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GUIDING

OFFICIAL MAGAZINE OF THE
GIRL GUIDES ASSOCIATION

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With the summer holidays only a matter of weeks away, the safety of children at play must be a consideration uppermost in the minds of all responsible adults. The Health and Safety Executive wish to draw our particular attention to the hazards children face when playing in dangerous environments, especially in agricultural areas.

Between 1979 and 1985, 79 children have died on farms, their ages ranging from a few months to mid-teens. The most common accidents involve children falling under tractors, being caught in machinery, crushed by falling objects or drowned in grain and slurry. The risk is particularly great during the school holidays.

Carl Boswell, HM Chief Agricultural Inspector at the Health and Safety Executive said: *'I urge parents and everyone who has responsibility for the welfare of country children to do all they can to prevent any more needless deaths. Never assume your child is safe. Young children need constant supervision and, at all ages, a secure play area away from farming activities. Farms are the factory floor of a highly mechanised modern industry. They are not playgrounds.'*

Recent deaths include: a 14-year-old boy who was driving a tractor and fell under the trailing power harrow; an 8-year-old boy who drowned in an irrigation pool and a boy aged 5 who was killed by a falling bale while helping his parents to stack silage.

This may make depressing reading, but all accidental deaths are tragic and the death of a child through negligence or lack of supervision is a burden that family and friends have to carry for ever.

Editor

COVER

'Just a quick note to say . . .' Finding time to write a letter home is one of the problems of camp, there's just so much to do!

Erratum

We would like to make it clear that the plants featured on last month's front cover were not Hemlock, as stated, but *Heraclerm Sphondylium*. We apologise for this error and any confusion which may have been caused.

EDITOR





Christmas Good Turn 1986 Cheque Ceremony

Last month I wrote about some of the ways your Units raised money for our 1986 Christmas 'Good Turn'. This time, we have pictures of the informal presentation ceremony at CHQ and I would like to tell you how the cheques were distributed.

Thursday 26 March, was a very special day for some of the Units who had sent contributions. Each year we invite Brownies, Guides and Rangers from different parts of the UK to represent all of you who have donated to the Fund. Unit names are picked 'out of a hat' and we try not to ask the same people twice. It's very exciting to hand over such large sums of money and, after the brief ceremony, a buffet lunch is provided and our visitors are given a tour of the CHQ building, looking in on all the departments, seeing the displays of Guiding over the years, the portraits and photographs of VIPs, and of course, spending money in the shop.

At this year's ceremony, £4,000 was given to the National Society for Epilepsy by Brownies Emma Bernhardt-Grout and Tracey Harding, from the 10th North Cheam Pack, which had held a Christmas Fair to raise their contribution.

Representatives from the Weston Division (Avon South) Young Leader Sara Tyler and Guides Ellen Bevan and Katy Petrie, presented a cheque for £3,500 to the John Grooms Association for the Disabled. Weston Division's contribution towards this total amount was a half share of the proceeds from a 'Meet the Gang' show held jointly with the Scouts. Miss Heather Clark, a resident in one of the Association's special London flats, received the money which will be used to buy some of the



Brownies Emma Bernhardt-Grout and Tracey Harding of 10th North Cheam Pack present £4,000 to the National Society for Epilepsy.

items on the 'shopping list' for 20 purpose-built flats for the disabled in Norwich. Heather told us she had been a Brownie and a Guide, so she was particularly pleased to be invited.

The third cheque, for £5,250, was presented to the Falconer Trust by Guides Jennifer Mitchell and Sara Wort from 1st Merriotts Company, and 1st Dagenham Brownies Jane Parkin and Emma Ravenhill. Merriott Guides raised their money by having a sponsored 'slave walk', all tied together, and the 1st Dagenham Brownies were specially invited because they are among the most regular supporters of the GGFF.

The Trust representatives told us that Miss Falconer has, since 1947,

taken in over 400 babies who would otherwise have died and she still has babies who need extra care in her bedroom every night.

The 1987 GGFF 'Friendship Appeal' is now over, but we still welcome any contributions you would like to send in for our general fund and to go towards the Disasters Fund.

In the September issue I will tell you all about the two projects which have been selected for this year's Christmas 'Good Turn'. I'm sure you will find them interesting and will want to give them your support. Who knows — next year your Unit may be the lucky one to come out of the hat!

Nancy Roe
Chairman.

AGE GROUP AD HOC

You may have heard through the Country and Region network of communications, that the Executive Committee has appointed an Ad Hoc Committee to review the present age structure and to consider if changes need to be made.

As a youth organisation, we have a responsibility to be constantly reviewing the programme we offer young people; to ensure it continues to meet a need. The emphasis of the curriculum in school and the influences upon Brownies, Guides, Rangers and Young Leaders out of school and at work are changing. The Girl Guides Association wants to ensure it is attracting young people to Guiding in 10 years time.

The brief of the Ad Hoc Committee is to take a 'global' look at the whole age range, taking into account child development, school changeover times, a reasonable period for holding a young person's interest and the need for flexibility. It is expected that the Committee will be ready to make recommendations to the Executive Committee in 18 months time.

At the end of our consultations and deliberations we may conclude that no change is necessary. On the other hand, if we do recommend changes to the present age structure, I cannot see any change being implemented before the mid 1990's, or possibly even later. The Committee is most anxious not to raise hopes or to incite speculation in any way, but at the same time not to be secretive about this review which is taking place. You can have total confidence in the present programme, knowing that no change will take place in the immediate future.

If you have a particular viewpoint you would like the Ad Hoc Committee to consider, please send it either through the Country or Region channels or write to me direct at Commonwealth Headquarters before the end of October.

Margaret R Banks
Chairman

Age Groups Ad Hoc Committee

OBITUARY

LADY GIBSON

It was with great sorrow that we learned of the deaths of Cecily and Maurice Gibson on Saturday 25 April.

Sir Maurice and Lady Gibson had strong links with Scouting and Guiding and had given a great measure of support to both Associations for many years.

Lady Gibson had been a dearly loved President of Ulster Girl Guides since 1980, when she succeeded Mrs Greeves. Prior to that time Mrs Gibson, as she then was, held a number of appointments in Belfast. She was County Commissioner for ten years, during which period she worked tirelessly to build up the financial resources of the County. This was a period of great unrest but there were no barriers in Belfast for Mrs Gibson.

Since becoming President, Lady Gibson did much to establish the new Ulster Council and gave unlimited support to Guiding events throughout Ulster. No invitation was too insignificant to refuse. She enjoyed young people and her infectious enthusiasm and participation made many a Guide event extra special for everyone.

Lady Gibson was a member of The Association's Council from 1978 until 1984 and contributed greatly to its deliberations.

Not only was she loved and respected in Ulster and in the rest of the United Kingdom, but also in many Commonwealth countries which she visited with her husband and where she always made a point of contacting local Guiding people.

Photo courtesy of Belfast Telegraph



(Left to right) Mrs S Hogg (Chairman Ulster 85 Committee); Lady Gibson (President GGA Ulster); Lady Baden-Powell; Mrs F Eves (ex-Chief Commissioner Ulster); Mrs Maeve Kennedy (General Secretary Ulster)

Some Thoughts

This passage was first printed in the Service sheet of Devon Girl Guides AGM.

The first part of the Guide Promise is 'I promise to do my duty to God', and only after that follows the promise to serve the Queen, and to help other people and to keep the Guide Law. Those three parts that follow the promise towards God are comparatively straightforward; we can understand what they imply even if they are not easy to carry out. But duty to God, well there's a whole realm of mystery.

But if it's a mystery, is it the proper subject for a promise? Well, of course, a promise towards God can't be made unless we have faith in God, and there's a whole realm of adventure, a great risking and abandoning and committing ourselves. Perhaps that sounds rather a strange sort of duty; or perhaps it gives to the notion of duty a greater sense of venture and discovery than sometimes hangs about that slightly stern word. To start to talk and to think about God is to open the door into a whole new dimension of living. If we are the kind of beings who can respond to God, then we have possibilities within ourselves which might otherwise be only the stuff of dreams.

Christians are those who believe in particular that God has come in Jesus Christ, and that in Jesus He lived and died and rose from the dead. In all this, God was shown as the God whose nature is love. But we still come to Him by faith, and He has left us our freedom in this.

So 'my duty to God' expresses our readiness to embark upon the great and endless venture of faith. If we do set our feet upon the path of faith in God, many other things come together for us, and dark places in life become filled with light. Of course it is not automatic. We have to practise the great things that have been given to us, prayer above all. Prayer opens us to God and lets God into our lives, to continue his work in us by His Holy Spirit. Worship together as the Church, expresses our belief that we belong to each other in God and before God.

'My duty to God'; a very simple phrase, but one which expresses a lifelong adventure of discovery, discovery of God and so of the true meaning of things. How exciting!

Richard Eyre
Dean of Exeter

News from WAGGGS

A session at the 26th World Conference in Kenya will be devoted to the Olave Centre project and there will be displays, a stall selling Olave Centre items and a fundraising bazaar.

The Conference participants will be sharing news of fundraising in their respective countries and will be hearing the following news: the fund total (as this issue of *GUIDING* goes to press it has increased to £2.96 million); about national and local groups with fundraising projects to 'buy' and 'name' rooms; about groups fundraising for some item(s) on the shopping list (several UK groups are fundraising in this way); about the trainings and hostel and student accommodation which will be available for Guides from all countries when the new Olave House is built.

A great many people are busy 'building for the future of the girls of the world'. Further details about 'name a room' opportunities and Shopping List options may be obtained from: Miss M King, Shopping List Co-ordinator, World Bureau, Olave Centre, 12c Lyndhurst Road, London NW3 5PQ.

In the UK the following groups have 'name a room' projects: Countries/Regions London/SE, N West, Scotland, Wales, Midlands, South West. Counties Devon, Edinburgh. Trefoil Guilds UK, NW England.



ROUNDAABOUT GUIDING RO



Flying High



Guiders Jaqueline McGoldrick and Doreen Copperthwaite and Guides Melissa Thurling, Margaret Daley and Gemma Abbots celebrate having successfully washed a mothballed Vickers Viscount aircraft. The event was sponsored and took place at the RAF Aerospace Museum at Cosford, Wolverhampton. *Photography by courtesy of the Birmingham Post and Mail.*

Stamp Ranger



One of the youngest revellers at the 50th anniversary celebrations of the 1st Taplow and Hitchin Company was young Sebastian. Sebastian is the son of a 1960's Guide and took rather a shine to 17 year old Young Leader Nicola Holt, surprising everyone, especially Nicola who had decided not to tackle the Child Nurse Badge as a Guide. Over 60 ex-Guides and Guiders went along and competed against today's Guides in a rounders match and a tent pitching speed race. *Photograph by courtesy of Miss T Britchnell.*

◀ Ranger Carole Beeson carefully trims a stamp from an envelope in aid of the Tenovis Bone Marrow Appeal. Carole, a member of Poole West Rangers, is very proud to be making a contribution to the appeal whose organisers are based at Boscombe Hospital, Bournemouth. *Photograph by courtesy of the Bournemouth Evening Echo.*

Celebration



UNABOUT GUIDING ROUNDABO

1916 and Then

Eileen 'Captain' Ford first became involved with Guiding at the age of 11, with the 2nd Havant Company, and has been a dedicated member ever since. She has held many offices, including Life Vice President of Havant Division, and is an active member of the Trefoil Guild. One of the highlights of 'Captain' Ford's career was being chosen as a representative for the Assembly for ex-Scouts and Guides in Denmark in 1955. After 70 years in the Movement 'Captain' Ford hopes to be able to continue for many years to come.

Photograph by courtesy of The News, Portsmouth.



Worshipful Wallington

Wallington Division are pleased to announce the blessing of their new standard. Guiders, Guides and friends did well to complete the standard which depicts Wallington Division's placing in Greater London West, as opposed to Surrey East in just under a year. The Colour Party were, from left to right, Jane Robinson, Hazel Peach and Yvonne Preston.

Photograph by courtesy of DN Field.



Crimewatchers

Guides from 7th Guildford Guides received certificates for completing a crime prevention syllabus devised by the Guildford crime prevention panel, at the Police Headquarters, Mount Browne, Guildford.

The syllabus was led by local Crime Prevention Officer, PC Steve Gooding. *Photograph by courtesy of Surrey Police Photographic (Ken Williams).*

INTERNATIONAL NEWS

Primary Health Care In Sri Lanka



Prevention is better than cure.

We hope the preceding five articles in *GUIDING* have helped to give you an insight into the Sri Lankans' way of life. The group felt very privileged to experience this life at first hand, and hope we have managed to share some of this with you.

Many of you may have been involved with the Primary Health Care Project and contributed towards that magnificent sum of £115,000 plus which is now in the hands of UNICEF. This money is being used for Primary Health Care and in Sri Lanka we were able to observe the need for and to participate in Primary Health Care Education. We hope there will be many more opportunities for Packs, Companies and Units to participate in the project in the future.

The area we were working in was Kalutara. It is marked in the south west quarter of Sri Lanka, east of Colombo. Research has shown that one child in every seven in Kalutara is *chronically* malnourished and one child out of twenty will be *acutely* malnourished. What does this mean? Let's look at a little girl in this situation. The weight chart shows the child grew poorly, a stunted child becomes a small mother; a small mother gives birth to a small baby; small babies suffer from restricted growth; girls who suffer from restricted growth become small mothers; and so the cycle goes on.

Undernourished children are much more likely to catch infections and illnesses. Diarrhoea is extremely common, and in developing countries each child has, on average, 10 attacks before the age of five. Dehydration, produced by diarrhoea, causes the death of one child in 10.

In addition, these children are much more susceptible to illness such as diphtheria, polio, measles, whooping cough and tetanus. In the UK we all accept immunisations against such infections as a matter of course. Yet in developing countries millions of children have no access to such preventive medicines and die of these diseases.

So what were we doing last summer to prevent this happening, and how is our money continuing to be used to further this cause? The Sri Lankan Girl Guides Association, in conjunction with UNICEF, have already been taking part in projects to improve water supply and sanitation, to encourage understanding of growth monitoring, oral rehydration, breast feeding and immunisation projects (GOBI) and to introduce educational programmes for pre school children (nursery schools), school drop outs and their own members.

We have joined forces with them to encourage further work, through UNICEF. In Sri Lanka we saw many people who did not have a toilet and did not understand the

importance of using one to prevent the spread of disease. We saw many people who, whilst understanding the need to keep clean, did not understand the need to use clean water to drink and even to brush their teeth with. We saw children who had not been immunised, and found a great lack of understanding in the use of growth charts.

With the help of the Sri Lankan Girl Guides Association and UNICEF, we held a workshop for 50 Sri Lankan health worker volunteers and 50 pre-school teachers. Afterwards, the health worker volunteers thanked us, as they felt better able to return to their villages to deal with their local problems. Similarly, the school teachers felt they had more ideas on how to put over the various aspects of health to their children through games and play.

Here is one of the games: 'Leeches'. This is a game used to explain the importance of wearing shoes on your feet. Hookworm and leeches are a terrible problem in Sri Lanka. Whilst leeches cause you no long term harm, hookworm gain access through your feet to the body's circulation and so to the gut. There they live as parasites, eating your food, and causing bleeding into the gut. As a result the child can become anaemic and malnourished.

- 1) One person is chosen as the leech.
- 2) The leech has to try to catch the foot of all the others.
- 3) When a player is caught, she has to hop.
- 4) When a player has been caught on both feet, she turns into a leech and helps to catch remaining players.



A group of girls play 'Leeches'.

- 5) The game ends when nearly everybody is a leech.

Thus, our money is already being put to good use, for example paying the bus fares of health volunteers to workshops or trainings, which they would otherwise have been unable to afford. This work will continue for many years and the only measure of its effectiveness will be to see an improvement in the general health of the population reflected in reduced rates of malnutrition and death.

The Sri Lankan Girl Guides Association is encouraging the establishment of new Guide Companies in villages and has introduced a Primary Health Care Badge into their syllabus. Guides are encouraged to do the badge and so learn more about such things as a good diet, how to obtain clean water, the proper methods for disposing of rubbish etc. This summer, another group of older Rangers and young Guiders from the UK will be visiting Sri Lanka to participate in health education projects. Are any of them near you (see June *GUIDING*)? Could your Packs, Companies or Units help? Could you supply them with their own personal first aid kit, some toys or presents to take with them?

WORLD CONFERENCE II



The gravestone of Lord Baden-Powell. The wreaths were placed on the grave by Guides.

This second article* was written immediately following the third briefing session of the United Kingdom's delegation to the 26th World Conference in Kenya. July seems a long way off. As you read this the delegation will be making final preparations as well as puzzling out how to fit everything into the 20 kilos luggage allowance. Before July there will be two more briefing sessions, the final one being a residential weekend.

The theme of the 26th World Conference is to be 'Our Vision for Tomorrow's World'. This theme will be a unifying feature throughout the Conference programme, as well as providing a focus for the opening ceremony.

The opening ceremony of a World Conference is always very special, involving many hours of careful planning, preparation and rehearsal by the hostess country. Kenya has asked every Member Organisation of The World Association of Girl Guides and Girl Scouts to state in one sentence its vision of 'Tomorrow's World'. After much discussion by some members of the delegation and with help from the Public Relations Department at Commonwealth Headquarters, the United Kingdom's vision of Tomorrow's World is 'The family of Guiding, working for a better world'.

There is to be a souvenir booklet for this year's Conference. For inclusion in this booklet all Member Organisations were being asked to include details about their country and its Guiding. The submission had to include factual information such as population, capital, etc, as well as a special feature summarised in ten words. The United Kingdom's special feature is expressed in the following words: 'Four coun-

tries, many cultures, one Guide Association - unity in diversity'.

The United Kingdom Girl Guides Association will present to the Kenya Girl Guides Association a gift to mark the occasion of the 26th World Conference. It has been decided that the gift should be in two parts. During the Conference The Chief Commissioner will present to Kenya, on behalf of all United Kingdom members, number 775 of the limited edition figurine which was produced to mark the 75th Anniversary of the formation of Guiding in the United Kingdom. She will also present a cassette recorder for which, it is understood, there is a need and which will be useful in training, at meetings and for general use.

Fitted into the Conference programme is a time when the WAGGGS member countries can meet in Regions. During this session, time is spent making plans for the next three year period and discussing subjects of mutual interest to members of the Europe Region. Jeannine de Caumont (France), Anneke Scholten (The Netherlands) and Hilda Ernegg (Austria), will complete their term of office on the Europe Committee at the end of the World Conference. All have been untiring in their efforts on behalf of 'Europe' and for this we thank them. Anneke is well known to many in the United Kingdom, for she was a speaker at the Training Conference held at Loughborough University in 1986. At the last European Conference held in Portugal in April 1986, three new members were elected to serve on the Europe Committee for the next six years. They are Sirkka Alikyla (Finland), Beatrice Messerli (Switzerland) and Elsa Tromborg (Denmark).

The delegation leaves for Kenya on 23 July. We fly out with a clear mandate from the Executive Committee on the United Kingdom's voting wishes, where these are necessary. The contributions each one of us makes in a session, in a workshop, or during informal discussion are however based on a working knowledge at every level of our Association. Any decisions which we need to make will be made in the light of how proposals will affect our Association at every level and not least in the Units.

The November issue of *GUIDING* will carry a summary of the Conference and you will have opportunities to hear more through Countries and Regions in the coming months.

Margaret R Banks

*The first article about the 26th World Conference appeared in the April issue of *GUIDING*. It is suggested it is read in conjunction with this article.



Airing

Caring

Sharing

Long Running Rangers

My Unit, the Weston Priory District Rangers (known locally as The Wozzels) were originally registered as 2nd Weston Super Mare Ranger Unit on 19 May 1926. Since that time there have only been four Guiders, and all four are former members of the Unit.

In 1986 we held a reunion and were pleased to welcome our four Guiders, but especially Miss Mabel Jackson-Barstow who was our first.

At the party we met three of the original Rangers, including one who had brought along her enrolment card.

I would be most interested to hear from anyone who was inadvertently overlooked last year, as old log books and records seem to have been lost over the past 60 years. Anyone wishing to write to me may do so c/o GUIDING.

Carol White,
Guider no 4,
Avon.

Bristol Before

We are investigating the history of Guiding in Bristol, since the 1st Bristol Company was registered in 1910. If any reader was a Guide in Bristol before 1974 and has memories which she could write down and send to us we would be very grateful. They may do so c/o GUIDING and this does of course include Brownies, Rangers and any others!

Miss L. Horlick,
Stoke Gifford,
Bristol.

Plaintive Plea

The Guide Company I used to belong to (1st Shenington, Oxfordshire) closed as our Guider retired and no-one was willing to take over. It is very sad when a village Company closes, this must be happening all over the country. What we need are more Guiders!

K Hancock, age 11,
Oxfordshire.



'Including one who brought along her enrolment card'

Chalet Champion

I was surprised to read a letter of complaint about Our Chalet (April, GUIDING). I have visited Our Chalet five times since 1979, as a day tripper with parties of adults as well as Guides. The welcome we received last year was by far the best. On arrival we sang the Chalet Song in the living room and at the end of our visit we were offered coffee, for which we were invited to make a contribution. These were both new experiences and in no way did we feel unwelcome. Infact we stayed longer than had been anticipated. I know that some adults have expected the Chalet to be like Waddow and are a little shocked that it isn't. But we must also remember that many Guiders have felt an unwelcome intrusion at Waddow and I know some who will never return.

Visiting Our Chalet really is an experience not to be missed and I do hope that no Guider has been put off taking her Unit to Switzerland just because of Judith Spencer's letter.

Branda Jones,
Division Commissioner,
Barnsley Central Division.

Riding For A Fall

I was glad to read in the article on pony trekking (April, GUIDING) that hard hats were compulsory at the trekking centre concerned, but appalled to see in the photographs, that the girls were riding in training shoes.

Training shoes have no heel and this means that it is possible for the foot to slip right the way through the stirrup iron making it impossible for the foot to be released in the event of a fall. A rider thus trapped would be dragged beneath the pony's hooves with no means of escape, and with probably dire results.

To comply with basic Pony Club rules, a boot or shoe with a hard sole and a heel must always be worn when riding.

I feel that it is important to point this out, particularly as the girls were all beginners.

S E Kearn,
Guide Guider &
Riding School Proprietor,
Taunton.

Thank you for the safety warning and for taking the time to write in. Most appreciated.

Training Department.

Happy Holidays

I felt I must write to you after reading the letter from Judith Spencer (April, GUIDING).

In August 1986 my husband and I were on holiday in Switzerland and decided to visit Our Chalet.

After train and bus journeys and a long walk and climb from Adelboden, our intention was just to view the Chalet. However we sneaked through the gate, to be met by a Swiss girl who turned out to be the cook. She was charming and promptly offered us food and drink. A young Yorkshire lass joined us, who was also very friendly. We had a tour of the house and grounds and met Guides and Guiders from all over the world. We exchanged badges, although I was not in uniform and had none to give.

It is such a shame that Judith felt so unwelcome, especially after so much preparation and expense, and I am sorry that she came away with such a bad impression.

Eileen Gibbs,
District Commissioner,
Witham North Division,
Essex.

Promise Postponed

I would like to tell other Guiders about our Promise Ceremony mishap. Originally we were going to perform the Ceremony on ice, at Peterborough Ice Rink. Due, however, to an unfortunate accident resulting in one of the mums going off to hospital, this idea was abandoned. The Ceremony took place instead in the back of a coach, late at night and on the way home. I'm sure Susan will always remember this, as it must be a rather unusual place for a Promise Ceremony.

Angela Noble,
Assistant Guider,
1st Sutton Bridge Guides,
Lincolnshire.

Airing

First Aid

After a busy May weekend, I decided to stay at home to catch up with my reading. I was much impressed by Wendy Smith's letter 'First Things First' (April, *GUIDING*) and agree with her remark. I was, however, somewhat surprised by the Editor's reply. If a first aider is travelling with a group, she can still carry sterile water by allowing a little time before starting out to boil some water and place it into a clean flask. This need only be a small 'coffee type' flask.

Mrs R Malhall,
District Commissioner,
Bow,
London.

Good as Guides

All too often we Guiders complain about banging our heads against a brick wall or the ingratitude of the girls after we have spent simply ages planning something for them, usually at the expense of our families; I thought it was about time to let everyone know what a smashing crowd the Landford Guides are. They come not only from Landford but from neighbouring villages without a Guide Company.

They have survived two five hour mini bus journeys on hard wooden seats without a single murmur of complaint. A camp in weather our District Commissioner says is the wettest she had ever camped in, without their spirits or sense of fun being dampened. Even a coach turning up two hours late while they waited cold and hungry in the rain couldn't stop the chatter and laughter. The list goes on.

Sometimes when I find it hard to quieten them down for important notices, I tend to forget how often I've been grateful for their smiles and laughter. They really are a great bunch of Guides.

Penny Fry,
Guide Guider,
1st Landford Coy,
Wiltshire.

Caring

Septuagenarian Brownies

Earlier this year the 1st Cambridge Brownie Pack celebrated its 70th birthday with a delightful party for past and present members. This Pack has enjoyed an unbroken history since 1917 and our former Brown Owl, now aged 90, would be very interested to hear of other Packs that have reached the age of 70 or more and have never closed.

The Anglia archives have nothing which might help us so I am hoping that this letter might catch someone's eye. I would be most grateful if anyone with information about septuagenarian Brownie Packs would write to me c/o *GUIDING*.

Alison Duke,
County Archivist,
Cambridgeshire East.

Let's Play Fair

As someone who joined the Movement relatively recently, never having been a Guide or Brownie, but wanting to give something back to the community, I have become increasingly disillusioned with the outdated attitude that some parents have towards us, the humble Guider. I am not quite sure whether or not it is because we now have to compete with a more affluent society but I lean towards the theory that the Guider has been stereotyped as a large ageing spinster who treats the children as if they are all potential vandals with no minds of their own.

I have met with ridicule from colleagues when they find out that I am a Guider. I

Sharing

am sure that a lot more could be done to combat such an outdated image. Guides and Rangers get favourable publicity connected with their outdoor activities, but for Brownies there seems to be only token appearances on *Songs of Praise* and *Blue Peter*, and always in the shadow of Guides.

I think it is about time that the Brownie was given a lot more publicity and an updated image. These girls are tomorrow's Guides, and perhaps even Guiders. The principles of the Movement are so relevant in the world today, so please don't let us fade away because of outdated attitudes.

Mrs J E Martin,
Folkestone,
Kent.



'Even a coach turning up two hours late . . . couldn't stop the chatter and laughter'

GIRL GUIDES ASSOCIATION

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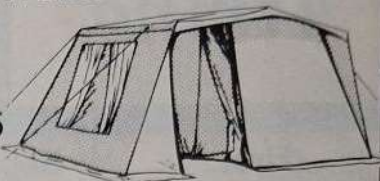
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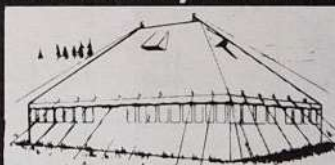
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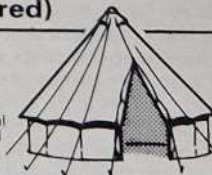
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The following art-based games are unique in that they are centred not on competition as most games are, but on co-operation. Indeed, although the objective is to win a game, this is only achieved by ensuring that no one loses.

Originally devised by a team at Kingston Polytechnic, as an educational tool for use with junior children, they have since been played with great success by children and adults of all ages, differing abilities and intellects. My own experience of the games has been with teenagers and young adults, and as an activity they seem to me to foster many desirable aims, while at the same time being fun to do.

The end result or target of a game is usually a large painting — though it could be a collage or craft object. Its execution requires the use of simple tools and art media and a certain amount of imagination and creativity, but more importantly it calls for co-operation, compromise and interaction between individuals and teams.

Put simply, the idea of a game is that two or more teams, each with their own design and ideas within a given framework, must find ways of retaining as much as possible of their own design whilst at the same time helping the opposing team(s) to do the same. The final result must be a unity, a synthesis of the ideas of all the participants in the game, achieved through the means of simple art techniques.

The process involves group interactions, learning to work together, opportunities for the expression of feelings and appreciation of the point of view of others, as well as the satisfactions and pleasures of participation and achievement, without the undue pride or loss of self-esteem which often go hand in

hand with games involving 'winners' and 'losers'. The final painting, which may be figurative or abstract, stands as a visual expression of all these things.

The Materials

A wall on which to hang a large piece of paper (or several sheets taped together) big enough for a number of people to work on at once. This large sheet of paper should be divided up into squares of about 15 cms, marked A B C etc across the top and numbered down the side.

Paints and large brushes and/or collage materials and glue.

Smaller sheets of paper, proportionate in size to the large sheet and similarly squared up.

Pencils and/or coloured pens and chalks.

It would be a good idea to provide protective clothing for participants.

A Game

With A

Difference

Inventing Games

The book *Art-based Games* by Don Pavey, published by Methuen, contains a number of games, but they are intended to be played with flexibility and it is easy to invent and adjust games to suit one's own situation, the time and numbers available etc as required.

1 The Story-line or Scenario

Think of a story-line which involves change or movement or exploration (see examples).

2 The Teams

Name the teams according to different and contrasting ideas or moods within the story-line.

3 Strategies

Allocate appropriate shapes, colours, symbols to each team.

4 Tactics

Define the appropriate techniques (brushwork, collage, stippling etc) for each team and the rules for dealing with contested areas, eg mixing of colours, overpainting, counterchange, outlining.

5 The Target

Suggest what the final result of the teams' work should be.

6 The Brief

Prepare a 'brief' for each team containing the above details and you are ready to play.

How to Play

Around 16 players is the upper limit for a game, but it is possible to play with only two. Games are usually about two hours in length but can be longer or shorter as required. It is advisable to put a strict time limit on the early stages of a game, leaving most of the time for the final big painting.

1 The story-line is read out, teams named and players seated in their groups.

2 After studying their team's brief, each player makes a design on a page of her

Continued on page 29



Illustration by Juliet Baker



Brus

Last year over a quarter of a million Scouts and Guides took part in the first ever national Scout and Guide Camp Cooking Competition, sponsored by British Meat. The finals were held last October in the grounds of St Paul's Cathedral, where the winners were the Robin Patrol of the 1st Sawbridgeworth Company and the Lion Patrol of the 112th Manchester Troop. Their prize, a trip to Brussels, was taken just before Easter.

Heidi snaps a shot



We arrived at Stansted Airport late on Tuesday afternoon and both Scouts and Guides were thrilled to see bright lights and cameras in one of the lounges. Unfortunately they weren't there for them. The cameras were filming an episode of the television comedy 'Executive Stress'. We eagerly began star spotting: was that really Penelope Keith and Peter Bowles? It was, and they very kindly signed autographs for the Guides.

Next we checked in and boarded the small Air UK plane. The flight was really quite smooth and the plane's crew friendly and helpful. Lee, one of the Scouts, was allowed on to the flight deck as we flew over the Belgian coastline. The plane was unable to land at Brussels airport for a while, so we spent minutes flying round in circles.

We passed quickly through passport control and customs and were met by our Belgian guides. They led us to a super luxury VIP coach fitted with brown carpeting and containing everything a traveller could wish for.

A short while later we arrived at the youth hostel where we were to spend the night. There were a few problems with the rooms, but these were eventually sorted out. Next we made our way to a restaurant, lavishly decorated in the Art Nouveau style of the beginning of the century.

The meal was superb; the Guides and Scouts sampled Spaghetti Bolognaise, chicken, and huge steaks. We all had great fun deciphering the menu which was printed in Flemish, but luckily the waitress was very helpful. After the main course we selected desserts which ranged from a delicious apple pie and chocolate mousse to a beautiful passion fruit sorbet, which the Guides and Scouts greatly enjoyed. After coffee it was back to the hostel and bed which was surprisingly comfortable, although very hot.

Early the next morning we woke and took showers; then we had breakfast; huge bowls of coffee or chocolate, bread, cheese and fruit.

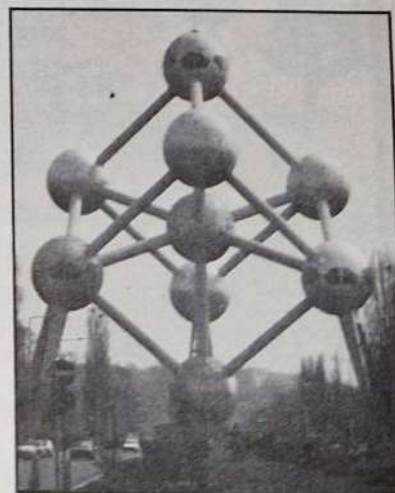
At 9.00 am we boarded a coach,

not the VIP one of the previous evening unfortunately, and set off for Waterloo, about 20km from Brussels. We stopped briefly at the market place in the centre of the city and took photos of the town hall and a beautiful Easter Window display.

After a ride through the suburbs of Brussels we arrived at the site of the Battle of Waterloo. Our first visit was to the panorama; a circular building which houses a huge picture of the battle around its walls. Models and effectively placed scenery helped to give the impression that we were in the midst of the battle. Outside the panorama is a large mound topped with a lion statue. Some brave souls climbed the 236 steps to the top where they were rewarded with a magnificent view. After coffee and chocolate we returned to the coach and headed to a restaurant for lunch.

We all had a set menu here: steak and chips, chips and more chips. Even the Scouts had had enough in the end. We were given a souvenir of our visit, which consisted of a huge bar of chocolate and a bottle opener depicting that famous Brussels statue and fountain, the Manneken Pis.

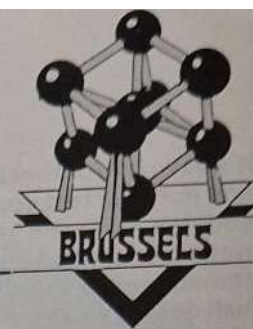
The afternoon was split into two. First we had a guided tour of Brus-



The Atomium

sels

1
9
8
7



Lydia and Penny restrain themselves

sels, stopping for photo calls at the beautiful Chinese Pavilion, the enormous Royal Palace, home of King Bedouin, and the unusual and unique Atomium. Our journey seemed to take ages, unusual perhaps because every single set of traffic lights turned red as we approached them. There seemed to be thousands of traffic lights in Brussels! We passed a building surrounded by high wire fences and our guide told us that this was the police dog training school. The dogs and their handlers were just beginning a training session as we passed, but unfortunately we were unable to stop and watch.

Eventually we arrived back in the centre of Brussels and spent a couple of hours looking around the shops. Most of the party decided to visit the Manneken Pis, others toured the famous Belgian chocolate shops and bought (and sampled!) many of the mouthwatering delicacies. We also looked at the shops selling lace, but the genuine article was far too expensive to buy. The Scouts and Guides managed to find a branch of a world famous American hamburger chain for a snack, while others found pavement cafes and bars and waited 45 minutes for a cup of coffee. At six o'clock we returned to the coach and set off for the airport.

After checking in we looked round the departure lounge, wandered through the many duty free shops and settled down to wait until our flight was called. Due to a 'go slow' by air traffic controllers it was delayed for an hour.

Eventually we boarded and set off for Stansted. The flight was fairly smooth and passed quite quickly. We arrived at a very quiet airport and were soon on our way home, tired but happy.

Thank you to everyone who was involved in the competition and to those who arranged the trip to Brussels. Finally thank you to Victoria, Penny, Heidi and Lydia of the Robin Patrol and to Derek, Michael, Nicholas and Lee, the Scouts, for behaving so well and proving themselves a credit to the Scout and Guide Movements.

Photos and report by
Lynn Hurdwell



The winners — just before take-off



Photo courtesy of Richard James

It's been one of those days; all you want to do is collapse and put your feet up, but it's Guide night. You gulp down your tea, throw on your uniform, grab your bag, ignore the ringing telephone and rush out, hoping that you have remembered everything. Then, as you stagger through the hall door, a voice behind you says 'I've brought my friend, she wants to be a Guide'. No matter who she is or what persuaded her to come along, for her it's all very new and the welcoming smile which you give will make all the difference.

Most people can remember what it was like to join a club, organisation etc; to know that the others are already established members. It is a situation faced with some trepidation, not least by the new girl at Guides and it is therefore important that in those first few weeks, the Guiders and Patrol Leaders do all they can to follow up the welcoming smile by helping the girl to integrate into the Unit and Patrol, and by preparing her to make her Promise so that she truly belongs in the Guides.

For new members who are brought by friends, or those who have no Guide links, a feeling of security must be created quickly. Keeping friends together and placing them in Patrols where they already know someone will help, but it is important to involve the Patrol Leaders, perhaps through the Patrol Leaders Council, in this placement, because it will be their job to ensure that the new girl is made to feel welcome in the Patrol.

When the new members come from Brownies, with forethought, the transition can be made easier. During their last year in the Pack the girls can be invited to one or two meetings, together with their Guider. By participating in Unit and Patrol activities, they will not only learn about Guides but will also get to know the girls and the Guiders and become known themselves, thus making their transition to Guides much smoother.

For new members, a feeling of security must be created quickly

This is just the beginning. How often do we open the meeting, play familiar games, use hand or whistle signals, use Guide expressions and initials and sing Taps etc, without giving a thought to those who are visitors or newcomers? It must sound very confusing to the outsider, so explanations from the Guiders or girls and the provision of words for Taps etc are needed to make the meeting more intelligible. It is helpful too if each Patrol, in its equipment, has a Handbook which can be loaned to a new Guide. She will then be able to look at it and find out about Guiding, the pre-Promise challenges, the Promise and the Law. It can also be

shown to those at home to explain to them something of Guiding today.

The feeling that everybody matters in the Patrol, including new Guides, can be encouraged by playing games such as these in which all the girls play a part.

Team Spelling

Each Patrol has an identical set of 10-12 letters. The Guiders have a set of clues, the answers to which are single words which can be made from the letters. The Guider calls out the clue. The Patrol stands up holding the letters to spell the answer correctly. (No girl may hold more than one letter until all members are on their feet: eg a girl in a Patrol of five can hold two letters in words with six letters or more.) Points can be given for correct words and for being first. The words can have a theme; camp, nature, international.

Pastilles Blindfold

Patrols in ranks at one end of the hall. At the other end on tables a plate per Patrol, with fruit pastilles and a fork. Patrols are blindfolded except PL who stands behind the table. At 'go' PL shouts behind to first Guide to get her to the table to pick up fork, stab a sweet, remove it from fork and eat it. Sweet-eater swops with PL who joins end of rank. Teams sit when all have a sweet.

Other ideas come from games books such as *'World Games and Recipes'*. Try 'The Giants House' and 'Gelignite'. The Promise section of the Guide Guiders PAC also encourages Patrol activity while thinking of the Promise.

While involving her week by week in activities and games, care must also be taken to help the new Guide carry out the eight Pre-Promise Challenges. To do this the Guider, Patrol Leader and new Guide work together as a team, planning what she will do and in what order. In the Handbook, pages 18 to 21, the challenges are outlined, but there is enough flexibility to enable the challenges to be matched to the activities which the Patrol and/or Unit have already planned. When girls have been Brownies, liaison with the Brownie Guider will be needed to avoid repetition of the work in the Brownies.

The purchase of a Handbook should be encouraged, so that the selected

Helping The Pre

challenges can be listed on page 21, but an alternative would be an individual record sheet within the Patrol records. Once completed, the record can be signed by the Patrol Leader or Guider. This will encourage record-keeping by the girl and enable progress checks to be made by the PL and Guider.

Take time to talk with her about what she has learnt

When there is no suitable Patrol or Unit activity planned, challenges to be undertaken at home will be necessary. It is important therefore for Guiders to understand the home background and to be tactful in difficult situations. Sympathetic, understanding adults are important to all girls, but particularly to those with problems, and a trusting relationship with the Guider can begin in this pre-Promise period.

'Do we really have to learn all the Laws?' In most cases girls expect to learn the Promise and Laws, but rote learning is insufficient, and while the Patrols and their Leaders can be expected to help the girl to complete the practical challenges, the Guider needs to take time to talk with her about her understanding of what she has learnt. When this is done is largely governed by circumstances. It may be before a meeting, during a meeting, at home, singly or in groups of two or more, but whenever and wherever it takes place, everybody needs to feel at ease or the whole purpose of the exercise will be defeated.

It helps to start by discussing promise-making in everyday life. All the girls will have made promises and usually will be prepared to talk about them and whether or not they kept them. From this it is an easy step to the making and keeping of the Guide Promise, for which each point can be looked at, together with what it means 'to do my best'.

Duty to God should be related to the girl's faith, remembering that Guiders must not ask her to do anything contrary to her parents' wishes. Activities related to this part might include adding to the Patrol or Unit prayer book, participating in Unit worship, finding out more about her own place

Promise Guide



Illustration by Juliet Baker

She is now a full member of the Guide Unit, ideally well-integrated into her Patrol, and ready to move to the next stage

of worship and its traditions or doing something to help her at her place of worship.

The Queen, as head of the country, expects loyalty from her subjects. Such loyalty is reflected in good citizenship: obeying the laws of the land; respecting the urban and rural environment; giving help to the needy and so on.

Now she is ready to make her Promise. This must be a special time for her

Practical activities based on these will encourage each pre-Promise Guide to be a better member of society.

Finally the Guide needs to talk about the Laws and how they relate to her. Which are easy to keep? Which are easy to break? How have all her pre-Promise Challenges fitted around them and the other parts of the Promise? By

helping the Guide to consider her Promise in relation to what she has done in her challenges, the Guider establishes the pattern needed for each of the Trefoil Badges.

She is now ready to make her Promise and become a full member of the Unit. This must be a special time for her. The Handbook suggests that her Patrol will help her decide what kind of ceremony it will be: with candles; with flags; at a barbecue; at Guides; on top of a hill? The possibilities are endless. They may also include an invitation to her parents for the Ceremony, which would enable the Guiders and parents to meet. Whatever she decides, at the ceremony she makes her Promise before the Guiders and Guides who are now her friends. Encourage her to sign the certificate on page 34 of the Handbook, to start her Trefoil Badge record by completing 'I made my Guide Promise on ...' and to choose and work on a target in the following week or two.

She is now a full member of the Guide Unit, ideally well-integrated into her Patrol, and ready to move to the next stage. As she progresses through the Trefoil badges and tackles the challenges and activities of the Guide programme, the Patrol is her base. Regular checks at the PL's Council, friendly interest and help when the occasion demands it and the annual talk about progress and the Promise, will reassure the Guiders that each new girl has settled in and is moving on. Meanwhile there will be other new girls who need to be welcomed and integrated, so as you grab your bag and rush to the next meeting ...

Be Prepared.

Carol Horne

*Available, price 60p from GGA shops and Trading Service.

WALKING SAFELY

You are probably wondering why it is necessary to write about walking techniques. After all, you may think it is simply a matter of putting one foot in front of the other! Where is the technique in that? For anyone taking her Unit out of doors for the occasional activity this observation is probably valid; walking is a natural activity.

Consider, however, walking for 10, 20 miles or more. In these circumstances, can walking be as natural an activity as breathing? Can you reach your destination with enough energy left to prepare supper or even drive home? With the right technique, you should be able to get up the next morning and start walking again, and enjoy it!

Acquiring the Right Walking Techniques

For the experienced walker, a systematic approach to building up stamina is to walk along lanes, canal towpaths, or way-marked paths with the intention of covering two or three miles, gradually building up the distance so that you can cover five or six miles without any discomfort.

Conservation of energy also needs developing as soon as possible. Avoiding unnecessary exertion is an asset well learnt, and one that can turn an afternoon into an enjoyable trek. How often do youngsters (and some adults!) rush off at the beginning of a walk, and find themselves flagging part way through?

The easiest way to conserve energy is to use the body efficiently so that it is neither overtaxed nor overtired. If you're unable to hold a normal conversation at any time whilst you're walking, whether it be on the flat, ascending or descending a slope, then the pace is too fast.

When the body is under stress or overtired, the safety margin is reduced, the risk of accident increased and energy resources are often found to be insufficient to cope effectively with any emergency that may arise.

Thus the aim is a natural, effortless walk. The legs should swing forward in a natural, easy stride, with little movement of the arms, while the hands should be free. Aim to develop an even, rhythmical pace that suits the slowest walker right from the start of the walk, thus ensuring that there is a reserve of energy for emergencies, or for rougher, more difficult ground. On rough ground look for routes that avoid jumping or over-striding which, in turn, avoids undue strain on the ankles and joints and the possibility of overbalancing or, worse still, suffering sprains or broken bones.

Walking Techniques by Pat Checketts



Juliet Baker

You can cover five or six miles without any discomfort

Ascending or Descending Slopes

On gradients, the same technique needs to be applied; deliberate rhythmical steps and contact with the whole of the foot on the ground whenever possible. On gentle gradients the pace used on level ground can usually be maintained, although you may need to 'change gear' by reducing the length of your stride. On steeper slopes, in order to conserve energy, the pace will definitely be slower and the stride shorter. On particularly steep slopes, adopt a zig-zag route, thereby reducing the angle of the slope and the effort needed to ascend or descend it. Sailors adopt this technique when sailing against the wind. Tack across 45° for a few steps, followed by a similar number of steps at the same angle in the opposite direction. Although this method makes the route slightly longer, it requires less effort and produces less strain than going directly up or down the hillside.

It is always better to conserve energy by maintaining a slow steady pace; avoid the temptation to rush to the top. Far better to proceed slowly on the ascent (taking pauses will only break the rhythm of walking), arriving at the summit able to admire the view, than to arrive completely shattered and out of breath.

Some inexperienced walkers are often surprised to find that descending a steep slope is usually more taxing

than ascending it. A long descent in particular is wearing on the muscles on the front of the thighs, knees and ankles. To reduce the strain, tack down the slopes, again selecting firm ground, dig the heels in firmly, bending slightly at the knees to absorb any jarring as the foot makes contact with the ground.

Ground Surface

The type of ground surface or the condition of it can have severe effects on the pace and the energy of the party out walking. Always stay within the limits dictated by common sense. Traversing rock, boulders and scree requires care, and can easily result in broken legs or sprained ankles.

Rests

Various aspects of walking technique have been discussed, but one that is often disregarded by the inexperienced walker is that of rest. Tiredness, however, is not fun and means stress, strain and an inefficient body, which in turn, creates a reduced safety margin. The frequency and length of the pause will vary with the fitness of the group members, weather and terrain. But remember that a lengthy pause of more than five minutes will cause the muscles in the legs to begin to stiffen, especially in the cold. Remember that too many rests will prevent a steady rhythm from being maintained.

Hot Weather Walking

Never ignore the special requirements of hot weather walking. Hill walking in heat can be exhausting, and making steady progress, not hurrying, is important. A sheltered place to stop will be necessary, because once you stop, the cooling breeze or wind will soon chill a sweating body. Have your jersey ready! Remember that adequate drinks will be required to replenish fluid lost by perspiration. Take a shady hat and suncream and wear light absorbent clothing.

Whatever your level of expertise walking skills can be practised. Develop the right techniques and enjoy your walking.

Suggested Reading

The Walkers Handbook, H D Westcott, 1980
Mountain Craft and Leadership, E Langmuir
Scottish Sports Council and Mountainwalking Leader Training Board, 1973.
 NB We have been recommending, throughout the series, Eric Langmuir's book **Mountain Leadership**, 1973 edition. It has been brought to our attention that the new edition of this book came out in 1974 and is now called **Mountaineering and Leadership**.

Programme Notes

Patrol in Action (camp)

Waddow — 1-8 August 1987

This is an opportunity for Guide Patrols to come to camp in the grounds of one of the Association's Training Centres.

The Patrol will work together during their stay and so they need to be a real Patrol, not a group of Guides put together especially for the event. The girls do not necessarily have to have previous camping experience although this would be useful. They will be involved in an exciting and interesting programme during the week.

Walking at Waddow

Waddow — 3-6 August

Remember those training weekends when you wished there was time to explore the lovely countryside around Waddow: Pendle Hill, the Ribble Valley, the Trough of Bowland, the Yorkshire Dales? Now's your chance! Come and enjoy a few days walking and relaxation and bring your husband or a friend.

There will be walking for all abilities and someone to help with the route planning.

Walking Safely Training: Severe Level

Blencathra — 31 March-5 April 1988

This training is for Guiders experienced in walking in difficult country (as defined in the Walking Safely section of the Outdoor Manual) and will include theoretical and practical training in those extra skills required for walking and leading groups in severe level country.

This course will be based at the Blencathra Centre, Threlkeld, Keswick, where full facilities are provided in the large house.

In addition to the course, an optional two days (7-8 April) are available for pleasure walking and getting to know this area of the northern Lake District.

There are a limited number of places, and all on a first come-first served basis. The cost of the course will be £55.00. The cost of the optional two days will be £20.00. Both prices include food and accommodation.

All applications should be made to: **CHQ, The Training Department, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT.**

Trainers: Alan Brassington, Doug Taft, Peter Brassington, Marion Beeley, Lynn Trussell, Hazel Jenkins.

Prospective Trainers

Waddow — 2-4 October

Foxlease — 4-6 December

An ideal opportunity for all those who have already begun the process of becoming a Training Licence Holder to meet other Guiders in a similar situation, from a variety of the UK's Countries and Regions.

Set in the Association's training centres, these weekends will provide valuable training sessions taken by experienced trainers, with the bonus of being able to discover the wide range of facilities the centre has to offer.

It is hoped that the trainings will complement the training available in your Country/Region, and requests for particular training help will be welcomed.

Trainers: Elizabeth Smith and team.

The District Team

Foxlease — 11-13 September

9-11 October

Waddow — 16-18 October

The emphasis at these trainings is on the District Team and the value to be gained from working together and discovering the support members of the District can give each other. Help is given in understanding how the Programme develops from Brownies to Guides to Rangers and how District events can be used to encourage self-programming at all levels. It is an ideal opportunity to get to know each other in a relaxed atmosphere and to exchange ideas, skills, problems and experiences. District Commissioners are asked to bring a group of Guiders from all Sections and of all levels of experience. If your District has no Ranger Unit, perhaps the Ranger Guider of the Unit which serves your District could be asked to join you.

Trainers: Pat Marshall, Pat Jackson, Ann Lampson, Margaret Harrop

TRAINING

AUG

SEPT

OCT

Foxlease,
Lyndhurst, Hants S04 7DG
Tel. (Lyndhurst) 042 128 2638

Broneirion
Llandinam, Powys SY17 5DE
Tel: (Caersws) 068 684 204

Netherurd
Blyth Bridge, West Linton,
Peeblesshire EH4 7AQ.
Tel. 0968 82208

Foxlease

August
11-24 Trefoil Guild Holidays
27-
1 Sept Junior Council

Waddow

August
1-8 Patrol in Action in Camp
3-6 Walking at Waddow
8-15 A Taste of the North
20 Aug-
3 Sept Trefoil Guild Holidays

Netherurd

August
3-8 Adventure Week for Guides (by
County allocation).
15-28 Holiday Period for Trefoil
Guild and others.

Broneirion

August
2-7 Guide Event - Explore the Arts
9-13 Guide Event - On Target
16-20 Guide Event - 4 Days of Fun
22-29 Brantwood Chamber Music
Society

Foxlease

September
4-6 Berkshire
11-13 The District Team
18-20 Hampshire North
25-27 1 Exeter Division
2 OAA's and Advisers for Handi-
capped Members

Waddow

September
11-13 Flower Festival
18-20 Midlands Launch Weekend (by
allocation)
25-27 1 CCIA's
2 Side Group for experienced
and prospective Ranger
Trainers

Glenbrook

September
18-20 Canoeing, Caving, Climbing

Netherurd

September
4-6 Music in the Programme
11-13 Young Leaders
18-20 Ranger Guiders
25-27 Brownie and Guide Guiders
(places reserved for Ross-shire)

Broneirion

September
4-6 Llais-y-Ddraig
11-13 Rhymney Valley Division
18-20 International Selection
25-27 West Glamorgan

Lorne

September
11-13 Fermanagh
18-20 Belfast Trefoil Guild (Provi-
sional)
25-27 Londonderry City and Council

the centre.

The Outdoor Activities Bursary is available for Guiders Rangers and Young Leaders attending training/assessment courses to achieve National qualifications. Application forms available from CHO.

Foxlease

October
2-4 Herefordshire
9-11 The District Team
16-18 London and South East
23-25 London and South East Launch
Weekend (by allocation)
30-
1 Nov Wiltshire South

Waddow

October
2-4 Prospective Trainers
9-11 North West England Launch
Weekend (by allocation)
16-18 The District Team
23-25 Lancashire South-East
30-
1 Nov North East England Launch
Weekend (by allocation)

Broneirion

October
2-4 Clwyd
9-11 Pembrokeshire/Ceredigion
16-18 OAA Conference
24-28 YL Event
30-
1 Nov International Selection

Netherurd

October
2-4 Brownie and Guide Guiders
(Leith Division, Edinburgh)
9-11 Districts (District Commissioners
with up to eight of their Guiders)
16-18 Brownie and Guide Guiders
(Newcastle)
23-25 Brownie and Guide Guiders
(Banff/Buchan and Raeburn
Division, Edinburgh)
30-
1 Nov Brownie and Guide Guiders
(Erskine District)

Lorne

October
2-4 Queen's Guide Award
9-11 Arts
16-18 Towards the Adult Leader's
Certificate
23-25 Ulster Junior Council
30-
1 Nov International

BURSARY HELP AVAILABLE

For full details of how to apply, and who is eligible for Bursaries, District Commissioners should write to the Training Secretary, CHO (Scottish Commissioners should apply to Scottish Headquarters). Applications must reach CHO at least two weeks before the date of the Training. Bursaries cannot be issued in retrospect.

The Fee Bursary entitles the Guider to £3 for a two-day weekend and £1 for each additional day. This is deducted from the fees at the Training Centre. The Fare Bursary (available only for travel to the nearest Training Centre) carries a rebate of a Guider's travel expenses in excess of £3. This is paid at the Training Centre.

Note: These cannot be issued for Regional Weekends at the Training Centres or for courses at Glenbrook. The CHO Training Centres Bursary entitles Guiders to two-thirds of the fee for a two-day weekend training at Foxlease, Waddow and Glenbrook. The bursary is deducted from the fees at

HEAR

a
n
d

NOW

Be adventurous — try something new! Still not decided what you want to do come September? Have a look at Lynne Hurdwell's article on the Certificate of Pre-Vocational Education and see if it appeals to you. Have you discovered any interesting recipes recently, especially while at Camp? Wick Ranger Guide Unit decided on an interesting project for their European Challenge and involved the local Brownies, Cubs & Scouts in it too. Write and let us know how your European Challenge is going. Please send all letters, articles, comments and photographs to: 'Hear & Now', c/o The Programme Dept, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

Royal Trust

I recently had the great honour of being chosen, along with a Littlehampton Ranger and my Ranger Leader, to represent the GGA as one of the organisations helped by the Royal Jubilee Trusts. (We are working as Rangers at Amberly Chalk Pits Museum in Sussex.)

It was an amazing couple of days which involved meeting people from other organisations and finding out about the projects in which they are involved.

We spent a night at Baden-Powell House and travelled to the Jubilee Trust on Thursday 5 March, where we all helped with last minute preparations before the Queen and Prince Philip arrived. By 2.30 pm excitement was mounting and 2.45 pm saw us at the front of the Trust House forming a Guard of Honour for the Queen.

I will never forget when the royal couple stepped out of the car; the feeling of pride to be representing the Guide Movement was great. The Queen and Prince Philip then proceeded into the Jubilee Trust to look at the new building in Jockey's Field and

talk to some groups funded by the project. A plaque was then unveiled and everyone went inside to join a tea party.

When the Queen had signed the visitors book it was my duty to serve the Queen with her tea and then make sure food was in plentiful supply for all the guests.

When the events were over and the royal cars had left, everyone gradually relaxed. We were pleased that it had all gone so smoothly.

Another memorable event was meeting the Chief Commissioner, Dr June Paterson-Brown, who expressed her pleasure that we were there and later introduced me as 'one of her girls'.

I know I speak for all of us when I say that moments like that make you really proud to belong to the Association. Although everyone may not be as lucky as we were in meeting the Queen and Prince Philip, as well as our Chief Commissioner, we can all feel proud.

Sarah Connor
Bognor Regis East Rangers

Insite

Foxlease: 3-5 July

Canoeing, caving & climbing

Glenbrook: 10-12 July

Ranger/Young Leader Event

Netherurd: 11-16 July

Insite

Waddow: 17-19 July

BGIFC Guiders & Guides

Foxlease: 20-25 July

Adventure Week

Waddow: 26 July-2 August

Music Summer School

Foxlease: 29 July-6 August

Patrol in Action in Camp

Foxlease: 1-8 August

Walking at Waddow

Waddow: 3-6 August

Duke of Edinburgh's Award/Queen's Guide

Glenbrook: 16-18 October

Young Leader Event

Broneirion: 24-28 October

Ranger/Young Leader Training

Lorne: 6-8 November.

Face Fax

What about this for an unusual place to have an Investiture? We visited BBC Television Studios in Manchester for the final recording of the TV programme 'FAX'. We had previously written asking for permission to have our Investiture Ceremony, for five of our Rangers, on the 'FAX' set and received a very nice reply from the Producer saying Debbie Rix, Bill Oddie and Billy Butler, the three presenters, would be pleased to be present at the Ceremony.

We used the actual area where the show is recorded, surrounded by lights, cameras and technicians, and with the three presenters joining in our Ceremony. Afterwards they stayed, talking to the Rangers, posing for many photographs, and signing a variety of pieces of paper with their autographs.

An evening, I think, the Rangers will always remember.

Margaret Staines
Ranger Guider
2nd Heywood (St Lukes) RGU



Euro Challenge

Here is a report from the 1st Wick Rangers on their European Challenge service project.

In your letter accepting our entry into the 'Bridge for Europe Project' you said you would like to hear how our project progresses. We were fortunate to find that the Forestry Commission at Rumster Forest were delighted with our idea and very eager to help, in many ways. They gave us wood and the plans to make our Coal Tit boxes free of charge, and brought the wood up specially for us from Elgin. The Youth Training Scheme here in Wick gave us advice and the use of all their equipment so that we could make the boxes. We made 14 boxes, which we numbered, and allocated a box to each Brownie Pack, Guide Company, Cub and Scout Troop in our area, so that the whole local Movement could join us in our project. The Rangers who are also Young Leaders, explained our project to their respective groups and showed them the chart that we put up in the Rumster Centre, so that each group that stayed in Rumster would take note of any activity at our boxes.

Today, 21 March 1987, we put up our boxes in the forest, which was snow covered and quite beautiful. We all enjoyed ourselves very much and look forward to many further visits to check on our boxes. The Forest Ranger responsible for wild life came with us to help and advise on placing and has agreed to come and explain other conservation activities in the forest that we can undertake.

Wartime Rangers

After hearing about her daughter's Ranger Unit's activities, Mrs Grace Stalback decided to let us know how Rangers were equally fun, if a little different, in the 1940's in Nottingham.

I was about 17 years old and one of the youngest Rangers in our Unit. There was no age limit, which I think was a help, as the older ones would tell us what they did and how they went camping in the early days of Guiding.

We used to meet in an air-raid shelter underneath the Convent School and, having braved the black-out and smoke-bins which lined some main roads, we arrived without little shaded torches. I also remember that we made soft toys from old coats and stuffed them with unravelling stockings. What a time it took, but was much appreciated as toys were practically non-existent then. We also gathered rosehips, which were sent to the Ministry of Food to be processed into syrup for invalids and babies.

A test we took was a Home Emergency Service and consisted amongst other things of putting out an incendiary bomb! We had a lot of fun even in wartime.

County News by D Coombs, Ranger

On Friday 13 February, a group of Rangers, Scouts and Young Leaders left Harlington for a weekend at the Hillingdon Venture Base, Cwm Pennant, North Wales.

As a Ranger Guide, I had been trying to think of a place to make my Promise and decided, a few days before I left that I would like to be Invested while we were in Wales.

I talked it over with my Guider, Kay Snelling, and we decided that we would probably find a pretty place on our hike in Snowdonia for the Ceremony.

Towards the end of our hike, we came across a beautiful waterfall, next to the Watkin Path. There was a small bridge going over the waterfall. I decided to make my Promise on the bridge.

We were surprised to find that Mr Snelling had brought the Ranger flag with him in his rucksack. Two other Rangers held it up behind us. I was a little embarrassed because everyone was looking at us.

I had a very enjoyable weekend and appreciate the work that Mrs Snelling and her 'team' put into organising it all for us.

Erratum

It has been drawn to our attention that we omitted to credit the photograph accompanying the article 'Earley Rangers take up the Challenge' (Hear & Now, page 23, May GUIDING). We are of course very grateful to the Wokingham Times for allowing us to publish the aforementioned photograph and apologise for any inconvenience caused.

Editor

I THINK WE HAVE TO
FACE THE POSSIBILITY WE'VE
PICKED UP THE WRONG PLANS



Young Leader Scheme - II

Imagine Brownies playing an exciting game as part of their Pack meeting, or Guides busily working away at Patrol activities, and there in close proximity is a young person with a cheerful disposition who is helping these Brownies and Guides enjoy the great game of Guiding.

Most people would immediately recognise this young person as being a Young Leader. To many adult members of the Movement, and in some cases the Young Leaders themselves, this is what being a Young Leader is all about; helping in a Unit. You know, of course, that there is much more to it than this.

Part II of the Young Leader Scheme is that which is most closely involved with the Unit and what goes on at Unit meetings, but it also involves many of the other aspects of a leader's role, such as the keeping of records, making visits to other sections and attending trainings.

You need to have reached your 16th birthday before you are assessed for any of the clauses in Part II. That does not mean however that for the first year of being a Young Leader you sit around just watching the action. Of course, during the year you will try out ideas in most of the clauses. No one would expect to get something new absolutely correct at the first attempt, so this time is well spent in practising these clauses, getting together all the necessary bits and pieces of equipment, (eg clauses 3, 4, 5, 7, 8, 10), and acquiring the leadership skills to go with them.

Several of the clauses in Part II (eg 1, 2, 6, 9) are designed to help you have a better understanding of some of the basic principles of Guiding. Working for at least a year with a Unit means that you will cover all aspects of the programme, not just the Eight Points but camp/Pack Holiday, Thinking Day and other special events. Then there are the visits to other Units; these are most important as they enable you to see that your Unit is not just an isolated group 'doing its own thing', but part of the complete family of Guiding. Of course this can be difficult because of the time and transport involved if you live in rural areas, on one of the numerous islands around our coasts or indeed even in some large urban areas. However I've never met a Young Leader who wouldn't accept a challenge.

To take a full part in your Unit you will need to get new ideas from somewhere, hence clauses 3 and 12. Attend all the trainings you can, not just four, and look for ideas in GUIDING and the other books and publications, including the Young Leader File.

by Priscilla Oats, YL Consultant, Anglia

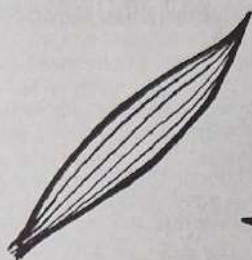
Scavenger Hunts

These can be played by Brownies or Guides. Challenge the girls, either individually, or in Sixes or Patrols. Remember that some wild flowers may not be picked, and do not pick other wild flowers in large quantities.

LEAVES



Simple



Sword/Linear



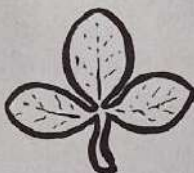
Hand Palmate



Lobed

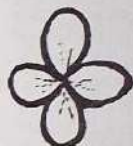


Ladder



Trefoil

FLOWERS



4 Petals



5 Petals



6 Petals



Daisy Style

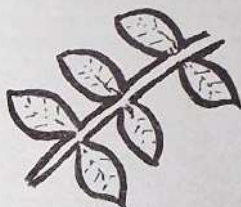


Bell Flowered



Pea Flowered

How are the leaves attached to the twigs?



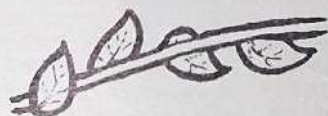
Opposite



Alternate



Whorls



Spiral



Rosettes



Clasping

Illustration by Duncan Rae

What Next?

At the age of 15 and 16, young people of today are faced with many confusing choices: do you stay on at school or go to college; do you leave school and get a job or join the ranks of the unemployed? Within each of these choices are further dilemmas: what subjects do you study; what courses are available; what exams can you do? If you decide to leave school what jobs are there, and what do they offer you? In this article I'll be looking at a few different options which I hope will help you to decide what to do.

If you intend going on to university you may already have decided to stay on at school. In this case you will probably already know a little of what to expect of the sixth form. This form is totally unlike other years at school; the atmosphere is more relaxed and you are likely to have more free time to study. How relaxed however, depends on the school you go to. Some schools may have special rooms or whole blocks set aside just for the sixth form, while in others the pupils have to fit in with the rest of the school. The amount of freedom allowed in the sixth form is often the first thing that hits many people, so much so that they take life too easy and fail to do any studying; try not to let this happen to you.

Many people stay on into the sixth form to re-take exams or to add more to those they already have; a choice which is becoming increasingly popular nowadays because jobs are so hard to find. For this reason too, people stay on at school when they'd really rather be working. This is one reason why the Certificate of Pre-Vocational Education was established in 1985. It is designed for students who are looking for a year's general education before they decide what to do, or for those who know what to do but want experience in that particular field. At the end of the course students get a certificate and a record of their experiences and achievements to show to future employers.

CPVE can be studied at school or college and can take many forms. Students can for example study business and administrative services, services to people, arts and the community or office services among others. What is different about the course is that students plan their own course work, put in valuable work experience, take conventional exams or set up their own company to learn how businesses function. CPVE also teaches you how to obtain a job and other related skills so that you can present yourself well to an employer.

For an example of what can be done on a CPVE course, the arts and community CPVE offers all of the following: stage and music production; art and design; video techniques; information technology; communication and numeracy; plus career guidance and tutorial support. Also available are GCE's in English language and Drama. On completion of the course further opportunities are available to you, such as employment in theatres, advertising or local press. Or you can take courses in media studies or the arts, or perhaps go on a training scheme.

There is no conventional exam at the end of the course, the work done throughout the year counts towards your final success.

If CPVE appeals to you, make enquiries at your local careers office and see if it is available in your area.

As mentioned, CPVE can be taken at college, but colleges also offer an amazing variety of other courses. You may decide to leave school and go to college, either to study for higher qualifications or to study a subject that interests you and will help in your future career. In this case you will have to get hold of a prospectus and see just what is on offer. A prospectus of one further education college I looked at included courses in catering, dental nursing, secretarial skills, pre-health and social services, car maintenance, electronics, computers and many more.

Some courses require you to have a job or apprenticeship in a firm which will pay for your training. This is especially the case with many catering and electronic courses. At the end of your studies you could be guaranteed a job with that company.

College life is completely different to school and it can take some time to adjust. Holidays are usually longer and so is the working day. There are fewer breaks and yet a lot more freedom. People of all ages use further education colleges, so you could find many older people on your particular course. College is a sort of 'halfway house' between school and university; life is more relaxed, you

generally have more say in your studies and tutors tend to treat you as an adult.

If college is for you, discuss the various opportunities with your parents, teachers and careers office.

It is worth remembering that many college courses only take those pupils who have attained certain exam grades. Remember to apply in plenty of time for the course of your choice. Most colleges start accepting applications in January or February, so if you are entering the fifth year this September, start thinking about your future now.

These are just a few of the opportunities open to 16 year olds, there may be more available in the area where you live. To find out exactly what is on offer to you, talk to your parents, teachers and careers officer. The careers office can be a great source of help as you may have already discovered. Not only can the specially trained officers help you to choose the right career, they can also advise you on the best possible courses for your future. Remember, whatever you want to do, the final choice must always be yours!

Lynn Hurdwell

Fun Challenge Weekend

On Friday 15 November 1986, 35 Ranger Guides, Young Leaders and Guiders from North & South East Essex arrived at Brooklands, Chelmsford, Essex, for what was advertised as a 'Fun Challenge Weekend'.

The Friday evening was spent getting to know each other, eating supper and listening to a short introductory talk about the rifle/pistol shooting activity which was to take place the following day. After this, one of the main challenges of the weekend started. Each participant was given a piece of canvas to make a portion of a rug. Instructions were given and wool and hooks provided. Any design was acceptable. These pieces will eventually be joined together to make a rug for Hautbois House, Anglia's newly acquired regional centre. Rug making continued until the 'wee small hours' and several sore fingers were examined in the morning.

Saturday morning arrived and after breakfast the group split into three to participate in a round-robin of activities. These were archery, car maintenance and 'streetwise' self defence. These activities were naturally interrupted at regular intervals for nourishment. Our excellent instructors all accepted our invitations to lunch and we all spent a rewarding day.

Saturday evening's activities included aerobics, rifle/pistol shooting and, of course, dinner. Most of the group proved to be excellent markswomen and, needless to say, were quite pleased with themselves. During the latter part of the evening, rug making was in evidence again. Some pieces had grown considerably, some not so much. Some now sported intricate patterns, some were brightly coloured. The whole place was a veritable hive of industry.

Mike Rees arrived to challenge the group to 'Now Get Out Of That' on Sunday morning. This exercise proved most entertaining and thought provoking. The whole group entered into the spirit of this activity with gusto.

It was then time to change for lunch, for which our two County Commissioners and Mrs Pat Todd and Mrs Liz Rowan were to join us. After our excellent lunch and speeches, Mrs Liz Rowan gave us a personal view of her visit to India. This proved most revealing and aroused much interest. Having concluded our weekend's activities we closed with our thankyou's and goodbyes, followed by Taps.

This weekend would not have been possible, if it had not been for Mrs Joan Pluthero, who 'held the fort' on Saturday and for the Young Leaders Advisers and the Ranger Advisers of both Counties working in co-operation together.

Thanks to all those who participated so well and made the weekend such a resounding success.

Janis Collis, Ranger Adviser

CALENDAR

NOV

DEC

JAN

Glenbrook
Bamford, Nr Sheffield S30 2AL
Tel: (Bamford) 0433 51567

Foxlease

November

6-8 South West England
13-15 Tutors (throughout C/Rs)
20-22 Avon South
27-29 South West England Launch Weekend (by allocation)

Waddow

November

6-8 Warwickshire
13-15 Music in the Programme
20-22 Wirral
27-29 North West England Launch Weekend (by allocation)

Glenbrook

November

20-22 International

Netherurd

November

6-8 Trainers and Commissioners
13-15 Brownie and Guide Guiders (East Division, West Lothian and Lenzie District, Dunbartonshire)
20-22 Netherurd Singing Circle
27-29 Brownies and Guide Guiders (Fife)

Broneirion

November

3-5 Trefoil Guild Training
6-8 Welsh Trainers Conference
13-15 Powys
14 Programme and Training Committee
20-22 Carmarthenshire
27-29 International Selection PR Advisers

Lorne

November

6-8 Rangers/Young Leaders
13-15 South East Belfast
20-22 Tyrone
27-29 Trainers/Training Co-Ordinators' Day

Lorne
Craigavad, Co Down
Ulster BT30 0BS.
Tel: (Holywood) 02317 3180

Foxlease

December

4-6 Prospective Trainers
29-
3 Jan New Year Training

Waddow

December

4-6 Anglia Launch Weekend (by allocation)
29-
2 Jan New Year Training

Nethururd

December

4-6 Brownie and Guide Guiders (Hamilton Division, South Lanarkshire)

Broneirion

December

4-6 Christmas Arts
12 Executive Dinner

Lorne

December

4-6 International

Waddow
Clitheroe, Lancs BB7 3LD
Tel: (Clitheroe) 0200 23186

Foxlease

January

8-10 Wiltshire North
15-17 Woking Division
22-24 District Team
29-31 Middlesex South West

Waddow

January

8-10 District Team
15-17 North West England
22-24 Lancashire South
29-31 Lancashire West

Glenbrook

January

22-24 Instructors

Lorne

January

8-10 International
22-24 South Antrim
29-31 Guides' Activities

Fees at Foxlease and Waddow

Shared room per day	£9.50
Double room per day	£10.00
Single room per day	£10.50
Deposit of £5.00 cheque or postal order only.	

Fees at Lorne

(Per weekend)

Ulster Guiders (18 yrs +)	£12.50
Ulster Rangers/Y L's (under 18)	£10.50
Non-Ulster Guiders	£18.00
Day only	£8.00

Fees at Glenbrook

Shared room (for weekend course)

£17.00.

All activities, equipment and VAT are included. Optional activities extra.
Deposit of £5.00 cheque or postal order.

Fees at Broneirion

Shared room per day	£8.50
Double room per day	£9.00
Single room per day	£9.50
Deposit (non-returnable)	£2.00

Fees at Netherurd

Shared room per day	£7.50
Double room per day	£7.75
Single room per day	£8.00
Deposit	£2.00
Training for non-residents	£0.50



Foxlease



Lorne



Broneirion

CAMPS and HOLIDAYS

For applications and details of all camps and accommodation at the Training Centres write, enclosing a sae, to the Secretary of the appropriate centre (addresses are found on the Training Calendar). Suggest dates and state approximate numbers.

Netherurd

Camp Sites

Applications for equipped sites (four) are being considered now.

Brownie House

Bookings for the Brownie House for Easter 1988 onwards are being accepted now. During Scottish school holidays priority will be given to Scottish Packs.

Ranger Bothy

The Bothy is equipped for eight Rangers and two Guiders. One Camp Site, the Brownie House and the Ranger Bothy, are suitable for handicapped members.

Lorne

Lorne will be open as a holiday centre during July and August 1987. In pleasant grounds with lovely views and quiet surroundings on the shores of Belfast Lough, Lorne is only six miles from Belfast and is a good centre for sight seeing tours. Special terms for parties of Guiders taking the house and wishing to do their own catering.

Camp Sites

Lorne offers fully equipped or unequipped camp sites with solid shelter. Calor gas available. Applications should be sent to: Miss Cynthia Mayne, 8 Kilmakee Park, Belfast, BT5 7QY. Tel: Belfast 792457.

Irene McKibbin Memorial Cottage

A cottage available for Ranger holidays; for details apply to: Guider-in-Charge, Lorne.

Glen Road Camp Sites (Nr Lorne)

Fully equipped for campers (one large or two small camps). Excellent hut for solid shelter with electricity. Bookings should be sent to: Mrs Christine Gaston, 127 Harberton Park, Belfast, BT9 6TX. Tel: Belfast 669391.

Magilligan Camp Sites

Three fully equipped sites with double Calor gas stoves for 24 to 30 campers. Two miles of sands. Large three-room hut with an open fireplace. For details apply to: Mrs J Gibson, 61 Station Road, Portstewart, Co Londonderry. Tel: Portstewart 2546.

Broneirion

Holiday flats are available all the year round for family holidays or for parties of up to 12 Rangers with their Guider. Self-catering, fully equipped, with metered electricity.

Camp Site and Brownie House

Applications for camp site and Brownie House for Pack Holidays may be received from 1 September for the following year. The Brownie House may be used by Guiders and Rangers outside school holidays.

Ynsgain

Criccieth, North Wales.

Ty Ni

Brownie Pack Holiday House, available for other sections when not booked for Brownies. Max 12 girls and 4 adults.

Ysgubor Hir

Long Barn. Suitable for handicapped people. 10 and 3 adults.

Y Bwthya

Ranger/Young Leader Cottage, 8 and 2 adults. All houses fully equipped except for bedding.

Camp Sites

Three camp sites, two with flush toilets. All have solid shelter and altar fires. Unequipped. Showers available.

Contact: Mrs J P Griffith, Cefnfaes, 23 Carreg Felin, Llandegfan, Anglesey, Gwynedd, LL59 5YB. Tel: (Menai Bridge) 0248 713134, enclosing an sae.

Waddow

Patrol Camp Sites

Two Patrol camp sites both fully equipped and each with solid shelter. Also suitable for Rangers for lightweight camping.

Ranger Cottage

This self-catering cottage sleeps 15 people in 5 bedrooms. There is a large, fully equipped kitchen including fridge/freezer, a large comfortable sitting room/dining area, two bathrooms, one with shower and three toilets.

Applications are being considered now. Rangers will be given first consideration but the cottage is also suitable for small Pack Holidays, groups of Guiders with Guiders, Trefoil Guilds, Guiders, etc.

Caravan

Why not enjoy a peaceful holiday in beautiful surroundings with your family/friends in Waddow's new caravan?

This is a 6 berth 25 foot long caravan with separate double bedroom, shower and flush toilet, large dining/kitchen area and sitting area. It is equipped with a full size gas cooker, gas fire, electric light and fridge.

Available for bookings throughout the year.

Glenbrook

Accommodation available in the house for 30 or in the flat upstairs for 10. Groups must be self-catering and must guarantee 20 in the house or 6 in the flat. Accommodation in 'Derwent', the purpose built annexe, is for 34 people on a self-catering basis.

There are two large bedrooms/training rooms on the ground floor with two Guider's Rooms leading off. Above this is a fully equipped kitchen with gas cooking and lounge area. A number of activities are available, including canoeing, walking, caving, rock climbing, etc.

Camp Sites

Four camp sites available, two suitable for handicapped members. Situated in partly wooded grounds. All sites are unequipped.

Blackland Farm

Equipped and unequipped sites available in 175 acres of fields and woodland, with swimming pool, simple rock climbing and pioneering facilities (equipment may be borrowed). Canoeing on nearby reservoir. Restrop and Wagtail Lodge, furnished bungalows for 27, the latter specially adapted for the handicapped, are on the site and in addition a six-berth caravan is sometimes available. To avoid disappointment Guiders should apply for bookings by February 1 every year. For details write to The Warden, Blackland Farm, East Grinstead, Sussex, RH19 4HP, enclosing an sae.

Brownsea Island

Eight sites are available for Guide and Scout Camps from Easter to 1st October plus South Shore Lodge sleeping 18 plus leaders. For details apply to: Miss Muriel Hunt, 5 Alderbury Close, Swanage, Dorset BH19 2SN.

Foxlease

A heated, covered swimming pool is available from March to October.

Barn and Beaverbrook

Applications for the period October '87-April '88 are now being accepted. The accommodation is suitable for handicapped members. Priority is given to applicants who have not already stayed in either the Barn or the Lodge.

HQ NOTICES HQ

The Association's Awards

Good Service Laurel

Mrs Carolyn Probert, Programme and Training Adviser for Hampshire North.

Meritorious Conduct Star Of Merit

Cafriona Dunn, Brownie Guide, 1st Welland Pack, Cambridgeshire West. Cafriona is always cheerful and thinks of others. She works hard as a Brownie Guide and when attending hospital for treatment, her Brownie Handbook must go in her suitcase.

Certificate Of Merit

Luan Fenn, Patrol Leader, 4th Malmesbury, Wiltshire North.

Phillipa Lightowler, Brownie Guide, 4th Shepshed, Leicestershire.

Rachael McGrail, Brownie Guide, 2nd Padiham (St Augustine's), Lancashire East.

Claire Tabor, Brownie Guide, 2nd Christchurch, Dorset.

Letter Of Commendation

Emma Crooks, Brownie Guide, 4th Redhill, Surrey East.

Volunteer Jobs at Our Cabaña

Dates: End of May through to end of August 1988

Compensation: Room and board, plus cost of a round

airplane ticket tourist class and \$500 US\$.
How to apply: Write directly to: The Guider in Charge, Our Cabaña, Apartado Postal 4-406, 62430 Cuernavaca, Morelos, Mexico.

General Qualification:
1 Be a registered member of the Girl Guide/Girl Scout Association in her country.

2 Have shown an interest in working with girls of the Senior/Ranger level. (A knowledge of Spanish is helpful.)

Programme Assistant

Specific Qualifications:

1 Be at least 21 years of age.
2 Have work experience or training in encouraging and evolving a folk arts programme.

3 Have the ability to develop and adapt creative crafts that can be used in working with village children and adults in service, recreational projects.

4 Have the ability to manage and conduct groups in sightseeing trips.

5 Have the ability to help to develop and maintain good public relations at and for Our Cabaña.

Waterfront Director

Specific Qualifications:

1 Be at least 19 years of age.
2 Have a current Senior Life Saving Certificate or equivalent.

3 Have experience in planning water activities and sports programmes with girls.

4 Have the ability to manage and conduct groups on sightseeing trips.

5 Have the ability to develop and maintain good public relations at and for Our Cabaña.

All applications must be received at Our Cabaña by 31 December 1987.

Applications and reference forms are sent upon request. Applications must be submitted with the signature of the International Commissioner who is based at: GGA HQ, 17-19 Buckingham Palace Road, London SW1W 0PT. When forwarding application forms and references via CHQ, please enclose stamped envelope to Our Cabaña and an International Reply Coupon, obtainable from your local Post Office. The coupon is for your reply from Mexico.

Outdoor Manual (Amended Version)

Erratum

The table headed **Lifesaving Qualifications/Watchers for Different Types of Water**, as printed on page 14 in the section **Safety Rules/Swimming** of the Outdoor Manual, is incorrect. The box directly below headline **Qualification of Lifesaver** should read: **ASA/RLSS Swimming Teacher's Lifesaving Certificate**. Please amend accordingly.

National Scout and Guide Symphony Orchestra

The Orchestra will be giving two concerts at the end of this year's course. The first is at Beccles Parish Church on Wednesday 29 July at 7.30 pm. Programmes are £2.00 from: **Programme Secretary, The Girl Guides Association, 17-19 Buckingham Palace Road, London, SW1W 0PT.**

The second concert is at the Snape Maltings Concert Hall on Thursday 30 July at 3.00 pm. Tickets: adults £3.00, children £1.50 are obtainable from: **The Box Office, Aldeburgh Foundation, High Street, Aldeburgh, Suffolk, IP15 5AX. Tel: Aldeburgh (072 885) 2935.**

Scout & Guide Trust Fund

On 31 March 1987 the value of a share in the above Fund was:

for selling purposes 201.43
for buying purposes 211.61
income yield 2.86%

The income yield is based on the previous two dividends paid and the price on the date stated.

Short Term Investment Service

Monthly interest rate after deduction of management commission.

January 1987 9.81%
February 1987 9.81%
March 1987 9.50%
Additional 0.5% p.a. for deposits of £2,500 and above.

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All photographs, letters, etc must be submitted well in advance

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There is a variety of ways to obtain all your Guiding requirements—at our Official Guide Shops, through one of the many Guide Depots or Official Stockists throughout the country, or by Direct Mail Order from the Trading Service in Altrincham.

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Fill in the coupon and we'll send you our free illustrated catalogue detailing the full range of uniforms and equipment, or we can also provide you with information regarding your nearest stockist.



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Girl Guides Association Trading Service,
Atlantic Street, Broadheath,
Altrincham, Cheshire WA14 5EQ
Tel: 061-941 2237

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When you buy from the Movement, we all benefit.

In 1987, during their 'Family Healthcare Year', the makers of the Elastoplast range of first aid dressings are running an award scheme through *TODAY'S GUIDE* and *THE BROWNIE*.

This is a national award scheme which is looking for people who have undertaken some project or venture that benefits their community. For example, you might have just completed a project to raise funds to restore a local playground or community hall. Or there might be someone you know who has done this or is known locally for helping and looking after the elderly.

How To Enter

We are asking the Guides and Brownies to nominate these people; they could be friends, Guides or Brownies, any one person or group of people in your community that the Guides and Brownies want to nominate.

Each nomination must be attached to the coupon (from the 1 July issue of *THE BROWNIE* and July *TODAY'S GUIDE*) but can take any form. Initially there must be a written piece which can be accompanied by any project work, cuttings from the local papers, drawings, photographs or letters in order to give the judges as much information as possible.

The Elastoplast Awards

The overall award winner in both categories, the Brownies and the Guides, will receive a contribution from Elastoplast of £400 towards this project. As this will not be given in cash, we need to know what this money will be used for and the sponsors will then purchase it. Additional awards worth £200 each will be made to two runners up in

Elastoplast

Family Health-Care Year

each category. The Guides and Brownies who nominate one of these winners will receive £50 (again towards a favourite project) and an Elastoplast first aid kit.

Closing Date

All nominations should be sent to the appropriate magazine at: **Periodicals Dept, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT** no later than 31 August 1987, and the winners of the Elastoplast awards will be announced in the December issues of *THE BROWNIE* and *TODAY'S GUIDE*.



A Game With A Difference

Continued from page 13

personal interpretation of the instructions for her team on one of the smaller squared sheets of paper.

3 The team then confer to arrive at a team version for the painting, taking into account the ideas of each member of the team. This could be a matter of taking a motif from each person so that no one feels left out, or it could happen that the complete design of one member may be approved by the whole team and accepted as the team design. The final idea is drawn out by a 'team artist' elected within the group.

4 When all the teams have drawn up a plan, players copy their square by square onto the large sheet on the wall, using a different coloured chalk for each team.

5 Players now stand back and confer on the means of resolving the confusion between drawings and yet retaining as much as possible of each team's design. This is the point and skill of the game and should be stressed. The final unity may be achieved by the art techniques allowed, or by occasional bargaining; 'You leave this bit out and we'll get rid of that'. In any disagreements the decision of a designated 'referee' is sought and abided by.

6 Now the painting can begin. Everyone is involved together creating a busy interweaving which calls for consideration and patience, and usually promotes lots of laughter and chatter. As work progresses one usually finds that the players gradually begin to work on the painting in its entirety rather than painting only the parts which comprise their own team's design, as they become more involved in it as a unity.

7 Finally the painting is discussed and voting takes place on such questions as: did the final result achieve its target; did any individuals or team feel under-represented; has the game in fact been won or lost?

Sample Game

A Moonlight Walk

A game for two teams:

You are walking along a path through a wood in bright moonlight, but from time to time the moon goes behind a cloud. The path is unfamiliar to you and so your mood keeps changing between enjoyment and some anxiety.

Teams

The Lightness Team

The Darkness Team

Strategies

Lightness Team — May use tree shapes, the moon, moonbeams and straight clear lines. White, shades of blue, and pale yellow.

Darkness Team — May use only leafless tree shapes, shadows and menacing shapes and no straight lines. Black, grey and dark blue.

Tactics

You may use counterchange, colour mixing or super-imposition to deal with any overlaps in the painting.

Target

A visual representation of the walk with a balanced view of the two feelings involved.

Patron: HRH The Princess of Wales

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Tim wrote:-

"... I would like to say thank you to the Malcolm Sargent Fund for sending the money for us to hire a car for our holiday. Also for the extra money so that Mum and Dad can take me out. I am feeling very well now and looking forward to our holidays. Thank you again."

MATTHEW suffers from leukaemia and lives in London where he and re-housed, but the bedrooms are very cold and rather damp. Matthew has the lounge and the Fund was asked for a grant to purchase a sofa bed to

Please help the Fund to continue its valuable work. Donations acknowledged, may be sent to:

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THEME EVENINGS

12

Rainbows

Add a splash of colour to your next Pack meeting, with an evening on a 'rainbow' theme.

Noah's Ark

Do the Brownies know the biblical origins of the rainbow, what it signifies and the story of Noah's Ark? Read them the story. There are many children's versions, eg in *The Puffin Children's Bible*, or 'Noah and his Ark', retold by Catherine Storr (Franklin Watts Ltd).

Raindance

In their Sixes, ask the Brownies to devise their own raindance. The dance need only be short and simple, with words, music, clapping or whatever they want to include. Then each demonstrates their dance, and the whole Pack joins in.

Litmus Tests

Let the Brownies test various solutions for their acid or alkali content. They will no doubt be intrigued at the different shades the paper will go.

Make Your Own Rainbow

Just in case the raindances don't work, the Brownies can create their own rainbow. Using a garden hose, with a spray attachment, the Brownie stands, facing a dark coloured object, eg a bush, with her back to the sun (when it is low in the sky). A rainbow will be seen in the mist from the fountain's spray.

Where else can rainbow colours be seen? In soap bubbles or in petrol on water, in the bath, in the washing up water. Give the Brownies bubbles to blow. Can they see the rainbows?

People as Rainbows

When we think of a rainbow we generally imagine a half circle. In fact rainbows form a complete circle. Some rainbows seem higher than others, because the lower the sun is in the sky, the more of the rainbow we will see. You might see the whole circle from an aeroplane halfway between the cloud, from which the rain is falling, and the ground.

People are like rainbows. Because we only see a small part of them, because we rarely gain an insight into the whole of a person's character, we often imagine that what we see is all there is. Every person is a complete circle, but we are often only shown a small arch of colour. The wonderful thing about getting to know someone, is when they gradually emerge and stand before you, a glorious, colourful, complete circle. Here is a 'getting to know you' game.

Rainbow Dress

Ask the Brownies to come to the meeting wearing the colours of the rainbow; either red, orange, yellow, green, blue, indigo, violet, or an accumulation of them all. Do they know the rhyme to help remind them of the colours of the rainbow?

'Richard Of York Gained Battle In Vain.'

Rainbow Friends

Make a number of rainbows and cut them into arches of each colour. Each Brownie is given an arch of colour (try to distribute the colours so that a lot of the same colour goes to each Six). Then at a given signal, the Brownies must race around the room, trying to find another Brownie with an arch of colour which will lie next to hers in the rainbow pattern. For example, a Brownie with an orange arch will try to find a Brownie with a red or yellow arch. If she finds a Brownie with a yellow arch, the two Brownies join hands and look for two more Brownies with red and green arches. Or if the pair have an orange and red arch between them, they look for one Brownie with a yellow arch. The game continues until every Brownie has joined six others to form a complete rainbow in the right order.

You will need a complete rainbow pinned on the wall, for all the Brownies to see and refer to.

More 'getting to know you' games, can be found in 'Games with a Point (Games and Activities for Brownie Guiders and their Packs)'. Price 80p, available from GGA Shops and Trading Service.

A Colourful Mood

What colours of the rainbow do the Brownies reflect? If they are angry, what colour are they showing? If they are envious, what colour then? What colour would match a bad mood, a happy mood, a sleepy mood? What colour should they always try to be?

Sing a Rainbow

At your sing-song try to sing as many rainbow songs as you can think of. When you run out of rainbow songs, go on to colours.

Somewhere over the Rainbow; Sing a Rainbow; Rainbow (Theme from the TV Programme); *Yellow Brick Road; Greenleeves* (GGA Song Book 1); *Joseph and His Amazing Technicolour Dreamcoat; Ten Green Bottles; Yellow Submarine; Green grow the Rushes Ho* (GGA Song Book 2).

A Prayer

You may like to use this prayer at the close of your meeting.

Dear Lord,
We thank you for the miracle of contrast, for life giving rain and for the reassuring sight of the rainbow after a storm.

We thank you for the beauty of nature, the colours, shapes, the feelings that it gives us.

We thank you for the ways in which we can enjoy these things, in our games, in our thoughts, with our friends.

Amen
PS



GUIDING ● TODAY'S GUIDE ● THE BROWNIE

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Please make cheques payable to The Girl Guides Association

All copy must be received by the 13th of the second month preceding publication
eg 13th July for September issue)

All copy is subject to the approval of the Association which reserves the right to refuse, cancel or suspend any advertisement. Advertisements for the sale of secondhand clothing cannot be accepted (except uniform). Uniforms for sale should not be sent to CHQ, advertisers receive communications from applicants.

Advertisements for camp-sites, activity centres and Pack Holiday Houses must be countersigned by the County Camp Adviser indicating that in her opinion the site/centre/house is satisfactory

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Advertisements for joint Ranger/Venture Scouts Events must be countersigned by the Guide County Commissioner indicating her approval of the event

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THE EIGHT POINT PROGRAMME

Exploring the Arts



Incorporating ideas from Scotland

'The Arts' is really an all-encompassing term which can mean anything from needlework to Nureyev, Picasso to piano forte. There is a tendency within Guiding to lean heavily on the 'arts and crafts' side when enjoying the arts, but with such a wide field before us, we should take the opportunity to explore all avenues.

Brownies A Decorated Basket

Materials:

card trifle dish
doily
strip of coloured card (1cm wide)
ribbon
artificial flower or bow
sweets

Stick the doily into the trifle dish. Decorate the card with ribbon and glue in place to make the handle. Fix flowers or bow in centre of handle and fill the basket with sweets. Give away as a good turn, or sell.

Natural craft ideas for everyone

Collect materials from out of doors (cones, flower and tree seeds, grasses, twigs, etc) and use immediately or dry and save for later.

Quickies

- 1 Make a collage/display for a given title or season: spring magic, hanging on, autumn colours.
- 2 Use collected materials for a 'feeling' Kim's Game: an acorn, leaf etc.

Decorations

Using margarine tubs with sand or Oasis, or a wooden base or tin lid with Polyfilla, create arrangements with natural materials.

A Promise Prayer Card

Materials:

felt tips
card (20cm sq)
scissors

Take a piece of card twice the size of your hand (about 20cm square). Fold in half so that the fold is on the left side. Draw around left hand in prayer attitude, with little finger against the fold. Cut around outline to remove shaded areas. Decorate outside, and inside write the Promise and an appropriate prayer.

Guides

An Artful Evening

Over several weeks, introduce a series of arts evenings. Each week, take one aspect of the arts, and base the whole or a part of the evening activities on that aspect, a musical evening, for example, could include listening to a collection of pieces by one particular composer, or featuring one particular instrument. If any of the girls can play instruments they may be prepared to bring them along and demonstrate their skills, and/or let some of the other Guides have a go.

Alternatively hold a modern art evening. Most galleries sell postcards of paintings. Display some of these around the room for the Guides to look at and comment on. Perhaps you could enlist the help of a local artist, or an art student, who could talk about modern art and demonstrate or describe various art techniques. Screen printing for example, or lino cutting - with the right facilities available the Guides could try these.

Animal Magic

Materials:

seeds of a melon (washed and dried)
flower wire

Thread a wire of about 20cm long with melon seeds, bending over ends to prevent seeds from falling off. Shape this into the head, neck, body and tail of an animal. Cut two equal lengths of wire for legs. Thread these, bend in half and attach to body. Twist to hold in place. Adjust to stand it up and give it a name.

Sound of Music

Challenge the girls to create musical instruments during the meeting, then hold a concert.

Rangers

A Trip to the Theatre

Do you have a local theatre? Organise a theatre trip, to take in a meal and a play. Perhaps before hand you could arrange for the Unit to have a back stage tour and to meet the cast.

The Next Dance

There are so many forms of dance, let the Rangers choose several, and each week take one form and explore that.

They could attend a ballet session for example, at a fitness centre, or a jazz or modern dance class. Have you a local Morris dancing group who would let the Rangers join them for an evening? Perhaps someone could come to the meeting to teach the Unit Indian dancing or country dancing? Here are some other forms to consider: tap, ballroom, ceroc, Highland, Flamenco, Irish.

Crafts on Show

Plan a visit to a craft centre, or a country show, where a variety of skills may be on show: glass blowing or engraving, pottery, wood turning, cotton spinning, candle making etc.

Marbling

Materials:

old baking tray, water, oil paint, brushes, turps, old comb, paper
Put water into the baking tray and dot the surface with different oil paints. Clean the brushes with turps after use. Use the comb to make patterns with the paint. Carefully put paper onto the paint surface and then lift. It will have picked up the pattern and when dry can be used as gift wrapping, writing paper etc.

Musical Kim's Game

Challenge each Ranger to tape unusual sounds; speeded up or slowed down pop music, etc. Then the others in turn are challenged to identify the sounds. Play a series of sounds in one go and see if the girls can remember them.



CLASSIFIED ADVERTISEMENTS

VOCATION WEEK

Do you have a late Vocation? A week of exploration for those between 35 and 50. July 25th-31st. Write for details to: The Convent of St John Baptist (Anglican), Hatch Lane, Windsor, Berks SL4 3QR.

FOR SALE

Special Group Camp Equipment. Shelters, screens, altar fires, roof racks, trailers made to order. Details: Don Higham Enterprises, 30 Weston Crescent, Aldridge, Walsall, West Midlands WS9 0HB.

Fête Organisers' Handbook. Including 150 ideas, new and old, for stalls, displays and sideshows. £4 from: Fête and Fair Trades, 243 Belswains Lane, Hemel Hempstead, Herts.

Attention Brownie Guiders! Totems (Toadstools) available. Red tops with white spots in fibreglass, 18in. high with detachable tops, £16.60 each plus £1.90 p&p; cash with order. From: T. G. Higgins, Boosley Grange, Newtown, Longnor, N. Staffs. SK17 0ND. Tel. 029883 446.

Screen-printed badges, pennants and car stickers. 'I've Camped' badges. Metal button badges. Embroidered badge service. Scoutscreen of Ruislip, 15 Orchard Close, Ruislip, Middlesex HA4 7LR. 0895 632516.

Beatrix Potter Characters and many other designs in Counted Cross Stitch. Send £1 for colour catalogue (credited towards first purchase): Country Designs, Dept. 6S, PO Box 482, Bletchley, Milton Keynes MK3 5HE.

Greeting Card and Bookmarker Blanks. Send stamp for list and free samples. Mailcraft (GDF), 11 Melbury Grove, Birmingham B14 6BN.

T-shirts and Sweatshirts screenprinted to order, quickly and efficiently by Paget Design, Tregurno Cliff, Lamorna, Penzance, Cornwall. (Cash after goods satisfactorily despatched).

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COMING EVENTS

Essex International Jamboree, 1988. Join the fun and friendship of the second Guide-Scout International Jamboree at Essex Showground. 30th July to 6th August, 1988. On site facilities include: Chapel, snack bar, grassy camping areas, shop, wide range of exciting activities. Leaflet: Mrs Henderson, Reverie, Pennys Lane, Margarett, Essex CM4 0AH.

CAMPING/HOLIDAYS

Holiday in Switzerland. Self-catering accommodation for 32 persons. Flat for 5 persons. Apply: Family Inniger, Ferienlager Motondo, Oey CH 3715, Adelboden. Or telephone: Cheryl Parkinson, Preston (0772) 700769.

Holiday in Switzerland. Chalets for 20 to 40 persons. Camping ground and holiday flat for 5-7 persons. All camp facilities — splendid mountain scenery. Modest terms. Family Mathaus Hari, Boden, CH3715, Adelboden, Switzerland.

Group Accommodation in Switzerland, close to 'Our Chalet'. Ring (0865) 60917.

'Our Chalet', for details of low cost inclusive arrangements to the International Guide Centre at Adelboden, contact the official agents, YHA Travel, 14 Southampton Street, London WC2E 7HY. 01-240 5334.

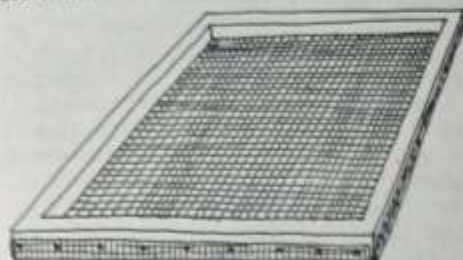
Family Accommodation in Switzerland, near 'Our Chalet'. Ring (0865) 60917.

Continued on page 36

Materials:

Mould

Make a frame 13½" x 10" (ensure that it will fit your sink or babybath) from softwood. The corners must be square, and waterproof glue is advised. Stretch, as tightly as possible, a mesh of net, coarse screen printing nylon or perforated zinc (which stands up to hard wear) across the frame. When attaching the material this should be to the side and not the face of the frame.



Mould

Deckle

Another frame of identical dimensions to the mould but without the mesh.

Couching Cloths

About 30 cloths for supporting pulp. Mopping up cloths with smooth surface are ideal. Cut to fit press.

Press

Two thick boards, 15" x 11", held together with four large bolts and wing nuts or G clamps.

MAKE YOUR OWN

Paper, Idea from Carol Clewett
Series arranged by Sheila Edwards

Boards

Or enough work surface for drying sheets.

Sink or Babybath

For pulp, large enough to take the mould and deckle.

Liquidiser

Not essential, but quickens first stage of pulping, a bucket with a stout piece of wood for beating to a small pulp can be used.

Paper

Fifteen sheets of full size paper or double tabloid. To make a different colour paper, use pink or green newspaper. A little detergent added to pulp will break down the paper easier and make a lighter colour.

Making your own paper is fun, the results are attractive and recycling is useful.

The Chinese used a method similar to this nearly 2,000 years ago.

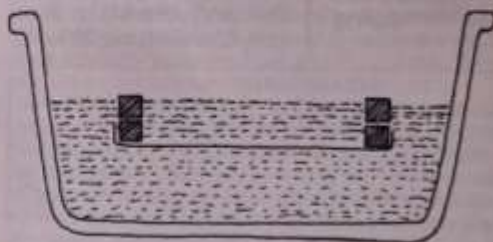
Any natural fibrous material may be used. Plant stems, cotton wool or linen as well as old paper. Through experimentation you will be able to produce different textures and colours; try natural dyes such as onion and leeks.

Handmade paper gives you something very special to use for camp log books, displaying photographs, pressing flowers, lino cut printing, making maps, drawing or other artwork.

Method:

- 1 Break fifteen sheets of a full size newspaper into small pieces in a bucket and add warm water and a little detergent. Stir with a wooden spoon at intervals, leave for several hours.
- 2 Beat pulp until smooth, test by putting a little pulp into jar and shaking with water, which will then show up any lumps. A liquidiser quickens the process; put small handfuls into liquidiser, fill with water, run in short bursts, use a bucket to hold pulp.
- 3 When pulping is finished pour about three litres into the sink or baby bath and equivalent warm water, and stir gently. Place the deckle on top of the mesh covered sides. Hold the mould and deckle vertically over the vat. Dip into pulp. Level the mould so that the deckle is covered by pulp, rest for a moment then lift steadily but swiftly out. A layer of pulp will then be on the mould, its edges contained by the deckle. Wait until surplus water has drained away.

Illustrations: Juliet Baker



Deckle
Mould
Pulp

- 4 Put two couching cloths on the press, take the deckle off the mould carefully and lay to one side. Holding the mould in both hands turn it over so that the pulp is underneath and press firmly but gently to free pulp. Cover sheet with couching cloth. Place spare board on top of press and squeeze out surplus water.
 - 5 Add a cup of pulp to vat after each sheet and stir gently, continue making sheets until all pulp is used. Thick paper can be made by couching two sheets together.
 - 6 After the last sheet has been made cover the two cloths and secure press. Stand the press on one edge to release excess water, leave for approx 30 minutes.
 - 7 The paper has now reached its final thickness, it is still very damp and must be handled carefully. Peel it, still on couching felt, placing on a flat surface to dry, repeat until all sheets are on spare boards or work surface.
 - 8 After about two hours it will be time to separate the sheets from the cloths, using great care. The easiest way is to lay sheet face down on a flat surface and peel back the cloth. Allow the sheets to dry; the amount of time will depend on room temperature.
 - 9 When completely dry, press under books or in press to give a flat sheet.
 - 10 All equipment should be washed well after use.
- NB** This paper is absorbent, if you want to paint on it or write with ink the surface may be sized. 'Hot Press' the paper with an electric iron at 'hot' to give a smooth surface. Prepare solution of cooking gelatine (1oz to 2 pints) and carefully brush it evenly over both sides of the paper. Hang it up to dry.

CLASSIFIED ADVERTISEMENTS

Continued from page 34

Hotel Alpenrose, 3718 Kandersteg, Switzerland. Over many years Scouts, Guides and their families have enjoyed our hospitality. Ideal also for parties. Near the International Scout Centre. Meals and accommodation at moderate prices. Fam A Carizzoni-Rohrbach. Tel: 0104133 75 11 70.

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Holiday Centre, near Southport, equipped, sleeps 24, suit Brownies, Guides, Rangers, handicapped, mixed groups. SAE foolscap to: Mrs Spalding, 25 Kirklees Road, Southport, Merseyside PR8 4RB.

Ex-Guider offers reduced rates for Movement members in licensed family hotel, overlooking Solent. Bathroom ensuite in most rooms. Budget get-away breaks from September to April. Brochure on request. Springvale Hotel. Tel: Isle of Wight 612533.

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Derbyshire, The Glenorchy Centre, offers self-catering, dormitory-type accommodation for up to 30 people. Situated near lovely countryside, there are many places of interest within easy reach. For details contact: Mrs A Clamp, Wirksworth URC, Coldwell Street, Wirksworth, Derbyshire. 062 982 4323.

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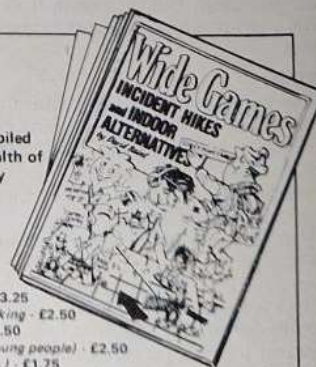
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A PRACTICAL ALTERNATIVE

What a Mess!

We wonder where you are reading this copy of *GUIDING*. You may be in the throes of camp preparation, or you may be in camp already, catching a few moments' relaxation. As you contemplate the holiday ahead, or as you survey the scene before you, imagine this: an orderly campsite; a peaceful summer afternoon; the hush of a quiet hour punctuated only by the chirruping birds in the trees and the gentle chatter of your resting Guides. Now what is going through those quietened souls, most of all, when they are roused from their dozings, what would they love to do? They would love to make a mess! A loud, wet, raucous, yucky mess, wonderful! They'd love it and you'd hate it, what better combination for a fun-filled afternoon in camp? As they emerge from their after-lunch break, picture the delight on your Guides' faces as you tell them that everything you've always stopped them doing before can now be done!

Smoke Prints

Hold a tin plate over a candle as it burns. Then press onto the plate, whatever it is you want to make an imprint of, eg a leaf, or a potato print. Then press the black surface of the object onto a piece of paper, and there you will have a smoke print.

Wattle and Daub Shelters

If you happen to be near a river, you will have ready access to mud. Challenge the Guides to make a frame for a shelter. Cover the frame with heather, bracken or long grass, and then daub the mud over to seal it all together. Wonderfully messy! A cautionary note however, watch the Guides at all times if they are working by water.

Pillow Fights

This activity will work well with Brownies and Rangers also, and the advantage here is that it is relatively safe (check pillows for heavier objects concealed therein), and relatively mess-free (you can place a ban quite reasonably on feather pillows, although they are more fun).

Pillow fighting is an excellent energy game, it'll wake them up in the mornings and wear them out last thing at night. And of course there is the added enjoyment derived from pursuing this activity at times when there are 'better' things to do, namely getting washed and dressed, or washed and undressed.

Painting with Feet

Which could be taken two ways. Challenge the Guides to paint by holding the brush between their toes, or lay out a large sheet of paper, or a roll of wallpaper, for the Guides to create a foot-mural. You will need trays or bowls to mix the paint and for the Guides to step into. Each Patrol can hang their mural, when it is dry, for the others to admire. Each work should have a title.

Face Painting

Brownies on Pack Holidays will especially enjoy this activity. Using special water based paints which can be bought from chemists or toy shops, they can have great fun transforming themselves.

Give each Six a theme to work on: the toybox; the farmyard; the circus; the pop group, etc.

Making Croissants

For a more civilised mess-making activity, try making croissants. You will need time, space and patience.

Custard Pies

The all-time favourite. The Guides will spend many happy hours on this activity, both making the pies and throwing them.

You will need:

Paper plates, or circles of foam off-cuts; non perfumed shaving foam; food colouring, mixing bowls, spoons; icing bags, with a selection of nozzles; a hose; plenty of paper towels.

In Patrols, the Guides prepare their custard pies, using the shaving foam, decorated with food colouring and decoratively presented via an icing bag, onto a paper plate. The first phase of this activity could lead to a competition: the most colourful pie; the pie most likely to cause the most mess; the most topically decorated pie, etc. Points also for evidence of the use of aerodynamics with the designs.

And then of course, the great moment when 'flinging' begins. You could organise an inter-Patrol tournament, with Patrols battling to land pies successfully on each other, with points awarded for full face; a body hit; distance; difficulty of approach, etc. Alternatively you could just blow your whistle and let the flinging begin. We also advise that you discreetly run for cover.



Water Fight

Very similar exercise to 'Custard Pies' in that a water fight is messy, crazy, noisy and of little practical use. However a water fight could have its uses, if it follows a custard pie battle. It will serve as a quick easy and quite delightful way to get the Guides clean again.

PS

On The

This month sees the start of a new series: *On the Doorstep*. We asked each of *Country/Regions* to explore their area, and set down on paper just some of the places they have to offer to visiting Units. This is what they did, and we start off with South West England.

Up in the air or under the ground, exploring the land or the delight of the sea, all are available in the South West of England. In a region spanning from Berkshire to Gloucestershire to Devon and Cornwall and the Channel Islands, the range of tourist attractions is as varied as the geographical area it covers. Who, for instance, would have guessed that just a short distance away from each other, you can clamber on board a pirate ship, made famous by its inclusion in the BBC series *Onedin Line*, and then visit a beautiful tropical indoor garden with hundreds of colourful exotic butterflies from around the world, all flying around you. That is just one example of the variety throughout the South West of England.

Let's assume that you have decided to stay at Foxlease for a few days and, despite the well chronicled delights of the house and estate, you will want to travel further afield. Being right on the edge of the New Forest the possibilities of walking are immense. A little further afield to the east, Portsmouth offers endless opportunities for the naval-minded amongst us. For there, you can find the Royal Naval Museum standing alongside HMS Victory and the Mary Rose in the heart of Portsmouth's historic naval base. Housed in three Georgian storehouses, it deals with the entire history of the Royal Navy from Tudor times to the South Atlantic campaign of 1982. Bookings for parties can be made through the Mary Rose Trust.

Travel south west from Foxlease and you can have fun enjoying a typical day at the seaside. Bournemouth boasts many lovely beaches with all the usual seaside attractions.

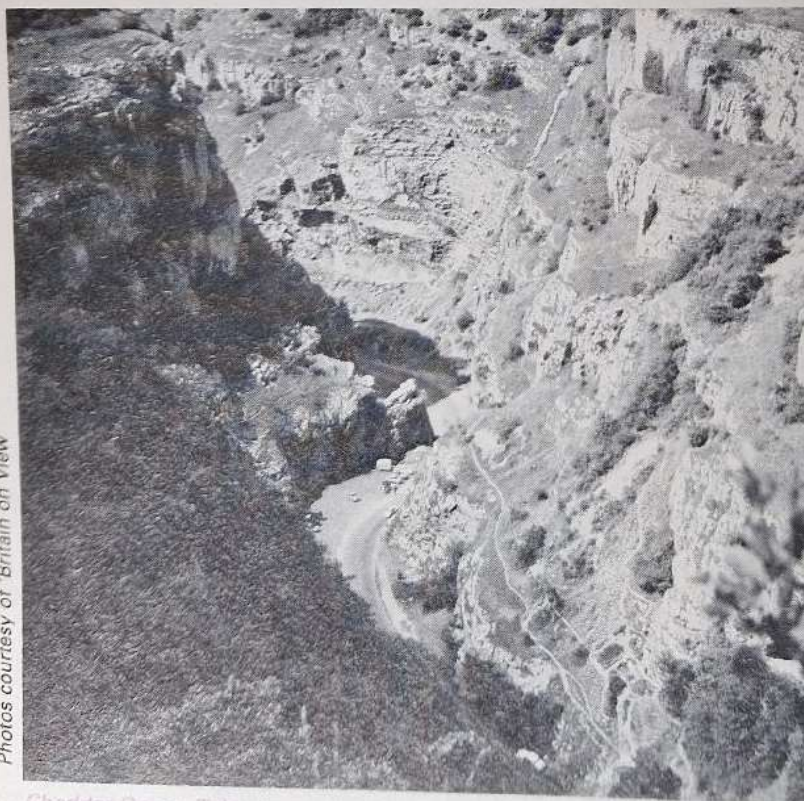
For the more adventurous, just beyond Bournemouth, Brownsea Island lies nestling in the midst of Poole Harbour. Quite apart from the Scouting and Guiding connections, the island is well worth a visit if only to view the magnificent peacocks which patrol the island in great numbers, giving the many visitors the privilege of seeing their beautiful plumage

Returning again to Portsmouth, here you have the main ferry to the Isle of Wight. An immensely popular venue for holiday-makers, it offers a seemingly endless range of attractions: the Lilliput Museum of Antique Dolls and Toys (what Guide or Brownie could fail to be fascinated by seeing them?); the Isle of Wight Zoo (take the opportunity to handle beautiful but thankfully harmless snakes); rather more difficult to handle at Wootton, there is the Butterfly World; the Model Railway and a ride on the steam railway; or a visit to Chessell Pottery and Alum Bay glass for those all important presents.

Travelling on through the region, you would in all probability call in at Salisbury just $\frac{3}{4}$ hour's drive from Foxlease. As lovers of Constable already know, Salisbury Cathedral boasts the tallest spire in Britain, measuring 123 metres. The spire is a landmark for miles around and well worth aiming for. Tours of the Cathedral are easily arranged and well worth the trouble. In the immediate vicinity of the Cathedral is the fascinating and historic Cathedral Close, built between 1200 and 1266. The Close houses our own Region's Guide Headquarters, situated right by the entrance to the Cathedral grounds. Ladywell, as it is known, was built during the reign of Queen Elizabeth I, near the site of the well and spring, which supplied the Cathedral and Close with water — hence the name Ladywell. The GGA took over Ladywell in 1975 and are delighted to see Guide and Brownie visitors if 'booked' in advance. There are a whole range of places to visit in the Close: Mompesson House and Garden, The Duke of Edinburgh's Royal Regimental Museum, Salisbury and South Wiltshire Museum and Malmesbury House. As a real bonus to the historians among us, the Magna Carta is on display in the Chapter House at certain times, together with silver plate of different periods lent by Parishioners of the Diocese and documents and books belonging to the Cathedral.

Travel 2 miles north of Salisbury town centre and you will reach the huge ramparts and earthworks of Old Sarum covering 56 acres. Once an Iron Age hill fort and later inhabited by Romans, Saxons, Danes and Normans, Old Sarum was the place where William the Conqueror inspected his victorious army in 1070. His nephew, Bishop Osmund, built a castle and cathedral in 1078, but in 1226 the Diocese was moved to New Sarum (now Salisbury) because of a water shortage and squabbles between the soldiers and clergy, and the site at Old Sarum was gradually abandoned. The foundations are still clearly visible and the area makes a splendid venue for a day out.

Continuing north to Amesbury and



Photos courtesy of 'Britain on View'

Cheddar Gorge. Take the opportunity to go adventure caving or climbing.

Doorstep

then two miles west, you will reach the most famous prehistoric monument in Europe. Stonehenge is well chronicled in any tourist publication and not to be missed when in the area. Wiltshire can boast 4,500 ancient or prehistoric sites with many going back as far as 4000 BC. At Avebury, 25 miles north of Salisbury, the great stone circle is the largest of its kind in Europe with a hundred great Sarsen stones still standing and encircling the village. The Avebury Circle has the great advantage over Stonehenge in that it has free entry at reasonable times. Nearby is Silbury Hill, an artificial prehistoric mound, the largest existing example in Europe and, despite successive digs since 1776, the reason for its creation is still unknown.

Travelling on through the Region, you will in all probability call in on the County of Avon. Time your visit to Bristol right and you could be fortunate enough to see the International Powerboat Championships held in the docks, or wander round the Bristol Flower Show. At any time of the year during a visit to Bristol you may visit SS Great Britain. Built and launched in Bristol in 1843, she was the first ocean-going, propeller-driven iron ship in history. Designed by I K Brunel, who also designed the Clifton Suspension bridge, she had a varied and active life of 43 years, both as a liner and cargo vessel.

No visit to Bristol would be complete without a visit to Bristol Zoo, which is open daily throughout the year, and if you visit in August you cannot miss the International Balloon Fiesta. As the 80 balloons ascend from Ashton Park, you have a spell-binding sight with the added advantage of it being completely free.

Travelling south and you are moving into Somerset, the land of cider and clotted cream. Visit the Chewton Cheese Dairy and you will know that Somerset is also the land of Cheddar cheese. With Cheddar Gorge just down the road, you could have a Cheddar theme day. At party rates, the admission charge comes to within a reasonable Unit budget and, if wished, there is a chance to go adventure caving. For possibly the first time, you can have the chance to put on a helmet, caver's lamp and boilersuit and step beyond the limits of the show caves. You will be led by an experienced caver in parties of 10. The minimum age for the adventure caving is 12 years but any age can visit the show caves.

Just a few miles away is Wookey Hole, open throughout the year except for Christmas. Access is safe and easy but a little too difficult for wheelchairs or the very disabled. Everyone is welcome to visit the other attractions at Wookey Hole and see paper making,

the fairground at night, the old Penny Pie Arcade, and Madame Tussaud's Cabinet of Curiosities. Wookey is the final resting place of many of Madame Tussaud exhibits.

Moving south and west, we move into the beautiful counties of Devon and Cornwall. Who can resist the temptation of cream teas made with their own clotted cream? The bleak beauty of Dartmoor and Exmoor contrast sharply with the well developed holiday resorts on the long and varied coastline. For an unusual day out, a visit to Morwellham Quay near Tavistock is well worthwhile. The area is set out as a Victorian copper fort and the life of a bygone age is captured in crafts and costumes. A riverside tramway takes visitors into an old copper mine and shows the ingenuity of the workings as they were in the 1880's.

At Salcombe Regis, near Sidmouth, there is a Donkey Sanctuary, where neglected and cruelly treated donkeys are cared for. Here too is a centre where handicapped youngsters may experience riding. Donkeys also figure in the fishing village of Clovelly where they sometimes carry visitors up the steep street.

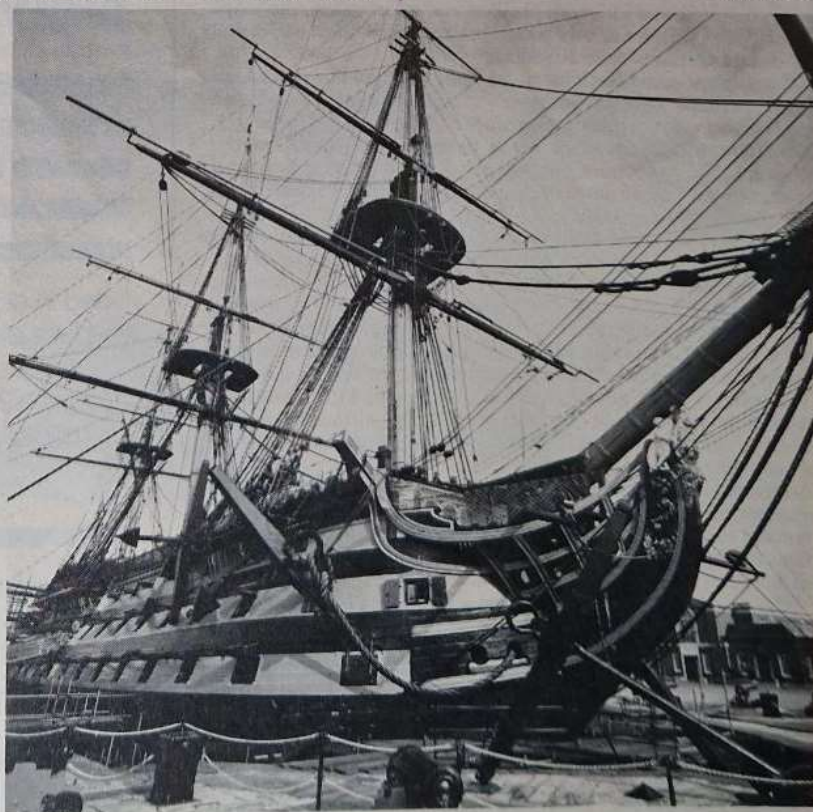
Keeping to an equestrian theme, why not visit the Shire Horse Farm and Carriage Museum at Redruth. Here you can see the horses and foals, wheel-

wrights' shops, carriages and wagons, farming horse-drawn vehicles. An added bonus is free wagon rides — a certain highspot for most youngsters.

The south also gives one access to the Channel Islands. As with Devon and Cornwall, tourist offices are full of information about the Islands. However, it is worth timing your visit to coincide with the Battle of the Flowers in August. Floats are made of thousands and thousands of flowers depicting some marvellous ideas, like Walt Disney characters. Guides enter the smaller classes and occasionally the Island Guides work together on a float, and in 1985 came away with both the first class prize and the group cup.

South West England gives so much variety it is difficult to sum it all up into one short article, but perhaps this will serve as a carrot dangled before one of the aforementioned donkeys. Hopefully it will be enough to entice Guide groups from other Regions to give us a visit and share with us a cream tea or two.

Sue Duncan
South West Press and PR
Adviser



HMS Victory, situated in the heart of Portsmouth's historic naval base.



Martin explores the environment.

You have probably, by this time, become tired of hearing about the European Year of Environment (EYE). So we apologise in advance for yet another mention of it. The disadvantage of labelling a cause 'Year of,' lies in the idea that if we get to the end of the 'Year,' we can all relax and turn our efforts to whatever the next 'Year of' happens to be. Pundits of the EYE do not see it this way and one venture likely to change this way of thinking is UK 2000, an umbrella organisation for seven environmental groups. The very name suggests that the projects established and developed in this year (87/88) will continue to the 21st Century.

This is not to say that environmental projects should be your sole source of programme planning for the rest of the century, but the groundings of an appreciation of one's surroundings, and activities to support this should certainly be considered now. As an organisation heavily involved in the out-of-doors, and with our specific laws regarding care of possessions and respect for living things, and a programme including service and the out-of-doors, care for the environment is not a new development. The advantage for Girl Guides is that with so many other organisations coming to the fore with projects and information, the scope for activities within our own programme is made much easier and we should certainly take advantage of them.

If you want some fresh ideas, or want to know how your Unit could perhaps become involved in some larger project, we suggest you write to one of the groups coming together under UK 2000 (names and addresses listed below) or to your Country/Region Office, as some Countries are developing their own local contacts with one or more of these groups. However, here are a few thoughts of our own:

Recently, visiting a town in the South West, I was shown the new marina development. With a block of 'superb apartments' already overlooking the marina, and giant boards promising more 'luxury developments with swimming pools' with shops and bars to service the inhabitants, this was obviously going to be the place to be. Continuing my walk along a canal behind all this prospective splendour however, the irony of the situation hit me. The water was, in parts, merely a thick scum. Litter had been thrown in and floated, or rather, sat on the surface. Shopping trolleys and parts of cars, broke the surface of the water, giving some indication of the nature of the canal bed. A walk of contrasts I thought, from luxury marina to polluted canal, and yet another contrast as a duck led her young over a bed of flotsam. It seemed to me then that there was an opportunity for the local Guide/Ranger Unit to become involved, either clearing the canal or bringing the situation to the notice of the local authority.

Zoos should feature in any outing you propose this month. The National Federation of Zoos have designated July, National Zoo month. Zoos all over the country will be spreading the word about conservation, through competitions and events. Whilst we are caring for our environment let us spare a thought for the environment of our zoos. So contact your nearest zoo; give them a trunk call!

Litter picking is such an obvious suggestion for service activities that it can almost become a last option for Units wishing to embark upon a project in the community. But litter picking is not to be underestimated, nor the implications of litter dropping.

Encourage your Guides to be conscious of litter as they go about their every day activities: not to drop litter themselves; to

BITS

and

PIECES

check family or friends when they drop litter; and to pick up litter they find in their paths.

UK 2000—Members and addresses

Civic Trust, 17 Carlton House Terrace, London SW1Y 5AW, Tel: 01-930 0914. **Friends of the Earth**, 377 City Road, London EC1V 1NA, Tel: 01-837 0731. **Keep Britain Tidy Group**, Bostel House, 37 West Street, Brighton BN1 2RE, Tel: 0273 23585. **Community Service Volunteers**, 237 Pentonville Road, London NW1 9NJ, Tel: 01-278 6601. **Royal Society for Nature Conservation**, The Green, Nettleham, Lincoln LN2 2NR, Tel: 0522 752326. **Ground Work Foundation**, Bennets Court, 6 Bennets Hill, Birmingham B2 5ST, Tel: 021-236 8565. **British Trust for Conservation Volunteers**, 36 St Mary's Street, Wallingford, Oxfordshire OX10 0EU, Tel: 0497 39766.

Stephanie Spicer

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GRAPEVINE

This month's Grapevine sets out with a spring in its step and the emphasis on...

Youth

You may have heard about the recent **Walk for the World** relay walk which was organised by **Christian Aid**, ran for most of May and finished early in June with walkers completing a giant 'jigsaw' in central London. Well **Christian Aid**, anxious to keep up the good work, are launching their new **Changemakers** section. **Changemakers** is intended to be a new youth action network and will come into operation in September. It is aimed at people aged between 15 and 25 who want to take action for world development.

Three times a year members will receive their **Changemaking Action Plan**, with activity ideas, prayer points, fundraising targets, cartoons, creative Bible studies and news of **Christian Aid's** work overseas. Every two months 'Changemaker' will arrive giving the low down on the latest moves in the fight against poverty, events around the country and more action ideas. If you are interested in becoming a **Changemaker** then contact the organiser at: **Christian Aid, PO Box No 1, London SW9 8BH. Tel: 01 733 5500.**

You might also be interested in taking the **British Youth Council's** bulletin called, appropriately, **Youth**. Released eight times a year, **Youth** is aimed at the sort of person who is more inclined to become actively involved in an issue than to think how terrible it is then sit back and do absolutely nothing. It takes up such issues as housing, or the lack of it, training schemes, human rights and apartheid and encourages its readers to participate in various campaigns. It is not, however, just for activists and the issue that I had a look at (No 14, April '87) included many interesting points which would probably lead to debate if included in a Ranger meeting, such as the fact that youth suicide is up by a staggering 24% and now makes up over 9% of all suicides. And they predicted that in the General Election only very few of the 6.2 million young people eligible to vote would actually do so. The main feature of the bulletin was an investigation into homelessness and the housing rights campaign. **Youth** is available by subscription of £3.50 per year from: **BYC, 57 Charlton Street, London NW1 1HU.**

While we're on the subject of active involvement why not enter the **Sunshine Craft Competition**? Organised by the **Sunshine Fund for Blind Babies and Young People** the competition actually raises money for its special schools while at the same time giving

you the opportunity to win a number of prizes including personal stereos, art books and tapestry kits. Entries are considered donations and are sold at the Fund's Christmas Fair on **Friday November 20** in aid of the **Royal National Institute for the Blind's** (of which **SFFBB&YP** is a subsidiary) **Sunshine Schools**. So if you can knit, sew applique, or make something in leather, pottery or jewellery, why not enter and give a blind child a chance of independence? Whatever your skills there's a section for you. Last year's entries included doll's houses and dangling earrings, miniatures and model shops. There is a special category for the under 16's and one each for adults and senior citizens. The closing date is **October 19** and further details and entry forms are available from: **Sunshine Fund Craft Competition, 224 Great Portland Street, London W1N 6AA. Tel: 01 636 3399.**

'Ahh Bisto'. What does that phrase immediately bring to mind? For most of us it is probably the picture of the two lovable tykes who have graced the **Bisto** pack for nearly 70 years. If those two kids remind you of anyone you know then **Bisto** would like to hear from you, because they have just launched their campaign to find this year's **Bisto Kids**. The winning pair will receive a cheque for **£1,000** (which is not to be sniffed at!) as well as a prize weekend in London and a year of

attending functions as '**The Bisto Kids**'.

The competition is very simple to enter, just send a colour photograph of your duo, brother and sister, or friends in appropriate fancy dress and striking the famous 'ahh Bisto' pose, to the organisers. The six regional winners will each receive a cash prize of **£50 per child** and an all expenses paid weekend at a luxury hotel in London to take part in the national final. Each child entered will receive a special **Bisto Kids** present, so you really can't lose. For full details and entry forms are available from: **Freepost (WD2274), London WC2H 7DR** (No stamp required). The closing date is **31 August** so get snapping and good luck.

Do you remember the Saturday morning pictures? When we would all sit in the dark watching **Batman** and flicking popcorn at each other and waiting to whistle louder than anyone else when the projector broke down? Well now relive a little of that at the **ICA Children's Cinema** during July and August as they continue their **Comic Strip Heroes** season. The films include **Superman—The Movie**, **Batman**, **Spiderman**, **Annie**, **Modesty Blaise** and **Snoopy Come Home**. The Cinema is situated in **The Institute of Contemporary Arts, The Mall, London SW1Y 5AH. Tel: 01 930 0493**. It is advisable to ring for a full programme. It sounds like a terrific season, and the children will probably quite enjoy it too!



Martyn and Kari Bonchier, from Wales, last year's 'Bisto Kids'

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Toys & Games

News from Bluebird Toys is that they are running a second competition to attempt to set new world and UK records for throwing an **Aerobie**, a flying ring. The **Aerobie** measures 13 inches in diameter and weighs less than 4oz, so if you think you could better the UK record of 714 ft or the world record of 1256 ft then you could win a holiday for two in America. An entry form is included in each **Aerobie** pack and further forms may be obtained from **Dept AC, Bluebird Toys PLC, Europa Industrial Park, Pasonage Road, Swindon SN3 4RJ**.

Going on Pack holiday? What if it rains? There is now a game available which has been designed specifically with Brownies in mind.

Called the **Brownie Game**, the object is to move around the playing board and collect badges by answering questions on the different subjects. The winner is the first player to collect five badges and then find the Trefoil Badge. It is also a race against time. Brown Owl is continually moving along a branch and if it reaches the hole in the tree trunk before any player has found the Trefoil Badge, the game is over.

Also badges can be won or lost by players to another player, depending on their position on the playing board.

The game is made in England by **Goodtime Toys** and is available from most toy outlets at around £7.00.

Exhibition and Performance

Just room this month for a basic listing of what's on, where and when;

London Festival Ballet: Summer Season **July 7 to 18** London Coliseum, **July 28 to August 15** Royal Festival Hall. Further information from: **The Box Office, London Coliseum, London WC1**.

The Royal Ballet: Paul Hamlyn Week **July 20 to 25** special discounts for people who have never been to the **Royal Opera House**. Tickets will be distributed through voluntary groups, charities and unions. For further details contact: **The Royal Ballet, Royal Opera House, Covent Garden, London WC2E 9DD**. Tel: 01 240 1200.

Gala in the Tent, Battersea Park, London. Ballet Rambert in aid of the **Ballet Rambert Appeal** and the **Marie Rambert Memorial Fund**. Sponsors needed to buy blocks of seats which will then be sold at the token price of £1.00 to young people between the ages of 14 and 19 who, because of financial or other circumstances, could not attend a dance performance, for example the disabled and unemployed. The entrance charge includes a programme and a meal courtesy of **Wimpy International**. For further details contact the **Gala Office** at: **Ballet Rambert Ltd, 94 Chiswick High Street, London W4 1SH**. Tel: 01 995 4246.

Gilbert and George at the **Hayward Gallery, July 9 to September 26**. Exhibition entitled **Pictures 1982 to 1986**. For further information contact: **The**

Hayward Gallery, The South Bank Centre, London SE1.

RAF International Air Tattoo, Fairford, 18 & 19 July. Only part of the Museum is open to visitors.

Science Museum Kite-Fly organised by the **British Kite-Flying Association**. Model Aircraft displays operated by the **Thamesdown and RAF Model Aircraft Associations 8 & 9 August**. For details of both these events contact: **The Science Museum, South Kensington, London SW7 2DD**. Tel: 01 589 3456.

This year's **Summer Exhibition** at the **Royal Academy of Arts** has more works to choose from than ever before. In fact, no less than 13,570 entries were submitted which is an approximate increase of 8% on last year. There is a strong presence from both students and young people and large scale work, both figurative and abstract. The exhibition is on now and runs until **23 August**. The full admission price is **£2.60 (£1.75 concessions)**, and Sunday mornings before 1.45 pm. For further details and opening times contact: **The Royal Academy of Arts, Piccadilly, London W1V 0DS**. Tel: 01 734 9052.

Freebies

Bio-tex have produced a 32 page colour booklet, packed with helpful hints for a carefree holiday. Items in the booklet include chapters on medical care, money matters, packing tips, clothes and beauty care, motoring abroad, food and drink and weights and measures. For your free copy of this very useful booklet send a 10" x 7" stamped self addressed envelope to: **The Bio-tex Guide to Carefree Holidays Offer, PO Box 100, Haywards Heath, West Sussex RH16 1TY**.

The National Trust have produced a booklet which highlights facilities for the disabled. The booklet entitled **Facilities for Disabled and Visually Handicapped Visitors in 1987**, is sponsored by **Barclays Bank** as part of its **Social Responsibility Programme**. To obtain a copy of the free booklet send a self addressed adhesive label, stamped with minimum postage, to: **Facilities for Disabled Visitors, The National Trust, 36 Queen Anne's Gate, London SW1H 9AS**.

Just space to tell all budding David Baileys that from **1 to 17 July Halina** are running a free **Photography Hotline**. Open between **9.30 am and 5 pm** anybody in the country can call absolutely free, by simply 'phoning the operator and asking for **Freefone Halina Hotline**. You may ask absolutely anything about photography as the line is aimed at both the first time photographer and those requiring more technical advice. Callers will also be sent a free **Halina Colour Guide to Good Photography** and their names will be entered into a draw to win one of 100 free **Pix Fashion Cameras**.



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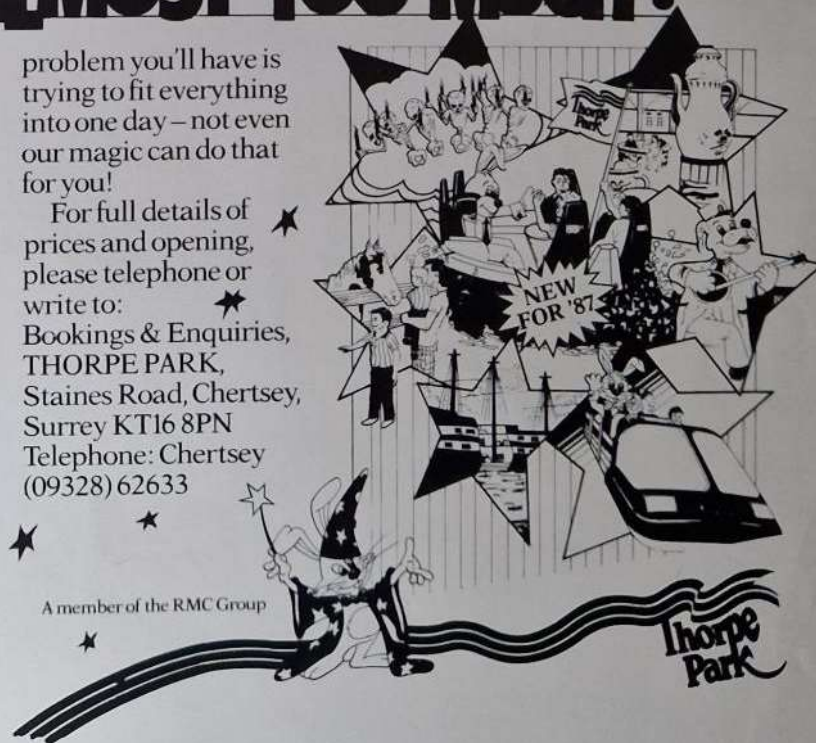
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