Coppelia*, *Romeo and Juliet* and *Giselle*; principal artists include Alexander Grant, Renata Calderini and Alessandra Ferri. The company appeared at the London Coliseum from 14-26 July and will appear at the Royal Festival Hall from 28 July to 16 August.

For further details of all performances, contact either the Box Office at the **London Coliseum, St Martin's Lane, London WC2N 4ES**, tel. (01) 836 0111, or at the **Royal Festival Hall, London SE1 8XX**, tel. (01) 928 3191.

## London Transport Museum Funday

In association with the Rail Riders Club, the London Transport Museum has organised a Funday in the Piazza in Covent Garden. The attractions include: Waddington Double Decker play world Bus, the Get Along Gang who will be handing out hats etc and a painting competition for Rail Riders Club Members. Brownies and Guides are also welcome to take part. There will be a display by the London Fire Brigade and it is hoped that the Metropolitan Police will also take part.

## Ready Routes 1986

The YHA has developed a series of holidays, designed with almost everyone in mind. The Ready Routes are 'packages' of overnight accommodation and meals at different hostels with a variety of routes provided in between. The Ready Routes are taken independently by either groups or individuals and can be followed at any pace.

There are 26 Ready Routes to choose from, most of which last one week, for various forms of transport—by foot (inexperienced and experienced walkers), bicycle, or even train and car.

As an example, the Cycling route in Northern Lakeland has been planned by the Cumbria Cycling Club, covers 160 miles and involves over night stops in six different hostels ranging from a former hotel at Keswick to a 17th Century watermill at Cockermouth. The inclusive price is £57 (21 and over), £52 (16-20), and £47.75 (under 16).

For further details of the full list of Ready Routes contact the YHA at **YHA, Trevelyan House, 8 St Stephen's Hill, St Albans, Herts AL1 2DY**. Tel: (0727) 55215.



Photo courtesy London Festival Ballet

## Snakes and Ladders

The Westminster Play Association has again produced an updated copy of the comprehensive directory of play, leisure, and educational activities for children and their parents, in and around London. *Snakes and Ladders* is available from good book shops and department stores price £1.00 or by mail order from **The Westminster Play Association, 147 Church Street, London W2 1NA**, price £1.30 including p&p. Organisations requiring large orders should contact the Association for details of discount offers.

## Summer Workshop

A second series of summer workshops for teachers, arranged jointly by the Royal Opera House Education Department and the Metropolitan Opera Guild (New York), will take place in August. The six day project deals with all the processes of opera production with young children, incorporating many aspects of the school curriculum. No special expertise is required, just an enthusiasm for the theatre and a commitment to learning through experience.

Teachers from any part of the country are welcome to apply; all sessions will take place at the Royal Opera House.

There is no charge for the course, which is funded jointly by The Friends of Covent Garden and an individual sponsor.

Teachers should, however, be prepared to take the project back to their schools. Priority will, therefore, be given to pairs of teachers who apply from one school. Local Education Authorities may be willing to sponsor classroom projects, cost of travel etc.

For further details, contact **Pauline Tambling, Royal Opera Education Officer**, on (01) 240 1200 x 353 (10 am - 6 pm).



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BRAND NEW!  
RELUM  
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ONLY £125

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FRAME TENT

Made in hardwearing proofed cotton. Two inner bedrooms with built-in groundsheet and zip doors. Large window with detachable curtains provides extra light to lounge area. Strong zip front doorway with protective canopy. Sturdy but lightweight frame. Complete with two valises.

SIZE: Outer Tent 11ft 10ins by 8ft 2ins. Inner Tent 7ft 10in by 6ft 6ins. Height at centre 6ft 6ins. Weight approx 56lbs.

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\*ALL THIS FOR ONLY £213.00 (Normally £427.95)

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4 Polywarm Sleeping Bags, 38oz, all round zip	£50.00
4 Sleeping Bag Inners, white cotton	£10.00
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1 Camping Gaz 907 Bottle (full)	£25.45
1 Grillogaz Double Burner & Grill	£61.75
1 Single Gas Burner	£10.25
1 Primus 2240 Lantern and Cartridge	£10.25
1 Primus 2228 Bowl Heater and Cartridge	£10.25
4 Feather Filled Camping Pillows	£10.00
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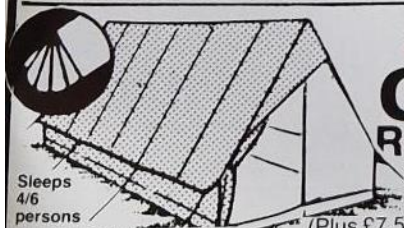
All tentage supplied ready to erect complete with 2 Roof Ends - One Roof Section - Four 27ft walls - or 11 small walls - Eight Bracing Lines - Two Quad Weather Lines - Pin Valise - Two mallets - One 9ft Ridge Pole (in one section) - Two 12ft Upright Poles (in two sections) - 32 Wall Poles - 8 Large Stakes and all necessary pegs - One Large Valise. All Marquees are 12ft high and have 5ft 6in side walls.

★ **SPECIAL OFFER!** ★  
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Centre Pole, 5ft 6in walls  
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ALSO AVAILABLE ISSUED CENTRE SECTIONS  
ONLY £175 COMPLETE  
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ALL Marquees can be extended to any length by adding a 9ft centre section, comprising a canvas middle section 9ft wide, one 9ft ridge pole, one 12ft upright pole (in two sections), two small walls, 6 wall poles, one double weather line, two bracing lines and 6 pegs.

\* MARQUEE SPARES AVAILABLE Phone for details.



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