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### Welcome

Summer may be well and truly over, but this month you can relive a little part of it, by turning to pages 14/15 for our STOMP photo round-up. Looking at all the photos we received, it's obvious that everyone had a great time and, as usual, the girls enjoyed a wide range of activities. Well done to everyone for all your hard work.

The evenings may be a bit too dark for a while to take your Rainbows out walking, but be inspired by our article on page 23, and plan ahead for spring.

None of us walk on our own after dark if we can help it - we don't feel safe. This fear of being attacked was identified as an issue for 11 to 17 year-olds in the Today's Girl, Tomorrow's Woman report, earlier this year. Our main feature, on pages 18/19, looks at the subject of personal safety and gives some good advice, and information about relevant resources.

Have you booked your tickets yet for GIG 2K — the exciting Guide Day at the Dome on November 18? Turn to page 5 to find out more, including details of the band that will be 'headlining' at the event. You'll find the booking form for GIG 2K in last month's magazine.

And if you want to put on an event of your own, you'll find this year's pantomime script and production notes, in this month's Activate. Plus, there's some great ideas for Christmas giving you lots of time to plan ahead.

### FRONT COVER

Our cover girls are from the 1st Woodingdean Ranger Unit, Brighton COVER PHOTOGRAPHER KELVIN ROGERS



## Inside...

### UPDATE

Keep up to date with Association news. Meet our first Ambassadors and the designer of the new range of Guide wear, and find out about changes to W/R forms

### DEVELOPMENT

Practical advice. How to become a Trainer, taking girls on international trips, translating Guiding for employers, and news of Innovate, SSAGO and the UK Youth Parliament

### SOURCES AND RESOURCES

Packed with information about training, resources, places to go and things to do. Check out the special offer from the YHA

### NEWS AND VIEWS

Over to you — your opinions, ideas, achievements and Guiding experiences. Plus, send off for some great giveaways

### FEATURES

STOMP! photo round-up The fun of the day caught on camera

Personal safety Helping your girls to keep safe

Rambling Rainbows Walking isn't just for older girls

### ACTIVATE

This month, our packed pull-out section features a pantomime script and useful production notes. We also have some great ideas for Christmas — including decorations, cards and wrapping paper to make. Plus a great giveaway.

### Guiding magazina

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Note CHG ornal address chappandes.org.uk

World Wide Wait site acrosses http://www.guides.org.uk

### NEWSNEWSNEWS

### Equipment available

Many British Guide units in Germany have closed, leaving equipment spare. If you need tents, cooking equipment, or flags, contact Heather Farrer on +49 2161 551 588 or Lesley Holroyd on +49 208 477 723. Assistance with freight/postage would be appreciated.

### Science sleepover

Brownies will be able to take part in workshops and demonstrations, at a special sleepover event at the Science Museum on March 23-24, 2001.

Look out for further details in next month's Guiding magazine.

### Big survey deadline

Don't forget to send in your completed Big Survey. The deadline is October 15.

### **Brownies Look East**

The 6th Hellesdon, 25th Norwich and 27th Norwich Brownie Packs enjoyed their 15 minutes of fame during a Pack Holiday in Lowestoft.

The girls were filmed by the BBC's Look East camera crew on the beach with the weather girl, and singing 'Happy Birthday' to the Queen Mother.

### Pack it in

When Mizz magazine decided to run a feature on the best way to pack for a summer holiday, they asked a Guide to help.

Lotte Johnson from the 4th Tollington Guides was one of three girls with packing dilemmas, who appeared in a summer issue of the magazine.

Lotte said: 'It went really well, but they said I had packed too well, so they added things so that it looked messier!'

### New appointment

The County of Birmingham has appointed an International Adviser.

Karen Edwards, who has been involved in Guiding for 30 years, said:



'My challenge as International Adviser is to bring the vast wealth of international opportunities within the grasp of the teenage members of The Guide Association here in Birmingham.'

### Association awards

The following members have been awarded the Star of Merit for Meritorious conduct: Claire Allman, Guide, 1st Hook Norton Guides, Oxon; Amy Trigg, Brownie, 8th Witham Brownies, Essex North East; Mrs Jennifer Wade, Brownie Guider, 1st Bainton and Ashton Brownies, Lincolnshire South; Megan Owen, Brownie, 1st Great Horwood Pack, Buckinghamshire; Miss Charlotte Fennell, Brownie, 12th Rossendale (St James-the-Less) Pack, Lancs East; Martha Taylor, Brownie, 1st Grove St John the Baptist Pack, Oxfordshire. Sadly, since the presentation of her award, Martha has died.

The following members have been awarded the Laurel: Mrs Grace Stuart, County Registration Secretary from East Lothian; Mrs Gillian Moore, Senior Section Adviser/Lone Ranger/Young Leader unit Guider, BGIFC.

# Take up the Challenge

If you are aged between 14 and 26 and haven't yet registered for the Senior Section Commonwealth Challenge, then get your skates on!

Senior Section members who have already registered to take part in the challenge include Young Leaders working in pairs, Ranger groups, and Young Leaders working with Guides.

The challenge runs until August 2001, with each project expected to last between three and six months. It is Commonwealth-wide, and groups whose projects make the biggest impact will be able to take part in a Commonwealth Youth Forum in Manchester in 2002.

For a copy of the Commonwealth Community Action Challenge Poster, and a registration form, call Janine Queeley at CHQ, on ext. 330, or e-mail JanineQ@guides.org.uk.

### Queen's Guide presentations



Samantha Jenks receives her Queen's Guide Award from Princess Margaret

### Princess Margaret - President of The Guide Association - presented 29 Guides with their Queen's Guide Awards at Kensington Palace in July.

For one of the recipients, it was not the first time she had met a member of the Royal Family. In 1998, Birmingham Guider Samantha Jenks was among guests invited to a Young Achievers' Reception at Buckingham Palace.

For her award, Samantha – who uses a wheelchair because of a curved spine and mild spina bifida – raised £300 and collected old tools for the charity 'Tools for Self-Reliance'

### First Aid Guide

A Guide from Weymouth recently gave emergency help when she saw a child knocked down by a car on her way to school.

Using first aid skills she'd learned at Guides, Katy Jones, a member of the 3rd Wyke Regis Guide unit, took control of the situation when adult bystanders didn't know how to help. She asked one man to phone for an ambulance on his mobile, and others to fetch blankets and telephone the victim's parents. She also reassured the victim and the driver, who were both in shock.

Her mum said: 'Katy is being seen as quite a heroine locally, but she says that she was just doing her duty as a Guide and responding quickly and calmly to an emergency situation, as she has been taught.'

Katy is a girl of many talents, turn to page 17 to read her article about dyspraxia.

# Harry Potter sleepover

Brownies recently spent the night at a Waterstones store in London, to celebrate the launch of JK Rowling's latest novel, Harry Potter and the Goblet of Fire.

In return for acting as jumor reviewers of the book for Waterstones, the garls were given a free copy each. The event was mentioned by the *Independent or Sanday*.

Waterstones approached Association following the launch of the Book Aid service project in February.

# GIG 2K

Have you booked your tickets yet for the Guide event of the year? GIG 2K is the exciting Guide Day at the Dome in Greenwich, on November 18.

The day is open to all sections, and as well as all the amazing experiences and activities at the Dome, there will also be special Guide activities in both the huge Schoolscape and Central Arena areas.

A Guide Association Recruitment and Information stand will be available for the public to visit during the day.

At 4.30pm Guides and Senior Section members can attend a concert in the Skyscape, featuring lots of great bands including girl band, Atomic Kitten. The concert is being run in conjunction with Mizz magazine. See the Association's Web site for the latest information, as more bands sign up to take part.

The usual adult to girl ratios will apply for all sections and uniform should be worn. Guiders will be expected to supervise their girls at all times during their visit to the Dome. However, if your group is planning to attend the concert and you do not wish to participate in this exciting part of the day, there will be activities for leaders during the time of the concert and the girls will be supervised.

You can get to the Dome guite

Central London. The nearest underground station is North Greenwich on the Jubilee Line. Coach parking spaces - which need to be pre-booked - are available, but travelling by car is not recommended as car parking spaces are limited, and very expensive. For more travel information, visit the Web site at www.dome2000.co.uk.



easily by public Atomic Kitten will be headlining transport from at the GIG 2K concert

Tickets cost the same for girls and adults. For the Dome only, tickets cost £10 each, for the Dome and the concert, £15. There is no concert-only option.

Booking details were in September's Guiding magazine, are available on the Association's Web site, and have been distributed via County Com-

missioners. Credit card bookings can be made by calling 0870 600 1205

and quoting GIG 2K. A £2.50 booking fee applies.

For more information, please contact Barbara Mathieson or Pauline Jackson at CHQ. Tel: 0207 834 6242 or e-mail BarbaraM@guides.org.uk.

In association with magazine magazine



Skyscape



### **Duke of Edinburgh** Award and Guiding

The Guide Association is now encouraging young women working at any level of the Duke of Edinburgh's Award to undertake their Service within Guiding.

Those who are not already members will need to register with the County Senior Section Adviser and her team. For over-16s, a W/R form will need to be completed and references received before she begins work with the unit.

The Senior Section team will maintain contact during the period of service, although it is up to the organisation through which the young woman is doing the Award to provide detailed support throughout her time on the Award.

The Award is accepted as relevant and appropriate to The Guide Association's Senior Section programme, and anyone doing the Award is already committed to the ideals of meeting challenges and personal development, compatible with the aims of Guiding.

Additional advice is available from County D of E Award Advisers. Also look out for November's Hotline for details of changes to the Duke of Edinburgh's Award programme.

### Happy Birthday Ma'am

Over 200 Rainbows, Brownies and Guides took part in the Queen Mother's Birthday Parade and Cavalcade in July.

One hundred and fifty girls from the South West wore elaborate headdresses. Twenty others wore uniforms of the past, including a replica of that worn by the Queen Mother when she was a member in the 1920s. The girls also signalled 'Happy Birthday Ma'am' with semaphore flags.

When the Queen Mother joined The Guide Association in 1921, it had only existed for 11 years, and was seen as a radical organisation.



Girls from the South West in their elaborate headdresses at the Queen Mother's Birthday Parade

### MP goes on camp

Richmond Park MP Dr Jenny Tonge visited

the Guide and Scout camp at Cobham this summer. Then, as the guest columnist of the local free paper, the Informer, she wrote about her experience and how different the camp she saw was from the camps she remembered as a Guide.

She praised the wide range of

Dr Jenny Tongue, MP, enjoyed her visit to a Guide camp activities on offer, and the contribution the

Guide and Scout Associations make in educating young people all over the world.

The MP, who has joined The Guide Association's All-Party Group, later thanked one of the camp organisers, saying: 'It was one of the most fun engagements I have attended as an MP so far.'



# Guide Section

The Guide Section Development Group

### It is important to take time to help Guides understand the Promise

The Promise and the Law are what makes The Guide Association unique - and different to other youth organisations.

The Promise, at the heart of everything members do, expresses the ideal and spirit of Guiding.' Taken from Notes for Guiders, September 2000.

With this in mind, the renewed Guide Programme has a greater emphasis placed on the initial welcome to Guides and, within this, time needs to be taken with new Guides in order to help them understand the Promise.

### Make learning fun

For each Guide, learning about the Promise is far more than just memorising the words. The emphasis should be on helping the Guide to understand the concept of making a Promise, as well as what the different parts of it mean. All this can be done through games and activities that are fun, challenging and, whenever possible, active.

It is up to the individual Guide to decide when she is ready to make her Promise. The Guide who has already been a Brownie, for example, may be happy to do this after a few weeks, but for others it may take several months before they are ready. It does not matter. The Guide should, however, be able to show a willingness to make the Promise. The Promise Ceremony should be unique for the individual Guide and should be one of her 'mountain top moments' in Guiding.

Even after the Promise has been made, Guiders should continue to help their girls explore the meaning of the Promise in terms that they can understand. As a girl matures, her ability to understand the concepts of the Promise will increase So it is important to include Promise and Law activities throughout the year, to take advantage of all learning opportunities.

### More information

Further advice on the Promise and Law, as it relates to the Guide Programme, can be found in the Notes for Guiders, published in September 2000. Also watch out for December's Activate which will include some Promise and Law activities.



# Ally Capellino

### Meet the designer of the new range of Guide wear

Ally Capellino is a designer with a pedigree. She showed her collections on the catwalks at London Fashion Week until the late nineties, and has a flagship store in London's Sloane Avenue. Her design label has extended as far as Italy, Japan and

Her designs, which have been described as both modernist and timeless, are known for being simple and understated. So she was the ideal person to design the new range of Guide wear.

The design brief given to Ally was based on the feedback from Guides, during the extensive, three-year consultation on the Guide section. The finished result - an exciting new range of Guide wear - was featured in September's magazine.

Guiding magazine caught up with Ally and asked her about her work, and involvement with The Guide Association.

What experience do you have of designing clothes for young people?

'I have designed children's clothes under my own label and have a daughter and several nieces in this age group.

Who else have you designed for?

I have designed for my own label for the last 20 years, but along the way I have done consultancy work in Japan, India and Italy, and also for Marks & Spencers and Bhs on

What was the brief for designing the new range of Guide wear?

"The brief was for a a range of tops that the girls would not want to cover with their coats and which didn't say 'Guides' in big

'The existing uniform is 10 years old, and fashion moves quickly. Girls of this age are often embarrassed of their appearance. They want what they wear to be contemporary, and to reflect their interests.

How did this assignment compare to your usual work?

'The brief was quite tight in that the colour was restricted to blue.

The range of Guide wear had to be practical, priced accessibly, appealing to wear, respectable and new. So there was a lot of consultation and consideration over the garments.'

Do you think that the Guides will enjoy wearing your designs?

If you look at the photographs of the Guides wearing items from the new range of Guide wear, you can see how much they are enjoying them. I've had a really good response from the girls."



# Reach Out and Announcing our Recruit **Ambassadors**

By The Reach Out and Recruit Month Working Group

The Ambassador scheme forms part of The Guide Association's Recruitment Month. Every one of The Guide Association's 34,000 units has been set the challenge of appointing an Ambassador and helping them to 'spread the word' about Guiding in their local area.

### Ambassador's role

The role of an Ambassador is to talk to others about The Guide Association, and let them know just how popular and effective our association is

Ambassadors will be asked to talk about how Guiding gives girls aged five to 25. and their leaders, the chance to have fun. take part in new challenges, and become involved in what is the largest vouth organisation in the UK.

### Famous faces

To ensure that our national Ambassador scheme reaches as many people as possible, the Marketing & External Relations department at CHQ has been inviting people from different walks of life to get involved.

GMTV presenter Fiona Phillips, pop star Lolly and Tom Wylie, Chief Executive of the National Youth Agency (NYA), are the first Guide Association Ambassadors to be announced.

### Hotline team

In addition to these three people, we have also made a whole team of people Ambassadors - the team who will be answering our 0800 enquiries.

Many of the team are former members and are very keen to find out everything about Guiding so that they can encourage callers to get involved. They have been so keen and supportive, that we thought it only appropriate to make the whole team Ambassadors. We know that they will talk to lots of people about us - and not just in their work time.

### **Promoting Guiding**

We hope to ask our Ambassadors to spread our message and promote our aims in many different ways - taking their busy schedules into account.



Tom Wylie - Chief Executive of the NYA and newly-appointed Ambassador - is a great supporter of Guiding

### Fiona Phillips

Fiona Phillips presents GMTV with Eamonn Holmes every weekday morning.

She is involved with many other charity organisations, such as the Cancer Research Campaign, the Stroke Association and The Children's Society. When agreeing to become an Ambassador for The Guide Association she said: 'I benefited enormously from my membership of Brownies and Guides, and I fully support your aims."

### Your Ambassador

These are some of our first Ambassadors. and we look forward to units, Counties and PRAs letting us know about theirs. Don't forget - our target is one Ambassador per unit - so let's hope that soon there will be 34,000 Guide Association Ambassadors in the UK.

One way will be a special photocall to gain coverage in as many types of print media as possible - from national newspapers and the women's press to trade publications.

The Ambassadors that The Guide Association are approaching are special people. They are people who recognise the enormous contribution of The Guide Association in offering positive opportunities for girls and young women.

Being an Ambassador for The Guide Association is not an onerous task - we have just asked them to say something positive about Guiding to others.

### Tom Wylie

Many members will remember NYA Chief Executive Tom Wylie from The Guide Association's 1999 Annual General Meeting, where he was the keynote speaker.

Tom was more than happy to accept our invitation to become an Ambassador, and has already written an article for Young People Now magazine about positive developments in Guiding. Tom commented recently: 'Guiding liberates the creativity of the young and educates the imagination.'

Lolly

Lolly - who has had recent hits with Oh Mickey and Girls Just Wanna Have Fun is an ideal Ambassador for many of the younger members that listen to, and enjoy her music.

'I'm a supa-cool funster from the West Midlands,' she said. 'When I was a child, I used to love dancing along to Janet Jackson. She was my idol and I used to dream that one day I would be one of her dancers."

She was a Brownie for a while, but unfortunately the meetings clashed with her dance lessons. More recently, she got involved with the Association again when she took part in a photocall for Brownie and gave some Brownies backstage passes to one of her concerts.



# Sharing the load the way W/R the load Changes to the way W/R forms are processed means less work for Commissioners

You may have read in last month's Hotline that some changes have been made to the content of the W/R form and how it is processed. It is hoped that these changes will dispel any concerns regarding who should complete the form and when, and how references should be taken up.

### Separate forms

Instead of one form for all adult volunteers, there will now be two separate forms:

- The W/R for adults who intend to work regularly with girls and young women.
- The W/In form for adult volunteers acting as instructors who may have unsupervised access to girls and young women.

In addition to these forms, there is also the W/Ref form which should be sent - with a letter - when requesting references. A suggested letter is enclosed with each pad of W/Ref forms.

### Reasons for changes

The changes have been introduced to:

- Protect individuals
- Provide a consistent approach
- Relieve the District Commissioner of one of her administrative functions
- Ensure that W/R forms and references are stored in one place within the County, instead of in every District
- Fit in with the introduction of the new Leadership Qualification which is also to be administered at

### W/R forms

All new Guiders, Unit Helpers and Young Leaders over 16 will complete a W/R form, It is still the District Commissioner's responsibility to meet

with them and provide help in completing the form.

Adult volunteers attending camps and holidays, who may have unsupervised access to girls and young women, will also have to complete a W/R form.

Completed forms are sent on to the person(s) designated by the County to take up references.

### W/In forms

W/In forms should be completed by people such as a canoe instructor who needs to take girls out of the Guiders' sight whilst leading an activity, or an instructor who builds a relationship with members of the unit over the duration of a course. Instructors who work with several different units need only complete a W/In once.

The Outdoor Activity Adviser, or other appropriate adviser, may sign this form. However, the responsibility for taking up references, where these are required, and for storage of the completed W/In and references, must remain with the County.

### References

Referees must not be related to the applicant. A Guider or Commissioner who knows the applicant well can supply one of the references provided she is not related, has known the applicant for at least two years and is satisfied that the applicant

At least one reference must come from someone who does not sign the W/R form on behalf of Guiding.

Of course, most W/R and W/In forms will be processed uneventfully, but Counties need to be prepared to deal with unsatisfactory

references. In such instances, at least two people will be involved in managing the W/R process. This would usually be the

County Commissioner and another member of her team.

Once satisfactory references have been received, the person in your County responsible for processing the W/R forms will send either a pre-Warrant card or the appropriate Appointment card to the District Commissioner - who will then countersign it and present it to the new Guider. Until it is received. the individual should not be allowed unsupervised access to girls and young women.

When Young Leaders reach 16, they must complete a W/R form and will receive a pre-Warrant card.

### Exemptions

It is not necessary for badge testers to complete any forms, as they should not have unsupervised access to girls and young women. However, an instructor who comes into the unit for a number of meetings to train the girls towards a badge should complete a W/In.

Other people will be exempt from completing any of The Guide Association forms because of the their profession or involvement with another youth organisation. For example, The Scout Association, St John Ambulance, Girls Brigade, local authority youth workers, police or fire officers. Asking to see a police Warrant card, or telephoning the local authority or local Scout Commissioner will confirm the person's credentials.

# Obtaining new forms

Supplies of the new forms are available in the shops and through Tradithrough Trading Services.

Each pad comes complete with guidelines on how to complete the forms. Counties have also been issued with detailed guidance notes to assist those involved in repetration of reference procedures.

# Get in training

If you think you would make a good Trainer, here's how to get started...

By Liz Smith Adult Support, CHQ

This month, in the last article in the series, we show you how to take the first steps towards becoming a Guide Association Trainer.

If you have seen the previous articles in this series, or have already had some training experience – and enjoyed it – you might want to explore the possibility of working for the Adult Training Qualification.

Becoming a Trainer is a good way to deepen your involvement in Guiding and develop your skills — skills which might also prove to be valuable in your career.

### Previous experience

You could already have some relevant experience. For example, you might have been on a GOLD trip as a member of the Senior Section, or perhaps you have delivered training as part of your job. You might even have been involved in Go For It! trainings as part of a team.

The Guide Association recognises prior experience — so if you already have some training experience, it might count towards the qualification. Just make sure that you keep planning notes, materials and evaluations from these trainings.

### Find out more

Articles in this series – which has appeared in *Guiding magazine* since March – might already have caught your eye. May's article, which asked, 'Have you got what it takes to be a Guide Association Trainer?' is particularly relevant if you are thinking about taking things further.

If you have read the articles, and think you have got what it takes to be a Trainer, contact Liz Smith at CHQ, on 020 7834 6242 ext. 207, or e-mail LizS@guides.org.uk, and ask for an Information Pack.

Then get hold of a copy of *Training Opportunities: Adult Training Qualification* to find out exactly what would be involved. You might find the language used a bit offputting, but September's article on 'Jargon busting' will help you understand terminology such as 'modules' and 'portfolios'.

### Get advice

If you haven't already done so, talk to your appointing Commissioner, and find an opportunity to have a chat with her about becoming a Trainer.

Also talk to your County Training Adviser — she will be able to provide you with lots of information about being a Trainer, and about training within your own County. She may be able to arrange for you to attend the next Trainers' Support Group meeting, where you could meet Trainers and Prospective Trainers.

### Applying

You can apply to become a Trainer if you are an Assistant Guider, a Unit Guider, an Adviser (including Secretaries and Treasurers) or a Commissioner. The only criteria are that you are aged between 18 and 65, and have held an appointment card for at least 12 months.

You will also need two references — you could ask your appointing Commissioner and the Training Adviser. Alternatively, you could ask the coordinators of trainings you have previously been involved in — for example, a GOLD coordinator or Go For It! training team coordinator.

### Tutor link

Once the references are complete, your Country or Region will link you with a Tutor. Once this has been done, you could be able to take part in training events in some capacity – including those at Training Centres – depending on your level of prior experience.

Meeting up with your Tutor will give you the chance to get to know each other. Your Tutor will also be visiting, to see you in action in your main Guiding role, and to ensure that the principles, aim and methods of Guiding are being put into practice.

You might be confident that they are, but this way you can receive feedback from an independent viewpoint.

If your leader colleagues are worried that the visit is an assessment of them, reassure them and explain the purpose of the Tutor's visit. Should there be any areas of concern they will be given support — in fact, this could be the start of your Personal Action Plan.



Could you be a Guide Association Trainer?

### step by

- Talk to your appointing Commis-
- Make sure that you meet the mini-
- Read relevant articles in past issues of
- Contact CHQ and ask to be sent an Information Pack.
- Read the publication, Training Opportunities: Adult Training Qualification.
- Register for the Adult Training Qualification by sending in an application form, giving the names of two referees.

# Programme training

across the sections has to move on from the Eight Points

By Helen Humphreys

When training on the programme across the sections, it has been natural to use the Eight Points to demonstrate how the programme develops through the sections. Many trainers have created suitable training aids to support this concept.

However, with the changes to the Guide Section, it is no longer appropriate to use the Eight Points as the only way to achieve a balanced programme. What is important, is to illustrate that, whatever the section, balance is achieved through the programme structure, providing girls and young women with opportunities for personal development.

### Four signposts

It may feel as though we have always had the Eight Point programme — the Association has used it for the last 32 years. But before this, Baden-Powell's four signposts were used: Character and intelligence; Skills and handcraft; Physical health and hygiene, and Service for others and fellowship. Guides and Guiders worked through a scheme of classes with set tests. The wording and the activities were appropriate for the time in which they were written.

### Eight Point programme

The programme remained the same until the 1960s when it was realised that it no longer reflected what girls and women were doing - there had been dramatic changes in working and family life and opportunities for women were increasing.

The programme was reviewed, and in 1968, the Eight Point programme was introduced across the sections. The eight sections - Mind; Physical fitness; Character; Creative ability; Relationships with people; Homecraft skills; Enjoyment of the out-of-doors; and Readiness and ability to serve others - were seen as an expansion of the four signposts. They incorporated the traditional programme areas, but the idea

of testing was abandoned and the concept of attainment and individual achievement was introduced.

Later, the Guiding method of the Five Essentials was introduced and the Eight Point programme was recognised as the way the balanced programme was maintained.

When the Rainbow programme was introduced in 1987, it followed the Eight Point programme — as did the Senior Section's Look Wider.

### Today's renewal

Since 1995, the Guide Section has been involved in the process of renewal — to create a programme suitable for girls in 2000. The interests, wants and needs of today's girls have needed to be taken into account - just as they were in 1968.

The Eight Point programme does not include subjects such as health education, global issues and technology, which are relevant to girls of today. The new programme has five zones that reflect current interests and aim to encourage Guides to value themselves and others, and provide them with the necessary skills, knowledge and attitudes to fulfil their potential and take an active and responsible role in today's society.

The five zones are: Healthy Lifestyles: Skills and Relationships; Global Awareness; Discovery and Celebrating Diversity. The zones deliberately do not match the Eight Points and should not be seen as a straight swap. They are part of the whole programme, not a replacement of a component of the current Guide Programme.

To achieve a balanced and varied programme, the Guides, with the help of their Guider, choose activities from the Go For Its! which have been specifically written to contain a balance of material from all five zones. The Guider encourages the Guides

to choose a variety of activities, or supplements the programme with other material. to ensure that all the five zones are covered.

Go For Its contain a balance of material from all five zones

### Ideas wanted

At the present time, a review of the Brownie section is being undertaken and the Rainbow review begins in March 2001. It is not yet known what structure their

Work is also being undertaken that will help to explain specifically the contribution that Guiding can make to girls and young women.

In the meantime, we need to be able to explain how girls progress through the sections and where the programme fits in.

We would welcome ideas from Trainers that will help to explain the progression, now that the Eight Points are no longer common to all sections.

If you have any ideas as to how this could be expressed, please contact Jennie Lamb in Guiding Development at CHQ. Tel: 020 7834 6242 ext 373, or e-mail

# Unique experiences

Girls gain a lot from travelling abroad. Help in organising such trips should soon be available

By Hilary Cooper Chair of the GAINING Group

A camp or holiday abroad is a memorable event for any child or young person. When it is a special event, organised through The Guide Association it is usually billed as 'the trip of a lifetime'.

Indeed, many of the opportunities we offer are just that - very special, very different, life-changing. Because we are part of the huge worldwide organisation which makes up WAGGGS (World Association of Girl Guides and Girl Scouts), the cultural experiences available are unique, and there are chances to meet with young people from 140 countries.

### Equipping leaders

It is not only the extraordinary international events that are worth promoting - any trip abroad is an important stage in a girl's Guiding life.

ways to promote international Guiding for girls, by looking at the range of opportunities available, and by considering the factors that may prevent some leaders from taking the plunge. We cannot get more girls abroad if leaders are not prepared to go with them.

Currently a working group - the GAINING Group, Get Away INternationally IN Guiding - is meeting at CHQ with the aim of developing a pilot training scheme for leaders who would like to take their unit abroad.

The group is looking particularly at three aspects:

- The sort of information leaders need to know in advance
- Collecting details about what type of trips are already successfully taken
- Finding out how any perceived barriers The Association is trying to find more to international travel may be removed.

### Special weekend

One of the outcomes of this work will be a weekend at Waddow - March 16-18 2001 - which is open to any interested Guider. During this weekend we will pilot a training programme for potential leaders of international trips.

We are also hoping to open up the Saturday for visitors to 'drop in' and meet representatives of companies who provide the framework for European holidays.

If you would like to attend the weekend, contact Kirsty Hardcastle in the International department at CHQ. Tel: 020 7834 6242 ext. 314, or e-mail KirstyH@guides.org.uk.

### Tales abroad

To help us with our work we would love to collect anecdotal evidence. If you have any tales to tell - of triumph or disaster please contact Kate Turner in the International Department at CHO on ext. 208 or e-mail KateT@guides.org.uk.

# Get a Eurolife

Make 2001 a memorable year

This millennium year has been packed with special events and challenges. But the excitement doesn't have to stop just because the year is coming to an end.

Next year, girls aged 14 to 18 - and their leaders - can join in the fun of Eurolife, an exciting event being organised by the European Office of the World Association of Girl Guides and Girl Scouts.

### Head for the border!

What makes this international event special is that it will encompass five different European countries. Participants choose to start their journey in either France, Germany, Italy or Austria, and then travel up one of the four rivers springing from the Swiss Alps. Whilst making their way upstream towards the Swiss border, groups will meet other Eurolifers at designated camp sites, where they'll have the opportunity to participate in fun activities and service projects.

### Modes of travel

Groups can choose how they travel, — by boat, hiking, cycling, coach, or a mixture of methods. WAGGGS Europe members will be on hand to give advice on route planning.

Celebrations will take place at the Swiss border on July 24 and 25 before participants go on to a camp at Interlaken in Switzerland.

So, if you or your girls are interested in doing something different next year - joining with Guides from across Europe please contact your Country/Region Headquarters and ask for more information about Eurolife.



# Innovate

The Guide Association's national Youth Forum met for the first time this summer, at Waddow. The Chief Guide welcomed the 80 'Innovate' participants, saying, 'This is your Association. It's about you and for you. What is certain in my mind is that you are the future.'

### Open invitation

The forum replaces the national Guide Association Junior Council, which was made up of representatives chosen by their Regions or Counties. In contrast, the new forum is open to any member aged 16 to 26 who wants to get involved.

'The idea is to give people who aren't on their regional Junior Councils the opportunity to really influence what's going on,' said Veerle Stoefs, a member of the Innovate planning team.

Leigh Fergus, Chair of the Youth Forum, commented on the wide mix of people at the event - sixth-former Rangers, those taking a year out, young professional Guiders, to a 25-year-old District Commissioner.

### Talking and learning

The Chief Guide briefed the group on what The Guide Assocation has been doing to meet change, and what it wants to acheive in the 21st Century.

In small groups, participants discussed different topics regarding the future of the Association, and their role in it. Feedback was sent to relevant Guide Assocation personnel.

Personal development workshops provided some light relief, and a chance to learn something new - such as relaxation techniques, cooking on a budget, and listening skills.

### Moving forward

Plans are already afoot for Innovate 2001, and members have high hopes for the future of the forum. Td like it to move forward

### A spirit of openness prevailed at the new Youth Forum By Vanessa Richmond

and be bigger,' said Lyndsey Johnston from Ross-shire. 'The more people that get involved, the more people can change things."

It's a positive step for the Association, that such a dynamic part of its membership, at the forefront of change, has found its voice. And don't forget, anyone aged 16-26 can get involved!

### Innovate 2001

Innovate 2001 will take place on June 29-July 1, at Newman College, Birmingham. To register your interest in attending, contact Janine Queeley, Guiding Development, at CHO. Tel: 020 7834 6242 or e-mail JanineQ@guides.org.uk, quoting ref GM1, and giving your name address and date of birth.

### Is this you?

We have two great prizes of Ajungilak sleeping bags to give away. If you are the person circled in our photo on the right, you have already won one - please write in to claim your prize.

If this isn't you, you still have the chance to win if you can send in a photo of yourself, taken at Innovate, with the person circled.

Send your photos and details - to Guiding magazine at the address on page 3, to arrive by November 30.



# Student support

By Alastair Hutchinson

# Leaving home doesn't have to mean leaving The Guide Association

When members of The Guide Association go to college or university, many fall by the wayside. Although many students cannot commit to Guiding on a regular basis, the Student Scout and Guide Organisation (SSAGO) is a way that they can keep in touch with the Association.

### What is SSAGO?

SSAGO is a non-uniformed organisation that exists to support Guides, Scouts, and people who have never been members of either association, who are students at UK colleges and universities. Students can join

'SSAGO gave me a startingpoint to find a Guide unit in my local area when I went to university. It would have been very easy to give up Guiding if there hadn't been an organisation there to point me in the right direction.' Sam Baker, a former SSAGO member.

through an established club at their university, or as individuals.

### SSAGO programme

Each of the 30 SSAGO clubs around the country plans its own programme of events, which includes activi-

ties typical of Senior Section or Venture Scout units.

Clubs are often linked with the local Scouting and Guiding communities, providing leaders and helpers for local groups, and support at one-off events. Many clubs organise annual events such as night hikes and activity hikes.

### Look Wider

Young women can follow the Look Wider programme through SSAGO. Some clubs integrate Look Wider into their programme, while others act as a support group for young women who are working on it.

SSAGO members can also take part in GOLD (Guiding Overseas Linked with Development), the Youth Forum (see above). the Peer Education initiative and the Queen's Guide, and Duke of Edinburgh's Awards

### Contacting SSAGO

- Visit: www.ssago.org.uk
- E-mail: chair@ssago.org.uk
- Write to: SSAGO c/o Guiding Development, The Guide Association, 17-19 Buckingham Palace Road, London SW1W OF

# Look Wider

# How Look Wider prepares young women for working life

Following Look Wider, or participating in other aspects of the Senior Section programme, such as the Queen's Guide Award or GOLD, can help members to develop personal skills that are transferrable to other areas of their lives.

The programme encourages this development by challenging each young woman to increase her skills, ability, and knowledge, and to set and achieve her own personal goals.

### Programme design

During the consultation on Look Wider, it became clear that this personal development aspect was highly valued, because it allowed flexibility for young women to choose what they wanted to do, while enabling them to enjoy plans and activities with friends.

The revised Look Wider programme has continued and strengthened this idea, by providing even more opportunities for them to gain and share knowledge, to develop existing and new skills, and to acquire greater self-confidence.

### Guiding experience

This kind of personal development makes young women more employable. Many employers spend vast amounts of money to develop their staff with team-building, leadership and management training through adventurous and challenging outdoor activities — rather like the camp or holiday programmes Senior Section members enjoy.

These young women can tempt employers by outlining these experiences – and

### What employers want

Employers widely recognise the value of people who can:

- Work in teams and cooperate with other people
- Set goals and then plan and organise to achieve them
- Communicate with others
- Take on and meet a challenge with confidence.

what they have learned from them – by detailing them on their CV or university application forms, or by talking about them in interviews.

### Organisational skills

For example, a Senior Section member could demonstrate her organisational skills by saying: 'At summer camp with our local Guide unit, I was responsible for planning the daily programme of activities for 30 Guides.

'This involved booking venues and coaches, gathering the necessary equipment and resources, as well as making sure that each Guide was involved in, and enjoying, her chosen activities.'

### Teamwork skills

She could go on to detail her experience of teamwork in the following way: 'I have worked on various service projects as a member of my Senior Section group. These experiences have involved working with others to achieve a common goal, agreeing targets and deadlines, and learning skills to share with others.

'As a group, we had to raise funds and agree on spending priorities, and plan how we would tackle each project. I have learned a lot about working with others, about my own strengths and weaknesses, which will help me to meet future challenges.'

### Desirable qualities

She could also describe the qualities she has developed like this: 'My involvement in Guiding has enabled me to develop personal qualities which will be useful in the workplace — initiative, commitment, reliability, responsibility and flexibility.

'Every week I help to run a Brownie Pack, which demands that I am reliable and committed to both the By Jean Bell
Association Senior Section Adviser

girls and my leader colleagues, can be flexible to adapt to changing circumstances, and take responsibility for certain parts of the programme and administrative affairs.'

### Beyond Guiding

Look Wider is about setting goals and achieving them — choosing something to do and then doing it. It is about developing confidence and self-reliance to cope with all life has to offer.

It is about empowering young women to do all they can do, to be all they can be. It is about looking wider so that Senior Section members can make the most of their world!

### Responding to job ads

Advise Senior Section members to do the following when starting to apply for jobs:

- Check out some recruitment advertisements and pinpoint what types of experience and personal qualities are being asked for.
- Think how their personal Guiding background can be related to the requirements of the job.
- Demonstrate that they have the experience and qualities required by referring to Look Wider and Senior Section activities.



At camp, Summanish mapiles on pick up avericly



Best foot forward: Pulling together at Shropshire's Fun Day



Hold on tight: Some 'Midsummer Magic' in Nottingham



What a cutie! This little Rainbow was obviously enjoying her time at Surrey East's weekend event

On June 24 this year, the sound of Guide Association members celebrating the Millennium could be heard across the UK.

No two events were the same, but common to all was the usual array of inspired activities, great teamwork, commitment and fun — plus a bonfire at 8 o'clock.

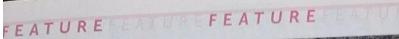


Going down: These girls from the County of Manchester had a great time grass sledging



Carrying a torch: 6,000 members, from all sections, converged on Exeter for Devon's Hope 2000





Water wellies: Negotiating South Antrim's 'It's a Knockout' course

Hopping mad! Just one of the many activities at Northumberland's millennium celebrations



Just passing through: Over 1,200 girls attended East Lothian's special day

Didn't you have a lovely time!



Large audience: These two Suffolk Brownies shared their enrolment with one or two friends!

We received hundreds of photos — thanks to all who sent them in. They'll be returned in due course. Unfortunately, we don't have room for them all, but this selection captures the joy of the day.



Centre of attention: The bonfire at 8 o'clock was common to celebrations across the U





# Decorations

It's never too early to get ready for Christmas!

### Candy canes

These stripy canes look lovely hanging from a Christmas tree.

Cover a baking tray with tin foil. Preheat the oven according to the instructions given with the clay.

Roll out two sausage-shaped pieces of clay - one red and one white. They need to be about 12cm long and 0.5cm thick.

### You will need

- Red and white modelling clay (such as Fimo)
- Gold thread or very thin ribbon
- Scissors

Twist the two pieces together to make one rope. Lay it on the baking tray and gently bend one end so that it looks like the crook of a walking stick.

Make as many as you like and then bake them, following the manufacturer's instructions.

Remove the canes from the oven and let them cool.

Cut a piece of thread or ribbon and tie it around the top of the cane and use this as a hanging loop.

### Top tip

To save money, you can use salt dough instead of modelling clay.

### Warning

Please make sure that everyone knows these canes are not edible and are for decorative purposes only.

### Frosty cones

as they are, but these Christmas-treestyle ones are even better.

Spread a little glue over the ends of

Leave it to dry while you cut out a small star from card. Cover both sides of this with glue and glitter too.

Now decorate the pine cone 'tree' with beads (baubles) and metallic string (tinsel). These need to be stuck on with tacky glue or a glue gun.

Don't forget to tie or glue on a hanging loop at the top of the cone so that it Make it easier... can be placed on a tree.

Finally, stick the star on top. Leave the cones to dry before the girls take them home.

You will need

At least one pine cone

per girl — you need ones

that have wide open spikes

■ Beads

■ Thin card

tacky glue

Scissors

Metallic string

■ A glue gun — or very

Pine cones make great decorations just

a cone's spikes. Roll the cone in glitter.

Rainbows will find it easier if you pre-cut the stars.

### Oodles to give away!

Oodles, an exciting new craft product from Bostik's Art range, is a fantastic way to keep your unit amused.

The pack contains a whole range of fun accessories, such as fluorescent straws, fuzzy balls, lolly sticks and a pack of Blu-Tack — Bostik's child-safe, reusable adhesive.

Also included is a game which involves children racing to make the crafty items shown on the games cards.

Bostik Oodles cost around £5.99 a pack, and are available from leading high street stockists.

Ten lucky Guiders can each win three Bostik Oodles sets for their unit.

For the chance to win a set, send your details to the address on page 3, marking your postcard: Guiding magazine/Oodles.

The closing date for entries is October 31.





Glitter balls

Your unit will think these glitter balls are the trendiest thing on their trees this year. Even better, they make a great room decoration all year round.

Open up a paper clip and carefully spear a ball through the hole in the middle and out through the other side.

Cover the ball in a layer of glue and then roll it in glitter. You will find this easier if the glitter is in a clean tub or yoghurt pot.

Keep the ball on the paper clip and stick it into a potato or piece of modelling clay, so that the glue can dry.

When the balls are dry, thread them on to lengths of metallic string - either singly or in multiples - tying a knot under each one to hold it in place. Don't forget to add a loop to hang it up by.

### You will need

- Paper or cotton pulp balls, or polystyrene balls, any size
- PVA glue
- Glitter
- A darning needle
- Embroidery thread or metallic string
- Paper clips
- A potato or a blob of modelling clay

15 mins

### Guiders' notes

Paper and cotton pulp balls are available in lots of different sizes, from art and craft shops. Prices start at around 8p for a 25mm ball, but you'll find they are cheaper in bulk.

### **Funky holly**

We have given the humble Christmas wreath a 21st-century make-over using the free Internet access CDs that drop out of so many magazines!



Start by using the holly template (on the right) to cut out four leaves from bright green card and four leaves from pale green card.

You also need to scrunch up some little holly berries from red tissue paper. Eight berries should be enough if you make them 5-7mm in diameter.

Spread a thin layer of glue over each CD on the side that has writing on it.

Cut a piece of silver ribbon, 30cm long. Lay it on one of the CDs, as shown in the picture, and then sandwich the

other CD on top.

You will need

- 2 old CDs (given away free by Internet companies and computer magazines)
- Tacky glue such as Copydex
- Silver gift wrap ribbon
- Red tissue paper
- Pale green and bright green card
- The holly template on this page

Finish off by glueing the berries all the way around the hole.

Leave the wreath to dry overnight at least. It can then be left as it is, or a holly decoration added to the other side.

Use the funky wreath to adorn a door, tree, window or anywhere else that needs a 21stcentury Christmas touch.

Be careful with the next bit, as the CD 'sandwich' may slide apart!

Dab glue around the inner circle of one CD a band about Icm wide will be enough.

Stick on pale green leaves pointing north, south, east and west. Fill in each remaining space with a bright green leaf.

### Ideas to go

- Paper chains are a perennial favourite. Use shiny paper or even magazines to make them, then challenge groups to produce the longest chain.
- Use a cone of white card as the basis for a Christmas angel. Add wings and a paper pulp ball for the head.
- Hold a competition to make the most effective decoration from recycled junk, such as plastic bottles, magazines and tins. You can allow 'extras' such as glitter and glue!
- Head down to the Christmas section in your local department store and have a look at their decorations for ideas.
- Your unit can then have a go at creating similar ones for a fraction of the cost! Instead of buying individual chocolate tree decorations, make your own by tying thread to wrapped sweets.

# Our community

Looking at our responsibility to the community and the way our actions affect others

### Rules for a reason

This activity is suitable for Rainbows and Brownies.

Give a different picture to each group or Six. Ask the girls to list all the rules they can think of, which would keep order in and around the place in their picture.

The rules could include things such as speed limits, no litter, keeping the noise down, shutting gates, and so on.

Come back together to discuss the pictures as

- Talk about what would happen if there were no rules.
- What happens to people who break rules?
- Talk about how the world can be a better place if we all help to keep rules.

You will need

Pictures or photos of urban scenes and country scenes

### Laws and lands

Every community needs a set of laws to keep it going.

Ask the girls to imagine that they live somewhere completely different, such as the planet Jupiter, in a cave at the bottom of the ocean, or in an undiscovered forest.

The laws in this hidden land may be very different to our own. What kind of laws would they need to keep their community going?

### Into extra time

Each group can illustrate their own set of



### Into extra time

Take a look at the Country Code and the Highway Code.

### Good citizens

Sometimes it can be really hard to do the right thing. Even if we know that something, or someone, is wrong, deciding to put things right might not be easy.

Copy each of the dilemmas printed here on to separate cards, and then display them around the meeting place.

Girls should pair up to talk about each dilemma and decide what their answer would be. They can use the answers given for ideas or think of one of their own.

Instead of the dilemma we have given, you may like to create your own. This is the perfect opportunity to address situations that may have occurred in your unit.

After the girls have finished, come back together to talk about their answers.

It's a good idea to talk about personal safety — stress that girls shouldn't put themselves in danger when trying to intervene in a difficult situation. Make sure they know that, if in doubt, they should tell a teacher, Guider or parent, and ask their advice.

You see someone helping themselves to sweets from the unit store cupboard.

What do you do?

- Tell the girl that you know what she has done.
- Say nothing and pretend you haven't seen anything.
- Tell your Guider, Sixer or Patrol Leader and ask their advice.

You hear one of your brother's friends bragging about breaking the hall window. What do you do?

- Tell your parents. Say nothing.
- Confront the boy.

A girl offers you a CD that you think might have been stolen from someone in your class. What do you do?

- Buy it, as it's very
- Tell her no thanks, you've already got it.
- Go and see a teacher and tell him or her what happened.

Two of your friends are having a really big argument about something that happened after school. What do you do?

- Suggest that they both calm down.
- Walk away and leave them to it.
- Watch the excitement.

You are eating out with your parents and see someone who you know is under 18 buying alcohol in the pub. What do you do?

- Tell your parents.
- Ignore the person. Tell the bartender that the person is under age.

# THE CAST

MAJOR SPEAKING PARTS: Lord Chancellor, King, Queen.

MINOR SPEAKING PARTS: Herald, Footman I, Footman 2, Musician, Tenor, Recorder player I.

NON-SPEAKING PARTS: Maids, Pages, Footmen, Ladies-in-waiting, String Quartet, Recorder players, Ball guests. Presenting Guiding magazine's Pantomime Special

The Queen who kept changing her mind

This panto pull-out includes a script, and some useful information to help you stage your production

By Gillian Ellis

Scene 1
Throng room

Two thrones stand centre back, in front of large blue drape. Chairs in a semicircle to rear. Occasional tables and chairs around room have blue 'throw' covers. All movable objects in the room are red.

Total chaos and panic reigns. Maids, pages and footmen scurry everywhere, collecting red items and replacing them with blue ones.

The Lord Chancellor waves his arms and gives orders.

LORD C Be quick! Be quick! She'll be here any minute. We must be ready before tea.

ALL We're hurrying as fast as we can!

LORD C Not fast enough. Faster, faster! Blue! Blue!

### ALL FASTER, FASTER!

(repeat several times)
(Tune: Orchestra)

Faster, faster, faster! Blue, blue, blue! Yea, oh yea, it must be done today. Time's running out. The Queen mustn't find us here.

Finally, everything in room is blue. Maids, pages and footmen collapse exhausted over the floor and furniture. Lord Chancellor tries frantically to rouse them.

LORD C Get up, get up! The Queen mustn't find you here. You make the place look untidy.

He drags a page off throne.

As soon as he lets go, page curls up on the floor and falls asleep.

Fanfare. Lord Chancellor jumps and squeals.

LORD C The Queen! She's here! Oh, do wake up, everyone!

Staff struggle up, rubbing eyes. Lord Chancellor hustles them off stage right, as Queen, herald and ladies-in-waiting enter stage left. Queen sits in chair, centre stage.

QUEEN Is tea ready? Where is everyone? Summon the Lord Chancellor.

Herald, centre stage, blows ear-splitting blast on his bugle. Lord Chancellor hurtles in and bows to the Queen.

**QUEEN** You're never here when I want you. Why isn't tea ready?

**LORD C** Oh, it is, Your Majesty, it is. The footmen are bringing it this very minute. On the usual silver salver. We were merely awaiting Your Majesty's pleasure.

**QUEEN** Well, My Majesty's pleasure is a cup of Earl Grey and a slice of thincut white bread and butter. Now.

LORD C Immediately, Your Majesty. He tries, unsuccessfully, to snap his fingers in the direction of stage right. After several attempts, he hurries stage right and hisses off-stage.

LORD C Albert! Earl Grey and thin white. Now!



Immediately Footman 1 appears with silver tray, holding china, napkin, and so on, all in blue. He sets it on the table next to the Queen's chair. She peers at the tray.

QUEEN On second thoughts, I'd rather have Darjeeling, and a scone with strawberry jam and cream.

FOOTMAN I Certainly, Your Majesty. He removes tray, and exits stage right as Footman 2 brings in new tray, all blue again.

QUEEN Oh, dear. Strawberry. Now I think about it, I'd prefer apricot.

FOOTMAN 2 Certainly, Your Majesty.

He removes dish and exits SR as Footman 1 brings in new tray, then stands aside. Queen eats and drinks.

LORD C Would Your Majesty care for a little music?

QUEEN That would be most pleasant. The String Quartet, I think.

LORD C Command Her Majesty's String Quartet to present themselves.

Exit Footman | Stage

Immediately, string quartet music is heard. Players enter stage left, already players. They group themselves assume Queen who continuous to say the say moments, she holds up he say to silence. Music stops magazing as

QUEEN Thank you. That's enough of that. I don't feel like Mozart today. Summon the Recorder Players instead.

LORD C (irritably) Well, go on, go on. Didn't you hear Her Majesty? Tell the Recorder Players to present themselves immediately, and be quick about it.

Exeunt crestfallen String Quartet. Enter Recorder Players.

They play, badly, well-known tunes from the school primer — Go and Tell Aunt Nancy, and so on. Queen flaps her hand in protest. When she finally gets their attention, they stop, looking mutinous.

QUEEN I don't think so. I'd quite forgotten what recorders do to my delicate eardrums. Bring in the Court Tenor.

PLAYER | But, Your Majesty...

LORD C (shocked) Don't presume to argue with Her Majesty, you wretched little person. Go away and practise.

Exeunt Recorder Players, heads hanging. And don't forget to send in the Court Tenor.

Enter Court Tenor, a fussy man with mincing walk. He bows so low that his wig falls off. He crams it hastily on again, lopsided.

TENOR What is Your Majesty's desire?

QUEEN A little Schubert, I think.

Tenor opens his mouth and takes a deep breath. Queen interrupts.

QUEEN No, on second thoughts, how about Mendelssohn?

Tenor takes another breath and sings one note. Queen interrupts.

QUEEN Actually, I quite like Gilbert

TENOR (singing hastily) Take a pair of sparkling eyes ...

QUEEN No, no. Schubert. Yes, make it Schubert.

The Tenor sings The Trout very badly, full of 'strangled tenor' sounds. The Queen finishes her tea, apparently unruffled by the awful noise. The Tenor bows low at the end. QUEEN Very nice, thank you. You may go now.

Exit Tenor backwards, bowing all the way. Queen rises and looks around room, scrutinising furniture. She turns to Lord Chancellor, slowly shaking her head.

QUEEN Blue's a cold colour. Quite depressing, actually. We need something more cheerful. Have the room redecorated in yellow. That will be nice for the ball.

LORD C But the ball is this evening, Your Majesty.

QUEEN (puzzled) Yes. So?

LORD C There may not be time...

QUEEN Nonsense. It's only five. The ball doesn't start till eight. You have four whole hours.

LORD C (counting on his fingers.) Not quite, Your Majesty.

QUEEN (sternly) Approximately. I hope you're not going to quibble over a few minutes. Yellow. For the ball. Understood?

**LORD C** Of course, Your Majesty. At once, Your Majesty.

**QUEEN** We shall now attend to our toilette before dinner.

Exit Queen, followed by herald and ladiesin-waiting. Lord Chancellor darts around in panic muttering 'Yellow! Yellow!', then scuttles off SR. Enter maids, pages and footmen, carrying yellow drapes, and large paintbrushes and cans.

MAIDS, PAGES, FOOTMEN Song: Here we go again, to the tune of lingle Bells.

Here we go again!
Yesterday was red,
Then we turned it
blue,
Just as madam said.
Now she's
changed her
mind,
Yellow's her command,
She's the most

exasperating

woman in the land!

Chorus:

Paint it red, paint it blue, paint it aubergine
How we wish she'd settle on a simple shade of green.
Paint it white, paint it pink, paint it tangerine,
But it seems impossible to satisfy the Oueen.

Time is running short,
We must not be late,
Madam wants it done,
For the ball at eight.
Hope the yellow's dry,
When the dancing starts,
Or we'll get the boot applied exactly
where it smarts!

Chorus: Paint it red...

We all love our King,
We are loyal and true,
We do everything,
We are told to do.
We admire the Queen,
She is sweet and kind.
Just one teeny problem — she's
inclined to change her mind.

Chorus: Paint it red...

'Hurry' music. Everyone rushes about changing blue for yellow. Some mime painting walls, table legs, and so on... Lord Chancellor gets in everyone's way, contributing nothing. He steps in paint pots, falls over drapes and so on and provokes as many incidents as you like to include. Everyone eventually slumps over furniture, exhausted. A clock strikes eight.

LORD C Quick, quick! Time for the ball. The Queen mustn't find us here. Exeunt stage right.

Enter stage left King and Queen. King gazes around, puzzled.

KING Wasn't this room red at lunchtime?

QUEEN I believe so. But I fancied blue for a change, so I told the Lord Chancellor to arrange it.

KING Blue? He's not very good at colours, is he?

QUEEN Oh, it was blue at teatime. But I didn't care for it. Not quite right for the ball, dearest. So I decided on yellow. Lovely bright colour. Nice, isn't it?

KING Very cheerful. Not sure I fancy yellow first thing in the morning, but never mind.

QUEEN Oh, don't fret, dearest. It's quite simple to have it changed. White would be nice at breakfast time...

KING (hastily) No, no, my sweet, please don't trouble. Yellow will be lovely at breakfast. (Thoughtfully, to himself) Perhaps I'll skip the fried eggs, though.

QUEEN Dearest, I'm not sure that I care for the colour of your sash. Wouldn't the gold have been better?

KING My darling, last time I wore the gold sash you said it clashed with the upholstery.

QUEEN That was when the chairs were orange. Gold would go so much better with yellow, don't you agree?

KING Whatever makes you happy, dearest. I came prepared.

He produces several sashes from his pockets and changes into a gold one.

QUEEN (embracing him) You are the sweetest Kingy-Wingy that a Queen ever had.

KING (lovingly) And you're the dearest Queenie-Weenie. Even if you do tend to change your mind more than most people.

QUEEN (astonished) Me? Change my mind? Do !?

KING It has been known.

**QUEEN** Just sometimes, perhaps. But that's a Queen's privilege.

### KING AND QUEEN

Song: Lovey-dovey duet to the tune of My Bonnie Lies Over the Ocean.

My darling, my own Queenie-Weenie, I love you so much, as you know, You're all that a King ever wanted, My Queenie, I do love you so.

Queenie-Weenie, you've made me the happiest man of all.

Queenie-Weenie, I worship you more every day.

My darling, my own Kingy-Wingy, You're kindness itself, it is true. You let me have all that I ask for, And do all I want you to do.

Kingy-Wingy, you've made me the happiest girl of all.

Kingy-Wingy, I worship you more every day.

Repeat together, each singing their own verse.
During this song, they gaze adoringly into each others' eyes and finish with an embrace.

Enter herald and musicians with a variety of instruments. Musicians stand rear stage left, herald front stage left.

### **HERALD** Ahem!

King and Queen spring apart. They straighten their crowns.

KING (crossly) What do you want? Don't you ever knock?

HERALD The ball, Your Majesty. The guests have arrived and are waiting in the ante-chamber. Beg leave to announce them, Your Majesty.

KING Oh, the ball. Bother.

**QUEEN** It had quite slipped my mind. Very well.

King and Queen sit on thrones. Herald opens a scroll. As he speaks, regal music is played. Guests enter stage left, bow to Royal couple and assemble stage right.

**HERALD** Lord and Lady Vere and their son, Percy Vere.

Sir John and Lady For-yer-thoughts and their daughter, Penny For-yer-thoughts. Mr and Mrs Eemowse and their son Mick Eemowse.

Lady Orriblecold and her son, Ivan Orriblecold.

Lord and Lady Maykitontime and their nephew Willy Maykitontime.

Lord and Lady Voyant and their daughter Clare Voyant.

(And so on Invent as many names as F have actors).

QUEEN Let the Ball begin. Strike up a waltz.

Music: King and Queen start the waltz. Everyone joins in King is not very good and keeps tripping over Queen's dress. Queen signals and music stops.

### QUEEN Let's try a quickstep.

Music: Same business. Queen keeps asking for different dances, each more lively. Every time Queen changes her mind after a few bars. Keep it up till you run out of dances, then...

QUEEN I think it's time for supper.

King and Queen sit on thrones, guests

thrones, guests in semicircle on chairs.
Soft music is played as footmen pass in front of King and Queen bearing vast trays of food. (Same trays can be brought around several times, entering stage right and leaving stage left). Queen hesitates as she inspects each dish, then waves it away just as the King is about to help himself. He becomes increasingly irritated. This goes on while seated guests sing despondently.

### **GUESTS**

Song: My Tum's Rumbling, to the tune of London Bridge is falling down.

My tum's rumbling, oh dear me, oh dear me, oh dear me, My tum's rumbling, oh dear me, when will we eat?

Sing as a three-part round, starting of a quietly, and working on a sea sea

After Queer characters to see Fine only guests for soon or soon exercises As guests on Tene areas resolves soon of our characters are only a soon or soon of our characters are only a soon or soon or

QUEEN I am weary. My day has been exceptionally busy with many difficult decisions to make. His Majesty is weary, too. The ball is over.

KING it has been a great pleasure to welcome you to the Palace. Do come again. Good evening.

Musicians, herald and Lord Chancellor remain on stage, shattered.

MUSICIAN What a day! Was there ever such a woman for changing her mind?

**HERALD** How does he stand it? If my wife went on like that, I'd give her a right talking to!

LORD C Hush! You mustn't speak of Her Majesty like that. Tell the Queen off, indeed! What if the King should hear you?

MUSICIAN I reckon he'd rather like the idea.

HERALD Wouldn't we all!

LORD C At least she seems happy with yellow. I was a bit worried in case we had to change the room again. I really don't think I'd have the energy tonight.

Enter Queen. All bow low.

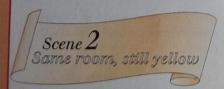
QUEEN By the way, Lord Chancellor, I almost forgot. The King and I thought the yellow was lovely, but perhaps a bit over the top for breakfast. Could you arrange for the room to be white at breakfast? White is so calming. Goodnight. Sleep well.

Exit Oueen.

### ALL AAAAAGH!

All slump exhausted as curtain falls or stage is blacked out.

Musical interlude



Enter King in dressing gown and crown. He pulls bell-rope, Loud jangling off stage. No one comes. He tries again without results.

KING Anyone around? (Shouting)
Hello, HELLO!

Enter Queen in nightie, hair in curlers, crown on top.

**QUEEN** Good morning, Herbert. What's all the shouting about?

KING (plaintively) I'm hungry. I want my breakfast.

QUEEN Call for the butler.

KING I did. He didn't answer.

**QUEEN** (indignant) Didn't answer? Demote him to boot-boy! Send for a footman instead.

KING I tried. I rang the bell several times. No one came.

QUEEN (furious) How dare they! Let me have a go.

She tugs rope several times. Eventually, she stamps her foot, giving an extra hard pull. Bell-rope comes away in her hand.

QUEEN This is ridiculous! Where is everybody? (Suddenly noticing) And why is this room still yellow? I gave orders for it to be white for breakfast — I distinctly remember telling the Lord Chancellor.

KING Perhaps there wasn't time to make the change. After all, dearest, the ball didn't finish till 2am.

**QUEEN** Rubbish! Of course there was time. This is downright disobedience. The Lord Chancellor will have to answer to me for this.

KING If we can locate him, dearest.

QUEEN Locate him? Why shouldn't we locate him? He lives here.

KING Until last night, dearest.

**QUEEN** What do you mean, 'until last night'?

**KING** Haven't you noticed? The Palace has a peculiar feel about it this morning. Sort of – deserted – somehow.

**QUEEN** Nonsense. People live here. I can summon any one of a hundred servants at any time.

KING How, dearest?

QUEEN How? How? By ringing the bell, of course ...

She realises she is still holding the bellrope. She stamps her foot angrily. This is really most inconvenient. People should treat bell-ropes with more care.

KING I'm sure you're right, dearest.

QUEEN Right? Of course I'm right. I'm always right. Why isn't the Lord Chancellor here. He's never here when I need him. I suppose I'll have to fetch him myself. Exit.

KING Something's up. I feel it in my bones. Just listen to that silence. He tilts his head to one side and listens. All is absolutely quiet then the silence is shattered by the Queen's furious roar of 'WHAT!?'

Towns of the state of the state

KING (hands over ears) Ouch!

Enter Queen, waving a scroll.

QUEEN The ungrateful ... thought-less ... the ... the ... read that!

KING (reading) 'We, the undersigned, beg leave to inform Your Royal Majesties that we resign our positions in Your Majesties' household, having obtained less demanding employment elsewhere. We willingly forego one week's wages in lieu of notice. Signed, Your Majesties' loyal subjects'. Dearest, this is serious. They've all signed it.

**QUEEN** Headed by that scoundrel the Lord Chancellor. Loyal subjects indeed! I'll give 'em loyal subjects.

KING It appears we have no staff.

QUEEN Very observant. Who's going to dress me and do my hair, that's what I want to know?

KING Bother your hair. Where's my breakfast?

QUEEN Breakfast! There isn't any. And I'm so hungry! Herbert?

KING Yes, dearest.

**QUEEN** What do the common people do when they haven't anyone to prepare their breakfast?

KING I think that they get it themselves, dearest.





# GLOBAL FOOTSTEPS

### A CELEBRATION OF WORLD THINKING DAY

As highlighted in the last edition of Guiding magazine a UK-wide celebration is being planned for World Thinking Day 2001 which will offer members the opportunity to participate in a range of really fun activities.

The core theme of Global Footsteps focuses on the countries and parts of the world that the Baden-Powells visited. Each of the participating venues will explore this theme through a variety of fun activities and will provide an exciting day or weekend event depending on your choice of venue.

All activities are centred on the same weekend, Friday 23 - Sunday 25 February 2001. One-day activities will take place on Saturday 24 February (and Sunday 25 February at Broneirion) with residential events being held over the whole weekend.

In order to make Global Footsteps as accessible as possible, we have devised a centralised Booking Form, which you will find in this edition of Hotline. Use this form to book your places at the event of your choice — don't forget to ensure that there are activities for your section at that event. Once you have completed the Booking Form return it with an sae and the correct payment to the event address that you have chosen. Note: places are available on a first come, first served basis only. Costs quoted apply to all members, including Adult Leaders.

### ONE DAY ACTIVITIES

Saturday 24 February (and Sunday 25 February at Broneirion)

**London: Westminster Abbey and** St Margaret's Church Time: 11.00 am - 11.45 am (Doors open at 10.00 am)

Sections: All Cost: Free

A specially-devised multicultural celebration of music and dance with an emphasis on fun. The celebration at St. Margaret's Church will be particularly suitable for Rainbows and Brownies whilst the celebration in Westminster Abbey will make full use of this beautiful space.

> **London: Crystal Palace Sports Centre** Time: 10.00 am - 5.00 pm

Sections: Brownies, Guides, Senior Section,

**Adult Leaders** Cost: £5 per person

Global Footsteps at Crystal Palace will literally have you dancing round the venue as this interactive event takes the theme of "Carnival". Fun and very active for all those attending, workshops during the day will work towards a Performance party at 4.30 pm in which everyone will take part — all 2,500!

**Ulster: Lorne** 

Time: 10.00 am - 4.00 pm

Sections: All

Cost: £5 per person

A feast of activities based around Global Footsteps, exploring activities and themes from the countries the Founders visited during their extensive travels. A chance for you to step through different parts of the world.

Harrogate: Flower Hall, Great Yorkshire

Showground

Time: 10.00 am - 4.00 pm

Sections: 9 years +

Cost: £5 per person

A fun, large-scale event for up to 5,000 participants exploring Global Footsteps through drama, dance, music and, above all, a sense of adventure!

Wales: Broneirion

Time: 10.15 am - 4.15 pm on both days

Sections: All Cost: £5 per person

An opportunity for all sections to visit Broneirion for the day and join in all the fun of Global Footsteps. A specially-devised programme of fun activities will run parallel to a residential weekend for all ages and sections.



### RESIDENTIAL ACTIVITIES

Friday 23 - Sunday 25 February

Anglia: Great Hautbois House, Coltishall,

Sections: Guides Ratios: 1: 3-4 Guides

Cost: £36 in the house or £30 in Patterson

Lodge

A carousel of activities presented through a Global Village programme with each activity focused on a part of the world visited by the Founders.

South West England: Foxlease, Lyndhurst, Hampshire

Sections: Brownies, Guides, Senior Section & Adult Leaders

Ratios: 1: 6 Brownies, 1: 8 Guides
Cost: £36 + £5 for activities (catered) or
£9.50 + £5 for activities (self-catering,
limited availability)

Follow in the Baden-Powells' footsteps and experience the food, music, dance and arts of some of the countries they visited. Find out what life is really like for the people that lived there.

Scotland: Netherurd House, West Linton, Peeblesshire

Sections: Guides and Senior Section

Ratios: 1: 8 Guides

Cost: £36 + £5 for activities (catered).
Senior Section only — basic accommodation

£23 + £5 for activities

A fun-packed weekend based around eight different time zones to travel through. This Global Footsteps weekend will offer opportunities for you to look at food, culture, environment and citizenship within each of the zones.

Wales: Broneirion, Llandinam, Powys Sections: Brownies, Guides, Senior Section

and Adult Leaders

Ratios: 1: 6 Brownies, 1: 8 Guides

Cost: £36 (catered)

A whole host of activities await you in Wales as you 'Footstep' your way around the Globe trying different activities. Come and experience different cultures as you travel the World.

North West England: Waddow Hall, Clitheroe,

Sections: Brownies, Guides, Senior Section &

**Adult Leaders** 

Ratios: 1: 6 Brownies, 1: 8 Guides
Cost: £36 + £5 for activities (catered)
£9.50 + £5 for activities (self-catering,
limited availability)

Brownie House (s/c x 30) £9.30 + £5 for activities.

Cottage (s/c x15) incl. bed linen £10.30 + £5 for activities.

Stables (s/c x15) £8.30 + £5 for activities The Hut (s/c x16) £6 + £5 for activities

A weekend of international activities based on the theme of a Global Development Village — opportunities to try something new in a fun environment.

### **RAINBOW FOOTSTEPS**

If you are a Rainbow Guider who would like to celebrate World Thinking Day with your Rainbows and there are no events in your area which include activities for Rainbows, then look no further.

The Guide Association has produced a booklet of ideas for Rainbow Guiders to help Rainbows celebrate World Thinking Day 2001. It is available free of charge to Rainbow Guiders. Send an sae (A5, 2nd class) to Rainbow Footsteps, Programme Team, The Guide Association, 17-19 Buckingham Palace Road, London, SW1W OPT.

Why not meet up with another Rainbow Unit in your District or Division, and have a special Rainbow Footsteps evening or event to learn more about Guiding around the World?

### 2001 TRAINING CENTRE CALENDAR

TRAINING — all Guiders may apply direct to the Training Centres for any of the Trainings listed below using the application form in this issue of Hotline or by letter.

Please pull out and keep this Hotline and pass a copy to other Guiders in your area.



### LORNE

January 12-14 Craft for All - Programme ideas for all sections

January 26-28 Training for Mentors

February 9-11 **Guide Guiders** March 2-3/3-4

1st Response

March 9-11 Brownies and Guiders Three Brownies & 1 Leader

March 23-25 Londonderry County

May 11-13 Musical Madness

September 22 Open Day for Guiders

September 28-30 Tyrone County

October 12-14 Make 'n' Take Make equipment to use in your unit programme

November 2-4 South Antrim County

November 16-18 Pack Holiday Advisers

November 23-25 Guiders & Girls

### **NETHERURD**

January 26-28

Developing your Training Skills For Prospective Trainers and Tutors, experienced Guiders, Advisers and Commissioners. Why not find out more about training opportunities in Scotland and develop your training skills?

April 27-29

Mentoring/District Commissioners Being a Mentor is a rewarding role. Come and try new activities, develop you skills and practise this role.

June 15-17 B-P Challenge Adventure Training Weekend for adults

June 19-21 Mystery Theme Weekend Come and enjoy a weekend of fun and games with a mystery theme and costumes!

### BRONEIRION

March 16-18 Beyond the Horizon — PR Training

March 20-22\* County/Division/District Administrators

May 4-6 Outdoor Activities for the unit May 18-20

First Aid Training Skills Make & Take

June 12-14 Programme Ideas (with crèche)

June 22-24 Musical fun for your unit

June 26-28\* A walk on the wild side

June 29 - July 1 The District Commissioner and her Team

September 7-9 Out & About for outdoor enthusiasts

September 14-16 Much to do and learn — Archivists' Training Count me in — Disabilities Training

November 9-11 International Opportunities in your Unit/Syniadau are Cyfer Rhaglenni

November 30 - Dec 2 Murder Mystery at the Manor Arts Training

\* mid week

### HAUTBOIS

January 12-14 First Aid Renewal and 1st Response

January 22-24 Guitar courses for all levels

February 2-4 Guiders' Club 18-30

February 9-11 Crafts with a difference

March 9-11 First Aid Qualification

April 20-22 & 27-29 **GNAS Archery Leaders Course** 

June 29 - July 1 Festivals & Celebrations — an International Training

July 6-8

Rest, Relaxation & Rainbows activities and ideas for Rainbow Guiders

September 14-16 First Aid Qualification

### **FOXLEASE**

January 5-7 Guiders' and PLs Commissioners

January 12-14 **New Tutors New Guiders** 

January 19-21 District Groups

February 2-4 Rainbow Guiders Peer Educators

February 9-11 Senior Section Guiders & Young Leaders First Aid in Guiding — Qualification

February 16-18 Why do we do it?

March 2-4 **Brownie Guiders** 

March 9-11 Guide Renewal

April 6-8 Games & Activities for Groups June 15-17

Building bridges between sections June 29 - July 1

It's Cool! — understanding youth culture

August 31 - Sept 2 Rainbow Guiders

September 7-9 Programme Ideas

October 26-28 Putting the Programme into practice

November 16-18 Preparing for Camp or Pack Holiday Rainbow Guiders

November 30 - Dec 2 Make & Take **New Guiders** Commissioners

December 7-9 Why do we do it



# 7

### WADDOW

January 5-7

Guider & Guides — The new Programme: so far, so good

January 12-14

Senior Section & Senior Section Guiders — 'Beyond Look Wider'

February 2-4

Programme Ideas: Rainbow Guiders

February 2-4

**Guiding Development** 

February 9-11

Commissioner Training

March 16-18

Get Away Internationally in Guiding

For adult leaders interested in taking units overseas for the first time

April 6-8

Self-esteem — 'My best friend'

April 27-29

Guide Guider — Sectional Training on the renewed Programme

May 4-6

Half house available

June 1-3

Workshop weekend e.g. Food hygiene, 1st Response, Time management, IT, etc.

August 3-5

Whole house available

August 31 - September 2

Whole house available

September 14-16

Guiding Development Forum

September 21-23

Outdoor Specialist Weekend Senior Section & 12+ girls team

September 28-30

Guide & Guider Residential Experience

October 26-28

2/3 House available

November 9-11

1/3 House available

November 23-25

Whole house available

# 2001 Activity courses / Young Members events / Trefoil Guilds / Leisure courses etc.

### LORNE

February 16-18

How does your garden grow? Conservation for all age groups – let the experts help you

February 24

World Thinking Day 2001 Open Day for all sections

March 16-18

Shamrocks, Snakes, St. Patrick A 'real' taste of Ulster

April 13-16

Easter — Available for booking

April 20-22

Ulster Junior Council

April 27-29

Guide Activities — 'Girls Only'

June 15-17

Baden-Powell Challenge

July & August

Pack Holidays in Lorne House

August 17-19

International Selection

August 19 - September 5

Walking Week

Explore the highways and by ways

September 14-16

**Ulster Junior Council** 

September 22

Open Day for Guiders — or stay for the weekend

October 5-7

International Selection

October 19-21

Ulster Commissioners' Conference

October 26-28

Senior Section

November 16-18

Pack Holiday Advisers

December 14-16

Christmas Special Gift-wrapping, ideas for home decorations Look Good-feel good — personal pampering

### NETHERURD

February 23-25

Global Footsteps

Travel through the time zones to celebrate World Thinking Day 2001 in Scotland. This residential event is open to Guides, Senior Section and adult members and is part of a UK-wide celebration of World Thinking Day, based on the parts of the world the Baden-Powells visited.

Participants will be spoilt for choice—activities on offer will include food, culture, citizenship and the

June 15-17

B-P Challenge Adventure Training Weekend for adults

environment from all over the world.

July 27-29

Trefoil Guild Weekend

October 19-21

Mystery Theme Weekend Come and enjoy a weekend of fun and games — with a mystery theme and costumes!

### BRONEIRION

February 23-25

Global Footsteps

April 13-15

Musical fun for Guides

**April 20-22** 

Patrol Leaders and their Guiders

April 27-29

Senior Section members and their Guiders

May 31 - June 2

Adventurous Activities for girls

July 9-16

The Delights of the Dragon — holiday week

September 7-9

Teens and Twenties — Senior Section event

November 2-4

Badges — for Guides

### **HAUTBOIS**

January 5-7

Go For It!/B-P Challenge A look at the new Guide Programme for Guiders, with 2 PL's

January 26-28

Hautbois Young Conservationists Conservation and environmental activities for Guides

February 16-18

Journey Round the World An international weekend for Brownies with their Guiders

April 13-15

Family Activity Weekend

May 14-17

Bird Watching

June 22-24

Singing for fun

August 28-31

Outdoor pursuits for Guides

September 14-16

Friends of Hautbois Weekend and

August 31 - September 7 Heraldry Hautbois Minstrels

October 26-28

Hautbois Young Conservationists - Tree Week

November 30 - December 2

Santa's Biggest Brownie Adventure

December 7-9

Santa's Biggest Brownie Adventure

December 14-16

Santa's Biggest Brownie Adventure

**FOXLEASE** 

January 5-7 PLs & their Guiders

February 20-22\*

9 and 10 year-old Brownies with their Guider

February 23-25

Global Footsteps

Brownies/Guides/Senior Section

April 12-14\*

Residential event for 12+ Guides - no Guiders!

April 15-17

Residential event for 12+ Guides - no Guiders!

May 8-11\*

Spring Gardens — Leisure Break

May 11-13

**RLSS Rescue Test Course** 

May 14-18\*

Patchwork & Quilting Leisure

May 25-27

9 and 10 year-old Brownies with their Guider

May 28-31\*

Catered break for Brownies or Guides with their Guiders

June 15-17

Foxy Challenge Camp 12-14 Guides — no Guiders!

July 8-12°

Open Leisure Break

July 21-26

Catered break for Brownies or Guides with their Guiders

July 27-29

Guide Challenge

July 30 - August 1\*

Residential event for 12+ Guides - no Guiders!

August 2-4

Residential event for 12+ Guides no Guiders!

August 20-24\*

Guide Activity Week

8 Guides and a free Guider place

August 24-27

Catered break for Brownies or Guides with their Guiders

September 10-14\*

Open Leisure Break

October 22-26

Catered break for Brownies or Guides with their Guiders

November 5-9\*

Bonfire Break

December 14-16

Senior Section Event

\*midweek

WADDOW

February 16-18

Walking — for Trefoil Guild

February 23-25

World Thinking Day Weekend

April 12-17

Easter Guide/Brownie Event

May 4-6

Baden-Powell Challenge Weekend

June 18-21

Leisure Break

July 13-15

Friends of Waddow Weekend

July 16-19

Leisure Break

August 3-5

Whole house available

August 11-18

Walking Week

August 28-31

Grandparents' Week

August 31 - September 2

Whole house available September 3-7

Leisure Break

September 28-30

Guide and Guider Residential Experience

October 8-11

Leisure Break

October 22-25

Grandparents' Week

October 26-28

2/3 House available

November 6-9

Leisure Break

**BLACKLAND FARM** 

January 13-14

Guide Association Rock-climbing Training Scheme (Level 1 Training)

February 17-18

Guide Association Rock-climbing Training Scheme (Level 1 Training)

March 10-11

Guide Association Rock-climbing Training Scheme (Level 2 Training) May 13

Introduction to Walking Skills

May 12-13

BCU 1 & 2 Star Tests (Kayak)

May 19-20

Beginners Rock-climbing

May 19-20

BCU 1 & 2 Star Tests (Kayak)

May 30

Open Canoe Option

May 31

Zip Wire Option

June 2-3

BCU 1&2 Star Tests (Kayak)

June 9-10

BCU 1&2 Star Tests (Kayak)

June 16-17

BCU 3 Star/2 Star Improvers Kayak

July 7-8

BCU 1&2 Star Tests (Kayak)

July 14-15

Guide Association Rock-climbing Training Scheme Level 1 Training

July 20-22

**GNAS Sports Community Sports** Leader Award Module A (Camping)

July 21-22

Beginners Rock-climbing

July 28-29

Improvers Rock-climbing

July 27-29

GNAS Community Sports Leader Award Module B (Camping)

August 2

Open Canoe Option

August 11-12

Beginners Rock-climbing

August 18-19

BCU 1 & 2 Star Tests (Kayak)

August 24

Zip Wire Option

September 1-2 Beginners Rock-climbing

September 8-9 BCU 1 & 2 Star Tests (Kayak)

September 15-16

BCU 1 & 2 Star Tests (Kayak)

September 22-23

BCU 3 Star/2 star Improvers Kayak Course

September 28-30

**GNAS Community Sports Leader** Award Module A (indoor accommodation)

October 5-7

**GNAS Community Sports Leader** Award module B (indoor accommodation)



# Training Activity Centres, Training Weekend Fees and Deposits and Contact Details

Manager of Centre	Address	Phone/Fax	Weekend Fee/	Deposit
loan McCullough Lorne	Lorne House 30 Station Road Craigavad Holywood County Down BT18 0BP	Tel: 028 90 423180 Fax: 028 90 426025 E-mail: Ulsterhq@guides.org.uk	Shared Twin Single Full Fee in adva Counties 50%	
Janice Lowe Netherurd	Netherurd House Blyth Bridge West Linton Peeblesshire EH46 7AQ	Tel: 01968 682208 Fax: 01968 682371 E-mail: Janicelowe@talk21.com	Shared Single Girls Deposit	£54.00 £65.00 £45.00
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Chris Humphries Hautbois	Great Hautbois House Great Hautbois Road Coltishall Norwich NR12 7JN	Tel: 01603 737357 Fax: 01603 736138	Anglia Guiders Others Full Fee payable booking	£49.00 £51.00 when
Hilary Chittock Foxlease	Foxlease Lyndhurst Hampshire SO43 7DE	Tel: 02380 282638 Fax: 02380 282561 E-mail: Foxlease@guides.org.uk	Shared Twin Single Deposit	£47.00 £50.00 £59.00 £15.00
Margaret Firth Waddow Hall	Waddow Hall Clitheroe Lancashire BB7 3LD	Tel: 01200 423186 Fax: 01200 427460 E-mail: Waddow@guides.org.uk	Shared Twin Single Deposit	£47.00 £50.00 £59.00 £15.00
Martin Robinson Blackland Farm	Blackland Farm Grinstead Lane East Grinstead West Sussex RH19 4HP	Tel: 01342 810493 Fax: 01342 811206 E-mail: Blackland@guides.org.uk	Contact the Centre.	

### **APPLICATION FORM**

### GLOBAL FOOTSTEPS BOOKING FORM

For ALL APPLICATIONS please complete the sections of the Booking Form that are relevant to the event you wish to attend. Send your Booking Form to the address listed for the event of your choice, with your payment and an A4-sized sae.

Contact name and address (including postcode):	
Number of leaders/helpers:	
Number of Senior Section participants:	
Number of Guide participants:	
Number of Brownie participants:	
Number of Rainbow participants:	
How will you be travelling to the event?	
Do you have any participants with disabilities/spec	
	la necusi
If yes, please give details:	
	***************************************
Remittance details	
One Day	Activities
	nt you wish to attend.
Trease tick tile ever	
Westminster Abbey (All Sections)	Lorne (All Sections)
St. Margaret's Church (Rainbows and	Send this Booking Form and full payment to:
Brownies with leaders only) Send this Rooking Form to Cl. I.	Global Footsteps, Lorne House, Station Road, Craigavad, Holywood, County Down, BT18 0BP.
Send this Booking Form to: Global Footsteps, Programme Team, The Guide Association, 17-19 Buckingham Palace P.	Cheques payable to 'The Guide Association'.
Buckingham Palace Road, London, SW1W OPT.	
	Great Yorkshire Showground (9+)
Crystal Palace Sports Centre (Brownies,	Send this Booking Form to: Global Footsteps,
Send this Booking Form and full payment to: Write With A Mile Payment To:	North East England HQ, 106 Heworth Green, York, YO31 7TQ. Cheques payable to 'The Guide
Clobal Footsteps, c/o Nikki Bird, 2 Victoria Road, Writtle, Essex, CM1 3PA. Cheques, payable to The	Association'.
The Account of the Ac	
Guide Association'. If available, would you take  advantage of a special Guide train from Victoria  Station to Crystal Palace?	Broneirion (All Sections)
Station to Crystal Palace? Yes No	Send this Booking Form to: Global Footsteps,
, III	Broneirion, Llandinam, Powys, SY17 5DE. Cheques
	payable to 'Guides Cymru'.



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Fo

### Residential Events

Please tick the event you wish to attend and indicate your preferred choice of accommodation with '1' being your first choice. If your first choice is not available, would you accept a place on your second choice?

Yes No

Great Hautbois House (Guides & Adult	Netherurd (Guides and Senior Section)  £36 + £5 for activities (catered for)  £23 + £5 for activities (Senior Section only plus Guiders)  Please send full payment with this booking form to: Global Footsteps, c/o Miss F Aitken, 169  Avontown Park, Linlithgow, West Lothian, EH49 6QT. Cheques payable to 'The Guide Association Scotland'	
Leaders)		
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£36 + £5 for acti	vities (catered for)	
£9.50 + £5 for ac	ctivities (self-catering)	
Brownie House	£9.30 + £5 for activities	
Cottage incl. bed	l linen £10.30 + £5	

\_\_\_\_ The Hut £6 + £5 for activities

Please send full payment with this Booking Form
to: Global Footsteps, Waddow, Clitheroe,
Lancashire, BB7 3LD. Cheques payable to 'The
Guide Association'.

Stables £8.30 + £5 for activities



**QUEEN** How strange.

KING (sighs) I'd do anything for a plate of quail, braised in a little white wine and some freshly squeezed orange juice. Or even lightly poached salmon with a champagne cocktail would do...

QUEEN You don't expect me to braise quail and squeeze oranges do you?

KING No, dear, of course not.

QUEEN Oh, good.

KING Porridge and toast will be just fine. And a cup of tea.

**QUEEN** Moi? Your little Queenie-Weenie?

KING Yes, dearest. And don't be too long. I'm hungry.

**QUEEN** (wheedling) Why can't you do it, Herbert?

KING (kissing her lovingly) Because I'm King, dearest. Boss of the country. He pats her on the back.

Off you go, now. Quick as you can.

QUEEN (angrily) Oh, very well!

She flounces out. King settles himself at a table and puts a huge napkin around his neck. Queen enters with saucepan, bowl and spoon, and a plateful of blackened toast. She has black smudges on arms and face.

QUEEN Here's your porridge.

She empties a solid mass of porridge into bowl with a thud.

KING What's this?

QUEEN You asked for porridge. That's porridge. Here's your toast. (Slams it down) And I don't want to hear another word. I'm going for my bath, if I can find out how the taps work.

KING But dearest, what about your own breakfast?

QUEEN I'm not hungry any more.

KING (peering into his bowl) Neither

am I. My appetite seems to have completely disappeared.

Exit, carrying dishes. Stage darkens.

Musical interlude.

Scene 3
Same room, still yellow

King and Queen, dressed, are writing a letter.

KING I still think I should strike out the word 'humble'.

**QUEEN** Oh, don't, darling, it might make all the difference.

KING A King can't say 'humble' to his servants. It's not on.

QUEEN But they won't be our servants unless we sound as though we mean it. I'll write anything if only they'll come back. I can't stand doing any more washing-up.

KING I must say I'm pretty brassed off with the housework. That vacuum-cleaner's a monster. I swear it's alive. It bit me the other day.

QUEEN I know how you feel, dearest. It's the same in the kitchen. It's full of instruments of torture. I can't make out what they're for. And the pans are ridiculous. There's one that's full of little holes. Every time I pour anything into it, it just runs straight through.

KING We must get the staff back. How's this? (Reading) 'We, the undersigned, being aware of your sterling service in past years, most earnestly beg your cooperation. Finding ourselves somewhat short-staffed and being unable, through pressing affairs of state, to attend personally to the Royal household, we invite you to resume your duties at Court at twice your previous salary.

'Generous free time, luncheon vouchers provided. Annual staff outing to Blackpool. Reply to The Royal Secretary' – that's me for the moment – 'and oblige your most humble servants, Herbert Rex and Mabel Regina'.

QUEEN Can't say fairer than that.

KING I'll make some photocopies and pop to the postbox right away.

QUEEN Give them to the Lord Chancellor to post... Oops, I keep forgetting. Shall I take them, dearest? You must be tired.

KING We'll go together, my darling. Exeunt hand in hand.

Scene 4
Same room, still yellow

Maids, pages and footmen polish and sweep, singing cheerfully. King and Queen flick dusters, hold dustpans and so on, doing helpful tasks for staff.

ALL

Song: Celebration (to the tune of Tzena)

Things round here are really moving, Our conditions are improving Since the Palace strike. Now both King and Queen are splendid.

And our painting days are ended. This we rather like! No more changes, isn't that a pleasure?

Makes a difference to our hours of leisure.

Ballroom stays a bilious shade of yellow

Paint and paintbrush, on your bike!

See how everyone is working,
We ensure there is no shirking
From the Royal pair.
Now the Queen is apt to find
She hasn't time to change her mind
And doesn't seem to care!
We all join in happy celebration
Irrespective of our rank or station
One in purpose, happy all together
All our duties now we share.

Sing once through then again as a round. Finish with a lively dance, all waving cleaning equipment.

# Production 1201es Lots of hints and tips for putting on your panto

### The prompt

The Director can act as prompt, but you might like to make it a special job for someone else.

The prompt should know the script really well, marking up cues and any places where actors regularly get mixed up.

If a prompt is needed, speak audibly so that the actor can hear without straining.

Give the first few words of the forgotten line so that the actor remembers what she should be saying.

### Prop manager

The prop manager needs to read through the script, carefully noting down each prop that is needed -

from a conductor's baton to cups and saucers.

She can choose some assistants to help gather the props together. Try to borrow whatever you can, or else you can improvise.

For example, where the script calls for a silver tray, you could cover a normal tray in foil.

The props manager should make sure that all the appropriate props are ready for each scene.

Don't forget to return props to their rightful owners once your panto has finished.

### Director

The Director - a willing Guider or responsible Young Leader - should know the panto script inside out.

She will choose the cast and supervise rehearsals, helping the actors to achieve their best performances.

- Be strict and make a date after which scripts are not allowed at rehearsals.
- Ensure that the actors make the best use of
- Be encouraging, and remember it's supposed to be fun!

### Stage manager

The stage manager can work very closely with the props manager.

She needs to sort out the lighting, sound effects and scenery. Have a handy team of shifters to move scenery when needed.

The stage manager needs to keep order behind the scenes - which means keeping

### Top tip

This panto calls for recorder players. If you haven't got anyone who can play, try humming on a paper and comb instead!

### Wardrobe designer

The wardrobe designer has a big impact on

First of all, she needs to read through the script and make notes of the costumes that

For example, the Queen in our panto will need an everyday costume, nightclothes (a dressing gown will be fine), and a ball gown.

Ask around for old bridesmaid dresses which make great ball gowns.

> Alternatively, everyone can just wear their best disco gear!

If you have borrowed clothes, always wash or dry-clean them before they are returned.

### Top tip

Scour charity shops for

costumes, accessories and props. Keep a sewing kit handy for emergency repairs. Safety pins always come in handy!

### Make-up artist

backstage!

everyone quiet

If you are putting on a small production, then make-up is not really necessary. However, it does help everyone to get into character, and is good for morale!

Ask around for lipsticks, blushers and eyeshadows that friends and relatives no longer need.

Face paints are also a great idea as they give a stronger look than normal make-up.

Check whether anyone is allergic to make-up or face paints and have lots of cleanser and cotton wool available for removing it.





# Front of house

There's lots you can do to help make your panto successful

### Refreshments

Drinks and nibbles are always welcome during the interval.

Keep it simple with squash, pop and tea or coffee for grown-ups. Crisps and biscuits are the easiest choice, but you may know one or two people who are willing to bake a few cakes.

Ask for donations (such as 50p for a drink and a biscuit) or include refreshments in your ticket price.

### Tickets and posters

Have you decided who your audience is going to be?

You may wish to make your panto a family affair just for close friends and relatives, or you could open it up to the whole community.

Posters are the best way to advertise your show. Hold a competition to design a poster. All the girls have to come up with a bold design that includes the following information:

- The name of the panto
- Who is performing it
- The date, time and venue
- Ticket prices
- Telephone number for enquiries (the Box Office). Think very carefully about the best places to display your posters.

### **Programmes**

A programme will let everyone know what is happening as well as giving details of the cast and crew.

You could also look for sponsorship from some local businesses — in return for an advert in your programme.

So, if your local shop donates biscuits and cola, you could put an advert in the programme to say who kindly donated the refreshments.

The programme only needs to be a photocopied sheet of A4. You may know someone with a computer who will be prepared to design it for you.

■ Tickets could be hand drawn, or designed on a computer, then photocopied.

Top tip

Rope in some muscly dads to act as security and keep out unwanted guests!

### Important jobs

Here is a list of some important jobs that you may have forgotten.

You may not need everyone on the list, and people can do more than one job, but it is worth thinking about the roles they play.

- Programme sellers
- Refreshment supervisors
- Car park attendants
- Ticket sellers
- Door staff
- Ushers
- Cloakroom attendants
- Errand runners

If you can, get all the helpers dressed in similar clothes so that they are recognisable. A uniform top or even the same coloured T-shirt is a good idea. Name badges are also useful.

Top tip

a hand to clear up afterwards.

Everyone should lend



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Last year the 1st Blackfen Guides performed Cinderella and raised a total of £80

### Guiders' note

Don't forget that the majority of printed material is also covered by copyright.

Happily, our panto is copyright free so you can photocopy it as much as you like!

### A question of copyright

Copyright is the exclusive legal right which protects a piece of work from unauthorised use.

If you want to use someone else's tunes and lyrics in a production, you must clear the copyright first.

The easiest way to do this is to contact the individual music publisher for more information.

However, if this all sounds a bit daunting, there are lots of Guide and Scout songs that are copyright free.

If you would like more information about copyright, get in touch with the Copyright Licensing Agency Ltd,
90 Tottenham Court Road, London WIP 0LP.

Telephone: 020 7631 5555.

Their very informative Web site can be found at: www.cla.co.uk.

### Licence to thrill

If you are putting on a public performance of our panto (that means that you are selling tickets) you may need an entertainment licence. However, it is likely that your meeting place already has one.

■ To check out if you have a licence or not, you need to get in touch with the Performing Rights Society, 29-33 Berners Street, London WIP 4AA.

Telephone: 020 7580 5544 or e-mail: info@prs.co.uk.

■ The quickest way to find out about copyright and entertainment licences is to visit the Performing Rights Society Web site at: www.prs.co.uk.





# Stop stress

Don't let seasonal stress get to you — do something about it...

# What causes stress?

Lots of things can make us stressed, from exams and relationships, to deciding what to wear in the morning!

Divide the girls into groups and ask them to write down everything that stresses them out.

After ten minutes, ask the girls to stop. Come back together to discuss what everyone has written down.

Some of the things may include:

- Moving house/school
- Periods
- Divorce
- Weight
- Religion
- Growing up
- Parents
- Spots
- Money



# Make it easier...

Ask younger girls to list things that make them sad.

# Feels good

This is a relaxing activity for all ages. Rainbows will like the cutting and sticking, while Guides will love the chance to chat about things they like.

Each girl needs a sheet of paper. Put the magazines, glue, and scissors in the middle of the table.

All the girls flick through the magazines, cutting out pictures of things that make them feel good — such as ice cream, friends, CDs, and so on.

After the girls have stuck their pictures on to their paper, discuss the kind of things they have cut out. Display the pictures so that everyone can remember what make them feel good in times of stress.



You will need

each girl

Glue

Scissors

A4 paper or card for

Magazines or catalogues

# You will need

- 200g toffee popcorn
- 25g butter
- 90g marshmallows
- 15 paper cake cases

15 mins

# Stress buster balls

What better way to relieve stress than to cook up a gooey recipe that was just made for sharing with friends?

Put the butter and marshmallows into a non-stick pan and melt them on a very low heat, stirring the mixture with a wooden spoon. Tip the popcorn into the gloopy marshmallow mixture and stir

well so that it is all coated.

Let the mixture cool for a minute before putting a spoonful into each cake case. Leave them in the fridge to set.

# Warning

The marshmallow and butter mixture can get hot. Be very careful that you don't let it burn.

Rainbows can make this recipe if they are carefully supervised. Watch out, it's very sticky!

# Laughter lines

It's often said that laughter is the best medicine, and it's true — laughter can reduce tension and stress.

Get all the girls to sit in a circle. One girl is chosen to sit in the middle. The other girls take it in turns to fire questions at her, and try to make her laugh. The girl in the middle must not laugh, and the only response she can give to their questions is 'Spotty pink pig!'

Whoever makes the girl laugh takes her place in the middle.

Try thinking of some other ways to bring more laughter into your lives...

- Each week, pick two girls to find a joke each to tell at the next meeting.
- Go and see a funny film.
- Read a funny book.
- Make time in your meeting for people to share funny things that have happened to them during the week.



# Mental Health Day

The ninth World Mental Health Day will be held on October 10 this year.

On this day, organisations, governments and charities all over the world will be putting the issue of mental health at the top of their agendas.

Your local health authority will be able to tell you what is going on in your area and how you can get involved. To find out where yours is, look in the Yellow Pages under Health Authorities and Services.

For further information, you can also contact leading mental health charity Mind at: Mind Information Service

Granta House 15-19 Broadway London E15 4BQ

Visit the Web site at www.mind.org.uk.

# Write track



Play with words and find out what fun they can be!

# Graffiti wall

Find out what your girls really think about Guiding, the world — and everything...

Stick some large sheets of paper to your walls — wallpaper is ideal.

Leave it there for the duration of the meeting and ask the girls to write anything they like on it, such as how they feel about Guiding, their favourite pop bands, and so on.

At the following meeting, have a closer look at your graffiti wall. What does everyone think about the comments on it? Has anyone written anything controversial?

# Ideas to go

- Approach your local paper to ask if you can put in a regular column about what's happening, or going to happen, in local Guiding.
- Write and decipher messages in different secret codes.
- Try your hand and pen at Chinese calligraphy.
- Start a unit logbook to record your highs and lows.
- Find out if your local authority, college, or bookshop has a poet in residence, then ask them if they will visit you to talk about what they do.

# T.R.A.C.E.S.

This word game is suitable for everyone, but you may need to make the clues easier or harder for different age ranges.

Divide the girls into groups of six. In their groups, each girl writes a different letter from the word TRACES on her card.

Read out the clues on the list. The girls in each group rearrange themselves into the word that they think is the answer.

Every team that gets it right scores a point, but the first team to do so gains two points.

- A rodent (rat)
- Running contest (race)
- A very large expanse of salt water (sea)
- Something to listen with (ear)
- Lights up the sky at night (star)
- Ready, \_\_, Go! (set)

# It's a long one

Keep everyone quiet with this fiveminute filler.

Give someone a minute to find the longest word they can in a dictionary.

Write out the word in bold letters on a big sheet of paper. Then give everyone five minutes to write down as many new words as they can, using only the letters from the long word.

# **Guiding Times**

Guiding is great — so why not tell everyone about it? A newsletter could be just what your unit needs.

Ask other sections and units in your Division if they have any news that the community needs to hear about. This could include projects that you are working on, people you have helped, adverts for car boot sales, and

Put together two sheets (double-sided) of A4 paper full of Guiding news. If you know anyone with a computer, perhaps they can help you to lay it out. Include contact numbers of Guiders in case anyone wants to help out or join!

Don't forget to make your newsletter easily photocopiable. Ask if you can leave copies in the library or post office.

Think about producing a newsletter every three or six months or so.

These activities are brought to you as part of the Book Aid International project

# The write stuff

How do you fancy winning an exciting selection of stationery for your unit? We have got together with Partners the Stationer and Henkel to offer you the chance to become the trendiest unit in your District.

Three lucky winners will win a 'freedom pass' to go into their nearest store and choose whatever they like — up to the value of £50.

Choose from a fantastic selection including the latest character stationery from Chicken Run and products from Henkel including glue and glitter, and funky animal tape dispensers. Plus you can explore the colourful range of Partners stationery with creative pencils for the aspiring artist, multicoloured calculators — and even scented gel pens...

For a chance to win £50 worth of the best stationery around, simply send in your details, along with the answer to the question below, to Activate/ Stationery at the address on page 3, or e-mail guiding@guides.org.uk. All entries to arrive by October 31.

What film has inspired the latest character stationery?



You will need

art shops)

Water Newspaper

Large sheets of layout paper (available from all good

Brightly-coloured inks -

bottles or cartridges

Chunky paintbrushes

Empty plastic tubs

20 mins

# Cards and paper

# Make this fantastic stationery to sell or to use

Our beautiful greetings card and gorgeous matching gift wrap, are suitable for all sorts of occasions.

If your unit is holding a fundraising fair, make lots of card and paper sets. Present them in clear plastic bags, and then sell each set for £1!

# Top tip

Look out for bargain foam stamps in craft shops' bargain buckets. It's surprising what you can get for a few pence.

# Paper chase

This beautiful wrapping paper is made with layout paper.

Layout paper is available from art shops. The main property of this paper is that it doesn't dissolve when wet. It comes in large sizes, such as A3, so get the biggest size you can.

First, cover your work surface with lots of newspaper.

Scrunch a piece of layout paper into a tight ball and then flatten it out carefully.

Prepare your inks. If you are using cartridges, push a pencil into the top to pop the ball bearing. Squeeze each colour – red and blue are good – into separate tubs.

Pour some cold water into another tub. Using a brush, wet the whole surface of the layout paper.

While it is still wet, dip a dry brush into an ink pot and paint wide stripes on to the paper. Use the other colour to fill in the other stripes.

If you like, you can experiment, adding more water or ink to make different patterns.

When the paper is dry, you can leave it like it is or stamp it to match the greetings card.

# **Crowning glory**

This card is funky and easy to make.

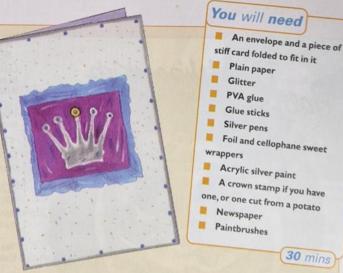
Mix some glitter with a little PVA glue. Use a dry brush to smear a very thin layer of this over a piece of plain paper.

You should end up with a light sprinkling of glitter over the paper. Put it to one side to dry.

Practise stamping, using the silver paint and crown stamp, on a piece of newspaper.

When you have got the hang of doing this, press a crown firmly on to a cellophane sweet wrapper.

Leave it to dry, and then cut it out in a square, or rectangle, that is slightly bigger than the print.



Top tip

Making your own stamps is a great activity in itself. Cut out squares of thick card and smear one side with strong glue. Lay string on top in a simple pattern — such as a flower. When the glue is dry, press the shape on an ink pad and get stamping!

Use glue stick to fix the glitter paper – cut to size – to the front of your folded card.

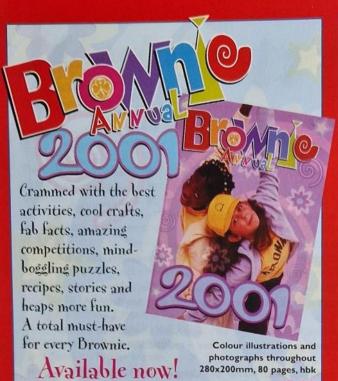
Tear a piece of foil slightly bigger than the cellophane. Smear glue stick over the back of the foil and stick it in the middle of the card.

Stick the cellophane on top of the foil in the same way.

Now it's time to add the finishing touches.

Draw around the edges of the card with silver pen and stick a blob of glitter on each point of the crown.

Leave the card to dry thoroughly before it is used.



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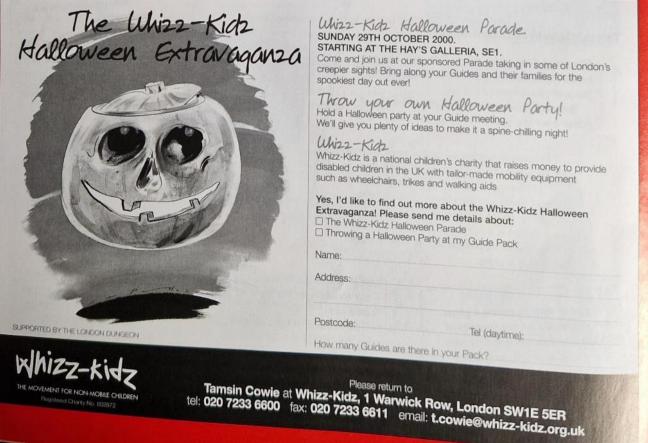
The Booking Secretary, Stones Centre PO Box 437, Sowerby Bridge West Yorkshire HX6 3YH Telephone: 01422-823514



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# Guide books

# You have made an impact with your generous and useful donations

By Book Aid International

Brownies from the 4th North Dulwich Pack visited Book Aid International recently to help stamp and pack books donated by Association members.

At the warehouse, they met Ella Douglas, a librarian and Guider from Nigeria, who was selecting books.

# Book choice and distribution

Ella told them that children's books were always needed in Nigerian libraries, and that she was happy to see that Guides had donated so many story and picture books.

As well as selecting materials for young people, she was also looking for books suitable for colleges and training centres.

After a month or two, Ella's books will arrive in Nigeria and be taken to a distribution centre in Enugu state.

There they will be unpacked and sorted into categories, according to their subject and level. Librarians will then allocate books to schools and educational organisations in the Eastern States region, taking care to ensure that the right books reach the people who need them.

# Final destination

The library of the state capital Yenagoa is one institution that receives BAI books. Ella, who is the director, has played a major role in building up the library's resources.

To begin with, it had a few books donated by BAI, but now she is having to lobby her government for a budget to buy Nigerian and African publications which even BAI cannot supply.

# Guiding connection

Ella was pleased to meet some of the girls who have been involved in the Service Project. She believes it is very important for women and girls to be involved in community activities.



Brownies from the 4th North Dulwich Pack with donated books at BAI's warehouse

The meeting also gave her ideas about how she might encourage fundraising and reading activities in schools and Guide groups in her own village.

# A big 'thank you'

Everyone is very pleased that members of The Guide Association have thought about the books they are donating, which include a good mix of British and African published material. Their quality and the variety of content will be appreciated by people in developing countries."

Nelly Temu-Williams, Head of Operations, BAI.

# Special needs

# In the first of a new series on different medical conditions, we look at dyspraxia

The Guide Programme includes many activities that people with dyspraxia will find challenging, and the support of peers and leaders is vital. This cannot be achieved unless people are aware of how dyspraxics are affected.

# What is dyspraxia?

Dyspraxia otherwise known as Developmental Coordination Disorder or Clumsy Child Syndrome - is a condition believed to be caused by an immaturity in neurone development in the brain.

Dyspraxic children have poor motor ordination. They are clumsy and move wkwardly. Even simple tasks such as fastening buttons, holding a knife and fork, and riding a bike, are difficult for them.

The condition affects one child in Very five to some degree. Although boys end to suffer the most, some girls are badly effected too.

#### Behaviour

Sufferers have problems planning and sequencing. They find it difficult to follow and remember instructions, and to learn new tasks. Some also have problems with their speech, listening skills and handwriting.

Children with dyspraxia can be hyperactive. Some cannot concentrate, and all are frustrated. They can be overemotional and sensitive - they cry easily. Others lose themselves in daydreams and switch off.

# Low self-esteem

Dyspraxic children are often bright and imaginative, but their talents get overlooked, because people label them as clumsy and stupid. Little wonder that many dyspraxic children have low selfesteem, lack confidence, and find it difficult to make friends.

# Guide, 3rd Wyke Regis unit

By Katy Jones

# Success story I am 12 now, and was diagnosed as

I was eight I was of her goals



dyspraxic at the Dyspraxia has not stopped age of four. When Katy from achieving many

told that I would never achieve much. Determined to disprove this prediction, I have learned to play chess and the violin - both skills I was told would be impossible - and can now ride a bike and a horse. I love writing, and have won awards in several national writing competitions.

I love Guides. My Guider encourages me to try new activities and is very discreet in her support. The staged badges have been particularly useful, as they have let me achieve at a level suitable to my ability. I have 30 badges - some have been very difficult, but I am so proud to have earned them.

# erso

# How to help girls and young women feel safe

Many young women don't feel safe out on their own, but there are plenty of measures they can take to protect themselves from attack

The recent Today's Guide Tomorrow's Woman report reveals that 76 per cent of girls are very concerned about violence and their own personal safety in a world they perceive as increasingly dangerous. While it is obviously important for young people to be aware of aggression they may encounter in their everyday lives, this awareness needs to be translated into positive strategies to keep themselves safe.

Statistically, boys are far more likely to be attacked than girls. Indeed, across all age groups men are more vulnerable, particularly in the 16 to 25 bracket. But although statistics give a general idea of what's happening, they don't help with the local picture. We all know that even within small neighbourhoods, one street can be more dangerous than the next. So, knowing that around 10 per cent of all crime is violent crime doesn't tell us much, if anything, about our own localities.

# Local knowledge

Queen's Guide Christine Cousins, now a trainer with the Suzy Lamplugh Trust, advises getting in touch with your local police station to find out about incidents in your own area rather than looking at national statistics.

You might also want to contact your Crime Prevention Officer to see if he or she could give your unit a talk on safety, and to find out about any literature they may have. The Metropolitan Police Force publishes a very straightforward leaflet called Stay Safe. It covers many aspects of personal safety and is aimed at the community as a whole, but the sections on public places and public transport would be particularly relevant to Guides.

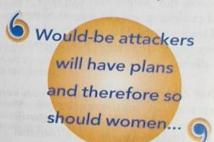
Crime Prevention Officer Richard Flynn, stresses that it's important not to feed fears, but rather teach young people to understand the risks and learn to avoid them. Often it's a case of common sense, such as not giving out your name, address or telephone number when using chat-rooms on the Internet. Flynn also advises contacting the Community Safety Officer through your local council. The CSO may be able to offer assertiveness training or tell you about schemes operating in your area

# Safety strategies

The Suzy Lamplugh Trust offers a variety of materials to promote personal safety, including video resources and trainers. Christine Cousins explains that one of the key ways to help young people avoid trouble is to get them to think through their plans. By looking at where they are going, what they are going to do, how they are going to get there and back and with whom, they can start to assess the risks involved. They should never assume it won't happen to them. Would-be attackers will have plans and therefore so should they.

Planning for Personal Safety, a resource produced by the army in association with the trust. contains a number of activities designed for group work, focusing on a short video showing friends going out for the night. Aimed at 14-19 year-olds, it should provoke lively discussion.

Of course these strategies aren't applicable simply to young people but to all of us, whatever our age. Cousins says we should learn to trust our gut instincts. Usually, if we feel



uncomfortable in a situation it's because we ve unconsciously picked up warning signs. At this point it's important to forget about good manners and get away. She recommends carrying personal alarm and making sure you have it in your hand in situations when you feel at risk An alarm is unlikely to attract help, but it can shock and disorientate an attacker, giving you precious seconds to get away.

Cousins also points out how alcohol and

# safety/

drugs can change the way we feel. They can give false confidence, lower inhibitions or simply make us less aware. This makes having a plan of action even more important as, by the time we sense danger, we may need to act very quickly. Looking confident, but not aggressive, also makes us less vulnerable to attack.

# Self-defence

For some, personal safety will mean self-defence. The Suzy Lamplugh Trust warns that there's no proof that self-defence works for everyone, and it's misleading to think a course will keep you safe from all harm. Richard Flynn echoes these concerns. At one point the police ran self-defence classes, but today many feel they don't present a realistic solution.

In order to be effective, self-defence must be practised regularly. Also, courses are generally run in unreal situations with participants dressed for action in trainers and tracksuits. Not the same thing at all as being attacked in the street. People who have studied self-defence often think of it as a first rather than a last resort, whereas the best way to deal with trouble is to avoid it.

Fred Adams has no quarrel with such views. His book, Hands Off! Hap-ki-do, self-defence for women, stresses avoiding actions are always the best in confrontation. However, he believes there are times when avoiding doesn't work, and it's wise to be prepared for this eventuality. Adams, who has a life-long interest in martial arts and more black belts than you can shake a stick at, recommends Hap-ki-do as it requires little strength, and basic techniques can be learned quickly. It's a defensive system rather than a sport. Guides in Norfolk have already had the opportunity to try their hand at Hap-ki-do, and Adams is happy to tailor a class for individual groups.

Should you decide to look for classes in your own area, Adams warns against unqualified instructors. A call to the Amateur Martial Association should establish if they are reputable or not. By taking a proactive stance on personal afety, we can enable young women to be in control and to go about their lives confidently,

secure in the knowledge that they have assessed risks and looked for solutions. No one can be one hundred per cent sure that they will never be the victim of an attack, but they can reduce the likelihood significantly through increased awareness and planned actions.

# Publications and organisations

The Suzy Lamplugh Trust, the national charity for personal safety, has produced a number of resources aimed at young people including Well Safe for Teenagers, a 15-minute video for young people out and about, and On the Street? — Well get Streetwise a leaflet and poster with guidance on being safe and in control on the street. For further information, contact the Training and Resources Department, tel: 020 8876 0305.

The trust's Web site – www.suzylamplugh.org – links to others concerning personal safety.

- For details of *Planning for Personal Safety*, contact the Army Education Helpline on **01202 244037**, or e-mail: army\_education@ed-youth.com.
- The BBC's Web site publishes *The Young Person's Guide to the Internet* that includes advice on keeping safe online. Visit www.bbc.co.uk/web-wise/know/young3.shtml. And of course, the Association has its own Internet guidelines which you'll find at www.guides.org.uk.
- Stay Safe: A Guide to Personal Safety is available from the Metropolitan Police. Tel: 020 7230 1212.
- The Amateur Martial Association. Tel: 020 7837 4406.
- Hands Off! Hap-ki-do self defence for women is available for £4.95, post-free, from Frederick Adams, St Edmund's House, Taverham, Norwich, Norfolk NR8 6PA. Tel: 01603 868018.
- The SAFE Organisation runs personal safety courses tailored to each group's requirements. Tel: 01908 397001, e-mail enquiries@rusafe.co.uk.

# Personal alarm offer

The Suzy Lamplugh Trust is offering personal alarms to readers of *Guiding magazine* at the reduced price of £5, plus £1.50 postage and packing — a saving of £2.50. Readers who take up the offer will also receive a safety leaflet which explains when, where, and how to use the alarm.

Just call the trust on 020 8392 1839 and quote Guiding magazine to order your alarm.



# Changing the Young citizens can make Constitution

Young citizens can make the UK better — at a national and a local level

By The Community Action Team

In the August issue of *Guiding magazine*, we looked at the Government's emphasis on developing a sense of rights and responsibilities in individuals, through citizenship education in the National Curriculum.

The challenge now is to encourage schools, colleges and the youth service to not just teach young people about participating in debates and being active in their communities, but to prove that their views will be heard and acted upon.

# Hearing young people

Prime Minister, Tony Blair, has committed himself to listening to young people's opinions, by endorsing the work of the United Kingdom Youth Parliament — an idea that originated from young people themselves.

The aim of the UK Youth Parliament is to give young people between the ages of 11 and 18, a voice which will be listened to by the Government, political parties, and other agencies that have an interest in the views and needs of young people.

The UK Youth Parliament will first sit during a three-day meeting from February 23 to 25, 2001 in London. The meeting will open with a ceremony attended by Members of the Youth Parliament (MYPs), key public figures and MPs.

#### National structure

This will not be a one-off event. The UK Youth Parliament will meet annually on a national basis, and will have an ongoing Internet and local presence, giving young people a chance to express their views and concerns at the highest level.

Local Education Authority areas will be used to define constituency boundaries and each constituency will have a minimum of one MYP, although larger constituencies may have more.

The UK Youth Parliament will develop its Web site to provide an online open facility for debate, comment and involvement by young people, and access to MYPs.

# Youth Election Days

MYPs will be elected during late October or early November this year at a series of Election Days. The majority of these will take place during National Youth Work Week, which starts on October 30. Elected members will meet in regional groups within two weeks of being elected.

Any young person aged between 11 and 18 is welcome, and encouraged, to attend Election Days. The days are designed to be fun, incorporating workshops on citizenship, democracy, representation, and the UK Youth Parliament.

At the end of the day, the young people will be asked if they are still interested in becoming a MYP. Those that are will have their names placed on a ballot paper and an election will be held amongst those who have attended the day.

# Local citizenship

The 1999 winners of the Philip Lawrence Awards may serve to inspire our own members. The awards were established to recognise youth projects that made a contribution to the development of citizenship among young people.

One of the winning projects, Streetmates, is a community group set up by young people to improve their estate in inner-city Manchester. The group produced a video highlighting issues in the area. This resulted in various projects, including the securing of £32,000 to provide a multi-sports area for teenagers, and a youth forum.

Another winner – Fitzrovia Youth in Action – is a group of 16 to 18-year-olds, who organised a five-a-side football tournament to promote anti-racism and social interaction. Three hundred young people from widely differing backgrounds took part.

A third award-winning project was a one-day conference organised by Bournmouth Youth Council. The conference – called 'It's a Youth Thing' – looked at local issues and possible solutions. Recommendations were sent to local decision-makers for consideration.

# Further information

- UK Youth Parliament: Visit www.ypp.org.uk, or contact Kate Parish, UKYP Project Coordinator, 7 Mildmay Terrace, Hartley Wintney, Hook, Hants, RG27 8PN. Telephone 01252 844241, or e-mail kparish1@aol.com.
- The Philip Lawrence Awards: Visit www.nya.org.uk or www.homeoffice.gov.uk/lawrence.htm. Alternatively, contact the National Youth Agency Information Centre on 0116 285 3792 or e-mail Janiceb@nya.org.uk.

Turn to page 16 of Activate for some related activity ideas.



It's a Youth Thing – a special young people's council – was one the 1999 Philip Lawrence Award winners

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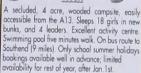
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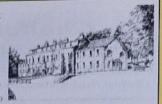
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# Rambling with Rainbows Walking isn't just for older girls — get Rainbows on the march with a small-scale outing

with a small-scale outing

Outdoor Activities Adviser, Scotland Additional material: Judy Edwards

Whoever tells you that Rainbow Guides are not insured to leave the meeting place is pulling your leg. Rainbows have got itchy boots that are made for walking!

The benefits of taking Rainbows outside are great. They, and you, get to spend time in the fresh air, chatting with friends, keeping fit, and enjoying the urban or rural surroundings you live in.

Rambling Rainbows do not need to be - and really shouldn't be - piled into a minibus and driven for hours to a remote craggy hillside. They can just as meaningfully be taken on a 20-minute walk around town, or a 30-minute nature trail - they'll have a great time.

# Adapting ideas for Rainbows

Scavenger hunts, treasure hunts, wide games and penny walks can easily be adapted for the five-to-seven age range, and are sure to provide tons of fun. The key to success is that the activity involved is suitable for the Rainbow Guide.

Elizabeth Howie, Walking Adviser for Ayrshire North arranged a ramble for 27 units - 275 Rainbows - at Eglinton Country Park. A whole array of activities were provided along the route, including counting windows in a castle tower, looking for wild flowers, and finding named Rainbow Rabbits to point the way. It was such a success that she is planning to organise more Rainbow rambles in the future.

Why not find out more locally and see if a short walk can be organised for your Rainbows that suits their age and interests? The library is a good place for information, as is the local Tourist Office.

Lots of town and city councils conduct organised walks such as ghost walks and heritage walks. Parks, country parks and nature reserves usually have a programme of events that often includes walking a short way to watch birds or insects. Try contacting your local branch of the RSPB or the Ramblers' Association, to find out what events they have planned that are suitable for young children. You could also approach a local conservation volunteer to take your unit on a night-time bat walk.

# Planning your ramble

Organised walks are great because much of the planning has been done for you, but there is no reason why Rainbow Guiders cannot take their own unit out and about in the neighbourhood. Walking Advisers are always available for advice and ideas. Good advance planning is the key to successful walking. Do not exceed your limitations, whatever they are, and try taking part in walks organised by others at first.

If you are leaving the usual meeting place, or the time of the meeting is different, then parents, guardians, and the District Commissioner should be informed. There must be a minimum of two adults present, and when more than ten Rainbows are involved, a ratio of one adult to five girls must be maintained.



Ayshire North's Rainbow Rambling Day proved that with the right planning, younger girls can enjoy walking too

Make sure you ask yourself the following questions: What will be needed along the way? How long will you be gone for? What is the weather like? It may rain, snow, hail, or even shine! In some parts of the country it can do all four during one outing. Snacks and drinks will be needed for longer walks, and don't forget sun protection and toilet paper!

Any event takes advance planning, but if you try something with your County, Division, District, or unit which is successful, then advertise it, so that others can learn from your experience.

 The new walking scheme is due out in Spring 2001. Walking Safely will have a new module called 'Out & About' which covers unit trips away from the meeting place.

# Useful contact information

 The Ramblers' Association: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW. Tel: 020 7339 8500. Visit www.ramblers.org.uk.

National Asthma Campaign's 7-Step Challenge: Asthma Information Centre — Tel: 01726 61666. Visit www.asthma.org.uk.

RSPB: The Lodge, Sandy, Bedfordshire, SG19 2DL. Tel: 01767 680551. Visit www.rspb.org.

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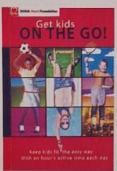
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# Healthy surfing



According to a new report, the level of inactivity in children is reaching crisis point, which could result in a dramatic rise in premature deaths due to heart disease.

The British Heart Foundation has expanded its Web site, with special pages designed for children and teenagers. These include on-screen games and downloadable activities that encourage heart-healthy habits.

To find out more, visit the Web site at: www.bfa.org.uk and click on the link 'young people and education'.

The British Heart Foundation produces a range of resources

# Bank notes wanted

The Children's Kidney Trust is appealing for any out-of-date £1 and £5 bank notes that people may have at home.

The trust is able to obtain the bank notes' full value for vital work with sick children.

So, if you have any green one pound notes, or blue five pound notes with the Duke of Wellington on them, please send them to The Children's Kidney Trust, Freepost, Bromley, BR1 1BR.

# Craze watch

A new electronic game - Digivice - could be the latest toy craze to hit the UK. Already a bestseller in Japan, the game all but sold out when it hit the shops in the UK a few weeks ago.

Digivice - which is similar to Digimon - is designed to clip on to a belt and is powered by the user's movements. As the user walks around, the electronic pet strolls around a virtual map on the

 Watch this space for updates on the latest childrens' crazes to look out for. And if you come across any new ones - drop us a line at the address on page 3, or e-mail guiding@guides.org.uk.

# Save sight on Bonfire Night



Television presenter Trisha Goddard is endorsing Fight for Sight's message

Last year, 290 people sustained eye injuries in firework accidents, with youngsters being particularly vulnerable.

To draw attention to this danger, Fight for Sight - the UK's leadcharity in battle against blindness - has teamed up with the Department of Trade and Industry this year in its firework safety campaign, which is being launched nationwide this month.

For more information call Fight for Sight on 020 7608 4000.

Christmas catalogue

The Multiple Scelorosis Trust's Christmas 2000 catalogue is out now. All proceeds go to help people with MS. To obtain a copy, call the Trust on 01462 474700 or e-mail cards@msresearchtrust.co.uk.

The residential opportunities listed below are open to any Association member - Guiders, Young Leaders, Commissioners, Guides or Brownies - as relevant. For more details of content and cost please phone the appropriate centre.

# TRAINING AND ACTIVITY CENTRES

# BRONEIRION 01686 688204

International Sparkle

November 3-5

Guiders' Training: Disabilities

November 10-12

Christmas Arts

December 1-3

# HAUTBOIS 01603 737357

Hautbois Minstrels

November 3-5

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Conservation weekend for Guides

December 1-3

New Year House Party December 29-January 2

# NETHERURD 01968 682208

Senior Section

October 20-22

District Teams

November 17-19

Christmas Bells

December 15-17

# FOXLEASE 02380 282638

Activities for Rainbow, Brownie and Guide Guiders

October 20-22

Preparing for camp: Taking a licence

October 27-29

How to stop Guiding taking over November 17-19 Programme ideas

November 24-26

Division Groups

December 8-10

# WADDOW 01200 423186

Grandparents/Grandchildren

October 23-26

Patchwork & Quilting

October 27-29

Leisure Week November 6-9 Energy 2 December 8-10 Guider and Guides: the new Programme so far January 5-7 Programme ideas: Rainbows

February 2-4

Commissioners

February 9-11

# ASSOCIATION NEWS ASSOCIATION N

# Innovative exhibitions

Three exciting new exhibitions are running at the Museum of Science and Industry, in Manchester, from the end of September until January 2001.

The exhibitions give visitors the chance to investigate the workings of everyday products, examine the earth's climate and how clouds are created, and look at the many beautiful

photographs taken by the Hubble Space telescope.

For further information, please call the museum on 0161 832 2244.

There's a range of exciting exhibitions at the Museum of Science and Industry in Manchester



Guiding magazine October

# Take a bough!

Conservation charity, The Woodland Trust, would like to extend a huge thank you to the hundreds of Association members who have helped to plant trees for their 'Woods on your Doorstep' project, which was part of the Environment Challenge.

'Woods on your Doorstep' Project Manager, Sue Roe praised members and said: 'Besides lots of hard work, they really added a lot of fun to our events and it was a pleasure to have them join in with us.'

During the last year over 100,000 trees were planted.

The 'Woods on your Doorstep' project is continuing into autumn and next spring. For details call 01476 581149, or visit the Trust's Web site at www.woodland-trust.org.uk.



Association members have been planting trees across the UK

Special offer

More than 20 Youth Hostels in England and Wales are offering Guide Association groups two nights accommodation for just £10 per person, from now until the end of March 2001.

What's more, three city locations – Manchester, Liverpool and York – are offering groups two nights bed and breakfast for just £16.40.

All Guide groups in England and Wales can become members free of charge — so find out more by contacting Jane Lambert, YHA Groups Advisor, on 01303 246621 or e-mail; janelambert@yha.org.uk.

# ASSOCIATION NEWS ASSOCIATION

Fundraising art

Schools and youth groups can now literally draw on some

a novel, new

Children design a colourful coaster-size paint, but tip pens or wax rayons. The draw-less are sent away to reproduced as

oasters, which par-



Fun Mats are

fundraising idea

ts are invited to buy. A range of gifts from bags mouse mats, is also available.

Organisers can make a profit on each item,

the coasters are sent on a sale or return basis.

for further details about the Fun Mats fundraising art lect contact Gill Gwilliam, Fundraising Matters, Unit 2,

Rark, Spring Lane South, Malvern, Worcestershire, 141AQ. Tel: 01684 893842.

Tall Ships

Fancy a holiday with a difference? For those with a taste of adventure why not jump on board the Tall Ship *Stavros S Niarchos* as a member of the crew, and share the experience of a lifetime.

Being a crew member is not just for the young and super fit. Tall Ships cater for all ages, from 16-69. No sailing experience is required, just a reasonable level of fitness and a willingness to work as a team, in order to get the most out of the ship as she sails the seas off the coast of West Africa.

For more information – or to book your place – call 023 9283 2055, or write to Sail Training Association, FREE-POST, Portsmouth, PO1 3BR.

# Fun Day out

The Family Handbook – a new book from the National Trust – is bursting with great ideas for a fun day out.

Activities and events range from a touch and sniff tour, craft and toy workshops and a Christmas tale told round a roaring fire.

The handbook costs £6.99 and and is available through mail order on 01225 790800, at National Trust shops or from the National Trust Web site: bookshelf.nationaltrust.org.uk.



# Children and television

A conference entitled 'Children and Television: a public service or a licence to exploit?' will be held on November 1, 2000, at the Methodist International Centre, Euston Street, London NW1.

Tickets are being offered to Guiders at a discounted rate of £20 including lunch. If you would like to attend, please contact the Voice of the Listener & Viewer at the address below before October 23 quoting: Guiding magazine for your discounted tickets. Voice of the Listener & Viewer, 101 King's Drive, Gravesend, Kent DA12 5BQ. Tel: 01474 352835 or e-mail viv@btinternet.com.

# Junior Antiques Roadshow

A junior version of this popular BBC programme will be held at the Royal Air Force Museum at Hendon in North London on November 5, 2000.

It is open to anyone under the age of 18 who is interested in knowing more about their own collections or family heirlooms. Adults can come too but only in the company of a child or teenager! Children under the age of 12 must be accompanied by an adult.

Entry to the event is free, but

is by ticket only. The tickets will be issued for morning or afternoon attendance and include the added bonus of free entry to the Royal Air Force Museum on the day.

Application forms for tickets are available from the roadshow office: Antiques Roadshow — The Next Generation, P O Box 229, Bristol, BS99 7JN, or via the BBC Web site at bbc.co.uk/antiques. Alternatively, e-mail: antiques.roadshow@bbc.co.uk.

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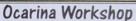
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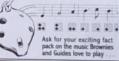
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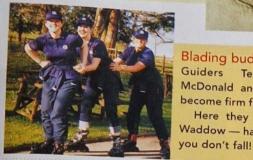
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# WS AND VIEWS NEWS AND VIEWS NEWS AND VIEWS NEWS

# One small step

Rising to a challenge, Guide Janno Read puts her best foot forward along with the rest of her unit at Clyff's Barn Climbing Wall in Lancashire.

The girls from 3rd Hesketh Bank and Tarleton Guide unit, which has only recently opened, completed their climb before making their Promise together.



Blading buddies
Guiders Teresa Smith, Helen
McDonald and Candice Jones have
become firm friends through Guiding.
Here they are on a weekend at
Waddow — hang on tight girls, watch

STAR PHOTO
in nk as sed eir

Rain didn't stop play
These Guides from the 1st Nantgaredig unit, Carmarthen are taking
shelter during the 'Builth and Beyond
Fun Day' at Builth Wells, South Wales.

There were all sorts of activities on offer, from T-shirt printing to line dancing, scavenger hunts to circus skills.

Even though it rained for most of the day, everyone had a great time.



Two letters show how much our younger members care about the environment.

### Spread the word

As a result of having won a competition, I recently attended the Millennium International Chidren's Conference run by the UNEP at Eastbourne.

It was all about the environment and how us kids are doing different things to help the environment and coming up with new ideas.

To enter the competition I had to write an essay about the environment. Mine was based on the Association's Environment Challenge, and what my unit of 24 girls achieved. You can find my essay on the Web site: www.southwestdivision.fset.co.uk/districtnews.htm.

While at the conference, I put up a display about the Environment Challenge and the tafew Guides. Unfortunately, none of them were there because they had been abolved in the Challenge. They had never wen heard of it. Their Guiders had not told them about it, which is a great shame.

Annie Benton 1st Boxford Guides Suffolk

# ale Brownies!

le Parish Council wishes to thank the Dwnies of Hale for the very worthwhile they do in pulling up and removing ragRagwort is a poisonous plant – especially to ponies and horses – and as Hale is within the New Forest, and the ponies graze in the village, the Brownies' efforts are invaluable.

Every year the New Forest has a pride week, a litter-picking operation that covers the district. Hale Brownies, along with the primary schoolchildren, always participate.

The Parish Council thought that The Guide Association would be interested to know that young people in your Association care for the environment in which they live.

V A Marlow Hale Parish Council

# Hay box success

I read with great interest the article on haybox cooking in June's *Guiding magazine*.

We've had a hay box and a sawdust burner in our unit since the early 1950s and, although we've always taken the sawdust burner to camp (steamed puddings are not quite the same done any other way!), we've rarely taken the hay box. We decided this year to take them both.

We made a perfect rice pudding — very popular with all campers and the ice cream. What a treat that was — we've never known ice cream as cold as that was!

We had trouble crushing the ice cubes, but as they were made in poly bags, they were fairly small anyway. We were amazed how ice formed on the outside of the pan within seconds.

As we made it after tea, it was ready quite late that night, so we all had a taste, gave it a whisk, and put it in the freezer until the next day when we had a large spoonful of home-made ice cream with some cake and chocolate flake. It was super, and many people asked for the recipe.

Many thanks for the ideas — we had a very interesting food theme running through our camp.

Muriel Baines 1st Cottingley Guides

# Let's party

We are holding a birthday and reunion party on November 17, 2000 at Silchester Village Hall, Silchester, Hants.

We would be delighted to hear from any past members who would like to join us to share the memorable times had.

It would be great if you have any photographs you could share or allow us to copy for the party. Or, perhaps you could write a short passage about your most memorable time at the unit to share. You may even like to help us in some way to organise the party...

For more information – or to offer assistance – please contact me at the address below.

Della Raven 67 Jubilee Close, Pamber Heath, Tadley, Hants RG26 9HP E-mail: craven7521@aol.com

TIERSLETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS

# Delia's How to Cook

The ultimate teaching guide to cookery – Delia's How to Cook: Part Two – has recently been released on

HOW TO COOK

PART TWO

video. Designed for people of all ages and abilities, the video includes all ten programmes from her successful television series, and, covers the essential aspects of cookery from preparing foods such as salads and fish, to cooking with cheese, fruits and chocolate.

The video also includes a 'quick find' index so you can set your video to start at the recipe of your choice.

Delia's How to Cook: Part Two costs £19.99 and is available from all good video outlets, via the Web site: at www.bbcshop.com, or the BBC Listener Enquiry Line on 020 8433 2236.

Guiding magazine has 10 copies of the video to give away. For a chance to win one, send your answer to the question below, along with your details, to Guiding magazine/Delia at the address on page 3, or e-mail: guiding@guides.org.uk. All entries to arrive before October 31.

How many programmes does the video include?

GIVEAWAY GIVEAWAY GIVEA

# Steaming ahead!



Katy Town and Jo Wycherley from the 1st Oakworth Rainbows are enjoying a trip 'around the world' on board a full-size steam engine.

The Worth Valley District, Keighley Division travelled to stations decorated as different World Centres to celebrate their millennium event.

# Taking a plunge

Girls from the 1st Whaley Bridge Methodist Guides had a whale of a time when they went scuba diving in Buxton Spa pool. Two Guides even made their Promise underwater — well their badges were pinned on, anyway!



# classifieds

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games software at Virgin Megastores by simply attaching six tokens to an i-can collector card. Plus, you can receive money off a host of other Virgin products including flights and holidays. Log on to the Web site for exclusive Wildcard offers: www.virgin.com/cola.

Guiding magazine is giving four lucky readers the chance to win a mini-V back to school kit containing: a digital sports watch, drawstring bag, chunky fleece, T-shirt and eight-pack of mini-V.

For the chance to win a mini-V back to school kit simply answer the following question and send in your entry, with your details, to *Guiding magazine*/Virgin at the address on page 3, or e-mail: guiding@guides.org.uk.

All entries to arrive before October 31

What is the name of Virgin Cola's new cola drink?

GIVEAWAY GIVEAWAY GIVEAWAY

# Hats off!

Well done to the 5th Cannock St Luke's Brownies, who held a jumble sale in aid of the Children's Bereavement Support Group at St Giles Hospice in Staffordshire.

The girls raised a staggering £215 and were each awarded the Venture badge for all their hard work.



# Cudham camp site

Do you have any badges, pennants, programmes and so on commemorating camps or events at Cudham camp site? If so, would you be willing to lend them to me so I may include them in the souvenir edition of Cudham's guide?

I would copy the design and return the original to you, or if you wish to donate the item, I would ensure that it was included in a properly mounted display.

Additionally, if you hold any information, historical evidence, anecdotes of special events or occasions at Cudham – and would be willing to share them – I would be pleased to have them.

Janet Carter

Chair: Friends of Cudham Foxcroft, Cudham Lane South, Cudham, Sevenoaks, Kent TN14 7QE

# Support local shops

I was disappointed to read the letter in August's *Guiding magazine* encouraging Guiders to use Tesco's online delivery service. I assume that the local shop referred to was the village shop.

As an experienced camper, I understand the need to provide value for money when catering for camp, but would ask Guiders to look at this from another viewpoint.

When we take girls to camp, we expect them to be welcomed when they visit church, walk through the village and spend their pocket money in the village shop. We use the local infrastructure — water, telephone, electricity supply and sewerage disposal.

Having taken advantage of these services, is it not reasonable to put something back into the community by patronising the local shop and milk delivery service?

Of course the shop's prices are higher, they do not have thousands of customers. Local people pay more because they realise that if they don't, they will lose a lifeline to those who, like your correspondent, have no car.

Mrs S Eastwood P&T Chairman North Yorkshire South

### A call to Guiders

An increasing number of Guiders are bringing their mobile phones into training sessions. As you will appreciate, this can be very disruptive.

Having a quiet word with the individual is not always that easy, without giving offence.

In the last year I have had three or four occasions when this kind of disruption has occurred. As an old hand I can cope, but I'd feel very sorry for a new Trainer.

So please, do as I do, and switch off your phone before the session.

Name and address supplied

• Some Guiders are only able to attend trainings if their family or work can contact them by mobile phone, when necessary. Therefore, in these instances, it is important that they keep their phones switched on.

However, should they then receive a call, it would obviously be polite – and less disruptive to everyone else – to leave the room for the duration of the call.

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# DISCOUNT CAMPING



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# The Guide Heritage Centre

October 15 - On the Line. Continue celebrating the millennium with activities from countries on the Meridian Line.

November 12 - Craft day. Loads of crafts to get studk into.

November 25 & 26 - Rainbow teddy bears' picnic. An event especially for Rainbows - bring a bear!

December 9 & 10 - Father Christmas pays us a visi 2001

January 28 - A craft day with more fun things to try.

February 25 – Travel the WAGGGS world region to celebrate Thinking Day.

March 11 - Stars in their eyes style talent competition. Girls perform their acts in front of our guest judges.

March 25 - Music workshop,

Full access for the disabled and baby changing facilities. 17-19 Buckingham Palace Road, London SWIW OPT. Call 020 7592 1818 for booking information.

We strongly recommend that on our theme days visitors book for an extended visit.



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# Sea Life scorcher

The 1st Earls Barton Brownies made friends with a giant octopus when they went on a trip to the Sea Life Centre in Birmingham.

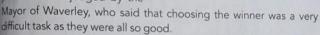
The girls went on one of the hottest days of the year and almost joined the fish in the water

to cool off — that is, until they saw the sharks!

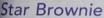
# Unusual guests

When Guides, Brownies and Rainbows from the Pitch Hill Division all visited Notcutts Garden Centre they brought some very unusual guests along with them.

The girls had been busy making scarecrows for a competition to be judged by the



Pictured here with the winning scarecrows are the 1st Cranleigh Brownies – who took first and second prizes – Mayor John Savage and County Commissioner, Muriel Simpson.



Congratulations to Hanna Williams of the 1st Llanberis Brownies. Earlier this year she celebrated her third Brownie birthday, and she hasn't missed a single meeting! Hanna's Pack held a party for her and were joined by the District, Division and County Commissioners.

As a Rainbow, Hanna only missed two meetings. She's on her way o the 3rd Port Dinorwic Guides. Will she keep up her great record?

#### Fabric families

After seeing a picture in Guiding magazine of a panel for a millennium tapestry, Brownie and Guide leader Caroline Jenks sent in this photo of a panel made by St Dunstan's Abbey School for Girls.



The school has its own Rainbow, Brownie and Guide units, and with the tapestry having the theme of 'the body' and 'the family', Guiding – being a special kind of family, involving all ages – just had to be included.



# Great role model

Joan Copeman from Harlesden District, Willesden Division – who has just been awarded her 30-year service badge – certainly knows how to live up to her promise 'to do her best'.

Joan suffers from MS, yet is always cheerful and enthusiastic, and is never daunted by organising day trips to the seaside and outings with her Brownies.

# Maiden voyage

Seventeen Guides from the 1st Magherally unit held their firstever enrolment ceremony on board the Seacat between Belfast and Troon recently.

In glorious sunshine, the Guides held their ceremony on the deck of the vessel as it left

Belfast, and then spent the rest of the day in Glasgow before returning home.

Captain George Crowe and his crew were only too happy to help the Guides' dream come true and Guide leader Alison Thompson said it would be a day the girls will remember for years to come.

Pictured here with the Captain are Alison Smart and Judith Thompson.

# Trooping the colour

A trip to London for the Queen's birthday was the first outing for the newlyopened 7th South Croydon Guides (St Augustines).

The girls were able to get front view seats in one of the youth enclosures and were only a few feet away from the Royal Family as they passed. They even got a wave from Princess Margaret!

After the parade, it was off to Kensington Gardens where they did a landmark walk and stopped off at this statue of Peter Pan.



# In November's

# Guiding

# Team building

We have some useful advice about working together effectively as a team. How leaders can best be supported, and how they can support each other.

#### Adaptable units

Would you know how to adapt unit activities for a girl who was deaf? Find out in the second article of our new series.

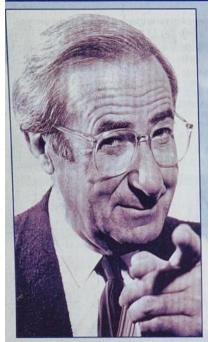
# International flavour

Don't miss our great international activity ideas to inspire you well ahead of Thinking Day. From uniforms around the world and wood painting — to tasty pasta recipes.



Plus all the latest news, your views and lots, lots more

# Exclusive offer - not available in the High Street



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