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BROWNIES WIN TRIP TO COSTA RICA THINKING DAY IDEAS



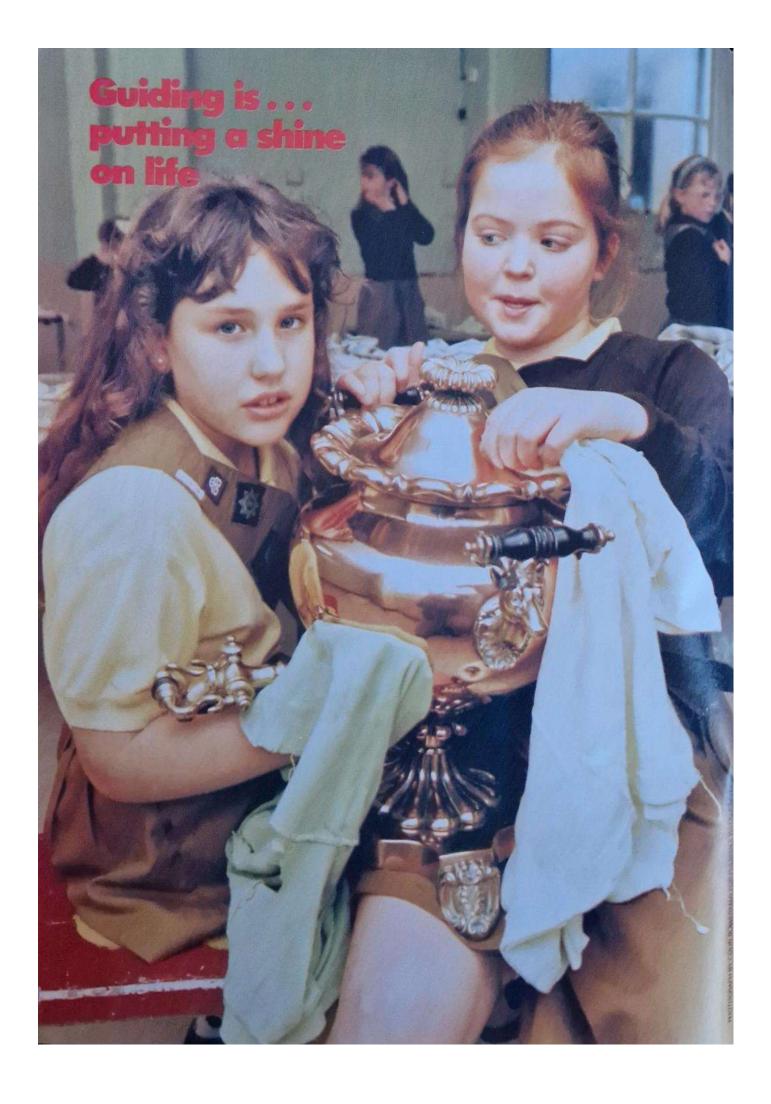
GUIDER WALKS LE TUNNEL

QUEEN MOTHER IS GUILD'S GOLDEN GUEST



GRAMS JOINS THE PACK

FIRST GUIDES FOR DOMESDAY VILLAGE





Comment this month features a Thinking Day message from Doris Riehm, the new Chairman of the World Committee and Jan Holt, the Director of the World Bureau.

CHANGE FOR PEACE

What do we all want for and from our Thinking Day in 1994? It is our unique day — February 22 — which all Girl Guides/Girl Scouts have in common worldwide. It means we are all thinking of each other worldwide.

Maybe in today's turbulent world this is not sufficient to fulfil our mission for creating a more dynamic World Organisation and a peaceful world.

Maybe we should be all concentrating our dynamic energy into our special 24 hours on February 22 to create practical and financial contributions which strengthen WAGGGS' Peace Initiative for the triennium.

Ensure that on February 22, 1994

COMMENT

you create some enduring peace within your own world:

- Talk with somebody with whom you would not normally have thought to pass the time of day and make sure this continues.
- Say sorry to somebody with whom you have been in disagreement and talk through your differences even if you, at the very least, agree to disagree
- Take time to look inside yourself for moments of calm and give yourself the treat of creating balance and perspective in your life.
- Listen to and hear somebody's problems.
- Take time to understand the differences in culture of those around you but with whom you would not normally have contact.

These few examples cost you nothing but add up to much in creating and maintaining peaceful existence and

making real friends and widening experiences.

- Then
- Learn more about girls' projects in WAGGGS, which are all about global friendship and understanding and tangible ways of creating a better life, whether it be through the provision of clean water, the planting of trees or through literacy to achieve a productive life.
- Imagine how much more girls and young women could achieve by your contribution to these projects.
- The loose change in your pocket, purse, tin, sack, handbag, hand has the power to change loose links to firm friendships and understandings through WAGGGS' projects. Think of it as change for peace.
- Make that financial gift towards WAGGGS' Thinking Day contribution.

We both wish you a happy Thinking Day as we join together in thought, word and deed for a world of friendship and peace.

GUIDING

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and the Brownies think it's OK

BROWNIES WIN TRIP TO COSTA RICA JURGER WALKS LE TUNNEL GUERN MOTHER IS GUILD'S GOLDEN GUEST GUIDES FOR DOMESDAY

FRONT COVER

Charlotte Robinson (left) and Tina Keaton from 3rd Loughborough YWCA Guides, are celebrating the achievement of their Firefighters badge in style.

Our thanks to the London Fire Brigade for providing the hats for the photograph.

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the voice of the Junior Council



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GRANADA STUDIOS TOUR



Round UP

POSTER PRIZE

VArtistic Helen Bridges proudly displays her prizewinning Brownie Guide publicity poster.

Helen, a member of the 73rd Northampton Pack, was awarded a drawing pad and pen plus a set of felt-tipped pens for her eye-catching recruitment poster, which was judged overall winner in a Division competition.





RADIO CONTACTS

▲If you are planning to take part in Thinking Day On The Air maybe your girls can beat last year's record set by Bognor Regis Brownies and Guides.

During the 24-hour period, 65 girls from Bognor Central District earned their Radio Communication badges and contacted 24 Guide radio station in the UK as well as 'hams' in other countries including Norway and the USA.

Pictured chatting to leuan Evans, Bognor Regis Morse Group member, are Guides Clare Turner, Lynsey Holcombe and Jessica Humphrey with the Mayor and Mayoress of Bognor Regis, Francis and Joyce Oppler.

CAMP-IN FUN

◆These Welsh Guides visited Techniquest, the hands-on science centre in Cardiff, and then stayed the night!

After enjoying an evening's activities including puzzle solving, star watching and treasure hunts, 30 girls from several Cardiff-based Companies.

bedded down for the night among the exhibits.

The centre plans to hold more camp-ins.

HELPING HANDS

▼From youngest Rainbow to oldest Guider, members joined forces to make Rockingham Forest Division's bazaar a real success.

Most of the goods on sale were made by the girls. Division Commissioner Barbara Bailey explained: 'They made craftwork, cooked and organised games and a tombola stall. It was very successful indeed,'

Profits went towards meeting the annual Census.





The last chapter in the biggest fundraising project ever undertaken jointly by the Guide and Scout Associations has been completed. And, appropriately, the star role in the final ceremony at Great Ormond Street Children's Hospital went to 12-year-old Guide Katie Dickens, a regular patient there.

Katie was only asked the day before to unveil a plaque commemorating the Movement's magnificent fund raising. But she 'jumped at the chance' to wear her uniform and meet VIPs such as London and South East England Chief Commissioner, Billie Everett and the Chief Scout, Garth Morrison.

Watched by her proud mum, Mrs Lynne Dickens, Katie tugged back the curtain to reveal the plaque. Mrs Dickens said: This is her second home. I'm very grateful to the hospital for all the care she gets.

Katie, a member of the 1st Staplehurst Company's Kingfisher Patrol suffers from Rasmussens Encephalitis. She travels up from her home in Kent each month for steroid treatment at Great Ormond Street, which cares for 14,000

inpatients and 65,000 outpatients

each year.

When Katie has to stay in hospital usually two or three times a year - she attends meetings of the 17th Holborn Scout and Guide Group, which is based at the hospital.

Group Scout Leader Deborah Rush said: Katie comes down to the meeting whenever she can and runs some of our activities. She organises the younger ones brilliantly.

Earlier Lord Prior, who was chairman of the Wishing Well Appeal, congratulated the Guides and Scouts on raising just under a million pounds for the appeal. It was the largest contribution made by any youth group.

Originally the Scout Counties of Greater London set out to raise £500,000 to rebuild the haematology and oncology ward. They invited the 19 Guide Counties making up London and South East Region to join them, creating a really formidable team of fundraisers

But, soon, members of the two Associations all over the UK and overseas wanted to help.

Ingenious money-spinning notions such as a duck derby and a sponsored leg stretch soon had the money flooding in And it didn't stop when the original target was reached

In all £920,000 was raised and the surplus was set aside to provide a Trust Fund to endow the ward

WISHING HEM WELL



Task done, 12 year-old Katie Dickins poses with Billie Everett, Chief Commissioner for London and South East and the Chief Scout Garth Morrison

Before the ceremony members of the GOSH Project Committee and other quests toured the ward, which is housed in the hospital's new clinical building, which is due to be opened later this month.

The party was able to see for themselves how the money they helped to raise has been used to provide facilities that, according to Lord Prior, help make Great Ormond Street the most modern children's hospital in the world. It was, he said, already the best.

Lord Prior, who chairs the hospital's Board of Special Trustees, recalled how the appeal - the biggest charity campaign ever launched in Britain had struck a chord with the general public Money had flowed in immediately, most of it small donations rather than large corporate contributions. In all £42m was raised and the Government chipped in with a further £30m.

Yet the fund raising still goes on. The hospital, which was the first children's hospital in the Englishspeaking world, needs to generate over £10m each year to continue its vital clinical work and essential research projects.

Volunteers are urgently needed to help in this monumental task. Anyone interested in becoming involved is asked to contact John Kearns, Public Response Manager on 071-916



It was the crowning moment in a golden year when the Trefoil Guild's very special guest, its Patron Her Majesty Queen Elizabeth the Queen Mother, dropped in for tea.

The Guild's Golden Jubilee celebration extra special tea party was held in the Council Chamber at Commonwealth Headquarters on November 24.

Later, guests agreed they would never forget what was for most of them a chance-in-a-lifetime meeting on a day that ran so smoothly no one would have guessed the detailed planning and advance organisation required.

Excitement within the building and on the pavement outside mounted long before the Queen Mother was due to arrive.

Guides from the 12th St Albans Company, and Brownies from the 7th Belmont (St Anselm's) had been assigned duties, such as door openers, around the building and were so excited they could hardly sit still during their wait.

Brownies from the 7th Plumstead (St Patrick's) Pack and Guides from the 10th Barnet (St Stephen's) Company gathered in CHO's shop hoping to catch a glimpse.

At long last, the royal car pulled up,



Saying it with flowers: The Queen Mother receives a posy from Guide Rosemary Hale and Brownie Claudia Corrigan watched by (left to right) Lady-in-Waiting, Mrs Gordon-Lennox and Betty Clay, Trefoil Guild President

and waiting to meet the Queen Mother was Trefoil Guild President, Betty Clay, the Founder's daughter, and Trefoil Guild Chairman, Barbara Beevor.

The Queen Mother looked wonderful in a royal blue outfit with floral trimming topped by one of her trade-mark matching hats and teamed with pearls and a dazzling diamond brooch.

St Alban's Guide Rosemary Hale (12), daughter of the Trefoil Guild's General Secretary, Jenny Hale, and Belmont Brownie, seven-year-old Claudia Corrigan, jointly presented Her Majesty with a pretty posy of flowers.

As she walked through the shop, the Queen Mother chatted with members and staff. Her entry to the Council Chamber was greeted with an awed hush, followed by rousing applause.

Trefoil Guild Vice-Presidents Eileen Burbidge, Elspeth Manasseh, Adeline Willis, Mick Crompton and Frida Markham were introduced to Her Majesty before she was seated at her table.

Then came further introductions to: The Chief Commissioner, Jane Garside; Vice-Chairman of the Trefoil Guild Central Executive Committee, Janet Wood, LINK President, Patricia Noble and President of London and South East Region, Molly Andrews.

Other guests at the celebration included the Chief Executive, Hilary Williams; LINK Chairman, Joe Bird; and Trefoil Guild Country/Region Chairmen.

men.
Also present were members of the Trefoil Guild Council and the Sub-Committees of the Central Executive Committee, along with other Association staff and members.

Betty Clay officially welcomed the Queen Mother and said how delighted and grateful the Guild was that she had been able to attend.

We observe your royal activities and achievements with much enthusiasm, you are the most superb example to others.' Mrs Clay said, adding that their guest was living proof a Guide District Commissioner could achieve anything! The Queen Mother and the audience were all greatly amused.

During tea, the Queen Mother recalled her first meeting with Betty Clay, during a visit to Africa in 1960. Mrs Clay was thrilled that the Queen Mother had vivid memories of a trip they took up the Zambezi River.

The Queen Mother told Mrs Clay she remembered the visit very well — including the colourful African Chiefs who paddled the State Barge.

The Chief Commissioner said later that she and the Queen Mother discussed the role of Guiding today.

'Her Majesty took a great deal of interest in developments in Guiding and recalled how things had been in

the past — she was very pleased numbers in the Movement were rising. Mrs Garside said

After tea, the Queen Mother chatted to several more guests. She was keen to hear about Trefoil Guild activities and happy to spend time with each new person she met.

The Queen Mother accepted an invitation to sign the visitors' books of both the Trefoil Guild and Commonwealth Headquarters.

Standing on the signing table was a London Illustrated News painting of Her Majesty when she was Guide District Commissioner for Glamis in 1923

The picture showed the then Lady Elizabeth Bowes-Lyon, wearing her Guide uniform, in the woods near Glamis with some Guides.

The Queen Mother was plainly delighted to see it. 'Oh! It takes me back to the old days,' she said. 'It's fascinating.



the uniform was very different in those days, wasn't it?'

Fit for a Queen:

Lady Beevor presented the Queen Queen Mother Mother with a Trefoil Guild Golden Jubilee commemorative crystal vase.

Queen Mother accepts a Golden Jubilee Golden Jubilee

'It is a beautiful gift, thank you all so much, it really has been lovely to see you all,' the Queen Mother replied

Then, as she left the Council Chamber, the gathering struck up a chorus of the traditional Guide farewell song Go Well and Safely.

That was simply charming, the Queen Mother commented, before pausing to talk to more staff, Guides and Brownies on her way out.

As the limousine drew away from the kerb, the Queen Mother turned and looked back to give one more radiant smile and wave goodbye.

SHARENE CHATFIELD

PHOTOGRAPHS BY MARGARET WHITTAKER

Fit for a Queen: The Queen Mother accepts a Golden Jubilee crystal vase from Lady Beevor, Trefoil Guild Chairman



There are about 28 girls of Guide age in this village and we have 19 of them.' Guider Dianne Davies said proudly.

The success of the unit, which was registered in September 1992, is all down to the keenness of the Guides and the dedication of Dianne and Assistant Guider Carol Osbourne.

We've been friends for about 20 years, ever since we first came to live in Paull, 'Carol explained. We both had children around the same time and now our daughters are in this unit.'

Dianne and Carol bravely took on the task of setting up the unit because they wanted their daughters, Catherine Davies and Gemma Osbourne, to go to Guides.

They were in 2nd Thorngumbald Brownies but there wasn't a Guide unit in Paull,' said Dianne.

The girls meet in the village hall overlooking the River Humber, right opposite a lighthouse that is a well-known landmark in the village.

Working on the Baden-Powell principle that if it's not fun, it's not Guiding,

For the first time an ancient village which was mentioned in the Domesday Book has a flourishing Guide unit thanks to the enthusiasm of two friends Dianne Davies and Carol Osbourne. Already the 1st Paull Guide Company have been to camp twice and they are fund raising for a trip to Switzerland. Not bad going for a unit that started up just 17 months ago.

There had never been a Guide Company before in Paull, a small village in North Humberside referred to as Pagula in the Domesday Book. Today it has just 298 homes and a population of around 800.



Promoting the village of Paull — (left to right) Gemma Osbourne, Gillian Long, Elizabeth Oldridge and Catherine Davies

Gudingin

Dianne and Carol have tried out lots of different activities

They've taken the girls to Hull Fair, ten-pin bowling, swimming and, throughout the summer, can often be spotted playing baseball and rounders with the Guides out on the village field.

Canoeing is one of their favourite sports and, thanks to some expert coaching from the Kingston Kayak Club, the girls are on their way to getting the British Canoe Union One Star Award.

Another popular activity is camping. Although they had both been Brownie helpers, neither Dianne nor Carol had ever taken Guides camping, so it was a case of learning by trial and error.

The first time, we went camping with a Guide Company from the other side of town," Carol said. "And the second time we decided we really would like to go camping on our own.

We did make mistakes. We had this whistling kettle which we put on the camp fire to boil water. After a while, we wondered why it hadn't whistled and that's when we discovered the fire

STOP PRESS!

A visitors' guide to Paull, written by four of the Guides, has won them a ten-day trip to France! They became second prize winners in a competition called Operation Lifestyle, organised by Humberside Police to encourage young people to get involved in community projects.

Calling themselves Chiefly Chaffinches, the group - Catherine Davies, Gemma Osbourne, Elizabeth Oldridge and Gillian Long - produced a 55-page visitors' guide to the village. Their trip to the South of France will include a week of watersports and a stay on the Med!

was too hot for it and the whistle had melted!

We had to make our own gadgets. We found our girls were very good at doing square lashing and we were amazed at how even the smaller ones were happy to saw up logs.

A Camp Adviser came down and told us we had put the tents too close together. She was very nice about it though, and we needed someone to point these things out to us.

Many more activities are planned. This year we're hoping they will learn archery and we're going sailing in the summer.' Carol said.

Of course, all these activities cost money, so the girls organise bazaars and other fundraising events to bring in much-needed funds.

When GUIDING dropped in, the girls were learning about sailing from two experts who'd brought a dinghy along. The 20 minutes of Patrol time was spent scouring Guide handbooks for new activities. And Amanda Russell was awarded her Cook badge after cooking a meal of pizza, chips and strawberry and kiwi fruit cheesecake at home.

Michaela Brertano, a Guide who has spina bifida, whizzed round in her electric wheelchair. Michaela takes part in as many activities as she can. and always goes out with the other Guides. We have to check our wheelchair access in advance," Diane said. But, usually, with everyone pulling, pushing and lifting, there is nowhere we cannot all go."

New members Emma Spencer and Sarah Kelly who have joined the Kinglishers were hoping to be enrolled soon. It's exciting and I enjoy it, Sarah said. We've done canoeing and we like playing baseball and rounders out on the field.

We're looking forward to going to Switzerland, said Gemma Osbourne. We're saving up our pocket money and holding bazaars and things to raise money.

To celebrate their first anniversary. they all went out for a meal. We didn't want them to celebrate their first year of opening with paper plates and sausages on sticks,' Dianne said.

We wanted to treat them like adults. so we decided to take them to a posh restaurant in Hull, to make it really special for them."

Dianne and Carol keep a detailed log, which is quickly filling up with photographs and souvenirs of their exploits. The girls prefer to work as a whole unit rather than as individual Patrols, Dianne said.

This is a very close-knit unit. Most of the girls have known each other all their lives. They are used to helping each other and working together as a group.

We now have 18 girls, plus one Young Leader in training and two Unit Guiders. We can count on virtually 100 per cent attendance. I think we can safely say we have developed into a unit of which we are justly proud.

NICOLA WHATMORE





EMERGENCY

When everyone else is panicking (or just plain baffled) these essentials will keep you in control!

Picture this situation: Your County Commissioner telephones to say she has come down with 'flu and can you stand in for her and give a talk at the Trefoil Guild AGM on the current Programme for girls. 'Of course, no problem,' you say. Then panic sets in as you think about your uniform lying at home in a crumpled heap after last night's Guide meeting, and you start wondering where you put the notes on new badges you were given at the last District Meeting.

But it doesn't have to be that way. Here is a light-hearted look at some tools and aids to organisation and hyper-efficiency! Read on

KEY REFERENCE BOOKS

The Guiding Manual — 'If it doesn't say you can't then you can!'

- Current and past issues of GUIDING, GUIDE PATROL and BROWNIE—your monthly package of news, views, and good ideas.
- County Register the who's who in your locality. This gives you the names and numbers of people to contact for that vital information.

GUIDING GLAMOUR

- Badge tabs have one for each appointment held. And keep a tin of polish in your glove compartment!
- Name Badge vital if you are to be recognised!
- Woolly blue Guider's jumper useful for those chilly Guide halls!

GUIDING GADGETS

Electronic organiser — 64K — what every Guider needs to plan her social life — providing a diary which goes to the year 2099. Now you must be able to find a free night! They can store all your unit's names, addresses,

and much more information. The organisers are the same size as a pocket calculator, so you need never leave home without it!

 Answer machine — this saves the irritable retort Tve been trying to get you for days.

● Fax machine — the ultimate piece of equipment for your high-tech home/ Guiding office! Excellent for last-minute forms, letters and documents.

● Filing cabinet — we can recommend the two-drawer black cabinet available from Argos. The first challenge is to assemble it. Then file everything in it immediately.

● Mobile telephone — essential for your personal safety, returning home late at night after those District Meetings! Find out about the new, lower-cost Lifetime tariffs for low call users.

Career experts stress the importance of being organised and having contacts, but they don't give you concrete ways of achieving this enviable state.

Time and motion studies have proved that we waste more time searching for information than anything else. However, we hope this fun guide has shown that a few key reference books and hightech gadgets can help you get ahead!

FIONA AITKEN CAROLINE MACFIE

Association Junior Council members for Scotland



It turned out to be a full dress rehearsal for what was to come, when the St John Ambulance 'inflicted' a simulated injury on Brownie Charlotte Hand.

Charlotte was playing the role of an accident victim during a first aid lesson and the gory greasepaint wound they'd painted on Charlotte's left arm was no sight for the squeamish.

In this case, however, it most certainly wasn't 'all right on the night' because eight-year-old Charlotte had to spend the next night in hospital, having received a real injury to the same arm!

She'd fractured it in two places, having taken a tumble trying out a climbing frame while on Pack Holiday with the 7th Halesowen (Our Lady and St Kenelm's) Brownies, from the West Midlands.

But Charlotte made a brilliant comeback. Arm in sling, she re-appeared at the Pack Holiday house with a certificate of bravery, awarded by the hospital, to receive star billing from the other 12 Brownies spending a week at Malvern. Worcestershire.

Brown Owl Vera Jarvis takes up Charlotte's story:

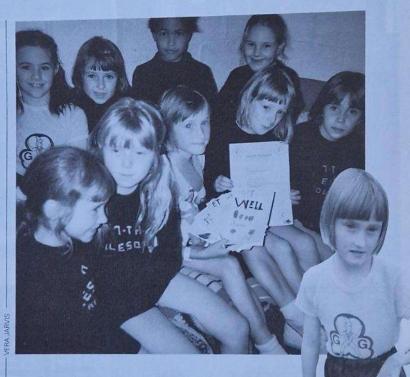
6 It was on the Sunday that the St John Casualty Unit, from Stourbridge. came to Blackmore, our County's Pack Holiday house, to give the girls instruction in first aid.

I think the Brownies especially enjoyed the "horrific" mock wounds they were given by the St John team and Charlotte was among them. All Brownies subsequently passed the First Aid badge test, which was most satisfactory.

On the Monday evening we had just got back from the Water Safety course, looking forward to a cup of tea before cooking the evening meal, when Charlotte came off the climbing frame, falling on an outstretched arm and breaking it.

Arnid remarkably few tears she looked at her rather bent arm and was able to tell me correctly what the first aid treatment and procedure should be. The first-aid instruction she had received was already proving its value!

With the arm in a sling, we were off to the doctor, who referred us to the local accident and emergency hospital, where an X-ray confirmed that there were greenstick fractures of the two bones in the lower arm.



They put Charlotte's arm in plaster and sent us to Worcester Royal Infirmary, where she was kept in for the night. At both hospitals we were pleased to be complimented on the "very professional first-aid treatment" that had been given to Charlotte. I remained with her until she fell asleep and then returned to Blackmore.

The following day Charlotte was discharged, having been awarded a certificate of courage and given a knitted teddy bear. I took her back to Blackmore, where she received Get Well cards and gifts from the other Brownies, posed for pictures and joined in a barbecue we had already arranged for that day.

On the advice of the hospital, Charlotte was then taken home. Within a month the plaster was off and Charlotte almost completely recovered.

In 24 years of Guiding, I had not had a single accident. Although I am a former nurse, it brought home to me how very necessary it is for the Guider Back with the **Brownies** Charlotte clutches her Get Well cards

▶ Charlotte shows off her pretend injuries

and staff to be absolutely up-to-date in their first aid knowledge.

The incident gave me added stimulus in organising a coffee evening and fashion show - Brownie-style - in aid of the Macmillan Nurse Appeal Charlotte was among the "models", it was a terrific success and we raised £151.209

 For information on how to make simulated wounds, see January's GUID-ING page 46.





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| Flysheet 12' Throwover type | £165.00 |
| Groundsheet 10'x8' | €40.00 |
| Tent 14'x8'x6'5" | £335.00 |
| Flysheet 14' Throwover type | £185.00 |
| Groundsheet 14'x8' | |
| | €45.00 |

Deluxe Toilet Tents - Green Polyester
Single £40.00 Double £59.00 Wash-a-Loo £57.00

NEW FOR 1994

"A MUST" for the OUTDOORS – Real food in a pouch – just place in boiling water for 7 mins and enjoy a delicious nutritious and satisfying hot meal. 8 different varieties to choose from. Write or phone for details.

All prices include VAT and carriage.

Spares – a full range of spares, poles, pegs, mallers, gues and sundries available. Write or phone for a copy of our 1994 Venius price list.



Hainault Works, Hainault Road, Little Heath, Romford, Essex RM6 5ST. Telephone: 081-590 6070.

Brownies' fundraising efforts for the rain forests won them a fabulous first prize in a national newspaper competition - a two-week trip to Costa Rica.

The 24 Brownies from Falmouth in Cornwall snatched the prize from 1.000 other entrants by staging a play highlighting the plight of rain forests in Central America.

The competition was organised by the Land Conservation Trust, which is buying rain forests in the area and the Young Telegraph, a weekly newspaper published for young people as part of The Daily Telegraph.

Anyone taking part was asked to raise £35 to buy one acre of rain forest. The Brownies raised £245. However, The competition was not to see who could raise the most money, but how the money was raised.' Tawny Owl Helen Forrester explained. 'Rather than just the usual coffee morning and bring and buy sales, we decided to do a rain forest theatre.

The girls performed their play at school and in the local village hall. As well as ticket sales, they raised extra cash through selling tea, coffee and T-shirts. When we sent the money we also had to write 200 words explaining how it was raised," Helen said.

Young Telegraph editor Caroline Clayton and Conservationist David Bellamy judged the entries. 'It was clear the Brownies had really got something from the project,' Caroline said. They'd written a play, painted scenery and then performed it at school and in the village hall. They really got a lot of mileage from it - the animals, the tribes and the danger of losing rain forests — they had covered all aspects.

Tawny Owl Helen Forrester recalled: When I got a call from the Young Telegraph Editor, I was so surprised, I had to sit down! In all honesty we didn't enter the competition to win, we did it because we felt it was a worthwhile thing to do.

I told the Brownies, but I don't think it really sank in and they just sat there, astonished. I don't think I have ever known them so quiet. Some of them didn't even think to mention it when they got home.

The 1st St Budock BROWNIES

VITHE

RAIN FOREST



Idyllic setting for getting to know the environment

But then came the awful bit. The prize was only for one adult and four children to go to Costa Rica — we had to choose four out of 24 Brownies.

We ran another competition where they had to say in one sentence why they would like to go, and our District Commissioner helped judge the entries." Meanwhile Helen organised a trip to the Monkey Sanctuary in Looe, Cornwall, for the other Brownies.

For Helen and the four girls chosen: Polly Forrester, Victoria Nunn, Zoe Treen and Laura Mosney, it was a trip of a lifetime - staying in top hotels. hiking through the rain forests, and even flying over volcanoes

The girls soon became seasoned travellers. Helen explained. 'In all, we travelled for about 66 hours. This included four trains, seven aircraft, one ferry and more car travel than I care to mention.

The Brownies took supplies of books and chalk with them for a new school in Jiminez where children are developing a re-forestation project.

They also spent three nights at Puerto Viejo on the Caribbean coast where Zoe celebrated her ninth birthday Our chauffeur organised a cake for her, which she thought was brilliant. Helen said.

The Pack's hard work helped them earn their Conservation and Jester badges 'Conservation is something I think they will continue with. Helen said. Of all the things you do, rain forest protection is probably the most important



FREE HOSTELLING

◆ Free group membership of the Youth Hostels Association is on offer throughout 1994 to all groups associated with the Association — that's a saving of £9

The YHA is also offering individual membership at a reduced rate of £3 (normally £9) to anyone over the age of 18 associated with a Guide Company, Ranger Unit or Brownie Pack holding group

membership.
YHA hostels provide a free leader place for every ten members of a group paying full board.

Information and application forms from: Customer Services, YHA (England and Wales), Trevelyan House, 8 St Stephen's Hill, St Albans, Herts AL1 2DY. Tel: 0727 845047.



GO NUTS!

▲There's still time to join the Great Nut Hunt, a nationwide survey seeking out the whereabouts of the disappearing dormouse.

Due to the destruction and fragmentation of woods in England and Wales, dormice are under threat.

continues The survey throughout 1994, so if you want to take part, send for a free survey pack containing nibbled nut identifier, hazel tree identification guide, dormouse facts, stickers, instruc-

tions and survey forms.
Contact: English Nature
(NDW), Northminster House, Peterborough, PE1 1UA or if



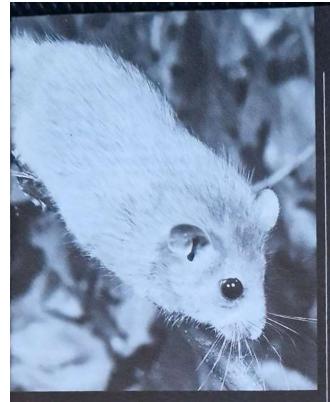
TRIVIA BOOKS

▲How about holding a Trivial Pursuit evening? If your Guides like quizzes, they'll love the new Trivial Pursuit quiz books, each containing over 1,000 questions.

The TV Edition and Genus Edition quiz books, a spin-off from the popular board game, have been published by Boxtree Ltd, price £7.99. We have ten books to give away free after the closing day. February 28.

Send your name and address on a postcard, stating which quiz book you'd prefer, to: GUIDING/Trivial Pursuit Offer, 17-19 Buckingham Palace 16 Road, London SW1W OPT.





you live in Wales: Countryside Council for Wales (NDW), 43-45 The Parade, Roath, Cardiff CF2 3UH.

STUDY AT HOME

Whether you want to expand your horizons, improve your job prospects or simply take up a new hobby - there could be a course for you at the National Extension College (NEC) which has a host of home study courses for adults.

Choose from GCSEs and A-levels, birdwatching, creative writing and much more!

Contact Lyn Stolliday on 0223 450214 for a free copy of NEC's 1994 Guide to Courses. And for a complete list of other colleges offering home study courses, contact the Council of Accredited Correspondence Colleges on 071-935 5391.

PIN MONEY

■Make a pin cushion and you could take part in an attempt to get into the Guinness Book of Records - and help raise funds for children's charities,

The pin cushions will be sold at the Great British Quilt Festival between August 25 and 29 at the Yorkshire Showground, Harrogate.

All you have to do is donate a pin cushion and, if possible, the instructions or pattern. If you can't make one, you can donate an old or new one, or just send in the pattern. Organisers hope to collect enough pin cushions by August.

Send it to: Diana Peters, 13 Stourton Road, Ainsdale, Southport PR8 3PL. Don't forget to enclose your name and address so Diana can acknowledge your contribution and add it to the list published at the exhibition.

 Look out for tips on making pin cushions next month.



NATIONAL RIVEROWATC

WATER WATCH

Are you disgusted when people use rivers as rubbish bins? Are you worried by the amount of water people waste?

You can find out how clean or polluted your local river or stream is. You can also monitor how much water you and your family use.
National RiverWATCH is

an exciting three-year survey of the UK's rivers and streams by young people all over Britain. They fill in a recording form and return it to River-WATCH, who will collate the information.

You can take part by winning a RiverWATCH pack which contains everything you need — information, safety advice and equipment.

We've got ten packs to be won. (The packs retail at £15 per set of three.) Just answer this quiz question:

Through which capital city does the River Seine run?

Send your answers to: GUID-ING/RiverWATCH competition, 17-19 Buckingham Palace Road, London SW1W

BREAKDOWN

Fears for the safety of women drivers have prompted Lombard Motor Finance to produce a five-minute cassette offering advice if your car breaks down. You just play the tape in your car giving detailed step-by-step advice. Because the audience may identify more readily with a woman in this stressful situation, a woman's voice has been used on the tape.

The cassette called Women In The Driving Seat is available free to women attending Lombard's car safety workshops. For the date of your next local Women in the Driving Seat event write to: Gill Hopkins. Women in the Driving Seat, 3 Princess Way, Redhill, Surrey RH1 1NP.



























DIY FUNDRAISING

◆A free Fundraising Ide Pack is on offer from Shelter. the charity helping homeless people. It includes information on planning, publicity, legal aspects and how to bank the money you raise.

Although the advice was

put together for people raising money for Shelter, the excellent information could be used to develop skills for any fundraising.

Contact: Event and Community Fundraising, Shelter, 88 Old Street, London EC1V

WHERE THE MONEY GOES

The following article was originally published in 1988's September *GUIDING*. The message it contains remains true — only the sums involved have changed. Members still get superb value for their annual subscription.

Dear Guiders:

By now you all know that the part of our annual subscription which comes to Headquarters has been raised to £3.85 for 1994. You may well also be facing increases in your Country/Region and County subscriptions and these will vary from place to place because needs differ. We are sure your local Executive Committee and Commissioners will have explained those needs — this letter is concerned only with the Headquarters subscription, which is the same for all of us.

We know that some of you have been horrified at recent increases and angry that such apparently large sums of money are spent at national level. What's in it for us?' you ask. What do my Guides get out of it?' Well, have you ever considered these facts?

- WAGGGS is the largest organisation for women and girls in the world. We belong not just to a local club but to a huge international association with unparalleled opportunities to influence the well-being of girls around the world and to help many girls less fortunate than ourselves. Along with all the other member countries we must expect to pay a subscription which covers running costs at every level. WAGGGS has no other source of funding.
- Headquarters depends on our subscriptions for most of its funding. At CHQ-level our money pays for many

services with which we could not do without:

Staff salaries: The work could not be done by volunteers.

Committee expenses: Not 'just meetings' but groups rewriting handbooks: updating the Programme: planning projects and competitions and so on.

Training Centres: Did you really think that what we pay for a weekend at Foxlease or Waddow is enough to maintain those great houses and their excellent facilities?

Insurance: For every member of the Association and especially for you to protect you as a leader with responsibility for children's safety.

Don't you want these vital services?
All these services need buildings.
Full-time staff have to have somewhere to work; meetings have to be held somewhere; goods for sale need shops to sell them in. CHQ is ours and does

run.

Just think for a moment what it would be like if we did not have these vital services:

not cost a vast amount of money to

No publicity and recruitment material to help us grow.

No handbooks, charts, magazines or songbooks to bring us the Programme.

No uniform, badges or other Guide equipment.

No training facilities for our leaders... and the fact that we can offer help to our leaders in such a professional way is envied by many other organisations.

No protection from an outstandingly good Indemnity Policy which covers every adult working with the girls in case of accidents.

No membership of a great World Association with all its international opportunities.

Most important of all — no Guide Programme because this is not a finite thing but something which changes and develops all the time and has to be worked on.

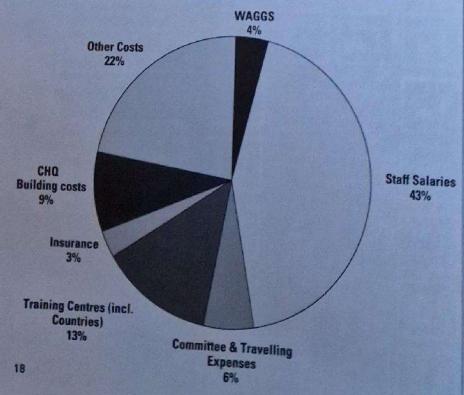
I have left out all sorts of things — like opportunities for the young to travel, opportunities to get extra experience and to train in special fields such as music and art.

As an Association's Treasurer once explained. 'Do remember that you are a Movement — and that everything that moves incurs running expenses. We prefer our Movement to be well-maintained, regularly serviced and running on four cylinders all the time—and we certainly don't want it to break down just when we need it most.

If you are still asking What do my Guides get out of it? the answer is simple.

They get Guiding!

1992 Expenditure On CHQ Services



Being a lone male on stand-by in the world of the Brownies, it never takes long for a construction project to come my way with, naturally, wondrous results expected. So it was that 'Operation Sausage Dog' was born.

The girls had been invited to visit an international Scout and Guide camp, where one of the Brownie events was the *Pooch Downhill Derby*. Each Pack was expected to take along a dog on wheels for the grand race, and I was immediately nominated as chief designer for the 23rd.

Tawny inspected the camp base and came back with a full report. Good smooth track, gently sloping, new tarmac topping.

Armed with this research, we opted for the streamlined, ground-hugging design of a sausage dog and dug out Tawny's roller skates to mount it on.

While the girls got busy with chicken wire, papier mâché and brown paint. I knocked up a wooden base, oiled the ball bearings and conducted a few speed tests.

Once attached to its wheels I have to say my creation went like a canine Red Rum. Paying homage to the German sausage, we christened the dog Frankfurter — Frank for short — and took him along on the day of the race in peak condition.

We swept into the packed car park puffed up with pride and full of confidence. Tawny looked strange. This



on what Tawny had taken to be the racecourse.

A few minutes later, Frank was carried ceremoniously to a nearby grassy hillside. He was put in line with the others, a dwarf among giants.

Barely visible above the coarse, tufted grass, the *Dachshund Express* would surely have scratched, if he'd had a choice.

I knew exactly what was going to happen — and I'm sure everybody else did too. But Tawny, ever the optimist, sent the Brownies downhill to the finishing line to cheer us on.

Down went the flag, as all the entries were given a mighty push to send them hurtling on their way.

Frank got off to rather a slow start, taking several seconds to cover the first six inches. A hefty prod sent him two feet more and, with a final desperate shove, he moved all of three yards, before somersaulting forwards to an undignified halt, roller skates up!

flag. I had no option but to pick Frank up and run the gauntlet of the sniggering masses down to the finish line.

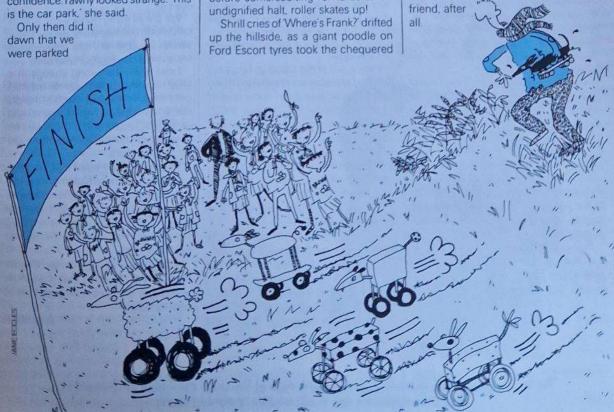
The damp grass had caused his paint to run and his body to soften — our supreme sausage had been reduced to nothing more than an old banger.

To the Brownies' credit they still cheered. But, as I crossed the line and caught sight of Tawny, I knew this was one of those occasions when words would have to be exchanged.

'How was I to know it was grass?' she protested. And, slowly but surely, Frank's shortcomings were laid firmly at my door — definitely a design fault.

As for the creature himself, his crumpled form still resides in a corner of the garden shed. I sometimes look at him and say 'I know you'd have won on the car park, Frank.'

And do you know he's never disagreed with me yet! Maybe a dog is man's best



a personal VIEW

On holiday I saw a poster outside a church: 'If you were on trial for being a Christian, would there be enough evidence to convict you?' With poetic licence I could ask: 'If you were accused of being a Young Leader or a Guider or in any way associated with Guiding, would there be any evidence for a conviction?'

There would probably be signs of assorted uniform around the laundry basket, a cupboard overflowing with things which might come in useful for Brownie craftwork and so on. But, outside the home in your everyday life, would anyone guess?

I decided to pass on this quotation to my Young Leader group as a possibility for inclusion in their collection of readings and stories relating to the Promise (Young Leader Syllabus, Part II, clause 4a), together with the suggestion that these do not have to be other people's readings or stories — they could be your own real life experiences.

In conversation with a Young Leader recently — trying to co-ordinate transport to a training — I heard mention of another Young Leader's name. There then followed an exchange of description, address... It emerged that, although they had managed to miss each other at Division YL meetings, they met regularly because both were in the same tutor group at school. Yet neither knew of the other's clandestine activities!

Rainbow Guides will tell the world that they are 'in' — or even on the waiting list. Brownies will tell all their friends. But Guides, from the age of 11, will try to keep it secret to the extent that appearing in public in

anything resembling Guiding guise is taboo. And as for those over 15...

While on the subject of quotations: 'Don't judge a book by its cover'... Things are not always what they seem'... and 'Clothes maketh not the man' have a message to convey, if you adapt the words to read 'Uniform maketh not the Rainbow/Brownie/Guide/Ranger/Young Leader/Guider'.

Guiding isn't just one night a week when the uniform goes on, it's a way of life, for ever.

Years ago, the rhyme to aid memorising the Guide Law was: 'Honest, loyal, helpful Friendly, courteous, kind Obedient, cheerful, thrifty,

Pure as the rustling wind'
The wording of the Guide Law has changed since then (and will change again no doubt), but the general idea remains the same. How many of these qualities do we consciously try to show to the world at large? I manage thrifty from necessity, and cheerful,

partly by nature but mostly from self-preservation.

I came out of the closet as far as my Guiding activities are concerned many years ago, so everyone I know is used to requests for cardboard tubes, empty jam jars, used postage stamps and other invaluable goodies.

On a Monday morning after a cold, wet weekend, a walk through the factory leaves me open to greetings of 'Morning Brown Ale' — no, that's not a spelling error — 'Dyb, dyb, dyb', and 'Been camping lately?'

My thoughts in reply are certainly not pure, but they only have to be self-controlled these days, so I smile sweetly. Did you know that you use less muscles to smile than to frown? Therefore it's easier to look cheerful, and a smile is infectious. If just one

person is infected by your smile each day you've done something worthwhile. I certainly make them smile!

However, back to the Law, I must admit that I only score three out of ten — my third is the honest bit.

Interesting discussions can arise from real-life examples of honesty in action. A letter arrives and the franking has completely missed the stamp. Is it honest to re-use that stamp? (It's actually illegal.)

Do you return clothes to a shop and abuse their offer to refund your money for things which don't fit, when you have actually worn them? Or does wearing it just once make it OK?

How many office workers use the telephone/photocopier and so on without permission or without paying for the privilege? Do you make copies of the latest tapes and videos for friends? Is it OK because everyone else does it?

We are all guilty of the same sort of behaviour, but, hopefully, we are more aware of what is right and wrong because of our Promise and Law.

I was given the wrong change in a shop recently, but did not realise until I got home. I returned, but had hardly started to explain when I was told loudly and rudely that if there was an error it could not be rectified after I had left the premises.

I was so embarrassed that I made a quick exit and haven't been back since. They really should have listened because I am now several pounds better off than I should be. Should I have to beg them to take the money, or do I have to be dishonest?

Being in Guiding can mean that we have a lot to live up to. But, if we all try to 'do our best', people may start to take notice!

A GUIDER

GUIDELINES FOR ADULT LEADERS

At its meeting in October the Executive Committee adopted a set of guidelines proposed by the Safe From Harm Working Group. The Group was set up to consider the implications for the Association of the Home Office's new Code of Practice aimed at safeguarding the welfare of children in voluntary organisations in England and Wales.

The Code's principal objective is to protect children from all forms and circumstances of physical, sexual and emotional abuse, and it was looked at in detail in November's GUIDING.

In fact the Association's existing

policy and practice already embodies many of the recommendations in the Code. A policy statement on safeguarding the welfare of Association members was included in the Executive News in last month's *GUIDING*.

These are the guidelines the Executive Committee adopted:

All members and staff of the Association should promote good practice to prevent harmful or compromising situations arising.

• All adult leaders should be aware of potential hazards, in and around the meeting or activity site. All members and staff of the Association should fully understand their role, responsibilities, accountabilities, and should, where applicable, undertake training in keeping children safe from harm. The Commissioner should understand and carry out her role as a team leader, supervising and supporting the members for whom she is responsible. The District Commissioner should visit units regularly and make herself known to the girls.

• An Adult Registration Form should be completed prior to pre-warrant or other appointment cards being issued. A suggested format for a registration form was submitted to Programme and Training October 1993.

• The appointment of volunteers will be conditional upon the successful completion of a probationary period of a minimum of three months.

• If abuse is suspected Guiders should follow the advice laid down in the Guider Handbook due in 1994.

There was an emotional moment at the end of the November Council meeting when, just as The Chief Commissioner was closing the meeting, our Founder's daughter, Mrs Betty Clay, stepped forward and, to Jane Garside's complete astonishment, presented her with the Association's Silver Fish Award, which is given for 'outstanding service to the Guide Movement as a whole, in more than one capacity, and having contributed in some way to World Guiding'.

During a varied career, Jane has held appointments at Unit, District, Division, County and Regional level, ranging from Badge Secretary to Chief Commissioner. Her international service has included two Commonwealth and two World Conferences, the Caribbean Link Conference, the European Region Conference, and an International Round Table on the needs and interests of girls in New York.

Since she has been The Chief Commissioner, Jane has encouraged a spirit of openness in the working of the Association, with a sharing of knowledge and wide consultation. She is generous in giving opportunities to young women at Association level, and is always ready with her support for Country and Region Chief Commissioners, giving willingly of her time to visit the Countries and Regions and meet as many Guiders as she can.

She has always maintained that her

THE ULTIMATE ACCOLADE



Betty Clay admires the Silver Fish she has just presented to The Chief Commissione

main role is as Guider support, but she never forgets that the Movement exists for the girls. Jane's Silver Fish is richly deserved — we offer her our warmest congratulations.

PJH 21



Sadly the March edition of GUIDE PATROL will be the last.

After very considerable thought and discussion, the Executive Committee decided that the necessary increases in the cover prices for 1994 of ALL the magazines in order to be able to continue to publish GUIDE PATROL were not accept-

Tremendous effort has been put in by both volunteers and staff to continually improve the quality of the magazine but it has not appealed to the intended group: Guides.

A recent survey showed it was, in fact, being purchased and read by Commissioners. Guiders and Trainers for whom the magazine GUID-ING is principally intended.

Their own response makes it clear that the majority of Guides do not feel a need for their own magazine. Other resources such as the very popular Guide Handbook continue to meet their needs

A detailed study determined that, the decision to cease publication having been made, it would be most cost effective to make the March issue the final one This will release the maximum amount of money to spend on Guide-effective resources. Arrangements are in hand to refund advance subscription payments shortly.

We will continue to work to ensure that members' needs are being met to best effect always

HILARY WILLIAMS

SSOCIATION IINKING DAY

1992 £50,524 1993 £45.967 1994 ???????

Contributions by cheque or postal order - not cash made payable to The Guide Association should be sent to Financial Services Division. The Guide Association. 17-19 Buckingham Palace Road, London SW1W OPT.

Please mark the envelope Thinking Day and include the name and address of the sender and the unit. District and so on to which contribution relates.

A sae must be enclosed if a receipt is required.

TOWER HILL

It is Rainbow, Brownie and Guide month at Tower Hill Pageant in March. Every day throughout the month members of The Guide Association can save money on the entrance charges.

Everyone pays just £2.50 - a saving of between 45p and £2.45p — to gain a historically correct insight into the capital's rich past.

There will be a chance to enter a trail competition and to meet London's Town Cryer For further information contact Anita Waddell on 071-702 0081.

ASSOCIATION'S AWARD

GOOD SERVICE LAUREL

Mrs Ann Norton - Ranger Guide Guider, 1st Bath (Trelawney) Unit, Avon South

Mrs Jean-Clare Schaw Miller - Former Scottish Chief Commissioner

THINKING DAY THE AIR

On February 19-20, 1994 members will be taking part in Thinking Day on the Air Amateur radio stations will be organised so that Guides Chief Executive I can send greetings to other

Guides using radios. They may even be able to speak to Guides overseas.

If you would like to join in, please send an A4 sae to: Youth Activities Section, The Guide Association, 17-19 Buckingham Palace Road. London SW1W OPT.

THINKING DAY

Thinking Day Services will be held on Saturday, February 19 in Westminster Abbey. St Margaret's Church and Westminster Central Hall.

The service in Central Hall will start 15 minutes earlier than in the other two venues. The congregation should be seated by 10.30am in Central Hall and 10.45am in Westminster Abbey and St Margaret's Church. Please check tickets for service times.

SRI LANKA

Thinking Day at the Commonwealth Institute will feature Sri Lanka and includes live entertainment.

This year there will only be one session on Saturday. February 19 starting at

Admission will be £2.93 per person. For further details contact the Institute, which is in Kensington High Street, telephone 071-603 4535 ext 283.

FOXLEASE VACANCIES

Do you enjoy camping and the out of doors? Are you looking for a job for six to eight weeks during the summer holidays? Then why not come and join the team at Foxlease this summer as Camp Secretary.

Foxlease is looking for seasonal Instructors to assist with canoeing, archery. life saving ... during the summer. If you enjoy helping young people to learn a skill and have qualifications in any of those skills they'd like to hear from you.

There are also vacancies for Housing Assistants during 1994. The job is residential and would suit a school or college leaver. Minimum stay six months.

For further details please

write to Mrs Hilary Chittock Foxlease, Lyndhurst, Hamp shire SO43 7DE.

PARTY TIME

There's a party going on at Pontins, the holiday reson at Brean Sands near Weston. super-Mare.

Organised by Youth Clubs UK from March 4-6, the event is open to all young people aged from 13 to 25

For £23 per person, there's a chance to try sumo wrestling and bucking broncos. while an extra £5 pays for a place in a dance workshop

Further information and a booking form from Laura Stanley, Youth Clubs UK 11 St Bride Street, London EC4A 4AS. Tel: 071-353 2366, Fax: 071-353 2369

EXPEDITION WEEK

The 7th Devon Scout and Guide Expedition Week is to be held from August 20 to 27 for expeditions to be carried out on Dartmoor. Base camp will be at Taw Bottom Guide camp site, South Tawton.

The week gives an opportunity for members to do their Duke of Edinburgh's Award Silver or Gold expedition or practice or assessment on foot or by cycle, Venture Scout expeditions and, for a small number, the Queen's Guide enterprise expedition.

For further information write enclosing a sae to Peter Bartlett, 4 Rodborough Way, Kingswood, Bristol BS15 2YH

STAMPS ON

The Scout and Guide Stamps Club will be holding its annual exhibition at Baden-Powell House, Queen's Gate. South Kensington, London on Saturday, February 19 from 11am to 5pm.

The exhibition will be held in the library of Baden-Powell House, which is on the second floor. Entry is free of charge.

A wide range of Scout/ Guide stamps, covers, postcards and other philatelic material will be available

This month Guider Helen

Teace will make history as

one of the few people to

have ever walked between

England and France.

Walking for 13 hours in a 31 mile (50 kilometres) long, five metre wide concrete tube buried beneath the sea bed might not be most people's idea of a perfect day. But that's what Middlesex East's Helen Teace will be doing with 99 other charity walkers on Saturday. February 12.

Helen will be slipping on her Guiding uniform and a pair of comfy trainers to join a historic walk through the newly opened Channel Tunnel. She will be taking the first — and last — public walk through the 'Chunnel's' service tunnel along with walkers from other charities, and members are invited to sponsor her.

Only tunnel employees will ever have a chance to do the walk once trains start using the two massive raillink tunnels later this year.

The *Daily Mail* Le Walk is being organised by The Children's Society (Trading) Ltd with help from the *Daily Mail* and Eurotunnel.

Helen nearly missed out on taking part in this historic Calais to Dover trek. Helen explained: "I saw Le Walk advertised, but I thought: "How can I get to do that?" and so I forgot about it. Then the Chief Commissioner for London and South East England asked me to do it!"

London and South East Region covers Dover where the walk will finish and Helen seemed to be the natural choice for the task, as she is the Region's Walking Adviser.

I was surprised and honoured to have been chosen. Helen said. It means that the Guides will be a part of history and so will I! I am walking for the whole of the Association.

Helen is not worried about being fit for Le Walk. As well as being the Region's Walking Adviser, she is her County's Outdoor Activities Adviser and a keen orienteerer.

As a precaution she took a medical test and there are two reserve walkers ready to fill Helen's walking shoes should she be forced to pull out.

EWALK

Margaret Apted, Walking Adviser for Greater London West, and Sarah Bryant, Ranger Guider with Capricornie Rangers, Middlesex South West, have been selected as our reserves.

But Helen is determined to hang on to her place. 'A lot of people think it's typical of someone like me with my hobbies, and a lot of people are jealous — not of the distance but of the idea, she said. 'But I'm not backing out. I am doing it for the whole of the Movement.'

This walk will be paced to match the slowest participant's speed, and walkers will be on the move for most of the 13 hours. The service tunnel runs between the two main train tunnels, which are joined at intervals a quarter of a mile apart. Stopping points have been arranged and vehicles will crawl down the tunnel in front and behind the walkers carrying refreshments and providing toilet facilities.

The Guide Association was invited to take part by The Children's Society. The Chief Commissioner, Jane Garside, was keen for the Association to be represented as, not surprisingly, competition to join this unique event has been fierce.

Five hundred other charities also applied to take part. But, with 45 places reserved for The Children's Society walkers, only 55 remained for other groups.

A lucky draw was organised and the Association was chosen along with other top children's charities such as Barnardo's. Tommy's Campaign, the Royal Marsden Children's Cancer Unit and the Anthony Nolan Bone Marrow Trust.

Helen is now looking for sponsorship, but it is up to every Country/Region to decide whether to become involved. Sponsorship forms are held at Country/Region headquarters and any money raised will be given to the Country/Regions for distribution through the Counties.

To make certain that all money



collected goes to the Association not the organisers of the walk, sponsorship forms must be clearly marked with the Association's logo and all your cheques must be made payable to The Guide Association.

To find out more about the Daily Mail Le Walk or to sponsor Helen, contact either your Country/Region office or Mary Piffero. Region Administrator at 3 Jaggard Way, Wandsworth Common, London SW12 8SG. Tel: 081-675 7527.

anything Helen Teace after one of her epic treks

THE TWELVE DAYS OF

TRAINING

The CHQ Training

Team hit the road to

Scotland where

they celebrated their

fifth anniversary.



Swinging away that stress - Scottish Guiders queue up to try it

Twelve days of constant travelling, packing and unpacking and training didn't leave much time for birthday celebrations, explained Finola McNicholl, the Training and Development Manager But it was another milestone in the development of a team which was established amid controversy in October, 1988.

The controversy centred around the fact that not all the team held the Association's Training Licence.

But we've moved on a lot since then, said Finola. The competence route to qualifications ensures recognition of other training experiences. As the Association seeks accreditation of its own qualifications from outside bodies, it's even more important for us to recognise these skills in our own Trainers, whether paid or volunteer.

Five years on, the team's reputation has been established, with 1993 being its busiest year to date. From initially offering trainings on delegation, assertiveness, and leadership and team building, the range now includes personal effectiveness, the ways adults learn, the role of the Guider; substance misuse, peer education, programme planning, communication, stress and its management, history of Guiding, problem solving, evaluation, and many others!

Within a three-month period the team has trained all over the UK from Clwyd to Kent. Leicester to Leatherhead not forgetting Scotland

But the team doesn't look back to past achievements. Every event is researched in depth, every session planned specifically for that event and every Training Officer is aware that she carries responsibility, not just for herself, but for the reputation of the team.

There are no off the shelf packages as there are in other training organisations. Of course, ideas used in one County may be taken elsewhere on another occasion, but every session is specially tailored to the needs of a particular group.

Research and resources are key elements of the job and quite a library of training materials, activities and exercises has been built up. These are available on loan from CHQ to any Guider

Jackie Clifford, with the team since 1991, says she wasn't quite sure what to expect when she joined. I'd been a trainer for several years, but not in the voluntary sector. Here we have to try that bit harder — to make people want to come to a training.

Treally value the opportunity to give volunteers support and encouragement and to share my own knowledge and skills with them.

I see my role as facilitator, someone who helps people learn from me and from each other and, in turn, I have gained so much. Guiders frequently ask if I enjoy the job. I can honestly set it's the best thing I have ever done.

A significant part of the team's workload is its involvement, at an early stage with Association initiatives Jacke has been part of the Look Wider Working Group since its inception



Guiders tackle the tablecloth

They really need to be ready with the training, before anyone has even dreamed up the resource.

We are fortunate that, within the Association, we have access to a range of expertise. We frequently work with the volunteer Trainers, so the team is constantly adding to its knowledge. And this exchange of skills helps strengthen the important volunteer/staff partnership."

Finola went on to explain. We also represent the Association at various seminars and, recently, we have had extensive contact with some of the child care agencies. This has been really helpful, as we've had increased

demand from Guiders for information and training on child abuse, safety and protection

The Association has already taken note of the implications of the Home Office publication Safe From Harm. A small working group of volunteers and Training Officers was set up by the Programme and Training Committee and a set of recommendations has now been put forward.

While the Association Leadership Scheme and other training programmes already incorporate many elements of the Home Office Code of Practice, the Association team has been asked by Programme and Training to include things like interview skills, and how to place the volunteer in the right role, in all Commissioner training.

Valerie Bradfield, the fourth member of the team, had previously been a housemother in a children's home, so her experiences in that field are a welcome asset.

For the last 11 years, she has worked with the Scripture Union training adults and families and those who work with groups of children.

In her few weeks as a Training Officer. Valerie has managed to increase her repertoire of camp-fire songs and her waistline. Scotland has to

accept the responsibility for both.

We all blame Jean for our weight problems, as she organised the 12day tour where Scottish hospitality gave rise to heated debate on southern versus northern cuisine' said Valerie.

Food isn't the only topic during a tour, commented Susan, but it becomes very important when you can't get at it. We found, with travelling and training day and evening, we were often too late even to get a burger.

The team will be eternally grateful to the County Commissioner of Forth Valley, Sheila Anderson, who tried hard to find a restaurant still open. When that failed she gathered up all the CHQ strays, drove us to her home, and produced a four-course dinner at 11 o'clock at night!' Finola recalled.

A Scot herself, Jean was appointed co-ordinator for the roadshow.

Though currently living in Berkshire, Jean comes from St Andrews, and has left husband and sons to fend for themselves, while she carries out her contract with the Association.

She managed to combine trips home, with visits to co-ordinators. Most County days are planned well in advance but, if it's a late booking, we have to make arrangements by letter and phone. It's much more effective to discuss training needs, and make initial plans directly with those responsible for the event, Finola added.

Of course, the Scottish tour was expensive. But I believe it was extremely effective. Hundreds of Guiders covered activities ranging from safety, to the Promise, from delegation, to the history of Guiding: from stress management to the role of the Guider, from programme planning to keeping healthy.

I joined the team for a few days, which included a memorable weekend at Cumbernauld, near Glasgow. Here, about 70 Guiders and Commissioners learned how to say no with such enthusiasm. I fear the County may never ask us back,' Finola said.

The team is a resource provided by the Association for the support of all Guiders,' she pointed out. 'If you can't get to a training, we'll bring it to you We'll go anywhere in the UK - and beyond. In January, Jackie and Jean are due to spend a week in Bahrain, a joint enterprise with BGIFC

But most of the work takes place here. So, if we haven't been to your County yet, and you want something different, get in touch with me now

Try an evening taster, or a series of evening sessions. And if you want a return visit, book early for '94 and '95 Remember, all expenses for the team - travel, accommodation, materials are paid by the Association, Finola

Such firsthand knowledge, she believes, gives the team a great advantage.

When we're out there training and questions are asked, for instance about content, I can explain why things have been included. We meet and train thousands of Guiders every year, so we can help with the communication process.

The new incident management course 1st Response was written by Jean Davidson, working with the Scouts and the first aid agencies. Helping Jean deliver this topic is Susan Yau, who is a first aider like her colleague.

Susan joined the team in October. She spent the previous five years as a Development Officer with St John Ambulance, where she managed the programme of activities for St John Cadets. Writing resource material for members, and developing training courses, conferences and workshops for cadets, adult leaders and senior volunteers, prepared her for her new

Being a Training Officer is a demanding role, commented Finola, whose responsibilities include monitoring and evaluating the work of the CHQ team. Like the volunteer Trainers, they have to be ahead of the posse in terms of new publications and programmes.

SPARKLING LAUNCH

Members of the Guide Movement played a key role in the launch of Youth Work Week. The Association was invited to organise the lighting of a huge bonfire on Hampstead Heath to get the week off to a good start nationally.



26

tion at Pax Lodge, where VIP guests met for sustaining refreshment before donning winter woollies and joining the throng at the bonfire

Their number included representatives from the Guide Association, the Scout Association, Youth Service agencies and departments, Camden Council and St John Ambulance

The Chief Commissioner, Jane Garside, welcomed everyone and thanked the National Youth Agency, the force behind Youth Work Week, for inviting the Association to launch the event

Mrs Garside said the Week was a celebration of the thousands of unsung heroes who worked with youth. These tireless people, she explained, helped about five million young people and played a vital part in the development of the youth of tomorrow.

National Youth Agency Director Janet Paraskeva said the week provided a good opportunity to point out to the general public and politicians that youth work was very worthy of support

'Services provided by youth workers keep young people out of trouble,' Ms Paraskeva explained.

Youth work is useful in helping truants and young people excluded from education, and also provides purposeful leisure activities. It saves the public money."

The Agency had a well-planned personal and social education programme. Ms Paraskeva said She reminded the audience that teachers often complained about funding cuts to education services, which ultimately led to students receiving less personalised education.

This meant youth organisations were being relied on more and more to provide young people with more personal interaction. The Guide Association was one such organisation, Ms Paraskeva added. This is why we asked the Guides to stage the launch, she explained. 'Of course, we were very pleased the Association accepted.'

A bus transported the guests from Pax Lodge to chilly Hampstead Heath, where hot sausages, sandwiches and juice were already being downed by assembled Brownies, Guides, Guiders and parents.

Pat Belringer, the Association's Assistant Arts Adviser (Vocal), soon got the crowd warmed up with a few fun songs while the youngsters held on tightly to their sparklers.

Finally, the big moment arrived and everyone congregated around the impressive bonfire.

The Chief Commissioner, the Mayor of Carnden, Ramon Bhattacharyya; Ms Paraskeva; Commonwealth Youth Council Chairman, Bernard Donoghue and TV presenter and good friend of Guiding. Jeff Banks, who redesigned the Guide uniform, were given the task of lighting the fire.

It took a few attempts, but the fire eventually caught hold and Youth Work Week was officially under way.

SHARENE CHATFIELD

DARLING DAUGHTERS

These days it seems that Jeff Banks has as much involvement in the world of Guiding as he does with high fashion and the media.

What's more, things are likely to stay that way since his daughters, eightyear-old Coco and India, seven, joined the 1st Maida Vale Brownie Pack

The two proudly wore their new Brownie baseball caps, which Dad designed, to the launch of Youth Work Week in November, when Jeff was one of the VIP guests.

India's interest was sparked in Guiding about three years ago, when Jeff's new uniform for all sections of the Movement was launched.

Ever since then India has been asking Jeff and his wife Sue to let her join a local unit.

'I really, really wanted to be a Rainbow Guide,' explained India

It's true, Jeff admitted, adding We just didn't get around to it until recently."

By the time India's wish came true, she was too old to be a Rainbow, so she made the Brownie Promise instead

It wasn't long before Coco realised how much fun her younger sister was having, and begged to follow in India's footsteps.

When I heard that India was going to be doing cooking, I decided I wanted to go, too, said Coco.

Mum and Dad knew when they were beaten and the two are now members of the same Pack

The girls said they were having great fun learning about first aid and making new friends. But Coco was still looking forward to those cooking lessons!



Proud to be Brownies, Coco (left) and India Banks with doting dad, Jeff

JOHNSTON PHOTOGRAPH

SHAPK

THE LETTERS OF ARTHUR BALFOUR AND LADY ELCHO 1885-1917

Ed Jane Ridley and Clayre Percy Hamish Hamilton, £25

From the front bench of the House of Commons, Prime Minister Arthur Balfour scribbled letter after letter to Lady

THE LETTERS OF
ARTHUR BALFOUR
& LADY ELCHO
1885 - 1917
EDITED BY JANE RIDLEY AND CLAYRE PERCY

Elcho. It's hard to imagine John Major writing personal letters between his performances at the despatch box. But these letters, recently discovered, are a relic of a more leisurely era.

If as Mary Elcho's children maintained, Balfour often failed to open her replies that was his loss and, perhaps, our gain. For Mary's vibrant, often teasing, letters give us a rare glimpse of an exceptional woman who, though married to another man, remained Balfour's lifelong confidente.

At £25 the book is pricey but, if you want an insider's commentary on the politics of the period as well as a

woman's eye view, it might be worth saving up those birthday book tokens.

HENRIETTA MARIA: THE INTREPID QUEEN

by Rosalind K Marshall HMSO Books £9.95

Here's a chance to learn about a royal marriage that began disastrously, blossomed into true love yet ended in tragedy.

At 15 this imperious daughter of a heroic French monarch crossed the Channel to wed an English King whom she'd never met.

Their early years together were stormy although Charles hated scenes. Yet the melancholy monarch grew to deeply love his fiery, proud wife.

Sadly their idyllic family life was shattered by the outbreak of the civil war that tore the nation apart.

Henrietta was forced to flee to her native land where she waited in anguish while Charles lost first his Kingdom and, finally, his life. On January 30, 1649 he was beheaded at Whitehall dressed in two shirts so that people would not see him shiver from the cold and think he was afraid.

The broken-hearted widow lived to see their son regain the throne as Charles II.

NW

NW

GO FOR IT

Edited by Martyn Lewis Lennard Publishing £7.99

As Chairman of Drive for Youth TV presenter Lewis has lots of good news he can tell the world. The book is the first, comprehensive guide to the range of opportunities for young people

The guide will be updated each year and includes everything from advice on working holidays to adventure challenges, covering the whole spectrum from cultural exchanges to community projects

In the foreword, the Prince of Wales describes it as essential reading for Britain's young people — and all who care about them. Of particular interest to Rangers, Young Leaders and their advisers

DRUG WARNING: AN ILLUSTRATED GUIDE FOR PARENTS, TEACHERS AND EMPLOYERS

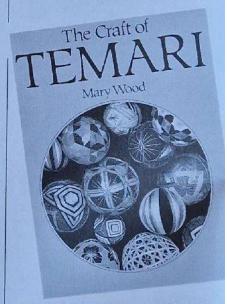
By David Stockley Optima, £9.99

A comprehensive and detailed guide to the drugs currently being misused, Drug Warning covers everything from heroin to solvents.

Written by David Stockley, formerly deputy officer in charge of the Central Drug Squad at New Scotland Yard and operational head of the National Drugs Intelligence Unit, it has the authoritative approach you expect from a book backed by the Metropolitan Police.

It contains clear, coloured pictures of the drugs in their various forms to aid identification and includes sections on the law, warning signs and drug slang, as well as advice on where to get help and those vital addresses.

DW



THE CRAFT OF TEMARI

by Mary Wood Search Press £6.95

Discover an ancient Japanese craft with this lavishly illustrated book that will appeal to beginners as well as more experienced embroiderers

The art has been summed up as embroidering the surface of a ball and it uses basic stitching and wrapping techniques to create a kaleidoscope of beautiful and original designs.

First step is to make a foundation temari on which to build your designs. You can use balls such as table tennis balls or make your own with old tights or stockings.

A bowl of completed teman on a shelf adds charm to any room.

 Search Press is at Wellwood, North Farm Road, Tunbridge Wells, Kent TN2 3DR. Tel: 0892-510850.

As units get ready to celebrate DAY FOR Thinking Day a representative of WAGGGS makes an eloquent plea

GIVING

for increased funding.

This is a topsy-turvy world in which we live. The immediacy of headline news from around the world clearly indicates in graphic detail the extent of global suffering and strife endured. It would be all too easy to lose one's way surrounded by so much turmoil

It is for this reason that February 22. the shared birthday of the Founder of the Movement Lord Baden-Powell and the World Chief Guide, Olave, Lady Baden-Powell, comes as a very real reminder to us that we all do have the power and ability to make change for the better and contribute to the well-being and development of the world around us.

February 22, known to Girl Guides and Girl Scouts worldwide as Thinking Day, provides a common focal point for us all. It enables us to direct our thoughts from our very busy lives to

the wider canvas of the Girl Guide/Girl Scout sisters we have worldwide. What a remarkable family we can boast - 8.5 million sisters coming from 128 member organisations! It is extremely powerful to know that we can be directly in touch with each other through Thinking Day.

As we all know Girl Guides/Girl Scouts are 'doers' and very practical in the way we tackle our Guiding. So, in this difficult world for many, Girl Guiding/Girl Scouting is a lifeline. Not only for those who are active Guiders but for those whom these Guiders serve - their families, community or wider network.

Girl Guides/Girl Scouts are dedicated to service in the community. This is the good turn we learn at an early age transformed into a large community commitment at later stages in our Guiding lives.

All over the world this good turncum-community service forms a vital and necessary part of WAGGGS' world.

WAGGGS is currently engaged in a multitude of development work worldwide. For example, working in the Pacific Islands, with the newly established Field Executive Trainer, taking up the challenges presented in Central and Eastern Europe to re-launch Guiding, sustaining and expanding the work in Africa, more often than not in



International aid at work - immunising babies in Pakistan

harsh conditions brought about by natural causes such as long-term drought, political instability and upheaval or extreme poverty.

The WAGGS Moscow-based Development Executive is currently taking Guiding beyond Central and Eastern Europe into the former Soviet Union. while the Peace Initiative and work with refugees is a focal point for the next three years. A Spiritual Dimension Kit is to be developed as a WAGGGS resource, which will be of much benefit to all member organisations in remotivating, repositioning and reminding ourselves of our commitment to a higher being, which is central to our common Law and Promise.

These are just a taster of the expanding work WAGGGS undertakes, and I haven't even mentioned WAGGGS' plans to take Guiding into mainland China, which will be another extremely challenging area of work.

Unfortunately, the donations to WAGGGS through the Thinking Day Penny scheme are not sufficient to support our work. When we think how much a loaf of bread costs today, then compare it with what it cost ten or 20 years back, we can quickly grasp WAGGGS' urgent need for increased funding to match the very vital work we must undertake for the benefit and advancement of girls and young women

The Guide Association has always been very generous to WAGGGS. supporting its work with both human and financial resources. Never before has this support been more necessary or more appreciated.

Please remember that by donating the equivalent of a loaf of bread or two (or even enough loaves to put in the freezer to see you through a whole month) will have a positive, practical and much-needed financial effect on the quality and quantity of work WAGGGS undertakes

Your contribution is worthwhile and will make a difference. Have a peaceful Thinking Day and enjoy the knowledge that you are at one with your global sisters in Guiding.

> JAN HOLT Director, World Bureau

confident

There can't be many Guiders who haven't heard young Guiders say: 'No one listens to us because we're young.' Or the flip side that claims: These young Guiders never speak up at District Meetings, they never say what they want.' Trainers in Leicestershire recently decided to look at both statements for the benefit of Guiding within the County. Here Kate Roberts explains their approach:

We introduced specific training opportunities for Guiders under 26 at County level. At those trainings we took the opportunity to listen to the needs expressed by young Guiders, which would enable them not only to function with their own units, but to become more confident in dealing with their colleagues in the District or Division.

A group of capable young people formed a 'Core' group which started to plan a sequence of events under the banner of Taking Control.

With grants from Leicestershire County Council Development Fund and The Prince's Trust the group had some financial independence, so there was no need for them to go to the Executive Committee to ask for money.

First step was a day that addressed taking control of your Guiding; your education and work; your life, the universe and everything.

Sessions were organised on opportunities in Guiding, dealing with Guiding in the District, stress and relaxation; assertiveness; relationships and disadvantage.

We used facilitators who were all young women either from the Association or other local organisations.

All the extra but essential parts of such a day — the welcome, the ice breakers and the 'compere' were provided by the members of the Core group. All sessions were strictly off-limits to anyone who'd notched up too many Guiding years



The woman behind the mask — learning to take control of your own life

Some of the responses to that day highlight the successes and the opportunities offered. I want more awareness of the younger voice of Guiding and its precious role among the sisterhead of Guiding from the oldest to the youngest'... I want to be able to say I'm involved'... I want to be able to use what I have learned today in my Guiding, to be able to put forward my ideas'... I want a Youth Forum with the Junior Council network'... I want more opportunities like this'.

The next stage was a special weekend last February, which was again planned by the Core group with a few additions. They started by stating that Young people are the best advocates for Guiding', which led on to the idea that promoting Guiding to those both inside and outside the Movement can and should be done by young people themselves.

The logical next step was to look at Taking control of your image. There were opportunities to work on the

image of Guiding that the group felt they would want to present and the methods of presentation including video and drama, as well as the usual static displays.

Also offered were chances to try out aromatherapy, hairdressing, and makeup. Not forgetting, of course, a liberal amount of discussion and fun.

By this stage not only had our Core group become quite proficient at leading such an event but more young people were getting involved and their skills appreciated. The County, Divisions and Districts were starting to turn to these young members to promote aspects of Guiding, previously the preserve of the experienced Guider.

Very young District Commissioners were being appointed, one of whom was just 22. A team of young people was invited to join our County Team. Training weekend at Foxlease.

Our third event with the same theme held last October aimed at setting up a 'youth' structure within the County.

This time there were sessions on interview skills, a very popular choice; skills to organise others, fund raising and young women and adventure.

The lunch time period was used for a number of activity ideas that proved very popular: fencing, self defence, screen printing, and video making using studio facilities and still photographs.

Again young people from the planning group recruited young facilitators, some of whom were Rangers and Young Guiders from the County.

Youth Forums will be formed, probably at a more local level, with Divisions or groups of Divisions getting together at locations identified as 'easy to get to'. Time, transport, and cost are really the only limitations on the commitment of our members to be involved in making 'taking control' a reality.

All those involved over the last two years have gained much in confidence, understanding, and respect, and we are no longer 'them' and 'us', just 'the gang from Leicestershire County'

KATE ROBERTS

NIGHT LINE

Whenever we camp in the autumn, someone always suggests walking the night line. To do this, you have to follow a line of string from A to B through unchartered territory, while blindfolded.

I recall one occasion when the Guides had tackled the course with varying degrees of confidence but, finally, it was Emma's turn. Off she went, clutching the string as if her life depended on it. I heard her expression of disgust as she tramped through a mud patch, before disappearing into the wood.

This game is like life, I thought, full of unexpected pitfalls

A panic-stricken cry shattered my revene. 'Help,' yelled Emma. Where am I? How do I get home?

'Hang on!' I cried. 'I'm coming I can't hang on, retorted

Emma. Tve lost the string." I was with her in an instant. She explained, rather shamefacedly, how she'd taken her hand off the line to brush away the creepers and been unable to find the string again.

'Serves you right,' said her Patrol Leader. 'If you'd followed the rules, you'd have got back without any trouble.

She was right, but in a much wider sense than she realised. We all need something to hold on to, a set of guidelines that will show us the way, as we fumble through life. I find these in our Promise, or, more particularly, in God.

I know that if I attach myself to Him and try to follow Him obediently wherever He leads me, if I learn to take life one step at a time, secure in the knowledge that He is in control, He will ultimately bring me home.

But here the similarity to a night line ends. Because if, like Emma, I forget to hold on, I know that God loves me enough to rescue me and to help me make contact again.

EB



GUIDE'S DELIGHT

There was a double honour in store for 11-year-old Guide Christine Wright when she attended celebrations to mark the 900th anniversary of the founding of her local church at Bebington on The Wirral.

For Christine was presented to our President, Princess Margaret and also took part in a special bulb-planting ceremony.

Princess Margaret was guest of honour at the birthday celebrations for St Andrew's Church.



Princess Margaret accompanied by the Archdeacon of Chester and the Rev Stephen James meets Margaret Clarkson, Christine Wright, Vanessa Lewis and Jan Campbell

Christine and other members of the 1st Bebington St Andrew's Guides were celebrating a special anniversary of their own - the unit was founded 50 years earlier in 1943.

Guide Guider Margaret Clarkson was chosen to tell Princess Margaret all about the bulb planting. Then it was Christine's turn to plant a bulb

Later the President chatted to other Guides, who were accompanied by Guide Guider Vanessa Lewis and Assistant Guide Guider Jan Campbell.



IN GUIDING

The Wild Bunch creating a wildlife garden Trading Place Altrincham revisited **Guiding in Action** service with a smile at Luton Quick on the Draw Guides win fire safety quiz Advice for new Guiders launch of a new series

One World

getting back to nature



Straight Talking fasting for the world Crafty Ideas making Dorset buttons Storecupboard Beauty make your own cosmetics **Badge Work**

Gardener and Boatswain **Food Facts**

tackle our healthy eating

Jumping for Joy try trampolining

Jazzy Jewellery

IN *Brownie* FEBRUAR

a Mexican craft **Pet Pointers** keeping fish Rose Petal a Caribbean legend Taking a Trip a passport to fun Fun Food international menu



Rainbow Rabbit's Party guests from around the globe The Spider and the Antelope a story from Nigeria



On Song making a Swedish bird **Animal Magic** pets from many lands

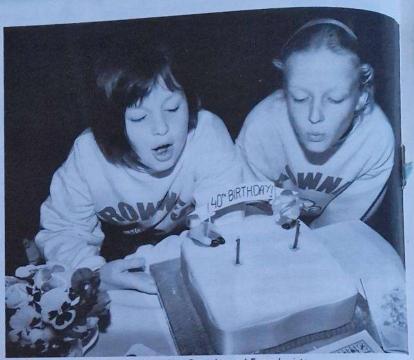


In the peaceful
Gloucestershire village
where they live, not
far from the Forest of
Dean, the 1st Briavels
Brownies are often as
busy as bees, raising

funds for an ex-Brownie

and Guide they hold in

very high regard.



Proud of their Pack's heritage, Brownies Noa Snowdon and Emma's sister Holly Charlton (right) celebrate

Emma Charlton, 22, is working as an unpaid assistant at a centre for abandoned or brain-injured Zulu children in Bulwer, South Africa.

Two years ago, while working as a volunteer for Operation Mobilisation, the international Christian missionary organisation, she was among the victims of a terrorist attack in the Philippines. Two of her friends were killed. Emma escaped with shrapnel embedded in her legs.

At Bulwer, where she has the free use of a small flat, Emma lives frugally on about £7 a week — mostly money raised by the Brownies, the villagers of St Briavels and other well-wishers.

Her only other income comes from

her paintings, which she sends to her mother, Liz, to sell.

Last summer the 1st Briavels Brownie Pack celebrated its 40th anniversary with a party and a 'birthday' cake. Emma's sister, Holly, who is a Sixer in the Pack and the youngest of the six Charlton children, helped to blow out the candles.

The Pack's Snowy Owl. Valerie Hooper, who is also District Commissioner for Wyedean, said: The Brownies really enjoy visits from Emma when she is home. On the last occasion she taught them a special song which they performed at a District concert.

When they ran a beetle drive and raised £30 towards Emma's living



expenses, she told them that she would use the money to take the Zulu children to the seaside for the day.

That was typical of Emma. She deserves all the support we can give her because she is unselfish and caring, just as a former Brownie and Guide should be.

We are proud of her and know she is still very aware of her Guiding roots." Emma's mother takes up the story:

6 Emma was 18 and had finished school after her A-levels when she became an "O Mer", by joining Operation Mobilisation. That summer she spent six glorious weeks by the great Lake Balaton. In Hungary, teaching Christianity through art, music and drama to children brought up under Communism.

She then joined one of the OM missionary ships, the *Doulos*, and headed for the South Pacific on an itinerary which included Fiji, Tonga, Papua New Guinea, the Solomon Islands and the Philippines.

The entire ship's company, including the Captain and crew, were all unpaid. On the deck, under canvas, was an exhibition of books — a wide range, from Bibles and religious books to school textbooks.

At the various ports of call the *Doulos* would dock and the local dignitaries would be invited aboard and shown over the ship.

This ship would then be opened to the public. Books from the big stock on display would be sold to visitors.

While the *Doulos* was at sea the "O Mers", of many nationalities, would spend quite a lot of time in private study, in preparation for their evangelistic work ashore.

It was near the end of their 2-week stay at Zamboanga, in the Philippines, that the terrorist attack came. They were on shore, giving an eve-of departure concert to the public, with the various nationalities putting on a show appropriate to their country.

The captain of the *Doulos* happened to be on stage when a grenade was thrown at the stage. It failed to explode, so the Captain was unharmed.

Then three more grenades were thrown and two of these exploded, killing two "O Mers" and injuring many others, including some of the audience. In all, there were 37 casualties, among them three Britons who were badly injured.

Emma and the other injured were airlifted to hospital by the Philippines Air Force and, later, transferred by air to hospital in Singapore.

OM arranged for someone to be with them all the time, for support. The British Consulate staff in Singapore were also very supportive and British ex-patriates there not only brought fruit, flowers and other gifts to the wards but gave the victims home hospitality during their convalescence.

The terrorists escaped without identification, and were never caught.

When Emma returned to the *Doulos* she threw away her crutches because they were so cumbersome aboard ship. Then she had a fall, tearing her Achilles tendon. She was still limping when she finally came home at the end of her eventful stint with OM, in November, 1991.

For much of 1992 Emma had a very different kind of experience, working as an instructor at a children's adventure holiday centre at Hay-on-Wye, Powys. She had many surprises, but that's another story.

She went to South Africa to work with the Zulu children as a result of becoming involved with the St Briavels Centre for Child Development, the now well-known charity started in our village by a couple with a brain-injured child. Emma's father, John, is a trustee.

The same therapy programme is being used on certain children at the centre in Bulwer, which is run by Esther Aln, a retired nurse, who needed a "right hand woman". Emma seemed to fit the role, so out she went for 18 months.

In one of her early letters to us Emma wrote: 'There are over 40 children and, so far, I only know six or seven of their names, which are very long and funny-sounding.

"They are all lovely and want to hold my hand. They love to touch my hand

and look at my white hands because they are so different from their own.

"Most are brain-injured but there are some who were starving and abandoned by their parents."

During holidays the children return to their own homes where possible but, for family and social reasons, some are unable to do so and stay with members of the staff at the centre.

Last Easter Emma had four of the children with her in her little flat.

She told us in a letter: "We built a little fire in my garden, with stones



around the edge. Instead of sparklers the children burn the ends of sticks until they catch fire. Then they blow them out so that it's just glowing red and run around, making circles just as we would with our sparklers."

So, with letters like these, we know that the children, despite their various disadvantages, are getting lots of fun and love from Emma and that makes us all proud of her.

Emma is due home next August, when there will be a great celebration in the village to mark her return and she can be sure of receiving an especially warm welcome from the Brownies.

Meanwhile, we are all looking forward to seeing some more of Emma's paintings of African children — her favourite subject.

LIZ CHARLTON

res

how to

Emma with

one of the

Zulu children

in her care

RAINBOW GUIDERS

As each February comes around we turn our thoughts — and those of the Rainbow Guides — to the Guiding Movement around the world.

FRIENDS FAR AWAY

If you can get hold of a very large world map, look at it with the girls, explaining how it shows all the countries of the world. Show them Britain Ask them to say if they have friends and family living in other countries and show them those places on the map.

Ask if any of them have travelled abroad. If so show them those countries too.

Explain that in lots of other countries there are Guides and Brownies and Rainbows but they are not all called by the same names as in Britain. The name for their age group varies from country to country, for example, in New Zealand they are called *Pippins*, while in India they are *Bunnies*.

MY FAMILY

Possibly the families of some of the girls come originally from other countries. Invite their parents or grandparents to come to a meeting and tell the girls about growing up in another country. Maybe some will have belonged to the Guide or Scout Associations there and will be able to explain what it was like.

ST DAVID'S DAY

The first day of March is the special day of the patron saint of Wales. Rainbow Guides in other parts of Britain could share a special Welsh evening.

The emblem of St David is the leek — there are several legends about why this is so. You could retell these stories to the children.

The daffodil is the national Welsh emblem. The girls could each paint and cut out a paper daffodil and then put them all together on a large sheet of paper in a big 'vase' painted by you.

Plan ahead for similar activities on March 17 for St. Patrick's Day (with shamrock badges); St. George's Day on April 23 and St Andrew's Day on November 30.

GREETINGS!

Talk about all the languages people speak around the world — and in Britain. Many people here speak more than one language, for instance Welsh, Bengali, Urdu or Hebrew. Ask the girls to find words in another language — particularly greetings and farewells — and bring them along to the next meeting to display.

Does anyone know a deaf person who can teach the girls to sign a few words?

THE YEAR OF

The Chinese New Year falls in both January and February as the celebrations last two weeks. Each year, over a 12-year cycle, has the name of an animal. 1994 is the year of the Dog.

The girls could make a book about dogs, supplying their own pictures of different breeds. They could learn about caring for a puppy and training a dog.

You might invite someone to talk to them about dog training and care. Perhaps, later in the year, they could watch an exhibition of police dog handling.

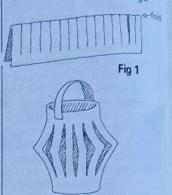
CHINESE LANTERNS

During the New Year festivities Chinese people carry lanterns through the streets. The girls could make lanterns to decorate the hall.

You need: sheets of coloured paper, glue, safety scissors.

Prepare rectangles of paper about 9in x 6in wide. The girls fold the papers in half, lengthways. Then, using scissors, cut them across the fold (see fig one). Make sure they don't cut right across!

Open out the paper, bend it round, and glue one edge



over the other. Cut a small strip of paper and paste it across the top to act as a handle — and the lantern is ready.

The girls could decorate them with sticky paper shapes.

JAPANESE CRAB

Here is a game from another country for the girls to play. The girls are divided into two teams and lined up with their backs to the starting point. At a signal one girl in each team gets down on all fours and races backwards for the finish line.

When she reaches it, she stands up and runs back to touch the second girl—who takes her turn. The first team with all its players safely back wins.

QUIET TIME

Think about all your friends all over the world and about other girls in other countries who are also members of the Movement. Think about the Brownies and Guides in your own area and how one day, your girls will join them. Think about brothers and friends who are Beavers of Cubs. and the Scouts all over the world.

NEXT MONTH

The theme next month will be keeping healthy and fit—with lots of activity ideas for the girls to think about.

DEBORAH MANLEY



CARIBBEAN MARK

Here we take Linstead Market, a song with an island flavour, for the basis of this month's theme evening.

Linstead Market is a real market in Jamaica, and the activities are on the theme of markets and the Caribbean generally.

OPENING

Ask each Patrol to list as many different market stalls as they can.

PATROL CHOICE

Printing Fabric

Brightly coloured, floral material is very popular in the West Indies. You can print your own designs on to cotton material using fabric paints, which can be bought from craft shops. Try printing a design with flowers or stars or swirly shapes by cutting the shape from a potato.

Shell Pictures

If you live near the seaside. or can get hold of some shells, you could try making pictures with them. They should first be cleaned thoroughly in fresh water using an old toothbrush. Take a piece of stiff card and try several different arrangements of shells until you are satisfied with your picture/ design. The shells should then be stuck down with a fairly strong glue and left until they are set.

Banana Bread

You will need: 300g (10oz) flour, 3 tsp baking powder, 1 tsp salt, 1 tsp nutmeg, 125g (4oz) butter, 225g (8oz) sugar, 1 beaten egg, 3 ripe bananas, mashed to a smooth paste, 125ml (4 fl oz) milk and 1 tsp vanilla.

Equipment 2 mixing bowls, 2 wooden spoons, greased loaf tin.

In one bowl, sift together the flour, baking powder, salt and nutmeg. In the other bowl, cream the butter and sugar until the mixture is pale, then add the beaten egg and bananas. Mix well, add the flour mixture gradually with the milk and, finally, the vanilla. The mixture should be thick but not too stiff. Pour into the loaf tin and bake for one hour at 180°C/350°F/Gas 4.

Fruit Montage

Many different fruits are grown in Jamaica - bananas, breadfruit, melons, an illustrated diagram to show the different stages of production. Information can be obtained from library books, or by writing to one of the sugar manufacturers.

Tin Bongos

Learn the Jamaican song Yellow Bird, which is sometimes accompanied on the bongos. Bongo drums can be made with two differentfirst to guess gets a point for her Patrol

Find the Stall

Put four chairs at the end of the room and tell the girls that they are market stalls. for example, fruit, vegetable, flowers, fish ... They have to remember which is which. Each girl in the Patrol is given a number. The leader calls out a quantity of pro-



oranges, lemons, limes, pineapples and paw paw are just some of them. Collect as many different pictures of fruits as you can from magazines and arrange them into a colourful montage on a large sheet. You could also visit your local supermarket and buy some of the fruits you have never tried, for a tasting session.

Sugar Story

Sugar is one of the main products of the Caribbean area. Find out how sugar cane is grown, harvested and refined, and produce sized tin cans tied together and beaten with spoons.

Noisy Market

One girl from each Patrol leaves the room and the rest agree on a type of market stall, for example, vegetables or pottery. When the girl comes back, everyone else yells out things that can be bought at the stall. When any girl thinks she knows the type of stall she runs to the leader to tell her. The duce, for example, four bananas or six orchids, and each girl with the number runs to the correct 'stall' The first to sit on the chair gets the point.

Limbo Dancing

Each Patrol finds its own champion; then the Patrol champions compete to see who can limbo-dance under the lowest level. This should be accompanied by reggae music, clapping and drums!

PAULINE WAINWRIGHT

 See also Ranger Guider advice on page 44.

A HANDS-ON EXPERIENCE



Popular venue for group visits

> If you're within reasonable travelling distance of Manchester, a trip to the Manchester Science and Industry Museum can prove a stimulating and exciting day out. As a museum its great advantage is that it can accommodate enormous groups - 100 or more make very little impression on its vast halls — and there is more than enough in this versatile museum to keep a large group occupied for a whole day.

The nearest railway station is Manchester Deansgate. which is within easy walking distance. Coaches can drop passengers at the museum's main entrance, then park about half a mile away.

The museum is open daily. including Sunday, from 10am to 5pm. Charges are extremely reasonable: £1 per child gives access to all the exhibitions, the only optional extra being a ride on an exciting flight simulator at 50p per child; £1 per adult A ratio of one adult to eight children is required by the museum - the adult being admitted free Extra adults pay £2 50

Booking couldn't be easier Contact the Education Service, Museum of Science and Industry, Liverpool Road, Castlefield, Manchester M3 4JP (061 839 1159), who will send a booking form and a wealth of information. including worksheets, which can be freely photocopied.

SPLITTING UP

It's essential to split your party into small groups of eight children of similar age. each under the supervision of one leader, and to stress that they must stay together at all times

Each group leader must have a written list of the children under her care, in case of fire drill or other emergency. A workable practice is for two groups of the same age range to move around together. That way each leader has an adult companion, as well as someone to hold the fort if a problem crops up.

On arrival in reception, the organiser pays the entrance fees and collects a set of stickers. Everyone must wear a sticker that can be seen throughout the visit. Groups are then free to wander through the exhibitions of their choice.

XPERIMENT

Most Guides and Brownies. will instantly head for XPERI-MENTI an exciting gallery containing over 40 handson exhibits, all demonstrating

important scientific phenomena in an enjoyable way. Light and energy are its main themes and visitors can experiment with everything from shadows, mirrors and refraction to fibre optics and prisms.

It doesn't matter if you don't know the first thing about science. Part of the museum's aim is to encourLower Byron Street Warehouse (housing, among other things, the reception XPERIMENTA. 1830s Warehouse; Power Hall; Station Building, and the Air and Space Gallery

Once you've dragged your group away from XPERIL MENT! head for the Station Building, with The Making of Manchester, a gallery which provides an introduction to the whole museum and its various exhibitions

The growth of industry and commerce from Roman times to the present day is its theme. There are audiovisual presentations on several subjects, including Roman forts, the Peterloo Massacre, Edwardian Manchester, 19th and early 20th century slums, and the Manchester blitz.

There are displays from medieval times to the Industrial Revolution, and the war years, plus a whole range of social issues

age children's interest without giving formal instruction.

However, if you're really backed into a corner, there are plenty of museum assistants around to help.

XPERIMENT! is so popular that it's wise to book a time to visit it. If it becomes too crowded, groups without bookings may have to wait their turn.

BACK IN TIME

The museum ranges over several buildings -



GETTING OU

The Station Building also offers an intriguing glimpse of the former first class booking hall, a camera and microscopes exhibition and hidden Manchester!

PRIVY SECRETS

Want to attend a child's funeral in the 1840s? Stroll through a Victorian sewer. complete with rats? Investigate the delicate mechanism of an 18th century privy? Then Underground Manchester is for you!

You wouldn't believe how fascinating the history of sanitation can be! Themes explored are, water, drainage and sewage systems from Roman times to present day: flooding, washing, bathing and firefighting. It even covers modern water problems like pollution. Exhibits include Roman lead waterpipes; a medieval unnal; early water closets; and a 20th century public laundry. The worksheets, which are great fun, include one entitled When You've Got to Go!

There are two galleries devoted to Energy Visit the Electricity Gallery, with its reconstructions of kitchens from earlier decades, a power station control room, and turbines and generators.

Next the Gas Gallery. approached by a gaslit 'road' redolent of past times, which tells how gas is made and how a gasworks and a gas holder are operated. There

are exhibitions of historic lamplighting; a 1930s gas showroom, gas-drilling operations and numerous audiovisual displays.

SPACED OUT

The Aircraft Gallery boasts the largest collection of flightrelated exhibits in the North of England, the emphasis being on Manchester's contribution to aviation history.

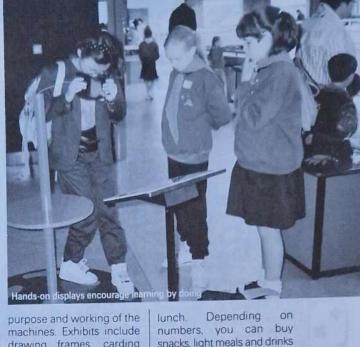
The Super X flight simulator, taking up to 14 passengers at a time, is extremely popular. Although it isn't possible to book it, museum staff would prefer to know in advance if groups wish to use the simulator, especially at lunch time.

You can see full-size replicas of Gemini 3. Sputnik 1. Skynet 2. Luna 9, a Gemini 9 spacesuit and the Tardis. as well as model rockets and spacecraft, including the Space Shuttle, Thunderbird 3. Starship Enterprise and models from the Star Wars films.

COTTON MILLS

In the Textile Gallery, Guides and Brownies can find out how they might have fared during the early factory age, when many youngsters were put to work in the mills.

The Textile Gallery explores two themes: the process of cotton production from seed to cloth, and the history of cotton mills. You can book a demonstration explaining the



drawing frames, carding engines, Hargreaves' Spinning Jenny, Arkwright's Water Spinning Frame, John Kay's Flying Shuttle and much more besides.

ENGINE HOUSE

The former freight shed of Liverpool Road Station, now the Power Hall, is possibly less interesting for Guides and Brownies. The written information is too difficult for most children, though demonstrators will explain the machines as clearly as possible to a few at a time. It's impossible to talk to large groups together because of the noise of the machines!

If you want to give it a try. it's essential to brief the children before going in. giving them a clear finishing time. In the Power Hall, you can see a water wheel, steam engines, locomotives, vintage cars and motor bikes, nautical and diesel engines, many of them working exhibits.

Also open at intervals during the week are the Printing Gallery, Machine Tools Gallery and the Blacksmith. Tell the museum staff if you wish to see displays in any of these galleries.

GETTING FED

If you're spending a day at

snacks, light meals and drinks in the appropriately named Tracks, a converted railway carriage, or in the coffee shop, both open from 10.30am.

There are several alternatives available for picnic lunches - the open green spaces of the Roman fort and parade ground, or St John's Gardens just around the corner.

Pre-booked parties can use one of two railway carriages, accommodating up to 55 and 70 people each. for a specified half hour between 11.30am-1.30pm. There are unlocked cupboards at reception where packed lunches may be left at the owners' risk on a firstcome, first-served basis.

Wheelchair access is available everywhere except to Tracks, the picnic railway carriages, and the upper floors and basement of the Electricity Gallery. Please telephone the museum for alternative lunch venues.

It's a great day out. The museum has something for everyone, and the staff are helpful and friendly. And there aren't many places left where you can see so much for £1! Even adding in transport costs, it still makes a very inexpensive day out.



the museum, you'll need

PRACTICAL PAGES

BROWNIE GUIDERS

Your Thinking Day preparations should be well under way by the time you read this, so you may want to think ahead to next month's programme. After February's international flavour, why not come closer to home and concentrate on your own heritage?

BORN IN THE UK

As March claims two of our four national saints' days, it's a good month for a UK project bringing in the national anthem, the Union flag and patron saints. You could take a trip round the UK, visiting one area each week. Here are some suggestions.

Each week, before Brownies arrive, scatter coins of varying simple denominations around the meeting place. Arrange seats as in a train, and set up a ticket office, manned by the Pack Leader. List the fares to London, Edinburgh, Cardiff and Belfast. Announce through a megaphone. The train from Platform 1 will leave for Edinburgh at 6.30pm.

Brownies must find coins adding up to the correct amount, then buy a ticket and board the train, with leaders acting as engine driver and ticket inspector. The Pack travels to one capital city each week and

enjoys appropriate activities before returning to base on the train

For instance, in London you could.

Visit CHQ

Show photographs of the Founder and the World Chief Guide and of CHQ itself. Run this simple Guiding quiz.

- 1 What was Baden-Powell's first name? (Robert)
- 2 Where in London is CHQ? (Buckingham Palace Road)
- 3 What are Brownies' younger sisters called? (Rainbows)
- 4 What are the three Brownie Journeys? (Footpath, Road, Highway)
- 5 Which Interest Badge shows a cup and saucer? (Hostess)
- 6 What is the name of our Pack?
- 7 How old must you be to go up to Guides? (10)
- 8 What shows that a Brownie is a Sixer? (Two yellow strines)
- 9 What is the Brownie Guide motto? (Lend a Hand)
- 10 Who is Freda? (The Promise elephant)

Visit Buckingham Palace

Each Six has a set of photographs of the Queen and

TRAINS TODAY FOR

her family and learns how to arrange a family tree on a sheet of paper. The Sixer writes the names under the photos.

- Everyone sings the national anthem (both verses) and a leader explains what each line
- Each Brownie colours a St George's cross and cuts it
- Each Brownie colours a rose and sticks it on a badge to wear.
- A leader tells the story of St George.
- Brownies make a frieze reading St George of England
 April 23, each girl colouring in one large letter to be stuck on a strip of wallpaper.

Play St George and the Dragon. The Dragon (blind-folded) guards St George's sword in the centre of a ring of Brownies. One Brownies. chosen as St George, creeps towards the Dragon and tries to capture the sword.

If successful, St George becomes the Dragon. If the Dragon hears her coming, she says 'Stop. St George!' St George stands still and the Dragon walks towards her and tries to touch her. If the Dragon is successful, she has another turn. If she reaches the circle of Brownies without touching St George, St George becomes the Dragon and the game starts again.

Sing some English folk songs — Early One Morning, Strawberry Fair. Do some simple English folk dancing. In Edinburgh you might:

Visit Edinburgh Castle And try.

- making model castles from prepared templates
- colouring the Scottish coatof-arms on shield shapes
- colouring a St Andrew's cross but don't cut it out
- colouring a thistle and sticking it on a badge
- making a frieze reading St Andrew of Scotland — November 30, each girl should colour in one or two large

letters to be stuck on a wall. paper strip.

A leader tells the story of St Andrew.

Then Brownies make paper boats and float them in a tub of water, while singing some Scottish folk songs, such as Over the Sea to Skye, Auld Lang Syne

Play some recorded bagpipe music. Dance The Gay Gordons or The Dashing White Sergeant. Serve oatcakes or shortbread.

The other two weeks can be prepared along the same lines, using Welsh and Irish culture, music and stories, until you have built up a picture of the British Isles.

For your Welsh visit you could serve — or even make — Welsh cakes, in Ireland try soda bread. You could paint pictures of Welsh national costume or make dragon models, daffodil greetings' cards or Welsh bonnets. The Irish night could feature making leprechaun puppets or paper shamrocks on florists' wire.

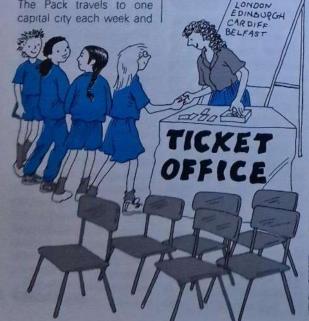
At the end of the project, the Brownies could compile a scrapbook of their British Isles tour, including all their train tickets and, possibly, a map showing their journeys. Finally, you can show them how three of the flags they have coloured come together to form the Union flag.

It might then come as a pleasant surprise that, while the Pack were having fun. they also covered several parts of their Journey work. Make Things and Friendly for Footpath and Road; Wide Awake and, perhaps, Help at Home for Highway.

But then, 'work' should always be fun in the Browne Pack!

GILLIAN ELLIS

Don't forget to order BROWNIE from your local newsagent or through direct subscription from CHQ for your girls. The magazine is a supplement to the handbook.



GUIDE GUIDERS

February is the month when, traditionally, we spend time on the international aspects of the programme as we celebrate Thinking Day. But don't forget that there are opportunities for including this element at other times. One way is by celebrating festivals from all round the world.

IDEAS TO HELP

There are many publications to help you do this, and each has ideas for activities and games from all round the world. Look out especially for two packs — Not Just Thinking Day 1 and 2, and two books — Celebrations and Festivals, and The Four World Centres (published by WAGGGS). All are sold through the Trading Service.

Last year was a World Conference year and regular readers of *GUIDING* will have seen the reports. Held in Denmark, the Conference was momentous for the Europe Region as many of the former Eastern Block countries became associate members. There are now 128 countries in WAGGGS, which gives plenty of scope for celebrating Guiding around the world.

You could challenge the girls to identify all the new WAGGGS countries on an outline map of the world ... you might need to put in a little research yourself to find them all first.

What about staging a European evening, featuring among other items dancing to the gypsy-style music of Hungary. You might know someone who could teach the girls some of the traditional circle dances from that area.

You could try a music quiz as styles of music are often associated with particular areas. You could tape excerpts that are typical, for instance African drumming, the pan-pipes of South America. Maori chanting from New Zealand, Spanish guitar playing and so on Then

challenge the girls to identify the country

Oxfam produces a tape and music book called Songs and Games from Round the World, which includes musical games from many countries. If the girls enjoy musical activity, they might enjoy trying some of those.

Another challenge with an international music theme involves miming. Challenge the Patrols to mime scenes from well-known musical shows which are set in other countries.

The other Patrols should then guess which country or show they know by singing a song from the show. For example, Fiddler on the Roof. The Sound of Music, West Side Story, South Pacific and even Chitty Chitty Bang Bang are associated with specific areas of the world.

Another part of the world where Guiding is growing and with whom the UK has special links is Russia. At present, Russia is not part of WAGGGS, but Guiding is slowly becoming established there, especially in the larger towns

RUSSIAN LINKS

It is to help these very new units that teams of Guiders from each of the UK Countries and Regions are busily producing bulletins of activities and games, which can be used in local conditions.

The Brownies and Guides in Moscow have links with a BGIFC Brownie Pack in Moscow, which you may have read about in GUIDING.

As these units develop, there may be opportunities for our girls to have penfriends over there, maybe exchange opportunities. A GOLD group went to Perm last year to teach English through Guiding activities.

You could have a theme evening based on Russia. Food could include such things as ice-cream (theirs



is delicious), stroganoff; bortsch; blinis (small pancakes); sweet buns with dried fruit filling (rather like an Eccles cake, but made with sweet bread dough, not pastry); and, of course, tea, which they drink with sugar and lemon but never with milk Coffee when drunk is very strong, but it is difficult for Russians to get good quality ground or instant powder.

Russian girls play many games we know in the UK, but they do have their own versions of things like hopscotch. Try playing some of your favourite games, but use Russian words to count. Or you could substitute the Russian names for the fruits in games like 'fruit salad'.

SIMPLE WORDS

Challenge the unit to learn a few Russian words, simple ones like yes, no, please and thank you, and then ban using the *English* version throughout the meeting.

See if the girls can create conical dolls, which nest inside each other by using thin card. The appropriate colours are bright, often red flowers and chernes against

a black background with gold edging. So extend the challenge by getting the girls to colour in their dolls.

Birchwood is commonly used for traditional dolls. dishes, spoons and so on in Russia. Could the girls have a go at carving a small spoon from wood such as birch, or even the balsa wood which comes from craft shops?

Try a picture quiz, featuring Russian landmarks, animals such as the bear, and trees and plants which grow there. Or ask them to devise an exercise routine using ballet music from Russia, or fiery Cossack music. Perhaps they could have a go at Cossack dancing.

With a little imagination it is not difficult to include activities based on different countries quite often, even if there are no GGA books giving activities and pictures. The travel section of your local library is a good starting point.

Challenge the girls to move away from French bread and Spanish onions this year and try something more exotic

CAROL HORNE

AVOIDING A PMS ATTACK

In last month's GUIDING we highlighted some long-term planning techniques designed to relieve the symptoms of PMS — Pre-Meeting Stress. Now we turn our attention to short-term planning techniques, which can be adopted to use with any section.

SHORT-TERM PLANNING

Short-term planning looks two to three months ahead and develops meetings in more detail. For each meeting, use one sheet of paper. As you may wish to have more than one attempt at a meeting plan, save paper and cost by using the back of 'junk mail' letters, usually A4 size, for drafting plans.

Again, divide each page into three columns, this time headed 'Activity', 'People' and 'Materials/Notes'. It is useful to have a fixed 'skeleton' around which to work.

A skeleton meeting might follow this format:

- Game as girls arrive.
- Opening ceremony and subs.
- Activity (whole unit or Sixes/Patrols), for example, craft, visitor talk, teaching game.
- Final game.
- Closing ceremony.

This will go into the 'activity' column on your paper.

Go through your master plan, picking out the more detailed ideas from your brainstorming sessions and fitting them into the skeleton plan.

DELEGATE

Ask helpers if they would like to be in charge of an event, whether a one-off craft or an ongoing activity. It will make them feel more involved in the running of the Pack, and spread the load. Those working towards a warrant may want to do something specifically for that goal.

Make use of any older 40 girls attached to the unit

Delegation will allow you some 'free' time to spend with small groups or individuals, for example, checking on badge progress.

In the 'People' column write down the name of the person you've put in charge of a particular activity. Note the sort of group you want. Will the activity be for the whole unit or some other grouping? This will help you decide on quantities for the 'Materials/Notes' column. Highlight those items which you can borrow or which you will need to buy.

Do this for each meeting in turn.

GAMES

You don't necessarily need a new game for each meeting if you want one to fit the theme. Take an established favourite and change the names or actions to ones which are appropriate. If you do want to try a new game, visit your local Guide

shop or contact the Trading Service to get hold of some books. Or you could ask your District team to see if anyone can lend you some games books.

A typical skeleton plan may now look like this.

Save old A4 envelopes to

that night's meeting. Put the meeting date on the front of the envelope and store them by date order in a cardboard box or spare drawer.

FINE TUNING

Letters: Looking through your plans, you may see several

| ACTIVITY | PEOPLE | MATERIALS/NOTES 4 large marbles tennis balls - borrow? | | |
|---|----------------------|---|--|--|
| GAME: Petanque | Y.L. | | | |
| OPENING CEREMONY | | | | |
| ACTIVITY: making scrapbooks for twin town in France | All help in Sixes | 4 scrapbooks - buy glue/scissors/pencils Tourist Office info. | | |
| Early finishers Frere Jacques | Linda | Music/recorders (own) | | |
| FINAL GAME | | | | |
| CLOSING | | Give out enrolment letters for next week | | |

use as a filing system. One envelope will hold the detailed meeting plan along with small items needed for occasions where a letter home is required. Save time and money by doing one letter to send out two or



COPING WITH

three times a year. This gives parents notice of dates to put in their diaries. The following could be included.

Dates when you do not hold a meeting.

Church parade, including times.

 Items to be saved for use in crafts.

 Requests for anyone with a hobby or particular skill he/ she would demonstrate.

Such a standard letter could be given to new starters. Make copies and file them in the appropriate envelope for handing out at that meeting.

Help: Do you need extra help for any activities? Could someone give a talk at the meeting? Contact these people, allowing them time to prepare and time for you to make contingency plans in case they are unavailable.

Equipment: What equipment do you need? Ask around if you need to borrow something, rather than rushing out to buy it on meeting day, saving time — and funds? If you do need to buy, make a shopping list for everything that will be needed over the next two to three months.





Running around in circles? Or with a purpose!

Save time and money by buying in bulk if you require the same sort of materials more than once. Alternatively, now that you are planning ahead, ask parents to save items at home, such as paper or cardboard tubes.

Badges: If you are doing activities which may lead to some girls starting on their Interest Badges, check your stock. If necessary, order badges now. The same applies to enrolments. Check your records to find out when anniversary badges should be awarded. Note the badge type and girl's name on your plan. Put the badge in the appropriate envelope.

COUNTDOWN

Use your extra time to do preparatory work in the following weeks, such as cutting out templates. Store items in your envelopes.

Emergency meetings: Try to do one or two 'emergency' meetings, especially if you have a surfeit of ideas. Emergency meetings should stand alone, that is, not be part of a theme or require additional meetings Ideally they can be used with the minimum of notice, say if a visitor lets you down unexpectedly, or your only helper rings up two hours before the meeting to say she cannot make it.

Immediate planning: The time you spend on preparation directly prior to each meeting should now be dramatically reduced. The hard work you did earlier in the year should start to pay off.

The night before a meeting go through your plan. Do a final check to ensure that you've got everything. Tick off each item as you deal with it. Put your envelope and all items required for the meeting into one bag, ready to be picked up the following day.

THE MEETING

At the meeting, keep your plan in view. This will act as a reminder to you and your helpers, if you haven't already given them a copy. Note any items which need to be added to next week's plan. Do you need to allow time to finish off an activity? Perhaps an extra Interest

Badge needs to be brought along. At home, update next week's plan with this extra information.

Evaluate the meeting just taken. How did it go? Were the games and activities well received? How accurate were your time estimates? Once the evaluation is completed, store the plan in a stout folder.

This can be used to generate ideas and to fine-tune the existing ones when you begin your next short-term planning session in a couple of months time. As you do this, check whether you need to make adjustments to your master plan or confirm any dates.

By planning ahead, you should need only a few minutes before a meeting for preparation.

Every two or three months do your stage two planning. Long-term planning need only be done once a year. Then, with PMS banished from your life and extra free time during the week, Guiding will become fun again.

VIRGINIA HOLLOWAY 41

EVENT PLANNING

INTERNATIONAL CAMPS

Planning an international camp is a major undertaking requiring time, patience, inspiration and plenty of willing volunteers. To help any County considering running such an event for the first time or restarting an old tradition, we've put together a GUIDING advice series, based on the experiences of some first-timers.

This month we look in detail at the international team and its responsibilities for overseas guests.

Following a feasibility study and the appointment of three co-ordinators, ten team leaders were invited to oversee various aspects of the camp. The job description provided for the international team read:

- 1 Appoint deputy.
- 2 Liaise with County International Adviser.

- 3 Assemble team.
- 4 Seek existing County contacts for overseas visitors.
- 5 Issue invitations through correct channels.
- 6 Liaise with Division Commissioners re home hospitality invitations.
- 7 Meet guests on arrival.
- 8 Arrange home hospitality.
- **9** Arrangements for guests in camp.
- 10 Keep written records.
- 11 Communicate with team and co-ordinators.
- 12 Liaise with other team leaders.

THE TEAM

The international team was composed of one representative from each Division to ensure contact across the County. The team leader was responsible for central organisation, with one representative as deputy. The team

leader kept co-ordinators informed throughout.

General planning started over two years before the event but the initial meeting of the international team took place six months later. This dealt with plans for home hospitality, entertainment, guest transport, and distribution of invitations.

Meetings were sixmonthly, with the final gathering one month before camp. Minutes of each meeting were prepared and sent to representatives and coordinators

CONTACTS

International contacts were sought immediately via two routes: representatives asked Divisions to nominate Guiding friends for personal invitations and the CIA sent information to CHQ's international section for distribution.

As the County hoped to attract 200 overseas guests. CHQ suggested inviting groups of ten from 20 of the countries most likely to attend. Staff also offered to mail out forms on the County's behalf to likely takers.

BOOKINGS

Immediately the team leader received a booking, letters, health forms and details were sent direct to the group. Where necessary, this included fares and times of domestic travel, plus an offer to arrange group tickets on receipt of advance payment.

Where guests chose to stay in London before camp, information about Pax Lodge and B-P House was supplied and provisional bookings made if requested. Guests were asked to bring a camp fire item, badges to exchange and a static national display.

The response was very disappointing, possibly because there were several British camps that year. Although invitations were sent out almost a year ahead, most acceptances were at

the eleventh hour, which caused considerable administrative difficulties.

Correspondence between organisers and guests was mainly a hasty, last-minute affair involving faxes and frequent phone calls via CHQ Apparently some information sent via overseas national Guide HQs did not reach its destination.

The team found it intensely frustrating to be thoroughly organised months in advance, only to have last-minute hassle. As there appears to be no answer to this problem, future international team leaders should be prepared for it.

One particularly thorny problem arising from this delay was knowing which flags to order. Fortunately, J W Plant of Leeds was able to make and supply flags within a week.

HOSPITALITY

At the outset, representatives circulated requests for home hospitality via Division and District Meetings. But, six months later, they reported few offers. At that stage families were perhaps understandably unable to commit themselves, and it was felt an approach should be made later, when family plans were more certain. That was our first lesson.

The second concerned post-camp hospitality. Anxious not to over-burden hosts, the team planned to offer 'next-day' travellers an extra night in camp. This proved a mistake. Almost all the hosts liked their guests so much that they wanted them back and 'waiting' guests welcomed a bath and bed before travelling It meant extra expense was incurred in transporting groups collectively to departure points.

Afterwards the team agreed one week's home hospitality pre-camp plus one night's stay post-camp is ideal



EVENT PLANNING

TIMING

Camp was to begin and end midweek so that those moved in pitching and striking camp would not have to give up more than two working weeks. Home hospitality, therefore, also began midweek giving hosts an uncluttered weekend and travellers the advantage of lower midweek fares. This timing proved good on both counts.

An entertainments programme was designed to relieve hosts of some responsibility. Not wishing to cause hosts extra expense but having a limited budget, the team asked each Division to finance its own entertainment, either by direct donation or specific fund raising. All Divisions co-operated.

Choosing events generated lengthy discussion. Any decision was difficult at that stage as we'd no idea of numbers, but venues had to be booked in good time.

It was finally decided that each Division would hold a local event for its guests and their hosts on the second evening. Suggestions included barbecues, hoedowns and discos. If numbers were small, neighbouring Divisions would combine, sharing expense and effort.

The weekend would be spent with host families and the team leader would organise a Monday coach trip for all guests and junior hosts, plus a town hall reception for the Tuesday.

Doubts about whether non-English speakers would enjoy this were groundless. The queue to be photographed with the Mayor was enormous

All adult guests and their hosts were invited to meet the team and coordinators at a cheese and wine party at the team leader's home on the eve of camp.

Because international numbers proved much smaller than originally hoped — 63 instead of 200 — only two mass hospitality events took place. Half the County's guests and hosts enjoyed a barbecue, while the remaining Divisions joined forces



for a hoedown. The only problem with this was that everyone wanted to go to both events.

The coach trip caused much debate. With a possible 400 participants, it had to be either outdoors or somewhere spacious, but not expensive or far away.

It had to be interesting and/or fun for all ages from ten upwards, with clear boundaries, proper lavatories and sheltered picnic places. It should also transcend any language barriers.

Visions of 400 drippingwet youngsters meant we chose an indoor venue the local Museum of Science and Industry (see Getting Out on p36).

ALLOCATION

Before the final meeting, representatives canvassed campers for definite offers of home hospitality. Guests were then allocated to Divisions, each group based in the Division with whom they would also camp. Sub-camp leaders were supplied immediately with full information about their quests.

WELCOME

Each host wrote a welcoming letter to her guest and made a banner bearing the guest's name for easy identification. Team leader, Division representative and hosts met the visitors and 'Welcome' placards were displayed in each language.

Where groups came via London, CHQ arranged for them to be met and escorted to rail or coach station.

Each adult host received a list of addresses of her guest's group in case contact was needed. The team leader supplied address lists plus permission and health forms to co-ordinators and the central health team. She also kept copies on file.

AT CAMP

- A reception for all adult leaders was held the first evening.
- Tables in marquees were supplied for static displays.
- Lists of leaders' addresses were distributed to each group.
- The international team leader visited each sub-camp daily to ensure all was well and to attend to any needs.

EXTRA TASKS

- Arrangements were made for home care with Trefoil Guild members should any guest become ill during camp.
 Extra warm clothing and blankets were made available.
- blankets were made available for any guest who lacked these...many did.
- Gifts for each group and smaller items for individuals

were packed into camp souvenir bags for presentation at the closing ceremony.

SOME SNAGS

Of course, minor snags arose. Sudden arrangements had to be made for daily showers, obligatory for religious reasons for the Malaysians. They also completely lacked camp equipment, so sleeping bags, groundsheets, potbags and outer clothing had to be quickly amassed.

Language difficulties with the South Koreans resulted in lost airline baggage being recovered only towards the end of the fortnight. Detective work was also needed to work out their departure arrangements. Written information gave only the date and a large town — no time, pick-up point or coach firm!

Belorussian visa difficulties in Minsk resulted in bleary-eyed Guiders meeting their guests at a motorway service station at 4.30am the second day of camp and post camp hospitality having to be hastily fixed.

Nothing major though. To quote the international team leader: 'It'll be easier next time. I'll know what to expect.'

GILLIAN ELLIS

Next month: the Site Services Team.

Lasting friendships across the nations are formed at international camps

RANGER GUIDERS



Look Wider will be featuring on this page in future issues but, with Thinking Day in mind, this month I'm concentrating on programme ideas.

FINE TUNING

Like most Units we had already planned the activities for the first three months of the year. Our February schedule allowed for one week to prepare for Thinking Day: one week to celebrate it; a Pamper evening and a meeting with a speaker from the Friends of the Earth as our guest. But there is always fine tuning to do.

Checking over the programme at the beginning of a month is a good way to make sure that the plans are being carried out successfully Important questions have to be answered. Who was due to make the necessary arrangements for accommodation or transport and has she done it yet? Who is going to handle the food? Remember the vital checklist: Who, What When and

When we first discussed it ideas for a Thinking Day celebration had come fast and funous - nearly all 44 featuring food Possibly pre-

How

dictable choices on the menu were: an Indian Evening, Chinese Evening, American Evening.

Trying to think up new ideas can be difficult - a brainstorming session can be the answer. Think about any aspect of international Guiding, no matter how unrelated it is.

In our case we started with a trip to the Caribbean that led to sun, sand, palm trees, coconuts ... definitely a great place to hold a beach party. That was it we decided to hold a Thinking Day beach party, complete with grass skirts, sunglasses, and cocktails.

PLANNING

Planning wasn't difficult: Who: Rangers and friends (always take the opportunity to interest others).

What: Beach party, limbo dancing, games, food, nonalcoholic cocktails.

When and where: February 22 at 8pm in the hall.

How: Delegation, use the skills that each Ranger possesses and encourage them to develop new ones.

Send out invitations in the shape of a palm tree. sunglasses

If you've never made a

non-alcoholic cocktail there are a good number of paperback books on this subject. Try inventing and naming new ones, perhaps a small prize could be awarded for the best decorations.

Grass skirts aren't a problem, use green plastic bin liners or crêpe paper, cut into strips. Make a waistband from a length of any spare material, then fold a 3cm strip of plastic (or crêpe paper) over it and staple to hold it in place. Continue until all the waistband is covered. Two layers may be needed, depending on the thickness of the strips. If it is too cold for a grass skirt, try making a sarong instead.

THOUGHTFUL

Take time during the evening to think about the international aspect of our Guiding. Thinking about the difficulties other people face is a thoughtful way to round off a night of fun

Pamper Evening

Pampering ourselves is always popular. Rangers love to experiment. Try an aroma therapy, reflexology, or a cosmetic evening. Finding an expert in any of these fields requires advance planning, but addresses can be found by putting out a few feelers.

Mothers, aunts, or other groups within the community may know of a suitable person. If asking around doesn't produce willing experts substitute a Dabble Evening.

Everyone brings along their favourite cosmetics and oils. Then they spend the evening trying out shades that they would never buy. After facepacks all round, suggest they try making up one another. To make it a little more interesting think of the different occasions when the right make-up is very important: a job interview, first date, formal Suggest the Rangers write the ideas down on cards and then each choose a different special occasion.

Inviting a guest speaker must be organised well in advance and it is very important to ensure that the Rangers are organised too

Work out:

- Who is doing the official introduction?
- When are the refreshments to be ready?
- Who will give the vote of thanks?

All of these tasks should be gone over in advance. Your Rangers will have lots of different interests, therefore, a wide range of topics should be covered by visiting speakers. But trying to contact speakers isn't always straightforward.

For instance, if the organisation you wish to contact does not have a local office make an approach to the national office, who will be able to help.

Some useful addresses:

Friends of the Earth, 26-28 Underwood Street, London N1 7JQ.

Oxfam, 274 Banbury Road. Oxford OX2 7DZ

Tearcraft, 100 Church Road, Teddington TW11 80F

Childline, Freepost 111, London N1 OBR

It is important to invite speakers that the Rangers will want to hear. If the Unit is very small ask the Young Leaders in the District or some older Guides to make up the numbers. Many organisations are quite willing to talk to small groups but this should be made clear when making the first approach.

The Unit Secretary, or the Ranger nominated to write. should give clear, concise information as to what is required. Other programme ideas often develop after a speaker's visit and the 'spinoffs' can be good fun.

BARBARA O'DONNELL

See also Theme Evening (page 35)

YOUNG LEADERS

Everyone in Guiding is part of a group. As a Young Leader, you are part of your unit team, your District, and your Young Leader group, which may include all the Young Leaders in your Division or County, or just your District.

REGULAR MEETINGS

Ireceived the following report of a Young Leader group who manage to get together. I appreciate that it is often difficult for Young Leaders to meet on a regular basis but, if everyone makes the effort, we can all benefit.

You may have heard the expression "it just snow-balled". Well, we had an idea that really did snowball. It grew from a very small beginning and almost became too big to handle.

It began at a summer Division Young Leader Meeting, when the Division Adviser suggested that something constructive ought to be done with the extra hour gained when the clocks changed in October. Our first thought was an overnight hike but we soon talked ourselves out of that. One Young Leader pointed out her aim would be to spend the extra hour sleeping and conserving her energy.

Someone suggested spending an hour without heat, light, water as a conscious effort towards conserving all resources. But, after deep discussion, we ended back at the beginning because the most constructive way to do this was to stay in bed, asleep.

We felt that this was too passive and we needed to do something more positive. Finally we came up with the idea not of an hour spent conserving but an hour of recycling.

We tracked down the locations of 'banks' for bottles, cans, plastics, newspapers and clothes. We recruited volunteer drivers to deliver the goods.

Then, in September, we sent messages to the units where the Young Leaders were working, challenging the Guides and Brownies to come along with their collections on the day.

As well as the more common recyclable items, we were to gather bric-à-brac for the local hospice shop, odd balls of wool for the ladies in a nearby sheltered housing project, old postage stamps for a local vet, and used birthday and Christmas card for unit handicrafts.

A local shop let us collect their empty cardboard boxes in which to pack all the contributions.

The end result was that someone's garage was commandeered for the Sunday after the clock change, and the Young Leaders were meant to be in charge, in pairs, for an hour at a time from 10am to 2pm. As it happened they all came at ten and stayed to the end.

BRAINWAVE

A last-minute brainwave was to pin up a map of the area showing where the items would be going, so that people could see how easy it would be to recycle things themselves. Of course, it was not all perfect.

We had not really done any background reading and had a hard time with one Brownie whose father had told her that it actually took more energy to recycle things than it saved. She wanted to know exactly what was going to happen to every-

thing we collected.

Another problem was a Brownie mum who declared: You stay and help, dear, and left her daughter with us while she went shopping for over an hour. Brownie daughter was cold, hungry and bored in five minutes!

We thought that the list we issued was suitably specific so that we did not expand into a jumble sale. But it was not specific enough and we finished up with a car-load of absolute rubbish. As it wasn't fit for a jumble sale, it had to be disposed of The postage stamps needed trimming neatly before we dared pass them on and we acquired bags of foil someone had been collecting for years and for which we had no outlet. Then there were empty pet food tins which had not been washed out — you can imagine the smell!

Next time we need to involve the whole Division, not just our own units, because we did not actually have an overwhelming response. We should have done a local leaflet drop among the neighbours, and even got the Division PRA involved to lay on some newspaper coverage.

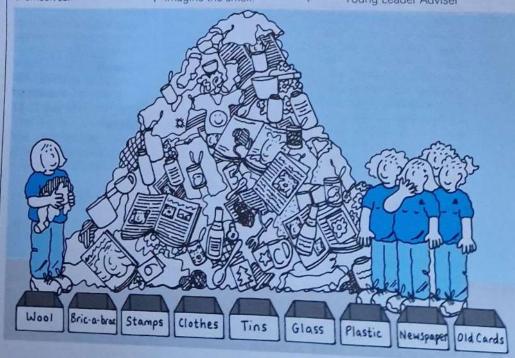
Some areas are better equipped than ours for ease of recycling normal household waste, and would not benefit from a recycling campaign of this kind. But they could, perhaps, act on the idea of passing on wool, stamps, cards, and bric-àbrac to people who would be able to use them constructively.

It was certainly a different slant on 'service to the community'. On a small scale it was good PR for Guiding in general; for Young Leaders in particular, it drew them together as a group, rather than a gathering of individuals, and most of all, it really was fun.

If you have a story to tell about your group, write and let us know.

SHEENA BOOTH

Young Leader Adviser



MUSLIM TRADITIONS

Islam is the Arabic word for 'peace' and also for 'submission'. A Muslim seeks peace in his life and maintains it by submission to the word of 'Allah', as Muslims call God.

The messenger, or prophet, of God was Muhammad. It was Muhammad who received God's word and passed on His teachings to the world. The holy book of Islam is called the Qu'ran. It is in the Qu'ran that a Muslim can find a complete code for living.

The Qu'ran covers every aspect of life including prayer, politics, business, family, celebrations and feasting. Rules governing food and its preparation are particularly important for a Muslim.

FORBIDDEN FOOD

Some foods and drinks are forbidden

- Animals that have died a natural death.
- Animals killed without invoking the name of Allah.
- Animals strangled, beaten or gored to death.
- Flesh of a pig, or blood in

Alcohol

Foods which are not permitted in Islam are called Haram and foods which are allowed are called Halal. Halal butchers in the UK prepare the correct meat according to Islamic Law.

A Muslim is not excessive in any activity. Food and drink are taken in moderation and food is never wasted. Fasting is considered a physical, moral and spiritual discipline.

The great time of prayer and fasting is in the month of Ramadan, one of the most sacred times of the Islamic year. It was during this period that the Qu'ran was first revealed to Muhammad by Allah.

As the Muslim calendar is based on the sighting of a new moon, the 29-30 days of Ramadan come 11 days



earlier every year. This year it will begin on or about February 12.

Fasting begins at dawn and ends at sunset. A nourishing meal called Suhur is eaten before daybreak, and Iftar is eaten at the end of the day. During the day dates or a drink of water usually sustain the Muslims during their fast.

ID-UL-FITR

Id-ul-Fitr marks the end of Ramadan and is a festival of happiness and celebration. It begins with the sighting of a new moon and the start of the tenth month of the Islamic calendar called Shawal.

Id is an Arabic word, meaning a festival of 'ever recurring happiness'. Muslim families throughout the world come together at this time to give thanks to God and to celebrate with their families and friends. Cards and gifts are exchanged and nobody, especially the poor, is left out.

'Id Mubarak' (meaning Happy Id) is the greeting which rings out during the festival. Dancing and the drinking of alcohol are forbidden under Muslim Law, but delicious food is prepared. Spiced lamb and rice are cooked together with special sweet desserts.

The following ld dishes are easy to make and the ingredients are all fairly accessible.

MUHALLABIA RICE AND ALMOND PUDDING

Serves 6-8

This recipe can also be made with vermicelli instead of ground rice and would then be called Shir Khorma. Orange flower water, which gives the pudding a fragrant taste, may be sold in a chemist, Middle Eastern or Indian store. If you cannot find any, use a few drops of vanilla essence instead.

Ingredients

- 100g (4oz) ground rice
- 1.5 litres (2½pts) milk 100g (4oz) sugar
- 2 tbsp orange blossom
- 100g (4oz) ground almonds (optional) cinnamon, raisins, sultanas

To garnish

- 1 then spectral about
- 1 tbsp unsalted shelled pistachio nuts

Methods

- 1. Place ground rice and sugar in a large bowl with ½ pint of milk and mix to a paste.
- 2. Boil the rest of the milk. Pour it on to the smooth rice paste stirring continuously.
- 3. Return the mixture to the pan. Heat until it thickens, stirring all the time.
- **4.** Remove from the heat and add orange blossom water and almonds. You can add cinnamon, raisins and sultanas.

5. Pour creamy pudding into serving bowl. Decorate with sliced almonds and pistachios. Chill and serve.

ALKALAIJAH DATE DOUGH BALLS 24 servings

Ingredients Dough

- 90g (3½oz) margarine 250g (9oz) plain flour ½ tspn baking powder 1tbspn oil
- 1 tbspn milk
- 1 tbspn icing sugar

Filling

- 230g (8oz) stoned dates knob butter
- 2 tbspn water
- 1 tspn ground cardamom
- 1 Work margarine and flour with fingertips until fine and crumbly.
- 2 Add icing sugar and mix.
- 3 Pour oil and milk into a well in centre of mixture.
- 4 Mix into dough. Knead vigorously.
- **5** Cut and crush dates. Fry over low flame with butter and water.
- 6 Add cardamom.
- 7 Form dough into small ball shapes and flatten dough with a rolling pin. Place date mixture into each round and join the ends to make a ball shape. Prick each with a fork
- 8 Cook in a moderate preheated oven (350°F, 180°C, Gas 4) for 15-20 minutes
- 9 Dust with icing sugar

HIGHLIGHTS

PROGRAMME IDEAS FOR RAINBOW GUIDERS

Waddow May 20-22

Who is it for?

All Unit Guiders and Assistant Guiders working or planning to work with Rainbow Guides.

What's it all about?

Gaining a host of new ideas to use in the Unit and having a fun weekend learning and sharing.

Topics will include:

- programme planning
- Promise and other ceremonies
- music and musical activities
- crafts
- story-telling.

HOLIDAY WEEKS

Waddow May 29-June 5 August 18-28

Come and enjoy the peaceful surroundings at Waddow. Good food, comfortable beds, enjoyable company. Waddow supply the food and the bed and you do your own programme.

There is optional evening entertainment most nights and a coach trip each week. Guiders and their friends or partners. Trefoil Guild members, and families will all be made welcome.

TEAM BUILDING

Waddow

July 1-3

Good Guiding needs keen and motivated teams to manage its work and achieve results. The aims of the weekend are:

- To explore the role and function of the team in the management of Guiding.
- To develop awareness of individual team roles.
- To perform and analyse team tasks.
- To examine strategies for building effective teams.

This weekend is for any management team within Guiding

PROGRAMME IDEAS FOR GUIDE GUIDERS

Waddow July 1-3

This weekend is for all those involved in the running of Guide units — whatever their experience.

What's it about?

To gain new ideas to provide an interesting and exciting unit programme.

Topics will include:

- use of the new handbook
- other Association and external publications
- adapting the unit programme
- adapting activities for members with disabilities.

Come and enjoy a weekend of friendship, fun and new ideas.

INTERMEDIATE WALKING SAFELY

Foxlease April 22-24 May 20-22

These courses will provide an opportunity to cover most of the Walking Safely scheme at intermediate level.

The course will include theoretical sessions as well as walking in the forest to put theory into practice.

For further information and costs, please contact the Centre Manager at Foxlease.

'LOOK WIDER' FOR RANGER GUIDERS

Waddow

15-17 July 1994

This is your opportunity to learn more about and prepare yourself to use the 'Look Wider' programme with your Rangers.

This new programme for the senior section will be launched in the autumn of 1994. This weekend will be the ideal time to find out more about:

- the new programme
- its structure
- support resources
- activities with a chance to try some

oplans for the programme launch.

Come and share the excitement of change. Come and express your fears and concerns. Come and ask your questions.

FIRST AID RENEWAL

Foxlease April 29-May 2

This renewal course is available for those who hold a current Standard First Aid Certificate issued by the British Red Cross Society. St John Ambulance or St Andrew's Ambulance Association. It will be necessary to attend for the whole four-day period.

Further information is available from Foxlease.

TRAINING IN THE

Foxlease May 20-22

The aim of the weekend is to meet other Trainers in the section, to share ideas and concerns, raise issues and consider resources to enable us to improve the range, variety and quality of activities presented to Rainbow Guides.

HOLIDAYS FOR OVERSEAS GUIDERS

Foxlease August 26-29

A programme of activities for overseas Guiders living or on holiday in the UK and their friends. Stay at Foxlease. the Guide Movement's first training centre; visit Brownsea Island, the site of the first Scout camp. Visit Guides in camp and Brownies on Pack Holiday. Share music. crafts and activities with other delegates and, as a real bonus, talk to Betty Clay, daughter of the World Chief Guide, who has accepted an invitation to join us for the event

Further details are available from Foxlease.

FAMILY FUN AT

Foxlease May 29-June 2

Looking for a family holiday with a difference? Come to Foxlease for a mixture of organised activities, games, treasure hunts, walks, and time to do your own exploring of the area.

Send an sae to Foxlease for further details.

PROGRAMME IDEAS FOR BROWNIE GUIDERS

Waddow 15-17 July 1994

The aim of the training is to explore new ways of implementing the programme within the Brownie Pack.

There will be an opportunity

- Look closely at the handbook and Association publications, together with outside resource material.
- Try out new ideas and activities, whilst sharing experiences with other Guiders.
- Look at links between the sections.

WALKING WEEK

Waddow 5-12 August

The aim of this week is to provide a varied programme of walks in delightful countryside ranging from gentle strolls to moderate excursions into the hills. You may bring friends or partners and come for the week or a few days.

The evening programme includes opportunities to plan walking routes, talk about equipment, or relax. Dress is informal.

Open to anyone aged 16 and above.

EFFECTIVE P AND T

Foxlease May 20-22

Who is it for?

P and T Advisers/Chairmen and Trainers involved in pro-

TRAINING DIARY

gramme and training.

This course aims to concentrate on the P and T function in Counties and to enable participants to create a more effective function in their own Counties.

The programme will include: P and T Committee roles, responsibilities and functions communication and listen-

- resourcing and budgeting
- finding Trainers and Tutors.

EFFECTIVE SPEAKING AND PRESENTATION SKILLS

Foxlease May 20-22

Have you ever been asked to:

- Speak at a meeting?
- Propose a vote of thanks?
- Give out notices?
- Make a presentation?
- Make a speech?

Would you like to feel more confident when speaking to others, no matter what the occasion?

Then this is the course for you! It is open to anyone in Guiding.

LEADERSHIP FOR COMMISSIONERS

Waddow May 20-22 Foxlease September 9-11

Leadership has been defined as Winning the hearts and minds of people to achieve a common purpose. How effective is your leadership? How do we win the hearts and minds of our team members to achieve the common goal of good Guiding? Can leadership be

learned or is it something we are born with? Does it depend on:

- What we are?
- What we know?
- What we do?

Come and find out more about leadership at Foxlease and Waddow. These courses aim to assist all Commissioners to gain greater awareness of the importance of leadership in their role and to encourage them to develop confidence in determining an appropriate style of leadership for themselves.

YOUNG LEADERS AND THEIR ADVISERS

Waddow April 8-10

Who is it for?

- Any Young Leader.
- Anyone working on the Association Leadership Scheme.
- Young Leader Advisers.
- Commissioners or Guiders of a unit with whom a Young Leader is working.
- Anyone with an interest in Young Leadership.

Have fun and join in a weekend meeting with other Young Leaders and interested adults from all over the United Kingdom. Topics and activities will include:

- Ideas for you and your unit.
- Try your hand at something a bit different.
- 'Look Wider' and other opportunities.
- Brush up your teamwork and leadership skills.
- Ask guestions.
- A sneak preview of the Young Leader of the future.

For full details of future trainings, send a sae to the Guider-in-Charge of the appropriate centre. Applications to attend any of the trainings mentioned should be sent to the Guider-in-Charge, enclosing a £9 deposit and sae for Glenbrook, and a £10 deposit and sae for Foxlease and Waddow. Cheques should be made payable to the The Guide Association

NETHERURD

WEEKEND WITH A DIFFERENCE

April 8-10

This weekend will include:

- Reflection on the Promise.
- A chance to explore 'spiritual development'.
- An opportunity to look at the Ki-Ro scheme and the new Faith badge.

All sessions will be suitable for Brownie Guiders and Guide Guiders.

This weekend costs from £32 for a shared room to £48 for a single room.

Contact the Secretary at Netherurd for an application

HAUTBOIS

DIVISION TEAM

April 8-10

Following the success of last year's Division Team weekend, here is another opportunity for the Division Commissioner and up to nine of her team to exchange ideas with others.

Training sessions will include teamwork, leadership skills, Guiding administration, making meetings work. Queen's Guide and B-P Trefoil and communicating new

LEARNING TO LEAD IN THE OUT OF DOORS

April 22-24

This weekend will enable adults to become competent to introduce young people to one of the following activities:

- archery
- canoeing
- orienteering

Further details/application forms available from the Centre Manager.

BRONEIRION

HOME ARTS

April 15-17

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Savouring the joys of Sangam — Margaret Wellock (top) with her group, (left to right) Hazel Jones, Hylda Emsden, Sylvia King, Barbara Holsgrove, Pam Gardner, Margaret Beauchamp, Kath Bill, Margaret Wensley and Mary Irwin ▽

△ Aruna performs the aarti ceremony welcoming Margaret Wellock to the Fiesta

Sri Lankan Ranger, Fatima Munavir, welcomes visitors to Sangam

RET WELLOC

SANGAM

As Thinking Day comes round again, Guide Guider Margaret Wellock is remembering the wonderful Thinking Day she spent last year at Sangam, the World Centre she now regards as her spiritual home. For her, Sangam has a mystical charm which derives from India itself.



Anu Kakare,

in-Chi

King, Division

from Huyton.

and Svlv

Every one of Guiding's World Centres has a character of its very own, of course But Sangam, according to its fans, has an atmosphere that isn't just magical — it's addictive!

Visitors don't merely enthuse about Sangam, they find any way they can to return again and again.

Margaret Wellock, from Morecambe, Lancashire North West, can youch for that. The more I go, the more I want to go — it just gets you,' she said. Her next visit, already in the pipeline, will be her fifth.

Oddly. Margaret had never visited the World Centre at Pune when she became secretary of Friends of Sangam UK, in 1987.

Thad simply become very interested in the place while I was International Adviser for North West England, she explained. When I was told that Friends of Sangam UK needed a new secretary, I offered my services and I have never regretted doing so."

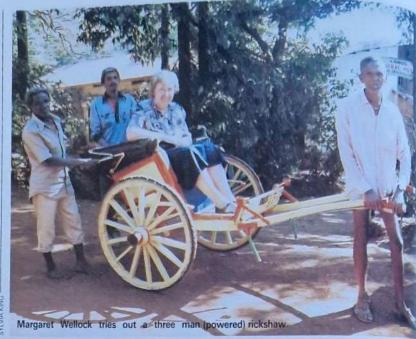
Margaret went to Sangam for the first time a year later and, having visited all four World Centres, for her, Sangam is the tops.



Only one of Margaret's party enjoyed business class comfort on the return flight — Barbara Holsgrove, a Rainbow Guider from Burnley.

This was because she'd fractured her ankle in two places when she fell off a horse!

The mishap occurred during a visit to a hill station where no vehicular traffic was allowed. Barbara, now recovered, had to endure a painful five-hour journey by road to the nearest hospital, in Bombay.



On her fourth 'pilgrimage', last year, Margaret led a party of ten to Sangam's 14-day International Fiesta, which included the Thinking Day event.

In this report Margaret, keen to recruit more UK Friends of Sangam, does her best to impart some of the flavour.

Cour flight to Bombay was luxury travel, as we had been upgraded to business class. On arrival we checked into the Taj Mahal Hotel, where we were able to maintain the lifestyle to which we had already rapidly become accustomed.

We were to enjoy three days' sightseeing in the city before setting off by train for Pune, and we roamed the city sights in a local tourist bus with a party of Indian visitors.

To see various temples we travelled in taxis — an experience in itself for first-timers. Determined to maximise business, our drivers insisted on showing us Bombay's red light district!

But one of the most impressive sights was the dhobi ghat — an enormous open-air laundry where, we were told, more than a thousand people were employed.

From a bridge we had a panoramic view of this vast complex of concrete troughs, each filled with water which ranged from almost clear to murky





DEEL DICHES

There was no sign of hot suds or washing powder that keeps the colours bright and fresh - just some of the wallahs slapping the clothes cean on a Sunday morning.

Our departure for Pune was chaotic. At the station we were surrounded by corters all wanting to carry our baggage and charge far too much. After spirited bartening a compromise fee was agreed and we proceeded to our train for the 31/4 hour journey.

We passed through the slum outskirts of Bombay and then, gradually, climbed through the hills seeing plenty of real poverty. But many of the houses had TV dishes that almost covered the roofsl

On our arrival at Pune we dipensed with porters altogether and loaded our luggage into rickshaws for the ride to Sangam.

Apart from my group, there were a large number of UK participants in the Fiesta and we were asked to form pairs to represent other countries throughout the event, to give it a truly international flavour

Pam Gardner and I were allocated Libva, which caused us a few headaches but, eventually, we managed to present quite an array - games, recipes, crafts, history and so on. We were short on myths and legends, so we invented a few!

The opening aartiwelcoming ceremony, performed by Aruna, Sangam's housekeeper, was just as moving as on my previous visits.

Margaret Morgan, then still Guiderin-Charge, greeted and garlanded everyone in turn, while Jane Pennington, the new GIC, offered round the aarti coconut and sugar.

We had sessions on Sangam, its aims and activities and WAGGGS and World Guiding. We also learned about the countries represented at the Fiesta.

With two other Guiders I was able to visit Sonori, a village high up in the hills, about two hours by road from Sangam. There was a wedding in the village that day. We visited the bride and her family in their home and then met the bridegroom, who was setting off on his horse, noisily escorted by the village band.

The headman garlanded us and gave us each a coconut. We watched the hour-long ceremony, then threw our coloured rice but declined an invitation to the wedding breakfast.

Sonori village is among Sangam's special interests and is sponsored by Rotary International, who have provided wells and water pipes for the villagers, enabling them to be more selfsufficient

Service for participants was either at

St Mary's Orphanage or at Deep Griha Welfare Centre, which I chose

Deep Griha means "lighthouse" — a ray of hope for the mothers and the desperately poor, undernourished children, it helps in health and education.

Thinking Day started with cards and gifts for everyone. The Sangam bazaar, held in the morning for participants. was followed after lunch by an invasion 500 Pune Guides and Scouts burst in upon us.

After a welcoming ceremony and activities, the children went to spend their precious rupees on badges. stamps and small souvenirs in the bazaar. The afternoon ended with a presentation of badges to Troops and Companies, who had completed the special Sangam Challenge set for them a few weeks previously.

Sangam's welcome ceremony, a blend of Hindu and Guiding traditions, begins with visitors filing into the hall, to the strains of Indian music.

They form a horseshoe, facing the Friendship Lamp, which stands in front of the flags of many nations, around the World Flag.

At the lamp base a tray holds the auspicious colours - yellow tumeric powder and red kum-kum powder; grains of rice, representing the wholeness of life; a betel nut; a small ghee lamp to signify the purity of life; and flowers to express beauty and respect. At the side of the tray are placed incense sticks and a coconut, which is

A special guest — usually a woman - starts the aarti by first lighting the small ghee lamp and, with this, lighting the Friendship Lamp.

She places the auspicious colours on the Friendship Lamp and then throws on the rice, followed by the flowers. She circles the big lamp with the betel nut and then with the ghee lamp - to ensure that life will go smoothly. A garland is then placed on top of the Friendship Lamp.

A male member of staff puts the auspicious colours, rice and flowers on the coconut, which he then breaks, leaving a small piece with some sugar by the Lamp, to honour it.

The special guest then performs the aarti for each visitor in turn and, as this is done, they are garlanded by the GIC. welcomed and offered a piece of the coconut and sugar.

Finally, the GIC invites participants to put a flame to the Welcome Lamp.

She asks them to recognise the light of the lamp as the spirit of Sangam and the World Movement and to help keep alive this spirit.

Sangam's first GIC, Anu Kakare, was special guest at the Thinking Day ceremony after supper. Messages were received from around the world, including those from the Founder's daughter Betty Clay and Jan Holt, Director of the World Bureau



I felt sure that the ceremony left Brownie Guider everyone feeling the special sense of "belonging" that we share in World helping out Guiding. Sadly, it was all too soon before we had to be on our way

But I was consoled by the thought that it would not be long before I would be winging my way back to the World Centre I've grown to love.

Unless you've been there - especially on Thinking Day - you can't imagine what you've missed 9

MARGARET WELLOCK

Behind Sangam's smile and warm aarti welcome for visitors there is a hidden worry.

Due to what is called black cotton soil - found in many parts of India the foundations of the toilet block on the Sangam camp site have subsided and the block must be rebuilt.

Friends of Sangam UK, who are pledged to raise £3,000 towards the rebuilding, need your help

Well-wishers and potential Friends should contact Margaret Wellock through GUIDING magazin

Pameia Gardner at Deep Griha Centre



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YOUR LETTERS

FAREWELL CIGOGNE

A year ago in January's GUIDING a lovely photograph was published with a report on the 60th birthday celebrations of Our Chalet held the previous summer. The photograph showed Cigogne, with Betty Clay and Maha Salhani, the then Guider-in-Charge of Our Chalet.

It is with great sadness that I tell you all that Cigogne (Yvonne Cuenod) died last year in June, aged 92. The 60th birthday had been for her a very special occasion, and she enjoyed every minute of it, as she had the right to do, for she had been associated with the house for all its 60 years.

About 80 years ago, in Geneva, her home city, someone was inspired when Yvonne received her Guide christening, and became Cigogne - stork It was a name that suited her appearance, with those long legs striding over the mountains or controlling her skis, and her temperament, for she dedicated her life to young people. So well-known was this name, that many never knew her 'proper' name.

Cigogne went up to Adelboden in the first place to 'lend a hand' for the opening and stayed for 21 years! During this time she did everything — in the kitchen, with the heating, the cleaning, the ski teaching, the hiking, the singing

In 1953, having left Our Chalet, she went to New Zealand and ran their Training Centre for two years. For the rest of her life, while working for disabled people, she kept up an amazing correspondence with the Guides of the world and

managed to travel extensively, rarely staying in hotels, but staying with her friends, many of whom are here in the United Kingdom.

She continued her love and interest in Our Chalet to the last, attending committee meetings regularly. She will be greatly missed, but surely remembered as one of the great members of our Movement.

ANN MITCHELL Chairman, Our Chalet Committee

CAMP-FIRE SPIRIT

I would like to pass on to you, and your Guiding colleagues who ran the Hautbois '93 summer camp in July, our heartfelt thanks. This was our daughter's first experience of a Guide camp and she enjoyed it so much that she talked about it for weeks afterwards.

Her voice came back to normal after a few days which meant she was then able to sing all the campfire songs which had caused her to lose it in the first place.

We know from my husband's experience with Scouts how much hard work goes into these camps and we are grateful that the Guide Movement has leaders who are willing to give up their free time for the benefit of girls.

Sara will have warm memories of Hautbois for many years and this will inspire her to maintain her interest in Guiding.

Again, many sincere thanks.

DOROTHY GUY

Tervuren Belgium

FORMAL DRESS

As a new Ranger group, our leader and five Rangers, including myself, were invited to represent Leicestershire's Guides at the annual Festival of Remembrance, at the De Montfort Hall, Leicester

Although we were proud to be able to attend, all wearing our 'best' uniforms, we looked decidedly shoddy as we were not all in the same uniform and didn't look formally dressed.

Every other association was wearing collar and tie, gloves and either a skirt or trousers.

For the first time in my Guiding life of almost ten years, I was embarrassed to be part of the Movement, when standing alongside representatives of the army, navy and air force, British Legion, police, fire service, and other youth organisations, paying tribute to those men and women who fought for our country in the two World Wars.

Surely something a little less casual would be more appropriate for such formal events as this?

PHILIPPA SMITH
Chairperson
1st Lutterworth Rangers

OUT OF ACTION

Last autumn my wife, a County Commissioner, fell while exercising her dogs and broke her wrist. I took her to the hospital, where I was told that as the bones had to be reset under general anaesthetic before the plaster could be applied, I should go home and return to collect her later.

Once home, I decided to telephone key members of the County team to warn them my wife would be out of action for a day or two, and unable to sign forms for rather longer. Also, to relieve her of the series of telephone calls that come every evening. I left a message on the

answerphone.

The following day a local Guider asked clarification of a message she had received: The County Commissioner was plastered and would not be fit to do anything until after Christmas!

Name and Address supplied

MEDIA PREJUDICE

We write to protest about the article in December's GUIDING concerning the work of Save the Children.

We wonder if the author has ever visited the 'notorious' Blackbird Leys? We are fed up with hearing the place where we live, and do our Guiding, being described in this way. It is no worse than any other area in the country. Just because of some adverse publicity a couple of years ago, which even at the time was greatly exaggerated, we seem to be forever fighting against people's pre-judgement.

We all live on the estate, trying to do our best to give our Brownies a pride in their environment, and thoughtless generalisations like this in the media are forever undermining our efforts. We certainly didn't expect to find them in GUIDING

GILL MANNING, CHRISTINE WALKER, MAVIS HARRIS

1st Blackbird Leys Brownies

 The article was written by a member of the Save the Children staff, who run a project attended by people living on the estate

MUSICAL FRIENDS

It is hoped to set up a group that would act as Friends of the National Scout and Guide Symphony orchestra. This would enable past orchestra members to keep in touch with the many friends they have made on orchestra tours and courses. The Friends could also take part in promotion and publicity for the orchestra, starting with its forthcoming tour to Greece at Easter.

I have made contact with present and past members of the orchestra whose addresses I have, but I am sure there are people whose contact with the orchestra is earlier than my own. I would ask anyone interested to write to me.

My daughter first came in contact with the orchestra because her Guider saw the notice in *GUIDING* and she has enjoyed her membership so much that I thought I would offer to co-ordinate a supporting group as a thank you in return.

DIANA MANVILLE

131 Crescent Drive Petts Wood Orpington Kent BR5 1BA

CHURCH PARADE

Sadly, after meeting in a church hall for several years, I have had to find alternative accommodation for my units. This is due to the pressure put on me by the new vicar to make the girls go to the church,

even though I have explained that the girls attend their own church or Sunday school.

I do not get the hall for free, as I pay a weekly rent.

Please remember that Guiding is for everyone, whatever their religion. Hopefully our new Promise will reflect this belief.

A Guider Nottingham

Two letters have been received recently from Young Leaders who failed to include either their names or addresses. We cannot publish anonymous letters in *GUIDING*, although we will protect contributors' privacy, if asked, by not publishing names and addresses.

IDENTICAL BADGES

I write in response to Margaret Steward's letter Pilot Query in November's GUIDING

As a Pack project we tackled all four of the Pilot International badges, a challenge which we all enjoyed. The Brownies worked hard, knowing they would gain their four badges plus the World Wide badge which Hotline stated could be gained if two clauses were

completed from each syllabus. We did, in fact, complete five clauses from each of the badges.

Hotline also stated 'Girls are entitled to wear the appropriate Pilot badge.' We were horrified. therefore, to receive 110 identical Pilot badges. Explaining this to 22 eager Brownies was very difficult, to say the least.

After much deliberation, we decided to give each girl one Pilot badge, a Brownie Friendship badge and three others from the Trading catalogue, so they will at least have five badges as promised. However, apart from the obvious disappointment, some girls still ended up with two identical badges, having previously gained the Pack Holiday Pilot badge.

If more pilots are planned then the badges should be designed for that specific badge; if they are not then we, as a unit, will not be taking part.

ROSALIND TAYLOR
Brownie Guider
Rath

LEFT-HANDERS

I am writing to ask if any other Guiders have the same problems I have with teaching knotting to left-handed Guides (and Guiders). All the books I have found on knots are for right-handed Guides.

I have no problems learning new knots, especially decorative ones, for instance Turk's Head. My Assistant Guider however is left-handed and has experienced difficulties so you can imagine what it's like for the girls.

Come on Guiders/
publishers, there are
several of my Guides (not
to mention my Assistant)
becoming disheartened
when, after the tenth time
of trying, they still get it
wrong!

J HALLETT Guide Guider 6th Bramley Guides

Leeds

COMPULSORY

I feel compelled to express my views on the compulsory attendance required at trainings to justify a Guider's warrant being endorsed every five years.

I fail to see the reason why this is necessary for active Guiders who extend their knowledge base for the benefit of their girls using alternative methods. By this I refer to reading the contents of GUIDING, international liaison with Guiding activities via penpal units and visits to other youth organisations both within the Association and outside, to name but a few

Are there not other Guiders who feel their units benefit just as much using methods outlined above, as do those units who have the dedicated bunch of Guiders who attend every training available?

MRS J DUTCHMAN-BAILEY

Brownie Guider Surrey

BEETLE MANIA

I am writing to tell you about our District Beetle Challenge. We got the idea from the Beetle Drive which was printed in *GUIDING* last year. Three units took part and the unit with the most points won a shield with a prize for the highest score in each unit.

The Guides really enjoyed colouring their beetles and it was a really good 'Getting to Know You' evening.

Thank you for the articles like the Beetle Drive. Keep it up.

MRS LORRAINE RICHARDS

District Commissioner
South East Exeter

Letters should be kept as brief as possible and the Editor reserves the right to edit any contribution. Letters must carry the author's name, address and, if possible, a daytime phone number.



The Chief Commissioner, Jane Garside, officially opened the Association's new Manchester shop with a little help from Coronation Street star, and ex-Guide, Sally Whitaker.

Joined by the Chief Executive, Hilary Williams, Sales Supervisor, Shirley Kendall, and other Guiding representatives. The Chief Commissioner presented Sally with a Guide mug and Rainbow beaker for her three-year-old on-screen daughter, Rosie.

Sally, who plays child minder Sally Webster in Granada Television's eternally popular soap, was a member of North Yorkshire's 48th Oldham St Matthew's Church Chadderton Brownie and Guide units in the Seventies. She spent a year with the Brownies and then two years as a Guide.

The Chief Commissioner said she hoped Sally would eventually make Rosie the Street's first Guiding member when Rosie reaches Rainbow age in two years' time!

Sally, 30, said she wouldn't hesitate to recommend the Movement to Rosie or any other girl. 'It seems such a long time ago since I was a Brownie or a Guide in Oldham. But getting out and mixing with the other girls was fun and it gave me lots of confidence," she recalled.

Helping Mrs Garside to snip the blue and yellow ribbon, Sally said. 'A shop like this is wonderful! I don't remember there being anything like this when I was young, where you could buy everything you needed for Guiding.

The Chief Commissioner said that the new shop would serve Manchester's Guides and Scouts even better than the old one had done. The shop's new convenient site is at Gateway House on Piccadilly Station Approach.

The new shop is just a quarter of a mile away from the Faraday Street premises, which closed early in November.

The search for a new site began in October 1992 and it was located two months later. However, complex contractual negotiations meant it was eight months before a rental deal was finally settled

It took three weeks and £20,000 to refurbish the empty shell. The royal blue carpet was finally laid only hours before the staff moved in.



In the first week almost 20 per cent more customers visited the new Piccadilly shop than visited the Faraday site in the same period last year.

Many are attracted in out of curiosity. Shirley Kendall admitted. The old shop was in an out-of-the-way corner. so we didn't get much passing trade. But the new shop has proved there is a lot of passing trade to be had out there, she said.

Shop manager Brenda Talbot served

in the old shop and claimed the busy new location was, inevitably, boosting business

People are getting off the train at Piccadilly Station and they are hitting us before they find camping shops in town. It looks good and, with the mannequins modelling the uniforms in the massive window display, we are drawing in lots of casual customers!" she added.

PEOPLE (IIII) PLACES

SNOW LONG

People will do anything to get into Great Hautbois House, Anglia Region's Training Centre, and this super snowman was one of them. But Kate Wicks, Rowena Cove, Hannah Davis and Niki Taigel from 1st Hoveton Guides, Norfolk made sure he stayed out in the cold.





PINE TIME

These Dorset girls discovered the largest Brown Owl in Britain when they visited Moors Valley Country Park. But, unlike their own Brown Owl, this one let the girls get on top of her.



IN THE BAG

▲This group of Caernarfon Rainbows was let out of the bag at the Division sports day. Sera Carroll, Claire Foulks and Caryl Jones of the 1st Dyffryn Nantlle Rainbows all won their competitions before posing for this shot.

HORSE LOVERS

▼Stopping for a breather, these 10th Durham City (St Margaret) Guides discovered an equine friend just waiting to be smothered with attention on a weekend at the North Humberside Outdoor Activity Centre.





SMALL TALK

Working hard for their gossip badge are Brownies Hannah Doughty and Robyn Jarvis of the 7th Halesowen Our Lady and Saint Kenelm's Brownie Pack. The girls from the West Midlands were designated to wash up at Blackmore Pack Holiday House in Worcestershire.

BEHIND YOU

▼Fancy dress is always a feature of Pack Holidays for the 2nd Doddinghurst and 3rd South Weald Brownies. And this time Peter Pan was the theme with Essex Pack Leader Kate Dawson, Sarah Weston as Princess and Snowy Owl Pam Beggs.

HELLO DOLLY

While most Brownies made hay at the Oulton Broad South District's harvest time revels in Norfolk, Hayley Mace, Hollie Knights, Cheryl Richardson and Samantha Peck made scarecrow dolls.







Our

Like many a Pack, the

6th Barnehurst Brownies,
in South-East London,
has a Unit Helper —
she's Mrs Irene Reynolds,
better known as
'Grams', their Brown
Owl's mum.

Grams is a cheerful, energetic widow, knocking on 70, from Welling, near Barnehurst.

Ever ready to come to the rescue, to amuse, knit, sew or even clean up nasty messes, Irene is more than just a helper — she's a gofer extraordinaire and a much-loved one too.

Grams' daughter, Sheila, explains how they both got into Guiding:

61 became an unwarranted Guider with the 6th Barnehurst Pack in October. 1985, a complete novice who, like my mum, had never been in the Movement as a child

What little I knew at that time I'd gathered from my daughter, Alison, who was 14 at the time, and who had been a Brownie and a Guide. She was about to leave Guides and I thought to myself: "She's got a lot out of it — I wonder if there is anything for me in Guiding?"

I wrote to CHQ, asking if there was anything I could do Soon afterwards I

Grains and her "namesake"

Grams

was contacted by the local District Commissioner. She told me she urgently needed a Guider to take over the 6th Barnehurst Pack, which she was running herself on a temporary basis.

I went along on Brownie nights to "learn the business" under her tuition but she stayed only until Christmas, so it was in at the deep end!

I needed extra hands so I recruited Alison, who became a Pack Leader, and my mum.

The first outing I arranged was to an ice rink and I asked Mum if she would come along to look after the Brownies' coats and bags while they were on the ice. The girls loved it, as they had someone to wave to as they skated by and someone to give them a cuddle when they fell over.

After trainings I became warranted the following October and, a year later, took my Pack Holiday Licence. Mum came along with us to help. Part of the test was to ensure that the drains were clean. Mum duly scrubbed them every day — and I got the licence!

She became known as Grams to the Brownies as a result of a Pack Holiday we took the following year to Wye, in Kent, near Canterbury. The theme was Care Bears. We all had a bear identity and Mum, naturally, was the grandma bear. Soon she became "Grams Bear" and that's what she was called until the "bear" sort of got lost. So she became simply "Grams" to every Brownie.

Our base that time was the village hall and, since it had no fridge, Grams unplugged hers and we took it on the coach with us.

As the coach arrived at the hall one Brownie said. "I feel sick" and promptly was — all over the floor of the coach. While we ushered the others away, a Guider took charge of the queasy one and the driver surveyed the floor. He did not appear to like what he saw but, as usual, Grams came to the rescue with mop and bucket and soon it was all cleaned up.

Since then we've had other Pack Holidays but, whatever our theme and whatever name we give Mum, the Brownies still call her Grams.

She has knitted countless presents for Christmas and Pack Holidays. She teaches the Brownies to knit, repairs their teddies and their clothes while we are away, makes tea at enrolments, bakes cakes, stores our jumble at her home for us — she never stops.

Just before Pack Holiday '93 she slipped on a wet pavement and broke



Sheila Nunn's mum, surrounded by her Brownies

her arm. Our theme that time was "space" and we hadn't quite finished the aliens' outfits we were knitting for the girls.

After a couple of days in plaster, Grams phoned to say she was managing to knit with 1½ arms! With all the outfits finished, she still came with us on Pack Holiday.

I'm sure a lot of Packs have good helpers but we think our Grams is rather special.

SHEILA NUNN

DISCLAIMER REMINDER

Inclusion of advertisements in this section should not be taken to mean that the Association has checked out and approves the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

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siedging and heated swimming pool Instruction available for most activities.

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HOSTELLING

When Guider Eileen Tilbury read the feature about youth hostelling in GUIDING, she was intrigued by the description of this popular way of enjoying an inexpensive group holiday.

Inspired by our article, Eileen organised an exciting hill walking weekend for the 1st Blairgowrie Guides, which took them through breathtaking Scottish countryside.

As the theme of the expedition was

'Mary Queen of Scots', they also fitted in a visit to historic Falkland Palace and the island where the unhappy queen was kept prisoner.

The article in GUIDING started me off,' Eileen explained. 'I haven't got a Camper's Licence, so I thought this would be a good way of going away with the girls and decided to try it."

She took note of our tips and also consulted the Division's Walking Safely Adviser, Kristin Barrett, who drew up a suitable route.

Finally, Eileen and Kristin set off in a minibus with two Brownies, ten Guides and a Young Leader, heading south.

They stayed at Falkland Youth Hostel in Fife, just yards from Falkland Palace. Once the hunting palace of Stuart monarchs, including the ill-fated Mary, it's now owned by the National Trust for Scotland.

The girls got the chance to step back centuries in time as they toured the palace, for the tour organisers provided period costumes for them to dress up in. 'Our guide was marvellous. She even had the girls demonstrating how to do a sword fight on the stairs, Eileen recalled.

At the village shop in Falkland, the girls began chatting to a former Guide. now aged 82, who recalled her Guiding days in the 1920s. She remembered going to Guide meetings in the palace. long before the building was acquired by the National Trust for Scotland.

The next day, after completing their hostel duties, the group packed a picnic and set off on a walk up East Lomond Hill. It was hard work and some of the girls found the going tough. But, encouraged by the fitter Guides in the party, they all made it to the summit - and enjoyed bounding down the hill through fields of heather

The trip also included a visit to a nature reserve and a journey by boat to Castle Island where, four centuries ago. Mary Queen of Scots had been imprisoned in Loch Leven Castle She later escaped in a rowing boat.

It was a good introduction to youth hostelling, which is very different from camping, Eileen said. We enjoyed our first taste and will be back for more.

Dressed for the part -1st Blairgowne Guides go time travelling





Style

DI STAGG FROM WROXHAM,

Teacher of disturbed children, writer, masseuse, artist, she is Ranger Adviser for Norfolk.

Guiding? I was born into it. My mother was Captain of 1st iver Guides. Buckinghamshire. My best friend's mother devised Blackies for us at five — forerunner to Rainbows. At last I joined Brownies, then Guides.

I remember clearly the flying-up ceremony My new wings let me down and I fell through the cardboard box instead of jumping over it.

We could stay at Guides until we were 17 then, and I continued as Company leader Eventually, I joined Slough Sea Rangers, SRS Astronomer and at the same time, became a Bucks County Cadet.

I shall never forget meeting Olave. Lady Baden-Powell I was chairman of the Scout and Guide Club at Froebel College. Roehampton and we were told that a surprise visitor might be joining us

I think we were all stunned when she walked in I can still feet her handshake and see her captivating smile. She spoke to everyone in turn, then entertained us for the rest of the evening with travellers' tales.

Since then, with two small gaps, I have worked with Brownies, Guides and Rangers in six Counties

I have only missed three years of camping since 1953. My early camps, at Hayling Island, were with Miss Wide then Bucks County Commissioner, and the Commissioner for All England, Lady Burnham, who trained as in true camp craft — two weeks with serich late and bell tents!

Beven years ago. I thought of giving

up the tent world. But, instead, I'm now resigned to crawling into lightweight Ranger tents in April. As a CA, I have the opportunity, and maybe a duty, to pass down these skills.

My job is teaching highly-disturbed children of all ages as a Special Section member of the Visiting Teachers' Service From basic reading to preparing for five GCSEs, each child has six hours a week of a rounded education.

As my aim is to reintroduce children to school, special boarding school or college, the period I have with any one child varies from one week to two years. Schoolrooms are anywhere homes, hospitals, hired rooms.

Much of my teaching is Guidingbased Particularly attitudes. Parents, expecting to defend their child, are astonished when they don't have to I am convinced that through Guiding we have so much to offer in our positive and caring outlook, and using these skills outside our meetings helps to promote the organisation.

Teaching children with problems since 1963 has been taxing — Louis' speech defect made him difficult to understand. Matthew, wheelchair-bound, hurled books, Leeroy, 14 and excluded for attacking his physics teacher, had a reading age of seven.

If I help them succeed in spite of their problems, build up their selfconfidence they will try. Rewards are few, fleeting and unforgettable — Peter's first smile in six months. Brendon's hug.

I have a strange advantage At

school I seemed 'different', and it wasn't until ten years ago, studying children with learning difficulties, that I realised why. I am dyslexic. So was my father, an inventor. And one of my sons is, as well.

It has compensations. I learned to work hard, to check, to be fussy. When it came to teaching strugglers I enjoyed it — we shared the same problems. I wrote reading schemes, plays and stories they could understand.

I am a Gemini with twin sons. These days I struggle to understand Kelvin's transport management and Kim's geology. True to my sign — the Communicator — I have four professions: teacher, writer, masseuse, and artist.

In 1987, at a County Ranger camp on the Isle of Arran, surviving a hurricane and visiting Brodick Castle spurred me to write my first book. I wrote 270,000 words of my adventure mystery in six months.

I am now writing my fourth book, as well as radio and television plays, stories, poetry, Guide songs. Time-consuming, but addictive!

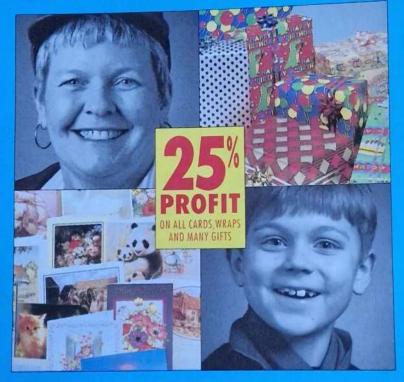
As a trained therapeutic Esalen masseuse, I auctioned a massage on radio raising £100 for Children in Need. In my "spare time" I paint, play handbells and practise yoga. My husband is a bowls fanatic. We rarely quarrel as we only speak in passing!

Communication, a key-word in Guiding, has been vital since I took over the County Rangers. Norfolk stretches 70 miles in all directions.

Even with a monthly information sheet — CRIS — for the exchange of thoughts and ideas, I often wonder. "Is anyone out there?" How important communication is! How we take it for granted."

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