

GUIDING

AUGUST 1993 £1.10

**BREATHTAKING
BRONEIRION**

**TON-UP
TAWNY**

**CRUISING
THE
CANALS**

**COPING
WITH
CANCER**

**TANIA'S
TRAVELS**

**THE
NETHERURD
NINE**

**CRACKING
THE
CYBERZONE
CHALLENGE**



**Guiding
is...
testing the
water**



front PAGE

As you all know, a decision was taken at the annual meeting of The Council, the governing body of the Association, on May 25 to change the wording of the Promise (see *Hotline* special in July's *GUIDING*).

At the same meeting, another important decision was taken — to set up a small working group to re-examine the wording of the Guide Law. This was in response to the opinions sent in by members, and young people in particular, to the need for change.

Many hundreds of letters from young members expressed concern about the present Guide Law, which they felt was 'a bit old-fashioned and too long'. Adult members, too, have said they felt the present Laws were 'out of date'.

COMMENT



Although the wording suggested by the Soundings Group published in last

year's July edition of *GUIDING* was unacceptable to the vast majority of our members as an alternative to the Promise, much of it was relevant to the issues of today.

It voiced concern for the environment and our resources, and the necessity of caring for the needs of others and sharing friendship and understanding with all people.

These points, and many others contained in the thousands of carefully considered, well-written letters we received about the Promise, will be looked at by the Group in the coming months — a daunting but challenging task! We all wish them well.

JANE GARSIDE

The Chief Commissioner

GUIDING

VOLUME 82 NUMBER 8
AUGUST 1993 £1.10

REGULARS

- 2 GUIDING IS**
- 5 ROUND UP**
- 8 GUIDING IN ACTION**
under the Whalebone Arch
- 12 LIVE ISSUES**
coping with cancer
- 15 A MAN'S EYE VIEW**
- 16 NETWORK**
- 22 NOTICES**
- 23 DIARY OF A GUIDE GUIDER**



- 26 EXECUTIVE NEWS**
- 29 A PERSONAL VIEW**
- 31 OPEN DOOR/NEWS**
FOCUS/COMING NEXT
- 49 ONE WORLD**
Tania's travels
- 53 YOUR LETTERS**
- 56 PEOPLE AND PLACES**
- 63 LIFESTYLE**
an officer and a lady

CONTENTS

ARTICLES

- 7 NEW BEGINNINGS**
Surrey West's new activity centre
- 19 A YEAR IN INDONESIA**
Wendy's ticket to ride
- 20 VIRTUALLY REAL**
beating the *Cyberzone* challenge
- 24 VISITING CARD**
global greetings
- 25 OUTDOOR FUN**
a breath of fresh air
- 26 HANDBOOK UPDATE**
- 27 A GOLDEN OPPORTUNITY**
- 30 WORK IN PROGRESS**
building at Wynchess
- 32 UNDERSTANDING RACHEL**
one mother's long fight
- 55 FIELD OF DREAMS**
football fan's big moment
- 58 HOLIDAY AFLOAT**
cruising the canals
- 60 MYSTERY SOLVED**
Guiding's super sleuths

PROGRAMME

- 34 TRY THIS**
energising ideas
- 36 RAINBOW GUIDERS**
travel talk
- 
- 37 THEME EVENING**
all at sea
- 38 COPING WITH**
an open evening
- 40 BROWNIE GUIDERS**
- 41 GUIDE GUIDERS**
- 42 GETTING OUT**
breathtaking Broneirion
- 44 RANGER GUIDERS**
spreading the word
- 45 GAMES IDEAS**
- 46 YOUNG LEADERS**
- 47 TRAINING DIARY**

ARENA

- 10 ACHIEVERS**
motor cycle girl
- 14 WATCH THIS SPACE**
the voice of the Junior Council



FRONT COVER

Tired out? Kelly Spearman from Essex found an unusual place to take a breather during a fun-packed Brownie Day at Chigwell Row. Since our photograph was taken Kelly has moved up to Guides, she's now a member of 3rd Hutton Company.

DISCOUNT CAMPING!



No guarantee is given with Army tenage

Ex-Army re-issued but in excellent GRADE 1 condition with some sections unused.

18ft x 18ft approx £275
20ft x 20ft approx £350
28ft x 20ft approx £425
38ft x 20ft approx £525
(Callers preferred to inspect and collect), or plus 10% carr.

MARQUEE SPARES ALWAYS AVAILABLE

Marquee Ends £125 — Centre Sections £50 — Walls 27ft £50 — Walls 20ft (new) £25 — Upright poles 12ft £19.50 — Ridge poles 9ft £27.50 — Side wall poles 5'6" £3 — Quad weather line £30 — Double weather line £15 — 30" wooden posts £2 each — Groundsheets 18' x 20' £60.

14ft RIDGE TENT

ARMY 160 Pounder
Only £125.00 (Carr £7.50)



* ORIGINAL FLYSHEET for this tent £50.00 (plus £5 carr)
* Also: Heavy duty GROUND SHEET £27.50 (plus £3 carr)

This superb tent is made from ex. Govt. tentage and is guaranteed stormproof. It's so roomy! 14ft long, 14ft wide, 7ft high and 27inch walls. Dutch lacing doorway each end can be rolled up. Supplied with accessories: pegs, poles, mallet and valise

* DINING SHELTERS 10 1/2ft x 18ft £65 18ft x 21ft £95
14ft x 18ft £75 Complete with accessories

SPECIAL OFFER!!!

Relum 6 Berth 'Atlanta' frame tent with kitchen annexe. Size 16 feet by 12 1/2 feet. Brand new, reduced from £450 to £295. Would make an ideal mess tent or company H.Q. Limited quantity available at this heavily discounted price.

FANTASTIC OFFERS!!

WHY PAY MORE!!

RELUM SHOW MODELS

FROM ONLY £100

COMPLETE RANGE OF
RELUM TENTS AVAILABLE
& ON DISPLAY

Relum CANARIA 3	£100
Relum CANARIA 3K	£130
Relum CANARIA 4	£150
Relum CANARIA 4K	£175
Relum CANARIA 5	£165
Relum CANARIA 5K	£195
Relum SUPER 7	£250
Relum SUPER 7K	£295



* A Superior 4-Berth Frame Tent

1/2 PRICE 'PACKAGE DEAL' OFFER!

when purchasing any tent costing £75 and over.

ALL THIS FOR ONLY £145.00 (Normally £290.00)

1 Waterproof ground sheet 14ft x 7ft	£20.00
4 Camp beds	£50.00
4 Polywarm Sleeping bags 40 oz	£70.00
4 White sleeping bag liners	£16.00
4 Feather filled camping pillows	£12.00
1 Camping Gaz 907 bottle (full)	£35.00
1 Primus cartridge lantern 2240	£15.50
1 Double burner stove DF 200	£31.50
4 China plates	£4.00
4 Knife/Fork and Spoon sets, stainless steel	£6.00
4 Drinking beakers	£2.00
4 Coffee cups with saucers	£6.00
4 Plastic Containers for tea, sugar etc	£2.00
4 Dessert dishes	£8.00
2 Shopping bags	£2.00
2 Large cotton stuff bags	£10.00

Total cost at normal price £290.00

OUR PRICE ONLY £145.00

Callers welcome, or add carriage £25. ALL GOODS BRAND NEW

BRIGGS SPECIAL OFFER TOILET TENT

Size 3 1/2 ft square 6ft high.....£27.50

PANCO TOILET (Swedish design).....£22.50

RIDGE TENTS

2 Man, 3 Man, 4 Man, with Built-in Ground Sheet plus Flysheet starting from £29.50. 3 Man Dome Tent from £49.50.

Relum Pearl Giant Ridge Tent	£115	Toilet Tents 3 1/2 ft square	£27.50
Tilley Standard D/Burner & Grill	£29.50	Tilley Talsman D/Burner/Grill	£42.50
907 Camping Gaz bottles	£20	Tilley Pressure Lantern	£29.50
4 x 1/2 yard, ex army, white, new, 6ft long	£2	U.S. Army Shovel	£10.50
General Army Sleeping Bags, Feather and Down filled, water-proof base			£27.50

Relum pearl giant ridge tent £115.00. Size: 13 1/2 ft long, 6 1/2 ft wide
Fly sheet for this tent £49.50

SPECIAL !!! Waterproof all purpose covers, eyeletted with fastening ropes 21ft x 18ft £72.50

Please add 10% carriage on all items where not shown.

100% MORE ITEMS IN STOCK PHONE FOR DETAILS AND SAVE £££

ALL CAMPING GAZ APPLIANCES 25%-40% DISCOUNT

BRIGGS Ltd 88 Forest Road, Walthamstow Tel:
London, E17 6JH 081-520 2705

GUIDING

Official Magazine of The Girl Guides Association
(Incorporated by Royal Charter)
Published on the last Thursday of each month
ISSN 0265-2706

Patrons

HM The Queen,
HM Queen Elizabeth,
The Queen Mother

President

HRH The Princess Margaret,
Countess of Snowdon

World Chief Guide, 1930-1977

Olave, Lady Baden-Powell GBE

Chief Commissioner

Mrs Jane Garside JP

Chairman of Communications

Committee

Mrs Sheila Walker

Editorial Manager and Editor

Nora Warner

Assistant Editor

Diana Wallace

Writers

Nicola Whatmore, Maria Coole

Studio Manager

Anne Moffat

Studio

Gillian Webb, Joanne Harkness

Production Manager

Stuart Bannerman

Deputy Production Manager

Richard Dickerson-Watts

Published by

The Girl Guides Association

17-19 Buckingham Palace Road

London SW1W 0PT

071-834 6242

Fax No 071-828 8317

All editorial communications to:

The Editor, GUIDING, at the

above address

Advertisement Director

Brian Harris

Advertisement Manager

Alan Fuller

Jackson-Rudd and Associates Ltd

2 Luke Street

London EC2A 4NT

071-613 0717

Fax No 071-613 1108

Typesetting by

JJ Typographics Limited

Photographic Repro by

Argent Colour, in association with

Godfrey Lang Ltd

Printed by

Andover Press, St Ives PLC

Distributors

Seymour

Windsor House, 1270 London Road,
Norbury, London SW16 4DH

Subscriptions

(Annual 12 issues) post free, British Isles and BFPO £13.20, Overseas (including postage) £21.12 are to be addressed to: Subscriptions, Financial Services Division, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT. Cheques/POs payable to The Girl Guides Association

GUIDING is sold subject to the following conditions, namely that it shall not, without written consent of the publishers first given, be lent, resold, hired out or otherwise disposed of by way of trade at more than the recommended selling price shown on the cover and that it shall not be lent, resold, hired out or otherwise disposed of in mutilated cover or in any unauthorised cover by way of trade or affixed to or as part of any publication or advertising, literary or pictorial matter whatsoever. The Girl Guides Association takes no responsibility for statements made in any advertisement or from any matter arising whatsoever.

Whereas every reasonable precaution is taken in respect of the suitability of advertisers in GUIDING magazine and their abilities to provide the goods and services they advertise before accepting the respective advertisement, GUIDING magazine and The Girl Guides Association cannot and will not accept responsibility for the failure of advertisers, outside the control of The Girl Guides Association, to fulfil their obligations to their customers as a result of an advertisement appearing in GUIDING magazine. The views expressed in GUIDING magazine are not necessarily endorsed by The Girl Guides Association.

National Meningitis Trust

For more information please

contact Tracey E Wynne

NATIONAL MENINGITIS TRUST

Fern House Bath Road Stroud
Gloucestershire GL5 3TJ

0453 751738

Reg. Charity No. 803016

5
VALLEYS
WALK

SUNDAY

3RD OCTOBER

1 9 9 3

HARD WORKERS

► The 2nd Newbold Verdon Brownies are an industrious Pack. They raised £1,000, enough to sponsor a Guide dog to be called Venture, in just 18 months.

Pictured with their cash are the Leicestershire Brownies, whose fundraising efforts included a perfume party, garage sales and coffee mornings. One girl who had a broken arm, charged people who photographed her plaster cast.

Brown Owl Beverley Ewen said: 'Their enthusiasm is a credit to the Movement.'

TOY SALE

▼ What a lot they've got — the 2nd Lostock Hall (St James) Brownie Pack ran the toy stall at their local parish sale. Their efforts helped to raise £2,000 for a children's hospice near Preston.

Many of the toys were made by the girls and the stall proved to be a major attraction at the event held for the Derian House Children's Hospice Appeal.



MAX EWEN



LANCASHIRE EVENING POST

Round UP

CAN-CAN GIRLS

▼Not only did these Northamptonshire Guides collect thousands of cans for recycling, they also designed eye-catching litter bins to help clean up their area.

The 32nd Corby (Danesholmes) teamed up with their local Sainsbury store in the recycling project. The girls also surveyed fields near to their meeting hall for their Conservation badge.



ROYAL VISIT

▼Queen Elizabeth, the Queen Mother, stopped to chat to St Albans' 9th and 29th Brownie Packs while on a visit to St Albans Cathedral.

Known locally as the Abbey Brownies — they meet there — the girls greeted the Queen Mother, after she had attended a re-hallowing service for the Cathedral's shrine. She told Brown Owl, Gill Constable, that she was pleased to see so

many smart looking Brownies. County PRA Jenny Harris said: 'They were awestruck by the occasion but behaved beautifully.'



SHOWTIME STARS

▲Northamptonshire Brownies Amanda Layram (left) and Keely MacGuinness take time out to think during a busy week, which included Thinking Day celebrations and their successful Gang Show.

As a reward for all their hard work, Brown Owl Mary Haynes took members of 1st and 2nd Irchester to their local cinema.

EGGS FOR ALL

►Coplow District, Leicestershire, was determined to do something different, so they swapped their traditional carol singing for an egg service.

The Rainbows, Brownies and Guides collected chocolate eggs for two children's charities. And the collection raised £60 for St Tiggywinkle's animal hospital.

District Commissioner Maggie Silver said: 'The idea was "born" at a County Weekend at Waddow. We wanted to do something different and I think we succeeded.'



CHARTWOOD PHOTOGRAPH



Brownie Christine Mason and Rainbow Jessica Peacon certainly look as if they're having a good time.

DOGGY VISITOR

▲Guide dog Heather and her owner, Kathleen McFarlane, called on the 11th Lough-

borough Brownies to accept a £25 cheque on behalf of Guide Dogs for the Blind.

Over the past year, the Leicestershire Brownies saved their pennies in old Smartie tubes to raise money. Pictured with Heather are Jodie Warren and Emma Alexander.



MICHAEL MELIA

It was the biggest event in Surrey West's calendar, a family fun day out to celebrate the opening of Weyside, the County's new, fully-equipped, holiday and training centre.

Hundreds of members, with families and friends, gathered at Herons Wey, near Farnham, their idyllic 50-acre camp site, for a summer fête and VIP opening ceremony, attended by ex-Guide, South West Surrey MP and Health Secretary Virginia Bottomley.

Dotted around the camp site were fun-fair stalls such as a human fruit machine and a miniature roller-coaster ride. Each one was run by a Division, District or unit. The stalls were popular throughout the day, raising extra cash towards furnishing the new building and funds for individual units.

Above the music of a traditional fairground organ, County Commissioner Pat Downer explained the thinking behind the fun day out. 'This is really a big thank you for all the hard work put in by everybody, not just those in the Association, but our friends and families,' she said. 'We've been planning this day for nearly six months and, judging from the noise, it sounds like everyone is having a good time.'

The fun-loving crowd had certainly been effective fundraisers. They managed to transform a drawing-board blueprint into a reality in little more than two years.

It took them just one year to raise an impressive £140,000 through campaigns and events, like Buy a brick for Weyside, which persuaded every member in the County to make a contribution. It took a further 12 months to build the centre.

With storm clouds threatening to wipe out the sickly sunshine, the VIP guests, Rear Admiral Sir Peter Anson, the High Sheriff of Surrey and the Minister congratulated the County on its splendid achievement.

It had been decided that, in recognition of their tremendous fundraising efforts, the ribbon-cutting and name-plaque unveiling would be carried out by nine members, plus a Friend of Guiding.

'The Centre will be open all year round and will provide a great focus for Guiding in Surrey West,' said Pat, who took guests on a comprehensive tour of the building after the ceremony.

'It was designed for both our able-bodied and disabled members,' explained Maureen Boddy, the County Public Relations Adviser.

The only problem we've got is supplying electricity to the building. At the moment, a generator is doing the job for us,' she added. 'But, hopefully, we'll soon be given permission to

NEW BEGINNINGS

Rain didn't stop play at the opening of Surrey West's new activity centre.



Hoopla! All the fun of the fair to celebrate the opening of Surrey West's new centre

install underground cables. The centre can sleep up to 24 girls and six leaders, plus it has a fully-fitted kitchen and showers, toilets and a spacious main hall.'

One display that prompted gasps of delight was a collection of original Christmas cards, dating from 1924 to 1940, each one hand-painted by the Founder. One card showed an elephant struggling uphill, with the caption: 'Where there's a will, there's a way.'

'It's been adopted as this building's motto,' said former Farnham Division Commissioner Orea King, who donated the cards at the last minute. She explained: 'I'd put them away in a safe place, but I'd forgotten where. It was only ten days ago, and quite by accident, that I discovered them hidden away in a bottom drawer.'



As the day drew to a successful close, Assistant County Commissioner Pamela Williamson said: 'We're very proud of our building. We've been promising ourselves an Activity Centre since 1977, when we acquired our camp site.'

'It really does show that where there's a will, there's definitely a way.'

MARIA COOLE

Smiles despite the rain: Virginia Bottomley and VIP guests congratulate the County on its fundraising success

When five Guides made their Promise under the Whalebone Arch at Netherurd, it was also a milestone in the training centre's history. For the girls were members of Netherurd's very own Guide Company. It was founded in January 1993, and the quintet were the first in the unit to make the Promise.

The 1st Netherurd Company is unique. It's the only Guide unit 'belonging' to a UK training centre, although local units do meet in and around the other centres.

Some of 1st Netherurd's nine members travel very long distances to meetings but they never allow the journey to put them off.

Only some have been Brownies, but it's clear that their energetic young Guider has fired everyone with enthusiasm. Although only 21, Helen Boddie is an experienced Guider, having helped with units in her home town of Manchester and in Chelmsford where she studied.

The youngsters took their Pre-Promise Challenge very seriously, and all Eight Points were well and truly covered. They took part in a District Thinking Day event and a 'Patrol in Action' weekend held at Netherurd: walked the burn in their wellies; baked and decorated biscuits and dressed up as overseas Guides for Thinking Day.

'They're a very outdoor bunch,' said

Guiding

Helen. No wonder, when Netherurd has so much to offer. Other units might well envy the adventure trail, assault and orienteering courses, nature trail, heritage trail and photograph trail right there in the grounds of 1st Netherurd's meeting place.

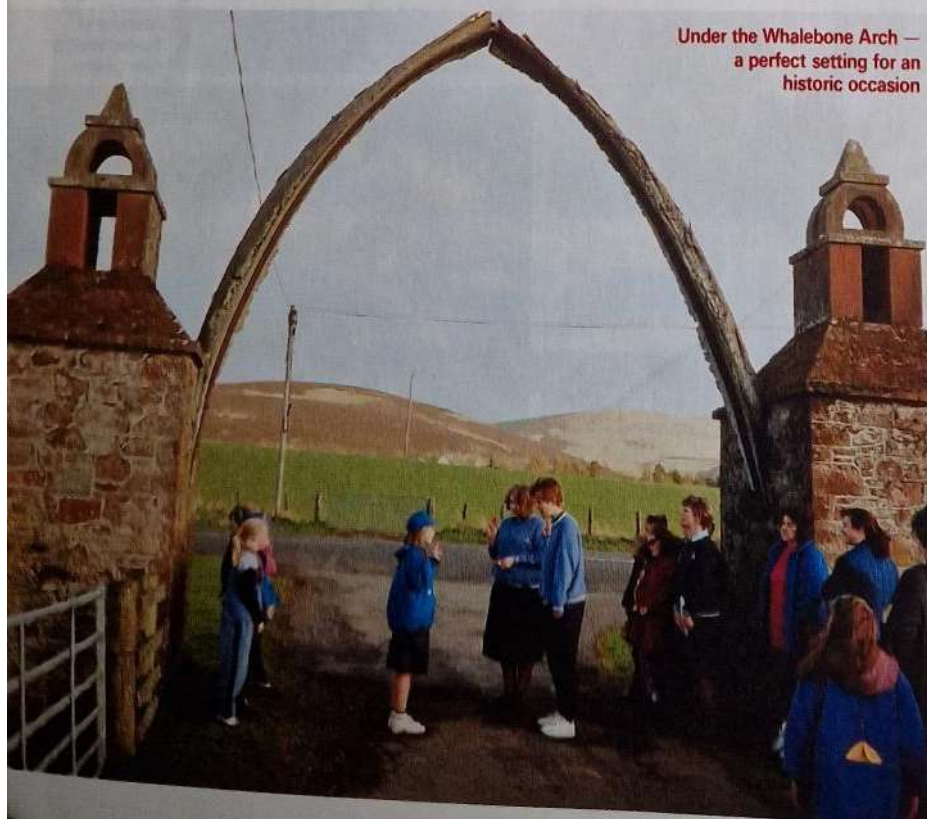
The unit also has unlimited opportunities for cookouts, tracking, stream exploration, wide games and development of camping skills, not to mention every possible type of games equipment available on loan.

Current plans include providing the entertainment at a forthcoming Trefoil Guild weekend.

'I really enjoy Guides,' said one founder member of the unit. 'Brownies was good but this is better. We do really exciting things and Hedgehog lets us make our own decisions.'

Hedgehog (Helen) let the girls decide when they were ready for the Promise Ceremony. The location was clear

Under the Whalebone Arch —
a perfect setting for an
historic occasion



GILLIAN ELLIS

in action

Drinks anyone? Marianne (left) and Naomi offer refreshments



from the start — under Netherurd's famous Whalebone Arch at the entrance to the estate. Where else for Netherurd's very first Guides?

The girls sent out hand-made invitations and iced a special Trefoil-shaped cake for the occasion. Guests included County Commissioner Rita Bean; Division Commissioner Di Jeffries; Netherurd's Guider-in Charge, Evelyn Blackie and other valued friends.

The batting order for the evening ceremony had been democratically decided by ballot. The distinction of being the very first fully-fledged Guide in Netherurd's own unit fell to Angharad Halliday, Patrol Second of the White Heathers. Others to make the Promise were Mary Welsh, Marianne Cooper, Angela Gordon and Naomi Gunn.

Georgie Hammond-Chalmers, Judith Connolly and Lizzie Cameron, with their Pre-Promise Challenge still before them, looked on with interest.

A full turn-out? Not quite. Sadly, Emma Kelly, White Heather Patrol Leader, lay several miles away in hospital, nursing a femur broken in two places when she'd been hit by a car while waiting at a bus stop.

'It's a real shame,' said one of Emma's Patrol. 'She should have been first, then she could have taken us up to make our Promise, like we used to do in Brownies.'

But the girls were soon busy plotting a surprise for Emma, who was facing an eight week hospital stay on traction — a special bedside Promise Ceremony with the whole unit around the bed. Parents were already offering transport.

After the ceremony, guests were glad to shake off the evening chill with hot drinks in front of the blazing log fire in Netherurd's lovely sitting room. When teeth stopped chattering, tongues took over and the atmosphere was relaxed and friendly.

Cameras flashed as Angharad and Mary cut the ceremonial cake. A 'Get Well' card was signed for Emma and the Guides waited on their guests.

Guests and girls alike were clearly having a 'whale' of a time. So it was quite a shock for everyone when Helen called the unit together for *Taps* — the Guides could hardly believe the meeting was over so soon.

But, of course, it was really just the beginning as nine eager youngsters started a new phase in their own and Netherurd's history.

GILLIAN ELLIS

Guider Helen Boddie does the honours



MOTOR

Kingswood Brownies are used to seeing their motor cycle-mad Tawny Owl roar up to meetings on her motor bike. They know that 26-year-old Wendy Davis has been crazy about motor bikes since she wasn't much older than them.

Wendy's so nuts about bikes she's even got one set up in her kitchen which she's repairing. 'I was 17 when I got my first bike,' she explained. 'My older sister, Susan, had a bike right from when I was about 13, so we always had these bikers coming round to our house.'

'I'd get home from school and Mum's kitchen was like a little social centre full of bikers sitting round, so I used to join in.'

'My sister has stopped motor cycling now. She grew out of it, but I didn't.'

Now home is in Redland, Bristol, and Wendy is Brownie Guider with 44th Kingswood Brownie Pack in the Avon North County. 'I was a Brownie, but I didn't go on to Guides or anything,' she said. 'When I was 18, I decided it was about time I put something back into the community as I had taken out a lot as a youngster.'

So Wendy contacted her former Brown Owl and offered to help out. The District Commissioner contacted Wendy and told her about a new Pack just starting up. Wendy turned up on the first night and has been a part of the unit ever since.

When 44th Kingswood's Brown Owl left five years ago, Wendy and the Unit Helper decided to keep the Pack going between them. The Pack is unusual because they don't have a Brown Owl in overall charge.

'We have got quite a democratic Pack really,' Wendy explained. 'I decided not to have a Brown Owl, just spread all the work between me and there's another lady now who helps us out. So there are three Owls but not a Brown Owl.'

'We spend time before each meeting planning what we're going to do. We have themes for each term and a badge for the term on that theme.'

Mad about motor cycles — Wendy Davis with the Harley Davidson she brought back from America

CYCLE GIRL

we get all the Brownies working on a Pack badge.

'Under this democratic system everything is mostly done together', Wendy said. 'And it's a lot easier because we haven't got one person who is constantly having to plan every week. It is spread out between us.'

The Brownies and their parents, who are used to seeing Wendy arrive every week on her motor bike, find her hobby 'amusing'.

Wendy, who is now divorced, married a fellow biker when she was 21. Together they set off for the trip of a lifetime across America. 'We planned it all out beforehand and spent five months in the States,' she recalled.

'We flew out to California, bought a Harley Davidson over there, and then travelled across the southern bit of North America. We crossed California, went through Nevada and Texas, until we got to the East Coast, and then up into New York.'

'We shipped the bike back, bought an old car for 200 dollars and drove that first up into Canada and Nova Scotia, back down to New York and then came home.'

On their travels, they met some American bikers. 'When we got to a town, we went to the nearest bike shop and met a lot of people that way,' Wendy said. 'We stayed at their houses and still keep in touch with some of them.'

'The only people you have got to be careful with are Hell's Angels, as you don't know what they are going to be like. But we met some in San Francisco who were really helpful.'

'Bikers have this image of being rough, dirty, scruffy-looking people who are fat or obese. Once you meet them though, you realise they're just as nice as anybody else. They just look a bit different.'

These days Wendy is the proud owner of a Triumph TR6 and a BSA B40. She was heartbroken when another bike, a Suzuki GS7450, was stolen last year. 'I'd had it six years,' she explained.

By day she works as an operations administrator in the admissions office



When she's not burning rubber Wendy is a dedicated Tawny Owl

at the University of the West of England, in Bristol. One evening a week she's Tawny Owl but, most weekends, she heads down to a disused airfield near Taunton to practise her new hobby — motor cycle side-car racing.

Wendy drives the side-car, while her friend Marie Caruso lies flat on top and holds on tight. As the passenger it's up to Marie to lean over on corners saving precious seconds as they career round the track.

It was back in 1987 when Wendy first got the side-car racing bug while watching a race on the Isle of Man with her husband. 'After we had seen it, we said: "Right, we're going to do that",' she recalled. 'He was going to drive and I was going to be the passenger. And, all these years, I have thought I would really like to do it.'

However, while watching side-car racing with friends, Wendy spotted something that changed her mind. 'I noticed that it is always men who drive,' she said. 'You see some women taking part, but usually as passengers.'

'And I thought, "Well, really, why don't more women drive side-cars?" Once I had put that question to myself, I felt, perhaps, I ought to have a go and be in control of what I am doing.'

Wendy talked to friends about her burning desire and they were very encouraging. She teamed up with Marie and they found a second-hand

side-car in the small ads in *Motor Cycle News*.

'We were quite lucky because it cost £2,100 and, usually, for the really good ones, it can cost up to £8,000,' Wendy said. 'So ours isn't necessarily top of the range, but it should be a good starting point.'

Wendy admits that side-car racing is dangerous, but no more so than riding a motor bike. 'It is a bit risky,' she said. 'Our side-car should get up to speeds of about 140mph. We're not really worried about the dangers, because we are all going in the same direction.'

'It's not quite the same as a motor bike, because, if you are on the roads on a motor bike, you have got to be careful and cautious. On a race track you can be as fast as you like and there are no idiots pulling out in front of you.'

Wendy and Marie have already had their first one day event where they came seventh and ninth in a field of 15. 'It is a case of so far, so good,' she said. 'It was our first race and we kept up with the novices who have been doing it for ages.'

The feeling you get when you climb inside a side-car is just incredible, Wendy said. 'It is brilliant. It's just constant adrenalin. You are concentrating on it so much and it's so exciting and exhilarating.'

'After that first practice, I was quite confident that, if we were wanting to race the next day, we'd be all right. We'd finish — we might not get anywhere — but we would do all right.'

Wendy's motor cycling exploits have led to her being asked to pose with a Harley Davidson for a motor cycling magazine.

When not burning rubber, she plays hockey for a ladies team.

In December 1991, she received her Duke of Edinburgh's Award from Prince Philip. She's currently taking a break from her work as a youth club leader helping other D of E candidates. There's just too much going on in her high-speed life.

But Wendy's Brownies know she'll always find time for them.

NICOLA WHATMORE

At any age cancer is a devastating experience, but for adolescents it is particularly traumatic.

GUIDING looks at teenage cancer and its unique problems.

TEENAG

Currently, 2,200 teenagers are living with cancer. That number is, of course, small compared with adult cases: about one adult in four contracts cancer, while among under-18s only one in 800 gets it.

Even so, for teenagers, cancer remains the second most common cause of death — after accidents — and claims some 250 lives a year.

As a Guider you may already have supported a girl in your unit coping with cancer. Or you may, one day, have to do so. So it's important to know the medical background and understand the patient's special needs.

Although young people can develop any form of cancer, they are more susceptible to the following types:

● **Lymphoma** — Cancer of the lymphatic system which is the body's natural defence system against infection. There are two main types: Hodgkin's disease and non-Hodgkin's lymphoma.

● **Leukaemia** — Cancer of white blood cells. These cells, produced by the bone marrow, are essential for fighting infection. There are four main types of leukaemia. The one most likely to affect young people is acute lymphoblastic leukaemia.

● **CNS tumours** — Tumours develop in the brain, spinal cord and parts of the central nervous system (CNS).

● **Bone cancer** — Primary bone cancers, ones that originate in the bone, are quite rare — but the two commonest kinds tend to affect young people rather than older age groups. These are osteosarcoma, often occurring in the arms or legs; and Ewing's sarcoma, which occurs most usually in the pelvis and femur.

Treatment for these cancers almost always includes chemotherapy and/or radiotherapy. But both chemotherapy and radiotherapy destroy cancer cells and are proving more and more successful. Both can have unpleasant side effects, though these normally disappear when treatment is over.

Radiotherapy often causes nausea, tiredness and sore skin. Reactions to chemotherapy may include hair loss, mouth ulcers, diarrhoea and vomiting.

Michelle (15), who had a bone cancer in her leg, remembers chemotherapy: *I was quite sick when I was on*

both of the drugs and lost 3½ stone... I was very ill and got terrible mouth infections... My mouth was full of ulcers and so was my tongue... I was very weak and could hardly walk or move... And then all her hair fell out.

Chemotherapy and radiotherapy are by far the most common treatments, but, sometimes, surgery may also be necessary — to remove a tumour, strengthen or replace a damaged bone or, in extreme cases, to amputate.

Although the various treatments and their possible side effects can be grim, the good news is that, when it comes to young people, these treatments are gradually winning the fight against cancer.

Significant progress has been made in recent years and today, 60 per cent of teenagers who get cancer will survive. For some specific cancers the success rate is even higher. For example, nine out of ten young people who get Hodgkin's disease are cured.

DIFFERENT NEEDS

Hand in hand with the increasing effectiveness of treatment there has been a growing awareness that adolescents with cancer are a group apart, with their own needs and concerns. What makes them so very different is their age.

Poised between childhood and the adult world, they are seeking to establish their independence and identity. At the same time they are discovering their sexuality and developing relationships, while learning about taking responsibility and making decisions. Most young people find this growing-up process quite difficult enough in itself. How much more difficult, if they must face a life-threatening illness as well.

Adolescents with cancer experience a confusion of pressures and problems...

● They're frightened — of the diagnosis, death, being in hospital, pain, even the treatment. Often, they don't discuss their fears with anyone: they know their parents are overwhelmed with worry and so don't wish to bother them further. What's more, they want to be treated as adults and feel they should be able to cope with their fears. Yet they still yearn for the security of

A Macmillan nurse counsels a young patient



being comforted as a child.

● They need to be 'normal'. It's a time when conforming to peer group standards is all important. But, now that conformity is denied them, their self-confidence nosedives. They have to miss school, perhaps having a private tutor instead, which makes them even more 'different'.

Appearance also makes them different: hair falls out and weight plummets. When Claire (15) finished treatment she 'was about three stone in weight, no hair, one leg' and returned to school in a wheelchair. Now she has

E CANCER-

A SPECIAL CASE



an artificial leg and enjoys skiing, swimming and horse-riding.

● They want to be independent but, suddenly, independence is wrenched from them. In hospital, they're in the hands of nurses and doctors. At home, they're looked after by their parents. Many young people find this enforced independence on their parents particularly frustrating.

They had just started to break away and do their own thing and now fate pushes them right back into the family set-up. This situation is often made worse when the parents — quite

naturally — are over-protective.

● They are lonely, usually for a variety of reasons. The hospital may be distant from their homes, making it difficult for family and friends to visit.

Often, teenage patients find themselves either in a paediatric ward full of toddlers and toys or in an adult ward where the person in the next bed could be 50 years older than they are. This lack of special adolescent units means that young people have no-one of their own age to talk to and share experiences with.

Even when they are out of hospital, many teenagers still find themselves isolated: there is probably even less contact with other cancer patients, while ordinary friends often do not keep in touch — unsure of what to say and do, they choose to stay away. This is tragic as young people desperately need the support and acceptance of their peers.

Elaine, who had leukaemia from the age of 13 to 18, stresses how important her friends were: *'I had a few close friends at the time and I remember they were very distressed at the prospect of some of the things I had to go through, and they were very good and stuck by me, my keepers so to speak, when I went back to school... I am glad I had them, I owe them a lot.'*

● They're uncertain about the future. Apart from worries about how the illness will affect higher education and career prospects, there are also concerns about getting life assurance, or a mortgage. And there are fears over fertility which may have been affected

HELPING HANDS

Although the NHS has been slow to accept teenagers as a separate group, many 'cancer' organisations do recognise that young people are in a unique situation and are trying to cater for their needs accordingly.

The Malcolm Sargent Cancer Fund for Children exists specifically to help young people under 21 to cope with cancer. It does this in many ways, like giving grants towards the cost of illness, but most directly through its social workers — attached to all UK hospitals treating young people.

Another charity, the Teenage Trust,

is setting up teenage cancer units in hospitals around the country. The first unit, at the Middlesex Hospital, provides a relaxed environment where young people can be as 'normal' as possible — chat, listen to music, watch videos, play cards, cook their own food... and generally support each other.

Doctors say that when adolescents are treated in this type of specialist unit, their recovery rate can increase by up to 15 per cent.

This spring, the Cancer Relief Macmillan Fund launched a free telephone helpline offering information and support to young people with cancer and to their families and friends.

The MAC helpline staff answer questions, talk over problems or, when appropriate, just listen. They are also able to refer teenagers to other groups that help young people with cancer.

BACUP — British Association of Cancer United Patients — also operates a cancer helpline, though not specifically for young people. BACUP provides information on all aspects of cancer, offers emotional support and publishes over 30 booklets including *Children with Cancer*, a directory of organisations throughout the UK which help young people with cancer.

These are just a few examples of the help available to young people who are facing the trauma of cancer. For further details contact the addresses below. When writing to any of these charities, please enclose a sae.

Malcolm Sargent Cancer Fund for Children, 14 Abingdon Road, London W8 6AF. Tel: 071-937 4548

Teenage Trust, Kirkman House, Kirkman Place, 54a Tottenham Court Road, London W1P 9RF. Tel: 071-436 2877

Cancer Relief Macmillan Fund, 15/19 Britten Street, London SW3 3TZ. MAC helpline: 0800 591028.

BACUP, 3 Bath Place, Rivington Street, London EC2A 3JR. Helpline: 0800 181199.

The first-hand experiences of Michelle, Elaine and Claire come from *Cancer is only a word my friend* — teenagers talking about cancer. It is published by Victoria Publications.

NEW IMAGE NEEDED

Ask around, what is the image of Guiding that a lot of people have? The majority of people seem to think that if you're a Guide you will be 'extremely boring' and a bit of a 'plain Jane' (apologies to all Janes out there!).

Most of you will have, at one time or another, had to put up with silly comments like 'Dyb, Dyb, Dyb' ... 'Ging Gang Goolie' ... or even 'Where's your whistle?'

These inaccurate images of Guiding must be eradicated and a new image established. But, although we do need to go forward, we must not forget the ideals of our Founder: thoughtfulness, responsibility and, especially, a high

moral standard, which is lacking in today's society!

The first step towards achieving this new image has been taken by us, the members. We have to spread the word of Guiding and not be ashamed to tell others that we are members of a prestigious, world-wide Movement.

Long gone are the days when girls sat around knitting or making jam. The modern Guide sets herself greater challenges such as rock climbing, mountaineering, abseiling, debating, international camps and so on.

But we must not forget the less-adventurous activities, which bring out many talents that may otherwise remain undiscovered.

Although the general public has the wrong impression of Guiding, most employers realise the dedication and

commitment which is developed through being a member. Trying to recruit young people to become involved in Guiding who haven't been in the Movement before is no easy task. Therefore, we need a nation-wide media campaign to project a positive image and extinguish those false views of Guiding once and for all!


Overcoming the 'myths' of yesterday's Guiding cannot be done overnight and it cannot be achieved by just one or two people. It calls for teamwork, which is, after all, what Guiding is all about. By working together, we can prove that Guiding has moved with the times and is ready for the year 2000!

TESSA FISHER

West Mercia Representative

REBECCA KELLY

Midland Region Junior Council



**THE TALES OF
ROBIN HOOD
NOTTINGHAM**

Enjoy a great value visit to the World's Greatest Medieval Adventure. From 1st October 1993 through to 25th March 1994* The Tales of Robin Hood are delighted to offer "two for the price of one" admission for uniformed groups. Usual prices of £3.95 for adults and £2.95 for children admit two instead of one when you arrange a visit with your scout/guide group during this period.

For bookings or further details please telephone Nottingham (0602) 483284.

* (Excluding half term holidays)
Not valid with any other discount.

(0602) 483284

**DON'T
FORGET**

**TO
VISIT
THE**

SCOTTISH



SHOPS

We supply all goods from the Trading Service Catalogues, Scottish publications and a wide variety of souvenirs

**16 COATES CRESCENT
EDINBURGH**

**140 UNION STREET
ABERDEEN**

**6 PANMURE STREET
DUNDEE**

**15 ELMBANK STREET
GLASGOW**

We also run a mail order service from the Edinburgh shop



Tea on the lawn, brass band playing, families laughing, the inevitable white elephant stall — the essence of summer fêtes everywhere. Such was the idyllic vision conjured up that I didn't hesitate to volunteer my services for the Brownies' latest fundraising event.

Had I stopped for just one moment to consider that it was being run by Tawny's 23rds I might have avoided a streaming cold and a black eye!

I reckoned I'd drawn the soft option being asked to man the bookstall. Viewing my stock I decided that the Agatha Christie paperbacks were sure to go and so would the Mills and Boon. I was less sure about the *Stanley Gibbons Stamp Catalogue for 1958*, Tolstoy's *War and Peace* in Swedish and *A Brief History of the Corset*.

Then, recalling there were some eccentric people in our village, I reserved judgement.

'I declare this fête open,' said our local celebrity. Now no one had told me that the bookstall is rather like an open jam jar to a party of picnicing wasps. In ten seconds my beautifully laidout table was transformed into an unsightly heap, as genteel, elderly ladies engaged in open warfare over the Miss Marples.

Brownies squeezed through people's legs for the pick of the annuals and a big chap with ape-like arms reached

over from the back of the mob to claim *Begonias for Beginners*.

I was just wondering when the cucumber sandwiches might arrive, when the corner of a weighty hardback caught me full in the eye, as it was thrust forward from the scrum.

Henry Cooper may have packed a mean punch, but I assure you Jilly Cooper's latest offering had me reeling too, leaving me struggling to give the right change hampered by my eye watering furiously.

Five minutes later, it was all over, leaving behind a motley assortment of unwanted volumes and a bowl of cash. I had done my duty and surely the black eye was worth the £15 I made.

Enter Tawny: The chap running one of the stalls hasn't turned up, so I said you'd step in.

Being too exhausted to protest, I was led meekly to the Aunt Sally stall and fastened into a set of stocks. I briefly reflected on what mystery illness the absentee must have contrived.

A MAN'S EYE VIEW

The first wet sponge was quite a laugh. So, apparently, was the 200th — at least for the people throwing and watching. Tiny Brownies with sparrow legs and matchstick arms were transformed into major league baseball pitchers. And burly members of the local cricket team hit the 'bull's-eye' with alarming regularity.

Tawny suffered a mysterious attack of generosity lining up for three paying visits and the vicar showed a side of his character I hadn't suspected. Yes, it was a roaring success, while I was soaking wet with an eye that was already beginning to swell. The cold symptoms began two days later.

As I lay forlornly in bed, Tawny brought me a steaming cup of tea as a thank you. 'Oh, and here's something to read — it got left behind in the boot of the car.'

I settled down to read with the still open eye. 'History abounds with early references to the corset... Anyone got the Swedish Tolstoy?

Network

TEXTILE ART

▼ This magnificent textile picture, from Southern India, was painted during the 1980s. Depicting the Hindu god Krishna, symbolised by the



Decorative textile from Andhra Pradesh

peacock, and other deities, it is the type of cloth used to decorate *rathas* — 'chariot' shrines pulled through the streets on feast days.

The peacock is now on display at the British Museum

as part of *Textiles from the East*, a selection of 20th century hangings from temples and shrines in China, and South and South-East Asia.

The exhibition brings together various religious traditions — Buddhism, Daoism, Hinduism, Jainism and Islam — as well as different techniques, some thousands of years old. The peacock, for example, was painted with a palm-wood pen on cotton, using vegetable dyes.

Textiles from the East continues until August 30; open daily; admission free. Recorded information: 071-580 1788.

CHRIS CHRISTODOULOU/BRITISH RED



The Princess of Wales congratulates one of last year's nominees, Shelley Sartain

Festival fun at the National Agricultural Centre

BRITISH MUSEUM



BRITISH MUSEUM

A bag with a message from BUAV



BAG IT

◀ Profits from the sales of this trendy duffle bag will help the campaign to end animal experiments. It's just one of the goods on sale in a new catalogue produced by the British Union for the Abolition of Vivisection (BUAV).

For a free catalogue ring: 071-700 4888 and you could invest in a dog lead bearing the message 'Stop animal tests', or a mug that says 'Rats have rights'.

We have five duffle bags, worth £14.99 each, to give away to the first readers picked after the closing date of August 31. Just send your name and address on a postcard to: GUIDING/BUAV duffle bag offer, BUAV, 16a Crane Grove, London N7 81B. Everyone who replies will get a free BUAV catalogue.

BUAV

SHILL BITTEN BRITAIN CAMPAIGN

Sri Chinmoy Peace Garden — one of the 1993 Shell winners





Trail Project, was announced at a presentation ceremony, when Dr David Bellamy congratulated the volunteers on their achievements.

For more information send for a free copy of Shell's 1993 Guide to a Better Britain to Shell Better Britain Campaign, Freepost, Birmingham B43 5BR.

CRISIS CARE

◀ If you know someone who has been a great help in a crisis situation, why not nominate him or her for a British Red Cross Care in Crisis award?

Agony aunt Claire Rayner is chairing the judging panel and judges include *That's Life* presenter Gavin Campbell.

But don't delay! The 1993 awards opened on May 19 and all nominations must be in by August 11. Collect a nomination form from your local British Red Cross Branch or ring 071-235 3149.

CHILD'S PLAY

▼ See the games children played a century ago at the children's museum Eureka! This new exhibition, which includes Victorian games, folk dancing and juggling, runs from August 9 to 15.

Lots of exciting workshops are also planned for August, covering juggling, cycling,

dance movement and crafts.

Eureka! is in Discovery Road, Halifax, Yorkshire, next to Halifax Station. For more details of workshops, activities and events ring: 0422 330069.

You can book an exhibition in advance for the exclusive use of your group for up to 45 minutes. Just ask for the leaflet 'Bringing a School Party to Eureka!'

GO GLOBAL

▼ Brownies and Guides were some of the most successful fundraising groups for the third world charity Actionaid, during last year's drive to bring in cash.

Now the charity hopes members will support this

year's event — Going Ten for Africa. The idea is that you organise a fundraising event using the number ten as your theme, such as a ten-mile cycle-ride or ten-minute sponsored silence.

Money raised will support Actionaid's work with some of the poorest children, families and communities in Africa. For a fundraising kit and information about events planned in your area, ring the helpline on 0800 101093.

NICE WORK

Older volunteers who dedicate their time and energy to working with young people could be in line for a well-deserved reward.

To mark the European Year

FANTASTIC DAY

◀ Join in the fun in Warwickshire on August Bank Holiday Monday as crowds gather for the Town & Country Festival at the National Agricultural Centre. Exciting attractions include a circus workshop, sheep shearing, steam engines, rural crafts, live bands and much more!

Entry is £5 for adults, £2.50 for children and £12 for a Family Saver ticket. But, if you buy your ticket before August 13, you get a 20 per cent discount.

For details contact: Town and Country Festival, Visitor Services Office, RASE, National Agricultural Centre, Stoneleigh Park, Warwickshire CV8 2LZ.

Or ring: 0203 696969 for ticket enquiries, including purchase by credit card (Quote ref no: GGA1). But, remember, refunds are not available.

BETTER BRITAIN

◀ A record £230,000 will be awarded to over 600 groups in the UK by the 1993 Shell Better Britain Campaign.

So, if you have a project in mind — or underway — to make life better that needs a little help, think Shell.

Any community-based voluntary group can apply to the Project Grants Fund at any time up to the end of November. Grants of up to £750 are awarded to help with the cost of a specific item.

Each year ten special projects are selected for additional awards. This year's UK winner, the St Fergus Kirk Heritage

F.D. BARBER



Discovering 'Me and My Body'

of Older People and Solidarity between the Generations, the Whitbread Older Volunteer Youth Worker Award has been created. The winner will receive £500 for the organisation or cause supported and a further £500 to spend as he or she wishes. Plus, the winner's name goes forward for nomination as the overall Whitbread Volunteer of the Year.

The new award was launched at the House of Lords, with the help of 59-year-old Scout District Commissioner, Ron Fox, who, after 23 years service to the Scouts, was put forward as a typical candidate.

If you know a Guider over 55 who qualifies, nomination forms are available from the National Youth Agency, 17-23 Albion Street, Leicester LE1 6GD. Tel: 0533 471200.

Go for ten in aid of Africa



THE SPACE FOR COMFORT...

Bradford mess tents provide a new dimension to outdoor activity and the flexibility of construction is proving to be a very popular aspect of their design.

The tent is designed to be extended as required which means the front and back sections combine to make a 14' 6" x 14' 6" model, and a series of 5' centre sections can be simply added to create a mess tent to fit your group and pocket.



PRICES FROM **£449**

As well as extendable, all mess tents come complete with ground rails and can be erected on grass or hard standing. Each tent also has 4 windows with roll down covers and Dutch laced doors with storm flaps. In addition an 18" mud wall is standard, producing extra draft protection.



MADE IN U.K.

Dear Sir,
May I take this opportunity to thank you for your fast and efficient delivery service and to say the mess tent is of an excellent quality.

Yours

- ROT AND WATER RESISTANT
- FLAME RETARDANT
- STEEL POLES
- AVAILABLE GREEN OR WHITE
- 12oz CANVAS THROUGHOUT

Telephone the number below or complete the coupon today, for your copy of our colour brochure and price list.
(0274) 728469 OR FAX 392656

Bradford Cover & Tent Co Ltd, FREEPOST BD 2098, 44 Chapel Street, Bradford, West Yorkshire BD1 1BR.

Name

Address

Postcode

Telephone

Please Send Me a Copy of the New Brochure and Price List

G.8.93

SPECIAL REDUCED ADMISSION ON SATURDAYS
11th and 18th SEPTEMBER 1993

LET YOUR PARTY GO WILD FOR A DAY



For a wild group day out, you can't beat Chester Zoo. **It's fun.** Run high - on the new Zoo-fari Overhead Railway - a great monorail experience! Gigantic Asian elephants, awesome Siberian Tigers and the finest Chimp House in Europe - just some of the animals that will enthral youngsters.

It's educational. You can read the special information sheets and work books on animal conservation. A special 'ZYPOES' (Zoo's Young Peoples Organisations Educational Services) Pack is available. You can adopt your own animal in our special scheme.

It's big. With 110 acres it's the largest zoo in the country. There's a full range of group catering facilities - from packed meals to party menus. If it's wet there's loads to do under cover - eat in the indoor picnic area, stroll round the Tropical House or visit the Brass Rubbing Centre.

It's cheaper. Adults and youngsters in uniform in groups of 15 or more enjoy reduced admission all year round at Chester Zoo (details in our 'ZYPOES' Pack). However, on our special 'Jamboree Days' on Saturdays 11th and 18th September you pay ONLY £2.50 **Adults & Youngsters.**

It's wild. Its Chester Zoo.

For further details on catering, adoptions or education services, write to Marketing Office, FREEPOST, Chester Zoo, Caughall Road, Chester, CH2 1YZ, or telephone our party office on 0244 380280 during office hours.



CHESTER ZOO
CONSERVATION CANNOT WAIT



Open all year round from 10 a.m. ★ Just off the A41 ★ Free parking
Chester Zoo is a registered Charity

A YEAR IN INDONESIA

Lucky Ranger Wendy Bishop has a ticket to ride — all the way to Indonesia.

Wendy Bishop gets a taste for travelling

Having finished her A-levels, Scottish Ranger Guide Wendy Bishop is flying off this month to Indonesia, where she will stay for a whole year.

Wendy, 17, will live with an Indonesian host family on the main island of Java and will teach English to young adults at a local college.

She is one of 25 volunteers going to Indonesia under a scheme promoted by the Project Trust, an educational charity which gives young Britons the chance to work overseas for 12 months between leaving school and starting university.

The selection course, held on the Isle of Coll last December, involved a wide variety of 'hairy' challenges and even included coping with Kurdish!

It was so tough, says Wendy, that it took her a couple of weeks to recover.

And raising the £2,750 she needed to undertake the venture wasn't easy, either, although she had a lot of help from relatives who made donations to Wendy's 'appeal fund'.

Last month Wendy joined her group on a four-day training course to learn the 'essentials'.

Wendy, a former Brownie and Guide, lives at Newton Mearns, near Glasgow, where she is joint chairman of the local Ranger Guide Unit. She gained her Silver Duke of Edinburgh Award, which included an expedition by canoe.

Much of Wendy's teaching in Java will be on an informal basis, with a lot of extra-curricular activities to help students absorb idiomatic, as opposed to text book English, and to give them fluency and confidence.

The republic of Indonesia is an archipelago of more than 13,000 islands stretching 5,000km across tropical seas just south of the equator in South East Asia. The capital, Jakarta, to where Wendy and her group will be flying from Gatwick, is on Java. Some of the volunteers will go on to projects in the other large islands of Sumatra and Sulawesi.

About 350 'local' languages are spoken but the official language is Indonesian — which, luckily for Wendy, is reputedly one of the easiest languages in the world to learn.

Said Wendy: 'I have been "mugging-

up" from travel books, so I am hoping I shall not have too much difficulty.'

Living in Indonesia for an entire year in the closest possible contact with the people will undoubtedly give Wendy a depth of understanding of their way of life and culture that no tourist could hope to achieve.

She will have the opportunity to learn about Indonesian music, dance, theatre and the martial arts for which the Indonesians are famed, despite being a gentle, polite people.

She hopes to be able to travel quite widely, not only through Java, but to some of the larger islands.

It is possible, too, that she may even become involved in Indonesian Guiding! Project Trust volunteers are encouraged to enter into local life as fully as they can by joining in some of the social activities.

About half-way through her stay Wendy hopes to send *GUIDING* a report on her impressions and experiences, illustrated with photographs. It should make fascinating reading.

DAVID JACK



Claire Vitel
(left) and
Claire
Gausden
with Game
Warden Craig
Charles and
the Searle
brothers.

VIRTUAL REA

Queen's Guides Claire Vitel and Claire Gausden entered the brave new world of computerised 'virtual reality' when they starred in a new BBC2 gameshow called *Cyberzone*.

The two Claires were nervous when they took up the *Cyberzone* challenge.

It was a tough fight, but the two girls from Wokingham were more than a match for olympic rowing champions Greg and Johny Searle. Here the girls tell their story.

“As we stood in the television studio and faced our opponents Greg and Johny Searle, we began to wonder why we had accepted this challenge!

It all started with a phone call from our County Commissioner. The BBC was looking for two Rangers to star in

a new computer gameshow called *Cyberzone*.

BBC researcher, Suzanne Duncanson came down to interview us and show us the pilot programme they had made. But, by the time she had left, we were still none the wiser about what the programme actually was about!

All we could gather was that we were in one team — the Professionals — and that we played some sort of game in three rounds against another team — the Celebrities.

Before we knew it, arrangements had been made and we were on our way to Manchester to start filming. We arrived just in time.

With our visitor passes hastily stuck on, we were ushered into our dressing room. Then on to the studio for a quick

peek at the other team, who were just finishing their rehearsal.

It was our turn next and we were terrified! We panicked over a Ribena in the canteen and read our instructions. But all we could work out was that the red and green buttons on the buzz box could be used to zap things.

We were introduced to our opponents, Greg and Johny, and got ready for the rehearsal — and our first go on the virtual reality equipment. While we tried it out, we decided on our game tactics. Then we met presenter Craig Charles and played our one and only practice game.

Gradually, we began to understand the rules. But there was so much to remember in so little time. So, we decided to just stay calm and enjoy

As state of the art

computer technology

brought virtual reality to

television for the first time

two plucky Queen's

Guides took up the

challenge to 'run the

zone'...and won.

ALITY

ourselves. Generally, the rule was: If it is red or green and moves, you zap it.

Some puzzles we encountered were simple, others were more complicated, and required thought rather than a rapid response.

The final game was a head-to-head set in the prison 'Technotz'. The main aim was to find Thesp, solve puzzles and try to escape.

Greg and Johnny, who had beaten us easily in the rehearsal, were confident they could win again.

Computer games like *Cyberzone* have a cult following and fans get dressed up in futuristic gear. On our way up to the canteen for a quick break, we spotted some of our 'fans' hanging around in the foyer.

They included Ranger Guider Debbie

GAME PLAN

Cyberzone is based on computer-generated images which are displayed on a massive video wall.

A computer-operated running machine built in the television studio, translates the contestants' actions into movement on screen. So, when they move in the studio, they appear to be running through street scenes generated by computers.

The virtual worlds called 'zones' are explored by 3D animated men and women known as 'Cyborgs'. The Cyborgs are controlled in the studio by the contestants.

The system's computer bank, which runs the game, contains an artificial

identity called Thesp, whose voice is that of actor James Grout, Inspector Morse's boss in the TV series.

Each week, a pair of sporting superstars take on members of the public to win points, solve puzzles and find Thesp — if they can!

Craig Charles, who presents *Cyberzone* and is known as the Game Warden said: 'The competitors are in a junk world of broken-down leather, re-cycled hardware and dodgy vehicles. And they are battling it out in this clean, computerised environment, governed by the mind of a huge computer bank. It's weird, but great fun.'

Freebury who was dressed in a short skirt and silver platform boots. She was with her husband and son, who were also suitably dressed.

After the break, we headed for make-up and then to wardrobe to choose our costumes. The day was slipping by fast, but now we had to sit patiently and try not to feel nervous, while the others finished recording.

Olympic star Tessa Sanderson and hurdling champion Colin Jackson, who were challenging two fire-fighters, had to keep retaking sections. So we had to wait and our nails were bitten even shorter.

At last they finished and we made our way to the studio. The audience cheering and shouting — the atmosphere was electric.

At half-time the score was 3-0 and we knew we had to work really hard to match the Searle brothers' score. Things really started going well for us when Claire Vitel cracked the code on the safe.

The crowd went bonkers, three extra points were awarded. And maybe, just maybe, we stood a chance of winning.

Greg and Johnny were stunned, barely able to believe we were ahead. The audience calmed down, and with the scores announced at 5-3, it was time to run the final zone.

After the head-to-head, cheers rang out from the audience, and we envisaged a comeback from the Searle brothers. We waited with baited breath for Thesp to reveal the result.

A minute later, we were celebrating! We had won and could choose any prize we wanted. We decided to go for a car — and were handed our prize: a virtual car on a floppy disk! 🐾

Claire Vitel, a 20-year-old Kingston University student, used to be a Young Leader with the 2nd Wokingham Guides. She now helps out with the 2nd Thames Ditton Company.

Claire Gausden (19) is studying geological sciences at Oxford Brookes University. She is an Assistant Brownie Guider and a member of 1st Winnersh Rangers.

Game Warden Craig Charles and computer mega-brain Thesp negotiate the weird world of virtual reality



Notices

TEAM EFFORT

Organisers of the Cambridge University Scout and Guide Club are keen to attract more all-female teams to take part in this year's endurance test.

The test is a 25-mile overnight hike open to four person teams of Venture Scouts, Rangers or Young Leaders.

There are trophies for the winning team and the first all-female team to finish the course.

This year's event will be held somewhere in the Cambridge area over the weekend of October 23-24.

For further details and entry forms contact Grant Mitchell, CUSAGC Service Secretary, 10 Chantry Fold, Disley, Stockport, Cheshire SK12 2DW. Tel: 0663 763107.

THE ASSOCIATION'S AWARDS GOOD SERVICE

LAUREL

Miss Ann Beard — Chairman of Programme and Training Committee, London and South East England.

Mrs Naomi Benson — Assistant Guide Guider, 11th Kenton Company, County Commissioner, Middlesex East.

Miss Isabel Brown — Rainbow Guide Guider, Easington Unit; Assistant Brownie Guide

Guider, 1st Sibford Pack; County Programme and Training Adviser, Oxfordshire.

Mrs Pat Cliff — Chief Commissioner, North East England.

Miss Alison Cockburn — County Ranger Guide Adviser, West Yorkshire North.

Mrs Edith Smith — County Commissioner, Lancashire South.

Miss Pat Tiley — Brownie Guide Guider, 2nd Beckenham Pack; Brownie Guider Trainer; Training Adviser, London and South East England; Member of The Association's Council.

Miss Betty Wallis — County Commissioner, London North East.

MERITORIOUS CONDUCT STAR OF MERIT

Sarah Batchelor — Guide, 3rd Horsham Company, Sussex Central.

Alison Benson — Guide, 1st Grange-over-Sands Company, Cumbria South.

Mrs Marilyn Dias — Brownie Guide Guider, 1st Southwater Pack, District Assistant, Sharpenhurst, Sussex Central.

Laura Frampton — Guide, 228th Birmingham Company, Birmingham.

Mrs Joyce Johnson — Brownie Guide Guider, 1st Thornton Pack, Leicestershire.

Amber Lovatt — Guide, 1st Allhallows Company, Kent West.

Debbie Thompson — Brownie Guide, 423rd Liverpool (Holy Trinity Church) Pack, Merseyside.

Clare White — Young Leader, 4th Larkfield Company, Kent Weald.

SHORT TERM INVESTMENT SERVICE

The monthly interest rate after deduction of management commission:

March, 1993 4.825 per cent

April, 1993 4.766 per cent

May, 1993 4.594 per cent

An additional 0.5 per cent per annum for deposits of £5,000 and above.

TRUST FUND

On May 31, 1993 the value of a share in the Scout and Guide Trust Fund was:

for selling purposes 291.07p

for buying purposes 305.72p

income yield 3.48 per cent

The income yield is based on the previous two dividends paid and the price on the date stated.

CANALS 200

If you enjoyed our light-hearted look at a canal boat holiday on page 58 you might like to know that this year marks the bicentenary of many of our canals.

To celebrate, British Waterways has launched Canals 200 — a nationwide series of events, festivals and entertainments.

For more information ring the Hotline on: 0345 626252. Calls will be charged at local rate.

RUTLAND WALK

The Royal Air Force Rutland Walk 1993 will take place on Sunday, September 26. The walk is an annual charity event organised by the personnel of RAF North Luffenham, which provides the opportunity for service personnel and the public to take part in a non-competitive and relaxed form of exercise.

The three routes, 40km, 27km and 13km long, all pass along the scenic shores of Rutland Water. The walk is recognised by the British Walking Federation (IVV) and all walkers who complete one of the routes receive a medal and a certificate. Prizes are awarded for individuals and teams who get the most sponsorship.

This year money raised by the walk will go to the St John Ambulance Brigade, the Rutland Volunteer Bureau and the RAF Benevolent Fund. There is a camp site available on the Station for the night of September 25 and refreshments will be on sale.

For more information please send a large sae to: The Entries Representative, RAF Rutland Walk, RAF North Luffenham, Oakham, Leicestershire LE15 8RL.

HANDBOOK UPDATE

Work is underway to produce a single handbook for all Guiders. It will explain what Guiding is, and how to put it into practice in each of the sections.

A Working Group has been busy now for nearly two years gathering information and deciding how to present it. The script produced from all this detail by Catherine Dell, who writes regular features in *GUIDING*, has recently

been read by about 300 Guiders.

They have sent in comments and, as a result, changes are now being made.

On behalf of the Working Group, I would like to thank all those who took time to read the script and respond to the questionnaire.

Generally the results are very positive and few changes need to be made, although there will be some additions.

With many changes taking place within the Association, we have had to take care to ensure accuracy. Even now, we await decisions affecting Rangers and Young Leaders, so that we can produce a book which is really up to date.

The handbook will be published late next year, if all goes according to plan. Following publication, Guiders will be offered training opportunities to find out what is in the handbook and how to use it.

It will replace the *Rainbow Starter Pack*, the *Brownie Guider Handbook*, *Notes for New Guide Guiders* and *Notes for Guide Guiders on the Trefails*.

The handbook will also provide information for those working with Rangers and Young Leaders, which presently is unavailable. Also included will be factual information, such as that presently covered by fact sheets.

In addition, it will be cross-referenced with the *Guiding Manual*, which is also currently being up-dated. It will lead you to the sources of games and activities which are so important in week-by-week meetings.

Those who read the script all said they look forward to its publication. We hope it will meet expectations and help you all to bring Guiding to the girls.

CAROL HORNE
Working Group Chairman

Cheers for the end of term! Accounts balanced, programme book neatly tidied, bag packed in the cupboard for a few weeks, and a final page for the diary.

We didn't end the term on a high note, but it brought one of those occasional little rays of light and hope that make the weekly effort worthwhile.

However much we enjoy Guiding, we have to admit that unit meetings every week, never mind the flu, headache, car broken down, thick fog, birthday party that have to be endured can, sometimes, require a great deal of effort from we Guiders.

We had one of those evenings when it seemed as if all the Guides were in training for an interview for rent-a-mob. Fiona and Hannah were being particularly noisy, rude, unbiddable, physically unfriendly, and generally everything that one hopes a Guide is not, and more besides.

Assistant and I did a great deal of supervising that evening: supervising the cleaning of the floor in the toilets after a water fight; supervising the official count of how many sweet papers can be hidden behind the radiator... We should have seen it as an omen when the Union Flag was hoisted upside down, something we

hadn't supervised.

In the end it was Claire, who qualifies for rent-a-mob without any need for training, that came to complain about them. She used all the words that others have used about her antics: not co-operating, spoiling it for everyone else, being unGuidelike and so on.

What seemed to be the final straw for her was that they were being rude about me — her beloved Guider. She said, with such a sweet smile, that she didn't use to like me, but she does now. Help! What on earth have I done right for Claire all of a sudden? How can I market it? And, most important of all, will it last? Being practical, I doubt it, but it was nice for a while.

I went to a training not long ago. That's not particularly unusual. I did mention to my Commissioner that if I didn't go she couldn't renew my warrant and I could retire. However,

she responded with some unprintable comment, which did not encourage my hopes of an early retirement. Young Leader often mentions things like 'When I go to university', so that particular 'new Guider' may not materialise as soon as I'd hoped.

Anyway, I attended the training and was interested when two separate conversations included mention of this 'Diary' and the fact that it was a relief to read that other Companies are not unlike theirs. Someone asked, 'Is it real?' My reply was that it had to be no-one could invent that sort of thing.

Take my word for it — it's all real, sometimes too much so. But long may it remain so. After all, what matters most, is that because of, or in spite of, everything, Guiding's fun!

● This is the last in the present series of *Diary of a Guide Guider*.

D·I·A·R·Y

OF A

GUIDE GUIDER

ANTHEA WHITWORTH



VISITING CARD



*A greetings card treasured by BGIFC
Commissioner Helen Barker began its journey
by post shortly before Christmas, 1991 and reached
her just in time ... for Thinking Day this year.*

In the year-and-a-bit that it took for the card to go from Southampton to Helen, in London, it went around the world to be signed by every member of the 1st BGIFC Lone Young Leader/Ranger Unit.

Gillian Moore, whose various jobs in Guiding include being leader of the Unit's five Guiders, outlines the umpteenthousand-mile itinerary of the wandering, much handled card:

• Sandy — that's former Unit Guider Sandra Arnold, who lives near Southampton — started the card on its journey.

She posted it to Young Leader Heidi Lougheed, in Kraainem, Brussels. It was still 1991 when Heidi signed the card and then sent it to Emma Herbert, a Young Leader at Chain, Brussels.

Emma sent it to Charlotte Klein, a Ranger attending a school in Bonn.

From Charlotte the card went to

Vicky Smith, another Ranger at school in Herzogenaurach, Germany.

Vicky sent it to Luisa Ronda, a Ranger at Alicante, Spain, where Young Leader Philippa Kimber and Ranger Nicole Kohler O'Regan are also based.

When they had all signed Helen's card, it went on its way to Ranger Glenda Collu, in Sardinia.

Glenda drew a funny face on the card before sending it to Ranger Sandra Sennhauser, in Tripoli, Libya.

Sandra gave it to a British visitor, who brought it back to the UK, from where it was mailed to Rangers Fay Hiscock and Claudia Haeger, both in Singapore.

From Singapore the card winged its way to Riyadh, Saudi Arabia, for Rangers and Young Leader Lucy Willmott to sign.

But Lucy, now studying at the Royal College of Music, in London, had

already left for the UK, so there was a long delay before the card caught up.

It was then sent back to the Middle East, to Anne Marie Green, a Young Leader then in Dubai but now at Oxford University. She sent the card to Ranger Hannah Coleman, in Doha, Qatar.

From Qatar the card had to go to Sierra Mumtaz, a Ranger and former Lone Guide, who had been in Tripoli, a mere 2,500 miles as the pigeon-post flies, from Hannah.

Sierra, however, had left Tripoli and moved with her family to California.

By this time Thinking Day '92 was but a distant memory. Thinking Day '93 wasn't all that far off — and Helen's card still had a long way to go. Back in England we Guiders of the 1st BGIFC Unit were beginning to wonder if we might not have to revise the time-scale and settle for Thinking Day '94!

But, eventually, the card caught up with Sierra, who signed it and promptly forwarded it to Jennifer Haddad, who had been a Young Leader in Kuwait and was now in Connecticut.

That left only one more girl's signature to get — that of Zoe Lorenzen, a Ranger and Young Leader, who had been based in Jakarta, Indonesia.

Zoe had by now returned to the UK and was in college at Canterbury, near to where I live.

So Jennifer posted the card direct to me. I, of course, signed it and then took it to Zoe at her lodgings.

With a few weeks still in hand, the card was almost fully 'signed-up'. All that remained was for the other Unit Guiders to apply their monickers.

In quick succession it went to Deborah Meadows, of Surrey West; Janet Templeman, of Sussex East; Caroline Sunley, of West Yorkshire South and Margaret Weeks, of Gloucestershire, our new Guider who has replaced Sandy.

At last the card, well thumbled but still surprisingly clean, was on its way to Helen, arriving in time to 'make', we hoped, her 1993 Thinking Day.

GILLIAN MOORE

PS The card's arrival certainly did 'make' the BGIFC Commissioner's day. Said Helen: 'I could not have had a more lovely surprise and I treasure it because of all the effort involved. It demonstrated once again how Guiding forges lasting links that can span the world.'

The 1st BGIFC Lones Unit was started by Helen Barker's predecessor, Anne Dunford, in 1987, for the many ex-patrate girls who wish to maintain their links with Guiding. Most of the girls are with parents working abroad.

*There's a breath of fresh
air blowing through
Guiding encouraged on
its way by those who
attended an Outdoor
Conference.*



Having a splashing time

OUTDOOR FUN

The Conference, held at the Hayes Centre, Swanwick, Derbyshire, set out to 'positively saturate everyone with the opportunity to have fun with — and even in — the outdoors', according to one of the organisers Linda Chartrand from Anglia Region.

And the message will keep on rolling. For all those who attended the April weekend are to act as 'torch bearers' taking the initiative back to the Countries and Regions.

It is hoped that each Country/Region will hold its own event so that the Conference's approach to outdoor activities will gradually spread down to grassroots level.

The Conference came about because the Outdoor Activity team wanted to do something a bit different that would 'ginger up' the outdoors,' explained Linda, who is a Trainer and Division Commissioner in Oxfordshire.

'Non-outdoor people like me were recruited and invitations were targeted at Pack Holiday Advisers, Trainers, Commissioners and, of course, Outdoor Activities Advisers — people who would have a way of sharing what they'd done with other Guiders.'

Everyone attending was provided with a pack which had as a theme activities based on the four elements: earth, air, fire and water.

Friday evening was devoted to wide games organised by Derbyshire County, ignoring the steadily-falling rain.

There was non-stop activity next day. The air section worked partly in a marquee, although, according to Linda, they were 'seen hanging on to kites, balloons, even a parachute — all hand-made — in various parts of the field.'

She added: 'Those of us in earth managed to cover just about all the grounds not already allocated.'

'We had people saving an endangered species from a tree, only to have the next group safely return it to the same tree from which they were encouraged to believe it had fallen. Others sought to complete a trail using obscurely angled photographs of the site.'

Not surprisingly the water section was based at the swimming pool. The innovative experiments going on included making 'a very impressive — and functional — water wheel'.

On the Sunday everyone 'played with fire', developing ideas and considering what experiments could be conducted safely and effectively.

The day ended with Country/Region groups discussing the next step — how to spread the word within their own patch.

Linda explained that due to 'crossed wires' some Guiders had attended expecting 'stuff' to take straight back to the girls.

Organisers didn't claim that all the activities would be new. 'We realised some would be familiar to participants, particularly those who have been there, done that and got the scars and T-shirt to prove it!'

'We believe they will benefit from seeing how an idea can be adapted and so it didn't matter a jot that all the ideas weren't brand, spanking new.'

The planning team hope the packs will be circulated widely and used as a springboard, tailoring the activities to fit in with a Guider's own circumstances and needs.

Organising a hike to discover the 'sunniest, shadiest, dampest, driest' places will challenge an inner-city unit. Other ideas include soil-less gardening, and a way Rainbows can go hot air ballooning safely!

Linda added 'The pack is full of ideas but those who attended the Conference were able to share even more through discussion and experiment. It was a great opportunity to try something for the first time just for fun, without the OAA watching. I can't wait for the next one.'

ACTIVELY INVOLVED

If you are about to start at a university or college of higher education this autumn there is no need to give up active Guiding.

There are student Scout and Guide clubs at many universities and colleges around the country where, in a non-uniformed and informal setting, students can carry on the activities they enjoyed as Rangers, or Young Leaders, and explore many new ones.

Clubs vary in size but are generally characterised by the wide range of activities they offer, from outdoor and adventurous opportunities such as climbing and walking holidays, to more social occasions such as eating events and parties.

Some students take on the responsibility of leadership in a local unit. But others, who find this difficult to fit in with the pressures of work, can choose to be involved in a wide range of service activities within the Movement, from conservation work at local camp sites, to organising large-scale events, such as incident hikes for local groups.

Student Scout and Guide clubs fit in well with student life, often attracting many students not previously involved in the Movement.

All clubs are affiliated to the Student Scout and Guide Organisation, SSAGO, a national organisation with a committee elected annually that maintains links between clubs and the Scout and Guide Associations, and provides a



forum to discuss issues affecting them.

An important part of maintaining such links is the weekend rally, hosted by a different club each term, at which clubs meet to take part in various activities.

Where no Scout and Guide club exists at a university or college, students can take out individual membership of SSAGO, which will invite them to the rallies and put them in touch with other individual members or nearby clubs, as well as giving assistance in starting up a club, if wanted.

SSAGO has also recently started to run Individuals Weekends, where indi-

vidual members can meet, take part in various activities, and share experiences of starting up clubs. One such weekend is being planned for late September, which is open to all prospective students who want to meet with people already in Scout and Guide clubs, and try out Scouting and Guiding SSAGO-style.

Anyone interested in coming on this weekend should contact the Chairman, Rachel Haigh, at: Flat 1, 39 St Peters Road, Harborne, Birmingham B17 0AU, tel: 021 427 5861 quickly.

Clubs already exist at: Aberystwyth, Bangor, Bath, Birmingham, Bristol, Cambridge, Coventry, Dundee, Durham, Exeter, Glamorgan, Glasgow, Hull, Kent, Lampeter, Lancaster, Leeds, Leicester, Loughborough, Newcastle, Nottingham, Oxford and Portsmouth Universities, Bishop Grosseteste College, Imperial College, and St Martin's College Lancaster. Others are in the process of being established.

Clubs can usually be found at the university or college's Societies' Fair at the beginning of the academic year. Further details about clubs, individual membership, or the weekend in September can be obtained from the SSAGO Secretary, Emma Donaldson, at 16 Taswell Road, Southsea, Hants PO5 2RG. Tel: 0705 877240.

EXECUTIVE NEWS

The success of the initial projects in the Reach Out initiative has led to the Executive Committee agreeing in principle at its April meeting to six more Project Officers being appointed. This means that all Countries/Regions will be taking part in the scheme. A full-time member of staff is to be appointed to co-ordinate the work of all nine officers.

Various changes to the Junior Council's terms of reference were approved, including a new aim, a reduction from four to three in the number of members

per Country/Region and the introduction of casual vacancies. The changes bring Junior Council membership into line with The Council.

It was announced that LINK members and Advisers, Guide/Scout Commissioners, County Trefoil Guild chairmen and members of the Scout and Guide Fellowship will be very welcome to attend the next LINK International Conference to be held at Bournemouth from October 22 to 24.

A valuable carpet which had been given to the Association by Scotland has been returned. The carpet, which was used in the old Council Chamber, had been stored in the CHQ basement since the refurbishment.

Approval was given to some alterations to the CHQ frontage. The changes to the windows on either side of the entrance

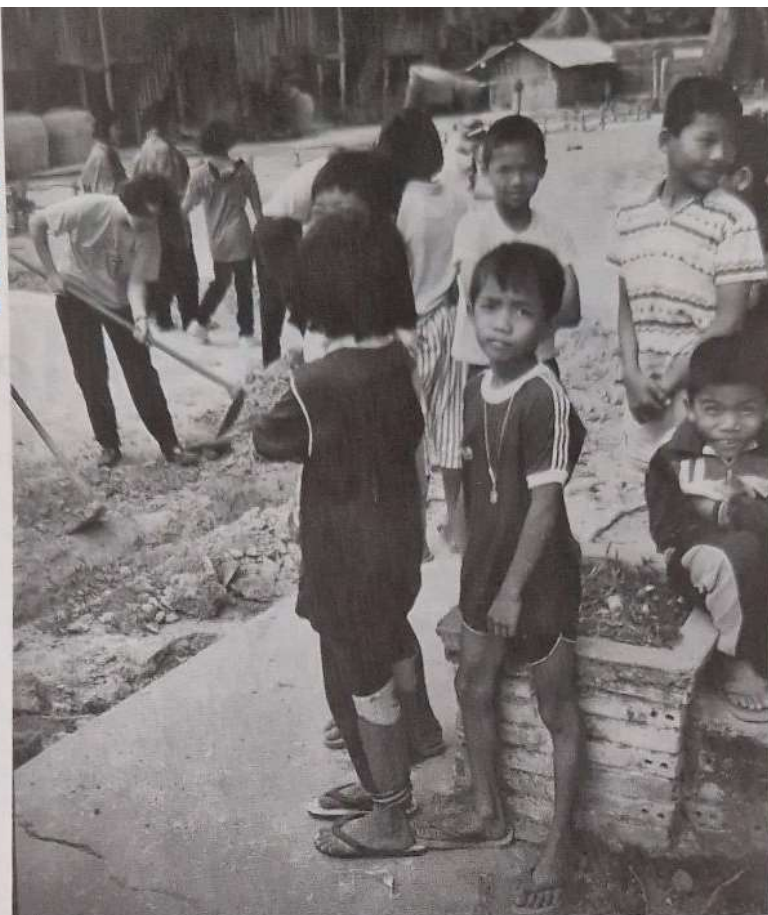
will make the existence of the shop more obvious and improve CHQ's image.

Members learned that a project from the Anglia Region is to be put forward as the Association's entry in the 1992 Olave Award. The project, which has been running for 25 years, involves a Brownie Pack working throughout the year to fund a Christmas party for the elderly. The original Guider is now one of the Pack's guests.

The following appointments were announced: Deputy Chief Commissioner (Scotland), Miss Margaret Brough; Chairman Blackland Farm Committee, Mrs Valerie Pyne; Brownie Guide Adviser, Miss Susan Jones; Community Involvement and Development Adviser, Miss Nicky Parker.

Miss Ruth Jones took on the new appointment of Assistant Adviser on Eastern Europe.

Thailand 1992:
GOLD
participants
joined local
Guides and
villagers to build
a water pipeline
for their school



GOLDEN OPPORTUNITY

GOLD — Guiding Overseas Linked with Development — is the Girl Guides Association's international projects network offering exciting challenges to Rangers, Young Leaders and young Guiders.

A golden opportunity could be waiting for you — answer these questions to find out...

- Are you a member of the GGA? YES/NO
- Are you 16 to 30 years of age? YES/NO
- Could you accept a challenge? YES/NO
- Would you like to travel? YES/NO

If you answered 'yes' to all the questions read on...

The GGA projects are all about helping others to help themselves. These projects require a wide range of interests and skills to meet the needs of people in developing areas. They have already taken place in Czechoslovakia, Greece, Jamaica, Thailand and Sri Lanka.

Still interested? Ask yourself if you could:

- Be adaptable and helpful in most situations? YES/NO
- Learn new skills and methods and share with others? YES/NO
- Enjoy 'different' food — highly spiced curries, exotic fruit or very basic fare for example? YES/NO
- Keep fit and well in the most basic accommodation? YES/NO
- Withstand tropical high temperatures and humidity or the cold of a mid-European climate? YES/NO
- Communicate with people who do not speak your language? YES/NO

Did you answer yes to four or more? Then come along to an International Opportunities (INTOPS) weekend to find out more.

OPPORTUNITY KNOCKS

The next International Opportunities weekends will be held on November 12-14, 1993, at Waddow Hall, Clitheroe, Lancashire; and on February 4-6, 1994, at Foxlease, Lyndhurst, Hampshire.

GOLD projects in 1994 will include trips to Kenya during the summer and Thailand over Christmas, two TEFL projects in Eastern Europe and Russia in the summer, and the chance for individuals or pairs to take part in long-term projects of three to six months in Sri Lanka.

For more information about GOLD and INTOPS Weekends please complete the slip below and send to Barbara Mathieson, Guiding Activities Division, The Girl Guides Association, 17-19 Buckingham Palace Road, London SW1W 0PT

I am interested in attending the next INTOPS weekend and finding out about GOLD. Please send me some more information.

Name _____

Address _____



Leaders in Style

For adult Leaders, a fashion uniform that takes the most active life in its stride.



Match a long or short sleeved blue stripe blouse with matching skirt. In cool cotton/polyester for easy wear and care.

For up-to-the-minute elegance, choose a navy jacket and skirt ensemble in polyester/wool. Complete the picture with blue stripe blouse.

For these and many more fashion items, accessories, camping and gift suggestions, see our 1993 catalogue.

When you buy from the Movement, we all benefit.



**GIRL GUIDES
ASSOCIATION**

Trading Service

Girl Guides Association Trading Service,
Atlantic Street, Broadheath, Altrincham,
Cheshire, WA14 5EQ. Tel: 061 941 2237.

These items are also available at any of the Girl Guides Association Shops at: 17/19 Buckingham Palace Road, London, SW1W 0PT; 130 Green Lanes, Palmers Green, London, N13 5UN; 5 Ryder Street, Birmingham, B4 7NE; 164 St George's Way, St John's Precinct, Liverpool 1; 14 Faraday Street, Manchester, M1 1FS, who can supply all your Guiding requirements.

G8

a personal VIEW

The situation surfaced when we discussed menu planning for our Pack Holiday. Our QM had just remarked: 'Thank heavens, none of the Brownies is like the one in our Pack, she can't eat wheat. It's such a nuisance!' Then I added: 'No, the Brownies are all right, but I'm a coeliac and can't eat wheat either.' Her face fell. To her this was obviously a real problem.

Yes, the fact that the Brownie and I are coeliacs, which means we cannot eat anything with wheat in it, does mean that there are a lot of things on our banned list.

But it doesn't mean people like us are impossible to cater for. In case anyone else is worried about coping I'd like to explain a little about the condition and how it affects us.

Firstly, the number of coeliacs is small. In the UK the incidence is approximately 1 in 1,500 people. The Coeliac Society only accepts members who have been officially confirmed as coeliacs by a hospital consultant. They have 28,000 members registered, of which about 13,000 are women. There are only about 5,000 young people under 16 affected. If around half these are girls we're only talking of

about 2,500 sufferers so the chances are you may never meet one.

We can get gluten-free bread, biscuits, spaghetti and flour on prescription from our doctors, so that takes care of the major items. Sausages and hamburgers can be purchased from specialist butchers, who kindly make them for us. The biggest problems for all coeliacs are what people tend to use as thickeners in meals or stock cubes used as the basis for some dishes and items like fish fingers and other convenience foods.

The Coeliac Society publishes annually a booklet called *List of Gluten-free Manufactured Products*, and the policy is, if it's not in the book, we can't eat it.

I'm not going to list the things we can't eat. Most potential difficulties can be overcome by planning ahead. If you've got fish fingers on the menu at camp, your coeliac can have one of her hamburgers, but don't cook them in the breadcrumb fat, will you?

Perhaps you've got peach flan for pudding — she just has the peaches. You've got a pie for first course or pudding — she just has the contents, providing it hasn't been thickened with wheat flour or certain stock cubes.

If you are wondering what happens if a sufferer does eat gluten by mistake, I've only eaten gluten once and, within 30 minutes, I had very severe retching,

which didn't last long, just two or three minutes, and then I was all right again.

But, the following day, I did feel wretched. The day after that found me a little better. Some coeliacs have stomach cramps and/or diarrhoea too.

The 'wretched' feeling is very difficult to describe; as there are no acute symptoms like headache or vomiting, just a dreadful feeling of lethargy and listlessness. It wears off in a day or two, providing you don't eat gluten again.

If you run a tuck shop during Pack Holiday and intend to take the sweets out of their packets or buy the cheaper sweets that youngsters like, ask the coeliac Brownie to bring her own, as sweets are another problem area as are certain types of crisps.

But, please don't worry too much, it just needs a little planning plus help from the Brownie and her mother.

The booklet mentioned is only available to members of the society who have been medically diagnosed, and is not for wheat allergy sufferers, as that is a different condition.

For further information contact the Coeliac Society, PO Box 220, High Wycombe, Bucks HP11 2HY. Please send a sae with any correspondence.

JENNIFER KHAN
Brownie Guider
6th Ruislip Pack
Middlesex



The views expressed in these articles are not necessarily those of The Girl Guides Association nor endorsed by it. The Editor reserves the right to edit any item received for publication.

WORK IN PROGRESS

Thanks to massive fundraising efforts, work on West Yorkshire North's new training/activity centre is now progressing nicely.



An artist's impression of what the finished centre will look like

A long-cherished dream is fast becoming a reality at Burley Woodhead, overlooking Yorkshire's very beautiful Wharfedale.

This is where West Yorkshire North's training/activity centre is taking shape, on the camp site which the County bought in 1988.

The stone-built centre, designed to blend with the locality, will enable the County's Guides to greatly extend their activities.

Brownies will be able to use it for Pack Holidays — a valuable part of their programme and development.

The adventurous will use it as a base for rock climbing, abseiling, canoeing, sailing, orienteering, pony trekking and many other outdoor pursuits.

Older members of the Movement will be able to use it for indoor holidays, training events and social activities.

Wynches, as the centre will be called, after the camp site, will be able to accommodate 32 people. There will be four bedrooms, each with three double bunks, and four with one

double bunk in each. Toilets, washing facilities and showers will be of a high standard.

Work on the camp site began immediately after the County was able to take possession and it was in use by the spring of 1989.

The site is now equipped with running water, two toilet blocks, with flush loos, mains electricity supply and telephone. A car park has been provided, a chapel area created, trees planted, bat boxes made and fixed in suitable positions under the supervision of experts, and six permanent camp fire places laid out.

Some of this work has been carried out by professionals but many smaller jobs have been undertaken by older members of the Association or parents.

Over a number of years the County has raised more than £160,000 for the project by scores of fundraising events, plus donations and grants from charitable trusts. The donations included an anonymous gift of £10,000.

In May, two Bradford Guiders, Jane

Waterworth and Angela Overend, went on a sponsored cycle ride from John O'Groats to Land's End in aid of the Wynches fund.

The ride itself brought in £1,800. To raise even more there was a competition to guess the precise distance 'clocked' by the special, high-accuracy odometer fitted to one of the Guiders' cycles. The winning figure was 906.5 miles. Distance recorded was 906.7 miles.

Still more money will have to be raised to complete the interior of the building and equip it. Cash will also be needed to set up an endowment fund to meet running and maintenance costs.

Said County Commissioner Margaret Smith: 'For years we've longed to have a really first-class camp site and centre and, at last, our dream is coming true.'

'Fundraising for the kind of sum we need has been really tough but now we're confident we can get there — especially if we can persuade some firms to give us materials or equipment instead of cash.'

DAVID JACK

THE BIRTHDAY PRESENT

Kathleen, now in her 70s, recalled a birthday long ago. Maybe her fifth? Or sixth?

Breakfast time — there, on the kitchen table, was her present. A large, squarish parcel done up in brown paper. She was intrigued: whatever could it be?

Watched by her mother, she carefully undid the string and wound it up into a tidy skein — ready to put back into the string tin. Then, with equal care, she pulled back the paper... a sewing basket. Kathleen was thrilled.

Excitedly she took hold of the wicker basket — just like her mother's only smaller —

and opened the lid. It was wonderful. A tray with compartments full of useful things: needle, cottons, pin-cushion, thimble, scissors... Her own scissors — now she wouldn't have to ask the grown-ups for theirs.

For a few moments Kathleen gazed approvingly at the neat array and then, eager to investigate further, she gently lifted the tray out. Delight instantly gave way to disappointment.

Her mother asked what was wrong.

'Where's the 'muddle'?' came the anxious reply.

Kathleen was used to her mother's basket. Inside that, the bottom section was a mass of odds and ends.

Scraps of cotton, darning wool, embroidery silk, elastic, braid, ribbon tangled together. The 'muddle'.

Like Kathleen's mother's work box most people's lives have their share of muddle. The different threads of their existence jumbled together in a glorious mixture. Yet most of us are unwilling to admit it. We promise ourselves we'll get it straight someday.

But, whatever our responsibilities — home, family, Guides, job, church, local council — we shouldn't set ourselves impossible standards. We shouldn't expect to do everything 100 per cent all of the time.

There will be moments

when we have to neglect housework, give the family a take-away supper, ignore the weeds in the flowerbed, phone Gran instead of writing her the letter she loves...

In each and every circumstance we can only aim to do our best. This approach is fundamental to Guiding: 'doing my best' comes at the very beginning of the Promise and, from then on, we encourage the girls to set themselves realistic standards.

That applies to us, too. And, as with most of Guiding's basics, 'doing my best' — rather than emulating Superwoman — overflows happily and usefully into the rest of everyday life.

CD

FRIENDSHIP SEARCH

What do you do when you lose touch with some special Guiding chums who you first met at an international camp 25 years ago? Turn to *GUIDING* magazine for help, of course.

At least that's what Carol Peace did when she decided to trace the pals she made at a Golden Jubilee celebration in the Caribbean.

That was in August 1968 when she was Carol Cartwright, an 18-year-old Yorkshire Ranger, one of eight lassies who flew to Barbados representing the UK.

All eight girls became firm friends and, on their return, Carol, Margaret, Alison, Yvonne, Pearl, Jenny, Jane



Carol Peace with daughters Angela (left) and Samantha

and Sara, swore to keep in touch. They managed to do so until 1987, then Carol lost contact with Jenny, Jane, Sara and Yvonne.

Carol's last contact address for Jenny Davis (now Jennifer Durrant) was Claygate,

Surrey. She believes Jane Knowles, née Davies, could be living in the Coventry area. Sara Bowman's, now Sara Williams, last known address was Coedpoeth, North Wales. The last letters Carol got from Yvonne

Cameron, now Yvonne Spence, came from Durham.

Carol is still an active member of the Movement and runs a Guide unit in East Keswick, West Yorkshire, of which her daughter, Samantha, is a member.

'I would love to hear from the other girls but I don't know if they are still in Guiding,' she said.

The group met up for a reunion in 1978, when we published pictures of the eight friends. Now we want to reunite the group.

So if Jenny, Sara or Yvonne are out there, please get in touch. You can reach Carol through *GUIDING*. Mark your letters Friendship Search and send them to us at 17-19 Buckingham Palace Road, London, SW1W 0PT.

News FOCUS

IN *GUIDING* SEPTEMBER

Annual General Meeting 1993
full report

Canal Competition
win a holiday afloat

Getting Out
visits Blackland Farm
Swimming With Sealions
Kathryn's wacky weekend

Peace Talks
Scotland goes to Our
Cabaña

Music to Her Ears
a life full of music

IN *GUIDE* PATROL SEPTEMBER

On Guard!
introduction to fencing
Fruits of the Forest
take a pick 'n' cook hike
Game for a Laugh
hold a game show
Consuming Knowledge
know your consumer rights

Testing Time
how to test for acid rain

IN *BROWNIE* AUGUST

Moving Creatures
make a pull-along animal
World News
update on the International
badges
What's in a Name?
how towns get their names
Travel Through Time
transport through the ages

Spice of Life
make a spicy scent ring

AND IN RAINBOW GUIDE EXTRA

Rainbow Rabbit goes for a
walk
Rambling Around
country board game to play
Pack a picnic
fun food for outdoor eating
On the Move
games for travellers

Coming NEXT

UNDERSTANDING RACHEL

*Struggling to cope with
her daughter's
undiagnosed language
disorder, Sandra Capelin
found insight and
understanding in the
Guide Movement.*



Happy at last: Rachel is now a trained nursery nurse



Rachel proudly
clutches her
Baden-Powell
Award

Rachel Capelin's parents have a particular reason to value the part Guiding has played in their daughter's social development.

Because, as a Brownie and then a Guide who gained a Baden-Powell Trefoil Award, she found the comfort and support she needed to finally overcome the enormous problems that clouded her childhood.

For years, the Capelins had struggled alone to cope with Rachel's severe learning and language difficulties which, seemingly, went unrecognised by her

mainstream school teachers.

The problems brought many tears but it was not until Rachel was 16 and had finished school that the language disorder, which was the root cause of her slow learning, fears and phobias, was finally diagnosed.

Through Guiding, however, Rachel had by then gained the self-confidence to embark on a career some said she would never achieve. At 21, she is a qualified nursery nurse, now working in her home town of Liskeard, Cornwall, where she shares a house with a girlfriend.

Here, her mother, Sandra, tells some of the story of the long struggle to win through, and how Guiding helped:

"I can well remember the night Rachel joined the Brownies. She had long wanted to join and often spoke of Brownies and "blue Brownies", as she called the Guides.

Gary, her brother, was a keen Cub with lots of badges and Rachel couldn't wait to start.

Although we knew this would be difficult for her, she was so keen that we decided to give it a try. After all, she was very determined and we'd already found various ways to cope with her many problems.

She had been a difficult baby and toddler, going on to develop peculiar fears and phobias which we, as parents,

DING



Best mates: Brownie Rachel and Cub Gary

believed all stemmed from a basic, specific difficulty.

Unfortunately, it took us 16 years to find a professional person to confirm what we suspected.

Rachel was obviously not coping well at school. At home she often threw terrible tantrums, due to her frustration at being unable to explain and communicate, although she presented herself to others as a shy little wallflower.

With the Brownies we were about to test a new situation and anything could happen!

The evening before that first meeting Rachel became upset and was crying and fretting much of the night. I think she was aware of her limitations and fearful that it might be like school, with cruel humiliations when she was unable to do what was asked of her.

In spite of her fears, she still wanted to go, but the next day was terrible. By evening she had a high temperature and was complaining of a headache and ear-ache. Yet, somehow, I didn't think Rachel was really ill.

Then she said she didn't want to go to Brownies that night but would start the following week.

No way! The family couldn't cope with a repeat performance. It was now or never. As she was in too much of a state to walk, I pushed her along the street on my bicycle. I felt cruel but prayed that Val, the Brown Owl, would share my view that a bit of force was in Rachel's best interests.

I gave Brown Owl a rundown on the situation, and promised to go straight home and sit by the telephone in case she needed help. I told Rachel she was

to try but need never go again, if she didn't like it. Then I peeled Rachel off me and made a quick getaway.

At the end of the meeting I was at the door, expecting a limp child to emerge with a tear-stained face. Instead, she strolled out beaming, saying: "I want to go again, Mummy!"

With the support of Brown Owl, Rachel felt secure enough to enjoy Brownies, although we had a few hiccups later when Val left and Rachel had to adjust to a new leader.

Badges were a problem, as Rachel set herself high targets. She wasn't content simply to plod along — she had to have as many badges, if not more, than the best of them.

This made it difficult, as we had to choose all hers carefully. We arranged it so that, on the day of the test, she could present most of the work already completed. Otherwise, disaster was inevitable.

As her father was a Cub leader, he was able to help. We would label everything we could to prevent Rachel being caught out by awkward questions. Fortunately, most of the examiners were so impressed by all the extra work involved, they rarely failed her.

We didn't force her to go on Pack Holidays but just waited until she found the confidence to go away without us. When this finally happened she returned from her first Pack Holiday far more self-assured.

At Guide camp, however, her Captain overheard her talking to herself while alone in a tent. She was heard to say repeatedly that she was going to stay at camp and cope with everything.

Until then, I don't think her leader had been aware of Rachel's inner struggle. But then, something similar was noticed at each subsequent camp.

Another problem at Guides, apart from badge work, was being a Patrol Leader. She lacked the maturity to lead girls so near her own age.

It is hard to describe in a few words the nature of Rachel's difficulties. We began to notice the oddities at a very early age.

There was a lot of screaming and tantrums for no apparent reason. And, at the age of two, when she began to take some interest in picture books, she would always hold the book

upside down. Even when we corrected her, she would reverse it again.

At playschool, where I was a helper, Rachel tended to gravitate towards children younger than herself, or to those generally regarded as "odd".

The development of her vocabulary, which began well, became stunted because she would often refuse to use a new word, no matter how many times it was repeated to her.

She would confuse words, using them in the wrong places. At a fair-ground, for example, while trying to buy a toffee apple, she actually asked for candy floss which the stallholder gave her. So there were tears.

When, at school, Rachel began to write, much of it was "mirror" writing, with the letters written the wrong way round, as well as in reverse order.

This even extended to numerals so that, as well as the numbers being "back to front", she would write, for instance, 21 as 12.

The oddities were endless. I could go on and on. And then there were all the strange fears and phobias.

She would not walk over loose sand on a beach because it moved, or along a pier because the planks did not quite meet and she could see the sea through the gaps.

Sudden, loud noises were a problem. Whenever an aircraft flew overhead, no matter how high in the sky, she would run indoors. If she was anywhere near a motor bike — not just on the road, but even in a showroom — she would freeze with terror. The only way we could pass was by carrying her. For years my nerves and stamina were stretched to their limits.

When Rachel was 16, we at last won our battle to get a proper assessment. She was diagnosed at Guy's Hospital as having a specific language disorder.

We were told that she should have been assessed at the age of four, and probably should have had at least part of her education in a special school. It was a bit late by then!

However, despite all her problems, Rachel got to college and qualified as a nursery nurse. She now seems to be happier than she has ever been.

It's been a long, hard fight and, perhaps, my husband and I can take some of the credit.

But we greatly value the part Guiding has played. Thanks to sympathetic Guiders, who often showed more insight, sensitivity and understanding than some of Rachel's teachers, Guiding helped to build her self-respect and confidence.

Without that support I doubt whether Rachel would have made it. ♡

SANDRA CAPELIN

Sandra Capelin has written a book, *Rachel*, telling the story of her daughter's struggle to overcome her strange, dyslexia-type language problems, fears and phobias. It is available to Guiders and parents from Sandra, Mount Pleasant, Darite, Liskeard PL14 5JW, price £2.75, plus 50p p&p.

TRY THIS

EXPLORING ENERGY

Start by explaining to your unit that our world is full of energy, which is mainly supplied by the sun. Add that we have energy, which we use to move, work and play.

Help the girls to understand that energy is stored in various forms: food provides stored energy in our bodies; fossil fuels store energy in the earth; petrol is stored energy in vehicles; explosive is stored energy in fireworks ... When stored energy is used to make things move, it changes to kinetic energy.

HEAT ENERGY

The hotter something is, the more heat energy it contains. As a pan of water approaches boiling point, the molecules — little groups of atoms — vibrate with kinetic energy, knocking against each other more and more as the temperature rises.

The hotter they become, the more energy the molecules have and the faster and further they can move.

Show the unit a pan of water coming to the boil and tell them that the molecules eventually have enough kinetic energy to jump right out of the pan and change to steam.

Tell them to watch how when steam hits something cold, energy passes to the cooler surface, causing the molecules to change back to water.

LIQUID PRESSURE

All liquids take the shape of their containers, pressing outwards all the time, trying to escape. The greater the weight of liquid the higher the pressure. Prove it with this experiment.

You will need: empty tin cans of varying sizes; a drill; water; and tape.

1 Drill three, evenly spaced holes in the side of each tin.
2 Cover each set of three holes with a single strip of tape and fill the tins with water.

3 Stand the tins in the

garden, or by the sink, and pull off the tape. The water will spurt out further from the lower holes because the lower down the tin, the greater the pressure from the weight of water above.

4 Compare the pressures reached in the tallest and shortest tins.

AIR PRESSURE

Pressure is how much 'push' there is on a certain area — solids, liquids and gases can all exert pressure. Air or atmospheric pressure is all around the earth. To see air pressure at work, try this experiment.

You will need: a plastic pop bottle with cap and hot water.

1 Pour about 3cm of hot water into the bottle and quickly replace the cap, screwing it tightly.

2 Watch as the water cools. The air inside the bottle contracts and pressure is reduced. The greater air pressure outside the bottle gradually crushes it.

STORED ENERGY

You can store energy in this simple but effective surprise toy. While in the envelope, it's dormant, yet out of it, kinetic energy takes over.

You will need: stiff card; envelope, opening at short side; strong rubber band; small rectangle of card and two small pieces of paper.

1 Cut a square near the end of the larger card.

2 Loop the rubber band over the card (figure one).

3 Insert the small card into the loop in the band over the gap in the card.

4 Stick the paper each side of the small card to fix the rubber band (figure two).

5 Twist the small card on the band many times (figure three) and put it into the envelope.

6 Give the envelope to a friend.

7 Watch her reaction when she opens it.

LIGHT ENERGY

Nearly all light energy comes

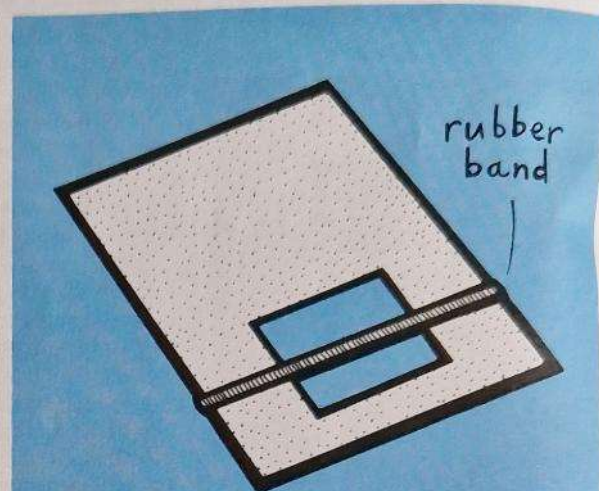


Figure 1

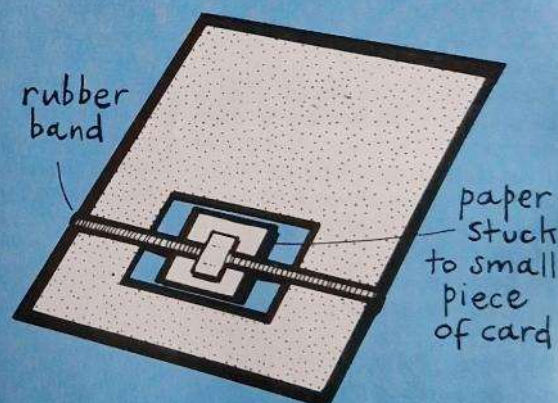


Figure 2

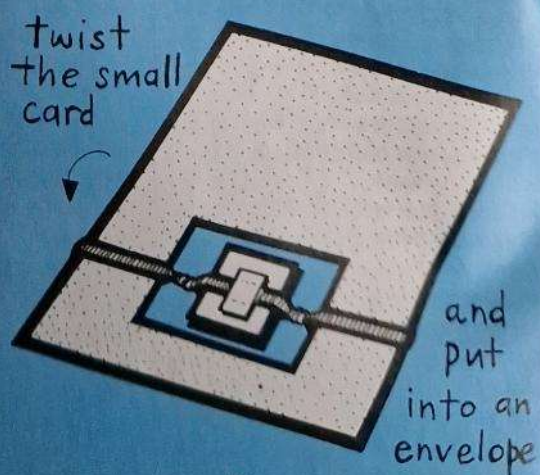


Figure 3

from the sun, though things such as candles and electric bulbs, give out a little. White light is made up of

CONDUCTION

When molecules are heated they transfer their kinetic energy to other materials by

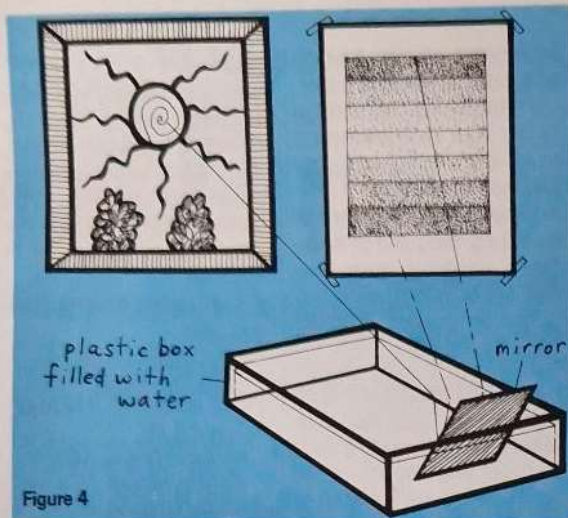


Figure 4

different colours, each with its own wavelength. Water can reflect sunlight in such a way that it is split into its separate colours. This band of colours is called the solar spectrum. It is what we see when a rainbow forms. You can produce a spectrum with water and light.

You will need: a plastic box; a mirror; water; and a white wall (or a piece of white paper stuck to a wall).

- 1 Fill the box with water.
- 2 Position the mirror as shown in figure four.
- 3 Put it opposite a window facing the sun.
- 4 Adjust the position of the box and the slant of the mirror, till you see a solar spectrum on the wall.

bumping against each other, this is called conduction. Some materials are better conductors than others. The unit can find out which by this simple spoon test.

You will need: spoons of different materials, plastic, silver, stainless steel, copper, brass, wood; a sturdy jar or jug; hot water; hard margarine; and some peas.

- 1 Stick a pea to the handle of each spoon with a dab of margarine and place all the spoons in the jar with the handles upright (figure five).
- 2 Carefully fill the jar with recently boiled water.
- 3 See how long it takes for each blob of fat to melt enough to drop its pea into the water. Record splash-

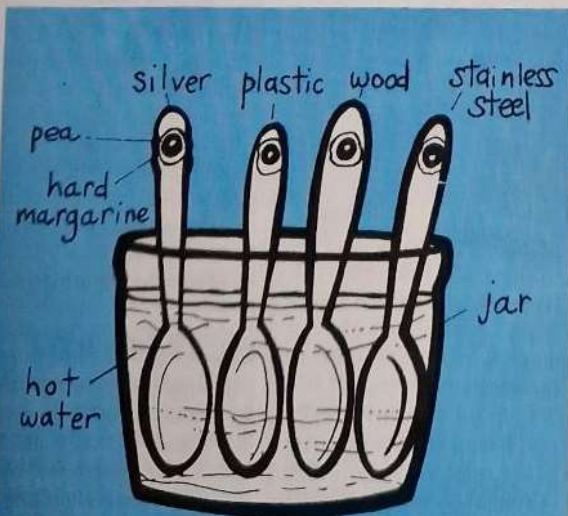


Figure 5

down time to find which spoons were best and worst conductors of heat.

JUDGING TEMPERATURE

Few people can judge temperature accurately without a thermometer. To prove to

each hand gives the brain a different message.

SOUND ENERGY

Molecules in the air vibrate to make another form of energy — sound. The molecules themselves are not the sound, but no sound

Figure 6



the unit that our bodies don't always do this well, ask the girls to try this experiment.

You will need: three bowls, the first containing hand-hot water, the second warm water and the third cold.

- 1 Put one hand in hot water, the other in cold, for 20 seconds (figure six).
- 2 Transfer both hands to warm water and see how

can be made without their vibration against your eardrum. Show the unit this simple vibration experiment.

You will need: a table; a ruler; and a heavy book.

- 1 Lay the book on the ruler at the edge of the table.
- 2 Bend the ruler down as far as it will go without snapping (figure seven).
- 3 Let go! Listen!

GILLIAN ELLIS

Figure 7



RAINBOW GUIDERS

School is out and many of the Rainbows will be travelling — to visit relatives for a day, on a trip to the seaside, or even faraway foreign places.

TRAVEL TALK

Look through the *Rainbow Guide Alphabet Pack* for ideas which you could link to the theme of travel. You might choose any of these: All aboard the Ark; Go-go-go-stop; Holiday holdall; Let's list it (with forms of transport) or Various vehicles; or Tell the tale (using a poster of a holiday site).

The pack is certainly a great resource. If you haven't got a copy, it costs £2.50 from usual GGA outlets, and will give you lots of ideas for your winter meetings.

forms of transport they used. Make sure that you value the day trip to Grannie's as much as the holiday in Spain!

GAME IDEAS

In April's *GUIDING* I asked Rainbow Guiders to share the games their girls enjoyed with others. Sadly there was a very poor response — perhaps you were all too busy with the Easter holidays. However, Ann Deacon, assistant leader with the St James' Southport Rainbows, was very generous with her ideas. Here are some of them. I'd still welcome ideas from any other Rainbow Guiders.

FIREMAN'S CHAIN

This is definitely a game for a warm day when you can play outside! You need four buckets, two plastic cups

emergency or the training and work of fire fighters.

Perhaps you could arrange to visit your local fire station or have a fire fighter come and visit you.

You might like to finish off by asking two pairs of Rainbows to carry away the buckets of water, while the others sing *Jack and Jill went up the hill*.

I WANT TO BE ...

Ann Deacon asks her girls 'What do you want to be?' and suggests they draw their answers. She says they have ranged through author, factory worker and scientist.

SHOPPING

Talk about what different shops stock: newsagent — magazines and newspapers; greengrocer — fruit and vegetables; ironmonger or hardware store — nails,

ALL IN

Have you tried any traditional skipping games with the Rainbows? Here is one which can involve half a dozen or more girls at a time. You may need to introduce the girls first to the skills of skipping.

The leaders turn the rope and sing:

All in together, girls,

What a fine thing!

When we call your birthday,

You jump in.

January, February, March ...

As the month of a girl's birthday is called, she jumps in until everyone is jumping.

Then you sing:

All out together, girls

What a fine thing ...

and go through the months again.

QUIET TIME

Think about the people who help us when we travel — bus conductors, engine drivers, pilots, the people who sell the tickets, clean the stations and airports, and maintain the buses, trains and planes.

What other people can the Rainbows think of who help us when we travel. Say thank you together to all of them.

RAINBOW EXTRA

You have probably seen the Rainbow supplement in the *Brownie* magazine. Do your girls see it? Do you find it useful? Which bits do the girls and/or you like best? Do you have any suggestions to make about how it could be made even more useful?

NEXT MONTH

Our theme next month will be the very popular one of animals. You might like to see if there are any books in the library which could help you discuss the topics of migration and hibernation.

DEBORAH MANLEY



SHARING

Your Rainbows may not be meeting this month so, when they come back, you might like to start with a sharing session. Let them tell each other what they saw and learned during the holiday.

You might make a chart together of all the different

and a water supply.

Two teams stand in line with a bucketful of water at one end and an empty bucket at the other. Using the plastic cups, they pass the water down the line to fill their empty bucket.

Take the opportunity to talk about fire safety, what the girls should do in an

hammers and garden equipment and so on. Pin up labels around the room to represent these shops.

Call out the items to be purchased and the girls run to the right 'shop' for them. Sometimes there might be a choice of shops for an item — ask the girls to explain their choice.

ALL AT SEA

Heave ho, my hearties, it's time to set sail for an evening at sea. Whether you are meeting in summer or winter, indoors or out, there is something here for every unit to do, so cast off and full steam ahead!

crew and their belongings. Warn your sailors about the thorough nature of this inspection.

SET SAIL

Is there a river, stream, pond, or even a paddling pool

shouldn't learn some of these, perhaps more of a boating camp fire or sing-song. Your unit will have its own repertoire to call on, but there are several suitable ditties: *Michael row the boat ashore*; *My ship sails from China*; *Skye Boat song*; *The sailor climbs the rope*; *Barges* and so on. Look through the GGA song books for more.

SEA TALES

Challenge each of your Patrols to make up a sea tale to tell at the end of the evening. Write out some cues on separate pieces of

ALL DRESSED UP

There's nothing like a spot of dressing up to get everyone in the mood. See what the girls can make of some blue and white crêpe paper, or odds and ends of material, and a lot of imagination. With pooled effort and plenty of inspiration, each group should be able to produce at least one seaworthy sailor, or swash-buckling pirate.

ADVENTURES

What better way to round off a briny evening than with the announcement that there are real sea or boat adven-

PORT AND STARBOARD

Start your briny adventures with a bracing game of Port and Starboard. Familiarise the 'sailors' with the calls and corresponding actions below, set any necessary boundaries and you are ready to begin.

On any given call the sailors have to respond as quickly as possible in the appropriate way. The last one to do so each time is out of the game. She must go to one of the other leaders to Walk the Plank (see below). When she has done so satisfactorily, she may return to the game.

CALL

Port —

Starboard —

Up in the rigging —

Down in the hold —

Scrub the decks —

Weigh anchor —

On the look-out —

Sailor's hornpipe —

Captain's coming —

ACTION

Run to left-hand side of room/sports field.

Run to right-hand side of room/sports field.

Climb the rigging (if you can improvise some safely). Crouch down.

Crouch and scrub floor.

Pull up an imaginary anchor.

Look through telescope.

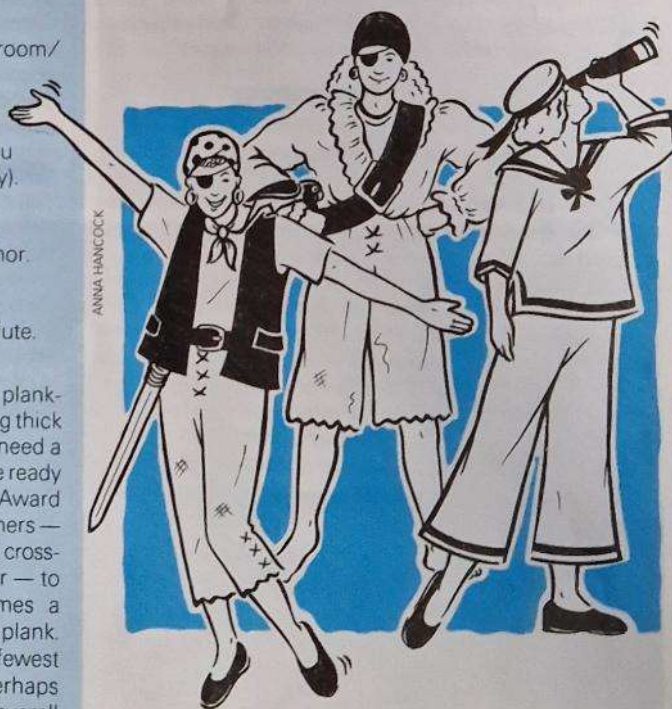
Dance a hornpipe.

Stand to attention and salute.

WALKING THE PLANK

The idea of 'walking the plank' is to give the girls who are 'out' the opportunity of getting back into the game as quickly as possible. Walking the plank, therefore, takes the form of quick forfeits. These could be sailing-based tasks, for example tie a reef knot, sheet bend, clove hitch and so on; polish your Promise badge; draw a compass and label the points; name a famous ship and so on.

Candidates for plank-walking will be coming thick and fast, so you may need a helper, as you must be ready to cope with them. Award ready-prepared vouchers — ship cut-outs, skull and crossbones flags, or similar — to show how many times a sailor has walked the plank. The sailors with the fewest after a given time, perhaps 15 minutes, are the overall winners.



ANNA HANCOCK

SHIP-SHAPE

The expression 'ship-shape and Bristol fashion' stems from our days as a great sea-faring nation, when Bristol was one of England's most important ports and its ships were renowned for their immaculate condition. Challenge your girls to get themselves ship-shape and Bristol fashion for a full inspection of their Six/Patrol

near your meeting place? Why not make some simple paper boats or rafts (see Japanese Doll Rafts in *Best of Today's Guide*) and go out and sail them. A fleet of little paper boats would make a very impressive sight!

SEA SHANTIES

Well, perhaps not exactly real sea shanties, although there is no reason why you

paper, put them in a hat, and let Patrols take turns to pull them out. Each Patrol's sea tale should include at least three of these words and phrases.

Titanic; Spanish Armada; walk the plank; splice the mainsail; shipping forecast; crow's nest; engine room; galley; maindeck; captain's table; cabin boy; Ah! Jim lad!; mutiny; Shiver me timbers; victory; Land ahoy; Ship ahoy; scurvy; hammock; Yo Ho Ho!; stowaway.

tures to follow. Contact your County Boating Adviser and check out local facilities to find out what could be on offer. The girls would love trying out canoeing, rowing, sailing, paddle-boating, raft-making, narrow-boating, even a visit to a maritime museum would round off the theme nicely.

There must be water somewhere near you, so let your would-be Jill Tars get a taste of real thing.

● Turn to page 58 for more information on canal boats.

COPING WITH

AN OPEN EVENING

Open evenings can be fun for the girls, who love to show family and friends what they do at unit meetings, for parents, who always enjoy seeing their offspring in action, and even for the Guider, honestly!

The secret of success, as in everything we do, is to be well prepared. Start planning early, inform, delegate, enthuse!

PLANNING

Ask the girls what form they'd like their open evening to take. Be ready with ideas to start the discussion, and be prepared to compromise. Some may suggest an entertainment or ceremony, others may prefer a static display of their achievements. They may want to serve refreshments, play games and involve visitors in activities.

INFORM

As soon as you've picked a date, let parents know in writing. You can do this even before the evening programme has been decided. The main thing is to make sure they keep that date free.

Rainbows will enjoy colour-

ing prepared invitation cards, while older girls can design and make their own. Or you could just send home a note.

DELEGATE

Do delegate. Aim to have few or no responsibilities on the night, so that you can circulate and talk to the parents. They'll appreciate it, and you'll feel much more relaxed if you aren't hurtling round doing last-minute jobs.

Open evenings are wonderful times for picking up vibes from an interested parent who would be willing to help with unit activities or even, with a little gentle persuasion, offer her services as an adult leader!

ENTHUSE

Be positive. Make sure the girls know you are looking forward to the open evening, and give them plenty of time and encouragement for preparations.

If you obviously look upon it as the high spot of the year, so will they. Remind them all, from the tiniest Rainbow upwards, that when they're showing their unit to others, they must give the best possible impression.

Make it clear that you want this to be the best open evening ever, and that you'd like all the parents to go away satisfied that their girls are in a brilliant unit!

Some units hold an open evening at the end of each term. Others invite visitors to a Thinking Day ceremony. If your unit holds such events regularly, it's essential to ring the changes, as girls and parents alike will quickly tire of the same old thing.

A good deal depends on the season. Christmas offers plenty of ideas for putting the unit on show. You could try a nativity play, pantomime, Christingle service, an evening of Christmas carols or a good old-fashioned Christmas party with games and balloons.

CHRISTMAS

You could prepare a slightly different type of celebration by compiling a Christmas anthology, using the current talents of the unit to the full. Include short readings, facts about Christmas and Yuletide customs, poems, drama, carols and Christmas songs.

A well-rehearsed music group would enhance the

occasion. Some fresh and unusual Christmas songs can be found in *The Spinning Wheel* by Jan Holdstock (Ray Lovely Music, 17 Westgate, Tadcaster, N. Yorks LS24 9JB).

Do make a distinction between the true meaning of Christmas and pagan traditions. You could mark the difference very clearly by dividing your performance into two halves.

Christingle services are lovely, moving occasions. Write to the Church of England Children's Society for an information pack, which includes a wealth of practical help. Such a service can be rounded off pleasantly by serving mince pies and hot fruit punch, and/or by singing carols. You could prepare your own service of readings and carols on traditional lines, if you prefer.

PARTY PARTY

If you decide on a party, do include the visitors in games and activities. Take into account the size of your room. If it's spacious, almost anything goes. But if size is a problem, you'll need to think up games where a confined area doesn't matter.

Have an activity ready around the room so that people are immediately occupied: a picture or word quiz, to be tackled in pairs, is something people can join in as they arrive. Use either a variety of questions and suggest that the pairs are of mixed ages, or concoct two sets of questions, one for each age group.

Another introductory activity is to set up simple skill tests around the room and invite people to have a go. Try origami or string games, metal puzzles, acrostics, crosswords, skipping or ball challenges — but make sure there's enough on offer for everybody!

Games where youngsters move around while adults

Give the girls a chance to show off their skills



remain seated are particularly useful. You might divide them into teams, perhaps based on the unit's Sixes or Patrols. And keep a total of their scores in various games to find an overall winning team at the end. Here are a few ideas for games for huge numbers:

● **Fetch!** The leader reads out an article from a prepared list of items the visitors might have with them. Teams send a runner to the leader with the required article, the first to produce it winning a point.

● **Artists.** Each team has a large sheet of paper. The girls run in turn to the leader, who tells them an object to draw. The team must identify it before running for the next object. Vary the game by using proverbs/phrases instead of objects.

● **Mime It.** Girls take turns to run to the leader who gives each a book or TV programme title to mime for her team.

Quizzes are always popular. Form mixed-age teams of four to six, and ask questions verbally, one person in each team writing down the answer. Vary questions to include some which are seasonal, musical or visual.

A game which works well in a crowd is to give each girl an identical list of achievements, as varied as possible. Then ask the girls to obtain the signature of a visitor who has done something on the list.

Every signature on the paper should be different. Or, if you'd rather not bother with pencil and paper, give each adult leader a list. She announces the first achievement, and asks the girls to tell her the name of the achiever before being told the next goal. The first individual or team to complete the list wins.

ON DISPLAY

A static display is another basis for an open evening, but requires a good deal of hard work and careful preparation from everyone. For Rainbows or Brownies, it's

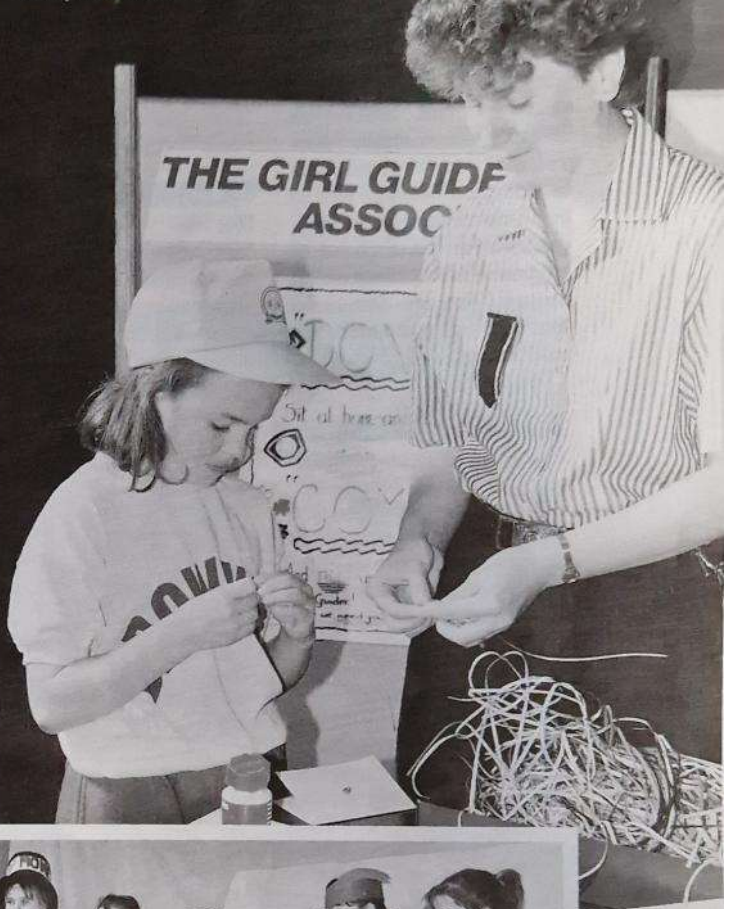
probably best to keep everything the girls do over the year. You'll need to prepare descriptive labels, then ask the girls to come early on the open evening to help you set out the display.

Guides should be able to plan and mount their own displays. The PLs could agree on a subject for each Patrol to tackle, maybe round a central theme such as Thinking Day, history of the Movement, giving service or international Guiding.

Whatever your theme, a static display is rarely enough to fill a whole evening. So you'll need to give some thought to the rest of the time. Perhaps you could add sketches, a Speaker badge talk, a slide show, musical activity, refreshments or a worksheet quiz about the display material.

For a summer open evening, how about putting on an outdoor skills display? Rainbows and Brownies could demonstrate agility skills or stage a mini-Olympics.

Provide activities for the girls to liven up a static display



SANDY EVERITT



Put on a play — parents will love seeing their offspring treading the boards

Guides could go further and show visitors what happens at camp. Tent pitching, gadget making, fire lighting, outdoor cooking, knotting, whittling, tracking — all those traditional Guiding skills are often a complete eye-opener to other people.

Younger brothers and sisters will love toasting marshmallows or making bannocks over an open fire. Parents will be reassured to see their daughters dealing with the fires sensibly and safely.

Open evenings offer excellent opportunities for fulfilling badge clauses. As well as all the outdoor skills, there are also Hostess, Jester, Entertainer, Speaker, Dancer, Musician badges, Patrol Purpose Patches and Pennants and, for a religious ceremony, the Quest badge.

A good end to any open evening is a camp fire. Use only simple, quickly learned songs so the visitors can be encouraged to join in. If you're not happy at leading

the singing yourself, import a Guider who finds it easy.

The key to a successful open evening is meticulous planning. Let the girls design and carry out the activities as far as possible, but monitor arrangements. Have a few spare ideas ready in case the girls' programme whizzes by extra fast!

In fact, if ever there was a time for observing the Guide motto, this is it!

GILLIAN ELLIS

BROWNIE GUIDERS

This copy of *GUIDING* should reach you just before you break up for summer, when many of your Brownies will be going on holiday. You've just time to pass on our suggestions for travel games to anyone who will be travelling by car. They are also useful for helping pass the time on a unit outing.

SILLY SENTENCES

Brownies try to spot car number plates which spell three letter words. They write them all down and, towards the end of the journey, make up a silly sentence containing all of them. A few extra words are allowed to help the sentence make sense.

INITIALS

Brownies can have fun inventing phrases or sentences using car number plates as initials. For instance, NMA might be No Mess Allowed or Nicola Mustn't Argue!

MINI SNOOKER

There are plenty of Minis around and they come in many colours. Brownies score points for each Mini they see, as if they were snooker balls. For anyone who doesn't know snooker: red — 1; yellow — 2; green — 3; brown — 4; blue — 5; pink — 6; black — 7.

Black Minis are quite rare, so there's a ten point bonus for 'potting the black'!

TRAFFIC SIGNS

Suggest that the Brownies take a copy of the *Highway Code*, and challenge them to spot some of the more unusual traffic signs such as Slippery Road, Men at Work, Level Crossing ... Score a point for each one spotted.

TWO UP

Brownies try to spot two of anything standing together, for example: pigs, cows, horses, people, trees, bikes, gates ... Then try spotting

three of a category, followed by four or even five, which is much harder.

TRAVEL TEASERS

Tell the Brownies that all cars travelling abroad must display a letter code showing their country of origin. For instance, Great Britain's code is GB. Brownies try to spot cars displaying codes from other countries. Help a little by giving them this list of



European codes, which are the ones they are most likely to see:

- A — Austria
- B — Belgium
- CH — Switzerland
- D — Germany
- DK — Denmark
- E — Spain
- F — France
- H — Hungary
- I — Italy
- IRL — Ireland
- L — Luxembourg
- N — Norway
- NL — Netherlands
- P — Portugal
- S — Sweden
- SF — Finland

VILLAGE COMPETITION

If Brownies travel through country villages, they might award points for each amenity they spot, and see which village wins. Allow one point

for a post box; two for a public loo; three for a telephone box (double points if it's an old red one); four for a bus stop; five for a set of traffic lights; six for a litter bin and ten for a railway station.

SPOT THE TOPPER

Few people wear hats today. As the Brownies pass through towns or villages,

they can score points for each hat they see. I'd suggest one point for a lady's hat; two for a man's hat; three for a man's flat cap; four for a child's hat; five for a baseball cap; ten for a rainhat; 20 for a bowler and 50 for a top hat; very rare these days.

Anyone travelling on a Saturday, should look out for weddings — an excellent source of ladies' hats and toppers!

WHAT A CARRY-ON

A similar game to Spot the Topper, this time Brownies score points for things they see people carrying: one for a carrier bag; two for a fabric shopping bag; three for a basket; four for a shopping bag on wheels; five for a brief-case; six for an umbrella; seven for a

school satchel; eight for a rucksack or back pack; nine for a baby or child in arms; ten for a carried animal.

PATRIOTIC DOORS

In residential areas, Brownies look out for front doors which are red, white or blue, and see which community is the most patriotic! Or, if there are two or three playing the game, give them each a colour, and see who spots the most in her shade.

RAINBOW DOORS

Brownies try to spot one door in each colour of the Rainbow. To make the game harder, they could try spotting them in snooker ball order, starting with red.

LEGS ON SHOW

Divide the occupants of the car or coach into two teams — Right and Left. Each team counts the number of 'legs' on the pub signs they pass on their side of the road.

For instance, *The Pig and Whistle* would count four because a pig has four legs; *The Dog and Partridge* would score six; and the *Robin Hood* just two.

For *The Hare and Hounds*, however, only two hounds count for scoring purposes, even if more are pictured on the inn sign. So the score would be 12 — four for the hare, eight for two hounds. The team with most points for its side of the road wins.

You don't have to be going on holiday to play these games, try them on days out by car with your own family.

GILLIAN ELLIS

Don't forget to order **BROWNIE** from your local newsagent or through direct subscription from **CHQ** for your girls. The magazine is a supplement to the handbook.

GUIDE GUIDERS

August at last — time to relax; time to take a holiday; time for a rest from going to the unit meeting every week. Time for a relaxing break from all that Guiding means, except catching up on reading all those back copies of *GUIDING*. Or are you already gripped by the hurly-burly of the new term? No matter what your circumstances, August is the time for a little forward thinking.

PLANNING

We all cherish good intentions, we all mean to organise ourselves better, so that we can provide the girls with a more imaginative programme. We all wish that the Patrols would get out of the rut too, and yet we never seem to have time to do anything about it, as we rush from meeting to domestic chores, and to work and back again.

So, now's your chance. Use a little of the time freed by there not being a weekly meeting, to sort through those magazines that have been piling up, locating all those good ideas you always meant to save.

Each Patrol should be keeping the many useful activities and games in *GUIDE PATROL*, but there is no harm in you having a set too. If they are covered in sticky plastic, put into plastic wallets, or even laminated, if you have access to such equipment, they can be filed to create a wonderful planning resource.

In the same way, the useful ideas in *GUIDING* can be separated and preserved, while the essential information and training details can be filed, perhaps with the *Guiding Manual*, so it is all there for reference.

CLEARING OUT

It is amazing what useful things you find by having a clear-out. There will be many games to play, ideas for

Patrols to try, challenges you could set for the girls, and even new badges to pilot, like the International ones and the Faith badge listed in April's *Hotline*.

You'll find you have lots of ideas ready for the beginning of the new term, when the planning starts in earnest.

Incidentally, how do you do that planning? Do you use your team of people fully, or do you have a frustrated Assistant feeling doomed to be just a dog-sbody? What about your Young Leader? Do you use everyone's ideas and talents? Or is there one person — you — who does it all, because it seems easier?

It's actually easier and less demanding to get everyone to take a share, starting with the planning. If you are working alone, you won't need to be told that it is much better to have help. The *Guiding Manual* recommends two adults, at least for every unit, and certainly one adult for every 12 Guides. That way you get to know and are able to care for each girl.

In the same way that the Patrols discuss and plan what they will do, and who will do it, so should the Guider team.

Before the meetings resume, have a get-together with your colleagues to talk about the months ahead and plan how to integrate new members and train Patrol Leaders.

IN TRAINING

Although training Patrol Leaders takes time and effort, it is important. It means that they are better equipped to lead their Patrols, relieving the demands made on Guiders.

Perhaps you could set up a 'training' and introduce them to some of the good ideas which you have filed away. You could challenge them to choose some things for Patrol Time over the next month or so, using at least

two of the ideas from magazines.

This will work better if, at the training, they actually try the activity themselves. The activities they try could be linked to the areas of the Programme that need to be

Guiders give them. Have your Patrol Leader elections, if necessary, and then arrange a time to train them.

They will then be full of ideas, plans can be made and you will enable them to get off to a good start.



KATE TAYLOR

included to help girls gain Trefoil badges, or to work through Pre-Promise Challenges, so that the girls see personal progress.

Your Young Leader or the other Guiders may have some activity ideas they want to share from trainings they have attended. So dig out that notebook, write out the instructions clearly, and include the ideas in your Patrol Leader training.

ALL CHANGE

A good time for training Patrol Leaders is when units change. Girls leave, others join, Patrols change, and new leaders are elected. What better time could there be for making sure they get some help, than a week or so into the term.

Try having a meeting, or two if necessary, based on challenges which you, the

If you're stuck for challenges, how about a holiday collage or cave painting (as in PAC) to show what they all did?

Or try quizzes based on holiday resorts... including a few UK ones for the girls who holiday at home.

This month may be a time for not holding meetings but, with a little planning now, next year you won't feel so drained of ideas.

Use the team, both adults and girls, to make life easier, and use the resources the Association provides.

CAROL HORNE

GUIDE PATROL is available by direct subscription from CHQ or by placing a regular order with your local newsagent. But it is not available through Trading Services.

GETTING OUT

BEAUTIFUL BRONEIRION

The first thing which strikes the visitor to Broneirion is its situation. The home of Welsh Guiding stands in breathtaking wooded surroundings, commanding superb views over the River Severn and the lovely Montgomeryshire countryside.

Built in 1864, Broneirion was the home of the Davies family, its site carefully chosen so that David Davies could see Llandinam village, including his childhood home, the chapel and the station serving the railway he had built.

Broneirion is easy to find. Just turn off the A470 between Newtown and Llanidloes at the statue of David Davies. Broneirion's lodge is across the bridge, 200 yards along on the left.

Coaches are too heavy for the little bridge, so passengers must get off at the statue. However, with prior arrangement, the ever-helpful Broneirion staff will collect anyone who can't manage the walk.

They're also willing to meet train travellers arriving three miles away at Caersws Station on the Shrewsbury to Aberystwyth line.

You can reach Broneirion without staff help, of course. Midland Red operates a bus service from Shrewsbury to Llanidloes, stopping at Caersws and Llandinam. Coastbound train and bus times tie up pretty well, as long as you don't travel on a Sunday. There's also a daily coach service from London via Llandinam.

ELEGANCE

Broneirion is elegant, relaxing and, above all, a real home. Hall, library and training room glow with the warmth of rich, dark panelling. The drawing room is the last word in luxury with comfortable sofas, generous fireplace, large windows offering delightful views and a beautiful grand piano.

Refectory tables and



Broneirion — elegant, relaxing and a real home

benches give the dining room a traditional feel and the bedrooms, adopted, maintained and named by Welsh Counties, are attractive and comfortable.

The Brownie House, Y Bwthyn Bach, stands in the grounds on a hill surrounded by trees. It's a cedarwood building, equipped for 12 Brownies and four leaders and looks over slopes, carpeted in spring with daffodils and snowdrops.

A restored otter pool and camp fire circle stand in woodland near Y Bwthyn and birds, flowers and butterflies abound.

Like most of the Training Centres, Broneirion is kept busy at weekends with trainings and County gatherings. However, summer offers informal opportunities to stay at this lovely house and enjoy getting to know mid-Wales.

This year there's a walking holiday early this month open to anyone, with experienced walkers as guides. Or later, you and your family can simply relax in Broneirion's friendly atmosphere.

EXPLORING

There's plenty to do, even without a car. If you're relying on public transport you can

leave Llandinam on the 8.30am bus and be in Aberystwyth by 10.39, having enjoyed a scenic train ride from Caersws through the lovely Dyfi Valley.

Aberystwyth, an attractive university town, has a cliff railway leading to the top of Constitution Hill, where you can see the largest camera obscura in the world. And, as a bonus, there are the superb views over Cardigan Bay. In summer, you shouldn't miss a trip on the Vale of Rheidol narrow-gauge steam railway through gorgeous scenery to the awesome waterfalls at Devil's Bridge.

The journey back to Broneirion can have its drawbacks! If you're aiming for a bus connection, you must leave Aberystwyth at 3.21pm to arrive in Caersws at 4.26pm.

Unfortunately, the Llandinam bus leaves the village three minutes later, so there isn't a lot of beathing space. You need to cover the ground between train and bus pretty fast as the next is at 5.59pm.

The same rail line serves Machynlleth, 40 minutes from Caersws. A pleasant little town, once the capital



The drawing room is the last word in luxury

of Wales, it boasts the restored 15th century Owen Glyndwr Parliament building.

The indoor sports centre offers heated swimming pools, waterslide, and splash pools, squash courts, climbing walls, sauna, sunbeds and fitness apparatus. A busy street market is held on Wednesdays and, if you're there this month, you may find the Machynlleth festival in full swing.

Do visit the excellent Centre for Alternative Technology, a living and working community with displays of water.

SUE NIBBY

GILLIAN ELLIS

wind and solar power, and organic gardening.

With the emphasis on going Green, you can see Britain's best insulated house; test your ecological knowledge in a maze and ride the water-powered cliff railway.

Children will enjoy the animal enclosure, adventure playground, recycling area and toddlers' playpark. There's also a picnic spot and restaurant serving whole-food snacks and vegetarian meals.

The centre is open daily and, in summer, a free shuttle bus meets certain trains and takes you there. Ask for details.

CHARMING

A little further along the north coast of the Dyfi Estuary lies Aberdyfi (Aberdovey), a charming yachting village. To reach it, change trains at Machynlleth, or take a bus

Write to the Machynlleth Tourist Information Centre or telephone 0654 702401 for detailed information.

Any of these trips is feasible as a day's outing from Caersws. The first train of the day reaches Machynlleth at 9.59am, with a connection at Tywyn arriving at 11.02am. The last train back leaves Tywyn at 7.21pm. Aberdyfi at 7.27pm, Machynlleth at 8pm and arrives in Caersws at 8.30pm. No bus connection at that time of night, unfortunately.

A 20-minute bus ride from Llandinam will bring you to

790 square miles from Dyfi estuary in the west to the English border in the east.

Plan a trip to Montgomery itself, taking in the ruined castle at the top of the hill above the town, from where you can enjoy superb views. There is also a historical town walk devised by the local civic society and a chance to tread a stretch of the path along Offa's Dyke, the 8th century fortification.

Further north, visit Welshpool. You can inspect yet another narrow gauge railway running between Welshpool and Llanfair Caereinion,

as the Clive Museum, containing treasures from India.

RARE BREEDS

A mile from Welshpool towards Oswestry, brings you to the privately-owned Moors Rare Breeds Collection, including poultry, waterfowl, small birds, sheep and horses (telephone 0938 553395 for details). Head northwest from Welshpool and enjoy Llanfyllin's Bird and Butterfly World with 50 aviaries displaying owls, macaws, toucans, parrots, a tropical house brimming with birds and butterflies and a

GILLIAN ELLIS



Y Bwthyn Bach — the Brownie house, equipped for 12

Newtown, birthplace of Robert Owen, founder of the Co-operative Movement. Market Day is Tuesday, and there's a modern shopping complex.

The Maldwyn sports centre has a swimming pool, squash, badminton, aerobics and fitness room. The Robert Owen Museum is open on weekdays at varied times.

Theatr Hafren (Severn) offers a variety of opera, ballet, shows and children's entertainment.

DELIGHTS

If you have transport, an enhanced world of Welsh delights is open to you. Besides the obvious attractions of exploring the Cambrian coast further, the ancient county of Maldwyn (Montgomeryshire) has much to offer — covering

You can travel a hilly eight miles in vintage Austrian coaches, or more modern African ones, pulled by one of an international collection of locomotives.

If you fancy a change from dry land, try a cruise on the narrowboat leaving Welshpool Wharf (for details call Montgomery Cruises on 0938 553271). From the tranquility of the Montgomery Canal, you'll see historic Powis Castle, built by medieval Powys princes and the ancestral home of the Herberts since 1587.

Do take time to visit the castle, open daily in July and August. There's a family ticket and substantial group reductions. You can enjoy lovely gardens, formal and informal; an orangery and aviary; fine furniture, paintings and tapestries, as well

children's play area and cafeteria.

A little further on, you'll find lovely Lake Vyrnwy, created from the Vyrnwy valley in the 1880s to provide water for Liverpool.

Clywedog Dam above Llanidloes, with its good walks, bird watching trails and pony trekking, plus water activities, including sailing, canoeing, angling and windsurfing, is an easy car trip from Broneirion.

Rheidol Power Station at Capel Bangor near the A44, offers free tours five times a day from Easter to September (telephone 0970 84667 for times). Meirion Mill Woollen Centre at Dinas Mawddwy is also worth a visit.

Wales is wonderful, Broneirion is breathtaking. You'll love them both.

GILLIAN ELLIS 43



from Machynlleth village.

Both train and bus also take you to Tywyn, famous for its five-mile sandy beach and the south-western terminus of the Talylyn narrow-gauge steam railway.

In summer, this 'Great little train of Wales' takes you through Snowdonia National Park.

There's a special, co-ordinated rail/bus ticket, the Dyfi Sherpa, valid for coast-line trains from Machynlleth to Tywyn, Talylyn railway, and a bus trip past Talylyn Lake back to Machynlleth.

RANGER GUIDERS

You've heard it all before: 'No one ever listens to us' ... 'They had made up their minds before we were ever asked' ... 'Why weren't we consulted?' ... The comments may have come from the Rangers, from other Guiders, or even from your Commissioner. Most large organisations have problems with communications and the GGA is no different.

NETWORKING

Have you ever wondered if you can make it easier for your Rangers to be heard? Do you know all the lines of communication open to you? If you do, is your Unit an active part of the network?

National pilot schemes or

the Unit had a say in. Put a cross by those that had been decided without consultation.

What were the results? Do the Rangers have a say in what goes on and if not, why not?

It is very easy to feel quite isolated as a Ranger Guider, if you are the only one from the section in the District, even more so in a Division. It is important, no matter how small the Unit, to represent it at the District Meeting. If there appears to be nothing on the agenda that is for you, then create something, even if it is just to say 'Here we are, please talk to us!'

Establish the lines of communication in the District,

programme for Ranger Guiders in the next 12 months? Put it in writing and post it.

Did you discuss the Rangers' training needs with the Outdoor Adviser? Arrange to meet her.

Have you talked about the need for recruitment to the Ranger section with the Division Commissioner? Make an Action Plan and take it to the next Division Meeting.

Did you share with the Division Commissioner the progress of any current Queen's Guide Award candidates, and the possible recommendation of others in the near future? If not, phone her.

Many Counties have direct lines of communication

TEAM CHECK

Who else do you need to know in the County team? Are your Rangers working for the Queen's Guide Award? Are you in contact with those members of the County team who will be involved in assessing them? Would it be a good idea for you to make contact with them so that they know who to expect?

It might be helpful to check out possible times for receiving phone calls, so that the Rangers can call and be successful in making contact the first time they try. Remember, if it is hard for you to talk to these people, then it is going to be even harder for the Rangers to make that initial contact.

If they try and don't get through, or talk to someone who is less than helpful, then they will be reluctant to continue.

Action for those with Queen's Guide candidates:

- Phone the Outdoor Activity Adviser and check through the progress of each of your Rangers.

- Ask your Division Commissioner which other County Advisers she will be approaching to act as assessors.

Make contact with them to give them the names of the Rangers who might be in touch, and discover the best times for contact.

The Queen's Guide candidate is the responsibility of the Division Commissioner, but the Rangers will inevitably relate to you. And you will certainly want to know how they are progressing.

All Ranger Guiders have a responsibility to keep a watching brief, to anticipate problems and treat them as challenges.

Create your own communication network in which you play an active part. And listen for ... 'We did know ... They did listen! ... Together we all decided



consultations always include a direct line of communication with those who are organising them. Locally, are you always aware of the lines of communication to events that include you and the Unit?

Action: Note down all the events in the Region, County, Division and District during the past year that have involved the Unit. Put an initial beside them, to show who gave you the relevant information. Highlight those where you had to ask around for the details. Tick those activities that either you or

and use them. Get the Rangers to use them too, so that they get to know other Guiders by name. This will strengthen recruitment and increase contact between the Unit and other members of the age range.

KEEP TALKING

Communication within the Division is equally important. Do you communicate with the Division representatives and Advisers?

Action: Have you told your Division Training Representative what you would like to see on the training pro-

gramme between the Ranger Units and the County Ranger Adviser, particularly where there is a County Ranger Council or similar representative group. How does this work in your County? Have you invited the Ranger Adviser to your Unit recently? Does she know what you are up to?

Action: Phone the Ranger Adviser and have a chat about what is happening in the County and the Region within the next six months. Send her a copy of your Unit programme as soon as it is ready.

CHERYL TARBUCK

GAMES FOR ALL

Whenever we consult readers on what they want to see in *GUIDING*, requests for games come near the top of the list. Here Pat Barker, who says her most interesting Guiding role was starting a Nigerian Guide Company, continues our games series. A former PE teacher, Pat sets out to show that there's more to games than just having fun.

WHICH GAME?

Guiding is itself a game and games have always formed an important part of most meetings. Sometimes they are used to teach a skill or topic. At other times they are an opportunity for the girls to let off steam or as time fillers. Yet, all games will teach the girls something, so it is a mistake to dismiss a game as just a time-filler.

At times a game may even have a negative effect on some girls. A leader who learns to look at the objectives and potential outcomes of a game will have a wonderful resource at her fingertips.

Most games have a range of outcomes and the organiser will need to decide where to place the emphasis. For example, the game *Collect a Word* (see below) could be listed as a fitness game, a problem-solving game, a co-operative game or a game for teaching map-reading skills.

It would also need listing under 'Games that need advance preparation'. A notebook containing lists of games cross-referenced under headings becomes a most valuable aid for programme planning.

Each leader will devise her own list of suitable headings but here are some suggestions:

- Memory games
- Fitness games
- Problem-solving games
- Singing/action games
- Concentration games

- Quick-reaction games
- Five-minute games
- Games that calm a noisy group
- No preparation games
- Group games
- Individual games
- Sitting-down games
- Co-operative games
- Getting to know you games

COMPETITION

It is important to consider carefully whether a competitive situation will actually enhance the achievement of your aims. There are times when competition will act as a stimulus, but there is a danger that intrinsic motivation and enjoyment are replaced by external rewards.

Care must be taken to see that individual girls within a group are not made to feel inadequate. Nor should they be allowed to feel they are letting their side down or that they are afraid to 'have a go'. Guard against other members of a group identifying one member as stopping them succeeding.

One strategy is to make sure that the activities chosen are wide ranging, giving scope for many different talents. Another is to rely more on challenges than on competition.

COLLECT A WORD

Location: Large outdoor area.

Equipment (one set per group): Eight pieces of card, a map, paper and pencil.

Preparation time: 15 minutes to prepare cards and maps, ten minutes to distribute cards.

Advance organisation: Choose an eight-letter word and write each letter on a separate card. Make further sets of cards according to the number of groups you expect to have.

Choose eight locations for hiding the cards and mark them on all the maps. Go out and distribute the cards in the hiding places.

Method: Divide the girls into groups of three and let them choose a central base. Give each group a map, paper and pencil. Explain that they have to run to collect one card from each point marked on the map.

Once a girl has collected a card, she must bring it back to base before setting out for another. When they have all eight cards, they must arrange the letters to spell a word. Give them two or three minutes for planning — using the paper and pencil.

They will need to consider the relative distances of the

hiding places and the running abilities of their group members. They also need to work out a good recording system to ensure two group members do not visit the same point. Once the planning time is over the race begins.

Games, such as *Collect a Word*, are too time consuming to prepare for frequent playing. However, even quick and simple games can be used for different purposes.

CIRCLE DODGE BALL

Location: Hall, playground or field.

Equipment: One ball, approximately netball size. The game can be made more exciting by using two balls.

Preparation time: Nil.

Method: Half of the players form a large circle with one of them holding the ball. The others stand in the middle of the circle. The outer ring of players aim the ball underarm at the inside group, trying to get them out by hitting them on the leg below the knee.

The throwing players should be encouraged to see the advantages of sometimes passing the ball around the circle so that the attack can come from a surprise angle.

PAT BARKER



SARAH LENTON

YOUNG LEADERS

Those working for Part II Clause 12 of the Young Leader Scheme are asked to attend at least four Young Leader meetings while working on the scheme and, where possible, one residential event.

MEETING UP

Some of you might be wondering why you should go to meetings. Apart from the obvious reply that, if you want to gain the Young Leader Certificate, you have to attend four meetings, there are lots of other reasons why you should try to attend

in regular contact with your Adviser by telephone or letter, but there is nothing like a chat over a cup of coffee to really get to know someone. She can help you in all sorts of ways — by passing on information, helping with problems or just listening.

● To learn new skills: Many Young Leader meetings include a chance to learn something new. This can help with Part I Clause 3. Or it could be something you could pass on to the girls — a particular outdoor skill, for example.

How about arranging something yourself? Do you know someone who could give a demonstration; talk about life as a magistrate; teach you how to do orienteering, ice a cake, chair a meeting?

It does not have to be a formal meeting. It is really a 'get together' for Young Leaders, but it could include Rangers, Guiders, Venture Scouts, or anyone else.

Don't worry if you can't get to meetings or there don't seem to be any locally. If you live too far away to attend meetings, talk to your Adviser. Maybe the date, time and place of a meeting could be changed to allow you to attend. But, if this happens, do make sure you go to the meeting!

If transport is your problem, a telephone call to your Adviser may put you in touch with someone who could help.

If the meeting is planned for the same night as your unit meeting, tell your Guider why you will not be able to make the unit meeting.

If, on the other hand, you never seem to hear about Young Leader meetings, or do not know your Adviser, ask your Guider or District Commissioner.

LIVING IN

Going to a residential event can be a bit nerve-wracking, if you do not know anyone, but it really is very worthwhile. You will soon make friends and learn a lot to make use of in your unit.

Early in April, Young Leaders from as far apart as Wales, Yorkshire, Kent, Hampshire and Essex went to Foxlease for a weekend. They were joined by an equally enthusiastic group of Guiders and Young Leader Advisers, including a Young Leader Guider from Eire. The weekend — 'Young Leaders and their Advisers' — was something of an experiment, get-

ting Young Leaders and Guiders together at a national training.

The Trainers for the weekend represented a small piece of Guiding history, with the author of the *Young Leader File*, and first Association Consultant for Young Leaders; her successor, now the Adviser for the Environment; and the current Co-ordinator for Young Leaders all present, aided by an ex-Young Leader Adviser for Wales.

Everyone soon made friends, while 'dabbling' in various activities which could be used in Rainbow, Brownie or Guide units.

Sessions over the course of the weekend covered a wide variety of topics, including the Young Leader Scheme; adapting games and activities; international crafts and activities; 'the Promise — Where it leads, I follow'; a singing and dancing session; *Action Plus* and *Brownie Go*; the 15+ pilot scheme; a wide game, complete with hailstorm; a Guides Own and an early morning walk in the forest.

You should take the opportunity to go to a residential event. The comments of those taking part in that weekend include:

'Have had an excellent weekend, brilliant fun, and will return home with many ideas to use in my unit.'

'Made loads of new friends, young and not so young!'

'It was a good opportunity to meet Young Leaders from other parts of the country.'

'It all ended too soon!'

'The Trainers were human and user-friendly — even in the rain.'

'The only thing left to say is, when is the next one?'

To answer the last question, it's April 8-10 next year at Waddow — put the date in your diary now.



Young Leader meetings.

● As a social event: If you are not a member of a Ranger Unit, you may find it difficult to meet other Association members of your own age.

● An opportunity to air and share problems and ideas. It can be the ideal time to talk over an idea for a new activity with other Young Leaders.

● To meet your Young Leader Adviser. You may be

YOUR CHOICE

So what else could be included in a Young Leader meeting? The answer is anything you like! It is *your* meeting. If you would like a speaker on a particular subject, or help with one of the clauses of the Scheme, ask your Adviser, and she will do her best to help. Do give her some advance notice though — some things take longer to arrange than others!

HIGHLIGHTS

LONE GUIDERS

FOXLEASE
October 29-31

During this weekend the role and responsibilities of the Lone Guider will be explored. The different ways of communicating programme ideas will be aired and special problems and frustrations shared.

The support available for girls and adults will also be investigated.

If you work with Lones, or want to know more of the challenges faced by the Lone Guider, this is for you.

DEMOCRACY POLITICS AND GUIDING

FOXLEASE
September 24-26

Guiding prides itself on being a democratic organisation allowing participation by individual members at all levels.

● How does this work in reality?

● How can individuals participate effectively in the decision making of a large organisation?

Politics is a dangerous word — so they say — but being political means 'making informed choices about matters which will affect you and other people in society'.

According to the *Guide Handbook*, page 54 'politics is life'!

The weekend will include lots of opportunity for discussion and debate. There will be a presentation by a keynote speaker; workshop sessions and skills such as negotiating, communicating and challenging the status quo; games — including a simulation game.

Come along and find out more about Guiding's role in the life of the nation.

LEADERSHIP FOR COMMISSIONERS

FOXLEASE
September 17-19

In Guiding, leadership involves making things

happen by making it possible for others to make it happen.

The real job of every Commissioner is not to do everything herself, but to enable others to make it happen. Thus, in order to help us to achieve our common purpose, good Guiding, Commissioners must have leadership skills.

During the weekend we will explore:

● The responsibility of a good leader for the task, the team and the individual.

● Building your team and getting people to work together.

● How to encourage, enthuse and motivate your Guiders.

● Ways of finding an appropriate leadership style for yourselves.

● Coping with problems that arise.

Come to Foxlease and find out more about leadership. Why not come as a Division group?

GENERAL ARTS

Foxlease
December 3-5

This weekend is open to any Guider irrespective of section or experience.

What's it about?

Guiders will have the chance to relax, learn and have fun in a friendly atmosphere. There will be a variety of different activities under the general arts heading.

Come and try:

● ribbon weaving

● enamelling

● pyrography

● folk dancing

● playing an ocarina.

Whatever your experience there will be something to appeal to you.

JUST THE JOB

Foxlease
October 5-7

Who is it for?

These trainings are for any member of the Association who, for whatever reason, wishes to embark on or return to paid employment.

It will also be useful for those considering career changes.

What's it about?

To provide you with an opportunity to enhance your employment prospects, whether you are entering or contemplating a return to the world of paid employment.

Topics to be covered will include:

● preparing a CV

● interviewing techniques

● effective presentation

● standards in the workplace

● time management.

THE ROLE OF THE COMMISSIONER

Waddow
November 26-28

Who is it for?

For all Division and District Commissioners to take a fresh look at their role in Guiding.

What's it all about?

We aim to help Commissioners be more effective in their Guiding role and will include:

● leading your team

● exploring the Five Essentials including commitment to the Promise

● managing the GGA Leadership Scheme

● increasing your confidence in taking group decisions effectively.

Division Commissioners — why not bring two or three of your team?

HAVE FUN WITH SCIENCE AND TECHNOLOGY

FOXLEASE
October 29-31

Escape to one of our Stately Homes. But don't think you've left all your problems behind. You'll encounter plenty when you get there!

The questions 'How?' and 'Why?', will be on your lips as you puzzle your way through the weekend.

With your problems solved, you will depart with a great sense of achievement

back to your Brownies and Guides, ready to challenge all your young investigators with conundrums, and pass on the skills you have acquired.

Come and have fun with us in the beautiful surroundings of Foxlease.

WALK THE TEST VALLEY WAY

FOXLEASE
August 26-31

Come and join a small group based at Foxlease to walk the 44 miles of this long-distance footpath spanning Hampshire from Totton to Inkpen Beacon. The path follows the Test Valley through pleasant countryside with abundant wildlife and picturesque villages.

A maximum distance of eleven miles each day on easy terrain will be walked — Intermediate level (medium country).

Further details of the route and cost are available from the Guider-in-Charge at Foxlease. Husbands and families are welcome.

GUIDING IN THE DISTRICT

WADDOW
September 17-19
FOXLEASE
October 15-17

Successful Guiding in the District depends on an enthusiastic team working well together.

This weekend offers the opportunity to get to know others in your District in a relaxed friendly atmosphere. Sessions will concentrate on working and planning together and will show how Guiding can benefit by sharing skills, ideas, and experience across the sections in the District.

CAVING, CLIMBING OR CANOEING

GLENBROOK
September 17-19

This weekend gives you a choice of climbing on the

TRAINING DIARY

rock faces or exploring underground formations while caving. You may do either activity for both days or one on Saturday and the other on Sunday.

Alternatively you may wish to use the whole weekend practising your canoeing techniques in order to gain a BCU 1 or 2 star certificate or further qualifications.

At all times patient, experienced instructors will be with you to teach and develop skills.

THE THINGS THAT MATTER

FOXLEASE

November 12-14

Are you aged between 16 and 25 and a member of the Association? If so, this weekend is for you!

You will be given the opportunity to explore some of the important issues which directly affect your life.

Topics will include:

- independent living
- healthy lifestyles
- developing self-confidence
- exploring relationships
- The Promise.

There will be the opportunity to share ideas and opinions, try new activities, meet new friends and have lots of fun!

TEAM BUILDING

WADDOW

July 9-11

FOXLEASE

September 3-5

Good Guiding needs keen and motivated teams to manage its work and achieve results.

- How can we build effective teams?
- How can we engender and

maintain team spirit?

● Do we understand enough about the way effective teams function?

● How can we help to ensure that the contribution of each team member is recognised and valued?

These weekends at Foxlease and Waddow will explore all these issues.

The aim

● To explore the role and function of the team in the management of Guiding.

● To develop awareness of individual team roles.

● To perform and analyse team tasks.

● To examine strategies for building effective teams.

These trainings are for any 'management' team in Guiding, for example:

● Country/Region Commissioners and County Commissioners.

● Division Commissioners and District Commissioners.

● Country/Region Advisers and County Advisers.

ADVANCED WALKING SAFELY

GLENBROOK

November 12-14

This weekend is specifically designed to meet the needs of Guiders in developing their skills and confidence in leading groups in upland areas.

The training will be tailored to meet the individual needs of the trainees.

Theoretical and practical sessions to be included are:

- map and compass work
- route planning
- navigation skills
- party organisation and management
- safety factors.

For full details of future trainings, send a sae to the Guider-in-Charge of the appropriate centre. Applications to attend any of the trainings mentioned should be sent to the Guider-in-Charge, enclosing a £9 deposit and sae for Glenbrook and a £10 deposit and sae for Foxlease and Waddow.

HAUTBOIS

CHRISTMAS CHEER

What are your plans for Christmas and the New Year? If you are sitting in the garden enjoying the summer sun you are, perhaps, amazed to read this but now is the time to think about booking Hautbois for your unit or District Guides, Rangers, Young Leaders or Guiders to enjoy a training event or an activity weekend with a Christmas flavour.

The weekends December 3-5 and December 10-12 are available. For further details please write to the Guider-in-Charge.

There are also a few places available to those under 25 to join our New Year House Party from December 28, 1993 to January 2, 1994. This non-uniform event will be led by Marion Prior and Wendy Rider and include our traditional midnight service and festivities to welcome in the New Year.



NETHERURD

INSITE

September 17-19 1993

This weekend is designed to revitalise enthusiasm in the Ranger Unit. It is for Ranger Guiders and three Rangers and provides opportunities for you to work together to develop: committee skills,

programme and planning ideas, service opportunities and adventure ideas.

If you are struggling to try to put your ideas into action, or just looking to meet other Rangers and have fun, this is the ideal weekend for you.

For further details contact the Bookings Secretary.



BRONEIRION

HYFFORDDIANT AR GYFER ARWEINYDDION

September 3-5

Hyfforddiant cyffredinol. Dowch i gyd, y chi cydd yn Gymraeg eich iaith. Bydd y penwythnos yma yn cael ei gynnal trwy gyfrwng yr iaith Gymraeg ar gyfer arweinyddion Rainbows, Brownies, Guides a Commissioners.

Y tro cyntaf inni dro hyn ym Mroneirion.

For those who don't read Welsh:

TRAINING FOR WELSH-SPEAKING GUIDERS

September 3-5

General training for Welsh-speaking Guiders. This weekend for Rainbow, Brownie and Guide Guiders and Commissioners will be conducted through the medium of the Welsh language.

This is the first time a training in Welsh has been held at Broneirion.

GLENBROOK — Bamford, Nr Sheffield S30 2AL. Tel: (Bamford) 0433 651567.

BRONEIRION — Llandinam, Powys SY17 5DE. Tel: (Caersws) 0686 688 204

HAUTBOIS — Great Hautbois Road, Coltishall, Norwich, Norfolk NR12 7JN. Tel: (Norwich) 0603 737357.

FOXLEASE — Lyndhurst, Hants SO43 7DE. Tel: (Lyndhurst) 0703 282638.

WADDOW — Clitheroe, Lancs BB7 3LD. Tel: (Clitheroe) 0200 23186.

LORNE — Station Road, Craigavad, Holywood, Ulster BT18 0BP. Tel: (Holywood) 0232 423180.

NETHERURD — Blyth Bridge, West Linton, Peeblesshire EH46 7AQ. Tel: (Dolphinton) 0968 82208.

BLACKLAND FARM — East Grinstead, Sussex. Tel: (Sharpthorne) 0342 810 493

TANIA'S TRAVELS



SARA PENSON

Sumidero Canyon —
where Tania spotted her
first crocodile

Tania tucks into
egg and potatoes at a
market in Ecuador

After a brief spell at Our Cabaña, Tania Cocksedge
set out to explore South America — by bus. ▷



Weaving on
a hand loom
in Ecuador

All the colours
of the
rainbow —
homes in
the old
Italian quarter
of Buenos Aires



Psychedelic
effects at
Chichicastenango
market



A 5,000-mile bumpy bus tour of Latin America isn't everyone's idea of a holiday of a lifetime. But that didn't bother Tania Cocksedge. After a spell as a voluntary assistant at Our Cabaña, the 24-year-old former Young Leader from Suffolk, merrily bussed her way through nine countries, apart from the odd plane and train here and there.

In last month's *GUIDING* Tania explained how, on an EIL trip to Quito, Ecuador, in 1986, she vowed to return and explore Latin America in depth.

So, after a couple of months at Our Cabaña, she and her pal, Sara, who had flown out to join her, boarded the first of many buses to start a journey that took them through Mexico, Belize, Guatemala, Costa Rica, Ecuador, Peru, Bolivia, Chile and Argentina.

Tania continues the story:

What a relief it was to be heading south, out of the smog of Mexico City.

The rugged state of Oaxaca is renowned for its unusual black pottery and in the state capital — also called Oaxaca — it was piled high in the fascinating market.

But there was no spare room in my rucksack and, as for the savoury *mole* sauce and the chilli-flavoured grasshoppers, also on sale, we decided to miss them out.

There was time between buses for a speedboat excursion through the Sumidero Canyon. Its stone walls towered up to 1,200 metres. Egrets, cormorants and vultures soared around us. In a tiny cave bats galore hung over the phosphorescent emerald water. In this eerie place I'm sure I saw my first crocodile, but other passengers were unconvinced.

Towards the Ycatan peninsula, the land flattens out, with lush vegetation and intense humidity. Most of the ancient Mayan city at Palenque is buried under this steamy jungle.

There we climbed one of the pyramids and, through a dark, dank passage, entered a crypt where kings were buried.

Heading south down the peninsula we arrived in Belize, very different to its neighbours, with its British, as opposed to Spanish, colonial past.

Descendants of the Spanish, Mennonites, Koreans, black slaves and British squaddies all seem to live peacefully together, although some doubt crept in when we saw a notice announcing that "trespassers will be persecuted".

In Belize City we met Teresita Duran, local Guide International Commissioner, and were "adopted" by her family for a delightful 24 hours.

About 18 miles off the coast of Belize is the tiny island of Caye

Caulker, where life is pure Caribbean. We went there for a few days to snorkel among angel fish and a vast variety of coral in the world's second longest barrier reef.

Back on the mainland, we bussed west to Guatemala where, just over the border, we hung around for a tedious five hours in a one-pig town, awaiting the four-wheel-drive Maya Express to Guatemala City.

Once under way we realised why the vehicle was so sturdy. We were thrown around all night as we lurched along dried-up river beds.

What with the bumps; non-stop Latin pop blared out by a tinny transistor; a squawking chicken, with its legs tied together; and frequent army checks, when everyone had to get off the bus, it was not what you'd call a restful journey.

Travel in Guatemala was by discarded USA school buses and the aim seemed to be to get *three* bums on seats designed for two, with the aisles also packed.

Chichicastenango, in the maize-producing highlands, has a sprawling market but, for me, the Indians were even more fascinating. The multi-coloured embroidered tunic tops — called *huipiles* — worn by the women created psychedelic effects. With this beautiful clothing they also wore cardigans in sparkling acrylic and plastic hair bobbles.

We rumbled on through the dust and heat to the next stop, where we watched monkeys swinging from ropes high above the town square, while men in outrageous, brightly-coloured wigs chased each other, cracking long whips.

San Jose, the capital of Costa Rica, is claimed to be "safe" for visitors. Yet our first hours there were the most unnerving of the trip. We made for the cheapo area where the prison bars guarding the entrance to our hotel were most welcoming, after we had run the gauntlet of leering drunks and other seedies.

After this, exploring the city was not a priority so we stayed in our cardboard room. Our early morning call came in the form of an earth tremor.

But then we were rescued by Sandy, a Girl Scout I had met at Our Cabaña. Her family was warm and generous.

On the flight from Costa Rica to Ecuador I was excited by the prospect of seeing "my family" again, after six years, but also apprehensive. At Quito airport all my worries disappeared. Maria Chavez was there with the others to welcome me tearfully back into the fold.

For the first week at Casa Chavez Sara and I wallowed gratefully in domestic comfort. Not since Our Cabaña had I had such clean clothes or such a healthy diet!

Maria and I shed a few more tears at our parting but some of mine, in the taxi heading for the bus terminal, were probably self-pity.

Bolivia. This was enlivened when the engine of the bus ran dry in the middle of a desert.

Still, eventually we trundled into La Paz. As we explored its narrow streets the altitude made us gasp. A lot of the people seemed to have permanent hamster-like bulges in their cheeks, packed full of crushed cocoa leaves



TANIA COCKSEGE

We were now on our way to Bolivia and steeling our posteriors for a 72-hour bus ride!

Under the floor was a cargo of live chickens, and it wasn't long before we got wind of them in a big way. But, at least, the stench took our minds off the monotony of this trip through barren country along the coast of Peru.

It took a few days to recuperate before undertaking the journey into

which they chewed to combat altitude fatigue.

I didn't find munching the dried leaves to my taste but I loved sipping *api*, a hot drink made from maize and flavoured with cinnamon and cloves.

Lake Titicaca was an "optional excursion", six hours there and back by bus.

But it's 3,800 metres above sea level, covers 8,290 square km and is the highest large lake in the world, so we went. It was cold, clear, deep blue and gorgeous.

As time and money began to run out we divided our remaining weeks between the capitals of Chile and Argentina, reaching Buenos Aires by train from Santiago.

Finally came the day to board a KLM jet bound for London, ten months after I had set out for Our Cabaña.

By now I was looking forward to short bus rides on smooth, dust-free roads and, preferably, with no chickens under the seats.

But, in case I've given you the wrong impression, I'd do it all again because it was the ultimate "trip of a lifetime".

And, of course, it all came about through Guiding.

Seat of power:
a stone chair
at the top of a
Mayan pyramid
at Chichen Itza,
Mexico

TANIA'S BUS MARATHON

(with distances in miles)

From Mexico City: Oaxaca and Tuxtla Gutiérrez, 540 miles; Mérida, 400; Belize City, 350; Quezaltenango and San Jose, Guatemala, 310. By air to Quito, Ecuador, 600. On by bus to Macará, on the Peruvian border, 350; Lima, 570; Arica, 600; La Paz, Bolivia, 220; Lake Titicaca and return, 200; Potosi, 270; Tucumán, Argentina, 490; Mendoza, 550; Santiago, Chile, 160. Train to Buenos Aires, 630.

Total miles: 6,240. By bus 5,010 — or thereabouts!

**SUPER
SAVING**

GUIDING

GUIDING

MARCH 1993 £1.10

**FOR
LOVE OF
JAMES**

**GOLDEN
POTTIES
FOR
GUIDES**

**TOPPLING
THE
TENPINS**

**BLOOMING
BRONEIRION**

**THE DEBT
TRAP**

**PAT'S
COMMAND
PERFORMANCE**

**RANGERS'
SLUM
CLEAN-UP**

**YOUNG
LEADERS
MIS
ADVENTURE**

**BROWNIE
LEADER
IN RUSSIA**

GUIDERS...

do yourselves a favour and snap up GUIDING's great new offer.

From now on if you take out a subscription to *GUIDING* we pay the postage.
No more waiting impatiently. No more chasing your newsagent to find out why your favourite magazine
hasn't been delivered. Just sit back and wait for it to pop through your letter box regularly each month.
Simply fill in the form today and let us do the work.

GUIDING POST FREE SUBSCRIPTION OFFER — Valid for the UK and BFPO only.

ORDER FORM

To: Magazine Subscriptions, The Girl Guides Association,
17-19 Buckingham Palace Road, London SW1W 0PT, England. Tel: 071-834 6242.

GUIDING costs £1.10 per month. For a year's subscription please enclose a cheque or postal order for £13.20 made out to the Girl Guides Association.

Please send copies of *GUIDING* for months commencing

I enclose cheque/postal order/money order for payable to The Girl Guides Association.

INVOICE ADDRESS

MAILING ADDRESS

All magazine subscriptions are for a maximum of one year. Shorter subscriptions can be had pro rata.

YOUR LETTERS

Another reader reiterates Mrs S E Smith's plea in June's *GUIDING* for a rethink on the question of the Link Badge.

BADGE RULING

I, too, recently came across the same situation when a Guide who had been a Rainbow sewed her Link badge, along with her Brownie Link Badge, on to her sash. The question of the Link badge never having arisen before, no one seemed to know or be able to find any documentation to answer the question. I asked my fellow Guiders, my District Commissioner and Division Commissioner. Mrs Smith's letter answers my question — no Rainbow Link badge on the Guide sash.

Why? These girls are proud to have been Rainbows, Brownies and now Guides. Not many Guides can say that. These girls joined the Movement at the earliest opportunity. Why not let them show it?

The Guide concerned in my Company was quite upset to be told that, until we had found out the ruling, the badge would have to be removed. It seems to me that Guides want to show that they were once Rainbows.

Please reassess this ruling.

TRACY SCHONEWALD

Guider
1st Limassol Guides
BGIFC

ROOF APPEAL

Further to the article in June's *GUIDING* about my visit to Kenya, I am delighted to say that the Kenyan Girl Guides are now holding a money-raising effort called a Harambee (a 'pull-together') to raise money for the roof of their

headquarters. I believe this is to include a nation-wide sponsored walk.

Any units or individuals who would like to 'pull-together' with them on this project can send donations to me to send on.

Please make cheques payable to: Kenya Girl Guides Roof Fund.

GILL CLAY

Coed Hills
St. Hilary
Cowbridge
South Glamorgan
CF7 7DP

BLACKIES FOREVER

Were we the first 'Rainbows'?

When we were five, my best friend, Mary, and I desperately wanted to be Brownies like her elder sister. We were too young, adults said. But how could we wait two years? We were bitterly disappointed.

Mary's mother, the late Peggy Macpherson (who later became Lady Drumalban) was a most resourceful person. With great foresight (like B-P) she invented 'Blackies'. The year — 1947; the place — High Larch, Iwer Heath, Bucks.

But what about uniform? No problem. She made black tunics for us out of old blackout material, wound gold dressing-gown cords round our waists (several times, I remember). We had gold duster ties folded in the Brownie style of the time and badges of gold milk bottle tops, formed into an impish character and pinned on as we were enrolled.

The same laughing little chap was embroidered in gold on a huge black flag that adorned the Blackie Hut, an out-building that was still so-named after we

were all married.

Numbers rapidly increased and meetings consisted of Brownie tests under the instruction of the Brownie sister, activities by our leader and games.

We did not miss a meeting in two years — until we were officially Brownie age and joined the 1st Iwer Heath Pack. It was little wonder we got through our Golden Bar and Golden Hand tests so quickly. Proud of my previous training, I was never bored.

Although my mother was a Guide Guider, it was Blackies that started me on the first rung of a ladder I still seem to be climbing. And at the top, maybe, I will find dear Mrs Mac waving our Blackie Flag. In my eyes, Blackies were and always will be part of my Guiding experience.

DI STAGG

County Ranger Adviser
Norwich

SWAP SHOP

I was a very happy and contented Guider until recently. Both my daughter, who is also a Guider, and myself are avid collectors of metal Guide badges, especially the County badges.

So, when I had a day's holiday, my husband offered to drive me to the Birmingham Guide Shop to purchase two of their County badges.

On arrival I was told I could not buy them, but only swap them with a Birmingham Guider. I stood there open-mouthed, with my warrant in my hand. I was speechless. So much for the Guiding spirit, and a Guide is a friend to all, and so on.

Is there a friendly Guider in Birmingham who is willing to swap two

Birmingham County badges for two Northampton County badges? If so, please restore my faith in friendly Guiding and get in contact.

DIANNE WARD

Assistant Guider
Park Avenue Methodist
Guides
2 Lime Avenue
Northampton
NN3 2HB

In June's *GUIDING* a Guider wrote of her distress when she discovered that a child was being abused and her concern that she had missed the 'tell-tale signs'. Her letter prompted this response.

TRAINING NEEDS

The unnamed Guider should be reassured that she is not alone in being unable to spot 'tell-tale signs'. Most people would also not know what to look for. Her call to the NSPCC was the right response in the first instance.

The request for training should be supported. As we all come into contact with children outside Guiding, a more general approach would be of more use.

The Open University's Department of Health and Social Welfare runs a course entitled 'Child Abuse and Neglect: An Introduction'. This course aims to identify what abuse is, how it may be recognised and how to respond. It does not turn out child abuse experts or counsellors. It only aims to make people aware of the problem and what they can do to get help for abused children.

I am presently studying this course under the sponsorship of my place of work (a hospital). However, it is available to individuals

through their local Open University Centre. The Open University will put individual students in contact with each other to provide mutual support when dealing with some of the distressing feelings roused by the course.

If the GGA wish to provide training in the area of child abuse they could do worse than to investigate the possibility of running this course in small groups in each County or Division.

JACKIE O'SULLIVAN

Guide Guider
1st Chester-le-Street
Company
County Durham

IN PRAISE OF SNOWY

I write in praise of our sometimes unsung heroines — the Unit Helpers! Our meetings are so hectic and our programme so full, that I think we sometimes, unwittingly, take ours for granted.

We call her 'Snowy', though Brownies occasionally slip-up and call her by the name of their teacher, or sometimes 'Mum' — but she doesn't seem to mind!

She has chosen not to wear uniform, but comes to every meeting. She was very pleased to make her Promise with the Pack in the presence of our Commissioner and is proud to wear her badge.

I tried to write her job description — it is almost impossible. She teaches and tests everything from the National Anthem to needlework; makes badges and charts; collects subs; plays the piano; makes refreshments; does First Aid... You name it, Snowy does it. She is also a marvellous listener and sorter-out of problems!

We try to remember that she is a very busy lady outside Brownies too, and we know we are lucky to have her as part of our team.

A very big thank-you to

our Vera Chambers (Snowy) and to all Unit Helpers. We couldn't cope without you!

LIBBY WELLS

Guider
1st Ware (St Mary's)
Brownie Pack
Herts

MISSING WARRANT

On looking through some old papers I came across a warrant in the name of Miss Adrienne York, dated June 15, 1966.

It is a Lieutenant's Warrant for the 25th South Shields (Baring St. Methodist Company) and was cancelled February 8, 1967.

It is in an envelope addressed to Mrs B Burns, 13 Sheldon Road, South Shields and had been sent by Mrs W Armstrong 122 Reading Street, South Shields.

I have tried to contact this Guider without success. I would like to return this warrant to the Guider concerned. Can anyone help?

ALLISON GRAYDON

East Blyth District
Commissioner
Brownie Guider
5 Kendal Drive
Eastfield Dale
Cramlington
Northumberland N23 9XE

Ann Martin's letter about Cheshire Border's Brownie Pilot Camp in June's GUIDING prompted another reader to share her experiences.

TOO SOON? NEVER!

Our Rainbow Guides will be banging in small pegs with small mallets when we cordon off our sideshow at one village fête next weekend.

Some Brownies will make a flagpole and proudly hoist our first item of group equipment — a new design World flag. Will it bring a prospective adult leader to our stall?

Meanwhile, our Young Leader and a Guide will,

hopefully, remember from last year how to make the much-admired rustic litter bins (square-lashed gadgets to us) and instruct other Brownies, so that several can be erected for the neighbouring village's Open Weekend.

Everyone will therefore be needed to help our Guide Patrol pitch camp in their Young Leader's garden the following weekend!

Incidentally, my three sons were a self-sufficient camping patrol at the ages of 10, 7 and 4, having camped with the Guides every year. It's never too soon to start the training!

ROSEMARY YARKER

Out Reach Project Leader
1st North and Hemington
Units
Bath

BADGE TALK

I am writing in reply to the letter in February's *GUIDING* suggesting that Guiders should have cloth, rather than metal, qualification badges.

I do not like the idea of cloth badges because they are not as 'smart' as metal ones. However, I can see a number of disadvantages in cloth badges sewn, presumably, to the sleeve of the long-sleeved blouse.

One advantage of the present uniform — blouse and skirt, without tab — is that, to an outsider, it doesn't obviously look like a uniform. This means that if a Guider has to go straight from work to a Guiding event (or vice versa), she can simply wear her uniform to work and avoid the hassle of trying to find somewhere to change. With badges sewn on to the blouse it won't look so anonymous.

In winter a Guider is likely to wear uniform jacket, jumper or sweatshirt over her blouse — so no one will see the badges. While, in summer, she will probably wear the short-sleeved blouse and/or polo shirt, and I'm sure no one would want to

spend time transferring badges.

There may be room for badges on the sleeve of the blouse, but would there be a suitable position for them on the polo shirt? There must be Guiders who chose (or can only afford) to own one uniform top — if it's the polo shirt, where would they sew the badges?

As to the problem of which badge to wear in 'fourth place' on the tab — why not rotate them? See how long it takes the girls to notice the changing badges. This will give you an excellent opportunity to explain what they are all for. And, if you play 'name the badge' each week, they may even remember what qualifications you have gained!

GLENDASHDOWN

Assistant Guider
39th Portsmouth
(St Swithun's) Brownies
Hants

EARLY BIRDS

Having just taken up the offer to have *GUIDING* posted to us each month, rather than collecting it from the newsagent, we are now hoping that we will read many of the good articles before the event rather than after.

However, please could features about, for example Thinking Day, be included in an earlier issue rather than February. We do try to plan our term in advance and often ideas and activities are set in motion before the event is in *GUIDING*.

Please may we have Christmas in October Thinking Day in December and so on.

TRICIA CHAPMAN

3rd Seaford Brownies
CHRIS SPICE
1st Blatchington Brownies

Letters should be kept as brief as possible and the Editor reserves the right to edit any contribution. Letters must carry the author's name, address and, if possible, a daytime phone number.

FIELD OF DREAMS

Football-crazy Zoe Hodges shot into the limelight when she was presented with her Baden-Powell Trefoil in front of nearly 19,000 cheering Leicester City fans.

Her moment of fame at City's Filbert Street ground was organised by her mother. The 15-year-old Coplow District Ranger who is also a Young Leader, received her award from her soccer idol, Leicester's goalkeeper Kevin Poole.

She achieved a lifetime's ambition — to walk out on to the pitch. Zoe is a keen City fan who tries to attend all home games. But this time Zoe had a VIP seat for the match and enjoyed a stadium tour afterwards.

Zoe, from Houghton-on-the-Hill, said: 'I had a brilliant time, I'm soccer mad and this was the perfect place to get my award.'

Her proud mother added: 'If you cut Zoe through the middle, she'd have Guiding all the way through her, just like a stick of rock.'

Zoe with her hero
Leicester City goalie
Kevin Poole



A day out at Camelot Theme Park is legendary for groups.

There's something for everyone, with wild rides like the Tower of Terror and the Black Knight's Revenge — a spine-tingling new ride into darkness filled with ghoulish surprises.

And there are sensational live jousting tournaments, plus enchanting falconry displays, an intriguing new Medieval Village,

and over 100 other shows, rides and attractions.

While your group screams a lot and laughs a lot you can relax a lot — we can help organise your outing from dawn to dusk and we have an incredible package of discounts and incentives for you to enjoy.

For full details, free leaflets and Group Organiser Support Pack clip the coupon, or phone our Hotline: **0345 617617**.

Please send me the Group Organiser Support Pack for Camelot and the following Granada Theme Parks: (please tick if appropriate): American Adventure ☐ Granada Studios Tour ☐ GJ/B/93

NAME

GROUP TITLE

ADDRESS

POSTCODE

TEL

Return to: Group Sales Dept., Granada Theme Parks & Hotels Ltd., Water Street, Manchester M60 9EA.

SPECIAL FUN DAYS

Beavers/Rainbows 11 Sept, Cubs/Scouts/Brownies/Guides 18th Sept.

PEOPLE *and* PLACES

STEAMING AHEAD

► Getting steamed up here are Guides from Castle Point Division, Essex at Barleylands Steam Rally in Billericay. The Guides kept the tea flowing while helping to run a refreshment marquee.

MAPPING IT OUT

▼ Brownies and Guides from Manningtree District, Essex were coining it on Thinking Day. Dressed in international costumes, the girls stuck their Thinking Day Fund contributions on to maps to illustrate how the money will be used to help develop Guiding all over the world.

JACQUI BULMER



YORKSHIRE EVENING PRESS



BRANIS LUTHERBURGH



LESLEY KNIGHT

JUMBLED UP

▲ Loads of lovely jumble! Brownies Alexandra Wrightson and Dawn Foster of the 1st Church Fenton Pack, North Yorkshire, know that helping out at a jumble sale can put the fun in to fund raising.



FAIRY TALE

▲ Aren't they sweet? These little lassies are Haditas, the Mexican equivalent of Brownies. They were snapped at Our Cabaña by Lesley Knight who was visiting the World Centre.

JANINE COUSSENS



PIGGY PONG

▲ This perky piglet charmed the socks off Brownies from the 4th Stourbridge (St Thomas') Pack when they visited a local farm. Though Guide Sarah Hoey, who got to cuddle the little porker, did report a slight pong.

LITTER PICKERS

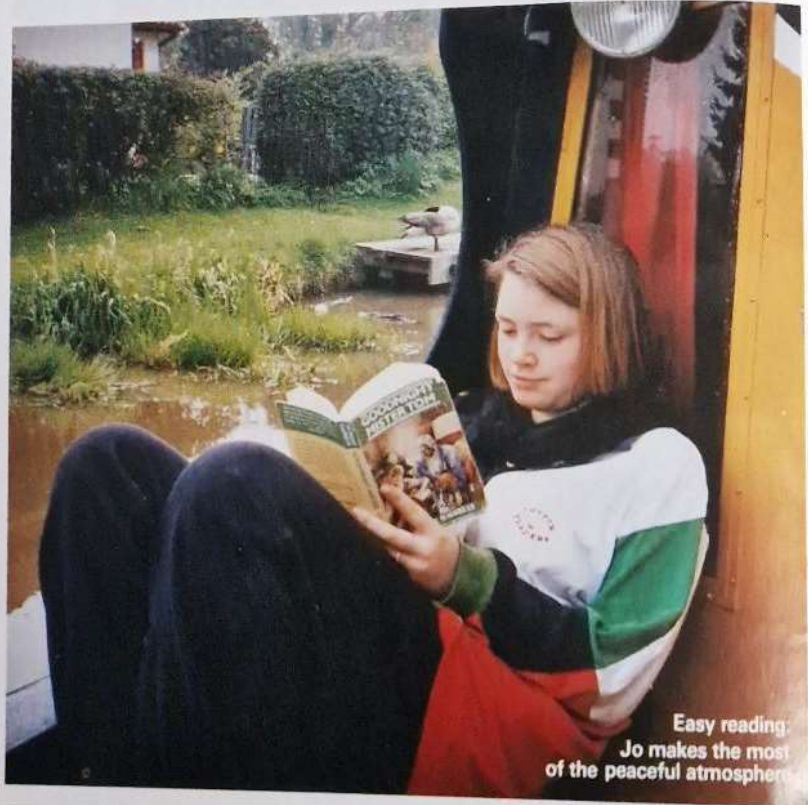
► 'Good riddance to bad rubbish,' say Brownies Gemma Walker and Alexandra Legomski. The hard-working pair joined over 70 Rainbows, Brownies and Guides from Trentham District on a massive litter-picking spree.

EVENING SENTINEL



HOLIDAY AFL

*Cruising down Britain's
canals on a narrowboat is
a great way to see the
greener side of some of
our urban areas, as a
group of Cambridgeshire
Rangers discovered.*



DIANA WALLACE

Easy reading:
Jo makes the most
of the peaceful atmosphere.

All aboard:
From left
(back row) Louise,
Wendy, Sarah,
Alison and
Debbie;
(front row) Lucy,
Jo, Jeanette
and Judith



OAT

It's not difficult to walk faster than a canal boat moves. After all, the speed limit on most inland waterways is a leisurely four miles per hour. So, if you're after an easy-going holiday with masses of time to unwind and admire the scenery, a trip down one of Britain's many waterways could be just what you need. It's an ideal chance for a unit to practise their teamwork. Or why not consider a canal boat as an unusual venue for a District training?

When Guider Jeanette Cadney and her unit, Eaton Socon Rangers, were offered a five-day canal boat trip, they jumped at the chance. The girls had been working hard on the 15+ pilot scheme and deserved a treat.

They were joined by ace helmswoman Wendy Beamont and Guide Guider Judith Evans, who was recruited as a life saver.

THE CREW

Jeanette Cadney, Ranger Guider, Eaton Socon District Rangers; Wendy Beamont, Oxon Assistant Boating Adviser; Judith Evans, Guide Guider, 1st Nee-dingworth Guides; and Eaton Socon Rangers Debbie Burnett, Lucy Frearson, Jo Reynolds, Louise Sawrey, Sarah Walker and Alison White.

The trip, carefully planned by Wendy, started at Stoke Prior, south of Birmingham, and took in sections of three canals — the Worcester Birmingham Canal, the Grand Union Canal and the Stratford upon Avon (Northern) Canal — on a circular route finishing back at Stoke Prior.

By the time I joined the boat at Catherine de Barnes on the Grand Union, roughly half-way around the route, even the novice sailors in the group had become dab hands with a rope or windlass. They'd had to learn fast — the first leg of the journey had taken them through 59 locks.

Part of the charm of narrow boating is that Britain's canals, built to link some of our major industrial centres, take a surprisingly green and pleasant route through the countryside. Main roads and busy shopping centres may be only the other side of a thick hedge or grassy field but the canals provide a lush haven for wildlife.

As we left Catherine de Barnes a

heron kept us company for a couple of miles. During the trip we also spotted a kingfisher, masses of ducks and other waterbirds, and rabbits playing in the fields. But our most original sighting was a llama living in a small zoo.

Wendy had divided her crew into two watches — 'port' and 'starboard' — and we took turns to act as cooks or crew the boat.

There's a simple knack to steering a canal boat — to turn left you push the tiller to the right and vice versa. The boat carries on turning after you have straightened up, so push too far and you can end up, as I did, zigzagging along the canal.

And, as Louise had found earlier, it only takes a tiny lapse in concentration for something to go wrong. 'I only looked down for a minute,' she said. 'But that's all it takes. All of a sudden Wendy shouted "Look out!" and we were going into the bank!'

The other crucial thing to remember is that canal boats don't have brakes. To stop you have to reverse the engine. Leave it too late, and there's a nasty crunching noise as the bow of the boat hits the bank. Or, worse, bangs into the side of a lock, and cooks and crockery go flying.

But, by the end of the trip, we all were seasoned steerswomen, confidently negotiating narrow locks and even tunnels.

Wendy was pleased with the progress of her amateur crew. 'When I walk away from the boat, they know they've made it,' she said, watching from the towpath as Lucy steered a steady course through a flight of locks.

In fact, steering was restful compared to the work done by the rest of the crew, as we went up a flight of locks. Winding the 'paddles' up with a windlass to let the water into a lock can be hard work and the gates are often heavy to open and shut. So it was all hands on the towpath up Lapworth locks.

Lucy, Jo and Louise took a quick break to renew their Promises on the bow of the boat as the water rose in one of the locks.

After all that winding and unwinding, we deserved a break so we spent the afternoon exploring Packwood House. This 16th century, timber-framed house is famous for its topiary garden, where huge clipped yew trees are said to represent the Sermon on the Mount.

Luckily there were fewer locks to

deal with next day, so we could spend more time enjoying the scenery, which was what Jeanette really loved. The most relaxing thing is sitting at the front of the boat looking out and watching the herons flying off,' she said. 'It's so peaceful.'

The day was less peaceful for Sarah though. She took an unplanned and rather muddy bath! Pushing off the front of the boat, she found herself suspended between bank and boat and ended up in the murky water.

As canals are rarely deep, she was easily hauled back on board. The problem was drying out her clothes.

The rest of us got almost as wet when we tackled King's Norton tunnel later. Seasoned canal-goers take an umbrella when they negotiate a tunnel. We just had to put up with huge drops splashing off the roof on to our heads.

Over a mile in length, King's Norton tunnel is the fourth longest in the country. It's half an hour of damp darkness before you spot the light at the end. At least it wasn't a hot summer day when, Wendy told us, fumes can build up to produce a thick smog in the tunnel rather like the peacoupers of Edwardian London.

By the time we moored near Alvechurch everyone was ready for an early night to make sure we were fresh for the final leg of the journey.

To get back to the boatyard at Stoke Prior we had to go down through Tardebigge Flight and Stoke Prior locks — 34 locks in all. According to one waterways guide Tardebigge is 'close to being the ideal canal environment'. The well-kept, white and black painted locks are surrounded by neatly-mown grass and flower-filled hedges.

But there is one drawback. Tardebigge is the longest flight of narrow locks in the UK and also boasts the deepest lock in the canal system. Going down the flight called for excellent teamwork — always a Guiding strong point. The girls worked in pairs, running ahead to make sure that each lock was ready.

It took all day, and a lot of winding and unwinding, to negotiate all 34 before we finally made it back to home-base at Stoke Prior — a distance of around six miles. It would have been quicker to walk — but not so much fun.

DIANA WALLACE

● Our trip was arranged by British Waterways and provided by Black Prince Holidays. For more information on canal holidays throughout the UK contact: British Waterways Information Centre, 45 Monument Hill, Weybridge, Surrey KT13 8SF. Black Prince Holidays can be contacted at Stoke Prior, Bromsgrove, Worcestershire B60 4LA; tel: 0527 575115.

WIN A HOLIDAY

Look out for a special competition in September's *GUIDING*. The winners will be treated to a week's holiday on a canal boat so don't miss it!

MYSTERY SOLVED

We have some super sleuths among our readers. When we printed Janet Powell's photograph of her mother's 'mystery unit' in March's *GUIDING*, it sparked off lots of memories and got our amateur detectives on the trail.

Memories are made of this: Kathleen was still enjoying Guide holidays in her late teens



Mystery solved: the 11th Nottingham All Saints Company, with Kathleen Williamson third from the right in the front row

Thanks to our sharp-eyed readers we can now reveal that the mystery unit pictured was the 11th Nottingham All Saints Company, one of the first to spring up in Nottingham.

'I feel a bit like Sherlock Holmes,' wrote Assistant Brownie Guider Loraine Parker, who spotted that the photograph had been taken outside All Saints Church in Raleigh Street.

Sadly, the 11th Nottingham All Saints no longer exists. It closed during the late 1980s. But Loraine's Brownie unit, the 11th Nottingham All Saints Pack, is still going strong.

Another reader, Jane Robinson, a member of the 11th Nottingham All Saints from 1958 to 1969, has another family link with the unit.

'I can confirm that the Guider's name was indeed Miss Trease,' she wrote. 'She was my great Auntie Min!' Jane still has the gold Guide badge which was presented to her great aunt on her retirement. It was inherited by Jane when she attained her Queen's Guide Award.

Another former Guide, Eileen Cramp, now a member of 11th Nottingham All

Saints Trefoil Guild, described Minnie Trease as 'a wonderful person'.

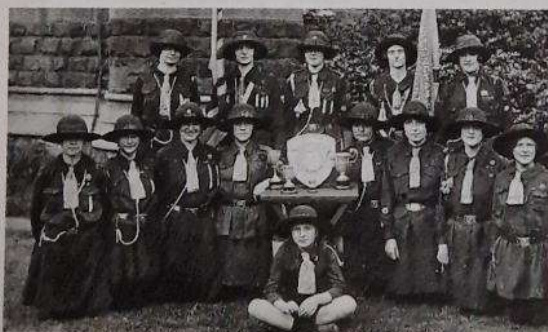
'She was the mainstay of Guiding in Nottingham and we were very proud — and still are — to belong to the 11th All Saints,' wrote Eileen. 'Our Company really was the best in the city.' Eileen herself went on to become a Guider and was Midlands General Secretary for 13 years.

Three other members of the 11th Nottingham All Saints Trefoil Guild, Eileen reported, remember Janet's mother, Kathleen Williamson. She was known as a 'Senior Guide' at the time, being older than they were, and they also remember her as a good swimmer.

As Janet recalled, Kathleen had particularly good memories of camping with the unit in Scotland, memories which are shared by other former members.

'I was reared on stories of mother's Guide camps,' Janet said. 'I suppose her family did not have much money and these were probably her only holidays. She always told of sleeping on camp beds. She used to get cramp badly and, one night, wriggled so much that she broke her bed!'

Like so many of those faded, sepia photographs tucked away in albums and scrapbooks, Janet's picture had a story to tell. Now, thanks to *GUIDING*'s eagle-eyed readers, another mystery has been successfully solved. In fact, Janet was so pleased with the response to her plea that she dug out some more of her photographs from the archives, including a lovely snapshot of her mother paddling.



Rainbows love Rainbow Rabbit

Here's what one Bury Rainbow wrote:

'Dear Rainbow Rabbit

I'm having a great time at rainbows it would be even better if you were there...'

Look for Rainbow Rabbit in *RAINBOW GUIDE EXTRA*, an eight-page supplement in each month's *BROWNIE*.



CLASSIFIEDS

DISCLAIMER REMINDER

Inclusion in this section should not be taken to mean that the Association has checked out and endorses the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

CAMP SITES AND ACTIVITY CENTRES

CANAL ADVENTURE JOURNEYS

There is so much to do and see on a week's cruise starting from Braunston, the waterways centre of England. We have self-steer or skippered boats ranging from the simple to the luxurious, please phone RUGBY 890784 for our latest colour brochure or write to UNION CANAL CARRIERS, Bottom Lock, Braunston, Daventry, Northants.

VENTURE ABROAD

Organising Holidays for Scouts and Guides for over 20 years.

- * Holidays in self catering chalets in Switzerland including Adelboden, Austria, Holland and Normandy.
- * A wide range of activities, excursions and walking trips.

For full colour brochure call 0483 273027
Venture Abroad Warren House,
High Street, Cranleigh,
Surrey GU6 8AJ

BUCKMORE PARK SCOUT CENTRE

Maidstone Road, Chatham ME5 9QG.
Scout camp site. Training ground and Activity Centre. Swimming, Skating, BMX, Shooting, Archery, 5-a-side, Tennis, Karting, Climbing, Orienteering, Abseiling etc. Open throughout the year for Summer Camps, Weekend and Weeks Camps, Pack Holidays, Conference facilities.
Brochure available (large SAE) from:
The Warden Tel: 0634-861295/8
Fax: 0634-844553

ACTIVITY CAMPS

Wales • France • Spain

Fully equipped camps
Areas of outstanding beauty
Groups of any size
Over 20 exciting activities
Qualified, resident instructors
Established 1982, ABTA 12328

For a colour brochure, contact

ACORN VENTURE

Worcester Rd, Hagley, Stourbridge
DY9 9HW Tel 0562 882151 (24 hrs)

DOWNE SCOUT CAMP

All acre site 16 miles from Central London is available all year for Packs, Companies, Units, District or County events. Camping Sites and 4 fully equipped Buildings. Toilet Blocks with female facilities. Hot showers at Camp Centre. Outdoor swimming pool, climbing/abseiling tower, air rifle range, archery, assault course, orienteering and pioneering equipment available.

Brochure from the Warden, Downe Scout Camp, Bird House, Downe, Nr. Orpington, Kent. BR6 7LJ. Telephone: 0959 572121.

Baden-Powell House Hostel

Queen's Gate, London SW7 5JS

Tel 071-584 7031

Comfortable group or private family accommodation for up to 112 residents in single, twin and multi-bedded rooms. Self-service restaurant for residents and non-residents. Also meeting and seminar rooms for conferences, workshops and social functions.

Location is ideal as a base for exploring London, educational visits, West End shopping, theatre going, etc.

Enquiries to RECEPTION

Belchamps

30 acres of pasture and woodland.
Indoor accommodation centres for 48, 24 and smaller groups, open all year.
Archery, shooting ranges, assault course, Pioneering, climbing, badminton, hot showers.
Site adjoins 360 acres of public woodland.
Swimming pools, sports complex minutes away.
Excellent site shop and woodpile.

SAE for Brochure, The Warden, Holyoak Lane, Hawkwell, Hockley, Essex. Tel: 0702-205081.

PRINTFORCE BOOKS. Practical publications/resources for leaders — see under 'For Sale'.

WESTERN LAKES: Rowrah Hall near Ennerdale, inexpensive hostel style accommodation, separate Leaders rooms, CH, oak beams, open fires, catered or SC. Telephone 0946-861029

Kingsdown

International Camp site

A SITE FOR SHORE EYES!

First class indoor accommodation and camping in White Cliffs Country, overlooking the English Channel.

WOULD YOU LIKE TO.....
canoe on the crest of a wave.....go sledging in midsummer.....climb with the clouds.....aim to be marksmen of the week.....or have a leisurely day out in France?

Kingsdown offers all this and more.

Phone or write for details:
Charlie Leadbetter,
Kingsdown International Scout Camp site,
The Avenue, Kingsdown,
Deal, Kent. CT14 8DU.
Tel: 0304 373713

CAMPING CANAL BOAT STYLE

A week's holiday from just £32.50 per child

MIDLAND NARROWBOAT PROJECT
Tel. 021 236 9811

CANAL ADVENTURE CRUISES

Aboard our fleet of 12 berth skippered Narrow Boats. All boats are fully equipped with fridge, heaters, flush toilets, central heating, showers, etc. You just need a sleeping bag and food — or we will provide these too if you wish. Friendly helpful staff and reasonable prices.

Warwickshire Fly Boats Co,
Shop Lock Cottage, STOCKTON,
Nr Rugby, CV23 8LO. 0926 812093

FOR SALE

BADGES SEW ON

Inexpensive and attractive.
Fast service.
Contact the manufacturers.
S.A. Cory Ltd, Glengarriff,
Co Cork, Eire
010-35327-63159

TENT REPAIRS. DIY materials. Manufacturers of high quality ridge tents, dining shelters, mess tents, marquees. Guiding discounts. Phone or write for price lists.
CF Barker & Sons (Marquees) Ltd, 47 Osborne Road, Thornton Heath, Surrey CR7 8PD. Telephone 081 653 1988

SWEATSHIRTS, TEE & POLO SHIRTS

BASEBALL CAPS, TEA TOWELS
SCREEN-PRINTED WITH YOUR
COMPANY DESIGN MACHINE WASH

24 HR PHONE FOR FREE BROCHURE

ADVERTISEES HEAD OFFICE 0872-561044

EAST HILL, BLACKWATER,

TRURO, CORNWALL, TR4 8HW

LONDON 071-430-0912

MANCHESTER 061-228-7560

"Advertise the People You Can Talk

To 9 a.m. To 5.30 p.m."

PRINTFORCE BOOKS

PRACTICAL PUBLICATIONS/RESOURCES

Available from all good Scout and Guide shops or send for catalogue.

6 Angel Hill Drive,
Sutton, Surrey SM1 3BX

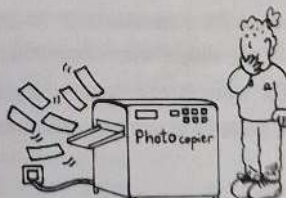
OUTDOOR FABRICS. Speedy mail order service. Keenest prices. Widest range of professional patterns, breathable fabrics and 50 colours of fleece. Send a large SAE for FREE samples. Pennine Outdoor, Holmbridge, Huddersfield, W. Yorks HD7 1NT. Tel: 0484 689100/101. Fax: 0484 681783

BADGES

The word's got around that THE people to contact are TOLSTAR — for embroidered, woven, printed — in fact, every type of badge, including the type most suitable for YOUR special need. Just send a sketch to "your friend in the badge trade" for quotation.

WEBB, TOLLEY & CO. LTD.,
1(B) Timmia Road, Lye, Stourbridge,
West Midlands DY8 7BQ.
Tel: 0384 422284

PRINTING



Screen Printed Badges, Pennants,
Car Stickers, Embroidered Badges.

*Scoutscreen
of Ruislip*

15 Orchard Close, Ruislip,
Middx. HA4 7LR 0895 632516

FUND RAISING

EXPRESS SERVICE

For Fund Raising & Promotions

*PENS — PENCILS — COMBS

*KEY FOBBS — NOTEPADS

*BADGES — DIARIES

All printed to your requirements

For samples & colour brochure

Contact: GOLDPRESS

1 Lower Green Avenue, Scholes,

Cleckheaton, West Yorkshire BD19 6PS

Phone 0274-878485

(Stamp appreciated)

LUCKY DIPS from £9.60 gross. Pocket Money Toys and Novelties. Paul Tomblin, 5 England Crescent, Heanor, Derbyshire DE75 7BE. (0773) 718678

PRINTFORCE BOOKS. Practical publications/resources for leaders — see under 'For Sale'

RAISE £1000s for your funds and help the environment. Collect used Laser printer cartridges. For details call LASER-XCHANGE 0873 852663.

Interprint

MINI ORDERS ONLY 12
FREE DELIVERY
FREE DESIGN SERVICE
QUANTITY DISCOUNTS
YOUR OWN DESIGN
TEA TOWELS
THE FUN WAY
TO RAISE FUNDS
DEPT GU CRAVEN ARMS, SHROPSHIRE SY7 8DU. TEL: 0588 673644

PERSONAL

PRINTFORCE BOOKS. Practical publications/resources for leaders — see under 'For Sale'

LASER TONER CARTRIDGES

Raise funds and save the environment. Top prices for empty cartridges currently being dumped from many offices near you.

Access Lasercall Ltd
Epsom 0372 748550
NATIONWIDE COLLECTION

COMING EVENTS

PRINTFORCE BOOKS. Practical publications/resources for leaders — see under 'For Sale'

GIFTS

BIRTHDAY DUE? Give someone an original newspaper dated the very day they were born. £17.90 Yesterday's News, 43 Donald Road, Colwyn Bay, Clwyd LL29 7RE. Telephone 0492-531195. 9 am-5 pm 7 days

HOLIDAYS & ACCOMMODATION

CUMBRIAN FARM LEISURE

Central booking for farmhouse holidays in Cumbria.

Self catering cottages and serviced accommodation.

Farm & country activities, activity holidays arranged.

For "Where to Stay" & "What to Do" brochures contact Mike Powell or Eileen Clark, Oakbank Fisheries, Longtown, Carlisle, CA6 5NA. Tel/Fax 0228-791108.

Please complete this coupon to place a classified advertisement in GUIDING

Rates: Lineage 70p per word (minimum 20 words). Semi display (boxed advert) £14.00 per single column centimetre. Reversing out (white on black) 50% extra. (ALL RATES + VAT). 10% discount for 12 consecutive issues (deduct discount before adding VAT). 5% discount for 6 insertions. Box number £12.00 extra. All classified ads. **MUST BE PREPAID**. Copy Deadline 26th July for September issue.

Send to: Christine Lemmon, Classified Department, GUIDING, Jackson-Rudd & Associates (London North East), 2 Luke Street, London EC2A 4NT. Tel: 071-613 0717. Fax: 071-613 1108.

Cheque, P.O. attached for £

payable to Jackson-Rudd Assoc.

No. of insertions for which issues

Under heading Signed

Name in full

Address

.....

.....

..... Tel. No. (day)

Please write your copy below — one word per box: telephone numbers charged as two words — BLOCK CAPITALS PLEASE

NOTE: Please continue on separate piece of paper if necessary.

IMPORTANT

All copy is subject to the approval of the Association or its agents which reserve the right to refuse, cancel or suspend any Advertisement. Advertisements for the sale of secondhand clothing, other than uniform, cannot be accepted. Uniforms for sale should not be sent to CHQ, advertisers will receive communications direct from applicants. Advertisements for camp sites, activity centres and Pack Holiday Houses must be countersigned by the County Camp Adviser indicating that in her opinion the site/centre/house is satisfactory.

County Camp Adviser (Signature)

Advertisements for joint Ranger/Venture Scout events must be countersigned by the Guide County Commissioner indicating her approval of the event

Guide County Commissioner (Signature)

The Girl Guides Association takes no responsibility for statements made in advertisement or from any matter arising therefrom



PAULA J SCHLUMBRECHT FROM NEW ORLEANS

A former officer in the United States Air Force, Paula is Guider-in-Charge at Pax Lodge.

A lot of people must envy me, I guess, because this is a super job and landing it was the best thing I have ever done.

There were about five other candidates, who came from all over the world, but getting the job was not as difficult as becoming a Brownie in the United States!

I was about seven when I told my mother that I wanted to be a Brownie.

So she started asking around, trying to find a group for me to join, somewhere in our neighbourhood, near the centre of New Orleans.

But she couldn't find one anywhere, because there seemed to be very few adults interested in running any kind of Girl Scout unit.

I never did become a Brownie. It was only when I reached Junior Scout age that I finally found a leader.

By the time I had attended four meetings of her group there were about 100 girls asking to join. It was all too much for her. She took fright, ran off and the group folded.

So, within about a month of it having started, my Guiding came to a full stop. I wasn't pleased.

However, those four meetings were enough to make a big difference to my life and made me more determined than ever to become involved in Guiding, some time, somehow.

Meanwhile, there were other matters demanding my attention — like attending university in Louisiana, graduating and becoming an officer in the United States Air Force!

Curiously enough, joining the Air Force gave me the opportunity to reinvolve myself with Guiding.

I became a "gofer" to a Girl Scout group, having discovered that most communities of military families had their own Boy and Girl Scout units.

So, between my military duties, I sold cookies to raise funds, made phone calls on the group's behalf, arranged transport and various things like that.

In 1984 I came to England for the very first time, when I was posted to Upper Heyford, in Oxfordshire, to join the 79th Tactical Fighter Squadron. Instead of an F-111, I flew a desk as an executive officer — a sort of Woman Friday to the Squadron Commander.

In 1986 I was promoted Captain-selectee, which meant that, subject to satisfactory service and conduct, I would become a Captain after one year.

I returned to the US, having been posted to a base in Mississippi as a Squadron Commander. I was the only woman — in charge of 450 men!

I can honestly say I was not at all nervous. I had a very large and

LIFE style

DAVID SATCHEL

powerfully-built First Sergeant to keep all ranks at a proper distance, in keeping with military discipline.

But, suddenly, I didn't need him any more because a routine medical check revealed for the first time that I had a hole in the heart.

It was repaired by an operation but, although I had no permanent disability, I was given a medical discharge.

Returning to civilian life, I worked briefly for a telephone company and for a couple of psychiatric clinics but didn't find these jobs very fulfilling.

Then came a chance to return to Guiding. I landed a job with the Girl Scouts of America as a field executive and camp director in Louisiana, recruiting and helping to organise groups.

I worked in minority communities, including the French-speaking Cajuns, who originally came from Canada to settle in Louisiana. In this land of swamps, where alligators amble across the roads, I drove about 30,000 miles a year.

I had been doing this enjoyable job for three years when I saw a chance of realising my ambition to return to England.

In a monthly bulletin of job opportunities, issued by our HQ in New York, I saw something that leapt out of the page at me. A new Guider-in-Charge was wanted at Pax Lodge.

I applied and started last year. The job has exceeded all my expectations.

All the time I am meeting people from all over the world, with a fascinating mix of cultures, and I have been able to learn a great deal, not only about British Guiding but about European Guiding, too.

It's a hectic, non-stop round of hosting, organising and planning but I love every minute and, as I say, a lot of people must wish they had my job.



THE SMILE THAT SAYS

"WE DID IT"

WE EASILY RAISED £450 FOR OUR UNITS

CHRISTINE CANN, 3RD ROTHWELL BROWNIES, LEEDS

Last year, Christine Cann's unit raised £450 with the Webb Ivory catalogue... funds which have gone towards supporting their activities and paying the annual census.

If you're thinking of raising funds - for your Rainbow, Brownie or Guide Unit or for any other good cause - you ought to know about the complete fundraising service offered by Webb Ivory.

Our new catalogue is packed with top quality greeting cards, wrapping paper and gift ideas which your unit will find easy to sell to family and friends.

And with up to 25% profit to be made from everything sold, you'll find it easy to raise really worthwhile amounts.

So this year put your smile into something worthwhile. We'll make it a fundraising year you won't forget.

SEND TODAY FOR YOUR FREE GUIDES FUNDRAISING PACK!

RETURN A
PHOTOCOPY
OF THIS
COUPON IF
YOU PREFER
NOT TO CUT
INTO YOUR
MAGAZINE!



Please post to: WEBB IVORY, FREEPOST, PRIMROSE HILL,
PRESTON X, PR1 4WU

OR TELEPHONE 0772 204444 and quote ref.

VYOB

MRS/MISS/MS/MR ☐ INITIALS ☐
(Block capitals please) (I am over 18)

SURNAME

ADDRESS

POSTCODE

Continuing to provide the highest quality of service

A division of R. Knightley & Sons Ltd



EVERYTHING YOU NEED TO
GET YOUR FUNDRAISING
OFF TO A FLYING START,
INCLUDING

- 292 page Fundraising Catalogue
- Half Price Introductory offer - choose from a large range of half price cards and wraps to show as examples of Webb Ivory quality and value.

25% PROFIT
ON CARDS,
WRAPS AND
MANY GIFTS



**PLUS
DETAILS
OF YOUR**

FREE GUIDES ACTIVITY PACK

packed with lots of fun activities for
Unit meetings



Primrose Hill, Preston X PR1 4WU

RAISING FUNDS. RAISING SMILES.