

# GUIDING

The background of the cover is a photograph of an older woman with short, curly white hair and large, clear-rimmed glasses. She is smiling warmly and has her arm around a young girl with long, straight blonde hair. Both are wearing bright yellow raincoats. The woman's coat has a white scarf with blue stripes tied around her neck. The girl's coat also has a similar white scarf with blue stripes. The girl is also smiling. The background is a soft-focus green, suggesting an outdoor setting.

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## GUIDING

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# Round UP

## HIGH CLIMBER

◀ Guide Guider Heather Wilson was one of 24 youth leaders selected for a free summer mountain leader training course.

'It was a week of intensive training. We covered everything including rescue procedures, rope skills and navigation techniques.

'We did a lot of things I hope not to have to deal with in real life! This training was second to none,' Heather said.

The course was sponsored by outdoor equipment company Goretex.

## BATTY BROWNIES

▼ The 1st Flaxton Brownies have gone batty! The girls have been busy organising bat boxes for the nocturnal creatures to make their homes in.

When their Brownie Guider, Ida Terry, explained that the bat population was declining, the Pack decided they wanted to do something to help.

The Brownies' families and friends helped make the boxes. Designed like bird boxes, there are crevices inside for the bats to cling to.





# Round UP

## NEWS HOUNDS

► When the 2nd Portsmouth Guides were set a challenge to organise work experience, the Orchid Patrol opted to become journalists for a day.

They joined the staff of *The News Portsmouth* writing news stories and producing their own front page. Guider Irene Johnson reports that the girls had a 'fantastic' time.

She explained: 'Every year I challenge the girls to do something as a Patrol. It teaches them how to organise things.'

Other Patrols have helped at a RSPCA shelter and have spent a day with the TA.

THE NEWS PORTSMOUTH



## HEARTY SKIPPING

► Brownies from South Devon have been taking part in the Jump Rope for Heart programme.

The programme is run by the British Heart Foundation (BHF) and encourages school-children to take more exercise.

Sponsored skips have been a popular way of raising funds for the BHF. The charity has been campaigning to make skipping part of the physical education curriculum.

HERALD EXPRESS, TORQUAY



## DANCING GIRLS

◀ Over 2,000 Guides, Brownies and Rainbows from all over Sheffield got together for a fun day at their outdoor activity centre, for the first time in five years.

The girls enjoyed activities

including grass sledging, parachute games, country dancing and 'masses of crafts'.

## FEET UP

▼ Taking a well-earned rest are members of the 3rd Cam-

borne Brownies, Cornwall, who were ready to put their feet up after completing a sponsored walk.

The girls walked six miles to raise money for Save the Children.



JANE CARROLL



The Save the Children Fund

COLIN ROSS



*Exciting news from CHQ means that this year the Olave Baden-Powell Bursary is open not only to individuals but also, for the first time, to Patrols applying as a group.*



Lindsey Tyas received her new carriage from the Duke of Edinburgh at Windsor Great Park

Since 1979 bursaries of up to £100 have been awarded to Guides, Rangers and Young Leaders up to the age of 18. Every year the Committee allocates money to young women in the Movement who want to further their interests and hobbies and, in doing so, make their dreams come true.

News of last year's winners show that the bursaries helped 53 girls fulfil their ambitions in 1994. Here is a selection of success stories:

**Lindsey Tyas** suffered a road accident that left her partially paralysed when she was only four years old. But that didn't stop Lindsey following her interest in horse riding and carriage driving.

Her dream came true when she was selected to represent Britain at the World Disabled Riders Dressage Championships at Hartpury College, Gloucestershire last July.

To compete she needed a new driving carriage equipped to accommodate her disabilities.

Thanks partly to the Olave Baden-Powell Bursary Fund, she was presented with a new marathon carriage by the Duke of Edinburgh.

A member of the 1st Claygate Ranger Unit, Surrey, she was justly proud when the British team was placed second in the championships. Lindsey was placed sixth in the individual event.

**Jemma Holt** started playing squash three years ago, when a teacher suggested she should improve her co-ordination. Shortly after joining the 2nd Leamington Guides, Jemma was chosen to train for the under-14 Warwickshire County team. Her coach believed that Jemma would benefit from a new squash racket and the bursary she received allowed her to select the one she wanted.

A whizz on court, Jemma feels that her game and her confidence have

improved no end since she got her new racket.

**Charlotte Damon** was thrilled to learn she had been selected to travel to Canada and represent Britain in the Atlantic Challenge Contest of Seamanship in Canada.

Held every two years, this event draws together the eight nations with Atlantic coastlines. They compete by rowing and sailing traditional Bantry Bay gigs which are about 33ft long.

A Young Leader with the 2nd St Michael's Guide Company, Bedfordshire, Charlotte needed to raise £600 for her trip. The bursary helped Charlotte meet that target and achieve her goal.

**Melanie Prawl**, a Young Leader with the 5th Chatham Brownies, applied to the Fund for help in accompanying a group of people with disabilities who were going to Majorca.

Her ambition is to become a social worker and this valuable experience complemented her college course. The award helped Melanie to fulfil her ambition to care for others.

## TELL YOUR GIRLS

If one of your girls wants to realise a personal ambition or complete a challenge, tell her about the Olave Baden-Powell Bursary Fund. If a Patrol wants to work on a special project inform the members of the Committee's decision to accept Patrol applications.

The scheme is open to Guides, Rangers and Young Leaders up to the age of 18. It is not means-tested and the project does not have to be directly linked to Guiding.

Girls must send for and fill in the form themselves. Patrol Leaders should apply on behalf of their Patrols and, if successful, an equal amount of money will be awarded to each girl in the Patrol. Of course this must be used to participate in the nominated Patrol project.

An applicant will be asked to outline her project, explaining how much it will cost and what has been done already to save money and raise funds.

Please note, however, that grants are not normally given for overseas travel such as international camps.

Successful applicants don't only appreciate the money, they also value the boost to their morale the Committee's interest provides.

Encourage your girls to apply, individually or as a Patrol. After all, one of your Patrols could be the first to receive an award.

To apply, the girl (or Patrol Leader) should send for an application form, enclosing a sae, at least 22cm by 11cm, to: The Secretary of the Olave Baden-Powell Fund, The Guide Association, 17-19 Buckingham Palace Road, London SW1W0PT. Applications must be in by April 30.

KIRSTIE GRAY



# Guiding

For three weeks last summer Guiding transformed the lives of a group of children from Hackney. The Association's Community Involvement and Development Adviser, Nicky Parker, describes the genesis of the project and the youngsters' reactions to their great adventure.

Hackney, the name conjures up pictures of an inner-city environment with all the problems we've learned to associate with it — unemployment, crime and racial tension.

Statistics make grim reading. In this slice of London unemployment is currently running at 22.98 per cent, 45 per cent of secondary school pupils have English as their second language and 38 per cent of primary school children come from families with no wage earner.

However, the area has attracted Government grants as a designated City Challenge area, and things are slowly beginning to improve.

The University of North London, working in partnership with Dalston City Partnership and Hackney City Challenge, has been running courses for women wanting to return to the world of work, or who are considering returning to part-time or full-time education.

The Women into Work course has a

▼ Moreish marshmallows:  
you either love 'em or hate 'em

Look out world:  
sledges can go really fast  
when the grass is dry





# in action

direct Guiding influence, as both the course leader and course tutor are Guiders. They felt the course offered an ideal opportunity for local Guiding to get involved in the community initiative.

So, over a three-week period in late summer, a team of Guiders from London North East, with help from Guiders in Essex West, Tyneside and Bedfordshire, got together to run the Hackney Adventure Weeks. Their aim was to provide out-of-school care for the children of the women who were on the course.

In this, the UN's International Year of the Family, it seemed an ideal opportunity to provide service within the community, which would enable women in inner-city Hackney to learn new skills, knowing that their children were safe and well cared for, while experiencing new activities through Guiding.

The Adventure Weeks' leader was Michelle Toft, a young local Guider with experience of community devel-

opment through having taken part in a GOLD project to Czechoslovakia.

She bravely took on the challenge of organising the weeks of activities for a group of children who had no previous knowledge of Guiding. Together with her helpers, she managed to create an example of how successful the Guiding method can be and how that can support 30 inner-city children.

One of the highlights was a visit to Gilwell Park in Essex, the home of British Scouting. As the children ran towards the steep embankment overlooking the Lea Valley and the reservoirs, a whole new world stretched out before them. Green fields and trees surrounded them with East London traffic on the North Circular Road reduced to a faint hum and the tower blocks receding in the distance. One little boy shouted excitedly: 'Wow! the United States of America!', convinced that such wide-open spaces couldn't possibly be in England.

That day they found out at firsthand

which was the front and which was the back of a canoe. And that if you didn't paddle properly, you just went round in circles.

They also discovered that you tend to end up with a wet bottom when you're in a boat, and that sledges go really fast on dry grass.

The whole group cooked marshmallows on sticks, and either ate a whole packet each or screwed up their faces and spat them out in disgust. Well, you can't please everyone all the time, can you?

One of the visiting Scout groups camping at Gilwell that week came from Yorkshire and couldn't resist sharing their enjoyment of Scouting. Before long, rope bridges had been built and everyone from Hackney had 'crossed the scary bridge'.

It was great to realise that the ten-year-olds from 'up north' were guiding the southerners across the rope construction, as though this was something they did all the time, while their leaders assumed they were eating their lunch.

At times, you felt that all the children had always been Scouts and Guides, forgetting that some of them were only testing the water for a couple of hours. Peer education at its finest?

Other days involved trips to the local sports centre, the Bethnal Green Museum of Childhood, and the park to fly their newly-constructed kites.

Arts and craft activities flourished, while their mums were learning new skills in communication, information technology and numeracy under the same roof.

The experience has shown that Guiding can have a direct influence in its local community. There was a need in Hackney for the skills which Guiding can offer. And the project demonstrated conclusively that children can learn to play and work together in small groups, in a safe environment with adults who can provide fun and adventure through the Guiding programme.

This wasn't an attempt to recruit new members, but a simple form of community service, and one which was of mutual benefit to both parties.

The Guiders involved have also learned new skills and have further reinforced the message to other families, organisations and communities, that we do have a lot to offer.

The University of North London had the vision to recognise that the influence of Guiding stretches far beyond the weekly meeting place. It is up to Guiding to take on that challenge, and to develop as part of the communities in which we live.

► Canoe capers:  
making the most of  
a wonderful day



NICKY PARKER



# ESCAPE FROM

*A young Rwandan woman, Yvonne Kagoyire, left Africa for the first time when she was sponsored to attend an international camp — Peak '90. It was one of the happiest experiences of her life.*

Four years on she has been forced to flee for her life from her homeland. Now a penniless refugee in Belgium, the friends she made through Guiding are once more giving her help and bringing her hope.

Irene Blackshaw, a retired Guider and the woman Yvonne calls 'My English Mother', told *GUIDING* how she gained a daughter.

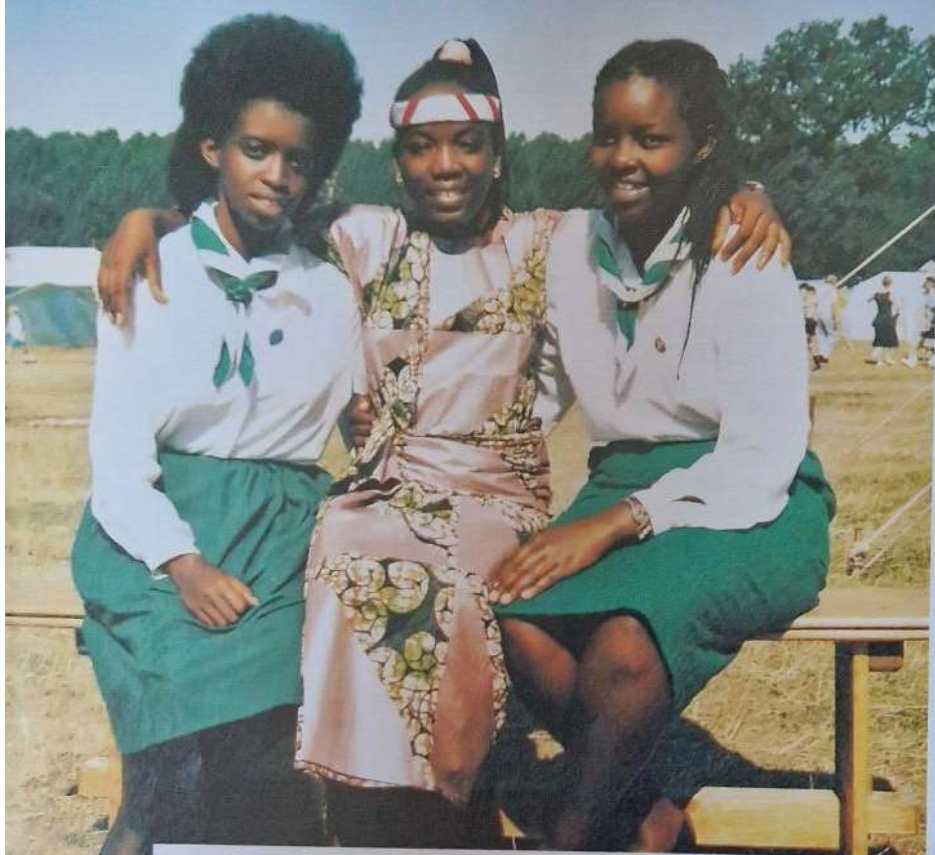
'As International Adviser for Derbyshire I ended my five years in office with Peak '90. We invited girls from all over the world and one reply really caught my eye. It was from Rwanda. It explained that the Guides there recognised what a tremendous opportunity it would be to join us. But coming from such a poor country, it would simply be impossible.

The letter came to me through CHQ. Someone had written on the envelope "What about sponsorship — but perhaps not!" This was a challenge I couldn't refuse.'

And that's how Yvonne Kagoyire and Gisele Rutagengwa, both 19 and studying for their university entrance exams, enjoyed the trip of a lifetime. The fun and fellowship they shared was reported in *GUIDING*.

Irene recalled: 'I don't know how the Rwandan HQ selected the girls, but they were obviously hand-picked and very special representatives of their country. Yvonne spoke good English. Both girls were responsible and mature, but in other ways were behind our own girls.'

Yvonne was so overwhelmed by



▲ Carefree days: Gisele, Innocencia and Yvonne enjoy the trip of a lifetime at Peak '90.

► Irene with Innocencia Daouda — one of the girls she helped bring over for Peak '90





# RWANDA

Irene's kindness that, on her return home, she wrote to Irene addressing her as 'my white mother'.

However, the letters dried up in 1992. Irene explained: 'We knew that she was marrying Francois Ngarambe. In fact we were invited to the wedding but the letter did not reach us in time. That was the last we heard.'

'Later we found out that Yvonne was too scared to write back as with all the political uncertainty, letters were being censored.'

'We didn't hear anything about her and we were very worried. Then the Red Cross contacted us last April. We have no news on Gisele but Yvonne wrote to us and told us about her amazing escape.'

The letter gave details of how news of the deaths of the Burundian and Rwandan Presidents in a plane crash had made it imperative for the young couple to go into hiding. For, as members of the minority tribe — the Tutsis — they knew they were in extreme danger from the Hutus who had seized power. They fled to the secondary school where Francois taught French and history.

A refuge for everyone, the school soon became a target for militia men. Yvonne relived the terror-filled day that followed in a letter to her English mother. 'On Saturday, April 9, the UN troops left the school where we were staying. It was hopeless! We lost confidence, but life went on.'

The next day the refugees were parted into two groups — one with the schoolteachers and their families and the other with people from around the neighbourhood. Each group was given a different dormitory.

'On Wednesday afternoon we saw a group of people armed with all kinds of weapons enter the school with five presidential guards.'

'They went straight to the dorm of the others. They told them to come out. There were 60 in total including children and old people, many of them injured.'

'The priest noticed that the soldiers and the militiamen wanted to kill them. He could do nothing — so he told them not to kill inside the school. So all 60 people were then taken outside. We could see them with hands up

facing the soldiers. Then we heard noises of bullets.'

The killers came back to our dorm. They were yelling at us saying that all of us were rebels. There were about 30 of us, Tutsi and Hutu together. They entered the dorm and asked us our identities. If you were a Tutsi, you were killed.

'It was my turn. Another member of the militia had a machete and wanted to cut me. He asked if I was Tutsi. I said "Yes". I said goodbye to Francois and got up but, by a miracle, another Hutu militiaman came and took my carte du travail [work permit] and then said I could go back to bed. Several times they came to us — just about to kill us. We stayed quiet. We didn't struggle because if you wanted to argue with them, they killed at once.'

Yvonne was pregnant and the stress of the violence she witnessed nearly caused her to miscarry. By what she describes as 'a miracle' the priest at the school arranged for the young couple to escape, escorted by a group of Italian UN soldiers.

They were taken to Nairobi, where the Red Cross later traced Yvonne and were able to tell Irene where her missing 'daughter' could be contacted. It was while the couple were in Kenya that Yvonne was told all her family had died in the civil war which was ripping her country apart.

The couple were helped to move to Belgium where Francois found work with a radio station and Yvonne prepared for the arrival of her first child.

Irene has been able to speak to Yvonne on the telephone and is arranging to send her some money. Some of the Guides and Guiders who were at Peak '90 have donated £60.

'My daughter, Janet Howarth, has sent Yvonne some maternity wear and she was thrilled with it,' Irene said. 'She called to thank us and couldn't believe that the clothes were now her own. We will be finding enough babygrows and clothes to send out as quickly as possible and, perhaps, even a pram.'

'We hope to see her ourselves sometime. Their plan, originally, was to go home as soon as possible and do what they can to build up the country. Teachers are in great demand, so Francois will be needed and Yvonne is



Yvonne and husband Francois arrive in Nairobi after escaping the bloodshed in Rwanda

well-educated, too. With the situation as it is and the arrival of a new child, I don't know what will happen now.

'For the moment they have nothing. They left with what they were standing up in. That is why we are trying to help.'

Yvonne has since heard from the Red Cross that there is a possibility her mother may be alive. In the meantime she is comforted by the 'mother' she met through Guiding at Peak '90.

KIRSTIE GRAY

● If you would like to make a donation to help Yvonne and her husband, please contact Irene Bradshaw c/o GUIDING.

● Irene Blackshaw has since contacted GUIDING with the good news that Yvonne has given birth to a healthy baby boy.



# GUIDING *in* F

Christine makes friends with the guests at COSMIC '92



GILLIAN ELLIS

**Staff at Manchester's *Vision Express* thought they needed eye tests one day when the shop suddenly filled up with 50 yellow-clad figures. They needn't have worried, it was only Cale Green District Brownies dropping in to see their Commissioner.**

'That'll teach me to invite Brownies to pop in and see me any time!' Christine Harm told *GUIDING*. 'I'd imagined the odd individual bringing Mum to see where I worked!'

But that's typical of the way Christine operates. Guiders and children alike in the County of Stockport find her immensely approachable. There's no gulf between this County Commissioner and the smallest Rainbow Guide. Christine is equally at home chairing the County meeting and scrubbing pans at camp.

At 36, Christine is a youthful County Commissioner. But she's been well and truly steeped in Guiding since her Brownie days in the Wirral. She can't lay claim to having been in every

section, as there was then no Ranger unit in her area and Rainbows weren't even on the horizon.

A Guide in Upton Convent school unit, Christine remembers that the Guider, a teaching Sister, ran meetings wearing her habit — except at camp. Sister Marguerite regularly took her girls camping, but left her habit behind and wore ordinary clothes.

After gaining the Queen's Guide Award, Christine became a Young Leader with 27th Birkenhead North Guides.

'I was a Young Leader when Cheshire County was split three ways,' she recalls, 'so I saw the very beginning of the County of Wirral and took part in the dedication service for the new County standard.'

Interested in sciences and, partly as a result of her Saturday job as optician's receptionist, Christine looked forward to a career in ophthalmics. When her A-level grades proved too low, she modified her plans and applied instead for a course in dispensing optics at a Bradford college.

She'd heard of this option from Kay McLeod whom she'd first met at

Broneirion, although they lived only one mile apart. Kay's daughter, Fiona, had already been accepted on the course. The two girls became firm friends.

Christine found digs in Shipley and on her first visit to the nearest church, found herself sitting next to a Brownie Guider. Within hours, Christine had been co-opted to Shipley Guides — not for very long, owing to her fancy for a helping of fish and chips.

'Guide leader wanted — Please don't let our unit close!' was the desperate plea on the wall of the Bingley fish and chip shop. Christine and Fiona, both just 18, couldn't ignore the appeal. They telephoned the number given and the District Commissioner, who answered, invited them to call at her home there and then.

Battling against driving rain, Christine and Fiona climbed a steep hill to an elegant house, where they were welcomed enthusiastically. Dripping all over the deep pile carpets, the two teenagers made arrangements with their hostess to run the unit together.

The girls ran the 2nd Bingley unit for 18 months, keeping it at full strength, producing a Queen's Guide and enjoying several youth hostelling trips to the Lake District and Yorkshire.

'We loved 2nd Bingley,' Christine recalled. 'So much so that I even went to Guides the day I finished my finals, when most students were celebrating! Fiona and I were both warranted Guiders by the time we left. The unit carried on because among the college students we'd found another ex-Guide to take over.'

While Fiona ran Rangers back home in the Wirral, Christine moved south. Working for a Slough optician, she took a day release contact lens course at City and East London College near Moorgate.

A transfer form from Bingley produced a speedy call from Langley District Commissioner, who invited Christine to pop in, conveniently omitting to mention that the District Meeting was scheduled for that evening. A sea of eager faces greeted the newcomer. When Christine left that night, it was as Guide Guider for 1st Langley, a full unit



# OCUS

which had been suspended for six months due to a lack of leaders.

Christine ran the unit for seven years, sharing annual camps with 2nd Langley, whose Guider, Iris Page, held a Camper's Licence. With Christine as QM, 30 to 40 Guides enjoyed exploring in Kent, Sussex and South Wales.

At one camp at Blackland Farm, the canoeing instructor turned out to be one of Christine's former Bingley Guides, who had learned to canoe in Christine's unit.

In 1984, Christine, disappointed at her failure to be selected for an international camp in Trinidad, decided she still wanted a trip abroad. So 18 Guides, two Young Leaders and four Guiders enjoyed a wonderful stay in Adelboden, which included spending a day at Our Chalet.

Christine's deep affection for the Swiss World Centre began that day—August 29, her 27th birthday—as she listened to her Guides singing the *Chalet Song* they'd learned especially for the occasion on the steps of the Chalet itself. She vowed that one day she would come back to stay in the building.

Eventually, Christine moved back north to a job in Runcorn, only to discover that her church needed a Guider. Christine stepped in gladly and ran 7th Heswall until the firm transferred her to manage their Stockport branch. For six whole months, she remained undiscovered by Guiding.

Then Christine took matters into her own hands and rang Region headquarters. Within days, Christine was running Offerton District Rangers, a new challenge for her.

Meanwhile, Christine hadn't forgotten her vow to stay at Our Chalet. First she planned to travel alone, but on reading in *GUIDING* that a group of Guiders were planning a trip, she rang to ask if she could tag along. By far the youngest of the group, she had a wonderful time.

'One lady, Dorothy Durrant, was in her 80s,' Christine recalled. 'She told us she'd been at Our Chalet the day war was declared. The British Guides were told to leave immediately for their own safety. We looked up the record in the log book and there it was. It was

fascinating to be there with her.'

The core group of about ten Guiders from the 1985 trip still meets annually, and paid a second visit to Our Chalet in 1989.

As well as running Rangers, Christine was Division Outdoor Activities Adviser for several years and, in 1988, became Division Commissioner for Stockport South. The following year, she became manager and contact lens fitter for *Vision Express* in Manchester.

Around this time her private life was taking an interesting turn. Through the Association of British Dispensers, for whom Christine had been an examiner for opticians since 1984, she met John Harm, a fellow optician transferred to Stockport, where he knew no one. Christine took John under her wing—permanently, as it turned out.

An ex-Scout, John helped Christine at Rangers and joined them youth hostelling. The partnership proved so successful that the couple were married in March, 1990. Guiding even had a hand in the honeymoon. The second day was spent at a Stratford hotel owned by Margaret Woodhams, a friend from Christine's Chalet trip, en route for Heathrow and Thailand.

John is now Group Scout Leader at the local Methodist church and son Robert, who was born in June 1991, made his first Guiding appearance aged just three weeks at a Water Dabble Day.

A week later he helped check Guides taking Patrol Leader permits and, since then, has appeared at many Stockport functions, including an international camp.

When Christine took over as County



HEATHER BATES

Commissioner in October 1992, Robert found himself spending one morning a week at nursery school so that mum could keep abreast of her Guiding paperwork. Christine still examines for the ABD and now works three days a week for a small independent optician, while Robert is at nursery school.

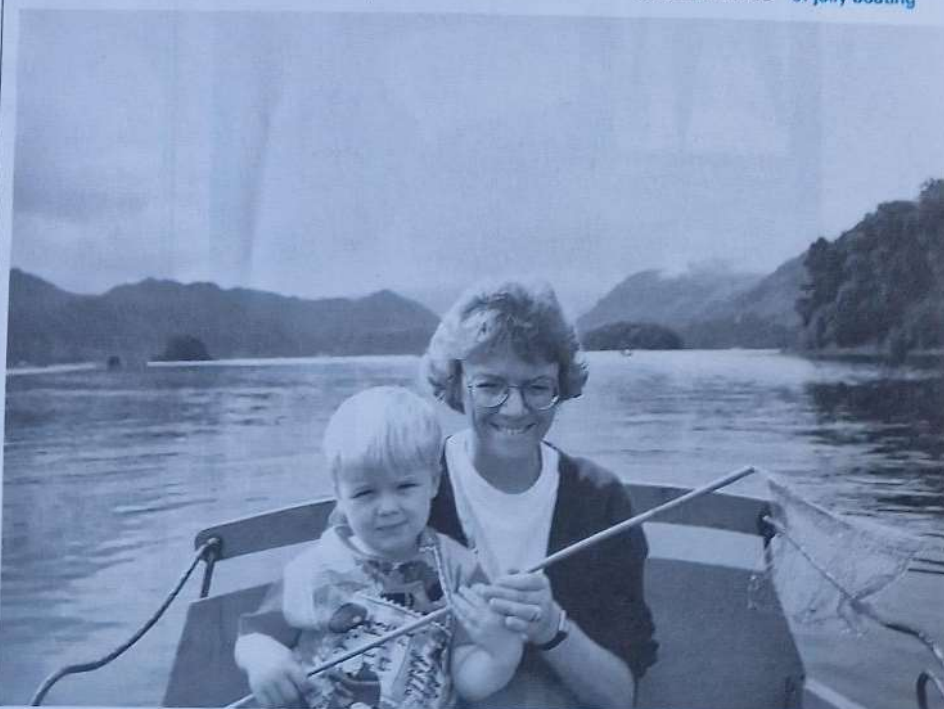
'I'm managing to juggle the various demands,' she says, 'though I don't have room for any hobbies outside Guiding. John and I like hill walking but don't have much time for it these days. Anyway, Robert's getting too heavy for either of us to carry.'

Christine is enjoying the job of County Commissioner, but admits that Guide Guiding is her first love. She plans to lead a Guide unit when she hands over the County reins. Meanwhile, Stockport is justly proud of its lively young Commissioner.

GILLIAN ELLIS

**Keep it in the family: Christine and husband John who is now a Group Scout Leader**

**Gone fishing: Christine and her son Robert enjoy a day of jolly boating**



JOHN HARM



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*Around 4,000 enthusiastic Lancashire Guides braved mud and rain to celebrate the tenth birthday of their very own Activity Centre — Guy's Farm.*

# DOWN ON THE FARM

Bought jointly by Lancashire West and Lancashire North West on October 1, 1984, Guy's Farm buildings have been transformed into a fine residential training centre. The transformation was financed by donations from individuals and charitable trusts, together with numerous fundraising activities.

Guides in both Counties can truly call the Centre their own, as each member contributes a sum towards the upkeep of Guy's Farm as part of her annual membership subscription.

Conveniently the tenth anniversary fell on a Saturday allowing it to be celebrated with a gigantic birthday party. But organisers couldn't fix the weather. So red and green tabards, yellow and blue sweatshirts, forest brown and navy culottes were all hidden under multicoloured cagoules, as the girls ignored the rain.

It was slippery, it was soggy, but it was *superb!* And everyone from smallest Rainbow to the most sophisticated member of the Senior Section took full advantage of all on offer.

The very young enjoyed Rainbow games, Punch and Judy shows, mini-rides, magician and conjuror. *Circus Sensible* drew slightly older crowds to their 'Baby Big Top'. These friendly circus-skills experts proved as popular as ever and demand for each activity session was overwhelming.

Parachute games exerted their usual appeal, even in the rain. In fact outdoor activities were no less popular than under-cover ones. There were plenty of customers for the assault course, aerobics, Tai Chi, trim trail, pioneering and mini-Olympics.

Large queues formed for donkey rides, face painting, London mini-tram ride and bouncy castle, while lunch appeared to be an all-day affair, with tailbacks forming at the Piggery Pop Inn and the Barn Bakery.

However, any prize for the longest traditional British line-up would have had to go to the Guy's Farm souvenir shop, where, at one point, there was said to be a two-hour wait.

Each of the 14 Divisions had been asked to take along a side-show and a mini market stall, as well as providing home-base cover for its members. Each side-show was pitched next to its home base and, during the morning,

GILLIAN ELLIS



GILLIAN ELLIS



Divisions went visiting to try out one another's fun ideas.

At noon, the focus was transferred from side-shows to the orchard, where the mini-market stalls did a brisk trade.

In addition, there were superb demonstrations throughout the day: spinning, flower arranging, handbell ringing, first aid, pottery, Irish dancing, English folk dancing, and a photographic display of the Guy's Farm story.

An extremely popular attraction was the mini-farm, where girls could get close to sheep, rabbits, calves and other small animals. The birds of prey section was also swamped with spectators enjoying both static and flying displays — though one determined buzzard with a mind of its own preferred to remain static throughout!

The rain obligingly eased off for the big moment — the cutting of the spectacular Guy's Farm birthday cake, expertly decorated by Mrs J Brady.

In the presence of many VIP visitors, including the Mayoress of Lancaster, North West Chief Commissioner Pat Jackson greeted and congratulated Guides and friends from both Counties before introducing The Chief Commissioner, Jane Garside.

Mrs Garside responded to an enthusiastic welcome, inviting a representative of each section to help her cut the cake. Afterwards she presented awards to two Guides who had won competitions connected with the anniversary.

The whole event was a spectacular success and awash with Guiding spirit, which no amount of rain could dampen. The arrangements were expertly handled by the hard-working members of Guy's Farm Management Committee, headed by Margaret Wellock.

One stalwart soul deserves special mention — Sylvia Heathcote, Lancashire West County Secretary, who made not only the main birthday cake, but enough extra cake for all the 4,000 guests. There was even a slice for *GUIDING*. It was delicious!

▲ Cake for all: The Chief Commissioner and helpers prepare to cut the birthday cake

◀ Taking turns: donkey rides are always fun, even in the rain



# Network

## SPECIAL DEAL

► Shropshire Youth Hostels are offering a special deal for all Brownie and Guide units between February 10 and 28. Ironbridge Gorge, Wilderhope Manor, Shrewsbury and Ludlow Youth Hostels are offering bed, breakfast and evening meal for £8 per person per night.

If your unit is not a current YHA member, a year's free membership is also included. All group members are also provided with interest packs, giving information on local attractions, museums and walking routes around the Welsh Border country.

Further details from the Shropshire Booking Service, Paradise, Coalbrookdale, Telford, Shropshire TF8 7NR. Tel: 0952 433281.

## CARTOON CAPERS

► Cartoonies — the new cartoon-shaped biscuits from Burton's — are ideal for picnic lunches or special treats as the chocolate inside won't melt on sticky hands.

Burton's have five special Cartoonies T-shirts and 20 packs of biscuits to give away to *GUIDING* readers. For a chance to win one send your name and address on a postcard to: Cartoonies/ *GUIDING*, 17-19 Buckingham Palace Road, London SW1W 0PT.

The winners will be the first names drawn after the closing date — January 30.

▲ A chance to visit Ironbridge Gorge Youth Hostel, Shrewsbury



JIONA BAKER PHOTOGRAPHY/ADWIS

Blue tits are one of the UK's favourite wild birds



## BIRDWATCH

◀ To encourage everyone to take extra care of garden birds during the coldest months of the year, the RSPB has produced a *Winter Bird Survival* pack, full of information on how to care for birds and featuring special bird-food recipes.

Birdlovers are asked to support the annual Big Garden Birdwatch. On January 28 and 29 young people across the country will be observing a garden for an hour and noting down all the birds that visit. Last year over 20,000 surveys were completed.

For your free information pack and survey forms write to Winter Bird Survival, RSPB, The Lodge, Sandy, Bedfordshire SG19 2DL.

RSPB



## FAST AID

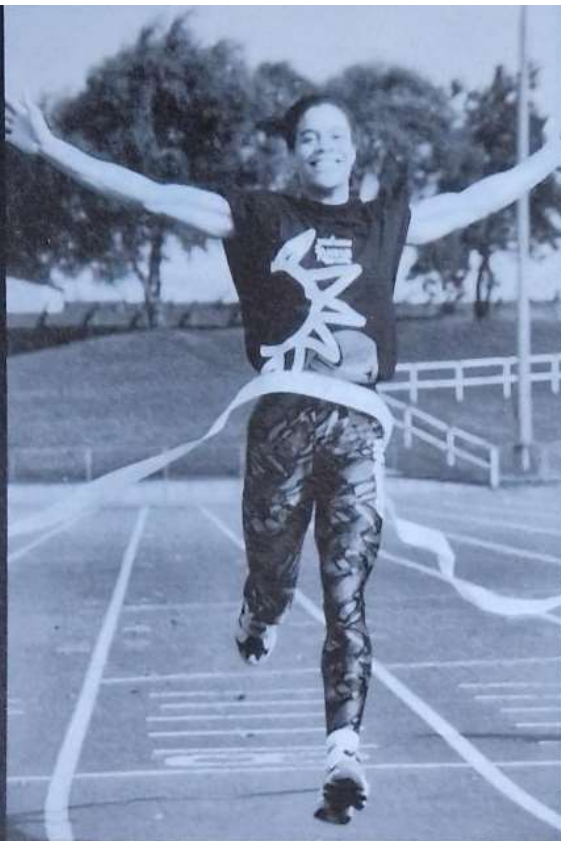
► On February 10-11, World Vision, a major relief and development agency, is organising a nationwide 24-hour 'famine' to raise money desperately needed for projects in the Third World.

British 400m champion runner, Phylis Smith is urging UK teenagers to be sponsored to go without food over that period. 'People are used to just going to the fridge if they want something to eat. If we are prepared to give up food for one day, it can actually save someone's life,' she explained.

The money raised will help orphaned children in Rwanda, as well as developing agriculture in Mozambique and providing clean water in Senegal, West Africa.

For a free information pack write to: 24-Hour Famine, World Vision, PO Box 947, MK9 3PH, or call 0908 841010.

● World Vision will also supply a free information card on refugees on request.



▲ Be a front runner like Phylis Smith and sign up for World Vision's 24-hour famine

Just one of the exquisite exhibits: a silver Incense Burner trimmed with gold and gemstones



AUDAX COMMUNICATIONS



TV star John Craven (centre) presents awards to last year's winners

## ORIENT EXPRESS

◀ For an exquisite experience of the Orient, visit *Japanese Imperial Craftsmen* at the British Museum — but hurry as it closes on January 15.

The exhibition features over 100 masterpieces of metalwork, enamelware and lacquer all created during the Emperor Meiji's rule (1868-1912), a period when Japan was introducing its rich artistic traditions to Europe and America.

Admission is free. Recorded information: 071-580 1788.

BRITISH MUSEUM COPYRIGHT

## FOREST FUND

▼ If your unit is involved with a project to improve the environment in one of the 12 community forest areas, the Woodland Trust wants to hear about it.

There is £400 in prize money for outstanding efforts by volunteers or community groups.

An award can be made for practical projects already underway, for example tree planting in grounds which are accessible to everyone.

Awards will also be given to projects still in the developmental stage, and also for any work that brings the forest to public attention.

To apply for an award write to: Barclays Community Forest Awards 1995, c/o Audax Communications, 5 Castle Quay, Castle Boulevard, Nottingham NG7 1FW. But hurry, entries must be received by January 20.

## GREEN PENPALS

● The Young Ornithologists' Club, in conjunction with similar organisations worldwide, has just launched *Par Avian* — green penfriends.

Open to anyone under 18, the scheme links young people from different countries who are keen on wildlife. It provides a chance to find out about another country and its wildlife.

For a green penfriend application form, send a sae to Par Avian, YOC, The Lodge, Sandy, Bedfordshire.



# BADGE SWOP

Badge Swop — one of *GUIDE PATROL's* most popular features — now appears at regular intervals in *GUIDING*. The service sets out to give keen collectors the chance to swop County badges, camp site badges and similar artefacts with others all over the country.

## TAKING PART

Taking part in the scheme is simple. Just write a short note to each collector with whom you want to arrange a swop. Enclose the badge(s) you want to send her, plus a sae so that she can send you her badge(s). Do this even if you are replying to someone for a second time.

Then pop all your requests into one big envelope and send it to: Badge Swop, *GUIDING*, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. We will make sure your requests are forwarded to the people concerned.

## SWOPPERS

✕ **Susan Wright:** Staffordshire and singles of Cumbria North, Greater London Croydon, Cambridgeshire West, Cambridgeshire East, Avon, Devon, Herefordshire, Hertfordshire, Isle of Wight, Jersey, London over the Border, Norfolk, Nottinghamshire, Suffolk Key, Surrey Lion, Warwickshire, Wales, Midland Region for Buckinghamshire, Derbyshire, Shropshire, County Durham, Lincolnshire North, Newcastle-upon-Tyne, North Tyneside, Sheffield, Cheshire Border, Isle of Man, Lancashire Border, Wirral, Gloucestershire, Essex East, Greater London Kent, Greater London West, Humberside North, Northumberland, Cumbria South and Cornwall.

**Helen James:** Stockport, Manchester, Lancashire and Yorkshire for Kent Weald, West Mercia, North Tyneside, Greater Manchester West, Lancashire East, Lancashire South, Alderney, Guernsey, Shropshire, Newcastle-upon-Tyne, Cumbria South and overseas (BGIFC).

18 **Jenny Lawlor:** Dorset and Hampshire

West (cloth) for any, especially Cambridgeshire East, Cheshire Border, Cornwall, Cumbria South, Greater London Kent, Greater London West, Greater Manchester West, Hampshire East, Isle of Man, Jersey, Kent East, Kent Weald, Lancashire Border, Lancashire East, Lancashire South, Lancashire West, Leicestershire, Lincolnshire North and Humberside, Manchester, Middlesex, Newcastle-upon-Tyne, Norfolk, Northamptonshire, North Tyneside, Rutland, Sefton, Shropshire, Sussex, Sussex East and West Mercia.

✕ **Yvonne Mason:** Derbyshire Roses for any (cloth).

**Susie Cushion:** Hertfordshire and Anglia Region (cloth) for any County, Region or international (cloth).

✕ **CM Campbell:** Warwickshire (cloth) for any County (cloth).

✕ **Victoria Thomas:** Surrey Lion for any other County badge.

**Nicola Maloney:** Sussex West/Central for Greater London Kent, North Tyneside, Kent East, Isle of Man, Kent Weald, Lancashire Border, Middlesex, Merseyside South, Shropshire, Sefton, West Mercia and Stockport.

**Sharonne Garland:** London North East for any County (cloth and metal) and any historical badges (especially Brownie), or any foreign badges.

**Karen Hansall:** Warwickshire, Worcestershire and a few others (cloth) for any (cloth).

**Lisa Basley:** Manchester and Shropshire (cloth) for Cambridgeshire West, Lincolnshire South, Oxfordshire, London (any), Kent (any), Surrey, Sussex, Leicestershire, Cleveland, Humberside, Newcastle-upon-Tyne, North Tyneside,

Sheffield, Cheshire Forest, Cumbria (any), Isle of Man, Lancashire (any), Sefton, Stockport, Wirral, Avon (any), Cornwall, Gloucestershire, Isle of Wight, Jersey, Somerset, Ulster, BGIFC, Region and others not in the *Guide County Badge Book*.

**Karin Jackson:** Northumberland (new), Scotland and a few others for any.

**Sophie Gwyn-Smith:** London and South East Region circular blanket patch, or South West England Region for any out-of-date Guide Patrol Emblem, used/obsolete Interest badges from the 1960s, or any other bound patches, for example, Guide camp site, event or celebration.

**Catherine Pickersgill:** Yorkshire Rose for any County badges, name tapes or foreign.

✕ **Liz Elmore:** Cambridgeshire West, Hertfordshire for Bedfordshire, Leicestershire, Shropshire, West Mercia, Northamptonshire, Kent East, Kent Weald, Middlesex, Sussex East or West any Region badges (2 for 1).

**Marion Banks:** Sussex East and Sussex West for any other (cloth only).

✕ **Judith Benson:** Yorkshire, Rutland (3), Hampshire (3), Hertfordshire (4), Brownie Guide 1914-1984 circular woven badge (3), Outdoor Challenge '85 woven badge (2), 1910-1985 Red/Blue/Yellow woven badge (3) for Lancashire Border cloth and any old or new cloth County badges that are not in the 1986 edition of the *Guide County Badge Book*.

**Louise Hancock:** Somerset (cloth) for any cloth except Humberside North, London, Hampshire West, Dorset, Wiltshire, Essex, Somerset and Guernsey.



# A WARM WELCOME...

*awaits you at our second official Open Day  
on Wednesday, April 26.*

**'A friendly and informative day out' was how Guide Guider Ruth Coates summed up the first Open Day at Commonwealth Headquarters. It was only Ruth's third visit to London but she happily made the 192-mile round trip by coach to see behind the scenes at UK Guiding's operational centre.**

Ruth was just one of dozens of members who took up our invitation to 'Come and join us' in December 1993.

Then we promised there would be a series of such events giving you, the members, a chance to discover just what 'they' really get up to in Buckingham Palace Road.

Now we are planning another Open Day and this time we are able to give you plenty of planning time:

**The day: Wednesday, April 26, 1995.**

**The place: Commonwealth Headquarters.**

The aim remains the same: to sweep away the 'them' and 'us' myth, and demonstrate the ways in which CHQ staff work on the membership's behalf, by warmly welcoming members to their Guiding home.

The Chief Commissioner, Jane Gar-side, and the Chief Executive, Hilary Williams, both believe it is important for grassroots volunteers to explore the building, one of the Association's most valuable assets, and get to know the staff.

We don't lay on formal tours. The administrative machine that is CHQ more or less switches off for the day leaving staff free to answer questions.

There will be displays, demonstrations and plenty of chances to chat in a relaxed, friendly atmosphere.

You'll be able to peep into Archives, pop into Personnel and prowling round the Council Chamber where our President, Princess Margaret, attends meetings and receptions.

If you've a query about the Programme for any section, Guiding Activities will provide an answer. And here you can also meet members of the international section and the full-time training team.

Publishing Services is the place where the Association's magazines and books are produced. There's even a design studio kitted out with all the latest high-tech equipment to inspect.

And you can't go home without meeting the friendly folk from BGIFC, or hearing all about the Trefoil Guild,

the Junior Council, the Guide Friendship Fund, the British Youth Council delegation... and seeing how the Finance team spend your census contributions.

Be warned — you'll need to set aside plenty of time to make the full tour, especially if you want to visit the static display in the basement devoted to the past glories of Guiding. And no trip to CHQ is complete without a browse round the shop — the ideal place to buy those souvenirs.

Hot and cold drinks will be available and we'll set aside space for you to eat a picnic, if you've packed one. But there are plenty of inexpensive cafes and restaurants in the area, if you prefer a hot meal.

Of course, we can't throw open CHQ to all our 750,000 members at once. So we're limiting the opportunity to adult members — all applicants must be over 16.

If you want to be one of our guests on April 26, now's the time to apply. You can do so by getting in touch by phone, fax or letter. Simply contact us here at CHQ — 17-19 Buckingham Palace Road, London SW1W 0PT, tel: 071-834 6242, fax: 071-828 8317 — marking all your correspondence 'Open Day'.

We shall need to know your approximate arrival time — any time after 9.30am and before 4.30pm — and whether you will be coming alone, with another Guider or a group of members.

Please provide a contact name and telephone number, just in case we need to get in touch.

You can apply anytime before March 10 to take up our offer, giving you masses of time to plan a really super day out.

However, we will be operating on a first-come, first-served basis, so, if you want to be sure of being included, don't delay too long in case we are overwhelmed with requests and have to close our list of applications for safety reasons.

We look forward to welcoming you in the spring.

Open Day



# Notices

## TRUST CORPORATION

Following the Association's change of name, the Trust Corporation has now completed the legal procedures to change its name from The Girl Guides Association Trust Corporation to The Guide Association Trust Corporation.

The new name has been adopted with effect from January 1. It is not necessary for the old name to be changed in any legal documents completed before January 1 and, where necessary, a certificate of change of name can be obtained from the Secretary of the Trust Corporation at CHQ.

## CHQ SHOP

The experimental extension of CHQ shop opening times on Saturday has proved a success. And so, for the foreseeable future, the shop in Buckingham Palace Road, London, will be open from 9am to 4pm each Saturday. Tours of the display area will also be available until 4pm.

## SING BROWNIES, SING!

In response to many requests, the London Guiders singing group has sponsored a cassette compiled by Brownies and Guides from the Eaudyke District, Lincolnshire, with a little help from the singing group.

The programme has been planned and directed by Miss Hettie Smith and Mrs Mary Gentry. The cassette contains about 50 items from *Music Time for Brownies* and *Musical Fun with the Brownie Pack*.

The cassettes cost £3.50 plus 50p to cover postage and packing from the CHQ shop, some other shops, Training Centres, or direct from Olive Bishop, 38 St John's Avenue, Burgess Hill, West Sussex RH15 8HH.

## FAMILY HOLIDAY

Are you stuck for an idea for a family holiday that won't break the budget? A Family Week in August at Blackland Farm, the Association's out-

door centre in West Sussex, could provide the answer.

The dates chosen for 1995 are August 11 to 20, and it will be the fourth time this particular week has figured on the Blackland calendar, in the quieter part of the summer season.

Centre Manager Martin Robinson explained that 11 families — about 50 people — took up the opportunity last summer, travelling from as far away as Solihull and Gloucester.

They made the most of all the activities the site offers, including new features like the rifle range, grass sledges, and pushball, and joined in the weekly site events like the camp fire, assault course, and wide game.

Some booked for just part of the week, others stayed the whole time. While some families came in caravans, or brought trailer tents with them, the others hired Blackland's equipment.

Everybody had an enjoyable time, and one family said it was their best holiday ever, Martin said.

For more information ring 0342 810 493.

## RESIDENTIAL COURSES

The following Queen's Guide Enterprise Residential Courses will be running in 1995:

- Hautbois House, Anglia, April 19-23
- North Cumbria, July 24-27
- Netherurd, Scotland, August 1-5
- Broneirion, Wales, October 21-25

For an application form contact: Youth Activities, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. Tel: 071-834 6242 extension 208.

## ROYAL CHARTER

Copies of the Royal Charter and Bye-Laws (as revised in 1993) are now available from the Committees Executive at CHQ.

The 1981 version, and any earlier issues, should be destroyed as they are no longer applicable.

## AWARD WINNERS

Alec and Val Scaresbrook have won an award for an article that appeared in October's *GUIDING*. They were awarded the 1994 Camping & Outdoor Leisure Association/Outdoor Writers' Guild Award for Excellence for a technical article.

Their article on outdoor clothing in our *Getting Out* series was chosen from 50 entries.

Alec and Val have been contributing articles and pho-

will have details of the hymns to be used.

## STAMP CLUB

The Scout and Guide Stamps Club is holding its annual exhibition at Baden-Powell House, Queen's Gate, South Kensington, London SW7 5JS on February 18 from 11am to 5pm and February 19 from 10.30am to 4pm. Entry is free.

A set of special postcards to commemorate the 75th anniversary of the first world

Alec and Val Scaresbrook with their winners' medallions



tographs to magazines since 1986, specialising in outdoor topics. They have just completed their first book — *Guide to the Cheshire Cycleway* — for Cicerone Press, which should be available early next year.

## SIX EMBLEMS

Brownie Guiders please note that the Brownie Six Emblems are to stay the same: Gnomes, Pixies, Scottish Kelpies, Bwbachod, Sprites, Elves, Ghillie Dhu, Leprechauns and Imps.

If you want to make up your own symbol and introduce new Sixes, you can now buy a blank emblem, priced 20p.

## THINKING DAY

Thinking Day Services will be held on Saturday, February 18 in Westminster Abbey, St Margaret's Church and Westminster Central Hall.

The service in Central Hall will start 15 minutes earlier than in the other two venues. The congregation should be seated by 10.30am in Central Hall and 10.45am in Westminster Abbey and St Margaret's Church. Please check tickets for service times.

Countries and Regions

Jamboree held in 1920 will be on sale at the exhibition priced 25p each or £2 for a set of nine.

## GOOD NEWS

Free YHA group membership is to be available to all groups within the Association for 1995. The scheme was introduced last year and proved very popular. It has encouraged many Guiders to try hostelling with their girls for the first time, and gave a boost to those who already use youth hostels.

Current group membership holders may renew their cards free of charge during 1995.

A discounted individual YHA membership of £3 is also available to adults associated with a Guide/Ranger unit or Brownie Pack holding a group membership.

Application forms are available from: Customer Services, YHA Trevelyan House, St Stephen's Hill, St Albans, Herts AL1 2DY, tel 07278 45047.

Guiders requiring advice about hostelling with a group should contact the YHA's Youth and Community Officer, Diane Nightingale on 081-441 8126.





**Rallying round has always been a strong point with the Brownies so, when one of the members of the 23rd needed some costly medical treatment, Tawny's transformation into the fiend of fundraising was completed in the blink of an eye. No prizes for guessing who was pressed into action next!**

Having decided on a Spring Clean Auction, the privilege of being auctioneer was swiftly granted to me on the grounds that I had a loud voice, good eyesight and a toffee hammer left over from Bonfire Night.

'Maybe I should apply to Sotheby's for a top job?' I weakly protested. But Tawny was already on to phase two: the collection of suitable items.

Several hundred leaflets through doors later, I arrived back home seriously footsore to find what seemed like half the contents of our house in boxes.

My return was marred by what we'll call a 'slight difference of interpretation' — what I proudly call my 'collection of sporting memorabilia' was dismissed with a wave of the hand as 'that pile of old junk'. This was spring cleaning with a vengeance!

I finally agreed on everything but the box of old *Rupert* annuals, permitted house room because they were conceded to be collectors' items, and the Brownies were called in to ferry every-

thing round the corner to the hall.

They scurried around the house like an army of worker ants, accompanied by the inevitable chorus of 'It's off to work we go'.

Pippa, who will surely end up on stage, meanwhile went into her *Through the Keyhole* routine, drawing 'And who might live in a house like this?', which created much merriment. The discovery of Tawny's old school photographs induced what looked like the initial stages of a sponsored Giggathon among our helpers.

Auction day arrived and I mounted the rostrum — well, to be strictly accurate, an old orange box. A group of mums had compiled the catalogue and their difference in style soon became apparent.

Emma's mum was stunningly simple — Lot 4, 'A glass fish'; while Sarah's was mischievously playful — Lot 19, 'A 2999-piece jigsaw for someone you don't like'.

Pippa's mother was obviously a fan of *The Antiques Roadshow* — Lot 39, 'A fine collection of marbles circa 1960, including "steelies", "whirlies" and other decoratives in a hand-embroidered drawstring bag emblazoned Pippa Hodge. 2C'.

The bidding soared quickly, and I knocked the marbles down to one of the Cubs for £1.25!

Having surpassed myself by talking the audience up to getting a £20 bid

## A MAN'S EYE VIEW

for a cane chair, I was well into the swing of it when my eyes happened to fall on Lot 100 — 'A box of early *Rupert* books'. Instantly recognising what had happened, I gestured frantically to Tawny, as Emma held them aloft.

The book-collecting fraternity were obviously out in force, but Tawny had sussed out my gesture and matched them all the way. I finally bought back my own collection for £46, consoling myself that it was in a good cause, while our gallant leader was congratulated for her generosity.

By the time I got home, I expected to find a guilt-ridden Tawny trying desperately to keep out of my way. But not a bit of it. 'That's the nicest gesture I've ever known you make,' she beamed.

I was still recovering several hours later, after I discovered my own *Rupert* books were still in the loft. Having a red bank balance is bad enough, but I could do without the face to match!



# MEN IN GUIDING



We don't have to rely on men but we can work in partnership with them

PETER REALE

**One of my friends often refers to The Guide Association as the 'girly Guides'. It will come as no surprise to you that my friend is a man. He also thinks we spend all our time knitting, sewing and working for cooking badges.**

But he changed his opinion when I showed him the *Guide Badge Book* and he saw the range of badges and activities Guides do. As a result, he has offered to test a few badges for the 'girly Guides'.

There are already a lot of men involved in Guiding. Most of us have had to rely on dads, uncles and grandads to take us to and from meetings. And how many boyfriends have had to play second fiddle to a District Meeting or a training evening? It certainly beats 'I'm washing my hair' for an excuse.

But do we have to keep men on the sidelines? Can we not involve men at all levels of Guiding, not just as taxi drivers? An extra pair of hands is useful whether it is for cleaning out the unit cupboard (arm my dad with a black bin liner and he performs miracles), or putting up the marquee for a Unit camp. Men can also be of use for badge testing and can act as instructors for adventurous new activities such as abseiling.

There are, of course, many good reasons why we should not involve men directly in Guiding. We are a multi-faith organisation, as is reflected in our new Promise, and some faiths prefer their young women to be in a single-sex organisation.

However, under The Guide Association rules it is 'legally' possible to have male Unit Helpers and they can be of great benefit to some units. The *Adult Recruitment Form* introduced in January will ensure these helpers can be vetted. Personal references could be checked, if required, and if this is done there is no harm in having a male Unit Helper. They can be a bonus and offer added security when away at camp or at a residential event.

As Guiders we should not ignore the

existence of men in the community. Although we are a single-sex organisation and proud of our leadership skills, some men have managed to filter in, as accountants, instructors or workers in Country/Region offices. Many Divisions have RAVEN units where Rangers and Venture Scouts work together as well as on their own strongly identifiable programmes.

Guiders can help girls who have problems with relationships.

It is too easy to dismiss the relationships of younger Association members as a passing phase but, as older members, it is important that we provide support and information if required. I know of one Guide unit where a Guide was going out with another Guide's brother. When the relationship ended the two did not speak to each other and, as they were in the same Patrol, they refused to work together. As adult leaders we should be ready to support our girls during difficult times like this.

The Guide Association is a wonderful organisation where girls and young women can develop skills and interests that will stand them in good stead for the rest of their lives. But we should also offer moral guidance, advice on how to handle relationships, and a shoulder to cry on, if something goes wrong. Sometimes girls find it easier to talk to their Guiders than their mothers.

Men, on the other hand, can be fun, useful and a great challenge. We don't have to rely on them, but we can work in partnership with them.

We must not forget that our founder was a man. Baden-Powell founded this organisation where girls can learn to be of service to the community and develop as individuals. Yes, a man thought it up.

So, next time you are stuck for a tester, ask a friend, work colleague or anyone else who fits the bill. And, if it happens to be a man, hand him the badge book and show him we are not mere 'girly Guides'.

**HEATHER ROY**

Scottish Representative  
Association Junior Council



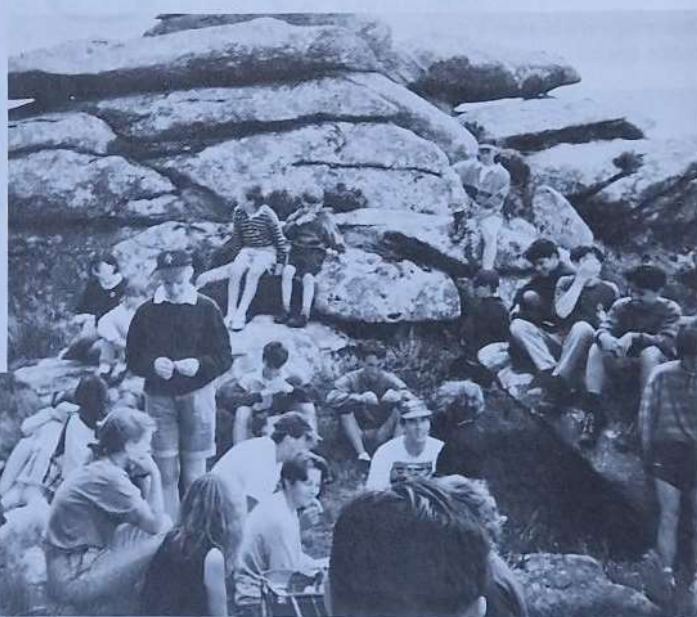
# SPIRIT

## *of service*



Lovely grub: home cooking goes down well with the young campers

CORNWALL GUIDES



Take five; relaxing during a walk over the moors

CORNWALL GUIDES

**Is your community project eligible for the Olave Award? In today's commercialised world, to make a helpful contribution to a community without any thought of publicity and, perhaps initially, without thanks, can never be easy.**

But then, winning the Olave Award, named as a tribute to the World Chief Guide and regarded as the most prestigious world award available, was never intended to be easy. It is an award given to a small group who have become involved in a community service project.

The Olave Award was established at the 23rd World Conference in 1978, a year after the World Chief Guide's death. The first award was made two years later.

The award is open to all WAGGGS' 129 member countries, including, of course, the UK. And this is the right time to seize the opportunity to put forward your unit's community effort for the 1994 Olave Award.

Its aim is to keep alive Olave, Lady Baden-Powell's belief in the spirit of service as the heart of the Movement.

Each individual taking part in an award-winning project receives an Olave Badge Award, while the group gets a certificate, a copy of which is given to the nominating Guide or Girl Scout Association.

Previous winning projects have included a village resettlement in Macheke, Zimbabwe; the formation of

a work camp to replace trees destroyed by forest fire in Rhodes; mobile eye-care nursing provision in Pakistan; and a project to improve facilities in a migrant community in Argentina.

The 1st Cavel Guide unit of the Girl Guides Association of New Zealand won this prestigious award in 1993. The project was begun by the Guides themselves. They transformed a plot of wasteland, which was being used as a rubbish heap, into a productive vegetable garden.

The vegetables they grew were given to the Auckland City Mission, who then distributed them in food parcels to needy families. This act of service helped provide a nutritious diet to a number of families living in an inner-city area.

The girls certainly fulfilled the Award's criteria: a contribution to the community, made with no thought of publicity but with concern for others and in the true spirit of service.

Sheran Oke, the Association's International Commissioner, would like to see more nominations coming from units within the UK. She said: 'Each country in WAGGGS has the opportunity

to nominate one project. If you feel that your project fulfils the criteria, then please bring it to our attention. If yours doesn't win this year — please keep trying.'

Nominations for the Award must, generally, be received by the end of March. Among nominations received this year at CHQ, was one from Cornwall County Rangers and Young Leaders who, for the past 18 years, have organised and run a camp/holiday for disadvantaged children.

The week's camp includes outings, walks, crafts and sports activities, all of which are totally organised by the Rangers and Young Leaders. A project of real mutual benefit to *all* participants, the camp was featured in *GUIDING* in July, 1991.

If you consider your group or unit could be eligible for the Olave Award, you should first inform your County Commissioner in writing, giving full details of the relevant project. This information will then be forwarded to the Country/Region Chief Commissioner for nomination by The Guide Association, usually at the end of January.



# FIRE

## *fighters*



Some of the Guides on the night they were awarded Fire fighter badges for their quick-thinking actions

**Quick-thinking Guides got a chance to put their training into practice when they discovered a forest fire near their camp site.**

The 1st Knaphill and 1st Pirbright Guide Companies were camping together last summer at Tilford, Farnham in Surrey. But weeks of sunshine had left everything tinder-dry.

One baking-hot afternoon some of the girls were walking back from canoeing when Unit Helper Fiona Peters and Young Leader Philippa Hodge noticed a fire in the woods near the camp site.

Grace Sleet, the 1st Knaphill Guider recalled: 'We went back to the camp and I got all the Guides together. We jumped in a car and drove up to have a look. We were not sure whether we would need the fire brigade.'

'We saw flames spreading to the tops of the trees, so we tooted the horn as a signal to Assistant Guider Liz Longley to call the fire brigade.'

A Guide was sent to meet the fire-engine at the gate, but the Guiders knew they had to get the blaze under control quickly.

Grace is especially proud of Young Leaders Kandy Sleet, Philippa Hodge and Julia McCullough. They located

the nearest tap 40 metres away and organised a human chain.

'I don't know which one thought of it first, but they were yelling at the girls to pick up anything that would do as a water container from around the camp.'

They kept the chain going, leaving the Guiders free to douse the flames. In fact, one of them nearly lost her voice, she'd been shouting so many instructions,' Grace said.

The fire had started among a pile of logs but it soon spread to the grass and then the trees and bushes. Liz admitted, 'It was quite scary how quickly it spread. It just went woosh.'

Grace Cunningham explained: 'At one point Fiona was holding Sarah Cunningham, the 1st Pirbright Guider, by the shorts to hold her steady while she tried to pour water over the base of the bushes.'

By the time the fire-engine arrived the fire was already under control. The firemen were impressed by the girls' quick thinking.

They hadn't seen a human chain for years and commended us for having a Guide on look-out for them. They said it is the most helpful, time-saving thing to do,' Grace said.

'Once the men had made sure the flames were out, they turned their hoses on the girls to cool them down as they'd been working so hard and it was a hot day. Then we went back to ordinary camping and got on with cooking the evening meal.'

The fire kept on coming up in conversation and it made the girls more safety conscious. They were taking great care to pour water over the embers after they cooked.'

Firemen from Farnham presented the girls with their Fire fighter badges a few weeks later.

The girls all agreed that the highlight of the evening was being allowed to slide down the pole and climb over all the engines.

KIRSTIE GRAY



# a personal VIEW

Over the years, the question of whether Guides should get involved in litter picking or clean-up events has become of significant concern for many Guiders, in view of the potential dangers involved in handling items such as broken glass, hypodermic needles and so on.

We all know that there is a tendency for organisers of local events to feel they can call on members of the Movement to help with clearing up an area, because of our concern for the environment.

All local authorities now have a statutory duty to keep their land free from litter and refuse, and there is a growing feeling that Guides are being asked to act as cheap labour to fulfil this duty.

On the other hand, most Guiders want to promote a respect for the area in which they live and a sense of social responsibility in the youngsters within their unit. So how can these conflicting feelings be resolved?

The Guide Association has been a Council member of the Tidy Britain Group for many years. As the national litter abatement agency, the Group was largely responsible for the inclusion of the litter legislation in the Environmental Protection Act 1990, which led to the statutory duty being placed on local authorities.

However, such a statutory duty does not, in turn, absolve individuals and local communities from responsibility for their own environment.

Guide units are only too aware of this responsibility. Indeed the question of how we cope with the moral and practical dilemma of shouldering not only our own responsibility for our environment, but also clearing up after those who seem unaware or uncaring that such a role exists, has often been raised. Many people also ask whether Brownies, Guides and Rangers should continue to play their part, while other citizens seem determined to ignore their responsibilities.

Although we are all trying to instil notions of responsibility and respect for our communities and our environment into the children in our care, ultimately everybody is responsible only for their own actions. Yet it would be sad if we all gave up, simply because of the apparent intractability of some folk.

The Tidy Britain Group has always been keen to involve young people in its activities and educational work, taking care that those who get most out of such activities are the young people themselves.

The Group's flagship campaign is the National Spring Clean, which takes place from April 1 to 9 this year, when all members of society are encouraged to get involved in cleaning up their local environment.

Last year over 300 Scout and Guide units took part in this campaign, helped by the Tidy Britain Group, who provided guidelines for every registered clean-up, giving advice on the safety aspects of the campaign together with plastic cover-up bibs, plastic gloves, pickers and publicity leaflets.

Such controlled campaigns both encourage the girls to take an interest in caring for their local environment and provide the safety aspect we are all concerned about. And, of course, once an area is spruced up, it is far more likely to be kept clean.

However, the Group encourages a much broader approach to the question of litter. It has a wide range of educational material suitable for all age groups, which can be used within the Eight Point programme. Perhaps it is also time for Guides to consider another approach to dealing with litter and associated environmental problems. Instead of just cleaning up or litter picking, there is room for other activities more likely to have long-term effects.

**You could consider:**

- Conducting a survey of the litter problem in a particular area.
- Establishing what items form the bulk of the litter in your area — you'll be surprised at the amount of cigarette

butts and blobs of chewing gum.

- Checking if there are enough waste bins, if they are used and how regularly they're emptied.

- Discovering if there is a problem with fly-tipping in your area, or maybe a local river is being fouled.

- Collecting together all the wrapping material one household accumulates during a week and displaying it at a meeting. It could promote a discussion and even lead to a campaign to improve recycling facilities locally.

Projects like these, carried out under the supervision of a Guider or responsible adult, can be structured to fit in with the programme and fulfil clauses in both the Brownie and Guide Conservation badges.

The results of any surveys should be passed on to the local authority, whose ultimate responsibility it is to clean up their own land. Provided with up-to-date information, they may be able to tackle the litter problem more effectively. For example, there may be locations where anti-dumping notices could be usefully sited or sites where litter bins should be placed. It could lead to problems particular to your area being dealt with.

In a society in which more potential litter is generated each year, such approaches may be more useful than the perennially-favoured litter-pick.

Whatever approach you adopt, the Tidy Britain Group is only too willing to help. There is a network of regional offices throughout the UK where you can get advice. A new book, *Our World, Our Problem* — priced £2.50 from the Group's head office — is aimed specifically at organisations such as ours. It provides ample guidance for survey and project work.

Any queries should be addressed to your regional office, you'll find the address in the telephone directory, or to the Group's head office — Tidy Britain Group, The Pier, Wigan WN4EX, tel: 0942 824620.

**PAM HUDSON**

Guide Association representative on the Council of the Tidy Britain Group



# away DAYS

*Brownies are ever-eager to sample new experiences and now, with the widening of the range of residential events open to this age group, it's time to start exploring more of the great outdoors.*

Pack Holiday and Pack Holiday Under Canvas are the most popular and established residential events that Brownies take part in. But have your Brownies ever asked at Pow Wow — Can we ...

- Go to the seaside and stay in a hotel?
- Go to a holiday camp?
- Go to Disneyland Paris?

- Go to an activity centre?
- Go on a narrow-boat?
- Sleep in a tent while on Pack Holiday?

Now you can answer 'Yes', provided you have the appropriate qualifications and experience.

If you have ever wondered what camping with Brownies would be like, now you can find out by taking a small

number of Brownies to join a Guide camp. Or would you like to try:

- Joint Brownie and Guide events?
- Joint Brownie and Cub events?
- District events?

... all on a residential basis.

Another approach would be to run a Mother and Daughter/Ward and Guardian Pack Holiday. It may be an eye opener for the adults, as they will see for themselves what is involved in a Pack Holiday — and what the Brownies are capable of doing.

Your Brownies will have lots of ideas and you should discuss them with your Pack Holiday Adviser and Commissioner.

For further ideas and details see *The Guiding Manual* (Section 26) or the *Guidelines for Brownie Residential Events* issued in August, 1994. Your County Pack Holiday Adviser should have a copy of the guidelines, or you could contact the Training and Development Section at CHQ.

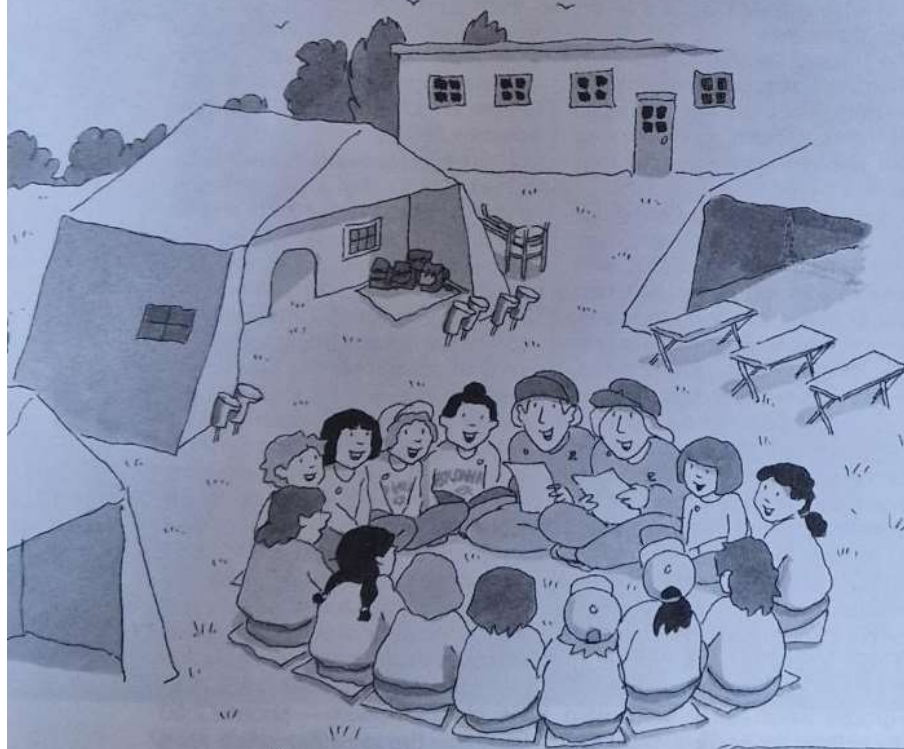
These opportunities are not intended to replace the Pack Holiday or Pack Holiday Under Canvas, but to add an extra dimension to taking Brownies away from home.

Remember, the opportunities for Brownie Residential Events are designed to help you and your Brownies to explore and enjoy the out-of-doors.

Have fun.

**KAREN TRICKER**

Association Outdoor Activities Advisers







**It's taken me six months to realise how profoundly thankful I am for Emma's Service Flash.**

At first, she couldn't decide which service to do. 'Not helping with Brownies,' she declared emphatically. 'Everybody does that.'

My suggestion of helping with Cubs fell flat. 'What — Kevin's lot!' Emma looked as though she'd witnessed a trailer for a very nasty horror movie.

I racked my brains for alternatives, all of which rapidly joined the list of things Emma *didn't* want to do. 'Well, ask Mrs Forbes then,' I said wearily.

Mrs Forbes promised she'd 'think of something different'. Time passed uneventfully until the summer holidays loomed, then Emma came home announcing: 'Mum, she's asked me to help at the children's holiday club at St Oswald's. She wants me to do a whole week! It'll be worse than the Brownies and Cubs put together and multiplied by ten million! Mum, *please* get me out of this.'

I deliberately engineered two commitments, which left only three days free for Emma to help.

She set off the first morning pale, tense and having been quite unable to eat any breakfast. She came home having rather enjoyed the day.

'I told them I'd be free to help for the rest of the week. That is OK, isn't it Mum?' she enquired.

Feeling foolish, I scrubbed the 'essen-

tial' commitments, and kept my mutterings to myself.

My reward arrived, unexpectedly, six months later at the local ice skating rink. It was Kevin's birthday treat. Having taken 18 Guides ice skating before Christmas, I'd decided three nine-year-old boys should be a doddle.

Then my husband caught flu.

'Can I help instead?' asked Emma.

'If you like,' I replied, quite sure I could cope single-handed.

At the rink Kevin started showing off to Ron while Matthew clung, limpet-like, to my hand. 'Keep an eye on those two,' I begged Emma.

Five minutes later Matthew took two tentative solo steps and landed on his back. His head hit the ice with a resounding thwack.

'Don't let Kevin and Ron out of your sight!' I screamed, as Matthew was carried to the first aid post.

Matthew turned out to be the sort of child who laps up medical attention. The first aiders were reassuring, but had difficulty getting him to make room for the next casualty.

I was given strict instructions and a printed sheet about concussion to be passed on to Matthew's mother. We returned to the rink.

'I'll sit with Matthew,' Emma offered. 'You carry on skating.'

Within ten minutes we were back at the first aid post. Ron had refused to be carried, but the lump on his head was twice the size of Matthew's.

I got a *second* printed sheet about concussion to be delivered this time to Ron's mother.

A month earlier the injuries sustained by 18 Guides had totalled one bruised elbow. Now, with just two guests, I'd amassed two cases of concussion.

I certainly felt stunned. But no one else did... and Emma soon had all three boys skating happily.

What would I have done without her? And what would she have done without the confidence that holiday club gave her?

Should I direct my thanks to The Guide Association, divine providence or both?

## *My Girl's* **A GUIDE**



# peace and UNDERSTANDING

Units all over the UK have been actively supporting the WAGGGS' Peace Initiative by making up Peace Packs. As ever, girls and Guiders have responded magnificently when challenged to contribute to this worthy cause.

However, it is also important that our younger members try to understand what being a refugee really means.

To help you get across the message

group. Many refugees are simply fleeing from escalating general violence, such as revolution or war, that puts their lives in danger.

## FACT BOX

There are now over 20 million refugees in the world and another 24 million people are displaced within their own countries. And 80 per cent of these refugees are women and children.

## What would I take?

Refugees often can only take with

this. But, at the same time, it should give them an understanding of how a refugee feels.

## Life as a refugee

Refugees have access to only limited food, water and space. The minimum food ration per person per day is: 350-400g flour, 20-30g vegetable oil, 50g beans, one vegetable, one piece of fruit, a little salt, one tea bag.

A refugee family should also have 15 litres of water per person per day for all purposes and two cooking pots, one large and one medium, four plates, four cups, five spoons, a sharp knife, and a coffee pot.

A family of six is expected to live in a tent of 4 metres by 4 metres.

If your unit cannot hold a sponsored walk, try the following activity:

Divide the girls into groups of six. First let each group consider how much food, water and space they have at home. Then give them their food 'ration' listed above and ask them to make a meal using the utensils provided. Ask them if they could last for a day on this ration.

Afterwards discuss what food they would miss the most and what effects a lack of food would have on them.

Senior Section members could live as refugees for a weekend at camp.

## How can we help refugees?

UNHCR is always grateful for cash contributions. You can also help by raising awareness of refugees. Stage a display at your local church or community centre or put on a play about refugee life. Find out which organisations give humanitarian aid to refugees and see if you can help their campaigns.

## ROLE PLAYING

Picture a refugee camp with 800 children and young people among the camp population. A school has been set up for the school-age children. Each child gets three hours schooling a day. The classes are big, teachers are not well trained and there are hardly any books or teaching materials.

Imagine if The Guide Association could send a group of 20 Rangers or

Refugees, such as these from Malawi and Mozambique, are forced to abandon everything they own in a bid to stay alive



in ways the girls can identify with, we've got some activity ideas, which are based on material from a series of modules, produced by WAGGGS to support the Peace Initiative, that are available in Guide shops.

If you decide to devote all or part of a meeting to focusing on the plight of refugees, begin by explaining how someone becomes a refugee.

Describe how a family can be enjoying a safe, happy, tranquil life not very different from the daily experiences of your girls and their families, when their secure world is shattered forever. Driven by fears of persecution and violence, they become refugees — forced to abandon everything they own in a desperate bid to stay alive.

They may be forced to leave their homeland because of their race, religion, nationality, political opinions or social

them what they can carry. Ask each girl to bring a bag that she can carry to the next meeting, and to put in it the items she would take with her if she was forced to flee. In Sixes or Patrols, look at the bags and their contents and discuss what the group would take.

## How far would you travel?

Refugees may have to walk for many miles, for many days and nights, to find a safe haven. Ask the girls what is the furthest they have ever walked? Organise a sponsored walk, carrying your possessions with you, to raise money for the United Nations High Commissioner for Refugees. After, discuss how it felt and how the girls might feel if they were going to a strange place rather than home.

It is important to make the girls feel safe while carrying out an activity like



# DING

Young Leaders to this camp for a month or two. What do you think the group would be able to do? What activities could they plan? Calculate the amount of organisation required and the equipment they would need. Could you take up the challenge?

## RUNNING GAME

Play an energetic game of 'Ladders' in which each pair of girls is given a word from the following story about Fatima, an Afghanistan refugee, instead of a number. They run whenever they hear their particular word mentioned.

We have highlighted suitable words. Every time a chosen word is mentioned, the girls whose word it is run up to the

top of the line, round the back of the 'ladder' and return to their places.

## FATIMA'S STORY

My name is Fatima and I am a **refugee** from Afghanistan. I live in a **camp** in Nasir Bagh. I go to **school** in the **refugee camp** which is really good because I have not been to **school** for a long time. My **school** is made of clay and we don't have chairs and tables, we sit on the floor.

I have an **exercise book** which I can write in and a **pencil** and a **pen**. I am learning to write at the moment and I often make mistakes so my **rubber** comes in useful, and I use my **ruler** when I am doing maths. I have never had a **ruler** of my own before. I keep my **pencil, pen, ruler** and **pencil sharpener** safe because I don't want to lose them.

When I go to **school** I have to wear good clothes. I have got a nice **T-shirt** now and I make sure that when I get up in the morning I do my hair with my **comb** and clean my teeth with my **toothbrush** and **toothpaste** even though I have to go and collect the water for this. Before we came to the **camp** we didn't have these things.

When we were walking from our home and trying to get away from the

**war** we didn't even have time to stop and get washed, and we didn't have soap that we could bring with us. It is much better now I am in a **camp** and can go to **school**.

I had to leave some of my friends behind and I do not know where my uncle is because he is fighting in the **war**, but life is better here in the **refugee camp**.

## Refugees in your community

Find out whether there are any refugees in your local community. Where do they come from? Find out about their country and why they became refugees. Is there anything your unit can do to help them?

You might be able to help with basic educational materials such as alphabet and numbers cards; calendars with pictures or drawings; card clocks with dials to be moved for teaching how to tell the time; and so on.

**GILLIAN SUTCLIFFE**

International Education Adviser

• Material/ideas from: WAGGGS Peace Initiative Learning Module No 4: Refugees. WAGGGS/UNHCR Refugee Badge Syllabi. WAGGGS World Issues Booklet No 5: Refugees.

# Annual General Meeting 1995

*Time: 2.30pm Wednesday, May 24.*

*Location: At Church House, Dean's Yard, Westminster, London SW1.*

**GUEST SPEAKER: THE HON MRS LEGGE-BOURKE,  
PRESIDENT OF SAVE THE CHILDREN, WALES**

*A number of invitations are available for this year's AGM. Applications should be made in writing – four is the maximum number allowed per application – enclosing a sae measuring not less than 7ins x 6ins to: Miss Joan M Disley,*

*The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.*

*Envelopes should be marked AGM 1995.*

*All applications received will be held until, and opened at random on, February 20, 1995.*

*Invitation cards will be despatched as soon as possible after that date.*

*Unsuccessful applicants will also be informed.*



# essay

## COMPETITION

Did any girls in your unit enter the 1993/1994 Royal Commonwealth Society Essay Competition? It's an annual event, supported by members of The Guide Association. If they didn't, get them to have a go this year — perhaps one will scoop a top prize.

### RULES

**1** Each individual essay must be sent to Guiding Activities Division Youth Activities Section at CHQ, accompanied by an entry coupon, which must be signed by a Guider, and arrive no later than Wednesday, February 1, 1995.

**2** On the front page of the entry please give name, date of birth, unit title, home address, age group, essay class, length of essay.

**3** Essays should be handwritten, with a wide margin on the lefthand side of each page. (A disabled girl may type her essay, but an explanatory letter must be enclosed.)

**4** A list of books read for information must be given together with details of any other sources of information used.

**5** The essay may be supported by diagrams, maps or illustrations, but remember that it is an essay competition and the judges will concentrate on the written material.

**6 NO ENTRANT MAY SUBMIT MORE THAN ONE ESSAY.**

A small prize will be awarded by Commonwealth Headquarters for the best essays submitted in each class. Up to six essays in each class will then be sent to the panel of judges appointed by the Royal Commonwealth Society.

For an essay to be accepted, the date of birth must be included in the entry particu-

lars and the entrant must have been born.

**for Class A, in 1976, 1977 or 1978**

**for Class B, in 1979 or 1980**

**for Class C, in 1981 or 1982**

Age will be calculated at December 31, 1994. Entrants who are above the age for the class entered will be disqualified.

### TOPICS

**CLASS A — Approximately 1500-2000 words**

**Age 16-18**

**1** Think Globally. Act Locally' Discuss the relevance of this advice for the survival of human society.

**2** Why decorate?

**3** In its modern role the United Nations is preoccupied with peacekeeping and the delivery of humanitarian aid in many countries. Yet member-states still encourage the export of arms to warring factions. Should the United Nations seek to control the arms trade?

**4** What instils in you a sense of wonder?

**5** People have migrated, voluntarily and involuntarily, throughout human history and, today, many countries contain ethnically diverse populations. In your view, what models of national identity are viable or desirable?

**CLASS B — Approximately 1200-1500 words**

**Age 14-15**

**1** Antarctica is the last, great, unspoiled area on earth, as yet little interfered with by humans. Should it be exploited for its resources or be given special protection as a precious asset for the whole world?

**2** After consulting one or more of your grandparents' generation, write an essay entitled 'Then and Now'.

**3** How do you respond to the dictum of Kant 'I ought, therefore I can'?

**4** Describe the cultivation, harvesting and marketing of a cash crop in your country. Are the growers fairly rewarded? If not, why not?

**5** The whole world seems to be attracted

by the idea that 'market forces' provide the best basis for a prosperous society. Looking at your own country, what do you think?

**6** 'Sport does not form character — it reveals it'. Do you agree?

**CLASS C — Approximately 500-700 words**

**Age 12-13**

**Illustrations will be welcome**

**1** Which forms of wildlife are most under threat in your country? Can they be saved?

**2** Write about a bitter quarrel and how it was peaceably settled.

**3** Pen a word-portrait of someone you greatly admire.

**4** Write a story entitled 'The Longest Day'.

**5** Add a new subject to your school timetable. If you were the teacher, what would you do in the first lesson?

**CLASS D — Not more than 600 words**

**Age under 12**

**Illustrations will be welcome**

**1** Imagine you are giving a party for some visitors from abroad. What foods and drinks would you offer, and what entertainment would you lay on to give them a flavour of where you live?

**2** Tell the tale of a small animal escaping from a large animal that wants to eat it up.

**3** Describe the day you met a magician who granted you a single wish until midnight.

**4** Either write a story entitled 'The Amazing Plant', which can be real or imaginary. Or tell a fast-moving yarn which ends '... and that, my friend, is why the Chief of Police pinned this medal on my chest'.

### PRIZES

**CLASS A**

**1st** International air travel and study tour for two in Britain — or in another country, if the winner is British.

**2nd** £100 cash and £30 books (Margaret Best Endowment).

**3rd** £75 cash and £25 books.

**4th** £50 cash and £20 books.

**CLASS B**

**1st** £250 cash and £50 books.

**2nd** £80 cash and £25 books (Margaret Best Endowment).

**3rd** £60 cash and £20 books.

**4th** £40 cash and £15 books.

**CLASS C**

**1st** £80 cash and £20 books (Kenneth Whitty Memorial).

**2nd** £60 cash and £15 books (Kenneth Whitty Memorial).

**3rd** £45 cash and £10 books.

**4th** £30 cash and £10 books.

**CLASS D**

**1st** £60 cash and £20 books (Frederick Rapsey Endowment).

**2nd** £40 cash and £15 books (The Cumbria prize).

**3rd** £30 cash and £10 books.

**4th** £20 cash and £10 books.

**Special Prizes:** In each class there is a special prize available for a disabled entrant (Sir Alwyn Ezra Endowment).

**Note:** The value of the book prizes is, of necessity, approximate.

### ENTRY FORM

NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

UNIT \_\_\_\_\_

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I certify the enclosed entry is the unaided work of the above named member of The Guide Association.

Signed (Guider)

Any entries received after February 1 will not be accepted



## BE HAPPY

We've only just wished each other Happy Christmas and now it's time to say Happy New Year. In the next 12 months there will be many occasions when we will wish people happiness: on their birthdays, wedding anniversaries, Mothering Sunday, Easter, Father's Day....

Happiness is everyone's priority. We want it for ourselves — and for others, especially those near and dear to us. How often do we

hear parents say that what they most desire for their children is happiness. The Americans recognised it as being so fundamental that they enshrined it in their Declaration of Independence: 'the pursuit of happiness' is a right belonging to all.

But where and how do we find happiness? 'Pursuit' suggests that it is something we have to work for and search out. The closing line of the *Desiderata*, 'Strive to be happy', reinforces this.

In St Luke's Gospel, Christ explains that happiness is about hearing the word of God and doing it. Put another way, it is the grace that comes through living in harmony with God, with self and with all of creation.

Ken Dodd has to be right when he sings: 'Happiness, happiness, the greatest gift that I possess'. It is the most amazing gift — but it's a gift for giving. Like a butterfly or delicate blossom, if you seize happiness and clasp it tightly

to yourself, it will die. But, if you welcome happiness as generously as it is given and share it with others, it will stay with you.

Baden-Powell focused on happiness in his last message to Guides: 'Your business in life is to be happy and to make others happy... You need not worry about making yourselves happy, as you will very soon find that comes by itself, when you make other people happy'.

CD

## MEMORY LANE

Guides from 1st Padstow Company visited a very special old lady at the Dinas Nursing Home, in Padstow.

Freda Buckingham, who will be 96 next month, was the unit's first captain. Freda ran the company for over eight years, after it was founded in 1921. And now some of the original Guides have joined her as residents at the nursing home.

The current crop of Guides spent several hours chatting to Freda and her 'old girls', finding out about what they got up to in the Twenties.

Freda's family had previously given a collection of old Guiding photos to the District Commissioner. They were mounted in an album, which was then presented to Freda.

Delighted with her gift, Freda went through the pho-

tos with the girls, while making sure they enjoyed an ample supply of sweets

and biscuits.

She still wears her Trefoil brooch with pride and it is

clear to anyone who talks to Freda that Guiding means a lot to her.



1st Padstow Guides chat to Freda and find out what Guides got up to in the 1920's

## IN FEBRUARY'S GUIDING

Comic Relief

This year's challenge

No smoking!

Tell the girls

Special report

Launch of Look Wider

Introducing

The latest Rainbow Badge

News update

Refugee Peace Packs

Scout and Guide get-together

A day of team activities

Take a trip to

Wigan Pier

## IN JANUARY'S BROWNIE

Thinking Day

Cards to make

Fun Food

Chocolate train cake

Sew Simple!

Greetings cards to sew



Discovering...

How see-saws and levers work

## AND IN RAINBOW GUIDE EXTRA

Wonderful Webs

Make them from glitter and glue

Map Magic

Find your way around

Guess the rhyme

Poetry game

It's playtime!

Games galore

Rainbow Rabbit gets

painting

Find the paintbrushes



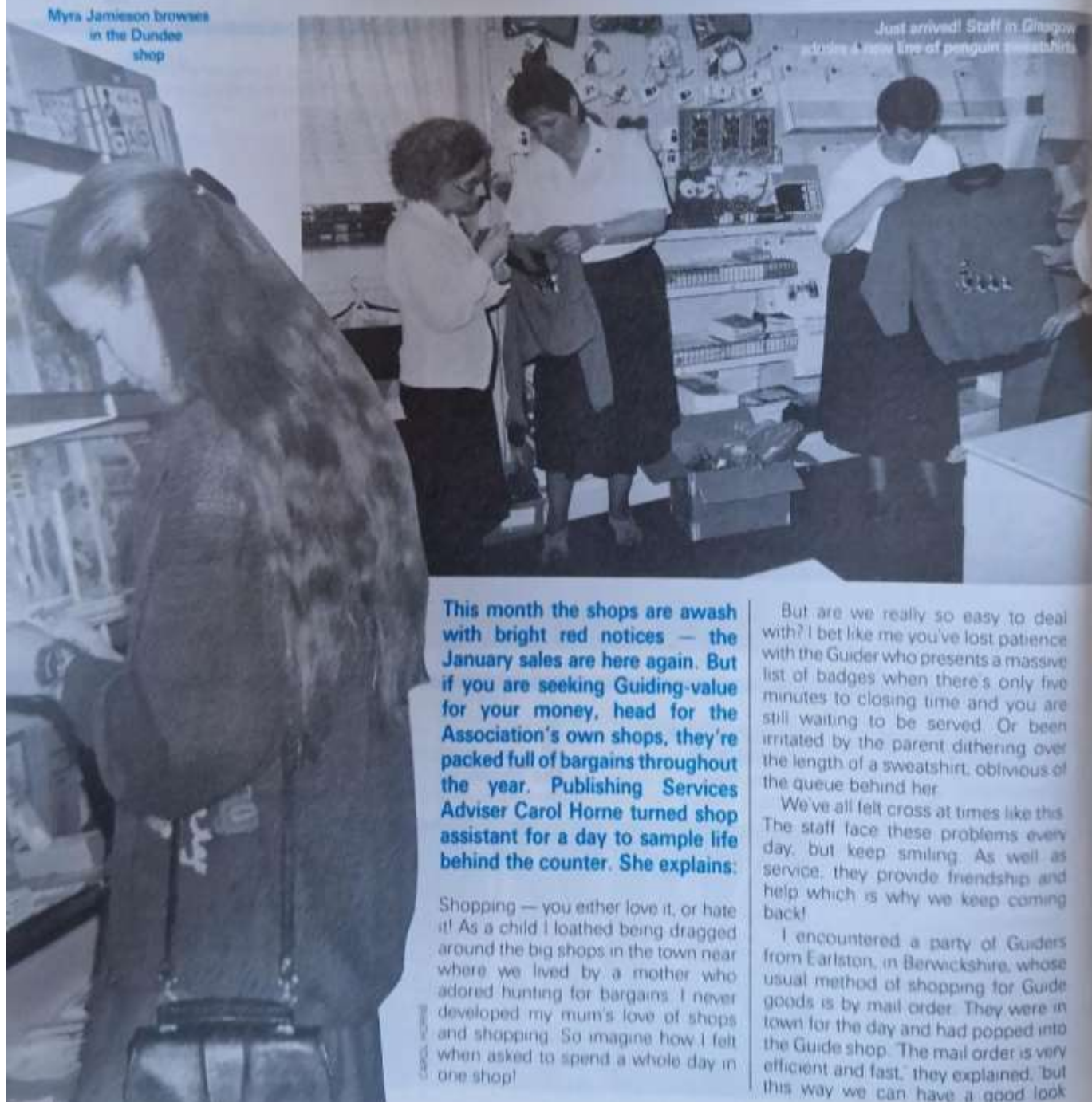
# Supplying SCOTLAND

But this was a shop with a difference. It was a store where you *will* catch me browsing — a Guide shop. My assignment was to join the team at the Guide shop in Edinburgh, one of four run by Scottish Guiding.

I've often rushed into a Guide shop and, as I've handed over last week's collection of pennies, wondered what attracts people who often are not Guiders, to work in such a specialist retail outlet. At last I could find out.

Elizabeth McIntyre, the Edinburgh manager, who has worked in the shop for 12 years, summed it up in two words — customer service. 'All the staff enjoy working with and serving the customers,' she said.

Myra Jamieson browses in the Dundee shop



Just arrived! Staff in Glasgow bring a new line of penguin sweatshirts

**This month the shops are awash with bright red notices — the January sales are here again. But if you are seeking Guiding-value for your money, head for the Association's own shops, they're packed full of bargains throughout the year. Publishing Services Adviser Carol Horne turned shop assistant for a day to sample life behind the counter. She explains:**

Shopping — you either love it, or hate it! As a child I loathed being dragged around the big shops in the town near where we lived by a mother who adored hunting for bargains. I never developed my mum's love of shops and shopping. So imagine how I felt when asked to spend a whole day in one shop!

But are we really so easy to deal with? I bet like me you've lost patience with the Guider who presents a massive list of badges when there's only five minutes to closing time and you are still waiting to be served. Or been irritated by the parent dithering over the length of a sweatshirt, oblivious of the queue behind her.

We've all felt cross at times like this. The staff face these problems every day, but keep smiling. As well as service, they provide friendship and help which is why we keep coming back!

I encountered a party of Guiders from Earlsdon, in Berwickshire, whose usual method of shopping for Guide goods is by mail order. They were in town for the day and had popped into the Guide shop. The mail order is very efficient and fast, they explained, but this way we can have a good look



around to see what's new, and what it's like.

Several other customers agreed. Mail order is fine, but they prefer to see what the books contain or check out the equipment.

Many clients are regulars. For those who work nearby there's an opportunity to pop in during the lunch hour and, from noon, there was a steady stream of people who knew what they wanted, were served quickly, and then were off again.

For others, a Saturday excursion or a visit made possible by a holiday Monday in their area enables a would-be customer to browse.

Two Guiders from Fife explained they visit every couple of months, and find there is always something new to see, whether it's badges, UK publications or Scottish goods, like the Rainbow sweatshirts, the Penguin badges and local books.

Sarah Watson, a student of politics and social policy at Edinburgh University, had made a special trip the day I was there. 'I'm here to buy a sweatshirt and some badges,' she said. Each week she works with Brownies at Juniper Green, but she also helps at a new group which has been established to help girls from ethnic minorities share in Guiding. The badges were for them. Together they had worked through the Faith Awareness badge. Sarah admitted: 'It was good. I think I learned more than they did.'

The badges were important for the girls, but the sweatshirt had a very special significance for Sarah. It was for her trip to the Palace of Holyrood house where she was to be presented with her Duke of Edinburgh's Gold Award. The staff were nearly as proud as Sarah was when they found out and made sure she had one that fitted perfectly.

Another regular shopper described herself as the Brownie Guider from the Pack 'just around the corner'. An open evening for the parents and friends had enabled the girls to gain Jester badges. A dancing teacher, she was using her own talents as so many Guiders do to help girls acquire new skills, which in turn had led to badges being gained.

Elizabeth explained that Guiders have such interesting stories to tell that it adds interest to her day.

When I asked what sells the most, I thought war might break out. The staff couldn't decide whether it was items of uniform or badges. But they were sure that the introduction of the new Promise Badges had caused a huge impact.

As this was the middle of the summer, the people in the shop were



CAROL HORNE

nearly all Guiders — or their husbands running errands in their lunch-hours. It was comparatively quiet but, I discovered, the autumn can be bedlam.

Then the place fills with parents and girls looking for new uniform. Now the girls have the freedom to mix and match, I asked what happened in practice, were the Guiders still telling them what to wear?

'We tell them the rules,' the staff chorused, but added that many girls come to buy 'what my friend has got'. Now I know why the girls in our unit all look the same!

Perhaps the most difficult thing for the staff is where to draw the line between being helpful and taking over the role of 'Commissioner'. Elizabeth explained that the staff are often asked for information or guidance. The general rule they follow is that if it is something that is written down, then they show them the appropriate book, but they do not advise or help beyond that.

So the young Guider who came in to buy forms which no longer exist was told they were discontinued and sold their replacement. Then she was advised to get in touch with a Commissioner in her area to be updated.

It's important to remember that the staff are experts in the products they sell but not the Guide programme and our rules and regulations.

Meeting the customers and hearing what they had to say was fascinating, but I only found out the scope of the service offered when I saw the basement. Many Scottish Guiders find it difficult to reach any of the shops, so a mail-order service based at the Edinburgh shop fills the gap.

Every day, Joan Dickson gathers up the orders, packs and dispatches them. It's small beer compared with Trading Service's multi-million pound operation but it's the way Scots get Scottish thistles for their ties, or other Scottish badges and publications.

I expected to find that the mail-order customers were all Scots, but I was

wrong. Each Scottish County has its own file and there, among bulging files for distant places such as the Shetland Isles, Wigtownshire and the Western Isles, were equally full ones for English Regions. From Cumbria to Kent, there are customers who shop by post.

Joan assumes that travelling Scots have enthused about and used local badges and books, and that has led to a brisk trade across the border. She insists that all orders are accepted and all new customers need to do is write in and she'll send the goods.

Joan praised the speed with which the Trading Service dispatch the many items they supply, pointing out that there is extra information available about the Scottish goods not sold by Trading Service.

As I watched her nimble fingers at work I wondered what sort of camp it would be for those Guiders ordering the array of tents, frying pans and toilets. Who would be the new owner of the Brownie doll? What proud moment would be displayed in the photo frames, and who would wear the uniform or badges?

My day was interesting and varied. I'm still not converted to shopping as a pastime, but I am much more aware of all the hard work that goes on in the Guide shops.

If I had to choose the job to do, I think it would be Josie's. She counts the money and always welcomes more. So, if you live in Scotland or are visiting, set aside some time to visit a Guide shop, either in Edinburgh, Glasgow, Dundee or Aberdeen.

See for yourself the variety of goods available to help you and the girls... and put an extra wide smile on the faces of the staff by spending some money there. They will be pleased to see you, wherever you come from.

**CAROL HORNE**

Of course, if Scotland is out of reach there are shops and depots throughout the UK that would give you an equally warm welcome stocking a wide range of Guide merchandise.

**Scottish Guide Shops are located at:**  
**16 Coates Crescent, Edinburgh (031-225 3483)**  
**140 Union Street, Aberdeen (0224-642646)**  
**15 Elmbank Street, Glasgow (041-248-4200)**  
**6 Panmure Street, Dundee (0382-222-62)**  
**Check individual opening times by phone before planning a visit.**

**Service with a smile:**  
**Edinburgh shop manager Elizabeth McIntyre hears lots of interesting stories from Guiders**



## THEME EVENING

# STORIES AND GAMES

This month's theme evening is based on the children's classic *The Lion, the Witch and the Wardrobe*. Leaders should read out the section in bold. The girls take part in the activity idea which follows.

### THE LION, THE WITCH AND THE WARDROBE

by C S Lewis

Peter, Susan, Edmund and Lucy were sent away from London to escape the air raids during the Second World War. They went to live in a big house in the country and, while exploring, they found a room with nothing in it but an old wardrobe.

When the others went off, Lucy stayed behind and opened the wardrobe. There were several fur coats hanging there, but she pushed her way through them and found herself in a wood at night time, with snow falling around her.

### WINTER SCENE

You will need one 'winter scene' picture for each Patrol, cut from a Christmas card for example. Leave the frame of the picture intact and cut the rest of the picture into ten irregular shapes. Each Patrol is given the frame of its picture. The pieces from all the pictures are mixed together and placed in the centre of the room.

At a signal, one person from each Patrol runs to the middle to try and find a piece that will fit into her Patrol's frame. Then it's the second person's turn to retrieve another piece and so on. Any piece which does not fit must be returned to the centre before the next piece can be collected. See which Patrol can complete its winter scene first.

Lucy met a strange creature who was half-man, half-goat. He was a faun called Mr Tumnus, who invited Lucy back to his home for tea. He told her about the Land of Narnia and how it was always

winter since it had been ruled by the White Witch.

Mr Tumnus explained that he was supposed to kidnap any children he found in the woods and take them to the White Witch. But he let Lucy return to the wardrobe. When she got back, the others would not believe her story because they insisted she had only been gone for a minute.

### JUST A MINUTE

This game is played in groups of three, who have to stand in a circle with chairs behind them. At a signal the first person in each group estimates the passing of 20 seconds and sits down. The next in line guesses when another 20 seconds has passed and sits. The third girl does the same. See which group can most accurately estimate a minute.

The next wet day, the children played hide-and-seek and Lucy hid in the wardrobe. Edmund followed her and found himself in the wood. He called out for Lucy but couldn't find her. Instead he met a tall lady in a white fur coat and golden crown who said she was the Queen of Narnia. She produced Turkish Delight for him by magic and said he could have as much as he wanted, if Edward would bring his brother and sisters to meet her.

### TURKISH DELIGHT

Each Patrol needs a saucer containing about ten small sweets. One girl goes out of the room and the others choose a specific sweet to be the Turkish Delight. The girl returns and starts to collect the sweets slowly, one at a time.

When she touches the chosen sweet, the others call out 'Turkish Delight' and she has to stop. Another girl is then chosen to go out, more sweets are added to the saucer to bring the number back up to ten, and a different sweet is chosen as the Turkish Delight.

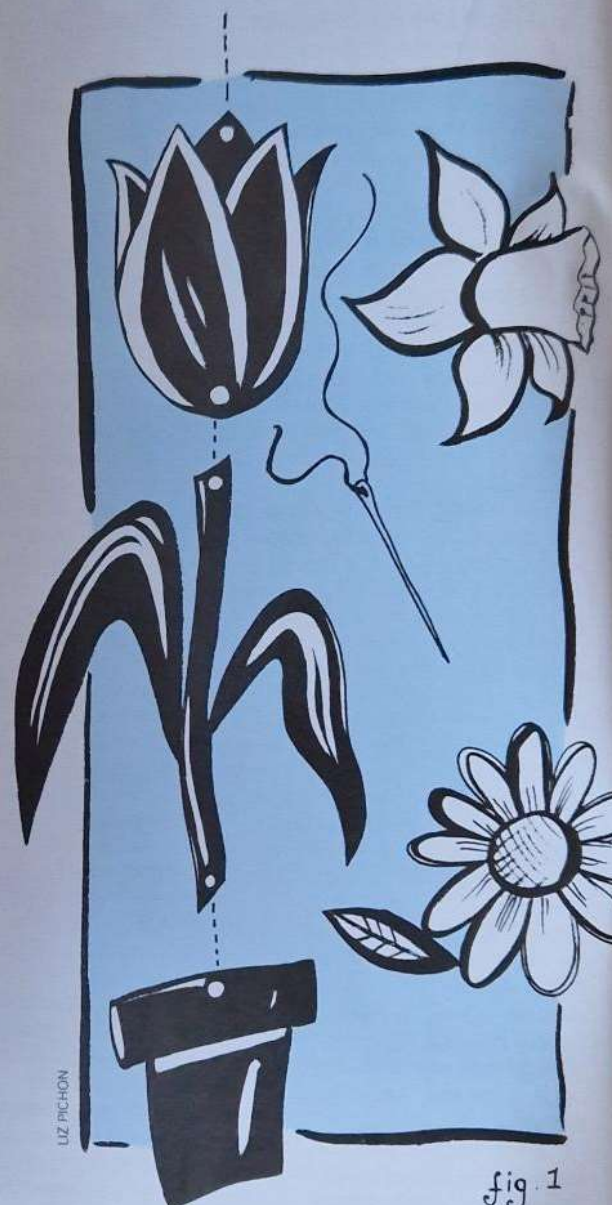


fig. 1

Edmund would not admit to the others that he had been to Narnia and met the Queen. But, one day, when the children had been told to keep out of the way while visitors were shown round the house, they all hid in the wardrobe. And they all found themselves in the wood.

Lucy took them to the cave where Mr Tumnus lived but it had been wrecked and a note explained Mr Tumnus had been arrested. A beaver they met warned them that the White Witch turned all her enemies to stone.

### STONE STATUES

One girl is chosen to be the Witch and has a rolled up newspaper or magazine as a wand. She chases the rest and, if she touches anyone with the newspaper, they must 'turn to stone' with arms stretched out and legs apart. They can only be freed by another player crawling between their legs.

The beaver told them Aslan, the lion, who was King of the Wood, had arrived and wanted to meet them. Then they realised that Edmund had disap-



# THEME EVENING

peared, and the beaver said he must have gone to the White Witch to betray them.

Edmund had walked for miles to reach the Witch's castle. He told her that the others were making their way to the Stone Table to meet Aslan and, immediately, the Witch set off in her sledge to catch them. But as they travelled, the snow and ice started to melt. And in just a few hours, winter turned to spring.

## SPRING FLOWER RELAY

Using thin card, cut out several of the shapes shown in fig 1 for each Patrol and put them on a table at one end of the room. Every Patrol also needs a metal coat-hanger on which to attach its mobiles. Each girl is given a needle threaded with black cotton.

At a signal, the first girl in each Patrol runs to the flower shapes and attaches a 'stalk' to a plant-pot. When she returns, the second girl runs up and attaches the flower head to stem. The third girl attaches a thread to the top of the flower and fastens this to the coathanger. Repeat the process and see how many flowers each Patrol can produce in a specified time.

While Edmund was travelling with the Queen, the others were making their way to the Stone Table. On the way, they met Father Christmas, who gave them each a gift — a shield and sword for Peter, a bow and arrows and an ivory horn for Susan, and a bottle of cordial for Lucy that would restore anyone who was injured.

## CODED GIFTS

The leader starts by naming two items she would like as Christmas presents. The girls take it in turns to name two items they would like, and the leader tells them whether their gifts are 'correct'.

The secret is that the two items should begin with the two initials of the speaker's name, but only the leader knows this at first. See how long it takes for others to work this out.

The three children continued their journey and, finally, reached the Stone Table and met Aslan. He told them that there were four thrones in the castle and that the reign of the White Witch would be over when four humans sat on those thrones. Meanwhile the White Witch was summoning all her 'monsters' — giants, werewolves, ghouls and ogres.

## MONSTER MASKS

Each girl should create her own 'monster mask' from a paper plate. See who can produce the best monster.

Edmund was rescued by Centaurs and eagles sent by Aslan. But, when the White Witch and Aslan met, the Witch demanded that, since every traitor belonged to her, Edmund should be handed back.

After a long discussion, Aslan told them all that she had renounced her claim. What he didn't tell them was that he had offered himself to her instead. Susan and Lucy saw him being bound to the Stone Table and killed by the Witch. But, next day, what Aslan called 'Deep Magic' brought him back to life.

## WHO WINS?

Divide the unit into two teams and show them three different signs: Witch — arm held forward and index finger pointed like a wand; Aslan — arm held forward with hand half opened like a claw; 'Deep Magic' — arm held forward with palm of hand facing forwards and fingers straight.

Each person starts with five tokens, dried peas for example, and picks a partner from the other team. The leader then calls 'Who wins?' and everyone must make one of the three signs.

The leader will have decided in advance, for example, the Witch wins over Aslan, Aslan wins over the Deep Magic and the Deep Magic wins over the Witch. The losing partner has to hand over a token to the winner and then each finds another partner. The winning sequence changes each

time. See who has the most tokens after a set time.

Aslan took Susan and Lucy to the Witch's castle, where he turned all the stone statues back to life. They all raced to the valley where a battle was taking place between Aslan's army and the Witch's creatures. In the end Edmund defeated the Witch by chopping her wand in half so she lost all her power.

## ATTACK

Using the same two teams. One becomes Aslan's army, the other is the Witch's legions. The two teams stand at opposite ends of the room. The leader calls out commands such as 'Aslan's army — two paces forward' ... 'Witch's army — one pace backwards'.

At any time, the leader can call 'Aslan's army — attack!' or 'Witch's army — attack!' The attacking force has to try to catch members of the opposite team before they reach the safety of their

base line. Anyone caught joins the other side for the next round of the game.

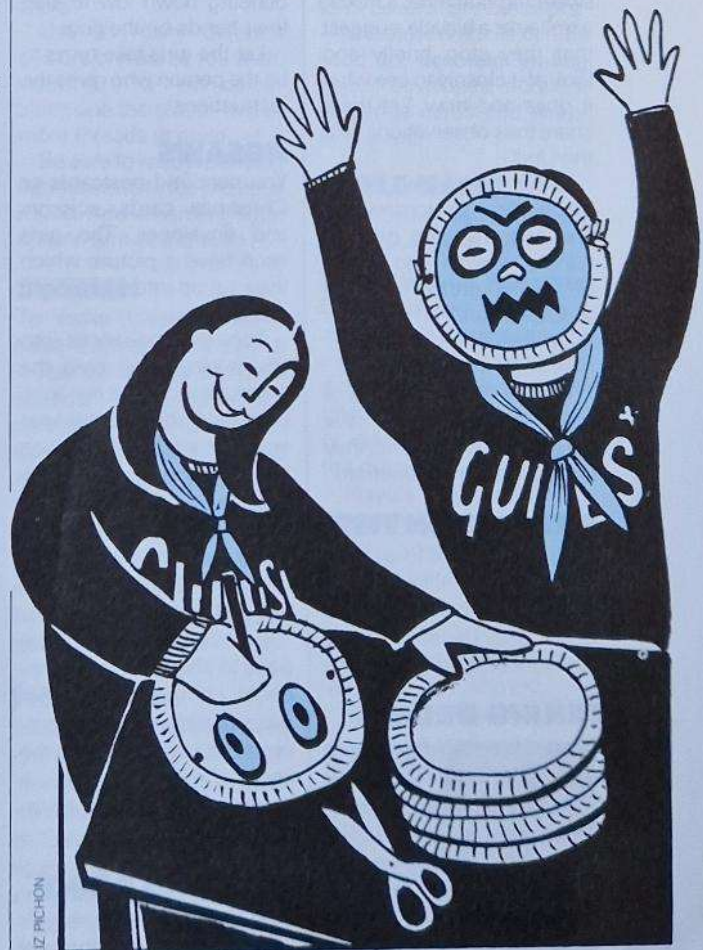
After the battle, Aslan took the four children to the castle with the four thrones and they ruled the Land of Narnia wisely for many years. One day they found themselves back in the wood and, when they stepped back through the wardrobe, it was as though they had only been gone for a few minutes.

## GOOD LAWS

While the four children were ruling Narnia, they made many good laws. Ask each Patrol to say what four laws they would pass to make the world a better place — and use these ideas in your closing prayers.

PAULINE WAINWRIGHT

*The Lion, the Witch and the Wardrobe* by C S Lewis is available as a Collins Lions paperback, £3.50. Also available as a Collins audio cassette: single (abridged) £4.99; double £6.99.



LIZ PICHON



# RAINBOW GUIDERS

Those of you who see a copy of *BROWNIE* each month will find that there is a broad theme flowing through each issue. It is never overt, but it links together a wide range of activities and information. You may like to use some of the ideas the articles raise to support your work in your own meetings.

## TAKE A THEME

The girls will find that their own Rainbow section of *BROWNIE* reflects ideas and activities inspired by that month's theme.

The theme we are looking at this month is technology, and how things work.

## WATCH AND TELL

Ask the girls to look at things that work when they are in the street, at home, at school... When they see a tractor, a crane, a road-sweeping machine, a mixer, a trolley or a bicycle, suggest that they stop briefly and look at it closely to see what it does and how. Let them share their observations with the Unit.

Bring in a few simple mechanical devices which are safe for the girls to handle, like an egg-beater or a mouli-grater, for them to look at and discuss. Let them explain to each other how each machine works.

Can they draw pictures of the objects they have observed, showing what they do and how they function?

## FIRE STATION VISIT

You might be able to arrange to visit your local fire station to see how the equipment works and to learn about the work of fire-fighters.

## TAKING ORDERS

Being able to understand instructions is an important part of understanding technology. Play some games in which the girls have to go through a range of movements guided by simple instructions.

For example, they might tie their shoelaces or fold their sweaters neatly, following the instructions you give. But remember to give them one at a time, and be careful not to upset the less able girls.

Send the girls around the room still following your instructions, stopping along the way to perform certain activities.

For example, they might mime taking a shower or a bath. Or they could actually perform a sequence of movements like stretching up high to touch something, then



bending down low to slap their hands on the floor.

Let the girls take turns to be the person who gives the instructions.

## JIGSAWS

You need old postcards or Christmas cards, scissors and envelopes. The girls each have a picture which they cut up into six to eight pieces.

They put the pieces into an envelope and pass the envelope to another girl. Each girl then opens her envelope and puts the picture back together again.

To make the activity more challenging, mix two or more pictures in one envelope, so the girls have to sort them out and match them.

Girls can work together in pairs to share the task. They could compete with other pairs to see who can complete the task first. Keep the jigsaw envelopes as a resource for future occasions.

## WAX AND PAINT

This activity helps the girls understand the nature of



materials. It is also great fun! You need sheets of white paper, light-coloured wax crayons, black paint mixed thinly and a paint-brush.

The girls make pictures with crayons, pressing down so the crayons cover areas clearly. Then gently paint over the whole page with the thin black paint. What happens? The paint does not cover the waxed areas. Explain why this happens.

## PICK IT UP

Here is a lively game that requires speed, co-ordination and a good understanding of instructions. You need three objects, such as quoits, potatoes, blocks..., and a box or tub for each team.

Rows of three objects are placed down the room, with the box at the end and a finishing line. The teams line up and the first girl in each team runs to pick up the nearest object, carry it to the box and put it in.

Then they pick up the second object and deposit that. Finally, they pick up the object nearest the box and

put that in, before running to the finish line.

The first girl to finish scores a point for her team. Then the next girls in the team take their turns.

## QUIET TIME

Say thank you together for all the machines and equipment that help us in our daily lives: for buses and trains; for fire engines; for vacuum cleaners and all the machines that help us in our home.

You might like to read a *Thomas the Tank Engine* story to the Rainbows over a series of meetings.

Your library will have many simple books about different types of technology. You might like to borrow some and have them available during meetings.

## NEXT MONTH

February in the Guide Movement is dominated by Thinking Day, and by our thoughts about our sister associations all over the world. This internationalism will be reflected in the month's theme.

DEBORAH MANLEY



# BROWNIE GUIDERS

Christmas is over — here comes Thinking Day! How about spending January preparing for an International Market? You could make items to sell on stalls and set out tables with games which visitors could try, perhaps making a small contribution.

## INTERNATIONAL FLAVOUR

You could make it a big event, held on February 22, or on the nearest weekend. Or you might prefer to keep it small and use the Brownie meeting closest to Thinking Day. Either way, you could serve international refreshments, recipes for which will be in February's Brownie Guider's page, together with some more ideas for Round the World board games.

Here are some craft ideas from around the world to get you started.

### GHANA

To make adinkra cloth, cut designs on hard polystyrene foam squares, large erasers or potatoes, using a sturdy plastic knife for safety. Mark a square of plain fabric into four and stamp designs in each quarter, using black poster paint (fig 1).

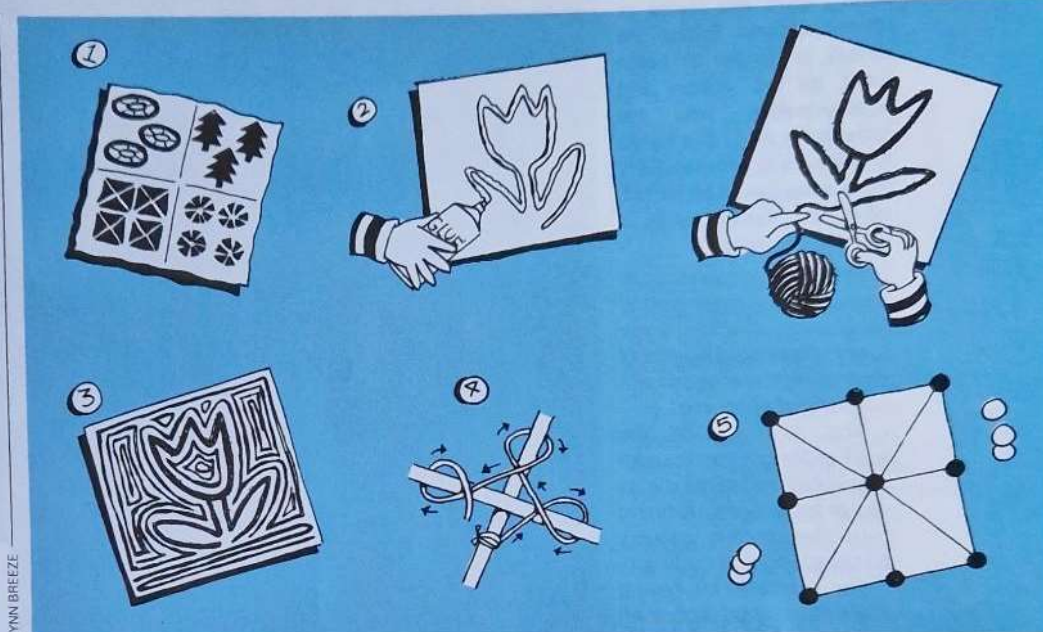
The fabric can be made into framed greeting cards, wall-hangings or even aprons. If you want to make garments, it's best to use acrylic paint.

### THAILAND

Though hot wax, silk and Brownies aren't an ideal combination, you can imitate batik by using white wax candles or pale wax crayons, water colour paints and white paper. Draw a design on the paper with the candle, then cover it with some brightly-coloured paint.

### SENEGAL

Tie elastic bands in different ways around a square of white cotton fabric. Dip the cloth in a bowl of fabric dye,



and remove it when it is slightly darker than the shade you want. Rinse the cloth well, and allow it to dry before removing the elastic bands. Glue sticks on two opposite sides, adding a thin string to one side to make an attractive wall-hanging.

### MEXICO

#### Clay Birds

Create delightful clay birds by using self-hardening clay freehand. When the birds are dry, paint them with bright, acrylic paints.

#### Wool Painting

Draw a simple outline of a flower or animal on a square of stiff card, then go over the outline with glue, pressing wool into the glue as you go (fig 2).

Working from the edge to the centre, fill in the picture, following the contours of the outline and keeping the wool on its ball so that the line is continuous (fig 3).

#### Star Weaving

Cross two sticks, about 10mm thick and of equal length. Tie on a piece of wool, then weave it round as shown in figure four until the wool is about 3cm from

the end of each stick.

Glue beads, feathers or buttons at the end of the sticks.

Use as many different colours of wool as you wish, weaving in a new colour alongside the old, or two or more threads at once.

Be sure to keep wool lying flat and close to the previous round. Add a hanging loop on one arm of the star.

### SWEDEN

To make these attractive table centrepieces saw a 15cm diameter branch into rounds. Stick a candle in the centre and surround the candle with any natural objects you can find in winter. For example, evergreen leaves and berries are still plentiful, or you may have a store of last year's cones, beechnuts and acorns to draw upon.

### HOLLAND

Holland is well known for its delft tiles. To make our version you will need to provide card stencils of tulips, windmills, barges and clogs. Using foam chunks dab blue paint on to white card squares.

Use both cut-out pieces and 'holey' cards to give

positive and negative effects.

The tiles can be mounted as wall hangings or can form covers for notebooks.

Miniature stencils can be used to decorate writing paper, envelopes, notelets, greetings cards and wrapping paper.

### TABLE GAME

Your Brownies will enjoy this popular table game.

#### Tapatan from the Philippines

First copy figure five on card and provide three tokens for each player. The aim of the game is to place them on intersections in any straight or diagonal line shown on the diagram.

Players first take turns to place their tokens on any empty intersection. When all tokens are on the board, the first player moves one piece in any direction along a line to the next intersection. Jumping isn't allowed.

GILLIAN ELLIS

Don't forget to order **BROWNIE** for your girls from your local newsagent or by direct subscription from **CHO**. The magazine is a supplement to the handbook.



## GETTING OUT

# GREEN HOLIDAYS

Beauty spots and places of interest around Britain are always in danger of being spoilt by the visitors and holiday-makers who are attracted to them. But thanks to a new era of 'green tourism' these areas can be protected, while the tourists enjoy a wonderful holiday.

Some tourist organisations are producing 'green guides' for tourists, enabling them to enjoy their holiday without destroying the environment or the local economy.

And, as a spin-off, the work of the greener tourism organisations makes it a lot easier for anyone planning trips that involve walking, backpacking and cycling.

For example, by having the various bus and train timetables together in one leaflet, such as those produced for the North Pennines, it's a lot easier to decide where to stop overnight en route and to choose a base with good transport links with walks and places of interests.

One tourism partnership has gone a lot further than simply printing a collection of timetables. *The Green Guide to the Dyfi Valley* (in mid-Wales) is available free from mid-Wales Tourist Information Centres.

Armed with a guide like this, you realise that there's no need to take supplies with you, because they'll be on sale in shops in the main town, Machynlleth, and at the grower's gate. If the shops don't stock your needs, the huge street market held every Wednesday will do. It has everything you could think of and more — we bought good quality cycling gear there that we couldn't get at home in Cheshire.

You'll also discover that there's no need to worry about getting a decent vegetarian meal if staying at a bed and breakfast. There are plenty of establishments listed that cater for veggies and vegans.



A SCALESBROOK

Instead of buying food produced many miles away, caterers support local small-holdings by buying their produce. This enables residents to earn a living and, in turn, means other services and shops in the area can survive. This is a less obvious aspect of green tourism, but just as important as using public transport.

What else is in the guide? There are contact addresses and phone numbers for cycle hire (including tandems for use by the less able) and energy-efficient accommodation from bunkhouses to hotels. You can also book bed and breakfast on small-holdings. This type of accommodation is an education in itself, with the opportunity to find out how animals are cared for and vegetables grown.

For those who cannot manage steps and stairs, there is ground-floor accommodation at some hotels. Some places of interest have good access too — the watermill and nature trail at Felin Crewi has been carefully adapted for use by all. Similarly, the Corris Craft Centre,

which includes a tourist information point, is accessible to everyone. Even the little steam train service from Twywn to Tal-y-llyn has a wheelchair-friendly carriage.

Whether you base yourself at a camp site, bunkhouse or hotel, it's possible to choose somewhere close to a rail or bus route, so that it's easy to explore the Dyfi Valley. And, if you are walking or cycling through the area, there are plenty of places to stop and refuel.

This valley is not only beautiful to look at but it also offers plenty to do. There's the RSPB reserve on the estuary, reached by a network of footpaths or the Aberystwyth bus, which passes within half a mile of the Visitor Centre.

There are lots of footpaths for walkers only and bridle-paths (for cyclists and horse-riders) revealed in the Ordnance Survey maps and, if you like a challenge, there's the Dyfi Valley Way to tackle.

Another long-distance path, Glyndwr's Way, crosses the valley and passes through Machynlleth, where Glyn-



dwr's Parliament House — now a museum — is sited in what was once the capital of Wales.

If the heights of Cadair Idris are your aim, there's a bus service to the foot of this 893 metre high mountain, where you can also find refreshments. If you aren't feeling energetic,



► Get growing: an example of how to grow vegetables in your backyard at the Centre for Alternative Technology in Powys

◀ Green and pleasant land: areas of natural beauty can be protected while tourism thrives

▼ The watermill and nature trail at Felin Crewi has been adapted for people with disabilities



with lots of levers and buttons to operate, hens, chickens, pigs and goats to admire; and ideas to take home. Plus a shop packed full of green goodies. Wouldn't you just love to reduce your electricity bill to £1 a week, like the residents of this site?

Find out how it can be done, by staying in an eco-cabin on the site and managing your own electricity, wood and water supplies. The cabins sleep four to a room and are centrally-heated, with showers. If your group has only a day free, find out in advance about guided tours, slide shows and talks.

And, if all these good ideas make you peckish, there's an Egon Ronay rated vegetarian restaurant to try out. If you've never tried a veggie meal before, you'll be surprised how tasty one is here.

It's only a matter of time before other areas follow the Dyfi Valley Partnership's lead, producing complete guides for sustainable, low-impact tourism. Then we'll be able to take our holidays anywhere, confident that we're not destroying the scenery and local economy in the process.

Meanwhile, if you're stuck for a place to visit for a weekend or longer, be one of the first to join the green holiday revolution and see how it's done in mid-Wales.

**ALEC & VAL SCARESBROOK**

## USEFUL ADDRESSES

*Green Guide to the Dyfi Valley*: available from mid-Wales Tourist Information Centres — ask at your local TI centre for the booklet listing all centres in the country. It can also be obtained from Centre for Alternative Technology, Machynlleth, Powys SY20 9AZ. Tel: 0654 702400.

For the public transport leaflet *Across the Roof of England* and other information write to: North Pennines Tourism Partnership, Barclays Bank Chambers, Front Street, Alston, Cumbria CA9 3SE. Tel: 0434 382069.

this round trip on trains and bus costs £6.50 for adults and £3.25 for children.

The village of Corris (on a bus route, of course) offers interesting and cosy accommodation — an energy-efficient bunkhouse with 50 beds (18 in four family rooms) available to individuals and groups. This ex-youth hostel is anything but spartan, with central heating from a wood-burning stove, carpeted floors, showers and drying room.

This isn't the only energy-efficient establishment either. Dolbrodmaeth Inn has been rebuilt using efficient insulation, glazing, low-energy lighting and economical central heating.

It's not surprising that so

many local inhabitants are able to run green businesses, which reduce the impact on their surroundings, keep bills and electricity consumption down, and reduce global warming, as the Centre for Alternative Technology is on hand to give advice.

This centre, which must be the greenest place in Britain, is housed in an old slate quarry but it isn't as dry and dusty as it sounds. Wales is renowned for its wet weather and the Centre puts all the water to good use. They've developed a water-powered cliff railway to transport you from the valley below to the display area above, saving your energy and the planet's.

There's plenty of fun here.



there's always the option of staying on the bus until you reach the little railway with its steam train service along the valley to the coast.

Here, British Rail's Regional Railways allow you to complete the circuit to Machynlleth, admiring panoramic views of the Dyfi estuary as you speed along. A ticket for



## HOW TO DO

# AWARENESS WORKSHOPS

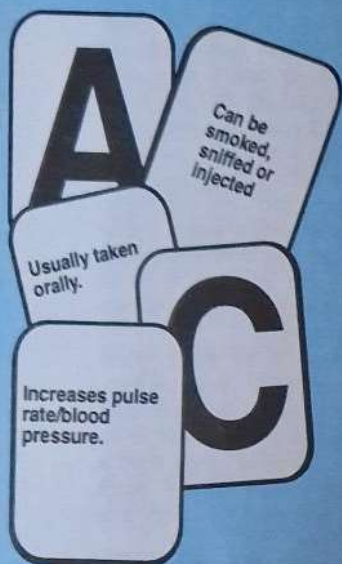


Fig 1

Anyone dealing with young people should be aware of the dangers of alcohol and other drug abuses. But separating the facts from the fantasy isn't always easy.

That's why Avon County invited a team from the Band of Hope to stage an Abuse Awareness workshop.

Its aims were to:

- Raise awareness.
- Put drug use in perspective.
- Explore factual and emotional issues around substance use.
- Put the information into the context of Guide work.
- Enable Guiders to meet the needs of their units.

During the workshops, groups took part in three games. The Smartie game, the Opal Fruit game and the

Drug Busters game. Try all three and see which works best for you.

### DRUG BUSTERS

Aim — to help gain factual information in a fun way.

#### Preparation

Make up cards, each one containing a letter that forms part of the name of a drug on the front and a piece of information about the drug on the back as in fig 1. Use brightly coloured card and don't make the cards too small. They will last longer if they are covered in sticky-backed plastic.

For example:

- A** — taken orally.
- L** — legally available to people over a prescribed age limit under UK law.
- C** — many sources and varieties available.
- O** — always in liquid form.
- H** — excessive use linked to liver disorders.
- O** — effects on user determined in part by his or her mood and condition prior to taking drug.
- L** — after effects: possible nausea and headaches.
- C** — user becomes relaxed and physically inactive.
- A** — can be inhaled, eaten or drunk.
- N** — controlled by misuse of drug Act.
- N** — widely used in Britain.
- A** — main sources in North Africa.
- B** — after-effects: possible tiredness.
- I** — some research indicates that long-term use may cause lasting damage.
- S** — may affect manual dexterity.

The Band of Hope can supply a complete list of suggested drugs and facts. Contact the organisation at the address below.

#### The Game

Spread the cards around the room before the meeting. Divide into groups. Give each group a drug to find. They

must then collect the letters that will spell the word. The information on the back of the card must refer to their drug, as you may have several letter As, Os and so on.

Towards the end of the game negotiations may be required to collect the correct letter from another group. No physical contact is allowed, they must persuade another group to give up the letter they need.

#### Follow-up

Ask each group, in turn, to read out the facts about its drug and the leader should discuss questions which may arise.

### SMARTIE GAME

Aim — to demonstrate how to cope with peer pressure.

The game makes a good discussion starter on some of the pressures faced by young people. All participants are given Smarties or similar sweets. They are also given a piece of paper which instructs them either not to eat their Smarties and, at the same time, persuade others not to eat theirs; or one that instructs them to eat their Smarties, if they can persuade someone else to eat theirs, see fig 2.

It is important that they do not tell anyone which instructions they have, and it works best if the participants are in a small area so they have to mix and will not feel self-conscious about trying to fulfil their task.

After a few minutes — it is best not to let the game go too long — the leader will stop the activity and ask members of the group how they felt. For instance: Was there a difference between persuaders or resisters? Was anyone tempted to eat their Smarties? Did anyone succeed in persuading someone to eat their Smarties?

If it doesn't come up in discussion, make the point that sometimes it can be very hard to resist pressure,

especially if it comes from someone you know. Most young people will try their first drugs, whether legal or illegal, with someone they know and not get them from the stereotyped drug pusher lurking on the street corner.

• The Smartie Game is based on an idea in *Skills for the Primary School Child* by TACADE.

### OPAL FRUIT GAME

Aim — to demonstrate how the use of drugs can affect our co-ordination and judgement.

Participants should be paired with someone of approximately the same height. Person B stands behind person A, with their hands in front of A. A wrapped Opal Fruit is placed in the hand of B. Without any help from A, B has to unwrap the Opal Fruit and place it in A's mouth.

This game is good, sticky fun. It should be pointed out that this kind of awkwardness can easily be experienced after drinking alcohol, smoking cannabis or taking other drugs, and it greatly increases the risk of having an accident.

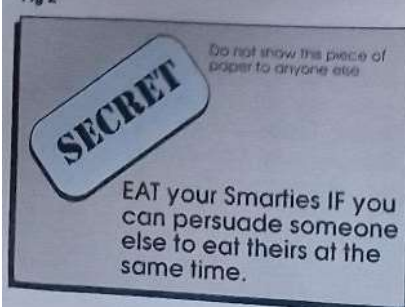
Training workshops can be tailored to meet the needs of a specific area or age group and the Band of Hope is happy to discuss your requirements. For more information contact either the Training Team at CHQ or Martin Perry, National Education Co-ordinator, UK Band of Hope, 25(F) Copperfield Street, London SE1 6EN

The issues of healthy living and drug abuse are dealt with in various sections of the *Guide Handbook*.

For more ideas turn to:

- Skills for living.
- All about you.
- Your body.
- Express yourself.
- Guide action.
- The Trefoils.

Fig 2





## GUIDE GUIDERS

Here are some activities, which will sharpen up observation skills as well as promoting Patrol co-operation, using old newspapers and magazines.

### NEWS QUIZ

You will need copies of the same edition of a newspaper for each Patrol, so ask friends, family and colleagues to save their copies for you. Compile quiz questions based on the paper using the headlines, stories, photographs and advertisements.

At your meeting give each Patrol a copy of the paper, call out the questions and award points to the first Patrol to find the answers. You might give them some hints about sharing out the pages to speed up their searching techniques.

### SHAPE RACE

Another newspaper game which Patrols enjoy is a Tearing A Shape race. Again you will need a supply of old newspapers for each Patrol. You begin by explaining that the Guides have to tear out an outline shape of a particular animal, well-known building or household object from one sheet of paper. But, as this is a Patrol effort, they must pass the shape being torn on to a new person each time the whistle blows.

After a short time — when a recognisable shape has emerged — blow a final whistle to stop the game and award marks according to the finished results. Repeat the game with a variety of subjects.

### WASHING LINE

Another paper tearing idea is Washing Line. Each Patrol needs a length of cord to tie between chairs to act as a washing line and some pegs to hold the 'washing' on it. Each Patrol numbers its members and, armed with a supply of old newspapers, they tear out and peg up the

various clothes for a family, which are called out by the Guider or Young Leader. For example: 'Number 1 — baby's dungarees'... 'Number 2 — dad's socks' and so on. A whistle blast indicates making time is over and the article is then pegged on the line.

When each Patrol member has torn out and pegged up a few garments the Guider can award points according to accuracy of size, shape and so on.

### FASHION FLAIR

Adopting a fashion theme, the Patrol can be challenged to produce an outfit from newspaper for one member. Give the girls a theme such as a figure from history, a fairy story or nursery rhyme character, an alien... or simply allow their imaginative and creative skills to range freely. The resulting outfits can be judged by the Guides themselves, after they've staged a fashion show of their paper creations!

Newspapers also are a valuable source of material to stimulate discussion on the relevance of the Guide Laws to everyday life. Ask the Guides in Patrols to look for reports of people who have either kept or broken a Guide Law. Some interesting points of view should be generated by discussing the Guides' findings and their interpretations of the news.

Technology problems can also be explored using newspapers. Ask your Guides to construct the tallest, free-standing tower they can, which will support a tennis ball or hard-boiled egg using only four or five sheets of newspaper and a measured length of sticky tape. You will be amazed at the various structures they create.

### PAPER WEAVING

Old magazines and newspapers can also be used for paper weaving. Glossy mag-

azine pages probably give the best effect. You need a number of pages folded lengthwise until they are about 2-3cms wide. Take one strip, place it in a horizontal position and staple or glue other strips side-by-side along the length of the initial strip.

Keeping the first strip in a horizontal position, you can weave further strips in and out through the stapled vertical strips, stapling or glueing them in position as you weave. When you have completed the woven square, it can be backed with polythene to make a camp sitter.

### REPORTAGE

Suggest the girls become reporters for the evening and organise some role play situations. In Patrols some of the Guides can assume the roles of famous people, possibly people involved in Guiding and Scouting, fictional characters or people from history, while others play reporters interviewing the VIPs about their lives and contributions to society. With a little time for preparation, some entertaining scenes can be acted out in front of the other members of the unit.

Another extension of the newspaper theme is to ask your Patrols to prepare their own Patrol newspaper or magazine, using the members of the Patrol as the editorial staff. They should first look at some magazines and papers to study the type of articles required. Jobs should be allocated to the various Patrol members, for example cartoonist, agony aunt, reporter and editor. Then they can interview Guiding personnel, parents, teachers or any other interested people to profile in the magazine.

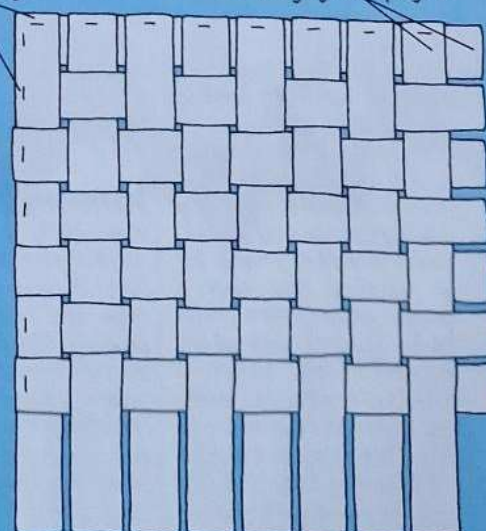
This project would probably need a few meeting nights for preparation so set a deadline date for production before you begin.

Finally, this idea can also be adapted for use as a camp activity by asking the Guides to create a magazine written from the point of view of the creatures who usually inhabit the camp site. You can give the girls some starting points such as Sammy Spider's Cookery Page, Ladybird's Problem Page, Butterfly's Fashion Tips and so on.

Have fun recycling your old newspapers!

CAROL SMYTH

Staple together to start. 2cm folded strips of magazine pages.



KATE TAYLOR

Paper Weaving.



## COPING WITH

# INTRODUCTIONS

We've all experienced that awkward moment when we're about to join a group of people already at ease with one another. The 'new girl' feeling can be most uncomfortable until one is drawn in with warm words and welcoming smiles. Then there's the bewildering business of getting to grips with unfamiliar terms, situations and experiences. So you can imagine a new adult leader's feelings at her first District or unit meeting.

### ICE-BREAKERS

New adult leaders are like gold dust, so it's vital that they're made to feel welcome and not put off in the first few weeks by carelessness or indifference.

The leader may have been recruited by a Guider or by the District Commissioner. Either way, the DC has a crucial role to play in integrating her into the District team. And the Guider(s) with whom she's placed should make every effort to give her a full part in unit activities, without confusing her with a deluge of detail.

Most new Guiders will probably already know one or more of their new colleagues, but let's consider a fledgling leader who is new to the area. Usually her first meeting with the District team is at the District Meeting. This could prove daunting, if the team is a large one, but there are ways to break the ice.

As soon as a recruit is found, a visit from the DC is the first step. This should be quickly followed by an invitation to the DC's home for an informal chat over a cuppa, other guests could be the Guider(s) with whom the new leader will work.

For her first District Meeting, invite the new leader to arrive five minutes early, so she's seated first. The DC can introduce each Guider as she arrives. If the District

has a large team, ask everyone to wear a sticky label on which is written her first name and unit, so the new member can keep track of the conversation.

Be sure to explain each situation as it arises in the minutes. And, for the first couple of meetings at least, try to avoid 'Guide-speak'.

If there is anything exciting in the pipeline, explain it to the newcomer. If possible, give her a chance to be included, but never pressurise her. An invitation to join you on a picnic hike into the Dales is a far cry from a plea to 'act as Assistant OM at a weekend camp if she's never been under canvas in her life!

### JOINING THE UNIT

Welcoming a new leader into the unit is equally important. If you're the well-organised type who plans programmes ahead, invite the recruit to your planning session. Explain the structure of the Eight-Point programme and give her a copy of the girls' handbook for your section. Show her the unit record sheets and describe

the type of activity the girls have tackled to fulfil the various clauses.

The new leader's part in the programme will vary according to the section. A potential Guide leader can be asked what personal skills she could share with the unit, with special reference to activities already requested by the Patrols.

She should have the Patrol system explained to her at the outset, with emphasis on the 'show me how, don't do it for me' approach that aims at fostering independence in the Guides.

A new Brownie leader could be attached to a Journey group to watch an experienced Guider at work. If you're short of leaders, she could be given a small group to lead, together with suggestions/material for simple activities.

Her own skills would dictate the Journey group for which she would be the most suitable. Or she may be asked to take on one or more of the Eight Points across the three Journeys.

For instance, a PE teacher would probably enjoy plan-

New leaders will gain new colleagues and make lasting friendships

Give a new leader an amenable group of Brownies to lead

ning activities for *Brownies Keep Healthy*, while an experienced housewife may prefer *Brownies Help at Home or Lend a Hand*.

Invite a new leader to browse through the interest badge book and see if there are any badges she would enjoy teaching — then give her an amenable group of Brownies to lead.

A new Rainbow leader might be asked to take on a weekly responsibility, such as a game, handcraft, story or song, or put in charge of a small group as her special Rainbow 'family'.

Whichever Section your new leader is joining, assure her that though she will contribute time and effort, it should not cost her too



THE GUIDE ASSOCIATION



# COPING WITH

much hard-earned cash. All adult leaders' expenses should be met from unit or District funds, although some leaders may have to buy their own uniforms.

You could even give some thought to financing leaders' uniforms from funds, if at all possible, stating that they're unit or District property, to be returned on leaving.

Guiding literature, including the many enjoyable books about Guiding history.

Make sure she reads copies of *GUIDING* and the section magazine, or, better still, encourage her to order her own. The Guide Association Trading Service Catalogue or a visit to a Guide shop will whet her appetite. Most new leaders are

astounded at the wealth of reading matter available.

## DO NOTS...

There are a few *don'ts* as well as *dos*. It's quite wrong, if not downright untruthful, to persuade a new leader to join you by spinning the old 'one-and-a-half-hours a week' myth. That's probably about right for a Unit Helper, but

not for a potential Guider.

We all know that preparation and telephone time, plus the occasional meeting, training and weekend activity, make that kind of estimate quite unrealistic.

It's much fairer to give the full picture at the outset... without making it sound like a full-time job, of course. But be positive about it. For example, try: 'Yes, it does take a slice out of your free time, but it's so much fun you'll never regret it!'

Don't persuade a friend to join as a Unit Helper, then use her as a Guider, unless she is willing. Similarly, don't ask anyone to be an Assistant Guider, then decamp and leave her carrying the unit, unless she wants to. It has been done and is just dishonest.

Finally, don't forget that, although our main concern will always be for the girls, Guiding leaders have a lot to gain from the pleasure of each other's company.

The occasional adult get-together, whether just for a cuppa or for an evening's entertainment, helps to make a new leader feel that she's not only gained new colleagues, but lasting friendships as well.

GILLIAN ELLIS



## TAKE IT EASY

The key to integrating new leaders successfully, particularly if they're complete novices, is to proceed gradually. The leadership scheme book and the little blue record card are quite enough to begin with.

The worst possible introduction is when you're given a bundle of leaflets and books and told: 'Read that. It'll explain everything'.

The girls' section handbook is an excellent start for the new adult leader. Once she sees the programme being put into practice and becomes familiar with the format of the meeting, her confidence and enthusiasm will quickly increase. Then it's time to show her more

THE GUIDE ASSOCIATION



New adult leaders are like gold dust and should be made to welcome



# RANGER GUIDERS

**Which Octant? Which route?** Where do I begin? The answer is, it's up to the individual Ranger to decide the route along which she would like to travel. That's the nature of the Look Wider programme. Whether to dabble in all the Octants, to accept the Chief Commissioner's Challenge, or to gain an Octant Certificate by completing all the phases of one particular Octant, the choice belongs to the individual Ranger.

Getting started requires a little help and this is where the Look Wider team (Ranger Unit) and the support group (those instructing/helping) come into play. It is essential that these two groups of people support and help the individual Ranger in her journey into Look Wider. Embarking on the Octants is an exciting and challenging part of this new programme.

Creativity and the Out of Doors Octants are two of the eight Octants that can be tackled after the Discovery phase of Look Wider.

## CREATIVITY

Creativity is about being an individual and expressing your own values and personality. Developing creativity is about using imagination, being aware of the world

around you and trying to communicate what you think to other people.

The file contains different ideas and activities. Creativity is not just about arts and crafts, making pots and weaving rugs. Creativity involves activities such as going to the theatre, learning how to use a computer to produce a magazine, or experimenting with DIY cosmetics.

Phase 1 of Creativity is all about dabbling. Whether it's juggling, plate spinning or face painting, the fun is in having a go and discovering new ideas and activities that interest the individual Ranger.

Phase 2 of Creativity is about expanding the Ranger's newly discovered skills. Having dabbled with face painting perhaps the next step would be to find a book which deals with the

subject in more depth. For example, what colours mix and how to use lines of dark colour to emphasise the face's natural features. Discovering these techniques will expand the individual's knowledge. Phase 2 develops the Ranger's interest and adds to her skills.

To take the idea of face painting through to Phase 3 would require the Ranger using her skills for the benefit of others. It may be possible to help out another organisation in fundraising by running a stall where children could have their faces painted. Brownie Revels or a Fun Day might also benefit from such an activity.

Taking face painting through all three phases is, of course, only a suggestion. It is not necessary to take one activity and progress to the end of Phase 3. The

individual Ranger has to decide, in conjunction with her Look Wider team and support group, what she would like to undertake and for which phase she wishes to use it.

Other ideas in the Creativity section include music, cosmetics (see page 3 for a great recipe for Elizabethan soap), cooking and video making.

## OUT OF DOORS

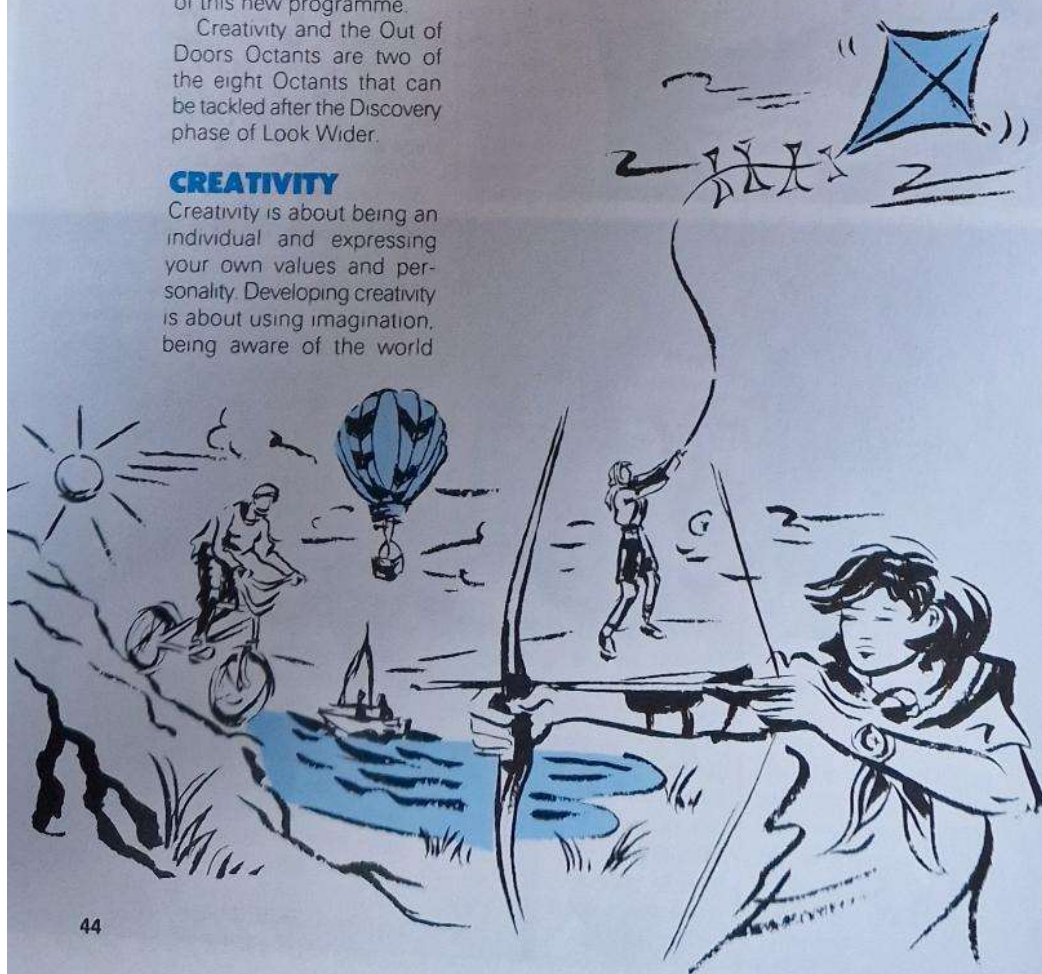
Whether it is an exciting expedition or a trip to the local boating pool, the great outdoors has something to offer everyone. The Look Wider file gives lots of ideas from finding out about global warming to making a herb tower or camping and survival skills.

Phase 2 of the Out of Doors Octant suggests Animal Magic. This activity challenges the Ranger to increase her understanding of animals by helping to care for them or their environment. This could be achieved by working on a voluntary basis with an animal charity or establishing a group who would monitor the needs of wildlife in the local area and provide practical help.

The Resource Section on pages 13 and 14 of the Out of Doors section of the file gives practical help in the form of books and publications and names and addresses of organisations who operate in this field. A talk by one of these groups may be the stimuli required to activate a Ranger's interest in a particular area.

The exciting aspect of this new programme is starting out on the Look Wider journey, which is unique for every Ranger. Encourage the Rangers to explore all the eight Octants of the Look Wider programme and develop for themselves a challenging and stimulating route.

BARBARA O'DONNELL





# YOUNG LEADERS

The Leadership part of the Look Wider programme is not just about being a leader in Guiding. The key elements to the Leadership octant are *Making It Count*, *Basic Leadership Certificate*, *Guide Association Leadership* and a whole host of other activities, not necessarily within Guiding.

## LEADERSHIP

Anyone taking part in the Look Wider programme can choose to specialise, or try different opportunities for leadership, the only constraint being that the minimum age to start working on the Guide Association Leadership Scheme is 16.

Working on the Look Wider programme will help you develop the skills and confidence necessary to be a leader, both in and out of Guiding. It is a framework of ideas for you to choose from.

Because of the flexibility of *Look Wider*, you will find that some activities and qualifications achieved in other octants could fit equally well into the Leadership octant. For example, you could gain a sports leader qualification; become chairman, secretary or treasurer of a group; or become involved, in a leadership capacity, in some other way within your community, church, or in another youth organisation.

Other activities could include attending a Guide Association International Opportunities Weekend (INTOPS); helping out at meetings of organisations such as St John Ambulance, the British Red Cross, or The Scout Association; adapting a game or activity; organising a fundraising event or service project; gaining a qualification in an activity such as canoeing, lifesaving or first aid.

You do not have to be a Young Leader to work on the Leadership octant, nor does being a Young Leader prevent you taking part in

may work on Part 1 of the Leadership Scheme within her Ranger Unit, without having to be registered as a Young Leader.

At whatever age you decide to become a Young Leader, you will need to complete a registration form. Each County has its own system of registration, and your Commissioner and Young Leader Guider will be able to give you details.

Once you have decided to follow the Guide Association Leadership Scheme, you will be issued with a pre-warrant appointment card.

group, although frequency of meetings and the size of activities in the other seven octants. The important thing is that you choose your path through the programme.

Although you may have chosen to become a Young Leader and work with a Rainbow, Brownie or Guide unit, you have many other opportunities available to you. You could join a Ranger Unit, become a member of your Junior Council or Forum, work towards the Queen's Guide Award, the Chief Commissioner's Challenge, gain staged badges,

Silver), or Parts 1 and 2 of the Guide Association Leadership Scheme.

The Guide Association Leadership Scheme is available to Young Leaders and other members of the Senior Section. You may begin it once you have reached the age of 16 and discussed and agreed with your District Commissioner. Young Leader Guider and Unit Guider which unit(s) you will be working with.

If you are already registered as a Young Leader, or have worked on *Making It Count*, this should not mean



Your Young Leader Guider will be able to advise you on the procedure.

You should also be given a *Guider's Personal Record Book*, but there is space to note what you do for the Leadership Scheme in the *Look Wider Individual Record Book*.

The Leadership Scheme is an ongoing programme of training which is designed to enable leaders to work effectively with the girls in a unit. Those taking part will gain practical experience within the unit, and have opportunities to try out their own ideas, as well as other approaches they have been introduced to at trainings and Young Leader meetings.

Young Leaders will have the opportunity to be part of the local Young Leader

or participate in the Duke of Edinburgh's Award.

If you choose to use service in Guiding for the Service section of the Duke of Edinburgh's Award, you should make sure that you are following the correct guidelines. A new edition of the Award handbook has recently been published, and your County Adviser, Guider or Award Leader should have access to a copy. Make sure it is the third edition.

For the Silver Award you should gain the Basic Leadership Certificate, or the Senior Section Camp Permit endorsed for leadership. For the Gold Award, you should gain the Basic Leadership Certificate (if not gained for Silver), or Senior Section Camp Permit endorsed for leadership (if not gained for

any great changes. A Ranger group will depend on where you live.

If you cannot get to meetings, then you should maintain contact with your Young Leader Guider by post and telephone.

And Young Leaders can also gain experience and share ideas at District Guiders meetings and trainings.

Full details of how to complete Parts 1 and 2 of the Leadership Scheme as a Young Leader can be found in the booklet *The Guide Association Leadership Scheme, notes for 16-18 year-olds*. This is contained in the *Look Wider File*, and is also available from Trading Services (60228), price £1.95.

**SHEENA BOOTH**

Young Leader Adviser



# COMMISSIONERS

**Tender Loving Care** seems to be out of fashion in today's casual world. However, as a Commissioner, you always need an enormous store of TLC. You may have to offer some TLC to a weary Guider, who is struggling with an unruly Patrol; or to the Brownie who shows you a large blob of clay, explaining it's her interpretation of a rabbit. A warm smile, genuine interest, praise and encouragement will make everyone feel valued. If you don't enjoy being with people, don't become a Commissioner.

We all gain a great deal from Guiding and from giving to others. Those smooth, smiling ladies who assure you they are only there for the good of the girls are deluding themselves. It is important, when you have that first chat with a new Guider, that you discuss not only her contribution and the talents she can offer but also what she will gain from Guiding.

Guiding gives us all the satisfaction of meeting new challenges, enjoying new friendships and experiences and discovering fresh interests. When I became a Guider, I never dreamed I would eventually share training sessions in Mexico with Guiders from all over the world; or discover cross-country skiing during hilarious sessions with a party of friends from my own County at Our Chalet. All through my Guiding career, from a nail-biting Brownie to a sometimes forgetful Commissioner, I have been warmed by the TLC I have received.

A Commissioner meets and works with a variety of people in her District, Division or County. You will make many good friends, marvel at the scope of talent available and learn to tolerate the strange ways of some folk. All of them will need your understanding, praise and encouragement.

Never forget to say thank you for jobs well done or events to which you have been invited. It takes such a short time to write an enthusiastic thank you on a notelet and the effort will be much appreciated.

Visiting units is a vital part of a District Commissioner's job, and requires more TLC. The unstoppable stream of paper from above — Division, County and even 'Higher' — gives one a perfect excuse to drop in on units.

Never interrupt, but wait for a quiet moment to say a cheerful word to everyone and pass on the news. Sometimes, if you feel the Guider won't mind, join in a game or activity and chat to the girls so you get the feel of the meeting.

Go carefully with new Guiders who may react nervously to your presence. Friendliness and an offer to take the odd game should soon make you appear to be part of the furniture.

Once Guiders in the area know you are interested and

eager to help, the suspicion that you may be 'inspecting' them will go.

Remember to wait until after the meeting to talk to the Guider. If she looks like I used to feel at the end of a Guide meeting, just make a future date, help her pack up and go home. Always save criticism for a private moment — never speak out in front of other Guiders or girls. Don't be too sure no one would ever be so insensitive, they would and it has lost Guiding good Guiders.

There is always something good to say that will sugar the most bitter of pills. So, if criticism is needed, choose a suitable time and place and be positive. 'Betty, that was a super meeting

— I loved the rabbit game. The girls had such fun. However,

I was rather concerned to find so many Guiders here before you arrived'... will leave Betty feeling far more receptive to resolving the problem than if you waded straight in with reproaches.

You may need to help with Guiders' personal problems. Remember that you have two ears and only one mouth, so listen much more than you speak. Resist saying 'If I were you...' and 'What I would do is...' Instead help the Guider to look for her own solution by discussing the matter in a rational way.

If you can't help with a specific problem, say so and suggest seeking advice from a more experienced source. Continue to offer comfort and plenty of TLC.

I have always been deeply impressed by the concern Guiders show for each other in times of trouble. When I was County Commissioner I met many people who doubted if they would have survived family crises or illness had it not been for the loving care shown by their Guiding friends.

Enjoy the job, work hard at fostering a happy atmosphere, and your team will thrive. If Guiding turns you into a careworn, haggard woman-in-blue always moaning about your load, you will find it hard to recruit new Guiders and won't be popular at home or in Guiding. You will be so engulfed with self-pity that TLC will not be a top priority.

My face has become very lined during my years in Guiding, almost entirely from laughter — I think. Laughter is a wonderful tonic — even when you have ditched the cocoa and kept the washing-up water on a very dark night at camp!

Guiding is about having great fun with a super bunch of people who you, the Commissioner, have the privilege of nurturing with much tender loving care.

JILL HANCOCK



ANNA HANCOCK



## CALENDAR

Update on the 1995 Training Centre Calendar. All Guiders may apply direct to the Training Centres for any of the trainings listed below using the application form in this issue of *GUIDING*, or by letter.

### FOXLEASE

**January 20-22**

Making the Most of the District

**February 3-5**

1. The Role of the Commissioner
2. Ideas for Theme Meetings, Rainbow & Brownie Guiders

**February 24-26**

Building your Confidence — For all Sections

**March 10-12**

Programme Ideas for Rainbow Guiders

**April 28-30**

Training Issues for All

**May 5-7**

1. New Guiders
2. Commissioners

**May 12-14**

1. Training in the Rainbow Section
2. How To Remain Sane and still be a Unit Guider
3. Promise in Action for Unit Guiders

**May 19-21**

Cheap and Cheerful Ideas for Guide and Senior Section Guiders

**May 26-30**

Family Walking including Walking Safely Training for the Family

**June 9-11**

Experienced Guide Guiders (10 years +)

**August 24-29**

1. Heraldry Weekend
2. Walk the New Forest
3. Paper Sculpture Workshop

### WADDOW

**January 13-15**

*Extra date due to popularity*  
Programme Ideas for Rainbow, Brownie & Guide Guiders

**January 27-29**

1. European Monopoly
2. Promise in Action for Unit Guiders
3. Guider Handbook

**March 10-12**

1. Effective P&T Committees
2. Training Issues for All
3. Building your Confidence

**March 24-26**

Using the *Brownie Handbook*

**April 21-23**

Ideas for Theme Meetings, Rainbow & Brownie Guiders

**May 26-30**

Family Walking including Walking Safely Training for the Family

**June 2-4**

Cheap and cheerful activity ideas for Guides and Senior Section

**June 30-July 2**

1. Commissioners
2. New Guiders

**July 14-16**

Making the most of your District — Outdoor Bias

**July 21-23**

1. Programme Ideas for Rainbow Guiders
2. Experienced Brownie Guiders (10 years +)

### NETHERURD

**February 3-5**

1. Love it, hate it, would like to try it — Science and technology
2. Calling all prospective Trainers

**February 24-26**

Dressing up, going out — training for Rainbow Guiders

**March 3-5**

The Telephone . . . and the Fun — Training for Newly-appointed Commissioners

**March 10-12**

Looking at Me — training for Experienced Guiders

**March 31-April 2**

The Heart of the Matter — a training on the Promise and coping with challenging behaviour

**April 7-9**

Working towards outdoor unit meetings

**April 28-30**

News Flash — County PRAs

**May 5-7**

1. Training for Country/Region Rainbow Advisers
2. Art is Craft and much more

**July 14-19**

Walking For Pleasure or Towards a Qualification

### HAUTBOIS

**January 20-22**

First Aid in Guiding

**January 27-29**

District Team

**March 3-5**

First Aid in Guiding

**March 17-19**

Outdoor Activities for camps, Pack holidays and summer meetings

**April 21-23**

Help Guides to Thrive in '95 — A Training to respond positively to concern over declining numbers in this section

**May 12-14**

Learning to lead in the Out of Doors

**June 9-11**

Prospective Trainers

**June 30-July 2**

Made to Measure

**July 15-16**

Summer Make & Play Days

### LORNE

**January 27-29**

Ranger Guiders/Rangers

**February 24-26**

Towards your Warrant

**March 3-5**

Commissioner Training

**March 24-26**

Rainbow Guiders

**May 12-14**

Musical Madness

**May 26-28**

Tutor Weekend

### BRONEIRION

**January 20-22**

Count Down To Thinking Day (International/Home Arts)

**February 10-12**

1. Basic Walking Safely and 1st Response
2. Programme in Action — all sections

**February 24-26**

Look Wider, training for Guiders working with the Senior Section

**March 3-5**

Team of Three CC, PR, and P&T

**March 24-26**

Making it Count

**March 31-April 2**

1. Prospective Trainers
2. Commissioners

**May 5-7**

1. Environmentally Yours
2. Camping for Brownie Guiders

**May 12-14**

Rainbow Guiders, with crèche facilities

**June 2-4**

1. District Commissioners — managing the Leadership Scheme

2. New Guiders — Leadership Scheme Part 1

**July 8**

D of E Training Day

**July 9**

Guiders and Senior Section Fun Day

### GLENBROOK

**March 17-19**

Commissioners, Guider Handbook, Look Wider & Working the Division

**May 12-14**

Come and Try it, abseiling, climbing, archery . . .

**November 10-12**

Advanced Walking Safely



# TRAINING DIARY

## WEEKEND VACANCIES AT WADDOW

October 6-8  
December 1-3

Two dates are available at Waddow in 1995, bring your County, Division or District for a training weekend, space for 15, 25 or 45. Waddow can help with ideas for your Programme.

## BUILDING YOUR CONFIDENCE

FOXLEASE  
February 24-26  
WADDOW  
March 10-12

These trainings will help Guiders to meet challenging situations. You will learn from others, gaining confidence as you explore questions of leadership and understand the needs of the different age groups.

## GUIDER HANDBOOK WADDOW

January 27-29

This is a weekend for Guiders from all sections to introduce them to the new

handbook and give them the opportunity to question members of the working group who put this long-awaited book together

## OUTDOOR ACTIVITIES FOR CAMPS, PACK HOLIDAYS AND SUMMER MEETINGS

HAUTBOIS  
March 17-19

Do you need new ideas for spring and summer to help your girls enjoy the out-of-doors? Are you a Brownie or Guide Guider? Then this is the training for you!

## HELP GUIDES TO THRIVE IN '95

HAUTBOIS  
April 21-23

This training is in response to concern over declining numbers in the Guide section and will include topics such as opportunities for the older girl, programming and a variety of popular activities that are easy to put into practice. There may be a chance to try some adventurous activities yourself.

## LOOK WIDER BRONEIRION

February 24-26

The new programme for the Senior Section. You've read the book, now let's make it work. A weekend for all those working with girls and young women aged from 16-25.

## THE TELEPHONE, THE QUESTIONS, THE PEOPLE, THE PAPERWORK AND THE FUN

NETHERURD  
March 3-5

Just been appointed Commissioner and need a hand finding your feet? We will answer questions, and show you how to have fun.

For full details of future trainings, send a sae to the Manager of the appropriate centre. Applications to attend any of the trainings mentioned must be sent to the Manager at Foxlease or Waddow, enclosing a £15 deposit and sae. Cheques should be made payable to The Guide Association.



## APPLICATION FORM

Please use this form for any of the trainings listed and post it to the appropriate Centre.

To the Manager..... I wish to book 1 / 2 / 3 / 4 / ..... / place(s) on the following training:

Title ..... Date .....

I am a Rainbow/Brownie/Guide/Senior Section Guider, Commissioner,

Other .....

Accommodation Preference: Single

☐

Name .....

Twin

☐

Address .....

Shared

☐

Ground Floor

☐

Telephone .....

Names of Additional Applicants.....

I enclose a non-returnable deposit of £15, and a large SAE.

Signed ..... Date .....

### FOXLEASE

Lyndhurst, Hampshire  
SO43 7DE.  
Tel: 0703 282638.  
Fax: 0703 282661.

### WADDOW

Clitheroe, Lancashire  
BB7 3LD.  
Tel: 0200 23186.  
Fax: 0200 27460.

### LORNE

Station Road, Craigavad,  
Holywood, County Down,  
Northern Ireland BT18 0BP.  
Tel: 0232 423180.

### HAUTBOIS

Great Hautbois Road,  
Coltishall, Norwich, Norfolk  
NR12 7JN.  
Tel: 0603 737357.

### NETHERURD

Blyth Bridge, West Linton,  
Peeblesshire EH46 7AQ.  
Tel: 0968 682208.  
Fax: 0968 682371.

### BRONEIRION

Llandinam, Powys,  
Wales SY17 5DE.  
Tel: 0686 688204.  
Fax: 0686 688098.

### BLACKLAND FARM

Grinstead Lane,  
East Grinstead, West Sussex  
RH19 4HP.  
Tel: 0342 810493 or  
0860 393026.  
Fax: 0342 811206.



## MARY I

by Rosalind K Marshall  
HMSO, £10.95

Perhaps Miserable Mary would be a fairer epithet than the Bloody Mary tag that has been chanted by thousands of pupils over the years.

The Mary Rosalind Marshall reveals is intelligent, courageous and loving. Tormented by ill-health, she was as much a victim of her turbulent times as any Protestant condemned to burn at the stake during her reign.

She loved her father — Henry VIII — but forfeited his affection by siding with her mother during the row over annulment of their marriage.

Her devotion to the Roman Catholic Church soon cost her the people's love after she gained the throne. And the husband she loved left her to die at 40 lonely and unfulfilled. Even her last requests were ignored by her successor, her half-sister Elizabeth.

No one reading this version of the sad life of Queen Mary could fail to sympathise, which says much for the eloquence of her advocate.

NW

## GO WALKING

The *Family Walks* series, as its name suggests, features walks suitable for adults and children. Each book covers 16 walks in a specific area; recent titles include the New Forest, Lake District, Anglesey and Warwickshire.

The walks themselves, all circular, are mostly between two and five miles long. For each one there are background notes, details of public transport and refreshments.

There is also a sketch map and route directions — helpfully on facing pages. But, whenever you use a walks guide of this type, remember to take the relevant OS sheet with you as well. A reference section lists local attractions and wet weather alternatives.

So far the series contains 36 books, price £4.25 each. Published by Scarthin Books, The Promenade, Scarthin, Cromford, Derbyshire DE4 3QF.

CD

## JOYCE'S OCKENDEN

by Pamela Watkin  
Broadmead Press, £6.50

A large old house in Woking called Ockenden, was established as the site for residential weekends for sixth-formers in the early 1950s by a teacher, Joyce Pearce. By a remarkable coincidence, Joyce wanted to offer some young 'displaced' people in Eastern Europe a holiday at Ockenden at a time when the local vicar's wife, Mrs Banham, was English International Commissioner of the Guides Interna-

# BOOK REVIEWS

tional Service. Eventually, refugees from Hamburg arrived in Woking.

The first refugees, and the hundreds who followed, were living with their families in barracks with little or no provision for education and social life.

At its peak, in the 1960s, The Ockenden Venture ran 18 houses and formed a lifeline to war-torn Europe. Joyce became internationally known.

She campaigned to aid the suffering of children in places as diverse as Biafra, Tibet, Vietnam and Beirut.

The Ockenden Venture was a remarkable organisation of volunteers, of whom the author was one, and, though she never met Joyce Pearce, she has written a lively energetic story that brings to life a woman of inspiration and courage.

Immensely readable, this book would make a good present for anyone familiar with the difficulties and satisfactions of volunteer commitments.

CJ

## GROWING UP IN THE TWENTIES

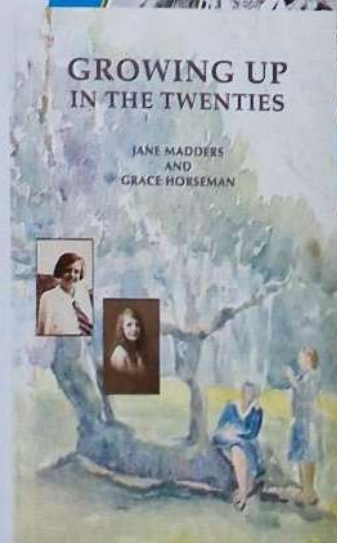
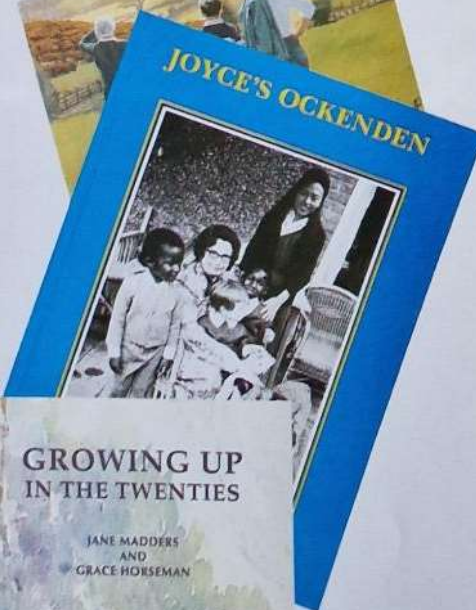
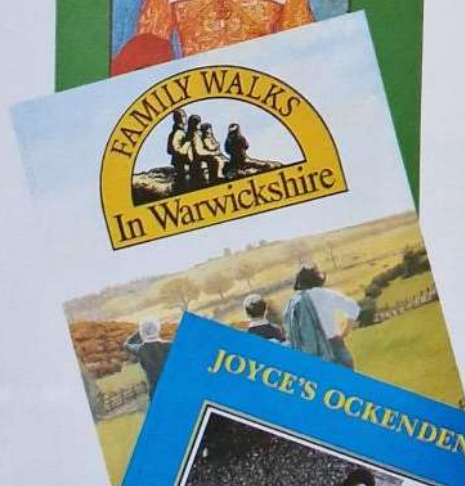
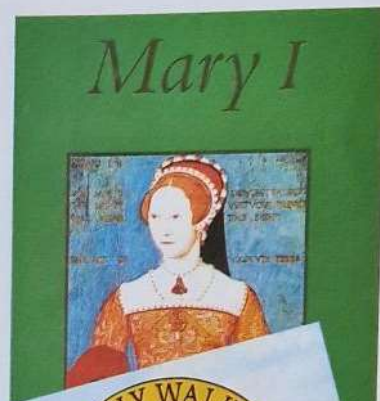
by Jane Madders and Grace Horseman  
Cottage Publishing £8.95

This fascinating social history was graciously and ably completed by Jane Madders' sister following the author's sudden death. Ninety men and women from different social backgrounds and from all over the UK contributed personal and enlightening stories of daily life, education and employment, as well as transport, religion, and leisure activities.

There is a chapter on Scouts and Guides, with archive material from The Guide Association. Photographs and details of family life in the Baden-Powell household make this book a real find for anyone with an interest in Guiding's history.

It is especially heartening that in spite of everyday difficulties, economic hardship, and personal tragedy brought about by the First World War, most of the contributors look back on the Twenties with equanimity, sharing a vision of life which improved through the ages, especially with regard to personal freedom and opportunities for women.

CJ





# ARABIAN *adven*

Back to earth:  
Lesley Knight  
at work in  
the Guide  
depot she  
runs near  
her home



*A relationship that  
began at a Guiding  
ceremony in London  
led to an English  
woman making a  
whirlwind VIP tour  
of an Arab Kingdom.*

Traditional dress: Guides at a girls'  
comprehensive school parade in costumes  
from different Arab regions





# ture

Guiding has to struggle in Jordan, just as it does in many non-Western countries. The story is familiar — making do with out-of-date handbooks and training manuals donated by foreign friends, a shortage of equipment and, for some girls, a problem with uniforms.

But Lesley Knight from Sevenoaks was greatly impressed by the 'enormous' enthusiasm of the Jordanian Guides, Brownies and leaders she met during a private visit to the kingdom.

Lesley, a former Brownie Guider who now runs a depot, returned home to Kent, convinced that Guiding has a great future in Jordan.

As she explains, her trip came about as a result of meeting the Jordanian International Commissioner at the World Centre in London, where so many Guiding friendships are forged:

"I first met Abla Abu-Nowar during the weekend of the official opening of Pax Lodge, in 1990, and we were firm friends in no time. She was there as the representative of Princess Basma Bint Talal, who is King Hussein's sister and President of the Jordanian Association of Boy Scouts and Girl Guides."

Abla has since revisited the UK, has stayed with me at my home and has attended a large international camp in Shropshire with some Jordanian girls.

As a result of getting to know Abla I became very interested in Jordan, so was delighted when she suggested I should holiday there and stay with her.

I travelled with a companion who is not in the Movement but, until we arrived, I had no idea that Abla had arranged an extensive programme in which we were to be given a whirlwind tour not just of the country and its sights, but of the Guiding scene.

In 16 days we visited 16 schools. There we met the Guide and Brownie units which, as in many other countries, are mainly school-based, with the teachers being the Guiders.

The contrast between the large comprehensive, attended by the children of the affluent, and the small, impover-

ished, town junior school was very marked. At a comprehensive girls' school we saw a "wedding" ceremony enacted in a Bedouin tent, followed by a traditional Arab meal, and a parade of costumes from different regions of the Arab world, which I will remember for a long time.

But at the little town school in Madaba, where the Brownies and Cubs marched, danced, saluted the flag and sang patriotic songs, the welcome was no less warm.

Everywhere we went, in fact, the welcome was quite spontaneous and children were constantly calling out "Welcome", as if it were two words.

We also visited local communities and were taken to see various projects. The picture we gained was of a country lifting itself successfully into the modern world, while retaining its own traditions and culture.

Girls who are Brownies or Guides take a great pride in belonging to the Movement, although circumstances in many homes, with large families on low incomes, make it difficult for them to have really smart uniforms.

In time, however, uniforms will be available, perhaps at cost or even free of charge in rural areas, from the Guides' own workshops, where some of the girls work in their spare time.

## FACT FILE

Guiding began in Jordan in 1938 but it wasn't until 1953 that the first Guide Company was officially recognised.

Schoolgirls were encouraged to join and courses were held for teachers who wished to become leaders.

The first Brownie Pack opened the following year.

In 1962 the Girl Guide Association was set up and the following year King Hussein issued a decree placing it under royal patronage. However, it merged with the Boy Scouts Association in 1976. Two years later the new body — the Boy Scouts and Girl Guides of Jordan — was admitted to full membership of WAGGGS.

Guides in towns and villages throughout Jordan play their part in national service and community development projects. They regularly visit hospitals, homes for the elderly and orphanages to take gifts and entertain.

A free uniform would, of course, be a strong incentive to join. At the present time all sections wear the same style of uniform, the Brownies in dark brown and the Guides in khaki.

Camp is a major outdoor activity, but different to our traditional ideas of camping. Tents are used but in conjunction with permanent buildings, although some of these have canvas walls. The height of luxury, where we stayed on the shores of the Gulf of Aqaba, was a purpose-built complex, with dormitories, a dining area, large kitchen, parade ground and chalets for leaders.

As in all developing countries, funding of Guiding activities and projects is difficult but one project we learned

LESLEY KNIGHT



about — a scheme to help a village community to raise goats and grow vegetables — is linked with the Girl Guides of Canada, who are helping to fund it.

In a journey of more than 2,000 miles, from the far north to the south of Jordan, we visited castles, Roman and Byzantine ruins, natural spas, the Dead Sea and many other interesting places.

I treasure my memories of this friendly country — especially those of meeting its Guides and Brownies and the countless children who gave me such a warm "welcome".

**LESLEY KNIGHT**

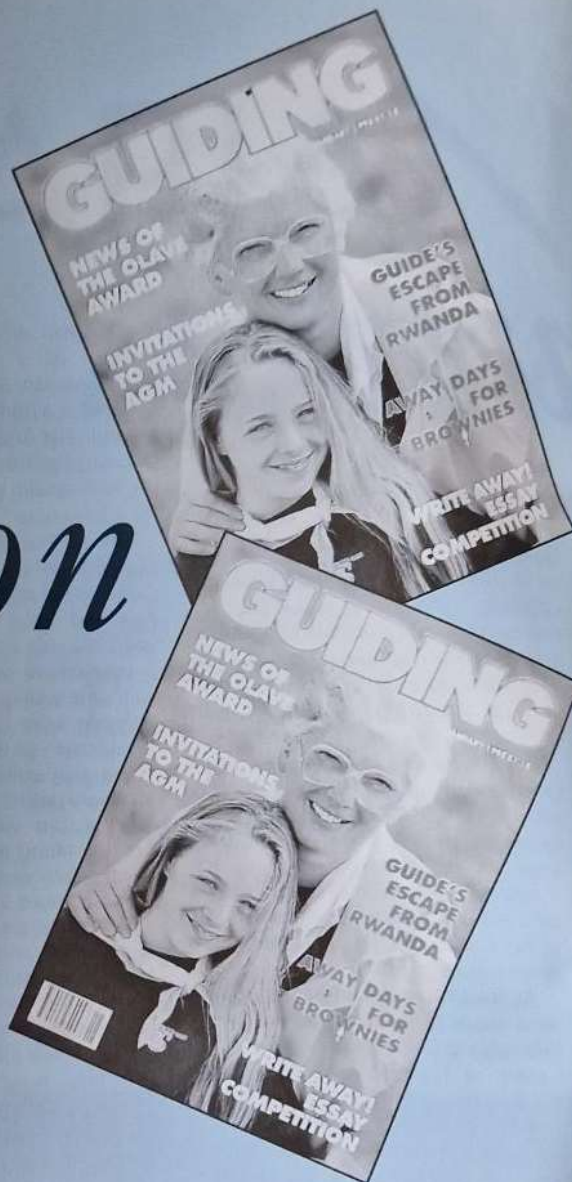
**Bonnie Brownies:** Pupils at a village junior school show off their dark brown Brownie uniforms



# MAKE A NEW YEAR'S *resolution*

A wonderful new year of *Guiding* has just begun. So why not make it a New Year's resolution to take out a subscription to *GUIDING* magazine? Just think, no more chasing the newsagent to find out why your favourite magazine hasn't been delivered. Instead, simply sit back and wait for *GUIDING* to pop through your letter box regularly each month. All you have to do is fill in the form below and let us do all the work.

And if you have a friend who is missing out on all the news, views and activity ideas in *GUIDING*, do her a favour and tell her about our post-free subscription offer. *GUIDING* still only costs £1.15 a month and if you subscribe, we pay the postage.



## **GUIDING POST FREE SUBSCRIPTION OFFER - Valid for the UK and BFPO only**

### **ORDER FORM**

To: Magazine Subscriptions, The Guide Association,  
17-19 Buckingham Palace Road, London SW1W 0PT,  
England. Tel: 071-834 6242.

*GUIDING* costs £1.15 per month. For a year's subscription please enclose a cheque or postal order for £13.80 made out to The Guide Association.

Please send ..... copies of *GUIDING* for ..... months commencing .....  
I enclose cheque/postal order/money order for ..... payable to The Guide Association.

### **INVOICE ADDRESS**

### **MAILING ADDRESS**

All magazine subscriptions are for a maximum of one year. Shorter subscriptions can be had pro rata.



# YOUR LETTERS

Our article on ME (October's *GUIDING*) obviously meant a lot to sufferers from this debilitating disease and their families, as their letters keep on coming in:

## BEDRIDDEN

I would like to thank you for the article on ME. My daughter, Leanne, a Guide with the 8th Swindon Company, has had ME for almost two years. She has been bedridden and fed by nasal gastric tube for over 12 months due to the severity of the illness.

Leanne's Company has been a great support. Recently they raised enough money to purchase a touch pad alarm system so Leanne can contact us and not be isolated, as her previous intercom became too difficult for her to use.

We are very grateful for their efforts.

**JAN VINES**  
Swindon

## WARM SUPPORT

As a ME sufferer I was pleased to read the article as it increases awareness.

I became ill with ME in January 1990, after having flu. I was 14 and had just started my GCSEs. As a result I was absent from school for months. My concentration went completely, I even spelt my own name wrong. When I went back to school my mum took me by car, as I could not cope with the walk and the lesson.

I was pleased to go to school, even though it was only for three hours a week... and some children made fun of me, which hurt.

I don't blame them, it must be very hard to understand ME from a spectator's point of view.

as it's difficult to comprehend as a sufferer.

My GP did not have any answers, so I turned to a homeopath. This helped greatly, and I gradually could cope with more subjects at school. I still had limitations and my social life was non-existent. I hated meeting new people because I had to explain why I wasn't joining in, or why I looked so tired all the time.

I went to see a private ME specialist who put me on a strict diet to cleanse my body and, gradually, I re-introduced certain foods.

Now the only things I cannot eat are yeast and sugar. If I eat these I become very ill, and take about a month to recover. Since I have been on this diet there has been a vast improvement in my health.

I am now 19 and have just started my first job. The ME has forced me into a part-time position, but I am determined to increase my hours.

I realise that I have to be sensible, but I do get fed up and frustrated that I can't do everything I used to or would like to do. But at least now I feel I have a life and future.

The Guide Association is the one thing I kept up all through my illness.

The people at Guides and then Rangers just accepted people the way they are. No one made fun and they were always pleased to see me.

It gave me so much happiness that I am now an adult leader and help as much as I can. I'm trying to put back into the Movement some of the warmth and understanding it has given me.

**VICTORIA LAWRENCE**  
West Byfleet  
Surrey

## SELF-HELP

I too am a ME sufferer having been diagnosed in 1989 when I was a Brownie Guider in Norfolk. I was a teacher and had been a licensed Trainer.

Unfortunately, I had to resign from being a Trainer and give up teaching. My Pack had to close as my assistant was unable to carry on and I did not have the energy to continue.

I have been fortunate not to experience some of the more painful symptoms but I am unable to walk far outside the house. I use an electric wheelchair and spend every afternoon in bed.

Guiding-wise, I run a badge depot; visit Hautbois, usually twice a year; support the Friends of Hautbois, Foxlease and Waddow, the four World Centres and BGIFC and read *GUIDING* every month.

I would be interested in corresponding with any other fellow Guiders who have experienced ME. We could share experiences in Guiding, as well as this health problem.

**JAN DARBY**  
Lowestoft  
Suffolk

● Write to Jan c/o  
*GUIDING*

**Rainbows taking part in church services is a regular post-bag subject. This month two readers come up with the same solution:**

## CUDDLY

Our Rainbow Unit has a Rainbow Rabbit. We took the Rabbit to church and the vicar blessed her, and the children.

Now our Rabbit is taken to church and is taken up to the altar with the flags.

The Rainbows love their

Rabbit, she is at all our meetings and, as our District Commissioner remarked, 'You can't cuddle a flag or a pennant'.

**LEAH FOWLER**  
Rainbow Guider  
Charlbury  
Oxfordshire

## TAKING PART

We are a church-attached Unit and we felt our Rainbows should have something to carry at parade services.

Therefore, we purchased a Rainbow Rabbit and made a purple tabard for her so that the rabbit perfectly matched our Rainbows.

As with the rest of the colour party, one girl carries the Rabbit and another two girls are escorts.

When the Rabbit bearer hands the Rabbit to the vicar, the whole congregation smiles. It makes a very touching picture, and the girls can now enjoy taking as much part in the service as their Brownie and Guide sisters.

**CAROL FLANDERS**  
Brownie Guider  
Guiseley  
Leeds

## JOY GIVERS

I'd like to say a big thank you to the Guides of Wormshead Patrol at the international camp in Wales last summer.

They wrote a lovely card to my grandmother, a Trefoil Guild member, who had just moved to a nursing home near Swansea. They brought a lot of joy to an old lady and her family.

**C CLARK**  
Guider  
116th Sheffield (St Chads)  
Sheffield



## THE ELITE

I have read with interest the frustration correspondents have experienced before, during and after participation in the Queen's Guide Award.

I have recently completed my Gold Duke of Edinburgh's Award and felt let down with the lack of interest throughout the County after gaining the Award.

I understand that the Queen's Guide Award is a great achievement but does that mean the Duke of Edinburgh's Award should be brushed aside by The Guide Association because Scouts, Boys/Girls Brigade and Joe Public can gain Gold?

Are we saying that those girls doing their Queen's Guide Award are better than those who have completed their Gold, Silver or Bronze Duke of Edinburgh's Awards?

Both Awards are there to stretch each and everyone to the best of their abilities — not only for the elite.

Please give encouragement and praise to those who complete either challenge, and don't leave them feeling disheartened. Everyone likes to be made a fuss of every now and again.

**Name and Address supplied**

## RESEARCHING BADGES

I am retired from Guiding, except as an Adviser. I have started to research the history of Interest/Proficiency badges in the Movement. I draw them and list the clauses, where possible dating them and noting the changes.

I already have a number of reference books but would dearly like the old PORs with the badges recorded in them — very old ones and not so old ones, photographs and so on. And, if they can be spared, old badges would also be appreciated.

I can afford to purchase some, but need to be

asked first, as I now have a limited income.

**THELMA NEWELL**

17 Heritage Park  
Hatch Warren  
Basingstoke  
RG22 4XT

## MISSED OUT

In our town a Carnival Thanksgiving Service is held once a year, when all the youth movements in the town are invited to attend a church service and parade through town.

In my Rainbow Guide Unit I have a six-year-old who is also a Beaver Scout. As a Beaver she is allowed to escort the Beaver flag and march through town, as a Rainbow she can do neither.

Perhaps somebody in authority could explain why to the other 17 Rainbow Guides in my Unit, especially as this year we were not even invited to attend as we are unable to parade.

**MRS D COLLISON**

Rainbow Guide  
1st Trowbridge Rainbow  
Guides  
Wiltshire

## LEFT OUT

Why are some Guiders so insular?

My daughter, who is now 27, moved to a new County four years ago. She has come up through Brownies, Guides, Rangers and SAGGO. She became Assistant Guide Guider in her new County and, with another young, warranted, newcomer to the area, started a new and thriving Guide unit.

She rang me after she had attended a District Meeting feeling very upset and demoralised — her friend was even threatening to resign. They always seem to be ignored and marginalised whenever they put forward ideas and suggestions, because they are 'outsiders' and 'youngsters'. Yet they probably have had more and wider experience than

many of their fellow Guiders.

My daughter also holds a County appointment which, she says, keeps her sane, as the County Commissioner welcomes and encourages young Guiders.

However, the Guiders at District level do not seem to follow her example.

**Name and Address supplied**

## BRAVE BROWNIE

I want to tell you about my brave Brownie daughter, Nicola. She was a guest recently at a friend's birthday party, which was held at Gateshead's Metroland.

Along with some other guests, she was stuck for an hour on a roller coaster after a sweater jammed the wheels.

The carriage she was in was leaning at an angle over a 20ft drop. Nicola was very frightened but still managed to calm the girl behind her who was crying.

We are all very proud of the way she reacted and I'm sure being a Brownie helped her cope.

**MRS ANN FAULKNER**

Whickham  
Newcastle-upon-Tyne

## KEEP IT SIMPLE

After spending an excellent weekend camp at Silver Sapling camp site, Silverdale, I have been reflecting on what made this so good.

I believe that because they were occupied, well-trained and equipped, the girls did not have time to wonder what was on television or miss the shopping trip to town.

What do the Guides really expect to gain from a camping experience, whether a weekend or longer? I hear from various quarters that camp costs should be realistic by today's standards (whatever they may be). And that we should give the girls opportunities to try adventurous activities,

which often cost the earth.

Producing a well-balanced menu, providing small but interesting activities and using the cheapest form of transport does mean that a camp can be well within the budget of most girls.

If, however, we try to train the girls to be occupied on camp learning campcraft skills then they will be better equipped to look after themselves without undue costs.

As a Guider, Camp Adviser and Camp Site Chairman, I do feel we should encourage and help our girls to occupy themselves without the need for TV or computer games.

It costs nothing to enjoy beautiful countryside, learn new crafts and become proficient in camping.

I know myself that it is difficult to find time and space to light fires and pitch tents before camp. What better place than at camp to brush up on these vital skills where the equipment and space is on hand?

If we, as leaders, set our sights too high, surely the girls will also expect more. Naturally when going away to camp it would be foolish not to explore the area, but this can be done without undertaking expensive trips or activities.

Let us keep camping down-to-earth. Let us train the girls to be occupied, happy and content with simple things, and not over-do the need to provide 'adventurous' stimulus.

**SUE WESTERN**

Guider, 19th Lancaster  
URC Guides  
Lancashire

Letters should be kept as brief as possible and the Editor reserves the right to edit any contribution. Letters must carry the author's name, address and if possible, a daytime phone number.



# BREATHLESS

*An all-action weekend  
left members  
of the Senior Section  
asking for more.*

# at BREAKOUT

Drive a car before you are 17 ... make a raft and 'ride' it along the stream ... be a 'Gladiator' ... barn dance till you drop — these were just some of the many activities on offer at BREAKOUT, a national camp for the Senior Section. Around 1,000 members converged on Walesby Forest Scout Activity Centre in Nottingham's Robin Hood country for this exciting weekend.

The action-packed weekend included opportunities to try fencing, rifle and pistol shooting, climbing, abseiling and archery. A huge marquee offered a vast array of crafts from marbling to making ear-rings. And each BREAKOUT

camper was encouraged to sew a leaf on a large felt tree.

A field had been set aside for two British School of Motoring cars complete with instructors, where anyone could slip behind the wheel and have a go. It proved very attractive, particularly to the under-17s, who could practise driving backwards, forwards and zig-zagging between cones over the bumpy ground.

The camp's Tuck-Inn cafe and a hot potato stall provided snacks, as well as a chance to relax. The evening entertainment included a disco, outdoor camp fire and an excellent barn dance

to live music. The weekend ended on Sunday afternoon with a closing ceremony led by a rock gospel band.

The Chief Commissioner, Jane Gar-side, visited the camp on Saturday afternoon. And Hilary Wensley, Association Senior Section Adviser, Barbara O'Donnell, Association Ranger Adviser and Sheena Booth, Association Young Leader Adviser all spent the whole September weekend at the site helping out where necessary.

Joan Wisdich, Co-organiser of BREAK-OUT, said: 'There was no doubt the event was a success. The question we heard repeatedly during the weekend was "When's the next Senior Section gathering?"

'We advised everyone to look out for details of the next event in *GUIDING*.'

◀ Growing pains: A member of the Senior Section adds a leaf to the BREAKOUT tree



▶ Easy peasy: Who says keeping your balance is hard work?





# PEOPLE *and* PLACES

## HANDS UP!

▼ These mudlarks are members of the 1st Clifton Moor Brownies. The girls were helping to make a floating island to be used as a nesting site for birds in the middle of Rawcliffe Lake, York.

ANITA COLLETT



SUE HOLMES

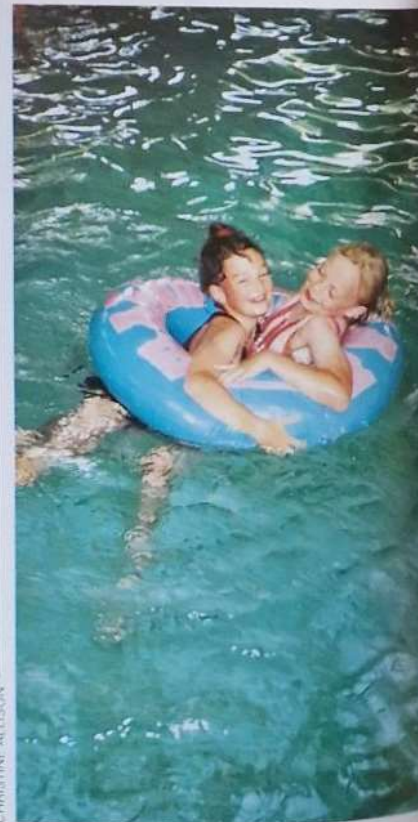


## WATCH OUT

▲ Lurking in the undergrowth are the 14th West Bromwich Brownies on their first Pack Holiday. They joined Guides from Birmingham for a camp fire and, of course, their teddies came, too.

## IN THE SWIM

▼ Lancashire waterbabies Claire Heaton and Victoria Jenkins are happy just to go with the flow. The two 1st Euxton Brownies were making the most of a trip to a pool while on Pack Holiday.



CHRISTINE ALLISON





### CLOWN CAPERS

▼ Known as the Margaret Mafia — they're all called Margaret — this fun-loving foursome weren't fooling around when they helped to organise an activity day at Barneybeck, North Yorkshire North East's new camp site. Over 800 Brownies rolled up to acquire new skills.

JENNY BOND

### SNOW BUSINESS

► Huddling round the camp stove are Guides and Rangers from Cheshire Border. They went on a cooking hike and found themselves with a snow 'tablecloth'.

### HANGING AROUND

▼ Laura Allan was too tied up to notice the camera as she attempted to cross a rope bridge at a weekend camp. Luckily, Becky Kearns, also from the 11th Kingswood Badminton Road Guide Company, Bristol, was on hand to offer advice.

A HARRIS



DOREEN CLARK



Spreading  
the word:  
Sister Mary  
Laurence's  
message  
is clear



ALAN STEPHEN



Seals are a nuisance  
at the seal

ALAN STEPHEN



Seals are swimming -  
a sign to garden the coastal area

# Chain REACTION

*When animals are at  
risk, The Guide Association  
springs into action.*

Trefoil Guild member Sister Mary Laurence is a woman with a mission. She has enlisted the help of local Guides in her quest to provide a never-ending supply of towels for a pioneering wildlife hospital in Norfolk.

The towels are used when staff are handling animals and bird 'patients' at Norfolk Wildlife Hospital. 'It's the only way to catch seals. We throw a towel over them when we need to catch them. If gives you that extra protection because they will bite,' Alison Hutchison,

the assistant manager, explained.

The staff also needs an endless supply of towels so they can handle birds safely while oil is carefully cleaned from their feathers. To prevent diseases spreading, all towels must be burnt after only being used once.

And that's where Sister Laurence and her Guiding support chain comes in. A member of the Movement since 1946, she launched a Towel Line appeal at an Anglia Region Trefoil Guild AGM.

Her target is to get every member in the Region to give one old towel a year to the hospital.

'As a Roman Catholic sister I do not have much money to donate,' explained Sister Laurence, a member of North West Norfolk Trefoil Guild. 'But, at least, I can help in this way and it doesn't cost anybody any money.'

She first began collecting towels for the forerunner of the present hospital — the old Docking Seal Unit, where she was a voluntary helper.



The seal rehabilitation unit was set up jointly by Greenpeace and the RSPCA in 1988 to deal with the deadly effects of a virus that eventually killed around 17,000 seals — two-thirds of the North Sea seal population.

At the time Alison Hutchison went to a conference held to enlist hospital staff and volunteers to help the seals. They were asking for a theatre nurse, Alison recalled. 'I thought I would be fighting people off, but I was the only one who applied, so I got the job.'

When I saw the place, it looked dreadful. It was just an old county bus depot. There was a constant stream of volunteers and I was there to get some order into the total chaos.'

The seals were suffering from phocine distemper virus, similar to the distemper dogs sometimes suffer from. The symptoms included runny eyes, nasal discharge and a cough.

'At the time, nobody really knew what it was,' Alison said. 'All the seals live down on the sandbanks and they were all just spluttering over each other, which spread the disease.'

The mystery distemper virus, which can only be diagnosed properly through a blood test, has not been seen since May 1989. But the hospital still has plenty of patients, as they tend other animals as well as seals.

Sister Laurence began her first towel drive at the height of the crisis. When local supplies of towels began to dry up, she turned to friends in her old Guiding County, Buckinghamshire. The Trefoil Guild set up a towel chain and the supplies were ferried into Norfolk.

The Guides and Brownies in Buckinghamshire were magnificent. Towels not only came by the sackful but by the carload,' recalled Sister Laurence.

'Once I was stopped at a police roadblock. A policeman asked "What have you got in the car?" I said: "I have got nothing but holey old towels."

'When he opened the boot, it was indeed full of black bags with towels in. After they had searched the car, they let me go.'

Once the Unit was facing a real emergency. Some vandal had poured garage oil into the River Wensum and 36 swans needed treatment after being rescued from the water coated in sticky, inky-black oil.

Just then Sister Laurence's car swung into the drive with her boot crammed full of old towels. 'Don't bother to put them in the storeroom,' Alison called out. 'We need the towels right away.'

Soon the shivering swans were cocooned in the towels while hospital staff cleaned oil off their feathers.

These days Sister Laurence is one of

Here are just a few of the animals saved by the hospital:

- A hedgehog found in a swimming pool, exhausted and about to give up.
- A cygnet found dragging its dead sibling, which had become entangled in a fishing line.
- Badgers orphaned after their parents were beaten to death by badger baiters.
- A homing pigeon, lost and disorientated in the storms, too exhausted to feed itself. It was later returned to its owner on Tyneside.

the wildlife hospital's most regular visitors, never arriving without a bundle of towels in her boot. 'They call me the Towel Nun and the Seal Sister,' she said laughing.

The skilled specialist staff moved from Docking to East Winch to form the nucleus for the Norfolk Wildlife Hospital. It is equipped with an X-ray unit, operating theatre and laboratory and is run by pioneering vet Ian

West Boldon Guides, Tyne and Wear; animal nurse Amanda Grecey of Old Down Guides, near Bristol; and animal nurse Catherine Foreman, a Queen's Guide from 8th Roxeth Guides in South Harrow.

The hospital is open 24 hours a day and locals, including airmen from an RAF station nearby, are constantly popping in with sick, injured and abandoned animals. 'We get foxes, badgers and deer,' Amanda Grecey said. 'Sometimes animals are left in the doorway. We have 34 volunteers and we couldn't manage without them.'

As two airmen arrived with a couple of orphaned chicks they'd found, Alison was inspecting a bat whose torn wings had been repaired with Superglue.

Outside, in the rehabilitation pools, wounded seals convalesced. Dace, a common seal, was found emaciated and dying on a Norfolk beach. The hospital's policy isn't to try and keep animals alive at any cost but Dace seems to have luck on her side. 'We have been going to put Dace down so



Sister Mary Laurence delivers yet more towels

Robinson. When GUIDING went hospital visiting, we discovered several former Guides among the staff.

They are: Alison, who is formerly of

## SEAL SISTER

Sister Mary Laurence has been a member of the Movement since 1946 when she joined 9th Burnley Rangers. 'I was never a Guide because I had to go away to school,' she said.

'My Ranger Unit was run at the local night school. I thought Rangers was really something special and the friends I made there have been friends for life.'

During the 20 years she lived in Buckinghamshire, Sister Laurence worked with all sections and was Division Public Relations Adviser. When her health failed, she moved to Norfolk.

Now aged 62, she's a Roman Catholic sister living at the Massingham St Mary Retreat Centre and a very active member of the North West Norfolk Trefoil Guild.

many times,' Alison said. 'But each time she has suddenly perked up.'

'When the seals are better we take them out in a little boat to Blakeney Point,' Alison explained. 'There is a big seal colony out there. It is nice to see them go back with the other adults. These will probably go out to sea and we will never see them again.'

'Some people claim we are interfering with nature, but we don't think we are. These animals are victims of man-made problems and we are simply redressing the balance.'

NICOLA WHATMORE

The Visitor Centre is open every afternoon, including weekends, from 1.30pm to 4.30pm. There is an exhibition so you can see the convalescing animals through special windows. For details contact: RSPCA Norfolk Wildlife Hospital, Station Road, East Winch, Kings Lynn, Norfolk. Tel: 0553 840045.



# CLASSIFIEDS

## DISCLAIMER REMINDER

Inclusion of advertisements in this section should not be taken to mean that the Association has checked out and approves the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

## CAMP SITES AND ACTIVITY CENTRES

### - Fordell Firs - Activity Centre of the North

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Activities include archery, shooting, abseiling, assault course, pioneering, field studies. Contact Warden for full details:

**National Scout Activity Centre,  
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Fife KY11 5HA Tel: 0383-412704  
Fax: 0383-414892**

**ISLE OF MAN.** Explore from exclusive use Farm Bunkhouse. Full facilities, budget activities, close to beach and town. From £3.50. Free brochure. J. FOSTER, Lewaigue Farm Camp, Maughold, I.O.M. IM7 1AW 01624 812216.

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Youlbury International  
Scout Camp,  
Boars Hill,  
Oxford, OX1 5HD.**

Please enclose a SAE.  
**Tel: 0865 326264  
Fax: 0865 326070**

## WARREN FARM, BEAULIEU, HAMPSHIRE:

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SAE to Mrs. June Mead,  
13 Kingsway Gardens, Chandlers Ford,  
Hampshire, SO53 1FF.

## WOODHOUSE PARK AVON SCOUTS COUNTY SITE

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**For further details: David Jackson  
Woodhouse Park, Fernhill,  
Almondsbury, Bristol BS12 4LX  
Telephone 0454 613259  
(Out of hours, answerphone)**

## THRIFTWOOD International Camping and Activity Centre

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Guides and other youth organisations: very welcome

Please send SAE or phone the Warden:  
**Bill Hindley, "Deskrie Shiel," Alexander  
Lane, HUTTON, Essex CM13 1AG.  
Tel: 0277 226571 for details.**

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Information SAE to Mrs G. Patient,  
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Fax: 0634-844553

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**SUFFOLK.** Small hostel and camp site. Special rate for The Guide Association. Hostel 19 beds plus annex 7 beds, sole use £25 per night. £150 per week. Guides camping 50p per person nightly. £3 weekly. Leaflet available. Telephone 0284 828297. Mr Copsey, Minks' Croft, Alpheton, Sudbury, Suffolk CO10 9BP.

## COTSWOLD PACK HOLIDAYS (MINCHINHAMPTON)

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Details in October issue of Guiding

Full details: Guides Cymru  
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Powys SY17 5DE

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SAE for Brochure. The Warden, Helyock Lane, Hawkwell, Hockley, Essex. Tel. 0702 200081



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\* There is a swimming pool, shop and laundry on site.  
\* The Centre is an ideal base for touring and is next to the West Highland Way.

For information please contact Andy Wilson, Centre Warden, Auchengillan, Blane, Stirlingshire G63 9AU. Tel: (01360) 770256 Fax: (01360) 771197



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Mrs L. Pereira

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or Tel: 0943 830309

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400 acres in the beautiful Ashdown Forest  
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01342 822573

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mouth BH8 8RT



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Full details from  
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### Activities available are:

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### Further details from:

Blackland Farm  
Grinstead Lane  
EAST GRINSTEAD, Sussex RH19 4HP  
Telephone 0342 810483 or 0860 393026  
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12 Barton Drive, Hedge End,  
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The Warden,  
Bradley Wood Camp Site,  
Shepherds Thorn Lane,  
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Phone: 0484 715838

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## LYNDSLEY ALLAN FROM PAISLEY, SCOTLAND

A 17-year-old Young Leader with the 49th Paisley Brownie Pack, Lyndsey also plays accordion in a successful Scottish dance band.



The Glengarry Ceilidh and Dance Band — William, Lyndsey and Jane

Music and dancing have always played a big part in my life. I started learning Highland dancing when I was just three years old at the Christine Aitken Academy of Dancing in my home town, Paisley.

During the next ten years I competed at Highland Games and competitions winning many medals and trophies. Sadly my dancing career ended abruptly when I tore ligaments in my ankle while playing badminton.

However, I'd already achieved my moment of TV fame by appearing in *Take the High Road*. I just happened to be dancing on the platform in the dancing arena at the Luss Highland Games when the crew were filming.

When I was seven I started accordion lessons at the Laurie School of Music in Paisley, where my teacher was Brian Laurie. A year later I joined the Laurie Elementary Accordion Orchestra with Graham Laurie as conductor.

For the last three years I have been a member of the Advanced Accordion Orchestra, who were 1993 UK champions. As well as orchestra work, I compete in classical solo sections around the country. To date I have been the winner of my age group in the polka section in the North East Scotland, South Scotland and the UK Championships.

In 1993 I was the West of Scotland Junior Champion and, in 1994, after winning my area heat of the Bell Trophy Championship for classical soloists under 18, I was thrilled to gain third place at the British Championships in Scarborough.

I also compete around the country in a quintet with four of my friends and, for the last two years, we have held the British Advanced Group Championships title. We've also played abroad. In 1993, we made our second visit to Niederkassel, which is near Bonn, and we've had two return visits from our German host band. We've also toured in Holland.

I don't dance any more but I see plenty of dancing. In 1993, two friends and I formed the Glengarry Ceilidh and Dance Band. We play for dances and private functions all over Scotland. We played for a ceilidh at a Guide camp at Badaguish near Aviemore last year, where lots of the campers were wheelchair users. But that didn't stop them from having a good time on the dance floor. It was a great evening.

I really enjoy touring with the Glengarry band. My friend William Gallacher also plays the accordion and Jane McNamara is our keyboard expert. Sometimes we bring in a guest drummer but, when there isn't one available, it

doesn't matter because we use a drum machine instead.

If time permits, I aim to keep playing with the Glengarry band. I wouldn't like to have to drop it, as it's a refreshing change from studying.

I've been in the Movement since I was a Brownie with the 17th Paisley Pack. I was a Guide in the 49th Glasgow Company taking my Patrol Leader Camp Permit. I gained my B-P Trefoil Award when I was 15 before joining the Young Leader Scheme and am now back with the 17th as a Young Leader. On a holiday in Switzerland last year I was able to visit Our Chalet.

I go to St Andrew's Academy in Paisley and I'm currently in the 6th year taking maths and computing studies. I gained my SCE Higher Certification last year in English, maths, computing studies, physics and chemistry. Although my grades were good enough to get a university place, I have decided to stay on at school for another year.

My musical ambitions are to take part in an overseas tour of Canada with the orchestra and to win the Virtuoso Championship solo. If I manage that I will be eligible to compete in the European Championships.



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