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GUIDING

VOLUME 78 NUMBER 10 OCTOBER 1989 75p

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WE ARE GRATEFUL TO WEBB IVORY LTD FOR SPONSORING THIS MONTH'S COVER

FRONT

Cockney sparrow Hayley Chantler isn't from London at all. She's a member of the 4th Cowley Brownie Pack in Oxfordshire. Hayley was taking part in the Cowley District Challenge Cup talent contest. Hayley and her fellow Brownies won the cup - for the fourth time - for their top notch performance of London songs... Havlev's dressed as an old-time flower seller for the theme 'London Pride.'

FIGH



COMMENT CHARITY BEGINS AT HOME

From time to time I receive letters from Guiders expressing concern at our Annual Subscription, saying they don't like to ask the parents for the money. They point out that money is needed for all the essential items a unit must have, like magazines and badges, and to pay for camping, Pack Holidays and other activities.

This worries me considerably, as I know some of them are left out-of-pocket themselves by trying to be thrifty.

Yet, on the other hand, our members up and down the country raise millions of pounds every year for other charities — yes, I do mean millions of pounds.

Wouldn't it be prudent for us all to keep a percentage of any sum we raise for somebody else? Obviously we'd have to make it clear that we intended to do this.

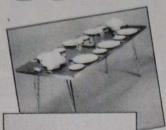
This way not only would we continue to raise money for others, but we wouldn't be so hard up ourselves. It would free Guiders from always having to think up ways of raising money to keep their units out of the red.

With the new uniform coming in next year, it would also help towards the inevitable expense that will arise from a period when there won't be second-hand uniforms available for those girls who cannot afford a new uniform.

Think about it and do let me know what you think.

Dr JUNE PATERSON-BROWN Chief Commissioner

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'Is there anybody there'?



PIGGY BACK TO PARTY

It's certainly a novel way to arrive at a party — on piggy back.

This particular Brownie was on her way to join 4,999 other Brownies from Nottinghamshire for their 75th anniversary celebrations at Newark.

The fun began with a cake-cutting ceremony and the release of 75 yellow balloons from a Trefoil of flags and pennants.

BROWNIES ON THE MOVE

Brownie Guider, Judith Vaughan, wanted to lay on an extra special treat for the 6th and 7th Alexandra Park Brownies to mark the 75th anniversary. But funds were tight.

So she 'persuaded' her husband to ask the Greater Manchester Bus Company if they could hire an open topped bus at less than the going rate.

The company went one better and waived their charge. Judith's husband took the wheel of the balloon-and-Brownie-laden bus and headed for Wythenshawe Park.



CHESTER EVENING NEWS



IRENE GETS HER AWARD

Disabled athlete Irene Hotchin has at last received the Midlands' Woman of the Year Award for Achievement, which she won last year.

Irene was over in Seoul South Korea, when the awards were being handed out. She'd gone to represent Great Britain in the Para Olympics.

Irene, aged 53, of Bottesford, is wheelchairbound, but she refuses to let that stop either her sport or her Guiding involvement.

She was presented with the award, a crystal fruit bowl, by the Deputy Chief Commissioner, Mrs Anne Dunford.

Mrs Dunford said: 'She is a fantastic lady. Despite constant pain and suffering, she is always smiling.

LONG SERVICE

Former Guider, Ruby Harris of Cambridge East, has been presented with a special award after 30 years service with the County's Programme and Training Committee.

Ruby was presented with an engraved glass vase by County Commissioner Mary Sanders during her final committee meeting as treasurer.

Together with her twin sister Joan, Ruby has been interested in training for many years.

She first joined the Programme and Training Committee towards the end of the Second World War, when she was a Camp Trainer.

GALA GUIDES

Looking rather pleased with their efforts are members of the 1st Nuneaton Girl Guides swimming team, celebrating their win in the District Swimming Gala.

After romping home with 125 points, the girls proudly displayed their trophy.





SPLASHING OUT FOR A MEAL

Disc Jockey Gary Marshall made sure he had his water wings with him for a meal out with a difference — in the middle of a swimming pool.

Guides from the 45th Paisley (Sandyford Church) did their best to make him feel comfortable. The Guides have entered the British Meat Guide Patrol Cooking Challenge to celebrate "British Food and Farming 1989"

Gary can truthfully say he's never 'splashed out' for a meal like that before Foxlease renewed its royal connections in July when our President, Princess Margaret, visited the Hampshire training centre on a perfect summer's day.

The Princess was guest of honour at the official opening of the newly-renovated 18th century coach house.

After unveiling a plaque to mark the event. Princess Margaret was presented with a posy by Sarah Chittock, daughter of the Guider-in-Charge, Hilary Chittock.

Foxlease, which is the first 'home' the Guides ever had, has very strong royal links. It was given to the GGA in 1922 by Mrs Archbold Sanderson and the Princess Royal.

Money given to the Princess Royal as a wedding gift was used to endow the house.

The much-admired crystal candelabra in the drawing room was a gift from Queen Elizabeth, the Queen Mother

Foxlease attracts more and more visitors each year and it was to cope with this extra demand that the refurbishments have been made to the coach house. Five single and four double rooms have been provided upstairs, with dormitory-style accommodation downstairs.

Before the ceremony the Princess joined other guests — including the Chief Commissioner, Dr June Paterson-Brown — in the elegant Robert Adam white-and-gold drawing room for a buffet lunch.

Afterwards, cheering Guides and Brownies lined the route for the

a royal visit for FOXLEASE



Princess's walk to the coach house. After the official speeches were over, Princess Margaret spent over an hour going 'walkabout'. For girls taking part in a British Guides in Foreign Countries camp, it was a fairytale end to a wonderful week.

One Australian Ranger, 18-yearold Rachael Westblade commented: 'It's pretty cool' and then confessed that they were all feeling 'as nervous as anything'.

The Princess watched demonstrations of backwoods cooking, Maori stick games, life-saving skills and mouth and foot painting.

There was just time for a reviving cup of tea in the shade before the royal visitor was sent on her way with an impromptu chorus of *Go Well and Safely*.

The visit had been a huge success and Hilary Chittock was able to relax properly for the first time in days. She said: There was a lot of hard work and planning involved, but everything went very well indeed.

The Princess was superb and really interested in what the girls did and said.



Applause for the Guides' skill at a Maori stick game from Princess Margaret and the Chief Commissioner, Dr June Paterson-Brown

Princess

Margaret on



Alison Cunningham — bandmaster, flautist, musical instructor and Music Consultant for North East England all in one



Concentrate! Rehearsals get underway

Guiding

Imagine the chaos caused by nearly 70 Scout and Guide musicians, all packed into a small hall. But, at a word from the bandmaster, they leap into place, chaos resolves into order and they march neatly up and down, without even the smallest Cub getting lost.

The really amazing thing is that this is not one, but three bands — and they've only been working together for two days.

The scene is Cliff College, set in a picturesque valley in the Peak District. The musicians are members of the Deane District Guide Band, the Sheffield, Sheaf District, Scout and Guide 8 Band and the 1st Peacehaven and

Telscombe Cliffs Scout Band. The event is a band workshop which will culminate in a march through Sheffield in the Lord Mayor's Parade. A fitting display of the musical talent found in the Movements.

It all started four years ago when Division Commissioner Pauline Whitlam approached Alison Cunningham. I've got eight musicians,' she said. 'Can we lead the Remembrance Day Parade?'

I told her she hadn't got a prayer.' laughs Alison, who promptly forgot about it. But Pauline persisted until eventually Alison thought she had better take the idea seriously.

She already played the piano, flute and guitar — but knew nothing about marching bands. Nevertheless, in true Guiding spirit, she went

ahead and the Deane District Guide Band was born.

At first she had no idea where to get help, but a lucky accident put her in touch with Cath Batley, musical instructor for the Sheffield, Sheaf District. Scout and Guide Band. The two bands have been in touch ever since — they even do joint Christmas concerts

In search of yet more expertise, Alison wangled her way on to a Scout bandmasters' conference at Gilwell Park. There Ernie Botting, bandmaster of the 1st Peacehaven and Telscombe Cliff Scout Band, offered his help.

Co-operation between the three bands has proved very successful: 'A testimony to the fellowship between Scouting and Guiding working





Vanessa Marsh from Deane District Guide Band checks over her music

in action

together towards a common aim, explains Alison.

Their first workshop was held in Brighton last year. Everyone enjoyed it so much that it was hardly over before they were planning this year's.

All three bands bring different skills. The Peacehaven band moves with all the precision you'd expect from a band trained by an ex-military man (Ernie was a member of the 3rd Royal Tank Regiment).

Alison and Cath have both concentrated more on the musical talents of their members, arguing that this gives them an extra skill they might be able to use to earn a living.

Put the two elements together and you have a magical combination.

It's great to see how music breaks down the barriers between people.

They may live 250 miles apart, but once they start it's impossible to tell who comes from which band.

Even when they are given a break they don't stop — two drummers from Peacehaven are practising a drum roll with another from Sheffield. A flautist and a bell-lyre player are hotly discussing something in another corner. And Alison is everywhere, offering help and encouragement and distributing sheaves of music as she goes.

During the morning they practise their marching to the sound of rousing tunes like *Colonel Bogey* and *The Great Escape*. Alison's husband Rob plays a bass drum — he joined the Scout Movement so that he could play in the band.

After lunch, it's back to the hall to

practise their concert band skills. Alison takes up her flute and Cath spiritedly conducts a toe-tapping version of *Rock Around the Clock* wearing her slippers ('My husband did the packing and forgot to put my shoes in.'). Her baby, Andrew, waits patiently outside in his play pen.

It's not all hard work though. Everyone gets a chance to try out an outdoor activity later, including canceing and rock climbing. And, in the evening, there's time for a ramble over the hilltops above the college.

Three days later and they are marching in the Lord Mayor's parade looking immaculate and sounding great — 'the best PR job Scouting and Guiding could have,' as Alison says.

DIANA WALLACE 9

APPLICATION BEHIND THE SCENES



Sarah Gardner, the Guider who's 'signed on for life'

'GUIDES, HOW GHASTLY!'

It wasn't a very good beginning. When Sarah Gardner's mother heard she'd been invited to a Guiding open day, her reaction was: 'Oh Guides, how ghastly!' Luckily her daughter didn't agree.

"I said: "That sounds nice", but my father said: "Rubbish", Sarah explained. Being a strong-minded young woman, Sarah took no notice and went off to investigate. Over a tea that included cold Christmas pudding, Sarah was hooked, 'signed on for life' is the way she puts it.

Today her parents — her mother is Baroness Gardner of Parkes and her father a former Lord Mayor of Westminster — can see what Guiding has done for their 29-year-old daughter, conceding that she is one who is 'geared up for so many things'.

But there were a few problems along the way. That initial attitude for a start. Sarah said: 'It was because in Australia, when my mother was a girl, the units were segregated by religion. So, because she was a

ACPC HALMAN AND THE PARTY OF THE

Catholic and there were no Catholic Brownies or Guides handy, her mother wouldn't let her join.

Twas late into Guiding. I started in January. 1976. My mother was chairman of the Social Services Committee at that time and got an invitation to go along to Paddington Guides to see the work they were doing.

It was Sarah who jumped at the chance and went on to become a Young Leader with the 3rd West Paddington Brownies, the first YL in Paddington Division and one of only a handful in London North West County.

She recalled: 'I really enjoyed working for my Young Leader certificate because it was all so new. I was the most regular attender. I think I went more often because I hadn't been a Brownie or a Guide.'

Her commitment to Guiding led to a few rows at home. Sarah chuckled when she recalled her mother ticking off Commissioners because they kept asking Sarah to get involved in projects when her mother felt she should have been concentrating on her studies

'I didn't take any time off Guiding for examinations,' said Sarah, who was then a pupil at the City of London School for Girls. 'I wasn't giving up Guiding for anything whatsoever. We had many battles over the years over Guiding.'

Understandably, perhaps her parents — both dentists — were disappointed that Sarah didn't continue her education. Instead she took an intensive secretarial course — The best £400 I ever spent' — and landed her first job, as personal assistant to the European Election Officer, which also involved organising a tour for Mrs Thatcher.

It was 1979, the year Mrs Thatcher first took office, and Sarah recalled digging deep to find the energy to keep with 'Mrs T. She said: That was incredible...it was a job and a half! I was thrilled to do it.'

Next Sarah went to work for top advertising agency Saatchi and Saatchi as a PA, after six years she ended up as 'chief dragon' (group organiser).

We were talking in Sarah's 'lair', a tiny hideaway off a bright courtyard in London's NW1

Although Sarah appreciates the opportunities her parents have provided, she is anxious that no one should dismiss her as being born with a silver spoon in her mouth.

She told me that although there was money in the family — her mother's father was a government

minister in Australia — her parents weren't given any.

They came to England at the end of the 1950s and started a dental practice in London's East End. Sarah says proudly: They are both National Health dentists, not private ones, and they have had to work extremely hard. At one time there were four of us living in a one-bedroomed flat in Notting Hill. Mum and Dad have built everything.

They are a formidable family, Once the practice was established, Sarah's mother contacted all the Iccal political parties and, having checked out their aims and attitudes, opted to give the Conservatives a hand.

'A born politician', according to her daughter, Baroness Gardner was elected to the local council and to the GLC, as well as fighting two national elections. In 1981 she joined the House of Lords, where she recently took on the Government over charges being imposed for dental checks and sight tests.

'My Dad decided that if you can't beat them, join them,' explained Sarah. 'He was elected on to Westminster Council in 1981 and was Lord Mayor from May 1987 to May 1988.'

Completing the family are Sarah's two sisters, 27-year-old, terribly brainy Rachel, who is a doctor married to a doctor, and 24-year-old Joanna, who has just started work as an articled clerk.

Perhaps it was because they are all such achievers that Sarah's parents found it almost impossible to accept the news she found out just two days after her 21st birthday... she has multiple sclerosis.

Talking about her condition Sarah was completely in control, allowing no awkward gaps for platitudes or sympathy. I concentrated on Guiding and didn't waste time thinking "Why me?" 'she said.

Of course, it isn't always easy to be strong. I was a bit bad about talking about it in the beginning, but I was never frightened to cry. I do believe in crying. Every now and again I do get cross. a bit miffed that it should happen to me, she confided.

Her great friend and flatmate at the time, Jenny, was a great help. 'She got me out of bed and to the bus stop, which was very necessary.'

Her firm helped too and she was able to continue as Brown Owl with the 4th West Paddington Brownies. I made Brownies my priority, always taking time off work so I could go to Brownies in the evening. I think they used to find my Guiding rather

extraordinary, but they indulged me, said Sarah.

The job finally proved too demanding. Sarah now works three days a week as a social secretary organising parties and lunches. She is also building up a successful sideline as a dressmaker, turning out enchanting evening ensembles, billowing ball gowns and wonderful wedding dresses

Her ambition, however, is to find a paid job as a charity worker. Her voluntary work includes being a school visitor, hospice helper and she is a Home Office appointed lay visitor to police stations.

I chose not to lie about my MS, said Sarah, and landing a job has been that much more difficult.

So far her most difficult year was 1987. An eight-year relationship broke up because her boyfriend - a doctor - couldn't face up to her condition. 'He couldn't cope with it at all, he wouldn't discuss it at any time, she recalled.

That April, overnight, she lost the sight in her left eye. It took six long months to return and, in the meantime, Sarah had to give up her beloved Brownie Pack

She keeps up her Pack Holiday licence and first aid and life saving qualifications so that she can still go on Pack Holiday. Currently she is Young Leaders Adviser for the County and Musical Consultant to the Arts Adviser for the County. She also helps with an unofficial County catering team.

The counselling Sarah received two years ago has helped both her and her parents face the future. She said. I look perfectly all right, but I know I'm not perfectly all right because, eight years on, it has taken its toll. Basically, there is always something not quite working, but it isn't severe enought to put me in a wheelchair.

Her worst times are late at night and early in the morning. She reads all the latest theories about MS. which medical experts describe as 'a chronic disease of the nervous system...characterised by recurrent relapses followed by remissions.

No underlying cause has so far been established and doctors usually claim there are a combination of factors needed to trigger off the disease

In Sarah's case, a question mark hovers over the tuberculosis she is thought to have caught helping out 'chairside' at her parents' practice or the injections she needed after a nasty accident

She tries to do all the right things - keeping cool, 'everyone else has to suffer the lack of heating - and watching her diet.

Sarah has firm views about disabled people who sit back expecting the world to come to them. Even if she is housebound, she makes a point of keeping up-to-date with what's happening in the world through magazines, newspapers or television. Then, when people visit, she has something more than her condition to talk about

I know I have been incredibly lucky with everything ... to have the opportunities my parents have given me . . . MS has also given me opportunities to do things I wouldn't have done otherwise.

A lot of people with MS do find life tough, but life hasn't been difficult for me so, because of that, I feel I must put a bit back and do things for other people, she insisted

Through her parents, Sarah has hobnobbed with royalty and gone on an official visit to China, but the highspot of her year still remains Pack Holiday. Last year she was having trouble walking, but was still determined not to let the Brownies down.

Miraculously, within a week of the deadline, her health improved. So out came the bedroll tied with the same bit of string she's used for the last nine years and Sarah was off **NORA WARNER** again.

Changes to the rules covering camps and holidays in all sections have recently been approved by the Executive following recommendations from the Association's Consultants and Advisers. These changes will be operational from January 1, 1990.

Due to the changes, it will now be possible for a non-Brownie Guider to take Brownies on Pack Holiday, provided a Guider from the Pack is present Young Leader Advisers will be able to camp with Young Leaders.

It will not be essential to gain a licence, unless for large or specialised camps and holidays, and it will be possible to gain endorsements for



different types of camps and holidays

It is hoped that these and the other rule changes will make it easier for Guiders to take girls on camp or holiday and will also provide a simple system of qualifications.

Your County OAA will have further will make it ex details concerning appropriate train- to take girls away

It is proposed to review the rules in Autumn 1990.

New rule changes on camp

Dr'dd an of ev an ce m arill pin Fa a a fe u u r o

Drugs are seen as twentieth century 'devils', ensnaring the vulnerable and unwary in a downward spiral of addiction, misery and sometimes even death. It seems the young are particularly at risk — adolescence is usually a time for experimentation and rebellion. As more and more drugs pour on to the illicit market, how can we best prevent young people from falling into the addiction trap?

Few of us can truthfully say that we are not 'drug addicts' of sorts. What about that early morning 'reviver' — a cup of tea or coffee — before facing the day ahead? How many of us reach for a 'soothing' cigarette under pressure or look forward to a 'relaxing' drink over dinner at the end of a tough working day?

Alcohol, tobacco and caffeine (found in tea and coffee) are drugs just as much as 'the hard stuff' like heroin or so-called soft drugs like cannabis. But few of us would welcome having one or all of our everyday 'crutches' banned.

Other addicts have become hooked on tranquillisers originally prescribed by well-meaning, but hard-pressed doctors as a temporary aid to coping with life . . . and its traumas

Even a seemingly innocuous household product like cleaning fluid has a more sinister usage — when sniffed it can induce a feeling of 'being high'. It is now illegal to supply solvents and gases to anyone under 18, if it's suspected they want to misuse them.

Drugs are now such a part of our everyday life that it's all too easy to understand the addiction trap — one which affects everyone to some degree.

As the Princess of Wales said earlier this year: Those who imagine that drug and alcohol problems mainly affect the less fortunate members of our community would be quite wrong.

'Alcohol and drugs do not respect age, sex, class or occupation and the line between recreational use and creeping addiction is perilously thin.'

The Princess was speaking at a national conference organised by Turning Point, a voluntary body helping people with drink and drug problems.

Mark Lee, Senior Detached Youth Worker for Turning Point agrees that the seductive power of drugs is nondiscriminatory.

'Guide leaders should realise that

THEDRUG



A scene from Alan, one of the Department of Health's latest TV advertisements warning young people of the dangers of becoming involved with drugs.

drugs are an issue for all young people, he says.

But it's also an issue that is often reported in such a way that makes it seem attractive; even glamorous. Right now the papers are full of stories about the new so-called "designer" drug, Ecstasy, and secret Acid House parties."

Experts believe that such sensationalist media coverage, together with natural curiosity, boredom, peer pressure and the urge to experiment combine to make the young particularly vulnerable to the lure of drugtaking.

SHOCK STATISTICS

The statistics show just how powerful the temptation can be. According to a survey in the British Journal of Addiction, more than 20 per cent of schoolchildren aged between 11 and 16 have used drugs or sniffed solvents. The confidential survey of more than 3,000 pupils from six London secondary schools was one of the most comprehensive of its kind.

One in 12 of the pupils admitted repeatedly using drugs or solvent-sniffing. The average age at which they first started was under 13. One in 20 confessed to having used amphetamines, LSD, cocaine, heroin or tranquillisers. An astonishing 63.3 per cent of those surveyed also said they had drunk alcohol

In contrast to the widespread assumption that drug use is far more common among teenage boys than girls, the survey showed relatively little difference between the sexes in relation to drugs and a rising trend of solvent abuse among girls.

More girls than boys are addicted to nicotine: 9.9 per cent of girls classified themselves as daily cigarette smokers, compared to 6.5 per cent of boys.

So what should you do if a girl in your unit asks you about drugs? Perhaps she has experimented already or been tempted to; perhaps she is simply curious.

Mark Lee says: Guiders need to think what their response would be if approached by someone with this problem. First and foremost, youth

A BASIC GUIDE

As a basic guide, drugs fall into four categories:

Drugs that depress the nervous system: Includes alcohol, tranquillisers and solvents as in glues, lighter fuel and aerosols which are widely available. This type of drug generally makes the user feel less tense and more relaxed. It also impairs physical and mental performance and decreases self-control.

Sniffing solvents is a cheap and easy substitute for alcohol for young people, giving them a similar 'buzz' or feeling of being 'high'. But, by inhaling poisonous vapours, users put themselves at risk of accidents, suffocation, hallucinations and sometimes even death.

Tell-tale signs of sniffing include a chemical smell on the breath, unusual soreness or redness around the mouth. nose or eyes, persistent cough, loss of weight and slurred speech.

Drugs that alter perception: Includes hallucinogenic or magic mushrooms, which grow wild in many parts of Britain and cannabis and LSD which are widely available on the illicit market. Generally, these distort the senses and produce a feeling of unreality. The effects of LSD, taken in pill or paper square form, last up to 12 hours and can cause hallucinations.

Magic mushrooms, eaten raw, cooked or brewed into a drink, have a similar, but shorter-lived, effect and can cause stomach pains and nausea. Cannabis, usually smoked, but sometimes baked in cakes, promotes a feeling of relaxed well-being, but occasionally severe panic or anxiety

Drugs that stimulate the nervous system: Includes caffeine and tobacco as well as amphetamines and cocaine. Generally, the user feels more alert and active for longer than usual, but later becomes depressed and tired. Amphetamines, also known as speed or uppers, are commonly available on the illicit market

and, after cannabis, are probably the most widely misused controlled drug.

High doses produce a 'happy buzz', but can also induce psychotic paranoia. Regular users often suffer poor health because they don't sleep or eat properly and the withdrawal effects are severe.

The more expensive cocaine has a similar effect, but the 'high' is shorterlived and is followed by big swings in mood and eating disorders. Large doses can affect the breathing and lead to death.

Caffeine can cause stomach problems and, for some, irregular heartbeat, if taken in large doses. The dangers of tobacco are well documented - it increases the risk of developing lung cancer and other respiratory diseases and can affect the heart.

Drugs that reduce pain: Includes opiates like heroin, morphine and codeine, which all come from the opium poppy. Heroin can be smoked, sniffed or injected, giving the user a warm glow and feeling of contentment. Side effects include severe mood swings and breathing problems and regular use leads to physical and psychological dependence.

But the drug which is most prominent in the headlines at the moment and giving cause for national concern, is the controversial 'mind-blowing' stimulant, Ecstasy.

The artificially manufactured drug has ridden into youth culture on the back of the Acid House pop craze. There are newspaper stories every week of youngsters having access to the drug, for as little as £15 or £20 a go, at secret acid warehouse parties.

The drug, usually taken in pill, capsule or lick-a-stamp form, speeds up the heart-rate and increases blood pressure, producing a feeling of limitless energy and well-being. But there have also been horror stories of users suffering panic attacks, brain damage and even heart

leaders must be accessible.

Mark suggests that Guiders equip themselves with a 'resource backup' which they can tap into if the need arises.

REBELLION

For some young people the illicit thrill of drug-taking has a powerful if fatal — attraction. So how can you help combat it?

Mark Lee's advice is to discuss the issue fully with the girls and let them make up their own minds.

As he says: The point is not just to say "Drugs are terrible — don't do it" but to say "At the end of the day it's | your life, your decision"."

Mark believes the authoritarian approach is the wrong one. Youngsters tend to rebel against what they are TOLD to do,' he points out.

But he adds that ignoring the whole issue in the hope it will simply go away is not the answer either.

'It shouldn't be a taboo subject. Guiders should pre-empt possible interest in drugs and bring it out into the open. Talk about the pros and cons of drugs - encourage the girls to look at all the facts and then to make a choice.

Mark insists that such informal discussion is crucial to helping the girls learn why drugs should be avoided.

He said: This is not a charter to promote drug use, but we're failing young people if we simply say "It's wrong". Guiders should establish that the door is always open to talk about such an issue and if one of the girls is worried, she should feel able to go through and look for a way forward.

Mark continued: This is not an ideal world - if it was, there wouldn't be any problems, we'd all get along together and life would be rosy. But young people have to rise to the challenges in store for them.

They need more informal education, especially as there's nothing on drugs figuring in the national curriculum. Youth leaders need to create the space and atmosphere where it's OK to talk about difficult subjects, he said.

If this doesn't happen he warns that the only way in which young people will 'learn' is by reading the tabloids or watching TV programmes like EastEnders.

The trouble is, neither is particularly accurate, he pointed out.

 A drugs education video called Writing On The Wall, aimed at young teenagers, is now available. It features several young people imprisoned for drugs offences, who talk openly about their experiences. The accompanying discussion sheets make this a pack which could easily be used by a Unit Guider with Guides or Rangers. For further information contact Michael Tony Ralls at Springbrook Cottage, High Street, Newton Poppleford, Nr Sidmouth, Devon EX10 ODW. Telephone: 0395 68917

USEFUL ADDRESSES

Providing information for parents, abusers and professionals; National Campaign Against Solvent Abuse, Box S13, 245a Coldharbour Lane, London SW9 8RR

To advise and counsel drug misusers and their families; Association for Prevention of Addiction, 5-7 Tavistock Place, London WC1H 9SS.

Information, counselling and support; Drugline, 9a Brockley Cross, London SE4 2AB.

Information and research on all aspects of drug misuse; Institute for the Study of Drug Dependence, 1-4 Hatton Place, Hatton Gardens, London EC1N 8ND.

Advice, information and counselling for people with drug-related problems; Hungerford Drug Project (Turning Point), 26 Craven Street, London WC2 5NT.

DAWN EGAN 13

Rawson.

NIKWAX TEKNIX

Price: £3.40 for a 300ml bottle

For polyurethane-backed nylon material

Features: It has an ozonefriendly spray pump and is very easy to use.

The instructions are very clear but beware it is flammable and should only be used away from naked flames and in a well-ventilated area. Comments: It smells pretty awful and I couldn't get the hang of using the sprayer, said Deborah

ZAMBERLAN HYDROBLOC

Price: £1.75 for a 75ml tube

For boots

Features: This comes in a handy size which looks like a toothpaste tube. It is designed to waterproof Zamberlan's 'Hydrobloc' leather, but can be used on all types of boots.

Comments: It is easy to smear on to your boots. said Kristina Graham. But it is greasy and expensive

GRANGERS SEAM SEALANT

Price: £1.55 for a 50ml tube

For waterproofing seams Features: You would use this sealant for waterproofing the seams of tents and waterproofs It has a ball applicator like a deodorant bottle, but

should only be used in a well-ventilated area because it is very flammable

Comments: It's horrible and sticky, said Lindsay Gilbert But it dries quickly to form a waterproof layer.

GRANGERS FABSIL

Price: £3.25 for 500 ml For fabrics

Features: This product has an ozone-friendly sprayer but is highly flammable. and should only be used sway from naked flames. in a well-ventilated area. Comments: I was a bit womed when I started

using Fabsil because it

darkened the pair of

THE PROOF

If you've spent the summer months at camp or on camping holidays, then your kit will benefit from some special attention this autumn.

Camping gear needs careful maintenance to keep it in tip-top condition. Tents. rucsacs and waterproofs all need reproofing and boots require waxing to keep them in tip-top

gaiters I was proofing. said Alison Walter. But it dries off quickly and is easy to apply

GRANGERS MAXOL

Price: £3.15 for 500ml For fabrics

Features: Ideal for the safety conscious, this proofer is non-flammable. unlike some of the other products tested. It has an ozone-friendly sprayer and clear instructions. Comments: Yuk! It smells

awful, said Kate Risebrow. But it's easy to use and I reckon it's good value for money

GRANGERS' G-WAX

Price: 80p for a 40ml tin For boots

Features: Made from beeswax, this is easy to condition.

This maintenance may be time consuming, but it will save money in the long run. It will keep your kit looking good for longer before it needs to be replaced.

GUIDING went to Great Hauthois House. Anglia Girl Guides' training centre near Norwich, to find out which proofers give the best value for money.

apply and the tin carries clear instructions.

Comments: It's really good, said Kristina. It is easy to put on and doesn't smell

WREN'S DUBBIN

Price: 90p for a 50ml tin. For boots

Features: Dubbin has been around for a long time. but has been somewhat superseded by other wax proofers made by firms like Grangers and Nikwax

Comments: It's really gunky, said Michelle Abbs-Rowe. It is easy to put on, but it is very greasy.

NIKWAX

Price: £1 30 for a 102ml

For boots

Many thanks to the staff at Great Hauthois House, and to sisters Michelle and Catheryn Abbs-Rowe, aged 18 and 16; Kirsty Risebrow, 17; and Alison Walter, 16; from 1st Sprowston Rangers; plus Amy Cooper, 16, and

Lindsay Gilbert, 15, Young Leaders with 7th Oakham Guides; Kristina Graham, 17, and Kate Parkhurst, 17, from 1st Aylsham Rangers and Deborah Rawson, who is the camp secretary at the centre this summer.

Features: Nikwax is the most widely-used wax boot-proofer Almost an major professional expedition teams over its past few years have used

Comments: It's great, said Alison Walter 'It's easy to apply and it doesn't small

LIQUID NIKWAX

Price: £1.55 for a 125ml bottle For boots

Features: This is Nikwax in a liquid form, which means it is even easier to apply. It brings back life to boots as well as proofing them.

Comments: It's brilliant said Kirsty Risebrow. It soaks in well and the bottle it comes in is ideal for carrying in a rucsac.

GRANGERS NYLOPRUF

Price: £1.95 for a 200ml can

For synthetic fabrics only Features: Another ozonefriendly aerosol It has clear instructions but it is flammable, so needs care when using

Comments: It's easy to use, but a bit smelly," said. Catheryn Abbs-Rowe. It dries quickly too.

GRANGERS MAPDRY

Price: £2.95 for a 200ml

can

For paper and cloth maps Features: If you want to waterproof your maps. this is the stuff to use. It has clear instructions but is flammable, so take care.

Comments: I think you would be better off putting your maps in a map case rather than using this, said Amy Cooper

INFORMATION

For more information about Nikwax products, write to: Nikwax, Durgates Industrial Estate, Wadhurst, East Sussex TN5 6DF

Information about Grangers products can be obtained from: Grangers, Imperial Way. Watford, Herts WD24JW.

ROBIN SHUTE

SALES OF THE PARTY OF THE PARTY



Spray it again: Deborah Rawson gives her rucsac a good going over with Grangers Fabsil



Boot girl: Kate Parkhurst treats her boots to a generous coating of Nikwax

NIKWAX TEKNIX Ease of use: 会会会会会 Value for money: 会会会会

GRANGERS SEAM SEALANT Ease of use: \$4444 Value for money: \$444

GRANGERS MAXOL Ease of use: 金金金金 Value for money: 金金金



Where did you get that cag? Michelle Abbs-Rowe gets ozone friendly with Grangers Nylopruf

GRANGERS G-WAX
Ease of use:

WREN'S DUBBIN Ease of use: 会会会会 Value for money: 会会会会

NIKWAX
Ease of use: **A*A*A**
Value for money: **A*A*A**

LIQUID NIKWAX
Ease of use: 金金金金
Value for money: 金金金金

GRANGERS NYLOPRUF Ease of use: **DEASE OF WARD NOT THE TOTAL THE T

GRANGERS MAPDRY
Ease of use:

GRANGERS FABSIL Ease of use: 会会会会 Value for money: 会会会会

SQUEAKY CLEAN

Antiseptic wipes in handy, ready-to-use sachets are now available from Dettol.

Each pack contains eight moistened tissues with an active germicide and cleansing agent, which makes them perfect for cleaning cuts and grazes.

But they are also invaluable to the traveller — easily tucked away in pocket or rucsac — for cleaning surfaces which need to be particularly clean (very useful for public loos.)

MANTRIKA

An alternative view of Australian life is on show at the Commonwealth Institute until November 19—entitled 'Mantrika, The Land of Broken Dreams.'

Aboriginal activist Rikki Shields takes us on a 'journey of the spirit' across his homeland, using colour photographs and accompanying poems.

The exhibition is a rich social document on Abo-



riginal life in a changing society.

Rikki Shields will be taking workshops for all ages, linked to the exhibition, from October 2-6 and October 9-13.

The Commonwealth Institute in Kensington High Street, London, is open seven days a week and admission to the exhibition is free.

CIRCUS

The latest YHA Leisure Breaks brochure offers even more short breaks than ever before, with over 60 to choose from at 23 different locations throughout England and Wales.

As more and more people are taking off peak short breaks, the YHA has produced a range of activities and hobby breaks to meet increasing demands.

There's the opportunity to learn to unicycle, juggle and stiltwalk on the 'Create Your Own Circus' weekend, solve a murder Agatha Christie-style, become a wine connoisseur or consider yourself a budding George Smiley on the 'Spycatcher' weekend.

In addition, Edale and Llangollen YHA Activity Centres offer multi-activity weekends for those who enjoy a real challenge. The varied programme includes mountain biking, canoeing, climbing, abseiling and shooting.

The breaks are fully inclusive from two to five nights and cost from as little as £39.

Brochures are available from: Youth Hostels Association, Trevelyan House, 8 St Stephens Hill, St Albans, Herts, Telephone 0727 55215.



For many people, going on holiday without their pet is like leaving one of the family behind.

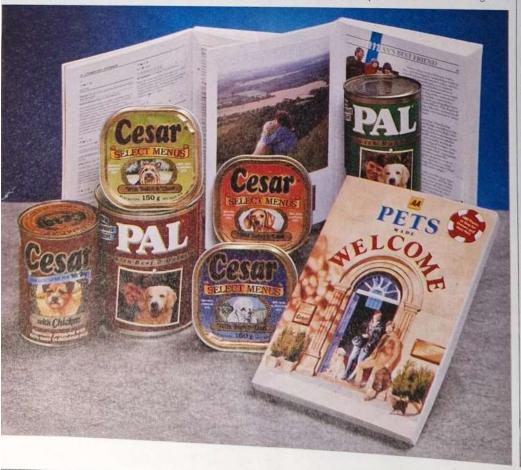
But now, Pets Made Welcome, sponsored by Pedigree Petfoods, has come up with the answer — it's the pet owner's indispensable guide to holidays in Britain.

It contains details of over 1,400 establishments, from luxury hotels to cosy farm houses, which will give your pet a four-star welcome.

Accommodation for human guests is AA-inspected and approved, so you should have a good time too.

There are also tips on how to travel with your pet and what you should take with you, as well as a quick reference list and a location atlas.

The book is available from most bookstores at price £4.95.



WEATHERPROOF STATIONERY

Aquascribe has extended its range of weatherproof stationery making it both practical and attractive.

The original notebook now has squared and lined refill pads, in addition to the standard plain paper pad.

Personal organisers for outdoor people are also added to the range and the ever-popular AquaCopy waterproof photocopy paper for maps, charts

WHITTOCK

and plans is now available in A3 and A4 sizes.

For gardeners there is a new Garden Record Book of spiralbound waterproof pages in its own pvc cover

Apparently, you can read or make notes in it even under the sprinkler!

For a copy of the new Aquascribe brochure and price list contact. John Hope-Hawkins. Hawkins and Manwaring, Westborough, Newark, Notts NG23 5HJ. Telephone: 0400 81492.



ROYAL JESTS

Royal Britain, the London attraction which re-creates the spectacular story of one thousand years of British Royalty, is staging an exhibition of royal cartoons.

The exhibition will reflect the changing attitude of cartoonists towards the Royal family over the last two centuries.

The modern section will include an array of personal

favourites chosen by the editors of national newspapers and a selection of cartoons will be auctioned in aid of charity.

The exhibition is to be staged in the foyer of Royal Britain and will be open free of charge from October

2-20.
Royal Britain is situated opposite Barbican Underground in Aldersgate Street, London EC2 and is open

seven days a week from

9am-5.30pm.



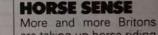
Well, if you didn't put it there, who did . .

GET WISE ABOUT WHEELS

Buying a second-hand car can be a tricky business, especially if it's the first car you've ever owned. And the problems don't stop when you clinch the deal. There's servicing and repair bills to consider.

Realising young people like Rangers and Young Leaders can be particularly vulnerable, the Office of Fair Trading has produced a special leaflet. It's packed full of useful information that should guarantee you won't be taken for a ride.

Copies of the leaflet Used Cars. a guide for people who know little about them, are free and can be obtained by contacting: Vanda Crouch, Office of Fair Trading, Field House, Room 305, 15-25 Bream's Buildings, London EC4A 1 PR.



are taking up horse riding
— there are currently about
three million eager and
enthusiastic equestrians in
this country.

Unfortunately, accidents can happen and it is important that all riders, whether they own a horse or not, should be properly insured. Many riding schools insure only their horses, leaving their customers — the riders — totally unprotected.

Rider Plan is the newest addition to the Horse Sense Equine Insurance range of plans from the Pet Plan Group, the UK's largest animal insurance specialists.

It's targeted at anyone in the UK who rides regularly, but does not have their own horse or pony and, so far, over 45 per cent of policies taken up have been for pony-mad under-18's.

For more information telephone Lorraine Beckwith on the Horse Hotline free on 0800 282250





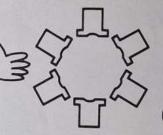
I've grown too old for Rangers
And a new life I must build
But I'll keep in touch with Guiding
Through my local Trefoil Guild.

Keep the fun, friendship and adventure of Guiding in your life and join your local Trefoil Guild. Get together with other former Guides and Scouts and their friends and discover for yourself that the Trefoil Guild is not all knitting and advanced crochet.



For details of your local Trefoil Guild write to: The Trefoil Guild, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT or telephone 01-834 6242.





THE SUSSEX T-SHIRT COMPANY

River Road Littlehampton West Sussex BN17 5BZ Tel: (0903) 717298/723843

Please send for our Order Form with full details of our colours, sizes, prices and styles which are: T-SHIRTS. CREW-NECK SWEATSHIRTS V-NECK SWEATSHIRTS JOGGERS. CARDIGANS DROP SHOULDERED SWEATSHIRTS MINI RA-RA SKIRTS. SLIPOVERS SUSSEX-SPECIALS. PLEATED GYM SKIRTS All our Garments are Made in England

My brain is being sorely taxed by our B-P Trefoil holder who is now looking seriously at the Commonwealth Award. Not many Guides (or Rangers or Young Leaders) seem to find that page in the book, so I'm trying to keep one step ahead!

Her enthusiasm is a refreshing contrast to the talk I had with two 14-year-olds who have decided to leave, just one badge away from the B-P Trefoil. Just as the first Guide does not really know why she stays, the other two cannot define why they want to leave. Even removing the pressure of Badge work does not seem to be a solution for them, which means I'm no nearer to solving the mystery of why older Guides leave.

I tried a questionnaire on the older Guides (still thinking of gaining a Ranger Unit), which asked them to complete — anonymously — the sentence 'I go to Guides because...' but the majority of the replies were to meet my friends' or 'because it's something to do'. So much for great plans and adventures!

The Guide Guiders have come up with an adventure — they have booked a local youth hostel for a weekend and aim to fill every bed with Guides. The Warden has offered a film on hostelling and a lecture about basic hiking, which the Guides will pay much more attention to than if we try to tell them, and a Hallowe'en party on the Saturday.

They may get inspired to follow this up and try hostelling tours and activity holidays next year. It could also be something the Guides can follow up in later life, as there is a special camaraderie amongst hostellers similar to that of Guiding.

However, getting back to basics, my next task is to check on the paperwork they need (it will be easier to ask CA than to read through all those pages myself and perhaps miss something crucial) then seek guidance on Hallowe'en parties — should we or shouldn't we? The Brownie Guiders have also been asking about this one — perhaps Division Commissioners can solve if for me — I like delegating.

Tip of the month came from the Brownie Sausage Sizzle (it may come in useful at the next camp training). Apparently you need to relate oven regulo to knitting needle size. Hence Regulo 1 for slow



diary of a DISTRICT COMMISSIONER

cooking is needle No. 1 which means thicker wood. Regulo 9 relates to a thinner needle, hence thinner wood for a higher flame and faster cooking.

One Pack arrived at the Sizzle straight from the highlight of their term — they went to their Guider's wedding, where they were far more angelic than the choirboys. Apart from a slight lapse when some of the Brownies — and the vicar — ate the rice crispies which were meant for confetti. Afterwards we had a Promise Ceremony in the

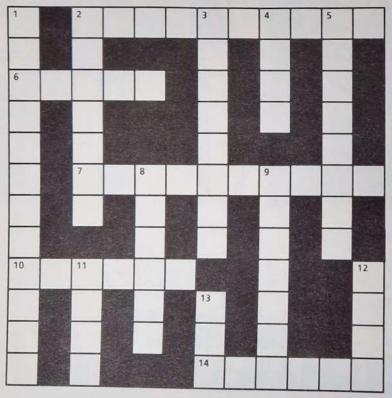
church. One of the Brownies told her mother afterwards that I had to do that bit because their Guider was busy.

They then hiked to the Sizzle to tell of their adventure. I suppose because that Pack was mine for the day, they asked me if I would be helping their stall at the autumn bazaar. I explained that I had to help everyone to be fair, but I would find some white elephants for them. 'But we have the yellow stall,' they chorused. So I had to explain — such is life!

In our Live Issues slot this month, we've turned the spotlight on drugs. Our research clearly revealed that it's a subject that no youth worker - including Guide leaders - can afford to ignore. The experts insist that there's a need for more informal education on the thorny question of drug abuse. How wised up are you on the subject? In the know - or keen to find out more?

We approached the Guiding Activities Division at CHQ and asked them to come up with suitable programme ideas, for Guides and Rangers. The girls can work on these as individuals

First, test your wits with our 'Chemical Crossword':



ACROSS

- 2 Way of taking drugs piercing the
- 6 Medicine for swallowing whole (5) 7 Drug given by doctor to fight infection (10)
- 10 Breathe in (6)
- 14 Amount to be taken (6)

DOWN

- 1 Synthetic, illicit drug (12)
- 2 Against the law (7)
- 3 Intoxicating hemp plant (8)
- 4 Object of worship (4)
- 5 Drug found in tobacco (8)

- convenient shape (6)
- 9 From the poppy (7)
- 11 Colloquial for hashish (4)
- 12 Alcoholic drink made from grapes
- 13 Initials for powerful hallucinogenic drug (3)

AIR YOUR VIEWS

People react differently when faced with someone who has a drug problem. We've listed some common reactions

 They have no right to treatment 20 8 Measure of a drug pressed into a because it is a self-inflicted condition.

- They should just pull themselves together and do it on their own.
- They were stupid to get involved in the first place. I'm not wasting my time with them.
- What's the point in helping an addict? They will only start using it again after a few months. After all, you can't make anyone give up: they have to want to.

Do you agree with the statements? Perhaps you could stage a debate with one speaker who feels addicts should be helped and another speaker taking the opposing view. Take a vote before and after the speeches.

Some of the Government's campaigns against drug abuse have been criticised as too shocking while other pundits felt they were just what was needed to warn people of the

Discuss how effective you think the campaigns have been. Then ask the girls how they would approach the subject. They could design their own posters, leaflets and, if equipment is available, even make a video advert warning of the dangers.

Try a spot of role-playing to get across the message that saying no to drugs isn't always straightforward. Here are some real-life situations to act out.

- You're at a party and have a couple of glasses of wine. Someone asks if you want to have a 'smoke'. there's no harm in it... not just once
- Your boyfriend has mates who use drugs occasionally. You are out with them one evening and they offer you a chance to get high. your friend accepts . . . they are going to laugh at you if you refuse

 You've finished with your boyfriend. school is going badly, you've argued

UR DGE JGS

with your parents and life is at rock bottom, when a friend invites you round. You tell her how down you are. She knows just the thing to perk you up...

Ask the group what they would do? There are several possibilities—try it, report it, refuse it, buy some or walk away. Get them discussing how they would react, or what they would do if they saw their friends getting into such a situation.

TALKING POINTS

 Cigarettes are also addictive. Get the group to discuss whether putting up prices to discourage smokers

would work and if all cigarette advertising should be banned.

• In some States of America it is illegal to serve alcohol to anyone under 21 Should we follow their example, or is our age limit of 18 more realistic?

 Solvents are usually cheaper and easier for a younger age group to get hold of What would the members of your unit do if they saw a group of 12-14 year-olds apparently sniffing

QUIZ - TRUE OR

We've produced a true or false drug quiz that can either be answered by working together or as individuals.

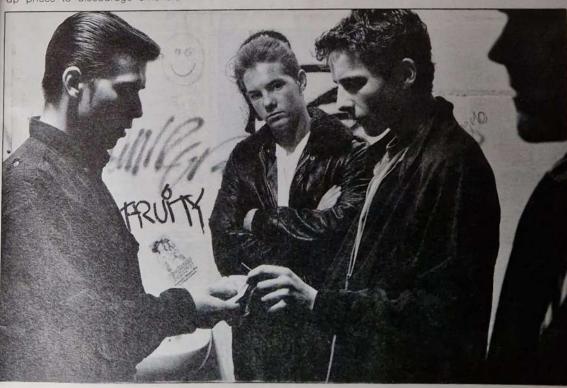
TRUE FALSE

- 1 Codeine is an opiate, similar to heroin.
- 2 You can become addicted to heroin the first time you inject it.
- 3 The major cause of death from magic mushrooms is eating the wrong ones.
- 4 Taking LSD over a long period causes brain damage.
- 5 Morphine is a highly-addictive drug which is still used, with care, in hospitals today.
- 6 Many drug-related deaths are caused by accidental overdose.

- 7 Drugs taken by a pregnant woman can affect the unborn child.
- 8 It is illegal to supply solvents to anyone under 18.
- 9 The human body will develop a tolerance to certain drugs, therefore higher doses must be taken to produce the same effect.
- 10 Injecting is the safest way of taking illegal drugs.
- 11 It is impossible to become addicted to cigarettes.
- 12 There are more heroin addicts in this country than people with a serious drink problem.
- 13 The toxic effect of solvent sniffing is responsible for most of the deaths resulting from this type of abuse.
- **14** Heroin and other opiates are obtained from the opium poppy.
- 15 Black coffee does not combat the effect of alcohol.

ALICE FORBES

 Answers to both the crossword and the quiz can be found on P.31.



A scene from another government TV advertisement a drug deal in Tracing.

Many of you will remember that the 1984 Forward Plan, which was drawn up in response to the views of grassroots Guiding, called for a complete review of Policy, Organisation and Rules (POR). Anne Dunford, Deputy Chief Commissioner and Chairman of the POR Review Group, is delighted to announce that, after over two years of hard work, the new 'POR' is to be launched early next year. But will the new publication make Guiders' lives any easier? Anne Dunford is sure that it will.

INTRODUCING THE NEW POR

The Chief Commissioner asked me to carry out this review of Policy. Organisation and Rules in 1986. asked all who were interested to tell me what changes they would like to POR. Many of you replied with helpful comments, all of which have

been taken into account by me and my POR Review Group, which has been working extremely hard over the past two-and-a-half years examining, not only the wording of POR. but the rules and policies of the Association as well.

Since we started work, we found plenty of evidence to suggest that the GGA is too tied up in red tape. Girls aren't taking part in adventurous activities because of restrictions and often misunderstood rules.

Knowledge of Guiding was found to be lacking. POR, as it stands, provides very little scope for Guiders and Commissioners to use their commonsense, and contains many ambivalent phrases and anomalies.

Decisions are not always being taken by the most appropriate people and local bye-laws have crept in. adding to the red tape.

People tend to say: 'If POR doesn't say we can, then we can't Guiders tell us, too, that they want to find the Outdoor Activities information within POR, rather than in a separate publication such as the Outdoor

Anne Dunford. **Deputy Chief** Commissioner and Chairman of the POR **Review Group**

PROPERTY OF THE PROPERTY OF TH

Manual.

We have held many meetings and spent an enormous amount of time analysing the problems and coming up with the solution. We have consulted widely throughout the Associa ation and listened to everyone who had something to tell us about POR

A MANUAL

Our conclusions are that what is needed is not something called POR' or The Outdoor Manual but an amalgam of both - a GUIDING MANUAL which explains clearly and simply what Guiding is and how to

Think in terms of a car manual - a document which tells the driver what sort of car she has, what to do to ensure that it runs well and safely and achieves what it should achieve.

In the same way, the present POR may well tell you how to apply for a Road Fund Licence and how not to park, but doesn't give you any guidance on how to open the door of your car, get in and have an enjoyable and trouble-free drive.

We aim to provide the readers of The Guiding Manual, especially Guiders and Commissioners, with properly targeted, comprehensive information covering the who, what, why, where, when and how of Guiding. At the same time, we want to ensure that the GGA maintains the essentials of Guiding, and that the needs of the girls remain paramount - because without the girls, there would be no

The new Manual is due to be published in the first half of 1990, when it will replace all editions of POR and The Outdoor Manual. The language will be 'user-friendly' and easy to read, and supportive, rather than authoritarian or restrictive.

The design will be different and eye-catching, with clear headings. It will be loose-leaf, A4 size, easy to use and understand, with a good. comprehensive index. The contents will be arranged in a more logical order than before, with the girl and the support that she and her adult leaders need as the starting point.

SOME RULES

There are bound to be some rules. Just like a good game, a good organisation cannot be run successfully without them. But they are being kept to a minimum, based only on keeping the essentials of Guiding. good safety and good sense. Together with these rules, there will be emphasis on principles — the ethos of Guiding with explanations and guidelines -

ideals to aim for — to help you aim for Guiding at its best.

We hope that future amendments to *The Guiding Manual* will be kept to a minimum, updating whole pages only once a year.

The new Manual will meet the needs of the GGA as it moves into the next century. Although the publication will have a new title, it will still contain the policy, rules and information about the organisation of Guiding. So, if you wish to continue referring to it as POR, there is no reason why you should not do so.

We are, however, aiming for a new concept and new attitudes. The Manual will tell each one of us how to go about good Guiding. It will lay down the essential rules for playing the game. And, above all, it will say to us: If it doesn't say we can't, either in The Guiding Manual or in the publications referred to in it, then we can!' It will enable us to use our commonsense again.

There is still much work to be done on the new Manual, but I wanted you to know how we are progressing so far. In the meantime, until 1990, the

1988 edition of POR (reprinted with amendments 1989) should be used, but it is hoped that this will be done with commonsense and with the needs of the girls uppermost in our minds, so that Guiding really is fun for them.

May I end by thanking all those who have contacted me or responded to our consultations about POR—your help has been invaluable and much appreciated.

ANNE DUNFORD

Deputy Chief Commissioner Chairman of the POR Review Group

Those of us who live in the South of England will never forget the hurricane that roared across the country two years ago this month, leaving behind a trail of devastation. Stricken trees keeling drunkenly in woodlands remain to demonstrate the awesome power Nature can unleash.

As the second anniversary of the storm approaches, most of us have tales to tell of that night — and its consequences. But the destruction created a special set of problems for Brownie Guider, Sheila Clark. She was about to take her Pack — the 6th Barnehurst, Kent — on their first Pack Holiday.

'Are we going, Mrs Elbrow' was the question our QM was repeatedly asked each morning, as she took her daughter to school.

To go back to the beginning, our first Pack Holiday was only eight days away when the hurricane struck South East England. I had to cut my way out of my house the following morning, as my two copper beech trees had been blown over during the night, to discover my telephone wire dangling in the street.

Arriving at work next day. I telephoned the Pack Holiday Adviser at once to find out if our holiday home was still standing! It was, but there was a slight problem — there were no telephones or electricity available. And it wasn't on Seeboard's priority list as all the surrounding houses have generators. First rule for organising a Pack Holiday — don't panic.

Already parents and fellow Guiders had begun to phone me at home to see if everything was OK but, as the telephone still rang, they all assumed Brown Owl was out a lot.

On Monday, as arranged, I met the QM and First Aider outside the

THE HURRICANE REMEMBERED

supermarket. 'All OK?' they asked.

No electricity, I replied. To my astonishment they chorused: Oh well, we will cook outside. There seemed to be no stopping this team, so we bought our shopping and carried on as if nothing had happened. Every day I telephoned a very patient Pack Holiday Adviser only to be told: 'Still no electricity.'

Wednesday evening arrived — Brownie night — and 14 eager, excited faces appeared. The girls were bursting with plans — I'm sure I heard the magic words 'midnight feast'

I sent a note home with each one explaining that we needed a calor gas cooker, gas lamps, lots of prayers and added my telephone number at work.

Thursday arrived with telephone calls galore from their mums. Lamps and cookers were offered. Mrs Elbrow was still being pounced upon by Brownies every morning. 'Are we going?' they demanded. Of course we would go, how could we disappoint them?

Friday — for a reason which escapes me now — I had booked the hall for a day before the Brownies arrived and so, full of optimism, we set off early to prepare it.

As we drove down the road, I could see trees and wires down everywhere. But, as we rounded the bend, to our delight we spotted an electricity van. Mrs Elbrow wound down her car window. 'Any chance of electricity tonight?' she begged. Tve got 14 hungry Brownies coming tomorrow.'

We discovered the hall. It was almost hidden by leaves and small branches, but at least it was standing. Five pairs of hands worked all day cleaning, sweeping, arranging, until



it looked like a home. By six o'clock, we were tired and washing the kitchen floor by torchlight was no joke. I was beginning to doubt if the electricity would be returned to us. After all, the men probably wouldn't be working that late. But, on our final journey home, the van and men were still there.

With the car packed up with torches, batteries, gas lamps, flasks and good luck charms, we returned to the hall driving with fingers crossed and all praying hard. We fumbled our way inside, I hesitated, then turned on the switch — LIGHT!

After that we couldn't go wrong and had a really super first Pack Holiday — with many more to come, I hope.

The 6th Barnehurst Brownies survey some of the damage caused by the storm

ALL GARLS together

No one can deny that women have made giant strides forward in their struggle for equality. Sexual discrimination has been outlawed and, in theory, nothing should prevent women taking their rightful place in the world.

Yet women are discovering that centuries of conditioning are not conquered so easily. And they are learning that they can actually lose out if they are treated as if they were men.

Powerful evidence is emerging that rather than be totally integrated into a traditionally male world, women do better if they go it alone ... relying on their sisters for support.

Leading experts agree that when girls and boys work — or play — side-by-side, it's the boys who benefit, not the girls.

Surveys repeatedly show that girls shine academically in a single sex school, while youth service workers are reporting there is a need for girls-only facilities.

It seems that for girls to grow into confident women, they need the 'space' that only exists in an all-female environment.

And it isn't just card-carrying feminists who say so. A Government working party report on teaching maths — traditionally regarded as 'not a girls' subject — claimed that teachers frequently devote more attention to the boys than the girls in their classes.

Valerine Walkerdine, one of the authors of *Girls and Maths: Some Lessons for the Classroom* reached a similar conclusion. She said later: 'Our research shows girls persistently score as high as boys in exams, but whereas bright boys who are outspoken in the classroom are tolerated, girls who speak out are regarded as a problem.'

Professor Celia Hoyles of London University went even further when she investigated the introduction of computers into the classroom. She

Carried Charles on the

alleged that where resources are limited, girls take second place, adding that prejudice was preventing girls being taught how to use computers — and taking away the possible key to their future independence.

However, it seems that girls may be their own worst enemies. Dr Marion Kimberley, a university maths lecturer, believes that girls deliberately play down their achievements in science and maths because their boyfriends might think it's unfeminine

Striking the right image for the boys is one pressure that is automatically removed with single-sex schools.

A recent report by the Girls' Schools Association, which represents feepaying girls-only schools, demonstrates that girls at single-sex schools do better at maths.

This is underlined by an experiment carried out at Stamford High School in Lincolnshire. The success rate for girls in maths O level examinations shot up when they were taught apart from the boys. One girl described how previously boys had monopolised the teacher's attention and elbowed the girls out of the way.

The headmistress of one of the top girls' schools, Roedean, in Sussex, believes that keeping the boys out of her classrooms avoids shyness and silliness.

'Girls are naturally self-conscious and they tend to avoid speaking out in class if they think boys will make fun of them,' Anne Longley told *Best* magazine. She added: 'Given confidence and security, they are just as capable as boys are.'

Averil Burgess, headmistress of South Hampstead High School and President of the Girls' Schools Association would agree. She says that sending a girl to a single-sex school helps to build up her self-confidence and self-esteem.

Most women, she believes, still underestimate their own talents and expect too little of life. We have got to get them to feel more confident of

themselves, she declared in a *Times* interview.

One way to do that, she is convinced, is to give growing girls the right 'role models'. She said. I think these unconscious messages which are received are vital and in most schools, the senior role models are

That simply reinforces the centuriesold myth that men do and women watch. Mrs Burgess is convinced that girls must see women taking the lead both inside and out of school if they are ever to feel 'I can do that as well.'

She brushes aside arguments that boys and girls cannot be prepared for a 'mixed' future in single-sex classrooms by denying that all life is 'co-ed'. She says: 'Many people work in a predominantly one-sex environment.'

Boys and girls in the years immediately after primary school tend to prefer the company of their own sex, she insists, adding 'that's the age at which they are making their own little freemasonaries.'

The trend to introduce girls into boys' public schools at sixth form level, she believes, may provide financial benefits for the school and a 'civilising' influence on the boys. It doesn't help the girls.

Her view is supported by research carried out by Irene Fox and Rosemary Creeser for the Polytechnic of Central London. They demonstrate that girls who stay on at all-girls schools to take their A levels achieve better grades, particularly in physics, maths and chemistry.

Averil Burgess is convinced that 'Girls are different from boys, emotionally and socially, and the sort of feminism which seeks to treat them as the same does them no service.'

Women can play a full part in society, she believes and explains that she is 'confident young women can push down barriers ... but (not) if you get girls coming out (of school) who are used to seeing themselves as second-class citizens,

they will always accept that the boss will be a man.

Dr Jane French, lecturer in education at York University, thinks that girls must be given space to develop in their own terms and she believes that the Guide Movement currently provides it.

She says: 'I went to a girls' school and was also both a Brownie and a Guide. I didn't always appreciate it at the time, but now I feel a tremendous debt of gratitude to the women who showed me, by their example, what girls can do - quite unassisted.

Dr French added that she feels 'very strongly' it would be wrong for the GGA to become a mixed sex organisation. She continued: I know both from my reading of the literature. and my own research in schools, that where adolescent girls and boys are educated together, the girls tend to lose out ... boys tend to monopolise resources and teachers' time, and girls to recede into the background.

Sue Holden writing in Youth and Policy, shows that what happens in the classroom also happens in mixed youth clubs. She demonstrates that the youth club is clearly male dominated terrain and young men are effectively dictating the rules and regulations for participation.

For some time, women youth workers have been calling for single sex provision. Sue Holden says: Single sex provision should be made available to young women to facilitate their personal growth. Such provision should allow young women to develop their confidence, define their sexuality and the terms on which they participate in mixed provision

Girls' clubs flourished in the 1930s but, as a 'progressive' move after the war, many of them were turned into mixed clubs. Since 1981, the National Organisation for Work with Girls and Young Women has tried to ensure that work with girls and young women continues to develop

A recent survey in Strathclyde found that 'within mixed youth clubs girls were passive and overlooked' and called for 'more specialist work with girls, for more local equipment and resources to be available to girls, for more female staff to work with girls and for specialist training.

In Guiding we already have a Movement led at all levels by women that is designed to cater for the needs and inspirations of girls and young women.

Its unique qualities were spelled out by Joan Howell, Canada's Chief Commissioner, when she opposed a move by the Boy Scouts of Canada to admit girls. She said: 'Guiding inspires an ethic of co-operation, while encouraging leadership potential; it fosters in girls a sense of pride in their own gender and equips them to function as persons in their own right in these complex competitive times

'All female organisations provide women with the opportunity to take executive and leadership positions and thus provide role models for the

She also pointed out that a single sex organisation gave girls 'the opportunity to develop their sense of selfesteem without competition with boys'. Girls and women in an allfemale environment, she added, 'not only enjoy equal opportunity but every opportunity.

The position in the UK was made clear by Mrs Eileen Burbidge when she was Chief Commissioner for London and South East England in a statement to a working party set up by London Youth Committee. We

'All female organisations provide women with the opportunity to take executive and leadership positions and thus provide role models for the girls.'

try to recognise that girls may be wives and mothers, or scientists and politicians and also that in all probability they will be a mixture of these things often simultaneously. More than ever they need the character training that Guiding aims to give, she wrote. They need more than just "girls activities" or indeed "boys activities" - their thinking and attitudes are not inferior to boys, but are different.

Boys and girls can well be confused by the way in which their roles are constantly changing, but with girls the confusion can be even greater because one important aspect of their lives will never change. For both boys and girls it seems essential to have a programme designed to help surmount the change and leaders trained to recognise those special

A statement by WAGGGS to the 26th World Conference explained that: 'In a society where initiative and authority were often regarded as being a male preserve, the Guide

Movement has given girls the opportunity to meet, to organise, to gain self-confidence, to decide on their own projects, and to be leaders.

It also declared that the Movement has 'contributed, and continues to contribute, towards promoting a positive image of women.

Today, the overwhelming majority of state secondary schools are coeducational and, although the numbers seeking to privately-educate their children continue to rise, it is not an option open to most parents. So for many young women, time spent as Guides will be one of the few times they are not pigeon-holed as some chap's daughter, wife or sister, but can be valued for them-

Even when women enter the world of work, they discover that they need a sisterly support system if they are ever to challenge the stranglehold of the old boy network.

Women's networking groups have sprung up to help with business contacts, exchange information and give advice.

The need to treat women's needs separately has always been recognised by the media. There are women's pages in most newspapers, an avalanche of women's magazines swamp book stalls and some radio and television programmes are aimed specifically at women.

It has been calculated by the Henley Centre for Forecasting that by the end of the century, women will make up more than half the

workforce. But experts believe that many women are frightened of power and they need to conquer that fear if they are to compete for the top jobs. Over the years, women who have succeeded despite intense male opposition have often first developed their leadership qualities in the Guides. Dr Bondar, Canada's first woman astronaut, is on record as saying that her years as a Guide enabled her to develop her 'interpersonal' skills.

Other women have to seek professional help to overcome their diffidence. Maggie Mitchell is an assertiveness trainer and administrator of Redwood Women's Training Association.

She has no doubts that young women need to be 'encouraged to be more confident about saying what we want' and that an organisation like the GGA can help girls to grow up to feel 'more confident in themselves, to develop self-esteem and to be able to say: "It's my turn next"

NORA WARNER 25

TAKE ACTION FOR ANIMALS JOIN (ISKA) TODAY

If you are under 17 years of age, care about animals and want actively to help-become a member of the RSPCA.

For £2.50 a year you will receive:

STICKER | CERTIFICATE | BADGE **MEMBERSHIP** SIX ANIMAL CARD WORLD MAGAZINES

CARE AWARD RECORD BOOK



Lam under 17 years old and would like to become a member. Enclosed is a cheque/postal order for

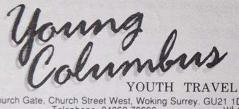
NAME

DATE OF BIRTH

ADDRESS

POSTCODE

Please send this form to - RSPCA Junior Membership Dept. auseway, Horsham, West Sussex RHI2 HIG.



Church Gate, Church Street West, Woking Surrey. GU21 1DJ Telephone: 04862 70696

YOUTH GROUP SUMMER CAMPS





AVAILABLE NOW 1

Please send me information about the 1990 Summer Camp holidays as soon as possible.

Name

Address

Tel Daytime Group Name

Evening

NOW BOOKING FOR 1990!

SWITZERLAND SELF-CATERING

Your very own Alpine chalet beautifully located and fully equipped for Your very own Arpine chairs from eight to eighty, or more, from around £140 for a 12-day camp.

SWITZERLAND ALL-MEALS

New for 1990, stay at a comfortable, traditional-style hotel with all meals included. A worthwhile 12-day camp from £199.

BAVARIA ALL-MEALS

Hotel accommodation at a beautiful lakeside resort, again with all meals included. 12 days from £199.

HOLLAND AND NORMANDY SELF-CATERING

Two superb holiday villages with every conceivable amenity. Cottages for up to eight persons. A 9-day holiday for about £135.

Send now for details of the fabulous range of Venture Abroad summer camps for 1990. Established for 20 years we are the leading specialists in summer camps for youth parties of all ages.

Warren House, High Street, Cranleigh, Surrey, GU6 8AJ Tel: (0483) 273027

To: VENTURE ABROAD

Warren House, High Street, Cranleigh, Surrey GU6 8AJ. Please send me details of your summer camp holidays for 1990

Name: Address: _

Post Code:





WORKING PARTY WEEKEND

At Blackland Farm, East Grinstead, Sussex, Saturday morning-Sunday afternoon, November 11 and 12, 1989.

Once again we need Guiders to help check, sort and repair equipment at this Girl Guides Association site. In return for some hard work, we offer free food, useful experience and pleasant company.

Please send your offer of help by October 5 with an sae to: Mrs J Weaver, Camp Adviser, Blackland Farm, East Grinstead, Sussex RH19 4HP. Full details will be sent to you.

THE ASSOCIATION'S AWARDS

GOOD SERVICE

MRS MAVIS BUDDEN, County Commissioner, Devon

MISS ROSEMARY CHRISTENSEN, District Assistant, Ventor, Brownie Guider, 3rd Ventor (St Catherine's) Pack, Isle of Wight.

MERITORIOUS CONDUCT STAR OF MERIT

MRS MAUREEN CARTER,

Assistant Brownie Guider, 6th Marlow Pack, Buckinghamshire.

Maureen has been a loyal and hardworking member of the Movement for many years. Despite ill health, she can always be relied upon to carry out any task asked of her and it is always done with a smile.

MISS NICOLA COWIE, Brownie Guide, 2nd St Kea Pack, Cornwall.

Nicola joins in all the Pack's activities and has gained many badges. She shows tremendous perseverance and determination and is amazingly brave. Nicola is admired by all who know her.

MISS EMMA DOGGETT, Brownie Guide, 9th Bletchley Pack, Buckinghamshire.

Even though Emma has not always enjoyed good health, she has never forgotten her Brownie smile. She is an active, willing and enthusiastic member of her Pack and has borne difficulties with fortitude and cheerfulness.

MISS DENISE HARRISON, Guide, 1st Thors Oak Company, Essex West.

Denise has been an inspiration to all members of her Company. While in hospital, she remained cheerful and even continued to work for Toymaker and Craft badges. Denise certainly keeps the 7th Guide Law.

MISS ALISON THOMPSON,

Assistant Guide Guider, 294th Birmingham (St Peter's) Company, Birmingham.

Alison has made a tremendous contribution to Guiding having been a Brownie Guide, Guide, Ranger Guide and now a Guider. She has achieved a high standard in everything she has done. She has been an inspiration to all who have observed her progress over the years.

MISS ALISON TOOKE, Brownie Guide, 42nd Ipswich Pack, Suffolk.

Alison is a shining example to everyone, having been courageous and brave through difficulties. She is a keen member of her Pack and takes a full part in as many activities as possible.

MISS FRANCIS VYSE, Guide, 1st Buckingham Company, Buckinghamshire.

The cheerfulness and courage shown by Francis has stood her in good stead during spells of unpleasant medical treatment. She takes part in as many activities as possible and enjoys helping Brownies with special events.

CERTIFICATE OF MERIT

MISS ANNA HALL, Guide, 1st Falfield and Stone Company, Avon North.

MISS HELEN SIMPSON, Brownie Guide, 17th Cheltenham (Bethesda) Pack. Gloucestershire.

GALLANTRY CERTIFICATE OF MERIT

MISS KELLY POOLE, Guide, 90th Bristol Company, Avon North.

SHORT TERM INVESTMENT SERVICE

Monthly interest rate after deduction of management commission.

April 1989 11.03 per cent May 1989 11.30 per cent June 1989 12.375 per cent Additional 0.5 per cent per annum for deposits of £2,500 and above.

WAW!

WADDOW ADVENTURE WEEK

Like to camp but no opportunity through the Unit?

Never been to camp, dying to have a go but a bit apprehensive?

Then come to Waddow, August 4-11, 1990.

For application form and details send sae to: The Guiderin-Charge, Waddow Hall, Clitheroe, Lancs BB7 3LD.

CAROL SINGING

On Tuesday, December 19, a choir of the Association will be singing carols in Trafalgar Square, commencing at 4pm. The carols will be mainly traditional with the choir using the Bethlehem Carol Sheet, 36th Edition.

Many churches use this carol sheet but, in case of difficulty, it can be obtained from: The Bible Lands Society, PO Box 50, Wycombe, Bucks.

If you and your unit are interested in attending this pleasant annual event please ensure that everyone is warmly dressed and that there is a sufficient number of adults to children.

JEWISH GUIDE ADVISORY COUNCIL

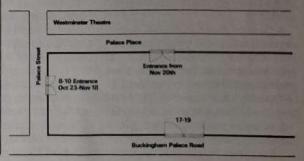
The Annual General Meeting of the Jewish Guide Advisory Council will be held on Sunday, October 29, 1989 at a venue in North West London. For any further information, please contact Mrs Hilary West, Hon. Secretary, 01-907 3509.

TEMPORARY CHO SHOP CLOSURE

To enable the CHQ shop to be modernised as part of the CHQ refurbishment, the shop will be closed for one week from Monday, 16 to Saturday, 21 October, 1989

For four weeks, from Monday, October 23, the temporary shop entrance will be in Palace Street and from Monday, November 20 the shop entrance will be in Palace Place (see plan below).

Please note that during refurbishment the CHQ shop will carry a more limited stock than usual. If you are planning a special journey to London and intend visiting the shop during October, please telephone to check that it will be open and has everything you want in stock. Items can be ordered with two weeks notice. Our apologies for any inconvenience caused.



1990 COUNTRY/REGION ELECTIONS FOR THE COUNCIL OF THE GIRL GUIDES ASSOCIATION

The Girl Guides Association is governed by the Council, and it is up to all Guiders to ensure that the Council is fully representative of all parts of UK Guiding.

Each Country/Region has three members serving on the Council, one of whom retires each year. Each member serves initially for three years. A retiring member may be, but not necessarily is, re-elected if she is eligible; even so, there is always an election at Country/Region level, following elections at County level.

Nominations are now being sought in the Countries/Regions for the 1990 Elections to the Council. As a Guider or Commissioner, you have the right to nominate someone to stand in the elections.

A candidate put forward by any Country/Region is not subject to any geographical qualification. Council members are elected for the individual contributions they can bring to the decisions made on behalf of the Association, and they do not speak for, or report back to, their Countries/Regions.

The essential two-way representation of views between the Council and members of the Association in each District is carried out by the Country/Region Chief Commissioners working through the chain of District, Division, County and Country/Region Executive Committees. These channels are of great impor-

A Council member attends meetings of the Council, helps to govern the Association and keeps herself informed about the Association. She familiarises herself with the structure of Guiding, and with the role and purpose of the various Committees.

If invited to do so, she sits on Committees, Working Groups and/ 28 or takes on an Association appointment and/or represents the Association on other bodies as appropriate.

She recognises her public relations role, both within the Association and outside it, in particular in seeking out potential Council members and encouraging them to stand for election

An ideal candidate for election to the Council should be knowledgeable about, and have experience of, Guiding at all levels or, if not a member of the Movement, in sympathy with its aims and ideals and understanding of its working methods. She should be able to take an overall view of the Association and of its role within the Youth Service.

She should be a person of wide interests and relevant experience outside Guiding, and should be interested in and concerned for young people.

She should be optimistic, forward looking and adaptable, and have the ability to listen, absorb and analyse. She needs to be articulate and not afraid to speak up or to make decisions

CHARTER AND BYE-LAWS

The Girl Guides Association is governed by the Council and has its affairs managed and regulated by an Executive Committee appointed by the Council. The functions of the Council and the Executive Committee are controlled by the Royal Charter granted by King George V in 1922

In order to meet the changing needs of the Association, supplemental Charters were granted by King George VI in 1949, and by Queen Elizabeth II in 1960 and 1981. In addition to the Charter, there are currently 45 bye-laws which give the method of carrying out the provisions of the Charter.

All elections to the Council are therefore conducted in accordance with the Charter and bye-laws of the Association which govern its composition, and the terms of office of each elected member.

A candidate for election to the Council must, at the time of her election, be over 18 and must not have reached her 61st birthday (Bye-law 3).

if you would find it helpful to have a copy of The Girl Guides Association: Charter and Bye-laws, please apply to The General Secretary's Department at CHQ.

THE ELECTION

The Election process is as follows: 1 Any Guider or Commissioner may obtain an official nomination form from her Commissioner (who in turn can obtain it from the County Secretary).

- 2 The nomination must be made on this official Nomination for Election to the Council form by two Guiders or Commissioners holding a Warrant or an appointment in the Country/ Region concerned, the permission of the nominee having first been obtained
- 3 The completed form is then sent to the County Secretary, via the appropriate Commissioner, by a date decided by the County concerned.
- 4 County Commissioners must arrange for a secret ballot at a meeting of the County Executive Committee, to select one name from among those nominations received, for forwarding to Country/Region Headquarters by mid-December, or thereabouts, in each year.
- 5 The Country/Region Executive Committee then holds an election to select one name from all the County nominations, for submission to the Association General Secretary at least three months before the date of the Annual General Meeting of the Association.

6 The name of the successful Country/Region candidate is noted by the Council at its Annual General Meeting, and she becomes a member of the Council the following day.

ROLE OF THE COUNCIL

Council Members have the opportunity and the duty to appoint the Chief Commissioner of the Association, the Deputy Chief Commissioner(s) and the Honorary Treasurer; to elect a proportion of members of the Council in addition to those elected by the Countries/Regions; to assess reports made to them; to initiate discussion and to make all their decisions in the light of what, in their judgement, is the greatest good for the Association as a whole

MEETINGS OF THE COUNCIL

At present the Council holds two meetings a year, the Annual General Meeting and an autumn meeting both in London. Meetings have usually been held during the week. but members are ballotted each year whether the next year's autumn meeting should be held on a Saturday.

The Association meets the expenses of member's attendances.

HOW TO MAKE A NOMINATION

If you know somebody who would be a suitable candidate for your Country/Region elections, please obtain a nomination form from your District Commissioner and start the ball rolling.

The more nominations submitted, the healthier the Council Elections

will be

MARJORIE HAYTER The General Secretary

THE COLD CHAIP

A GAME WITH A PURPOSE

When we launched the Cold Chain Challenge, we described it as 'a game with a purpose'. And that purpose was to raise money to support Rotary International's PolioPlus campaign to combat six child-killer diseases.

However, the many units who sent off for the Cold Chain Challenge Pack found they had also gained some marvellous programme ideas.

Elizabeth Horrocks, Brownie Guider with the 4th Alderley (St Philips) Pack, found the challenge kept her girls busy for most of the Easter term. And, she said: 'A good time was certainly had by all.

They observed Thai etiquette and staged an evening when 'no Brownie's head was higher than the Guider's and we were all most polite

Elizabeth added: 'We found we were very pleased that our water came from a tap, not from a river two miles away.

The Brownies discovered how hard it was to move around the room without using their legs (one spun round on her back in a circle going nowhere), about the importance of vaccines and how soon an ice cube melts.

We made musical instruments from scrap, and used them to accompany our Jamaican songs.

Some Brownies gained their Jester badges, starting with a play about a cat and mouse based on a Ugandan story.

Other useful ideas were matweaving from Thailand and maskmaking from Uganda.

The Pack also raised £100 for PolioPlus.

The 1st Eastwood Guides from Nottingham began the Challenge by talking about the immunisation programme and compared it with the way immunisation is carried out in the UK

Later, Guide Guider Barbara Wigley said: We had a very successful Jamaican Evening, when the Guides dressed up and had to barter with Monopoly money for activities like fabric painting, making masks and flowers and shellcraft. as well as food and drink.

Most of the Jamaican recipes we tried were very popular. Extra money could be earned by balancing baskets of fruit - plastic, of course - on their heads and walking down the hall.

We sang calypso songs, limbo danced and listened to reggae music.

For our fundraising event we had a silly evening and paid to dress up, wear red noses and play silly games, such as shaving a balloon and feeding a friend blindfolded.



We paid 2p a song to sing silly songs and organised a Guess the Teddy's Birthday game.

When we went on our weekend camp, we tie-dyed squares of linen to use as camp napkins (plates can be hot on legs in shorts) and made pendants.

We presented the Guides with the PolioPlus Badges at our last challenge, which was a trip to the local sewage works.

If your unit missed out on the fun, there are a limited amount of packs still available from Guiding Activities at 17-19 Buckingham Palace Road, London SW1W OPT. They cost £2.50p each, badges are available in multiples of ten at 60p a set and please enclose a sae (A4 size) with 50p worth of stamps with your order.

Getting down to it Eastwood **Brownies** Jamaican evening

MYMU

SHAPING UP

Take a good long look in the mirror. How do you feel? Reasonably happy or down in the dumps? With me this depends on the type of mirror! Looking into a hand mirror on a good day - no spots, eyebrows plucked, a healthy glow, no dark shadows and hair all one colour - leaves me feeling quite happy. On the other hand, a fulllength mirror can be a little less flattering. At only four feet eleven, it would be nice to grow a few extra inches (and loose a few in other areas). So, as I embark on my tenth diet of the year, I can't help wondering - why do I bother?

Then there's the swimming and the exercise classes to improve my health. as well as burn up the dreaded calories. All this takes time and effort. Not to mention all the other chores like hairdos, painting my nails, shaving my legs and putting on the war-paint, which of course has to be taken off again at night.

Why do we do it? Is it for ourselves? Or do we do it to impress others the fellas perhaps! For whatever reason, it all comes down to image. We want to create an image for ourselves. That word - image seems to crop up time and time again in the Guide Movement.

Our public image is vital to everything we do, if we want to attract and keep new members. On the inside, generally, I think we feel reasonably confident that we are working hard at our image. And the main reason for this are the plans for our new uniform.

The way we look creates impressions. We do need a uniform, so that everyone knows who we are, but comfort and practicality must be important. If we are to be proud of our uniform, it helps if we are happy 30 with it.

So, smart but casual seems to be the order of the day. I was very excited by the new designs. We should be very grateful to Jeff Banks for all that excellent publicity we gained through the coverage on The Clothes Show.

He has lavished a great deal of time and effort on us. It can't have been an easy task, trying to please every member of the Girl Guides Association. Probably one of the worst moments for him must have been spotting a small group of Junior Council Members standing on the balcony at Westminster Central Hall after the Annual General Meeting gesturing at him to smile, while we flashed our cameras. He survived with dignity.

The stuffy, frumpy, middle-class image we seem to have acquired



over the years is proving very difficult to shake off. Hopefully, our new uniform will help present a more upto-date, relaxed image, reflecting our varied Programme.

We must also be seen to be changing with the times. Our Programme has changed over the years. Our outlook as a Movement has changed. The Association has been working hard - very hard - to keep up with the times. All the promotional leaflets are bright and cheerful and the new Brownie Handbook is wonderful. But who are we trying to convince? We don't need to convince ourselves, yet we're the ones who are coming into contact with all these excellent things.

We have the equipment, the leaflets the Programme and soon the new uniform. It is up to us to do the rest The Public Relations Department can feed us with ways and means, and trainings can help show us how to promote ourselves. It is up to us to do it. It is no good criticising the image other people have of us and complaining that they have the wrong idea about the Movement. There's no point blaming others if we do nothing ourselves.

It is possible to change opinions, make people understand what sort of a marvellous Movement we belong to and the kind of things we manage to achieve. It is not constructive to blame poor communication and criticise the length of time it takes to bring about changes. We are quite capable of promoting Guiding ourselves, there is plenty of help available

if you just ASK for it.

Blaming others is passing the buck. That may sound harsh. But think for a minute, is there a specific training you want to help you? If there is, then ask your local training committee. Don't complain about how irrelevant the trainings are, if you don't do something about it.

If you feel we have the wrong attitude and we should take our image in a different direction, say something. People do listen and want your views. Contrary to popular belief, decisions are not made by the Association without asking for your views first. Quite often, the problem is that people assume others will reply so they don't need to bother. Speak out please, don't leave it to the same people, they get tired!

Remember, changes don't happen overnight. When we embark on a diet, we intend to change our shape, but we know we need time - and some of us more than others!

The GGA is trying to change shape and head towards the 1990s with an image to suit the times. We must expect it to take time, patience and perseverance — just like a diet that really works.

It is possible, we can change. It is vital we do, if we want to make future recruitment drives a success.

The most important thing to remember is not to lose your sense of humour.

SARAH HARRISON

Junior Council Vice-Chairperson North East England Guides and Scouts all over the world will be taking to the airwaves later this month, joining in what has become the largest international event of the year - the Jamboree on the Air (JOTA).

They will use all the latest technology — fax, teleprinting and television as well as radio messages and Morse code to share ideas, pass on good wishes, make new friends and renew old contacts

JOTA began in 1957 at the World Jamboree in Birmingham, when radio was first introduced into the Scouting Programme.

To get round the lack of equipment, the organiser, Les Mitchell, asked for the assistance of hams - radio amateurs — throughout the world to run a two day Jamboree on the Air.

The first JOTA was a great success. And it continues to flourish. Guides soon joined in and many Companies. Districts or Divisions run their own JOTA station, either co-operating with local Scouts or being helped by radio amateurs. And many Guiders. are themselves keen hams. Last year there were over 350 stations

The event always takes place on the third weekend in October, which, this year, falls on October 21 22

This year will be the fifth JOTA weekend for the Greater Manchester West Girl Guides. They will be operating from their amateur radio station at the County camp site at Ashley, near Mobberley in Cheshire.

Each section is allocated a call sign by the Home Office and theirs is GB4GMW. The Guider, Joan Ward,

and her husband, Reg, hope to make use of 'all modes of communication from the traditional speech and Morse to radio teleprinting and amateur television, to contact other Guides and Scout radio stations throughout the UK and in other parts of the world'

Last year they managed to contact more than 40 other stations, extending as far as Poland and Moscow. They had hoped to speak to stations in Australia and New Zealand. Reg Ward explained: Both were coming through very loud and clear but, unfortunately, every other station wanted to get them at the same time and we were out of luck.

Setting up the station involved erecting large aerials on 40 foot masts, with cables stretching over 130 feet apart.

The Guides and Guiders all help in setting up the station, generating publicity and writing out OSL cards. These cards are sent to and received from every contact and form part of the display provided for visitors.

Reg Ward commented: Each year weitry to add a special attraction like a Ranger Challenge or an Open Day.

'All visitors who visit our shack can see the Guide station in action. And they may get the chance of talking to and passing on greetings to some remote JOTA station."

He added: 'Amateur radio in Guiding has grown very rapidly over the last five years, particularly now we have Thinking Day on Air as well.

Reg is trying to compile a census on the numbers of enthusiasts taking part in JOTA. Readers are asked to



complete the short questionnaire Radio operator below and send it to: Joan Ward, 18. Reg Ward, with Lorraine Road, Timperley, Cheshire WA15 7NA

the 1st Timperley Village (Christchurch) **Guide Company**

Jamboree on THE AIR

- 1 Did you take part in the 1989 Jamboree on the Air? If yes, was it:
- a) A Scout Station
- b) A Scout and Guide Joint run Station.
- c) A Guide Station.
- 2 Where was it located?
- 3 What was the Callsign?
- 4 What was the name of your Pack/ Company/District/Division taking
- 5 Will you be doing it again in 1990?

THE ANSWE

Here are the answers to the Chemical Crossword and the True or False Quiz, which appears on p.20.

CROSSWORD SOLUTIONS

- ACROSS
- 2 Injections
- 6 Pills
- 7 Antibiotic
- 10 Inhale
- 14 Dosage

DOWN

1 Amphetamines

- 2 Illegal
- 3 Cannabis
- 4 Idol
- 5 Nicotine
- 8 Tablet
- 9 Opiates
- 11 Hash
- 12 Wine
- 13 LSD

TRUE OR **FALSE QUIZ** ANSWERS

1 True, opium contains morphine and codeine.

2 False. However, frequent use does increase the likelihood of tolerance, dependency and addiction.

- 3 True
- 4 False, as yet there is no reliable evidence of physical damage from repeated use of LSD: the main hazards are psychological rather than physical.
- 5 True, morphine, which is derived from opium, is a very effective painkiller.
- 6 True.
- 7 True, women who smoke tobacco during pregnancy tend to have smaller babies and run a greater risk of losing the baby before or shortly after birth.
- 8 False, it is an offence to supply or offer to supply

solvents to persons under 18 if the supplier has reason to believe that they intend to misuse them. This applies in England, Wales and Northern Ireland. In Scotland it is an offence to 'recklessly' sell solvents to children knowing that they intend to inhale them. 9 True.

- 10 False, it is the most hazardous way.
- 11 False, cigarettes contain nicotine which is an addictive drug.
- 12 False.
- 13 False, most deaths are accidental, as solvent abuse causes the user to feel 'drunk and oblivious to danger.
- 14 True.
- 15 True.

anew role

As an actress of great elegance and sensitivity, Virginia McKenna frequently found herself playing women who were not afraid to stand up and be counted. Today she has a new role as a deeply committed campaigner for animal rights. When NORA WARNER talked to Virginia, a former Guide, at her country home, she asked if parts in films like The Cruel Sea, Carve Her Name With Pride, A Town Like Alice or Born Free had been an inspiration . . .

I hadn't consciously thought of it in that way, Virginia admitted, then added: There was a sort of inevitability about the way they behaved, and I feel in a way that's why I am doing what I am doing It's just inevitable that I work as much as I can to help animals.

I'm not so interested in acting now, I think other things have taken over.

Since 1984, when Virginia and her husband, Born Free co-star Bill Travers, launched the pressure group Zoo Check, she has campaigned on behalf of tigers, rhinos and polar bears, but we'd met to talk about elephants

Zoo Check is one of four animal welfare organisations - the others are the African Ele-Fund, Care for the Wild and the World Society for the Protection of Animals - that banded together earlier this year to launch Elefriends, the Elephant Protection Group.

The group's aim is to press for a world-wide ban on ivory trading. If they fail, Elefriends believe that the African elephant could be wiped out in less than ten years - currently 100,000 are massacred each year for their tusks.

We want people to stop buying and wearing ivory. I'd ask people when they look at ivory to realise it's not something wonderful, whether 32 it's a huge great tusk, a beautifully carved ornament or a tiny piece inlaid in the top of a box. When they look at it, I want people to remember that an animal has been killed to get it,' Virginia explained.

We shouldn't be wanting to wear animals' teeth anyway but, in this case, the animal has to be killed to get the tooth and the way they kill them now is so ghastly, she said.

Countries like Zimbabwe operate successful culling programmes which, they say, keep their herds of elephants healthy and growing. They sell the ivory from the culled elephants on the existing international ivory market and use the money raised on conservation projects.



Some of my friends have tails - taken during the making of Ring of Bright Water

But, in East African countries, gangs of poachers slaughter elephants remorselessly, and it is the poachers who, says Virginia, swoop on groups of elephants with automatic weapons and 'literally mow them down' and then 'go in with chain saws and actually cut off the whole of the front of the elephant's face' to get hold of the tusk.

While a legal market for ivory exists, Elefriends believe that the poachers will get round even the most stringent regulations and use them to continue selling illegal 'bloody'

Elefriends have been collecting signatures for a petition due to be presented later this month at a

meeting of 102 members of the Endangered Species Convention being held in Lausanne, Switzerland There Tanzania will press for the African elephant to be listed as an endangered species, which would prohibit all trade across international boundaries.

But it isn't just governments which have to act. Virginia pointed out that people have to be taught to stop wanting goods made from ivory. We don't need it to live,' she said.

We are dealing with an animal that is highly sensitive and intelligent and to do to it what we do, is highly outrageous.

Official spokesman for Elefriends is Virginia's oldest son, Will, who is a director of the Zoo Check Charitable Trust and the image of his handsome

He shares his parent's passionate desire to respect the rights of animals Zoo Check's stated aim is to prevent all abuse to captive animals and promote international conservation of wildlife in its natural habitat.

It was the plight of an elephant that first brought Virginia on to the national stage as a campaigner. Now she admits: I never thought that I would have any effect at all because I was an actress, not an expert.' But that didn't stop her speaking out.

It was all because of Pole Pole, the African elephant who starred with Virginia and Bill in An Elephant Called Slowly in 1968.

The elephant was intended as a gift to London Zoo from the Kenyan Government and only 'borrowed' for the film. Virginia and Bill became very fond of their co-star and tried to buy her, so that she could be returned to the wild.

The plans floundered and Pole Pole came to London. Time passed and then Virginia was warned that the elephant was about to be destroyed. Pressure from Virginia and her celebrity chums is thought to have brought about a change of

Instead, London Zoo arranged for Pole Pole to join a small herd at Whipsnade Zoo but, tragically, she was injured during attempts to prepare for the journey.

Finally they said that she had lost the will to live and couldn't get up on her legs, so they put her down, recalled Virginia. But Pole Pole's plight had touched the hearts of the British people and money had poured in to help the couple's plans to take her back to freedom in Africa.

They sent the cash back, but asked the donors if they wanted to become English Rose who starred in those inspiring movies ... even if she is part Irish, Scottish and French.

However, Virginia told me that it was being in the Guides that made her first realise she was 'a country person, not a town person'.

She was a Guide in South Africa during the Second World War. She explained: I was nine when the war began. My parents were separated. but my father asked my mother to take me to South Africa to get us away from the bombing.

Their new home had a very big.

more about animals, 'Virginia told me.

All the little relationships between animals and people start in your own home with your pets, how we keep them and how we respond to them and whether we really consider the needs of the animal instead of our need for the animal.

The film also sparked Bill Traver's determination to make wildlife documentary films and led to a distinguished career as a writer and independent producer.

She shrugs off criticism that she is 'an emotional actress' making a fuss



part of an organisation that would keep an eve on what was happening to animals in zoos. They did and Zoo Check was launched.

It isn't that Virginia wants to abolish zoos completely. She is opposed to collections of 'masses of different species' and backs 'specialist places where all the money and expertise is devoted to giving an animal as near a natural environment as possible

For over 30 years, her natural environment has been a charming. airy cottage in the rich green countryside near Dorking, Surrey, complete with dogs, ducks and geese - 1 don't believe in keeping wild animals as pets,' she declared.

It is the perfect setting for Virginia. who's nudging 60, yet remains the slender, exquisitely-mannered, ultrawild garden and Virginia used to love setting up her own camp there. I was not at all an indoors kind of person, I was always outside... that's where I loved to be.

I used to love the camping in the Guides, cooking on the camp fire and sleeping on a camp bed. I was absolutely useless at knots but being out, being self-sufficient, looking after yourself might have been the beginnings of a side of me that is actually still a very big part, she said.

In 1957, she married Bill Travers, the tall and talented star of Geordie and The Smallest Show On Earth. They have four children and two grandchildren.

It was making Born Free, the enchanting tale of Elsa the lioness. that changed their lives. 'Since then I have been absorbing more and

about subjects about which she Virginia with Elisa knows nothing. Zoo Check always on the set of calls on expert advice for its surveys Bom Free and campaigns.

Tve always been an action person," said Virginia, 'perhaps that's what started in the Guides. I'm a doer, someone who likes to translate thought into action.

If I'm shot down in flames, then that's one of the risks. Life is a risk whatever you do and you have to be prepared to take criticism."

For further details about Zoo Check write to Zoo Check at: Cherry Tree Cottage, Coldharbour, Surrey RH5 6HA, telephone 0306 712091. Elefriends is at 162 Boundaries Road. London SW12 8HG, telephone 01 682 1818

OPEN DOOR

I was recently discussing the question of faith with a fellow Guider and she interested me by saying: 'Surely, since there can only be one Creator, all the various faiths are really all of us worshipping the same source from different standpoints?'

It seems like a highly plausible argument, but I don't believe it. It is a neat way round the problem, but it ducks the real issues.

True, many faiths do take similar forms, but they are not the same. It is simplistic to say that they are all basically the same and could, without great loss, be blended into a world religion.

I don't know how the rest of the world feels, but I for one would be very unhappy about a sort of global interfaith trade-off which picked a bit from

this and a bit from that.

My faith is important to me. It is personal and I have no intention of swapping it for something else. I did not commit myself to it when young. I thought about it all very carefully and slowly arrived at my choice. It is not the faith I was raised in. But, having made my choice, I have committed myself to it and accepted its basic principles.

I am critical of some of its 'corporate' pronouncements on temporal matters, especially when they seem to be seeking popular support of an administrative convenience. When this happens I try, as I do in my Guiding, to stay with the basics, not switch on to the trendy.

My Guide Law has helped me in my spiritual quest. It reminds me that I have promised, among other things, to do my best to be loyal, to have courage and, perhaps most important of all in this context, to take care of my own and other people's possessions. Interpret 'possessions' not merely to mean physical, tangible objects, but also ideas and ideals. Faith is an ideal and I must care not only for my own faith.

but also the faiths of others.

It is on this basis that I say again that I cannot accept the global faith theory. Better by far in my book for us each to work a developing our own sense of tolerance — recognising and defending the right of each individual to worship in accordance with his or her conscience.

IN FOCUS

Quick-thinking Brownie Natasha Wood saved a toddler's life, thanks to the first aid training she picked up at her local Pack.

Eight-year-old Natasha of the 7th South Wallington Brownie Pack in Surrey, had been learning about first aid for only a few weeks before she was dramatically put to the test.

She was playing with two-year-old Alexia Wright, when the toddler started to choke on a piece of metal and turn blue.

But, rather than panic or waste time calling for help, Natasha promptly removed the object herself, explained Brownie Guider Dominique Gladden

As a former ambulance driver and policewoman, Dominique used her experience to give first aid lessons.

'I don't think there is such a thing as being "too young" to learn first aid and this has proved it, she added.



Please rush me a copy of the new 1990 summer camps brochure available from, ACTIVE LEARNING AND LEISURE, NORTHUMBERLAND HOUSE, 2 KING ST, TWICKENHAM, MIDDLESEX TW1 3RZ. TEL: 01 891 4400.

Group Name		G.10.89
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Tel Daytime	Evening	
	A STATE OF THE STA	
Address		
Name		

COMING NEXT

IN GUIDING NOVEMBER

Stuck for service ideas? Don't miss 'Coping With

Guiding in Action

takes to the trees

Meet the Sharpness Guides: they snapped up their local hero ... and won a

top prize

Test your outdoor jargon:
In our brainteasing quiz

IN TODAY'S GUIDE NOVEMBER

Shake, splatter and spray: with spray paint

Taking the pain out of periods
— your questions
answered

Hot Topics: drug alert Layering up with Get Smart Aiming for gold?

Get on target for the Archery badge

IN BROWNIE OCTOBER 5

Get Elefriendly: the endangered elephants

Enter our elephant competition:

win a BarBar book Conservation quiz Going Green;

in the home

OCTOBER 19

All about autumn Make a weather station Fun food:

getting into a jam

How to look after a tortoise Making jewellery from seeds

PROGRAMME DIARY

FUTURE TRAININGS

GAMES WITH A POINT

FOXLEASE: January 5-7 1990

An opportunity for Brownie and Guide Guiders to look at the use of games in the Programme. Included in the training will be games for teaching skills, enabling small groups to work together, encouraging leadership, games based on the Eight Points, active games, ways of adapting games for your girls in your meeting place and many others. Time will be given during the weekend for you to make equipment, cards and so on to take back to your unit.

ARTS TEAM WADDOW:

December 8-10 1989

This weekend will provide an opportunity to share ideas with those who have a similar role in other Divisions and Counties. Arts Advisers, Assistant Arts Advisers, Consultants and Secretaries of Arts Committees are welcome and also Programme and Training Advisers/Chairmen with a concern for this area of the Programme.

The sessions will include opportunities to explore aspects of the Arts at your own level; probably textiles, words and movement and making your own music. Arts weekends have an atmosphere of friendship and sharing in the joy of creating activities. Additional sessions will explore the management of the Arts. How do you encourage the creative progress of the individual? What are the best ways of using the creative resources of the wider community? How can members of an Arts Team support one another? Why do we need an Arts Team

in the context of the whole Programme? Are the Arts a soft option or a real adventure into creativity? (This weekend is not for those who want a soft option!)

TRY to come as a team so that the weekend can continue back home.

ADVANCED WALKING SAFELY

GLENBROOK: November 10-12 1989 March 16-18 1990

Have you reached the Advanced Stages of the Walking Safely Scheme? If so, these courses may be for you. Each weekend can be tailor-made for those attending so as to help you practise navigation, give experience in group leadership, improve your own walking skills or help in any other part of the syllabus.

On these weekends of the year we hope that the weather is not too good so that you can experience poor conditions and visibility in difficult country under skilled leadership.

BUILDING CONFIDENCE

WADDOW:

November 10-12 1989 TRAINERS:

CHQ Training Team Do you lack confidence in your ability as a Guider? Do you wish you could be more outgoing?

Do you tremble at the knees at parents' evenings? Are you the silent member at meetings?

Why not come to the BuildingConfidence Weekend with the CHQ Training Team? This will be a weekend with a difference entirely devoted to you and finding your hidden abilities. We will work in a small group, building on your strbecome more assertive.

The aim is to help Guiders increase confidence in themselves and their abilities as leaders. For further details on the programme, or information about bursaries, please contact the Training Manager, CHQ

DISTRICT

FOXLEASE: January 12-14 1990 June 1-3 1990 WADDOW: July 13-15 1990

The District is one of the most important groupings within Guiding and these training sessions will concentrate on the benefits that can be gained from working together.

It will provide an opportunity to look afresh at the day to day activity of local Guiding and enable the District to make plans and carry out future projects.

It is an ideal chance to get to know each other in a relaxed, happy atmosphere and to exchange all those ideas, skills, problems and experiences. Working as a team can be fun and the support engendered lasts for many years to come.

District Commissioners are asked to bring a group of Guiders from all sections in the District and of all levels of experience. If the District has no Ranger Unit invite the Ranger Guider of the Unit which serves your District.

EXPERIENCED GUIDERS

FOXLEASE: November 10-12 1989

WADDOW:

November 14-16 1989 November 24-26 1989

These weekend and midweek trainings are aimed

engths and skills to help you; at Guiders who have held a warrant for five years or more and who wish to explore aspects of running a unit and operating the Programme in depth.

There will be opportunities to get up-to-date with changes in the Programme. extend your Guiding skills and to share experience and problems with other experienced Guiders. Topics to be covered will include the whole Programme from Rainbows to Rangers and Young Leaders, using your team and issues of the day. Your requests will also be incorporated, so specify any subjects you want covered when you apply.

NORKING THE ROGRAMME VITH YOUR UNIT

WADDOW:

January 19-21 1990 (Brownie and Guide

Guiders)

March 23-25 1990 (Brownie, Guide and Ranger Guiders)

FOXLEASE:

October 6-8 1989 (Brownie Guiders)

June 8-10 1990

(Brownie, Guide and Ranger Guiders)

Run out of ideas to introduce to your Brownies, Guides and Rangers? Having difficulty with some of the skills relating to the Programme? Why not come to a Working the Programme with Your Unit?

There will be an opportunity to try your hand at a large number of different activities with prepared notes and instructions for you to take away.

There will be lots of help for everyone and a chance to exchange skills, ideas and problems whatever your experience.

CALENDA

NI	THERURD	
	JARY	

atrols in Action (4-8 members of same Patrol)

19-21 Patrols in Action (4-8 members of same Patrol)

FEBRUARY

Tutors

Netherurd Singing Circle

16-18 Commissioners 23-25 Ranger Guiders

MARCH

2-4 Brownie & Guide Guiders

Rainbow & Brownie Guiders

District Teams 16-18 (District Commissioners & up to eight of her Guiders)

23-25 Brownie & Guide Guiders

APRIL

Ranger Guiders/ 13-15 Young Leaders Easter Event 20-22

Beyond the Basics (ALS Stage III) 23-26 Trefoil Guild Holiday

Event Brownie & Guide 27-29 Guiders

MAY

4-7 CHQ Arts Advisers Team Training

Outdoor ideas for your Programme (Brownie & Guide Guiders)

Brownie & Guide 18-20 Guiders

25-27 Outdoor ideas for your Programme (Rainbow & Ranger Guiders)

JUNE

1-3 Scottish Handcraft Camping for

Beginners (1 Guider and a Patrol of up to 6 Guides) 15-17

Friends of Netherurd Netherurd Singing 22-24 Circle

29-July Adventure Week for Guides (2 Guides per Unit)

JULY

8-12 Ranger Guide/ Young Leader Week (includes Gold D of E Res)

Adventure Week for 16-21 Guides (2 Guides per Unit)

Adventure Week for 24-29 Guides (13+ only)

AUGUST_

Adult Holiday Event 2-8 - Walking Week

11-17 Adult Holiday Event Glasgow, City of Culture

18-24 Adult Holiday Event Glasgow. City of Culture

31-Sept Braid Trefoil Guild

SEPTEMBER

7-9 Trainers 14-16 Insite

21-23 ALS Stage II (all sections)

District Team (District 28-30 Commissioner and up to 8 of her Guiders)

OCTOBER.

Trefoil Guild Holiday 1-4 Event

County Commissioners

12-14 Brownie & Guide Guiders

19-21 Brownie & Guide Guiders

26-28 Prospective Trainers

NOVEMBER

Beyond the Basics 2-4 (ALS Stage III)

9-11 Rainbow and Brownie Guiders 16-18 County Advisers and

Consultants Scottish Team (Advisers)

30-Dec International Selection

LORNE

JANUARY

5-7 International 12-14 New to the Job 19-21 International Activities

FEBRUARY

Activities for Guides 9-11 West Belfast

MARCH

Ranger Guiders Londonderry City/ County

16-18 North Antrim 23-25 Armagh

30-Apr Outdoor Activities Advisers

APRIL

Young Leaders 6-8 13-15 Easter

27-29 Ulster Junior Council

MAY

Rainbow/Guide 4-6 Guiders Ulster GG/NW England

11-13 Belfast Trefoil Guild

18-20 Executive

SEPTEMBER

21-23 South Down 28-30 Belfast Trefoil Guild

OCTOBER.

South Antrim 5-7

12-14 Ulster Commissioners Conference

Ulster Junior Council

26-28 Arts

NOVEMBER_

International 9-11 South Belfast 16-18 North Belfast 30-Dec International

BRONEIRION

JANUARY_

12-14 Wolverhampton Executive

19-21 Rainbow Guiders

new to the job (Stage I ALS) Extend your Guiding skills (Stage III ALS)

1. International Dimension 2. Science & Technology in the Programme 3. PR Skills for Guiders

FEBRUARY

The District Team

9-11 Commissioner Training

16-18 St John Ambulance Cadet Leadership Course

23-25 Working With Your Unit

1. Stage IIa ALS for pre-Warrant Guiders 2. Stage III ALS for Ranger Guiders

MARCH.

Extend your Guiding 2-4 skills 1. Music for Guiders in subsequent

stages of the ALS 2. Painting for Guiders in subsequent stages of the ALS

District Commissioners

working the ALS Programme & 10

Training

Executive Decision making in 16-18 the Unit (Stage III (1) ALS) for Brownie, Guide and

Ranger Guiders Advisers for 17 Members with Disabilities

Llais Y Ddraig 23-25 exchange with Irish Guides

30-Apr Sefton

APRIL Cardiff & East 6-8

Glamorgan The Patrol Interest

Pennants 1. Conservation 2. Emergency Team

Home Arts 20-22

Central Glamorgan 27-29 Training Methods

MAY

Pioneering and 4-7 Rafting for Guides, Rangers & Young Leaders

AGM Wales/Tutors 11-13

Trefoil Guild Wales: 18-20 Conference

26-30 Patrol in Action

JUNE

1-3 Ex-diploma'd Trainers Reunion 2 Programme &

Training Executive

8-10 Clwyd

15-17 Gwent 23 Dabble Day

(Stage III ALS) Friends of Broneirion

29-July 1. International Advisers

2 Community Involvement & Development Advisers 3. Arts Advisers

JULY

Promise in Action for 6.8 Commissioners. Advisers & Trainers

13-15 Young Friends of Broneirion

20-22 1. Severnside Painting Group 2. Commissioner

Training 30-Aug Llaw Yn Llaw Camp

AUGUST_

6-10 Walking at Broneirion

Welsh Guide 12-16 Symphony Orchestra Course



18-25 Brantwood Chamber Music Society 31-Sept 1 Llais Y Ddraig

2. Trainers & Prospective Trainers

SEPTEMBER

7-9 Dyfed (Carmarthenshire/ Pembrokeshire/ Ceredigion)

Manchester 14-16 21-23 International Junior Selection

28-30 Wirral

OCTOBER

West Glamorgan 12-14 International

Senior Selection 19-21 **Outdoor Activities** Advisers

26-28 Young Leader Event

NOVEMBER

Health promotion for Guiders (Stage III Part 2 ALS)

3 Programme & Training

Executive

Trainers/PR Advisers 9-11

16-18 Radnor/ Montgomery

23-25 1. Brecon/ Merioneth 2. Advisers for Members with Disabilities

30-Dec 1. International — Leaders 2. Prospective Trainers & their Tutors

DECEMBER

7-9 Christmas Arts 14-16 Executive Dinner

HAUTBOIS

JANUARY

5-7 Great Yarmouth Division

13-14 Britainnia District (1 night) Guides

19-21 Clacton Rangers 26-28 Norfolk and Suffolk Support Groups

FEBRUARY

District Team 9-11 Suffolk

16-18 Guide Guiders and District Commissioners

MARCH

1st Pinchbeck 2-4 Guides

Thedwaster District 23-25 Freshwater Conservation

30-Apr Essex West Training and Activity Weekend for Rangers and Young Leaders

APRIL

Norfolk Young 6-8 Guiders

13-16 A quiet weekend in the country open to Guiders, Commissioners, Unit Helpers and their husbands

Billericay Division 27-29 Trainers Weekend

MAY

This Way! An 4-7 introduction to leadership out of doors for 17-25year-olds

11-13 Cambridge West 18-20 Home Arts and

Lacemaking 27-June Heritage - an event offering nature trail planning and construction, industrial archaeology and a study of Norfolk

JUNE

Whitehorse Vale 8-10 Division

Churches

15-17 District Team

Rainbow and 22-24 Ranger Guiders

29-July Warwickshire CCIA's and others

JULY.

Stowmarket Trefoil 6-8 Guild

Norfolk Arts Team 13-15 Adventure Session 24-28

(Guides, Rangers & Y.Ls age 12-16)

AUGUST

2-10 Trefoil Guild Holiday 12-16 Patrol Leaders and

their Guiders

18-25 Region Arts Camp 28-Sept Adventure Session

(Guides, Rangers and Y.Ls age 12-

SEPTEMBER

Folkestone Trefoil 7-9 Guild

Brownie Guiders and Young Leader Advisers

21-23 Colchester North Division

Cambridge City 28-30 Division

OCTOBER

Friends of Hautbois Service Weekend & AGM

8-11 Trefoil Guild

Training District Team 12-14

19-21 Conservation Capers

Young Leaders -Half Term Training 26-28 CCAs & CAs

NOVEMBER

Bonfire Weekend Loughborough Division

Hertfordshire 23-25

Please note the following

amendments and additions to the 1990 calendar which appeared in September's GUIDING.

WADDOW

Jan 5-7 Ernehale Division Apr 24- Working The 26 Programme With

Your Unit (all Sections)

Jun 29- 1. North Tyneside Jul 1 2. North East

England Nov 13-Working The

Programme With 15 Your Unit (all Sections)

FOXLEASE

Jan 5-7 Games with a Point May 15-Working The

Programme With Your Unit (Rainbow and Brownie Guiders): Creche facilities available

May 25-Family Period

28

Oct 9-Working The 11 Programme With Your Unit (Guide and Ranger Guiders)

GLENBROOK

Bamford Nr Sheffield S30 2AL Tel: (Bamford) 0433 51567

FOXLEASE

Lyndhurst S043 7DG Tel: (Lyndhurst) 042128 2638

NETHERURD

Blyth Bridge West Linton Peeblesshire EH46 7AQ Tel: (Dolphinton) 0968 82208

HAUTBOIS

Great Hautbois Road Coltishall **NR127JN** Tel: (Norwich) 0603 737357

BRONEIRION Llandinam Powys SY17 5DE Tel: (Caersws) 068 684 204

LORNE

Craigavad Co Down BT30 OBS Tel: (Holywood) 02317 3180

BLACKLAND

East Grinstead Tel: (Sharpthorne) 0342 810

VADDOW

BB7 3LD Tel: (Clitheroe) 0200 23186

RAINBOW GUIDERS

ME PAGES PROGRAM

INTO THE AUTUMN

Although holidays are for most of us just a memory, your Rainbow Guides may still be very excited to be back with the Unit. You may have some new Rainbow Guides who could well be feeling bewildered, so perhaps one of the Rainbow Guiders could keep a special eye on them.

Probably most of the girls will have been away on holiday, so a hectic holiday game provides a good link to go on to talk to the Rainbow Guides about their summer holidays.

You will need: Lots of pictures of suitcases, sunglasses and deck chairs (try looking in an old mail order catalogue).

Before the start of the meeting, hide the pictures around the room. At the beginning of the game, divide the girls into small groups. One of the Guiders is at the 'airport'. The Rainbow Guides have to find a picture of each of the three holiday items before they can go to the 'airport.' As each group finishes, the children collect a drink and then sit down ready for a 'holiday chat.'

GAME TIME

What did the Rainbow Guides do during their holidays? Did any go on an aeroplane or train? Did they make any new friends? You could then go on to introduce any new friends that the Unit has - new Rainbow Guides, new Rainbow Guiders or new helpers. Everyone says a big 'hello' to welcome the new people.

Your Rainbow Guides will love anything to do with birthdays, so you may like to make a birthday book. Something like a 38 scrap book may be ideal —

why not make it a Bright and Blue Big Birthday Book. It's only a blue book because it goes with all the other Bs!

Perhaps the Rainbow Guides would like to give you a photograph or drawing of themselves to go against their birthdays.

You can then make a point of checking the book every week for birthdays on or near the date. Don't forget the birthdays of Rainbow Guiders as well.

WEATHER WATCH

October can be the time of year when we notice that the weather is beginning to change. The nights really begin to draw in, and early mornings can be quite chilly. You could, therefore, spend some time talking to your Rainbow Guides about the weather as some of the children may have also noticed some changes. Here are some ideas.

MAKING A CHART

Split the Rainbow Guides into small groups and ask a leader to work with each one. Provide each group with a large sheet of paper (you could use the back of some old wallpaper, for example) and some crayons or felt tip pens. Ask the Rainbow Guides to make a weather chart of what the weather has been like for the past few days. The children can draw symbols to show what they can remember about the weather — their memories may not stretch back further than a few hours, so don't expect them to recall too much. When the charts are finished, some of the Rainbow Guides (perhaps the older girls) may want to do a weather chart for a whole week.

THE SUN AND **MOON GAME**

Half the girls are 'suns' and the other half 'moons'. For the first part of the game, the 'moons' try to block out the 'suns' by tagging them. When a 'sun' has been tagged she must sit down. After five minutes (or so) the sides are changed and the 'suns' try to tag the moons'

Meet the 1st Comberton Rainbow Guide Unit - they're the latest addition to the Comberton District. The reason for the big smiles - they've just made their Rainbow Promise

QUIET TIME

Gather the children together and (try to!) have a five minutes when even can have a breather a the Rainbow Guides ca join in with the chat. (You can also use this time for any announcements).

Still using the weather theme, ask whether any of the girls have ever seen a rainbow? You could explain how a rainbow is formed.

Use this phrase to help the girls remember the colours of a full rainbow in the correct order:

'Richard of York gave battle in vain'

The first letter of each word represents a colour: R = Red; O = Orange; Y = Yellow; G = Green; B = Blue; I = Indigo; V = Violet.

Some of the girls may want to draw a rainbow using the correct colours.

PRYER

You could, naturally, make up your own prayer about the weather, but you may like to use something along these lines:

Dear God, Thank you for the weather you send us. We like the sun but we know that the rain is important too so that the crops grow in the fields, and people have enough water to drink. Thank you as well for sending rainbows to brighten up rainy days Amen'.

GOODBYE

At the end of the meeting. you might like to sing this song to the tune of Frere Jacques.

Goodbye Rainbows, goodbye Rainbows,

See you soon, see you soon, Hope the weather is nice, hope the weather is nice, Do take care, do take care.

BROWNIE GUIDERS

BROWNIES **GOING GREEN**

With so much attention being devoted to environmental issues these days, it is probably a good time to ask: how green are my Brownies? How much do they really know about that all-important concept: the environment?

It's essential to put across the idea that everything we do affects the environment around us.

Ecology is the study of how living things, man, plants and animals, interact with their environment. A good way of getting this concept over to the Brownies is to describe it in terms of a rotting log on the forest floor.

Explain how the log provides food and a home to millions of decomposing bacteria, tiny slugs and insects. These little creatures will eventually break down the log completely and this, in turn, will provide rich soil where young seedlings can grow.

Ask the Brownies if they can think of ways in which they made an impact on the world about them - at home as well as outside. Do they realise that some of the products used daily in their homes may be harmful to the environment like detergents, bleaches, pesticides, air fresheners? Have any of them any idea of the dangers posed to the ozone layer by the use of some aerosol sprays? Do they know what is meant by ozone-friendly products? What about leadfree petrol? Do their parents' cars run on lead-free?

Why not arrange a visit to the nearest big supermarket and ask the Brownies to list all the environment-friendly — and unfriendly — products on the shelves? Afterwards,

they could make a wall chart illustrating their findings. Do contact the store manager first before making any arrangements for the outing.

LEARNING ABOUT LITTER

In her Comment in August's GUIDING, the Chief Commissioner voiced her concern about a growing social problem - litter. She urged all members of the Movement to give a lead to the rest of the nation - by setting a good example. How litter conscious are your Brownies?

Do they lapse into litterbug mode as soon as they're out of uniform? What are the attitudes of their brothers, sisters, and schoolfriends towards litter?

Take the Brownies on an Un-nature Ramble - down country lanes, through a city park or along the beach. What is the state of the environment here? Unspoilt - or full of litter? If the litter problem is particularly bad, perhaps you could organise a major clean-up of the area. If the job looks like being too much for you and your Brownies to handle, perhaps you could liaise with local environment groups, or Guide Companies and Ranger Units in your District.

Perhaps the Sixes could each write a script and stage a short 'litter drama'. The aim of these is to get the Brownies to think about how they'd deal with a real-life situation at school, in a public place or even in the home, when they spot someone dropping litter. What, for example, would a girl say if her best friend dropped a cold drink can - or sweet papers? How would a Brownie persuade her to change her behaviour?



Take a bough! Brownies from the County of the City of Edinburgh planted trees round Stanemuir, the Brownie House outside the city. The trees were donated by the Central Scotland Countryside Trust

This kind of role playing may give the Brownies the confidence to deal with a real life situation should it arise

THE ALL **ABOUT GAME**

Enterprising Brownie Guider Mary Nicholson of 54th Doncaster Brownie Pack was really inspired after reading the article 'All About Birds' in BROWNIE magazine (September 22, 1988). She turned a Pack meeting into a twittering success with this fun-toplay 'wide awake' quiz:

You will need: tracing paper, outlines of birds, cardboard squares.

- 1 Trace the outlines of each bird on to drawing paper.
- 2 Black in each outline to form a silhouette.
- 3 Give each bird a number.
- 4 Cut round the original bird picture and paste it, together with its name and some basic

information about it, on to the

5 Position the cards around the hall.

6 Hand out sheets of paper and ask the Brownies to number them from one to 11.

7 The Brownies must match up the papers with the silhouettes.

Mrs Nicholson wrote: We did "Jump Jim Crow" and changed the game 'The Fisherman" into "The Bird Hunter", with the Brownies being birds that had escaped from an aviary that was fun as birds make a lot of noise!"

BROWNIE's green... in the environment friendly October 5 issue. We'll be featuring a conservation quiz, a visit to the zoo, up-todate information on the greenhouse effect, how to start an anti-litter campaign, and all kinds of creature features, including one on the endangered African elephant. Don't miss your copy of BROWNIE! | 39

GETTING OUT

ACTIVITIES NEAR WATER

For children, no matter what their ages, water is a source of endless fascination. Anyone with small children knows that a large puddle will attract like a magnet. And, sadly, every summer there are water-related tragedies involving children. Safety is of prime importance and all age groups must be taught the rules, and commonsense procedures, BEFORE you take them to have fun beside the local pond or stream.

Are there ducks on your local pond? If there are, why not organise a walk — not forgetting to take some bread with you. Young children love feeding the ducks, and the older girls could try to find out the names of the different species. In spring, look out for the ducklings. And, as the year passes, watch their plumage change. Check if the feathers vary with the seasons.

Beside the ducks, there may be other water birds. Perhaps you are lucky enough to be able to watch coots, moorhens, or even swans (but don't get too close ... they can be quite frightening when they hiss). Obvious questions to ask are: do all water birds have webbed feet? What are they eating when they 'upend' in the water?

PRINTS

Close to the water there may be a muddy area. If so, there will be footprints clearly visible. Have a go at making plastercasts of the prints and identify what made them. Plaster of Paris can be bought in craft shops and in some branches of large chemists like Boots. In addition, you will need strips of card to make a surround to hold the plaster until it sets and a margarine tub to mix the

plaster. It takes about 30 minutes to make a cast.

If there are no readymade prints you could always make your own. Then compare results to see if your prints all look the same. Perhaps you could make a shoe-print trail and then follow it. Hippos are not the only creatures who enjoy wallowing in mud!

If you think that making casts is too complicated, what about trying picture making? Allocate each group an area to work on and some sticks, then let them trace out a picture in the mud. Or, if they are allowed to get dirty, what about modelling?

Estimating the size of the pond or the width of the stream, and then devising a way to check the results, can make you wonder if you all were really at the same place.

You could find out the depth of some streams by using plumb-lines. but do take care when tacking ponds. They may be deeper than you thought. If in doubt, don't!

FEATHERS

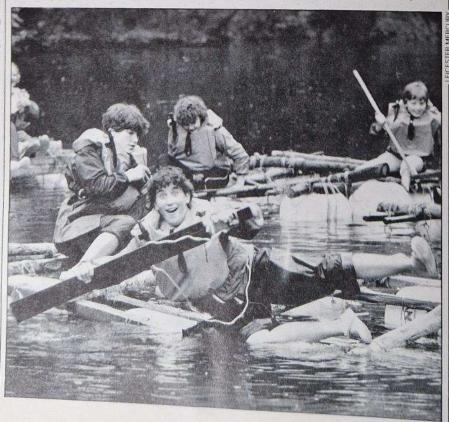
Feather collecting can be fun for those who are not allergic to them. Find out if the girls can identify the original owner. Would the larger ones make quill pens? Could their collection be used to make a collage or to decorate some object they have made?

The task of getting rid of rubbish from streams and ponds is often undertaken by local conservation groups. Many of these welcome the help of Guides and Rangers. Find out if this happens in your area if not, is it something that you could initiate?

Have you tried suggesting the girls just look into water to see what they can see? What do they see reflected there? What - if anything — is swimming on the surface? What is floating on the surface? Is the water still or is it moving? When you drop in a stone, watch the ripples. where are they closest? How far do they go before disappearing? Does the size of the stone make any difference?

Is your pond a home for frogs? Many places where frogs and toads breed are disappearing, and there is great concern among conservationists that we may lose them altogether, so don't collect frog-spawn. Why not visit your pond several times and see the spawn growing and changing into tadpoles and then frogs? If the pond is near an open area suitable for races, one evening you

Having a splashing time on a homemade raft.



could organise some sports, making sure to include leap frog!

Jumping over water is fun, especially when you miss! Let the younger girls try puddle-jumping, and what about steeple-racing for the older ones?

LOOKING

Kingcups are one type of yellow flower found near water. What other plants can you find? Try doing a survey of the plants around the pond, along the banks of the stream or in the marshy areas near the water. What is common? Are there any unusual plants? As you move away from the water, does any of the plantlife peter out? Which trees are found near water?

Looking and listening quietly beside water might give you a chance to peep at some of the more shy birds and animals. Water voles and dippers can be

seen in some places if you're patient. And there are always the more common birds — wagtails, chaffinches and so on.

Making things which float is another favourite activity. Try making paper boats, mini-rafts from twigs, or, if you have the materials and a qualified lifesaver, a full-size raft. Perhaps you could try lighting small fires on the twig-rafts and floating them, or stage a raft race.

Interesting stones are often found in and around streams and ponds. These could be collected and then later painted.

Any fan of A A Milne's Pooh stories will know that stick races can be fun. Quick and slow-flowing water can be tested with Pooh sticks.

Pond-dipping requires nets, which can be made from old tights and canes, and also trays on which to empty them. Once you have the basic equipment — and a simple reference book or two — it is a fascinating activity. Always remember to put back the things you find, as soon as you have looked at them.

Reed-baskets can be made from the clumps of reeds, which grow around so many ponds and in marshy areas. You will find instructions on making them in one of Rosalie Brown's excellent series of handicraft books.

BRIDGES

Several types of rope bridges can be made by those with the right equipment, and will always provide lots of fun when crossing a stream or area of damp ground. Anticipating the 'casualites' — especially among the Guiders — is as much fun as actually crossing the bridge.

Throwing ropes is also a useful skill to practise near water. It can be incorporated in a challenge to get

objects across streams without getting them wet, or in hoisting things up trees.

Undoing knots in rope bridges is never easy instead you could try the Haymaker bridge, where the weight is carried by strong poles rather than the ropes.

Very many challenges can be devised for the older girls beside ponds and streams, including the kind used in the *Great Egg Races*. What about asking the girls to make a spider's bridge across a stream, or constructing a boat from paper, powered with a rubber band?

Water-side settings are attractive for ceremonies and for camp fires, especially if there is a site for a barbecue.

Extraordinary things can be done beside the water. You just need to use a little imagination.

CAROL HORNE

STARLIGHT EXPRESS

WIN TICKETS AND ROLLER SKATES

Imagine yourself sitting in a theatre which has been totally transformed into an incredible 'roller-coaster' steel race track... over which the cast, on rollerskates and in spectacular 'train' costumes, race against each other in a world of speed and spectacle, thrills, spills and romance...

Starlight Express. London's most spectacular musical hit, is now in its sixth year at the Apollo Victoria Theatre in London. Now there's a chance for three lucky readers of GUIDING to win a pair of best seats, at the performance of their choice, for Andrew Lloyd Webber's stunning musical on rollerskates. For the first prizewinner there's a pair of rollerskates too — so you can see how you compare with the stars of the show! Second and third prizewinners will each win two tickets to the show.

To enter, just answer these five simple questions and make sure

your entry arrives at the *GUIDING* offices by October 31, 1989 for the lucky draw.

Q1 Where can you find the biggest train set in London?

Q2 How many tons of steel make up the Starlight Express set?

(i) 5 tons

(ii) 60 tons

Q3 Over 2,000,000 people have seen Starlight Express at the Apollo Victoria Theatre in London.

(i) True

(ii) False

Q4 How fast do the actors rollerskate in Starlight Express?

(i) 10mph

(ii) 35mph

Q5 Can you name one other musical by Andrew Lloyd Webber currently running in the West End?

Write your answers on a postcard please, add your name, age, address and, if possibles daytime telephone number. Post your entry to: *Starlight Express* Competition. *GUIDING*, 17-19 Buckingham Palace Road, London SW1W OPT.

COMPETITION TERMS AND CONDITIONS

The closing date is October 31 and all entries must be received by then. The judges' decision shall be final and no correspondence can be entered into. The three prize winners will be notified by post and their names will be published in GUIDING. Prizewinners' tickets are subject to availability. Anyone who is professionally associated with GUIDING or the production and their immediate families are not eligible to enter.

Win two tickets to the hottest show on wheels, Andrew Lloyd Webber's Starlight Express



GUIDE GUIDERS

SO THAT'S SCIENCE!

We are hearing more and more about including science in the Programme. Well, you don't have to be a scientist to do so. Don't worry if you weren't good at, or didn't study science when you were at school.

There are probably all kinds of scientific activities going on in your Company's programme already: learning that a fire won't light without punk and kindling; that a billy of water boils faster with its lid on; that candlefuelled tin can cooking only works if the candle has a supply of air. What is science, after all? It is all about discovery: the search for why, how and if.

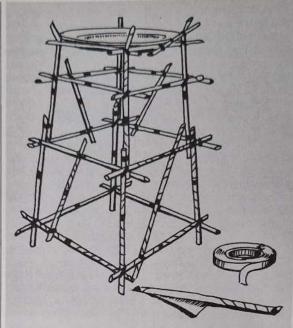
The ideas below have been taken or adapted from a book compiled by the British Association for the Advancement of Science entitled Ideas for Egg Races. You could use them in one form or another to set off your Guides on the road to discovery. Consider using them as

- Patrol activities to encourage Patrols to work as a team
- Wet weather or evening activities in camp.
- Activities to help visitors integrate with their host Patrols, for example, prospective Guides, visiting Rangers/Young Leaders or other quests.
- Incidents in a wide
- Inter-Company challenges at District events.

Adopt the challenges or materials to suit your own circumstances and try weaving a story around them to add interest and context.

MARBLE RUN

Materials per Patrol: 2 sheets of card 42 | 100 paper clips



PAPER TOWER PLATFORM

Materials:

Large supply of newspaper 1 roll of sticky tape 1 small paper plate (for the Patrol) Marbles for judging

Tape measure

Challenge: Using materials provided, build the tallest platform you

can in the time allowed. perhaps 30 minutes. The platform (i.e. the paper plate) must be horizontal on top of the tower. It must be free-standing and not fastened to or held up by anything else other than the materials provided.

Judging: If there is a tie, the winning structure is the one which can hold the most marbles on the plat-

10 straws 40 pins 1 marble

Challenge Using the materials provided, make a device that will enable a marble to travel the greatest horizontally-measured distance ending at rest on the target sheet of card. Time limit: 30 minutes.

SECURIBOAT

Materials per Patrol:

60g plasticine Reel of thread 10 straws 10 paper clips 2 sheets of card Supply of 1p coins

10 lollipop sticks Bowl of water Ball of thin string

Challenge: Make, with any of the materials provided, a boat to carry the largest number of 1p coins without sinking. Time limit: 30 min-

PARACHUTE PROBE

Materials per Patrol:

Pipe cleaners Scissors Plastic bags String Off cuts of different fabrics Thread Stapler and staples

Sticky tape

Challenge: Make, from any of the materials provided a parachute to help a pine cleaner parachutist fall slowly as possible from given height.

Time and Height Limits: Max imum 30 minutes, as high as your circumstances

MESSAGE BY

Materials:

Different kinds of thick and thin paper, for example, newspaper, greaseproof paper, sugar paper, file paper or typing paper Paper clips Blu-tack

Challenge: Write a message on a paper aeroplane which will fly as far as possible. the distance being measured 'as the crow flies' Time limit: 20 minutes.

Ideas for Egg Races and other Practical Problem-solving Activities costs £3.50 and is one of two books available from: British Association for the Advancement of Science (Dept ER), Fortress House, 23 Savile Row, London W1X 1AB. The second volume costs £3.95, but the two can be bought for £7, which includes postage and packing. Cheques should be made out to: British Association.

NO PATROL

In August's Guide Guiders we cited the Patrol File Pack as a source of ideas for Patrol activities. Please note that the Pack is currently out of print, but individual Patrol File Pack sheets are still available at Guide shops.

TODAY'S GUIDE is, of course, available by direct subscription from CHQ or by placing a regular order with your local newsagent and not through the Trading Service.

RANGER GUIDERS

PROGRAMME PAGES

THE RANGER CHALLENGE

Some Rangers find choosing activities and experiences for the Ranger Challenge quite straightforward. If they come from a Guide unit where they have been encouraged to work toward real Targets which they have set for themselves, then they will be used to planning this way.

However, if they have not had this experience, for whatever reason, they may look to you for ideas. What could 1 do? is not an uncommon question.

It would be easy to say do this or do that However, if it is then not acceptable to others, or if the event goes badly wrong, you will have to take the blame whether or not it is justified!

There is a certain amount of skill in sitting down with one of the Rangers and getting her to work out just what she might do without making direct suggestions.

It could well be that she has a perfectly good idea, but is not sure how you — or the Unit — might react. She may also wonder if her idea will be 'permitted' or whether it would be 'right'.

For many of the younger Rangers working in a Unit where there are older girls, the thought of making a wrong or silly suggestion can be a complete turn off. You need to be seen to be a 'safe testing ground'

Action: Check out just how often you make opportunities to talk to individuals during the course of an evening meeting. Do you take those opportunities? Do the Rangers arrive knowing that during the meeting you will speak to each one of them as an individual? It doesn't have to be more than a few words, but it

does mean you are giving them all your attention. Often Rangers won't talk to you, unless you talk to them.

CHOOSING CHALLENGES

In the Ranger File there are a number of suggestions under the Eight headings, from which to choose. There is also, on some of the sections, that magic word 'or' This indicates there is complete freedom to choose another way to complete that particular challenge.

A Ranger could take all her challenges from the ones listed. Alternatively, she could accept those challenges which are specifically stated, and then choose quite freely what else she would like to do.

Although some of the challenges, such as the Service ones, give a more structured pattern, the way they can be achieved is up to the individual. She makes a suggestion and it is up to the Unit to agree.

The Unit has to decide what they would accept as a long term service project, just as it is up to them to decide whether someone has carried out the role that she has undertaken in the Unit effectively.

Some challenges are certainly much easier to decide on, to set goals for and to judge if a suitable standard has been attained. Others, for some of the Rangers at least, are more difficult to understand and to reach decisions on.

Action: Are you familiar with the Guide section terminology for the Eight Points?

It might be that some of your Rangers: the younger ones. for example, don't understand the adult terminology How do you cope with describing what we mean by character or mind to each member of your Unit? If you have trouble explaining it to them, they could well have problems in finding a challenge that they can identify with

Activity: Discussion Starter Make up some of the small 'mood' plastercast faces. provide paints and a selection of brushes, and suggest a quiet painting session. Head the discussion towards the characteristics. that may be portrayed through the faces, and let this flow into getting the Rangers to identify their own characteristics. Do they like themselves as they are? Are there times when they are outwardly like the masks, or do they always show how they feel at the time? How do those with whom they live respond to different situations?

It could be that this activity might trigger off a very personal discussion, which might help all of you to get to know each other just that bit better. From this discussion the unchallenged Ranger may discover more meaningful goals to aim towards or the Unit might find it easier to set her a challenge.

If you can find an activity that lends itself to activity plus discussion, then this is generally more helpful. Day hikes are useful — expeditions are even better for — getting to know each other.

As a Ranger progresses through the Ranger Challenge, as she encounters new experiences and tries out and gets to grips with new activities, she should also be progressing as a person, learning from success as well as failure.

In looking back over the Challenge when it is completed, both you and the Ranger ought to be able to see how she has developed. She may well be able to see that what she was asked to achieve in the first place, might be of quite a different standard to what she was asked to achieve towards the end.

It might be that what she produced in the beginning was nowhere near as good as what she is capable of achieving, having practised that particular skill over two or perhaps three years.

You need to help her to appreciate that her first achievement was where the real challenge lay. Her appreciation of that fact will show you how much the Ranger Challenge has helped her to develop as an individual.



The summer holidays may be over, but you can still bring the sun and sand into your meetings. Ask the girls if they can bring in any unusual shells and pebbles. They may have some left over from holiday trips to the beach or be able to buy some at a local craft supply shop.

If you live near the sea. then you could organise a shell-collecting trip to the beach. Or simply cardindex the idea and include it in your plans for next

When collecting shells, it is easier to spot them at low tide. Make sure that the girls only collect empty shells. It is cruel to take shells which are still occu-

Many species of mollusc are already in danger of extinction because of pollution and the dumping of waste and oil in the sea, so every effort should be made to protect these animals.

You should not disturb the natural habitat of molluscs in your search. Any stones or rocks that you move should be replaced as some fauna depend on them for protection.

All shells should be scrubbed clean in warm soapy water and left to dry.

When using the shells as part of a craft evening, try something more original than shell-decorated flower pots.

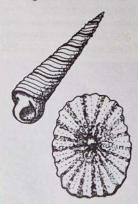
There is no end to the things that the girls can jazz up with shells. Interesting picture frames can be created by sticking shells on to an old wooden or plastic frame - you'll need a suitably strong glue.

Old photo frames can be picked up cheaply from jumble sales or charity shops. Decorating them with shells is a useful way to cover up any cracks or 44 scratches.

First clean the frames with warm soapy water and leave them to dry out properly to give the adhesive a chance to work. The shells can be stuck on in patterns or at random. A nice textured effect can be created if a range of sizes is used. When the shells are in place, the finished frame should be left to dry flat overnight, before adding a coat of varnish for a glossy finishing touch.

Shell creatures are easy to make and are often the most popular with the girls. You can buy small plastic stick-on eyes from most craft shops - combined with two clams or scallops for the body and two smaller shells for feet, they can make a dinky little novelty.

Alternatively, for the more adventurous, figurines can be made from a combination of shells. It is easier to work on a basic 'matchstick man' frame made up of pipe cleaners or wire - it gives the figure support. Shells can be threaded on to the frame by carefully making a small hole in either end of each shell and securing them with a little glue.



As shells come in many shapes and sizes, you may find that one shell is obviously head shaped and others ideal for the body or even as a hat. For a naturallooking figure, the head looks more effective with no facial features.

Again the figure should be mounted on strong, felt-covered card or a small block of wood and left upright to dry overnight.



Decorating matchboxes is a cheap and cheerful way for the girls to experiment at first. A piece of coloured felt stuck on the top with shells attached is not too fiddly. Of course, all the matches should be removed first. You can always refill them afterwards if the box is intended as a gift or for sale at a bringand-buy.

FRRIE

If your unit is based miles from any beach, pebble painting is an easy alternative

The girls can search for suitable pebbles in their own neighbourhood - on paths, banks of rivers and streams, in ditches, even in their own gardens.

The stones found in rivers are often the biggest and smoothest. Yet the stranger the shape of the stone, the more it lends itself to an original design.

The stones should be washed first to bring out their natural tone and texture. That also ensures the best result when painted.

Poster paints are the most suitable to use for pebble painting because they dry quickly and aren't that expensive. How many colours you provide the girls with is up to you Effective designs can be produced with just two colours. Often young girls are tempted to use every colour under the sun and this can spoil their crea-

The vital equipment for pebble painting is paintbrushes and plenty of newspaper. You'll need to provide thin brushes for fine detail and thicker ones for filling in, as well as water to thin down the paint. The paint shouldn't be so watery that it runs, but shouldn't be too thick either If the stones being painted are dark and you are using light colours, you will need more than one coat of paint, but not more than three.

Rough designs can be traced out with a soft pencil or scratched on with a pin or compass. If the surface of the pebble is badly scratched, you may need to paint the whole stone. You could save paint by only doing the top half.

The finished designs will need a coat of varnish to keep their colour varnish one half at a time and leave it to dry prop-

The stones themselves can provide all sorts of inspiration for creative designs. Any lumps, bumps or holes can easily become facial features of a person or animal. Fish are often the easiest design to attempt, as even the tiniest of hands can manage a large eye and

If painting on such a small scale proves difficult for your girls, they could try using felt-tipped pens. The results are just as effective and the colours last well if topped with a coat of varnish.

JUSTINE CHATTING

JUST HOW

TO JUDGE HEIGHTS

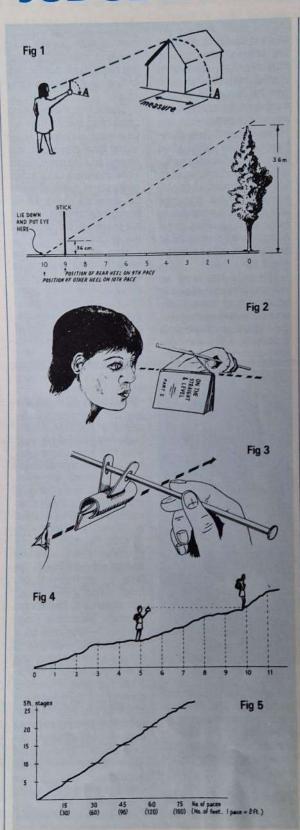
If you have ever watched an artist at work in the field you may have observed one method of judging heights. Although not an accurate method, it is adequate for helping artists to get drawings in proportion. Try these two versions of the artist's method for yourself.

1. Hold a pencil at arm's length, its base at the base of a known height on the object you wish to draw, for example, a six foot door. Measure off how many similar portions of your pencil are needed to cover the whole height of the building. This method is only really suitable for comparatively low heights. 2. Hold a pencil at arm's length, its base in line with the base of the object you are drawing, for example, a barn. Notice where the top of the barn comes to on your pencil. Then turn the pencil horizontally and measure along the base of the barn an apparently equal distance. (fig 1).

A more accurate way of judging heights can be obtained by using the centimetre-metre method:

Keeping an even natural pace, take ten steps from the base of the object you want to measure. Stop astride the tenth step and put a stick into the ground to mark where your rear heel stood. Mark the spot of your forward heel and lie down, putting your eye as close to that spot as possible. With your thumb, mark on the stick the point which appears to cover the top of the object. Use a ruler to measure the stick in centimetres, divide by ten and you are left with the height of your object in metres. (Fig 2)

To judge the heights of hills and to work out gradients you need a friend who is willing to co-operate, and an improvised theod-



olite. (Fig 3)

Stand at the bottom of the hill or slope with your theodolite in position. Your friend starts walking at an even pace uphill until the soles of her shoes are level with your eye. For convenience we will presume your eye is five foot from the ground, but remember to do your own measurement and adjust calculations as necessary.

If your eye is five foot from the ground, the other person will have climbed up five foot by this point. Record how many paces the other person has walked to reach this point, then walk up to meet her and stand in the exact spot where she was standing.

Repeat this process, recording each time that you have climbed another five feet and however many paces it has taken your friend to reach each point. (Fig 4). If, at the top of the hill, you run out of hill to climb before the shoes are level with your eye, measure how much of your friend's body is showing below your eye level and subtract that from five feet.

The number of times you climbed five feet, plus any extra at the top will give you the approximate height of the hill.

To work out the gradient of the hill plot a graph. Measure the length of your friend's average pace up hill, for convenience we'll say it is two feet. Along the vertical line of the graph, plot the five foot stages. Along the horizontal line of the graph, plot the number of paces between each stage.

In our example (fig 5) the hill goes up 25 feet over 150 feet

 $\frac{25}{150} = \frac{1}{6}$

The gradient is therefore 1 in 6.

COPING WITH...

BAZAARS AND FETES

In any voluntary organisation, the most dangerous question ever asked is the one that begins: Would it be a good idea if ...?' The temptation for busy people is to say 'No!' at once.

If the idea in mind is a bazaar or fête, perhaps the answer should be 'Maybe,' followed swiftly by: "If you are prepared to run it." After all, people who have inspirations should be allowed the chance to bring them to fruition.

Organisation is the first key to success, so - when you have decided who should run the event that means setting up a committee or working party.

That in turn involves chairing it firmly, allocating as long as he or she has the time to do the job properly (and, of course, you haven't). The vital qualities for the job are commonsense, people skills and an orderly mind.

The second key is to have a clear aim. Most fêtes and bazaars are multipurpose, fund raising, publicity, recruitment, an opportunity to work together and so on. It is essential to make up your mind at the outset which element is to take priority and build the event around that.

The third key is to be realistic and cut your coat according to your cloth, your purse and your resources. There is no point in proposing a fête with donkey rides and dog-handling

pick a date when your venue is free, not just for the event itself, but for one or two days before setting up.

Check that there are no conflicting events that will lure your audience away - the local paper and the library can help there. Avoid Bank Holidays and times when some national event has everyone glued to their televisions, and be wary of the seasonal rush of activities at Christmas.

You will probably be seeking contributions in kind, so allow time for those making handicrafts, fancy goods, cakes or whatever to plan and prepare. Set out a timetable of what needs to be done by which date and let the organiser check that each individual with a responsibility agrees to it and keeps to it.

Today there are more jumble, car boot and garage sales than ever before (who buys it all?). So no way should a Guide event even hint at being of that character - unless you have decided to settle for just that, of course. Dream up a title. Set a theme or style: a standard decorative scheme for stalls, helpers in costume, with activities and catering to match. Be bold: go for Robin Hood. Mad Hatter's Tea Party. Zoo-time, Prehistoric Woman, Neptune's Kingdom, or - but only as a last resort — Cowboys and Indians. Make sure the publicity reflects the theme. A few costumed characters giving out handbills in the High Street are likely to attract attention and may even win a picture in the local paper. Posters with a novel theme are more appealing than white oblongs announcing a Grand Fête. Draw up a large-scale plan

of the space available to

you, indoors or out. Group the stalls selling goods in one area, with sideshows in another. It's a good idea to place refreshments near to water, power and gar. bage disposal and position competitions strategically to catch the passing crowd Entertainments, whether in an arena or on a stage, usually need to be enclosed, so that extra admission can be charged.

Remember changing rooms, collecting rings, storage, lavatories, treasurer, first aid and other needs for controlled, non-public space. Think of the way the human traffic will flow and try to avoid both dead areas and jams. Make sure there is room for the people to spend their money!

HOLD THEM

Allocate time for everything: from opening the doors and the celebrity launch to the main entertainments. the raffle draw and the prize-giving. Make sure that those in charge of activities understand the need to keep to the time allocated to them.

Enthusiasts in the local riding club or dancing school will produce schemes that will go on forever if not kept in check. The marching band must be timed in and out, as well as for its numbers; the display teams - whether the Red Devils parachutists or the OAP keep-fit group must keep to their fixed

Keep the programme moving so that there is no risk of the audience becoming bored and drifting away. Play some background music over the public address system to fill the gaps. But don't drown the stallholders' cries with it and don't keep it on all the time. And remember the Performing Rights Society



always a guaranteed moneyspinner

The cake stall is responsibilities, finding specialist help, establishing sub-groups as required especially for catering and appointing an organiser to control the entire operation from start to fin-

> This is your second chance to get out of the hot seat: the organiser need not be a regular supporter,

displays, if you are using someone's lovingly-tended garden. Equally, there is no use in setting up puppet shows or model railway layouts, if the village hall has no side rooms to house

TIME TO PLAN

A successful event takes months to prepare. First licence.

A lively announcer is an asset, but he or she doesn't have to try to sound like a Radio One DJ. Clarity, humour and lack of pomposity are enough.

Posters and handbills are a necessity. Groups of girls, under adult supervision, could perhaps do a mail drop of programmes, which could act as admission tickets and carry a lucky number, raise cash, as well as making people sure to turn out. Under no circumstances should a girl do a mail drop on her own.

Local newspapers are more likely to run stories if a celebrity (that doesn't mean the mayor) can be persuaded to attend. Remember that What's On' feature on your local radio station. Banners and sign-posting must be arranged. The 'networking' power of everyone involved in the event, and in the group, should be tapped by giving

them all handbills and a modest batch of programmes to sell.

DON'T FORGET

The treasurer is sure to want help. Stallholders, gate-keepers and ticket sellers all need cash floats. Collectors will have to be found to bring in money from all points at regular intervals, to avoid risky cash build-ups in exposed places. A late pay-in at the bank may have to be arranged. Security arrangements must be thought through.

Parking may be a problem. Should the police be consulted? Do you recruit the Red Cross or St John Ambulance Brigade for the first aid tent? Are there enough lavatories? Who will take the VIPs round? Who will tip the caretaker or groundsman? Who will cope if there is a pilferer or a lout?

Are there plenty of litter

bins? Will you need a skip for the garbage? Have you the right insurance cover?*

Someone needs to be on hand to cope with lost property, producing an emergency toolkit and locking up. Then there are the legal requirements to running a raffle, getting the right acknowledgements in the programme and arranging enough runners. All need action by the organiser. At least the stallholders can find their own helpers!

In addition to providing a good show that people will remember with pleasure, it is important that value for money is given for items bought. People will spend over the odds for a good cause, of course, but gross overcharging for home produce and the sale of mass-produced tat or amateur fancy goods at commercial prices does not go down well. For an extensive bazaar, a pricing sub-committee may be

worthwhile to make sure all is fair. After all, the Movement's reputation could be at stake.

CLEARING UP

Obviously, the hall or field must be left clean and neat — but Guides are good at that, even when their elders are exhausted. Any damage must be reported. Letters of thanks should be sent promptly and a statement of accounts prepared. An announcement of a rough count of the takings is the best 'thank you' to helpers on the day.

A brief post mortem may be useful to try to plan for next time. You never know, maybe someone else will take it all on for you!

PAT BOWMAN

■ A telephone call to our Insurance Department at CHQ is a sensible precaution and, at the same time, you can also seek legal advice on what girls can and can't do to help.

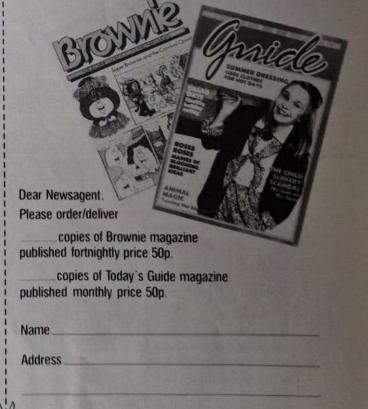
Do you yearn for a readymade package which offers the very best Guiding to your girls?

HERE IT IS...

- 1. Buy copies of Brownie or Today's Guide magazine.
- 2. Give copies to each Six or Patrol.
- 3. Suggest that they look through them and discover all manner of things to do and make as groups or individuals.
- 4. Relax in good conscience—sure in the knowledge that this is not laziness but good Guiding in action!

By working with *their* magazines, using them as a supplement to *their* handbooks, your Brownies or Guides really will be *doing* Guiding.

Brownie and Today's Guide available from newsagents



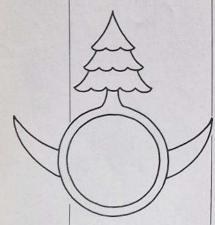
WOODCRAFT WISDOM

In his famous book Scouting for Boys, B-P emphasised the importance of learning about animals and nature. He called this knowledge 'woodcraft'. It included learning how to stalk animals (for the purpose of observing them in their natural habitats), being able to read and recognise animal tracks, how to observe, read signs and make camp gadgets.

Years later, in 1952, the author J G Cone, wrote of the need to be 'woodcraft minded' - in other words, alert, observant, self-reliant and useful.

These qualities, of course, are still important in Guiding today.

The woodcraft sign symbolises all our activities.



Let's take a closer look at it.

- The tree stands for the tige of knowledge; knowledge of the bad and the good, of the arts and sciences, of nature and the great outdoors.
- The horns represent power - the power we attain through knowledge.
- The circle is the circle of unity - the unity of our great universe - and the worldwide Movement of 48 Scouting and Guiding.



SIGNS AND SYMBOLS

In order to learn about woodcraft, we must recognise the importance of signs and symbols. Most of our woodcraft signs are taken from the North American Indians. The token of the Indian is an emblem or badge of an individual tribe or clan. The Indians often chose animal tokens as symbols of their tribes and even today, many countries have their own animal symbols like the American eagle and the Russian bear. Wales has a mythical animal for its symbol, the red dragon. Can your Brownies/Guides think of any other examples?

In the same way, the original Scout Patrols were named after animals and birds. The Girl Guide Patrol emblems come about in the same way. How much



do your Patrols know about their emblems? Is their Patrol equipment marked with their own Patrol symbol?

PICTURE

Brownies are often better at this than Guides! How about challenging your Rainbows to have a go? Most children can 'read' pictures from a very early age. Think of road signs. Ordnance Survey signs or cave paintings - they are all examples of picture writing. The signs used in mathematics can also be a form of picture writing; equal, minus, plus, therefore, parallel, perpendicular, divide. Drawing a line across an equal or parallel sign gives the sign the opposite meanina:

Unequal Not parallel



If you invert the sign for 'therefore', it becomes because'

Because

The male and female signs you may already know:

Male





but what about these two:

Turn back

Lost





The symbol of the eye meaning 'Look' or 'see' is also well known. So this means seeing the track of something:



The Trefoil, of course, is the symbol of the Guide Movement. On p.15 of The Guide Handbookyou'll find a detailed description of the different parts of the Trefoil. What do you think the symbol for a Scout would be?

We often use the heart symbol: here are the heart symbols of sign language and their meanings.

Good



Bad. Unfit



Нарру Glad Light-hearte



Healthy Clean Fit



Remember, in picture writing, you do not use words like 'it' and 'the'. Just two or three symbols are used for the whole sentence. Can the girls make up some sentences in sign language? Can they think of any more signs and symbols?



Do the girls know the symbol for their town or city? This is the City of Westminster's logo. As you can see, it depicts many familiar landmarks.



In 1987, JILL WRIGHT travelled through the Malay Peninsula with her husband and two children when the family was en route to Australia. Here she recalls the rich diversity of one of Asia's most exotic destinations.

We approached Malaysia across the causeway from Singapore. It was a relief to leave a crowded, built-up island-country and enter one with space to breathe. The Malaysian flag fluttered over the customs post. The red and white stripes made us think of the American flag, and they do, in fact, represent the 13 Malaysian States, plus the Capital District of Malaysia. The dash of blue is a reminder that Britain ruled here for many decades, and the star with crescent moon is a symbol of the Islamic world.

Johore Bahru, at the southern tip of the Malay Peninsula, bore a striking resemblance to neighbouring Singapore. Maybe the office blocks weren't quite as high, nor the hotels quite as numerous, but everything contrived to remind newcomers that Malaysia is a very westernised country and richer than most of its Asian neighbours. The huge mosque and the Sultan's palaces gave reality to the Islamic symbols on the country's flags.

Leaving the suburbs behind us, we soon reached the Malaysia we expected from geography lessons. Rubber trees - endless lines of them - really did cover the hillsides. On a short walk, we saw latex oozing into little cups - and felt the merciless bites from the shadeseeking insects! The hillsides that weren't planted with rubber, were green with oil-palm or teak plantations. Our first day in Malaysia ended at Paddy fields. Melaka (Malacca). Here we were a sea of green confronted with tangible reminders of the peninsula's rich history.

Bukit China, with its Chinese houses, temples and graveyards was first settled by the retinue of a Chinese princess who married the local Sultan. That marked the start of 600 years of Chinese settlement.

St Paul's Church, now in ruins, was once a chapel, visited by Francis Xavier when the Portuguese were all-powerful in the 16th Century. In 1641, the Dutch took over - and their massive bright red Stadthuys (town hall) and church seem to have been transplanted from old Amsterdam. The British supplanted the Dutch in 1795, joining Malacca to the rest of the British Malay States. They made their mark by demolishing

The growth of Singapore was the 49

death-knell for Malacca as a port, but the town is still thriving. It's a maze of bustling streets, with such a mixture of Islamic mosques, Christian churches, Hindu and Buddhist temples, that it makes visitors realise what a rich diversity of religion and culture Malaysia has.

While the Malays are definitely in charge of the government and national affairs, it is the Chinese that dominate the economy and run the shops; the Indian minority seems to do a lot of the hard physical labour.

This is where both Guiding and Scouting find favour and official encouragement. Both Movements have been highly praised for their practical contributions towards racial unity: an ideal for which the Government is constantly striving

Persatuan Pandu Puteri Malaysia (the Malaysian Girl Guides Association) has about 50,000 members and, with Government encouragement, it has opened Cadet Companies in every teacher training college throughout the country. What a good way to get leaders and train them from the start! And a special opportunity

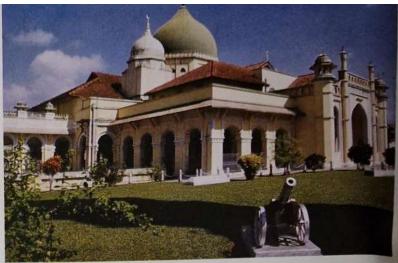


Malaysian girl distinctive

A young when so many Guides (Pandu Puteri) and Brownies (Tunas Puteri) meet in with very schools. This is a Movement that emphasises training and several State organisations have their own training centres. Soon after leaving Melaka, we travelled through Seremban, state capital of Negri Sembilan, which has its own Guide House.

IN THE CAPITAL

Both the Guide and the Scout Headquarters are in Kuala Lumpur. Back in the capital, we were back to busy 50 traffic, multi-lane highways and high-



The Kapitan Kling Mosque in Penang

rise buildings. Yet there is a cricket pitch in the city centre, complete with mock-Tudor clubhouse! We were proudly shown the National Mosque - so modern that it might have been an Eastern cathedral. The building we had passed with all the domes and minarets turned out to be the railway station!

Although both the Guide and Scout Headquarters have accommodation attached to their shops and offices, we had been booked in to a rather fine hotel near the racecourse by a friend from my student days, who obviously had high expectations of the lifestyle of British graduates ...

TIN COUNTRY

We spent a day visiting the Batu Caves - now a Hindu shrine - and later the Ipoh Caves, now Buddhist temples. Ipoh, 'city of millionaires' is in the heart of tin country. Today, most of the workings are silent because tin prices are so low, but vast lakes and wastetips scar the landscape. Ipoh has another Pandu Puteri House, where visiting Guiders are made most welcome.

The backbone of the Malay Peninsula is a ridge of high, forested mountains. They dominate the skyline and spurs bear down on the suburbs of Kuala Lumpur.

A few days in the coolness of the Cameron Highlands revitalised the flagging family. On a jungle stroll, we met teenage Orang Asli ('original men', or aboriginal tribespeople) with real blow-pipes and watched an electric storm rip the night sky. But in many places, the jungle has given way to huge tea plantations, where sari-clad women pick the precious leaves, or to neatly terraced vegetable plots worked by Chinese families.

Back to the heat of the western plains, we travelled north from Ipoh through rice-fields and pineapple plantations. A motorway and magnificent toll bridge now span the narrow strait separating Penang from the mainland. This is an island of beach resorts and fishing villages where the Chinese dominate.

We spotted the Guide HQ under a flyover, almost marooned among the highways. Georgetown, the capital, was Britain's first foothold in Malaysia. Above the busy, crowded streets, Penang Hill is a welcome retreat only 830 metres high, yet five degrees centigrade cooler than beside the sea, and decidedly breezier. The journey up on the Swiss-built funicular means another tick on my husband's list of world railway 'musts'.

The ferry to the mainland is far more crowded than the toll bridge and should continue for years by popular demand. We merged into the crowd of commuters en route to Butterworth, where we found the station and the train south. A whole day on trains, with one change in Kuala Lumpur, took us back to Singapore.

Twelve hours by express train to retrace our steps - yet we were very aware that we had seen but a tiny part of the country. We covered the more developed and densely populated west of the Peninsula - away to the east are uncrowded beaches, fishing villages, and towns which are more Malay than Chinese.

Only recently has a road been completed right along the east coast. Even further east, across the South China Sea, are the States of Sebah and Sarawak. Together they form about 60 per cent of Malaysia's total land area, but only 15 per cent of the population.

Eastern Malaysia is the highest. hottest, wettest - and least visited part of the country, where orangutans still live in the rain forest. But even here the forest is under threat timber is an important export, and East Malaysia is the source of Malaysia's petroleum.

JILL WRIGHT

In the early 1900s when first Scouts and then Guides were founded, the youngsters spent much of their time out of doors. Camping very quickly became a popular pastime. So what has changed? Nothing much! Young people still responded to our recent survey by demanding more adventure, more outdoor activities and more camping.

But camping numbers in the Guide section are on the decline, although the number of adults holding a camp licence has risen steadily

over recent years.

Obviously we ought to be asking what is putting young people off? Exciting trips abroad with the family and activity holidays with the school may be the answer. And, of course, these things do compete for their time, but surely also prove that young people want to take part in this type of activity.

Perhaps we should look closer to home for the real reason - how we camp in Guides. We ask them to heave about heavy canvas, which is hard to pitch and impossible to dry and wrestle with wooden poles, that are unwieldy and heavy.

a personal

And what about the camp sites? Give a thought to the sanitation and washing facilities. How many of our sites boast flush toilets, showers or even washbasins with running water?

Many of our young members are seasoned family campers at sites all over Europe, which provide splendid facilities as the norm. They feature the newest technology in camping equipment: fabrics that are lightweight, water resistant and easy to dry; poles which pack in small sections and weigh very little

Even the chemical toilets where used — have advanced and incorporate smell-free flushing systems. As for camp gadgets, the camping suppliers have folding gadgets for everything, which don't require complicated lashings.

There is still something to be said for learning to make useful items out of a few sticks and a bit of string - some of us would survive marvellously well on a desert island. It teaches ingenuity and self reliance.

However, there is a place for this to happen as a camp activity, while allowing the girls to live comfortably and with dignity in the great outdoors by using all the modern equipment and facilities available

What is hard to understand or defend is why, when the move is made from the Guide section to the Ranger section, that suddenly modern technology becomes not only acceptable, but obligatory. Any self-respecting Ranger Unit that camps will be able to give you the very latest update on which is the lightest and warmest sleeping bag, best tent and so on. (Of course, faithful readers of GUIDING's Check it Out column will know that already! - Ed)

Perhaps we need to remember that back in 1910, Guides and Scouts used the latest equipment and facilities available to all sections of the community... then. Having digested that fact, we should next examine our motives in not moving into the 21st Century in this one area of our Programme

The views expressed in this article are not necessarily those of The Girl Guides Association nor endorsed by it. The Editor reserves the right to edit any item received for publication.

This month we launch a new feature, We and They, written by a member of the Community Involvement and Development Group (CID for short).

All good people agree And all good people say All nice people like us are we And everyone else is they.

But if you cross over the sea Instead of over the way You may end by looking on we As only a sort of they!

Rudyard Kipling

Here's a quick test. Start with no points. Add ten points for each group you'd like to mix with, and deduct ten for each you're glad

Estate agents, librarians, black people, air cabin crews, zoo keepers, white people, pub landlords and rain forest protection agencies.

Score -70 to -30: you're a bit fussy aren't you? Score 30 to 70: what a friendly person! My score, I'll admit, was only 20.

I thought it was a pity though, that each time I deducted ten I realised that I was really saying:



Here is a group of people I want nothing to do with - I probably wouldn't like them if I got to know them'. If I was really big headed, I'd say it's their loss; but I've got a sneaking suspicion that it'd also be

Do you see the point? It's all 'us' and 'them', or as this column is headed, 'we' and 'they'

We all do it, and I suppose it's only human. Does it have a serious side? Does it prevent us from making friends, as I suspect it may do, and, even more seriously, does it prevent us from seeing other.

people's problems - or even caring about them - if they're not one of

From our correspondent in Africa: Jambo!

Did you realise that we in this enormous continent are very much aware of you 4,000 miles away in the industrialised north? Did you know that we probably have a better picture of you and your lifestyle than you do of us? Why? Because we have television with all its American and European programmes.

The picture of us that you see is often one of famine, war, disease and hardship. And perhaps rightly so, as these do represent world problems as well as particular difficulties.

Television presenters often use phrases like Third World' and 'underprivileged'; how easy it is to put people into categories and lable them when such descriptions are given.

How easy it is to forget that all peoples of the world represent cultures, customs, traditions and faiths which enrich and enhance the living world of today.

Christmas Gifts With Personality



Our range of delightful personal gifts will make your Christmas shopping and giving far more of a pleasure this year.

These timely gifts for members of the Movement are so easy to order. Just write a cheque, pop your order in the post, and within 14 days WE will deliver them to YOU. What's more, you'll be delighted with your choice.

GIRL GUIDES G G ASSOCIATION

make delightful gifts and presentations. All engraved with trefoil, majority of items individually board.	
23782 Coaster Set	(6.55
Set of six silver plated coasters. Im diame enclased in holder, which has the engine tratisi and which can double as a bottle by	M.
22087 Goblet	45.45
Sin. in height, with an attractive tudip shape	d bowl
19796 Rose Bowl	£11.50
4in. diameter bulb shaped bowl with an attractive roesh holder.	
23754 Bud Vase	∠4.40
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Sin. × 61cm. writh square picture area.	
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15296 Photoframe	£4.56
4 window molti frame.	
24521 Tray	£11.50
A very good quality tray, T1/sin, districts plain centre engraved with G.G. Trefoil	r with
25007 Candelabra	
This attractive, 3% in high candelabra har pleasant bead design on the base.	15.8.
25163 Silver Plated Sweet Dish	//685
An attractively designed round sweet di- the Guide Badge engraved in the centre Diameter Noor, with handle.	sh has

24954 Letter Opener 25.95
9% Iong, a most exquisite piece of craftsmarship, incorporates a piece of Swanwski crystal in the bandle

24992 Pen Holder 6.5.75
4in: high, an attractive companion for the above inem, again incorporates a poece of Swarcoski crystal at the base.

Another excusing piece of Silverware. Itin. high. Zin. diameter bell, incorporates a piece of Swanowski crystal in the handle. 25304. Eye Times.

Silver Plated Teaspoons 2236 Owl Model top handle 22095 G.G. Crest Handle 24701 A fairly new addition to the range. An excilent depiction of Lond Baden-Pswell of Gilvell, and also: 24711 World Chief Guide.

Correlete with chrome rose-holder, this line Rosens lead crystal bost has a slight scalloged run, and is beautifully segment with the G.G. Trefosi on each side of the inscription. The Citi Curdes Association.

20034. Car Badon.

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YOUR LETTERS

50 PROUD

The Chief Commissioner received the following letter which she wants to share with our readers:

I am writing as the mother of a 16-year-old with Down's Syndrome who has just left the 11th Harpenden Guides, after three-and-a-half years, having previously spent some years with the 11th Brownies.

We would like you to know how much we have appreciated the understanding and encouragement that has been given to Alison throughout her time of involvement with the Guide Movement.

We feel she has benefitted so much from being able to join in all the activities with 'normal' children and has gained a lot of confidence in her own abilities, particularly in communicating. She has been lucky enough to have gone to camp on three occasions.

While we realise that having her in their midst has placed an added responsibility on her leaders, we would like to think that it has been an enriching and rewarding experience for them and the other young people too, and that many other youngsters with similar degrees of handicap will be given a similar opportunity to join in with ordinary groups.

There is no doubt that Alison has greatly enjoyed herself, learned a lot and had a lot of fun being 'in uniform' — she was always so proud to wear it.

Our thanks to you all.

BRENDA DUDLEY Harpenden, Herts

SUPER BROWNIE SLEEPING BAGS

We would like to congratulate GUIDING for arranging with Polywarm to make and sell the Super Brownie sleeping bags.

We saw and liked the design and price, and immediately placed an order. When they arrived, the Brownies loved them, while their parents agreed with us that the quality was excellent; they were good value for money and warm. Not that we needed extra warmth - we were on Pack Holiday on the hottest week of the summer. The Brownies lay on top of their bags and were wonderfully comfortable.

We would certainly recommend them and hope they will be available should we need more for next year. After all, we might need to crawl inside!

Name and Address supplied

● If you'd like one of these super sleeping bags, they cost £16.20 (including p&p) from Polywarm Products Ltd, Cambuslang Road, Farme Cross, Rutherglen, Glasgow G73 1RS. Telephone: 041-647 2392/3. And don't forget to mention them to your Brownies' Mums, they make wonderful Christmas presents.

THANKS

On behalf of the 14+ Ad Hoc Committee I should like to express thanks to all those Guiders, Young Leaders, Rangers and Guides who took the time and trouble to write in response to the consultation questions.

We have received more than 500 individual responses which have, in many cases, been very extensive and detailed in the responses they contain. All these comments will be summarized with those which were obtained at the special meetings covered in Countries and Regions.

A summary of the findings will be given to Country/Region Programme and Training Advisers.

The committee under its new chairman, Miss Sheena McGuffie, is now working on the experimental phase of work with 14-16 year olds. Further research will take place concerning the programme for those over 16. Later recommendations will be put before the Programme and Training Committee before any decisions are reached.

JANET PALMER

Chairman 14+ Ad Hoc to March 31, 1989

OLD PALS

The discovery of a longforgotten photograph prompted Margaret Hendy to ask *GUIDING's* help: Margaret, who now lives in Australia, is hoping to trace some Guiding friends.

My name was Margaret Muir and I was a very keen Guide. From May 22 to 29, 1942, I attended the Patrol Leaders' Course at Foxlease, where my special friends were Joyce Pinder from West Bridgford, Nottingham, Gwenda Doble from Pinner, Middlesex and Pam Styles from Hayes, also in Middlesex. I would love to be able to contact these old friends.

Joyce later married — and became Mrs Richard Brown — and went out to Tanganyika to live.

I have been here in Australia since March 1957. My husband and I plan to return for a school reunion in Kirkcudbrightshire at the beginning of November and will stay on in the UK for several months.

MARGARET M HENDY

Anyone who remembers Margaret should write to her care of *GUIDING*.

JOIN US

Calling all ex-Guiders and Guides of 1st Bradpole Guides, we will be celebrating 50 years of continuous Guiding on Sunday, October 29. If you would like to join us, I shall be delighted to hear from you on 0460 30540.

HELEN DOBLE

Guide Guider 1st Bradpole Guides

HISTORY

In our 75th year of Brownies I am keen to get in touch with as many Guides and Brownies as possible who have been involved with our Pack the 1st Crookham Pack (Hampshire) — over the last 60 years.

We will be holding celebrations in November to which all previous members are invited. Please get in touch with me if you can help fill in our history and/or would like to attend.

SUSAN WAY

Brownie Guider 41 Conifer Close Church Crookham Aldershot, Hants

WELCOME

I feel sympathy for Anne Thorne (July GUIDING) she must be feeling very despondent. However, I should like to re-assure her that not everyone in the Movement feels 'anti' Rainbows.

I have not been involved with Guides for over 20 years. But, when I walked into the local annual meeting of our Brownies and Guides and said I should like to start a Rainbow group, I was welcomed with open

People have gone out of their way to make me feel I was wanted and so are the Rainbows. Even neighbouring Guide and Brownie leaders are being supportive and a leader from Hampshire has offered help if I want to make use of her experiences.

So please, ask Anne not to give up hope. Rainbow fans do exist.

MRS MIRANDA NORRIS

1st Southborne Rainbows

RAINBOW BLUES

I felt strongly enough to write in connection with Anne Thorne's letter

My Rainbow Guiders and I have had similar experiences. I know a lot of people don't like 'change,' but I would have thought members of the GGA were adult enough to accept and welcome this new and exciting stage in the Movement's development. At the same time we are attracting large numbers back to the Movement, which is losing girls at quite an alarming rate.

Although some Guiders have been helpful, others have not welcomed us. and treated us as a threat. We're here for the Rainbow Guides and to 54 be a part of the

worldwide GGA.

The only solace we find is when we talk with other Rainbow Guiders and find out we are all having the same 'teething problems.

We are continually told at Rainbow trainings not to do activities that are 'inappropriate' for this age group. Yet when we turn down these activities suggested at either local or District level, we are thought to be 'getting out of it' or being 'off' - not wanting to be involved.

Maybe we should start to educate the rest of the Guiders in the Movement about our guidelines and what our girls are able to cope with.

It's hard enough to come into a new 'club' on your own, but to find that you're battling all the way makes it even harder.

Come on Guiders give us a break!! How are the rest of the Rainbow Guides getting on at their local and District level?

> NAME AND ADDRESS SUPPLIED

REASONS

Some recent incidents at a gathering of Guides caused me great concern and made me wonder why adults are in Guiding?

A potential Ranger Leader was treated as a child, in front of Guides half her age - is this one of the reasons why we lack leaders?

Guides were ridiculed in front of others because they carried out a task as taught in their own unit and not as performed in the host unit.

Guides openly said that they disliked their Guider intensely — could this be why so many girls leave as soon as their parents do not dictate that they must go to Guide

meetings?

I appeal to all adults in Guiding. We must lead by example, being strict when we need to but knowing when to relax and have fun with the girls. But, above all, we must learn to respect people's feelings and not turn them against us.

> NAME AND ADDRESS SUPPLIED

WINNERS AT WEMBLEY

On Sunday, July 30, we took the Guides to the Wembley Complex, having been lucky enough to win one of the prizes in the Nat West Youth Action '89 Quiz featured in GUIDING.

The Guides had a great time, especially on the dry ski slope, and would like to say thank you to everyone concerned for making it such an enjoyable day out for us.

MARJORIE HULME

Assistant Guide Guider 22nd Blackpool Guides

CHEERS

We wanted to tell readers about a really enjoyable fundraising evening we held recently. About two months ago we found out about a really worthwhile GGA project which none of us had heard of before. The project. The PolioPlus Cold Chain Challenge, comes complete with an information pack available from CHQ. The pack contains a challenge, which we have enjoyed dipping into, and one part of this challenge is fundraising.

We decided to organise a pasty and punch evening with a variety of musical entertainment. Despite doubts about the amount of support we would get, it was a surprisingly successful evening and we managed to raise

enough money to boost our own funds and make a donation to this project

Our donation of £24.50 is enough to pay for seven children to be immunised against six diseases which are killing young children in the Third World.

We as a Unit feel strongly about the lack of support for such a worthy cause, and hope more Companies will adopt this project as it combines fun, the discovery of the cultures of the Third World and the saving of lives.

LAUNCESTON RANGERS

SILVER JUBILEE

On November 17, the 1st Barns Green and Itchingfield Guides will be celebrating their Silver Jubilee. We wish to invite anyone involved in either the Guides or Brownies in Barns Green to a party we are intending to hold to celebrate the occasion.

For further information please contact Marianne Harding, 1 Oak View, Two Mile Ash Road, Barns Green, Horsham.

MARIANNE HARDING

Guide Guider. 1st BG&I Guides

SEVENTY YEARS

The Company of which I am now Captain, 1st Wallsend, is happy to announce that it will be 70 years old on October 26. I am hoping to arrange a reunion for all past Guides and Guiders and I would like anyone who has had anything to do with the above Company to get in touch with me.

Margaret Heron

Westwood' 2 Forrest Road Wallsend Tyne and Wear **NE28 8QF**

For more of your letters, turn to p.59.

WITH THE TREFOIL GUILD!

The Trefoil Guild is not a resting place for worn-out Guiders, a member declared during an open forum at a recent County Chairmen's Conference attended by 127 Trefoil Guild members from all over the UK. But it's a mistake often made by people inside — as well as outside — the Movement.

Earlier, the National Chairman, Patricia Noble, had made it clear that the Guild is not just a jolly social circle for Guiders who have handed in their uniforms. She told *GUIDING*. The minimum age for a Trefoil Guild member is 18, not 65.

'In theory anyone can join, provided they are willing to live by the principles of Guiding. They must take the Promise if they've never done so before:

Mrs Noble added that many members did fall into the older age group. But others were women who, because of commitments either to family, work or study, had to drop out of active Guiding. 'It represents an opportunity to keep in touch,' she said. We are getting young ones who can step in and help out in a unit if the Guider can't be there.'

There is no sex discrimination in the Guild. Men can become full members as long as they have made the Scout Promise at some time. If they haven't, they can still become affiliated members.

One of the Guild's 'prime aims' is to help Guiding. One of the on-going problems is that the full range of help the Guild can offer is not always recognised by uniformed Guiders.

Mrs Noble's answer is to advise each Guild to look at their members and assess the skills and talents they can offer.

'Some Guilds see fund raising as their prime function and that puts a terrible burden on them. It is their accumulated skills, not their cashraising abilities that makes them valuable to Guiding,' she said.

Everyone recognises that 'we make a super cup of tea,' Mrs Noble continued, 'but members also help with badge testing, assist with both the secretarial and the treasurer side, provide babysitters, transport and help out at camp, as well as fund raise.

Later, during her final address to the conference, Mrs Noble, who gives up her post on November 1, announced her successor — Lady Beevor.

When she took over the 'top job,' Mrs Noble issued a President's Challenge: to increase membership of each Guild by ten per cent. Membership has climbed steadily, reaching nearly 21,000 this year.

The conference, she explained, was intended to help delegates 'do what is a very responsible job.'

She continued: When I took over, I set myself several goals based on the word Trefoil.

They were:

T for training — and a great deal had

ever I thought possible . . . it is enormous fun being a member.'

Finally, she urged delegates to 'put down their knitting and get on and do something for Guiding.'

Reflecting on the success of the conference, the Guild General Secretary. Sue Dixon said: What does come through is the terrific difference in how each person runs her County and the different levels of co-operation between Guilds and Guiders. Some areas still have a lot of work to do on communication so that Guiders will make use of the Guilds.

We've still got the elderly teamaking image, not just with outsiders but insiders as well.'

One link which is 'blossoming' is the accommodation scheme. This was set up to help members of the



been achieved.

R for recruitment — membership was up.

E for education — including educating other sections of the Association on the role of the Guild.

F for fellowship — 'both among ourselves and with the Scout Fellowship.'

O for outwards — stressing the need to look outwards from the Guild to Guiding as a whole and 'even further.'

I for international — an ever-present aspect of Guiding.

L for laughter, which was, said Mrs Noble, such an integral and essential part of the Trefoil Guild. And she added: I have laughed more in these five years with the Trefoil Guild than Association aged under 25 who need somewhere to stay while looking over a college, a job interview or starting work in a new area. She is put in touch with a Guild member who will put her up for a short time.

The co-ordinator of the scheme, Mrs Beryl Lawrence, said: The scheme is going very well. So far 30 girls have used it. They have been marvellous girls who seem to blend in with their hostesses very well, both sides seem to appreciate each other."

Earlier, delegates had taken part in workshops covering subjects ranging from speaking confidently in public to keeping up to date.

The conference, which is held every two years, took place in July at Hoddesdon, Hertfordshire.

Taking aim on a Trefoil Guild outing.

TREAT FOR FIRE CREW

▶Thistle Patrol from the 3rd Albrighton Guides in Shropshire decided that their local firemen deserved a treat - and dished up a gourmet meal to replace the canteen grub.

Serving up a tasty treat for Sub Officer Sandy McNaughton is Patrol Leader Samantha Webster.

The Guides were taking part in a nationwide Cooking Challenge, to celebrate 'British Food and Farming 1989. The winning Patrols will enjoy an exciting sight seeing weekend in London.



JOLLY HOCKEY STICKS

▲Don't be fooled by the disguise beneath the St Trinian's-style uniforms lurk two Kidlington Guiders.

The pigtail-pulling pair were taking part in a sketch charmingly entitled 'Up girls and at 'em' in the Kidlington Scout 56 and Guide Show.



SWEET MUSIC

▼Concentrating hard on hitting the right note are three members of the 2nd Seascale Methodist Brownies.

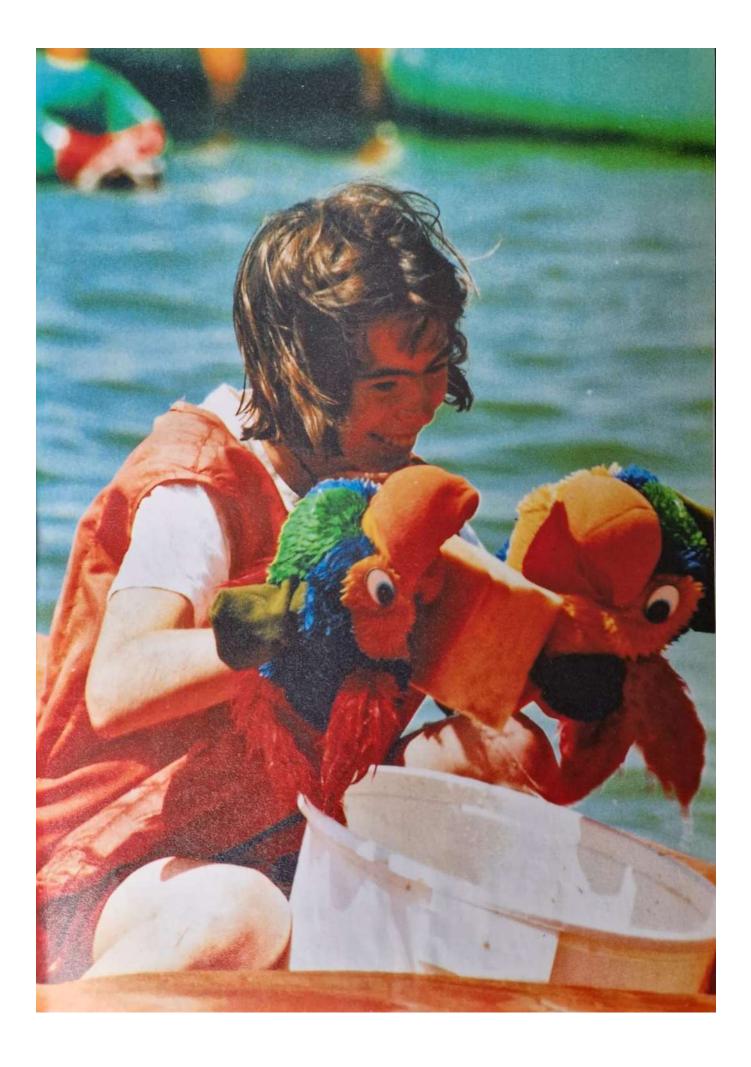
The girls were taking part in a concert in aid of the National Children's Home 120th Birthday Appeal — and they were obviously determined it would be a sweet-sounding success.

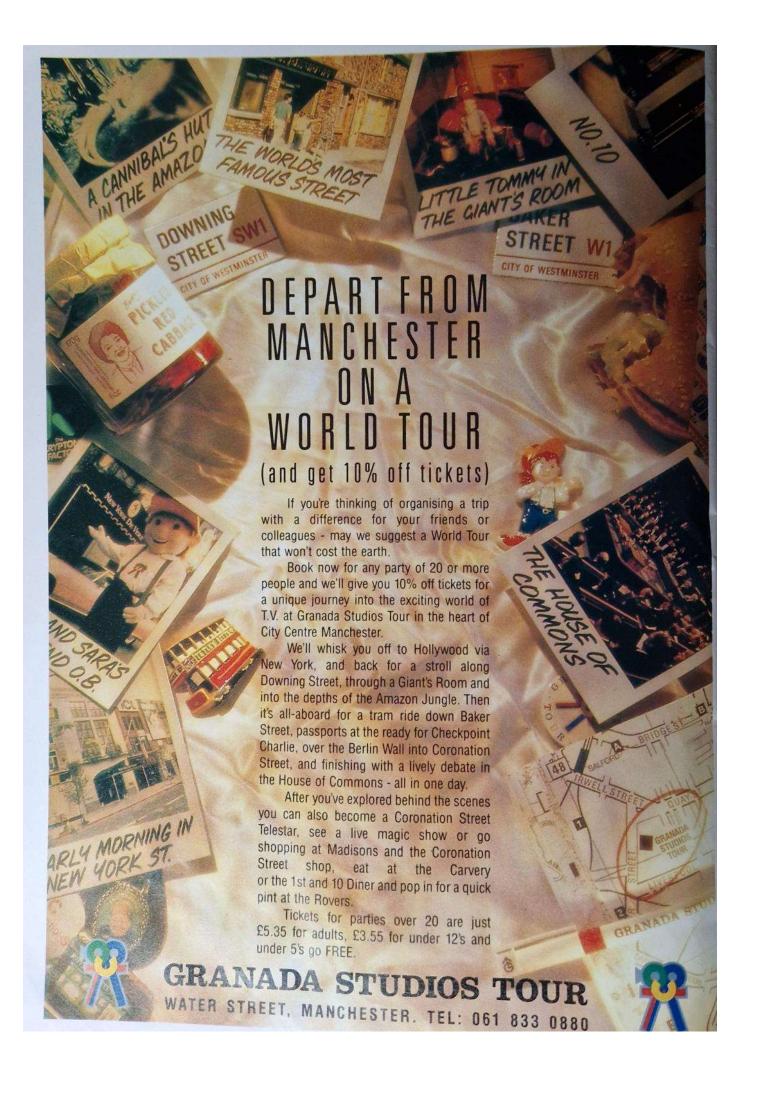
IT'S A KNOCKOUT

Intrepid Guide Corrine Grace gets a soaking trying to catch wet sponges while taking part in the Gloucestershire County Council Watersplash event.

Corrine and her friends from the 7th Cirencester Guides, were competing against 100 other teams in the annual 'It's a Knock-Out' contest on water.







UNIVERSAL PROBLEM

The letter Too Late (August GUIDING) triggered off a thought. To identify the writer will personalise a problem which I think is universal rather than isolated, but, to answer the writer's question: Yes, other Guiders do suffer from slow or incomplete communications and will continue to do so as long as the Movement is run by busy volunteers, who even dare to have holidays or be ill, during which time vital notes may sit on doormats.

I know other youth groups have the same problem, but might I suggest that the first step towards resolving the problem would be to explain it logically to one's District Commissioner.

If you do not get sufficient sympathy, explanation and a promise to try and improve things, contact the Division Commissioner (after advising the District Commissioner of your plans). This system works well in industry, often called the 'Grievance Procedure'.

It also brings us to the article Taking Part (May GUIDING). In a nutshell, if the people at the grassroots of Guiding (or any other organisation) are happy, then the people who oil and turn

the wheels of the system are working hard.

The adages 'do not wash your dirty linen in public' and 'keep it in the family' (in this instance the closer County family rather than the world family) together with the 'Guide is loyal' clause should perhaps be borne in mind. An announcement to GUIDING readers of something which can be labelled by those not directly involved as 'inefficient' is not going to enhance anyone's goodwill and this will be counter-productive to any communications.

To return to the specifics of the original letter, some Counties have a selection day once a year for anyone interested in international events. As so many opportunities do come up at short notice, they then have a record of applicants who can be contacted directly.

MISS E G C AGER

District Commissioner Woolstone-cum-Willen

WORTHWHILE

It pays to advertise as County PRA Charlotte Cook found out...

We had a stand at the Northampton Show promoting Guiding and won the Silver Award plus £8.

We were thrilled to bits, as this was the first time we had entered. On top

of that we came away with 16 names and addresses of people who showed interest in helping in one capacity or another. Even if they do not all join, it will have been most worthwhile.

CHARLOTTE COOK Kettering

THE RIGHT SIGNS

With reference to the letter from two Young Leaders, regarding the Friend to Deaf People badge, while it is true that many deaf people use signs rather than finger spelling, the problem arises as to which sign system to use.

Unfortunately, there is little agreement among those who teach and work with deaf people and, if signs were included in the badge syllabus, there would have to be a choice of method.

I suggest that the first part of clause three should read: 'Be able to use one of the following manual methods of communication: British Sign System, Signed English, one handed or two handed manual alphabet or Paget Gorman Sign System. Know when it is necessary and possible to use the chosen method.'

Although it is desirable to be able to communicate with deaf people, I would stress that the most important part of this badge is to understand the problems of deaf people and to use that understanding and knowledge in the service of a deaf person.

MARGARET WENSLEY
Guider and
teacher of the deaf

USEFUL TIP

I wonder if other Brownie Guiders wish that there was provision in the Handbook to record the Interest badges the Brownies have taken, as there is in the Guide Handbook.

I now use the blank space at the back of the Handbook, drawing three columns to log the badge taken, date and signature of the tester before the Brownie receives her Handbook.

This has two main advantages. The Brownie has a record of her Interest badges in her Handbook as well as on her arm, and it helps me with my records, as I can check in the Handbook if I am not sure of a particular Brownie's achievements (where do those badge certificates get to when I want them?).

Perhaps other Brownie Guiders would also find this useful.

B. A. WHITWAM
Brownie Guider
3rd Cam/
St. Bartholomew's
Brownies

adelboden Switzerland Bernese Oberland

Group accommodation facilities for adults and children

Adelboden nestles in a picture-book setting that tempts the visitor to go walking, to linger and to look. In summer and winter the facilities are many and varied.

In spring and autumn, too, this trim mountain village (1400m) with its old farmhouses loses none of its charm.

For information and list of group accommodation facilities contact the Tourist Office CH-3715, Adelboden, Switzerland.



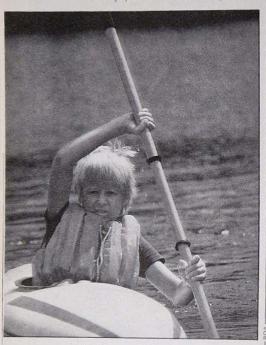
LEARNING TO COPE

In September's GUIDING Lady Joyce Crowther-Hunt, Chairman of the Girl Guide Friendship Fund, introduced the two charities which have been selected for this year's Christmas Good Turn: the British Diabetic Association's Educational Holidays Scheme and the National Playbus Association.

Over the next two months, we'll be taking a closer look at the valuable work done by these organisations, beginning with the Educational Holidays Scheme:

TAKE A BREAK!

Every year, about 800 diabetic children enjoy one of the action-packed,



Learning to paddle his own canoe ... a youngster on one of the British Diabetic Association's Educational Holidays

fun-filled holidays arranged by the British Diabetic Association. They're open to youngsters between the ages of five and 18; adventure trips and holidays abroad are also available for teenagers. Most children, however, spend two weeks at residential schools throughout the UK.

One of the main aims of the holidays is to show diabetic children that they can lead remarkably normal and active lives.

They take part in all kinds of activities - watersports, abseiling, horse-riding, judo and skiing are just some of the sports on offer. There are also plenty of opportunities to learn crafts and to go sightseeing.

The BDA stresses that while diabetics can never completely forget about their disease, there is no reason for it to become an intolerable burden either.

For many of the youngsters, going away on holiday is in itself a challenge. According to the association, some of the children have never spent more than a day or two away from home. Two weeks in the company of 35 to 50 fellow diabetics, watching them cope with the same problems, helps the child to realise that she's not the only diabetic in the world after all

Formal teaching is kept to a minimum - usually no more than two hours per holiday, but every opportunity is taken to teach the youngsters about the various aspects of diabetic management.

There is a high ratio of staff to children. Forty children, for example, would be cared for by a specialised team of 16 adults. Such a team would be appointed by the BDA and would include an administrative warden, two doctors, two or three nurses, two or three dieticians and eight leaders.

The leaders would include diabetics who have themselves been on a BDA holiday, medical students and others with a particular interest in children and/or diabetes.

The medical officer keeps a close watch on the health of each child and monitors the daily dosages of insulin. All children leave with up-todate details and understanding of their treatment; the medical officers' findings are sent to the child's doctor

The nurses supervise the injections of insulin and lend a hand to any child who is 'needle shy'. The medical team accompanies the group in all day-to-day activities. Mealtimes provide the dietician with an opportunity to show her skill. She'll explain to the children which foods must be avoided and which can be enjoyed. It's sometimes found that some youngsters have been on unnecessarily restrictive diets.

CAN YOU HELP?

Of course, such superb care, the constant medical supervision and the price of the holiday itself, costs a good deal of money — from £160 per child, excluding travel costs. which puts it beyond the reach of many parents.

That's where you can help - the more money you raise for the Christmas Good Turn, the more diabetic children can be sent on one of these wonderful holidays.

Detailed information leaflets on both the Christmas Good Turn projects can be obtained by writing to: The Girl Guide Friendship Fund, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W OPT. Please enclose a 23cm x 13cm (9" x 5") sae.

FOUR MORE ROOMS FOR PAX LODGE

As the building progresses, the stories of successful fundraising efforts from all over the world keep flooding in.

'Scouting Nederland' (The Girl Guide/ Scout Association in the Netherlands) will shortly send money to name a room, and recently a cheque was received with a request to reserve a of Thailand

The British Guides in Foreign Countries have also been very busy raising funds for Pax Lodge. Over a period they have been taking part in a Pax Lodge Challenge. Units in many parts of the world took part. The challenge was to make wall hangings and to raise money at the same time. The units which produced the winning wall hanging are the BGIFC Lone YL/Ranger Unit, 1st Athens Company and the 1st Waterloo Pack

On the fundraising front, British Guides in Germany raised an impressive £7,500 and those in Doha/ room from the Girl Guides Association from many other areas including Alfaz del Pi, Croissy, Awali, Episkopi, The Hague and Limassol.

Over £12,000 has been raised, so there definitely will be a BGIFC Room in Pax Lodge.

There will also be a room called the Rose Room. The profits from the sale of the rose, Guiding Spirit, will go towards this room. Every rose bought (£4.80) will produce £1.50 for the room. (Three plants for £11.50 will also raise £1.50 per plant for Pax Lodge).

Anyone having difficulty obtaining an order form for the roses should send an sae to: Miss M King, Shopping List Co-ordinator, World Bureau, Ölave Centre, 12c Lyndhurst Road, London NW3 5PQ

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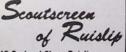
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aday in the life of

MRS BETTY MACKELLAR, CAMP SHOP SUPREMO AT OLAVE '89

I have never done anything like this before and I couldn't have managed without my marvellous team. It's been so terribly hot.

We've opened the shop four times a day — from midday to 1pm, 2-3.30, 5-6 and 7-8.30. You learn by your mistakes, not that I shall ever be doing another one.

One of the biggest headaches is knowing what to sell. I went to see Sussex West last year to find out what had sold for them. They told me I'd need thousands of 'bugs' and travel toothpaste kits, so I got as many as I could get and I've a lot left not sold.

Someone else said to get a lot of

Betty MacKellar — all smiles after a stint as shop manager at Olave '89



swim purses and so far I've only sold 20 and we had 1,000.

Still, the T-shirts have gone well and the bookmarks. Most of the Olave souvenirs have sold well, especially the badges, the mugs and the thimbles.

My husband has helped with unloading the boxes and tidying up the stock. It all takes time. We've got two stock tents to look after as well as the tuck shop tent and this one.

Tom's been very patient. He's used to helping out. Over the years he's been Mr Brown Owl and Mr Commissioner. I've been in the Movement all my life really. I joined as a Brownie at six. When I had the children, I came out of uniform but I was still a badge tester. Then, when we moved to Eastbourne, I went back into

Now I'm County badge secretary and a member of the 2nd Eastbourne Trefoil Guild. My daughter is a Brownie Guider, Guide Guider and Ranger Guider. She is on my subcommittee and insisted on coming to help with the shop even though she's pregnant and only has six weeks to go.

She's Carole Jatrill and the other members of a fantastic team are Sue Nash, Lynn Haffenden and Pam and Carol Burgess. We've been such a happy little band and our meetings have been hilarious, I can never thank them enough. I think we're all quite sorry to have to disband.

I had 38 big cardboard boxes in my lounge at home for three weeks before the camp started. You just couldn't get in there. I think it was the smell of cardboard that I minded most

We had stuff in the box room and the spare room as well and it looks as if I'll be taking a lot home with me. I'll hope to get rid of some of it at our County day.

The visitors' English has been very good so we've had no problems. The ones who don't know our language very well have all come in with an English girl to help them.

Some of these foreign girls have come with an amazing amount of money. I have just stood openmouthed some days. I've changed

more £50 notes than £10s.

It seems they can't get enough stamps. And bottles of soft drinks... we'd got through 8,000 and then there was a strike at our suppliers, so we had to find a new one.

It's been a marvellous camp and I quite honoured to be part of it.

Think we have all managed

