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July 1998 £1.25

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Uncensored update

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KEEPING IN TOUCH

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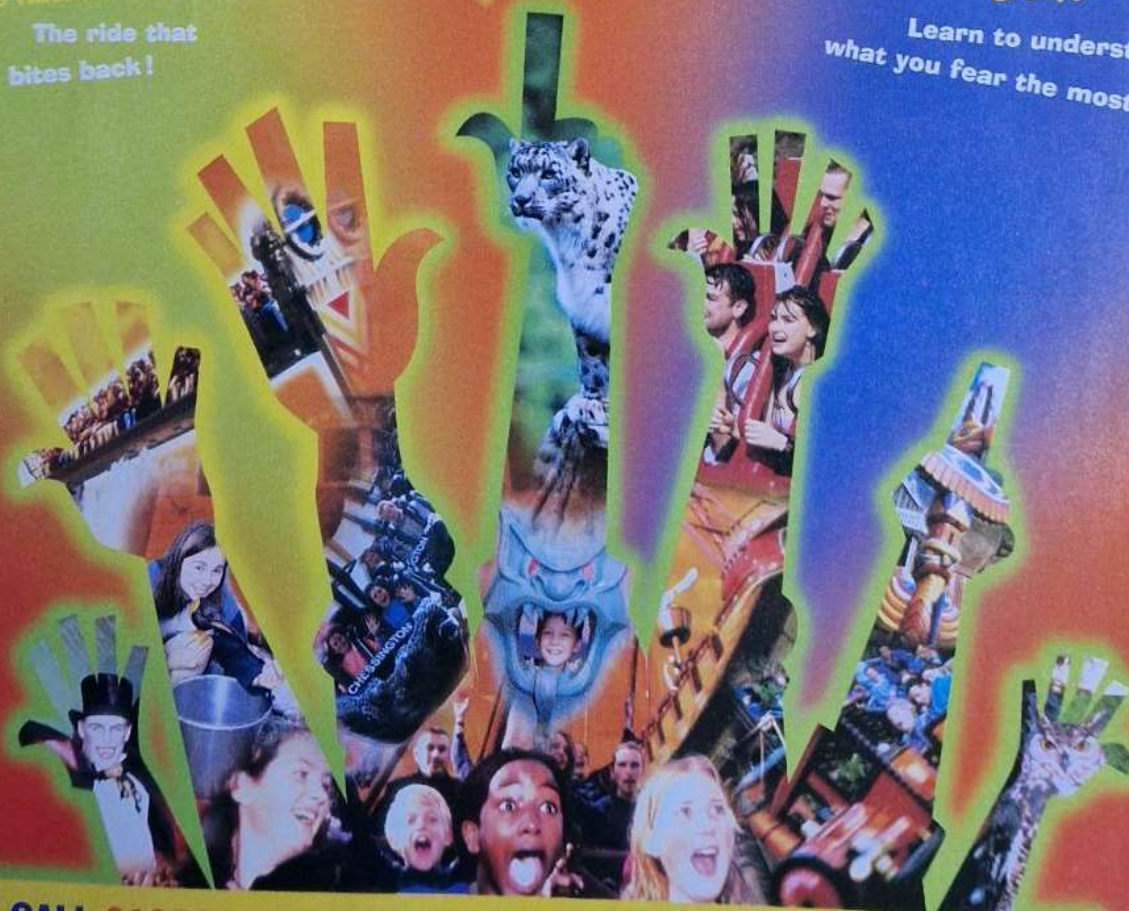


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comment



From the very beginning of our Guiding careers, even as five-year-old Rainbows, we are made aware of our Guiding history.

We are told all about Lord and Lady Baden-Powell, and how Guiding started. We are reminded

of them each year on their joint birthdays, February 22 — Thinking Day.

As we grow up in the Movement, we should begin to appreciate more and more what we owe to our Founder and those early pioneers of Scouting and Guiding.

Their enlightened outlook and breadth of vision built up what is now our heritage. Changes down the years in uniform, badges, regulations, the wording of the Law and Promise have all contributed to the rich pattern of our Guiding past.

It is as important in Guiding, as it is in society, to be aware of our history. What has happened in the past has affected what is happening now. Just as our present actions, and the choices we make, will affect what happens in the future.

Understanding our heritage is vital for our understanding of the present, and for helping us make wise decisions for the future.

It is important, therefore, that we should interpret that heritage clearly, and make it available to all our members.

The Guide Heritage Centre was designed to help members explore the opportunities that have been created by The Guide Association throughout the 20th Century, and guide them forward to the 21st Century, through the mediums of exciting and educational displays, and games and activities where the accent is firmly on fun.

We are proud that the success of this aim has been recognised by the Society for the Interpretation of British Heritage, which gave the Centre a Commendation in its recent list of awards (see June's issue of *GUIDING*).

The Guide Association possesses in the Heritage Centre a most valuable and prestigious asset, which is there for all to enjoy. Come and see it for yourself!

Paula Hewitt

Chairman, Heritage Centre
Management Committee



Heritage
Centre

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front cover

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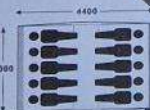
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A site for sore eyes

Hundreds of girls and leaders from all sections of the Movement walked a sponsored mile last year to raise funds for the Macmillan Day Care Centre being built at Trafford General Hospital in Greater Manchester West.

Now a cheque for the £11,865 the walkers raised has been presented to fund organisers at a ceremony held on the building site.

PAULINE WAINWRIGHT

Tilley teamwork

Somerset recently said a special thank you to husband and wife Derek and Janet Tilley for their teamwork and involvement in Scouting and Guiding. County Commissioner Margaret Maltby – pictured here with the couple – presented Janet with a Good Service badge and Derek with a Thanks badge.

Involved with both associations for most of their lives, Derek and Janet have served Taunton Guiding and Scouting as Division Commissioner, Scout Fellowship member, Senior Section sailing instructor, and Technical Director of the Taunton Scout and Guide Gang Show, to which both are fully committed, since moving from the North East in 1987.



BRENDA BICKERTON



ROTHERHAM ADVERTISE

Sticky situation

Who's for a lucky lollipop stick? These Brownies from the 19th Rotherham Pack in South Yorkshire did well running a lolly-stick game at a recent 'Eat up, help out' event. Their efforts helped raise £217 for Christian Aid.

Five have fun

These five Parkwood Brownies had a great time checking out toys and equipment at Huddersfield's Ellerslie Centre for pre-school children with special needs.

The Brownies staged a concert in aid of the Centre, and were invited to look around before deciding how they wanted their £120 donation spent.



THE HUDDERSFIELD DAILY EXAMINER

in brief

Proof of the pudding...

Remember the Guides from Romsey, Hampshire, who produced and sold a Celebrity Cook Book in aid of Save the Children? We featured their efforts in October, 1995.

Here are some of the contributors presenting a cheque for £520 to Romsey Town Mayor, Councillor Sandra Gidley, who is also honorary President of the Romsey branch of Save the Children.



PAULINE HOOPER

CHESTER CHRONICLE



Hoopla!

Guides and Rangers from Upton, near Chester, put themselves through hoops to raise money for their headquarters in Caughall Road, where £5,000 is needed to rebuild a wall.

The fund – which stood at £2,000 – was swelled by £400 raised at a Guide Fun Day, where members from all sections ran stalls and lots of fun competitions.

Remember when?

When 1st Rustington Guide Company celebrated its 75th anniversary, it did so in style, with demonstrations of Guide activities, displays of unit history and a special church service at which two new flags were dedicated.

Guest of honour at the celebrations was 85-year-old Betty Hovell, seen here cutting the splendid anniversary cake.

Back in 1922, Betty was the Company's very first Guide and is thought to be the only survivor from those early years.



JAMES CLEVELT

snippets

LOOKING TO THE FUTURE Four trees have been added to Foxburrow Farm, Melton, Suffolk, a nature reserve and education centre by the efforts of 2nd Kirton Brownies. The girls enjoy pond dipping and mini-beast hunting at the farm. The Brownies planted their own trees and also some donated by other people. **FARM AFRICA** Brownies of the 1st Monkton Pack, Taunton, Somerset, raised £70 to buy two goats and some orange tree seedlings for FARM – Africa's Food and Agriculture Research Management. The goats are specially bred to withstand severe drought conditions. **A TENNER A MINUTE** It took only 50 minutes for 1st Dunecht Guides to swim a collective 18,425 metres at Westhill Pool. The Aberdeenshire lassies raised £496.97 for the National Asthma Campaign. **CINDERELLA GOES TO CAMP** Well, she almost did! Oxhey District, South West Hertfordshire, received £111 for its camp fund from the proceeds of two performances of *Cinderella* by 7th Oxhey (Methodist) Guides. The remaining £50 went to swell unit funds. **HERE'S ONE I MADE EARLIER** 2nd Sutton Guides, from Cheshire Forest County, built wind indicators and models relating to events in aeronautical history following a visit to the Air Support Unit of Cheshire Constabulary. Officers showed them around the aircraft, as well as explaining flying manoeuvres and how the surveillance equipment works – on terra firma, of course. **DO IT YOURSELF** Angela Carter, of Longford, Coventry, was disappointed to find there was no local Rainbow Unit that her daughter could join. So she contacted The Guide Association, enlisted her mother's help, took advice and training and opened a Unit herself. After just a few months, 21st City of Coventry Rainbows now has a waiting list. **MAKING IT COUNT** Rachel Garwood and Debbie Crump of Southwark Senior Section recently received Making It Count certificates and Georgeanna Kawaley and Claire Beedell, also of Southwark, gained their Chief Guide Challenge certificates and badges. **SUPER SWIMMERS** Teams of Guides and Young Leaders from Stoneleigh, Surrey, completed the full 500 metres of the BT Swimathon and raised £250 for Marie Curie Cancer Care. **ROSIE IN BLOOM** Rosie Thompson, aged 12, of 1st Westonbirt Guides, Gloucestershire, entered an art competition run by Britain in Bloom. Her work was highly commended, so the Mayor of Tetbury presented Rosie with a book token and her competition certificate, that had been framed specially for her by Tetbury Chamber of Commerce. **UK MEMORIES** Guides, Young Leaders and Guiders from Episkopi Garrison, Cyprus, attended a BGIFC camp at Foxlease. Intensive fundraising took place to provide the £2,500 needed to pay for the trip, so the delegates thanked their supporters by putting on a special presentation about their experiences in Britain. **PET POTATOES PULL PRIZES** At a pet show with a difference, Lincolnshire Guides and leaders raised £30 for Action Research and £10 for the PDSA in a fascinating variety of classes. They included domestic pets, a jar of frogs, teddy bears and pet potatoes. Prizes were also awarded for categories including oldest, youngest, cuddliest, prettiest shyest, cutest, funniest, neatest, biggest and smallest. ■

natural stimulants

Keith Hellawell, the UK Anti-Drugs Coordinator, has praised The Guide Association for its 'sterling work' in providing girls and young women with leisure-time 'stimulating and challenging activities'.

Speaking exclusively to *GUIDING* after launching an exhibition of teenage art and writings, Mr Hellawell explained that drug education was not just about giving young people the facts on the risks of drug taking. It was, he said, 'about raising their personal awareness and self-esteem'.

He continued: 'Being a member of a club can contribute dramatically to building such self-confidence, and I'd like to congratulate The Guide Association and all its staff for the sterling work they do providing girls and young women with stimulating and challenging activities.'

He went on to explain that his job had taken him on an extensive tour of the UK, and he had seen for himself how 'drugs permeate every sector' of society. 'An individual's environment, financial situation or intelligence prove no barrier to the dangers they can pose,' he added.

It is the duty of concerned adults, he pointed out, to be acquainted with the facts and to be there for young people, offering positive advice to enable them to make informed decisions.

'We should all be aware that our young people, no matter how lively or close to us, are vulnerable to external influences,' he warned.

Earlier he had told the young people whose work was on show at the ICA Gallery in London that 'joining a club, having an interesting hobby or taking part in sports activities helps to build a young person's confidence'.

His audience were the prize-winners in a national competition organised as part of the Health Education Authority's (HEA) drugs education campaign.

The competition, called The Leisure Zone and supported by the

National Youth Agency (NYA), encouraged teenagers to write about – or to illustrate – their favourite spare-time activity.

Prizewinning work was used to illustrate a limited edition, ultra-trendy telephone/address book. They also received sports vouchers.

Jemma Lawton, aged 14, the overall winner, was presented with a £500, state-of-the-art camera for her picture of ballooning. Jemma, from Ashton-on-Mersey, said she'd enjoyed being a Brownie but had been forced to give up Guides because she had too much homework to cope with. Although she enjoys art, she is also a keen dancer.

One of the runners-up, 14-year-old Katie Dicken, had also loved her time as a Brownie – she was a member of the 1st Blackfordby Pack in Leicestershire. 'But there was no Guide unit for me to move up to, so I joined the Scouts instead,' Katie said.

Her poem – *Scouts* – explained: 'Girls are now allowed in Scouts. Dispelling many of those hidden doubts... More young people should give it a try. Your street cred plummets! What a lie...'

She is hoping to continue in the Movement as a Venture Scout.

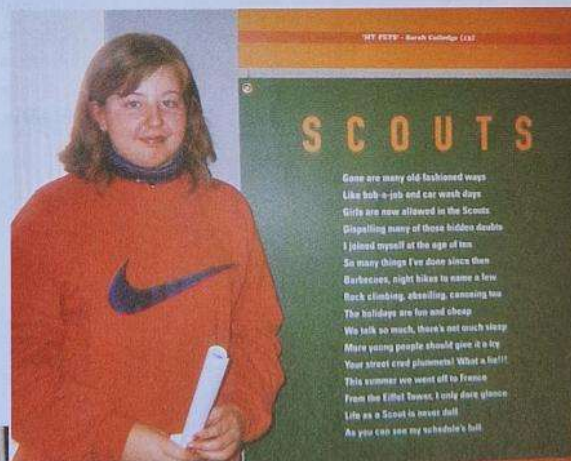
It was Kate Howarth's mum who spotted the competition in *The Guardian* and suggested 14-year-old Kate should enter.

Kate, a member of the Orchid Patrol with the 1st Westonbirt Guides, from Malmesbury, Wiltshire, chose bell ringing as the subject of her collage – a hobby her dad introduced her to.

A keen swimmer, Kate wasn't sure how she would spend her £50-worth of sports vouchers. She is currently working towards her Baden-Powell Award.

All caring adults have a part to play in the fight against drugs

By Nora Warner



Rhyme and reason:
Former Brownie Katie
Dicken's poem
explains why she likes
going to Scouts



**Well done! Guide
Kate Howarth
receives her prize
from Keith Hellawell**

seeing is be

**Step in and see
was a policy
that paid off
for one Guide
County — it
could work
for you**

Words and photos by
Liz Duffey

Birmingham, like many other large towns and cities, has had its fair share of problems when it comes to recruiting and keeping both Guides and adult leaders. As part of an ongoing attempt to raise its Guiding profile, the County is embarking on an ambitious new campaign aimed at recruiting 10 to 55 year-olds. GUIDING went along to see their efforts in action.

It all began last year when representatives from all Midlands Region's Counties attended a training weekend at Foxlease aimed at 'Going for Growth'. During the weekend, County teams were invited to come up with a plan to encourage growth in their own areas and to combat the decline in numbers. Having suffered from a 15 per cent drop in Guide-age members over the last two years,

Birmingham County decided that urgent action must be taken.

A core team – including County Commissioner Diane Bayley and Community Involvement and Development (CID) Adviser Tina Pickering – decided that the best way to encourage new Guides and Guiders would be to showcase the Guiding that was already going on in the County.

Diane explained 'I am wary of the "sinking ship" theory of recruitment — crying that "this unit will close without your help". We decided to show the public how great Guiding is, and how much others can get out of it.'

The team chose a split-site Open Day as being the best way to show off local Guiding. So, one morning in early spring, Brownies, Guides and Young Leaders from Smallheath Division, along with their Guiders, met at a community sports centre to show the local girls and grown-ups just what they were missing.

Some of the existing members spent the morning demonstrating various activities and playing games. The girls also learned a few new songs and took part in an energetic African action song.

Ten local girls were tempted to come and see what was going on. Joining in straight away with the rest of the girls, 13-year-old Gemma said that she hadn't really known what Guiding was all about, but now she couldn't wait to join her local unit.

Her younger sister, Donna, was also excited about the prospect of becoming a Guide. She said that she hadn't known Guiding could be so much fun.

The activities on offer were designed to encourage teamwork and interaction. Making God's Eyes and Mother's Day cards were just two of the crafts that the girls obviously enjoyed.

In the afternoon, on the other side of Birmingham, Ladywood and Edgbaston Divisions clubbed together to treat local girls to a camping display and hot dogs cooked over an open fire in a school playing field.

Some of the potential Brownies and Guides could hardly contain their excitement at being able to try life under canvas for the first time. Even the seasoned campers seemed to enjoy the chance of introducing others to the joys of camping.

Existing Guides and enthusiastic new recruits made earrings for Mother's Day gifts and joined in happily with drama workshops and a tai chi demonstration.

One Brownie, who was celebrating her birthday that day, brought all her party guests – Brownies and non-Brownies alike – to the afternoon's sessions before going on to her party.

Both sessions were a great success. Over the following weeks, local District and Division Commissioners arranged to keep in touch with those girls and women who had expressed an interest in Guiding.

Tina Pickering explained that the open days were a practical way of getting Guiding out into the public's consciousness. She accepted that there hadn't been a huge response on the day but felt the 'ripple' effect would mean that the Guiding message would spread even further through the community.

'Even if the days only generate four new Guides and two new leaders, that's six members we wouldn't otherwise have had. In this way, whatever happens, it will have been a success,' she said.

The open days were funded in part by a grant from Birmingham's Police Community Initiative Fund. The committee recognises the way in which the Guide Movement

Campaign veterans: Tina Pickering (near right) and Diane Bayley take a well-earned break



Contour culture: Learning how to construct pictures with pins and string using map references



ieving

encourages good citizenship through its young members being taught how to become responsible, caring individuals. Grants were also made by the Lord Mayor of Birmingham's Investing in Young People Fund and Barclays Bank.

The generosity of other organisations already has had a positive effect on the image of Guiding in Birmingham. The National Exhibition Centre (NEC) in Birmingham has provided the Guides with a publicity and recruitment stand at several exhibitions – free of charge – over the last year.

Also, the Guides made such an impression while running the crèches at various events at the NEC that they have been asked to continue – thus guaranteeing further good publicity.

The publicity for the open days was provided free of charge by the local papers. This meant that the community was aware of the open days well in advance.

This open day was the first of three to be held around the County to generate interest in Guiding in inner-city Birmingham, where it was felt that it was most needed. Some Guide units are down to just two members but the organisers believe that the open days will help to boost membership.

So, in just one year, the County's action plan will have been implemented and looks like being a great success. Of course, the open days are not about aggressive recruitment – rather they are a demonstration of what Guiding has to offer girls and women of all ages.

Birmingham is confident that, by the end of the year, it will have halted the overall decline in its membership and increased the number of Guide-age girls.



Mums' girls: Two young visitors create some snazzy earrings for Mother's Day

Spreading the word: Four girls who already know Guiding is great

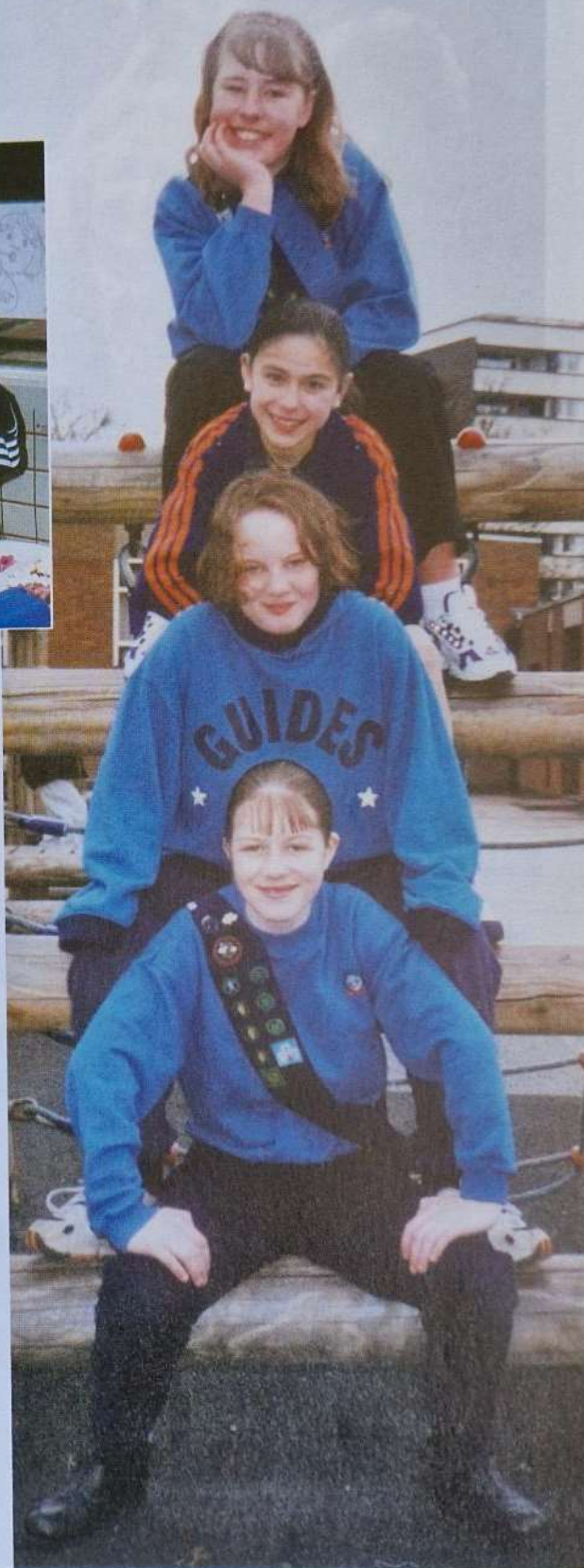
Some of the Young Leaders at the morning session spoke of their feelings about the image of Guiding.

While they didn't deny their involvement with Guiding to their peers, they didn't advertise it either. They explained that their school-friends don't all understand what Guiding is all about.

The open days could change all that as they attract interest through the activities on offer. 'Is this really what Guides do?' was a frequent comment from visitors who were clearly impressed – if surprised.

In spite of some initial concern over turnout on the day, organisers needn't have worried. At a recent Executive meeting, it was reported that there had been a 100 per cent take-up rate.

All the visitors – both girls and adults – were so impressed by all that Guiding has to offer that they have now joined. So Birmingham's recruitment drive certainly got off to a good start. ■



eastern

Friendships made
through Guiding
endure, bridging
continents and
defying
ideologies

By Gillian Ellis

Though Guiding officially came to a halt in Czechoslovakia for several years, there were some links which were never broken.

One was the close friendship of Rhona Anderson from Houghton Regis, Bedfordshire and Miloslava Cachová from Karlovy Vary, Czechoslovakia, who continued a correspondence started in 1946. That was when Rhona applied to the Post Box Secretary for not one but four penfriends. Such an idea would intimidate most people. But not Rhona.

'I've always loved writing letters,' she explained when *GUIDING* visited her home. 'It all started when I was five. My mother suggested I write to my father who was serving in the Royal Navy. I remember that first letter, which read: "Dear Dad, I hope you are all right. Please come home soon".'

Rhona exchanged letters regularly with her father until he left the Navy. During the Second World War, she also wrote to her brother while he was on active service in Burma, and to two young soldiers from her village.

It was at that time that Rhona's life-long commitment to Guiding began. She joined Sundon Village Company in 1940 and, in her early teens, started the 1st Sundon Brownie Pack, which is still going strong.

Hooked on Guiding, Rhona has been a Brownie and a Guide Guider, — the latter for 35 years; District and Division Commissioner; Division and County Camp Adviser; and Outdoor Activities Adviser. She is currently Division Treasurer, Badge Secretary and Depot organiser, as well as being an active member of her local Trefoil Guild.



Borrowed plumage: Rhona Anderson (left) had to borrow camp clothes in South Bohemia but Vlasta Macková, then the Czech Chief Guide, was just pleased to meet her

Our friend from the east: Miloslava Cachová (third from right) has been corresponding with Rhona Anderson since 1946



Welcome guests: Vlasta and Rhona get to know some of the young people enthusiastically rebuilding Guiding and Scouting



correspondent

After the war, with all Rhona's correspondents safely back home, she asked for Guiding penfriends from north, south, east and west, — specifying Finland, South Africa, Czechoslovakia and the USA.

Rhona wrote faithfully to all four until, for various reasons, three of the contacts ceased. The USA correspondence lasted six months and the Finnish one 18 months. The southern friendship continued for many years until the death of her South African friend. However, the Czech contact flourished.

'In spite of very difficult times in Czechoslovakia, Mila and I have always kept in touch,' said Rhona. 'I'm full of admiration for the Czech determination to carry on Guiding, often behind closed doors.' Like Rhona, Mila is now an active member of her local Trefoil Guild.

Scouting and Guiding in Czechoslovakia were prohibited in 1940 and all their property seized and handed over to the Nazi youth organisation. Forced underground, Scouts and Guides continued to meet in each others' homes until their country was liberated.

Uniforms swiftly reappeared and units were reborn. Sadly, this freedom was short-lived. Guiding and Scouting were banned once more in 1950. In 1968 the organisation resurfaced and enjoyed two persecution-free years before the Movement was banned and its possessions taken over by the Communist youth organisation.

But nothing could wipe out Rhona and Miloslava's friendship. After an eight-year correspondence, the penfriends met face to face in 1954, when Mila visited Rhona. On a later trip, in 1972, Mila stayed with Rhona and her husband for several months and even helped at Rhona's Guide unit, the 2nd Houghton Regis.

In 1989, after the 'Velvet Revolution,' Junák, the Association of Scouts and Guides of the Czech Republic, was allowed to function. Membership soared in spite of the practical difficulties of finding meeting places and resources.

'That's when I felt I could really help again,' said Rhona. 'Back in 1968, Mila had sent me a desperate plea for Guiding equipment and information. They had absolutely nothing to work with, so I sent books, charts, posters, handbooks and other supplies for both Guides and Scouts. That began again in 1989. I still send or take as much material as possible.' Take?

'Oh, yes,' continued Rhona. 'I've been to Czechoslovakia several times. My first visit was in 1968, when I stayed with Mila in Karlovy Vary, a spa town about two hours from Prague. On my 1990 trip, I camped at Malonty, in South Bohemia, with the Czech Guides and Scouts.

'I hadn't expected to camp, but they insisted, so I spent two days living in tepees and wearing borrowed clothes. Vlasta Mackova, then Czech Chief Guide, travelled from Prague to visit me at the camp, and brought with her photographs taken at the Singapore World Conference.

'It was wonderful to hear how enthusiastically she'd been received there and how she had felt coming away from the Conference with the knowledge that her country had been readmitted to WAGGGS, as an Associate Member.'

Among other special friends Rhona has made through her letters and visits is Jirina Setkova, from Prague, who acts as interpreter when necessary. Jirina spent a month as Rhona's guest in 1990.

In 1993, the country split into the Czech Republic and Slovenia, both of whom now have full

membership of WAGGGS. Rhona's contact with the Czech Association has never wavered.

'In early 1996, I received exciting news,' she explained. 'The Czech Republic Guides had awarded me a diploma and their Gold Lily Award for my services to Czech Guiding. The Lily Award, established in 1990, has three levels — bronze, silver and gold.

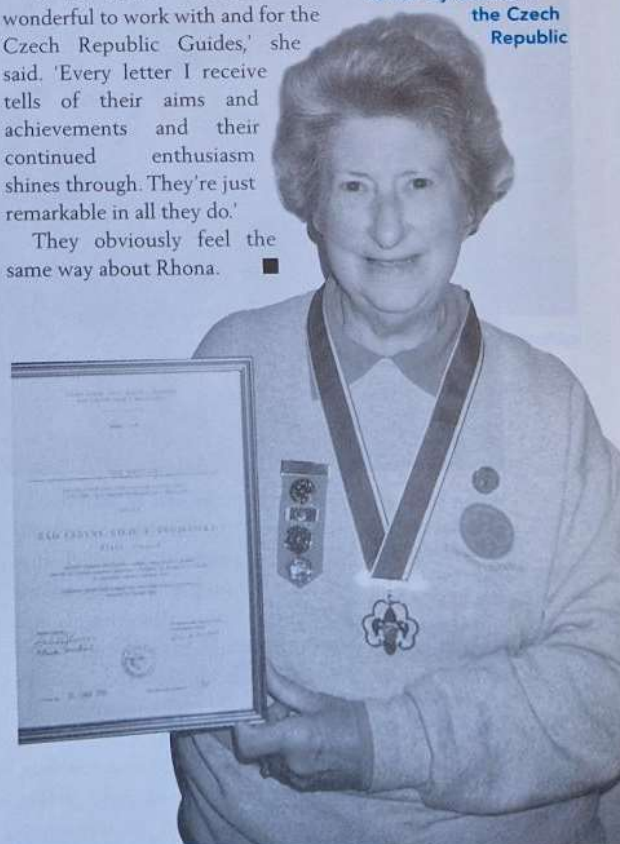
'I was thrilled to attend a Commissioners' and Trainers' Conference at Litomerice that October, to receive the award from Vlasta herself. During my stay, I visited a delightful Brownie Pack in Stara Boleslav and also the Prague Guides who I'd met at the 1990 Malonty camp.'

Rhona's admiration for her Czech friends knows no bounds.

'It has been — and still is — wonderful to work with and for the Czech Republic Guides,' she said. 'Every letter I receive tells of their aims and achievements and their continued enthusiasm shines through. They're just remarkable in all they do.'

They obviously feel the same way about Rhona. ■

Say it with flowers:
Rhona Anderson
proudly wears the
Gold Lily presented
to her by Guides in
the Czech
Republic



pets in practice

**Gran's budgie,
next door's
moggie, your
hamster... and
the sixth
clause of the
Guide Law**

By Catherine Dell

Tradition says we're a nation of animal lovers. The facts suggest otherwise. Recent statistics from the RSPCA show an alarming increase in cruelty to animals with a 16 per cent rise in convictions during 1997. Focusing specifically on cats and dogs, the situation is even worse — convictions rocketed by 23 per cent.

A MORI survey into stray dogs, commissioned by the National Canine Defence League (NCDL), reveals a similar situation. The number of strays taken in by local authorities across the UK during a 12-month period was 13 per cent up on the previous year.

In the sad scenario of escalating abuse and neglect, the most common victims are, believe it or not, pets — animals that people have

As part of his commentary on the latest figures issued on animal cruelty, the RSPCA's Chief Inspector said: 'Looking after an animal involves care, cost and commitment. People shouldn't take on pets if these essential requirements cannot be met'.

Each of these three essentials covers a variety of issues — all vital to a pet's health and happiness. For example:

● **Care** — Responsible pet care begins with choosing the right type of pet. One that matches your own lifestyle, environment and temperament.

Is home a gardenless studio flat? Ideal for you, perhaps, but frustrating for an active dog which needs space to play and exercise. Or do you live alongside a major trunk road? Quick for commuting but a death trap for cats.

When it comes to choosing an animal, how you live your life is just as important as where. Are you out at work all day? Most pets like company, though in some cases — such as cats, budgies, rats and rabbits — you can solve the problem by having two. Animals also need a regular routine and shift work could interfere with it.

Do you go away at weekends? And what about holidays? Who will look after your pet? Do you hate exercise? If so, a daily dog walk of several miles isn't for you. And who else is at home? An elderly relative may find the insatiable curiosity of a kitten too disturbing. Is there a baby on the way? Will you have the physical and emotional energy to cope with two newcomers?

Whatever your circumstances,

will you have the time? All pets, from a goldfish to a Great Dane, require an investment of time. For feeding — and lots more besides. A dog, for example, needs exercise, play, grooming and, possibly, training.

Looking at other animals... long-haired cats require combing, canaries like to be talked to and ponies have to be mucked out — every day.

With young animals in particular, patience is another 'must'. Puppies and kittens are naturally full of fun and can easily get into mischief without realising it. In such circumstances they need your love and understanding — not an outburst of temper. Toilet training, too, can't be hurried and you must be tolerant of the occasional accident.

● **Cost** — Having a pet is never a cheap option. Keeping an average-sized dog, for example, costs about £700 a year. Could you afford it?

In addition to food — and the bigger the animal the more it eats — there will be other regular expenses according to the type of pet. Rabbits need bedding and cats kept indoors require litter. Caged birds like lots of toys — enough for several rotations a week — while some dogs have to have their coats trimmed.

Arranging holiday 'cover' — kennels, cattery, somebody coming in — could be another recurring cost. Finally, there will be vet's bills — for routine treatment such as injections, as well as for illness and accidents. Patching up puss after a fight might well cost £150; helping a dog deal with kidney failure, over £1,000.

● **Commitment** — A pet is for life... its entire life. With small, caged animals such as gerbils, this could be four years. Dogs, however, typically live for 13 to 15 years.



When Snowy, a star of TV's *Animal Hospital*, was rescued by the RSPCA she was severely underweight and her coat was so matted she couldn't see

chosen to make part of their lives.

Clearly the message of responsible pet ownership, which the various welfare organisations deliver year in, year out, is not getting through to everybody. Or, if it is, it's being ignored — with tragic consequences for too many of the country's pets, whether they are cats, dogs, canaries, rabbits, rats, goldfish, guinea pigs, gerbils, hamsters or budgies.

tice

Some cats live even longer, while goldfish are often still swimming around at the age of 25. If you know that you'll be going to work abroad in about ten years' time, and you want to get a pet, bear in mind the animal's lifespan.

Your commitment, a bit like the marriage vow, covers 'in sickness and in health, until death do us part'. Dealing with sickness could range from common procedures such as worming, flea treatments and clearing up mess after a bout of diarrhoea, to nursing the animal through a serious illness.

And then there's the geriatric stage. That adorable, bouncy puppy which matured into a fun-loving, family dog might, in old age, be hard of hearing, partially sighted, smelly and unsteady on his feet. But he is still dependent on, and deserving of, your love.

On a day-to-day basis, commitment means time and attention to your pet, not only for basics like providing food and water and cleaning out living quarters — but for all the responsibilities, including companionship, that come with a long-term relationship.

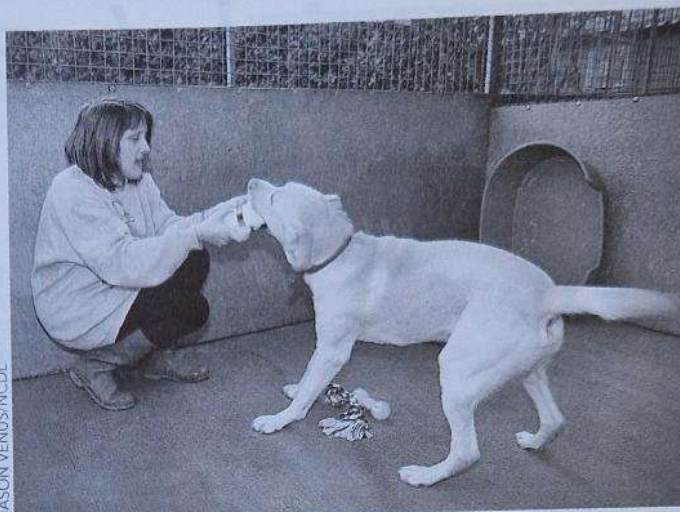
These are just some of the 'care, cost and commitment' factors that anyone who has a pet — and especially anyone who is thinking of getting one — must consider. Much more comprehensive information is available in specialist books and also in the various fact sheets and leaflets published by animal welfare organisations. A selection of addresses is given below.

As two households out of three in the UK have a pet, many of the girls in your unit will have hands-on experience of pet ownership and be aware — to a greater or lesser extent, according to their age — of the responsibilities that go with it. Even girls who don't have a pet at home are generally interested in

animals and will enjoy learning more about them.

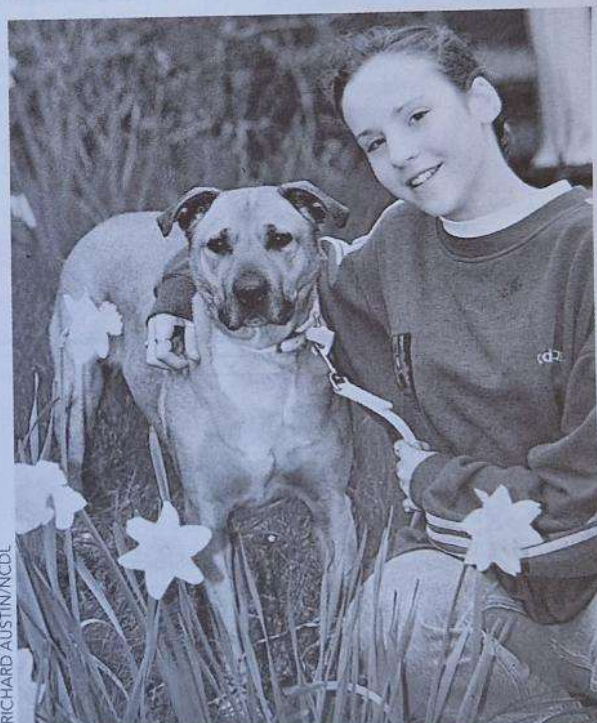
There are many different ways of putting pets on the unit agenda, such as organising a visit to an animal rescue centre or arranging for someone like a vet or animal welfare officer to come and talk to the girls. This might easily link in with work for the Friend to Animals badge or lead to a fundraising project for one of the animal charities. Older girls might be encouraged to take on voluntary work — like becoming a dog walker for the Blue Cross or helping kennel staff at a NCDL centre.

By raising awareness of what pet ownership involves, you will not only be promoting animal welfare but also showing that the sixth clause of the Guide Law has its domestic side. Alongside endangered species and British wildlife, 'respect for all living things' covers the four-legged, feathered and fishy friends that share our homes. ■



JASON VENUS/NCDL

A NCDL rescue dog at play



RICHARD AUSTIN/NCDL

Dogs are social animals and need companionship

Find out more

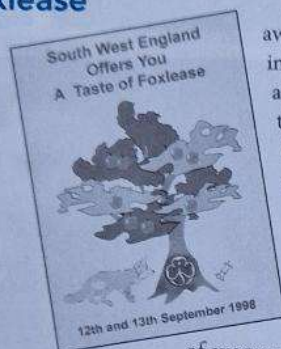
- **The Blue Cross (Customer Care)**, Shilton Road, Burford, Oxon OX18 4PF, publishes a guide to responsible pet ownership, as well as separate leaflets for cat and dog owners. Send an A5 sae.
- **The PDSA**, Whitechapel Way, Priorslee, Telford, Shropshire TF2 9PQ, produces a range of leaflets for pet owners. Specify the pet of your choice and send a large sae.
- **The NCDL**, 17 Wakley Street, London, EC1V 7LT, issues a series of fact sheets covering all aspects of

dog care. Send a sae for details. To arrange a talk, contact the League's Youth Education Department.

- **The RSPCA**, Causeway, Horsham, West Sussex RH12 1HG, has an extensive publications list. As a starting point, send a sae for *A pet of your own* (P96). Also, contact the Education Department (01403 223147) for details of the free Partners in Animal Welfare Scheme, which is now available for those adults working with young people outside of school hours.

'new girls' outing

Find out all about what being a Guider involves — and explore Foxlease



New Guiders are being offered a unique opportunity to become the VIPs at South West England's 'A Taste of Foxlease'.

This special weekend – September 12-13 – has been organised for new Guiders and new appointment holders. But Senior Section and Trefoil Guild members will also be welcome.

Its aim is to raise awareness of Guiding in the Region and to improve the quality of Guiding offered at unit level.

Organisers are on course to expand the knowledge and expertise

of everyone who takes part.

On offer there will be:

- An opportunity to meet the Chief Commissioner, Rosemary Dibben, on an informal basis.
- A chance to get to know the Region team of Advisers and to check out the support and help they can offer.
- Time allowed for visitors to join in craft, science and technology and water activities.
- Encouragement to try abseiling, pioneering and orienteering.
- Visitors will be able to pop in to both a Brownie and a Guide camp and to make the most of the chance to wander round Foxlease's magnificent grounds.

Admission costs only £2.50 per person and Yvonne Tew, the Committee Chairman and Event Coordinator, expects to attract 750-1,000 people each day. Anyone

travelling far can arrange to camp for an extra £1.60 per night.

There will be an all-day barbecue and teas will be served in the walled garden. Everyone will receive a badge and a goody bag.

Yvonne explained: 'We picked that particular weekend because South West Guiders have a training taking place in the house, and visitors will be able to see a training actually in action.'

'It's taken 12 months to plan but we believe we've created an opportunity South West Guides can't afford to miss out on.'

As admission is by ticket only, anyone who wants to attend should contact the Programme and Training Secretary at the Region office St Ann's Manor, 6-8 St Ann Street, Salisbury, Wiltshire SP1 2DN. Please include a sae.

Vacancy: Assistant Manager - Waddow Hall

The Assistant Manager will proactively organise and promote Adult Leader Training at the Centre in Clitheroe, Lancashire. She/he will liaise with Group organisers and trainers, prepare promotional material and communicate new initiatives throughout The Association. The job holder will have responsibility for the day to day running of the Centre and deputise for the Centre Manager when necessary.

The job requires detailed knowledge of Guiding training, methods and organisation, the ability to plan a Training and Leisure programme together with significant experience of marketing. Drive, commitment and strong interpersonal skills together with experience of people management are also required as is experience of long term planning and budgeting.

Salary: £15,141 - £19,593 p.a.

Closing date: 17 July 1998

For further details and an application form, please contact Personnel on 0171 592 1836.



THE GUIDE
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Charity No. 306016

talent scouts

Following the success of *In the Spotlight*, a Guide and Scout variety show staged at the Royal Albert hall in 1995, the Scout Association is planning a similar event to be held in London on October 9 1999 at a prestigious venue.

So that the director is able to choose the very best talent available, there is to be a series of regional auditions in early 1999. There will also be auditions for directed items for groups to be part of a troupe, with a maximum of 40 from any one show. This idea may appeal to Gang Shows and other groups.

The producer has already visited 20 shows looking out for individuals or items, but no decisions will be made until next spring.

If you are interested in

being part of the show, look out for the auditions that will be held at the following locations:

Regional auditions – 1999

- Edinburgh – January 9
- Tynemouth – January 23
- Sale – January 24
- Solihull – February 6
- Bristol – February 7
- London – February 27
- Brighton – February 28
- Cambridge – March 13
- Belfast – March 27

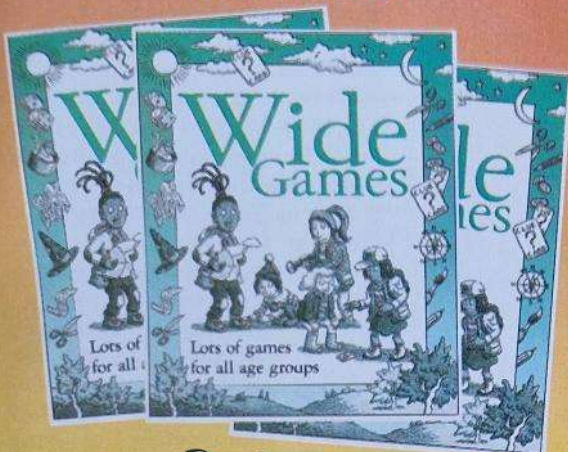
Directed Items auditions

- London – November 14-15, 1998
- Newcastle under Lyme – November 28-29, 1998
- Edinburgh – January 10 1999.

To obtain an application form contact the Spotlight Office at Gilwell Park, Bury Road, Chingford, London, E4 7QW.
(ukgilscout@aol.com).

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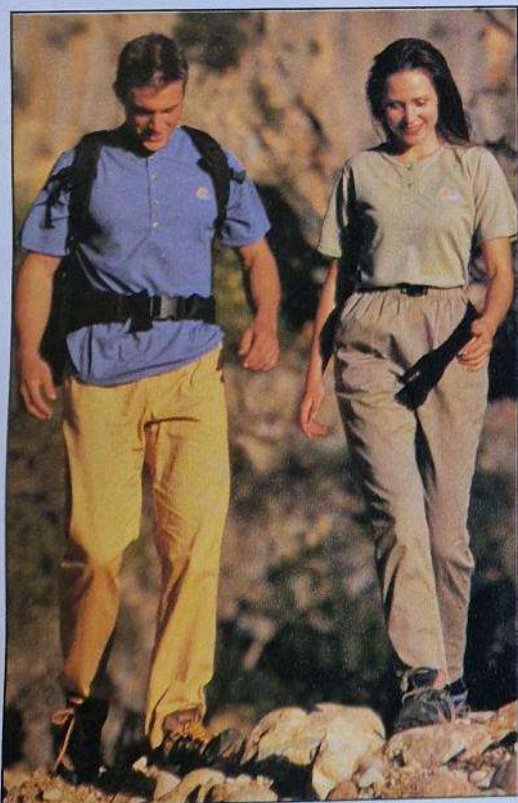
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The 1998 catalogue is available **FREE** to properly constituted groups, clubs, organisations etc. upon receipt of proof of status.

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Do you want to miss an opportunity to save money and kit out your group?

Field & Trek plc, the leading Outdoor Equipment and Clothing company, are proud to announce an innovative new range of products. Ideally suited to Guiding, (and the budget constraints you work to!), we have spent the past year talking to group leaders and taking your needs on board.

We can now offer a NEW Sleeping Bag with shoulder baffle and compression straps, perfect for Summer Camp, a new waterproof jacket and trouser set in a wide range of childrens and adults sizes and NEW ideas for helping save money and fund-raise!

Talk to Group Sales now on:
(telephone) **01277 263554**, or (fax) **01277 260789**,
between 9.00am and 5.30pm, Monday to Friday.

Treasure trove

The Victorians loved beadwork and now today's craftworkers can enjoy it too — in an exciting new version from Impex Creative Crafts.

Using a simple, half-cross stitch technique, Impex has created a range of beadwork cards in 12 colourful designs, including a purple butterfly, black cat, golden owl and a gleaming sunflower.

Available from most leading craftshops, each *Beaded Treasure* — contains materials, instructions and colour-themed card mount and costs around £6.95.

GUIDING has ten *Beaded Treasures*

kits to be won. All you have to do to enter the prize draw, is complete the puzzle and send your answer to GUIDING/ Beads at the address on the right.

Make a list of 25 words of three letters or more — no foreign words or proper names — out of 'beadwork'.



IMPEX CREATIVE CRAFTS LTD

A useful walking companion

To get the most out of a country walk, put a *Pathfinder Guide* in your pocket. Produced by Ordnance Survey in conjunction with Jarrolds, the series covers areas across Britain stretching from the Cairngorms to Cornwall, Kintyre to Kent.

Each guide features 28 walks plus detailed route instructions and comes with full-colour OS maps and photos.

The latest titles in the series, priced £8.95 each, are *Inverness, Loch Ness and the NE Highlands*; *Oban, Mull and Kintyre*; *North Wales, Snowdon and Offa's Dyke*; and *Shakespeare Country, the Vale of Evesham and the Cotswolds*.

We have a selection of these four guides — 12 books in total — to give away. To be in with a chance of winning one, answer the question below and send your entry to GUIDING/Walks at the address on the right.

Please state your preferred title and we'll do our best — but we cannot guarantee you'll get it.

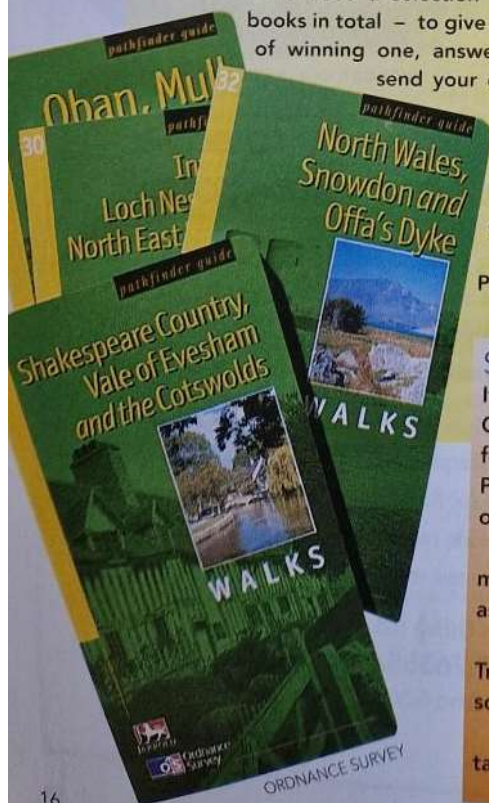
What scale is the OS Pathfinder map series?



The Fox 40, costing around £5.25, is now available in the UK — phone 0161 747 2074 for details of your nearest stockist.

But 24 lucky readers can get one free from GUIDING. To enter the prize draw, just answer the question below and send your solution to GUIDING/Fox 40 at the address on the right.

How would you signal SOS on a whistle?



Special souvenir

If you don't manage to see a World Cup match live, you can still qualify for an exclusive souvenir courtesy of GUIDING. The France '98 pen produced by Parker can be used to keep Guiding records just as well as football scores. Parker, of course, is part of Gillette, one of the tournament's eight sponsors.

The pen features Footix, the jolly cartoon character who is the official World Cup mascot, showing off his ball skills and is available as both a roller ball, at £5.99, and as a fountain pen costing £6.99.

We've got 20 packs — fountain pen, ink cartridges and pen tin — to give away. Try to score a winning entry by answering the question below and sending your solution to GUIDING/Footix at the address on the right.

In which Paris suburb is the new Stade de France, where the World Cup final takes place, located?



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Golden show

The Horse of the Year Show is celebrating 50 years of equestrian excellence with a dazzling new programme of world-class show-jumping, exciting displays and competitions.

In addition to two arena performances a day, there are special attractions and great shopping opportunities throughout the event. The Show is on at Wembley Arena from September 23-27.

As part of the Golden Jubilee celebrations there is a special discount of 20 per cent on selected ticket prices for readers of *GUIDING*, their units and families.

To find out more about this exclusive offer – which includes Wednesday's and Thursday's top-value Gold tickets – call the booking line on 0181 900 9282 and quote reference BGO.

Any phone will do

The Kidney Foundation – the UK's largest renal charity – has launched a phonecard with a difference.

With the 'kidney card', all you need is a phone – any phone. And there's no PIN to remember. Just enter the freephone access number shown on the card plus the card number and then make your call.

The phonecard costs £2. This covers five minutes telephone time – national daytime rate – and includes a £1 donation to the Kidney Foundation.

Cards can be recharged using a credit card.

If you want to buy a card look out for local promotions or telephone the Kidney Foundation direct on 01480 388888.

Trainsnapping

As part of Photo '98 – this year's nationwide celebration of photography – the National Railway Museum in York is staging a not-to-be-missed photo exhibition – a potted history on camera.

The display – *Worth a 1,000 Words* – features 120 images from the Museum's own collection. Beginning with the 1850s, many are on show for the first time.

But *Worth a 1,000 Words* is also a hands-on experience with a daily schedule of activities, games and challenges for all the family. The exhibition continues until January 15, 1999. For more details ring 01904 621261.

If you'd like to go courtesy of *GUIDING*, we've got five family tickets, each worth £14.50, to give away. For a chance to win one, answer our question and send your entry to *GUIDING/NRM* at the address below.

What was the name of the famous steam locomotive built in 1829 by R. Stephenson & Co?

Platform paperboy, c1904



NATIONAL RAILWAY MUSEUM

Answers on postcards please to: *GUIDING*, The Guide Association 17-19 Buckingham Palace Road, London SW1W 0PT by July 31.

ROCKWATCH

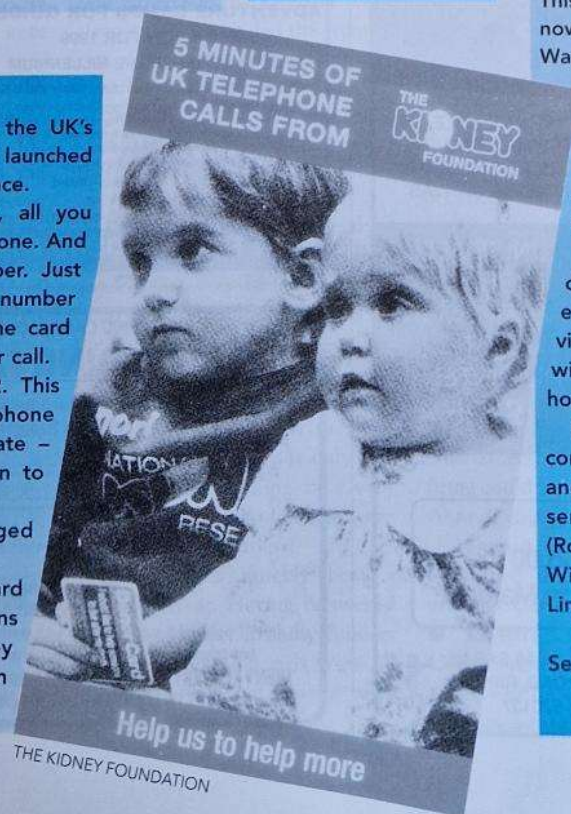
Calling all young geologists

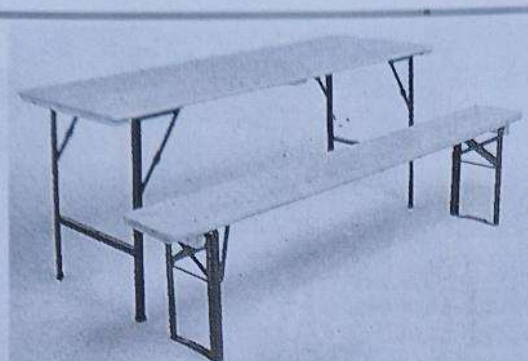
This year's Rockhound Challenge is now under way. Run by Wildlife Watch in partnership with the Geologist's Association, the competition has categories for the best rock reporters, rock artists and rockhounds in two separate age groups: under-12s and 12-18 years.

The six winners can each choose £100 worth of geological equipment, specimens, books, videos or art materials. The overall winner will also receive the Rockhound Challenge trophy.

For a special information leaflet containing full competition details and tips on preparing an entry, send an A4 sae to Rockwatch (Rockhound Challenge), The Green, Witham Park, Waterside South, Lincoln LN5 7JR.

The closing date for entries is September 30.





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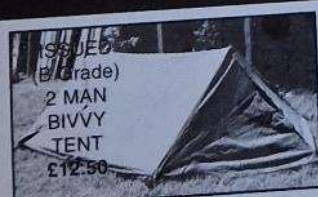
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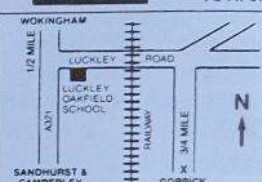


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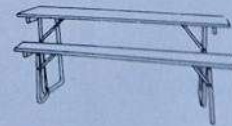
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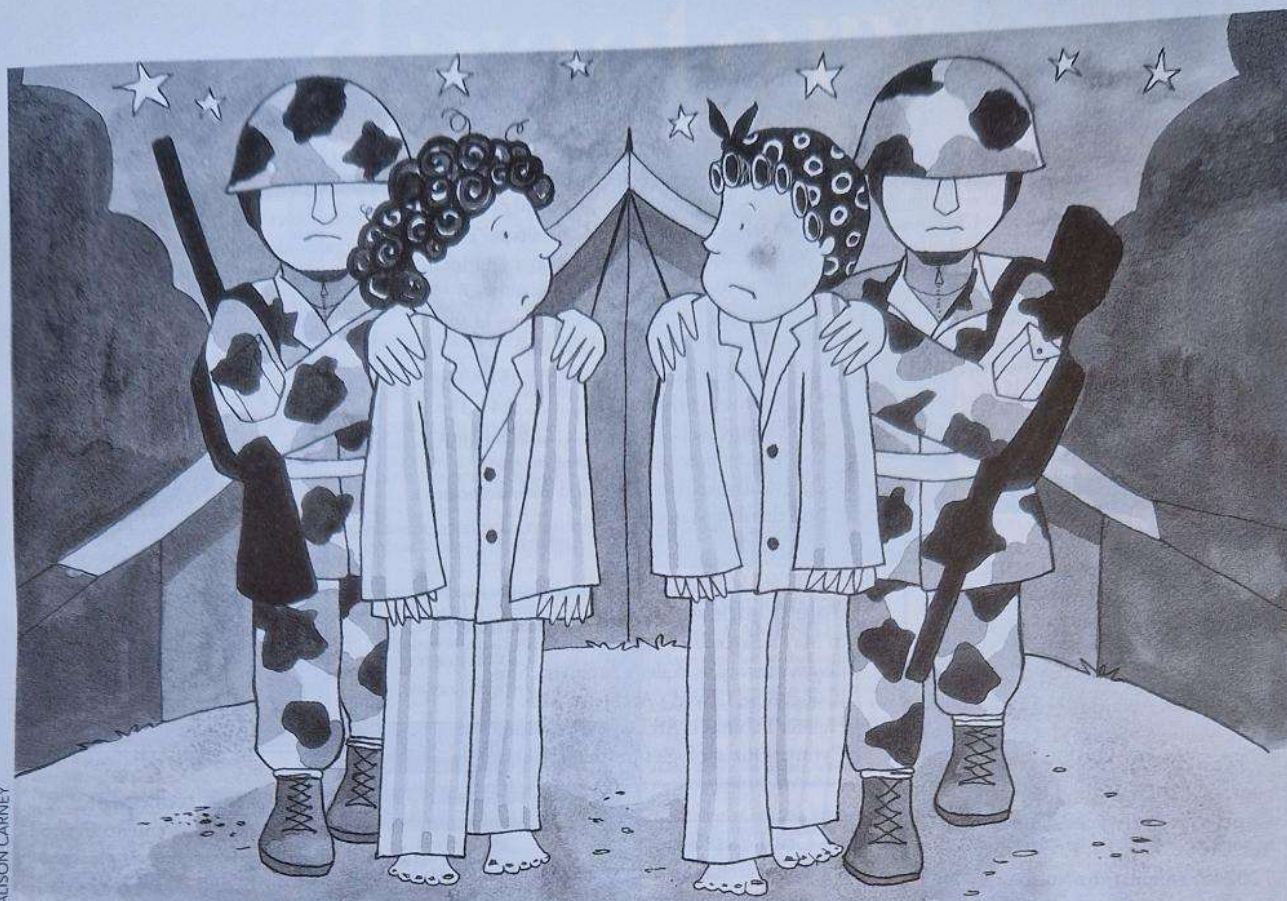
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I started my Guiding career in Malaysia when my daughter's Brownie unit was threatened with closure because Brown Owl was leaving. The whole Pack came to cry on my doorstep — and I gave in to the inevitable.

At the time, my husband, who was a physical training instructor in the Army, was serving with the Scots Guards. I continued in the Movement when he was posted to Germany. Once we were settled in, I became a District Commissioner.

We had a lovely camp site at Sennelager, near Paderborn. Even though it was on the edge of the ranges, where the army carried out manoeuvres, usually, all that could be heard was the occasional sound of distant gunfire.

One night, when there was an army exercise taking place, a Guide Company was staying at the camp site. The girls were safely tucked up and fast asleep, then, suddenly, a unit of soldiers — looking for 'enemy saboteurs' — came upon the slumbering camp.

Apparently the soldiers had been

warned that the 'saboteurs' would be up to all kinds of tricks in order to penetrate their lines.

So they swooped — into the tent in which the Guiders were sleeping! They hauled the women out of bed and, albeit with empty guns, herded them outside.

Since it was autumn and quite cold, the Guiders were wearing their husbands' army issue: blue-and-white-striped pyjamas.

This satorial splendour seemed all the confirmation the soldiers needed that they had found their quarry — although, according to the Army grapevine, most soldiers preferred to dispense with government-issue jimjams.

It slowly dawned on the red-faced attackers that, not only was the 'enemy' screaming in a very high octave, but two of them were actually wearing curlers!

The soldiers quickly beat a tactical retreat. Having recovered from their fright, the chilly Guiders discovered that the girls were all still fast asleep, not having been disturbed by the hullabaloo.

traveller's tales

As local District Commissioner the buck stopped with me and I fielded all complaints. On one occasion an infuriated Guider moaned that the sound of gunfire had kept her Guides awake the previous night. She asked me to ensure that there was no firing between 10pm and 6am.

I pointed out that it was a major NATO exercise and I didn't think it could be stopped. Unabashed, she announced that if firing could be stopped for Princess Anne, it could be stopped for her.

When it didn't stop, I fear she concluded that I was not a very effective Commissioner.

● Barbara, a former County Commissioner for North Yorkshire West, will be sharing more of her Guiding adventures next month.

Having been
'washed in' to
Guiding in
Malaysia, the
saga of the
itinerant
Guider
continues...

By Barbara Dixon

notices

Life guide

A guide to living with epilepsy, *Epilepsy and the Young Adult*, is available from EYA, 13 Cron-dace Road, London SW6 4BB. Tel/Fax 0171 736 0123.

It is dedicated to the memory of all those who have died suddenly from epilepsy and contains an A-Z of self-management, as well as a host of useful addresses.

High hopes

The Mountain Leader Training Board has recently published a new award and registration information leaflet that includes details of the Mountain Leader Award (summer) and the Single Pitch Award for Leading and Supervising Groups (SPA).

For a copy or copies of this leaflet, contact: MLTB, Siabod Cottage, Capel Curig, Gwynedd, LL24 0ET. Tel: 01690 720314. Fax: 01690 720248. e-mail: info@mltb.org Website: <http://www.mltb.org>

Counting trees

Brownies and Guides were among hundreds of young people who took part in Esso Treewatch surveys contained in the *Esso Treewatch Pack*, carried out in conjunction with Wildlife Watch.

A full colour report on the project is now available, just send a large sae to: Esso Treewatch Report, Wildlife Watch, The Green, Witham Park, Waterside South, Lincoln LN5 7JR.

It is still possible to make use of the *Esso Treewatch Pack*, even though the national analysis of the surveys has been done. Copies of the pack – usual cost £10 – are now available at a special rate of £2.50, which includes postage and packing.

To get hold of one send a cheque for £2.50, payable to RSNC, to:

Esso Treewatch,
PO Box 963,
Slough, SL2 3RS.

Esso Treewatch is part of the Esso Living Tree Campaign. If anyone is interested in growing trees from seed they should contact the campaign hotline on 0345 078139.

Short-term investment service

The monthly interest rate after deduction of management commission was:

February.....	6.273 per cent
March.....	6.300 per cent
April.....	6.106 per cent

An additional 0.5 per cent per annum is paid for deposits of £5,000 and above.

On April 30 the value of a share in the Scout and Guide Trust Fund was:

Selling price.....	515.31p
Purchase price.....	541.35p
Income yield.....	2.86 per cent

The income yield is based on the previous two dividends paid and the price on the date stated.

Role confusion

In May's *Executive News* we described Gwyn Harvey as Wales's Archivist. She is, of course, Clwyd's Archivist. Miss Helena Thomas is Archivist for Guides Cymru. Our apologies for the confusion.

Cool customers

The search is on for extraordinary under-16 year-olds. The British Red Cross is looking for some remarkable young people who have kept their cool in a crisis.

Nominations for the Care in Crisis awards can be submitted for any youngster, who has performed an extraordinary act during 1997 or 1998, until September 1.

Winners, plus their nominators, will spend a night at a top London hotel and attend a celebrity awards ceremony at the Langham Hilton.

Nomination forms are available from British Red Cross shops and branches across the UK or from Care in Crisis 1998, British Red Cross, FREEPOST, SW1X 7BR. Alternatively, telephone 0171 235 3298.

Association Awards

MERITORIOUS CONDUCT

STAR OF MERIT

Helen Widdowson

Guide

1st Brampton Unit, Derbyshire

GOOD SERVICE

LAUREL

Miss Pam Haswell

Region Arts Adviser, London and

South East England; County Arts

Adviser, Kent East; Division

Commissioner, Thanet North.

Mrs Margaret Hawthorn

County Commissioner

North Yorkshire North East.

Deserving cases

Since it began in 1981 the Whitbread Volunteer Action Awards scheme has honoured nearly 200 individual volunteers and volunteering organisations. Its aim is to reward unsung heroes and heroines – giving both them and their work 'greater credibility' in the process.

If you know someone – or a group of people – who deserve to be singled out for the voluntary work they do, now is the time to send in a nomination.

An official form can be obtained by contacting: The Whitbread Volunteer Action Awards, Freepost, LOL 1936, Luton, Bedfordshire LU1 3YR or by telephoning 01582 397759.

Nominations for the awards are accepted until the end of September and the winners are chosen during October and November.

Inspirational example

Outstanding achievements in good citizenship by young people aged between 11 and 20 are celebrated through the Philip Lawrence Awards (see A Personal View in April's *GUIDING*).

Philip Lawrence was the inspirational London secondary school head teacher, who was murdered outside the school gates in December 1995, while going to the aid of a pupil.

Backed by the Home Office, the organisers are particularly interested in projects that combat lawlessness and violence, or promote community safety or racial harmony – and encourage others to do so, too.

If you know someone – or a group – who deserves to be nominated, they will need a special form on which to do so.

To get hold of one, either write to: The Philip Lawrence Awards, Room 938, Home Office, 50 Queen Anne's Gate, London SW1H 9AT or phone 0171 273 2110 or fax 0171 273 3216.

Nominations close on September 16 so don't delay.

Good listening

Look out for details of the National Scout and Guide Orchestra summer concerts in next month's *GUIDING*.

official

directory

CAMPING AND HOLIDAYS

SOUTH OF ENGLAND

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30 acres of pasture and woodland. Indoor accommodation for 48, 24 and smaller groups. Open all year. Archery, shooting ranges, assault course, climbing, pioneering. Hot showers. Local 360-acre public woodlands, sports complex minutes away. Excellent site shop and woodpiles. DAILY ELKAN EMPTYING SERVICE. AND NIGHT SECURITY ROUNDS.
SAE for brochure: Kevin Wilson
The Warden, Belchamps, Holyoak Lane, Hawkwell, Essex. Tel/Fax: 01702 205081

HALLOWTREE SCOUT CAMP

Suffolk. 40 acres grassland, woodland. Resident Warden. Activity Centre - Abseiling, archery, shooting. Indoor accommodation. Contact The Warden. Hallowtree, Nacton, Ipswich IP10 0JP. Tel: 01473 714440.

Downe Scout Camp Site

Greater London South East

- * An 86-acre site on the North Downs - only 20km from London.
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- * Activities include: Archery, Climbing Tower, Forestry, Orienteering, Pioneering, Rifle Range, Swimming.

Details from:
The Warden,
Downe Scout Camp,
Birdhouse Lane,
DOWNE, Kent. BR6 7LJ
Telephone: 01959 572121
SAE Please.

Come to Tolmers 1998

A fortnight's worth of fun. Over 14 activities including Quad bikes on offer. Come with or without a leader. All this and more for £3.60 per day.

For more information contact:
Andy Lanham (Warden)
Tolmers Scout Camp & Activity Centre,
Tolmers Road, Cuffley, Herts EN6 4JS
Tel/Fax: 01707 872900



12c Lyndhurst Road
London, NW3 5PQ
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FAX LODGE Fax: 0171 431 3825
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Contact Pax Lodge for details of prices and session programmes.

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TWO TOILET BLOCKS BOTH WITH HOT WATER AND ONE WITH SHOWERS

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TOLMERS SCOUT CAMP,
TOLMERS ROAD, CUFFLEY,
HERTS, EN6 4JS
TEL/FAX 01707 872900

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* For further details, or to make a booking, please contact: Charlie Leggister at

Kingsdown International Scout Campsite,
The Avenue, Kingsdown,
Deal, Kent CT14 8DU
Tel: 01304 373713
Fax: 01304 375202

Camp on the Isle of Wight

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Wooded, 24 acres with individual sites + Pack Centre. Open May to November. Toilets. Showers. Pioneering equipment & Climbing/Abseil tower. Ideal for Canoeing. For details send large S.A.E. to:
A.J. McDine,
14 Cowes Road, NEWPORT, Isle of Wight
PO30 5TW. Tel: 01983 527385

Adventure Excitement Fun Challenges



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Indoor accommodation and woodland camping. Open 50 weeks. Set in 40 acres close to Oxford, the city of 'Dreaming Spires'. On-site Heated Swimming Pool, Archery, Climbing Tower, Rifles, Trails & Quizzes. Write, fax or phone for details.

Youlbury International Scout Camp Site
Boars Hill,
Oxford OX1 5HD
Tel: 01865 326264,
Fax: 01856 326070.

MIDLANDS & WALES

FAIRBOURNE ADVENTURE

Is registered with The Adventure Licensing Authority as licensed to provide specified activities under the following headings: Climbing, Caving, Trekking, Watersports. Licence details can be confirmed by calling the Licensing Authority 01222 755715. Further details, colour brochure and costs of Fairbourne Adventure: 64 Belgrave Road, Fairbourne, Gwynedd, LL38 2BQ Tel 01341 250613.

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125 acres of parkland, woodland and historical ruins adjoining 26 square miles of Cannock Chase. 20 miles to the north of Birmingham and within travelling distance of the city of Lichfield, county town of Stafford and the towns of Cannock and Rugeley.

Fully equipped indoor centres for Pack Holidays. Dining Shelters with kitchen facilities. Barbecue Shelter. Wet Weather Centres. Well stocked shop.

A wide choice of camp sites for large and small groups with many sites offering facilities for traditional Scout and Guide camping. All toilet, shower and washing facilities have been substantially upgraded.

Abseiling for Groups with authorised leaders. Orienteering available on the site and the Cannock Chase. Swimming pool, water activities and pony trekking within easy reach.

Special camp for the 60th Anniversary Celebrations 28, 29, 30 & 31 August 1998. For further details and site brochure please contact:

The Manager
Beaudesert Trust Scout and Guide Camp
Cannock Wood, Rugeley, Staffs WS15 4RD
Telephone and Fax: 01543 682278

SHROPSHIRE

Camp site, edge of Long Mynd. Ideal walking. Flush toilets, water. Open all year. Groups £1.00 per head. 01588 650383.

CANAL ADVENTURE JOURNEYS

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Daventry, Northants.

CANAL ADVENTURE CRUISES

Aboard our fleet of 12-berth skippered Narrow Boats. All boats are fully equipped with fridge freezers, flush toilets, central heating, showers, etc. You just need a sleeping bag and food - or we will provide these too if you wish. Friendly, helpful staff and reasonable prices.

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Shop Lock Cottage, STOCKTON,
Nr Rugby, CV23 8LD. 01926 812093
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Brochure: Mrs. J. Foster, Lewaigue Farm Camp, Maughold, IOM, IM7 1AW. Tel: 01624 812 216

YORKSHIRE DALES

New Scandinavian log cabin bunkhouse for 48 in 10 bedrooms at Ingelton.

Central heating, drying room, sauna, separate lounge, colour televisions. Contact Robin Hainsworth, Pincroft, Ingelton, Carnforth, Lancs.

Phone/Fax: 01524-241462

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Spectacular location high in the hills, 1700's farmhouse cosy and welcoming. Fully equipped to accommodate groups up to 28 (max). Leaders room, s/catering, exclusive use. Free heating, electricity, hot water, logs. Purpose built camp fire/barbeque area. The comfortable way to camp! Warden and wife on hand. Further details telephone 01765 689382 (anytime) The Toc H Centre, Colsterdale, Nr. Ripon N/Yorks HG4 4NN.

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MORE ON PAGE...61

DISCOUNT CAMPING!



Ex-Army

RECONDITIONED MARQUEES

18ft x 18ft approx £275
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(Callers preferred to inspect and collect) or plus 10% carr

No guarantee is given with Army tentage

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Please allow 2-4 weeks notice when ordering.

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★ FLYSHEET olive green £89.50

★ Also: Heavy duty GROUND SHEET £27.50 (plus £3 carr)



SPECIAL OFFER!! Ridge Tent 14ft x 14ft with NEW Flysheet and Groundsheet..... £225

NEW

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8oz PROOF
GREEN CANVAS
14FT X 18FT
COMPLETE WITH
ALL ACCESSORIES

£125

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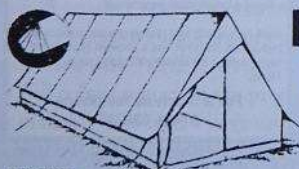
£210

Brand New in 8oz, white proofed cotton. Aluminium self locking centre pole. Complete with pegs, guys and valise. Height 9ft 9in with 28in walls.

GROUND SHEET for Bell Tent £47.50.



(Carr. £21.00)



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Sleeps 4/6 persons

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TREMENDOUS VALUE! ONE OF OUR BEST OFFERS!

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Genuine Army Sleeping Bags, feather and down filled with waterproof base £27.50

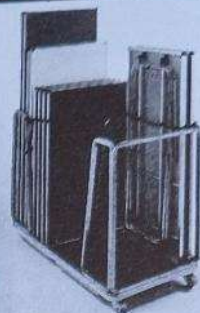
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Guide fund raising pbti Guide

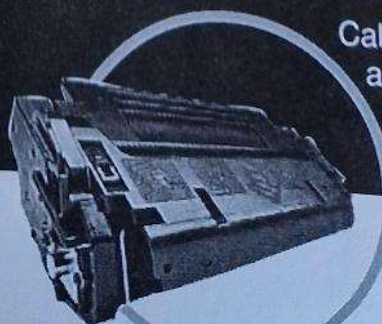
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① cartridge = up to £8 if returned to pbti

Call the Fundraising Hotline
and ask for a Guide Pack

01749 679671



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ELECTRONIC IMAGING PROCESS

'Put it in your sock dear!' How many times have you said that to a girl as you give her a note to take home about some District or unit event? Many times, I'm sure.

The note will contain information which requires a reply, or which will bring a girl's parents and friends to an event to support the unit or District.

So why the sock? — I'm often asked by the uninitiated. Well the contents of a pocket can be forgotten until the next washday, but socks come off at night... The girl finds the note and it's given to her parent or carer. With luck it might even get read.

Of course, there's no guarantee that anyone will read it. But, if the note looks interesting and causes an adult reading it to look again, then just maybe he or she will take the

sock it to 'em

second effort. I can hear some of you saying: 'It's all very well for her, she obviously has got a computer/word processor or access to one. She can produce all of those lovely pictures with no effort at all'.

Have I got news for you! The Guide Association has produced a pack called *Print Designer*, just for people who are not computer literate, or who don't have access to a word processor.

All you have to do is photocopy the page with the 'clip art' that you want to use, cut it out and stick it on to the page you wish to send out.

If you paint over the edges of the cut-out with liquid paper (Tippex or similar), you will disguise the outline of the cut-out when you photocopy again.

If you are going to type the text, do it as boldly as you can. Better still, ask the girls if anyone has access to a computer at home and if she will do it for you.

They will be delighted to be involved and, as long as you give them clear instructions and enough time, I am sure you will be pleased with the results. You may even get some extra volunteers to help out next time.

Why should you go to all this trouble? Because image means so much today. Everywhere we go we are bombarded with advertising: magazines, TV, radio, newspapers, billboards, cars, lorries, buses... Our eyes have become trained to look for pleasing advertisements, which are easy to read and give maximum information, requiring the minimum effort on the reader's part.

Image is everything. So, if you

believe in Guiding and what it offers, start at unit level and help your PRAs improve the image of Guiding at grassroots level. That's the way it should be, the roots feeding the rest of the plant.

If you have problems, contact your County or Division PRA for help. She will also be able to show you a copy of *Print Designer*. If you have a Young Leader, Pack Leader, or a girl working on Making it Count, who has a computer, buy the *Disk Designer* — on floppy disk or CD — and she can produce the graphics for you.

Why not cover the lovely picture on page two of April's *GUIDING* in that mainstay of *Blue Peter* presenters — sticky-backed plastic, or laminate it and use it to advertise a future event.

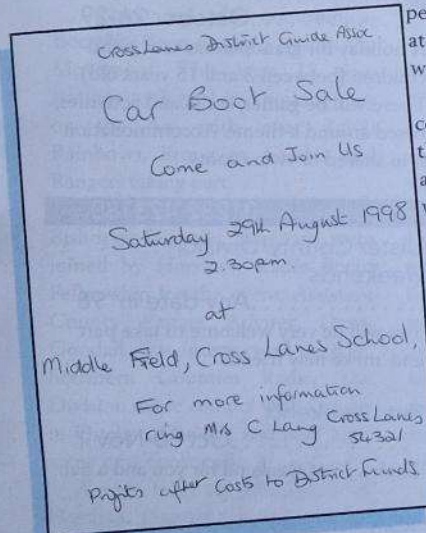
If we ask very nicely *GUIDING* magazine may print us some more... (June's *GUIDING* had an instant poster on page two. Look out for more — Ed.)

● In case you are wondering, I have a small portable word processor and not a laptop.

If you want some help, it's best to ask prettily

By Margaret Flinders
South West Region's PR Adviser

Getting the message: A clear image will make parents sit up and take notice. (Images from *Print Designer*)



Headed for the bin: A scruffy note will be ignored

trouble to do as the note asks.

I'm asking you to think hard about the notes that you send home — the little 'flyer' leaflets advertising the unit's Pack Holiday or camp; the jumble sale to raise money; the coffee evening; the Promise Ceremony and so on. In fact, any 'publication' that goes home from the unit.

Would it look like the example above? Then look again and ask yourself: does that appeal to me? Would I take the trouble to go?

How much better the response is likely to be, if it looked like our



residential training events

Trainings take place at centres around the UK throughout the year. Any Guider or Young Leader can attend, whether on her own or as part of a group. It may be possible to help you make contact with others travelling from your area to any of these events. Please contact the centre for further details.

Waddow — 01200 423186

Local history holiday

..... July 25-31

There is a wealth of history in and around Waddow. Come and find out about it.

Houses and gardens holiday

..... July 25-31

Visits to the houses and gardens in the area around Waddow.

Walking week

..... August 8-14

Walking for all abilities. Open to Guiders, Trefoil Guilds and families.

Holiday time

..... August 15-27

For Guiders, Trefoil Guild members and families. Do your own thing and/or take part in the organised programme.

Leisure break for Guiders, Trefoil Guild members and their families

..... Sept 14-17, Oct 12-15

Hautbois — 01603 737357

Outdoor Pursuits badge for Guides

..... October 27-28

A repeat of this popular course when Guides choose their three favourite activities from those on offer, and gain their Outdoor Pursuits badge by taking part in two sessions of each and learning the safety rules. It costs £25, including full board and activities.

Working together in your District/Division

..... November 20-22

An opportunity for District and/or Division teams to spend time together, consider ongoing development and to share their experience with others.

The weekend will offer help with meetings, identifying roles and responsibilities and communicating and managing change.

Conservation weekend

..... November 27-29

Based on a tree theme with a chance to take part in practical conservation work and to learn why such work is necessary. Open to any member of the Association aged 11+, Guides will have an opportunity to work for their Forester badge.

Foxlease — 01703 282638

Summer holiday training

..... August 21-23

A programme ideas training during the summer break. Just the time to get ahead with some new inspiration for the autumn session. Families would be welcome to join you and explore the area, while you are attending sessions.

First aid for camps and holidays

..... August 21-23

Due to popular demand this training is being repeated. If it is too late to fit it in as this year's residential event, get ahead for 1999! Write or phone for details.

Family holiday time

..... August 24-31

Use Foxlease as a base for a last-minute break before the new term starts. Stay for as many nights as you wish.

Bright ideas and how to use them in your autumn programme

..... September 4-6

A training for all sections, lots of ideas and ways to include them in your unit.

Life-saving course

..... September 18-20

International Tour the World

..... September 25-27

Pack your bags and come for a world tour. Find out about the new WAGGGS' theme – Building World Citizenship – with activities that you could use in your units on peace, food and nutrition, culture and heritage and others. Entertainment from around the world. You will go home enthused from a weekend of activity, fun and laughter.

Midweek trainings

..... October 13-15



Programme ideas for Rainbow and Brownie Guiders.

Commissioners

..... November 17-19

Grandparent(s) and grandchild(ren)

..... October 26-29

A holiday for grandparents and grandchildren (between 3 and 15 years old). There will be games, crafts and activities, based around a theme. Accommodation is in shared or twin rooms.

Lorne — 01232 423180

Ulster County/Division weekends

..... Any date in '98

You will be very welcome to take part and 'make new friends'.

Arts weekend

..... Oct 30-Nov 1

Book a great weekend for you and a pal.

RSA

..... November 6-8

Make the most of your time and gain a qualification too.

New Guiders

..... November 6-8

A cosy half-house training to fill you with inspiration and confidence.

Guide Guiders

..... November 20-22

A dash of this and a pinch of that – guaranteed to spice up your programme.

Please telephone or write to the Manager of the appropriate centre for further details. To apply, ring the Centre direct. The addresses and phone numbers are listed on page 52.

official

across the waves

The Guide Association is joining with other youth organisations and the Radio Society of Great Britain (RSGB) in Project Millecom — World Youth on the Air. Its aim is to link a network of radio stations manned by young people to promote worldwide communication.

Young people will be encouraged to speak to one another, over the night when December 31, 1999 becomes January 1, 2000, by radio and other electronic means.

But the talking won't stop then. Messages will be exchanged via radio stations operating each weekend throughout the year. Other special event stations will be set up for only one or two weekends.

Interest in radio communications has been growing within the Movement. This year 15 new stations took part in Thinking Day on the Air with over 2,500 Rainbows, Brownies, Guides and Rangers taking part.

Girls from St Leonards and Bishopric Division, Horsham, were joined by Horsham Radio Scout Fellowship for the event. Assistant County Ranger Adviser, Dawn Goodall, was interviewed on BBC Southern Counties Radio. The Division made contact with Guides in Quebec, Canada, and now have some new penfriends.

A visit from the Chairman of Horsham District Council and his wife lasted for over two hours as they were so interested. The station linked up with 31 countries outside the UK, including rare contacts with the Philippines and Mali.

East Barnet District formed a committee to plan its event, which was attended by 100-plus Rainbows, Brownies, Guides, Young Leaders, Guiders and Trefoil Guild members. Finding a venue high enough to obtain good reception was a tall order in a valley so — to add extra height — the radio amateurs bravely climbed ladders to fix the aerial to the church tower.

Catering for the radio amateurs who give up their time so willingly has become a feature in Thames



COURTESY OF THE CAMBRIDGE EVENING NEWS

District, Kennington, Oxford. Those working for Cook and Hostess badges served a cooked breakfast, provided home-made cakes and rounded it all off with a three-course gourmet meal.

In Cambridge South East Division a transatlantic link was established for TDOTA by Guide Guider Helen Pemberton, after she made initial contact via the Internet. Cambridge and District Amateur Radio Club agreed to help and the weekend was a resounding success with the radio amateurs promising to return next year.

It was once again a successful weekend for Birstall District, Leicester, where the girls who completed the Radio Communications badge in 1997 returned to help again this year. During the weekend, there were lots of stalls to raise money for various charities. The main beneficiary was one of their Young Leaders, who has been selected to attend an international Guide camp in Malaysia.

This year was very special for Wordsley District in Stourbridge, West Midlands, since it was the tenth time members had taken part. Almost 200 Rainbows, Brownies, Guides, Senior Section and adult members attended along with over 80 visitors, including the Mayor and Mayoress of Dudley who helped to

cut a giant birthday cake.

Contact was made with lots of TDOTA stations in the UK and with radio amateurs in other countries, including Haiti and the Ukraine.

Higham Ferrers Rangers were able to contact many units in the UK and Ireland when taking part in their first TDOTA. They also listened to stations in Paris, Austria, Sweden and Croatia — all the operators spoke in English.

Thinking Day On The Air can be whatever you want to make it: a fundraiser, a PR opportunity, a day to work on badges, a celebration with an international theme...

The Association is working with RSGB to form closer links between Guiding and local radio amateurs to get more units 'on the air'. Now's the time to start thinking about 1999 and 2000. For more details send off the form below. ■

When we're
calling you...
Guides rode
the airwaves
for TDOTA

On air: Brownies
from Cambridge
South East talk to
Brownies in America
and Canada as part
of TDOTA 1998

Thinking Day On The Air

Please send me more information about:

TDOTA 1999

Name

Address

Tel

Unit

Please post to: Jo Haddrick, TDOTA, The Guide Association,
17-19 Buckingham Palace Road, London, SW1W 0PT.

island travels

The sisterhood of Guiding is truly international

When Anne Dallman, a former Guider in Middlesex East, spotted these smart Guides while on holiday in Barbados, she just had to take a photo of them.

Accompanied by a Scout, the Guides were on duty at the Women's Multinational Fair held each year in the grounds of Government House, the home of Barbados' Governor General, Sir Clifford Husbands.

Anne was so impressed by the girls' turnout and general helpfulness that she took their photo and sent it to her former County Commissioner, Beryl Gibbs. And Beryl, equally impressed, passed it on to *GUIDING*.

One of the most popular sections at the event was the British Village, where traditional craft, hoopla and white elephant stalls were featured.

Visitors later watched Scottish dancing, listened to a steel band and saw demonstrations of tai chi and stilt walking.

Taking off

Guides from the Branch Associations will be travelling widely this summer.

A party from the British Virgin Islands will attend Survival 2000 and Beyond in Barbados and so will a group from Bermuda.

Other Bermudan Guides are off

to Scotland for Castle Ceilidh, while a leader from the island will be attending the Western Hemisphere Meeting in Jamaica.

Some Branch Association members will be making epic journeys. For instance, it will be the first time that Guides from St Helena and Ascension Island have ever camped overseas.

For their trip to Castle Ceilidh, the Guides from St Helena will undertake a two-day sea voyage and a plane trip. They will be away from home for over a month – from July 17 to August 27 – to fit in with available sea passages.

Two Guides from Ascension will attend Anglia's Network '98.

Fact file

- Guiding first began in Barbados in 1918
- The Girl Guide Association of Barbados (Inc) became a full member of WAGGGS in 1972
- The island's Guide HQ was opened in 1964 by the World Chief Guide
- Barbados is part of the Caribbean link
- They have Rangers, aged 14-25, Guides (9-16), Brownies (6-11) and Blossoms (5-7)
- The motto of the Blossoms is: Kindness first.

An assistant leader from Gibraltar is joining a UK visit to Mexico. And, for the first time, a Branch Association party – four Guides and a leader from the Falklands – will be attending a World Scout Jamboree, which is in Chile.



Perfect on parade: Guides in Barbados are heavily involved in community work

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plan of action

The members who attended Uncensored, last year's ground-breaking event when young Guiders were invited to 'have their say', sent back some very clear messages to the Association.

Many of the suggestions have become action points and the Association has spent the last 12 months 'actually doing something' to turn hopes into reality.

Here we look at how much has been achieved.

Guiders at Uncensored asked us to 'Reorganise the hierarchy'. The Executive Committee, after consulting a wide cross-section of the membership, has been developing ambitious plans for the future (see June's *Hotline*).

They also said: 'Make sure The Guide Association is still a place for wonderful opportunities for young girls'. One of The Guide Association's new objectives is: 'To review the potential of an integrated approach to the programme, encompassing development of the 5 to 25-year age range, which takes into account the changing needs of young people in society'.

Following extensive consultation the Guide Section Steering Group was established. It is currently working on a number of pilot projects, including a more flexible Trefoil system.

The Senior Section team is researching the new National Record of Achievement (NRA), and will produce information and resources for members to record their Guiding achievements.

The Association was asked to: 'Look at how the Programme is delivered at unit level by providing Guiders/Commissioners with a way of evaluating their own units'. The Leadership Review Working Group has been looking at the Leadership scheme to make sure that Association training schemes are competence-based, relevant, up-to-date and consistent.

A request was made that the

Association should: 'Have regular consultations with the real Guiding world and events such as these, so that our ideas can get to the right channels'. At its meeting in January, the Executive Committee unanimously approved the creation of a more focused structure, so that the decision making is faster and more effective.

Many people called for: 'Lots and lots of positive PR – like a greater dissemination of the CV leaflet; basic PR packs for Guiders to use, for example, at fundraising events, in local libraries and so on'.

So far the Association has:

- Attended the three major party conferences – for the fourth successive year. In 1997, for the first time, we held receptions as part of a consortium of youth agencies under the banner of the National Youth Agency.

- Held our first Parliamentary reception on the Terrace at the House of Commons to promote a modern and dynamic image of Guiding. The Association hopes, as a spin-off from the event, to gain endorsements from MPs and build up a network of parliamentary guests willing to support local and national initiatives.

- Over 7,000 of the *Girls Get Real* pack have now been distributed. Following a successful press launch, several articles have appeared in the media, including a small feature in February's edition of *New Woman*.

In a high-tech age the young Guiders wanted the Association to: 'Develop a communication network so that the response time is quicker – Internet, e-mail and so on'. The Strategic Planning Group presented a proposal to the Executive Committee regarding internal communication earlier this year.

During 1998, IT within CHQ is being improved, with an extended e-mail system, which links the Association Training and Activity

Centres, Country and Region HQs and Trading Service.

They also asked for moves to: 'Set up an interests/skills database as soon as possible which has a direct mailing link to people who have specific interests'. The Executive Committee has approved the setting up of a database, which will include details of all adult leaders in Guiding in the UK.

Members were clear that they wanted: 'A project worker for every Region, ideally every County'. A proposal to change Community Involvement and Development to



THE GUIDE ASSOCIATION

Community Action has been approved. It will be further incorporated into mainstream Guiding, encouraging the girls to undertake service in their local communities.

It will also encourage participation in the WAGGGS Building World Citizenship initiative.

A detailed evaluation of the various Reachout projects is currently underway.

Their last request was for the Association to: 'Organise more events like Uncensored'.

Message received, just watch this space! ■

Young members asked for change and now it is happening

Thought-provoking: Many different issues were discussed during the Uncensored weekend

all-year gift

Guiding can, and does, change lives

By Jan Clampett

If you're sitting in a deckchair, soaking up the summer sun, last Christmas probably seems a very long time ago.

Many of the presents you gave at that time will have been used up by now, or put away in a cupboard.

But one gift that will continue is the generous donation that so many of you made to the Guide Friendship Fund Christmas Appeal.

Thanks to your support the daily lives of Guides – and many other women – in six different countries, will be greatly enhanced.

Earlier this year, girls from the 14th Kingswood (Church of Ascension) Brownies, Bristol; 2nd Kemp-

shott Brownies, Basingstoke; 2nd Hartley Guides, near Dartford and Stoneleigh District Young Leaders – all of whom had raised money for the GFF – attended a cheque presentation ceremony held in the Guide Heritage Centre. During the ceremony, GFF Committee Chairman, Shirley Strong, gave details of the awards that have been made.

These are:

- £4,850 to Nepal to finance their literacy project – teaching village women to read.
- £3,500 to India to show women and girls how to fit chimneys to their cooking stoves – so they don't inhale the smoke.
- £3,500 to Uganda to help

to provide Rangers and Young Leaders with equipment and training, in order that they can become leaders of the future.

- £1,000 to Fiji to repair the floor of their headquarters that was damaged by flooding, after violent storms.
- £500 to Kenya to buy some



BILL JOHNSTON PHOTOGRAPHY

Cashing in: Representatives from different sections of the Movement attended the cheque presentations at the Guide Heritage Centre

furniture for their newly-refurbished headquarters.

- £500 to Trinidad and Tobago to help with the new national camp site that is under construction in order to give Guides there a safe place to camp.

The projects are all very different, but the message is still the same: Someone, somewhere cares enough to want to help. This gives an enormous amount of encouragement to Guide leaders, who may be struggling to get projects going, usually in very difficult circumstances.

Whether the project is in Fiji – where there are 9,000 members – or in India, where the level of membership is around 900,000 – the money will be put to good use.

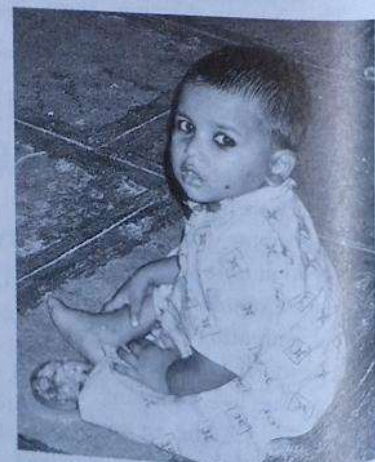
Many of the projects will have a profound and long-term effect on the local communities in which they are run.

Once again, you have proved that a Guide is a good friend and a sister to other Guides – wherever they may happen to live. Thank you so much for your support.

Of course, many of the countries that belong to the Guiding family are very poor. This means the GFF's fundraising work is never finished.

Details of this year's summer appeal appeared in May's *GUIDING* and a fact sheet, giving further information, is available from CHQ.

There is also a new leaflet which gives details of many of the other projects you have supported in the past through GFF. For a copy, please send a sae to: GFF, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.



YOUNG TUN

Caring and sharing: Your compassion has helped to create a better future for women and their families in India



SHIRLEY STRONG

Remember us: Life can be tough for youngsters in India

prime candidates

As I arrived at Blackland Farm – the Association's Activity Centre near East Grinstead, West Sussex – and walked into a room containing 15 strangers, I was still asking myself 'What does a Queen's Guide residential course involve?'

None of us, it turned out, knew what we would be doing for the next four days. There was little time

set us some challenges. These ranged from building a fire on a tin can and keeping it burning for five minutes, to collecting 26 items – one for every letter of the alphabet – to fit in a matchbox.

That evening we slept under canvas. The temperature dropped to minus 4°C during the night and I admit – I've never worn so many clothes in bed before!

On the third day, we took part in a wide game in which we were 'beamed up' to rescue some aliens from outer space. During our rescue mission, we were given tasks to complete which tested our pioneering,

first-aid, problem-solving, and leadership skills.

Afterwards, we cooked a three-course dinner. This time the meal was served on time, which showed that our teamwork and organisational skills had improved significantly since that first evening. After dinner, each group gave a presentation about their expedition in front of the assessors and the other candidates.

The final day involved each of us having a meeting with the assessors. During the interviews, we were asked what we had liked best and which skills we thought that we could have improved upon.

The course was demanding, but I felt a great sense of achievement when I found I'd passed.

As a Queen's Guide candidate, you can feel very isolated, and a residential course is an ideal opportunity to meet others taking part in the scheme.

By the end of the course, we were no longer 16 strangers – we were 16 friends, which, I believe, demonstrates the power of Guiding.

As I drove home, I wondered why I had been so worried at the beginning of the course. I've since decided that it was just fear of the unknown.

So, if you are a Queen's Guide candidate, don't let such fears stop you from applying to attend a residential course. Don't delay – send off today!

● If you'd like to find out more about Queen's Guide residential courses – or the scheme itself – contact Elizabeth Maytom at CHQ. Write to her at: Guiding Services, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. Or telephone 0171 834 6242 ext 259.

Strangers soon become friends when working together on a Guiding project

By Jo Ross
Anglia AJC
Representative



ANGELA PEACOCK

Food for thought: Planning a group presentation at a recent Queen's Guide residential at Foxlease

for us to ponder our fate, before we were set our first task: we were leaving on an expedition at 9am the following morning and our route and route cards had to be ready by 9.30 that evening.

As we busily started to look at maps and take grid references, it emerged that we'd failed to read the instructions that followed the expedition details telling us that we had to plan, prepare and serve all the meals for the duration of the course.

Menu planning and shopping quickly replaced expedition planning but, due to our delayed start, dinner was served one hour late that first evening! We learned from this mistake and made sure that we read all our subsequent instructions very carefully!

Early the next day we set off on our expedition. Our assessors met us at agreed checkpoints, where they



ANGELA PEACOCK

That sinking feeling: Is it a raft or a submarine? Learning together on a Queen's Guide residential course

a personal view

Do we discriminate against loyal helpers through our uniform? asks North West's PRA Karen Dooley

I was very interested to read Olwyn Walker's letter in May's *GUIDING* suggesting that The Guide Association considers having a uniform shirt for members of 65-plus, who are appointment holders.

It reminded me of comments made by Elspeth Thomas, Chairman of the Board of the British Red Cross — their most senior volunteer. They were made in response to a letter asking why she had not worn uniform at the presentation of their new Royal Charter, which was attended by the Queen.

As a PR Adviser, I have heard many comments myself on our new uniform — both good and not so good. But Elspeth's remarks really did change my thinking on the subject. I would be interested to hear what other readers think.

Elspeth said: 'There are many questions concerned with uniform which remain to be carefully considered by the Society (the British Red Cross), as we move into the 21st Century: how can we provide attractive and effective uniform for volunteers giving service?; does the wearing of uniform give one part of the Society higher value, so that

non-uniformed service-givers feel less valued?; can expenditure on formal uniform be justified?; are there other ways of identifying ourselves as part of the Red Cross such as the pocket badges worn by our overseas delegates? and so on.'

Elspeth went on to explain: 'I did not wear uniform at the Charter ceremony because the Queen specifically requested an informal ceremony with few speeches... and because, as I said in my address, I wanted to represent all parts of the Society: fund-raisers, first aiders, donors, medical loan volunteers and everyone who helps and supports the British Red Cross.'

I do realise that the British Red Cross offers a different type of service and, therefore, its uniform requirements may differ. However, some of the questions raised by Elspeth's response certainly provided me with food for thought.

In 1996, according to the last published Census figures, we had 36,914 non-uniformed members within The Guide Association. That's 33 per cent of our adult volunteers! Do they feel less valued? I would like to think that they don't, because

I — and many others — truly value their support.

The suit version of our present uniform costs £154.80. I feel that's a trifle too much for my hobby, so I am really pleased that we have a wide range to choose from.

Please don't misunderstand me, I am proud of our uniform and feel that it really is special. Not only does it identify us as members of The Guide Association, but the mix-and-match element recognises that we are individuals — all different, with different talents, abilities and Guiding roles.

The Association does review its uniform regularly and listens to its members on uniform issues. Jeans now being a part of the uniform for 10-26 year-olds is proof of this. The change came about as a result of the Guide section consultations. The Guides wanted it, they were listened to and a decision was made. Democracy in action!

Guiding is for the girls and we must continue to consult them about their needs and aspirations — and that includes their thoughts on our uniform. They are not only our future but our present.

coming next

IN AUGUST'S *GUIDING*

Talking her language

Find out about the Brownie who has inspired most of her unit to take the Deaf Awareness badge.

Regional round-up

North West England comes under the spotlight as we continue our look at Guiding around the UK.

It could be you

Some units and Divisions are

receiving grants from the Lottery — with a total of around £150,000 going to three areas alone.

Making it work

Four girls gained an insight into the workings of the Association when they visited CHQ on Take Our Daughters to Work Day.

Be in to win

Try your luck — you could win: an award-winning kettle for the outdoors; Disney character finger

puppets; tickets for an exhibition at the Museum of the Moving Image.

Ideas for all seasons

Plagued by wet weather? We have some great ideas to keep your girls amused. Need to break the ice? — we have that covered too.

Makes it all worthwhile...

A young member shares a defining moment — when she was reminded of exactly why she stays involved in Guiding.

IN AUGUST'S *BROWNIE*

Celebrity interview

The lowdown on the latest *Blue Peter* presenter — Konnie Huq.

Great prizes

Win: a family trip to Alton Towers

or Chessington; cute and cuddly Sleepy Puppies; Wombles; Frubes; Beatrix Potter CD-Roms...

How low can you go?

Make our limbo bar — and find out. Plus a hula skirt to make, which will complete the Caribbean look.

It's magic!

The girls can impress their friends by learning how to do our great vanishing penny trick.

Storytime

In *Dorrie's Birthday*, Brownies help a lonely girl to celebrate her birthday.

ideas

Programme ideas for July 1998

idea of the MONTH

Ideas for Guiders
of all sections
By Gillian Ellis

This summer, take a good look at the way that your unit tackles Interest badges. It's all too easy to slip into a casual attitude to badge training and testing. This doesn't do the girls any favours, as there isn't any challenge or achievement if a badge is not gained fairly.

Make sure that your unit has a copy of the latest edition of the relevant badge book. Better still, supply each Patrol or Six with one. When the badge books are revised, you will find the details in this magazine and the *Publications Catalogue*.

Do remember that Interest badges should be exactly what their name implies — interesting! A girl should choose to do a badge because she is interested in the subject. For example, try not to be tempted to involve all your unit in the Road Safety badge, without consulting them.

The nature of many Interest badges means that they can lend themselves to the whole group joining in. This is especially true when outside experts — such as the fire brigade — are involved.

However, there is a difference between setting up an interesting project and announcing that you are all going to tackle a badge.

A girl should prepare in her own time and tell you when she is ready. Having checked that she has reached her personal best, arrange for a tester. This may be organised by the District.

An adult leader or a Unit Helper may not test a girl from her own unit. The tester that you have chosen should be knowledgeable about the subject and understand that it is a girl's personal best that counts. When choosing testers, make sure that they are responsible people known to you. Never send a girl unaccompanied to a stranger's home.

The tester should ensure that all the clauses have been fulfilled, before awarding the badge. If there is any doubt, the candidate may be invited to have another try at a particular part of the badge, instead of being 'failed'.

When the syllabus has been passed, try to award the badge as soon as possible.



MARGARET WHITTAKER

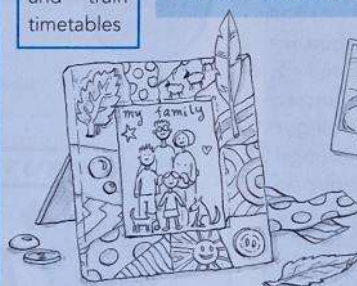
If you want to test a badge, ask a policeman!

idea

Make a folder containing all local bus and train timetables

ideas for...

Rainbow guiders	34
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Senior section guiders	46



idea

Arrange to visit your local Magistrates' Court

ideas for all...

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help for all...

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idea

Visit a free local exhibition

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Topic of the month

Here's a chance for your unit to learn about Midlands Region, through recipes inspired by some of its towns and counties

By Midlands Trainer Group
Illustrations: Anthea Whitworth

Bournville wedges

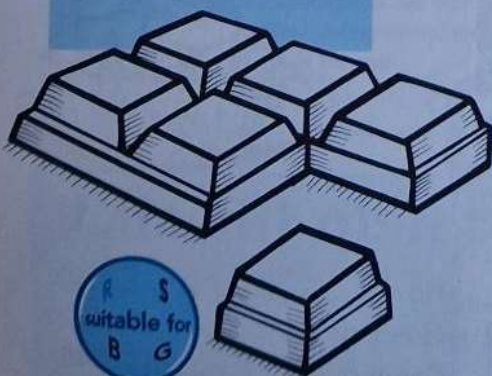
Bournville is a well-known suburb of Birmingham. Even more famous is the chocolate factory that was built there. In honour of Birmingham's world-famous sweet-making heritage, have a go at making these chocolate wedges.

You will need: 75g butter; 200g plain chocolate; 1 beaten egg; 25g caster sugar; 350g crushed ginger biscuits; 2tbs orange marmalade; 50g chopped preserve ginger or sultanas (optional); 18cm sq cake tin.

Line a 18cm square cake tin with greaseproof paper.

Melt the butter and chocolate together over a low heat and mix well. Add the egg and sugar, beat well then remove from the heat. Stir in the ginger nuts, marmalade and ginger or sultanas.

Pour the mixture into the prepared tin and level it off. Chill in a fridge until it is set, then cut into 16 wedges.



R S
suitable for
B G

Bakewell pudding

Undoubtedly the most famous recipe from Derbyshire is for Bakewell Pudding.

This is a local variation as the original recipe still remains a secret.

You will need: 175g puff pastry; 2tbs strawberry jam; 2 eggs, well beaten; 75g butter or margarine; 75g caster sugar; 75g ground almonds; pan; pudding dish.

Roll out the pastry and use it to line a greased, oval pudding dish. Spread the jam on the pastry.

Put the beaten egg in a pan with the butter and sugar. Stir over a low heat until the mixture thickens, then stir in the ground almonds. Pour the mixture over the jam.

Bake in a preheated oven set at 200°C, Gas Mark 6, for about 20 minutes or until the pudding has set.

R S
suitable for
B G



Baked Bramley apples

Bramley apples were first grown at the minster town of Southwell, Nottinghamshire. Bake them on an open fire, or in the oven, for a delicious, sweet treat.

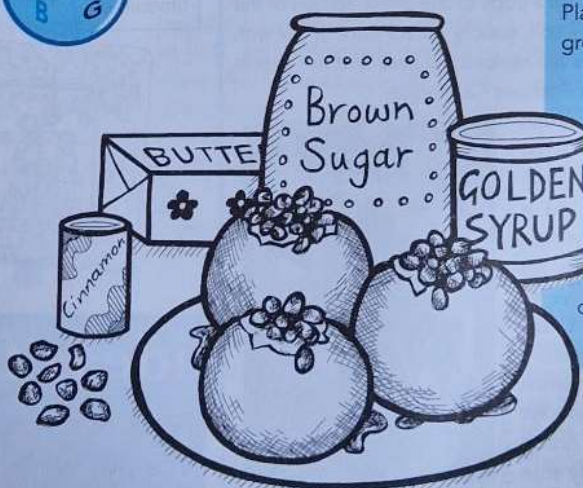
You will need: 1 apple per person; golden syrup, brown sugar, raisins, sultanas, cinnamon; butter

Wash and core the apples. Place them in a shallow, greased dish or in foil.

Put a little of each filling in the centre of the apple, finishing with a knob of butter. Bake the apples for about 30-40 minutes depending on the size.

Serve with lashings of custard, cream or natural yogurt.

R S
suitable for
B G



Cook with care

■ Always make sure that younger children are closely supervised while using the kitchen.

R S
suitable for
B G

Staffordshire oatcakes

North Staffordshire oatcakes are quite a local delicacy and taste really great served with cheese as a snack.

You will need: 100g fine oatmeal; pinch of salt; pinch of bicarbonate of soda; 15g lard or margarine; 150ml water; oatmeal for rolling; bowl; pan; rolling pin; scone cutter.

Put all the dry ingredients into a bowl and mix them together. Gently heat the lard and water until the lard is melted. Quickly pour enough of the mixture into the dry ingredients to make a firm dough.

Sprinkle the work surface with oatmeal and roll out the dough to about 3mm thick. Use a plain, round cutter - 7.5cm - to cut out 12 rounds.

Cook one side of the oatcakes on a hot griddle for about 5-8 minutes until they are firm. You may also bake them on a greased baking tray at 170°C, Gas Mark 3, for 30 minutes until crisp.

Leicestershire cheese straws

The county of Leicestershire is famed for its Red Leicester cheese. These cheese straws are delicious at any time of the day.

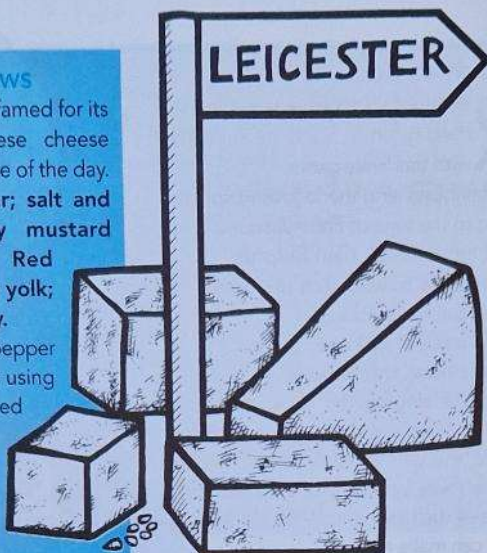
You will need: 175g plain flour; salt and pepper to taste; pinch dry mustard powder; 75g butter; 125g Red Leicester cheese, grated; 1 egg yolk; a little water; bowl; baking tray.

Put the flour, mustard, salt and pepper into a bowl, then rub in the butter using your fingertips. Add the grated cheese and mix together.

Using a blunt knife, stir the egg yolk into the flour mixture. Add enough water to make a smooth, stiff dough.

Roll out the dough on a lightly-floured surface until 1cm thick, then cut into strips about 1cm wide and 10cm long.

Put the straws on to a baking tray and cook for 5-7 minutes at 200°C, Gas Mark 7. Let them cool a little before you try to move them.



Herefordshire apple fizz

Hereford and the surrounding area is most famous for its apples, which are usually turned into cider.

Your girls will certainly enjoy our non-alcoholic apple drink on long, hot summer days.

You will need: 1 litre apple juice; 1 litre dry ginger ale; squeeze of lemon; kiwi slices to decorate.

Mix all of the ingredients thoroughly and serve in tumblers full of ice.

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R S
suitable for
B G

Onley bean casserole

Originating in the County of Northamptonshire, this casserole is enjoyed by vegetarians and suitable for serving at camps and holidays.

You will need: 1 large onion, chopped; 2 sweet peppers, chopped; 100g mushrooms, sliced; 1 large family-size tin baked beans; 1 large and 1 small tin of assorted pulses — red kidney beans, chickpeas...; 3tbs tomato sauce; 3tsp brown sugar; 3tsp vinegar; 1tbs Worcestershire sauce; 3tbs vegetable oil; salt and pepper; pinch of mixed herbs.

In a large saucepan, fry the sliced onion — in a little oil — until soft. Add the peppers and mushrooms and fry the mixture for a further two minutes.

Pour in the assorted beans and the baked beans, heat through but do not boil. Add the rest of the ingredients and simmer for about 15 minutes.

Served with mashed potatoes, pasta or garlic bread.

R S
suitable for
B G

Shrewsbury biscuits

Shrewsbury biscuits were named after Shropshire's most famous town, where they have been made for over three centuries.

You will need: 100g butter; 150g caster sugar; 2 egg yolks; 225g plain flour; finely grated rind of one lemon; caraway seeds or currants (optional).

Cream the butter and sugar together until pale and fluffy. Add the egg yolks and beat well. Stir in the lemon rind, seeds or currants, and the flour. Mix to a firm dough.

Knead the dough lightly on a floured surface, then roll it out to 5mm thick. Cut out round biscuits with a fluted cutter.

Place the biscuits on a greased baking tray and bake for about 15 minutes at 180°C, Gas Mark 4. When they are lightly browned and firm, put on a rack to cool. Store the biscuits in an airtight container.

Pear mice

Worcestershire is another attractive area of the Midlands that is well known for its fine fruit crops.

Worcestershire pears are used in this fun recipe for younger girls.

You will need: tinned pear halves; licorice laces; jelly sweets; flaked almonds.

Drain the pears. Use one half per person to make a special mouse. Insert two almonds for its ears, jelly sweets for its eyes and licorice for its tail and whiskers.

Coventry God cakes

Coventry God cakes were originally baked for children to give to their godparents on New Year's Day.

You will need: 200g flaky pastry; jar mincemeat; milk and water; sugar.

Roll out the pastry and cut into 10cm squares. Place a spoonful of mincemeat in one corner of a square. Fold over the opposite corner to make a triangle and use water to make a seal around the edges.

Brush the pastry with milk and sprinkle with sugar. Place on a greased baking sheet and bake at 220°C, Gas Mark 7, for about 15 minutes.

R S
suitable for
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rainbow guiders

Holidays are here again!
Get ready for the summer vacation with these activities based around the Rainbow Eight Point programme

By Pam Brook

Illustrations: Emma Damon

Ready to help

Rainbows can be very helpful at holiday time. Start the meeting with this lively game.

Rainbows sing the following special song to the tune of Frère Jacques:

■ I am helpful, I am helpful
Watch me now, watch me now
I can pack a suitcase,
I can pack a suitcase,
This is how, this is how.

While singing the song, the girls skip round in a circle. At the end of the verse, the girls mime the action. Make up some more verses, changing the action each time — such as 'I can dry the dishes', or 'I can make my bed'.



Playing games

Divide the Rainbows into two equal lines at one end of the hall. Place an empty bag in front of each line at the opposite end of the room.

Each team will also need a box containing holiday items, such as swimming costume, bucket and spade, towel and so on.

The girls take it in turns to pick up an item from their box and run to pack it into their bag.

Make sure to leave some chat time to discuss why some items, such as sun-block, are important.



Enjoy making things

Rainbows can enjoy making a photo frame for one of their favourite holiday pictures.

You will need: shells; PVA glue; stiff cardboard frames.

Let each girl stick the shells on to a cardboard frame. If you can't get hold of real shells, then use pasta shapes instead.

Exploring and discovering

Pin up holiday pictures around the room, they could be of the sea, beach, tents, hotels, cafés, beach umbrellas and so on.

Call out an activity, such as 'swimming' or 'sleeping'. The girls must then run to the appropriate picture.



Help at home

Ask the girls to cut a selection of food pictures from magazines. Then spread them around the room.

Sit the Rainbows in a circle with a basket in the middle. Tell them that they are going to pack a healthy picnic basket. Each girl chooses a picture and then brings it back to the circle to put in the basket.

Take the pictures out, one at a time, then discuss if the food that has been chosen is healthy and suitable for a picnic.

Knowing and growing

■ Keep fit on your holiday with some beach ball fun. Play passing and catching games with the girls.

Make a promise

Make a simple fishing game to remind the girls of their Promise. All you need to do is divide the girls into groups of four and then make several sets of four paper fish with different words from the Promise on them:

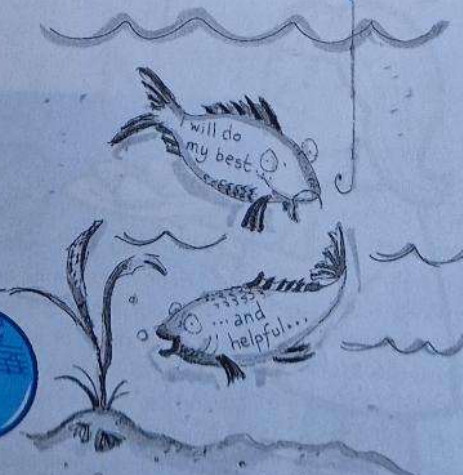
- I will do my best...
- ...to love my God...
- ...and to be kind...
- ...and helpful.

Make enough fish so that you have one set for every four girls. Fix a paper clip to the mouth of each fish.

Improvise a rod for each group using a pencil and a length of string with a magnet attached to the end.

Place the fish, face down, in a specially marked out area of the hall. Rainbows take it in turns to catch fish and take them back to their groups.

Duplicate ones must be returned, and the girls should carry on until they have all the words to the Promise.



Listening and moving

Brass bands used to be very popular at the seaside.

Play the Rainbows some jolly brass band music — you should be able to borrow a suitable tape from your local library.

Encourage the girls to mime the different instruments that they might hear in the band, then march around to the music!





Pizza the action

Girls will love playing this pizza-making game, that has all of the action and none of the mess.

On separate pieces of card, write each of the following pizza ingredients:

■ **Pizza base; tomato sauce; mozzarella cheese; mushrooms; ham; pineapple.**

You will need to make one set of cards for each Six or Patrol. Hide all the cards around the meeting place, you may like to give clues to their location.

Then give the groups a time limit to find all the ingredients for their pizza. The first group to do so, wins.

■ **If you're feeling really artistic, you could draw the various pizza ingredients on suitably different coloured card!**

Cress mess

Challenge the girls to grow a crop of cress in the most unusual container that they can find.

■ **Try writing your initials in cress and watch them grow steadily.**



An egg-speriment

Time for a bit of foodie science that the girls can use to amaze and impress their friends.

You will need: an egg; an empty jam jar; vinegar.

Make sure that the egg is intact and not cracked. Put it in the clean, empty jam jar and then pour in enough vinegar to fill the jar.

Leave the egg alone for about four days. At the end of this time, the shell should have dissolved. What is left is the egg membrane, with the yolk and white still intact inside.

■ **Carefully, pick the egg up — it will feel really strange!**

■ **You may also find that the egg has become sufficiently 'see-through' that the yolk is visible.**

Pass the orange

Divide the girls into two teams. The teams stand in line, one behind the other.

The girl at the end of each line is given an orange, which must be passed to the other end of the line using only chins and shoulders.

Peanut squares

Peanut squares are easy enough to make in a meeting for an extra special, taste-bud-tingling treat.

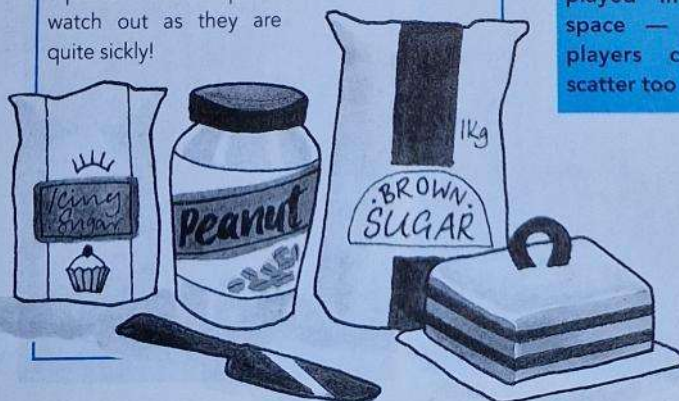
You will need: 240g peanut butter; 200g icing sugar; 55g dark brown sugar; 55g butter; 175g chocolate; 15g butter (for the sauce); saucepan; baking tray.

Melt the peanut butter and ordinary butter in a saucepan, or in a microwave on a low setting. Remove the butter from the heat and thoroughly mix in the rest of the ingredients.

Press the mixture into a baking tray, — about 20cm square — and refrigerate.

Make a topping from chocolate and butter. Melt them together over a saucepan of simmering water and spread over the peanut base.

Chill the mixture until it is firm, then cut into squares. Peanut squares are delicious but do watch out as they are quite sickly!



theme evening

Dish up our special foodie theme evening for a mouth-watering meeting that's full of tasty fun

By Victoria Wheeler
Illustrations: Alison Carney

Favourite food

Supply the girls with a selection of magazines, as well as scissors, glue and paper.

Ask them to cut out pictures of food to make a frieze of all their favourite dishes.

In addition, ask the girls to cut out some pictures to make up a healthy menu.

Hot potato

Warm up with a fast and furious game of hot potato to keep you on the move.

Choose two or three players to be the throwers and equip them with soft, foam balls. The rest of the group scatter and the throwers try to hit them with their balls.

When someone has been hit, she changes places with the thrower and the game continues. Keep playing until everyone is tired out!

■ **The game is best when played in a confined space — so that the players cannot scatter too far.**



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Malaysian magic

As Malaysia plays host to the Commonwealth Games in September, find out more about this beautiful and exotic country

By Rosemary Mills

Game on

Malaysia became independent in 1957, but it has continued to maintain its links with the Commonwealth. During September, Malaysia will be hosting the four-yearly Commonwealth Games.

■ Try to find out about the history of the Commonwealth Games.

Culture club

Malaysia is an independent federation of states located in South East Asia. It includes peninsular Malaysia, as well as the states of Sabah and Sarawak on the island of Borneo.

Malaysia has its own royal family which operates in quite a different way to ours. The family elect a monarch who rules for a five-year period, then the next monarch is chosen. The country is governed by a parliamentary democracy.

Education in Malaysia is free, but it's not compulsory to go! However, getting a good education is important, as Malaysia has rapidly developing high-tech industries.

■ Look at your computers, radios, videos and other electrical goods, were any of them made in Malaysia?

Flanked by these high-rise blocks in Kuala Lumpur is the central mosque



ANDREW BRYANT

Commonwealth camp

Guides in Malaysia will be holding a special Commonwealth camp, which will take place at the same time as the Commonwealth Games.

Guides from all 53 Commonwealth countries have been invited and will also have the opportunity to attend the opening ceremony of the Games.

It is a tradition that the flag from each Commonwealth camp is passed to the country holding the next Commonwealth Games. This means that Guides from Midlands Region will bring back the special flag for our own Commonwealth camp in 2002.

■ Find out about Guiding in other Commonwealth countries.



ANDREW BRYANT



ANDREW BRYANT

Hungry? Then take your pick of the delicious dishes on offer at this bustling street market

Nice and fruity

Some of the tropical fruit in your local supermarkets will have originated in Malaysia.

It is thought that the first edible bananas came from Malaysia. Not the sort we enjoy today but tiny, red-skinned ones. Pineapples, coconuts, rambutan and durian also come from Malaysia.

However, you are unlikely to find durian on sale here. When ripe, the fruit has the most overpowering and obnoxious smell that lingers for days. In Malaysia, durian is banned from some public buildings and airlines!

■ Investigate the origins of the exotic fruit that you are likely to find on your supermarket shelves.

Let's fly a kite

Kites are quite a special feature of the Malaysian way of life. The Malaysian word for kites is 'wau'.

Malaysian kites are usually of a similar shape and are decorated with symmetrical patterns. They are used for decoration, as well as flown in competitions.

■ Look in June's GUIDING to find out how to make your own kites.

Quick facts

■ The capital city of Malaysia is Kuala Lumpur.

■ Most of the people are Muslims or Buddhists but you will also find Christians, Hindus and followers of Confucius.

■ Malaysia exports rubber; palm-oil; timber; petroleum; tin and electronic equipment.

Old and new buildings fight for scarce space in downtown Kuala Lumpur

Flora and fauna

Parrots, hornbills, orang utan and proboscis monkeys are just a few of the unusual and rare animals to be found in Malaysia.

As a tropical country, much of the land is covered in lush rainforest. Many of its animals and plants are classed as endangered species and are located in special parks. It is said that over 1,000 species of orchids flower in the Malaysian jungles.

■ **Look out for pictures of Malaysia's flora and fauna.**



Malaysian uniforms on display

Guiding lights

Guiding in Malaysia began in 1916. Persatuan Pandu Puteri Malaysia – Girl Guides Association, Malaysia – is now a full member of WAGGGS. It is also a member association of the Asia Pacific Region.

Guide units often meet in schools and colleges. The Malaysian school curriculum includes good citizenship and, of course, this is reflected in the Guiding programme.

■ **Persatuan Pandu Puteri, Malaysia has approximately 44,000 members. That's about five per cent of the female population.**

Malaysian Taps

At the end of a meeting, Malaysian Guides will sing *Taps* in their own language. However, the tune is still the same as ours:

**Malam datang, siang hilang
Dari laut, dari gunung, dari langit
Semua selamat, sihat rehat
Berkat tuhan**

Guiding in action

The Malaysian Guide programme is very similar to the one followed here in the United Kingdom.

Guides enjoy physical challenges, such as canoeing, abseiling and jungle trekking. These activities take place at special 'motivation' camp sites, which are managed by the government.

Malaysian Guides are also encouraged to play a big part in the community and environmental projects being carried out.

Camp fire's burning

Girls from Malaysia love to gather round a camp fire just as much as we do in Britain.

Camp fire's burning is a popular song in any language. We've included it in both English and Malaysian. You could try singing both verses for a melodious international round!

Camp fire's burning,

Camp fire's burning,

Draw nearer, draw nearer

**In the gloaming, in the gloaming,
Come sing and be merry.**

**Api nyala, api nyala,
Mari dekat, mari dekat,
Dalam bulatan, dalam bulatan,
Bersukaria.**

Speak the language

Bahasa Malaysian is the official language of the country, although English, Tamil and Chinese are also spoken.

The girls can practise saying please and thank you in Malaysian, just in case they ever visit the country!

■ **Please – tolong (toh-long)**

■ **Thank you – terima kasih (te-ree-ma kah-see)**

Chicken satay

Chicken satay is a tasty, traditional Malaysian dish. It consists of small pieces of cooked chicken, threaded on to skewers and served with a spicy, hot peanut sauce.

■ **Look in cookery books and on labels for a recipe to make your own satay sauce.**



Canadian Brownies model the attractive T-shirts that will be worn at the Commonwealth camp

Age ranges

The age ranges of Malaysian Brownies, Guides and Rangers are quite different to here in the UK.

■ **Brownies – Tunas Puteri – are between 8 and 12 years old.**

■ **Guides – Pandu Puteri – are 12-25 year-olds.**

■ **Rangers – Renjer Puteri – are aged from 15-19.**

■ **Trainee leaders – Kadet Pandu Puteri – start at 20.**

Burning rubber

Rubber was once Malaysia's chief export. Special rubber plantations were a common sight, with vegetables planted beneath the rows of trees.

Rubber is made from latex – the white liquid that is hidden in the bark of the rubber tree. People who collect the latex are called rubber tappers.

The tappers strip away parts of the bark from the trunk of a tree. Latex runs out freely and is collected in buckets. The raw latex is then sent to local factories, where it is processed into sheets of rubber to be used in manufacturing industries.

■ **Make a list of the things in your home that are made from rubber.**

Ornate carvings, set against vibrant shades of red and gold, bring this temple to life



brownie guiders

Many Brownies belong to several special 'families', find out more about these families and try some of our themed activities

By Jean Bowers and Pauline Sheppard
Illustrations: Justine Waldie

Bonny baby

■ Hold a 'Guess the baby' competition. Everyone should bring in a photo of themselves when younger — can the girls guess who is who?



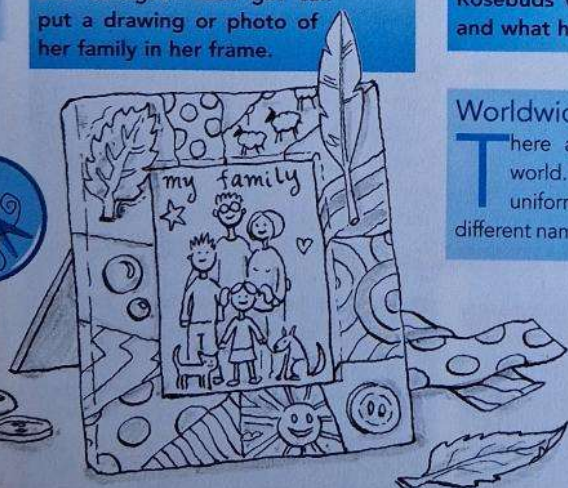
Families at home

Brownies have lots of opportunities to carry out their Promise at home — whether they live with a traditional or extended family.

Encourage the girls to carry out their Promise, by lending a hand, doing a good turn and thinking of others. Talk about ways in which they can do this.

You've been framed

■ Make photo frames from card and collages. Each girl can put a drawing or photo of her family in her frame.



UK Guiding family

Brownies are part of a much larger Guiding family. To help the girls understand this, it is important to establish links with the different sections.

As a starting point, you could invite Rainbows and their Guiders, or Guides and their Guiders, to a Brownie meeting.

You may also like to plan a special activity with members of another section. Don't forget the Trefoil Guild and the Senior Section!

■ Find out about your County emblem. Discover where else it might be seen — for example, on a fire engine, the town hall, a flag and so on.

■ In Sixes, find out who the Rosebuds were, what they did and what happened to them.

Circle of friends

Have a look at page 170 of *The Brownie Handbook*. It shows you how to make a friendship circle.

The Brownies can follow the instructions to make a circle of friends from the Guiding family in Britain or the world. They might even want to make the cut-outs look like their own family and friends.

God's family

The Brownies make a promise to love their God, and some of them may attend a place of worship to do this.

Wherever Brownies choose to love their God, they are still members of God's family.

■ Plant seeds or bulbs as a special present for elderly worshippers.

■ Ask permission to decorate your place of worship for a special festival.

Worldwide Guiding family

There are Brownies all over the world. They may wear a different uniform and they may be called by different names, but they all make a special Promise.

■ Look in back issues of *BROWNIE* magazine — pre August 1997 — for some ideas about Brownie groups round the world.

Happy families

■ Try making a set of Happy Family cards, using pictures of international Rainbows, Brownies, Guides, the national flag and Promise Badges of various other countries.



Family tree

■ Take a look at April's *BROWNIE* magazine, to see how to make a very special family tree. The girls can stick pictures of their school family, or Guiding family, on it.

School family

As Brownies spend a lot of time at school, the people there — including friends and teachers — could be a part of another special family.

■ The Brownies can make simple friendship bracelets or necklaces for friends at school.

World badges

■ Wear the World Badge and find out what it means.

■ Encourage the girls to work for one of the different international Interest badges.



End of term

Make your end-of-term meeting a really extra-messy one. Ask everyone to turn up in their old clothes and get ready for some filthy fun!

All of these games should be played outside. We've given you a few ideas, but we're sure that you can make up some more of your own.

■ **Let the girls get their own back by throwing some very soggy sponges at their Guiders!**

Custard wellies

Hold a relay race with a squidgy, squelchy difference. Divide the girls into teams. You will need one pair of old, oversized wellingtons for each team.

The day before your messy meeting, you will need to make up lots of squelchy custard. Use water instead of milk and leave out the sugar. Make the custard as thick as you like and put it somewhere cool until you need it.

Only when the custard is completely cool – this is why it is best to make it the day before – can you use it for this race.

Begin by pouring some of the cold custard into each wellington.

The teams then run a relay race, taking it in turns to run around obstacles, perhaps completing a small challenge. The only catch is that the runner has to wear the custard-filled wellies, handing them over to the next in line as the runners change.

■ **Make sure the girls have bare feet when they put on the wellies!**



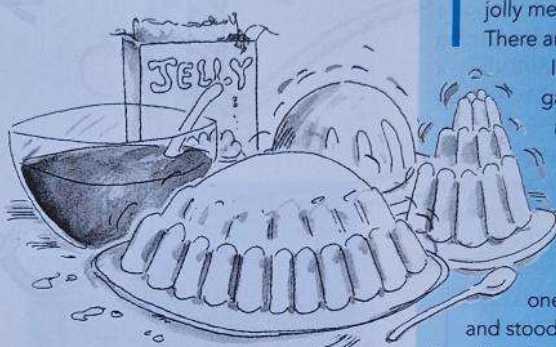
Dirty words

Everyone can take part in this yucky, sticky game for two teams. Each team needs three or four washing-up bowls full of gunge – to find out how to make some, see the *Make your own mess* item below.

Into both sets of bowls put letters which will form an anagram – one for each team. There should be at least twice the number of letters as there are team members.

Girls, in teams, take it in turns to run to their own set of bowls and pull out a letter. They carry on running until all the letters have been found. The first team to solve their anagram wins.

■ **Write the letters on stiff card, using permanent marker, and then cover them in clear, sticky-backed plastic. Or you could use children's plastic alphabet letters, if you have access to any**



Make your own mess

Try making up your own messy games. You could base them around water – such as traditional apple bobbing – or gunge – there are lots of children's television programmes that will give you ideas.

The girls can experiment with making their own 'gunge'. Ingredients you could try include flour, gravy granules, food colourings and cornflour.

Make sure that the ingredients are edible – as it's all too easy to get gunge in your mouth when playing these sort of games.

Sticky moments

■ **If you have a large unit, divide the girls into two groups. Now the groups can play a different game – in smaller teams – at the same time, and then swap over.**

messy meetings

Dress up in your oldest clothes and get set for an end-of-term meeting that's really messy!

By Victoria Wheeler
Illustrations: Caroline Uff

Wibbly wobbly jelly fun

The aim of this game is just to get jolly messy and covered with jelly! There are no winners and losers.

In preparation for the game, you will need to make up lots of wibbly, wobbly jelly. You can make it with a bit more water than usual, as long as it will still set.

The girls pair up – one should be blindfolded and stood behind a chair at a table, the other is seated on the chair and wearing safety goggles.

On the count of three, the girl who is wearing a blindfold has to feed her partner jelly. After 30 seconds, blow a whistle and the girls change places. Stop the game after another 30 seconds.

■ **The girls should use unbreakable bowls and wooden spoons to feed the jelly to their partners.**

Cleaning up

■ **To finish off your messy meeting, let everyone clean up in a paddling pool full of bubble bath!**



How to...

Great for a fundraising fête or even a Patrol project, you don't have to be a science boffin to make this brilliant beat-the-buzzer game

By Mary Richardson
Illustrations: Kate Taylor

How to play

The aim of the finished game is to guide a metal loop along a twisted wire — without touching it. If you do touch the wire then a buzzer sounds and you've lost, or have to start again.

Read on for step-by-step instructions to make the buzzer game. Make sure that you have all the equipment before you start.

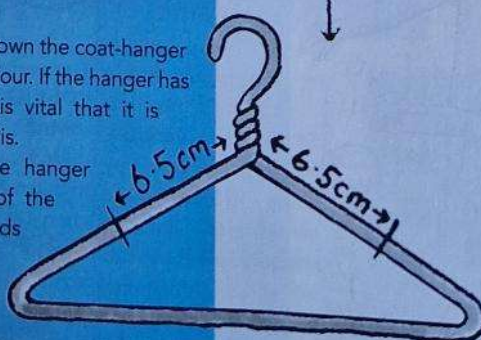
You will need

- Piece of wood, 22cm x 15cm x 2cm
- Wire coat-hanger
- 6 volt mini DC buzzer, with hook-up wires
- Hook-up wire, 62cm long
- 2 nails, 1.5 cm long
- 1 nail, the same thickness as the coat-hanger wire
- 4.5 volt battery, size 3R12
- Insulating tape
- Parcel tape
- Sandpaper
- Hammer
- Pliers with wire cutters
- Pencil
- Wire strippers
- Pliers

Step 1

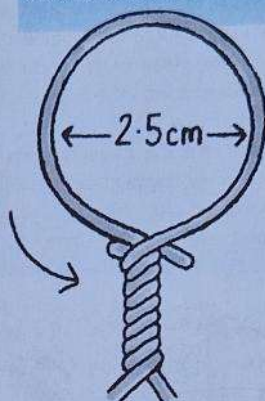
Using the sandpaper, rub down the coat-hanger until it is a bright, silver colour. If the hanger has a coating of varnish, it is vital that it is rubbed off. Wear a mask to do this.

Take the pliers and cut the hanger 6.5cm away from either side of the hook. To help prevent your hands from being hurt, you should wear a pair of gardening gloves when cutting the wire.



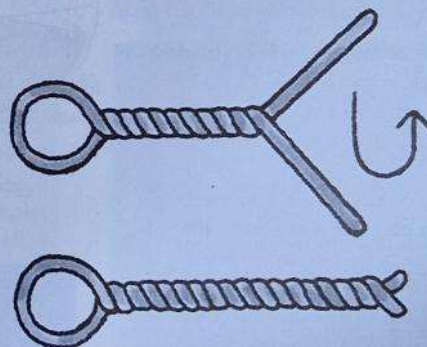
Step 2

Carefully use the pliers to bend the coat-hanger hook round until it forms a complete circle with a diameter of 2.5cm.



Step 3

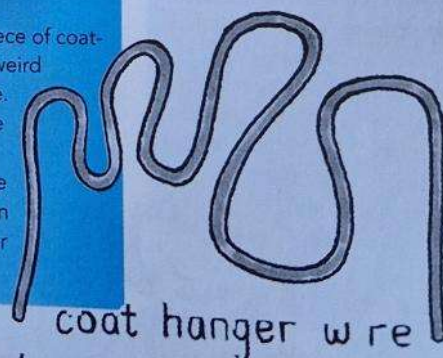
Twist the two ends of wire together in order to make a handle — you may find that the pliers come in handy here. Again you do need to protect your hands when doing this.



Step 4

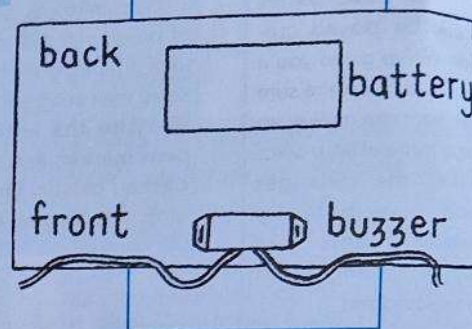
Bend the remaining piece of coat-hanger into a really weird and wonderful shape. Make sure both ends of the wire point downwards.

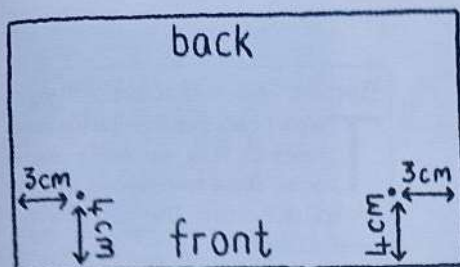
Remember that the more twists and turns you put in the wire, the harder your game will be to play.



Step 5

Place the battery and buzzer on to the piece of wood and mark their positions with a pencil.



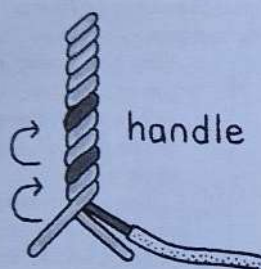


Step 6

Hammer the nail into the wood, about 4cm from the front and 3cm from the side. Make the hole approximately 1cm deep.

Carefully pull the nail out with the pliers and, using the same method, make another hole in a similar position at the other end of the wood.

Fix the buzzer into place on the wood with two nails.



hook-up wire

Step 7

Cut a 50cm length from the hook-up wire. Use the wire strippers to strip off 2cm of the plastic coating at each end.

Twist one of the bared ends around the bottom of the handle you made earlier and fix it in place with insulating tape.

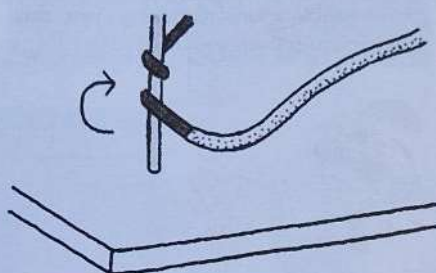
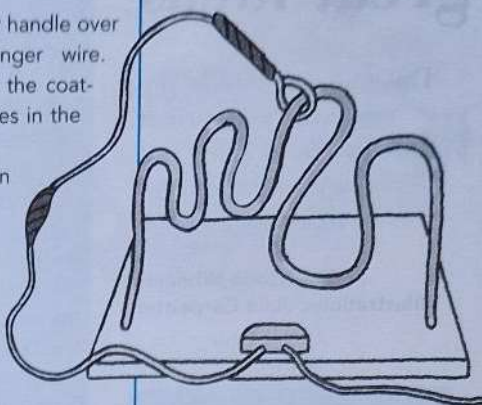
Bind insulating tape round the handle until it is covered from top to bottom with two layers.

Do not cover the loop with tape. Then twist the other end of the hook-up wire round one of the buzzer terminals. Wind plenty of insulating tape around the joint.

Step 8

Slip the loop of your handle over the bent coat-hanger wire. Push both ends of the coat-hanger wire into the holes in the wood you made earlier.

Tape your battery in place with a strip of parcel tape. Next, take the remaining 12cm length of hook-up wire and use wire strippers to take 2cm of plastic covering from each end.



Step 9

Twist one of the bare ends of the wire round the foot of the bent coat-hanger. Then wrap insulating tape round the joint.

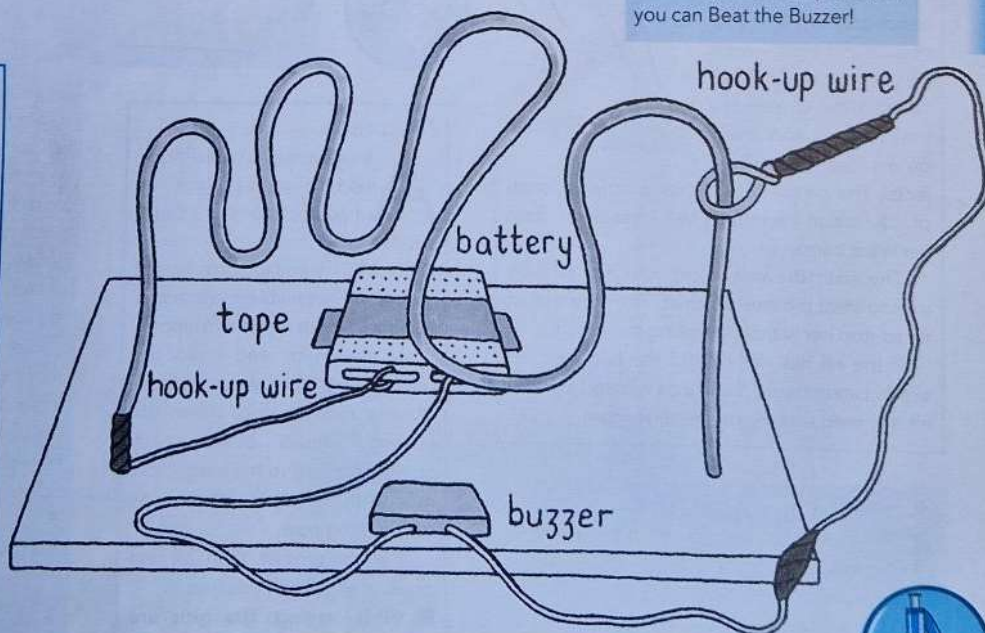
Step 10

Connect the other bare end of the hook-up wire to one of the battery terminals and fix in place with tape.

Wrap insulating tape round the other end of the coat-hanger wire — this will stop the buzzer going off when the game is not being played.

Finally, connect the remaining buzzer terminal to the other battery terminal.

Now you're ready to see if you can Beat the Buzzer!



Fundraising ideas

Why not run a Beat the Buzzer stall at your next fundraising event? Charge 20p a go and provide a prize for the person who beats the buzzer in the fastest time.



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great ideas

This month, we blow the dust off some ancient Guide books, to bring you some exciting ideas from the archives

By Victoria Wheeler
Illustrations: Julie Carpenter

Acknowledgements

■ Grateful thanks to publishers Brown, Son and Ferguson Ltd for permission to use material from *The Girl Guide Book of Ideas*.

Old book, great ideas

Way back in the early 1930s, the *Girl Guide Book of Ideas* and the *Second Girl Guide Book of Ideas*, by EMR Burgess were published.

Although the books are now out of print – and older than the girls' parents and most of their grandparents – the ideas they contain can still be enjoyed by today's thoroughly modern misses.

To compile this article, we have also blown the dust off *The Handbook for Brownies or Bluebirds*, by Robert Baden-Powell, and *The Mauve Games Book*, by Margaret M Russell. Both were published in 1927.

■ We have adapted some ideas from these publications to bring you this nostalgic trip back to our past.

Battleships and submarines

Two girls are chosen to be the battleships. They sit facing each other, about two metres apart, at one end of the room. They also must be wearing blindfolds.

The rest of the unit are submarines. The submarines have to creep up silently and pass between the battleships, without being heard.

If a battleship hears a noise from any part of the room, she may point directly at it and shout 'Torpedo!'. If a submarine is there, she must sit down on that spot.

The Six or Patrol that gets the most submarines through the opening, wins.

The naughty elf

You could call this game anything you like, but it should be played in teams of six. It's especially useful to occupy a Six that is waiting for everyone else to finish an activity.

Five Brownies hold hands to form a line – in order of height – one behind the other. The tallest is the Queen of the Fairies, and the others are her subjects. The smallest fairy has a strip of cloth or a clean handkerchief hanging from her waist band.

The sixth Brownie is the naughty elf who tries to steal the handkerchief. The others must try to stop her without breaking their chain.

If the elf has not caught the handkerchief within two minutes, the fairies win and another elf is chosen and the game starts again.



Fantastic flowers

Exceptionally pretty and very effective, these paper flowers are great to make as a gift, or to brighten up any girl's bedroom.



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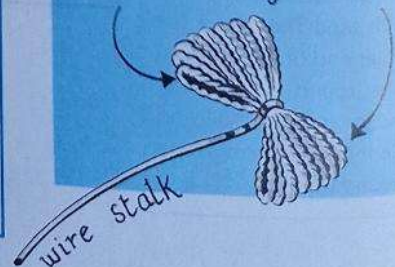
You will need: red and green crêpe paper; yellow wool; florist's wire; green tape (optional); sticky tape.

Cut a strip of red crêpe paper, 30cm by 3cm. Fold it in half – end to end – and again twice more in the same way. Cut out three petals, as shown in our illustration. Unroll them to form a long strip of petals.

Measure out one metre of yellow wool and wind it around your three middle fingers, forming loops. Tie the loops with a long piece of wire (the stalk), as shown below. Next cut through the loops of wool to form the middle of the flower.

Cover the stalk with a long, winding strip of green paper, or green tape. Roll the petals around the yellow middle of the flower and fix in place with tape. Your fantastic flower is now complete!

cut through loops



Mug race

A mug race is an ideal addition to your programme of competitions at a camp sports day.

Each girl needs to equip herself with an unbreakable mug and a thin stick, about a metre in length.

All the mugs and sticks are placed in a line about halfway down a running strip. When the starting whistle blows, each competitor runs to her mug, picks it up with her stick and races to the finishing post.

The mug must then be set down in an upright position.

■ While racing, the girls are only allowed to touch the mugs with their sticks.

■ For a variation, have a go at discus throwing – using a plastic plate!

Bird teaser

Challenge the girls to match the clues to the birds, it's a lot harder than you might think!

- Do it when you eat – swallow.
- Designer of St Paul's – wren.
- Out of breath – puffin.
- Part of a plant – stork (stalk).
- Very quick – swift.
- Tenth letter of alphabet – jay.

Feather fluff

Feather fluff is a fun nonsense game to play in Sixes or Patrols — make sure that everyone is wearing shoes and socks before you start!

You will need: light feathers and newspaper.

Before you begin, everyone should make themselves a simple newspaper fan.

Do this by concertina folding a sheet of newspaper.

All the girls then stand side by side in a close circle. A feather is thrown into the middle of the circle. Everyone has to flap their fans furiously to keep the feather off the ground and, most importantly, away from themselves.

If the feather touches someone, that person must take off a shoe. If she is touched a second time, the other shoe must be removed. On the third and fourth times her socks must come off!

As soon as one person has bare feet — or a time limit has been reached — the game stops. The winner is the player who has hung on to her socks and shoes.

What's in the jar?

This game could be used as a money-spinner at a fête, or as a game at a weekly meeting.

Collect lots of clean, glass jars with lids. Into each jar, put a different white, or near-white, coloured substance — for example: sugar, flour, sago, rice, sawdust, talcum powder...

The girls, in pairs, guess what is in the jars — without taking off the lids! Award a small prize to the girls with the most correct answers.



Treasure in the desert

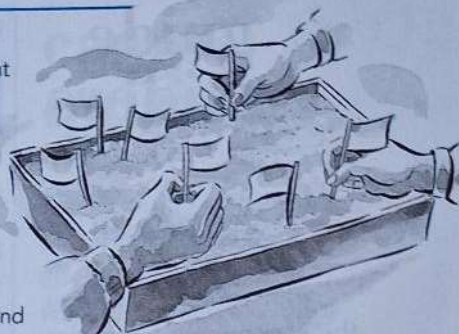
Anyone holding a fundraising event might like to try this sideshow to bring in the customers.

Cover a large tray or shallow box in sand — it needs to be about 5cm deep. Bury a £1 coin somewhere at the bottom of the sand.

Customers pay 10p to stick a flag at the spot where they think the treasure is. At the end of the fair, the person nearest the coin wins it.

■ **Alternatively, bury 1p and the person whose flag is nearest it could win a donated prize, such as a box of biscuits.**

■ **Make flags from spent matches. Split one end so that you can insert a small piece of paper with the customer's name on it.**



Who's that?

Divide the unit into smaller groups of five or six. The teams must sit with their backs to each other.

One girl in each group takes it in turn to call out 'Hello' three times, disguising her voice if she likes. The other groups have to guess who called out.

At the end of the game, the group that has correctly identified the most people are the winners.

The locked bag

Put a number of different articles in a drawstring bag. By feeling only the outside of the bag, the girls must guess what is inside.



Trees teaser

Ask the girls to match the clues with the names of trees. You might like to make two sets of cards — one for the clues and one for the answers.

- A girl's name — hazel.
- The seashore — beech (beach).
- Emblem of Canada — maple.
- A mauve colour — plum.
- Part of the hand — palm.
- A set of two — pear (pair).
- Hardy's comedy partner — laurel.



Girls and boys

All of the following animals and people are described in the male gender.

Challenge the girls to give the female equivalent of each one.

For example: a horse is male and a mare is female.

- Bull (cow).
- Duke (Duchess).
- Fox (vixen).
- Lord (Lady).
- Lion (lioness).
- Gander (goose).
- Drake (duck).
- Monk (nun).



guide guiders

Encourage the 13+ Guide to stay in your unit by outlining the exciting opportunities that are open to her

By Sue King and Kathy Davis



Guiding doesn't have to stop when you reach 13

Look Wider

The Look Wider programme is for the Senior Section. All the activities in the scheme come under Eight Point octants, after first completing the Discovery phase.

Rangers

Girls aged 14 and over may like to join their local Ranger Unit. Rangers aim to be completely self-governing, and enjoy taking part in a wide and varied programme.

Older girls may like to visit a Ranger meeting or an event, to get a taste of the kind of things that the older girls get up to.

Rangers may take part in the Look Wider scheme and the Duke of Edinburgh's Award. They can also become Young Leaders.

Pack Leaders

Pack Leaders are chosen through the Patrol Leaders' Council (PLC). A Pack Leader must have been a Guide for at least a year, and there are a maximum of two per Brownie Pack.

The Pack Leader forms a valuable link between Brownies and Guides — and she gains useful leadership experience at the same time.

A Pack Leader can work towards the Service Flash and Making It Count. She may go on to become a Young Leader.

Young Leaders

Young Leaders provide help within the Guide unit. They may decide to complete the 16-18 Leadership scheme, as well as taking part in the Look Wider programme.

■ Your local Young Leader Adviser will provide support to all Young Leaders and their Guiders.



The role of Young Leader is a very rewarding one

Rainbow helpers

Rainbow Helpers must have been Guides for at least a year, and are chosen by the Patrol Leaders' Council. A Unit can have a maximum of two Rainbow Helpers.

The girls create an awareness of Guiding beyond Rainbows and also help our youngest members participate fully in the Rainbow programme on offer.

Rainbow Helpers wear a special badge and can also work towards the Service Flash and Making It Count.

Action Plus!

Older girls can supplement their own Guiding programme by taking part in the Action Plus! scheme.

Action Plus! is usually operated by the girls themselves, with support from the Guider. It can be used as part of the meeting, or a separate Action Plus! Group can be formed.

Duke of Edinburgh's Award

The Duke of Edinburgh's Award is open to those aged 14 and above. The Guide Association will offer support to those girls taking part in the scheme and the challenging activities that it offers.

Participants start at Bronze level and may work up to the Gold award.

■ The Association has its own Duke of Edinburgh's Award Advisers.

Guiding opens up new opportunities



MARGARET WHITTAKER

Baden-Powell Award

Commitment as an individual is the main requirement for the Baden-Powell Award.

Guides, aged 13 plus, who are working towards the Award, will need encouragement and support. Find out more from the Guide Handbook.

Making It Count

Guides aged 13 and over can work on the Making It Count scheme. It consists of activities designed to develop leadership skills both in and out of the Movement.

The Making It Count resource forms a part of the Look Wider programme for the Senior Section. However, girls will be awarded a basic leadership certificate on completion of the section.

Your local Young Leader Guider will provide support to those on the Making It Count scheme.

All the words in the grid are connected to summer camp. Once you've found them all, the remaining letters will spell out a Guider's favourite part of camp (5-4-4)!

Patrol

mallet

wide game

beach

cook

Guider

bus

fun

showers

tents

fields

postcard

sunshine

guy rope

outing

peg

Word power

■ How many words, of three letters or more, can you make from the phrase 'Patrol cooking'. See if you can beat our score of 50!

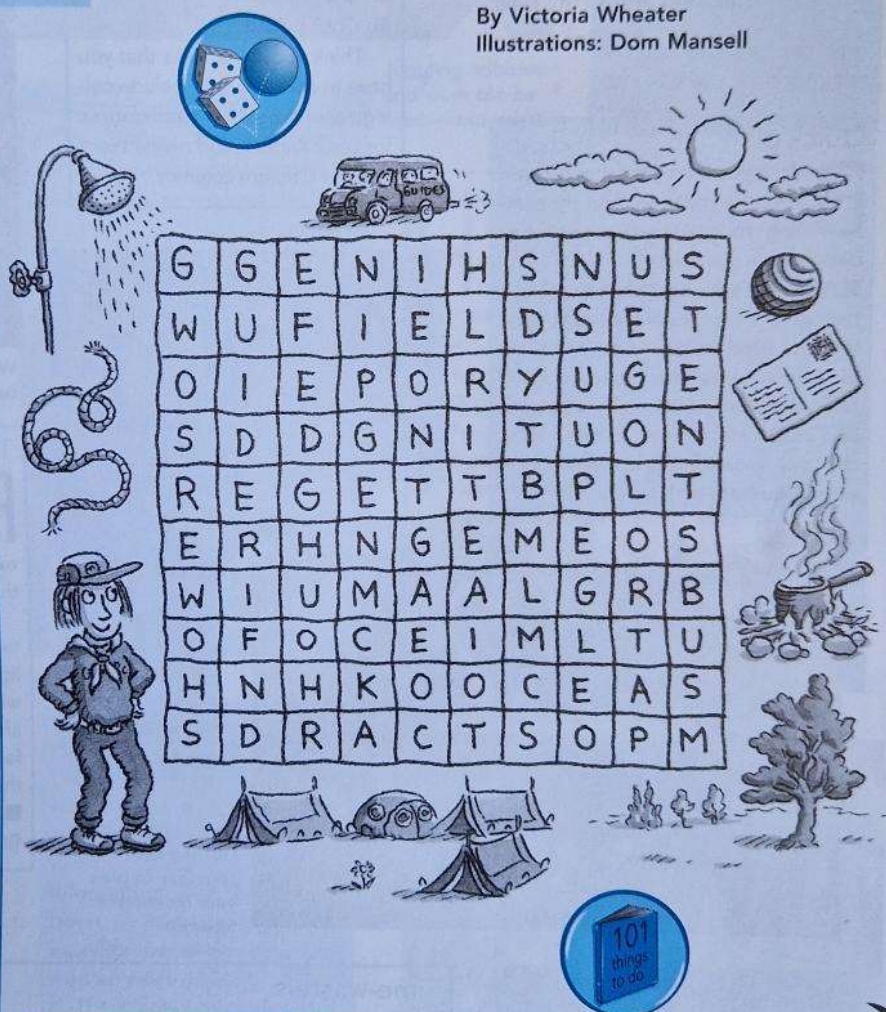
camp quizzes

If it's raining at camp, and there's nothing else to do, make sure you've got several copies of our fun-packed page to give out to the girls

By Victoria Wheeler
Illustrations: Dom Mansell

Brain box

- 1 What is it that is special about a Manx cat?
- 2 Which country played host to the 1998 World Cup?
- 3 Which characters in *Friends* are brother and sister?
- 4 Who wrote *Macbeth*?
- 5 In which country would you find the Leaning Tower of Pisa?
- 6 How many are there in a baker's dozen?
- 7 In America, what do they call crisps?
- 8 Who is Christopher Robin's best friend?
- 9 Which film, starring Kate Winslet, made a splash at this year's Oscars?
- 10 Richard Madeley and Judy Finnigan present which daytime television show?
- 11 Why was it so hot in London in 1666?
- 12 Name the UK's one and only female Prime Minister so far.
- 13 What is the name of pop star Louise's fiancé?
- 14 In which country would you find the tomb of Tutankhamun?
- 15 What do Zoë Ball and Jamie Theakstone both do on a Saturday morning?
- 16 In what year did the First World War start?
- 17 What do the letters in WAGGGS stand for?
- 18 The Lost Boys, Wendy, Nana and Tinkerbell, are all characters in which famous book?
- 19 In the Spice Girls, what is Baby Spice's real name?
- 20 In which street would you find the Rover's Return, Toyah Battersby and Ken Barlow?



Answers

■ Cut off this strip before you copy the quiz page for the girls. You can give them the answers later!

■ Find-a-word: A Guider's favourite part of camp is *Going home time!*

■ **Brain box:** 1-It has no tail; 2-France; 3-Ross and Monica; 4-Shakespeare; 5-Italy; 6-13; 7-Chips; 8-Winnie the Pooh; 9-Titanic; 10-This Morning; 11-It was on fire (The Great Fire of London); 12-Margaret Thatcher; 13-Jamie Rednap; 14-Egypt; 15-Present *Live and Kicking*; 16-1914; 17-World Association of Girl Guides and Girl Scouts; 18-*Peter Pan*; 19-Emma Bunton; 20-Coronation Street.

senior section guiders

Pass on these pages to
your unit for a
constructive meeting that's
all about effective
time management

By Eileen Dover

Quick plan

Before you start your day, or even a weekly meeting, first try planning your time using this quick but effective checklist.

- List the activities that you have to carry out, then estimate the time needed to do them.
- Allow time for unscheduled tasks and decide on your priorities.
- Finally, allow time at the end of the day – or meeting – to look at what you have achieved.



GUIDE ASSOCIATION

Lose your concentration

- The first ten minutes of a 60-minute period are the most productive. After 45 minutes, your concentration span hits rock bottom!

Prioritise your tasks

Divide a piece of paper into three columns, then write the following headings at the top:

- Must do it.
- Should do it.
- Could do it.

Think about the tasks that you have to do – this may include college assignments or even clauses for Look Wider – and divide them into the different columns.

Peak performance

Most people are at their best between 9am and noon. If you have important work to do, make up your mind to attempt it then.

By the time it gets to 3pm, our energy levels and brain power are flagging.

However, they do pick up again between 6pm to 8pm – the ideal time to do your homework!

- At what time of the day are you at your best?

Get the Unit
together to plan
your meetings in
advance



With practice, you should be able to
balance your time perfectly

Treat yourself

Planning your time means including space for you to do special things. For example, if you are revising for exams plan your timetable carefully, so that you have time to relax.

You may choose to do your important work in the morning, then have a light lunch in the fresh air and get on with your less urgent challenges in the afternoon. You could give yourself a face pack and an aromatherapy bath in the evening as a treat.

- Think of ways in which you could fit relaxation into your timetable.

Stop dawdling!

Get into groups and discuss the notion: 'Procrastination is the thief of time'.

Do some members of the group procrastinate more than others? Cut out articles from newspapers to illustrate when someone's procrastination has caused a missed opportunity or a dangerous situation.

Also look for articles to illustrate situations where quick thinking has made a difference to someone's life.

Time-wasters

We should all aim to use our time constructively. This doesn't mean that you have to be on the go all the time. Just plan carefully.

As a group, discuss the most common ways in which you waste time. You may wish to include some of the following points:

- Not planning ahead.
- Setting unrealistic goals.
- Not listening.
- Being too tired.
- Planning in too much detail.
- Always being the one to deal with a crisis.

Chart hits

Make a chart to show exactly how you spend your time during one complete week of your life.

Include things like watching television, sleeping, working, eating, travelling, leisure and so on.

At the end of the week, take a good look at your chart. Are you surprised by any of the results?

I haven't got the time

All too often people complain that they can't do something because they just haven't got the time.

As a group, think of the different occasions when each of you has used this excuse. Perhaps you turned down a party invitation or even a morning's shopping trip with your mum.

Next, talk about the tasks that were so important, you had to turn down those invitations. Were they so very urgent?

Consider how you could have planned your time better, in order to include the nice things as well as the 'nasty' ones.

Brain food

Eating better food can, believe it or not, improve your time management! Starting the day without breakfast means that you will definitely be thinking about food by 11am. No matter how hard you try, you won't be able to keep your mind on your work!

Breakfast also kick-starts your metabolism, making sure that you have enough energy to start the day.

Make a healthy diet part of your time-management plan.

■ During the day, snack on fruit and raw vegetables instead of crisps and sweets.

Tips for better time management

- Stop putting things off and tackle the worst tasks first.
- Don't spend all your time planning and none of it doing!
- Spend time relaxing.
- Keep your workspace tidy and organised.
- If you are having problems completing an essay, discuss it with your tutor before you reach the deadline — not after.
- Use a wall chart to plan your schedule, a month at a time.
- Always wind down from work before you go to bed.
- Try to find the right balance between your social life and work commitments.



MARGARET WHITTAKER

Juggling hobbies and work can be hard — but worth it

Taking on too much

Often, we find it difficult to manage our time effectively, because we have taken on too many commitments all at once.

Learning to say 'No' is an important step in preventing this from happening. Some people find this especially hard, and feel that the only way to complete a task is to do it themselves. If you can, try delegating or sharing your work with others.

Try not to be the person who is always able to deal with a crisis — jumping in with both feet will only cause you extra stress.

■ Investigate assertiveness training courses at your local adult education centre.

Motivational planning

Have a look at dictionaries of quotations and proverbs. Then make up a list of motivational sayings to help you manage your time better. Stick them up around your meeting place or even in your bedroom!

Here are a few to start you off:

- Organisation is the key to success.
- Procrastination is the thief of time.
- A stitch in time, saves nine.
- Time and tide wait for no man.

Discuss what the sayings mean and think about situations when they could apply to you.

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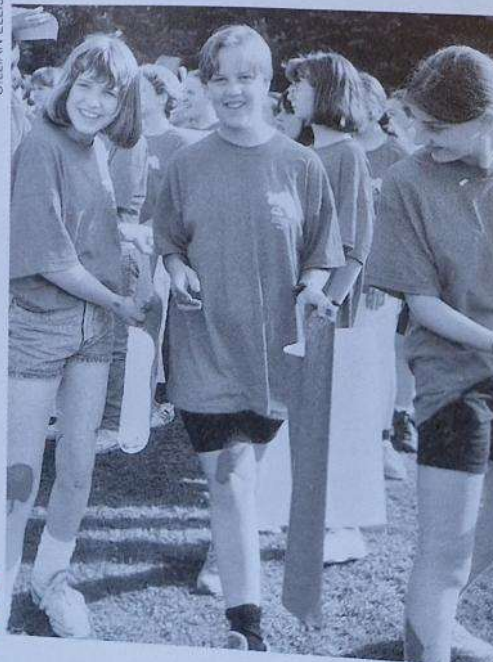
Stop press

■ Rangers and Young Leaders who are interested in learning more about women in politics, should write to the Fawcett Society for further information. The Society has been campaigning for equality between men and women since 1866.

Their latest campaign is to press for the introduction of proportional representation as an effective way of increasing women's influence in British politics.

Contact them at Fifth Floor, 45 Beech Street, London EC2Y 8AD.

GILLIAN ELLIS



Having fun should feature heavily in everyone's time plan!

winning recipes

Mouthwatering creations from the Welsh Lamb Guides Cymru cooking competition along with super puddings, delicious veggie recipes and free videos from BBC Worldwide

Photos by Rob Stratton

Lovely lamb

This month we are proud to present some terrific recipes from the Welsh Lamb Guides Cymru, Broneirion Golden Celebration outdoor cooking competition.

Guides and Senior Section groups from all over Wales, dished up a stunning array of tasty treats in the open air. Try them for yourselves at your summer camp.

■ More competition recipes next month.

Herbed lamb patties

Cardiff and East Glamorgan Guides cooked up a treat with their very tasty patties. Served with special fried rice, this recipe should feed one hungry Patrol!

You will need: frying pan; 1tbs oil; 6 shallots, peeled and sliced; 500g minced Welsh lamb; salt and pepper; pinch each of dried thyme and rosemary; 1tbs chopped parsley; juice of half lemon.

Heat the oil in a frying pan, add the shallots, cook until soft and remove from the heat.

In a small bowl, mix the shallots with all the other ingredients. Form into patty shapes and then fry until they are thoroughly cooked and brown on both sides.

Cardiff and East Glamorgan Guides show off their scrumptious herbed lamb patties



Honey lamb with fruity risotto

This fruity recipe for three hungry people has been adapted from one that was used by Baglan Senior Section, from West Glamorgan.

For the lamb you will need: frying pan; 3tbs runny honey; 3 Welsh lamb loin chops; oil to fry.

Heat the oil and brown the chops for 2-3 minutes on both sides. Coat one side of the chops with honey, flip over and cook for three to four minutes. Coat the other side with honey and cook in the same way until ready.

For the risotto you will need: 200g risotto rice; 50g sultanas; 25g butter; 2 shallots, chopped; garlic clove, crushed; 25g pistachio nuts; pinch each of allspice and ground nutmeg; 1tsp oregano, chopped; juice and rind of an orange; 1 litre vegetable stock; 25g grated parmesan.

Melt the butter and add the shallots, nuts, garlic and spices. Fry for approximately three or four minutes until the shallots are soft. Add the rice to the pan and stir for two minutes.

Pour in stock, sultanas, orange juice and rind. Keep stirring until the liquid is absorbed. Test the rice, add water if needed. Stir in the oregano and parmesan. Serve with honey lamb chops.



Frying up a tasty treat are members of Baglan Senior Section

Lamb kebabs

Anwen and Ceri Davies from Montgomeryshire Rangers, share their deliciously simple kebabs recipe for two people.

You will need: frying pan; 500g lean Welsh lamb; 8 button mushrooms; 6 cherry tomatoes; half a green pepper and half a yellow pepper, diced; oil; wooden skewers; cooked long grain rice to serve.

Soak the skewers in water to prevent them burning. Dice the lamb and fry lightly in oil. Wash the vegetables.

Thread the lamb and vegetables on to the skewers, place in the frying pan and cover. Cook until lamb is browned through and the vegetables are ready.

Delicious served on a bed of long grain rice and garnished with mint leaves.



Anwen and Ceri Davies used the finest Welsh lamb to create their delicious colourful kebabs

Perfect pancakes

Try these perfect pancake fillings from Montgomeryshire Young Leaders, Anwen and Ceri Davies.

■ Melt chocolate, in a dish, over a pan of hot water, then stir in chopped nuts. Whip up some double cream and fold it into the chocolate mixture. Leave to cool then dollop on your pancakes!

■ Core and slice eating apples. Sprinkle them with sugar and then lightly fry in butter. Wrap the glazed apples in pancake blankets.

Golden lamb stew

Golden lamb stew was created in honour of Broneirion's 50th birthday by 1st Llangynidr Rangers. It serves four people.

You will need: large billy can; 500g diced Welsh lamb; small onion, chopped; 5 small potatoes; 1 carrot, sliced; small yellow and green peppers, chopped; large tomato, chopped; tomato puree; 500ml vegetable stock; oil to fry.

Par boil the potatoes. Lightly fry the lamb until all the juices have been sealed in then add the onion and fry until soft.

Add the stock to the mixture, along with the potatoes and other vegetables. Leave to stew for half an hour.

Add tomato puree to taste and stir in the chopped tomato.

Cook for a further five minutes and then serve with boiled rice.



Llangynidr Rangers and their gorgeous golden lamb stew.

Pears cardinal

This fruity treat was concocted by Cardiff and East Glamorgan Guides, as a follow-up to their lamb patties.

You will need: a pan, a sieve, 3 pears; 280g raspberries; 85g icing sugar; squeeze of lemon juice; 2tbs blanched, chopped almonds; 4tbs white sugar; half a vanilla pod; 450ml water.

Poach the pears in the water, together with the white sugar and vanilla. Leave to cool. Rub the raspberries through the sieve, then stir in the icing sugar and lemon juice.

Drain and peel the pears. Cut in half lengthways and serve with the raspberry sauce, sprinkled with almonds.

Video give away

BBC Worldwide has brought out a new set of videos, based on the enormously successful series *Ready Steady Cook*.

There are six videos in the series — *Chicken*, *Pasta*, *Vegetarian*, *Fish*, *Desserts* and *Summer Cooking*. Each features four recipes presented by award-winning chefs, and comes with a special set of recipe cards. BBC Worldwide guarantee that the recipes are exclusive to the video and will never be shown on television.

We have ten *Vegetarian* videos, from the *Ready Steady Cook* range, to give away. If you would like to win one, just tell us which of these recipes you'd expect to find on the *Vegetarian* video:

- fish and chips
- braised cabbage with Tuscan bubbling cheese
- roast beef and Yorkshire puddings.

Send your answers on a postcard to Ready, Steady Cook, GUIDING Magazine, 17-19 Buckingham Palace Road, London SW1W 0PT.

Winners will be chosen in a random draw held after July 31.



Vegetarian halloumi heaven

Fried halloumi cheese with Greek salad and herb vinaigrette, has been cooked up by master chef Tony Tobin, especially for the *Ready Steady Cook Vegetarian* video.

You will need: frying pan, two bowls, thinly sliced red onion; 1tbs white

wine vinegar; a dessertspoon of chopped fresh basil, chervil, coriander, snipped chives; 5tbs olive oil; 4 ripe tomatoes, and a cucumber, chopped into large chunks; 20 pitted black olives; 1tbs chopped parsley; 2tbs lemon juice; 150g halloumi cheese; salt and freshly ground black pepper.

Place the onion in a bowl with the vinegar and marinade for five minutes. In a different bowl, mix together the basil, chervil, coriander and chives, with three tablespoons of olive oil, and set aside.

Make the salad by adding the tomatoes, cucumber and olives to the onion and vinegar. Pour in the remaining oil with the parsley. Season and mix thoroughly.

Heat a non-stick pan until very hot and fry the halloumi for about 30 seconds each side until it becomes brown. Take the cheese out of the pan, season with pepper, then sprinkle on a tablespoon of lemon juice.

Add remaining lemon juice to the herbs and oil. To serve, put a spoonful of salad on a plate, place a few slices of halloumi on top and drizzle round the vinaigrette.

This light and tasty summery dish serves two.

Banana surprise

■ Banana surprise was Llangynidr Ranger's choice of pudding after their golden lamb stew. Simply stir ten crushed digestive biscuits into 50g melted butter. Press into a dish and allow to cool, then top with generous helpings of banana whip.



- Delicious new recipes NEVER SEEN ON TV
- Fern Britton keeps order as Tony Tobin and Phil Vickery cook against the clock
- 4 dishes for two - each costing under a fiver

Just two of the delicious dishes from the *Ready Steady Cook* video range.



guiding



So happy to be here: Japanese Guides in uniform

There's more
than one way
to introduce
your girls
to the
international
dimension
of Guiding

One of the wonderful bonuses of joining The Guide Association is that you automatically become part of a worldwide sisterhood of nearly ten million girls and women. But it isn't always easy to get this message across to the girls.

A group of International Advisers training at Lorne came up with one solution: encourage Unit Guiders to take their girls overseas.

West Yorkshire West's IA Diane Haigh knows this suggestion works, as she's tried it herself. But Diane warned: 'It is hard work and you need a good team of colleagues and friends to help.'

Her trips abroad with girls have taken her to Holland, Canada, America and Mexico. Her travels were prompted by a chance remark from a Guide's mother, who suggested that going to Bournemouth for a camp was 'going too far'.

Diane explained: 'Being the sort of person I am, it made me wonder what she would say if I decided to go even further afield...'

That's why, in 1983, a party of 16 girls and leaders set off for Holland on a Sealink holiday, the cost of which included the use of new bicycles plus rain capes, travel bags, maps and eight nights' bed and breakfast in youth hostels.

'In Holland we cycled 30 miles each day and had two Dutch girls to

act as our interpreters and navigators. This proved a very successful trip,' Diane recalled.

On a non-Guiding visit to Ontario, Canada the following year, Diane met up with a Guider who'd earlier supplied her with information on Guiding in Canada.

That meeting led to a second trip to Canada and the development of

a triangular link between members of three associations.

In 1986 Diane took 14 girls and her nine-year-old daughter to Beyond Our Borders, a camp at London, Ontario. Girl Scouts were also there from Michigan in the USA. 'It was a great week and the weather was beautiful... So many girls wanted us to stay with them for home hospitality that we had to stay with two families,' Diane said.

It was her turn to play hostess in 1988. She invited 25 Canadians and 15 Americans to Hill 'n' Dale at Ripponden in West Yorkshire. 'The weather was not so good - it rained most of the time - but we still had a great time camping together,' she said. Home hospitality followed with a two-day trip to London as a highlight.

Two years later Diane

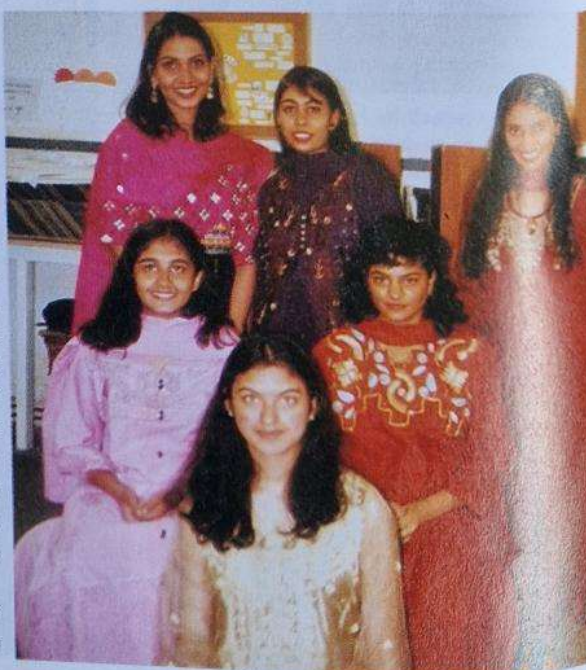
and party were experiencing an American adventure at Camp Linden, in Michigan. 'This was somewhat different as camps go. On checking in we discovered that all medicines had to be handed in, including those belonging to leaders. Finally, at the camp site, the girls were taken to the first-aid tent for a foot check.'

'This site was very spread out and run by counsellors, who usually dealt with children aged five to nine, so it came as a great shock to them to be dealing with us.'

'It was a great camp. We finished by going to Washington DC for two days, where three of our girls were presented with their Baden-Powell Certificates in the grounds of the White House,' she recalled.

Still keen to keep in touch, it was decided to meet up next on neutral ground and Our Cabaña was picked as the ideal destination. 'Unfortunately, it didn't work out as planned and only our girls attended,' Diane said. 'However, it

Bright and beautiful: The Guides from Pakistan had some stunning clothes



triangle



On song: The Japanese girls' kimonos were a sight to behold

was a brilliant experience and we made many new friends. We met girls from USA, Mexico, Honduras, Portugal, Canada and Brazil.

'The thing that sticks in my memory were the Mexican Brownies staying at Ticcalli in Mexico City, who we taught to sing *There ain't no flies on us*. The following morning, as they left by coach, they could be heard all the way down the road singing it.'

For her 'swansong' as International Adviser, Diane decided it would be a lovely idea to stage Hill 'n' Dale 1997. So she sent out invitations to all the friends she'd made during 33 years in Guiding.

Some could not come, others passed on invites and so, on July 18, Guides and Girl Scouts arrived from USA, Japan and Pakistan.

Girls and leaders from Pakistan had been asked because Rainbow and Brownie units had been opened recently in the north of Halifax, where there's a strong Muslim presence. 'We wanted the local people to realise that Guiding was a world-wide organisation, not just peculiar to England,' Diane explained.

It was a small camp compared with most international get-togethers: three sites each with 40 girls and Guiders, plus a Brownie Pack Holiday with 24 Brownies and

leaders. Each site was named after a hill or dale in Yorkshire.

Activities on offer included canoeing, swimming, walking, line dancing, dry-slope skiing, pony trekking and trips on a Guide narrow boat. There was also a visit from the Calder Valley Mountain rescue team — complete with dogs, plus an ocarina workshop.

Community service wasn't overlooked. Campers either cleaned the river; the graveyard at Stones Methodist Church and the footpaths, or they scrubbed the public benches around the parish.

Visits included a trip to Lyme Park; Quarry Bank Mill; Styal Country Park, where there is a working cotton mill; and a trip to Blackpool. The girls met civic dignitaries from both Halifax and Blackpool. They visited Halifax Town Hall and entertained residents of a local old people's home.

Diane said: 'We held a Caribbean evening — complete with steel band — on the last night. The band nearly didn't make it, as there was an accident on the M62 and they were held up for nearly three hours. In the meantime we sang, and sang, and sang — and gave presents. Everyone was

asked to bring a piece of patchwork with them and these are now being made into covers to go on the beds in our narrow boat.

'The following day we had to say farewell to our friends from Japan, America and Pakistan. It was with mixed feelings that we left them at the end of two wonderful weeks of international experiences.'

Diane admits that 'it isn't a bed of roses' organising such events, adding that you don't, necessarily, have to go abroad to make international friends. Just take a party to any of the large-scale international camps held each year in the UK and see what friendships are formed.

'For your first experience find out about an international camp near you and take a few girls along,' Diane advises. 'Learn from others' experiences. Don't be negative, be positive. Look on it as an adventure.'

'If I could turn the clock back, I would do it all again, and probably more. Guiding is about making friends here and abroad. I tell my Guides, when they travel with their families, to visit the local Guide headquarters, if there is one, and they will be made very welcome.'

'Start small and build up. All my experiences were used to make the camp last summer better than the one before. Anyone who wants some tips is welcome to contact me.'

'Don't say "We can't raise all that money", it can be done. We are going back to Canada this summer.'

● GUIDING will be happy to forward any letters to Diane.

The gang's all here: Diane Haigh (second left) took the girls to meet the Mayor of Halifax



information

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*Note All copy for inclusion in October's
GUIDING should reach CHQ by July 24.
Please address all contributions to the Editor,
Nora Warner. Anyone wishing to have
photographs returned that are sent to
GUIDING must include a sae.*

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Norfolk NR12 7JN Tel: 01603 737357

Broneirion
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Fax: 01342 811206

Heritage Centre

The Guide Heritage Centre at CHQ is open
Mondays-Saturdays from 9.30am-5pm (last entry:
4.30pm). It is closed Bank Holidays and over Christmas.

The entrance charge is £2.50p per person.
Booking is not essential for groups of ten or less. Visits
are for 1½ hours maximum. Picnic area available.

The preferred maximum number of visitors per
session is 100.
Ring 0171 834 6242 ext 358 for further visit details.

Country and Region HQ addresses

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The Guide Association Trading Service Shops

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164 St George's Way
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Liverpool L1 1LX
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Trading Service
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Altrincham
Cheshire, WA14 5EQ
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Opening hours 9am until 4.30pm

DEPOTS

If you can't get to a Guide shop, use your local
Depot. There are nearly 800 Depots throughout
the UK which sell all the resources listed in the
published catalogues, uniform and much more.
Depots are run by members of the Association
both to provide a convenient service for other
members, and to raise funds for local Guiding.

The views expressed in *GUIDING* magazine
are not necessarily endorsed by The Guide
Association.

official

your letters

These letters reflect the writers' own views and not Association policy.

Missing Miss Manners

I was shocked to hear from two very good friends that they had experienced unfriendly attitudes from District/Division Commissioners and was inspired to comment via GUIDING.

Did you ask parents to help you with your unit meetings? Did you make them a drink when you made the uniformed leaders one? Did you make them feel welcome and thank them for their time?

Did you have the offer of a leader for Guides with a Camper's licence? Perhaps you are thinking: I wish.

Well, if you are from North London or North Yorkshire these people were in your area! But nobody showed they cared. Nobody offered them tea or coffee. Nobody telephoned them back to tell them of a Guide Company who would love to meet them.

If this is one example, how many other times have adults said: 'Why bother, if they're not interested?'

These two adults have been warranted and have lots of experience to offer. But they need encouragement or they will walk away, too.

Districts, Divisions and Counties spend a lot of time trying to attract new adults. So the next time you have a meeting, look round and thank the leaders and the mums who have helped you out.

And, if you're making a drink, make it for everyone — go on, show them what Guiding is really about.

Liz Taylor
Portsmouth

In a quandary

I suggest that badge tabs should be made for those of us who run more than one unit. Perhaps they could have a green stripe on one side and yellow on the other for a Guider who works with Rainbows and Brownies.

Of course, other combinations could be made for Guiders working with other sections.

I am proud that I run two units but, at present, only wear a tab with yellow stripes. As the Rainbows and Brownies are held on the same night, I find it impractical to change my badges. Is there some way of showing what I do on my uniform that I don't know of? If not, could something be done officially?

Ruth Milnes
49th Geldholt Methodist
Rainbows and Brownies
Huddersfield

Wide awake for fun

Brownie Guiders wanting to brighten up 'Wide Awake' might be interested in our 'holiday', which took place over a two-week period.

Week one: We made a Brownie passport, which included all the usual information found on a passport plus Brownie Pack and Brownie Six details. This was a challenge for our younger ones. We also drew a self-portrait and, on the front, a Brownie symbol of their choice — mostly toadstools!

Week two: With a lot of help from two wonderful Pack Leaders, who dressed up and played the role of air stewardesses, we went on a 'Wide Awake holiday'. Girls were issued with half a ticket and had to find the girl with the matching half.

Passports were then stamped by Brown Owl in 'Brownie Passport Control' and the girls waited in the 'departure lounge'. The 'plane' was set out using chairs, and the girls were shown to their seats by the stewardesses, who also performed the usual safety demonstration.

In-flight entertainment was a story on which the girls answered a quiz to prove that they were wide awake. In-flight refreshments were served and, after some pretend turbulence, Brown Owl landed the plane. The girls disembarked into four teams for some wide-awake holiday games. We finished with a quiet Kim's game with a holiday theme.

We had a great time and proved we were wide awake, with a new twist! All it needed was some game Pack Leaders and an idea that snowballed.

Carol Jones

Assistant Guider

2nd New Haw Brownies

Addlestone, Surrey

Really friendly

Recently three Trefoil Guilds from Weald Division, Sussex East, together with some Guiders visited the Guide Heritage Centre and enjoyed a wonderful day.

We were a little apprehensive as our Guild includes a disabled member — knowing that 'user-friendly' for wheelchairs' doesn't always mean quite that. But we needn't have worried.

In true Guiding fashion, we were met by friendly, helpful, considerate staff. There was an easy-to-use and well-designed lift for wheelchairs, so our member enjoyed every minute, everything was really user-friendly, including super loos.

It was a happy day out for us all, made even more enjoyable knowing that she could be included in everything.

So don't dither, go on, book a trip to the Heritage Centre — it's fun!

Audrey Milton

Secretary,
Heathfield Trefoil Guild
East Sussex.

Surplus stock

We have had donated ten green neckerchiefs with a white border that we cannot use.

For a small donation, we would be pleased to pass them on to a unit who could make good use of them.

Elizabeth Walter

Stockport

● Contact Elizabeth via GUIDING.

Can you help?

I am a 17-year-old Ranger and Young Leader with a Guide unit.

At present, I am taking A-level religious studies.

For my course I have to complete two pieces of work, one of which I want to be based on Guiding, but it has to be linked with religion.

I have decided that I want to write about all the different religions that are involved in Guiding, and how members of the Association cope with this.

As I live in an area where there are very few Jews, Muslims, Hindus, Buddhists and members of other religious groupings, I am relying on the help of Guiders, Guides, Rangers, Young Leaders and Brownies around the country.

I would be very grateful if anyone who could help would contact me at the address below as soon as possible, as I want to start the project in the summer break.

Nicola Huxtable

2 Tan Y Darren

Ynysmeudwy

Pontardawe, Swansea

West Glamorgan SA8 4QT.

Memory lane

Two readers have been inspired to tell us some of their recollections of the World Camp at Windsor in 1957 by Ann Phillips' letter in April's *GUIDING*

Thrilling experience

I, too, have wonderful memories. I was part of a contingent of 66 South African Guides, Rangers, Cadets and Guiders. I was in Mafeking camp, section ten, group two, with Guiders from Ulster. Some of us still exchange Christmas cards.

I remember the marvellous camp fires we had and that final camp fire with Miss Hartley and Miss Chater and the wonderful control they had of the enormous crowd.

There was tremendous excitement when the Princess Royal arrived, and we were very excited when our contingent leader was presented to the Queen, and I recall the thrill of seeing Olave, Lady Baden-Powell and hearing her speak.

I have a scrapbook/diary of our trip and, after reading Ann's letter, I spent a couple of hours reading all about the camp.

What memories it evoked: the vastness of the camp; the distances we walked to see our friends; all the new friends we met; comparing our way of camping with those from other countries; sleeping under the stars and persuading campers who had never done that before to join us out of doors.

I, too, have remained in Guiding all my life and have recently received a Bar for 50 years of warranted service. I echo Ann's words — Windsor Camp inspired me to carry on with Guiding.

Having been a Guider with the 2nd Green and Sea Point Guides for 47 years, I have been Regional Trefoil President for the past three years.

Doreen Haddow
South Africa

Letters should be kept short and the Editor reserves the right to edit any contribution. They must give the author's name, address and, if possible, a daytime phone number.

Musical magical moments

It was with great interest that my wife and I read the letter about the National Scout and Guide Orchestra.

We both have fond memories of the NSGO and, although we did not meet through it, we were the first married couple to play in the orchestra at the International Conference in York in 1980. This caused significant problems to the home hospitality arrangements — although we had only recently got married, we were allocated separate accommodation!

I was one of the founder members of the orchestra and, along with my brother, I attended the first course as a trumpeter at Gilwell in late 1976/early 1977.

During these winter courses we had the sole occupancy of Gilwell Park and, for us, there was a special magic about not only the venue, but also the time of year. Snow and freezing temperatures were a regular occurrence.

I continued to play until pensioned off in 1980 and my wife — Sarah Hughes — attended as a Guider and violinist in 1979 and 1980.

We have subsequently maintained our links with the orchestra, as my younger sister played bassoon until 1996, having the opportunity to visit America and play — and faint — at the White House.

Our own children are now approaching the standard necessary to apply and, maybe in the future, a second generation will have an opportunity to make music and share the fellowship that was such a feature of the courses.

We are still in touch with former players, and it would be a wonderful idea if a reunion concert could be staged (in the year 2000?) to celebrate the marvellous achievements of the NSGO and its players.

Andrew Corish
Shropshire

Royal confusion

One of my memories was a camp-fire sing-song in a huge marquee run by Mary Chater, who wrote many of our Guiding songs. That camp fire has yet to be surpassed for me.

I was in a guard of honour for Olave, Lady Baden-Powell, whom I had spoken to at a rally a few years before. But the greatest honour was being chosen, along with a Ranger from Scotland, to serve the Queen when she visited the camp.

We were both very nervous and, although she spoke to us, I still cannot remember if I responded.

My job was to help prepare meals for the Guiders and visiting guests.

I, too, am still in Guiding and finding some changes very hard to accept.

I've even joined the Trefoil Guild (though I can't believe I'm old enough to join).

I am now Assistant Guider with the 2nd Bourne Guides and will always be involved in Guiding one way or another.

I, too, would be delighted to hear from any other Rangers on Central camp. Perhaps a reunion could be arranged, or invitations could be sent to those who attended the '57 World Camp to visit the 1999 camp.

Margaret Osborne (née Hart)
Assistant Guider
2nd Bourne Guides
Lincolnshire

Stunning success

On behalf of the Steering Committee for Foxlease's 75-year celebrations, held throughout 1997, I would like to thank all our members who made the year so very special for us.

Not only did we have a thoroughly good time, achieving all four aims we set ourselves for the year, but we also raised in excess of £33,000 to be spent on the improvement of facilities at Foxlease.

The initial two projects, which are to be helped by this money, are the abseiling/climbing tower and the purchase of a 'hill' for grass sledging, both of which will be in place during 1998.

Thanks again to you all.

Chris Tozer
Torquay

Experience will count

With the recent introduction of the new Camp and Holiday training scheme, the problems experienced by the disgruntled Guider, who asked in April's *GUIDING* why she couldn't take her Brownies to camp overnight, should be eliminated.

This, of course, applies to both sides of the argument. I imagine that there was an equally convincing other side to the story, which we have not had the benefit of hearing!

Had the new scheme been in operation, any appropriate experience would have been taken into account, and any specific shortfall in this Guider's camping skills easy to spot.

With my limited understanding of the new scheme, I think I am right in saying that if this Guider has a Pack Holiday licence she will be accredited with modules one to seven and ten and, therefore, is now the holder of an overnight licence, thus enabling her to take the Brownies on an overnight event provided the rules are adhered to!

I sincerely hope that this did not happen in my County, as I did not get to hear about it!

Christine Cheesmuir
Outdoor Activities Adviser
Sussex Central

from campus to camp site

This month Wendy Wilson's second son Joshua celebrates his first birthday. This is just one example of the many ways in which her life has changed since *GUIDING* last featured her, back in 1990.

Then, as Wendy Luff, she was a young mum bringing up two children singlehanded while studying for a degree. She told us at that time: 'I want to support my children and to give them the best I can. I am going to end up in a job which I enjoy.'

Well, did she? *GUIDING* traced Wendy to her new home in Essex and discovered a happy wife and mother, thoroughly involved in service to others and studying yet again for a new direction in life.

'Soon after the feature appeared, I began to have doubts about my ability to achieve a degree and depression set in,' Wendy admitted.

She nearly quit college but struggled on and did get her degree — a BA (Hons) in Communication and Cultural Studies with Public Media. 'It was so exciting when I graduated and, of course, I was really glad I hadn't given up,' Wendy explained.

In 1991 her personal life took a decided turn for the better, when she went along to help at a Bradford Scout Jamboree and met a keen Scouter, Kevin Wilson. After that, it wasn't just Scouting Kevin was keen on. A whirlwind romance followed.

'I knew within days, that Wendy was the girl for me,' Kevin said. 'But I had to tread carefully because there were others to be considered — Wendy's children: Zubie, eight, and six-year-old Daniel. After Wendy and I had been going out for about four months, I asked them whether they thought I had a chance with their mum. They seemed to like the idea, so I lined them up and proposed to all three together. It was quite an occasion.'

Kevin and Wendy married in



Meet the family: In her new life, Wendy certainly has her hands full

October 1993. 'We were still living in Yorkshire. I'd had a couple of temporary jobs and Kevin was driving buses, but he longed to be out in the fresh air,' Wendy recalled.

Picking up a discarded leaflet changed their lives. Kevin thought the B.Tech National Diploma course in Outdoor Pursuits it outlined was just what he was looking for. They decided he should go for it. It was a big step, as it meant living on Family Credit, although Kevin's fees would be paid.

Course completed, he applied for several 'outdoor' jobs, one as Warden of Belchamps Scout camp site at Hawkwell in Essex. On New Year's Eve 1995, the Wilsons moved to their new home. The house provided is in a quiet, peaceful setting and has beautiful views.

'Kevin is Warden and I'm Assistant Warden,' said Wendy. 'My job doesn't even carry a salary but I'm working alongside Kevin and I'm happier than I've ever been. So, you see, I was right when I said I was going to end up in a job I enjoyed. But I never imagined that

would include a husband!'

However, life hasn't been easy. Shortly after the move, Wendy was diagnosed with coeliac disease.

Rather harder to cope with was Daniel's serious accident last year, when the family feared for his life. A 200-mile dash to his bedside was a frightening experience, especially for a mother in the early stages of pregnancy. Daniel recovered slowly and, eventually, returned to school.

Now Wendy has a new project. She explained: 'I've always had a strong Christian faith and, over the years, my commitment has steadily increased. I spoke to our minister about training to be a local preacher. She told me how to go about it. So now I'm in the middle of my second period of intense study. I know it will increase my confidence when leading Scout and Guide worship on site, which is one of my duties here.'

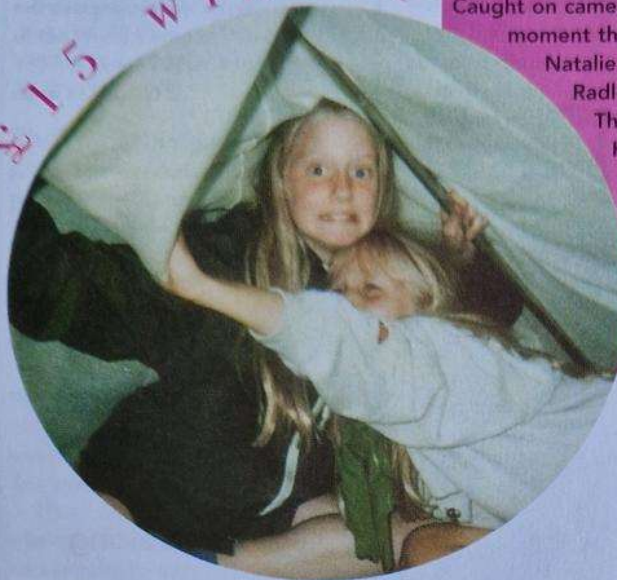
All her family is backing Wendy's new direction — and *GUIDING* could be back in another eight years to see what she's achieved. ■

A job she'd enjoy was all Wendy Luff thought she wanted — then along came Kevin...

By Gillian Ellis

in focus

£15 winner



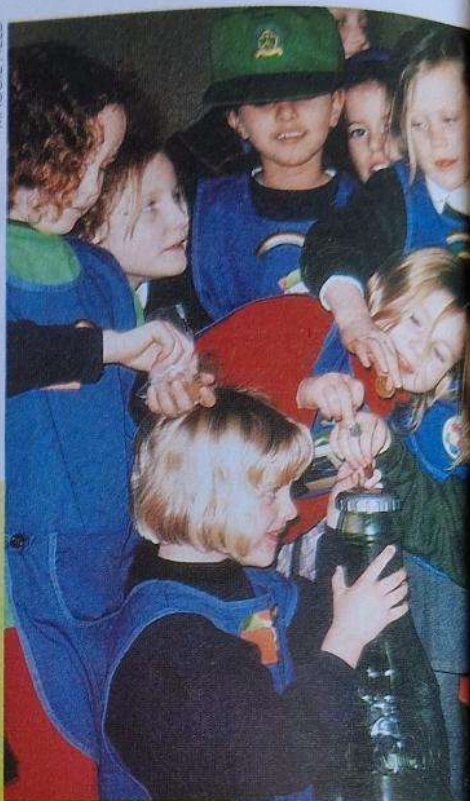
In-tents excitement

Caught on camera at the exact moment the tent fell down, are Natalie and Chloe of 2nd Radlett Guides.

The rest of the Hertfordshire Patrol scrambled to the rescue and the tent was put up again for the night. After that the girls hardly slept a wink!

MAGGIE FIELD

ALIYA KAMRUDDIN



Magic pennies

These 'rich' Rainbows are all from 1st Bridge Unit in Kent East. The girls came up with a novel way to raise money — filling this outsize bottle with spare change. The Rainbows made a grand total of £13 in four weeks, with cash raised by being rewarded for doing small jobs at home.

Hair today...

A good hair day was guaranteed for the 1st Sandringham Guides, who queued up to have their luscious locks transformed into a riot of colour, by this hair-braiding Ranger. This was just one of the great activities of offer at Norfolk North West Division's camp.



ALEX POLAINE

LYTHAM ST ANNES AND FYLDE EXPRESS



Bonza barbie, mate

Cooking up a treat on a disposable barbecue, are some of the girls from 12th Tonbridge Brownies, Kent. Even though smoke got in their eyes, Gemma Faircloth, Gemma Whyman and Jenny Humphrey were all looking forward to a big burger for their tea.



BARBARA DAVISON



PHOTO COURTESY OF WILTSHIRE GAZETTE AND HERALD



Loadsa lolly

Keeping a beady eye on their fundraising stall are these sweet-toothed Brownies from Ramsbury, Devizes. Katie Nicholls, Heather Curtis and Lorna Kimber, have certainly got it licked when it comes to making cash for their favourite causes.

CATHERINE HOLMES



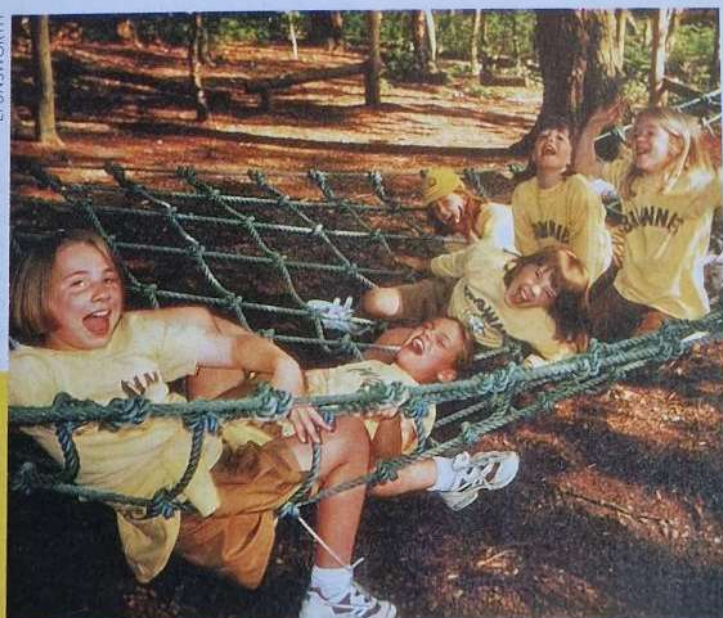
What the blazes?

Setting fire to a sports hall in Lytham St Annes, are Dominique Smith-Hart and Tracy Low. But there was no need to call the brigade, as the Brownies were closely supervised by the other members of Fylde South Division who were taking part in an indoor camp fire and sing-a-long.

Hook a duck

Checking out the local wildlife is Ruth Silburn, Commissioner for Suffolk's Britannia District. Her efforts were just a small part of Suffolk's exciting County camp. Over 450 girls and leaders had an absolutely quacking time.

EI LUNSWORTH



Surfing the net

Caught up in the fun of Guiding, are these girls from Cheshire. The 1st Acton Brownies were enjoying an action-packed assault course, while on Pack Holiday at Pettypool.

Please keep sending in your Guiding photographs, we love to see them!

Each month there's a £15 prize for the best photo and £5 for every other snap we print. Please include a sae.

shop steward

Setting up shop was a revealing experience for Ginny Chicot

Game for a laugh: Rainbow Guider Marilyn Greenwood enjoys a joke while filling out an order form



GINNY CHICOT

What do you do when you're thousands of miles from a Guide shop? Here in Abu Dhabi, in the United Arab Emirates, we don't have a shop. We have a wardrobe — in my flat. It's a large wardrobe, fortunately. It has to be. It is the 'warehouse' for our District 'shop'.

Although Guiding has operated in Abu Dhabi for over 30 years, it is only relatively recently that there has been a shop. In the past, units ordered their own items from the UK, which meant delays in getting badges and uniforms. Items were either shipped — taking many weeks — or sent by air mail — faster but expensive, as a large jiffy bag can cost over £20 to post.

In 1988, Abu Dhabi and Al Ain units were combined into a District, with Jackie Schwarz as DC. She decided it would be more practical to hold stock locally and to consolidate all UK orders so that we could have a bulk order discount. A local firm was persuaded to air freight boxes at a low cost.

Apart from a one-year break, Jackie was 'shopkeeper' until I visited the British Embassy Fair last year. A chat at the Guiding stall, one phone call and a visit later and

Jackie handed the shop over to me. A year on, I know why she smiled.

Boxes of stock arrived... and kept on arriving, along with stock cards, forms and catalogues. Handing me yet another order, my husband complained that our fax machine was meant for his work. The telephone rang constantly.

Initially the terminology caused problems, new badges had been introduced since I'd run a unit. Guiders used different names for the same badge. I would ask: 'Do you mean the badge with the squiggle or something else?'

Fruitlessly searching the catalogue for our District badge, I discovered it was sewn locally. Telephoning the firm to request 80 Abu Dhabi Girl Guide badges drew a blank, so I went in person. Not easy in a city where there is no such thing as a 'proper' address. People refer to their apartment block by the name of the shop on its ground floor, saying 'It's Lovely Laundry building, next to Pizza Hut on Electra.' Unfortunately, officially, Electra road does not exist.

Visiting anyone, you are always given a map. So, map in hand, I found the place that produced the

badges and showed them the badge I wanted. 'Oh, you mean the Scout badges,' came the reply. I learned that we use the same badge design as the Scouts here.

I keep a selection of badges. Cyclist badge is not popular here, possibly due to the way people drive! Swimming badges are, as most children can swim by the time they are four.

World Traveller, World Issues and World Culture badges are common. Interpreter's badge is often taken — some girls attend schools where they are taught in a different language, others have parents of different nationalities. All have to learn Arabic in school.

Uniform requirements are simple. Due to the climate — winter temperatures are around 25°C — Brownies, Guides and Guiders choose culottes and polo shirts, although some Brownies are changing to shorts and T-shirts.

Once a term a big order is sent to the UK. If a Guider visits the UK, I beg luggage space for any Guiding items they can carry back. Parcels are collected from the central post office, where they are opened in front of you and searched. Videos are taken away to be screened for offensive material.

Guiders collect completed orders from my flat. They have, of course, been given a map.

Before sending in the UK order, I host a coffee morning. Boxes are emptied and the lounge filled with mugs, bags, books and uniform. Guiders can flick through catalogues and buy what they need.

Running the shop can be time-consuming. But, unable to commit to running a unit, it's a great way to stay involved with Guiding.

● Ginny is a freelance writer living in Abu Dhabi with husband Phil and two children — 17 month-old Louis and Odette, aged five, who is a Rainbow. She worked with Brownies in the UK.

prayers answered!

Gill Woodcock, Gloucestershire Guides' recently retired Assistant County Commissioner, rarely misses a trick when it comes to doing her County's ambitious Bubb's Hill project a bit of good.

So, when she learned that radio station Severn Sound's *Careline* had mentioned a local organisation being in search of a worthy cause on which to bestow some cash, Gill was on the telephone in a trice.

'They'll not find any scheme more deserving than our Bubb's Hill,' she told them.

In no time at all Gill had four representatives of Marks & Spencer – the would-be benefactor – inspecting the 21-acre site near Deer Park, the County's headquarters and training centre.

There, like the Grand Old Duke of York, she 'marched them up the hill and marched them down again'. The M&S team were out of breath but, just as Gill had intended, were very impressed with all the environmental work that is going on.

Result: St Michael blessed Bubb's Hill with a cheque for £3,508 for further improvements to the site. The money was raised by Cheltenham M&S staff through a scheme to help the environment – recycling coat-hangers.

Gill, who heads the Bubb's Hill management team – but prefers to call herself 'chief paper shuffler' – explained: 'When I contacted *Careline* I had no idea that the fairy godmother looking for somewhere to wave a magic wand was Marks & Spencer. When all was revealed, I realised that this was my cue to work some magic on them.

'I learned that when customers are making purchases of garments, they are asked if they wish to take the hanger. If they don't, the hanger is returned to the appropriate supplier, who makes a small payment for each one.

'It works out, I was told, at about 1p per hanger and that's how the staff accumulated more than £3,000 to give away to a local cause

working for youth. Naturally, I think it's a marvellous scheme – especially when it helps us!'

The St Michael money is being used to help pay for repairs and extension work to stone walling on the site. A lot of other improvement work is going on there, including hedge and tree planting.

● The story of how neglected farmland on a hill is being transformed to provide new camp sites, grass sledging, archery, orienteering, mountain biking, nature trails and other facilities, was told in *GUIDING* last September.



PAULINE MERCHANT

Miracle workers: Gloucestershire Guides were grateful for some support from St Michael

**St Michael
played fairy
godmother to
one Guide
County**

at the centre

Where can you spend a weekend with like-minded people and come back revitalised – ready to enjoy your Guiding? The answer's easy: at the Association's Training and Activity Centres.

'I am going away with renewed



Coming together: Learning from the experience of others in a relaxed atmosphere

enthusiasm and confidence' ... 'this has been the best training that I have attended in all my years in Guiding' ... 'I shall definitely come again' ... 'We have got to know the other Guiders much better and have had a great time' ... 'My unit will enjoy lots of new ideas' – these are just some of the comments made by Guiders after they've attended County or Division training weekends at the Centres.

The process of putting together the programme for County and Division training weekends at Foxlease and Waddow in 2000 will begin shortly, and readers are invited to send for

an application form now.

Both Centres can accommodate up to 60 people. It is possible to book all the beds available at a Centre, or smaller numbers to suit your requirements.

Please contact:

Mrs Margaret Firth
Waddow Hall
Clitheroe, Lancs BB7 3LD
Tel: 01200 423186
Fax: 01200 427460

Or

Miss Christine Davies
Foxlease
Lyndhurst,
Hants SO43 7DE
Tel: 01703 282638
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**If you've
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phone call
away**

The Trust Corporation is a subsidised service provided by The Guide Association for its members. It charges no fees to units or areas using the service, although it does ask – nicely – for a small donation when a property is taken into trust for the first time or a lease is renewed. So what is the Trust Corporation and what does it do?

The Guiding Manual explains the necessity of appointing trustees – holding trustees – to hold the title to land and buildings – or investments – owned by Guide units and areas.

The Guide Association Trust Corporation was established in 1937 to act as a holding trustee for Guide units and areas, and for Guides and Scouts if the property is jointly owned. To satisfy legal requirements, it has been registered as a company limited by guarantee, and is also registered as a charity.

It is overseen by a Board of Management, chaired by the Chief Guide, which includes the Association's Honorary Treasurer and six other members nominated by the Chief Guide.

The Trust Corporation's office at CHQ is staffed by its Secretary, solicitor Roger Peters, who is assisted by Jill Farnfield. John Platt, the Association's Head of Finance, is its Treasurer. Peter Buckhurst, a chartered surveyor, has been appointed as Property Consultant.

What does it do?

The Trust Corporation exists principally to act as holding trustee for Guide – or joint Guide and Scout – properties or investment funds. The alternative is for three or four local individuals to act as holding trustees.

This can work well and *The Guiding Manual* makes no distinction between using the Trust Corpo-

ration or local trustees, as long as they are properly appointed.

But the Trust Corporation's advantage over local trustees is continuity. It will always be there. There will be no need to incur legal expenses to replace trustees who move away or die. And CHQ's efficient filing system ensures title deeds and the history of a property are readily accessible, when required.

However, the Trust Corporation doesn't control the management and administration of such properties or investments. All those responsibilities remain with the unit or area. A local management committee will deal with the management and administration.

The Trust Corporation exists to offer help, support and advice, but it does not make decisions – it only follows the directions of the unit or area concerned.

How can it help?

Apart from providing a user-friendly way of putting the property, or investments, in the hands of a holding trustee, the Trust Corporation is able to offer technical advice and support on the majority of property-related issues.

Guidance can also be offered on the new procedures required by the Charities Act 1993 for both the purchase and sale of property. It is often possible for the Property Consultant to help with and, sometimes, conduct negotiations on the grant or renewal of leases on Guide properties held by the Trust Corporation.

In most cases, the lease can be approved by the Secretary, in his capacity as a solicitor, without instructing an outside firm.

Assistance in dealing with the intricacies of charity registration and, where appropriate, de-registration is also provided.

Although the Trust Corporation has no funds of its own to help with the properties it holds, the Finance Department at CHQ administers

the Association's Revolving Fund which can lend up to £5,000 for property-related expenditure, if the Trust Corporation is trustee of the property concerned.

What else is on offer?

The Trust Corporation acts for over 500 Guide and joint Guide and Scout properties, and has accumulated years of experience of the problems involved not only with owning Association properties, but also with using them.

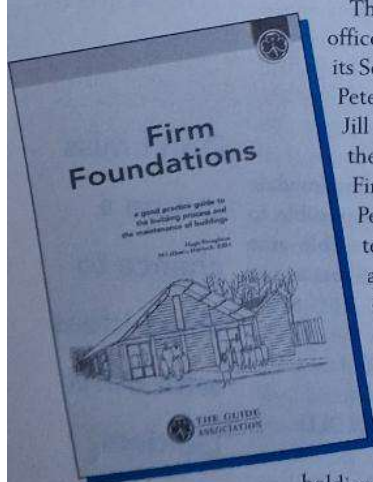
It answers calls for help on a wide variety of property-related topics, from difficulty with neighbours, to arrangements for letting out the headquarters to other organisations, to – just occasionally – the unexpected, such as: 'Are we responsible for wild animals on our camp site?'

The office at CHQ is there to help, although the more complicated lease renewals, property disputes and any purchase or sale of freehold property is best left to local solicitors. But the Trust Corporation does what it can to provide a helpful first response to any enquiry, using experience gained elsewhere for answers.

Much of that experience was drawn on for *Firm Foundations* – written as a resource for all local management committees. A paperback, *Firm Foundations*, contains extensive and useful advice on the maintenance and upkeep of Guide buildings and expert guidance on building projects.

A limited supply of copies is available on written request from the Trust Corporation, and further copies can be purchased through Trading Service at £2.95 each, quoting 63602.

● A leaflet and more information about the Trust Corporation is available from CHQ. Address your requests to: The Secretary, The Guide Association Trust Corporation, 17-19 Buckingham Palace Road, London, SW1W 0PT. ■



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marathon woman

Guiding can take you anywhere — even across the finishing line at the London Marathon

All Guiders give a lot to Guiding but volunteering to run the London Marathon — and getting your husband to take part too — is much more than most Association members could contemplate.

Yet that's just what Carol Sills, a Brownie Guider from Martock in Somerset, offered to do, although she'd never tackled a marathon before. Nor had her husband Mike.

Carol was determined to get some financial gain for her pains. She wanted to raise cash for the Somerventure project — a much-needed for and needed Training and

explained: 'Fundraising events large and small have been undertaken throughout the County by all sections — but to run 26 miles for Guiding... Yet Carol is so dedicated to Somerventure that she did just that wearing a Brownie uniform!

'Everyone in Somerset is very proud of Carol and Mike for helping in such a positive way.'

The pair began some serious training after Christmas, when they heard that their applications had been accepted.

By Easter they were ready to run in a half-marathon at Bath and their spirits were boosted by completing the course.

On Marathon day, Rita and Somerset County Commissioner Margaret Maltby travelled up to London 'in the vague hope of actually spotting Carol and Mike among the 30,000 runners'.

Rita recalled: 'We arrived in pouring rain but that didn't dampen anyone's enthusiasm. The atmosphere was incredible.

'We stood near the 25-mile indicator, knowing that Carol hadn't reached her expected time for that section. We scanned every face as the runners came along.

'The fun and friendship shown by everyone was tremendous. We discovered that the lady standing next to us was from Watchet, Somerset and was there to support her son.

'The joy of seeing Carol — we didn't see Mike although he was close by at the time — was absolutely unbelievable.

'She seemed to appear out of the crowd, so we yelled and clapped and received a lovely smile and wave as she spotted us.

'She had one mile to go and looked relaxed and confident. One in 30,000 and we saw her!'

Later, Margaret and Rita caught up with Carol and Mike as the couple stood recovering at the finish. They were surrounded by their family and proudly displaying their hard-earned medals.

They had crossed the line together, having covered the course in four hours 55 minutes. Their joint efforts raised around £2,000 for the Somerventure project.

Some of Mike's friends from Dorset and Leicester had also sponsored him to raise money for cancer research and to help people with multiple sclerosis.

Final comment from Rita: 'We felt at the end of the day that we'd had an experience that money can't buy. Guiding provided our opportunity to be in the capital and share in that incredible atmosphere.'



BRENDA BICKERTON

Brownie power: My aren't you a big girl to be a Brownie — Carol is in costume for the London Marathon

Activity Centre for Somerset.

Rita Almond, Somerset's PRA



MARGARET MALTY

We did it! Carol and Mike Sills celebrate their Marathon achievement

One of the very interesting phases of my long Guiding career, which began in 1935, occurred during my involvement with Guiding in India as an English expatriate.

It came about because I married a clergyman who joined the Church Missionary Society. We were sent to Kerala, the coastal state in south west India. I'd met William in Wigan, where he was curate to the chaplain at the hospital where I worked as a nurse.

In 1957 – three years after our wedding – we set off for India, taking with us our 15-month-old daughter, Stella. On the way we "stopped off" for seven months of CMS work in Sri Lanka, then called Ceylon. We were based in Colombo, where our second child, Judith, was born soon after our arrival.

Our son, Richard, and our youngest daughter, Ann, were both born in Kerala. All the children attended boarding school in the Nilgiri hills. In the hot season William and I would go to the hills to get away from the searing heat and to spend time with the children.

It was not until our last year in India that I became involved with local Guiding. I was asked to become HQ Commissioner for Bulbuls in Kerala State.

Bulbuls are, of course, the equivalent of our Brownies and my specific task was to help to run a programme to train Bulbul Guiders.

It was quite unlike leader training in the UK because those on the course were all schoolteachers, seconded to it by the education authorities. The teachers were required to be involved in youth work as part of their duties. In other words, they were being "pressed" into Guiding service!

Some of them had no inkling of what the Movement was about and, at first, were quite embarrassed at playing games – an activity quite outside their culture.

However, the majority were at least cooperative, if not enthusiastic, and the unusual circumstances made the task all the more interesting, although I never learned if the project was successful.

My Guiding career began in Southport, Merseyside. I was a

Joyce Whiffen

from Milton Keynes, Buckinghamshire



JASON HURST

A Trefoil Guild Council member, she was once a Commissioner for Brownies in India

Brownie, a Guide and then a Cadet during the war. At 18 I started my training as a nurse at Wigan. Whenever I could find the time, I rushed back home to help my mother with a Guide unit she ran.

Having completed my general training, I went on to become a midwife and, eventually, returned to Wigan as a nursing sister. Somehow, I found the time to reopen Guide and Brownie units, both of which had become inactive.

So, on our return to the UK, just as Ann was ready for Brownies, I found myself taking over a Brownie Pack because Brown Owl was leaving. We were living at Clay Cross, Derbyshire then, as William was the Vicar and I later became Clay Cross District Commissioner.

After five years, we moved to Bromley, south east London. William was working in London for the United Society for the Propagation of the Gospel and I trained to become a health visitor.

In 1979 William went back to

being a vicar, this time at Milton Keynes, Buckinghamshire. There wasn't a Guiding Division, but a new one was about to be established. When it was set up, I was asked to be its first Commissioner.

We were off again in 1985, to Seer Green, Buckinghamshire and, by now, I was ready to retire from active Guiding. So I became County Chairman of the Trefoil Guild for five years.

On William's retirement in 1991, we returned to Milton Keynes to finally settle down. I became Trefoil Guild Council member for Anglia Region and, in 1995, was appointed to the Central Executive Council. My term ends soon but I am proud to be President of the Milton Keynes Guide Division, which I started nearly 20 years ago as its first Commissioner.

I am also delighted to have another job: that of a volunteer at the Heritage Centre. Perhaps I will have the pleasure of showing you round one day. ♡

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