

OCTOBER 1999 £1.30

# Guiding

magazine

## Pantomime pull-out

**The World Camp:  
a picture of fun  
and friendship**



THE GUIDE  
ASSOCIATION







Contact information:



THE GUIDE  
ASSOCIATION  
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# Welcome

The media, and the public, is getting the message that Guiding is great

'More Glastonbury than Girl Guides' was the headline in *The Times* for its article about the World Camp. Considering the media coverage by other journalists, on the radio and television, it seems that they too came, saw and concurred. So the World Camp was



NIALL HARTLEY

Things were really cookin' at the World Camp not only a tremendous success as far as participants were concerned, it was also a PR triumph in that it challenged the public perception of Guiding. Look out for our photo round-up on pages 18/19.

Leaving summer well and truly behind, we look ahead to Christmas in *Activate* with crafts, recipes and gift ideas. Plus it's that time of year again – oh no it isn't – yes, it's panto time again. This year we have a special eight-page pantomime pull-out complete with script – based on the story of Cinderella – and some great production tips and other useful advice. If your unit puts on a performance, we'd love to see some photos.

Christmas can be a difficult time of year for all families, but for some girls it can be especially tough. We look at some of the difficulties young people in stepfamilies face in our main feature on pages 16/17.

Good self-esteem is important for all young people, as the replies to the Girls Get Real Forum questionnaire, on page 12, confirm. Many respondents felt that Guiding helped to build a healthy self-esteem through teaching new skills and building confidence. On page 9, the Association's Outdoor Activities Adviser encourages members to get in touch with organisations that can help to expand a unit's programme even further.

And the Community Action Team is encouraging you, on page 14, to share your unit's skills with the local community. So, get out there and continue to make a difference!

## Guiding magazine

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HM Queen Elizabeth, The Queen Mother

President HRH The Princess Margaret,  
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World Chief Guide 1930-1977 Olave,  
Lady Baden-Powell GBE

Chief Guide Bridget Towle

Publications Manager Anne Moffat  
Editor Ian Clappert

Activate Editor Victoria Wheeler

Sub-editor Vanessa Richmond

Editorial Assistant Ruth Bourne

Design Team Manager Gillian Webb

Studio Cathy Summers

Production Manager Richard Dickerson-Watts

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Anyone wishing to have photographs sent to the

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World Wide Web site address

<http://www.guides.org.uk>

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Keeping you informed about  
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important decisions

## Activate – full of great ideas

Our great new pull-out section is packed  
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Our cover girls from Antigua and Barbuda enjoyed  
watching *It's a Knockout* at the World Camp

COVER PHOTOGRAPHER: NIAL HARTLEY



## What & when

In this section you will find information about events, fresh opportunities and new resources and initiatives

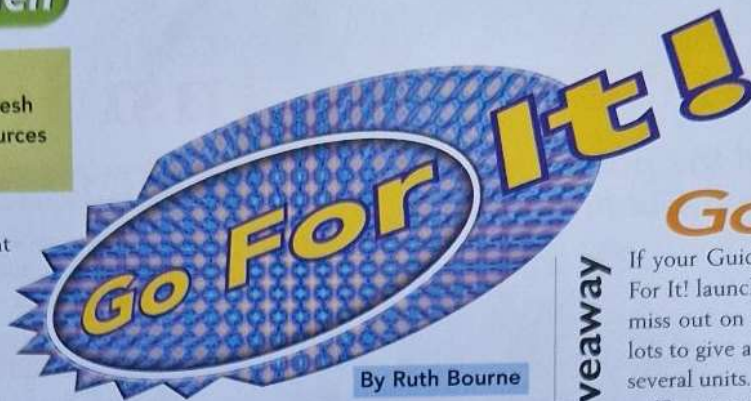
### Guide Section

Perhaps the coolest event in the Guiding calendar to date – the all-star Mizz/Go For It! launch party – kicked off on August 14 at the Manchester Apollo to an audience of over 1,200 Guides (and a few leaders as well).

Male models Matt and Paxton were the hosts, introducing 10 fantastic acts including Hepburn, A1, Ultimate Kaos and Next of Kin.

The venue was soon buzzing – Guides in Go For It! T-shirts were dancing, screaming, and blowing whistles in the aisles. Some even got to go backstage!

Two Guides, Erica and Lindsay – who were involved in the planning of Go For It! – got up on stage and dispelled any myths surrounding 21st century Guiding. Lindsay was very impressed with the Go For It! pack: 'It's great for giving Patrol Leaders ideas... my Stars in Your Eyes competition idea has even been included.'



By Ruth Bourne

The response from Guides and Guiders alike to the Go For It! resource was extremely positive. As for the reaction to the concert, as one Guider said:

'I'd definitely bring Guides again, and I've bought four Go For It! packs that I'm looking forward to studying in more detail.'



These lucky Guides got to meet Next of Kin backstage

The girls gave all the bands an enthusiastic welcome!



### giveaway

## Goodies

If your Guides missed out on the Go For It! launch party they don't have to miss out on the goodies. We still have lots to give away – there's enough for several units.

To enter the prize draw just answer the question below on a postcard, add your details and the name of your unit, then send it to: I want to win the GFI goodies!, Youth Programme, The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT, to arrive by October 31.

Name four of the bands who starred at the Go For It! launch party.

## Autographed memento

Guiding magazine has two T-shirts to give away that have been autographed by band members from Scooch and Dove – two of the bands that performed at the launch party.

If your Guides would like to enter the prize draw they should send a postcard with their details to: Autographed T-shirts/Guiding magazine, at the address on page 3, to arrive by October 31.

### Heritage Centre

## Marvellous mural

The Heritage Centre is a brighter place – thanks to its new mural. The winning design – created by Danielle Smith of the 3rd Harold Wood Guides in Essex – was painted by Queen's Guide and artist Leila Kalbassi along with a team of 23 Guides from Danielle's unit.

Advanced Industries, who sponsored the event, sent two members of their design team to lend a hand.

All the artists left their mark – in the form of a handprint and their name – on a beam at the Centre.

With the job done, the painters stopped off at McDonalds before going on to see Starlight Express.



Essex Guides painted the Heritage Centre mural with Leila Kalbassi (centre) and two members of the sponsor's design team

### photo shoot

## Cover girls

We are hoping to set up a photo shoot for Guiders and Young Leaders. If you think you, or a member you know, would make a great cover girl for Guiding magazine send details – name, address and daytime telephone number – together with a recent photograph, to Cover girl/Guiding magazine at the address on page 3.

Please don't send photos of other people without their permission. Photographs cannot be returned.





## places to go Link up with LINK

If you live in or around Lincolnshire, and are aged between 18 and 30, you may like to attend Lincolnshire South LINK group's get-together weekend at Thurlby Youth Hostel near Bourne.

The gathering will take place from November 26 to 28 and costs £22. The weekend is open to both members and non-members of The Guide and Scout Associations.

If you are interested contact Janette Abbott-Donnelly on 01780 740009.

## Guy Fawkes night

London & South East Region is holding a bonfire night at Cudham camp site, Sevenoaks, on November 5.

The evening begins at 6pm, for food, fireworks, and – of course – the bonfire. All are welcome. Entry is by ticket only, at £2 each.

For tickets, or more information, contact the Warden, Pauline Trodden, on 01959 573413.

## achievement

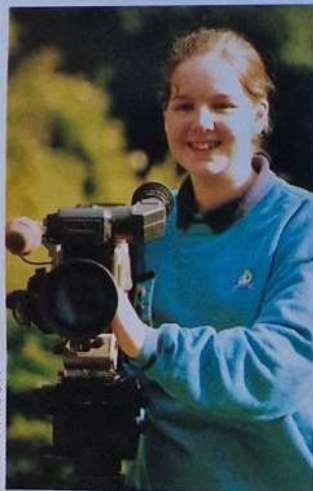
## Future Oscar winner?

A Young Leader with the 3rd Dorchester Guides has made her own film to promote Guiding in her area.

Sarah Watson made the 20-minute video with £700 awarded to her by the Lions Youth Award Scheme, in recognition of her involvement with local youth projects.

She spoke to over 60 Guides to find out what they liked about Guiding, and was helped with her research by CHQ as well as Regional and County Commissioners.

Sarah and her unit star in the film, called 'Go Guiding', which was edited by a local company and narrated by a professional broadcast journalist.



Sarah Watson has made a video about Guiding

PETER WATSON

## Environment Challenge

## Get planting

It's not too late for your unit to join in the Environment Challenge tree planting initiative.

New sites in North East Lincolnshire, Bedfordshire, Middlesbrough, Swindon, Avon and Essex have now been added — for up-to-date details check the Web site. You can also contact your local BTCV, Wildlife Trust or Council to find out if there are any additional sites near you.

From the end of October, the Woodland Trust and the Forestry Commission will be able to tell you about new sites, too. Alternatively, contact the Programme Team at CHQ on 0171 834 6242.



FOREST LIFE PICTURE LIBRARY

Will your girls be planting trees this autumn?

## fund raising

## GFF Christmas Appeal

In the wake of last year's Hurricane Mitch — which decimated towns, villages and crops — the Guide Friendship Fund will be helping the Guides in Honduras to rebuild their Association.

They particularly want to produce new handbooks for Brownies ('Little Wings'), Guides and Leaders.

The 1999 Christmas Appeal will also be supporting projects in India and other Associations as their needs arise. Please check the GFF page on the Web site for the latest information.

Cheques should be made payable to The Guide Association and sent to the GFF at the address on page 3. Please enclose a sae for a receipt.

## Poacher 2000

Lincolnshire Scout and Guide International Activities Camp — Poacher 2000 — takes place from July 29 to August 5 next year.

The camp will be full of varied and exciting activities including:

go-karting, dragon boat racing and parascending. The event is for Guides and Scouts aged 10-16, and costs £75 for participants and £25 for leaders, plus food and transport.

Places fill very quickly, so for more information, or to make bookings, contact Mrs Jill Hamilton, Booking Secretary, Poacher 2000, PO Box 126, Stamford, Lincs PE9 1NN.

## international camps

## Peak 2000

Applications are due in by November 30 for the Peak 2000 Derbyshire Scout and Guide International Camp.

The camp will take place from July 29 to August 5 at Chatsworth Park, and is open to Scouts and Guides between the ages of 10 and 15-and-a-half.

It costs £80 for UK Scouts and Guides, £33 for UK leaders/staff, and £135 for all international participants.

For more information, contact: Miss P Heap on 01332 663491.





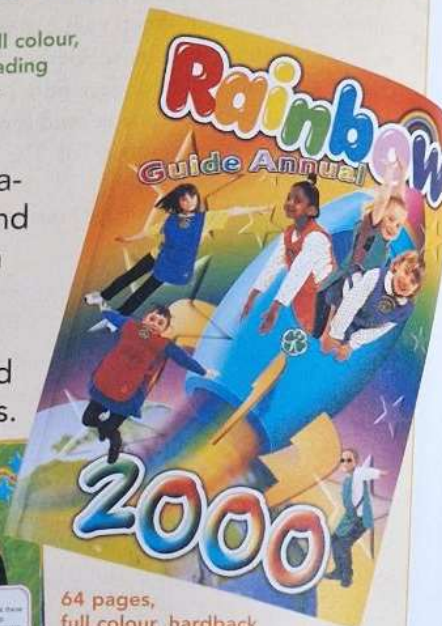
# Brownie and Rainbow Annuals 2000



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bursting with facts and activities, things to make and do, stories and puzzles plus amazing competitions.



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To find out the location of your nearest Guide Association shop or depot, call FREE on 0800 838227. Or simply post or phone your order to:

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## Senior Section

### Young campaigners

Two Young Leaders from Bourne were among a group of young people who descended on the House of Commons this summer.

Hollie Bellis and Alison Rae joined over 100 others in support of the proposed UK Youth Parliament.

It is hoped that the idea, which is supported by the British Youth Council and the NSPCC, will come to fruition with its first meeting in July 2000.



Two Young Leaders joined the campaign for a Youth Parliament

## Christmas

### Come carolling

It's not too early to start practising for this year's Association carol-singing event.

Guides and Rangers from all over the country will be gathering in Trafalgar Square on December 23 from 5-6pm.

Carols will be sung from the *Bethlehem Carol Sheet*, 46th edition. Copies are available from Bible Lands Society, PO Box 50, High Wycombe, Buckinghamshire HP15 7QU. Tel: 01494 521351.

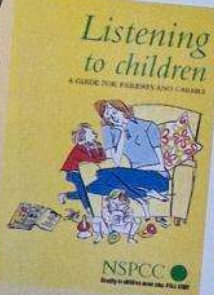
### Memorial service

A memorial service will be held at Waddow Hall for Joyce Lockett, who worked at Waddow for 25 years. It will take place at 1.30pm on Saturday October 9.

### Lend an ear

To help parents become better listeners, the NSPCC has produced a new free 20-page advice booklet. Containing helpful hints on how to make time to listen more carefully to children of all ages, the *Listening to Children* booklet is an invaluable guide to improving family communications.

For a free copy send an A5 sae to Publications and Information Unit (L), NSPCC, 42 Curtain Road, London EC2A 3NH.



### Into the Millennium

The National Youth Agency has produced a free booklet called *Youth Work for the Millennium* to mark Youth Work Week, which takes place from November 1-7.

The booklet contains ideas for activities and tips for youth work providers to improve the services they offer.

To obtain a copy, contact Tim Burke at the NYA on 0116 2853700, or view it on the NYA Web site at [www.nya.org.uk](http://www.nya.org.uk).

The NYA's latest publications catalogue, *InPrint 1999-2000* is also now available.



resources

## opportunities

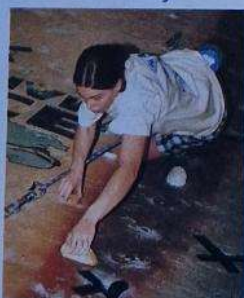
### Climb 99

This major climbing event on December 3-5 takes place in the NIA, Birmingham. The international competition is the main attraction, but there are activities for beginners too.

Organisers are hoping to attract girls and introduce them to climbing – and the British Mountaineering Council – through a young women's leadership project, running at the event. There will also be walls for visitors and amateurs to climb.

The BMC is interested in organising activities for local Guides. Contact Ann Arran, the BMC's Training and Youth Officer, on 0161 445 4747 if you would like to get involved.

The BMC is keen to organise activities for Guides across the country



BRITISH MOUNTAINING COUNCIL

### Together Two Thousand

Hertfordshire Scouts and Guides are getting ready for a huge joint millennium celebration camp in May 2000. Called 'Together Two Thousand' it will be held near Hemel Hempstead over the late May Bank Holiday. Members from Rainbows and Beavers, to the Trefoil Guild and Scout Fellowship will be involved.

For more information contact Tony Cobb on 01707 335046.

## stop press

### Take action for animals

The International Fund for Animal Welfare week is taking place on October 3-10.

IFAW have compiled action packs and a free video about whales is also available.

To receive a pack and/or video, telephone the IFAW office on 01634 830888.

### Marie Curie catalogue

The new Marie Curie Cancer Care Christmas catalogue is out now. To be sent a copy, call 01793 863 463.

### Ready Steady Cook auditions

Do you enjoy cooking? Are you an outgoing, fun-loving person? If so, *Ready Steady Cook* would love to hear from you.

Auditions for contestants are being held around the country in November and December.

For an application form, send a sae to *Ready Steady Cook*, 46 Bedford Square, London, WC1B 3DP, or e-mail: [ready-steadycook@gmgendemol.com](mailto:ready-steadycook@gmgendemol.com). For more information contact Adam Page on 0171 462 9461, or Simone O'Neill on 0171 462 9444.



## What & when

### residential events

The residential opportunities listed below are open to any Association member – Guiders, Young Leaders, Commissioners, Guides or Brownies – as relevant. For more details of content and cost, please phone the appropriate centre.

#### Hautbois 01603 737357

Go For It! November 12-14

Conservation weekend with Forester Badge November 19-21

Christmas in Miniature December 3-5

A Taste of the Millennia

December 29-January 2

Guitar Course — all levels

January 21-23

First Aid in Guiding February 4-6

#### Broneirion 01686 688204

First Aid for all occasions

January 28-30

Training on the Duke of Edinburgh

Award Scheme February 4-6

Training Workshops — self-defence,

craft, computer... February 25-27

Queen's Guide Conference — learn all

about the scheme March 17-19

#### Netherurd 01968 682208

International travels

November 12-14

#### Foxlease 01703 282638

Training for Rainbow and Brownie

Guiders November 9-11

Midweek leisure course — make your

own cards November 9-11

Midweek training for campsite wardens

or chairmen November 16-18

Programme ideas for Brownie and

Guide Guiders December 3-5

Christmas special training

December 10-12

New Year Houseparty

December 29-January 2

#### Waddow 01200 423186

Leisure Break October 8-10

Programme Ideas October 8-10

Grandparents & Grandchildren

October 10-21 & 25-28

Lone Guiders/Advisers

October 22-24

Secretaries' training

November 9-11

Trading training November 16-18

Archivist's training December 3-5

### special offers

## Winter hostel deals

Langdon Beck Youth Hostel in the North Pennines and YHA Hastings are both offering special deals this winter.

From September to February you can stay at Langdon Beck for two nights at a cost of £21.50 for under 18s or £29 for adults.

Hastings Youth Hostel is teaming up with the nearby RSPCA Field Study Centre at Mallydams Wood between October and March. A two-day stay – including six hours of activities at the centre and a night at the hostel – will cost £18.60 per child from October to March.

At both hostels, there is one free leader place for every 10 paying participants, and meals are included in the price.

For more information, call Langdon Beck (Teesdale) Youth Hostel on 01833 622228. For the RSPCA package, call YHA Hastings on 01424 814273.

### fund raising

## Give a beanie a home

The National Canine Defence League (NCDL) has teamed up with Andrex in their 'Give a Dog a Home' campaign.

By collecting six tokens from special packs of Andrex and sending a £2 contribution, you can claim your very own Andrex bean puppy with birth certificate and carry pouch.

For every puppy claimed, Andrex will donate ten pence to the NCDL.

Raise funds for the NCDL by buying a beanie

Peter Belfield, the winner of last year's Young Designer of the Year competition



## Young designers' competition

Do you have any budding designers with big ideas among your Senior Section members?

If so, they could be eligible for a grant of up to £5000 from the Audi Foundation. Applicants must be aged 18-25 and can be individuals, students at a higher education establishment, or belong to a non-profit-making organisation.

There are three application deadlines per year: March 1, June 1 and December 1.

For details and an application pack, telephone Michael Farmer at the Audi Foundation on 01908 601570.

### things to do

## Hallowe'en party

Great Ormond Street Children's Hospital has produced a special pack to help you organise your own Hallowe'en fund raising party.



The pack, which contains tips, recipes and invitation cards, is part of the Hospital's year-long 'Nosh for GOSH' campaign.

For your free pack, contact Sarah Dawson at Great Ormond Street Hospital Children's Charity on 0171 8138585.



NCDL

### funding



# Building networks

By Janet Phillips  
Guide Association Outdoor  
Activities Adviser

Earlier this year, 50 Guiders and Advisers from varied backgrounds spent a weekend at Waddow exploring the breadth of outdoor activities offered in the programme and looking at how to create models for successful networking.

Guiders and girls who were holidaying at Waddow lent a helping hand by participating in workshops arranged by organisations

*Fresh outdoor ideas and successful links with activity providers are within your reach*

locally, if they wanted to provide one of the activities for their unit.

Guiders and girls had the chance to have a go at new activities and to test innovative ways of doing the more tried-and-tested ones. They messed about on the river in bell-boats — highly stable team boats, like catamarans, but powered by the participants' paddling. Back on dry land, they practised their

up a nature trail with challenges en route, and North West Region OAA, Jacky Ramsden, ran a wide game from The Guide Association book, *Wide Games*. The most popular of these activities were initiative challenges that were easy to set up and required virtually no equipment.

Each Country/Region had been asked to bring a display of innovative, different or unusual outdoor activities suitable for Unit meetings. The displays proved very popular with all participants and lots of information was shared. See September's *Activate* page 9 for some of Anglia Region's activity suggestions.

## Networking

In this section you will find good practice tips, support, advice and training and resource news

### Future plans

The final sessions were for evaluation and consolidating ideas. Participants examined in depth how outdoor activities were delivered, whether they met the needs of girls today, and how the Association could network with other organisations.

At the end of the forum

### Let us know

If you have any innovative outdoor activities you'd like to share, send them in directly to *Guiding magazine* or ask for our contributors' pack, which will help you put your idea on paper.

### Acknowledgements

Thanks to the organisations that participated: British Canoe Union, British Cycling Federation, British Fencing, British Trust for Conservation Volunteers, British Orienteering Federation, Grand National Archery Society, Royal Yachting Association, Women's Football Association, the Youth Hostel Association and the Youth Sport Trust.

### An adventurous Guide tries out a cycling obstacle course

linked to outdoor leisure activities. They then gave feedback about how relevant those activities were to them.



JANET PHILLIPS

### Practical help

The host organisation of each workshop explained how best to handle the equipment used for that activity. They each had the opportunity to promote their particular area of expertise and to introduce new ideas and new ways of working with Guide Association members. Guiders were also given information about where to get help

footballing skills, had sailing instruction, and enjoyed a fencing session. There was also an instructor with a "TOP SPORT" bag of sports equipment. (See page 13 of August's *Guiding magazine*).

### Our own ideas

Association members made their own contributions. Sheena Crombie, the Association's Environment Adviser worked with groups to set

## Trainers' workshops

The following workshops are open to Trainers, Prospectives, Peer Educators and P&T Chairmen:

### Values and attitudes

**Birmingham: November 20**  
This workshop will tackle how to deal with prejudice. The session will be very practical, using participation exercises and methods.

### Training needs analysis

**Birmingham: November 20**  
Very successful last year, this workshop aims to ascertain

trainers' needs, as well as the training needs of others.

### Activate workshop

**CHQ: December 4**  
Find out how easy it is to turn your great activity ideas into copy for the *Activate* section of *Guiding magazine*.

● For more information about any of these trainings, contact: Melissa Frost, Trainers' Workshops, Guiding Development, at the address on page 3.



# classifieds

FOR SOURCES AND RESOURCES

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Geoff Robson, 49 Sandown Park,  
Tunbridge Wells, Kent TN2 4RH  
Tel: (01832) 822390 between 8pm and 10.30pm

### ♦ BARNABAS TRUST HOLIDAY CENTRES ♦

Carrot Wood and Halls Green (Kent),  
Climping (Sussex), Frontier (Northants),  
Whithaugh Park (Scotland). Brochure:  
Barnabas Trust, FREEPOST TN2186,  
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Tel: 01732 366766

### ♦ BATH DISTRICT SCOUT CAMPSITE ♦

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to Southend (9 miles).  
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# Go! Challenge

*Out this month, the amazingly revised Go! Challenge will bring Brownies up to speed*

There are now 18 great challenges for a Brownie to choose from in the Go! Challenge. Once she's picked the one she wants to do, there are masses of top tips and cool choices. Of course she doesn't have to act on any of the suggestions as there is an alternative option for each challenge.

## Ready to go?

The 'Ready to go?' part of each challenge aims to help the Brownie plan ahead. It draws attention to things she

have learned a lot about herself and what she is capable of — the evaluation questions should help her to do this. Two main points always underpinning the evaluation are, of course:

- How the Brownie grew in her Promise.
- Did she do her best?

## Free choice

This new edition is aimed right at the Brownie. In the introduction she'll find out that the only way her Guider will know about the

## Badge and certificate

From October there will be a new badge based on the re-designed logo. There will also be a brand new certificate. To qualify for a badge and certificate, a Brownie just has to do one of the 18 challenges — much simpler!

The Go! Challenge badge will be available from the Trading Service, order code 13425, priced 29p.

may need to think about and gives top ideas about how to make her challenge happen. There are reminders of when it's a good idea to ask for help and check with an adult to make sure her plans are safe.

## Cool choices

The 'Cool choices' list has loads of suggestions for a Brownie to choose from, adapt, or even ignore, as she wishes. As long as she fulfils the challenge it does not matter if she picks something different to do.

## How did it go?

By the end of a challenge the Brownie will hopefully

challenge is if she explains it.

The choice is the girl's from the start. She picks the challenge, decides what she wants to do — and gets on and does it. But if she doesn't fancy doing it by herself then a friend can help her out. It doesn't always need to be a Brownie friend either.

- Look out for details of the Go! Challenge T-shirt and certificate in next month's Guiding magazine.



Go! Challenge:  
The ultimate  
Brownie  
challenge

64 pages full colour, £4,  
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## Networking

### In August's issue a reader asked for help with a problem

*A few years ago I stepped in to help our local unit when I heard it would have to close through lack of leaders. I explained at the time that although I had time for the unit meeting my young family meant I would not be available for District meetings or all-day trainings.*

*I have attended a few morning trainings and have a first aid qualification. However, as yet, I have not received my Warrant. The District Commissioner told me this was because I was not known in the District!*

*I enjoy running the unit and even pay for child care to do so. Do I give up and disappoint the unit, or carry on regardless?*

Here is a selection of the answers we received:

or Trefoil Guild member could babysit for you.

Ask the Commissioner over for coffee, re-evaluate your position, and spend some time going through the Adult Leaders scheme. Make sure the correct forms are filled in and up-to-date.

Are there Guiders in the unit you could talk to about the situation?

Please don't give up. I believe this is a failure on the DC's part not yours. She should know all her units' Guiders. She needs to assess you on the work you are doing with your unit and your knowledge of Guiding.

Perhaps meetings could come to you occasionally? Maybe during half-term, or even in place of the unit meeting as a last resort.

Other Guiders could perhaps get to know you by coming to visit you during a unit meeting.

My solution would be to broadcast from the rooftops that women who give time to Guiding are valuable and should be encouraged at every opportunity.

If the DC is unwilling to support you, talk to the Division Commissioner.

Thanks to everyone who responded including: Kay Benning, Panteg; Mary Watson, Towcester; Gilly Jackson, Newcastle.

Perhaps you could attend a meeting and a Young Leader

### A reader is asking for your advice about a difficult Guiding situation she is facing

*Our Rangers are keen to go to the local 'Laser Quest'. My District Commissioner says this is not allowed. We can't see why this activity, which the girls have planned themselves, is banned.*

- What would you do? Write in, or e-mail, to the address on page 3.

- Have you got a Guiding problem that you'd like to share with other readers? Write, keeping your letter as brief as possible, to the address on page 3.

a problem answered

a problem shared



# What you really, really want

## Members reveal what they think about health and self-esteem

Earlier this year the Association ran the Girls Get Real Forum on behalf of the Millennium Debate of the Age. Its aim was to create a questionnaire seeking the

that health is negatively affected by a lack of awareness of lifestyle issues (80 per cent of respondents).

In answer to the question, 'who is best qualified to

their rights under this Convention. Overwhelmingly, 89 per cent of respondents stated that they would like to be better informed of their rights and that information should be made available through school, Guides, youth clubs, and also television coverage.

Respondents felt strongly that they were not consulted enough at local authority, government or European Community levels but that they were consulted in school and also in the Guide unit to a greater extent.

Using referenda to consult young people on decisions that directly affect them was supported by 91.5 per cent of respondents. They felt that there should be better representation of young people in Parliament, either by lowering the age at which one can stand for Parliament, or by introducing Junior Councils and Youth Forums.

Guiding positively affects self-esteem, according to 70.9 per cent of respondents. There was an overwhelming sense that through it, young women learn new things, gain confidence and experience, have fun, develop friendships and social skills, and explore new opportunities.



Will an ageing Liam and Patsy still be together when their child is a teenager? The growing divorce rate is just one demographic change affecting youngsters

RAY FURY

opinions of the wider membership on self-esteem and its impact on health.

This questionnaire, devised by young women, was then featured in *Guiding* magazine. The 2,200 respondents ranged in age from 10-77 — the average age being 13.5 years.

The outcomes and recommendations below will be of interest to you and the young people with whom you work.

### Key messages

A positive relationship between good health and self-esteem was identified by 84.8 per cent of respondents, signifying a need for esteem-building experiences and effective health promotion among the younger age groups.

There was a clear belief

present this information to young people?' teachers, parents, and those with special expertise rated highest. Guide Leaders rated lowest, with only 15 per cent of respondents proposing them as deliverers.

Respondents were resolute that there must continue to be an effective Welfare State, with a strong emphasis on preventive rather than curative medicine.

A large number of respondents — 61 per cent of them — had not heard of the United Nations Convention on the Rights of the Child, and 72.2 per cent were unaware of

## Respondents' recommendations

These have been drawn directly from the questionnaire responses

For Association members:

- To be included in consultative exercises through forums, workshops and committees.
- To be encouraged to look outside Guiding for opportunities to become involved in decision-making processes.
- To be offered training in order to build their knowledge, confidence and skills in these areas.

For all young people to:

- Demand better representation on issues that affect them.

For the Government to:

- Develop educational curricula providing good quality, sustained and broad-ranging health education, delivered by those with first-hand experience.

- Fund training for teachers and voluntary workers to enable them to facilitate discussions with young people on issues relevant to them.

- Educate young people about the United Nations Convention on the Rights of the Child.

- Consult young people on issues relevant to them, through formal and non-formal systems.

- Enable young people's views to be heard in Parliament, by creating a Minister for Young People and/or by forming a Junior Parliament.

- Increase funding and the efficiency of the Welfare State.

- Predict future demographic trends and respond to them with education and resources.

Turn to page 19 of *Activate* for some activities from the Girls Get Real Forum.



# Opportunities abroad

Amanda Fowler;

*The Guide Association's GOLD Adviser; answers some frequently asked questions*

## What does GOLD stand for?

It stands for Guiding Overseas Linked with Development.

## What does that mean?

GOLD is an international initiative. Groups of young women (aged 16-30) are sent overseas for around three weeks to work with another Guiding Association on a project. In addition there are individual long term GOLD projects which last from six to nine months.

## Where do the groups go?

In 2000 the trips will be to Poland, Pakistan, Uganda, Russia, Hungary, Sri Lanka, Kenya and

(possibly) Bangladesh.

## What do they do overseas?

They work in partnership with the host Guide Association. Projects undertaken include sharing Guiding skills, teaching English, training, health care and community development.

## I thought GOLD was only for Senior Section members...

All members of the Guide Association in the 16-30 age range are welcome. We need people with a wide range of skills and interests, but the most important thing is enthusiasm for Guiding.

## So, as a 27-year-old Brownie Guider I could get involved?

Yes, definitely.

## How do I find out more?

Apply to go on an INTOPS weekend.

## What is INTOPS?

INTOPS is a weekend of challenges, fun and friendship designed to give information and ideas about international guiding and development issues. Those who attend can also find out about other opportunities available to go overseas — not just GOLD. We select participants for GOLD projects at these weekends.

## When and where are INTOPS weekends held?

For the year 2000 weekends are being held at:

Foxlease — October 15-17 1999

Glenbrook — November 19-21 1999

Waddow — January 28-30 2000

## How do I apply and what permission do I need?

You can get an application form from Barbara Mathieson at CHQ or e-mail: [barbaram@guides.org.uk](mailto:barbaram@guides.org.uk)

You do not need permission to attend a weekend.

## Youth work standards

Following the item in June's *Guiding magazine*, 13 Guiders from around the UK met at CHQ to go through the draft Occupational Standards for Youth Work and compare them with the Guide and Senior Section Guiders' role. These standards will become the agreed statements describing good youth work practice across the UK.

The National Youth Agency had asked the Association to do the following

when examining the draft:

- Look carefully at the content of those units which had been written since the previous draft.

- Comment on the wording to make the language as appropriate as possible.

- Make suggestions about the number of units and the grouping of elements and indicate which were relevant to us.

- Put together a package of units which might be relevant to a Unit Guider.

- Identify the words which need defining in the glossary.

Our findings have now

been passed back to the National Youth Agency, which is working on the next draft. This is due to be com-

pleted by the end of September. Thanks to the Guiders who gave up their weekend to help with this work.

## Get together and Go For It!

7-9 Jan 2000 Waddow

28-30 Jan 2000 Foxlease

A highly interactive training weekend for Guide Guiders, Young Leaders and Patrol Leaders which will allow Guiders to share good practice and consider how best to offer support to their Patrol Leaders. Providing lots of activities to take back to your Unit, this event will give Patrol Leaders the opportunity to develop their leadership skills and learn more about how to support their Patrols.

The training will offer an opportunity to:

- Consider the development of Patrols.
- Explore the role of the Patrol Leader as part of the unit leadership team.
- Gain maximum benefit from the *Go For it!* resource.
- Explore the expectations Guides and Guiders have of each other.

This is a chance to really get to know each other and consider how to use personal strengths effectively within the unit.

To support these important Association trainings we are offering a special price of £28 per person.

For a booking form contact Foxlease, Tel: 01703 282638, e-mail [foxlease@guides.org.uk](mailto:foxlease@guides.org.uk) or Waddow, Tel: 01200 423186, e-mail [waddow@guides.org.uk](mailto:waddow@guides.org.uk)



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# Sharing skills

The local community

could benefit from your unit's skills



By The Community Action Team



BERNICE CRESSWELL

Bridges into the community:  
Building trust on the blind trail  
at a Service Camp in Cornwall

The Community Action Tool Kit helps you and the young people with whom you work to identify what 'community' is and find ways in which to interact with it. Together, we should be able to make Guiding more visible and relevant.

The theme this month is 'Sharing skills' and the aim is to help you recognise the skills and attributes that your unit has. More importantly, it is about giving you the confidence to use these for the benefit of others. In this way, Rainbows, Brownies, Guides and Senior Section members build upon the vision that Baden-Powell had:

*'Our aim is to raise the young generation into useful citizens giving them a broader outlook than in the past. By this we will develop willingness and peace in the world.'*

and forget the principles upon which the Movements were founded.

## Benefiting the community

So, how can the community benefit from our skills? It may be that young women who hold qualifications or have certain skills – such as horse-riding or first aid – can offer their services at a local event. Rainbows could make a collage for a village hall on a topic that concerns them, or purely to decorate the hall.

It is about young people raising awareness and making a positive contribution to the lives of other people and to their environment.

For example, each year in Cornwall a Service Camp is run by local Guiders and Scouters for 20 children, aged between seven and 10. The camp is paid for by Social Services. The staff of 20 Rangers and Venture Scouts work on a one-to-one basis with the young people. Eight adult Guiders/Scouters also attend the camp. This project is the perfect example of Guide Association members working for others and sharing skills, in this case, camping and interpersonal skills, patience and time. Could you work with Social Services to offer something similar? What needs are there in your community that you could help to address?

## Feedback wanted

Have you visited the Association's Web site yet? We need lots of photos and feedback to feature on the site, as well as for *Guiding magazine*. Please send any photos you take while out in the community to the Programme Team, Guiding Development at CHQ. You can also contribute to our ideas and activities by writing to the Programme Team, by contacting your Community Action Adviser, or by using the Web site.

## Founding principles

It is about taking ownership of our community and being active in it. The Guiding and Scouting Movements are renowned for the help they offer to others and their work in developing responsible individuals. But it's time to build on this, not to be complacent

Turn to *Activate* pages 16/17 for this month's  
Community Action Tool Kit activity ideas.

## Hedgehog visit

Linda Stephens, Guider for the 1st Penhow (St John's) Brownies, Caldicot was inspired by the Community Action feature and activities in July's magazine. She invited Keith Jones, who works for the charity Hedgehog Helpline, to her unit's meeting.

During Keith's visit the Brownies watched a slide show, learned about hedgehogs' habitat, how injuries are treated and orphaned hoglets are reared. They also watched Keith feed goat's milk to the adult hedgehog and five hoglets he brought with him.

There was no fee for the visit, but girls were asked to bring along tinned dog and cat meat.

● Hedgehog Helpline can arrange visits in the Gwent and South/Mid Glamorgan area, or can put you in touch with a similar charity local to you. Tel: 01222 623985, e-mail [hedgehg@dircon.co.uk](mailto:hedgehg@dircon.co.uk), or visit the Web site: [www.hedgehg.dircon.co.uk/hedgehogs](http://www.hedgehg.dircon.co.uk/hedgehogs).

● Hedgehog Helpline has a booklet *All about hedgehogs* which is free on receipt of a sae. Write to: Hedgehog Helpline, 5 Foreland Road, Whitchurch, Cardiff, CF14 7AR. The organisation has offered to compile an information pack to include photocopyable colouring posters.

● Next month we will be looking at finding potential partners within your communities.



LINDA STEPHENS

Hedgehog man! Keith Jones took a hedgehog and some hoglets to a Brownie meeting

*Guiding magazine October 1999*





October 1999

# Activate

*This month's Activate has some great ideas for Christmas — plus a super pantomime pull-out*

## Contents

### It's panto time!

Cinderella is the theme of our pantomime this year, but there's a distinct twist to the story.

Written by Guiding magazine regular, Gill Ellis, there are parts for everyone, laughs galore and helpful production tips.

If your unit is small, why not team up with another group — or even your whole District — to put on a production to remember?

And if you are putting on a show this year, don't forget to send us your photos — we'd love to see some scenes from your plays and pantomimes.

### Across the sections

Activate is designed with your unit in mind — whatever section you are. Look out for the hints and tips to adapt ideas for younger and older girls.

## Decorate it 2

Festive fun

## Craft badge 3

Revised syllabus

## Up in the air 4

A load of hot air!

## Inuit night 6

Exploring the Arctic Circle

## Pantomime special 7

It's show time

## Community Action 16

Sharing your unit's skills

## Festive food 18

Tasty Christmas treats

## Beauty parlour 19

Look great for Christmas parties

**and lots, lots more...**

If you have an idea that you'd like to share with other readers, we'd love to hear from you. Write to Activate, Guiding magazine, at the address on page 3, and we'll send you a contributors' pack.

**Pull out and keep**





# Decorate it

## Ideas to go

- Make your own crackers containing jokes and small gifts
- Create fancy name cards and matching place mats for the Christmas dinner table
- Simple party hats can be made from cones of shiny card and thin elastic chin straps
- Use sponge stamps or potato prints to make some wrapping paper
- Make a giant Christmas wreath from a hula hoop, ribbon, tinsel and baubles
- Cut out rounds of salt dough, then bake and paint them to make long-lasting tree decorations

Following your requests for seasonal activities to appear earlier, here are some Christmas ideas for your unit...

### You will need

- 10 wrapped sweets
- Gold or silver cardboard
- Wide ribbon
- Sticky tape
- Decorative gift bow
- Stapler
- Curtain ring
- Scissors
- Pair of compasses

## Sweet rosette



## Gift basket

### You will need

- Clean yogurt pots
- Silver foil
- Card
- Glue stick
- Red and green pipe-cleaners
- Wrapped sweets
- Scissors
- Stapler

This basket could be hung on a tree, given as a gift or used as a table decoration.

Cut down a yogurt pot to make it shorter. It should stand about 3cm tall. This is the main part of the basket.

Cut a strip of card, 2cm by 20cm. This will make a handle for the basket.

Cover both the card and the pot in silver foil. The glue stick will help to keep it in place. Staple the handle on to the basket.

Take a red and a green pipe-cleaner. Twist them together to make one stripy length.

Use the pipe-cleaner to trim the basket. Simply twist it around the top. It should stay in place without glue.

### Top tip

Instead of sweets, make a pom-pom teddy to put in the basket.



### Top tip

Buy large bags of boiled sweets or toffees.



# Craft badge

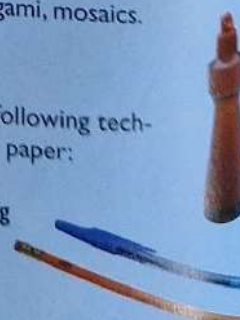
The syllabus for the Guide Craft Badge has been revised — here is the updated version

Complete four of the following clauses:

1 Make a decorative ornament using paper or card.  
For example: origami, mosaics.

2 Use one of the following techniques to decorate paper:

- Calligraphy
- Rubber stamping
- Quilling
- Stencilling
- Marbling
- Different methods of making paper





## Tiny trees

These trees make stunning and sophisticated table decorations for the festive season.

Take a piece of oasis – ball or cone shapes are best – and cover it in greenery.

Insert a cinnamon stick or twig into the ball to make a trunk.

Fix a piece of modelling clay into the bottom of a plant pot. Push the trunk into it, then tie a red ribbon around the pot. Fill the pot with gravel.

### You will need

- Florist's oasis
- Cinnamon sticks or twigs
- Leaves and other greenery
- Small plant pots or yogurt pots
- Modelling clay
- Gravel
- Red ribbon

### Top tip

Cover the oasis in small dried flowers. Girls could also attach small pine cones, nuts and ribbons, to wire. Insert the wire into the oasis. Sprinkle the whole tree with glitter.



## Sugar shapes

Put the sugar in a bowl and add three or four teaspoons of cold water. Stir in a little at a time, making sure that all the sugar is the consistency of damp sand.

Divide the sugar into separate bowls and tint with different colours.

Press the sugar mixture into plastic chocolate moulds or novelty ice-cube trays. When a shape is half-full, place a loop of ribbon into the mixture, fill to the top and press down well.

When the moulds are full, place a thick piece of card on top. Gently turn the moulds over and tap out the shapes – it's just like making sand castles!

Leave the shapes to dry in a warm place and then hang them on a Christmas tree.

### You will need

- 375g caster sugar
- Cold water
- Liquid food colouring
- Thin ribbon
- Chocolate moulds/novelty ice cube trays

3 Make a picture or design, decorate another item or produce a 3-dimensional piece of work using any of the following techniques:

- Embroidery (hand or machine)
- Tapestry
- Patchwork
- Quilting
- Beading
- Lace-making

5 Carve or sculpt using an appropriate medium.

Model a figure, pot or group of animals. The work may or may not be decorated and it can be glazed or fired.

7 Produce a print of decorated fabric, clothing or soft furnishing, using one or more of the following methods:

- Block printing
- Screen printing
- Tie-dye
- Direct painting

10 Make and decorate an object from salt dough.



4 Use weaving skills to produce a functional article, such as a mat, friendship bracelet, small bag or a wall hanging.

6 Make three prints, either decorative or pictorial, using:

- Potato prints
- Lino prints
- Polystyrene prints
- String prints
- Etching
- Screen printing

...or a combination of these methods.



8 Decorate a medium other than paper, using an appropriate technique – such as glass, silk, fabric or ceramic paints.



9 Engrave a picture on a glass object or panel.

12 Make and decorate a candle.

13 Make an article using another craft, such as découpage, basket weaving, spinning.

## Giveaways

The Craft Depot's millennium catalogue is out now.

Packed full of supplies and ideas, the catalogue is ideal for units that are making items to sell or working on the craft badge.

The catalogue costs £4 (refundable with orders over £20) from: Craft Depot, Somerton Business Park, Somerton, Somerset TA11 6SB. Telephone 01458 274727.

You can also visit their Web site at [www.craftdepot.co.uk](http://www.craftdepot.co.uk)

We have 10 Craft Depot Catalogues to give away. If you'd like one send your details on a postcard to: Craft Depot/Activate, at the address on page 3.

■ The Scout Service Team at Gilwell Park have put together a new craft book.

Suitable for Rainbows and Brownies, it costs £4.15, including postage from Gilwell Park Camp site, Bury Road, Chingford, London E4 7QW. Cheques should be made payable to The Scout Association.

We have one book to give away. Send your details on a postcard to: Gilwell Book/Activate, at the usual address.



# Up in the air

**Did you know that warm air is lighter than cold? This means that your meeting place is probably warmer near the ceiling**

Your unit can discover lots more amazing facts about hot air, with this month's brilliant activities from the Up in the Air team.

## Ideas to go

- Test out different hairdriers, comparing price, features and performance
- Visit a gliding club
- Girls who talk a lot of hot air, may be interested in the Speaker's badge!
- Play blow football
- Visit a hot-air balloon show
- Make pan pipes from drinking straws
- Find out who invented the hovercraft

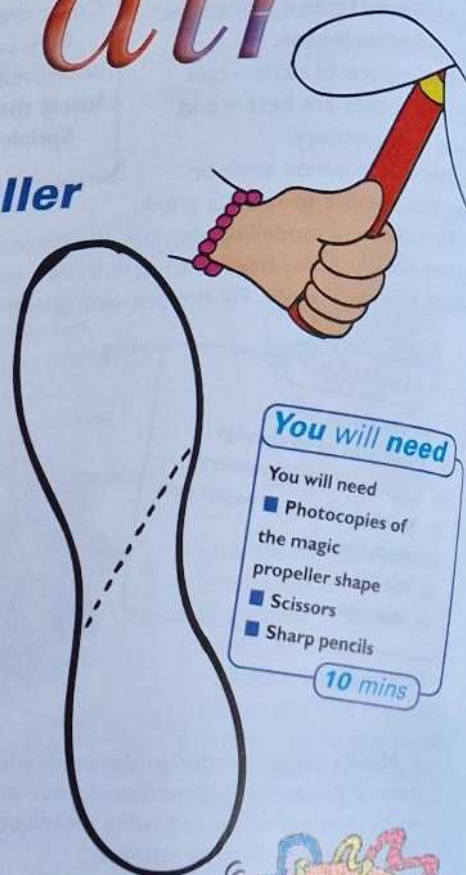
## Magic propeller

As if by magic, hot air will spin this paper propeller into the air.

Cut out a copy of the propeller template. It should be photocopied on to normal weight paper.

Fold the shape along the dotted line. Balance the centre fold on the end of a very sharp pencil and make a fist as shown in the picture.

Heat from your hand should make the propeller spin round. Although it may not work every time, most people will get the propeller to move at some point!



### You will need

- You will need
- Photocopies of the magic propeller shape
  - Scissors
  - Sharp pencils

10 mins

### It's a fact

Thermals are rising currents of warm air — gliders rely on them to stay in the sky!

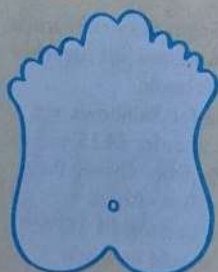


## Funny feet

### You will need

- Cardboard (cereal packets are ideal)
- Balloons
- Permanent marker
- Colouring pens
- Scissors
- Newspapers

15 mins



**1** Each girl draws a pair of feet on the card and cuts them out. The illustration will help you.

Girls can then decorate their feet as they wish.

### Make it easier...

To help Rainbows along, draw the feet and knot the balloons for them.

**2** Make a small hole near the heels, as indicated. Then blow up a balloon, tie the end and push the knot through the hole.

Use the permanent marker to draw a face on the balloon. Girls might like to decorate it with gummed-paper shapes or even woolly hair.

**3**

The balloon people are now ready to be used in a game.

All the girls line up their balloons on the starting line. After a starting signal, everyone flaps their balloon with a newspaper to the finishing line.

The first one to the line wins the game.

### It's a fact

If you are fortunate enough to see a hot-air balloon fly over your meeting place, look out for the flames from the gas burner.

The burner heats the air in the balloon. The air rises, taking the balloon with it.

When the burner is turned off, the air cools and becomes heavier — and the balloon glides down.



## Prove hot air rises

Stretch the balloon over the neck of the bottle. Put on the oven glove and hold the bottle in the water.

The air in the bottle expands and rises as it heats up, consequently filling the balloon.

Demonstrate this experiment to Rainbows and Brownies.

### You will need

- Small glass pop bottle
- A balloon
- Bowl of very hot water (not boiling)
- Oven glove

### You will need

- A deep-sided margarine tub
- Drinking straws
- 1tbsp washing-up liquid
- 4tbsp powder paint
- 1 cup of water
- Paper

## Bubble painting

Use bubble-print paper as fancy note paper or wrapping paper.

Mix together the washing-up liquid, water and powder paint in the tub.

You can make up more mixture to the same recipe but using a different coloured paint.

Using a straw, gently blow until bubbles come over the top of the tub.

Place the paper on top of the bubbles and gently remove. Leave it to dry and then repeat with a different colour mixture.

■ Make sure the girls blow into the straw, not suck!

■ Protect working surfaces with newspaper and cover Rainbows with old shirts or aprons.

### For Rainbows

## Spinning snakes

Draw a spiral on the paper plate – making a snake shape – and draw a snake's head in the centre.

Carefully cut out the spiral and colour it with bright patterns.

Use the needle to pull a long piece of thread through the top of the snake's head.

Finally, hang the snake up, over a working radiator.

Explain to the Rainbows that rising hot air from the radiator makes the snake twirl and spin!

### You will need

- Paper plates
- Colouring pens
- Scissors
- Needle and thread

### Into extra time

Try making snakes from foil and wrapping paper.

Girls can also decorate both sides of a snake with glitter and sequins.

### Make it easier...

Rainbows and Brownies may not have the dexterity to make a hot-air balloon from tissue.

Instead, the girls could cover round balloons in papier mâché. When it is dry, pop the balloon and paint the paper shape with bright colours.

Make a basket out of a yogurt pot and attach it to the balloon with wool or string.

The girls can hang their balloons up at home. They could even put a plant in the basket!

# Hot-air balloon

Experiment with an amazing hot-air balloon as part of the Up in the Air project

1 Cut the tissue paper into four equal-sized rectangles and one square.

They can be any size you like, but we recommend that the rectangles are between 25cm and 60cm long.

Glue the tissue together as shown in the diagram (right), then glue the sides together to make a box shape.

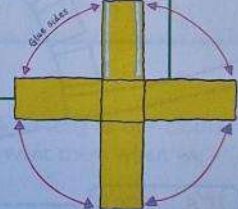
2 Twist pipe-cleaners together to make a ring. This should be one third smaller than the diameter at the top of the 'balloon'.

Twist two more pipe-cleaners together into a cross shape. Fix the cross into the ring — it will help to strengthen it.

Glue the ring into the neck of the balloon — do this by folding a paper hem over the wire.

### You will need

- Tissue paper
- Glue and a brush or spreader
- Scissors
- Pipe-cleaners or strong wire
- Hairdryer
- Thread
- An egg box



3 When the glue has dried, inflate the balloon with a hairdryer and watch what happens. Take the hairdryer away and see what the balloon does next.

### Top tip

For more ideas, take a look at the following books, available from Trading Service. The order codes are in brackets:

I Spy Above Your Head (76034)

The Wonder of Air (70219)

Christmas Balloon Fun Pack (70276)

### Warning

Senior Section members could have a go at powering a hot-air balloon in a different way. Suspend a nightlight in a foil tray beneath the balloon. See if the balloon takes off. Extreme caution must be exercised with this version of the activity.



# Inuit night

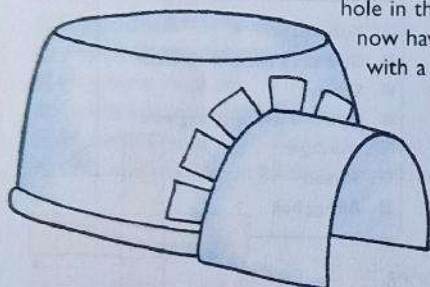
**Rainbows and Brownies will love a snowy theme evening, so get your girls to wrap up warm — for a trip to the Arctic Circle**

## Snow scene

### You will need

- Yogurt and margarine tubs
- Card
- Sticky tape
- Glue
- Cotton wool
- White tissue paper
- Collage materials
- Scissors

30 mins



### It's a fact

Iglu is the Inuit word for house. What we call an igloo, Inuit call igluiaq, or snow house. In the past, only a few Inuit lived in igluiaq, many lived in houses made from turf. Today, the Inuit are most likely to live in timber houses, that have been built on stilts.

Your unit can make their very own snowy model to show an imaginary Inuit settlement.

Construct igloos from yogurt or margarine tubs — the diagram will help you do this. Cut an arched doorway in a tub.

Then cut out a strip of card and snip flaps in one end. Bend back the flaps and stick them around the arch-shaped hole in the tub — you now have an igloo with a tunnel.

Finish off the igloo by covering it in cotton wool, or scrunched-up tissue paper.

You can fix the igloos to a large piece of card or board that has been painted white or covered in paper.

Alternatively, girls can make their own individual snow scenes.

Add accessories to the scenes — these could include figures, fish, seals, husky dogs, polar bears, sledges...

### It's a fact

Some people may be confused by the names Eskimo and Inuit.

Eskimo means 'eater of raw meat', and the name was given to them by explorers. Inuit means 'human beings' and is the name the people gave themselves. Since 1977, Inuit has been the official word used to describe any Eskimo group.

- An Inuk is an individual, Inuit is a group.

### It's a fact

Inuit people live in Arctic areas of Siberia, Canada, Alaska and Greenland.

### You will need

- Thin card
- Collage materials
- Glue
- Colouring pens
- Garden canes
- Thread
- Scissors

20 mins

## Go fishing

Fish are a staple food for the Inuit. They are caught through fishing holes made in the ice.

Girls can make their own fishy mobiles from simple shapes.

Just provide the girls with a fishy template to draw around. They should make the fish as colourful as

possible, adding glitter, sequins and other collage materials.

Hang each fish on a long piece of thread — girls will need to make three or four fishes each. Then attach the fishes to a short length of garden cane.

Add a hanging loop to the cane so that the girls can take them home to display.



## Snowshoe shuffle

Snowshoes are almost tennis racquet shaped. They strap on to boots and help to distribute weight evenly over the snow. This means that the person wearing them can walk easier.

Get each girl to make herself a pair of snowshoes from thick card.

Use lengths of string to tie them on to the girls' feet.

Hold a relay race where girls must shuffle along in their snowshoes, without lifting their feet off the ground!



# Presenting Guiding magazine's **Pantomime Special**

*Our special panto pull-out not only includes a pantomime script but also has lots of useful advice about putting on a production*

## **CINDY** ~ and her ~ **Strikingly Gorgeous** **STEPSISTERS**

*By Gillian Ellis*

### **Scene 1**

**KITCHEN:** Cindy's Rainbow meeting  
*Cindy, Buckles and the Rainbows play 'Good evening, Friend Rainbow'.*

**CINDY** Lovely. Now it's time for a story. Once upon a time, there was a handsome prince who lived in a beautiful palace...

**RAINBOWS** Ooooooooooh!

**CINDY** He was looking for a really nice kind girl to be his bride.

**BUCKLES** Shouldn't that be beautiful?

**CINDY** Definitely not. He didn't care if she was plain as a pikestaff. It's what's inside that counts.

**RAINBOWS** Ooooh! (*Door slams, off*)

**CINDY** Oh, my goodness! My strikingly gorgeous stepsisters are home already. We'll have to finish the meeting early. I'm sorry.

**RAINBOWS** (*disappointed*) Ahhhhhh!

**CINDY** It'd never do for them to find you all here. Quick girls, run before they see you. Same time next week. Hurry now.

*Rainbows run out*  
*Enter Aphrodite and Bellissima.*

**APHRODITE** You're a selfish pig. Why can't I borrow your *Smash Hits*?

**BELLISSIMA** Why should you? You wouldn't share your *Mizz* mag last week.

**CINDY** You can borrow my *Girl Talk* if you like.

**APHRODITE** Who asked you, you messy little baby?

**BELLISSIMA** *Girl Talk* is for kids. *Mizz* is aimed at the mature woman.

**CINDY** Like you, I suppose?

**APHRODITE** Yes, like me, squirt. D'you have a problem with that?

**BELLISSIMA** The only problem around here is you, you weirdo.

**CINDY** There's no need to be rude. You can say I'm no oil painting, but you'd be in a mess without me to cook and clean for you and your bossy mother. And who does all your sewing and mending, washing and ironing, may I ask?

**APHRODITE** How could that possibly concern us?



## The **CAST**

**CINDY**

**BARON LOTSODOSH**  
*her father*

**STEPMUM**

**APHRODITE & BELLISSIMA**  
*the beautiful stepsisters*

**BUCKLES**  
*the kitchen boy*

**POSTMAN PATRICK**

**FAIRY MARY**

**KING LANCELOT**

**QUEEN DANCEALOT**

**PRINCE FAIRLY CHARMING**

**HORACE AND BORIS**  
*the handsome valets*

**HERALD**

*Cindy's Rainbows / courtiers*

*Prince's Beavers / courtiers*

**BELLISSIMA** As long as our clothes are where we want them when we want them...

**BUCKLES** As indeed they always are...

**APHRODITE** It's of absolutely no interest to us how they get there.

**BELLISSIMA** Now, Cindy, or whatever you call yourself, has today's post arrived yet?

**CINDY** I don't think so. Are you expecting something in particular?

**APHRODITE** Are we ever!

**BELLISSIMA** Invitations to the Prince's New Year's Ball!

**CINDY** I didn't know he was having one.

**APHRODITE** Why would you? The ball has nothing to do with you.

**BELLISSIMA** Only beautiful people will be invited. That counts you out.



**CINDY** It's what is inside that counts. *(Grits teeth)* We can't all be strikingly gorgeous like you.

**APHRODITE** Good gracious — a compliment.

**BELLISSIMA** *(cooing)* A compliment from the grub. Wonders will never cease.

**CINDY** I'm not a grub. Why are you so cruel? I wish Daddy had never set eyes on your horrible family.

**APHRODITE** But he did. Big eyes. He was overwhelmed by our beauty...

**BELLISSIMA** ...And our bank balance.

**CINDY** You've hit the nail right on the head. He'd never have married your scheming mother if she hadn't been so rich.

*Girls scream with laughter, poke Cindy on the arm and flounce out.*

**CINDY** Poor old Daddy. He was so tired of owing money and my rich stepmother was very beautiful. On the outside, that is. Inside, she's always been cruel and spiteful. Her daughters are growing up exactly the same.

**BUCKLES** You can say that again.

**CINDY** Okay. Her daughters are growing up exactly the same. I wish Daddy had never met them. I liked it better when Daddy and I were poor. At least we were happy.

**BUCKLES** You'll be happy again, Cindy, you'll see. *(Aside)* Just wait till my lottery ticket comes up. Then I'll be able to ask her to marry me.

**CURTAIN**

## Scene 2

Front of Curtain: Hallway

*Enter Postman Patrick and Buckles*

**BUCKLES** Good morning, Patrick. Anything interesting in the post?

**PATRICK** Top o' the morning to you, Buckles. Let's see, two buy-mes, four give-mes, eight pay-mes and a 'You have been specially chosen, Baron Lotsodosh, from among all the residents of *(own town)* to take part in our Readers' Indigestion 'Holiday of a Lifetime' Draw.

**BUCKLES** Is that all?

**PATRICK** Oh, and these. Hmm, they look interesting. There's a crest on the envelopes.

**BUCKLES** The royal crest! They're from the Palace.

**PATRICK** They'll be the New Year's Ball invitations. Only the rich and beautiful are receiving those.

**BUCKLES** Huh! This lot may be rich but they're not very beautiful. At least their characters leave a lot to be desired. All except Cindy, that is.

**PATRICK** Yes, she's a nice little thing. Plain but nice.

**BUCKLES** *(indignantly)* Cindy's not plain. She may not have trendy clothes like her stepsisters, but she's lovely. She has a sweet face and a dear little nose. And pretty hair, too.

**PATRICK** Her sisters are drop dead gorgeous.

**BUCKLES** Drop dead? Chance'd be a fine thing.

**PATRICK** Talking of chance, this is probably theirs. The King and Queen want Prince Fairly Charming to marry someone rich and beautiful.

**BUCKLES** Do they indeed? I should've thought they were rich enough.

**PATRICK** Used to be. But they've spent so much money on fancy balls, trying to find a bride for their weedy son, they're down to their last groat or two. *(Whispers confidentially)* I delivered a huge pile of bills to the Palace last week — all red ones.

**STEPMUM** *(bellowing, off)* Buckles! Buckles! Hasn't the post come yet? Where are you, wretched boy?

**BUCKLES** That's torn it!

**PATRICK** She certainly has a fine pair of lungs. I'm off.  
*Exit Postman Patrick. Enter Stepnum.*

**STEPMUM** Ah, the post! Why didn't you bring it to me, ratface?

**BUCKLES** It's only just arrived, My Lady.

**STEPMUM** Fiddlesticks. *(Cuffs his ear)* You're a lazy good-for-nothing urchin. *(Snatches post)* Now let me see. Ah, here they are! At last! *(Reads)* 'Their Imperial Majesties King Lancelot and Queen Dancealot request the pleasure of Baron and Baroness Lotsodosh at a Grand Ball in honour of their son Prince Fairly Charming...' Lovely. Now, what's this? Three more envelopes. One for Aphrodite... Good. One for Bellissima, good, good... and *(angrily)* one for Cindy! Ridiculous! A mere child and so unprepossessing. She can forget that! *(Tears invitation and throws it down.)*

**BUCKLES** But, My Lady. Cindy would love to go...

**STEPMUM** Mind your own business, you interfering upstart. *(Cuffs him)* I'm not taking that creature to the royal Palace. The Prince will only be interested in my strikingly gorgeous daughters. *(Drags Buckles off by his ear.)*

## Scene 3

Kitchen

*Sewing machine on the table. Cindy is surrounded by bales of shimmering cloth. Enter Stepsisters.*

**APHRODITE** I think the red would suit me best.

**BELLISSIMA** *(grabbing it)* No, no, I want the red.

**CINDY** There's plenty of it. You can both have red.

**APHRODITE** Who asked you, toad?

**BELLISSIMA** I'm not wearing the same as her. I want the Prince to notice me.

**CINDY** I'm sure he will, Bellissima.

**APHRODITE** *(nastily)* After all, who could miss that massive nose?

**BELLISSIMA** *(furious)* No one'll look at my nose. They'll all be too busy gawping at your scrawny neck. *(They have a cat fight)*

**CINDY** *(distressed)* Please don't fight. I'll make you both beautiful dresses and you'll look stunning. You always do.

**APHRODITE** That's true.



**BELLISSIMA** We are strikingly gorgeous. Even you Aphrodite — everybody says so.

**CINDY** So what about these dresses?

**APHRODITE** I've changed my mind. I'd like the silver with blue trimmings.

**BELLISSIMA** Me too. I'll have the gold with green trimmings.

**CINDY** Trimmings? Oh, dear. I suppose I'd better start right away.

**APHRODITE** Mind you make a good job of it.

**BELLISSIMA** I don't want to see any stitches showing through. And make sure the dresses are ready by Saturday. *They flounce out giggling. Cindy puts her head in her hands and weeps. Enter Buckles.*

**BUCKLES** Darling Cindy, don't cry! What's the matter, sweetheart?

**CINDY** Aphrodite and Bellissima and their mum are all going to the Prince's New Year's Ball with Daddy. I'm the only one who didn't get an invitation!

**BUCKLES** But Cindy, you did! I saw it with my own eyes. Postman Patrick brought it yesterday.

**CINDY** You must be mistaken.

**BUCKLES** No, look! *(He spots the torn invitation on the floor, picks it up and they piece it together)* There you are! I knew the King and Queen wouldn't leave you out. They're desperate for the Prince to meet every girl in the country.

**CINDY** Prince Fairly Charming would not be interested in me. I'm not strikingly gorgeous like my stepsisters. But I do love to dance and I'd like to make a new dress for myself as well as for the girls. I can have the red material they didn't want. I love red.

**BUCKLES** My sweet Cindy. If the Prince doesn't adore you on sight, he hasn't a grain of sense. *(Aside)* Though I hope he doesn't. And if a dance is what you fancy, allow me! *Buckles switches on a CD player, offers his arm to Cindy and they dance together.*

**CINDY** Thank you, that was lovely, Buckles. What would I do without you?

You're my only friend.

**STEPMUM** *(off)* Buckles! Buckles! Where is that dratted boy?

**BUCKLES** *(pulling a face)* Duty calls. *Exit Buckles*

**CINDY** So the Prince did invite me! If only I could go. But they'll never let me, even if I do have time to make the red dress.

*Cindy weeps again. Crash off stage, a flash of light and a puff of smoke. Enter Fairy Mary, stumbling, tiara askew and wand broken, dangling.*

**FAIRY** Drat it! Now I'll need another new wand. This is getting so expensive.

**CINDY** Good gracious! Who are you?

**FAIRY** Oh, hello. I'm Mary, your fairy godmother. We met at your christening.

**CINDY** I can't say I remember you.

**FAIRY** You were very small but kind of cute.

**CINDY** It's lovely to meet you, Fairy Mary. What can I do for you?

**FAIRY** It's more a question of what I can do for you. If I can get this wretched wand mended, that is. I hear you want to go to the New Year's Ball at the Palace?

**CINDY** Oh, I do! But I haven't got time to make myself a dress, and my stepmother will never let me share the family carriage. I've no way of getting there. It's miles away.

**FAIRY** Leave it to Fairy Mary. *(Exclaims)* Cindy you shall go to the ball! *(Shakes wand doubtfully)* I think. Now, about this dress. *(Shakes wand over cloth bales but nothing happens)* Oh, fiddlesticks! Let's have a go at the carriage. Do you have such a thing as a pumpkin about you? *(Cindy brings one)* That's a beauty. Room for lots of people I should think. *(Shakes hand over wand but nothing happens)* Drat the thing it must be past its sell-by date. How about the mice?

**CINDY** Always plenty of those behind the skirting board. They're quite sweet. *(She calls 'micky, micky, micky' and four grey mice are pulled across the stage by an unseen thread)*

**FAIRY** *(doubtfully)* Traditionally, we work with white, but grey will have to do. *(Shakes wand over mice but nothing happens)* Oh dear, I am having a bad hair day. Will nothing go right? *(Mice scuttle off)* We need coachmen, too. Any chance of a couple of rats?

**CINDY** *(indignantly)* Certainly not. No rats around here. Ours is a clean house.

**FAIRY** Now what are we going to do? No ballgown, no golden coach, no horses, no coachmen. Fine fairy godmother I turned out to be!

**CINDY** There, there. You're doing your best. *Enter Buckles pushing wheelchair, four Rainbows skipping behind him*

**BUCKLES** I'm determined that you'll go to this ball. I couldn't find a coach but we can smarten up my granny's old chair. Rainbows can do anything. Here you are girls. *(He hands them ribbons and balloons)*

**RAINBOWS** Ooooh! *(They decorate the chair)*

**BUCKLES** And I popped into Oxfam and I bought you this, it was only 50p. *(He hands Cindy a red dress)*

**CINDY** Buckles! It's lovely. You're so wonderful. *(She kisses his cheek)*

**BUCKLES** Anything for you Cindy. There, your coach is ready. Two of the Rainbows will pull it and two will be the coachmen.

**RAINBOWS** Ooooh!

**FAIRY** Dress, coach, horses and coachmen — just like that. From a mere kitchen boy too. I'm obviously redundant.

**CINDY** You tried. I do hope you can get your wand mended soon.



**FAIRY** You're a nice girl. Now, young lady, a word of warning. Enjoy the Ball, but don't stay too late. As soon as you've seen in the New Year, come home.

**CINDY** Why, Fairy Mary?

**FAIRY** Because the coachmen's mummies will worry. Midnight is way past their bedtime. Don't be any later.

**CINDY** Of course, Fairy Mary. Why didn't I think of that? Thanks for everything.

**FAIRY** Thanks for nothing, you mean. I'm useless. Oh, by the way, don't forget to drop one of your shoes as you leave the Palace. *(Exit)*

**CINDY** Why would I want to ruin a perfectly good pair of shoes? What a mystifying lady! **CURTAIN**

## Scene 4

Front of Curtain

Signpost reads 'To the Palace'. Enter everyone dressed for the Ball. Baron, Stepmum and Stepsisters jog across the stage, two facing two as if they are in a coach. Then Cindy crosses in the wheelchair with Rainbows pulling it, two dressed as horses, two as coachmen.

## INTERVAL

## Scene 5

Palace Ballroom

Prince Fairly Charming is directing his uniformed Beavers as they hang up balloons and streamers. Musicians are tuning up, making a terrible racket. Enter King and Queen.

**KING** Good gracious, Fairly, I hope the band is going to sound better than that this evening.

**PRINCE** I'm sure they will, Father — they're just a little rusty.

**QUEEN** Fairly, darling, you are going to tidy yourself up, I hope? Don't forget we're hoping to find you a lovely girl to marry.

**KING** You must look your best, my boy. Think of the country. And the creditors. We're depending on you.

**PRINCE** Don't worry, Papa. Horace and Boris have it all in hand.

**QUEEN** Well, where are they, then? We haven't got all day. *(Calls loudly, in refined tones)* Horace! Boris! Enter Horace and Boris, bowing low.

**BOTH HORACE and BORIS** *(In quick succession)* Your Majesty. Your Majesty. Your Royal Highness.

**KING** You're late.

**QUEEN** Dress my son and be quick about it. And make it good. Tonight is his big chance.

**KING** Now hear me, son, and hear me good.

**QUEEN** *(shocked)* Grammar, Lancelot!

**KING** Hear me well. This time, find a good-looker. And don't forget, we need someone rich.

**QUEEN** *(wailing)* Oh, the embarrassment of it! King and Queen exit.

**PRINCE** Not very likely if you ask me. With a face like mine, what chance have I got next to handsome fellows like you?

**HORACE** *(bowing low)* Your Royal Highness is too kind.

**PRINCE** No, I'm not, just truthful. No pretty girl'll look at me while you're around. I do wish my parents weren't relying on me for such a big cash injection into the monarchy.

**BORIS** We'll make you as attractive as we possibly can, Your Royal Highness.

**PRINCE** A tall order, I'm afraid. But go on, then. Give it a shot. Band plays while valets dress the Prince elaborately. Antics among band members make bandmaster tear his hair.

**HORACE** There!

**BORIS** A triumph!

**HORACE** *(Gesturing)* The looking-glass, Boris! Boris holds up a glass and the Prince stares at himself, then turns away sadly.

**PRINCE** Nice clothes, shame about the face.

**HORACE** Oh, Your Highness, being handsome isn't everything.

**BORIS** It's what's inside that counts. You're a fine man, Your Highness, and you'll make a wonderful King when the time comes.

**PRINCE** *(choked up)* You're good kind chaps. Best friends a fellow could have. Horace and Boris exit backwards, bowing.

**PRINCE** I just wish they weren't so blooming good-looking. Enter King and Queen.

**KING** Are you ready, Fairly?

**QUEEN** Oh, yes! That's better. Like the new jacket. Give us a twirl.

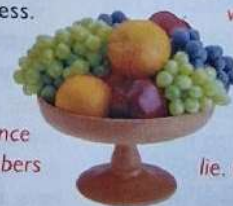
**KING** No time for all that nonsense. The guests are arriving now.



Enter Herald. Fanfare. The Royal Family forms a receiving line and guests enter. Each group is introduced loudly by a name such as 'Lord and Lady Ormburg and their son, Ivan Orriblecold'. Baron Loandash and his family arrive last.

Dancing. The Prince goes from girl to girl, but each turns up her nose and quickly seizes a partner. The stepsisters pair off with the handsome valets, first curtseying, obviously thinking they are Princes. Prince mopes in a corner, comforted by four Beavers. Cindy and her Rainbow 'coachmen' arrive, unannounced. Prince jumps up and asks Cindy to dance. Rainbows and Beavers pair off.

Make this scene as lavish as possible, with streamers, balloons, party poppers, trays of food and lively music. Clock sounds 12. All except the Prince slump and sleep where they lie. Cindy and Rainbows hurry off.



## Scene 6

Front of Curtain: Palace Exit  
Enter Fairy Mary

**FAIRY** *(crossly)* Some people just can't get anything right. Too much excitement, that's what it is. I told her to leave her shoe, but did she listen? She did not. *(sighing)* Do I have to do everything myself? Drops dancing shoe. Exit.







## 2000 TRAINING CENTRE CALENDAR

TRAININGS, all Guiders may apply direct to the Training Centres for any of the Trainings listed below using the application form in this issue of **HOTLINE** or by letter.  
Please pull out and keep Hotline and pass a copy to other Guiders in your area.

### Lorne

January 14-16  
Women on Wheels

January 21-23  
Update

March 3-5  
Rainbow & Brownie Guiders

March 10-12  
Leadership Scheme Induction

March 24-26  
Arts

March 31-April 2  
Cross Community Project  
Public Relations

May 12-14  
Musical Madness

May 19-21  
New Guide Programme

November 10-12  
Community Relations

### Netherurd

January 7-9  
International Selection

January 14-16  
District Teams

January 21-23  
Guides in Action

January 20-30  
Developing your Training Skills

February 11-13  
The Generation Games

February 18-29  
The alternative Thinking Day

February 25-27  
Programme Ideas

March 10-12  
Half house available

March 17-19  
Guiders and their Young Leaders

May 5-7  
Scottish Trainers

May 19-21  
Guiders + Patrol Leaders

June 9-11  
Guiding through the Ages

June 23-25  
Stomp week-end available

August 25-27  
County P & T Advisers

September 1-3  
Music in the Programme

September 15-17  
PR Advisers

September 22-24  
Programme Ideas for all

September 29-October 1  
Half house available

October 6-8  
County Outdoor Advisers

October 20-22  
Senior Section

November 3-5  
County Commissioners

November 17-19  
District Teams

December 1-3  
International Selection

December 15-17  
Christmas Bells  
Seasonal Activities for Guides

### Broneirion

January 28-30  
First aid for All Occasions

February 4-6  
Training on the Duke of Edinburgh Award Scheme

February 25-27  
Training Workshops for Self Defence or Accounts, Craft, Computers etc

March 10-12  
1. Queen's Guide Conference  
2. Make & Take  
A chance to make equipment and learn from others

March 17-19  
Public Relations

April 14-16  
Programme Ideas  
- with a crèche

May 26-29  
A Welsh Welcome for the Millennium  
Training with a Welsh theme

September 1-3  
Outdoor weekend for all interested in the outdoor activities

November 3-5  
International Sparkle  
All section training for Thinking Day

November 10-12  
A training for Guiders with an interest in members with

disabilities, or who have disabled members in their units

December 1-3  
Christmas Arts

### Hauthois

January 21-23  
Music / Guitar Course

January 29  
Basic Food Hygiene Certificate

February 4-6  
First Aid in Guiding

March 31-April 2  
Singing for Unit Guiders

September 29-October 1  
First Aid in Guiding

October 6-8  
Over the Rainbow to Brownies - a training for Rainbow & Brownie Guiders

October 20-22  
Crafts with a Difference

November 10-12  
Management skills and problem solving for District Commissioners

### Foxlease

January 7-9  
Themed Programme Ideas  
The Environment / Science / Working in groups

January 28-30  
Guiders and PLs

February 25-27  
Preparing for Pack holiday

March 10-12  
Why Do We Do It ? !!  
Inspirational Training for all sections.

March 21-23  
First Aid for Camps and Holidays - Midweek

May 5-7  
Campfire, Music and Drama

May 5-7  
Wide Games and Pioneering

May 19-21  
Guiders 18 - 30yrs

July 14-16  
Commissioner Training

August 12-18  
Walking Safely

# HOTLINE



**September 8-10**

Theme Evenings for Winter or Spring

**October 20-22**

Indoors / Outdoors Activities for all sections

**October 27-29**

Preparing for your Unit camp in 2001

**November 17-19**

How to stop Guiding taking over your life

**November 21-23**

Property Managers and Committee members

**November 24-26**

Themed Programme Ideas  
International / Service / Promise

**December 8-10**

Division Groups

**Waddow****June 16-18**

Programme Ideas Brownie & Guide  
Guiders

**July 7-9**

Programme Ideas for Rainbow  
Guiders

**July 21-23**

Guiders/PLs/YIs

**September 1-3**

Space available in the house for  
County/Division/District training

**November 17-19**

Arts & Crafts

**December 1-3**

Programme Ideas for  
Rainbow/Brownie Guiders

**December 2**

Food Hygiene 1 day

**December 8-10**

Weekend available for  
Counties/Divisions/Districts to book

## 1998 Activity courses / Young Members events / Trefoil Guild / Leisure courses etc.

**Lorne****January 7-9**

Apres Millennium – House Party

**February 4-6**

World Guiding

**March 17-19**

Ulster Junior Council

**April 7-9**

Senior Section

**April 28-30**

Guide Activities – half-house

**June 3**

Open Day for Adults

July/August dates available for  
booking Guide and Pack Holidays

**July 29-5 August**

Millennium Camp and House Party

**August 18-19**

International Selections

**September 1-3**

Ulster Trefoil

**September 8-10**

International Selections

**September 15-17**

Senior Section

**September 22-24**

Intops

**October 20-22**

Ulster Commissioners' Conference

**October 27-29**

UK Archivists' Conference

**November 17-19**

Ulster Junior Council

**Netherurd****February 4-6**

Singing Circle

**April 24-28**

Dundee Holiday Project

**June 21-23**

Trefoil Guild Weekend

**August 18-20**

Guide Event

**Broneirion****February 18-20**

'Badges'

A weekend for Guides to work on  
interest badges

**June 22-28**

Millennium Madness,  
A holiday week for Trefoil Guild  
members and Friends of Broneirion

**July 1-3**

Adventurous Activities for Guides

**July 14-16**

A Taste of Guides

A Weekend for 9+ Brownies

**Hautbois****February 25-27**

Journey Round the World - an  
International weekend for Brownies  
and their Guiders

**April 28-May 1**

Family Activity Weekend

**June 16-18**

Activity weekend for Brownie and  
Guide groups accompanied by their  
Guiders

**September 4-8**

Painting and Sketching

**September 8-10**

Friends of Hautbois Weekend &  
A.G.M.

**November 3-5**

Hautbois Minstrels

**December 1-3**

Conservation

**December 8-10**

Santa's Biggest Brownie Adventure

**December 15-17**

Santa's Biggest Brownie Adventure

**Foxlease****February 8-10**

Winter Bird Watching

**February 14-17**

Catered Break

**February 18-20**

Thinking Day Event for Guiders with  
Brownies / Guides

**April 21-24**

Music and Arts Workshop for all.

**April 25-27**

Brownies Up In The Air. Guider with  
9 or 10yr old Brownies.

**May 2-5**

Patchwork and Quilting

**May 12-14**

RLSS Rescue Test Course

**June 9-11**

Challenge Camp for 12 - 14yr olds

**June 23-25**

Trefoil Guild Celebrate Guide Day  
2000

**July 21-23**

Go, Brownie Go ! Guider with 9 and  
10yr old Brownies

**July 30- August 3**

Guide Activity - for a Guider with 8  
guides

**August 7-11**

Guide Activity - for a Guider with 8  
guides

**September 15-17**

RLSS Rescue Test Course

**September 18-22**

Patchwork and Quilting



**October 24-26**

Treasure Seekers  
Teams of 4 from any section

**November 6-10**

Bonfire Break

**November 14-16**

Simple Cross Stitch and Ribbon  
Weaving

**December 15-17**

Catered Break

**Waddow****April Easter 20-24**

Guide Event  
Fun and Activities for Guides [with  
our without Guiders]

**April Easter 20-24**

Brownie Event  
Fun and Activities for Brownies [with  
Guider/s]

**June 24**

Guide Day Celebration  
Celebrate the millennium with  
activities and Laser firework display  
come for the day or the weekend,  
camp or stay in the house

**May 15-18**

Leisure Break

**June 19-22**

Leisure Break

Dates available July and August for  
booking catered Pack/Guide/Senior  
Section holidays in the house

**July 14-17**

FOW

**July 17-20**

Leisure Break

**August 5-12**

Walking Week

**August 22-25**

Grandparents/Grandchildren week

**August 24-31**

Leisure Break

**September 11-14**

Leisure Break

**October 9-12**

Leisure Break

**October 23-27**

Grandparents/Grandchildren week

**November 7-9**

Leisure Break

**December 29-January 2**

New year house party

**Blackland Farm****January 8-9**

Guide Association Climbing Scheme  
Trainers Training Part 2

**February 26-27**

Guide Association Climbing Scheme,  
Level 1 Training (Indoor  
Accommodation)

**May 6-7**

B.C.U. 1 and 2 star Kayak

**May 6-7**

Guide Association Climbing Scheme,  
Level 2 Training

**May 13-14**

B.C.U. 1 and 2 star Kayak

**May 14**

Introduction to Walking Skills

**May 20-21**

Beginners Rock Climbing

**June 10-11**

B.C.U. 1 and 2 star Kayak

**June 17-18**

B.C.U. 3 Star Kayak and B.C.U. 2  
Star Improvers Kayak

**July 8-9**

B.C.U. 1 and 2 star Kayak

**July 22-23**

Beginners Rock Climbing

**July 29-30**

Improvers Rock Climbing

**August 3-4**

B.C.U. 1 and 2 star Kayak

**August 5-6**

Beginners Rock Climbing

**August 14-15**

B.C.U. 1 and 2 star Kayak

**August 16-17**

Beginners Rock Climbing

**August 19-20**

B.C.U. 1 and 2 star Kayak

**August 19-20**

Beginners Rock Climbing

**September 2-3**

Beginners Rock Climbing

**September 9-10**

B.C.U. 1 and 2 star Kayak

**September 16-17**

B.C.U. 1 and 2 star Kayak

**September 16-17**

Guide Association Climbing Scheme,  
Level 2 Assessment

**September 23-24**

B.C.U. 3 Star Kayak and B.C.U. 2  
Star Improvers Kayak

**September 30-October 1**

GNAS Archery Leader Award  
Module A (Indoor Accommodation)

**October 7-8**

GNAS Archery Leader Award  
Module B (Indoor Accommodation)

**Further Information****Trainings**

Trainings are open to all Guiders and Young Leaders and they can attend on their own or as a group. It may be possible to help those who wish to attend an event to make contact with others travelling from the same area. Training Bursaries are available to the value of £20 towards the cost of accommodation at either Foxlease or Waddow. Please contact the Centre for details on eligibility and how to apply.

**Outdoor Activity Qualifications**

Outdoor Bursaries are available for courses leading to Outdoor Activity Qualifications, contact Guiding Development at CHQ for details.

**General**

The Centres all have brochures available on these courses and on self-catering and camping facilities. Please ring/write/e-mail for more information.



## Training & Activity Centres, Training Weekend Fees and Deposits and Contact Details.

Manager/GIC Centre	Address	Phone / Fax	Weekend Fee / Deposit
Joan McCullough Lorne	30 Station Road Craigavad Holywood County Down BT18 0BP	Tel: 01232 423180 Fax: 01232 426025	Shared £44.50 Twin £49.50 Single £54.50 Full fee in advance. Counties 50% deposit
Janice Lowe Netherurd	Blyth Bridge West Linton Peeblesshire EH46 7AQ	Tel: 01968 682208 Fax: 01968 682371	Shared £50.00 Single £60.00 Girl £45.00 Deposit £ ?
Julie Jones Broneirion	Llandinam Powys SY17 5DE	Tel: 01686 688204 Fax: 01686 688244	Shared £44.00 Twin £44.00 Single £54.00 Deposit £15.00
Chris Humphries Hautbois	Great Hautbois House Great Hautbois Road Coltishall Norwich NR12 7JN	Tel: 01603 737357 Fax: 01603 736138	Fees to be announced Deposit £ 15.00
Hilary Chittock Foxlease	Lyndhurst Hampshire SO43 7DE	Tel: 0123 80 282638 Fax: 0123 80 282561 foxlease@guides.org.uk	Shared £45.00 Twin £49.00 Single £57.00 Deposit £15.00
Margaret Firth Waddow Hall	Clitheroe Lancs BB7 3LD	Tel: 01200 423186 Fax: 01200 427460 waddow@guides.org.uk	Shared £45.00 Twin £49.00 Single £57.00 Deposit £15.00
Blackland Farm	Grinstead Lane East Grinstead West Sussex RH19 4HP	Tel: 01342 810493 Fax: 01342 811206 blackland@guides.org.uk	Contact centre

## APPLICATION FORM

Please use this form for any of the trainings listed in the first section and post it to the appropriate Centre.

To the Manager, ..... I wish to book 1 / 2 / 3 / 4 / ..... / place(s) on the following training:

Title ..... Date .....

I am a Rainbow / Brownie / Guide / Senior Section Guider / Commissioner / other .....

Accommodation preference:      Single                      Double                      Shared                      Ground Floor

Special Needs .....

Name .....

Address .....

.....

Telephone .....

Names of additional applicants. ....

.....

.....

.....

Signed ..... Date .....

I enclose a non-returnable deposit of £ ..... (see table for deposit required) and a large SAE.



## Scene 7

### Kitchen

Flowers in a vase on a table.  
Cindy and Buckles are searching  
for her missing shoe.



**CINDY** It's a complete mystery.  
Buckles. I know I had it last night.

**BUCKLES** Where did you take it off?

**CINDY** In my bedroom. I know I did.  
It can't be in the kitchen, but I've  
looked everywhere else.

**BUCKLES** Perhaps one of your sisters  
borrowed it?

**CINDY** They wouldn't give my clothes  
house room. If it's not from Top Shop  
or Miss Selfridge, they don't want it.

**BUCKLES** Never mind, you don't  
need dancing shoes for a while.

**CINDY** Just like a man. They are my  
best shoes. Even if I just have them to  
look at, I'd rather have two than one.

**BUCKLES** Have you tried the oven?

**CINDY** I've looked everywhere.  
*Fanfare. Stepsisters and parents rush in  
and peer through the window. Enter  
Palace Herald with Prince, Beavers and  
valets with shoe.*

**BARON** *(Bowing low to prince and valets.)*  
Oh! Your Royal Highness.

**STEPMUM** *(curtseying and nearly  
toppling over)* This is wonderful! What  
an unexpected honour!

**BARON** Come through to the drawing  
room, Your Highness!

**STEPMUM** Of course, of course.  
We can't entertain you in the kitchen.

**BARON** Most unseemly.

**PRINCE** The kitchen will do fine.  
*(He spots the spare shoe and picks it up.)*  
I can already see that I'm in the right  
place. *(He smiles lovingly at Cindy)* Are  
these your shoes?

**APHRODITE** No, no, they're mine.

**BELLISSIMA** Rubbish! They're mine,  
you never wear Clarks.

**APHRODITE** I certainly do! My  
Dolcis ones pinch.

**BELLISSIMA** You little liar! Anyway,  
they're too small.

**APHRODITE** If they're too small for  
me, there's no way they could be yours  
— Bigfoot Bellissima.  
*Bellissima flies at her and they fight.*

**PRINCE** I don't know why you're  
squabbling. You wouldn't even look at  
me last night.

**APHRODITE** *(Looking him up and  
down rudely)* Why should we? Who are  
you, anyway, titch?

**BELLISSIMA** We're only interested  
in the Princes.  
*Aphrodite and Bellissima run to cuddle up  
to Horace and Boris, respectively.*

**PRINCE** Ah. A small error, I do believe.  
Though you're not the first to make it.  
*(To Cindy)* Pop these on for me, will you?  
*(She does so)* I didn't really need proof,  
of course. I'd know you anywhere, even  
without the stunning red dress. *(He goes  
down on one knee.)* I'm nothing much,  
Cindy. Nothing to look at, nothing in  
the bank. But I love you. You're the  
most beautiful girl I've ever met, inside  
and out. Please say you'll marry me  
and be my Princess.

**FAMILY** *(enraged)* OH!  
*Stepsisters and Stepnum faint into their  
partners' arms.*

**OTHERS** *(delighted)* Aaaaah!

**BUCKLES** *(agonised groan)* Ooooooh.

**CINDY** But Fairly, my darling, what on  
earth will your parents say? I wouldn't  
like to upset them.

**PRINCE** I don't care! — I love you!

**CINDY** Then of course I'll marry you.  
I don't mind if you're poor. *(Embrace)*  
But, darling Fairly, how did you know  
where to find me?

**PRINCE** It was easy, this address label  
was in your shoe. I found it on the  
Palace steps.

**CINDY** I don't recall dropping it. *(Claps  
hand over her mouth)* But now I remem-  
ber I was supposed to.

*Enter Fairy Mary*

**FAIRY** Yes, you were. But you forgot,  
so I had to do it for you. I thought it  
would speed things up if I popped your  
address inside.

**CINDY** Fairy Mary! Thank you, oh  
thank you!

**BUCKLES** *(sadly)* Thanks for nothing.

**FAIRY** What's the matter with you,  
young man?

**BUCKLES** I've always loved Cindy.  
But now she's going to marry him. I  
haven't anyone. I'll be lonely for the  
rest of my life.

**FAIRY** Nonsense! There are dozens of  
lovely girls out there. *(She gestures  
towards the audience)* Take your pick!

**BUCKLES** *(brightening)* Thanks! I will.  
*He hurries down and brings up a member  
of the audience, giving her the flowers from  
the vase. Beavers and Rainbows pair off.*

**PRINCE** It looks as if *(name local  
minister)* is going to be kept busy. Let's  
get the weddings organised.

## Scene 8

**Front of Curtain: Outside the Palace**  
Couples arm in arm, each with Rainbows  
and Beavers as attendants, parade across  
the stage to wedding music.

## Scene 9

**Palace Ballroom**  
Music and dancing.  
Each couple in turn  
comes to the front  
and gazes ador-  
ingly into each  
other's eyes,  
clasping hands.  
Fairy Mary is  
the only one  
left alone. She  
brings a dad  
from the audi-  
ence and they  
dance behind the  
other couples.  
When they  
emerge, he is  
wearing wings.



## The End



# Production team

## Dramatic opportunities for older girls

By Gillian Ellis

Even a small show needs a reliable production team. The following job descriptions are suitable for Senior Section members or adult leaders, who are prepared to take an important behind-the-scenes role.

GLOUCESTERSHIRE ECHO

### The director

- Know the play inside out before rehearsals start. Begin rehearsals in good time — issue schedules so that everyone knows what they are doing.
- Cast the play, perhaps with the help of a casting committee. Choose actors for their acting abilities, not for sentimental reasons. Don't forget to appoint understudies for the main parts.
- Take into account availability, suitability and reliability of the cast members.
- Set a date after which scripts will not be allowed in rehearsals.
- Decide on the actors' moves and mark them in your copy of the script.
- Make sure girls speak up clearly and that speech is as natural as possible.
- Be firm but fair; remember, the director is in charge!

### The prompter

- Know the script and mark down any notes from the director. Also mark down any points at which actors often stumble and be ready to help.
- Appoint a deputy and let her prompt a few rehearsals — just in case.

Keep your eyes on the script, so that you are ready if needed.

- Prompt clearly in low, but audible tones. Actors must be able to hear without straining. Give the first few words of the forgotten line and stop talking when the actor is back on course.



Store costumes on hangers that are clearly labelled



Keep a look out for useful remnants of material

### The stage manager

- Read the script and mark places where you need to take action. List all the furniture that you will need on stage.

- Assemble a team of light-footed scene-shifters!
- Provide stage furniture as early in the rehearsals as possible. Scene shifting needs practice and actors need to get used to real furniture.
- If you are rehearsing in a different venue from where you will be performing, mark out the exact dimensions of the stage on the floor.

This is particularly important if the stage is smaller than the rehearsal room.

- Stack scenery off stage in the order that it will be used.
- Give your team a list of who moves what and when. Pin the list up in the wings and practise moving swiftly and quietly.
- Insist on silence in the wings!

### Set designer

Assemble a workforce and liaise with the stage manager to: collect materials and build sets; store sets appropriately; provide running repairs where necessary.

### Wardrobe designer

- Read the script and make a list of the costumes needed. Assemble a team of helpers.
- Purchase charity shop clothes and fabric remnants. Beg and borrow curtains, towels, sheeting and junk jewellery.
- Have costumes ready as soon as possible. They should fit both actor and understudy without the need for too much alteration.
- If actors need long or bulky costumes, provide garments to practise in — this way, actors can get used to carrying trains, wearing strange hats and so on.
- Store costumes on hangers labelled with the name of the character and the scene they will be used in. Attach a plastic bag containing any accessories.
- After dress rehearsals and performances, make sure that costumes are clean and on the correct hangers.
- After the show, return any borrowed items. Store anything else for future use.

### Properties manager

- Read the script and list all the props that are needed — including ones that will be carried by the actors (personal props).
- Assemble a team of helpers and give each one a props list. Beg and borrow from family and friends. Scour junk shops and try to spend as little cash as possible!
- Use the props at rehearsals, allowing actors to become used to the real thing.
- Appoint one team member to be solely responsible for all personal props. Insist that she puts the props in the actors' hands, just before their cues.
- Issue the team with a list of who handles what and when. Pin a list up in the wings and keep all the props in one, easily accessible place.



# Helping hands

## Roles for everyone to play

Some of your girls may not want to appear on the stage. If this is the case, take advantage of the extra workforce behind the scenes, and use their skills wisely!

### Wardrobe assistants

Older girls can be of invaluable help to the wardrobe designer.

Assistants can sew, wash and press costumes, as well as search charity shops for useful garments.

Girls can also finish off hems; make name labels for both garments and hangers; stick on sequins and be on hand to fetch and carry.

THE GUIDE ASSOCIATION



Girls can help to design and make posters

### Refreshments

If you are planning to have a long interval, make refreshments a bit more special than shop-bought biscuits.

Girls can give a helping hand to bake cakes and cookies for the interval. You may be able to freeze them, so that you can prepare in advance.

Leave any decorations or fillings until the morning of the show.

If refreshment charges are not included in the ticket price, helpers can mark up the goods for sale.

### Tickets and posters

Why not run a competition to choose ticket, poster and programme designs for your show?

Tell the girls to keep designs big, bold and simple. You could also supply them with a list of information that must be included — such as date, time, price and venue.

You can photocopy the best designs to use and let the girls colour them in.

When colouring posters, use bright and bold colours, not wishy-washy watercolours or pencils.

Ask the girls to think of as many places as possible where the posters can be displayed — in shops, on notice boards, meeting places and so on.

If you are displaying posters outside, cover them in polythene so the rain does not ruin the girls' handi-work.

### Scenery assistants

If your production is ambitious enough to have fully-designed scenery, girls can help out with the painting.

Assistants could be in charge of keeping tabs on brushes, tools and other equipment, making sure that they are stored properly.

### Lighting and sound

Whereas a major show will rely on modern technology for special effects, girls can give you a helping hand when it comes to sound and lighting.

If, for example, you are using torches and wobble-boards to make thunder and lightning, girls should have thoroughly rehearsed their cues.

### Front of house

Anyone who is not actually involved in the performance — either on stage or behind the scenes — should be a part of the front-of-house team.

Ask everyone to dress in their uniforms or in matching T-shirts and trousers.

The front-of-house team should take care of the following important jobs:

- Selling programmes
- Taking or selling tickets
- Car park supervision
- Cloakroom
- Showing people to their seats
- Directing people to washrooms
- Setting out and later serving the refreshments
- Clearing away and washing up
- Being runners for the director and stage manager
- Welcoming VIPs

#### Top tip

Obtain sponsorship from local businesses — in return you could advertise their services in your programme. Sponsorship could be in the form of money, plastic cups for drinks, the loan of furniture ...the list is endless!

Be sure to acknowledge everybody in the programme. Also make sure that everyone, including the front-of-house team and people behind the scenes, takes a bow at the end of the performance.



MARGARET WHITTAKER



# Hot tips

**Make sure you've thought about all aspects of putting on a production**

## Copyright queries

Copyright is the exclusive legal right which protects a piece of work from unauthorised use.

If you want to use someone else's songs and music in your production, you must clear the copyright first. The easiest way to do this is to contact the individual music publisher direct for more information.

However, if this sounds a bit confusing, or you are short of time, there are plenty of Guide and Scout songs that are copyright free. If you'd like more information about such songs – or have any query relating to Guiding and copyright – then contact the Production department at CHQ.

### Top tip

Our pantomime script is copyright free. This means that you can photocopy it as many times as you like so that your unit can learn their words!

Your local bookshop or music shop may also be able to advise you about material which is copyright free.

■ If you do have copyright problems, you can contact The Copyright Licensing Agency Ltd, 88-94 Tottenham Court Road, London W1P 9HE. Telephone 0171 436 5931.

### Warning

There are severe penalties for people who ignore copyright.



## Hall licence

If you are putting on a public performance of our panto – that means that you will be selling tickets – you will need an entertainment licence.

However, your hall may already have one. If you want to check, you should contact The Performing Rights Society, 29 Berners Street, London W1P 4AA. Telephone 0171 580 5544.

Similarly, if you intend having an alcoholic bar in the interval, you will also need a drinks licence.

Contact your local council for more information about both of these licences.

### Top tip

Another way of avoiding the copyright issue is to write new words to old nursery rhyme tunes.

You could ask poetic Young Leaders, Rangers, Trefoil Guild members, relatives or friends to write exciting songs for your unit to sing.



## Brownie Leaders

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# Cards and gifts

All these items have been designed with Rainbows in mind — but it won't stop other sections from wanting to make them too...

## Sweet snowman

Before the meeting, draw a simple snowman shape — about 30cm high and 14cm wide — on to thin card.

Draw three big buttons on the front of the snowman. Include a hat, scarf and a carrot nose.

Copy the figure so

that there is one for each girl.

Give the snowmen to the Rainbows to colour in. When they have finished, collect in the figures (make sure everyone writes their name on the back).

On each snowman, use double-sided sticky tape to attach three wrapped sweets in

the place of buttons.

Give the snowmen — complete with their sweet surprise — back to the girls at the end of the meeting.

### You will need

- Wrapped sweets
- Thin white card
- Colouring pens
- Double-sided sticky tape

30 mins

## Party favour

### You will need

- Card
- Fun-size box of sweets
- Christmas wrapping paper
- Thin ribbon
- Glue
- Double-sided sticky tape

30 mins

This little gift can be used as a place setting, a tree decoration or as a small token present.

Cut a piece of card 16cm by 6cm, then make it into a simple Christmas cracker shape.

Cover one side of the cracker with wrapping paper. Tie

thin ribbon around each end.

Finally, use double-sided sticky tape to stick a small box of sweets on to the reverse side of the Christmas cracker.

Then the girls can write the name of the recipient on the front of their cracker gift.

## Rocking cards

### You will need

- Red card
- White card
- Colouring pens
- Glue

30 mins

Rainbows will love to make and give these rocking Christmas cards.

Place a saucer, reel of sticky tape — or another similarly-sized round object — on a piece of red card.

Draw around it and cut out the circle.

Fold the circle in half, making a really sharp crease.

Draw a Father-Christmas-style head from white card — about 6cm wide and 7cm long. Colour it in and cut it out. Stick the bottom part of the head to the middle of the fold.

Cut out two arms and stick them on the inside of the card. Then draw on buttons and a belt.

The girls can now write their greetings inside the cards.

## Santa bookmark

Girls could give this bookmark instead of a Christmas card — you could even make them to sell at the library.

### You will need

- Red and white felt, card or craft foam
- Glue
- Pink card
- Joggle eyes
- Scissors
- Colouring pens

30 mins



1 Cut a strip of red felt (or foam or card) 4cm by 24 cm. Cut one end into a point and the other into a fringe.

Stick a circle of white felt (1cm diameter) on top of the pointed end of the strip — this is now Santa's hat.

2 Cut out one piece of white felt in the shape of a beard and hair. Cut a hole in the middle for the face. The drawing of the finished item will help you.

Cut out a separate moustache and stick that on to the felt beard.

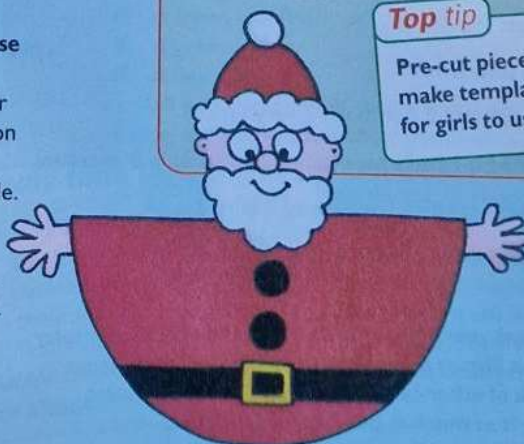
3 Cut out a small piece of pink card and stick it behind the hole you made for the face.

Stick on two joggle eyes and draw a nose.

Finally, stick the head just under the hat end of the strip. The bookmark is now ready to be used.

### Top tip

Pre-cut pieces or make templates for girls to use.





# Community action

**This month we look at the theme of sharing skills — looking at the community to see where we can contribute**



Try out some of the activities on this page and tell us what you think. We would like you to share ways in which you have adapted Community Action ideas to make them special to your unit.

■ All correspondence should be addressed to: The Programme Team, 17-19 Buckingham Palace Road, London SW1W 0PT.

## Clean streets

Take part in an environmental appraisal, to assess the state of a street in your neighbourhood.

Copy the following checklist and ask each girl to fill one in.

Girls should circle the statement which best describes the different subjects.

Add up the points scored for each aspect, then see how many the street has scored out of a maximum of 15.

If the street scores five to seven points, then some serious action is needed.

A score of eight to twelve means that there is still room for improvement.

A score of 13 to 15 is fantastic, but standards need to be kept high!

THE GUIDE ASSOCIATION



**Street:**

**Date and time:**

**Litter:** 1 lots 2 not much 3 very little

**Buildings:** 1 badly maintained 2 reasonable 3 excellent

**General traffic:** 1 very busy 2 busy 3 quiet

**Shops:** 1 few 2 adequate 3 wide variety

- Present your findings in an attractive way, then display them in a library or send them to the local newspaper.
- Think of other categories to add to the appraisal. Simplify it as much as possible for Rainbows.

## Twenty questions

Before the game starts, you will need to copy — on to slips of paper — this list of prominent people in the community.

- Police officer
- Teacher
- Shopkeeper
- Doctor
- Librarian
- Priest
- Lollipop person

### Make it easier...

Girls can mime the actions of the person that they are supposed to be.

You may be able to think of lots more people to add to the list. Fold up the pieces of paper and put them into a hat.

Divide the girls into small groups. Each group chooses one girl to be its community representative.

In turn, these representatives then pick out a name from the hat. They are then asked questions by the other groups, about the identity of the person chosen, to which they can only answer yes or no.

The first group to guess correctly wins a point.

Keep playing until every group has had at least two turns.



## Info card

These handy information cards can be for personal use or distributed among the community.

Draw around a credit card. Use this as a template to cut out lots more cards.

Ask the girls to go through the directories and make a list of important telephone numbers — such as the health centre, emergency plumber and so on.

Put the numbers on to the cards and cover them with sticky-backed plastic.

Alternatively, make the cards on a computer, with the aid of a special print package.

### You will need

- Coloured card
- Pens
- Telephone directories
- Clear sticky-backed plastic
- Access to a computer (optional)

### Top tip

Find someone to reproduce the cards for you or to sponsor you to do so.

### Into extra time

Girls could make a display to dispense the cards in surgeries or shops.



## Pollution problems

Carry out a survey of the pollution in your area. Start off by looking at litter, checking noise levels and the volume of traffic.

For more information about litter-related problems, contact: **The Tidy Britain Group, Elizabeth House, The Pier, Wigan, WN3 4EX.**

Alternatively, check out the Web site at: [www.tidybritain.org.uk](http://www.tidybritain.org.uk)

### Top tips

- Include The Guide Association logo on your drawing. Be on hand to tell people all about Guiding.
- Organise a display of photos and leaflets to show the community what Guiding is about.
- Ask the local paper to send a photographer along. Send some photos to the Programme Team at CHQ.

## Street artist

Plan a brilliant street art day to take Guiding into the community.

Map out a large-scale picture that is connected to Community

### You will need

- Large sheets of paper
- Chalk
- Paints
- Tape

### Top tip

Try to gain sponsorship for the materials – chalks, paint, paper and so on – that you will be using for this project.

Action. Then find a suitable area in which you can draw it.

Instead of painting a permanent picture on a wall draw your picture on large sheets of paper taped to the ground. You may even be able to chalk your design straight on to a pavement.

Whatever you do, don't forget to obtain the council's permission first. You should also let the police know that you will be there. Choose a safe area for your project – such as a pedestrianised street.

### Top tip

Find out if your town has a street festival or carnival that you can join in with. Your unit could organise its own street party!

# Emergency 999

**Check out some vital information that could help save a life**

## Smoke alarm

Challenge the girls to ask among their friends and family to see who has smoke alarms.

Ask the girls to check that the smoke alarms work – your local Fire Station will be able to tell you how to do this.

The girls should also know where smoke alarms should be placed, so that they can work effectively. They should also know what to do in the event of a smoke alarm going off.

### Into extra time

You could link this project to the Fire Fighter badge.

- Contact your local Fire Station and tell them that you are thinking of raising money to buy smoke alarms. Ask them for help and advice.
- Decide which community members would benefit most from the alarms.

- Approach DIY stores and ask if you can have a discount on smoke alarms for your project, or free sets of batteries!
- Make the smoke alarm project a District-wide event. Don't forget to tell the local media what you are doing.



## First aid posters

Rainbows and Brownies can make posters, illustrating the emergency procedure for one of the following incidents:

- Burns and scalds
- A frying pan fire
- A grazed knee
- A bee sting

Ask your local health centre if you can display the posters. You could even hold a competition and ask a local doctor to choose a winner!

### Into extra time

Girls in all sections can have a basic knowledge of first aid – the level of which depends on their age.

Team up with St John Ambulance or the Red Cross for a basic first aid course.

- Make similar posters to encourage people to clean their teeth. Ask if you can display them at the dentist's surgery.



# Festive food



**Serve up some of these tasty treats at your pantomime, or sell them at a Christmas fair**

## Winter warmer

### You will need

- 700g apples
- A lemon
- 25g root ginger
- Sugar (see recipe)
- 2.3 litres water

This spiced apple drink is ideal for serving during your panto interval.

Wash and chop the apples – there's no need to peel them – and put them in a large pan.

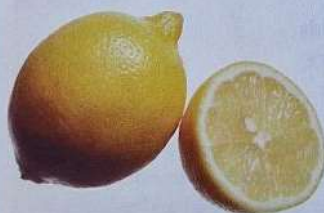
Grate the lemon zest (just the yellow bit) into the pan. Squeeze the juice of the lemon and add that too, along with the water. Finally, bruise the ginger and add that to the mixture.

Bring the ingredients to the boil then simmer gently until the apples are soft.

Leave the mixture to cool slightly, then mash it and sieve it into a measuring jug.

For every litre of liquid you have, add 100g sugar. Return the juice to the pan, stir on a low heat until it boils and then simmer for five minutes.

Cool before serving.



### You will need

- 100g plain flour
- 1 tsp mustard powder
- 50g margarine
- 75g grated Cheddar cheese
- 2tbsp cold water
- Salt and pepper

## Cheesy sticks

Even Rainbows should be able to make this tasty snack, but you will have to use the oven for them. This recipe makes around 50 cheesy sticks.

Preheat the oven to 200°C or Gas Mark 6.

Sift the flour, mustard and seasonings into a bowl.

Cut the margarine into small pieces and rub it into the flour until it looks like breadcrumbs.

Add the cheese and stir in enough water to make a dough. Knead the dough until it is smooth.

Roll out the dough on a floured board until it is about 3mm thick. Cut strips around 7cm long and 1cm wide.

Twist each strip twice and put it on a greased baking sheet. Bake for ten minutes or until golden brown, then cool on a rack.

## Parcel cakes

1

Preheat the oven to 170°C/Gas Mark 3. Grease a 20cm square cake tin.

Sift the flour and baking powder into a bowl, then add the nuts, sugar, margarine and eggs. Beat the ingredients together until they are smooth.

### You will need

- 125g self-raising flour
- 1 tsp baking powder
- 60g toasted and ground hazelnuts
- 185g caster sugar
- 185g soft margarine
- 3 eggs
- For decoration:
- Jam
- 625g ready-to-roll fondant icing
- Red and green food colouring
- Icing sugar

2

Pour the mixture into the tin and bake for 40 minutes – until the cake is golden and firm to the touch.

Let the cake cool in the tin for ten minutes before turning out on to a rack.

When it is cold, cut it into 25 squares. Brush each square with jam – to help the icing stick.

3

Cut the icing into three pieces. Colour one red, one green, and leave one piece white.

Sprinkle icing sugar on to the work surface. Roll out the white icing and cut into eight squares of 5cm.

Cover eight cakes with white icing – it should just cover the top and the sides.

Cover the remaining cake squares in the same way with red and green icing.



### Top tip

Use powder colouring for the icing – it's a lot less messy than liquid. However, if you can get ready-coloured icing that's even better!

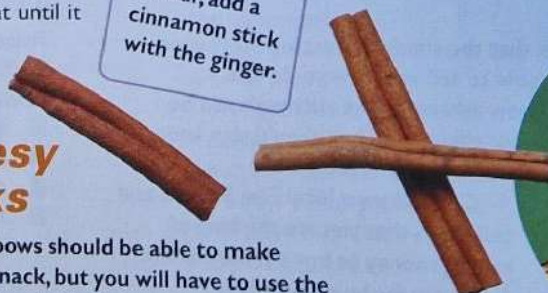
### Top tip

Bruise the ginger by lightly crushing it with a rolling pin or the back of wooden spoon. For a fuller flavour, add a cinnamon stick with the ginger.

4

Use remaining icing to make 'ribbon' trimmings for the cakes. Alternatively, draw on bows with a piping bag or tubes of icing gel.

The cakes are now ready to serve.



### Top tip

Sprinkle the sticks with poppy seeds before you bake them.



## Ideas to go

- Make a simple yule log — cover a swiss roll in chocolate butter icing, dust with icing sugar and add a plastic robin.
- Bake small gingerbread stars and hang them on a Christmas tree.
- In your panto interval, you could serve mulled wine to grown-ups. Have an alternative ready for people who are driving.

## Plum puddings

Ask the girls to knead a sprinkling of cocoa into some marzipan.

Roll the marzipan into balls and put these in small cake cases.

Drizzle some white icing over the top and add angelica and cherry pieces to look like holly.

### You will need

- Marzipan
- Cocoa powder
- White glacé icing
- Green angelica
- Red glacé cherries

## Florentines

### You will need

- White chocolate
- Milk chocolate
- Chopped glacé cherries
- Mixed nuts
- Sultanas
- Chopped dried apricots

Everyone will love to make this easy version of a sweet favourite.

Break the white chocolate into a heatproof bowl. Stand it over a pan of hot water and stir until it melts.

Do the same with the milk chocolate.

Cover a baking sheet with greaseproof paper and drop teaspoons of chocolate on to it.

Arrange fruit and nuts on top of each circle of chocolate and put them in a cool place to set.

# Beauty parlour

**These fantastic facial recipes were tried out at the Association's Girls Get Real! Forum**

Try out these recipes with Guides and the Senior Section. If anyone has sensitive skin, let them apply the lotions to others. Don't be tempted to eat any!

## Face mask

Separate the egg and beat the white until stiff. You don't need the yolk, but you can always keep it for something else!

Mix the fuller's earth into the egg white and then stir in the rest of the ingredients.

Spread the mixture thinly over the face and throat. Leave it on for 15-20 minutes and then rinse off with cold water.

This recipe makes enough for 2 or 3 applications and may be stored in the fridge for a few days.

### You will need

- 1 small egg
- 2 tps fuller's earth powder
- 1 tsp almond oil
- 1 tsp wheatgerm oil
- 3 drops tincture of myrrh (optional)

## Skin toner

Put the camomile teabag into a mug and fill with boiling water. Leave it to infuse for 5-10 minutes.

Leave the tea to cool then pour it into a bottle.

Put the toner in the fridge until it is needed but don't keep it for longer than two or three days.

Use damp cotton wool to apply the toner to the face.

### You will need

- 1 camomile teabag
- Boiling water



### Top tip

The more unusual ingredients for these recipes can be bought in health food shops and some chemists.

## Cucumber lotion

Put the camomile teabag into a mug and fill with boiling water. Leave it to infuse for 5-10 minutes and let the tea cool.

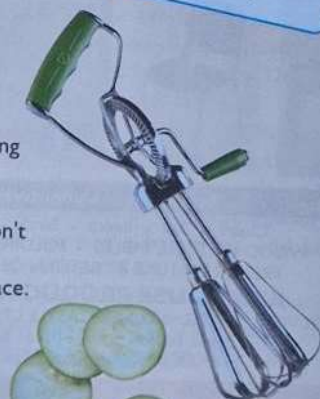
Finely chop up the cucumber and squeeze out all the juice — try pressing it through a sieve.

Stir the glycerine and cucumber juice into the warm tea.

Leave to cool, bottle and refrigerate. Use within two to three days.

### You will need

- 75ml warm camomile tea
- 350g cucumber
- 6 tps glycerine



### Guiders' notes:


These recipes were produced as part of the Girls Get Real! Forum. They were chosen because they will help girls to feel really good about themselves.

Look out for more self-esteem building activities in the January edition of *Activate*.



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In this section you will find  
Association news: decisions,  
developments and appointments

# Read and recruit

*New recruitment materials: your questions answered about how, and where, to use them*

By Linda Crichton  
Membership Development Manager

The promised new recruitment tools and the interim section leaflets are now available. These can be used in the recruitment initiatives that many Districts and Divisions are planning to hold in the next few months. We have produced leaflets for each section: Rainbows, Brownies, Guides, the Look Wider Programme and Leaders. Each leaflet has information relevant to the section, showing positive, contemporary images of Guiding, and promoting the many opportunities available.

Also available is an A4 poster and a leaflet entitled 'Guiding Today' that is aimed at parents, youth workers, teachers and religious leaders of all faiths. It explains what Guiding is and the benefits it brings to the community.

## How can I get them?

You can order the leaflets from Trading Services. Each leaflet is available in quantities of 100 of the same section. The leaflets themselves are free, but you need to pay the postage and packing.

## Ordering leaflets

To buy the leaflets from Trading Services, quote the following order codes:

Rainbow: 69062  
Brownie: 69070  
Guide: 69088  
Look Wider: 69096  
Adult Leader: 69104  
Guiding Today: 69112  
Guiding Today poster: 69120

We do not have massive stocks, so encourage you to order only as you need them. Remember that new leaflets will be available in 2000 for Recruitment Month, so these interim ones will be out of date after next summer.

The costs are as follows:

● Pack of 100 leaflets — Rainbow, Brownie, Guide, the Look Wider Programme, Leader or Guiding Today:

2nd class postage — £2.00

1st class postage — £3.00

● Pack of ten posters:

2nd class postage — £0.40

1st class postage — £0.50

Alternatively, Trading Services have negotiated a deal with Parcel Force (minimum 3 days delivery) and can offer you a discounted price of £4.70 if you buy all five section leaflets, the Guiding Today leaflet and 20 posters.

## How do I use them?

Leaflets can be used to promote Guiding as part of local recruitment drives.

They are available in quantities of 100 — too many for one unit — because we hope that you will join with others in your District and adopt a coordinated approach. As a team you will be able to achieve more and share the jobs that need to be done. You may discover

members in the District who already have the right skills for, and experience of, recruitment initiatives.

Perhaps your District, Division or County is holding an event at which the leaflets could be used to promote Guiding. Or maybe you are planning to target a specific audience. What are the needs of your area? If you need more leaders, then what roles should they fill? Not everyone wants to get into uniform straight away — perhaps they could share a skill, run an activity, or just be another pair of hands for an outing. Think about what's right for your area and the roles you have to offer.

## Where do I use them?

Opportunities for using leaflets include:

- The local university's Freshers' Fair
- The library's children's sessions
- School open days
- When talking to local businesses
- A college's women's study class
- The local volunteer bureau
- A display at the local sports centre.

The list is endless and depends entirely on the needs of your District. Don't forget your Public Relations or Community Action Advisers. They will have lots of ideas to help you.

So set up a meeting and start planning now. Recruitment Month 2000 is less than a year away. Look out for regular articles in *Guiding magazine* to find out what's happening, and how you can benefit.

If you require more information about any aspect of recruitment, then contact Linda Crichton at CHQ.

## Work, Eat & Sleep as a 16th Century Sailor!

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For full information on the Living History Programme or Guided Tours call: 08000 190 150

**The Golden Hinde, St Mary Overie Dock,  
Cathedral Street, London, SE1 9DE**



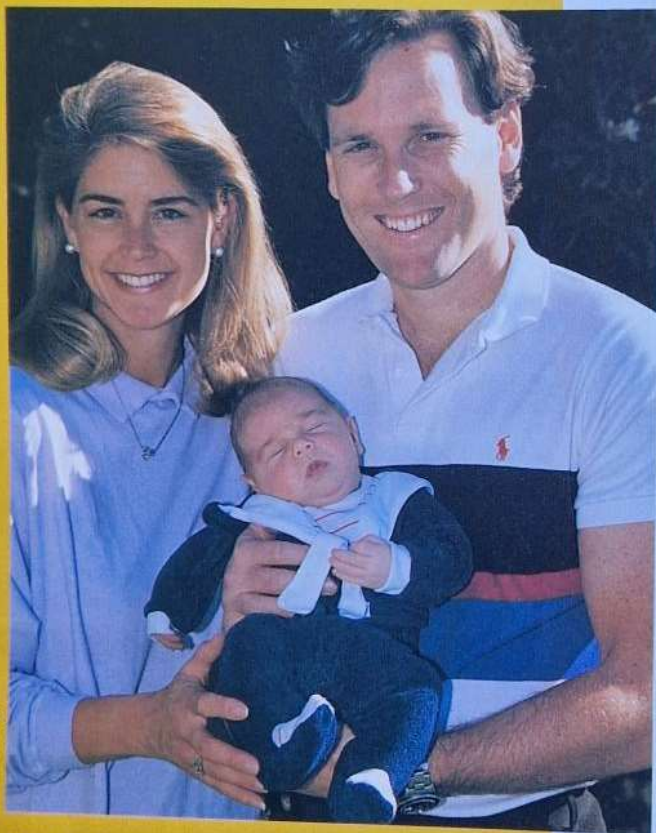


Focus on...

# Stepfamily value

By Isobel Durrant

**Stepfamilies might be emotional minefields, but they don't have to be an unhappy experience for children**



TRIP/S GRANT

A new addition to the stepfamily means more changes for children to deal with

Stepfamilies can have children of widely differing ages



TRIP/H ROGERS

One day when my father was small, he came home from school in tears. The other children had been teasing him. He'd claimed to have three sets of grandparents and no one had believed him. That was the day my father learned he was part of a stepfamily.

For most children, the first introduction to stepfamilies is via fairy tales, often in the form of pantomime. Here step-parents, or more particularly stepmothers, are jealous, vindictive creatures, the cuckoo in the nest that supplants the beloved parent and wrecks the happy family. Just think of Cinderella or Snow White and all the problems caused by their fathers' second wives.

## Stepfamily facts

The number of stepfamilies is growing. It's estimated that one in eight children in this country will experience life as part of a stepfamily by the time they are 16. Currently in the UK there are more than 500,000 stepfamilies and over two and a half million children involved somehow in stepfamily life. Every family has its tensions and difficulties and it would be foolish to expect stepfamilies to be any different. A recent study has found that stepfamilies are very similar to first families, but are more prone to economic and emotional stresses.

A stepfamily is formed when a parent remarries and a new partner comes into the home, undertaking a parenting role. But their histories and make-up can be widely different. Today many marriages end in divorce and three out of five divorcing couples each year have children younger than 16. In other cases, one parent dies. The Americans call stepfamilies 'blended' families, and this description does help to give an idea of the complex relationships that may be involved. The children in a stepfamily may have blood ties with one of their parents or with both, with some of their siblings, all or none. While the parents may have blood ties with all the children, some of them or none. According to the National Stepfamily Association (NSA) there are 72 ways to become a stepfamily.

## Giving support

However the original family unit breaks up, whether through death or separation, it is generally a traumatic experience for all family members. It is also a time when children may



es

feel excluded from the adult world, or be acutely aware that the parent on whom they want to lean may already be overburdened. The NSA's literature advises that during this time consistent, fair and loving parenting provides the child's best support, but that other reliable, caring adults – such as a grandparent, family friend, Guider or teacher – can play a significant part too. This might involve simply being there for the child, or creating opportunities for children to support each other, since children benefit from comparing feelings about family change with their peers.

Similarly, the remarriage of a parent can provoke feelings of jealousy and resentment in the child. Both she and her family need support and time to adapt to the change. The impact on the child whose family set-up has changed radically should not be underestimated. Unacknowledged, it can fester and sabotage any attempts to create a new, happy family unit.

Anyone who's been part of a family knows that each household develops its own rhythms and rituals. Imagine what it must be like to try to merge two existing families each with their own rites and routines. Inevitably, there will be friction and a degree of culture shock. Some of the problems may seem mundane, for example, adjusting to the different kinds of food, what household chores everyone does, and when and where homework is done.

Christmas is often a time, just like in other families, where tensions come to the fore. Family members have to compromise on their individual ways of doing things in order to forge a shared experience.

### Listening ear

In 1994-5, more than 10,000 children called ChildLine about their families and many of these calls concerned stepfamilies. Some of the children's comments illustrate the turmoil they experience. Divided loyalty is often an issue. As one child said, 'It feels wrong when I'm having fun with Dad and his new wife, when I think of Mum by herself.' Another found it difficult to know whom she should speak to when she wanted to 'talk about things'.

There are other changes the new blended family may have to face. We all know that moving house and changing jobs are major causes of stress for adults. So children leaving a familiar neighbourhood and friends, starting a

new school and having a new family to contend with are likely to be under a lot of strain. Siblings can be a whole new experience. Only children can suddenly find they not only have to share a house with other children but a room too. Again, this is an area where having a friendly, non-judgmental ear can be an immeasurable help to children. They may just need to offload and know someone is going to listen to them, even though that person will not be able to change the situation, bring back the departed parent, rebuy the old house or exterminate the little stepbrother...

### Parental responsibility

Many stepfamilies face financial difficulties. One or both of the parents may be paying to support other households. There are also issues of parental responsibility that Guiders need to be aware of. Susan Littlemore of the NSA says it's not a clear-cut situation. There are no hard and fast rules. The most important thing is to be sensitive to all parties. The issue of who can sign consent forms is frequently unclear (See Section 12.9 of *The Guiding Manual*, 3rd edition). In law all parents, married or divorced, automatically have Parental Responsibility (PR), as do unmarried mothers, though unmarried fathers have to apply for it. PR gives each parent equal footing, regardless of where the child lives and is defined in the Children Act 1989 as, 'All the rights, duties, powers, responsibilities and authority which by law a parent has in relation to a child and his property.' So in practical terms, one of the obvious things Guiders should do is make sure to have all relevant parties' contact addresses and numbers if taking a girl away to camp, for example (Section 13.2 of *The Guiding Manual* gives advice on this).

Unsurprisingly, the most testing time for stepfamilies is usually the first two years. But there is good news. A study in the USA has found stable, happy stepfamilies can heal scars caused by marital break-up and teach children how to get along with different people. It also found that between 70 and 80 per cent of children do just as well in stepfamilies as in nuclear families. It sounds like it's time to rewrite the fairy tales and put a few myths about wicked stepmothers to bed.

6 ...there are 72 ways to become a stepfamily 9

### Publications

- *Step-parenting in the 1990s* by Elsa Ferri and Kate Smith, Family Policy Studies Centre, £9.95
- *Stepfamilies* by Marilyn Williams, Lion Publishing plc, £6.99
- *Family and Family Change*, a new leaflet available from the National Stepfamily Association — one for 7-11 year-olds and one for over 12s

### Organisations and contacts

- National Stepfamily Association/Parentline Tel: 0171 209 2460, or the NSA's national helpline for anyone in a parenting role: 0800 800 2222
- Stepfamily Scotland Helpline, support and information to members of stepfamilies in Scotland. Tel: 0131 225 5800
- Families Need Fathers, publications and advice on maintaining contact between parents and children after separation and divorce. Tel: 0171 613 5060 or visit their Web site: [www.fnf.org.uk](http://www.fnf.org.uk)





# Hitting the headlines

The media discovers there's more to Guiding in the 90s than tying knots

British and international Guides were more than happy to dispel any myths about Guiding when the national and local Press, television crews and radio journalists converged on Foxlease during the World Camp.

When a *Newsround* journalist suggested that people involved in Guiding were square, the Ranger he was interviewing replied: 'Guiding has given me the chance to travel, do loads of outdoor activities and have a great laugh with my friends — that doesn't sound square, does it?'

In step: Guides learning to work together as a team



**6 World Camp aims to show that there is more to Guiding than meets the eye**  
Newsround

Betty Clay, daughter of the Founder and the World Chief Guide, met Guides from many different countries at the World Camp

Most photos by Niall Hartley



**6 More Glastonbury than Girl Guides**  
was the headline in *The Times*

Marjorie Berry, aged 89, who attended the first World Camp in 1924 was a special guest in 1999



GILL DAWSON

A member of the Site Services Team with the team's very own mascot



This young lady — who was an 'It's-a-Knockout' mascot — is certainly getting into the spirit of things

## Winning ideas

By AJC members Katrina Bonninga and Eve Harrison

The search for the UK FAO-WAGGGS Food and Nutrition Medal winners is over.

The 1st Cullybackey Guides and the 68th Bradford Rainbows wowed Chief Guide Bridget Towle and local chef Kevin Dorrington, who judged the projects of the six finalists at the World Camp.

The finalists had been picked previously by the Association Junior Council working group from among 110 entries.

### Spreading the word

Many units had used ideas from *Guiding magazine*, and all achieved the aim of spreading information about food and nutrition by involving both girls and their communities.

The 1st Cullybackey Guides submitted a video presentation and sold 320 copies of a healthy eating quiz, raising £160 for Tearfund.

The 68th Bradford Rainbows promoted the benefits of eating fruit by handing some out to their families



NIAL HARTLEY



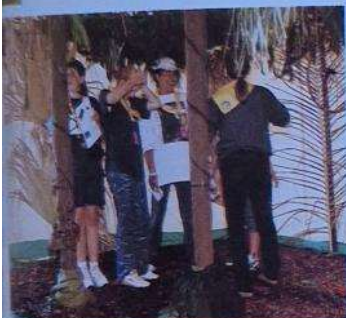
## World Camp Promises

Two Guide Leaders and four Guides made their Promises at the World Camp, in the Kazakstan Guide Movement's very first Promise ceremony.

The Movement only came into being in March – thanks to the efforts of Hertfordshire County and its International Adviser Lynda Barber – who had worked since 1996 to prepare the way.



These four Guides and two leaders from Kazakstan made their Promises at the World Camp



Totally tropical: Girls get the feel of the 'rainforest' in the Global Development Village

## A cross between a United Nations Conference and Glastonbury

Phillipa Dolly, Woman's Hour, Radio 4

and to passers-by.

The winning units will be presented with their medals on World Food Day – October 16.



### Runners-up

The runners-up were: the 2nd Amlicote Rainbows, the 2nd Waltham Abbey Brownies, the 3rd Freshbrook Brownies, and the 1st Barming Guides.

Chief Guide Bridget Towle and chef Kevin Dorrington chose the winners

## World Conference



# Friends and associates

By Kate Jennings

## As the Millennium approaches, a spirit of unity and confidence prevails

The Irish President, Mary McAleese welcomed delegates at the Opening Ceremony of the 30th World Conference, which took place in Dublin this summer.

She gave an inspiring address emphasising the vital role of volunteers in today's world and the respect that Guiding instils into young people, both for themselves and others.

The Chairman of the UK Disability Council, David Grayson, CBE, highlighted the potential of WAGGGS as one of the great international youth movements.

Dr Mo Mowlam, Secretary of State for Northern Ireland, was to have been the keynote speaker but was

unable to attend because of the ongoing peace talks in Northern Ireland. Dr Mowlam has been awarded the WAGGGS World Citizenship Award and Helen Jackson MP accepted the award on her behalf.

World Board Chairman Heather Brandon described Dr Mowlam, who is a Queen's Guide, as 'an example to Girl Guides and Girl Scouts throughout the world of what can be achieved through courage, belief and perseverance'.

### On the agenda...

The business sessions saw several changes. Ginny Radford, from New Zealand, took over from Heather Brandon as World Board Chairman and the UK's Kirsty Gray was elected to the board. The importance of having younger members taking an

active role was emphasised by the election of two members from Canada and Argentina, who are both under 30.

Following a decision taken previously, the five Regional Committee Chairmen are now voting members of the World Board.

The possibility of creating a World Centre in Africa was discussed, but delegates decided to concentrate on the role and function of the existing four Centres instead. In future a single Committee will coordinate the work of the World Centres.

Discussions were also held on the long-term vision of WAGGGS and the way it links with the World Organisation of Scout Movements.

Much was achieved and delegates left the Conference in good heart, ready to keep Guiding a world force in the new Millennium.

The next World Conference will take place in the Philippines in 2002.

### New members

In a moving and emotional session, several new countries became members. The UK delegates were particularly happy to welcome Russia as an Associate Member, since they had worked so closely with Russian delegates to set up the new Guiding Movement there.

The Ukraine and Georgia were also admitted as Associate Members. Tunisia, St Lucia, Slovenia, Poland, the Maldives, Slovakia, Namibia and Latvia were all granted full membership.



Smiling Russian delegates are welcomed as Associate WAGGGS Members

LIZ HARRISON



## Towing regulations for minibuses

Drivers who passed their category B car test on or after January 1 1997 and who are driving a D1 minibus under the exemption criteria (that is either drivers operating under a small bus permit – as is usual for Guiding activities – or drivers who do not have minibus entitlement on their licence, but are driving on behalf of a non-commercial body for social purposes and not for hire or reward), are legally prohibited from towing any size trailer unless they have undertaken additional training.

These 'new' drivers must undergo a medical before taking a second DETR test in a minibus to obtain a full D1 passenger carrying vehicle (PCV) licence. This will permit them to tow a trailer not exceeding 750kg in weight. To tow trailers in excess of this, they must sit another test to add the relevant 'E' (trailer) entitlement to their licence. Both these tests are available through the Driving Standards Agency — Tel: 0115 901 2500.

### Existing drivers

Drivers who passed their test prior to January 1 1997 – unless medically restricted or over 70 years of age – already have an entitlement to drive minibuses (not for hire or reward) and tow trailers in excess of 750kg. These will be shown as 'D1+E' on

their licence ('Group A' on older-style licences). Groups are reminded that they have a 'duty of care' to ensure that all their drivers have received familiarisation training and are competent to drive a vehicle and trailer.

### Rules for all

In any minibus – no matter who is driving – there is a legal requirement to maintain access to at least two exits from every passenger seat. With most vehicles in the UK this will involve the use of a side door and a rear door.

It is possible that a trailer may block access out of the rear doors of a minibus, particularly if a passenger lift is fitted and some passengers are travelling in wheelchairs. With the trailer in position, it must still be possible to open the rear doors and allow all passengers to exit from the vehicle – unless there is an alternative second emergency exit.

All drivers should be aware that it is illegal for passengers to travel in trailers and that lower speed limits apply to minibuses with trailers: 50mph on single carriageway roads and 60mph for dual carriageways and motorways. Minibuses with trailers are also prohibited from using the outside lane on motorways that have three or more lanes.

## Bouncy castle regulations

During the summer CHQ received a number of phone calls from Guiders concerning the specifications and requirements for using bouncy castles. The guidelines below have been drawn up in consultation with the insurance brokers and should be followed at all times when using a bouncy castle.

### Guidelines

- The bouncy castle must be fixed to the ground at all corners.
  - The bouncy castle must be inflated to the correct pressure.
  - The bouncy castle must not be used in wet weather.
  - The bouncy castle must not be used after dark.
  - The bouncy castle must not be used with mixed age groups.
  - Numbers must be limited, depending on the size of the castle and the age of the children.
  - There must be adult supervision at all times.
  - There must be disclaimer notices displayed, when public use is planned. For example, at fun days where children pay to have a go.
  - The independent contractor must have Public Liability Insurance.
- Please use these guidelines to make this fun activity safe for everyone.

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picture this

### Green goddesses

These Robin Hoods, Maid Marions and Friar Tucks had lots of fun taking part in their



CLALLAN

STAR PHOTO

local gala procession.

The girls – who are in the 1st Barlestone Guide unit in Leicestershire – all dressed up as different characters from Robin Hood, following the gala's theme of children's books.

## News & views

In this section you will find your news, opinions, issues for debate and details of special offers

Please keep sending in your Guiding photos, we love to see them. Each month there's a special prize for the best photo and £5 for every other photo we print. Please include a sae.

## letters

### Badge continuity

Two comments about taking badges through the sections.

### Transferring badges

I recently attended the Broneirion weekend with two other Guiders and seven Brownies for the 'Taste of Guides'. It was an excellent weekend, enjoyed by all.

During one of the Guiders' training sessions the question of staged badges came up, and whether Brownies holding staged badges could transfer them on to their Guide sashes. One trainer said they couldn't transfer them. We all agreed, and knew that only the highest stage was worn, but several of us felt sure they could transfer these.

On arrival home I had time to really look it up and found on page 102 of *The Guider Handbook* the statement that: *A staged badge gained as a Brownie can be held as a Guide or Ranger until a higher level is gained.*

Gwen Atherton  
Cheshire

### Rainbows to Rangers

Rainbows moving on to Brownies are given a badge to show that they were a Rainbow, and to remind them of their time in this section. When moving on from Brownies to Guides girls are given another badge to wear on their Guide uniform, for the same reason.

However, as a Ranger who has been a Brownie and a Guide I am disappointed – as are other members of my unit – that we have no badge to show for our previous experiences. We feel that the step from Guides to Rangers is not recognised, as it is between other sections.

Also, it would be nice to be allowed to wear the Rainbow badge and Brownie trefoil on the Guide sash, and hopefully all three on our Ranger sash.

T Beaney

1st New Addington Rangers, Surrey

### Mothers and daughters

I would like to hear from anyone who has any experience of a Mother and daughter camp, either running or participating in one.

Wendy Ingle

Shoeburyness District

● If you can help, please write to Wendy at: 38 Cheltenham Road, Southend-on-Sea, Essex SS1 2SA.

### Not insured?

Thank you for organising the MIZZ/Go For It! launch party, our Guides had a brilliant time. I was, however, very surprised to see the number of groups not wearing uniform, surely these Guides were not insured?

Received by e-mail

● Members do not have to be in uniform for the insurance policy cover to operate (See *The Guiding Manual*, 3rd edition, page 56). Units should discuss the clothing required for each activity. Good practice in the Guide section would be for the Guides to decide.

### Worth the effort

I have just returned from taking seven Guides to the Go For It! launch at Manchester Apollo. I think I have irreversibly damaged my eardrums! I am



## Mini mascot

Three-year-old Zoe Andrews was so keen to join Brownies with her elder sister that her Auntie Heidi, Brown Owl of the 1st Sidlow Brownies, Kent, found her a uniform.

Zoe now joins in with outdoor activities and attends events as the Pack's mascot.



HEIDI ANDREWS

## Gone fishing

Eden Markl of the 3rd Saltburn Brownies shows off her catch while on a pond dipping expedition at Netherurd Brownie House. There are shrimps in that net — honestly!



LYNDA CROTTY



ALISON BROWN

## Football fan

Lucky Hannah Watts of the 1st Netley Abbey Brownies met her favourite football stars when she was chosen to be the mascot for a Southampton home game. She led the team on to the pitch and took home great memories along with her autographs.

## letters

getting too old to understand what teenagers see in endless noise. (Don't we all end up sounding like our parents!)

All the Guiders at the event exchanged pained glances as if to say: 'what are we doing here?', as hundreds of teenage girls screamed and whistled around us, at the apparently never-ending stream of 'teen-bands'. Had we known what we were letting ourselves in for, we may not have been there!

When the second-to-last band came on, I turned to my fellow Guider and said, 'Hey, this one's quite good!' Had we become acclimatised?

However, on the train back to Sheffield, we realised it was worth the deafness and blurred vision to see the girls enjoy every last second.

And would we do it all again? Oh, I expect so!

Angela Currie  
172nd Meersbrook Guides, Sheffield

## Circus Skills first?

What an excellent idea for a Pack Holiday theme, we thought, when we saw the Circus Skills badge and all the craft activities with it in June's issue.

Our Brownies enjoyed learning to walk on stilts and to juggle with their home-made balls and beanbags.

All 18 girls have managed to achieve Stage 1 and we look forward to getting the badges in September.

Are we the first?

Julia Morgan  
167th Brownies, Bristol

## Distinctive programmes

Two readers raise issues that concern both the Guide and Brownie Programmes

## Guides-only camping

On a recent Pack Holiday, the Leaders were discussing the article in *Guiding magazine* that suggested that Brownies had to camp under canvas in order to enjoy the out-of-doors.

We felt that this was not strictly true. When on Pack Holiday, our Brownies spend the majority of their time in the open air.

Crafts, prayers, preparing picnic lunches, evening activities and entertainments initiated by the Brownies all take place in the open air. The 'special activity of the day' is usually out of doors.

We all feel strongly that it is a great

shame that the excitement of camping is not kept as something special for when a girl becomes a Guide.

Having been a Guide Guider I know that camping preparation is an important part of the Guide Programme.

Mrs Tricia Ward  
Harrogate

## Danger of repetition

The subject of the new-style *Guiding magazine* came up at our last District meeting and we agreed that generally we liked the new format. However, we miss the small logos in the *Activate* section that used to give guidance as to which sections might best use the various ideas.

We realise that many ideas can be adapted for different sections, but feel that there is a danger that Brownies would be repeating experiences from their Rainbow days and Guides could be doing the same activities as Brownies.

The whole issue of Brownies doing things that were once reserved for Guides has, with some justification, been blamed for the drop in numbers of Guides. What do other readers think?

Jill Atkinson  
Plaistow District, Kent



### Watch the birdie

This little parrot drinking nectar from a cup can be found in Rainbow Land at Woburn Safari Park.

The 1st Loughton Brownies, from Buckinghamshire, also saw some seals and took a relaxing ride in the swan-boats on the lake.



JACKIE HICKAL

### out and about

#### Hard labour

While on a visit to the Sittingbourne Heritage Museum Brownies from the 11th Sittingbourne Pack, Kent, found out that washing clothes fifty years ago wasn't quite as easy as it is today.

The girls discovered that a little more manual labour was required — as well as mastering contraptions such as the mangle and the plunger (pictured).

KENT MESSENGER GROUP



JANE MCHUGH



#### Making the news

Guides from Droitwich, Worcester, gained an insight into the making of a newspaper recently, during their tour of the Droitwich Spa Advertiser's offices.

On the visit — organised by Young Leader Deborah Penn as part of her Queen's Guide Award — the girls were shown around by the editor who explained the processes involved in the paper's weekly production. The tour also included a demonstration of how the newspaper could be found on the Internet, and a quick lesson in surfing.

The Guides, in return, introduced the editor to The Guide Association Web site.



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### New York style

New York, one of the coolest cities on the planet, has been the inspiration for Parker's new collection of Vector Skyline pens.

The range is available in two styles — both with a silver and blue finish and designs that reflect the Manhattan skyline. The three new pens in Parker's best-selling Vector series are: Fountain Pen, Roller Ball and Ball Pen.

Each pen comes with its own sleek metal gift box, which is also emblazoned with the New York skyline.

Guiding magazine has 30 stylish pens from the Vector Skyline collection — priced £4.99 to £6.99 each — to give away to readers. To enter the prize draw, simply answer the question below on a postcard, and send it with your details to Guiding magazine/Parker Vector Skyline, at the address on page 3, to arrive before October 31.

Which city inspired the design for the new Parker Vector Skyline collection?





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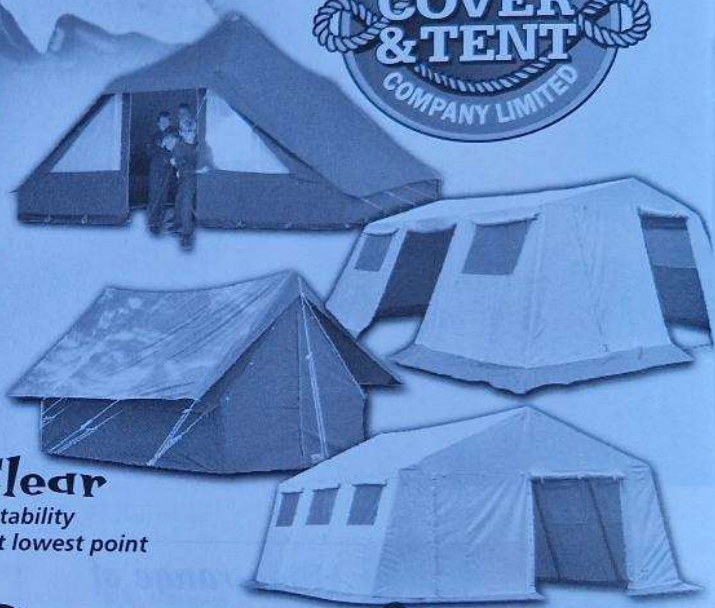
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World Centres

Visit to Our Chalet

Guiders from Stopsley North District, Bedfordshire spent an unforgettable summer break at Our Chalet this year, enjoying the change of climate and the beautiful scenery.

They walked for miles, played in the snow 2,000 metres up a mountain, swam in a glacial lake and also met people from all over the world.



DEBORAH BACHINI

fund raising

Stepping out for asthma

As part of the Seven Step Challenge these Rainbows, from Bradford on Avon, Wiltshire, completed a sponsored walk around their town to raise money for asthma research.

Wearing T-shirts that were individually designed by the Rainbows themselves – also part of the challenge – the walk served as the final leg of their seven challenges.

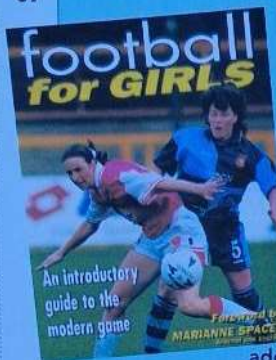


GLENN PHILLIPS/WILTSHIRE TIMES

special offer

Not just for boys

Everyone who plays sport wants to be a winner, but only a few triumph through natural ability alone. To achieve success most people need some coaching. *Football For Girls* – published by Carlton Books – will help maximise a player's ability through an improved understanding of the game, and mental and physical strategies. With a foreword by Marianne Spacey, of Arsenal and England, this is a footballers' handbook written by women, for women.



The book is great for quick reference, and is set out in clearly defined sections, which include: Skills and techniques, Tactics and Eating tips for teen athletes.

Complete with a handy glossary at the back – and lots of instructive photos and diagrams – *Football For Girls* is ideal for players of all standards.

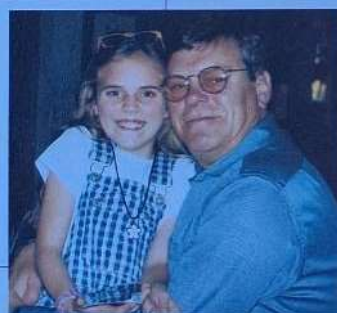
Guiding magazine has 10 copies of *Football For Girls* – worth £7.99 each – to give away to readers. To enter the prize draw, simply answer the question below on a postcard, and send it with your details to Guiding magazine/*Football For Girls*, at the address on page 3, to arrive before October 31.

Which British club does Marianne Spacey play for?

Debut with Dalziel

Abigail Fawcett from St Aidans Brownies, Winstanton, could be a TV star of the future. She recently appeared in the popular television series *Dalziel and Pascoe*.

Soon to be flying up to Guides, 10-year-old Abigail loves acting and dancing, and belongs to Willpower theatre group. Abigail has also appeared in a Channel 4 drama-documentary.



MARGARET FAWCETT

performing arts

Balancing act

Girls from the 10th and 24th Basingstoke Brownies and Guides thought that the syllabus for the new Circus Skills badge looked so much fun, they used Stage 1 as the theme for their summer barbecue get-together.

The girls were helped by members of a local theatre group who had recently staged a production of *Barnum*.

In November's

Guiding magazine

Making music

Find out about the new Musical Group badge for Guides.

Networking know-how

Advice on how to 'network' – within the Association and outside – to increase the opportunities for your girls.



NIAL HARTLEY

New Leadership Qualification

An outline of this new qualification – how it works, and how it will affect members.

New recycling initiative

Introducing The Community Action Team's latest 'partnership'.

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