

# GUIDING



NOVEMBER 1989 75p

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VOLUME 78 NUMBER 11  
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# front PAGE



MARGARET STEPHENSON

## COMMENT

Wasn't it a marvellous summer? For once, all over the British Isles we enjoyed endless days of blue skies and soaring temperatures. I certainly had a wonderful time, getting out and about as much as possible and seeing the country at its best.

But the memories I will treasure from the visits I've made throughout these perfect summer months are of so many girls and Guiders having fun.

If, as I do, you spend a large part of your life in Commonwealth Headquarters either attending meetings or pinned behind a desk dealing with piles of paperwork, it really is a great treat to sample some grassroots Guiding.

It is all too easy to forget, when immersed in the organisational aspects of Guiding, that out there Guiders are getting on with the all-important task of bringing Guiding to the girls. Sometimes, I suspect, feeling more hindered than helped by our efforts at CHQ!

There were three powerful impressions that remain with me from my summer odyssey:

- Just how much the girls really do enjoy life at camp — who wouldn't be happy in such wonderful weather?

- What a wealth of activities were on offer for them to sample. Of course, there were some girls who weren't too pleased to discover the options they'd selected were over-subscribed. But they soon found out that their second or third choice could be fun, if they were willing to have a go.

- Our Guiders are wonderful. They give up so much of their precious time to share their skills and enthusiasm with the girls and get so much enjoyment out of it. Where would we — and the girls — be without them?

So, on the girls' behalf, as well as my own, I'd just like to say 'Thanks'.

Dr JUNE PATERSON-BROWN  
Chief Commissioner 3

## FRONT COVER



Don't be fooled by the hat. Young Leader Bevin Ashton actually comes from Wales. We spotted her sporting a Norwegian Scout hat at Blackland Farm's Gold Rush camp. Originally Bevin hails from South Africa, featured in this month's One World slot.

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PHOTO NEWS

## FIRST FOR ANUSHA

Looking suitably happy is 15-year-old Anusha Edwards, the first Guide in the St Mary Cray District to gain the Baden-Powell Trefoil Award.

The presentation was made by Guide Guider Mrs Alison Hope (left) and District Commissioner Mrs Janice Castle.

Anusha, a Guide with 1st St Mary Cray Company, is now a Young Leader with the 6th St Mary Cray Brownie Pack.

## DELHI BOUND

Bags packed and ready to go, 18-year-old Hazel Rampley from Adderbury, Oxfordshire poses for our photographer.

Hazel was one of ten Rangers from Banbury to take a three week trip to Delhi and Bombay this summer.

As well as sightseeing, the girls set out to learn about the differences in cultural and family life in India.

They each spent a week with an Indian family and met several of the Bombay Guide Companies.



CLINT FARRGALL



## SURPRISE, SURPRISE

Fifty years of Guide camping merits some sort of celebration and where better for a surprise party than in the middle of a field?

Mrs Vera Carr, District Assistant from Warlingham, Surrey, must have felt at home at the surprise party, especially when over 40 former Guiding friends turned up.

They included Dorothy Hadingham, who tested Vera for her Camp Licence (pictured centre) and Muriel

Bentley, Vera's first Guide Captain (pictured right).

## PAST AND PRESENT

A party to celebrate the 70th birthday of Guiding in Beaconsfield brought together Guides past and present.

Miss Kathleen Day, who was a Guide in 1926 and later became Captain of the 1st Beaconsfield Land Rangers, cut the celebration cake with Linda Torbet, who made her Guide Promise that evening.



BEACONSFIELD ADVERTISER

## WELL LIKED

Popular Patrol Leader Kirsty Elliott proudly displays her Baden-Powell Trefoil Award gained shortly before her 15th birthday.

Judy Cunningham, Guider with 1st Nuneaton (Parish Church) Guides, said: 'Kirsty has been a great help to me as I am a very new Guider. She is well liked and has been a good Patrol Leader and swimming team captain.'

## ROYAL VISIT

The Duchess of York is a Brownie fan — and that's official!

She hopes her daughter, Princess Beatrice, will be a Rainbow and a Brownie when she is old enough.

The Duchess told the 1st Clewer Brownies and Rainbows her plans during a visit to St Andrew's Church and museum in Clewer, Windsor, Berkshire.

The Brownies and Rainbows lined the churchyard path to greet the royal guest and demonstrated the Brownie salute. Then the Duchess asked if they were uncomfortable wearing woolly hats on such a warm day and suggested they took them off. They were delighted to oblige.



ENID MICHAEL

## CHOP STICKS

When the St Mary's Guide Company at High Crompton, Shaw, was asked to perform a Maori Stick Dance, the girls were pleased to oblige.

But first they had to send to New Zealand for

instructions on how to do it properly in readiness for their New Zealand Night.

While the Guides danced and chopped sticks to specially recorded music, the Brownies acted out sketches about New Zealand life.

J ALLEN





'You've got to be vicious. We're not talking poking them in the eye, we're talking gouging it out!' Not the sort of advice you'd usually expect to hear being directed at Rangers. But this was a self-defence class and the advice came from the instructor Les Petty, who'd just returned home after carrying off a top prize at the World Ju-Jitsu Championships in Australia.

I tuned in to his hints while sampling some of the activities on offer at SAW — Seniors at Waddow.

Perhaps the soundest tip he gave was: 'The best form of self-defence is not to be there'. Unfortunately it was a bit late for our photographer, who was 'volunteered' to represent 'a big, rough looking fella'.

The class went down well with the girls though. Nicola Hanley from the 4th Rainhill Rangers, Merseyside said: 'It was really good — it gives you a better idea of how to cope and gives you a bit of confidence.'

The weekend is held to coincide with the Senior Section's anniversary and has proved very popular.

Our guide was Marisita Toole, the Press and Public Relations Officer for North West Region.

The only downbeat element at Waddow that weekend was the weather, but that didn't stop the 260 Rangers and Young Leaders from having a great time.

Our first stop was the arts and crafts tent, where I was introduced to many skills I hadn't heard of before, including Indian Rangoli work, using glue, food colouring and lots of rice, and the strangely-named Fijian plaiting — strange because the art was first practised in New Zealand!

Feeling a bit peckish, we headed for the backwoods cooking, only to find that the food had all gone. We did pick up some handy tips though, like cooking scones or beefburgers in potato skins, guaranteed to prevent them charring on the outside and remaining raw in the middle.

Next we visited the water sports. 'If this was a car it would be a write-off ... no, a Lada,' were the jaunty comments from some brave Rangers, who were about to set sail on a raft they'd made themselves. 'This is about the worst raft I've seen all weekend,' confided Stephen Pietrzak, ADC for Water Activities. 'If it doesn't sink, I'll be very surprised.'

Several Lada jokes later, the dream machine was launched and Stephen

# A WEEKEND *at* WADDOW

had to eat his words — the raft stayed afloat, despite a close encounter with other Rangers in canoes.

'If you're very quick you can stay dry,' we were told as we climbed into a Topper (a small sailing boat). We were obviously far too slow, because we got drenched. That didn't worry the girls though.

A quick peek at the dry-slope skiing was all we had time for before we headed for the heights and a spot of abseiling.

It wasn't an easy 70 foot abseil — the girls had to contend with lots of mud at first, clamber over trees, and then deal with the sheer rock. Helen Joyce, a Ranger from Liverpool, hadn't tried abseiling before. 'It was quicker than I thought it would be,' she said. 'But it was good fun.'

There were lots of willing helpers to keep the weekend running smoothly. Over lunch I chatted to one volunteer who confided: 'My only connection with Guiding is that I'm married to a Guider.'

But, like all the other experts and helpers I met, he was obviously enjoying every minute.

JUSTINE CHATting



Rangers learn to 'get vicious' at a self-defence class



Just messing about in boats

PAULO CANELAS





► Anybody  
seen our parrot?

▼ Hang on  
in there!  
A pirate lends  
a helping hand

# Guiding

As I drove up the road I was greeted by a flamboyant figure wearing... a grass skirt and a necklace of colourful flowers. Music blared from loudspeakers and pirates raced across the neatly-cut lawns. Bunting and balloons streamed from the house and there were brightly painted parrots, palm trees and monkeys everywhere.

It could have been Hawaii, but it was, in fact, the Guides Cymru Training Centre, Broneirion in Llandinam, mid-Wales.

This was the Young Friends of Broneirion's weekend — their chance to get to know Broneirion, their Guide home, in a relaxed, informal atmosphere. And it looked as though everyone was having a whale of a time.

The theme was Castaways and the day could not have been better — a deep blue sky made a perfect backdrop for grass-skirted maidens and fearsome pirates.

Sue Kirby, my helpful guide, is the Public Relations Adviser for Wales. This is the fourth year the event has been held and she, for one, finds it irresistible. The first year I heard the music as I came up the drive and that was it — I was hooked,' she told me.

The first year was just a day of activities, but the event has escalated to a full-scale theme weekend simply packed with things to do.

Four hundred Brownies, Guides, Rangers and their Guiders from all over Wales arrived on each of the two days to make the most of the sunshine, activities, meeting old friends, and make new ones.

Jane Smart, who co-ordinated the weekend, was waving a microphone when I caught up with her. Her fetching fluorescent outfit, complete with parrot attached to her cap, was specially made by a friend.

The Young Friends of Broneirion was set up to give seven to 26-year-olds a sense of belonging to Broneirion, to enjoy its beautiful surroundings and, if possible, to contribute to its practical needs,' she explained. The



SUE KIRBY



# in action

decision on what should be purchased is left entirely to them.'

There were also masses of things to do — Castaway games to play, coral cakes to eat, tropical fruit sweets to make, pebbles to paint and pancakes to fry over an open fire ... the list seemed to go on for ever.

The house was totally taken over for craft activities, three or four to a room. They'd even spilled over on to the lawns, though the weather was so good nobody minded sitting on the grass to make their sand pictures.

Esme Jones, Pack Holiday Adviser for Wales, was in charge of the tropical fruit making and seized the opportunity for an impromptu cookery lesson. 'Always tip things into a spoon so you can put it back if you get too much,' she cautioned an over-eager Brownie.

On the lawn Errol Evans, a Guide Guider and speech therapist from Swansea, was busily transforming impatient Brownies into pirates or natives with a few clever strokes of stage make-up. 'Last year I did 200 clowns a day,' she laughed.

The highlight of the activities though was the Tarzan Trail laid out in the woods above Broneirion. This test of balance and daring attracted hordes of agile Young Friends all eager to swing from the trees in the approved jungle style.

They inched their way along ropes, slid along V-shaped bridges, hauled themselves over poles, swarmed up and down scramble nets ... and obviously loved every minute.

Even I bravely completed the course, encouraged on my way by grinning pirates who turned out to be the Llanelli and District Service Team, a group of super Venture Scouts who willingly lent a hand to make sure no one got stuck.

At the end of a busy day everyone piled on to the lawn to say goodbye to the Newtown Guide Marching Band, who marched themselves and their instruments back to their buses.

Then it was time for a rousing sing song — proving once and for all that the Welsh really can sing the socks off anyone else! It was a fittingly exuberant end to a really fun day.

DIANA WALLACE



◀ An impromptu cookery lesson at the tropical fruits stall

▼ Negotiating a tricky corner on the Tarzan Trail





# NO BATTLES AT OLAVE '89

Sussex had a special place in the life of the World Chief Guide. She began her Guiding career there and was the County's first Chief Commissioner. So an international camp at one of the county's famous landmarks seemed the perfect way to celebrate the 100th anniversary of her birth.

And, naturally, Sussex East's camp just had to be called Olave '89. The setting chosen was suitably historic... the site of the Battle of Hastings.

Negotiations began over the site with English Heritage as soon as the steering committee first met back early in 1987. There were a few snags to overcome and strict rules to observe, as beneath the grassy acres lie the bones of thousands of our ancestors who died in the epic battle in 1066.

Up, off  
and away!

As there is no running water, a private company laid 14 miles of

pipes around the site bringing water from a stand pipe two-and-a-half miles away. All the sewage had to be taken off site from the 120 loos.

The strict regulations on having camp fires were lifted after the October Hurricane in 1987. They were only too pleased to have us use up the dead wood,' said County Press and Public Relations Adviser Aline Fryer.

The organisers had no trouble attracting 200 visitors from abroad. Guides and leaders from 26 countries including El Salvador, Malta and Japan, joined in the week-long camp followed by a week of home hospitality.

'Hastings is one place people anywhere have heard about. They all know the date of the battle, even if it is the only bit of British history they know,' said Aline.

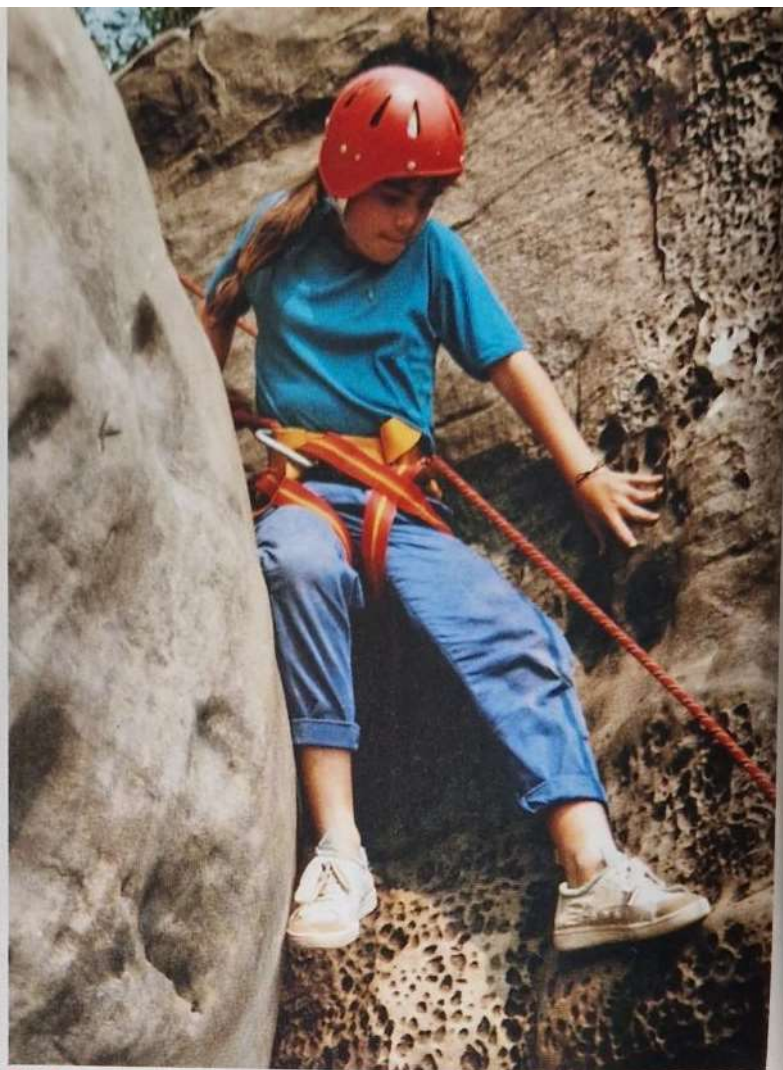
'We had very few language problems, apart from the Guider who asked for two metres of rope when she only wanted a little bit of string.'

## NO ZEBRAS

'And then there was the little girl who said sadly: "I have seen no zebras". She'd been told to look out for zebra crossings when exploring Battle!' added Aline.

An unexpected hit with the overseas Guides were the camp loos. One girl even tried to take a photograph of one, but dropped her father's expensive camera down it instead. 'She said they didn't have anything like that in her country,' explained Aline.

The visitors and approximately 350 Sussex Guides and leaders



This Guide got roped in for a spot of rock climbing





were divided into ten sub-camps — one for each Division of the County. Each camp had its own coloured neckerchief — 750 of them were provided by local Trefoil Guilds.

Bexhill's gate featured a ship with sails that could be raised and lowered and was stylishly launched in true naval fashion with 'bottles of bubbly'.

Security was taken care of by a team of Guiders' husbands, who also supplied much-needed muscle power. 'You do need men to help with some of the heavier physical tasks,' admitted Aline.

The camp had a resident doctor, Peter Nash. Yet another Guider's husband who'd been 'volunteered'. His wife, he explained, wasn't actually camping. Apart from some cases of prickly heat and a couple of minor accidents, his skills hadn't been required.

As far as was possible, the organising team had covered all eventualities. The Royal Engineer Corps had promised to lay down a road and bridge if it was wet and church halls were on standby to dry out tents.

There was a tent full of blankets and 300 pairs of wellies... just in case the overseas visitor didn't bring their own.

Of course, there were hiccups like the Thai contingent who couldn't go home at the pre-arranged time and were hastily invited to join another camp; the two Zambian Guiders who

arrived at Battle when they should have been in Cleveland and the inevitable travel document snarl-ups.

But the team coped. Just like they coped with the arrival by taxi of a surprise visitor, an elderly lady who'd joined the Guides way back in 1926 and was curious to see an international camp.

Rangers and Young Leaders from the County who had been chosen for overseas trips while Guiders helped with the activities and another group of Rangers made up the service team.

Each day the camp woke to Reveille played by 15-year-old bugler Alexandra West from Brighton West and each evening went to sleep with the sounds of Taps floating across the balmy air.

## ICE CUBES

For, although the camp in July started with a spectacular thunderstorm, the weather remained hot all week. 'We'd sold out of soft drinks by the Saturday afternoon and so had all the shops in Battle,' said Aline. 'Anyone who'd arrived selling ice cubes would have made a fortune, as it was we had hot drinks and warmish drinks.'

Several Guiders were glad to take up the offer of a bath from an elderly lady living nearby. Others who lived not far away snatched the chance to

cool off at home.

One feature of the camp was the attractive display of banners made by each District, with Rye taking first prize. Other highlights included a chance to learn old English and rural crafts and a medieval fayre, complete with maypole dancing.

The activity day featured a chance to try a wide range of sports from archery to trampolining. And, on the final day, there was a special trek over the sprawling Ashdown Forest, a favourite haunt of the Founder and his wife. This ended with a short ceremony to dedicate two seats in memory of the World Chief Guide.

Snapping away was the official camp photographer, Aline's son Andrew. Even though he was due to get married a week later, Andrew took a week's holiday to help out.

'I wondered if he would have to cancel because originally the wedding wasn't until the end of August,' said his mother. But Andrew, an ex-Sea Scout, Venture Scout and Sea Scout Leader wouldn't have dreamed of letting his mum — or the Guides — down.

One shot Andrew just had to get was a photograph of some of the Australian contingent wearing the long brown trench coats they'd all been given because 'it always rains in England'.

NORA WARNER

# GYPSY GUIDES AT GLENBROOK

**British Rail, it seemed, was determined I wasn't getting anywhere on the day of Glenbrook's 21st anniversary celebration.**

**Having arrived in Sheffield with time to spare, I was confident that the next leg of my journey to Bamford village, would be no problem.**

Two cancelled trains and almost two hours later I lurched dusty, and dishevelled, on to the village platform and — miraculously — there was a Glenbrook representative still waiting to greet me.

The fact that she was wearing large hooped gold earrings and a bright headscarf did not throw me in the least — after all, the theme of Glenbrook's anniversary party was 'a gypsy encampment.'

The Association's outdoor activities centre lent itself gracefully to such a

theme.

Set in its own extensive grounds, Glenbrook is surrounded by picturesque countryside — the Great Outdoors in all its glory.

For its 21st anniversary, Glenbrook's staff spent a year organising a Fun Day for anyone who cared to come along.

In fact almost 2,000 visitors from all over Yorkshire, and as far afield as Merseyside and Cambridgeshire, turned up determined to make the most of the day. From Brownie to Trefoil Guild member, colourful gypsy-style dress was the order of the day.

There were also a curious number of children with clown, panda or cat faces — the face-painting stall was obviously a big hit.

The younger ones occupied them-

selves with games like 'Splat the Rat' and a treasure hunt, armed with a map of the grounds and a set of cryptic clues.

The craft stalls were a hub of activity, with visitors queuing to make corn dollies, tambourines, brass rubbings and miniature flower baskets fashioned from pine cones, plasticine and wild flowers.

Brightly coloured tissue flowers were dipped in hot wax to harden and set — making a pretty finishing touch for the more flamboyant costumes.

The celebrations ended with country dancing and Glenbrook's Guider-in-Charge, Betty Carradus, declared the day a huge success.

'We intended it to be a fun day and I think it was. The kids were exhausted by the end of it, which is always a good sign that they enjoyed themselves,' she said.

I don't think the adults did too badly either — I know that, despite British Rail, I went home with a smile on my face.

DAWN EGAN 11



The Eighties have seen an educational revolution taking place in our State schools. So many sweeping changes have blown through our classrooms that teachers could be forgiven for feeling under seige.

Parents and Guiders too have had trouble digesting it all and coming to terms with the new names and new methods and what they mean for the nation's children.

To help you understand what's on the timetable *GUIDING* presents its own report on the reforms, which will have a profound effect on the education of all young people in England and Wales.

#### Our study reveals:

- Critics fear we're in danger of being a nation of 'clones', if we disregard our children's individual needs and interests.
- Teachers are leaving the profession in droves.
- Guiding may have to step in to fill gaps in the controversial National Curriculum.

Everyone has an opinion on education because we've all experienced it and it would seem many people feel that the British education system 'could do a lot better'.

Our nation's school report looks pretty dismal: six million of our adults have difficulty reading; only a third of all pupils stay at school beyond 16 and a recent report by Her Majesty's Inspectors of Schools found that teachers were only really introducing children to literacy.

There are more depressing statistics. According to a new study by Alan Smithers, Professor of Education at Manchester University, the morale of teachers is so low that one in three wants to leave the profession.

On several occasions in the first six months of this year, children at a Liverpool primary school were sent home because there were no teachers. The Inner London Education Authority alone now has over 500 unfilled vacancies, in some boroughs children began the autumn term with a four-day week.

In an effort to upgrade the system, the Government has introduced the Education Reform Act, which became law last year. It outlines plans for the most ambitious and radical overhaul of the education system in England and Wales for more than 100 years and aims to ensure that the citizens

# CLASS OF '89

of the year 2000 are fully equipped to face the future.

The GCSE examination, which has replaced GCE O levels and CSEs, has been hailed a success in educational and political circles. Teachers battled for more than 15 years to introduce one common exam for 16-year-olds of all abilities. The GCSE was the result.

Its objective is to assess what students can do rather than what they can't, with a new emphasis on continuous assessment, coursework and projects, rather than the roulette wheel of 'do or die' examinations.

The result so far looks promising — the proportion of pupils obtaining grades A to C in this year's GCSE is 46.1 per cent, compared with 42.5 per cent last year — the first full-scale test of the new system.

Much of its success must be attributed to a tremendous teacher/pupil effort. Frank Howard, spokesman for the National Union of Teachers, told *GUIDING*: 'The GCSE has been very successful. Both teachers and pupils have enjoyed it and got a lot from it.'

But it's not top marks all round. A recent report by the National Association of Head Teachers stated: 'The new workload of pupils and teachers has been unacceptably high and has led to stress, exhaustion, the blunting of enthusiasm and the diminishing of the educational value of the examination.'

Mr Howard agrees: 'The workload is too high for all concerned and we are currently asking our members to take part in a consultative exercise to identify where the main problems lie.'

So, if a member of your unit begins to skip meetings for no apparent reason or shows signs of stress such as headaches, nausea, stomach cramps, doubt and negative

thinking, then she may be suffering from acute pressures of schoolwork. If this is the case, she should be encouraged to talk to her teachers and identify the problem — they are the people best equipped to help solve it.

Hot on the heels of the GCSE comes another major change in the educational system — the introduction of the new National Curriculum.

Previously, all schools could teach more or less what they liked, although secondary school timetables tended to be limited by exams. But now all five to 16-year-olds in State schools in England and Wales will have to offer three core subjects: science, English and maths.

As the curriculum becomes established, another seven subjects will be introduced — history, geography, music, art, physical education, technology and (for 11 to 16-year-olds) a modern foreign language. Schools must also offer religious education and provide daily collective worship, but parents can decide whether their child takes part.

It is also up to each school to decide whether additional subjects should be taught. In particular, children aged 14-16 may be able to take a second modern foreign language and take part in the Technical and Vocational Education Initiative (TVEI).

Children will be assessed at the ages of seven, 11, 14 and 16; partly on how their teachers feel they are coping in class and partly by national tests known as standard assessment tasks.

Parents will be sent information regularly about how their children have performed in tests and other assessments, but individual results will be kept confidential. Only parents, the child and teachers will know them.

Supporters claim that the National



# The NATIONAL CURRICULUM



Getting to grips with the new National Curriculum — the children lead the way.  
(Photo from *The National Curriculum: A Parent's Survival Guide*, published by The Parent and Child Programme. Price £1.99.)

Curriculum should ensure that all children study essential subjects and, therefore, obtain a better all-round education. They also point out that children will be unable to drop subjects too early and so cut themselves off from certain career options in later life. The National Curriculum should make things easier for children who have to change schools and for those going on from primary to secondary school.

The changes sound fine in theory, but some experts are worried about specific parts of the plan, which could take up to ten years to implement fully.

Some educationalists fear that teachers' imagination and commitment may become inhibited if they are told what to teach and that it might be more difficult to relate teaching to children's needs. In

particular, it is thought that a curriculum based around single academic subjects might rule out interesting topic and project work, especially at primary school level.

But the biggest criticism to date is that the mass testing of children at set points in their school lives could lead to some youngsters feeling they are failures, or being labelled as such, from the tender age of seven.

There is also the unresolved question of how the standard assessment tasks will fit in with the GCSE. The National Curriculum Council told Government ministers in September that it makes no sense to retain the GCSE after national testing starts in two years time.

Mr John MacGregor, Secretary of State for Education and Science, has indicated that he favours adapting the GCSE as the standard test for all

16-year-old pupils.

Otherwise, he warns, the new school system could turn out pupils 'like peas on a production line'. But in this instance Mr Howard also believes that Guiding could come into its own.

'Guiding is a crucial part of many pupils' lives,' he said. 'It could help fill in some gaps left by the National Curriculum. We just hope that Guiders will listen to the teachers and take their cue from them,' he added.

But a spokeswoman for the Department of Education and Science refutes the idea that the new curriculum will impede individual development.

There will be a basic core of subjects but schools will still have leeway as to how they should be taught and how the timetable should be arranged,' she said.

Those things will be left up to the schools and teachers — pupils aren't going to be frogmarched along doing the same thing,' she added.

But with yet more changes pending, teachers and pupils alike are going to have to work hard to keep up.

The latest shake-up concerns the old A-level system, after complaints by employers that there are too many different exams with widely varying pass rates.

In August this year Mr MacGregor demanded a reduction in the number of exams set by the eight privately-run boards and new rules on standards.

He has given national standards watchdogs five years to improve the exams sat by 200,000 18-year-olds.

Then there is a move to call halt on the six-week summer holidays which often lead to boredom and bad temper for the children and mounting frustration for mum and dad.

Education chiefs believe four shorter terms and more frequent holidays would be better for pupils than the present three-term arrangement and that it may help to reduce teacher stress.

Eleven authorities in the Midlands may attempt to pioneer this new scheme if parents, employers and local councillors approve.

Whatever happens, the school system will never be quite the same again. Whether the reforms have the positive effect that the Government, the teachers and the parents hope for, it is too soon to tell. But for the sake of the schoolchildren, let's hope things work out — because for them, there will be no second chance.



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# STRIKING IT RICH AT BLACKLANDS

If you call a camp Gold Rush, it's logical to keep up the goldmining theme, especially when the camp was being held at the Association's Sussex site, Blackland Farm, which is celebrating its Golden Jubilee this year.

So that's why, in August, 800 girls found themselves living in 15 sub-camps with exotic names like Bendigo, Chilkoot Pass and Red Dog Gulch.\*

A trip to Alaska took them to the central information point and supplies were bought, naturally, from the Trading Post, although two mobile shops — the Deadwood Stage and the Wells Fargo Wagon also did the rounds.

Plans to launch the camp with an aerial photograph of all the girls forming the letter 'G' taken from a hot air balloon had to be changed when the wind proved too strong.

Instead, the intrepid photographer climbed up a 60-foot ladder mounted on an old fire engine.

The pioneering spirit was recalled in the Guide's Own. Rather than call on a VIP to perform the opening ceremony, the girls were given the job.

One group was dressed in the old style uniforms Guides wore when they went camping 50 years ago. A second Patrol, representing today's Guides, exchanged flags with their 1930s sisters.

Organiser Karen Tricker, County Activities Adviser for Greater London Kent, explained that 350 adults were involved in running the camp. Professional coaches were recruited to run some of the activities like skiing, jazz dancing and shooting.

Meticulous planning provided each girl with the chance to take part in three types of activity — arts and crafts, camp craft and an adventurous activity — on each of three days. And there was a bewildering array to choose from.

Everywhere I looked girls were occupied, totally absorbed... and having fun.

Guides confirmed the girls were kept so busy that no one had time to



Take aim, fire... don't worry, she's only shooting at clay pigeons

be homesick or complain of being bored... in fact they had difficulty staying awake for the entertainment each evening.

I spotted groups of ten girls trying to navigate an obstacle course while tied together, others struggled to light a candle by remote control.

A Patrol took turns to be the target for a wet sponge fired from a ballista they had made.

Creative instincts were also encouraged with a magnificent assortment of arts and crafts. Girls could try traditional skills like face making or screen printing. Or test their ingenuity — well, would you have thought of making jewellery boxes out of lolly sticks?

Music-making and dancing weren't forgotten, with keen types having the chance to switch from jazz dancing to Scottish country dancing.

There was even a Super Guide competition, with a medal for the winner of each session.

Each girl had to complete five challenges that included balancing a bedding roll on her head and walking for 50 metres and learning to say 'Good Morning' in five languages to win the coveted Gold

Rush badge.

From the exciting wide game that had girls 'risking danger' to search for gold nuggets to the closing camp fire this was camping — and Guiding — at its very best.

**NORA WARNER**

● Red Dog Gulch is one of the towns made famous by the great California gold rush in 1849-50. The miners had to battle through Chilkoot Pass, which was a particularly tough spot on the Eldorado Trail. Bendigo was a town in Victoria, where Australian miners struck it rich.



How about a quick duel then?



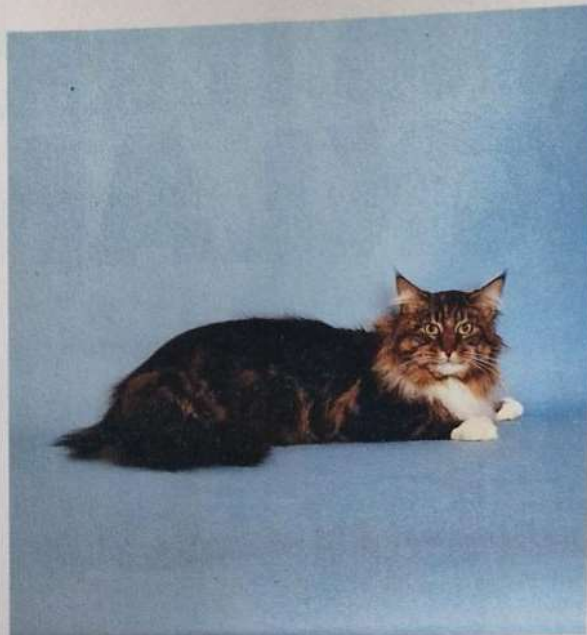
## THE CAT'S WHISKERS

The biggest cat show in the world, the National Cat Club Show, will be held on December 9 at the National Hall, Olympia.

Over 2,000 cats and kittens, from top pedigrees to beloved family pets, will be on show.

Willow from *Blue Peter* will be waiting to greet her many admirers and Arthur, famous for her catfood commercials, will be showing a paw in the pet section.

The feline extravaganza is open to the public from 10.30am to 5.30pm. Admission is £3 for adults and £1 for children.



A Maine Coon, one of the breeds on display at the National Cat Club Show.

## A GREENER BRITAIN

A weekend of practical action is planned for November 25-26, at the start of the British Trust for Conservation Volunteers (BTCV) National TreeWeek.

Hundreds of tree planting events will take place across the country, aimed at inspiring everyone to join in 'greening' their local landscape.

The BTCV believes that trees are the key to our survival on this planet and, in 1988, launched a three year Million Tree Campaign. It will be, they hope, the beginning of a major countrywide commitment to replanting trees.

The campaign is on target with 40 per cent of the magic million already planted. And BTCV expects to add at least another 100,000 trees to the landscape in Tree Week.

## EXPEDITION LEADERS

Book now for an Expedition Leaders Planning Course at Hesley Wood Centre, Chapelton, Sheffield over the weekend December 2-3.

The course is open to anyone who is intending to, or simply interested in, leading expeditions with young people in Britain or abroad.

The course will cover planning, selecting members, equipment, food, management of a team in the field, insurance, fund raising and safety procedures.

The cost is £25 which covers full board, handouts and lectures. Non-residential course members are welcome, at a cost of £20, covering everything except overnight accommodation and breakfast.

Closing date for applications is November 20, but early booking is advisable as places are limited.

Application forms are available from the course director at: 68 Ridings Fields, Brockholes, Nr Huddersfield, West Yorks HD7 7BG.



SWAZILAND

20c

## FIRST CLASS

Stamp World London '90, the world's most prestigious stamp exhibition, will be held next May at Alexandra Palace.

Some 75,000 visitors, including international collectors and young hobbyists, are expected to flock to see more than 160 trade stands, as well as over 3,000 frames of stamps from private collections all over the world.

The exhibition celebrates the 150th anniversary of the world's first adhesive postage stamp, the Penny Black.

It runs from May 3-13 and promises to be both educational and fun.

A selection of stamps with a Guiding theme.



## HANDY HANDICRAFTS

If you're struggling to find new handicraft ideas for your Pack or Company, take a glance at the new 1989/90 catalogue from Panduro Hobby Ltd.

The Swedish-based hobby, handicraft and craft materials company has produced a catalogue with over 6,000 new items.

Old favourites like woodcraft, textile painting and wreath making are included, along with newcomers such as bead art, leather working accessories and candle making equipment.

The catalogue is available to UK customers with a complete, easy-to-use English translation and price list. It costs £1.50 and can be obtained by writing to: Panduro Hobby Ltd, FREE-POST, Westway House, Transport Avenue, Brentford, Middlesex TW8 8BR.



A Charlie Chaplin felt picture kit — one of the items featured in the new Panduro catalogue

## ROYAL BALLET

Audiences new to the Royal Opera House have a chance to see their first ballet performances at greatly reduced prices during Westminster Hamlyn Week. But you'll have to hurry if you want to attend as the offer ends on Saturday, November 4. The month-long special programme has included *Swan Lake*, *La Bayadere* and a triple bill of *Rubies/Piano/Requiem*.



Further details are available from the Royal Opera House on 01-240 1200.

## BRIGADE BRAVERY

There have been many events and exhibitions in the past few months commemorating the outbreak of the Second World War, but few have mentioned the essential role played by the St John Ambulance Brigade.

An exhibition at the Museum of the Order of St John in St John's Lane, London, hopes to redress the balance and tell the



A St. John Ambulance Brigade nursing sister giving first aid during the Blitz

story of the great bravery of the men and women in the Brigade.

Photographs, uniforms, prisoner of war memorabilia, medals and film clips give a fascinating insight into their work, which

## BOOTS MADE FOR WALKING

A new range of British-made walking footwear goes on sale next year.

High Country are making shoes and boots from Mirapel leather which, after technical treatment, has the highest water repellency possible, while still providing a comfortable and supportive upper.

Top of the range is the new Highland boot for the most committed backpacker, which will retail at around £70. On a more affordable note, there is the Pennine, a quality hill and country walking boot which should sell at just over £50.



The Highland boots from High Country

NETWORK



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Look snappy! Here's your chance to win a super Pentax camera with zoom lens. It's worth nearly £200, but we're giving it away FREE to the winner of our simple fun contest.

## Here's what you have to do...

Study our sawn-off pictures below of three dynamic ladies who have all made their mark in our lives in different ways. Just identify who's who and this versatile camera will go to the first correct entry out of our postbag.

Now, on a *postcard* only, please write the numbers 1, 2, and 3 underneath each other. Then alongside the appropriate numbers put you names to our mystery faces. Add your own name, address and a daytime telephone number and send it to:

Camera Contest, Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT, to reach us not later than November 30. It couldn't be simpler.

The prize for our winner is a cracker and just in time for Christmas. We're offering the top-selling PENTAX

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- 1 Personnel and their families of Pentax UK, and their agents are excluded from entry.
- 2 No correspondence may be entered into. Entry implies acceptance of the rules as final and legally binding.
- 3 Prizes must be accepted as offered. There can be no alternative awards, cash or otherwise.
- 4 No responsibility can be accepted for entries lost or delayed in the post or elsewhere.
- 5 The judges' decision is final.



### ▲ PICTURE NO 1

She didn't get to the top by being a softie. More of an iron-willed lady, really.



### ▲ PICTURE NO 2

Our guiding light, you might say. The pioneer who was born a century ago.



### ▲ PICTURE NO 3

Another important lady who brought light — with a 18 lamp — into the darkness of the sick and wounded.

# JEKA

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I have just made up my own version of the old proverb about taking the horse to water — you can make a Guider buy *GUIDING* but you can't make her read it, cut out ideas and amendments and file them where they apply. You can even run up the District photocopying bill to give her a copy of the necessary amendments — but you still can't make her read/file them. I'm tempted to get a waste paper skip in the front garden!

No one has mentioned firework parties or similar this year. As the 5th falls at the weekend, it looks like everyone will be off in family groups. I'll be off to my old District for their annual firework holiday weekend, to do the ceremonial lighting and to catch up on the news. There's never enough time to keep in touch with everyone nowadays — can we have an eight-day week please?

If I time it right, I can get to join the hostellers for the last few miles of their stretch home on Sunday. They did not actually get the numbers they wanted, but there will be a good sized group and the warden changed his Halloween evening idea to fireworks, so that solved one problem!

We have found a whole new range of exciting things to do by joining in local Youth Service Courses. We are lucky that the County accepts uniformed leaders for these trainings. I went on one to try it out because the Guiders were too shy. Apart from a bit of mickey-taking at the start, it was good to find we all have the same problems — often with the same children. However, they tackle things from quite a different viewpoint, which is helpful. They also have lots of equipment, skills and facilities we can borrow. Maybe we will be able to help them in general in return.

I'm all in favour of exchange of help or anything else and, while my hopes of a Ranger Unit have grown



## diary of a **DISTRICT COMMISSIONER**

to nothing, we have just had a Venture Unit open locally which will be pleased to welcome girls. So far, all the older Guides are showing positive interest and, if this is what they want next, we'll be helping them to get there. Perhaps my own next move could be into Scouting.

Currently coffee is gurgling, tea brewing and mineral water at the ready (it's surprising how many Guiders are giving up tannin and

caffeine, when they give up biscuits as well I'll be rich) for the sub-committee meeting. I'm expecting two 'volunteers' from those on the first stages of the ALS and two press-ganged from the 'subsequent' stages, who need proof of their ongoing support to the District — or so I told them — to plan Christmas. What it will be — party/service/concert or nothing — I'll just have to wait and see, luckily I do love surprises!

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# CENSUS FIGURES

The latest figures released show that overall membership of the Association continues to fall. The 1989 Census for the United Kingdom and British Guides in Foreign Countries shows a total uniformed membership — Rainbows, Brownies, Guides, Rangers, Young Leaders, Guiders, Secretaries and Commissioners — of 699,977 compared with 713,232 last year, a decrease of 13,255. However, the numbers of non-uniformed members — Trefoil Guild, LINK and Unit Helpers — continued to rise. They rose from 32,617 in 1988 to 33,395 this year — an increase of 778. This reduces the overall decrease in membership to 12,477.

## AGE GROUP TOTALS

	1989	1988	
4 years old	984	810	+ 174
5 years old	6,564	1,695	+ 4,869
6 years old	9,219	1,899	+ 7,320
7 years old	95,065	101,793	- 6,728
8 years old	126,895	128,710	- 1,815
9 years old	112,329	111,892	+ 437
10 years old	86,811	88,307	- 1,496
11 years old	64,508	68,863	- 4,355
12 years old	50,107	55,062	- 4,955
13 years old	33,291	36,574	- 3,283
14 years old	18,344	19,976	- 1,632
15 years old	6,712	7,703	- 991
16 years old	7,224	7,599	- 375
17 years old	5,366	5,661	- 295
18 years old	4,173	3,715	+ 458
19 years old	1,412	1,485	- 73
20 years old	1,642	1,741	- 99
21-25 years old	7,002	69,747	- 416
26 years old	62,329		
	699,977	713,232	-13,255

## UNIFORMED SECTIONS PERSONNEL

	1989	1988	
Rainbow Guides	17,813	4,728	+13,085
Brownie Guides	367,121	376,217	- 9,096
Guides (Inc Lones 1989: 58 1988: 38)	217,292	232,491	- 15,199
Ranger Guides (Inc Lones 1989: 17 1988: 24)	13,336	15,480	- 2,144
Young Leaders	10,116	9,903	+ 213
Guide Club Members	460	373	+ 87
Guiders (Unit)	60,940	60,768	+ 172
Secretaries	5,831	6,135	+ 304
District Assistants	1,828	1,887	- 59
Commissioners	5,240	5,250	- 10
	699,977	713,232	- 13,255

## UNIFORMED SECTIONS

	1989	1988	
North West England	87,721	88,256	- 535
North East England	81,523	82,416	- 893
Midlands	99,567	101,088	- 1,521
Anglia	97,240	98,435	- 1,195
South West England	97,075	99,343	- 2,268
London & South East England	103,247	106,978	- 3,731
Scotland	81,646	83,355	- 1,709
Ulster	15,987	16,629	- 642
Wales	29,675	30,465	- 790
British Guides in Foreign Countries	6,262	6,210	+ 52
Unattached Commissioners and Secretaries	34	57	- 23
	699,977	713,232	-13,255

## NON-UNIFORMED SECTIONS PERSONNEL

	1989	1988	
Trefoil Guild	18,916	18,486	+ 430
LINK	318	366	- 48
Unit Helpers	14,161	13,765	+ 396
	33,395	32,617	+ 778

## ADMINISTRATIVE UNIT TOTALS

	1989	1988	
Counties	154	153	+ 1
Divisions	1,076	1,074	+ 2
Districts	4,130	4,115	+ 15
Guide Clubs	21	18	+ 3
Ranger Guide Units	1,832	2,038	- 206
Guide Companies	12,256	12,821	- 565
Brownie Guide Packs	19,216	19,379	- 163
Rainbow Units	1,366	337	+ 1,029
Trefoil Guilds	1,010	986	+ 24
LINKS	26	27	- 1
Local Associations	1,180	1,224	- 44



## FOOD FOR THOUGHT

According to a recent survey, tucking into a Big Mac is the average teenager's idea of a perfect meal out.

But panic-provoking headlines like 'Junk Food Could Give Children Heart Attacks', 'Junk Food Diet Turns Children into Hooligans'; jolt us into asking what we're really eating and how much damage it's doing to our bodies.

Walk into a major hamburger chain in the USA and you can also pick up fully-detailed ingredient listings for their products. But in the UK there are no such listings on the menu. And we have no rights under British law to be told what the ingredients actually are.

In his book, *Fast Food Facts*, Tim Lobstein of the London Food Commission points out that, since the new meat regulations came into being a few years ago, manufacturers of meat products can use all kinds of things in their wares.

Diaphragm, heart, skin, sinew, pancreas, thymus, kidney, rind, head, muscle, tail, tongue and gristle — any or all of these things can be included in those yummy burgers.

Not a pleasant thought, and the processes that the 'meat' goes through are even less savoury. Modern technology has provided manufacturers with special machines that 'tumble massage' stripped carcasses to get off every last shred of tissue. As well as fine chopping and grinding machines, which can obliterate lumps and stringy bits and blend the meat

with those ubiquitous additives and emulsifiers. A giant technological 'hand' reshapes this mixture into hunks, chunks, fingers, steak-style and rib-style shapes.

If you think by avoiding processed red meat and opting for chicken you are 'safe', I've some more stomach-churning surprises. According to Tim Lobstein: 'There are a large number of disfigured and bruised animals and damaged and broken carcasses which get sold off to the catering trade. They are processed into unrecognisable forms coated in 'special recipe' batters of crumbs and served up deep fried in golden bite-sized pieces.'

Tim states categorically: 'Nearly half of us will die of diet-related heart disease, many before we retire. Our growing consumption of fast foods will have an increasing effect on health.'

Obviously the message isn't getting through, as we continue buying this processed substance.

The world's largest burger chain, McDonald's, serves 13,000 customers world-wide a minute every day.

And they're planning to open an average of three new outlets in Britain each month for the next 15 years.

Obviously, such a huge company would not expand at such a rate if there was no demand for its products. And yet, when the London Food Commission asked nearly 400 fast-food eaters whether they would believe a fast food manufacturer who said the food was good for them, an incredible 83 per cent said they would NOT.

So, if we know that fast food is bad

# arena

## TALKING POINT

for us, why do we tuck into it so readily?

Maybe because it tastes good or possibly because our frenetic lifestyles demand quick and easy nourishment. Another answer could be that we've endured so many food scandals recently, that we've got information indigestion and don't take any notice of warnings.

The nutrition information given out by one fast food chain claims that fast food is a 'valuable contribution to healthy eating'.

Ann Halliday, a nutrition scientist from the British Nutrition Foundation, looks at it from a different point of view. She says: 'First of all you have to make the distinction between good and bad foods — really there's no such thing, it's just a matter of how you combine them. No one particular food can provide all the nutrients we need. An apple is thought of as a very healthy food, but we can't live on apples alone. We can't live solely on Big Macs either.'

So maybe fast food is not as dangerous as we've been scared into believing. How do you rate the experts' opinions?

JUSTINE CHATting

## ALL ABOARD THE MILK TRAIL

An appeal to raise £100,000 to improve outdoor facilities at Netherurd, the Scottish Training and Activities Centre in Peeblesshire, is now underway.

Every unit in Scotland has been sent an appeal pack sponsored by the Scottish Milk Marketing Board. And the organisers are hoping that 80,000 members, from the youngest Rainbow to the most senior Commissioner, will be doing their best to 'Make More of Milk'.

Each pack includes a booklet bulging with fundraising ideas and aptly named recipes — like Trefoil Triangles and QM Pudding.

Those taking part are asked to

hold an event before August next year, using milk. It could be a pancake party, a dairymaid disco or even a sponsored cow milking session (with the milk being used for Rainbow Shakes, of course).

Organising an event could also benefit unit funds, the sponsors point out, if the money raised is shared.

The challenges certainly provide food for thought. They include thinking up 100 ways milk keeps you fit and working out a menu based on foods made only from milk. And there are fun ideas too, like building a giant milk carton and seeing how many girls can squeeze inside it, or staging a three-legged stool sponsored walk.

Isobel Halliday, Chairman of the

Netherurd Committee, explained why the appeal is needed: 'The market research showed more girls want to camp and take part in adventurous activities, so we *must* provide the facilities.'

'To do this we must raise the money to give all the girls in Scotland, both now and in the future, the opportunity to enjoy the fun and adventure of the outdoors. Among our plans are a camp shelter, shower and toilet facilities, orienteering courses, trim track, nature trail and barbecue sites.'

The appeal got off to a purr-fect start when Maisie the cat, heroine of Aileen Paterson's delightful stories, went along to Scottish Guide Headquarters in September.



## CAROL SINGING

On Tuesday, December 19, a choir of the Association will be singing carols in Trafalgar Square, commencing at 4pm. The carols will be mainly traditional with the choir using the *Bethlehem Carol Sheet, 36th Edition*.

Many churches use this carol sheet but, in case of difficulty, it can be obtained from: The Bible Lands Society, PO Box 50, Wycombe, Bucks.

If you and your unit are interested in attending this pleasant annual event please ensure that everyone is warmly dressed and that there is a sufficient number of adults to children.

## WAW!

### WADDOW ADVENTURE WEEK

Like to camp but no opportunity through the unit?

Never been to camp, dying to have a go but a bit apprehensive?

Then come to Waddow, August 4-11, 1990.

For application form and details send sae to: The Guider-in-Charge, Waddow Hall, Clitheroe, Lancs BB7 3LD.

## THINKING DAY

Thinking Day/Founder's Day services will be held on Saturday, February 17 next year. The services will again be held simultaneously at three London venues — Westminster Abbey, St Margaret's Church and Central Hall, Westminster. Further details will be given in next month's *GUIDING*.

## VACANCY

For a General Administrator/Secretary at Waddow Hall. The duties include secretarial and reception work, administration of wages and VAT and general involvement with events at the Centre.

Anyone with secretarial and basic book-keeping skills, plus, if possible, a knowledge of computers,

should apply in writing to: Miss June Nichols, Director of Personnel, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT by November 30, 1989.

This is a full-time residential post and accommodation will be provided.

## THE ASSOCIATION'S AWARDS

### GOOD SERVICE

#### LAUREL

MRS MARGARET FRANCIS, Guide Guider, 17th Bath (Batheaston), Avon South.

### MERITORIOUS CONDUCT STAR OF MERIT

MRS SYLVIA CHIVERS, District Commissioner, Worth Valley, West Yorkshire North.

Despite ill health, Mrs Chivers has always thought of others before herself. Her cheerfulness and determination not to give up, plus her genuine care for others, are an inspiration to those who know her.

JENNIFER NEWNHAM, Young Leader, 2nd Leigh on Sea Pack, Essex, South East.

Jennifer was a Brownie and a Guide and is now a Young Leader. She has not always enjoyed good health, but has never been known to complain. Her positive attitude towards life makes her a credit to her family, her school, her church and the Girl Guides Association.

CHARLOTTE POWELL, Brownie Guide, 3rd Wednesbury (St Mary's), West Mercia.

Charlotte is always smiling, cheerful and polite and, despite unpleasant medical treatment and feeling unwell, she never fails to think of others. Those who know her describe her as a courageous young lady.

AMANDA RECORD, Guide, 16th Watford, Hertfordshire.

Amanda shows great courage and inspires and

supports others through her cheerful attitude to life. Despite spells in hospital, she takes part in as many of the unit's activities as possible.

JANE SWINDELLS, Guide, 1st Norbury Moor, Stockport.

Jane is a much respected member of her unit. Her most outstanding quality is her happy, smiling disposition — she is everyone's friend and is never heard to complain about her own difficulties.

## SHORT TERM INVESTMENT SERVICE

Monthly interest rate after deduction of management commission:

May 1989 .... 11.30 per cent

June 1989 12.375 per cent

July 1989 12.719 per cent

Additional 0.5 per cent per annum for deposits of £2,500 and above.

## TRUST FUND

On July 31, 1989 the value of a share in the above Fund was:

For selling purposes 248.17p

For buying purposes 260.78p

Income yield ... 3.16 per cent

The income yield is based on the previous two dividends paid and the price on the date stated.

## CULTURE CAPITAL

Athens, Florence, Amsterdam, Berlin, Paris... what do these cities have in common? Each has been the European City of Culture staging celebrations ranging from a three week event to a six month cultural programme. Glasgow has been chosen as European

City of Culture in 1990 and the celebrations will last for a full year, beginning on December 31, 1989.

If you would like to see something of these celebrations in August, 1990, join the party planned at Netherurd House, the Scottish Training and Activities Centre.

There will be two six-day holiday periods (Saturday, 11 - Friday, 17, and Saturday, 18 - Friday, August 24), both include three whole day visits to Glasgow.

The programme will be varied, and will include options, so that anyone wishing to stay for both periods can see more and follow up special interests.

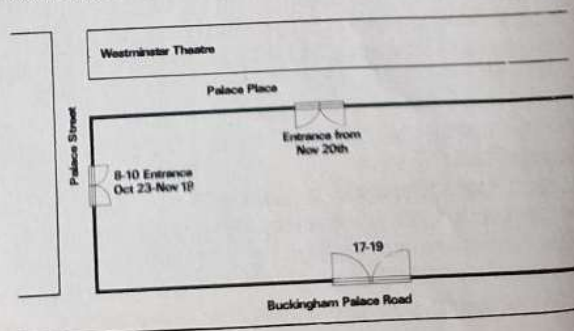
Write for further information to: The Secretary, Netherurd House, Blyth Bridge, West Linton, Peeblesshire EH46 7AQ, enclosing an sae (9ins x 4ins). A more detailed programme and booking form will be sent to you early in 1990.

## ENTRANCE TO CHQ SHOP

From Monday, November 20, the CHQ shop will have a new entrance as part of the modernisation currently being carried out. The sketch map below shows the new entrance in Palace Place.

Please note that during the refurbishment the CHQ shop will carry a more limited stock than usual. If you are planning a special journey to London and intend visiting the shop, please telephone first to check if everything you want is in stock.

Items can be ordered with two weeks notice. Our apologies for any inconvenience caused.





I have been a Warranted Guider since 1964 and have read every *GUIDER* or *GUIDING* ever since, often feeling I would like to comment on issues, but never getting around to doing so.

I know Guiding has to be re-vamped to take it successfully into the 20th Century, but the recent comment that 'Guiding is becoming too adult orientated' has provoked me to write.

Recently I spent a very enjoyable, but exhausting, week camping at Woodlarks, a camp for members of the Movement with a disability. I have been helping at these camps for many years and constantly find myself drained mentally and physically, my endurance is pushed to the limit.

Yet the invaluable support from Guiders, young and old, from all parts of the country, who meet together once a year, is greatly treasured. Why do we do it? All for the love of Guiding.

As Guiders we gain a tremendous inner strength from such gatherings, a friendship given us by the fraternity of Guiding.

As a family, we have had several moves and I have been Guiding in

## a personal VIEW

eight different Counties. Without exception I have been welcomed with genuine friendship by each new Guiding area.

Since becoming warranted in 1964 I have given numerous hours of time and effort to help girls enjoy Guiding. During those years I have brought up a family, kept my husband reasonably happy, done a part-time job, returned to college as a mature student and so on — a picture familiar to many Guiders.

I am a very much richer person as a result of giving this time and effort, but there have been times when I could have happily resigned, disconnected the phone, cancelled an event, gone out with the Guides on a cook-out, rather than face the Saturday Jumble Sale. However, the wider side of Guiding has a certain magic, without which many of us would have fallen by the wayside.

The informal fireside chat with Guiding friends to hear about their families, other interests, careers; sharing frustrations; re-living happy events and so on, helps immensely. The evening picnic and church service for Guiders, the camp fire circle, the Guiders Craft Day, all help to renew our love of Guiding and make the regular traumas of our weekly unit meetings fade into oblivion.

So when 'the powers that be' comment that Guiding is becoming too adult orientated, please consider the fact that when one is as involved in Guiding as many of my friends and I are, we have little time for other hobbies, so our 'relaxing moments' are often spent in the company of other Guiders.

Guiding would be hard pushed to function at all without this nucleus of devoted volunteers, many of whom would resign if they were unable to continue with the camp fire circles and so on, which are only for Guiders and provide them with friendship and relaxation world wide.

**WENDY HARRISON**

CA Horndean Division  
Brownie Guider  
2nd Horndean Brownies

The views expressed in this article are not necessarily those of The Girl Guides Association nor endorsed by it.

The Editor reserves the right to edit any item received for publication.

It was quite a gathering of nations when 71 Guides and 12 Guiders met up at Foxlease for the second British Guides In Foreign Countries camp. The last BGIFC camp, held two years ago at Foxlease, was such a success that it was decided to have another.

This year's event was aptly named the Centenary Camp in honour of the birth 100 years ago of Olave Baden-Powell. And to commemorate the occasion, some of the Guides staged a pageant of the life of the World Chief Guide.

Camping, of course, is always much more fun when the weather is good and the BGIFC were in luck. They enjoyed a whole week of glorious summer sunshine. The girls came from all over the world: some jetted in from Australia and the Middle East, while others arrived from Europe.

Quite a few of the Guides had never camped before and soon learned the delights of life under canvas. The long, hot days were filled with all kinds of outdoors activities like swimming, canoeing, archery and backwoods cooking. There was also plenty of craftwork on offer and, naturally, wonderful evenings round the camp fire.

## OH TO BE IN ENGLAND

One day was spent in Portsmouth on a bit of a 'navy lark'. The Guides



Making leaf screen prints at the BGIFC camp

visited the ill-fated Tudor flagship, the *Mary Rose*, and took a look at the Naval Heritage Exhibition. Some Guides admitted that one of the highlights of the outing was the ride on a double decker bus; it's a form of transport they don't have at home.

But the highlight of the Centenary Camp was, without doubt, the visit to Foxlease by GGA President, Princess Margaret, which we featured in October's *GUIDING*. Princess Margaret was there to open the new Coach-house accommodation.

A group of East Coast Australian Rangers who'd arrived just a few days before the Royal visit were amazed by the news... and a little nervous.

'It's pretty cool, but I'm scared that I won't think of anything to say to her — apart from G'day,' admitted 18-year-old Rachel Westblade.

But there was no need to be nervous. The Princess spent over an hour on a walkabout tour and took such a keen interest in the camp activities that the girls soon forgot their shyness.

After they'd waved the Princess goodbye, everyone had to agree: they'd had a right royal time at the Centenary Camp.

**LEIGH MURPHY 23**



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## BREAKING POINT

**What is stress, how does it affect us and what can Guiding do about it?**

This morning I received a frantic phone call from a fellow Welsh Junior Council member. 'Help!' she shrieked. 'We need an article for the *Watch This Space* section in *GUIDING*. The deadline for submission is... tomorrow! I have to go to camp today — could you possibly write something?' adding 'Please' in a desperate voice.

Immediately, the adrenalin started flowing. An article. By tomorrow. What could I possibly write about? The panic was beginning to show — sweaty palms, rapid heartbeat. Then, in a flash of inspiration, I realised that my symptoms had provided me with a subject... stress!

Today's society is increasingly preoccupied with stress. Naturally, stress means different things to different people. There is, of course, the stress involved in meeting deadlines, but other situations are also stressful: life in the fast lane; coping with family problems and even taking exercise can be stressful... if you let it. So, the word stress can be very difficult to define.

According to *Chambers' English Dictionary* (7th edition), stress means 'hardship, strain; a constraining influence; physical, emotional, mental pressure or force.' Due to the pace of modern life and the ensuing social, economic and political pressures, stress has become more a part of everyday existence than at any other time in the history of the human race.

Stress itself is intangible, yet it has many physical and mental side effects such as constant irritability; bursting into tears easily; lack of appetite and feelings of dread. It sounds like

being in love, which is, after all, a stressful situation!

However, stress is not totally bad for us. Without some stress in our lives we would have an extremely boring, apathetic time. The main thing to remember is that stress in itself is not the problem, but rather the *quantity* of stress that we take on board.



It is important for each individual to find her own optimum stress level, not having too much or too little of it. When we reach our ideal stress level, we become alert and responsive. Suffer too much stress and physical and mental tension is the result; yet if we experience too little stress we become depressed and bored.

Therefore, it is clear that stress plays a major part in the way in which we function and reach our maximum potential.

So where does Guiding fit into the problems of stress?

Between the ages of four and 18, girls go through many emotional and physical transitions. They have to face starting new schools and colleges, coping with differing experiences and ways of working, taking examinations and forming relationships.

Throughout this period, the young girl is attempting to establish an identity, becoming aware of her sexuality, dealing with peer groups and parents and also learning about the wider world. It is during this time

# arena

## WATCH THIS SPACE

that Guiding can assist girls and young women in managing stress through the Promise, Laws and Programme.

A major element of the Eight Point Programme is physical fitness, which is vitally important in building resilience to stressful situations. Also, through Guiding, girls learn to work in teams, dealing with the frustrations of others, establishing their own identities within the group and learning to determine priorities and manage time.

Added to this is the fact that adult leaders are present who are not necessarily members of the family or teachers, thus providing an external source of comfort and advice.

Guiding encourages girls to have clear objectives. Training oneself to think in terms of objectives is a crucial lifeskill which helps to minimise the possibility of stressful situations like bad time management, lack of direction or inability to make decisions. The Promise and Laws give girls a clear, orderly set of values from which objectives can be determined.

So, can Guiding make too much stress a problem of the past? Perhaps not, but it at least provides a framework to help girls control the quantity and quality of the stress in their lives.

**ANGELA SULLIVAN**

On behalf of the Welsh Members of the Junior Council

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For information and list of group accommodation facilities contact the Tourist Office CH-3715, Adelboden, Switzerland.



# INSURANCE UPDATE

The Association effects two insurance policies for the benefit and protection of its members when taking part in recognised Guiding activities:

**The Personal Accident and Medical Expenses Policy**  
**The Legal Liability Policy.**

## WHO IS COVERED BY THESE POLICIES?

● All members of the Girl Guides Association in the United Kingdom and British Guides in Foreign Countries.

● Guides of other countries who are visiting the United Kingdom on an official Guide invitation.

● Trefoil Guild and LINK members, when helping temporarily with Guiding or when attending organised Trefoil Guild or LINK functions.

● Lay members, for example, Unit Helpers or Friends of Guiding and non-Guide adult voluntary helpers, when undertaking services in connection with any Guiding activity.

Note: Members suffering from any form of disability are covered subject to the disability being taken into account in the event of a claim.

## WHO IS NOT COVERED BY THESE POLICIES?

● Ex-members who are not Trefoil Guild or LINK members.

● Paid employees — except when the Guiding activity is outside the limits of the normal course of their employment.

● Members who are children of Guiders or helpers and attending camp or Pack Holiday because of personal necessity and are not part of the activity, for example, a Guider's Brownie daughter attending Guide camp.

26 ● Non-member children of Guiders

or helpers attending camp or Pack Holiday.

## THE PERSONAL ACCIDENT AND MEDICAL EXPENSES POLICY

This policy will pay the sums within its limits in respect of any injuries sustained through an accident occurring during any organised Guiding activities, including the necessary travel there and back (except where this is covered by other insurance, for example, motor insurance) and any illness which may be contracted during the period of any Guide camp, Pack Holiday or visit abroad. Exposure is not covered unless it is a direct result of an insured peril, such as accident or illness.

The Association has recently substantially increased the benefits under this policy, but members wishing higher benefits are advised to cover themselves adequately by personal insurance.

From June 1, 1989 the Schedule of Benefits to which the Continental Scale will apply is as follows for a period of 12 calendar months from the date of an accident:

Death — over 18 years £15 000  
Death — under 18 years £2 500  
Permanent total loss of sight both Eyes £10 000

Permanent total loss of sight one Eye £5 000

Partial loss of sight in both Eyes £2 500

Partial loss of sight in one Eye £1 000

Total loss of two Limbs £10 000

Total loss of one Limb £5 000

Permanent total loss of sight of one Eye and loss of one Limb £10 000

Permanent and irrecoverable total Disablement £15 000

Temporary Total Disablement — over 18 years and employed £50 per week for 1 year

over 18 years and not employed £20 per week for 1 year

Medical and other Expenses including Loss of Deposits £300

All claims are subject to a £15 policy excess. Please note that Loss of Earnings are not covered.

## ASSAULT COVER

This is an extension of the Personal Accident Policy and provides a separate scale of benefits for 17 to 70-year-olds assaulted while engaged in recognised Guiding activities.

Death £5 000

Total loss of sight in one or both Eyes £5 000

Loss of one or more Limbs £5 000

Temporary Total Disablement, if employed

£50 per week for 104 weeks

Permanent Total Disablement — after 104 weeks Temporary total Disablement £5 000

## WHAT TO DO IF AN ACCIDENT OCCURS:

First and foremost, full details of the accident should be written down while still fresh in the minds of those involved. The details should include time, place, names of all those involved, how the accident happened, nature of injuries and action taken and so on. As soon as possible after this, a GGA Accident Notification Form should be completed as fully as possible and sent to the Insurance Manager at CHQ.

The Forms are available from Country/Region Headquarters or, in some cases, held by Districts or Counties. If you have any difficulty obtaining a form, contact CHQ. Where appropriate, the Insurance Manager will then send a claim form for completion and details of benefits which can be claimed. It is essential these are shown to parents so that



they are fully aware of their entitlements.

#### THE LEGAL LIABILITY POLICY

This Policy provides cover for liabilities in respect of:

1 Injury to any member of the Movement during organised Guiding activities.

2 Personal injury or property damage to the public by reason of any proved negligence on the part of a member in the course of organised Guiding activities.

It is primarily a Public Liability Policy extended to include Contractual Liability, Passenger Liability in respect of floats used in carnivals and so on and Ministry of Defence Agreements.

If any allegation is made against a Guider or Guiders in respect of an accident or damage to property, the Insurance Manager at CHQ must be notified immediately and full details given. No liability of any sort should be incurred or admitted, nor any offer of payment made. All correspondence received must be forwarded to the Insurance Manager unacknowledged.

The Policy does not cover acts of

negligence by instructors acting on behalf of other organisations and Guiders should exercise caution when making arrangements with other organisations and make sure it is clearly understood that they must be responsible for their own personnel.

The Contractual Liability extension of the Policy is an area which is affecting more and more Guiders with the need for Indemnity Forms for the hire of premises. It is essential that all forms for the use of premises or property, which include an indemnity clause, are forwarded to the Insurance Manager before being signed. Failure to do so would contravene the terms of our Policy and could invalidate cover. Provided the conditions are within the terms of the Policy, the form will be returned together with a letter confirming the Association's liability cover and a certificate giving the Policy details. Any subsequent claims should be notified immediately to the Insurance Manager.

#### PLEASE NOTE:

The Association's Policies do not cover:

- Personal effects or money or members

- Property, equipment or money or units

Make sure you and your unit are adequately insured.

#### GGA TRAVEL INSURANCE

The Association has agreed Policy terms with Home and Overseas Insurance Company Ltd for members travelling in the UK and overseas. It is not obligatory for members to use this scheme, but premiums are very competitive. Full details and proposal forms can be obtained from the Insurance Manager at CHQ.

The GGA Booklet *What Every Guider Should Know About Insurance* is currently being updated and will give fuller details and information.

Please contact the Insurance Manager at CHQ if you have any queries or problems regarding any aspect of insurance.

Insurance is not designed to stop you doing exciting and adventurous activities, but to support you. All recognised Guiding activities are covered — if in any doubt always check with CHQ.

**At June's meeting of the Executive Committee, members learned that the 1989 Census figures 'gave cause for concern'.**

The total number of uniformed members was 699,977, including Rainbows, a decrease of 13,255 on 1988. The decrease was even greater if Rainbows were excluded.

For the first time, there was a decrease in the number of seven and eight-year-olds (6,728 and 1,815 respectively). It was pointed out that the drastic fall in school rolls was a contributory factor.

However, there has been an increase of 172 Adult Leaders, probably due to Rainbow Guiders being recruited (see full breakdown on p20).

The Treasurer explained that the financial implications of the shortfall were considerable. The 1990 subscription had already been set, but that for 1991 would have to be based on an anticipated much smaller total membership.

The Executive Committee backed the Adult Recruitment Campaign to be launched next April. Its aim is to provide Guiding for every girl who wants it and to tackle the pressures on existing leaders. Each Division is to appoint a Guider to co-ordinate the campaign and PR training co-

ordinators for the North and South have been appointed, who will each form her own team.

Work on the refurbishments to CHQ were continuing, the General Secretary reported, but conditions for the staff and volunteers using the building were 'very poor'.

A small group was set up to investigate if the Association could adopt the method used in the Girl Guides of Canada and the Girl Scouts of America of having a Nominating/Nominations Committee to choose members of main committees and sub-committees.

It was decided that, as the Association and its members have already donated a considerable amount of money to Pax Lodge, the GGA will not make any further financial contributions. The Pax Lodge House Committee was to be asked if all the plaques marking donations from GGA members might include United Kingdom, as well as the donor's name.

A new category of membership — individual Friends of Guiding — is to be introduced next spring when the new *Guiding Manual* is published. Members will be able to wear a Friends of Guiding badge — the existing Supporter's badge, but with either a stud or fastening.

As a move towards setting up a

## EXECUTIVE NEWS

Heritage Centre, the Executive Committee agreed in principle to Heritage Centre Planning and Co-ordinating and Heritage Centre Fundraising Committees being set up.

Next year's Annual General Meeting will be held at Guildhall on Wednesday, May 30. In future venues will be chosen earlier — three years in advance.

The Junior Council's plans to hold a conference with a Communication theme was agreed in principle.

All Advisers for Handicapped Members are to be now known as Advisers for Members with Disabilities.

The Deputy Chief Commissioner, Mrs Anne Dunford, has been appointed by the Department of Education and Science to join the Steering Committee for the Periodic Ministerial Conferences with the Youth Service.

Mrs Beryl Gibbs has been re-appointed to represent the Association on the Council of the National Council of Women.



# JUST A TASTE

Dozens of adult leaders from Cheshire Border County grabbed the chance to try out a wide range of outdoor activities at a one day taster session.

They flocked to Field House Farm, high in the hills of Macclesfield

Forest, the home of the County Outdoors Adviser, Irene Newton, to have a go at pistol shooting and pioneering; archery and abseiling; dry stone walling and dry grass skiing and much more.

Experts were on hand to demonstrate the skills needed. A photography group took action shots of their colleagues tackling a high monkey bridge constructed from rope and poles. And by the end of the day a large gap in the wall between two fields was neatly repaired.

A very successful day ended with a barbecue and sing-song.

Bend those knees!



MESSINGER NEWSPAPERS

## TEST YOUR WITS ON THE GREAT OUTDOORS

We actually asked Caroline Selwyn-Jones, the Association's Outdoor Activities Adviser, to produce an article explaining some of the jargon that's used in her job. Instead she came up with a quiz which provides the information... painlessly.

### QUESTIONS

#### 1 A C9 is:

- a) A mountain in the Himalayas
- b) A friendly robot in a popular children's science fiction film
- c) A camp/holiday form

#### 2 A MOGUL is:

- a) A 15th century Indian emperor
- b) A successful businessman
- c) A bump on a ski run

#### 3 A GUY is:

- a) A tent-rope
- b) A figure burnt on November 5
- c) An odd fellow

#### 4 A HULL is:

- a) A town in North East England
- b) The body of a boat
- c) A husk

#### 5 A SPINNAKER is:

- a) What you call the tumble-drier when you can't remember its proper name
- b) A triangular sail
- c) Someone who uses a spinning wheel

#### 6 A DOLLY is:

- a) A toy in human form
- b) An implement for beating clothes in a washing-tub

28 c) A wooden boss on a guy-rope that

goes on the spike of the pole

#### 7 A POT-HOLE is:

- a) A deep hole in limestone
- b) A bone-jerking hole in the road
- c) A space for storing crockery

#### 8 A MARLINE-SPIKE is:

- a) An implement for skewering large fish
- b) A spike for separating the strands of a rope in splicing
- c) A garden tool for use in clay

#### 9 A GADGET is:

- a) An item of camp furniture
- b) An instrument of torture
- c) Something you wouldn't be without in the kitchen

#### 10 A LICENCE is:

- a) Something you need to drive a car
- b) Something you need for a TV
- c) Something you often need before you take girls away

#### 11 BMX is:

- a) A video-player that your tapes don't fit
- b) A health food
- c) Bike moto-cross

#### 12 PARASCENDING is:

- a) Doing a backward scan on a word processor
- b) Being towed into the wind on a parachute
- c) Taking pain-killers

#### 13 SUBAQUA is:

- a) An underground water-channel
- b) The Rangers' weekly fee
- c) Underwater sport

#### 14 ORIENTEERING is:

- a) A sport involving a map and a compass
- b) Walking east
- c) Finding something you've lost

#### 15 YOUTH HOSTELLING is:

- a) Something you'd rather not think about
- b) Something Guides can do

c) Something Guides can't do

### HOW YOU SCORED

1	a-2	b-1	c-3
2	a-2	b-1	c-3
3	a-3	b-1	c-2
4	a-2	b-3	c-1
5	a-1	b-3	c-2
6	a-1	b-2	c-3
7	a-3	b-2	c-1
8	a-1	b-3	c-2
9	a-3	b-2	c-1
10	a-2	b-1	c-3
11	a-1	b-2	c-3
12	a-2	b-3	c-1
13	a-2	b-1	c-3
14	a-3	b-2	c-1
15	a-0	b-3	c-0

**14-24** You're probably superb at the craft and home-making parts of Guiding; but your idea of outdoor activities is watching *Ski Sunday*. It's high time you challenged yourself to explore the world outside the door with your unit: your Outdoor Activities Adviser will be waiting with open arms to help you.

**25-34** It's a shame to see all that efficiency going to waste. Even if you're a Commissioner, you need to be more clued up about the out-of-doors. (Correction: *especially* if you're a Commissioner!) There's plenty of help waiting. Don't put it off any longer.

**35-45** You have enough grasp of outdoor activities to make sure that the girls in your unit get plenty of fun and adventure. If you happen to be the Outdoor Activities Adviser, though, do make sure that you're doing enough for the people who scored lower than you.

CAROLINE SELWYN-JONES



It's an offer that no one should be able to resist — a chance to have a training session tailored to your own particular requirements with CHQ picking up the bill.

The bargain is available now that the Association has appointed two full-time training officers. But so far, too few members seem to have heard about the Association's 'hidden' resources... Mary Parker and Jennie Lamb.

Finola McNicholl, manager of the Training section said: 'They are here to be used. Anyone who wants a visit from the team should contact us and let us know what they want. All they have to do is provide the venue and the participants and we will do the rest.'

'We can provide a programme designed to meet specific requirements, whether for Young Leaders or Commissioners. And we're prepared to go anywhere,' she added.

Mary and Jennie, the first training officers to have CHQ as their operational base, have already been out on the road and bookings are coming in for next year. But Finola wants to see them fulfilling their brief — to take training to all the Countries and Regions.

The Training section is part of Guiding Activities, which also includes the Programme and International sections. Its role is to provide the back up in administration and resources to enable Guiders to get the best possible training.

Finola explained: 'That covers everything from organising the Training Centres' programme to dealing with requests for financial assistance through bursaries.'

The team were launched in Wales in April. They began the 'Welsh Roadshow' with some workshops at the Guides Cymru Management Conference at Aberystwyth.

Next came a series of training sessions for Commissioners at a different venue each evening. Topics covered ranged from developing listening skills to advice on stress and time management.

Finola joined them for a County Weekend at Broneirion for Cardiff and East Glamorgan, which ended their first tour.

She recalled: 'The initial reaction to our new approach was excellent. One member told me that, after hearing about "Need for me" time, she'd taken her Young Leaders to a training, apologised for not staying and pointed out the priority for her time that evening was her husband.'

## MEET THE TRAINING TEAM

organisation in which I was already very much involved.'

Mary has a background in counselling. She has recently developed courses in counselling skills for, among others, nurses and theological students. Now that her youngest child has gone to college, Mary is 'looking for new horizons'.

Mary was a Sea Ranger and her



We could try it this way... Mary, Jennie and Finola in the office

Finola joined the GGA 18 months ago and has a background in teaching, training and conference management. She said: 'I had always wanted involvement in a youth organisation.'

'Many people express surprise when they learn that I have never even been a Brownie. However, I feel my appointment emphasises the changes and development within the Association making use of people with skills obtained in other fields.'

'It also underlines the fact that there are professional careers in the Association for those who are committed to its ideals, but who have different work experience and background.'

Jennie Lamb has been involved in the Movement since childhood. She was a Brownie Guider for ten years and has been a District Commissioner since 1985.

Before joining the training team, she reluctantly handed over her Pack, but put in a request to still go on Pack Holiday.

She explained why she took the job: 'I had been on the training team with NatWest for over three years and really enjoyed the work. But further progress in banking meant a move away from training. Working for the GGA gave me a chance to continue in a training role in an

daughters were Guides. She had not been involved in Guiding as an adult, so she brings a new perspective into our training.'

Her spare time is spent with family and friends and she enjoys ballet, strong drama and music. Spare time? But, of course, she has spare time. After all, one of the sessions she and Jennie designed for Commissioners is on time management.

Plans are underway to double the number of training officers. But they, of course, are only the high profile part of a much larger team.

Finola explained: 'My responsibility is the management of the section and, especially, the development of the training team. Their aim is to complement the excellent work being done by volunteer trainers.'

'As full time professionals based at CHQ, we have the time and opportunity to investigate and develop resource material and deliver the goods when and where they are most needed.'

The first step for anyone wanting to tap in to these resources is to contact CHQ and talk over your needs with Finola. The detailed paperwork will be carried out by another new recruit, training administrator Wendy Luya. Country/Region Programme and Training Advisers also hold information and booking forms. 29



# arena

## BEHIND THE SCENES

### WHAT AN OCCUPATION!

'People tend to think we're about making baskets and fluffy bunnies and things, but there's a lot more to it,' explained 31-year-old Jenny Bayliss, an occupational therapist who has grown used to the blank looks on people's faces when she volunteers her job title.

Ironically, occupational therapy is the fastest growing paramedical profession and about one in four of the population will require the services of an occupational therapist at some time during their lives.

permanently disabled to be as independent as possible in their everyday lives.

Working in hospitals, social services, schools, day centres and private homes, OTs work with a variety of clients, including young mums with depression, children with terminal cancer and old ladies with arthritis.

'We work with all ages and all disabilities, trying to find the best method of coping,' said Jenny, an Assistant Guide Guider, as we chatted in her office at Swindon Social Services.

An occupational therapist for nine years, her first encounter with the profession came after a sports injury to her ankle, which required an operation and three weeks of intensive occupational therapy.

Shortly afterwards, Jenny decided it was the job for her, as it seemed 'interesting' and 'different'.

She explained: 'We help people to come to terms with their condition. If someone has multiple sclerosis, for instance, then we're always looking to the future — being realistic about what they might need if their condition gets worse.'

Jenny took me to visit Bridget,

zimmer frame and, as the disease progressed, a wheelchair full-time,' she added.

Bridget has since had major modifications to her home, including a lift from the dining room to her bedroom and the kitchen adapted to wheelchair height. She is now discussing with Jenny the possibility of acquiring a hoist so that she can still use the bathroom unaided.

Much of Jenny's work involves practical problem-solving — providing equipment which makes it easier for people like Bridget to get out of bed, have a shower or sit in a chair comfortably.

But another side of the job is being sensitive to people's needs and having the patience and understanding to build up their confidence.

Jenny pointed out: 'The clients are often very inventive themselves, and come up with a solution to a practical problem before we do.'

'However much we think we understand about being disabled, we don't really know because we're not in a wheelchair,' she added.

It's obviously a demanding job — and sometimes a harrowing one.

'Obviously you do build up a personal relationship with a client and it can be very upsetting at times, especially when there's a child involved,' said Jenny.

But she also stresses the importance of remaining in control.

'You simply can't go in and let the client know you're finding it difficult. So you pull together with the rest of the medical team and try to make it as good as possible for that person.'

Jenny's calm, affable nature is also an asset in other areas of her life — such as Guiding.

A former Queen's Guide, Jenny is now Assistant Guide Guider with the 5th Swindon Company.

During her three-year OT training course, covering a wide range of subjects including anatomy, psychology, medicine and administration, Jenny whittled down her Guiding activities.

'I used to help at Guide camp, but that was all. Then, after I got married and we moved to Swindon from Rugby, I was asked if I'd like to help out with the Guides here,' she explained.

It must be a difficult task fitting Guiding in with her job, caring for a husband, two dogs, a cat and her involvement with the local church and the residents' association, but Jenny seems to manage.

'I like meeting people,' she said simply.



Jenny Bayliss, helping people to come to terms with disability

In an attempt to provide the public with a clearer idea of what OT is all about, November 6-10 has been designated National Occupational Therapy Week, with a series of events taking place throughout the country.

OT is a method of treatment to help people with physical, mental or social problems. Its purpose is to enable those who are temporarily or

who has suffered from MS for the past ten years. A former teacher, Bridget has now lost the use of both legs and is confined to a wheelchair. She is also having problems with her eyesight.

'I've been a net gainer from occupational therapy from the minute I was diagnosed,' she said.

'First it was a walking stick, then a wheelchair for long trips out, then a

ANDREW BALL



## OPEN DOOR

There's no doubt that firm friendships are formed in Guiding — when the 'team' of 1st Ellesmere Port Guiders came to the parting of the ways, Bess Saban even wrote a poem to commemorate the occasion. District Commissioner for Whitby Heath, Pat Caswell, sent it to us as she felt it would strike a chord with other Guiders.

### ODE TO DEPARTING GUIDERS

We've been together now for all those years,  
Plenty of laughs — were there any tears?  
We've camped in the wind, the snow and the rain  
And vowed we'd never, ever do it again!

We've put on some pantos, collected stamps galore,  
Walked in the rain for 'Wild Life' and what's more —  
We've visited the Mayor in his parlour fine,  
And when country dancing we all kept in time!

A tour of the police station went down very well,  
We all carefully avoided getting locked in a cell.  
Postman Pat's grotto gave the children a treat,  
Cinderella's coach into postman's van — what a feat!

All the games were organised by Chris,  
Can't we give 'Port and Starboard' a miss?  
Sheila helped us tie many

a knot,  
What did Mrs Saban do — not a lot!

To Westminster Abbey for a service with the Queen  
We wrote Commonwealth essays to fulfill this dream,  
Mrs S took Gwynneth, Sarah, Wendy's S and V,  
Up to London by train the sights to see.

In 'Guiding Lights' we wow'd them all,  
In outsize nighties and fez we took our curtain call,  
The 'Girl Guide Camp in Cairo' we'll remember always,  
An hilarious memory of our Guiding days.

Suzanne and Fiona, Paula,

Penny and Sharon, Sonia and Emma, Tracey, Claire and Karen,  
Some names come to mind just now and again,  
Whatever happened to Sally, Joanne, Gillian, Lucy and Jane?

To recall all the events would take too much time,  
And to top it all I've nearly run out of rhyme,  
So 'Thank you' Chris and Sheila for all you have done,  
Looking back you'll agree — it was mostly fun.

**BESS SABAN**

Guide Guider  
1st Ellesmere Port Company

## COMING NEXT

### IN GUIDING DECEMBER

**Memories of Christmas Past**  
A special gift from Norway  
**Check It Out:**  
a cracking time  
**Meet Barbara Jones**  
a Guider who's determined to succeed  
**Royal Britain:**  
win tickets to this spectacular new exhibition

### IN TODAY'S GUIDE DECEMBER

**Heaven's Above:**  
an insight into the stars by TV's Heather Couper  
**Sweet Treats:**  
help with your Confectioner's badge  
**Hot Topic asks:**  
Do boys get in the way... in the classroom?



A special story for Christmas  
Plus a Patrol project board  
gone with a festive punch

### IN BROWNIE NOVEMBER 2

**Putting on a Pantomime**  
**Mask Magic:**  
make your own



**Acting Games**  
**Put your skates on:**  
to win tickets for *Starlight Express*

### NOVEMBER 16

**Setting up a Weather Station:**  
the truth behind those weather sayings  
**Get up to date:**  
make an Advent calendar  
**Bookshelf:**  
for wet weather reading

### NOVEMBER 30

**Hints to keep you safe in the kitchen**  
**Bathing a baby:**  
we show you how  
**Flower power:**  
making paper flowers

## IN FOCUS

Courageous Michelle Lewis is enjoying being a member of 4th Malpas Guides, thanks to a little help from 'Tessie Turbo'.

Michelle now has one of these high-powered chairs because members of the local community in South Wales, including her school, church and the District Guides and Brownies,

helped raise funds to buy it.

While a member of 4th Malpas Brownies, Michelle was awarded the Star of Merit for her 'fortitude and courage' in coping with spinal muscular atrophy.

After coming back from Pack Holiday, Michelle wrote a short story which has since been published.



Big smiles from Michelle when she received her award

SOUTH WALES ARGUS



Over the years there has been a close bond between the Girl Guides Association and Dr Barnardo's, two organisations working with young people.

Last year Dr Barnardo's dropped the Dr from its name and launched a bright new logo determined 'to tell the world about (its) child care work in the 1980s.'

So we asked LIZ BESTIC from Barnardo's Public Affairs Office to 'lay to rest some of the myths surrounding its history' and recall how the charity's links with Guiding began:

Most people know how Thomas Barnardo helped the waifs and strays of London's East End. Few know that he was a radical maverick, not averse to distorting images to get what he wanted. Many of his so-called 'orphans' were, in fact, the children of destitute or abusing families, who were very much still alive... the runaways and throw-aways of a harsh world.

Today, Barnardo's 160 community projects help more than 16,000 young people in the UK. Child care workers support families who have a child with a physical or mental handicap. As well as running fostering and adoption programmes; working with families under stress; helping homeless young people and carrying out projects for young offenders helping them to stay out of trouble.

# BARNARDO'S *the girl guides*

The aim is always to give people practical and emotional support, helping them to find their own solutions to the problems they face.

All this is a far cry from the young man fast earning a reputation for his work among the poor and destitute in London's East End.

In 1873, Thomas Barnardo set up the Girls' Village at Barkingside, Essex, where Barnardo's head office is now based.

In those days there were 64 cottage homes around a village green. Each housed 20 to 25 girls with a 'house mother' to watch over them and keep them in order.

For children who had known only wretched lodging houses or crowded hovels, the comforts of the Village were overwhelming. Here they enjoyed enough to eat, a warm bed at night, clean clothes and fresh air.

The Village remained virtually unchanged, caring for homeless children until shortly after the Second World War.

The first Barnardo's Company of Girl Guides had, as its headquarters, a small wooden hut in the Village. The Girl Guides were introduced to the Village because it was felt that the girls needed some form of outside stimulus. Barnardo himself wrote about the 'wonderful results which have been obtained by this great Movement.'

Although Guiding now hardly seems a revolutionary innovation, in 1920 there were worries about where would it lead — would the girls get uppish?

Nevertheless, by 1920, the first Guides were enrolled in a school hall and, within a year, 500 Guides and Brownies joined their own Village

Guides at camp in 1932 preparing wood for a camp fire



National Norwegian Jamboree in Oslo





# BARNARDO'S

## Guiding link

Barkingside Division.

But it was not just in the Village where Guiding was enthusiastically received. There were Guide units in most of Barnardo's homes. At Agra House, Kent, where 'crippled and delicate children' were looked after, there was a Guiding unit for young women with a handicap. After war broke out, Agra House was closed and many of the children were sent to Southborough, Kent, where very shortly a new Guide Company was started.

The Guide Movement within Barnardo's flourished. One account from Barnardo's library in 1948 said: 'They had peculiar signs, they wore a little badge and crawled among bushes, and appeared carrying poles, rather awkwardly it is true, but importantly. They sang peculiar songs, in full panoply of blue uniform and

pale blue ties.'

The Barnardo's Guides had a different uniform to the outside Guides. The hard felt hats worn by the Guides outside the Village were very expensive and so a camp hat — a small cap made of the same material as the uniforms, which were made in the Village workrooms — was worn instead. Producing the hats and uniforms also provided a source of training for the disabled young girls.

The Guide Companies within the Village became the focus of the young women's lives. It was something that was not part of either their lives at school or within the cottages. It was something of their very own, so the Movement thrived.

For girls who did not wish to become Guides, handwork and drill classes were formed for the winter

months. There were also special classes for the laundry girls. Singing and country dancing were very popular.

In 65 years of existence, Dr Barnardo's dream had liberated many children from degradation, disease and poverty. Guiding played its part in that dream.

Barnardo's has seen many changes during its history and, although the need for integral Guiding units is no longer there, links with local Guides are very strong.

At the Princess Margaret School in Taunton, for example, six young girls with disabilities joined a local Guide unit, Temple Methodists. This worked so well that two of them have gone on to become Rangers.

'They join in with everything they can. They go camping and on other events,' says Betty Stone, school nurse and Assistant Scout County Commissioner for the Handicapped. 'In August I took two of them to the National Norwegian Jamboree in Oslo. As ever, I got a lot of assistance from Sally Kearn, the Guide Guider at Temple Methodists. She helped with the planning and arranged for an able-bodied Guide from the Company to go with us.'

Betty believes that Guiding will always be an important outlet for Barnardo's children. 'It gives them the chance to integrate with able-bodied Guides and leaders and Guiding in general gives them a broad perspective on all aspects of life,' she said.

Try it this way... a Guide in 1953 showing Village children how to plait





## PROGRAMME DIARY

# FUTURE TRAININGS

### HEART OF THE MATTER

**FOXLEASE:**

**March 16-18 1990**

The Promise, we say, 'is central to the Programme', but we need to remind ourselves from time to time what this actually means. What does it mean to you? 'Being active in the practice of a religious faith' is expected of all members of the Movement. This has a twofold implication: for ourselves and for the young people we lead.

Is our interpretation of 'serving the Queen' limited to the idea that good citizenship consists of being law abiding? Do we need to look at our own commitment to our Promise to do our duty to God?

This weekend is planned to help Commissioners, Guiders and Scouters. Discover some of the implications of being a leader with a religious faith, as well as providing opportunities for strengthening one's own faith.

If you know of any Scouters or Scout Commissioners who would be interested in this weekend, do invite them to join you in applying for a place.

### COMMISSIONERS

**WADDOW:**

**February 23-25 1990**

**TRAINERS:** M Thompson, L Loudon, T Hope

Are you a District or Division Commissioner?

If so, you have one of the most important roles in ensuring exciting, well managed Guiding for the many girls in your area who would benefit from it.

Why not come to this weekend or the District Commissioners weekend at Foxlease and share your good practice with others,

learn new skills or develop the ones you have and have opportunities to discuss your dilemmas. Included will be communication, management, leadership and motivation skills.

### GAMES WITH A POINT

**FOXLEASE:**

**January 5-7 1990**

**TRAINERS:** J Littler, J Bonner, B Mitchell, A Mott, R Watkins

An opportunity for Brownie and Guide Guiders to look at the use of games in the Programme. Included in the training will be games for teaching skills, enabling small groups to work together, encouraging leadership, games based on the Eight Points, active games and ways of adapting games for your meeting place plus many others. Time will be given during the weekend for you to make equipment, cards and so on to take back to your unit.

### TUTORS

**FOXLEASE:**

**January 26-28 1990**

**WADDOW:**

**October 26-28 1990**

This training course has been established to provide support, at Association level, for those working as GGA Tutors. The weekends will cover a variety of subjects and the Tutor File will be available.

Further details will be sent direct to Tutors.

### HILITE ON PATROLS

**WADDOW:**

**April 12-17 1990**

**TRAINERS:** M Carden, L Head

Would you like to have a long weekend away with one of your Patrols? Here is an opportunity to do a

wide variety of activities such as pioneering, exploring, rafting, making things and much more. Do you enjoy a challenge? Would you like to meet with Guiders from other parts of the country? Be the first unit in your District to do something really different.

Come and have FUN at Waddow and bring one of your Patrols with you. For further details write to: Guider-in-Charge, Waddow, Clitheroe, Lancs, BB7 3LD, enclosing an sae.

### DISTRICT TEAM

**FOXLEASE:**

**January 12-14 1990**

**TRAINERS:** M Willatt, D Yates, A Lampson, F Rabone

**June 1-3 1990**

**TRAINERS:** M Hunt, J Stocker, L Stevens

**October 26-28 1990**

**TRAINERS:** K Roberts, A Barrell

**WADDOW:**

**July 13-15 1990**

**TRAINERS:** M Campbell, M Proven, J Massey

**September 7-9 1990**

**TRAINERS:** M Sinclair, S Thompson, P. Marshall, P. Rowbottom

The District is one of the most important groupings within Guiding and these training sessions will concentrate on the benefits that can be gained from working together.

It will provide an opportunity to look afresh at the day to day activity of local Guiding and enable the District to make plans and carry out future projects.

It is an ideal chance to get to know each other in a relaxed, happy atmosphere and to exchange all those ideas, skills, problems and experience. Working as a team can be fun and the support it brings may last for many years to come.

District Commissioners

are asked to bring a group of Guiders from all sections in the District and of all levels of experience. If your District has no Ranger Unit, invite the Ranger Guider of the Unit which serves the District.

### WORKING THE PROGRAMME WITH YOUR UNIT

**WADDOW:**

**January 19-21 1990**

(Brownie and Guide Guiders)

**TRAINERS:** M Morgan, J Massey

**March 23-25 1990**

(Brownie, Guide and Ranger Guiders)

**TRAINERS:** A M Plume, R Hill, S Brown, B Greenhalgh

**FOXLEASE:**

**May 15-17 1990**

(Rainbow and Brownie Guiders)

**June 8-10 1990**

(Brownie, Guide and Ranger Guiders)

**TRAINER:** C. Rogers

**October 9-11 1990**

(Guide and Ranger Guiders)

**TRAINERS:** A M Plume, H Jenkins

Have you run out of ideas to introduce to your Rainbows, Brownies, Guides and Rangers? Having difficulty with some of the skills related to the Programme? Perhaps you need a refresher? Why not come to a Working The Programme With Your Unit?

There will be an opportunity to try your hand at a large number of different activities, with prepared notes and instructions for you to take away.

There will be lots of help for everybody, a chance to exchange ideas, skills and problems whatever your experience. Those who are new to Guiding are most



welcome. Why not organise a small group from your area to come together?

Waddow, March 23-25, and Foxlease, June 8-10, will have an Adviser for Members with Disabilities as part of the training team.

Foxlease, May 15-17 and October 9-11, are special midweek opportunities for those who find it impossible to attend a residential training weekend. The May weekend will have crèche facilities, further details of which are available from Foxlease.

## INSITE

FOXLEASE:

February 16-18 1990

TRAINERS: C Rogers, A Ault

WADDOW:

February 16-18 1990

TRAINERS: H Brown, M Clarkson

Ranger Guiders are very busy people and these weekends are designed for them to have leadership training at the same time as giving Rangers from their Unit an opportunity to learn how to run their own Unit with Programme Planning, Unit Management and so on.

These weekends will provide the opportunity for you to work together to extend your Unit's Programme as well as helping you to explore the working of a Unit Committee. Guiders will be able to observe and learn from seeing Unit members planning, discussing, organising and, hopefully, developing in confidence to use the skills acquired. There will also be a chance to share experiences and problems with others.

If you are struggling to get self-programming in your Unit to operate effectively or experiencing frustration of having to start all over again because a group has just left the Unit, then this weekend is for you. Come and experience the essential nature of the co-operation needed between Unit members and their leaders in the running of a

Unit.

Treat yourself to a FUN weekend. What about filling a minibus from two or three different Units in your Division or County?

Don't forget you can apply for financial support from your local Youth Service to help pay for a weekend such as this.

## ADVANCED WALKING SAFELY

GLENBROOK:

March 16-18 1990

TRAINER: A Beard

November 16-18 1990

TRAINERS: T Halmshaw, J Adams

Have you reached the Advanced Stages of the Walking Safely Scheme? If so, these courses are for you. Each weekend can be tailor-made for those attending to help you practise navigation, give experience in group leadership, improve your own walking skills or help in any other part of the syllabus.

On these weekends we hope that the weather will not be too good, so that you can experience poor conditions and low visibility in difficult country under skilled leadership.

## ARTS TEAM

WADDOW:

December 8-10 1989

TRAINERS: R Brown, P Dalton, S Steele

This weekend will provide an opportunity to share ideas with those who have a similar role in other Divisions and Counties. Arts Advisers, Assistant Arts Advisers, Consultants and Secretaries of Arts Committees are welcome, as are Programme and Training Advisers/Chairmen with a concern for this area of the Programme.

The sessions will include opportunities to explore aspects of the Arts at your own level; probably textiles, words and movement and making your own music. Arts weekends have an atmosphere of friendship

and sharing in the joy of creating activities. Additional sessions will explore the management of the Arts. How do you encourage the creative progress of the individual? What are the best ways of using the creative resources of the wider community? How can members of an Arts Team support one another? Why do we need an Arts Team

in the context of the whole Programme? Are the Arts a soft option or a real adventure into creativity? (This weekend is not for those who want a soft option!)

If you would like to join the search for answers to these and other questions, please apply. TRY to come as a team so that the weekend can continue back home.

## TRAINING DATES

### WADDOW

DECEMBER

8-10 Arts Weekend

29-Jan 2 New Year

JANUARY

19-21 1. Development Group

2. Working the Programme with Your Unit (Brownie and Guide Guiders)

FEBRUARY

16-18 Insite

23-25 Commissioners

MARCH

9-11 CHQ Training Team

23-25 Working the Programme with Your Unit (Brownie, Guide and Ranger Guiders)

APRIL

12-17 Hilite on Patrols

MAY

25-27 Family Weekend

### GLENBROOK

JANUARY

19-21 Instructors

MARCH

16-18 Advanced Walking Safely

MAY

6-8 Walking for Ranger/D

of E/QGS  
Intermediate

### FOXLEASE

DECEMBER

1-3 Insite: On a Christmas Theme

28-Jan 2 New Year

JANUARY

5-7 Games with a Point

12-14 District Team

26-28 1. Tutors

2. Prospective Trainers

FEBRUARY

16-18 Insite

MARCH

9-11 International Opportunities.

16-18 1. Heart of the Matter

2. CHQ Training Team

APRIL

6-8 1. First Aid Course

2. Placid Water Skills I

12-17 12+ Outdoor Adventure

20-22 Adult Leadership Scheme III Clause II, Camp Skills

27-29 Arts Weekend

MAY

11-13 Rainbow Weekend

25-29 Family Period

#### GLENBROOK

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Nr Sheffield  
S30 2AL  
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#### FOXLEASE

Lyndhurst  
Hants  
SO43 7DG  
Tel: (Lyndhurst) 042128 2638

#### WADDOW

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Lancs  
BB7 3LD  
Tel: (Clietheroe) 0200 23186

#### NETHERURD

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West Linton  
Peeblesshire  
EH46 7AQ  
Tel: (Dolphinton) 0968 82208

#### LORNE

Craigavad  
Co Down  
Ulster  
BT30 0BS  
Tel: (Holywood) 02317 3180

#### HAUTBOIS

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Coltishall

Norwich  
Norfolk  
NR12 7JN  
Tel: (Norwich) 0603 737357

#### BRONEIRION

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SY17 5JE  
Tel: (Caernarfon) 068 684 204

#### BLACKLAND FARM

East Grinstead  
Sussex  
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# RAINBOW GUIDERS PROGRAMME PAGES

## BONFIRE NIGHT

November — bare trees, sodden leaves lie in the gutters and it's becoming difficult to get the washing dry on some days. Adults complain about the damp and the dark nights. And yet, many youngsters think that November is a great time. Not only have they Christmas to look forward to, there is also Guy Fawkes night to light up the month. Your Rainbow Guides will be thrilled that November the Fifth means fireworks and the chance to stay up a bit later.



How will your Rainbow Guide Unit mark Guy Fawkes night? Most of the girls will be having fireworks with their families, but they are bound to enjoy doing something as a group as well.

## FANCY FIREWORKS

How about a fancy dress party? Invite the Rainbow Guides to come dressed as fireworks — Catherine wheels, Roman candles, rockets and so on. You could give small prizes for the brightest and most imaginative costumes.

## DO-IT-YOURSELF

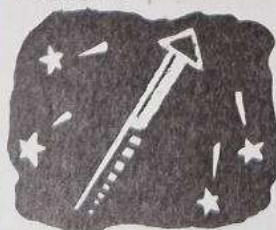
Many towns and villages have organised firework displays which lots of families chose to go to. You could take your Rainbow Guides to your local display or how about organising your own Rainbow firework evening?

## WHAT DO YOU NEED?

● Where will you have your fireworks? If the Unit meets at a church hall or school, you could ask for permission to have your fireworks in the grounds. The caretaker will be able to advise you of the best area to use. If not, perhaps one of the Rainbow Guiders has a large garden you could use.

● What about fireworks? If you invite the Rainbow Guides and families, ask them to bring fireworks — you may need to buy some from Unit funds to build up the numbers. However, your major concern must be for safety. You will need to cordon off an area which is strictly for those letting off the fireworks. You will want lots of helpers — not least, someone to be in charge of the actual fireworks. Perhaps a couple of the dads could be persuaded to 'volunteer'. Everyone should follow the Firework Code — down to the last letter.

● Your helpers will need to keep an eye on all the children, as there may be younger brothers and sisters present, as well as the girls. Don't forget that you will need a first aider on hand, with a full first aid kit.



● Eats and drinks: On a cold November night, your guests will want something hot to eat and drink. You could sell the goodies if only to cover your costs.

Good things to eat —

try sausages, baked potatoes, roast chestnuts, toffee apples, parkin, treacle toffee. Cold hands may not be able to cope with plates and knives and forks, so provide lots of serviettes and aim for finger foods.

Warming drinks — soup, cocoa, tea and coffee. Of course, you will also need to provide orange squash for those children who avoid warm drinks on even the coldest of nights!

● When everyone starts to leave, saying what a good time they have had, the clearing up will start. Arm yourself with loads of bin bags and grab as many willing hands as possible.

## TAKE YOUR PICK

Of course, a family firework evening may not be appropriate for your Unit, but you may decide to use part of the idea, or adapt it to your local circumstances. At least Guy Fawkes night gives you the opportunity to brighten up an otherwise drab month. And it is also a good way of getting to know your Rainbow parents.

Remember to involve the girls in the planning. Their imaginations will run riot and they will take great pride in being part of the team. Make sure they know the story of Guy Fawkes and, more importantly, mention the Firework Code. If you are having any form of family evening, the Rainbow Guides could make their own invitations and posters.

## JOIN FORCES

You can be sure of an instant success by linking up with the local Brownie Pack for a night of songs

and games — and to hear the tale of the downfall of the Gunpowder Plot. Perhaps you could serve burgers and buns to make it extra special. Everyone could have sparklers to round off the evening.



## PET CARE

Before the big day you could spend a quiet five minutes talking to the Rainbow Guides about how to look after pets on Guy Fawkes night. Explain why pets should be kept indoors — and which animals might be most upset by the loud noises.

Some of the girls may be bothered about animals which must stay outside — like farm animals. Make sure you have some quick answers at the ready!

## PRAYERS

Finally, you may want to mention November 5 in your Rainbow Guide Unit prayers near the time. Perhaps something like this:

*Dear God*

*We are looking forward to seeing some nice fireworks on November 5th, but we hope that no one in this town gets hurt as we know that fireworks can be dangerous if they are not used properly.*

## IN PRACTICE

How do you keep your Rainbow Guide Unit records? Is there a particularly interesting way that you would like to pass on to other Rainbow Guiders — perhaps your use of index cards or a personal computer? Do write and tell us.

GILL PAWLEY



# HOW TO DO... CHRISTMAS CRAFTS

Christmas, the most exciting celebration time of the year, is planned, thought about and looked forward to for weeks, even months, in advance.

Cards and gifts seem to find their way into the shops sooner every year and on all sides we're urged to prepare early for the big event. To help your girls capture that festive spirit we've come up with some original Christmas craft ideas that won't cost the earth.

## FRAGRANT BAGS

Sweet-scented bags are easy to put together and make lovely Christmas gifts. Cut two pieces of closely woven fabric 100 x 125mm (4 x 5in) and with right sides facing each other, sew three seams leaving one of the narrow ends open. Neaten the open edge and turn the bag inside out. Attach various trimmings such as beads, dried flowers or embroidery silks.

Fill the bags with four tablespoons of dried lavender or rose petals, half a teaspoon of orris root powder and several drops of either lavender or rose oil.

Close each bag with a rubber band and cover with a pretty cord or ribbon.

They look quite effective dangling from the Christmas tree.

## WRAPPING PAPER

The girls can give their Christmas wrapping paper an individual touch this year. Start with a roll of lining paper, which can be bought from most wall-paper shops, then get the girls to experiment with sponge and potato printing or even dyeing (see September's *GUIDING*).

For a personalised touch, the girls can carve letters into their potato halves, such as M, U, A and D and use them to create extra special wrapping paper for their parents' gifts. The same idea works for gran, auntie or any other favourite adult.

## TABLE DECORATIONS

Often the simpler the arrangement, the more effective it looks. You can, of course, buy colourful materials from craft shops and supermarkets but, with a bit of ingenuity, natural materials like fir cones and sprigs of holly can look just as good. If preferred, you can spray them with silver or gold paint for a really festive touch (always take care to follow the safety instructions on the can).

Round margarine cartons make a useful base and they can be transformed with strips of coloured paper finished off with a ribbon bow.

Florist's foam or non-hardening modelling clay will hold the arrangement in place.

Each decoration should

have a focal point, perhaps a candle. One professional trick is to heat florist's wire before inserting one end into the candle, to keep it rock-firm.

Let each girl choose from an assortment of 'bits' and you'll be surprised at the artistic arrangements they will produce.

## PAPER CHAINS

Making paper chains is an easy activity for girls of any age, using the pre-gummed strips available and will add a cheap and cheerful festive touch to your meeting place.

To ring the changes, make a cardboard template in the shape of a Christmas tree or an angel and use it to make pretty garlands of crêpe paper or tin foil. Fold the paper concertina fashion, place the template carefully on it, cut round carefully and shake out.

## MRS CHRISTMAS

To get your girls thinking about Christmas in other countries, bring a little international festive spirit into

your craft work.

In Italy, children are visited by a female version of 'Father Christmas' called Befana, who puts gifts in the shoes of good children and coal in the shoes of bad ones. Encourage the girls to think about this by getting them to make a model shoe using baker's clay. They can decorate their work with tinsel and fill it with sweets.

Baker's clay is a simple mixture of flour, salt and water baked in the oven.

The usual measure given is three parts salt and flour to one part water. You'll need to double up depending on how big you want the shoe to be. As a rough guide, three cups of flour and salt and one of water gives enough dough for half a dozen small figures.

Food colouring can be included in the dough or the shoe can be painted later.

Mix the ingredients in a bowl and make sure to knead the dough for several minutes before attempting to shape the shoe. Bake in a low oven until quite hard. Sandpaper can be used to get rid of any rough edges. The last stage is to varnish well.

Loyal readers will remember that we told you how to make a Christmas crib in last December's *How To Do*. Now is the time to check to see if any of the figures need replacing or repairing.

It is possible to create charming and unusual figures using pine cones, straw or metal foil.

Home-made gifts and decorations are always more appreciated by the adults who receive them. And making them may help the girls see beyond the materialism that seems to be outweighing the religious aspect of the festival.



All strung up... 1st Moffat Brownies with the monster paperchain they made to decorate their local hospital



# BROWNIE GUIDERS

## PROGRAMME PAGES

### A SCOTTISH EVENING

Why not celebrate St Andrew's Day, which falls on November 30, by having a Scottish Theme Evening?

#### INTRODUCTION

Start off the evening by playing some Scottish music as the Brownies begin to arrive. Once all the Brownies are present, tell the story of St Andrew and how the Scottish flag helps to form the Union Jack.

### MAKE YOUR OWN:

#### LOCH NESS MONSTER

Materials: potatoes (preferably small ones), plasticine, sticky labels, knife, scissors, aluminium foil, lid from ice cream carton.

Cut the potatoes in half (supervision is needed). Shape the plasticine into a tail and place on one end of the potato; on the opposite end place the neck and head modelled from plasticine. Cut the sticky labels into two circles to form the eyes. With the remaining sticky label cut into small shapes and place them on the body of the monster. Cover the lid from an ice cream carton with aluminium foil to create the loch.

#### TARTAN

Materials: An assortment of coloured paper (alternatively, you can use white paper and use paints or crayons to colour it), plenty of scissors and glue.

- 1 Fold an A4 sheet of coloured paper in half and cut into a fringe and open out, thus creating the warp.
- 2 Cut the remaining paper into strips, approximately 5cms wide.
- 3 Weave an assortment of strips through the warp.
- 4 Trim off all the overhang-

ing edges to leave approximately one inch on both sides and bend them over and glue.

### ACTIVITIES

Invite someone to come along to teach the Brownies to do some Scottish dancing. If this is not possible, perhaps you could play some Scottish music and

let the Brownies have a 'jig'.

If space permits, have a wellie throwing contest — explain the similarities to hammer throwing and other Highland games.

Stand the Brownies in a circle and ask them to cross their hands and link with the girls standing on either side of them. Teach them the first verse and

chorus of the song *Auld Lang Syne*.

'Should auld acquaintance be forgot and never bro't to mind?

Should auld acquaintance be forgot and days of auld lang syne?

For auld lang syne, my dear,  
For auld lang syne,  
We'll tak' a cup o' kindness yet,

For auld lang syne.'

Explain to the Brownies when this song is usually sung and why.

### WINDING DOWN

Seat all the Brownies down and give them something Scottish to eat: shortbread, bannock cake, oatcakes or even haggis!

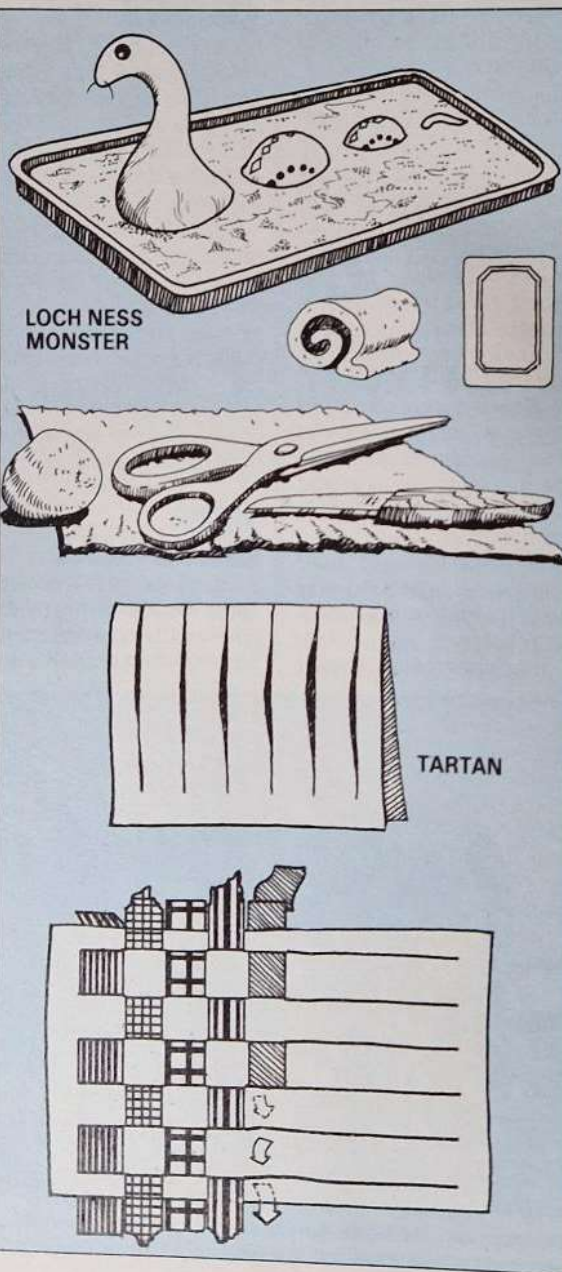
Read them the poem *Ode to a Mouse* by Robert Burns, the famous Scottish poet.

### SEEDY PLANS

Anyone who has struggled to come up with fresh and appealing craft ideas has probably already discovered the useful *Things to Make* series by Rosalie Brown.

The latest in the series, *Things to Make from Autumn Seeds and Leaves* (£4.95 Jade Publishers), will please the green-at-heart as Rosalie's ideas feature the seeds and leaves found easily in autumn. She also includes four pages of drawings to help you identify the materials she uses. Ferns, wall hangings and calendars decorated with leaves and reed — or straw — dolls and rattles are among the wealth of ideas she offers.

Don't forget to order **BROWNIE** from your local news-agent for your girls. The magazine is a supplement to their handbook.





# GETTING OUT

## A WOODLAND ALPHABET

A visit to a wood is an attractive prospect, whether it is to scuff through autumn leaves, admire the delicate shapes of twigs in frost or snow, appreciate the first pale leaves of spring or seek shelter from summer rain or sun. Why not let your unit share these pleasures?

Perhaps there is a suitable wood near your normal meeting place. Youngsters often become very excitable when outside, so remember the advice in the introductory *Walking Safely* section and the Safety Rules. Adequate supervision is essential, with clear instructions as to what is acceptable behaviour.

Be aware of potential hazards. It is probably best to avoid areas frequented by local youths, numerous dog-walkers or courting couples.

The following alphabet of activities covers all the Eight Points, apart from Homemaker. Some will be over in a few minutes, while others could occupy a whole meeting. Unit Guides are probably best able to choose those most suited to the Rainbows, Brownies, Guides or Rangers in their own unit, so the items have not been allocated to specific age groups.

**Alphabet Bingo:** give each group a card marked into 24 squares, one for each letter (omit X and Z). Players search for a natural object starting with each letter, give bonus points for complete lines. Encourage girls to be 'conservation minded' and avoid damage to the area.

**Bark Rubbing and Casts:** with different trees, variation in bark patterns can be explored with paper and wax crayons or by pressing plasticine on to the surface and making a plaster cast.

**Conker Century:** organise the collection of four heaps of conkers or cones at the corners of a 15 metre square. Challenge each group to collect 100. Team members take turns, carrying a maximum of ten each — you may need umpires in this race.

**Direct Hike:** if your wood is fairly large and you have a map showing it accurately, select a finishing point on the far side — a corner, gate and so on will do. Work out the compass bearing of that point from your start. Get one group at a time to walk on that bearing until they reach the far side. They mark the spot and see who is nearest the target. If the undergrowth is very thick, suggest they work out how to avoid it without going off course.

**Eggscapade:** can be any appropriate outdoor activity but insist that each group or individual has a raw egg to carry with them at all times.

**Falling Leaves or Seeds:** an autumn activity. Do all leaves fall at the same speed? How big an area do they cover? What about seeds like ash and sycamore? Don't tell anyone, but this is science!

**Gathering** fallen or dead materials for crafts, perhaps leading to later service projects.

**Hello Tree:** a blindfolded partner is led to a tree and asked questions to help her explore it. Is it alive? Can you reach round it? What does its bark feel like? Does it have a smell? Back at the start, the blindfold is removed and the girl tries to find the tree again. Change over and repeat.

**Improvise Shelters:** give each group a thin polythene

sheet — decorator's dust sheets are inexpensive and easily cut according to the size of group and children. Using some string and a few clothes pegs, the girls make a shelter within a given time. Be aware of the suffocation danger. If you take care, the sheets can

20 alien objects near a path through the trees. Small groups then walk along, noticing and remembering the objects. Having listed them, they walk back and are shown any they missed.

**Leaf Rubbing and Prints** can be just for fun, badge



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be re-used.

**Jokers Wild:** each player has a playing card fixed to her back and tries to find out which cards others have without revealing her own. Additional tasks can be incorporated for the more experienced.

**Kim's Game Trail:** while the players are elsewhere, place

clauses or fund raising (they make attractive decorations for notelets and gift tags).

**Map Check:** you need a map of the wood for this game. It can be a picture or sketch map, but should have some mistakes, additions or omissions. Players compare the real thing

**Brownies on a wood gathering expedition for camp fire**



and identify the differences. This emphasises the need for careful observation in mapreading.

**Nature Collages** can be made with items gathered on an autumn walk and can offer experience of working co-operatively.

**Oak Apple Day:** May 29 commemorates King Charles hiding in the Boscobel oak to escape from the Roundheads. Associated customs could provide ideas for a woodland meeting. Try the local library for further information.

**Pollution Survey:** regrettably, most woods show some signs of pollution. Look out for litter, scrap metal, vandalism, man-made noise or disturbance, smoke or fumes. After discussion this could lead to service projects.

**Quiet:** encourage girls to keep really quiet to see what they notice. It is best if they spread out a bit, but remain in sight of the leaders.

**Ready, Steady, Go:** this is a scavenger hunt with each item announced individually so players return to base when it has been found. You may need a 'come back' signal to recall those still searching. Start with easy items.

**Stalking Game:** tie about ten luggage labels (with pen attached) to trees along a path about 60 metres long. Have two guards on patrol, players try to sign as many labels as possible without being detected. Those caught are detained briefly or given some other penalty. Signal when time is up, collect the labels and score a point for each signature.

**Treasure Hunts** are always popular. Tailor the clues to the age, experience and interests of the players and have treasure for each group to avoid disappointment.

**Up and Down:** set up plastic containers of various shapes and sizes as skittles.

Tie a tennis ball in a net bag and suspend it over a branch about 2m high. Secure the loose end so the ball is just off the ground and play skittles. Count the total knocked down in ten turns.

**Visit:** consider visiting your wood with an expert (naturalist, forester, gamekeeper or conservationist). Careful choice of expert, planning and briefing are essential for success.

**Wildlife Safari:** while most wildlife will hasten in the opposite direction at the approach of youngsters, they leave behind a lot of traces of their existence. Look for feathers or fur, scratches or nibbles, runs or burrows and even droppings or pellets. Books may indicate which animals are responsible.

**Xtinguish the Lamp** is best played at dusk or night, with due regard to extra safety measures. A gas or candle lantern is lit and placed in a clearing. Players

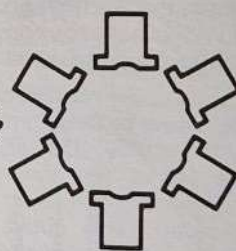
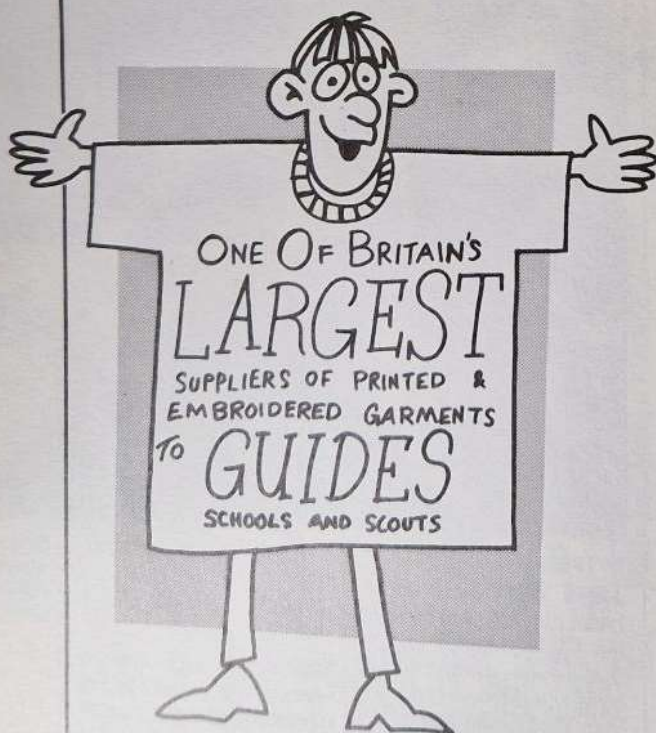
start some distance away and try to reach it without being spotted and, if successful, extinguish the light. Each group leader has matches and may approach and relight it so the game can continue. Award points if you wish.

**You Match It:** this is similar to *Ready, Steady, Go* but is suitable for younger or less experienced players. Show the players a natural object — choose something easily available without causing any damage, for example, a cone, or a dead leaf. The girls then race to find one to match it.

**Zoo:** hunt for natural objects which resemble animals to form the zoo.

In several activities, the finer details have been omitted so that they can be tailored to meet your requirements or act as a springboard for you to develop your own variations. Whatever you choose, have fun.

HILARY JENKINS



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# GUIDE GUIDERS PROGRAMME PAGES

## GETTING STARTED

Do you have difficulty in starting your Guide meeting on time? There always seems to be so many things to do, that before you know where you are, 20 minutes of your precious meeting time have flown by and you *still* haven't started.

Experienced and motivated Patrols will get on with their own business, but what about the rest of them? Try some of these ideas to get your meetings off to a punctual and structured start.

After just a few weeks, the Guides will become used to the fact that there is something waiting for them to do as soon they arrive. They will be occupied from the moment they walk through the door and you will have time to organise yourself and will be able to start the meeting officially as soon as you are ready.

## WHERE AM I?

Guides sit in a large circle which latecomers can join as soon as they arrive. One Guide sits in the middle. She imagines she is standing outside a building somewhere in your locality, for example, outside the library, at the bus stop outside St Paul's Church and so on.

The other Guides may ask up to 20 yes/no questions to find out her exact location, for example, 'Are you in the High Street? Are you on our housing estate?' and so on.

The Guide who guesses the exact location changes place with the girl in the middle.

## POSSIBLE FOLLOW-UP

Draw sketch maps from one place to another; plan a night out from Guides to map out neighbourhood

(Green Trefoil Clause 3bii).

## SKIPPING

Depending on the size of your Company, have one or two large skipping ropes on the go and 'keep the pot boiling'. Each girl joins in as she arrives. You can rely on the Guides to come up with enough skipping rhymes.

## SILENCE IS GOLDEN

Guides sit in a large circle which latecomers can join as they arrive. One girl sits

## KNOTTING CIRCLE

Prepare about 200 small lengths of string. If you have several pairs of scissors, the Guides can cut up balls of string the week before.

Guides sit in a large circle, which latecomers can join, and tie all the string together with reef knots. When they have finished you have a ready-made circle or horseshoe for the start of the meeting.

On subsequent occasions the girls can try doing

as attractively as you can.

- You have ten minutes to prepare yourselves for the 'Best-presented Patrol of the Week' competition.

- Tie as many different triangular bandages as you can. Every member of the Patrol must be bandaged. (Good practice for Yellow Trefoil.) See next month's Just How for details on tying triangular bandages.

- Provide: One pack of playing cards (or *Teaser*) per Patrol. The Challenge: Build the highest free-standing structure using only the cards given.

- Provide: Bundle of garden sticks and string per Patrol. The challenge: Using square lashing make as many crosses as you can in ten minutes. (Green Trefoil Clause 3biii.)

- Learn as many details as possible about each member of your Patrol for a quick-fire question competition, for example, names, addresses, telephone numbers, schools, birthdays and so on.

- Provide: Offcuts of fabric, needles, thread, scissors and pile of assorted buttons per Patrol. The challenge: Sew on as many buttons as possible by... pm. Each button must be sewn on by at least four strands of thread.

No doubt you will come up with much better ideas of your own. Why not share them with other Guiders in your District? You are bound to find they have ideas they can pass on to you and you'll end up with enough starters for months to come.

● **TODAY'S GUIDE** is, of course, available by direct subscription from CHQ or by placing a regular order with your local newsagent and not through the Trading Service.



in the middle and blindfolds herself with her neckerchief. Place a whistle on the floor beside her. The Young Leader points to one of the Guides in the circle. The chosen girl must then try to creep up to the whistle and blow it without being detected.

If the blindfolded girl in the middle hears a noise, she points in its direction, and, if the noise has indeed been made by the Guide, then she must return to her place. Anyone who succeeds in blowing the whistle changes places with the Guide in the middle.

Obviously, this game ensures a very quiet start to the meeting and a ready audience for any notices or announcements.

the same thing blindfolded, or attempt to tie sheetbends with different thicknesses of string. Plenty of practice here for Guides doing their Yellow Trefoils.

## PATROL CHALLENGES

### NOTE:

1 Write out the challenge on a separate piece of paper for each Patrol.

2 Give a definite time limit, for example, 'You must have finished this by 7.10pm.'

3 Place the challenge in Patrol corners, or ask your YL to stand at the door and hand the challenge to the first member of each Patrol.

- Display the contents of a well-equipped Patrol Box



# COPING WITH... HELPING OTHERS

**Lending a Hand, Helping Other People, Giving Service** — whatever name we chose, it is central to the Guiding Programme. The concept of helping others to the very best of our ability is there when we make or renew our Promise. Then, as if by way of a reminder, it pops up again in the form of the Brownie Motto; one part of the Eight Point Programme and, for Rangers, as a special responsibility to the community. Indeed, the Queen's Guide syllabus is based entirely around service of one sort or another.

Ask any non-Guide what Guiding means to them and their answer is likely to include something about 'doing a daily good turn'.

The very fact that most

tions. They knitted clothes for the men at the front and volunteered as scullery maids and laundry workers in Red Cross hospitals.

The Girl Guides turned up trumps yet again during the Second World War.

They collected salvage, repaired clothes, helped with the harvest, and befriended evacuees. And, when peacetime returned, the Guides got back to tackling the less dramatic tasks like doing shopping for the housebound, visiting lonely folk and taking parcels of food to those in need.

So how do we match those deeds of service as we move towards the 1990s? 'With difficulty', many Guiders would reply

financial method of helping other people is just as worthy but, if we are perfectly honest, it is surely also the soft option.

However hard the girls may work to raise money, no matter how much they give to a worthy cause, the chances are they will never actually meet the people they are helping. It is the personal touch that makes all the difference, especially to the giver.

Let's look at what the girls themselves actually gain from helping other people. Badges, Flashes, Certificates and Awards are the obvious answer, of course. But, what is far more important, the girls gain in understanding, appreciation and attitude.

also immediate and usually easy to see: a happy, grateful smile; a weed-free path or a pile of repaired hymn books.

If you talk to a Brownie who has played Bingo with an old lady at an old folks' home; listen to a Guide or Ranger talking about helping out with the laundry and ironing at a hospice; or discuss the significance of a Good Turn with a Young Leader, who has just handed out squash at a marathon and you will appreciate the invaluable benefits each one has gained.

Of course, raising money for charity is naturally a thoroughly acceptable way of helping other people. Over the years Girl Guides must have raised many, many millions of pounds for others. Let's just say that, if the girls are to benefit in the most meaningful way, then acts of personal service play at least an *equally* important part in our Programme.

What, then, can the girls do? How many old ladies do you see waiting who need to be helped across the road? Do you know where to find the truly 'poor and needy' in *your* locality? These days, girls and their leaders have to look much wider for opportunities to give service, and this can cause quite a few headaches, especially when time is limited. The opportunities *are* there, though, even if they do take a lot of finding.

Probably the saddest aspect of planning and carrying out any service project these days is that Guiders have to be so aware of the safety of their girls. Many parents are unwilling to let their children go into private homes — even in groups — so that delivering envelopes or

A very practical form of service — running a nursery at the Midlands Agricultural Show



people have such a stereotyped image of Guiding is surely proof of the Movement's success in the field of service. In the First World War Guides learned how to help wounded soldiers and to turn their headquarters into dressing sta-

and with some justification. Opportunities to raise money for worthy causes are thick on the ground, as there must be more registered charities and special appeal funds than ever before.

On the face of it, this

An act of personal service on a one-to-one basis will, at best, arouse in a girl an awareness of other people's needs and difficulties and an appreciation of her own good health and fortune.

When helping someone *personally*, the results are



church magazines cannot be undertaken, unless the delivery round is supervised by an adult. In some areas, anxiety about the safety of girls is such that less service is actually carried out. Perhaps the following guidelines will help alleviate anxiety over any of your unit's future service projects:

- Always plan service projects carefully and liaise with all concerned.
- Vet all suggestions and check each girl's plans.
- Ensure there is adequate adult supervision (group projects can be ideal because adult help is always on hand).
- Insist on regular reports from girls working in small groups or on their own.
- Ensure safe transport to and from the venue (if the project is near to home, transport costs and difficulties are reduced).

The service project problem doesn't end here, though, as many Guides know. Most leaders know how hard it is to maintain their girls' interest in the project right through to the bitter end. One answer is, of course, only to take on very short-term projects, one-offs and easily completed tasks. The obvious solution is to find projects which can be undertaken on the unit's meeting night, but this does seriously narrow down the choice. However, it is often difficult to get the girls to do anything on any other night than their usual meeting night, especially if it is a group project.

Finally, there is one not too obvious point to consider when discussing plans for service projects with girls in your unit. Will the recipient really appreciate what the girls are planning to do? It is worth bearing in mind that there are some people who do not always welcome help offered by this age group.

On the whole, however, youngsters are appreciated, even if the help they can actually give is limited. Older people, par-

ticularly, like to see and talk to young people.

Similarly, help is usually valued in places of worship where members like to see young people taking part in church life. Other more public acts of service like litterpicking, carol singing and helping at marathons are occasions when the general public can see young people doing something really positive for the community. And that, surely, is what being a Guide is all about.

These are just a few examples of service projects that have been carried out in the North West Region. They might give your units some ideas. If you have carried out successful service projects, write in and share your unit's experiences. Your idea may be the very one someone else is

looking for.

**Service projects for individuals:**

Pack Leader; helping at Cubs; helping at Church crèche; bell ringing; Sunday school; walking the dog; gardening; visiting the elderly in homes; cleaning; brass; arranging church flowers; helping in the school library; visiting the house-bound; shopping; doing simple domestic tasks; entertaining; pet-sitting when owner is on holiday.

**Service projects for groups:**

Litter picking; joining in local conservation projects; carol singing; repairing prayer/hymn books; knitting blankets; making gifts; helping at bazaars, fêtes; large-scale cleaning (HQ, church); cleaning graveyard; folding, assembling and distributing church maga-

**The personal touch makes all the difference when it comes to community service**

zines; fund raising for others; helping at QAP centres; responding to *Blue Peter* appeals; collecting wool, stamps, books; adopting a hospital ward.

And for something a bit more original: Sorting socks for a blind man; baking Christmas cakes in baked bean tins; providing 200 Christmas puddings for Lions; making giant-sized games (eg. Snap, Bingo Beetle) and playing them with old people; making play bags with books and soft toys for small children to play with in church; making dresses and shirts from Oxfam pattern; tea-making at cricket club; helping at a marathon.



SANDY EVERTT



# CAMP SITE *details*

## WHERE TO GO GUIDE

Don't let the November gloom put you off planning next year's summer holidays. If you're not sure about where to go in 1990, you're sure to find our latest camp site guide useful.

## NETHERURD

Bookings for all the self-catering areas for 1990 are being accepted now. Application forms may be obtained from: The Secretary, Netherurd, Blyth Bridge, West Linton, Peeblesshire, EH46 7AQ. Please enclose an sae.

### CAMP SITES

All sites are fully equipped: 3 x 30; one site for two Patrols plus Guiders; two Patrol sites and one Ranger/Young Leader lightweight site for six.

### BROWNIE HOUSE

Fully equipped for 18 Brownies, two Pack Leaders and four Guiders. Priority will be given to Scottish Packs during Scottish school holidays.

### RANGER BOTHY

Fully equipped for eight Rangers/Guides and two Guiders. It may also be used by families/groups for holidays.

### WEST LODGE

Fully equipped for a group of up to six people.

One camp site, the Brownie House and the Ranger Bothy are suitable for use by the disabled.

## BRONEIRION

### CAMP SITE AND BROWNIE HOUSE

Applications for camp site and Brownie House for 44. Pack Holiday for 1990 are

being accepted now. The Brownie House may be used by Guides, Rangers/Young Leaders, Trefoil Guild members and Guiders outside school holidays.

## FOXLEASE

Applications for indoor accommodation and camp-sites in 1990 are now being accepted.

### CAMP SITES

All sites have a solid shelter and flush toilets, some sites also have equipment which is suitable for either Patrol or unit camping. On site activities include orienteering, pioneering, covered heated pool, archery and canoeing.

Some site shelters are equipped for winter use (1989) by Rangers/Venture Scouts/Young Leaders.

### BARN AND BEAVERBROOK LODGE

Provide fully equipped indoor accommodation throughout the year for groups of up to 26. Beaverbrook Lodge is equipped for use by members with disabilities.

### THE COACH HOUSE

Newly refurbished hostel accommodation for use by Guides, Senior Section and Guiders. Facilities include drying room and central heating. Suitable for use by small groups in conjunction with outdoor activities or for winter (1989) weekends.

All of the above are available for mid-week use by Trefoil Guilds or schools.

For further details please send a large sae to: The Guider-in-Charge, Foxlease, Lyndhurst, Hants, SO43 7DE.

## BLACKLAND FARM

Blackland Farm camp site covers 122 acres of fields and woodland overlooking Weirwood reservoir and near to Ashdown Forest. Set amid some of the loveliest Sussex countryside, yet within easy reach of the attractive town of East Grinstead, and many other places of interest, Blackland offers a beautiful setting for any camp and an ideal centre for exploring Sussex and Surrey.

There are many opportunities for the enjoyment of the out of doors; large areas of woodland which may be used for making shelters, rope bridges, setting trails and taking nature walks. The reservoir provides excellent opportunities for birdwatching.

Blackland has 20 fully equipped sites, each with solid shelter, toilet and washing cubicles. There are a further 20 unequipped sites for those wishing to bring their equipment. All equipment can be provided for units to camp as one group or in Patrols.

Adventurous activities offered include rock climbing on Stone Farm Rocks; canoeing on Weirwood reservoir with abseiling and archery on the site. Sessions with a qualified instructor, all equipment provided, may be booked through the Warden. Additional facilities offered are: an assault course, nature trail, orienteering course and heated indoor swimming pool.

Restrop Bungalow and Wagtail Lodge provide fully equipped facilities for

indoor camping. Both houses have large living rooms, kitchens, dormitory and leaders' rooms, toilets, wash basins and shower. There is running hot and cold water, electric lighting and heating and calor gas cooking. Restrop Bungalow has an open log fire which makes for a very cosy atmosphere.

Wagtail Lodge is also suitable for use by handicapped members. A warm welcome awaits you at Blackland Farm. Please apply for full details to: The Warden, Blackland Farm, East Grinstead, Sussex, RH19 4HP. Tel: 0342 810493 or 0860 393026.

## YNYSGAIN

### TY NI

Brownie Pack Holiday House, available for other sections when not booked for Brownies. Maximum, 12 girls and four adults.

### YSGUBOR HIR

Long Barn, suitable for members with disabilities, will hold ten girls and three adults.

### Y BWTHYN

Ranger/Young Leader Cottage, eight girls and two adults.

All houses fully equipped except for bedding.

### CAMP SITES

Three camp sites, two with flush toilets, all have solid shelter and altar fires. Unequipped. Showers available. Contact: Mrs J P Griffith, Cefnfaes, 23 Carreg Felin, Llandegfan, Anglesey, Gwynedd, LL59 5YB enclosing an sae. Tel: (Menai Bridge) 0248 713134.

## BROWNSEA ISLAND

Camps, holidays and day visits can only take place between April 1 or Easter (whichever is earlier) and September 30.

The island has many attractions for nature study and the interesting shoreline provides opportunities for marine and beach study. The nature reserve, which comprises a large part of



the island, may be visited by appointment with the nature reserve warden. You can also visit the original campsite used by Lord Baden-Powell.

South Shore Lodge, for those who want a residential visit, will accommodate a maximum of 24 and eight sites are available for camping. The island facilities are, unfortunately, unsuitable for Brownie Pack Holidays.

Applications should be sent to: Mrs P Smith, 16 Upton Way, Broadstone, Dorset, BH18 9LY. Please enclose a 9" x 4" sae for further information.

## GLENBROOK

Accommodation available in the house for 30 or for ten in the flat upstairs. Groups must be self-catering and must guarantee 20 in the house or six in the flat. Accommodation in 'Derwent', the purpose-built annexe, is for 30 people on a self-catering basis. There are two large bedrooms/training rooms on the ground floor with two Guider's rooms leading off. Above this is a fully equipped kitchen with gas cooking and lounge area. A number of activities are available, including canoeing, walking, caving and rock climbing.

### CAMP SITES

Four camp sites are available, two of which are suitable for members with disabilities. Situated in partly wooded grounds, all sites are unequipped.

## HAUTBOIS

Interesting sites surrounded by woodland and situated on the edge of the Broadland National Park. Canoeing, rowing, orienteering and archery possible on site. Conservation a special interest. Up to five sites for standing camps, an orchard site for lightweight groups and a Patrol site very close to the house. For 1990 there will be flush toilets available near most sites and equipment available for one site.

Bookings are being accepted now for 1990. When applying please state first and second choice of dates.

No self-catering holiday accommodation available. One night Pack Holidays (see page 62 of *The Outdoor Manual*, section 3, para 1) and holidays and courses for older age groups can be accommodated in the house. Bookings recommended by March of the previous year.

All bookings by letter to: The Guider-in-Charge, Great Hautbois House, Great Hautbois Road, Coltishall, Norfolk, NR12 7JN, enclosing a long sae.

A leaflet is available giving further details of camp sites.

## LORNE

Lorne will be open as a holiday centre during July and August 1990. Set in pleasant grounds with lovely views and quiet surroundings on the shores of Belfast Lough, Lorne is only six miles from Belfast, is within walking distance of the Ulster Folk and Transport Museum and is a good centre for sightseeing tours. Special terms for parties of Guiders taking the house and wishing to do their own catering. All enquiries should be made before December, to: The Guider-in-Charge, Lorne.

### CAMP SITES

Lorne offers fully equipped or unequipped camp sites with solid shelter. Calor gas available. Applications should be sent to: Miss Cynthia Mayne, 8 Kilmakee Park, Belfast, BT5 7QY. Tel: Belfast 792457.

### IRENE McKIBBIN

#### MEMORIAL COTTAGE

A cottage available for Ranger holidays; for details apply to: The Guider-in-Charge, Lorne.

#### GLEN ROAD CAMP SITES (NR LORNE)

Fully equipped for campers (one large or two small camps). Excellent hut for solid shelter with electricity.

Bookings should be sent to: Mrs Christine Gaston, 127 Harberton Park, Belfast, BT9 6TX. Tel: Belfast 669391.

### MAGILLIGAN CAMP SITE

Three fully equipped sites with double calor gas stoves for 20 to 30 campers. Two miles of sands. Large three room hut with an open fireplace. For details apply to: Mrs J Gibson, 61 Station Road, Portstewart, Co Londonderry. Tel: Portstewart 2546.

## WADDOW

### PATROL CAMP SITES

Two Patrol camp sites both fully equipped and each with solid shelter. Also suitable for Rangers for lightweight camping or winter camping sleeping in the huts.

### CAMP SITES

Applications for sites in 1990 will be considered in the first week of November. All sites are fully equipped for 30 or 40, but can be used unequipped. All sites have solid shelters, wooden wash cubicle and elsan blocks. There is a stone-built barbecue on each site. Indicate whether equipped or unequipped site required. Enclose a 50p deposit (non returnable).

### RANGER COTTAGE

This self-catering cottage sleeps 15 people in five bedrooms. There is a large, fully equipped kitchen including fridge/freezer, a large comfortable sitting room/dining area, two bedrooms, one with shower and three toilets. Applications are being considered now. Rangers will be given first consideration, but the cottage is also suitable for small Pack Holidays, groups of Guides with Guiders, Trefoil Guilds, Guiders and so on.

### CARAVAN

Why not enjoy a peaceful holiday in beautiful surroundings with your family/friends in Waddow's caravan? This is a six berth 25 foot long caravan with separate double bedroom,

shower and flush toilet, large dining/kitchen and sitting areas. It is equipped with a full size gas cooker, gas fire, electric light and fridge. There is a stone-built barbecue by the caravan and a pleasant sitting area with wooden table and benches. Available for bookings throughout the year.

### BOTHY (STONE TENT)

Situated at the back of the garden, the bothy will sleep approximately five people on a raised wooden platform for which mattresses are provided.

There is a working surface for preparing food, washing up and so on and a wood burning stove. There is also a gas cooker with two rings and an oven and grill. Pans are provided. There is no electricity. There is an outside flush toilet at the foot of the garden and water tap outside the door of the bothy.

### STABLES

The old stable block at Waddow has just been converted to a self-catering unit for 15 people. The appearance and atmosphere of the stables has been kept.

Accommodation downstairs consists of kitchen with electric cooker and fridge and is fully equipped for 15, a sitting room/dining room with log burning stove, two showers, two toilets and two wash-basins.

Upstairs there are six sets of bunk beds in the main room (two sets in each stall) and a curtained-off room with three single beds.

There are overnight storage heaters in each of the rooms. Pillows and blankets are supplied, but bring your own sheets or sleeping bag.

Suitable for Guides, Rangers and Guiders groups. Bookings for 1990 will be allocated during the first week of November, 1989.

See Programme Diary on p.35 for addresses of the Training Centres.



# RANGER GUIDERS

## PROGRAMME PAGES

### THE RANGER CHALLENGE

#### SERVICE TO OTHERS

What is meant by Service?

**Action:** Collect your local newspapers (before they go to be recycled), and cut out all the reports related to groups of Brownies, Guides and Rangers. When you have a good sized pile, sort them into groups containing reports of:

- girls preparing to serve others
- girls working with others to give service
- girls presenting money, or gifts

Use this as the basis for a discussion, or a formal debate.

Is your Unit guilty of becoming involved in service projects without understanding the principles as suggested in this clause of the Ranger Challenge?

**Action:** Is the Unit working toward a Christmas Good Turn? Examine it carefully — then get the Rangers to think about it too.

Are we doing this because it's what we did last year and the year before that?

Are we doing this because we have identified a real need?

Are we doing this because it's a 'fashionable charity' at the moment?

Are we doing this as a positive way of saying 'thank you'?

Are we doing this because we need to do some service, and Christmas is as good a time as any?

In other words, *why* are we doing the project we have chosen? If you are not busy on a particular project at present, then ask yourselves these questions the next time you are.

The Programme in the Ranger section is involved



with helping our members not only to be prepared to give service, but also to be ABLE to give. The British public seems to be swamped at the moment with all manner of groups that are involved with 'Community Service'. Some of these groups are well prepared — they have training sessions, the services of paid workers and all the necessary materials to support their projects. Others can call on professional helpers and volunteer workers.

To us, the fact that Rangers are fitting service projects in among all their other activities is highly commendable, and always, it seems, they do surpass initial expectations. But even so, this may not always be

apparent to the recipients!

Using the suggested principles as a basis, maybe the starting point will be: 'What you can do'.

#### ACTIVITY: BRAINSTORMING

Give each Ranger a large sheet of paper at the beginning of the meeting. Ask her to make a list of her skills, for example, sailing, rock climbing, hiking, painting and baking.

Suggest that, as the evening progresses, more may be added to the list. In the last half hour, ask the Rangers to group the skills. How they group them will be up to you and will depend on the nature of the Unit.

One way of doing this might be to divide the skills listed into five groups.

Number the groups from one to five. Under the category marked 'One', jot down your top skills, and work your way through to group five — the things you are not at all good at. Or pick out those that you would like to improve or those that you might use to help others.

Having identified WHAT you can do, means that when you invite outside speakers and representatives of organised societies to address the Unit, you'll know what kind of help you are able to offer them.

People who might help you find local speakers could be local representatives of specific charities. For example, NSPCC, Oxfam, Spastics Society, Save the Children, leaders from local religious communities, Community Project workers or a worker from Social Services. If you are able to make contact, let local supporters know what kind of assistance you are able to offer.

It's most important to ensure that they get the chance to talk about any proposed co-operation with the Rangers. Once you've done this, those involved with the Ranger Challenge will be well on the way to completing that section.

Service might involve fund raising, but it doesn't have to. Service can also entail identifying skills that are needed; practising these skills and then using them in a meaningful way.

Go back to the first activity. How much evidence was there in the newspaper reports of the skills all those girls were freely using, of the time they had given, of the support from home?

Do you need more ideas for activities? The PolioPlus Pack is full of interesting ideas — see September's GUIDING for details.



# GGFF

## A TIME TO PLAY

In last month's *GUIDING*, we took a closer look at the Educational Holiday Scheme run by the British Diabetic Association, one of the two charities selected for this year's Christmas Good Turn Appeal.

Now it's time to focus on the other organisation we've promised to help: the National Playbus Association.

All children need to play: the experts agree that play is crucial to the child's development. It encourages creativity, coping skills and teamwork... and besides, it's fun. But unfortunately, there are still many youngsters in the United Kingdom who don't get the chance to play together in a safe, stimulating environment.

In the late Sixties, a group of volunteers got together to tackle the problem. Duncan Bowling, deputy director of the NPA, explained how Liverpool's Toxteth area was targeted as an 'educational priority'.

Teachers were finding that children were starting school who had never

had any experience of playing together, and were therefore under-achieving, he explained.

The first playbus was set up in Toxteth in 1969; today there are over 200 on the road. The NPA and its member organisations have 450 vehicles in all — some are used for various community service projects, others as loan buses for such organisations whose own vehicles are temporarily out of order.

The playbus scheme operates throughout the UK providing hours of fun for hundreds of children through regular programmes in the various communities. Each bus is self-sufficient, having a toilet on board, as well as water, heat and power. Upstairs there's a kitchen unit, home and book corners and lots of tabletop toys. Downstairs, you'll find a sandpit, water play and craft areas.

The scheme has been so successful that the demand for buses is growing all the time. That's why a special appeal has been launched: the NPA is hoping to raise £150,000 to buy and convert another five buses.

The Association was recently given a boost by Anneka Rice on BBC One's *Challenge Anneka*. The enter-

prising TV star obtained ten buses — and had five of these converted — within three days.

Your unit would be hard pressed to match such an amazing feat, but don't be put off — every pound raised will go towards putting another playbus on the road.

Detailed information on both the GGFF projects can be obtained from: The Girl Guide Friendship Fund, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT. Please enclose a 23cm x 13cm (9in x 5in) sae.

## WORLD NEWS

### PAX LODGE: WORLD FRIENDS

The task of forming the World Friends of Pax Lodge has been given to Mrs Pat Goodheart, who lives at 7, Carron Road, Applecross, Western Australia. She will be pleased to receive enquiries from potential members. Letters can also be sent to the World Bureau at 12c Lyndhurst Road, London NW3.

At present there is a Friends of Olave House (UK) which is to be relaunched as Friends of Pax Lodge. The chairman is Mrs Eileen Burbidge.

# Acorn Venture

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Hotel accommodation at a beautiful lakeside resort, again with all meals included. 12 days from £199.

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Address: \_\_\_\_\_

Post Code: \_\_\_\_\_



# YOUNG LEADERS PROGRAMME PAGES

## TRAINING CAN BE LOTS OF FUN!

The Young Leader Scheme Part II Clause 12 reads: 'While working on the Scheme, attend at least four Young Leaders' meetings, and where possible, one residential training event.'

The idea behind trainings is to learn new ideas and skills. Usually you will have to adapt these to suit your own unit.

Evening, day, overnight and weekend trainings are available. There are even week-long trainings, but these are usually only available at Training Centres.

Another type of training is a fireside training, so called because just a few of you sit around someone's fireside and share ideas. Often, the fireside will belong to your Young Leader Adviser or your Commissioner. These are also very useful forms of training.

Once you've attended your first residential training, you'll probably want to go again. Still not sure about it? Then read on — we've got first-hand accounts from two enthusiasts, just in case you need any more convincing:

For many people, the idea of attending a residential weekend, possibly not knowing anyone else there, is quite frightening. I can still remember attending my first residential weekend as a nervous 18-year-old Guider. Fortunately, I was soon put at my ease by the friendly staff, and the happy atmosphere.

As a Young Leader, you are required, if possible, to attend at least one residential training. If you are able to do so, you will not only be given a lot of help with many of the clauses

on your Young Leader card, but you will also have a good time, and make many new friends.

By 7pm on Friday, the peace and quiet of the Mount School, York, had been well and truly shattered. Young Leaders had begun to arrive from all parts of North East England — many of them not knowing any of the other 98 girls with whom they were to spend the weekend. Before long though, new friendships were forming.

When applying for the weekend, the girls had to opt for their Saturday activities — anything from enamelling to exploring York, from synchronised swimming to skin care. Twelve activities were offered in all, giving everyone a chance to try something new, and so work towards Part 1, Clause 3 of the syllabus.

By 9.30am on Saturday, the bell-ringers had taken over the dining hall and were entertaining the kitchen staff; the potters were busily throwing clay around, the self-defence group were throwing each other around; the car maintenance man's car was in several pieces and everyone was having a lot of fun.

After the evening meal, we had sessions on the Eight Points. This enabled the girls to try out eight activities which they could use with their Rainbows/Brownies/Guides.

By the time we were ready for camp fire, Liz had recovered from her exertions in the aerobics session and was able to lead us in a very noisy sing song.

Our Sunday sessions covered further activities for the Young Leaders themselves, rather than for use in their units. They had talks on lightweight camping, International oppor-

tunities, local government and the judicial system, and we had some very lively debates on current issues within the GGA, which we felt would cover 'Thinking for Yourself'.

We met together for the last time for a short service, and to say our thanks and goodbyes. Many lasting friendships had been formed, many happy hours shared, and there was a unanimous request for another weekend very soon.

If you are given the opportunity to attend a Young Leader weekend, then take it. There are weekends especially for Young Leaders run by the Training Centres; details of these appear in *GUIDING*. Many Counties run their own weekends, and perhaps, like the girls in North East England, you are lucky enough to have a Regional training weekend.

What will you gain from it? An opportunity to meet other Young Leaders, gain new ideas for your unit and help with your Young Leader's Certificate, but most of all to have fun!

**VAL HEWARD**

North East England Young Leaders Adviser

## CHRISTMAS IS COMING

A 24 hour residential training idea for Young Leaders

One Saturday evening last November, a group of Young Leaders met for the Sussex County's residential training. They had all received red Christmas invitations, decorated with puddings and fir trees, asking them to bring outdoor wear.

After supper, the tables were cleared and yards of red fabric were turned into Christmas stockings. These were then hung on

a convenient chimney breast; the rest of the room was decorated with streamers and an artificial Christmas tree.



The following morning, the Young Leaders found that their stockings had been filled with goodies. The morning was spent making Christmas crackers and tree decorations with the help of the Arts Adviser.

A proper Christmas dinner, complete with turkey and Christmas pudding, was enjoyed by the girls and their invited guests.

Santa had lost his reindeer, so the surrounding countryside was scoured for them — or their cardboard silhouettes — with the aid of clues and map references.

After a tea of mince pies and chocolate log, the day finished with a candlelit carol service that



the girls had planned themselves. They left eager to share some of their new ideas with their units.

**SUE GILLINGS**

London and South East England  
Young Leader Consultant





# SOUTH AFRICA

## 'A WORLD IN ONE COUNTRY'

Pick up any national newspaper and you're almost sure to come across an article on South Africa. The Republic rocketed to the centre stage of world attention 41 years ago with the introduction of its policy of separate development or

apartheid. But what of the country itself — and its people? What is South Africa really like?

South Africa is big and beautiful. With a total land surface of over a million square kilometres, it's over five times the size of Great Britain.

Cape Point —  
meeting place  
of two oceans

Cape Town —  
the 'Mother City'  
of South Africa



Its people are as diverse as the landscape and most South Africans are multilingual. The South African Broadcasting Corporation caters for nine major black language groups, as well as the country's two official languages, English and Afrikaans.

Since the 17th Century, the southern tip of Africa has been the destination of settlers, traders, fortune seekers and missionaries.

But the country was already home to several races; the San hunters and Khoi herders to the west and the Bantu-speaking nations in the north and east. The subsequent interaction between them and the 'new' South Africans has shaped the history of the nation.

South Africa is today the undisputed industrial giant of Africa. It generates 25 per cent of the continent's Gross National Product; 40 per cent of its industrial output and 45 per cent of the mining production. It's the largest producer of agricultural products in Africa. South African Railways operate throughout the sub-continent and trade with many other African states is brisk.

Yet, at the same time, South Africa faces many of the problems common to the developing world, including



A 'giraffe meeting,' in South Africa's famous Kruger National Park

borders of the Republic lies the tiny mountain kingdom of Lesotho.

South Africa's longest border is, however, her 3,000 kilometre coastline; the East Coast is washed by the warm waters of the Indian Ocean, the West by the colder currents of the Atlantic.

The two oceans meet at the

were the first to discover. Bartolomeu Dias, the first man to sail round the tip of Africa in 1488, aptly dubbed the Cape, the Cape of Storms.

The first permanent link with Europe was the establishment of a 'halfway house' in 1652, by the powerful Dutch East India Company. The Cape provided a resting point for sailors making the long voyage between Europe and the East.

Centuries earlier, the eastern and northern parts of modern day South Africa had been settled by several Bantu-speaking tribes. They had migrated south from Central Africa, reaching the Transvaal Lowveld and Natal before 300 AD. These areas are dotted with the remains of early Iron Age sites.

The competition for land between the expanding white settlements and the indigenous black tribes led, inevitably, to conflict. But the struggle for land was not always between blacks and whites.

In the first quarter of the last century, the great warrior Shaka — the 'black Napoleon' — seized control of the Zulu chiefdom and forged the nation into a mighty military machine.

The Zulus embarked on a bloody wave of conquest; the Southern Sotho chiefdoms disintegrated in this 'Mfecane' or total war. Thousands of refugees fled across the Vaal River, in turn plundering the Tswana communities in their path. By the mid-1820s, Shaka ruled over the most powerful kingdom in Southern Africa. The Mfecane ended with Shaka's assassination in 1828.

It was, however, only in 1878 that the Zulu impis were finally defeated in the Anglo Zulu War — after they



The splendour of the Amphitheatre — the mountains of the Drakensberg

rapid population growth rate and urbanisation. And, over the last ten years, the country has been hard hit first by a devastating drought, then a series of floods which left thousands homeless.

Botswana, Namibia, and Zimbabwe are South Africa's northern neighbours and, to the north-east, Swaziland and Mozambique. Within the

craggy outcrop of Cape Point; the Cape was described by the chronicler of Sir Francis Drake's voyage around the world in 1508 as 'the most stately thing, and the fairest cape we saw in the whole circumference of the earth.'

It's a treacherous coastline, as the Portuguese who ventured round Cape Point in the late 15th Century



had inflicted a humiliating defeat on British troops at Ishlandwana.

During Shaka's reign, the Cape Colony was under British rule — and had been so since 1806. In 1819 the British Government advertised a campaign to attract emigrants to the Cape. The response was enormous and in 1820, the first party of 4,000 settlers was landed at Algoa Bay.

The idea was that the settlers would establish farms on the frontier of the colony. Few had any idea of the dangers and difficulties awaiting them in the Eastern Cape. Many farmers moved to the towns and Port Elizabeth, Grahamstown and Albany became important centres.

For many Afrikaners, however, British rule posed a threat to their way of life. Their growing dissatisfaction led to a key event in South African history: the Great Trek. Between 1834 and 1840, some 15,000 Afrikaner frontier dwellers left the Colony and went on to establish the Orange Free State Republic and the Transvaal Republic.

The discovery of diamonds in 1869 in Kimberley, was followed less than 20 years later by an even greater find: the world's richest gold-fields on the Transvaal Highveld. Fortune seekers in their thousands, many from Great Britain, swarmed into the Transvaal. For the young Republic, gold proved to be a mixed blessing.

As the economic centre of gravity shifted from the Cape to the Boer Republic, relations between both the Boer Republics and the British Government deteriorated rapidly.

The Anglo Boer War finally broke out in October, 1899 and raged for nearly three years. The eventual British victory resulted in steps leading to the unification of the former Republics and the two British Colonies, the Cape and Natal, into a single state, the Union of South Africa, in 1910.

Ironically, one of the Boer War generals, Jan Smuts, twice Prime Minister of the Union, became one of Britain's staunchest allies during both World Wars. He also hosted the royal visit to South Africa in 1947. Smuts's statue stands today in London's Parliament Square.

## INDEPENDENCE

In 1961, the Afrikaner dream was realised at last, when South Africa became an independent republic. By then, the ruling National Party had been in power for 13 years and was exercising the policy which was to lead to South Africa's increasing

isolation from the international community: apartheid.

During the next three decades the policy was strictly enforced. Local resistance grew and after being banned, the African National Congress and the rival Pan African Congress started low level guerilla campaigns.

The 1980s have certainly been years of change, including a break from the Westminster style of government and voting rights for Coloured (mixed race) and Indian South Africans in a three chamber Parliament.

The central issue, however — the enfranchisement of the black majority — is still to be resolved. Dissent has grown with the emergence of local anti-apartheid organisations like the United Democratic Front and AZAPO; violence has intensified in the black townships. It is the search for a solution to these problems which will undoubtedly dominate the political scene in the next decade.

## GUIDING IN SOUTH AFRICA

It was during the siege of Mafeking, during the Anglo Boer War, that the idea of Scouting was born, when

broad brimmed hat — was, in fact, based on that of the South African Constabulary.

Guiding in South Africa began in 1910, in Johannesburg and spread throughout the Union. By 1920, a national body, the Girl Guides Association of South Africa, had been established: it was one of the founder members of WAGGGS in 1928.

B-P and the World Chief Guide visited the country six times between 1912 and 1928. Olave's last overseas trip was to the Republic in 1970.

Today there are over 60,000 members of the Movement in the country.

The Movement has, in many ways, been a pioneer in building bridges between the different race groups. Community service forms an important part of the Programme. Projects range from helping with adult literacy classes, supporting campaigns against drug and alcohol abuse, assisting in libraries, creches and blood banks to national conservation projects.

Outdoor activities and camps are always popular and give girls of all races the chance to get to know each other better.

The youngest members of the Movement are the Teddies, the South



B-P's Chief of Staff, Lord Cecil, organised a corps of boys to assist the small force of soldiers. The boys were divided into Patrols, six boys under one leader — this was the origin of the Patrol system.

After the relief of Mafeking in 1900, B-P was appointed to raise a police force for the country, and organised it on similar lines. The first Boy Scout uniform — khaki shirt and shorts, scarf and the distinctive

African equivalent of the Rainbows. It's a new scheme and caters for five to seven-year-olds.

Then come the Brownies, for the seven to ten-and-a-half age group. A girl can join the Guides between ten and 14 years; Ranger Guides meet the needs of the 13½ to 17 age group, while the Rangers are made up of young women between 16½ and 25.

South African Guides enjoying life under canvas



These timely gifts for members of the Movement are so easy to order. Just write a cheque, pop your order in the post, and within 14 days WE will deliver them to YOU. What's more, you'll be delighted with your choice.



An attractive range of Silverware which will make delightful gifts and presentations. All engraved with trefoil, majority of items individually boxed.

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|---|---------------|
| <b>23762 Coaster Set</b>  | <b>£6.55</b>  |
| Set of six silver plated coasters, 3in. diameter, enclosed in holder, which has the engraved trefoil and which can double as a bottle holder. |               |
| <b>22087 Goblet</b>   | <b>£5.45</b>  |
| 5in. in height, with an attractive tulip shaped bowl.   |               |
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| 4in. diameter bulb shaped bowl with an attractive mesh holder.  |               |
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| This attractive 5in. high vase is proving most popular.   |               |
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| 3in. x 4½in. with square picture area.  |               |
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| 4 window multi frame.   |               |
| <b>24521 Tray</b>   | <b>£11.50</b> |
| A very good quality tray, 11½in. diameter with plain centre engraved with G.G. Trefoil.   |               |
| <b>25007 Candelabra</b>   | <b>£7.35</b>  |
| This attractive, 3¼in. high candelabra has a pleasant bead design on the base.  |               |
| <b>25163 Silver Plated Sweet Dish</b>   | <b>£6.85</b>  |
| An attractively designed round sweet dish has the Guide Badge engraved in the centre. Diameter 6½in. with handle.                             |               |

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|---|---------------|
| <b>24984 Letter Opener</b>  | <b>£5.95</b>  |
| 9¼in. long, a most exquisite piece of craftsmanship, incorporates a piece of Swarovski crystal in the handle.   |               |
| <b>24992 Pen Holder</b>   | <b>£5.75</b>  |
| 4in. high, an attractive companion for the above item, again incorporates a piece of Swarovski crystal at the base.   |               |
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| Another exquisite piece of Silverware. 4in. high 2in. diameter bell, incorporates a piece of Swarovski crystal in the handle.   |               |
| <b>25304 Egg Timer</b>  | <b>£6.95</b>  |
| This fine addition to our Silver Plated range incorporates a piece of Swarovski Crystal.  |               |
| <b>22079 Serviette Ring</b>   | <b>£2.45</b>  |
| New, attractive design 1¼in. diameter, tin. wide. A very good quality napkin ring.  |               |
| <b>Silver Plated Teaspoons</b>  | <b>£2.65</b>  |
| <b>22236 Owl Model</b> top handle.  |               |
| <b>22095 G.C. Crest Handle</b>  |               |
| <b>24703</b> A fairly new addition to the range. An excellent depiction of Lord Baden-Powell of Gilwell, and also:  |               |
| <b>24711 World Chief Guide.</b>   |               |
| <b>24968 Crystal Rose Bowl</b>  | <b>£23.75</b> |
| Complete with chrome rose-holder, this fine Rowton lead crystal bowl has a slight scalloped rim, and is beautifully engraved with the G.G. Trefoil on each side of the inscription 'The Girl Guides Association'. |               |
| <b>20834 Car Badge</b>  | <b>£3.45</b>  |
| 3in. square, blue with gold trefoil. Waterproof.  |               |



# YOUR LETTERS

## AIDES '75

I am trying to trace as many as possible of the Guiders who were Aides at the World Conference in Brighton in 1975.

Over the years, addresses have changed and I have lost track of some people.

If you were an Aide in 1975, please contact me and let me know where you are. If you know of someone who was an Aide, whether they are actively involved in Guiding or not, please show them this letter. The address for writing is 18 Papermakers, Overton, Hampshire, RG25 3NS.

**JACQUI DIXON**  
Hampshire North

## RED TAPE

In this day and age many families have to move around the country. This is no less true of Guiders, but one is always sure of a Guiding Welcome wherever one has to go. Hopefully, this is still true as far as active Guiding goes, but I would argue that the 'Red Tape Brigade' are putting this maxim to a severe test.

Toton is a small suburb to the west of Nottingham. Until last year we were short of Guiders, the Guide Company held together by one young Guider and two Brownie Packs were bursting at the seams with long waiting lists. Then 250 new homes were built on the outskirts of the village. How on earth were we to accommodate the children from these homes? We need not have worried, the new homes have also provided experienced Guiders.

However, because of

the new rules regarding the issue of warrants, we have been extremely fortunate that two of these Guiders are dedicated to Guiding. Both held current warrants immediately prior to their move.

The first Guider came to help with the Guide Company in February 1988. In June 1988, the retiring District Commissioner applied for her new warrant. The rules changed and in August, the new District Commissioner gave her a pre-warrant appointment card.

She had to wait until February this year for her new warrant. The second Guider, a very experienced Brownie Guider, came to help with our Pack for four months, saw the obvious need and, with full support of the District and Commissioner, opened a new Pack.

Now she has to work a further six months with her new Pack before she can have her warrant, causing obvious difficulty when it comes to Promise ceremonies.

Were the new rules designed with Guiders like these in mind or do they assume that all new Guiders will have no previous experience?

**CHRISTINE CAREY**  
Brownie Guider  
2nd Toton Pack

## FINAL FLING

In the September of 1966 the very first Scout and Guide Folk Festival was held at Gerrards Cross, Bucks. From this small beginning, they continued until March, 1977 when No. 22 was held at the Jubilee Hall, Amersham.

Now, four of the original 'gang', Barbara Morris, Chris Beale, David 'Max' Holt and I have decided to hold a Scout and Guide Folk Festival Reunion and Final Fling.

Could any past performers or anyone wishing to be in the audience, make contact with me for details of our 'Final Fling' planned for Saturday, December 2, 1989.

Please write to me at 56 Orchard Road, Seer Green, Bucks HP9 2XU. Thank you.

**BRIAN J SIMS**  
1st Seer Green Scout  
Group, Bucks.

## THANKS

On behalf of the London Guiders' Singing Group I'd like to thank members of the Movement who have purchased copies of our cassette *The Guides Come Swinging Along*. Their interest and support have been greatly appreciated and has enabled us to send £1,000 to the Olave Centre Fund. Copies of the cassette are still available from CHQ shop or from me.

**OLIVE BISHOP**  
West Sussex

## IN DEMAND

It was lovely to open up August *GUIDING* and see the photograph of my daughter Amanda in the feature on Helen Hampson. Amanda was a Brownie, Guide and Young Leader before going to London last year.

I firmly believe that her Guiding experience helped her settle in to college life — not to mention the fact that her

ability to wire a plug (Emergency Helper badge) meant she was in great demand for putting plugs on kettles for other girls in her hostel!

**JULIE HOPPER**  
Brownie Guider  
Devon

## EVERY ONE IS NEEDED

I read, with interest, a suggestion in September's *GUIDING* that new university, polytechnic, and college students should join SSAGO. I would like to point out that this is not the only way to continue with Guiding.

I have been in the Guiding Movement since I was seven, as a Brownie, Guide, and most recently as a Young Leader with my mother's Brownie Pack.

Last October I left home to go to Aston University, Birmingham, determined to continue Guiding. The only problem was that there is no SSAGO club at Aston.

I visited Birmingham Guide Shop where the staff were very helpful and gave me the telephone number of the local Division Commissioner. Before I knew it, I was working for my warrant while helping with two Brownie Packs!

A year on, I don't regret becoming a Guider. I now only help with one Pack — not through lack of time or enthusiasm — due to an unfortunate clash with my lecture timetable. So, if there are any Freshers out there — if you've got the time, use it, because every Guider counts.

**KARYN MILLER**  
Assistant Brownie Guider  
136th Birmingham Pack 53



## COMMENTS WANTED

I am an 'A' Level Communication Studies student and, as part of my course, I have to carry out a project for nine months.

I have decided to base my project on encouraging six and seven-year-old girls to go to Brownies. As a former member of the Movement, I noticed it wasn't publicised very much, and some of the Brownie Packs were struggling to attract girls.

Eventually, I am hoping to produce a slide presentation to show to local schools.

I would be very interested in Guiders' comments which can be sent to me at 64 Severn Road, Portishead, Bristol BS20 9NQ.

LOUISE O'HARA (MISS)

## NEW BADGE

After being a Brownie, Guide, Ranger and now a Brown Owl, I am all too aware of the continuous problem of raising funds.

I have just received my pack for the Netherurd Appeal, *Make More of Milk*, and am once again faced with finding new ideas.

Asking the girls for suggestions is a great help but, as this problem seems to happen so often throughout their time in the Movement, they often become disenchanted.

My idea is to give the girls more incentive to take part in fund raising and I would like to see the introduction of a new Fundraiser's badge.

For Brownies, simply taking part in a fundraising event along with suggestions for fund raising should be sufficient to complete the badge.

For Guides, the badge could include taking a major part in the organisation of such an event and, for example,

being in charge of a stall at a jumble sale. Perhaps this could also include some method of showing people, in an easy-to-read manner, how much money has been raised through the event.

A Ranger would need to take sole responsibility for a fundraising event from the first idea to making speeches at a final presentation to thank others involved.

I do hope other Guiders agree with my idea and that it could be something we will be seeing in the near future.

HAZEL FLETT

1st Orphir Brownies  
Orkney, Scotland

## LEFT OUT

In September's *GUIDING* we published a letter from Angela Brady with a comment by Rainbow Consultant Betty Stevens. Angela feels that her original point has been misunderstood. She writes:

To me, as a Rainbow and Brownie Guider, the salute and left handshake are essential parts of Guiding and an essential part of a Promise ceremony. I wrote my letter after reading in March's *GUIDING* that a salute was: 'Something also to wait for until she (Rainbow Guide) becomes a Brownie, along with the left handshake.'

I have not had an occasion yet where only one child has made her Promise, we always have two or three so that we can invite parents and friends and have a little celebration.

The fifth element of Guiding is 'commitment to a common standard of behaviour'. I feel the Rainbows are excluded from this element.

I, also, am probably not a good Guider as I am having difficulty in devising a meaningful Promise Ceremony without saluting or using the left handshake.

I am not picking fault with the rules. I am not criticising the Rainbow Consultants or their decisions. I am simply stating that, in my opinion, the Rainbows are being left out of an essential part of Guiding because it is felt they are too young to say 'promise' in their Promise; say their Promise by themselves; salute and use the left handshake. I know the Beaver leaders in my area feel the same way.

Obviously we are all individuals and have different opinions and ideas. We should respect this in each other.

Finally, I would still welcome ideas from other Guiders, because I still feel that the keyword to Guiding is flexibility.

ANGELA BRADY

Brownie and  
Rainbow Guider  
Hull

## WITH PRIDE

Having, over the past few weeks, attended several large-scale Guiding events, I feel I must comment on the way members of the Movement, and especially its leaders, wear their uniforms!

It is appreciated that not everyone can afford to buy the 'proper' jacket and skirt, and that hats are now optional, but surely we can all wear what we do have with forethought and pride.

A great many leaders do have the 'official' uniform, but do not seem to be able to read POR and get their badges in the correct places.

I can vividly remember attending Foxlease trainings as a young Guider, when there was always a session on uniform. We were kindly, but firmly, told if we were not wearing a badge in the prescribed place. Perhaps the time has come to re-introduce a short session at each

training, so that Guiders are made aware of the correct placings?

The *Little Oxford Dictionary's* definition of uniform is 'unvarying; conforming to same rule; uniform dress worn by members of same body.' Whichever of these interpretations a Guider chooses to use, it all comes back to the same thing — discipline. If Guiders don't have it, how can they pass it on to the girls?

The Princess Royal, in her address to the National AGM in London on May 13, emphasised that when she was a Brownie she wore her uniform, as prescribed, 'with pride.' Let us all do the same.

MRS SHEILA A LEACH

Hampshire West

## GROWING

In February I attended a training at Honiley Hall in Warwickshire with the theme of Growing and Caring.

At the end of the weekend the two trainers gave us all a small seedling to take home. I'm not good with plants and, as my little seedling had only one leaf, I really had grave doubts as to its survival.

However, with determination and full of Guiding spirit, I have fed and watered it. It is now a sizeable plant, reminding me of that weekend every time I look at it!

I have at last found out what it is — a Mother of Thousands. How very appropriate.

Perhaps through the pages of *GUIDING* I can thank, on behalf of Warwickshire Guiders, the two trainers known only as Ann from Derbyshire (Brownie Guider) and her Guide Guider friend, who I think came from Nottingham.

GWEN SABIN

Brownie Guider  
1st Ilmington  
Warwickshire



# A BIG HAND FOR OUR HERO

It's comforting to know that, even in this decidedly unchivalrous age, there are still a few honest-to-goodness heroes around. Bristol Channel Marine Pilot David Bainbridge is one of them.

David, aged 46, was overall winner in the Schools and Youth Groups Category of the Kodak Express Find Your Local Hero competition.

Regular readers will remember that we published details of that contest in April's *GUIDING*. The competition, sponsored by Kodak Express, aimed to show that community spirit still existed in the 1980s. Entrants were asked to take a photo of their local hero — or heroine — in action, with a brief explanation of what he or she was doing.

We're always glad to hear that our readers have been inspired by what they've read in *GUIDING*. So we were doubly delighted when Mrs Pam Cottle, Guide Guider with 1st Sharpness (St Andrews) Guides, phoned to say that her Company had submitted the winning entry.

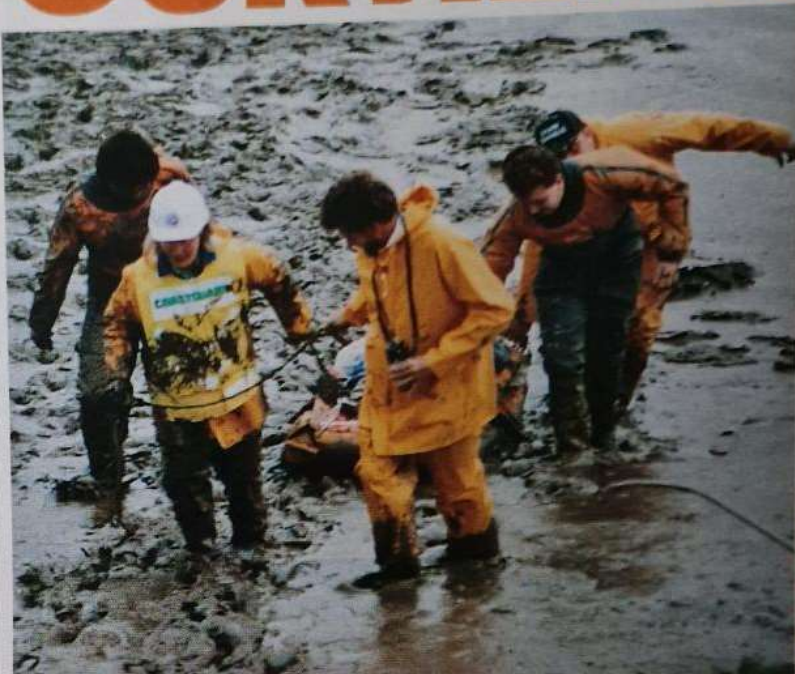
Mrs Cottle explained: 'I thought the opening question in the article — "Who is your local hero?" — was a worthy and interesting question to put to the Patrols of 1st Sharpness Guides.'

It certainly set the Guides thinking about their local heroes — who was brave, who looked after others, who put up with illness or disability without complaining?

'Each Patrol produced very good results... and I was pleased to note that some Guides had nominated their mothers!' said Pam.

Then she mentioned the competition. The response was enthusiastic, but some girls pointed out that they didn't have cameras of their own. 'No problem,' said Pam's ever-obliging husband, who just happens to be the Unit Helper. The Guides could use his camera.

Then it was down to the serious business of taking photos. The Chairman of the local Parish Council was photographed explaining her duties; members of the Severn Auxiliary Rescue Association were snapped maintaining their boats; disabled Guide Amy Grinfelds was pictured at a Guide meeting and so was Pam Cottle herself. She was nominated



The winning photo... Captain David Bainbridge and his fellow coastguards staging a mud rescue

for her Guiding involvement.

Another entry showed the Auxiliary Coastguards staging a mud rescue. The Coastguards actually suggested this activity,' said Mrs Cottle, 'and selected their own member to be nominated — Alison Strickland — a former Guide with our unit and the only female member for many miles. The Guides also decided to nominate the leader of the group, David Bainbridge.'

The Sharpness Coastguard is part of a nationwide network, which is made up of 550 full-time coastguards and 8,000 volunteers, David Bainbridge explained.

The Guides enjoyed the project, but frankly, didn't think they stood much chance of winning anything. What they had gained, according to Pam, was a lot of valuable experience.

'We met people we had not known before and some of the girls interviewed their hero and submitted written reports. Some of them were so good they are being used for their Writer's badges,' Pam explained.

Then came the wonderful news from Kodak: the 1st Sharpness Guides were the overall winners in the schools and youth groups category. Pam broke the news to the incredulous girls and then explained it had

to be kept secret until the prizegiving ceremony in three weeks time.

Kodak invited Pam, her husband and two Guides to attend the very special presentation ceremony at Laycock Abbey in Wiltshire, once the home of Fox Talbot, whose pioneering work formed the basis of modern photography.

Two 11-year-olds, Shelley Woodward and Elizabeth Allen, were selected to represent the Company — their names were drawn from a hat — and they were all accompanied, of course, by their hero, Captain Bainbridge.

At Laycock Abbey they were presented with a cheque for £750.

Have Pam and her girls decided what to do with all that lovely lolly? They certainly have, Pam assured us.

Their plans include trips to Brownsea Island and Foxlease; a set of T-shirts with the name of the unit on them and new equipment for the 30-year-old Guide and Scout hut, which is being refurbished at a cost of £3,600.

Captain Bainbridge also went home a winner — he was presented with a cheque for £500. The award, he told *GUIDING*, was a 'tribute to all the coastguards round the country — they're all unsung heroes really.'



# PEOPLE *and* PLACES

## THAT'S BETTER

► Spotted cooling her feet and sporting an immense smile of relief is Miss Seran Oke, Guider with the 2nd Leighton Buzzard Company, after her first tiring, hot day in Sri Lanka.

Who needs a bucket of cold water?



## OH MASTER

► It's a well-known fact that you shouldn't go swimming after a heavy meal — but what about going for a dip, while carrying one?

These 'slaves' are the Scarlet Pimpernel Patrol of the 3rd Highworth Guides taking part in the British Meat Guide Patrol Cooking Challenge to celebrate British Food and Farming 1989.

## JUMBO JAMBOREE

▼ It was a jumbo sized knees-up for 1,500 Brownies at their 75th anniversary carnival at the Ulster Guiders' Training Centre — and Timba the elephant had a good time too.

The star of Fossett's Circus must have seen Freda's picture on the front of the *Brownie Handbook*.







## TAKING THE WHEEL

▲ Sitting in the driving seat is a member of the 3rd Banstead Brownies, during a recent visit to Banstead Mobility Centre. The girls had just formally presented the Centre with an electric pump bought for £150.

## FACE PAINT

◀ No, this is not a demonstration on how to apply the latest winter make-up. These Guiders from Somerset were taking part in the Bath and West Activity Day.

Debbie Soper is being held down by her ex-Guider Jenny Hill while Kath Stacey, Assistant Guider at 13th Yeovil, paints her face.



# Dear Brown Owl...

PLEASE TELL YOUR BROWNIES THEY CAN GET MY NEW SUPER BROWNIE SLEEPING BAG MADE FOR THE GGA BY POLYWARM AT A VERY SPECIAL PRICE.

Europe's No. 1 sleeping bag manufacturer Polywarm Products has joined forces with the Girl Guides Association to create the Super Brownie sleeping bag.

A great fun idea for pack holidays, family camping and caravanning, taking to a friend's house or using at home—the Super Brownie sleeping bag is a must and an ideal gift for enthusiastic Brownies.

A generous 72" x 27" with an outer cover of polyester cotton and a pure cotton lining for comfort the Super Brownie bag has a 38 oz. hollowfibre filling to keep all Brownies snug and warm. You can also use the Super Brownie sleeping bag as a quilt—just unzip it and open it out!

The Super Brownie bag is available at a special price of £14.95 + £1.25 p&p direct from Polywarm. Just fill in the coupon below and your Super Brownie sleeping bag will be sent to your door.



PLEASE SEND ME ☐ SUPER BROWNIE SLEEPING BAG/S.

(£14.95 + £1.25 P&P = £16.20 per sleeping bag). I enclose cheque/P.O. made payable to **POLYWARM PRODUCTS LTD** for £\_\_\_\_\_ or please debit my Access/Visa/American Express Card No. \_\_\_\_\_

Expiry date: \_\_\_\_\_

Signature: \_\_\_\_\_

PLEASE PRINT CLEARLY IN BLOCK LETTERS:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel No.: \_\_\_\_\_

For the "SUPER BROWNIE OFFER", Polywarm Products Ltd., Cambuslang Road, Farm Cross, Rutherglen, Glasgow G73 1RS. Telephone: 041-667 2392/3.





# A PIONEER

One of the Movement's pioneers, Miss Marguerite de Beaumont has died.

Miss Beaumont of Shalbourne Manor, Marlborough, Wiltshire, was at the Crystal Palace Rally in 1909 as a 'Girl Scout' with the Wolves Patrol.

An author of several books on Guiding, Miss Beaumont held many positions within the Association, including Auxiliary Adviser for England.

Betty Clay, the Founder's sole surviving child, has sent us an appreciation of Miss Beaumont:

They were a lively bunch of young Guiders and Scouters that used to stroll in and out of our home, Pax Hill, in the Twenties and Thirties to bring my father and mother news of what they were doing, and to take back more ideas for better Guiding and Scouting for the youngsters they were leading. Among them was Marguerite de Beaumont, an outstanding leader of both a Guide Company and a Scout Troop.

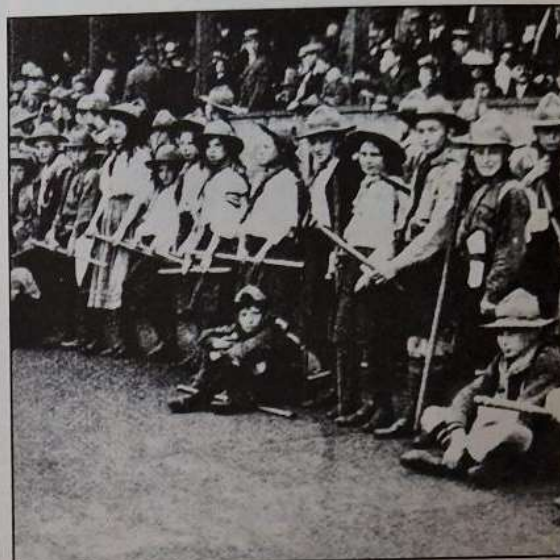
Her early experiences in Scouting are best described in her own words: 'I took all my pocket money and blew the lot on *Scouting for Boys* and a few pamphlets. My sister and I became Girl Scouts and Scouting became our one absorbing interest. We taught ourselves from books, made our uniforms, and no grown-

ups ever helped or encouraged us. We spent our spare time camping in the garden; we made a tent, and cooked our own food; we never missed a chance of seeing Scouts or attending any meetings or rallies to which we could possibly go...'

She and her sister were horrified when it was suggested they should switch from being Girl Scouts to Girl Guides; how could a member of the Wolf Patrol be active as a Violet, or a Lion become a Lily? But, eventually, they were persuaded that they could still follow a similar exciting scheme, and they joined the Lone Guides in October 1912.

Many years later, Marguerite recalled her chats with my father in her book *The Wolf that never Sleeps*, in which she tells of the REAL beginnings of the Guide Movement, for she was one of that bold crowd of Girl Scouts who, to my father's astonishment and dismay, attended the Scout Rally at the Crystal Palace in 1909.

Another one who was there on that historic day was Mrs Sybil Canadine, and she remembers Marguerite well: 'I always found her cheerful and excellent fun, never stiff or difficult, and a great joy to know. I remember her as a Guide Commissioner in South East London, and



also I can see her in my mind's eye at a training at Foxlease in her uniform with that wide hat! She was always such good company.'

Marguerite was 'good company' for hundreds of people, being equally competent as a Scouter and a Guider. We should be thankful for her long life and useful service to both Movements, for she carried forward the essence of my father's ideas and brought the inspiration and true aims of Scouting direct from him.

Tiddles had been chased by the dog up the road three times that week, and frankly she was getting fed up with it. She knew there was no malice in it, but she also knew that if Bonzo caught her, she'd be dead.

'Dogs are like that,' said Tiddles to Fluffy. 'You just can't trust them. You see, they get too excited and then they get carried away.'

Fluffy reflected. 'It's a pity, isn't it? We could be friends if only they could get themselves sorted out. We've a lot in common really and we could have terrific games together if only...'

Tiddles yawned and stretched. 'That's right, but they're a hopeless case. They haven't got any sense. They can't see far enough beyond the ends of their noses to understand that. They're just *stupid*, I'm afraid. No-hopers, and that's the end of it.'

A nod from Fluffy, sad and disappointed at the thought of opportunities for friendship, fun and games lost.

## WE and THEY

Fluffy wasn't surprised though, she'd had enough experience of dogs to know that they were nearly *always* the same.

Now Fluffy yawned and stretched, and rolled over to pat Tiddles on the nose. Tiddles wasn't there, and Fluffy just caught sight of her as she bore down on a frantic, and hapless, grey mouse.

Sometimes it's hard to see our own position, isn't it — when we're standing in the middle of something — and, of course, it's rather more easy to see and criticise other people. It's a shame there isn't always the chance for people to explain why something has appeared the way it has.

I heard a Brownie Guider recently commenting on the behaviour of her Brownies compared to some others she had seen. Hers behaved as you'd expect: lively and interested, but courteous, well-mannered and thoughtful.

The other Pack had been untidy, badly-behaved and had used bad language. In her opinion, they had let down the image of Guiding.

But if we look beneath the surface, was the second Brownie Guider less capable or were her girls even more in need of what Guiding can offer? Should Guiding be for the well-behaved, well-supported girl — or should Guiding be for everyone?



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# a day in the life of

## JUNE WEBB, ANGLIA'S OUTDOORS ACTIVITIES ADVISER

'Now we've got a Teasmade, I start every day with a cuppa in bed. At the moment I don't go out to work. I gave up my part-time job in a hospital path lab to get ready for Anglia '88, our big international camp last year.

This summer has been so lovely I tried to do some of my Guiding work out in the garden at my home in Sproughton, a village near Ipswich. But usually I sit at my word processor in the kitchen.

At the moment I reckon on spending time every morning on Guiding work — I'm also International Adviser for Suffolk — although I try to keep weekends free.

I've been in the Movement since I joined Guides at ten — there wasn't a Brownie Pack in our village. I was a Land Ranger and later a Sea Ranger and have been a Brownie and Guide Guider, as well as a District and Division Commissioner.

It is camping that has kept me in the Movement. I went when I was 11 and was hooked. I went every year until I was left a widow with four children aged between five and 14.

When that happened, it was Guiding people who brought me through it. My late husband had always looked after the older boy when I went to camp, but I had to give up when the younger boy was nine. One of my daughters became a Brownie Guider and the other a Young Leader.

I met my second husband, John, through orienteering — I coach for the British Orienteering Federation. We were married on my 50th birthday.

He's an engineer, so I've made him my "official" aerial runway consultant. He wasn't a Scout but, since meeting

me, he's realised what he's missed.

We both love being out of doors and walking in the hills. He was keen on hang gliding but now wants to learn to fly light aircraft instead — and I'm quite relieved.

We've just got back from a holiday in Australia. I've always wanted to go since I sang *Waltzing Matilda* in the Guides.

It was wonderful, we had ten days in the Outback and I actually climbed Ayres Rock.

One of my biggest problems as OAA is getting Guiders who have specialist qualifications or who are willing — and have the time — to acquire them.

I rely heavily on Scouters, but I feel money and effort should be directed to training Guiders. We also need to find out where the experts are and build up a register.

Sometimes I think that the Association ought to employ more full timers instead of expecting volunteers to handle such demanding posts.'



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