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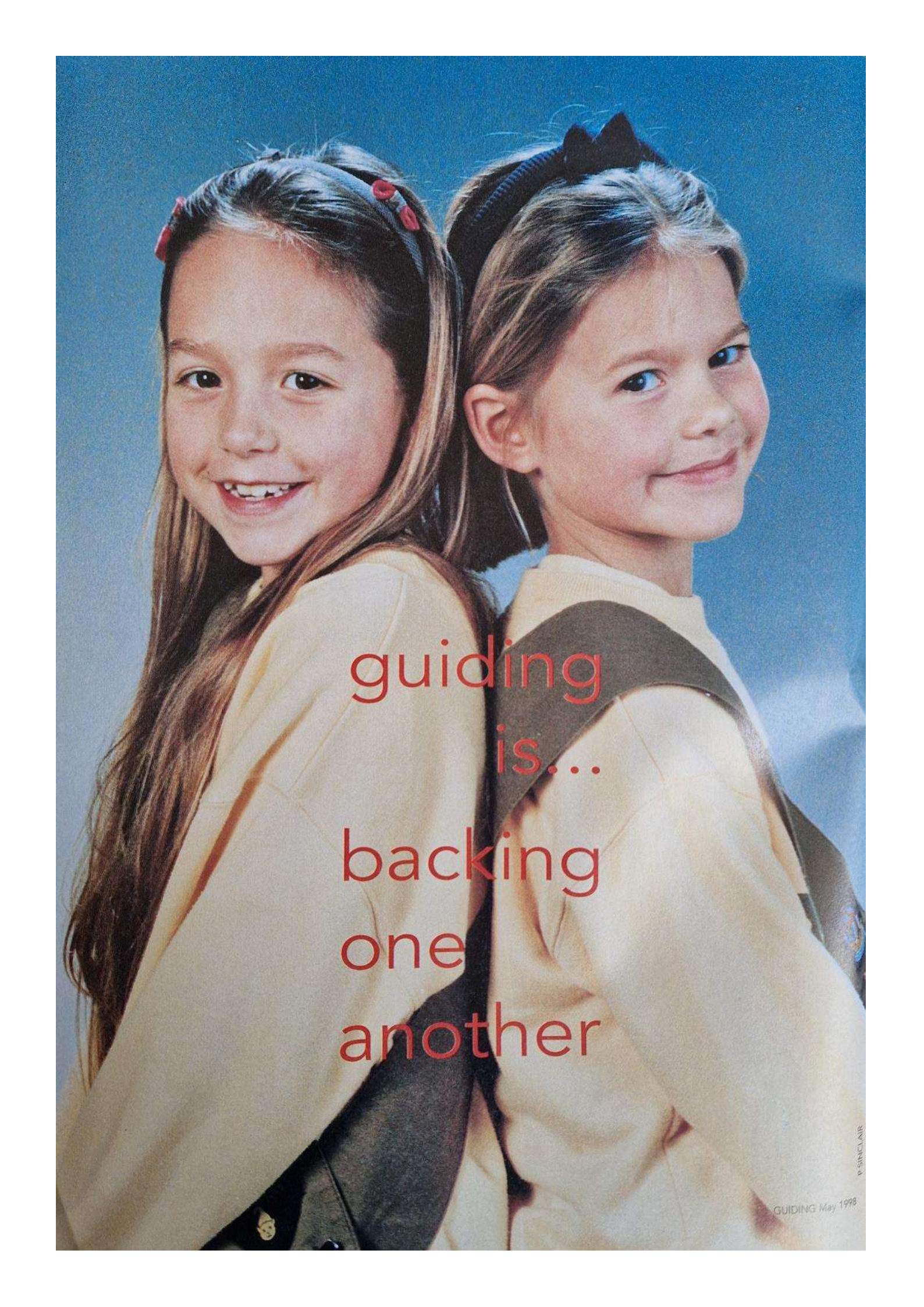
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fresh focus



A photograph of two young girls standing back-to-back, smiling at the camera. They are both wearing yellow shirts and dark backpacks. The girl on the left has long brown hair with red hair ties, and the girl on the right has blonde hair with a black bow. The background is a solid blue color.

guiding  
is...  
backing  
one  
another



## comment



**Girls Get Real!** — This was the title of a very successful Guide section programme initiative recently organised in partnership with the Body Shop.

Almost 7,000 packs were distributed and feedback so far indicates that the material has struck a chord with thousands of Guide units across the UK.

Promoting positive self-esteem was the theme of this activity pack and it is an underlying principle of what Guiding is all about.

The Association continues its commitment to find new and imaginative ways of presenting programmes to teenagers today, as we recognise the changes in their lives and the pressures that society brings to bear.

The philosophy of Guiding remains intact but the content and presentation needs to evolve to reflect the changing profile of girls and young women — in order to retain existing members and attract new ones.

All of us in Guiding believe that the Movement offers a place in which to enjoy yourself, to be with friends and to stretch your horizons.

We are developing systems within the Association which can sustain the provision of

Guiding in the future. We are currently focussing on improvements in the Guide section, as we recognise there is a need to rejuvenate what we offer to this age group.

As leaders, your help and cooperation is needed if we are to continue to deliver dynamic programmes, and we are working hard to develop the support you need to do your Guiding job well.

As we go into the summer, I wish you all a happy and fulfilling season of adventure, which will provide lasting memories for Guides of all ages, everywhere.

**Bridget Towle**  
Chief Guide



# this month...

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Brenda McDermott, she's on the receiving end

## front cover

Our cover girl Heather Martindale knows that the lighter evenings mean more outdoor fun with her friends from the 4th Penge Guide Company in Bromley, Kent.



LUCY SLATER

## 31 ideas—19 pages of great ideas for you and your unit



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KENT MESSENGER GROUP



## Buy a bike

It was certainly a case of 'silence is golden' when the 3rd Aylesford Pack, Kent, held a sponsored silence and raised a splendid £400 towards the Kent Ambulance Rapid Response Appeal for a Paramedic bike.

As our picture shows, the appeal was successful and the Brownies had a fact-filled session when the paramedic – plus bike – stopped off to explain the emergency equipment he carries, and to tell them about his work.

## Green fingers

Brooke Whatmore of the 6th Morpeth (St Aidan's) Brownie Pack plants a hazel sapling with the help of David Baillie from Northumberland County Council's Planning and Environment Department.

Waiting their turn with the spade, from left to right, are Jill Wanders, Rachel Henderson and Louise Fowler.

As part of their World Issues badge, the Brownies were replacing trees that had been felled because they were too close to overhead cables.



ANNE CRAGGS

## A family affair

It was very much a family affair when Caroline Strachan of the 7th Chorleywood Guides, a school unit, received her Baden-Powell Trefoil Award. It was presented by her mother, Sarah Strachan, left, and her aunt Angela Watts.

Both women are District Commissioners — Sarah, in Wilmslow, Cheshire, and Angela in Prestwood, Buckinghamshire.

Caroline's presentation, hosted by her unit, came to an end with hot chocolate and a celebration cake.



A. STRACHAN

CHRIS MATUSZEK/WANDSWORTH GUARDIAN



## Smiles for St George

England's patron, St George, tends to have rather a low profile these days — but not with members of Balham and Tooting District, in South London.

Brownies and Guides from the District got together to celebrate April 23 with an evening of arts, crafts, games and, of course, delicious refreshments.

Commenting on the successful occasion, Maria Lobo, Tawny Owl with the 5th Tooting St Boniface Pack, said it was 'an excellent and fun evening'.



## in brief

### Dancing the night away

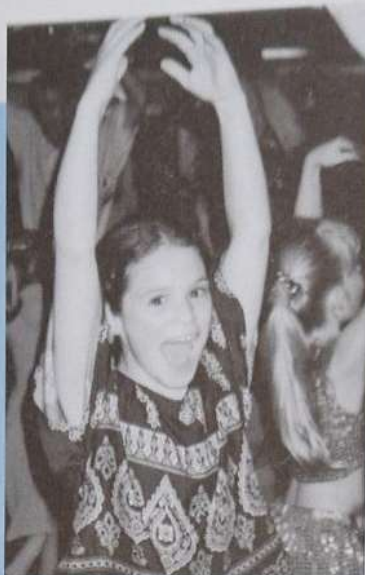
The Singapore (Wessex) District raised the equivalent of almost £900 at its Starry Starry Night dads' and daughters' disco.

Preparations for the event included Rainbows, Brownies and Guides making hundreds of stars for decorations, while their Guiders assembled 150 orchid corsages — one for each girl.

On the night, the dads arrived feeling rather apprehensive, but they enjoyed themselves so much that they left asking 'When's the next one?'

Almost two-thirds of the proceeds were donated to the Asian Women's Welfare Association to help underprivileged disabled children in Singapore.

The rest of the cash was given to District funds.



LAURA POLLOCK

### Worzel and friends

Over 60 Scarecrows lined up in an empty Camberley shop — ready for viewing by the public and a team of judges led by the town's Deputy Mayor.

The slightly-scruffy occasion was a best scarecrow competition organised by Camberley Division, Surrey West.

To their great delight, Frimley District took first prize in each of the three sections with the Rainbows' Party Scarecrow, the Brownies' Bride and Groom on a Bicycle, and the Guides' Punk Scarecrow.

Afterwards, all the winning 'Worzel Gummidges' went on display at a local garden centre. Our photo shows some of the Rainbow entries.



MARLYNE SWIFT



R. J. GREATREX

### Here's looking at yoooo

Tawny Owl Pam Lyn met the feathered variety when the 1st Brampton Brownie Pack visited the Raptor Foundation's Centre near St Ives in Cambridgeshire.

A couple of years ago, the Pack held a coffee morning in aid of the Foundation — a local organisation which rescues owls and other birds of prey that have been either injured or abandoned. At that stage, the Foundation was raising money to build new premises so, naturally, the Brownies wanted to see the centre — and meet some new friends.

## snippets

**GRABBING THE HEADLINES** When seven Guides from the 3rd Stranraer and 1st Kirkcolm/Leswalt units went back to Scotland after attending an international camp in Denmark, their local paper invited them to its offices to be interviewed. **IN THE SWIM** The 1st Cornwood Brownie Pack not only took part in the Great British Swim Challenge but also arranged for other Guides and Brownies from Cadover Division in Devon to join in, raising £580 for the National Asthma Campaign. **TOGETHERNESS** At first, three girls — Hannah, Claire and Abigail — were working for their Baden-Powell Trefoil in the 6th Roundhay (St Andrew's United Reformed Church) Action Plus! Patrol. Then, Michelle and Sarah, both Jewish, transferred to another Leeds unit — specifically to complete their Service emblems. In spite of their different faiths, all five chose to receive their awards at a church parade. **LINK WITH THE PAST** At their joint Baden-Powell Trefoil presentation,

Kirstie, Hayley, Hannah, Melanie, Penni, Sheryl and Gemma of the 3rd Pembroke Dock Guides received their awards from Lady Violet Merthyr who formed Pembrokeshire's first Ranger Unit. Appropriately, all seven girls are now Rangers. **JOURNALIST IN THE MAKING** For her Gold Challenge, nine-year-old Robyn Foggo of the 1st Widdrington Brownies, Northumberland, produced a magazine about her Pack. **BOOST FOR GLOSS** The 3rd St Marychurch Brownies, Torquay, made over £200 at a coffee morning, which they divided between Pack funds, the charity Hope and Homes for Children, and their 'adopted' owl, Gloss, at the Barn Owl Trust. **MAKING IT SPECIAL** Over 18 months, seven members of the 1st Spalding Guides have gained Baden-Powell Trefoils, choosing a variety of situations for the award ceremony — such as Thinking Day service, pantomime, barbecue, international camp fire and a Brown Owl's 50-years-in-Guiding party.



# civic pride

Mace-bearers – those imposing town hall officials who carry a mayor's symbol of office on ceremonial occasions – tend to be men of mature years, with greying hair and dignified bearing. Some may even wear top hats.

But in Hampshire's Test Valley, where there are no less than five mace-bearers – all serving the same mayor – they don't look a bit like that. Two of them are young Guides and the other three are Scouts.

This month, when Councillor Rod Bailey ends his term as Mayor of the borough of Test Valley, Sarah Ward, of the 10th Andover Guide Company, and Lucy Gradidge, of the 5th Romsey Guides, will retire as his mace-bearers, as will their Scout colleagues.

Mayor Bailey is very keen on encouraging and promoting youth. He was, however, already well into his term when he had the idea of bringing out the borough's two ancient, ornate maces – unused since 1976 – and forming a team of Guides and Scouts to share the job of mace-bearer.

It was last November when 11-year-old Sarah performed her civic duties for the first time – on Remembrance Sunday in Andover.

Lucy's maiden engagement as mace-bearer came on November 20 when the Mayor attended a service of thanksgiving at Romsey Abbey for the Queen's 50th wedding anniversary. Lucy was then 13.

With five of them to share the workload, the young attendants have not exactly been rushed off their feet, but each has now served as mace-bearer on several occasions.

Inevitably, during school terms, these events have sometimes clashed with lessons, as in the case of the Romsey Abbey celebration. Mayor Bailey, however, obviously has considerable influence, as head teachers have been quite generous with time off for Guides with unusual commitments.

Test Valley, as the name implies, covers a large part of the Vale of the River Test, famous for its excellent trout fishing.

The river rises near Overton in Hampshire and flows south west to Stockbridge and then south into Southampton water. The borough, some 15 miles long, stretches from Andover in the north to Romsey in the south, including Stockbridge and many square miles of rural countryside in between.

It was obvious, therefore, that for the mayor's plan – to involve youth in the borough's civic affairs – to work, a team of mace-bearers, living at both ends of the borough, was required. So, in the case of an event in or around Andover, Sarah might be called on to perform her ceremonial duties. However, if the engagement was in or near Romsey, the task might fall to Lucy.

The maces, which date from 1660, were made for a civic authority of long ago and were inherited by the borough of Test Valley when it was formed as part of the great reorganisation of local government in 1974.

Although the maces are fairly heavy, Sarah and Lucy have found them quite manageable.

It was Julie Kiely, Division Commissioner for Romsey, who recommended Lucy for the job.

Julie explained: 'When the Mayor's secretary asked me to provide a Guide as a mace-bearer, I

considered several girls but I decided on Lucy because she always looks smart in her uniform, carries herself well and is responsible and reliable. She has not let me down.'

Pat Lloyd, Andover Division Commissioner, said of Sarah: 'She has performed her duties well and we are proud of her. It has been a very special honour to the Division.'

The two girls, who live miles apart, had never met until GUIDING arranged for them to be photographed together with the Mayor at the Guildhall, Andover.

**Two Guides have been helping to preserve civic dignity**

Carrying it well: Sarah Ward (left) and Lucy Gradidge with the Mayor of Test Valley, Councillor Rod Bailey



RUSSELL SACH





No pandering to late risers: The 1st Lochdar Guides get an early start

**Bats, trains and trees were among the 'firsts' spotted by two young islanders visiting the Scottish mainland**

Words and photos by Gillian Ellis

The girls were members of a parade of Sixes of penguins, pandas and puppies, ducks and dolphins, mice and squirrels, giraffes and tigers who descended on Netherurd, the Scottish Training Centre, for an exciting four-day adventure holiday and training, which packed in plenty of new experiences.

The visit was an eye-opener — and not just for the group of girls from the Western Isles. When *GUIDING* asked what new things they'd seen on the mainland, there were some unexpected replies.

They didn't list just giraffes and rhinos — thanks to a trip to Edinburgh Zoo — bats, squirrels, trains and, most astonishingly, trees also featured. Two of the girls, who previously had not left the islands, hadn't really seen a tree growing successfully before.

The strong winds which batter the islands simply do not allow trees to take a hold on life, except in one arboretum planted in the grounds of a Lewis castle and in some Stornoway gardens.

The visit of young members of the Western Isles Guide Association was the result of a suggestion by a Uist Commissioner months before. County Commissioner Christine

MacCuish was quick to take up the idea and Helen Strachan, Scottish Programme and Training Adviser, offered to arrange the programme.

An enthusiastic group of over 50 Brownies, Guides, Young Leaders and adults flew to Glasgow, where half of them took a tour of the airport, an experience enjoyed by the other half on the return journey.

When they landed, each girl was given a comprehensive booklet — designed by Catriona Strachan, Helen's daughter, and two Patrol Leader friends — in which girls

could record personal details, keep a brief diary of the trip and enjoy puzzles, riddles, anagrams and jokes. There were also words of camp-fire songs and a page for autographs.

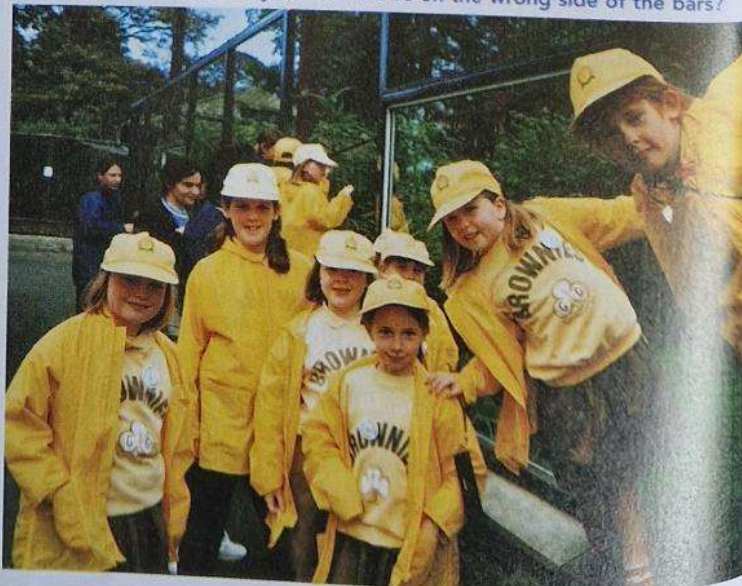
Settled in at Netherurd, the group, which was divided into Sixes with animal names to link in with the animal theme, spent the first evening exploring the lovely house and grounds, assisted by the local Brownies, 1st Castle Craig Pack, and the District Commissioner.

The evening fun started with a pyjama party on the first night. Next morning the girls tackled canoeing, orienteering, cycling, backwoods cookery and pioneering. There was much activity on the rope bridge, made by the girls themselves, while the permanent ropes course and A-frame were thoroughly put to the test.

The evening camp fire straddled the burn, and the singers, joined by a Brownie Pack on holiday in the grounds, lifted their voices melodiously from both banks.

After an animal-based Guides' Own and Promise and Law session on Sunday morning, everyone took a walk up Shaw Hill. Then, after lunch, there was an incident hike

Hang about! What do you mean we're on the wrong side of the bars?





# spotting



**Best foot forward: Getting in step at the ceilidh**

entitled 'Tea at Toad Hall'.

Groups of girls were given an illustrated story booklet to guide them around the Netherurd grounds. On the trail, they were faced with challenges, which included cooking eggs by candle power; studying animal tracks; bandaging poor Ratty's twisted ankle; finger painting; code breaking; and netting a gleaming goldfish, alias a tinned peach slice.

One well-beloved goldfish – named Peach, naturally – survived in its plastic bag full of water all the way home to Lewis two days later.

On the Monday, the group headed for Edinburgh, where the Museum of Childhood proved very popular. There was a trip to St James' Shopping Centre, and one proud Brownie can claim to have sat in the Scottish Chief Commissioner's chair at Scottish Headquarters, where lunch was taken in the committee room.

With such a holiday theme, an obvious destination for an outing was Edinburgh Zoo to view animals which many of the girls had previ-

ously seen only on film.

Mary Patterson, the Scottish Public Relations Adviser, works in the Zoo's education department, so was able to arrange for some hands-on experiences. In two sessions girls handled pigeons, rats and snakes.

The Brownies were quite happy but their Guiders suddenly began to take a great number of photographs. With their hands full, handling slithery creatures was quite out of the question!

On the final evening, girls mounted an impromptu ceilidh especially to give *GUIDING* a flavour of their culture, singing in Gaelic as well as English, and they gave excellent demonstrations of Highland dancing.

The high spot of the evening was the Promise Ceremony for Nicola MacLeod and Yvonne Murray, of Ness Lone Guides. Jenny Sedgley, Scottish Lones Adviser, had been the two girls' Brownie and Guide Guider in Ness, and was pleased to be able to accept their Promise, which they both made in Gaelic.

The evening ended happily with a presentation of gifts to the organisers and to Netherurd staff, followed by a short session of worship led by Jenny.

The proceedings were videoed to provide the girls with a lasting reminder of a special time.

The venture's resounding success was due to the impeccable behaviour of the girls and to

the dedication of a large team of organisers. It included ten Western Isles leaders; fundraiser Jane MacIver, Scottish HQ Executive Director; Netherurd Manager Ruth Thompson; plus Helen Strachan, Isabel MacLeod, Margaret Morrison and Christine MacCuish.

Planning a large event such as this is far from easy, particularly when all concerned are separated by many miles and, in some cases, stretches of water.

Face to face gatherings are just not feasible, so all the meetings of the organising committee were held by courtesy of Telecom, through the Community Network.

Hour-long slots were booked and committee members discussed business on an open telephone line for a pre-set fee.

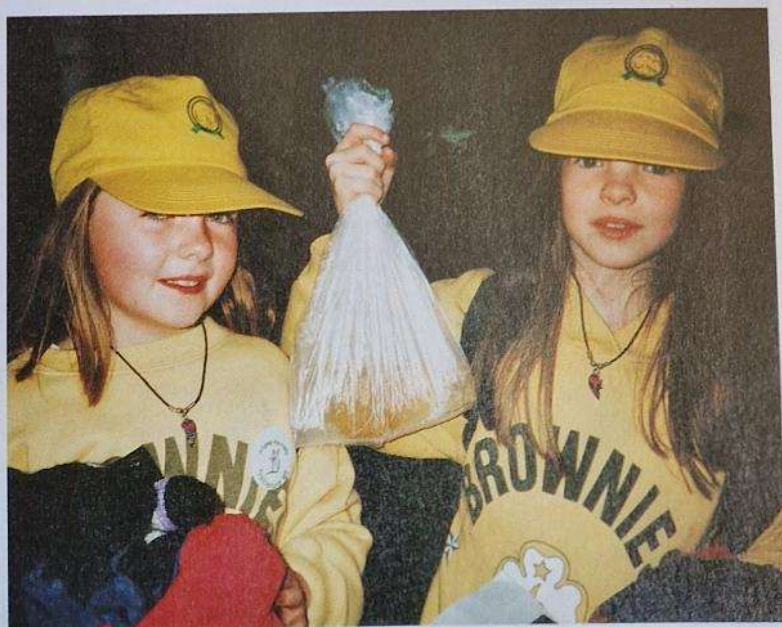
Obviously, there is no time for idle chat at such meetings. Perhaps we should all try it!

## Fact file

It was the first time that Guiding folk from the Isle of Lewis were able to meet up with their opposite numbers from North Uist, South Uist and Benbecula. And it was the first County event they'd held on the Scottish mainland.

For many of the girls it was the first time they'd left their home island. For most it was their first time in an airplane.

**Just peachy: Will this 'goldfish' make it back to the Western Isles?**





# added extras

**It's celebration  
time for  
Hautbois this  
month — and  
Anglia Region  
prepares to  
party**

Great Hautbois House celebrates its tenth birthday as Anglia Region's residential Training Centre this month. But the building's history stretches back to the 1850s.

Still in great shape for its years, Hautbois will be celebrating in fine style. There will be separate activity days for Guides (Monday, May 25) and Brownies and Rainbows (Tuesday, May 26).

On Thursday, May 28, there will be an outdoor thanksgiving service — whatever the weather. And a flower festival will be staged in the church 'next door' from May 24-28.

Anglia Region inherited the house and 26 acres of land at Coltishall, near Norwich, Norfolk in 1984. The benefactors, Philippa and

Beth Patteson, wanted their family home and grounds to become a training and activity centre.

But, before the grand opening on May 28, 1988, the Region had to raise a lot of money to pay for extensive alteration, modernisation and redecoration.

A giant Kim's Game was organised throughout Anglia, which brought in £64,000, and this was topped up with grants from local authorities, The Guide Association and the Department of Education and Science (DES). Lots of individuals, units, Districts, Divisions and Trefoil Guild members also contributed.

The Centre has continued to develop over the decade, with

particular emphasis on making the most of the lovely grounds.

An abseil tower and climbing wall were added to existing facilities. The 'Cut' was dredged creating a flat field for archery practice, and a boat jetty was built so that canoes can use the Cut to reach the River Bure.

In 1997 an assault course was constructed and Hautbois also offers a special mystery trail, a tree trail, conservation activities and pioneering equipment — all of which are guaranteed to keep campers happily occupied.

The camp sites have been developed so that most have toilets and washing facilities — all have access to hot showers. Campers can also make use of fridges/freezers and washing and drying machines. There are two camp-fire circles.

As a special 'birthday present' Hautbois is getting a climbing boulder costing over £4,000. The fundraising was launched during Easter 1997 when Centre Manager Ian Nicholls and his wife, Claire, went on a 93-mile sponsored walk along Peddars Way and North Norfolk Coastal Path.

● Next month — the inspiring story of Badger and Beaver, the sisters who gave Great Hautbois House to Anglia.

**Cutting edge:** A boat jetty has been built so canoes can access the River Bure via the Cut



TONY LEECH

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# bring on the carnival

It's a long ride by bus all the way from Devon to Switzerland. Which means that there will be plenty of time for many things to be discussed when the 3rd Crediton Guides make their half-term trip to Adelboden this month.

But their Assistant Guider, Liz Allnutt, is in no doubt that the most important topic will be: 'What are we going to do for the carnival?'

Liz is equally sure that, for many kilometres of the journey home, her Guides will still be talking about their part this year in Crediton's annual town carnival.

The reason why this, a non-Guiding event, holds such significance for the 3rd Crediton Guides is because they have scooped a total of four first prizes so far in the 'walking class' for the excellence and originality of their tableau.

It all began in 1993 when, dressed in strikingly-painted cardboard boxes, with one girl made up as Bertie Bassett, they were class winners. They paraded under the

slogan '3rd Crediton Guides takes All-sorts of Girls'.

The following year the theme was chess, with the girls dressed as black or white knights, bishops, kings, queens and so on, pushing a giant chess board. This time the message, spelled out in large letters, was: 'Make the right move and join the Guides.' That effort brought the girls first prize number two.

Then, in 1995, came a small hiccup. The Scouts and Cubs, dressed as American footballers, snatched first prize. All credit to them, of course, but it must not be allowed to happen again.

First prize came back to the Guides in 1996, when a vast quantity of white netting was used to turn the girls into well-rounded 'Michelin Men'. Their winning words this time were: 'The Michelin Guides'.

Determined to keep the unit on top, the Guiders suggested that for 1997 the Guides should do something based on guided missiles

but the girls gave that idea a rocket. It was 'too aggressive', they said.

So the netting came out again to make wings and to serve as stuffing inside black and yellow striped jumpers, which turned the girls into rather tubby-looking bees. They carried a banner saying: 'Get a Buzz and Bee a Guide'.

The other entrants must have felt stung when, for a fourth time, the 3rd Crediton Guides took first prize.

Liz said: 'It has now become a matter of honour. The high standard set by the Company must be maintained and, long before October, the unit must decide on a theme and get to work on the costumes and props.'

'That's why I know what the girls will be talking about on the bus. It's a case of them getting their act together.'

But perhaps they'd better keep their voices down, or the impact could be lost before the show goes on the road. Especially if their driver comes from Crediton...

**When it comes to cute costumes and snappy slogans, these clever Guides win prizes**

**What a lot of sweeties: Crediton Guides demonstrate that Guiding takes all-sorts**



LIZ ALLNUTT



# born



Kofi Annan told the world: 'Human rights are your rights. Seize them. Defend them. Promote them...'

**On the international calendar, 1998 is Human Rights Year, but what does this mean for each one of us?**

December 10, 1948, was a red-letter day for the whole world. It was the day on which the United Nations General Assembly adopted the Universal Declaration of Human Rights (UDHR) — the first manifesto of every human being's rights and freedoms.

To commemorate the 50th anniversary of this event — a momentous milestone in the history of civilisation — 1998 has been designated Human Rights Year. But what are human rights? And what eternal truths are enshrined in the Declaration?

It begins with a preamble which focuses on the fundamental importance of human rights — as an affirmation of the dignity and worth of each human being and as a foundation for freedom, justice and peace in the world. There then follows 30 Articles which, together, list all the rights.

These fall into two categories. There are the traditional civil and political rights such as equality before the law, freedom of religion and asylum from persecution. Then there are economic, social and cultural rights covering issues such as work, education, medical care, food and leisure.

Over the past five decades the world community has come to recognise the Declaration as the 'common standard of achievement for all peoples and nations'. Currently, 185 countries have signed up and — with varying degrees of commitment — are working to ensure rights become realities.

The Declaration is not a collection of laws, and so its authority is moral rather than legal. However, the various Covenants and Conventions developed from it do have legal weight and are binding on those countries that choose to ratify them. To take just one example: the right to shelter. The Declaration says that: 'Everyone has the right to a standard of living adequate for the health and well-being of himself and his family, including food, clothing, housing...'

The right to adequate housing has been given legal force by a series of agreements including the International Covenant on Economic, Social and Cultural Rights, the Convention on the Rights of the Child and the Convention on the

Elimination of all Forms of Discrimination against Women.

By definition, human rights cover every aspect of human existence and so, in the course of the Declaration's first half-century, there has been plenty of scope for achievement. Issues tackled by the UN have ranged from smallpox to slavery; medical ethics and migrant workers to torture and toxic waste; genocide to global warming.

Yet, every time we pick up a newspaper or turn on television, we're reminded of the failures — ethnic cleansing, child labour, miscarriages of justice, illiteracy, hopelessness, famine, terrorism, drugs...

All these problems, and many more, come under the umbrella of 'human rights abuses'. In their various ways — generating fear and want, discrimination and deprivation — they deny people the opportunity to be fully human.

The environment, too, is a key concern. Without international agreement and action on protecting the world's natural resources and promoting sustainable development, future generations will not

Refugees from war or civil unrest — like these women from Bosnia-Herzegovina — suffer a whole catalogue of human rights abuses



UNCHRA/HOLLMAN



# ree

enjoy the 'better standards of life in larger freedom' that are laid down in the Declaration.

As with any anniversary, Human Rights Year provides an opportunity to look back and celebrate success. At the same time, it raises awareness of human rights and gives them a new impetus. And, in the words of the Commission on Human Rights – the UN body responsible for action in this arena – the Year will 'make human rights, along with peace, democracy, and development, the guiding principles of the 21st Century.'

In his message to mark the 50th anniversary year, Kofi Annan, the UN Secretary-General, firmly declared: 'Human rights are universal, indivisible and inter-dependent. Human rights are what makes us human...'

He finished this speech by appealing to young people: 'Young friends all over the world, you are the ones who must realise these rights, now and for all time. Their fate and future is in your hands.'

'Human rights are your rights. Seize them. Defend them. Promote them. Understand them and insist on them. Nourish and enrich them. They are the best in us. Give them life,' he insisted.

Through Guiding, girls and young women are in a privileged position to respond to that appeal, both individually and collectively. As each member lives out her Promise, she embraces a commitment to the world and the people in it. And, whatever service a Guide gives – whether for others or the environment – she is contributing to the creation of a happier, more fully human society.

As a unit – or larger group such as a District or Division – there are all kinds of ways to get involved in human rights. For example:

- Fundraising for famine relief – everyone has a right to food.
- Collecting clothes for refugees – everyone has a right to clothing.
- Building a children's recreation area – youngsters have a right to play.
- Providing suitable books for a literacy scheme – everyone has a right to education.
- Helping with a Riding for the Disabled project – people with disabilities have the same rights as everyone else.
- Taking part in a beach clean-up – everyone's right to life and health depends, in part, on having a safe environment.

At an international level the World Association of Girl Guides and Girl Scouts (WAGGGS) has always had human rights on its agenda. As a non-governmental organisation, it is a regular participant at conferences and other international forums – especially where the focus is on children's and women's issues. It also has a tradition of working closely with various UN agencies.

A recent example of this cooperation was WAGGGS's peace initiative – a three-year partnership with the Office of the UN High Commissioner for Refugees. In the course of the initiative, Girl Guides and Girl Scouts not only learned about refugees but also made up 'Peace Packs' for distribution to refugee children.

The present WAGGGS initiative has several human rights implications – and a UN link. On this occasion, it is the Food and Agricultural Organisation which, in conjunction with WAGGGS, has launched a Nutrition Award to focus attention on everybody's right to good nutrition and safe food (see April's *GUIDING*).

Human Rights Year ends on December 10, the anniversary of the day itself. Although some commemorative acts, including an inter-faith service at Westminster Abbey, are scheduled for that day, other events like exhibitions, conferences and festivals take place throughout the summer and autumn.

Maybe your unit would like to

UNCHR



do its own thing for Human Rights Year. How about a sponsored read of the Declaration to raise funds for an appropriate cause?

Or perhaps you could make a human rights quilt; hold a UDHR painting or poetry competition; invite someone who has worked with refugees or famine victims to come and speak...?

But, however you decide to commemorate this special anniversary, never forget that human rights belong to everyone. They are yours to uphold – for yourself and for all those people who, through war, injustice, poverty, persecution... are missing out.

Mine clearance in Cambodia – everyone has the right to be safe

## Find out more.

For a free, pocket-sized copy of the UDHR, contact: UN Information Centre, Millbank Tower (21st floor), 21-24 Millbank, London SW1P 4QH. Tel: 0171 630 1981.

The United Nations Association promotes the work of the UN. For details of its human rights education programme write to the UNA at: 3 Whitehall Court, London, SW1A 2EL.

The WAGGGS *World Issues* series – listed in the *Guide Association Publications Catalogue* – covers various human rights topics.



# notices

## Minibus requirements

In May 1996's *GUIDING*, members were told about the introduction by The Guide Association of the criteria to be met by volunteer drivers transporting Association members in minibuses. These are due to apply from January 1, 1999.

In future when driving a minibus – a small bus with up to 16 passenger seats – on Guiding activities, all drivers must:

- Be aged 21 years or over.
- Have held a full driving licence for a car for a minimum of three years – and have incurred no more than three current penalty points.
- Be driving on a voluntary basis and not for payment.
- Have EITHER:

A: passed the Department of Transport Minibus Test D1 (application form for provisional entitlement through the DVLA or the Post Office).

B: provided written evidence of competence from a recognised body (Institute of Advanced Motorists, Local Education Authority...).

C: have undertaken an assessment by a qualified assessor of the basic skills and considerations applied in minibus driver training and assessment procedures, such as the Minibus Driver Awareness Scheme run by the Community Transport Association.

- Ensure that the minibus displays a valid Small Bus Permit.

Remember that neither the exemption from licence requirements under the Small Bus Permit, nor the successful completion of an assessment or competence test are recognised abroad. If intending to drive overseas, you must have passed the DoT PCV D1 or D test.

Information on training courses is available from:

- The Driving Standards Agency, tel: 0115 901 2500.
- The Community Transport Association, tel: 0161 367 8780.
- The Institute of Advanced Motorists, tel: 0181 994 4403.
- Your local authority.
- Your Country or Region Headquarters.
- The Committees Executive at Commonwealth Headquarters, tel: 0171 834 6242 ext 268.

Please note: New MoT legislation governing the quality of the installation of seat belts – particularly retro-fitted belts – will be introduced from August 1998 and advice on this can be obtained through your Country or Region Headquarters.

## Short-term investment service

The monthly interest rate after deduction of management commission was:

December 1997.....	6.175 per cent
January 1998.....	6.156 per cent
February 1998.....	6.273 per cent

An additional 0.5 per cent per annum is paid for deposits of £5,000 or above.

On February 28 the value of a share in the Scout and Guide Trust Fund was:

Selling price.....486.87p

Purchase price.....511.59p

Income yield.....3.03 per cent

The income yield is based on the previous two dividends paid and the price on the date stated.

## New magazine

*Playworks* is a new, independent magazine aimed at all professionals who work with school-age children.

Launched last month, it concentrates on creative ideas, resource reviews, training and recruitment advice and challenging opinion columns.

The annual subscription – for six issues – is £45 for organisations and £30 for individuals. For more details write to:

**Playworks**  
PO Box 17738  
London SW18 5WL.

## On course for first aid

Due to popular demand the First Aid for Camps and Holidays training at Foxlease will be repeated on August 21-23. This training covers the syllabus for the Guide Association Health and First Aid Certificate, incorporating a St John's Ambulance Appointed Persons Course with a validated certificate awarded on successful completion.

## Association Awards

**MERITORIOUS CONDUCT**  
**STAR OF MERIT**  
Nita-Jean Milligan  
Patrol Leader, 12th Ayr (St James's) Guide unit, Ayrshire South.  
Michelle Hunisett  
Guide, 42nd Eastbourne Guide unit, Sussex East.  
Miss Andrea Jackson  
Unit Helper, Carleton Guide Company, Lancashire West.



SCOPE

## Training correction

In the recent *Training Opportunities: Camp and Holiday Scheme* (Trading Service Code 64782) some text on page 72 is incorrect. The first blue title, *Brownie Overnight Licence* should read *Overnight Licence*.

We apologise for any confusion caused.

## Ready Teddy go

Give your teddy bear a trip out on June 25 to celebrate Paddington Bear's summer birthday and help to fund vital medical research.

The charity Action Research wants bear lovers to organise events – anything from just taking their favourite bear to work or school or having a teddy bears' picnic to bear bungee jumping – to raise money through sponsorship.

To obtain the *Bear Essentials* information pack, which contains all you need – including posters and bear disguise kits – call 0845 303 1121.

## Give them more scope

Scope, the charity that works with people who have cerebral palsy, is holding its first, national fundraising week from June 1-7.

Units around the country are invited to hold a barbecue to help raise money for the charity's vital work with children.

Everyone who goes ahead and holds a barbecue will be entered for a free prize draw, and could win a top-of-the-range barbecue.

Top fundraisers will even get the chance to have a celebrity cook amazing dishes just for them.

To obtain an information pack, or for more details, call free on 0500 575 222.

Television presenter Fern Britton says: 'Help Scope to make a real difference to the lives of children with cerebral palsy.'

## Rainbow competition

We are pleased to announce the three lucky winners of the 1998 *Rainbow Guide Annual* competition – who each win a fantastic VTech Talking Whiz Kid Power Mouse computer.

The winners are:

- Laura McCracken, age six, from Scotland.
- Nicki Chan-Lam, age six, from Sheffield.
- Melissa Cullen, age five, from Stroud.

official





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The 1998 catalogue is available FREE to properly constituted groups, clubs, organisations etc. upon receipt of proof of status.

To obtain your **FREE** copy fax or write (with proof of status) to:-  
Panduro Hobby, FREEPOST, Transport Avenue  
Brentford, Middlesex TW8 8BR • Fax: 0181 847 5073

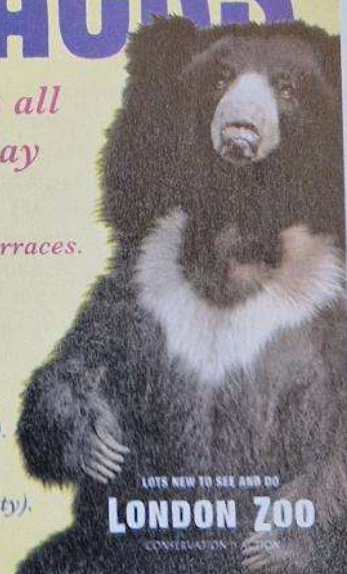
# SUPER FOR TROOPERS & PERFECT FOR PACKS

*Scouts, Guides, Brownies, Cubs and Beavers can all enjoy a special day out at London Zoo on Saturday 26th September 1998.*

*Come and see the Sloth Bears on Bear Mountain on the new Mappin Terraces.*

- Special low admission price of £5 and exclusive £20 Bear Adoption.
- Guided Tours (subject to availability) & Animals in Action presentation.
- 599 different species totalling over 12,000 rare and beautiful animals.
- Every booking form returned will be entered into a free prize draw, with a chance to win a return trip to London Zoo in 1999 for up to 30 people (children and adults).
- Special Zoo Trail and competition prizes.
- Everyone attending receives FREE bookmark and car sticker (subject to availability).

Telephone: 0171 449 6235 for further details.





## Please look after this bear

Paddington, that very famous bear from Darkest Peru, has been on our bookshelves for 40 years.

To celebrate, the London Toy & Model Museum is holding a special anniversary exhibition – until September 6 – with a wealth of memorabilia such as Michael Bond's first Paddington manuscript and the original puppet used in FilmFair's animated series.

Related fun activities include a marmalade sandwich quiz hunt and a themed miniature train ride.

The museum, situated at 21-23 Craven Hill, London W2, is open daily. Tel: 0171 706 8000.

GUIDING is giving away ten family tickets – each worth £15 and admitting six people. To enter the prize draw, answer the following question and send your answer to GUIDING-Paddington at the address on the right.

What is Paddington's aunt's name?

PADDINGTON & CO.



## Fridge-fresh treat

When it comes to chilled drinks, many youngsters opt for a milk shake – and a top favourite brand is FRijj.

Produced from fresh (not UHT or sterilised) semi-skimmed milk, FRijj features four popular flavours – chocolate, strawberry, raspberry and banana – and comes in a zany, re-sealable pack. Nutritious and healthy, it's ideal for lunchboxes and picnics.

Twenty-five lucky readers can enjoy a free month's supply of FRijj. To enter the prize draw, answer the following question and send your reply to GUIDING/Shake at the address below.

Milk is a major source of which bone-building mineral?



FRijj is a favourite with teenagers



Pedal power for asthma research

## On your bike

Next month, the National Asthma Campaign is asking people to help them raise over £150,000 for vital research – by taking a bike ride or going for a walk.

As well as raising money, the two events will highlight the health benefits of walking and cycling. And, at the same time, it will draw attention to the dangers of traffic pollution

— a major problem for asthma sufferers.

If you wish to take part in Bike for Breath (June 6-12) or Midsummer Stroll (June 14-20), you can either organise your own event – call 0171 226 2260 for an information pack – or simply get sponsored to cycle or walk to work or school for the week.

## Taking the sting out

In summer, the great outdoors becomes a potential war zone with an army of pests – from horseflies and hornets to snakes and scorpions – all set to attack.

And although, in England, most bites and stings are only mildly poisonous, they can still cause pain and unpleasant reactions. Which is where Aspivenin comes in.

This unique vacuum pump, applied on the wound site, gently draws out the poison injected by insects, snakes and sea creatures.

Made in France, Aspivenin is used by wildlife expeditions and by organisations such as Médecins Sans Frontières. Each pack, in a waterproof carry case, comprises a precision pump and four sizes of suction cup – and it is permanently reuseable.

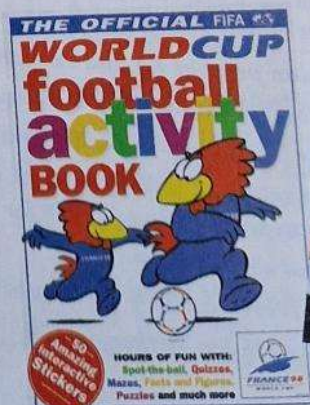
Aspivenin is available from Boots at £12.99 and also by credit card mail order on 01883 342254 (plus 80p p&p). Or try your luck with GUIDING – we have two to give away.

For a chance to win one answer the following question and send your answer to GUIDING/Bilés at the address on the right.

Name the only venomous snake that is native to Britain.



All competition answers on postcards please, send them to GUIDING at 17-19 Buckingham Palace Road, London SW1W 0PT to arrive no later than May 31.





### Snappy prizes

This astonishing picture of baby alligators, taken by 11-year-old Stephanie Hardwick, won the under-12s section in last year's Young Photographer Awards.

This year's competition – organised by the RSPCA in conjunction with Dorling Kindersley and Olympus Cameras – invites young people aged 17 and under to send in photos of 'Animals at home'; 'Animals in motion'; or 'Looking at wildlife'.

The fantastic prizes – for winners and runners-up in each age group, as well as an overall winner – include Olympus cameras, Dorling Kindersley books and cash.

For full details of the competition, which closes on September 18, contact the RSPCA (Publications Dept), Causeway, Horsham, West Sussex RH12 1HG. Tel: 01403 264181.



STEPHANIE HARDWICK

### Birthday books

This year Nelson Mandela will be 80. As a very special birthday present to him, the charity Community HEART (Health Education And Reconstruction Training) is asking British people to send one million books to the children of South Africa.

Because of its past, the new South Africa has a huge literacy problem and few resources with which to tackle it – over 27,000 school libraries have no books at all.

The campaign, called *A Book and Ten Pence*, also involves fund raising: at least 10p per book is required to cover the cost of shipping.

To find out more about the campaign – including which kind of books are suitable – please contact *A Book and Ten Pence*, Community HEART, PO Box 6504, London N1 8HU. Tel: 0171 359 3163.



COMMUNITY HEART

### Football fever

Soccer's greatest extravaganza, the World Cup, is only a month away. To help everyone make the most of this mega event the official World Cup publishers, Carlton Books, have already scored by issuing a winning combination of titles.

These include: *The World Cup Book* (£6.99) – the official guide with player profiles, fixture list, history of the tournament and progress chart; *World Cup Superstars* (£3.99) – a photo-celebration of this year's top players; *The World Cup Finals Guide for Kids* (£3.99) and *The World Cup Activity Book for Kids* (£3.99).

All these books can be ordered direct, with no charge for post and packing, on 01624 675137.

*GUIDING* has five copies of each book to give away. For a chance to win one, answer the following question and send your entry to *GUIDING/World Cup* at the address on the left.



Say which title you would prefer – but we cannot guarantee you'll get it.

What was England's winning score in the 1966 World Cup final?



NATURAL HISTORY MUSEUM

According to legend the unicorn has magical powers

### Monster show

The mysterious world of the one-eyed cyclops, snow-dwelling yeti, fiery dragon, camera-shy Nessie and sundry friends comes to life in a new exhibition at the National History Museum in South Kensington.

*Myths and Monsters* – on until September 13 – looks at these strange creatures from a mythological, historical and scientific perspective. It also explores our human imagination which created them.

A range of activities for both children and adults accompanies the exhibition. For visitor information call 0171 938 9123.

A special group rate is available to readers of *GUIDING*. For parties of ten or more the price per person will be £5 for adults and £2 for children (5-17 years), a saving of £1 on usual admission prices.

To take advantage of the offer, pre-book your group on 0171 938 9242 – before September 13 – and mention May's *GUIDING*.

### SOS sharks

What do blue, basking and bluntnose have in common? They are all names of sharks found living in British waters.

In total, the UK has over 30 species of sharks, some of which face extinction as a direct result of them being hunted for meat, liver oil and fins.

To raise money for shark conservation WWF (the World Wide Fund for Nature) is promoting The Great 1998 WWF Shark Swim during May and June.

If your unit would like to splash out for sharks, phone the Swim hotline on 0645 097930 – quoting reference

number AA17 – and ask for an action pack and sponsor forms.

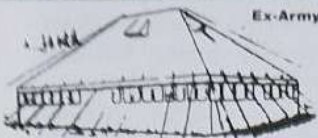
Blue shark



CHARLES HOOD/WWF-UK



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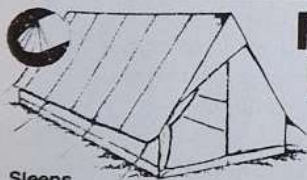
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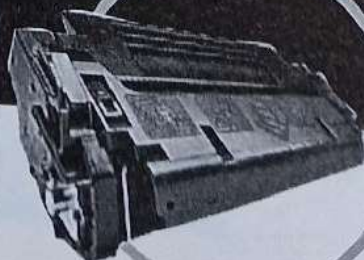
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# controversial issues

It may seem strange that I've decided to write about women's magazines for a magazine that is largely written by women, for women, under the auspices of an all-female organisation. (We do have some male readers — Ed).

Yet, when I refer to women's magazines, I don't include *GUIDING*. I mean those far more widely read market leaders like *Best*, *Cosmopolitan* and *Woman's Own*.

The usefulness of *GUIDING* as a magazine must far outweigh the merits of other magazines. (These are all her own words — Ed). However, the comparison does, fleetingly, raise the question of whether *GUIDING* should try to increase its readership by featuring articles on 'The Sexiest man in Britain' or 'How to wear this season's colours'!

A friend of mine frequently buys various women's magazines and, although we all mock her, we often pop round to borrow the odd issue.

So what attracts us to women's magazines? An article in the *Daily Mail* looked at the issue recently. It concluded that the worst of such magazines were, basically, 'glossy tabloids' with no real content.

Yet the piece established that sales of magazines aimed at women make up a large chunk of the magazine market. So why do presumably intelligent women spend so much money on this type of magazine?

I believe it's because they offer an escape from everyday life. It's very relaxing to sit down for half an hour with a cup of coffee and read about a celebrity or how to achieve the latest designer look.

Of course, most of what we read has to be treated with a hefty dose of scepticism. The articles don't usually reflect real life. If they did, we'd all be going to endless parties and wearing suits in exciting citrus shades to work. But where's the harm in doing an astrology quiz or giggling over the latest food fads?

Over the years, women's magazines have become so popular — and

KATE TAYLOR



profitable — that they've sparked off a range of new magazines, some aimed specifically at teenage girls. And, these days, men can choose from seven or eight glossies.

At one *Guiding* training session, where participants were given some teen magazines to look at, some *Guiders* were noticeably surprised and shocked. Surely their innocent ten-year-olds weren't reading this kind of thing? But the magazines that many young girls read follow the same format as women's magazines. Instead of offering 'Quick and easy meals for the family', they concentrate on doling out advice on how to solve teenage traumas.

Perhaps the realisation that young girls are reading this kind of thing sparked off concerns expressed about women's magazines in general. Should we join the lobby that feels young and impressionable girls are getting a warped view of life from these magazines? Or, instead, should we credit these young women with being intelligent enough to recognise what is a distorted image of the world?

I believe that most teenagers have the sense not to take all that they read at face value. However,

these magazines can reinforce doubts that we may already have about our social abilities — and they do this for young and old alike.

The pictures of pretty, waif-like women that litter magazines surely must be partly to blame for our obsession with dieting. The many articles telling us how to make the most of our love life will have caused much heartache among those who don't have that ultimate 1990s' accessory — a boyfriend.

It takes a strong personality to be able to dismiss as unimportant all these magazines' messages.

I'm not suggesting that women's magazines should be banned. They are enjoyable to read. However, in our unique role as leaders of — and friends to — girls and young women, we have a great opportunity to demonstrate that life isn't always as the media depicts it.

My advice is to keep a sense of humour and perspective when contemplating the shelves of glossy magazines and newspapers complete with raunchy headlines. Remember that you know far more about the world than 50 pages — half of which are advertisements — can ever convey! ■

Do you  
know which  
magazines  
young girls  
are reading?

By Katrina Bonninga  
London & SE Region  
AJC representative



# executive news

## Warm welcome

Terry Ryall, who is the Association's new Chief Executive, and Helen Fawley, the recently-elected Chairman of the Junior Council were welcomed in January to their first meeting of the Executive Committee.



The Association's new Chief Executive, Terry Ryall

BILL JOHNSTON PHOTOGRAPHY

## Golden girls

From 1991 to 1997 261 Guide Association members took part in GOLD projects, taking them to 16 countries and four WAGGGS Regions.

Their comments have provided information on the scheme's success and the excellent links built up with external organisations.

The scheme's objectives have been studied and its aim clarified — 'to provide members of The Guide Association (UK)

aged 16-30 with opportunities for personal development through participation in community development projects overseas, using the medium of Guiding'.

## Moscow meeting

Links between UK Guiding and RADS — the Russian

Association of Girl Scouts — are continuing to develop. Financial support from Charity Know-How enabled Country and Region Russia Coordinators to visit Moscow in March to meet their Russian regional counterparts.

## Staying on

Daphne Puttock continues as Water Safety Adviser and Tricia Dundas as Walking Adviser for another two years. Until the revised edition of *The Guiding Manual* is published, Phyllis Thompson will remain the Guiding Manual Review Group Chairman.

## By another name

Brownie Pack Holiday Licences are to be replaced by Brownie Holiday Licences and the Brownie Camp Licence will replace the present Pack Holiday Under Canvas Licence.

## New faces

Stella Goldsmith has taken over as Chairman of the Foxlease Management Committee. Elizabeth Formby has been appointed as Commonwealth Adviser — a new position. Paul Berry is the new national LINK Chairman.

## List makers

A series of checklists are being produced by the Commissioner Review Working Group that has been examining the role of the Commissioner.

Based on a 'How to...' format, they will appear in *GUIDING*, starting in the autumn.

## Second thoughts

The Association's Leadership Scheme is currently being reviewed. Concern has been expressed over its practicality and effectiveness in running a unit, particularly in such areas as programme, unit administration and leadership.

Pilot schemes are already up and running and proposals for a revised approach will be drawn up later this year.

## Congratulations

Three long-serving Guide Association members were awarded the MBE in the New Year's Honours List for their services to the community. They were: Jean O'Loughlin from Middleton near Manchester; Mazel Le Ruez from Jersey and Sylvia Smith, who is President of the Sussex Central Guides.

Joan Smyth, who was the guest speaker at 1997's AGM, received the CBE for her work as Chair and Chief Executive of the Equal Opportunities Commission for Northern Ireland. She is also an Ulster Division Commissioner.

Anne Dunford OBE and Dr Kathryn Benson-Evans MBE were honoured for their services to Guiding (see page 25).

## New role

Sam Blood has been co-opted on to the British Youth Council Management Committee.

## Euro star

Heather Roy has become the External Relations Officer for WAGGGS' Europe Office in Brussels.



JOHN LINDSEY

## In waiting

On September 1 Liz Harrison takes over as International Commissioner, while Jean-Clare Shaw Miller becomes Chairman of the Awards Committee a month earlier.

official

## Back on board

Former Chief Commissioner Jane Garside is to become an Association Vice President.

## would you credit it?

The Guide Association MasterCard® has been greatly improved recently so, if you've not got one already, now's the time to apply.

When you look at a handful of leading credit cards, you'll find that the most popular are the ones which sharpen up their act to offer the best APR and the lowest annual card fee — or, even better, no fee at all.

The Bank of Scotland® has made some exciting changes to benefit both new and existing Guide Association cardholders.

It has just been announced that for new cardholders the card offers you a special, low introductory APR of only 11.9 per cent for the first six months and the annual card fee has been completely removed for both new and existing cardholders.

After six months, the APR rises to the competitive rate of 19.9 per cent. And, of course, the card is issued by Bank of

Scotland — a bank at the vanguard of the financial world.

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# directory

## CAMPING AND HOLIDAYS

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SAE for brochure: Kevin Wilson  
The Warden, Belchamps, Holyoak Lane, Hawkwell, Essex. Tel/Fax: 01702 205 081

#### BUCKMORE PARK

##### SCOUT CENTRE

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Tel: 01634-861295/861298 Fax: 01634-864553

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TEL: 01753 882640 FAX: 01753 884108  
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Details from:  
The Warden,  
Downe Scout Camp,  
Birdhouse Lane,  
DOWNE, Kent. BR6 7LJ  
Telephone: 01959 572 121  
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Inclusion of advertisements in this section should not be taken to mean that The Guide Association has checked out and approves the site, accommodation or product advertised. Guides are reminded that they should obtain permission from their Camp or Pack Holiday Adviser and their District Commissioner before making a booking and should complete the appropriate forms.

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Brochure: Mrs J. Foster, Lewajogue Farm Camp,  
Maughold, IOM, IM7 1AW. Tel: 01624 812 216

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# directory

## CAMPING AND HOLIDAYS

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Details:  
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Beaudesert Trust Camp Site  
Cannock Wood  
Rugeley  
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E-mail: colin.rose@virgin.net

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MORE ON PAGE...61



# testing time

By Anne Jones

KIM WOOLLEY



In a weak moment, I agreed to become a badge tester. Or at least to test a Guide for her Craft badge.

I can knit — I don't, often, but I can. And I can have a fair crack at lazy daisy, stem and chain stitch. But are these classed as crafts? Hobbies, certainly. Pastimes, even. But crafts?

So why ask me to judge craft? Well I knew why, really. I happen to be myself the holder of a Craft badge. Not that I talk about it a lot. What I tend not to admit is that I got it for sewing on a button. A button. Just one.

To today's Guide, sewing on a button is easy-peasy. Guides can do it in their sleep. Even before they're Guides or Brownies they can do it. Nevertheless, that's what I got my badge for. I was 12 at the time.

So, naturally, I assumed that this badge-testing chore was going to be all over, quick as a flash. Nip along after the news, do a quick badge test, then back in time for *EastEnders*. No problem.

But then an Owl telephoned to make sure I hadn't forgotten. She

explained that this craft test was of such complexity that it was more like the 12 Labours of Hercules.

I made a few tentative enquiries about the identity of the child to be tested and found it was Bernice. The last time I'd seen her, she was a tiny thing in a pushchair. She wore a blue woolly hat with a pompom and dribbled a lot.

I couldn't rid myself of a picture of Bernice, as she then was, sitting up in her pram constructing 'a decorative floor covering of rag, sisal or baler twine'.

Even 'teasing and spinning fleece on a simple hand spindle', I reckoned was going to be a bit beyond Bernice. And as for 'creating a mosaic'... she'd never manage it.

In the event, she didn't. Wisely, she went for other options, not one of which involved materials difficult for a pram-bound infant to procure. (It was, of course, before the days when badges developed stages.)

Bernice arrived — a full-size Guide, taller than me, in fact. She was an absolute whiz at

potato cutting, soap carving and frog and papermaking.

She got her badge all right.

It seemed that I was an absolute whiz at badge testing. I waited expectantly for another call. Then I heard that Bernice was on the verge of taking her Writer badge.

Which options will she choose, I pondered. A — a dramatic sketch? B — a short poem? C — a report on a topical subject? Hardly option D, I felt. Naturally she would be reluctant to embarrass either of us by writing about 'a local or national figure I admire'.

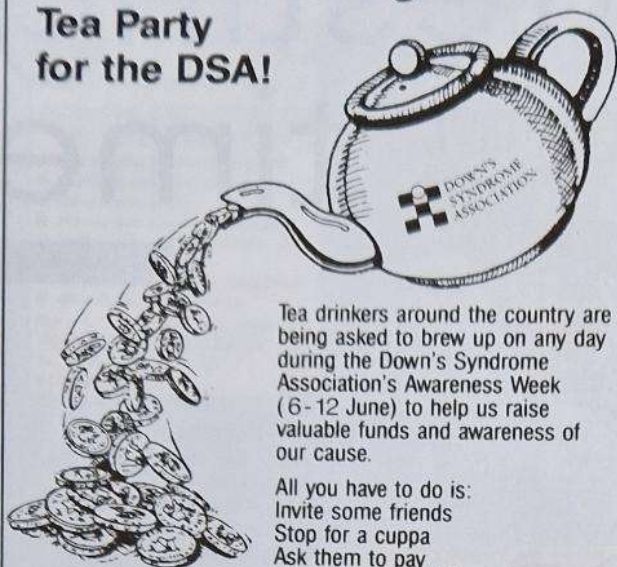
Still, I was quite looking forward to reading them. 'If an Owl telephones,' I said, 'let me know immediately.' Only nobody rang.

Now for years and years, I have earned a fairish living with what is euphemistically called the Pen. I am a writer — I write. Just the very one, you'd think, to test a full-size Guide for her Writer badge.

But they didn't ask me to test Bernice for her Writer badge. They got the Editor of the parish magazine to do it instead. ■



## Host a Fund-raising Tea Party for the DSA!



Tea drinkers around the country are being asked to brew up on any day during the Down's Syndrome Association's Awareness Week (6-12 June) to help us raise valuable funds and awareness of our cause.

All you have to do is:  
Invite some friends  
Stop for a cuppa  
Ask them to pay  
All in aid of the DSA.

It promises to be a mammoth affair - but so is the challenge we face to raise funds for projects which enable people with Down's syndrome to realise their full potential.

Obtain a Tea Party Host Pack by writing to:  
**Down's Syndrome Association,**  
155 Mitcham Road, London SW17 9PG  
Please mark your envelope 'Giant Tea Party'

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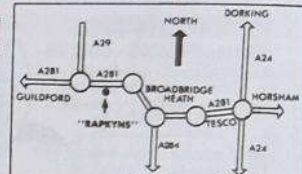


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## NETHERURD HOUSE

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Telephone: 01968 682208 Fax: 01968 682371





# women of distinction

Two women's decades of dedicated service to Guiding were recognised in the New Year's Honours List.

An ex-Association Deputy Chief Commissioner, Anne Dunford, was 'thrilled and surprised' to be awarded an OBE. She said: 'I am delighted, not just for myself but for everyone in Guiding.'

Her association with the Movement began as a ten-year-old Guide in Guildford, Surrey. She went on to be a Land Ranger before accepting her first leadership role as a Ranger Lieutenant.

Later Mrs Dunford served as a Captain, District Commissioner, County Commissioner, and Anglia Region Chief Commissioner. She is currently Anglia's President.

Mrs Dunford, now 63, has served on many working groups and committees — the latest being the Child Protection Working Group,

which she currently chairs.

In 1985 she became Deputy Chief Commissioner and, from 1986 to 1991, was BGIFC Commissioner. She holds both the Beaver and the Silver Fish.

As the Association's first representative on the National Council for Voluntary Youth Services, Mrs Dunford went on to become its Vice Chairman. She has also been actively involved with the work of WAGGGS.

A magistrate, Mrs Dunford continues her involvement with youth advisory bodies in her home county of Suffolk, among many other interests.

Dr Kathryn Benson-Evans (74) who received an MBE can look back proudly on 67 years of involvement with the Movement.

After happy years as a Brownie, Guide and Cadet, she became

Tawny Owl with the 12th Cardiff (St. Mary's) Pack. Soon she was being chosen to travel abroad representing the Association.

Her prestigious appointments have included Chairman of WAGGGS Europe Committee and WAGGGS' Constitutions Committee and Coordinator of WAGGGS' Peace Initiative.

When WAGGGS' constitution and bye-laws needed revising, Dr Benson-Evans headed the Task Group appointed. In 1993 she ended a nine-year stint as a voting member of the World Committee.

Dr Benson-Evans is Chairman of the Joint Committee of the UK Trefoil Guild. She continues a 48-year-old link with the 2nd Central Glamorgan Ranger Unit.

A former biology lecturer at the University of Wales, her travels have taken her all over the world.



Delighted for the Association Anne Dunford OBE

EAST ANGLIAN DAILY TIMES

**All the Association is honoured by this OBE**

## coming next

### Badge buster

Advice and tips on how to help your girls negotiate their way through different badge stages.

### Cook out

How to plan a successful barbecue — from health and hygiene advice to delicious recipes for marinades.

### A different perspective

Continuing our occasional series of regional 'visits', go on a whistle-stop tour and discover the joys and trials of Guiding in the South West.

### PR poster

Look out for our great, ready-to-use poster that will help to raise the profile of Guiding in your area.

### Walking back to happiness

A Brownie Pack worked really hard to raise money for a much-needed walking frame for a young boy.

### Badge exchange

Roll up, roll up, swap your badges here... for American goodies.

### Crazy sports

You could have a 'sports day' with a

difference with our balloon obstacle race, blow football, pegs on a line...

### High flyers

In preparation for the One Sky, One World Day in October, we show you how to make your own super kite.

### Eastenders

Take a trip on the Docklands Light Railway and visit the Cutty Sark and the Museum of Childhood.

## IN JUNE'S GUIDING

### Keep fit

How fit are your girls? If they do our quiz they'll find out if they need to follow our health and fitness tips.

### Puzzle it out

Brain teasers galore: match the trainers; find the tennis racket; a sporty wordsearch and more...

### Pedal power

In our story, *Something for everybody*, a young girl, who is not very

good at sport, discovers that even she can successfully take part in a bicycle race.

### Cycle safety

Continuing the cycle theme, we give tips on how to make sure a bike is safe, what to wear and so on.

### My best day

A Brownie unit finds out all about Native Americans at their Pack Pow-wow.

### Looking good

Top tips on how the girls can look good and feel great by taking care of their hair, teeth, nails and skin.

### Get very busy

How to make a lasso; use a hula hoop; plus sound advice on how to devise a workout to some funky music; and healthy snacks to make.

## IN JUNE'S BROWNIE



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This month we look at the recruitment and management of leaders using statistics from the market research carried out for The Guide Association last year. Volunteers may not like to think of themselves as being 'managed', but it just means making the best use of people's efforts and enthusiasm.

It emerged that the most common methods by which women became involved in Guiding were through their daughters being members or a personal approach from another Guider or the District Commissioner — who plays a key role in approaching likely parents.

Previous experience of Guiding was an important reason for volunteering and 40 per cent of Guiders stated that they got involved in order to give something back to Guiding — a reflection of the loyalty the Association generates.

The most important reason for Guiders remaining involved was that they wanted to help girls develop their skills and capabilities. This also rewards Guiders, although that may not be fully appreciated when women first volunteer.

Another major reward is the friendships that are made. As an older Guider put it: *'Guiders are a nice bunch of people... you make some lovely friends. When I think of my Guiding days ending I know what I'll be giving up, it's not just working with the girls but with the adults as well'*.

Another reported that when she needed an Assistant Guider her husband, a Scout leader, asked around, found a Scout's mum to help *'and the two of us have been together for 20 years'*.

The second most significant reason for Guiders remaining involved was that their units were in danger of closing due to a shortage of leaders. This is reflected in the difficulties faced by leaders. (See Fig 1).

These difficulties are common across all voluntary work. The time pressures from paid work and other family commitments reflect the increasing number of women who are in paid employment and the increasing proportion of families where both partners have jobs.

Even though many women work part-time, it may still mean the

family unit is now *'doing two-and-a-half jobs'*, as one Guider put it. Those with jobs, particularly men, have been expected to work more hours over the last few years.

Other studies show that parents are spending an increasing amount of their time on childcare.

These difficulties must contribute to the shortage of leaders and to the dissatisfaction felt about the lack of parental support.

So it is increasingly important to make the best use of existing leaders and to be proactive in recruiting new ones. The Young Leaders Scheme was strongly supported. However, Young Leaders found it hard to get involved in a new unit if they moved. The transfer system was not working effectively.

It is important for Districts to be sensitive about welcoming new Young Leaders.

It was also difficult to move Guiders around Districts. Some units were desperate for help, while others in the same area might have enough helpers. Guiders were reluctant to move if they felt loyal to a particular unit or church.

Perhaps District Commissioners could encourage Guiders to offer 'guest appearances' at units that are short of leaders — a lot relies on their skills and enthusiasm.

The MORI survey of the general public found that 75 per cent rated Guiding as good, or very good, for young people, and 39 per cent would recommend young people to join. There is quite a lot of public

goodwill towards the Association, but a way has to be found to convert this into voluntary support.

This might be done by Districts compiling a register of potential volunteers — perhaps initially based on parents — who would be prepared to give some time to lead a specialist session or to help occasionally. These volunteers should include men.

Guiders could then draw from this list to produce a varied programme, but the main work still needs to be done by the Guider to give continuity.

Even the approach to recruiting regular leaders could change. A County Commissioner reported: *'There has been an image of women dedicating their whole lives to Guiding and this is something we have to address... We must accept young women coming in and, perhaps, giving us three years maximum, then leaving to get employment...'*

Although the problem of a shortage of volunteers is common in other organisations, in Guiding it has a direct impact on the quality of the programme. Guiders felt frustrated by not being able to offer the full programme because they had insufficient help, and this ties in with girls leaving because they are not getting the activities they wanted (see March's *GUIDING*).

● The research was carried out by Geoff Nichols of Sheffield University and Lindsay King of the University of Northumbria, Newcastle.

**When urgently seeking new helpers, men should not be ruled out**

By Geoff Nichols

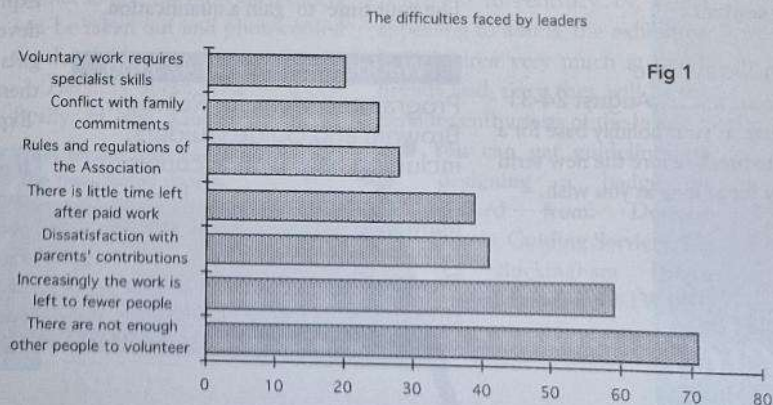


Fig 1



# training news

## Broneirion – 01686 688204

Llaw yn llaw celebration event  
..... July 27 - August 1  
For Guides, Senior Section or older members, with or without disabilities. Dance, drama, music, crafts, and other fun activities.

Walking holiday event  
..... August 5-12  
Bring your family and friends for a few days walking or just relax. Organised walks are available every day.

Food — fashion — faith  
..... September 18-20  
An international weekend — explore traditions and cultures from member countries of WAGGGS.

## Foxlease – 01703 282638

Outdoor activities for the unit meeting — your doorstep and beyond  
..... May 29-31  
Games and activities to use in and around your meeting place for all sections. Including wide games for new skills, adventurous badge tasters, the outdoors/indoors.

Programme ideas for Rainbow, Brownie and Guide Guiders  
..... July 10-12  
Explore new ideas plan and prepare complete programmes for autumn.

Summer holiday training  
..... August 21-23  
A programme ideas training during the summer break. Just the time to get ahead with some new inspiration for the autumn session. Your families would be welcome to join you, and to explore the area while you are attending sessions.

Family holiday time  
..... August 24-31  
Use Foxlease as your holiday base for a last-minute break before the new term starts. Stay for as long as you wish.

Bright ideas and how to use them in your autumn programme  
..... September 4-6  
A training for all sections, lots of ideas and ways to include them in your unit.

## Hautbois – 01603 737357

Heraldry  
..... August 18-25  
This course is open to beginners and those who are already hooked on heraldry and will be led by Brenda Hughes.

Craft in miniature / craft in the unit  
..... September 11-13  
Two courses for those who enjoy craft. The miniatures course is for those interested in dolls houses. Craft in the unit is for Guiders, Young Leaders, Unit Helpers or Trefoil Guild members who need ideas to use with Rainbows, Brownies or Guides.

First aid in Guiding  
..... October 2-4  
The last opportunity in 1998 for Guiders and Senior Section members to learn the skills needed for unit meetings, camps and holidays, as well as gaining/renewing a St John's Ambulance or Red Cross qualification.

## Lorne – 01232 423180

Campcraft and pioneering  
..... May 29-31  
For lovers of the great outdoors — and learners too.

County / Division weekends  
..... Any date  
Take part in any weekend training.

Arts weekend  
..... October 30-November 1  
Have great weekend. Bring a friend.

RSA  
..... November 6-8  
Use your time to gain a qualification.

## Waddow – 01200 423186

Programme ideas for Rainbow, Brownie and Guide Guiders, including help with accounts  
..... June 23-23  
Midweek training — crèche available.

Programme ideas for Rainbow, Brownie and Guide Guiders  
..... June 26-28

Local history holiday  
..... July 25-31  
There is a wealth of history in and around Waddow. Come and find out about it.

Houses and gardens holiday  
..... July 25-31  
Visits to houses and gardens in the area around Waddow.

Walking week  
..... August 8-14  
Walking for all abilities. Open to Guiders, Trefoil Guilds and families.

Holiday time  
..... August 15-27  
For Guiders, Trefoil Guild members and families. Do your own thing and/or take part in the organised programme.

Leisure break for Guiders, Trefoil Guild members and families  
..... May 11-14, June 8-11, September 14-17, October 12-15

## Netherurd – 01968 682208

Senior Section  
..... June 12-14  
For all members of the Senior Section. Training for adults and a combination of activities and training for girls. Accommodation will be lightweight camping, bunk space in the Bothy, or the comfort of Netherurd House. Prices according to accommodation.

Guide events  
..... July 5-9 and August 7-11  
Exploring the Guide programme inside and out. Guides will find this event full of fun, friendship and adventure.

Programme and Training Advisers  
..... August 28-30  
Aimed particularly at County P&T Advisers but Countries and Regions would also be welcome. A chance to explore current initiatives in the development of the programme for the girls and training of adult leaders. A theme for this weekend will be 'Exploring your limitations'.

It may be possible to help you make contact with others travelling from your area to any of these trainings. Please telephone or write to the Manager of the appropriate centre. For further details or to apply, ring the Centres' numbers listed on page 52.

official



# sisters in arms

Heraldic symbols feature in Guiding standards and badges, as well as on lots of pub signs and church walls. *GUIDING* magazine has talked to two members who are keen to spread their enthusiasm for this ancient art.

After Sheila Hunt finally retired from being a leader, Arts Adviser, District and then Division Commissioner of Middlesex East, she had no trouble filling the vacuum in her life. She turned her attention from Guiding's standards and badges to the ancient art of heraldry in her own Region, starting, in 1982, what has become one of only two Guiding heraldry groups in the country.

Last year was particularly fulfilling for Sheila because it saw the group's three-month exhibition of local coats of arms, banners and shields at the Church Farmhouse Museum in Barnet praised by no less a body than the Heraldry Society, of whom she is a member.

So successful was the exhibition that the Middlesex East Group gained eight new members, including not just past members of the Association but current Guiders as well. The group's aim, Sheila explained is to 'enlighten people about heraldry', which is the use of symbols for recognition. This art form began in Roman times and reached a high point of decorative-ness in the 14th Century.

Sheila is sure that the 2,000 visitors to the exhibition will now visit their local churches and no longer 'look without seeing' at the memorials on the wall.

They will remember what they have learned and at least know a hatchment from a standard. (For those who don't know, a hatchment has a black and white background

denoting the death of one or other spouse and stands on its corner like a diamond). Certain pub signs in Barnet, Brent, Enfield and Haringey will also take on an enhanced meaning to passers-by.

Although Sheila is a trained artist, the group consists of all levels of skill and interest. 'Those that can draw a lion rampant or whatever do so, but the end result is a group effort,' she explained.

'We sometimes take a picnic to a local churchyard or explore a church. We look for a coat of arms or hatchment we may not have come across before. We make a copy but try to recapture its original liveliness and beauty to show that it is not just a fusty old monument,' she added.

Several churches have requested copies to make into laminated books that can be handled by children wanting to know the significance of the symbols and colours.

The exhibition was two years in the making, and last November another special one-day exhibition was staged especially for disabled visitors. This month it will be restaged for Middlesex East's County Days.

Having prepared and stewarded this heraldry extravaganza, the group has already launched themselves on their next project, which is a County resource pack for beginners. This is in loose-leaf format so that the individual sheets can be taken out and photocopied for the children.

'Heraldry doesn't feature specifically in the Guides' syllabus,

although it does in very simple form for Brownies,' Sheila said. She says she has received many requests from Guides for a Heraldry badge.

The Association's acknowledged expert in this area is Brenda Hughes, its Heraldry Adviser. Brenda has passed two College of Arms exams and holds heraldry courses at Hautbois each summer. All requests from members for new badges and standards must go to her for approval.

'We supply a booklet outlining the rules of heraldry laid down by the College of Arms so that designs are correct,' Brenda explained. The College of Arms has given us permission to check and authorise these ourselves without having to go through them, which would be very time-consuming.'

The Southend section of Brenda's own Anglia Heraldry Group mounted an exhibition in Southend Central Museum from January 3 to February 14. While appealing to adults, the exhibition had children very much in mind, Brenda said, since they will be the heraldry enthusiasts of the future.

- You can get guidelines on designing a badge or standard from: Desrene Dacres, Guiding Services, 17-19 Buckingham Palace Road, London SW1W 0PT. Please enclose a sae.



Itchen Valley Division's new standard was finished only days before its planned dedication at the Thinking Day service

JIM DENHAM

**We're still following a trend that started in Roman times**

By Penny Kitchen

Setting the standard: Royal Tunbridge Wells Mount Ephraim Division is one of the first to incorporate the new Trefoil design





## open door

There's a well-known head-and-shoulders drawing which often appears in puzzle books. The question is posed: is it of an ugly old witch — or a beautiful young woman? The answer depends on the way you look at it.

So much in life depends on the way we look at things — and often it is all too easy to look negatively.

Take a Guider's attitude to the girls in her unit, for example. Does she think of Julie as 'needing supervision', when 'works well with others' might be saying the same thing — only more constructively?

Could Hannah's 'lack of initiative' be re-interpreted as a willingness to do the boring, routine tasks that no one else particularly enjoys?

What about the girls' parents? Do you instinctively label Gemma's mum as 'bossy', ignoring just how

well she organised last year's autumn fayre?

Or again, in the course of general conversation, are we more likely to take a disapproving stance, agreeing, for example, that young people nowadays have no morals or sense of commitment?

But, expressed differently, is the younger generation's so-called 'lack of morality' a desire to work things out for themselves and set their own value system?

For their 'lack of commitment', when set within the context of today's pressures, might turn out to be a big commitment. Depends how we look at it.

Of course, the other extreme — the rose-tinted specs syndrome which finds a silver lining billowing out from every cloud, no matter how black — risks losing touch with the

real world. There is absolutely no merit in any of us refusing to see things as they truly are.

But a tendency towards the positive — looking for sunshine not rainstorms, identifying opportunities rather than problems, focusing on strengths not weaknesses — helps make the business of living happier and more enriching.

'Thinking positively' is very much a part of Guiding. It is essential if we are to carry out our remit of encouraging girls to believe in themselves and enabling them to develop their potential.

And it is at the very heart of Guiding in another way — in the Guide Law. The Law is not a list of don'ts, but a collection of dos, affirming who a Guide is — not what she isn't.

CD

## a personal view

### Too many girls, not too few, was one Guider's problem

The number of girls melting away from units — particularly Guides — has been worrying the Association for some time, and the situation was highlighted in market research carried out last year by two academics — turn to page 27 for the latest extract from their findings.

Strenuous efforts are now being made to turn the tide (see March's *GUIDING*), but what do you do if you have the opposite problem and the girls in your unit don't want to leave? That's the situation that faced Linda Taylor, Assistant Guider with 1st Hoole Guide Company, Preston. Here she explains a solution that works for her unit.

‘We kept hearing about the drift from Guides at 13, but our problem was the exact opposite. In our unit, we have two Guides who are 14; seven Guides who are 13; ten Guides who are 12 (half of these become 13 within the next six months); five Guides who are 11; and eight Guides who are ten.

None of the older girls have any intention of leaving the unit, which, as you can imagine, has caused us considerable problems.

For the past 12 months, we have been under pressure to allow the next lot of girls up from Brownies. However, as there are only two leaders, we are allowed to have no more than 24 Guides.

In spite of a request for help that we sent out to all the Guides' parents, nobody came forward. The situation was causing a bottleneck locally, as Rainbows could not move up to Brownies because Brownies could not move up to Guides.

At the time, we held our Guide meetings on Friday nights from 7pm until 9pm, and we were concerned that our meetings would not be safe — and our insurance cover affected — if we allowed more girls to join.

Our problem was not helped by our having four sets of sisters in the unit and these girls had to come to meetings at the same time.

Eventually we came up with a solution that allowed us to admit the new Guides. We extended the unit to six Patrols. Three Patrols, which include the three sets of sisters — but they all have to be in

different Patrols! — now come at 6.45pm and stay until 8.30pm.

The other three Patrols come at 7.30pm and stay until 9.15pm. As there is an hour-long period where we have 30 girls together at the same time, we have set up a rota of parents and they come to whichever session their daughters are attending. This is the only part of the solution that the Guides do not like for some reason!

I wish that we could take the credit for this ingenious solution, but it was the combined idea of two of our Guides. Our ideas did not meet with anyone's approval!

We have heard so much about the problem of Guides leaving the Association once they reach 13 that we are beginning to wonder if we are the only unit that has experienced the problem in reverse.

We cannot believe that this is so and would very much like to hear from any other unit that also keeps their older Guides.

● Anyone who wishes to contact Linda Taylor should write to her at: 11 Northern Avenue, Much Hoole Preston, PR4 4GL.



# ideas

Programme ideas for May 1998

## idea of the MONTH

Suggestions for Guiders of all sections  
By Gillian Ellis

**S**urprise meetings can be good fun. Try holding a competitive meeting with absolutely no previous warning.

Before the girls arrive, have lots of materials ready for challenges that they can start as soon as they get to the hall.

The competitions can be mental, physical, manual, or a combination of all three.

Set physical challenges using bats, balls, ropes, beanbags, skittles or other games equipment. You could provide materials for the



**You could even challenge the girls to make a cake!**

girls to make their own sports equipment — try plastic bottles, old nylon tights, newspapers and so on. Challenge the girls to create a game with their home-made equipment.

Provide basic materials and instructions for simple handcraft projects. The girls can have a go at making anything from masks to greetings cards. The list of equipment for this is endless: cereal packets; sticky paper; glue; used stamps; ribbon; fabric; buttons and so on.

Finally, you can challenge the girls to a series of simple puzzles and riddles to test out their mental agility. Make sure that there are plenty of easy ones, but don't forget to throw in a couple of tricky ones too. You could even throw in some commercial games and jigsaws for good measure.

Award points for each task completed, you could have a prize-giving ceremony at the end of the evening.

## idea

Get together and write a special song for your camp or Pack Holiday.

## ideas for...

Rainbow guiders.....	34
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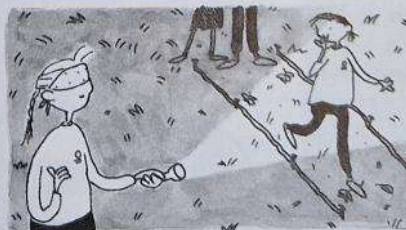


## idea

Start planting sunflower seeds for a colourful summer display.

## ideas for all...

Theme Evening.....	35
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## idea

Get set for summer and practise putting up tents!

## help for all...

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# topic of the month

There's a whole ark of activities in our topic of the month slot, so get set for some funny and frantic animal antics

By Trainers from Anglia Region  
Illustrations: Justine Waldie

## Mouse trap!

**S**tart your meeting with this noisy game to get everyone running around and warmed up.

Four girls make a mouse trap by standing in a circle holding hands — arms held high above their heads.

The remaining children are mice who run in and out of the trap. When the leader shouts 'Mouse trap!', the girls bring down their arms to catch some of the mice.

Those who have been caught become part of the trap and the game continues until no one is left free.

R S  
suitable for  
B G

## Design an animal

**E**very group member needs a piece of paper — folded concertina fashion — and a pencil.

Each girl draws a head on her paper, folds it so that no one can see it, and passes it on. The next person draws a body, the third legs and fourth feet. Finally unfold the papers and take a look at the amazing animals. Try to give them names!

■ Ask Rangers to discuss the notion that 'a camel is a horse which was designed by a committee'.

R S  
suitable for  
B G

## Farmyard bedlam

**B**reak the ice with this farmyard game. It may be useful for Guiders to find themselves some earplugs before it starts!

On separate pieces of card, write the names of different farmyard animals — there should be at least two for every animal. The girls take a card and then try to find their partners by making the noise of the animal they have chosen.

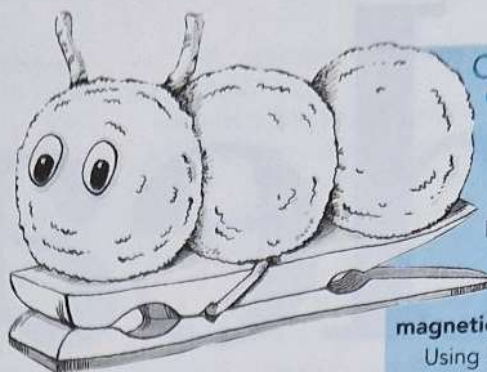
R S  
suitable for  
B G

## Animal friendly

**S**ome girls may have chosen to follow a vegetarian diet. Ask your unit to find out which everyday, processed foods a vegetarian should avoid.

Challenge the girls to discover for themselves the 'hidden' animal products in foods such as cheese and biscuits.

R S  
suitable for  
B G



## Caterpillar note peg

**T**his cheeky caterpillar note holder will stick on the fridge, ready to look after all your important lists and memos.

For each note peg you will need:  
3 mini pompoms; spring clothes peg; pipe cleaners; joggle-eyes; magnetic strip; craft glue.

Using the illustration as a guide, glue the three pompoms on to the clothes peg. Stick the joggle-eyes on the pompom at the closed end of the peg.

Cut two 4cm-lengths of pipe cleaner and then glue them behind the head so they look like antennae.

Cut a 4cm length of the magnetic strip and stick this on to the bottom of the clothes peg. The caterpillar is now ready to stick on to the fridge where it will look after those shopping lists!

R S  
suitable for  
B G

## Pig badge

**O**ur pig badge is a messy craft that's fun to make and wear.

You will need: stiff card; compass; pencil; black and red markers; pink acrylic paint; strong glue; sticky tape. For each badge: a plastic bottle top; a pair of joggle eyes; a safety pin.

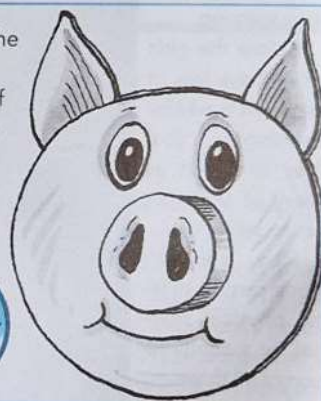
Cut two circles — 6cm in diameter — and two ears from stiff card. Paint the card shapes and the bottle top pink. Leave to dry.

Glue the bottle top in the centre of one circle of card — this will make a nose for the pig. Stick the eyes just above the nose. Draw nostrils with the black marker and a mouth with the red marker.

Tape the ears to the back of the card and glue the second circle on top. When the glue has dried, tape a safety pin to the back of the finished badge.

■ Try making pink felt ears instead of card ones!

R S  
suitable for  
B G



## Mini-beast hunt

**G**o out for a walk in search of mini beasts. Look under stones and branches to find all sorts of creepy crawlies. Take a nature book along so that the girls can identify the bugs that they see.

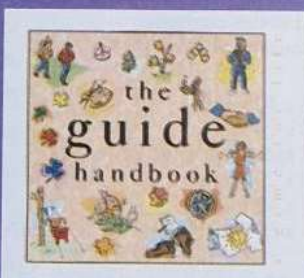
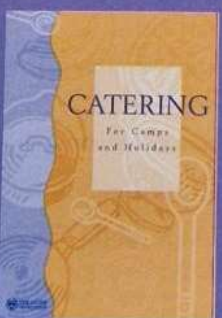
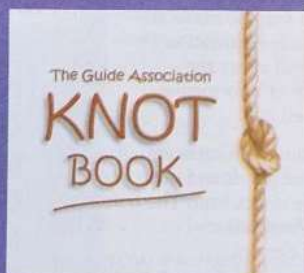
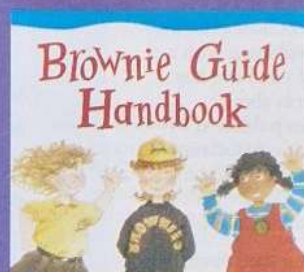
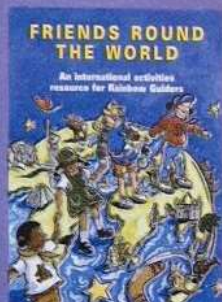
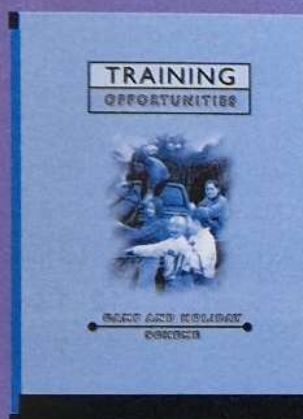
Remember that even the ugliest creepy crawly is a living creature and must not be hurt or squashed!

R S  
suitable for  
B G





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In the first half of this catalogue you'll find publications for specific Guiding sections. Pages 10–17 list resources of general interest and these are grouped together by subject – music, craft, etc. Finally, on page 20, you'll find all the materials you need to help with unit organisation and admin – including forms.

The comprehensive index on page 22 should help you turn straight to the book or pack you're looking for.

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The Guide Association,  
17–19 Buckingham  
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London SW1W 0PT  
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Fax: 0171 828 8317  
E-mail:  
chq@guides.org.uk  
Web site:  
<http://www.guides.org.uk>

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## RAINBOW GUIDERS

### THE GUIDER HANDBOOK

A 'must' for every Guider, this sturdy colourful hardback is a real 'encyclopaedia of Guiding'. Features: a thorough explanation of how Guiding works at all levels; lots of practical activity ideas; an A-to-Z filefacts section covering everything from Guiding abbreviations to how to carry a flag; and the syllabus for The Guide Association Leadership Scheme. A4 288pp hardback, illustrated, full colour 65078. . . . . £6.20

### THE GUIDING MANUAL 1994 (2ND EDITION)

Comprehensive guidelines and Guiding rules – essential for every unit. A set of amendments (see below) will accompany each copy. A4 192pp drilled looseleaf pack 64550. . . . . £3.90

### 1997 GUIDING MANUAL AMENDMENTS

Contains both the 1996 and the 1997 amendments to *The Guiding Manual 1994* and is available free of charge by quoting the code below. A4 12pp booklet 64568. . . . . free

### GUIDER'S PERSONAL RECORD BOOK

For recording progress through The Guide Association Leadership Scheme and other qualifications gained. A6 32pp booklet in plastic wallet 65136. . . . . 70p

### TRAINING OPPORTUNITIES

This new series of books detailing Guide Association qualifications is currently in preparation. The first title

in the series is out now: **Camp and Holiday Scheme**. For details see

page 6  
A4 84pp paperback 64782. . . . . £2.95

Other syllabuses can be found in the 1990 edition of *Qualifications* (now discontinued), with the exception of The Guide Association Leadership Scheme (see *The Guider Handbook*), the Music Qualifications (contact Guiding Services, CHQ) and the Senior Section Camp Permit (contact County Outdoor Activities Advisers or Guiding Services, CHQ).

No Guider should be without her own copy of **GUIDING** magazine each month. Turn to the back page for subscription details.

## FOR RAINBOWS AND THEIR GUIDERS

### RAINBOW GUIDE STICKER PACK

Over 200 bright and colourful stickers to use with the Rainbows in your unit. 4 A4 sheets of 4cm full-colour round stickers, 2 A4 sheets of 4cm sparkly stickers, plus A4 sheet of assorted full-colour rectangular stickers. 65987. . . . . £3.90

### RAINBOW GUIDES CELEBRATE!

Fun colour-and-draw book based on Rainbow Guides tenth birthday celebrations. 210 x 190mm 28pp booklet, illustrated 66035. . . . . 65p

### I AM A RAINBOW GUIDE!

Fun colour-and-draw activity book for new Rainbows. 210 x 190mm 24pp booklet, illustrated 63966. . . . . 55p

### RAINBOW GUIDE ANNUAL 1999

Bursting with fun, activities, puzzles, stories, and so much more, it's the perfect present!

See page 18 for further details. Available August 1998.

A4 64pp hardback, illustrated, full colour 60046. . . . . £5.75



## OVER THE RAINBOW TO BROWNIES

Fun colour-and-draw activity book for Rainbows moving up to Brownies. 210 x 190mm 16pp booklet, illustrated 64287. . . . . 55p

## WELCOME TO BROWNIES

Colourful welcome card for Rainbows moving up to Brownies, with space for Guider to fill in details about the Pack and for the new Brownie to draw pictures of what happens at her first meeting. A5 gatefold card, illustrated, plus envelope 64311. . . . . 35p

## RAINBOW GUIDE COLOURING POSTERS

Photocopiable colour-in posters showing Rainbows having fun. 10 different A4 sheets 65995. . . . . £2.70

## ACTIVITIES

### FRIENDS ROUND THE WORLD

An exciting pack of activities and information about Rainbow-equivalent groups in 12 different countries. Includes photocopiable doll and uniform templates. 14 A3 sheets, illustrated, folded 63008. . . . . £5.35

### HOP, SKIP AND JUMP

40 fun Rainbow games. A4 40pp drilled paperback, illustrated 65128. . . . . to be announced

## RAINBOW PROMISE PACK

A wealth of ideas for prayers, reflections, stories, Promise activities and ceremonies. A4 25pp drilled leaves, illustrated 64246. . . . . £3.65

## RAINBOW EIGHT POINT PACK

Simple activity ideas for Rainbows covering the Eight Points. A4 39pp drilled leaves, illustrated 65151. . . . . £3.60

## RAINBOW ALPHABET PACK

Over 100 ideas for fun activities based on the letters of the alphabet. A4 52pp drilled looseleaf, illustrated

64220 SPECIAL OFFER  
PRICE £1.95

## RAINBOW THEME PACK

Even more activity ideas based on the alphabet. A4 27pp drilled leaves, illustrated 64535. . . . . £2.20

Turn to pages 10–17 for lots more resources packed with great ideas.

## UNIT ADMIN & ORGANISATION

### 'I'M GOING TO BE A RAINBOW GUIDE!'

Registration form, plus useful information sheet to tell parents about Rainbow Guiding. A4 4pp leaflet – pack of 10 65177. . . . . £1.30

## RAINBOW GUIDING RECORD OF...

To record individual girls' progress. A4 pad of 20 drilled sheets 63156. . . . . 90p

## RAINBOW PROMISE CERTIFICATE

A5 full colour 65003. . . . . 21p



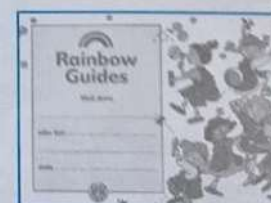
## RAINBOW GOODBYE CERTIFICATE

For Rainbows going up to Brownies. A5 full colour 65011. . . . . 21p

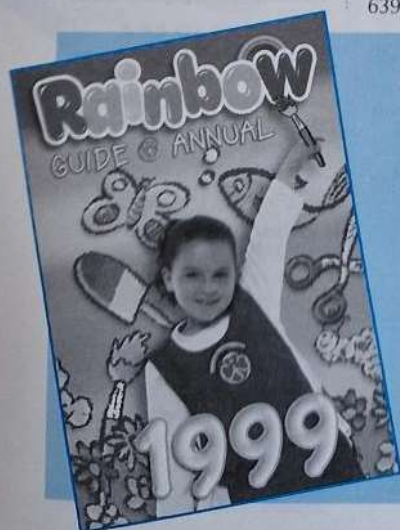


## RAINBOW GENERAL PURPOSE CERTIFICATE

Can be used to mark any achievement. A5 full colour 64410. . . . . 21p



For forms and more unit admin essentials, turn to pages 17 and 20.





## BROWNIE GUIDERS

### THE GUIDER HANDBOOK

A 'must' for every Guider, this sturdy colourful hardback is a real 'encyclopaedia of Guiding'! Features: a thorough explanation of how Guiding works at all levels; lots of practical activity ideas; an A-to-Z filefacts section covering everything from Guiding abbreviations to how to carry a flag; and the syllabus for The Guide Association Leadership Scheme  
A4 288pp hardback, illustrated, full colour  
65078 ..... £6.20

### THE GUIDING MANUAL 1994 (2ND EDITION)

Comprehensive guidelines and Guiding rules – essential for every unit. A set of amendments (see below) will accompany each copy  
A4 192pp drilled looseleaf pack  
64550 ..... £3.90

### 1997 GUIDING MANUAL AMENDMENTS

Contains both the 1996 and the 1997 amendments to *The Guiding Manual 1994* and is available free of charge by quoting the code below  
A4 12pp booklet  
64568 ..... free

### GUIDER'S PERSONAL RECORD BOOK

For recording progress through The Guide Association Leadership Scheme and other qualifications gained  
A6 32pp booklet in plastic wallet  
65136 ..... 70p

### TRAINING OPPORTUNITIES

This new series of books detailing Guide Association qualifications is currently in

preparation. The first title in the series is out now:

### Camp and Holiday Scheme

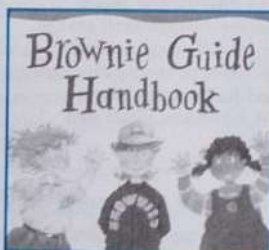
For details see page 6  
A4 84pp paperback  
64782 ..... £2.95

Other syllabuses can be found in the 1990 edition of *Qualifications* (now discontinued), with the exception of The Guide Association Leadership Scheme (see *The Guider Handbook*), the Music Qualifications (contact Guiding Services, CHQ) and the Senior Section Camp Permit (contact County Outdoor Activities Advisers or Guiding Services, CHQ)

## FOR BROWNIES AND THEIR GUIDERS

### BROWNIE GUIDE HANDBOOK

A 'must have' for every Brownie and Brownie Guider! Attractive, fun and colourful, it explains every aspect of Brownie Guiding in clear and simple terms  
210 x 190mm 208pp paperback, illustrated, full colour  
60004 ..... £2.60



A large-print edition of the *Brownie Guide Handbook* is available for those with a visual impairment  
296 x 268mm 208pp paperback, illustrated, full colour  
63271 ..... £2.60

A Braille version of the *Brownie Guide Handbook* is available from CHQ only

No Brownie should be without her own copy of *BROWNIE* magazine each month! It's full of fun puzzles, competitions, stories, recipes, games and help with badgework – and it's even got an exciting new look (see page 13). Make sure your Brownies' parents know about the magazine and turn to the back cover for details of how to subscribe.



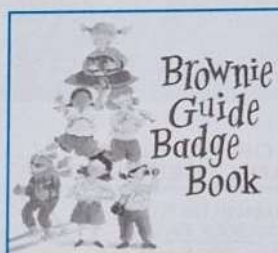
### PLASTIC COVER FOR BROWNIE HANDBOOK

73585 ..... 51p

### BROWNIE GUIDE BADGE BOOK

Contains the syllabuses for all Brownie badges – another 'must have' for Brownies and their Guiders!  
210 x 190mm 128pp paperback, illustrated, full colour  
64048 ..... £2.00

A Braille version of the *Brownie Guide Badge Book* is available to all blind and partially-sighted children from the RNIB Library. Contact their Customer Services Department on 0345 023153



### COMBINED COVER FOR BROWNIE HANDBOOK AND BADGE BOOK

75143 ..... 80p

### BROWNIE GO! CHALLENGE

Individual workbook full of exciting ideas for Brownies who need new challenges  
A5 48pp paperback, illustrated  
65730 ..... £1.35

### BROWNIE ANNUAL 1999

Bursting with fun, it's the ideal gift! See page 18 for more details  
Available August 1998  
280 x 200mm 80pp hardback, illustrated, full colour  
60053 ..... £5.75

### BROWNIE STICKER PACK

Brownies will love these colourful stickers. Pack contains 140 Freda stickers with messages such as 'I did my best', plus 210 stickers showing the Eight Point symbols  
2 A4 sheets of 70 2-colour 2.5cm round stickers, 3 A4 sheets of 70 full-colour 2.5cm round stickers  
63404 ..... £2.25

### WELCOME TO BROWNIES

Colourful welcome card suitable for all new Brownies, with space for Guider to fill in details about the Pack and for the new Brownie to draw

pictures of what happens at her first meeting  
A5 gatefold card, illustrated, plus envelope  
64311 ..... 35p

### BROWNIE PROMISE AND LAW CARD

A perfect gift for Promise ceremonies  
Pocket-sized plastic card with Promise on one side and Law on the other  
60343 ..... 22p

### BROWNIE PROMISE BOOK

Colour-and-draw activity book to help new members learn about Brownies  
A5 22pp booklet, illustrated  
62554 ..... 30p

### BROWNIE PROMISE COLOURING POSTER

A3 colour-in poster showing Freda and the Brownie Promise  
64451 ..... 30p

### BROWNIE MAGAZINE BINDER

313 x 230mm blue plastic file with magazine logo, stores 12 issues  
75291 ..... £5.99

## ACTIVITIES

### GAMES GALORE

Brilliant Brownie games  
A4 32pp paperback, illustrated  
60301 ..... £2.00

### GAMES WITH A POINT

Brownie games for each of the Eight Points  
A5 64pp paperback  
60319 ..... £1.30

Turn to pages 10–17 for lots more resources packed with great ideas

## UNIT ADMIN & ORGANISATION

For forms and more unit admin essentials, turn to pages 17 and 20

### 'I'M GOING TO BE A BROWNIE GUIDE!'

Registration form plus useful information sheet telling parents about Brownie Guiding  
A4 4pp leaflet – pack of 10  
65185 ..... £1.30

### BROWNIE GUIDING RECORD OF...

To record individual girls' progress  
A4 pad of 20 drilled sheets  
60145 ..... 90p

### SIX/PATROL ROLL BOOK

Enables Sixes to keep their own attendance records  
A6 32pp booklet  
62141 ..... 25p



## THE BROWNIE GUIDE PROMISE CERTIFICATE

Newly-designed to complement the *Brownie Guide Handbook*. See page 12 for details

**new**

A5 full colour  
60285 ..... 21p

## THE BROWNIE GUIDE JOURNEY CERTIFICATES

These exciting new certificates, all linked to the *Brownie Guide Handbook*, will help Brownies to celebrate the completion of each Journey. See page 12 for more details

**new**

**Footpath**  
A5 full colour  
60350 ..... 21p

**Road**  
A5 full colour  
60368 ..... 21p

**Highway**  
A5 full colour  
60376 ..... 21p

## THE BROWNIE GUIDE GENERAL PURPOSE CERTIFICATE

Newly-designed to complement the *Brownie Guide Handbook*, it can be used to mark any achievement. See page 12 for details

**new**

Available April 1998  
A5 full colour  
60889 ..... 21p

## STORY BOOKS

### AMY'S PROMISE

And other Brownie stories  
Various authors, Knight  
197 x 130mm 160pp  
paperback  
73593 ..... £2.99

### EMILY'S CHALLENGE

And other Brownie stories  
Lynda Neilands, Knight  
197 x 130mm 160pp  
paperback  
73601 ..... £2.99

### TRACY AND THE WARRIORS

Lynda Neilands, Kingsway  
178 x 110mm 160pp  
paperback  
75002 ..... £2.25

For hundreds of easy-to-use activity ideas and all the latest Guiding news and views, get *GUIDING* magazine each month. Turn to the back page for subscription details

## GUIDE GUIDERS

### THE GUIDER HANDBOOK

A 'must' for every Guide, this sturdy colourful hardback is a real 'encyclopaedia of Guiding'. Features: a thorough explanation of how Guiding works at all levels; lots of practical activity ideas; an A-to-Z filefacts section covering everything from Guiding abbreviations to how to carry a flag; and the syllabus for The Guide Association Leadership Scheme  
A4 288pp hardback, illustrated, full colour  
65078 ..... £6.20

### THE GUIDING MANUAL 1994 (2ND EDITION)

Comprehensive guidelines and Guiding rules – essential for every unit. A set of amendments (see below) will accompany each copy  
A4 192pp drilled looseleaf pack  
64550 ..... £3.90

### 1997 GUIDING MANUAL AMENDMENTS

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A4 12pp booklet  
64568 ..... free

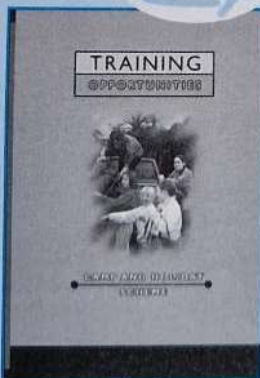
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For recording progress through The Guide Association Leadership Scheme and other qualifications gained  
A6 32pp booklet in plastic wallet  
65136 ..... 70p

### TRAINING OPPORTUNITIES

This new series of books detailing Guide Association qualifications is currently in preparation.

**new**



The first title in the series is out now:

### Camp and Holiday Scheme

For details see page 6  
A4 84pp paperback  
64782 ..... £2.95

Other syllabuses can be found in the 1990 edition of *Qualifications* (now discontinued), with the exception of The Guide Association Leadership Scheme (see *The Guide Handbook*), the Music Qualifications (contact Guiding Services, CHQ) and the Senior Section Camp Permit (contact County Outdoor Activities Advisers or Guiding Services, CHQ)

## FOR GUIDES AND THEIR GUIDERS

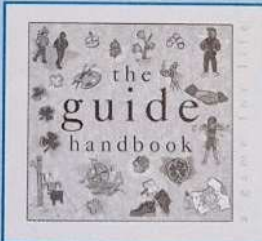
### THE GUIDE HANDBOOK

A 'must have' for every Guide and Guide Guider! Attractive, colourful and packed with information about the Guide programme and things to do  
210 x 190mm 224pp  
paperback, illustrated, full colour  
60012 ..... £3.25

A large-print edition of *The Guide Handbook* is available for those with a visual impairment

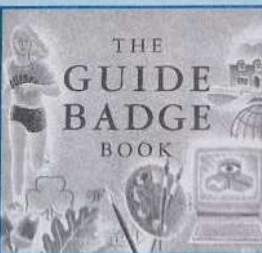
268 x 296mm 224pp  
paperback, illustrated, full colour  
64766 ..... £3.25

A Braille version of *The Guide Handbook* is available from CHQ only



### THE GUIDE BADGE BOOK

Contains the syllabuses for all Guide badges – another 'must have' for Guides and their Guiders!  
210 x 190mm 128pp  
paperback, illustrated, full colour  
63107 ..... £2.20



A Braille version of *The Guide Badge Book* is available to all blind and partially-sighted

children from the RNIB Library. Contact their Customer Services Department on 0345 023153

### PLASTIC COVER FOR GUIDE HANDBOOK

73114 ..... 51p

### COMBINED COVER FOR GUIDE HANDBOOK AND BADGE BOOK

73122 ..... 80p

### ACTION PLUS!

Exciting ideas for older Guides and members of the Senior Section who need new challenges  
A4 48pp paperback drilled, illustrated  
65037 ..... £2.15

### GUIDE PROMISE AND LAW CARD

A perfect gift for Promise ceremonies  
Pocket-sized plastic card with Promise on one side and Law on the other  
60608 ..... 22p

## ACTIVITIES

### IT'S MY LIFE

An exciting personal-development resource to teach life skills to older Guides and younger members of the Senior Section  
22 A4 cards, illustrated  
60178 ..... £4.75



### MAKING IT COUNT

Syllabus and help for those working for the Basic Leadership Certificate  
A4 36pp paperback, illustrated  
60251 ..... £2.20

Guide section continues on page 8



## RECENT TITLES

Don't miss out on our exciting range of newly-published titles – there's something for everyone and they're all **available NOW!**

### TRAINING OPPORTUNITIES

A brand new series of books covering all the areas in which Guiders may gain qualifications, from music to boating, and replacing the *Qualifications* publication. The series, currently in preparation, is designed to allow everyone to work to a consistent standard of good practice throughout the Association and to enable Candidates to measure their progress with flexible methods of assessment.

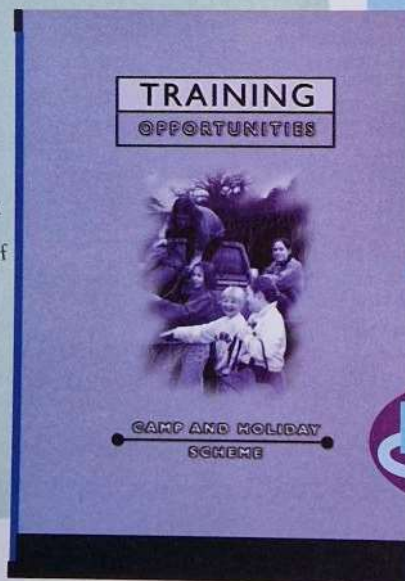
The first in this series is the *Camp and Holiday Scheme*, an easy-to-use resource for all those wishing to gain any of the camp and holiday licences.

#### Camp and Holiday Scheme

Clearly set out and fully explained, the book contains:

- the new Overnight Licence
- Brownie Holiday Licence
- Brownie Camp Licence
- Guide Camp Licence
- Guide Holiday Licence
- Senior Section Camp Licence
- Senior Section Holiday Licence
- endorsements for joint events, events abroad and large-scale events
- guidance on all aspects of the residential event, from assessing suitable sites to evaluating the outcome
- self-assessment grid of licence requirements.

A4 84pp paperback  
64782 ..... £2.95



### SEEKING

A lively new anthology of readings, thoughts and observations aimed primarily at older Guides, the Senior Section and young Guiders. The contents are based around the Look Wider octants and contain material not previously published by the Association.

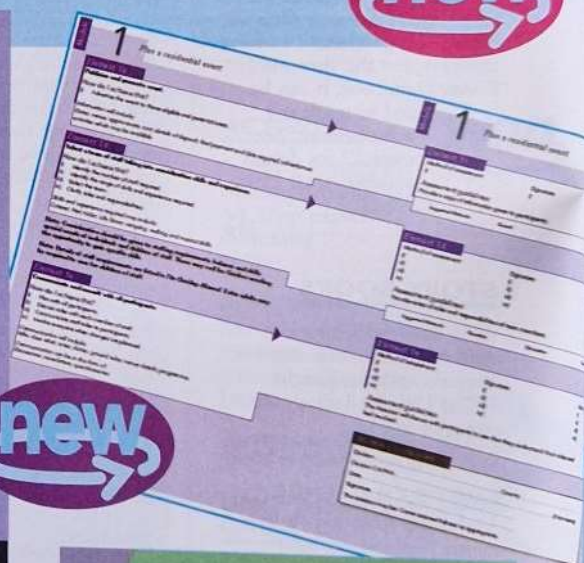
The wide and varied range of sources includes:

- cultural traditions, from the great Romantic poets to Mother Teresa of Calcutta
- the world's major religions
- members of the Association, and the founder, Robert Baden-Powell.

This stimulating and inspiring anthology can be used for personal contemplation, with units or at a variety of meetings.

A5 48pp paperback

66001 ..... £2.50



### INCLUDING DISABILITIES

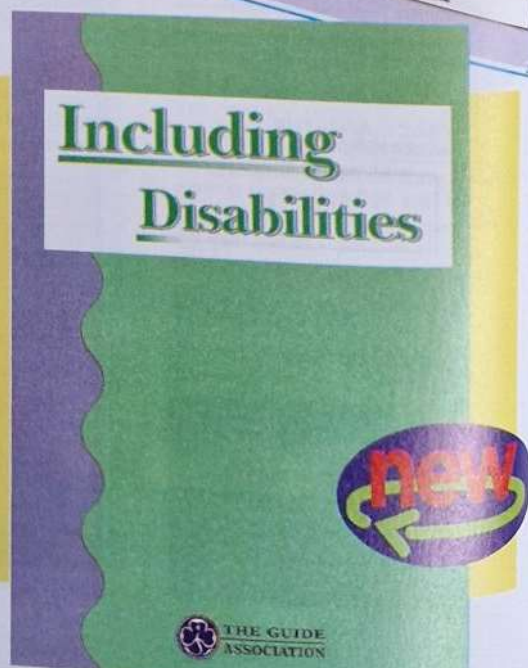
Invaluable for any Guider, this practical and inspiring resource provides all the advice and information you need about a wide range of common disabilities and shows you how to include and value every individual in a Guiding context.

The contents include:

- 20 fact sheets on disabilities, from Allergies and Asthma to Visual Impairment
- helpful advice for managing at camp or on other outings
- contact details for relevant advice centres and charities
- practical ways to include those with disabilities in the unit and programme
- the role of the Commissioner and the Adviser for Members with Disabilities.

*Including Disabilities* also has a handy 'leaflet pocket' at the back for storing extra information.

A4 64pp paperback  
63586 ..... £3.95





## UNIT ACCOUNTS PACK

Full of all the support you need to manage your unit accounts, this pack has been published to help Guiding units comply with The Charities Act 1993 and Regulations. It provides clear, practical advice on all financial matters and has been designed to be easy to understand and use.

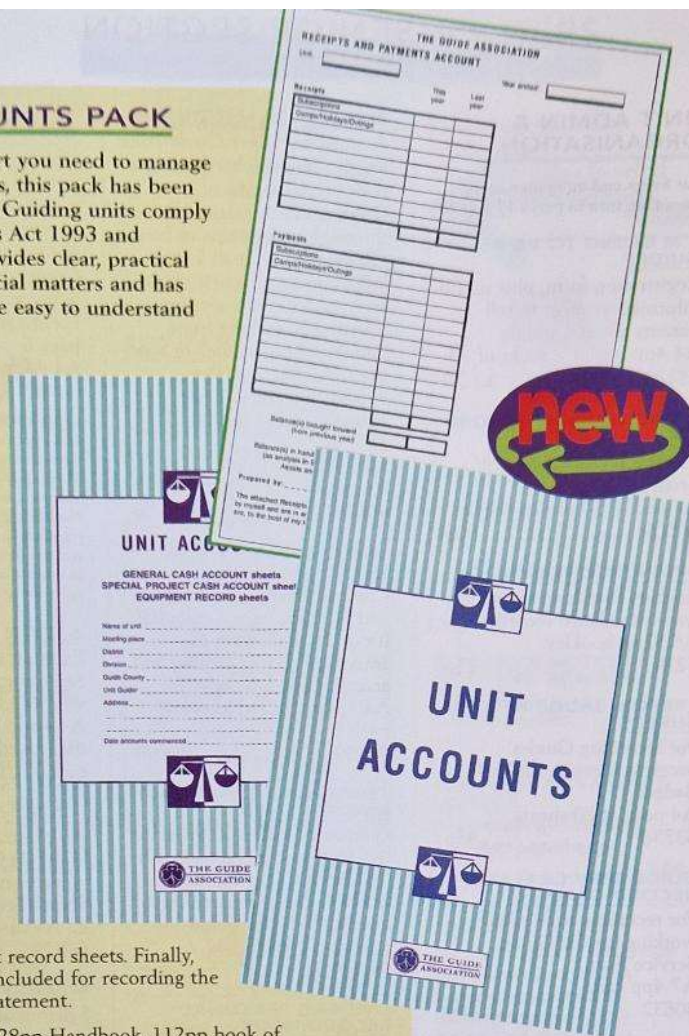
With the aid of worked examples, the comprehensive Handbook shows how to keep financial records to the Association's basic standard and also contains information on:

- budgeting
- banking
- accounting for special projects
- handling your unit's money
- taxation, including VAT
- endowment or restricted funds.

With the Handbook comes a book of colour-coded accounts sheets and, for insurance purposes, equipment record sheets. Finally, year-end forms are included for recording the unit's end-of-year statement.

A4 pack containing 28pp Handbook, 112pp book of account sheets, and 2 x 4pp end-of-year forms

63750 ..... £4.75



## THE PR FILE

Written especially for The Guide Association, this up-to-date and comprehensive public relations resource provides practical help and advice to all Public Relations Advisers and Commissioners.

In an easy and friendly style *The PR File* tackles all aspects of public relations including:

- what is PR?
- the role and responsibilities of a Public Relations Adviser
- legal considerations
- Guiding and the media
- Guide Association corporate identity.

Putting theory into practice, *The PR File* also contains several case studies. Another useful inclusion is the 'tool box' of step-by-step instructions on how to master such PR skills as:

- writing press releases
- arranging photocalls
- creating displays
- speaking at meetings
- producing leaflets and flyers.

A4 100pp looseleaf and drilled, illustrated

64600 ..... £4.95

## FIRM FOUNDATIONS

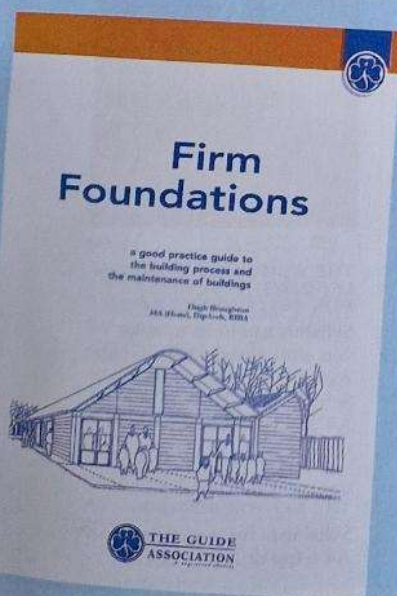
Written specifically for those with a responsibility for Guiding properties, but also providing valuable advice to anyone embarking on a building project, this clear and authoritative resource includes:

- information on the building process
- explanations of the roles of the people involved
- advice on commissioning work, from repainting window frames to building a new Guide centre
- legal considerations, regulations and insurance
- outlines of different types of contract
- the role of a Building Management Committee
- guidelines for setting up a maintenance programme, with worked examples and a checklist for repairs
- a booklet giving information about The Guide Association Trust Corporation.

The author, Hugh Broughton, is the architect of a Guide building in London which has been funded by the National Lottery.

A4 20pp paperback, with diagrams, and A4 8pp booklet

63602 ..... £2.95



## THE PR FILE

Putting public relations into practice for The Guide Association



Turn to page 12 for more new titles



## GUIDE GUIDING

### THE BEST OF 'GUIDE PATROL'

Great activities taken from the former magazine for Guides A4 48pp paperback, illustrated, colour  
63495 ..... £2.65

### PATROL IDEAS PACKS

Activity ideas cards for Guides working in Patrols  
A5 sets of 16 full-colour cards, illustrated  
Pack 1 General activities

62901 SPECIAL OFFER  
PRICE £1.00

Pack 2 Preparing for camp

63115 SPECIAL OFFER  
PRICE £1.00

Pack 4 Hike cooking

64824 SPECIAL OFFER  
PRICE £1.00

### GUIDE GUIDER'S PRACTICAL ACTIVITY CARDS (PACS)

Activity ideas for every occasion, all on individual cards  
A5 sets of 52 cards, illustrated, full colour.  
PAC1 also contains a set of tabbed index cards  
PAC1

63529 SPECIAL OFFER  
PRICE £3.00

PAC2

64386 SPECIAL OFFER  
PRICE £3.00

### ACTIVITIES AND GAMES FOR PATROLS

Handy little book that's particularly useful for Patrol Leaders  
A5 64pp paperback  
60590 ..... £1.00



page for subscription details.

### UNIT ADMIN & ORGANISATION

For forms and more unit admin essentials, turn to pages 17 and 20

### 'I'M GOING TO BE A GUIDER!'

Registration form, plus useful information sheet to tell parents about Guiding  
A4 4pp leaflet - packs of 10  
65193 ..... £1.30

### GUIDE GUIDING RECORD OF...

To record individual girls' progress  
A4 pad of 20 drilled sheets  
60509 ..... 90p

### SIX/PATROL ROLL BOOK

Enables Patrols to keep their own attendance records  
A6 32pp booklet  
62141 ..... 25p

### TREFOIL BADGE RECORD SHEETS

For recording Guides' progress through the Trefoil Badges  
A4 pads of 20 sheets  
63230 ..... 95p

### GUIDE SERVICE FLASH RECORD CARD

For recording time spent working for the Guide Service Flash  
A7 4pp card  
60632 ..... 6p

### GUIDE PROMISE CERTIFICATE - MODERN

A5 full colour  
60517 ..... 21p

### GUIDE PROMISE CERTIFICATE - TRADITIONAL

A5 full colour  
64840 ..... 21p

### GUIDE OUTDOOR ACTIVITY CERTIFICATE

For marking achievements out-of-doors  
A5 full colour  
65102 ..... 21p

### GUIDE INDOOR ACTIVITY CERTIFICATE

For marking achievements indoors  
A5 full colour  
65094 ..... 21p

No Guider should be without her own copy of **GUIDING** magazine each month. It's the only way to stay in touch and it's always full of lively articles, practical support and advice, unlimited ideas, readers' letters and essential information on policy decisions. Turn to the back page for subscription details.

## SENIOR SECTION

### THE GUIDER HANDBOOK

A 'must' for every Guider, this sturdy colourful hardback is a real 'encyclopaedia of Guiding'. Features: a thorough explanation of how Guiding works at all levels; lots of practical activity ideas; an A-to-Z filefacts section covering everything from Guiding abbreviations to how to carry a flag; and the syllabus for The Guide Association Leadership Scheme  
A4 288pp hardback, illustrated, full colour  
65078 ..... £6.20

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A4 192pp drilled looseleaf pack  
64550 ..... £3.90

### 1997 GUIDING MANUAL AMENDMENTS

Contains both the 1996 and the 1997 amendments to *The Guiding Manual 1994* and is available free of charge by quoting the code below  
A4 12pp booklet  
64568 ..... free

### GUIDER'S PERSONAL RECORD BOOK

For recording progress through The Guide Association Leadership Scheme and other qualifications gained  
A6 32pp booklet in plastic wallet  
65136 ..... 70p

### GUIDING RECORD OF...

For recording the progress of members aged 14+  
A4 pack of 20 drilled sheets  
62240 ..... 90p

### LOOK WIDER FILE

Folder containing all the facts about Look Wider, the Association's programme for members aged 14+  
A4 ring binder plus 272pp drilled looseleaf, illustrated  
64923 ..... £15

### LOOK WIDER INDIVIDUAL RECORD BOOK

To record progress through the scheme  
A6 32pp hardback  
60210 ..... £2.75

Turn to pages 10-17 for lots more resources packed with great ideas

### TRAINING OPPORTUNITIES

This new series of books detailing Guide Association qualifications is currently in preparation. The first title in the series is out now:

### Camp and Holiday Scheme

For details see page 6  
A4 84pp paperback  
64782 ..... £2.95

Other syllabuses can be found in the 1990 edition of *Qualifications* (now discontinued), with the exception of The Guide Association Leadership Scheme (see *The Guider Handbook*), the Music Qualifications (contact Guiding Services, CHQ) and the Senior Section Camp Permit (contact County Outdoor Activities Advisers or Guiding Services, CHQ)

### ACTION PLUS!

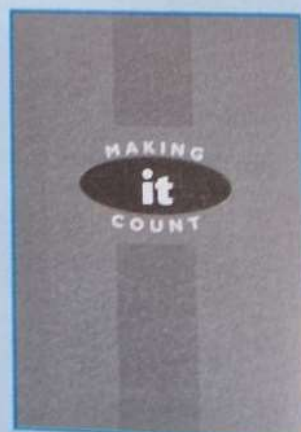
Exciting ideas for Senior Section members and Guides who want new challenges  
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### IT'S MY LIFE

An exciting resource to teach life skills to older Guides and younger members of the Senior Section  
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Syllabus and hints to help you work through The Guide Association Leadership Scheme  
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Syllabuses for staged badges  
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Tips, hints and inspiring ideas  
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Service  
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For those completing the  
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CHALLENGE CERTIFICATE**  
For those who have gained all  
eight Look Wider Octant  
certificates  
A4 full colour  
Available from CHQ only

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CERTIFICATE**  
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All about being a  
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Manual for Association  
Advisers, covering everything  
from what Guiding is to  
Adviser job descriptions  
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**CHECKLIST FOR  
ADVISERS**  
Questions for prospective  
Advisers  
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ADVISERS**  
Comprehensive manual of  
basic training skills - useful  
for all Advisers and other  
'occasional trainers'  
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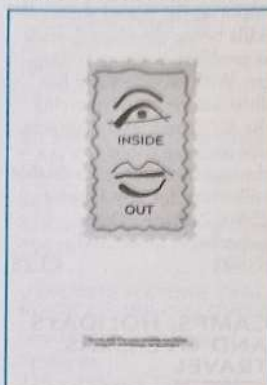
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Association Leadership  
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All the facts about the  
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PROGRAMME CARD**  
85 x 55mm 4pp card  
65110 ..... 13p

**TREFOIL GUILD DIARY  
1999**  
Available autumn 1998  
72793.....to be announced

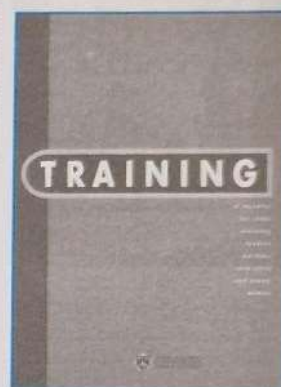
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displays about the

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Trainers  
A4 320pp in a ring binder,  
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Plus 26 minute VHS video  
with A4 16pp notes  
Please use both codes when  
ordering  
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For forms and other  
admin essentials, turn to  
pages 17 and 20

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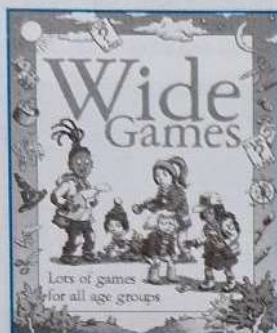
# FOR ALL GUIDING SECTIONS

## GAMES AND ACTIVITIES

### WIDE GAMES

Explains what wide games are and suggests exciting games for all Guiding sections

See page 13 for more details  
Available late spring 1998  
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Mixture of easy and more challenging activities based around the idea of the family. For all Guiding sections  
2 A4 booklets: drilled 48pp and 16pp, illustrated

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### SCIENCE AND TECHNOLOGY FUN

Workcards with quick and easy experiments Brownies and Guides will enjoy (Guider's Notes also available - see below)  
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### WHICH GAME?

A treasure trove of inspiring new games and some old favourites for all ages, but particularly suitable for



Brownies and Guides. To help you to pick the perfect game for any occasion, each one shows the equipment, time and space it requires. Importantly, it also shows the skills being developed, such as problem-solving, coding, etc. With wonderfully fun illustrations accompanying the 80 games, and diagrams, tips and variations throughout, this is a valuable collection for any Guider  
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### CATERING FOR CAMPS AND HOLIDAYS

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### CAMPS AND HOLIDAYS

Definitive guide to planning a residential Guiding event  
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### THE BIGGEST BROWNIE ADVENTURE

Everything you need to know about Pack Holiday  
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### PACK HOLIDAY KIT LIST

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Useful leaflet to tell parents what camp is all about  
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Handy credit-card-sized card for recording next of kin, medical details etc.  
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65334 ..... 21p

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The travel survival kit! Advice for individuals and groups preparing for an international event or visit. (Includes a *Personal Travel Planner*, which is also available separately, see below)  
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## PERSONAL TRAVEL PLANNER

For recording vital travel facts about your foreign trip  
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64956 ..... 53p

## TRAVELLING ABROAD (2ND EDITION)

Handbook for leaders travelling abroad or taking groups overseas  
A5 64pp drilled looseleaf pack, illustrated  
64063 ..... £4.85

## WHAT'S THAT WORD?

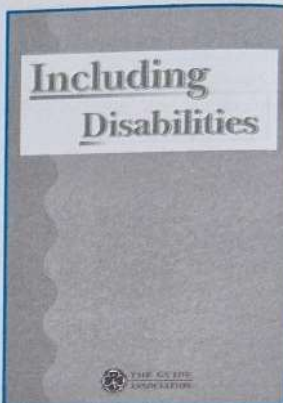
Translations of Guiding words into French, Spanish, German, Finnish and Swedish - ideal for use at international camps  
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63123 ..... £1.60

## DISABILITIES

### INCLUDING DISABILITIES

A new resource offering sound practical advice on all aspects of Guiding with members who have a disability. In particular, the book shows how to include and value every individual in a Guiding context  
For further details, see page 6  
A4 64pp paperback  
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new



### LOVE AND LAUGHTER

Dorothea Stover  
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## OUTDOOR ACTIVITIES AND MAP-READING

See also *Nature and Watersports* sections on page 11

## SAFETY RULES FOR JOINT ADVENTUROUS ACTIVITIES

Essential for organising Scout/Guide adventurous events  
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An approach to mountain adventure for beginners  
British Mountaineering Council  
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Handy card showing Ordnance Survey symbols  
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A4 72pp paperback, illustrated, full colour  
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## CANOEING

A beginner's guide to the kayak  
Nigel Foster, Fernhurst  
240 x 185mm 64pp  
paperback, illustrated  
71043 ..... £6.95

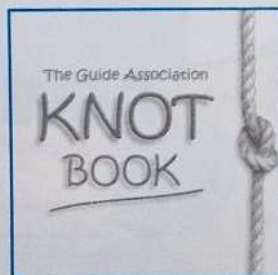
## SAILING FOR KIDS

Gary and Steve Kibble, Fernhurst  
240 x 185mm 48pp  
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71175 ..... £6.50

## KNOTS

### THE GUIDE ASSOCIATION KNOT BOOK

An exciting new step-by-step guide to knotting featuring ALL the knots needed for activities and badges throughout the Guiding programme.  
See page 12 for further details  
Available spring 1998  
210 x 210mm 144pp  
paperback, illustrated  
60723 ..... £9.95



### KNOTS FOR EVERYBODY/ WHIPPINGS & LASHINGS

Handy pocket-sized guide to common knots, whippings and lashings  
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### THE KNOT BOOK

Geoffrey Budworth, Right Way  
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### THE ALTERNATIVE KNOT BOOK

Dr Harry Asher, Adlard Coles Nautical  
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### THE GIRL GUIDE CONSERVATION PROJECT BOOK

Hilary Thomas and Shirley Thompson, Headway  
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### 50 SIMPLE THINGS KIDS CAN DO TO SAVE THE EARTH

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Sue Tarsky and Margaret Stephens  
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71845 ..... £1.99  
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For Presents 70193 ..... £3.50  
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Henderson  
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### ARTISTS

Henderson  
280 x 216mm 16pp  
paperback, illustrated, full colour  
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### INSTANT ART PACK

Henderson  
280 x 216mm 16pp  
paperback, illustrated, full colour  
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Crafts section  
continues on page 14



## NEW PUBLICATIONS

This exciting range of titles is new for 1998. Take your pick from our wonderful new CD, colourful certificates and books that are both practical and fun!

### THE GUIDE ASSOCIATION KNOT BOOK

This beautifully illustrated compendium of all the knots you will ever need to know is the perfect Association unit resource. Easy for Brownies, Guides, Senior Section members and adults to use, it features ALL the knots needed for:

- each stage of the Association's Knotter Badge
- Brownie and Guide interest badges
- Guide pennants
- activities throughout the Guiding programme such as first aid, craft and camping.

A detailed introduction includes all the basic information you will need to become an expert knitter. The knots themselves are grouped into types (bends, hitches, etc.) and each one has large, easy-to-follow, step-by-step illustrations with written instructions. Also included are:

- decorative knots
- tricks
- camp gadgets
- fun pioneering projects
- useful tips on looking after your materials
- safety advice
- a concise glossary detailing common knotting terms.

Whether you are new to knotting or an advanced knitter, this book will help you develop your knotting skills. Discover the fun of knot tying!

210 x 210mm 144pp paperback, illustrated

60723 ..... £9.95  
Available spring 1998

### BROWNIE GUIDE CERTIFICATES

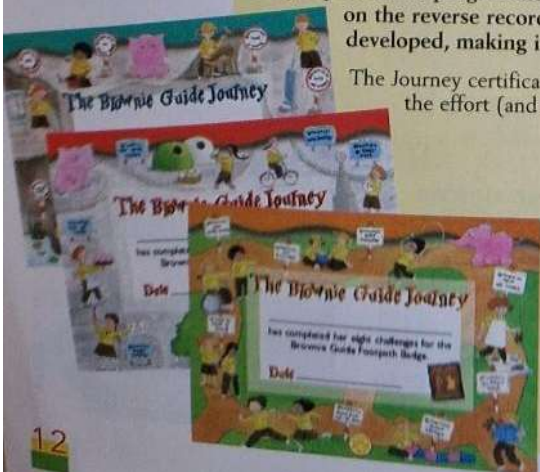
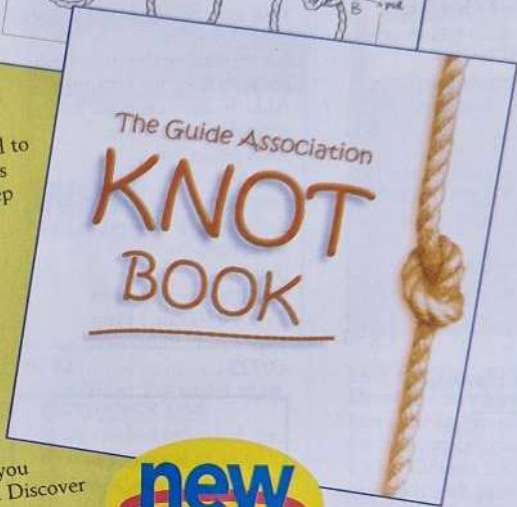
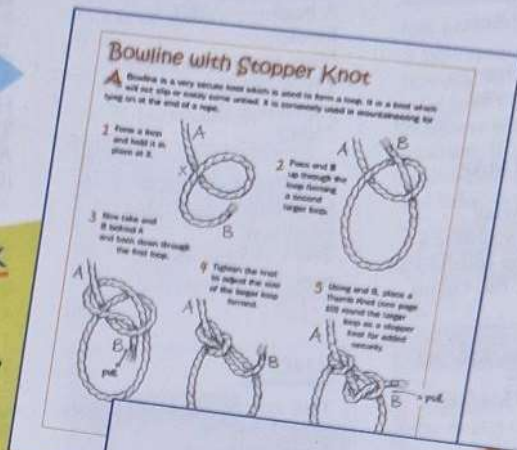
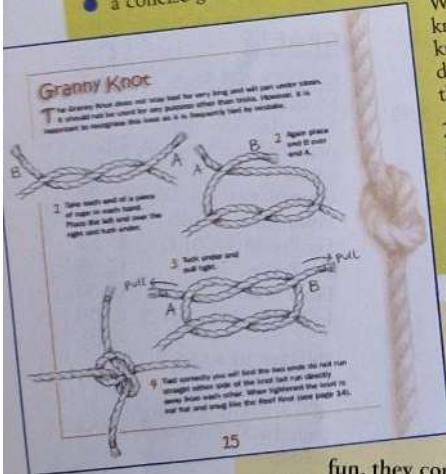
There are now five exciting new certificates to buy for your Brownies. Bright, colourful and fun, they complement the *Brownie Handbook* and are beautifully illustrated with pictures covering every aspect of the programme. To ensure that the certificates are treasured and kept, the text on the reverse records the girl's achievements and ways in which she has developed, making it suitable for her National Record of Achievement.

The Journey certificates are a new introduction and are the perfect way to record all the effort (and fun) that goes into completing a Brownie Journey.

A5 card, illustrated, full colour

Promise	60285	..... 21p	Available now
Footpath	60350	..... 21p	Available now
Road	60368	..... 21p	Available now
Highway	60376	..... 21p	Available now
General Purpose	60889	..... 21p	Available April 1998

**new**



**new**



## WIDE GAMES

Based on *Wide Games* and *Wide Games 2*, this exciting new publication covers all Guiding sections. The valuable introductory section covers:

- the purpose of a wide game
- how to plan a wide game
- how to change a game to suit your circumstances
- how to find equipment and locations
- thinking up wide game themes and stories
- safety aspects of playing a wide game
- how to get adult help when staging a game
- running large-scale wide games.

Detailed instructions for over 20 tried and tested wide games are combined with easy-to-read symbols (showing time needed, space required, etc.), useful maps and wonderful illustrations.

Clear, informative and fun, this book will be an inspiration to all those daunted by planning wide games and to those needing fresh ideas.

255 x 210mm 56pp paperback, illustrated

63412 ..... £4.50

Available late spring 1998

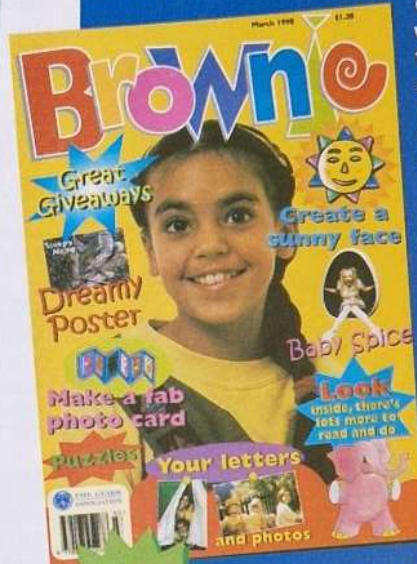
## Especially for today's Brownie Guide!

We asked Brownie Guides what they wanted to see in their own magazine and then created **BROWNIE'S** new look to meet their needs with:

- bigger and brighter A4 pages
- stunning full-colour throughout
- heaps of photographs of real Brownies doing what they do best – having fun
- exciting Brownie features
- readers' letters, photos and poems
- new-look Super Brownie cartoon
- more puzzles and great giveaways
- brilliant make-and-do ideas

It all adds up to what today's girl wants in her magazine. And there's lots of help with badgework too.

It's the fun way to progress through Brownies



## Disk Designer

CD Edition  
revised and expanded

- Compiled specially for adult leaders
- Lots more graphics, badges and illustrations
- Colour reference chart for all Guiding sections
- Manual packed with ideas and information



## CD DESIGNER

Our new interactive CD uses the latest cross-platform Acrobat technology to take over from our discontinued *Disk Designer* diskettes.

- Packed to the brim with illustrations and advice, it will help you create professional-looking posters, leaflets and publicity material on your computer.
- As well as lots of new pictures of members of all sections, you'll find Guide and Brownie badges in colour, and many new logos, such as Look Wider.
- The disk also contains the section colour elements required for producing material to corporate style.
- We've even included a video sequence and a sound file from the archives!

To use the CD you will need a multimedia compliant computer, either a PC running Windows 3.1 or Windows 95, or a Macintosh running system 7.0. The CD is not suitable for Acorn Archimedes computers.

CD-ROM in plastic case

62935 ..... £16.95

Available now



## Rain-Shaker



See back cover for ordering and subscription details



# FOR ALL GUIDING SECTIONS

## CARTOON MODELLING PACK

Henderson  
280 x 216mm 16pp  
paperback, illustrated, full colour  
72249 ..... £3.99

## BIRD MOBILES

To cut out and glue together  
Anne Wild, Tarquin  
A4 32pp softback, illustrated, full colour  
71894 ..... £3.20

## PAPER FISH MOBILES

To cut out and glue together  
Annabelle Curtis, Tarquin  
A4 32pp softback, illustrated, full colour  
72264 ..... £3.20

## DRAGON MOBILES

To cut out and glue together  
Anne Wild, Tarquin  
A4 32pp softback, illustrated, full colour  
72280 ..... £3.20

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To colour, cut out and glue together  
Peter Hyde, Tarquin  
A4 32pp softback, illustrated  
71902 ..... £2.80

## PAPER PEOPLE

To cut out and glue together  
Annabelle Curtis, Tarquin  
A4 32pp softback, illustrated, full colour  
71910 ..... £3.20

## PAPER ANIMALS

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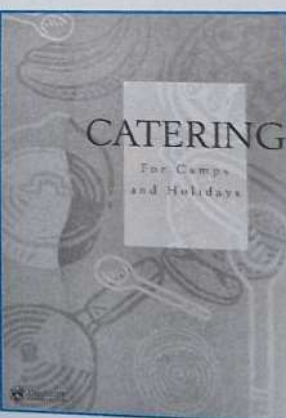
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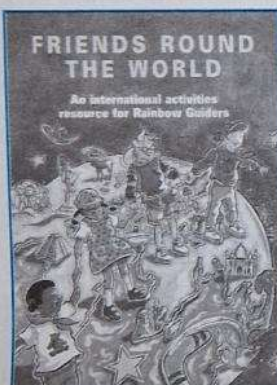
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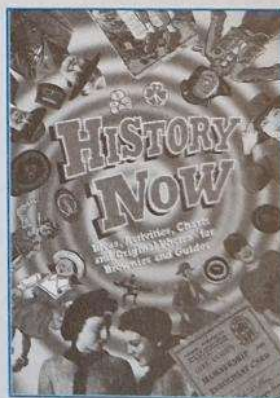
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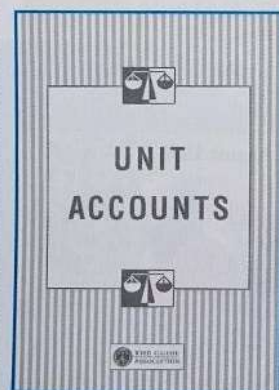
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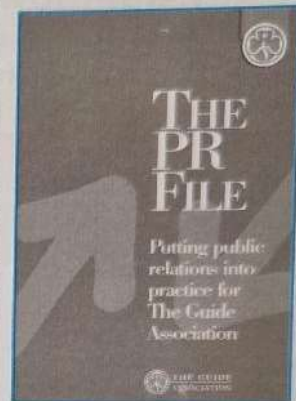
This exciting new interactive CD replaces Disk Designer diskettes 60160, 62927 and 62893. It contains new illustrations including Guide and Brownie badges, additional logos, and section colour elements, as well as advice on producing eye-catching and professional-looking material. Even includes archive video and audio clips. Suitable for multimedia-compliant PC and Macintosh computers. Not suitable for Acorn Archimedes. See page 13 for further details  
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### THE PR FILE

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A4 24pp booklet, illustrated  
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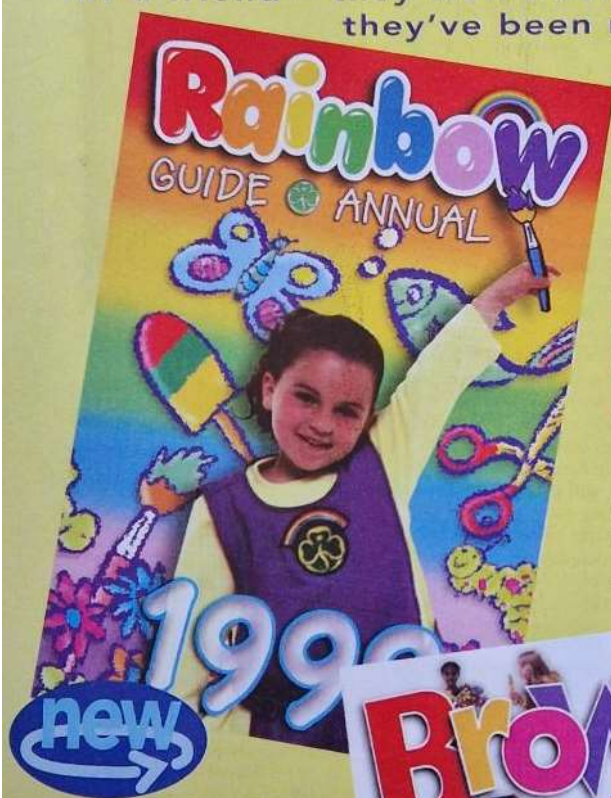
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Forms continue on page 20



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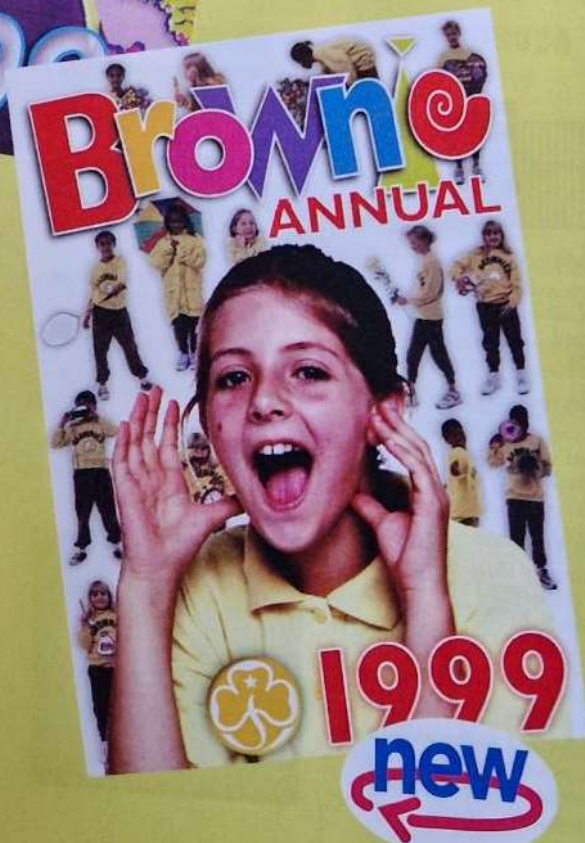
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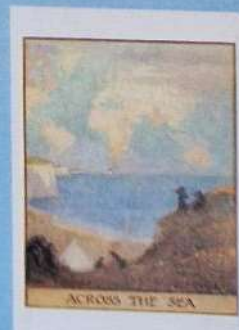


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Remember, when you buy from the Movement, we all benefit!



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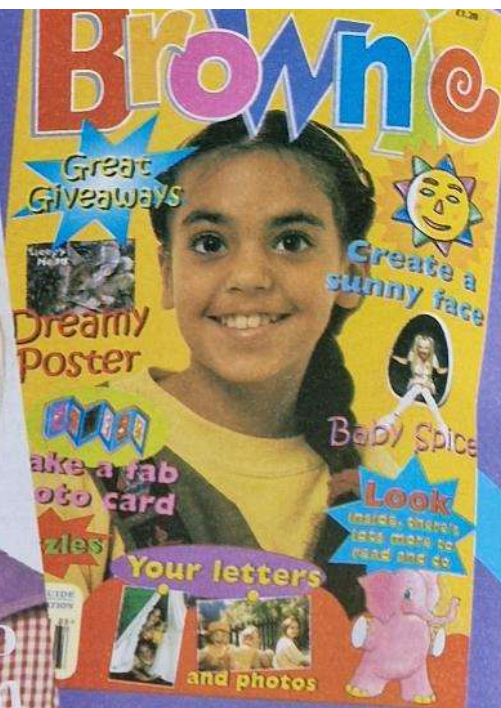
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- puzzles
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- stories...

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THE GUIDE ASSOCIATION



## Animal stall

**N**ext time your Pack or unit has a fundraising stall at a fête or fair, try planning it around an animal theme.

You could sell home-made bird food or dinosaur-shaped biscuits. The girls can make toys for cats and fridge magnets from dog biscuits.

- Instead of selling things, invite people to play animal games, such as guessing how many spots on a toy dalmatian.
- Ask a nearby animal charity if it would like to share your stall.

R S  
suitable for  
B G

## Show and tell

- Some of the girls may like to bring a friendly pet along to a meeting.

- Ask if anyone has an unusual pet that she would like to bring in.



R S  
suitable for  
B G

## Noah's Ark

**A**ll the girls should think carefully and decide which animal they would like to be, if they were afloat on Noah's Ark.

After decisions have been made, the girls can find out more about their chosen animal, draw pictures of it and so on.

- Older girls can nominate another member of the group to be a certain animal and then explain why they made that choice. For example: 'I think Amy is a cat, because she is graceful, likes company but is also independent'.

R S  
suitable for  
B G

## Creative collage

**E**xercise your creative skills by making an exciting animal collage that could be hung in a community hall, or even a doctors' surgery.

Instead of using paper or card as a base for your collage, use cloth. Each girl can design and make a panel to put on the finished article. Those who can sew may like to try appliqué, embroidery or cross stitch. Others can use glue to stick the collage together.

- Try giving every girl a square of felt and a selection of material remnants so that she can make her distinctive contribution to the collage.

- All the finished squares can be sewn together and mounted on calico.

- Give the collage an overall theme, such as The Zoo, or Noah's Ark.

R S  
suitable for  
B G



## Woof, woof, wolf!

**T**his is a very noisy tag game for younger girls. It's probably best played outside!

Choose a girl to be 'It'. She must run to tag other players. Those who have been tagged can continue to run around, but they must yap like a puppy.

Girls who are tagged for a second time must keep running while barking like a dog. Anyone who is tagged for a third time must stop still and howl! Anyone who is howling can be 'freed' by any of the other girls.

Girls who have been tagged three times and then set free, can start running again in silence.

- Change 'It' frequently.

R S  
suitable for  
B G

## Animal camp fire

**N**ext time you gather everyone together for a camp fire, make it one with an animal theme.

There are lots of songs about animals, that you could sing. Try these to start off your programme:

- I went to the animal fair
- My Aunt Greet
- When I first came to this land
- Alice the camel
- Lion hunt

R S  
suitable for  
B G

## Bookworm bookmark

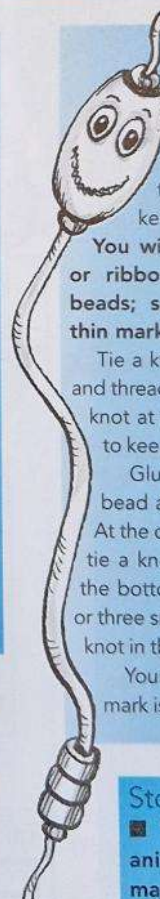
**A** brilliant bookworm bookmark is just the thing to mark the place of any keen reader.

You will need: 40cm thin cord or ribbon per bookmark; plain beads; small joggle eyes; glue; thin marker pen.

Tie a knot at one end of the cord and thread a large bead on to it. Tie a knot at the other side of the bead to keep it in place.

Glue the joggle eyes to the bead and draw a smiley mouth. At the other end of the cord, tie a knot about 5cm from the bottom. Thread on two or three small beads and tie a knot in the end.

Your brilliant bookworm bookmark is now complete!



R S  
suitable for  
B G

## Story time

- Tell younger girls an animal story. There are many famous ones such as Goldilocks and the three bears, Little Red Riding Hood and Kipling's Just So Stories.

- Try investigating books on Native American folklore for some amazing animal stories.

R S  
suitable for  
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# rainbow guiders

Our exciting activities for May are based around lots of different hunts and trails that take units outside, inside and round about

By Barbara Riches  
Illustrations: Caroline Uff

## Rainbow mice

The girls will love to hunt for rainbow mice and it will take them on a multi-coloured scavenger hunt.

**You will need:** card in each colour of the rainbow; wool; scissors; hole punch.

Make two card mice for each colour of the rainbow — 14 altogether. If you haven't got different-coloured card, make the mice from white card and then paint them.

Punch a hole at the bottom of each mouse and thread a length of wool through to make a tail.

Hide the mice in a small area, inside or outside your meeting place, and use the wool to tie them on to various objects. Divide the girls into two groups.

Each group has to find a complete set of rainbow mice, and then arrange them into the correct rainbow order.

**You may prefer to make more than two sets of mice and divide your girls into smaller groups.**

**Sing some mouse songs together — try *Hickory Dickory Dock* and *Three Blind Mice* for starters.**

## Native headgear

Native American tribes are well-known for their exceptional tracking and trailing skills. Rainbows will love to make and wear a headband in the style worn by a squaw.

**You will need:** thin card; felt-tipped pens; feathers; sticky tape; stapler.

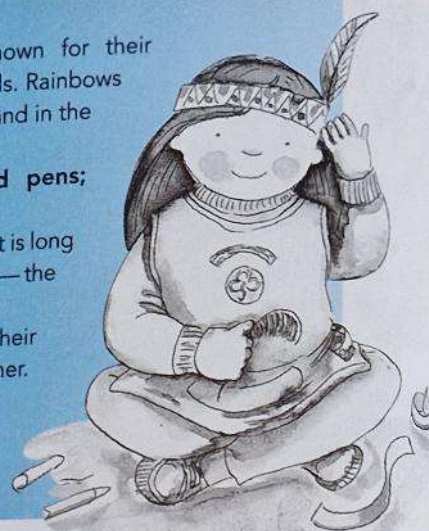


Cut out a thin band of card that is long enough to fit around a girl's head — the Rainbows will need one each.

Rainbows can then decorate their headbands, finishing off with a feather.

Staple each headband to fit.

**Encourage the girls to sit silently cross-legged in a circle and count the different sounds that they hear.**



## Paws for thought

Following an exciting trail of animal paw prints can lead to challenges and even treasure.

**You will need:** thin card; pens; scissors; equipment for challenges.

Cut out as many paw prints as you wish, from thin card. Write a different challenge on the back of each one, and number each paw on the front.

Lay a trail of paw prints around the room, number side up.

The girls must follow the paws, turn each one over and try out the challenge written on it. The trail could lead to treasure or a small reward — such as a drink and a biscuit.

Here are some ideas for challenges:

- Hop like a rabbit.
- Find two different-shaped leaves.
- Throw and catch a ball ten times.
- Find something beginning with 'B'.
- Throw a ball into a bucket.



## On the hoof

Some of the Rainbows may be able to recognise an animal by its footprints. Show the girls pictures of different animal trails then play this game.

Mark one corner of the room 'Paws' and the opposite corner 'Hooves'. Read out a list of animals. The girls decide whether they have paws or hooves, and run to the right corner.

The list of animals could include:

- Bear (paw)
- Horse (hoof)
- Cat (paw)
- Monkey (paw)
- Cow (hoof)
- Rabbit (paw)
- Dog (paw)
- Sheep (hoof)

## Tail tales

Each Rainbow needs a long piece of wool to tuck into her tabard as a 'tail'. One girl is chosen to be 'It' and, as the girls scatter, It must run around gathering as many tails as possible.

Change the girl who is It frequently.



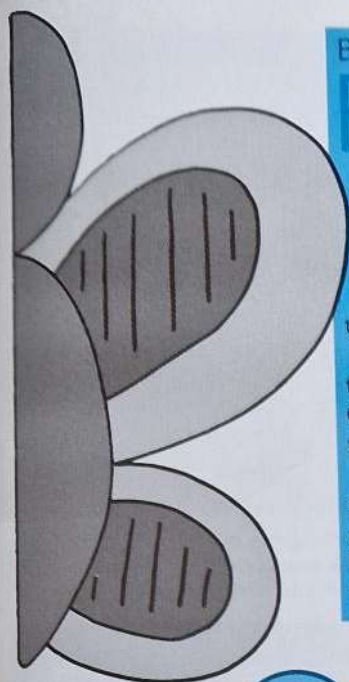
## Time to go home

Before the girls leave for home, give each one her own rainbow mouse — left over from the earlier game.

The girls should take the mice away and use them as reminders about being especially kind and helpful. Every time a Rainbow is helpful, she should tie a knot in her mouse's tail.







### Butterfly sun-catchers

Place a beautiful butterfly sun-catcher in a window and watch the shining jewel colours filter through.

**You will need:** coloured card; glue; sequins; tissue paper; scissors.

Fold a piece of card in half — it can be as large or as small as you want it, but A4 is a good size. Place the straight edge of the template on the fold of the card.

Cut out the butterfly, as well as the inside of the wings — these are shaded on the diagram. Open out the butterfly and cover each wing with tissue paper.

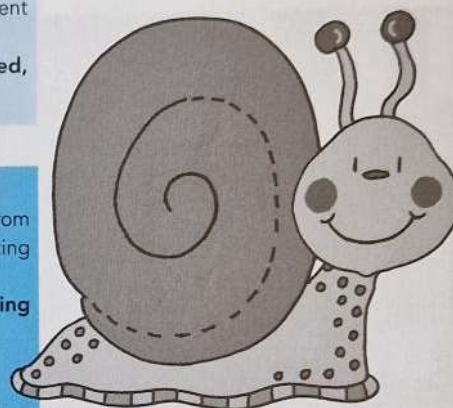
Draw on eyes and decorate with sequins. If the girls want to be really colourful, stick different pieces of torn tissue on to the wings.

■ The template will need to be enlarged, so that it fills half a sheet of A4 card.

## theme evening

Get set for some more animal fun with a theme evening especially for our younger members

By Midlands Trainer groups, Zoë Crutchley and Veronica Parnell  
Illustrations: Julie Morris



### Sam snail page marker

Sam snail is so slow, he won't move from the place that you put him — making him an ideal bookmark!

**You will need:** thin card; pencil; colouring pens; scissors.

Copy the picture of Sam snail on to thin card. The girls can do this themselves, or you may like to provide templates. Sam can then be coloured in as brightly as they wish.

Cut Sam's shell along the dotted line, he is then ready to slip over a page in a reading book.



### Animal statues

Animal statues is a variation of musical statues. It gets girls moving and using their imaginations.

Play a music tape, when it is stopped, the girls must pose like a particular animal. If they move, they are out. Or you could try a variation: carry on with the music, but challenge the girls to imitate a different animal each time.

■ Try playing this game in groups of two or three — each group has to form one animal when the music stops.



### Lily pad leap

This is an energetic game to get your meeting moving. Before the girls start, they'll need to practise jumping like a frog!

**You will need:** scissors and lots of newspaper.

Cut out two or three 'lily pads' for each girl, from newspaper. Lay them around the room, on the floor. On a starting signal the girls jump from pad to pad — feet together — picking up the pads that they land on.

The girl who collects the most lily pads is the winner.

■ Beware of slippery floors.



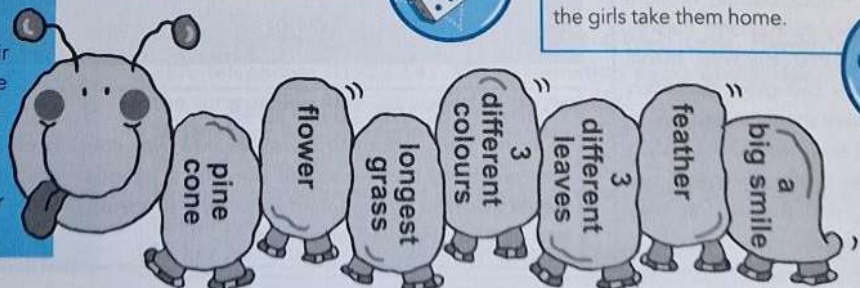
### Caterpillar capers

Girls can work in pairs to play this game of caterpillar capers. Make sure that they do not stray from the playing area.

**You will need:** paper; colouring pens; large outdoor — or indoor — area in which to play.

Copy the caterpillar on to paper. Each pair will need their own caterpillar. In a given time limit, the girls have to find the items listed, colouring in the appropriate section as they go.

Adapt the items to suit your particular area.





# out and about

If Heathcliff is your hero, or the sound of a steam engine makes you nostalgic, take yourself back in time to Haworth, on the edge of the Yorkshire Moors

Words and photos by Carol Griffith

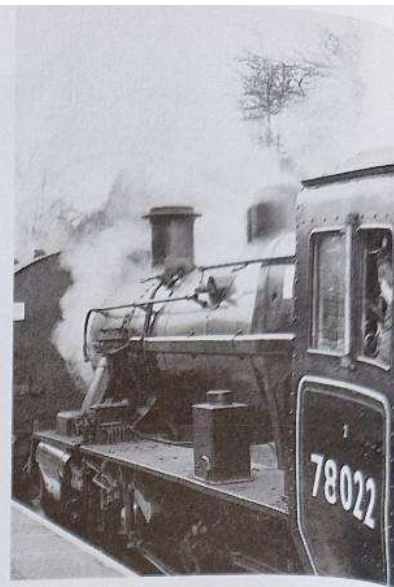
## Setting the scene

The town of Haworth is perched high in the hills on the edge of the windswept Yorkshire Moors.

One of Britain's most famous literary families once walked the steep, cobbled streets, gathering inspiration for their novels. That family was the Brontës, a name which still draws thousands of visitors to the area today.

The actual layout of Haworth has hardly changed in the 150 years or so, since the Brontë sisters' untimely deaths. Most of the original buildings still stand, although their use has changed over the years. An abundance of tearooms means that there is always

somewhere to shelter, if the mists draw in.



Recapture the sooty days of steam on the Keighley and Worth Valley Railway



Even the shops at Haworth have one foot in the past

## The Parsonage Museum

Beyond the grey headstones of the crowded churchyard lies The Brontë Parsonage Museum, which is run by the Brontë Society.

The museum first opened its doors in 1928. Today it houses a large collection of interesting Brontë memorabilia and charming artefacts.

The Parsonage at Haworth was, of course, home to the Brontës. Many of the rooms in the magnificent building have been restored to look just as they would have done when the family lived there.

Girls of all ages will be amazed by the Brontë sisters' tiny shoes and period costumes. You can also

see Emily's writing desk and a collection of early manuscripts and drawings.

Complete your visit to the Parsonage by stopping off in the gift shop. There you will find a souvenir for everyone, from postcards to rare, out-of-print books.

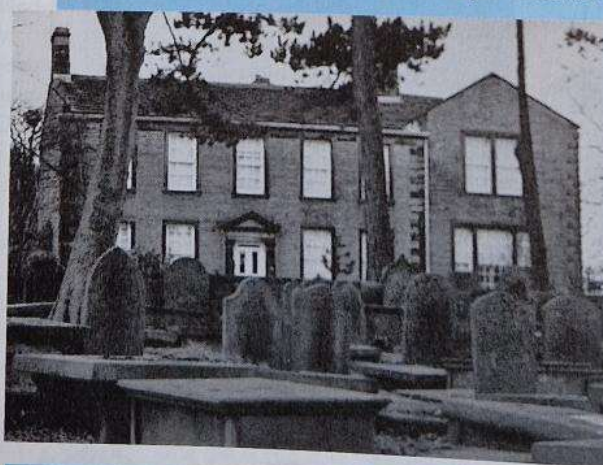
■ The Brontë Parsonage Museum is open for most of the year. However, do check entrance times before setting off.

■ Admission is £3.80 per adult; £1.20 per child (5-16); £2.80 concessions. Please

ask about special group rates when booking.

■ Wheelchair access to the Parsonage is limited, you are asked to phone in advance for advice.

■ Contact: The Brontë Parsonage Museum, Haworth, Keighley, West Yorkshire BD22 8DR. Telephone: 01535 642 323.



Haworth Parsonage has hardly changed since the Brontë family lived and worked there over 150 years ago

## The Brontë family

Haworth's most famous sisters, Emily (1818-1848), Anne (1820-1849) and Charlotte (1816-1855) Brontë, wrote some of what are considered to be the greatest novels in the English language.

*Jane Eyre*, *Wuthering Heights* and *The Tenant of Wildfell Hall* – by Charlotte, Emily and Anne, respectively – have been much read, loved and dramatised since they were written over 100 years ago.

The girls' father, the Reverend Patrick Brontë, brought his family to Haworth Parsonage in 1820. His wife, Maria, and their two older daughters died there shortly afterwards.

The three remaining sisters and their brother, Branwell, survived... and the rest, as they say, is history.

## Branwell Brontë 1817-1848

■ In his early youth Branwell Brontë was considered to be a genius. It was always hoped that he would become a famous writer or artist. Unfortunately, overshadowed by his talented sisters, Branwell developed a craving for opium and alcohol. He died aged just 31.



## How to get to Haworth

**H**aworth is in West Yorkshire — and is situated eight miles west of Bradford and three miles south of Keighley.

Visitors travelling to Haworth and Brontë Country by car, will find it easily accessible from the M62, M6 or A1. Plan routes carefully and don't forget to take a map!

There is ample pay-and-display parking in the town, as well as lots of space for private coaches. If you prefer to travel by National Express coach, there are regular services from Leeds and Bradford. Contact your local travel agent for details.

- A regular local bus service runs from Bradford to Haworth.
- Take a train to Leeds or Bradford then change for a connecting service.

## Railway children

**F**or those who hanker for a return to the glorious days of steam, take a leisurely trip down Britain's last complete branch line railway.

The Keighley and Worth Valley Railway has been operated by volunteers for the last 30 years. Elegantly liveried steam trains run a frequent service from Oxenhope to Keighley — where you can catch a connection to the national rail network.

The railway is well worth a visit — if only to smell the soot and steam, and sit in an Edwardian ladies room!

Worth Valley Railway is also famous for another reason. Lionel Jeffries' classic film *The Railway Children*, starring Jenny Agutter, was made in the area. Fans can retrace the children's steps on a specially-planned walk.

The six-mile walk takes in the wonderful scenery and some of the special places that were immortalised on celluloid — such as Oakworth Station, home of Perks the porter, played by Bernard Cribbens.

■ Contact the railway for details of timetables, fares and special events which happen throughout the year.

■ Keighley and Worth Valley Railway, The Railway Station, Haworth, Keighley, West Yorkshire BD22 8NJ. Telephone 01535 645214.

## Train spotting

■ If you're a bit of a train spotter, then the Railway Carriage Museum is the place for you. A superb collection of vintage carriages and a railway relics shop will delight enthusiasts of all ages.

■ The Vintage Railway Carriage Museum, Ingrow Railway Centre, Keighley. For admission prices and opening times, telephone the Vintage Carriages Trust: 01535 680425.

## Film fun

**T**he National Museum of Photography, Film and Television, is based in Bradford and is easily accessible from Haworth.

The hands-on experience is currently undergoing a £13-million refurbishment and is due to reopen next February. Until then, part of the museum is carrying on in exile, in Bradford's Little Germany area.

■ For information about exhibitions and events happening this year at the National Museum of Photography, Film and Television In Exile, telephone: 01724 727 488.



Climb Haworth's high, cobbled main street and stop off for a well-earned cream tea!

## Eureka, it's Halifax

**J**ust a few miles down the road from Haworth is one of West Yorkshire's principal towns — Halifax.

Halifax is a bustling market town, with much of its vibrant activity — from buskers to craft displays — taking place around the magnificent 18th-century Piece Hall.

Right next door to the mainline railway station, Halifax comes bang up to date with Eureka! — an award-winning, hands-on museum, that was specially designed for children. Eureka! is split into four different areas, which explore anything and everything from the body to inventions.

Eureka! is open 10am to 5pm daily, except Christmas Day and Boxing Day. Contact the museum for information about admission prices and special exhibits.

■ Eureka! The Museum for Children, Discovery Road, Halifax HX1 2NE. Telephone 01422 330 069.

■ Halifax Piece Hall, Halifax HX1 1RE. Telephone: 01422 358 087.

Edwardian elegance will take you back in time at Haworth Station

## Address book

■ Haworth Tourist Information Centre, 2-4 West Lane, Haworth BD22 8EF. Telephone: 01535 642 329. Information packs about Haworth and the surrounding area are available on request.

■ Bradford Tourist Information Centre: 01274 753 678.

■ Halifax Tourist Information Centre: 01422 368 725.

■ For information on local bus and train times in the West Yorkshire area, telephone: 0113 245 7676.

■ For National Rail Enquiries telephone: 0345 484 950.



# brownie guiders

Gather some inspiration from nature to plan an enjoyable and entertaining meeting in the great outdoors

By Alison Hall, Margaret Kinsey and Muriel Rayner  
Illustrations: Julie Morris

## Paint palette

**E**xplore the many colours of nature with this observation game, which will also bring out the Brownies' artistic talents.

Collect paint charts from a DIY store. Cut out various colours and paste them on to a piece of card. Do this for each Six.

Challenge the girls to collect something from nature which matches each colour.

You may like them to only collect samples which are small enough for an ant to carry!

■ Double-sided sticky tape is useful to keep the samples stuck on the colour chart.



## Hunt the rabbit

**Y**ou can play this looking and finding game, inside or outside. Before starting, clearly define the area in which the Brownies are to look.

From card, cut out 20 to 30 small rabbits that are about 6cm high. Write a different name on each rabbit and then make a list of the names that you have given them.

Hide the rabbits around the play area and set a period of time in which the girls should find as many rabbits as possible. When a rabbit is spotted, it must be left where it is but the name noted by the finder.

At the end of the time limit, call the girls together and see how many rabbits they have found, and score a Six point for each one.

■ Award double points to anyone who has found any special rabbits — for instance, ones named after a famous celebrity or historical figure.

## Woody alphabet

**S**upervise a trip to the park and allow the Brownies 15 minutes in which to collect an unusual alphabet.

The alphabet must consist of letters made from natural materials. For example, an 'L' could be made from twigs, an 'S' from grasses and so on.

## Weaving with nature

**F**or a completely new art experience, your Brownies may like to try weaving using natural materials.

Find a bendy stick — hazel is good — and form a circle with it. To stop the circle springing apart, wrap string tightly around the joint.

Using a long length of strong cotton, wrap vertical warp threads over the ring. The weaving can then start.

Choose grasses, twigs, leaves, or anything else that you find on the ground, to make patterns.

■ Transform the weaving into a Native American dream catcher, by adding feathers and beads.



## Textures test

**P**owers of observation can be explored along with your local surroundings, when the girls play this texture game.

Before the meeting, ask your Young Leader to prepare a series of 'rubblings' on different sheets of paper. Suggest she doesn't just stick to trees, but tries taking rubbings of unusual brickwork, plaques, leaves and even fences.

The girls can then try to match the rubbing with the object from which it was taken. You may choose to supply them with paper and crayons, so that they can make their own rubbings.

## Casting shadows

**S**how the Brownies how shadows grow, shrink and turn depending on the position of the sun.

The Brownies should work in pairs. One stands still, while the other draws — in chalk — around the shadow cast on to the pavement.

Leave the shadow drawings for half an hour. When the girls return, they must stand in the same position as before and draw around the new shadow. Note any differences between the two chalk outlines.



## Hunger strikes

**A**fter an evening in the fresh air finish off with a hot dog or veggie banger cooked on an open fire.

If you're not able to build a fire outside, then hot dogs cooked in the kitchen taste just as good!





## Jigsaw jumbles

**K**ee a stock of postcards in your store cupboard. They can be used for all sorts of five-minute filler activities.

Cut up a selection of the cards, jumble up the pieces and challenge the girls to put them back together, against the clock.

Give each Six, or Patrol, a blank postcard. The girls must then write a message on it — pretending that they are in a different country, without mentioning its name.

Swap the postcards around. The groups must then guess the country from which it was sent. For example, the following message would have been written in France:

*'Dear Anne, arrived via the Channel Tunnel, going up the Eiffel Tower tomorrow. Love Julie.'*



## Quite quiet

**A**sk the girls to sit quietly and listen hard. They should then make a list of all the different sounds that they can hear.

## Snap happy

**D**raw a scene planner for a photo-story. The girls will need to think of a plot that can be acted out in about ten photos. Later you could go ahead and produce a photo-story for the girls to show friends or even send it to BROWNIE magazine!

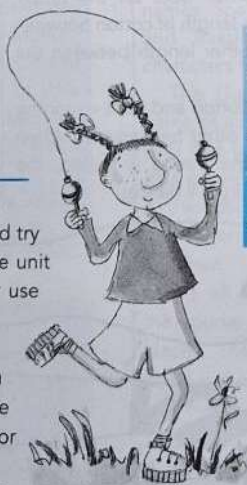


## Quick quiz

**C**hallenge each of the girls to devise a quiz using their handbooks. The quizzes can then be kept in a safe place and used at another meeting.

## Planet panic

**I**n small groups, draw posters to illustrate everyday hints on how young people can help to save the planet.



## Fancy steps

**G**et out the skipping ropes and try some fancy steps. The whole unit can skip using one rope, or use shorter ropes for each person.

Try skipping 'bumps' — turning the rope twice for every jump, you have to jump high for this one. The girls could try hopping over the rope or crossing their arms as they skip.

■ **Make up your own fancy skipping steps and set them to rhymes.**

## Silly squiggles

**E**ach girl needs a piece of paper and a pen. Everyone draws a squiggle on a piece of paper and passes it to the person on their left.

The girls look at their new squiggles and try to turn them into something else. Set up an exhibition and look at all the drawings before voting which is the funniest.

## Creative crafts

**R**aid the store cupboard and dig out all your craft items such as glue, card, fabric scraps and so on.

Challenge the girls to make the wackiest hat or bonnet that they can. Give them a theme to work on — such as America or Elizabethan England.



## Joke machine

**H**ave a five-minute joke-a-thon, when everyone has to share their favourite jokes.

# five-minute fillers

If your programme has a few gaps, take five and fill them with one of our extra-special activities for all sections

By Sarah M. Thurlbeck and Sue Melton  
Illustrations: Emma Damon

## There once was a girl...

**B**e creative and challenge the girls to write a limerick. Give them an example and explain which lines should rhyme:

**There was a Brownie from Crewe,  
Who found a mouse in her stew,  
QM said 'Don't shout  
And wave it about,  
Or the others will want one too!'**

To make it a bit easier, try giving the girls a line to start with, such as 'There was a boy called Mick...'

## Trefoil journey

■ Take the opportunity to check the progress of the girls' Journey or Trefoil badges.

■ Dig out the badge books to encourage the girls to start on a new challenge.

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# pack holiday on a plate

Our final theme suggestion for your Pack Holiday is based around the magical story of *The Nutcracker* – a sparkling winter ballet with music by Tchaikovsky

By Gillian Ellis  
Illustrations: Alison Carney

## The story

**O**n Christmas Eve, Clara and Fritz open their presents at a special family party.

One guest, Dr Drosselmeyer, entertains the family with magical conjuring tricks and fabulous mechanical toys. He gives Clara a large, wooden nutcracker in the shape of a toy soldier. Fritz is jealous and breaks the doll, so Dr Drosselmeyer repairs it.

That night, Clara dreams that her room is invaded by an army of huge mice. The leader, King Mouse, attacks her nutcracker doll. Clara hits the mouse and saves the doll, who then turns into a handsome prince.

In her dreams, Clara's bedroom is then transformed into the Land of Snow, where she watches the Prince, the Snow Queen and her Snowflakes, dance. Clara is then transported over the Lemonade Sea to the Kingdom of Sweets, where the Sugar Plum Fairy and Dr Drosselmeyer's mechanical toys entertain her with a dance.

When Clara wakes up, she realises that it was all a wonderful dream, and the prince is just a doll after all.

## The characters

- **Guider-in-Charge:** Dr Drosselmeyer
- **Caterer:** Sugar Plum
- **First Aider:** Nutcracker Prince
- **Housekeeper:** Snow Queen
- **Young Leader:** Clara
- **Pack Leader:** Fritz
- **Sixes:** Snowflakes, Flowers, Toy Soldiers and Clowns.
- **Special places:** Clara's bedroom, Land of Snow, Lemonade Sea and the Kingdom of Sweets.

## Beg, borrow, buy...

**Beg:** last year's Christmas cards; corks; wallpaper offcuts; empty tissue, shoe and chocolate boxes.

**Borrow:** an artificial Christmas tree; fairy lights; recording of Tchaikovsky's *The Nutcracker Suite*.

**Buy:** a small gift for each girl; wrapping paper; red, white and black card; crêpe paper; white paper; paper petit four cases; sweet-making ingredients; doilies; cling film; paper plates; white toilet tissue; paper fasteners; garden canes; strong thread; sticky tape.

## Snowpeople

**T**ransform your Pack Holiday home into the Land of Snow, with lots of wintry scenes, a Christmas tree and other appropriate decorations.

Draw the outline of a large snowman on to

wallpaper – make one for each Six. The Brownies can scrunch up white crêpe paper, or toilet tissue, into small balls and stick them on the snowman. Pin your snowmen on the wall.

■ **Make snowflakes** from doilies or circles of white paper.

■ **Paper flowers**, made from crêpe paper, will add a finishing touch to your dining room.

■ **Cover boxes** in Christmas paper to look like presents.



## Sugar-plum puppet

**M**ake your very own dancing Sugar Plum Fairy to delight and entertain. You will need to copy our template (Fig1) on to card.

**You will need:** card; paper fasteners, thread; corks; garden cane; glue; colouring pens.

Cut one body and a complete set of arms and legs from card, for each girl. These can be coloured in as desired.

Make holes in the body and limbs, as indicated by the large dots. Push the paper fasteners through in order to fix the limbs to the body.

Pierce holes through the small dots on the limbs. On the back of the fairy, thread a length of cotton between the holes in the arms, and another length between the top of the legs.

Finally, cut a long length of cotton and tie it – running vertically – to the middle of the other two lengths. When the bottom of the thread is pulled, the Sugar Plum Fairy will dance!

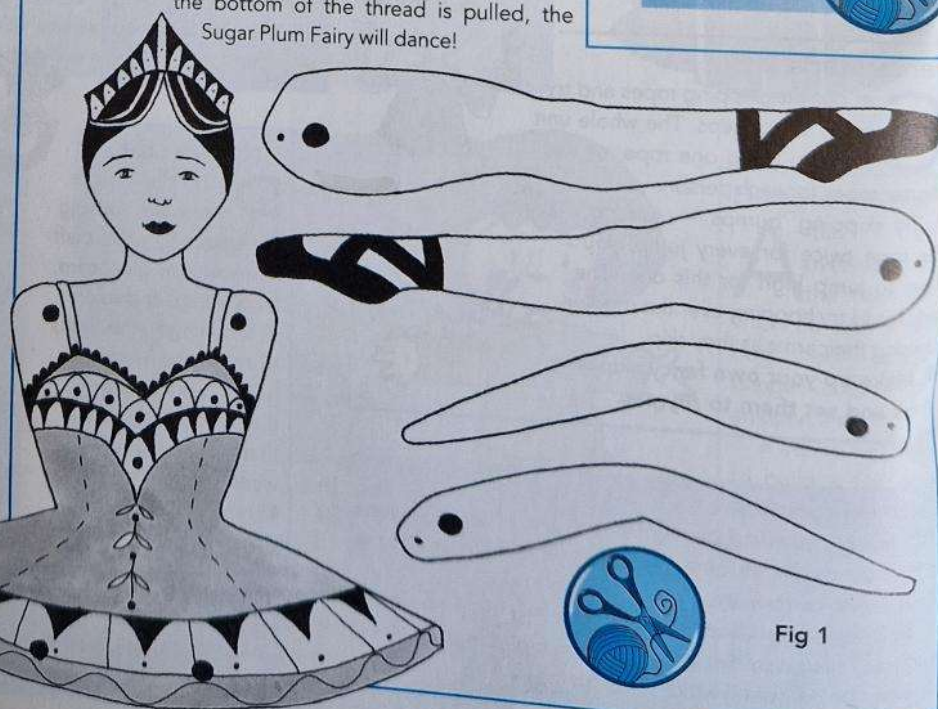


Fig 1





## Kingdom of sweets

Clara's handsome prince reigned over a kingdom of sweets. Brownies can make their own sweets as a special treat for themselves, or to take home as a gift.

**You will need:** paper plates; paper sweet cases; doilies; cling film; a variety of ingredients to make no-cook sweets, such as fondant icing, chocolate, coconut, marzipan and so on.

Girls could try their hands at making marzipan fruits, fondant mice, truffles and so on. Put the sweets in paper cases and then arrange on doilies and paper plates. Cover with cling film and refrigerate.

■ Dip dried apricots in melted chocolate for a super snack.

■ Roll balls, made from marzipan, in chocolate and then coconut.



## A sea of lemonade

Clara and the handsome Prince sailed across the Lemonade Sea to the Kingdom of Sweets. The Brownies can make their very own lemonade with a little bit of adult assistance.

**You will need:** 500ml boiling water; 2tbs sugar; 2tbs honey; 3 lemons.

Wash the lemons and then grate the zest – just the yellow bit of the skin – into a large mixing bowl. Add the sugar, honey and boiling water, then stir until the sugar has dissolved.

Leave the mixture until it has cooled and then strain it into a jug. Squeeze the juice from the lemons and add this to the jug. Chill and serve with ice cubes.

■ Adults should pour the boiling water into the bowl.

■ Try floating sprigs of mint in your jug of lemonade.

## Mouse hunt

Brownies can hunt out the mice that broke into Clara's bedroom. This activity could take an hour, or you may like to plan it to last the whole week!

Cut out 20 large mice from stiff card. Write a different name on each one and then hide them around the Pack Holiday home – making a note of where each one is to be found.

The object of the activity is for each Six to hunt out the mice, keeping a log of their names and where they were found. Mice are not to be moved from the place in which they were found.

At the end of the allotted time, the winner is the Six that has found the most mice.

## Snowflake challenge

Set the girls a special snowflake challenge and decorate the holiday home at the same time!

**You will need:** paper snowflakes; strips of coloured paper to make paper chains; a list of challenges.

Write a challenge on each snowflake – such as 'polish a shoe until it shines'. Stick the snowflakes around the holiday home.

Brownies, working in pairs, must find a challenge to complete and then show the results to the leader.

All successful challenges are rewarded with a strip to make a paper chain. At the end of the challenge, join all the paper chains together.



## Nutty relay

Play this relay race to get really warm after a day in the Land of Snow. No equipment is needed.

Each Six stands in a line, one behind the other. The first girl in each group is Harlequin; the second, Colombine and so on down the line using the names Spain, Arabia, China and Russia. These are all characters from the ballet.

The Guider calls out the name of a character. The girls with that name run round an easy obstacle course and back to their places – the first one home scores a point.

When 'Nutcracker' is called, all the girls run round the course and back to their places. The first team to sit down in their places wins.



## Soldier prince

When Clara saved her nutcracker doll from the King Mouse, he turned into a handsome prince.

The Brownies can make their own fun finger puppet of the Nutcracker Prince.

Copy our template of the prince on to thin card. Then the Brownies can cut him out and colour him in, as they wish. Cut out the finger holes and watch him dance!



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# guide guiders

Start brewing up your plans for a giant tea party and help to raise lots of lovely cash for your unit or another worthy cause

By Victoria Wheeler  
Illustrations: Emma Damon

## Party on Guides!

Many different charities – such as Action Research – have discovered that coffee mornings and tea parties are a great way to raise money.

During Mencap Awareness Week 1997, 219 Guide units each held a tea party, raising a grand total of £12,000. You may want to get involved in this year's event from June 20-28. Mencap – the charity for people with learning disabilities – is hoping that once again, people all over the country will be filling their kettles for a worthy cause.

■ For more information on Mencap's tea party, write to Britain's Biggest D Party, Freepost, London EC1B 1AA. There are free tea bags for every event!

■ You can also telephone a special hotline, which is charged at local call rates: 0645 777 779.

■ Find out if there are other local charities that would benefit from a fundraising coffee morning.

## Enticing invitations

Don't forget to tell everyone about your tea party. The Guides may just want to invite family and friends, or offer an open invitation to lots of people. Send out invitations to your local Commissioners, the Mayor, and other local dignitaries and the Press.

Your event will make a good opportunity to raise the profile of Guiding in the local paper.

■ Don't forget to tell everyone where and when your tea party is taking place, and for which good cause you are raising money.

## Tea times and coffee mornings

Tea parties are a fun way to raise money. Not only do people have the chance to socialise over a cuppa or two, but they can feel good while they are doing so because they know their money is going to a good cause – everyone benefits.

Make your event something special by giving it a theme. Remember to publicise the event well in advance.



## Flower-power tea party

Theming your fundraising tea party or coffee morning can make it even more fun. If your unit likes dressing up, then try a flower-power tea party.

Dig out those flares and love beads, and serve your guests Seventies style. Stand two girls by the door to present a flower to each visitor. Play sounds of the Seventies as background music and serve healthy flapjacks and carrot cake with your cups of tea.



## Informative coffee morning

Before your coffee morning, establish which cause you are going to raise money for. You may like to share the proceeds between two or more charities.

If you are raising money for another cause, make a display about its work to put up at the event. Take the opportunity to raise the profile of Guiding at the same time. Your Division PR Adviser will be able to give you lots of Guide Association leaflets and posters, perhaps your County produces its own. Stick up photos of your unit in action, to show people what you do.

## Tasty tea-party biscuits

Serve up some gingerbread people at your tea party, they are great to make and a treat to eat!

You will need: sieve; rolling pin; board; shaped cutter; wire rack. Ingredients:

100g soft margarine; 3tbs golden syrup; 75g soft brown sugar; 350g plain flour; 1tsp bicarbonate of soda; 2tsp ground ginger; 2tsp ground cinnamon; 1 beaten egg; small sweets to decorate; glacé icing.

Melt the margarine, sugar and syrup over a low heat. Sift the flour, bicarbonate of soda and spices into a bowl, pour in the melted margarine mixture and stir. Finally, add the egg and mix thoroughly until a dough forms.

Roll out the dough on a floured board. When it is about 1cm thick, cut out your gingerbread people. Lay them on greased baking trays and cook for 10-15 minutes (depending on size) in an oven preheated to 180°C, 350°F or gas mark 4.

Cool the biscuits on a wire tray and then decorate with small sweets and glacé icing.





## Setting the scene

The Queen of Green Land has just seen a rainbow for the first time. She didn't realise that any colours existed, apart from green, and has instructed her followers to collect colours to decorate her green palace.

## The object of the game

Girls must work in teams to complete challenges — for which they are awarded colours to decorate the green palace.

Rainbow warriors guard each challenge base. They are on hand to offer advice and award colours, in the form of balloons. When a team gains a colour, they must take it immediately to the green palace.

Groups of green guards patrol the grounds. They oppose the introduction of colour and may ambush teams to steal their balloons. Green guards will also arrest anyone found

wandering without her team — this should encourage girls not to split up.

Travelling rainbow warriors transport colours between the different bases. Circle them and sing a rainbow song and they may give teams an extra colour.

■ **Set a time limit for the game. When it is reached, the Queen can give out rewards, but only if she is happy with her new 'colour scheme'.**



# wide game

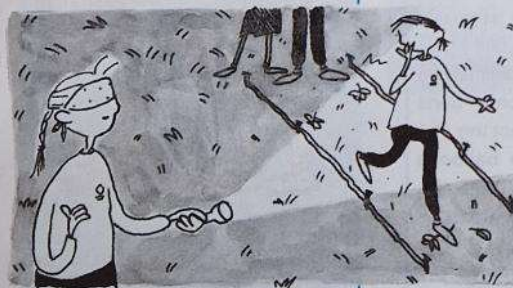
Plan and play our colourful wide game with Guides and the Senior Section, or try adapting challenges for younger girls

By Chris Daniels  
Illustrations: Jane Eccles

## Firefly Valley

Set out several night light candles (fireflies) in the middle of an out-of-bounds area. The no-go area should be marked off with rope, it should be about six metres in diameter. The girls must extinguish the lights using the equipment available.

**Equipment: six night lights — stood in earth-filled cake tins; thin garden canes; string; tinfoil.**



## Hilltop view

Find an open area and then challenge the teams to get from one point to another — using only two planks of wood. The wood should be about 150cm long and splinter free!

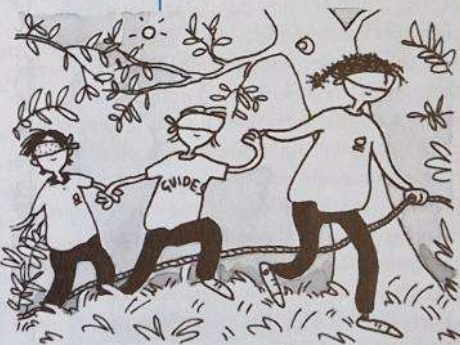
## Searchlight bridge

This challenge can only be played at dusk or at night. The object of the exercise is for the whole team to get across a 'bridge' — which can be marked out with tent pegs and rope — without being spotted by a searchlight.

A leader stands to one side of the bridge. She is wearing a blindfold and holds a torch. Every time the leader hears a noise, she must point the torch beam at the sound. If the beam catches anyone, that person must go back to the start.

■ **Explain that the bridge is very weak and it can only hold one person at a time.**

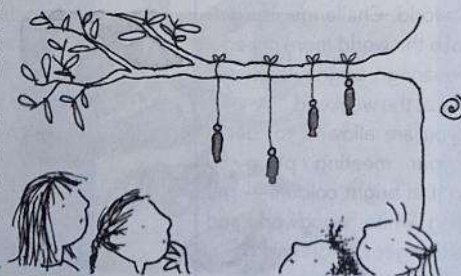
■ **A colour is awarded if the whole team crosses the bridge within an established time limit.**



## Whistling willows

Hang three or four whistles from the branch of a tree. Each whistle should be at a different height, and all of them must be out of the reach of the players.

The object of the challenge is for the team to blow all the whistles, simultaneously, three times.



## The dark forest

Set up a trail — using string — around woodland, going under and around natural obstacles.

The whole team should be blindfolded and then link themselves together — holding hands — to negotiate the trail.

## Wishing well

Mark out a rope circle — about ten metres in diameter — to represent a wishing well and place a bucket in the middle.

The girls must remove the bucket from the circle, using only the equipment that they can find around them.

■ **Leave equipment such as string and sticks, around the base area.**

■ **Half fill the bucket with water!**

## Bat-spot end

Six paper bats are hidden in a selected area. Each bat has a different number of spots on it.

Girls must search the area and add up the number of spots on the bats. When they are sure that they have found all the bats, the girls can declare the total number of spots. If this is correct, a colour is awarded.

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# Create a better world

Make the world a better place to live in, with the help of our ideas, suggestions and activities for all ages and sections

By Sophie Thompson  
Illustrations: Dom Mansell

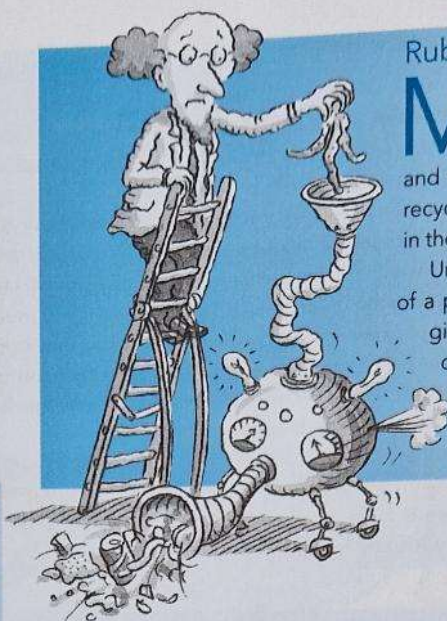
## Child labour

All over the world, some 250 million children are working for a living... and we're not just talking paper rounds here.

Imagine your Brownies risking their health doing intensive jobs to put food on the family table. It is estimated that there are around 55 million child labourers in India alone.

The children are paid very little to produce 'luxury' goods – from footballs to fabrics – for consumption in the West. For them, this means working long hours, often in horrific conditions such as coming into contact with hazardous chemicals and dangerous machinery.

■ Look in the address book on the next page to find out how to contact Christian Aid, Save the Children and CAFOD. Ask them if they are doing anything to help the crusade against child labour that your unit can join in.



## Rubbish reducer

Mad professor Pickles is trying to invent a rubbish reducer. All his family's household waste will go in one end and then come out at the other, having been recycled into something completely different in the process.

Unfortunately, the Professor is having a bit of a problem with his design. Ask the girls to give him a helping hand by designing their own rubbish reducer to recycle waste. They could even 'build' one from cardboard boxes, tubes and other handy materials.

## Good examples

We are all able to set a good example to someone else, even the very youngest Rainbow.

Ask the girls to think about ways in which they can set a good example. They may like to act out a short sketch to illustrate this.



## Points of view

Sometimes it's hard to agree with other people's opinions. But an important part of growing up is learning to accept that other people may have radically different points of view to yours.

A difference of opinion doesn't necessarily mean that one person is right and another wrong. It usually just means that a compromise has to be reached.

■ Use the theme of compromise to start a role-play session.

■ Encourage the girls to think of any conflicts in history which started with a difference of opinion and could have been avoided through compromise.

## Bad balloons

Balloon races are a very popular way of raising money and are also often used as a way of celebrating a special event.

But the helium-filled balloons used in these competitions are particularly damaging to the environment and wildlife.

Even if the coast is hundreds of miles away from the start of the competition, it is quite possible that some balloons will land in the sea. The salt water washes out the colour from the balloons and sea creatures may swallow them – a balloon will then block the animal's stomach, causing it to starve to death.

Balloons are hazardous to animals on land for the same reasons. Burst balloons litter your environment too.

■ Make sure that helium balloons are disposed of properly. Get the girls to think of ways in which this can be done.

■ Work out different ways to tell others about the harmful effects of balloons.

## Colouring in the world

The simplest of ideas can be used to help build a better world. Challenge the girls to make the world more cheerful by wearing brightly-coloured clothes at the weekend.

If you are allowed to, decorate your meeting place by painting it in bright colours – get rid of boring white woodwork and bring in vibrant oranges and greens!





## Address book

Write to some of the organisations below, if your unit is interested in doing more to help create a better world.

- Christian Aid, PO Box 100, London SE1 7RT.
- CAFOD, Romero Close, London SW9 9TY.
- Save the Children Fund, 17 Grove Lane, London SE5 8RD.
- Friends of the Earth, 26-28 Underwood Street, London N1 7JQ.
- Tidy Britain Group, The Pier, Wigan, Lancashire WN3 4EX.
- WATCH Trust for Environmental Education, The Green, Witham Park, Waterside South, Lincoln LN5 7JR.
- Steel Can Recycling Information Bureau, 69 Monmouth Street, London WC2H 9DG.
- Always include a sae when writing to these organisations or any other charities.



## Home improvements

Encourage the girls to think of ways to improve their city, town or village, in order to make it a better place in which to live. For example, they may think it would be a good idea to create a cycle path or plant flowers.

Present your suggestions to the council.



## Trees for the future

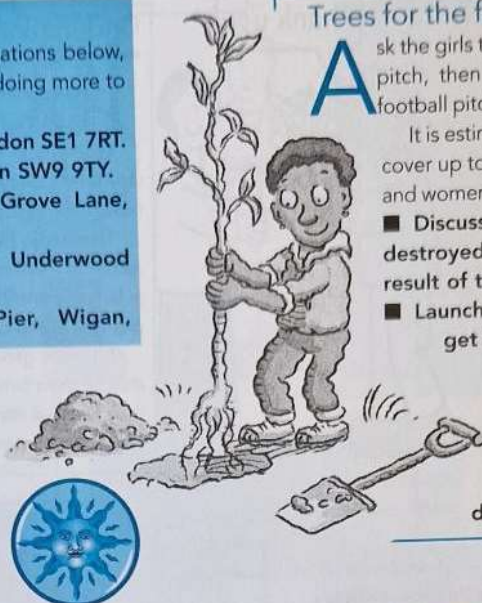
Ask the girls to try to imagine themselves on a football pitch, then think of the enormous space that 50 football pitches would cover.

It is estimated that every minute enough forest to cover up to 50 football pitches is destroyed by men and women across the world.

■ Discuss the reasons why forests are being destroyed and the consequences we face as a result of this destruction.

■ Launch your own tree planting scheme and get the local community involved. Try to plant as many trees as possible.

■ Ask your local garden centre for advice, and don't forget to seek permission from landowners and councils before you start digging any holes!



## Party politics

Divide your unit into smaller groups of five or six. Each group then forms a committee to decide on a plan of action to create a better world.

The groups must think of all the schemes and rules that they would like to implement, in order to make the world a nicer place.

On a less ambitious scale, the groups could then think of a simple project they can carry out to make their local environment a better place for everyone.

## Free, funky offer

Organisation is the key to success if we're all going to work together to build a better world.

Encourage your Guides or Rangers – the competition is only open to girls aged 13-19 – to enter our competition and they could be organising their lives with the help of an exclusive address book – worth £25 – published by the Health Education Authority.

Only 1,000 of the funky, orange rubber address books have been produced and we have 25 up for grabs. They are packed full of useful numbers – from the National Drugs Helpline to Friends of the Earth. The books also feature winning entries from a young people's arts competition.

Get the girls to send us a postcard explaining whose number they would most like in their address book and why. They must also state their names, ages and addresses.

■ Send entries to: Orange Book/GUIDING, at the usual address, by May 31.

## Make your own plant pots

Transform a yoghurt pot into a stylish plant pot that any Rainbow, Brownie or Guide, will be proud to make.

**You will need:** empty plastic cartons; used stamps or old magazines; PVA glue; glue brushes; scissors.

Wash the cartons to make sure that they are thoroughly clean. Make a few holes in the bottom of each one.

The girls can now start to make their plant pots. Spread a layer of glue over the pot and stick on a layer of stamps or cut-outs from magazines.

Finally, spread a layer of glue over the pictures or stamps and then leave the pot to dry.

■ Plant seeds or cuttings in your pots.



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# senior section guiders

Activities from an exceptional new resource will help young women to explore the issue of self-esteem and their feelings about it

By Karen Keegan  
Illustrations: Kate Taylor



## Understanding esteem

To help understand the deeper issues behind having self-esteem, the girls can use this activity to find out what builds it up, or destroys it.

Working in small groups, the unit should brainstorm lists of everything that they believe can help to build up and support self-esteem.

These may be small, seemingly trivial things – such as being thanked for helping someone – or, perhaps, a larger contribution such as earning a respected position in the community.

After the groups have finished their lists, they each should then brainstorm another list of factors which they believe can destroy self-esteem. The list could include such items as people not noticing when you

make an effort, or your best friend having a boyfriend when you don't.

■ When the lists are complete, try placing them into orders of 'importance'.

■ Discuss which factors on the list are more applicable to young women.

■ The girls may also like to discuss which of the positive and negative factors that have emerged they can identify with.

## Resource for young women

Sheffield Centre for HIV and Sexual Health, has recently published a resource and training pack, which sensitively explores many of the issues surrounding self-esteem and young women.

The pack – *Girlpower – how far does it go?* – has been researched and written by Jo Adams. *Girlpower* aims to help young women address whatever feelings they have about self-worth and their own importance.

While many of our Senior Section members may appear initially to be confident and assertive, their actual feelings may be entirely different. Low self-esteem can stem from a whole range of reasons, such as poor school results, having few friends, an unhappy home life... The knock-on effects of low self-esteem have been known to include eating disorders, self harm and promiscuity.

These Senior Section pages include just a sample of activities from the *Girlpower* resource, that have been adapted for use within your unit. For a whole programme of self-esteem activities, we recommend that you buy the pack direct from the Sheffield Centre for HIV and Sexual Health.

■ *Girlpower – how far does it go?* costs £15, plus £1 postage and packing. It is available from Sheffield Centre for HIV and Sexual Health, 22 Collegiate Crescent, Sheffield S10 2BA.

Telephone 0114 267 880, or fax 0114 267 8808 for further details.

## Diary dates

Encourage the girls to become more in tune with themselves and their feelings by keeping a mood diary.

Invite them to keep a diary for a month, writing about their daily moods – what made them feel bad and good. Look to see if there are any patterns or triggers.

## Feeling good

What is self-esteem? Before you start any related activities with your unit, it is important that all the girls have a basic appreciation of what they will be working towards.

Gather the unit together to discuss what self-esteem means to each individual. There may be many different answers, but most of them will probably have a common link. There is no clear, universal definition of self-esteem. However, for the purposes of the *Girlpower* activities, the simplest definition has been taken to be: 'Feeling good about ourselves and in control of our lives'.



## A great day out with lots to see and do!

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I have a right to...

Divide the unit into small groups. Invite each group to draw up a Bill of Rights that they believe will help young women to take charge of their lives.

For example, each Bill could include statements that are similar to the following declarations:

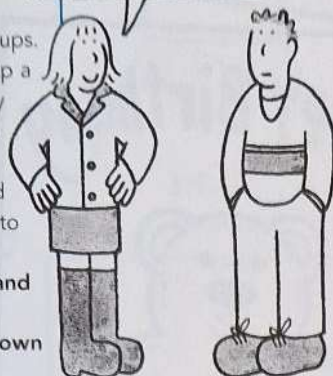
- I will express my feelings if, and when, I want to.
- I learn by making my own mistakes.
- I will be treated with respect as a human being.

About 30 minutes should be enough time to draw up a Bill. The groups can then present it in any form they wish — as a chart, a list or even a song.

The unit can then come back together to produce a single Bill, which will include the essential rights from all the others.

- Think about which rights are the easiest to claim, and which are the hardest. Each girl should be encouraged to work on one right, which she wants to feel more comfortable about claiming.

I need respect



### Mentor mates

Set up a mentoring scheme so that the individual members of your unit can share their skills with one another.

For example: one girl may be able to share her knowledge of computers, while another could demonstrate how to put up wall-paper! This activity will help to show the girls that they all have worthwhile and valuable attributes.

That's great



### Drawing up a contract

Use your findings from *Friends Forever* below to help you draw up a friendship contract.

The girls should work together to write a contract which incorporates all the essential elements of friendship. For example: Always keep a friend's confidences secret.

### Taking control

- Visit the local doctor's surgery or family planning clinic to find out about the range of sexual health services available. Find out about your GP's policies on confidentiality and the rights of young women.

### Ten tiny changes

- It has been said that in order to change something 100 per cent, it is only necessary to change 100 things by one per cent. Challenge the girls to make ten tiny changes to their lives and see how they improve.

You will babysit won't you?

Yes

No!



### A firm no!

Being able to say 'No!' is a skill that doesn't come naturally to many women — it has to be worked at.

Refusing takes a certain amount of confidence and a sense of one's own rights. Ask the girls to pair up and discuss a time when they wanted to refuse but didn't.

The girls should think about which factors stopped them saying no and what might help them do so

### Friends forever

Friendships are very important to young women. Friends can make a person feel better about themselves, boosting self-esteem and confidence.

Encourage your girls to take a deeper look at themselves to see what kind of friends they are.

Each girl needs a piece of paper headlined 'I'm a good friend because...' Everyone should then, without discussion, write down all the positive qualities they have as a friend.

Invite the girls to think about times when they acted as a good friend to someone. When everyone has finished, discuss the similarities and differences between the lists.

### Time to celebrate your achievements

All too often, people tend to concentrate on the negative aspects of an incident, rather than the positive.

For example, we may emphasise the things that went wrong, or could have been done better, when looking back — rather than the things that went right.

Instead of not giving enough credit for achievements, encourage the girls to be proud of them. Teach them to take a compliment!

- Think about what gets in the way of us celebrating our achievements as women, and what we can do to prevent this from happening.



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# crafty ideas

Your unit can use our templates to make a super 3-D teddy card and an absolutely perfect pink pig gift box

By Midlands Region Trainers Group  
Illustrations: Michelle Draycott

## Make a teddy card

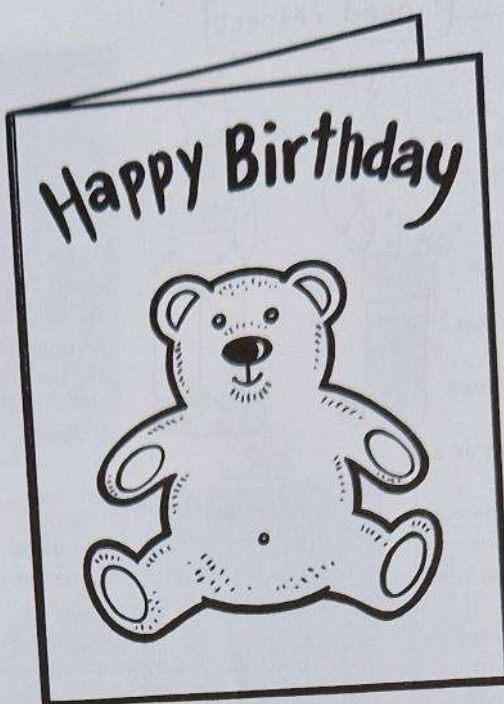
The teddy greetings card is suitable for many different occasions and can be made by any section.

**You will need:** thin A4 white card; some thin card — in yellow, orange or brown; padded sticky fixers; joggle eyes; black marker pen; glue stick; scissors.

Each girl will need a folded sheet of white A4 card. Copy the teddy templates (see below) and use them to cut shapes from the coloured card. Everyone will need to make their own set of shapes.

Glue the whole teddy on to the white card. Draw features on the separate head. Using sticky fixers to give a 3-D effect, attach the head, ears, feet and paws to the teddy.

Don't forget to write a message inside the card.



## Original ideas

Use your imagination to adapt both these craft projects. Instead of a pig box, try making a frog one.

Use green card instead of pink and cut out eyes (not ears); a long red tongue; and front and back legs.

■ Use the 3-D effect to make a Freda card, instead of a teddy one.

## Pig gift box

Our special box comes in the shape of a pig. Girls can put a present inside it or give it as a gorgeous little offering on its own.

**You will need:** pink card; glue stick; padded sticky fixers; scissors; craft knife; black marker pen; ruler.

For each pig box, you will need to make copies of all the templates illustrated on the opposite page. Cut them out from pink card.

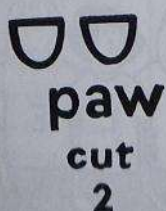
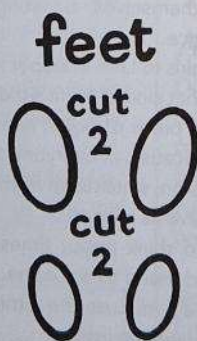
Score down all the fold lines of the box shape and — using a craft knife — make a small slit where indicated.

Glue the flaps as marked and assemble the box.

Take a look at the completed pig to help with the next bit. Glue a foot on to each of the bottom corners. Use a sticky fixer to attach the snout to the head flap — having drawn on the nostrils. Add eyes to the head flap and glue the ears on to the top of the head.

Finally, make the tail curly by rolling it around a pencil. Stick the tail at the back of the box.

To close the lid of your pig box, push the flap inside the slot you created.

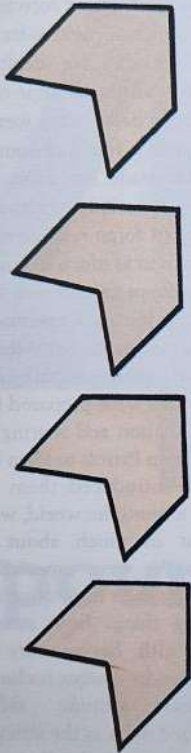




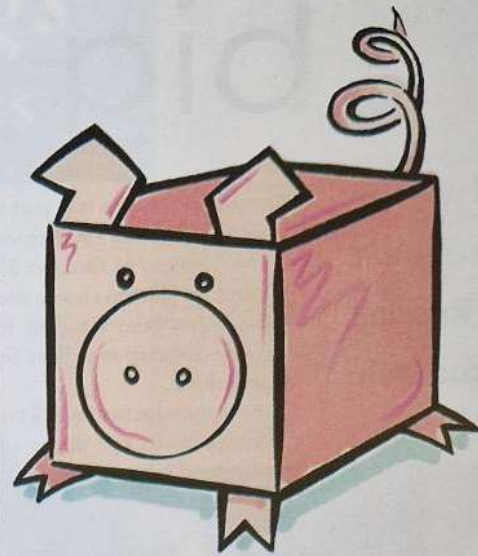
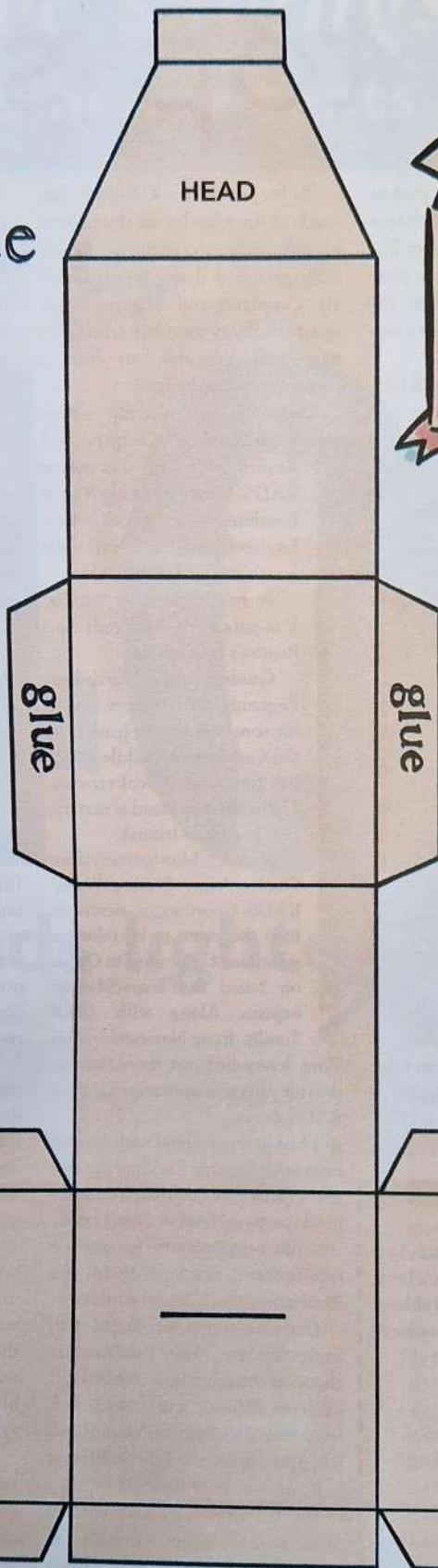


# pig template

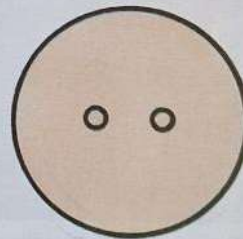
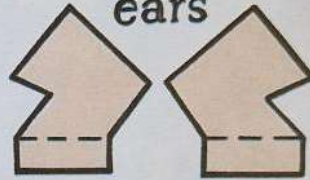
feet



HEAD



ears



snout

glue

glue



tail

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# big top skills

## Roll up, roll up for a great day Russian circus style

It's time to get ready to take part in a National Russian Awareness Day. The weekend of October 31-November 1 – you can choose your own day – has been set aside for The Guide Association to have fun Russian fashion.

The suggested activities will take the Russian circus as a theme and

To be part of the UK-wide day, send off for a leaflet on the project by returning the coupon below. Information will also be available via Countries and Regions headquarters. Every member who takes part will be able to buy a commemorative badge.

Links have already been established at Country and Region level with sections of RADS. Moscow is linked with London and South East England and Yaroslavl with South West England.

Perm's partner is Anglia, Volgograd's is Midlands and Rostov's is Scotland.

Guiders in North East England have been working for some time with leaders in the Omsk region, while Wales has ties with Novokuznetsk. North West England is making new friends in Irkutsk.

Here, Montgomeryshire Guider Jenny Davies, Wales' RADS Coordinator, describes how she came to be taking a selection of craft ideas to Omsk on board the Trans-Siberian express. Along with Coral Tomlin from Newcastle upon

Tyne, Jenny had just three days to provide effective assistance for their RADS' hosts.

I had been involved with forging links with Russian Guiding for five years, and had helped Wales to produce two *Hand-in-Hand* booklets. The opportunity to provide face-to-face practical help on Russian soil was a dream come true.

Our excitement was tinged with some anxiety. The bureaucratic chaos of immigration controls at Moscow Airport, and a mad dash from plane to train in Novosibirsk had given early warning that travel in Russia can be frustrating.

But the wonderful help we had from RADS when we changed airports showed us how much assistance we were going to get.

We were met by the Omsk

Commissioner, Galina and her husband, at the station plus Irina, who was to be our interpreter.

After a meal, we discussed outline plans for the three-day training, and made some amendments to integrate our ideas with our hosts. We broke up at midnight, we were tired but looking forward to doing what we had come so far to achieve.

Each day we dealt with 20 people, although some of the faces changed daily. Many were teachers so quite a few had some English, which made life a bit easier. All were incredibly enthusiastic and ready to forgo refreshment breaks to cram in as much as possible.

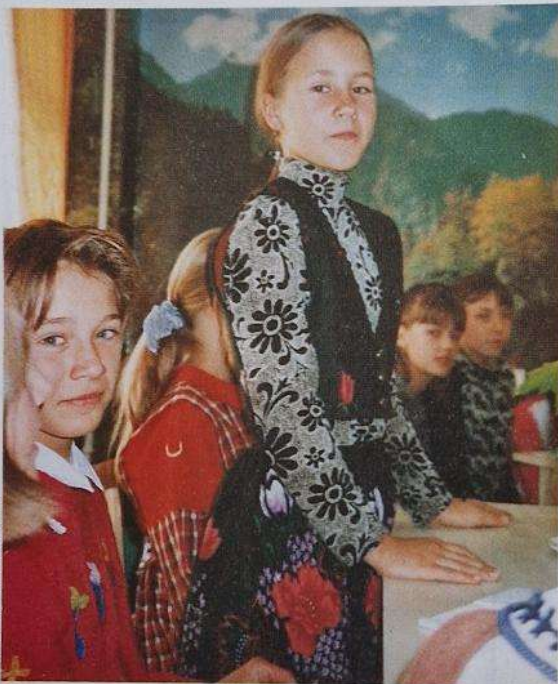
Training turned out to be very much a two-way exercise. We had come to terms with the Russian formal chalk-and-talk approach. And they were prepared to try our participation and sharing method, setting up Patrols to learn by doing.

We introduced them to crafts from around the world, while they taught us much about Russian crafts. We were especially captivated by their innovative ideas for making things from straw. They cope with having very limited resources by wasting nothing.

Clear attitude differences emerged, such as the strict code of discipline applied in Russia and the importance of uniforms. However, discussions were very open and friendly. There was tremendous mutual benefit from the exchanges.

All too soon, it seemed, we were saying goodbye... It had been a marvellous experience that convinced us that the rewards make the challenges associated with working with Russia – such as the bureaucracy and the telephone system – all worthwhile.

Developing Guiding in Russia will not be easy, and the progress could be made even more difficult by political changes. But the potential is huge and, with the help of the Movement's worldwide family, this can be realised. ♥



NORTH WEST ENGLAND

Standing up to be counted – a Russian Girl Scout from Irkutsk

the aim behind the event is to raise grassroots awareness of RADS – the Russian Association of Girl Scouts – and Russian culture.

### National Russian Awareness Day

For a free A4 leaflet to help you celebrate the National Russian Day return the slip below along with an A4 sae (26p) to: Barbara Mathieson, Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W 0PT.

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Remember to enclose an A4 stamped addressed envelope. The leaflets will be mailed in June 1998.



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# information

## GUIDING

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Anyone wishing to have photographs returned  
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4.30pm). It is closed Bank Holidays and over Christmas

The entrance charge is £2.50p per person.  
Booking is not essential for groups of ten or less. Visits  
are for 1½ hours maximum. Picnic area available.

The preferred maximum number of visitors per  
session is 100.  
Ring 0171 834 6242 ext 358 for further visit details.

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Ashley House, Old Station Road,  
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Tel: 01638 665482/1 Fax: 01638 561138

### London and South East

3 Jaggard Way, Wandsworth Common,  
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21 Lower Church Street, Ashby-de-la Zouch,  
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Opening hours 9am until 4.30pm

## DEPOTS

If you can't get to a Guide shop, use your local  
Depot. There are nearly 800 Depots throughout  
the UK which sell all the resources listed in the  
published catalogues, uniform and much more.  
Depots are run by members of the Association  
both to provide a convenient service for other  
members, and to raise funds for local Guiding.

The views expressed in *GUIDING* magazine  
are not necessarily endorsed by The Guide  
Association.

official



# your letters

## Getting to know you

I liked the suggestion in the Idea of the Month's section of November's *GUIDING* on getting to know the Guiding family and spent some time working on it before I presented it to my Brownies.

On a map of our County, I marked the position of all the Divisions and enlarged it on A5 paper. I then took our Division (Leek) and marked on a map all our Districts and enlarged it, too, to A5 size.

I next took our District (Biddulph) and on a map marked all our Rainbow, Brownie and Guide units.

As suggested, the girls coloured Rainbows, Brownies, Guides, Young Leaders and Guiders – one to represent each unit – and we stuck them on to sugar paper surrounding the District map.

The sheets are now displayed in our meeting hall.

We do try to get to know other units in the District through District events.

Thank you for your Ideas pages, It's good to have suggestions to try.

**Barbara Cartwright**  
Brownie Guider  
Biddulph District, Staffordshire

## Adapt and succeed

Manchester Student Scout and Guide Organisation (SSAGO) recently held a multi-cultural evening as part of Manchester University Students' Union anti-racism week.

All the ideas for craft and cooking activities came from the One World section of the *Guide Handbook*. It proves either that we are all big kids at heart or, on the other hand, that activity ideas can easily be adapted to suit another section.

**Joanna Beach**  
Manchester

## Now we're cooking

Following the article 'Cutting Edge' in January's *GUIDING*, Ollerton Division had a wonderful response concerning the sale of our cookie cutters.

We had to beg and borrow packaging material from all sorts of places – including Guide Headquarters and the local post office – to deal with nearly 500 orders.

Many thanks to all who ordered, we now have fewer than 900 left. Once they have gone, that's it.

**Jane Bealby**  
Ollerton Division  
Nottinghamshire

## A familiar note

*GUIDING* has recently featured articles relating to Guides who have played in the National Scout and Guide Orchestra, or who have borrowed musical instruments from The Guide Association at some time.

I thought you might be interested to know what had happened to my daughter Caroline, who featured on the front cover of *Today's Guide* in April 1979, playing her cello during one of the rehearsals of the National Scout and Guide Orchestra.

Caroline was 13 when she first started playing with the orchestra and one of the youngest members at that time.

She is now married and an Assistant Registrar (Research) at Worcester University. Although she did not pursue a musical career, she continued to play the cello and is now a member of the Worcester Symphony Orchestra – started by no less a person than Sir Edward Elgar.

I wonder if any of your readers were themselves members of the orchestra in the late 1970s?

**Christine Pointer**  
Guide Guider  
Middlesbrough

These letters reflect the writers' own views and not Association policy.

## Help offered

I am an Assistant Guide Guider at Denmead District Guides, where we have over 40 girls.

I have recently started studying for a degree at Brunel University in Uxbridge. I have tried to find a local Guide unit to get involved with but have been unsuccessful.

I would like to hear from any local units that would appreciate an extra pair of hands during term-time (October – June).

I would also be interested in Brownies or Rainbows, if those sections are in need of a Guider.

**Debbie Keith**  
Guide Guider  
Hampshire

● If you need some help, write to Debbie c/o *GUIDING*.

## Desperately-seeking Rachel

Attention all Guiders with out-of-date Interest badges in their 'stock'. I am a Ranger desperately seeking an old Guide Commonwealth Interest badge.

I passed the badge as part of my B-P Trefoil Award work, during the transition to the new World Interest badges.

It is now two years since I passed my test and the space allocated on my camp-fire blanket is looking sadder every time I see it.

Are there any Guiders out there who could fill that space on my blanket? I would be happy to pay for postage and to send a local badge in return.

If you can help, write to me at:  
56a Portchester Road, Fareham,  
Hampshire, PO16 8QJ.

**Rachel Tillman**  
Portchester Rangers  
Hampshire East

## Happy Anniversary

A warm welcome is extended to all Guiding friends and their families to join us on Saturday June 6 at a 'musical extravaganza' to be held in the grounds of Glenbrook – Derbyshire's Activity Centre – to celebrate its 30th anniversary.

You will be able to enjoy a picnic – complete with all the trimmings of wine and a candelabra on your table – while enjoying the music of the New Orleans Jazz Band and Shirebrook Colliery Band.

Gates open at 5pm with music from 6pm until late. Tickets cost £5 each, £12 per family, and can be obtained from Margaret Randles – tel 0114 2890842.

Bed and breakfast is available.

**Margaret Day**  
Management Committee Chairman



These letters reflect the writers' own views and not Association policy.

## Getting to know you

I liked the suggestion in the Idea of the Month's section of November's *GUIDING* on getting to know the Guiding family and spent some time working on it before I presented it to my Brownies.

On a map of our County, I marked the position of all the Divisions and enlarged it on A5 paper. I then took our Division (Leek) and marked on a map all our Districts and enlarged it, too, to A5 size.

I next took our District (Biddulph) and on a map marked all our Rainbow, Brownie and Guide units.

As suggested, the girls coloured Rainbows, Brownies, Guides, Young Leaders and Guiders – one to represent each unit – and we stuck them on to sugar paper surrounding the District map.

The sheets are now displayed in our meeting hall.

We do try to get to know other units in the District through District events.

Thank you for your Ideas pages, It's good to have suggestions to try.

**Barbara Cartwright**  
Brownie Guider  
Biddulph District, Staffordshire

## Adapt and succeed

Manchester Student Scout and Guide Organisation (SSAGO) recently held a multi-cultural evening as part of Manchester University Students' Union anti-racism week.

All the ideas for craft and cooking activities came from the One World section of the *Guide Handbook*. It proves either that we are all big kids at heart or, on the other hand, that activity ideas can easily be adapted to suit another section.

**Joanna Beach**  
Manchester

## Now we're cooking

Following the article 'Cutting Edge' in January's *GUIDING*, Ollerton Division had a wonderful response concerning the sale of our cookie cutters.

We had to beg and borrow packaging material from all sorts of places – including Guide Headquarters and the local post office – to deal with nearly 500 orders.

Many thanks to all who ordered, we now have fewer than 900 left. Once they have gone, that's it.

**Jane Bealby**  
Ollerton Division  
Nottinghamshire

## A familiar note

*GUIDING* has recently featured articles relating to Guides who have played in the National Scout and Guide Orchestra, or who have borrowed musical instruments from The Guide Association at some time.

I thought you might be interested to know what had happened to my daughter Caroline, who featured on the front cover of *Today's Guide* in April 1979, playing her cello during one of the rehearsals of the National Scout and Guide Orchestra.

Caroline was 13 when she first started playing with the orchestra and one of the youngest members at that time.

She is now married and an Assistant Registrar (Research) at Worcester University. Although she did not pursue a musical career, she continued to play the cello and is now a member of the Worcester Symphony Orchestra – started by no less a person than Sir Edward Elgar.

I wonder if any of your readers were themselves members of the orchestra in the late 1970s?

**Christine Pointer**  
Guide Guider  
Middlesbrough

## Help offered

I am an Assistant Guide Guider at Denmead District Guides, where we have over 40 girls.

I have recently started studying for a degree at Brunel University in Uxbridge. I have tried to find a local Guide unit to get involved with but have been unsuccessful.

I would like to hear from any local units that would appreciate an extra pair of hands during term-time (October – June).

I would also be interested in Brownies or Rainbows, if those sections are in need of a Guider.

**Debbie Keith**  
Guide Guide  
Hampshire

● If you need some help, write to Debbie c/o *GUIDING*.

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**Margaret Day**  
Management Committee Chairman



### Asking questions

Two readers were keen to share their own market research into why Guides leave the Movement.

#### Boys please

After reading the article 'Image Consultants' in March's *GUIDING*, I asked a teenage Guide to list her reasons, and her friends', why girls leave. They are:

- They find it boring.
- They don't do what they are interested in.
- Too girlish.
- People take the mickey because they think it is uncool.
- They grow up and change.
- They want to go out with their friends who don't go to Guides.

One said it would be OK if boys were allowed!

Sheila Winter

1st Westdene (Choring) Rainbows

#### Clean sweep

During April many units took part in the National Spring Clean organised by the Tidy Britain Group. If yours did, please write and tell us about any particular enterprise you were involved in.

You could just qualify for a Queen Mother Tidy Britain Award, which will mean attending an exciting lunch in London to receive the award. If you have any photos of your event that would be even better.

Letters should be sent to me at 136 Jerningham Road, London, SE14 5NL by the end of August.

Don't forget to include a sae if you want your photographs returned to you.

Good luck!

Pam Hudson

Guide Association Council  
Member Tidy Britain Group

### Lack of support

As a District Commissioner with four thriving Guide units and a Guide Guider of many years, I was very interested to read about the falling numbers of members in the Guide section. I feel all the reasons given are true. However, I believe the main reason girls leave Guides is lack of parental guidance and support.

At our recent Thinking Day celebration, attendance by my own unit was very poor. The reasons given at the next Guide meeting included 'I had to mind my younger brother and sister while my mum went to the DIY store' — the celebration lasted two hours, the store was open all day!

Others claimed: 'I had too much homework' ... 'Mum had a drink and couldn't take me' ... 'It was my weekend with Dad' and so on.

I have had Guides leave because Mum has enrolled for aerobics on the same night as Guides. One Guide sometimes lived with her mum and sometimes with her dad. Her uniform, books and so on were always in the wrong place.

Several Guides have to be given two sets of notices — one for each household, as Mum and Dad do not talk to each other.

Before Christmas I asked for help with two craft evenings. Despite two notes home, not one parent helped. Another time, we needed help with transport to the pantomime three miles away. I received only two offers of help and had to hire a minibus from funds.

When one of the Guiders retired after 20 years with the unit, we held a party for her and, despite a request for help with the refreshments, no one volunteered. The Guiders had to do everything.

We should — and do — encourage the Guides to be responsible and organise themselves, but they do need a gentle reminder sometimes.

I could quote many more instances of lack of parental interest, and I will be very interested to hear if other Guiders have experienced similar problems.

Brenda Tilbury

District Commissioner  
Hillingdon

### Amazing response

Many thanks to all the Guiders who wrote to me after my letter about surplus badges appeared in February's magazine. The response was amazing and I have had some lovely letters from all over the UK.

Thanks too for the kind donations which will be used to assist our Young Leader, who has been selected to represent Scotland at an international event in Germany.

I'll suggest she uses the money for — guess what, some badges to use as swops!

There are still a few badges left, if anyone is interested.

Margaret Winter

Guider  
224 City of Edinburgh Guide Company

### Visible recognition

I wonder if The Guide Association would consider having a uniform shirt for members of 65-plus, who are appointment card holders?

At formal gatherings these members appear in mufti, though they still hold down such jobs as secretaries, treasurers, registrations secretaries and so on.

While realising that the pale blue, striped Guider's shirt would be inappropriate, I do feel that a different coloured striped shirt, worn with a navy skirt, would be an acknowledgement of the very important role still being undertaken by these members.

Olwyn Walker

Brownie Guider  
Greater Manchester

### Thank you

I was able to take my family to the opening night at Westpoint, Exeter of *Holiday on Ice*, courtesy of the family ticket I won through entering the competition in last December's *GUIDING*.

The show was excellent and we all thoroughly enjoyed the spectacular performance. It was wonderful to repay my family for all they do to help me in my role as Guider of a Guide unit. I would like to thank *GUIDING* for making this treat possible.

Mary Franklin  
Exeter

Letters should be kept short and the Editor reserves the right to edit any contribution. They must give the author's name, address and, if possible, a daytime phone number.



# trouble in paradise



**New beginnings:** The Queen of Tonga starts the digging for the new HQ

For the people who live there, tropical islands aren't always a sunshine paradise, although they may be glorious to visit. Holiday-makers who bother to ask questions discover that the islanders often feel cut off from the rest of the world and struggle to find jobs in order to feed their families.

But if they are members of Guiding's worldwide family, they know that sister organisations are ready to lend a helping hand. This year the Guide Friendship Fund (GFF) has chosen to help three very different tropical islands through its summer appeal.

The first is Tonga in the Pacific Ocean. Tonga is actually a scattering of tiny islands spread over the deep blue waters of the Pacific. It is an idyllic place to visit. The white sands, clean sea and the laid-back way of life of the friendly Tongans charms all the tourists.

However, there is no industry to provide jobs and few other work opportunities. The country relies on foreign aid and its people are forced to travel to Australia or New Zealand to earn a living.

Now the outlying islanders have asked for help to get Guiding going again. They have a target of enrolling 500 members by 2000. But the Tonga GGA cannot pay for Trainers to travel to the islands to start new units and prepare new Guiders.

It takes 24 hours to reach some

of the islands by ferry and the ferries cannot put to sea if the weather is stormy. It's much faster by plane but the fares are high.

As the Tongan Guiders only get just £500 a year in government grants, most of the time the leaders use their own money to pay for their Guiding expenses. The GFF would like to raise £2,000 which would cover the cost of a year's training trips.

The second island on the GFF's wish list is Haiti in the Caribbean. The Association Nationale des Guides d'Haiti has been active on the island since 1942. The girls do a lot of community work, assisting in hospitals and day centres and planting trees.

Their homeland is so poor that not everyone manages to reach a hospital when they are sick, gets enough to eat or attends school.

There is a constant stream of people leaving Haiti to look for jobs overseas and that means new Guide leaders are always having to be recruited. This constant turnover generates a lot of extra administration work and so the local association wants to employ a secretary to keep its records, send out details of events and so on.

The GFF hopes to raise £3,000 to pay a secretary's salary to cope with running the office.

The last island on the GFF's list is Madagascar, off East Africa.

Since it began in 1941, Guiding has been very popular on the island and membership is still increasing.

There are three associations that make up the Skotisma Zazavavy eto Madagasikara (Fédération du Scoutisme Féminin de Madagascar) — the Fanilon'i Madagasikara (Guides de Madagascar), Mpanazava eto Madagasikara (Eclaireuses Unionistes de Madagascar) and Kiadin'i Madagasikara (Female Branch of Eclaireuses et Eclaireurs de Madagascar).

The movement wants to set up a training centre where girls can learn dressmaking. This skill will provide them with a way to earn money for many people barely survive.

Half of the under-fives don't get enough to eat. Most parents can only afford to educate their sons, which means their daughters are even less likely to find work.

The GFF is hoping to raise £5,000 for a sewing centre.

However, none of this will be possible without your help. Donations should be made payable to the Guide Friendship Fund and sent — with a sae for a receipt — to: GFF, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W 0PT.

**Life on an island in the sun isn't always easy**

**Idyllic setting:** Life can be far from easy for the Tongan Rangers



SHEILA MATHIESON



£15 winner



### Sign language

Caught glving it some girl power are Georgina Bryne and Terrell Kwantreng of 3rd Crookham Guides, Hampshire. The girls were about to get ready to climb into a canoe while away at camp.

SHEILA HART

SUZANNE LOVE



### You must be joking

Jolly jester Pat Hailey and her assistant serf, Sarah How, get ready to entertain their camp court down in deepest Hertfordshire. Chesham North held a medieval-themed District camp at Belsize. We hope for their sake that Pat's jokes were a bit more up to date!



J. JONES

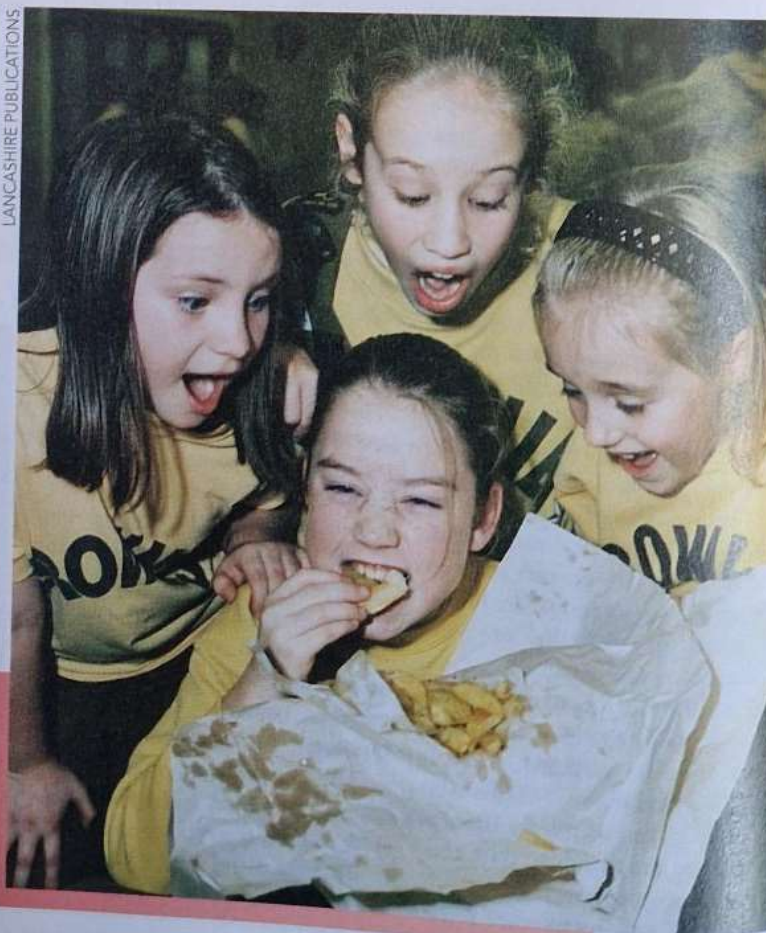
### Gosh...that's better!

Tricia Wilson takes the weight off her poor, aching plates of meat after a hard day at CUBIC. The comfort-seeking Cheshire Border County Commissioner was snapped enjoying a rare moment of peace at last year's international camp.

### Chipping in

Tucking in to a tasty treat is Elizabeth Gibbard of 16th Wigan (St Michael's) Brownies. We hope she saved a chip or two for her friends, Clare Baldwin, Jennifer Lea and Kate Roden. The girls had to fit in a snappy supper before going off to see a local show.

LANCASHIRE PUBLICATIONS





### Super science

The 1st Prettygate Rainbows, Essex, obviously found learning fun at a super science evening. The budding scientists made raisins dance, eggs float and even changed the colour of a bunch of flowers.



MARIE FORSYTH  
SWINDON EVENING ADVERTISER

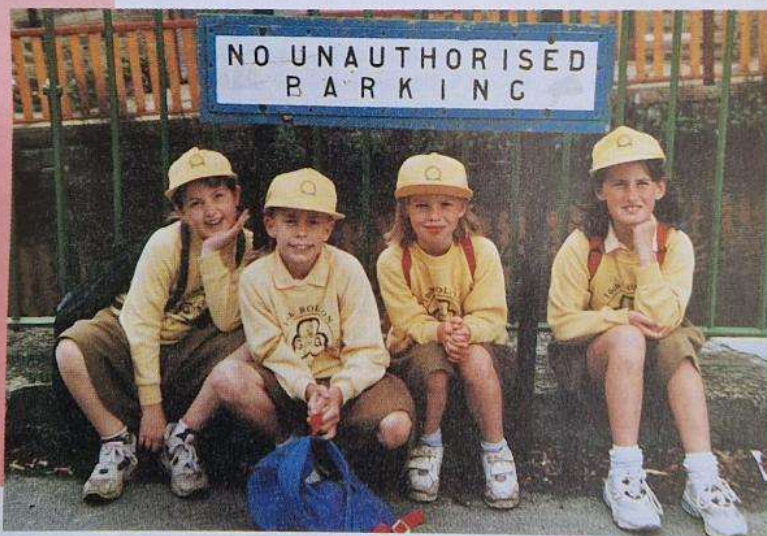
### We love those tiger feet

Guides Victoria Williams and Lucy Davis enlisted the help of a furry friend at their fundraising event. The girls from Devizes District charged visitors for guessing the name of this cute and cuddly creature.



### Dog tired

Are these Brownies parking mad — or barking mad? The humorous graffiti made no difference to Hannah Owen, Emily Hills, Fiona Butterfield and Kimberley Ellison, when they stopped for a rest by Rochdale Canal. The 10th Bolton (St Anne's Turton) Pack were on Pack Holiday at Hebden Bridge.



SUSAN WILSON

Please keep sending in your Guiding photographs, we love to see them!

Each month there's a £15 prize for the best photo and £5 for every other snap we print. Please include a sae.

KATHERINE JOHNS



### On a roll

Rainbows Rebecca Stevens and Hannah Parsonage had a great time just rolling around at Kids Kingdom, St Austell, Cornwall. The two girls, along with the rest of their Rainbow friends from the 1st Camborne Unit, visited the indoor play park as a special treat.



# picture of success



Prize winner: Emily received her certificate and camera from television presenter Chris Packham

**A Guide's work was on show in a London gallery after her success in a national photography competition**

By Jan Clampett

Emily Goldsack, an 11-year-old Guide from Chipping Sodbury, Bristol, is planning to enter the Eyewitness/RSPCA Young Photographer Award competition again this year and hoping to do even better than in 1997.

Then she was one of the four runners-up in the under-12 section of the national competition. Emily's photo 'Big ears' – which she entered in the *Animals Around Us* category – was a close-up of a cow that she'd taken in the Austrian Alps while on holiday with her family.

All the successful entries were exhibited in the Gallery Bar of the Grosvenor Hotel in London's Park Lane, where the prizes were presented. They demonstrated the amazing technical skill and sense of composition possessed by the amateur photographers – the youngest of whom was only six.

With more than 2,000 entrants, competition was stiff. As one of the judges, television presenter and wildlife photographer, Chris Packham said: 'The results in this competition are outstanding compared to other competitions for

young photographers. It attracts a high quality of entrant.'

Assessing Emily's picture, Chris explained: 'The skill was to set the animal in its own environment. The whole vista – with the lake and other patches of colour – is behind the cow.'

Emily didn't even take the picture especially for the competition. It was the only one of her three submissions that she snapped with her own camera. She had used her father's more elaborate model for her two planned entries – that weren't selected.

This would come as no surprise to Chris Packham, who advised: 'Lots of amateurs take photographs that are far better than the professionals, even with the little "snappy" type of cameras. You see, cameras don't take pictures, the photographer does.'

This advice, however, is unlikely to stop Emily using her prize, an Olympus AF-1 Mini camera – complete with red-eye reduction, built-in flash, autofocus and so on – to take the shots she will enter for this year's competition.

Emily, who is a Patrol Second with the 1st Chipping Sodbury Guides, found out about the competition from *Animal Action*, the RSPCA's magazine for children. She has a particular interest in animals. 'I don't want to be a vet, because they sometimes have to kill animals. But I would like to work with animals – perhaps I'll breed dogs,' she said.

Surprisingly, although Emily has been involved in Guiding since she became a Rainbow five years ago, she has not taken her Photographer badge. Her Patrol is working on the World Culture badge at present.

Spurred on by Emily's success, her nine-year-old brother, James,

who goes to Cubs, also wants to enter the competition this year.

Fortunately, Emily will be over 12 by the closing date, so sibling rivalry shouldn't cause too many problems, as they will be competing in different age categories.

The work of another Guide, ten-year-old Francesca Dickinson, from Cumbria, was also among the 41 photographs exhibited for a month at the Grosvenor Hotel.

This year it might be one of your Rangers, Guides, Brownies or even Rainbows who is successful.

● The competition is open to all UK residents aged 17 or under on the closing date – September 18 1998. The three subject categories are: *Animals at Home*; *Animals in Motion* and *Looking at Wildlife*. Turn to pages 16-17 to find out more about how to enter.



Winning shot: Emily's photo – 'Big ears' – gained her a place as one of four runners-up in the under-12 section



# working together

Guiding is great — we wouldn't belong if it wasn't! But we are not the only voluntary organisation working with young people. There are hundreds of them, all part of the Youth Service.

A Council for Voluntary Youth Services (CVYS pronounced SIVIS) provides opportunities for representatives of these different organisations to come together for added support, to share experience and to identify and meet mutual needs.

Guides, Scouts, Girls Brigade, Army Cadet Force, Youth Clubs UK, Woodcraft Folk, Red Cross Youth, St John Ambulance, Wildlife Watch, Methodist Association of Youth Clubs, MENCAP, minority ethnic groups such as Caribbean Youth Associations, Young Farmers, Ocean Youth Club, The Prince's Trust... and that's just a tiny fraction of the voluntary groups which may be represented in a CVYS.

Local CVYSs — for example, BuckVYS in Buckinghamshire — are to be found in most counties and unitary authorities in England. Some have different names, for example Gateshead Borough Youth Organisations Council; VYSDevon; London Youth Matters... but their aims are broadly the same.

Nearly all CVYSs in England belong to the National Council of Voluntary Youth Services (NCVYS), which is a network of local CVYSs and of National Voluntary Youth Organisations, including The Guide Association.

The Council represents and supports the interests of the various voluntary organisations that work with young people. It has close links with similar bodies in Scotland — Youth Link; Ulster — Youth Net; and Wales — Council for Wales of Voluntary Youth Services (CWVYS).

CVYSs vary, but most will have:

- Two or three adult representatives from each member organisation meeting as a forum for debate, and to hear speakers.
- Regular council meetings.
- An executive committee with chairman, treasurer and secretary.
- An annual membership fee.
- Some grant aid from their local authority.

Some CVYSs also have:

- Young representatives.
- Staff members.
- Charitable status.

More is achieved by several youth organisations working together than by single groups in isolation. For example:

- Useful contacts and networks.
- Sharing of skills, expertise and experience.
- Shared resources, training and leisure events.
- The widening of horizons and opportunities and breaking of new ground.
- Increased support, strength, information and guidance.
- Access to funding and a number of additional resources.
- Ability to develop partnerships with others.
- Access to local government and politicians.
- Joint promotion of the voluntary youth service.

If you want to borrow some canoes, find out about grant aid, get someone to run a first-aid course, find an expert speaker, contact a county councillor... then turn to your local CVYS for help. CVYS benefits too, as representatives gain new skills and

broaden their outlook — a bonus for the work of their own organisations. In Guiding we have so much to offer to others, but we can learn from them too.

Some CVYSs support only adults. Others actively involve young people, offering them wider opportunities. Some young representatives serve on CVYS councils and executive committees and gain skills to add to their National Records of Achievement (NRAs) or CVs. A few CVYSs work directly with young people to tackle vandalism, crime or drug abuse. Suffolk CVYS has its Youth Adventure Team, enabling 14-25-year-olds from 50 organisations to plan their own activities and have fun.

If you want to find out more, talk to the Guide representatives on your local CVYS, or ask your County Commissioner. If there is no CVYS in your area, why not start one yourself? Or, if your CVYS needs revitalising with some new blood, perhaps you are just the person who can make a difference!

- To contact your national CVYS, tel NCVYS (England) on 0171 833 3003; Youth Link (Scotland) on 0131 229 0339, Youth Net (Ulster) on 01232 331880 or CWVYS (Wales) on 01222 880088.

**There's no need to do it all yourself, when CVYS can help**

By Anne Dunford  
Vice President NCVYS



**Sharing resources:**  
CVYS is all about building partnerships with other youth organisations



SANDY EVERITT



# retail therapy

Your chance  
to make a  
super saving  
and try out  
the Guiding  
shopping  
experience

By Tony Cobb  
Manager  
London Shops

'I'm going to the Guide shop next week, anyone want anything?' How many times have you heard that said at Guiders' meetings? And how often is it followed by the speaker visiting the shop weighed down with any number of lists and small bags of subs money?

If you haven't been entrusted with such a task, you may not know that the Guide Association Trading Service has its own five shops in England, as well as supplying four more in Scotland and one in Northern Ireland.

The Trading Service also provides stock for approximately 160 high street traders, 820 depots and 20 Scout shops. Almost all of whom give an excellent service.

But nothing compares with a visit to one of our own shops — a

shop dedicated to serving the members of The Guide and Scout Associations. For many youngsters, a trip to Commonwealth Headquarters simply means visiting the shop. So it's important that it proves to be a pleasant experience.

I still remember going to the CHQ shop every school holidays with my Guider mum — but, of course, I never imagined I'd end up working here.

The five Trading Service shops each have their own flavour. The CHQ shop is by far the largest and brightest, serving members from all over the UK and many other parts of the world.

The exit from the Guide Heritage Centre is through the shop, so it is not unusual to see a hundred or so chattering girls

pouring out, filling the shop with excited laughter. But, of course, what use would a Guide shop be if it wasn't catering for children? Our customers help to create the happy, friendly atmosphere. Just imagine the pleasure our assistants get from kitting out a new Brownie with her first uniform.

The other shops serve their

communities as local demands dictate. Palmers Green, for instance, probably sells more camping equipment than any of the others. A side of our business that the staff has been able to develop.

At the moment, Palmers Green shop in North London is undergoing a few changes, as we try out some new ideas. A change in opening hours means that it will be open later most evenings — until 7pm on Thursdays — to make that after-school shopping trip even easier for busy parents.

As those of you who visit our shops regularly will know, they stock a comprehensive range of uniforms; books; badges; gifts; craft materials (at some branches); and camping equipment. The two London shops are now developing a new range of outdoor clothing — selected to keep you warm and dry for all those Guiding activities in the great outdoors.

These five shops only exist to serve you, the members of the Movement. And to encourage you to sample the Guiding shopping experience we've got three super special summer offers.

Use the coupons below to get even better value at the shops that exist to serve you. Vouchers 1 and 2 are valid at all five shops — CHQ, Palmers Green, Manchester, Liverpool and Birmingham. Offer No. 3 only applies to CHQ and Palmers Green. All vouchers are valid until September 30 1998 and photocopies are not acceptable.

Contented shoppers: Visitors show off their purchases at CHQ shop



## Voucher No 1

Free Brownie or Guide Handbook when £30 or more is spent on a Brownie or Guide uniform.

Valid until 30/9/98. Vouchers must be presented when buying. Photocopies will not be accepted. This voucher cannot be used in conjunction with any other offer.

## Voucher No 2

12% discount when £150 or more is spent on camping equipment.

Valid until 30/9/98. Vouchers must be presented when buying. Photocopies will not be accepted. This voucher cannot be used in conjunction with any other offer.

## Voucher No 3

10% discount when a fleece jacket and interactive shell garment are bought together (total purchase value over £70).

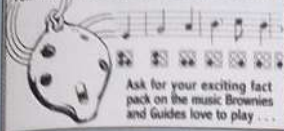
Valid at CHQ and Palmers Green shops only. Valid until 30/9/98. Vouchers must be presented when buying. Photocopies will not be accepted. This voucher cannot be used in conjunction with any other offer.



# classifieds

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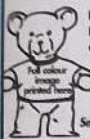


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# building links



Time out: Cheryl Rapley (left) and Mary Chabrel make the most of Our Cabaña's lovely gardens

## There were lessons in life for everyone at the Juliette Low Seminar

The role of the World Association of Girl Guides and Girl Scouts, (WAGGGS) as an implementor of United Nations resolutions was explored at the Juliette Low Seminar. Attending the thought-provoking event on behalf of UK Guiding were 22-year-old Cheryl Rapley, a Guide Guider from Surrey, and Mary Chabrel, aged 23, a Brownie Guider from Middlesex North West.

Held at Our Cabaña, the theme for the 1997 conference was 'Link! Build! Mobilise!'. It also looked at ways of incorporating the new WAGGGS' initiative - Building World Citizenship - into member associations' programmes.

Cheryl and Mary have put together a brief report for GUIDING, concentrating on aspects of the seminar that they found particularly useful.

● In preparation for the UN Conference on Women in Beijing in 1995, The Guide Association worked with other British delegates through the Women's National Commission. Since then, a report and an activity pack has been produced by the Women's National

Commission and The Guide Association entitled *Growing Up Female in the UK*.

The activity pack has some excellent programme ideas for use by Brownies, Guides and the Senior Section. The ideas relate to each point of the Platform for Action agenda, which was agreed at the Beijing Conference that governments and non-governmental organisations, such as WAGGGS, have agreed to work towards.

Programme ideas were shared one afternoon at a Platform for Action 'market' by each of the 21 countries attending the seminar.

Camp is probably the best setting for activities that illustrate poverty — such as the unfair breakfast or the frugal lunch, when the girls have to budget for their own Patrol's meal. For Brownies the experience could be visual rather than stomach-led — making use of resources supplied by one of the development charities, or other suitable material.

Each Six could be asked to create a poster showing a day in the life of a young girl in India, Kenya, Brazil, Vietnam and so on.

The education element is fulfilled weekly through our busy programmes and training opportunities. For instance, Brownies and Guides could design a game or a reading aid for use in local schools and play groups, or to send abroad as part of a refugee pack.

A more challenging activity — probably for the Senior Section — would be to devise teaching aids for adult literacy programmes which exist in many local communities.

To illustrate women and the media, we looked at the national press quite intensely in the weeks leading up to the seminar in order to collect material for a collage. This demonstrated the diverse ways in which women are represented. As an all-female organisation, we should seek to influence the way

women are presented in the media at both local and national level.

There is no need for us, as Guiders, to become experts in all areas dealt with by the Platform for Action. Looking at the environment, for instance, organisations such as the Women's Environmental Network, Friends of the Earth, RSPB and WWF all produce and promote literature and activities that will assist units to become more environment-friendly.

Local recycling schemes are an accessible route to developing the girls' appreciation of the bigger picture and their role within it. It's a good way of generating cash too!

The other items on the Platform for Action agenda are: Health, Violence Against Women, Women and Armed Conflict, Women and the Economy, Women in Power & Decision-Making, Institutional Mechanisms for the Advancement of Women and Human Rights of Women and the Girl Child.

These are either already incorporated in the Programme or can be explored through links with local experts, or by building on existing section programmes drawing on help that is available from other national organisations.

Merely by existing, The Guide Association is fulfilling a strategic objective of the Platform for Action mandate — that each girl is given the opportunity to develop to her fullest potential.

All the participants have pledged to meet at Our Chalet in 2002. By then, the Building World Citizenship initiative will be part of our Guiding, and we hope many of our resolutions will have become reality — through linking, building and mobilising within and beyond our Guide Association. ♡

● Look out in June for some ideas for games without winners that Mary and Cheryl were taught at the seminar by a representative of Amnesty International.



# Brenda McDermott

from Barnes, south west London

When visitors to CHQ climb the stairs to the first floor and see me sitting behind the reception counter in my uniform with my sergeant's stripes, some probably wonder just what kind of a Guide leader I am.

Others may take me for a police officer, which is what I used to be. But they need have no fear. As a member of the Corps of Commissionaires, I never arrest anyone these days!

I joined Gateshead Borough Police Force soon after my 20th birthday, back in the Sixties.

Born and bred in Newcastle, on the other side of the Tyne, I am a true Geordie and have been a dedicated supporter of Newcastle United since I was a schoolgirl.

I was a Brownie and a Guide and my five daughters followed my example, but in South London. As a Guide, I used to help with a Guide Company.

On finishing school, I started work at the Co-operative Wholesale Society's head office in Newcastle. Those were the days when the great Co-op movement was still flourishing everywhere.

In 1955 the CWS traffic department, which controlled the delivery fleet, moved out of the city centre to new premises at Byker. I went there to become the department's receptionist for five years.

Then I trained to become a policewoman at Gateshead. There were only six of us under a female sergeant. We did point duty, court work, went on the beat... exactly the same job as the men — but for less pay! I can't recall how many arrests I made in my four years as a WPC, but it was quite a few.

There wasn't much open sexism, but it was lurking in the background and you had to prove yourself. Nevertheless, I thoroughly enjoyed the work, although some of it was sad, especially when cruelty and the neglect of children were involved.

In one case I shall never forget, five little boys — all with a chest



DAVID SATCHEL

complaint — were left virtually without food or drink in a filthy, unheated house in bitterly cold weather. Both parents were sent to prison for six months.

The drug scene was just starting then and we worked with Social Services on a scheme aimed at juveniles. It wasn't very successful. Today, of course, the problem is far worse — as it is everywhere.

I was in the CID when I left the force to get married and move to London with my husband. I intended to re-enlist in the Metropolitan force, but before I could do so my first child was on the way.

All my daughters went to the same primary school in Barnes and I became Vice-chairman of the governors, a job I did for seven years after three years as a governor.

I played the piano for the school choir and sometimes stood in for the music teacher. I was also roped in to serve on the Friends' committee of

the local hospital. Life was more hectic than it was in the police!

But that wasn't all. For seven years I was Vice-chairman of the Public Service and Magistrates' Committee of the National Council of Women.

With my daughters off my hands, I returned to full-time work as a receptionist but was twice made redundant. Then I met someone I knew who was in the Corps of Commissionaires. "Why don't you apply?" he asked. So I did, got a job immediately and, well, here I am.

When I'm not "receptioneering" I'm back with my old love — Newcastle United. I'm secretary of the London Supporters' Club. We go "all over" and we've been known to test the local brews after an away match. Especially if we've won.

So, if you're visiting CHQ and happen to be a NU fan, don't forget to introduce yourself. ♡

A former  
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# early birds



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