

GUIDING

SEPTEMBER 1994 £1.15

**AFRICAN
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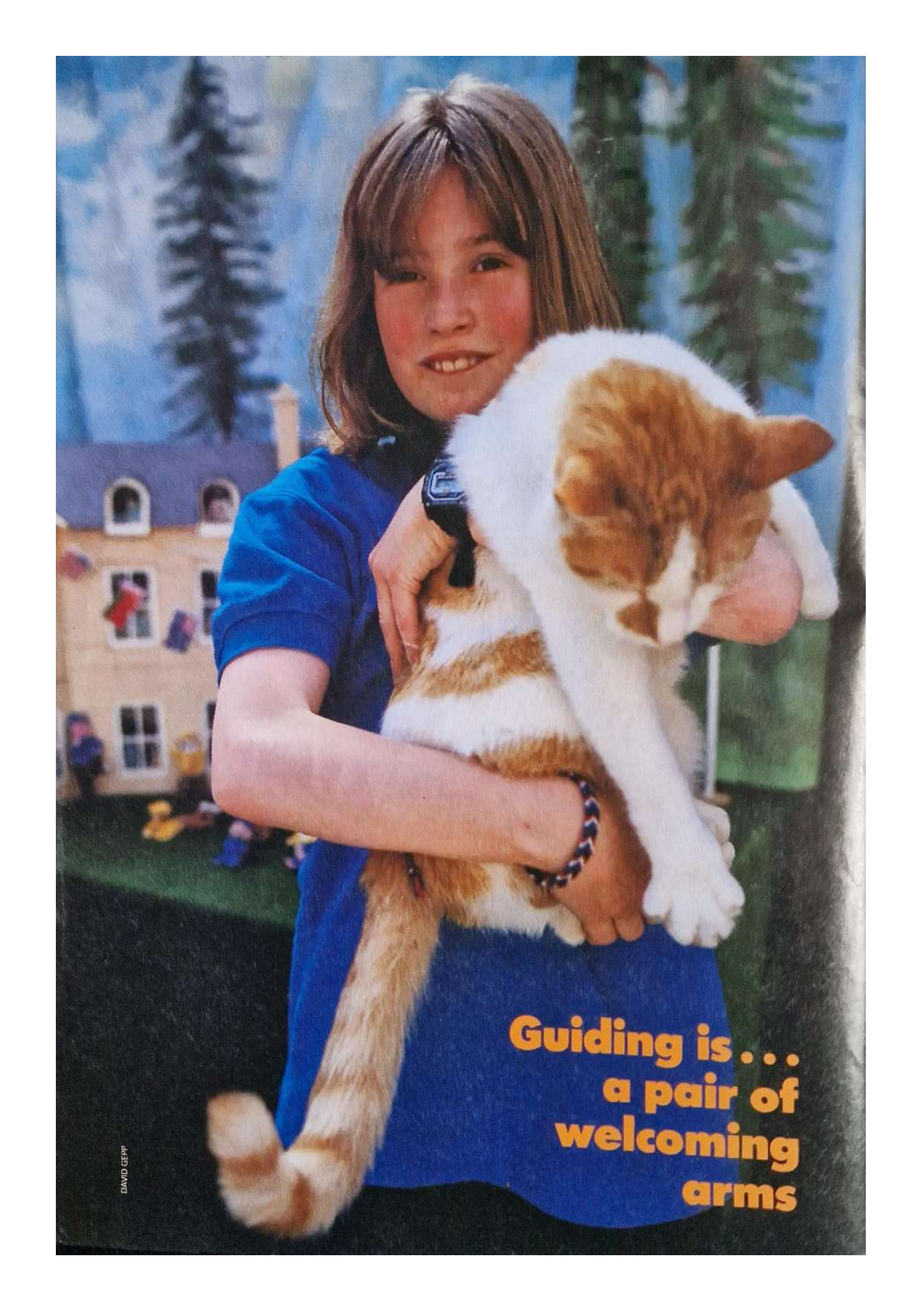
**NEW
BROWNIE
BADGES**

**A
MUSICAL
LIFE**

**AGM: SPECIAL
REPORT**

**FOCUS ON
VOLUNTEERING**





**Guiding is . . .
a pair of
welcoming
arms**

front PAGE

On the second Saturday in July, I had a wonderful day singing songs, listening to stories, playing games, enjoying a teddy bears' picnic with buns and jelly and 'discovering air' by making a Betty Bead Doll with parachute, a 'waver' with rainbow colours of crêpe paper, a snake spiral and blowing rainbow coloured bubbles.

My four-year-old grandson enjoyed playing with the parachute and the 'waver' but not half as much as I had enjoyed my day. Of course, you have already guessed that I had joined 300 Rainbow Guiders from London and South East England for a Training Day at Banstead in Surrey.

It was a rare privilege for me to meet and talk with so many Rainbow Guiders all at once and the best part of that super day for me was the opportunity to chat informally with a number of them at lunch time.

COMMENT

I had gone there to learn more about the newest and fastest growing section of The Guide Association, which has introduced the wonderful world of Guiding to thousands of girls between five and seven. The success of the Rainbow section has also proved to be the best 'unofficial' adult recruitment campaign that the Association has ever had. It has attracted hundreds and hundreds of women who have never before been members of the Movement and that in itself is a wonderful bonus for Guiding.

I did learn that, sadly, Rainbow Guiders sometimes feel a little isolated because they are so new to Guiding and so 'gatherings' like the one I attended are vitally important. They

need days together when they can talk, try and share ideas with each other and make new friends.

It is good to see the Rainbows joining us in large numbers and the enthusiasm and energy of the Rainbow Guiders is encouraging. But we must all, as Guiders, Commissioners, Advisers and Trainers, be prepared for the time when these Rainbows are ready to move on to become Brownies, Guides, Rangers or Young Leaders and even Guiders and/or members of The Trefoil Guild.

The Rainbow Promise is so clear and simple: 'I will do my best to love my God and be kind and helpful'.

The Rainbow section has certainly caught that special Guiding magic — let us do all we can to make sure they never lose it.

JANE GARSIDE

The Chief Commissioner

GUIDING

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REGULARS

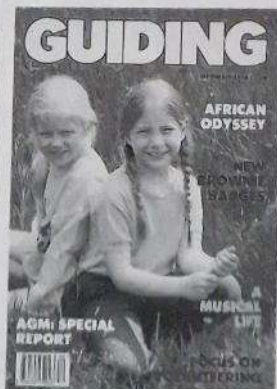
- 2** GUIDING IS...
- 5** ROUND UP
- 8** GUIDING IN ACTION
- 12** LIVE ISSUES
volunteering
- 16** NETWORK
- 18** NOTICES
- 19** A MAN'S EYE VIEW
- 21** GFF
- 25** MY GIRL'S A GUIDE
- 27** A PERSONAL VIEW
- 30** OPEN DOOR/NEWS
FOCUS/COMING
NEXT
- 49** ONE WORLD
return to Africa
- 53** LETTERS
- 56** PEOPLE AND PLACES
- 60** BADGE SWOP
- 63** LIFESTYLE

FEATURES

- 7** BROWNIE BADGES
- 10** FABULOUS FUN DAY
- 11** THE GUIDER
HANDBOOK
at last...

CONTENTS

- 15** SPREADING THE
WORD
Elefriends all
- 20** TRAVELLERS' TALES
- 22** ELECTION RULES
- 23** FRIENDSHIP LINKS
- 24** MUSIC MAKERS/
YOUTH FOR
UNDERSTANDING UK
- 26** IN MEMORY OF ABBY
- 28** A QUESTION OF FAITH
/A REAL STAR
- 31** ANNUAL GENERAL
MEETING 1994
full report
- 48** OLAVE BADEN-
POWELL
BURSARIES 1994
- 54** SHOVAUGHN'S LONG
SILENCE



FRONT COVER

Beaming among the buttercups are Fern Storey (left) and Katie Gill of 15th Tunbridge Wells (St Luke's) Pack

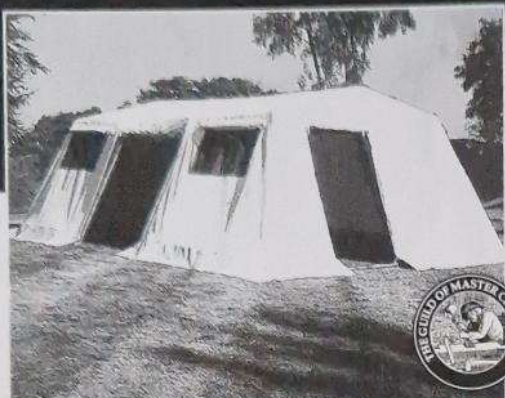
PROGRAMME

- 35** TRAINING DIARY
- 37** RAINBOW GUIDERS
- 38** BROWNIE PLAY
then and now
- 40** TRY THIS
signalling for fun
- 41** BROWNIE GUIDERS
harvest home
- 42** HOW TO DO
paper making
- 43** THEME EVENING
China night
- 44** GUIDE GUIDERS
- 45** NEW GUIDERS
the outsiders
- 46** RANGER GUIDERS/
YOUNG LEADERS
introducing the Senior
Section

ARENA

- 29** WATCH THIS SPACE
the voice of the Junior
Council
- 58** ACHIEVERS
Marion's musical life

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G9/94

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Round UP

CHERYL'S DREAM

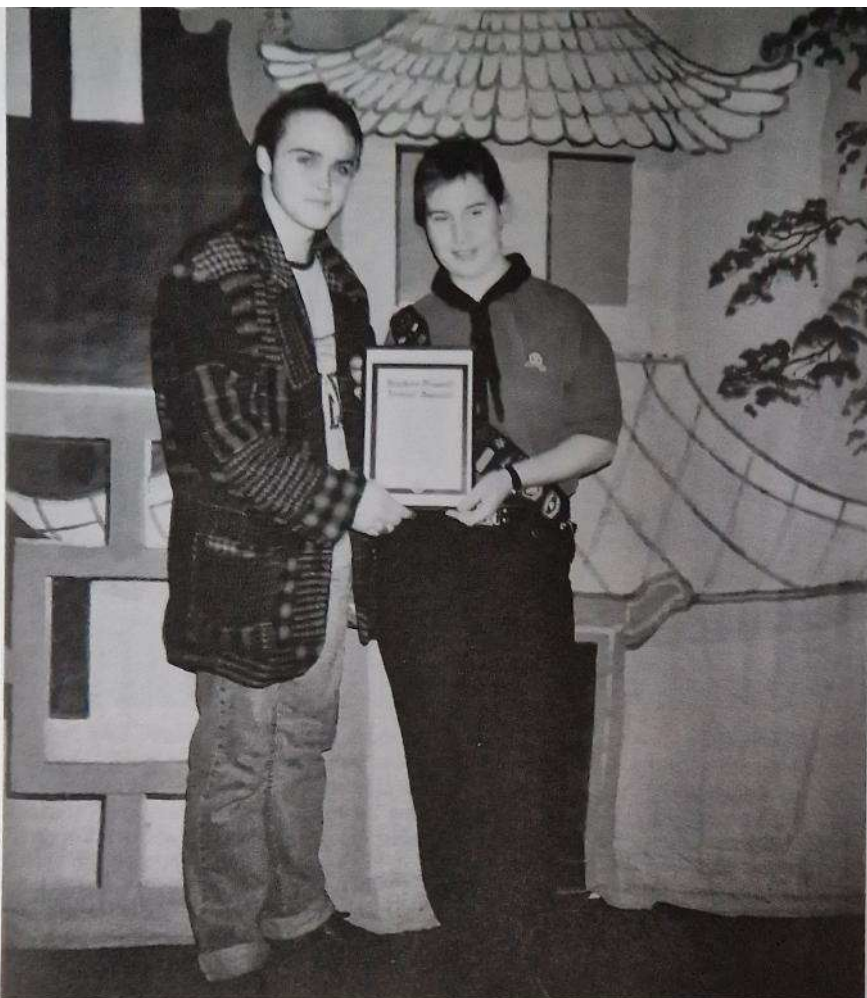
◀ For soap fan Cheryl Daldry, it was a dream come true when she received her Baden-Powell Trefoil Award from Les Hill, former star of ITV's *Home and Away*.

Les, who played Blake in the Australian soap, was appearing at the Broadway Theatre, Essex, when he took time out to present 15-year-old Cheryl, a member of 14th Ipswich Company, with her award.

PRIZEWINNING PAINTING

▼ It started out as a craft show which allowed members of a small village Guide unit to show off their artistic talents to their parents. But 17 years on, the North Cornwall Scout and Guide Art and Craft Show has become so popular that it attracts more than 700 entries from Scouts and Guides of all ages from all over the area.

Our picture shows Katie Hoskin of 1st Lanhydrock Brownies who won first prize in class A with her anti-smoking poster.



JACKIE HURREN



BERNARD WHITE: NEWQUAY PRESS

Round UP

CASH COLLECTORS

► Here are some of the Shetland Islands Guides and Brownies who helped raise £110 for an appeal which aims to raise enough cash to fund a Macmillan Nurse for the Islands. Residents hope to raise £80,000 to pay for the nurse who will counsel people with cancer and their families.

Members in Lerwick District collected the money at their Christmas carol service, while District Commissioner Janet Mullins raised extra funds by holding a collection at the Sullom Voe Terminal where she works.

Pictured handing over the cheques to John Telford, treasurer of the Shetland branch of the Macmillan Nurse Appeal, are (from left) Joyce Williamson, Guider and Lerwick District Treasurer; Brownies Louise MacInnon and Anya Nicolson, from 3rd Lerwick Pack; 2nd Lerwick Guide Sarah Massie and Lerwick District Commissioner Janet Mullins.



IN THE SWIM

▼ Guides from 20th St Mary's Company, Jersey, raised £413 when they entered the annual Lions Club Swimarathon at Fort Regent. The unit has entered a team in the Swimarathon for the past 17 years

and this year's proceeds will go to charities with a 'family' connection, to coincide with the United Nations International Year of the Family.

WINNING TEAM

▼ Members of 1st Maden Guide Company's quiz team proudly show off the bronze medals and certificates which they won after coming third in the final of the National Fire

Safety Youth Quiz held at Moreton-in-Marsh, Hereford.

The girls, who also got £75 prize money, are: (from left on back row) Helen Compton, Darrelle Watts and (from left on front row) Claire Hollingsworth, Joanna Harper and Hannah Jones.

● The quiz was, of course, won by 8th Rickmansworth Guides (see March's issue of GUIDING).



EDWIN JOHN PHOTOGRAPHY



SUPER STANDARD

◀ It took nearly four years to research, design and sew this new standard for Portslade District, Sussex East. The beautiful standard was created by District Secretary Terri Voisey and dedicated during a special Thinking Day service by Father Peter Clegg, whose Guider

daughter Rebecca played the organ for the occasion.

Afterwards, Brownies, Guides and Rangers paraded the new standard, the union flag and unit flags around the village of Mile Oak, before joining the Trefoil Guild, Rainbows and parents for a celebratory party.



JOHN CROUGHTON

The introduction of the new Association logo meant changes were needed to some of our badges — among them the Brownie Birthday Badges and Brownie Trefoil Badge. The new versions of these badges have now been designed and will be available shortly.

When the conversion from the previous Brownie Trefoil Badge to the new logo was made, it was realised that the new blue badge would just look like a miniature Guide badge when it was sewn on to a Guide sash, and it wouldn't be obvious that it indicated previous membership of a Brownie unit.

So, to avoid any confusion, the blue Brownie Trefoil Badge has been changed to a dark brown badge with a sun yellow logo.

The brown Birthday badge, given after one year, has been changed to sun yellow and, along with the green and red badges, it now has a white logo.

These badges now follow the colour order of the Guide Trefoils, and this further emphasises that Brownies and Guides are part of the same family of Guiding.

BROWNIE HANDBOOK

Most Brownie Guiders will already know that there is to be a revised version of the *Brownie Handbook*. Due to be published in January, the new handbook builds on the best parts of the current edition.

Changes have been made to the Journey Challenges, and these were

BROWNIE BADGES



First Birthday Badge — white on sun yellow



Second Birthday Badge — white on Killarney green



Third Birthday Badge — white on Mardi Gras red



Brownie Trefoil Badge — sun yellow on dark brown

piloted by Brownies and Brownie Guiders in every Country and Region. The Rainbow section, Pack Holidays under canvas and staged badges, all new initiatives since the last revision was carried out, are also included. Links with the Guide unit now form an integral theme in the handbook and there will be no separate Brownie Trefoil books.

The hints section has had a major overhaul, too. It is much more comprehensive and the hints are grouped under the Eight Points.

TRAININGS

Two trainings are planned for next year to introduce the new handbook. Called exploring the *Brownie Handbook*, they will take place at Foxlease from January 27 to 29 and Waddow from March 24 to 26.

Any member of the Guide Association with an interest in the Brownie Guide section — Brownie Guiders, Commissioners, Advisers, Trainers — will be welcome.

There will be an opportunity to:

- discover the changes to the handbook
- try out some of the new Challenges
- look at its implementation in the Brownie unit
- consider how the Brownie section links with Rainbows and Guides
- have fun.

These weekends are to be run by members of the Brownie Handbook Working Party.

There may be some financial assistance available for people attending one of these weekends. Members are advised to enquire when applying for a place at one of the sessions. All enquiries should be made to the Manager of either Foxlease or Waddow. They can be contacted at

● Foxlease, Lyndhurst, Hampshire SO43 7DE Tel 0703 282638 Fax 0703 282561

● Waddow, Clitheroe, Lancashire BB7 3LD Tel 0200 23186 Fax 0200 27460

SUSAN JONES
Brownie Guide Adviser

Guiding

Members of the 1st Brill Guides celebrate their second birthday this month, and all agree it has been a great two years. They've enjoyed ice-skating, pudding-eating, aerobics and much more. But what the girls enjoy most is getting out into the fresh air — cooking hot dogs on Brill's windy common is their idea of heaven.

► Having a fry old time!
Charlie (left),
Wendy and guest
June O'Brien on
sausage cooking duty



RICHARD SOWERSBY



▲ Tastes Brill-iant!
Members of 1st Brill
Company tuck into
some hot dogs at
their cook-out

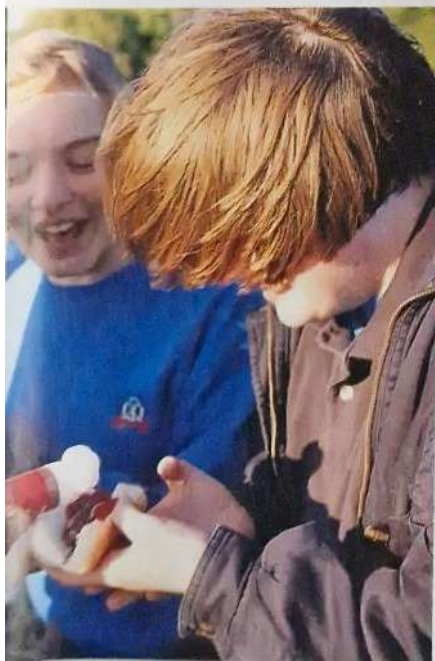
◀ Happy Birthday!
The two-year-old unit
poses in front of
the windmill on
Brill Common



g in action



RICHARD SOMERSEY



RICHARD SOMERSEY

When *GUIDING* caught up with the busy unit it was a warm, windy summer's evening and the 26 Guides were enjoying one of their favourite activities — a camp fire — on Brill Common.

After gathering sticks and building a fire they played a wide game, while their Guiders cooked up sizzling sausages and prepared hot dogs, which soon vanished.

The unit was started to fill a gap in

village life. 'Brownies were leaving Guiding because there was nowhere else for them to go,' Guider Kathy Bostrom explained. 'Girls had to go to the next village if they wanted to be Guides or join the Scouts, which they weren't too happy about.'

Kathy, who at the time was assisting the local Rainbows, agreed to help start a Guide unit. 'I have never been a Guide myself,' she said. 'So I didn't know what I was starting!'

'We began with "getting to know you" sessions. The girls were told to go into groups, which eventually became their Patrols.'

Brill is a small village in Buckinghamshire, with a population of around 1,500. It made the headlines as the village where the Great Train Robbers hid before they were captured.

Popular children's writer Roald Dahl used to be a frequent visitor to the local pub, The Pheasant, and many of his stories are believed to have been dreamed up there.

Now the village has a thriving Guide unit thanks to the joint efforts of Kathy, Assistant Guider Irene Robb, Unit Helpers Sheila Palmer and Lynn Eldridge, who also acts as treasurer.

The four have been with the unit since it started in September 1992. 'We have had lots of help,' Kathy said. 'We all have our own individual talents, so we make a great team.'

With guidance from camping expert Charlie Dennis, Division Commissioner Wendy Walden and District Commissioner Candy Couzens, the four have built up a unit of which anyone could be proud.

'We had our first Thinking Day ceremony in February, 1993,' Kathy said. 'It was quite an event for us, mainly because we'd never done it before and we didn't really know what we were doing!'

They aren't too clued up about camping either but that doesn't stop the girls experiencing life under canvas.

'Charlie is our camping expert — she's been camping for more years than she likes to remember. We are lucky to have Charlie as we don't have camping licences and she gives the girls the opportunity to have a go. We can do far more exciting things outdoors,' Kathy explained.

'I like Guides because you can go

outdoors,' said Annabel Thomas-Ferrand of the Nightingale Patrol. 'We play wide games and rounders and have scavenger hunts. And we do outdoor cooking.'

They've also enjoyed several outings, tried flower arranging and had a go at aerobics. And, recently, the girls have turned their attention to raising funds.

'We felt it gave the girls a purpose,' Lynn said. 'And "thinking about others" was part of the work they had to do for their Trefoil work.'

They all chose their own charity and they have come up with all the fund-raising ideas on their own.

The four Patrols — Nightingales, Swallows, Bullfinches and Kingfishers — have each adopted a charity. So far they've raised funds for the Blue Cross, Acorns Hospice for Children, Great Ormond Street Hospital and the People's Dispensary for Sick Animals.

The Swallows raised £80 for their chosen charity, the Blue Cross, which cares for sick animals. 'We just didn't like the way animals were being treated,' Sarah Govier explained.

The girls all enjoy a good tuck in, so the pudding night was particularly popular. It was held to boost Guide funds. 'We brought our parents,' Michelle Lamont explained. 'We had coffee cake, profiteroles and fruit salad... and we just ate as much as we could!'

Michelle also enjoyed the Hawaiian night. 'We dressed up as people from Hawaii and we made flowers and our own fruit punch,' she said.

It's not easy raising funds for a newly-formed unit and that's where treasurer Lynn Eldridge comes in. 'We collect toner cartridges to be recycled,' she said. 'We also run a crèche at the local fair. The Guides look after small children and play games with them.'

Kathy is pleased with the way the unit is coming together. 'We seem to be going from strength to strength,' she said. 'I think we are more keen because we haven't done it before. They are a very good group of Guides — so enthusiastic and helpful.'

That evening, Nightingale Patrol Leader Lyndsay Priddle became the first in the unit to be awarded the Red Trefoil.

As the light faded and the meeting drew to a close, the girls sang around the camp fire — directed, of course, by Charlie, because she knows the most camp fire songs.

Mugs of steaming hot chocolate and bags of marshmallows were handed round as the sun set over Brill Common and another successful session was over for Kathy and her team.

fabulous FUN DAYS

► Just hanging around — one and all had a wonderful time at the County Fun Day

▼ Queueing up for fun: these Rainbows wanted to make sure they didn't miss out on the chance to enjoy the bouncy castle



MORAG MACLEOD



MORAG MACLEOD

Preparations for the County of Dunbarton's summer Fun Days got off to an inauspicious start, when Morag MacLeod, County Press and Public Relations Adviser, was spotted crawling, nose down, along the path from Brownie House to Ranger Bothy at the Catterburn camp site!

Morag had slipped a disc while conducting an on-site investigation and had to be carried to her car. The County team was just gearing up for months of planning for a major event. So Morag's contribution was hastily altered to operating a computer with one hand, while lying flat on her back in bed at home.

Four months later, Dunbarton's determined PRA was temporarily back on her feet to join in welcoming the 1,700 girls and leaders who took part in two Fun Days over a gloriously fine weekend.

To make sure that all those who wanted to could take part, units from three Divisions arrived on the Saturday and members of the other three Divisions had their turn on the Sunday.

Girls travelled from all over Dunbarton to the County's lovely camp site near Drymen, where each unit assembled in its Division area while their Guiders

collected a bundle of 'passports' from the information tent

Clutching their passports, the girls were divided into small groups and given the freedom of the site. A passport allowed one entry into each of the many fun activities on offer, but there were so many to choose from that there wasn't time to try everything!

The energetic could choose from a bouncy castle, foam pond, tug of war, agility course, volley ball, parachute games, chariot races and disco.

New skills could be acquired in the circus corner, or by trying board walking, orienteering or mega-bubble blowing. Also on offer were face painting, badge making and puzzles to solve in the *Nosey Newsy* fun-sheet.

In addition, there were the ever-popular earth ball, duck fishing, pony express, rope bridge, A-frame and stocks. A sausage sizzle and rainbow pancakes proved popular and, to top up energy levels, free coffee, tea and juice were available all day.

One of the favourite activities was the Tent of Terror. Brownie Guides Joanne, Kirsten, Demelza and Morna, all of 11th Bearsden Pack, voted it 'tops', while their friends Laura, Amy and Jenny loved the face painting, circus corner and bouncy castle. But for many girls everything was so much fun that it was hard to decide on a favourite item. 'I can't say what I liked best,' said Catherine, also of 11th Bearsden. 'I loved all the activities.'

In a delightful letter of thanks to the County Commissioner, Rosamund Blair, Morna declared: 'It was the best day of my life!'

But it wasn't only the youngsters who had a great time. The special guests headed by Brigadier Hardie, the Lord Lieutenant of Dunbartonshire, were equally enthusiastic, entering into the fun by taking part in various activities, including the massive camp fire singsong. Even the organising committee, which included the County Commissioner, the Vice-president, Kath Thorn, and Committee Chairman, Isobel Brown, managed to find time to enjoy the weekend.

As for Morag, she was able to temporarily forget the back operation due three days later and preside at the County newsletter table. Keeping a watchful eye on her were a special 'nursing' squad — her mother, father, husband, son and Guide daughter, Alanna!

GILLIAN ELLIS



MORAG MACLEOD

● After a successful operation Morag was kept busy tying up the loose ends after the Fun Days — once more flat on her back.

*After a very long wait you
will be able to buy a
copy of the new Guider
Handbook this month.*

at last— **THE GUIDER HANDBOOK**

Several years ago the Association's Programme and Training Committee decided that there should be only one handbook for Guiders of all sections. Making the decision was just the start.

A team of Guiders was asked to form a Working Group. They represented a cross-section of expertise covering all age groups, together with those overseeing the changes being made to the Leadership Scheme.

I was asked to chair the group because of my previous experience in chairing such groups. To keep us in touch with the other Association developments, the Adviser for Programme and Training Development was part of the group.

When we met for the first time, we hardly knew where to begin. But it wasn't long before the ideas flowed and we soon had an extensive list of what ought to be included. The next step was to produce a draft edition.

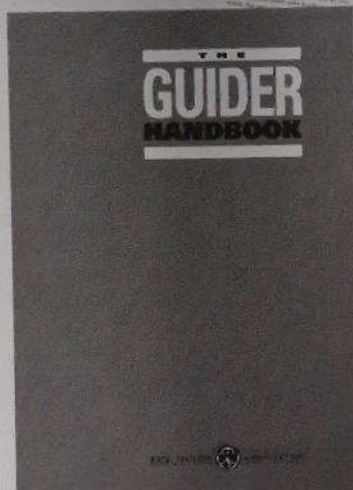
This was prepared during the summer of 1991 and was then changed considerably by the group at its meeting in September. Our outline was given to a professional writer, who produced a first version which was circulated to all the Advisers in the Countries and Regions. But we hadn't got it right. They weren't happy with what we'd produced, so it was back to the drawing board.

A second series of consultations involving many Guiders took place in the spring of 1993 and, this time, the verdict was favourable — we were getting somewhere.

Of course, we weren't the only ones hard at work, other people were also very busy reshaping aspects of the Association:

- The Council was debating a name and logo change.
- Brownie Guiders were reviewing their handbook.
- Rainbow Guiders were completing huge questionnaires.
- The Ranger/Young Leader programme was undergoing a major upheaval.
- Wide-ranging consultations were taking place over the Promise.

So it wasn't the ideal time to be writing a new book. But we have kept in touch with all developments and

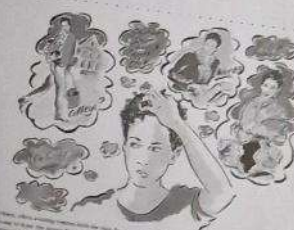


WORKING WITH THE SCOUT ASSOCIATION
If you are a Scoutmaster or a Scoutmaster-in-training, this book will help you to understand the Scout Association and its aims and objectives. It will also help you to understand the Scout Association's role in the community and its relationship with other organizations.



Scoutmasters and Scoutmaster-in-trainees will find this book a valuable source of information and advice. It will help them to understand the Scout Association and its aims and objectives, and to understand the Scout Association's role in the community and its relationship with other organizations.

CHAPTER 40
WHAT NEXT?



revised the text so it is bang up-to-date. With superb co-operation between all the volunteers and HQ staff, both in Guiding Activities and Publishing Services, we have been able to produce a book that includes all the recent changes.

So what is in this book for all the Guiders?

- The first section explains what Guiding is and how it works, giving all the information you need on insurance, accounts and safety, as well as general help in using the unit team.
- Specific ideas for games and activities to help you work with the girls in the different age groups are included in the following four sections. There are even programme outlines to help you plan the weekly meetings and the relevant progress badges are explained.
- A factfile makes up the final section, which provides all the factual information you might conceivably need. Included are such things as Guide abbreviations, lists of reference books, flag usage, GOLD, Guides' Own, planning events, opportunities in Guiding and much, much more.

Naturally, the Leadership Scheme is featured and the new initiatives are explained fully. The text is easy to follow and each section is illustrated and colour-coded, using the usual colours for Rainbows, Brownies, Guides

and the Senior Section. Divided into easy to absorb chapters, the information is cross-referenced to the girls' handbooks and to the 1994 edition of the *Guiding Manual* and there is a comprehensive index.

The new handbook replaces:

- The *Rainbow Starter Pack*
- The *Brownie Guider's Handbook*
- *Notes for New Guiders on the Programme*
- *Notes for New Guide Guiders on the Trefoils*
- The *Ranger Guider's File* (now very outdated)
- *Notes on the Adult Leadership Scheme*

During the past few months the trainers have been preparing to incorporate the handbook into the training sessions they hold, so do go along to your local events and find out more.

There are also special weekend trainings at Foxlease on December 2-4 and Waddow on January 27-29, 1995, and I hope to see some of you there, when we will have time to explore the activities and suggestions included in the text.

The handbook costs £4.95 and is available through all Trading outlets, from mid-September.

CAROL HORNE
Chairman of the *Guider Handbook*
Working Group

VOLUNTEERING

Every week in the UK, more than 62 million hours are spent by individuals doing some sort of voluntary work. It is a growing trend — with over 3 million more people joining the volunteer ranks in the last ten years.

According to a survey carried out by the Volunteer Centre UK in 1991, 51 per cent of the UK's population had undertaken some sort of voluntary work the previous year — more than half of the population had given some of their time for free to support a wide variety of causes. But who are these people? What do they do? Why do they do it? How do they benefit? And what is the future of volunteering?

This article focuses on volunteering today and suggests ways in which the best use can be made of volunteers.

Most people know what a volunteer is — don't they? One dictionary defines a volunteer as someone who: 'performs, or offers to perform, a voluntary service'. Yet sometimes the lines can become blurred. It often seems as if guilt is part of every volunteer's job description, yet why should volunteers take on the burden of responsibility for all the things which haven't been done and should have, and the things which have and shouldn't? Choice often doesn't even come into the equation.

It is sometimes difficult to establish where payment ends and volunteering begins. For instance, is someone taking a year off who is paid living expenses and pocket money or someone given time off by the company they work for still classed as a volunteer?

WHAT IS VOLUNTARY WORK?

What counts as voluntary work and what doesn't? People often feel embarrassed by mentioning that they arrange the flowers once a month in church or visit a neighbour who is ill. But they deserve as much recognition for their efforts as the one-off event organiser or someone with large commitments. And how often do you, as a Guider, recognise what you are actually doing as a volunteer?

12 Size is not important — it is intention

which matters. Ideally voluntary activity should be:

- undertaken by choice
- without obligation
- providing or enhancing rather than replacing a paid for service
- free from financial gain

YOU ARE NOT ALONE

As a volunteer the first thing to remember is that you are not alone. Many people may feel uncomfortable talking about their voluntary activities. But we bet there are more people volunteering than you think.

Ask five people whom you don't know well — the local shopkeepers, parents outside school, cousins, perhaps — whether they do any voluntary work. Then discover what they do, why they volunteered, and the benefits and problems they face. You'll soon see you're not alone.

According to statistics, the 'average' volunteer is a woman, aged over 35, living in the Midlands or South East and in a job earning over £15,000 a year. However, this profile is changing with more and more young people coming forward as volunteers and, through Government schemes, more unemployed people are being given the chance to learn new skills through volunteering.

I CAN'T DO THAT!

Each year people in the UK are volunteering for a wider range of activities, both in this country and overseas.

Voluntary Service Overseas (VSO) for example, places individuals on assignments where their special skills can be put to good use in developing and newly-developed countries.

Community Service Volunteers (CSV) undertakes a range of similar activities in the UK, which includes working on community projects away from home for up to 12 months, and a Retired and Senior Volunteer Programme (RSVP), placing people where they are most needed through a nationwide network of local groups.

Then there are a whole range of other voluntary activities from serving on Parent/Teacher Association committees to singing in the choir, which are probably more familiar but given less recognition.

MOST POPULAR AREAS

The top five interest areas for women volunteers are:

- 1 Health and social welfare
- 2 Children's education/schools.
- 3 Religion.
- 4 Youth/children.
- 5 The elderly.

It will be interesting to see how this pattern changes over the next 20 or 30 years, as women's role in the work place develops.

WHY DO WE DO IT?

Ask people why they volunteered and the majority reply: 'Somebody asked me'. Thus confirming what has been long suspected — as a nation we are not too proactive when it comes to selling our skills and what we can do. We wait to be asked. It also indicates that we are bad at saying 'No', and this particularly applies to women.

For most people altruism — the need to help others — is paramount. Have you ever wondered why we end up so over-burdened with voluntary activities? Rather than any lack of assertiveness, theory suggests that some people may volunteer — and, particularly, over-volunteer — because they need to feel valued.

This 'desire to please' could be due to lack of confidence or self-esteem and the only way we can improve our 'worth' in our own eyes is to play the martyr and take on more and more. This makes it easy for others to rely on you — they know you'll deliver.

WHY PEOPLE VOLUNTEER

These are the reasons volunteers gave for offering to help:

- Someone asked me to help — 51 per cent
- I offered to help — 49 per cent
- It's connected with my/my family's needs — 43 per cent
- I wanted to improve things/help people — 39 per cent
- I had the time to spare — 28 per cent
- There was a need in the community — 26 per cent
- I wanted to meet people/make friends — 25 per cent

THE FACTS

THE BENEFITS

Perhaps rather than increasing assertiveness, the key to supporting volunteers could be helping to increase their confidence and self-esteem. However, there are signs of change.

Research suggests that the new generation of volunteer is looking for more material returns for the time invested. Not financial reward — but the opportunity to gain new skills, qualifications and to enjoy new experiences. Both sets of reasons are equally valid. Organisations will need to respond to this to attract and retain volunteers in the future.

It would be wrong to paint a negative picture of volunteering. For some people, volunteering is central to their lives and provides them with similar benefits to paid work — enjoyment, structure, friends and colleagues, respect and a sense of achievement.

Before studying the list of the top ten benefits produced by the Volunteer Centre UK, work out the most compelling reason why you volunteered.

TOP TEN BENEFITS

These were the top ten benefits of volunteering as revealed by the Volunteer Centre UK's survey:

- 1 Satisfaction of seeing results.
- 2 Enjoyment
- 3 To meet people and make friends.
- 4 A sense of personal achievement.
- 5 To broaden my experience.
- 6 It gives me the chance to do things I am good at.
- 7 Religious/philosophical beliefs.
- 8 It makes me feel less selfish.
- 9 Chance to learn new skills.
- 10 It gives me a position in the community.

THE FUTURE

So where is volunteering going? People are becoming clearer and more confident about what they want from their commitment, and what they can offer. And they are expecting more from the organisation with which they are involved and expect it to fit in with their work and family commitments.

The challenge now is for organisations to respond to these changes

WHO VOLUNTEERS?

- A higher percentage of women volunteer than men, but not by much (53 per cent to 50 per cent)
- Highest rates of volunteering are among people aged 35-44 years
- People aged 65-74 give most time to voluntary activities — over five hours a week compared to under two hours for those in their 20s-early 30s.
- More people volunteering come from the Midlands and South East, fewer from the North.
- There is a clear relationship between income and volunteering — over three-quarters of volunteers earned over £15,000 a year.
- People who have a paid job — especially those who work full-time — are more likely to volunteer than others.
- Those who are not in employment donate more of their time to voluntary activities (over four hours a week compared to those in work)
- People volunteering are more likely to be in a higher social class coming from a professional or skilled background than those who don't.

Ideas being adopted include:

- Taking a more strategic approach to volunteering.
- Creating the right framework for volunteering, including realistic job descriptions and contracts.
- Providing training and qualifications for volunteers.

VOLUNTEER OPPORTUNITIES IN THE UK

Over 16?

In Guiding?

Want to share or expand your skills?

Interested in short-term volunteering in the UK?

The Guide Association wishes to pilot a volunteering scheme for members of the Association. It is open to all members of the Association over 16.

Have you heard of GOLD? This is a similar scheme but it has no upper age limit, and is based in the UK.

In November 1994, we will be running a weekend for a limited number of people wanting to become involved in this exciting project.

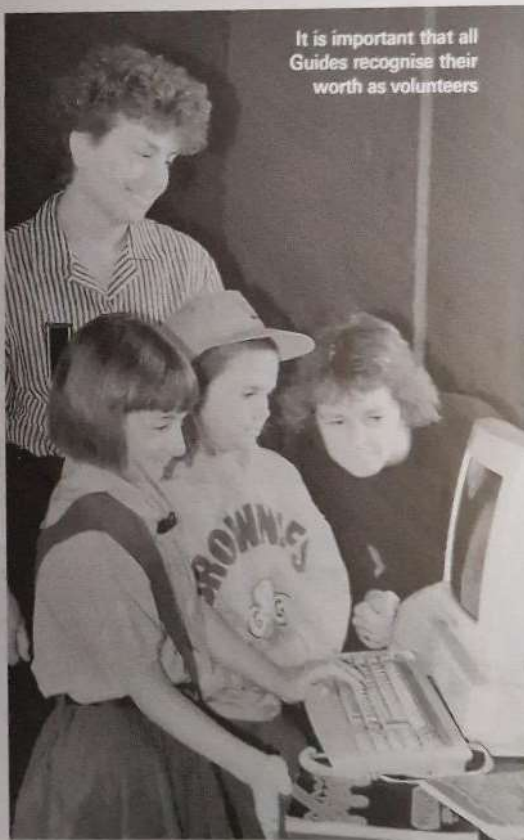
For an application form, send your name and address to: Linda Crichton, Development Officer, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

- Supporting volunteers.
- Ensuring that volunteers' duties and time commitments fit in with the changing pressures on individuals.
- Giving volunteers the respect and credit they deserve.

Yet, perhaps, the biggest challenge facing any organisation is providing the right climate and environment to enable volunteers to say 'No' — without feeling guilty.

CID GROUP

SANDY EVERITT



It is important that all Guides recognise their worth as volunteers

- Statistics used are taken from the 1991 National Survey of Voluntary Activity in the UK carried out by the Volunteer Centre UK

USEFUL ADDRESSES

The Volunteer Centre UKV, Carriage Row, 183 Eversholt Street, London NW1 1BU. Tel: 071-388 9888.
Voluntary Services Overseas (VSO), 317 Putney Bridge Road, London SW15 2PG. Tel: 081-780 2266.
Community Service Volunteers (CSV), 237 Pentonville Road, London N1 9NJ. Tel: 071-278 6601.



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Or telephone 0342 810493 or 0860 393026 Fax 0342 811206

The Guide Association with more than 750,000 members, is the UK's largest voluntary movement for girls and women. The Chief Executive wishes to appoint a Head of Programme, Training and Development Services to work as part of the senior management group in formulating decisions relating to corporate and organisational needs.

The post holder, in managing the staff of Programme, Training and Development Services will ensure that Guiding opportunities are explored, developed and promoted within agreed budget and policy decisions, by working closely with the Association's appointed Advisers (volunteers) within their remit of providing a challenging Guide programme.

The Head of Programme, Training and Development Services will be directly responsible to the Chief Executive whilst working closely with the volunteer Programme & Training Committee Chairman (a volunteer) and other senior Advisers. The successful candidate will have experience in a senior management

role, a comprehensive and up-to-date understanding of Guiding and a proven ability to:

- prepare, evaluate and monitor business and financial plans
- advise and service volunteer committees
- appoint, develop and motivate staff
- participate in devising projects in fulfilment of policy decisions
- in conjunction with appropriate Advisers ensure the implementation of defined development projects
- ensure that projects are appropriately monitored and evaluated
- facilitate and maintain relationships and activities with international Guiding and Scouting communities and other voluntary and governmental bodies.



THE GUIDE
ASSOCIATION

Head of Programme, Training and Development Services

circa. £35,500 per annum

If you have the skills, knowledge and experience to carry out this senior role please telephone Lisa Wigglesworth, Personnel Officer on 071 - 834 6242, to receive further details and an application form. The closing date for applications is September 23, 1994.

SPREADING THE WORD

It was a simple message but straight to the point — 'Elephants' tusks are theirs, not yours!'

A slogan which, together with a call-to-action — 'Join Elefriends' — was powerful enough to win for its author, 13-year-old Helen Crisp, from Durham, the £500 first prize in the Webb Ivory Wildlife Challenge competition.

Elefriends, a UK-based charity dedicated to the fight against the ivory trade, supports the upkeep of 840 wild elephants in the Amboseli national park, South Kenya.

The competition, open to children from six to 13, formed part of Webb Ivory's Wildlife Challenge activity pack, designed to encourage project work by Guides, Brownies, Scouts and Cubs.

It attracted more than 230 entries and the posters made a pile 4ft high. Entries also included jungle music tapes and poems.

Helen's Guider, Lynn Reynolds, said: 'We were all extremely proud of Helen's effort. Helen and the other girls decided to split the £500 equally between Elefriends, the local Durham Macmillan Nurses' appeal, the Yellow Brick Road

appeal for child health care in the North East and our own Tunstall District Fund.'

Runners-up in the contest included: Claire Eldridge (13) of the 5th Morpeth Guides, Northumberland; Victoria Fairhurst (13) of the 4th Maidenhead Guides, Berkshire; and Kayley Middlebrook (7) of the 1st Attleborough Brownies, Norfolk. Each received £50.

Claire, from Loansdean, near Morpeth, chose recycling as her topic, with the emphasis on the importance of recycling cans. Her picture, showing

a cartoon figure of a can with arm and legs, was headed:

'Do you believe in reinCANation?'

In a 'balloon' the can said: 'I do'.

Like the outright winner, Victoria concentrated on the need to protect elephants from ivory hunters. With a clever play on the name of a well-known chain of children's toy shops, Victoria's slogan was 'Tusks R Us'. Her entry — a mosaic of quilling and pieces of coloured card and paper to form an elephant's head — was another reminder that tusks belong to the elephants and that they must be allowed to keep them and live.

Kayley Middlebrook's way of asking everyone to be wise and protect wildlife by following the Country Code was to paint an owl, saying — in a 'balloon' — just that. Her prize was donated to Owl Rescue, a Norfolk charity.

Helen received her winning £500 cheque at a presentation ceremony held specially for her at Newton Hall so that her Guider and other members of the unit could attend.

Helen (fourth from left front row) pictured after receiving her cheque from Webb Ivory's Fundraising Manager, Angela Rushforth. Also shown are (left to right front row) Tina Boyle, Assistant Fundraiser, Yellow Brick Road; Kay McAlinden, Macmillan nurse; Kate Adamson, District Commissioner; Lynn Reynolds, Guider 1st Newton Hall Guides and (back row) Helen's fellow Guides Jemma Reynolds and Lisa Whalley



Network



McDougalls dried foods are ideal for camps and hikes

FREE FOOD

◀A curry or a delicious baked potato complete with topping are quick and easy ways to satisfy hungry campers. The McDougalls range of meat and vegetarian dried foods is ready in minutes — you only need to add water.

The range is available in 2kg foil-lined drums from cash and carry stores. But McDougalls are offering 40 *GUIDING* readers a free sample of their Bolognese with minced beef plus a recipe leaflet.

To enter simply send your name, address and details of your unit to: *GUIDING*/McDougalls Offer, PO Box 695, Pewsey, Wiltshire SN9 5NU. The winners will be the first 40 entries drawn after September 30.

MCDUGALLS CATERING FOODS

HAPPY HOLIDAYS

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There are Acom Venture Villages in the UK and all over Europe. Groups of Guides and Scouts are welcome and Guides can make an inspection visit free of charge or at a specially low rate.

The new 1995 brochure is

Get set for some fun at an Acom Venture Activity Village

out now. For your copy ring Jo Boldry on 0562 882151.

HIRE PURCHASE

►If you can't afford to buy camping equipment, hiring is a cheaper option. YHA Adventure Shops' new hire service supplies tents, sleeping bags, rucksacs, clothing, footwear and camping accessories at a reasonable rental.

For a hire fact sheet ring 0784 458625 (24 hours) or call in at your local YHA Adventure shop.



The YHA's tent range — not all are available for hire

YHA ADVENTURE SHOPS

SWEET MEMORIES

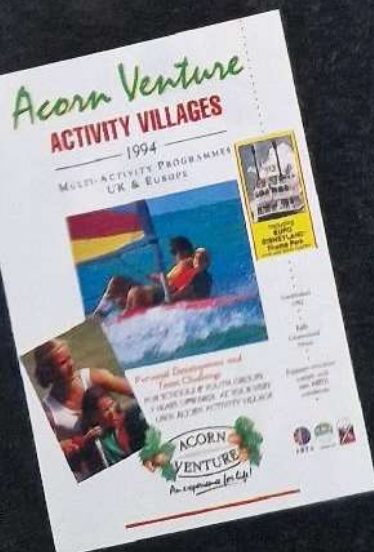
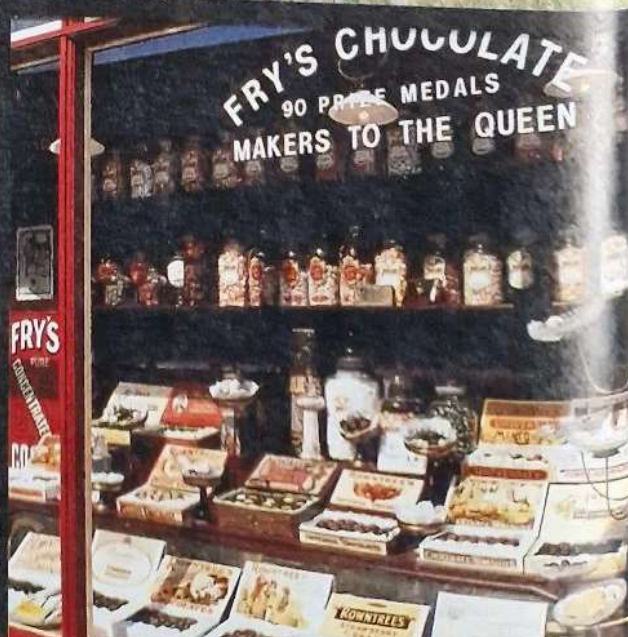
►Barley sugar and bon-bons, liquorice sticks and sherbet — the forgotten treats of childhood are some of the latest exhibits at Beamish, the North of England Open Air Museum.

The Jubilee Confectionery and Manufactory is part of the award-winning town being created on the 300-acre site in County Durham. Visitors can watch the sweets being made before stocking up.

For details of opening hours and prices ring 0207 231811.

A taste of yesteryear: the Jubilee sweet shop is one of the latest attractions at Beamish

BEAMISH





PURE POETRY

▲Get set for National Poetry Day on October 6, a day of celebration for poets — and budding poets — of all ages. Heaps of events have been planned including a day-long poetry readathon at the Big Bash at Birmingham's NEC, and an outdoor poetry festival at Covent Garden, London.

For an information pack ring the 24-hour Poetry Society hotline on 071-240 2133.

YOUNG ACHIEVER

●Do any of your Rainbows, Brownies or Guides suffer from diabetes? If so, they could enter for the British Diabetic Association's Young Achievers Award.

The awards are designed to recognise achievements large and small in children up to 12.

First prize is £1,000 and the first 1,000 entries win the latest Bayer diagnostic blood glucose meter.

For an entry pack write to: Young Achievers Award, BDA, 10 Queen Anne Street, London W1M 0BD. But hurry, the closing date is September 16.

BIRD WATCHING

●Units working on the Bird Watcher badge should head for Titchwell Marsh on the Norfolk coast.

The Wash at Snettisham is the UK's most important estuary and it's here that the Royal Society for the Protection of Birds has a nature reserve boasting excellent facilities for ornithologists.

A wealth of birdlife is

attracted to the area, including several species significant in the conservation arenas.

You can take part in real 'wild goose chases' and other activities.

For more details about the reserve and the best times to visit according to tides, write to: RSPB East Anglia Regional Office, Stalham House, 65 Thorpe Road, Norwich, NR1 1UD. Or phone 0603 660066.

NICE WORK

●You may have read in May's *GUIDING* about Ranger Guider Mary Huggard, who was the first winner of a new award for older people involved in voluntary youth work. Now the search is on for this year's top older volunteer.

So if you know anyone whom you'd like to nominate, contact the Whitbread Nomination Action Awards, Free-post LOL 1936, Luton, Bedfordshire LU1 3YR for a form, or ring 0582 397759. All nominations must be in by September 23.

SAVE THE EARTH

◀Next year is European Nature Conservation Year — ENCY 95 for short — when people all over Europe will be working together to save or improve the environment.

Leaflets outlining ways you can get involved have been sent to all the Country/Regions HQs. Or write for details to: Rachel Lockwood, English Nature, Northminster House, Peterborough PE1 1UA. Tel: 0733 318351.

Some of the UK's leading young poets at the launch of the New Generation Poets campaign



Notices

THE ASSOCIATION'S AWARDS

MERITORIOUS CONDUCT STAR OF MERIT

Denise Olley — Guide, 5th Kentish Town Company, London North West.

STEPPING OUT

Put your Best Foot Forward is a special weekend training in Advanced Walking Safely, which will be held at Glenbrook, Derbyshire's Activity Centre from November 18-

20. It has been designed to meet the needs of Guiders who wish to develop their skills and build up their confidence in leading groups in upland areas.

The subjects to be covered include:

- map and compass work
- navigation skills
- route planning
- safety factors
- party organisation and management.

Trainings will be adapted to meet individual needs and the weekend package costs £30.

Further details from your County Walking Safely Adviser, Outdoor Activities Adviser or contact: Guiding Activities, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

GOLD PROJECT

North West England Region is undertaking the organisation of the GOLD Czech Republic project, teaching English to Czech Guides, from 1995.

A selection weekend will

be held on December 2 to 4 at Guys Farm, Lancaster, for North West England members aged 16 to 30. Anyone wishing to take part should apply to: Mrs A White, Region Administrator, North West England Guide Association, 1 Ribblesdale Place, Preston PR1 2NA.

GOLD Co-ordinator, Liz Joy, hopes that this will be the first of many GOLD projects to be taken on by UK Countries and Regions.

Another initiative in the pipeline involves Wales. A group of members are to visit Estonia, and it is hoped that it will lead to Wales co-operating with the Estonian Guide Association in a development project. This project, too, is likely to involve teaching English.

GOLD organisers wish both North West and Wales success in their exciting ventures.

● If anyone is interested in their Country/Region becoming involved in development projects with overseas associations, please contact Liz Joy, GOLD Co-ordinator, through the Guiding Activities Section, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

GO CARROT CRAZY

A child goes blind every minute somewhere in the world according to Sight Savers, the UK's oldest charity dedicated to combating blindness in developing countries. Yet three quarters of the victims could be prevented from losing their sight, if they:

- ate a diet rich in vitamin A
- were immunised against measles
- received regular health and eye care.

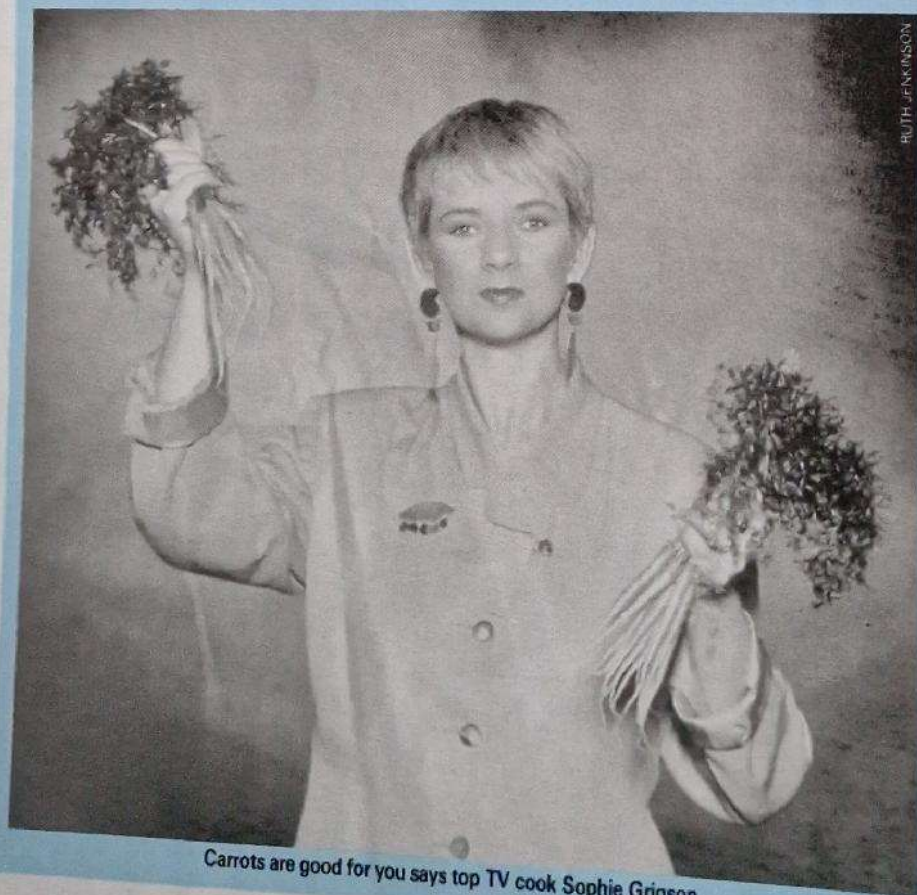
To stop such needless suffering, Sight Savers has launched a £1million Child Sight Appeal to fund new projects in Africa and Asia and expand existing health programmes.

And the charity is challenging Rainbows, Brownies, Guides and Rangers to go carrot crazy and raise cash for Child Sight.

You could bake a carrot cake to serve at a coffee morning, organise a carrot

party, or an evening of carrot events — carrot peeling contest, carrot and spoon race, a 400 metre relay using carrots as batons...

Popular TV cook Sophie Grigson has produced some special mouth-watering recipes using carrots, a rich source of vitamin A. To receive a copy of the recipes and find out about lots more fundraising ideas, contact Gill Mercer at Sight Savers on 0788-822 432.



Carrots are good for you says top TV cook Sophie Grigson

ALL THE FUN OF THE FAIR

There's an opportunity to take a 'trip' round the world without ever leaving London for anyone attending this year's Commonwealth Fair.

The event, organised by the Commonwealth Countries' League on November 12 in the Commonwealth Institute in Kensington High Street, will feature stalls from all 50 countries in the Commonwealth displayed on three floors.

There will be exotic food and drink, clothes, jewellery, handicrafts and much more to see and experience.

Dancers from India and the Pacific Islands will perform and there will be continuous background music featuring the sounds of many regions. The fair begins at 11am and ends at 5pm.



JANIE ECCLES

I think the AGM is my favourite of all the Guiding events in which Rosemary gets me involved. It started as an idea pinched from the Scouts, featuring the presentation of the annual report and accounts, but has developed into a full-blooded social occasion, which is looked forward to by parents and Guides alike.

One year, after hours of trying to work out the more scientific keys on my calculator and resorting to a few choice elements from my Anglo-Saxon phrase book, I had produced a set of balanced accounts from the hieroglyphics and runic symbols that pass for Rosemary and her Guider's expense claims. I was convinced that no one would actually read them until one enlightened parent pointed out that it was a bit suspicious that the figures at the bottom of each column on the balance sheet were the same.

For the first time, this year's AGM featured slides of the year's activities courtesy of my credit card. Rosemary having decided we couldn't live without a slide projector the very day after I announced I'd be getting a pay rise.

Disaster struck when one of the

Guides dropped the slide carousel before the proceedings started. Between us we got them all back in the right way up and the right way round — it never dawned on either of us, however, that they had been in a specific order.

It being Christmas, a number of parents had come straight from office parties and the mood was generally 'jolly'. One parent in particular, Charlotte's mother, appeared to be celebrating Christmas, New Year and at least three different birthdays all on the same evening.

The star turn was Dorothy, our much-loved District Commissioner. Instead of the usual 30-minute cure for insomnia, Dorothy delivered a warm and encouraging address and then presented a few badges, to the accompaniment of some over-enthusiastic clapping from Charlotte's mother at the back.

Then it was time for the slides. I decided to make myself scarce when the Patrol Leaders stood up with their carefully-prepared script.

First up came a photo of Danielle cooking, to a commentary which announced: 'Here's one of Anna go-karting.' Most of the parents looked bemused, except Charlotte's mother who giggled.

The show continued. 'In May we

A MAN'S EYE VIEW

went hiking across the South Downs,' intoned the narrator and up flashed a shot of the sponsored knit-in. A few sniggers and raucous screams were heard from the back of the hall.

Could it possibly get worse you may wonder. Oh, yes, it could! The innocent Patrol Leader continued: 'And here's something unpleasant that none of us likes to see at camp.'

At this point the audience ought to have seen a state-of-the-art photo of a gigantic pile of washing-up. What they got, however, were the familiar features of the District Commissioner.

Even now Rosemary still refuses to believe that I didn't slip that one in on purpose. Still, someone thought it was funny — Charlotte's mother rated it the highlight of the evening.

TRAVELLER'S TALES

If, by chance, you have ever encountered a party of schoolchildren abroad and witnessed mindless, unruly behaviour, you might well have wondered if the critics of these school 'journeys' have a valid point.



Jan (third from right) and friends at the Serendipity tenth anniversary party

The critics, of course, claim that such trips have little educational value and are largely a waste of money.

But Jan Jones, District Commissioner for Liskeard, Cornwall, maintains that when it comes to Guides, Rangers and Young Leaders, no Guider need have any reservations about the benefits of overseas travel.

Jan has been an Assistant Guider and a Ranger Guider in North Yorkshire North East as well as a Ranger Guider and County Young Leader Adviser in Sussex West.

Guides of all ages, she says, derive real and lasting benefit from travelling abroad. They stay with host families in Guiding, immerse themselves in the lifestyle and culture of the country and make deep, lasting friendships that extend and enrich the great world family of Guiding. Furthermore, they spread the message of Guiding.

Any doubts, Jan hopes, will be dispelled as she makes her case for more world roaming by citing her own experiences.

“In 1980 I hosted a New Zealand Guider, Raewyn Kinnis, from Timaru, South Island, after a joint Guide/Scout international jamboree at Ardingly, Sussex.

Raewyn and I enjoyed each other's company so much that she remained my guest for several more days before going home.

Three years later I went to Canada as
20 assistant leader of a group attending

an international invitation camp in British Columbia called Serendipity which, as you probably know, means *making happy and unexpected discoveries by accident*.

I met some splendid Canadian leaders, of course, but, in addition, a delightful Japanese leader and another New Zealand Guider, Lois Bishop, from Taranaki, North Island.

We all became good friends and, as with Raewyn, we have continued to correspond ever since.

On a subsequent trip to New Zealand I met up first with Raewyn and then Lois, staying with both of them.

When my elder daughter Susan — now a Guider in Hampshire North and the County's Assistant International Adviser — married, Raewyn came over with her father for the wedding.

And while I was still Young Leader Adviser, a party of Canadian Guides camped with us near Petworth.

All this came about as part of the “dividend” from Serendipity but there has been a lot more besides.

My co-leader of 11 years ago, Betty Millins, for example, has been to all four World Centres as a result of the friendships she made. And one of our Sussex Guides — now a Guider — made friends in Canada with a Swedish Girl Scout. They still keep in touch.

Both Susan and my other daughter Andrea, who is training to be a Guider, still correspond with friends they made as Guides at international events.

On a private visit to Canada last year my husband, Mike, and I were invited to stay with Doreen Bassette, who hosted me on Vancouver Island in 1983. Doreen's daughters, Julie and Cindy, have already visited us.

While Mike and I were staying with Doreen, we were thrilled to be special guests at a quickly-arranged Serendipity get-together to celebrate the tenth anniversary of that memorable camp.

It turned out to be another truly “serendipitous” occasion, with a wonderful meal in the Guides' provincial headquarters in Vancouver.

There was much swapping of stories and badges and the inevitable discussion about the changing face of Guiding.

In Guiding, of course, it can be a very small world. My niece, Helen, who has been Guiding and nursing in Vancouver, has become engaged to the son of my second Canadian homestay, Babette Brown.

The warmth, caring and love of Guiding friends — that special feeling of belonging to a family in which we feel cared for and comfortable — can be only fully realised by travelling and meeting Guides in other countries and experiencing their lifestyles and their problems.

So my message to all leaders is whenever a travel opportunity occurs take advantage of it and encourage your Guides to do the same.

JAN JONES

GUIDING'S *generous spirit*

Shirley Strong, Chairman of the Guide Friendship Fund, reflects on its 30 years of successfully helping others, as she launches the 1994 Christmas Appeal.

The Guide Friendship Fund has been presented with a very special award. It is the figure of a Girl Scout carrying a baby and holding a toddler's hand. The award was given by the Girl Scouts of the Philippines in recognition of the support the Fund has given them since the eruption of Mount Pinatubo destroyed a large area of the island, leaving many families homeless.

The Girl Scouts have worked hard to provide play schemes, food, shelter and support for the child victims of the disaster. They have now moved on to create skills training and employment opportunities for the older girls affected.

This is just one instance of the help that The Guide Association gives to Guiding around the world through the Friendship Fund. Over the last 30 years, members' generosity has enabled £250,000 to be spent supporting Guiding wherever a need arose.

It may have been to restore Guiding after a disaster, such as a hurricane, earthquake, or war; to finance a community project providing jobs, food or primary health care; or to relaunch Guiding after political change, as in Eastern Europe.

The Friendship Fund may channel the money through the WAGGGS Mutual Aid Scheme, or send it direct — as it did in the Philippines — but, either way, you can be sure that all contributions go to a specific cause related to Guiding.

From time to time, members ask about the difference between the GFF and the Thinking Day Fund, which is administered by WAGGGS. The GFF was created to enable UK Guides to support their sister Guides with specific projects. Meeting the cost of looking after the Fund, identifying and publicising projects and sending the money out are all part of the service CHQ provides for Guiding and are paid for from your census money.

WAGGGS, in its work of supporting



Guiding throughout the world, needs money for a variety of needs: training, in some cases by paying salaried trainers or assisting leaders to travel to trainings; and development, encouraging contact between Associations and assisting new Associations prepare for meetings and international events.

Of course, WAGGGS does not rely on Thinking Day contributions to pay for all its programme — most of the work is financed by the quota paid by all member Associations, including the UK. This is also covered by part of your census payment.

The Thinking Day Fund covers less than 20 per cent of WAGGGS' budget, though it is clear that UK Guides are outstandingly generous. We are responsible for the largest contribution to the Thinking Day Fund, giving over £50,000 in 1992 — which was more than a quarter of the total received.

It is certain the needs of and for Guiding will not decrease. For example, war-torn Rwanda had a thriving Guide Association, two years ago a group of their Rangers travelled to a camp in the UK. While Liberia, another country beset by civil war and massacres, was unable to continue with Guiding for some time.

Much work and money will be needed to restore normality to these

parts of Africa. Yet this is one of the areas where Guiding, with its emphasis on community development and health care, is so desperately needed. Eastern Europe, still struggling to come to terms with new regimes, is also in need of long-term support to enable Guiding to grow and develop.

Over the next few months, both WAGGGS and the GFF will be promoting projects connected with the refugee issue. It has been calculated that there are 11 million refugee children. Many of these have lost one parent, some have lost both.

If we accept that Guiding is about giving service, we must all work together to restore some hope to this generation of 'lost children'. WAGGGS, working with the United Nations High Commissioner for Refugees (UNHCR) is organising Peace Packs for refugee children which many of you will be making up in your Countries and Regions.

The GFF, through its Christmas Appeal, will be asking for donations for the refugee cause.

You may choose to support the GFF or the WAGGGS Thinking Day Fund or, perhaps, both — but you can be sure that somewhere in the world there will be a Guide or a Brownie who will be glad you reached out your hand in friendship.

Friendship counts: Shirley Strong shows off the Guide Friendship Fund's very special award

ELECTION RULES

1995 COUNTRY/REGION ELECTIONS FOR THE COUNCIL OF THE GUIDE ASSOCIATION

The Guide Association is governed by The Council. Here we answer some of the questions members have raised about The Council's role and the election procedure.

Why do I need to know about these elections?

It is the responsibility of all Guiders and Commissioners to ensure that The Council is fully representative of all parts of UK Guiding.

What is The Council?

The Council is the governing body of The Guide Association. The Association's affairs are managed and regulated by an Executive Committee.

Who are its members?

Council members are either ex-officio or elected. Of the 38 elected members, three are nominated and elected in each of the Countries and Regions of the United Kingdom, one by British Guides in Foreign Countries, and nine by The Council itself. There is also one member to represent the Branch Associations.

Each elected member serves for a three-year term of office, and there is, in most cases, the possibility of re-election for one further term.

Elections and retirements take place on a rotation system, so each Country/Region normally elects one person each year and The Council elects three. BGIFC conducts an election every three years.

What does The Council do?

The Council:

- appoints The Chief Commissioner of the Association, the Deputy Chief Commissioner(s) and the honorary treasurer
- elects a proportion of members of The Council in addition to those elected by the Countries and Regions
- elects some members of The Council to serve on the Executive Committee
- assesses reports made to it
- initiates discussion
- makes all its decisions in the light of what, in its judgement, is for the

greatest good for the Association as a whole.

When does it meet?

In accordance with the Bye-Laws, the Association is required to hold an Annual General Meeting each year. This meeting is in two parts on a weekday in late May or early June. The morning session takes place at CHQ and is for Council Members only. The afternoon session takes place at an outside, larger venue so that others, in addition to Council Members, may attend.

It is current practice for a second meeting of The Council to be held in the autumn, usually on a weekday in November.

What does a Council member do?

A Council member:

- attends meetings of The Council
- helps to govern the Association
- keeps herself informed about the Association
- familiarises herself with the structure of Guiding, and with the role and purpose of the various committees
- if invited to do so, sits on committees, ad hoc committees, working groups or takes on an Association appointment as appropriate and represents the Association on other bodies
- recognises her public relations role, both within the Association and outside it, in particular in seeking out potential Council members and encouraging them to stand for election
- speaks for herself as, once elected, she does not speak for or report back to, her Country/Region or BGIFC.

What sort of a person should she be?

She should be

- knowledgeable about and have experience of Guiding at all levels, or, if not a member of the Movement, in sympathy with its aims and ideas and

understand its working methods

- able to take an overall view of the Association and of its role within the youth service
- a person of wide interests and relevant experience outside Guiding
- interested in and concerned for young people
- optimistic, forward-looking and able to adapt
- able to listen, absorb and analyse
- articulate and not afraid to speak up or to make decisions.

Who pays the expenses of Council members?

The Association pays travelling and subsistence expenses on its agreed scale to members who attend Council meetings.

Is uniform worn?

Uniform is normally worn for the AGM but not for the autumn meeting.

When does the election process begin?

Nominations are now being sought in the Countries and Regions for the 1995 elections to The Council. As a Guider or Commissioner you have the right to nominate someone to stand in the elections.

A candidate put forward by a Country/Region is not subject to any geographical qualification and may be a woman or a man. Council members are elected for the individual contributions they can bring to the decisions made on behalf of the Association.

How are the elections managed?

The functions of The Council and the Executive Committee are controlled by the Royal Charter granted by King George V in 1922. In order to meet the changing needs of the Association, Supplemental Charters were granted by King George VI in 1949, and by Queen Elizabeth II in 1960 and 1981.

In addition to the Charter there are 25 Bye-Laws, which give the method of carrying out the provisions of the Charter.

All elections to The Council are, therefore, conducted in accordance with the Charter and Bye-Laws of the Association which govern the composition of The Council, and the term of office of each elected member.

A candidate for election to The Council must, at the time of election, be over 18 and must not have reached her 60th birthday, unless she is standing for re-election immediately after the expiry of her first term [Bye-Law 6.1].

If you would find it helpful to have a copy of *The Guide Association: Charter and Bye-Laws* please apply to the Committees Executive at CHQ.

What is the election procedure?

The election procedure is as follows:

1 Any Guider or Commissioner may obtain an official nomination form from her Commissioner who, in turn,

can obtain one from the County Secretary

2 The nomination must be made on this official *Nomination for Election to The Council* form by two Guiders or Commissioners holding a warrant or an appointment in the Country/Region concerned, the permission of the nominee having first been obtained.

3 The completed form is then sent to the County Secretary, via the appropriate Commissioner, by a date decided by the County concerned.

4 County Commissioners must arrange, if necessary, for a secret ballot at a meeting of the County Executive Committee, to select one name from among those nominations received, for forwarding to Country/Region Headquarters by mid-December, or thereabouts, in each year. The actual date is set by the Country/Region Executive Committee.

5 The Country/Region Executive Committee then holds an election to select

one name from all the County nominations, for submission to the Association at least three months before the date of the Association's AGM.

6 The names of the successful Country/Region candidates are noted by The Council at its AGM, and they become members of The Council the next day.

Where can I get further information?

From your Commissioner, your Country/Region Headquarters or from the Committees Executive at CHQ, 17-19 Buckingham Palace Road, London SW1W 0PT.

How can I make a nomination?

If you know somebody who would be a suitable candidate for your Country/Region election please obtain a nomination form from your Commissioner and start the ball rolling.

The more nominations that are submitted, the healthier The Council elections will be.

HILARY WILLIAMS
Chief Executive

Thanks to the friendship that's grown between an Irish leader and an English County Commissioner, Guides from Tipperary and Cheshire have been exchanging visits for the past two years.

Links between the two counties began in 1992 at COSMIC, the County of Stockport's international camp at Tatton Park, Cheshire. It was here that Stockport County Commissioner Christine Harm met Irish Young Leader Adviser Sandra Stewart.

'With it being an international camp, we had Guides coming from lots of different countries and Sandra, the leader from Tipperary, stayed at my house,' Christine explained.

'When she went home, she invited us to send Guides over to Ireland. Because she's a leader over there and I was County Commissioner here, we were able to make it happen.'

So, during Easter week last year, a party of Stockport Guides visited Thurless in County Tipperary. 'Our Guides had a fantastic time in Ireland,' Christine recalled.

This year it was the Irish Guides' turn to travel to Stockport. They stayed with local families before moving on to the Abney Guide Centre in Cheadle.

During their week-long visit, the girls went ten pin bowling, canoed on the Macclesfield Canal and visited the

Granada Television Studios in Manchester. The Irish and English Guides are pictured taking part in a survival day where they had to find food and cook it over open fires.

'There were tears at the airport when everyone said goodbye,' Christine said. 'I certainly hope that our links will continue, but the ball is in their court now. It's up to them to invite us back!'

FRIENDSHIP LINKS



Living off the land — Irish and English Guides enjoying their survival day

music MAKERS



Making music together:
the talented members of
Tottington Rangers Unit, Bury

Any Guider would be pleased if a member of her unit was selected for the National Scout and Guide Symphony Orchestra — so Ranger Guider Louise Cope from Bury is justifiably proud that four of her Rangers were chosen!

Tottington Rangers Janet Atkin, Hannah Bailey, Maxine Flitcroft and Victoria Harper devote hours of their time to music practice, tuition and orchestra rehearsals — but still manage to study for GCSEs and attend Rangers.

They are the most reliable Rangers I have,' Mrs Cope said. 'Lancashire South East is proud to have four Rangers in the orchestra — but four from one Unit is really something.'

The orchestra sets a high standard.

Before being eligible for selection, musicians must provide references and state the grade they've reached on their chosen instrument. As members of the orchestra, the Rangers undertook a demanding schedule of training, rehearsals and performances.

In April the orchestra was touring in Greece and gave two concerts after a week's training course in Sussex.

Hannah and Maxine play the oboe, Janet favours the violin, while Victoria is a bassoonist. Victoria also plays piano and saxophone, and performs with other bands and orchestras. She's a Rainbow Young Leader, attends Rangers every week — and still finds time to study for ten GCSEs.

However, music is strictly a hobby for Victoria. 'I don't want a career in music,' she said. 'I want to study law or do something with languages.'

youth for UNDERSTANDING UK

If you have ever considered the possibility of spending a year as a student in another European country, or even Japan or the USA, we have details of just the opportunity you've been seeking.

Youth For Understanding (YFU) was founded in 1951 in Michigan, USA, by Doctor Rachel Andresen, and spread to the UK in 1982 as a non-profit making educational charity. In 1988 a national office was established in Glasgow.

The organisation's aim is to expose teenagers to the everyday life and culture of another country and, in doing so, form lasting relationships between peoples.

Youth For Understanding is a non-profit-making, non-religious, non-political exchange organisation. It is funded by the fees paid by parents and by scholarship money. Each year around 8,000 students worldwide take part in

YFU exchange schemes.

In 1995/96, YFU UK will send up to 42 students to Europe and 25 to America, from August to June, as exchange students. Four students will also go to Japan for five months. These exchange students, aged between 16 and 18, will stay with host families and attend local high schools in their host countries.

The programme fee for Europe will be £2,750, for America £3,750 and, for the five-month programme to Japan, £3,500. This covers all travel to and from the host family, orientation programmes, support, counselling and administration, as well as development costs to enable YFU to reach out to young people from disadvantaged areas.

At the same time, YFU UK will host a total of 42 year students from Europe, Japan and America. In addition, the UK will host American semester students from August to January and 25 young Americans on the six-week summer

programme.

YFU requires host families to provide a bed, food and a caring home. The organisation provides orientation programmes and 24-hour support to students and families. (There is no remuneration paid to hosting families.)

YFU UK is delighted to offer opportunities for up to six students, who are Association members, to be considered for the 1995/96 programmes. If you are between 16 and 18 and would like an application form, contact Miss Muriel Dunn, International Secretary, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT, enclosing an A4 envelope (with a 53p stamp attached).

If you would like to learn more about the opportunities for hosting in the UK, contact one of the following: Scotland: YFU Office, 041-556 1116; Wales: Jean Reader, 0222 596 742; Northern England: Trees Fewster, 0274 873 485; Southern England: Philip Watkins, 071-630 5750.



ANTHEA WHITWORTH

My Girl's A GUIDE

A new term means new opportunities — 70 new opportunities for Emma to be late for school, to be precise.

Take last week for instance. She got up late and wanted to skip breakfast. She was uptight, but then so was I, and I told her she wasn't leaving until she'd eaten something.

'How can you be so cruel?' she demanded.

'Sometimes you have to be cruel to be kind,' I retorted.

Then came the tears, followed by: 'Now you've made me miss the bus.'

I got the car out while she ate a sandwich.

At the main road the stream of traffic was constant and I had to wait for someone to let me turn into it. Finally, a kind lady did. However, just then my car stalled and was slow to restart. So, smiling sweetly, the kind lady went on her way and I went on waiting.

Then the one-way system confused me and I made a wrong turn for the school. 'I'm sorry,' I groaned.

'Why?' Emma enquired.

'Because I've made you later than if you'd just caught the next bus.'

She came to my rescue: 'If I hadn't got up late, it wouldn't have happened in the first place.'

I kissed her goodbye, adding: 'I still think you need breakfast.'

It's now Saturday morning, the day of St Oswald's Guides' autumn ramble. They're due to meet Mrs Forbes at the station in five minutes and Emma has had no breakfast, is only half-dressed and has not yet unearthed her boots and waterproofs.

'All this last-minute rushing!' I moan as I hurl bread, cheese and an apple into Emma's lunch-box.

She glowers at me. 'I wish you'd let me do it *myself*,' she mutters. There's plenty of time.'

Her displeasure increases: 'And I

shan't eat all *that*!' she insists, as though four sandwiches and an apple would have given the whole unit chronic indigestion.

She's enough to try the patience of a saint, never mind someone who's already feeling irritable.

My husband intervenes: 'You'll accept your mother's help and be ready in two minutes, otherwise I'll drive down to the station and tell them to leave without you.'

Emma subsides, crams the lunch-box into her daysac and a slice of toast and marmalade into her mouth. She blows me a sticky kiss and departs.

Ten minutes later my husband returns.

'Was she late? Was Mrs Forbes cross?' I ask anxiously.

He shrugs. 'Mrs Forbes was still there. I didn't ask how she was feeling.'

He has the self-satisfied air of a weekend parent who has quelled an uprising single-handed. It's a pity he can't take on the hassle of Monday to Friday too.

The thing is, Emma and I are both bad timekeepers. So why then does *her* unpunctuality rattle me so much?

Well, perhaps it's because when I roll up late, I am mortified, whereas Emma remains unruffled.

Will she ever improve? Come to that, will I?

IN MEMORY OF ABBY

*An Essex Brownie Pack
has raised more than
£1,000 to buy some
special medical
equipment in memory
of a friend who was
killed in a road accident.*

It was the death of Abby Hicks — sister of Sarah Hicks, a member of the unit — which spurred the Brownies of 5th Brightlingsea Pack into action.

Abby, who was involved in a car crash, died from head injuries in Colchester District General Hospital only minutes before the arrival of a special piece of medical equipment that could have saved her life.

The equipment in question was a pair of military anti-shock trousers (MAST), which are used to treat patients who have lost lots of blood. The plastic trousers are inflated to keep the lower part of the body under pressure and this helps maintain the supply of blood to the vital organs.

As Colchester Hospital didn't possess a pair of the life-saving trousers, some had to be sent for from a hospital in the next county, Cambridgeshire. They were flown to Colchester immediately, but Abby died 11 minutes before they reached the hospital.

Brown Owl Yvonne Pye and Tawny Owl Sheena Parks decided the Pack should try to help when the hospital's emergency ward consultant, Nigel Brayley, told them that the special trousers might have saved Abby had they been available straight away.

The Brownies set to work fundraising and, five months later, they had raised enough to buy two pairs of MAST trousers and contribute £150 toward the cost of other emergency equipment for the hospital.

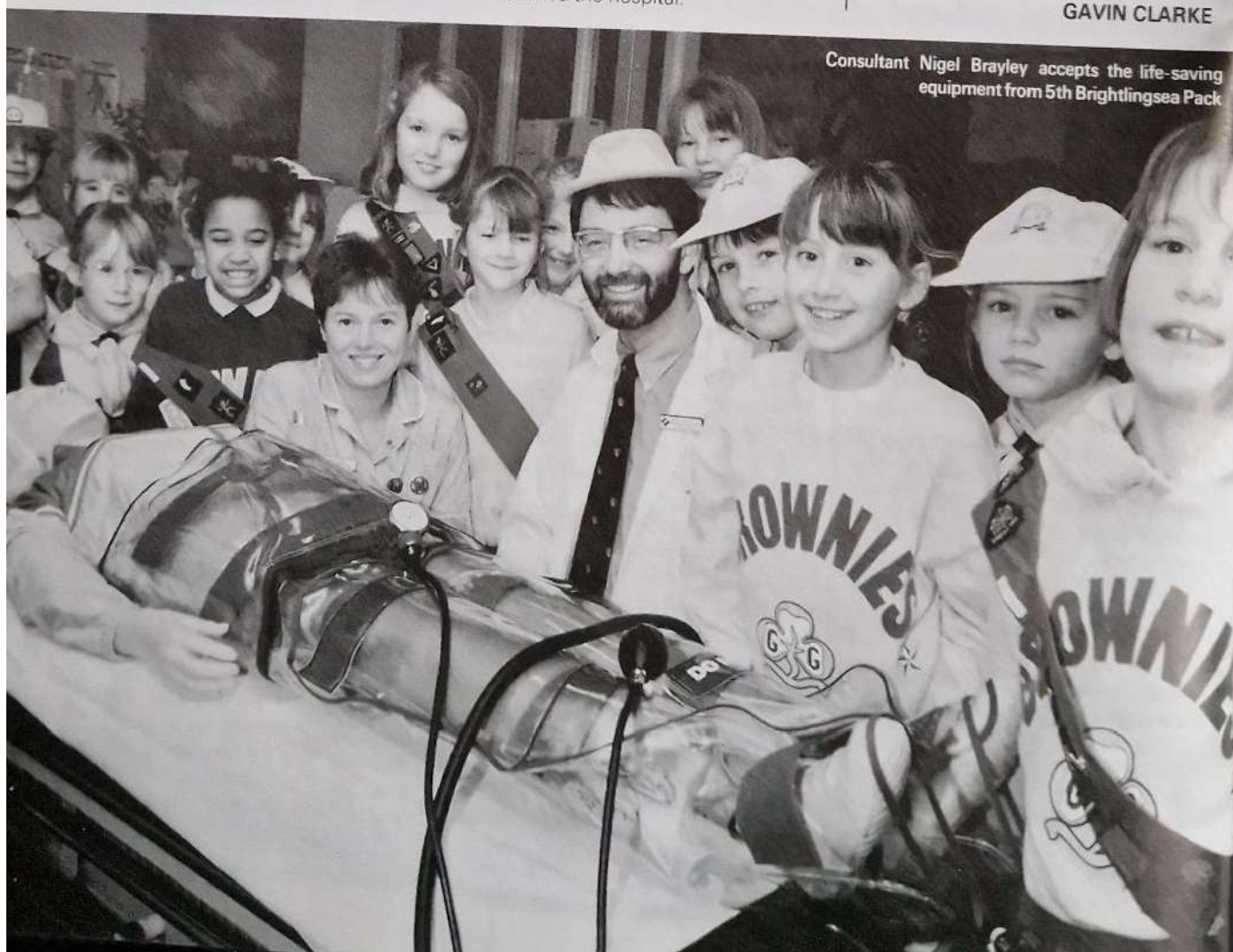
'We raised the cash through our Christmas catalogue sales and at our annual concert,' Sheena explained.

One pair of trousers was presented to Colchester District General Hospital and the other went to the North East Essex Doctors Emergency Service. The carrying case of the Colchester trousers was engraved with an inscription in memory of Abby.

Sheena told *GUIDING*: 'Abby's family have been involved in Guiding in the area for a long time. Her sister Laura was a Brownie in my unit and Sarah still is a Brownie. Her parents buy things from our fundraising catalogue and her grandmother, Peggy Hicks, has been involved in the Movement all her life.'

GAVIN CLARKE

Consultant Nigel Brayley accepts the life-saving equipment from 5th Brightlingsea Pack



a personal VIEW

Some of us remember the book called *Tomorrow's Guide*, written a quarter of a century ago, when we *slightly* changed the words of our Promise and Laws. We are now thinking again about tomorrow's Guides, and making sure that our Movement is still ahead of them and leading them the right way.

We have adjusted the uniform, the Programme, the name, the logo, the badges, the Promise, and we have been enlightened and encouraged by the excellent articles in *GUIDING* and speeches by The Chief Commissioner, Jane Garside, and others.

Now it's time to have a closer look at our *Laws* and make sure that the words really do mean what we want them to mean, and that the *girls* understand what they mean.

The Review Group was set up to collate all our views, and they have wisely distributed their proposals through our normal channels, to get the opinions of the widest possible variety of specially-targeted groups of people in every part of our Countries and Regions.

The Group has also said: 'We shall welcome comments from anyone who wishes to make a response'. So, if you are burning to do so, now is your chance.

There is still time for you to send your comments if you wish. Send them to your own Commissioner, to be forwarded to your Country/Region Chief Commissioner. She is one of your representatives on the national Council of The Guide Association — each Country/Region also has elected representatives, of course — and will be attending The Council's meeting in the autumn, at which the Review Group's proposals — and anybody else's suggestions — will be thoroughly discussed before any decisions are

taken about any possible changes to our Laws.

Before I sent in my comments, I did a bit of research. I found that, although the intention of our present Laws is as firm as ever, some of the wording really does seem old-fashioned. Some words now seem to have a completely different meaning altogether, and are now no longer entirely relevant to *Tomorrow's Girl*. For example, many years ago we changed 'A Guide is thrifty' because that word was translated as 'stingy and mean', instead of economical and not wasteful. Now the word 'obedient' is considered to mean 'subservient, cringing, passive', instead of amenable to those in authority.

So let's look back and recapture the *original intentions* behind these familiar Guide Laws that we all try to keep today.

1 In his book *Girl Guiding*, Baden-Powell wrote an extra little description of each of the Laws, explaining to a child at that time exactly what sort of a person she must try to be and how she was expected to behave. His explanations included:

- When a Guide says 'it is so' everybody would know that it is true; if she is trusted to perform a certain job, she is bound to do it to the best of her ability, however difficult it may be.
- Besides being loyal to her country, she is expected to stick up for her friends and fellow workers, if she hears other people speaking ill of them.
- If she is perplexed about what to do, she should do what is best for other people.
- She should give in to the wishes of her parents, Patrol Leader...
- She should make the most of her possessions and not waste anything; she should save as much of her money as possible so that she would not be a burden to others, and could help other people in need.
- She must become strong enough in her mind to avoid listening to or taking part in anything ugly or unclean.

Baden-Powell wrote these Laws in simple direct words that are clear enough and short enough for children to learn by heart and, with the further explanations, to understand. Yet they are also profound enough for many adults to have been upheld by them through unbelievable hardships.

So give a thought to these *original intentions*, and I suggest that you also:

2 Read the *Guide Handbook* 1992, for the relevant sections where it says 'most rules are lists of things starting "do not..." but, as you see, all these Laws are about DOING'.

3 Read *Trefoil Round The World*, which tells us the Laws of all the countries belonging to the World Association of Girl Guides and Girl Scouts (WAGGGS). You will be reminded that many countries, especially our former Branch Associations, have adopted our present Promise and Laws almost unchanged.

I believe that they still look to Britain for leadership, and will be under considerable pressure to follow our example in the changes we finally decide to make, and we must keep this in mind when we make them.

The last time my father revised the Guide Laws in 1938, he hardly changed them at all. He was an innovator, and he gave us these Laws, not 'carved in stone' as hard and fast rules, but as a 'guide' to guide us through our whole lives.

As an innovator, if he were here today, he would certainly look at them again and consider what changes were needed. And he would have the wisdom to know that 'if it is not necessary to change, it is necessary not to change'.

Our language is so rich, there are many different words that we *could* use, so let us think carefully if there is any better way that we could describe the sort of person we would all like to be — and that we would like everyone else to be!

BETTY CLAY

A REAL *star*



Victoria slices the cake baked by fellow Guides after receiving the Star of Merit

A cake baked by fellow Guides was the centre-piece of a ceremony when Victoria Jones was awarded the Star of Merit for her brave struggle against cancer.

Her Guider Sara Rogers, of the 7th Sevenoaks Guide Company, Kent West, explained that Victoria had shown the true spirit of Guiding during her illness. 'Victoria kept going and kept smiling. She suffered a lot and her strength of character when she was in hospital was a tribute to the Movement.'

Victoria, 12, was diagnosed as having bone cancer after breaking her right leg when she collapsed while practising with her school orchestra in March 1993. The cancer had so weakened her thigh bone that it simply snapped.

Surgeons replaced her hip, knee

and thigh bones with metal and she underwent exhausting chemotherapy treatment. However, the disease had spread to her lungs and the treatment led to her lungs collapsing.

They were reflatd with equipment that was only removed from her chest when the chemotherapy was over.

While Victoria was being treated in a West London hospital, the unit sent tape recordings of their meetings to keep her up to date. A photograph of the unit stood by her bed and a huge Trefoil hung above.

Her favourite Guiding gifts were a teddy bear, called Charley, dressed in a special Guide uniform and a special Guide cap with her name on, which was embroidered by Sara. Victoria wore it all the time in hospital.

Although Victoria has more operations ahead, she remains an active member of the unit.

Her mother, a school nurse, said all the girls deserved a special mention for giving Victoria hope. 'She got so much support from the Guides and that is what helped her. There was such a sense of sisterhood that it was truly wonderful,' Mrs Jones added.

GAVIN GLARKE

A QUESTION OF *faith*

A Question of Faith is a chance for you to explore questions of faith with members of the Guide and Scout Associations aged between 16 and 25. Members of other youth groups are also being invited. The Guide Association is offering an opportunity to experience working with people of many different faiths, or those with no faith or who are searching for a faith.

The event is to be held in the centre of the Lake District at Charlotte Mason College in Ambleside. Formally a teacher training college, it is now part of Lancaster University and has excellent facilities for the sort of conference being planned. A Question of Faith is being held from August 24 to 28 next year, so there will be more time than at a 'normal' weekend to.

- get to know the participants
- explore the area
- experience different kinds of worship and ways of working
- delve deeper into questions of faith

A Question of Faith is open to anyone interested, who is aged between 16 and 25. There is to be no selection, so places will be offered on a first-come, first-served basis. Only 50 places will be available to The Guide Association — plus 50 to the Scout Association and 50 to other youth groups — so book now to avoid disappointment.

The cost per participant is expected to be £140, but applicants will be advised of ways to apply for grants towards their travel expenses.

The planning team is also looking for a number of facilitators — members who are prepared to lead groups throughout the conference. Facilitators will be expected to attend a weekend before the event to prepare for the role.

If you are interested in becoming a facilitator, please contact Linda Crichton at The Guide Association or Ann Whiteford at the Scout Association, as soon as possible.

The topics to be explored will include Faith and the Promise; Faith Causing Conflict; Faith and Action; Finding Faith; Meeting Different Faiths, and Exploring Faith.

As the planning team are all members of The Guide or Scout Associations, there is no specific bias towards one particular faith or denomination. The essence of the conference is to be exploration and questing.

The Lake District is a lovely area to explore and Ambleside, at the end of Lake Windermere, is at its heart. Charlotte Mason College has excellent facilities and is looking forward to welcoming you. Write to Linda Crichton at The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT for booking details.

faith COUNTS

The Brownie and Guide handbooks stress the centrality of God in the Promise emphasising a very personal faith. *The Guide Handbook* says that one way of fulfilling your Promise might be, 'to help others understand your faith so that they are not wary of you'. Perhaps the following descriptions will go some way to helping Guiders to be less wary, too. They reflect my personal understanding.

Buddhism began in India in the 6th Century BC. The founder, an Indian Hindu prince, Siddhartha Gautama, rejected riches for his 'middle way'. He believed that by developing a calmness of mind through meditation he was able to see the truth within himself, through which he attained 'enlightenment' and became a Buddha, meaning 'Enlightened One'. (Buddha is not a god.)

The Buddhist law of karma states that action in the present life will determine your future reincarnation. The Five Precepts are guides towards this state, emphasising regard for all life. Since meditation is so important in the Buddhist faith, most believers meditate every day, and time should be allowed for it if a girl is away on holiday or camp.

Christianity began in what is now Israel, approximately 2000 years ago and has been adopted by many millions throughout the world.

Christians believe Jesus of Nazareth to be God's Son sent to save the world. They also believe he was crucified, rose from the dead three days later and finally ascended to heaven.

Guides who are Christians should be encouraged in daily prayer and bible study, as well as having the opportunity to take a full part in Sunday worship.

Hinduism is the oldest living faith in the world, its origins being traced back over 4000 years and has slowly developed over time. It is a way of life, which does not insist on religious conformity but on a spiritual and ethical outlook on life — hence there are many sects, each with its own beliefs and rituals.

There are reputed to be approximately 330 million forms of god to suit different stages of spiritual growth and knowledge. The most important are Brahma, the creator; Vishnu, the preserver; and Shiva, the destroyer. But all are only different sides of the one entity — Brahman, the eternal spirit.

Prayer times are at sunrise and sunset and Hindu Guides often like to pray alone, which should be catered for when away from home. However, at other times, they will not usually object to taking part in prayers with other faiths, as all paths to God are considered valuable.

Islam was founded by Muhammed, an Arab, born around 570AD and held to be the last prophet. The revelations he wrote make up the Qur'an, which is highly revered and teaches great respect for women.

Muslim Guides need to pray five times a day alone or with others of their faith. But they are also able to join in prayers about God providing there is no mention of the Christian Trinity.

Judaism is the religion of the Jewish people who believe in one universal God, creator of the universe. It is a disciplined life, following precepts set out in the Torah.

The Torah is the Law as revealed by God. It is essential to the Jewish faith explaining how God works in creation and history, how they should live in relationship with God and how they should behave to those around them. Regular and frequent prayer is essential to Jewish life, though set times are not imposed upon women and they can pray when it is convenient.

Jewish Guides may worship with those of other faiths, providing there are no references to a non-Jewish concept of God and that the act of worship takes place in a non-consecrated place.

Sikhs, meaning 'someone who learns', believe in one God who is everywhere and that He is worshipped by all the main faiths of the world.

Sikhism was founded by Guru Nanak who was born into a Hindu family in 1469 in the Punjab. Nanak's dream was to have men and women living in peace and tolerance. The philosophy was built upon by nine succeeding Gurus over a period of 200 years. Then the 10th Guru, Gobind Singh, announced that there would be no more Gurus after him with the Sikh Holy book becoming the only way to God.

In 1699 Guru Gobind Singh decreed that all members of the Khalsa (Sikh Brotherhood) should have a new surname 'Singh', meaning lion for the men and 'Kaur' meaning princess for the women. Members should wear the Five Ks, five items beginning with the letter K.

Sikh Guides will usually join in with inclusive worship.

Which type of unit you belong to, whether sponsored or open, Guiders need to be aware of the customs and traditions of the religion of each girl, in order to help her to grow in her own particular faith.

Further information can be gained from the following sources:

Guiding for Everyone (pages 28-40).

Festivals and Celebrations, detailing religious and cultural activities for units.

The Guiding Manual, (26.25).

The Shap Working Party on World Religions in Education of 23 Kensington Square, London W8 5HN produces an excellent calendar of religious festivals.

VICKI GIBLIN

North West Region Representative
Association Junior Council

Open Door

ALWAYS THERE

September, I was on a walking tour in the Cévennes, Southern France. It should have been warm and sunny. It wasn't. So far, the weather had been wet and chill, with all the guidebook's 'spectacular views' lost in low cloud.

On Monday our route took us over Mont Lozère, around 1600m. The weather, initially dull and damp, soon deteriorated and, within a couple of hours, we were battling against lashing rain, a ferocious force-10 gale and swirling mist.

We were nearing the final

up-and-over stage when the track, an old drove road, seemed to peter out. In minimal visibility we searched around but failed to locate its continuation or any alternative path. Cold and dispirited, we eventually conceded defeat and decided to head back to our starting point.

Almost immediately we saw — on the slope above us — a dark, upright shape looming out of the mist. Behind it, in the murky distance, there was another and, still further away — discernible only as a denser darkness — yet another.

They were *pierres plantées*,

great granite stones erected as markers alongside the old drove road. For centuries these silent stones had guided shepherds and travellers over the ridge and now it was our turn to follow them to the shelter of the valley beyond.

As one by one they emerged eerily from the mist we were relieved, encouraged... and very thankful they were there.

God, too, is there.

In his book *Markings*, former UN General Secretary Dag Hammarskjöld wrote: 'On the bookshelf of life, God is a useful work of

reference, always at hand but seldom consulted'.

Even if we are too proud or stubborn to consult as often as we need to — if at all, being aware the God 'on the bookshelf' is at least a beginning.

But if, in life's dark moments, we do have the faith to turn Godwards, to look through the mists of loneliness, grief, despair, pain, loss, illness... we will perceive that God is there, as enduringly and reassuringly as the *pierres plantées* on Mont Lozère.

CD

News Focus

GUILD MEMBERS HONOURED

Five members of the Trefoil Guild were among the 68 women who received the 1994 Royal Maundy money at Truro Cathedral. They were Cornwall Trefoil Guild members Nina Bunney, Doreen Burt, Grace Hocking, Betty Martin and County Vice-President, Florence Christie.

The Queen presents the Royal Maundy money each Easter. During Elizabeth II's reign the service has been held in cathedrals throughout Britain.

Traditionally, the number of people picked to receive Maundy money depends on the age of the monarch. So this year, because the Queen is 68, 68 men and 68



The Queen distributes the Royal Maundy money at Truro Cathedral

women were presented with Maundy purses.

The Maundy ceremony is believed to date back to

1210 and was started during the reign of King John. Today each recipient, nominated for his or her service

to others, receives two purses, one red and one white.

The white purse contains the Maundy coins. These are silver coins adding up to the sovereign's age. The red purse contains £5 50. This includes £3 for clothing, £1.50 for provisions and £1 for the 'redemption of the royal gown'. And this year a special 50p was also included, minted to mark the anniversary of D-Day.

Those receiving the purses were each allowed to take one companion along to the service. Pictured after receiving the Maundy purses from the Queen, is Doreen Burt. Standing behind her is her companion, Cornwall's County Commissioner, Angela Thomas.

WESTERN MORNING NEWS

Coming Next

IN OCTOBER'S GUIDING

Look Wider's Here!

Launch of the new Senior Section programme
Guiding's Soap Stars
Meet the Brownies in the Ariel advert
Live Issues
Looks at ME
It's Panto Time!

A show for your Guides to perform
Food for Hikes
Our verdict on dried ready-made meals

Numbers Up

This year's census figures

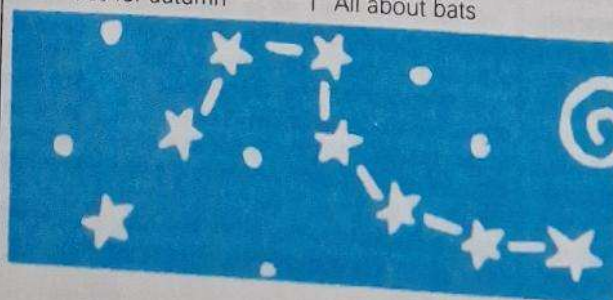
IN SEPTEMBER'S BROWNIE

Seasonal Fun

Activities for autumn

Classic Fiction

An extract from Tom's *Midnight Garden*
It's Black and White
Making silhouettes
Creatures of the Night
All about bats



Signalling Success

Using the Morse code

AND IN RAINBOW GUIDE EXTRA

Rainbow Rabbit's in the Garden

Help her count the creatures hiding there

The Sky at Night

Constellations to spot

Shadow Show

Creating shadow puppets

Heavenly Biscuits

Bake some shortbread stars

Guiding's

UPLIFTING INFLUENCE

Without the efforts of all the dedicated Guiders and their helpers throughout the country, the lives of many thousands of girls would be much poorer the President, Princess Margaret, said at the Association's 71st Annual General Meeting.



The President, Princess Margaret addresses the AGM

BILL JOHNSTON PHOTOGRAPHY

She urged members to keep up their energy and enthusiasm for the Guiding year ahead 'whatever it may bring'.

Guiding, the President said, should not only be judged by obvious success stories. It also touched the lives of countless other girls, sometimes only briefly, but often influencing them far more than they realised at the time.

'Any Guider of a long standing,' she added, 'will have had the experience of meeting one of her own Guides many years later. Often this will be the difficult girl who seemed at the time to be getting the least out of Guiding and who may have left early, without appearing to have achieved anything much.'

'In hearing her talk the picture is very different, and it is reassuring that the Guide has noticed it is often the day that everything went wrong which is most fondly remembered and may have taught her the most useful lessons', she pointed out.

Earlier, Princess Margaret welcomed members to the first AGM as The Guide Association. This, she explained, was the result of the long anticipated changes to the Royal Charter and Bye-Laws that have taken place.

It was, she said, a great pleasure to

see present at The Law Society in London's Chancery Lane, people from key aspects of the life of the Association: its officers and Advisers; Commissioners and Guiders from the UK, British Guides in Foreign Countries and the UK Branch Associations.

The introduction of the Association's new Promise Badge and logo at the beginning of the year caused some excitement, and were almost universally liked and well received.

'Stocks of the new badges were exhausted within days and I am wearing my new badge, which shares the design of all the sections but it is the only one in this colour,' she explained.

Princess Margaret referred to the Guiding occasions she had enjoyed attending during the year. 'In particular I was delighted to open the Commonwealth Chief Commissioners' Conference in Wales. The Chief Commissioner from Namibia, the most recent member of the Commonwealth, was there for

the first time, so I was pleased to welcome her.

'I also had a lovely day at Cleveland County's international camp, which was going with a swing. Later I dropped in on the Morayshire Guiders' Annual General Meeting.'

The President recalled that 1993 was the Trefoil Guild's Golden Jubilee with the year-long celebrations culminating in a tea party at CHQ with Queen Elizabeth, the Queen Mother and the Guild's Patron as guest of honour.

Explaining that she presented brooches to all the Queen's Guides, Princess Margaret said: 'This year the 500th member came to receive her Award. I am most impressed by the quality of these young women, all setting out at the beginning of their adult lives, and I feel certain that there will be many more who wish to confront the challenge inherent in pursuing the Queen's Guide Award.'

AGM REPORT

LEADING THE WAY

Guiding is too important to be confined to our current membership. The Chief Commissioner, Jane Garside declared, but more leaders were needed in order to attract more young members.

Mrs Garside went on to outline the qualities needed to make good leaders. 'We need leaders who can stand the truth. We need leaders who can look to the future. We need leaders who are confident and optimistic enough to deal with a world of changing ideas and circumstances.'

Earlier she had announced that Look Wider — a programme for the Senior Section — was to be launched on October 21.



The Chief Commissioner, Jane Garside

'I firmly believe that this programme is something relevant, attractive, and worthwhile for girls and young women from 14-25 years,' Mrs Garside insisted.

'I am sure that Look Wider will meet the needs of such young women ... and will help them in their difficult transition to adulthood.'

Recalling the Market Research Survey carried out in 1988, The Chief Commissioner said it gave 'the clear message that girls left Guiding because they were bored and Guiders left because they felt inadequate and unable to combat the girls' boredom.

The introduction of a flexible upper age limit and Action Plus ... has meant that girls are staying longer in the Guide section,' she explained, adding, 'Guide section numbers have risen for the past two years. And, although numbers aren't everything, they are an indicator.'

Therefore it had been, she said, 'time to tackle the Senior Section and three working groups of young people were set up to produce a new programme for their own age group.' The programme was then piloted.

'One good thing to be said about the pilot scheme is that there has never been in Guiding such an extensive piece of field testing of a programme initiative, working largely with the

young people within the age-range,' she said. 'It offers a lively, broad-based programme for girls and young women who prefer a single-sex environment for their main leisure time activities, and its methods are firmly rooted in the Five Essentials.'

The Chief Commissioner began by thanking the President for the 'lively interest' she displayed in all the Association's activities, and for 'the enormous pleasure you give to our members, both the young and not so young, as you visit the various Guiding events around the UK'.

In welcoming the Chief Scout, Garth Morrison, who is a Vice-President of The Guide Association, The Chief Commissioner described co-operation between the two Associations as 'active and amicable'.

Mrs Garside said she was particularly pleased to welcome an ex-Brownie as guest speaker, Joanna Foster, a former Pixie from Ashford in Kent, had grown up to become UK Chair of the United Nations International Year of the Family, Mrs Garside explained.

Such a special year had a particular significance for the Association, providing opportunities to involve families in local Guiding activities and to include Family Life Education in unit programmes. The need for Family Life Education has never been greater and as Guiding continues to extend its role within a changing society, it *must* respond to contemporary issues, which include family life,' she said.

'A family is a complicated thing, volatile, full of emotion and with great potential for love and support. No two families are alike or remain the same, and we cannot celebrate 'The Family' without first acknowledging the multitude of shapes and sizes it can be.'

As part of ongoing joint work with Save the Children — celebrating its 75th anniversary this year — the Association was holding a Family Week from October 15 to 21 and had produced a special pack *Family Get Together*.

The year under review had been 'a momentous year in the history of Guiding' she said. 'We had a new name, new Promise and new Promise Badge, the same for all members of the Movement, but with different colours for each section.'

Today all forward-thinking major organisations present themselves visually. Guiding has grown and developed, moving ahead into a world where image is the currency of communication. We all send faxes, talk on computer terminals, see instant relay satellite television and video telephones are now a reality.

Enjoying a chat:
1 to r, Marion
Livermore, County
Commissioner,
Essex North East;
Janis Collis, Division
Commissioner,
Braintree, Essex
North East; Sheena
Booth Association
Young Leader
Adviser; and Nicky
Parker, CID Adviser



'At CHQ for the first time we proudly fly our own flag complete with the new badge, and our new name is boldly displayed in elegant brass lettering on the front of the building.'

Throughout the UK, Countries/Regions, Counties, Divisions and Districts are using the new logo on all letterheads, newsletters and other communications, and the Association has a true corporate image of which we can be proud.'

Mrs Garside continued: 'The Promise Badge is both a symbol of continuity and a response to the need to adapt in changing times. It identifies the wearer as one of a group, but also as an individual who subscribes to the important human values encompassed in the Promise and the Law.'

Over 300,000 new Promise Badges had been bought by members in all sections in the first four months of the year.

At the 28th World Conference in Denmark, the Initiative for Peace was launched which had as its aim, she explained, 'to challenge us all as individuals and as an Association to make peace a reality, beginning with our own lives'. As part of this worldwide initiative, the World Association had joined forces with the office of the United Nations High Commission for Refugees (UNHCR), which is responsible for protecting and assisting refugees, Mrs Garside said.

'Over 20 million people in the world have no place to call home ... More than half the world's refugees are children who have never known anything but fear, pain and hunger. Over 8.5 million Girl Guides and Girl Scouts worldwide are working with the UNHCR to improve the lives of refugee children.'

'Our Association has been challenged to produce 170,000 Peace packs and our young members are already collecting items ... for this purpose. The Peace Initiative and the programme ideas it produces will be a focus for working with girls towards a better, more peaceful world,' she added.

The Adult Recruitment Campaign in 1991 had revealed that there were areas in the UK where Guiding was not or had never been accessible to girls

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FAMILY VALUES

Making this country more family-friendly is the task the UK Council for the United Nations International Year of The Family has set itself. Joanna Foster, who chairs the Council, explained it was determined to use the year to make 'a real difference to families in this country'.

The Council, she said, readily accepted that 'diversity is the reality for families in the UK today'. And council members felt strongly that the families themselves should have an opportunity to say what was important to them and how the year could make a difference to their lives.

She continued: 'We knew that the challenge in this country, as indeed in countries all over the world, is about how to help families, not just survive but thrive in a rapidly changing environment. How to help families to develop the skills to deal with the problems and develop good practical solutions ... to see that it is not all doom and gloom. To see that there is the strength, the innovation and the energy to move ahead, despite the current wringing of hands, and cries of "Oh it's all so bad!"'

The overall theme for the year is 'Family rights and responsibilities in a changing world', Ms Foster explained, and the motto is 'Helping to build the smallest democracy in society.' She added: 'Our aim in the UK is to see whether we can make this country more family-friendly.'

Families did not all follow the 'corn-flake packet' format: father, mother and two children, they came in all shapes and sizes, she insisted.

'It is not what we are, or who we are, it is what we do in relation to our other family members that is going to make for the positive, happy, well-supported and strong family unit.'

'We all share very strongly the same hopes and the same aspirations for our children. It is they who are going to inherit the world that we will be responsible for leaving them, and it is our values and our actions that are going to have such an immense effect on our children.'

'We know that we all share the same fears about getting old, about illness, about homelessness, about our inhumanity to each other, about violence, drugs and crime.'

'We see all too clearly around our own communities the real problems and miseries of unemployment, the lack of money, of resources and of hope. We all fear for our environment and we see around us the impact on families of inequality and discrimination,' Ms Foster said.

One of the reasons why the UK was

not friendly to families was that its attitudes, systems, cultures and work places had not adapted to match the hopes, aspirations and needs of the 1990s family, she claimed.

'Take the work place: we are still very much entrenched in the culture that men are the breadwinners and the women are the homemakers. Yet this is absolutely a disappearing reality.'

Although views varied on what families should and shouldn't do, Ms Foster said that whatever their sort and shape, families matter to everyone.

'Above all, I think we can say loudly and clearly that families matter a great deal and that their well-being is central, economically as well as socially, to the well-being of the country and to our communities,' she said.

In order to discover what family friendly meant throughout the country the Council had issued a family challenge, Ms Foster explained, which had been taken up by both urban and rural communities.

From its results an agenda for change would be drawn up and presented to politicians, employers, trade unions, education leaders and leaders of voluntary organisations.

The council had also produced its own main themes: families and work, families and resources and families and relationships, Ms Foster said.

'We see the gap widen between the



Guest speaker, Joanna Foster, the chairwoman of the UK Council for the United Nations International Year of the Family

families who have got advantages and resources and have got work, and those who have not and its big social impact,' she continued.

'We all know how very complicated relationships and communications are. We know how difficult it is just within our own family units, quite apart from units of extended families or in reconstructed families where relationships are so often very strained.'

'We know, too, that one of the big issues is about how we help our young people. What you are doing in your Association is absolutely key in terms of family life, and family education skills ... I feel very, very strongly that we should be doing the same with

and young women. It also emerged that 'the image of Guiding in the early years as a radical Movement and a force for social change had been replaced by the public perception of Guiding as rather goody-goody or, at best, merely an enjoyable hobby for young girls', Mrs Garside explained.

A strategy — Reach Out — had been developed to find the reasons why Guiding was not an option for girls in some areas by raising the profile of Guiding, attracting women into the Movement and increasing penetration into new areas.

Now the scheme has progressed so that by the end of 1994 it was expected that all nine Countries/Regions would have full-time paid Project Officers.

Mrs Garside said that the Association's Community Involvement and Development Group had suggested that the place of the volunteer within Guiding should be evaluated and a framework set out to make the volunteer's job as easy as possible. Members considered this essential if any further headway was to be made in recruiting and retaining leaders for the future.

The Guide Association needs to have an understanding of how many and what kinds of volunteers it will need to meet the objectives of the Vision Statement over the next five years,' the Chief Commissioner said.

Turning to the role of women in modern society, Mrs Garside pointed out that the responsibilities of men and women were converging.

In Guiding a girl 'sees women in positions of responsibility and is told to "Aim high and do your best for you can do and be anything you choose"'. Mrs Garside said.

That was the message the Association had been proclaiming for 84 years and it was even more essential now than in the early days of the Movement, Mrs Garside said. 'Girls need an organisation that will help them cope with, or resist, the problems and threats of the world today — an organisation for girls of every faith, race, culture, nationality or any other circumstance — that puts the needs of the girl first ... The Guide Association.'

AGM REPORT

young men as well, and helping them to acquire similar skills in relationships and a commitment to family life.

Ms Foster went on to say that education in parenting was emerging as another major theme. 'Wearing my other hat, as President of Relate, I see very clearly, as I have visited centres around the country, that it is the age group where parents still have the responsibility of young children and a busy life into which they are also trying to sandwich their care for elderly parents, who experience some of the greatest strains as parents, and that, with the demographic change, these strains are going to become even greater.'

Rather than condemning parents they needed to be supported and bolstered, she said.

Already the Council had produced a 35-point employment agenda that stressed the way to gain access to women's brain power and creative energy was by accepting and accommodating their family responsibilities.

Ms Foster invited members of the Movement to let her organisation know what they would be doing to celebrate the International Year of the Family, and what they felt should be on the agenda for families in the future.

Women's role was, she added, absolutely crucial in preserving family strength. 'Women contribute in such a strong way to the solutions about how we are to manage the world ahead. I think, and I come back to this word diversity, that the more diverse our ideas are, the more likely they are to have created solutions to the very difficult problems.'

Anyone who wants further information should contact the United Nations International Year of The Family, UK Office, Yalding House, 152 Great Portland Street, London W1N 6AJ.

GUIDE EFFECTIVE

The structure within Commonwealth Headquarters, the Association's London administrative base, must be Guide-effective in both the service provided and the costs incurred, Mr Edward Holding, the Honorary Treasurer, said.

A year of 'enormous activity' for the Movement had also been marked by a number of administrative changes at CHQ designed to deal effectively with increases in membership.

Mr Holding explained these included the realisation of the potential of the new computer system and the reorganisation of the former Communications Division into Publishing Services. This acknowledged the existence in CHQ of a publishing house producing resources for the Movement. Public relations would, in future, be dealt with as a separate activity.

The Treasurer announced that Pat Ledwith, Director of Guiding Activities, was leaving the Association and wished her success in her new appointment.

He went on to look at other ways in which money raised by UK members is spent. 'Significant amounts go towards promoting and supporting Guiding in other countries. An area of great personal interest to me is what WAGGGS Europe is doing in Central and Eastern Europe. When you look at the problems that these countries face in changing from dictatorship to democracy, they are immense.'

The great risk is that the brave new world will not in fact be achieved. Poverty is grinding and, as usual, it is the poor people who have to make the sacrifices to put an end to inflation. In the Ukraine, at present, it is running at approximately 30 per cent a month, he said.

'As a result, money is virtually meaningless — some people are paid in saucers which they can sell in the market, some people are paid in vodka. Sometimes they sell it, sometimes they don't.'

Mr Holding went on to say that the key to the future success of such countries lay with the young. The young people, the new generation, are



The Honorary Treasurer, Edward Holding

not tainted by the old order and they are the ones who have the will to win.

The role of Guiding and Scouting cannot be underestimated. As Jenny Haslet said in an excellent article which was reproduced recently in *GUIDING* — 'Guiding is to take part in the shaping of our future. Let us take, for example, education and training of girls and young women. Guiding has a wealth of experience and skills in this area and we should be seen by Governments as consultative partners in this field. The Governments will not come looking for us. We have to put ourselves forward as the experts, which of course we are!'

'I am sure you will agree that the financial resources we give to other countries massively less fortunate than ours, is, to say the least, Guide-effective,' he added.

The Association is in a strong position, Mr Holding revealed, and can look forward to carrying through all its enterprises. However, the Executive Committee had made the difficult decision to increase the subscription for 1995 by 15p to £4. He explained that the increase was necessary to ensure that we sustain what we do without breaking into our savings which we shall need for future capital projects and, possibly — but I sincerely hope not — a rainy day.

He ended by thanking Bridget Towne, the former Chairman of the Finance Committee. 'The energy and devotion she has shown for many years is another example of what a Guide can achieve. We all owe her a great debt,' he said.

ELECTIONS TO THE COUNCIL

COUNTRY/REGION ELECTIONS

The following members were elected (or re-elected) to serve from May 26, 1994 until the day of the 1997 AGM.

Mrs Myra Bell (re-elected) Anglia; Mrs Carol Hardy, London and South East; Mrs Gillian Laughlin, Midlands; Miss Phyllis Thompson (re-elected) North East; Mrs Sandra Hinchcliffe,

North West; Mrs Mary Patterson, Scotland; Mrs Jill Kendall (re-elected) South West; Mrs Maude Wernock, Ulster; Mrs Margaret Lewis, Wales; Mrs Sally Forwood, British Guides in Foreign Countries.

Mrs Joan Martin was elected by Scotland to fill a casual vacancy to serve until the day of the 1995 AGM.

COUNCIL ELECTIONS

Mrs Alison Cunningham, Mrs Sue Kirby (re-elected) and Mrs Della Salway (re-elected) were elected/re-elected to serve until the 1997 AGM.

Miss Pauline McKie and Miss Pat Tiley were elected to the Executive Committee to serve until the 1997 AGM. Mrs Sue Kirby was to fill a casual vacancy until the 1995 AGM.

HIGHLIGHTS

GUIDER HANDBOOK

WADDOW

September 9-11

FOXLEASE

December 2-4

Who is it for?

This training offers an opportunity to experience some of the activities in the new *Guide Handbook*. Do you need:

- fresh enthusiasm?
- new ideas for your unit programme?
- knowledge of Guiding across the sections?
- knowledge of developments in Guiding?

What's it all about?

This is a weekend for Guiders from all sections to introduce them to the new handbook and to give them the opportunity to ask questions of members of the working group who put this long-awaited course together.

FUN WITH SCIENCE GAMES

FOXLEASE

October 14-16

Through simple science activities, come and discover: *Something old, something new, An idea borrowed while wearing blue, Science in the unit is nothing new, Let us recognise the things we do.*

We are not trying to create a world full of superwomen scientists. We want to encourage our girls to observe, record and think logically, opening their minds and helping them to think for themselves.

NEW YEAR HOUSE PARTY

WADDOW

December 29-January 1

D Day - VE Day. Come to Waddow and celebrate the New Year in style. There is something on offer for all age groups from

dancing, pottery, painting, crafts, archery, cycling, walking to sewing or whatever you wish to do.

NEW YEAR HOUSE PARTY

FOXLEASE

December 29-January 2

Come and join the team of Marion Prior, Wendy Rider, Chris Tozer and Ruth Sara for music, crafts, outdoor activities and lots more at the New Year House Party.

EXPLORING THE BROWNIE HANDBOOK

FOXLEASE

January 27-29

WADDOW

March 24-26

The trainings are for any member of The Guide Association with an interest in the Brownie Guide section — Brownie Guiders, Commissioners, Advisers and Trainers. There will be an opportunity to:

- Discover the changes to the handbook.
- Try out some of the new challenges.
- Look at its implementation in the Brownie unit.
- Consider how the Brownie section links with Rainbows and Guides.
- Have some fun.

THE PROMISE IN ACTION

FOXLEASE

May 12-14

WADDOW

January 27-29

All Unit Guiders are welcome to this weekend.

Although the Promise has a central role in Guiding, we often find it difficult to initiate discussions about our commitment. Come to this weekend and explore the Promise and its relevance to Guiding and to life.

You will go from the weekend with a clear understanding of the importance of the Promise and confidence in your ability to dis-

cuss the Promise with the girls in your units.

PROGRAMME IDEAS FOR RAINBOW/BROWNIE AND GUIDE GUIDERS

FOXLEASE AND WADDOW

January 6-8

A unique opportunity to try our 'three for the price of two' weekend. Yes, we really mean if there are three Guiders in your group you will only be charged for two!

During the weekend you will be given the opportunity to:

- Make better use of your section's handbooks/files.
- Use other Association and external publications as resources.
- Adapt your unit's programme to meet the needs of individuals (including *Action Plus*, the *Go Challenge* and *Making it Count*).
- Learn how to make adaptations for girls with disabilities.

MAKING THE MOST OF YOUR DISTRICT

FOXLEASE AND WADDOW

January 13-15

District Commissioners bring your group with you. Preferably a group of not less than four or more than nine from all sections and levels of experience.

You will benefit from working together and have the time to discover and explore ideas for cross sectional events, links between sections and use of local resources.

Commissioners will also be able to extend their knowledge and leadership skills.

THE ROLE OF THE COMMISSIONER

FOXLEASE

February 3-5

This weekend is for all Division and District Commissioners to take a fresh look at their role in Guiding.

To help Commissioners be more effective in their

Guiding role we will include:

- The Commissioner's role as the leader of a team.
- The Five Essentials and commitment to the Promise.
- The Guide Association Leadership Scheme — how to manage it in the District.

THE COMMISSIONER'S JOB

FOXLEASE

October 26

WADDOW

October 12

(One-day Training)

Commissioners, are you unable to give up another weekend? Do other commitments mean you can't attend a residential training? Then this is for you.

Using the *Commissioner File*, the day will aim to help Commissioners be more effective in their Guiding role and will include:

- Managing the Leadership Scheme.
- Exploring the Five Essentials as effective instruments of quality control.
- Increasing confidence in taking group decisions.

For further details of this one-day course please contact the Centre Manager at Foxlease.

PERSONAL EFFECTIVENESS

WADDOW

October 11-13 (mid-week)

In Guiding, as in life, you will be asked to give your time and your enthusiasm over and over again and, sometimes, you will ask yourself 'Can I cope?' This course is for anyone who wishes to become more effective in the following areas:

- Managing your time.
- Using stress in a positive way.
- Being more assertive.
- Confidence building.
- Self-awareness and self-presentation.

You will have the opportunity to meet informally with a group of people who

TRAINING DIARY

all wish to become more effective. Through discussions and activities you will discover how you can make small changes, which may revolutionise your life. You will also have the opportunity to discuss your role as Guiders, and how you can use your skills to help young people.

ISSUES FOR YOUNG PEOPLE TODAY

WADDOW

October 11-13 (mid-week)

Young people today are faced with an increasing number of decisions about their lives. Guiders are in a

unique position to support them in making those decisions. This training course provides the opportunity for Guiders to meet together and explore the issues that affect young people today.

You will have the chance to:

- Discuss the issues and share experiences.
- Examine resources and activities.
- Identify support networks.
- Promote young people's participation in decision making.

We will cover topics as requested by participants, for example, substance misuse, teenage pregnancy, leaving home....



For full details of future trainings, send a sae to the Manager of the appropriate centre. Applications to attend any of the trainings mentioned should be sent to the Manager at Foxlease or Waddow, enclosing a £10 deposit and sae. Cheques should be made payable to The Guide Association.

FOXLEASE

Lyndhurst, Hampshire
SO43 7DE.
Tel: 0703 282638.
Fax: 0703 282561.

WADDOW

Clitheroe, Lancashire
BB7 3LD.
Tel: 0200 23186.
Fax: 0200 27460.

LORNE

Station Road, Craigavad,
Holywood, County Down,
Northern Ireland BT18 0BP.
Tel: 0232 423180.

HAUTOBOIS

Great Hautbois Road,
Coltishall, Norwich, Norfolk
NR12 7JN.
Tel: 0603 737357.

YOUNG LEADER WEEKEND

October 21-23

This weekend will include:

- A celebration launch of *Look Wider*.
- More information about *Making It Count*.
- New games and activities to use in your unit.
- An opportunity to climb and abseil on the tower (modest extra cost).
- Above all, the opportunity to meet other YLs, prospective YLs aged 14 plus and Rangers working on the leadership octant.

Cost: £35 - Anglia; £37 - other Regions.

All those from Anglia Region aged between 14

HAUTOBOIS

and 21 staying at Hautbois for the first time will be entitled to a £10 bursary.

NATIONAL SINGING CIRCLE MEET

April 29-May 1, 1995

Come and take part in the next National Singing Circle Meet, which will be held at Great Hautbois House. Share in a flower festival, May Day festivities and a variety of other musical activities.

A variety of accommodation will be available from self-catering to full board. Send for your comprehensive information leaflet and booking form now!



BRONEIRION

MUSIC FOR RAINBOWS, BROWNIES AND GUIDES

November 11-13

Learn new dances, singing games, action songs, international songs, graces and

vespers.

Have a go at basic instrument playing — guitars, recorders and keyboards.

A training for both Guiders who are musically inclined and for those who need help with this aspect of the Programme.

RAINBOW GUIDERS

This month's theme of movement is one which can be interpreted in many ways — the flow of traffic, the migration of birds, the movement of our bodies, the patterns of nature... the list is almost endless. It can be interpreted through craft activities and games, as well as stories and observation.

GAMES

Funny Ways of Walking

The Rainbows form a big circle around the room and then, turning to the right, each girl walks in a funny manner, trying to be different from all the rest.

One could have her feet turned outwards, another her toes pointing in. Other ideas could include walking with stretched legs or bent legs, bent over with arms swinging or pretending to carry a heavy load. Some walkers will go fast and overtake the slower ones.

Then you call out: 'Stop! Turn around. Change,' and everyone goes in the opposite direction adopting different funny walks.

Coming Home

One Rainbow is the engine of a train. All the others are passengers in the carriages. Chairs spaced around the room at intervals represent the stations. The girls link up behind the engine and chug around the room.

The engine stops at each station, and the leader calls out numbers. The girls standing in those positions in the line 'get out' at the station and the engine chugs on.

As each group drops out, the numbers change, so everyone has to be alert. Perhaps, at some stations, passengers may get on — just to complicate things!

This sort of game helps the girls to learn to work together co-operatively to achieve a purpose. After the game discover how many girls have been on a train. Ask them where they went and what they saw.

How Do We Go?

How many ways of travelling can the girls name? And how many have they actually experienced? Car, plane, train, bus, walking — most of the Rainbows will have journeyed using these methods. But what other means do they know?

Perhaps they could make pictures showing different ways of travelling and stick them up on a 'road' drawn on a roll of wallpaper.

teams in order so they can make the correct changes.

Moving Faces

With everyone sitting in a circle, show the girls how we make our faces 'speak'. They'll quickly understand how a face says: 'I'm happy... sad... worried... frightened...' and so on.

Take turns round the circle to 'speak' with your face and then let

the movements of horses, cars, planes and boats.

Maybe they will suggest other ideas or you could talk about words used to describe the movement of leaves on a tree or grass in a field.

QUIET TIME

Say thank you for all the different ways we move about: for our legs and feet



Change It

This team game is played by Rainbows in Bedworth, Warwickshire, and has been sent in by their Assistant Guider, Liz Gilbert.

Line up the girls in equal teams of four or five. Put a number of items on chairs at one end of the room and give a different item to each girl. These can be anything from a paintbrush to a pebble. Liz matches the items to the theme of the meeting so, for a home theme, she might use clothes pegs, dusters and a brush.

The girls take turns to run up and swap the items they are holding for ones on the chairs before returning to their places.

Then, in the same order but beginning from the back, they run up and change the items for their original ones and run back.

It's important to keep the

the others guess what you are 'saying'.

Suggest the girls try moving different bits of their faces. Can they twitch their noses? Ask who can wink? Blink? Screw up both eyes? Can anyone move her ears? Show them how to make their mouths wide, thin, small, and to purse their lips and whistle silently. What else can the girls do with their faces?

QUIET ACTIVITY

How Does It Go?

Here is a quieter activity which stretches the Rainbows' minds. Talk about the words we use to say how things move. What words do we use to describe different movements? For instance, how do snakes move? They crawl, slither or slide.

Once the girls have grasped the concept, ask for words connected with

which help us walk: for buses and trains, bicycles and wheelchairs.

Say thank you to the drivers who take us where we need to go. Say thank you for other creatures which move — for birds that fly in the sky and dogs that romp and play in the park.

ANY IDEAS?

It's some time now since I've asked Guiders to tell me about games and activities which their Rainbows enjoy. Please share some of your successes with us and we'll pass them on.

I'd particularly like to hear from Guiders working abroad who have introduced new activities into their meetings.

NEXT MONTH

The theme in October will be the exciting one of drama, acting and the theatre.

DEBORAH MANLEY 37

PRACTICAL PAGES

NOW AND THEN

Here's a play that's perfect for Brownies celebrating their 80th anniversary. It can be performed in almost any sized arena. The narrative only takes ten minutes so the performance can be adapted to your required time. And the cast can include as many or as few Brownies as available. All you need to set the scene is a marked pathway and the signposts indicated in the script, plus props for each activity. The two main characters follow the path and watch as groups of early and modern Brownies act out the scenes for each signpost. Choose suitable music as background for each activity to add atmosphere.

CAST

Emily — a modern Brownie	Kelpie
Betty — an early Brownie	Rosebud
Sprite	Group of early Brownies wearing appropriate old uniforms
Leprechaun	Group of modern Brownies
Gnome	Group of international Brownies
Imp	
Pixie	
Tylwith Teg	
Elf	

Enter Emily in modern uniform, walking backwards down the road, waving.

EMILY

Bye Tawny. Bye Barney. Goodnight Brown Owl. (Turns round and skips a few steps then stops and looks around.) Everything looks strangely different tonight. (Turns and waves again.) Goodnight Brown Owl.

Enter Betty in old uniform, from opposite direction. Stands with back to path, waving.

BETTY

Goodnight Brown Owl. Thank you. Twist me and turn me ... (Twists around.) Goodnight.

Girls bump into each other.

BETTY

Oh!

EMILY

Goodness!

BOTH

You startled me. You made me jump. Girls walk around each other.

EMILY

I know you from somewhere, don't I?

BETTY

(Laughing.) Of course you do. I'm Brownie Betty.

EMILY

Oh yes. I'm Emily. I suppose I must be Brownie Emily.

BOTH

We're both Brownies. (Both laugh.)

Girls start to walk.

BETTY

We used to be called Rosebuds you know, but we didn't like that name.

EMILY

Yes, I know. Then we were Brownies, and now we're Brownie Guides.

BETTY

Your uniform is different.

EMILY

Well, there's bound to have been changes in 80 years. I wonder ...?

Tinkling music.

Enter a Sprite.

BETTY

Oh look. It's a Sprite!

Tinkling music.

SPRITE

Come with me and you will see, How things are, and used to be.

Sprite dances to first station. Girls follow.

BOTH GIRLS

(Reading from sign.) 'Make things'. We do that.

Emily and Betty watch together.

SCENE: MAKE THINGS

Soft Toy Early Brownie, disguised as a teddy bear, is hidden in a big box. Other early Brownies pretend to sew, and put large Teddy parts in the box. Teddy jumps up.

Octagon Jigsaw Modern Brownies make up jigsaw to depict the Octagon logo, using large cardboard boxes.

Girls wave goodbye and resume walking along the road.

BETTY

Emily, there's something red hiding there.

EMILY

Where? ... It's a leprechaun.

Tinkling music.

Irish Leprechaun dances out and beckons the girls.

LEP

Come with me and you will see, How things are, and used to be.

BETTY

(Reads.) 'Help At Home' Oh, we do that.

EMILY

So do we.

Betty and Emily watch together

SCENE: HELP AT HOME

Darning Early Brownies dance a 'Darning' dance. Suggested music: appropriate country dance.

Dishwasher Modern Brownies file up dressed as dishes, and so on, dance about, then disappear into the dishwasher (a large painted cardboard box situated near an exit). 'Dishes' go through opening in box and out through hole at the back facing the exit.

BETTY

What a funny machine.

EMILY

Yes, but it's jolly useful.

Tinkling music.



Enter a gnome.

EMILY

Look here's someone else.

BETTY

It's a gnome. I think he wants us to follow him.

They follow the dancing gnome.

EMILY

Another signpost. (Reads.) 'Wide awake'. Are things any different here I wonder. Tinkly music.

GNOME

Come with me and you will see. How things are, and used to be.

SCENE: WIDE AWAKE

Kim's Game Early Brownies play a giant Kim's Game.

Science Modern Brownies with giant test tubes, dry ice, smoke and so on.

BETTY

That looked really exciting. What were you doing?

EMILY

Experimenting. Finding things out. It's good fun.

Tinkly music.

Imp jumps out.

BOTH GIRLS

It's an imp! Have you got something to show us?

IMP

Come with me and you will see. How things are, and used to be.

Imp dances to signpost

BETTY

(Reads.) 'Healthy'.

Girls hold hands and watch activities in turn.

SCENE: HEALTHY

Keep Fit Early Brownies perform old-fashioned keep fit routine, chanting B-P's rhyme:

*'Only feed on wholesome fare;
Through your nostrils breathe fresh air;
Clean yourself inside and out;
Twist and bend and run about.'*

Aerobics Routine Modern Brownies in leotards do routine to modern music. Betty and Emily try to join in.

EMILY

They were very different, but both ways keep you fit.

BETTY

And healthy.

Tinkly music.

BETTY

Hello, I recognise you. You're a Pixie.

PIXIE

Come with me and you will see. How things are, and used to be.

BETTY

(Reads.) 'Brownies are Friendly'. We could only meet our Brownie friends across the seas by writing to them.

SCENE: FRIENDLY

Penfriends Early Brownies with giant pencils and paper, pretend to write. Slow, quiet humming of the verse of It's a Small World in the background.

BETTY

(Very slowly.) Dear Penfriend, I hope you are well. I often wonder what you look like...

EMILY

Travelling across the world is so easy now, that we can actually meet our international friends.

Louder, brighter, sung version of It's a Small World.

Enter Brownies in international uniforms to be greeted by modern Brownies who take them to meet people. Then, with Betty, Emily and Pixie in centre, all hold hands and skip round.

Emily and Betty wave them off.

Tinkly music.

EMILY

Here's someone I don't recognise.

BETTY

I do. This is my Six Emblem. It's Tywith Teg. Hello.

TT

Come with me and you will see. How things are, and used to be.

BOTH GIRLS

(Reading a word each.) 'Lend ... A ... Hand.'

(Both shout.) Lah!

SCENE: LEND A HAND

Giant Knitting Early Brownies 'knit' with giant needles (broom handles) chanting as they do so: 'In, over, through, off'. Large pile of knitting in evidence.

Bring and Buy sale Enacted by modern Brownies simultaneously.

EMILY

We need to help just as much even in modern times.

BETTY

Lots of things haven't changed at all really.

Tinkly music.

Enter Elf.

ELF

This is one thing that's changed very recently.

Come with me and you will see. How things are, and used to be.

BOTH GIRLS

(Look at signpost and read together.) 'Have Fun Out-of-Doors'.

SCENE: OUT OF DOORS

Hide and Seek Early Brownies play hide and seek. The girls join in then come upon the tent.

BETTY

Camping???

Camping Action in and around the tent.

BETTY

Oh, Emily, I think that's the biggest change in 80 years.

EMILY

No, it's not, Betty ... This is.

Tinkly music.

Enter Kelpie with new badge.

BETTY

A new Promise Badge!

EMILY

Not just the Badge, but a new Promise too ... From Rosebuds to Brownies, to Brownie Guides — all in 80 years.

Enter Rosebud with an armful of rosebuds.

ROSEBUD

Who called me? I'm sure I heard somebody call. Oh, hello, it must have been you who called me. I knew someone did!

BOTH GIRLS

(In astonishment.) Rosebud!

EMILY

We're all here, Betty, all of us. (Pointing to each in turn.) From Rosebuds ... to Brownies ... to Brownie Guides.

Girls hold hands in a circle.

ROSEBUD

Let's say our Promises. I'll start.

Rosebud stands centre stage. Salutes with two fingers, reciting the 1914 Rosebud Promise, then 'fades' away off stage.

ROSEBUD

On my honour I promise that I will do my best.

To do my duty to God and the King.

And to do a good turn to somebody every day.

BETTY

Now me.

Stands centre stage and is joined by early Brownies. All salute with two fingers and recite 1915 Promise, then exit.

BETTY

I Promise to do my best.

To do my duty to God and the King, and to obey the law of the Brownie Pack.

To help other people every day, especially those at home.

Emily stands centre stage and is joined by modern Brownies. Salutes with three fingers and recites 1994 Promise.

EMILY

I Promise that I will do my best.

To love my God.

To serve the Queen and my country, and help other people.

And to keep the Brownie Guide Law.

Other Brownies run back, Emily stays.

EMILY

Nothing much has REALLY changed in 80 years has it Betty? Betty ... (Shouts.) BETTY. (Looks for her.)

BETTY

(Voice only.) No, Emily, only the way things are done. What about the next 80 years I wonder? Goodbye Emily, goodbye.

Voice fades. Emily looks about her in a puzzled way, then waves in an uncertain manner.

EMILY

Goodbye Rosebud ... Betty ... Everybody ... Goodbye.

Tinkly music. All the Six Emblems run to make a ring and skip round Emily until most of the Brownies have gone. Then they too run off, leaving Emily alone.

Early Brownies go off one way singing:

EARLY BROWNIES

We're the Brownies, here's our aim. Lend a hand and play the game. (Repeat to fade.)

When they're nearly gone the modern Brownies go off a different way singing:

MODERN BROWNIES

We're Brownie Guides, we're Brownie Guides. We're here to lend a hand. (Repeat to fade.)

Emily is now alone centre stage.

EMILY

The next 80 years ... I wonder?

Walks pensively down the path and exits to tinkly music.

SIGNALLING

In the early days, signalling was an important part of the Guiding syllabus. Even Brownies had to send and read semaphore with 75 per cent accuracy before they were awarded the Golden Hand (First Class) badge.

Now we leave signalling for those who choose it as Interest badge or Highway or Trefoil challenge. It's often neglected altogether because neither children nor adults find it easy. However, it can be tremendous fun, giving girls of any section a sense of achievement. So why not give it a go?

RAINBOWS

Give each Rainbow two squares of white paper and two of blue. They should be about 30cm square. They should be square. Help the girls to fold their blue squares diagonally then cut across the fold. Two of the resulting blue triangles are pasted on to one of the white squares — one on the front and the other on the back (see fig 1). A 45cm length of thin dowel is taped firmly along one side (see fig 2) of the 'flag'.

This process is repeated so that each Rainbow makes two flags. Then explain that you will show them how to 'talk with flags'.

Split into two groups with a leader in each. One Rainbow whispers a word to her leader, who then uses flags to signal it to the other leader, who says it out loud. The teams take turns, then you should ask the Rainbows if they can guess how it's done. When they've grasped the idea that each letter is represented by a different position, teach them all how to signal A, B and C.

Simple Games

- Practise together, with a leader calling out a letter at a time.
- Place cards labelled A, B and C around the room. Then signal a letter and ask

the Rainbows to run to the appropriate card.

- Divide the girls into two teams. One team decides on a letter and all of them signal it for the other team to identify.

When the Rainbows know A, B and C, teach each child her own initial and let her demonstrate it to the group. Perhaps you could teach one letter each week for a short time, until they know

A Challenge

Jane Ketteringham and Julie Mason, Brownie Guiders with 9th Bramhall (St Michael's) Pack, County of Stockport, sent us this idea.

Give each Six written instructions which read something like this: 'Using the *Brownie Handbook*, page 153, learn the following words in semaphore ... and remember them! [Insert two simple words.]'

Six completes this challenge, the girls are asked to invent and perform a sketch which includes their two words. The Sixes then guess each other's words.

GUIDES AND RANGERS

These sections are old enough to tackle semaphore in business-like fashion and shouldn't need any games to ease the path.

Guides and Rangers can also challenge themselves to learn Morse code. This is much more versatile than semaphore, as it can be sent in dozens of different ways. The receiver does not need to see the sender so sound alone can be used.

Here are some ways Morse can be transmitted. Challenge the girls to think up some more:

Flag: Start with flag held upright over left shoulder. For a dot, bring it briskly over right shoulder and back. For a dash, do the same but dip it right over till the stick is horizontal.

Verbal: Say 'Dit' for dot, and 'Dah' for dash.

Whistle: Obviously use a short blast for dot and a long one for dash. You could rap on wood to the same counts.

Torch: Flash, counting one for dot and three for dash.

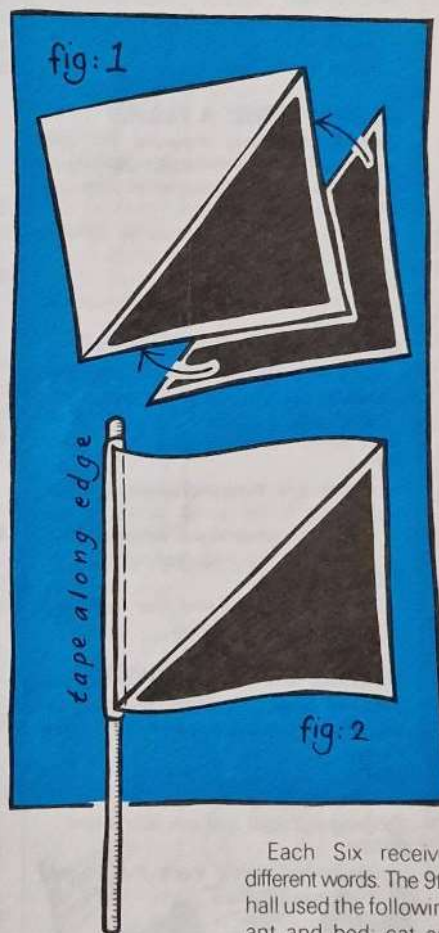
You can also try toe-tapping, winking, finger-snapping, using right for dot, left for dash, two different colours, two musical notes or two instruments.

Whatever method you choose, remember to never pause during a letter because this can lead to considerable confusion. For example, C broken in the middle reads NN, and a split B reads TS.

Practise reading as often as sending because it's much harder.

If your memory is poor, there is a pictorial method to help you learn semaphore. It appears in *GIRL GUIDING*. Baden-Powell's Handbook.

GILLIAN ELLIS



the letters A to G plus U, R and N. Don't try words at this stage — it's too complicated.

BROWNIES

All the above ideas can be adapted for Brownies. Teach A to G first then practise signalling simple words. Add more letters gradually. Encourage the girls to adopt the correct stance.

Each Six receives two different words. The 9th Bramhall used the following pairs: ant and bed; cat and den; bat and run; bun and rat.

Remind the Brownies that the girl in the handbook is facing them, so when signalling they need to notice which are her right and left arms. The concept can be tricky to grasp at first, so be prepared to help!

When everyone in the Six can send and receive the two words, they demonstrate them for a leader. As each

BROWNIE GUIDERS

Your Pack may have a traditional way of celebrating harvest — perhaps you take food baskets to local senior citizens. This year, try following the Pack Good Turn with a Brownie harvest supper. The girls could make some of the dishes themselves, though other food may need more preparation time than you have available. Here are some ideas for snacks the girls can make.

CINNAMON TOAST

- 1 Mix equal quantities of sugar and cinnamon powder, 12 teaspoons of each is about right for 24 slices of toast.
- 2 Toast both sides of a thick slice of bread and butter one side.
- 3 Sprinkle cinnamon sugar on the butter. Grill for 1 minute.

HARVEST SALAD

For each person, chop and mix 1 hardboiled egg, 1 tomato, 1 mushroom, 1 apple and a quarter of a cucumber. Add 30g (1oz) sultanas, about 30g (1oz) salad cream and salt and pepper.

This salad makes a delicious filling for jacket potatoes. If the girls scrub the potatoes the previous week, a leader can put them in the oven before the meeting so that they bake while the other food is prepared.

BAKED BANANAS

The Brownies will enjoy making this easy dessert. Give each girl a banana and a square of foil in which to wrap it. Leaders circulate with bowls of soft brown sugar, a squeeze lemon and a jar of honey.

Each Brownie adds one teaspoon of sugar, one teaspoon of honey and a squeeze of lemon to her banana, then wraps it in foil. The ends must be folded in as if you were wrapping a parcel.

The bananas are then

baked in the oven, or under a grill for ten minutes. If leaders open them carefully, the foil packs can serve as dishes from which the dessert can be spooned up.

HONEY HOT-CHOC

This hot, sweet drink, which should be prepared by an adult, makes a cosy finish to a harvest supper.

For 24 people, mix 8 rounded tablespoons of cocoa powder to a smooth paste with a little cold milk.

as it's too tricky for the Brownies.

Let each Brownie thread a string through the hole in her conker and knot it. Then they can demonstrate the best way to attack each others' conkers.

Make sure that Brownies hold the conkers at arm's length to avoid being hit by a rebounding 'smasher'.

Both conkers and acorns can be used for jewellery. If an adult pierces the holes before the meeting, each

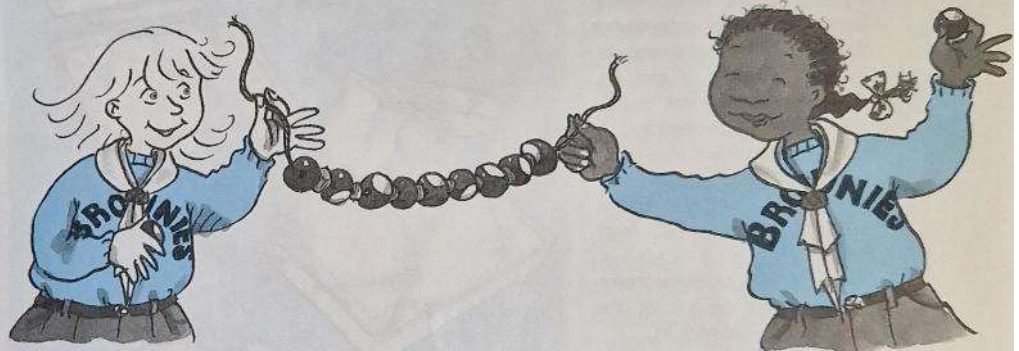
FLUMMERY

If the girls can amass great quantities of blackberries, there is no more delectable dish than flummery.

It may be best to arrange a special blackberrying expedition, so the berries can be gathered and used fresh.

Either take just a few Brownies with you, or make sure you have a good ratio of adults to children. The girls should wear old clothes.

Once you've collected your



Stir 16 rounded tablespoons of honey into 8 pints of milk, and heat gently till the honey is dissolved.

Pour a little hot milk into the cocoa powder paste, whisking well. Then pour the mixture back into the saucepan and bring to the boil, whisking continuously.

Allow the Honey Hot-Choc to stand until it reaches a temperature where it is safe for the Brownies to drink.

All this cooking and eating will take up a whole meeting, but there are plenty of autumn pursuits left to fill the rest of September.

CONKER TIME

The conker season offers several possibilities. Just collecting conkers and finding the biggest, smallest, shiniest, oddest shaped and so on can form a meeting in itself. Or you could hold a conker tournament, though the leaders must pierce the conkers,

Brownie can be given a ribbon and invited to make a necklace or bracelet, varying the pattern of conkers and acorns.

POT-POURRI

Towards the end of September, Brownies can ask parents for permission to collect petals from dying flower heads in their gardens, then dry them on a tissue lined tray in the airing cupboard or near a radiator. Tell the Brownies to save peel from any citrus fruit eaten at home, cut it into thin strips and dry this, too.

Ask the Brownies to bring all their dried treasures to the last meeting in September. Pool them in a large bowl, add a tablespoon of ground cloves and one of mixed spice and mix it.

Each Brownie can decorate a margarine tub or shallow paper cup and fill it with the fragrant pot-pourri.

fruit, here's what to do:

- 1 Simmer 450g (1lb) blackberries and 225g (½lb) sugar in a little water until the fruit softens.
- 2 Sieve the fruit into a saucepan.
- 3 Mix two tablespoons of cornflour and a pinch of salt with two tablespoons of water.
- 4 Add the cornflour mixture to the juice and simmer for five minutes.
- 5 Add a teaspoon of lemon juice, then pour the mixture into a bowl and leave to cool and set.

Flummery is delicious eaten cold with cream or ice-cream.

GILLIAN ELLIS

Don't forget to order **BROWNIE** for your girls from your local newsagent or by direct subscription from CHQ. The magazine is a supplement to the handbook.

RECYCLED PAPER

One way you can save money — as well as trees — is by making your own recycled paper.

The first thing you'll need is a mountain of waste paper, so plan ahead.

The colour and quality of the paper used will affect the finished product. If possible avoid heavily illustrated and shiny paper. For top quality white paper, you'll need office waste.

Each Patrol should have: an oblong washing-up bowl; some smooth kitchen cloths; a plastic tray, approximately 5cm deep; and two 'pressing boards'. These boards should measure about 20cm by 25cm and can be made from off-cuts of plywood.

Each Patrol will also need a mould and deckle. The mould is a wooden frame with a layer of nylon mesh stretched tightly across it. The deckle is an open frame which rests on top of the mesh-covered mould.

The size of your mould and deckle governs the size of your paper. A set suitable for making stationery can quickly be made out of a 180cm (5ft 11in) length of 2cm ($\frac{3}{4}$ in) square wood. Just cut this into four 20cm ($7\frac{3}{4}$ in) lengths and four 25cm ($9\frac{3}{4}$ in) lengths, use these to make the two oblong frames. The corners can be mitred and strengthened with brass corner plates. Or, glue the wood pieces together and nail them for added firmness.

Stretch a piece of mesh across one of the frames. Curtain netting will do, as long as it has between 12 and 20 holes per cm. To make sure that the net is as tight as possible, wet it before you fit it in position. Use brass pins or staples to hold it taut.

You will also need a liquidiser or a bucket and wooden paddle, plus some extra sheets of newspaper.

First tear the waste paper

into stamp-sized pieces.

Meanwhile, one member of each Patrol should be assembling a mould. Take three sheets of newspaper and fold these into small, medium and large oblong shapes. The largest shape should fit snugly into the plastic tray.

Then, put a pressing board on to the tray, and place the folded sheets of paper on top of it — smallest first (fig 1). Pour in enough water to moisten the paper — it

Each group needs a washing-up bowl of pulp — about five full liquidisers.

To make the first sheet of paper, put the deckle on top of the mould, which should be mesh side up. Hold the short sides of the two wooden frames firmly together and take them down on to the pulp, starting at the far edge of the washing-

to the shallow tray, resting one edge of it on the edge of the cloth with the pulp facing downwards. In one continuous movement, roll the pulp firmly down on to the cloth (fig 2).

The pulp should stick to the cloth. If some sticks to the mesh, you will have to repeat the exercise. Replace the cloth and remoisten the mould before continuing.

Place another damp cloth on top of the sheet of pulp. Smooth out any wrinkles and repeat the technique creating layers of pulp and cloths. Up to 20 sheets of paper can be made at a time. If the mixture becomes too runny, add more liquidised pulp.

When you have enough sheets, lift the whole pile, complete with pressing board, out of the plastic tray. Cover the final sheet with another cloth and place the other board on the top, to make a 'paper' sandwich. Turn over and remove the sheets of newspaper from the bottom.

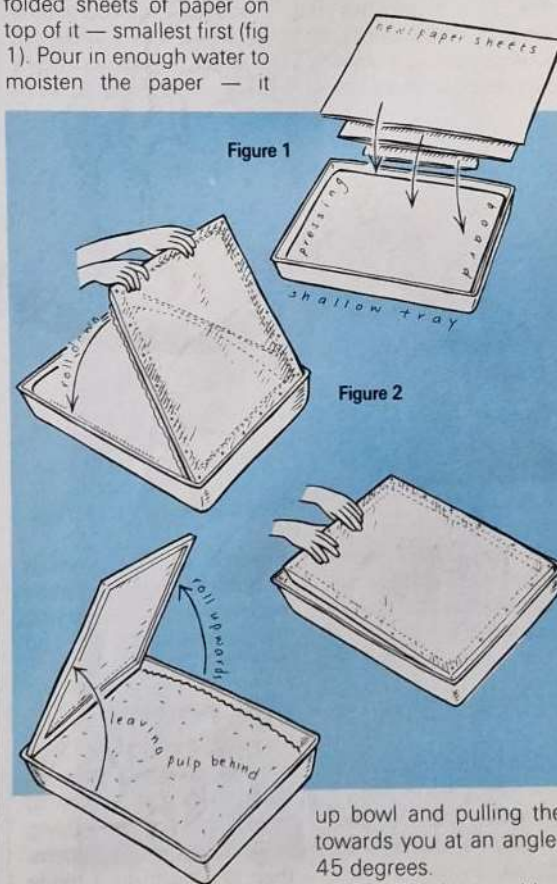
Next, squeeze the sandwich until all the excess water comes out. The best way of doing this is to stand on it. But put plenty of spare newspaper on the floor first!

Remove the top pressing board and, carefully, peel off each cloth with the damp sheets of paper still on them. Place the cloths and pulp on newspaper and leave to dry, pulp side upwards, on a flat surface.

After about 24 hours — or when the paper is dry — peel it off the cloths. Use a palette knife to ease any stubborn sheets. Your recycled writing paper is now ready to write on.

● Paper-making is described in more detail in *How to make your own Recycled Paper* by Malcolm Valentine and Rosalind Dace (Search Press). Price £2.50, from good book and craft shops.

MARY RICHARDSON



up bowl and pulling them towards you at an angle of 45 degrees.

Level off the mould and deckle beneath the water and, keeping them level, slowly lift them out of the pulp mixture. The water will drain away through the mesh and a layer of pulp should cover it.

While the pulp is still wet, gently shake the mould and deckle to help the fibres settle. But be careful, too much movement will prevent the sheet forming.

After all the water has drained away, take off the deckle and transfer the mould

needs to be fairly damp before the mould takes shape — and top the pile off with one of the damp cloths.

Next pulp the shredded paper. Put a large handful of paper pieces into the liquidiser and add water until it is two thirds full. Run the liquidiser for about ten seconds, or a little longer for a smoother texture. If you haven't got a liquidiser, put the paper and water into a bucket and beat it with the wooden paddle.

A NIGHT IN CHINA

Try experiencing a touch of the Orient — this is a very versatile theme which can easily be adapted for an evening meeting, Thinking Day celebration, or even a weekend Pack Holiday. The ideas given will occupy your girls for two to three hours.

To get the right atmosphere each Six/Patrol is renamed. Let the girls choose from Bamboo Shoots, Chop Suey, Fried Rice and so on. As for the Guiders — what about Soup Dragons or Prawn Crackers?

Posters for the event can be made in advance. Possibilities include: 'Welcome to Chinatown'; Chinese character letters; the names chosen by Sixes/Patrols.

OPENING

Try to get hold of a tape of Chinese music and have this playing as everyone arrives. Or how about a display of dishes, fans, foods or articles made in China?

ACTIVITIES

Great Wall of China Quiz

You will need:

- About ten sets of questions written out on individual pieces of A5 paper
- A very large piece of paper
- Felt-tipped pens
- Answers to the questions
- Glue or sticky tape

What to do:

As the girls arrive they are each given a brick for the Great Wall of China. The 'brick' is one of the pieces of paper with a question relating to China on it. The answers are pinned up around the meeting place.

About ten sets of questions will be sufficient and could include the following: 'What is the only man-made object that can be seen from space?' and 'Which is the longest wall in the world?' (the answer to both being the Great Wall of China).

When a girl has found the correct answers she can

decorate her pieces of paper. All the 'bricks' are then stuck on to the large sheet of paper, or taped together and pinned on the wall.

Rainbows can make their own version of the wall, by either decorating their bricks or colouring in dragons.

Chinese New Year Dragons

Each Six/Patrol will need:

- Piece of paper at least 1m square
- Two canes
- Sticky tape
- Felt-tipped pens or crayons



- Strips of crêpe paper
- A colourful blanket

What to do:

In China, dragons are not considered to be at all frightening, but rather bringers of good luck. Each Six/Patrol has to make a large face on the paper and decorate it with strips of straight, curled or plaited crêpe to represent a mane. The canes are attached to either side of the 'face' and held by one girl. The other girls form the 'body' by lining up under the blanket.

The effect can be quite stunning, and this would be a good time to play the Chinese music and let the rest of the unit see each dragon in action.

Chopsticks Game

Each Six/Patrol will need:

- A pair of chopsticks
- Two bowls on a placemat or clean tea-towel

concertina fashion and held with a staple at the bottom. (The staple would possibly need to be covered with sticky tape for Rainbows.)

This is quite a short activity, but would lead naturally to singing the Chinese *Fan Song*, *My Ship Sailed from China*, and so on.

Chinese Junks

This activity is not suitable for Rainbows:

You will need:

- Small polystyrene trays
- Small squares of paper
- Cocktail sticks
- Blu-tack or Plasticine
- Felt-tipped pens/crayons
- One bowl per Six/Patrol, with small amount of water in it

What to do:

Each girl decorates two pieces of paper for the masts and inserts a cocktail stick through the top and bottom of each piece to form a letter 'P'. Put the base of each cocktail stick on to a blob of Blu-tack or Plasticine and place on the polystyrene tray. The junk should float.

Pagoda Mobiles

You will need:

- Template for small and large pagoda roof shapes
- Scissors
- Strong cotton and needles
- Felt-tipped pens/crayons

What to do:

Each girl will need one large and three small pagodas. After cutting out and decorating them, the three small shapes are suspended at different heights above the large shape to make a pagoda mobile. The easiest way to join the shapes is with a needle and thread, but sticky tape would be more appropriate for Rainbows.

TO CLOSE

Use the Chinese proverb 'If you have two loaves, sell one and buy a lily', to explain that the spiritual side of life is just as important as the practical.

GUIDE GUIDERS

Towards the end of September, harvest festivals are held in many parts of the country to celebrate the successful gathering in of the crops. Try making this the theme for some of your activities this month.

BREAD MAKING

Food plays a very important part in harvest celebrations and a harvest loaf is often the centre of the display. While making bread can take three hours or so by traditional methods, it is now possible to get yeast which can be added to the flour for a one-step 'proving' method.

Even if you cannot make one-step dough, you could make some dough in the customary way and take it to the meeting for the girls to knead and mould after its first proving.

To make the dough with dried yeast you will need about 454g (1lb) of strong plain flour. Following the instructions on the packet of yeast, put the yeast into a small basin with warm water and sugar, so that it starts to go frothy.

While the yeast is 'working', mix a teaspoon of salt into the flour and rub in about 20g (¾oz) of margarine or cooking fat. While the yeast is still frothy, add any extra warm water required, and mix it into the flour.

The mixture should form a firm but not sticky dough, which will stand being thumped and battered! Leave it in a warm place to 'prove' or rise. After about 60 to 90 minutes, it will be ready to shape. This is the part the girls will enjoy.

Give each girl a piece of dough to knead and then shape into little rolls or loaves. She can sub-divide it to make animal shapes or little sausage shapes, which can then be plaited. Instead the girls could work together to have a go at making a traditional wheatsheaf loaf.

Place the shapes on a greased baking tray, leaving room for them to rise again, and leave them in a warm place for an hour. Then bake in a hot oven, allowing 20 minutes for rolls and 40 minutes for larger loaves. Cooked bread sounds hollow when struck on the bottom.

It is possible for the girls to take the dough home and finish it there, if they know what to do. Bread dough is remarkably resilient, and is ideal for less-than-gentle Patrols!

FRUITY FLAVOURS

Cooking using fruits, especially those which can be picked for free from the hedgerows, is always popular. Bramble jam has a lovely flavour.

To make about six small pots of jam, each Patrol will need: a large saucepan or

preserving pan; 750g (1½lb) blackberries; 250g (9oz) peeled and cored cooking apples; 1 bag of sugar and about 150ml (¼ pint) of water.

Boil the fruit and water until the fruit is soft — this should take about 15 minutes. Then add the sugar. Stir until the mixture boils again; then boil for about 20 minutes until it will set.

You can test for this by putting a little amount on a cold saucer and cooling the surface. If the surface sets rapidly and goes crinkly when a pointed utensil is pulled across it, then the jam is about ready. A jam thermometer is more accurate.

The jam should be put into warm jars and covered with pot covers while it is still hot.

NATURAL ART

The stalks from long grasses or harvested wheat, oats and so on can be used to make pictures. This is how it's done in Mexico.

Sketch an angular design, then cover a small area of it with glue. Place lengths of straw on top of the glue. Then repeat the process and gradually build up the picture in this way. It takes patience but looks very effective. The results can be coloured carefully with paint or felt-tipped pens. If straw is not available, use art-straws instead.

Tree seeds can also be used in craft at this time of year. Challenge the Patrols to make a simple mobile using a wire coathanger and seeds such as sycamore and ash keys, beech nuts, acorns and so on. You will need to have a pair of wire cutters on hand to help them cut the hanger.

Autumn collages made from fallen leaves are an old favourite, but have you tried splatter painting using the leaves. You will need thick poster paint; newspapers to protect everything and everyone; paper; leaves; old toothbrushes; and old combs or sticks. If this activity can be done outside, it's probably better.

Place leaves in a pattern on the paper. Dip the brush in the paint and draw the comb across it to splatter the paper and leaves. When dry, remove the leaves. Award a prize for the best creation on an autumn theme.

PEACE DAY

Finally, when you pause for thought at the end of the meeting, remember that as we give thanks for our harvest, there are Guides living in countries where food is short, and for whom peace never comes.

Remember, Peace Day is also celebrated this month, on September 20.

CAROL HORNE



NEW GUIDERS

How do you get the help with activities which you need as a new Guider? The Guiding network is so extensive that, once you've joined, it will provide much of the help and support you need. However, there may be times when you need fresh ideas, a new slant, or simply to avoid asking the same people all the time. And that's when you may have to look for extra help outside the Association.

EQUIPMENT

This often comes as part of a package with the activity and instructor you have chosen. Sometimes, though, you may need more camping equipment, for instance, than can be rustled up from Guiding colleagues. The best places to try are the Scouts and the Youth Service. The latter will sometimes have equipment adapted for campers with disabilities if you need it. Arrange to collect camp equipment in advance so that you have a chance to check it out before the event.

The Youth Service often has other equipment, such as video cameras, PA systems, badge-making machines and so on. It's worth getting a full list from them.

For recurrent needs such as paper and other stationery items, try to find a local shop, which may be willing to give you a special deal.

TRANSPORT

Many units manage with parental help. Failing that, check out group concessions for train travel. For coach travel, get several estimates and compare them.

If you want a minibus, most local Youth Services will have some. They do get heavily booked up, however, and usually require the driver to take their own test. Otherwise, look around for friendly Scout Troops, or organisations such as Round Table, or local schools who run

their own minibus. Schools will usually want a member of their own staff to drive, so try to opt for one with a Guider, parent or friend on the staff. Obviously safety must be your top priority here.

GIVING SERVICE

There are plenty of worthy causes who would welcome fund raising on their behalf. A good starting point is your own place of worship. Other possibilities are local old people's homes, animal shelters, or the National Trust. If there is a producer of talking books in your area they may be glad of help, too.

TESTERS

Many Districts already have an established team of testers. When you need to go beyond this, parents and schools can often provide help or contacts. If a girl needs testing on a highly specialised activity she will probably be able to suggest her own tester.

FINANCIAL HELP

If you need money for particular projects beyond what you can get from subscriptions and fund raising, your local Friends of Guiding can sometimes help. Before approaching anyone outside the Association you must discuss your intentions with your District Commissioner.

ACTIVITIES

Your unit's programme may sometimes call for knowledge or expertise beyond what is available through Guiding. One of the first places to look is among the girls' parents. Then widen your search to include your place of worship, local community, Youth Service and the Council for Voluntary Youth Service, which will probably have a Guiding representative on it.

Clubs and societies are often willing to provide help,

even if only on a one-off basis. For sports and outdoor activities, the Guide Association/CCPR National Guide to Registered Governing Body Contacts, available from Trading Service, is useful.

Your local library information service will probably have a register of clubs and societies for a huge range of activities, including sport,

conservation and environmental groups.

For science and technology ideas, find out if there is a technology bus in your area — your education service will know. These are sometimes sponsored by industry. Local radio hams may be persuaded to take an interest in Thinking Day on the Air.



arts and crafts of all kinds, scientific and environmental groups, and many more.

Tourist information offices will have a variety of ideas for places of interest, walks and trails. And advertisements in the local press can spark off new ideas. Keep an eye on theatre and cinema listings. A theatre might even be persuaded to allow a visit behind the scenes. Emergency services are often willing to have visitors too — as long as there isn't an emergency!

Animal groups such as the RSPCA, the Cat Protection League, the Hedgehog Preservation Society or Guide Dogs for the Blind will often help with activities, so long as they get some help in return. The same goes for

Don't forget that healthy living opens up possibilities beyond sport. Dieticians, beauticians and health visitors might be willing to get involved. However, some professionals might want a fee.

Older girls may be interested in the work of organisations such as the Citizens Advice Bureau, Relate and Shelter.

NON-MEMBERS

Remember that safety and insurance issues also apply to non-members.

Finally, it's important to make helpers feel that their help is valued. Make sure that the sense of achievement is two-way and you'll gradually built up your own pool of willing helpers.

CAROL SELWYN-JONES 45

Parents and friends may be glad to act as badge testers

RANGER GUIDERS

GET SET FOR LOOK WIDER

Next month sees the launch of the new Senior Section programme, but just who or what is the Senior Section?

SENIOR SECTION

The Senior Section can be thought of as an umbrella title covering all members and non-members of the Association aged between 14 and 25. It includes individuals who are involved in one or more of the following: Rangers (including members of Joint Units); Young Leaders; Lones; Junior Council (JC) members; members of the Student Scout and Guide Clubs (SSAGO); British Youth Council (BYC) delegates; members of LINK; any young woman in the community, either as an individual or group member; and any Guiders, Advisers, and Commissioners who fall within the age range. They make up a very wide ranging and, sometimes, disparate group of individuals and groupings.

The Senior Section umbrella aims to complement existing arrangements by opening up more channels of information between the groups concerned, allowing young women the opportunity to become involved in any aspect of the Movement which interests them.

LOOK WIDER

The new Senior Section programme has taken the name *Look Wider*.

The present programmes for the 14-25 age group centre around Rangers and Young Leaders. Devised at the end of the '60s, these schemes have worked well for those members of the Association for whom they were planned. Now, as we look forward towards a new millennium, it seems a good time to offer a fresh approach.

Look Wider is an attempt to meet the needs of the older girl and younger woman. It is designed as a flexible programme for an

individual or a group, providing an opportunity or challenge 'to do all you can do, to be all you can be'.

WHY LOOK WIDER?

The inspiration for the name *Look Wider* for the new programme goes back a long way. In fact, the words were taken straight from the mouth of Lord Baden-Powell. He once remarked, while talking about opportunities in Scouting and Guiding for young people, and the need for them to achieve the widest possible experiences: 'Look wide, and even when you think you are looking wide — look wider still!' Not

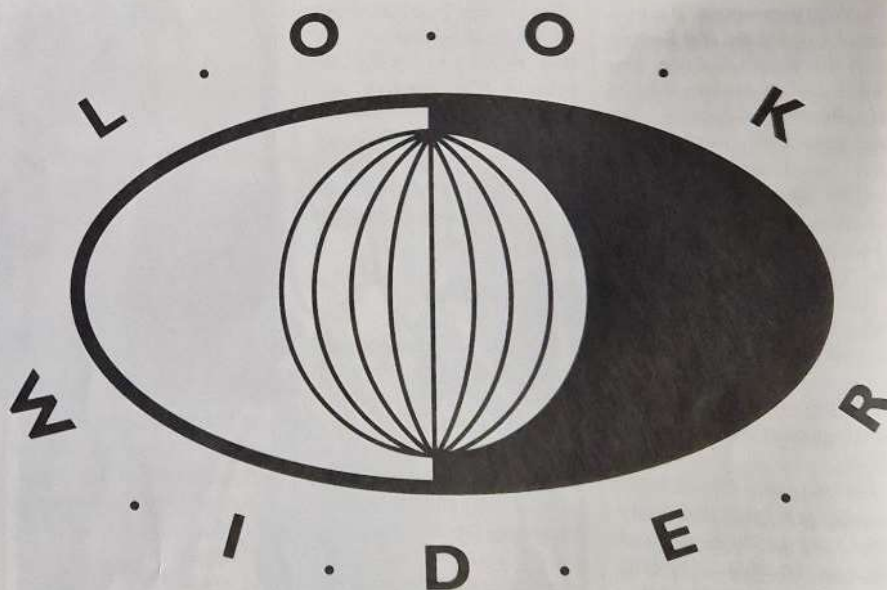
courses at school or college, a new place to live away from home, a new job or career, or a new life. Next month with the launch of the new programme for the Senior Section there is a chance for you to celebrate and get involved.

Most Counties have at least one special celebration planned between October 21 and November 5. Why not let your hair down at a beach party, climb a mountain, or join in whatever else is happening in your area? To find out more about events in your area, contact your County Young Leader

activities, to try something a little different. For Young Leaders it offers fresh challenges and opportunities, the chance for all their hard work to be efficiently recognised within the Movement. It gives them the responsibility they desire and need to be able to grow into the leaders of tomorrow.

Rangers will benefit as well through the broadening of the experiences on offer, and the chance to spread their wings towards the new horizons opening up.

O is also about organisation. *Look Wider* seeks to improve organisation, not only between different parts of the Senior Section, but also



a bad philosophy to take into the Senior Section of today.

WHAT DOES IT STAND FOR?

Look Wider is all about breadth of experience and personal development. With a little bit of imagination a lot of the ideas behind *Look Wider* can be read into the name. For instance:

L is for launch. Between the ages of 14 and 25 young women experience lots of launches: the launch of new

Adviser or Ranger Adviser. If you can't find an event, then just launch your own shuttle, invite some friends and 'lift off' to *Look Wider*.

Let *GUIDING* know what happens in your County, pictures are always welcome!

O is all about opportunities: the opportunity to start afresh, to revitalise your programme, to bring in new ideas and approaches to

the organisation of the individual and group. Plan your activities, get organised and do it, then review and enjoy the success. Or resolve to do it even better next time.

K stands for lots of things. For the key that will unlock doors in the future through personal development of skills. *Look Wider* offers you the chance to learn your strengths and weaknesses, to discover when it's best to go it alone, or to be part of a team to get the best results. Finding your role will unlock

YOUNG LEADERS

THE GUIDES ASSOCIATION



Look Wider offers a chance to explore the world

new and wider experiences.

Also you'll want to *keep fit*, be *keen* on new or different experiences and make sure you have the right *kit*, both physically and mentally, for whatever you want to do.

W stands for working together

in the Senior Section. Are you thinking of going to your Regional launch event but the local Rangers have half-filled a coach and no one else wants to go? Contact any Young Leaders, SSAGO and young Guiders nearby and see if, by working together in the Senior Section, you could fill the coach, save money and have a great time.

There are lots of other ways in which, by working together, everyone can enrich her own experiences and those of others throughout the Association, not only in the Senior Section.

I is for imagination, the imagination needed to think up activities and experiences and to put these into practice... To create a vision of the future and to strive to

attain it to make the most of life ahead.

It may also stand for *international* — not just an international dimension or flavour to the Association, but a chance to explore the wider world. An opportunity to travel and see more of your country, continent or, if you're really lucky, the whole world. An opening to broaden and enrich your life through experiencing other cultures and, perhaps, alter the perspectives of others through your own experiences.

D has got to be for dynamic!

Look Wider is meant to be dynamic. It reflects what is happening to young women as they grow older and broaden their horizons, so that they are prepared to tackle the changes that lie ahead.

E is for enthusiastic and the enjoyment of experiences.

Everyone ought to enjoy taking part in *Look Wider*. It may be challenging, it may be exacting, it may demand a lot, but, unless it's enjoyable, it isn't going to be a success.

Boring activities shouldn't really have a place in any programme, and certainly not in one which is meant to reflect the individual's personal preferences and choices. Activities should appeal to the participant and have relevance for her and, possibly, for other people too!

R is for reflection. All too often in life today there is little chance or time for reflection. One thing follows so closely after another that there is little time to pause and take stock, to make sure the direction life is taking is the right one: for you, or even just to catch your breath.

As life gets faster, the chance to reflect on activities, events and, most of all, achievements seems to be lost. Why not suggest that your group resolves to create time for proper reflection on the achievements of the individuals within it? This will provide them with the chance to rejoice in the achievements of the group both individually and as a whole.

For example, you could

have a regular celebration evening, where those of the group with new experiences can share them in a range of ways — audio, video, slide presentations or talks. This might also form part of a review process for your activities. Dance and drama might also have a place here as an alternative medium through which the experiences might be conveyed to others and it is also a way of enlivening the evening.

NEW CHALLENGES

As you can see there's a lot more to *Look Wider* than just a new programme with a new name. The letters of *Look Wider* spell out a lot about the new programme, its ideas, ideals and ambitions. For participants and leaders alike it offers fresh challenges and opportunities to develop and to make Guiding even more worthwhile for the Senior Section. Good luck with your *Looking Wider*.

HILARY WENSLEY
Senior Section Adviser 47

OLAVE BADEN-POWELL

Bursaries 1994

NORTH EAST ENGLAND

KATIE BARROW

Young Leader
1st Thorngumbald Brownies
Flute

CLAIRE BELL

1st Brunton Park Guides
Choir visit to Florida

LYNETTE BENDER

6th Beverley Guides
Visit to Austria

HELEN SHREEVE

1st Grimsby East Rangers
Equipment for EIL

JENNIFER SWEETING

82nd Huddersfield Guides
Clarinet

SOUTH WEST ENGLAND

NAOMI BAKER

Fleet Rangers
Visit to Mexico

CATHERINE BUTTON

1st Cullompton Guides
Study tour to Israel

RUTH GOODRIDGE

Young Leader
2nd Langley Guides
Visit to Japan

JACQUELINE HARRIS

Young Leader
1st Winchester City Guides
Project Trust

ROSALINE HOGG

Taunton Rangers
Visit to India

MIDLANDS

KAREN ABLETT

Young Leader
3rd Tibshelf Guides
Rucsac, sleeping bag

JENNIE ASTON

Covedale Rangers
Boots

JEANETTE BRADFORD

Polesworth Rangers
Rucsac

AMY BRANDRETH

Young Leader
9th Clifton Guides
Rucsac

JEMMA HOLT

2nd Leamington Guides
Squash racquet

JOANNE MULLARD

1st Cleobury Mortimer Rangers
Waterproofs

SIÂN MUSGREAVE

Triton Vandyck Rangers
JEM Channel Project

NICKY PHIPPS

Young Leader
2nd Walsall Wood Brownies

Sleeping bag

CLAIRE THOMPSON

Young Leader
3rd Hednesford Rucsac, sleeping bag

ANGLIA

NICOLA BECKETT

Young Leader
3rd Letchworth Brownies
Visit to India

LINDSEY BELL

Young Leader
3rd Letchworth Brownies
Visit to India

JODI BUSBY

Young Leader
10th Harpenden Guides
International camp —

Luxembourg

CHARLOTTE DAMON

Young Leader
22nd Bedford Guides
Atlantic Challenge

JOANNE GAYTON

Young Leader
9th Norwich Guides
Norfolk County Guide
Choir visit to Switzerland

REBECCA JAMES

Young Leader
10th Hitchin Guides
Rucsac, sleeping bag

JACQUELINE MITCHELL

Henlow District Rangers
Boots, sleeping bag

CAROLINE SAGAR

Young Leader
2nd Wickham Market Brownies
French horn

JANE WATKINS

Young Leader
5th Thetford Brownies
Norfolk County Guide
Choir visit to Switzerland

SALLY WATKINS

1st Thetford Guides
Norfolk County Guide
Choir visit to Switzerland

JANINE WILLIS

Young Leader
9th Norwich Norfolk County Guide
Choir visit to Switzerland

LONDON & SOUTH EAST ENGLAND

IRENA DANILEWICZ

Canterbury City Rangers
Sleeping bag

SARA DOWNTON

Strood Town Rangers
Rucsac, boots

CAROLYN GIBBINS

1st Buxted Guides
Rucsac

FRANCES HEAD-RAPSON

Lamorbey Rangers
Visit to India

FAYE HOPKINS

4th Horsham Guides
Visit to India

JO PARRY-JAMES

Young Leader
1st South Nutfield Guides
British Schools Exploring Society visit to Norway

MELANIE PRAWL

Young Leader
5th Chatham South Brownies
Accompanying disabled youngsters to Majorca

LINDSEY TYAS

1st Claygate Rangers
Fittings for driving carriage

MY-NGOC VO

2ndA Teddington Guides
Waterproofs, boots, socks

MY-PHUONG VO

2ndA Teddington Guides
Waterproofs, boots, socks

KATY WILLIAMS

Young Leader
1st Brede Rucsac

WALES

VICTORIA COOK

4th Haverfordwest Rangers
International camp — Canada

KATE DUTHIE

Magor Rangers
Expedition to Pakistan

SARAH DUTHIE

Magor Rangers
Expedition to Pakistan

VICKI GALLOWAY

2nd Central Glamorgan Rangers
Commonwealth camp —

Vancouver

VIVienne ROBERTS

Young Leader
2nd Chirk 'Hello' camp, Japan

ULSTER

HELEN COLMAN

Larne Rangers
Commonwealth camp — Canada

JOANNE KITSON

Larne Rangers
Commonwealth camp — Canada

PATRICIA MACKEY

Young Leader
1st Comber 'B' Guides
Visit to Japan

CHRISTINE MCKNIGHT

Montalto Rangers
Exchange visit to Saskatchewan

LORRAINE RUTLEDGE

Young Leader
1st Lisnaskea
Sleeping bag, boots, rucsac

ANNE SURPHLIS

Young Leader
1st Lisnaskea
Gold Project trip to Russia

BGIFC

GENEVRA FORWOOD

Young Leader
Benelux
Equipment for expedition to Danube Delta

**ONE
WORLD**

RETURN TO AFRICA

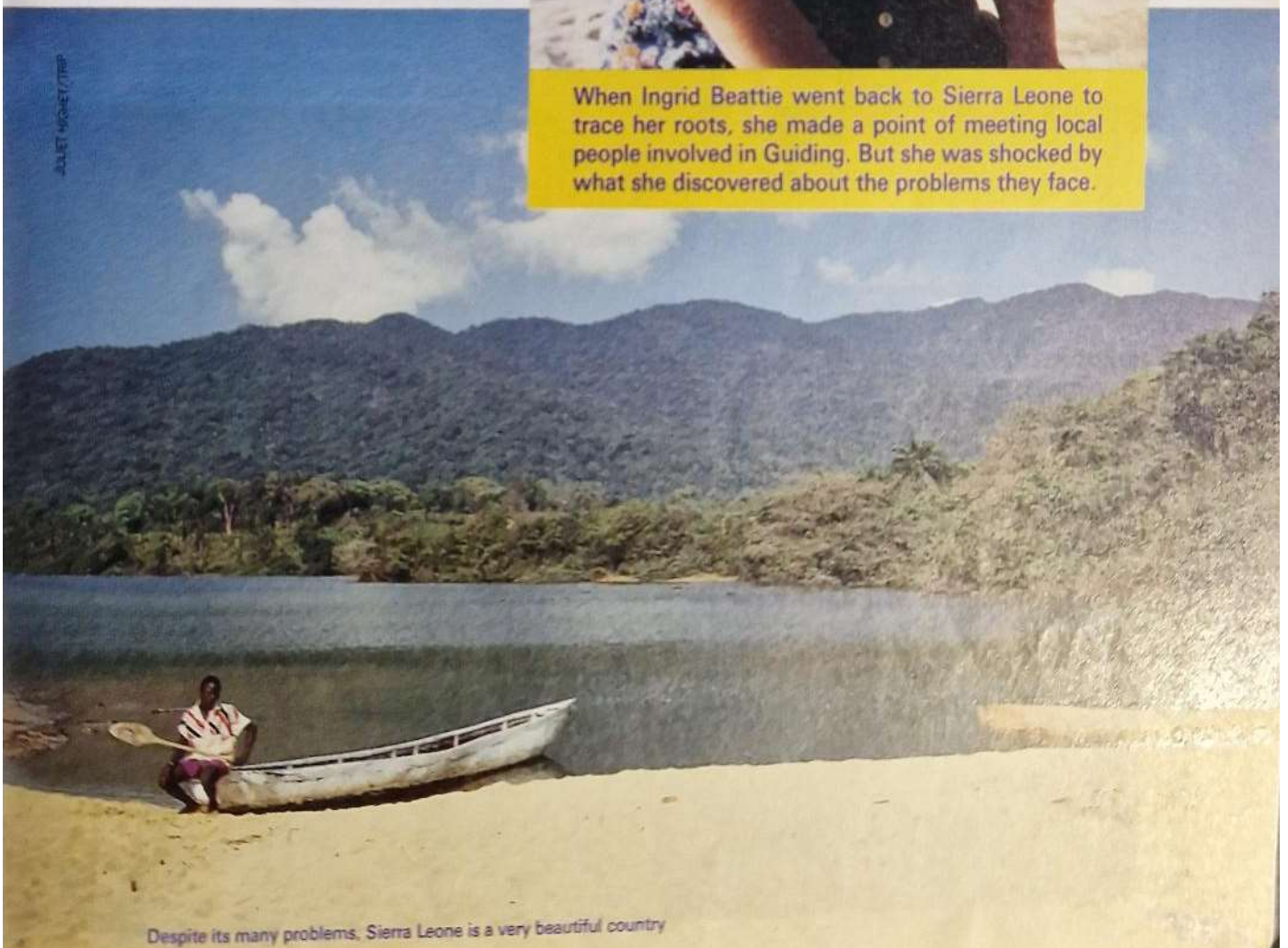
ANN RATH



Ingrid Beattie
at Lumby
beach near
Freetown

When Ingrid Beattie went back to Sierra Leone to trace her roots, she made a point of meeting local people involved in Guiding. But she was shocked by what she discovered about the problems they face.

JULY 1994/7/94



Despite its many problems, Sierra Leone is a very beautiful country

Ingrid Beattie's father was a District Commissioner... of a different kind.

He was in the Colonial Service before the 1939-45 war, serving in Sierra Leone in the days when it was a British protectorate. And it was in this part of equatorial West Africa that Ingrid, a Guide Guider who now lives in Natland, near Kendal in Cumbria, was born in 1948.

Long ago she became reconciled to never seeing her birthplace again but then the improbable happened: an out-of-the-blue legacy provided a chance to visit the now independent republic for a sentimental reunion.

Ingrid wasn't disappointed. In the capital, Freetown, she was fêted like a VIP. And, while searching out her roots, she made friends with some of the Guides of this very poor country and discovered how she could help them.

Ingrid had already been providing a helping hand for the country of her birth since she contacted Ann Raith, a VSO worker in Sierra Leone.

By chance, Ingrid read about Ann's work in a magazine distributed by the school in Edinburgh where they had both been pupils. And, assisted by her Guides, she began sending out sewing equipment, such as cotton, thread, needles and scissors. These were much-needed at Freetown's YWCA



Ingrid met the Ranger Unit attached to the YMCA in Freetown

vocational institute, where Ann teaches needlework.

The two women's friendship grew by post and Ingrid believes the warm welcome she received was partly due to Ann's contacts, as well as the memory of her father, as she explains:

From the moment of my arrival in Freetown, I was made to feel welcome, even by strangers on the street and in the markets, and great interest was shown in my visit.

This was partly to do with my father, just as it had been when I'd enjoyed the distinction of being one of the first white babies to be born there.

That was when local chiefs came to bring me sheep and other gifts — and to verify that I was actually white all over. This time, fortunately, nobody required proof!

I was still only a few months old when, in 1949, my father died in hospital at Freetown from complications



Ingrid receives her 'ambassador of goodwill' certificate from the Mayor of Freetown

following an operation for appendicitis. He was only 48 and had spent 25 years in Sierra Leone, a country he loved deeply.

My mother, who was Norwegian, left taking me with her to live briefly in Norway before settling in Edinburgh, where I grew up hearing stories of my father's life as a British Government District Commissioner in various parts of Sierra Leone, including Freetown. He was on the legislative council there and was twice mayor in the '40s.

Even as a girl I longed to go back and find my roots but, with the cost involved, there seemed little prospect of being able to go. Then, quite unexpectedly, a gift from a Norwegian friend of my mother's put this on the agenda.

Ann Raith put me in touch with a judge she knew in Freetown. He, in turn, contacted the Chief Justice, the Chief Commissioner of Police and his assistant and various government ministers, as well as the Mayor of Freetown and other members of the council.

The Mayor, a delightful person, arranged a civic reception for me at the town hall. There I was made an "ambassador of goodwill" and given a certificate to prove it!

I made a trip up country to Bo, in Southern province, where my father was DC at one time. I travelled on the government bus which was, in itself, quite an experience. The roads are full of potholes and the poor, nervous passenger dares not look too long at the overloaded lorry bearing down rapidly on the bus — on the same side of the road.

Chickens — presumably for dinner — were carried live in carrier bags on the floor and complained with loud squawks at all the bumps.

But I was paid great attention by the other passengers and 'looked after' through all the military road blocks.

From the bus I saw small children with containers of oranges or lemons on their heads, settling down with their mothers at the side of the road for another day's trading. It costs £50 to £60 a year in school fees for a child to attend primary school and about £130 to go to secondary school. And this is beyond the reach of most people.

Sierra Leone is still an extremely poor country with the highest infant mortality rate in Africa. Yet, despite the poverty, the people are the kindest and friendliest you could wish to meet.

Hail a taxi and you will not have it to yourself for long because they operate much like buses, stopping to pick up passengers until full. But where in Britain today could a lone woman travel in a taxi at night with six

strangers — all men — as I did, and still feel completely safe?

In Freetown I went in search of my father's grave. It took me three and a half hours to find it in the European cemetery. But, to me, it was important to do so.

It was also important to make contact with the local Guide leaders and this became possible when I attended a big Remembrance Day service in Freetown. There I met the Chief Scout, who introduced me to a Guide Commissioner.

She told me that Guiding was growing in popularity but there was a desperate shortage of leaders, as well as of equipment and funds.

The Commissioner put me in touch with some Guiders in Freetown and, as

and scissors. It seemed, however, that what this Guider wanted, more than anything, was a World Flag.

It was sad but I was impressed by the resourcefulness and cheerful outlook of all the leaders and girls I met. I resolved to try to help in any way I could, on my return to cool Cumbria.

In temperatures of 30 degrees C and a climate with 75 per cent humidity I'd had to adapt quickly. For the first 24 hours after my arrival in Freetown there had been a failure of the very erratic electricity supply. With no air-conditioning, I sweltered in my modern hotel. Only the well-off can afford their own generators.

At the end of my fortnight's stay, Freetown's friendly Mayor again honoured me, this time with a civic

SIERRA LEONE

Sierra Leone, named after a mountainous peninsula, the 'lions' range', was founded by British philanthropists in the 18th Century as a re-settlement colony for freed slaves.

It steams in the tropics, with its mangrove swamps the home of the most malignant malaria-bearing mosquitoes, and suffers a myriad of other diseases. Life expectancy, at 42, is the lowest in the world.

Bled by corruption and drained by seemingly endless fighting on its borders

with Liberia, social conditions — which were once the envy of Africa — have deteriorated steadily.

Politically, anything can happen at any time in Sierra Leone. But, at the time of Ingrid Beattie's visit, the one-party state was being led by the world's youngest dictator, Captain Valentine Strasser who, at 27, came to power in a military coup in 1992.

The economy is now said to be slowly on the mend but much depends on a solution to the Liberian question.

a result, I was able to visit a Ranger Unit attached to the YWCA, in whose building they meet each week. There were more than 30 girls, most of them still at school, all very smartly turned out, in skirts, pale blue blouses, royal blue neckers and berets.

And yet they had virtually no equipment of any kind and had to make their badges from coloured paper. If they didn't happen to know what the official badge — as shown in a current UK handbook — looked like, they would make the badge to their own design.

The girls entertained me with an impromptu concert of songs and dances, given in my honour.

I met Trainers whose only equipment was dog-eared handbooks, years out of date. Although I have no training experience, the Trainers begged me to help them plan a programme for the Guides that would be acceptable to the international team. It was no easy task, but I did my best.

Even though I only had one night in Bo, I managed to meet a Guider there too, but not her Guides, unfortunately. Again, I heard the same story — an almost total lack of the most basic equipment, such as pens, paper, glue

lunch. It was another chance to sample some of the many different local dishes such as groundnut stew, potato leaf stew and foo-foo, a jelly-like substance made from cassava. With a plentiful supply of prawns and fish like bonga and barracuda, I enjoyed some delicious fish dishes, too.

Yes, the land of my birth had more than met all my expectations, as well as giving me a few surprises. One day, I hope I will be able to return to my roots yet again.

Meanwhile, back in Cumbria, the 1st Natland Guides, helped by the 2nd Kendal Guides, are raising cash in various ways so that we can send up-to-date handbooks and other equipment to those I met in Sierra Leone. No Guides anywhere could be more deserving of our support.

INGRID BEATTIE

● Ingrid Beattie would be delighted to hear from any leader interested in helping Guides in Sierra Leone, either by raising cash or by sending suitable items of equipment.

For details write to her at: Bield, Oxenholme Lane, Natland, Kendal, Cumbria LA9 7QJ.



GUIDERS...

Have you heard the one about the Guider who didn't know about the exciting changes that have been taking place in the Movement? She was behind the times because she didn't get her own copy of *GUIDING* each month.

If you have a friend who is missing out on all the news, views and activity ideas in *GUIDING*, do her a favour and tell her about our post-free subscription offer.

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YOUR LETTERS

The letters about the Brownie Six Emblems in June's *GUIDING* have prompted two more Brownie Guiders to put pen to paper.

PRESERVE THE FANTASY

I appreciate that we have to move with the times and that changes have to take place but is it really necessary to make any further alterations to the Guide Movement?

I understand it is now proposed that the Six emblems for Brownies should be replaced by, say, flowers or animals, thus making no distinction between Brownies and Guides.

I cannot believe that children relate the current emblems to that of the occult or evil beings. There has to be some sense of fantasy for children, or should we now think of banning them from all thoughts of Father Christmas or the Tooth Fairy as well?

If we are going to bring everything into a modern way of thinking is it advisable for the children to relate to a story where two children go out into the woods on their own? Where do we draw the line?

Consideration should be given to any further changes and, perhaps, before any more changes take place, it would be preferable to consult the Guiders first.

LINDA GRAY

Brownie Guider
Middlesex

LEAVE WELL ALONE

For goodness sake — let children have their childhood and let Brownies have their Six emblems!

After reading Jean Edwards' letter in June's *GUIDING*, I just had to back

up her objections to their possible abolition.

The whole thing is ridiculous. If no one suggested to children that there were some underlying 'bad' meaning to the Brownie men, I am sure it would not even occur to them.

Why, suddenly, after so many years has there been all this outcry? After all, the original fairy tales were really horror stories. So are the 'Powers that be' going to ban those too? If they do, there won't be any pantomimes to take our Brownies to at Christmas! Leave well alone I say.

BEVERLEY BUTLER

Brownie Guider
7th Ashford Pack
Middlesex

HIGHLY RECOMMENDED

Having moved house last April I did not expect to take a holiday or break during the summer. However, an offer to Guiders and their families appeared in my post offering us the chance to sample half-board accommodation at Foxlease Training Centre at only £11 per night.

Foxlease is a well-restored and very clean, large house with many rooms each adopted and named after the island or country funding its upkeep. Our room was named after the Channel Islands and housed six single beds in a multi-windowed hexagonal shaped wing of the mansion. It was bright and clean and had its own ensuite facilities with a lovely view of the wooded acres of estate which surrounded the house.

The grounds were alive with Guides and Brownies camping, with everyone making the most of the amenities.

While at Foxlease we

were able to sample swimming, archery and some lovely walks and found it an ideal base for visits to Bournemouth, Poole and the New Forest villages.

All in all it was very worthwhile at a reasonable price and I can truly recommend it if the offer is made available again.

INGRID MIDDLETON

Brown Owl
7th Bury (All Saints)
Brownies

GROUP WORK

As National Co-ordinator of the Myotonic Dystrophy Support Group, I would like to say how appreciative I was of the Carlton Rangers help at the annual conference of the Group, held recently in Newport, South Wales. This is the second year they have done this for the Group.

They organised the registration and welcomed people, and looked very smart in their Ranger wear! Following this, they supervised indoor sports with the less able young people, and also helped in the crèche with the younger children.

Leaders and Rangers alike were a credit to the Movement.

MARGARET BOWLES

District Commissioner
Carlton
Nottingham

METAL BADGES

I am trying to compile an illustrated list of metal Guide badges right from the Rosebud badge to date.

I do actually collect them myself and would be glad to hear from other collectors too, but my reason for writing is to find out if there are any books, perhaps old PORs or other training books, which may illustrate, and give

requirements for, the badges and the dates for which they were valid.

This would not include the metal County badges — just the various Promise Badges and Awards plus Commemorative Badges.

I would, if I can and have the time and facilities, like to try and make an illustrated list and brief history of the metal badges.

PAULINE GODDARD

Chessington
Surrey

● Contact Pauline c/o *GUIDING*.

SEA RANGER'S REQUEST

Some time ago, I lost my Sea Ranger Promise Badge and, while I wear the ordinary Guide Promise Badge with pride, I would dearly love to have another Sea Ranger one.

Are there any 'old salts' out there who have a spare one they would be willing to part with? Hoping you can help with this.

PENNY FOWLER

Brownie Guider
Newbury, Berkshire

● If you can help, contact Penny c/o *GUIDING*.

MANY THANKS

The National Trust Brownsea Island wishes to thank the Brownies from Waterlooville, Hampshire — who came to the island to celebrate the Brownies' 80th birthday — for collecting five shoe boxes of Lego for the needy children who visit the island each year for weekends and holidays.

MAUREEN GUEST

Poole
Dorset

Letters should be kept as brief as possible and the Editor reserves the right to edit any contribution. Letters must carry the author's name, address and, if possible, a daytime phone number.

Shovaughn's LONG SILENCE

*Spending a day
in silence taught
Young Leader
Shovaughn Webster
that it pays to
play dumb —
especially when it
comes to helping
our furry friends.*



Digging for dormice: Shovaughn plants the first sapling

To those not in the know it would have seemed that Cilla Oates, then the Association's Environment Adviser, was planning a Mad Hatter's Tea Party — 'Please bring me some hazels for the dormice,' she said, like the Queen of Hearts.

But Young Leader Shovaughn Webster, about to depart from Great Hautbois House after attending a conservation weekend at the Anglia Training Centre with her Guider, Eileen Frost, knew that this was no Alice in Wonderland request, so she didn't reply: 'Nuts'.

Hazel saplings were what Cilla wanted for her little furry friends and, following a long silence, that's what Cilla got from Shovaughn.

Eileen, Leader of the 1st East Goscote Guides, in Leicestershire, explains how Shovaughn came up with the hazels

by keeping quiet:

As many naturalists are well aware, with modern farming methods and the destruction, on a vast scale, of much of the natural habitat of small mammals like the dormouse, as well as that of certain birds, these little creatures are now an endangered species.

At Hautbois Shovaughn and I learned about the work that is going on to save the dormouse from extinction by planting young hazel trees, to recreate its habitat. This is already being done at Hautbois, where it is hoped that dormice will be encouraged to breed in the kind of woodland setting they need.

Getting hold of hazel saplings in sufficient quantities at the right time of the year for planting can be a problem, apart from the question of cost.

So Cilla, who is closely involved with

this project, seeks help from wherever she can get it — hence her request to Shovaughn to "bring me some hazels".

Shovaughn, on her return to East Goscote, decided to raise money to buy as many saplings as she could by staging a lone 24-hour sponsored silence.

Since it was term-time and she had to go to school as usual, this was not easy and could only be done with the co-operation of the school head and her teachers.

However, there was no shortage of invigilators! Not only the teachers but all her form mates — when they weren't trying to trick Shovaughn into blurting out a word — were keeping all ears cocked every minute of the school day for the slightest sound to emerge from her lips.

At all times she kept a notepad and ballpoint handy so she could write down the answer to any question she might be asked because, naturally, she was expected to carry on with her schoolwork as normal.

At home there was her mum, in addition to the rest of the family, to listen for the slightest utterance from the Silent One and it must have been a relief to Shovaughn to get to bed.

Shovaughn also used sign language as a means of communication and even helped out at a disco in this way.

Never once in the complete day of silence did she "blow it". Then came the pleasure of collecting the money from all her sponsors. With the £75 raised, Shovaughn was able to buy 175 hazel saplings, supplied by a local Scouter who runs a garden care firm.

The saplings were duly heeled into my garden until it was time for us to revisit Hautbois a few weeks later for another conservation session, when we took the hazels to Cilla. She seemed delighted and, I suspect, rather surprised to get 175.

It was decided to use some of them to form a hedge between farmland and the boundary of the Hautbois land. Shovaughn, quite rightly, was invited to plant the first one. The other saplings were used to help create a coppice within the grounds.

The eventual effect, we hope, will be to re-introduce dormice to Hautbois by providing a new habitat with the conditions that they find irresistible.

Everyone who values the wildlife of this country agrees that these delightful little creatures must not die out.

If we succeed in luring them back to Hautbois, it will be in no small part due to Shovaughn, a girl who knows it sometimes pays to play dumb. The 1st Goscote Guides are proud of her.

EILEEN FROST

The best event of the year **See top pop stars** Watch live TV broadcasts Check out the fashion catwalk Chill out in the **Video Street Cafe** Beat your friends on the latest computer games **NEC Birmingham** Have a **fab day out** **Win Win Win** Have a go at roller-blading Be in on the latest action Have your **DMs** painted Be in on the latest cool day out **gossip** Have a fantastic course Join Try the assault all action day us for an fab make Try out a latest loads over See the Be there film trailers Enter of **competitions** for **Children's** **Book Week** Fling yourself at a Velcro wall Be amazed by the TV area Check out the latest in films Have-a-go at snorkelling **Watch Live & Kicking live!** Be there for new game launches Learn all about recycling See the latest from the **Guinness World of Records** Top celebrities from pop, TV and sport See TV special effects See how **Superman** flies Visit the fashion village Drive the "Big Cats" Play table football Try out exciting **Sega and Nintendo Games** See your **CBBC favourites** Have a go at Baseball Play the latest street games Check out the sporting arena **The BBC's Big Bash** 6 - 9 October '94 **Be Cool - Be there!**



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PEOPLE *and* PLACES

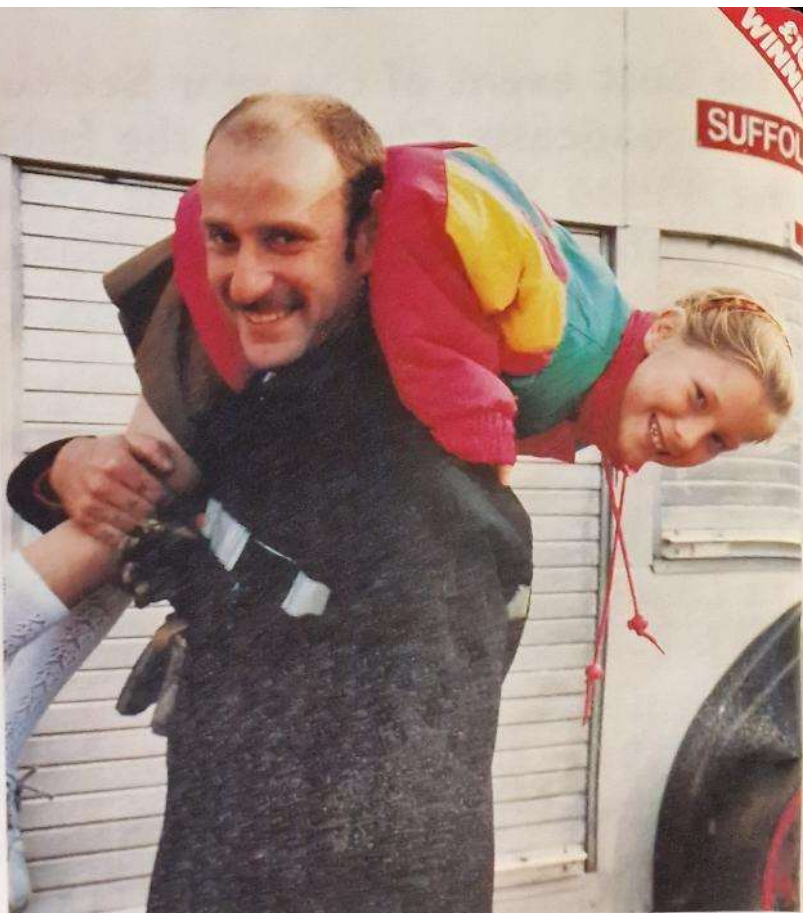
STELLA ROSE

CARRIED AWAY

► A friendly fire-fighter offered Brownie Katherine Rose of 1st Martlesham Pack, Suffolk, a fireman's lift when she and her unit visited Stadbrooke fire station during their Pack Holiday at Dennington.

GRANNY'S GIRL

▼ Rainbow Rachel Smith of 1st Wells Unit, Somerset, had a secret to share with her Granny Celia Pink, a member of Wells Trefoil Guild, when the two met up at a party held at Wells Cathedral's Bishop's Palace to celebrate the Trefoil Guild's golden jubilee.



BRUNDA BICKERTON



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STICK 'EM UP!

▼ When Guiders from Adur Valley Division, Sussex West, held a fun weekend with a Wild West theme, Division Commissioner Ruth Carden found herself held to ransom by gunslingers Val Noble (left) and Sheena Kane.

READY FOR HOME

► All good things must come to an end — even camp! But Samantha Fardon of 5th North Dorcan Guide Company, Wiltshire North, managed to put on a brave face as she packed her bags for home at the end of her unit's stay at Didcot.



SUSAN TYRRELL

ON THE ROPES

▼ It's all a question of balance! Brownie Helen Fleming of 32nd Reading (Christchurch) Pack, Berkshire, took the rope bridge in her stride during an exciting County Go Challenge Day at Wellington Country Park.



CAROLINE FIELD



HOT SHOTS

◀ On target for some fun at Exeter Division's Have A Go Day are Joanne and Amanda Gallichan of 1st Pinhoe Guide Company, Devon. Division Commissioner Patsy Keane looks on while County Outdoor Activities Adviser Laurie Pearson shows how it's done.

Don't forget to keep sending in your photos of Guiding life. The best picture each month wins £10.

*As a ten-year-old,
Marion Prior liked the
playground songs so much
she wanted to know
where her friends had
learned to sing them.*



MA



On song: Marion leads
Brownie action songs at Hautbois
House's birthday celebrations

RION'S *musical life*

When they explained it was at Brownie meetings, Marion was determined to become a Brownie too — even if there was less than a year left before she'd have to sing her way up to Guides. And Marion has been singing Guiding songs ever since.

She is a familiar figure to everyone in Anglia Region, and many other members of the Movement have benefited from her expertise and skills.

Her musical education, begun at Kent Junior Music School when she was 13, resulted in a string of qualifications. You'd need a long envelope to fit in all the letters after her name!

Marion studied piano and viola and specialised in music while studying to be a teacher at Bedford Training College. After a supplementary year at London's Trinity College of Music, she walked away with three diplomas: ATCL (Associate of Trinity College London) in piano; LTCL (Licentiate of Trinity College London) in class music teaching; and LRAM in aural training.

She later tackled an Open University degree, following an arts foundation course to gain a BA to add to her collection of qualifications.

Marion taught in junior schools at Dartford and Welling, in Kent, for six years, and also spent a happy year teaching eight- and nine-year-olds in Georgetown, Ontario, and still remembers the wonderful VIP treatment she was given.

On her return to England, Marion moved to Bedfordshire, becoming deputy head of a church school in Houghton Regis. Her next career move came about through an improvised 'jam' session using gardening equipment as instruments!

The head of music from her old college attended a one-day music course for teachers which Marion was running. With her usual originality, she had organised a workshop on making music with 'found' objects. She invited her VIP guest to join in the fun, handing him a trumpet mouthpiece, a length of hosepipe and a watering can.

'See if you can get a tune out of those,' she suggested sweetly. He did — and she got a new job — as a music lecturer at Bedford College of Higher Education.

Marion held the post for 22 years,

retiring last year — well, almost leaving. She still goes into college on a part-time basis, weaving her Guiding commitments around her teaching hours.

When it comes to Guiding, you name it, Marion's done it or been it! Following her eleventh-hour start at Brownies, Marion has passed through just about every section and a fair selection of appointments.

The roll reads: Guide in Sidcup; Land Ranger in Orpington; Cadet in Ipswich; Assistant Guide Guider, Guide Guider and, later, Sea Ranger Guider in Dartford; Assistant Guide Guider and Guide Guider in Houghton Regis; Bedfordshire County Arts Adviser; Anglia Arts Adviser; Anglia Guide Consultant; Anglia Music Consultant; general trainer; music trainer; and is currently tutor of trainers.

During her year in Canada, Marion was even invested as an Air Ranger standing on a polar bear rug in her Guider's family room.

'I went to help with the Air Rangers,' she explained, 'and met Hettie Smith on my very first day there.' Hettie, then Music Adviser for England, was also visiting Canada. It was the start of a long musical association.

'I became a full member of the Canadian Girl Guides/Guides du Canada. I took my warrant by correspondence course and made the Canadian Promise. I remember having to learn all the provincial emblems.'

As well as all her musical commitments, Marion is currently District Commissioner for Bedford District 4 and is caretaker Brown Owl at a Brownie Pack until a permanent leader can be found.

'It fits in well,' she told *GUIDING*, 'because Brownies meet on a weekday. I couldn't have managed weekends. I've been known to have a Guiding commitment every Saturday for several months on end.'

Marion loves being involved in big projects, especially musical ones. She has conducted in St Margaret's Westminster and in Westminster Abbey for the Thinking Day Service; helped with the production *Images and Reflections* for the Diamond Jubilee; run an Arts Camp at Doe Lake Training Centre, Ontario with her great friend Wendy Rider (who is profiled in this month's

Lifestyle — see page 63); visited Our Cabaña and seen the candlelit Easter procession at Taxco; taken part in the 60th birthday celebrations at Our Chalet and the opening of Pax Lodge; and been an energetic member of the planning teams for Anglia's three highly successful International Camps.

Last year she also fitted in a ten-day *Sound of Music* course at Our Chalet. 'There were over 40 of us,' she says. 'We played ocarinas, and sang on top of a mountain every day!'

In her spare time Marion gardens, sews and machine-knits spectacular and intricate sweaters for her friends. She's very active in the London Singing Group, has written and published a guitar tutor *Play Chords and Sing* and compiled a song book, *Songs for All Sorts*, for Anglia Region. She was also involved with the production of several Association records and tapes.

'We were television stars once,' she recalled. 'Almost brought the house down — and I mean down!'

'When the first record *Singing Along with the Girl Guides* came out in 1971, we were invited to sing live on *Blue Peter*. They staged realistic healthy-looking outdoor conditions to accompany us. We were letting rip with *If you're happy and you know it*, when a carbon pad caught fire and set some fibreglass alight.

The flames were fanned by the wind machine and, before you knew it, the studio was full of firemen, rushing around extinguishing the blaze. We sang on surrounded by frenetic activity. It was definitely a performance to remember.'

In 1977 Marion was awarded the Beaver — the Association's Award for outstanding service at home and abroad. When Anglia's then Chief Commissioner, Audrey Bickersteth, broke the glad tidings by telephone, Marion collapsed on the hall floor, buckling under the shock.

Fortunately, she managed to stay upright when, at the Anglia AGM 1993, she was presented with the Good Service Brooch and Certificate. 'It came out of the blue,' she said modestly. A high note in a Guiding career she has no intention of scaling down, just yet.

BADGE SWOP

Badge Swop — one of *GUIDE PATROL*'s most popular features — now appears at regular intervals in *GUIDING*. The service sets out to give keen collectors the chance to swop County badges, camp site badges and the like with other swoppers all over the country.

TAKING PART

Taking part in the scheme is simple. Just write a short note to each collector you want to swop with. Enclose the badge(s) you want to send her, plus a sae so that she can send you her badge(s). (Do this even if you are replying for a second time).

Then pop all your requests into one big envelope and send this to: Badge Swop, *GUIDING*, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. We will then make sure your requests are forwarded to the people concerned.

SWOPPERS

Charlotte Hastings: Merseyside South, Cambridgeshire East, Sefton, Yorkshire, Lancashire South East and Manchester North, and Lancashire West for any.

Laura Barry: Hampshire West (2), Yorkshire Rose (2), Oxfordshire (1), Nottingham (2), Surrey (2), Hertfordshire, Bedfordshire and 2nd Stotfold name tapes, for any, except Cambridge West, Essex East, Essex West, Norfolk, Suffolk, Greater London, Croydon, London North East, Sussex Central, Sussex West, Derbyshire, Herefordshire, Rutland, Worcestershire, Cleveland, Northumberland, Sheffield, Cheshire Forest, Cumbria South, Stockport, Wirral, Devon, Dorset, Hampshire East, Hampshire North, Hampshire West, Isle of Wight, Somerset and Scotland.

J Christian: Rutland and Leicestershire plus a few singles for any County (cloth).

Katherine Green: Wiltshire, Avon, Jersey, Guernsey, Somerset, Cumbria South,

Tear Campaign and many name tapes, patches, foreign and Scout for any, but especially new badges, name tapes, foreign, patches and Scout.

Sharon Randall: Dorset, Wiltshire South, and Hampshire West for any County, camp site, Scout or others not in the *Guide County Badge Book*.

Emma Mason: Devon Star (cloth) for any (cloth).

Carol Potter: Dorset, Wiltshire and Middlesex (cloth) for any (cloth), except Dorset, London South East, Middlesex, Surrey Lion, Wiltshire, Bedfordshire, Nottinghamshire and Hampshire West.

Annette Jackson: Greater London Kent, London and South East England, for any County or Region (two County badges for one Region patch) or old Jay Patrol Emblem.

Catherine Tunley: Isle of Man old and new (cloth) for Alderney, County Durham, Guernsey, Lancashire East, Lancashire Border, Greater Manchester West, BGIFC, North Tyneside, Wiltshire North (green), old Wiltshire, old Wirral, North West Region, South West Region, camp site, Scout County or District and foreign.

Allison Graydon: Northumberland (cloth), and single Norfolk, Derbyshire and Kent East for Lincolnshire South, Oxfordshire, Kent Weald, Kent West, Middlesex East, Sussex, Birmingham, Nottingham, Rutland, Shropshire, Staffordshire, West Mercia, Cleveland, Greater Manchester North, Isle of Man, Lancashire Border, Stockport, Wirral, Avon, Guernsey, Isle of Wight and Jersey.

Sarah Pilch: Greater London Croydon and few singles for Buckinghamshire, Greater London Kent, Sussex East, Birmingham, Rutland, West Mercia, North Tyneside, Cheshire Border, Cumbria South, Lancashire Border, Lancashire East, Cornwall, Jersey and Somerset (all cloth) plus any new badges not in the *Guide County Badge Book*.

Debbie Musson: Dorset and Hampshire West (metal and cloth) for any County.

Pam Keay: Staffordshire Knot (metal) for any County (metal).

Ellie Tarrant: Hertfordshire (cloth) for any.

Julie Darlington: Lancashire South East, Manchester, Yorkshire and some singles for any (cloth).

Joanne Hobbs: Greater London Croydon and many singles for Alderney, Cheshire Border, Cleveland, Cornwall, Gloucestershire, Greater London Kent, Isle of Man, Lancashire (any except West), Manchester, Oxfordshire, West Mercia, Scout and foreign.

Marion Wynn: Shropshire for any County, but especially North Wiltshire, North Yorkshire West, Greater Manchester West, Lancashire South and Alderney.

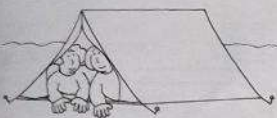
Sophie Gwyn-Smith: South West England Region circular blanket patch, and most County badges for Alderney, Lancashire Border, new East Middlesex, old Bristol, obsolete Huntingdon, and any out-of-date versions of Guide County badges, Interest badges or Patrol Emblems.

CLASSIFIEDS

DISCLAIMER REMINDER

Inclusion of advertisements in this section should not be taken to mean that the Association has checked out and approves the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

CAMP SITES AND ACTIVITY CENTRES



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Brochure available (large SAE) from: The Warden. Tel: 0634-861295/8. Fax: 0634-844553.

THRIFTWOOD International Camping and Activity Centre

The happy Centre with friendly and helpful, full-time staff, at Brentwood, Essex. (3 miles from junction 28 off the M25). Over 30 individual grassed sites. Indoor accommodation (now has a dormitory sleeping 32). Toilets, hot water, free showers. Wood fires are encouraged. Equipped sites available. On-site activities: archery, climbing wall, abseiling, canoeing, fishing, rafting, swimming, shooting, nature trail, orienteering, BMX bikes, cork guns, pioneering, adventure course, sports equipment and Patrol activities. Souvenir shop.

Guides and other Youth Organisations very welcome.

Please send SAE or phone the Warden: Bill Hindley, "Deskrie Shiel," Alexander Lane, HUTTON, Essex CM13 1AG.

Tel: 0277 226571 for details.

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Details from:
The Warden,
Downe Scout Camp,
Bird House, Downe,
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Telephone: 0959 572121.
SAE please.

CANAL ADVENTURE JOURNEYS

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PRINTFORCE BOOKS. Practical publications/resources for leaders — see under 'For Sale'.

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LIFE style

WENDY RIDER FROM BEDFORD

Bedfordshire's Arts Adviser, Wendy has combined a successful career in social work with a full Guiding life.

Guiding has meant a great deal to me and always will. I was a Brownie, Guide and Land Ranger in my home town of Grays, Essex. In fact, it was through Rangers that my career completely changed direction.

As a Ranger, I was involved with members with disabilities — helping with Essex Post Rangers, as they were then called. I used to camp with them every year and, eventually, became Guider-in-Charge.

By that time, I'd been working for five years as a general clerk. Through Rangers, I met Audrey Bickersteth, who was later to become Anglia's Chief Commissioner during the '70s, who encouraged me to apply for a social services post. This led to me qualifying in 1964 as a specialist social worker for the blind.

I was a home teacher for the blind for Essex County Council until 1975. Six months later I moved to Bedford and became a general social worker. After five years I took my Certificate of Qualification in Social Work and became a senior social worker, leading a team of other social workers.

Finally, I became Bedfordshire Social

Services Registrations and Inspections Officer for Residential Care Homes. Ill health forced me into taking very early retirement last year, but I still have a keen interest in working with people with disabilities, especially blind people.

I like living in Bedford although I drive over fairly often to see my family in Grays. Bedford is a beautiful town and Guiding is thriving here. I share a house with a Guiding friend and we work well together.

I've always been in the Movement and I've enjoyed handling a variety of jobs. I'm mainly a Ranger Guider, though I did help out as an Assistant Guide Guider in 1975. That was also the year that I was an aide at the World Conference.

I reopened a Ranger Unit in Bedford District 4, and ran it until we eventually combined several small District Units into one larger Division group. I was a District Commissioner in the early '80s, Assistant Programme and Training Adviser in 1983 and Bedfordshire County Arts Adviser for 15 years till March 1992, when I became County Secretary.

I was Anglia's Visual Arts Consultant,

before serving as the Region's Arts Adviser for the seven years before giving up the post earlier this year. That's when I was persuaded to become County Arts Adviser again.

Hobbies? Not surprisingly, I love the visual arts. I spend much of my free time cross-stitching. I don't use the kits, I'd rather work from a pattern. I enjoy cooking. My friend isn't quite so keen, so she shops and I cook — an ideal arrangement.

I'm not only interested in the Arts. I love the outdoor side of Guiding, too. I've been Division Camp Adviser in both Essex and Bedfordshire, and was selected to go to Sweden as a young Guider to help with a camp for mentally handicapped children. That was a really great experience.

I was a bit overwhelmed in 1992 when I was given the Association's Laurel Award for Good Service, but very honoured. Last year the Region gave me another Good Service Award, to commemorate WEAVE, Anglia's International Camp for which I was Co-ordinator.

It will remain one of my best Guiding memories. It was certainly hard work, no denying that, but the results were well worth the effort. We had some tremendous team leaders. I can't speak too highly of them.

Why WEAVE? The camp was held at Shuttleworth College in Old Warden, Bedfordshire, and the theme was weaving, spinning, looms and shuttles. It was a wonderful week, we were even featured on the TV show *The Big Breakfast*. Great excitement!

We haven't really quietened down since then. We're in the thick of planning Arts Alive '95. I don't see the time coming when I'll be with at least one Guiding club.



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