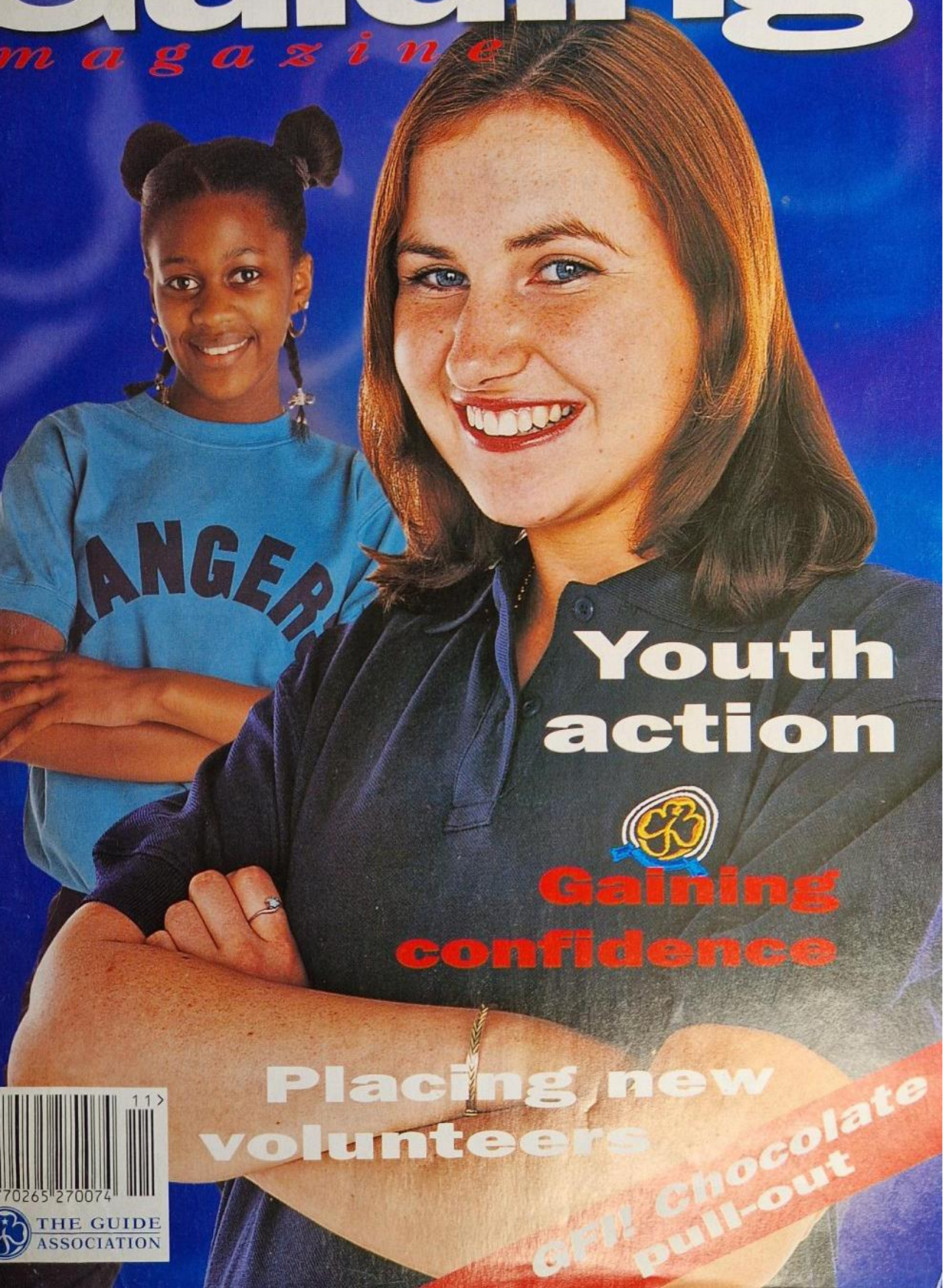
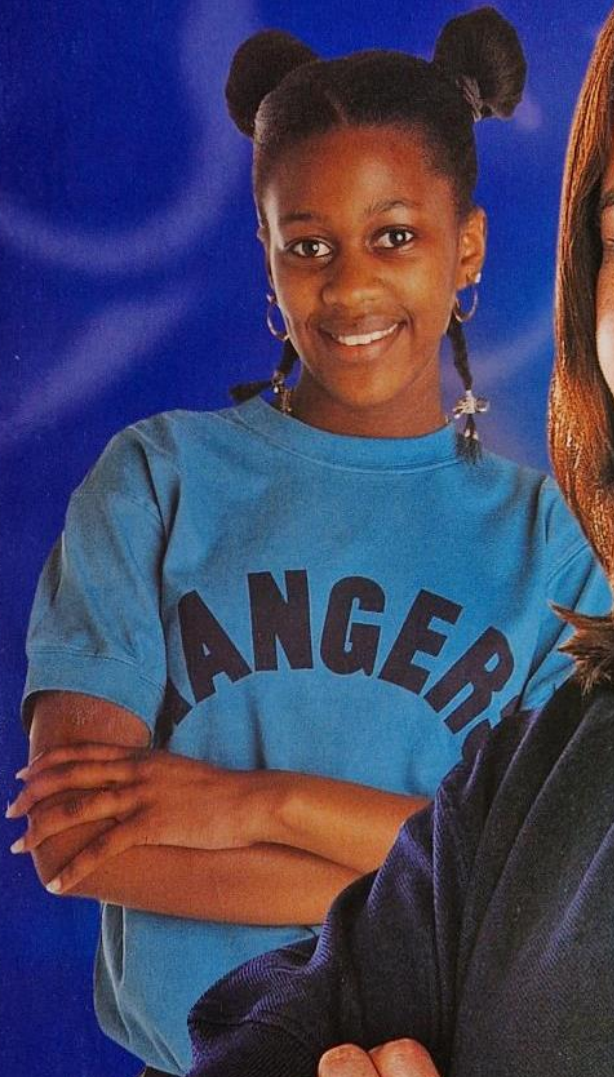


NOVEMBER 2001 £1.40

Guiding

magazine



**Youth
action**



**Gaining
confidence**

**Placing new
volunteers**

**off! chocolate
pull-out**



THE GUIDE
ASSOCIATION



BROWNIE

Contact information:



**THE GUIDE
ASSOCIATION**
a registered charity

Welcome

Go for it

It's here! Go For It! Chocolate has flowed in to our Activate section. Guides will love this delicious selection box of activities which will keep them occupied through the winter months.

After all that chocolate, they'll need some exercise. Turn to page 13 to find out how girls can keep in shape with this month's featured sport — rugby. If bracing weather and steep hills are more your sort of thing, the British Mountaineering Council explains how to get started on page 19.

Sally Robinson is someone who goes to extraordinary heights to introduce Guiding to girls from other countries. Read about this high-flying former International Education Adviser on page 17. If you've introduced Guiding to more people in your own community, through the Reach Out and Recruit campaign, turn to pages 6 and 7 to find out how you can utilise your brand new volunteers.

One of the driving forces of the recruitment campaign, Carole Hardy, has been appointed as the new Chairman of the Marketing and External Relations Committee. You can read all about her Guiding achievements — and plans for the future — on pages 8 and 9.

And finally, if you're worn out with all that activity, sit down with a cup of tea and have a go at winning a super prize from our competitions in the News and views section.

FRONT COVER

Cheering up this month's cover are Rangers from London and South East England Region

COVER PHOTOGRAPHY:
KELVIN ROGERS



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ACTIVATE

This month's Activate features our great pull-out section
Go For It! Chocolate. It's packed full of excellent activities,
recipes, games and crafts

Guiding magazine

17-19 Buckingham Palace Road, London SW1W 0PT

VOLUME 89 NUMBER 11
NOVEMBER 2001 £1.40

The official magazine of The Guide Association (incorporated by Royal Charter) Published on the last Thursday of every month. ISSN 0265-2706
The views expressed in *Guiding magazine* are not necessarily endorsed by The Guide Association. Registered charity number 306016.

Patrons: HM The Queen HM Queen Elizabeth, The Queen Mother President: HRH The Princess Margaret, Countess of Snowdon. World Chief Guide 1930-1977: Olave, Lady Baden-Powell GBE. Chief Guide: Jenny Leach
Acting Publications Manager: Jan Clampett. Activate Editor: Victoria Wheeler. Assistant Editor: Catherine Slater. Editorial Assistant: Mandy Ivens-Brown.
Design Team Manager: Gillian Webb. Studio: Jade Garner, Cathy Summers.
Production Manager: Stuart Poole.
Published by: The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.
Tel: 020 7834 6242 Fax: 020 7828 8317.
All editorial communications to: the Editor, *Guiding magazine*, at the address above.
Advertisement Agency: Mongroose Media Ltd, 2 Lonsdale Road, London NW6 6RD. Tel: 020 7306 0300 Fax: 020 7306 0301. Mongroose Sales Executive: Neil Walklett. Photographic Repro by: Graphic Facilities. Printed by: St Ives PLC. Distributors: Seymour, Windsor House, 1270 London Road, Norbury, London SW16 4DH.
Subscriptions Annual 12 issues (including postage): British Isles and BFPO £16.80; Overseas £27.60; Zone I £39.36; Zone II £41.40. For all subscription enquiries write to: The Guide Association, PO Box 706, FREEPOST ANG7031, Bedford, MK45 5YG. Tel: 01525 711494 Fax: 01525 716789 or e-mail: subscriptions@guides.org.uk Cheques/POs should be made payable to The Guide Association.

Guiding magazine is sold subject to the following conditions, namely that it shall not, without written consent of the publishers first given, be lent, resold, hired out or otherwise disposed of by way of trade at more than the recommended selling price shown on the cover and that it shall not be lent, resold, hired out or otherwise disposed of in mutilated cover or in any unauthorised cover by way of trade or affixed to or as part of any publication or advertising, literary or pictorial matter whatsoever. The Guide Association takes no responsibility for statements made in any advertisement or from any matter arising whatsoever.
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Note: Copy for possible inclusion in February's *Guiding magazine* should reach CHQ by November 23. Anyone wishing to have photographs sent to the magazine returned, must include a sae.
Guiding magazine is available at: goldings@guides.org.uk (CHQ tel: 020 7834 6242)
CHQ e-mail: chq@guides.org.uk Work/Wide Web site: www.guides.org.uk
General Enquiries: enquiries@guides.org.uk (01737 783690) Subscriptions tel: 01372 749191

NEWS NEWS NEWS NEWS

Suretravel contact details

The contact details for Suretravel in October's *Guiding magazine*, page 9, are incorrect. Suretravel is now based in Caterham. Tel: 01372 749 191. Write to: Garrod House, Chaldon Road, Caterham, Surrey CR3 5YW.

Mentoring scheme

With reference to the Mentor article in October's *Guiding magazine*, page 17; under the heading 'Who can be a Mentor?' the sentence 'A Young Leader who wishes to mentor other Young Leaders in her group' should have read 'A Young Leader Guider who wishes to mentor other Young Leaders in her group'.

singOut update

The date and venue for the Association's national Arts event have been confirmed. singOut will take place from July 28 to August 3, 2002 at Queen Victoria School, Dunblane, Perthshire. The event will cost £220 per person.

See October's *Guiding magazine*, page 12, for more information about the event.

Global Connections

Midlands Region is holding its World Thinking Day event on February 23, 2002 at Stoneleigh Park, in Coventry.

For more information write to: Midland Headquarters, 21 Lower Church Street, Ashby-de-la-Zouch, Leicestershire LE65 1AB.

● See October's *Hotline* for a full list of Global Connections events.

Sleepovers

● The Heritage Centre is now taking bookings for sleepovers in 2002 — Friday nights, and some mid-week and school holiday nights, are available.

For more information, or to make a reservation, please call 020 7592 1818 alternatively, e-mail: heritage@guides.org.uk.

● A Brownie-only sleepover at the Science Museum, London, will be held on March 9, 2002.

For further information phone the Science Museum on 020 7942 4747.

Cork recycling

The Guide Association cork recycling scheme has been very successful over the last two years. Interest has now spread to a number of other organisations that would like to get involved.

As a result, the company involved has decided to suspend the recycling of corks while they investigate expanding the scheme.

Thank you to all units that have been involved. Details of the new scheme will be available once it is up and running.

Brownies learn IT skills

Brownies from Bolton West District went to the Bolton Institute recently to attend a series of workshops as part of their Computer Badge.

The girls were given an insight into how computers are used in everyday life, as well as a demonstration showing how to alter pictures.

The girls experienced a number of interesting, hands-on activities, including a computer treasure hunt and an Internet quiz.

Roy Attwood, a Senior Lecturer at the Institute, who coordinated the event, said, 'The Brownies arrived full of enthusiasm and left with a real sense of achievement. I feel sure they will remember the event for a long time to come. We have been asked to repeat the morning for Bolton West District in two years' time and to extend it to other Districts.'

The participants were given a certificate and pen to show that they had successfully completed their assigned activities.



Brownies from Bolton West working towards their Computer Badge

Bonjour Brownies

Members of the 1st Chester-le-Street Brownies have taken a four-week French course as part of the Interpreter Badge.

Language adviser Phil Drabble, who is also the father of one of the girls, offered to teach the unit French after they chose France as the theme for their World Thinking Day event.

At the end of the course the unit held a parents' evening where they put their new language skills to the test — by speaking French to their guests as they served them tea and coffee.

The girls were each presented with a certificate to show that they had successfully completed the course.



The whole unit took part in the four-week French course

NORTH EAST PRESS LIMITED, SINDERLAND ECHO

Silver Cross for Guide

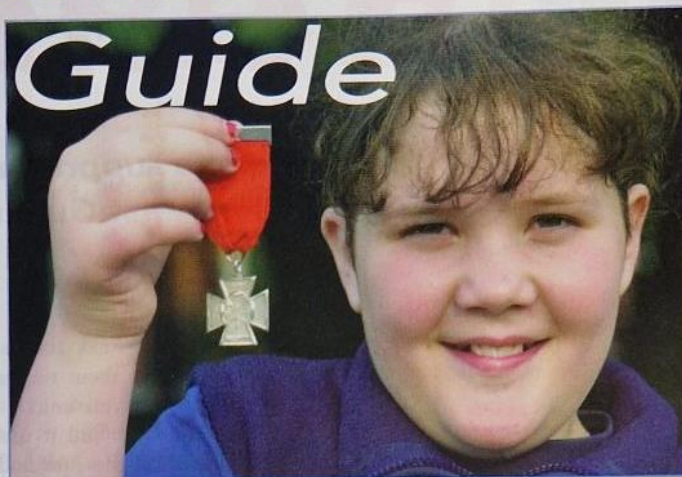
Guide Gemma Thompson, has been presented with her Silver Cross award — the Association's award for bravery.

Gemma, from the 46th Oldham Guides, was given the award after using her first aid skills to help her family when they were involved in a car crash.

Gemma, then a Brownie, was the only person left conscious when the car — also carrying her grandparents, her mother and her younger sister — was hit by two other cars.

Gemma, who had learned how to take a pulse and put someone in the recovery position through taking her First Aid Badge, checked everyone's breathing and pulse. After realising she couldn't help her grandfather, Gemma comforted her sister as she regained consciousness, and held her mother's hand and reassured her while the emergency services worked to get them out of the car.

Brownie Guider, Lynne Vickers, suggested that Gemma — who is in remission from leukemia — should be presented with the award. She said, 'I am very proud of Gemma. Her



Gemma proudly displays her Silver Cross award after the presentation

family pulled through an awful time together and Gemma's courage was recognised through her Guiding.'

The presentation was attended by the 46th Oldham Rainbows, Brownies and Guides, as well as Gemma's family and friends. The County Commissioner for Lancashire South East, Brenda Jones, presented Gemma with her award.



In national costume at the Ukrainian day celebration

Ukrainian visitors

A group of 40 Guiders and Young Leaders from the Ukraine visited members from the County of Greater London West recently.

Contact was first made in 1999, when eight adult leaders from the County visited the Ukraine to find out what help they could provide to units, as Guiding there is relatively new. The Ukrainian Guiders decided that they wanted to meet young members to find out what was happening with Guiding in the UK.

As a result, 27 Senior Section members and Guides from Greater London West took part in a ground-breaking visit to the Ukraine last year.

Following this visit, the County raised enough money for the Ukrainian

Guides to come to the UK for a two-week stay.

The Ukrainian visitors spent the first week of their stay at Heyswood camp site where they took part in lots of Guiding activities. The second week was spent in home hospitality with members from the County.

During their stay the Ukrainian visitors hosted a Ukrainian day where they taught members from Greater London West arts and crafts from their country, put on a performance of dancing, music and poetry and made Ukrainian food. In return, members from Greater London West prepared a medieval banquet

Something in the air

Thinking Day on the Air (TDOTA) is an annual event when Rainbows, Brownies, Guides, Senior Section members and leaders have the opportunity to talk to other Association members around the world via amateur radio.

Thinking Day on the Air 2002 will take place on February 16 and 17.

Taking part is easy — ask your local amateur radio club to set up a special station for you. Most amateur radio clubs will be only too happy to help. Contact The Radio Society of Great Britain (RSGB) on 0870 904 7373, or visit www.rs.gb.org to find your nearest club.

TDOTA is not only a great opportunity to speak to members around the world, it could also count towards the Guide World Issues Badge, the Brownie Radio Communication Badge or the International Octant of Look Wider.

For a TDOTA information pack please send an A4 sae to: TDOTA, Programme Team, 17-19 Buckingham Palace Road, London SW1W 0PT.



Reach Out

How to help and support a new volunteer in her first Guiding role

By The Reach Out and Recruit Working Group

A wide variety of activities have taken place as part of this year's Reach Out and Recruit campaign. Many units have put a lot of effort into recruiting new volunteers, but what process should you follow once they have agreed to join?

Suitable role

Sometimes, as a result of a recruitment activity, someone may offer to become a unit leader. However, the more likely result is that you will have less specific offers of help. The first step is to pass on the contact details of your volunteer to your District Commissioner. She will then arrange to meet with your new volunteer.

The purpose of this meeting is to identify what sort of role your volunteer would like to take on, and what role she is best suited to. Both you and your District

Commissioner can use this opportunity to think widely about the various jobs that need doing in your unit.

Would you find it useful if someone collected all the subs and filled out the attendance register? How about if someone could lead games with your unit while you prepared the main activity? Is there an administrative role at District or Division level? There is plenty of scope here to be flexible — especially about time commitment. It certainly isn't necessary for a volunteer to be available at the same time each week in order to make a valuable contribution to Guiding.

Your District Commissioner will discuss with your volunteer the role that she could take on, and together they will reach an agreement. She will also tell her about the W/R form and ask the new volunteer to

complete it, and explain our Safe From Harm policy.

The next step is to ensure that you give your new recruit all the information that she needs. Make sure that she knows how to contact you, where and when the unit meets, and — dependent on her role — when the next District meeting is. You may also want to give her a letter welcoming her to the unit, and a local directory.

First unit meeting

When your new recruit attends the unit meeting, it is a good idea to give her a tour of the premises. This will help your volunteer to have a feeling of belonging. It is also important to introduce the volunteer to the girls, even if she is not acting as a helper. This will help the process of familiarisation and mutual respect.

It is worth remembering that you may have to ask your volunteer to do certain tasks — even the jobs that she has already agreed to do. An adult who has not been involved in Guiding before may be somewhat overawed by the situation and, out of a fear of offending, may not ask to do things. This particularly applies to helpers, who may appear to just 'sit in the corner and do nothing'. They are probably very keen to help, but don't know where to start, or don't want you to think that they are interfering. As well as asking your volunteer to do things, ask for her feedback. Statements such as 'does this make sense?', 'I'd value your comments on this' and 'do you know any games that might be fun?' will help your new volunteer to feel valued and part of the team.

The next step

As a new helper settles into her role you may want to discuss whether she would like to become an Affiliate member of the Association. Affiliate membership is an

Volunteering facts

- Around 22 million adults are involved in formal volunteering each year.
- Each week 10 million people volunteer.
- Formal volunteers put in some 90 million hours of voluntary work a week.
- The economic value of formal volunteering has been estimated at over £40 billion per year.
- One survey found that, after dancing, volunteering was the second greatest source of individual joy.
- Six out of ten volunteers said that volunteering gave them an opportunity to learn new skills.
- Half of all volunteers get involved because they are asked to help.
- Eight out of ten people feel that volunteers offer something that cannot be provided by the State.
- The Guide Association is the largest organisation for girls and young women in the UK with around 700,000 members.
- Adult members and helpers give Guiding 10 million voluntary hours every year — that's more than 5,500 full-time jobs.
- 50 per cent of the UK's female population have been in Guiding at some time.
- Guide Association members work in all sectors.
- Most leaders in Guiding work full time.
- The Guide Association is consulted by Government on matters concerning girls and young women.
- Guiding is inclusive and welcomes girls and young women from all communities.

Source: The National Centre for Volunteering

and Recruit

Set aside time to chat to your new volunteer about how she is settling in

ideal way to recognise the support of unit helpers and other adults who help or support the unit's activities.

Affiliate membership is open to men as well as women. You can find out more about Affiliate membership in *Hotline* (December 2000), or by contacting your County Commissioner.

Don't forget to set aside some time after a few weeks when you can chat to your new recruit and find out how she is settling into her role. This will give you the

opportunity to double check that everything is going well.

If circumstances change, you may find it necessary to modify the role. You may also find that a helper would like to expand her role, or even discuss becoming a leader. This doesn't have to be a formal meeting, it could even be a chat as you tidy up after a unit meeting. The important factor is that you have made the time to talk one to one with your volunteer.



CRISPIN HUGHES/PHOTOFUSION

Recruitment resource

If you would like to find out more about recruiting and retaining adults, *The Recruitment Toolkit* is an ideal resource. You will be able to find people within your Region, and probably within your County or Division, who have a copy and will be happy to share some of the ideas with you.

The following checklist is taken from *Supporting your Volunteers*, produced by Volunteer Development Scotland, and is reproduced in *The Recruitment Toolkit, Part 1*. It is a good example of how the mechanisms we have within Guiding for supporting our adults meet external criteria for good practice.

Volunteers feel supported when they are given:

- A warm welcome
- Information about the organisation and their role within it
- A contact person within the organisation to look after their needs
- Time to adjust
- Personal support and the chance to discuss their role
- Supervision and feedback on progress and performance
- Opportunities for contact with other volunteers
- Help to take on work gradually and to build this up over a period of time
- An induction programme to give them skills and confidence in their role
- Training
- Reimbursement of expenses
- Insurance cover
- Healthy and safe working conditions
- The chance to speak out on major decisions affecting them
- Access to a grievance and disciplinary procedure
- The right to request a reference.



GILLIAN DIGBY

Talk to other Guiders about how they use new recruits in their unit

Training sessions

If you and others want to know more, you may like to consider attending a training session run within your County. To find out more about County Trainings on The Toolkit, please contact Nicola Paisley at CHQ on 020 7834 6242 ext 372 or e-mail: nicolap@guides.org.uk.

New MER Ch

Raising the profile of Guiding



Carole Hardy is looking forward to the challenge of her new role

Carole Hardy has been appointed as the new Chairman of the Marketing and External Relations Committee (MER). Fittingly she began her term, on October 1, in the middle of Reach Out and Recruit, our recruitment and awareness campaign, which she chaired in 2000.

The work of Marketing and External Relations involves promoting Guiding internally and externally, responding to press initiatives, developing our recruitment and retention initiatives, developing links with potential corporate partners, undertaking external research to put the Association in a wider context and developing new initiatives such as Take Our

Daughters to Work. It also includes developing our web site and maintaining our archive collection.

Key initiatives

The MER Committee will be considering initiatives like extending Reach Out and Recruit to reflect the fact that recruitment should be ongoing, with every opportunity followed up. They will look at how they can spread the word at local level about initiatives like Take Our Daughters to Work and some of the other major events in 2002. They will also be looking at retention initiatives for current leaders and helpers and skills development for PRAs. As Carole

Youth Programme Coordinator

Working at Waddow Hall, you will be involved in the organisation and coordination of all programmed events for young people, as well as the administration of the camp, holiday and activity bookings.

You will organise all forms of advertising for the events, recruit volunteers to help at the events, maintain the standards of the camp sites and equipment and ensure that guests are provided with a welcome.

You will need to have had experience of organising similar events, possess good organisational skills and enjoy working with young people. You must be able to work evenings and weekends on a rota basis.

Salary: £10,500

For further details please contact Personnel on 020 7592 1836 or e-mail personnel@guides.org.uk.

Closing date: November 17

Registered Charity no. 306016

Queen's G



Guide Philippa Bellis created the design for the Association's Golden Jubilee Badge

Make sure that your unit is involved in the 2002 celebrations

The Queen's Golden Jubilee will be officially celebrated between June 1 and 4, 2002. Since the Queen is a Guide Association patron, members are being encouraged to celebrate the event and take on the following as themes for their celebrations:

- Involving the whole community.
- Looking forward as well as back.
- Placing the Commonwealth at the heart of the Jubilee.

Official celebrations

The following national celebrations will take place over the first weekend in June 2002:

- June 1: Classical concert in Buckingham Palace Gardens.
- June 2: Jubilee church services and bell-ringing across the UK.
- June 3: Pop concert in Buckingham Palace Gardens followed by beacon lighting and fireworks.

airman

said, 'It is amazing how much has been accomplished in three years of the MER team. I hope that I can take that to the next stage now that members understand the role of marketing and public relations and are working with us to promote the best aspects of Guiding.'

Carole will work closely with Susan Kay-Williams, Head of Marketing and External Relations, and the rest of the MER team. 'There is a lot of day-to-day information which the team handle with PRAs and media people directly. This has helped to lift the profile of Guiding tremendously,' Carole said. 'In the Committee we can look at developing the

longer-term strategy for ongoing profile and membership development.'

Guiding roles

Carole has been involved with The Guide Association as a Brownie, Guide and Young Leader before becoming a Brownie Guider. Most recently she has also been County Commissioner for Kent Weald. Alongside her new role, Carole will continue to be a Unit Guider with the 1st Maidstone and Tovil Brownies. 'I came into Guiding to work with the girls and I will continue to do so,' she said. 'I think it's important to keep your feet on the ground as it helps you to understand the local issues.'

Carole lives in Maidstone with her husband Keith and two sons Andrew, 14, and Stephen, 12. Professionally she runs a personnel consultancy.

Looking forward

So how does Carole see her new role? 'I am looking forward to this new challenge. There are some exciting initiatives on the horizon and with the Committee and the staff team we have a very positive group of people to help us deliver new benefits and opportunities at local level.'

The MER team are noted for their energy and enthusiasm and we are sure Carole will only add to that.

Golden Jubilee

June 4: Ceremonial procession to St Paul's and the national service of thanksgiving. The Lord Mayor of London will host a lunch at the Guildhall. There will be a carnival pageant in the Mall.

For further details about the celebrations, visit the official Golden Jubilee web site at: www.goldenjubilee.gov.uk

Jubilee emblem

There is an official Golden Jubilee emblem that is available for use, free of charge, to brand events, services and other items connected with the Jubilee. The emblem can be downloaded from the Golden Jubilee web site. The web site also provides guidance on how to use the emblem.

Lottery funding

Certain Golden Jubilee projects – but not parties – will be eligible for National Lottery funding.

Awards of between £500 and £5,000 are available. Applications should be made to the Awards for All scheme. To obtain an

information pack telephone 0845 600 2040 or visit: www.awardsforall.org.uk

Charity donations

There are no plans for a Jubilee appeal fund but the Queen has nominated the following charities to benefit from donations:

- Barnado's
- Cruse Bereavement Care
- I-Can
- Royal Agriculture Benevolent Institute (RABI)
- SSAFA Forces Help.

Resource pack

If you are thinking of holding an event to celebrate the Golden Jubilee you can download a 'Celebrations Toolkit' from the Golden Jubilee web site.

The resource is packed full of ideas on how you can celebrate the Jubilee plus useful information and advice about planning and running an outdoor event. It includes information on programming, organisation, budgeting, decoration and publicity.

Commemorative items

Guide Association Golden Jubilee Badges are available from Trading Service (see page 21 for contact details). Metal badge, order code 2005, price £1.95 (not £1.75 as stated in October's Executive news); woven badge, order code 2006, price 95p. Also available is a china mug, order code 2007, price £5 and a medallion, order code 2004, price £7.

● Some of the proceeds from the sale of Golden Jubilee Badges will support members from Commonwealth countries who are attending Ma-Buyu – the Commonwealth Youth Forum event. See June's issue of Guiding magazine, page 22, for more information about Ma-Buyu.

Building self-esteem

Feeling confident and good about yourself is a skill that can be learned

By Marilyn McLaughlin Scottish Trainer and Lisa Morris Peer Educator, North West England

When your self-esteem is high you feel good about yourself and in control of your life. You are flexible and resourceful, enjoy the challenges that life presents and are always ready to take life head on. You feel powerful and creative and you know how to 'make things happen' in your everyday life and also your Guiding life. You are able to arrive at any of life's destinations with your self-esteem intact.

If your self-esteem is low, you may wonder why everyone else seems to have their life sorted, when you don't. However, if you talk to anyone else, you will probably find that they are feeling the same as you in some aspect of their life.

Can you relate this to your Guiding

life with your unit or as a Guider in your own District?

Take action

At worst, low self-esteem can sabotage relationships and careers, cause self-destructive behaviour and hold us back from achieving our full potential.

In an article written for the *BBC Health* web site, Dr Trisha Macnair said, 'The classic British reserve means that many of us baulk at the idea that we should sing our own praises, even just quietly to ourselves about fairly minor things like picking up a scrap of litter or being polite.'

Dr Macnair said that it is generally deemed as unacceptable behaviour to pat

yourself on the back, or to rate yourself as a person worth loving, and anyone who does so runs the risk of being labelled arrogant, big-headed or vain.

'But perhaps', she said, 'modesty is too highly valued in our society. Next time you do something that you know is inherently good, stand up and be proud, because nurturing your self-esteem is essential to your health.'

'Self-esteem is a powerful human need and, without a good dose of it, we become vulnerable to all sorts of problems.' These problems could include failure at school or at work, disaster in relationships, or health problems, such as depression, anxiety and eating disorders.

Tackling the Challenge

Encourage and support your Guides as they work towards this challenging award

By Sandy Kinnersley
Association Guide Adviser



The Baden-Powell Challenge opens up lots of opportunities to try something new

The Baden-Powell Challenge is the ultimate award for a Guide. Before she can work on it she has to have made her Promise, gained at least two Challenge Badges, and have at least two Interest Badges. There is no age limit for starting it, the award is achievable by any Guide, and it can be completed at her own pace, mainly during weekly unit meetings.

Fresh interest

Some Guides will enjoy working towards badges and awards, and for them this may be a natural follow-on from the Challenge

Badges and Go For Its!. But it may also be enjoyed by others who are looking for a fresh interest in their Guiding — and the promise of being able to attend a special Baden-Powell Challenge Adventure might just be the incentive that keeps them attending unit meetings.

Don't just wait for girls to ask about the Baden-Powell Challenge. If you mention to your older Guides that it might entail making up a dance routine, trying a hand massage, having a facial, or sleeping out in a bivouac, you might find you have a queue of girls wanting to make a start on it!

The award comprises of 10 challenges to be completed, followed by attendance at a Challenge Adventure event. To get started,

Dr Macnair believes that this could be behind the cause of many bad relationships and may even be the reason why some people put up with domestic violence and abuse.

One way to build your self-esteem may be to check out the *Motivate* pages in January's issue of *Guiding magazine*. You could try some of the exercises that will be featured at your District meeting or with a friend. Or you could attend one of the self-esteem courses run by the the Association at our training centres.

Misconceptions

According to Roger Elliott, who runs self-confidence building courses, some of the most common things said by people lacking in self-esteem or confidence are:

- 'You have to be born with it.'

This isn't true. Self confidence is a set of skills that can be



Learning a new skill is one way to build your confidence

learned, just like learning to drive or to play a game.

- 'If you've had your confidence destroyed then it's gone for good.'

This statement is also wrong. It may take a greater leap of faith to start building your confidence back up, but once you have, you'll be much harder than you were before, and less likely to have your confidence shaken again.

- 'I'll know I'm confident when I can be sure I'll succeed at something new.'

How can you know you'll succeed at something when you've never done it before? Being confident is about tolerating uncertainty and being relaxed about not knowing what is going to happen.

If you think you are lacking in confidence, or have a low self-esteem, start taking positive steps towards building them up today. Soon you will feel able to face the world with your head held high, your shoulders back, your eyes wide open and your arms outstretched.

the Guide first needs to chat to you about the clauses she will do — she may need some suggestions on how to tackle them. It will also be helpful if you provide some time during meetings to help her complete her tasks.

Many of the award's clauses involve the girl doing things with her Patrol or the unit. In this case, you may need to facilitate some liaison between the Patrols if they are to take part in something, or put the girl in touch with other Guiders if she wants to work with another unit.

It is also beneficial to encourage her to talk to her family about what she is hoping to achieve and how they can support her in this challenge.

Action plan

It is helpful to encourage her to draw up a simple action plan — what she wants to do, when she will do it, and what support she will need. This will enable you both to see how it will fit into the Patrol and unit programme. Don't forget to allow time for preparation, and to note down the jobs that need to be done before the actual activity — such as inviting a speaker or a



special tutor to your meeting.

If you keep a copy of the action plan as well as the girl, it will enable you to keep an eye on her progress. Remember to stress that it is up to her how long she takes to do the challenges — the important thing is that she enjoys herself and does each challenge to the best of her ability, rather than trying to cram everything in to a short space of time.

Don't forget that she can revise her action plan at any time if she feels she is doing too much. It is also important that she feels free to alter the order in which she tackles the challenges — at any point in the award.

Coordinated activities

Depending on how supportive her Patrol is, your help may be needed to encourage her to take part in her chosen activities. Some coordination will also be needed if you have several Guides working on the Challenge at the same time, just in case they choose to do similar clauses. The rest of the unit may not be too keen on having a sports competition every week when they have already planned lots of exciting activities for themselves!

Be interested in what she is doing. Make the time to ask her periodically how she is getting on — but not every week so that it puts her under pressure! Encourage her to develop through doing the challenges by talking about how each one went.

And finally, be proud of her when she has finished the challenges and help her to find a Challenge Adventure that will be the most exciting event she has taken part in as a Guide. That way she will know that she has achieved something special, will feel positive about her Guiding, and will hopefully, in time, be encouraged to explore the wider opportunities open to her as a Senior Section member.

On the Line

This very successful project emphasised our global connections

During 2000 The Guide Association took part in On the Line. This special project aimed to celebrate the diversities, and similarities, that exist between people living on the Meridian Line — a line which runs from the North Pole to the South Pole.

International activity

Other partners in the project included Channel 4, ActionAid and WWF-UK. Everything from football matches to music, brought people together from the eight Meridian Line countries — the UK, France, Spain, Algeria, Mali, Burkina Faso, Togo and Ghana.

As an Association, we held various successful weekend events, giving members the chance to find out more about the eight countries that are on the line. Some of these activities were featured in *Activate* between March and August 2000.

From all corners of the UK, members of

all ages parted down the imaginary line — sending messages of peace to Mali, learning crafts from Ghana and flipping pancakes from France.

Internet resource

A variety of activities were then gathered together to make up the popular *On the Line Activity Pack*. The pack is only available on The Guide Association web site and, so far, a staggering 8,000 copies have been downloaded.

As well as all these exciting activities, Guide Association members also found the time to take part in Run the Line! — an international relay race which was run through the eight On the Line countries. London and South East Region made Run the Line! an extra special event by combining it with its STOMP day in Greenwich Park.

Every day, people on the Meridian Line wake up at the same time and watch the



EDDY PEARCE

Playing a traditional African game at an On the Line activity weekend

same sunset, whether they live in Birmingham or Burkina Faso. The On the Line project aimed to bring all these people together in a cultural celebration. As an Association, we can feel very proud that we helped to make this happen.

● The Guide Association's *On the Line Activity Pack* is available until the end of 2001 from the Association web site. Download your free copy at the web site: www.guides.org.uk/ontheline

Drink up

Your unit could win up to £300 by taking part in the Think It, Drink It, Discovery

Cafédirect is the leading fair trade coffee and tea company. It aims to deliver a better deal to growers in developing countries.

The Cafédirect Think it, Drink It, Discovery is a fun and exciting way for Brownies to learn about the benefits of fair trade.

Brownie units across the UK are invited to serve as many cups of fair trade tea and coffee as possible over the course of one year — at organised events and at home.

Free resource

There is a free *Think It, Drink It, Discovery* workbook that includes information on fair trade and Cafédirect, games and activities, and suggestions as to how your unit can work with others in the local community.

A national Brownie league table will be on a special web page at www.cafedirect.co.uk/brownies. It will show how many cups of fair trade tea and coffee each unit has served. The league table will be updated monthly, so that you can see how well your unit is doing compared to other units.

Winning units

The Think It, Drink It, Discovery will run until the end of July



2002. The unit that has served the most cups of fair trade tea and coffee by the end of the challenge will be awarded a prize. There will be one winner and one runner-up in each of the

four regions, which are:

- North East and North West
- Midlands and Anglia
- London, South East and South West
- Wales, Scotland, Northern Ireland and BGIFC.

The winning units will each receive a cheque for £300 and the runners-up a cheque for £150.

Taking part

If you would like to take part in the Cafédirect Think It, Drink It, Discovery, send a sae (with two first class stamps) with your name, address, Region and the name of your unit, to: Cafédirect Ltd, Think It Drink It Discovery, City Cloisters, Suite B2, 196 Old Street, London EC1V 9FR.

There are only 1,000 *Think It, Drink It, Discovery* workbooks available, so write in to Cafédirect Ltd now — while stocks last. BGIFC units can request the workbooks from the BGIFC office.

You will receive your workbook within 28 days.

Good sports

This month we look at rugby — a game that can be suitable for young players too

By Catherine Slater

A game of rugby doesn't have to involve mud, scrums, tackles and injuries. The Rugby Football Union (The RFU) – the governing body for rugby in England – has devised a new form of the game that children and young people can play too.

The new game is fast, simple and exciting and allows young players to enjoy rugby without the fear of getting hurt.

Tag rugby

Girls in your unit may already be familiar with tag rugby as The RFU has been promoting it heavily in schools.

Tag rugby is a non-contact game that is suitable for girls aged six and over. It can be played in teams as small as four or five a side.

There is no tackling involved — instead tag rugby players wear a light belt with two ribbons attached to it using velcro, and to tackle an opponent, a player must remove one of the tags.

Players, and those teaching the girls, don't need any previous knowledge of the game to get started.

Tag rugby can be played on hard surfaces, on grass or even on the beach. It can also be used as a simple warm-up game before other activities.

The size of the pitch and the duration of the game depends on the age and ability of the players.

Full rules for tag rugby are available from The RFU (see 'More information' box for details).

Safe play

While The RFU is focusing on tag rugby for young players, it has also developed New Image rugby.

New Image follows the same rules as tag. The only difference is that New Image players must touch the person carrying the ball on the hips — using both hands simultaneously — to tackle them.

A try is scored when the ball is pressed down over the opponents try-line with both hands.



Tag rugby has been heavily promoted in schools

IAN SMITH

Award scheme

Players of New Image rugby can complete Skill Awards if they want to measure their progress. The awards recognise five components — personal skills, running, passing and catching, orientation and spatial awareness — over three levels of achievement — beginner, player and star.

There are two skills tests at each level, for every component — all ten skills tests at each level must be completed successfully.

Once a player has passed the ten skills tests in a level she receives a certificate.

Training for leaders

Two information packs which illustrate how to teach tag rugby and New Image rugby

to children are available from The RFU.

Six Stages to Tag and *Six Stages to New Image* are aimed at people who aren't experienced in teaching rugby.

Both packs follow the same format. Each of the six stages consists of a warm-up activity, running and passing, ball control and a game. Both packs are designed in six stages — not six lessons — so there is no pressure to complete all of the activities in stage one in the first lesson. Leaders should use their own judgement to determine when players are ready to move on to the next stage.

Both packs are available from The RFU (see the 'More information' box below for contact details).

More information

- Contact The Rugby Football Union to request a copy of *Six Stages to Tag* or *Six Stages to New Image*. Tel: 020 8892 2000. Web site: www.rfu.com
- Contact The Rugby Football Union for Women for more information on women's rugby in England. Tel: 01635 42333. Web site: www.rfu-women.co.uk
- Contact the relevant Union to find out where you can play rugby in your area:
 - The Welsh Rugby Union. Tel: 02920 781 700. Web site: www.wru.co.uk
 - The Scottish Rugby Union. Tel: 0131 346 5000. Web site: www.sru.org.uk
 - The Irish Rugby Football Union. Tel: 00 3531 668 4601. Web site: www.irfu.ie

Youth pa

Political parties are encouraging young people to become active participants



CLIVE TOTMAN

Guides and Senior Section members have the opportunity to meet MPs at the Association's annual Parliamentary Reception

Non-aligned organisations

- Individual Guides or units interested in the Hansard Society's online digital jury should contact the project manager, Nicola Hall. E-mail: edemocracy@lse.ac.uk. Tel: 020 7955 7486.
- UKYP's Working Constitution, minutes of meetings and the chat forum can be found at the web site: www.ypp.org.uk/ukyp/index.html
- The British Youth Council's web site gives a comprehensive guide to its work and services, visit: www.byc.org.uk
- For information on Speak Out! and other projects that are connected with citizenship, contact The Institute of Citizenship. Tel: 020 7935 4777, or visit the web site at: www.citizen.org.uk

per cent of over-65s. Less than a century after women won the right to vote, their great granddaughters are turning their backs on parliamentary politics.

The main political parties and other related organisations are well aware of this haemorrhaging of interest and are keen to encourage greater involvement by young people. With citizenship becoming part of the curriculum next year, the number of projects aimed at young people has blossomed. While most are aimed mainly at schools, their theme and content is equally adaptable to your unit meetings.

Targeting teenagers

When Tony Blair announced the general election to a hall full of teenagers, some critics mocked him, wondering if he realised they might pay taxes but they can't vote. Other observers saw the choice of venue as part of the Labour Party's campaign to engage young people and promote political awareness in the years before they can mark a cross against their preferred candidate.

Increasingly, the parties are waking up to the need to woo teenagers before they reach the magic age of 18 when they can vote. The Liberal Democrats make a point of contacting rising 18s, as well as targeting mailings at first-time voters. They're also keen to exploit web-based initiatives that appeal to young voters. Currently, they

have an online petition to abolish tuition fees which has over 12,000 signatures. You don't have to be 18 to join a party, and the effectiveness of the Liberal Democrats strategy is demonstrated by the fact that many active members of the youth branch executive cannot yet vote.

Westminster Day is an annual, cross-party event, organised and run by the Liberal Democrat Youth and Students, at Westminster Central Hall. The aim is to raise awareness and involve young people in political discussions. There are workshops on contemporary issues and opportunities to question leading politicians of all parties, as well as tours of the Palace of Westminster. In recent years, speakers have included Mo Mowlam, Charles Kennedy and William Hague.

Opportunities to get involved

There are several initiatives, run by different organisations, through which young people can discuss issues and express their opinions. The United Kingdom Youth Parliament (UKYP) was set up to give young people under 18 'a representative national voice which will be listened to by Government, political parties and service providers' and thus influence senior politicians on issues concerning young people. Any resident of the UK aged 15 to 18 can stand for election. At the first official sitting in February 2001, UKYP agreed a Youth Manifesto. The intention is that this will be used by Government and young people's services to inform policy. Although meetings will be held annually during school summer holidays, there's a chat forum on the web site where everyone can participate. So far, the main issues discussed have covered homelessness, fox hunting, the minimum wage and the National Curriculum.

The Hansard Society is looking for a representative sample of 75 young people aged 16 to 24 from around the UK to take part in an online digital jury for six months from November 2001. The panel will be given a weekly task to research. They will then meet online to discuss how it went. The task might involve selecting an issue then finding relevant contact organisations, or finding out civic information.

Participation

By Isobel Durrant

The project is aimed at young people not already involved in politics.

Local youth councils are forums run by, and for, young people from across the social and economic spectrum. They develop strategies for the development of local communities which they can then present to borough or city councils, ensuring their voices are heard in local decision-making processes. The British Youth Council (The BYC) aims to empower young people to participate as much as possible in the political process. It runs the Local Youth Voices project to help develop local youth councils. It provides free advice and information on setting up and running local youth councils as well as producing a quarterly newsletter and a range of publications. The BYC also runs various campaigns and conducts research into the views of young people. It uses Parliamentary Youth

guide with background information on the EU and European citizenship, and topical issues – human rights, the single currency, cultural diversity – for debate and discussion. Although designed with schools in mind, the activities could easily be used in a unit meeting. There's advice on how to run the activities and details of web sites that can be used in research. The Institute's own web site has a downloadable resource, *Learning Through Elections*, to help girls learn about citizenship and democracy.

Citizenship is a natural part of Guiding, with its emphasis on positive participation. Guides have long been encouraged to take an active and responsible role in society. Political parties obviously want to attract young people to vote for them, and their information naturally contains a certain amount of party rhetoric, which you may feel nervous about using. However, becoming aware of where each party stands is an important part of our political education. If used alongside the resources from other, non-aligned organisations, they can be valuable tools in preparing girls and young women to play an active part in the political life of their communities, at both a local and national level.

...Citizenship is a natural part of Guiding...

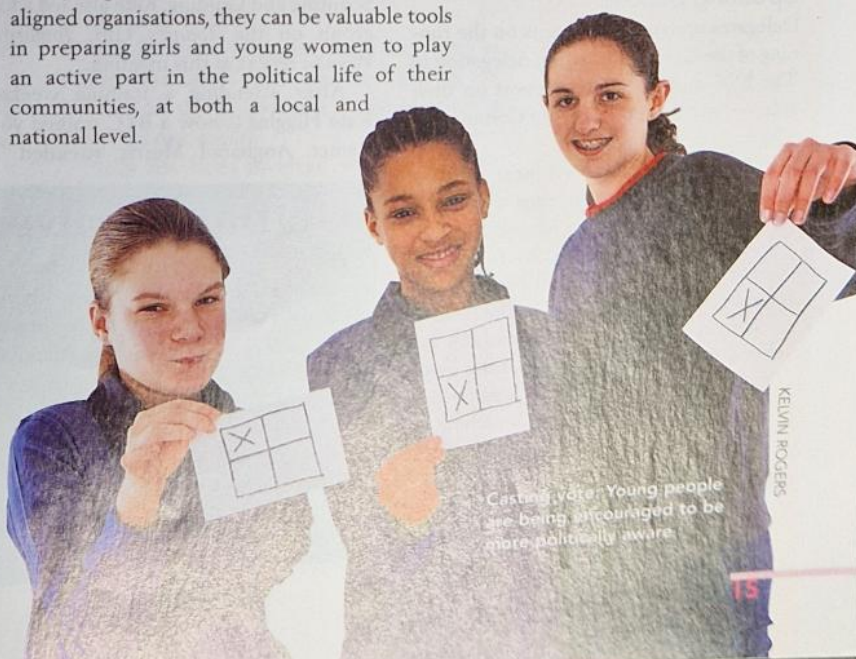
Forums to bring government ministers and young people together for constructive discussions. Crucially, The BYC also provides training for adults in getting started and involving young people, as well as peer training courses. There are speakers and workshop leaders who can give your group a taste of what it's like to be a youth councillor. Turn to page 16 to find out more about The Guide Association's involvement in The BYC.

European citizens

The Institute for Citizenship launched its Speak Out! initiative a year ago to 'develop the notion of a diverse and inclusive European citizenship, and encourage active citizenship in young Europeans'. As well as an online discussion forum on European citizenship, which encourages the exploration of views and issues from different perspectives, there's a teachers'

Political Parties

- For information on Westminster Day, and to find out more about the Liberal Democrats, contact the Liberal Democrat Youth and Student Department. Tel: 020 7227 1387, or visit the web site at: www.ldys.org.uk — the site links to sister parties across the UK.
 - Conservative Future is the Conservative Party's youth section. Visit the web site at: www.conservativefuture.com
 - The Labour Party's youth web site is www.ruup4it.org.uk
 - Plaid Cymru has an active youth movement and employs a full-time youth and student national organiser. Visit the web site at: www.plaidcymru.org
 - Information about the Ulster Unionist Party can be found at: www.uup.org
 - The Social Democratic and Labour Party's web site address is: www.sdlp.ie
 - The Scottish Nationalist Party's web site address is: www.snp.org.uk
 - The Fabian Society has plans for a youth participation project in the new year. The subject matter will be democracy and details will become available in 2002.
- If you would like further details, e-mail: adrianharvey@fabian-society.org.uk.



Casting vote: Young people are being encouraged to be more politically aware.

KELVIN ROGERS

British Youth Council

Guide Association delegates were well prepared to make a difference

By Louise Carmichael
BYC observer, North East England

The annual general meeting of the British Youth Council took place in September.

Before the annual general meeting (AGM), The Guide Association delegation to The British Youth Council (BYC) met for a training weekend to prepare themselves for the meeting.

Public image

During the weekend we received training from Sue Fortunka, the then Chair of the Marketing and External Relations Committee, focusing on image and public speaking.

We read articles about Guiding and discussed the messages they portrayed, and how the messages might be confusing to non-Association members.

Later we concentrated on images that we want to give to different groups within society, including parents, peers and the business community. Delegates then tried to develop core messages for each group.

In the final part of this session we discussed tips and techniques for public speaking. This would come in useful at the AGM, as debate plays a large part in the proceedings.

Updating policies

Delegates updated documents on the running of the Guide Association delegation to The BYC and discussed a report on their role — written by Karen O'Connor, the Chair of the delegation.

We also considered the next meeting and tried to create some aims and objectives, as well as talking about how we would like the meeting to be formatted. Our aims are to develop transferable skills and to function effectively for The BYC.

In order to help the new delegates and observers present, we discussed the qualities they should possess and Caroline Weir organised an amusing mock debate to enable them to get used to the procedures used at The BYC AGM. It gave everyone the chance to practise public speaking in a light-hearted manner.

Another task for the weekend was to discuss a questionnaire from CHQ about how the Senior Section views its role in Guiding, and to put forward ideas about how to improve the image of Guiding and attract new members.

Our ideas will go to the Marketing and External Relations Committee who are conducting research into these issues.

Active role

Delegates from each Region reported on events in their area. It is clear that delegates are active within their Regions, being involved in Junior Council meetings, Region executives and AGMs, and passing on information about the delegation.

Two members of the delegation had undertaken international visits. Angharad Morris (Wales delegate) had been to Strasbourg representing the UK. During her visit, the subject of how to create and implement youth policies was discussed.

Kate Higgins (Midlands delegate and administrator) had attended a European Scout and Guide Network meeting in the Slovak Republic which focused on improving communications between European Scouting and Guiding. Kate also led a focus group on the *Today's Girl, Tomorrow's Woman* report at this meeting.

After attending a training weekend, Kate Higgins is now a BYC trained youth trainer. Angharad Morris attended The



Karen O'Connor, Chair of The Guide Association delegation

BYC open meeting where they discussed how to reform policy documents.

The training weekend went extremely well. We achieved a lot and attended September's AGM fully prepared.

● Look out for a report on The BYC AGM in a future issue of *Guiding magazine*.

Getting involved with The BYC

The BYC — the representative body for young people in the UK — is run by, and for, young people. The BYC represents young people's views on political parties, pressure groups, the media and the government — both central and local.

Guide Association delegates and observers are selected for a term of three years — the difference between the two roles is that observers aren't allowed to vote at the AGM. Any member between the ages of 16 and 25 can apply for a term of office.

Guide Association members who are interested in becoming a BYC delegate or observer, should apply through their Region — there is a selection process involved. There is a maximum of two places for each Country and Region.

If you would like more information about The BYC call 020 7422 8640, or visit the web site at: www.byc.org.uk

Go For It!

games

recipes

Chocolate

crafts

activities

Free with
Guiding
magazine

Chocolate

Welcome!

Get ready for this delicious Go For It! with lots of brilliant Patrol activities that are all about chocolate!

You'll have tons of fun finding out where chocolate comes from, what fair trade chocolate is and how to make the yummiest chocolate treats ever.

There are even some fab crafty ideas to help you get your chocolates home in one piece.

History book

Who discovered chocolate?

- 1** The Mayan civilisation – who lived in the area that is now Mexico – worshipped cocoa as a food of the Gods, 15,000 years ago!

Have a go at making up a song that says how wonderful the cocoa bean is.
- 2** The Aztecs, also from South America, used cocoa in ceremonial rituals and gave highly-prized cocoa beans to Spanish explorers.

Imagine you are Spanish explorers who have just discovered chocolate...
- 3** It wasn't until 1847 that the Fry family, from Bristol, lay claim to making the very first bar of chocolate.

Discover more about the famous chocolate-making families of England – including Cadbury in the Midlands and Rowntree of York. In what revolutionary ways did they improve their employees' lives?

story

Ye olde choccy shoppe

It's not how it used to be

- 1** Chocolate was still only a drink and not a sweet when it arrived in the UK during the 1650s. Chocolate houses opened to encourage people to drink chocolate as a healthy alternative to gin!

Make yourselves a soothing hot chocolate to drink while you take a look at the rest of this Go For It!

- 3** Marie Antoinette, the ill-fated Queen of France, held fancy chocolate parties.

Try to find out more about her and the way she lived.

- 5** Some places around the world have chocolate confections named after them, such as Bournville in Birmingham.

Find out where the Black Forest is and if the creamy cherry gâteau really has anything to do with it!

- 2** In 18th Century Italy, chocolate recipes included such things as liver dipped in chocolate and veal with chocolate pudding.

Delve into the past and see if you can find a really old, but not as disgusting, chocolate recipe to make.

- 4** Each year a Chocolate Festival is held in Perugia, Italy.

Find out more about this extravagant chocfest and try to recreate some of the ideas in your Patrol.

Ad it up

Are you influenced?

- 1** Check out chocolate adverts — what do they really say to you?

Over a few weeks, get everyone in your Patrol to collect chocolate adverts from newspapers, catalogues and magazines.

- 2** When you have a good selection, have a good look at them and think about these questions:

★ What was your first reaction to each ad? Did you want to eat the product or did you think, yuck! Did you realise it was a choccy ad?

★ Do you think the ads are a good way to sell chocolate? Who are they aimed at? Turn to page 4 to find out about designing your own chocolate adverts.

Differences between chocolate brands depend on lots of things — the quality of the cocoa beans, the amount of cocoa solids, cocoa butter, sugar and the flavourings.

The darkest plain chocolate has the most cocoa solids. You will find these listed in the ingredients on the packet.

Find a bar of chocolate with at least 75 per cent cocoa solids and compare it to a regular bar of chocolate.

Sweet tooth

Taste test

Award marks out of ten

- 1 Test different chocolate products — such as spreads and drinks.

Make a score chart that includes the style of packaging, value for money, smell, crispness/smoothness, texture and flavour. Check out labels and compare ingredients.

- 2 Take it in turns to shut your eyes and taste a chocolate given to you by someone else in the Patrol.

Can you guess what you are eating?

Hot choc debate

Myth or magic?

- 1 Is chocolate good for you or not? It's a hot debate which has been going on for years...

- 2 Choose one of these programme titles and host your own USA chat-show style debate:

- ★ Chocolate is just so bad for you!
- ★ Chocolate is my comfort food!
- ★ I'm addicted to chocolate and I need help!
- ★ There's no such thing as too much chocolate!

- 3 Decide on your TV show title a week in advance. This will give you some time to prepare for it. Work out who is going to be for and against the title. Then find out some real facts and figures to support your side in the debate.

Tip top

Get stuck in!

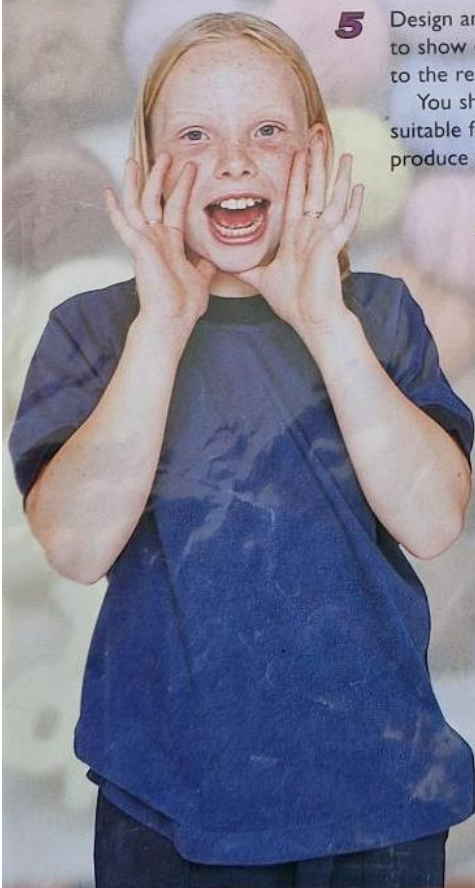
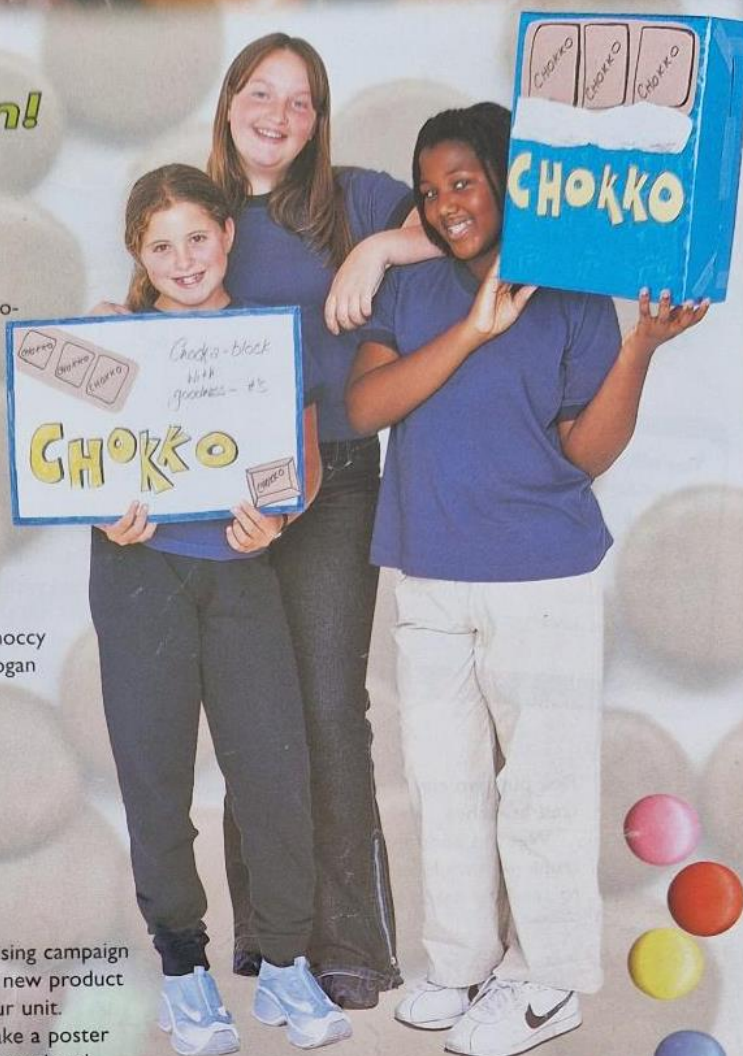
- 1 Tip out a bag of wrapped choccies on to the table.
One of you leaves the room while the others pick a choccie to be 'It'.
- 2 The 'outsider' returns and picks up and keeps individual chocs until she chooses 'It' — when everyone shouts 'Stop'.
- 3 Someone leaves and you play again. Keep going until all the chocolates have been picked up.
Make it fair and share the winnings equally at the end!



New sweet sensation!

Invent your own

- 1** As a Patrol, invent a brand new chocolate bar.
First of all, sit down and think about what sort of people you want to market your chocolate bar to. Will it be for cartoon-crazy-kids, text-mad teens or ladies who love luxury?
- 2** Now think of all the different flavours and ingredients that you would like to combine.
How about biscuit, nuts, mint, or even popping candy?
If you like, you can test the different combinations to see how they taste together.
- 3** Think of a wild name for your choccy bar. You'll need an advertising slogan too, one that will help people to remember your product.
- 4** Design a wrapper for your chocolate bar. You could make it bright and snazzy, or go for the sophisticated, high-class look.
- 5** Design an advertising campaign to show off your new product to the rest of your unit.
You should make a poster suitable for a billboard and produce a 90 second TV advert.



Top of the chocs

It's quiz time!

How much do you know about all things sweet? All the answers have something to do with sweets and chocolate.

- | | |
|--|---|
| 1 One of the planets. | 11 Another name for ten-pin bowling. |
| 2 You'll find them on a cardigan but not a jumper. | 12 Travelling musicians of times gone by. |
| 3 A favourite feline choccy bar. | 13 A tall bus. |
| 4 You need one of these to make a plug work. | 14 Wobbly infants. |
| 5 A subject for debate or discussion. | 15 Nickname for a small Northern terrier. |
| 6 What's left when you take the words out of a song. | |
| 7 Small glass balls to play with. | |
| 8 Where nine and ten both come. | |
| 9 An American coin worth 10 cents. | |
| 10 A day for Brownies with fun and games. | |

You'll find the answers on page 16.

Mexican

Tree of life

Get creative with clay

You will need

- ★ Self-hardening or oven-bake clay
- ★ Tempera or acrylic paints
- ★ Paint brushes
- ★ Ruler
- ★ Bowl of water
- ★ Wooden skewers or wire
- ★ Candle

1 The Tree of Life is a special Mexican candlestick that is made from clay.

It traditionally represents Adam and Eve in the garden of Eden, but can be decorated with people, animals, flowers or stars.

Have a go at making one from air drying or oven-bake clay.

2 Start off by making a base for the tree. Do this by rolling a ball of clay about 5cm wide. Press it down to make the bottom flat.

3 Add a thick tree trunk that is no more than 5cm high. Stick it to the base with wet clay.

To strengthen the joint, push a piece of wire or a wooden skewer down the middle of each piece.

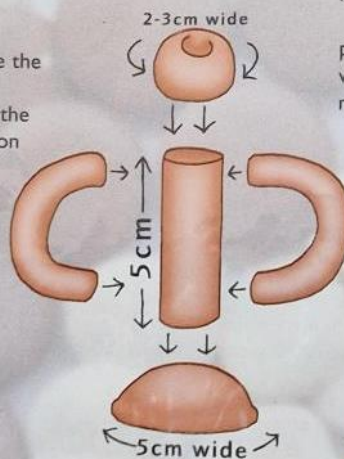
4 Roll out two clay sausages to make the tree branches.

Wet the ends and join them to the trunk — have look at the illustration to see how to do this.

5 Roll another piece of clay into a ball about 2-3cm wide. Push your finger in the middle to make a hole big enough to hold a candle.

Stick the candleholder to the top of the tree trunk.

6 Use leftover clay to model flowers, stars and other fancy decorations. Stick these on to the candlestick with water.



7 Dry the clay according to the instructions on the packet. When your tree is completely dry, paint it with bright colours.

Never leave a burning candle unattended!



Golden sun

A craft from the birthplace of chocolate

You will need

- ★ Aluminium foil baking trays (the disposable kind)
- ★ Permanent markers, or acrylic paints and brushes
- ★ A biro
- ★ Scissors (an old pair)
- ★ A hole punch
- ★ Sticky tape
- ★ Newspaper to cover your working area
- ★ Ribbon
- ★ Plain paper

- 2** Use a pair of old scissors to cut away the sides from a foil tray. Don't use good scissors as foil can blunt the blades. You will be left with a stiff, flat sheet of aluminium. Put this to one side for the moment.

- 3** Trace the sun pattern (opposite) on to a piece of plain paper. Use sticky tape to fix it to the aluminium sheet. Draw on top of the paper pattern with a biro. You need to press down firmly so the pattern indents on to the foil.

- 4** Take the paper pattern off the tray and cut the sun out along the outside line.

- 5** Put the sun on a flat surface with the raised pen marks facing down. Colour between the raised lines with markers or acrylic paints.

- 6** Use a hole punch to make a hole in the top of your sun. Thread a piece of ribbon through — it's now ready to hang up!

Warning!
The cut edges of baking trays may be sharp. Handle your ornaments carefully.

- 1** Tin sun-catchers can be found for sale in many Mexican stores and markets. They are made from tin sheets, cut into shapes and painted bright colours. Have a go at making your own from a foil baking tray.



The secret life

Fair trade

What is it?

- 1 Fair trade means that workers – usually farmers – are entitled to a minimum wage and a safe place in which to live and work. Without fair trade, these people are often exploited.
- 2 Fair trade is a special system which ensures that producers in developing countries get a better price for their goods.
- 3 Find out more about fair trade. Special fair trade products can be identified by a fair trade logo. Various brands of chocolate, cocoa, coffee, tea and honey are covered by the scheme.

Look out for these fair trade products. You may like to buy some to test!

- ★ Divine Milk chocolate
- ★ Equal Exchange Organic Cocoa
- ★ Maya Gold chocolate
- ★ Oxfam Masco chocolate
- ★ Traidcraft organic range

- 4 Visit your local supermarket and look to see if there are any fair trade products on the shelves.
- 5 If your supermarket does not stock fair trade products, write to the manager to ask why not and if they would consider doing so.

Choc horror

Where does the money go?

- 1 Fact: Most of the cocoa beans for our chocolate are grown by local farmers in Ghana, Nigeria and Cote D'Ivoire. When you buy a bar of chocolate, who gets the money that you use to pay for it?

- 2 This rather tasty bar of chocolate costs £1. As you can see, it is split into five bite-sized pieces. What you have to do is decide who gets which piece – and who gets the biggest profit.

Once you have decided how the money should be split, turn to page 16 to find out what actually happens to it.



- 3 These are the people that you need to share the bar between:
 - ★ The chocolate factory
 - ★ Cocoa farmers from Ghana
 - ★ The UK taxman
 - ★ The Ghanaian government
 - ★ Shopkeepers



- 4 Think about what you have just discovered – is it fair? What can you do to help change the situation?

e of chocolate

I'm a soft centre

...or are you a bit nutty inside?

- 1** In the UK, we each eat around eight kilos of chocolate, every year!
This adds up to £3 billion spent on cocoa-based confectionery.



- 2** Imagine that your Patrol is a box of expensive chocs. What kind of filling would each of you be and why?

- 3** If you've got a box of chocs do you always choose the same one first?

- 4** Does shape have anything to do with your choice? Or do you like ones that are wrapped up?

- 5** If you could share a box of chocs with anyone in the world, dead or alive, who would it be and why?

Have a guess at when Milk Tray first appeared on sweet shop shelves. Give in? It was 1915! How about those Easter faves, Crème Eggs? They were, amazingly, invented way back in 1923!



Fruit fondue

Dip with a difference

- 1** Cut the fruit into bite-size pieces.



- 2** Put the chocolate and cream into a fondue pot or a bowl set over a pan of hot water. Heat gently and stir until the chocolate has melted.

- 3** Stir the fruit juice into the chocolate, one spoonful at a time. Beat it until it is smooth.

- 4** Use forks or skewers to dip the fruit into the chocolate fondue. Delish!



You will need

- ★ A mixture of fruit such as: pineapples, mangoes, strawberries and seedless grapes
- ★ 250g plain chocolate broken into pieces
- ★ 150ml single cream
- ★ 6 teaspoons of orange juice
- ★ Forks or skewers
- ★ A fondue pot or a pan and a bowl
- ★ Spoons
- ★ A knife

Just eat it!

Cook up a chocolate feast for your Patrol

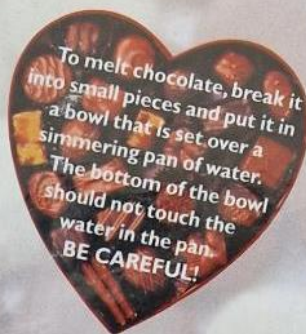
Banana lollies

- 1 Chop the bananas into thick pieces and put them in the freezer for half an hour.
- 2 Melt the chocolate. Take the bananas out of the freezer and use a skewer to dip them in the chocolate.
- 3 The chocolate should go hard really quickly. Lay the chocolates on a piece of greaseproof paper and put them back into the freezer for five minutes. Then you can eat them!



You will need

- ★ Four bananas
- ★ A family-size bar of your favourite milk chocolate
- ★ Skewers or cocktail sticks
- ★ Greaseproof paper
- ★ Knife
- ★ Freezer-proof plate
- ★ Bowl and a pan of hot water to melt the chocolate



Choc-a-bloc cookies

- 1 Preheat the oven to Gas mark 4 or 180°C. You also need to grease three baking sheets.



- 2 Cream the butter and sugar until it is light and fluffy. Mix the egg and vanilla. Gradually beat them into the creamed ingredients.

- 3 Sift together the flour, bicarbonate of soda and salt. Fold it into the butter mixture. Carefully stir in the chocolate chips.

You will need

- ★ 125g butter (softened)
- ★ 125g light brown sugar
- ★ 1 egg
- ★ 1 tsp vanilla essence
- ★ 175g plain flour
- ★ Half a tsp bicarbonate of soda
- ★ 150g white chocolate chips
- ★ A pinch of salt
- ★ Three baking sheets
- ★ A wire rack
- ★ A fish slice or a palette knife
- ★ A bowl
- ★ A spoon
- ★ A sieve

- 4 You now have a ball of cookie dough. Make it into about 18 walnut-sized balls and place on the baking sheets — at least 2.5cm apart. Watch out, as they spread during cooking.

- 5 Flatten the balls with the palm of your hand and bake for 10-12 minutes. Cool on the baking sheets for a few minutes and then put them on a wire rack.



Take a shake break

- 1** This recipe is for two people.
Put half of the ice-cold milk in a blender. Add the drinking chocolate powder and one scoop of chocolate ice cream.

- 2** Blend until it is frothy and stir in the rest of the milk.
Put the remaining two scoops of chocolate ice cream into two large serving glasses.

- 3** Carefully pour the chocolate milk over the ice cream.
Serve with straws and a sprinkle of chocolate curls.

You will need

- ★ 450ml ice-cold milk
- ★ 3 tbsp drinking chocolate powder
- ★ 3 scoops chocolate ice cream
- ★ Chocolate curls to decorate
- ★ Two large glasses
- ★ Ice cream scoop or spoon
- ★ A blender
- ★ Straws

Messy muffins

- 1** Preheat the oven to Gas Mark 5 or 190°C. Cream the butter and all the sugar until it is light and fluffy.

- 2** Mix the eggs and vanilla, then gradually beat them into the creamed butter mixture.
Sift the flour, cocoa and salt together. Fold it into the butter mixture, adding the milk as you go.

- 3** Put the paper cases into the tins. Half fill each one with the mixture.

Put a few chocolate chips on top of each one and cover with a spoonful of the mixture.

- 4** Bake for about 20 minutes. The muffins should rise and be springy.

Take them out of the tin and cool on a wire rack. Scrumptious!

You will need

- ★ 125g unsalted butter
- ★ 75g granulated sugar
- ★ 50g dark brown sugar
- ★ 2 eggs
- ★ 1 tsp vanilla essence
- ★ 200g self raising flour
- ★ 15g cocoa powder
- ★ A pinch of salt
- ★ 150ml milk
- ★ 50g chocolate chips
- ★ Paper bun cases
- ★ Muffin (bun) tins
- ★ A wire rack
- ★ Oven gloves
- ★ A sieve
- ★ Two bowls
one large, one small



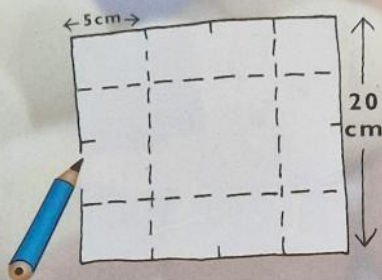
Gift shop

Boxed in

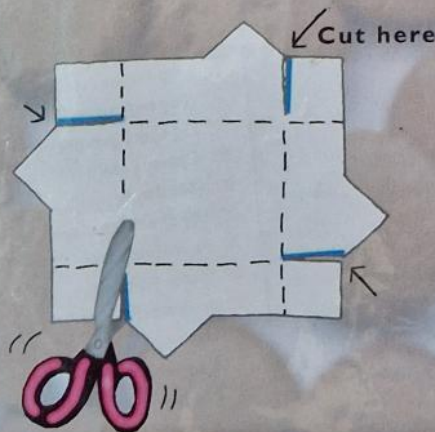
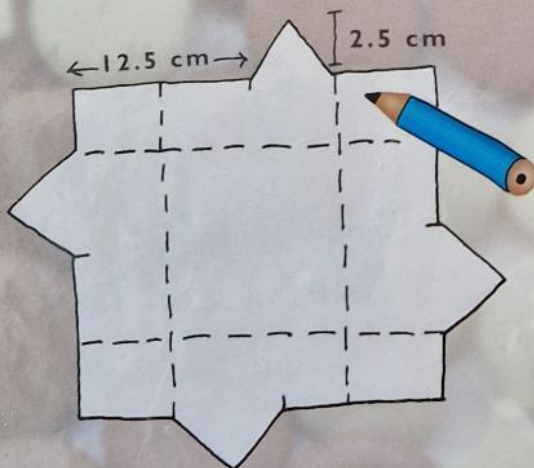
Make a gift box for your home-made chocs



2 With a pencil, lightly mark points every 5cm along each side. Join up all the points, except the centre one, as shown in the illustration.



3 Make another pencil mark 12.5cm from the left, along one side. Mark 2.5cm directly above it. Now join the points to make a triangle. Repeat on the remaining sides.



1 On one sheet of thick paper, use the pencil and ruler to draw a square with sides of 20cm.

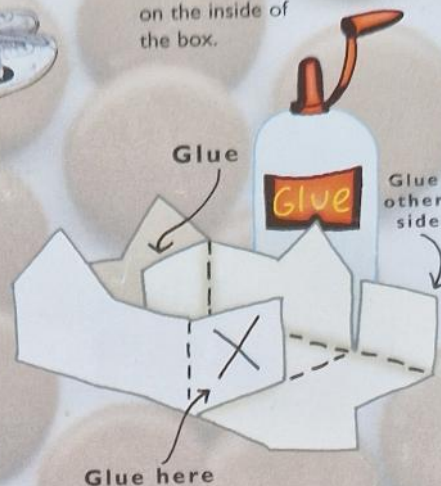
You will need

- ★ 2 sheets of thick craft paper — at least 30cm square
- ★ Scissors
- ★ Glue
- ★ Ruler
- ★ Rubber
- ★ Pencil
- ★ Thin ribbon
- ★ Silver foil

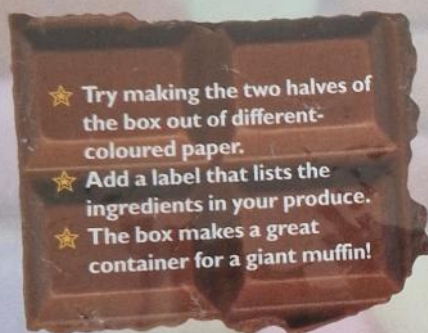
4 Carefully cut the shape out along the outside line. Score — using a ruler and scissors — down each of the four dotted lines. Make cuts where indicated on the blue lines — these are your tabs for glueing.



- 5** Rub out all of your pencil marks. Fold along each score line and glue the tabs in place on the inside of the box.



- 6** Make the top of the box in exactly the same way. Line the bottom with foil and fill with the treats of your choice. Tie the box up with a ribbon.



No-bake cake

Small squares are perfect for your gift box

You will need

- ★ 250g Digestive biscuits
- ★ 1 tbsp cocoa
- ★ 1 tbsp golden syrup
- ★ 125g margarine
- ★ 125g plain chocolate
- ★ A rolling pin
- ★ A large plastic bag
- ★ A saucepan
- ★ A wooden spoon
- ★ A baking tin
- ★ Two bowls, one heatproof

- 1** Put the biscuits in a plastic bag and use a rolling pin to crush them.

Tip the bits into a bowl and mix with the cocoa.

- 3** Pour the chocolate over the biscuit base and put it back in the fridge.

- 2** Melt the margarine and syrup together in a saucepan and add the biscuit mixture. Stir well.

Push the mixture into a 18cm tin and chill it while you melt the chocolate.

- 4** Cut the cake into pieces before the chocolate sets too hard.

If you like, you can jazz this recipe up by adding cherries, nuts or raisins.

Further



info

Where to find out more about
your favourite subject...



Trading places

★ For information about fair trading,
please contact:

Fairtrade Foundation
Suite 204
16 Baldwin's Gardens
London
EC1N 7RJ

Telephone: 020 7405 5942

Web site: www.fairtrade.org.uk

★ Traidcraft is a company that supplies
fairly traded goods (including chocolate
and cocoa). For more information,
please contact:

Traidcraft, Kingsway, Gateshead
NE11 0NE.

Telephone: 0191 491 0591

Web site: www.traidcraft.co.uk

★ You can find out all about the world
cocoa market, with Christian Aid's
Chocolate Trade Game, price £3.50.

For further details contact: Christian
Aid, PO Box 100, London SE1 7RT.

Web site: www.christian-aid.org.uk



Game zones

If you have Internet access, check out
your fave choccie brands online. The
following sites all have games and
downloads for you to explore.

★ www.wonka.co.uk

★ www.kitkat.co.uk

★ www.m-ms.com

★ www.rowntrees.co.uk

★ www.dairymilk.co.uk

★ Chocoholics can savour a day out
at Cadbury World near Birmingham.
For more information, telephone:
0121 451 4159

Web site: www.cadburyworld.co.uk



High flyer

By Catherine Slater

Sally Robinson's work keeps her in touch with Guiding around the world

Guiding skills come in useful outside of the Association, as Sally Robinson discovered when she joined ORBIS — a global organisation that works to save eyesight in developing countries.

ORBIS, which derives from the Greek word for eye and the Latin word for globe, has its own flying eye hospital and teaching facility in a converted DC-10 aeroplane.

The flying eye hospital travels to developing countries where ORBIS surgeons, along with visiting volunteer doctors, perform eye operations, teaching local doctors the procedure. The ORBIS team also conducts trainings at local hospitals.

Activity ideas

Sally has been working for ORBIS since July 2000. As Director of the flying eye hospital she is responsible for the 25 crew members, who are from 13 different countries.

When Sally joined the flying eye hospital she took with her a *Brownie Handbook*, a *Guide Handbook*, *Activate* pull-outs and *A World of Ideas* — a Guide Association publication about world Guiding, different cultures, international issues and travel, that Sally helped to write. Sally has found these resources very useful. 'I share my office with the patients and they are often very nervous waiting for their operation,' she said. 'We face different languages in every place we visit and most people haven't been on a plane before, so it's nice to be able to entertain them and take their mind off things.'

Sally often takes a break from her work to sit with children who are waiting for surgery. She makes simple craft items — such as boxes — with them. 'The other members of the team are amazed by some of the ideas I come up with and people always ask me where I get my ideas from,' she said. 'I do things that I've picked up on trainings and that I've done with my Brownies.'

One activity that Sally uses regularly is based on an idea from *Friends Round the World* — an international activities resource for Rainbow Guiders. She said, 'I get people to draw around their hand, cut it out and write a message on it in their own language. Then I stick the messages on the office wall for patients in other countries to see.'

International links

Before joining ORBIS Sally set up a centre for homeless teenagers in Hayes, Middlesex. She has also worked for the World Association of Girl Guides and Girl Scouts (WAGGGS), where she was in charge of Our Cabaña — the Association's World Centre in Mexico — and as the Association's International Education Adviser, where she worked with organisations such as Oxfam, Comic Relief and Christian Aid.

Working for the Association renewed Sally's desire to work in an international environment. 'I made lots of links with people in different countries. It underlined the fact that I wanted to work for a development organisation — ORBIS was the perfect opportunity,' she said.

Since she's been on the flying eye hospital Sally has visited many countries including China, India, Bulgaria, Peru, Costa Rica, Mongolia and Cuba. When she gets the chance, Sally likes to meet up with Guiding members in other countries. 'I made lots of contacts through WAGGGS,' she said. 'So far I've spent a weekend with Guides in Peru where I went to their national headquarters, and I've visited Guides in Costa Rica who took me sightseeing. Everyone was very welcoming.'

Guiding ties

Originally from Liverpool, Sally now lives in Pinner, Middlesex. She works on the flying eye hospital for three months at a time and then is home for one month.

Sally has been involved with The Guide Association since she was a member of the 432nd Liverpool Brownies. She went on to become a Guide, where she gained her Queen's Guide Award, and a Ranger. She became a Brownie Guider when she was 18.

Sally represented the UK at the European Conference in Chile in 1995 and worked at the World Conference in Canada in 1996.

Her most recent Guiding role was as an Assistant Brownie Leader with the 6thA Headstone Brownies in Harrow. She tries to meet up with them whenever she is in the country and keeps in touch via e-mail when she is jetting around the globe on the flying eye hospital.



Sally Robinson's Guiding skills come in useful on the flying eye hospital

ORBIS

The official Brownie Annual 2002 is the perfect Christmas gift that's enjoyed by thousands of Brownies all over the UK. Crammed with the best activities, cool crafts, fab facts, mind-boggling puzzles, recipes, stories and heaps more fun. A total must-have for every seven to ten year-old girl.



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The Heritage Centre

Check out this autumn's special Sunday events.

October 14

I will survive. Activities from the Guide Go For It! publications.

October 28

Craft day. A selection of crafts to see and do.

November 4

Guide Friendship Awareness Day. Focusing on health awareness, particularly in Africa, and the work of the Guide Friendship Fund.

November 24 and 25

Indoor nature ramble. Activities especially for Rainbows.

December 8 and 9

Father Christmas will make his annual visit to CHQ.

All of these activities are booked as extended visits.

Regular opening hours

Wednesday to Saturday during term time.
Monday to Saturday during school holidays.

Prices

Standard visit - 2 hours, £3.50 per head.
Extended visit - 3 hours, £5 per head.

Sleepovers are available every Friday night, and weekdays during school holidays - £18 per head, with the first three adults charged at £10 per head (min group size for sleepovers is 24, max 40).

Full access for the disabled and baby changing facilities.

The Heritage Centre, 17-19 Buckingham Palace Road, London SW1W 0PT.
Call 020 7592 1818 for information.

FUNDRAISING THROUGHOUT THE YEAR



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HMS BELFAST

kip in a ship!

From Autumn Term 2001, school parties and youth groups will be able to 'sleepover' on board HMS Belfast, Europe's last surviving big gun armoured warship to have seen action in the Second World War.

The restored messdecks will provide affordable, unique and stimulating accommodation, with added educational value for groups of children, in this prime London location.

For further details please contact the Education Office on 020 7940 6323/6336 or e-mail hms-edu@iwm.org.uk



Supported by the National Lottery through the
Heritage Lottery Fund

Pool of London

Aiming high

Climbing is an exciting and varied activity

By Anne Arran
BMC Training Officer

The great appeal of climbing and hill walking is that it's suitable for anyone — even children as young as four. The experience enjoyed on an easy climb or walk can be as great as that enjoyed on the most difficult.

If you are new to climbing you can join a club, or go on a course, in order to learn how to climb safely.

Club membership

The British Mountaineering Council (The BMC) has over 350 climbing and hill walking clubs. Individual BMC membership costs from £18 for adults (see 'Youth membership' for details about under 18s membership).

Joining a club gives you access to experienced people who can help you to develop your skills. There is also the possibility of borrowing equipment which makes getting started much easier. Some clubs run informal trainings and most will have a regular calendar of week-end events.

The BMC produces a list of climbing clubs and so it is easy to find a local group. Some clubs provide structured introductory sessions for beginners.

To find your nearest club contact The BMC (see Contact details box).

Introductory courses

Most climbing walls offer instruction courses. You can find details of your local climbing wall centre in *The BMC Climbing Walls Directory*, which is available from The BMC — and is free to members.

Many outdoor centres offer introductory 'taster' climbing sessions.

Outdoor training courses and details of qualified guides and instructors are listed in The BMC's *Courses Guide*, a publication which is also free to members.

The BMC also runs alpine, winter and mountain craft courses and lectures. Visit the web site for more details.

Training for leaders

The BMC is keen to work with Guiding leaders to provide a fun way for young people with an interest in climbing, hill walking or mountaineering to progress in these sports. The BMC provides a wide range of publicity and good practice advice, and training for its members. It

also coordinates youth events, volunteer training support and regional and national competitions.

Youth membership

The BMC offers a special membership to under 18s. The 'gripped?' youth membership package costs £9 and includes insurance; *gripped?*, a quarterly magazine for young climbers; and *Summit*, The BMC's official quarterly magazine.

Other advantages of being a gripped? member include:

- A selection of free and discounted publications
- Free BMC directories
- Discount on coach travel
- A special discount at selected retail outlets
- Subsidised 'youth meets' at Plas y Brenin, the National Mountain Centre in North Wales
- Access to regional competitions and regional youth meetings.

If you would like more details on gripped? membership please contact The BMC.

Climbing event

The Festival of Climbing is an annual event organised by The BMC. This year's event will take place from December 7-9 at the NIA in Birmingham. Tickets cost from £5.25 for adults and from £3.50 for concessions. Call the ticket hotline, or visit The BMC web site, for details.

Some of the world's top young climbers will be competing for the European Youth Cup throughout the weekend.

Other activities at the festival will include competitions, workshops, seminars, lectures and a photography display. Visitors can also have a go on the 'come and try' climbing wall and even take part in the climbing wall challenge.

The Voluntary Leader Conference will take place on December 7, as part of the Festival of Climbing. This one-day conference will look at the mechanisms for supporting young people and voluntary leaders within youth organisations — particularly those that are interested in climbing, hill walking and mountaineering.

For more information about the Festival of Climbing, and the volunteer leader conference, contact the BMC.



MOOZE AZIM

Learn how to climb safely by joining a club

Contact details

For further information about local clubs, the Festival of Climbing, courses, or BMC membership call 0161 445 4747, or visit the web site at: www.thebmc.co.uk

To book tickets for the Festival of Climbing, or for full ticket prices, call the ticket hotline on 0870 909 4144, or click on 'competitions' on The BMC web site.

Free PCs and software

● Gifts in Kind UK distributes donated goods to voluntary organisations across the UK. The goods – which are mostly new – are donated by the manufacturing and retail industry. A wide range of equipment is available including computers, fax machines and photocopiers.

For more information call 020 7204 5003.

● Recycle-IT! is the largest non-profit making computer recycling project in the UK.

It provides computers for charities, voluntary and community organisations, educational establishments, churches and worship centres and people with disabilities.

For more information call 01582 492 436 or e-mail: recycle_it@cix.co.uk.

● Microsoft Giving delivers computer software to charities and non-profit making organisations.

There are a limited number of donations each year.

To apply for a donation of up to three software packages, write to: Microsoft Giving, Freeport SCO5171, Glasgow G3 7BR, or e-mail: microsoftgiving@microsoft-contact.co.uk.

Applicants should provide a brief outline of their organisation/project and, where applicable, their local registered charity number and the titles of the required software.

Old phones wanted



Funds from recycled mobiles help children around the world

Mobile phones are bound to feature heavily on many Christmas present wish-lists this December. This raises the question of what to do with old mobile phones.

Many old phones that are binned often end up in landfill sites where the harmful toxins expelled from the batteries

can cause a lot of damage to the environment.

UK-based medical charity Child Advocacy International has introduced a scheme to put old phones to good use – the Campaign to Recycle Unwanted Mobile Phones (CRUMP). Old phones are overhauled, resold or broken down for spare parts. This scheme not only benefits the environment, but also generates vital funds to help children in desperate need worldwide.

All phones are accepted. Single phones can be posted to FREEPOST CRUMP, or a free courier can be arranged for larger quantities. For further information on Child Advocacy International and/or CRUMP, or to arrange for courier collection, call 01782 712599 or e-mail: cai_uk@compuserve.com.

CRUMP representatives are available to give free-of-charge presentations and talks to interested groups – call to find out more (contact details as above).

The residential opportunities listed below are open to any Association member – Guiders, Senior Section members, Commissioners, Guides or Brownies – as relevant. For more details of content and cost please phone the appropriate centre.

TRAINING AND ACTIVITY CENTRES

BRONEIRION 01686 688204

Murder Mystery at the Manor
Arts Training **Nov 30-Dec 2**
Camp site/Residential wardens
Feb 15-17

Badge weekend for Guides
Feb 22-24
Making Music — Brownies with their Guiders **March 8-10**

Music in Guiding **Jan 11-13**
Young Guiders (18-30 years)
Jan 11-13

Senior Section Guiders
Feb 8-10

Programme and Training Advisers **March 1-3**
District groups — theme: 'Letting the girls take the lead' **March 1-3**

HAUTBOIS 01603 737357

Guitar course **Jan 11-13**
IT for beginners **Jan 18-20**
Hautbois G Force **Jan 25-27**
Grand National Archery Society Leader Award Module A
March 9-10

WADDOW 01200 423186

Victorian evening: Banqueting and entertainment — some beds available **Dec 8**
Patrols in Action: Guiders and girls **Jan 4-6**

Programme ideas for Brownie Guiders **Jan 11-13**

Programme ideas for Rainbow Guiders **Jan 11-13**

Becoming a better leader — Patrol Leaders aged 13+ and Young Leaders **Feb 15-17**

NETHERURD 01968 682208

Develop your training — for those starting out on training
Jan 25-27

Go For It! help pilot a new Go For It! — two girls from each unit **Feb 8-10**

FOXLEASE 02380 282638

Make and Take Commissioners
New Guiders **Nov 30-Dec 2**
Why do we do it? **Dec 7-9**
First Aid in Guiding **Jan 11-13**

BLACKLAND FARM 01342 810493

Guide Association Climbing Scheme Level 1 Training (indoor accommodation)
Jan 19-20

Guide Association Climbing Scheme Level 2 Training (indoor accommodation)
March 9-10

ASSOCIATION NEWS ASSOCIATION

Hop skip and a jump

The National Deaf Children's Society (NDCS) is challenging Brownie Guiders and their Packs to take part in a nationwide fundraising campaign, aiming to raise at least £50,000 for deaf children.

Brownies can join in the fun with classic races such as egg and spoon, three-legged and sack racing. Each metre is sponsored and, as well as being part of their Pack's races, everyone taking part will be doing their bit to run, hop and skip the equivalent of the circumference of England!

For an information pack, contact the Crazy Race team at: The National Deaf Children's Society, 15 Dufferin Street, London EC1Y 8UR, call 020 7490 8656, or e-mail: crazyrace@ndcs.org.uk.

New Go For It!

Another great Go For It! will be published on November 2 on the theme of animals.

Go For It! Animal active consists of 32 full-colour cards, crammed with everything from wriggly wildlife to playful pets, plus animal issues ranging from cruelty to conservation.



Animal active has been produced in association with the RSPCA

There are masses of Patrol activities to help Guides get to know the animal community — and to make a difference. Produced in association with the RSPCA, it's bound to be a roaring success.

Go For It! Animal active is available from Trading Service, order code 6648, price £4.95.

The following Go For It! cards are available in packs of 10, priced £1 a pack: *Animal active*, order code 6672; *Chocolate*, order code 6673 and *General Go For It!*, order code 6674.

- The new animal badge syllabus can be found in this month's *Hotline*.

ASSOCIATION NEWS ASSOCIATION

Trading Service

To order from Trading Service or for further information about goods, please contact *GUIDING ESSENTIALS* on our 24-hour answering service or by fax or e-mail.



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Alternatively, shop online for your essential Guiding resources and keep up to date with new products at

www.guidingessential.org.uk

For details of your local depot call freephone 0800 838227.

Honouring volunteers

The League of Mercy is asking charitable organisations to nominate individuals who have given seven or more years of outstanding voluntary service, assisting in the relief of sickness or suffering.

Please note that groups and projects are not eligible for this award.

For further details, or an application form, please write to: The League of Mercy, PO BOX XYZ, Lingfield, Surrey RH7 6EF. The closing date for entries is November 26.

Do you know a volunteer who deserves to be honoured?



Adopt a box

Fears that the UK's highest rainfall in nearly 250 years has taken its toll on barn owl numbers have been confirmed by the Hawk and Owl Trust.

Now the wildlife conservation charity is urging people to help counter the effect by adopting nest boxes — for themselves or as a Christmas gift for another owl lover.

Adoption costs £12.50 a year and there is a special adoption package available for units.

For more information please send a sae to: Adopt a box, The Hawk and Owl Trust, 11 St Mary's Close, Abbotswell, Newton Abbot TQ12 5QF.

Heavy rainfall has taken its toll on the barn owl



NICK WILLIAMS/THE HAWK AND OWL TRUST

National tree week

Children can now go online at www.nationaltreeweek.co.uk to learn about the importance of the environment and tree planting as part of National Tree Week — November 21 to December 2.

The web site features a fully-animated interactive game with environmental issues, a comprehensive activity pack for teachers and unit leaders, a gallery for registered users to submit photos, jokes and stories — as well as up-to-date news on National Tree Week activities.

Last year, over 20,000 children — including Guide Association members — took part in tree planting events across the UK for a Guinness world record-breaking three-day tree plant.

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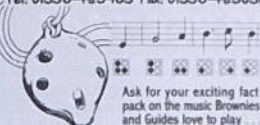
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Back stage

Girls from Neath Division took a well-earned rest between performances at the Neath Division Scout and Guide Gang Show recently.

The girls worked really hard on *Crystal Mania* and are here with their wardrobe stylists – Neath Trefoil Guild – who were real gems!



MARY ROBERTS



STAR PHOTO

Take your toothbrush!

Di Gough and Dawn Bagnall were supposed to be helping with the mass washing up session during Scout 2001 – a large international camp held in Sweden.

But as there were 26,000 taking part, Di thought it would be more fun to have a go at cleaning Dawn's teeth instead!

MRS JULIET KILPATRICK



A pole load of fun!

The 2nd Caterham St John's Brownies took in some Spanish-style fun recently when they spent a 'fiesta' weekend at Blackland Farm.

The girls had a great time hanging out, making lots of new friends and soaking up the fiesta fun!

Great resource!

I was very impressed to read the new *Dry Puddles for Rainbows* publication. The layout was very good and easy to use, with lots of useful ideas.

I haven't been doing Rainbows for long, although I have been in Guiding for many years. I can safely say that this is the best publication I have read produced by The Guide Association.

Rainbow Guider
Lanarkshire

Two readers share their views on the spiritual dimension of Guiding.

Faith awareness

Full marks to *Guiding magazine* for attempting to give a balanced view on the multi-faith nature of the girls who enjoy Guiding – and their needs and requirements at camp (July's issue).

However, let us not overlook, or take for granted, the importance of helping Christian girls, or those associated with Church units, to develop their faith.

In our secular society it is good that Guiding and Scouting continue to offer positive ways of nurturing the spiritual side of young people. In many cases this will be through the various Christian denominations where Guide and Scout units flourish, and where leadership is part

of an adult's own expression of their faith and their Promise.

It would be good to have some updated, wide-ranging material in support of the latest version of the Faith Awareness badge, which has been a useful way of exploring faith issues at different levels appropriate to our girls.

Margaret Littlecote
33rd Northampton
(Queensgrove Methodist)

Spiritual dimension

I have just finished browsing through the August's *Guiding magazine* and found it full of useful information, as usual.

However one aspect of Guiding that I feel is very much neglected, both in the magazine and in training in general, is the spiritual dimension for both the girls and, as importantly, for the Guiders.

Pre-warranted Guiders are not given any training or opportunity to explore this aspect of Guiding. We appear to be almost ashamed of the Law and Promise.

The Movement is multi-faith so we ought to be using the experiences of all the faiths to nurture our members in the Promise. Focused training by sympathetic trainers and articles in *Guiding magazine* would be a good start.

Marty Donaldson
Bennachie District Commissioner

Brownie story

I was interested to read what those attending last year's Innovate (see June's *Guiding magazine*) had deemed as 'Traditions no longer appropriate'. I mentally checked the list, disagreeing with some and agreeing with many others. However there was one inclusion that surprised me – *The Brownie Story!*

To me this is pivotal to the whole ethos of Brownies, providing a timeless message through the tale of two young people who learn from wise Brown Owl that they are the ones who can make a difference by doing their best and lending a hand.

I really would be fascinated to hear other readers' opinions about the story and the relevance of Tommy and Betty in the year 2001.

A Brownie Guider
South West Region

● What do you think?

Recruitment issues

Having read so much about Reach Out and Recruit I feel it is necessary to point out that perhaps The Guide Association should also make the effort to try and keep those Guiders it already has.

The paperwork involved in all aspects of Guiding, from gaining a Warrant to a Camp/Holiday Licence, is extremely off-putting. Guiders are volunteers with,

Fire safety fun

The 2nd Akrotiri Brownies from Cyprus had a fantastic time when they visited the fire section at RAF Akrotiri recently.

The girls were put through their paces for their Fire Safety Badge and highlights of their visit were inspecting a fire engine and testing fire extinguishers out on one of their Guiders! Let's hope she's not feeling put out!



SALLY ELDRIDGE



MURIEL BAINES

Wakey wakey!

Katy, Jessica and Wendy from the 2nd Eldwick Guides made a shelter for an Adventure Out! challenge recently. The girls not only made their shelter, but slept in it too. This photograph was taken just minutes after being woken!



CAROL CHARMLEY

The Bug wheel!

Rangers from Anstey took the Bradgate District 'travel bug' with them on a trip on the London Eye recently.

The Bradgate Bug reached a height of 135 metres, and recruited four new Rangers, Katie, Laura, Louise and Rachel, who all made their Promise at the very top!

for the main part, full-time jobs, families and a life outside of Guiding.

Trying to complete my camp licence this year is leaving me disheartened. I don't want an NVQ or a GCSE, yet it feels like I am studying for one.

I am 23, and have been doing Guides for three years now. I really do enjoy Guiding and have a great relationship with my Guides, yet I feel like giving it all up because of the bureaucracy.

Natalie Yates

1st Lea (St John the Baptist) Guides

business community has done). Otherwise we'll be viewed as an antiquated organisation that is hung up on whether you are married or a spinster — rather than what you do, have done, or can do, which I believe is more important.

Let's move with the times and call everyone by their first names — call me Catriona — Mrs Ferris makes me feel like my mother-in-law!

Catriona Ferris

Via e-mail

Two readers respond to a letter about snacks in July's issue.

What's in a name

I was on the way home from a business trip, reading *Guiding* magazine, and was struck by how antiquated we are in the use of our titles.

I'm currently County Training Adviser for Surrey West and appreciate that the title 'Mrs' is sometimes important to some of our members. However, as a modern business professional, I am Catriona 90 per cent of the time and Catriona Ferris (or McBride, as I use my maiden name at work) at a push. We never use Miss, Mrs or Ms in person or in document, but use our first names, or our full names.

If we hope to recruit and retain professional women I would expect in *Executive news* that we would use either Ms for everyone or move away from titles (as the

Healthy debate

I too was amazed by the quantity and variety of less than healthy snacks in *Go For It! Take Your Toothbrush*.

There is a wide range of healthy, but tasty food to choose from that sets a good example to young people.

When my Guides show an interest in this publication, I will use it as a counter-example and ask them to provide positive, healthy alternatives.

On the whole — well done with the renewal. Our Guides enjoy dipping into the *Go For Its!* and deciding for themselves what they will do.

Grace Bradley

1st Bandar Seri Begawan Guides

BGIFC

Question of balance

I think that the activities featured in *Go For It! Take Your Toothbrush* are all excellent, fun activities that the girls enjoy.

One of the exciting parts of a sleepover with your friends is having a midnight feast. I certainly had many sleepovers and midnight feasts and I am not overweight.

Guides realise through other *Go For Its!* (*Healthy Eating and Fitness*) that they cannot live on sweets and snacks, but need a balance of exercise and healthy eating.

Everything is good in moderation and — at the end of the day — the girls come to Guides to enjoy themselves.

Kathryn Parkin

Assistant Guide Guider

Derbyshire

Donor appeal

The Anthony Nolan Bone Marrow Trust finds matches for patients with life threatening bone marrow disorders.

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Kay Carroll

Donor Development Manager

Anthony Nolan Trust

LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS



Caribbean conga

The Worcestershire County Brownie camp became the 'Caribbean camp' recently — complete with tropical downpours!

Over 300 Brownies took part in a conga, crafts, camp skills and a drum workshop which was held during a thunderstorm — we're not sure which made the most noise, the storm or the Brownies!

Please keep sending in your Guiding photos, we love to see them. There's a special prize for the best photo and £5 for other photos sent in that we print. Please include a sae.

Fun at the fair

Members of the 3rd Hockerill Brownies, from Bishop's Stortford East District, held a Brownie fair recently to raise money for Macmillan Cancer relief.

The girls organised the fair for their Venture Badge and here they are on their coloured straws stall — let's hope Camilla picked a winner!



SHEILA RANDALL

JULIE HERBERT



Keeping afloat

Members of the 3rd Thelwall Guides stuck out their oars and had a great time at the Thelwall Rose Queen Festival recently.

The girls went as The Boat Race and yelled 'Come on

Oxford' and 'in/out' along the whole route.

Together with the opposing Cambridge team, the girls had a wond-OAR-ful time!

Put your face on a stamp

Why not give your Christmas postbag that personal touch with Royal Mail Smilers For Christmas.

Simply choose a photograph and have it printed on to a label that is then attached to a first or second class Christmas stamp.



All you have to do is supply the photograph — the Royal Mail will make up your personal stamps.

The Smilers For Christmas stamps are available as two sheets of ten first class, featuring Santa with

a cracker for £12.95; or as one sheet of 20 second class, featuring a robin on a pillar box for £8.75.

To order your Smilers For Christmas call the Royal Mail order line on 0845 074 2000, or visit Royal Mail's web site at www.royalmail.com. Delivery normally takes no more than 14 days.

As a special Christmas treat, Guiding magazine has 10 Smilers For Christmas to give away — two sheets of 10 first class stamps per winner — and 10 presentation packs of Royal Mail Christmas stamps for 10 runners-up. Winners of the Smilers For Christmas will be contacted and asked to supply a photograph.

For a chance to win, simply send in your details, with your answer to the question below, to Guiding magazine/Christmas Smilers, to the address on page 3. Alternatively, e-mail guiding@guides.org.uk.

All entries to arrive before November 20.

What do the second class Smilers For Christmas stamps feature?

Fly into Theatreland

London's Peacock Theatre is delighted to present Raymond Briggs' much celebrated children's tale *The Snowman*, which returns to the West End for its fourth magical year.

The classic story tells how a boy and a snowman set off for a magical night of adventure, where they are joined by penguins, reindeer, foxes and snow people from across the globe.

With a re-worked score by Howard Blake, the show is set to provide a glorious evening of magical entertainment for all ages.

The Snowman returns to the Peacock Theatre from December 11 to January 13, with tickets ranging from £8.50 to £27.50.

All seats can be booked online. For more details visit: www.sadlerswells.com

Guiding magazine has five pairs of tickets — worth £55 a pair — to give away. They are valid for performances on Thursday December 13, or Friday December 14.

For the chance to win a pair of tickets, send your answer to the question below, along with your details, to Guiding magazine/The Snowman, to the address on page 3, or e-mail: guiding@guides.org.uk.

All entries to arrive before November 30.

Who joins the boy and the snowman on their magical night of adventure?



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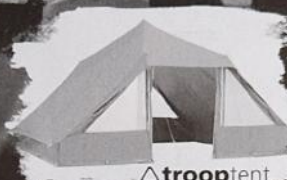
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SALE CUT 101

Euro stars

Brownies, Guides and leaders from North Bradley had quite an adventure on their journey back from a weekend in Paris recently.

The Eurostar train developed a technical fault whilst in France that necessitated complete evacuation of the train — with all passengers having to wait by the tracks for nearly two hours. And it rained!

The group were undaunted and proceeded to entertain the passengers by running through most of their camp songs. They were filmed by passengers whose spirits were certainly lifted. The girls also helped to look after luggage — and even a passenger's baby!

The whole affair proved to be a great PR exercise for the girls who were a credit to the Association. The rail staff were fantastic too — looking after the girls and assisting in whatever way they could.



PAT CLARKSON

Fundraising flutter

The 1st Garndiffaith Brownies from South East Wales chose The Butterfly Children charity for their spring programme fundraising challenge recently.

The charity offers help and research into a genetic disorder called Epidermolysis Bullosa (EB) which is a distressing skin condition causing skin layers to separate and blister at the slightest knock or rub.

A local mother, who has two daughters with a mild form of EB, came along to talk to the Brownies at their meeting and showed a video to both the girls and their parents about how they could help The Butterfly Children.

The Brownies raised the fantastic sum of £1,500 through various activities, including selling raffle tickets, taking part in sponsored cycle rides and organising skipping evenings. They even spent a whole weekend at a nearby supermarket with collecting buckets.

The money raised has been used to pay half the cost of a special bed for a child who suffers from a severe form of EB.

● If you would like to know more about EB, visit the web site: www.debra.org.uk



KATE BALMORND

Shining examples

When Emma Davey and Joanne Newberry first came to help with the 1st Bybrook Brownies, neither of them knew that, two years later, their Brownie Guider, Jenny Hancock, would nominate them for a Try Angle 'service to the community' award.

The awards are given to youngsters who have shown great bravery, compassion and community spirit. Without the girls' help, Jenny Hancock would have been running the unit of 24 Brownies on her own!

Emma and Joanne are always ready to help when needed and are greatly loved by their Brownies to whom they set a marvellous example.



KENTISH EXPRESS

Home help

A well-known local historian, Dr Carl Chinn, recently helped Birmingham County to launch a fundraising campaign.

At least £150,000 is needed to upgrade Trefoil Croft, a Brownie holiday bungalow in Worcestershire.

Several hundred pounds has already been raised and the evening with Dr Carl Chinn made over £600.

There is still a long way to go to reach the target so that future generations of Brownies can continue to enjoy holidays at Trefoil Croft.

Any readers who have fond memories of Trefoil Croft and who would like to contribute can send donations to: The Guide Association Birmingham, Trefoil House, Brownsea Drive, Ellis Street, Birmingham B1 1QL.



CHRISTINE GREGORY

Oldham's olduns

The 36th Oldham Leesfield Guide unit held a retirement 'get together' for Pat Marsland and Barbara Vickers recently.

Both Guiders were celebrating 40 years in Guiding — with 36 of them spent at Leesfield.

Many Guides, ex-Guides, Guiders and friends attended the evening making it a memorable occasion for all.

There was a retirement cake especially for the Oldham pair with the message 'Retiring after 36 years at 36th Oldham' iced on top.



JAYNE SHELTON

Let's celebr-eight!

The 1st Blackley (Holy Trinity) Brownie Pack, North West Division, held a birthday bash recently to celebrate its 80th birthday.

The Brownies took part in various activities connected with the number eight beforehand, and then invited eight ladies from their local church to attend the party.

One lady was one of the original Brownies when the Pack first opened. She and the youngest Brownie are shown here cutting the cake.

Both the Brownies and their guests had a great time playing games, singing campfire songs and taking part in a special Brownie quiz before tucking into birthday cake — which tasted gr...eight!

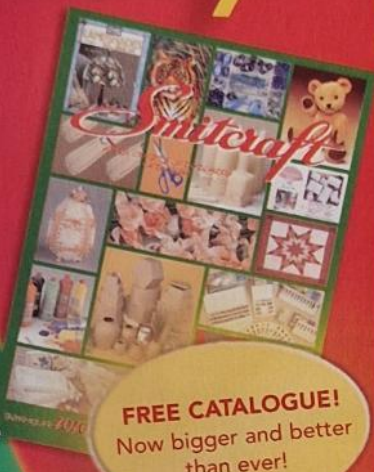


PAT CRIPPS

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Island of promise

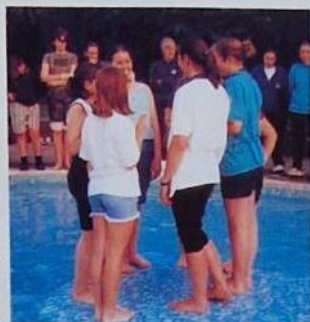
The 1st Ashbourne Guides saw 22 new members make their Promise in one evening recently.

All of the new Guides were welcomed into Guiding in a large paddling pool at the recreation ground.

The job was made particularly difficult by the presence of the fountain in action, but a strategically placed foot sorted the problem.

Originally, the girls were going to make their Promise on the stepping stone at the famous beauty spot, Dovedale, but foot and mouth restrictions meant that this was not possible.

It's great to see Guiding going strong in Ashbourne.



SHEILA TAYLOR

Dual purpose

The 10th Malvern Guides recently completed two knitted blankets. Some were complete beginners at knitting but others were more experienced.

The blankets will be sent to a refugee camp in The Gambia. Eighteen months ago, the unit made two similar blankets. The recipient of one of these was so pleased with the blanket that not only did she use it as a blanket at night, she also wore it as a skirt during the day!



MARION MARSAY

Reaching for the stars!

The Zodiac Rangers from Writtle, Essex, along with Rainbows, Brownies and Guides from Chelmsford South Division, entertained the guests at the Anglia Region AGM recently by singing *Reach for the Stars* and *Heal the World*.

Jenny Leach, The Chief Guide, was happy to hear four of the Rangers, Charlotte, Rachel, Janice and Sarah, make their Promise, and spoke to each one individually before pinning on their badges.

It was a wonderful day — one the girls will never forget.



JOSIE TURNER

Little poppets

Remembrance Sunday takes place this month to honour those who lost their lives during the First World War and the Second World War.

Kayleigh and Samantha, from the 177th Birmingham Brownies, are pictured at last year's Remembrance Service.

The girls laid a wreath at the Wythall War Memorial.



MRS E PULLEN

SPECIAL OFFERS SPECIAL OFFERS

Fast talking fun

Mad Gab and *Junior Articulate* are just two new games launched by the company Drumond Park.

Mad Gab, an American best-selling game, hits the UK this Christmas and, like all brilliant ideas, this one is simple — everyone talks absolute rubbish!

Read a 'Mad Gab' out loud and the sounds of the words, which look like meaningless waffle, blend together to form recognisable phrases. Try this: — 'OPPOSE DITCH DAMP' Can you hear 'a postage stamp'?

Following the success of *Articulate*, and by popular demand, comes *Junior Articulate* — fast frantic fun for talkative kids!

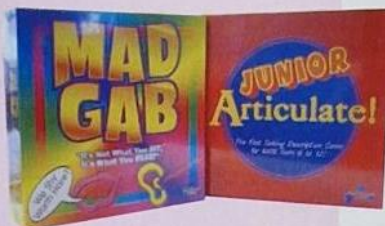
Played in teams, kids describe as many card entries as they can in 30 seconds without saying 'rhymes with' or 'sounds like'.

Both games are for four or more players. *Junior Articulate*, for players aged 6-12, retails at £16.99, and *Mad Gab*, for players aged 12+, retails at £19.99. For more information visit www.drumondpark.com

Guiding magazine has six of each game to give away. For a chance to win one, send your answer to the question below, along with your details, to *Guiding* magazine/Mad Gab to the CHQ address on page 3, or alternatively send an e-mail to: guiding@guides.org.uk.

All entries to arrive before November 30.

OPPOSE DITCH DAMP — what can you hear?



In December's

Guiding magazine

Adoption issues

Guiders may need to be particularly sensitive to certain issues if there are adopted girls in the unit.

Korea move

Find out what happened when an Association delegate went to the 12th International Youth Forum in Korea.

World Thinking Day

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