

GUIDING



March 1998 £1.25

LEADING LADY

A Guider receives
national recognition

HAPPY HOLS

Spy out our
themed camp

FALLING NUMBERS

A question of image?

BRING ME SUNSHINE

Brightening up
a Gambian school

SEOUL SEARCHING

A Guider's trip
to the past



 THE GUIDE
ASSOCIATION

spring into
action

Who knows the answer to a great day out?

The place for people of
all ages to:

- Have fun, laughs, and
spine tingling thrills
and spills.
- Learn about all the
animal kingdom with
educational talks, guides
and demonstrations.

So it's no wonder
Chessington World of Adventures
is the South's
No.1 theme park.

NEW for '98



Best brands at High Street prices.

NEW for '98



The Rattlesnake
The ride that
bites back!



NEW for '98



Creepy Caves
Learn to understand
what you fear the most!



CALL 01372 729560 NOW FOR A FREE INFORMATION PACK

Take advantage of our great group rates or speak to
one of our Business Development Executives for further information.

Chessington World of Adventures, Chessington, Surrey, KT9 2NE. Fax: 01372 725050

comment



This month, after the long days of winter, we celebrate the first day of spring. A day which makes us all think of new beginnings and new life.

While some members of The Guide Association, both girls and adults, are at the beginning of their Guiding journey and their Promise is still new and fresh in their minds, many of us longer-serving members are caught up in the hustle and bustle of our Guiding lives.

We are busy planning, attending and evaluating a variety of meetings — all relating to our role in Guiding.

At times, we are so preoccupied that we can forget what is important and central to our Guiding lives — our Promise.

The Brownie section has the pink elephant, Freda, to remind them of their Promise, for, as well all know, elephants never forget. She appears at regular intervals in the Brownie Handbook and appears regularly in *BROWNIE* magazine.

We all, at times, need a reminder about our own Promise. This may come in big or small ways. For example, the extra-special Promise ceremony reminding you of when you made your own Promise, or the occasion when a girl shares something important with you.

Perhaps, like the Brownies, we need something to make sure that we never forget our Promise.

Spring is a good time to start afresh and set ourselves new challenges in both our Guiding and personal lives.

At this time of year, we often challenge ourselves to get out more in the fresh air and to improve our level of fitness. Then why should we not challenge ourselves to reconsider our Promise, establishing what it means to us as individuals and how we keep it?

Maybe, at this stage, we may all need a Freda in our lives. Someone to help us move forward and achieve a fitter Guiding life. And such a conscience jogger would make sure that we were more positive in our approach to the girls and other adults in relation to their Promise.

Susan Jones
Brownie Adviser

this month...

articles

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>7 Dummy run
Two members made an exhibition of themselves in their city centre</p> <p>8 Mother country
Follow the trail of a young Brownie Guider who went back to Korea in search of her roots</p> <p>10 Challenge Africa
Discover how a Ranger Unit's hard work brought a little sunshine into the lives of Gambian schoolchildren</p> <p>15 Taking the initiative
Details of action that is being taken in response to research carried out among Association members</p> <p>18 Salt solution
It's sometimes hard to believe the huge difference a small amount of money can make — the GFF explains how a little can go a long way</p> <p>Celebrating 2000
Contributions are invited for the special Thinking Day celebration in the year 2000 — so why not send in your ideas?</p> <p>23 Great Scot!
One caring Guider beat off stiff competition to be voted Scotswoman of the year by the readers of a daily newspaper</p> | <p>24 Image consultants
Recent research into different aspects of the Association — including why girls leave — provides a useful insight for the future</p> <p>27 Vision realised
How a lottery grant helped one County to replace an old hut with a smart new building</p> <p>Unit accounts
Timely advice about the changes in connection with year-end financial accounts</p> <p>29 Magic moments
A wry peek behind the scenes — or more accurately, in full view — at a unit stage production</p> <p>50 Fairytale camp
At an international camp in the Czech Republic, two Guiders found that laughter transcends all language barriers</p> <p>55 Northern lights
Princess Margaret has recently made two separate trips to Guiding events in the North</p> <p>58 Badge of honour
A look back at the history of the Star of Merit</p> <p>60 Winning ways
When the Post Office delivered an award to one County Commissioner she made a cash transfer to the account of a new camp site</p> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

regulars

- 5 In brief**
What other members have been up to
- 12 Live issues**
Part-time work can give full-time satisfaction
- 16 On line**
Charity news, places to visit and lots more
- 20 Notices**
Information on what's happening in Guiding
- 28 Training news**
The latest opportunities at the Training Centres
- 30 A personal view**
The vital work of the Stepney Children's Fund
- Coming next**
April's *GUIDING*
- 52 Information**
Names, addresses and telephone numbers
- 53 Your letters**
A matter of opinion — your views
- 56 In focus**
Memorable moments from the 'family' album
- 63 Meet...**
Betty Okwir — who is making her mark in both the Uganda Girl Guides Association and her country's parliament

front cover

Grinning impishly at the thought of another season of fun is Amy Locke of 1st Lavender Hill Rainbows, Battersea, London



JOHN SLATER

31 ideas—19 pages of great ideas for you and your unit

LIGHTWEIGHT FOLDING TABLES

FOLDING & STACKING CHAIRS



TROLLEYS & STACKING BENCHES



GOPAK

FIRST FOR FOLDING TABLES... AND MUCH MORE

FREE COLOUR CATALOGUE AVAILABLE

GOPAK LTD. FREEPOST: Dept GDG. Range Road, Hythe, Kent CT21 5BR
LO-Call 0345 023216 Fax 01303 268282

**6 year old Rebecca had
no words to describe the
pain she suffers from
ARTHRITIS...
...so she drew it.**

Arthritis is not just an old persons disease. Rebecca Hollick is one of over 12,000 children in Britain who suffer from Juvenile Chronic Arthritis and she needs your help!



By joining in Tea Week (March 15-21) you will be giving hope to the thousands of child sufferers who deserve the chance to have a brighter and pain-free future. ARC offers all Guide Packs taking part a 50-50 split of the funds raised so for full details please ring your Tea Week contact, Petra, on 01246 558 033.



Arthritis & Rheumatism Council for

Research - finding the cure

A Registered Charity. Number: 1034194 The Duchy of Kent

YOUNG OR OLD - THE PAIN'S THE SAME



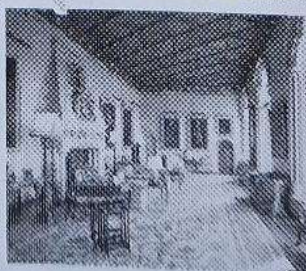
ARUNDEL CASTLE

A castle has overlooked the historic town of Arundel and the meandering River Arun for almost 1000 years.

The original Keep dates back to 1138 and the Castle suffered some destruction by Cromwell's troops during the Civil War. With restoration and later additions, the Arundel Castle of today is magnificent and

houses a fine collection of furniture dating from the 16th century, tapestries, clocks, and paintings by Canaletto, Gainsborough, Van Dyck and many other masters.

Arundel Castle provides a stimulating educational opportunity in history and art for youth groups and questionnaires are available on request.



Open from 1st April until 30th October, Sundays to Fridays, 12 noon until 5 pm, the last admission on any day is at 4 pm. The Castle is closed on Saturdays.

For further information please contact:
The Comptroller
Arundel Castle
West Sussex BN18 9AB
Tel: 01903 883136/882173
Fax: 01903 884581



EIRLAIS TOMKINS

Palace photocall

It was a day to remember when 11 members of the 4th Tettenhall Rangers, Wolverhampton, received their Duke of Edinburgh Gold Awards at Buckingham Palace.

Starting with Bronze, the group had worked through all three levels together, so they were particularly pleased to receive their Awards at the same time.

A further four 4th Tettenhall Rangers got their Awards shortly afterwards — making a grand total of 15 golden girls for the Unit.



SUE THREADGOLD

Pet shop girls

Members of the 1st Crosby Guides had a long, but enjoyable, day helping their local Pets At Home superstore celebrate its first birthday. The girls handed out balloons, free product samples and birthday cake to customers.

In return, the Guides collected donations for the charity Hearing Dogs for the Deaf.

In our photo, Guide Rebecca Stamford, holding Harriet, gets ready for the balloon give-away.

Expert foodies

As part of National Food Safety Week, Lewisham Borough Council, in south-east London, ran a course on basic food hygiene for local Guiders. Seventeen leaders from Catford East District signed up and, after attending two fact-packed evening sessions, took – and passed – a written examination.

Our photo shows 14 of them with the Mayor at a special reception held in Lewisham Town Hall.



©DAVID ALLEN WAYMARK

Green fingers

When the 1st Stockwood Rainbows, from Bristol, wanted to find out about 'growing things', they arranged to spend an afternoon at a local nursery. In the course of their visit, the girls learned – the hands-on way – how to plant and look after seedlings. Since our photo was taken, the tiny plants have grown and flowered, to the Rainbows' great delight.



G WATKINS

CAMBRIDGE NEWSPAPERS LTD



Around the world

When it came to celebrating Thinking Day, Cambridge City South East District switched happily into globetrotting mode. Rainbows, Brownies and Guides spent the day 'visiting' nine different countries, learning crafts and playing games in each. Their lunchtime stopover was in Italy – a good excuse for making pizza.

As a finale to their world travels, the girls dressed up in costumes from the nine countries visited and took part in a candle-lighting ceremony.

in brief

Twin tribute

This recently-installed stained glass window at Ty Clwyd Guide Centre in Denbighshire celebrates the GIS – the Guide International Service – and its outstanding record of relief work in the chaotic aftermath of the Second World War.



MIKE BAINES

The window also commemorates Rosa Ward, whose long life in Guiding – begun in the 1st Denbigh Company in 1912 – included chairmanship of the GIS throughout its existence.

Cyprus says thanks — twice over

At a special ceremony Pat Pitman, Episkopi District Commissioner, was presented with the Commander of British Forces Cyprus Commendation by the Commander himself, Air Vice-Marshal Peter Millar.

Pat who was described as receiving it for: 'Her magnificent contribution to the Guiding Movement and also her tireless determination which has helped raise £1,000s for local charities'.

In the photo, Pat is with Maggie Docherty (left) British Guides in Cyprus Island Commissioner, and Netta Millar, the Air Vice-Marshal's wife, and – at that time – President of British Guides in Cyprus.

A few weeks later, it was Maggie's turn to make a presentation – of a silver salver – to Netta, who was about to leave the island and so was standing down as President.



ALISON YOUNG



LIZ HEWITT/LEICESTER MERCURY

Rainbows help rainbow children

Appropriately, the Rainbows Children's Hospice at Loughborough received a helping hand from a nearby Rainbow Unit, the 1st Aylestone from the outskirts of Leicester.

After hearing a talk about the hospice, the girls held a party in aid of the charity — and raised £300. Rosie Laverick, from left, Jane Shipley, Madeleine Race, Laura Carvell and all the other 1st Aylestone Rainbows were thrilled by their success.

snippets

LOTTERY SUCCESS The 1st Saltash Guides are saying goodbye to their old, leaky tents and investing in new ones, thanks to a £4,115 grant from the National Lottery Charities Board. The girls are looking forward to using their new equipment at WINGS '98, the international Scout and Guide Jamboree at Windsor. **ALL ABOARD** During their visit to Southport Lifeboat Station, girls from the 5th Aughton Guides, Ormskirk, boarded the boat – inside the station – and stood by as new member Julie Morris made her Promise. **FUNDRAISING FAIR** As their contribution to the British Fair in Singapore, the 4th Wessex Singapore Brownies made and sold toffee apples. The fair, held annually in the grounds of the British High Commissioner's residence, raises money for local charities. **OVER THE EDGE** Members of Giffnockhill Rangers, Renfrew County, spent a Sunday morning abseiling down a wall of Stow College, Glasgow and succeeded in raising £1,000 for Ronald McDonald House — accommodation for parents at Yorkhill Children's Hospital. **JAMES BOND WAS HERE** In the course of a Twynham Division holiday in Switzerland, five Guides from the 4th Christchurch Company were presented with their B-P Trefoil Awards — on top of Mount Shilthorn, the spectacular mountain featured in *Goldeneye*. **ANIMAL ANTICS 75** Members of Lambeth North District — from Rainbows through to Trefoil Guild — got together for a 'zoo' afternoon. There were games, activities and a camp fire — all on an animal theme. **THANK YOU ROSE** The various presentations included one by the 2nd Westoning Brownies who gave the warden and his wife a yellow rose bush, yellow being the Brownie colour. **HOLIDAY HIGHLIGHT** On Pack Holiday, the 1st Henham Brownies, from Hertfordshire, were woken one night by the fire alarm. It was a false alarm but, by the time the fire brigade had checked engines — even though it was 2am. **CHEERING ON CHARLTON** Around 70 girls from Charlton District, south-east London, took up an offer of some complimentary tickets to attend a match between local team Charlton Athletic and Stockport County. Although Brownies, Guides and Rangers gave stupendous support, their enthusiasm didn't quite do the trick — Charlton lost 3-1. **SKITTLES AND DAFFODILS** To celebrate their 50th anniversary, the 1st Sonning Brownies held a skittles evening and invited Rainbows, Guides and helpers to join them for a game — and a slice of rather special birthday cake. They also planted 50 daffodil bulbs in the churchyard as an ongoing springtime reminder of the Brownies.

It seemed a simple task: to carry a fully-clothed modelling dummy from the Guide shop in Liverpool city centre to the hall where the Counties of Sefton and Merseyside had teamed up to have a stand at the Woman Extra exhibition, organised by the *Liverpool Echo*.

After all, there were two of them — Gladys Pilkington and Doreen Horrocks. And it was less than a quarter of a mile away. No problem.

To make the job even easier, Gladys, Chairperson of Ormskirk Trefoil Guild and Doreen, Sefton County's secretary, decided on a 9am start, before the city streets became too crowded.

A wise move, as it turned out,

entered first but, before Doreen could get her half in, the automatic doors started to close.

In the struggle, Gladys reeled back further into the lift with the torso, which then became detached from what can only be described as the bottom part. The legs remained partly in and partly out of the lift.

As the lift doors re-opened Doreen staggered in with her burden and they descended to ground level without further incident. But the 'casualty' had by now become a serious embarrassment. This was because the skirt was attached to the torso, held by Gladys, leaving the bottom half quite bare.

Doreen made up her mind to carry on regardless. Before braving the street, she

slung one leg over each shoulder and tucked the exposed nude buttocks under her chin.

Come what may, naked if necessary, the model had to get to Liverpool's great neo-classical St George's Hall, with its stone lions, busts and statues, where the exhibition was being held.

Gladys takes up the story: 'It was a Monday morning and, at one point on the journey, we had to cross a very busy street, using pedestrian-controlled traffic lights. As the lights turned to red, a bus pulled up and, as the people on the bus spotted Doreen, we could see them roaring with laughter.'

'But Doreen forged ahead and was first to reach St. George's Hall. She climbed the steps and entered the building. I had to pause to

catch my breath. When I reached the steps, I realised that Doreen had the exhibitor's badge. Would I be able to get in?

'I needn't have worried. As I reached the door with the torso I was waved through, as one of the security men said: "The legs went that way".

'On the stand we managed to put the dummy together again and restore most of its dignity — but not all. One of the hands, which had previously rested on a hip refused to go back in this position. It could only be fixed outstretched, with palm uppermost, as if it was awaiting a tip.'

The stand, however, was a great success. With its theme 'A World of Opportunity', it attracted a large number of enquiries during the two days of the exhibition.

Lilian Barton, Sefton County's PR Adviser said: 'The various activities of the Rainbows, Brownies and Guides were illustrated, plus craft skills, sporting and travel opportunities. Many visitors were happy to chat and learn about what Guiding has on offer today.'

'Our presence made a lot of people think about Guiding for the first time in years, and we believe that we have since gained a number of new recruits.'

There's no doubt Gladys' and Doreen's antics certainly brightened up a miserable Monday in Liverpool! ■

How do you cope with a Liver bird that insists on undressing? Ask Doreen and Gladys..

Legless in Liverpool: Gladys (left) and Doreen didn't go to pieces when the going got tough



Model attraction: Many people visited the stand to find out more about Guiding

because things began to go wrong before they'd managed to get the dummy — in its Guider's uniform — out of the shopping precinct where the Guide shop is based.

Carrying the 'body' horizontally, Gladys took the head and shoulders and Doreen coped with the legs. That was when they realised just how heavy the dummy was. Then a startled — and concerned — cleaning lady came rushing up, asking: 'Oh dear, what's happened?'

Soon after that the hands fell off. Audrey Townsend, Sefton County treasurer, who was following on behind, stuffed them into the bags of other bits and pieces she was carrying to the exhibition.

Instead of struggling down the stairs to the street, Gladys and Doreen made for the lift. Gladys



AUDREY TOWNSEND

mother



Nice to meet you: Sister Agnes Pang made a special trip to the orphanage where she used to work to see Mansae again

Home is
where the
heart is for
one Brownie
Guider

A 22-year-old Brownie Guider went to the other side of the world in search of her roots only to feel a foreigner in the land of her birth.

Mansae Le Vaillant returned from her homeland – Korea – feeling 'more British than Korean' having failed to unlock the secrets of her past, which might have led her to her blood family.

For Mansae – her Korean name, Kan Man Sae, means strength, forever and good luck – was found in 1975 having been abandoned as a tiny baby outside an orphanage at Incheon City, South Korea.

Her hopes had not been high when she flew out of Heathrow Airport with her parents Bob and Val Le Vaillant.

Mansae told *GUIDING*: 'Before I went I had accepted it was unlikely I would be able to trace blood family... but it would have

been nice if I could have done.

'It would have been more worthwhile to have gone so many miles, if I'd achieved something. Of course, I did achieve other things but it would have been a bonus to find my family, my relations.'

When Mansae, a secretary with the National Heritage Lottery Fund, reached the Star of the Sea Children's Home in Incheon, she saw the unit in which the first few months of her life were spent.

But records relating to that period are missing. 'When I was at the orphanage, it was run by Sister Bernadette. Sadly she became ill with cancer and had to return to Canada, where she has since died. So I can't ask her how I came to be there,' Mansae said.

The story that Mansae had heard from her father, who adopted her when she was about eight months old, is that she was one of many new-born babies abandoned outside the orphanage's perimeter fence. Desperate mothers knew that the Canadian and Korean nuns would lavish loving care on their babies.

At the time, Bob Le Vaillant, now Director of the Stepney Children's Fund, was serving in the British Army and was attached to the British Embassy for a year.

A keen Scouter, he looked round for

some voluntary work. 'What Sister Bernadette was doing wasn't popular with everyone, so there were people patrolling the perimeter fence and my father offered to help,' Mansae said.

'Although he did find babies and hand them in, I wasn't one of them.'

Yet, when Bob went to the orphanage and asked to adopt the 'youngest and newest' baby, it was Mansae who flew off to a new life with him and his first wife, Joan.

One of the most emotional moments of her return trip was meeting 76-year-old Sister Agnes Pang. She journeyed from a hospital in Pusan to meet Mansae and recall how she prepared her for the

flight to Hong Kong to be with her new family.

After spending four years at an army barracks in Kow Loon, the Le Vaillants left Hong Kong for England, the country Mansae now thinks of as her own.

Although the babies Mansae saw when she visited the orphanage live in far better conditions than she did, some of them had been abandoned just as she was.

Mansae spent several hours playing with the older children in the grounds and survived being 'mobbed' when she produced boxes of English chocolates.

The nun to whom Mansae had been writing only arrived at the orphanage in 1976 – Mansae left on November 5 1975 – and was unable to tell her whether the records had been destroyed or simply stored elsewhere.

But, although Mansae was



Mansae spent several hours playing with the orphans

Dining Korean style: Bob and Mansae Le Vaillant with their host families – the Moons and the Choys



country



Extended (Guiding) family: While in Seoul, the Le Vaillants visited the headquarters of the Girl Scouts of Korea

prepared for disappointment, she still clung to the forlorn hope that she might find out something that would lead her to her first family.

'I saw the trip as a chance to find out about my cultural heritage,' she explained. 'Throughout the journey I felt very nervous and apprehensive. When we landed in Korea, there was no feeling of recognition. I didn't think "This is my own land". I just thought: "Well, I'm in Korea now, what happens next?"'

In fact Mansae admits that she felt 'so foreign' in Korea. She said: 'I found it very hard to adjust. People thought I was Korean because of the way I look, but I found myself feeling relieved when I spotted a Western face — something I was more familiar with.'

Because Mansae has never learned to speak Korean, she was taught a few useful phrases by an old friend of her father, Mr Moon Yeoun Song. But that only created fresh problems because it encouraged people she met to chatter away — convinced that Mansae knew what was being said. 'I had to keep interrupting and saying that I was sorry but I didn't understand,' she recalled.

Mr. Moon remains a link with

Korea, for Mansae believes she will return one day — but just as a visitor. She could never live there. 'I think of myself as more British than Korean,' she said firmly. 'England is most definitely my home.'

Since her return, Mansae has been 'reflecting on the things that were left unsolved. It will be a very big step if I do go back, but I think I would like to take my boyfriend, Danny Clay, and my children, if I have any. Everyone I met was very

In a foreign land: Mansae felt out of place on the streets of the country where she was born



kind and tried very hard to make me feel at home and introduce me to my heritage.

'It was an emotional experience I will not forget. To me Korea had only been a faraway, magical place and I am very grateful to those who have made it a reality and offered us all such wonderful hospitality. I am glad I went.'

Mansae has plenty of stories of the trip to tell the Brownies from the 1st Isle of Dogs Pack, where she has been a leader for three years. During her time in Korea, Mansae was caught up in a whirlwind of cultural visits taking her from the Demilitarised Zone in the north to the shores of the China Sea in the south.

Accompanied by her parents — Val, her stepmother, is Commissioner for the Docklands Development District — Mansae stayed with Mr Moon and his family, as well as the Choi family who live in Seoul.

In Seoul too, Mansae was treated to a typical Korean meal by the International Department of the Korean Girl Scouts.

Awash with conflicting emotions, Mansae returned home to London, where she grew up after spells in Liverpool and the West Country. Her father is based at Toynbee Hall, East London.

Mansae was both a Brownie and a Guide before becoming a Venture Scout. But she returned to The Guide Association to train for her warrant.

She now has more reason than ever to think of England as home. At Christmas Danny sought her father's permission to propose and Mansae never had any doubts about what her answer would be.



Traditional Korean costumes at Toksukung Palace, Seoul

challenge af

Roll up,
roll up, get
your work
party here



VALERIE PYNE

**How do you
find a
challenge to
inspire a
Ranger Unit?
Take them to
Africa, of
course**

In 1995 five Rangers from Farnham East spanned four continents between them, having jetted off to India, Kenya, Chile and France before returning, bubbling with excitement and tales of adventure.

Their Guider, Jenny Keyte, and her assistant, Valerie Pyne, decided what was needed was an equally exhilarating trip that offered a really worthwhile service project. One in which the entire Unit, including the 14-year-olds, could take part. So the search began.

Many leads were followed while telephone bills soared but, eventually, the two leaders found exactly what they were looking for with the help of... FROGS.

Result: an immensely satisfying and thrilling trip to West Africa for 16 girls and four adults. Jenny takes up the tale:

“Friends of Gambian Schools is a charity which refurbishes old school furniture and teaching resources, which it ships out to schools in The Gambia.

It was started by former

Assistant Guide Guider Sally Reader, who suggested that we decorated some classrooms at Bakau Newtown primary school.

Almost at once we realised that this was it — something exciting and different, involving a challenge the whole Unit could fulfil in two weeks.

We undertook to redecorate four classrooms, supply teaching aids, make wallboards and design and sew wall hangings to enhance the surroundings of the 1,300 children at the school.

Back in 1995, one of our Rangers went to Chile, two went to Sangam with Valerie and me, another Ranger attended an international camp in France and a fifth went on a GOLD trip to Kenya. The latest journey we chose to embark on was similar to a GOLD

project but a trip for which everyone — not just the lucky ones — could be “selected”.

I was team leader backed up by Valerie; our Unit Helper, Gill Green; and Claire Barker, a Brownie Guider at Hailsham, Sussex, who is a nursing sister — always a great asset in case of trouble!

We had to ship out all the materials and equipment in advance. Sally offered us space, free of charge, in a container FROGS was sending to The Gambia. But, to take advantage of this, we had to have everything ready for shipment by the end of August 1996. That was just ten weeks away! So our race against time began.

Local firms were persuaded to part with cash or kind. Our money-raising events included a barn dance; a talent auction; and tea à la Ritz, with Rangers in white blouses and black skirts serving at tables with white tablecloths and flowers.

By our deadline, almost 60 boxes

Close links: Surrey Ranger Helen Wright makes friends with some of the local schoolchildren



HELEN WRIGHT

rica

preparation was needed before painting could begin. The Rangers were brilliant, working hard and with enthusiasm, despite temperatures of around 115° F.

Finished classrooms were quickly named "sunshine rooms" by the teachers and children, whose reaction was overwhelming. The

difference was amazing and the Rangers were so pleased by their efforts and the sheer delight of the staff and pupils that they worked even harder completing eight rooms — double the number in the original "contract"!

The transforming finishing touches were provided by bright, new teaching posters and boards,

wallboards and wall hangings.

To add to this magnificent achievement by the girls, we were able to present Newtown primary school and another local school each with £400 in cash.

In between all the tiring work we found time to be tourists. We swam in the hotel pool and the Atlantic breakers; haggled in markets; visited a nature reserve; watched the sunrise over the mangrove swamps; and observed the wonderful bird life.

We enjoyed idyllic beaches adorned with beautiful shells, watched fishing boats return with their catches and learned about the complex structure of Gambian family life.

At the Gambian Guides' headquarters in Bakau, where they have a vocational centre, local people

showed us the intricacies of tie-dyeing and batik. They were such gifted teachers that they convinced us that we were "artists" and, with their help, we all produced amazing patterns. But we're still not quite sure how we did it.

Near the end of our stay, we joined local Guides, Scouts and scores of children from miles away for a camp fire. What a frenzied night! We sang, danced, shouted, jumped, gyrated and clapped, until we were completely exhausted.

Five Rangers decided The Gambia was so special that they chose to make their Promise there. One girl chose the swimming pool by moonlight, two the Atlantic rollers at sunset, another opted for a boat drifting through the mangrove swamp at dawn and one picked the classroom she had helped to redecorate — a lovely "sunshine" room that was filled with joyful children sharing the occasion.

As for the Gambians themselves, in just two weeks we'd all come to love them for their way of life, their culture, their sense of humour and their broad smiles.

As we left, we were overwhelmed by the thanks we received. It was hard to convince them that they had given us so much more than we had been able to give them.

It was a truly magical trip, not just for a few, but for 16 of the 19 Rangers then in the Unit. And you could say that is was largely due to us having had the very good fortune to stumble across some FROGS.

Good vibrations: Ruth Webster (second left) and Heather Ross chose the Atlantic at sunset for their Promise Ceremony, assisted by Guiders Valerie Pyne (left) and Jenny Keyte



Material girl: Rachel Morris tries her hand at batik

of equipment, including many litres of paints, rollers, brushes, buckets, filler by the kilo, ladders, wallboards — and, would you believe, 20 bikes!

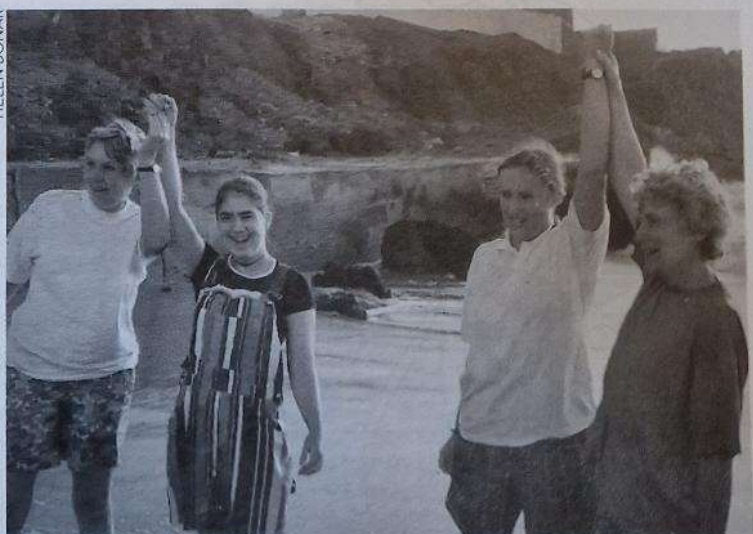
We needed the bikes to commute from the hotel, where we were to stay to the school four miles away. To hire one bike there would have cost about £7.50 a day.

We decided that we would stay in a hotel for the sake of the 14-year-olds. It was felt that identifiable food and recognisable loos would help to insulate them from excessive culture shock.

Having beaten our deadline, we felt pleased with ourselves, but fingers were kept firmly crossed that we hadn't forgotten some vital item. After that, preparations continued at a more leisurely pace through 1997 until we flew out.

We arrived to a tremendous reception from head teacher Yaharr Jallow, herself a Guider; her staff; a Scout and Guide guard of honour; and hundreds of children in the school compound.

After a day to recover, work began and 20 white females on bikes quickly became one of the "sights" of Bakau. The classrooms were so dilapidated that a lot of



HELEN BONAR

working an

Part-time work is an option chosen by two out of five women employees.

GUIDING

reports on flexibility in the workplace

By Catherine Dell
Illustrations by Jane Eccles

At the beginning of the year there was good news for job seekers: McDonald's would be recruiting an extra 5,000 workers, Burger King 2,000 and B&Q 1,500. In the past, the fact that many of these new jobs – in McDonald's case, up to 70 per cent – were part-time would have devalued them. Not any more.

Britain has almost six million part-time workers, reflecting a sharp increase in part-time employment over the last 30 years. In the early 1970s, for example, one person in seven worked only part-time. Currently, part-timers make up one in four of the workforce. By 2001, they will account for one in three. The situation is particularly relevant to women, since they constitute 80 per cent of all part-timers.

The growth of part-time working is not exclusive to Britain. Across the European Union there has been a marked expansion in part-time employment —

primarily among women but, since 1990, among men as well. Conversely, there has been a decrease in full-time posts, especially for men.

Part-time – officially defined as working fewer hours than a comparable full-time employee – generally means working under 30 hours a week. In fact, two part-timers in three work fewer than 21 hours, while the average for part-time women employees is 18 hours.

Traditional part-time employment is just one way of working shorter hours. Job-sharing is another. This arrangement involves two people sharing the responsibilities of one full-time job, with pay, leave and other benefits divided between them according to the number of hours worked.

Job-sharing is particularly suited to senior staff and gives all kinds of people, ranging from solicitors and probation officers to librarians and lecturers, the option of choosing to work fewer hours.

Other work patterns which offer an alternative to the standard, full-time model include: voluntary reduced work time (V-time), which allows employees to negotiate shorter hours for a lower salary; career breaks; sabbaticals; and, with the spread of information technology, home-based and teleworking.

About 20 years ago any 'alternative' work arrangement was, in most cases, regarded with suspicion and dismissed as second-rate. Part-

timers were widely treated as second-class employees.

Often, the only jobs open to them were unskilled and poorly paid. They had no opportunities for training or promotion. And they lost out on benefits like paid holidays, sick pay, maternity leave, pension rights, staff discounts and other employment conditions.

In recent years, however, part-time employment has acquired a new image and is no longer the Cinderella of the workplace.

One reason for this change in status is legislation. During the 1990s, the terms and conditions applicable to part-timers were improved, bringing them more into line with those of full-time staff.

This equalisation process reached its climax last December, when the European Union adopted a Directive on part-time work. Destined to become British law by the end of 1999, this Directive gives part-timers equal pay, rights and benefits with comparable full-time workers.

Another reason for part-time's new-found respectability is the changing nature of everyday life and the demands this makes on employers. For example, Sunday trading, telephone banking, all-night petrol stations and 24-hour broadcasting all require staff working non-traditional hours.

Employers find that the flexibility offered by part-timers is a major asset. They are also discovering that the widely-held view that 'people who work part-time lack commitment' is largely untrue. In many cases, surveys reveal quite the reverse.

Because part-timers tend to be less stressed and less tired than their full-time counterparts, they have fewer 'bad' days. More often than



arrangement

not they are rated as hard-working, conscientious and productive.

When applied to part-time working, the saying 'What's sauce for the goose is sauce for the gander' is generally very true. The arrangement suits employers — and also employees, enabling them to reconcile the responsibilities of work and home.

By working less hours the practice nurse, supermarket cashier, job-share architect and home-based computer programmer all have more time to:

- Care for their children, elderly parents or family member who has disabilities.
- Pursue an educational aim such as an Open University degree.
- Develop leisure activities.
- Get involved in various ways within the voluntary sector.
- Take up a creative art such as pottery or painting, which may bring in a little money but not enough to live on.

For many people — so long as they can afford it — part-time employment is the key to a more balanced life.

A TUC study found that 65 per cent of part-timers were 'very satisfied' with their life outside work compared to only 23 per cent of full-timers. And many of them are more satisfied with their work too, since lower stress levels and jobs that were compatible with the rest of their lives made them feel more energetic, positive and, noticeably, more cheerful.

Part-timers are set to feel even happier in 1999 when new legislation will make their positions more secure. However there is still room for improvement in what is now a well-established section of our workforce.

Over a quarter of full-time



employees say that they would prefer to work reduced hours, but their employers do not offer the option. Of course, in some situations, flexibility may not be a practicable choice, though a surprising number of jobs can accommodate alternative work patterns. There are already, for example, part-time policemen and job-sharing GPs.

But in many cases, an employer's reluctance stems from tradition — a view of employment in which people work full time without any reference to any responsibilities they might have outside the demands of their jobs.

Changes in the culture of the workplace represent only one half of the equation. The other half concerns the reason why many people choose to work part-time — family responsibilities.

A woman with a frail mother wants to divide her day between work and caring for her aged parent. Similarly, a lone father needs a job but also longs to have

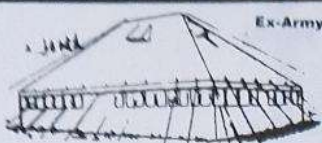
some quality time at home with his young son. In both cases, support is a priority. Without adequate systems of childcare and eldercare, many people are denied the option of work — even part-time.

It looks as if the impetus created by the European Directive — and the protection it affords — will raise the profile of part-time working even further. Such a move would help create opportunities for those seeking an alternative lifestyle to full-time employment. As an all-female association, we should welcome this trend.

Find out more

New Ways to Work is an independent organisation which provides information and advice about flexible work patterns. For introductory details and a publications list, send a sae to: New Ways to Work, 309 Upper Street, London, N1 2TY. An advice line operates on Monday, Tuesday and Thursday, 12-3pm: 0171 226 4026. ■

DISCOUNT CAMPING!



Ex-Army

RECONDITIONED MARQUEES

18ft x 18ft approx	£275
20ft x 20ft approx	£350
28ft x 20ft approx	£425
38ft x 20ft approx	£525

(Callers preferred to inspect and collect) or plus 10% carr

No guarantee is given with Army tentage

NEW WHITE MARQUEES

15ft x 15ft	£ 785
20ft x 20ft	£1095
30ft x 20ft	£1445
40ft x 20ft	£1835
60ft x 20ft	£2595

Please allow 2-4 weeks notice when ordering

14ft RIDGE TENT

ARMY 160 Pounder
Only £125.00 (carr. £7.50)

- ★ FLYSHEET olive green £89.50
- ★ Also: Heavy duty GROUND SHEET £27.50 (plus £3 carr)

SPECIAL OFFER!! Ridge Tent 14ft x 14ft with NEW Flysheet and Groundsheet.....£225



NEW

DINING SHELTERS
8oz PROOF
GREEN CANVAS
14FT X 18FT
COMPLETE WITH
ALL ACCESSORIES

£125

SUPERB BELL TENT

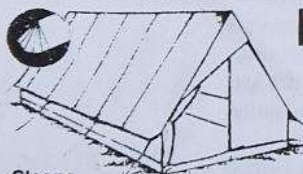
£210

Brand New in 8oz, white proofed cotton. Aluminium self locking centre pole. Complete with pegs, guys and valise. Height 9ft 9in with 28in walls.

GROUND SHEET for Bell Tent £47.50



(Carr. £21.00)



RELUM GIANT PEARL RIDGE TENT

Sleeps 4/6 persons

FLY SHEET WITH BELL END FOR THIS TENT £65

TREMENDOUS VALUE! ONE OF OUR BEST OFFERS!
GIANT in size! SUPERB in quality! MADE in 9oz blue 'TERKA' canvas. Size 13½ft long, 10ft along ridge, 6½ft wide, 6ft high and 18in walls.

NEW MILITARY RIDGE TENTS IN 8OZ GREEN CANVAS

17ft x 15ft x 7ft	£835
14ft x 14ft x 7ft	£500
13ft x 12ft x 7ft	£450
14ft x 8ft x 7ft	£450

4 Season Sleeping Bag	£37.50
3 Season Sleeping Bag	£27.50

BRIGGS SPECIAL OFFER TOILET TENT

Size 3½ft. square by 6ft high	£37.50
LARGE TOILET TENT	£47.50
DOUBLE TOILET TENT 8 oz. GREEN CANVAS	£125.00

Tilley Foldaway D/Burner and Grill	£42.50	Sleeping Bags, 44oz, all round zip	£15.00
Kelly D/Burner and Grill	£39.50	Sleeping bags, King size	£17.50
Double Burner	£19.50	Genuine Army Sleeping Bags, feather and down filled with waterproof base	£27.50
907 Camping Gaz bottles, full	£20.00		
Sleeping Bags, 38oz, all cotton	£10.50		

Please add 10% carriage on all items where not shown.
Please send for our Free Colour Catalogue and Price List.
100s MORE ITEMS IN STOCK, PHONE FOR DETAILS & SAVE \$\$\$
ALL CAMPING GAZ APPLIANCES 25%-40% DISCOUNT

BRIGGS Ltd 88 Forest Road, Walthamstow London E17 6JH Tel: 0181-520 2705

1997/8 CATALOGUE - OVER 5000 CRAFT ITEMS

CRAFT Supplies Books Kits & Kid's Crafts

CRAPTS FOR FUND RAISING For Schools, PTAs, Guides & Scouts, Churches and all Charities

CRAPTS FOR HOME For Kids

PLUS! FREE PATTERN BOOK CATALOGUE!

CRAPTS FOR CRAFTERS who need ideas for selling at Craft Fairs & need bulk prices to make a better profit.

1997-98 £3.50

CRAFT DEPOT
BRITAIN'S FAVOURITE CRAFT CATALOGUE

Here are the parts for you to create your own craft or for selling at craft fairs. Retail and Wholesale prices shown. Fully illustrated. Hundreds of New instruction books with 1000's of New ideas.

Decoupage, Transfers, Candlemaking, Felt, Party Favours, Bells, Foamies, Soap Crafts, Styrofoam, Quilling, Wreaths, Beads, Bridal, Frames, Baskets, Chairs, Animals-Plush & Flocked & Maslin, Florals, Dolls, Galore, Hats, Jewellery, Pearls, Music & Clock parts, Magnets, Poin Poin, Chenille, Miniatures (100's), Stencils, Unfolded Wood Shapes, Glue, Finishes, Crafts for Kids, Ribbon, Lace, Plastic Canvas, Paint, Paper Mache, Books & Patterns and more.

Send £3.50 payable to M.A. Pike - refundable first order over £20

Craft Depot (GB)

SOMERTON BUSINESS PARK

SOMERTON, SOMERSET TA11 6SB

TEL: 01458 274 727 FAX: 01458 272 932

Exclusively Mail Order



ADVENTURE CAMPS FOR GUIDES

SPECIAL OFFERS FOR 1998 OR BOOK NOW FOR 1999

Centres in N.France, S.France, Spain, Italy and U.K.

Abseiling • Archery • Canoeing • Caving • Climbing • Gorge Trek
Hill Walking • Kayaking • Landyaching • Obstacle Course
• Orienteering • Raft Building • Rifle Shooting • Sailing •
Snorkelling • Wave Skiing • White Water
Rafing • Windsurfing

- * No Minimum Group Size
- * Travel Door to Door
- * Full Board Accommodation
- * Adventure Included
- * Free Places
- * ALL FROM JUST £45

Free Phone : 0800 074 7007

SAFETY RELIABILITY VALUE FOR MONEY

(Travel, Full board accommodation, Activities, Insurance - all included)



Budget DIRECT BUY DIRECT - BUY THE BEST!

Send for your FREE Catalogue, showing our wide range of chairs, tables, office furniture, storage equipment and much, much more, including:

- FREE DELIVERY within the UK mainland.
- All products are covered by our unique 'No Quibble' Guarantee.



Budget Direct Plc.
Dept. 049 FREEPOST,
West Wickham, Kent BR4 0NJ

CALL FREE 0800 282814



DONT GO FUNDRAISING WITHOUT IT!!

YOUR NEW 1997 PEEKS FUNDRAISING CATALOGUE IS OUT NOW INCLUDING:

- FUNDRAISING GAMES
- CRAFTS & COLLECTABLES
- NOVELTIES TO SELL FOR PROFIT
- SIDESHOW GAMES
- IDEAS & PRODUCTS

CALL 01202 417777 NOW FOR YOUR FREE COPY

or write to FREEPOST
Peeks of Bournemouth Ltd
Tuckton, Bournemouth, Dorset BH6 3BR

taking the initiative

Aspects of the Guide section that need attention were identified in September 1995 when 33 Guides, Guiders and Advisers met at CHQ to discuss what was good about the Guide section and areas which required further study.

The constant involvement of Guides and their leaders throughout the consultation process was felt to be a fundamental requirement. Their varied experience within the Guide section would keep the development well-informed. Two consultation weekends were arranged and aims and objectives for each established.

The first focused on areas such as a detailed analysis of the Patrol system and Trefoil badges, while the second explored issues surrounding delivery of the programme and support for the Unit Guider.

The atmosphere at both weekends encouraged airing and sharing of experiences and views and much valuable information was gathered.

These two events, plus previous work undertaken, indicate that there is much that we can all be pleased and proud of within the Guide section.

The message sent out was: **Guiding is enjoyable and worthwhile; Guiding provides a range of opportunities; Guiding gives space in a non-judgmental environment; leaders positively want to work with this age group.**

It is important to hold on to these positive aspects and to improve upon them. As expected, areas of concern were highlighted. These included programme, image and leader support.

The information gathered is very much in line with the findings of a market research project that has been undertaken on behalf of the Association — a summary of which

is on pages 24-25. The research into why girls leave Guides shows that one of the major difficulties from a Guide's point of view is the Association's image and the attitude of her peer group.

A positive move has been taken by introducing blue jeans as a uniform option. This adds flexibility, allowing girls to wear jeans when suitable and will make Guiding accessible to more young people to whom the uniform is a barrier, whether financial or otherwise.

The Association is also seeking to improve its media image through partnerships with high-profile organisations such as the Body Shop. The first joint venture — the *Girls Get Real!* pack — has been a runaway success. Media coverage in the national Press has been very positive and the resource is being used by other youth organisations. This helps to dispel the myth that Guiding is out of date.

As a result of the consultations, a number of recommendations were made and a steering group formed to work on them. The group is currently initiating pilot schemes throughout the Countries and Regions to trial new ideas.

Five projects will be piloted initially. They are: an alternative to the Trefoil system; alternative ways of grouping Guides; support groups for Guide Guiders; a 'buddy' system for Guiders new to a section; and cross-Country and Region events.

In improving those areas the girls identified as 'boring' and 'too much like school', the Association is hoping to address the fall in numbers. Providing Guide leaders with

enhanced support will have a two-fold effect. It will reinforce the fact that we can all be proud of much of the work currently being undertaken and it will inspire confidence to try out new ideas and activities.

The Guide section should be dynamic, vibrant and appeal to that age group, delivering a programme which is Guide-led and offers high-quality, flexible opportunities for development through challenge, enjoyment and adventure.

Such a programme will also help us to appeal to a more diverse section of the 10-15-year-old age group and be at the cutting edge of youth work.

Positive action is being taken by the Association to change aspects of the Guide section

By Amanda Medler and Jo Haddrick

BEAUCLAIRE

Outdoor Cooking System

COOK for 2 to 20

The Beauclaire Outdoor Cooking System, with gas burners and matching plates, at last offers the ideal solution to cooking interesting food for large numbers, economically, deliciously, with light portable equipment. Breakfast for 20 in one sitting is no longer a problem. risotto, or a mighty stir fry? Or pancakes by the dozen...



CALL FOR DETAILS 01865 873051

The Gas Burners

- super heat spread
- good heat control
- cook for up to 20
- lightweight
- portable
- table top or free standing
- instant lighting
- 4 sizes
- priced £29.95 to £79.95

Accessories

- wok cradle
- heavy duty bag

The Matching Plates

Griddles

- 2 sided, ridged/smooth
- cast iron, cadmium-free
- handles heat proof
- 3 sizes
- priced £12.95 to £59.95

Pans

- enamel led steel
- 2 handles
- 4 sizes
- priced £9.95 to £23.95

Beauclaire Products, PO Box 14, Wheatley, Oxford. OX331SN
tel/fax: 01865 873051

Golden year

Sandy the terrier is all ready to do his bit for Marie Curie Cancer Care on March 14 — Daffodil Day.

This year's Marie Curie Daffodil Campaign — raising funds for cancer care, research and education — is extra special, as 1998 marks the charity's 50th anniversary.

In addition to buying a fabric flower on Daffodil Day, there's another practical way to support the charity. You can enter the BT Swimathon, taking place from March 16–22 at over 500 pools across the UK.

If you, or your unit, would like to get in the swim — and help raise an anticipated £1.5m — pick up an entry form from your nearest participating pool, or call the BT Swimathon info line on freephone 0800 7317316. But hurry, splash-off is imminent.



MARIE CURIE CANCER CARE

Right-on for writing

For a pen 'n' pencil set with a difference, take a look at the Paper: Mate® Big Writing Box. This mega collection of writing materials includes fibre-tips, highlighters, non-stop pencils, gel-writers, correction film and three different types of ballpen.

Costing £9.99, the Big Writing Box is available in all major stationers. Or, you could be lucky enough to win one from

GUIDING. We've got 25 to give away. To enter the prize draw, answer the following question and send it to GUIDING/Paper: Mate® at the address right.

The word paper derives from papyrus — what was papyrus?

PAPER MATE®



A MEGA COLLECTION OF FIBRE-TIPS, HIGHLIGHTERS, NON-STOP PENCILS, GEL-WRITERS, CORRECTION FILM AND THREE DIFFERENT TYPES OF BALLPEN.

3M UNITED KINGDOM PLC



the prize draw, make a list of 25 words — three letters or more, no proper nouns, no foreign words — from 'glue stick'. Send your list to GUIDING/Scotch at the address on the right.

A prize-winning picture from last year by Katrina Ramsey, aged 14



MUSCULAR DYSTROPHY GROUP

Getting down to it

It's time for 4–18 year-olds to start thinking about 'birds, bats and butterflies' — the theme of this year's Young Pavement Artists popular competition, which raises funds for research into muscular dystrophy.

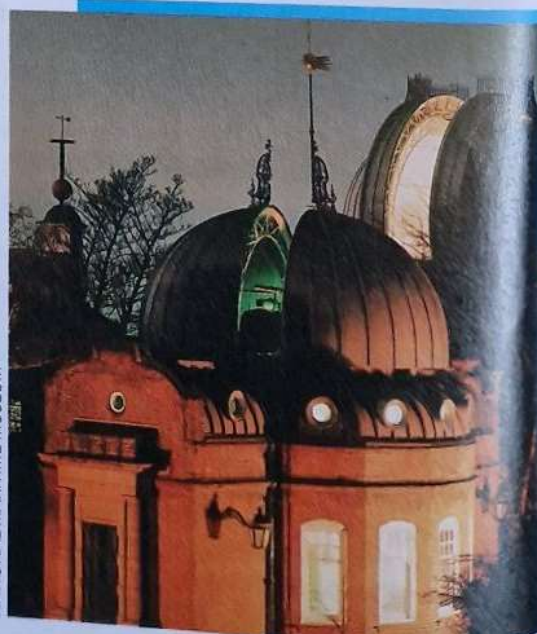
The event is in two stages. First, youth groups and schools around the country organise their own competitions which should take place on June 6.

Then photos of all first prize-winning pictures are sent to London, where judges choose an overall national winner.

All money raised is split between each youth group/school and the Muscular Dystrophy Group.

For further information, send a large sae to The Organiser, Vine Farm House, Lower Street, Tilmanstone, Deal, CT14 0JD.

NATIONAL MARITIME MUSEUM



Blue egg memory

Have you ever remembered something and then forgotten it again before you've had the time to jot it down? Camera company Olympus has come up with a smart solution — an egg-shaped memory capsule.

The NC100 Notecorder, in brilliant blue, combines the latest in electronic voice memo technology with good looks and practicality.

At the touch of a button, this convenient lightweight, hand-sized gadget, will help you remember just about anything you want.

Olympus' blue egg costs £19.99. For details of local stockists, call freephone 0800 072 0070.

We've got two Notecorders to give away. For a chance to win one, answer the following question and send it to us at GUIDING/ Notecorder at the address below.

Which ancient civilisation was known to believe the gods lived on Mt Olympus?



OLYMPUS OPTICAL CO (UK) LTD

All set for set98

From March 13-22 as part of set98 — the National Week of Science, Engineering and Technology — the Old Royal Observatory at Greenwich is running a full programme of special events.

These range from Planetarium shows and story-telling sessions on starry themes to making pin-hole cameras and spotting sunspots — safely. Because the Observatory is home to the Prime Meridian — official start of the next millennium — several of the talks and activities actually focus on time.

Some events — especially sessions for deaf or visually-impaired visitors — must be booked in advance.

Entrance tickets to the Observatory also give admission to the Maritime Museum and Queen's House. For full details of the set98 programme, call 0181 312 6565 (24 hours) or 0181 312 6608.

The Observatory's domes open up to the skies

All competition answers on postcards please, send them to GUIDING 17-19 Buckingham Palace Road, London SW1W 0PT to arrive by March 31.

Britain by Bennett

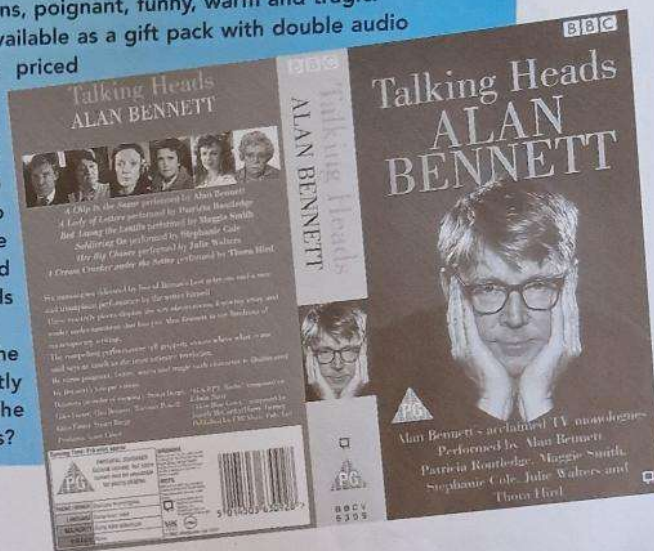
One of television's greatest ever drama successes — Alan Bennett's brilliant *Talking Heads* — is at last available on video.

The six monologues, performed by Alan Bennett, Patricia Routledge, Maggie Smith, Stephanie Cole, Julie Walters and Thora Hird, demonstrate the author's perceptive understanding of the British way of life. Each character's story is, by turns, poignant, funny, warm and tragic.

Talking Heads is also available as a gift pack with double audio cassette and paperback, priced competitively at £12.99.

GUIDING has two copies of the video, worth £16.99 each, to give away. For a chance to win one, answer the following question and send it to GUIDING/Heads at the address below.

What is the name of the TV detective recently played by one of the *Talking Heads* performers?



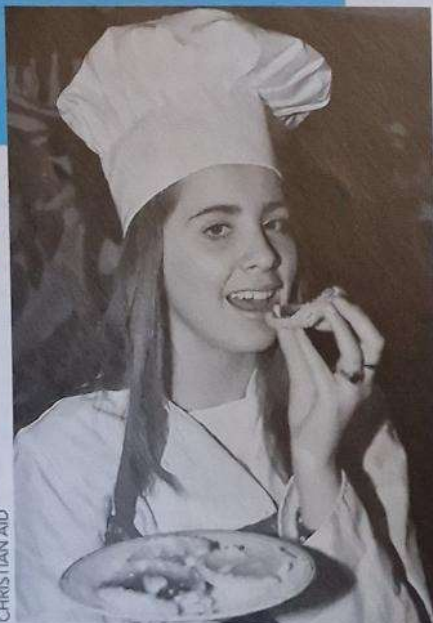
Dish up, make a difference

Focusing on world hunger, *Eat up, Help out* is a kit of fun fundraising ideas for youth groups published by Christian Aid. Although the activities featured in the kit can be done at any time, they are particularly relevant during Christian Aid Week, May 10-16.

Each kit contains everything you need to get started, including press release, poster, placemats and a booklet with ideas, instructions, recipes and quizzes.

To get your free kit — one per group of 20 — phone the *Eat up, Help out* orderline on 0171 523 2238.

Taking part in an *Eat up, Help out* event can be fun



CHRISTIAN AID

salt solution

**Solving
problems –
with your help
– is the GFF's
mission**

By Rosemary Mills

I'd like to tell you a story I heard recently on the radio. A doctor had been to Nepal, researching why so many babies were born with physical and mental disabilities. He discovered that many of the people there have a thyroid deficiency, a condition which causes these problems in unborn babies.

The doctor discovered that in some rural parts of Nepal the diet was very short of iodine because flash floods washed all the minerals out of the soil. This was what was causing the thyroid deficiency.

Only tiny amounts of iodine are needed to maintain a healthy balance, and it is possible to buy iodised salt in Nepal to make up the deficiency. It is even very cheap —

about 10p would buy enough for a whole lifetime! So why aren't the people using it?

The answer was simple: they just didn't know it was necessary. As most rural women cannot read, and they don't have access to TV or radio, there is no way for health information to be circulated.

So how can the health problem be solved? The immediate, easy answer would be to add iodine to all the salt. But that would only deal with the immediate problem. How much better to give women the skills they need to access the information by teaching them to read!

Over the last year the Guide Friendship Fund has helped pay for education projects in Mexico,

Botswana, Nepal and India.

Giving girls and women access to the skills they need to be able to manage their own lives will provide real empowerment — and have a lasting effect instead of keeping them reliant on handouts.

Please continue your wonderful support for the GFF, which — with your help — can do so much to change lives for the better.

● **Every donation, however small, is welcome. Cheques should be payable to the Guide Friendship Fund. Please send them — with a sae if a receipt is needed — to: The Guide Friendship Fund, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W 0PT.** ■

celebrating 2000

**Your chance
to help create
a service to
welcome the
Millennium**

On February 19 and 20 in 2000, members of The Guide Association will be celebrating Thinking Day in many different venues throughout the UK. All the events will be based on the same theme, using a special celebration booklet.

Members are invited to contribute to the 2000 Thinking Day Celebration. Organisers would like to include your choice of readings, prayers and songs, based on the theme 'Let Peace Walk the Earth'.

This may be your own original work, or something you have read. If your contribution is already in print, full details of the author and publisher must be supplied so that copyright can be cleared.

Contributions will be welcomed from the whole family of Guiding, from Rainbows to Trefoil Guild members, but only one contribution

per person should be submitted. The form below should be completed and sent with your contribution to the address shown.

Thinking Day Celebration — February 2000

Name:
Address:
Postcode:
Date of birth, if under 18:
Unit:
Guide County:
Is the contribution your own original piece of work? YES/NO
If not, please give full details of:
Author:
Source (ie title of book, leaflet...):
Publisher:

Please return this form to: Ms Fiona Aitken, Youth Programme Manager, Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W 0PT by May 1 1998

GUIDING March 1998

PRIVILEGE CARD HOLDERS ONLY

Members Day

20%

**OFF MEANS
DOUBLE
DISCOUNT**

Thursday March 19th is Double Discount Day at all branches of Camping and Outdoor Centres and Outdoors. That's 12 hours of double discount off our vast range of outdoor equipment and clothing.

Plus 10% off all Scout Uniforms



**THURSDAY
MARCH 19th '98**

8.00am to 8.00pm

+++++
**APPLY AT ANY OF
OUR 25 BRANCHES
FOR YOUR FREE
PRIVILEGE CARD**
+++++



Outdoors®
WE'VE GOT IT COVERED

OUTDOORS

CARDIFF

10 Duke Street, CF1 2AY.
Tel: 01222 390887

COLCHESTER

16 Short Wyre Street,
CO1 1LN.
Tel: 01206 577040

CRAWLEY

16 Haslett Avenue West,
RH10 1HS.
Tel: 01293 541003

HARROW

324a Station Road, HA1 2DX.
Tel: 0181 427 3809

MAIDSTONE

2/4 Granada House, Gabriels Hill,
ME15 6JG. Tel: 01622 763008

NORWICH

Boston House,
5 Orlord Hill NR1 3QB.
Tel: 01603 625645

CAMPING & OUTDOOR CENTRES

LONDON

41 Ludgate Hill, EC4M 7JN.
Tel: 0171 329 8757

27 Buckingham Palace Road, SW1W 0PP.
Tel: 0171 834 6007

BIRMINGHAM

62 New Street, B2 4DL.
Tel: 0121 643 0885

BOURNEMOUTH

7 Gervis Place, BH1 2AL.
Tel: 01202 558797

BRIGHTON

24 St. James's Street, BN2 1RF.
Tel: 01273 684281

BRISTOL

9/10 Transom House, Victoria Street,
BS1 6AH.
Tel: 0117 926 4892

CROYDON

40/44 St. George's Walk, CR0 1YJ.
Tel: 0181 688 1730

EDINBURGH

77 Southbridge, EH1 1HN.
Tel: 0131 225 3339

IPSWICH

7/9 Tackler Street, IP4 1AJ.
Tel: 01473 254704

LEEDS

62 The Headrow, LS1 8EJ.
Tel: 0113 245 7273

MANCHESTER

7 Oldham Street, M1 1LG.
Tel: 0161 835 1016

NOTTINGHAM

1/7 St. James's Street, NG1 1BA.
Tel: 0115 948 4571

OXFORD

17 Turl Street, OX1 3DH.
Tel: 01865 247110

PETERBOROUGH

97 Bridge Street, PE1 1HG.
Tel: 01733 561000

PLYMOUTH

4/6 Royal Parade, PL1 1HB.
Tel: 01752 662614

PRESTON

23 Miller Arcade, PR1 2QA.
Tel: 01772 250242

SOUTHAMPTON

9 East Street, SO14 3HE.
Tel: 01703 334462

WORTHING

20/22 Brighton Road, BN11 3ED.
Tel: 01903 232028

YORK

Unit 3, Queens House, Micklegate,
YO1 1DG. Tel: 01904 653567

Mail Order

Scout Shops Ltd., Churchill Industrial Estate,
Lancing BN15 8UG.
Tel: 01903 766921. Fax: 01903 750993

notices

Faith at work

A weekend of fun, togetherness, Guide training and work on the Faith Awareness badge has been organised by the Catholic Guide Advisory Council.

It will be held at Courtfield, Ross-on-Wye from April 24-26 and is open to all Guiders who work with Catholic Rainbows, Brownies and Guides and Trefoil Guild members.

The weekend will cost £60. For further details contact the Chairman: **Mrs Teresa Hurley, 72 Marlborough Road, Cardiff, CF2 5BY. Tel: 01222 490958**

Striding out

This year's Waltham Walk – organised by the Boys' Brigade – will take place on May 16-17. The 30-mile plus walk starts at Great Dunmow, Essex and ends at Weathersfield, with an overnight camp at Gosfield.

The main event is open to 15-19-year-olds in teams of three and can be used for D of E Bronze or Silver practice expeditions. A mini trek based on the 12-mile Sunday section plus the overnight camp is open to 12-14-year-olds.

Those competing will also take part *en route* in assorted first aid, orienteering, *It's a knockout*, assault course and *Blockbusters* activities.

For further information call either **Michael Wilding on 01285 861416** or **Graham Famfield on 0181 527 4532**.

Help in the house wanted

Foxlease requires house assistants to start work at the beginning of July and September, and at the end of December 1998. Girls should be at least 17 and be able to stay for a minimum of six months up to a maximum of one year.

For further details contact: **Foxlease, Lyndhurst, Hampshire, SO43 7DE. Tel: 01703 282638**.

Friendly fun

The Young Friends of Waddow Committee is holding a Fun Day for Rainbows, Brownies, Guides and the Senior Section on Sunday, September 13.

Starting at 11am, the day will end at 4pm. Activities on offer include crafts, archery, bouncy castles and lots more.

Please come and join in the fun in the grounds of Waddow Hall, Clitheroe, Lancashire. Initial applications with sae to: **Miss C Simpson, 16 Lawrence Crescent, Leeds, LS8 3HX**.

Equal numbers

A residential event for Guides, Senior Section and other older members will be held at Broneirion from July 27-August 1.

Come and join in the Llaw yn Llaw celebration event using costumes, props and scenery and take part in helping to put on a production.

There will also be opportunities to take part in crafts and other fun activities, as well as to enjoy an outing.

It is hoped to have equal numbers of members with and without disabilities attending this event.

To receive an application form, please write to: **Adviser for Members with Disabilities, Broneirion, Llandidnan, Powys, SY17 5DE**.

Win a holiday of a lifetime

The Grizzly Challenge and Gruff Kids programmes are youth development initiatives based on environmental issues identified and raised by the participants.

Both programmes are open to young people in Scotland. Teams of between three and five members, aged between ten and 18, can propose a project which they consider would be of benefit to their particular community.

Contact **Steven Grieg** at Youth Clubs Scotland for more details and an entry form at: **Balfour House, 19 Bonnington Grove, Edinburgh, EH6 4BL. Tel: 0131 554 2561**.

Speaking out

Using a £1.2m grant from the Millennium Commission, Save the Children is setting up Saying Power Millennium Awards.

This unique scheme, which will also get Comic Relief support, will provide a series of trainee places in the Charity's offices across the UK.

Directed towards 16-20-year-olds, the aim is to enable young people to get their voices heard – and make improvements in their local communities.

Save the Children plans to recruit most trainees from April-June through its network of local community contacts.

For further details contact the **Save the Children Public Enquiry Unit on 0171 703 5400**.

Flowers that cheer

A series of Crocus Walks have been organised by Breakthrough, the Breast Cancer charity for Sunday, March 22 – Mother's Day.

The money that is raised through sponsorship will fund crucial research into this scourge that kills 300 UK women every week.

Chief Executive **Delyth Morgan** explained: 'Our symbol is the crocus, which represents the optimism and renewal of spring after a long winter. We – and our supporters – are committed to keeping alive the hope that breast cancer will be beaten'.

For a Crocus Walk pack call **Faye Dean on 0171 557 6627**.

Obituaries

Ruth Tuckwell, a member of the Executive Committee from 1961-75, has died at her home in Farnham, Surrey.

She joined the Movement as a 19-year-old in 1928 and, within months, was made Lieutenant of the 1st Puttenham Guide Company.

Miss Tuckwell served the Association with distinction at local, District, Division and national level. Her many posts included Commissioner for Camping for England, Chairman of Foxlease House Committee and CHQ representative on the Trefoil Guild Committee.

She also helped to train GIS teams for work with refugees in Germany after the Second World War.

She represented the UK at World Conferences in Greece, Denmark and Japan. In 1954 she received Guiding's highest honour – the Silver Fish, and, in 1961, was awarded an OBE for her Guiding work.

Until her death she was a tireless worker for the **Phyllis Tuckwell Hospice**, which perpetuated the memory of her sister-in-law and friend.

The death has occurred of **Dr Geraldine Bobb**, President of Trinidad and Tobago Girl Guides Association. Dr Bobb was a very active member and was well-known and respected by many UK Guiders.

Glenn Webb, the popular National Trust Scout and Guide Warden on Brownsea Island has died in a road accident.

A former Cub Scout, he had been Island Warden for 12 years.

official

directory

CAMPING AND HOLIDAYS

SOUTH OF ENGLAND

GILWELL PARK

Guiders, discover the Scouts best-kept secret, come and meet new friends from many nations. Activities for all ages, indoor accommodation to suit Brownies, Guides and Rangers plus a superb choice of secure camp sites.
0181 498 5410

←TWO MILE BOTTOM CAMP SITE→

Bidwell Centre. 12-acre site in Thetford Forest - wooded glades, open fire cooking, canoeing, archery, abseiling. Large modern centre, sleeps 50 people. Terry Porter, 24 Exeter Way, Thetford, Norfolk IP24 1EE. Tel: 01842 761227.



BLACKWELL COURT INTERNATIONAL SCOUT CENTRE

Set amidst 50 acres of beautiful Worcestershire Countryside, in the Heart of England, Blackwell Court offers excellent camping facilities for all Scouts and Guides.

The large range of on-site activities include: archery, pioneering, abseiling, rifle range, grass sledging, mountain bikes and heated swimming pool.

Canoeing and rafting are available at our Water Activity Centre and Pikes Pool.

The camp site offers excellent toilet, shower and wet weather facilities including a well-stocked Provender. Also available indoor accommodation, the ideal Centre for Pack Holidays.

Within easy access to all the major motorways and railways, Blackwell Court is ideally situated to visit the many nearby popular places of interest including Alton Towers, Cadbury World, Stratford-upon-Avon, Worcester and Warwick Castle and is only 2 hours travelling time from the centre of London.

Near to Blackwell Court is Pikes Pool set in 50 acres providing ideal camping facilities for the more experienced camper.

So are you interested in using Blackwell Court for your Brownie Pack/Leader camp in 1998? Please don't delay in contacting us for further information from Blackwell Court International Scout Centre, Agmore Road, Blackwell, Nr Bromsgrove, Worcestershire B60 1PX or telephone on 0121-445-1285 Fax: 0121-447-7442. Or please visit us at Map Ref: Sheet 139 (Metric) 995 716.

VISIT THE COTSWOLDS

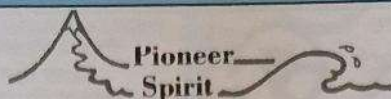
DEER PARK

Site now extended to 26 acres
As featured in September's *GUIDING*

Fully-equipped centre for Pack Holidays (suitable for disabled) Equipped or unequipped camp sites. Solid shelters, flush toilets.

Activities on-site: Archery, canoeing, pistol shooting, grass sledging, orienteering, pioneering, souvenir shop and pet corner. Twenty-minute drive riding, climbing, abseiling, and water sports.

Details from Warden (SAE please)
Gloucestershire Guide Centre,
Cowley Cheltenham GL53 9NJ
Telephone 01242 870284



Professional Activities Professional Instructors
AALA Approved
Dorset
Pioneer Spirit, The Myrtles
Bushey, Corfe Castle
Dorset BH20 5JP
Tel/Fax: (01929) 481154

BLACKLAND FARM CAMP SITE

Offers fully-equipped and unequipped camp sites, some with flush toilets and showers.

Activities available are:

Canoeing, climbing, abseiling, archery (all with instructor), swimming, orienteering, nature trail, assault course, grass sledges, rifle range.

Further details from:
Blackland Farm
Grinstead Lane
EAST GRINSTEAD, SUSSEX RH19 4HP
Telephone 01342 810493 or 0860 393 026
or FAX 01342 811206

East Sussex Scouts extend a welcome to BROADSTONE WARREN SCOUT SITE & ACTIVITY CENTRE

170 hectares in the beautiful Ashdown Forest

Indoor accommodation
Big choice of individual camping areas
Equipped sites available

Wide range of on-site activities with qualified instruction where required

Extensively stocked grocery store plus sweets/souvenirs etc.

Try us & experience the special magic that is BROADSTONE WARREN

Details from:
The Warden
Broadstone Warren Scout Site, Forest Row,
East Sussex RH18 5JS
Tel: 01342 822573 Fax: 01342 824055



Downe Scout Camp Site Greater London South East

- * An 86-acre site on the North Downs - only 20km from London.
- * Secluded woodland sites for patrol camps or large open sites.
- * Four fully-equipped, centrally-heated modern buildings for indoor accommodation.
- * Modern toilets, hot water and showers.
- * Large outdoor heated pool.
- * Provide for soft drinks, sweets, souvenirs etc. Daily orders taken for milk and bread.
- * Activities include: Archery, Climbing Tower, Forestry, Orienteering, Pioneering, Rifle Range, Swimming.

Details from:
The Warden,
Downe Scout Camp,
Birdhouse Lane,
DOWNE, Kent. BR6 7LJ
Telephone: 01959 572 121
SAE Please.

CANAL HOLIDAYS FOR YOUNG PEOPLE
LONDON NARROW BOAT PROJECT
LESS 10% BOOKED BEFORE 31st MARCH
FAX/PHONE 0181 291 9810
PO Box 12701
London SE23 2WZ

CAMPING by the THAMES

Canoeing • Sailing • Climbing
Instruction Available



Longridge SBC
Quarry Wood Rd
Marlow
Tel: 01628-483252

THRIFTWOOD INTERNATIONAL SCOUT CAMP SITE AND ACTIVITY CENTRE

The happy centre with friendly and helpful, full-time staff, at Brentwood, Essex. (3 miles from junction 28 off the M25.) Over 30 individual grassed sites. Indoor accommodation (now has a dormitory sleeping 32). Toilets, hot water, free showers. Wood fires are encouraged. Equipped sites available. On-site activities: archery, climbing wall, abseiling, canoeing, fishing, rafting, swimming, shooting, nature trail, orienteering, BMX bikes, cork guns, pioneering, adventure course, sports equipment and Patrol activities. Souvenir shop. Guides and other youth organisations very welcome.

Please send SAE or phone the Warden: Bill Hindley, "Deskrie Shell", Alexander Lane, HUTTON, Essex CM13 1AQ.
Tel: 01277 226571 for details

Belchamps

30 acres of pasture and woodland. Indoor accommodation for 48, 24 and smaller groups. Open all year. Archery, shooting ranges, assault course, climbing, pioneering. Hot showers. Local 360-acre public woodlands, sports complex minutes away. Excellent site shop and woodpiles. DAILY ELSAN EMPTYING SERVICE, AND NIGHT SECURITY ROUNDS. SAE for brochure: Kevin Wilson
The Warden, Belchamps, Holyoak Lane, Hawkwell, Essex. Tel/Fax: 01702 205 081

ADAMSWELL SCOUT CAMP SITE

near Tunbridge Wells, Kent

Peaceful rural setting two miles from Tunbridge Wells. 15-acre camp site with water and firewood throughout. Also fully-equipped building with meeting rooms, kitchen, showers and toilets. Suitable for Pack Holidays, events or training courses.

CONTACT: Geoff Robison, 49 Sandown Park, Tunbridge Wells, Kent TN2 4RH. Tel: (01892) 822390 between 8pm and 11pm.



Kielder Water
Nr Hexham, NE48 1QZ
Fax 01434 250350

CRICKET CAMP SITE BURSLEDON HAMPSHIRE

A beautiful camp site set in 400 acres of Country Park close to M27 with good facilities for full Troop or Patrol camps.

Situated 10-minutes walk from the River Hamble.

Activities available include Canoeing, Abseiling, Archery, Rifle Shooting, Caving and Climbing.

Flush toilets, Showers, Hot Water, Pack Holiday Centre (open to schools).

Write for brochure to:

Mrs Joan Veal (ADC Camp site)
ITCHEN SOUTH
SCOUT CAMP SITE
12 Barton Drive
Hedge End
Southampton
Hants SO30 2FF

Best Wishes for the Festive Sea-son from Kingsdown

SPECIAL OFFER

Just collect four different Kingsdown 'sea' advertisements - there will be a new one every two months - to entitle your group to one hour's FREE on-site activity of their choice, during their stay at Kingsdown.

First class indoor accommodation and camping in White Cliffs Country, overlooking the English Channel with a full range of site activities.

For further details, or to make a booking, please contact: Charlie Leadbetter at

Kingsdown International Scout Campsite,
The Avenue, Kingsdown,
Deal, Kent CT14 8DU
Tel: 01304 373713
Fax: 01304 375202



directory

CAMPING AND HOLIDAYS

CHALFONT HEIGHTS SCOUT CAMP

A delightful 65-acre estate situated in the Buckinghamshire Green Belt.
Easy reach of London.
Good access from M40/M25/M1.
Choice of Theme Parks within 20 miles.
Open all year with a resident warden.
2 large fields & 44 acres of woodland.
3 equipped indoor units & leaders' retreat.
Showers with separate leaders' facilities.
New special-needs toilets & showers.
25-metre heated swimming pool.
Climbing/abseil wall, rifle & archery ranges.
Assault course, pioneering & runway equipment.
Water activities available nearby.
Mountain bikes with on-site course.
Well-stocked shop.
On-site laundry facilities.
For further information please
Write/Phone/Fax/E-mail
CHALFONT HEIGHTS SCOUT CAMP
DENHAM LANE, CHALFONT ST PETER,
BUCKS SL9 0QL
TEL: 01753 882640 FAX: 01753 884108
Email: chalfont@btinternet.com

WOODHOUSE PARK AVON SCOUTS COUNTY SITE

36 acres of grass and woodland on an escarpment overlooking the Severn Bridge and estuary. A warm welcome awaits you from the resident warden and his staff. Camp site has flush toilets, wash rooms and free hot showers. Indoors accommodation includes a purpose-built Pack Holiday Centre which sleeps 41. Activities on site include archery, rifle range, orienteering, pioneering. Tree trails and assault courses plus sports equipment loan. Off-site activities include nearby leisure centres, climbing, caving, canoeing and sailing, the Cotswolds, Mendips, Forest of Dean, Weston-super-Mare and Bristol.

for Further details:
Booking Secretary
Woodhouse Park, Fernhill,
Almondsbury, Bristol BS12 4LX
Telephone 01454 613259
(Out-of-hours answerphone)

◆COME TO CORNWALL◆

Equipped Holiday Centre. SAE Bodmin Guide HQ 3, 3 Elm Grove, Cardwell Road, Bodmin, Cornwall PL31 2NJ. (01208) 77612

BEAUDESERT GUIDE CAMP

128 acres of parkland and woodland adjoining 26 square miles of Cannock Chase Forest in the heart of the Staffordshire countryside.

Fully equipped indoor centres for Pack Holidays.

Flush toilets and free hot showers.

Pioneering, orienteering, abseiling and assault course available.

Swimming pool and leisure centres, canoeing and sailing within easy reach. Lichfield, Birmingham and other tourist attractions within travelling distance.

Details:

The Manager
Beauesert Trust Camp Site
Cannock Wood
Rugeley
Staffs WS15 4RD
Tel & Fax 01543 682278

Adventure Excitement Fun Challenges



THE YOULBURY EXPERIENCE

Indoor accommodation and woodland camping. Open 50 weeks. Set in 40 acres close to Oxford, the city of 'Dreaming Spires'. On-site Heated Swimming Pool, Archery, Climbing Tower, Rifles, Trails & Quizzes. Write, fax or phone for details:

Youlbury International Scout Camp site
Boars Hill,
Oxford OX1 5HD
Tel: 01865 326264.
Fax: 01856 326070.

Tolmers Scout Camp Under New Wardenship

Set in 100 acres of pastures and woodland. Tolmers is ideal for groups of all sizes.

Indoor accommodation sleeping 12 and 28. Two toilet blocks with hot water (showers).

Activities include: Climbing/Abseiling/Air Rifle Shooting/ Archery and many more.

Within 30 minutes by train to London. Tolmers is an ideal base for sight-seeing the capital.

A warm welcome awaits you from the new Warden and his family.

For our new brochure contact:
Mr A. Lanham (Warden)
Tolmers Scout Camp & Activity Centre
Tolmers Road
Cuffley
Herts EN6 4JS
Tel/Fax: 01707 872900

DORSET

Modern purpose-built youth complex for groups of up to 36 in quiet village location. Economically priced facilities include two large halls, kitchen and toilets. Ideally situated for exploring beautiful Purbeck area. For details phone Val Brown on 01929 462 152.

BUCKMORE PARK SCOUT CENTRE

Maidstone Road,
Chatham, Kent ME5 9QG
Tel: 01634-861295/861298
Fax: 01634-864553

Camp sites in 210 acres of woodland and parkland with newly-refurbished toilets and hot showers
4 indoor units sleeping 50, 40, 30, and 20.
Fully equipped and maintained.

Full catering available or self-catering
15 on-site activities including:
Indoor heated swimming pool, karting, canoes, abseiling, rifle range, archery, roller skating, assault course etc.

OPEN THROUGHOUT THE YEAR

The aim of Buckmore Park is to promote the development of young people in achieving their full potential.

Write, 'phone or fax for colour brochure.

WHERE CAN YOU STAY IN LONDON FROM £5 PER NIGHT?

TENT CITY

and you don't need your own tent!

* Tent City is a young international backpackers hostel under canvas for individuals or groups
* showers & toilets * cooking facilities * baggage store * laundry * snack bar
* Write or call for our brochure:
Old Oak Common Lane, London, W3 7DP
tel: 0181-743-5708
tent.city@btinternet.com

MIDLANDS & WALES

FISHGUARD, PEMBROKESHIRE

Pack Holidays. Fully-equipped Bunk house, alpine-style dormitories, staff accommodation, toilets, kitchen, lounge, showers, car parking pay phone, ample grassed area. £4 per person per night - inclusive (minimum 12 paying persons). Fishguard Community Education Centre, Ropewalk, Fishguard, Pembrokeshire, Dyfed.
Tel: 01348-872488.

CANAL ADVENTURE CRUISES

Aboard our fleet of 12-berth skippered Narrow Boats. All boats are fully equipped with fridge freezers, flush toilets, central heating, showers, etc. You just need a sleeping bag and food - or we will provide these too if you wish. Friendly, helpful staff and reasonable prices.

Warwickshire Fly Boats Co.
Shop Lock Cottage, STOCKTON,
Nr Rugby, CV23 8LD. 01926 812093
DOT Boatmaster Certificate

◆SNOWDONIA GUIDE HEADQUARTERS◆

Caeathro Nr Caernarfon. Two fully-equipped hostels. Accommodation for 23 and 27. Suitable for the disabled. Also 11-acre camp site. Contact Warden: Peter Stott, 51 High Street, Llanberis LL55 4EU. Tel: 01286 870840.

CANAL ADVENTURE JOURNEYS

There is so much to do and see on a week's cruise starting with Braunston, the waterways centre of England. We have self-steer or skippered boats ranging from the simple to the luxurious, please phone RUGBY 890 784 for our latest colour brochure or write to UNION CANAL CARRIERS, Botton Lock, Braunston Daventry, Northants.

CAMPING AFLOAT

For your next camp, hire one of our 12-berth traditional canal boats for an exciting holiday to remember.

- Best choice of routes.
- Wide variety of activities and visits
- Economical prices from- £45.50ppppw
- Skippers provided for your peace of mind

Colour brochure available from
B & MCCC Ltd., Gas Street,
BIRMINGHAM, B1 2JT
Tel: 0121 236 7057

◆FAIRBOURNE ADVENTURE◆

Is registered with The Adventure Licensing Authority as licensed to provide specified activities under the following headings: Climbing, Caving, Trekking, Watersports. Licence details can be confirmed by calling the Licensing Authority 01222 755715. Further details, colour brochure and costs of Fairbourne Adventure: 64 Belgrave Road, Fairbourne, Gwynedd. LL38 2BQ Tel 01341 250613.

CAMPING IN THE SOUTH COTSWOLDS.

Scout and Guide site close to J14/M5, superb secluded rural site (shops 1½ km), large flat field, woodlands, flushing toilets, kitchen, rooms, water, gas, electricity and equipment. Many other activities within easy reach. For further details please ring: tel: 01454-294948 or 01453-843735 or 521810.

Moilivers, Bedford

On edge of Bromham, three miles from Bedford. Camping paddock with equipment for hire, new toilet block, showers, fridge, freezer, and storage. Large wooded area, plenty of firewood. Also holiday building with 24 mattresses.

Details from Miss B Wilkins,

Tel: 01234 822 948

Easy Camp?

6 Days/5 Nights £49.95

Includes Full Board & Activity
FIND OUT TEL: 01994 230559



- Tents erected
- Private site
- All-weather building
- Tables & forms
- Pots & pans, food
- Hot showers, toilets
- Telephone
- Tuck shop/souvenirs
- Badge work
- Spectacular views
- 50-Acre Farm

All activities on Penlan Site
From small groups to 200 plus.
Coach trips arranged.

- Football pitch
- Riding indoor/outdoor
- Kayak & canoeing
- Archery
- Raft building
- Golf driving range
- Fishing
- Pets corner
- Camp fires
- Barbecues
- Nearby beaches

Central to all attractions

Recess welcome.
Disabled groups welcome.

Yet again we lead in value for money, last year was a great success for our groups. Why miss out? We take the hard work out of your vacation.

Contact:

Sue Butcher

The Penlan Centre, St. Clears, Carmarthenshire, SA33 4DW

Price shown is based on minimum 20 paying per group

Anne McKelvie is special. Not that she'd admit it. Make the suggestion that her efforts and achievements as a Rainbow and Guide Guider, physics teacher, football team coach, church elder... are anything out of the ordinary and she would dismiss the sentiment out of hand.

But she'd be in a minority of one. Readers of Glasgow's *Evening Times* were so impressed with this unassuming woman, who has a special affinity with children, that they voted her the current Scotswoman of the Year.

Competition for the title was stiff. Other contenders included Ann Pearston, spokeswoman for the Snowdrop Campaign – the anti-gun group set up in the wake of the Dunblane massacre – and Sister Rita Dawson, who manages one of Scotland's first hospices.

At the award ceremony Anne was presented with an engraved silver rose bowl – a replica of which, she will be given to keep when her year is over.

As the search for her successor gets underway this month *GUIDING* found out how the experience of winning the award has affected this 41-year-old unassuming Guider.

'When I was first told that I'd won I was really embarrassed. After all, I'm only doing my job,' Anne said. 'Even now, I find it much easier to think of it in terms of being a representative of teaching and Guiding in Glasgow – rather than for me personally.'

She was not altogether comfortable being the centre of attention at the award ceremony. 'The lunch was wonderful. I found it quite difficult being on the top table –

Super-Guider: Anne McKelvie surrounded by some of the Guides and Rainbows from her two successful units



EVENING TIMES, GLASGOW

but it was fun as well,' she said.

With characteristic modesty she admits only that her husband was 'quite happy' that she won.

The award gave recognition to the many different ways in which she works with young people. Anne has taught physics at the same secondary school – Woodhamfarm High School in Thornliebank, near Glasgow – for the past 20 years.

She coaches a boy's football team, gives extra tuition to pupils and is on hand to listen to their problems. It was one of her pupils – who Anne had helped through a difficult time – who nominated her for the award.

She feels that children today are under a lot more pressure than they were 20 years ago. The demise of the extended family, she believes, means that children don't always have relatives they can talk to as 'teachers and youth workers are often the first to spot problems'.

She understands the pressures on parents too: 'If I had children of my own I wouldn't be able to do as much,' she said.

Anne's involvement with Guiding goes back a long way and has always taken place within the same area. She started as a Brownie at the age of seven and moved on to become a Guide. When she went to university she even managed to find the time to help out at the Brownie Pack she had attended herself.

She is presently Guider for the 134th Glasgow Guide Company and Rainbow Unit who meet at Cathcart Old Parish Church, where Anne is also an elder. She enjoys all aspects of Guiding.

'I like seeing the girls progress through the sections,' Anne said.

'It's especially rewarding to see the Rainbow Guides come in at five and then go on to Brownies at seven, having learned a range of new skills.'

Although she will try her hand at virtually

great scot!



EVENING TIMES, GLASGOW

All smiles: Anne McKelvie is happiest when helping others

anything, there are some areas she prefers to delegate to her Young Leaders. 'The Guides are very interested in dance, but I'm not very good at it, so I leave it to the others,' she admitted.

The public perception of Guiding gives Anne cause for concern. 'I do sometimes get annoyed that Guiding is seen as middle class and old-fashioned. The skills that we teach have been updated and are relevant to everyday life,' she insisted.

It has been suggested that she use the interest aroused by the award to promote Guiding, but Anne is unsure, confiding: 'I expect I'll do things if I'm asked, but I don't like blowing my own trumpet.' So, it's fortunate that there are others who are only too happy to do this job for her. ■

The sterling work of one Guider has been recognised by the readers of a daily newspaper

By Jan Clampett

image cons

The Guide Association is looking at why girls leave Guiding... and how to stop them

As part of its long-term planning strategy, The Guide Association asked two academics – Geoff Nichols of Sheffield University and Lindsay King of the University of Northumbria, Newcastle – to carry out research into several key areas. These were:

- The continued drop-out rate as Brownies move on to Guides and in the Guide section.
- To identify the training needs of Unit Guiders and ways in which these could be met.
- The Association's image as seen by the general public, young people and Guides.
- The various ways in which Guiders are recruited, managed and supported.
- To evaluate the communication between Unit Guiders and CHQ.

In the first of a series of articles based on their findings, they concentrate on the drop-out rate, although all the aspects covered are interrelated.

The results show that The Guide Association faces some serious challenges to remain relevant and attractive to girls and young women. But they also established that the Association has considerable strengths, which include the loyalty of the members and its own ideals.

Research conducted in 1997 examined why Guiding has less appeal to older girls and why it is losing popularity overall.

At eight, 31 per cent of the female population are members of The Guide Association, but this drops to only 2.4 per cent at 15. Apart from Rainbow Guides, the proportion of girls at any given age who are in Guiding has fallen steadily since 1988.

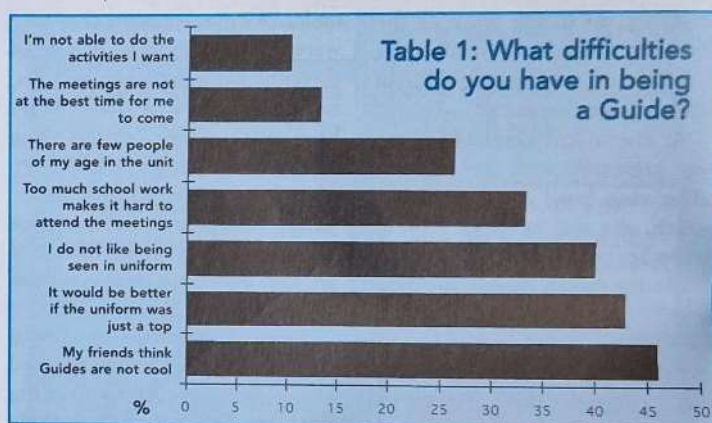
When 278 girls who had left Guiding and their parents completed surveys, the most important reasons given for girls leaving the Association were: Guides/Brownies did not offer the

activities they wanted; the opportunities offered for activities by other organisations; and that they had too much school work.

A survey of 891 current Guides revealed that the major difficulties they had in being Guides were related to the image of the Association and their friends' attitude. They were asked: 'What difficulties do you have in being a Guide?' See table 1 for their replies.

Out of 4,188 schoolchildren contacted, girls that had left Guiding were less likely than other children to think 'Guides do exciting things' and that 'Guide Leaders help Guides to do the activities they want to do'. They were more likely to believe that 'the Guide uniform is out of date' and that 'being a Guide is not good for a girl's image.'

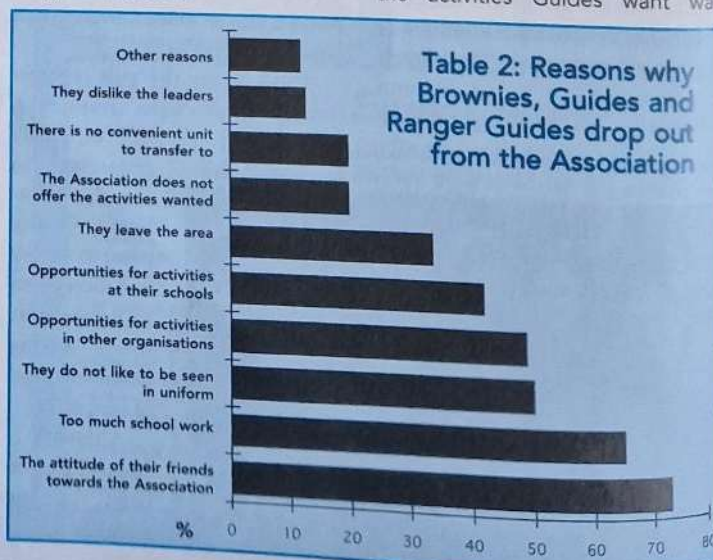
Overall, the main reasons for girls leaving were that they could not do



When leaders were asked about what they thought made girls leave Guiding, 73 per cent of the 1,494 Guiders surveyed said it was their friends' attitude to the Association. They were asked: 'Why do Brownies, Guides and Ranger Guides drop out from the Association?' Their replies are given in table 2.

the activities they wanted to and the image Guiding had among their peers. Other reasons were competition from homework, activities provided by other organisations and a lack of convenient units for moving from Brownies to Guides.

The ability of Guiders to provide the activities Guides want was



ultants

constrained by the time they had to give and the need for specialist skills or training. New regulations, such as those for Walking Safely, illustrate the delicate line the Association has to draw between meeting public demand for safety and Guides' demand for excitement.

They can also undermine a Guider's belief in her ability to do the job. One Guider commented: **'...in one quick swoop they took away our confidence in taking children out because then we suddenly thought "Oh what if something happens to them". This year we're going for our Pack Holiday to Edale and I think we'll just look through windows.'**

It emerged that lack of leaders makes it difficult to offer activities that maintain the interest of the whole age range of girls. This, in turn, could lead to the situation described by a parent of a girl who had left: **'The programme did not differentiate between 10-year-olds and 14-year-olds, so the older girls were not sufficiently challenged and, sometimes, the 10-year-olds were overwhelmed'.**

In some cases there may be a gap between what girls want and what Guiders try to provide. Overall, leaders of the older age groups are more likely to adopt a style of leadership that encourages girls to take responsibility for programme planning and are, therefore, more likely to maintain their interest.

This method means that Guiders have the skills to encourage girls to put forward their own ideas, but may experience difficulty putting them into practice: if there are not enough leaders; if there are few older group members; or if Guides are just reticent in saying what they want.

Leaders may have to be prepared to compromise between what they would ideally like the girls to do and what the girls want to do themselves. And it isn't easy to get the balance right. Guiders may feel

that the programme should be full of activities that provide opportunities for young people's development but, in adolescence, this development can also occur through less-structured opportunities for social interaction.

Perhaps the programme should give girls a chance to discuss ideas and feelings with each other in a more informal manner, as this is what a lot of young people spend their time doing. Guiding could offer a place to talk, as well as providing more active pursuits.

Responses to the survey identified peer group pressure associated with the image of the Association as the most important factor that made girls leave. This led to a reluctance to wear the uniform in public. A young Guider remembered how: **'...when I was a Guide other girls in school said "Why are you a Guide? You look stupid in that uniform."... sometimes I thought that maybe I should give up... I kept going, but some girls who are not strong will not'.**

Many examples were given of girls that had gone through a similar experience and some that had left. One leader recalled: **'This business of being made fun of for being in Guiding has been going on for years, you know. My daughter is 30 and was a Queen's Guide. At her school they held a memorial service on Remembrance Day and she was asked to get other Guides to lay the wreath. Not one of the girls would join her.'**

Thus the 2.4 per cent who remain members at age 15 have to be particularly strong willed to run the gauntlet of public opinion. Guiders felt that CHQ should be more active in promoting a positive image of Guiding through the media, especially in rapid response to any adverse publicity.

One asked: **'Why are we not portrayed in the modern image? We really need far more support**

on PR and image. Even my own friends don't know the time I spend on Guiding.'

A better public image would not only help girls to stay in the Association, but it would give leaders a greater sense of pride and public status for their voluntary work.

While homework and other competing opportunities for leisure time contribute to the drop-out rate from Guiding, the major reasons are the lack of activities to keep members' interest and Guiding's image. These problems must be addressed if Guiding is not going to continue to lose members.

The drop-out rate from the Association is linked to the shortage of leaders; the need to make more effective use of potential voluntary help, especially to offer specialist activities; leadership training; the balance between public concern for safety and providing exciting activities; and the need to make the Association relevant to girls today. These issues will be discussed in future articles.

● Geoff Nichols and Lindsay King point out: **'While the results reported are from the research, interpretations and implications drawn from them are ours. We saw them as a basis for discussion — not a statement of policy. We thank all those who took part in the research, especially the Guiders who completed questionnaires, passed them on to girls that had left and met us in their Districts.'**

Methods Used

Postal questionnaire surveys were sent to Unit Guiders, Guides and girls who had left the Association within the previous year. Samples were taken from seven Counties across the UK. In each County the County Commissioner was interviewed along with Guiders from a particular District. MORI was commissioned to conduct surveys among the general public and with pupils aged between 11 and 16 to examine the Association's public image.

Fact File

- In 1996 there were 331,677 Brownies compared with 349,563 in 1993.
- There were 204,482 Guides in 1993 but only 161,834 three years later in 1996.

CUT OUT AND KEEP FOR REFERENCE

THE TUSSAUD'S GROUP SPECIAL OFFERS FOR 1998

NO MINIMUM NUMBERS

TICKETS NON REFUNDABLE - USEABLE ANYTIME DURING 1998



MADAME BAKER STREET -
TUSSAUD'S LONDON

Accept an invitation to the stars and join one of the hottest gatherings in town - Arnold Schwarzenegger, Joanna Lumley and Linford Christie - you'll meet them all.



Meet Royalty and statesmen in our newly refurbished Grand Hall.

Have your picture taken with Scout founder Lord Baden-Powell.



Dare you brave the notorious Chamber of Horrors?



Journey through London's past on the spectacular Spirit of London ride.



THE
— LONDON —
PLANETARIUM

Launch on an inter-galactic trek across the Universe in Planetary Quest - a breathtaking journey through the eyes of a space traveller.



COMBINED ADMISSION TICKETS

CHILD (under 16) **£5.75** (normally £7.55)

ADULT **£8.95** (normally £11.50)

WARWICK CASTLE

Warwick, Warwickshire

Warwick Castle with its magnificent Towers and Ramparts, offers visitors over 1000 years of English history

The chilling Dungeon contrasts with the elegant splendour of the State Rooms, baronial Great Hall and the Victorian 'Royal Weekend Party 1898'. Visitors can experience the sights and sounds of mediaeval life in 'Kingmaker, a preparation for battle'.

Open Every Day except Christmas Day
10am - 6pm (5pm November - March)

OFF PEAK CHILD £4.80 ADULT £8.25

PEAK CHILD (4 to 16 incl.) £5.00 ADULT £9.00

TO
OBTAIN
YOUR TICKETS
WRITE TO

Leicestershire Scout Council, Winchester Road,
Blaby, Leicestershire LE8 4HN (Tel. 0116 277 8998)
OR

Nottinghamshire County Scout Headquarters, Valmont House, 2 Valmont Road,
Sherwood, Nottingham NG5 1GA (Tel. 0115 952 3617)

* Make cheques payable to 'N. & L. Scout Events' and please enclose a stamped addressed envelope.
Credit Card facility available, with a small handling charge - Telephone 0116 277 8998

FOR ALL SCOUTS, GUIDES,
CUB SCOUTS, BROWNIES,
FAMILIES AND FRIENDS



Alton Towers

Where The Magic Never Ends!

1998 will see the opening of the most technologically advanced thrill ride in the world. The launch of this world first rollercoaster promises the most physically and psychologically challenging experience.

With £12m of investment, it will make even its awesome sister on park, Nemesis, seem tame! McDonalds, Pizza Hut & KFC....yes they are now all located within Alton Towers "providing Best Brands at High Street Prices".

Children are spoilt for choice with two specially themed areas just for young visitors and over 25 rides and attractions for under 8's. A long time favourite for children, 1998 will see Peter Rabbit & Friends skate in a new story line, featuring Benjamin Bunny and Beatrix Potter.

CHILD (under 14) **£11.25** (normally £15.50)

ADULT **£13.00** (normally £19.50)

NEW FOR 1998 Visit Rock Circus - the world's



greatest rock and pop experience set in Piccadilly Circus. Guided by personal infrared stereo headphones. New Music Revolution Show finale, where the world's greatest artists perform before your very eyes.

ADULT **£6.20** (normally £7.95)

CHILD (under 16) **£4.70** (normally £6.00)

A grant of over £63,000 from the National Lottery helped Leeds County replace an ageing hut with a smart new building. County-wide fund raising made up the balance.

The Chief Guide, Bridget Towle, was guest of honour at the opening of the £145,000 building at Robin Hole, Burley Woodhead.

Set in beautiful countryside, the site had been used since 1921. In 1933 a wooden hut was erected to provide shelter and to store camp equipment. Toilets and basic cooking facilities were later installed.

In 1967 a charitable trust purchased the site for Leeds County. Money that had been raised by the County was invested to cover maintenance costs.

The site has been used for international camps and training events. But, in 1996, a survey showed that the hut was coming close to the end of its useful life. Members were consulted, and it was decided that the existing building should be demolished and a new one erected.

The County said goodbye to the hut in October, 1996 when, according to Leeds PRA Lynne Reid,

much reminiscing was done.

The new stone building has access for the disabled, central heating, a big activity room, a large fully-equipped kitchen, toilets and showers, a 'veranda', 22 bunk beds and a four-bed Guiders' room.

To mark the official opening, a special RHINO – Robin Hole Is Now Open – weekend camp was enjoyed by members from all over the County. On the Saturday some of the Leeds Rhinos' rugby league players visited the site.

Next day Bridget Towle and North East England Chief Commissioner Jenny Leach performed the opening ceremony. They toured the site accompanied by County Commissioner Ruth Spencer. Rainbows and Brownies were invited to enjoy the excitement of the occasion.

Ms Towle praised the County for its vision in producing a building of which all in Leeds could be proud.

Jenny Leach and Bridget Towle planted a tree to mark the occasion,

while inside the building the Chief Guide unveiled a commemorative plaque. Presentations were made to key committee workers.

Lynne Reid said: 'It was a lovely day, which we will all remember. Leeds County now looks forward to a new chapter in the history of Robin Hole.'

● To book, contact; Miss Andrea Hanson, 1, Burton Court, Burton Crescent, Leeds, LS16 4DN. Tel 0113 275 7292.



The future's looking bright for Leeds' camp site

Aren't they nice? The Chief Guide accepts a posy from a bashful Rainbow Guide

unit accounts

Clarification has been received by the Association from the Charity Commission for England and Wales that all Guide units in these countries – regardless of size – who are preparing year-end accounts in the form of a *Receipts and Payments Account* must also prepare a *Statement of Assets and Liabilities*.

This means that all units with an annual income of less than £1,000 will now have to provide a *Statement of Assets and Liabilities*. They are not exempt as previously was suggested.

Do not be concerned if your unit's income is below the £1,000 threshold, and you have already sent your District Commissioner year-end accounts for the last finan-

cial year without the statement.

However, you should now prepare the statement to go with those accounts because, if you are asked for a copy of the accounts by anyone else, the statement must be a part of them.

There is no need to forward this statement to the District Commissioner but, in the future, a Unit Guider will need to ensure that a statement is included with the accounts, when they are submitted to the District Commissioner.

The requirement is for a simple list of significant possessions and any debts – such as unpaid bills or expenses, or loans not yet repaid – which may exist at the end of the year. There is no set format for this list, but you may wish to prepare it along the lines of the specimen form included in the *Unit Accounts Pack*. It should include:

● **Cash and bank balances** — these will be the same figures as are already shown on the *Receipts and*

Payments Account as the year-end balances, if the *Unit Accounts Pack* format is being followed.

● **Equipment and other assets owned** — land or buildings, investments, and any valuable equipment should be recorded; equipment under £100 is unlikely to be significant. Anything which is specifically insured should be included at its insurance value. Cost or current value need only be shown, if it is known. This may apply particularly where a unit owns land.

● **Other** — other amounts which are either owed to the unit or owed by the unit at the year end.

The above requirement is a change to the detailed guidance on keeping unit accounts and preparing year-end statements, which was included in the copies of the new *Unit Accounts Pack* sold up until November. The current version of the pack incorporates this change. ■

News of a change in the advice given on preparing accounts

By John Platt
Head of Finance

training news

Waddow — 01220 423186

Programme ideas for Rainbow, Brownie and Guide Guiders, including crafts

..... March 16-19
Crèche available, if required.

Easter frolics

..... April 9-13
For Guiders with or without Guides.

Programme ideas for Rainbow, Brownie and Guide Guiders, including help with accounts

..... June 23-25
Midweek training — crèche available.

Local history holiday

..... July 25-31
Come and find out about the wealth of history in and around Waddow.

Guide activity week

..... August 1-7
An exciting week for Guides.

Walking week

..... August 8-14
Walking for all abilities. Open to Guiders, Trefoil Guilds and families.

Holiday time

..... August 15-27
For Guiders, Trefoil Guilds and families. Do your own thing and/or take part in the organised programme.

Hautbois — 01603 737357

Spring into action

..... April 3-5
A weekend for those who are new to Guiding. It is designed to help with adult leader training, as well as giving ideas to include in your Rainbow, Brownie or Guide unit programmes.

Rainbow Guiders training

..... July 3-5
An action-packed weekend training guaranteed to be full of ideas for your unit meetings.

Family camp

..... August 8-15
An opportunity for all the family to

enjoy the out-of-doors at Great Hautbois House. Booking is essential.

Foxlease — 01703 282638

Leadership for Young Leaders

..... April 9-13
Young Leaders — spend Easter with like-minded young women, learn some leadership skills and have fun.

Outdoor skills — wide games, pioneering, walking

..... April 9-13
Learn the skills needed for pioneering projects, try out wide-game ideas and enjoy walking in the forest. A reduced rate will be offered to husbands/partners/friends interested in joining a work party.

Brownies and Guides : ideas for small units

..... April 24-26
A training offering encouragement for Guiders running small units to explore ways of enriching the programme.

Outdoor activities for the unit meeting

..... May 29-31
All sections.

Action Plus! camp

..... June 19-21
Send for details of this very popular camp for your Action Plus! group.

Lorne — 01232 423180

Ulster Folk badge

..... March 13-15
Sights, sounds and tastes of Ulster. Take a new experience back to your unit.

Rainbow Guiders

..... March 20-22
An action-packed weekend — one not to be missed.

Musical madness

..... May 8-10
A weekend of musical fun for everyone — you don't have to be an expert.

Camp craft & pioneering

..... May 29-31
A limited number of places available. Book now. Indoor accommodation outdoor activities.

Broneirion — 01686 688204

Llaw yn llaw celebration event
..... July 27-August 1

For Guides, Senior Section or older members with or without disabilities. Dance, drama, music, crafts and other fun activities.

Walking holiday event

..... August 5-12
Bring your family and friends for a few days walking or just relaxing. Organised walks available every day.

Netherurd — 01968 682208

Towards training

..... April 10-12
A 'no strings attached' opportunity for anyone interested in working towards gaining a training licence. Find out what becoming a Trainer involves, explore your own potential and what skills you have which count towards the Training Licence scheme.

Guide event

..... April 13-16
Celebrate Easter at Netherurd. Open to anyone in the Guide age group. This is the first of three holiday week programmes on offer exploring the Guide programme inside and out. Guides will find this event full of fun and adventure.

Arts for all

..... May 1-3
As the title suggests, this weekend is open to everyone. Come as a District, or Guiders bring a Patrol, girls bring your mums and grannies — or just bring a friend. From painting to marbling, encaustic art to quilling, this relaxing weekend is certain to appeal to all ages and tastes. Book before March 20 for a 10 per cent discount.

Outdoor qualifications weekend

..... May 29-31
Open to Guiders and Patrol Leaders who would like training on, or to be tested for, various outdoor qualifications. Walking (Advanced), water safety, canoeing, Brownie and Guide camping, Brownie Pack Holiday, Guide holiday, Patrol Camp permit, first aid, health and hygiene, 1st response and food hygiene.

It may be possible to help you make contact with others travelling from your area to any of these trainings. Please telephone or write to the Manager of the appropriate centre. For further details or to apply, ring the Centres' numbers listed on page 52.

official

magic moments

By Ann Jones

There's no question... a live performance beats films, TV and video every time. There's nothing like real, live people on a real, live stage to get the adrenaline flowing — whoever the performers, and whatever size the audience.

Whether it's Kenneth Branagh at Stratford, Pavarotti at La Scala or the 2nd South Speldwood Guides at the British Legion Hall, Upper Clegthwaite — there's no business like show business. It's magic. A magic that touches both performers and audience. And not only them.

When it's a Guide show, the indescribable bewitchery lays its fingers on a group of people only mentioned when the show is almost over — the Guiders.

Of course, if asked, Guiders would deny being possessed of any such thing. 'We just like to do our bit,' they'd say. 'Anything to help, anything at all... only too pleased. But magic? Oh come, now.'

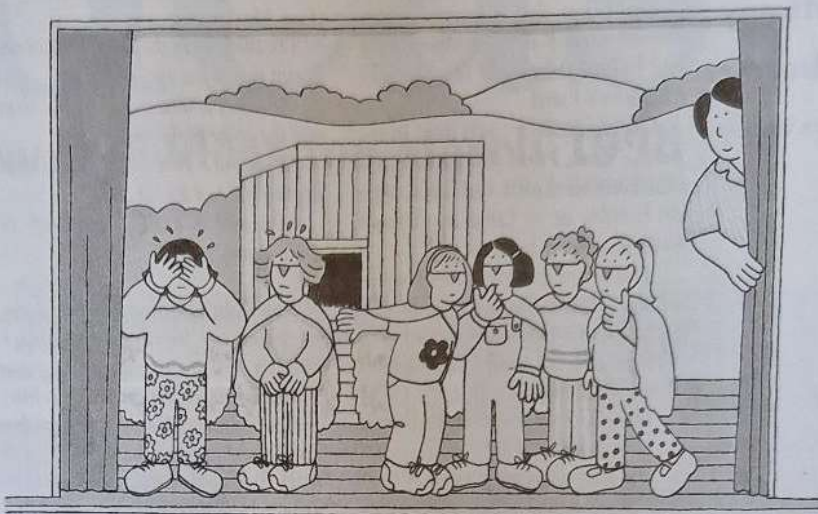
But they wouldn't be able to do the grand job they do — wouldn't even try to, in fact — without a secret but firm conviction that they do possess one singular magical power. That of becoming invisible.

Even the audience don't realise this at first. They think they can actually see Brown Owl when she miraculously appears (stage left) sorting out a little local difficulty in the Gnomes' *Daddy wouldn't buy me a bow-wow routine*.

It's all over in a flash. A few brief words, a judicious shove and she's gone, and the Gnomes are back as if nothing had happened.

An item or two later, six minuscule Rainbows are chirruping happily away about a little black hen-penny when, suddenly, the end Rainbow bursts into tears. The next Rainbow along joins in and the song grinds to a halt.

Meanwhile, the rest of the Rainbows go into a huddle to debate whether it was Emma pinching her that started Felicity off, or if, spotting Mum and Gran waving in the



front row, she simply lost her nerve.

From the wings strides a Guider. We can't hear what she says but it is clearly meaningful. Tears dry up, the huddle fans out and little black hen-penny clucks again.

And so it goes on. When Angela forgets the words of *Cargoes*, the book appears at her elbow, open at exactly the right page. Almost before the bow flies out into the audience it's back in the violinist's hand with barely a pause.

Should the curtain suddenly descend halfway through the Elves' comedy sketch felling the infantile lead, her equilibrium is restored with a clean hanky and a Smartie.

And, of course, it is none other than those invisible Guiders who have kept everything running so smoothly. They wait in a state of constant vigilance to assist, adjust, prompt, tie up, mop up, hold down, kick the microphone... whatever the calamity may demand.

I've finally figured how they remain invisible. It has to do with the walk. In order to appear unseen, they crouch down, bend their knees and take those long, gliding steps usually only seen on *Come Dancing*. It's like

a cross between Jane Torvill and Groucho Marx. On the principle of mind over matter, they believe this renders them invisible to the naked eye. And it does, it does! ■

The Once Upon a Time Place for Happy Ever After People



Ideal for Brownie and Guide outings.

Set in 28 acres of spectacular scenic beauty on Royal Deeside. There are over 100 life size models of all the nursery rhyme characters old and new. At McDonalds farm yard there are many live animals.

Just off South Deeside Road, Aberdeen
Only 6 miles west of Aberdeen on the B9077.

Tel: (01224) 732941

The Spectacular Family Theme Park,
Maryculter, Aberdeen.

■ a personal view ■

For some of
our children
life never
gets any
better

By Nora Warner

Cocooned in our cosy lives, it's all too easy to believe that our fellow citizens share in the comfort we take for granted. And then something happens to make one stop and really think.

The other day, a special letter arrived on my desk bringing love and best wishes from the Stepney Children's Fund.

Last summer – as it does every year – the Fund helped 1,000 disadvantaged girls and boys to go on holiday or to camp away from their inner-city homes.

The letter simply quoted some of the children's comments and I know the Director, Bob Le Vaillant, won't mind my sharing them with you.

Here's just a few that hit home:

'I'd love to go every year. When I say every year I mean every single year until I die.'

'I went to anuvver country called Taunton!'

'Thank you for showing us pear trees, apple trees, chestnut trees, oak trees... we saw flowers and squirrels, we saw Christmas trees.'

'They turned the telly off.'

'She never sweared — and she didn't drink.'

'She was a bit of a cow to make me go to bed at 'alf pars nine, but I didn't 'alf sleep good!'

'The boys was different, sorter clean-like.'

[To the man of the house] 'Does the Social know you're 'ere?'

'She was a nice lady but she slept wiv the same bloke every night.'

'They put a sheet on the table. And the bog roll 'ad an 'at on it.'

'If I had a wish, I will wish to come again.'

Bob didn't bother to remind me to count my blessings. He didn't need to.

In his annual report that accompanied my letter, Bob reflects on the Fund's struggle to make life just a little better for the children of Tower Hamlets, where two out of every three under-15-year-olds live in 'measurable poverty'. And where, he points out, 'many face lives of multiple deprivation'.

Like the proverbial Dutch boy seeking to plug the dyke, the Fund valiantly tries to respond as positively as possible to referrals and

direct pleas for help 'from parents whose lives and hopes have been shattered by every form of abuse, humiliation, domestic and other personal or family upheaval'.

And yet, as Bob freely admits, they have not been able to reach all those who need help, including younger children relentlessly moving into the same spirals of poverty and despair.

As well as outings, the Fund provides equipment, uniform and membership costs for 152 children. It also provides drop-in facilities; runs befriending schemes; gives emergency grants; sponsors four local Guide units and backs the Guide Docklands Development Project catering for over 200 girls, young women and leaders.

All this excellent work devours money and raising enough cash to keep going is a constant worry. If you would like to support the Stepney Children's Fund, or contribute to the development of Guiding in Tower Hamlets, give Bob a ring on 0171 247 6945. Or you could write to him at Toynbee Hall, 28 Commercial Street, London E1 6LS. ■

IN APRIL'S GUIDING

Action girls

Don't miss a chance to find out about the project that took one Guide unit to the final of a challenging environmental competition.

Mother knows best

Sally McMath was 'dragged' into Guiding by her mother and is still involved — 35 years on.

Guiding through the web

Surfing the Internet should be easy... and safe. We share some

basic safety guidelines that will help to keep it that way for you.

Rising to the challenge

Discover how one County regularly puts its girls to the test, and how, last year, the organisers faced a challenge of their own.

Cut above the rest

One brave Guider bared all in order to help a Young Leader get ahead with her fund raising.

You shall go to the camp

Continuing our series of themed Pack Holidays, this year's camp

could be more of a performance than usual — if you use our pantomime ideas.

Under the influence

We look into the 'live issue' of drugs and help you — and your girls — to find out the hard facts about their effects and consequences.

Fast food

Your girls will cook up a storm at camp — though, hopefully, not literally — with our simply-prepared meals that will leave campers plenty of time for fun.

IN APRIL'S BROWNIE

Fairweather friends?

Your girls can find out just how good a friend they are by answering the questions in our special quiz.

Happy hols

One Pack share the excitement and happiness of their super summer camp in our photo diary.

Things to make

Grow your own — Easter bonnets, that is, and let your Pack meetings blossom by making our family trees.

Mind-boggling puzzles

Will your Brownies be able to hunt the hat; find the eggs; or match the daughters to their mums?

Storytime

When Abigail's new baby brother

starts to keep her awake at night, she isn't very pleased.

Goodies galore!

We've loads of give-aways: Barbie organisers, Dylan fabric paints, Princess Polly collections...

Playing the fool

The girls can try out some of our fun tricks to tease their families and friends on April Fool's Day.

ideas

Programme ideas for March 1998

idea of the MONTH

How much attention does

your unit pay to local museums? If even the word museum provokes yawns and grimaces among your girls, then it's up to you to show them how museums really can be fun.

However, do make sure that you don't make the mistake of visiting a large museum and trying to tackle everything at once — that can only lead to disaster and boredom.

Before setting off on your expedition, decide which particular areas of your chosen museum you most want to see. Pick exhibits which you know will appeal to the girls. Stimulate their interest by preparing for the visit carefully.

Set an observation quiz with questions suited to the age group of the unit. For example, Rainbows at a costume museum could be given pieces of coloured paper and then asked to find dresses or hats which match their particular colour.

Rainbows, Brownies and even Guides will also enjoy looking for things such as the oldest exhibit in the museum, as well as the newest, the smallest, the tallest and so on.

Many museums will also supply worksheets for girls to complete, but do check that they are not too like schoolwork. You may even like to take the time to prepare a treasure hunt in which clues lead them from one exhibit to another.

Town units will probably have little difficulty in locating a museum to visit — keep your eyes open to find a free or very cheap one. Rural units may not have as wide a choice.

However, you might be pleasantly surprised by a trip to the local information centre or library. The staff at such institutions will be able to tell you about museums and exhibitions, as well as other places of special interest.

Useful suggestions for Guiders of all sections

By Georgia Fielding



The Guide Heritage Centre is one museum that is never dull!

idea

Encourage the girls to save 1p each day for a set period. Pool all the cash collected and then treat yourselves.

ideas for...

Rainbow guiders	34
Brownie guiders	38
Guide guiders	42
Ranger guiders	46
Young leader guiders	47



idea

Don't forget to pamper mums on Mothering Sunday — March 22.

ideas for all...

Topic of the month	32
Theme evening	35
Out and about	36
Pack Holiday on a plate	40

idea

Use photos from travel brochures to make collages showing a dream holiday.



help for all...

Smoke-free zone	39
Flying the flag	43
Lone guides	44
Foam fun	48



topic of the month

Sweep away the cobwebs and brush up some new ideas, we've got plenty of handy hints to help you spring clean your programme

By The Trainers' Support Group, Newcastle upon Tyne
Illustrations: Alison Carney

Spring-clean the past

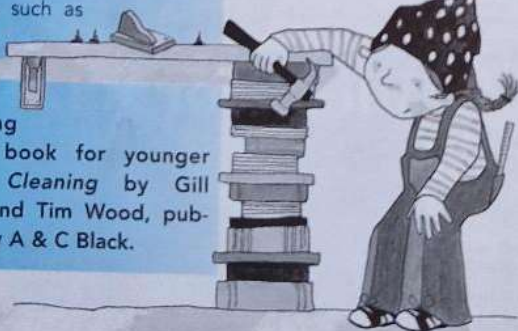
The art of spring-cleaning has changed quite dramatically in the last 150 years. Can your unit recognise the appliances that their great-grandmothers would have used to clean their homes?

Show younger girls a doll's house or pictures of the interior of a Victorian house. How did wealthy people manage to keep their rooms clean?

Ask a nearby museum if you can borrow items such as a carpet beater, a flat iron, blacklead and so on. The girls can then learn what they were used for. You may even be able to visit a museum to see appliances such as these in action.

■ Try to borrow the following fascinating book for younger children: *Cleaning* by Gill Tanner and Tim Wood, published by A & C Black.

R S
suitable for
B G



Mrs Mop

Play this listening and running game to get the girls really warmed up for a spot of hall cleaning.

Divide the group into teams of equal numbers. Give each girl the name of a different cleaning utensil or material — such as a duster, polish, vacuum cleaner and so on.

Tell the girls a simple story about Mrs Mop, and her mammoth spring-clean. Every time you mention a cleaning article, the girls with that name must run to the end of the room and back again. When ever the word 'spring-cleaning' is mentioned, the whole group must run to the end of the room and back.



Handy-helper's song

Movement, music and mime are all included in this handy-helper's song for Rainbows.

All the girls hold hands in a circle and dance round to the following song, the tune is the one used for *Here We Go Round the Mulberry Bush*:

■ This is the way we help at home,

Help at home, help at home.

This is the way we help at home, As Rainbows love to do.

Make up more verses, complete with appropriate actions. For example, 'This is the way we wash the clothes,' the girls mime the actions while singing the rhyme.

R S
suitable for
B G

Mole's clear out

Younger girls will love the opening of the classic tale — *The Wind in the Willows*. In the beginning of the story, Mole starts to spring-clean his home.

Ask the girls to act out the spring-cleaning scene. You can also challenge them to find out the ways in which different animals keep themselves and their homes clean!

R S
suitable for
B G

Spruce up for spring

Have a good look around your meeting place to see if there are any repairs to be done or improvements to be made this spring.

Set to with your screwdrivers, hammers and nails. Repair doors and cupboards, the girls can even put up new shelving, if it is needed. Finally, give your hall a lick of paint to see it through to next year.

R S
suitable for
B G



Just for Guiders!

Just in case Guiders feel left out, here are some ideas to inject some spring sunlight into your unit programme.

Take a look through your programme book. If all your meetings begin in the same way, do something unexpected for a change. Try leaving a coded message or a mystery trail about the hall for the girls to follow.

For those of you who feel that your Eight Point material is jaded and boring, shake yourselves up with a new challenge.

Make sure your girls know about the opportunities available to them at Division, County and Regional level.

You should also make sure that older girls take a look at some of the new, exciting Guide Association resource packs available, such as *It's My Life* and *Girls Get Real!*

■ Recycle all the irrelevant bits of paper lurking in your files and hall cupboards.

■ Clear away the clutter that you accumulated last year.

■ Check all your outdoor equipment.

■ Brush up your own leadership skills and attend a training.

Clean sweep

Brush the floor until it sparkles with this fast moving, clean-sweeping game especially for older girls.

The girls scatter around the room. One is chosen to be 'It' and holds a sweeping brush which is not allowed to lose contact with the floor.

The girl must chase the others, trying to sweep their feet. As soon as a pair of feet is touched with the broom, the broom is dropped and the girl who has been caught picks it up. Carry on until everyone is exhausted!



R S
suitable for
B G

Spit and polish

Encourage younger girls to think about appropriate cleaning methods with this running-around game.

Label three different corners of the room 'Vacuum', 'Polish' and 'Wash', respectively. The girls stand in the remaining corner of the room.

Shout out an item in the home that can be either washed, polished or vacuumed. The girls must then run to the appropriate corner. For example, pots and pans are washed; the living room carpet is vacuumed and tables are polished.

R S
suitable for
B G

Brush up your unit's ideas

Set your unit a series of challenges which will help them to expand their physical and mental skills!

Try these suggestions to start with and then add your own ideas to the list.

- Apply to go to an international event.
- Start work on a level of the Duke of Edinburgh's Award.
- Consider what effect the Promise has on your way of life.
- Use a time plan to examine and improve your daily routine.
- Visit the theatre.
- Read a book.
- Develop helicopter vision — an overview of your life at the present time and in the future.
- Hold a healthy herbivore night.

R S
suitable for
B G

I

D

E

A

S

Guess what?

Ask the girls to guess what the mime is, with our spring-cleaned version of that old favourite — charades.

Make a list of lots of different activities that are connected with cleaning. For example, you could choose: dusting; polishing; mopping the floor; washing the car; cleaning the toilet and so on.

One girl is shown an action from the list. She must then mime it to the rest of the group. The girl who guesses the action correctly, takes the next turn.

■ For older girls, make the actions more elaborate.

R S
suitable for
B G

Wash-day blues

Domestic washing machines and tumble dryers mean that wash-day blues are almost a thing of the past.

If possible, introduce the girls to twin tubs, dolly tubs, washboards and mangles. Then find out about an old-fashioned wash day.

Grandparents

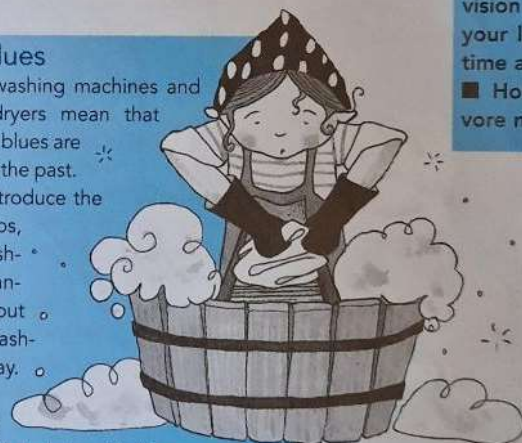
should be able to help with this one.

R S
suitable for
B G

Section key

- R Rainbows
- B Brownies
- G Guides
- S Senior Section

If the activity is suitable for your section it will be highlighted in black



Whiter than white

Many girls will be soap fans — that is they tune into Coronation Street, EastEnders, Home and Away... to name but a few television soaps.

But did you know that the name 'soap' originated because it was the detergent manufacturers who used to sponsor the programmes?

■ Challenge the girls to make up and perform their own television soap-powder advert.

R S
suitable for
B G

Dream room

Ask the girls to redesign their bedrooms. Rainbows could simply paint a picture of their dream rooms.

Older girls could make models of their dream rooms, including ideas for paint, fabric and wallpaper samples.

R S
suitable for
B G



rainbow guiders

Celebrate the coming of a new season with some topical crafts, games and activities, based around spring animals and flowers

By Sarah Thurlbeck, Liz Duffey and H. Bailey
Illustrations: Julie Morris

Spring babies

Start the meeting with this spring babies game and encourage the Rainbows to talk to other girls that they don't know very well.

Divide the group into two. Give one half of the girls the names of common animals and the other half the names of their offspring. The girls should then run around the room trying to find their partners.

- Cat – kitten.
- Cow – calf.
- Pig – piglet.
- Dog – puppy.
- Duck – duckling.
- Fox – cub.
- Sheep – lamb.



On our farm

Finish your meeting with a brand new version of Old MacDonald's Farm – adapted to Our Rainbow Leader!

Sing four verses of Our Rainbow Leader Had a Farm, including the animals – lambs, piglets, ducklings and puppies.

Divide the girls into four groups and each group can make one of the different animal noises.

Daffodil egg cup

Any friend or relative will be pleased to receive a pretty daffodil egg cup as a surprise gift.

You will need: egg boxes; paper or thin card; green sticky tape; yellow and green paint; paint brushes; drinking straws; scissors; PVA glue; one chocolate egg for each Rainbow.

Each girl needs two sections from the bottom of an egg box. One should be painted green and the other yellow.

Cover a drinking straw with green sticky tape. Make a leaf from paper, paint it green and stick to one end of the drinking straw.

Cut six petal shapes from paper and paint them yellow. Glue them on to the closed end of the yellow egg section. You should now have quite a convincing daffodil head!

Tape one end of the drinking straw stalk to the daffodil head and one end to the green egg cup. For a final touch, put a chocolate egg into the green egg cup.



Hoppity rabbit

Rainbows will love playing hoppity rabbit which is an energetic and unusual variation of tag.

Using chalk or rope, mark out a large circle – or rabbit warren – in the middle of the room.

Line up the girls on opposite sides of the room.

Two Rainbows are chosen to stand in the middle of the circle. When the two girls are in their warren, they can stand on two feet. If they leave the warren, they must hop on one leg.

When the game starts, the girls on the opposite sides of the room hop on one leg to the other side. The girls in the circle must try to stop the others crossing by tapping them lightly on the shoulders.

Any girl who is caught must stand in the warren. Keep going until all the hopping Rainbows have been caught.



Ideas for spring meetings

- Hold a decorated hard-boiled egg competition.
- Have your own Easter bonnet parade.
- Make a bunch of spring flowers from tissue paper.
- Make a card for Mothering Sunday which falls on March 22.

Chocolate chick nests

You don't have to be a spring chicken to enjoy these tasty, easy-to-make chocolate chick nests.

You will need: 150g cooking chocolate; 125g shredded wheat cereal; mini candy eggs; bun cases.

Melt the chocolate in a bowl over a pan of hot water. Alternatively, melt it in a microwave according to the instructions on the packet.

Break up the cereal and stir it into the melted chocolate. Put a tablespoon of mixture into each bun case. Make a small dent in the top of each one and pop in a mini candy egg. Put in the fridge, or a cool place.

Here come the milkwomen

The aim of this fast-moving game is to deliver five pints of semi-skimmed milk to your team's dairy depot.

Divide the girls into four teams. Each team should have a corner of the room as their base, as well as three empty plastic bottles in the base corner.

On the word 'Go', a girl from each team must run to steal a bottle from another team and return it to her own corner.

The girls must keep running until one team has five bottles in its corner at any one time.

Only one girl from each team may run at any one time. Only one bottle can be carried at a time.

A referee should watch out for any sort of deliberate obstruction, physical contact or dangerous behaviour between the players.



Where to eat?

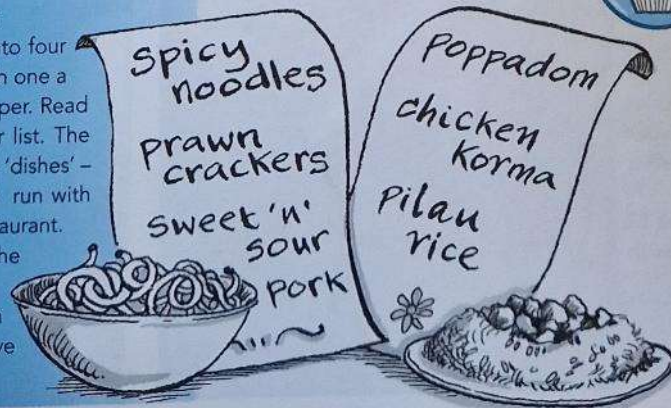
Work up an appetite for dinner with this energetic and cosmopolitan restaurant game.

Make a list of about 15 different dishes that you would find in typical Chinese, Indian and fast-food restaurants. For example: poppadom; chop suey; French fries; crispy duck; rogan josh; cheese-burger and so on.

Copy out the list four times on to slips of paper and label three corners of the room with the following names: Chinese Noodle House, Indian Curry Emporium and Ben's Burger Bar.

Divide the girls into four groups and give each one a set of the slips of paper. Read out a dish from your list. The teams must find their 'dishes' – slips of paper – and run with them to the right restaurant.

The first team to the correct restaurant wins a point. Carry on until all the dishes have been used.



Able label

Processed food often contains a large amount of written information on labels and other packaging.

Ask the girls to bring food labels and packages to the meeting, you can then take a closer look at the information found on them.

■ **Ingredients are always listed in decreasing order of weight.** So if oranges come first on a marmalade label, then there are more oranges than anything else.

■ **A product that is described as strawberry flavour, bacon flavour and so on, does not have to have any strawberries or bacon in it.**

■ **'Best before' dates mean that a food may not be dangerous after that date, but it will not be as nice to eat.**



Find-a-fact

Keep the various food labels that were used for the Able Label activity. Then challenge the girls to find certain items such as:

- The type of food which contains the most water.
- Food containing the least fat per 100g of product.
- Something that must be kept stored in a fridge.
- Something sold in a container which later can be recycled.
- A food that does not contain sugar.
- Something weighing under 250g.
- A food that was produced in a European country.
- A food made from plants.



theme evening

Eat to live, don't live to eat – find out all about food with our tasty theme evening... there's not a recipe in sight!

By Victoria Wheeler
Illustrations: Justine Waldie

Food facts

Show the girls the following statements about food hygiene. You can discuss the answers together as a group.

■ **Foods containing raw eggs are good for you.**

False — raw eggs can cause food poisoning and are especially dangerous to the young, elderly and pregnant.

■ **It is illegal to sell food after the 'Use by' date displayed on it has expired.**

True — you can't be sure food is safe by look and taste alone.

■ **You can reheat cooked food as often as you like.**

False — food should only ever be reheated once.

■ **Opened cans of food can be stored in the fridge.**

False — always transfer the food into a covered container, otherwise too much tin may get into the food.

I
D
E
A
S

out and about

If you're taking a trip to Waddow this year, also pay a visit to Bleakholt Animal Sanctuary which provides 45 acres of heaven for its very special residents

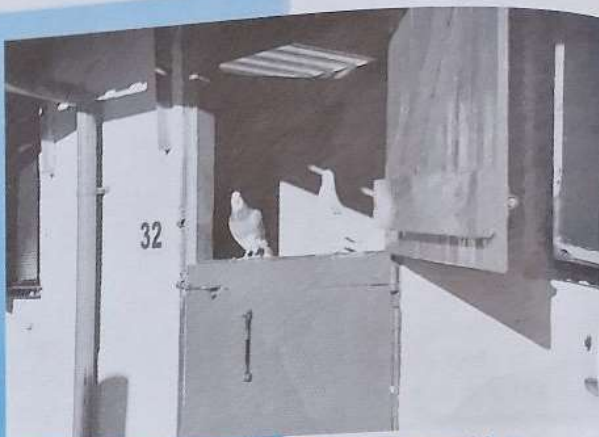
Words and photos by Carol Griffith

Food for thought

A special shed is used to store the enormous amount of animal food that is needed to keep the inhabitants of the Sanctuary well fed.

During last summer Bleakholt produced over 1000 bales of hay to use as feed and bedding throughout the winter.

Fundraising activities have recently provided enough money to build a new stable block, as well as re-roofing the old stables and goat barn. All are now fully insulated to protect the occupants from cold north winter winds.



Paying a flying visit to the stables are two feathered friends

Animal crackers

Bleakholt Animal Sanctuary is a very special place. Nestling in the picturesque Rossendale Valley, about 20 miles from Waddow, Bleakholt provides a haven for all sorts of sick, stray and rescued animals.

The Sanctuary was founded many years ago by Olive Lomas. Olive rescued a donkey called Maudie and, over the following years, devoted herself to saving horses and all sorts of other animals in need.

In 1968, Bleakholt Animal Sanctuary became a registered charity with the Duchess of Argyll as President. Bleakholt is the only sanctuary of its kind in the North of England and is run with the help of keen volunteers and animal lovers.



Help is always needed to staff the Sanctuary shop

The residents

The Sanctuary provides a homely refuge for over 400 animals at any one time.

Among the creatures living at Bleakholt are ducks; chickens; rabbits; sheep; goats; ponies and donkeys. It's also quite usual to find over 100 cats and 100 dogs roaming around the Sanctuary's attractive grounds.

■ Lots of grazing land means that lucky donkeys and ponies can live out their natural lives in beautiful surroundings.

■ Gus the bull was rescued from being slaughtered and shares a paddock with two cows.

■ The most unusual residents must be the pot-bellied pigs!

A friend to all

Sometimes the animals are sent to Bleakholt because they have been badly treated by their owners.

About 20 cruelty cases are received each year. A great deal of tender, loving care and specialised medical treatment helps to nurse the animals back to health.

No animal is ever put to sleep at Bleakholt, unless the vet expressly advises it. Once an animal is taken in, it is assured of one thing — a secure future.

■ Cats and dogs that are brought to the Sanctuary are often rehoused with affectionate new owners.



This fluffy ball of fun is just one of the rescued residents at Bleakholt





Who could resist taking this perfect pooch for a well-deserved walk?

Things to do at Bleakholt

Visitors are welcome to help with walking, grooming and feeding the various animals.

You are welcome to bring your own tins of cat and dog food to help out at meal times, or you could purchase other animal food at the Sanctuary's shop.

Guided tours are an informative and fun way to explore the Sanctuary. A tour also means that everything is seen and not a chance to stroke is missed. Visitors will find out why the Sanctuary was founded and how it is now run, as well as learning of future plans and ways to make a difference.

■ Guided tours of the Sanctuary are available for large groups by prior arrangement. Talks can also be arranged in advance and will take place in the Visitor Centre.

■ Bleakholt is suitable for visitors of all ages. Groups from all Association sections are welcome.



Take the chance to make friends with a sheep at Bleakholt

Charity status

As a registered charity, Bleakholt relies totally on voluntary help to carry out its good work.

There are 22 full-time staff at the Sanctuary, as well as occasional students on work experience. The shop, Visitor Centre and cafe are all staffed by volunteers.

Charity shops in Accrington, Blackburn and Swinton raise much needed cash through selling bric-a-brac. Fundraising open days are held regularly at Bleakholt and have been known to make as much as £4000.

Useful information

Bleakholt Animal Sanctuary is open all year round including bank holidays. Opening times are 10am to 4pm in autumn and winter; 10am to 5pm in spring and summer. Do check the opening times before visiting.

If your unit would like to visit the sanctuary, contact the manager, Norma Wilkinson, for details of group bookings and guided tours.

■ Bleakholt Animal Sanctuary is located at Rochdale Road, Edenfield, Ramsbottom, Lancashire BLO 0RX. The telephone number is 01706 822577

■ While the Sanctuary does not charge admission, it does rely on public donations.

■ Bleakholt is fully equipped for visitors with mobility problems and is fully accessible to wheelchair users.

■ Eat your lunch at the specially-designated picnic area, complete with seating and tables.

■ The Visitor Centre, cafe and shop are open on Saturdays and Sundays.



Ponies graze out their days in the picturesque surroundings of the Penine Hills

Lend a hand

There are lots of ways that supporters of Bleakholt Animal Sanctuary can get involved with running this very special place. Here are just a few:

■ Become a member of the Friends of Bleakholt. It costs £3.50 to be a member for a year. Family membership is only £5.

■ Some people may be able to offer new homes to needy Bleakholt residents. All the animals are fully vaccinated and are spayed or neutered before being rehoused.

■ Units may like to think about adopting an animal. A photograph and an adoption certificate will help the girls to keep in touch with their new friend.

■ Think about organising a fundraising event for the Sanctuary.

■ Make a donation to the Sanctuary — every little helps

How to get there

■ By car or coach: From the M62, Junction 18, take the M66 signposted to Blackburn. Leave the M66 at Junction 1, signposted Ramsbottom. Turn right on to the A56. At Edenfield Village take the A680 towards Rochdale.

■ Bleakholt Animal Sanctuary is located 1 mile from Edenfield off the A680 Rochdale Road. Bleakholt is signposted and very well known in the area so, if you get lost, just ask!

■ Telephone 01706 217777 for local transport information.

■ Local tourist information is available on 01706 226590.

brownie guiders

Encourage your Brownies to take their Promise seriously with the help of these thought-provoking activities

By Susan Jones, Brownie Adviser
Illustrations: Justine Waldie

Family of Fredas

Everyone knows that elephants never forget and Freda, the Brownies' friend, is no exception.

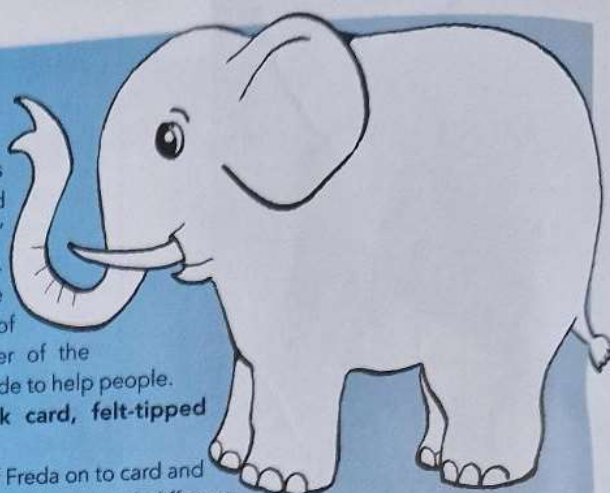
The girls can make a special frieze of Fredas, as a reminder of the promise they have made to help people.

You will need: pink card, felt-tipped pens and scissors.

Copy the outline of Freda on to card and cut her out. You can make several different-sized Fredas. There should be one for every Brownie.

On her Freda cut-out, every girl should write the name of someone she has helped that day and the name of someone who has helped her.

Stick your family of Fredas, nose to tail, on the wall.



Bursting balloons

Brownies are sure to love this noisy game which will help them to think about all the different parts of their Promise.

Ask each of the girls to write one of the following statements on separate slips of paper:

- Thank you for...
- If I were Queen for the day...
- I would like help...

Blow up a balloon for every Brownie and put one of the slips of paper in each. Divide the girls into two teams and put the balloons at the opposite ends of the room.

The girls take it in turns to run to the balloons, pop one, pick up the slip of paper and run back. When the popping has finished, each girl should read out the sentence on her paper and finish it with her own thoughts.



Needs and wants

Thinking about the Promise can mean thinking about our circumstances in relation to the world around us.

Some Brownies will be more fortunate than others, but most of them will have the same basic needs.

Give each Six a selection of magazines, catalogues and newspapers. They will also need glue, scissors and a large piece of paper for this activity.

Ask each Six to divide its paper into three sections. The sections should be labelled 'Needs', 'Wants' and 'Could do without'. The girls should then cut out pictures and words to represent what every Brownie needs, wants and could do without. Stick the cut-outs under the appropriate sections.

When everyone has finished, compare what the girls have put in the different sections. Has anyone written anything down other than material items, such as clean air, love and so on?

Lead into a discussion about the basic needs and rights of all peoples, such as food, clean water, housing and so on. Discuss the reasons why some people might not have these things.

Keep a promise

Some girls will find it very easy to make a promise and just as easy to not take it seriously.

Cut out a Trefoil from yellow card for each of the Brownies. On each leaf of their Trefoil, the girls should write a simple promise that they intend to keep.

A week or two later, come together to discuss their promises and whether the girls have done their best to keep them or not.



Happy and sad

Encourage the Brownies to express their feelings with this drawing and discussion activity.

Give each Six a large sheet of paper. The girls should divide the paper into two columns, headed 'Things Which Make Us Happy' and 'Things Which Make Us Sad'.

In the appropriate columns the Brownies should draw – or write – the different things which make them happy and sad.

After everyone has finished, share the results with one another.

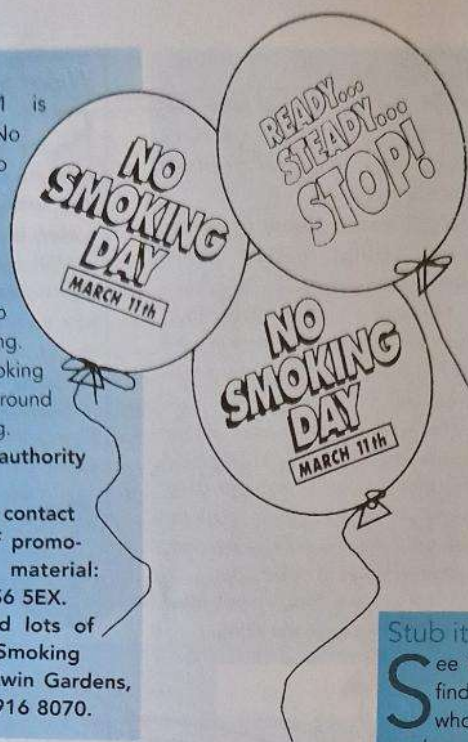


Ready, steady, stop!

Wednesday, March 11 is Britain's 15th National No Smoking Day. The No Smoking Day campaign estimates that some 40,000 people a year are helped to quit the habit, as a result of this special day.

Girls are never too young to learn about the hazards of smoking. Start your own project about smoking — there's lots of information around that will help you get things going.

- Contact your local health authority for leaflets and information.
- For smoke-free solutions, contact GASP for a full catalogue of promotional and publicity material: 93 Cromwell Road, Bristol, BS6 5EX.
- For a campaign pack and lots of information, contact the No Smoking Day office: Unit 203, 16 Baldwin Gardens, London EC1N 7RJ. Tel: 0171 916 8070.



smoke-free zone

National No Smoking Day may fall on March 11, but it's definitely not too late to start your own unit campaign to warn others of the dangers of this habit

By Victoria Wheeler
Illustrations courtesy of the No Smoking Day campaign

Stub it out

See if you can find someone who used to smoke but has now successfully given up.

Ask the ex-smoker to come along to the meeting and answer the girls' questions. The girls could ask why the person decided to stop and how they went about it. Was it a hard thing to do, or was it easy? Find out if stopping smoking has made a difference to your visitor's life.



Dying for a fag

Get the girls to draw posters to let everyone know about the effects that smoking could have on them and their friends.

Everyone should know already that smoking causes lung disease and heart attacks. However, younger girls may not be deterred by these grim facts, as it is usually older smokers that they see suffering.

Instead, encourage the girls to concentrate their message on highlighting the immediate effects that smoking has on a younger person. First of all it is expensive — 20 cigarettes cost roughly the same as a trip to see a cool film at the cinema.

They could point out that smoking makes clothes, hair and breath stink. No one wants to kiss someone who smells like an ash tray. Smoking also makes teeth and fingers turn a nasty shade of yellow.

Experts claim that smoking can cause asthma, even in someone who hasn't suffered from it before. Anyone who likes sports, should think twice before having a drag on a fag.

Help to stop

Divide the unit into groups and ask them to put together an information sheet that will help people to stop smoking.

Include hints and tips on giving up, as well as helpline numbers and the overall benefits of quitting.

Here are some hints that will start you off:

■ **Save the money that you would be spending on cigarettes.** It's surprising how quickly it adds up.

■ **Eat something like an apple or a raw carrot, instead of having a cigarette.**

■ **Tell everyone you know that you are going to stop on a specific date.** This makes it

harder to back out and ensures you'll have lots of moral support.



Passive smoking

Just because you are a non-smoker, it doesn't mean that you are free from the risks of tobacco smoke.

If your friends or the people around you smoke, you are at risk from passive smoking. This means that you are breathing in other people's smoke.

Passive smoking can mean that you are exposed to all the risks inherent in smoking, without actually being a smoker.

■ **Argue cases for and against smoke-free zones in public places, such as restaurants, offices, pubs, shopping centres and so on.**

■ **Find out the ways in which children are affected by passive smoking.**

Helpline numbers

- England Quitline 0800 00 22 00
- Scotland Smokeline 0800 84 84 84
- Northern Ireland 01232 663 281
- Wales 0345 697 500

pack holiday on a plate

Stand by for a Pack Holiday
full of sinister secrets,
daring double crossing and
unexpected surprises –
you are now entering the
world of the international spy

By Gillian Ellis
Illustrations: Emma Holt

Spies like us

All Pack Holiday staff have to have a special name. The following suggestions are the names of secret agents from fact and fiction.

- Guider-in-Charge – Bond
- Caterer – Q
- First Aider – Burgess
- Housekeeper – Garbo
- Young Leader – Violette
- Pack Leader – Kim
- Sixes – Wigs, Beards, Moustaches and False Noses.
- Special places: HQ; Radio Room; Red Square; Rick's Bar; Gorky Park.



Activity materials

Well before the start of your Pack Holiday, start collecting a box full of useful craft items.

- Beg – newspaper; wool; small tins; bottles and packets; spent matches.
- Buy – cotton wool; string; balloons; wallpaper paste; PVA glue; paints and brushes; card; white paper; sticky tape.

Hairy disguise

Good spies have great disguises. The girls can make hairy beards to transform their appearances.

You will need: plenty of cotton wool; string; watery paint; glue; newspapers.

Measure a piece of string to fit from ear to ear with a loop at each end and a loop in the centre where the mouth is.

Form the cotton wool into a beard and moustache and then dip this into a bowl of watered down paint – black, brown or ginger coloured. Press out the excess paint between layers of newspaper.

Fluff out the cotton wool, leave to dry, then glue to the string.

Nose and glasses

Far from being a novelty, this nose and glasses is an important part of a spy's cunning disguise.

You will need: modelling clay; newspaper; wallpaper paste; paint and brushes; stiff card; sticky tape.

Create a nose from modelling clay, making sure that the base is moulded to your own nose shape. Cover it with three or four layers of papier mâché and leave it to dry thoroughly.

Using figure 1 to help you, make a pair of spectacles from stiff card. Make sure that the arms are long enough to fit the individual. Paint the specs in the colour of your choice.

When dry, remove the nose from the modelling clay mould and paint in skin tone. Tape the nose to the specs.

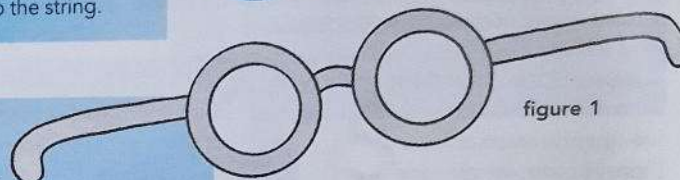


figure 1

Water messages

Send an amazing water message to fool the enemy and get vital information across the border.

You will need: A4 white paper; cold water; blunt pencil; thick paint brush.

Wet a sheet of paper thoroughly and lay it on a smooth surface. Cover the wet paper with a dry piece and firmly write a message on it, using the blunt pencil. Dispose of the dry paper with the message written on.

Leave the wet piece of paper to dry thoroughly. It can then be 'posted' to a contact. When the contact receives it, she should brush the sheet with water. The message will appear – as if by magic!



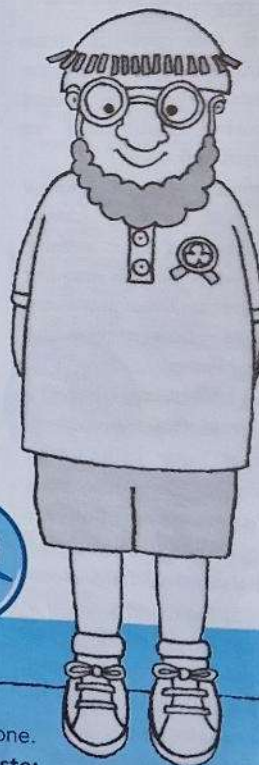
Bald-head wig

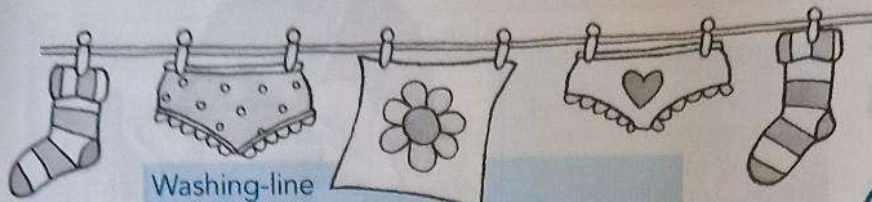
Another excellent disguise to fool the enemy, is this bald-head wig. No spy should be without one.

You will need: balloons; wallpaper paste; newspaper; paint; wool.

Inflate a balloon to the size of the head of the would-be wig wearer. Cover one half with four layers of papier mâché, allowing it to dry slightly between layers. Leave to dry overnight.

When the papier mâché is completely dry, pop the balloon and neaten the edge of the shell. Paint the shell in a skin-tone colour. Finish off by sticking short lengths of wool – 'hair' – around the bald head. Make sure that the Brownies' hair matches their beards!





Washing-line code

Codes, ciphers and signals are great ways to send messages to spies, when you don't want anyone else knowing what is going on.

Try using signals to indicate everyday activities, such as mealtimes. Train your spies to know the 'washing-line code' — where a certain arrangement of clothes hanging on a line, means immediate action.

For example, a pair of socks and a tea towel could mean that cooks must report to the kitchen. A row of napkins might mean that dinner is ready. You may need to use a gong to alert the spies to the changing messages.



Secret codes

Teach the spies how to decipher secret codes. They can even have a go at making up their own.

One of the simplest codes substitutes the letters of the alphabet for numbers. For example, A=26 and Z=1. A secret message can then be written using numbers and the spies have to decipher it.

■ The latest edition of the *Brownie Handbook* has lots of secret code ideas on pages 136-137.



Spy sources

To help with your secretive Pack Holiday, have a look at joke shops, magic shops and theatrical suppliers for inspiration and props.

There are also some good books available to tell you more about the world of the spy. Take a look at *Spies and Traitors*, by Stewart Ross, published by Puffin.

Dorling Kindersley's *Spy, an Eyewitness Guide*, is packed full of brilliant photos and excellent information about things like special gadgets.



Tailing Mr Big

Send a message to all spies that they are to attend an urgent briefing at HQ immediately.

Once the spies have gathered, Bond announces that the local Mr Big has been spotted, apparently dropping messages in dead-letter boxes around the area. If he is seen, spies must tail him discreetly and pick up any messages.

Issue a description of Mr Big. He should be wearing a large cloak or mac, big hat, false moustache and so on.

Meanwhile, Mr Big has appeared outside the window, the spies must wait and then follow him. The messages he drops could be disguised in a newspaper, hidden in trees and so on.

When the spies have collected all the messages, they could give clues to lead the girls to an activity, treasure or even tea!

■ Mr Big's secret messages can be written in code.



Post offices

Efficient spies use special 'post offices' or 'dead-letter boxes', to send secret messages. These might be a crack in a brick wall, a park bench, a litter bin — anywhere where a special message can be left hidden.

Ask your spies to find places around their holiday home where messages can be left. The spies should check the post offices regularly, to look for new messages, instructions and so on.



Invisible ink

You can buy special pens with invisible ink in them, but it's much more fun to make your own.

Get the spies to send a chatty letter to a friend. The lines of writing should be well spaced. In between the lines, spies can write an invisible message.

Write the message with lemon juice, using a spent matchstick as a pen. You can also experiment with milk, onion juice and cola. Once the messages are dry, they can be posted to another spy, using one of the dead-letter boxes.

To read a secret message, hold it carefully over a table lamp, or lay it on a hot radiator. As the paper heats up, the message should be revealed. Puts a whole new spin on 'reading between the lines'.



I
D
E
A
S

guide guiders

If you find yourself with a hole in your programme this term, turn to our emergency ideas to help you bridge the gap

By Kay Button and Nora Myles
Illustrations: Sophie Harding

Look for letters

Give each girl a different letter of the alphabet. Set a time limit, say ten minutes, in which the girls have to find as many objects as they can, starting with their own letter. At the end of the time, gather together to see who has the most objects.



Only a minute

Your unit will certainly have its fair share of chatterboxes, but can they keep talking under pressure?

Write lots of different talking points on slips of paper. Individual girls pick a piece of paper and then talk for a minute on that subject. The speaker can be challenged if there are any hesitations.

The girl who challenges must take over talking about the subject for the time remaining. Talking points could include:

- My family.
- Going to school.
- My best friend.
- If I won the lottery...
- Love.
- My favourite food.

Get knotted

■ Challenge the girls to tie a reef knot in a piece of string. The only catch is — they have to use their feet instead of their hands.

Honest, reliable, trustworthy

Take a look at the Guide Law for some inspirational meeting fillers. You do not need any equipment for this drama role-play.

Present each Patrol with a different opening line for a sketch. For example:

- 'I couldn't do my homework because...'
- 'I couldn't come last week because...'
- 'I'm too busy to help because...'

The girls then have 15 minutes to produce a short role-play using their given opening line. The sketches should all be produced with the first Guide Law in mind — A Guide is honest, reliable and can be trusted.

After the time limit, the plays should be performed to the whole group. This should naturally lead on to a discussion about honesty and trust.

Fun fillers

How many times has your meeting reached a standstill because some of the girls have finished their planned activities quickly?

Well, help is at hand with a whole page of ideas to use in-between activities; during the few minutes spare at the end of the meeting; or when another activity just doesn't go quite as it is planned.

Desert island wish list

Ask the girls to imagine that they are shortly to be shipwrecked on a desert island.

The castaways have to make a list of six items to take with them. Three of the items should be ones to help them survive, while the others should be pure luxuries.

Compare the lists and the reasons for choosing the individual items.



Silly stories

Patrols should sit in a circle to play this game of consequences. Each person starts by writing a boy's name on a piece of paper, folds it over and hands it on to the next person.

Next, everyone writes a girl's name, folds the paper over and hands it on. Continue until all the

words in italics have been substituted. Then the girls can read out the finished consequences.

■ *Ian and Susan met at the Pulp gig. He said to her: 'Do you fancy a drink?'. She said to him: 'That would be very nice'. And the consequence was They fell in love and got married.*

Snow business

Hheavy snowfalls are still a possibility in March. Ask your Patrol to draw the contents of a survival kit to keep in the car, just in case the car and driver become snowbound.



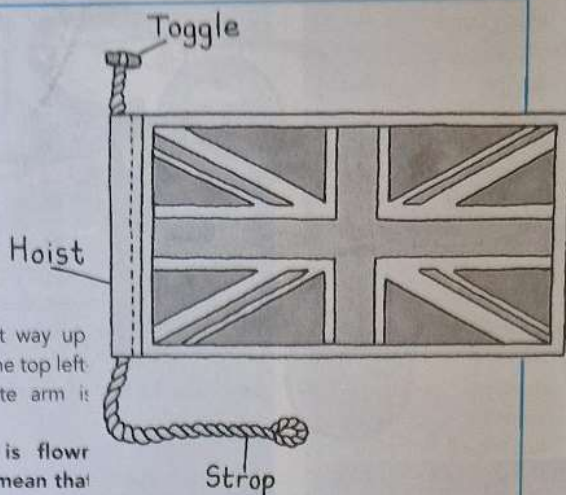
Which way up?

At first glance, the Union Flag looks symmetrical. Look again and you will see that it is not.

For this reason, the flag is often mistakenly flown upside down. The illustration shows the Union Flag the correct way up. You will notice that in the top left hand corner, the white arm is thicker at the top.

■ When the flag is flown upside down, it can mean that the person flying it is in distress or danger.

■ The Union Flag is only called the Union Jack if it is flying from a ship.



flying the flag

How do you fold the Union Flag and which way up does it fly?

We show you the answers to both these mysteries on this handy reference page

By Lizzie Theakston

Illustrations: Kate Taylor

Roll up...

To correctly roll a flag – ready for hoisting – lay it out flat in front of you. The hoist should be to the right and the toggle at the top left. You are now ready to start.

1 First fold the flag in half – lengthways – towards you.

2 Fold in half, lengthways again, folded edge to open edge.

3 Fold the flag in half across the centre, outside edge to hoist edge.

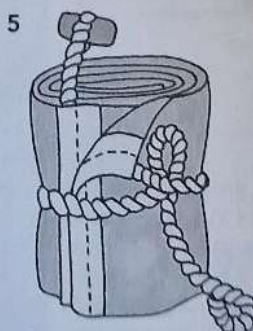
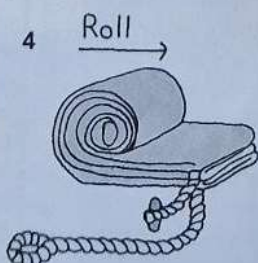
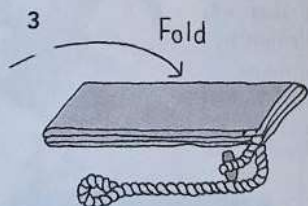
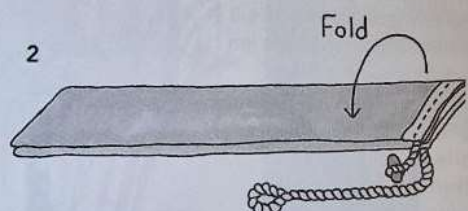
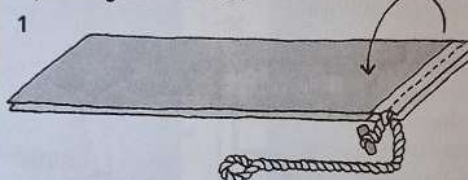
4 Now roll the flag from the folded edge to the hoist.

5 Wrap the halyard around the rolled flag and secure with a donkey hitch (see fig 6). Make sure that the toggle is free at the top left.

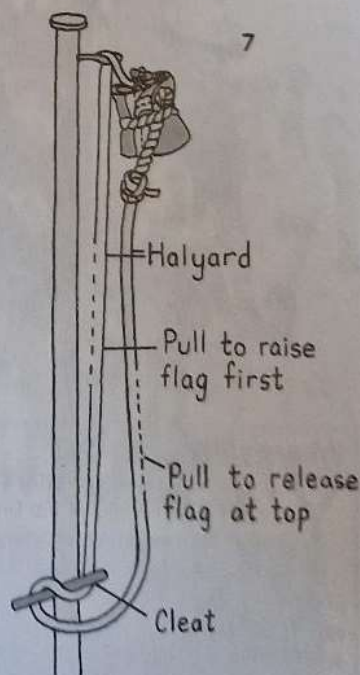
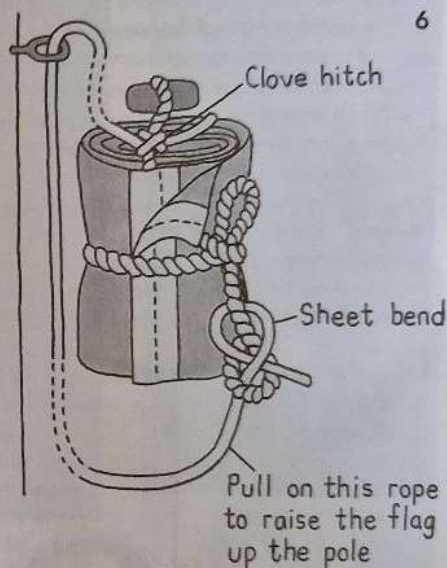
6 Attach the toggle to the halyard using a clove hitch. Then, tie the other end of the halyard to the strop, using a sheet bend.

7 Raise the flag while it is still rolled, by pulling on the top halyard attached to the toggle. Unfurl the flag by giving a sharp tug on the halyard attached to the strop.

To make the illustrations clearer, a plain flag has been used



For more details about knots used refer to a knot book.

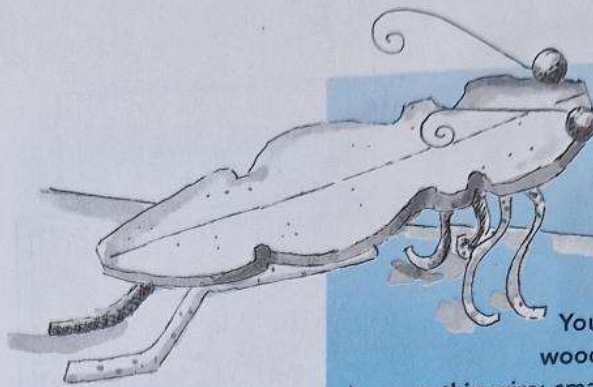


I
D
E
A
S

lone guiding

If you thought that the Lone Ranger was Tonto's special friend, read on to discover Guiding as you've never known it before

By Amanda Anthony
Illustrations: Emma Damon



Fantastic insects

Use an ordinary clothes peg to make a fantastic insect, just one of the many craft ideas from Lones' newsletters.

You will need: sprung wooden clothes pegs; pipe cleaners; thin wire; small beads; glue.

Look at the insect illustration to help you put the model together. Remove the spring from a clothes peg. Take the two pieces of peg, put them back to back and glue the flat sides together.

Glue on two beads as eyes and two short lengths of wire as feelers. Finally, cut two pipe cleaners in half. Bend three of the pieces in the middle and attach them to the peg to make six legs.

■ Cut out wings from card or Cellophane to add to your insect.



A Lone, but not really alone

Guiding is for all females who are willing to make the Promise. Even if a girl cannot attend a unit, for one reason or another, she can still be a Lone Brownie, Guide, Ranger, Young Leader or even a Lone Guider!

There are lots of reasons why girls and women choose to be Lones. For example, the nearest unit may be too far away, the girl may be housebound, living abroad or in a remote area.

Lones do it by post

Most Lones communicate with each other by post. For example, the Guider attached to the Guide section compiles a newsletter based on the Guide programme.

It is then circulated to the girls in a Lone Guide unit, who read it, add to it, try out the ideas and then pass it back to the Guider. The Guider then assesses the progress of each individual Guide. The newsletter is really just a meeting in an envelope.

Lones work for badges and awards, just like any other member of the Association. Girls even have a special badge to show that they are part of the Lone section.

■ Lones can also keep in touch with the rest of their unit by telephone, e-mail and the Internet.



Where are they?

You may be surprised to know that there are Lone Guides in all corners of the United Kingdom, as well as the many Lones attached to BGIFC.

In the UK, Lones can be found in lots of different parts of Scotland, Wales, Devon, Cumbria, Anglia and Somerset. There are also Lones in Hampshire, Derbyshire, Staffordshire and Hereford.



Sock walk

Go for a sock walk to see

what little bits of nature you can pick up to nurture in a plant pot.

You will need: an old woolly sock; small plant pot; potting compost; water.

Put on your walking shoes and pull a woolly sock over one of them. Go for a short walk, trailing through long grass and undergrowth. When you get back home, pick off any seeds, burrs and other bits of nature that have stuck to the sock.

Plant the contents of the sock in shallow potting compost.

Keep the soil damp and wait for something to grow. Try to identify some of the shoots.



Lone activities

The activities in the Lone Guide newsletters are tailored for one girl to do on her own.

For example, there is no point in including a ball game that needs a group of girls to play it.

On these pages you will find a selection of activities that have already been included in Lone newsletters from around the country and BGIFC.



Magic ice cream

Make some magic ice cream following our delicious, easy-to-follow and utterly amazing recipe.

You will need: 125ml carton whipping cream; rounded tablespoon caster sugar; flavourings, such as chopped nuts or chocolate chips; one small, watertight container; one large, watertight container; thick sticky tape; ice cubes; salt; towel.

Place the whipping cream, sugar and flavourings, in the small container. Secure the lid and tape it on. Place the small container inside the large one.

Pack ice cubes around the space and sprinkle on some salt. Secure the large lid, wrap the container in a towel and shake or roll for ten minutes. Check to see if the ice cream is ready. If it isn't, reseal the lids and shake for a little longer. Use more ice cubes if necessary.



High-energy gorp

Gorp stands for good old-fashioned peanuts and raisins. Try making your own mixture to take on a hike – it's a high-energy snack – or just to enjoy while eating in front of the television.

Mix together a selection of raisins, peanuts, dried fruits, chocolate chips, popcorn and cereals. Store in a airtight container and eat as it is!

For an extra-special treat, melt a bar of chocolate and stir in a few handfuls of gorp. Press into a tin and leave to set in the fridge. Cut into squares.

Chalk marbling

Chalk marbling is a brilliant technique for producing amazing, decorative patterns on paper.

You will need: coloured chalk; washing-up bowl; water; newspaper; plain paper or card; scissors.

Fill the washing-up bowl half full of water. Stand it on plenty of newspaper. Using the scissors, scrape different coloured chalk over the surface of the water.

Very gently, lay a piece of paper on the water. Then, carefully, lift it out and leave it to dry. Use the paper to decorate books or even as a mount for collages and other pictures.

■ Some colours of chalk may cause other colours to sink to the bottom before you can put the paper on. Experiment to find out which they are.



Conflicting messages

Explore the power of emotions and words with the following activity. It is also a good warm-up exercise for any budding actors and actresses in the unit.

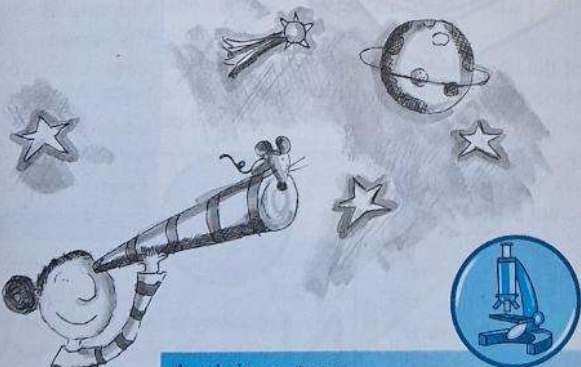
Sometimes the things we say are affected by the way we feel. Consequently the words may not sound quite like we meant them to.

Cut out a weather forecast from a newspaper, then read it aloud in the following ways:

- Feeling very angry.
- Treating it as the most boring thing that you have ever read.
- Thinking that the article is the funniest item in the world.
- Feeling very sad and upset.

Thank you to...

■ Rosalind Hall, CHQ Lones Adviser; Margaret Cherret; 1st BGIFC Lones; Devon Buzz; Sue Burne; Scottish Lones and everyone else involved in the Lones section.



Activity a to z

Senior Section Lones in Devon have their own magazine called *Devon Buzz*. Try some of this A-Z of ideas taken from its activity pages.

■ Astronomy; beach party; cycle treasure hunt; DIY; eating out; folklore; gliding; handbells; interviews; jazz; karate; local council; medicine; natural history; organic; photography; quilling; rafting; screen printing; taste tests; upholstery; Victorian underwear; wood carving; Xmas ideas; yoga; and, finally, zoos.



Find out more...

■ If you want to find out more about Lone Guiding then contact Jo Haddrick at CHQ's Guiding Services.

ranger guiders

Paper is the theme this month, try making your own from old newspaper, scent it, dye it and turn it into something completely different

By Jennifer Barnett and Rosie Mathieson
Illustrations: Michelle Draycott

Pot-pourri paper

Follow the instructions given for making your own recycled paper. Before the pulp is poured on to the mesh, stir in a sprinkling of dried, crushed rose petals.

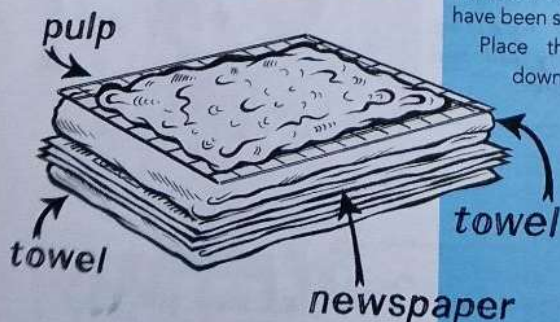
Add a drop or two of red food colouring and you will end up with some beautifully decorated rose paper.

■ Add dried lavender to the pulp.

Making paper?

Our recycled paper is just the thing for any groups that made a resolution to be more environmentally friendly during 1998.

As well as being a great way of producing versatile craft paper, this activity can lead to larger projects based around the processes involved in recycling. It is also, of course, a great way to put old newspapers to good use.



Materials needed...

- Lots of newspaper
- Warm water
- Jam jars with lids
- Plastic trays — for example, cat litter trays
- Mesh — aluminium mesh for mending cars is cheaply available from Halfords
- Card from cereal boxes
- Sticky tape
- Old towels

1 Cover one side of a piece of card with cling film. Tape it on the back so that it is secure. Tear half of a tabloid-sized sheet of newspaper into small pieces.

Put the paper into a jar with plenty of warm water. Secure the lid and shake the jar vigorously.

2 Pour some of the excess water from the jar. This helps to get rid of the ink. Put a little more warm water in the jar and continue shaking until you have a smooth pulp.

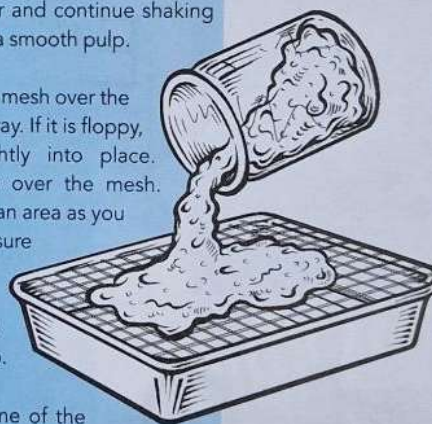
3 Place the mesh over the shallow tray. If it is floppy, tape tightly into place. Pour the pulp over the mesh. Cover as wide an area as you can, but make sure that you are unable to see through any part of the pulp.

4 Once some of the water has drained from the pulp, carefully lift up the mesh — and the pulp — and lay it on to a pile of newspapers and towels that have been stretched out on the floor.

Place the card, cling-film side down, on the mesh. Gently press it down to squeeze out the water. When you lift the card, the paper should be stuck to it and the mesh clean and empty.

5 Leave the paper to dry on the card. It probably will need more than 24 hours.

The finished paper can be used for lots of crafty ideas.



Paper trees

Most people know that paper is generally made from wood. But not all trees are suitable for the paper-making process.

Hard woods — such as oak and maple — have short fibres which would not make strong paper. Soft woods, such as

pine and Douglas fir, have long fibres and are more suitable for paper making.

These soft woods are all 'sustainable'. This means that trees that are cut down are replaced by new saplings which will grow in their place.

To make paper, bark is removed from the trees and the trunk is ground into smaller chunks. The wood is then 'cooked' to produce a pulp. The pulp is beaten and drained, before being finally rolled and cut into large sheets.



Dye it

Natural dyes are a wonderful way to add a hint of a tint to your crafty recycled paper.

■ Make a potion of very strong tea and use this instead of water when you pulp your paper.

■ Add a creamy orange tone to your paper by replacing the water with a solution made from boiled and strained onion skins.

■ Blackberry juice or beetroot juice will make purple paper when added to the pulp.

Pulp fiction

After you have made as much paper as you can possibly handle, there is likely to be some paper pulp left over.

Use the pulp as a type of papier mâché to make an attractive and interesting bowl.

First, use a sieve to get rid of most of the water from the paper pulp. Press the drained pulp into a small plastic bowl, making sure that the whole of the inside is lined. Leave it to dry for a couple of days.

Remove the paper bowl from the plastic one and leave it to dry thoroughly. It can be left as it is or painted.

Don't put anything moist in the bowl or it will turn back to pulp!



Table accessories

Put your homemade paper to good use by making an extra-special set of dinner party table settings.

A sheet of thick paper, with naturally wobbly edges, will make a great place mat. A name card can be made from a smaller piece of paper and a napkin holder formed from a ring of paper.

Colour coordinate the paper for each setting. Decorations such as dried flowers can even be glued on to the accessories.

Stinky ink

After making some fabulous paper and then sizing it for use (see below), how about making some stinky ink to write with?

You will need: 250ml ripe blackberries, raspberries or other suitable berries; water; vinegar; salt; a blender; a sieve; small jar with screw lid; a tablespoon.

Mash the berries in a blender and mix in a tablespoonful of water. Pour the mixture into a sieve and let the juice drain out into a bowl. Add one tablespoon of vinegar and one of salt to the liquid.

Stir until the salt has completely dissolved. Pour the mixture into the jar – you may need a funnel – and screw on the lid. The ink is now ready to use.

■ **Protect clothes with an apron as the ink will stain.**

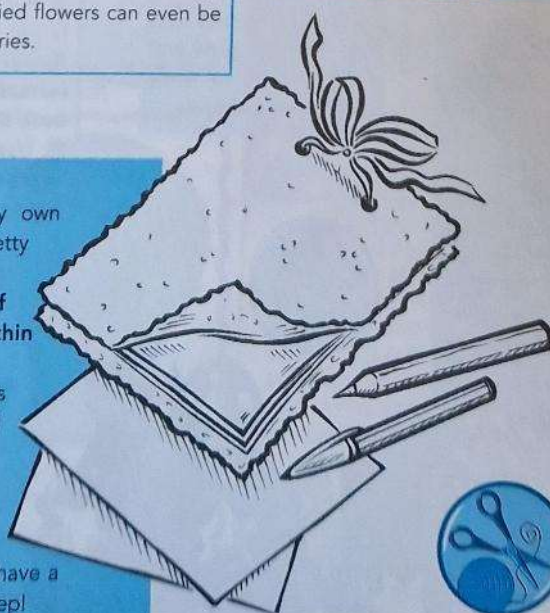
■ **Never attempt to taste the ink!**



A special card

Make a sparkly card to send to an extra-special person.

When you are making the paper, sprinkle on some glitter before the pulp dries.



young leader guiders

Sizing it up

Sometimes, homemade paper may not be suitable for writing or drawing on. This is because some water-based ink and paint bleeds into the paper, making rather a blotchy mess.

To prevent this from happening, paper is often 'sized'. This is a special process which the paper undergoes to stop inks from running on it.

The easiest way to size paper, is to dip it in a solution of gelatin and leave it to dry. Dissolve half a teaspoonful of powdered gelatin in 750ml of hot water. Pour the solution into a shallow tray and dip your paper into it.

■ **Write on a newspaper with a felt-tipped pen. The ink is likely to run because the paper is not sized.**

I
D
E
A
S

Bind a book

Use two sheets of your very own recycled paper to make a pretty and functional notebook.

You will need: two sheets of recycled paper; plain paper; thin ribbon or string; hole punch.

Cut the plain paper so that it is slightly smaller than the recycled sheets. Put the recycled paper either side of the plain paper and punch two holes in one side.

Thread string or ribbon through the holes and tie together. You now have a simple notebook to give away or to keep!

foam fun

If you are looking for an easy-to-use craft material with a difference, then have a go with some amazing fun foam

By Victoria Wheeler
Illustrations: Julie Morris

What is it?

Craft foam, sometimes called craft rubber, is available in flat sheets, of around A4 size or larger. It's about 2mm thick and is bendy, colourful and extremely versatile.

Craft foam is easy to cut with scissors and craft knives. It is also available in bags of pre-cut shapes. Stick it with double-sided tape or tacky glue. You can even draw on it using either marker pens or acrylic paints.

Many craft shops stock fun foam. Try the craft stockists who advertise regularly in the *GUIDING* classified section. Expect to pay about 50p to 80p for an A4 sheet.

Laces and pumps

With a little bit of imagination and some fun foam, girls can transform any pairs of old trainers into pairs of dazzling, crazy pumps.

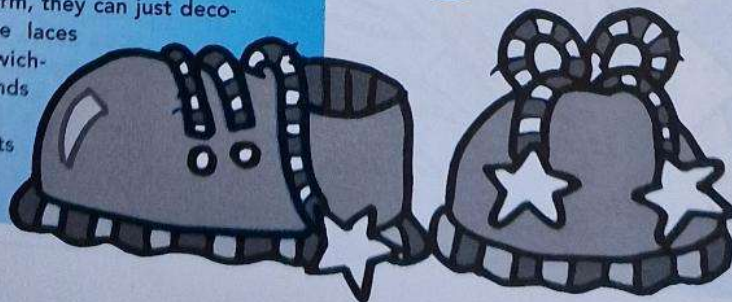
You will need: craft foam shapes; strong fabric glue — such as Copydex; sharp scissors; templates.

Cut out some foam shapes. You can use your own ideas or some of the templates illustrated on these pages.

Paste one side of the shapes with glue. Dab some on your canvas shoes at the point where you want the shapes to stick. Leave them to dry for a few moments and then stick the shapes on where you want them.

As a finishing touch, cut out four small stars from the star slide template. Cover one side of each in double-sided sticky tape. Sandwich each end of the shoe lace between two stars.

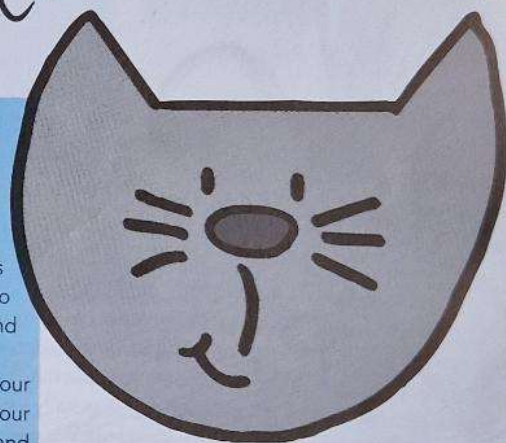
■ If the girls haven't got a pair of shoes to transform, they can just decorate some laces by sandwiching the ends between two hearts or stars.



heart template



cat template



What can I do with it?

Use craft foam to make anything from decorative hairslides and fridge magnets to trendy jewellery and cool keyrings.

Have a go at our ideas and then let your imagination run riot and dream up some foam fun of your own.

■ Craft foam is suitable for all sections, but younger girls will find it easier to work with pre-cut shapes.

Badges and brooches

■ Put the templates provided to a different use. Instead of making a floppy flower bookmark, make a badge instead — just stick a safety pin to the back of the flower head.

■ Use the cat template to make another, different badge. Draw on the eyes, nose and whiskers.

Template help

The sky is the limit when it comes to creating great craft items using fun foam. There are lots of templates on these pages to start you off.

Back issues of *BROWNIE* magazine and *Rainbow Guide Special*, may prove another source of suitable templates.

Card craft

For simple and unusual greetings cards, try using simple craft foam shapes to make a picture.

Pre-cut shapes may be best for this activity. Try making a picture of a birthday cake, complete with the right number of candles.

■ Make a fridge magnet and attach it to a blank card to send to a pal as a greeting.



Star slide

Girls with long hair will love this starry slide. It's another easy-to-make project that looks very effective.

You will need: Green and yellow craft foam; double-sided sticky tape; hair slide; sharp scissors.

Cover the hair slide in double-sided sticky tape. Cut out a strip of green craft foam just a bit bigger than the slide and stick it on. Trim the edges of the foam so that they are flush with the edges of the hair slide.

Trace the star template on to paper. Cut a large star from yellow foam and a smaller one from green foam. Stick the green star on top of the yellow star, then fix them both to the middle of the slide.



Cactus fridge magnet

A cactus fridge magnet is an easy but very effective project to use to introduce girls in the unit to working with craft foam.

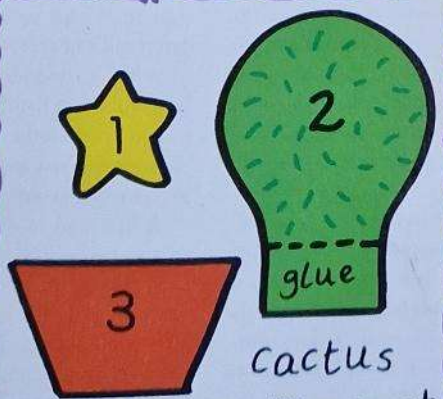
You will need: Yellow, green and red craft foam; sharp scissors; double-sided sticky tape or tacky glue; thin, black marker; a magnet, that has sides of about 1cm.

We have provided templates to help you to make the cactus fridge magnet (see below). Trace the templates on to paper and then use these drawings to cut shapes from the coloured foam.

Put glue or double-sided sticky tape on the area indicated of the green shape. Stick the red shape – a plant pot – on top of the green shape, making sure the top of the pot lines up with the dotted line on the cactus.

Stick the yellow star right at the top of the cactus.

Finally, draw some spines on the cactus using a thin black marker pen. When the glue has thoroughly dried, fix the magnet to the back.



Floppy flower bookmark

Floppy flower will keep her wobbly eyes on your page whenever your book is closed.

You will need: Red, yellow and green craft foam; joggle

eyes; double-sided sticky tape or tacky glue; a pair of sharp scissors.

Cut a strip of green foam 3cm by 14cm. Trace the flower template on to paper and use it to cut out a yellow flower shape. Cut out a centre for the flower from red foam.

Using double-sided sticky tape, fix two joggle eyes in the centre of the flower. Next, stick the red centre on to the yellow flower head.

Finally, stick the head on to the top of the green foam strip. The floppy flower bookmark is now complete!



Send for your FREE catalogue TODAY!

Craft & Hobby Catalogue 1998

PANDURO

The latest 1998 Panduro catalogue with 900 completely new products added this year is our best yet. Containing 464 full colour pages packed with over 13,000 items all at very competitive prices. And with special group discounts of 15%, the Panduro catalogue has something for everyone. Panduro Hobby is Europe's largest mail order supplier of craft/hobby products and offers the most comprehensive selection in the U.K., with many items unavailable from any other source.

The 1998 catalogue is available FREE to properly constituted groups, clubs, organisations etc. upon receipt of proof of status.

To obtain your FREE copy fax or write (with proof of status) to:
**Panduro Hobby, FREEPOST, Transport Avenue
 Brentford, Middlesex TW8 8BR • Fax: 0181 847 5073**

I

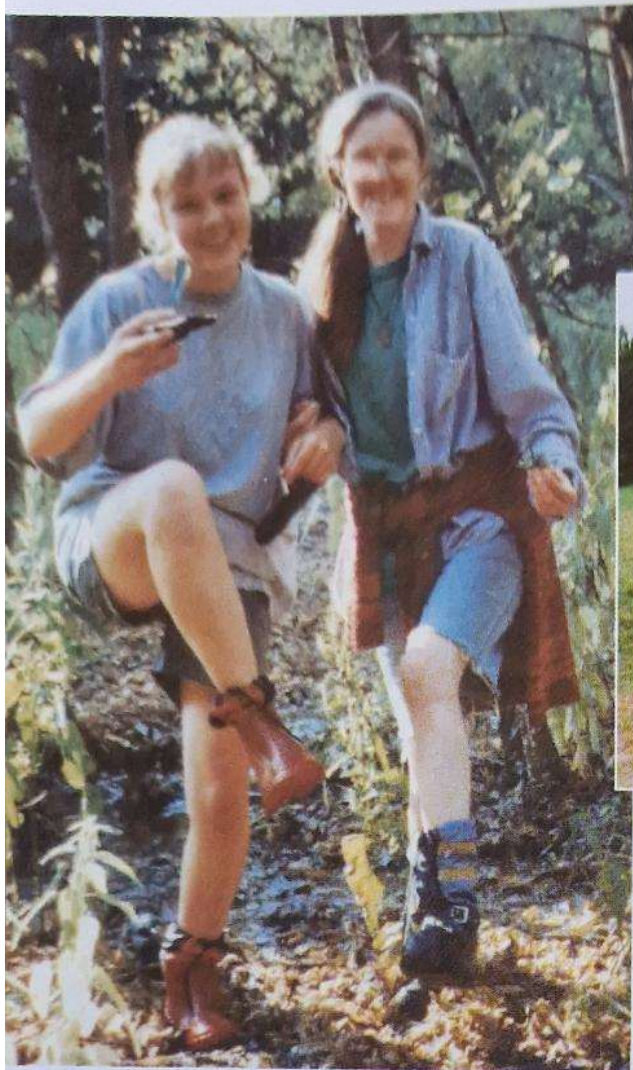
D

E

A

S

fairytale

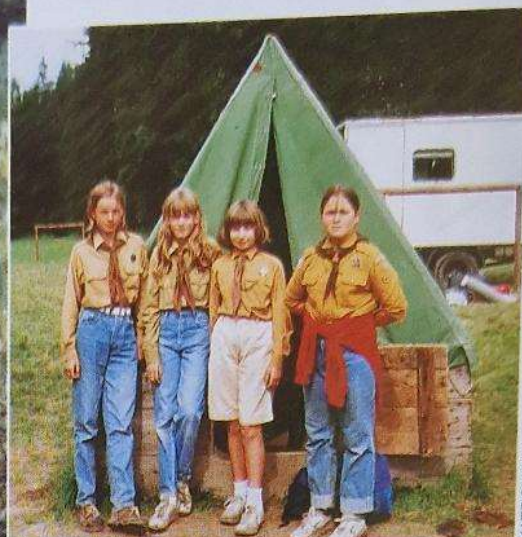


Laughter is
the best
international
language as
two English
Guiders
discovered in
the Czech
Republic

Two young Czech Guide leaders at a West Mercia international camp surprised their hosts by climbing a tree and beginning to break off branches, having volunteered to help collect wood for the camp fire. 'But that's what we do in our country when we want firewood,' one of them explained, having been persuaded to return to the ground.

The incident intrigued Assistant Guide Guider Kate Smith and her friend, Assistant Rainbow Guider Rachel Nightingale, whose Himley Division had invited Petra Kujova and her sister, Irena, to Beaudesert, Cannock. In what other ways, wondered the two West Midlands leaders, did camping in the Czech Republic differ from that in the UK?

The sisters did their best to explain but, when the opportunity arose, Kate and Rachel jumped at the chance to attend a camp in the Republic — and Czech out the



KATE SMITH

Best foot forward:
The girls collected
natural materials
and made toy
boats to race in
a nearby river

difference for themselves! Kate reveals their findings:

• The camp Petra invited us to join was in open country about 25 miles or so from Olomouc, where she and Irena run a Guide unit.

'We weren't sure what to expect. To reach the camp we'd travelled by coach from London to Prague, which was pretty gruelling, and then eastwards by train to Olomouc, near the Slovak border. It is the second largest city in the Republic.

From Olomouc we rode for about 20 minutes on a bus to the nearest village and then walked the last two miles to the camp site. And very impressive it looked, too, with its circular layout around a very dominant flagpole made from the trunk of a pine tree.

The camp had a most imposing gateway, complete with the unit's name, made from tree trunks and stripped branches, as were the volleyball posts, washing-line posts, tent poles, bench and table supports, the chairs and tables in the tents, not to mention the mug stand.

We learned the camp had been

**Czech Guides enjoy
more games and
less organised activ-
ities and craft work
at their camps**

built from scratch in three days on land loaned by the army. It didn't take Rachel and I long to find plenty of things that were different, including the tents.

These were ridge tents, designed to fit on wooden rectangular bases of a

similar overall size. The bases were like open-topped sheds without floors but only about two foot high with a single hinged door in the centre of the "front" side.

The tent poles were nailed into position on the top of the bases, one in each corner, and the tents, when pitched, became the "roofs" of the "sheds", providing ample headroom at the ridges. The tent flaps met conveniently over the doors.

The walls consisted of planks fixed to wooden frames and the frames were also used to support loose planks which, when in position, resting on horizontal cross-struts, served as beds. These, as we were to discover for ourselves, were somewhat unyielding. But at least they kept us well away from damp soil and creepy-crawlies.

With a bedside table and a "wardrobe" — a handy nail on which to hang our clothes — we felt as if we were not just under the stars but in "starred" accommodation.

A first visit to the "latrina" gave us another surprise. It consisted of five planks of wood on a raised frame over a pit — a bit of a shock after the flush toilet blocks with showers we'd been used to on our own permanent camp sites. But at least the long communal seat was comfortable and there was soft

camp

toilet paper and a plastic sheet to keep the rain off.

Petra told me they sometimes heated water for washing but usually it was a case of braving the nearby river. So that was what I did clad in my swimming costume, and found it was not as bad as it sounded. In fact, having a good wash in the river seemed to add to the sense of "proper" camping and being close to Mother Earth.

In some senses, going back to basics was what made the camp for me. There was this exhilarating feeling of being in closer proximity to nature than we generally achieve at camps in the UK.

Highlights of the week included a stork in flight, which greeted us as it passed overhead, and sparrowhawks soaring on the thermals from our fire.

A lot of the activities focused on aspects of nature. We went on a ten-mile walk incorporating, among other things, having fun with fungi, looking at lizards, being baffled by beetles and bolting wild berries.

The nearby river provided inspiration for a race with toy boats, which we first had to make for ourselves in about half an hour, using only natural materials.

String counted as a natural resource but, unfortunately, I didn't know that until I had struggled to make my boat, using five fir cones tied together with tree root. It was not very successful! In neighbouring woodland we played "labyrinth", a game which entails tying string between trees to create a maze from which blindfolded girls must escape while being timed.

Every day we were encountering other ways of organising things or doing things. Often the differences were only in matters of detail, but they made our stay so interesting.

One aspect of the camp, however, was familiar: it had a theme. As in the UK, it is common for

Czech Guide camps to be themed and at this one it was Tolkien's *The Hobbit*, which worked very well. The girls dressed up as *Hobbit* characters and Petra recited extracts – in Czech, of course – from the book at every camp fire.

Many games were also based around the theme, so we had a version of hide-and-seek in which *Hobbit* characters were hidden prisoners and "policemen" had to find them and take their "lives" – pieces of card.

Another game involved making a square maze, using stakes and string. Both the *Hobbit* and the baddie character, Gollum, were blindfolded and Gollum had to try to catch the *Hobbit*, who was revealing her whereabouts by jingling bells and trying to reach the end of the maze before being caught. It was quite a simple game that would be suitable for Brownies as well as Guides.

It seemed to me that if this was a typical camp, more games are played – including ones with leader participation – with less emphasis on crafts and organised activities.

Some games focused on skills learned by Guides, such as semaphore or using a compass to follow a trail to hidden "treasure".

One of my favourites, excellent for encouraging teamwork, involved Patrols climbing a steep bank with the aid of a rope and then trying to dodge paper-filled socks thrown by attacking "bears". They then had to wade through a river to follow a crêpe-paper trail, while trying to keep alight a candle in a yoghurt pot suspended by four strings, each held by a girl. Patrols whose flames went out had to restart the course.

One of the Guides' favourites – and a camp tradition – involved Rangers stealing into the camp at night and hiding some of the girls' belongings in the wood, where the



KATE SMITH

screaming and shouting Guides searched for them in the darkness.

But the game that kept the girls occupied for the most time was ringo. It is played by two teams on a volleyball court but uses two rubber rings instead of a ball. Both sides have a ring which the captains throw simultaneously to the other side, one of whose players must try to catch it with one hand and throw it back. If the ring is dropped the opposing team gains a point – and wins on reaching 13.

Czech Promise Ceremonies are also different to ours. Traditionally they take place at night. In the one that Rachel and I witnessed, we walked about half a mile from the camp to a field where a fire was lit with torches. These torches were made from tree branches that had one end wrapped in gauze, which had been steeped in tree resin.

The Guides made their Promise with one hand resting on the Czech flag. The next morning the same girls returned to the camp fire to collect a small quantity of ash, which they put into pouches to commemorate the occasion so important to their Guiding.

Yes, we found plenty of differences but, as Petra said when we discussed some of them, laughing is international. She meant, of course, the enormous fun which Guides of all ages, everywhere, derive from Guiding.

● Kate is an Assistant Guider with the 2nd Kingswinford Guide Company. Rachel is an Assistant Guider with the 1st Wordsley Rainbow Unit.

Board rigid —
but fortunately
only while in bed

information

GUIDING

The official magazine of The Guide Association
(Incorporated by Royal Charter)
Published on the last Thursday of each month.
ISSN 0265-2706

Patrons HM The Queen
HM Queen Elizabeth, The Queen Mother
President HRH The Princess Margaret,
Countess of Snowdon
World Chief Guide 1930-1977 Olave,
Lady Baden-Powell GBE
Chief Guide Bridget Towle
Publishing Services Adviser Carol Horne

Editorial Manager and Editor Nora Warner
Assistant Editor Jan Clampett
Sub-editor Victoria Wheeler
Writer Kirstie Gray
Studio Manager Anne Moffat
Deputy Studio Manager Gillian Webb
Studio Cathy Summers
Production Manager Stuart Bannerman
Published by The Guide Association
17-19 Buckingham Palace Road,
London SW1W 0PT. Tel: 0171 834 6242
Fax: 0171 828 8317
All editorial communications to:
The Editor, GUIDING, at the above address
Advertisement Agency Mongoose Communications Ltd
Victory House, Leicester Square, London WC2H 7QH
Tel: 0171 306 0300 Fax: 0171 306 0301
Mongoose Sales Executive Sarah Harrison
Photographic Repro by Argent Colour in association
with Godfrey Lang Ltd
Printed by St Ives PLC
Distributors Seymour, Windsor House, 1270 London
Road, Norbury, London SW16 4DH
Subscriptions Annual 12 issues (including postage):
British Isles and BFPO £15; Overseas £25.08; Zone I
£35.16; Zone II £38.28. Orders should be addressed to:
Subscriptions, Financial Services Division, The Guide
Association, 17-19 Buckingham Palace Road, London
SW1W 0PT. Cheques/POs should be made payable to
The Guide Association.

GUIDING is sold subject to the following conditions,
namely that it shall not, without written consent of the
publishers first given, be lent, resold, hired out or
otherwise disposed of by way of trade at more than the
recommended selling price shown on the cover and that it
shall not be lent, resold, hired out or otherwise disposed of
in mutilated cover or in any unauthorised cover by way of
trade or affixed to or as part of any publication or
advertising, literary or pictorial matter whatsoever. The
Guide Association takes no responsibility for statements
made in any advertisement or from any matter arising
whatsoever.

Readers should be aware that neither GUIDING
magazine nor The Guide Association is in a position to
endorse either the goods or services advertised in the
magazine. The inclusion of any advertisement should not
be taken as an indication that the goods or services
concerned have been investigated or approved.
Responsibility for the failure of any advertiser to fulfil
his or her obligations to customers gained from an
advertisement or insert in GUIDING cannot and will
not be accepted by The Guide Association or
GUIDING.

Note All copy for inclusion in June's
GUIDING should reach CHQ by March 27.
Please address all contributions to the Editor,
Nora Warner. Anyone wishing to have
photographs returned that are sent to
GUIDING must include a sae.

CHQ e-mail address
chq@guides.org.uk

World Wide Web site address
<http://www.guides.org.uk>

Training Centres

Foxlease
Lyndhurst, Hampshire SO43 7DE
Tel: 01703 282638 Fax: 01703 282561

Waddow
Clitheroe, Lancashire BB7 3LD
Tel: 01200 423186 Fax: 01200 427460

Lorne
Station Road, Craigavad, Holywood, Co Down,
BT18 0BP Tel/ Fax: 01232 423180

Hautbois
Great Hautbois Road, Coltishall, Norwich,
Norfolk NR12 7JN Tel: 01603 737357

Broneirion
Llandinam, Powys, Wales SY17 5DE
Tel: 01686 688204 Fax: 01686 688244

Netherurd
Blyth Bridge, West Linton, Peeblesshire EH46 7AQ
Tel: 01968 682208 Fax: 01968 682371

Blackland Farm
Grinstead Lane, East Grinstead, West Sussex RH19 4HP
Tel: 01342 810493 or 0860 393026
Fax: 01342 811206

Heritage Centre

The Guide Heritage Centre at CHQ is open
Mondays-Saturdays from 9.30am-5pm (last entry:
4.30pm). It is closed Bank Holidays and over Christmas.

The entrance charge is £2.50p per person.
Booking is not essential for groups of ten or less. Visits
are for 1½ hours maximum. Picnic area available.

The preferred maximum number of visitors per
session is 100.
Ring 0171 834 6242 ext 358 for further visit details.

Country and Region HQ addresses

Anglia
Ashley House, Old Station Road,
Newmarket, Suffolk CB8 8DT
Tel: 01638 665482/1 Fax: 01638 561138

London and South East
3 Jaggard Way, Wandsworth Common,
London SW12 8SG
Tel: 0181 675 7572 Fax: 0181 675 3270

Midlands
21 Lower Church Street, Ashby-de-la Zouch,
Leicestershire LE65 1AB
Tel: 01530 412703 Fax: 01530 560165

North East England
106 Heworth Green, York YO3 7TQ
Tel: 01904 421324 Fax: 01904 431445

North West England
1 Ribblesdale Place, Preston, Lancashire PR1 3NA
Tel: 01772 823331 Fax: 01772 881051

Scotland
16 Coates Crescent, Edinburgh EH3 7AH
Tel: 0131 2264511 Fax: 0131 2204828

South West England
St Ann's Manor, 6-8 St Ann Street, Salisbury,
Wiltshire SP1 2DN
Tel: 01722 329306 Fax: 01722 410232

Ulster
Station Road, Craigavad, Holywood, County
Down BT18 0BP
Tel: 01232 425212 Fax: 01232 426025

Wales
Guides Cymru Office, Broneirion,
Llandinam, Powys SY17 5DE
Tel: 01686 688652 Fax: 01686 688098

BGIFC Office
The Guide Association, 17-19 Buckingham Palace
Road, London SW1W 0PT
Tel: 0171 834 6242 ext 219/209 Fax 0171 828 7951

The Guide Association Trading Service Shops

ENGLAND

Birmingham
Guide and Scout Shop
5 Ryder Street
Birmingham B4 7NE
Tel: 0121 236 6289

Liverpool
Guide and Scout Shop
164 St George's Way
St John's Centre
Liverpool L1 1LX
Tel: 0151 709 4232

London
Commonwealth Headquarters Shop
17-19 Buckingham Palace Road
London SW1W 0PT
Tel: 0171 834 6242
Guide and Scout Shop
130 Green Lanes
Palmer's Green
London N13 5UN
Tel: 0181 886 8481

Manchester
Guide and Scout Shop
Unit 10
Gateway House
Piccadilly Station Approach
Manchester M1 2GH
Tel: 0161 236 3191

SCOTTISH SHOPS

Aberdeen
140 Union Street
Aberdeen AB11 1JD
Tel: 01224 642646

Dundee
6 Panmure Street
Dundee DD1 2BW
Tel: 01382 322262

Edinburgh
16 Coates Crescent
Edinburgh EH3 7AH
Tel: 0131 225 3483
(Mail order service available)

Glasgow
15 Elmbank Street
Glasgow G2 4PB
Tel: 0141 248 4200

ULSTER EQUIPMENT DEPARTMENT
Now at Lorne (see address on the left)
Tel: 01232 427352 Fax: 01232 426025

THE GUIDE ASSOCIATION

Trading Service
Atlantic Street
Broadheath
Altrincham
Cheshire, WA14 5EQ
Tel: 0161 941 2237 Fax: 0161 941 6326
Opening hours 9am until 4.30pm

DEPOTS

If you can't get to a Guide shop, use your local
Depot. There are nearly 800 Depots throughout
the UK which sell all the resources listed in the
published catalogues, uniform and much more.
Depots are run by members of the Association
both to provide a convenient service for other
members, and to raise funds for local Guiding.

The views expressed in GUIDING magazine
are not necessarily endorsed by The Guide
Association.

official

your letters

These letters reflect the writers' own views and not Association policy.

Caring citizens

The Guider who wrote about her daughter's Guide leader choosing the PLs and Seconds, perhaps ought to know that many leaders – whom I have met while training them – do exactly the same thing in their Companies.

This is not Guiding treason, it is because they have tried the 'voting method' and found that, for them, it didn't work. These Guiders never tell anyone that they do this, as they think they're going to get into real trouble and, maybe, even be reported.

I should think the Guider in question is humiliated and embarrassed by seeing the letter about her in print. She's doing a superb voluntary job, with a difficult age range. I hope her District Commissioner lets her know how very valuable she is, and that she has no more negative comments written about her.

The girls being moved round to be in different Patrols is a good idea, as it gives the girls the opportunity to learn to be flexible and confident.

Some may say that we are not giving the girls enough responsibility. We tried the 'proper' way and had all sorts of problems, and we even lost some girls – which was awful. The girls were very pleased to return to being chosen by us, it gives them a feeling of pride to be chosen by a Guider.

The girls are, however, still able to exercise their governing and decision-making skills in many alternative spheres of activity.

Over the past few years, we, as a Movement have watched our numbers of Guides drop dramatically. There are various reasons for this, but I feel that our main problems are due to some Guiders sticking so rigidly to 'the way it's always been done'.

This is suffocating, old-fashioned and boring for the girls, and they have been telling us this by voting with their feet, and leaving the Movement.

Progression has its foot on the accelerator but, although there are many areas in Guiding that are keeping up – or are even in front of our changing times, some of our basic Guiding could certainly do with a breath of fresh air.

Whether or not we like the changes in society, our young people are a part of it, and they need to feel that, as a youth movement, we are moving right along with them.

I think that my role of Guider is to instil in each girl a feeling that they belong to a huge movement that has a deep heritage, strong morals and one that strives to make each of its members into respectful, caring citizens. I would like to think my girls will grow to be strong and independent through their positive experiences in Guiding.

Giving our girls responsibility and flexibility, at this stage, will increase the likelihood of them returning as leaders later in their lives. At a time when we are crying out for leaders this is of the utmost importance to our Movement.

Jo Swanston
St Albans

Think again

Before changing back to china cups, as advocated in *GUIDING* recently, you should consider the amount of hot water needed for washing up, and the new hygiene regulations.

The WRVS has, in many instances, changed to polystyrene cups.

Paula A Mourier
Abingdon Trefoil Guild

Call us ladies

When is a lady a woman? The correspondence continues:

Puzzled

I am very puzzled that Sue Hollings should be 'incensed' by Peter Ingram referring to Guiders as 'ladies'. What other term does she suggest he should use?

I should be rather offended by being referred to as a 'woman'.

It is my understanding that a lady is someone who is courteous, gentle and self-controlled – in fact, all the things which are in the Guiding code – while a woman does not have these attributes.

Perhaps this is an appropriate occasion to ask why our young people in Guiding are no longer referred to as 'children' or 'girls'? To deny them their childhood and girlhood is to do them a great disservice.

Helen D. Gardner
Suffolk Lones Trefoil Guild

Keep it simple

I agree with the suggestion that there needs to be a change to the Venture badge. There is no point in doing more than one Venture if there is no subsequent badge. We, in our unit, unofficially, award a daisy, using cut-up daisy trimming.

I think that numbered or colour-coded badges would be too complicated. I suggest a very simple badge, say a brown V on yellow, 1cm or so square, which could be awarded for every Venture.

These could be produced in ribbon to be cut up in the manner of County silks so need not be expensive.

Rachel Hemming
Assistant Guider, Stroud

A husband's view

Reading my wife's *GUIDING*, I was very surprised at the reaction of Sue Hollings.

If I was invited to have a woman accompany me to a function, I would need to decide whether this meant an employee or a courtesan.

The lady seems to have some sort of 'hang up' over the matter. Perhaps she would prefer the term female, which should not upset anybody.

Colin Marshall,
Peterborough

● We've fully covered this subject – so no more letters, please.

Filling the gap

During my 'gap' year in Borneo I was in Sabah, Malaysia for five months working as a volunteer in a school for children with learning difficulties.

While there, I made contact with local Guiders through an International Introduction Card, and I was lucky enough to be invited to join in the Sabah State Thinking Day celebrations at the Governor's Palace.

My parents parcelled up my uniform and sent it out to me. Fortunately, it arrived just in time!

I really enjoyed the day and it was wonderful to meet other members of the association and to see how Thinking Day is celebrated in other countries.

I'm now at Leeds Metropolitan University studying speech and language therapy and have arranged to be an Assistant Guide Guider with a local unit.

Kate Wharton
Southport

Justifying jeans

The news that Guides and Senior Section members can now wear jeans provoked letters and a poem.

Evelyn Jarrett from Kettering thundered: Jeans — what kind of uniform is that? It's taken me eight years to get used to all the untidy bits and pieces of the present day uniform and now this!

Were the Guiders consulted? And, if they were, did our District miss out?

I'm sure that I am not the only Guider shaking her head in despair at the decisions being made to bow to the so called 'fashions' of today.

Chris Daniels, from Leighton Buzzard, waxed poetical and added: If wearing jeans helps more youngsters to stay in Guiding — great. But I have to ask myself where we might be going wrong in other areas, if this is a real incentive to keep Guides in Guiding.

Hatfield Guiders commented: As a District we do not feel jeans are a suitable item of uniform for Guides, other than for general meetings. Even then, wearing jeans means that Guides are no longer special but more like youth club members who happen to wear blue clothing.

Margaret Talbot wonders why there's been such a fuss: All the Guide Guiders in Buckinghamshire District feel that jeans are appropriate activity clothing and that the girls are reminded not to wear them on formal occasions, so why all the media attention?

● The decision was taken unanimously by the Executive Committee (see Executive News in February's *GUIDING*). It followed a recommendation that incorporating jeans into the uniform would improve the image of Guiding with the Guide age group and was based upon research carried out with girls and Guiders on all aspects of the Guide section (see Image consultants on pages 24-25). Within Europe Region of WAGGGS a number of organisations already only require tops to conform to a uniform code.

Letters should be kept short and the Editor reserves the right to edit any contribution. They must give the author's name, address and, if possible, a daytime phone number.

Peer pressure counts

I was surprised that any Guiders should be 'horrified' that Guides don't like to be seen by friends outside the Movement while dressed in their uniforms. Nor do I think that this is a recent development.

My Guider can remember her own, similar feelings on this subject when Guiding in the 1970s, and it has certainly been so in my 20 years experience.

I think a girl can be a keen and committed Guide — yet still not wish to have this known by her wider circle.

Guiders have to recognise that in this girls are the victims of the non-trendy image the Movement has to outsiders.

Older Guides are at an age when peer pressure is high. Sensitivity and embarrassment about possible teasing are only natural.

We should just be glad they still come — even with their uniforms hidden.

Ann Addison

Unit Helper, Nuneaton

Plea from the police

Avon and Somerset Constabulary is seeking the help of *GUIDING* readers in our search for the body and personal effects of Ann Myring of Stoke Gifford, Bristol, who was last seen on June 25, last year.

A man was charged with her murder in October but, so far, her body and a number of her personal effects have never been found.

We are asking people in organisations like yours — who are involved in outdoor activities — to contact the Incident Room should they see anything a little unusual which, under normal circumstances, they might simply ignore — for example an item of women's clothing.

Ann Myring was white and aged 45. She was 5ft 4in tall, with curly brown hair and of plump build.

Her family, as well as the police, will greatly appreciate your help.

If you do have any information please telephone Crimestoppers on 0800 555 111.

DC I Anderson

Myring Incident Room
Staple Hill Police Station
Bristol

● *GUIDING* is pleased to be able to assist the police. Of course, members should always report anything suspicious that they see.

True story?

In a recent episode of ITV's *Heartbeat* set in the late 1960s, Guides were featured camping in a field in rural Yorkshire. I was amused to see that some things never change: bickering Guides, those lovely camp dresses, girls up in the middle of the night and tents looking like a bomb had hit them.

I wasn't born then, but can anyone from that era tell me how authentic it was? For example, would Guiders really be allowed to turn up, unannounced, at a farmer's field?

Could Guiders go by themselves — where was Lefty's Captain? She was so dopey, I'm surprised she was let loose.

Getting my Camper's licence last year was a lot harder than that.

What do experienced campers say?

Nicola Evans

Unit Guider

3rd Hillingdon Guides
Middlesex

Tonic for jaded Guiders

I was feeling rather jaded in my Guiding life. I enjoy the weekly contact with girls in my Rainbow Guide Unit and gain much pleasure in helping young and older women participate in the international aspect of Guiding in my role as a Trainer and CIA.

But all these different 'hats' also mean seemingly endless dates in my diary spent planning for trainings and committee meetings, involving hours spent at the word processor.

So it was with some trepidation that I entered the Earth Galleries at the Natural History Museum for the launch of WAGGGS' citizenship initiative.

The organisation was impressive... the professionalism and poise of the World Bureau staff was in evidence... it was totally inspiring.

The highlight was the unscripted dialogue between the five Regions' representatives. The five young women enchanted their audience with accounts of their achievements and aspirations.

I left bursting with pride to belong to Guiding, rejuvenated and ready to tackle once again those endless — but necessary — meetings and piles of paperwork.

I wish I could parcel up and distribute a small piece of the magic generated there to each and every member of the UK Guide Association.

One way we can support WAGGGS' wonderful work is to join the Olave Baden-Powell Society. Information is available from the Secretary-General, Mary Ramsay, tel/fax: 01962 862256, or write to: 21 Rances Way, Badgers Farm, Hampshire SO22 4PN.

Barbara Reid

Bramcote, Nottinghamshire

northern lights



Smiling through: Princess Margaret and the Chief Guide ignore the rain to chat to Guides after the service

Princess Margaret's presence at North East England's Advent Service in York Minster lit up a grey, damp day for the congregation.

She joined 2,800 Guiders, Rangers, Young Leaders and former Guiders from throughout the Region and an impressive list of VIP guests including the Lord Lieutenant, Sir Marcus Worsley and Lady Worsley; the Lord Mayor and Lady Mayoress of York, Coun. and Mrs Mick Bradley; and the Sheriff of York and his Lady, Coun. and Mrs Eurig Thomas.

As Princess Margaret arrived she was presented with a posy by Sarah Wilson, a Senior Section member from Durham South.

Inside the Minster, the President was officially welcomed by Region Chief Commissioner, Jenny Leach accompanied by the Chief Guide, Bridget Towle. Later Mrs Leach thanked Princess Margaret for making what was always a lovely occasion into a very special one.

While waiting, the congregation had enjoyed community singing led by the Region's Vocal Adviser, Janet Allen. A procession of flags and standards – including

the President's – opened the service, which was taken by the Very Reverend Raymond Furnell, Dean of York.

More than 300 girls and leaders contributed to the service, which included a dance-mime by 65 Guides and a candle-lit procession of 68 Brownies.

A choir of 45 adult members representing the three West Yorkshire Counties

supported the enthusiastic congregation's singing, which was interspersed with inspirational readings from Helen Faulkner, Rachel Campbell, Fiona Helsby, Helen Dearnley, Vicki Manley and Kim Roberts. Sheila Bamber, the Region's Programme and Training Adviser, led the prayers.

Minster staff complimented the Region on running the best organised event to take place there – apart from their own services.

Earlier, when Princess Margaret made a private visit to Region Headquarters, the path leading to the front door was lined by excited Brownies and Guides, who ignored the weather to give the President a warm North country welcome.

Just eight days earlier Princess Margaret had been at Dryden Professional Development Centre, Low Fell, near Newcastle. There she spent an hour with

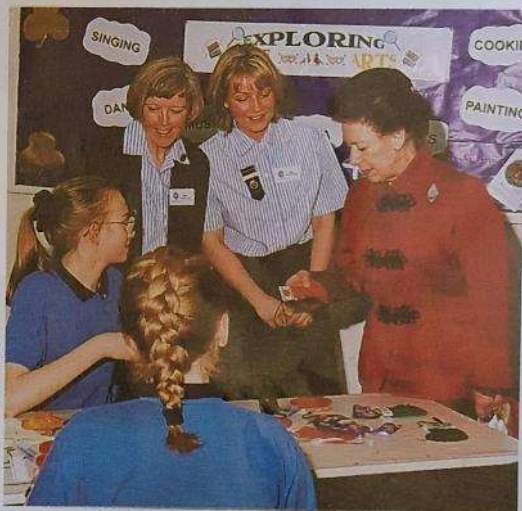
Brownies and Guides from Durham North.

The President was welcomed by a guard of honour made up of 18 girls representing seven Divisions.

Escorted by Durham North's County Commissioner, Susan Lister, Princess Margaret talked to the girls and watched seven activities and demonstrations, which included glass painting and map making.

After signing the Visitor's Book, Princess Margaret was presented with a posy by nine-year-old Julia Hind of the 36th Gateshead

Princess Margaret made two trips in quick succession to the North East Region this winter



MARGARET WHITTAKER

Brownie Pack. The President was so impressed by the girls' farewell version of *We are moving in the light of God* that she asked for an encore.

Princess Margaret inspects some of Durham North's craft ideas



LEACH STUDIO LIMITED

Well done: Princess Margaret congratulates the Brownies after their candle-lit procession through York Minster

£15

winner



A SALMON

Swiss wheeze

Taking a breather on a Swiss mountain are Guider Jane Leving and Guide Megan Reynard from Suffolk. Several units from the Bury St Edmunds' area got together to organise a special trip to Switzerland.



RUTH CORNFORTH DAWN BAGNALL

Hello mum!

Peering out of this taxi in Thailand are Ruth Cornforth and Dawn Bagnall. The girls are representing the UK in a long-term GOLD project and the two thoughtful lasses would like to send their mums a special greeting for Mother's Day.

MAGGIE FIELD



Ye olde costume drama

Playing the Pack jester is Jo Harper of Bridge Brownies, Kent. The girls had an amazing day out at Bodiam Castle in East Sussex. There was plenty of role play, a fantastic feast and music for the after-dinner entertainment.

SANDWELL EXPRESS AND STAR



Supermarket sweep

This supermarket trolley was just one of the things that West Bromwich Brownies found in their spring clean-up. Jenny Billings, Hayley Harrison and Brown Owl, Sylvia Collins, helped to pick up 26 bags of rubbish. Will you be helping to keep Britain tidy this year?

County clown

When she's not in uniform, Cleveland's County Commissioner likes to play the clown. Always game-for-a-laugh Lynda Walker put on her red nose especially for the circus wide game at Cleveland's international camp.



ANN GIBBONS



JACQUI TOOBY

A small step for womankind..

NASA's boffins would have been really proud of the 56th Cardiff Brownies when they took part in their very own space race. The Pack has been in contact with a troop of Girl Scouts in Colorado, who gave their British counterparts lots of ideas to try out at their American-style Space Revels.

Keep sending
in your Guiding
photographs, we
love to see them!
Each month there's a
£15 prize for the best
photo and £5 for every
other snap we print.
Please include a sae.



COLETTE CORLEY

Head to head

Two heads are certainly better than one as Elizabeth Martin and Eira Smith found out. The girls, both members of the 2nd Wotton-under-Edge Guides, were snapped whispering secrets at their Patrol Leaders' Baden-Powell Award party.

PETERBOROUGH EVENING TELEGRAPH

Bear necessities

Helping to celebrate Winnie the Pooh's 70th birthday are Alice, Laura, Amba and Henna of the 1st Millfield Rainbows, Peterborough. All the girls took along their own bears for a special birthday picnic, which – as you'd expect – included lots of honey sandwiches.





badge of

Inspired by the selfless courage of Edith Louisa Cavell 80 years ago, The Guide Association instituted the Nurse Cavell Badge, shown above, ancestor of the Star of Merit.

To receive the Nurse Cavell Badge, a Guide was required to 'have shown either special pluck in saving life, self-sacrifice in work for others, endurance under suffering or calmness in danger'.

A bravery badge of this kind for Guides was first suggested soon after the Cornwell Badge for Scouts was introduced in 1915, the year Nurse Cavell was shot by the Germans for helping Allied fugitives to escape.

During three years of deliberations, it was decided that the new badge was to be the Association's own memorial to Edith Cavell 'with a view to encouraging her special qualities among the Guides'.

Born in a village near Norwich in 1865, Edith Cavell was matron of a hospital in Belgium when the First World War broke out.

In less than a year, she aided more than 100 British soldiers and a similar number of French and Belgians of military age to evade the enemy. She was executed by a firing squad on October 12, 1915 and her body lies in Norwich Cathedral.

The first award of the Nurse Cavell Badge was made on January 18, 1920, not to a Guide but to an adult leader, a Mrs Gillett, who also came from Norfolk, just seven miles from Norwich.

She was the Captain of the 1st Brooke Guides and, while at camp with her unit, saved a girl - whose her apron was set alight - from being burnt, when a gust of wind sent the camp-fire flames leaping.

Mrs Gillett tried to put out the flames by crushing them with her hands. When that failed, she

ordered the girl to lie down on the ground and smothered the flames with her own body. Mrs Gillett suffered burns to both hands and, according to the citation, had one 'completely singed' eyebrow.

By 1922, however, the emphasis on bravery in the face of danger had lessened. It was decided that the Nurse Cavell Badge would be awarded only for 'fortitude', and normally only for a Guide or Ranger in the Extension Branch. In practice, this almost always meant because of illness or accident, involving long spells in hospital.

A further change of policy soon followed. In 1923, in an age when it was the norm to talk of 'cripples', the 'deaf and dumb' and 'lunatic asylums', it was decreed that 'only Guides of at least six months' service in registered Extension Companies composed of the physically defective girls or registered Extension Lone Guides' were to be eligible for the Nurse Cavell Badge.

It could be awarded, it was announced, 'on the recommendation of the Captain of the Company, the doctor or sister of the ward or the nurses, showing that the Guide has behaved with great pluck when in pain, shown endurance under return of suffering, that she has been cheerful and self-controlled and has helped others through her behaviour and general outlook on life'.

In addition, the recommendation had to be endorsed by a report from the District Commissioner, following a personal visit to the patient.

Awards of the Nurse Cavell Badge were notified in *The Girl Guides Gazette* almost every month. A typical entry in January, 1925, mentions Ethel Salter, a member of the 2nd Queen Mary's Company, a special unit now defunct, based at the Queen Mary's Hospital, Carshalton south west London. Ethel endured 'a long and painful illness'.

By 1926 the accent on 'fortitude' had become so strong that the Nurse Cavell Badge was replaced by the Badge of Fortitude. The rules for eligibility remained much as before except that applications made on behalf of 'invalid' Guides not in Extension Companies could be considered in 'special cases'.

The following year it was ruled that the Fortitude Badge was to be limited to 'girls of Guide age under 16 except in exceptional circumstances', and in 1928 it was redesigned. In 1931 'physically defective' Brownies in Extension units became eligible too. Minor amend-

ments followed. In 1932 it was ruled that the Fortitude Badge was to be limited to 'girls of Guide age under 16 except in exceptional circumstances', and in 1928 it was redesigned. In 1931 'physically defective' Brownies in Extension units became eligible too. Minor amend-

Lyn Maddocks (left) and Jillian Peckham - both holders of the Badge of Fortitude - met for the first time when they attended a Trefoil Guild Region AGM at Folkestone



THE GUIDE ASSOCIATION



The present-day badge - the Star of Merit - was introduced in 1965

The Star of Merit has a distinguished history stretching back 80 years

honour



The Badge of Fortitude replaced the original badge in 1926

ments were again made in 1935.

In fact, the Badge of Fortitude had a far longer life than its predecessor. In 1942, for example, it was awarded to an 11-year-old Brownie, Mavis Tye, who was a patient at the Bath and Wessex Orthopaedic Hospital. Mavis had to have her leg amputated, having suffered from a tubercular

knee since she was two.

In 1945, a few months before the end of the Second World War, Iris Chamberlain, a 12-year-old Guide from Winchmore Hill, north London was presented with the badge while a patient in her local hospital. Six months earlier, a flying bomb had landed almost on her home, killing both her parents and injuring a sister.

Iris was so badly hurt that both legs had to be amputated.

The rules were modified yet again in 1950, when it was decided that Rangers, as well as Brownies and Guides, 'who have shown unusually great courage and endurance under suffering' were eligible, and even Guiders could be included — in exceptional circumstances.

Acts of heroism involving risk to life could be recognised by Association awards for gallantry such as the Silver Cross.

Margaret Dixon, a 16-year-old Ranger from Fleetwood, Lancashire, received the Fortitude Badge in 1951 while in an iron lung. There could be no question of

pinning it to her uniform. At a hospital presentation the County Commissioner for North West Lancashire, Mrs H Mallott, could only lay the badge with its ribbon on the polio victim's pillow, while Margaret smiled into a mirror.

In 1965 the Badge of Fortitude was superseded by the Star of Merit, an award made open to any member of the Association who was described as having 'without risk to her own life shown great initiative and devotion to duty' and having 'displayed great courage or fortitude, often under suffering'.

The following year Patrol Leader Ann Farbrother, aged 15, of the 4th Stone Guide Company, Staffordshire, received the Star of Merit, after having gone to the aid of a man overcome by fumes while working on a gas main.

Ann's citation stated: 'She took charge of the unconscious man, applying artificial respiration for about 15 minutes. Shortly afterwards an ambulance crew gave the man oxygen and he recovered completely within a few minutes.'

'Ann's prompt action, coupled with her knowledge of first aid, averted a situation which could have had fatal consequences. She acted with great presence of mind and coolheadedness'.

Many other Association members have since received the award.

At the end of 1996 the gold-edged, blue Star of Merit, with its navy ribbon had its Trefoil modified and may now be presented to any member 'who has displayed great courage or fortitude'.

The awards have changed and so have the criteria for assessing 'meritorious conduct', but, 80 years on, it can still be assumed that any recipient of the Star of Merit has those 'special qualities' displayed by Nurse Edith Cavell.



HULTON DEUTSCH

Margaret Dixon was at camp in Derbyshire with the now long defunct 10th Fleetwood (Grammar School) Ranger Unit in July, 1950 when she became paralysed.

Twenty-five years later Margaret was still flat on her back when she wrote her life story for a women's magazine, on an electric typewriter operated by the Possum remote control device. Using this equipment, she started a magazine for people who have to use a respirator.

Margaret still managed to get about. At first she travelled in a removal van and later in an ambulance. She demonstrated with the the Disablement Income Group outside the House of Commons and watched tennis at Wimbledon. She died in 1978, aged 44.

Lyn Maddocks and Jillian Peckham are both holders of the Badge of Fortitude.

Lyn was born with athrogryposis, a disease that locks the joints. She spent her childhood in hospital, first at Swanley, Kent and then at Luton, Bedfordshire, where she became a Guide when a hospital Guide Unit was formed. She received her award after forcing herself to walk with the aid of crutches.

Now 68 Lyn lives in a Cheshire Home in Surrey.

Stricken by polio as a small child, Jillian Peckham received her award in 1955 as a Guide in South Africa, where she was brought up. She now lives at Pembury, Kent.

● Our thanks to Margaret Courtney, The Guide Association's Archivist, for help with research.

winning ways

With £500 to give away, Angie Goddard just had to nominate her pet project — a new camp site

Care in the community: West Yorkshire South Commissioner Angie Goddard has been rewarded for her community work

West Yorkshire Guides were delighted – but not very surprised – when Angie Goddard, their County Commissioner, was singled out for special praise by her employers, the Post Office.

Angie, Brown Owl of the 6th Wakefield Brownies – as well as being County Commissioner – is a counter clerk at the little branch post office at Sandal, a pleasant, village-like area, just a few miles from the centre of Wakefield.

She had been selected from about 200 nominations for a Post Office National Award for employees, who are 'People Active in the Community'.

Active? All County Commissioners are active, of course, but in Angie's case that hardly describes her adequately. When she's finished a long day of stamping allowance books, counting money, checking applications, issuing forms, supplying postage stamps and dealing with up to a 1,000 enquiries, she's constantly busy elsewhere.

Angie doesn't just help out with Guiding. She is involved with many other organisations and causes in Sandal, where she lives, only a short walk away from the post office.

When she is behind the counter, Angie feels herself to be 'at the hub of the community', where she can 'feel its pulse' and learn what is going on locally and where her assistance may be needed.

Married to a 'very supportive' husband, Les, a civil engineer, they have two sons, both former Scouts – 19-year-old Robert and Richard, 21 in June – who are now at university.

It was when they were younger that Angie became heavily involved with local schools, the church playgroup and church activities for older children, to name just a few of the organisations she supports.

However, Angie, a Brownie at seven, with 40 years in Guiding, makes no secret of the fact that Guiding is her main interest. She was a Guide and a Young Leader before becoming a Brownie Guider,

and she has served as a Division Commissioner for Wakefield South.

Angie's latest pet cause – for which she has campaigned vigorously – is the new camp site planned for the two Wakefield Divisions at Midgley, about five miles from the city centre.

On receiving news of her award, Angie arranged for some Brownies to be present when the Post Office's North East Region General Manager, Don Grey, accompanied by a photographer and carrying a bouquet of flowers, turned up at Sandal to congratulate her.

Later, Angie went to an exhibition and presentation ceremony at Edgebaston, Birmingham, where each award winner had a stand dealing with a project that he or she was supporting. Naturally, Angie's was all about Midgley camp site.

At this event the Post Office Chairman, Sir Michael Heron, presented Angie with an engraved crystal bowl and a cheque for £500 for her chosen 'community cause' – the camp-site fund.

The cash grant is a useful boost to the two Divisions' efforts towards raising the £5,000 needed to provide essential services and facilities at the Midgley site, which has been acquired on a lease.

It replaces another site that they shared for more than 25 years within the grounds of Bretton Hall, a mansion near Midgley. This site was also leased and has now to be vacated.

Angie said: 'All being well, we will be camping at Midgley by this summer, if not before. Meanwhile, I'm really enjoying my work as County Commissioner.'



MARGOT CLITT

directory

CAMPING AND HOLIDAYS

SPRING BANK 98

Don't be Late, Book Now for
SPRING BANK 98

Drum Hill is the place to be why
don't you come along and see?
With loads and loads for all to
do this fun weekend's a
must for You

For a Bank Holiday Weekend Camp
Where Activities Offered Include:

Go-Karting, Abseiling, Archery,
Rifle Shooting, Assault Course,
Judo, Water Slide, Disco, Junior
Crossbow, Competitions,
Barbecue, Crate Stacking,
Evening Entertainment

All this and more from
Friday May 22nd to Monday 25th
For only £14 per person at
Drum Hill Country Camp site, Derby.
For further details ring: 01322 517781
or send an A5 SAE To:

Jayne Rose, 6 Acacia Avenue,
Mickleover, Derby. DE3 5NL
colin.rose@virgin.net
email:

♦ FOREST OF DEAN ♦

Park End Church camp site. £5 pppw.
Minimum charge £50. Full details
from Canon Davies, tel: 01594
562284.

WYEDEAN CANOE & ADVENTURE

Canoeing Abseiling
Kayaking Climbing
Raft Building Caving
Ropes Course Archery

80 m Zip Wire
THE PREMIER OUTDOOR
CENTRE OF THE FOREST OF DEAN & WYE
VALLEY

Courses and activities organised to fit your itinerary
HOLLY BARN ORGANISED GROUP
ACCOMMODATION & CAMPING
Overlooking Symonds Yat Rock and a view for 50
miles. Set in 18 acres of fields and surrounded by
forest and the River Wye. All activities can be carried
out within walking distance.

PRE-VISITS WELCOME BCU APPROVED
For further information contact:
Paul or Jane Howells
Holly Barn, Symonds Yat Coleford,
Gloucestershire GL16 7NZ
Tel: 01594 833328 Fax: 01600 890129

NORTH OF ENGLAND



auchengillan

THE SCOTTISH SENSATION

Overlook the West Highland Way with a backdrop of Highland scenery and
shimmering lochs.
Try mountain biking, quad motorbikes, shooting, archery, abseiling, swimming,
grass sledging, adventure fort and many more activities.
Programme planning was never easier! There's even a shop for food orders,
souvenirs and sweets. (Sample menus available.)
Whether it's outdoor or indoor, traditional activity or tourist based, Auchengillan
offers it all.
Our colour brochure is only a phone call or letter away — take the first step now —
we'll help with the rest!
Contact Andy Wilson, Auchengillan, Blanefield, Stirlingshire G63 9AU.
Tel: 01360 770256. Fax: 01360 771197.

The Old School,

Penybontfawr, Nr Oswestry, Powys

Set amidst the beautiful Tanat Valley close to the
Berwyn Mountain and Lakes Bala and Vyrnwy, The
Old School is the ideal centre for all Scout and Guide
parties to explore this part of Wales

It is a self-catering residential centre for 28 persons
which includes a well-equipped kitchen, showers,
toilets, drying room and central heating.

The ideal centre for all, offering excellent and
comfortable accommodation for either weekends or
longer stays.

Maps Reference: Sheet 125-086 245

Send for further information from:

Blackwell Court International Scout Centre, Agmore
Road, Blackwell, Nr Bromsgrove,
Worcestershire B60 1PX
or telephone: 0121-445-1285 Fax: 0121-447-7442

For Sale

TREFOIL BISCUIT CUTTERS

£1 each + 50p p&hp, or £20 for box of 24 + £1 p&hp
Ideal for biscuit making and many other things.
Send immediately to Jane Bealby, Broomhill Grange,
Edwinstowe, Mansfield, Notts NG21 9HG
Cheques made payable to: Ollerton Division
Guide Association

-Fordell Firs-

Scotland's Premier Camping and Activity Centre

48 acres of delightful Scottish countryside and only
15 minutes from the heart of Edinburgh.

The Centre is open all year round allowing both
summer and winter adventure.

Indoor accommodation consists of a modern fully
central-heated Centre sleeping 36 and a more tradi-
tional chalet sleeping 18. Both have modern kitchen
and dining facilities.

Camping ground is extensive and coupled with our
brand new toilet, shower and wet-weather facility
make it a must for Guides.

Activities include

Simulated Caving, Abseiling, Climbing, Pioneering,
Mountain Biking, Archery, Blindtrails, Naturewalks,
Bouncy Castle and Ballpool, Trampoline, Team
Building, Indoor and Outdoor Sports.

For more information contact:-

The Warden, National Scout Activity Centre,
Fordell Firs, Hillend, Dunfermline, Fife, KY11 5HQ
Tel: 01383 412704 Fax: 01383 414892

PAX HOH CAMP SITE

Bring your unit to this beautiful site situated on the
edge of the Peak District National Park.

- Site available for 60 campers either equipped or
non-equipped
- Wet-weather shelter
- Toilets & Showers, Disabled facilities
- Open Fires permitted
- Activities locally at Carsington Reservoir including:
sailing, canoeing, windsurfing, cycling, bird
watching.

For further information please send a large SAE to
Mrs D Brownlee 162, Somersall Lane, Chesterfield,
S40 3LZ or Tel: 01246 598212



NSI
ADVENTURE

at Winmarleigh Hall

Edge of Forest of Bowland, Lancs.

Adventure with a Difference
for Guides & Brownies

- Challenging adventure activities.
- Exciting computer courses.
- Strict safety policy.
- Fun packed evening programme.
- High quality accommodation - all
rooms en-suite.
- 50 acres of gardens & woodlands.
- Over 30 years experience.

For a full colour brochure telephone
head office on: 01253 596659
or our Scottish office on:
01236 421555.



♦ ISLE OF MAN ♦

Explore from large exclusive-use farm
bunkhouse. Full facilities; budget activi-
ties; near beach, Electric tram and town.
From £4 PPPN. Brochure: J FOSTER,
Lewagie Farm Camp, Maughold, I.O.M.
IM7 1AW. 01624 812216.

♦ YORKSHIRE DALES ♦

Spectacular location high in the hills,
1700s farmhouse cosy and welcom-
ing. Fully-equipped to accommodate
groups up to 28 (max). Leaders' room,
s/catering, exclusive use. Free heat-
ing, electricity, hot water, logs. Pur-
pose-built camp fire/barbecue area.
The comfortable way to camp! War-
den and wife on hand. Further details
telephone 01765 689382 (anytime)
The Toc H Centre, Colsterdale,
Nr.Ripon N/Yorks HG4 4NN.

WEST LANCASHIRE SCOUTS COUNTY CAMPSITES

LOOKING FOR REAL ADVENTURE IN
THE LAKE DISTRICT - COME TO
GREAT TOWER SCOUT CAMPSITE,
WINDERMERE

Magnificent site in 250 acres of
woodland - reasonable prices -
wide variety of activities with
qualified instructors (climbing
abseiling etc). Full time staff -
well stocked Providore - lots of
camping space - own water
activity centre on Windermere for
sailing, canoeing.
Many buildings offer first class
indoor accommodation.
Plus Oakleaves a detached Studio
Apartment on the eastern shore of
Lake Windermere for family let,
(sleeps 4)

For further details send SAE to:-
W. Lancs Scout Office, Wood Top,
Gosnargh
PRESTON PR3 2ER

♦ THORNEYWAITE HOUSE ♦

Guide books, badges, stamps, memo-
rabilia bought/sold. Ask for current
details/catalogue. Hoggarth, Thor-
neywaite House, Glaisdale, Whitby
YO21 2QU (01947 897 338).

♦ BRING YOUR UNIT TO THE HISTORIC CITY OF YORK ♦

White Rose House is a Guide county
property situated in a picturesque
village 8 miles from the city centre and
is fully equipped for 24 people.
(suitable for winter holidays-heating
included in rent) For further details
send SAE to Mrs Margaret Peel, 5
Moor Lane, Murton, York YO1 3UH.

Advertise your
holidays or camps
on this page!

ACHACHAIRDEIS - GARTOCHARN

By Balloch, Glasgow. County camp site and Park
Holiday House in beautiful countryside overlooking
Loch Lomond within easy reach of Balloch, Dumbar-
ton and Glasgow. House has four-bedded room,
two-bedded room and dorm for eighteen. Four
equipped camp sites with toilet block, showers and
solid shelter. Apply SAE: Camp site Mrs Low, 606
Sandhills Road, Glasgow, G32 9TT. Tel: 0141 778
4044. House Mrs. McGregor, 58 Woodland Cres-
cent, Glasgow G46 7SR Tel: 0141 638 5273.

YORKSHIRE DALES

New Scandinavian log cabin bunkhouse
for 48 in 10 bedrooms at Ingleton.
Central heating, drying room, sauna,
separate lounge, colour televisions.
Contact Robin Hainsworth, Pincroft,
Ingleton, Carnforth, Lancs.

Phone/Fax: 01524-241462

HORSES AND WALES!

Pony trekking and camping in the Black Mountains.
Free camp field if riding. Days and half days avail-
able. Join in grooming, and tacking up. Demos-
trations and advice always given.

WTRA Approved and Trek Leader Award
AALA Registered for Trekking
WTB Accredited. Established 40 years

Grange Trekking Centre (G.U.)

Capel - Y - Fflin, Abergavenny,
Gwent NP23 7NP
01873 890215



ABROAD

SWITZERLAND ADELRODEN

Self-catering accommodation for 12 persons. Enjoy
excursions and guided mountain walks round Adelro-
den and to the mountains. Price: \$10 per day for
groups of minimum 25 persons and 6 nights.
Four bungalows CH 1715 Adelboden-Oey
Fax: 0041 33 673 49 52
Tel: 0041 33 673 16 52 / 01722 311326

classifieds

ABROAD

FOR SOURCES AND RESOURCES

YOUTH LEADERS WANTED AT SUMMER CAMPS IN THE USA

If you are between 18 & 30 and are available for at least 9 weeks from June, you could have 'The Best Summer of Your Life' teaching land & water sports, outdoor adventure activities, arts & crafts and horse riding etc, etc, to children at American summer camps.

For a brochure & application form contact:
Camp Counselors USA
6 Richmond Hill, Richmond Upon Thames
Surrey, TW10 6QX. Tel: 0181 332 2952
Email: 100744.1754@compuserve.com



EVENTS

ROYAL ELTHAM

April 15 - 18 1998

7.30pm each evening
Matinee on Sunday
at 2.45pm

26th Annual Show
Lewisham Theatre
Catford SE6 4RU

BOX OFFICE
0181 850 9274



CRAFT

Art & Craft Materials

Huge choice of quality materials & tools for Arts, Crafts & Hobbies. Simply send 2 x 1st Class stamps for our catalogue listing over 10,000 products including:

- * Fabric painting * Beadwork
- * Needlework * Papercraft
- * Candlemaking * Jewellery

Fred Aldous

Dept G, 37 Lever St
Manchester M60 1UX
Tel: 0161 236 2477

Established 1886

BOOKTREE

Attention All Brownie Guiders

- Exceptional mail order service available together with a wide range of exhibitions and workshops throughout the year.
- And remember we are situated on the Merton Abbey Mills Craft Site - great for a weekend outing
- Our current Information Pack and Workshop Schedule detailing what is available can be obtained by sending 2 first class stamps to the following address:

BOOKTREE (GU)

Merton Abbey Mills, Meranton Way
Surrey, Wimblesdon, London SW19 2 RD
Tel: 0181 540 2094 Open 10.30 pm daily

The Northern Bead Co.

Learn to make your own jewellery!
It's easy to do, lots of fun, and you make lots of profit - ideal for fund-raising.

Starters kits available or choose your own beads from our superb full-colour catalogue. Send a cheque or postal order for £2.75 to:

The Northern Bead Co.
The Corn Exchange, 111-113, High Street
Leeds LS1 7BB, West Yorkshire
Tel/Fax: 0113 244 3033

Even more ways to venture Abroad

SWITZERLAND

- NORMANDY • AUSTRIA •
- HOLLAND • FRENCH ALPS •

THE WORLD

- MEXICO • INDIA • CANADA •
- Stay in Adelboden - home of Our Chalet
- Groups of all sizes welcome
- Self-catering chalets, apartments & catered youth hotels

Why leaders choose Venture Abroad

- Help and advice all the way
- Detailed chalet and resort packs
- Leaders Information Pack
- Resort Representatives Service

Call now for further details and a brochure

0113 258 6474

VENTURE ABROAD, 11 STATION ROAD,
HORSFORTH, LEEDS LS18 5PA
Flights provided by various ATOL holders

Ocarina Workshop

Freeport NH0368, Kettering NN15 5BR
Tel: 01536-485463 Fax: 01536-485051



Ask for your exciting fact pack on the music Brownies and Guides love to play

SUPPLIERS

TEE & SWEATSHIRTS

FREE PHONE

0800 731 7461 24 HR

For Colour Brochure, & Free Information Pack.

SCREEN PRINTED & EMBROIDERED

TO YOUR OWN DESIGN
14 DAYS CREDIT TO GUIDES & BROWNIES

B.B. CAPS No Surcharge On Small Orders.
Min Reorder SHIRTS, ONLY 6

POLOS FREE DESIGN SERVICE

Advertise, East Hill,
Blackwater, TRURO,
Cornwall TR4 8HW

Phone & FAX 01872 661044

e mail advertise @ zetnet.co.uk

BADGES RKB

Estb. over 40 yrs

Anniversary, District, Camp, Jubilee badges embroidered, woven and printed. Pennants - Printed Ties - woven small or large quantities. Phone, fax or post your Sketch/Design to:

RKB (Russell King Badges)
Pagoda Lodge, Longhirst, Nr. Morpeth NE61 3LJ
Tel/Fax 01670 790696

T-SHIRTS

Printed & Woven Badges
Event & Gang Show Scarves
Baseball Hats, Sweatshirts.

Contact

LEISURE LINES
10A Horncastle Street,
CLECKHEATON BD19 4JH
Phone or fax 01274 851177
Run by active Scouters

T-SHIRTS SWEATSHIRTS, BADGES

Woven/Printed Badges Embroidered/Printed clothing to your own design. Specialists for Guides, Scouts, Clubs and Schools since 1977

...for Co-ordinated Teamwork

Sprint Sports & Leisure Ltd
The Mill House, Welbeck Road
Bolsover, Chesterfield. S44 6DH
Tel: 01246 240 072 Fax: 01246 825 900

BADGES SEW ON

Inexpensive and attractive.

Fast service.

Contact the manufacturers

S.A. Cory Ltd, Glengarriff,

Co Cork, Eire.

Tel: 00 35 3 276 3159

Fax: 00 35 3 276 3408

BONE CHINA BEAKERS

For fundraising & commemorative events. Superb design service, competitively priced, excellent quality, prompt delivery. Wide selection of other lines available.

Jim Tranter Agencies, 33 Lower Oxford Rd
Basford, Newcastle, Staffordshire ST5 0PB
Tel: 01782 618115 Fax: 01782 634498

BADGES

To your own design, whatever you need.

EMBROIDERED, WOVEN & PRINTED.

Just send a sketch for prompt competitive quotation

to the old-established family business specialising

in supplying goods to Scouts & Guides for over 20 years. Friendly, personal and reliable service.

Webb Tolley & Co. Ltd

12 Church St, Stourbridge, DY8 1LY

Tel: 01384 820040 Fax: 01384 820050

E-mail: webbtolley@cableinet.co.uk

FUNDRAISING

QUALITY SEW-ON BADGES

COMPETITIVE PRICES

Also caps/pennants/banners

Enquiries to: Promolit

5 Mill Close, Great Bardfield

Braintree, Essex CM7 4RJ

01371 810645 or fax: 01371 811105

FUNDRAISING



GREENMAN Please cash (and save the environment) Laser toner & inkjet cartridges are being dumped from many offices near you. We pay cash to the Guides or named charity.
Greenman Toner Service Co Ltd.
Tel: 01372 748550

EXPRESS SERVICE

For Fund Raising & Promotions

*PENS - PENCILS - COMBS

*KEY FOBBS - NOTEPADS

*BADGES - DIARIES

All printed to your requirements.

For samples & colour brochure

Contact GOLDPRESS

1 Lower Green Avenue, Scholes,

Cleckheaton, West Yorkshire

BD19 6BP

PHONE 01274-878488

Stamp appreciated

RAISE £1000s

For your funds and help the environment. Collect used Laser printer cartridges. For details call LASER EXCHANGE 01873 852663.

CANVAS

Repairs and alterations. Zips and windows replaced. DIY supplied. J.E.H. Repairs, The Old Gasworks Store, Torrington Street, East - The - Water, Bideford, North Devon EX39 4DP. Tel: 01237 473429 Any time.

POINT NORTH OUTDOOR FABRICS

High-quality breathable, waterproof, fleece, ripstop, stretch & thermal fabrics for DIY clothing & equipment, including Cordura, Cyclone, Milair, Pertex, Tactel & Ventile. Also tape, webbing zips, buckles, etc.

Send SAE 11x22cm for catalogue

Pointnorth (B) Ltd., 16 Newry Fawr,
Holyhead, Gwynedd. LL65 1LB
Tel & Fax 01407 760195

ATTENTION

Brownie Guiders! Totems (Toadstools) manufactured in red fibreglass with white spots and green detachable stems - 18ins high £35.50 including packaging/postage. Cheques with order to Mr. E.W. Booth "Barbon", 43 Bagslale Moor Road, Rochdale OL11 5XT Lancs. Tel: 01706 42156 or 365591.

PRINTED PENS

From 7p + FREE delivery



DIARIES, MILGS, ADDRESS BOOKS, RULES, NOTE BOOKS, PLASTIC CARDS, BOOKS, T-SHIRTS, BADGES, SCOUT VESTS, SCOUTS, CARDS, LISTS, etc.

Send for colour brochure & samples or visit

ROSTON PROMOTIONAL GIFTS UK

Dept QG, 26 Station Road, Draycott

Derby DE72 3GB

Tel: 01332 873330

Fax: 01332 873333

Betty Okwir

from Lira, Northern Uganda, East Africa

“I feel strongly that Guiding has a special role in changing the lives of girls and women throughout the world, if the initiative is supported by both the community and respective governments.

Guides can be active agents of change in awareness and alerting other young women to their rights. I believe they could bring about the end of circumcision - female genital mutilation - of girls in Uganda.

Guiding could also encourage a feeling of sisterhood and act as a unified front for the protection of the girl child. The Movement could also champion peace initiatives in homes, communities and countries, by acting as peacemakers, peace-keepers and peace-builders.

In the Ugandan context, we have achieved a lot... through skills training, preparation for womanhood, development of character and discipline, and literacy. But I believe the Movement can still do much more, if only it can embrace girls who are in schools and those who are not.

I joined the Movement in 1961, while at junior secondary. Ultimately, I would like Guiding to help in bringing about peace, unity and development in Uganda. We are an under-developed country, but we are struggling very hard to revive Uganda's position to become the Pearl of Africa — as it was once.

Regarding the roles I play, it is a complicated exercise for anyone to combine the roles of mother, housewife, Deputy Speaker of Parliament, Member of Parliament and Chief Commissioner of Guides.

In each situation I play the role of leader. At home, I do supervisory work. I make sure all the meals cooked are tasty and served on time; that the house is clean; laundry handled; the garden done; rabbits checked and the resident guards have reported.

As Deputy Speaker and Member of Parliament, I have official work-



Betty is Deputy Speaker of the Ugandan Parliament and the Uganda Girl Guides Association's Chief Commissioner

ing hours and as Chief Commissioner of Guides, I have set programmes to follow. I work hard and apportion my time accordingly, managing each situation appropriately, with a wooden, not iron hand!

As Deputy Speaker I do administrative work; chair parliamentary sittings in the absence of the Speaker; co-ordinate the activities of committees and female MPs and officiate at functions.

Out of the 51 women MPs, more than 30 are Guide leaders. We have initiated a programme called 'Growing in Guiding', to get policy makers to understand the Movement's role and its new perspective, as we approach the 21st Century.

I got involved in politics in 1989, when my people were searching for women candidates. I was then elected in 1994 as a delegate to the Constituent Assembly to help compose the new constitution and, in June 1996, to represent Lira District. A month later I was elected, unopposed, as Deputy Speaker.

So the people brought me into politics. This fitted in with my interest in serving the people and

my wish to make a difference — to bring about unity, peace and development in the area through community-based programmes.

In my leisure time, I like playing indoor games with my family and going with them to sports events. I enjoy cooking. My favourite dish is smoked fish in peanut butter and sheanut butter sauce with millet bread. What a dish!

I am the oldest in a family of six brothers, three sisters and three stepchildren. I am grateful to our parents for sending us all to school.

As a child I played with banana-fibre balls. I skipped, played hide and seek and hunted animals. I joined in traditional dances, songs, drama, storytelling and festivals.

My society expects a woman to be superhuman: a robot, who does her daily work without bitterness or failure. A woman is everybody and everything; everywhere and every-time. But just like a machine breaks down, so does a woman.

A woman's situation is back-breaking, heart-breaking and brain-damaging, and yet she emerges the winner. Hurray! ♡

seasonal **GUIDING** advice



If you want your unit to grow in skills and to savour all that is best in Guiding, then you'll need a constant supply of good ideas.

Take out a subscription to **GUIDING** and we guarantee you'll get all the help you need to keep your programme fresh and exciting.

Remember, you only buy the magazine, we pay for the postage.

You know it makes Guiding sense

GUIDING post-free subscription offer Valid for the UK and BFPO only

To: Publishing Services [G3/98, FREEPOST (LON 145)], The Guide Association, London SW1W 0PT. Tel: 0171 834 6242.

GUIDING costs £1.25 per month. For a one-year subscription please enclose a cheque or postal order for £15.00 made payable to The Guide Association.

Please send copy(ies) of GUIDING for months commencing

I enclose a cheque/postal order/money order for made payable to The Guide Association.

INVOICE ADDRESS

MAILING ADDRESS

All subscriptions are for a maximum of one year. Shorter subscriptions can be taken out pro rata.