

# GUIDING

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## PAST TIMES

A Guide Viking invasion  
descends on York

gear up  
for the  
summer





guiding is ...  
doing your bit





## comment



I am writing this, as the snow falls thickly outside, while on the Guide and Scout stand at the Boat, Caravan and Leisure Show at the National Exhibition Centre in Birmingham. My purpose is to promote Guiding and the out-of-doors.

The number of people coming up and wanting to chat has been very encouraging. The comments from the public include: 'How nice it is to see Guiding represented'... 'I was in Guiding and loved it'... 'I remember my first Pack Holiday/camp'...

Those already acting as leaders talked about their units with enthusiasm. Then there were the youngsters who were keen to tell us what they do. And, yes, some said: 'I left, we didn't do much in the out-of-doors.' But take heart, some adults even said: 'I'd like to get involved — how do I go about it?'

Appreciation of the out-of-doors and doing things outdoors is a major part of our programme. All our members should have the opportunity to try outdoor activities — from go-karting to sledging, whitewater rafting to gliding and, of course, Pack Holidays and camping.

As always, we must be extremely security and safety conscious, always using the right equipment and experienced and qualified instructors.

Guiders don't have to have all the skills needed for every activity, instead they should ask the experts to help them out.

During our ten days at Birmingham, we made contact with numerous activity providers, all of whom are willing and happy to supply instructors. They are offering help, so let's take them up on it.

An article appears on page 22 which focuses on safety and security for residential events, please read it. There's no need to be alarmed or anxious, just to be aware and take heed of the advice offered.

Have a safe, secure and happy summer enjoying the out-of-doors.

**Karen Tricker**  
Outdoor Activities Adviser

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## front cover

This month's cover girl is Hampshire Guide Lucy Dawe who is pictured enjoying a fun-filled camp at Blackland Farm with her unit, the 1st Twyford



LUCY DREW



Webb Ivory, Pilsmer Hill, Farnham, Surrey, GU14 7NL



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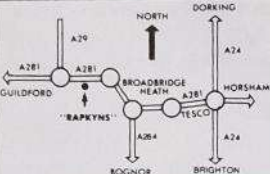
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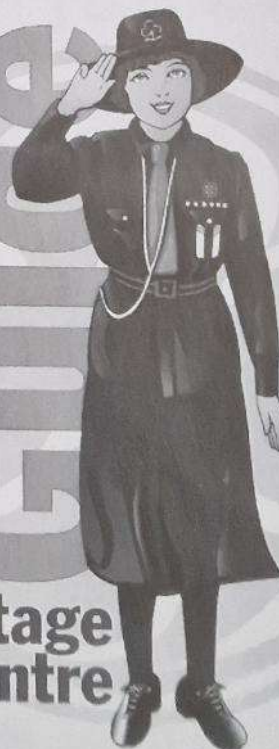
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KENTISH TIMES NEWSPAPERS

### Cuddly creatures

An appeal by a Dartford travel agent for toys in aid of the NSPCC touched the hearts of the 8th Swanley Brownie Pack in Kent. They trooped into the local Co-op Travelcare shop with their toys, transforming it into a toy paradise before the gifts went off to needy children. But there was time for Brownies Rebekah Flight and Sarah Webber (pictured) to have a cuddle with their favourites.

### That certain smile

A cute smile and helpful nature convinced judges that seven-year-old Melissa Murphy, a new Brownie with the 3rd Chertsey (St Anne's) Brownie Pack, should be a 1995 Bisto Kid.

Here, Melissa poses with Ryan Murphy – no relation – a school friend. Bisto's corporate charity is the Helping Hands Appeal (NCH) so they were looking for a willing helper and, says her mother, Melissa is certainly that.

She enjoys helping her mum around the house and cooking. And she has already gained her Hostess badge.

The two seven-year-olds won a trip to Disney World in Florida and Bisto Foods is donating £2,000 to a charity or project of their choice.



WEARNE ASSOCIATES



JAMES CLEVETT

### Fifty years on...

After a 50-year campaign to get a swimming pool in Bognor Regis, the West Sussex seaside town has at last got one – and the first people invited to use the new facility were over 500 Guides, Brownies and Rainbows and their leaders.

Division Commissioner Liz Cross is pictured encouraging Rainbows to try out the learner pool.

### Service above and beyond

Sybil Buck (left) and Kathleen Barnes are the first members to receive the new Lancashire South East County Good Service Award. The awards were presented by the County Commissioner, Janet Taylor.

The award is the County's way of expressing gratitude for long and valued service to the Movement by non-uniformed members.

Between them, Sybil and Kathleen have chalked up many years service, holding many positions in Guiding, from District Commissioner to Trefoil Guild Chairman. Both are still very much involved in Guiding in the Oldham Division.



SYLVIA WALKER



## in brief

### Environmentalists of the future

It's not every day a Guide gets to meet the Prime Minister and his wife. But that's just what Tracey Goodliffe did when she travelled to London to receive a prestigious McDonald's Child of Achievement Award from the PM.

She was accompanied by Scout, Robert Porter, and they accepted the award on behalf of the 4th Spalding Scout and Guide Group, Lincolnshire, in recognition of over five years spent working to benefit their community and the environment. Joining them in the picture is Clive Mantle, popular former star of TV's *Casualty*.

Brownies, Cubs, Beavers, Scouts and Guides have worked as a team on projects which include planting trees and bulbs; making flower beds to attract butterflies; clearing verges; picking up litter; and making bird boxes. The Group also won a Queen Mother's Birthday Award in 1994/5.



ALTERNATIVE PR

**Come in Victoria Foxtrot!** When the 2nd Gibraltar Brownies received an invitation to a fun day with the Gibraltar Regiment, they naturally replied: 'Affirmative, over and out!' The girls ended up taking a first aid course, learning map-

reading and trying out an obstacle course.

Pictured are Anna Siviers, Aishling Spear and Natalie Ballester, trying out regimental radio equipment.

The day ended with a barbecue and sing-song. They even persuaded the Company Commander to join in with Brownie Bells.

JANINE BUTTON



### Angela in the spotlight

Guides of 1st Pinkneys Green Company, near Maidenhead, decided that nothing short of a *This is Your Life*-style party would do for their Guider Angela McNabb who had spent 30 years in Guiding.

Angela thought she was going to do the third part of the Confectioner badge. Instead she found the hall full of people, some of whom she hadn't seen for years.

A lot of organising had gone into the event and Angela's husband had to sneak photographs out of the house for the 'Red book', which Rainbow Guider Claire Camp-Overy presented.

Angela is pictured with Cippenham Brownies (where her daughter helps) and the 1st Pinkneys Green Guides.



MAIDENHEAD ADVERTISER

WENDY FLETCHER



### En garde!

A District activity weekend gave Guides from Radnor Park, Folkestone, Kent the chance to have a go at sports they had never tried before, including fencing.

Guider Janet Gallagher dreamed up the idea for the weekend which introduces girls to adventurous activities. She enlisted the help of Wendy Fletcher and the two Guiders are now planning their sixth successful activity weekend.

## snippets

**IT'S A STICK-UP** Enterprising 10th Mitcham Brownies collected £76 for a hospice by sticking coins donated by passers-by on to a masking tape snake on the floor at their local supermarket. **STORY WINNER** Gabrielle Barnes came third in the under-12s section of the Royal Commonwealth Essay Competition – the only Brownie among all the winners. Gabrielle, now a member of 1st Whittington Guides, won a voucher and a certificate. **LONG WALK** Brownies from 6th Linlithgow Pack wanted to 'lend a hand' to a boy in their area requiring specialist treatment for autism, so they did a sponsored walk three miles round a local loch and raised £369. **GIFT OF SILENCE** By staying silent for one hour – with difficulty – the ten girls

from 21st Worcester St Clement's Brownie Pack, raised £188.60 for Leukaemia Research. **FIVE COMMISSIONERS** At a party given for retiring Weston-super-Mare Division Commissioner Betty Abraham, four other Division Commissioners were among the guests. They were Ann Craven, Olive Money, Christine Brown, Joyce Hinton and Margaret Cherrill who has taken over from Betty. **HERITAGE CENTRE** Several Promise Ceremonies, one Duke of Edinburgh Award and a number of B-P Award presentations have been held at the Guide Heritage Centre. One group of Guiders were astonished to see themselves on screen as part of the exhibition – one Guider had secretly brought along a video of their District camp.



# high tea

The 1st Maidstone and Tovil Guides from Kent looked at their finances during Patrol Leaders' Council, and decided that they could afford some fundraising time for a good cause. But which one?

In the end the National Trust's Enterprise Neptune project was chosen, because it was having a competition to see who could hold a fundraising tea party in the most unusual place.

Enterprise Neptune aims to protect as much of Britain's unspoiled coastline as possible. The NT has already bought and protected over 550 miles of Britain's coastline, but urgently needs funds to continue conservation work and to buy more of the coastline under threat from development.

'Lots of suggestions for locations were put forward,' said Guider Laraine Vowles, 'but top of everyone's list was Concorde!'

To their amazement, British Airways agreed to allow the unit to hold their special tea party on Concorde, but only if the plane remained on the ground.

However, the Guides weren't content to be earthbound. They said: 'No thanks, we want to fly!'

So British Airways came up with an alternative offer which, this time, the girls couldn't refuse: six tickets on an ordinary scheduled flight to Paris. It wasn't Concorde, but the Guides started to get really excited about the idea.

To be fair in choosing who would go, each Guide was given one entry in a prize draw for every £10 she raised in sponsorship. 'Before we knew it, Hayley Carman, Sarah Noakes, Jenny Newark, Rebecca Ingram, Nicki Mill and Claire Brown were checking in at Heathrow Airport and being greeted by the cabin crew of flight BA308,' Laraine said.

Three of the girls had never



All aboard: the 1st Maidstone and Tovil Guides raised over £500 with a high-flying tea party

flown before, but they soon discovered there was nothing to worry about. In fact, the girls had no time to worry because they were soon dishing out meals and drinks to the passengers in true tea-party form. And on the return flight they demonstrated the emergency procedures with the cabin staff.

Of course, there was time for their own tea party. They were also given another meal in the airport in Paris and, finally, a boxed meal to take home from the aircraft.

On both the outward and return flights, BA donated five bottles of champagne to be raffled. The other passengers gave large amounts to go in the raffle: 'When we counted up at the end we found two £50 notes — generous or what!' exclaimed Laraine. Back at Heathrow, Thomas

Cook changed the foreign currency which the girls had collected and waived their commission fee.

The total raised at the end of both flights was £316, and by the time the sponsorship money came in, the girls had raised over £500 towards Enterprise Neptune.

'We're so grateful to British Airways; to their public relations officer, Heather Harris, for her hard work in arranging the tea party; and to BA308's friendly crew members,' Laraine said. 'As well as helping us to make lots of money for our coastline, they ensured that we all had a fantastic time.'

The girls are now waiting to find out whether theirs was the most unusual setting for a tea party in the Enterprise Neptune competition to be judged in the autumn. ■

Hold a tea party in an unusual place. Now there's a challenge!

By Penny Kitchen



## guiding in action

Viking  
farmers,  
ghost hunters,  
snickleway  
sleuths and  
outsized  
Merrills  
counters were  
just a few of  
the roles  
Guides  
assumed at  
North East  
Region's  
Jorvik '96

By Gillian Ellis

Twentieth-century feet, sensibly shod in trainers, walking boots and wellies, trod in centuries-old Viking footsteps when 800 Senior Section members, adults and older Guides descended on York for a national gathering with a difference.

Local organisations had co-operated marvellously with the North-East Region planning team to produce an energetic and enjoyable weekend's activities based on York's plentiful attractions.

On Friday evening, some 400 Guides enjoyed a 'Ghost Walk' around the city led by professional guides, before dispersing to their various temporary homes. The girls were billeted throughout York in church and Guide halls; at Imphal Army barracks; and at the National Railway Museum, where several hundred slept sardine-fashion on the gallery floors.

Saturday saw York's most recent invasion. Never had so many places been visited by so many Guides in such a short time. For those with tight budgets, the organisers had put together a Freedom of York pack, which included a quiz trail through the city's 'snickleways' (very narrow alleys).

Special concessions were available to uniformed youngsters at many other attractions. Groups travelled through time at the Jorvik Viking Centre; experienced the York Story; explored the many excellent museums; and held history in their hands at the Archaeological Resource Centre.

Thick brown mud oozed everywhere at Holgate village, an out-of-town Viking settlement, where dedicated enthusiasts have recreated an atmosphere as close as possible to the Dark Ages.

In and around a cluster of timber-framed huts, husky Vikings Steinolf, Leif and Harald introduced the girls, now in costume, to the Viking lifestyle.

Everyone made clay lamps with tow-rag wicks; plaited leather bracelets; tried their hand at thatching; and investigated the joys of wattle and daub. The daub pit had a

singular charm, especially for the Ranger whose boot slipped on the edge, sending her sprawling into the mixture of straw and mud.

Service of a more modern kind was to be found at St Sampson's day centre, where Senior Section members deposited contributions of used stamps, foreign coins, greetings cards and spectacles for recycling.

Another ongoing event was the Merrills championship held throughout Friday and Saturday. Merrills (Nine Men's Morris), one of the oldest board-games in the world, fitted in nicely with Jorvik's theme, as the earliest datable board was found on the Gokstad Viking burial ship of AD870.

The quarter-finals of the Merrills championship were held early on Saturday evening in the Railway Museum. Later that evening, the semifinals and the final adopted the Tudor version of the game by using live pieces on huge boards.

The Merrills finalists had their work cut out concentrating on that all-important game. They had just enjoyed a banquet prepared by the Railway Museum caterers, and live entertainment was going on all around them.

Tudor minstrels wandered up and down on platforms, playing pipes, tabors, vielles, bagpipes and citterns.

Vikings from Holgate village mingled with the crowds, telling tales of their homelands and demonstrating their skills. And a riotous camp fire, led by energetic Scout leaders, was staged nearby.

Exploring the Railway Museum kept everyone occupied until coaches arrived to transport them to York Minster for the late-night Rock

Of course, all the Guides had no problem mastering the art of making plaited leather bracelets



NORMAN TAYLOR



# youth

Gospel service. 'Time is Ticking Away' was the thought-provoking theme for the 90-minute service, introduced by Jenny Leach, North East Region Chief Commissioner.

The Guides were welcomed by Residentiary Canon Paul Ferguson; and Jenny presented a Good Service Award to Region Ranger Adviser Margot Cutt, who had headed the *Jorvik* '96 team.

Rev Bob Whitehouse, Wakefield Diocesan Youth Officer, gave the address; and the rock-gospel group Hidden Agendas led the singing.

On Sunday morning, there was a leisurely boat trip on the River Ouse. During this, the pilot's commentaries reinforced the visitors' new-found knowledge of Yorkshire's beautiful county town.

**Messy business:** the girls got hands on experience of how poor houses were made using 'wattle and daub'

The boat trip was especially memorable for Gail Thomson of the Harrogate East Rangers, who chose the open upper deck for her investiture by Guider Bina Abel.

Bina will also recall *Jorvik* '96 as the occasion when she protested in vain as a museum attendant firmly manhandled the Chief Commissioner, Margaret Wright, and Jenny Leach to one side, ordering them to let the girls in first!

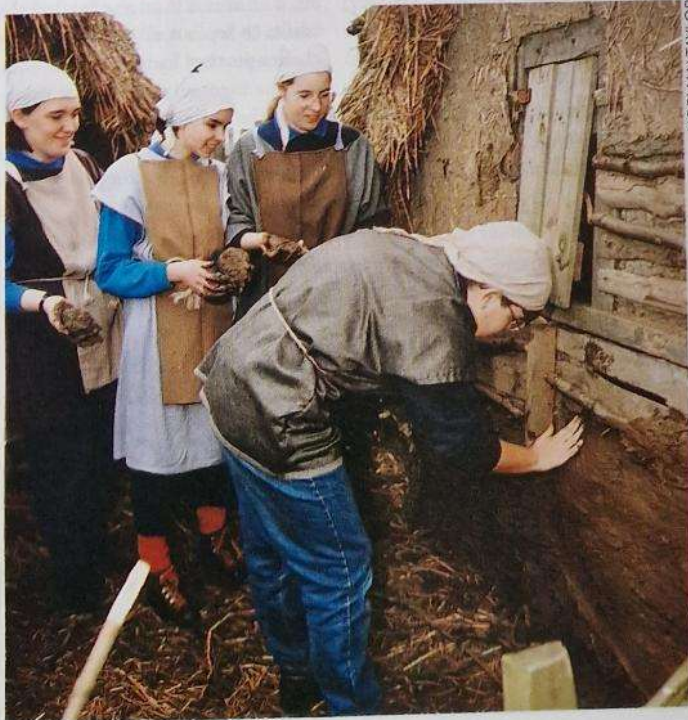
*Jorvik* '96 was a novel and inspired event, at which Senior Section members could really enjoy their independence and take a fascinating glimpse into the past of one of the UK's most historic cities. ■

GILLIAN ELLIS



Radcliffe Rangers from Nottinghamshire won the York Snickleway Trail

Rangers explore the fascinating and historic city of York



NORMAN TAYLOR



NORMAN TAYLOR



The Guide  
Heritage  
Centre  
opened to the  
public in  
February, but  
first the Press  
were invited  
to drop by

By Nora Warner

# our heritage

On stage: Nicola  
Pressling (left) and  
Eleanor West, two of  
the girls who  
provided voices for  
the exhibition



GILLIAN ELLIS

The day we'd all been waiting for finally arrived — the day the Guide Heritage Centre was opened to the media and, at last, the Association's stuffy image would be killed off.

The Press turned up in force and cynical photographers were soon spotted, bent double, peering into woodland glades and slipping their hands surreptitiously into feelie bags.

The child inside Fleet Street's finest had come out to play.

It has to be admitted that what seemed to have brought them to CHQ was a chance to take candid shots of headline-grabbing former

TV presenter Paula Yates, happily pregnant by Michael Hutchence of pop group INXS.

They were disappointed. Paula, having promised to pop in, and possibly bring her three daughters by Bob Geldof with her, didn't make it. She hadn't been feeling too well her agent explained later.

The gentlemen of the Press weren't too pleased. Instead, they coaxed other VIP blonde guests — led by Alice Beer of BBC's *Watchdog* — to step outside and pose for pictures on a decidedly damp and chilly February morning.

As a former Queen's Guide, Alice was prepared to help out when the camerapersons dismissed the Heritage Centre's theatre stage as too dark for a photo call.

Sadly, it seemed not to have helped. Their posed-to-order shots didn't find their way on to the nation's front pages. But we did get a favourable mention in the *Daily Telegraph* and on radio.



GILLIAN ELLIS

Jane Knight,  
Chairman of the  
Guide Heritage  
Centre Working  
Group, watches  
Guides try out the  
interactive challenges



JOHN STEWARD

Brookside's bad girl actress Kate Beckett tries out one of the audio-visual displays

However, in between refreshment breaks, most of the media present did look round the Centre and couldn't have failed to take back to their offices the message that Guiding moves with the times.

They were greeted by Jane Knight, the Chairman of the Guide heritage Centre Working Group, which has overseen the project.

She introduced the Chief Commissioner who welcomed the Press and celebrities — most of whom were 'old girls' — on a 'very historic day'.

Margaret Wright said the Centre

would provide an area within CHQ that the Association's 750,000 members could think of as home.

She explained that members of all ages and from all sections of the Movement were consulted about the Centre, which uses modern technology to portray what Guiding is all about. And she invited the adults to try out all the interactive challenges that had been devised to test the ingenuity and lateral thinking of the younger visitors.

The concept of the Centre was developed by leading designers

Actress Kate Beckett (right) currently taking a break from *Brookside* and her friend, actress Hermione Gulliford meet some of today's Guides



GILLIAN ELLIS



Brennan Whalley, who have created a £1.25 million 'multi-level game landscape where visitors of all ages can embark on a journey of discovery and enjoyment'.

State-of-the-art technology like the touch-screen peeps into the past, talking litter bins and glimpses into the wider world of global Guiding, were devised by specialist exhibition audio visual consultants and producers, Johnson Reed Associates.

Director Roy Reed told *GUIDING* that he'd sifted through around 2,500 photos submitted by members to choose the 4-500

how much the uniform had changed since she was a Brownie and a Guide in Dorking, Surrey.

'I was a Patrol Leader and got a few badges. Being in the Guides definitely gave me confidence. I remember having a lot of fun with my friends. I learned a lot and am still good at tying knots and a dab hand at lighting fires,' she said.

'I've got three sons and an eight-year-old daughter and I would certainly like it if she became a Guide.

'Coming here has been an eye opener. It's a super centre and it shows how Guiding has moved on.

Alice Beer has very happy memories of her time in the Movement. 'I was an Elf in the 1st Boreham Wood Brownies and a Robin in the 1st Elstree Guides,' she recalled.

'Both my sister Elaine and I became Queen's Guides — we used to have fights over who had the most badges.

'I loved camping. We used to go most weekends. Being a Guide taught me to be disciplined. I gained confidence through working and playing with people of my own age.'

Her school was intensely academic and so Guiding gave her a chance to get out and relax. It also was her only link with the local community. She explained that Guiding introduced her to interests that since have become hobbies such as hill walking and sailing.

'I'm never embarrassed about saying I was a Guide. I know it's got this squeaky-clean image but people don't really know the wide range of things Guides do.

'I've still got my uniform at home but I think the new styles are amazing,' she added.

Three of the Centre's own stars also attended the press call. Guides Katy Allen and Eleanor West and Ranger Nicola Pressling provided the voices for Molly, the Centre's 'electronic guide'; Guides from the 1920s; and those talking litter bins.

● Turn to p52 for full details of how you can book a tour of the Guide Heritage Centre.

Say cheese!  
The Centre uses modern technology to portray what Guiding is all about



Pictured with two of the Movement's younger members are (from left): *Watchdog* presenter Alice Beer, actresses Hermione Gulliford and Kate Beckett, *TV Times* editor Liz Murphy and author and *TV* presenter Penny Junor

images finally used. 'I'll admit I had a preconceived idea about Guides and what they did. I have changed my ideas totally,' he said.

'At first we planned to make a video showing what modern Guides do, but we realised that the Guides were best qualified and perfectly capable of doing that for themselves. It was a bit worrying at first, delegating professional responsibility, but they did us proud.'

And that's why — after a little professional coaching — the 2nd Sandiway Guide Company from Cheshire spent the long, hot summer of 1995 making a ten-minute video. *Summer in Sandiway* — one of the Centre's set pieces — is bound to be a smash hit with visitors.

The Sandiway Six were at the media launch, confidently exchanging video tips with professionals like author and *TV* presenter Penny Junor, who said she was amazed by

It is being run by people who are very much in touch with what girls want these days and how things are in the real world.'

Actress Kate Beckett joked that she'd been let out of jail for the day to tour the Centre. Kate plays Jenny in the Liverpool soap *Brookside*. Her character was obsessed with pizza parlour owner Mick Johnson and is currently languishing in prison, plotting revenge.

Kate has got used to angry reactions from fans who resented her for stalking Mick, and so was delighted with the much warmer welcome she got from the auto-graph-hunting Guides.

She confessed that she hadn't had a chance to join Guides as a girl but had been keen to visit the Centre to see what she'd missed. 'I think it's really wonderful the things that Brownies and Guides do — I had no idea,' she said.



GILLIAN ELLIS



JOHN STEWARD

Photocall: the Press turned up in force, eager to see the celebrities as they arrived



## live issues

Taking the  
unit to  
London?

**GUIDING**

helps you  
make the  
most of your  
visit

By Catherine Dell

# on the town

London, with its wealth of historic and cultural attractions, has always been a popular option for days out or weekends away. And now that the Guide Heritage Centre has opened, there is an added incentive for Brownies, Guides and Rangers to come to the capital.

But does the thought of bringing the unit to London conjure up a nightmare scenario: girls getting lost

### Thinking ahead

As with any unit venture, the key to success is planning, and this needs to be done well in advance — especially if you want to pre-book accommodation, see a show, or take advantage of the excellent educational facilities available at any of the major museums.

Perhaps the first thing to decide is should it be a day trip or longer? And then, if the answer is 'longer', where you are going to stay.

Two obvious choices are Pax Lodge, the WAGGGS' Centre in Hampstead; and — offering more beds, including dormitory accommodation — Baden-Powell House, the International Scout Centre in South Kensington. Three London youth hostels, at Hampstead, Holland Park and Rotherhithe, provide excellent group accommodation, too, with dormitories, leaders' rooms and a range of recreational facilities. The hostels and B-P House all have cafeterias. Pax Lodge also does meals but these must be ordered in advance.

To find out more about staying at Pax Lodge and B-P House, look at the classified advertisements in *GUIDING* or phone: Pax Lodge — 0171 435 2202; B-P House — 0171 584 7031. When you're in contact with Pax Lodge, ask for a copy of its programme — maybe there's an event you'd like to join in — and find out, too, about tours of the World Bureau, next door.

For more information on London youth hostels, send an A4 sae (29p) to Customer Services Department, YHA, Trevelyan House, 8 St Steven's Hill, St Albans, Herts AL1 2DY for a copy of *Group Leader's Guide to Visiting London*. This invaluable publication covers accommodation, transport, emergency services, tourist contacts, events calendar and gives detailed information on over 40 major attractions.

Your forward planning will also

include transport — whether by train or coach — find out about low price, off-peak tickets, group reductions and any special offers. Do any of these deals include tube and bus travel within London?

Alternatively, you may decide to take your own minibus or hire one. To help you work out setting down and picking up points — and where to leave the coach in between — get a coach parking map from the London Tourist Board, 0171 730 3450.

### What, where, when

Where to go? What to see? With all the suggestions put forward by the girls, plus a few of your own, you'll almost certainly have enough ideas for a month of visits! As you sift through them and sort out an itinerary, there are various practical points you'll need to take into consideration. Two of the most pertinent are:

- Opening times. Finding a day when everything you want to visit is open can resemble an exercise in logistics. For example, tours of the Palace of Westminster (Parliament) take place only when the House is not sitting; the National Gallery is closed on Sunday mornings; and the Museum of London, on Mondays (except Bank Holidays). So, when drawing up your programme, do check opening times.

- Cost. Entrance fees, even with reductions for children and groups, can mount up. Some attractions are considerably more expensive than others. An ordinary adult ticket to Madame Tussauds or the Planetarium costs £11.75 and to the Tower of London £8.30, but only £3.50 at the Museum of London and £2.50 at the Thames Barrier Visitors' Centre. There are still a number of places that make no charge. These include the British Museum; Bank of England Museum; National Gallery; National Portrait Gallery; Tate Gallery; and the Wellcome Trust's Science for Life exhibition.

ROGER HARGREAVES/NATIONAL PORTRAIT GALLERY



Enjoying a photographic workshop at the National Portrait Gallery

on the tube, eating their picnic lunch in a downpour, leaving their sweat-shirts behind in the park, missing the last coach home...

Or, less dramatically, are you hesitant because you haven't done it before and don't know where to begin? *GUIDING* hopes to point you in the right direction — towards an enjoyable and trouble-free trip.



And, of course, much of everyday London comes free — the Changing of the Guard, waterfowl in St James's Park, Big Ben, jugglers at Covent Garden, lunchtime music in the parks, blue-plaque spotting...

Another major factor is proximity. Although London has an excellent transport system, journeys can be time-consuming and tiring. Trying to fit in attractions that are a long way from each other, like the Cutty Sark at Greenwich and the Zoo, could make for a very long day.

It is often more satisfactory to focus on an area and work out a range of things to do and see within that locality. For example, from the Guide Heritage Centre, the party could go on to Westminster Abbey and the Houses of Parliament. Or, setting off in the other direction, the girls could enjoy the Changing of the Guard at Buckingham Palace; brass rubbing in St Martin-in-the-fields, Trafalgar Square; and a visit to the National Portrait Gallery.

Girls who already have a knowledge of London and have 'done' the classic sights, might like to plan their visit round a theme — such as music, fashion, or Scout and Guide history. For some topics, help is available. The London Museums Service, for instance, publishes an occasional series of leaflets featuring museums that are linked in one way or another. Those currently available include *Museums on the Catwalk* (fashion), *Museums on the Northern Line* and *No Place Like Home* (where famous people lived). For copies of these leaflets, send a large sae to London Museums Service, Ferroners

House, Barbican, London EC2Y 8AA. From the same address you can also get the very comprehensive *London Museums Guide*, which costs £4.95 including p&p.

Still on themes, London Museums of Health and Medicine Group have a brochure listing all related museums. To receive a copy, send a sae to Health and Medicine Group, Old Operating Theatre Museum, 9a St Thomas's Street, London SE1 9RY.

Whatever you choose to visit, it is always advisable — often compulsory — to make bookings for groups in advance. Pre-booking enables you to benefit from a range of group facilities, which could include a packed lunch area, drink dispenser or cloakroom — or all three.

Pre-booking is always essential if you wish to take advantage of a museum's educational resources. All kinds of activities are on offer, such as talks, workshops, guided tours, films and quiz sheets. The Bank of England Museum, for example, will put on presentations about money, which include cartoon films and audience participation, tailor-made for different age groups. For details of what's on offer at a museum, contact its educational department.

Also remember that many museums and attractions run programmes specifically for youngsters during the school holidays and groups are normally welcome at these events. One very popular children's happening is the Barbican's *Summer in the City*, which this year takes place from July 29 – August 2. Aimed at two to eight year-olds, the festival includes workshops, theatre

and puppet shows, demonstrations and lots of games.

#### Find out more

In addition to the excellent YHA *Group Leader's Guide to Visiting London* already mentioned, the London Tourist Board publish a range of helpful booklets and factsheets. To start you off, write to the LTB at PO Box 6927, London E3 3NZ for a standard information pack which includes *Holiday London 1966* — a comprehensive guide to the capital's many attractions, events, types of transport and shopping.

Other LTB publications which could be of interest are *Where to take children*, *Entrance fees* (which also lists free attractions), and *Sunday in London*. These factsheets are available from the London Tourist Board, 26 Grosvenor Gardens, London SW1W 0DU.

#### And finally

In the excitement of making the London arrangements, don't forget the various procedures that apply to days out — like appropriate ratios of adults to girls, briefing parents adequately and filling in appropriate forms. And remember that London can be as rainy or chilly as anywhere else, so make sure girls bring suitable clothing. Above all, insist on comfortable footwear. ■

THE GOVERNOR AND COMPANY OF THE BANK OF ENGLAND



Learning about money in the Bank of England Museum

#### Rapt attention at the Barbican's Summer in the city



MICHAEL CLAYDON/BARBICAN CENTRE



# notices

## Association awards

### GOOD SERVICE LAUREL

Mrs Vera Mangold

Music Adviser

London and South East England

### MERITORIOUS CONDUCT

### STAR OF MERIT

Miss Lorraine Abigail Hill

Guide

1st Wepre Guides, Clwyd

Miss Louise Anne Robinson

Brownie

4th Moor Allerton (St Stephen's),

Leeds

## Thinking Day on the Air

Could all station co-ordinators who have not yet returned their report forms for Thinking Day on the Air 1996 please send them in as soon as possible. Do remember to include photographs of the day's event.

## Special camps at Waddow

During the year, there will be a series of special camps at Waddow, the Association's Training Centre near Clitheroe in Lancashire:

- There will be two opportunity camps. The first on June 7-9 is for Guiders, Guides and members of the Senior Section who have little or no camping experience. Visitors can learn camp skills and receive help with their camp, as well as being able to enjoy some of the on-site activities available.

The second camp on July 5-7 is for Guiders, Guides and members of the Senior Section who have some camping experience but no qualifications. Guides and Rangers can attend without their Guiders, or Guiders can run their own camp with qualified help.

- September 27-29 — there will be a permit-holders' camp for Guides and the Senior Section. Qualified staff will be available.

- October 19-20 — for the first time there will be a 'put Waddow to bed' camp. For this, Guiders and members of the Senior Section will be needed to check equipment and put it away for winter. It won't all be work — there will be time for some fun as well.

- There will be three overnight camps at which visitors can join in with the festivities, while using their own camp equipment. There's a Bonfire camp on November 2, a Hogmanay camp on December 31 and a Thinking Day camp on February 21 next year.

For an application form write to:

The Secretary, Waddow Hall, Clitheroe, Lancashire BB7 3LD

## Zoo special children's day

Charities from all over the country are invited to bring children with special needs to London Zoo on Saturday, June 15, when a reduced entrance fee will be charged.

The day will be packed full of entertaining events and activities, including: animal rides, face painting and badge making.

Sign-language interpreters will be at all the main events.

Pre-booked tickets are required. For a booking form phone 0171 449 6551.

## Calling all radio amateurs!

The Association is compiling an up-to-date list of Guiding radio amateurs for the Radio Society of Great Britain.

If you are a member of the Association and hold a radio amateur licence, then please send your name, address and type of licence on a postcard to: Gillian Cruickshank, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## In fond memory

As the first anniversary of Betty Carradus's death draws near, Ann Beard, Chairman of Programme and Training, for London and South East England recalls one of Guiding's great characters.

Betty Carradus, who died last May, will be fondly remembered by Guiders and girls from all over the UK as the last Guider-in-Charge at Glenbrook, the Activity and Training Centre in Derbyshire when it was run by the Association.

From 1977-94 she managed Glenbrook's two houses and adjoining camp sites with competence.

Betty became a Guide in 1945, when her family returned home to Essex after wartime evacuation. Throughout her training as a domestic science teacher and her first teaching post in East Sussex she kept in touch with Guiding.

She was a Sea Ranger leader when she left to teach in New Zealand for four years. Betty returned to Southend-on-Sea in 1963 and became a Guide Guider and a District Camp-Adviser.

Besides managing Glenbrook, she took an active part in Guiding in Derbyshire, starting a Ranger Unit in Hope Valley and becoming District Commissioner for Hope and Tideswell in 1987.

The number of friends and fellow Guiders who attended Betty's surprise retirement party at Glenbrook in April 1994 was evidence of the esteem in which she was held. It was typical of Betty that her retirement gift was a balloon flight.

Her many friends were greatly saddened to hear of her death just 13 months later.

## Commonwealth Essay Competition 1994-1995

CHQ is holding certificates for the following award winners in the international competition:

### ● Class C

Sarah Moores

### ● Class D

Rebecca Coutts

Suzanne Cummins

We have no addresses for the above winners. Please contact Youth Activities Section if one of the above girls is a member of your unit.

## Missing illustrations

Due to circumstances beyond our control, two illustrations were missing from April's Guide Guiders page. We apologise to readers for any inconvenience caused by the repro house's error.


official



**THE GREAT WWF SHARK SWIM!** MAY 1996



**"Help vanishing species! Get sponsored and join The Great WWF Shark Swim!"**



Sharron Davies, Olympic medallist

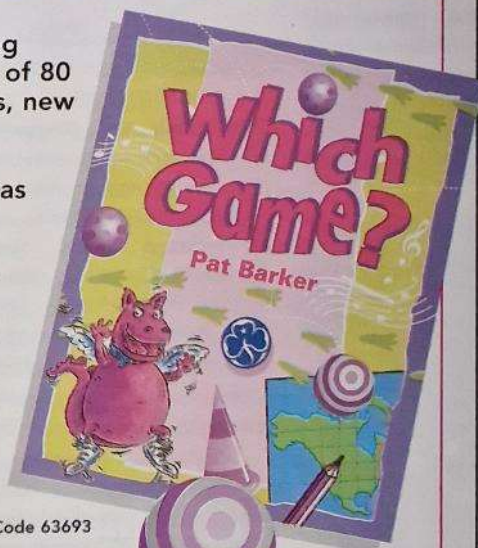
**RING THE HOTLINE**  
01483 426269  
FOR AN **ENTRY FORM**

**SHARK MEDALS! WILDLIFE HOLIDAY DRAW! SEA LIFE CENTRES OFFER! SEW-ON BADGES!**

**On sale June 10th**

An exciting collection of 80 fun games, new and old.

Full of ideas to help leaders, especially all those working with Brownies and Guides.



Trading Service Code 63693

**Only £2.99!**



**THE GUIDE ASSOCIATION**

*publishing for its members.*

**you can BET** on a **Great Day out at...**

**RACE '96**

**follow the course...**

**fun displays**  
**free handouts**  
**workshops**  
**Crafts** Indoors & Outdoors  
**Ideas for** Rainbow, Brownie, Guide, Ranger, Y.L., meetings, P.R.  
**try** Archery, Windsurfing, Abseiling, Circus Sensible, etc.

**and be a winner**

**hands on**  
Have a go on the computer and design your own letterheads, laminator, badge making, Badge swap!

**watch the entertainments**  
The Guide Shop, Outdoor Equipment etc.

**shopping**

**senior section**  
**cooking competition**

**eat and drink** Bring or Buy - in the **YOTE HALL**

**come and join our party!**



**REGION ANNIVERSARY CELEBRATION EVENT**  
**RACE '96**

for all Senior Section, Guiders, Trefoil & Friends

**at Haydock Park Race Course**  
**on Sat./Sun**  
10.00 a.m. - 4.00 p.m.

**FREE PARKING**  
**ADMISSION** Free





## Country delights at a stylish fair

Tapestries, lamps, clocks, basketware, collages... just a few of the treats on offer at The Country Style Fair.

The Fair, at Birmingham's National Exhibition Centre, brings together an amazing selection of products, specialist foods, fashion accessories and craftworks from over 350 leading designers and manufacturers. All the exhibits are for sale, many at special prices.

The Fair is on from June 6 - 9. Adult entrance is £8 at the door, but £6.50 if pre-booked on the ticket hotline: 0121 767 4151. And we've got 20 double tickets to give away.

To be in with a chance of winning, send your name and address on a postcard to Country Style, GUIDING, 17-19 Buckingham Palace Road, London SW1W 0PT to arrive by May 31. Winners will be the first 20 whose names are drawn after that date.

An eye-catching exhibit



CLASHMATH TURNER

## Aberdeen hosts El Greco's masterwork

On tour from the National Gallery, El Greco's painting of *Christ driving the Traders from the Temple* is now at Aberdeen Art Gallery. The picture, dating from around 1600, is a splendid example of the flashing colours and elongated figures which characterise El Greco's work.

El Greco was born in Crete - hence his name, the Greek - but moved to Spain in 1577, where he became one of the Golden Age's greatest painters.

The Aberdeen exhibition, which continues until May 27, also includes some 20th-century British paintings inspired by El Greco. For further information ring 01224 646333.



*Christ driving the Traders from the Temple* by El Greco

THE NATIONAL GALLERY

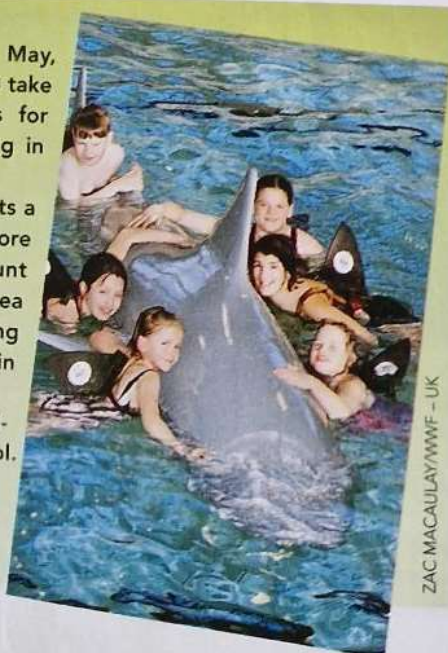
## Taking the plunge

Throughout the month of May, WWF is asking all swimmers to take to the water to raise funds for wildlife conservation by joining in Swim '96.

Everyone who takes part gets a certificate, and those raising more than £10 receive a discount voucher for one of Britain's 16 Sea Life Centres. Swimmers collecting over £50 have the chance to win a fabulous 'marine life' holiday.

Details of the event are available at your local swimming pool.

Many sharks are in danger of extinction



ZAC MACAULAY/WWF - UK



## Saving the earth

This spring, the Department of the Environment launched two new projects for young people.

First, *Mission 2996* - an activity and information pack featuring the Planetary Caretaker, who travels back in time from 2996 to 1996 to try and save Earth from destruction.

Using puzzles, eco-facts and action plans, the pack shows readers how they can help protect the environment.

Second, *Wild Design* - a competition for 8-15 year-olds to design a T-shirt on the theme of biodiversity. Top prize is a multi-media PC worth over £2,000. The competition closes on June 20.

For a copy of *Mission 2996* and/or details of *Wild Design* write to Department of the Environment, Publication Despatch Centre, Blackhorse Road, London SE99 6TT, quoting reference 95EP097.



### Globetrotter takes off

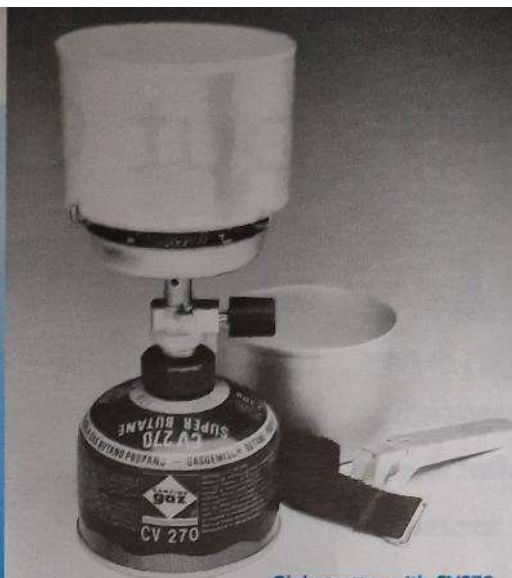
The popular Globetrotter stove, from Camping Gaz, has a new look — the CV270 valved cartridge. The use of a valved cartridge means the stove can be detached safely at any moment for easy transport and storage. Also, because the CV270 is larger, operating times are longer — up to seven hours.

The Globetrotter stove set weighs just 360g and comprises stove, two pans, pangrip and securing strap. Priced around £34, it is available from camping and outdoor stores.

Four lucky readers could win one by answering the following question: In which country are Camping Gaz stoves made?

Send your answer, plus name and address, on a postcard please to Camping Gaz, GUIDING, 17-19 Buckingham Palace Road, London SW1W 0PT.

The senders of the first four correct answers drawn after the closing date — May 31 — will each receive a Globetrotter.



Globetrotter with CV270

CAMPING GAZ



ROD CORSTON

### No sight, no sound

Any Guide who has reached stage 4 of the Sight Awareness Badge will recognise that these two women are talking through touch because one of them is deafblind.

There are an estimated 21,000 deafblind in the UK — people who have lost both sight and hearing. And this year, from June 24-30, they will be the focus of National Deafblind Awareness Week.

If your unit would like to be involved in the week, there are various options: fundraising, joining in a local event, learning to talk through touch (quite easy as it's an alphabet, not a language) and meeting a deafblind person.

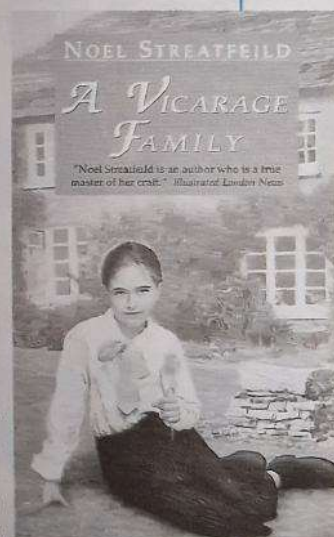
For a programme of events and any further details, send a sae to Laura Read, National Deafblind League, 18 Rainbow Court, Paston Ridings, Peterborough PE4 7UP, or you can contact her on tel/minicom 01733 573511.

### Centenary author

Noel Streatfeild, one of this century's most successful writers for children, was born just over 100 years ago. To mark the occasion, Collins Children's Books have reissued some of her most memorable works in paperback, including the autobiographical *A Vicarage Family*, while the ever-popular *Ballet Shoes* is available from Puffin.

GUIDING has ten copies of *A Vicarage Family* to give away. By answering the following question correctly you could win one of them. Which of these titles is not by Noel Streatfeild: *Tennis Shoes*, *Satin Slippers*, *White Boots*?

Send a postcard with your answer plus name and address to 'Noel Centenary', GUIDING, 17-19 Buckingham Palace Road, London SW1W 0PT. The ten winning entries will be drawn after the closing date, May 31.



### Cameras at the ready

There are some fabulous prizes to be won in this year's Eyewitness/RSPCA Young Photographer Awards: Olympus cameras, Dorling Kindersley books and cash totalling £800.

The competition, which closes on August 30, has two age categories as well as specific subjects. Photographers under 12 must

focus on 'My Pet' and 'Down on the Farm', while 'Animals in Motion' and 'Looking at Wildlife' are the topics for 12 - 17 year-olds.

Full details of the competition are available from Helen Lane, at Dorling Kindersley, 9 Henrietta Street, Covent Garden, London WC2E 8PS.



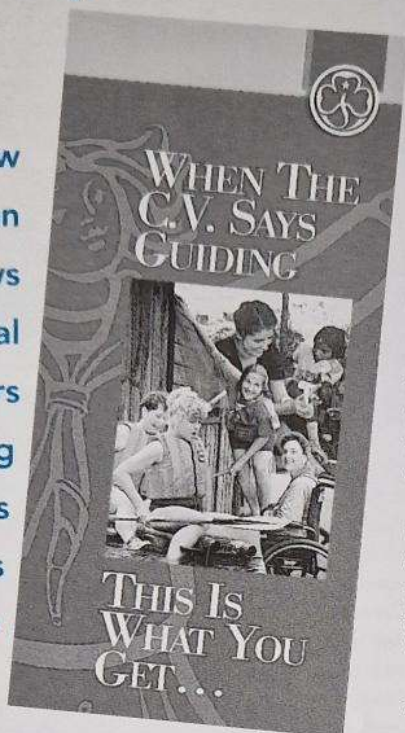
Pets are one of this year's subjects

DORLING KINDERSLEY



# put Guiding on your CV

A new Association leaflet shows potential employers how Guiding gives its members valuable skills



A new Association leaflet was launched in the spring at the Human Resources Development Exhibition which is run by the Institute of Personnel and Development in London.

The leaflet – *When the C.V. says Guiding* – aims to help members of the Senior Section and Guiders use their Guiding experience to further their education, change jobs or develop their careers.

As well as listing skills and qualities that can be gained through Guiding, the leaflet gives case histories of members who describe how their experience of Guiding has helped them develop as people.

Members can attach the leaflet to a curriculum vitae (CV) or application

form where appropriate. Or they can adapt and personalise the information contained within the leaflet to complete a form or prepare a CV.

In an appropriate setting, such as an exhibition at a higher education college, or a presentation to a company or women's group, the leaflet could be an ideal recruitment tool. It can also help achieve the Association's objective to be of 'influence' by demonstrating to employers how our volunteering experience can be useful to them.

A number of leaflets will be available to Guiders, Senior Section members and Advisers. Anyone wanting copies of the leaflet should apply to their Country or Region headquarters.

## making amendments

There's an art in adding to *The Guiding Manual* as Carol Horne explains

The January issue of *GUIDING* contained a pull-out amendment sheet for *The Guiding Manual*, but a recent letter to the Editor alerted us to the fact that many readers had not realised this could be used in a different, less-time-consuming way from previous lists of amendments.

Many of us have been programmed over the years to find the amendments wherever they are printed and to alter our copies of *The Guiding Manual*.

The amendments have been published in different ways in the past, but each time we've been expected to carefully copy, cut and paste, and cross out. By the end of the life of each edition of *The Guiding Manual*, we'd become the proud owners of a well-used but completely vandalised copy, on which considerable time had been expended.

Loose-leaf publishing is now well accepted – for example, for legal and business purposes – enabling us to move towards considering the ideal situation of having replaceable pages. But in the meantime, as amendments are necessary and Guider time is short, the supplement has been produced.

It has been printed with the same 'look' as the existing publication and it is intended that the supplement should be put into the file in which *The Guiding Manual* is kept.

The original edition should then be highlighted at the points where change has occurred – for example, with a margin comment, or with coloured underlining or a highlighter pen. The date should be indicated too, so that in 1997 and 1998 the further amendments can be noted when those supplements are

published each January. A new edition will be published in 1999.

It is proposed that future amendment sheets will incorporate all previously published amendments. Thus, the 1996 amendment sheet can be discarded in January 1997.

By doing this, time is saved, but the amended points are still noted. Should it be necessary to refer to a point, then the up-to-date information/details will be cross-referenced, and the correct details will be to available in the filed supplement.

We apologise to those who were confused by the new format, and trust that we've helped you to save time next year!

Any urgent amendments (usually those referring to safety) will, of course, be published in *GUIDING* as they arise and included in the subsequent amendment sheet.





Recruiting new Guiders, whether to help with Brownies or Guides, is always a task and a half, so I agreed to add what Tawny flatteringly called 'a bit of muscle' to the Guider Recruitment Team for a Saturday morning session in the foyer of the local supermarket.

Armed with all the latest badges, stickers and snazzy posters, we set up camp and descended on the unsuspecting public for what would surely be a 'breeze'. After all, the minimum target we'd set ourselves was just two new Guiders.

It quickly became obvious, however, that people were more willing to give up their money than their time: 'Where's your tin?' was the most popular question. The trouble was we weren't licensed to collect, so all offerings had to be refused!

My first breakthrough came at 10.30am and, although I say it myself, my home-made poster and photographic display headed 'Men In Guiding' was rather eye-catching. Thus, it was quite understandable that a nice lady stopped and suggested that her doctor son might like to 'get involved'.

But, after an animated and increasingly bizarre conversation, she glanced again at the poster and did a sudden double take. 'Oh, silly me,' she blurted out, 'I've got my wrong glasses on — I thought you were the Meningitis Society. He wouldn't be interested in Guiding.'

Big T, meanwhile, had adopted her famous 'get-'em-in-something-at-all-costs' tactics and was listening intently to a couple of talkative senior citizens recounting their girlhood Guiding memories. If these were to be our two new Guiders, I mused, some of the girls' First Aid badge skills might be required at the first meeting they attended.

Tawny knew what she was doing: the talkative twosome were told that they were now proud members of the Trefoil Guild.

Still short of our target, I decided to spread the net by sneaking into the shopping area clutching my clipboard and pencil. Lots of ladies approached me to demand: 'Where are the tinned pears?'; 'Why don't you open more checkouts?'; 'Have you hidden the curly kale?'

After a five-minute lecture

about sell-by dates from an irate lady whose husband had suffered an unfortunate gastric encounter with a crabstick, I decided that supermarket management was not for me and headed back to base.

Apparently, the most exciting thing that had happened was that the District Commissioner, two days short of the 'big 40' and still attractive, had inspired a wolf-whistle from one of the trolley boys. She managed to quell her blushes long enough to make a valiant effort to recruit his sister.

By 1pm, we were exhausted but we had bagged two youthful and energetic Guiders, plus what Tawny called a 'teeterer'. Which way she'll teeter is anyone's guess but, if she has a trial session with the 23rds, it'll probably be to the nearest chemist for a pack of headache pills and a nerve tonic.

Maybe supermarket shopping should carry a government health warning.

## a man's eye view



# WHAT IF ONE OF THESE CHILDREN WERE YOURS?



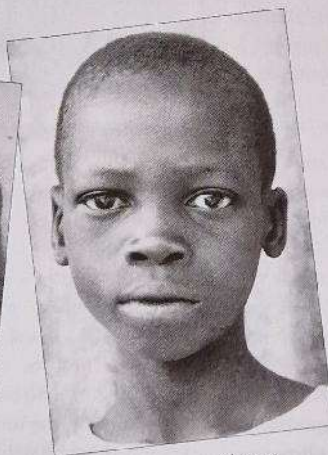
Loredana Prodan  
Romania



Sakda Poonsak  
Thailand



Gladys Sosac  
Peru



Alphonse Ngom  
Senegal

The children you see here are different from ours. They live surrounded by poverty and disease. Many of them go to bed hungry, or sick. Some of them may even die. But you can help change all this by becoming a sponsor through CCE. For just £15 a month, you can help give a child food, clothing, medical care and the chance to go to school.

Please fill in the coupon and post your first month's sponsorship today. You'll receive a photograph, family background, progress reports and letters from the child you support.

By the time you read this, we hope these children will have the help they so desperately need. But there are many more waiting. So please, send off the coupon today. You can't change the world, but you can change one child's life.



To: Robert Edwards, Christian Children's Fund, 4 Bath Place, Rivington Street, London EC2A 3DR.  
or CCF GB, FREEPOST WC4509, London EC2B 2FN. (no stamp needed in UK). Tel: 0171-729 8191

**I would like to sponsor a child**

- ☐ My first monthly payment of £15 is enclosed  
☐ I would prefer to pay £15 by Visa/Mastercard/Access/Amex/Diners.

Card No: .....

Card Start Date: ..... Expiry Date: .....

Signature (for card payments) .....

Name .....

Address .....

Postcode .....

Daytime Tel (Inc. Std code) .....

I prefer a

- ☐ boy ☐ girl ☐ either  
☐ in any country or  
☐ EASTERN EUROPE ☐ LATIN AMERICA  
☐ Bulgaria ☐ CARIBBEAN  
☐ Romania ☐ AFRICA  
☐ Russia ☐ ASIA

- ☐ Please send my information pack today.  
☐ I enclose a gift of £.....

Charity Reg. No. 287545

GU44





Eleven-year-old Emily had spent much of the morning arranging a bunch of grapes and three apples alongside a flower-filled vase and then painting them.

She was now taking a critical look at the finished 'still life'. The colours were quite good and, except for one curiously angular apple, so were the shapes. But something was wrong...

Unable to work out what it was, Emily showed the picture to her mother. Mum, who knew a bit about painting, saw what was missing. There were no shadows.

In most painting styles, shadows have a crucial role: they bring the picture to life, giving a sense of utter

completeness. Similarly, a mosaic or stained glass window incorporates dark fragments. By accentuating the bright images, they serve to intensify the overall luminosity.

In these scenarios, taken from art, darkness is more than just the flip side of light. As light's collaborator, darkness becomes an integral part of the whole.

Maybe that goes for life, too – only we're not in a position to step back and take another view. When we're immersed in grief, pain, hurt, confusion, despair, fear and anger, we can't see how the blackness fits into the jigsaw of our life.

Sometimes we can get a glimpse

of the total picture by looking back.

And then we remember how redundancy prompted a career change; how illness led to new friendships and how a family quarrel, once resolved, brought everyone much closer together.

Acknowledging that sadness and suffering can somehow make a positive contribution isn't about passive resignation, or adopting a clouds-with-silver-linings attitude.

And it certainly isn't about undervaluing the hurt and pain. Rather, it's about working with the darkness – and allowing the shadow to enrich our life, not engulf it.

CD

## coming next

### Royalty remembers

The Queen takes a trip down memory lane when she officially opens the Guide Heritage Centre

### Learning the language

Fighting your way through the jargon jungle to make the most of the National Record of Achievement

### Getting through the banking maze

Advice on how to get the best from your bank and save the unit's cash

### It's nice outside

June's topic will show you how to make the most of the great outdoors now that summer is almost here at last

### Ladybird, ladybird...

Three games to play and three craft ideas with ladybirds as a theme

### Animal instincts

Majestic shire-horses, donkeys and a ferret who shares a glass of milk with a hen feature in June's out and about

### IN JUNE'S GUIDING

#### Game plans

There's nothing like a good game to make a meeting go with a swing – and we've got some real crackers for you

#### Opportunity knocks

Looking for a challenge? We have loads of advice on how to take the international trail – and make the most of all the chances on offer to women and girls of all ages

### Make Dad's day

All about the origins of Father's Day, plus two cards to make

### Orient express

Celebrate the Chinese dragon boat festival. We show you how to make a dragon boat of your own

### Way to go!

Fun games that will help you learn all about map reading

### Super story

An exciting extract from E Nesbit's classic adventure tale *The Phoenix and the Carpet*

### IN JUNE'S BROWNIE

#### Our heritage

News of the newly-opened Guide Association Heritage Centre

#### The great outdoors

Some delicious recipes for cooking food outside on a fire

### Summer sunflowers

A pretty paper-plate craft to try

### Picture puzzles

Solve the crossword clues

### Playtime

Games for indoors and outdoors, all based on an animal theme

### Fun bunnies

Rabbit-shaped desserts to make

### AND IN RAINBOW GUIDE EXTRA

#### Help Rainbow Rabbit

Find all the objects beginning with the letter 's'



# steps to staying

**Guiders are responsible for everyone in their care and should take all reasonable measures to safeguard the girls' safety**

**By Karen Tricker**  
Outdoor Activities  
Adviser

Unfortunately, an incident involving safety and security may happen occasionally at a Guide residential event. Of course, no camp site or house can be 100-per-cent secure, but we believe that the following hints and suggestions will highlight what to look out for to help you run a safe and happy event.

Not all the security facilities listed are available at every site — therefore it's up to you to use your discretion in deciding if you wish to take any extra security measures. But please keep everything in perspective: the chances of such an incident occurring are remote.

## **Keeping a lookout**

**The types of incidents that may occur include:**

- 1 Sheep or cattle from another field escaping and entering yours.
- 2 Local boys being curious.
- 3 Visits from people on the way home from the pub.
- 4 Opportunist thieves.
- 5 Criminal damage.
- 6 Intruders.

## **Pointers to consider**

**You'll need to be aware of:**

- Access to the site — vehicular and pedestrian. Is it on a public road? Do any footpaths or bridleways cross the site?
- Is the site open to public view? For instance, is it fully visible from a road, footpath or bridle-way?
- Is the site in an isolated position or is it part of a larger camp site containing other campers?
- Does the site have any dark lonely corners, alley-ways or wooded areas?
- Are there security lights around



LUCY DREW

the site, buildings and car parks?

- Does the site have any boundary fences and are they in good repair?
- Are the toilet blocks a long way from the camp site and is the path to them clearly marked?
- Is there access to a public telephone, or a private phone that could be used in an emergency, which is available 24 hours a day?
- Does the site provide walkie-talkie or mobile radios?
- Are the locks on a holiday house in good working order and are there window locks?

## **Safety code**

**To enhance safety for everyone, you could:**

- 1 Bring a mobile phone with you.
- 2 Have a whistle or personal alarm in each tent in case of emergency.
- 3 Ask any members of the camp who are not wearing uniforms to wear neckerchiefs, so that they are easily recognisable.
- 4 Inform the local police that you will be camping/holidaying in their area.
- 5 Plan your camp area carefully to avoid creating dark corners, having too big gaps between tents, or tents backing on to public footpaths.
- 6 Try to avoid creating long walks to the toilet blocks and water taps.
- 7 Make sure that you do not leave large sums of money or valuables, such as personal stereos, lying

LUCY DREW



# g safe

around. Lock them out of sight in a car boot or, better still, encourage people not to bring them to camp.

8 Check to see if there is anyone whom you could ask to keep an eye on your site or holiday house, if you are going away for a while.

9 Invite a male member of staff to camp with you.

10 Take a dog to camp, if this is acceptable to the site owner and other campers.

**Plan your camp area carefully**

**Consider which type of tent you'll be using**

the site in case of an emergency.

13 Find out whether you can call upon the site staff in case of emergency or incident 24 hours a day. If you can, in what ways?

14 Consider the types of tent being used: two-man tents, large-frame tents, built-in groundsheets, ridge tents and so on. Which type of tent suits your needs best?

15 Teach the staff and the youngsters about security and safety. The information should be appropriate to the age group, but it should not frighten them.

16 Educate the youngsters not to encourage or invite boys to visit the site, especially in the evenings, without your permission. Explain the potential problems and distress a visit could cause.

## But you should:

- 1 Appoint a home contact.
- 2 Make sure all equipment is adequately insured.
- 3 Check that all participants and parents understand that The Guide Association's insurance policy does not cover personal possessions.

## Question time

**Before making a booking you should ask some probing questions, such as:**

- Does the site have a procedure in case of an emergency?

● Does the local Pack Holiday Adviser or Camp Adviser know if there have ever been any problems

with security on the site?

- Are there any local events in the area of your proposed site that may cause a disturbance — for example: a funfair, circus or beer festival?

- Are there regular security patrols?

## If the worst happens

**If you are involved in an incident, don't panic. Just follow our guidelines:**

- 1 Don't take any risks.
- 2 Don't put yourself or your youngsters in any danger.
- 3 Inform the camp-site warden or owner at the time the incident occurs.
- 4 Contact the police, if necessary, at the time of the incident.
- 5 Alert your home contact.
- 6 Inform the appropriate Commissioner.
- 7 Put the host Pack Holiday Adviser or Camp Adviser in the picture.
- 8 Let the girls' parents know.
- 9 Support the youngsters and staff.
- 10 Record all details of the incident, such as the make, colour and registration number of a car, or a description of any stranger seen on site.

The order in which any actions are taken and who needs to be informed will depend on the type and seriousness of the incident.

Remember to keep the whole incident in perspective, and warn your 'security team' and other staff not to get overenthusiastic. The last thing you want is for someone to get hurt, or for a member of staff to be accused of assault.

Here's wishing you all a safe, happy and secure camp or holiday, and may the biggest problem you have to cope with be a shower of rain. ■



11 Look around to see if there are other campers on the site who could help in an emergency.

12 Take the trouble to park a car on



# training news

## Sailing

**Hautbois . . . . . August 12-14**  
A course for beginners and those who wish to improve their skills. It is open to those aged 13 and over.

**Rangers and Young Leaders**  
**Netherurd . . . . . June 7-9**

**Bright ideas and how to use them in your unit programme**  
(for Rainbow, Brownie and Guide Guiders)  
**Foxlease . . . . . August 30-September 1**

Whether you're a beginner or experienced, if you want reasonably-priced fun ideas or if you need help with resources; the Five Essentials; or indoor or outdoor activities, which are different, environmentally-friendly, adaptable, short or long; then this weekend is for you.

## A world of ideas

**Waddow . . . . . May 4-6**  
Based on the publication of the same name. Games, background information, activities, recipes and projects.

## Walking event

**Broneirion . . . . . July 27-August 3**  
The highlight will be an opportunity to walk the second half of Glyndwr's Way to Welshpool in Powys – about 12 miles per day – returning to Broneirion in the evening. There will also be other shorter walks organised by a leader and arranged to suit the walking skills of the group.

## Programme ideas for the out-of-doors

**Foxlease . . . . . June 21-23**  
For Guiders of all sections, this training will include a wealth of ideas to use in the unit and ways of adapting them for your particular situation.

## Leadership made easy

**Foxlease . . . . . September 6-8**  
This course is for those aged 16-65 who want to extend their leadership skills to use both in and out of Guiding. We will consider: what is a leader?; what skills does a leader need?; work-

ing with different personalities; leading assertively; and getting the right message across.

## Summer arts programme

**Hautbois . . . . . August 12-23**

The choice of courses is as follows:

- August 13-16 — etui (fabric box making) or craft ideas for fund raising
- 16-22 — heraldry
- 16-19 — the art of healing living
- 19-22 — bird-watching
- 12-13/22-23 — the art of relaxation.

A leaflet giving full details of each course is available.

## Endless ideas for Patrols

**Waddow . . . . . May 31-June 2**  
For Guide Guiders looking for new ideas with which to enthuse their Patrols.

## Holiday week

**Broneirion . . . . . July 27-August 3**  
Bring your family and friends for two days or more and enjoy the mid-Wales countryside. Incorporating gentle walks organised by a leader, if required.

## Commissioners — District and Division

**Netherurd . . . . . September 6-8**

## Get knotted

**Waddow . . . . . May 31-June 2**  
Using knots can be fun. Learn their many uses, including pioneering and craft. For Guiders of all sections.

## Rainbow international pack

**Waddow . . . . . July 5-7**  
An opportunity to dig into the new resources pack for the Rainbow Guide section — to explore ideas and try out games, crafts and songs.

## Life-saving course

**Foxlease . . . . . September 13-15**  
Accommodated in Foxlease coach-house, this will lead to a basic life-saving qualification, enabling you to be a life saver in a pool where Guide Association members have sole use of the area and where activities are controlled. See *The Guiding Manual*, page 135. The cost is £45.

## Programme ideas for Brownie and Guide Guiders

**Foxlease . . . . . October 25-27**  
What type of noise do you hear each week at your unit meetings? Is it a murmur, a gurgle, a babble or an uproar? Do

you want it to buzz? If so, then this weekend is for you. Help your unit become a hive of industry. Join a swarm of Guiders who have made a beeline for Foxlease for a weekend of developing ideas to put the buzz into your weekly meetings.

## Endless ideas for Sixes

**Waddow . . . . . July 5-7**  
For Brownie Guiders looking for new ideas with which to enthuse their Sixes.

## Mountain biking for the fit and not so fit

**Waddow . . . . . July 25-August 1**  
Explore the Ribble Valley on a mountain bike — suitable for beginners and experienced riders.

## Rainbow Guiders international training

**Foxlease . . . . . October 25-27**  
An opportunity to dip into the new resource pack for the Rainbow Guide section, to explore ideas, try out games, crafts and songs. We will look at ways of developing themes so that the 'wider world' can feature in Unit programmes on a variety of occasions.

## Guide activity week

**Waddow . . . . . July 25-August 1**  
Fun, adventure and lots of activities for Guides. Guides may come on their own or with a Guider.

## Mid-week training for Commissioners

**Foxlease . . . . . October 8-10**

## Walking week

**Waddow . . . . . August 3-10**  
Open to all age groups from 16 upward, including husbands, family and friends. Walking for all abilities.

## Local history week

**Waddow . . . . . August 12-19**  
Visits, walks, talks and crafts in the area.

For full details of the trainings listed or any future trainings, send a sae to the appropriate centre. Applications to attend any of the trainings mentioned should be sent to the Manager, enclosing a £15 deposit and sae. Cheques should be made payable to The Guide Association.

official

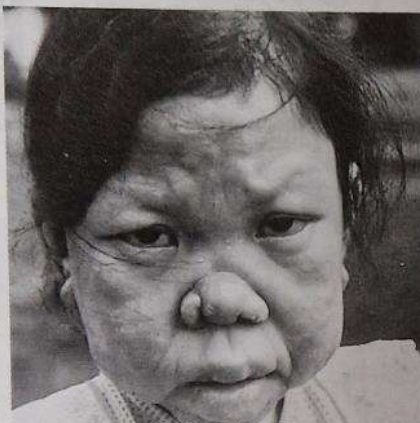


# age-old enemy

**GFF**

Support the  
Guide  
Friendship  
Fund and help  
combat a  
crippling  
disease

Before: An eight-year-old Indonesian girl with an advanced case of leprosy before receiving any treatment



THE LEPROSY MISSION

Each year the Guide Friendship Fund (GFF) chooses a special Guide-related project to support through its Summer Appeal.

This year, members are invited to raise money to help back an Indian initiative to combat an age-old disease — leprosy. Here, Rosemary Mills, GFF Administrator, describes what's involved in the project:

Ask anyone about leprosy and most people would say it was an illness people used to have in biblical times. Some might know that the disease is still around, but have assumed that it is under control.

In fact, they would be wrong. Just look at some facts about leprosy:

- Up to 15 million people currently have the disease.
- Only three million receive regular treatment.
- Many of the 12 million untreated sufferers are infectious.
- Five million sufferers are aged under 14.

If left untreated, leprosy causes blindness, disfigurement and damage to hands and feet, which sometimes leads to amputation.

In some cultures, sufferers may be cast out from their families, and husbands may use it as grounds to divorce their wives.

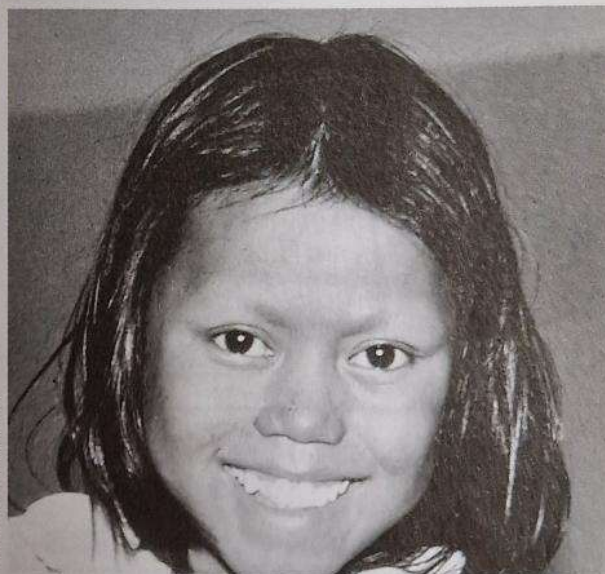
Many governments don't allocate money to tackle leprosy as it is not classed as a 'killer' disease. Yet leprosy is curable. The disease can be cured through using a simple drug treatment.

Leprosy exists in many countries, including the United Kingdom, but its incidence is greatest in South America, Africa and India.

Today, there are at least one million people suffering from leprosy in India.

Guides and Scouts in India are now working on a programme to locate those who have leprosy, help with their treatment and overcome prejudice against the disease.

The programme is called DASTAK, which is a Hindi word meaning 'knock at the door'. Guides and Scouts go out into communities, calling at peoples' homes and making enquiries about the welfare of the family. They then alert families to the early symptoms of leprosy, getting across the message that there is



THE LEPROSY MISSION

a cure which can be provided free.

Each confirmed case will be allocated a particular Scout or Guide who will 'adopt' the family. He or she will support the family, work to demystify the disease and ensure that treatment is kept up.

So far, hundreds of villages have been visited and many more are targeted. Some families will need support for several years, which means the project will continue for some time to come.

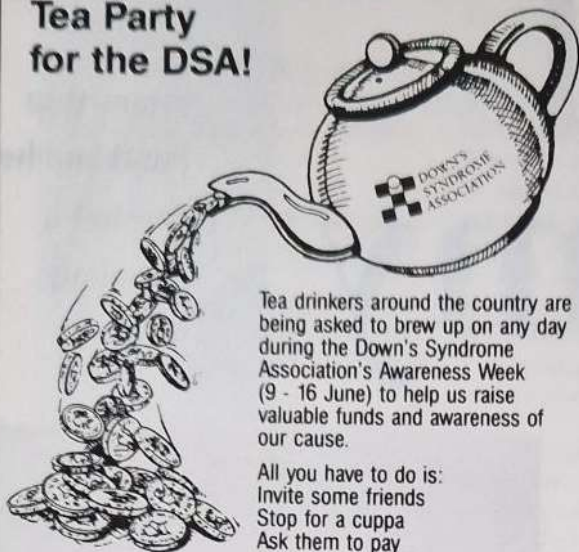
Anyone who would like information about leprosy or DASTAK should write for a fact sheet to the GFF, c/o CHQ, enclosing a sae.

Donations to help with the work of DASTAK should be sent to the GFF at 17-19 Buckingham Palace Road, London SW1W 0PT. Please make cheques payable to The Guide Association (GFF) and enclose a sae if a receipt is required. ■

After: The same little girl after making a full recovery following treatment



## Host a Fund-raising Tea Party for the DSA!



Tea drinkers around the country are being asked to brew up on any day during the Down's Syndrome Association's Awareness Week (9 - 16 June) to help us raise valuable funds and awareness of our cause.

All you have to do is:  
Invite some friends  
Stop for a cuppa  
Ask them to pay  
All in aid of the DSA.

It promises to be a mammoth affair - but so is the challenge we face to raise funds for projects which enable people with Down's syndrome to realise their full potential.

Obtain a Tea Party Host Pack by writing to:  
**Down's Syndrome Association,**  
155 Mitcham Road, London SW17 9PG  
Please mark your envelope 'Giant Tea Party'

*A Registered Charity*



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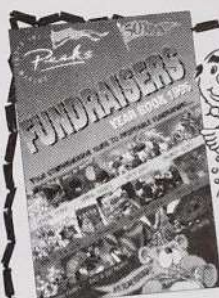
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## NATIONAL FUND RAISING OPPORTUNITY

TOTAL RAISED SINCE APRIL 1992 £ **261,185.50**

You are invited to join our international recycling project which has raised thousands of pounds for GUIDE groups and youth groups all over the UK and reconditioned many tonnes of non-renewable resources. We recondition used laser printer toner cartridges and drum kits and every time you send 10 of these to us at no cost to yourself you can earn up to £60. Over 100,000 are thrown away every week so it should be easy. For further details and a Guide project pack telephone 01749 679679 and ask for GUIDE FUND RAISING.



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PBT International, Haydon, Wells, Somerset, BA5 3EF.





# dear Hazel

Thanks for such a long letter. I was surprised to hear that Jehoshaphat didn't turn up last week, as I thought she was your best attender!

I'm not sure why your Brownies are drawing large footballs and naming them 'Jehoshaphat'. If she has put on that much weight then the Vicar had better put her on a diet! Why don't you have a word with him after church parade?

I enjoyed hearing about the marvellous Pack Holiday you visited. Life-size Wombles around the walls, collages, Sixes named after Wombles and even place-mats to fit in with that theme. I knew you'd fall in love with Pack Holidays. I'm pleased to hear that you're getting ready for your own, with a cook and a first aider to help out and Pam going with you for support.

Your Pow-wows sound more civilised than mine used to be. I wonder which Pack Holiday theme your Brownies will choose. I used to list their six best – and most suitable – ideas, and then we voted on it. You'll need Six names that fit in and charts and badges.

We planned the menu in Pow-wow and gave the meals names that fitted in with our theme. Even the girls who were unable to go could help with the preparations – make a real Venture of it.

I laughed when I read about your District's Brownie Revels in the park. Whose idea was it to use *Jurassic Park* as a theme? Playing prehistoric animal games in dinosaur masks must have been great fun. I especially like the idea of hunting for 'bones'.

Your Commissioner must have loved being asked if she knew what dinosaur tasted like! Sorry it ended in tears when the overexcited dinosaurs attacked each other on their way home!

You said you played 'One dinosaur began to play upon a spider's web one day...' Our spiders' webs had elephants on them!

I loved your description of the Brownies rolling on the ground laughing when Pam sat on an ant's nest and announced that she had ants in her pants! Children are so sympathetic! For Brownie Revels we used themes such as *Peter Pan*, *Robin Hood* and *Mary Poppins*.

By the way, enjoy the zoo next week. If you are taking Shelly, that new recruit of yours, then you'll need lots of help! I used to link each Six to a sensible adult (have you noticed that all adults aren't sensible?). It is impossible to look after every child yourself.

I'm glad your District Commissioner is going with you. I had good Commissioners all the years I ran Brownie Packs. Women who were available to answer questions and come and help when needed. Your Mrs Hogg sounds really helpful.

Be prepared for anything – it never ceases to amaze me what can go wrong with Brownies! For instance, you might need any or all of the following: a first-aid kit with plenty of cotton wool; a change of clothes; safety pins; spare pants; extra food; bottles of water; more drinks; a flask of coffee and cups for the helpers; a compass; plenty of

money; bits of string; tissues; a sewing outfit; plastic to sit on; and plastic bags and travel-sickness pills for the coach...

Beg or borrow a mobile phone, if you don't own one. And don't forget a camera to take heaps of slides for the parents' evening.

Bye

Barbara



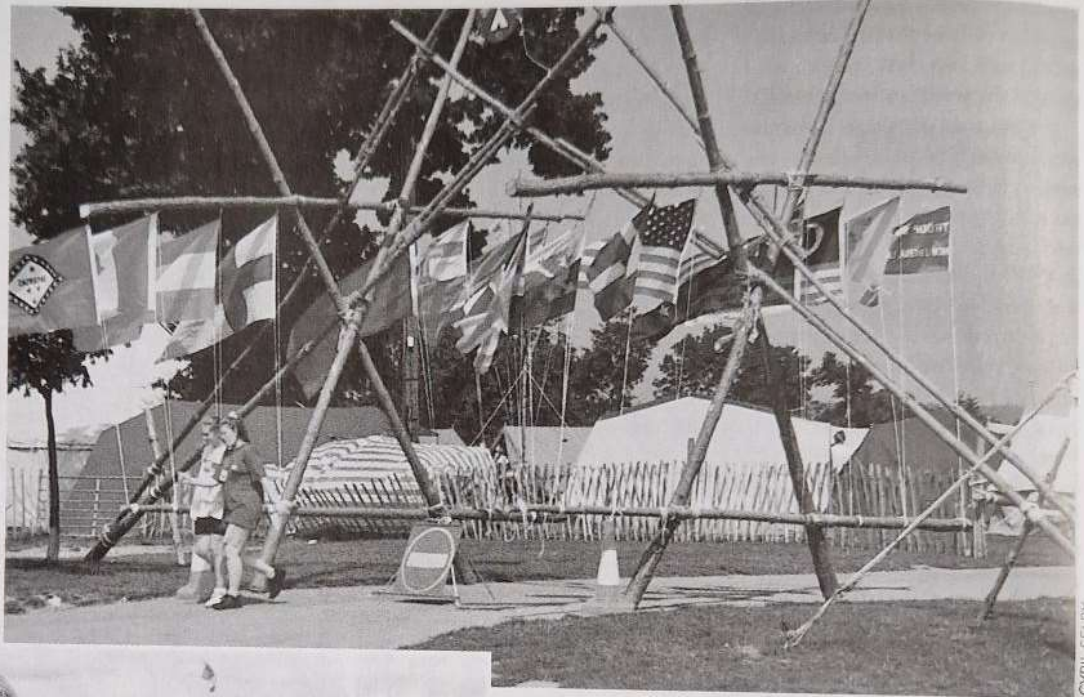
CAROLINE EVEN



# welcome vis

You don't  
have to travel  
overseas to  
enjoy the  
experience  
of an  
international  
camp

By Liz Joy, Lesley  
Aldred and  
Muriel Dunn



CYRIL SELBY



MARGARET WHITTAKER

Every summer, lots  
of international  
camps take place  
in the UK

Friendships made  
at an international  
camp can often  
continue for years

water activities;  
abseiling; judo; fenc-  
ing; potholing; hill-  
walking; mountain

Each summer a number of interna-  
tional camps take place throughout  
the United Kingdom. Last year  
there were ten such camps, visited  
by a total of around 580 people  
from 35 countries.

These camps have a variety of  
different themes, often connected  
to people or famous local events.

There are many activities that all  
campers can join in. They might  
include some or all of the following:

biking; crafts of all kinds; dry-slope  
skiing; clog dancing; morris dancing;  
and overnight expeditions.

Anyone who has a pen-friend  
who lives overseas can invite her to  
attend by a private invitation.

Girls and Guiders will have a  
chance to learn about different  
cultures, foods and, perhaps, a  
new language.

For Guides, the experience of  
taking part in an international camp

in the UK would be good prepara-  
tion for taking part in international  
camps overseas in the future.

If you are thinking of organising  
an international camp in the future,  
remember to start planning in  
plenty of time.

Don't forget that some visitors  
will have special dietary require-  
ments or they may need a special  
area to be set aside for prayers and  
washing away from the main camp.  
The camp equipment which we use  
may be unfamiliar to our guests,  
and Guiders may need to explain  
this to their own Guides.

Visitors from hot climates may  
need to borrow extra blankets,  
suitable clothing and even hot-  
water bottles. Many will probably  
never have heard of wellies!

Some countries impose restric-  
tions on the amount of currency  
that may be taken out, so visitors  
may bring locally-made handicrafts  
to sell to raise the money for  
their camp fees.

Not every country has the same  
attitude to time as the British do.  
Visitors may be late in turning



# itors

up to activities... or they may not even turn up at all.

## Red-carpet treatment

It is usual to offer home hospitality to a Guide member from overseas either before or after she has a spell at camp. Playing hostess to a visitor from abroad is quite a responsibility, but it is challenging, fun and very rewarding.

Preparation before the guest arrives is crucial to ensure a happy and enjoyable home-stay experience for everyone involved. Research into customs, religious beliefs and/or dietary requirements is essential.

When time permits, a hostess is usually provided with brief details about her future guest, and so can send a short, welcoming letter introducing herself and her family.

A dictionary in the native language of her guest's homeland is always useful. Of course, it is possible to communicate without being able to speak one another's language. However, a few phrases of welcome will always be appreciated and show interest in the visitor.

Often, members from abroad appreciate being invited in pairs, where possible. This gives them a chance to chat in their own language and share experiences. It also gives a young member more self-confidence if she has this support.

It is important to remember that your guest may have travelled a long distance, and jet lag and culture shock are all very real. Allow her time to relax before offering a good choice of visits and activities.

But be sure to have something relaxing to do in reserve, if she suggests staying at home instead. Please respect your guest's wishes — it is very exhausting being constantly on the go, while concentrating on communicating in another language. In order to feel at one's best, we all need some time for ourselves.

New friendships made this way often continue for many years, and an opportunity for a reciprocal visit sometime in the future may also be a possibility.

At the very least, you will learn songs and dances from other countries, make new acquaintances, and share in the experiences of a lifetime if you attend an international camp.

## Culture shock

There is a culture where 'almost the entire population is addicted to a plant substance which they drink with water and other animal or plant substances'.

If this custom sounds bizarre, it shouldn't — we're only describing the very British ritual of having a cuppa at regular intervals.

However, when you go on an overseas visit or take part in an international project such as GOLD, things that seem strange to you may be a perfectly acceptable way of life in the country you are visiting. In the same way, some of our customs and culture may seem strange to overseas visitors.

It is important, therefore, that whenever you undertake an international experience, you approach it with an open mind and sensitivity.

You should always try to find out as much as you can about the country you are going to, or the country from which your visitors are coming. After all, one of the main reasons for taking part in such a project is to learn about new and different ways of life.

It can be exciting to try different foods, especially for breakfast! Have you ever considered chicken noodle



GILLIAN ELLIS

soup, or rice with pork, or Ryvita with sardines to start the day? If your initial reaction is 'yuk', then think again — in some countries they would be perfectly acceptable.

In the same way, people visiting the UK may find cereals or a full fried breakfast difficult to face.

Have you ever thought of trying to take a bath with a sheet wrapped round you? Visit Thailand and you may have to do just that, while people from some countries don't appreciate British-style baths, as they don't like lying in 'dirty' water.

We can also learn much from the welcoming gestures made in other countries. The garland of flowers that is hung around your neck or wrist to welcome you is a charming courtesy. In much the same way, we will probably put flowers in a visitor's bedroom.

As world citizens we have much to share with people from other cultures and countries and much to learn in return. It is important that wherever you go and whatever you do internationally, you are prepared to try new things and welcome the chance to learn from each new experience. ■

International camps provide a chance to learn about different cultures — and even a new language



■ a personal view ■

# keep Guiding out of politics

**A Hampshire Guide Guider believes the Association would become embroiled in politics if it spoke out on controversial issues**

**By Heather Boosey**

Two recent contributors to *GUIDING* called on the Association to 'come off the fence' and take a stand on controversial and unpleasant issues.

I understand their point of view and sympathise with their desire to influence social change, as I, too, feel strongly about many things. But I feel equally strongly that The Guide Association should not be formally involved in political issues.

Like it or not, the way any society is run is a political issue. Of course, almost everyone agrees that something should be done about child poverty, violence, drugs and alcohol abuse... but there is no absolute right or wrong answer.

These are 'political' decisions. I don't mean they should be left to politicians, but The Guide Association is committed to encompassing all beliefs, religions and ethnic groups. If stands (however worthy) are taken on controversial issues, it will inevitably alienate some of its present and prospective members.

How many already-overstretched Guiders, Commissioners or other Advisers would be prepared to take on the role of representing Guiding on social and political policy matters in their District? Or is it intended that this should be a national function, handled from CHQ? If it is, who would decide which issues were worthy of our attention and what stand we should take on them?

While I respect the integrity of our hierarchy of leaders, they are not democratically elected. Short of holding costly and logistically impossible referendums on each issue, how could we be sure that the point of view adopted represented the views of the majority?

The ethos of Guiding has always been to show that the qualities enshrined in our Law are more important than the worldly desire for money and power. Wanting 'influence' – power – is not wrong in

itself. But power is vulnerable to abuse. How could we be sure that individuals and groups with their own agendas would not seek to use our Movement for their political purposes or personal ambitions?

Even if we tried to confine ourselves to women's and/or children's issues, it would not be long before Guiding PRAs were receiving calls asking what our attitude was on everything from government education policy to lesbian vicars.

This, in theory, could lead to each new issue bringing a crop of resignations from indignant Guiders, until we were left with reactionaries and extremists running the Movement and surviving units. I could be slightly overreacting, but I'm sure readers will see my point.

It was suggested that Guiding suffers from a goody-goody image, and that getting involved in controversial issues would change this. I agree, but I think being seen as goody-goody is preferable to some labels we could be awarded, if we stepped into an uncharted minefield of explosive subjects.

There are so many potential traps. Even Green issues, which at first appeared to be non-political, can be controversial. This was highlighted when, after being encouraged to recycle all kinds of rubbish, we were later told that the recycling process for certain types of waste was causing more environmental problems than it solved, and was costing a great deal of money.

It was only then that it occurred to most people that recycling was a political issue and that propaganda comes in many forms.

I am not, of course, suggesting that we stop encouraging our youngsters to recycle newspapers, save water or carry out other environmentally friendly tasks, but we must be aware of the implications.

If stretched to its logical conclu-

sion, 'coming off the fence' could lead to Rangers forming vigilante patrols to prevent crime; Guides tying themselves to trees to prevent a bypass being built; Brownies staging a sit-in to obtain funding for a drug rehabilitation centre; or Rainbows handing out leaflets pressing for feminist reforms!

The Guide Movement can never be accused of being apathetic or inwardly self-serving. Service to others is at the heart of our Promise and is put into practice everywhere.

This sort of direct action is not in question, but I feel that if individual members wish to bring about changes in society, then they should join one of the many existing pressure groups, support bodies, charities or political parties.

I agree that we should be trying to reach youngsters from outside the comfortable, middle-class world traditionally associated with Guiding. But I doubt whether 'being heard' on controversial topics will attract them into Guiding.

Given Guiders with the right personality, training, resources, backup, and a good imagination to adapt the Programme, then reaching these girls is perfectly possible.

If we come off the fence, we risk losing our credibility and respect. As a youth movement we would soon lose our real power – to bring together people from any class, creed or colour and help them develop their full potential. This is enough for any youth movement run by volunteers to tackle. It's what we do best and we should stick to it.

The views expressed in this article are not necessarily those of The Guide Association, nor are they endorsed by it. The Editor reserves the right to edit items received for publication.



# ideas

## Programme ideas for May 1996

### idea of the MONTH

#### Useful suggestions for Guiders of all sections

By Georgia Fielding

**D**o your young Guiders have difficulty in attending District Meetings and trainings because of family commitments? Are your older Guides or Senior Section members constantly on the lookout for ways to serve the community? Why not bring the two together and let one problem solve the other by putting suitable girls in touch with young Guiders to establish a reliable baby-sitting service?

One section of the Movement can often help another in a variety of ways. Have your Rangers thought of offering their services to local Guide units on a one-off basis? Most Guide Guiders would be delighted to hand over a meeting to the Rangers so that they could show the Guides some of their skills and probably spark off interest in recruitment into the bargain.

Similarly, Guides could visit a Brownie meeting, or better still, invite the older Brownies in the District to a specially-tailored Guide meeting to see what goes on. Most Rainbows would love to pay a short visit to investigate the mysteries of the Brownie Pack, even if the girls are there just for the beginning of the meeting.

Inter-section communication is a good idea for adults, too. New Guiders need to see what goes on in sections other than their own to acquire a rounded picture of the Movement's structure.

Invite them to your meetings and give them a part to play when they are there, making sure that you only suggest activities with which they'll feel comfortable.

Such invitations need to be well spaced and give careful consideration to the time available to the Guider, but they can be of immense benefit to a new leader.



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#### idea

Always have a notepad and jot down programme ideas as inspiration strikes.

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#### idea

Ask one parent from each local school to tell you well in advance about school dates and events.



#### idea

Keep an eye open for the girl who seems 'left out' and ask an especially friendly Rainbow, Brownie or Guide to look after her.

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# topic of the month

May is a time to make good use of fine weather and light evenings, so this month's topic – travel – takes a look at different ideas that can get you motivated both in and out of doors

Illustrations: Dom Mansell

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## Animal travel

Rainbows could play games associated with horse travel. From prepared templates, they could make a moveable-limb horse with a carriage or cart attached; or horse models from suitable modelling material.

Brownies and Guides could be challenged to list the animals that have been used as carriers of people or goods. They could consider visiting an animal sanctuary or zoo, where it might be possible to travel on an elephant or a camel.



## Section key

- R Rainbows
- B Brownies
- G Guides
- S Senior Section

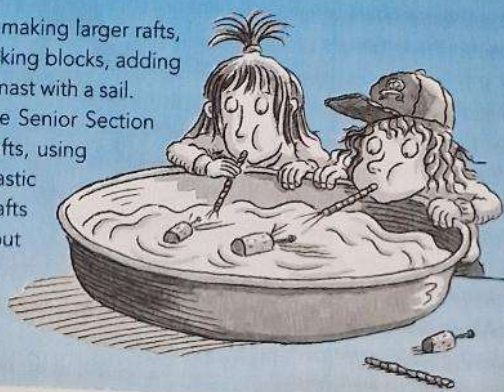
If the activity is suitable for your section it will be highlighted in black

## Water travel

Rainbows and Brownies could have fun with water in bowls, baby baths and so on, racing rafts using a bottle cork and a dressmaker's pin. The pin acts as the keel and the girls can colour or name their corks. To race the rafts, they blow on their corks through a drinking straw.

Brownies could investigate making larger rafts, perhaps using polystyrene packing blocks, adding a heavier keel and including a mast with a sail.

Guides and members of the Senior Section could make small and large rafts, using lashings, canes or spars, and plastic bottles or drums. Try out the rafts if there is water nearby, but remember to obtain permission and follow the appropriate safety precautions (see The Guiding Manual).



## Travelling in the past

Guides and the Senior Section members could have fun making sedan chairs, and hold a competition for the best decorated; and even have a sedan-chair obstacle race. The simplest type uses a wooden chair with two broom handles lashed on to the legs. More inventive types could emulate those used in the 15th Century or make a rickshaw.

Brownies, Guides and the Senior Section could have fun with hot-air balloons. Contact your County Science Adviser for support and advice.



## Present day travel

Present forms of travel include the bicycle, car, bus, train, plane and boat. Rainbows could be challenged to match them with pictures, songs and games associated with these different forms of travel.

Rainbows and Brownies could go on a walk challenging groups to look for different ways of travelling. Perhaps the groups could be encouraged to look at footprints, animal travel and so on. There may be a possibility of collecting plaster-cast evidence.

Challenge Rainbows and Brownies to cross the floor using as many different means of travel as possible, for example, hopping, crawling and jumping. Can the Brownies work together to make a sequence of movements?



## Two-wheel travel

Brownies could be challenged about bicycle care, and personal and road safety with games based on quizzes; a visit by a road safety officer from the local police; and code stamping for bicycles.

Guides and the Senior Section could be encouraged to learn about the maintenance and care of bicycles, including mending punctures.

How many have passed the Road Safety Cycle Test? How many know and understand the Highway Code as it relates to cyclists? Depending upon your meeting venue, challenge unit members to follow a course that tests their control, balance and highway knowledge. Go on a cycle ride after obtaining the relevant permission and having covered all the safety aspects.



## Travel safety

Challenge your members in small groups to devise a safety check-list.



## Four wheel drives

With the arrival of a 'tick test' for new drivers, challenge girls in small groups to prepare one of their own. Encourage them to learn about basic car maintenance and invite a specialist to talk about safety for women drivers.





It is not envisaged that the Association should run its own minibus driver training courses but that members intending to drive other members will acquire the necessary qualifications from the appropriate outside bodies as is the case with boating, swimming and other qualifications.

Details of outside courses will be available from Guiding Services at CHQ.

Pat Tiley  
Minibus Working Group.

their own seat. FROM 10th February 1997, all Members of the Association aged 16 and under travelling in a minibus must sit in forward-facing seats and wear, at the minimum, a lap belt.



# CRITERIA FOR ANY DRIVER OF A MINIBUS USED TO TRANSPORT MEMBERS OF THE ASSOCIATION

To be met as soon as possible and be **COMPULSORY** with effect from January 1st, 1999.

At its meeting on January 11th, 1996, The Executive Committee agreed that the following criteria for any driver of a minibus used to transport members of the Association should be met as soon as reasonably possible and be compulsory with effect from January 1st, 1999, or earlier if required by law.

**ALL** drivers, whether members of The Guide Association or not, wishing to drive members of the Association in a minibus, must fulfil the following criteria:

*Age: Must be aged at least 21 years*

*Driving Licence: Must have held a full driving licence for a minimum of three years.*

No driver with more than three current penalty points on her/his driving licence may drive members even if all other criteria are met.

In addition to the above basic requirements the driver must:

Have passed the Department of Transport Minibus Test to be introduced on July 1st, 1996.

**OR**

Provide written evidence of competence from a recognised body (i.e. Local Education Authority, Institute of Advanced Motorists, etc)

**OR**

Have undertaken an Assessment by a qualified Assessor of the basic

skills and considerations applied in Minibus Driver Training and Assessment procedures. These are:

- *Pre journey checks and planning*
- *Post journey checks and reports*
- *Loading luggage - internally and on a roof rack*
- *Loading passengers*
- *Awareness of legal requirements governing minibuses, to include:*

*MOT*

*Tax*

*Insurance*

*Laden and unladen weight*

*First aid and fire*

*extinguishers*

- *Awareness of procedures in the event of an emergency*
- *Demonstrate an up-to-date knowledge of the Highway Code*
- *Demonstrate good and safe: vehicle control, to include -*

*acceleration*

*clutch control*

*gear changing*

*use of gears*

*braking*

*steering*

*planning, to include -*

*observation*

*hazard management*

*speed limits*

*reaction to road signs*

*road positioning*

*lane discipline*

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*acceleration sense  
overtaking*

*road craft, to include -  
courtesy  
use of mirrors  
use of signals  
vehicle sympathy  
manoeuvring  
parking*

● *Demonstrate awareness of  
passengers during journey, to  
include -*

*comfort breaks  
travel sickness  
behaviour of passengers*

#### **IN ADDITION:**

● *Whilst the escort is responsible,  
those wishing to drive disabled  
members should be aware of the  
nature of the disability experienced  
by the passenger(s) and their needs.*

● *Those wishing to tow a trailer  
should have carried out additional  
training and assessment and be  
able to demonstrate good and safe  
driving and manoeuvring of the  
vehicle whilst towing.*

## **STOP PRESS**

The Government has announced that, with effect from February 10th, 1997, seat belts must be fitted to each minibus or coach seat used by a child aged between three and sixteen. Ideally these should be three point belts. The minimum requirement is for a lap belt.

From the same date the use by children of rear-facing or side-facing seats is prohibited and all children travelling in a minibus must sit in forward-facing seats which are fitted to the vehicle in accordance with the manufacturer's requirements.

The current "three for two" concession allowing three children under fourteen to sit in seats fitted with two seat belts will end earlier, on May 1st, 1996.

**The effects of these changes are that from 1st May 1996 all Members of the Association aged 14 and under travelling in a coach or minibus must have**



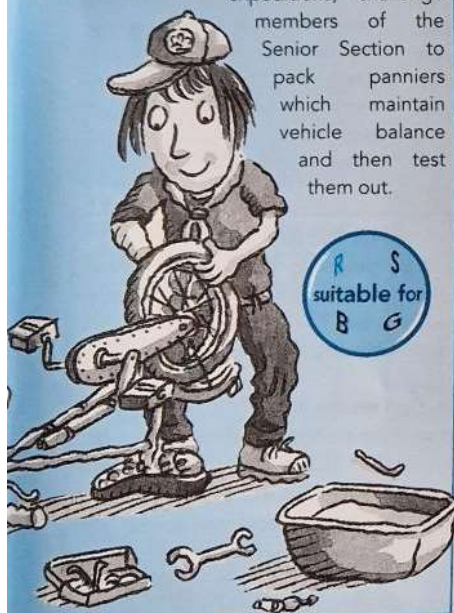
## Rocket propulsion

The girls could have a go at launching rockets. You will need a plastic lemonade bottle, a drilled cork, an air-bed inflator, a foot pump and a short piece of guttering.

Place a small amount of diluted washing-up liquid in the bottle. Fit the cork and insert the inflator. Attach the foot pump and rest the bottle in the elevated piece of guttering. Pump it up until the air pressure in the bottle forces it to take off. In the interests of safety, launch the rocket outside where it has a clear flight path. Experiment by adding cardboard fins to the bottle to control its flight.



With cycling as an option for some expeditions, challenge members of the Senior Section to pack panniers which maintain vehicle balance and then test them out.



## Documentary evidence

Rainbows and Brownies could make their own passports, containing relevant details and drawings of themselves. These could be used to 'travel' – perhaps by different methods – to activities from other countries, where they could receive a stamp mark.

Guides and members of the Senior Section could complete an official European passport application form.



## Perfect packing

Rainbows and Brownies could play a version of Kim's game with a packed case containing clothing suitable for hot or cold climates. Remember to miss out an obvious item(s). Ask the girls to either write or draw each item and tell them one or more items are missing from the case. See if their lists include the missing item(s).

Ask Guides to write out a list of clothing suitable for hot or cold climates. Alternatively, give catalogue pictures to Patrols and challenge them to find suitable clothes among them.

Senior Section members could investigate clothing that travels well, is comfortable to wear, doesn't need ironing, is lightweight and so on. Practise packing a rucksack for a two-week camp or hospitality stay, and keep within a quarter of your body weight. Challenge members to find out about the clothing customs of different countries – what do visitors need to take in order to avoid offending their inhabitants?



## Hop on a plane

Challenge the girls to make paper or card aeroplanes. Place the names of various countries on the floor of the hall and a large world map with the countries named on the wall. Give each Six a blank world map. Each Six member launches her plane and takes the country card nearest to where it lands. The Brownie then places the card correctly on the blank world map.



## Staying fit

Challenge members to consider ways of keeping healthy when abroad. Find out about any inoculations required within Europe and the wider world. Find out about reciprocal health agreements and health insurance.



## Fuel for the journey

Challenge members in small groups to produce recipes suitable for picnics, a day's outing and a long-haul journey. Consider all sorts of foods that are easily digestible, travel well and are light enough to carry.



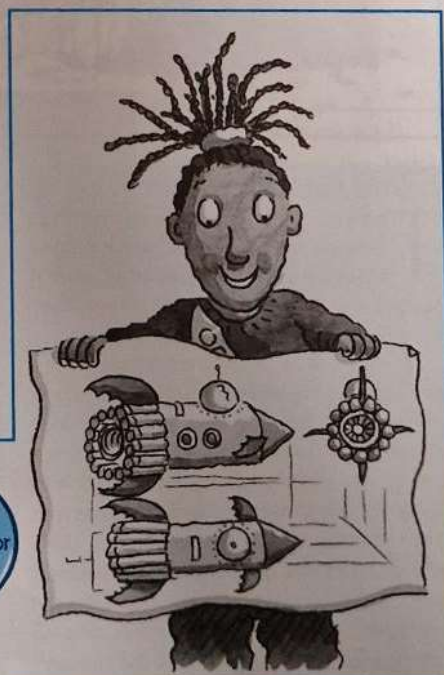
## Paper money

Match currency names to their countries of origin. Use currency exchange rates from the national press, travel agents, banks and so on to ascertain the very best value for sterling.



## Taking off for the future

Challenge the members to design and make a spaceship.





# rainbow guiders

There are lots of activities and games to play on an animal theme. The following ideas cover a range of skills, including observation, co-operation, taking responsibility, drawing, acting, playing and helping

By Deborah Manley  
Illustrations: Kim Woolley

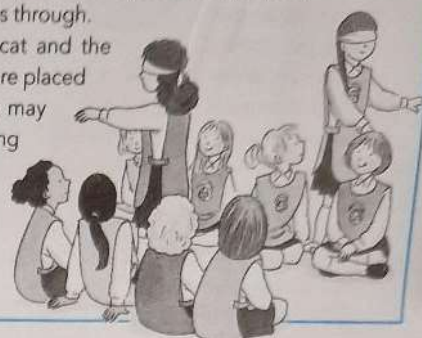
## Cat and mouse

Careful listening and good concentration are required for this game, which also needs quiet co-operation from the group.

The players sit in two rows facing each other, with enough space between the rows for one person to pass through.

Two players are chosen to be the cat and the mouse. They are both blindfolded and are placed one at each end of the pathway. They may walk round either of the two rows, keeping within touching distance of them.

The object is for the cat to catch the mouse. The hunt is conducted entirely by hearing. When the mouse is caught, choose a new cat and mouse.



## Quiet time

Think of all the animals in the world, how they help us and how we can help them. Say thank you for animals and their different characteristics. You might like to read a short poem which you think describes the characteristics of a particular animal well.

## Have you helped an animal?

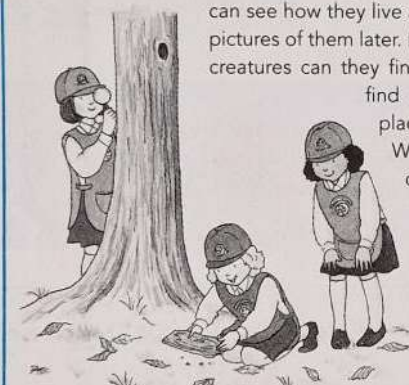
At each meeting this month, ask the girls if they have done anything during the week to help an animal. Some will have fed or exercised their own or someone else's pet. Some will have fed birds in the garden. In what other ways have they helped?

## Mini-beast hunt

Perhaps you have a play area or field near your meeting place, if so take the Rainbows on a hunt for insects, spiders and woodlice. Think first about where they might expect to find them: under stones or logs, among fallen leaves, on the bark of trees... If you can arrange it, supply the girls with magnifying glasses.

Make sure the girls understand that they are not catching the mini-beasts — only observing them, so they can see how they live and, perhaps, draw pictures of them later. How many different creatures can they find? Where do they find them? Are these places damp or dry? Which creatures like dry places and which prefer damp places?

Afterwards, they can draw scenes featuring the mini-beasts they have seen.



## The blind woman and the animals

A girl who has been chosen to be the blind woman goes out of the room. The others then choose what animal they want to be. They must choose animals that have some identifiable feature, or which make a recognisable noise.

The blind woman then returns wearing a blindfold and feels her way around until she touches somebody — the others should not try to avoid her. That player must give an imitation of her chosen animal. The blind woman can ask her to repeat it up to three times. If she guesses the animal, that player then becomes the blind woman.



## Animal tag

This is played like an ordinary game of tag with one person being 'It' and having to chase the others. And, as usual, when It catches or tags someone, that person then becomes the catcher.

However, there is another feature in this game. When the leader calls out the name of an animal all the girls have to behave as it would. So, if the word is 'Rabbits', everyone has to get down and hop around. If it is 'Giraffes', everyone has to walk on tiptoe with necks stretched up as far as they can. Gulls would have to swoop and soar on wide-spread wings and so on. The leader can change the animal whenever she wishes. From time to time, you could let the girls make the choices.

## Draw me

Each girl needs paper and crayons. Prepare slips of paper, each with the name of an animal printed on it. Each girl pulls a slip out of a hat and keeps it to herself. She then draws the animal on paper with the crayons.

When everyone is ready, the girls exhibit their pictures and the others guess what they have drawn.

In a more complex version of this game, the girls have to draw an animal doing something — for example: a zebra pulling a cart; a giraffe dancing; a snake wearing a hat...

## Next month

With the summer holidays approaching, our theme in June will be adventure.



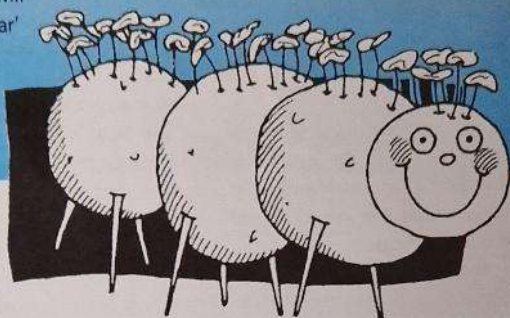
## Brown to green

You will need:

- three or four small potatoes
- mustard and cress seeds
- cocktail sticks

**M**ake small holes with a cocktail stick in the tops and sides of each potato and push the seeds into the holes. Join the potatoes together with cocktail sticks and use sticks for the legs.

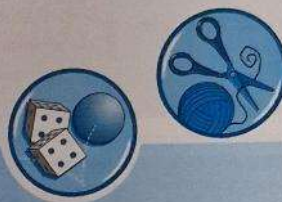
The water in the potatoes will eventually make the 'caterpillar' change from brown to green in a few days as the seeds gradually start to grow on its back.



## theme evening

We focus on caterpillars for this month's theme evening and provide you with three craft ideas to make and three caterpillar games to play

By Pauline Wainwright  
Illustrations: Sophie Harding



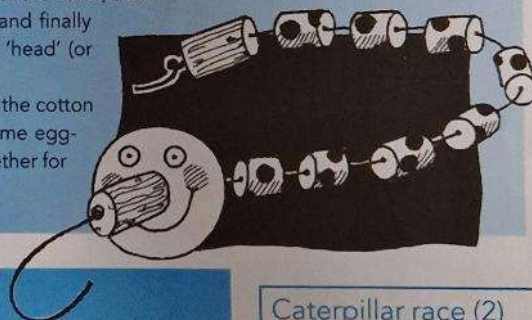
### Cotton reel caterpillar

You will need:

- eight to ten cotton reels
- two small corks
- a long piece of string
- a ping-pong ball
- green and yellow paint (if the cotton reels are plastic, you will need acrylic paint)

**P**aint the cotton reels, corks and ball green, and decorate them with yellow spots or stripes. Make holes through the corks and pierce the ball carefully on both sides. Tie a knot in the string and thread it through one of the corks, then through all the cotton reels, the ball and finally the other cork. Stick two eyes on the 'head' (or use sticky labels).

You could also use corks instead of the cotton reels for this. Or try making it with some egg-carton cups, using two cups stuck together for each segment.



### Caterpillar race (1)

**E**ach Patrol makes a caterpillar by sitting down in a line, with their legs wrapped round the person in front and putting their hands out on either side to form the legs. Mark a start and finishing line. On a given signal, the caterpillar starts to move forward. The line must reconnect if it breaks.

### Walking caterpillar

You will need:

- Stiff card
- paints or felt-tipped pens
- at least five brass paper fasteners

**C**ut out a long caterpillar shape and five or more 'feet wheels' (see diagram). Paint or colour in one side of the caterpillar shape and wheels. Punch small holes through every segment and through the middle of the wheels, then loosely fasten the wheels in place with the paper fasteners. The caterpillar can then be pushed or pulled, and the feet should walk!

A furry caterpillar can be made by sticking fur fabric on to the card instead of colouring it — in which case the wheels should be coloured to match the fur.



### Caterpillar race (2)

**E**veryone in the Patrol gets in a line on their hands and knees and links up by holding the ankles of the person in front. Try a straight race, then set up an obstacle course to go under, over or round.

### Caterpillar words

**C**hallenge all the Patrols to make as many words from 'caterpillar' as they can in five minutes. Give extra points for words that no one else has thought of.

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# out and about

If you're looking for a really colourful day out for your unit, take a trip to the Ellesmere Port Boat Museum and discover a unique collection of waterways history combined with a living exhibition of boat restoration and canal-boat life

Words and photos by  
Gillian Ellis

The museum is on the Mersey estuary at the gateway to the Wirral peninsula in Cheshire. It is open from 10am-5pm daily from April-October. During the winter months, it is open from 11am-4pm from Saturday to Wednesday.

Group visits are encouraged with an entrance fee of £2.70 per child (adults £4). There are special work projects available, and a guided tour can be provided at an extra £11 per 20 people — which is the minimum group requirement, unless you are booking an activity session.

The museum is set within a 7.5-acre historic dock complex, where the Shropshire Union Canal meets the famous Manchester Ship Canal, which turns the inland city of Manchester into a thriving port.

However, the resemblance of the Ellesmere Port stretch of the canal to its Manchester end is slight. Visitors look out

over a peaceful, rural waterway. There is sometimes an ocean-going vessel passing majestically up the canal, but often there is very little shipping in view.

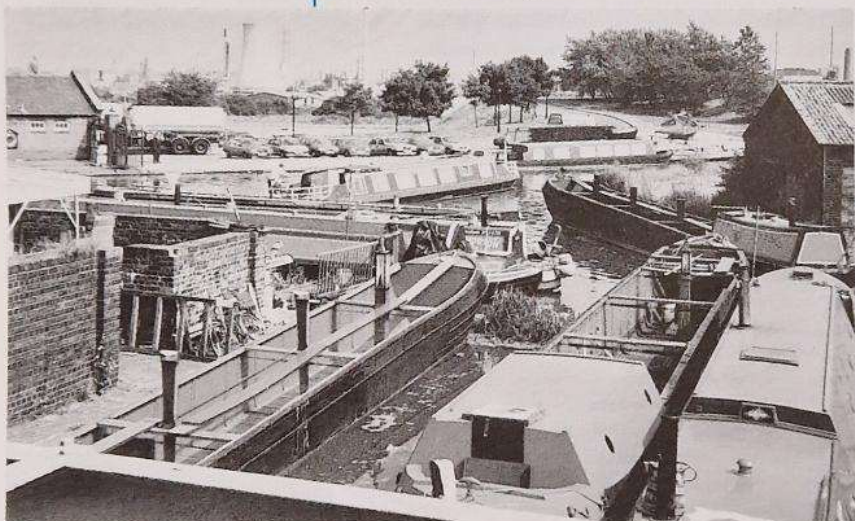
The Boat Museum has gone from strength to strength in its 20-year history. The first working party gathered in Ellesmere Port in 1974 and work started on restoring the toll-house the following year.

By 1976, the museum, which is staffed by volunteers, was open to the public at weekends. Two years later, it was open all week in summer.

The Boat Museum Trust was formed in 1981. Since then, restoration work has never ceased, and the museum continues to grow with the enthusiastic help of many volunteers in many capacities.

It has won several prestigious awards, including Best Industrial Museum, the British Travel Association's Come to Britain trophy and the Sandford Award for Heritage Education, and has been chosen as the Council of Europe's Museum of Europe. It has also been highly commended in the English Tourist Board's tourism awards.

The Ellesmere Port Boat Museum contains the world's largest floating collection of canal craft



## See the canal craftspeople at work

The largest floating collection of canal craft in the world is at Ellesmere Port. It includes barges, narrow boats, tugs and small coastal boats and many of them welcome visitors on board. *Bigmere*, a 100-ton barge which was formerly used to carry maize to the Kellogg's cereal factory, houses an exhibition about the Bridgewater canal, which navigates the Mersey and Irwell rivers and other waterways serving Manchester.

Guides and Brownies will love the narrow boats, where they can peep inside the family cabins and see the way the owners' families lived. Guiders will marvel that large families were brought up in a space smaller than many modern bathrooms, with every inch being put to good use.

In the Island Warehouse there is a display describing how canals were built, how the boat people lived and what cargoes they carried. And a 'hands on' area will appeal to young people.

In the Old Stables you can watch a video showing the development of canals and the museum. The life of the

horses who pulled the canal boats along is described in the *Horse on the Cut* exhibition.

Adults will enjoy the toll-house, pump house, power hall and pattern shop, all offering excellent exhibitions, although children may prefer the delightful Porters Row. Here, four terraced cottages have been furnished to reflect the lifestyles of the 1840s, 1900s, 1930s and 1950s, with furniture and artefacts from each period.

The museum prides itself on keeping traditional crafts alive. Craftspeople are at work most of the time at the museum so you may see one of them demonstrating his or her skills, such as the village blacksmith at his anvil. In addition, there are frequently boat builders and painters hard at work around the museum.



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## Trips and activity sessions

A highlight of the visit, at an extra charge, is a trip along the Shropshire Union Canal in Centaur, a purpose-built passenger boat. Passengers pass through Ellesmere Port's lock system and travel part of the 200-year-old passenger route between Chester and Liverpool.

There's an excellent live commentary, and you can choose from three trips: a one-hour cruise at £1.80 for children (adults £2.30); a 40-minute cruise at £1.50 (adults £2); and a half-hour cruise, omitting the lock system, at £1.20 (adults £1.70).

Groups of between 15 and 30 people can also book special activity sessions, each lasting 90 minutes. In the narrow-boat decoration workshop, groups make and paint typical canal objects, and display the results of their labours in a replica narrow-boat cabin.

Roses and Castles offers a more detailed training in traditional canal art. The cost per person for one session is £6, including access to the rest of the museum.

There's a very relaxed feel everywhere you go — it's not a place for hurrying. Gather by the locks to watch the boats go through. As long as strict safety precautions are observed, most lock operators — usually volunteers from local waterways societies — will let the girls help to push the lock gates open and shut. A little extra muscle is always appreciated.



The museum allows children to open and shut the gates on Ellesmere Port's lock system

Visitors can peep inside the cabins of traditional narrow boats and see how 'boat' families lived

Groups can take part in special activity sessions providing training in traditional canal art



## Eating and shopping

And if the weather is fine, you can eat lunch at picnic tables on the lawns or make use of the museum's picnic room. There are two cafes: one serves hot and cold meals, snacks, sandwiches and drinks; while the other, open at peak times, offers cold refreshments only. Book the picnic room or cafe accommodation in advance.

Guides and Brownies will, as always, head eagerly for the on-site shop. There's plenty within their price range at Ellesmere Port. But, if anyone is yearning to take home a genuine *Roses and Castles* water can or bucket, be prepared to dig deep into your purse — the price reflects the artistry which has gone into their making.

The length of your visit can be varied according to the amount of time and cash available. If necessary, you can see the main displays in half a day, even including a boat trip. But it would be a pity to rush a visit to such an interesting place.

There's plenty at the museum for a full day's outing, even if it's raining. One activity session, plus the 30-minute cruise, a picnic lunch, a look round all the exhibitions and taking time out to watch the locks being operated, would be a really good £7.20's worth. Although it is possible to organise cheaper excursions.

Whatever option you choose, you may be sure of a really fascinating day out.



● The Ellesmere Port Boat Museum is on South Pier Road, Ellesmere Port, South Wirral L65 4FW. Tel: 0151 355 5017

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# brownie guiders

Most Brownies love animals, especially domestic pets, so they'll love trying out these animal activities in your meetings this month

By Rachel Pennells  
Illustrations: Kate Wells

## Name that picture

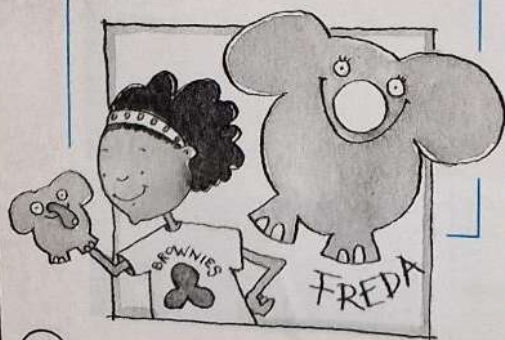
Cut out pictures of animals and birds from children's books bought at charity shops or jumble sales. Mount each on a card, then make another pack of cards, each giving the name of one of the animals. You can invent any number of simple games using these cards: relay races; matching up the pairs; finding partners holding corresponding pairs of cards; and many others.

## Animal acts

Provide each Six with a copy of one of Aesop's fables and a box of dressing-up clothes. The Sixes mime the fable or invent dialogue, if they wish. As most of the stories feature only two creatures, tell the Sixes to be inventive and introduce new characters, but to keep the story-line true to the original.

## Freda the Promise elephant

Enlarge and copy our trunkless Freda on to thin card, one for each Brownie, making the trunk hole a suitable size for a small forefinger. The Brownies colour Freda pink, cut her out and provide her with a wiggly trunk. You could stage an elephant parade across a large table, perhaps picking up 'logs' along the way.

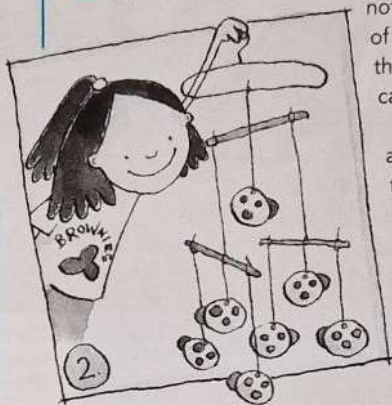


## Mobile menagerie

You will need:

plastic drinking straws, wire coat-hangers, animal picture books and greetings cards, pencils, scissors, needles and thread, thin card and glue (optional).

Each Brownie chooses one animal type and cuts out seven pictures of her chosen animal, approximately the same size. If the girls do



not want the backs of the pictures to show, they can paste them on to thin plain card — the backs of greetings cards are ideal.

Thread cotton through the centre of each picture and attach it to the straws and coat-hanger as shown. Then tie short straws to a long one. It's best to work in pairs, as one girl needs to hold the coat-hanger while the other balances the mobile by moving the threads a little way along the straws. Try to find a way of hanging up your menagerie to display it to the parents when they come to collect the girls.



## Family groups

Write the following words on large sheets of paper and pin them at intervals around the room: insect, fish, amphibian, reptile, bird, mammal. Discuss each group with the Pack before playing this game.

The leader calls out the name of one creature at a time, making sure to include some from each group. The Brownies must run to the appropriate group sign. You could hold up pictures instead, if you have enough of each type.

## Zoo cages

Players form two equal teams seated in separate circles — the cages. In each circle there is one tiger, one lion, one monkey and so on. Each circle must contain the same animals, with one Brownie, the cheetah, sitting in the centre.

The leader calls out, for example: 'Change cages... giraffes!' The two giraffes must try to change places with each other, at the same time as the cheetahs try to steal their places in the opposite circle. Whoever fails to get a place becomes a cheetah in the centre of the circle. Those who sit in the giraffes' places become giraffes. Make sure each pair of animals has the same number of turns.

## Animal family race

Write each of these words on a red card: dog, boar, buck, bull, ram, cock, stallion, billy.

Write each of these words on a yellow card: bitch, sow, doe, cow, ewe, hen, mare, nanny.

Write each of these words on a blue card: pup, piglet, fawn, calf, lamb, chicken, foal, kid.

Discuss the various animal families until all the Brownies are familiar with the names. Shuffle the cards and hand one to each Brownie. On a given signal, everyone tries to find her 'family' of three. You could play a simple game in threes before distributing the animal cards for another turn.

## Who am I?

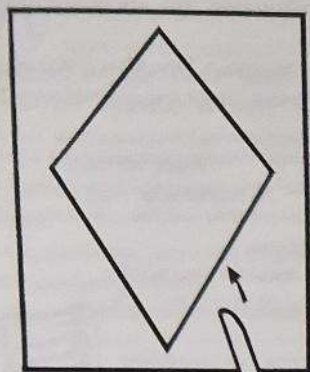
Brownies line up in Sixes at one end of the room, with an adult leader opposite each Six at the other end. One of the leaders clearly describes a bird or animal — for instance: 'I am a wild animal, a little like a horse, and have black and white stripes. Who am I?'

The first Brownie from each Six runs to her adult leader and gives the answer 'zebra'. The first runner to give the correct answer receives two tokens and every other runner who answers correctly receives one token. Those Brownies go to the back of their teams and new Brownies run with the next answer. The Six with the most tokens at the end wins.



## High-flying kites for all

**1** Make a template for your kite out of newspaper — a large square or diamond shape will fly well. The shape needs to have a wing-span of at least 50cm. If you are making a square, use the set square to check that the corners are accurate.

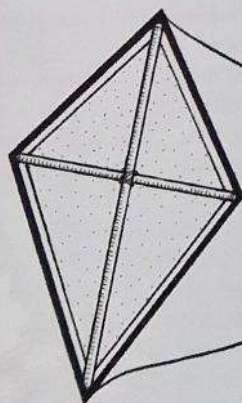


**2** Cut out the newspaper template and, using the felt-tipped pen, draw around it on the kite material. Now cut out the kite sail carefully.

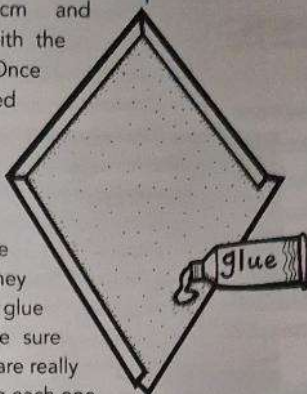


**3** If you want to decorate your kite, cut out shapes from the coloured paper and stick them on to the sail using the strong glue. You could make a range of designs, such as squiggles or two big eyes that will look down on you when the kite is flying.

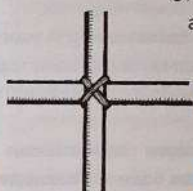
**8** Attach the flying line to the middle of the piece of string. Your kite is now ready to fly.



**4** Fold the edges of the sail over to the wrong side by about 1cm and secure them with the strong glue. Once you have added the glue, hold each edge down for a few seconds — this will make sure that they stick. Once the glue has dried make sure that the edges are really secure by giving each one a tug. Re-stitch any that come apart.

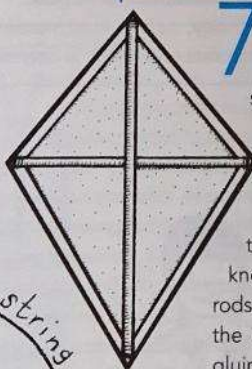


**5** You now need to cut the dowelling or cane to fit diagonally across the sail. It may be best to ask an adult to do this. You need two lengths, one for the vertical and one for the horizontal. Once they are cut to size, glue and sew the rods in place at each end.



**6** Using the nylon thread, bind the two kite rods in the middle where they cross each other.

**7** Measure the height of the kite and cut a piece of string about  $1\frac{1}{2}$  times this length. Attach the string to the rods at the top and bottom of the kite. It is best to knot the string to the rods, then make sure that the string is secure by gluing it in position.



## crafty ideas

It's great fun to fly a kite on a windy day, here are some easy-to-follow instructions on how to make your own

By Sue Wilkinson  
Illustrations: Anthea Whitworth

### Choosing the right materials

**T**he frame of the kite needs to be light. Both cane, which can be bought at garden centres, and thin dowelling rods, available in most hardware stores, will make good frames.

They will need to be cut to fit the kite, and this ought not to be done by a youngster working unsupervised. The kite fabric also needs to be of a very light material — plastic bin-liners work wonderfully.

#### You will need:

- material for the kite — a white bin-liner is perfect
- cane or thin dowelling rods
- a small saw to cut the cane or dowelling
- a ruler
- a newspaper
- a set square
- a pencil
- a felt-tipped pen
- scissors
- coloured paper
- strong glue
- nylon thread
- a needle
- string
- flying line.

### Top tip

**Y**ou could decorate the kite with car spray paints. When working with spray paints always work outside or with the windows open.



# guide guiders

This month's activity ideas have travel and entertainment themes, allowing your unit to have a 'day out' without actually going away

By Amanda Medler  
Illustrations: Michelle Draycott

## Around the world in 20 minutes

**M**ake a series of five cards for each Patrol, with each card giving an airport code, a flight number, and a question relating to the city or country served by the airport. For example: 'BRU157 — this city is famous for sprouts'. These cards should be spread around the hall.

Lots of airport codes can be obtained from a travel agent, but you could begin with LHR (London Heathrow), GEN (Geneva, Switzerland), MEL (Melbourne, Australia), ROM (Rome, Italy), CDG (Charles de Gaulle, Paris) and LUS (Lusaka, Zambia).

A second set of cards is needed, identical to the first but without the question. Following our first example, the card in this set would say BRU157.

Each Patrol is given the first flight card — BRU157 — and looks around the hall to find its question card. The Patrol returns to the person organising the game with the answer to the question (Brussels) and gets a second flight. This is then repeated until the Patrol has made all its flights.

## A night at the awards

**P**opular television programmes, the cinema and advertising provide many opportunities for Guide activities. For example:

- Have your very own awards night, with one Guide competing the evening. The Guides have to vote for their favourite soap, the best actress, the best story-line and the best signature tune. Awards could also be given for the best advert, best slogan and so on. Alternatively, each Patrol could make up an advert for The Guide Association.



## Send them on a skiing trip

**T**his activity is designed for a Patrol. It can be developed in many ways and gives Guides the chance to decipher codes, go skiing and end up with a chocolate fondue! You can add in activities that are appropriate to your meeting place and take out those that are not.

The story begins something like this:

You are on a coach on the way to a holiday in sunny Italy. You have a bikini, shorts and T-shirts with you but not much else. Unfortunately the coach has broken down at the top of a mountain in Switzerland. You are going to have a skiing holiday instead!

First of all, it is very cold at the top of this mountain. See what clothing you can find and make sure that each member of your group has at least one item of clothing.

The first part of the game relies on the leader having hidden various articles of warm clothing around the meeting place. She also has to have made up some codes. Each piece of clothing found must be worn by one Patrol member and the next code given, until there is a skier in the Patrol. Examples of codes are:

- You will find the first article of clothing *ni het letoti* (in the toilet)

- There is another article of clothing: 2 25...20 8 5...3 1 13 16...19 20 15 18 5 (by the camp store)

- Someone else has spotted some clothing *rena teh puacrdbo* (near the cupboard)

- And there is another article of clothing (insert in here a picture of a chair with an arrow pointing under it)

You have now got all the ski gear, and need to get down this steep mountainside in time to get something to eat.

Simulate cross-country skiing in your meeting place by providing equipment such as long planks, rope, poles and gadget wood for ski poles. You could try getting the Patrol roped together and skiing down the mountain on one set of skis (planks).

You are now down the mountain and have made it to a small Swiss restaurant where you can have a chocolate fondue. Prepare your meal, then enjoy it!

- Warm  $\frac{1}{8}$  of a litre of cream in a saucepan. Do not boil.
- Break 200g of chocolate into pieces and add it to the cream.
- Stir until melted.
- Add one tablespoonful of milk.

Various things, such as fruit, marshmallows and sponge fingers, can then be dipped into the chocolate and eaten. A normal fork or barbecue sticks can be used for dipping.



## Dress up for a beach party

**H**ere's a chance to let your hair down. Encourage the Guides to come in Hawaii shorts, sun-glasses and so on.

- Play volleyball — an inter-Patrol competition perhaps.
- Have a barbecue — the instant variety makes a good Patrol activity and involves minimal mess.
- If you have a slope, pin a groundsheet down on it and cover it in washing-up liquid and water. Barefoot Guides should now be able to go sliding on this 'beach'!





**H**aving read an article in *GUIDING* about the problems of keeping the girls in Guiding, I realised I am one of a rare breed — a Guider whose Company is on the increase!

It made me wonder if any Guiders might like to hear some of the ideas which boosted a Company of ten — and falling — into a healthy one of 20 girls.

### Raise your profile

**W**e tried to adopt a higher profile in a variety of ways, you might like to try some of them:

- Attend any parades in force.
- Visit the Brownies with an activity (perhaps the Guides might put on a play for them).
- Deliver your newsletter in person.
- Go swimming with the Brownies while on Pack Holiday.
- Have Guides help at Brownies.



Try visiting the Brownies with an activity

### Find the problem

**Y**ou should firstly try to locate the problem. Ours was image, with a resulting exodus to the Scouts.

Many Brownies had the idea that, while Guides are busy with their boring old friendship bracelets, the Scouts are out there abseiling, rock-climbing and generally having a lot of wholesome fun.

Judging by our experiences you will need to:

- Publicise your activities.
- Get known and be seen to be doing good things.
- Work on keeping the girls happy.

### Tactical manoeuvres

**M**oving the time and place of our meetings so that we follow on from one of the Brownie Pack meetings worked for us. Give it a try.

We also held a joint Christmas party for both the Brownie Packs and our unit, which my Young Leader organised as part of her training.

Another way in is to help with reading in the appropriate class (year five) at the local junior school, and become a familiar face to all those potential Guides.

### Publicity pays off

**W**hen faced with the need to publicise our activities we adopted a multi-pronged approach, we:

- Introduced a newsletter, in which the Brownies are told every term what our forthcoming activities will be and of any successes we have had. (We have won a local outdoor cooking competition, for example.)
- Put up posters around the village.
- Invited the older Brownies on some of our outings.
- Shared our successes or news by

sending an article to the local newspaper or radio stations (or even *GUIDING* — wouldn't you like your unit to feature in *Guiding in Action*, for example).

- Talked about ourselves. Occasionally, some of the Guides visit Brownie meetings and talk to the girls about a Guide activity.
- Kept a pictorial record to show round. We used to take our unit scrapbook to show the Brownies.

## try this

Faced with a shrinking Guide section, we've got some tips for keeping girls in Guiding, based on the experiences of a Hampshire Guider

By Hazel Lockhart

### Try it and see

**P**robably most of our success is down to our 'try-it-and-see' scheme. We invite any undecided girls to come to Guides for a few weeks — say, half a term — just paying their 75p a week subs. Many of them try Scouts as well. So far, all the girls who took part have joined Guides! And, of course, when A and C have decided to become Guides, then, naturally, B will want to be with her friends too.

To help a new Guide settle in, you could plan not to work in Patrols and invite a guest speaker in instead

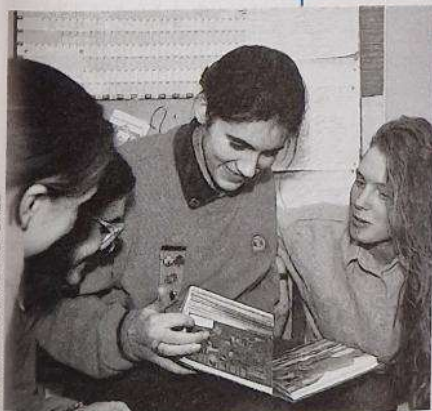


ESTHER ULRICH

### Keep the girls happy

**L**ike the writer of the original article, I believe that new members are happier with a friend, and I let them choose their Patrol as far as possible. We also plan not to work in Patrols for a week or two — and maybe have a guest speaker come in. Last year, for instance, we had a visit from a bat enthusiast, who brought his bat for the girls to handle.

In my Company, we give every girl — not just the Patrol Leaders — the chance to put forward suggestions for future activities, which are then voted on.



Keep a pictorial record of all your activities and take it to show Brownies



# ranger guiders

Dip into the *Look Wider* File for programme ideas for your Unit, ideas and activities to help with Octant Certificates or personal challenges for individual Rangers

By Barbara O'Donnell  
Illustrations: Martina Farrow

## Explore the world of herbs

Herbs have been used since the days of the Romans, who carried them as portable first-aid kits. When the Romans invaded Britain they brought their herbs with them, and so naturalised many plants, such as rosemary, sage and thyme, that had previously only been grown around the Mediterranean. From the Middle Ages, herbals – manuals listing the names of plants and what they could be used for – were widely used.

Look at page six of the Out of Door octant which describes how to make a herb tower. Deciding on which herbs to plant in the tower will depend on what you want to do with the herbs when they are grown!

Herbs such as dill, basil, thyme, sage, marjoram, chives or chervil belong to the family of culinary herbs and can lead to trying out all sorts of exciting recipes. Have you ever made salmon and dill mousse or courgette pâté, both of which make use of fresh herbs?

Herbs don't only belong in the kitchen. Many, when pressed, can be used to make greetings cards or tags, dried pictures, decorative wreaths and herbal pot-pourris. Go to your local library and borrow a book on herbs – you'll be surprised at what you find.

## The message of the media

The Personal Values octant covers a wide spectrum of issues. Why not set aside an evening and look at some of the issues that are featuring in the media at the present time?

Buy a few different daily newspapers and look at reports on particular issues. Try to distinguish whether or not there is any bias in the reporting of the issues. Discuss the topic to discover what the various members of the Unit think and feel. This can become very emotive and care should be taken to establish a set of ground rules before the discussion.

Alternatively, look at a few of the current magazines aimed at young people. Do the Rangers think that their contents are appropriate for their intended age range? Are the articles setting out values which match those of the society in which we live? What changes, if any, would the Rangers make if they were editors.



## Leaning towards leadership

Leadership does not necessarily mean taking a Leadership Certificate, either in or outside the Association. Being able to take the lead is a valuable asset which can be used in all aspects of everyday life.

Look at leadership styles on page two of the Leadership octant. Which category of leadership is most prevalent in your own Unit? Or try out the disaster debate on the same page.

Plan an overnight expedition or an adventure day which makes use of survival skills such as building a shelter and cooking food with limited utensils. Afterwards, assess what leadership skills were employed during the expedition or day. Remember to check *The Guiding Manual* to ensure that the group sticks to all the safety regulations and guidelines which have been laid down.

## Spring forward towards fitness

Maybe the girls put on a few extra pounds during the winter. If they did, take the opportunity to have another browse through the Sport and Fit for Life octant.

Tone up your body from top to toe. Take care of your teeth and figure by going without sweets for a period of time – say a month! Walk a little further everyday, either by getting off the bus one stop earlier or using the lift instead of the stairs. Go to bed early for a week and discover the difference – if any – that it makes.

The more energetic could take up a new sport such as cross-country running or hillwalking. Sustained physical effort, like skipping every day or joining in an aerobics class, will have some very surprising results.

Perhaps a little pampering is required. Ask around your local community and discover who would be willing to visit the Unit to demonstrate aromatherapy or reflexology. Visit a local sauna or Turkish bath. Yoga or meditation tone up the mind as well as the body – why not organise someone to talk about the techniques and try them out?

Seize the initiative and discuss, perhaps for the second or third time, the peer pressure that is involved in the drug and alcohol scene. Alternatively, invite a counsellor or speaker along to present the up-to-date facts and addresses of organisations who work in this field are contained at the end of the Sport and Fit for Life octant.



## About me

### MAKING IT COUNT — ME Me as a Person/page 6

Use the 'How I am Checklist' (page 20 of Making It Count).

Just for fun, fill it in for yourself. Be honest — you don't have to share your answers with anyone! If you have marked anything with four or five, you could set yourself a personal challenge to improve.

■ Octant — Personal Values

## Top of the pops

### MAKING IT COUNT — ME Fit for Life/page 8

Devise a safe fitness routine which can be performed to a popular song. Then teach the routine to a group.

■ Octant suggestions —  
Sport and Fit For Life/  
Independent Living/  
Creativity

## Sharing skills

### MAKING IT COUNT ME AS A LEADER — Communication/page 10

Everyone has different skills. Challenge all those at the meeting to teach or demonstrate a skill using only equipment which is readily to hand.

## Your rights

### MAKING IT COUNT — ME Choices/page 8

Make up a quiz to see if you know the minimum legal age for various legal rights and responsibilities.

The answers can be found on pages 8-9 of the Look Wider File — Service in the Community.

Did any of the answers surprise you at all?

■ Octant suggestions — Service in the Community/  
Independent Living



Although many Young Leaders will choose to follow activities from Making It Count and the Guide Association Leadership Scheme, the flexibility of Look Wider means that these activities could fit into the Discovery Phase or other parts of the programme. The suggested Octants are, of course, only ideas.

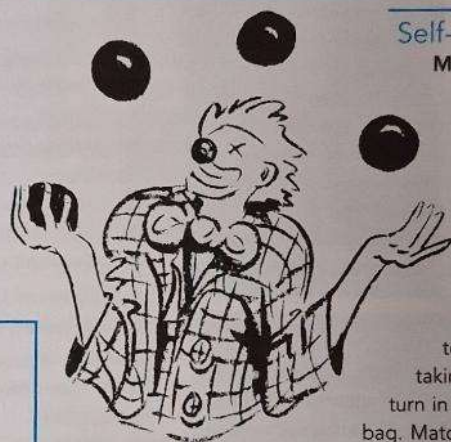
## Safety first

### ME AS A LEADER

#### First Aid and Safety/page 12

Think of some situations which could occur during a normal meeting and discuss how to cope with them. For example:

- An unexpected visitor arrives.
- There is a power cut and all the lights go out.
- Two or three of the girls have finished an activity before the others and are getting bored.



## Self-challenge/being creative

### MAKING IT COUNT

#### ME AS A LEADER IN GUIDING

##### ME — Me As A Person

Try juggling and make your own juggling equipment. Juggling balls and bags filled with rice, bird seed, dried beans or corn are best to start with.

To make juggling bags, cut three pieces of material 11.5cm x 21.5cm. Fold one piece in half with its right sides together to form a square. Sew up the sides taking 1.5cm seams. Turn the right side out and turn in 2.2cm material along the open edge of the bag. Match the two seams together and sew halfway across the top. Fill the bag, sew up the gap and fasten it off securely. Make the other bags in the same fashion.

Balls can be made using old tights. Pour approximately 120g rice into the toe of one leg. Twist the tights to enclose the rice and make a ball. Turn the leg inside out, so that the ball of rice is inside. Twist, and repeat several times, keeping a good round shape. Tie off securely and cut off the excess.

■ Octant suggestion — Creativity

## Guide Association Leadership Scheme Stage 1/clause 4

Make a list of skills and attributes which might be needed as an adult leader. Write each one on a piece of paper or card. In groups, try to place them in order of importance, then compare results.

Here are some to start you off:

■ friendliness; adaptability; honesty; trustworthiness; fair-mindedness; understanding; common sense; tolerance; efficiency; punctuality; smartness; diplomacy; sense of humour; patience; availability; tact; ability to listen; knowledge of Guiding; Guiding technique; planning skills; public relations skills; administration skills; a car; a telephone; and commitment to Guiding aims and principles.

Add any others which may be appropriate.

# young leader guiders

Here are a selection of ideas based on the leadership schemes which could be tried at a Young Leader meeting, and which could also fit other phases of different octants

By Sheena Booth  
Illustrations: Fran Whiteside  
and Liz Pichon

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# competent approach

1996 is the Year of Lifelong Learning and an appropriate time for the Association to move towards a competence-based approach to its adult qualifications

By Margaret Thorpe and Jennie Lamb

## Setting the record straight

Competence-based learning is not new to Guiding. Brownies and Guides have always had to prove their competence when taking Interest badges, and adults are required to prove their competence for outdoor qualifications. For instance, if you wish to gain a Pack Holiday Licence you do this by proving you can run a Pack Holiday.

## Taking our time

Things are not going to change overnight. Each qualification will be rewritten when it comes up for review in the normal way. Each updated scheme will be piloted and tested. As it takes time to gain qualifications, changes are not imminent. The first qualification to be piloted this year is the Training Licence.

This qualification has been competence-based for some time, but there are now national standards available for Trainers. Those taking part in this pilot scheme are testing out these national requirements to see if they are appropriate for our Trainers.

The pilot scheme will run throughout 1996, and the results will then be written up, recommendations made and materials produced. The time needed to pilot each scheme and implement any changes is two to three years.

## Awards waiting

For the last two years the Association has been pilot testing the Royal Society of Arts (RSA) Advanced Diploma in the Organisation of Community Groups. About 30 assessors are working on it – mostly with District Commissioners – and six of our candidates have already gained the Award.

This year the Association will evaluate the project and consider if it is possible to make this opportunity available throughout the UK.

The qualification, which was written specifically for the voluntary sector, is available through colleges and other community organisations. It is competence-based and fits the role of our Commissioners, and by using our own members as assessors we have been able to offer this opportunity at considerably less cost than other agencies. Those who volunteer as assessors also benefit through gaining an Assessor Award.

## What about the Unit Guider?

A review of the Leadership Scheme is to take place and a competence-based scheme pilot tested in 1997. We also hope to test some external qualifications.

A small group from Guides Cymru is trying a Welsh award for volunteer youth workers and the RSA Examinations Board has asked the Association to find a group to test their new award for part-time and volunteer youth leaders.

We may also run a pilot to look at the Playwork Awards, as these may be closer to the role of Rainbow and Brownie Guiders. And we'd like to hear from anyone who has been involved with these awards through their work or other interests. Write to Guiding Services at CHQ.

## Gaining recognition

The Association is seeking accreditation from external organisations and recognised leading bodies. This will help Guiders to demonstrate that their skills are transferable, both to other voluntary work and to the work place, and to use their voluntary work to gain external qualifications.

## What are the benefits?

The new approach will have many benefits for members and the Association.

1 Guiders will have their achievements recognised and there will be a consistency of approach, with a fairer, reliable assessment across the UK.

2 Those being assessed will know what they are required to do and on what they are being assessed.

3 Various methods of assessment will be available:

- observation
- records
- photographs
- statements from others
- questioning.

4 Guiders will be able to measure their progress and to choose trainings to meet identified needs.

5 Where a number of competences are common to more than one qualification Guiders will not have to repeat them.

## Try it and see

Our involvement in all these external qualifications is experimental, and, as they are all competence-based, our experiences will help to inform the group who will go on to rewrite the Leadership Scheme.

The Association is currently working towards qualifications which:

- Give a very clear indication of what the candidate has to achieve.
- Provide a system of assessment which is unified throughout the UK.
- Recognise prior achievement.
- Allow individuals to develop at their own pace.
- Can be recognised by people outside of Guiding.

The progress may seem to be very slow but each updated licence/certificate must be properly tested before it is agreed.

And we hope that many readers will get the opportunity to take part in one of these projects.



## Crime crackers

Most Brownies and Guides will have come across chromatography and fingerprinting and their use in solving crime. They can try out simple versions in a wide-game situation or just for fun.

You will need:

- white powder (talc or cornflour)
- clear cellulose adhesive tape
- black paper.

1 Put fingertip in white powder. Shake off excess. Press finger on to cellulose tape and peel off tape.

2 Stick tape on to black paper to show up the print.

Every fingerprint is made up of combinations of loops, whorls and ridges, with splits and cusps. A magnifying glass could be useful to compare prints.

A greasy print on a hard surface can be dusted and recorded in the same way. This could be used as 'evidence' in an incident, with prints of suspects available.



## Getting started

Science activities work best when they are presented in a way that is obviously different from school. Some kind of story-line or a straight challenge both work well. The ideas outlined here should start you off.

## But where do they fit in?

You may be surprised to find out just how relevant these ideas are to the programme:

- They relate to everyday life.
- They encourage youngsters to work methodically.
- They involve co-operation and group work.
- They allow individual progress.

## simply science

Science activities have always been part of the Guide programme but many are so familiar that they are hardly recognised as 'science'

By Alison Mitchell and Hilary Jenkins  
Illustrations: Helen Stephens

## The culprit left behind...

Most of the best detective stories rely on a villain being caught by the shoe print he leaves behind at the scene of the crime.

The girls will enjoy playing detective using plaster of Paris to make casts of various people's shoe prints. We suggest making a cast of only part of a shoe print, as it uses less material and is not so fragile as a whole print. Damp sand or clay (mud) give a good impression. Snow does not work well as plaster of Paris gives out heat as it sets.



## Is black ink really black?

This method of testing is really entering the realm of forensic science, although measurements and calculations would be used rather than visual comparisons.

You will need:

- white blotting-paper or coffee filter-paper (paper towels or kitchen roll don't work so well)
- various black pens with water-soluble inks
- a shallow dish
- water
- scissors

1 Cut the paper into strips about 10cm x 3cm. You will need one strip for each pen.

2 Put a small blob of ink on each strip. It should be about 5mm across and 2cm from the bottom of the strip.

3 Put a little cold water in the shallow dish. Remember to make sure the water is less than 1cm deep.

4 Hold the strip so that the bottom edge just dips into the water, with the ink blob above the water level. Watch what happens.

5 Try out the other pens in the same way. You will find that they contain different types of ink.



The colours travel with the water but not all at the same speed. If the ink is made up of one colour, the blob will stay black but spread up the paper. If the ink is made of several colours, the different colours can be seen as they spread out. If the blob does not move at all, it is not a water-soluble ink. To carry out chromatography would require more hazardous solvents and is not appropriate at this level.

The strips – chromatograms – can be used as references in a problem-solving activity. Pieces of a 'ransom note' written with one of the chosen pens can be dipped in water and the pattern of colours compared. Use pieces about 10cm x 3cm with the writing at one end only. It should be possible to decide which pen was used to write the note.

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# commissioners

Just what are the 14-26 age group looking for from Look Wider? Here we offer Division Commissioners some hints

By Kate Roberts  
Illustrations: Tim Archbold

## A host of chances

**D**ivision Commissioners can help make Look Wider a reality for the older girls in their area by providing them with opportunities to:

- Enjoy activities and ideas with friends.
- Be encouraged into new experiences.
- Learn new skills and rehearse some of the opportunities of adulthood.
- Contribute their own skills to an unsuspecting but appreciative audience.
- Be idealistic and change the world!
- Fail and still be valued and accepted.

## What should a DC do?

**T**here are no right answers. Something which worked last year might not work next year, and vice versa. Just keep the vision in view: to make Look Wider work for those in your Division for whom it is designed.

## Who can become involved?

**T**here is a wide range of young people who will enjoy and benefit from Look Wider. A candidate might be:

- The Guider who is running a unit or her assistant.
- A Unit Helper, perhaps a mother of a Rainbow Guide.
- A Young Leader or Lone Ranger Guide living in a very rural community.
- A Young Leader, Ranger or member of an Action Plus Group trying to satisfy everyone's demands upon her.
- A young woman under the age of 26 undertaking any one of the numerous tasks which make Guiding a large, efficient voluntary organisation.

## Going it alone

**Y**ou will find that individuals working alone are sometimes the most motivated. To succeed they need:

- Access to the Look Wider File. Is there one in each unit, group or District? Have new groups been formed since publication? Are you a new Commissioner? Who do you know who has access to a file? What about the expense?
- Information. Do all members in the 14-26 age group get information which might encourage them to take up opportunities, not just within Guiding? Do you assume no one will be interested?

There are lots of opportunities on offer but the information often arrives late or at an inconvenient time. Do you make an effort to circulate it to individuals who might also be interested?

- A chance to meet the Look Wider Team and/or support group. You may have to offer an incentive such as a meal or a sleepover, where talking late into the night is a possibility. But don't forget that some people work at weekends.
- Support and encouragement at a personal level. If you have a large or scattered Division, you may need some help. People like to feel they are valued, so a telephone call or a visit to the group or a girl's unit might make an individual agree to something which she might otherwise have found too daunting.



## Working with groups

**W**orking with groups can sometimes prove to be the most difficult. Groups need to be:

- Remembered — don't just assume they are all right and know everything. Groups are made up of individuals, all at different stages, with different skills and aspirations. Everyone wants to be valued by you.
- Used — ask them to plan and organise an event or activity for others. And also offer to help as your organisational skills might be just what they need at the moment to get their planning skills up to scratch.
- Funded — the most active small groups find that the cost of an attractive Look Wider programme can be prohibitive. Can you help by locating funds? It might involve facilitating contact with other local groups, helping to fill in forms or not putting in rival claims for cash for others within the Division.
- Protected — Look Wider candidates may choose not to serve the tea at Brownie Revels but, if asked, might be willing to use some of the skills they have acquired to play a major part in such an event. Remind them that doing so might lead to them gaining an Octant Certificate.



## To sum up

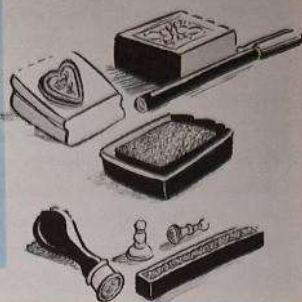
**Y**oung women involved with Look Wider might not fulfil all your expectations all of the time, but local Guiding will be a great deal more dynamic and your role more satisfying, if you can report that your young members have enough confidence in the Association and its values to recruit their peers and to offer their services to run units.



### Three-dimensional cut-outs

This 3-D paper-craft technique using rubber stamps is a variation of the well-known Victorian craft of *découpage*. Guides and Brownies will enjoy creating their own 'masterpieces'.

There are two kinds of rubber stamp: fine-line and solid. Solid-image stamps print images that are solid rather than outline, so they cannot be coloured in, as fine-line ones can, but they will be bold and colourful. Use them with dye-based pads or coloured markers.



## how to do

Rubber stamps are incredibly popular right now, here we suggest how you can use one to make attractive cards suitable for many occasions

By Sarah Walkley  
Illustrations: Francis Scappaticci

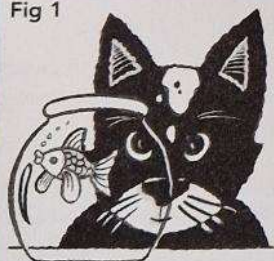
#### You will need

- stiff card
- rubber stamps
- a stamp pad
- coloured glitter glue or brush felt-tipped pens (for colouring the design)
- scissors
- foam-backed, double-sided tape or self-adhesive mirror-tile fix-its.

#### What to do

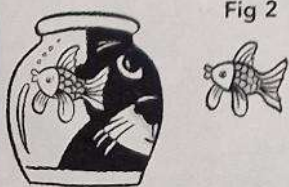
1 Stamp the entire image on to your card (Fig 1).

Fig 1



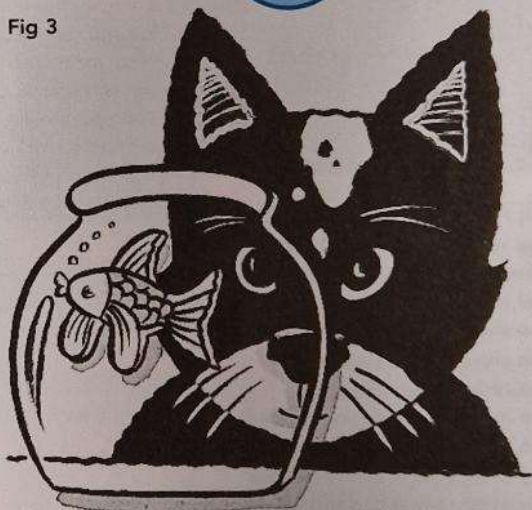
2 Stamp the image again on to two other pieces of spare card (depending on the stamp, more layers can be added to vary the height). Cut out the parts of the design you will need: the fish bowl and then just the fish as well (Fig 2).

Fig 2



3 With a small piece of foam-backed, double-sided tape, stick the fish bowl to your card, lining it up carefully on top of your first image. Now mount the cut-out fish (Fig 3) on top of the image of the fish in the fish bowl, so that there are three layers altogether, each higher than the last.

Fig 3



4 To finish off the card, use orange glitter glue on the fish and green glitter glue for the cat's eyes (Fig 4). Allow an hour for this to dry. Then add lettering if you want, or stamp a message.

Fig 4



#### Top tip

Watch point: glitter glue will make the ink used in felt-tipped pens run, so be careful when using the two together.

#### More ideas

This and other superb ideas can be found in *All you need to know about Rubber Stamping* by Maggie Wright, published by Search Press, Wellwood, North Farm Road, Tunbridge Wells, Kent TN2 3DR. Price £5.95.

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# get cooking

This month we've got more delicious dishes with an international flavour to feature on your camp menu

## Turkey paella

Here is a variation on that Spanish favourite — paella. The dish usually contains lots of seafood and shellfish but for this recipe we have used turkey breast as a delicious alternative.

You will need (serves four):

- 500g (1lb) lean cubed skinless turkey breast
- 15ml (1tbsp) sunflower oil
- one onion, chopped
- two cloves garlic, crushed
- one large red pepper, cored, deseeded and chopped
- one 400g (14oz) can chopped tomatoes
- 30ml (2tbsp) paprika
- 175g (6oz) easy-cook brown rice
- 125g (4oz) frozen or canned peas
- 30ml (2tbsp) water
- 300-400 millilitres ( $\frac{1}{2}$ - $\frac{3}{4}$  pint) of stock (either chicken or turkey will do) or water.

1 Heat a large non-stick frying-pan until quite hot, and brown the turkey by dry frying it for five minutes. Remove the cooked turkey and set it aside.

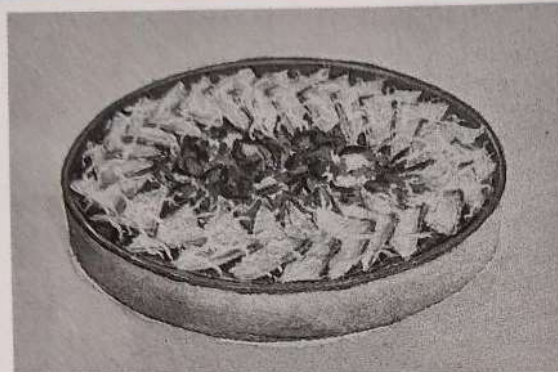
2 Add the oil, water, onion, garlic and chopped pepper to the pan and cook on a medium heat until softened (this should take about five minutes).

3 Add the can of chopped tomatoes, the paprika and the rice. Stir the mixture well, pour in the warm stock or water and then season to taste.

4 Bring the mixture to the boil. Then reduce the heat to a simmer. Next, cover the pan and cook the mixture for about 20 minutes.

5 Uncover and stir in the browned turkey and peas. Cook uncovered for five minutes, stirring occasionally. The paella should be slightly moist and creamy.

6 Serve the turkey paella immediately with a mixed salad of lettuce, cucumber, celery and tomatoes and also some warm, crusty French bread.



FLOUR ADVISORY BUREAU

## Chilli ratatouille with cheese toasts

You will need (serves three to four):

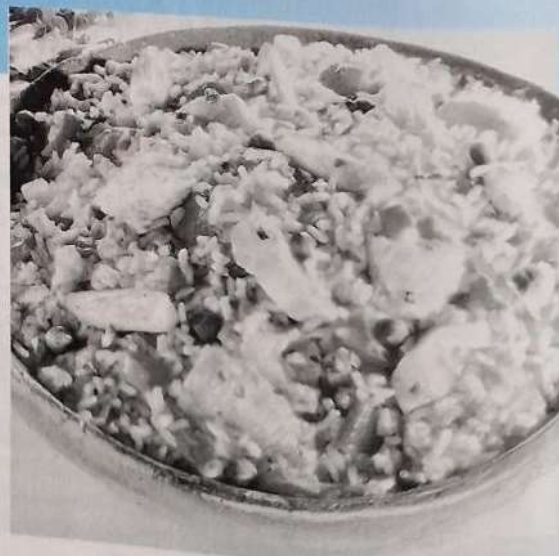
- 10ml (2tsp) vegetable or olive oil
- 5ml (1tsp) mild chilli powder
- one small onion, chopped
- one clove garlic, crushed
- one red pepper, chopped
- one medium aubergine, cubed
- two medium courgettes, sliced
- one 396g (14oz) can tomatoes
- one 396g (14oz) can red kidney beans, drained
- salt and freshly-ground black pepper
- five slices bread, cut into triangles
- 50g (2oz) Gruyère cheese, grated (or processed Gruyère triangles)

1 Heat the oil. Add the chilli powder, chopped onion, garlic and red pepper, and fry it quickly. It should take about five minutes to fry these ingredients.

2 Stir in the aubergine, courgettes, tomatoes, kidney beans, salt and pepper. Bring to the boil, cover and simmer for about 25 minutes. Place in a warmed serving dish.

3 Lightly toast the bread. Place on top of the ratatouille, sprinkle with the grated Gruyère (or cheese triangle slices) and keep the dish hot until the cheese has melted. (If you can grill the top for four to five minutes, that's even better.)

4 Serve the chilli ratatouille with a crisp green salad made with iceberg lettuce, cucumber, tomato and celery as well as some carrot sticks.



BRITISH TURKEY INFORMATION SERVICE



## Bubble and squeak

**A**nd if you want a typical filling British dish to satisfy big appetites caused by all that fresh air, why not cook up a panful of bubble and squeak? This dish used to be served for breakfast, using up all the leftovers from the previous evening's meal. But today it is a simple and delicious way to serve vegetables any time — try it with burgers.

**You will need:**

- 450g (1lb) potatoes, peeled and cut into chunks
- one carrot, finely grated
- 175g (6oz) cabbage, finely chopped
- four spring onions, sliced
- two rashers of bacon, de-rinded and chopped
- 75ml (2½ fl oz) hot milk
- salt and freshly-ground black pepper
- 15g (½ oz) butter
- 15 ml (1tbsp) vegetable oil

**1** Cook the potatoes in a pan of lightly-salted boiling water. Cover and simmer until tender.

**2** Cook the carrots and cabbage in a separate pan for five minutes. Drain the vegetables thoroughly.

**3** Lightly fry together the spring onions and bacon until the bacon is just cooked and not crispy.

**4** Drain the potatoes. Return the potatoes to the pan and mash them thoroughly with the hot milk. Then beat in the carrots, cabbage, spring onions and bacon, and season.

**5** Melt the butter in a frying pan with the oil. Add the potato mixture and spread evenly over the base. Fry each side for three to four minutes until the mixture is golden brown. Serve immediately.



POTATO MARKETING BOARD

## Yankee burger on a raft

**You will need:**

- ready-made lamb burgers, fresh or frozen
- iceberg lettuce
- large beefsteak tomatoes, sliced
- salad garnish
- bread rolls (optional)
- American mustard and relish or tomato ketchup
- mayonnaise or salad cream

**1** While the lamb burgers are cooking, slice the tomatoes and prepare salad vegetables, if required. Cut a ¾in thick slice of lettuce for each serving. Put a slice of tomato and a grilled burger on top of the raft of lettuce.

**2** Garnish the lamb burger with some mustard, relish or tomato ketchup as required; and serve it up with a warm bread roll, and mayonnaise or salad cream if preferred.



FRESH FRUIT & VEGETABLE INFORMATION BUREAU

## Tropical potato salad

**H**ere is another mouth-watering variation on that popular side dish — potato salad. It's ideal for summer camps, but can also be served piping hot if the weather doesn't quite live up to your expectations.

You can serve it as a side dish with ham, quiche or as part of a buffet.

**You will need (serves four):**

- 350g (12oz) new potatoes, well scrubbed, halved, cooked and cooled

- one 200g (7oz) can unsweetened apricots, drained and chopped

- four spring onions, sliced

- 50g (2oz) sultanas

- 50g (2oz) chopped mixed nuts

**Dressing:**

- 150ml (½ pt) natural yoghurt

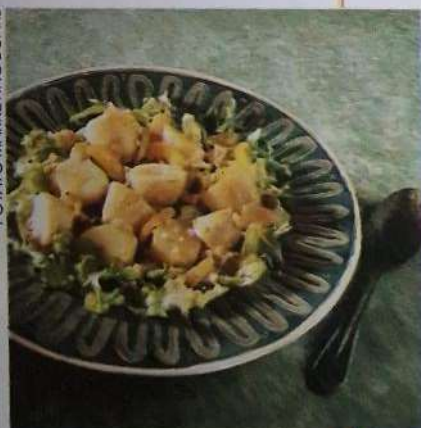
- 5ml (1tsp) mild curry powder

- half an orange, rind and juice

- salt and black pepper

**1** Combine the potatoes, apricots, spring onions, sultanas and nuts in a large bowl.

**2** Then, mix together all the dressing ingredients and season the mixture to taste.



POTATO MARKETING BOARD

**3** Spoon the dressing over the salad. Toss the ingredients gently until they are well coated with dressing.

**4** Finally, serve up the tasty tropical potato salad on a bed of fresh, crisp iceberg lettuce.



A task force of  
30-plus adult  
leaders has  
laid the  
foundations  
for a new link  
with Russia

# building bridges

By Chris Daniels

An international community development project, expected to last between three and five years, is now underway in the Russian Mariel Republic.

It was launched last year by the BRIDGES Task Group and is the first international opportunity of this kind for adult leaders over 30.

The Group was chosen at a Flyover Weekend last May.

BRIDGES was built with the aim of 'building a real international development with Guiding experience'.

All the 24 Guiders who attended the selection weekend will eventually be involved in the project, but eight were chosen to make the first trip to Yoshkar-Ola last October.

Sveta organised the group's outings throughout their stay in Russia



CHRIS DANIELS



MARGARET BINGHAM

Children in Mari dress carrying the traditional greeting of bread and salt

Yoshkar-Ola is 500 miles – and an 18-hour train ride – north east of Moscow and is the capital city of the Mariel Republic with a population of 208,000. BRIDGES is linked with Yoshkar-Ola due to the work of a British Guider, Jan Charlton, who has been visiting and working there since 1985. She has developed a strong partnership with schools and hospitals as well as with the Government of the Mariel Republic.

The Task Group's main aim was to help develop Guiding in Yoshkar-Ola in partnership with the Russian Association of Girl Scouts (RADS), as well as looking at the development of youth work in the area.

Chris Daniels, one of the group, recalls their feelings as they met at Heathrow Airport:

Would it be cold? Would we see snow? Would anyone in Yoshkar-

Ola be the slightest bit interested in our visit?

Our challenges began at Moscow Airport, where we waited over an hour to go through passport control and struggled though a sea of people to be met by Ruth Hall, a representative of RADS, and Mags Bird, who works for WAGGS developing Guiding in Eastern and Central Europe. Our transport had not arrived, so we

Cheers! The team enjoys a refreshing sauna during an evening off



MARGARET BINGHAM



had to wait another two hours before having a whistle-stop night tour of Moscow as compensation.

Next day was the last but most exciting part of our journey — 18 hours by train from Moscow to Yoshkar-Ola. The very small compartments were filled with our luggage. Would there be room for four Guiders as well? Yes — but only just! We refreshed ourselves with the constant boiling water and made tea as we settled down to a slow journey through the forests of birch trees and snow.

We stopped at a station early in the morning when many people converged on the platform laden with all types of goods, from raw fish to sewing machines, to sell to travellers. This happens frequently, as many Russians are now paid in goods rather than money, and they buy and sell goods if they have no regular income.

We were met in Yoshkar-Ola by our host families and by Lidia Guerassimova who runs the Children's Palace of Arts. Lidia had visited an international camp in Oxford last summer and, helped by a young woman called Katya, had been inspired to try to develop Girl Scouting on their return. We found that they already had a Girl Scout unit with another leader, Olga, and had 30 girls aged between 7 and 15 meeting on Sundays.

The hospitality of the people we stayed with and of the people of Yoshkar-Ola was wonderful. They provided snacks and meals wherever we went — and they had been warned how we liked our tea.

We were given an extensive programme of visits. We really needed our interpreters — friendly, elegant young women from the Language Institute who had a wonderful grasp of English. They won our hearts immediately as they referred to us as "Dear ladies". However, usually on arrival at venues, they invited us to "Please take off your clothes". We understood what they meant.

Our visit was such a success that more people in Yoshkar-Ola wanted to meet us, so our programme often changed at a moment's notice. This usually



**Olga, a Yoshkar-Ola Girl Scout leader, makes her Promise**

meant that we didn't have the right equipment or resources with us, but that put our ingenuity and spontaneity to the test. BRIDGES was always going to be a thought-provoking project.

In each school we visited we were split into twos and threes to talk to teachers and children. We had to be adaptable and try to play games in limited space. The children loved to sing with us, and asked endless questions about Guiding and life in the UK.

Other visits included a colourful kindergarden where the children had cerebral palsy. These children worked and played in a stimulating environment which had improved their mobility.

We also visited "the Warm House", an assessment centre for children going through social or behavioural problems. It had been open only for a few months and was a new initiative for the town.

At an orphanage for the under-threes, we were impressed by the happiness and the level of care for the children, but were also amazed to see these young children undressing themselves and leaving their clothes folded up on chairs before taking themselves off for an afternoon nap.

This visit and one to a school for gifted children, gave us an insight into the talents and expectations of the young children. We saw superb art and woodwork, and heard beautiful music from the choir. Young musicians entertained us on the national instrument — the *Gooselee*, a type of lap-based harp.

One of the highlights was the visit to a Mari village school called Villocopilla. We were greeted by a group of children in Mari dress carrying the traditional greeting of

bread and salt, which we all had to sample before entering the school.

We met the head of the Youth Service and members of a new youth organisation called "Airvee". It is a mixed organisation, for all children, based in the school environment. It has seven directions, similar to our Eight Point programme and the children choose one or more and work in small groups.

All its leaders are volunteers and we met a group who are developing a games programme. We hope that as Girl Scouting develops we will work alongside each other.

We gained a real insight into the community of Yoshkar-Ola and felt that Guiding could benefit not only the girls but also teachers and youth leaders.

Sunday was spent with the Girl Scout unit. We talked to them about UK Guiding, showed them photographs, played games and shared activities.

The high point of the trip was when the new Guide Scout leaders — Katya and Olga — as well as their girls, made their Promise. It turned out to be even more special when so many of the people we had met and spoken to during our visits were also there to watch.

We did have an evening off when we stayed at an old Pioneer centre and enjoyed a sauna.

BRIDGES has put down foundations but much remains to be done. Our partnership has begun with RADS and Yoshkar-Ola and will span the next few years. We hope to continue our work there. ♪



**New recruits: a group of new Yoshkar-Ola Girl Scouts enjoy a traditional sing-song**

**The members of the BRIDGES Task Group were:**

Margaret Bingham (Derbyshire)  
Patsy Cross (Berkshire)  
Chris Daniels (Bedfordshire)  
Janet Guildler (Suffolk)  
Gill Hayes (Hampshire)  
Sue Kirby (Gwent)  
Sandra Kenward (Dyfed)  
Lorna Russell (Strathclyde)



# information

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0860 393026. Fax: 01342 811206

## **Heritage Centre**

The Heritage Centre is open from Monday-Saturday during holidays and on Thursday, Friday, Saturday only at other times.

Entrance charges are £2 per person and it is necessary to ring the Centre and book a preferred session in advance.

There are five sessions per day at:

9.30-11am; 11am-12.30pm; 12.30-2pm;

2-3.30pm; and 3.30-5pm. Time in the

picnic area is included in each session time.

The preferred maximum number of visitors per session is 100.

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official



# your letters

These letters reflect the writers' own views and not Association policy.

Suggestions that changes should be made to the section age bands have sparked some heated replies.

## I want to work with older girls

Hands off the age range of Guides. I moved to Guides because I wanted to work with the older girls.

Changing schools is a difficult time for them, but making the age range 9-12 won't help. Most schools in the country move on at 11.

What would we do for the girls of 12-plus who actually want to stay? Form more Ranger Units?

Eighteen-year-olds would not be over-impressed about having 12-year-olds with them. Start another section? It is difficult enough to get adults to run the ones we have.

In my Division we have plenty of thriving Guide units, most with some older Guides. They often stay and become Young Leaders — then go off to university.

Let's keep Guides for the emerging teenagers and concentrate on helping them achieve adulthood in the best possible way.

The view that there will be no Guide section by the year 2005 should be treated as a challenge. I'm sure there will be girls in Guides when we celebrate our centenary in 2010.

Pauline Edwards  
Guide Guider  
Nuneaton, Warwickshire

## This is not the answer

We totally disagree with lowering the age to nine and think it would benefit Guides if the age was raised to 10½ or 11.

Our meeting time is 7.30-9pm and we find that the younger Guides get tired as we run very active meetings.

We have, up to now, kept our older Guides and, last term, half of our Company of 28 Guides was aged over 13!

We feel that lowering the age range is not the answer to falling numbers.

Lorraine Langridge and Margaret Maillardet  
Guiders, 1st Keymer Guide Company  
Hassocks, West Sussex

## No more changes please

I run a Guide Company and we take girls at ten, giving them over a year to settle in Guides before changing to secondary school with its extra demands.

There have been so many changes in Guides in the last few years. We should give all the new ideas time to settle and spend time consolidating, rather than having to face yet more changes.

Theresa Mansbridge  
3rd Isle of Dogs Guides  
Poplar, London

## Let older Guides have a say

I asked my Guides what they thought of the idea and the general reply was 'We don't want them, they're too young.'

I've found that the best way to get girls to stay at Guides is to let them leave Brownies at ten while they are still at junior school.

Also, let the older Guides have a big say in the planning of meetings. Then, if they get bored, they're partly to blame!

Frances Allison  
Guider, 1st Burghfield Guides  
Reading, Berkshire

## In Olave's memory

This time last year I wrote about the Olave Baden-Powell Bursary Fund to which you and your predecessors contributed in memory of my mother, the World Chief Guide, in 1977.

Since then, this fund has helped hundreds of Guides of all sorts to achieve their ambitions.

We could help even more girls if there was more money in the fund to provide a bigger income to spend on giving more bursaries, so I suggested 'Let's give the fund a big boost'.

You did so, and now I am saying thanks for your magnificent response!

You will be glad to know that your generous contributions amounted to no less than £1,539, which will mean that every year in future your much-appreciated gifts will 'make a dream come true' for several more girls.

Well done and thank you all!

Betty Clay

## Too precious to swap

It causes me concern to see on *GUIDING's* Badge Swop page that people are asking for Interest badges and other registered goods for their collections. Surely, these badges are to be awarded for achievement, not bought for collections?

Here in Guernsey, leaders only buy the badges that they need for their units. Only warranted Guiders can buy registered goods. I don't sell them to parents or anybody else.

When badges become obsolete they are passed on to our County Archivist, who catalogues and stores them.

This means that badges not awarded are never available for swapping.

The Guide Movement has an award system based on badge work. It detracts from the pride of winning a badge if they are seen to be freely available to swap for collections.

I wonder where these extra badges are coming from.

By all means collect badges — but not registered goods without working for them. It is a splendid hobby. The badges I gained are still sewn on to my sleeping-bag cover and my 1944 Guide dress — and I wouldn't swap those!

Rachel Rabey  
Badge Secretary, Guernsey



A Shropshire Brownie Guider's concern over the escalating costs of Guiding (A personal view, February) was shared by readers.

### We understand how you feel

How I envy those Companies whose parents pick the girls up, transport them to various meetings and come to the functions they organise.

Last time we had a jumble sale, we got more from a raffle than we did for jumble. Most of the people who came were dealers.

Keep battling on Tracey — there is someone out here who understands.

The girls do need an organisation like ours and that's why B-P founded it in the first place.

M King

Fulwood, Preston, Lancashire

### Fundraising difficulties

We have great difficulty with rising costs. Our HQ belongs to the Scouts, and we are constantly fund raising just to pay the bills and keep the doors open.

In December's *GUIDING* there was a glossy leaflet about paper recycling. I filled in all the details and applied. Seven weeks later they replied that I should not have received this 'mail shot' as they didn't operate in my area!

Margaret Walford  
Denton, Manchester

### Recognition for good work

I recently attended a County Day and watched several Guiders receive a Good Service Certificate which I am sure they will be proud to hang on their walls.

I have had many happy years Guiding and made many friends. I have been District and Division Secretary and Pack Holiday Adviser along the way, and have been warranted for 34 years but involved for over 40 years (not including being a Brownie and a Guide).

I have also helped during 37 consecutive years of Pack Holidays — some years for two or more weeks — and loved every moment of them.

I would love such a certificate on my wall but, as I have moved Counties, do not apparently qualify for anything. I am not glory seeking — just an ex-Guider who was proud of her uniform and the achievements of her girls.

I have always understood — and taught — that Guiding is worldwide, not just County-wide, but it would appear that I am wrong.

Name and address supplied

Letters should be kept short and the Editor reserves the right to edit any contribution. They must give the author's name, address and, if possible, a daytime phone number.

### Tracey told it like it is

Tracey Sedgley has put into words my own feelings, based on 40 years' experience working with a Pack in an inner-city area, with many social and drug-related problems.

I accept the need to keep up to date, but is account always taken of the differing social backgrounds of the children, and the financial implications when changes are introduced? Finance has always been a problem but this has been exacerbated by changes in badges and the introduction of the 'new uniform'.

The majority of my Brownies' parents cannot afford the uniform. We manage with skirts made from the old dresses and sweatshirts purchased by me for use on Pack Holidays. But where do Brownies sew their badges when parents cannot afford to pay nearly £6 for a 'strip of material'.

I apply for grants, but how do you divide £30 between 20 Brownies, all desperate for a uniform?

Anyone visiting my Pack would see a very lively, exuberant group of multicultural children to which the Movement has a lot to offer, but so much more could be achieved without the constant worry of finding money for uniforms, census fees and so on.

This is not a plea for money, but for some recognition of the major problems faced by Guiders working in deprived inner-city areas. There used to be four Packs in this inner-city sector; now my Pack is the only one.

Alison Lockyear  
Brownie Guider  
Leeds, West Yorkshire

### Get it right!

My Brownies have just been to the Thinking Day Service in London. It was one of my most wonderful days in Guiding.

But *please* could all of us in Guiding pronounce the name of Baden *Poe*-ell in the same way. In the St Margaret's Thinking Day Service it rhymed with *cow*. In Westminster Abbey it rhymed with *foe*.

On the train home, one Guider said she had gone to Pax Lodge during the afternoon and had met Betty Clay who'd pronounced the name as *Poe*-ell — and she should know! How have we got into this muddle when one of B-P's children is still with us? Please let's get this problem sorted out.

A M Ryan  
25th Newcastle  
English Martyrs' Brownie Pack  
Tyne and Wear

### A greater commitment

We are all happy, hard-working, supportive Guiders in our District. However, I couldn't believe what I was reading in February's *GUIDING* when Yvonne Murray's letter claimed that 'A commitment to training should be a major issue for all Guiders and should far outweigh the high claims of home and family.'

We all attend trainings regularly, but don't believe that *anything* — even our enthusiasm for Guiding — should come before our families.

Our District would like me to mention that, although we like the new books and uniforms, we hope there won't be more expensive items for several years. It has taken a long time to get secondhand uniforms, but they are beginning to appear.

Pam Fountain  
Commissioner, Weymouth West District  
Dorset



# living life to the full

Jean Brown received a Soroptimist Woman in the Community Award last year. She was surprised, but no-one else was. For in the rich tapestry of Jean's life, service to the community – especially as headteacher and Guider – has played a major part.

She tells the story of that life in *We'll See the Cuckoo*, a heart-warming memoir that spans six decades. Set in the Yorkshire Dales, it charts her experiences as schoolmistress, Guider, hill-farmer and holiday accommodation 'landlady'.

Taking centre stage in the book, and in Jean's life, is *The Curren* – a 16th Century farmhouse with 170 acres acquired by Jean's grandfather. For almost 30 years, the family used the land for grazing and hay, initially renting out the dilapidated house until it was condemned.

In the late 1950s, Jean and her family – parents, handicapped brother Harry and younger sister Margaret – moved into *The Curren*. By then it was a near ruin with crumbling plaster, missing roof slates, gaping windows, collapsing ceilings, rotting woodwork and no water, sanitation, electricity or road.

Before the builders took over, Jean and Margaret did much of the heavy preparatory work. When the builders moved out, the sisters took over again. Once the house was done, they armed themselves with a sledgehammer and pickaxe and started breaking up boulders to make a road.

Everything they did was on top of their 'day job' – Jean at school and Margaret on the farm – but this was a habit they'd acquired in childhood. At the age of eight, Jean had been helping in the dairy and on the milk round. Throughout her teaching career there was invariably farm work to do before and after school.

From almost an equally early age, Jean's busy life had been stretched to include Guiding. She joined Guides when she was ten

and loved every minute, especially activities held out-of-doors and particularly camping.

Like many Guides in the early 1940s, when adult leaders were being called up for war service, Jean found herself running the Company. She went on to become a Guide Captain, Sea Ranger Skipper, Assistant Guider for County Cadets and Division Camp Adviser.

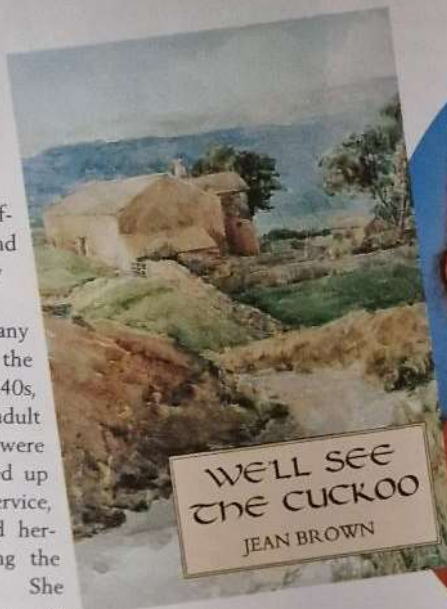
A highlight of Jean's Guiding was summer camp in the Hebrides. She took her girls there in 1957, and it was such a magical experience that the camp became a tradition for the next 25 years. Jean recounts the story of these camps in *A Song to Sing and a Tale to Tell*.

Each year *The Curren* had its share of struggles, many due to the weather – such as the water pipe being frozen for 49 days in the winter of 1963. Jean and Margaret reckon that, between them, they carried 6,000 gallons of water and walked 250 miles in the process.

Spring 1980 brought change. With an eye to the future and improved financial security, the sisters took advantage of an English Tourist Board grant scheme to convert their big barn into holiday accommodation.

The two women did much of the work themselves, from making concrete lintels to scraping adhesive off 10,000 parquet floor tiles.

By Christmas, Jean had entertained her first 'guests' and a new



Jean Brown recalls happy Guiding days in her life story

stage in her life had begun. Anticipating less free time, she'd already given up Guides and, the following summer, retired from teaching.

The venture has proved to be an outstanding success. Also, to Jean's great satisfaction, Guides and Brownies are using *The Curren* for camps and Pack Holidays.

Another landmark came in 1988 when *The Curren*, both land and buildings, were covenanted to The National Trust.

Jean's story celebrates an enthusiasm for life, a belief in people, a sense of wonder – and an indomitable spirit. She and Margaret never give up. Whatever the odds, they're determined to win through and 'see the cuckoo'.

● As a special offer, readers can buy signed copies of Jean's two books direct from her at *Curren Laithe Farm, Long Lee, Keighley, West Yorkshire BD21 4SL. A Song to Sing and a Tale to Tell, £11.95 and We'll See the Cuckoo, £17.00. Post and packaging are free.*

**A Yorkshire woman's lifetime of service has reaped a rich reward**

By Catherine Dell



## in focus

### All paws to the rescue

What have two cuddly toys got to do with a leaky roof? Zoe Colley (left) and Rebecca Jones of the 3rd Broughton Brownies, near Preston, had the bright idea of asking supermarket chain Asda to help them raise funds towards repairing a leak in their meeting hut roof. Asda gave them a cuddly dog which they used, along with a teddy donated by parents, to make £12 in a guess-the-names competition.



LANCASHIRE EVENING POST

£15 winner



LIZ HORST

### White Knuckles all round

Just look at all those brave smiles – and closed eyes – as Association members who attended Adventure '96, in New Zealand take to the rapids on a river near Queenstown.

Were they just a teensy bit frightened? Well, yes we were, admitted Stafford Ranger Guider Liz Horst, the Assistant Leader, but it was all very exciting too. And happily, Liz lived to tell the tale at a New Zealand evening when she got back to Britain.

### Hook a duck!

Guides and Scouts joined forces to put on a 'bit of a do' in Evington, Leicester, which included marching bands, stalls and bouncy castles — then there was lots of fun to be had fishing for plastic ducks.

Pictured hoping to hook a duck and win a great prize are (from left) Hollie Gallantiee, Katherine Granklin, Rachel Stinson, Claire Groom and Ruth Jones.



LEICESTER MERCURY

### Maid Marions battle it out

'Sherwood Forest' resounded to the shrieks of knights jousting. But this forest was actually in Scotland — at the City of Edinburgh County's Pack Holiday Under Canvas, at Carsewell, near Penicuik, Mid Lothian.

The Brownies spent a successful weekend making Robin Hood and Maid Marion costumes, bows and arrows, and fir cone Friar Tucks.



SHEILA SKEDD





### At the start of the rainbow...

Never mind the pot of gold — I'll have an orange juice. Taking their first steps up the Guiding ladder at their Promise Ceremony in Cam, Gloucestershire, were three new members of 3rd Cam Rainbows (left to right) Lizzie Carter, Stephanie Hyam and Sarah Jayne Murphy.

### Pressing engagement

All that iron will and not a shirt in sight. Stow-on-the-Wold residents who turned up with their crumpled clothes and sheets to the Stow Guides' fundraising 'iron-in' were happy to put the girls' pressing techniques to the test.

Poised for action are (left to right) Cotswold Guides Sally Kirby, Kathryn Hartnell, Kirsty Kenneally and Hannah Hill, who were raising cash to buy two new flags.

Before getting down to business the girls had all been tested for their Laundress badges.



GLOUCESTERSHIRE ECHO

### We are the champions!

This was a charity match Market Deeping Rugby Club's first XV expected to win. They were pitching their brawn against the strength and wiles of 1st Market Deeping and Deeping St James Brownie Packs in a tug-of-war contest in aid of Children in Need. But the beefy blokes were



dragged 20 yards in ten seconds on the first pull. There were cheers all round and £200 was raised for charity.

However, the Brownies' secret weapon was soon revealed — parental hands had been helping out at their end of the rope.

RUTLAND AND STAMFORD MERCURY

### Sheffield's yellow brick road

An ambitious fundraising project requires an equally ambitious production, in this case *The Wizard of Oz*. The show was put on by Sheffield Guides to raise the money needed for a new Brownie house at their outdoor activities centre. Pictured are Jenni Keen as the Scarecrow and Claire Blythe, who played Dorothy.



SHEFFIELD TELEGRAPH

### Ready, steady cook

A steady hand was needed to finish off the orange yogurt surprise Amy Pilcher and Nicola Pantony were making. But there was no need to worry — the two 2nd Loose Brownies had mastered the technique under the watchful eye of Pack Holiday QM Doris Morrison.

Away from home with appetites keener than ever, the only surprise would have been if any was left, after the hungry girls from near Maidstone in Kent got round to tasting the delicious dessert.



CAROLYN PILCHER

Please keep sending in all your Guiding photographs, we love to see them!

Each month, there's a £15 prize for the best photo and £5 for every other snap we publish.



# society gathering

The Olave  
Baden-Powell  
Society will  
meet in  
Scotland in  
the autumn



WAGGGS

In Tokyo's most sacred shrine Princess Benedikte presents a new Japanese member of the Olave Baden-Powell Society with her certificate and insignia

When members of the Olave Baden-Powell Society travel to Edinburgh in September, they will hold their series of meetings in Dalmeny House, the beautiful and historic home of the Countess of Roseberry, the President of the Guide Association Scotland.

The surroundings for the three-day meeting will be a great contrast to last year's get-together in Tokyo. Then, members were guests of the Girl Scouts of Japan at their headquarters in that bustling city.

The special visits arranged for them included trips to see sacred temples, museums, art galleries, ancient trees at a bonsai centre and a doll factory.

Some members spent time in a

Japanese home, learning a little of their hosts' national customs such as classical flower arranging and the famous tea ceremony.

They were introduced to the intricacies of wearing a kimono and wrestled with chopsticks while sampling beautifully-presented Japanese food eaten while kneeling.

The central event was the membership ceremony held in the Meiji Shrine — a Shinto shrine which honours the memory of the Emperor Meiji, who began the modernisation of Japan. Here the Patron of the Society, Princess Benedikte of Denmark, presented certificates and insignia to 49 members — 38 of whom were Japanese.

Since *GUIDING* highlighted the

work of the Society last October, one new UK member has joined and several other people have expressed interest.

Since the Baden-Powell Society was launched in 1985, it has concentrated on supporting the work of two funds set up by the World Association of Girl Guides and Girl Scouts (WAGGGS) — the Endowment and the Development Funds.



WAGGGS

So that's how it's done — Princess Benedikte the Patron of the Olave Baden-Powell Society meets some Japanese Brownies

Its prime purpose is to recognise and thank Guiding's major donors by raising money from friends and admirers of Girl Guiding and Girl Scouting in their names to support and promote the work of WAGGGS around the world.

Members meet annually in a different country and this year are looking forward to experiencing a touch of tartan from September 18-20.

They can choose from tours in and around Edinburgh, Glasgow and areas of special interest. They will visit the Scottish Training and Activity Centre, Netherurd, and will sample Scottish music and dancing.

It is possible to become a member in several ways and full details can be obtained from: The Secretary General, Olave Baden-Powell Society, WAGGGS World Bureau, Olave Centre, 12 Lyndhurst Road, London NW3 5PQ.



# beyond beijing

The outcome of the World Conference on Women in Beijing will be considered by an ad hoc group formed by The Guide Association.

The group will look into ways of taking action within the Movement and lobby the Government over issues debated at the conference.

## Tomorrow's women

More than 30,000 women from all over the world gathered in China to spend ten days exploring women's experiences in today's world.

Workshops covered topics such as the status of women in the Islamic world; ecology and health; and challenges for women's education in the 21st Century. There was even a workshop on how to be a good grandmother!

There were cultural displays, demonstrations and celebrations, plus a youth tent where nearly 300 women aged between 12 and 30 debated issues facing today's girls and tomorrow's women.

## Call for action

Two important events took place in Beijing last autumn, both under the auspices of the United Nations. First came a forum of representatives from non-governmental organisations (NGOs), followed immediately by the United Nations Fourth World Conference on Women. The conference was convened to formulate strategies which governments could implement in order to secure women's rights to equal treatment.

The conference's purpose was to negotiate, line by line, a document summarising global problems and the action required nationally.

Many hours were spent working in the five official languages to achieve consensus.

The role of the 3,000 NGOs present was to follow negotiations, propose alternative wording and help in the deliberations of the government delegations.

## Our role

As representatives of the UK's largest voluntary organisation working

with girls and young women and with over 70,000 adult women volunteers, we followed debates on employment, education and the girl child. We followed the deliberations defining strategies to promote more women in public life.

There were representatives present from more than 50 countries belonging to the World Association of Girl Guides and Girl Scouts (WAGGGS) and, collectively, we worked to raise the profile of Guiding at the forum and the conference. We had a strong visual presence, being in Guide wear and sporting the WAGGGS scarf.

We were approached by many government delegates who remembered their time in the Movement and said that the life skills they had gained had enabled them to achieve success in their professional lives.

At the forum, we were involved in two workshops based on the WAGGGS peace-education modules: Peace — taking personal responsibility; and Education for equal partnership.

## Platform for action

The final document agreed by the conference covers 125 pages. An analysis of the text has been made, looking at aspects which most affect The Guide Association.

There are areas where the Association can take action, such as further work on young women taking part in decision making.

There are also areas where the



Denise King reflects on a conference that focused on women's experiences

More than 30,000 women from all over the world gathered in China



Denise King (left) and other WAGGGS' representatives helped raise Guiding's profile at the conference

Association would like to see certain items implemented by the Government. These include: recognising women's unpaid work in the home; and using NGOs as consultants when forming policy for matters affecting girls and women.

## Seminar weekend

If there is sufficient interest in the ad hoc group's work, a weekend seminar will be held to explore the outcome of the conference.

If you are interested or would like a copy of The Guide Association's report on the conference, contact Denise King, Youth Activities Manager, at CHQ.

● Denise King and Jane Lewes represented The Guide Association at the forum and UN conference last September.



# CLASSIFIEDS

## DISCLAIMER REMINDER

Inclusion of advertisements in this section should not be taken to mean that the Association has checked out and approves the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

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Both these events are restricted to members of the Scout and Guide Associations.

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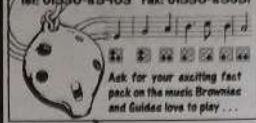
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For further details/applications form, please contact:-

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# Catherine Shardlow

from Orpington, Kent

6 In tacking all three parts of each octant I was well aware of the size of the task I was setting for myself, and the demands it would make. But, if I go to university as I hope to do, it would be infinitely more difficult. So I decided to aim for the ultimate challenge while still at school.

This year I am taking A-levels in geography, physics and biology and, all being well, I shall go to Leeds university to study environmental science. My ambition is to work for the United Nations, teaching resource management in developing countries.

As anyone who has studied the programme will know, Look Wider is extremely flexible. How tough it is depends to some extent on what you decide to do in meeting its requirements.

Even when completing all parts of the International octant, you don't necessarily need to go half-way round the world. However, I wanted an adventure I could never forget, so I opted for a four-week expedition to Venezuela.

I set off for South America having already completed the second stage of the octant by taking Spanish for a year, which I was able to do at my own school.

Snakes, scorpions and other not very friendly beasts were sometimes a bit too close for comfort on my trip. But far more frightening was the experience two of us had in the capital, Caracas.

We had to spend a night in a very seedy hotel. The bedclothes were so grubby that I slept on top of the bed in my sleeping bag.

I awoke at 2am to see a man standing at the foot of my bed. I was paralysed with fright. So such for my ten-week, self-defence course,



BRIAN CAPON

**An 18-year-old Young Leader, Catherine became London and South East England's first winner of the Chief Commissioner's Challenge when she fulfilled all 24 parts of the Look Wider programme**

which I had taken to complete the Sport and Fit for Life octant.

At that moment there was a piercing scream from the girl in the adjoining room where, I was about to discover, there was another man standing by her bed. They both jumped out of a window, one of them taking her £100 walking boots with him. She was very unhappy about that — but at least we were unharmed.

One of the aims of the trip was to become involved with a project to help children in a shanty town in the foothills of the Andes.

I was there for a week with a group teaching English and games, as well as helping to paint and decorate their community centre. A lot of the children were orphans, clamouring for attention. The response we had from them made our efforts very rewarding, although it was a wrench when we had to leave.

My work on the project was rewarding in another sense, too. It

enabled me to fulfil the final stage of the Service octant — without any further work. This is how you can "catch up" on a lengthy syllabus.

While in Venezuela we just had to see the Angel Falls, the tallest waterfalls in the world. The only way to get there was by river — the mighty Orinoco. Local guides took us. It was an experience too good to be missed but, one girl had to stay behind as she had a stomach upset.

Among the other goals I achieved to complete all the octants in Look Wider, was passing my driving test; living with a German family for nearly a month; learning to use a sewing machine; taking courses in volleyball, aerobics, fencing and cake decorating; holding down a part-time job at Sainsbury's for 18 months; and becoming the Region's representative on the National Youth Council.

So I think I really did look wider and, when I'm warranted, I'm sure that will make me a better Guider.



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