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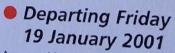


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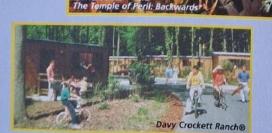
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Welcome

Keeping you informed about new – and ongoing – initiatives

This month's issue is packed with information about initiatives that are key to the work of The Guide Association this year.

On page 9 you'll find the first in a series of articles which, over the next few months, will outline the contents of the new Leadership Qualification. The latest news about the renewal of the Guide Section is on page 19, there's a Senior Section update on page 12 and news of a recent government project – which took place in a London nightclub! – on page 13. There's more news about Reach Out and Recruit Month and more useful tips from the Recruitment Toolkit on pages 22/23.

Turn to page 5 to read about the very successful parliamentary recep-

tion The Guide Association held at the Houses of Parliament in January.

Details of how you can get involved in a new international project – On the Line – are on page 11 — with associated activity ideas on pages 8/9 of Activate. In connection with the Book Aid International project, on page 20 there's



On the Line: Finding out about other countries on the Meridian Line

a really useful article about helping girls in your unit who have dyslexia.

For those organising large-scale events for STOMP – or any other outdoor events – there's a handy checklist on page 17, and on page 18, the role of Trainer Support Groups is outlined.

Of course, as usual, in *Activate* there's lots of great activity ideas. We have special activities for Mother's Day, St Patrick's Day and Easter. And there are some super ideas for outdoor activities on pages 4/5 — with lots more to follow over the coming months. So, with spring around the corner, get outside and enjoy yourselves!

Guiding magazine

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All the latest news, events and fresh opportunities for you and your unit

Networking

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Lots of practical advice and news about training and programme developments

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Keeping you informed about opportunities, events and important decisions

Activate – full of great ideas

Our great new pull-out section is packed full of brilliant activity ideas for you to use with girls across all the sections

News & views

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Over to you — your opinions, ideas, achievements and Guiding experiences

Features

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Organising a canoeing trip

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Our Senior Section cover girls are from the 18th Croydon Ranger Unit COVER PHOTOGRAPHER: DIANA AYNACI

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Note Copy for inclusion in June's Guiding magazine should reach CHQ by March 22. Please address contributions to the Editor. Anyone wishing to have photographs sent to the magazine returned, must include a sae.

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World Wide Web site addre http://www.guides.org.uk

What & when

In this section you will find details of events, new resources, fresh opportunities and initiatives

Foxlease

Explore your creativity at Foxlease this Easter. A packed programme of music, dance, drama and crafts is being planned for members aged 13 and over, from April 21-24. The programme is flexible enough for participants to attend for as little as 24 hours if they prefer.

Enthusiasm to have a go is the only essential requirement, although the organisers look forward to welcoming some experienced artists too.

So if you, or one of your girls, would enjoy playing in a Palm Court orchestra or marching band, staging a melodrama, attempting a variety of dancing, or getting to grips with crafts from around the world, call Foxlease now on: 023 80 282 638

Foxlease has a packed programme of events over the coming months



Foxy Guides

There will be challenges-a-plenty for Guides who attend a special camp at Foxlease this summer.

The camp has been designed for 12 to 14-yearold girls to attend in groups or individually — without their Guider.

'Foxy' will set girls all sorts of challenges including some from badges such as: Survival, Pioneer pennant, Challenge and Outdoor Chef.

The Guides will also have to bring their own equipment - as well as provide and cook their own food.

The camp - which will take place from June 9-11 costs £15. The fee includes a swim, but archery and climbing will cost extra.

amendments

Book Aid changes

Please note the following changes to the Book Aid International coordinators list that appeared in January's Hotline:

- Ayrshire North and Bute should read 'Ayrshire North'.
- Add 'Somerset North; Mrs P Russell: 01761 470 140.
- The Wiltshire South coordinator is now Mrs Sheila Ewart: 01373 830670.
- The coordinator for Cheshire Forest is Audrey Unsworth: 01925 740 432.

Caught on camera

Around 175 Guide Association members gathered in Trafalgar Square on December 23 to sing carols together. They were filmed by London Tonight and appeared on the programme later in the day.

The carol singers raised £120 for the Guide Friendship Fund.



The only way is up

A training weekend for Level 3 (Single Pitch Award) of The Guide Association Rock Climbing Training Scheme is taking place at Glenbrook in the Peak District, on May 12-14. Outdoor bursaries are available.

For an application form, please contact Jane Mason at CHQ on ext. 273 or e-mail JaneM@guides.org.uk.

Tutor training

Two weekends are being held for new tutors who have not previously attended a CHQ residential Tutor Training event. Funded by CHQ, they take will place at:

Waddow Hall — December 1-3 Foxlease — July 21-23 For further details, contact the person with responsibility for Trainers and Tutors in your Country or Region or Liz Smith in Guiding Development, Adult Support at CHQ.

Assessor training

Three weekends are being held for Tutors who also wish to become Assessors - D32 and D33 - for the Adult Training Qualification. New Tutors should first attend a New Tutor Weekend (see above). These weekends are also funded by CHQ, and will be held at:

CHQ - March 18-19

CHQ - June 10-11

Waddow Hall - November 3-5

For further details contact Liz Smith in Guiding Development, Adult Support

Madness

Midsummer

Madness

The deadline is approaching fast to book for the fully week The deadline is approaching fast to book for the fully-catered activity weekend being held on June 23-25 at Blackland Farm. For details, contact Blackland Farm on 01342 810493; Fax: 01342 811206 or e-mail: blackland@guides.org.uk.

Walking Training Assessment

The only course of its kind this year, the National Advanced Walking Training and Assessment takes place at Glenbrook, in the Peak District on November 17-19.

The cost is £45, and bursaries are available. Contact Jane Mason at CHQ for further information.

Great reception

A record number of guests attended The Guide Association's parliamentary reception at the Houses of Parliament in January. Guests included MPs, Peers, civil servants and advisers, and contacts from the voluntary sector such as the British Youth Council and National Youth Agency. Famous faces included Betty Boothroyd, Speaker of the House of Commons; Virginia Bottomley, Martin Bell and Trade Secretary Stephen Byers.

Just under 160 guests - of whom around 150 were MPs heard about the Association's work with girls and young women — particularly in the areas of citizenship, international opportunities and information technology. Diana Organ MP hosted the reception and Christine McCafferty, MP for Calder Valley, told the assembled MPs about the important role that Guiding plays in the development of girls and young women. She said that citizenship - a very topical political issue - has been a core value of The Guide Association since its inception.

When the three speakers, Sarah Shivji, Kennita Bassaragh and Gayle Helen Lacey - all young women - outlined the impact that Guiding has had on their lives and the opportunities it has given them, it was clear that there were several misconceptions about the Association being challenged amongst

the MPs. Especially when Gayle Helen Lacey said: 'Guiding turns little girls into vibrant, fun-loving, confident, assertive young women — ready to meet the challenges of today's society.'

Christine McCafferty said that over the next few months she would be working to establish an all-party 'Parliamentary Friends of Guiding' group. Following the enthusiastic response at the reception, she said that she had added several names to her 'hit list' of MPs to approach.



Betty Boothroyd and Martin Bell were among the MPs at The Guide Association's parliamentary reception

7step_{challenge}

Hundreds of Rainbows, Brownies and Guides put their best foot forward last summer to help to raise money for the 1 in 7 children in the UK who suffer with asthma.

The girls all took part in the 7 Step Challenge, a sponsored walking event organised by the National Asthma Campaign, which

has been especially designed for children's groups.

Many Guiders wrote to the charity to give feedback about last summer's event: 'We thought it was great. It gave us new ideas, free badges, stickers, we learned a lot. Parents were very



Stepping out: Last year, the 1st Sharpness St Andrews Rainbows walked along the banks of the River Severn

willing to support a good cause and have a fun family day out!"

Event organiser Tessa Rusby said: "The response was phenomenal. The National Asthma Campaign is hugely grateful for all the efforts made by the girls and their Guiders.

The 7 Step Challenge 2000 Week will be launched in May though you can do the activities any time. Fantastic free activity packs - containing loads of goodies, as well as over 60 different activities - are available now.

To obtain your pack, call Tessa Rusby on 020 7704 5862

Changes to health forms

The form G/H has recently been updated and the main changes are as follows:

- The National Health number is no longer required, so this has been removed from the form.
- Space has been added to the emergency contact box for parents to list a mobile phone number.
- A line has been added to indicate whether the participant usually administers her own medication.
- A question has been added concerning faith or cultural needs.
- The emergency permission has been reworded, in line with current department for Education and Employment guidelines.

The updated forms are now available from Trading Service — the code remains the same. Guiders using up stocks of old forms, may wish to cross out the National Health number requirement.

Please note that the Bronze Medallion is no longer Please note that the Bronze Medallion is no longer the requirement for someone acting as a life-saver for Guide Association members at pools where there is no public lifeguard provision.

The requirement is now the Foundation Module of the RLSS National Pool Lifeguard Qualification. See *The Guiding Manual*, 3rd edition, section 10.4 for more information.

Special Rates • No Minimum Numbers - Useable Anytime During 2000*



here can you meet the Queen, James Bond and Arnold Schwarzenegger in one afternoon? Where else but at Madame Tussauds's? Offering a unique chance to get "up close and personal" with the brightest stars of stage, screen. sport, history and politics, it's no surprise that Madame

Tussaud's is London's most popular hot spot.

A place in Madame Tussaud's is one of the ultimate accolades of fame and the current "hot list" includes over 400 personalities of the present and past. From Eric Cantona and Frank Bruno to Joanna Lumley and

Diana, Princess of Wales: Pavarotti and Mel Gibson to Jean Paul Gaultier and Brad Pitt, you can come face to face with your favourite celebrities. Getting close to the stars has never been easier or more fun. Go on, gossip about them to your heart's content, or just move in and enjoy a few moments together! There is also a chance to see some of the world's most notorious criminals who can be found lurking in the chilling Chamber of Horrors.

A must for anyone who has ever been curious about the people in the news Madame Tussaud's is the only place that guarantees you a chance to rub shoulders with the famous and infamous

PLUS



0

rst hand experience of space travel may be reserved for a handful of elite astronauts but the opportunity to discover more about the wonders of our galaxy lies right in the heart of London at the world famous London Planetarium.

PLANETARIUM With a totally new star show and two inter-active zones the London Planetarium has plenty to offer children and adults, would-be astronomers and stargazers, or those who simply want to be entertained

COMBINED ADMISSION TICKETS Child (under 16): £6.80 (normally £8.50) Adult: £10.00 (normally £12.95)



Whizz's' Waveswinger with water, a UK in 'Dennis the Menice'. first, or have a crash, bang, wallop on Gnasher and all 'Roger the Dogers' Dogem vour favourite

There are other fantastic adventures from the mighty Samurai ride, which has you spinning 360 degrees on a vertical and horizontal axis at heights of over 20 metres, to the Sensational Rattlesnake the plunging depths of the Dragon Fall, Crazy Comedy Capers and wild encounters with our exotic Animal species See details of our Extra Happy Hours and Family Fright Nights in the Youth Organisation 2000 leaflet.

Child (4-13) £11.25 (normally £15.50) Adult £12.50 (normally £19.50)



Adventure's, 'BEANOLAND' opening in

April 2000. This £4 million new land brings

to life the world famous comic and features 3 brand new worlds class stunt shows starring

Dennis and Gnasher. Enjoy a spin on 'Billy

WARWICK CASTLE

Warwick Castle - Experience a thousand lifetimes

oin a mediaeval household in our "Kingmaker" attraction and watch the Earl of Warwick prepare for his final battle. Enter the eerie Ghost Tower and hear the chilling tale of the demise of Sir Fulke Greville, whose restless soul is said to still baunt the tower.

Hold and feel the weight of a sword, learn bout the long bow or see the view from a

knights helmet in our refurbished Armoury

Take a step forward in time and marvel at the grandeur of the State Rooms. At the very heart of the Castle see the splendour of the 14th century Great Hall.

Daisy, Countess of Warwick welcomed a future king to her famous parties Victorian weekend recreated in 'A Royal Weekend Party 1898'

There are special events in throughout the ear, including the Mediaeval Festival (13° May-10* Sept) where you can experience mediaeval life in the festival village, encamped on the Castle's River Island.

Child (4-16) £5.00 (normally £5.95 off Peak /£6.50 Peak) Adult £7.75 (normally £9.75 off Peak /£10.95 Peak)



ritain's number one theme park B welcomes in the new millennium with a brand new spine-tingling experience guaranteed to enthral and exhibitante! Based on a mysterious local legend, the new attraction is an eerie and disorientating mix of ride, cinema and spectacular lighting and sound effects

made even more forbidding by the attraction's setting within the ancient ruins of the Towers themselves

When it comes to nail biting, white "Big Five" knuckle rides. Alton Towers "Bi are enough to leave even the mos hardened thrill seekers begging for mercy! First up is Oblivion; the world's first vertical drop rollercoaster, followed by the awesome Nemesis, Ripsaw, Corkscrew and Black Hole

And for the little ones, there's a whole host of family fun including Riverbank Eye Spy and the live action Peter Rabbit and Friends™ On Ice.

Situated in 500 acres of the beautiful Staffordshire countryside and with rides and attractions, Alton Towers has something for everyone. Open e from 1 April to 29 October 2000

Child (4-13) £11.25 Adult £13.00



a Tidal Wave is approaching Thorpe Park.

Are you ready for the water ride to end all Another UK first for Thorpe Park, Tidal Wave sets an awesome new standard for wet-knuckle rides in Europe

Imagine a New England fishing village, devastated by a huge wall of water, is about to experience a freak second hir. got to escape! Too late... you're mega wave strike that plunge you, bear thumping, down Europe's highest water nde

This is one ride from which there II be no escape. It's totally devastating

Other fantastic rides and arractions include... experience the "fourth dimension" of Pirates 4-D as the adventure comes alive before your eyes, see, hear and also "nel" the action. Plunge backwards in the darknes on X:\No Way Out, risk a soaking as you plummet 40ft on Depth Charge, white water raft on Thunder River, or brave the UK's highest log flume Logge's Leap

Child (1 metre -13yrs) £10.00 (normall) Adult £10.50 (normally £18.50)



weeping the skyline at 135m. British Airways London weeping the skyline at 135m. British Airways London eye is the world's largest observation wheel. A unique accompishment of engineering and design, it offers birds-eye views of the Capital for over 25 miles in each direction. The design is similar to a giant bicycle wheel with a central hub and spindle connected to outer and inner rims by

fine cable spokes. However, at nearly three times as high as Tower Bridge and four times wider than the dome of St Paul's Cathedral it is over 200 times bigger than the average racin bike wheel! The British Airways London Eye is a timed admission attraction, operating of

Child (under 16) £4.75 (normally £5.45) Adult £6.95 (normally £7.95) Prices as of 1s June



ock Circus is a must for anyone who's ever dreamt of be a pop star or of living like one. With unique scenes experiences and the chance to encounter some a pop star or of living like one. With unique behind the biggest names in contemporary music, Madame Tussand's Ross Circus takes you right inside the world of rock and pop-

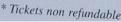
Using a mix of special audio, visual and animatronics effect wax figures, handcasts and a soundtrack to die for, Rock Circus 'proudly presents' the brightest stars of rock and pop from Elvis and Jarvis, to the Beatles and Boyzone, Aretha and Madonna. Additional star support is provided by Jools Holland, the author of the Ress. Circus show, and the world's number one designer, Mark Fisher, who has created and exclusive Rock Circus after-show party. All this and an electric selection of fascinating musical memorabilia and state of the art listening stations to wow your ears too.

Child (under 16): £4.95 (normally £6.25) Adult £6.75 (normally £8.25)

TO OBTAIN YOUR TICKETS, WRITE TO:

Leicestershire Scout Centre, Winchester Road, Blaby, Leicester LES 4HN (Tel.0116 277 8998) or Nottinghamshire County Scout Headquarters, Valmont House, 2 Valmont Road, Sherwood, Nottingham NG5 1GA (Tel. 0115 952 3617) and quote GM

Make cheques payable to 'N. & L. Scout Events' and please enclose a stamped addressed envelope. Credit card facility available, with a small handling charge - Telephone 0116 277 8998





Cash for cartridges

Did you know that you could use your empty toner and inkjet cartridges to help the environment — and brain-injured children?

Send cartridges to The British Institute for Brain Injured Children and they will be recycled — generating up to £8 each. Phone Erica Wheeler on 01278 684 060, ext. 217 for a free information pack.

Oi you... shut it!

Get your older Guides or Senior Section to 'shut it!' for World Vision on March 24.

The charity, with help from boy band Northern Line, is calling on teenagers to go without food for 24 hours, to raise funds for children in war-torn countries.

The teenager who raises the most money will win a meal with Northern Line. To get involved, call 0990 24 24 24.

Cancer campaigns



Coronation Street star Sally Whittaker is supporting Marie Curie Cancer Care's Daffodil Day

Three national cancer charities are launching fund raising campaigns this spring to support their ongoing work.

Marie Curie Cancer Care will hold its annual Daffodil Day on March 18 (except in Wales). If you would like to be a volunteer for the charity, freephone 0800 917 9426.

Sunday April 2 is the date of Breakthrough Breast Cancer's Mother's Day Crocus Walks.

For information on how to organise a walk, or details of walks near you, call 020 7557 66 22.

The Imperial Cancer Research Fund is staging Race for Life events, between May and August.

Race for Life is a series of 5km fundraising walks or runs taking place across the UK.

For more information, visit the charity's Web site at www.icnet.uk/raceforlife.

Take the plunge



resources

Thousands of swimmers and wildlife lovers will be taking part in the WWF Big Swim 2000 in May, to raise money for research into Orcas (killer whales) and their environment.

To receive a free factsheet and sponsor form, call the Hotline on 0845 766 88 60, quoting reference BX20. You can also enter the Big Swim by visiting www.wwf-uk.org.

Help the WWF find out more about the Orca whale

BT Reading Challenge

Does your unit have imaginative ideas for making reading relevant, accessible and fun?

Awards totalling £100,000 are on offer to community groups who take on the BT Reading Challenge Campaign for Learning. The deadline for applications is April 7; awards will be made in June.

For more information, contact the BT Reading Challenge Campaign for Learning, 19 Buckingham Street, London WC2N 6EF; Fax 0171 930 1551/2, e-mail konipinla@cflearning.org.uk, or visit www.campaign-for-learning.org.uk.

Access to goods

Your County or District could be benefiting from goods donated by local manufacturers and retailers.

Sports equipment, household goods, furniture and office equipment are available through Gifts In Kind UK, a charitable organisation which procures and redistributes surplus stock.

Charities and voluntary groups can register, on payment of a means-tested fee, and can choose the goods they need from a monthly catalogue.

For more details, contact Gifts In Kind UK Ltd at PO Box 140, 20 St Mary at Hill, London EC3R 8NA or call 020 7204 5003.

Manage of the second of the se

Presenter Chris Packham is backing Volvo's PEP scheme

Trainers wanted

Over the next three years Pax Lodge, WAGGGS World Centre in London, will be hosting four different seminars — Networking, A Different World, Reduce-Reuse-Recycle, and Our Expanding World.

The first will take place in September 2000. Pax Lodge would like to give the opportunity to Trainers from all Regions and Associations to be part of the team to plan and deliver these seminars.

If you'd like to offer your knowledge and skills, please contact Liz Smith, Guiding Development, at CHQ on extension 207 or e-mail LizS@guides.org.uk for an application form.

You will need to be quick, as the closing date for application forms to be returned is April 15 2000.

PEP up your project

Take your unit's environmental project a step further with a grant from the Volvo Practical Environmental Projects (PEP) Scheme.

During 2000, a total of £65,000 is available for grants for community groups running projects involving young people, which encourage them to care about the world they live in.

Call 01628 534 005 for a free copy of the PEP Activity Pack on CD-ROM and an application form. Applications must be received by Friday April 28.

pportun

environment

Conservation project

Shining Cliff Youth Hostel in Derbyshire will host a conservation week this summer. The project is being run by qualified BTCV leaders, and, amongst other things, will include dry-stone walling, tree clearance and land reclamation.

So if you, or your Senior Section girls would like a working holiday at the low cost of £48, just call Pat Tremain on 01302 721 347 for more information, or to book a place.

Watch out for wildlife

Beetles with exploding bottoms are just one of the delights your girls could discover with Wildlife Watch, the UK's leading environmental action club for children.



Members receive Watchword magazine, posters, and pocketsized Ready for Action guides, and can join other club members in their area to take part in environmental projects.

To find out more about membership, call the Watch team on 01636 677711.

Hunting for water voles with the Wildlife Watch Club

Outward

The Outward Bound Trust has devised a new award for would-be outdoor instructors. It aims to attract young people, aged 18 and over, who want careers in outdoor education, but are put off by the increased demand for qualifications, beaurocracy and fear of litigation following the Lyme Bay canoe disaster.

The Outward Bound Award in Outdoor Education Leadership provides training and experience that can lead to National Governing Body qualifications in mountain leadership, rock climbing, canoeing and sailing.

Funding for the course is available — most participants pay around £700-750 of the £1,500 course fee. The level of funding is decided for each candidate at informal assessment weekends.

Outdoor bursaries are also available for this course, contact Jane Mason in Adult Support, at CHQ for details.

To find out more about the course, contact Outward Bound on 0990 134 227.

The residential opportunities listed below are open to any Association member - Guiders, Guides or Brownies - as relevant. For more details of content and cost, please phone the appropriate centre.

Hautbois

01603 737357

Singing for Unit Guiders

March 31- April 2

May 8-12 Birdwatching August 14-21 Heraldry

Outdoor Pursuits Badge for

September 1-2 Guides First aid in Guiding

September 29- October 1

Rainbows to Brownies — for Rainbow and Brownie Guiders

October 6-8

Crafts with a difference

October 20-22

Blackland Farm 01342 810493

Day Camp: various activities

April 25

BCU 1 & 2 star Kayak

May 6-7

Guide Association Climbing scheme, Level 2 Training

May 6-7

Guide Association Climbing Scheme, Level 3 Training

May 13-14

Introduction to Walking Skills

May 14

Beginners Rock Climbing May 20-21

Day Camp (incl. canoeing)

May 30

Day Camp: archery, abseiling, climbing wall and zip wire

May 31

BCU 1 & 2 star Kayak

June 10-11

BCU 3 star Kayak and BCU 2 star Improvers Kayak

June 17-18

Broneirion

01686 688204

Programme ideas with crèche

April 14-16

A Welsh Welcome

May 26-29 Millennium Madness Holiday

June 21-28

A Taste of Guides (Girl Event)

June 30-July 2

Adventurous Activities for Guides

June 30-July 2

Training for the Out of Doors September 1-3

International Sparkle

November 10-12

Netherurd

01968 682208

Guiders and their Young Leaders Working Together

March 17-19

Guiders and Patrol Leaders

May 19-21

Guiding Through the Ages — History for Guiders and Girls

June 9-11

Music in the Programme

September 1-3

Programme Ideas for All

September 22-24

Lorne

01232 423180

Rainbow and Brownie **Guiders Basic Training**

March 3-5

Holiday Training for Indoor and Outdoor Holidays

March 17-19

Arts workshop

March 24-26 Senior Section for Leaders,

but girls can apply

April 7-9

Active Eight: eight point April 28-30 activities Meltdown 2000 House Party

July 29-August 5

Foxlease

01703 282638

Going For It! Together: Guiders/Patrol Leaders/YLs

March 31-April 2

Arts Workshop 13+

April 21 - 24

Up in the Air For 9 and 10 year-old Brownies with Guider

April 25 - 27

Wide Games and Pioneering May 5 -7

Campfire/Music and Drama

May 5 - 7

RLSS Rescue Test

May 12 - 14

Young Guiders 18-26 years

May 19 - 21

Go! Brownie Go! Guiders with 9 and 10 yr-old Brownies

July 21 - 23

In this section you will find good

practice tips, support, advice and training and resource news

New Leadership This month sees Qualification

This month sees

the start of a new series outlining the content of the new Leadership Qualification

By Jennie Lamb Development Manager, Adult Support, CHQ

This September, the new Leadership Oualification will become available. and from January 2001 it will replace the present Leadership scheme in all Countries and Regions in the UK. So, what will the new Guider or Young Leader have to do to gain the new qualification?

The qualification itself is included within a Leadership Pack, which will be issued to new Guiders/Young Leaders subsequently referred to in this article as Leaders - through their County. Guiders will have a mentor who supports them through the qualification and signs off each element once it has been completed.

The pack will not be available 'off the shelf', so we are taking this opportunity to tell existing Guiders about the content of the qualification, through this series of articles, which will be in Guiding magazine over the next few months.

The new qualification will be modular, and this month we look in detail at Module 1.

Module 1

Module 1, 'Your role in the Programme', has four elements and is designed to help the new Leader to quickly become a full part of the Leader team, involved in the planning, and leading some of the activities. This module is section-based for the section in which they are working.

la — Work with the unit and the Unit team to plan and carry out the Programme.

This includes:

 Taking part in the decisionmaking forum appropriate to the particular section concerned namely Rainbow Chat, Brownie Powwow, Patrol Leaders Council or the Look Wider team.

- The new Leaders will use this involvement to get suggestions and ideas and to agree with the girls how the Programme will be carried out.
- Taking part in the Unit team planning meetings.
- Using a record of the Unit Programme to show their contribution to planning and carrying it out.
- Attending a training on the section Programme relevant to the Leader.
- Observing closely how individual members of the Unit team especially Young Leaders and Unit Helpers - are involved.

The mentor will visit to observe that the new Leader can use a style of leadership appropriate to the age group.

1b — Provide opportunities for the unit to carry out a range of activities - reflecting balance and variety in the Programme.

This element provides the opportunity to take responsibility for some of the activities within the Programme.

It includes:

- An international activity
- An activity to help the unit enjoy the out of doors
- An activity or visit away from the meeting place
- An activity with members of another section
- Plus three other activities that support the development needs of members of the unit.

The new Leader is encouraged to evaluate at least two of the above by discussing them with the girls after the event. Those who wish to can run an outdoor activity away from the meeting place, with members of another unit and complete three of the above in

1c — Use the Five Essentials in the Unit Programme over a period of three months.

This element asks the new Leader to review the Programme to check that the Five Essentials have been put into place. Guiders in the pilot areas found all sorts of inventive ways of doing this, from highlighting activities in the Unit Programme book, using five different colour pens, to using the Brownie Sticker pack to indicate balance and variety across the eight points.

1d - Work with members of the unit to support their progress.

New Leaders will monitor two Unit members over a three-month period, supporting them in planning their progress through the Programme and helping them to review two activities in which they have taken part.

Also, working with one or more members of the unit, the new Leader will help them to find out about the section to which they can progress. This can be linked with 1b above.

How can I help?

Those who have a Young Leader or new Guider in their unit can help by ensuring that opportunities are not missed. Sometimes this will mean standing back and leaving them to organise and deliver an activity. They may not do as well as you could have done, and the activity may take longer than planned, but we all had to learn once and new leaders need your support to have a go.

Your County will soon be looking for experienced Guiders to be mentors. If you'd like to help new leaders, other than those in your own unit, why not take up the challenge of becoming a mentor and help others to get a really good start in Guiding.

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Global celebration

On the Line invites you to celebrate global diversity

By Caroline Thom International Manager, CHC

If you would like to know how to make a Ghanaian drum, perform a dance from Mali, or cook like a Guide from Togo, you should get involved in an exciting new project for the Millennium — On the Line.

The project was started in the UK by Oxfam, WWF-UK and Channel 4 — and The Guide Association is now an official partner. The aim of the project is to inspire young people to take action to make a difference to the future of our planet and its peoples, and to promote its rich diversity and culture. On the Line provides an opportunity for all of us to take note of the issues that will affect our future.

Guiding On the Line

On the Line is all about making links with other people who live along the Greenwich Meridian. In our case, that means Guide Associations.

Countries on the Meridian Line are: the UK, France, Spain, Algeria, Mali, Burkina Faso, Ghana and Togo. There are Guide Assocations in all of these countries, except Algeria.

No matter where we are on the

Further information

- The project's Web site gives general information, and can also take you on a virtual journey through any of the Meridian Line countries. Find it at: www.ontheline.org.uk.
- More information is available from the International Department at CHQ, or through The Guide Association's Web site — www.guides.org.uk.

Meridian Line it is the same time of day. Rainbows, Brownies, Guides and Rangers in all these countries will be getting up, going to school, having lunch, playing and going to bed at roughly the same time.

Of course there are differences, and this project will help us to explore them. We are working with the other Guide Associations to share art, music and activity ideas, and to talk about issues that really concern us all.

On the Line events

The UK Guide Association's first On the Line event took place at Waddow in November. Approximately 25 Senior Section members met to discuss On the Line issues and ideas, and devised activities for *Activate*. They were joined by one of the On the Line musicians, Mi'soshi, who taught them Ghanaian singing and dancing.

In February two more residential weekends took place. At Foxlease, as part of Thinking Day, 80 Brownies and Guides took part in activities and dances related to On the Line, while 20 of their leaders were trained in development education focusing on OTL issues. At Waddow, 15 members of the Peer Education project looked at relationships through drama, video and photography and compared them to young peoples' experiences in other countries on the Meridian Line.

Once we have all provided activities, songs, dances and games, a booklet of ideas will be compiled, and made available in all the countries.

In the UK, we aim to have an On the Line Awareness week in the autumn—with ideas provided in *Activate*. Until then, a sample of these ideas will be printed every month—each one focusing on a different Meridian Line country.

The Guide Association is pleased and excited to be a part of this great programme of events and is looking forward to helping its members make a real difference On the Line.

Now turn to...

- Pages 8 and 9 of *Activate* for some great On the Line ideas.
- See the Focus on...' feature on pages 14 and 15 for information about women in Mali.



Marium and Zenabu, from Burkina Faso, find the Greenwich Meridian on a globe

Senior Section update

There have been some exciting developments in the Senior Section recently

There is a lot happening within the Senior Section at the moment, so a quick update is in order.

Change for the better

As many of you will already be aware, the monitoring of the Look Wider programme was completed earlier this year, and a report was presented to the Guiding Development Committee.

The group of Senior Section members Guiders who undertook this task listened to what everyone had to say during the consultation process, and are now acting to address the issues raised. More specific

information on this will be available in future issues of Guiding magazine.

Another group of young women within the age group has begun to review the Queen's Guide Award syllabus. Last month we provided you with the opportunity to add your comments to the review — we need your input!

Multi-media support

The Senior Section now has a fantastic new page of its own on The Guide Association's Web site, which you can see at www.guides.org.uk. This will be a great source of information and opportunity. It has been written by a

group of Senior Section members who had lots of fun putting it all together.

We want to use Guiding magazine as our main tool for communicating directly with Senior Section members and their Guiders, and are looking at how we can best support the Senior Section through the magazine. So now is the time to encourage the young women you work with to subscribe to Guiding magazine — and let us know what they would like to see in it.

Having a say

Senior Section members have taken part recently in a number of external consultation exercises, including development of the new Youth Support referred to in the Government's White Paper, Bridging the Gap.

We also took part in a dialogue with girls and young women as part of the Government's Listen Up project, which resulted in a report to Ministers - see the article on the next page.

As you can see, it's been a busy year - and this is only the beginning. With your help, we can work to create thriving, strengthened Senior Section which offers interesting opportunities for our voung women.

A reader is asking for your advice about a difficult Guiding situation she is facing

My daughter is a Brownie in the Pack that I run. I am so conscious to be seen not to favour her, that she actually ends up not being picked for things as often as the others.

Obviously, she doesn't think this is fair, and, although I agree, I don't know what else to do.

How do I manage to strike the right balance?

•What would you do? Write in, or e-mail, to the relevant address on page 3.

•Have you got a Guiding problem that you'd like to share with other readers? Write, or e-mail - keeping your letter as brief as possible - to the relevant address on page 3.

In January's issue a reader asked for help with a problem

swered I have just discovered that two of my Guides are truanting. Their parents think they are at Guides on Tuesday evenings, but they have not been for three weeks. What should I do and how do I find out if others are also doing this?

Here's a selection of the answers we received:

When I was a young Guider two of my Guides did not attend one evening, although the others had seen them outside, in uniform.

I went to see their parents at the end of the evening with two very different results. The first set just shrugged and the girl never returned to Guides.

The second set thanked me for telling them, and the following week, the girl came to me and apologised. She went on to become one of the best Guides that I have ever had.

I suggest the Guider contacts the girls concerned and puts it to them that by deceiving their parents, and expecting their Guider to go along with it, they are not carrying out their Promise and Laws.

Give them a deadline to either return to Guiding completely or tell their parents that

they have left. If this isn't done, contact their parents to ask if they are returning to Guides.

Why not write to the Guides at home, asking them to come and see you next week. This will give you the opportunity to discuss their behaviour and make a decision about whether they are going to attend or leave Guides.

If they don't respond, you could write to the parents confirming that their daughters are no longer on the Guide register.

Contact the parents - they should be aware that their daughters haven't been to Guides. It could be along the lines of: 'are they all right, are they still coming to Guides?'

Speak to the two Guide's particular friends, to see if they know what is happening Explain that you are concerned for their safety, and don't want to cause them problems at home. Could the friends ask the two girls to contact you?

This might be a cue to have a general discussion on personal safety, trust and so on.

Thanks to: Thelma Nobes, Essex North East; Maureen Davies, Anglesey; Doris Wise, London; Marie Wernham, East Anglia; Elizabeth Mason, West Yorkshire.

Listen up!

A dialogue between the Government and young people

Members of The Guide Association got together with Government Ministers and journalists for a day of consultation in a London nightclub recently.

Twenty five groups working with girls and young women were invited to take part in Listen Up a government project organised by the Cabinet Office Women's Unit - which took place at the Sound Republic nightclub in London's Leicester Square.

The Guide Association had been asked to support some of the young women it works with in articulating the issues that mattered to them. The project was undertaken on behalf of the Association by the County of Leicestershire - facilitated by two Guiders, Sam Harold and Kate Roberts.

The issues

The major issues raised by the 25 participating groups at the Listen Up consultation included:

- Racism and discrimination
- Lack of facilities and resources for young women
- Isolation in rural areas
- Limited availability of advice
- Sex education and the

problem of teenage pregnancy

- Career opportunities and life after school
- Health
- Raising self-esteem
- Personal safety
- Parenting and childcare
- Personal safety
- Feeling under pressure from high expectations
- Stereotyping of groups
- Relationships
- Peer pressure and bullying
- Domestic violence

This culminated in two Rangers, Karen Vance and Hannah Richards, and a Guide, Anna Burgess, presenting a display to Ministers - including the Minister for Women, Baroness Jav.

Preparation

The group prepared for the day by taking part in various events and discussions.

Anna participated in a discussion about some of the problems that young women of today face, and what pressures are being put on them. The issues covered included drugs, health and stress.

From this, the trio made up some agony-aunt-style questions which reflected problems that they, or their friends, are experiencing.

Karen and Hannah got involved in Cake Out, a camp run by the Leicestershire Junior Council for Senior Section members and Venture Scouts, and Mayhem — a half-term session of activities for all young women over the age of 13.

One of the activities included in this session was a discussion about young womens' rights. Through a questionnaire, the young women explored how they felt life was for them, and how things had changed over the last 50 years.

Karen probed schoolfriends for their views on the drugs issue and what they felt should be done to improve the situation and laws relating to drug abuse.

Sam Harold was invited by the National Youth Agency to undertake a consultation with girls and young women about their lives and concerns.

The big day

Before they left for London, the girls met reporters covering the event from Leicester Mercury Group newspapers at Leicester Station, and had their photographs taken.

When they arrived, the group set up their display, and spoke to reporters from Newsround, various teen magazines and newspapers.

By Karen Vance, Anna Burgess, Hannah Richards and Kate Roberts

At midday, Baroness Jay and Home Secretary Jack Straw arrived to talk to some of the groups. Later, the group took part in roundtable discussions about some of the issues raised. They chose to discuss mental health, and Tessa Jowell, Minister for Education and Employment, sat with them and listened to their opinions.

Paul Boateng, the Home Office Minister, also took part and answered questions.

After the event, the group said, 'We feel that we got the message across - that Guiding has a role to play in supporting young women in this pressurised world.'

Details about Listen Up will be

by YouthNet - one of the major



The Guide Association's delegation got their message across to Ministers and journalists at the Listen Up event

Making

In celebration of International Women's Day on March 8, we look at initiatives that are changing lives pr

By Isobel Durrant



Training in Uganda: The Guide Association is involved in health and education projects across the world

It's easy for us to be complacent. In this country there is work for women in every field — from politics to medicine, space exploration to construction. The last hundred years has brought major advances, with women gaining the vote and, increasingly, their voices being heard. But is this true for women the world over?

While female prime ministers and astronauts are great role models, demonstrating that gender is no bar to success, in developing countries, simple advances in health, education and employment still have a greater impact on women's everyday lives.

In 1985, the United Nations reported that 'Women are half the world's population, yet they do two thirds of the world's work, earn one tenth of the world's income and own less than one hundredth of the world's property'.

For more information

 Links is a newsletter on gender published three times a year by Oxfam. It is available at Oxfam's Web site www.oxfam.org.uk.

 UNIFEM's Web site is full of facts and links to other related sites: www.unifem.undp.org.

 Womenwatch provides a link to many UN organisations. Find it at: www.un.org/womenwatch.

• On the Line's Web site has information, and loads of ideas for projects and activities: Visit www.ontheline.org.uk. To register with On the Line and receive its newsletter, call 0870 6061405.

Platform for Action

Perhaps it was these words that, ten years later, prompted the wives of heads of states from around the world to sign up to the Beijing Platform for Action, an agenda for women's empowerment.

The document makes powerful reading. Its aim is 'a full and equal share in economic, social, cultural and political decision-making' with shared power and responsibility 'established between women and men at home, in the workplace and in the wider national and international communities'.

And that might have been that, an idealistic document left to gather dust in the memories of the signatories. But women's groups around the world seized the opportunity to challenge

governments. This June, in New York, the UN General Assembly will review how far those commitments have been met.

Health advances

No one can pretend that the common goal of gender equality has been reached, but there are great advances to report. UNIFEM, the United Nations Development Fund for Women, gathers information from groups across the world, and has found that access to contraception makes a huge difference — enabling women to decide when, and if, they want to have children.

In Vietnam, following research on how cultural obstacles affect the health of single women, the Centre for Reproductive and Family Health has made a number of recommendations to the government, including improved access to reproductive health services for both married and unmarried women. This is a great step in a society that dislikes acknowledging that single women have sex. As a result, most of them don't use contraception and a startling 52 per cent have reproductive tract infections and sexually transmitted diseases. Implementing the recommendations should reduce those figures.

Women of childbearing age have long been discriminated against in the workplace. So it's encouraging to learn that in societies as disparate as Australia and China, women have tackled employers on work-related issues. Consequently, the Australian Minister of Employment Services issued a statement saying the government did not support mandatory pre-employment pregnancy testing, and the Chinese Equal Opportunities Commission has taken up the issue of pregnant women being asked to undergo x-ray tests in pre-employment medical check-ups.

Oxfam's view that 'physical, mental and social well-being' are equal components of health, informs its work. Oxfam Armenia raised awareness about reproductive health among girls and boys through daily hour-long classes held in schools for seven months.

Sex education is a very sensitive subject there, and adolescents often have to glean information from friends or the media. When the project ended, one girl wrote: 'it made me aware of my rights over my own body and my fertility'. The government now plans to base a nationwide programme on the project.

Guiding magazine March 2000

ogress

Knowledge is power

Much work has been done in communities across the world, to improve girls' access to education. A common theme has been the need to overcome parental resistance to the education of their daughters. This may be due to a variety of reasons, including early marriage and the belief that girls should be at home helping.

Ensuring their attendance at school requires a holistic approach, involving the entire community. If girls aren't educated, women are likely to be illiterate and unskilled.

Projects like the Alternative Technical Training Programme for Women - run by the Asociación Aurora Vivar in Peru - aim to increase

women's entrepreneurial skills. The project focuses on improving women's participation in non-traditional areas of work and also offers women personal development training to help with confidence-building and leadership skills.

UNIFEM does more to enhance gender equality than gather reports. It recognises that women need to be

'in the places where power exists' or able 'to negotiate a better deal for themselves', and works in practical ways to help women take part in political institutions and to promote women's perspectives in policy-making.

UNIFEM's National Committee in Singapore has launched an Ethical Equities Fund that will only invest in companies with socially responsible policies towards women. Proceeds will fund work on behalf of women in developing countries in Southeast Asia.

Women as entrepreneurs

Women in other parts of the world are flexing their business muscles too. In Mali, one of the countries involved in the On the Line project, women have traditionally been the homemakers, but things are starting to change.

Small credit schemes are mushrooming and the people who are making the most successful use of them are women. They begin with small, regular savings and then qualify for loans that they use for small trade.

One woman, Aissa, has a tie-dying business. In the past she had to ask for credit from her supplier and then repay him once her goods were sold. That left her in a poor bargain-

ing position and she had to accept whatever materials he offered - at whatever price.

Initially Aissa borrowed £250. Then she found better premises and succeeded in expanding her business. A few months later she took out a larger loan and hired additional staff.

Being part of the monetary market means more than material wealth. It gives women status, confidence and security. Malian women are evident in all professions and make up

18 of the 147 members of parliament - six of whom are ministers.

Malian women still face other problems. The practice of the male head of the household instructing the women in the family how to cast their vote may be dying out, thanks to voter education, but many families are still reluctant to educate their daughters, particularly in rural areas. Polygamy is still legal and the issue of female circumcision is ongoing.

The impetus for improving women's lot comes from some unlikely sources. For instance, a Mexican soap opera dealing with women's empowerment is being broadcast to rapt audiences across francophone West Africa.

Globally the outlook for gender equality is mainly positive. There's plenty still to be done, but the important thing is that the status of women is rising and the girls we educate today will carry on the work well into the 21st century.



Taking the credit: Loan schemes are enabling Malian women to improve their lives

Don't miss...

Our On the Line feature on page 11, and activities on pages 8/9 of Activate find out how you and your unit can discover the cultures of other countries on the Meridian Line.

Diary dates

- November 15, 1999 saw the First International Day for the Elimination of Violence against Women.
- March 8 is International Women's Day. In many countries it is a national holiday.

...Women... do two thirds of the world's work, earn one tenth of the world's income...



Community action



Continuing the action By The Compaction Te

By The Community Action Team

Promoting partnerships has been a strong feature of the Community Action Tool Kit

The Community Action Tool Kit has been profiled in Guiding magazine since last August. We have received some wonderful feedback about how people are using the activities and ideas. Thank you for those. But this is not the end of the story.

> We have talked you through the process of planning, doing and reviewing and we have tried to encourage every member of the Association to get active, and to 'look wider' than the meeting place and the Guiding community.

We have promoted the idea of partnerships and working together with others by encouraging you to contact organisations such as the National Asthma Campaign, British Hedgehog Preservation Society, Youth Hostels Association, Tidy Britain Group and the Hawk and Owl Trust. The Association's relationships with all these organisations

We now plan to build on the work that has been initiated by you in your local areas and the material that has been featured in the magazine.

Commonwealth Community Action Challenge

The Commonwealth Community Action Challenge - for all members of the Senior Section across the Commonwealth - was launched to the Commonwealth Chief Commissioners in June last year.

Senior Section members in the UK can

get involved and make a real difference, while learning so much for their own personal development. Details will be available in April's issue, when the challenge is to be launched.

Becoming active citizens

Being active in the community, and looking wider than one's immediate circle of family, friends and Guiders is all about being an active citizen. This is a theme that we would like to continue in the coming months.

The Government's emphasis on citizenship education in the curriculum mirrors some of the work that Association members are doing in attempting to involve young women in consultation and decision-making.

So, from May onwards we will be looking at the various aspects of citizenship, what our role is in this, and what we can be doing to empower young women.

In the meantime, why not revisit the Community Action Tool Kit and look at what is possible for you and the young women with whom you work.

Coasting into action

The Rollercoasters 2 Youth Club is an integrated youth club for teenagers aged 12 plus, with - and without - disabilities. Guide Association members Laura Price (14) and Katie Roberts (12) joined the youth club with the hope of supporting this integration.

Established last year to fill a gap in the facilities provided for young people with disabilities in the West Midlands, the club meets once a month and all sorts of activities are on offer.

This type of project demonstrates the way in which Association members can join with others to make a difference in their communities and in the lives of others



Katie Roberts (centre) and Laura Price (right) with other youth club members on a trip to a bowling alley

Useful Web site

www.britkid.org - this is a Web site which offers a new and original way of looking at the issues of cultural awareness and understanding.

think about the problem of litter, encourages environmental action and activities that promote sustainability The campaign runs throughout the whole month of April and will be celebrating its 10th birthday in 2000. Over the years, thousands of units have taken part in the campaign and the

more get involved in 2000.

National Spring Clean

National Spring Clean is the Tidy Britain Group's biggest

annual clean up campaign. It

aims to encourage everyone to NATIONAL

This month's Activate ideas are designed to help units become more involved in environmental action and to help them promote this in their local community.

Tidy Britain Group would like to see many



Brownies from the 7th Halesowen Pack having a bit of a spring clean

The Tidy Britain Group has produced a free kit - containing an activity pack, tabards and refuse sacks - to help you get involved. Call the National Spring Clean freephone hotline number on 0800 783 7838 - quoting reference number NSC10 - to receive your kit.

Turn to Activate pages 10/11 for this month's Tool Kit activities.



Waterways

There's wet and wild fun for everyone, with our watery theme this month

For lots of serious water safety advice, you can refer back to Guiding magazine, January 1999, pages 32 and 33.

If you don't have a copy, just send us a sae and we'll send you a photocopy of the relevant pages. Please mark your envelope Activate.

The Water Safety badge is a staged badge for Brownies, Guides and the Senior Section. Girls do not have to be able to swim to gain the badge.

There are two stages in the badge. The first stage can be tested by an adult who has relevant, up-to-date knowledge. This stage is mainly common sense, and girls don't need any physical ability to be able to meet the requirements.

Stage two of the Water Safety badge must be tested by someone holding a current lifesaving award, a lifesaving teacher, a swimming teacher or a responsible adult with relevant up-todate knowledge.

All parts of stage two can take place on dry land, including demonstrations of approved rescue methods.

For more information, consult you section handbook.

Guiders should also consult The Guiding Manual, 3rd edition for further information about water safety and about swimming.

The following badges also have a watery theme - look in your section handbook for more details about them.

- Aquarist
- Dinghy Sailor
- Lifesaver
- Swimmer
- Windsurfer

Warning

Qualified lifeguards should always be present at swimming pools.

Explain to the girls that they should never attempt to swim in canals, ponds and so on.



Fish farm

Sing Old Macdonald had a farm complete with brand new fishy words!

Old Macdonald had a fish farm, e-i-e-i-o And on that farm he had some crabs, e-i-e-i-o With a nip nip here and a nip nip there Here a nip, there a nip,

Everywhere a nip nip, Old Macdonald had a fish farm, e-i-e-i-o

Carry on singing, using these creatures and actions for the verses lellyfish: wobble wobble Eel: wriggle wriggle Limpet: cling cling Octopus: hug hug

You will need

A plastic mug

A large container

filled with water



We use water in many different ways. For example, the manufacture of one car and all its components will use over 39,000 gallons of water.

Drip drop

This game should only be played outside and on a hot day!

Drip drop is played just like 'Duck Duck Goose'. Firstly, all the girls sit in a circle.

One is chosen to be 'it' and she walks around the circle, flicking water from the mug at the rest of the girls, as she says: 'Drip, drip, drip...' At some point the girl shouts 'Drop!' and tips the mug of water on the nearest girl's head!

The wet girl then fills up the mug and the game starts again. Keep going until everyone is really wet!

This is a timed game which Patrol-sized groups take it in turn to play.

Make holes - from 1-2cm across - in a large plastic container. The holes should be all over the container so that all the members of the group, except one, can cover them with their fingertips.

The remaining girl must attempt to fill the container with water. After a short time, say 60 seconds, measure the depth of the water in the container. Play the game again with another group.

The winning group is the one which gets the most water in the container.

Top tip

You may prefer to get the girls to take off their shoes and socks and drip the water on to their feet.



Top tip

Mark the container with a scale to make the water level easier to measure. Provide lots of water to fill it up with.

If you have a smaller container, alter the time allowed accordingly.

Leaky cup

Play this team game outside - it's ideal for a sports day or camp.

Each team needs a polystyrene cup. Using a sharp pencil, make about 20 holes in and around the base of each one. Have some spare cups in case any get broken.

Teams line up behind their buckets of water. Place a jug at the other end of the playing space.

On a starting signal, the first player in each team picks up a leaky cup, fills it full of water and runs to the jug into which she pours what water is left.

She now runs back to her team and hands the cup to the next player. Keep playing for a limited amount of time - such as two minutes. The winning team is the one with the most water at the end of the for each team allotted time.



You will need

- 12 empty plastic pop bottles
- 12 large screw'eyes' from a DIY shop
- 12 bamboo canes (about 50cm long)
- 12 cup hooks
- String
- Small bottles of pop to give out

fizz

Have fun fund raising at your fête with a fishing game.

If you run sideshows and stalls throughout the year, then it's definitely worth making this equipment to take out time and again.

First of all, assemble the rods. To do this, secure a length of string on to one end of a bamboo cane. Tie a cup hook to the other end of the string.

Pour some sand into the empty pop bottles. This will add some weight. Fix a screw eye into each lid.

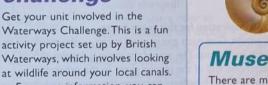
When you want to set out your stall, place the bottles of sand in a marked out area. 'Sell' the rods for 20p each. When they have all been sold, give a starting signal. The first person to hook a bottle wins a small bottle of pop.



Waterways Challenge. This is a fun activity project set up by British Waterways, which involves looking at wildlife around your local canals.

For more information, you can telephone the British Waterways customer service line on 01923

201 120. Alternatively, link up to their Web site www.britishwaterways.org.





A bucket of water

and a measuring jug

Polystyrene cups

A sharp pencil

There are more than 20 canal museums around the

If we haven't listed one near you, look in your telephone directory or ask your local tourist information centre for details.

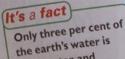
- Blakes Lock Canal Museum, Reading 0118 939 0918
- Birchills Canal Museum, Walsall 01922 645 778
- The Canal Museum, Stoke Bruerne,

Northamptonshire — 01604 862 229

- London Canal Museum 0171 713 0836
- Powisland Museum and Montgomery Canal Centre, Welshpool, Powys — 01938 554 656
- Scottish Canal Museum, Linlithgow, West Lothian
- 01506 824 575
- Waterways Museum, Goole, East Riding -

01405 768 730

If you live by the sea, you may have a maritime museum that you can visit.



fresh water, and around 2.4 per cent of our water is permanently frozen in glaciers and ice caps.



- Find out about the sea-faring heroine Grace Darling.
- Ask the Environment Agency if they have anything that will help you with water-themed projects.

Ring 0645 9333 111 and ask for the number of your local Environment Agency office.

- Contact your local water company and ask if they have activity material for children.
- Watch Rosie and Jim (characters who live on a canal boat) videos with Rainbows.

It's a fact Did you know that our bodies are made up of 70 per cent water?

Top tip



Step out!

There's water fun for all in the first instalment of our new series of outdoor activities

Catch a rainbow

With this activity you can catch a rainbow and take a closer look at the beautiful spectrum of colours.

Put the pan of water in the sunshine and place the piece of paper to one side.

Stand on the opposite side to the paper and hold the mirror so that it catches the rays of the sun and reflects them on to the water.

Move the mirror until a rainbow appears on the paper. You may have to tilt the paper in order to 'catch' the rainbow.

Take a look at the colours of the rainbow and explain to the girls that they always appear in this order: red, orange, yellow green, blue, indigo, violet.

You can remember the colours by repeating this sentence - Richard of York gave battle in vain. The first letter of every word is also an initial letter of each colour of the rainbow, in order.

Welcome to Step Out - our brand new guide to getting out of your meeting place and into the fresh air.

If your unit loves getting wet, cooking up a storm, and exploring their creative sides or the environment, then this is the series for you.

Over the next eight months, we will be offering a whole host of ideas and activities that are designed to be different, challenging, and will certainly blow the cobwebs away.

If your unit meets in an urban area, do not fear. There are always lots of ways to adapt and improve activities so that the girls you work with can benefit as well.

Take your new ideas to camps and holidays and do encourage the girls to pass on what they have learned to others.

Good luck, have fun and step out...

Guiders' note

'Working creatively in the outdoors with young people will always be one of the most powerful learning experiences we can facilitate.'

Steve Brodie, Head of Centre, Hagg Farm Environmental **Education Centre**

Ideas to go

- Write the girls' names in cress seeds and grow them
- Make celery sticks turn blue by putting them in a jar of bluecoloured water - wait for a few days and watch what happens
- Go pond dipping you can use



an old kitchen sieve to scoop up mud or stones from the bottom of a pond

Locked in

Canals and locks are the inspiration for this team game.

Divide the girls into groups. Give each group some cargo — this needs to be about 20 small objects for each group. The aim of the game is for the girls to transport their cargo from one end of the playing space to the other.

Draw two lines about 2m apart, halfway between the groups and their destinations. The lines represent a canal lock.

Start the game. The first girl in each group picks up an object and runs

with it to the end of the room. She then runs back to tag the next player.

Throughout the game, the leader can call out 'Lock!' whenever she likes. Girls who are situated in the lock at this point must stay standing there for 10 seconds, until a whistle is blown and they can move on. Anyone not in the lock can carry on as normal.

The game continues until all the cargo has been placed on the other side. The first team to do this wins the game.



You will need

A sunny day

A pocket-sized mirror

A large piece of white paper A shallow pan of water

Run around in the fresh air with an action game that uses pretend water!

Explain the actions before you start then get everyone to run around. When you shout out an action, the girls perform the appropriate mime.

- Water on crouch down and then jump up with a wooshing noise, just like a water fountain
- Grab the hose all join hands
- Bring out the ladder pretend to climb a ladder
- Sound the alarm make sound like
- Put out the fire pretend to spray the fire, complete with sound effects.

It's a fact

Show the girls this photo of a canal lock. The lock is made up of gates and sluices which raise or lower the level of the canal. This helps boats to go up and down steep gradients,

For Rainbows

Sun sense

Covering up in the sun is the sensible thing to do. Explain how everyone should wear a sun cream with a high SPF (sun protection factor).

Ask younger girls to find pictures of ladies at the turn of the century who wore gloves, hats and carried parasols to protect themselves from the sun.

Dress up in outfits that will protect you on a hot day such as an Arabic headdress and gown.

Into extra time

Design and make hats for outdoor use — in winter or summer.

Puddle Fun

Rainbows can put on their wellies and have splashing fun in the puddles.

Find a puddle that has formed on a hard surface, such as a playground.

Spread out part of the puddle using a brush or foot prints. Use a piece of chalk to mark around the puddle.

Leave the puddle for a while and then go back to it. Which part dried first? Has the shape of the puddle changed?

Top tip If it hasn't been raining, make your own puddles in your yard!

Use a ruler to measure the depths of puddles, then splash around some more!

Bubble trouble

Challenge the girls to make different 'blowers' with which they can blow brilliant bubbles.

Try making round blowers from circles of wire. Make really big ones and try to blow mammoth-sized bubbles. Make a square-shaped wire frame, can you blow a square bubble?

Blow bubbles through plastic rings and drinking straws.

Bubble power

Enormous bubbles to blow in the great outdoors

Everyone, from Rainbows to the Senior Section, loves to blow bubbles.

It's easy to get started once you've made your own mixture. To do this, mix together one part good-quality washing-up liquid, one part sugar or glycerine and six parts water.

If you want to make really big bubbles, add more washing-up liquid.

Experiment to find out the best mixture. You can keep bubble mixture in a jam jar in the fridge - keeping it at a prime temperature for You will need

blowing great bubbles.

String of bubbles

Two straws Make huge bubbles with a special bubble-making gadget.

Thread two drinking straws on to the string and then tie the ends of the string together.

Pour some bubble mixture into the tray. Wet your fingers (dry hands pop bubbles) and hold a straw in each hand — like handles. Dip the string and the straws into

> the bubble mixture, leave it there for three seconds.

Extra-strong bubble mixture

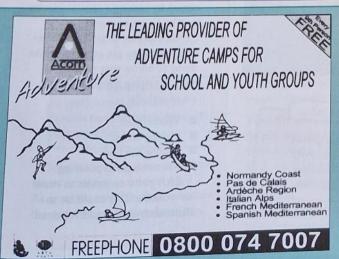
A shallow tray

A 90cm piece of string

Lift the strings out, pulling the straws apart so that you make a tight frame. Wave the frame in the air a couple of times, now bring the straws together quickly in an upwards motion.

With a bit of practice, you should be able to produce a big bubble!







St Patrick's Day

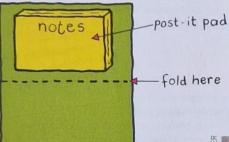
Shake your shamrocks, it's St Patrick's Day on March 17

Funky pad

Use fun foam to make a funky cover for a Post-it® pad, or cover a bigger pad using a larger version of the template.

You will need

- Sheets of coloured fun foam (green and another colour)
- Sticky-backed Velcro
- Scissors
- Tacky glue
- Post-it® notepads
- Template



fold here catch velcro

Make a template using our drawing as a guide.

The main body of the foam cover needs to be twice the size of your notepad. You also need a 'tail' that is long enough to form a 'catch'.

Use the template to cut out a cover from a sheet of fun foam.

Stick the pad on the portion shown.

Cut a small piece of sticky-backed Velcro. Close the cover and wrap the catch around

Stick the Velcro on the end of the catch and the place where it meets the back cover.

Cut out a shamrock shape from green foam. Glue it to the front of your cover. You can also decorate the cover with other foam shapes, sequins or joggle eyes!

Top tip

Why not make a selection to sell?

You will need

- 675g plain flour
- 1/4 tsp of bicarbonate of soda
- 1/4 tsp of salt
- Itsp cream of tartar
- 250ml milk

Preheat the oven to Gas Mark 6 or 200°C

Sieve the flour into a large bowl and then add the rest of the dry ingredients. Gradually stir in the milk until it a dough is formed.

Top tip

Use sour milk or butter milk in place of milk and cream of tartar. Acknowledgements: Gwyneth McGuinness and Anita Mott

Soda bread

Put the dough on to a floured surface and make it into a circle that is about 4cm deep.

Lay it on a baking tray and mark a cross on the top. Bake for 40 minutes and then eat the bread warm, with butter and jam.

Guiders' note

You'll find a recipe for Welsh cakes on pages 8 and 9.



Make it easier...

Cut out the pieces before the activity ready for younger girls to assemble.

um

Make a fuss of mums on their special day

Voucher book

Sometimes the best presents don't cost anything at all. Every girl in your unit can show her appreciation by making a special voucher to take home to mum.

Ask the girls to think of something that they are good at, or like doing at home, that would give mum a helping hand. These jobs could include:

- Washing up
- Making coffee
- Making the beds
- Vacuuming and polishing Each girl then needs to make her voucher. This could be an elaborately decorated, A4-sized

Country corner

This is a simple game to help everyone get to know the flags of the UK.

Each girl needs a square cut from A4 paper. She should choose one of the flags to draw and colour in. The girls can do this in their Sixes or Patrols, making sure that the groups colour at least one copy of each flag.

Fold up the flags and place them in the middle of the room. Then name each of the corners of the room - England, Ireland, Scotland and Wales.

After a signal, each girl runs to the middle, picks up a flag and then runs to the corner that she think matches it. Show the girls the correct flags and then play again.

Play the game a few times until everyone is familiar with the flags.

You will need

- A4 paper cut into four
- Colouring pens red, dark blue and green
- Pictures of the flags that make up the Union flag: St Patrick, Ireland; St Andrew, Scotland; St George, England; - and a picture of the Welsh Red Dragon

15 mins

Potato prints

The common white potato is also known as the Irish potato as it is grown a lot in Ireland.

Top tip Girls can cut their own potatoes using plastic knives.

Cut a large white potato in half. Cut out a shamrock (or trefoil) shape in the top. The girls can use this to print cards and paper.

It's a fact

Ireland suffered a horrific famine between 1845-49, when the potato crops were destroyed by blight - a type of fungus.

To make a simple ink pad, fold up several sheets of kitchen paper and put them on a paper plate. Water down some green paint and use it to dampen the kitchen paper. Press the shamrock shape into the paint and get printing!

Trefoil tip

As it's St Patrick's Day, two activities in this section use a shamrock as a decoration.

The leafy, green shamrock plant is the national emblem of Ireland. Of course, the leaves also look a lot like the Guide Association trefoil. This means that you can easily convert any decorative activities to blue trefoils instead of green shamrocks.

Acknowledgement: Stella Heritage

Mothering Sunday falls on April 2 this year. Plan an activity into your programme so that every girl can take home something for their mum, or another special person in their life.

certificate or a cheque-sized slip. The wording on the voucher could read something like this:

Mother's Day Voucher: I, (girl's name) promise to (name task) on production of this voucher.

Suggest that the girls make their mums breakfast in bed on April 2. As an extra surprise, they can place the voucher on the breakfast tray.

Teapot card

You will need

- Thin card
- Colouring pens
- Tea bags
- Paperclips
- A copy of the teapot poem

Each of the girls can get mum to put her feet up and present her with a special card for Mothering Sunday.

Fold a piece of card in half and cut out a teapot shape. The handle of the pot should lie on the fold.

Encourage the girls to decorate the front of the card with some bright designs.

Open out the teapot. On the inside left, write this tea pot poem:

Time for a break So put your feet up Switch on the kettle And reach for a cup Nothing compares to a nice cup of tea So here's one for you With love just from me!

Make it harder...

Senior Section girls can have a go at designing other cards that contain simple, themed gifts.

Use a paperclip to attach a tea bag to the other side. Girls can now write a special message on the back, pop it in an envelope and take it home for mum.

Make it easier ...

- Pre-cut cards so that Rainbows can decorate them. Very young girls won't be able to make the tea but they can still give their mums a card.
- Make lots of copies of the poem on a computer or photocopier, ready for the girls to stick in.

Gift ideas

Here are some more ideas for Mother's Day gifts.

- Paint a design on a handkerchief with fabric paints.
- Dip marzipan balls in chocolate and let them set. Make a small box to put them in and present it to mum.

On the Line

Celebrate some of the things that make the United Kingdom a brilliant place to live

Use these On the Line activities to support the feature on page 11



Countries on the line

Look at a globe or map and find the Meridian Line. You can stand on the Meridian Line in the London borough of Greenwich.

The countries listed below can be found on the line between the North and

South Poles:

- The United Kingdom
- France
- Spain
- Algeria
- Mali
- Burkina Faso
- Ghana

Challenge girls to go away and find out one thing about each of these countries.





Address book

On the Line, 274 Banbury Road, Oxford OX2 7DZ. Telephone: 0870 606 1405 E-mail: query@ontheline.org.uk Web site: www.ontheline.org.uk

■ Development charity Action Aid has produced Youth On the Line, which is a pack full of ideas for older girls.

For a copy, contact Action Aid, Chataway House, Leach Road, Chard, Somerset TA20 IFR Telephone: 01460 238 000 E-mail: bisiw@actionaid.org Web site: www.actionaid.org

Lost bread

Lost bread is an old English snack. This recipe is a sweet version of that camp favourite — eggy bread.

Melt 75g of butter and then whisk in the egg yolks. Stir in the milk, cinnamon

and seasoning

Butter for frying

Melt the knob of butter in a frying pan. Dip a slice of bread in the egg mixture and fry on both sides until it is golden brown.

Sprinkle the fried bread with sugar and eat while it's still hot. Cook the rest of the bread in the same way.

Guiders' note

2 egg yolks 50ml milk 2 tsp cinnamon

Salt and pepper

4 slices bread

Itbsp sugar

You will find a similar recipe to this in Oxfam's Fairworld Cookbook. Look out for it in Oxfam shops.

The recipes use Fair Trade ingredients. This means that the people who actually grow and produce the food get a fair price for their labour.

Into extra time

Find out what food is grown in the On the Line countries.

Make it harder ...

Why not involve all the characters in a short drama - you could call it something like Steps have tea with the Queen.

lcon

Everyone loves to dress up. The girls in your unit can dress up as famous British people or icons.

These could include: The Queen, Lady Baden-Powell, a hippy, a punk, the pop group Steps.

If you live in Wales, Scotland or Northern Ireland, then dress up as national icons from your own country.

Sporting chance

There are lots of typically British games that your unit could teach girls from other On the Line countries.

- Bingo make up a Guiding bingo game and play it.
- Beetle drive play a game of beetle where girls have to throw a dice to collect the three components to form the Union flag.
- Hopscotch think of other playground games that may be regarded as typically British. Spend a whole meeting playing them.
- Find out how to play croquet or crown green bowls.

Song time

Music plays a very important part in identifying the culture of any country.

Organise a camp fire where your unit can get together to sing songs from around the UK. You could include:

- The Skye Boat song
- The Grand Old Duke of York
- The Lambeth Walk
- English Country Garden
- Scarborough Fair
- Ride a cock horse

Think of other songs containing place names.

Into extra time

- Make a songbook of your favourite Guiding songs — the ones that you consider to be typical of Guiding in the UK.
- Send us a list of your unit's top ten camp fire songs. See February's issue (page 5) for more details.



Give a gift

Ask the girls to imagine that they are travelling to one of the On the Line countries.

In small groups, get them to think of gifts they could take with them that represent the UK for girls in all the different sections in that country. Small items that would fit in a suitcase. Also get the girls to make a list of food, clothes, songs and games that represent their local area or country.

Explain to the girls that a similar thing happens on international camps. Visitors sometimes bring small gifts to give to new friends and it is nice to give gifts in return. These gifts are often known

Think of small things that you could take away that are free or very inexpensive: - postcards of your town; unit name tapes; County badge ribbons; home-made bookmarks and so on...

Have a go at making simple lavender bags that could be given away as small gifts and a sweetlyscented reminder of England.

Whistle-stop tour

Play a matching game that will help the girls to recognise the countries that make up the United Kingdom.

On the list below you'll find several items connected with the countries of the UK. Write each one on a separate piece of card and then jumble them up.

Divide the unit into four groups — England, Ireland, Scotland and Wales. Each group also needs a die.

The girls take it in turns to try to throw a six. When they do so, they must collect an item that connects to their country.

Groups keep going until they have collected all the pieces of their set.

- Scotland St Andrew; golf; thistle; poet Robert Burns; Edinburgh; haggis.
- Wales St David; a daffodil; Cardiff; singer Tom Iones; laver bread; Snowdon.
- Ireland St Patrick; shamrock; Dublin; pop band Westlife; soda bread; Giant's Causeway (which is a natural landmark).
- England St George; a rose; London; poet William Wordsworth; the Peak District; toadin-the-hole.

Make it easier ... Ask the girls to stick pictorial clues on a map of the United Kingdom. Talk about the pictures first and what they mean to the country concerned. You could include national emblems, costumes and landmarks.

Welsh cakes

Tasty Welsh treats to try at your meeting.

Rub the fat into the flour then mix in the sugar and currants. Beat the egg and add it to the mixture, along with enough milk to form a soft, but not sticky, dough.

Roll out the dough - on a floured surface - until it is just over half a centimetre thick. Cut it into rounds with a 5-6cm cutter.

Fry the cakes lightly in the butter or oil, until they are golden brown on both sides - you can cook them on a griddle, if you've got one. Eat the cakes cold, with butter.



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Spring clean

Take part in some community action ideas with help from the Tidy Britain Group

The ideas in this section have been presented by the Tidy Britain Group as part of their National Spring Clean campaign.

The campaign aims to encourage everyone to think about the problems that are caused by litter. Additionally, units can become involved in a clean-up activity.

Paper girl

community

action

Ask each girl to bring a newspaper to the meeting. This could be a local or national paper.

Cut out any stories or pictures that relate to litter, rubbish and recycling — or any other local environmental stories.

Incorporate the stories into a display. Could your unit act on any of them?

Write to the paper to tell them what your unit is doing to help the environment.

Don't forget to recycle the papers afterwards. Find out what recycling facilities are available in

your area. Do you know what the different materials can be recycled into?



Litter louts

This litter project does not involve picking up litter, it is a survey that can be carried out over a number of meetings.

Ask each Six or Patrol to devise a survey which will measure the amount of litter outside your meeting place or another area that you know is littered.

Ask the girls to look closely at their chosen area at the same time each week. Record the results in a table, counting the various pieces of rubbish.

Keep the records simple, such as four crisp packets, six sweet wrappers, five cans and seven other pieces of rubbish.

Older girls could split the rubbish into more complicated sections, such as plastic; metal; food wrappers; product packaging and so on.

Talk about what you have all discovered from the survey and

You will need

- Paper
- Pens and pencils
- Rulers
- Simple map of your local area

how you could improve the areas you looked at.

Think about the most common types of litter, where it has come from and how it has got there.

If you do decide to pick up litter, use heavy duty gloves and/or a special litter picker.



Warning

- Take care around busy areas and don't go anywhere that may be unsafe.
- Never pick up anything that may be dangerous, such as broken glass or a hypodermic needle.



For Rainbows

Collage fun

Split the Rainbows into groups. Ask one group to draw a picture of an area that has not been spoiled by litter. The other group draws a picture of an area that is strewn with litter.

Draw the pictures on extra large pieces of paper - old rolls of wallpaper are ideal. Make the activity more exciting by using collage.

Into extra time

When you have finished your pictures, talk about the differences between them. Think about why litter can be dangerous and what effects it can have on wildlife.

Clothes swap

Recycling doesn't just mean taking a trip to the bottle bank. There are lots of other ways that you can recycle the things that you no longer need.

Invite all the girls to clear out their wardrobes and bring an item of clothing that they don't want to the meeting.

Decide whether you are going to swap clothes with each other or sell them at knockdown prices. Any that are left over can be donated to a charity shop.

Guiders' note

- Do check with parents first, so that girls don't bring in something they shouldn't!
- Always be sensitive to girls' circumstances, this activity may not be suitable for all.



Compost bin

Compost is a 'magic' natural ingredient that can help to make your garden or window boxes grow!

The best thing about compost is that it's free, natural and made from recycled waste.

If your unit likes to grow things, then have a go at making compost with a mini compost bin. You need an old plastic bucket or container with a lid. Punch a few small holes in the sides.

Gradually add kitchen waste to the bin, such as vegetable trimmings, as well as grass cuttings and layers of torn newspaper. Don't add meat, fish or cooked food as it may attract vermin. Keep the lid on tight.

After six to eight months the compost should have rotted down, ready for you to use on a garden or window box.

Top tip

Keep the box somewhere where it won't attract vermin - and where it won't matter if it starts to smell!

Litter code

Ask your unit to illustrate the Litter Code (below) with pictures, posters, poems or drama.

- Put your litter in the bin.
- If there is no bin, make sure you take your litter home.
- Chewing gum and sweet papers may only be small but they are still litter - the bin is the best place.
- Report any litter eyesores to the cleaning service department of your local council.
- Keep your own area free of litter.



Useful junk

Recycle two plastic bottles into a camp toilet roll holder!

Idea: Enid Lacey

This toilet roll holder is the ideal accessory for your camp toilet tent. It costs next to nothing to make, keeps your paper dry - and the seethrough plastic even gives it this season's look!

Cut two funnel tops from the

one of the bottles, to make a tube. Make a slit in the tube, the same width as a piece of toilet paper.

Put a toilet roll in the tube and feed the paper through the slit.

plastic bottles. Now cut the remaining end off

Into extra time

Bring along extra plastic bottles and challenge the girls in your unit to think of a whole list of useful things that they can make out of plastic bottles.

Once they have come up with a long list, the girls can then get into groups and make something.

Here are some ideas for bottle transformations: plant pots, a rain gauge, instruments, skittles and puppets.

You will need

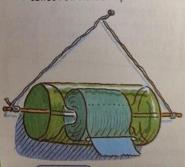
- 2 large plastic bottles
- String
- Sticky tape
- Scissors
- A piece of stick bamboo

or dowel are ideal

Look at the picture to help you assemble the finished article.

Push a funnel into either end of the tube, with the narrow end fitting into the toilet roll. Now insert the stick along the full length. The stick should be about 3cm longer than the assembled bottles

Tie string to either end of the stick and then hang the toilet roll holder up.



Top tip

Cover any rough plastic edges with insulating tape.

- Protect the countryside from litter — items made from plastic, tin and aluminium take a long time to decay.
- Make sure that rubbish left out for refuse collectors is securely contained in a bin or bag, so that it does not escape and become litter.
- It is okay to pick up someone else's litter and put it in the bin.
- Always take great care with something that is pointed, jagged or sharp - ask an adult to pick it up instead.

Top tip

Make up a litter code that applies directly to your meetings and your meeting place.

Display it where everyone can see it. You could introduce a system of fun 'fines' for anyone who breaks the code. Fines could include taking out the rubbish, organising a game and so on.

Egg-cellent Easter

Egg-citing games to play and chocolate to eat

This year, Easter Sunday falls on April 23, which is also St George's Day and Shakespeare's birthday!

Easter Sunday is always the first Sunday after the first full moon after the Spring Equinox on March 21. This is why the date differs from year to year.

Egg roll

The night before your meeting, you will need to hard boil four eggs.

Divide the unit into four (if you want more teams, boil more eggs) and give each team an egg. The girls then run a relay race in which they have to push an egg along the floor with their noses, then pick it up and run back to their team.

Keep going until everyone has finished.

Make it harder...

Let the Senior Section play with fresh eggs, not boiled ones — but don't tell them!



For Rainbows

Eggs-travaganza

Start collecting plastic capsules – the sort that come inside hollow chocolate eggs, with tiny toys in them – you'll need lots of them for this Easter treasure hunt.

Write clues on slips of paper and then pop one inside each capsule. Number the capsules and then hide them around your playing space.

Each clue should lead to another — the last clue can lead to treasure.

Make it easier...

Write each child's name on a slip of paper and put one inside each plastic capsule. Hide the capsules and let the children look for them.

When a girl finds her own, she can bring it to you and swap it for a chocolate egg.

You will need

- Fondant-filled chocolate eggs (one for each girl)
- Digestive biscuits
- Marzipan
- Pink and green food colouring
- Dessicated coconut
- Black and white piping icing
- Melted chocolate
- A cocktail stick

30 mins

Mix the coconut with a drop of green food colouring so that it is all covered — you'll need about half a tablespoon for each person.

Cover a digestive biscuit with melted chocolate and sprinkle coconut on top. Knead a drop of red food colouring into the marzipan to make it pink.

Chocolate pig

Model four cylindrical shapes from marzipan for legs, and make a snout.

Many thanks to readers Helen Hodgson and

Gwyneth McGuinness for these ideas.

Stick the legs on to the egg with melted chocolate and stick the snout on to the pointed end. Use the cocktail stick to make two holes in the snout. Make a tail from marzipan and stick it on to the back of the pig.

Pipe on eyes with the white icing and then put a blob of black icing in the middle.

Finally, place the pig on top of the coconut-topped digestive.



Make it easier...

Make all the components beforehand so that younger girls just have to assemble them.

Make it harder...

Challenge older girls to adapt this idea and make other chocolate-based animals, such as a hedgehog or tortoise.

When the balloon reaches the end of the line, the last girl puts it in the box or bucket, runs for another, and joins the other end of the line to start again.

Time the girls for two or three minutes. At the end of the time award team points for each 'egg in the basket'.



Egg box

You will need

- Balloons in three different colours
- Three boxes, buckets or other
- large containers
- A stopwatch or timer

The aim of this game is to put all your eggs in one basket!

Divide the unit into three teams. Blow up at least five balloons for each team — each team should have its own colour.

Place all the balloons at one end of the room. The teams line up at the other with boxes or buckets behind them. The first girl in each team runs to collect a balloon.

Team-mates must pass the balloon along the line — the catch is that they can't use their hands and must pass the balloon wedged between their chin and chest.

Pretty basket

You will need

- A section of a two-litre plastic pop bottle, cut I I cm from the base
- Glue
- Scissors
- Needle and cotton
- A piece of lace 60cm by 9.5cm
- Sticky tape
- A length of ribbon, 25cm

by 2.5cm

40 mins

Cut a 2.5cm strip from the top of the pre-cut bottle section. This is the basket handle. Stick ribbon along the length of the handle. Now fix the handle to the base with sticky tape.

With the needle and cotton, make running stitches along the top of the whole length of lace. Gather up the lace, by gently pulling on the cotton, to make a 'skirt' for the bottle.

Glue the lace in place. The basket is



Cooks' club

If your unit likes making Easter goodies, then why not encourage the girls' cooking skills with Lyle's Junior Cooks' Club?

Run by Tate and Lyle - the sugar producers - anyone aged between five and 10 can join the club for free. Members receive a mini-magazine, a badge and lots of other goodies.

If any of your girls would like to join, get them to send their name, address and date of birth to: Lyle's Junior Cooks' Club Membership, PO

Box I, Basildon, Essex SS15



with activities that are especially for Rainbows festivals

May hats

Make a simple May Day hat from a strip of card stapled into a circle.

Girls can decorate their circlet with tissue paper flowers. Finish off by attaching multi-coloured streamers made from crépe paper. The streamers will look like those on a maypole.

May dancing

Celebrate spring

You will need

- A cassette player
- Folk or barn dancing music with a countable beat

Rainbows will love this simple version of maypole dancing!

Get everyone to stand in a circle and join hands. Switch on the music and then call out the instructions.

- Everyone dances six steps to the left
- Everyone dances six steps to the right
- All clap hands six times
- Join hands and walk to the middle for six steps
- Walk back again
- Clap your hands over your head six times
- Clap your hands to the right
- Clap your hands to your left

Repeat the instructions from the beginning again.

Well dressing

You will need

- Tin foil pie plates
- Damp sand
- Small stones or twigs
- Other natural items petals, moss, seeds and leaves

Talk with the Rainbows about well dressing. This is an old English spring custom where villagers

20 mins

decorate their well to give thanks for pure water.

Each girl can then make her own well dressing plate. To do this, fill the plate with damp sand and smooth it down. Mark out a picture using a stick - this could be the outline of a flower or a bird.

Use the small stones or tiny twigs to outline the picture. Fill in the picture with the petals, feathers, leaves and other natural materials.

Lay the well dressings around the grounds of the meeting place. You could have a well dressing trail ask mums and dads to join in when they come to collect the girls.

Farm fun

If there's a city farm near you or you know a friendly farmer, then take the Rainbows to visit new animal babies this spring.

Girls can enjoy a cuddle and a stroke, as well as finding out where animals live.

Make it harder...

Include more complicated moves in the dance.

For example, alternate people walk to the middle and back; face partner and pat hands together as the girls get more familiar with the rhythm.

This activity helps the girls learn to listen carefully and move to music, as well as listen to instructions.





Book Cover to cover

It's National Book Day on March 10

Guiders' note

Guiders! If you need additional information about Book Aid International (BAI), then you can refer to January's Hotline.

Don't forget to let us know all about your BAI projects and any ideas that you would like to share. We'd also love to see your photos of any BAI activities your unit takes part in.

Sign this

Authors sometimes launch their new books with a signing session at a bookshop.

Approach your local bookshop and ask them if any local or nationally-known authors will be visiting the shop. If there are any visits planned, let the shop know that your unit would like to come along.

You may be able to put questions to the author as well as obtain his or her autograph!

Into extra time If the girls have enjoyed reading a particular book, encourage them to write to the author and tell him or her.

Literacy help

There are many different reasons why some people are unable to read. As a unit, talk about what these reasons might be - for example, lack of education, poor eyesight, dyslexia and so on.

Having poor levels of literacy can make everyday tasks especially hard. In small groups, think about all the simple tasks that would be a lot harder if you couldn't read very well.

Plan a route around your area - you may like to provide maps. Ask the girls to mark down anything that they have to read en route - such as street names, shop signs, advertisements, menus and so on.

Guiders' note Turn to page 20 for this month's exciting BAI feature.

Into extra time

Find out about literacy schemes in your area and use your new-found knowledge in a community-based project.

Make it harder ...

Older girls can discuss how they feel about performing animals in real life.

Read aloud

Many people love being read to and listening to stories, regardless of whether they are able to read for themselves or not.

Senior Section members and Guides might like to visit a Rainbow or Brownie unit and read a story to the group.

Alternatively, the girls may like to start a service project reading aloud to residents in a hospital, a centre for the blind or a care home.

Into extra time

- Where is the most unusual place that any of your unit has read a book?
- Listen to a book on tape or being read on the radio, Talk about how different voices and sound effects make a story come alive. Perhaps you could record your own story - complete with sound effects.
 - Make a collection of taped stories and give them to a home for the elderly.



Is it real?

Take the girls to the library and choose a picture book with animal characters.

Find illustrations that show the animal characters doing something an animal cannot, or would not, do such as a bear riding a bicycle or an elephant playing a trumpet. Talk about the fact that although animals do not really do these things, it doesn't stop the book from being great!

For Rainbows

Rhyme and reason

Hold a special meeting based around nursery rhymes.

Read and sing your units' favourite rhymes, along with a selection of new ones.

Make collage pictures to show scenes and characters from the rhymes - such as Miss Muffet and the spider, Baa Baa Black Sheep

During the meeting you could serve a nursery rhyme snack, for example, some tarts made by the Queen of Hearts.

Book search

Find the BAI-related words in the grid on the right (some letters are used twice).

When the left-over letters are read from left to right, they spell out a phrase that explains just what your BAI collections will do.

fiction fact paperback biography poem novel library read author hardback character shop story picture review rotary page aid book fun

The remaining letters spell out the phrase: Help children in many other countries.

Pick a poem

A good poem paints a picture in words.

Poems can be great fun. Look out for children's poems by Spike Milligan, Roger McGough, Kit Wright and Michael Rosen. You should find their books in your local library.

Choose a poem to read to the girls and suggest that they try acting it out.

Reviews

Ask the girls to write a simple book review.

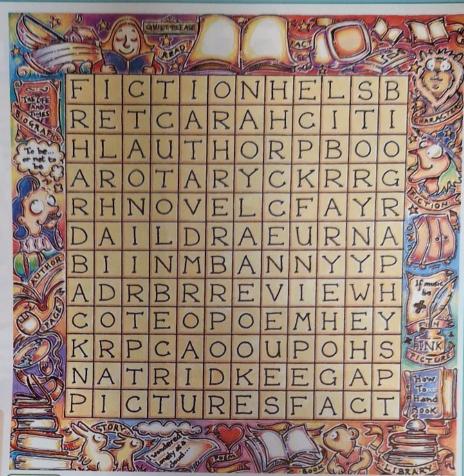
Write the following sentences on an A5 sheet of paper. Leave space for the girls to fill in the details and decorate them.

My favourite book is called...
It was written by...

The book is about...

I like this book because...

Ask your library if they will display your book reviews. Other people will then be able to read the books that your unit has enjoyed.



Top tips

■ Get the girls to write a poem using the letters of their names. For example, this poem could have been written by Jane:

Jump for joy I'm here,
Always on the move

Never slowing down or stopping Everywhere I go.

This type of poem is called a single acrostic, as the first letter of each line spells out a word.

Make up more funny rhymes about yourselves — the sillier the better.

Dress up

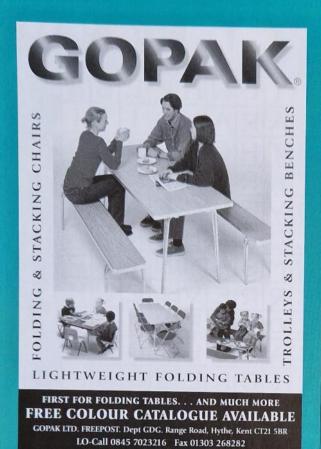
Even if you have missed
National Book Day on
March 10, your unit can still celebrate with a fancy dress evening.

Choose characters from your favourite books and then dress up as them for a meeting. As well as looking like the different characters, encourage girls to act like them too!

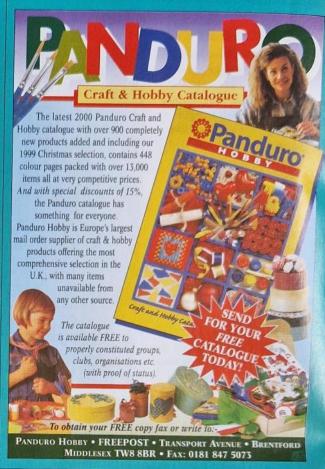


Top tip

- Hold a Mad Hatter's tea party
- Involve all the different characters in a short play
- Take pictures of yourselves in fancy dress and send them to Guiding magazine!



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Think BIGI

Make planning a large-scale event easier with this useful checklist

By Jennie Lamb

Development Manager, Adult Support, CHQ

Many Counties and Divisions and Districts held big events to celebrate Thinking Day 2000, using the celebration planning pack.

This pack included hints for organising a successful event which many planning teams found useful.

The checklists below are designed to help those planning large outdoor events for June 24.

Facilities

- Are refreshments to be provided or will they be on sale?
- Are food preparation facilities adequate?
- How will water be heated?
- How will activity leaders be provided with drinks? Will they be delivered to leaders, or will they be able to collect refreshments? If so, will they have a separate service point?
- Are there enough toilets?
- Who is responsible for cleaning toilets and replenishing toilet rolls, paper towels...?
- What provision is there for supplying and disposing of sanitary protection?
- What are the arrangements for dealing with rubbish? Are you responsible for clearing it from the site?
- How can you ensure that it will be a really memorable experience enjoyed by everyone who attends — including the planning team and the workers?

What is 'large-scale'?

Unless the event is residential, there is no set number above which an event is considered to be large. For an inexperienced planning team, Brownie Revels with six units and around 100 Brownies is large. But 100 is only two coach loads, and many County organisers are used to events with 25 coach loads of girls happening every year.

Reviewing your plans

Three months prior to the event is a good time to review your plans:

- Has everything we've planned been confirmed?
- Now costs are known, has the budget been recast?
- Revisit the pros and cons of the venue you have chosen. Has action been taken to reduce or resolve any difficulties?
- What plans have been made for wet or extreme weather conditions?
- Are you adequately insured? What about any hired equipment, and so on?
- If you have to cancel, how will you let everyone know? Have you considered cancellation insurance?
- Are the organiser and other key members of the team backed up, and do their deputies have a thorough understanding of the event?

- Has the message got to all units — do they have the information they need to inform parents and get permission for adventurous activities and so on?
- Have you stressed to everyone the required ratios of adults to girls?

First aid

- Who is going to be responsible for first aid?
- Where are they going to be based?
- Do they have easy access to a telephone?
- Will Guiders be responsible for taking girls to the first aiders, or can they be called out?
- Will they be contactable by radio?

Responsibilities

- How will the organiser be contacted during the event? Are radios available?
- How will the organiser contact others are loud-speakers or PA systems going to be available?
- Have contingency plans, evacuation procedures and incident management plans been shared with all the appropriate people?

Visitors

- Are special guests invited to the event?
- Who will be playing host to the VIPs, the Press, and so on?

- Have you planned a press release?
- Has a photographer been booked for the event?

Transport

- Where will participants be dropped off?
- Where will cars that are staying be parked?
- Who will be organising the parking?
- Has provision been made for drivers and/or passengers with disabilities?
- Where will coaches park?
- Will you provide facilities for coach drivers?
- Will people need to drive around the site? What about speed restrictions?
- Have you set deadline times when deliveries and other vehicles must be taken to parking areas?

Security

- Is the site open to the general public?
- Where can belongings and valuables be kept?
- Have you set up a procedure for lost children?
- Do you need to provide 'patrols' at road crossings?

Hopefully, this checklist will go some way to ensure that your event goes without a hitch — so that you, your team, and all the participants, can relax and have a great time.

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Netherurd House, Blyth Bridge, West Linton, Peeblesshire, EH46 7AQ A means of support and development is on hand for every Trainer

By

By Wendy Goodhind

Being a Trainer can be a lonely job, but it can also be the most supported job in Guiding, because every Trainer belongs to a Trainer Support Group.

It is through this support group system that care is given to the individual Trainer working within a group of committed Guide Association members and advisers, with a programme decided on by the group's members which meets their individual, varying needs.

Joining a group

The members of the group are either those who already hold the Trainer qualification, or those working towards it. As people give up being a Trainer and new ones opt into the system, so the groups change in membership.

Those new to training are linked to a Tutor who acts both as mentor and coach, and who will ensure that joining a support group is fairly straightforward.

It may be that you choose a group, the group chooses you or that your Country and Region places you in one after consulting you and the group concerned. The important thing is that the Trainer belongs to a group which she feels will give her the necessary support for her development as a Trainer.

Accessibility

The support group must be accessible to all its members, and sufficiently flexible for

new members to feel that their circumstances will be taken into account.

It is probably easier to overcome issues relating to individual transport, family circumstances, mobility, financial limitations, shift work, on-call commitments and so on, if groups are more localised.

A group of Trainers living in a specific location but which covers two or three Counties or even Country/ Regions, should work just as well as one in which everyone is from the same County.

Trainer Support Groups can divide if they get too big, or join up if too small. Normally there would be no more than eight to 10 people in a group, although others might be invited to the group's meetings at specific times — for example, a County Training Adviser or Chairman.

Functions

The primary function of the Trainer Support Group is to help each Trainer through the ups and downs of her voluntary role. After all, it is one undertaken in addition to holding at least one position in Guiding as a Guider, an Adviser or a Commissioner.

The groups also exist to:

- Create a safe place in which members can share the good times and the not so good this raises questions of trust, confidentiality and individual care.
- Seek opportunities for each member to develop her own training expertise. For example, information giving, experimenting with training methods in a supportive environment, and practising specific techniques.

- Help each member plan her own development for the next year or more — and see it through.
- Identify materials, opportunities, and personnel which might support the whole group or individuals within it.

Participation

As each Trainer is to be asked to include details of support group meetings in her Annual and Triennial report forms, it is important that each member participates in group meetings.

It is therefore vital that all members feel comfortable in the group. Whether they are new or experienced, Trainers should feel able to change groups — but be prepared to say why.

Groups should meet regularly — probably about three times a year. It is important that each group prepares its agenda in advance, so that members can come prepared to participate.

The new qualification
Each Trainer Support Group
should be underpinned
specifically by one unit of
the new Adult Training
Qualification—the unit that
underpins the qualification
as a whole.

Called 'The Ethos of Guiding', this unit was produced in-house by The Guide Association — unlike seven other units which were taken from the training syllabus of an external body.

All existing Trainers will receive a copy of the Adult Training Qualification – Training Opportunities – later in the year.



Programme changes

Here, in the first of three articles, changes to the Guide Section Programme are outlined

In January's issue of *Guiding magazine* the background to the renewal of the Guide Section was explained, and the components of a renewed Guide Section Programme were outlined.

The current Programme has been added to, and built up, over the last 30 years, which has resulted in quite a complicated system. We have now gone back to first principles, trying to draw on the best of the past, while making the Programme relevant for 2000 and beyond. In the new Guide Section there will be much that is familiar, and some that is new.

The major emphasis of the renewed Guide Section will be the delivery of the Five Essentials of Guiding through the Programme.

Working in groups

From this autumn, a new series of themed Patrol resources – which are going to be called *Go For Its!* – will be available. Coming in a variety of formats, they will build on the success of the existing *Go For It!* publication.

Patrols should base their Patrol time on each themed activity for about six weeks. Themed activities in the pipeline include: Go For It Teamwork!, Go For It Peace!, Go For It Healthy Eating!, Go for It Parties!, Go For It

Although
many units have
a tradition of
camping and holidays, some Guides
are still missing out.

The aim is that every Guide would have the chance to have a residential experience within a twelvemonth period.

This could be done by organising one-night sleepovers, taking part in Division, District and/or County events, running their own event, or joining with units where this tradition is already well established.

Taking charge

The renewed Programme and planned publications will make it easier for Guides and their Patrols to plan their own Programme and to take part in the running of and decision-making in the unit.

Self-assessment and peer assessment by Patrols, and through the Patrol Leaders' Council, will be emphasised. Guides will maintain their own records of achievements and progress.

Caring for individuals

The renewed Programme will continue to emphasise caring for the individual.

When a girl joins a unit, the Guider will have a pack that will give her a standard welcome to Guiding and provide all the basic information the girl

basic information the g will need.

A special emphasis will be put on belonging to the unit — a special place for the girl in the Patrol, a role to play in the unit, and adults to help.

Interest badges give Guides an opportunity for individual development, reward sustained effort and recognise achievement. The number and content of badges will be reviewed. Some will be combined, new ones will be introduced, and most will be linked to the *Go For Its!*.

Certain badges will continue to highlight Guiding traditions of being prepared, and developing skills that are useful in the community.

Guides will be able to work for "The Ultimate Guide badge" — an individual challenge that will reward teamwork, sustained effort, and participation, and challenge each Guide to realise her potential.

Participation badges will be awarded for taking part in the Programme, commitment and making a positive contribution to your Patrol. By The Guide Section Development Group

Common standard

One new element of the renewed Guide Section will be that each unit should draw up its own individual Unit Charter. This will encourage commitment to a common standard and form a code of behaviour for all members of the unit, including leaders.

The Promise Ceremony will be highlighted as a 'mountain top moment' with Guides who will be

free to make their Promise when they feel ready.

Balanced and varied

There will be five 'zones', which will run throughout the Guide Programme:

Healthy Lifestyles: Promoting physical, emotional and spiritual wellbeing.

Global Awareness: Learning about global issues and the contribution each Guide can make.

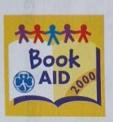
Discovery: Challenging Guides with new experiences and adventures.

Skills and Relationships: Developing self-confidence and self-worth and improving interpersonal and life skills.

Celebrating Diversity: Promoting active citizenship, and developing awareness of rights and responsibilities for all.

The weekly Unit Programme will be enhanced by Association and Country and Region initiatives such as the Book Aid International Service Project. Further variety will be encouraged with the ongoing publication of new *Go For It!* themed activities.

Guiding for girls should be active, involved, participatory, and fun. It is for the leaders to ensure there is a balance — and progressive development for individuals.



Demystifying dyslexia By Nikki King

Help girls with dyslexia to be fully involved in your meetings

About 10 per cent of the population are dyslexic to some degree. It is likely, therefore, that you will have at least one girl or adult in your unit at some time who has dyslexia — and you may not know who that person is.

So it is important to be aware of how you can adapt activities so that members with dyslexia, or other literacy difficulties, can participate fully.

Associated problems

Others' lack of understanding can make people with dyslexia feel frustrated and isolated. This can result in aggression, loneliness or a lack of confidence.

If you've been told that a girl has dyslexia, consult her parents or guardians first, to identify any special methods they use to solve difficulties. Find out about the girl's strengths and encourage her in these.

Planning meetings

Ensure that, wherever possible, girls with dyslexia are not singled out by special arrangements — plan activities carefully beforehand.

How others see it

People with dyslexia do not all have the same problems with reading. For some, text can appear as if it is upside down; others see a mirror image; letters or words can be omitted.

Some have 'lateral disorientation' where words, or parts of words, appear in the wrong place. For example:

humand spirof intere.test Wef ita nda namile Wh culties mustdiff havef acquestion eth haveseds noe ithw...

a test of human spirit and integrity. While few question the difficulties he must have faced having only one arm to work with...

Source: Dyslexia How Would I Cope? by Michael Ryden; Jessica Kingsley Publishers.

Have information to be taken home pre-written for everyone. Or, use visual prompts — such as a paper plate to be filled with cakes for the next meeting.

Giving instructions

Allow more time for girls with dyslexia to follow instructions, but don't make the mistake of equating dyslexia with lack of intelligence. Many people with dyslexia are exceptionally creative, and can often show an ability to think laterally.

The wording of instructions can be a problem. For example, if you say: 'For next week's walk in the woods, where the footpaths will be muddy, bring your boots', a girl with dyslexia will find it harder to work out what you are asking for, or why. So re-word to: 'Bring your boots for next week's walk in the woods. At this time of year the paths are muddy'.

The girl may have problems with sequencing, and instructions can be quite confusing for her unless she can see how it is done first. When introducing new ideas, use diagrams and pictures, or demonstrate with actions to help explain what needs to be done.

For written instructions, try to keep sentences short and put the verbs near the nouns.

Inclusive activities

Orally, a girl with dyslexia is usually equal in ability to her peers.

Encourage group discussions, and where information is to be written down, use colour, diagrams, charts and mind maps to help all the girls remember. Avoid lists and summary writing.

Dyslexics may be reluctant to write down words, so write these clearly before the activity so that they can be copied.

During outings or outdoor activities ensure, unobtrusively, that girls with dyslexia are part of a group who can help them with timetables, signs, and so on.



Famous dyslexics include: comedian Eddie Izzard and Albert Einstein

Aiding coordination

Confusing left and right is common for dyslexics, so be careful with instructions. Instead of just saying: "When I shout "lions" go to the left corner', it is better to point to where you mean, too.

When girls need to respond during a game or activity ask them to turn to where they mean rather than answer 'left' or 'right'.

If you hold out your hands in front of you (palms down) and stick your thumbs out, your left hand will form the letter 'L'. Get all the girls to try this, to help them remember left from right.

If girls show signs of difficulty with coordination, introduce fun team games which help develop coordination but do not single out winners or losers.

Getting help

Approach your County Adviser for Members with Disabilities via your County Commissioner if you need advice about or support in accommodating girls with disabilities in the unit.

Useful reading: Including Disabilities, available from Trading Services, priced £4.00, order code 63586.

 Useful contact: The British Dyslexia Association, 98 London Road, Reading, Berks RG1 5AU. Tel: 0118 966 2677. Helpline: 0118 966 8271.

Posters, such as the one featured on this page, are available from the BDA.

Peace on earth

Bringing the dream of world peace one step closer By Kirsty Hardcastle



Peace is a word you will be hearing a lot during 2000. This is because the United Nations has designated the first year of the new millennium the International Year for the Culture of Peace.

Once again Guiding is setting the standard! Peace has been one of the six key elements of the WAGGGS double Triennium theme of Building World Citizenship since 1997.

What is a culture of peace?

According to the United Nations, a culture of peace is: 'all the values, attitudes and forms of behaviour that reflect respect for life, for human beings and their dignity and for all human rights; the rejection of violence in all its forms and commitment to the principles of freedom, justice, solidarity, tolerance and understanding among peoples and between groups and individuals.' Put in simpler terms, it is what The Guide Association has been doing from its very beginning.

The UN has planned a calendar of events to celebrate this landmark year - a year when the whole world looks towards the future and a new beginning. If you feel that you want to do something to show your solidarity for world peace, there are lots of ways to become involved.

Manifesto 2000

Manifesto 2000 is a series of statements to which people can pledge their support. It reads: I pledge in my daily life, in my family life, my work, my community, my country and my region to:

- Respect all life.
- Reject violence.
- Share with others.
- Listen to understand.
- Preserve the planet
- Rediscover solidarity.'

To find out more about Manifesto 2000 or to sign the pledge, either go to the Web site at: www.unesco.org/manifesto2000 or write to International Year for the Culture of Peace, UNESCO, 7 Place Fontenoy F-75352, Paris 07 SP, France.

All the Manifesto 2000 pledge signatures will be presented to the UN General Assembly in September 2000.

Messengers of Peace

Alternatively, you could become part of the Messengers of Peace project. The artist, Pierre Maraval, is collecting individual portraits of people (photographs sent via the Internet) along with each person's message of peace. The images and sentences will then be projected in one minute sequences, some quickly, some focusing for a little longer, as a continuously evolving image. The artist aims to collect one million portraits by the end of the year 2000.

To submit your own picture and message of peace you will need to log on to their Web site, www.messengersofpeace.org, which should be in operation later in the year.

Do it yourself

While these are great ideas for getting involved with a large-scale peace project, don't forget that there are many ways in which you can work towards peace in your own community.

Why not find out if there are any

organisations in your community or town which support refugees or send aid packs to areas of unrest? They may even be able to help you with some programme ideas.

The more people that want peace, the more likely we are to achieve it. As one of the girls who attended the World Camp put it: 'Peace should be everyone's dream - and remember, all dreams have to come true eventually."

Legends of Peace

Another way to get your girls thinking about peace in the year 2000, is to write your very own Legend of Peace. Lots of girls who went to the World Camp in the summer of 1999 wrote legends you can read them by visiting www.gn.apc.org/peacelegends.

The deadline for officially submitting a Legend of Peace has already passed, but there is nothing to stop you having a go in your meetings. The organisers of the project invite you to create a story that describes the world you want to live in in the new millennium - your story should be in the style of a legend, with a hero or heroine, tests of courage and a final challenge for them to overcome.

Groups from around the world will present their legends through drama and music in a festival that will take place in either Malta, Slovenia or Costa Rica this summer.



Girls at last year's BGIFC camp did their own bit of sharing and listening



Recruitment Good planning will make all the difference to your recruitment drive

By The Recruitment Toolkit Working Party

Think about something that you have planned in the past year. It could be a holiday, your child's birthday party, a camp or a Pack Holiday. Think about all the questions you had to ask yourself to ensure that it was a success.

Good planning is important, whatever you are doing. Whatever the scale of your recruitment drive, it is essential that you put together a clear plan detailing how you are going to do the work. It gives everybody involved a clear focus for your work and helps you to keep track of how you are progressing.

Setting targets

Ask yourself how many new recruits you are hoping to attract five, 15, or 55? It is important that you - and your team - have a clear understanding of what you are seeking to achieve through your recruitment drive.

In setting your targets, it would be a good idea to look at the

needs of the Guiders in your area and also the needs of the community which your recruitment drive will be focusing on.

Write your targets down. Let other people see them. The first time you carry out a recruitment drive you may have no idea about what targets to set. This does not matter. If you carry out another recruitment drive in the future, you will have something to refer to, and some knowledge of what can be achieved.

It's good to talk

How often have you complained because you didn't know what was going on - at work, at home, or in Guiding? How did that make you feel? Demotivated? Uninvolved? Unenthusiastic?

With something as important as your area's recruitment drive, it is essential that you keep everybody informed and involved every step of the way.

Keeping people informed about what is going on and what has been planned makes them feel as if they are part of the action, motivated, and proud to be involved in Guiding.

And, whatever you do, it is important that when you have devised your plan, you write it down and share it. It is no good if the plan is only in the heads of recruitment team members.

Writing it down will help you put into words what you want to achieve, but it should not be too long or people will not read it. If you can, summarise it on one sheet and distribute copies around the area.

Revising the plan

Even if the project you have been involved in is a one-off for you, others may benefit from your suggestions about how the plan should be revised or adapted for the future.

You may not have met your original objectives for the work. but you may have learned new things and have new ideas about

If you have planned your work successfully, think about what fun you have all had and how much you have learned — and how

what needs to be done. And so the process starts again.

many new people you'll have to help you next time!

10-step plan

- 1. Agree the aims of your recruitment drive within your team
- 2. Work out in your team how you will do the work
- 3. Set targets for the work
- 4. Agree who will do the work in your area
- 5. Set a realistic timescale
- 6. Work out what resources you have, or require
- 7. Communicate your plan to others outside your team
- 8. Do the work
- 9. Measure your progress
- 10. Revise your plan

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Reach Out and Recruit Month

By The Reach Out And Recruit Month Working Group

Friends 2001 — the Recruitment badge

In last month's *Hotline*, we told you about the Recruitment badge and how girls will be involved in recruiting new members — girls, adults and helpers.

The girls themselves are the best advert for Guiding, in that they promote a positive and fun image — just by enjoying themselves in their Guiding activities.

Making friends

The Recruitment badge, 'Friends 2001', is about girls making friends with others who are not involved in Guiding. The aim is to encourage new members to join the Movement by showing them the wealth of opportunities that Guiding has to offer.

February's *Hotline* lists methods you might use to promote Guiding, to recruit adults and/or girls. You may have already tried some of these yourself — what worked and what can be improved upon?

Recruit a friend

As previously mentioned, the girls themselves are often the best people to recruit new members. Bringing a friend to an exciting unit activity usually reaps rewards. If a girl brings a friend to her Unit meeting, it is important that she helps her friend to understand what happens during the meeting, so that she feels welcomed and included.

Don't forget that to get her badge a girl needs to:

- Bring a friend, of the relevant age, to an exciting unit activity of her choice.
- Look after her friend and make sure she understands everything that is happening during her visit.
- Talk with the friend about her visit and invite her to join.
- Welcome and support her friend when she joins.
- Choose an activity that they can do together.

Recruit an adult

Anyone can take part in this, you just need to be clear about the roles you have for those involved, and the skills that they bring to Guiding.

Before you recruit anyone, you need to consider what role needs to be filled. Is it a Guider, a crafts or activities person, or maybe someone to do your accounts. Whatever the role, you need to discuss it in your unit and draw up an action plan to help decide how to do it and who is going to help.

Remember you need to:

- Discuss with your Guider, Ranger Council, Patrol or Six, the type of role that is required.
- Draw up an action plan.
- Discuss the plan with your Guider.
- Invite your District Commissioner to meet your new recruit.
- Evaluate your plan. Was it a success, what worked well?

Where to get badges

The badge will be available from your County Badge Secretary. This will help the Association to monitor how many new members join in this way.

The badge is dated Friends 2001, because that's when most of you will be recruiting new members. Look out for Friends 2002!

Recruitment initiatives

Remember that in Reach Out and Recruit Month (mid-September to mid-October) there will be lots of national initiatives that you and your unit can take part in.

CHQ will be organising many PR initiatives to give a great platform for all the publicity that you can generate at a local level. Help will be available and you can always use the skills of your PRA. So why not start talking about this locally?

Tips and hints

- Why not hold a session with your unit to ask girls what they like best about Guiding?
- Ask them to produce a poster or flyer to 'sell' Guiding to a non-member. What are the messages that they want to convey about Guiding?
- Encourage the girls in your unit to hold a session in their school or college depicting a topic or project that they have learned about in their unit.
- Perhaps the girls would like to produce a newsletter telling their friends about the activities they've done during the last term.
- Does your workplace/school have a Web site or Instanet? Could you put an advert on it to encourage new members to join?

Copies of Hotline

Full details of Friends 2001 — the Recruitment badge are in February's *Hotline*. If you would like a copy of this, contact Linda Crichton, Membership Manager, at CHQ.

awards

Association awards

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9th Ramsbottom (St Paul Lancashire South East

on organising a canoeing expedition

Useful advice Paddle your own canoe

By Jane Mason, Guiding Development, CHO

Messing about on the river: Everyone lent a hand to get the canoes in the water

Last year, four leaders and five girls set out on a canoeing trip from Lechlade to Paxmead, Shepperton. They averaged 10-16 miles a day, staying each night at pre-booked camp sites

along the way. Here, we pass on some tips from the group that will help if you are planning a similar expedition.

Get qualified

The qualifications you need to supervise a canoeing expedition will depend on the type of water you intend to go on. For specific details, see page 125 of The Guiding Manual, 3rd edition.

The group decided that everyone going should have at least a BCU 1* canoeing qualification, and insisted on a couple of training sessions beforehand. Three of the leaders held instructor qualifications.

Despite these precautions, you may find, as this group did, that you still have to keep at the pace of the slowest person in the party.

Plan your route

It's best to start by finding someone who has done the same journey. The Guide Association Boating Advisers for the area you intend to canoe in can often help.

The British Canoe Union is the official information provider about the sport. As many waterways are privately owned, the local BCU Access Officer should be consulted before any expedition takes place.

Maps are available - such as Nicholsons and the Waterways World series - which cover the most popular waterways, and British Waterways can supply information about most canals, through its range of publications.

The Environment Agency has lots of leaflets

on related issues and can give advice relating to the size of your group, especially if large numbers are participating.

Both the Environment Agency and British Waterways can supply information about water levels and conditions, as well as about accommodation, camp sites and so on, en route.

Book camp sites well in advance, and check a fortnight or so before your trip - some sites are more efficient than others.

Organise transport

The group found that two drivers were needed. One was always available to transport the canoes with a car and trailer. This was invaluable. particularly when progress was slower than anticipated, and the group fell short of the day's intended destination. Another, suitably qualified driver, transported camping equipment and personal kit in a minibus.

Large-scale local maps are necessary so that canoeists and their drivers can find suitable places to meet. Places easily accessible from the water might not be by land - especially for a car towing a boat trailer. Don't forget to take your drivers' phone numbers with you, in case of last-minute changes of plan.

Get a licence

Most waterways require craft - even kayaks and canoes - to have a licence. These should be purchased annually from the authority which owns the relevant stretch of water. It may be that your journey takes in waterways owned by different bodies — so it is important to check exactly which licences you will need. Licences can be for all ages, or just for young people. Contact the BCU for advice, and details of possible membership discounts.

Essential kit

Your kit list should include: dry clothing, wet weather gear, sun protection, food and drink, first aid kits, any medication regularly taken by group members, whistles, and maps - all sealed in plastic jars or special waterproof bags.

Spare paddles and the wherewithal to mend small holes in your canoes are also recommended.



Useful information

- The British Canoe Union produces two leaflets Enjoy Britain's Waterways with the BCU Licence and Touring and Recreation. The Guide Association's affiliation number 000236/G should be quoted with all correspondence to the BCU. Telephone: 0115 982 11 00 or visit: www.bcu.org.uk.
- British Waterways Customer Services can be contacted at: Willow Grange, Church Road, Watford WD1 3QA. Tel: 01923 201 120 or visit; www.britishwaterways.org.
- The Environment Agency has a central hotline: 0845 9333 111 or visit; www.environment-agency.gov.uk.
- www.guidebook.free-online.co.uk: For help with choosing a river or waterway for your trip — with recommendations from other canoeists.

FOR SOURCES AND RESOURCES

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Maps Reference - Sheet 125-086 245 Send for further information from Blackwell Court International Scout Centre, Agmore Road, Blackwell, Nr Bromsgrove, Worcestershire B60 1PX or telephone: 0121-445-1285 Fax: 0121-447-7442

NORTH OF ENGLAND

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NORTH OF ENGLAND

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FOR SOURCES AND RESOURCES

NORTH OF ENGLAND

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CRAFTS



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News & views

In this section you will find your news, opinions, issues for debate and details of special offers

What a babe

This piglet was one of the star attractions at their local farm for the Brownies of 2nd Romsley Pack, Halesowen, West Midlands. The girls visited the farm on their Pack Holiday, and loved being able to hold and stroke the animals.

Please
keep sending in
your Guiding photos, we
love to see them.
Each month there's a special
prize for the best photo
and £5 for every other

Roughing it

Two brave girls shunned the relative comfort of their tents and sleeping bags, and really tested their mettle sleeping in these all-weather sacks under the stars. The hardy lasses from Hull North Division didn't forget the real essentials though—lots of clothes and, of course, a teddy bear!



-

Prizewinners

Two readers who entered our recent competitions are very glad that they did.

Great craft ideas

I was one of the lucky readers who won tickets to the Festive Country Fair in November's issue.

The seven-hour round trip from Carlisle to Birmingham to join a bustling crowd at the National Exhibition Centre, was well worth it, to see all the wonderful craft ideas.

Thank you we had a great day out!

Margaret Martindale

47th Carlisle Brownies

Perfect panto

The 1st Ballinger Brownies had a really great afternoon out at the Lyric Theatre, in Hammersmith, London—after having won the competition in *Guiding magazine*. Everyone at the theatre was extremely friendly and helpful.

The performance was great fun—the girls particularly enjoyed it when Hansel and Gretel seemed to start eating the theatre mouldings (marshmallows had been cunningly hidden).

The stage manager took the unit in small groups on to the stage to have a

good look around and many of the actors joined us.

photo we print. Please include a sae.

We had a super time. Thank you.

Bridget Harrison

Brownie Guider

South Heath

VAT update

After reading a letter in January's Guiding magazine, regarding the paying of VAT, I have a further question. Is the exemption of VAT only relevant on room rental?

Our Rainbow Unit has a summer activity day every year, which we book through an outdoor activity centre. We have up until now always paid VAT. If we could be exempt from this it would clearly put our funds into a better position.

Is the Guiding Movement as a whole exempt from VAT?

Sue Doyle

Apparently, the situation is that there is no special arrangement for charities – including The Guide Association – that exempts them from paying VAT. If a hall charges VAT, then it must be paid. This obviously also applies to other goods/services. Sorry to have raised false hopes!

Catholic Guild

I am looking into the possibility of restarting the Catholic Guide Guild in the diocese of Brentwood, Essex.

Any Guider, of any section, who is working with Catholic Guides in the diocese of Brentwood – and who would like to join with others for support, training or social occasions – can contact me at the address below.

Linda Browne Rathronan 17 Broadmead Road Woodford Green Essex IG8 0AX

Camp and Holiday scheme

I am in the process of completing the Pack Holiday part of the new training scheme. Initially, the training booklet can look quite daunting, but it is actually very helpful as the format is easy to follow, once you get used to it.

I already have other licences and it is a blessing not having to start from scratch each time to do a new type of licence, or move sections. It is also reassuring that the majority of the modules have been passed before the actual event, which hopefully will make the testers' visit to the event a bit less stressful!

Lesley Murray 201st Glasgow Brownies



Just jousting

The themed Pack Holiday for 1st Feering Brownies, Essex was a truly historical occasion. The girls were inspired by an Activate idea of a Medieval Pack Holiday on a Plate.

Activities included jousting – on hobby horses with lifesize cut-outs for targets – and other medieval games. The Brownies in the photograph are Medieval Stick Wrestling.

Rainbows in rockpools

These Rainbows from the Penicuik Guide District III had a great day paddling in rockpools, and hunting for crabs on their annual outing to Yellowcraigs, East Lothian.

Four coaches full of Rainbows, Brownies, Guides and Guiders had fun on the beach and took part in a sand-modelling competition — creating starfish, octopuses, whales and shells.



Jewispur Carkspur

On reflection

This tranquil scene shows the start of a training session with two Guides from Gloucester and a RYA Instructor in the County sailing dinghy, the Larkspur.

Hopefully the waters remained calm, and it was all plain sailing.

etters

Unit funds

When our new Ranger unit opened a couple of years ago the District Commissioner set about reactivating the earlier Ranger money for its use. It turned out that when the unit closed, the previous Guider had donated all of the funds (approximately £300) to a Guide unit in a different County.

The District Guiders asked the Commissioner to contact the Guide unit and request the return of the funds because we felt they should never have left our District. A carefully-worded letter was written on behalf of the District, informing the Guider concerned of the District Guiders' views.

This has resulted in so much unpleasantness that our District Commissioner is now considering leaving Guiding.

The County Commissioner has been kept informed about what has been

happening since the first contact was made, but the situation seems to be going from bad to worse.

As a Guider and District Secretary what would you suggest that I could do to stop the District Commissioner leaving and help resolve the problem? I am submitting this letter as a last resort to try to get back my respect for implementation of the principles of Guiding.

Name and address supplied

● The Guiding Manual, 3rd edition, page 68, is quite clear regarding funds of suspended or closed units. 'If a unit is suspended, its funds and property are held "in trust" by the District until it re-opens or closes. The District Commissioner must ensure that full records are kept of this.' The Association is not in possession of the full facts in this case, but would welcome any comments from readers.

Happy 50th!

In October this year, the Brownie Pack that I run – the 3rd Barnsley (St Pauls) Brownies, Churchfield District, South Yorkshire County – will celebrate a momentous milestone. The Pack will be 50 years old.

We would be delighted to hear from anyone who has had any connection with the Pack in the past, who would like to help us to celebrate this important occasion.

> Caroline Lindley Brown Owl St Pauls, Barnsley

Write to Caroline at:
 Knowsley Street, Barnsley,
 South Yorkshire S70 6ET

Have you got anything you'd like to share with other readers — or get off your chest? Write, or e-mail to the appropriate address on page 3.

World of Glass

The World of Glass, opening this month, has been designed as a monument to the glass-making industry. Its exhibits include: a demonstration of the properties of glass such as refraction, strength and colour and the oldest remains of a glass-making furnace in Europe.

Visitors can watch a glass-blower at work, and follow a journey through time to see how the use of glass has developed through the centuries. Children especially will enjoy the maze of distorted mirrors, the range of kaleidoscopes, periscopes and the anti-gravity mirror.

The World of Glass can be found in St Helens, Merseyside. Entry prices are £5.00 for adults, £3.60 for children and £15 for a family ticket. There are also discounts for groups of 12 or more people. Call 0870 7444 777 to book tickets.

Guiding magazine has 10 family tickets (two adults and two children) to give away. For your chance to win, write to, or e-mail, us at Guiding magazine/World of



appropriate address on page 3, with your details and the answer to the question below. All entries to arrive by March 31.

When does the World of Glass open?

Arts Day

Girls explored their creativity at Southampton Central Division's Arts Day, where a whole array of new artistic pursuits was available for Guides, Brownies and Rainbows to try out.

Over 300 Guides enjoyed tie-dying, crackle glazing and playing steel

drums. Rangers were drafted in to help with some of the Guides' activities. The Brownies made masks and table mats, and also took part in the dancing.



Winslow girls

Brownies from the Winslow District got a small taste of history - as well as an idea of the future - when they visited eras from both the past and the future.

The girls dressed up in costumes from different centuries in turn, from Medieval times through to the 23rd century. In the appropriate dress, the girls then played a game or made a craft from that era.



was judged in a competition for the District Shield. which was won by the 1st Granborough Brownies.

Millennium tapestry

Girls from Malling Rural District were among over four million young people nationwide who submitted metre-square sections of tapestry for a special millennium project.

The District themed its square on nature and the countryside, and the mind. Everyone had a great time working together with members from three different villages - and felt a great sense of achievement when the square was completed



special offer

Butterfly raising kit The Insect Lore Butterfly Garden® is a fun and hands-on way for children to

learn about life cycles.

Insect Lore was founded by a teacher and entomologist in California in 1969 and the company expanded to Europe in 1994. The life cycles now available to study include locusts, ants and stick insects, worms, silkworms and snails. All the projects are designed to be enjoyed by children aged four to eight.

The Butterfly Garden kits comprise all the elements needed to rear a Painted Lady butterfly from caterpillar to adult. The kit owner sends off a special certificate to Insect Lore and is sent five caterpillars. The life cycle takes approximately three to five weeks to develop.

For a copy of the Insect Lore catalogue, call 01908 563338. You can

also check out their Web site at: www.insectlore.com.

Guiding magazine has 25 Butterfly farms worth over £15 each - to give away to our readers. To enter the competition, send your answer to the question below via post or e-mail to Guiding magazine/Butterfly Farm at the appropriate address on page 3. All entries to arrive by March 31.

Name two insects available as Insect Lore projects.



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S CD-ROM

Ordnance Survey has launched a CD-ROM - the Interactive MapExplorer - which could make getting lost in Britain a thing of the past. Designed for older children and adults, the CD-ROM teaches users how to read a map, understand grid references, and give's advice on choosing and following routes safely.

The Interactive MapExplorer includes 250 colour photographs, video clips, an interactive walking time planner, and a route card template. As an added incentive there is a Treasure Trail competition in each boxed set, the top prize for which is a set of Ordnance Survey maps, worth £250.

The CD-ROMs are available from: Ordnance Survey national stockists, approved educational suppliers, all Silva stockists and many other high street outlets.

Guiding magazine has five CD-ROMs - worth £29.99 each - to give away to readers. For a chance to win, answer the question below, and post or e-mail it, with your details, to Guiding magazine/OS CD-ROM, at the appropriate address on page 3 — to arrive by March 31.

What is the name of the new OS CD-ROM?

And the band plays on

The Mayor of Kingston was among a number of distinguished guests at the launch of the Kingston and Malden Scout and Guide Band's 50th birthday celebrations.

The band has 50 members - aged from nine to over 20 - with almost half from The Guide Association. Further events are planned throughout this year,

including a 50th anniversary concert on May 13.

Anyone interested in finding out more about events or membership can call Band-

Eggitt on 0181 337 8587 or visit the Web site at: http://ourworld.compuserve.com/homepages/diane_ dave_smith/kmsgband.htm.

Joint effort

Undeterred by not having a Camping Licence of their own, leaders of Berwick Guides joined together with Ford and Wooler Guides, Northumberland, and their qualified leaders for a District Guide camp.

The highlight of the holiday was a three-mile canoeing expedition on the River Till. The Guide leaders enlisted the help of instructors

at the local activity who centre led and organised the canoeing.

oversea

First Caribbean Rainbow unit

Mavis Hazell, Adult Helper with the 1st Sudbury Rainbows, is helping to promote Rainbow Guiding overseas by following the progress of the first Caribbean unit that she set up a year ago.

While on holiday in the Caribbean Mavis visited a local school and spoke about her role as a Rainbow Guide Helper. Both teachers and girls were inspired to start the first Rainbow unit in the country.

Despite their extremely limited resources and considerable difficulties, the girls and their leaders are very enthusiastic.

Mavis has recently heard that other schools have made enquiries about forming Rainbow units.



In April's

Caring for the environment Our great activity ideas will help your girls to take a fresh look at environmental issues.

Colour the world India and France are the next two countries in our occasional series of uniforms around the world — for your girls to colour in.



Debate of the age

Three young women were among members who attended the Debate of the Age Final Week.

Free gift

A special treat for all Guides, Senior Section members and leaders.

Books provided by Book Aid International have equipped girls and women in Kenya with the skills to rebuild their lives.

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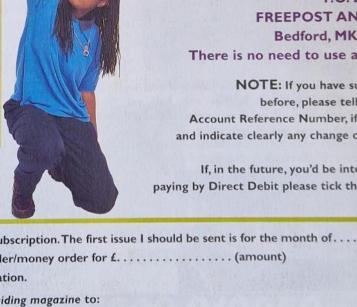
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