

# GUIDING

OCTOBER 1996 £1.15

## MEATLESS MEALS

Stay healthy  
the veggie way

## TICKET TO RIDE

Your chance to  
zoom the world

## CULTURE COLLISION

Are we wrong to assume  
everyone wants Guiding?

## RACING CERTAINTY

RACE '96 was a  
winning combination

## PANTO TIME

Festive fun for all  
with our super script



activities  
unlimited



A photograph of two young girls, likely Girl Scouts, wearing blue and tan plaid shirts and hard hats (one blue, one tan). They are sitting on a rocky, uneven ground with green grass in the background. The girl in the blue hard hat is holding a yellow flashlight, and the girl in the tan hard hat is holding a black flashlight. Both girls are smiling. The text "guiding is... shining a light in dark places" is overlaid in pink in the upper right corner.

guiding is...  
shining a  
light in  
dark places

Photo: Margaret Cruddace  
GUIDING October 1994



## comment



The 29th WAGGGS World Conference took place in Wolfville, Nova Scotia. After 11 months of preparation, UK delegates found themselves in July in the midst of more than 500 women from all over the world.

The diversity of language, culture and belief was quite breathtaking. What was clear was that – despite all these differences – during the next ten days common ground would be found, and an agreed focus on the direction of World Guiding would carry us forward.

At the opening ceremony, the Canadian Prime Minister Jean Cretien praised the role of Guiding. He said the Canadian people strongly supported the values that Guiding promotes – peace, international co-operation, leadership and community service – and that the experiences girls share will serve them well throughout their lives.

The theme – New Perspectives – was clearly brought into focus by the keynote speaker, Dr Roberta Bondar – one of 24 women worldwide to have flown in space, and a member of our Movement.

She challenged us to look at the issues facing us with a new perspective, pointing out taking a fresh look at something means looking at it from all sides.

I brought home with me many new feelings and thoughts about World Guiding and was challenged and moved by the experience. I thought I had a clear understanding and knowledge of the international dimension of Guiding, but now know I have only scratched the surface of the issues that face girls and women in the world today.

The privilege of attending a World Conference as a member of the UK delegation has and will affect the way I view the future. As it said on one T-shirt: 'The sun never sets on a Girl Guide or a Girl Scout'. How true, for we are to be found in every corner of the world.

**Jan Anning**  
County Commissioner for  
Chester Forest

# this month...

## articles

- |  |  |
|--|--|
| <p><b>7 Building friendship</b><br/>Essex North East's Thailand Aid Project called for some hastily-acquired bricklaying skills</p> <p><b>10 On track for fun</b><br/>North West came up winners with their special silver anniversary party at Haydock Park</p> <p><b>15 Brownies abroad</b><br/>One Pack's fairy-tale visit to wonderful, wonderful Copenhagen</p> <p><b>18 Action for girls</b><br/>Find out the ways The Association is working to make the world a better place for girls</p> <p><b>21 Rewards from overseas</b><br/>From Nepal to Oman Guides in all BGIFC countries can take part in the D of E Award</p> <p><b>22 Census results</b><br/>Catch up with the detailed facts and figures compiled from the 1996 Census</p> <p><b>27 Zoom the world</b><br/>Go on a trip around the world for just £3!</p> | <p><b>28 Get elected</b><br/>You too could become a decision-maker as a member of The Council</p> <p><b>29 Hit records</b><br/>Guiding achievements can be a key component of the National Record of Achievement</p> <p><b>50 What if...</b><br/>A Trainer lifts the lid on the anxieties that can haunt even the most experienced</p> <p><b>51 Good advice</b><br/>The ways in which Advisers apply the Five Essentials to all their Guiding</p> <p><b>55 Birthday bonanza</b><br/>Midlands took over a theme park for their bumper 25th birthday party</p> <p><b>56 In the country</b><br/>A dream-come-true story for Brownies and Guides from inner-city London</p> <p><b>58 Activities galore</b><br/>All sorts of exciting activities were on offer at Scoutabout 1996</p> |
|--|--|

## regulars

- 5 In brief**  
What other members have been up to
- 6 Executive News**  
Latest decisions of the Executive Committee
- 8 Guiding in action**  
Staffordshire's County Revels take off
- 12 Live issues**  
Vegetarianism can be a healthy option
- 14 Training news**  
The latest opportunities at the Training Centres
- 16 On line**  
Charity news, places to visit and lots more
- 19 A man's eye view**  
Guiding life as seen from a male viewpoint
- 23 Rainbow's end**  
Starting this month – a light-hearted series
- 24 Notices**  
Information on what's happening in Guiding
- 25 Coming next** - November's **GUIDING**
- Open door** - Time for reflection
- 30 A personal view**  
Cultural questions
- 52 Information**  
Names, addresses and telephone numbers
- 53 Your letters**  
Complaints and praise – you have your say
- 59 Watch this space**  
Look in on a Junior Council gathering
- 63 Meet ...**  
Vivienne Scouse, Anglia's Chief Commissioner

## front cover

Pictured relaxing at Blackland Farm is Lara Crane of the 2nd Cove Guides, from Hampshire

WE ARE GRATEFUL TO WEBB IVORY FOR SPONSORING THIS MONTH'S FRONT COVER



LUCY SLATER

**Webb Ivory**  
Webb Ivory, Preston, PR1 2DP

## 31 ideas—19 pages of great ideas for you and your unit



## Another Badge for the Collection?



## This one could save a life.

Our little enamelled badges are very cute. They also promote a serious campaign message: "Don't Duck The Issue - Meningitis Can Kill".

Lincoln, Dewsbury, Crawley and Belfast. These are just some of the places to make the headlines recently, for tragic reasons. Sadly your town/village or even your unit may be where it strikes next. Do you really know what to look for?

How would you feel if your unit dropped from 20 to 19 overnight?

A simple badge can make people think about meningitis; a symptoms card could give them the facts and a life could be saved.

Go on - take some badges for your unit or even organise an event. It could save a life.



**NATIONAL  
MENINGITIS  
TRUST**

Reg. Charity No. 803016

Please send me:

(\*minimum 25)

- ☐ \*Duck badges. (Payment details supplied with order)  
☐ Details on other ways of supporting the Trust.

We would like to dedicate the following event to support the Trust: \_\_\_\_\_

Name: \_\_\_\_\_

Guide/Brownie Unit: \_\_\_\_\_

Address: \_\_\_\_\_

NB. If you would like a single badge only please send a cheque/postal order for £1.25 (inc p&p) payable to the National Meningitis Trust to Cecil Weir, National Meningitis Trust, Fern House, Bath Road, Stroud, Glos, GL5 3TJ. Tel: (01453) 751738

# Nuclear power. Fuel for thought.

## FREE GUIDED TOUR OF A NUCLEAR POWER STATION.

If you're looking for somewhere different for your group's next outing, we've a lot to offer.

- Visitor Centre with multi-media show, hands-on display and interactive quiz.
- Tour of the power station. • Nature trail.
- Refreshment facilities. • Open all year.
- Evening visits by arrangement.

For all booking information and details of facilities for groups please call:

Oldbury, South Gloucs (01454) 419899  
 Bradwell, Essex (01621) 873395  
 Dungeness, Kent (01797) 321815  
 Wylfa, Anglesey (01407) 711400  
 Trawsfynydd, Gwynedd (01766) 540622

**MAGNOX**



A FREE POWER-PACKED DAY OUT.

# JEKA

## YOUTH GROUP SUMMER CAMPS 1997

AUSTRIA • FRANCE • ITALY • NORWAY  
 IRELAND • HUNGARY • CZECH REPUBLIC • SPAIN

### 10 DAY FULLY INCLUSIVE TOURS

- Local pick ups anywhere in mainland UK
- Travel by luxury coach and ferry
- Your own exclusive accommodation centre
- All food provided during your stay
- Free excursion use of coach
- Local representative service
- Established 1960 - ABTA registered



VISIT 'OUR CHALET' IN SWITZERLAND

For full colour brochure contact:  
 0121 559 0991 • 0141 248 3665 • 0181 688 1155  
 Jeka Holidays Ltd, FREEPOST (BM6614), Halesowen,  
 West Midlands, B62 9BR.



GILLIAN SLINN



COURTESY OF SOUTH WALES EVENING POST



### Historic voyage

Guider Gillian Slinn believes that four of her girls from the 2nd Holyhead Guide Company may have made history, when they made their Promise aboard the Stena Line HSS.

The new liner, currently the only HSS in operation worldwide, sails between Holyhead in Wales and Dun Laoghaire in Ireland.

The four – Vicky Rhodes, Sian Falkner, Beth Dunning and Nia Perrin – were on their way to meet their 'twin' Guide Company in Dublin.

### Globetrotting guides

Guides and Rangers from South West Wales dispersed to the four corners of the world this summer.

The girls pictured here spinning round the globe travelled to Ghana, Sweden, Scotland, Norway, Denmark, and the Slovak Republic.

### Healthy walkers stride out

Gloucestershire Brownies joined TV personality Dr Mark Porter and hundreds of other walkers on a seven-mile ramble along the Cotswold Way.

Girls from the 1st Brockworth Pack were sponsored by friends and family. The money they raised for striding out went to the Gloucestershire Wildlife Trust.

Walkers, who finished the trek, were rewarded with a well-earned cup of tea and a medal.



MARGARET WARTON



COURTESY OF THE GLOUCESTERSHIRE CITIZEN

### Pow-wow for four chiefs

The four most recent Chief Commissioners of Anglia Region lit the candles on a cake to celebrate 25 years of Guiding in Anglia Region at their annual general meeting.

The current Chief Commissioner, Vivienne Scouse, is in uniform. The former office holders are, from left to right: Margaret Johnston, Paula Hewitt and Anne Dunford.



# executive news

## Catching up

These items came up at either the April or the June meeting of the Executive Committee. Its next meeting takes place this month.

## Organising the changeover

After hearing of the illness of Margaret Wright, the Chief Commissioner, and her decision to resign on medical advice, members began the process of appointing a successor. The first step was to plan an extraordinary meeting of The Council for July 31, which has now taken place.

Until the new Chief Commissioner is appointed, wherever possible the Deputy Chief Commissioner, Bridget Towle, will act for and keep in close touch with Mrs Wright.

## Building a data base

As part of the Association's overall information technology strategy, members backed the Data Base Feasibility Group's suggestion that a centrally-held data base should be set up. It will hold information on all adult leaders who have worked or are working in a voluntary capacity for the Association.

Countries and Regions are to be invited to consider switching to the Association system when they come to upgrading their existing registration systems.

The information held at CHQ will be made available within the Association according to agreed guidelines, and the information held will only be used by the Association.

A Data Base User Group made up of both staff and volunteers is to be established to monitor the project.

## Staying on

Several appointments were extended. They include: Edward Holding, Honorary Treasurer until November 1997; Karen Tricker, Outdoor Activities Adviser until January 1998; Nicky Parker, Community Involvement and Development Adviser until April 1998; Ruth Goggin, Adviser for Europe, formerly Assistant International Adviser (Eastern Europe) until April 1998.

## Date for your diary

The 1997 Annual General Meeting will be held on Thursday, May 22 at The Guildhall, London.



FOTOFAYRE

## New role

Now that the Guide Heritage Centre is open, the original project group has been disbanded and a Guide Heritage Centre Management Group set up with Paula Hewitt as its chairman.

## Changing faces

The appointments of three Chief Commissioners were announced. Frances Drake, London and South East England; Rosemary Dibben, South West England; and Christine Richards, British Guides in Foreign Countries (BGIFC).

Sue Butler takes over as Rainbow Adviser in October.

Samantha Blood is the new Chairman of the British Youth Council delegation.

The new Chairman of Waddow Management Committee is Margaret Thompson.

Rosemary Dibben is the new Chief Commissioner for South West England



BRENDA BICKERTON

## Plugging in

A small group, which includes experts in the subject, has been formed to look at ways in which the Association can make most use of E-mail and the Internet.

## Forty years on

In future, members who complete 40 years service will be eligible to receive a special brooch to honour their commitment.

## Into the 21st century

A Millennium Group is being formed to develop proposals put forward by the 2000 Committee on how the Association can mark the dawning of the 21st Century. Sue Hogg, the committee chairman, told the Executive Committee that whatever the Association does, it should be relevant to the girls and, if possible, relevant to its volunteer leaders, as well as reflecting the role of the Association. She added that it would be necessary to differentiate between Association and Country or Region events.

## Listening to women

It was agreed that the Association, as a member of the Voices of Women Consortium, should again be involved at the three major party conferences. Unfortunately, finances will only allow fringe meetings to be held, exhibition stands being too expensive.

## Willing recruits

The following management committees have new members: Foxlease — Elizabeth Cross; Blackland Farm — Rona Bingham and Christine Argle; Waddow — Jacky Ramsden and Marisita Toole. And Mrs A Bufton from Wales has joined the Olave Baden-Powell Bursary Fund Committee.

## Independent advice

An independent consultant, Jayne Ingman, has been appointed to replace Leedex Public Relations as PR consultant to the Association.

## Going up

It has been agreed that the CHQ portion of members' subscriptions for 1997 should be £4.20 — a rise of 10p.

official



Right from the start, Essex North East's Thailand Aid Project had been based on a County team providing a Thai rural community with a much-needed supply of clean water.

The initials TAP were spot on, the logo was a tap and the fundraising – which included a bucket collection and a water quiz – was given a boost when a Guider and Young Leader bravely gave a water-buffalo a wash-and-brush-up at Colchester Zoo.

Candidates at a selection weekend practised water economy with a daily ration for all their needs, bathing Thai-fashion in sarongs with water collected from a lake. They watched slide shows about GOLD (Guiding Overseas Linked with Development) water projects in Thailand, built rafts to paddle across the lake, dined on rice and stir-fry, and breakfasted on rice and peanut curry with eggs.

Only when the selected ten in the TAP team were well into the business of priming themselves for the task did the itinerary arrive from the Girl Guide Association of Thailand (GGAT). Then it became clear that they were expected to help build a Guide 'friendship house'. There was no water project.

It was rather as if a group of dedicated gardeners with a flower show looming up had been confronted with a totally unexpected hose-pipe ban!

The question of turning off the TAP never arose, however. Instead, training was switched to learning the basics of bricklaying, concreting, carpentry, roofing and tiling. Part of the training was also in teaching English as a foreign language, since the Thailand project still involved – as it had originally – some teaching in schools.

At the end of its three-week trip to Thailand the TAP team returned in triumph, having completed the partly-built 'friendship house' – or *sala mittrapab* – on schedule, and fulfilled all other commitments.

For the benefit of the many sponsors, the TAP team has since produced an 11,000-word report which reveals that the team travelled 18,470km by air, 1,200km

# building friendship

by road and 490km by train; met about 2,650 Bluebirds, Guides, Senior Guides and leaders; and visited a total of nine schools.

The report adds that the team learned it is 'very wrong' to put an image or picture of a Buddha on the floor; that it is 'rude' to blow your nose in public (it's better to sniff) or to point your feet at anyone; that when hanging out washing, socks and underwear should go below other clothes; that people must not be touched on the head; and that – mercifully for all chopstick chumps – the Thais eat with fork and spoon.

In Bangkok the team was asked if it liked Take That and Boyzone, and discovered that in the world of Thai pop, a John Lennon look-alike called Mickey was a chart topper.

The team's itinerary included visits to the Bridge over the River Kwai, a Buddha factory, the Wat Mahathat temple 'of the most beautiful Buddha in Thailand', an elephant work camp, and an orchid and butterfly farm.

Here are some extracts from their report:

● When we went up into the mountains, we were told to take jumpers and coats. The Thais were shocked to find that most of us didn't even bother to put on a sweatshirt – it was too hot!

● The train was an hour late...it was like travelling backwards in a dentist's chair. We were very surprised to be served with free Coke and cakes during our journey.

● Sue discovered she'd washed her hair with water in which a rather well-used loo brush and a large cockroach had been floating...

● On the way back to Chiang Mai, we stopped off at one of the hill tribe villages. We spent the morning playing with 40 children aged two and four at the child care centre set up jointly by GGAT and our Association as part of a GOLD project. Fortunately, we had taken plenty of toys and games to Thailand, many of which were kindly donated by the County.

It was very moving to see the children tightly clutching their new possessions, their faces full of fear at the thought that someone might take away that beautiful teddy bear or toy car. ■



NIKKI BIRD

Ann Bailey of the TAP team, with Thai Bluebirds at Pitsanulok

If a major change of plans is called for you can be sure Guiders can cope.



# fly freda

**Trips around  
the world in  
200 minutes  
were on offer  
to lucky  
Brownies at  
one County's  
Revels**

**Words and photos by  
Gillian Ellis**

Staffordshire Guiders who couldn't bear to throw anything away came into their own one summer Saturday, when their old navy hats surfaced as part of a stylish air stewardess uniform.

The county showground provided the perfect setting for County Revels when its lofty hall became an airport terminal, and its grounds the rest of the world. Coachloads of Brownies poured through the gates of Freda's Airport to be welcomed by the pink elephant herself.

A carnival atmosphere awaited the travellers. Stone Scout and Guide band played outside the terminal building. Inside, a jazz band added to the excitement. Divisions stowed their baggage in designated areas and went off with their passports to register at the main check-in desks.

Passports were later checked and stamped on entry to each continent, by a band of immigration officers who displayed a distinct resemblance to members of Staffordshire Trefoil Guilds.

The intrepid travellers had been well prepared. Units had all received pre-flight starter packs containing application forms, appropriate games, puzzles and activities and cloth badges.

Each continent was identified by decorations in a specific colour, and nearby runways were bordered with matching balloons. Brownies

from the 16 Divisions were divided into five groups, which progressed at set times from continent to continent in search of fun.

Europe was probably the noisiest area. In just 40 minutes Brownies made a lightning trip round Spain, France, Italy and back again to the UK.

In Spain they made castanets, which were then used to accompany a lively rendition of *Viva Espana!* Two elegant French girls performed the can-can and invited the Brownies to join in, which they did with great gusto.

A trip to Italy provided each Brownie with 'just one Cornetto', which was then eaten while watching a traditional Punch and Judy show on an unidentified British beach.

There was a musical flavour to the African visit, as girls from the 2nd Stone Brownie Pack quickly discovered



Members of the 8th Leek Pack enjoy a refreshing stop while in Italy

From Europe it was a long haul to the USA, where Disneyland offered bouncy castles and Mickey Mouse puppet kits. There was also a superb variety of pioneering-type swings, climbing frames and balancing challenges erected by the County's Senior Section members.

Brownies visited the Native American encampment to make colourful feather head-dresses. Wearing these artistic efforts, each unit posed in front of the teepees for an instant photograph as a souvenir to take home.

Africa was just down the runway — a rather shorter haul than usual.





Wooden bead necklaces joined the feather head-dresses. And Zulu warriors, some carrying spears, danced and chanted round a circle of tom-tom beaters.

There was also an African safari with animal puzzles to be tackled before taking the next Freda Airways flight to Australia. There, with a fine disregard for jet lag, travellers were invited to compete in the Commonwealth Games and to try their hands at boomerangs and Aboriginal bark paintings.

The Great Wall of China and the Russian State Circus, alias Lancashire's Circus Sensible, could be seen from far down the runway as the flight approached Asia.

The wall was built gradually as Brownies signed their names on bricks before embarking on a famous-facts hunt.

In India, each Brownie coloured a card teapot and attached a tea-bag as a gift for Mum, then went on to try her hand at circus skills.

Teams of Brownies lifted parachutes so that others could run underneath, or bounce beach balls on the fabric. In the nearby Big Top, stilt-walkers, diabolo players, tight-rope walkers, unicyclists and plate-spinners concentrated hard.

As travellers put a girdle around the world in five separate 40-minute sessions, they encountered a lot of gold braid sported by their Captain, Lesley Knighton, and her four Flight Officers — Janet Fox, Gaynor Satherley, Karen Alexander and Pam Keay.

The five are better known as the Programme and Training Adviser, the Revels' Booking Secretary, the Rainbow Consultant, Stoke South Division Commissioner and the Assistant County Commissioner.

Around 3,500 Brownies attended the spectacular event, which had taken two years to organise. Activities in the five continents were run



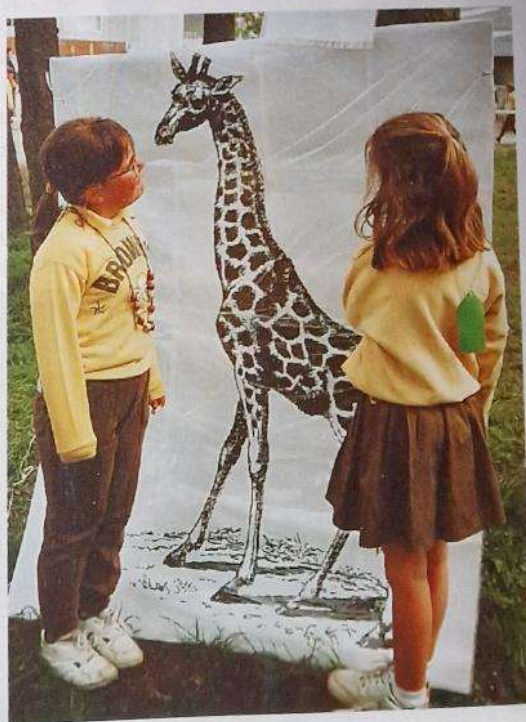
Have passports, will travel — Brownies enjoyed 'flying' from Freda's Airport

by dedicated teams, all of whom kept well within their budgets. Local and national firms, approached for help and handouts, were extremely supportive.

The RAF and the Red Arrows donated 'Future Pilot badges' and major airlines gave posters, brochures and badges. Twinings, Tetleys and PG gave 3,800 teabags, and a local brewery contributed thousands of new bottle tops for the castanet project.

The organisers, who realised that Brownies would need something in

Animal puzzles provided added interest to being on safari



which to hold their craft items, approached banks, building societies and supermarkets for promotional polythene carrier bags and were given 9,500!

Not all craft items were free, but great ingenuity was used to stretch the budget, especially in Africa. For example, as buying wooden beads from craft shops for necklaces proved too expensive, one leader hit upon the idea of using beads from strap-on car seat covers.

Haggling with a market trader produced 80 covers for £60, which were then painstakingly dismantled. The result: 80,000 brown, yellow

and cream wooden beads. All that was left was to count them out into 3,500 sandwich bags, cut 3,500 lengths of cord and singe both ends of each one to prevent fraying.

The Brownies had a marvellous time. There wasn't a glum face to be seen. The day ended with a mass sing-song in the departure lounge, when items included a special Brownie Revels' song written for the event by County Public Relations Adviser Ruth Twitchen.

The chorus — 'Glory, glory what a wonderful day for all' — could be heard resounding all over the site, providing a suitable finale for a magnificent project. ■



# on trac



**Organisers of  
RACE '96 hit a  
winning streak  
with two days  
of sunshine  
and success**

Words and photos  
by Gillian Ellis

The publicity leaflet claimed: 'You can bet on a great day out'; and visitors to North West Region's Silver Anniversary party at Lancashire's Haydock Park racecourse didn't need to hedge their bets.

For the organisers had pulled off a double triumph — two fantastic days when the course was awash with Senior Section members, Guiders, Trefoil Guild members and many friends.

They all had a great time at the special celebration meeting. It was the Region Chief Commissioner, Pat Jackson, who gave the event its catchy title, RACE '96 — standing for Region Anniversary Celebration Event — after Haydock Park was picked to stage the gathering.

The fun lasted a whole weekend,

with an official opening on the Saturday by Geraldine Rees, the first woman jockey to complete the Grand National course. Geraldine has represented Britain both as a junior and a senior rider.

Each of the 17 Counties in the Region had been asked to provide two decorated birthday cakes, one for each day. The cakes were first judged for a competition, then cut up so that everyone could enjoy a celebratory slice.

The winning Counties were: Cumbria North (Saturday) and Lancashire Border (Sunday). Each day's winning cake was cut in front of a large crowd. On Saturday Mary Chance, the Region's first Commissioner, did the honours, and on Sunday it was Bridget Towle, the UK Deputy Chief Commissioner.

The whole of the indoor complex was alive with activity and the emphasis was on colourful stalls. Dozens of practical handouts were distributed free for Guiders to photocopy at home, or at the inexpensive facility provided on-site by Konica. Organisers calculated that some 461,000 A4 sheets were snapped up by visiting Guiders.

The stall featured a wide variety of displays, from international Guiding to outdoor activities. RACE '96 badges sold briskly and a Badge Swop stall was very popular. The enormous collages, part of the

UK Deputy Chief Commissioner Bridget Towle cuts Sunday's winning cake



Visitors queued up to learn a range of circus skills



The entertainment included a colourful dragon dance



# k for fun

display for the Region's Silver Challenge, were spectacular.

The Press and Public Relations Group mounted an exhibition designed to improve the public image of Guiding and to help Guiders give their own visual displays a professional look.

Visitors were invited to try laminating, badge-making and letterhead designing and printing, and to learn the best ways to present posters and photographs.

Advice was given on the use and effects of colour. Meanwhile the extremely successful video made by the 2nd Sandiway Guides from Cheshire, for use at the Guide Heritage Centre, was being shown in a continuous screening.

'One unexpected thing,' said Karen Dooley, Region Press and PR Adviser, 'is that among the good examples of posters we put up there were several examples of what *not* to do — and nobody commented on those at all!'

One particularly positive leaflet was entitled 'I belong to...', which listed 16 facts about the Guide Movement, ending with the words: 'I am proud to be a Guide Association adult leader.'

Though many of the displays featured handouts, there were plenty of practical activities, too. Hands-on opportunities included exercise-biking; faking and treating wounds; napkin-folding; and biscuit icing. There was also a fascinating archival display with books, badges, letters, logbooks, photograph albums and memorabilia going back to the very beginnings of Guiding.

The Trefoil Guild was there in force with a display of information and pictures entitled 'Helping hands'. The Trefoil Guild had persuaded hundreds of Brownies and others to draw around their hands and send in cut-out paper hands to decorate their stall and other areas.

Guiders in the smaller rooms

upstairs were busy demonstrating the fun of Action Plus!, Look Wider, the Queen's Guide Award, GOLD, and being a leader.

International and arts activities weren't forgotten, and there was face-painting, programme ideas, games and crafts for all sections.

Outside, a constant programme of entertainment and challenge was enjoyed by visitors of all ages. The archery and fencing sessions booked up very quickly. And enthusiasts gathered for drop-in fun such as 'Now get out of that', teasers, the windsurfing simulator and an amateur radio caravan. Clive and Billy of Circus Sensible were there with a variety of stunts, juggling balls, tightrope and diabolos.

There were lightweight camping and camp kitchen displays, and also a Senior Section outdoor cookery competition. This was won on Saturday by Louise Gleave and Sarah Wilkinson of Village Rangers, Cheshire Forest, with Nicola Prescott and Angel Shaw of Wirral's 1st Frankby Rangers coming in second place.

On Sunday, Merseyside County scooped the prizes. The winners were Jane Hackett and Beverly Broughton of St Helens Division Young Leaders. Joint runners-up were Heather Simpson and Jenny Foulds, also of St Helens Division Young Leaders, and Rachel Parr and Helen Gray of 4th Rainhill (St Ann's) Rangers.

Lovely weather on both days helped to enhance the outdoor entertainment given by the various Counties. This included parachute games, morris dancing, country dancing, maypole dancing, Cumberland wrestling and a colourful dragon dance. Music was provided by the Cheshire Forest Singers, the 3rd Davyhulme Scout and Guide Band and Merseyside Scout and Guide Band.

On Saturday, the 3rd Davy-

hulme band launched into its signature tune just as a Lancaster bomber and a Spitfire flew overhead from a nearby air show. By coincidence, their signature tune happens to be the *Dambusters March*. The crowd erupted into applause and cheers — it was quite a moment.

There was more music indoors at Sunday lunchtime, when Lancashire East Fun Band and Singing Circle had everyone tapping their feet. Each afternoon concluded with a rousing singing session.

Altogether, some 3,000 visitors enjoyed RACE '96, and, undoubtedly, went home with a much clearer idea of what the Guide Movement offers — both to its members and to the community that it aims to serve.

The Race Core Committee — Pat Jackson, Lois Loudon, Karen Dooley, Norma Fowler and Pat Mayle — managed to combine new ideas with old favourites to produce a gala weekend celebration with a relaxed and friendly atmosphere.

'We hope that all the adult leaders who came to RACE '96 saw it as the Region's gift to them for all they've done over the last 25 years,' said Ann White, Region Administrator, who with Lois Loudon, RACE '96's Business Manager, was in overall charge.

The Region's anniversary gift was more than just a good day out. The dozens of activity ideas gleaned over the weekend will keep North West units on the winning side for many years to come. ■



Now get out of that!



# healthy op

As more and more girls go veggie, GUIDING looks at the implications

By Catherine Dell

Over the last decade, the number of vegetarians in the UK has doubled. They now account for almost five per cent of the adult population. Among teenagers, the percentage is significantly higher — around 12 per cent. And with girl vegetarians outnumbering boys by at least two to one, you're almost certain to have some veggies in your unit.

Some of these young people will have been brought up as vegetarians, but the overwhelming majority will have made their own decision — for a variety of reasons. For example, they:

- may believe it is morally wrong to kill animals; or object to the cruelty they believe is associated with rearing livestock for food.
- may be concerned about the environment, knowing animal-based agriculture can contribute to problems such as deforestation and water pollution.
- may perceive a link between world hunger and meat production, with land and crops being used for rearing animals that could otherwise be used directly to feed people.
- may have become health conscious and want a low-fat, high-fibre diet.

Whatever a girl's motive is, it will be valid to her; and if she wishes to follow a vegetarian regime, this should be respected. However, there will be occasions when this requires co-operation from Guiders, whether catering at camp, planning refreshments for a unit celebration or helping the Rainbows make sweets. So it is important for leaders to understand vegetarianism, especially its dietary implications.

There is another urgent reason for Guiders to be informed. Many girls come to vegetarianism at an age when their nutritional awareness is minimal. They know they are not supposed to eat meat and fish — but don't know what to eat instead. Adopting a 'Peter Rabbit' style menu of raw carrots and lettuce leaves won't do their health much good — and may be dangerous if it coincides with a slimming phase, when it could degenerate, unwittingly, into an eating disorder.

If the adults in their lives are well informed about vegetarianism, they will be better placed to discuss, answer questions and advise. After all, going veggie should be a happy and healthy option. In fact, the name vegetarian comes from *vegetis*, which is Latin for 'lively'.

So what is a vegetarian? It is someone who does not eat any meat, poultry, fish or slaughterhouse by-products such as gelatin. Instead, a vegetarian lives on a diet of grains, pulses, nuts, seeds, vegetables and fruit — with or without free-range eggs and dairy products.

There are four main categories:

- **Lacto-ovo vegetarians** — eat dairy products and eggs; this is the most common category.
- **Lacto-vegetarians** — eat dairy products but not eggs.
- **Ovo-vegetarians** — eat eggs but not dairy products.
- **Vegans** — do not eat dairy products, eggs or any other animal products. Some also do not eat honey.

A well-balanced vegetarian diet can easily provide all the nutrients the body needs: proteins, carbohydrates, fats, vitamins and minerals. The crucial word is

balanced. To be fit and healthy, a vegetarian needs a variety of foods each day. Nutritionists recommend:

- **Fruit and vegetables** — four and five servings.
- **Grains/cereals and potatoes** — three or four servings.
- **Pulses, nuts and seeds** — two or three servings.
- **Dairy products, eggs or soya products** — two servings.

A small amount of vegetable oil and margarine or butter should also be included.

For non-vegetarians, some of the above foods may seem unfamiliar. But when 'grains/cereals' become bread, rice, pasta, porridge oats and sweet corn; and 'pulses, nuts and seeds' translate into peanut butter, baked beans, hummus, kidney beans in chilli sauce, lentil soup and sesame crunchie bars; they suddenly seem less daunting.

There are, in fact, only two nutrients that are not present in plant foods: vitamins B12 and D.

Linda McCartney's passion for vegetarianism has inspired her to write veggie cook books and create a range of meatless meals

## Linda's Kitchen





# tion

Vegetarians usually get sufficient B12 from dairy produce and eggs, while vegans opt for foods that have been fortified with the vitamin, such as a yeast extract like Marmite; breakfast cereals; soya milk; and textured vegetable protein (TVP).

The principal source of vitamin D is sunlight, and most people get adequate amounts of this vitamin from being outdoors. It is also present in dairy products and eggs, and in various fortified foods such as vegetable margarines and some breakfast cereals.

In spite of the nutritional facts – and considerable evidence that a vegetarian diet positively contributes to good health – many non-vegetarians still have doubts. 'Surely people need to eat some meat,' they say. Yet being a vegan hasn't held back Carl Lewis!

Misgivings can be even more pronounced where children are concerned; but if parents follow the nutritional advice that is readily

**Heather Small of M-People is a famous vegan. Live animal exports and the BSE crisis have caused a surge of interest in veganism**



TERENCE DONOVAN

available, there is no danger in bringing up children as vegetarians.

By the time youngsters become teenagers they are probably already exercising some control over their meals. They should be encouraged to eat a wide variety of foods, and to be particularly aware of protein, calcium, iron and Vitamin B12. Good sources of these nutrients include:

● **Protein** — **beans and peas, nuts, wholewheat flour and bread, pasta, rice, sunflower and other seeds, cheese, eggs, milk and soya products.**

● **Calcium** — **cheese, milk, yoghurt, spinach, parsley, watercress, almonds, Brazil nuts, dried figs, lemon and tofu (soya-bean curd).**

● **Iron** — **molasses, dried fruit (peaches, figs, apricots), lentils, baked beans, breakfast cereals, green vegetables and wholewheat bread. To help the body absorb iron, it is useful to consume foods containing Vitamin C – vegetables, fruit and fruit juices – at the same time.**

If teenagers suddenly become preoccupied with their body shape and want to lose weight, get them to analyse their diet. If it contains excessive amounts of sweet and/or fatty foods, encourage them to choose healthier options. But if their diet is already balanced, exercise could be the answer.

With vegetarians in the unit, you will certainly find yourself having to think veggie. When it comes to planning food, especially for camp or Pack Holiday, it is essential to consult the girls themselves; or if they are very young, talk to their parents/guardians. You need to find out what the girls do and don't eat.

As you draw up the shopping list, why not try to choose items that suit both vegetarians and non-vegetarians. Many food manufacturers label products 'suitable for vegetarians' and over 2,000 products carry the Vegetarian Society's symbol.

While some camp/Pack Holiday meals will be acceptable to everybody, others will require a veggie option. Remember to cook veggie food separately and use separate serving utensils. Also,

remember that a veggie option isn't just the vegetables from the non-veggie meal.

For more casual catering, choose foods that everyone can eat, such as jacket potatoes with baked beans.

This approach also works for bigger events. If all the eats – quiches, pizzas, salads or dips – are suitable for vegetarians, everyone will be satisfied. And you will also avoid a common but embarrassing situation where the vegetarians are left with meat or fish, because the veggie dishes 'looked so delicious'.

A prime resource for novice menu planners is the Vegetarian Society (see box for address), which publishes introductory booklets and a series of fact-sheets.

The Vegan Society provides information on veganism. Among its publications is *Vegan Catering* – an information pack for caterers, containing nutritional guidelines and a selection of straightforward vegan recipes (price £1.95, including p&p).

Both societies issue book lists which include cookery books for new vegetarians and young people.

● Further information is available from:

**The Vegetarian Society**  
Parkdale, Dunham Road  
Altrincham  
Cheshire WA14 4QG

**The Vegan Society**  
Donald Watson House  
7 Battle Road  
St Leonard-on-Sea  
East Sussex TN37 7AA

In each case, please enclose two first-class stamps.

*Linda's Kitchen* is published by Little, Brown, price £15.99.

Many vegetarian cookery books not only feature recipes, but also contain practical information and advice on nutrition.

By becoming acquainted with the facts, Guiders will soon find themselves at home with vegetarian catering. More importantly, they will gain confidence in responding to a girl's interest in vegetarianism and, if she then chooses to go veggie, helping her to live that option happily and safely.



# training news

## Vacancy

Hautbois . . . . . November 8-10  
This weekend is available for booking by a unit, District, Division or County, on a self-catering or catered-for basis.

## Mid-week leisure break

Waddow . . . . . October 7-11  
A programme will run from Tuesday to Thursday afternoons, featuring visits, crafts, walks and a Lancashire evening; or do your own thing. For Guiders, Trefoil Guild members and their families.

## New Year house party

Broneirion . . . . . Dec 30-Jan 2  
50 years at Broneirion — bring your family and friends and get our celebration year off to a good start with a traditional New Year house party.

## Look Wider, Young Leader

Foxlease . . . . . December 6-8  
For Young Leaders, Young Leader Guiders, Unit Guiders and Commissioners. Whether you are just starting out, are part of the way there, or know a lot about the scheme already, there will be something for you this weekend.

## Trainers' weekend

Lorne . . . . . December 6-8  
An opportunity to expand your knowledge and enjoy traditional Christmas fare, including dinner with all the trimmings. The training will be led by a CHQ Senior Section team.

## You and your Division team/ Working together in your District

Hautbois . . . . . November 15-17  
Two courses aimed at making a difference to how you work together in District and Division teams. It is open to *either* a Division or a District Commissioner, with up to seven of her Guiders of varying levels of experience.

## Arts

Lorne . . . . . November 15-17  
Surprise yourself with what you can achieve with expert help.

## Grandmother/grandfather with grandchildren break

Waddow . . . . . October 21-24  
Bring your grandchildren to Waddow. There will be a programme but also time for you to do what you wish.

## Rainbow Guiders

Broneirion . . . . . January 24-26  
If you are a Rainbow Guider with less than two years' experience, warranted or not, then this weekend of fun in the Rainbow programme is for you.

## From Rainbows to the Senior Section

Foxlease . . . . . December 13-15  
Practical activities for all sections, adapted to the needs of girls and young women, whatever their section. As a special offer for this weekend, if you come as a group of four or more with an interest in all sections, you may claim ten per cent off your total fees.

## Tutors' weekend

Lorne . . . . . January 10-12  
A tailor-made training. Send your requests and the CHQ team will fashion them into a programme to suit you.

## New Year house party

Hautbois . . . . . Dec 28-Jan 2  
This traditional, non-uniformed, social event is open to the Senior Section, Guiders and Trefoil Guild members and friends, and will be led this year by Mary Gentry and Anne Robinson.

## Mid-week training

(Programme ideas)  
Waddow . . . . . November 12-14  
For Senior Section, Guide, Brownie and Rainbow Guiders. A crèche will be provided if required.

## New Year house party

Foxlease . . . . . Dec 31-Jan 2  
Be in at the beginning on the very first event of our celebration year. Look at years gone by from the house's viewpoint. There will be something for everyone, energetic or restful.

## Rainbow Guiders

Lorne . . . . . February 14-16  
Put a note in your diary to bring a friend and celebrate by training at Lorne.

## New musical qualifications

Waddow . . . . . December 13-15

Programme ideas for Rainbow, Brownie and Guide Guiders  
Waddow . . . . . November 29-Dec 1  
Book four for the price of three.

## Zip into action

Foxlease . . . . . Nov 29-Dec 1  
For Guiders with five years' experience or more. Zip into action! Unzip a bagful of ideas, share your successes and renew your enthusiasm.

## Keep your wits about you

Waddow . . . . . Nov 29-Dec 1  
A wild and wacky international weekend packed with ideas, challenges and lots of information to take away. For 14-16 year-olds with or without their Guiders. A bursary is available to subsidise each place for half the accommodation cost.

## Mid-week training for Commissioners

Foxlease . . . . . October 8-10  
The emphasis of this training will be on aspects of the job of District Commissioner, but others are welcome.

## International craft

Waddow . . . . . December 13-15  
Craft ideas from all over the world for Thinking Day.

## Endless ideas for Patrols

Foxlease . . . . . January 10-12  
A whole weekend of activity ideas and suggestions for using them, to help your Patrols make progress in working together.

## Look Wider/Action Plus/Making It Count

Waddow . . . . . December 13-15

## Theme meetings for Rainbow and Brownie Guiders

Foxlease . . . . . January 10-12

For full details of the trainings listed or any future trainings, send a sae to the appropriate centre. Applications to attend any of the trainings mentioned should be sent to the Manager, enclosing a £15 deposit and sae. Cheques should be made payable to The Guide Association.

official



# Brownies abroad

Many Brownie Guiders might think twice about taking their units abroad — it's a big responsibility and there is a lot of organisation involved. Undaunted, the Guiders of Heywood and North Bradley in Wiltshire decided to try a Pack Holiday overseas to celebrate their 50th anniversary.

Their destination was Denmark, a country famous for its child-friendly environment. Once the home of famous storyteller Hans Christian Andersen, it is now also notable as the birthplace of Lego.

In preparation for the trip, the Brownies worked on the various world badges, learned a few words of Danish, found out about Guides in Denmark, and got down to some serious fundraising.

The 18 girls who went on the trip were aged between seven-and-a-half and ten, and all had been away from home before. A high staff ratio was required, with one adult to two Brownies, but there were plenty of volunteers.

The vacation was run like a Pack Holiday at home, except that the Brownies stayed in a youth hostel with meals provided. There were all the usual craft activities, and



Having fun in the Tivoli Gardens

games in the evening after days out.

The first three days were spent in Copenhagen, where highlights included seeing the real Little Mermaid in the harbour, and having an official 50th anniversary meal on board the Pirate Ship restaurant in the Tivoli Gardens.

The girls then travelled to mainland Denmark, visiting the Hans Christian Andersen museum in Odense, before checking in at their second youth hostel — just eight minutes' walk from Legoland.

Legoland is full of delights such as a safari, a cowboy town and a full-size train, all made from Lego

bricks. There are also several white-knuckle rides and plenty of spare bricks to construct things with.

Unique to Legoland is its driving school, where young 'motorists' can qualify for a Legoland driving licence. Some of the candidates drove the wrong way and were pulled over by a Legoland policeman for dangerous driving!

The holiday was judged by all to have

**It was a fairy-tale adventure for the Brownies who took their Pack Holiday in Denmark**

By Sarah Dean



The Copenhagen trip included a visit to the harbour, to see the Little Mermaid of fairy-tale fame

## Could I try it?

Brownies may travel abroad, but must be accompanied by a very experienced Guider. The relevant Advisers need to be contacted at least nine months before the proposed visit

See section 26.11 of *The Guiding Manual*, plus *The Guiding Manual* (1996 amendments) for further details of procedures and requirements. Another useful publication is *Travelling Abroad* (Price £4.50, order code 65956, available from The Guide Association Trading Service, Atlantic Street, Broadheath, Altrincham, Cheshire WA14 5EQ).

## Could we afford it?

Heywood and North Bradley Brownies were able to raise £5,000 in a year. This meant they could subsidise each place by a minimum of £200, depending on how much the girls' parents were able to contribute. Fundraising events were organised by a committee of parents and Guiders.

The committee also wrote to local companies for sponsorship.

been an unqualified success. The Guiders felt the Brownies had gained a lot of confidence through being in a foreign country and travelling so far by plane.

But would they venture abroad again? No doubt about it — the group is already planning a trip to France in a couple of years. ■

You may be able to apply for help with expenses. Contact your County HQ for details of any travel bursaries for groups, and your LEA may provide grants for educational activities overseas.

Further savings can be made by writing to the places of interest before the trip, and negotiating group rates. In Scandinavia in particular, Guides in uniform often get into places of interest free.



## on line

### Pooh and company

A new range of watches featuring those eternal childhood favourites Winnie the Pooh and friends has been launched by Timex.

They come in a variety of designs and are water resistant to a depth of 30 metres. Priced from £9.99-£24.99, the Disney Pooh watches are available from most high street jewellers.

**GUIDING** has five watches to give away. To be in with a chance of winning one, send your name and address on a postcard to: **GUIDING/Timex**, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.



### Planning ahead

Outings, camps, Patrol entertainment evenings — if you want your Guides to remember the important occasions in your unit's life encourage them to buy the 1997 Guide Diary.

Published by Letts, it is packed with useful information and activity ideas. It costs £3.99 and is available through the Trading Service, Guide shops and high street outlets.

We've got 12 to give away, so if you want to be in with a chance of winning one, send your name and address on a postcard to: **GUIDING/Diary**, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.



THE GUIDE ASSOCIATION

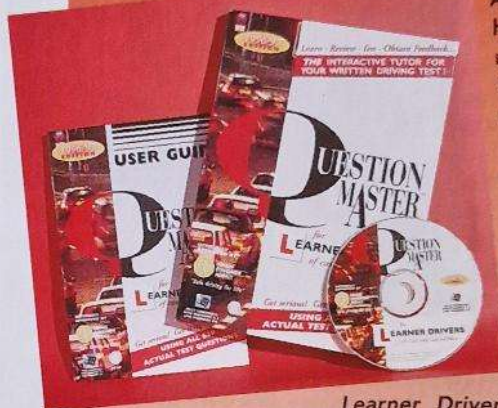
### Virtual driving test

A range of books and products has come on to the market recently which aim to help learner drivers prepare for the new written test.

Computech Birmingham is the first company to produce an interactive CD-ROM in this area. Covering all 639 questions that can be asked in the test, it has been approved by the Driving Standards Authority.

**Question Master for Learner Drivers** is priced at £29.99, but

**GUIDING** has a free copy to give away. If you would like to be in with a chance of winning it, write your name and address on a postcard and send it to: **GUIDING/Question Master**, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.



### Good ideas for Christmas

Following the success of The Country Style Fair reader offer in May's **GUIDING**, we have 20 more double tickets to give away — this time for the Festive Fair to be held at the National

Exhibition Centre in Birmingham on November 22-24.

The Country Style Festive Fair will house 250 exhibitors selling a large selection of unusual, handcrafted gift ideas. To make an advance booking, call 0121 767 4151. Adult tickets cost £5.50 or £8 on the day. To be in with a chance of winning free entry for two, send your name and address on a postcard to: **GUIDING/Festive Fair**, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.



PHILOMENA PRETSELL



### Classic contours

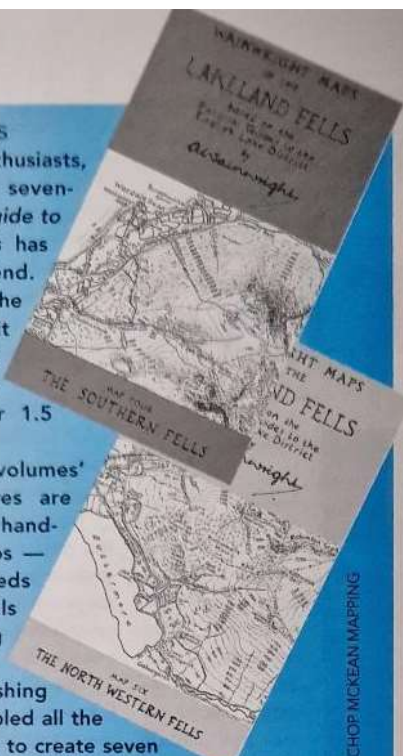
To hillwalking enthusiasts, A Wainwright's seven-volume Pictorial Guide to the Lakeland Fells has become a legend. Published during the 1950s and 1960s, it has never been out of print and has already sold over 1.5 million copies.

Among the volumes' best-loved features are Wainwright's hand-drawn sketch maps — there are hundreds covering the fells and surrounding countryside.

A new publishing project has assembled all the maps on computer to create seven sheet maps of the Lake District — one for each of the original guidebooks.

So far, two maps are available: *The Southern Fells* and *The North Western Fells*. Published by Chop McKean Mapping, they cost £3.99 each. *GUIDING* has five sets to give away. To be in with a chance of winning a set, send your name and address on a postcard to: *GUIDING/Fell map*, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.

● **Safety note** — the Wainwright Maps are historical documents and are not intended for use in the field.



CHOP MCKEAN MAPPING

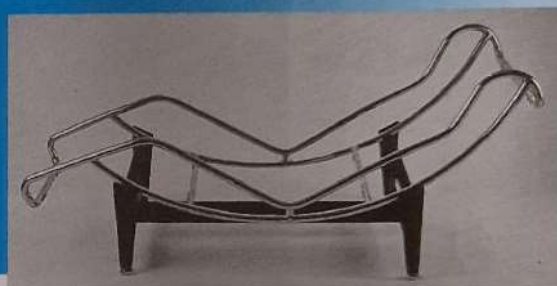
### Pioneer designer

Think of modernism in Paris during the interwar years and a succession of famous male painters spring to mind. But women also made a valuable contribution to the bold new ideas in art, architecture and design.

Charlotte Perriand — aged 94 and still working — is best known for her collaboration with French modernist architect Le Corbusier. However, she also devised her own radical new concepts for furniture and interior design.

The Design Museum in London is holding the first British retrospective of her work. One of the most famous exhibits is the *chaise longue* (shown here), which Perriand designed with Le Corbusier and Pierre Jeanneret.

The exhibition will run from October 24 to April 13. For further details, telephone 0171 378 6055.



MUSEE DES ARTS DECORATIFS, PARIS



### Pennies from heaven needed

A new campaign has been launched to provide funds for medical research

into skin diseases. The Skin Treatment And Research Trust (START) aims to highlight the misery caused by common chronic skin diseases, such as psoriasis and eczema, through the Dennis Potter Appeal.

The findings of the research will give doctors a better understanding of skin dysfunction and how to treat it. Screenwriter Dennis Potter suffered from psoriatic arthropathy, which inspired one of his most famous television plays, *The Singing Detective*.

The Dennis Potter Appeal is funded completely by donations. If you would like to contribute, contact: The Dennis Potter Appeal, START, Chelsea and Westminster Hospital, Fulham Road, London SW10 9NH. Tel: 0181 746 5656.

START/BBC PICTURE ARCHIVES

### State-of-the-art computers for early starters

It seems that children are going to have their own state-of-the-art laptop computers, as well as adults. Tiger Electronics UK has launched a range of pre-computer electronic learning aids.

Suitable for children aged six years and above, the Talking Laptop Smart combines the appeal of a real portable laptop with 25 fun learning activities. It helps children with letters, spelling, vocabulary, maths and music.

Priced at £39.99, the computer has a large, liquid-crystal display screen and QWERTY keyboard. There are three different activity levels, allowing children to progress at their own pace.

*GUIDING* has one free computer to give away. To be in with a chance of winning it, send your name and address on a postcard to: *GUIDING/Tiger Electronics*, 17-19 Buckingham Palace Road, London SW1W 0PT. The closing date for entries is October 31.



TIGER ELECTRONICS



# action for girls

Don't miss a chance to influence the way girl children are treated

Looking forward — a chance to target the limitations and improve the outlook that girls face in life



Are girls better at some things than boys? Do girls have as much choice in life as boys? Who does the most housework in your house? These are just some of the questions that Guides and Rangers found themselves being asked at camps and Training Centres around the UK this summer.

Lara Brookes, a recently elected member of The Council, explains why Commonwealth Headquarters wanted to know the answers to such probing questions:

‘It all started with the United Nations World Conference on Women, held in Beijing in 1995. There everyone was talking about the importance of the girl child. In fact, *Global Platform for Action* — the document which details actions agreed by governments — devotes a whole section to her.

It also explains the problems that girls face — from even before birth, throughout their childhoods and during adolescence.

Women attending the conference agreed that the quality of

women's lives would only be improved by eradicating the limitations currently placed on the girl child's existence.

In seeking to improve young females' lives, it is very important that girls' own views are heard; so The Guide Association was

delighted when, in July last year, we became full members of the Women's National Commission (WNC), the official, independent advisory body which conveys women's views to the Government.

The WNC played a key role in the UK's preparations for the World Conference, and also provided members for the official UK delegation to Beijing.

Part of the work the WNC tackles is done by small groups, who produce in-depth reports on issues of importance to women. The reports, when they are endorsed by the whole membership, are presented to Government Ministers.

The emphasis on the girl child at the World Conference on Women encouraged the WNC to focus on the situation of girls in the UK and to examine the influences on them as they grow up.

When the WNC set up a working group to look at this aspect, The Guide Association was keen to take advantage of an opportunity to make a worthwhile contribution,

and I was asked to serve on the working group.

Early in our discussions, the group agreed that there should be some first-hand feedback from girls about what they thought and about their aims and aspirations, in order to help direct our thinking.

The group decided to consult Guides and Rangers over the summer. In addition, the WNC would value feedback from Guide Companies and Ranger Units that haven't been approached.

Turn to page 43 for some activities you can use at meetings to explore appropriate themes. These are just taster activities for a pack of programme ideas that has now been put together.

The WNC would be very grateful to hear your girls' reactions to these activities so that it can incorporate their views in the final report. Copies of the activity pack can be obtained from Teresa Harper at: The Women's National Commission, Caxton House, Tothill Street, London, SW1H 9NF.

There is still a lot to do, but the WNC hopes to start collating its findings into a report during the winter months in order to publish next spring.

And more importantly, the WNC will be considering what recommendations to make to the Government and others in authority to improve the outlook for today's girls and tomorrow's women.

The Guide Association has been an associate member of the Commission for some years, and applied to become a full member when the WNC reviewed its membership in 1995.

Only 50 national women's organisations are invited to become full members of the WNC, which makes it very important that these organisations span the whole spectrum of women's activities.

Currently, women from all three main political parties, as well as from trade unions, voluntary bodies and religious and ethnic groups, are represented on the WNC.





JANE ECCLES

One of the many things I've learned from observing Tawny's Monday night Brownie sessions is that theme evenings come to the rescue time and time again.

Keeping things fresh for Brownies with a boredom threshold measured in microseconds is no easy task, so the arrival of two of the girls' Spanish pen-friends sent Big T's brain into overdrive, with yours truly inevitably becoming a part of the equation.

Having enrolled for Spanish Conversation evening classes a couple of months before, there was simply no escape. Apparently Maria and Conchita were a little rusty in the English department, so Big T agreed – on my behalf – that I'd act as interpreter at a Spanish evening. It was scheduled to finish with a question and answer session and a few appropriate nibbles.

Flattered that my linguistic skills had been positively recognised at last, it wasn't until the day before that I began to fret. Phrases such as 'Where are the toilets please?', 'My wife has gone into labour' and 'Can I have a quarter of mountain goat's cheese?' might just possibly be useful in a tight corner of deepest

Andalucia, but I wasn't convinced about surviving a Monday night of Euro-question time with the fiendish 23rds.

Added to that, I'd agreed to provide some authentic tortillas, which, according to my *Tapas for all occasions* bible, should be 'slightly heavier than an ordinary omelette'. On the grounds that both vulcanised rubber and quick-setting Poly-filla undeniably pass that test, I feel entitled to claim a measure of success for my efforts – although I did have to rise above the Brownies' chortling and Tawny's uncalled for suggestion of a game of Frisbee!

As for my success as an interpreter, I quickly realised that I could say pretty well what I wanted and no one would know the difference. I think Maria's father worked in a factory and Conchita's was a fish-monger, but there's just a chance that it could have been a library and a sewage farm.

I only started getting into really hot water towards the end, when the dictionary was quickly pressed into action. Pippa's question – what did Conchita choose for her Collector's badge? – was sensible enough, but I have to say my answer lacked

## a man's eye view

conviction. On reflection, I suppose you could collect shower heads but sticking them in an album might be a bit tricky.

It was only after I had confirmed that Maria's grandmother had just won an award for bullfighting that I began to think of winding up the session rather fast. Either the Spanish are an unusual people, or my interpreting skills were losing something in the translation.

After several raucous rounds of *Viva España* and an irritating little Spanish Brownie ditty about a cockroach, I was actually praying for *Ten Green Bottles* and *One Man Went to Mow*. Definitely time to call it a day!

Adios for now, from your friendly (failed) interpreter. ■





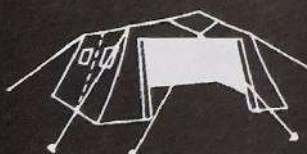
UTILITY TENT,  
COOKHOUSE/  
DINING SHELTER



UNIQUE BASE  
CAMP TENTS



RIDGE TENTS



MESS TENTS

**HURRY**  
WHILE STOCKS  
**LAST!**

# Autumn SALE SPECTACULAR

AT GIVE AWAY PRICES!

## GOING ON SAFARI!

We've got the Camp Beds for You!

ONLY **100** AVAILABLE  
AT SUPER KNOCK DOWN PRICES

## SECONDS MESS TENTS MUST BE CLEARED

**HURRY!** ONLY A  
FEW LEFT AT BARGAIN  
BASEMENT PRICES

## • TO CLEAR •

### New Base Camp Tent Prototypes and Seconds

- Extendable • With Frame Marquee Stability
- Use on Hard or Soft Standing
- 2 metre High at Lowest Point • Ideal for larger groups

**END OF  
RANGE**  
SINGLE TOILET TENTS  
LIMITED  
NUMBER AT A  
SILLY PRICE

## CLEAROUT OF FACTORY SECONDS RIDGE TENTS

## UTILITY TENT, COOKHOUSE/ DINING SHELTER

A small quantity of these very Economical Dining  
Shelters are available at Very Special Give Away Prices.

**HURRY** FIRST COME FIRST SERVED

## QUALITY REPAIR & REPROOFING SERVICE OCTOBER & NOVEMBER ONLY

During the last 12 months hundreds of satisfied customers have taken advantage of the Bradford Cover & Tent Repair and Reproofing Service. Which is a very special Service offered during October and November only.

This service is once again available during the months of October and November and for as little as £30 - £40 a 12'x13' Ridge Tent can be collected, fully overhauled, reproofed and returned in first class condition. This is a small price to pay to add many more years of service to an ageing tent. If you would like a quotation for work to be carried out then please tick the appropriate box on the coupon below and we will be delighted to send you a detailed quotation form.

## COLLECTION & DELIVERY SERVICE

Send to: Bradford Cover and Tent, Company Ltd, FREEPOST BD 2098, Windsor Street, Bradford, West Yorkshire BD4 7BR

Please send me details on:  
(Tick as appropriate)

Clearance Sale ☐

Repair and Reproofing Service ☐

Send to:  
Bradford Cover and Tent, Company Ltd, FREEPOST  
BD 2098, Windsor Street, Bradford, West Yorkshire BD4 7BR



Name

Address

Tel.

Group



# rewards from overseas

A young woman who is living temporarily in the farthest reaches of Kathmandu or Oman, or even just across the Channel, may feel she is a long way from home, but she can still take part in the UK version of the Duke of Edinburgh Award Scheme, courtesy of the nearest Guide Association.

British Guides in Foreign Countries (BGIFC) now operates in 41 countries. And the Award Scheme operates in one in four of these countries, thus opening doors, extending challenges and providing opportunities for our young people right across the world.

This availability of the UK Award Scheme allows continuity to anyone who may have embarked upon it and then been relocated abroad with her parents.

It also ensures that the participants are not discouraged at a time in their lives when many odds might seem stacked against them — when job hunting or obtaining a place in further education beckons, for instance.

For BGIFC, the major challenge lies in providing the necessary support to Award participants and their adult leaders. Even though access to training sessions and personal contact with the operating

authority personnel is limited, the fax lines and telephones are hot with activity.

The Award leaders in overseas areas are the life-blood of the organisation and must be recognised for coping admirably with all the situations they have to meet and master. They deserve every credit as they work to make the scheme available whatever the circumstances, and they adapt regulations and modify conditions to make best use of the local facilities available.

In almost five years as Duke of Edinburgh Award Co-ordinator at BGIFC, I have registered or

accepted transfers from just over 100 young people. Nearly 40 Bronze Awards and 16 Silver have been gained and the first Gold is on the horizon.

If the essence of the Award Scheme is captured in the concept of 'a challenge to the individual', then everyone must agree that these BGIFC participants certainly deserve their awards.

● In her next article, Deborah will explain how Guides living in the UK can take advantage of what BGIFC members are doing, and suggest how reciprocal help might be provided. ■

**The Duke of Edinburgh Award Scheme is available to Guides all around the world, as Deborah Meadows explains**



Girls from as far apart as Sweden and Venezuela get together to stride out in The Hague

## OVER 4000 CRAFT ITEMS

Here are the parts for you to create your own crafts or for selling at craft fairs. Retail and wholesale prices shown. Fully illustrated. Hundreds of instruction books with 1000s of ideas.

Party Favours, Candlemaking, Craft Fair Supplies, Soap Crafts, Styrofoam, Quilling, Wreaths, Beads, Bridal, Frames, Baskets, Chairs, Bears (6 sizes) and Rabbits for dressing. Flocked animals, Florals. 10 Birds, Dolls galore, Hats galore, Jewellery findings. Pearls, Clock & Music parts, Magnets, Bells, Pom Poms, Chenille, Felt, Over 100 Miniatures, Wood Products, Stencils, Glue and Glue Guns. Also Needlework aids, Ribbons, Laces, Plastic Canvas, Paint, Paper Maché Boxes, Books.

Send £3.50 payable to M.A.Pike-refundable first order over £10

**Craft Depot (G7)**  
SOMERTON BUSINESS PARK  
SOMERTON, SOMERSET TA11 6SB  
Exclusively Mail Order

## 1996/97 CATALOGUE

Plus Free Pattern Book Catalogue

**Craft Depot**

**CRAFT SUPPLIES**  
INSTRUCTION BOOKS AND

**Kits** 1996 1997  
£3.50

## Christmas Tree Decorations and Christmas Table Decorations

Good money spinners for fund raising!

Two books of clear, step-by-step instructions, ideal to make with Guides and Brownies, as featured in *Guiding* Nov. & Dec. 1995 issues.

Both books contain copyright permission to make decorations in limited numbers to raise funds. **Good money spinners.**

From mini crackers to teddies in bags, from choir boys to a house for holding gifts — attractive, inexpensive easy-to-make decorations from readily available materials.

Cheques payable to Brenda Ross.

Orders to Colne Promotions, PO Box 420, Colney Heath, St Albans, Herts AL4 0YA

Just  
**£4.95**  
each book or  
£9 for both



# census results

When planning for the future, the Association needs to work from accurate figures

The Association has experienced an encouraging rise in the number of girls choosing to become Young Leaders. In the 1996 Census there were 11,980 Young Leaders listed, compared with 11,568 in 1995.

There was also an increase in the number of Unit Helpers — up by 445 from 16,403 in 1995, to 16,848 this year. This contributed to the overall increase in the numbers of non-uniformed members, up from 36,403 to 36,914.

However, the overall uniformed membership fell this year by 2.57 per cent. Among the girls, only the Rainbow Guide section recorded an increase in numbers. There were 185 additional Units opened and total Rainbow membership rose by 4,199.

## Uniformed Members – Age Groups

Age	1995	1996	Change
4	2,207	718	-1,489
5	32,399	32,257	-142
6	45,839	48,695	2,856
7	98,340	99,083	743
8	113,871	114,188	317
9	101,274	96,435	-4,839
10	69,417	70,356	939
11	51,265	50,524	-741
12	40,261	35,889	-4,372
13	26,359	21,160	-5,199
14	16,877	13,327	-3,550
15	8,713	7,192	-1,521
16	6,006	5,673	-333
17	4,652	4,930	278
18	2,975	2,979	4
19	1,548	1,571	23
20	1,438	1,456	18
21-25	7,241	7,110	-131
26+	65,455	64,723	-732
<b>TOTALS</b>	<b>696,147</b>	<b>678,266</b>	<b>-17,881</b>

## Uniformed Members – Country and Region Totals

	1995	1996	Change
North West England	90,848	89,072	-1,776
North East England	79,371	76,603	-2,768
Midlands	99,216	97,327	-1,889
Anglia	97,090	94,784	-2,306
South West England	98,789	96,244	-2,545
London & South East England	103,482	101,417	-2,065
Scotland	8,728	75,836	-2,892
Ulster	14,412	14,045	-367
Wales	28,845	27,549	-1,296
British Guides in Foreign Countries	5,323	5,360	37
Unattached	43	29	-14
<b>Total</b>	<b>696,147</b>	<b>678,266</b>	<b>-17,881</b>

## Administrative Unit Totals

	1995	1996	Change
Counties	156	156	0
Divisions	1,072	1,055	-17
Districts	4,073	4,179	106
Guide Clubs	18	23	5
Ranger Guide Units	1,264	1,183	-81
Guide Companies	10,477	9,837	-640
Brownie Guide Packs	17,613	17,035	-578
Rainbow Guide Units	6,609	6,794	185
Trefoil Guilds	1,089	1,089	0
LINKs	16	15	-1
Friends of Guiding	911	867	-44
Lone Units	11	13	2

## Non-Uniformed Sections

	1995	1996	Change
Trefoil Guild (Ex Assoc Members)	19,826	19,897	71
LINK	174	169	-5
Unit Helpers	16,403	16,848	445
<b>Total</b>	<b>36,403</b>	<b>36,914</b>	<b>511</b>

## Uniformed Sections

	1995	1996	Change
Commissioners	5,045	4,972	-73
Appointment Holders	6,154	6,381	227
Guiders (Unit)	64,797	63,642	-1,155
Guide Club Members	307	370	63
Young Leaders	11,568	11,980	412
Ranger Guides	8,300	7,362	-938
Guides	174,665	161,834	-12,831
Brownie Guides	339,463	331,677	-7,786
Rainbow Guides	85,756	89,955	4,199
Lones	92	93	1
<b>Total</b>	<b>696,147</b>	<b>678,266</b>	<b>-17,881</b>



Following our 'Dear Hazel' letters to an anxious Brownie Guider, we take a light-hearted look at our youngest and fastest-growing section through the eyes of a Rainbow Guider

By Hazel Mackenzie

Visiting another Unit is a great way to replenish your enthusiasm. However, although the intention may be there, the time problem often rears its persistent head and we don't always get around to it. So how about visiting our Rainbows on this page? You can even put your feet up while you do so.

Our members live in a medium-sized town and meet in a church hall in the town centre. We're a fairly large Unit with a waiting list, so the girls are usually a little over five years old when they join us.

We pride ourselves on the fact that the name of each new leader – always that of a plant – is chosen by the Rainbows. I wonder whether they realise the power they wield?

I well remember my own initiation, when the girls pondered my fate. I was fortunate in arriving at Christmas, and so was christened 'Holly' – which had nothing to do with being prickly, I was assured. I wouldn't have minded Mistletoe or Ivy, either, but I'm glad that Norwegian Spruce wasn't part of their vocabulary.

However, my Rainbow daughter was in floods of tears. She'd wanted me to be called Heather, but – in spite of frantic lobbying of friends – she hadn't been able to drum up a single vote to support her nomination. It was a hard lesson for her to have to learn about democracy over privilege.

Others, too, have been lucky in their adopted names. Snowdrop, Poppy, Sunflower and Bluebell have all been proud to own up in public when they hear their names being shouted enthusiastically across the High Street.

Our Young Leaders over the years – Daffodil, Crocus, Buttercup and Tulip – take a different line, pretending to live in fear that anyone outside Guiding should discover their secret.

Daffodil had to feign agonised anguish when her physics teacher revealed that his Rainbow daughter had spilled the beans at home. He, of course, felt compelled to share this with the class. Her resulting popularity in gaining half an hour's remission from physics while they discussed nicknames was, perhaps, an adequate compensation for any embarrassment caused.

It's surprising how botanically aware six-year-olds can be. A particularly lively girl proposed Rhododendron for one luckless helper, and Rosebay Willow-herb for another.



It's just as well that our theme isn't insects. Imagine the fun with Earwig and Dung-beetle. At least woodlice and spiders aren't insects, and could be legitimately disallowed on zoological grounds.

The only Unit I know that does use insects has limited the choice of names to butterflies. So it has Tortoiseshell and Swallow-tail. But just wait until some lovely child realises that there's also a Cabbage White, a Green Hairstreak and a Painted Lady.

Remember that Guiding allows its members to make decisions and have choices. Our youngest recruits may be small, but their twinkling eyes betray an amazingly advanced sense of humour.

# rainbow's end



# notices

## Free microfiche reader

A free Copex microfiche reader is available for any member of the Movement who can make use of it.

Those interested should contact: Archives, CHQ, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## Fundraising carol singing

Mencap, the charity for children and adults with learning disabilities, is organising fundraising carol singing this Christmas.

'Carol Sing a Song' is a perfect way to have fun and help a good cause, and it's really easy too. Simply organise a group of people to sing carols — collecting tins and carol sheets will be provided. The carol singing can take place wherever you like — the more unusual the place, the more money you can raise.

Mencap will provide prizes for the top fundraising unit. For more details, contact:

Samantha Markham,  
Mencap, 123 Golden Lane,  
London EC1Y 0RT.  
Tel: 0171 454 0454.

## International Patrol Interest Pennant

There is a new Guide International Patrol Interest Pennant. If you would like a copy of the syllabus, please send a sae to:

Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## CHQ open day winners

The winning entries in the prize draw of CHQ open day evaluation questionnaires have been drawn by the Chief Executive, Hilary Williams. The winners were:

- Shirley Rouse, Brownie Guider, Adviser and Trainer from Didcot in Oxfordshire, who wins a £25 Trading Service voucher to be used on a training of her choice at Foxlease or Waddow.

- B D Dodwell, Commissioner from Oxhey in Hertfordshire, who wins a £25 voucher for the CHQ shop or the direct-mail system from the Trading Service.

Meanwhile, the winners of the open day quiz based on the displays at CHQ have been presented with prizes by Simon Wigglesworth, the Training Centres and Property Manager. They are:

- Dilys Price — a £37 voucher for trainings at Foxlease or Waddow (first prize).
- Debbie Cohen — a free annual subscription to *GUIDING* (second prize).

## Pilot badges

A Staged Circus Skills badge is currently being piloted. If you would like to participate, please send a sae to:

Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## Experimental camp postcards

The Brownsea Island Scout and Guide Camp Site Management Committee has issued a set of four postcards, featuring photographs taken at the Experimental Camp held on Brownsea Island, Dorset in 1907. It was at this camp that Robert Baden-Powell first tested out his ideas for the training of boys.

The postcards will be on sale for £1 at the Trading Post in the camp site. Alternatively, they can be ordered by sending an A5 sae to: Mick Mulford, Moles End, 51 Sarum Avenue, Westmoors, Dorset BH22 0ND.

## Tribal concerns

The Methodist Association of Youth Clubs (MAYC) and Christian Aid have formed a partnership which focuses on the problems facing the various tribal peoples of the world.

There are estimated to be at least 300 million tribal people worldwide, but their ways of life are under threat. A spokesperson for Survival, a worldwide organisation specialising in the support of tribal people, said: 'Where tribal people are not being murdered, they are losing the lands they lived on for thousands of years. They are being flooded by dams, wiped out by disease, displaced by logging and mining, and evicted by settlers.'

If you would like to be involved in the Survival Week of Action, which runs from December 8-15, a video about the campaign is available. For details of how to order a copy, phone 0181 444 9845.

## Short-term investment service

The monthly interest rate after deduction of management commission was:

May	4.922 per cent
June	4.734 per cent
July	4.663 per cent

An additional 0.5 per cent per annum is paid for deposits of £5,000 and above.

## Trust Fund

On July 31, the value of a share in the Scout and Guide Trust Fund was:

For selling purposes	361.26p
For buying purposes	379.66p
Income yield	3.62 per cent

The income yield is based on the previous two dividends paid and the price on the date stated.

## Sending photos to *GUIDING*

Would all readers sending photographs to *GUIDING* in future please enclose a sae if they want them returned.

The recent increase in postal charges also means that it is no longer possible for us to acknowledge the receipt of text or photos.

official



'We played Chinese Whiskers tonight,' announced Helen after returning from Brownies. 'Chinese Whiskers, stupid,' hissed her older sister, a Sixer, and one who thinks she knows everything.

'Yes,' added Lauren hastily, clearly hoping to prevent a quarrel. 'But the message didn't come back anything like it started. Tawny said: "Remember the village fete is at 2.30p.m on Saturday"....'

'And, when it got to Sarah, it had become "Remember smelly feet are too dirty on Saturday",' Helen interrupted gleefully. 'I think someone changed it on purpose,' Gemma said.

She was probably right. People do change messages. We can all cite examples of information put out at a County or Country or Region meeting which became almost unrecognisable by the time they had passed down through the channels of communication to the Unit Guider.

And how many times have reports

submitted to the local press appeared in print in much-altered form, with the punchline missing?

This does not usually happen because people are being deliberately obstructive. Indeed, many would be horrified if they realised how little the message that they pass on actually resembled the one they had received.

It occurs, rather, because it is easier to pass on what you think a message ought to say than to admit that you didn't quite hear or understand it. And how tempting it is, in certain circumstances, to rephrase a message so that others hear what you want them to hear, instead of reporting the attitudes and values of the original statement!

We are all victims of the Chinese Whiskers syndrome to a greater or lesser extent, whenever we try to communicate with each other. Indeed, because God also works through human beings, even He

is not completely immune!

God's message may be clear and straightforward in the beginning but, as it is passed on, it inevitably becomes distorted. Sometimes it is altered by those who wish to imbue it with their own interpretations, sometimes by those who cannot cope with what it demands of us. Others cannot, or will not, hear. So they supply their own words to fill an otherwise intolerable void.

Those of us who have promised to love God — either through our various faiths, or by means of a personal quest — therefore have to work constantly to try to understand the truth and to pass it on to others in the living of our lives.

It seems puzzling that God should make it so difficult for His children in this world to know what He wants of them — but maybe, when the message becomes clear, we shall find within it God's gifts to us of self-discovery and spiritual growth. **EB**

## ■ coming next

### Happy campers

For many, camping is the high spot of the Guiding year and, when it includes a chance to meet visitors from abroad, that's Guiding at its very best. We highlight some of the camps held this summer.

### Stepping out

Meet the Walking Adviser who is putting on her boots and taking off for Nepal.

### Number crunching

Keeping track of what's going on whether at unit or District level is time-consuming but essential.

We've got some good ideas that will ease the burden.

### Using the Patrols

A double helping of this new series that focuses on making the best use of the Patrol system.

### Stringing along

A crafty idea that uses everyday materials and includes a special offer.

### Festive fun

Heaps of ideas for party games to keep Rainbows happy in the weeks leading up to Christmas.

### Those two little words

A Guider reflects on how nice it

### IN NOVEMBER'S GUIDING

would be to know that her efforts are really appreciated.

### Hot hints

A super selection of terrific tips from Senior Section Guiders to keep interest humming in Look Wider.

### Christmas is coming

We've got lots of seasonal decorations for Brownies to make before December 25.

### Calling all swoppers

Another chance to take part in our popular badge exchange scheme.

### Rocket racer

You've got to be quick to play our great board-game.

### Perplexing puzzles

Two pages of brain teasers to set you pondering.

### Remember, remember

You'll never forget November 5 if

you make our firework mobile.

### Winning ways

Enter our exciting competition to try to win a selection of Barbie dolls.

### Fascinating France

Find out interesting facts about our cousins across the Channel in Brownies Round the World.

### IN NOVEMBER'S BROWNIE

### Read all about it

Emma does her best — collecting postcards proves rewarding.

### Discovering...

Lots to learn, including how to make a mini fire extinguisher.

### Rainbow Rabbit

She needs some help in spotting people who assist others.

### Bits and pieces

What other Rainbows are doing.

### Fiction

Enjoy the traditional tale of *The Elves and the Shoemaker*.

### Must makes

Step-by-step guide to making a

### AND IN RAINBOW GUIDE EXTRA

Rainbow Rabbit penholder.

### Look closely

A chance to test observation skills.



## Guide Fund Raising Update:

# £ 303,000.00

## Raised since 1992

Guide groups all over the UK are raising thousands of pounds by collecting used laser printer toner cartridges.

Over 400,000 of these consumables are thrown away every month. PBT International has developed the technology to remanufacture them.



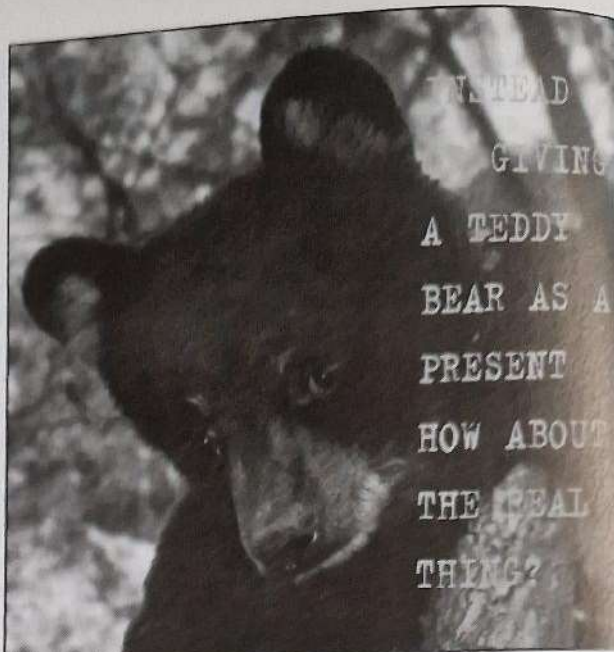
Your Guide group can now earn up to £8 per cartridge. We'll even send you freepost labels to return them.

To start collecting - Call the Fundraising Hotline and ask for a Guide Pack today:

**Tel: 01749 679 679 Ex 249**

**Fax: 01749 672 724**

**pbt**  
ELECTRONIC IMAGING PRODUCTS



INSTEAD  
GIVING  
A TEDDY  
BEAR AS A  
PRESENT  
HOW ABOUT  
THE REAL  
THING?

• This is Boo, a North American black bear cub. He's asking for YOUR help because bears throughout the world are being driven to the verge of extinction by illegal traders who make huge profits by killing bears and selling their body parts.

• By adopting Boo for £25, you will care for him - and support projects which conserve these beautiful creatures. If you can help Boo, please send off the coupon or call us on 0345 414616. Please help - before it's too late.

✓ I would love to adopt Boo and enclose a cheque for £25 made payable to TUSK FORCE LTD.  
✓ Please send me details of the other Wild At Heart Adoption Animals (Chimp, Tiger, Dormouse, Water Vole)

Name: \_\_\_\_\_ Tel No: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Please return this form to:  
DEPT WAH, TUSK FORCE, RAVENSCOURT HOUSE, 123 ASKEW ROAD,  
LONDON W12 9AU

Tusk Force is a leading conservation charity, dedicated to the protection of species, both at home and abroad, which are threatened with extinction.  
Registered Charity No. 1022653

**TUSK  
FORCE**  
ACTIVELY PROTECTING  
ENDANGERED SPECIES



## FOR ONE DAY ONLY ON OCTOBER 24th

# 25% OFF

YOUR TOTAL PURCHASE OVER £100

OR

# 20% OFF

YOUR TOTAL  
PURCHASE  
BETWEEN  
£50 - £99

OR

# 15% OFF

YOUR TOTAL  
PURCHASE  
UP TO  
£49

IN ALL STORES FROM 9am - 7pm  
ON THE GUARANTEED LOWEST PRICES OF OUTDOOR  
CLOTHING AND EQUIPMENT AVAILABLE IN THE UK.  
On production of a valid I.D. Card

ADULT & CHILDRENS FOOTWEAR • RUCSACS • DAYSACS • TRAVEL SACS & ACCESSORIES  
TENTS & TENT ACCESSORIES • SLEEPING BAGS • SHEET BAGS & ACCESSORIES • WATERPROOFS • FLEECE  
MENSWEAR • LADIES WEAR • TRAVEL ACCESSORIES • FIRST AID KITS & SURVIVAL EQUIPMENT  
COOKING & LIGHTING EQUIPMENT • GUIDE & TRAVEL BOOKS • FOREIGN & DOMESTIC MAPS  
\* PARTICIPATING CONCESSIONS INCLUDE: SKI CLOTHING & EQUIPMENT (most stores) • CYCLES, CYCLE CLOTHING AND ACCESSORIES  
(most stores) (This offer excludes 1997 model bikes) CLIMBING EQUIPMENT (Covent Garden only)  
This offer cannot be used in conjunction with any other offer.

### Branches at:

**BIRMINGHAM** 90-98 Corporation Street, (Bull St. Subway)  
Tel 0121 236 7799  
**BRIGHTON** 126/127 Queens Road,  
Tel 01273 821554  
**BRISTOL** 10-12 Fairfax Street,  
Tel 0117 297141  
**CAMBRIDGE** 6-7 Bridge Street,  
Tel 01223 353956  
**CARDIFF** 13 Castle Street,  
Tel 01222 399178  
**LEEDS** 119/121 Vicar Lane,  
Tel 0113 465339  
**LIVERPOOL** 25 Bold Street,  
Tel 0151 709 8063  
**LONDON**  
14 Southampton Street,  
Covent Garden,  
Tel 0171 836 8541  
174 High Street, Kensington,  
Tel 0171 938 2948  
Campus Travel Shop,  
52 Grosvenor Gardens, Victoria,  
Tel 0171 823 4739  
**MANCHESTER** 166 Deansgate,  
Tel 0161 834 7119  
**NOTTINGHAM** 20-22 Wheeler Gate,  
Tel 0115 475710  
**OXFORD** 9-10 Clements,  
(The Plain), Tel 01865 247948  
**READING** 3 Market Place,  
Tel 01734 587722  
**SALISBURY** 9 Priory Square,  
The Maltings, Tel 01722 422122  
**SOUTHAMPTON** 14 High Street,  
Tel 01703 235847  
**STAINES** 133 High Street,  
Tel 01754 452987

**ONE  
YOUR  
BIKE**



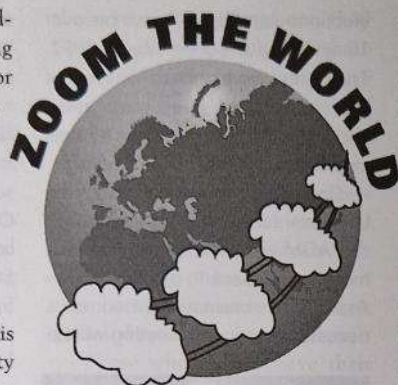
# Zoom the World

Have you ever wanted to sand-dance to a steel band, batik by Big Ben, dabble with a didgeridoo or yodel in the company of a Pearly King and Queen?

If your answer is yes – or even maybe – then book early for *Zoom the World*, a unique opportunity to circumnavigate the globe in one glorious day!

On Saturday, February 22, 1997 The Guide Association is organising a major youth activity event to celebrate Thinking Day, the special day celebrated by nine million Girl Guides and Girl Scouts in more than 140 countries worldwide.

*Zoom the World* will be held at



five sites dotted around London's Westminster. Each venue explores one particular region of the World Association of Girl Guides

and Girl Scouts (WAGGGS).

As you zoom around Africa, the Arab Group, Asia Pacific, Europe and the Western Hemisphere, you will be able to experience the excitement that goes with belonging to the largest organisation for girls and young women in the world.

While *Zooming the World*, you will have the chance to try lots of activities. There will be music, dance, crafts, and much, much more! And all for just £3!

To be sure of your place at this unique event, just fill in and return the form below, and you will receive more information together with a booking form.

Take a trip  
around the  
world for  
only £3

## ZOOM THE WORLD

### APPLICATION FORM FOR FURTHER INFORMATION

For further information about *Zoom the World*, please send an A4 stamped, addressed envelope and the completed form to:

Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W 0PT

Name of Unit ..... Rainbow/Brownie/Guide/Senior Section

County ..... Region/Country .....

Name of person making the application .....

Address .....

Telephone Number (daytime) ..... (evening) .....

Number expected to attend ..... girls ..... adults

Number requiring wheelchair access .....

Please indicate the Regions of the World you are most interested in visiting —

stating a preference 1-5 (1 being first)

\* Africa ..... Asia Pacific ..... Arab Group ..... Europe ..... Western Hemisphere .....

Upon receipt of a completed application, you will be sent further information and a booking form.

Please do not send any money with this form.

● You are advised that you will need a minimum of one hour at each venue. In addition, please note that we cannot guarantee that you will be able to visit your first choice.



# get elected

**Don't miss the chance to become one of 'them' — the decision-makers**

Do you want to help make the decisions that will take The Guide Association into the next century? Then now is the time to take that vital first step by standing for election to The Council.

The election results will be announced next May but the selection process is about to begin and runs until the end of the year.

There are 58 members of The Council, the Association's governing body, and 27 are elected by the Countries and Regions. Two further places go to representatives from the Branch Associations and BGIFC.

Elections are held every year in the Countries and Regions, with each successful candidate serving for three years. Candidates can be re-elected for a second three-year term.

As BGIFC and the Branch Associations just have one place each, they only hold elections every three years.

Every Unit Guider can nominate a candidate, who can be either a man or a woman. For the current

elections candidates must be over 18 and under 60 on May 1, 1997. They don't have to be members of the Association, but they must understand and fully support its aims and ideals.

Council members meet in London — usually in May — to attend the AGM in the afternoon, after a morning spent dealing with Association business. When it is necessary, a second meeting will be



BRENDA BICKERTON

held in November. Travelling and other expenses are paid.

The duties of members range from appointing the Chief Commissioner to initiating discussions. Also they can be invited to join working groups, ad-hocs and other committees.

Although elected by a specific Country or Region, members don't need to report back. They are expected to put forward their own views and opinions, drawing on their experience and expertise.

If you think you've got what it takes to help steer the Association into the next millennium — or know someone who has — ask a Commissioner to get hold of a copy of the special nomination form. Stocks are held by County Secretaries. Candidates must be proposed by two Guiders or Commissioners.

Patricia Mayle, who has run a Ranger Unit since 1970, joined The Council last year from North West England. She recalled: 'I was approached by my County Commissioner and was very pleased to be asked. But I didn't think I had a chance of actually being elected. So I was very surprised when I was endorsed by the Region.'

'It's a great honour to be chosen and I still feel very new. I really enjoyed going down to CHQ in May, although I was a bit in awe of it all.'

'I'd been there before but I got a tremendous kick out of being involved in the discussion about changing the name of the Chief Commissioner to Chief Guide. I was proud to be part of it.'

'I find it very sad that a lot of people are not aware that anyone can represent the Region, and that Unit Guiders can be chosen and are already doing the job. Being part of The Council means a lot to me.'

As the election must be carried out according to Association By-laws, formal procedures must be followed. If you would like to know more about the process, write to CHQ for our special fact-sheet.

Envelopes should be addressed to: Elizabeth Anderson, Election Fact-sheet, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. ■



**Betty Clay, the Founder's daughter, attends Council meetings as one of ten Vice Presidents**

**Jenny Leach's position as Chief Commissioner for North East England (pictured here at the World Conference) automatically makes her a member of The Council**



Gaining credit for what we have achieved is important for us all, and especially for those working within the Look Wider programme.

Within this grouping are:

- Those who are just beginning to work on their National Record of Achievement (NRA) at school.
- Those who have their NRA but who need to update it as they continue in education.
- Those who have jobs and have put it out of sight and out of mind.

Additionally, of course, there are the leaders. As employers become more familiar with the NRA, it will be increasingly useful to members other than the under-25s.

There is a great temptation to leave it to the educational institutions. But we will be letting down our Look Wider members, if we don't encourage them to include Guiding achievements as an integral part of their NRA.

All those working within the Look Wider programme – including those involved with Making it Count and Action Plus! – are used to working within the plan-do-and-review scheme for action.

Planning what to include, in order to demonstrate not only past achievements but continuing involvement, is the first stage.

Look Wider programme members might have:

- Certificates that indicate achievement, for example: Baden-Powell Trefoil; basic leadership; octants; and the Chief Commissioner's Challenge.
- Ongoing records, for example: Queen's Guide Record of Achievement; Trefoil records; and Action Plus! records.
- Certificates from other awarding bodies, for example: the Duke of Edinburgh Award Scheme; life saving; first aid and so on.
- Certificates that show specific skills achievement, for example: canoeing, dancing, music...

But – and it's a big but – employers and training providers are interested in the currency of the information. That's where the doing and reviewing strategy plays its part.

Getting the material together is the next stage. Members may be busy doing lots of things but do

their records really show this? Sadly, there will always be those who look good because they have done enough to get the piece of paper... and not much more. While others, who do lots but never have the time or inclination to review what they have really achieved and finish things off, may miss out.

So a doing phase might give all members the incentive to get their personal record books up to date.

Those who already have their folders will be able to add their Guiding records as they complete them. Unfortunately, a number of schools have their presentations of Records of Achievement in May of Year 11. But this apparently overlooks the fact that they are working documents which those seeking work, training, or college

include looking at what these records really say about the owners. Points to consider might include:

- What was actually done to gain that achievement?
- What extra skills were learned – for example, relating to leadership, being a team member, or working with children?
- What level of commitment was demonstrably involved?
- Do the 'bits of paper' show what is really being achieved, or does each member need to write an additional personal statement?

Many young women involved in the Look Wider programme will be attending important interviews. They are going into the game of selling themselves. The review aspect should cover the state of their records.

**Learning to value what we have achieved is an important aspect of the National Record of Achievement.**

By Wendy Goodhind



This Ranger, helping to occupy Rainbows would be able to record skills achieved in working with children

places will need to take with them at any time from January onwards!

It may be necessary for these young women to design their own record files for use in addition to school reports.

The reviewing phase must

In preparing our Look Wider group members to use their Records of Achievement positively, we are helping them say: 'I am worth considering – take me'. We are also doing a very good job of PR for The Guide Association. ■



# Culture questions

**Does everyone  
want what  
Guiding has to  
offer asks  
Training Officer  
Shifay Yau**

Before you turn the page in disbelief, let me explain where I am coming from. I am a British-born Chinese. My parents came to England from Hong Kong in the early 1960s. Being brought up with two cultures has been an enriching experience, and I have drawn strength from both.

I became a Guider after being employed by The Guide Association as a training officer three years ago. My job at CHQ involves designing and delivering training courses – on topics such as leadership, communication skills, assertiveness,

Did you know that there are over 156,000 Chinese people in this country, making them the third largest ethnic community? Within this group are the first generation of Cantonese or Haaka descent and, more recently, Hong Kong, mainland or Vietnamese Chinese, and many British-born Chinese.

Then think about Guiding values and how these match the values of Chinese people. For many Chinese people, the concept of volunteering or joining a voluntary organisation is alien. Families require many of their young people to use time outside education and study to help in the family catering business, as I did from the age of ten.

Parents cannot take or collect their daughters from unit meetings because of the opening hours of their businesses. Girls are not encouraged to stay overnight away from home and, therefore, there would be difficulties for them in going to camp or on residential holidays.

It is no use stressing the 'fun and friendship' aspects of Guiding, as these things are not important to Chinese

parents. Instead, they will put great value on any skills and knowledge which their children might gain through membership to further their life situations.

Those of us involved in Guiding think that it would be good for everyone to have Guiding, and may impose our values on others with crusading zeal. To introduce Guiding to different ethnic communities requires us to be culturally aware. This means being open-minded and

not judging others' cultural habits by your own standards.

For instance, when I started school I was scolded for burping, which in my society is a sign that you have enjoyed your food!

Being a Guide Guider, I do feel Guiding has much to offer Chinese girls. I will often use Guiding principles and talk about Guiding in my work – on a voluntary basis – with Chinese young women, teaching them self-esteem and assertiveness. Through planning their own programmes of activities, these girls develop decision-making skills and that, of course, is one of the Five Essentials of Guiding.

In my experience of working with people on cultural awareness, the majority can give examples of customs and traditions of other peoples' cultures, but struggle to define their own.

Culture does not just apply to people from overseas, or the ethnic communities in the UK, but to everyone. I feel that before you can talk about other peoples' cultures you must consider your own culture and how you would define it.

Why do British people have tea at four o'clock, talk about the weather and queue for everything, for example? Consider, also, the wider context of the word culture. For instance, how does present-day youth culture affect young girls? What groups do they listen to? What clothes do they wear? Which causes are they passionate about?

To become culturally aware requires you to recognise how to relate to other people, and to be conscious of the similarities and differences between you.

If you learn to see the similarities, this will give you common ground that allows you to explore and appreciate the differences. ■



**Shifay Yau:**  
Guider, and  
Training Officer  
at CHQ

being able to say no, and cultural awareness – to members of the Association throughout the UK.

Many people have expressed an interest in my culture and I have often been asked how to introduce Guiding to the Chinese communities in the UK. My advice is: first do your research about Chinese communities by talking to community leaders, Chinese colleagues, neighbours, friends and business people.



# ideas

Programme ideas for January 1996

## idea of the MONTH

### Useful suggestions for Guiders of all sections

By Veronica Parnell and Zöe Crutchley

Here are some simple yet practical ideas to help you cope with that bulging games cupboard.

How often do you make up a game and never use it again? Or find you can't locate the bits you need when you do want them?

What a waste of effort!

If you tackle the problem now, you'll not only build up a useful collection of games, but you'll also have an instant selection of quick and easy time-fillers on tap.

Every time you or your girls make up props for a game, pop them into a large, brown envelope. It needn't be a new one — try recycling some junk mail.

Write down the instructions for the game on the outside and store all the envelopes in a suitably-sized and attractively-decorated cardboard box.

For even more orderliness, store the envelopes in alphabetical order. Produce the games box at your unit meeting and teach the girls how to keep it tidy. Then you will always have a useful way to fill those spare moments.

Most Guiders have experienced lovely, sunny evenings when the girls have asked if they can go outside for the last 15 minutes of the meeting. If you've built up an outdoor games box, this becomes a practical proposition.

Find a large cardboard box, decorate it and cover with sticky-backed plastic. Fill it with essential equipment such as skipping ropes, balls, bats and so on.

If your girls enjoy team games you could also include a number of coloured bands, which are useful for games as well as acting as team markers.



KIM WOOLLEY

## idea

Put on a display of your Guiding activities at the local library



## idea

Keep a perpetual calendar on which each girl and leader signs against her birth date

## ideas for...

Rainbow guiders.....	34
Brownie guiders.....	36
Guide guiders.....	42
Rangers guiders.....	46
Young leader guiders.....	47

## idea

Teach all girls how to fold a flag and how to secure it to the flagpole

## ideas for all...

Simply science .....	35
Pantomime .....	37
Try this .....	44
Crafty ideas.....	48



## help for all...

Topic of the month.....	32
How to do .....	43



I  
D  
E  
A  
S



# topic of the month

Taking health as their general subject a group of Trainers have put together activity suggestions focussing on four aspects – food, health, fitness in body and mind, and social well-being

By Norma Fowler and Trainers from Wirral County  
Illustrations: Dom Mansell

## The positive path

**'Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity'**

This quotation is from a World Health Organisation statement (see page 6 of Sport and Fit for Life in *Look Wider*).

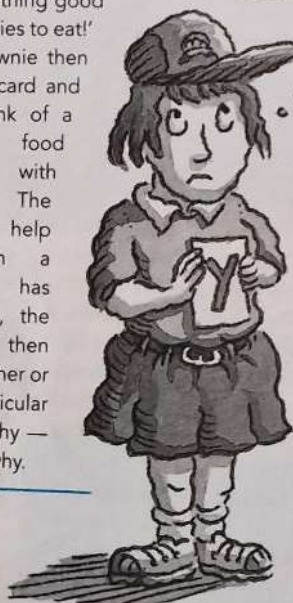
## Alphabet food game

Place cards, each with a letter of the alphabet written on it, face down in the centre of the room. Holding hands, the Brownies walk round the cards in a circle, reciting the following rhyme:

'Pick up a card, fruit, meat or sweet,

Here's something good for all Brownies to eat!'

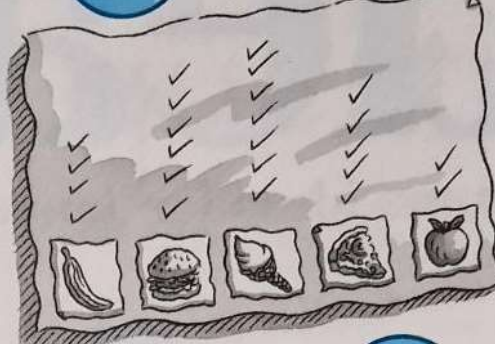
One Brownie then picks up a card and tries to think of a healthy food beginning with that letter. The others can help her. When a suggestion has been made, the Pack can then discuss whether or not that particular food is healthy – and why.



## Rainbows favourite foods

Collect together pictures of lots of different types of fresh and processed food. Stick them on to a piece of paper as one axis of a graph. Ask each Rainbow in turn to select her favourite food. Put a tick on the graph beside that particular item.

When all the Rainbows have selected their foods, discuss the overall choices with them. It will provide an opportunity to talk about 'healthy' eating.



## Ready, steady, cook

From a selected list of foods, ask the Guides to prepare a menu for a three-course meal and, if facilities allow, cook it. Alternatively, they can be given an amount of money per head and, in Patrols, prepare a menu, buy the food and then cook it. They could be specifically asked to plan a vegetarian meal. These ideas make an excellent Patrol competition at camp.



## What's in the food you eat?

Ask each Ranger to bring in the list of ingredients from a packet, bottle or can of food or drink which they have consumed during the week. Conduct a survey into the contents – especially the 'E' numbers. Check their relevance in *E For Additives* by Maurice Hanssen, published by Thorsons. Discuss their impact on health matters.



## Cocktails

Have a go at making non-alcoholic cocktails (see *Breath of Fresh Air* pack, page 20 of *Action Plus* and page 9 of *Making It Count*).



## Pounding pulse rates

Ask the Guides to measure their pulse rates following a period of relaxation, and again after some fairly strenuous exercise (see pages 135 and 136 of the *Guide Handbook*).



## Rainbows and their pets

Many Rainbows will be the proud owners of creatures great and small.

They need to be aware of the health risks posed by animals. Make a chart of simple illustrations/cuttings showing animals and their owners. Try to

find pictures to make a point. Talk with the Rainbows about the pictures. Make a list of health rules from the

Rainbow's comments – for example, always wash your hands after playing with your pet.

This could be followed up by a visit from a vet or someone with an unusual pet.

## Slogans

Challenge the Brownies to make up health

slogans, giving them a traditional example, such as 'An apple a day keeps the doctor away'. Alternatively, challenge them to make up slogans, using the letters on their parents' car numberplates or those of cars that pass your meeting place. Examples are WYF – wash your feet; and EFG – eat fruity grapes.





# 1997 TRAINING CENTRE CALENDAR

**TRAININGS:** all Guiders may apply direct to the Training Centres for any of the trainings listed below using the application form in this issue of Hotline or by letter.  
Please pull out and keep Hotline and pass a copy to other Guiders in your area.

## LORNE

April 18-20

GACHTS

May 16-18

Musical madness

June 13-15

Trainers' weekend

July 4-6

National Young Guiders' conference

October 17-19

CHQ International Advisers

October 31-November 2

Arts

November 14-16

Brownie Guiders

December 5-7

Trainers

## NETHERURD

February 7-9

A musical training

March 28-31

Advanced walking safely

May 23-25

1 Commissioner training

2 Commissioner tutor trainers

June 6-8

Arts training weekend

June 13-15

Rainbow Guiders

July 4-6

National Young Guiders' conference

October 17-19

Christmas activities training

November 14-16

Senior Section Guiders and Advisers

November 28-30

Prospective trainers' and tutors' weekend

## FOXLEASE

January 10-12

1 Theme meetings for Rainbow and Brownie Guiders

2 Endless ideas for Patrols

3 International Advisers

January 17-19

Brownie and Guide trainers

January 31-February 2

1 CHQ team

2 Brownie Guiders

February 7-9

Guiding in the District

February 14-16

1 CID

2 Running your unit for less experienced Guiders

March 11-13

Midweek Programme ideas for Guide and Senior Section Guiders

April 4-6

Programme ideas for Brownie and Guide Guiders

April 29-May 1

Midweek Programme ideas for Rainbow and Brownie Guiders with crèche

May 16-18

Rainbow Guiders

June 6-8

Brownie Guiders

July 4-6

National Young Guiders' conference

August 25-29

Outdoors indoors training

September 12-14

Rainbow and Brownie Guiders

September 26-28

Senior Section Guiders

October 10-12

Guide Guiders

October 28-30

Midweek Programme ideas for Rainbow and Brownie Guiders with crèche

October 31-November 2

1 How to remain sane

2 New to the Movement

November 7-9

1 Patrols in action

2 Theme meetings for Rainbow and Brownie Guiders

November 14-16

Disabilities resource pack

November 28-30

Commissioners

December 12-14

District team Christmas special offer

## WADDOW

January 10-12

Midweek Programme ideas for Rainbow, Brownie and Guide Guiders. Book four for the price of three

January 17-19

1 Tutors

2 Commissioners

February 14-16

1 Make and take

2 Queens Guide

3 Promise

March 7-9

1 Rainbow celebration

2 Rainbow trainers

April 4-6

Environmental

April 18-20

1 Response to Brownie review

2 Music training

3 How to remain sane

May 30-June 1

Programme ideas for Guiders

June 17-19

Midweek Programme ideas for Rainbow, Brownie and Guide Guiders with Crèche

June 20-22

Programme ideas on the out of doors

June 27-29

Look Wider for trainers and Guiders

July 4-6

National Young Guiders' conference

September 19-21

Programme ideas for Rainbow, Brownie and Guide Guiders

September 30-October 2

Midweek Programme ideas for Rainbow, Brownie and Guide Guiders with Crèche

October 1

One day Commissioner training

October 17-19

Disabilities resource

October 24-26

Senior Section Ranger and Young Leader Guiders with girls

October 31-November 2

1 Brownie trainer

2 Guide trainer

3 Christmas crafts

November 21-23

International

December 5-7

Vacancy for Division or District

December 12-14

Vacancy for Division or District

## BRONEIRION

January 24-26

Rainbow Guiders with less than two years' experience

February 7-9

Music for everyone to share

February 14-16

Safety in the unit

February 28-March 2

Make and take for all sections

March 7-9

1 A taste of Rangers

2 Rangers and their Guiders

# WADDOW



**March 21-23**

- 1 What is a trainer?
- 2 Drama workshop (for celebration drama event)

**April 2-6**

Orchestra course

**April 23-27**

International event

**May 2-4**

Taste of Guides

**May 9-11**

Guide Ranger

**May 16-18**

Team building for Rainbow, Brownie and Guide Guiders

**June 20-22**

- 1 Science
- 2 Outdoor

**June 27-29**

Trainers

**July 4-6**

National Young Guiders' conference

**August 29-31**

Ideas for outdoor unit meetings

**October 24-26**

Outdoor Activity Advisers

**November 7-9**

- 1 PR training
- 2 Young Leader event

**November 28-30**

- 1 Programme ideas
- 2 Prospective trainers

**December 5-7**

Christmas arts

**HAUTBOIS****January 31-February 2**

- 1 Music qualifications
- 2 Guitar course

**February 7-9**

Something old, new, borrowed and blue three can come for the price of two

**February 28-March 2**

Anglia Region Senior Section training

**June 13-15**

Prospective trainers

**July 4-6**

National Young Guiders' conference

**October 3-5**

Patrol Leaders and their Guiders

**October 31-November 2**

National tutors' weekend

## 1997 Activity Courses, including Leader training / holiday breaks / young peoples events / Trefoil Guild events / friends weekends / singing circles, and so on.

**LORNE****April 11-13**

Guide activities

**April 25-27**

National Trefoil Guild

**May 23-25**

Belfast Trefoil Guild

**May 31**

Friends of Lorne day

**June 27-29**

Lorne celebrates Gold

**September 12-14**

Ulster Junior Council/Queens Guide

**October 3-5**

Friends of Lorne weekend

**November 7-9**

International selection

**November 28-30**

International selection

**NETHERURD****January 10-12**

International selection

**January 17-19**

Guides in action

**February 21-23**

What's in it for me?

A training for Guides aged 13 and over interested in Action Plus, Look Wider, and so on.

**April 1-3**

Guides in action

**May 16-18**

Trefoil Guild

**June 20-22**

Friends of Netherurd

**July 22-26**

Queens Guide enterprise

**October 10-12**

INTOPS and BRIDGES

**December 5-7**

Netherurd singing circle Christmas special

**FOXLEASE****December 31-January 5**

New Year house party

**February 28-March 2**

75th birthday celebration/Elizabethan banquet

**March 2**

Thanksgiving service

**March 28-31**

Eggstravagant Easter eggstravaganza for the Senior Section

**April 5**

Fête and fun day

**April 14-18**

Leisure break

**May 2-5**

Singing circle meet

**May 9-11**

RLSS life-saving certificate

**May 17**

Rainbow celebration day

**June 2-5**

Patchwork and quilting

**June 7**

Brownie celebration day

**June 9-13**

Leisure break

**June 23-26**

New Forest past and present

**June 27-29**

Action Plus camp

**July 10-15**

Friends of Foxlease

**July 30-August 4**

Holiday period including flower festival

**August 5-12**

- 1 Festival of Guiding II
- 2 75 K walks

**August 14-21**

Available for Guide/Senior Section unit holidays

**August 24-29**

75th birthday celebration camp

**August 28**

An evening son et lumière

**September 12-14**

RLSS life-saving certificate

**September 22-26**

Leisure break

**September 26-28**

Senior Section celebration camp

**October 6-10**

Leisure break

**October 10-12**

Guide celebration weekend

**November 3-7**

T G bonfire celebration

**BLACKLAND FARM****March 7-9**

Climbing and abseiling supervisor training (indoor accommodation 1 A)

**March 24-27**

GNAS archery leader award (1 A)

**April 25-27**

Beginners' rock climbing

**May 9-11**

BCU one and two star kayak

**May 16-18**

BCU one and two star kayak

**June 6-8**

BCU two star improvers kayak

**June 6-8**

Sailing, windsurfing and canoeing weekend



<b>June 13-15</b>
BCU one and two star kayak
<b>July 11-13</b>
BCU one and two star kayak
<b>July 18-20</b>
Beginners' rock climbing
<b>July 25-27</b>
Beginners' rock climbing
<b>August 8-10</b>
Beginners' rock climbing
<b>August 13-15</b>
BCU one and two star kayak
<b>August 15-17</b>
Beginners' rock climbing
<b>August 29-31</b>
BCU one and two star kayak
<b>September 5-7</b>
BCU one and two star kayak
<b>September 5-7</b>
RLSS life-saving certificate (I A)
<b>September 8-12</b>
GNAS archery leader award (I A)
<b>September 12-14</b>
BCU one and two star kayak (I A)
<b>September 12-14</b>
Sailing, windsurfing and canoeing weekend (I A)
<b>September 19-21</b>
B.C.U. 1 and 2 star kayak
<b>September 19-21</b>
Beginners' rock climbing
<b>September 26-28</b>
BCU three star kayak and BCU two star improvers' kayak
<b>October 3-5</b>
Climbing and abseiling supervisor training (I A)

## WADDOW

<b>December 30-January 5</b>
New Year house party
<b>February 21-23</b>
Thinking Day at Waddow, from Rainbows to Trefoil Guild
<b>March 27-31</b>
Easter Guide event
An action packed fun time for Guides
<b>April 7-11</b>
Leisure break
<b>April 14-18</b>
Ex-Dips reunion
<b>May 6-8</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>May 12-16</b>
Leisure break
<b>June 9-13</b>
Leisure break
<b>July 14-18</b>
Leisure break
<b>July 18-21</b>
Friends of Waddow
<b>July 22-25</b>
Leisure break

<b>July 26-31</b>
Activity holiday in the hall for the young at heart
<b>July 26-31</b>
Awesome adventure anniversary camp
<b>August 1-8</b>
A Taste of the North
Visits, walks, talks, crafts and so on – special event open to International and British Guiders
<b>August 9-17</b>
Walking week
<b>August 18-28</b>
Holiday period
<b>August 19-23</b>
Market and mills holiday with trips
<b>August 24-28</b>
Monks and witches holiday with trips
<b>August 29-31</b>
Flower festival
<b>September 8-12</b>
Leisure break
<b>October 6-10</b>
Leisure break
<b>October 13-16</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>October 20-23</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>October 27-31</b>
Grandmother with grandchild or mother and child break
<b>December 19-21</b>
1 Pre-Christmas break
2 Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>December 29-January 4 1998</b>
New Year house party

## BRONEIRION

<b>February 22</b>
Zoom the world
<b>March 27-31</b>
Guide event
<b>April 2-6</b>
Orchestra course
<b>April 18-20</b>
International Briefing
<b>May 5</b>
Rainbow Guides' fun day
<b>May 24 -June 1</b>
'Welsh Gold' camp
<b>June 4-11</b>
Trefoil Guild celebration event
<b>July 12-13</b>
Young friends
<b>July 17</b>
Friends of Broneirion
<b>July 17-20</b>
Flower festival
<b>July 21-27</b>
Holiday/walking event
<b>August 3-10</b>
Celebration drama event

<b>September 5-7</b>
Welsh lamb cooking competition and Senior Section celebration event
<b>September 26-28</b>
International selection seniors
<b>October 10-12</b>
Broneirion singing circle national event
<b>October 31-November 2</b>
International Selection juniors
<b>November 14-16</b>
International Selection leaders

## HAUTBOIS

<b>January 10-12</b>
Conservation
<b>February 15-22</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>March 21-23</b>
First aid in Guiding
<b>March 24-28</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>31 March -5 April</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>May 2-5</b>
1 A quiet weekend in the country
2 Friends of Hautbois gardening weekend
<b>May 16-18</b>
Learning to lead in the out of doors – abseiling/climbing, canoeing or pioneering
<b>24-31 May</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>2-6 June</b>
Painting and sketching
<b>14-24 July</b>
Summer arts programme
<b>26 July-2 August</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>18-23 August</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>23-30 August</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>5-7 September</b>
Trefoil Guild weekend
<b>19-21 September</b>
First aid in Guiding
<b>17-19 October</b>
Friends of Hautbois services weekend and AGM
<b>25-30 October</b>
Brownie Pack Holiday/Guide Holiday Catered or self-catering
<b>28-30 November</b>
Conservation
<b>5-7 December</b>
Hautbois minstrels
<b>29 December-3 January</b>
New Year house party



## Training and Activity Centres, training weekend fees and deposits and contact details

Manager/GIC Centre	Address	Phone / Fax	Weekend Fee / Deposit	
Hilary Chittock Foxlease	Lyndhurst Hants SO43 7DE	Tel: 01703 282638 Fax: 01703 282561	Shared	£38.00
			Twin	£45.00
			Single	£53.50
			Deposit	£15.00
Margaret Firth Waddow Hall	Clitheroe Lancs BB7 3LD	Tel: 01200 423186 Fax: 01200 427460	Shared	£38.00
			Twin	£45.00
			Single	£53.50
			Deposit	£15.00
Netherurd	Blyth Bridge West Linton Peeblesshire EH46 7AQ	Tel: 01968 682208 Fax: 01968 682371	Shared	£43.00
			Single	£53.00
			Deposit	£20.00
Joan McCullough Lorne	30 Station Road Craigavad County Down BT18 0BP	Tel: 01232 423180	On application	
Julie Jones Broneirion	Llandinam Powys SY17 5DE	Tel: 01686 688204 Fax: 01686 688098	Shared	£38.00
			Twin	£45.00
			Single	£53.50
			Deposit	£15.00
Martin Robinson Blackland Farm	Grinstead Lane East Grinstead West Sussex RH19 4HP	Tel: 01342 810493 Fax: 01342 811206	Contact Centre	
Ian Nicholls Hautbois	Great Hautbois House Great Hautbois Road Coltishall Norwich NR12 7JN	Tel: 01603 737357 Fax: 01603 736138	Anglia	£42.00
			Non-Anglia	£45.00
			T Guild	£45.00
			Deposit	£15.00
Alys Allardyce Glenbrook	Bamford Nr Sheffield S30 2AL	Tel: 01433 651567	Contact Centre	

**Training bursaries** are available to the value of £20 towards the cost of accommodation at either Foxlease or Waddow. Please contact the Centre for details of eligibility and how to apply.

**Outdoor bursaries** are available for courses leading to Outdoor Activity Qualifications. Contact Guiding Services at CHQ for details.

## APPLICATION FORM

Please use this form for any of the trainings listed in the first section and post it to the appropriate Centre.

To the Manager, ..... I wish to book 1 / 2 / 3 / 4 / ..... / place(s) on the following training:

Title ..... Date .....

I am a Rainbow / Brownie / Guide / Senior Section Guider / Commissioner / other .....

Accommodation preference: Single ☐ Double ☐ Shared ☐ Ground Floor ☐

Special Needs .....

Name .....

Address .....

Telephone .....

Names of additional applicants .....

Signed ..... Date .....

I enclose a non-returnable deposit of £ ..... (see table for deposit required) and a large SAE



## Matching words and definitions

On separate cards, write the names of illnesses and their definitions. The objective is to match the two sets. Examples are coeliac disease, diabetes, ME, toxic shock syndrome and bulimia. This could promote discussion about recognition, treatment, prevention and so on.

R S  
suitable for  
B G

## Word search

Ask the girls to compile a drugs word search for Guides to use. Follow this up by inviting a speaker with specialist knowledge – for example, a police officer or a health visitor – to discuss drugs, alcohol and tobacco, both with the Guides and the Senior Section.

R S  
suitable for  
B G

## Street games

Research and play street games, such as skipping, hopscotch and 'One, two, three, O'Leary...'

R S  
suitable for  
B G

## Section key

- R Rainbows
- B Brownies
- G Guides
- S Senior Section

If the activity is suitable for your section it will be highlighted in black

## Appearance pictures

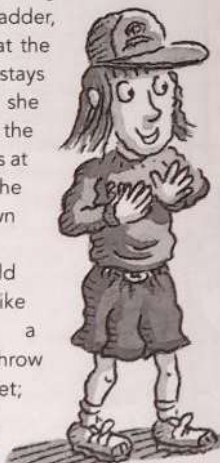
Collect pictures of different clothes and ask the girls on what occasions they might be worn. Alternatively, give them a list of occasions – for example, a party, interview, work experience and climbing – and a catalogue in which to find suitable attire.

R S  
suitable for  
B G

## Fitness board-games

Use a traditional board-game, such as snakes and ladders, to devise a fitness challenge. When a Brownie lands on the bottom of a ladder or the top of a snake, she has to complete a challenge before moving on. If she completes the challenge at the bottom of a ladder, she moves up – at the top of a snake she stays where she is. If she does not complete the challenge, she stays at the bottom of the ladder or goes down the snake.

Challenges could be instructions like skip backwards a number of times; throw a ball to hit a target; or use a hula hoop.



R S  
suitable for  
B G

## Keeping tabs on stress

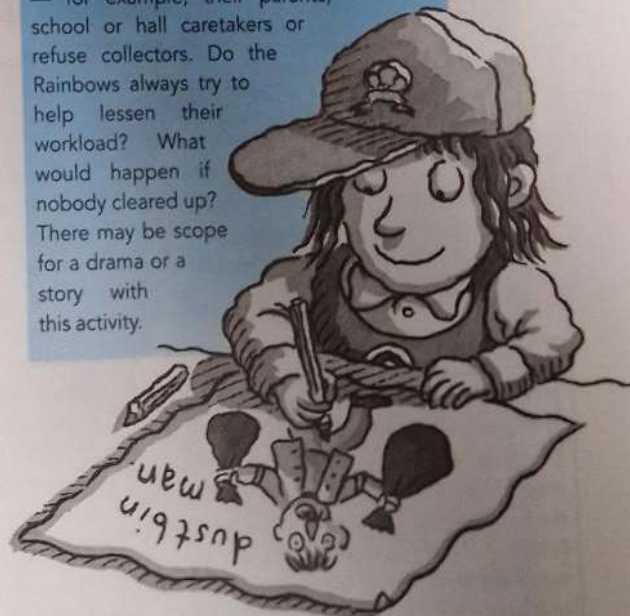
Ask the girls to make individual stress logs for a week, identifying and recording the events that made them feel stressed, their reactions and how they coped. At your next meeting, discuss the logs, how to recognise stress in yourself and others, and how you could possibly help other people.

R S  
suitable for  
B G

## Who tidies up after you?

None of us will be healthy for long if our environment is dirty. Ask the Rainbows to draw pictures of the people who keep the environment clean – for example, their parents, school or hall caretakers or refuse collectors. Do the Rainbows always try to help lessen their workload? What would happen if nobody cleared up? There may be scope for a drama or a story with this activity.

R S  
suitable for  
B G



## Problems

Collect questions and answers from the problem pages of magazines. In Patrols, discuss the questions and then read out the original answers. Alternatively, Guides could each write down a problem, either real or fictitious, and then the Patrol could discuss them.

R S  
suitable for  
B G

## Advertising alert

Debate the proposition that advertising affects us all adversely. For example, do advertisements make us feel deprived if we do not own the latest motor car on offer? Or are we upset if we are not as beautiful as the girls in advertisements? Another topic would be: Are our weight concerns often a result of the waif-like appearance of super models? Back up your opinions with examples from magazines and television.

R S  
suitable for  
B G

I

D

E

A

S



# rainbow guiders

With the season of nativity plays, carol concerts, pantomimes and parties approaching fast, we thought entertainment would make a very popular theme

By Deborah Manley  
Illustrations: Julie Morris

## Party games suggestions

**S**hould you decide to have a party, you could run through some of the games at preceding meetings. Here are a few suggestions for party games for the Rainbow-age group.

Some small prizes, such as wrapped sweets for games where there are 'winners', will give the whole activity a 'party' air.



## Musical statues

**W**hile the music plays, the girls dance around the room. When it stops, they freeze and stand absolutely silent like statues. Anyone who moves or breaks the silence is out. The music starts again, and the girls continue to dance until it stops.

## I've found it

**S**how the children a small, bright object such as a small toy. They leave the room and you hide the object where it can be seen from certain angles, such as on top of a picture or on a window-sill.

Everyone comes back into the room and starts searching. Anyone who sees the object stays silent and sits down quietly. She must not touch the object or show the others where it is. Finally, when there is only one girl who has not yet found it, the others can tell her where it is.

## Target tag

**F**or this game you will need a very soft ball. It could be a pair of socks or gloves rolled up to create a 'ball', or a balloon.

The girl who is 'It' targets another girl by throwing the ball at her. The girls can move about. The girl who is hit becomes the thrower.

## Jump the river

**L**ay out two ropes on the floor a short distance apart. That is the river, and the girls have to jump over it. At first this is easy, but, gradually, the ropes are moved farther apart. If a girl falls into the river, she is 'drowned' and goes out of the game. The river continues to widen, until one or two girls are left as the winners.

## Put on a puppet show

**D**o any of the girls have glove puppets which they would be willing to bring to a meeting? Using the different characters which are available – a seal, a dog, a lion and a cat, perhaps – create a very simple puppet play for some of the girls to put on for the others. Use a table covered with a cloth for the stage.

Some preparation will make for a more polished and interesting performance, but allow for improvisation as well. You may find that some of the quieter girls, who usually are not eager to speak out in public, are quite happy to talk through a puppet.



## Dressing-up box

**E**veryone knows that Rainbows love to dress up. Jumble sales are good places to find a cheap assortment of long dresses and skirts, frilly blouses, jackets, shoes and hats. If you tell the sale organisers what you are buying the clothes for, you are likely to get some very special bargains.

Give each group of girls an assortment of clothes, and ask them to dress each other up and present a fashion show for the others.



## Quiet time

**T**hink about all the people who help to amuse us. Include in your thoughts the people who appear on television or radio, actors in pantomimes, and people who sing and dance. What other people who keep us entertained can the Rainbows think of?

## Musical fancy dress

**P**ut an assortment of clothes into an old pillowcase or bag. The girls sit in a circle and pass the pillowcase around as the music plays. When the music stops, the person holding the bag reaches inside, pulls out a garment and puts it on. When the music starts again, the bag continues to circulate. When it is empty, the girls have a fashion show around the room.

## Next month

**W**ith Christmas drawing near, it is good for the Rainbows to think about other people, and ways in which they can help them. Next month's theme, therefore, will be helping.





### The eyes have it

**H**old a pen in one hand and its top in the other. Put the top on the pen. Yes, it's easy, but try again. This time, shut one eye before you try. It's much harder. You could see if it makes any difference which eye you shut.

#### Explanation

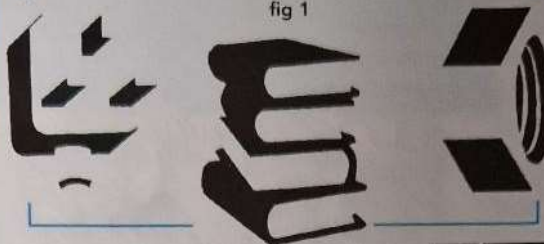
If you use both eyes, the brain receives two pieces of information about where the pen and top are. It combines the two, so it is easy to judge the positions. With one eye shut, the brain has only half the information, so it's harder. Many people have one eye dominant, which might make a difference.



### Seeing straight

**L**ook at these three sets of shapes (fig 1). What do you see? They are not full drawings of the objects, but your brain 'completes' the shapes and you recognise them as a plug, a pile of books and a nut.

fig 1



## simply science

Try these light-hearted activities to find out more about your senses

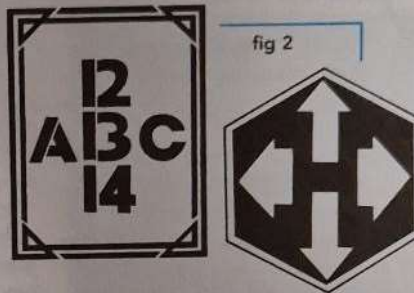
By Alison Mitchell and Hilary Jenkins  
Illustrations: Sophie Harding

### Seeing is believing

**S**ometimes, your brain is fooled by your eyes. Look at these two drawings (fig 2). What do you see in the centre?

You might say 'B' or '13' — it depends on whether you read the letters going across or the numbers going down. You could spot a capital H or just the space between four white arrows.

fig 2



### Nosing around

**S**hut your eyes and pinch your nose so that you cannot smell anything. Sample some different flavoured crisps, one at a time. Can you tell which is which? You could try the same sort of thing with a carrot, a potato and an apple.

#### Explanation

We usually identify a flavour by using our eyes and nose as well as our sense of taste to give clues to the brain. It is much harder with fewer clues. This is why food often seems tasteless if you have a cold which blocks your nose.



### Now you see it, now you don't

**C**ut out a piece of card about 7cm square, with a tab at the base, and tape it on to a pencil. On one side draw a blank television screen, and on the back a face or animal which would fit the screen. Twirl the pencil so that the card spins. What can you see?

#### Explanation

The image of the screen stays on the retina of your eye while you see the face or animal. It looks as if it is on the TV screen. You could try other pairs of pictures such as a fish in a bowl or a lion in a cage.



### Sweet smelling

**Y**ou probably will have tried the party game where strong-smelling substances are put in plain containers and you try to identify them. It can be quite hard because you haven't got the clues given by the appearance of the substance or its packaging.

### Sensitive skin tests

**T**ape two sharp pencils together so that the points are level. Shut your eyes and get a friend to touch your skin with either one point or both. You have to say each time which you think it is. Try different parts of your body. Does it make any difference to the times you come up with the right answer?

#### Explanation

You 'feel' things because of the nerve endings just below the surface of your skin. Some sense hot and cold, while others sense pain and yet others, touch. They are not spread evenly —

some parts of the body have more than others. These parts are more sensitive, so you should be right more often than wrong.

If you can get hold of samples of different fabrics, you could try the same tests, but see if you can identify correctly which fabric is being used to touch your skin at each attempt.

I  
D  
E  
A  
S



# brownie guiders

As Christmas approaches, Guiders' thoughts may turn to staging an entertainment. You may wish to produce a nativity play, a traditional pantomime or even one of the less traditional ones published in *GUIDING*

By Gillian Ellis

Illustrations: Jan Fearnley

Whatever you prefer, your production will need careful planning and an early start. For a Christmas show this year, you will need to start right away. As well as a team of reliable helpers, you'll need six key people:

- a producer
- a prompter
- a stage-manager

- a wardrobe mistress
- a scenery designer
- a property mistress

The producer and prompter will need deputies in case of illness. The rest will need teams of helpers. Each person should have one job but, if you're short of helpers, 'doubling up' may be necessary. The six key people must not double up.



## Producer

**1** Know the play thoroughly and take care with casting. Choose the best performers, taking into consideration four qualities: reliability, availability, suitability and acting ability. Although you must include all of the Pack somewhere in the production, you must choose the best actresses for the main parts.

**2** Make sure each actress has an understudy who is approximately her size. Give each understudy a chance to play the part in rehearsal at least once. For plays involving large numbers, you will need

several good actresses and others who can follow simple instructions.

**3** Give each Brownie a rehearsal schedule, setting out which scenes will be rehearsed on which dates. State clearly the 'no-prompt-sheet' date, by which time all the Brownies should have learned their lines.

**4** Before rehearsals, read through the play and visualise the actresses' moves and mark them in your copy. In rehearsal, all the moves should be clear-cut. Don't let actresses shuffle their feet or take the

audience's attention off the speaker.

**5** Make sure the actresses speak up from the start of rehearsals. From time to time, stand far away to check the clarity of their voices and insist that they project the sound to the back of the hall.

**6** If your play is amusing, rehearse short pauses where you expect laughter.

**7** Don't yell at the actresses — but remember that you are the boss.

## Stage-manager

- Provide the exact furniture which you intend to use as soon as you possibly can.
- Give scene-shifters job lists with cues.
- If you are to be unobtrusive, wear soft shoes and move quickly. If you are to be seen, the audience will enjoy it if you give them a smile and a wave as you leave the stage.

## Scenery designer

- 1** Read through the play and then recruit a workforce.
- 2** Design, make and erect scenery.

## Property mistress

- 1** Read the play and assemble a team of 'scroungers' and give each a props list.
- 2** Use the actual props as soon as possible so the cast becomes used to acting with them.
- 3** Make sure that everything is ready before the performance. Change the props swiftly between each scene.

## Wardrobe mistress

- Read the play, discuss notes you've made on costumes with the producer.
- Buy jumble sale materials; beg curtains and sheets to dye; contact other Packs or dramatic societies for loans.
- Take measurements and assemble a working party immediately after casting to ensure the costumes will be ready.
- If long dresses are to be worn, provide long skirts from the start.
- Try out the costumes as soon as possible — on actresses and understudies.
- Name items, store on coat-hangers and attach accessories in appropriately named bags.



## Prompter

- Attend the last 'prompt-sheet-allowed' rehearsal and mark any intentional pauses in your copy.
- Attend all the following rehearsals and mark the places where actresses stumble. Be ready to prompt in low, audible tones — whispering prompters are useless.
- Let your deputy prompt for at least one rehearsal, so she knows what to do.
- Never take your eyes off the script. If actresses omit chunks of dialogue, don't interfere as long as they get themselves back on course. However, if the play grinds to a halt, repeat the last line spoken and be ready to offer the following line as well, if necessary.





## Scene 1 THE THRONE ROOM OF THE IMPERIAL PALACE

Loud music and dancing. The Emperor and Empress sit on thrones centre stage. Palace staff dance round them. The Empress looks bored stiff as the Emperor shows off, stopping individual dancers to point out details of his clothes. Each dancer bows low, fidgets and yawns, as his partner tries to pull him away. Music stops, dancers flop exhausted. The Emperor is heard in full flow, very loud.

### EMPEROR

... and I said to my tailor, I don't want to see any shoddy work. The stitches in my britches are to be no longer than a millimetre, or it'll be off with your head and then where will you be?

### EMPRESS

Where indeed?

### EMPEROR

(triumphantly) Well, wherever it was, he didn't want to be there. All the stitches in my britches are so teeny and weeny even I can't see them. And I have excellent eyesight. None better.

### EMPRESS

Of course, dear.

### EMPEROR

(looking round) Why have they stopped? They're supposed to be celebrating my latest spring outfit.

### EMPRESS

I think people are tired, dear.

### EMPEROR

Tired? Nonsense. What's the matter with them? Have they no stamina? Start the music at once.

Music. People dance, as Emperor beats time, smiling happily and frequently leaning down to admire his stockings and shoes. Suddenly he holds up his hand.

### EMPEROR

(very loud) Stop the music!

Silence

(very quiet) Supper time.

Exit all except Simon and Sarah who gather up fans, swords and so on.

### SARAH

How can you bear to work with him, Simon? He's so vain!

### SIMON

Tell me about it! He never stops talking about his precious clothes. It's all he's interested in.

### SARAH

I've heard of some reasons for giving a dance but this takes the biscuit. Fancy inviting the ministers and their ladies to a ball in honour of his latest suit!

### SIMON

Oh but Sarah, it's a remarkable suit. The placket in the jacket is so cunningly concealed, you wouldn't know it's there. The clocks on the socks are of the finest embroidery, the bows on the toes are so sweet and neat and the stitches in the britches are so teeny and weeny that you need a microscope to see them.

### SARAH

Silly me. Well worth a four-hour ball involving a week's preparation and three days' clearing up. I'm glad it's my night off tomorrow.

### SIMON

Now there's a coincidence — mine, too. Fancy going to the pictures?

# the emperor's new clothes

In plenty of time for the festive season, here's another traditional fairy tale which has been turned into a Christmas panto with easy-to-learn dialogue

By Gillian Ellis

Illustrations: Kate Wells

## Cast

- EMPEROR
- EMPRESS
- PRIME MINISTER
- SIMON (a footman)
- SARAH (a housemaid)
- SPIKE and MIKE (con men)
- ROSIE (a Rainbow Guide)
- MINISTERS OF THE INTERIOR, EXTERIOR, POSTERIOR, ULTERIOR, LISTERIA and HYSTERIA
- GROOMS OF THE UPSTAIRS, DOWNSTAIRS and BACKSTAIRS
- MISTRESS OF THE ROBES, BATHROBES and WARDROBES

Add as many other suitable ministers, grooms and mistresses as you need for each performer to have a part in Scene 4. The audience is issued with cardboard groats in the programmes.

## SARAH

As long as you behave yourself in the back row.

## SIMON

Well or badly?

## SARAH

Don't be cheeky.

Sarah hits him with a fan. Exit holding hands.

## Scene 2

### (FRONT OF CURTAIN)

Citizens queue at a sign 'Stalls 45 groats, Circle 70 groats'. In pairs, they gossip about the Emperor, starting at the front of the queue. The next pair in each case mishears and passes on the gossip, as in Chinese Whispers.

A Did you hear about the Palace ball?

B Imagine! A dance just to show off the Emperor's new clothes. I heard the place was full of bigwigs.

C Did you know the Emperor has a new wig? A pig wig, I believe.

D What, made of hog's hair? What about the itchy bits?



**E** I say, I've heard the Emperor's had some new gloves made. Stitchy mitts.

**F** Whatever next? Who needs mittens at a ball? They'd make it a rather hot dance.

**G** That woman in front says the Emperor and Empress were wearing hot pants.

**H** Surely not? They went out in the '70s.

**I** Of course, everyone knows the Emperor and Empress started going out in the '70s.

**J** Love at first sight. So romantic!

**K** Rumour has it that the Empress is frantic. The Emperor is spending all their money on clothes.

**L** I believe the Mistress of the Wardrobe is thinking of resigning. When she took the job, there was only one wardrobe. Now there are 365 lining the corridors, and she has to use skates to get about the palace. Enter Mike and Spike, scruffily dressed. They hold out caps; people turn away.

**MIKE**

Alms for the poor.

**SPIKE**

Spare a copper.

**MIKE**

Fallen on hard times.

**SPIKE**

You've gotta a very kind face, lady.

**MIKE**

Just the price of a cuppa.

**SPIKE**

We 'aven't eaten for days.

**MIKE**

It ain't asking much.

**SPIKE**

Just yer loose change.

**(VOICE OFF)**

Move along the queue there. First house, five minutes.

Enter Simon and Sarah, who put gold coins in the caps.

**MIKE**

Cor! Gold!

**SPIKE**

Gold! Thanks.

**SARAH**

Don't mention it.

**SIMON**

Plenty where that came from. The Emperor may be as vain as a peacock but he pays well.

**MIKE**

You work at the palace?

**SPIKE**

Lots of dosh there, eh?

**SARAH**

Lots. Most of it goes on the Emperor's clothes. He spends a fortune on them.

**SIMON**

Come on, Sarah. They're going in.

Exit Simon and Sarah.

**MIKE and SPIKE**

You thinkin' what I'm thinkin'?

They whisper together.

**MIKE**

Where'll we get a loom?

**SPIKE**

Think.

Both pace up and down 'thinking'.

**MIKE and SPIKE**

The small ads!

A local newspaper comes flying on stage.

They scan it.

**MIKE**

Here we are: 'One loom, hardly used, 450 groats for quick sale. Owner emigrating.'

**SPIKE**

That's torn it. Where'll we get that kind of money?

Both pace up and down 'thinking'.

**MIKE**

I've got it! We can play the clubs.



**SPIKE**

We'll be stand-up comics. Telling jokes. I like jokes.

**MIKE**

Let's practise now.

**SPIKE**

Where'll we find an audience?

Both pace up and down 'thinking', then spot the audience.

**MIKE and SPIKE**

An audience! Just what we need.

**MIKE**

OK, folks. It's quite simple. We tell the jokes...

**SPIKE**

... and you laugh.

They tell corny jokes. After each one Mike and Spike hold up large cards: 'Applause', 'Laughter', 'Louder', 'Even louder', 'You can do better than that' and so on. Eventually...

**MIKE**

I don't think we've quite got what it takes.

**SPIKE**

It's harder than you think. What else

could we do?

Both pace up and down 'thinking'.

**MIKE and SPIKE**

We could sing.

**MIKE**

D'you think people'll pay to hear us?

**SPIKE**

Why not? They pay to hear Cliff.

They sing 'Living Doll' or similar, very badly. Led by 'plants' front of house, audience throw groats on stage, shouting 'Go away!', 'Get lost!' and so on. Mike and Spike gather the groats greedily and go off happily.

### Scene 3

#### THE THRONE ROOM

Emperor and Empress on thrones, surrounded by ministers. Enter Mike and Spike.

**MIKE and SPIKE**

(bowing low) Your Majesty.

**EMPRESS**

Don't forget My Majesty.

**MIKE and SPIKE**

(bowing low) Your Majesty.

**EMPEROR**

Who are you? What do you want?

**MIKE**

Your Majesty, we have heard that you are the peak of perfection and intelligence and wear only the finest clothes in the very best taste.

**SPIKE**

We are skilled weavers who can make for you the most excellent fabric to our highly secret formula.

**EMPEROR**

Then do so at once.

**MIKE**

The process is costly, Your Majesty.

**EMPEROR**

Don't bother me with trifles. The Chancellor of the Exchequer will furnish all the gold you need. Begin immediately.

**SPIKE**

Before we start, there's something we need to tell you.

**MIKE**

Privately.

**EMPEROR**

I have no secrets from my ministers.

**SPIKE**

Wait till you hear what we have to say.

**EMPEROR**

Leave us.

Exit ministers.

**MIKE**

For your ears alone, Your Majesty.

**EMPEROR**

I have no secrets from my wife.



**SPIKE**

Your ears alone, Sire.

**EMPEROR**

My dear... would you mind? Just a few moments... (Exit Empress in a huff). Oh dear. Turned chilly again. Now, what's all this about?

**MIKE**

The fabric we weave...

**SPIKE**

...the very costly fabric...

**MIKE**

...has a magic property. Only intelligent people can see it...

**SPIKE**

...highly intelligent people.

**MIKE**

Anyone a touch lacking in the brains department...

**SPIKE**

...or unfit for the job he holds...

**MIKE**

...can't see the material at all. So, not only will you be wearing the finest clothes you've ever possessed...

**SPIKE**

...but you'll be able to tell at a glance which of your ministers is worthy of holding office.

**BOTH**

(very sincerely) It's a bargain.

**EMPEROR**

(aside) Amazing. I shall be able to tell the wise from the foolish. I've always found that so difficult. (to Mike and Spike) I must have this fabric. Begin work at once.

**MIKE**

We shall need a little on account, Sire. The thread for such very fine work is expensive.

**SPIKE**

But well worth it, Your Majesty.

**EMPEROR**

Indeed. I shall tell the Chancellor to advance 5,000 gold pieces right away. Just tell me when it runs out. Now get weaving. (he looks surprised and pleased) Oh, I made a funny. Get weaving... how droll! Exit Emperor, chuckling quietly. Mike and Spike dance around.

**MIKE and SPIKE**

He's bought it!

**MIKE**

Silly old fool!

**SPIKE**

We'll be rich.

**MIKE**

(mimicking) Just tell me when the gold runs out...

**SPIKE**

(bowing) I'm ever so sorry, Your Foolishness, but money goes nowhere these days.

**MIKE**

Here's another million gold pieces, my boy. Just get on with my magic cloth.

**SPIKE**

There's one born every day.

Song — 'You've gotta pick a pocket or two' from 'Oliver' (Unseen chorus offstage while Mike and Spike perform comic antics. Substitute the words 'Mike' and 'Spike' for 'boys').

Exit, rolling with laughter.

**Scene 4****(FRONT OF CURTAIN)**

Emperor, suitably attired, sunbathing on sun lounger. Enter Groom of the Upstairs with glass of coloured 'lemonade'.

**EMPEROR**

Thank you (slurps loudly). How's my new fabric coming along?

**GROOM**

The weavers are hard at it, Your Majesty. But the workroom is locked. Nobody has seen the cloth yet.

**EMPEROR**

Hmm. I'm curious to know what it looks like. By the way, George, do you enjoy your job?

**GROOM**

Of course, Sire. To serve you is a pleasure.

**EMPEROR**

Hmm. Pop along to the workroom and tell the weavers I want to know how they're progressing. Take a good look at the fabric so that you can describe it to me well.

**GROOM**

Very good, Your Majesty.

Exit Groom.

Emperor

drinks, splut-

ters, spills

drink, wipes shirt

and burps. Enter

Groom, looking

anxious.

**EMPEROR**

Well?

**GROOM**

I... er... I've

never seen anything

like it, Sire.

**EMPEROR**

Describe it.

**GROOM**

(nervously) Describe it? Now?

**EMPEROR**

Come on, come on. The fabric?

Groom launches into an elaborate description, whatever the actor wishes to say, until the Emperor interrupts.

**EMPEROR**

Good, good. That's quite enough. You may go.

**GROOM**

Your Majesty, the weavers beg leave to say that they have used all the gold and need further supplies.

**EMPEROR**

Don't bother me. Go and tell the Chancellor at once.

Exit Groom of the Upstairs. Enter Groom of the Downstairs with another drink of a different colour. Repeat Scene 4 from the start, giving the Groom any name you like. The second description of the cloth should be different.

Repeat this scene as often as you wish with different grooms, ministers, mistresses, the Prime Minister (choose their names) and finally with the Empress. Each drink brought should be a different colour and contain increasing amounts of fruit, umbrellas and so on. If possible, glasses should become larger and larger and the Emperor should splutter and spill more. Until...

**EMPEROR**

Don't bother me. Go and tell the Chancellor at once.

**EMPRESS**

Who d'you think you're ordering about? Tell him yourself!

Exit Empress, huffily.

**EMPEROR**

Turning chilly yet again. (shouts) Simon! Enter Simon and Sarah.

**SIMON**

You bellowed, Sire?

**EMPEROR**

If you've a minute to spare, Simon, pop along and see what you think of the new cloth. Ask the weavers when it will be ready. Exit Simon and Sarah.

Simon seems a bright enough chap, but I may as well put him to the test like all the rest. It'd never do to have a thicky for a footman.

Enter Simon and Sarah, very agitated.

**SIMON**

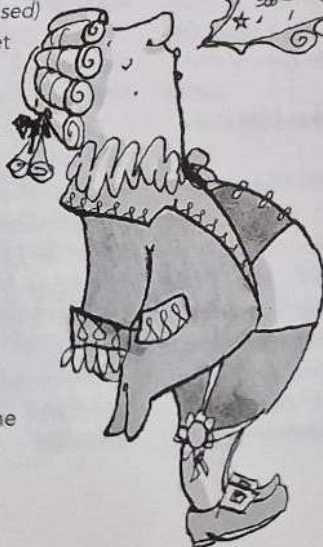
Sire, a terrible thing has happened.

**SARAH**

Your Majesty is being tricked.

**SIMON**

The weavers are rogues.





**SARAH**

They're taking your gold under false pretences.

**EMPEROR**

Aha! Why do you say that?

**SIMON**

There is no new cloth, Sire.

**SARAH**

There isn't even any thread.

**SIMON**

Just empty reels.

**SARAH**

And an empty loom.

**EMPEROR**

Enough of this nonsense! The new cloth has special properties — only those with intelligence can see it. You are clearly unfitted for palace duties. Take a week's pay in lieu of notice. I shall advertise your jobs immediately.

**SIMON**

But, Sire...

**SARAH**

Believe us, you're being duped.

**EMPEROR**

Leave the palace at once.

*Exit Simon and Sarah, weeping.*

Simple Simon and Stupid Sarah. A foolish footman and a hopeless housemaid. Who'd have thought it? At least, it seems I've chosen my ministers well. They all described the new fabric in glowing terms. It seems they have a glimmer of intelligence after all, though you sometimes wouldn't think so in the parliamentary debates. It's time I saw this wonderful new cloth for myself. George!

*Enter Groom of the Upstairs.*

**EMPEROR**

Tell the weavers to get a wiggle on and bring my new fabric to the Throne Room double quick. They can't expect My Imperial Majesty to visit a common workroom. Exit.

## Scene 5 THE THRONE ROOM

*Enter Emperor, very excited, followed by Empress.*

**EMPEROR**

The cloth is ready. The weavers are bringing it now. I am to see it at last.

**EMPRESS**

*(nervously)*

Splendid, dear. I do hope you approve.

**EMPEROR**

You know, my dear, this cloth has restored my faith in mankind. Would you like to hear a secret?

**EMPRESS**

*(clapping hands)* Oh, yes, dear. I do love secrets.

**EMPEROR**

*(loud whisper)* This cloth, you see, has special powers.

**EMPRESS**

It has?

**EMPEROR**

*(slowly and deliberately)* It has. It is so fine that only those who are highly intelligent and worthy of their office can see it.

**EMPRESS**

*(miserably)* Oh.

**EMPEROR**

People who are, frankly, thick...

**EMPRESS**

*(squeaking)* Yes?

**EMPEROR**

... see nothing at all.

**EMPRESS**

*(wailing)* O-o-o-oh.

*She bursts into tears.*

**EMPEROR**

Why, my dear, whatever's the matter?

**EMPRESS**

I have a slight headache coming on. It's nothing.

*Fresh storm of weeping — exit Empress. Enter Mike and Spike staggering under the weight of imaginary bales of cloth.*

**EMPEROR**

What the dickens are you doing?

**MIKE**

*(breathlessly)* Where d'you want it, Your Majesty?

**EMPEROR**

Want what?

**SPIKE**

*(gasping)* The new cloth, Sire. It's extremely fine, but in these quantities, very heavy.

**MIKE**

I'll have to put it down. My arms are breaking.

**SPIKE**

Stick it on these old chairs.

**EMPEROR**

Old chairs! D'you mind? Those are the Imperial Thrones.

*Mike and Spike drop their bundles on the thrones and make exaggerated arm-stretching movements.*

**MIKE**

There! What d'you think, Your Majesty?

**EMPEROR**

*(aside)* I think they're both crazy. *(to Mike and Spike)* Er... think? About what, exactly?

**SPIKE**

About the colours, the sheen. Are they not really wonderful?

*Mike and Spike spread the fabric out and stroke it very gently.*

**EMPEROR**

*(realisation dawning slowly)*

Colours? Yes, of course. The colours. And the sheen. They... they defy description.

*He walks away from the thrones, shaking his head hard as if to clear it. He looks round slowly and still sees nothing. He walks to the thrones, peers closely and gives a great gulp.*

**EMPEROR**

Lovely. Beautiful. Exquisite. Never seen anything quite like it.

**MIKE**

Is it what you expected, Sire?

**SPIKE**

From the descriptions given by the members of your household?

**MIKE**

And the Prime Minister?

**SPIKE**

And the Empress herself?

**EMPEROR**

They all described it in great detail. *(aside)* This is terrible. Disastrous. Is my wife more intelligent than I? Are my ministers more fitted for office than their Emperor? Oh, my word, even the Groom of the Backstairs saw it, and he's only nine years old!

**MIKE**

Let us drape the fabric over you, Sire. Then you will see the full effect.

**SPIKE**

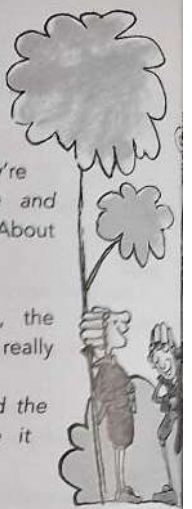
I'll help you remove your robes, Your Majesty.

*Much palaver as Emperor discards garment after garment, the more amusing the better, and is left standing in very baggy long johns. Mike and Spike start to remove these but the Emperor pushes them away.*

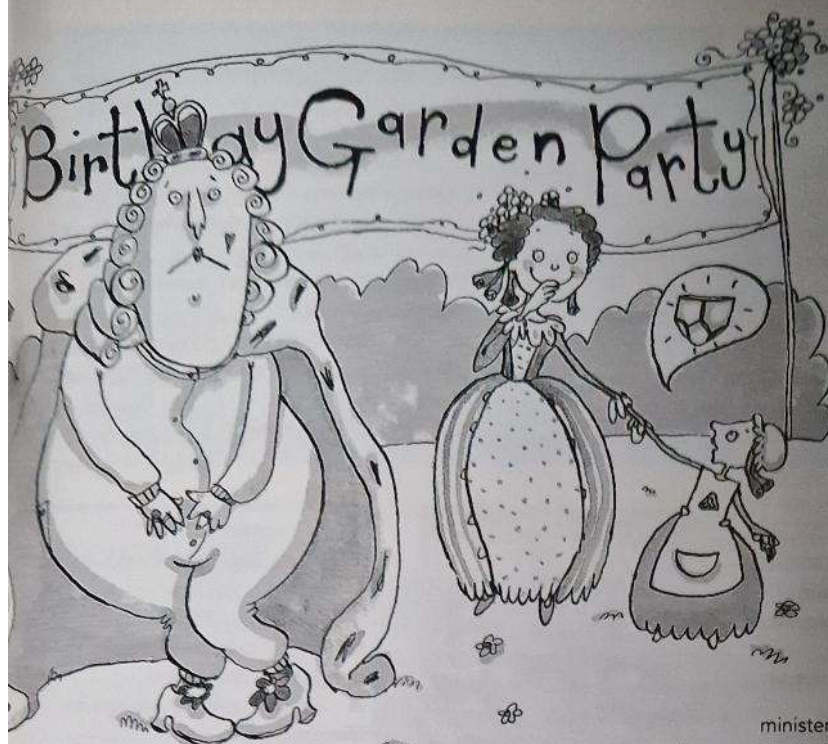
**EMPEROR**

That's quite enough.

*Mike and Spike drape fabric round the Emperor.*







**MIKE**

Perfect, Sire.

**SPIKE**

The colours suit you so well.

**MIKE**

If Your Majesty will choose the patterns immediately, we'll have the clothes made in time for Your Majesty's birthday parade.

**EMPEROR**

(alarmed) Oh, I don't know if I should wear them then.

**MIKE**

Sire! The citizens are agog to see your wonderful fabric. The members of your household have been praising it everywhere.

**SPIKE**

You are to be congratulated, Sire. It appears you have chosen your



ministers and servants wisely. They are all highly intelligent and well fitted for their positions.

**EMPEROR**

(hastily) Just so, just so. Very well. Let us choose the patterns now.

He elaborately gathers the fabric round him as Mike and Spike pick up the various bolts of cloth.

**MIKE**

(winking) Mind you don't trip over your train, Sire.

Exit.

## Scene 6

### (FRONT OF CURTAIN)

**MIKE**

The clothes are ready (rolls about laughing wildly).

**SPIKE**

After hours of sewing (rolls about laughing heartily).

**MIKE**

Oh, those teeny weeny stitches!

**SPIKE**

And all for only five million gold pieces!

**MIKE**

Never had so much dosh before!

**SPIKE**

What shall we do with it?

**MIKE**

We should set up a clothing business! Both roll about laughing.

**SPIKE**

You know, that's not a bad idea. Let's do it.

**MIKE**

Better use real cloth this time. Most people like to see before they buy.

**SPIKE**

We might become famous one day — MIKE and SPIKE, plc. We could end up with a multimillion-groat empire.

**MIKE**

If we advertise, I'll start now. I need some help from the audience.

Youngsters are brought on stage and given prepared coloured card to stick on a long poster which eventually reads 'Mike and Spike'. While they're doing this, Mike and Spike lead a karaoke session. Sign is displayed, then carried off to be used in the next scene. Grooms bring on placards advertising 'Emperor's birthday parade and garden party in the palace grounds. All citizens invited.'

## Scene 7

### THE PALACE GARDENS

Bunting and balloons. Everyone milling around. Band music. All form into a parade, at the end of which enters the Imperial couple. Emperor in long johns and crown. Ministers remark simultaneously on the beautiful clothes, while the puzzled citizens whisper and giggle. The noise gradually becomes deafening. Rosie tugs at her mother's clothes and tries to speak. Mother keeps saying 'In a minute, dear, Mummy's talking,' and such off-putting remarks. Rosie gets more and more agitated, trying to speak over the noise. Music stops suddenly.

**ROSIE**

(very loud) Mummy! The Emperor isn't wearing any clothes! I can see his knickers! Shocked silence. Emperor crosses his arms over various bits of his anatomy in turn, Empress faints, ministers look guilty. Someone giggles, then a few more and gradually laughter builds until everyone is rolling on the floor or clutching their midribs. The Emperor gives an agonised howl and rushes off, followed by grooms carrying the Empress.

Song — 'The King is in the altogether' from 'Hans Christian Andersen', followed by dancing. Curtain.

■ Songs from *Oliver* and *Hans Christian Andersen* (£6.95, published by Music Sales) are available at good music shops. 'The King is in the altogether' is also in *Children's Film Favourites*, published by IMP at £3.95. You will need to seek performing rights for all these songs.



# guide guiders

The autumn months are rich in festivals from many cultures and they provide a range of opportunities for Patrol activities

By Veronica Howe  
Illustrations: Julie Carpenter

## Oktoberfest

**C**elebrating a successful harvest is common in Germany. Patrols could choose to:

- Display a variety of items to represent the country — for example, a flag, coins, stamps, products, postcards, pictures, dolls in national costumes, national or Guiding information (for the latter see *Trefoil Round the World*).
- Make small flags, using plastic canvas and tapestry work, which could be sewn on camp blankets.

■ Visit a supermarket to find out how many different German products are readily available.

■ Prepare a supper table set with typical German foods, such as rye bread, frankfurters, other sausages, cheeses and so on.

■ Learn/teach others some basic German phrases.

■ Take one of the various international Interest badges, for instance World Cultures.

■ Cook *Kartoffelpuffer*.

## Guy Fawkes night

**T**he Gunpowder Plot failed in 1605, but it is remembered annually. Patrols could:

■ Design posters about the dangers of fireworks.

■ Create masks to represent Guy Fawkes.

■ Make models or dolls of Guy Fawkes and donate them as part of a service project.

■ Cook baked potatoes — either on a fire or in an oven — and offer a choice of fillings.

■ Assemble Roman candles... and eat them.

■ Prepare Bonfire toffee.



## Roman candles

You will need:

- six canned peach halves
- 150ml double cream
- six chocolate-covered mini-rolls
- angelica

**P**ut spoonfuls of stiffly-whisked cream into each peach half and press an upright mini-roll firmly into it. Put a blob of cream on top of each roll and use strips of angelica for wicks.

## Kartoffelpuffer

You will need:

- three or four peeled and grated potatoes
- one minced onion
- salt
- one tablespoonful flour
- one egg
- oil

**B**lot the grated potatoes with kitchen roll. Mix everything together, form small 'cakes' and fry them.

Serve with other vegetables, or as a dessert with syrup or apple sauce.

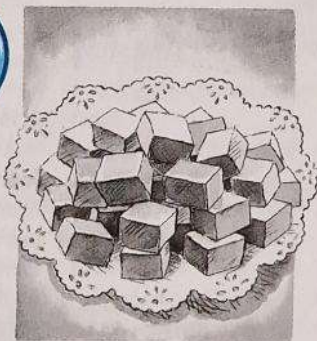


## Bonfire toffee

You will need:

- 500g demerara sugar
- 100g butter
- 100g treacle
- one tablespoonful milk
- one tablespoonful water
- one tablespoonful vinegar

**M**ix everything together except the vinegar and bring to the boil, stirring all the time. Simmer for 15-20 minutes. Continue stirring until the mixture is brittle — you can test this by dropping some into cold water. Stir in the vinegar and pour the mixture into greased, shallow tins. When it is nearly hard, score it with a knife into small squares.



## Remembrance Day

**T**his event recalls the Armistice, signed after four years, three months and 14 days of fighting in the First World War. Patrols could:

■ Discuss what it means to them and portray it in a poster, poem and mime.

■ Make some poppies from crêpe paper, wire and so on.

■ Invite a local person to talk about life during either the First or the Second World War.

■ Examine a local war memorial and consider what it means, particularly to older people.

■ Learn some songs from the First World War (for example, *Pack up your troubles in your old kit bag* and *It's a Long Way to Tipperary*).

## Thanksgiving Day

**A**nother annual event commemorates the American colonists' first successful harvest. Patrols could:

■ Bring in a range of food products and locate their origins on a world map.

■ Prepare pumpkin pie.

■ Cook typical American cakes or biscuits,

such as brownies or muffins.

■ Discuss reasons for being grateful for the year that is drawing to a close.

■ Consider ways of helping the less fortunate and develop a suitable service project over the next three months.

■ Learn a song from the USA.

■ Learn some square dances.



I

D

E

A

S



## Family trees and collages

**D**raw a family tree to show who does what in your family or make up a collage of things that happen in your everyday life. For example:

- Where does your food come from?
- How do you travel from one place to another?
- Who helps you to learn new things?
- Who helps you to keep fit?
- Who keeps the house tidy? Is it you?



## how to do

This month our activities are centred around girls' and young women's thoughts, influences and, in some cases, their personal experiences of growing up

By Lara Brookes

Illustrations: Anthea Whitworth

**S**ee how you get on with these activities, then why not write to us and let us know what you think? Your responses will be used as part of a nationwide consultation to find out what girls think about growing up in the UK (see page 18). Send your responses to: Victoria Wheeler, Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.

## Gender debate

**C**onsider the role of women in your community and organise a debate on the motion 'A woman's place is in the home' or 'The hand that rocks the cradle should also rock the boat'.

## What's your opinion?

**M**ost people have already made up their minds how they feel about things such as cruelty to animals, smoking and keeping fit. Is there anything that causes you concern? Draw up a press release on any issue about which you have strong opinions.

## Start a campaign

**A**re there some things which you don't agree with and want to change? What can you do? Write to your MP and/or local and national newspapers. Why not give it a go?

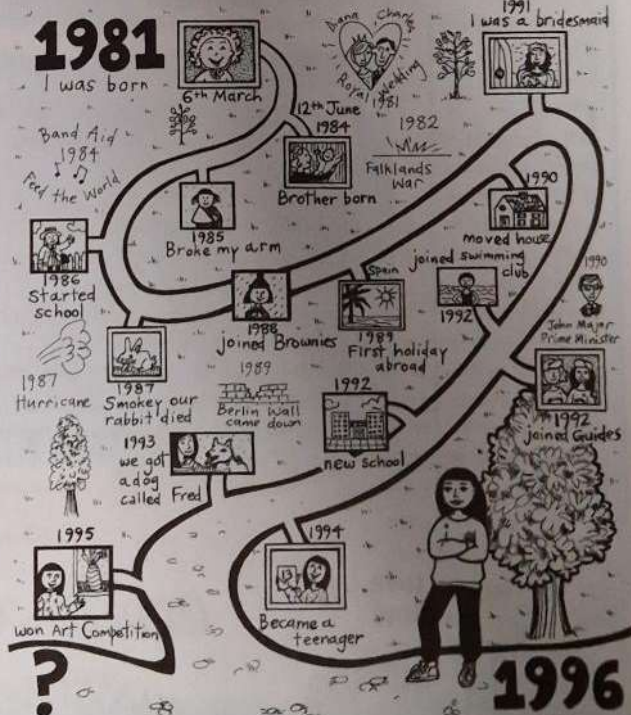
## Survey of rights

**C**arry out a survey of people in your unit or group. What are their views on access to school files, contraception or the right to vote? Are they satisfied with their rights or do they want more? Send in the results of your survey to the people who have influence over these decisions.

■ The Women's National Commission and The Guide Association are producing a pack of further activities which will be sent to you free. The pack will cover topics such as the influence of the media, life choices, financial security and the law. If you would like a copy, please write to the WNC at Caxton House, Tothill Street, London SW1H 9NF.

## Map of life

**M**ake a map which shows your journey through life so far. Plot on it all the important things that have happened to you along the way. Add other things which have happened in the outside world that you remember noticing at the time. Did they actually affect you or were they just things which you saw on television?



## Attitudes to waging war

**D**o you think war can ever be justified? Or are you totally against it? Draw a picture to support your ideas.

## Direct action

**S**ome environmental groups feel that the only way they can get their voices heard is by taking 'direct action'. If you were a politician or a developer, would you be swayed by the argument?





# try this

To mark the 30th birthday of Sangam, the World Centre officially opened by Olave, Lady Baden-Powell on October 16 1966, the Friends of Sangam (UK) have produced a *Sangam Sparkle Pack*

Illustrations: Beccy Blake

## I D E A S unlimited

**T**he Sparkle Pack is a treasure trove of international information and ideas and a good source of unit Thinking Day activities, as well as all-year-round programme material. Guides working on International badges will find it an extremely useful addition to the Patrol box.



## Try not to put a foot wrong playing kokolanka

**P**layers sit in a circle, with their feet stretched in front of them. One player in the centre moves round the circle, touching each foot in turn and saying 'One, two, three, four, every foot upon the floor; five, six, seven, eight — here is one without a mate!' She touches a foot as she says each word and the foot touched on the last word of the rhyme is 'lost' and must be drawn up.

The first person to 'lose' both feet becomes the 'Rascal'. All the other players must then bob up and down and the Rascal tries to touch someone standing up. She cannot touch someone crouching down.

When the Rascal catches a standing player, that player goes into the centre and the game begins again.



## A N I N D I A N home

**S**angam is situated on the banks of the Mula River in Pune, which is a city situated 120km south-east of Bombay.

Its name comes from the Sanskrit word that means coming or joining together.

## Experiment with making chapattis

**T**o make eight chapattis, you'll need 4oz flour, a pinch of salt, a tablespoonful of oil and some water.

- Mix the oil, salt and flour and rub them in well.
- Add the water gradually and keep kneading the mixture.
- Knead to a firm dough. If you use brown flour you may need extra water.
- Divide the mixture into eight equal rounds and put them on a tray dusted with flour.
- Roll out each round thinly on a floured board.
- Place the chapattis, one at a time, into a hot, unoiled pan.
- Cook them on each side until lightly browned. Serve hot.

## Indian wind chimes

**P**unch holes in the centre of the base of three different-sized tins. Decorate the tins with paint or marker pens. String the tins together with cord, knotted inside so that the tins nestle together. If they are hung from a tree or hook, they will move in the breeze. ▼



## ② Decorate tins





## Aarti welcome ceremony

This ceremony, a blessing for good fortune, is performed in many homes. At Sangam, the ceremony has been adapted for Guiding, while continuing to uphold the Indian traditions.

You will need kum-kum (red) powder; turmeric (yellow) powder; rice; a betel-nut (or any nut); a ghee lamp (or night-light); coconut; sugar; and flower garlands (instructions for making the garlands are included in the pack).

One person, usually female, holds a tray containing the powders, rice, nut and lamp. With her fingertip, she places a dab of red then yellow powder in the centre of a guest's forehead, to indicate good fortune.

She then sprinkles a few grains of rice over the guest's head to wish her prosperity, then circles the nut three times around the guest's head to show purity and fragrance and to help digestion.

The lamp is then circled three times round the guest's head in order to symbolise the purity of life.

The guest is offered Prasad, a blessing from the gods, consisting of sugar and a piece of coconut, which symbolises fertility. The coconut is placed in the guest's right hand, as Indians consider it is bad manners and unclean to eat with the left hand.

Finally, a garland of flowers is placed around the guest's neck as a symbol of friendship.

Sangam's Guider-in-Charge invites visitors to light the wick of the Friendship Lamp, which is soaked in peanut oil. She asks them to recognise the light as the spirit of Sangam and the World Movement; to keep this spirit alight during the event; and to take it with them when they leave. As the *World Song* is sung, a new awareness of its implications is seen against the background of the world home.

## Kookaburra (in Hindi)

Kookaburra jaadi par bita hai  
Kookaburra jungle ka raja hai  
Ga, Kookaburra, Ga, Kookaburra  
Jai se sur bun ja.

## Learn some Hindi words

- **Namaste** means hello or goodbye.
- **Kripa Karke** means please.
- **Dhanyawad** means thank you.
- **Han** means yes.
- **Nahin** means no.

Teach your unit to count from one to ten in Hindi: *ek, do, teen, char, panch, chhe, sath, ath, nau, das.*

## Switch to a sari

You'll need a long underskirt, a choli (a short blouse) and 5.5 metres of fabric for your sari. A real sari usually has a printed or embroidered border along the top and bottom edges. One of the short ends often has a wide border, which forms the *pallau* to hang down the wearer's back.

- 1 Put on the underskirt and choli.
- 2 Hold the sari as shown (fig 1). Tuck the top edge of one end into the front of your underskirt.
- 3 Tuck in the top edge of the sari, working from left around your back until you reach the point where you started (fig 2). The bottom of the sari should touch the floor.▶

- 4 Gather the rest of the fabric together, take the loose end and wrap it round your waist, this time without tucking it into your underskirt (fig 3).

Fig 3



- 5 Place the end of the sari over your left shoulder so that the bottom edge reaches just below the back of your knees.

Fig 4



- 6 Gather the rest of the loose material at the front to form pleats, which should be turned to the left and tucked into the waistband of your skirt, just to the right of the centre.

- 7 Drape the sari across your chest, neatly pleated (fig 4).

to make pleats...

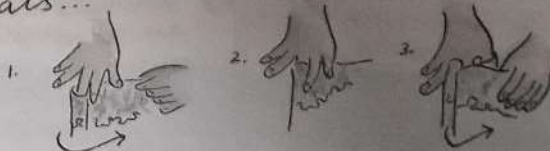


Fig 1



Fig 2



## How to get your copy

Copies of the *Sangam Sparkle Pack* are available from: Margaret Wellock, 7 Boscombe Avenue, Morecambe, Lancashire LA3 1LW. Please enclose a cheque for £3.50, made payable to Friends of Sangam (UK), and a sae large enough to accommodate an A5 book.

If a depot or shop buys 20 copies, the price per copy will be reduced to £3. All proceeds made from selling the pack will be used to promote the future growth of Sangam.



# ranger guiders

Last month we considered the who, what, where, when and how of planning Look Wider, now here are some practical ideas for activities which are suitable for the programme

By Barbara O'Donnell  
Illustrations: Michelle Draycott

## Super scrunchies

Buying different materials to make scrunchies can be expensive if you are on your own. Organise the Rangers to each buy a piece of material, and then swap. You'll be surprised how many scrunchies you can make from a relatively small piece of fabric.

For each scrunchie, you will need:

- 20cm x 115cm wide fabric
- 25cm elastic
- thread

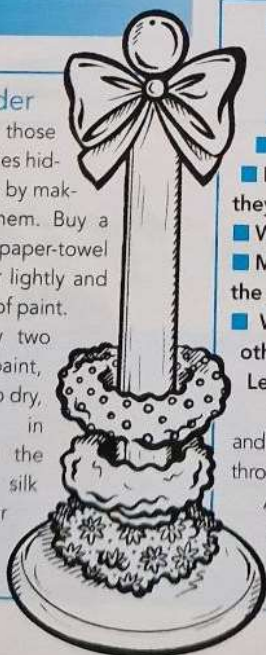
Cut a 110cm x 14cm fabric strip. Press a 5mm hem at each narrow end of the fabric. Fold in half lengthways, with the right sides together. Pin and stitch along the length, 1cm from the raw edges. Turn the right side out and press.

Insert the elastic through the fabric tube and stitch the elastic ends together firmly. Hand stitch the fabric ends together.

## Scrunchie holder

Tidy up all those loose scrunchies hiding in drawers by making a holder for them. Buy a plain, wooden paper-towel holder. Sand it over lightly and apply an undercoat of paint.

Once dry, apply two coats of enamel paint, allowing each coat to dry, sanding lightly in between. Decorate the top with ribbon or silk flowers to match your bedroom décor.



## Have some halva

Rangers love to eat! Try making this ancient Middle-Eastern sweet. Sesame seeds can be found in almost any healthfood store, and sesame oil is sold in good supermarkets. All you need is access to a food processor.

You will need:

- 675g (1lb 8oz) sesame seeds
- 1¼ tsp sesame oil or as little as needed
- nine tbsp honey
- 1¼ tsp vanilla

Place the sesame seeds in the food processor and activate until they form a paste. Add the sesame oil — if the seeds seem very oily you may not need to use all of it, so be sure to add just a drop or two at a time. Continue blending.

Add the honey and vanilla, and blend well. Press the mixture (it will be very firm) into an 8 x 8 x 2ins tray and chill. When thoroughly chilled, cut it into half-inch squares and store sweet in an airtight box.

You can substitute two teaspoonfuls of almond extract for the vanilla and add half a cup of toasted almonds to finish.



## Fun ideas for working on Look Wider

A Ranger once remarked that the Look Wider programme was like a jig-saw made up to her own specification. Her skills and interests could be combined in order to follow any path she decided upon in the programme. All that was needed was careful planning, and plenty of imagination.

Sometimes, we can be a little short of different ideas. Why not try out or adapt one or two of our suggestions, adding your own touch of imagination?

## Honeysuckle foot balm

Fragrant flowers, herbs and fruit have long been used in beauty treatments to refresh, cleanse and enhance the body. Try out this original recipe for foot balm. Remember to store in a cool place, since the balm does not contain any preservatives, it will not have a long shelf-life.

You will need (makes about half a cup):

- ½ cup lanolin
- three tbsp almond oil
- three tbsp glycerine
- ¼ tsp honeysuckle oil

Place the lanolin, almond oil and glycerine in the top of a double saucepan over simmering water, stirring until evenly combined and smooth. Add the honeysuckle oil, remove from heat, continue stirring until cool, pour into small jars and seal.

## Fitting into Look Wider

Ask the Rangers how they could use any of these ideas or adaptations while working on the Look Wider programme. Can they identify which activities are linked to a particular phase or octant? For example:

- Can any of the ideas count for part of the Discovery phase?
- By making scrunchies and perhaps selling a few to family and friends, could they raise money for a service project or charity?
- Which phase and which octant could be covered by making the foot balm?
- Might learning to make sweets lead to an interest that could be taken up for the skill section of the Duke of Edinburgh's Award?
- Would it be possible to pass on any of these activities or adaptations to other members of the Association, to be used in either Making It Count or the Leadership Scheme?

Many Ranger activities are done simply for fun or interest. However, careful planning and good time management can allow them to be used in the individual Ranger's progress through Look Wider.

Ask the Rangers to look again at the activities and challenges for the next few months. Suggest that they write against each activity how they would use it in reaction to either an award that they are working towards or the Look Wider programme as a whole.



## Help for Unit Guiders

As well as supporting Young Leaders in developing their leadership skills and taking part in other aspects of Look Wider, you may need to help Unit Guiders to understand their role in the development of the Young Leader in their unit. Excellent advice can be found in *The Guider Handbook*, but here are some important hints for Unit Guiders:

- Have a copy of *Making It Count* and the *Notes for 16-18 year olds on the Leadership Scheme*, so that you know what is required of the Young Leader.
- Include your Young Leader in planning sessions. Find out which clauses of the leadership schemes she would like to do, and try to incorporate suitable opportunities into the unit programme. Encourage her to record her activities in the *Look Wider Record Book*.
- Make sure she knows in advance what part you want her to play in the unit meeting, so that she can prepare accordingly.
- Make sure she knows what equipment and materials are available for activities. If she is preparing equipment discuss the budget available for the activity.
- Make time to discuss the plans she has made in as much detail as she wants and also help her evaluate the activity afterwards.
- Let her read your copy of *GUIDING* and *The Guider Handbook*. Make sure she has access to handbooks, *The Guiding Manual* and other publications.
- Make sure you keep her informed of events for her age group which are taking place locally in the District, Division, County, Country or Region, or the UK.
- Take her with you to Guiding events such as AGMs, training days and – for those aged 16-18 – District Meetings.
- Encourage her to go to Young Leader meetings and training events.
- Tell her about the residential opportunities available at the Training Centres and find out if there is any financial assistance to help her attend.
- Pass on information about international events and the method of selection adopted in your particular County.
- Get to know your Young Leader as a person — her school or college commitments, exam periods, skills and interests, family circumstances and so on, so that you know what is reasonable to expect of her.
- Encourage her to wear Ranger/Young Leader uniform to unit meetings.



MARGARET WHITTAKER

Young Leaders can benefit enormously from attending training days or AGMs

## young leader guiders

*It's never too early to plan but, if your Young Leader group does not meet regularly, planning can be a little tricky, yet it is essential if everyone is to do the activities they want*

By Sheena Booth

### The overall programme

Having a meeting to plan the overall programme at the beginning of the year is a good idea. It could be linked with time set aside for catching up on each individual's progress.

It can be easier to see the overall picture on a large wall planner, either a bought one or one you make up on a large sheet of paper. It is helpful if weekends are highlighted. Mark on it school holidays and exam periods, as this may help clarify when to avoid certain activities.

Next, make a note of the dates of any relevant events in your County, such as training days, Senior Section events, special celebrations and international selections. Some Counties produce a diary of events each year. Does yours? If it does, do the Young Leaders have a copy?

Once you have added Division/District meetings and events which may involve the Young Leaders, a basic framework for the year will emerge. This should make it easier to see which events may need extra planning time, where there are gaps and the 'best' times to do certain activities.

### Identifying opportunities and making use of them

Talking over their progress with them will help the Young Leaders to look ahead and complete different parts of their Look Wider programme. If they also make use of the year planner they have either bought or made, it will help them to identify opportunities not to be missed, such as:

- When and where the training sessions for those working on the Guide Association Leadership Scheme or *Making it Count* are to be held.
- Opportunities to visit a camp or Pack Holiday for clauses in the Leadership Scheme.
- Training sessions for the Walking Safely Training Scheme, First Aid, Senior Section, Camp Permit...
- An opportunity to organise an event for Rainbows, Brownies or Guides, such as *Brownie Revels* or a *Guide Fun Day* for a Young Leader working for her Queen's Guide Award.
- Deciding what is the best time to have a Young Leaders meeting.

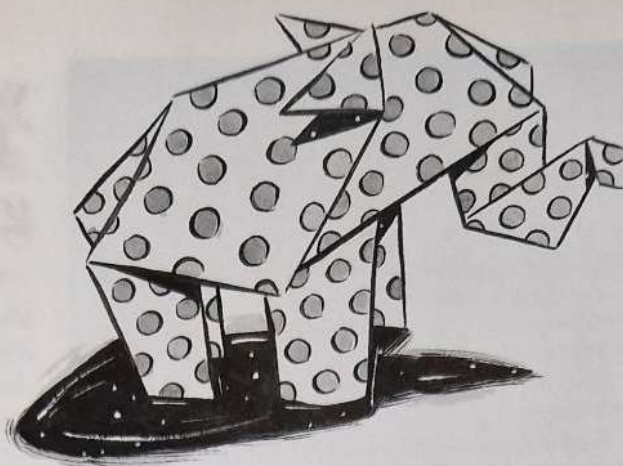


# crafty ideas

There are an amazing number of origami shapes you can make and animals are especially popular – here we show how to create an elephant

By Sue Wilkinson

Illustrations: Francis Scappaticci



**1** Fold an A4 piece of paper in half along the diagonal, and trim the end so that you have a perfect square. Now fold the triangular piece in half to make a smaller triangle.

I

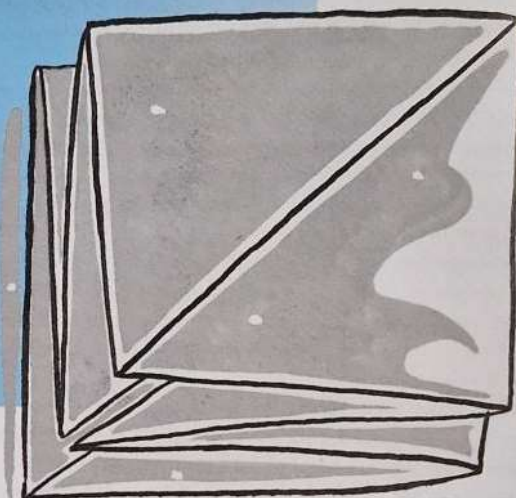
Origami may seem a little fiddly at first, but the ideas soon become quite easy. The main trick with origami is to keep the point as sharp as possible.

You will need

- coloured paper (gift wrap works well)
- scissors
- plain paper for first attempts

D

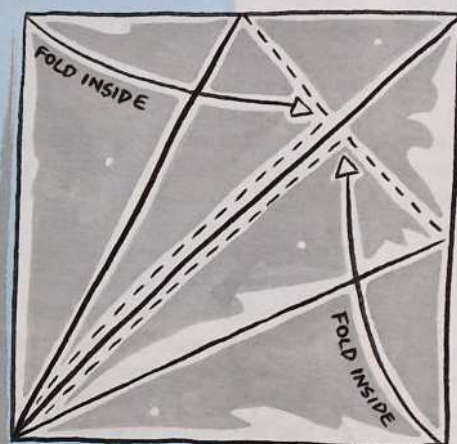
**2** With the small triangle flaps facing towards you and the folds to your left, pick up the top triangle in the middle of the longest side and flatten back along the fold to make a top square. Turn the paper over and repeat the process, folding the triangle inwards to create another square.



E

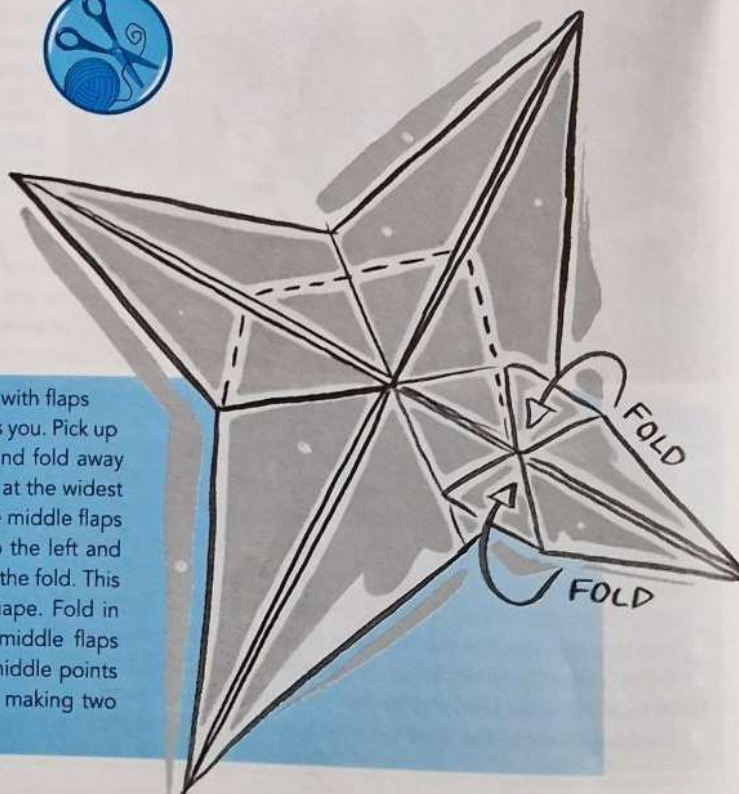
A

S



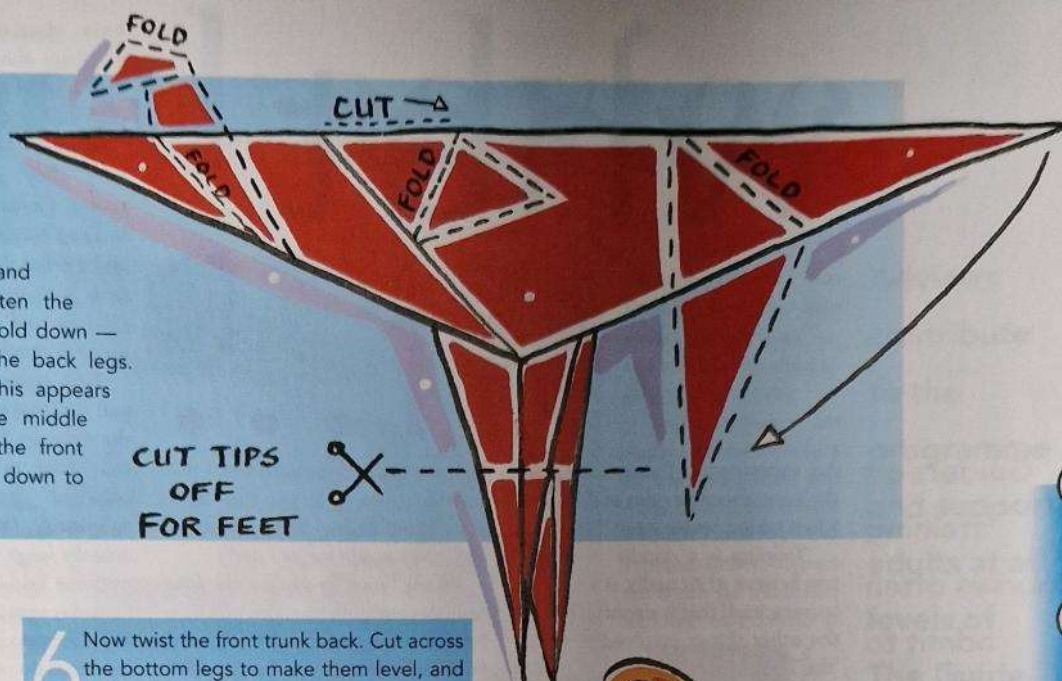
**3** Now lift up the top of the first square. Take the lefthand side point of the square and fold it into the inside middle fold. Repeat this for the righthand point. This will form a kite shape. Turn the paper over and repeat the process.

**4** Place the kite with flaps facing towards you. Pick up the top flap and fold away from you so it folds at the widest point. Now take the middle flaps and squash back to the left and right, pressing over the fold. This will create a star shape. Fold in the edges on the middle flaps and turn over the middle points on these two flaps, making two narrow points.





**5** Fold the paper in half down the long centre so the narrow points are inside and facing you. Flatten the back point and fold down — this will make the back legs. Don't worry if this appears shorter than the middle points. Flatten the front and fold in and down to make a trunk.



**6** Now twist the front trunk back. Cut across the bottom legs to make them level, and up the back to give the elephant two back legs. Finally, cut a slit at the top and fold back the elephant's ears.



■ GUIDING would like to thank the Origami Association of Great Britain for advice and help with this article.

**M**any of the folds here are standard origami folds which, once mastered, will allow you to create an amazing array of shapes. The star shape for example, if folded in will create a box for gifts.

I  
D  
E  
A  
S



# what if...

Guiders on training courses often admit to being nervous, but do they ever wonder how the Trainer is feeling?

An experienced Trainer confesses she's not always as calm as she looks when taking centre stage...

'Training is a doddle' — don't you believe it! Actually, it's not the training itself that is stressful, but all the other things involved in being 'the Trainer' for 48 hours.

With aims, objectives and methods decided upon, activities prepared, visual aids created, evaluation forms printed and car packed, away you go. It's when you ring the door bell that the doubts start making themselves heard. *(What if it's the wrong weekend? Please let them be expecting me.)*

The Friday evening meal can be the first major ordeal, especially if you are identified as the Trainer early on. If 'they' don't know that you are expected to lead the conversation and look after their general well-being, you can sit quietly pretending you are not intimidated by these confident, self-assured people, and ignore the voice in your head. *(What if they all know more than me?)*

If you do have to plunge straight into your role, the important thing is to make sure the food is evenly distributed. Woe betide any Trainer who can't divide the chocolate pudding into equal portions. Then there is conversation. It's great to have chatty folk, but if the meal doesn't end on time, it might be seen as evidence of a certain lack of control! *(What if I can't control my group? What if they all go off shopping and don't come back?)*

Which items of Guide dress to wear for the first session can also take some agonising over. Do you join the Commissioners in their

blue cardies, voluminous skirts and suitable shoes, or do you turn up as your comfortable self? *(What if they don't accept me as I am?)*

Facing 'your' group for the first time in your training room prompts further questions. *(Why me? Followed swiftly by: What if I can't really cope?)*

If you really want to give your

have chosen the wrong set of activities, the only thing to do is go into second gear and re-review, re-plan and re-do.

Trainers need their sleep: that's why they are allocated single rooms. Come what may, you have to keep concentrating to the bitter end. *(What if I have to share a room with someone I don't know; who talks in and out of her sleep; who needs as much reassurance as me?)*

First session is crunch time. If you can make people laugh, this is the time to do it. Going for more than five minutes without any response from the group is agonising. *(What if they never actually laugh?)*

Once Friday night and the first Saturday session are through, things don't seem so bad, but sweaty-hand moments do come and go. *(What if someone asks me to lead a sung blessing before the meal? What if*



All in it together — Trainers can have just as many qualms as those attending their trainings at Foxlease (seen above) and our other Centres

trainees a taste of the system based on the Five Essentials, you are bound to give them the chance to share their expectations of the weekend. This in itself is daunting, as you might find that what they expect and what you expect them to expect are two different things.

Only slightly more scary, is agenda planning — especially when there are group members present who know you well enough to accuse you of not having done any preparation. *(What if everyone else believes them?)*

If you discover that you really

some of the group refuse to take part in the role play? What if some of them have done this before? What if the County Commissioner comes and sits in my session? What if?...What if?)

The joy of training at our Training Centres is that you are with people who are there to co-operate not compete. So, if you have done all the preparation, you will come through not only having trained others but having yourself been trained by your group.

Those nagging 'What ifs' keep the adrenalin flowing. Without them, where would we be? ■

CHRISTINE DAVIES



# good advice

Advisers are specialists in one particular aspect of the Programme – for instance, the arts or the outdoors – or in dealing with a particular group of people – for example, Rainbows, Rangers, or members with disabilities.

In common with all leaders, whether Guiders or Commissioners, Advisers apply the Five Essential Elements of Guiding to any Guiding activity

Advisers have many chances to work in small groups with both girls and adults. The County Arts Adviser could be asked by a Guide Patrol to teach a new craft, or by a Brownie Pow-wow to help Sixes make musical instruments. The Brownie Adviser for the Country or Region is likely to be involved in a small team to plan events like Brownie Fun Days. The Division Public Relations Adviser (PRA) may chair a team of Commissioners, Young Leaders and Guiders preparing a local recruitment campaign.

Guiding recognises that all individuals need to develop their full potential. Guiders are well placed to encourage the girls in the unit to do so. Similarly, Advisers – as members of small teams or leading specific ones – can help people develop existing skills or acquire new ones.

Training sessions led by Advisers allow leaders and Commissioners to explore specific programme areas, and to have their particular concerns and queries answered.

Advisers who invite someone to take part in a particular project or event are more likely to succeed than those who ask District Commissioners to 'find a volunteer'!

The idea of self-government and how it develops from Rainbows to the Senior Section is clearly explained in the *Guider Handbook*.

Advisers, while contributing to



Advisers are a valuable source of practical help, information and advice for Guiders and girls

development in their specialist field, have a dual role to play – as team members experiencing self-government and as team leaders encouraging it.

The latter generally involves:

- Asking Young Leaders, Guiders and Commissioners to represent their colleagues on specific planning groups for special events
  - Consulting widely when asked for relevant information or opinions
  - Asking members of all the units concerned for ideas and then giving them the chance to vote on it.
- In this way, people feel that they are truly having a say in choosing their programme.
- Advisers as team members:
- Attend team meetings.
  - Prepare for meetings by consulting with the appropriate people on agenda items.
  - Seek the team's approval for proposed activities and report regularly on progress
  - Respond to requests for information, either from personal knowledge or from discussions with other relevant people.

Members of The Guide Association are committed to the common code of behaviour encompassed in the Five Essentials, laid out in The

*Guiding Manual*. The Promise and Law also reflect these shared values and so are central to this common code.

Some Advisers are required to be members of the Association and make this commitment through making the Promise. Other Advisers need not be members, although may choose to



BRENDA BICKERTON

Someone who knows the answer is always out there

make the Promise anyway. However, all Advisers must agree with the Association's aims and principles, and abide by all its general rules and guidelines.

On a practical level, commitment to this common standard means working within the rules, which are based on safety and sense. And accepting that 'if it doesn't say you can't, then you can!' Advisers must make sure that the ingredients of good Guiding – the Five Essentials – are present for girls and adults in all specialist fields in a challenging way.

Unit Guiders do not need to be able to do everything, or know all the answers – but they need to know someone who does!

Advisers are there to give practical help, information and advice. They are an additional source of ideas and skills, and so help to make sure that there is real variety in the programme for everyone. ■

**Advisers contribute to the programme and support adults at all levels of The Guide Association**

By Jean Bell



# information

## **GUIDING**

The official magazine of The Guide Association (Incorporated by Royal Charter)

Published on the last Thursday of each month.

ISSN 0265-2706

### **Patrons**

HM The Queen

HM Queen Elizabeth, The Queen Mother

### **President**

HRH The Princess Margaret, Countess of Snowdon

### **World Chief Guide, 1930-1977**

Olave, Lady Baden-Powell GBE

### **Chief Commissioner**

Margaret Wright

### **Publishing Services Adviser**

Carol Horne

### **Publishing Services Manager**

Sara Swan

### **Editorial Manager and Editor**

Nora Warner

### **Assistant Editor**

Nicola Hodges

### **Sub-Editor**

Eric MacRae

### **Writer**

Kirstie Gray

### **Studio Manager**

Anne Moffat

### **Deputy Studio Manager**

Gillian Webb

### **Studio**

David Jones

### **Production Manager**

Stuart Bannerman

### **Marketing and Production Controller**

Mary Richardson

### **Published by**

The Guide Association  
17-19 Buckingham Palace Road, London  
SW1W 0PT. Tel: 0171 834 6242

Fax: 0171 828 8317

All editorial communications to: The Editor,  
*GUIDING*, at the above address

### **Advertisement Agency**

Mongoose Communications Ltd  
55 Greek Street, London W1V 5LR. Tel:  
0171 306 0300. Fax: 0171 306 0301

### **Mongoose Sales Executive**

Tracy Bowles

### **Photographic Repro by**

Argent Colour in association with Godfrey  
Lang Ltd

### **Printed by**

St Ives PLC

### **Distributors**

Seymour, Windsor House, 1270 London Road,  
Norbury, London SW16 4DH

### **Subscriptions**

Annual 12 issues (including postage): British  
Isles and BFPO £13.80; Overseas £23.40.

Orders should be addressed to: Subscriptions,  
Financial Services Division, The Guide  
Association, 17-19 Buckingham Palace Road,  
London SW1W 0PT. Cheques/POs should be  
made payable to The Guide Association.

*GUIDING* is sold subject to the following  
conditions, namely that it shall not, without  
written consent of the publishers first given, be  
lent, resold, hired out or otherwise  
disposed of by way of trade at more than the  
recommended selling price shown on the cover  
and that it shall not be lent, resold, hired out or  
otherwise disposed of in mutilated cover or in  
any unauthorised cover by way of trade or affixed  
to or as part of any publication or advertising,  
literary or pictorial matter whatsoever. The  
Guide Association takes no responsibility for  
statements made in any advertisement or from  
any matter arising whatsoever.

Readers should be aware that neither  
*GUIDING* magazine nor The Guide  
Association is in a position to endorse either  
the goods or services advertised in the  
magazine. The inclusion of any advertisement  
should not be taken as an indication that the  
goods or services concerned have been  
investigated or approved. Responsibility for  
the failure of any advertiser to fulfil his or her  
obligations to customers gained from an  
advertisement or insert in *GUIDING* cannot  
and will not be accepted by The Guide  
Association or *GUIDING*.

### **Note**

All copy for inclusion in February's *GUID-  
ING* should reach CHQ by November 22.  
Address all contributions to Nora Warner.

## **Training Centres**

### **Foxlease**

Lyndhurst, Hampshire SO43 7DE  
Tel: 01703 282638. Fax: 01703 282561

### **Waddow**

Clitheroe, Lancashire BB7 3LD  
Tel: 01200 423186. Fax: 01200 427460

### **Lorne**

Station Road, Craigavad, Holywood, County  
Down, BT18 0BP  
Tel: 01232 423180

### **Hautbois**

Great Hautbois Road, Coltishall, Norwich,  
Norfolk NR12 7JN  
Tel: 01603 737357

### **Broneirion**

Llandinam, Powys, Wales SY17 5DE  
Tel: 01686 688204. Fax: 01686 688098

### **Netherurd**

Blyth Bridge, West Linton, Peeblesshire  
EH46 7AQ

Tel: 01968 682208. Fax: 01968 682371

### **Blackland Farm**

Grinstead Lane, East Grinstead, West  
Sussex RH19 4HP. Tel: 01342 810493 or  
0860 393026. Fax: 01342 811206

## **Heritage Centre**

The Heritage Centre at CHQ is open from  
Monday-Saturday during holidays and on  
Thursday, Friday, Saturday only at other times.

Entrance charges are £2 per person and  
it is necessary to ring the Centre and book a  
preferred session in advance.

There are five sessions per day at:  
9.30-11am; 11am-12.30pm; 12.30-2pm;  
2-3.30pm; and 3.30-5pm. Time in the  
picnic area is included in each session time.  
The preferred maximum number of visitors  
per session is 100.

## **Country and Region HQ addresses**

### **Anglia**

Ashley House, Old Station Road,  
Newmarket, Suffolk CB8 8DT.  
Tel: 01638 665482/1. Fax: 01638 561138

### **London and South East**

3 Jaggard Way, Wandsworth Common,  
London SW12 8SG.  
Tel: 0181 675 7572. Fax: 0181 675 3270

### **Midlands**

21 Lower Church Street, Ashby-de-la  
Zouch, Leicestershire LE65 1AB  
Tel: 01530 412703. Fax: 01530 560165

### **North East England**

106 Heworth Green, York YO3 7TQ  
Tel: 01904 421324. Fax: 01904 431445

### **North West England**

1 Ribblesdale Place, Preston, Lancashire  
PR1 3NA  
Tel: 01772 823331. Fax: 01772 881051

### **Scotland**

16 Coates Crescent, Edinburgh EH3 7AH  
Tel: 0131 2264511. Fax: 0131 2204828

### **South West England**

Ladywell, 33 The Close, Salisbury SP1 2EJ  
Tel: 01722 329306. Fax: 01722 410232

### **Ulster**

38 Dublin Road, Belfast BT2 7HN  
Tel: 01232 322543. Fax: 01232 328867

### **Wales**

Guides Cymru Office, Broneirion,  
Llandinam, Powys SY17 5DE  
Tel: 01686 688652. Fax: 01686 688098

### **BGIFC**

Queries can be raised with the staff at  
CHQ. Tel: 0171 834 6242 ext 219/209

The views expressed in *GUIDING*  
magazine are not necessarily endorsed  
by The Guide Association.

official



Two readers were stung into commenting on the Personal View put forward by Colin Bartholomew in July's *GUIDING*

### A sad day for Guiding

Having read Colin's views, I would like to put forward an alternative viewpoint. Although he may feel that 'girls miss out each week because it's a women-only Movement', it is my belief that they would miss out far more, not only each week but for the rest of their lives, if Guiding were to admit men/boys.

Guiding remains one of the few opportunities for girls and women to learn, develop and enjoy themselves in an exclusively female environment. Guiders also provide an important, positive female role model.

They show girls not only the range of careers and lifestyle choices available, but that career or family can be combined with putting something into your local community.

From my own experience at school, work and socially, men/boys usually attempt to take over if they are present. If girls – and women – have the opportunity to discover what they are capable of, and to develop their skills in an environment such as Guiding, then they will be more confident and more able to make the most of their talents outside Guiding.

We may, as Colin says, have difficulty in recruiting leaders. But it would be a sad day for Guiding if we diluted its contribution by admitting men. I would venture to suggest that he would do more good by volunteering as a leader in Scouting, as they seem to have even more difficulty recruiting leaders than we do... particularly men.

Suzanne Caldwell  
Division Commissioner  
Cumbria East

### Men aren't needed

I wish to comment on the gentleman who wants to be an Assistant Brownie Guider. I am a Unit Helper with the 202nd Liverpool Guide and Ranger Units, which are run by my wife, and I hold a QM Licence – the first man on Merseyside to do so – and also the Power Cruising Permit for inland waters.

I fail to see any need for this gentleman to hold a Guider's warrant, nor do I understand his wish to do so. In this day and age of political correctness and sexual equality, I feel that young girls can benefit from a same-sex environment.

I can understand the need, occasionally, for a male to attend various meetings to assist with different activities. In this respect I help with badge work, both instructing and testing. I also assist with the Duke of Edinburgh's Award Scheme as required.

I regularly attend at camps following The Guide Association guidelines, but all the camp craft is undertaken by the girls themselves.

If this gentleman wishes to devote so much of his time to children, then there are plenty of other organisations where his efforts will be appreciated. Just because the name has been changed from Girl Guides, it doesn't automatically follow that men have to sign up. The Movement has done very well so far with part-time help from us lesser mortals.

It is regrettable that the possibility of leaving the girls in the sole charge of a man could lead to both sides being in a vulnerable position. It would only take one incident to be reported to destroy the hard and valuable work by men already associated with the Movement.

In summing up, I would say thank you Sir for your help so far. Long may it continue, but leave Guiding to the women.

P J Aspinwall  
Crosby, Merseyside

## your letters

These letters reflect the writers' own views and not Association policy.

### Winning form

I must say what a great success RACE '96 at Haydock Park was.

I was a little reluctant about going, but with such a lot of choice on offer of things to do and make, I couldn't fit everything in.

This resulted in me driving up the M6 on a Sunday to finish off all I was unable to do the day before.

This is the first time I have been to an event like this on such a large scale. The weather was perfect and the company was great. Let's have more get-togethers like this.

You all did a wonderful job.

L H Hawcroft  
Brownie Guider  
Crewe, Cheshire

### Watch the birdie

I have just read 'steer clear' in August's *GUIDING*. A very good deterrent, which will send the yobs running and help the police, is to take photos of them.

On an outing we are likely to have cameras around and a photo is evidence which, if clear enough, can be used in court. I have done this myself and found that the youths concerned made a fast getaway.

J. Butler  
Ellesmere  
Shropshire

### Stop press

Apologies are due to Arthur Jones, former Scout ADC (Development) for Preston. A question mark crept into his letter about flag etiquette in July's *GUIDING*, distorting the meaning of a sentence. It should have read: 'Knuckles towards the face rather than forwards – which is the correct method.'

### Caring comforter

I wanted to tell you all about my Ranger Guider. Her name is Fiona Rosser and she is really special. I started Rangers three years ago when I was 17 and, in that time, we have managed to strike up a very close friendship. She is the one I can rely on when I am having problems and need someone to talk to.

I have had a bad few months this year: my dad went into hospital for an operation; my grandad was rushed into hospital with a heart attack; there was an attempted break-in at my flat; and my pet rabbit, Ranger, died.

Through all this upheaval Fiona has been there for me. She's comforted me and she's never once turned me away.

Please print this letter in *GUIDING* so that she can see how much I appreciate her.

Dawn Jeffries  
Poplar  
East London



The struggle to find a unit needing her help in a different area described by Emmeline Kirton in July's *GUIDING* prompted two readers to write in with some advice.

### Rely on the system

I would like to remind other young Guiders to use the system that is already in place!

Transfer Forms are available for both girls (T/G) and Guiders (T/A). Once filled in and sent to your new Regional HQ, these are then forwarded to the nearest District Commissioner, who will get in touch with you — there's your point of contact!

But, if Guiders do not know about the system, it will not be used!

If all units were aware of the forms and used them, others would not have the same experience that Emmeline had. Settling quickly into a unit in your new area helps, as it is something familiar and gives a strand of continuity and support.

The system *does* work.

A H Newman  
District Commissioner  
Bedfordshire

### Gold Standard

I was really surprised to hear that Emmeline had so much trouble finding a unit, although I congratulate her on her perseverance.

Last year Guildford Guides had a stand at the Freshman's 'Trade Fair' at Surrey University. For an afternoon's effort we got several names of girls who wanted to be involved. Some were already warranted, others were Young Leaders.

We also got several useful contact names of people who could run particular activities. Local units now have an extra pair of hands for most of the year, and we know that these helpers are less likely to be lost to Guiding if they are kept involved.

We would certainly encourage all Divisions in which there is a university or college to look on it as a potential source of helpers.

Students are not feckless and unreliable, they are cheerful and enthusiastic. They are worth their weight in gold in our experience.

Georgina Churchlow  
Guildford Division PRA  
Surrey

### Colourful choice

I don't know when Sandy Kinnersley (Badge display in July's *GUIDING*) holidayed in Hong Kong, but I was a Brownie Guider there from April 1993 to September 1994, and badge sashes were already being used.

A Brownie didn't need a sash at first. Her Six emblem and stripe were sewn on the short-sleeved dress along with the Birthday badge on the shoulder strips and the Unit badge on top of the sleeve.

Four Interest badges were sewn on each sleeve and, on presentation of the ninth Interest badge, the Brownie then purchased or was awarded her sash.

All the Interest badges she had gained were then sewn on to the sash.

Hong Kong Brownies originally wore English badges but they started to produce their own more colourful replacements, which are more eye catching.

My daughter still has the Hong Kong Brownie uniform and I have the Guider's version should anyone wish to see them, along with some examples of their badges.

Chris Whittall  
1st Shawbirch Brownies  
Telford, Shropshire

PS. Helen Horner (featured in July's issue) isn't the only Brownie Guider who is an engineer. I am also a fully-qualified mechanical and production engineer, and work for the Army Base Repair Organisation at Donnington.

### Pen-pals wanted

I joined the 32nd Potterswood Brownie Pack as a trainee Assistant Leader in May. I'd like to ask any recently-joined Guiders and experienced Guiders to write to me as pen-friends.

I don't mind what part of the world they come from. I feel it would be good to be in contact with other Guiders, to discuss things and to help each other.

Jo Coles (26)  
6 Russell Avenue, Kingswood,  
Bristol BS15 2QF

### A bit too keen

I was astounded to read the letter from D.M. Lofas in July's *GUIDING* complaining that she has to have her Census numbers and money in well before February 22.

I do the Census for my County and I'm sure some of our Guiders and Commissioners think February 22 falls somewhere towards the end of April!

I do wish they could get it done a little sooner, but not as soon as D.M. Lofas' County.

February 22 is Census Day and she should count and pay for everyone who is on her register on that date. After that the deadlines will vary, as the information is passed along and accumulated and Commissioners allow whatever time they need to do their bit.

I know this year I had to have the County figures checked, corrected, totalled and balanced ready to pass on by April 9.

This does mean that Guiders need to pass their forms and cheques to their District Commissioners fairly soon after February 22 — but not before.

Someone in her County is being just a bit too eager.

Judy Stuart  
Registrations Secretary  
Central Glamorgan, Wales

### Bridging that gap

I read with interest 'Start a Senior Six' in August's *GUIDING*. I entirely agree.

It would seem a good idea to expand the *Brownie Go! Challenge* book to accommodate those girls who found the transition from Brownies to Guides difficult.

A few years ago, I did try having a group of Post-Highway girls and challenging them to do an Interest badge (not already done) which related to each of the Journey points.

They called themselves the 'Go Girls' and were still part of the Pack with Sixer or Second responsibilities.

In order to keep to the number of members recommended, perhaps a Senior Six or 'Go Girls' could be organised on a District basis similar to Action Plus!

This would enable Packs to take 'waiting Brownies' and give the older ones opportunities to be Sixers or Seconds.

Jean Blow  
Brown Owl  
2nd Upminster Pack, Essex

Letters should be kept short and the Editor reserves the right to edit any contribution. They must give the author's name, address and, if possible, a daytime phone number.



# birthday bonanza

If you are going to celebrate, then two occasions are better than one; and three reasons for making merry take some beating.

That's why Midlands Region had a 25th birthday bash at Wicksteed Park – which was celebrating its 75th anniversary – on the Queen's official 70th birthday.

The 140-acre theme park quickly became a sea of blue and yellow, sprinkled with all the colours of the Rainbows.

Units through the Region had been challenged to produce a birthday card up to five feet in height, offering greetings to the three celebrants.

Cards arrived by the dozen for display in the Wicksteed Pavilion to await judging in the afternoon. Meanwhile, the girls were sampling the delights of pirate ships, rollercoasters, Mississippi boat rides and King Arthur — the train that circumnavigates a 23-acre lake.

Midlands Chief Commissioner Pat Taft and her Deputy, Anne Allery, toured the park, and made it an extra special occasion for two Brownies from West Mercia. The girls spent the rest of the afternoon telling everyone they had ridden on King Arthur in the company of the two Chiefs.

Queues forming for free ice-creams – produced in the park's own ice-cream factory – rapidly broke up when the call went out for a salute to the Queen. Girls headed towards the arena to pose for an aerial photo in the shape of '70'.

After several circuits, the pilot radioed down: 'I'm going to have to take the photo, and I'm afraid that looking down from up here, not all your girls are going to make it in time — but don't worry, you look terrific.' And they did.

The girls saluted on cue, and then headed for the judging of their cards, the prize presentations and



These Brownies thoroughly enjoyed their party in the park

the cutting of the birthday cake. The cake – nearly a yard square – was made by Mike Crook, tutor at Trusham Institute's school of catering in nearby Corby. It was decorated with the Guide logo, Guiding scenes, badges, a Rainbow and, of course, a massive '25'.

The judges for the birthday card competition were Canon Frank Pearce and his wife, Mrs Josephine Pearce, the former Mayor of Kettering and Northamptonshire's ex-County Commissioner, and Mrs Carol Wicksteed. Hundreds of voices sang out 'Happy birthday' when Pat Taft and Jonathan Wicksteed jointly cut the magnificent cake.

Next came the prize-giving. The 5th Wednesbury Guides, West Mercia, carried off the senior trophy and a cheque for £150; the runners-up trophy went to Earl Shilton Guides, Leicestershire.

Junior trophy winners were the 6th Rushton (Roman Catholic) Brownies, Northamptonshire, who also collected a cheque for £150. They planned to parade their card



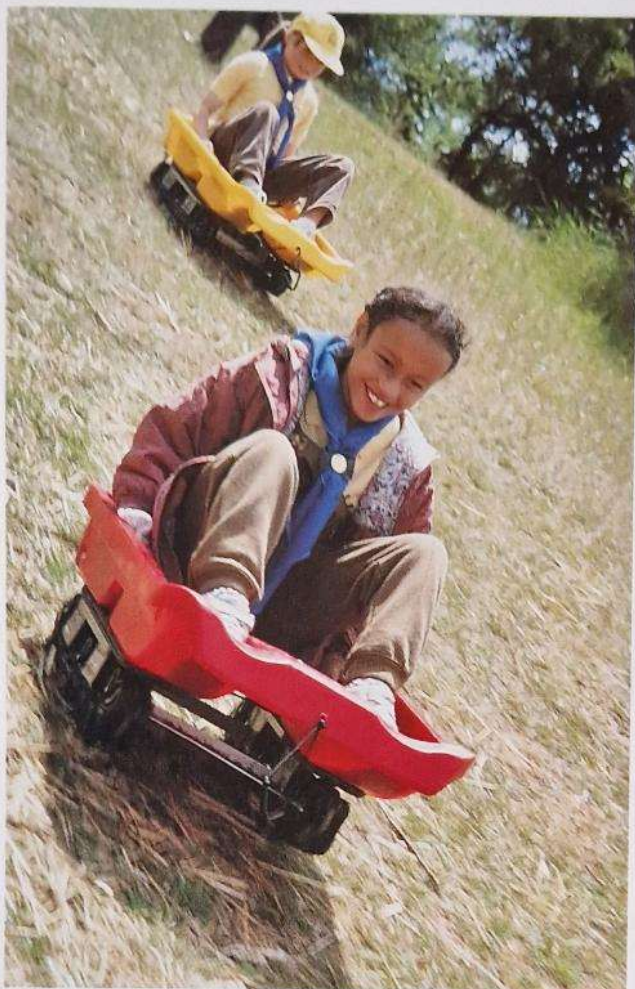
Midlands Region Rainbows and Brownies gather for a salute to honour the Queen's 70th birthday

at church parade the next day. Runners-up were Amblecote (Holy Trinity) Rainbows, Worcestershire.

A bottle of champagne was presented to Canon and Mrs Pearce to celebrate the imminent arrival of their first grandchild; flower sprays were given to the lady judges; and flower baskets to both Mrs Wicksteed and Pat Taft. Mrs Taft then cut up the cake and distributed the slices, sending birthday wishes to all the girls.

For everyone, it was a day to remember — but especially for Janet Blakeway, Midlands Public Relations Adviser, who had co-ordinated the event with Nicola Joynson of Wicksteed Park. At the last ceremony of the day, Janet presented Nicola with a Guide Thanks badge for helping to give the girls a birthday celebration they will never forget.





Next stop,  
the Olympics!

# in the coun

**Newly-weds  
Mike and Liz  
Jackson gave  
Docklands  
Guides a day  
to remember**

By Catherine Dell  
Photos: Nick Henry

It was a dream-come-true story: four coachloads of Rainbows, Brownies and Guides from inner-city London enjoying a fun day out in the country — all for free.

The story began over two years ago, when Valerie Le Vaillant, District Commissioner for Wapping and the Isle of Dogs, was guest speaker at Suffolk County AGM. She was talking about her Docklands Development Project, an ambitious outreach scheme to bring Guiding to the disadvantaged borough of Tower Hamlets.

Valerie described the enormous potential for Guiding among the borough's Bangladeshi and Vietnamese communities. It would, she said, encourage integration between these ethnic groups and the local folk. So far, starting from zero, she had set up two units. Within the next five years she was hoping for at least 20 more, she explained.

In the audience was a local Scout Commissioner, Mike Jackson. Mike found Valerie's talk so inspiring that he wanted to help...



Having a  
splashing  
time in spite  
of the  
weather

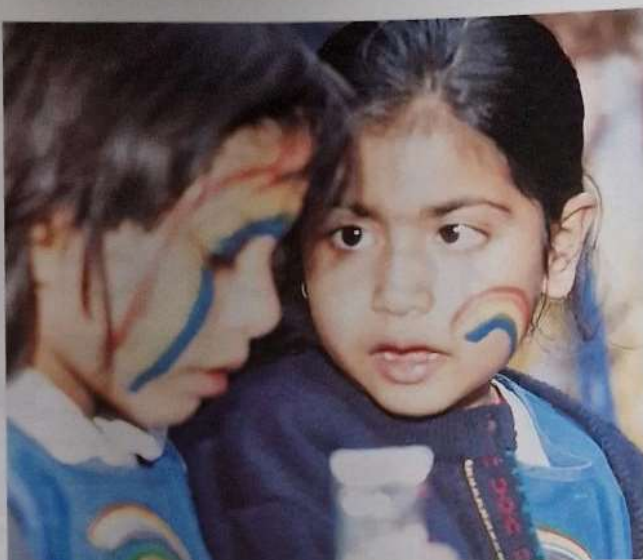
By lunchtime,  
everyone  
had worked  
up an  
appetite





# ntry

Rainbow  
Guides with  
rainbow  
faces



and came up with a very special idea.

He was about to get married but both he and his Guider wife-to-be, Liz, had their own homes. So, between them, they already had everything they needed.

When it came to wedding presents, they asked their friends to forget towels and toasters and give them cash instead — for Guiding in Docklands. The response was brilliant: around £850.

Originally, Mike suggested using the money to fund a Pack Holiday for the Docklands Brownies. 'It was a terrific idea,' said Valerie, 'except that all the leaders were new and therefore they had none of the necessary qualifications.'

So Valerie put forward an alternative scheme — a Day Camp for the whole District.

That's how, on a summer Saturday earlier this year, the Isle of Dogs District — now grown to 15 units — found itself congregating at Gilwell, a 100-acre park owned by the Scout Association on the edge of Epping Forest.

Almost 200 girls, aged 5 to 16, took part. On arrival, each Brownie and Guide was given a scarf with woggle. The girls then grouped themselves into Patrols according to woggle colour. The Black Patrol included Mike and Liz, guests of honour for the day. Within each Patrol was a good mix of ages, ethnic backgrounds and units. Rainbows were organised separately as they had their own programme.

While Valerie singlehandedly, sorted out the Patrols, all the Guides were being briefed on safety and basic outdoor leadership skills.

There were six activities on offer

and, with three sessions in the morning and three in the afternoon, each Patrol

could try out everything: archery, shooting, grass sledging, swimming, bouncy castle and the Gilwell Trail — part nature, part Scouting/Guiding history. The Rainbows had loads of fun with face painting, water pistols, bouncy castle, grass rolling, animal masks and a nature trail.

At half-time everybody got together for a picnic lunch, ignoring some random raindrops. The day ended with a camp-fire sing-song and an emotional thank you presentation to Mike and Liz.

Thanks were also due to South West Region. At a special Silver Jubilee service in Salisbury Cathedral earlier this year there had been a collection for the Stepney Children's Fund, a charity helping disadvantaged youngsters in London's East End. As the total cost of the day at Gilwell was just over £1,000 some of the Salisbury Cathedral collection was used to make up the shortfall.

This top-up guaranteed that the day was absolutely free. For Valerie, this was crucially important. 'Anyone who wanted to come, could,' she explained. 'Cost is so often a prohibiting factor for families in disadvantaged areas like the East End of London.'

Summing up, Valerie added: 'It was an amazing success and very, very

worthwhile. The girls were over the moon. It was, literally, the first time that they and their leaders had experienced the outdoor aspects of the Guide Programme.'

Now, as a result of their day at Gilwell, two of her new Guiders are thinking about taking their Pack Holiday licences next year. ■



The presentation to Mike and Liz included flowers and a relevant press article signed by all the girls

Fun for all on the bouncy castle





# activities galore

By Nora Warner  
Photos: Veronica Ballard



Abseiling was one of some 180 activities on offer

With more  
than 180  
activities to  
choose from,  
visitors to  
Scoutabout  
had no time  
to be bored

An 8,000-year-old braiding technique all the way from Japan held its own against the lure of the latest computer technology at Scoutabout 1996 this summer.

Around 4,000 young people – girls from the two Guiding Counties of Surrey East and Surrey West and Scouts from Surrey – descended on the South of England Showground in Ardingly, West Sussex, determined to make the most of a weekend bursting with possibilities.

They could choose from an exhausting list of activities – around 180 were on offer. Most, including the specially-erected abseiling wall and the thrill-a-minute aerial runway, were on site. But others, such as canoeing, swimming, ski-training, sub-aqua, orienteering and rock climbing, made use of excellent local facilities.

Campers were encouraged to try as many of the activities as they could fit in. Old favourites such as decorated biscuits touted for business alongside bungee running and gladiator-style contests.

Even in this high-tech age, simple but effective ideas were still popular. Setting a pecan nut alight and using it to melt chocolate appealed to the sweet-toothed, while the Japanese art of *Kumihimo* (braiding) gained many converts.

Two Scouts were spotted wrestling with bits of an old hover mower and explained politely that they were making a 'time machine'.

One girl queued patiently for an hour to abseil down the tower, then promptly rejoined the waiting line – she'd enjoyed the experience so much she wanted to do it again.

Teams competed against the

clock on mini assault courses, tent-pitching contests, sedan-chair races and welly throwing. And minds as well as muscles were tested with *Mastermind* sessions and a *Crystal Maze* game.

Taster sessions in fencing, archery and judo were available,



First things first — setting up camp

and circus skills of all sorts were practised with total concentration.

The special guests who toured the site on the Saturday were overwhelmed by the ingenuity and imagination displayed by the dedicated men and women who were prepared to share their knowledge and skills. The guests included the Mayors of the Surrey district councils of Elmbridge and Epsom and Ewell; the Deputy Mayors of Reigate and Banstead

and Surrey Heath; and the Vice-chairman of Tandridge.

Also present at the event were: Mrs Frances Drake, London and South East's new Chief Commissioner; Mrs Billy Everett, the Region's former Chief Commissioner and her husband, Christopher; and Mr Richard Butler, Chairman of the National Scout Team.

Steve Hall, Surrey's County Commissioner, welcomed the guests on behalf of the two Guiding County Commissioners: Pat Downer of Surrey West; and Mary Goodman of Surrey East.

'There are something in the region of 4,000 young people here, evenly split between Scouts and Guides, and they are having one of the best times of their lives,' he said.

'They are all fine young people who will grow up to take very useful places in society,' he added, inviting all the guests to take that message back to their communities.

Having praised the Godalming Scout Fellowship for providing the refreshments, Mr Hall thanked the Steering Committee for having succeeded in 'giving the 4,000 young people at the event the time of their lives.'

The evening entertainment included laser and video shows, a disco, a camp fire and live music. The weekend was due to end with a display of free falling by the Princess of Wales' Royal Regiment team, the Tigers, but the cloud base was too low and they had to cancel.

The weather may have been chilly for late June, but absolutely no one at Scoutabout was heard to utter that all-too-familiar teenage phrase — 'I'm bored.'



It's Friday afternoon and I'm on a train bound for Preston. I am hurtling up the west side of the country, heading for my first Association Junior Council (AJC) meeting at Waddow Hall in Lancashire. From time to time, during the remaining three hours of the journey, I feel a little apprehensive, a bit unsure of what I'm letting myself in for.

I can remember being absolutely delighted when invited to represent the South West Region on the AJC. Now, with my train running an hour late, I'm anxious about whether I'll catch the coach to Clitheroe. My enthusiasm is still there, but my energy level threatens to wane.

The rest of the journey actually goes very smoothly, if slowly. I manage to arrive in time for the coach and any worries about spotting other AJC members are put aside. It's remarkable how obvious members of The Guide Association can be, even when in 'plain' clothes!

Friday evening goes very well, with an ice-breaking session after dinner helping to make me – and the large number of other new members – feel at home. I'd forgotten how nice it is not to have to explain why I run a Guide unit and what I do. Instead, I'm among others who understand and share my love of Guiding.

Getting down to work at nine o'clock on the Saturday morning was difficult for a student and, without my normal morning can of cola to boost my energy levels, it was rather a shock to the system! Unfortunately for my body clock, AJC meetings aren't sit-back-and-relax affairs.

Pretty soon we were split into task groups to discuss activities suitable for the picnic area in the new Guide Heritage Centre. Thinking of reusable, tough, practical and cheap ideas to entertain those who've finished picnicking – whether Rainbows or groups of adults – was challenging. Lego seemed to be our group's solution for everything!

Waddow's lovely food was most definitely welcome, and I enjoyed playing on the grass sledges on the hill outside. The fun, relaxation and fresh air was essential if I was going to follow the details of the AJC's business plan, which we were due to evaluate and discuss changes to in the afternoon session.

My task group mainly concentrated on the AJC's public relations and recruitment policy. We want to

down to competing in the quiz organised for the evening.

Work on Sunday again started very early. It was made worse by the fact that the clocks had had to be put forward an hour overnight. That morning's presentation by the National Venture Scout Team member demonstrated a different way of representing the 16-26 age range.

Peer education is a scheme which the AJC and Country or Region Junior Councils have taken on in partnership with Save the Children. They can choose to establish a network of peer educators to give a talk to units, or possibly other groups, on a particular subject – perhaps homelessness or drug abuse.

Two AJC members have already started this scheme in their Regions, and both are moving along at a great pace. Now the challenge is for the rest of us to work

out ways in which the scheme can be put into action locally.

After Sunday lunch we started to make our way home, most of us departing via Preston station. Sitting on the train, feeling drowsy, I reflected how much I'd enjoyed my weekend. My fellow members were very friendly and welcoming. The real commitment and hard work, both of CHQ staff and other members, was also impressive.

I felt very lucky and privileged to be involved with the AJC. I came home feeling tired, but enthused about Guiding as a whole. Roll on this month's meeting at CHQ. ■

By Emily Barns  
South West Region



ELIZABETH ANDERSON

make ourselves – as a group of young people in the Association – accessible and useful to the Movement as a whole.

Other task groups had organised their ideas in a much more logical fashion, as we discovered in the reporting back session. But our ideas were marked by just as much enthusiasm and conviction, even if we had to do a bit of on-the-spot juggling at presentation stage.

A report from a reserve delegate to the World Conference again reminded me how large the Guide Movement actually is worldwide and, after a hard day's work, it was good to go to dinner and settle



# CLASSIFIEDS

## DISCLAIMER REMINDER

Inclusion of advertisements in this section should not be taken to mean that the Association has checked out and approves the site or accommodation advertised. Guiders are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

## CAMP SITES AND ACTIVITY CENTRES

### WALTON FIRS, SURREY

28 acres of fields and woodland, plus two accommodation buildings. Open fires, archery, abseiling, climbing, canoeing, air rifles, pioneering and adventure course. Hot water and showers. Shop and souvenir shop.  
Large supermarket one mile away. Nearby: horse riding, swimming, ice skating, Chessington World of Adventure, Thorpe Park.  
London 20 minutes away.  
For details send SAE to:  
Dave McIntosh, Walton Firs Scout Camp Site, Burwood Park, Cobham, Surrey KT11 1HB or telephone 01932 863243.

### DOWNE CAMP SITE

- \* An 86-acre site on the North Downs - only 20km from London
- \* Secluded woodland sites for Patrol camps or large open sites
- \* Three large and one small, fully-equipped modern buildings for indoor accommodation.
- \* Modern toilets, hot water and showers
- \* Large outdoor heated pool
- \* Provide for soft drinks, sweets, souvenirs etc. Daily orders taken for milk and bread
- \* Activities include: Archery, Assault Course, Climbing Tower, Forestry, Orienteering, Pioneering, Rifle Range, Swimming.

Details from: **The Warden,**  
Downe Scout Camp,  
Bird House, Downe,  
Nr. Orpington, Kent  
BR6 7LJ  
Telephone: 01959 572121  
SAE please.

Bracklesham West Sussex, 7 acre campsite.  
Further details: VJ Eborn, Regency House,  
Clayton Lane, Bracklesham Bay, W. Sussex.  
Telephone: 01243 670 534.

### ISLE OF MAN Activity Holidays

BAHA/BCU Approved Centre  
Canoeing Abseiling  
Climbing Sailing  
Archery Assault Course  
Go Kart Orienteering  
Air rifle Campcraft etc.

Accommodation for up to 60 persons.  
For brochures please phone  
01624 814240 or write



Lowlaigue Farm, Maughfield, I.O.M. M17 1AW  
Tel: 01624 814240 Fax: 01624 816616

## CHALFONT HEIGHTS SCOUT CAMP

A delightful 60 acre estate situated in the Buckinghamshire green belt. Easy reach of London and Windsor for LEGOLAND.

Good access from M40/M25/M1  
Open all year large fields  
44 acres of woodland with secluded sites  
3 Equipped Indoor units  
Hot showers and facilities for disabled  
25 metre heated swimming pool  
Climbing Wall 2 Air Rifle Ranges  
2 Archery Ranges Assault Course  
Well stocked shop On site launderette  
For further information please  
write / phone / fax  
CHALFONT HEIGHTS SCOUT CAMP  
DENHAM LANE, CHALFONT ST  
PETER, BUCKS SL9 0QJ  
TEL: 01753 882640 FAX: 01753 884108

## BUCKMORE PARK SCOUT CENTRE

Maidstone Road,  
Chatham, Kent ME5 9QG  
Tel: 01634-861295/661298  
Fax: 01634-864553

Camp Sites in 210 acres of woodland and parkland with newly refurbished toilet blocks and hot showers  
4 indoor units sleeping 50, 40, 30, and 20.  
Fully equipped and maintained.  
Full catering available or self catering  
15 on-site activities including:  
Indoor heated swimming pool, kiting, canoes, abseiling, rifle range, archery, rollerskating, assault course etc.

OPEN THROUGHOUT THE YEAR

The aim of Buckmore Park is to promote the development of young people in achieving their full potential.

Write, phone or Fax for colour brochure.



### Hawkthirst Adventure Camp

Full details from  
The Manager, Hawkthirst,  
Kielder Water,  
Nr Hexham, NE48 1QZ

### East Yorkshire County Campsite.

Raywell nr. Hull. Four sites. One fully equipped. Toilet and hot shower block. Equipped hut. Pioneering small activity course. Situated near pleasant walks, Humber Bridge. Historic Beverley. Details from Jean Fenwick, 77 Barrington Avenue, Hull, HU5 4AZ.  
Tel: 01482 342353.

## Camping at Kingsdown is as easy as A, B, Sea

### SPECIAL OFFER

Just collect four different Kingsdown 'SEA' advertisements - there will be a new one every two months - to entitle your group to one hour's FREE on-site activity of their choice, during their stay at Kingsdown.

First class indoor accommodation and camping in White Cliffs Country, overlooking the English Channel with a full range of site activities.

For further details, or to make a booking, please contact: Charlie Leadbetter at

Kingsdown International  
Scout Campsite,  
The Avenue, Kingsdown,  
Deal, Kent CT14 8DU  
Tel: 01304 373713  
Fax: 01304 375202



## WOODHOUSE PARK AVON SCOUTS COUNTY SITE

36 acres of grass and woodland on an escarpment overlooking the Severn Bridge and estuary. A warm welcome awaits you from the resident warden and his staff. Camp site has flush toilets, wash rooms and free hot showers. Indoors accommodation includes a purpose built Pack Holiday centre which sleeps 41. Activities on site include archery, rifle range, orienteering, pioneering. Tree trails and assault courses plus sports equipment loan. Off-site activities include nearby leisure centres, climbing, caving, canoeing and sailing, the Cotswolds, Mendips, Forest of Dean, Weston-super-Mare and Bristol.

### For further details:

Booking Secretary  
Woodhouse Park, Fernhill,  
Almondsbury, Bristol BS12 4LX  
Telephone 01454 613259  
(Out of hours answerphone)

## THRIFTWOOD International Camping and Activity Centre

The happy Centre with friendly and helpful, full-time staff, at Brentwood, Essex. (3 miles from junction 28 off the M25.) Over 30 individual grassed sites. Indoor accommodation (now has a dormitory sleeping 32). Toilets, hot water, free showers. Wood fires are encouraged. Equipped sites available. On-site activities: archery, climbing wall, abseiling, canoeing, fishing, rafting, swimming, shooting, nature trail, orienteering, BMX bikes, cork guns, pioneering, adventure course, sports equipment and Patrol activities. Souvenir shop.

Guides and other youth organisations very welcome

Please send SAE or phone the Warden:  
Bill Hindley, "Deskrie Shiel," Alexander  
Lane, HUTTON, Essex CM13 1AG.  
Tel: 01277 226571 for details

Campsites and indoor accommodation available all year for Activity courses. Programmes suitable for both Brownies & Guides. S/C Activity weekends Oct - Mar: £30 per head. Courses serviced in North Wales and Lake District during summer 1997. Contact: Mick Fenton, Pegasus Adventure, 29 Brecon Road, Ystradgynlais, Swansea SA9 1HF. Tel: 01393 845535

## Adventure Excitement Fun Challenges



### THE YOULBURY EXPERIENCE

Indoor accommodation and woodland camping. Open 50 weeks. Set in 40 acres close to Oxford, the city of "Dreaming spires". On-site Heated Swimming Pool, Archery, Climbing Tower, Rifles, Trails & Quizzes. Write, fax or phone for details:

Youlbury International Scout Campsite,  
Boars Hill,  
Oxford OX1 5HD.  
Tel: 01865 326264.  
Fax: 01865 326070.

### SKREENS PARK

Scout and Guide Camp Site,  
Roxwell, Chelmsford Essex.

52-acre parkland with lake for swimming, canoeing, fishing. Pioneering, abseiling, archery, also available. Three indoor centres (36 each) with facilities. Plus camp site toilets and showers. "Wet weather" covered area. Provide for sweets, drinks and souvenirs.

Information SAE to Glynis Patient,  
56 Ridley Road, Broomfield,  
CHELMSFORD, Essex CM1 5AR

## MARWELL ACTIVITY CENTRE/ CAMP SITE

Nr Winchester,  
Hants. "Recognised Guide/Scout site"  
32 acres - pasture and woodland with conifers.

oaks and ponds. Mains water, flush toilets, hot showers and firewood.

Activities available: Archery, canoeing, air-rifle shooting, clay pigeon shooting, orienteering, horse riding, abseiling, mini motor bikes, qualified instruction in activities

Details Telephone  
01962 777547

Hurst Lane, Fishers Pond,  
Eastleigh, Hants SO50 7NG

## Penmaen and Penrice Camp Sites Gower Peninsula, Wales.

Traditional camping sites each with well equipped large hut. Both situated on the Gower Peninsula. Designated an area of outstanding natural beauty. Write to Mrs Gaynor Parker, 34 Alexandra Terrace, Brynmill, Swansea

When replying to an  
ad in GUIDING,  
remember to  
mention where you  
saw it.



## HOLIDAYS AND ACCOMMODATION

### CANAL ADVENTURE JOURNEYS

There is so much to do and see on a week's cruise starting from Braunston, the waterways centre of England. We have self-steer or skippered boats ranging from the simple to the luxurious, please phone RUGBY 890784 for our latest colour brochure or write to UNION CANAL CARRIERS, Botton Lock, Braunston, Daventry, Northants.

### CANAL ADVENTURE CRUISES

Aboard our fleet of 12 berth skippered Narrow Boats. All boats are fully equipped with fridge freezers, flush toilets, central heating, showers, etc. You just need a sleeping bag and food — or we will provide these too if you wish. Friendly, helpful staff and reasonable prices.

Warwickshire Fly Boats Co.  
Shop Lock Cottage, STOCKTON,  
Nr Rugby, CV23 8LO. 01926 812093

**ISLE OF MAN.** Explore from large exclusive-use farm bunkhouse. Full facilities: budget activities: near beach, Electric train and town. From £4 PPN. Brochure: J FOSTER, Lowlaque Farm Camp, Maughold, I.O.M. IM7 1AW. 01624 812216.

## JEKA

### YOUTH GROUP SUMMER CAMPS 1997

AUSTRIA • FRANCE • ITALY • NORWAY  
IRELAND • HUNGARY • CZECH REPUBLIC • SPAIN

#### 10 DAY FULLY INCLUSIVE TOURS

- Local pick ups anywhere in mainland UK.
- Travel by luxury coach and ferry.
- Your own exclusive accommodation centre.
- All food provided during your stay.
- Free excursion use of coach.
- Local representative service.
- Established 1960 - ABTA registered.

Visit 'OUR CHALET' IN SWITZERLAND.  
For full colour brochure contact:  
0121 359 0991 • 0141 248 3465 • 0181 688 1155  
Jeka Holidays Ltd, FREEPOST (BM6614), Halesowen,  
West Midlands, B62 9BB.

### CAMPING AFLOAT!

Why not try your next camp on our 12-berth traditional canal narrow boats? We offer the best choice of routes, with a wide variety of activities and visits, at probably the most economical prices.

Send for colour brochure now.  
Details: B & M C C Ltd., Gas Street,  
BIRMINGHAM B1 2JT  
Tel: 0121 236 7057

## SWITZERLAND

**BOOK NOW FOR 1997**

**SELF-CATERING CHALETs AND FULL-BOARD ACCOMMODATION IN ADELBODEN, AND 7 OTHER SWISS RESORTS**

Ideal for groups from 10 to 50  
**NEW FOR 1997-FRANCE**

To discuss the possibilities and to receive full information call:

**0113 258 6474**  
**Venture Abroad**

Arranging 'Summer Camps' for Guides for 25 years  
Freeport (LS4148), 11 Station Road,  
Horsforth, Leeds LS18 4YY



120 Lyndhurst Road  
London, NW3 5PQ  
Tel: 0171 435 2202  
Fax: 0171 431 3825

A warm welcome awaits you at WAGGGS World Centre in London. Ideally situated, in leafy Hampstead, for exploring London. Come and join a seminar or session or just enjoy the friendship and homely atmosphere while you do your own thing. Comfortable rooms, shared, double or single excellent meals in modern surroundings. Groups, families and singles welcome. Conference rooms available for trainings and meetings. Souvenir shop.

Contact Pax Lodge for details of prices and session programmes.

Beverly Hall Sandown HQ, 16 mins  
Leamington, 2 mins station. SAE Mrs Tash  
7 Station Avenue POW. PO36 9BH

## Baden-Powell HOUSE

International Scout Centre

- Individual Group & Family Accommodation
- Conference Facilities
- Self-service Restaurant
- Exhibition on the life of Lord Baden-Powell
- Souvenir Shop
- Ideal location for exploring London

For further information Reservations,  
Baden-Powell House, Queen's Gate,  
London SW7 5J5.  
Tel: 0171 584 7031 Fax: 0171 590 5235



### Adventure Camps for Guides

In UK, France, Italy and Spain  
UNBEATABLE VALUE FOR MONEY

- Our price includes:
- Full-board accommodation
  - Wide range of activities
  - Fully qualified instructors
  - 1:8 free place ratio
  - Door to door transport (overseas only)
  - Free excursion days
- Ask about our Normandy '97 Specials  
For more information and colour brochure ring

### ACORN VENTURE

01562 882151  
Established 1982, ABTA V3629, BCU, RYA, Acorn House, Worcester  
Road, Hagley, Stourbridge, West Midlands, DY9 9RW



## SUNNY EASTBOURNE

Guide HQ available for Pack Holidays. Fitted kitchen, disabled facilities, telephone, 10mins from town & sea.  
SAE to 79 Talkien Road, Eastbourne, BN23 7AQ

### THE CHAPEL RETREAT HOUGHTON, CAMBRIDGE

We offer comfortable accommodation to Browne Packs and Guide Companies. We have 30 beds in 6 bedrooms, Lounge, dining room, kitchen, central heating, TV/video and table tennis. Houghton is an attractive village on the North bank of the River Great Ouse between the towns of Huntingdon and Stives. The village is easily reached by train, coach or bus and is near to Cambridge and the cathedral cities of Ely and Peterborough. London is 70 miles away. A brochure is available. Write to: The Warden, Church View, Chapel Lane, Houghton, Huntingdon PE17 2AY. Telephone: 01480 469376/468535

Suffolk Guides' and Brownies' accommodation with adjacent camp site. Hostel, 19 beds £20 per night; hostel plus 9 bed annexe £27. Camping (per person) 50 pence per night, Mr Copsey, Monk's Croft, Alpheton, Sudbury, Suffolk, CO10 9BP Tel: 01284 828297

### FOR SALE

CROSS STITCH DESIGNS Please send £1 for our 40 page colour catalogue. DMC thread 39p a skein!! COUNTRY DESIGNS, Dept G11, PO Box 66, Penryn Cornwall, TR10 8YA

### QUALITY SEW-ON BADGES

COMPETITIVE PRICES  
Also caps/pennants/banners  
Enquiries to: Promolit  
5 Mill Close, Great Bardfield  
Braintree, Essex CM7 4RJ  
01371 810645 or fax: 01371 811105

### BADGES

To your own design, whatever your need. EMBROIDERED, WOVEN & PRINTED. Just send a sketch for prompt competitive quotation to the old-established family business specialising in supplying goods to Scouts & Guides for over 20 years. Friendly, personal & reliable service.  
WEBB TOLLEY & Co, Ltd  
12 Church St, Stourbridge  
West Midlands, DY8 1LY  
Tel: 01384 820640 Fax: 01384 820050

GUIDE books, badges, stamps memorabilia bought/sold. Ask for current details/ catalogue. Hogarth, Thorneywaite House, Glaisdale, Whitby YO21 2QU (01947) 897338

### BADGES SEW ON

Inexpensive and attractive.  
Fast service.  
Contact the manufacturers.  
S.A. Cory Ltd, Glengarriff  
Co Cork, Eire  
Tel: 010-35327-63159  
Fax: 010-35327-63408

Stuck for ideas? Popular thematic Christmas service. Ideal for Districts, schools, churches. Small parts. Minimum rehearsal. £4.95. A Proctor, 20 May Road, Swinton M27 (0161 7941691)

Stonecast Animals handpainted or plain. Make brooches, necklaces etc. Small plain £1.00per dozen. Price list, samples, SAE: Yewfield, 65 Erith Road, Belvedere, Kent DA17 6HF.

### EXPRESS SERVICE

For Fund Raising & Promotions  
\*PENS - PENCILS - COMBS  
\*KEY Fobs - NOTEPADS  
\*BADGES - DIARIES  
All printed to your requirements  
For samples & colour brochure  
contact G.D. DUNN  
11 Wood Green Road, Slough  
Buckingham, West Yorkshire BD19 6PB  
Phone 01274 618488  
Stamp appreciated

### RUSSELL KING BADGES (RKB)

Over 40 years manufacturing and supplying embroidered, woven, printed Badges, Pennants and Ties in small and large quantities to Scouts, Guides, Cub Scouts, Beavers, Cadets and to the British Armed Forces Associations. Whatever your requirements, for a friendly, fast and prompt service, just phone, Fax or post your sketch/idea and leave the rest to us.

### WE'VE BEEN DOING IT FOR OVER 40 YEARS!

Our Badges are of high quality and are NOT imported!

Russell King Badges, Pagoda Lodge,  
LONGHIRST, Nr. Morpeth NE61 3LJ.  
Tel: 01670 790696

### SWEATSHIRTS, TEE & POLO SHIRTS

BASEBALL CAPS, TIE-JEWELS,  
EMBROIDERED or SCREENPRINTED with your COMPANY DESIGN

24-HOUR SERVICE ON THE HOOKS

ADVERTISEES, HEAD OFFICE 01872-561044

EAST HILL, BLACKWATER

TRURO, CORNWALL TR4 8HW

LONDON 0171-410-0912

MANCHESTER 0161-228-7560

\*ADVERTISEES the People You Can Talk To 9 a.m. to 5.30 p.m.

### PARACHUTES FOR GAMES

MONO COLOUR  
15ft DIAMETER  
£62.50 inc bag & games  
order by post, phone or fax  
PO box 686, Bristol, BS99 1AP  
tel/fax 01179 525262

### Ocarina Workshop

Freeport NH0368 Katterring NN15 5BR

Tel: 01536-85463 Fax: 01536-85051



Ask for your exciting fact pack on the music Brownies and Guides love to play ...

### FUND RAISING

RAISE £1000s for your funds and help the environment. Collect used Laser printer cartridges, for details call LASER EXCHANGE 01873 852663

Lucky Dips from £10 gross. Toys, Novelties, Tomatoes. Fundraising List from Paul Tomlin, 5 England Crescent, Hleanor, Derbyshire DE75 7BE 01773 718678



GREENMAN Raise cash (and save the environment). Laser toner cartridges are being dumped from many offices near you. We pay cash to the Guides or named charity.  
Greenman Toner Service Co Ltd.  
Tel: 01372 748550

### EMPLOYMENT

Hawkhurst Adventure Camp  
Kielder Water  
have a vacancy for a full-time Cook/Caterer.  
Accommodation available for single person.  
Please send details to A Langford,  
The Scout Association, Hawkhurst,  
Kielder Water, NE48 1QZ



## Please complete this coupon to place a classified advertisement in GUIDING

Rates: Lineage 75p per word (minimum 20 words). Semi display (boxed advert) £15 per single column centimetre. Reversing out (white on black) 50% extra. (ALL RATES + VAT). 10% discount for 12 consecutive issues (deduct discount before adding VAT). 5% discount for 6 insertions. Box number £13 extra. All classified ads **MUST BE PREPAID**.  
Copy deadline, 25th October for December issue.

Send to: Classified Department, GUIDING, Mongoose Communications Ltd, 55 Greek Street, London W1V 5LR. Tel: 0171-306 0300. Fax: 0171-306 0301.

Cheque, P.O. attached for £ ..... payable to Mongoose Communications Ltd.

No. of insertions ..... for which issues .....

Under heading ..... Signed .....

Name in full .....

Address .....

.....

.....

..... Tel. No. (day) .....

Please write your copy below — one word per box: telephone numbers charged as two words — BLOCK CAPITALS PLEASE


*NOTE: Please continue on separate piece of paper if necessary.*

### IMPORTANT

All copy is subject to the approval of the Association or its agents who reserve the right to refuse, cancel or suspend any advertisement. Advertisements for the sale of secondhand clothing, other than uniform, cannot be accepted. Uniforms for sale should not be sent to CHQ, advertisers will receive communications direct from applicants. Advertisements for camp sites, activity centres and Pack Holiday houses must be countersigned by the County Camp Adviser indicating that in her opinion the site/centre/house is satisfactory.

County Camp Adviser (Signature) .....  
Advertisements for joint Ranger/Venture Scout events must be countersigned by the Guide County Commissioner indicating her approval of the event

Guide County Commissioner (Signature) .....  
*The Guide Association takes no responsibility for statements made in advertisements or from any matter arising therefrom.*



# Vivienne Scouse

from Sibford Gower, Oxfordshire

✦ I first asked to join Brownies when I was nearly ten but was offered an early place in Guides instead. I eventually became a Pack Leader and, later, Tawny Owl and Guide Lieutenant in Smethwick.

I may have a unique claim to fame. Since Pack Leader days, I haven't missed an annual Pack Holiday for 43 years! One year, we booked a Leicestershire village school. The journey involved a walk, a bus ride, another walk, and two more bus trips!

I've never lost my love of Pack Holidays, although I have been a Brownie Guider in four different Counties. I have wonderful Pack Holiday memories, especially of my Pack in a very poor area where the Brownies came from large families.

The lovely, caring mum of one family with eight children had to send her two girls on holiday with shared towel, hairbrush and toothbrush and a bar of soap cut in half. The sisters were thrilled to see real cows and horses.

I've held lots of different posts in both Worcester and Staffordshire and I've also been a CHQ Pack Holiday consultant.

I've been on Guiding trips and conferences abroad, and was fortunate to be part of the UK delegation to the European Scout and Guide Conference in Salzburg — an amazing experience. I've never been so tired in my life.

It was very humbling to realise how much other countries, especially the poorer and recently-developed ones, look to the UK for guidance. They were overwhelmed at our wonderful resources. They carry on with their Guiding in such very difficult circumstances.

Everywhere I go people are so kind and friendly. It makes me feel part of something very special. It's important to look for the best in people. It's easy to criticise when we don't know what's happening in their lives. Many women do their



Guiding in the face of opposition and difficulty.

It's so important to remember to thank people frequently for all they do. It takes so little to pick up the phone or write a line, but it's so much appreciated. Also, after Guiding in six Counties, I've found there are so many ways to do things, all of which are right!

My family has always been immensely supportive of my Guiding activities. My daughter, a former Brownie and Guide, is now a warranted Assistant Brownie Guider. She and my son are both teachers and live away from home.

We've lived in Oxfordshire for the last 11 years. I'm a secretary by profession, and I've always been involved with voluntary work. I was liaison officer for a girls' hostel, where there were some sad cases but also many success stories. Some girls were pretty tough but, fortunately, the warden was tougher!

I also helped with Relate, and was secretary of the Village Hall Committee. I currently chair a

monthly group, LEO (Ladies' Evening Out).

When I was invited to become Region Commissioner, my first reaction was one of astonishment. I had an agonising week wondering whether to accept. I was afraid I might lose sight of real Guiding and become remote in the Region.

I haven't, of course, I've met many more people. I absolutely love talking to them. I like Guiders to know they can share problems and I love to be able to help. I even enjoy chairing meetings and don't mind paperwork at all!

There are only two Guiding ambitions I haven't yet achieved — to be Chairman of Programme and Training, and to take my Brownies on a seaside Pack Holiday!

My message to today's new Guiders would be: enjoy every minute and take every opportunity which comes your way. Don't become involved in gossip and politics. Try to be straight — keep a good sense of humour, and your feet on the ground. ☺

Anglia's Chief Commissioner, Vivienne has held 19 appointments over the last 36 years in two Regions and six Counties.



# your reliable read



*'I find  
GUIDING  
useful,  
informative  
and an  
entertaining  
read'*

*'I get many  
useful ideas  
and tips for  
programmes.  
Worth the  
money'*

Readers in the know rely on our resource ideas each month to help with their programme planning. If you know someone who needs a helping hand with her Guiding, then suggest she takes out a subscription to **GUIDING** at once. **We pay the postage, readers get the benefit. You know it makes Guiding sense.**

## GUIDING post-free subscription offer Valid for the UK and BFPO only

To: Publishing Services (G10/96, FREEPOST (LON 145), The Guide Association, London SW1W 0PT. Tel: 0171 834 6242.

GUIDING costs £1.15 per month. For a one-year subscription please enclose a cheque or postal order for £13.80 made payable to The Guide Association.

Please send . . . . . copy(ies) of GUIDING for . . . . . months commencing . . . . .

I enclose a cheque/postal order/money order for . . . . . made payable to The Guide Association.

INVOICE ADDRESS

MAILING ADDRESS

All subscriptions are for a maximum of one year. Shorter subscriptions can be taken out pro rata.