



Welcome

Spring is in the air

Welcome to the April issue of Guiding magazine. With the Easter holidays finished it is time to start planning for the next big Bank Holiday - The Queen's Golden Jubilee weekend at the start of June.

If your unit needs some ideas to help jazz up your celebrations, then look no further than this month's special Activate. You will find almost everything you could possibly want to know from ideas for decorations, to a royal quiz and a 1950's theme night. In our Sources and resources section on pages 20 and 21, you will also find details of some of the special-edition Golden Jubilee memorabilia that is available from Trading Service.

If you are holding a Jubilee event, then a press release is a tried and tested way to promote it. Turn to page 16 for some top tips on how to plan your own, professional-looking press release. As Take Our Daughters to Work Day is on April 25, the press release examples given tie in to this very special event - however the guidelines will help you format a press release for any ocassion in the future.

Finally, our main feature on pages 14 and 15 explores The Queen's role as the head of 54 Commonwealth countries in far-flung corners of the globe. While many people are aware that we are parth of the Commonwealth, few, especially young people, are aware of what the Commonwealth is actually for.

FRONT COVER

This month's happy cover girls are from the 3rd Crouch End Pack

FRONT COVER PHOTOGRAPHER: KELVIN ROGERS



Inside...

UPDATE

Keep up to date with Association news. Your memories of The President, keeping informed with Association Executive news, revising food hygiene knowledge

DEVELOPMENT

Practical advice for Guiders, Trainers and Commissioners. Exotic arts arrive at Waddow, enjoying a cultural exchange, giving your feedback on adult training

SOURCES AND RESOURCES

Packed with information about new resources, places to go and things to do including a chance to make history, a Youth Arts event and a boating challenge

NEWS AND VIEWS

Over to you - your opinions, ideas, achievements and Guiding experiences. Plus, enter our great giveaway competitions

FEATURES

Family of nations

Connecting with other Commonwealth countries during this special Golden Jubilee year

Open to options

New opportunities to enhance your leadership skills 19

27

ACTIVATE

From galactic games to crafty corgis, this month's Activate is packed full of fantastic ideas to help you and your unit celebrate The Queen's Golden Jubilee.

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NEWS IN BRIEF

Small World

If you have bought a copy of the Small World international activity resource you may have noticed that some text is missing on page 83. This page has been reprinted and is available free to everyone who has bought a copy.

If you bought your copy from a shop or depot you should obtain your copy there. Mail-order customers will be sent their pages direct.

The replacement page will be supplied with future copies of Small World, and the page corrected at the first reprint.

Spirit of Friendship

The Spirit of Friendship Award cloth badge is now available from the Trading Service, order code 2069, price 60p. A Spirit of Friendship Award certificate will be available from April, order code and price to be confirmed.

Association concert

Following on from the success of the Big Gig in 2001, The Guide Association will be organising another concert for this autumn. Look out for further details in future issues of Guiding magazine.

Volunteers' benefits

There has been a minor change to benefit regulations that affects volunteers claiming Income Support, income-based Jobseeker's Allowance or Housing Benefit.

Before the change, payments made to volunteers to reimburse them for expenses already incurred were disregarded in the Income Support and income-based Jobseeker's Allowance assessments. Now, expenses paid in advance will also be disregarded.

The change aims to make it easier for people claiming benefits to undertake voluntary work.

For more information, contact your local Benefits Office.

Walking trainings

- September (dates to be confirmed). Lake District: Level 2 assessment and Level 3 training.
- November (dates to be confirmed) South Wales: Level 2 walking training and assessment.

For more information, contact Jane Mason on 020 7834 6242 ext 273 or e-mail: JaneM@guides.org.uk.

UPDATEUPDATEUPDATEUPDATE Guide becomes Archbishop

Guide Rhian Hartshorn, from the 1st Oakdale (St David's) unit, swapped places with the Archbishop of Wales for a day to raise money for Children in Need.

After giving a campaign speech, Rhian was elected to swap places with Archbishop Dr Rowan Williams by members of her unit and congregation members from two local churches.

During the school assembly, Rhian was dressed in a black cassock and given the Archbishop's crook and cross. In exchange, the Archbishop received Rhian's lesson timetable and her Guide badge to wear for the day.

Rhian's duties as Archbishop included opening the post, dictating and signing letters, visiting the local theological college and attending a meeting to discuss building work at St David's Cathedral, which is in Pembrokeshire, South Wales.

During the day, Rhian was interviewed for the television news pro-

gramme Wales Today, BBC Wales radio and a radio station broadcasting to English-speakers in Spain.

Meanwhile, the Archbishop went to Oakdale Comprehensive, Rhian's school, where he attended her lessons for the day.

Rhian enjoyed her day as Archbishop, which raised over £5,000 for the Children in Need appeal. She said, 'The day was a whirlwind of memories. It was such an honour to represent Guiding and the Church.'



Rhian Hartshorn and Archbishop Dr Rowan William prepare to swap places for the day

Green-fingered Guides

The 1st Duffus Guides from Elgin, Scotland, have been awarded first place in the Scottish Greenfingers Challenge.

The girls claimed the title after brightening up their village as part of the Community Action badge. The unit transformed four small areas of land as part of the badge. Two of the areas were given themes from the nursery rhymes Little Miss Muffet and The Old Woman Who Lived in a Shoe. A third was planted with heather and named 'Little Corner of Scotland' and the fourth area, which is a small woodland, was planted with wild flowers.

After completing the project, the unit decided to enter the Greenfingers Challenge, which is open to all groups of young people aged under 18 and involves them improving the quality of their local environment through horticultural projects.

Judges visited the four sites and the girls were invited to a presentation lunch where they were announced as the winners for Scotland. They received a trophy, a certificate and a cheque for £500.

Guider Elizabeth Williamson said, 'The girls had great fun working on their projects, which have given both old and young people much pleasure. They are delighted to have won an award for doing something

Planning

Plans for Innovate 2002 – the Association's forum for young women – are well underway.

Cheryl Marshall, a Senior Section Guider in Holmfirth, Manchester, is on the Innovate Planning Team. Along with Innovate Chair, Mel Selby, Cheryl is responsible for organising the Association Project workshops.

Participants will choose one Association Project workshop and attend three sessions over the weekend. Their feedback from these workshops will be taken directly to the appropriate Association working groups.

Cheryl thinks the workshops on PR and marketing and the image of the Association will be especially popular. She said, They are topics that young people are very interested in and they determine the future of the Association. Other Association Project workshops will cover a range of topics including Guiding and IT, citizenship, optional training modules and disability awareness.

Cheryl joined the Planning Team after last year's Innovate event in Birmingham. She said, 'It seemed like such a fantastic opportunity to get involved in bringing together young people's views and passing them on to those who write the programme and develop new policies.'

Cheryl has attended the two previous Innovate weekends. At last year's event she facilitated an Association Project workshop that looked at the Association's image to people outside of Guiding and how to recruit and retain volunteers. This year's Association Project workshops will be run by Innovate Planning Team members, staff members and the Association's Community Action Adviser, Margaret Lester.

Cheryl is confident that this year's event will be a great success and that participants will make a difference to Guiding at all levels. She said, 'I think that the most important part of Innovate is getting Senior Section views across to members of the Executive Committee and Association Advisers. This is what makes things happen.'

 Innovate is open to any member aged 16-26 and will take place at Goldsmiths College, London, from June 28-30.

If you would like to apply for a place, please contact Marion Anslow in the Programme team at CHQ on 020 7834 6242 or e-mail: MarionA@guides.org.uk.

Switzerland walking event

A walking event for Senior Section members with some walking experience will take place in the Swiss Alps from July 28 to August 7, 2003.

Participants will stay in half-board group accommodation in Grindelwald, exploring the scenic area by foot. There may also be the opportunity to visit Our Chalet and take the train to the top of the Jungfrau Mountain.

The event will cost approximately £500, excluding lunch and spending money.

If you would like more information, please contact Jane Mason, on 020 7834 6242 ext 273, with details of your walking experience. Alternatively, e-mail: JaneM@guides.org.uk.

Innovate



Participants at last year's Innovate taking part in an Association Project workshop

Special message

Members are invited to read a special message from the Chief Guide on Channel 4 teletext, page 623. The message will go live on the morning of April 3 for one week.

Jubilee celebrations

We asked readers to write in and share their plans to mark The Queen's Golden Jubilee, in June. Here are details of some of the celebrations that will be taking place:

- Twickenham Division will hold an evening event for all sections at Twickenham rugby ground on April 26. Events will include dancing, parachute games, a treasure hunt, crafts and Commonwealth-themed activities.
- Bristol West Division will be holding an afternoon of Fiftiesstyle activities on May 12. The event is open to all sections and will culminate in a street party.
- London and South East England Region will be holding a Jubilee fête at Paxmead Riverside Base, Shepperton, on May 18.
 Events will include boat trips, a disco, crafts and a parade.
- Herefordshire County will be holding an international Guide camp with members from Kenya, Peru, Uganda, Canada, the United States, Japan and New Zealand attending. The theme of the event will be 'Golden'.
- 'Somerset Fundays' will be held from July 12-14 at Kings of Wessex School, Cheddar. The event is open to all sections and will include activities and crafts. Guides and Senior Section members can camp overnight.

Active interes Members share their memories of Princess Margaret, our former Presiden

Our President, HRH The Princess Margaret, served the Association in this capacity for 37 years. She was a truly active President and showed energetic and lively support of Guiding. She customarily chaired Council Meetings and Annual General Meetings and on her many visits to camps, adventure days, conferences and festivals she gave great encouragement to girls and leaders alike. Since 1986, Queen's Guides received their brooches from her personally at her home in Kensington Palace. She was a motivating force for our Association and we will miss her dedication, kindness and generosity of spirit.'

Jenny Leach, Chief Guide

Princess Margaret was a very down-to-earth and genuine person who had a real interest in the person she was talking to and the work that they had done for their Queen's Guide Award.'

Monica Pollard, South Lincoln Rangers



Princess Margaret with Princess Elizabeth at a Sea Ranger camp

'Princess Margaret always showed a real interest in Guiding. Because she'd been a Brownie and a Guide herself, it was in her bones. She was exceedingly knowledgeable about Guiding and very loyal to the Association.'

Bridget Towle, Chief Guide (1996-2001)

With Princess Elizabeth: Princess Margaret became a Brownie in 1937

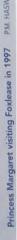
Princess Margaret was a very kind lady. She liked to get out and about and meet the girls and they enjoyed meeting her.

'She was so generous when the girls visited her home to receive their Queen's Guide Awards. She spoke to each one personally and was genuinely interested in what they'd done for the Award and their plans for the future."

Margaret Wright, Chief Commissioner - the former name for Chief Guide (1995-1996)

> Princess Margaret presenting a Queen's Guide Award in her home at Kensington Palace







A postcard to celebrate The Queen's Coronation in 1953

I had my Queen's Guide Award presented by Princess Margaret at Kensington Palace. She was most interested in what we had to tell her and seemed proud for us for what we had achieved."

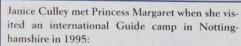
Philippa de Fraine, Guider, 1st Oatlands Guides, Weybridge



At the opening of a Brownie Holiday and Training Centre, Itchen South District, in 1982

'Princess Margaret got on extremely well with young people. She loved to talk to them and never stinted on the time she spent with them. She had a very independent mind and free spirit and was wonderful for Guiding'

Jane Garside, Chief Commissioner
— the former name for Chief
Guide (1990-1995)



'Princess Margaret was a charming and delightful person. She was so enthusiastic about what she saw in Guiding and was interested to meet as many members as possible.'

At the Midlands Region international camp in 1987

Clare Cartwright, a Guider from Essex South East, had her Queen's Guide Award presented by Princess Margaret at Kensington Palace:

'She was a very warm person with a genuine interest and enthusiasm for Guiding. It was apparent that she enjoyed an active involvement with the Association and its members.'

'Princess Margaret understood much of what young people face at school, university and in the workplace. She was an amazing lady and a very fitting President for our Association.'

Elizabeth Phipps, Queen's Guide, Birmingham



Princess Margaret met local Guides at the Devon County Show in 1994

Execut

A summary of January's Executive Committee meeting

World Thinking Day celebrations

From 2003, the Association will celebrate World Thinking Day every year with a service in London and every other year with a large youth activity event in a Country or Region.

New Year's Honours

The following members were awarded MBEs in the New Year's Honours list:

- Dorothy Slyfield: Chairman of the Training and Activity Centres Committee
- Wilma Head: North East England
- Alison Melville: Scotland
- Mary Mills: London and South East England.

BIG GIG 2002

The popularity of the pop concert at Wembley has led to early confirmation that there will be another one held at Wembley this year.

Reach Out and Recruit 2002

The aim of this year's campaign is to support Unit Guiders with ideas for local recruitment and to target two key groups parents and students.

Take our Daughters to Work

A number of organisations have agreed to support Take our Daughters to Work Day on April 25. The up-to-date list can be found in a special section on the web site, visit: www.guides.org.uk/daughters

Full details of how you can get involved were included in the free booklet that came with February's issue of Guiding magazine. Encourage Guide units to take part in group visits whenever possible.

Trading subsidiary company

A Trading subsidiary company will be set up to enable the Association to trade within Charity Commission guidance. The company will be called 'The Guide Association Trading Service Ltd' and there will be no changes to the current Trading Service operations.

Training and Activity Centres (TAC) review 2001

A wide-ranging operational review, led by Dorothy Slyfield as Chairman of the TAC Committee, took place during 2001. The review was accepted by the Executive Committee and an implementation plan is being drawn up.

Criminal record checks

Draft policies and procedures for criminal record checks have been produced for use by Countries and Regions.

Further work to finalise these arrangements will take place.

E. coli Code of Practice

An E. coli Code of Practice has been drafted for use in Countries and Regions. This will be included in The Guiding Manual. Information has been circulated since February to assist those organising camps in 2002. See February's issue of Guiding magazine, pages 6/7, for information about E. coli and March's issue, pages 8/9, for advice on camps and farm visits. In addition, turn to page 10 of this month's issue for an article about food hygiene.

The Association will share the research and Code of Practice with other European Guide Associations.

Star of Merit

It was agreed that criteria for the Star of Merit be clarified in The Guiding Manual. The award can be made to a member aged five to 26 years who has shown great courage and fortitude in her personal life or initiative/responsibility at an incident.

WAGGGS World Conference

World Conference workshops for World Association of Girl Guides and Scouts will be held on April 13 in s West England and North West England These workshops will simulate the Win Conference experience and will a knowledge of WAGGGS. Participants be challenged to pass their expenses on locally.

The following World Conference dela gation has now been confirmed

- Jenny Leach: Chief Guide
- Liz Burnley: International Commission
- Denise King: Chief Executive
- Della Salway: Deputy International Commissioner
- Lorna Dane: Chief Commissioner, Uster
- Mary Patterson: Executive Committee
- Nicola Grinstead: Guider and delegaunder 30.

Constitution signed

The constitution for London and South East England Region has now been signed and sealed.

Youth forum

The constitution for the forum for young women was agreed. The next inovate forum will be held at Goldsmith. College. London, from June 28-30, 2002.

Please see the March Guiding and gazine page 10, for information on how to apply

Appointments

- Marketing and External Relations Committee: Mrs Kate Roberts as a co-opted member of the MER Committee from December 1, 2001.
- Programme Group: Mrs Jocelyn Hetherington as Chairman of the Programme Group (Vice Miss Amanda Medler).
- Brownie Adviser: Mrs Sandra Moffitt re-appointed as Brownie Adviser.
- Training and Activity Centres: Mrs E Jane Lilley as Chairman of Training and Activity Centres (Vice Miss Dorothy Slyfield).
- Commissioner for Bermuda: Mrs Ethel Liverpool as Commissioner for Bermuda (Vice Mrs Lynne Cann).
- Commissioner for Anguilla: Dr Linda Banks as Commissioner for Anguilla (Vice Mrs Yvonne Rey).





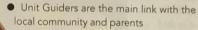
Jane Lilley

Reach Out and Recruit 2002

- supporting the Unit Guider in recruitment

Feedback from Reach Out and Recruit 2000 and 2001 has reinforced some of the main things that we know about recruitment in The Guide Association:

 Word of mouth and personal contact are the best ways to recruit new adults.



 Unit Guiders may not have practical experience of successful recruitment, and often feel that there isn't the time to recruit new adults, however much they are needed.

> Unit Guiders may be uncertain how to make the best use of people who can't promise to come every week.

This year the emphasis is very much on providing practical resources and support that will enable unit Guiders to feel well-equipped and prepared to recruit new adults for their units or Districts, and to make best use of the different types of help they may be offered.

New for 2002! Promotional Coasters

Following on from the postcards and bugs, our special focus for 2002 to get across the Guiding message, will be promotional coasters. Look out for full details in June's Guiding magazine.

New for 2002! Recruitment Leaflets

There'll be newly-designed leaflets for each section — great for giving basic information about Guiding. So use up your current recruitment leaflets now as the new ones will be available in the summer.

Guiders' Pack

This pack, for unit and District-based recruitment, is crammed with practical resources and simple ideas:

- How to get started with recruitment
- How to involve parents in different roles
- How to answer parents' questions
- How to contact colleges and universities
- How to approach students
- How to use someone who is unable to give a 20-year commitment
- Templates for letters and rotas
- Promotional stickers to put on giveaway items, such as chocolate
- Programme ideas for PR and recruitment See July's Guiding magazine to find out how to obtain this pack.

Want to know more?

The Reach Out and Recruit Working Group is available to come and enthuse County groups, Unit Guiders and supporters about how your area can benefit from Reach Out and Recruit 2002.

Contact Nicola Paisley on 020 7834 6242 or e-mail nicolap@guides.org.uk to make a booking or find out more.

Holiday health

Minimise risks on your next unit holiday by learning food hygiene rules

By Dianne Bollom Assistant Outdoor Activities Adviser

Are you planning a holiday for your unit? Perhaps now is the time to check your food hygiene knowledge.

While it isn't mandatory to hold a food hygiene certificate in order to cater for a camp or holiday, it is a requirement to be up to date with current food hygiene standards.

Bacteria that cause food poisoning are, principally, Salmonella, Campylobacter and E.coli. Although thousands of digestive upsets are caused by Campylobacter each year, it is rarely more than an inconvenience. Salmonella poisoning is more likely to be reported and may need medication. E.coli is relatively rare but it can be serious and sometimes fatal

Effective hygiene

There are three rules of conduct for effective food hygiene:

- Keep it clean
- Keep it cold (or hot)
- Keep it separate and covered.

Keep it clean' refers to personal hygiene on the part of the food handlers. Remember, this applies to Guides and Brownies as well as your caterer. It's essential to wash hands carefully (look out for some fun handwashing activities in May's Activate).

Clean clothing is a must. Aprons are useful not only for protecting sweaters from juicy tomatoes but also for protecting the food from unseen bacteria on clothing.

Cuts and scratches should be covered (with blue plasters just in case they become dislodged) and there should be no coughing and sneezing near food. If anyone scratches their head or blows their nose they should wash their hands again before continuing.

After preparing food and washing-up, the area should be cleaned with a sanitiser and clean cloths.

Correct temperature

'Keep it cold' presents few problems on an indoor holiday, as it is unusual to find a holiday house, or even a church hall, without a reliable fridge and even a freezer. Although

bacteria won't multiply if the refrigerator temperature is below they don't die.

Cooked food needs to cooled before it is put in the fridge. Otherwise, putting hot food into the fridge raises overall

temperature. If the other foods - for example, dairy products - already stored in the fridge are not subsequently cooked, they could harbour more bacteria due to the increased temperature.

The intervals between taking food out of the fridge, cooking, eating and, finally, cooling leftovers before refrigeration, need to be kept as short as possible. The danger zone for bacteria to grow is 5-63°C.

Separate storage

'Keep it separate' means store ready-to-eat foods above raw meat in the refrigerator. Any bacteria present in meat will be killed when it is cooked at temperatures above 75°C. However, if drips from raw meat fall on to ready-to-eat food, the resulting contamination will not be destroyed because the food won't be heated.

In addition, exercise caution when using leftovers, especially meat and dairy products. Store such food in covered containers

In halls where there is sufficient room. raw and cooked food should be prepared using separate preparation areas and utensils. Although they are not essential, many places have coloured chopping boards designated for different types of food. Make sure that the girls know what the colours signify.



Careful washing-up is an essential part of a healthy holiday

At camp, using the same food preparation area and utensils is only acceptable if they are thoroughly washed in very hot water between preparing different types of food.

Prepare food that you don't intend to cook first. It also makes sense to check labels - don't use out-of-date food or food in damaged cans or packets.

All this is common sense and good practice and should ensure a trouble-free holiday.

Further information

See The Guide Association's resource Catering for Camps and Holidays, chapter two, for more information about food hygiene and how to avoid contamination. The chapter includes information on food poisoning, storing food in a holiday home and at camp, cooking and serving food, personal hygiene, hand-washing, cleaning and rubbish disposal.

Further information about the safe disposal of rubbish can be found in the Association's Health and Hygiene publication, chapter nine. In addition, chapter 11 contains advice on hygiene, washing-up and safeguarding water supplies at mobile camps.

Foreign exchange

Japanese members enjoyed local hospitality during their latest exchange visit

By Siobhan Lewry Project Coordinator, International, CHQ

The UK hosted the fourth exchange visit from a group of members from Japan, last September. Guide Association members throughout the UK were delighted to act as hosts.

Events kicked off with a welcome party at Commonwealth Headquarters (CHQ) in London. It was attended by the planning committee members, Commissioners and Senior Section members. Chief Guide, Jenny Leach and Chief Executive, Denise King welcomed the Japanese girls and wished them a joyful trip.

Training week

The group then headed off for a week of

training at Waddow, The Guide Association Training and Activity Centre in Lancashire. Their introduction to the UK programme covered all sections of the Association. The girls also learned about traditions and culture within, and outside, Guiding. They explored back to basics, such as cooking and knots, ceremonies, including the flag and Promise, and traditional British crafts, games and activities.

After their week at Waddow, the group was split up and the girls went to

different areas of the UK. They enjoyed hospitality in members' homes in Wales, Scotland, North West England and London and the South East.

For the last few days of the visit, the group stayed at the hostel in Baden-Powell House in London. The girls seized the opportunity to visit tourist sites and the shop at CHQ.

Final flourish

Just before they left, the group hosted a Japanese craft and cultural day at their hostel. The event was open to all members of the UK Association, and attracted Guides from as far away as Scotland. Different crafts were displayed and the festivities were rounded off with an evening farewell party.

All in all, the exchange was a great success. A lot of information was exchanged and, equally importantly, everyone had a wonderful time.



Japanese members have made four exchange visits to the UK

Arts for everyone

The Arts Forum explored the importance of creativity within Guiding

By Barbara Mathieson

Project Coordinator, Programme Team, CHQ

African drums and Egyptian dancing were among the exotic attractions at Waddow this winter. For one weekend in January, the Association Training and Activity Centre in Lancashire was buzzing with the sights and sounds of the Arts Forum.

Attending the forum were 50 adult and Senior Section members from all over the UK, in addition to a Guider from Gibraltar who was representing the Branches. The aim was to discuss the newly-adopted National Arts Strategy and how to extend the range of arts-based projects

that are offered to our members. The strategy boasts a theme for each of the next five years.

Visual arts, multicultural arts and photography came under focus as Waddow participants contributed ideas for each year. Training and resourcing the projects were also discussed. Each year, there will be new activities for each age group as well as national and local initiatives.

Relationship issues

During the weekend, Ruth Jones from the organisation Artswork gave an interesting presentation on 'The value of youth arts work'. One particularly stimulating area explored using the Arts to tackle issues such as relationships or self-esteem.

Over the course of the Arts Forum weekend, three groups of Guides from North East England, North West England and Ulster took part in an African drumming workshop. The experience taught them a lot about teamwork, commitment and interdependence — all in a fun and relaxing environment. The drumming workshop culminated in the girls

giving a lively, polished performance for the adults taking part in the forum.

New opportunities

Exciting times are ahead for the Association and the Arts. There will be opportunities for everyone to be involved in new projects, with the Arts Forum confirming that there are lots of bright, creative people and ideas in Guiding.

The National Arts Strategy will ensure that we make best use of all these resources and continue to offer exciting and challenging, arts-based activities to our members.

Providing



Face-to-face meetings help the new leader and her Mentor to establish a relationship

By Ann Matthews Project Coordinator, CHO

The Leadership Qualification has been operating for over a year and, despite a few teething problems, is proving popular with new leaders and their Mentors.

Of course, the Commissioner plays a valuable part during the learning process by providing support to the new leader as well as the other more experienced leaders in the unit. Some experienced leaders may feel vulnerable or even threatened when a new leader joins the unit, particularly if she wants to try out fresh ideas or have a go at something that helps her gain an element of the qualification.

Gaining new skills

The Commissioner needs to ensure that the new leader acquires the necessary skills while ensuring that the experienced leader still feels valued. She needs to help the unit leader understand that, by supporting the new leader, she may also be gaining the and contributing to her own person development. She might like to become Mentor herself at a later date.

While the new leader is working through the Leadership Qualification, Mentor and Commissioner should won together to ensure that she is supported and her needs are being met. This could provide an opportunity to join with other Guiden to help plan a small event.

On occasions, the local meeting coulds held at a time and venue, as well as a day that is convenient for the new leader This helpful if the new leader has personal or work commitments that limit her free time particularly in the evening. Someone who has small children, for example, may sometimes find it easier to have the meet ing in her own home in order to save on childcare expenses.

Get in traini

The Positive and Effective Leadership Group needs your feedback on adult training

It's a hectic Saturday morning for Sarah, a busy wife and mother of two (plus dog). As she leaves the house for her training day and rushes down the path, she runs through her mental checklist:

- Cottage pie taken out of the freezer for lunch... check!
- Clean football kit in sports bag ready for 11-year-old to take to the match... check!
- Homework book (rescued from jaws of teething Labrador pup) placed in the hall for eight-year-old's piano lesson... check!
- Things to do for husband/elderly relatives... can't remember.

Checklist complete. The harassed wife and mother switches to the equally harassed Brownie Guider of 24 girls. The training day seemed like a really good idea two months earlier, but now it seems like one more thing to add to the checklist.

Does any of this sound familiar? Most of us lead busy, full lives and we try to get the most that we can from every minute. But sometimes that means overload. That is just one reason why going to a Guide training must be as good an experience as it possibly can be.

Collating information

The Positive and Effective Leadership Group is looking at the styles and variety of training offered throughout the UK The group wants to know if improvements are needed to what is already on offer.

Of course, there are some really good training opportunities all over the UK and we also want to be able to share these with ers. The aim is to encourage more Guiders to take up transfer opportunities. It's important that when a Guider attends a trait meets her expectations and helps her to develop her own ership skills.

In order to collate the necessary information, three different questions tionnaires have been sent to individuals and groups to form a picture of the current provision and suggest possible new ways forward The Positive and Effective Leadership Group has consulted County Programme and Training or Guiding Development committees and Association Trainers as well as a cross-section of adult leaders.

lead

Mentors and Commissioners provide vital support for new leaders

Ongoing support

Section training often causes concern for new leaders but this can be overcome with a fireside training that is held after, or instead of, the local meeting. Experienced leaders might also welcome the chance to share their expertise at a training near home. Your County training team will be able to help you.

The Commissioner needs to establish a relationship with the new leader while the Mentor is helping her through the Leadership Qualification. From the start, the new leader is a valuable member of her team. Once the Mentor has completed her role, the Commissioner needs to ensure that the new leader, and all the other members of her team, receive ongoing support.

In some Counties, the Commissioner is present at the first meeting between the Mentor and new leader. In others, the

Mentor sends the Commissioner an update after every meeting, indicating whether the new leader has any needs that the Commissioner could meet

Feeling valued

Face-to-face meetings, e-mail and telephone conferencing are just some of the many ways that the relationship between Commissioner, new leader and Mentor can be encouraged. In every case, the new leader will feel valued and the Commissioner will gain an understanding of whether those in her area including new and more experienced leaders - need any support.

 If you are interested in becoming a Mentor, contact the person at County level who is responsible for the Leadership Qualification process - your local Commissioner will know who this is.

Who can be a Mentor?

Anyone in Guiding with up-to-date knowledge, who wants to support new leaders through the Leadership Qualification and knows the relevant section programme can become a Mentor. She could be:

- An experienced Guider currently working in a unit
- An experienced Guider who is unable to commit to working in a unit
- An Appointment Holder
- An Advisor
- A Trainer or a Prospective Trainer
- A recently-retired Guider or Commissioner (she may be over 65)
- A Young Leader Guider who wishes to mentor other Young Leaders who are in her group
- A District Commissioner, although she should not mentor a new leader in her own District unless there are exceptional circumstances involved.

When the new leader meets the local Commissioner, she completes a new leader profile form. The person at County level will then match her to a Mentor who, ideally, is experienced in the same section and who has similar availability and interests.

High standards

The Positive and Effective Leadership Group is keen to hear about what is happening at County and local levels so that support and structured training can be established and maintained. This will ensure that the training offered to our adult leaders is worthwhile and of a high standard.

The questionnaires will enable the group to compile information about people's experience of training, how it is organised and

the impact of training on their work with girls and young women. The collated information will be crucial for developing training in

A good experience

Like Sarah, many adult leaders leave for their training days after organising busy domestic lives. They should return home having had a good experience. They deserve the best the Association can offer.

As they head towards the front door, anticipating post-match cries of 'we wus robbed!' and the practice session on the piano, they should feel that it's been a good day.



Training days and clean football kits are all part of hectic weekends!

Give your views

If you received a questionnaire, please take a few moments to complete it and send it back to CHQ. If you didn't receive one, please contact Rachel Swygart in Guiding Development at CHQ on 020 7834 6242. This is your opportunity to make your voice heard and to express your views.

The Positive and Effective Leadership Group would like to thank all those who have already completed and returned questionnaires.

FEATURE

Family of

The Commonwealth will play an important role in this year's Golden Jubilee celebrations

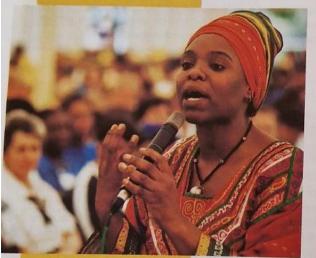
When Queen Victoria reached her Golden Jubilee in 1887, the event was celebrated around the globe by her subjects in the British Empire. The people at home generally understood the concept of Empire (at least in its simplest form) and everyone's place in it. Children coloured great areas of the world maps in pink and learned that they were ruled by the UK.

This summer, it is Queen Elizabeth II's turn to celebrate her Golden Jubilee, and yet again the festivities will involve people from many countries. Unlike Queen Victoria, our present monarch is not an Empress and

does not claim to rule any far-flung country. Instead, she is recognised by 54 countries as the symbol of their free association as members of the Commonwealth, the world's largest association of states after the United Nations.

While most people today are aware that the UK is part of the Commonwealth, their grandparents had a better idea of what that means. In 1995, when a sample of 15-24-year-olds

asked, 'What does the Commonwealth mean to you?', 43 per cent replied, 'Don't know.'



The Commonwealth brings together a wide variety of cultures in a relaxed way

All faiths and races

Although it has evolved from the Empire, the Commonwealth is very different. Countries can choose whether to belong. No treaty binds them. There's no constitution, no legislative, executive or judicial bodies.

Membership encompasses some of the richest and the poorest, largest and smallest countries in every inhabited continent. It brings together people of all faiths and races, of many languages and traditions. By virtue of a shared

past, there are many links in the areas of education, business and professional practices

The high profile of the Commonwealth Games, held every four years, has misled some people into thinking the Commonwealth recommonwealth recommon recommon

6 ...young people have grown up with Commonwealth influences...

mainly as some kind of international sports club, a hangover of the colonial past. However, it would have to be a particularly sports obsessed nation that would opt to join simply because of the Games.

Since 1990, four countries never under British rule have joined the Commonwealth For them, the attractions are the shared aims of strengthening democracy and human rights as well as social and economic development. These aims are outlined in the Declaration of Commonwealth Principles, which was agreed in Singapore in 1971, and the Harare Commonwealth Declaration of 1991.

Friendly atmosphere

This year, the Commonwealth Games will take place in Manchester from July 25-August 4. The Games illustrate a very important aspect of the Commonwealth — the ability to bring people together from a wide variety of countries and cultures in a relaxed and good-humoured way. The Games are often called the Friendly Games because of the good atmosphere among those participating.

Commonwealth Day, which takes place annually in March, is aimed at the million of under 25s in the Commonwealth. Each year a new theme is chosen that runs for 12 months. This year, it is 'Celebrating Diversity', and young

ations

By Isobel Durrant



G-MEX in Manchester is one of the venues for this year's Commonwealth Games

people are encouraged to participate in activities that discover and celebrate the breadth of the Commonwealth. The theme is also reflected in the Spirit of Friendship Festival, coinciding with the Commonwealth Games, which will encourage 'a commitment to cultural diversity, fairness and mutual respect'.

Sometimes the Commonwealth is referred to as a family of nations. The close relationship between the countries - and the migration between them - has had an impact. An estimated two-thirds of British primary schoolchildren have second cousins, or even closer relatives, in at least one other Commonwealth country. In our multi-cultural society, young people have grown up with Commonwealth influences, most obviously in the areas of food and music, but also in language, literature, religion and customs.

Around half the people in the Commonwealth are aged under 25, so there's a particular interest in investing in young people. The Commonwealth promotes awareness of environmental issues, equality for men and women, and respect for human rights. It has programmes aimed at empowering young people, helping them to participate in decision-making processes, have choices in life, look after their health, and receive education and training - all of which echo Guide Association aims.

Foreign exchanges

Many Guides have already enjoyed links with Associations in other parts of the Commonwealth. Ma-Buyu - the Association's Commonwealth youth forum in July - will be in part a celebration of the Commonwealth Community Action Challenge launched three years ago for members of the Senior Section. Winners from countries across the Commonwealth will attend the youth forum, which runs at the same time as the Commonwealth Games.

Scottish Guides enjoy a regular exchange with their counterparts in Ghana, and Guides Cymru has had an occasional link with

Lesotho. Guides from Kent East visit Kenya every other year and help with local projects. They have received money from the Commonwealth Youth Exchange Council to help fund the trip. The Kenyan Guides also come to Kent to camp and participate in training.

Kenya is also the destination for Guides from Ireland this year. It's an exciting, collaborative undertaking between the Ulster Guide Association, the Catholic Guides of Ireland and the Irish Girl Guides that has taken a year to plan. The girls, aged 18 and over, will spend time at Londiani, some 220 kilometres outside Nairobi in Kenya, helping at an orphanage, a girls' boarding school and a primary school.

Raising awareness

The preparation has involved Guides of all ages in awareness and fund-raising activities. Girls

from all three Associations are working on the Kenya Awareness badge, a participation badge involving cultural awareness and an understanding of global issues. They've used simulation games and resources developed by charities including Oxfam, Christian Aid and CAFOD, and put together packs for all the units involved to give the girls an insight into Kenyan life.

The Commonwealth and all it represents - tolerance, fairness, diversity, democracy and equality - is something we can all be proud of. It is a shining example of how far we have travelled in the 50 vears The Queen has been monarch. It is a jewel in her crown, and most fitting that it should play a large part in the celebrations this Jubilee year.

The Spirit of Friendship Award

Girls of all ages can work on the Spirit of Friendship Award in association with the Commonwealth Games, outlined in the Hotline section of February's Guiding magazine. Girls can build on skills they already have in a familiar sport, or try a new one. Once they've completed the award, they'll receive a cloth badge with the Manchester Commonwealth Games logo, and a certificate.

Further information

There are many web sites about the Commonwealth. Here are details of just a few:

- Young Commonwealth's designed for young people. Bright and cheerful, the information is clearly presented. Visit the web site at www.youngcommonwealth.org
- The Commonwealth Institute's vision is summed up as follows: 'Working with young people across the Commonwealth so that they grow up inquisitive about other cultures as well as their own, at ease with diversity and confident as global citizens'. For resource packs and details of the Spirit of Friendship Festival, visit their site at www.commonwealth.org.uk
- For information on the history of the Commonwealth Games, this year's Games in Manchester, and a map of each of the Commonwealth countries, visit the Commonwealth Games Federation's site at www.thecgf.com

MENTDEVELOPMENTDEVELOPMENTDEVELOPME GHTERS Hold the



Take our Daughters to Work Day aims to promote the diversity of careers available to women today

Press releases are a timetested way to promote an event or communicate a message to the media. Journalists receive dozens of press releases every week from various sources, so it is necessary to think very carefully about how to present the information that you have and how to write crisp, clear text.

With big Association projects coming up this year, such as Take our Daughters to Work Day on April 25, now is a great time to plan how you are going promote this and other

projects in your local area.

Get your point across at the

beginning of the press release. The first paragraph should summarise the following:

- Who is involved people and organisations
- What are those involved doing — an event or activity
- Why are they doing this activity - what is its purpose?
- When will this be happening — date and time
- Where will this be happening — venue and location.

For example: <Insert unit> is taking part in Take our Daughters to Work Day, an annual initiative that encourages girls to experience a range of different jobs.

They will be visiting <insen local business> in <insen area> on <insert date>

Clear text

Use simple language and remain concise and to the point. Try and avoid jargon that non-Guiding individua als would not understand The information must be factual, so don't embellish the truth and avoid using 'flowery' phrases.

Headed paper will give vour press releases a profes. sional look. The journalist will instantly recognise that vou are representing The Guide Association. Clarity and professionalism are also

The Commonwealth Community Action Challenge inspired units across the UK

The Commonwealth Community Action Challenge invited Senior Section members throughout the Commonwealth to identify, organise and run a project that would last between three and six months, and that would make a positive contribution to their community.

The UK winners of the initiative - the 1st Kilkhampton Rangers - were featured in February's Guiding magazine. Here we find out how two more Ranger units ran their projects.

Overcoming obstacles

Members of the recently-formed East Linton Ranger unit, Scotland, were given information about the Commonwealth Community Action Challenge at their very first meeting. They were keen to take up the challenge.

After discussing a few ideas, the girls decided they would like to survey the

Takinc

walkway between their home town and local tourist attraction, Hailes Castle. This path of natural beauty runs alongside a river.

While they were preparing for the work, the worst floods in years hit the area and badly affected the river walkway. Once the water had subsided, the girls' first task was to remove two willow trees that had been uprooted during the floods.

The unit liaised with a member of the John Muir Trust - which was formed to protect and conserve wild places and to increase awareness and understanding of such places - who advised them on the work they could do. They also recruited the help of a local man with a chainsaw!

After the trees had been removed and the path cleared, the next task was to mend the handrails and a wooden platform. However, there was another obstacle: the outbreak of foot and mouth disease prevented the girls from visiting the site for a while.

They decided to use this time to delign a brochure letting people know about the riverside walk. They learned how user desktop publishing package on a computer and produced a leaflet that is now as lable in the area.

When the foot and mouth restrictions were finally lifted, the girls set about seding the overgrowth and fixing the okea handrails and platform. There was sense of achievement when these tas finally completed.

Through their work for the Control wealth Community Action Challen girls also completed the Discover Explorer levels of the John Muir Awa progressive award which aims to end people of all ages to discover, enjoy and pre serve wild places.

Maintaining the area is an ongoing prof ect for the unit and the girls are now work ing towards the final level of the award



Jubilations!

This summer, you can help make The Queen's Golden Jubilee a national celebration to remember

Royal party

This year we are celebrating The Queen's 50 years of service to the UK and the Commonwealth.

The Golden Jubilee Bank Holiday will be celebrated on June 3 and 4, with special events taking place all over the nation.

The Queen has declared that her Golden Jubilee should be a national celebration, so that she can thank everybody for their support

Top tip

If you do not have the resources to organise a Golden Jubilee event on your own, then team up with another group in your community.

Many units are also organising events in their Districts, Divisions and Counties. If you are not doing anything in your area, it is not too late to start planning!

Her Majesty The Queen is Patron of The Guide Association.

As children, The Queen, Princess Margaret and The Princess Royal were all members of the Association. Buckingham Palace even had its own Guide unit!

Guiders' note

time occasion.

over the last half century.

On these pages you will find

Queen, her Family and the Golden

lubilee to help you think of ways

to celebrate this once-in-a-life-

lots of information about The

Don't forget to let Guiding magazine know how your unit is celebrating The Queen's Golden Jubilee.

Six themes

The official Golden Jubilee celebrations have been divided into six different themes.

You could incorporate all of the themes into one, big Jubilee activity Alternatively, you might like to think of six different activities so that each theme is covered separately.

The Golden Jubilee themes are: Celebration, Giving thanks, Service, Involving the whole community, Looking forward as well as back and Commonwealth.

Top tip

Look back at February Activate for lots of activides and crafts with a Commonwealth them

Ten ways to party

From treasure hunts to discos, there are so many other ways in which your unit could celebrate the Golden Jubilee. Here are a few ideas to inspire you:

- Have a party parade and dress up in fashions that represent each decade of The Queen's reign.
- Learn some rock and roll dance moves. Fifties-style.
- Hold a golden-themed picnic in an
- Plant gold-coloured flowers.
- Stitch a special commemorative wallhanging to display in a public building.
- Hold a talent contest.
- Break a world record.
- Make a television appearance.
- Compose your own song and perform it in public.
- Paint a Jubilee mural.

Walkabout

From May to August, The Queen and Prince Philip will tour England, Wales and Scotland.

Find out if the tour is coming anywhere near where you live. What kind of preparations are being made for the Royal visit?

Imagine The Queen is coming to visit your unit. What local landmarks would you show her? Which local people would you like to introduce her to?

Organise a special Jubilee tea that would be fit for The Queen. The girls can invite some older people along to share their memories of previous Jubilee celebrations.





Deck the hall

Whether you are having a Rainbow tea party or an outdoor sports day, you will need to organise some decorations for your Jubilee event.

First, decide on a colour scheme for the decorations. Red, white and blue are popular for any Royal occasion, or you could go for golden tones. Alternatively, regal purple and gold would be nice as they reflect the colours of the Golden Jubilee badge (left).

Before the celebrations, the girls can make their own colourful strings of bunting. Cut out triangles of card or polythene and staple them on to long strings. Paper chains are also an easy decoration for Rainbows to make.

If you will be eating at your event, get the girls to make suitable table decorations. They could incorporate flags, crowns, flowers, golden coaches and so on. Top tip

If you are holding an event outdoors, then make sure your decorations are waterproof. Even if the forecast is sunny, it is best to take precautions.

For example, use fabric paint to decorate banners. If you set it according to the instructions, it won't run like poster paint would when wet.

Golden gateway

Challenge Senior Section members to use their pioneering skills to create a special Golden Jubilee gateway.

This would make a spectacular focal point to draw people into your Jubilee celebration. A gateway would also make a great photo opportunity for your local paper. If you aren't sure how to tackle a pioneering project, ask your local Outdoors Adviser for help and advice.

The Guide Association Knot Book contains pioneering tips that will help you make a Jubilee gateway. It is available from Trading Service, order code 6072, price £10.

Shout about it

After you have taken the trouble to plan a Golden Jubilee event, you want everyone to know about it.

Even if you do not want to invite the public, you can still tell them what great things your unit is doing. Here are some ideas:

- Design and make banners and posters.
- Issue special novelty invitations invite important people on gold, balloon-shaped cards.
- Invite local newspapers and television stations.

Local media are more likely to attend your event if you have a 'stunt' lined up. How about abseiling with paper crowns attached to your helmets?

The 'Ideas to go' box might give you some more ideas.



On June 3, The Queen will light a beacon in The Mall, outside Buckingham Palace.

This will start the lighting of chains of beacons across the UK and the Commonwealth. It will also herald the start of a spectacular fireworks display.

Find out where your nearest beacon is. Why are beacons usually found on high ground and what were they originally used for? During the reign of Elizabeth I, a chain of beacons was the quickest way to alert the whole country that an invasion was coming.

You may be able to attend an organised fireworks display. If not, why not hold your own Jubilee campfire night to celebrate.

You could serve hot dogs and hot chocolate and sing a selection of celebratory songs.





Ideas to go

- Offer your services as dog walkers but you all have to dress as The Queen when you do it!
- Swim 50 lengths and raise £50 for charity.
- Make a huge Golden Jubilee badge decorated with purple paper and pennies, then give the money to charity.
- Bake crown-shaped cookies to give as celebratory gifts.
- Use ceramic paint to decorate plain mugs and plates with your own commemorative Jubilee design.
- Write a celebration poem.
- Make a congratulations card and send it to The Queen.

Bygone badges Would the girls in your unit pass a 50-year-old badge syllabus?

Lucky ladders

The Golden Ladder test for Brownies was introduced in 1952.

The Golden Ladder, which was awarded with a badge depicting a golden bar, bridged the gap between the First and Second-Class tests. When the Eight-Point Programme was introduced in 1968, these tests were made redundant.

The syllabus for the Golden Ladder is given here. Can the Brownies in your Pack complete it?

The Golden Ladder test

For this test, Brownies must:

- I Know 15 letters of the alphabet in semaphore and be able to send and receive simple words.
- 2 Be able to set a compass and know eight points.
- 3 Knit a small, useful article.
- 4 Fold clothes neatly.
- 5 Skip 30 times without a break, turning the rope backwards.
- 6 Throw a ball, overarm, to land over a line that is seven yards away, within two side lines, three yards apart.
- Clean and polish a pair of shoes.
 - 8 Carry a message of at least 12 words (in her head, for over five minutes and deliver it correctly.

Top tip

The girls may like to adapt some of the activities to make them more relevant to the 21st Century.

First-Class

Before being awarded this badge, a girl had to:

- Have at least one shilling in a savings bank.
- Have a knowledge of cookery, be able to either cook and skin a rabbit or pluck and truss a bird, and cook a pudding or meat stew by herself.
- Know the history of the place where she lived and draw a rough sketch map of ambulance, police, fire stations and so on.
- Bring to the meeting a skirt or blouse she had sewn herself.
- Swim 50 yards or show a list of 12 satisfactory 'good turns'.
- Judge unknown distances, heights, sizes, numbers and so on, within 25 per cent error.
- Show the points of a compass without using a compass.

Top of the class

The very first Girl Guides had two badges to pass before they could take the test to be a First-Class Guide

They were the Tenderfoot and Second-Class badges. You will find the syllabuses for the Second and First. Class badges on this page.

Second-Class

Before being awarded the Second Class Guide's badge, a Tenderfoot Guide had to:

- Know ten points of the Law of the Guides.
- Have at least four weeks' attendance as a Tenderfoot Guide
- Have a knowledge of elementary first aid, know how to stop bleeding and be able to bind a broken leg.
- Have some knowledge of the Morse alphabet.
- Tie six different knots.
- Follow a track of half a mile in 25 minutes and either cut out and make a signal flag or cut

out a paper Union Jack, explain its origin and how to hoist and fly it.



- Lay and light a fire, using not more than two matches.
- Make a bed properly.

Guiders' note

alent today

A shilling would have been quite lot of money to a girl in the 195 Try to find out what you coul buy with a shilling in the 1920s. What could you buy with its eq

Afterthoughts

When your unit has tried out some of the activities from these bygone badges, ask them

- Did you enjoy the activities? Give your reasons.
- Were there any activities that you didn't attempt? Why not? How did they compare to the sort of activities you do now with your unit? Do you think they were harder?
- Do you think that the skills in the badges are useful for today's Brownies and Guides! If not, why not?

History trail

During the Jubilee celebrations, your unit could organise a project recalling Guiding memories of the last 50 years

Starting point

Before the girls start, they should hold a planning session to decide exactly what sort of project they are undertaking, why they are doing it and who it is for.

They'll need to think about where their research material will come from, how they will collate it and in what forms it will be presented. The girls should allocate tasks fairly and evenly among themselves.

Guiders' note

You could choose a different topic for a Golden Jubilee history project. Examples include:

- Life in Britain during the reign of
- Queen Elizabeth 11
- Pop stars from the last 50 years.

Collecting resources

Start your history project by gathering information that will be useful.

Try to recall any relevant personal memories that you may have as a unit. Older friends and family members may also have some Guiding memories.

If there is a nearby college, ask students if they have any memories or memorabilia of being a Rainbow, Brownie or a Guide. Your unit could make posters to put up in common rooms.

Send a letter to the local paper, inviting people to share their Guiding memories with your unit. This will be particularly interesting if women who were brought up abroad can share their memories from other countries.

Here are some other useful sources of information:

- Homes for the elderly
- Your County archivist
- Local libraries
- Units with sites on the World Wide Web.



- Check dates.
- Photocopy other people's news cuttings and reproduce photographs as well as other information, so that the originals can be returned straight away.
- Carefully log any other memorabilia you are lent so that it can be returned to the appropriate people.
- Don't forget to thank people who have helped you and give credit where it is due. Ask the girls to do the same.
- Publicise your project as widely as possible. Your local history society may be interested in helping you.

Display your project

The girls could mount a display of all the information that was gathered for your unit's Guiding memories project.

Try to ensure that as many people as possible see it. Your local library or museum may agree to help — perhaps by housing the display for you.

The material should be presented in a lively way, if possible by making full use of audio and visual display methods. Computer technology can be used to print out work and display it, too.

Be careful not to damage any original material, such as letters, that are on loan. Where possible, colour copies should be made.

The girls could translate their findings into a piece of drama rather than a mounted display.

KIRKHOUSE PRODUCTIONS



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Playchutes from SeamStress



Party time Rainbows can join in the Golden Jubilee celebrations

with their very own party activities

Golden days

Tell the girls that this Jubilee is an extraspecial one for The Queen. It is her Golden Jubilee, which means that she has ruled the UK and the Commonwealth for 50 years.

Button crown

In this game, girls have to collect jewels to decorate The Queen's new crown.

You will need

each group

and purple

One dice per group

A flat, crown shape

cut from card - one for

Lots of buttons (or

card circles) in the fol-

lowing colours: red, yel-

low, orange, green, blue

Divide the Rainbows into groups of three or four.

Each group needs a dice and a flat, crown shape. Put all of the coloured buttons in a box in the middle of the room

Each button is given a value:

- Red I
- Yellow 2
- Orange 3
- Green 4
- Blue 5
- Purple 6

The girls in each group take it in turns to throw the dice and then collect a button with corresponding value.

The buttons are then laid on the group's crown. When all the buttons have been collected, the Guider chooses the crown that is the most colourful, most imaginative and so on. Create enough winning categories so that each group can be a winner!

Make it harder

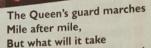
Brownies will enjoy this game, too. Instead of judging the crowns at the end, count up who has the highest-scoring collection of buttons.

Laughing guard

The guards at Buckingham Palace have to look straight ahead and very serious at all times, despite the visitors who try

to make them smile!

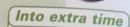
In this game, the Rainbows take it in turns to try and make The Queen's guards smile. All the girls form a large circle. One is chosen to stand in the middle. The girls in the circle hold hands and march around saying this rhyme:



To make The Queen's guard smile?

The Rainbow in the centre of the circle has to do something to make the others smile. She could do a funny dance, tell a joke or pull a funny face.

She then chooses another girl to take her place. Repeat the rhyme and actions until everyone has had a turn. Who was the funniest?



Read Buckingham Palace by AA Milne. This rhythmic poem tells of Christopher Robin's trip to the Palace with Alice — and it is great to march around the room to.

Dress up

Dressing up is great fun, especially when it means you get to be a princess for the night.

Make a collection of fabric remnants, old curtains, ribbons and so on The girls can spend 15 minutes transforming themselves into royalty

Supply the girls with thin card, glue, sticky tape and cotton wool so that each of them can make themselves a crown. Use jelly sweets or fruit gum as jewels!

Party jewels

This tasty version of the Crown Jewels looks like an array of dazzling jewellery - and it's edible too!

Take a look in your kitchen cupboard or visit the local sweet shop Make a collection of items that could be used to make edible jewelle such as strawberry laces, biscuits with holes in, pretzels and jelly sweets that can be threaded on to the laces.

Let the girls make their own necklaces and bracelets.



Top tip

Stay clear of anything made of chocolate as it will melt all over the girls.

The Queen is known for her love of animals, especially her canine friends

Corgi capers

The corgi is one of The Queen's favourite breeds of dog. They can often be seen following her around her Royal estates.

Each Rainbow can make their own Royal corgi to use as a Jubilee decoration.

Fold a piece of A5 card in half and cut along the fold line. Trace a copy of each template on to one half of card and cut the pieces out.

Roll the other half of card into a short, fat tube - about 5cm in diameter and staple or tape it so that it stays in place.

Snip both ends of the tube as shown in the illustration to make tabs. Bend all the tabs up.

Colour in the features on the corgi's face. Put glue on the tabs and stick the head

and legs in place at both ends of the tube. To make the corgi extra-special, put a

sweetie surprise inside before sticking on the head and back legs.





- A piece of A5 yellow card for each girl
 - Pencils
 - Head and back legs templates
 - Crayons in assorted colours
 - Scissors
 - Stapler or sticky tape
 - Glue
 - Glue spreader

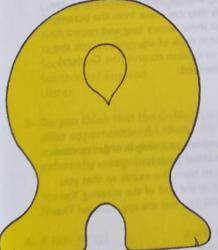
Make it easier...

- Photocopy the templates on to yellow card before you start.
- If the girls have difficulty rolling the card, use a cardboard tube and cover it in yellow paper.



In the past, the Royal Family were often given animals as presents from the rulers of other countries.

Exotic animals they received included a giraffe and an elephant! Buckingham Palace was not a suitable place to keep the animals, so in 1827 the zoo in Regent's Park was opened and the Royal animals went to live there.



A dog's life

The Queen currently has four corgis named Pharos, Swift, Emma and Linnet. She also has five cocker spaniels called Bisto, Oxo, Flash, Spick and Span.

Dogs can be very clever creatures and many species make good working animals. What sort of jobs do the girls think dogs can do?

Guide dogs are specially trained to help visually impaired people to lead normal lives. There are almost 5,000 working guide dogs in the UK. It costs about £35,000 to breed, train and support one guide dog. You can find out more by contacting The Guide Dogs for the Blind Association through its web site: www.guidedogs.org.uk or by calling 0870 600 2323.

The charity Hearing Dogs for Deaf People trains dogs so that they can

alert severely and profoundly deaf people to sounds such as doorbells, baby monitors and smoke alarms.

Find out more from the web site: www.hearing-dogs.co.uk

It's a fact

Prince William has a Black Labrador named Widgeon.

ace the Blast off and get lost in space with a very special theme night

Space exploration was one of the most exciting developments of the Space exploration was one of the most exercise of the 1950s. The passion for all things intergalactic was everywhere — from films

furnishings.
Pauline Leddy, Guider of 5th Birmingham Guides, and Teresa to furnishings. Pauline Leddy, Guider of 89th Christchurch Guides, Hengrove, originally Leddy, Guider of 89th Christchurch They felt is y, Guider of 89th Children night. They felt it would be a good devised this brilliant theme night. Guides way to introduce Brownies to Guides.

vay to introduce to follow their lead, then send out rocket.

shaped invitation cards to the girls. shaped invitation can be shaped invitation of the meeting, give each girl a coloured space At the beginning of the girls into teams — those with blue passpassport. There and so on. Each team can start off with a different activity. When the girls have completed the task to the best of

their abilities, their passports can be stamped before they move on to the next activity.

There are seven activities for the teams to try out.



Little green men

For this activity, the girls have to rescue a little spaceman from the scary space gunk and give him the gift of sight!

Place some of the glass pebbles in a big bowl of green jelly. The girls have to retrieve a pebble, then wash and dry it. Use the glue to stick

on a pair of joggle eyes. The girls should make sure they are clean before they move on to the next activity.

You will need

- Decorative glass pebbles or smooth stones - one per girl
- Green jelly in a large bowl
- A bowl of warm water for washing
- A pair of small joggle eyes per girl
- **UHU** glue

Guiders' note

While preparing for the meeting, make sure that you have all the equipment you need.

You will need to write out an instruction sheet for each activity so that the girls know what they are doing. You could write instructions on rocket-shaped cards.

Blast off

Before they can blast off from their planet, tell the girls they have to programme the password 'Lost in Space' into the spaceship computer.

Once the girls have programmed their pretend computer. ask them how many words they can make from the password Each word must be at least three letters long and names do not count! When they cannot think of any more words, the girls return their answers to mission control (the Guiders) and have their passports stamped.

Spaceman song

The girls can sing the spaceman song in order to communicate with life on other planets.

Challenge the girls to learn the words so that you can all sing it together at the end of the meeting. You can add any actions that you feel are appropriate! The tune is Frère Jacques.

We are crazy, we are crazy, We are nuts, we are nuts. Silly little spacemen, silly little spacemen, Brrm brrm beep, brrm brrm beep.

Can your Guiding Skills help you to gain recognised external qualifications?



THIS QUESTIONNAIRE IS AIMED AT EVERYONE INVOLVED IN GUIDING

We would like to seek the views of members on how your Guiding experiences can be linked to externally recognised qualifications.

The women involved in Guiding have a wealth of experience and skills, but they are not always recognised in the real world. It has been experience and skills, but they are not always recognised in the real world. nised in the 'real' world. It has already been demonstrated that volunteering in Guiding can generate the evidence required for a range of qualifications and certificates.

What is your position in Guiding? (tick all that apply)		
Rainbow Guider		· · · · · · · · · · · · · · · · · · ·
Brownie Guider	J	
Guide Guider		5. If Yes- Would you be personally interested?
Senior Section Guider	L	, marcated
Unit Helper		
Ranger	0	***************************************
Young Leader		C. Mil
Adviser	0	6. What topic/ subject would you be interested in?
Commissioner		
Assessor	00	Management
Mentor	7	Administration
Verifier	7	Outdoor Skills
Trainer	7	Youth Work
Other (please specify)	_	Team Leader
		Mentoring
***************************************		1st Aid
	*****	Counselling
2. What Country or Region are you from?		Catering
		Other- please specify
Anglia		***************************************
BGIFC	ŏ	7.
Guides Cymru	ŏ	
London & South East England	0	What type of qualification(s) should they lead to?
Midlands	1	For example- N.V.Q. (National Vocational
North East England	7	Qualifications), Open College
North West England	1	Please state
Scotland	The same of the sa	
South West England		***************************************
	0	
Ulster		8.
Do you think that the Guide Association should offer opportunities for those who choose to use volunteering in Guiding as evidence to gain		Should the Association offer a range of topics/subjects by way of Distance Learning leading to a certificate accredited by an outside body
externally recognised qualifications?		eg Educare?
		Yes
Yes		No
No	0	9.
		If Yes what topics/ subjects should be offered?
If No—Why?		Please state





10. How should this opportunity be provided? For example local colleges, distance learning by either correspondence or web site, The Association as an Assessment Centre	12. There would almost certainly be a cost implica- tion to any qualification or certificate. Please indicate how much you would personally be will- ing to invest in this?
Please state	£0- £15
Flease state	£16-£50
	£51-£100
	£100+
************************************	had personal experience (both
What support would be required? A) From the Association and at what level e.g. Country or Region, County	13. Have you had personal experience (both positive and negative) of gaining a certificate or qualification using your Guiding experiences? Please tell us about it.

B) Elsewhere?	+++++++++++++++++++++++++++++++++++++++
Please state	

Please return to: Adult Support,
Guiding Development,
The Guide Association,
17–19 Buckingham Palace Road,
London SW1W OPT, by May 31, 2002

If you do not mind being contacted further, please supply us with your contact details.

INSURANCE UPDATE 2002



The Association's Insurance Brokers are AON LIMITED. They are managing our Insurance Service and all queries and correspondence directly
Aon Limited can be contacted at:
E-mail: guides@ars.aon.co.uk
Telephone: 0.1737 783 690
The Association effects two main insurance policies for the benefit of its members
The Personal Accident & Medical Expenses Policy and the Public Liability Policy

PERSONAL ACCIDENT

Insured Persons are defined as follows

- The Guide Association & all its Members
- Administrative Units including Friends of Guiding & Guides Cymru
- Trefoil Guild
 The LINK International Fellowship
- Officers and Officials of any of the aforegoing
- (vi) Any voluntary part-time instructors (vii) All non-members of the Guide Association whilst involved in assisting or supervising Guiding activities (viii) Prospective Members of The Guide Association prior
- to taking their Promise
 (ix) Guide Association Members of the Student Scout & Guide Organisation
- (x) Self employed instructors whilst working for The Guide Association
- Any Employee of The Guide Association British Guides in foreign countries whether Nationals of the Country concerned or not
- D Foreign or Commonwealth Guides visiting the UK at the invitation of the Insured.

SECTION 1. PERSONAL ACCIDENT COVER (Applicable to all categories of Insured Persons)

- 1. Accidental Death
- 2. Permanent Total Disablement
- 3. Loss of one or more eyes/ hands/feet or any combination of these
- 4. Temporary Total Disablement

£15,000 (over 18 years) £2,500 (under 18)

£15,000

£15,000

£ 50 per week in respect of Insured Persons over 16 who are in full-time employment. £20 per week if aged 16 or over (maximum 104 weeks) reducing to 52 weeks in respect of illness/sickness.

£6,000

5. Total loss of speech or hearing

These two benefits are restricted to those who have left school on the date on which the accident or illness occurs.

SECTION 2 MEDICAL EXPENSES

Category A and B

£1,000,000 (Overseas) £10,000 (U.K.)

Category C

£1,000,000 (outside country of

domicile)

Category D £10,000 (U.K.)

£10,000 (in country of domicile)

Excess £25 increasing to £50 for persons under 10.

(b) TRAVEL & INCIDENTAL EXPENSES

Up to £400 in respect of the cost of travel by public transport or private car (at a rate of 40p per mile) for the purpose of attending hospital/doctor's appointments for medical treatment necessary as result of an accident.

It is important to note that whilst personal effects and clothing are cov-ered if damaged as a result of an accident, you must still ensure they are fully covered by an "All Risks" Household Contents Policy.

- The conditions of the Policy also include:

 1. Benefits in accordance with the Continental Scale

 2. Benefits payable as a result of illness (max 52 weeks)
- 3. Benefits in accordance with the Schedule will be paid following. assault
- Exposure to the elements
- 5. Disappearance following believed bodily injury or death.

It should also be borne in mind that the Personal Accident Policy is a private one arranged for The Guide Association and therefore, on a limited scale. Its intention is only to cover such expenses as would have been incurred did no such policy exist and all claims will be considered on that basis.

Members who require higher benefits should take out personal insurance cover.

The Personal Accident Policy restricts benefits to death only for persons 75 years and over, other than in respect of Members of the Trefoil Guild where an extension of cover has been arranged as follows:

(a) loss of one or more eyes/hands/feet or any combination of these / (b) hospital cash (up to a maximum of 180 days) £10 per day.

THIS POLICY DOES NOT COVER LOSS OF EARNINGS RESULTING FROM AN INJURY NEITHER DOES IT COVER CHILD MINDING EXPENSES, ANY TYPE OF CLASS, LESSON, HOLIDAY COSTS OR CAMP FEES.

Although the Policy is operative worldwide, including USA and Canada, it is essential for all members to take out travel insurance when going abroad.

Reasonable overnight accommodation expenses.

Medical Expenses are extended to include the cost of purchasing emergency bandages up to a sum insured of £25.00 and prescription charges if levied by the NHS hospital.

This Section is extended to include costs associated with future Dental Treatment following an accident which required immediate emergency dental treatment, but which a qualified dentist confirmed could not be completed at the outset due to the person's age/circumstances which may have been agreed by the Company.

THE ONE-OFF PAYMENT IN RELATION TO DENTAL TREATMENT IS A MAXI-MUM SUM OF £1,500. This must be justified by a professional opinion.

In the event of an Accident a Notification of Accident Form should be completed as soon as possible. These are available on the web site and via Aon or your Division. When returned the accident will be recorded and an acknowledgement will be sent to the Guider. If applicable an Expenses Form will accompany their letter. Upon completion of this form it must be returned to Aon Claims Department with all relevant documentation. Guiders should ensure parents are shown the letter and pass the expenses form to the parents so they are aware of what they can and cannot claim.

> A CLAIM UNDER THE PERSONAL ACCIDENT POLICY MUST BE MADE WITHIN A TWELVE MONTH PERIOD.



Hotline April 2002

THE PUBLIC LIABILITY POLICY

The Association has arranged a general Public Liability policy to indemnify insured Persons in respect of their legal liability for bodily injury, death or disease to any person or for loss of, or damage to, third party property. Insured Persons are defined as follows:

- The Guide Association and all its members
 Administrative Units, including Friends of
 Guiding and Guides Cymru
 The Itefoil Guild
 Link International Fellowship
 Officers and Officials of any of the aforegoing
 Any Employee of The Guide Association
 Any British Guide operating abroad under the
 jurisdiction of The Guide Association
 Any person not acting as a member of another
 organisation who is authorised to be in charge of,
 supervise or otherwise assist in Guiding activities
 Children of Members of the above whilst their
 parents are involved in Guiding activities
 Prospective Members of The Guide Association
 (prior to taking their Promise)
 Guide Association Members of the Student Scout &
 Guide Organisation
- (ix)
- (xi)
- Guide Organisation
 The Guide Association Trust Corporation
 responsible for the management of any property;
- The Trustees of and/or members of the Committee responsible for the management of any property or premises belonging to or leased to Trustees of

The Public Liability Policy has been extended to include "Member to Member" cover.
EMPLOYER'S LIABILITY

The Employers Liability Policy includes all the Guide units and all Trust Corporattion Properties and covers Caretakers, Cleaners or Wardens/Honorarium to whom they pay a small weekly/monthly or

yearly sum.

Cover is also in place for Counties and Divisions, and you do not need to purchase Employer's liability cover searately. To be included you must declare the wages to AON on the helpline number or by post.

The Limit of Indemnity under the Public Liability Policy is £20 million and the Employer's Liability is £10 million.

When using property or premises outside the control of the Association for Guiding activities you may be asked to

sign a Hiring or Booking Form.
It is not necessary to forward the hire and letting forms to CHQ or to AON Limited unless the indemnity required is over £20 million pounds.

If you are asked to forward a copy of the Association's Liability cover with the Policy Number, then a "To Whom It May Concern" letter/Certificate is available direct from Aon Limited. This will act as proof of cover.

The Public Liability Policy responds to claims made against the Association for the loss of, or damage caused to, Third Party property during a Guiding activity. For claims to succeed negligence must be proven.

This policy excludes the first £100 of each and every claim in respect of third party property damage. This policy excess MUST be met by the unit involved.

It is important to remember that Members of the Association are also considered Third Parties.

Commonwealth HQ in London takes care of certain insurances such as Public Liability and Personal Accident cover for all recognised Guiding activities.

NOTE: You are responsible for arranging Insurance for your unit's own Property and Equipment and failure to insure adequately could result in your unit facing disastrous financial consequences.

Other insurances you may require:

Personal Effects (are not covered by the Association) Money held in trust (such as Unit Money) Subscription Money Camp Fees Pack Holiday Money **Borrowed Equipment** Minibuses Trailers **Buildings Cover**

Small Craft Cover
Unit Standards
Unit Camp Equipment
Cancellation
All these covers are available through
Aon United (Personal Services) Trinity Court
Aon Un

This Scheme has been arranged by Aon Limited for The Guide Association Membership and the Insurers are the Cornhill who are a reputable company.

Minibuses Cover & Depot Cover

The Guide Association, in conjunction with GSI Commercial Services, negotiated an insurance facility for minibuses on behalf of all Members of the Association who may need to insure minibuses for a Guiding activity. This facility is for both annual and short-term hiring or borrowing of vehicles. Premiums are very competitive.

Please telephone: 01634 727 766 and ask for The Guide Association Minibus Scheme.

TRAVEL INSURANCE

This facility exists through AON SURETRAVEL, to arrange Travel Insurance cover with Optimum Underwriting Limited. Optimum Underwriting are Underwriting Agents for Groupama Insurance Company Limited.

This Policy includes Guiding activities recognised by The Guide Association.

There are two Application Forms.

When your visit is a Guide trip ask for The Guide Association Travel Insurance Application Form.

For a Private Holiday ask for the Single Trip or Annual Multi-Trip/Long Stay Form.

An Annual Multi-Trip Policy can be used for both Guiding Activities and Private Holidays.

AON SURETRAVEL on 01372 749 191 for an application form or information relating to this Scheme

If you take out the Individual Annual Multi-Trip Policy which normally excludes Winter Sports, Optimum
Underwriting have agreed to include Winter Sports cover
if you are taking part in a Guiding activity.

Aon Limited is the Association's Insurance Broker's. The contact details are:

The Guide Association Insurance Service PO Box 410 Redhill RH1 1AW

E-mail guides@ars.aon.co.uk Telephone: 01737 783690

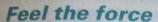
Meteor munchies

Meteors are lumps of rock that whizz through space, destroying everything in their paths!

The girls can make their own edible meteors with this fun, no-cook recipe. The ingredients provided will make enough meteors for six girls.

In a bowl, mix the sugar, cocoa, margarine, oats and milk together. Each girl

Washing-up equipment takes an equal portion of the mixture and moulds it into a ball. Roll each ball in chocolate strands. Put them in individual cake cases on a plate and refrigerate them if you can. Each girl can label her meteor to prevent arguments!



As they explore space, the girls find a mysterious letter written in a strange language.

Using simple codes, each team can translate the alien letter into

you use a traditional code such as a backwards alphabet, where A=Z, B=Y, Hello Mum, I am travelling to the planet C=X and so on. You will need to write out the following letter into code so Gloop in the hope of finding that the girls can change it back. a new home. I have a new



You will need

20z soft margarine

Chocolate strands

4tbsp sugar

2thsp cocoa

8thsp oats

2tbsp milk

Mixing bowl

Cake cases

Wooden spoon

English. You can make up your own, simple alien code. Alternatively,

friend named Jack, who is

travelling with me. I hope to see you soon.

Zoicks

Cosmic creation

Tell the girls that they have to put a space man together following these instructions.

Blow air into the balloon and let it out. Fit the funnel into the neck of

Spoon a little salt into the funnel and wait for it to filter into the balloon. Keep adding salt until the balloon is full. Tie a knot in the neck of the balloon. Do not try to blow it up. Use the sticky dots to add a nose and a pair of eyes.



Final landing

Finish off your space night with a game. If you prefer, you could play it at the beginning to get everyone in an intergalactic mood.

The game is called Red alert and is based on the old favourite Port and starboard. The girls have to respond to the keywords that you shout out. These are:

- Earth all run to one particular corner of the room.
- Moon all run to the opposite corner.
- Alien invasion all walk around with your arms outstretched.
- Moon walk walk with big strides, as if you are defying gravity.
- Meteor attack dive to the floor and cover your head.
- Red alert shiver and shake as though your spaceship is under attack.

Alien sightings

Tell the girls that they have been invited to join the Friends of the Aliens society, in recognition of all their important space explorations.

Each girl can make her own membership badge. First, cut a

circle around 4cm in diameter from the silver card. Use the sticky dots as eyes and draw pupils on them.

Take a glittery pipe cleaner and cut it in half. Use sticky tape to stick each piece on the back of the card circle. Bend the pipe cleaners to look like antennae. Finally, use sticky tape to stick a safety pin to the back of the membership badge.



You made it!

Supplying these activities earned Guide Guiders Pauline Leddy and Teresa Leddy a big box of goodies for their units. If you have something to share, please send it to Activate at the address on page 3.

Regal reigns

Discover more about the life and times of ancient kings and queens

Radio star

George V, our Queen's grandfather, made the very first royal radio broadcast in 1924.

The Oueen now presents a special televised speech every Christmas. She also makes a speech at the annual State Opening of Parliament. Ask the girls to write a special radio address that the Queen could present in her Golden Jubilee year.

What sort of things would they like The Queen to say? The girls don't have to be traditional and can include references to current issues and culture

Set a time limit for preparation and presentation. Three minutes should be ample time for the final speech.



Senior Section

Senior Section members can try out these royalrelated activities.

- George III was infamously insane. Senior Section girls can watch the film The Madness of King George, which charts his descent into dementia.
- Have you ever wondered what life would be like for the Royal Family if they were made redundant?

Read The Queen and I by Sue Townsend, author of the Adrian Mole diaries. It is a funny, fictional account of the Royal Family's new life on a council estate.

Kings, queens and royal dynasties have given their names to many different fashions in clothes, architecture and furniture. Do some research to find out about Tudor houses, Queen Anne furniture and Edwardian clothes.

It's a fact

Our royal history is littered with wars, infidelity and beheadings. Find out which kings and queens had their heads chopped off and why!

Longest reign

Queen Elizabeth II is the country's joint fourth longest-reigning monarch.

She shares the honour with Edward III, who reigned from 1327-1377. Henry III spent 56 years on the throne from 1216-1272 and George III reigned for 60 years from 1760.

The UK's longest-reigning monarch was Queen Victoria. When she died in 1901, she had spent an incredible 64 years ruling the country.

- Ask the girls if they think it would be fun to be The Queen. What would be the best things about it and what would be the worst?
- Queen Victoria had nine children. Find out who they were, what happened to them and how our present Queen is related to them.
- Many places claim a royal connection. Find out if there is one in your area - perhaps Queen Elizabeth I slept in a local coaching inn!

Brave lion

Richard I ruled from 1189-1199. A brave and noble soldier, he was known as Richard the Lionheart.

Brownies can let off steam with this hungry lion game. Choose one girl to be the lion and another to be the lion keeper.

The keeper holds her growling lion in one corner of the playing area. The

rest of the group stand as close as they dare and chant the following rhyme:

Bold lion! Bold lion!

Come out of your den!

Whoever you catch

Will join you then!

The lion keeper releases her lion who runs after the rest of the group, trying to tag them. The lion must return to her corner with anyone who has been caught when the lion keeper shouts, 'Get back!' These girls also become lions.

The rest of the group chants the rhyme as before and the new lions tag as many girls as they can before the keeper calls them back. Keep playing until everyone has been caught, then choose a new keeper and a lion.





It's a fact

Lady Jane Grey was queen for a mere nine days during 1553. A great niece of Henry VIII, she was imprisoned and executed.

Did you know?

Test your knowledge with a right royal quiz for Guides and Senior Section members

The monarchy is a very important part of our nation's heritage and of its political structure.

Senior Section members and Guides can discover how much they really know about the Royal Family with our fun quiz. You can play as individuals or in small teams, marking your scores at the end of the quiz.

Alternatively, label three areas of the room A, B and C. All the questions are multiple choice. When you have read out the question and the possible answers the girls must run to the area of the room that represents the correct answer. You will need to make a note of the girls' choices as you go along.

■ The questions have been divided into different categories that include both historical and contemporary questions.

Adding up

I How many wives did Henry VIII have?

A Four

B Six

C Eight

2 When did The Queen celebrate her Silver Jubilee (25 years)?

A 1960

B 1990

C 1977

3 How many grandchildren does The Queen have?

A Three

B Five

C Six

Place it

I In which country can you find the Royal Estate of Balmoral?

A Wales

B Scotland

C Australia

2 Which nationality was Queen Victoria's husband, Prince Albert?

A German

B French

C Indian

3 Where are the Crown Jewels traditionally kept?

A Windsor Castle

B The Tower of London

C The Bank of England

Relative values

I What relation is The Queen to Zara Phillips?

A Her aunt

B Her great aunt

C Her grandmother

2 Who is the present Duke of York?

A Prince Andrew

B Prince Edward

C Prince Harry

3 Which king was our present Queen's father?

A Edward VII

B George VI

C Charles I

Play time

Which breed of dog is a particular favourite of The Queen?

A Corgi

B Poodle

C Alsation

2 If you went to Royal Ascot, what sport would you be going to see?

A Tennis

B Marbles

C Horse racing

3 Prince Charles plays polo. What do you need to play it?

A A racing car

B A packet of mints

C A horse

Scoring

Get the girls to swap papers and mark each other's answers. Score one point for each correct answer.

Adding up: 1-B, 2-C, 3-C

Place it: 1-B, 2-A, 3-B Relative values: I-C, 2-A, 3-B

Play time: 1-A, 2-C, 3-C

What did you score?

0-3 Oops! Try brushing up on your general knowledge and find out a bit more about your national heritage.

4-7 Well done! Try expanding your knowledge further with some of the activities in this Activate.

8+ Top marks! Take your interest further with a trip to your local Record Office and explore the information, such as Census records, that is available.



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Coronation

In 1953, The Queen's Coronation was commemorated in all sorts of ways, from souvenirs to special recipes

Long live The Queen

The Queen acceded to the throne after the death of her father, George VI, in 1952. However, her Coronation didn't take place until June 2, 1953.

This was a time of great celebration across the nation. Millions of loyal subjects held street parties and dances. The ceremony was broadcast on television, so anyone fortunate enough to own a set was popular with friends and neighbours that day!

Children were given many souvenirs, including models of The Queen's coach and horses, china mugs and lockets with a picture of The Queen and Prince Philip inside.

- Get the girls to ask relatives if they can remember any great Royal celebrations, whether it be the Coronation, the Silver Jubilee or the wedding of Prince Charles and Lady Diana Spencer.
- Has anyone got any Royal memorabilia at home?

Lucky locket

As part of your Golden Jubilee celebrations this year, the girls can make their own locket. Instead of a picture of The Queen and Prince Philip, girls can put treasured photos of family or pets inside.

To make the locket, cut four oval shapes from thin card, approximately 7.5cm by 6cm. Take two of the shapes and cut a smaller oval shape out of the middle of the card, as shown in the illustration. You will need to leave a border of about 1.5cm.

You will need

- Thin card
- Photographs or pictures cut out of magazines
- Thin, coloured wool
- Sequins, glitter, coloured pens and so on, to decorate the locket
- Scissors
- Ruler
- Pencil or pen
- **■** Sellotape
- **Glue**

The girls need to choose two photographs, perhaps one of a pet and another of a special friend, that they would like to go in the locket.

Place one of the ovals with the space in the middle on top of a photo. Make sure that you include all the important bits – such as the head – within the frame! Draw around the outside edge.

Repeat with the other photo and cut both of them out.

Cut two short pieces of thin wool. These will make the closures to tie the locket together.

Use a small piece of tape to stick a piece of wool to the border frame of one oval. Repeat with the other piece of wool and border frame.

Use glue to sandwich each frame, with the wool in the middle, on to its oval backing.

Join the two halves of the locket with two pieces of tape. Stick one at the back and one at the front to make a hinge.

Here are some ideas to help the
light of the girls decorate their lockets with
girls decorate their locket with
a number 50 in the centre
a number 50 in the centre
A Union flag, made with
A painted crown with
sequined jewels.
sequined jewels.

Now the girls can decorate their lockets with anything they wish, such as sequins, glitter glue, coloured pens and so on. Finally, stick a photo in each of the locket frames.

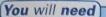
If the girls want to wear their locket on a chain, they will need to make a small hanging loop from wool and tape it to the back of the locket. If they wish, the girls can make a special paper bead necklace to hang their locket on. Simply follow the instructions on the opposite page.

celebration

Bead necklace

The girls can make their own paper beads and thread them together to make the ideal necklace for their lockets.

First, cut out strips of paper. Different shapes and lengths of paper will make different shaped



- Coloured paper or pages cut from magazines
- Cocktail sticks
- Paints
- Embroidery thread or thin hat elastic
- Scissors
- Thin craft glue
- Glue spreaders
- Small paintbrush

beads. For example, a long thin strip of paper will make a short, fat bead. A long, triangu-

lar piece of paper will make an oval bead and a square piece of paper will make a long, tubular bead. As a general guideline, each strip of paper needs to be at least as long as an A5 piece of paper (21cm).

You will need

Itsp mild curry powder

2tsp mango chutney or

apricot jam

chopped in half

■ 10 plump sultanas,

■ 4tbsp mayonnaise







To make a bead, cover both sides of each strip of paper with glue.

Wind up the strip around a cocktail stick. If you have a long, thin triangle, start at the widest end and roll towards the narrow end as shown in the illustration on the left.

Carefully take the stick out of the paper roll and leave it to dry. Don't squash the bead as the hole will close up and the girls won't be able to thread it.

To allow the beads plenty of time to dry, you might like to do this part at one meeting and finish the necklace at the next meeting.







Wrap a small piece of sticky tape



Exotic taste

Coronation chicken was specially created for the 1953 celebrations by celebrity cook Constance Spry. It was quite an exotic dish for

post-war Britain, as it is mildly flavoured with curry spices. The recipe also reflects the tastes of the Commonwealth.

Coronation chicken is still popular. It is delicious as a sandwich filling or served with a salad.

Our recipe is a simplified version of the sauce that you can use at your own Golden Jubilee celebration banquet. You can mix in your own cooked, cold chicken or even tofu pieces. Alternatively, use it in place of butter when you make party sandwiches.

Top tip

This is only a small quantity of Coronation sauce. You can vary the quantities to your own tastes and needs.

Mix four tablespoons of mayonnaise with a teaspoon of mild curry powder. You can also add a couple of teaspoons of mango

chutney or apricot jam, as well as sultanas, if you wish. Chill the mayonnaise in the fridge for an hour to let the flavours mingle.

Once the beads are dry, the girls can

around the end of the cotton or elastic. This will act like a needle when threading the beads but saves the girls from pricking their fingers! paint them with all sorts of colours and

designs. Wait for the paint to dry, then thread the beads on to a piece of embroidery thread or thin hat elastic.

Make sure that the girls tie a knot at one end of their thread to keep the beads in place while they are putting the others on.

When beads are strung on half the length of thread, put the locket on, using the wool hanging loop.

Finish threading the beads on. Tie the two ends of the thread together in a secure knot.



Warning

You can use watered down PVA to make your beads. Don't be tempted to use wallpaper paste as some brands contain harmful fungicides.



Fabulous Fifties

Celebrate the Golden Jubilee with some rocking 1950s activities

The 1950s was a decade of great change. Although most people were in work, times were hard. Food rationing was still in place and areas of the country were in desperate need of rebuilding following damage during World War II.

Queen Elizabeth II's accession to the throne in 1952, following the death of her father George VI, was heralded as the start of a new, exciting age.

ldeas to go

Mr Potato Head was the first toy to be advertised on American television in the 1950s - long before his appearance in the film Toy Story in 1995.

Younger girls can cut funny features from card and make their own potato-head-style balloons.

- The space hopper first hit the shelves in 1950. Organise a space hopper race around an obstacle course.
- The Fifties were an exciting time for designers. Buildings, furniture, household goods and textiles of the period all have distinctive styles. Ask older girls to find an object that they think is typical of the Fifties.

Toy box

Girls in your unit may be surprised to discover that some of their favourite toys were launched during the 1950s. Barbie was born in 1959. Rainbows could have their very own Barbie-themed party as part of their Golden

Jubilee celebrations. Plastic hula hoops and frisbees were also all the rage in the Fifties. Hold a hula skipping race or see which girl can

use the most hula hoops at any one time.

Divide the unit into two teams for a game of frisbee. Mark out an outdoor playing area with a goal at each end. Devise your own rules and scoring system, including fouls for throwing the frisbee over your boundaries.

Fashion parade

After sparse clothing allowances during World War II, fashion in the Fifties really took off.

The major fashion designer of the time was Christian Dior. He started the trend for emphasising narrow waists and pointy bosoms. Ladies' skirts became fuller, and they started wearing shoes with stiletto heels and pointy toes.

Rebellious teenagers had different ideas. They wore huge, baggy jumpers (called 'sloppy-joes'), tight trousers and pumps with ankle socks.

Find pictures of people in Fifties clothing. The film Grease is set in 1950s America and shows some of the clothes that were very popular at the time. Dress up in Fifties outfits for a theme night. The girls may have older relatives who can help with styling!

■ The make-up styles of Elizabeth Taylor and other glamorous film stars was imitated by millions of women. Older girls can try out the look with dark eyebrows, sweeping black eyeliner and bright red lips.



Hit parade

In 1952, the New Musical Express paper (now the NME) had the bright idea of making a top 12 chart of all the best-selling records in the UK.

The idea quickly caught on, with a chart being released every week. The USA didn't start their own pop chart until 1955.

- Make a chart of your unit's top ten favourite songs.
- Have a Fifties disco and jive along to the music of the era — Elvis Presley, Buddy Holly and Cliff Richard, to name a few.
- The King and I and My Fair Lady were popular musicals in the 1950s and are playing packed theatres today! Learn some of the songs and sing them in your unit.

It's a fact

During the 1950s, labour-saving devices such as washing machines and vacuum cleaners were widely available for the first time.

This all meant that women could spend less time working around the home. By the end of the decade the number of working women had risen from 20 per cent to 33 per cent.

Age of the teen

The 1950s was the age of the 'teenager'. Previously, children who had reached their teens were encouraged to act like responsible young adults. This new American phrase changed all that.

The new 'teenager' got a Saturday job and had money to spend. This opened up whole new markets in fashion, music and other entertainment dedicated to these youngsters.

- Teenagers were a new phenomenon in the 1950s. Ask Guides and Senior Section members to find out what a teenager in the Fifties would have spent her money on, which records she would have bought and
- Do teenagers have more choice today? Look at the consumer goods that are targeted at teenagers. Do the girls think there is too much choice?

Fifties food

Supper parties became very fashionable by the mid-Fifties as wartime food rationing came to an end.

To hold your own 1950s supper party you could include some of the following dishes — they were very new and popular at the time.

Cream of tomato soup — many people enjoyed this following the real shortage of tomatoes during World War II.

Fish pie — this became more popular towards the end of the decade as the types of fish on offer increased. It was always topped with mashed potatoes.

Fried scampi — people who served in Italy during the war brought back this idea to the UK.

Hamburgers with tomato ketchup —

these became popular after American servicemen stationed in the UK sang their praises to British families! Vol-au-vents — the appeal of these really came from a surge in baking at the end of rationing, with buttery puff pastry being a real favourite. Fillings such as diced chicken, mushrooms in cheese sauce and scrambled eggs were all popular.

Pancakes -

these were popular when filled with grated orange zest, a little butter and icing sugar.

Lemon meringue pie — this was another treat to make once eggs, lemons and fat became available again after the war.

Baden Powell House Hostel Conference Centre



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For Rates Please call Hostel Reception or The Conference Department.

Baden-Powell House, dedicated to the memory of Robert Baden-Powell the founder of the Scout movement, is a modern purpose-built three level conference centre, which has recently undergone a stylish refurbishment. Ideally situated in one of London's finest locations, it is just a short walk from 'Museum Land', Hyde Park, Harrods and Knightsbridge.

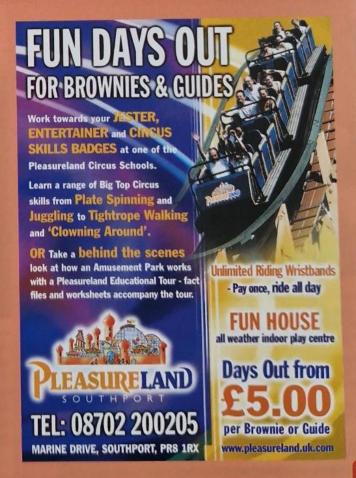
Facilities include a spacious assembly hall, conference room and nine meeting rooms, seven of which are fully air-conditioned. Can be accompanied by a hot or cold selection of buffels or individually tailor-made lunches. A full cash bar can be provided upon request.

Hostel

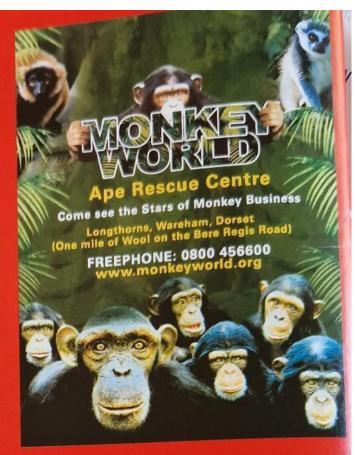
Accommodation is available in single, twin or multi rooms, all rooms have en-suite facilities, double-glazing and fully air-conditioned. English breakfast is included in the cost. There is access for delegates with special needs

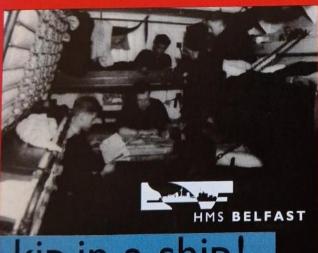


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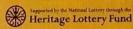


kip in a ship!

From Autumn Term 2001, school parties and youth groups will be able to 'sleepover' on board HMS Belfast, Europe's last surviving big gun armoured warship to have seen action in the Second World War.

The restored messdecks will provide affordable, unique and stimulating accommodation, with added educational value for groups of children, in this prime London location.

For further details please contact the Education Office on 020 7940 6323/6336 or e-mail hms-edu@iwm.org.uk



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ress

Promote Take our Daughters to Work with a well-written press release

enhanced when you type press releases and check them for grammatical and spelling errors.

Try and incorporate guotes. They give a news story more impact and are often used when the journalist writes up the story from your press release.

A quote used as follows could help secure space on the news pages: 'The Guides from <insert unit> really enjoyed their visit to <insert local business> and found Take our Daughters to Work Day very inspiring. Some girls had never previously considered a career in <insert industry>,' said

<insert name>. It would be even better to use a quote from a member (only use the girl's first name and age)

Contact details

Always date your press releases and, if necessary, add a date when this information can be released (this is commonly referred to in the media as an embargo).

Add a name and contact number at the end of the press release in case the journalist needs more information. If you work full time and are not available during working hours, then ask someone from your public relations network to help

By Jini Sanassy PR Executive, CHQ

out. Make sure they are fully briefed about the story.

Follow the above tips and you are on the way to securing plenty of publicity for your event.

Template press release

Public Relations Advisers will be sent a full Take our Daughters to Work template press release. If you would like a copy of the template, e-mail AbiC@ guides.org.uk or telephone CHQ on 020 7834 6242.

Further details

More information about Take our Daughters to Work Day can be found in the booklet that came free with February's Guiding magazine. The booklet, for Guiders, Guides and the Senior Section, includes advice on how the day should be run, sample letters to parents and employers, health and safety information, frequently asked questions and case studies of members who work in traditionally male careers. It also contains a reply coupon for you to register your interest in participating in Take our Daughters to Work Day 2002.

By Catherine Slater

Creative skills

The 1st Burbage Rangers, from Leicestershire, had received a letter from a local nursery for children with severe special needs, asking for help with a project. The girls were keen to give their support and decided that it would also be the perfect project for the Commonwealth Community Action Challenge.

The Menphys Nursery is for children aged two to five. The girls' task was to create a selection of suitable visual aids incorporating a variety of materials, colours and textures. They were specifically asked to design tactile boards for the corridors of the nursery. It was quite a challenge: the boards had to be child-friendly, safe, interesting and visually stimulating.

In order to raise money to buy the materials, some of the girls bravely abseiled from the local church tower, which is 30 metres high. They raised £85, but since a lot of the



The 1st Burbage Rangers presenting the visual aids to Menphys Nursery

materials had been donated, they didn't spend all the money. The remainder was used to buy a story bag for the nursery that contained a book and visual aids.

The unit had great fun making the boards and the girls' skills were put to good use. Lots of shiny materials had been donated, so some of the visual aids had an underwater theme, complete with buried treasure. They also made a patchwork quilt, with each girl completing a square.

The project was completed over six

months at a time when many of the girls were taking exams, so the meetings provided much-needed light relief.

When the girls finally presented their visual aids and story bag to the nursery, a photographer and journalist from the local newspaper were there to cover the event. Afterwards, the girls had time to play with the children.

The unit has continued the link with Menphys and helps out at the nursery's fundraising events throughout the year.



Throw a Tea Party for

DOWN'S SYNDROME AWARENESS WEEK

1st - 7th June 2002

With the right support, children with Down's syndrome can grow up knowing that they too will go to school, join clubs, play sport and even have jobs. With your help we can continue to provide the information, advice and support they need to fulfil their potential.

Raise awareness and raise funds for your pack and the Down's Syndrome Association. Call us now for your free Awareness Week pack, with ideas, recipes and materials to make your tea party go with a swing!

Call Kelly on 020 8682 4001 or email westlake@downs-syndrome.org.uk, or write to



Fundraising Team Down's Syndrome Association 155 Mitcham Road, London SW17 9PG

Tel: 020 8682 4001 Fax: 020 8682 4012 Email: info@downs-syndrome.org.uk Charity Registration No. 1061474



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Open to options

Optional Training Modules are a popular way to enhance leadership skills

Liz Smith and Rachel Swygart Adult Support, CHQ

The first six Optional Training Modules have been sent out to the Counties. Have you seen them or, even better, have you been on a training for one of them?

Out and About, Water Safety, Time Management, Meetings, Challenging Behaviour Girls and Challenging Behaviour Adults are modules that complement the Leadership Qualification and address Guiders' specific needs.

Completed evaluation forms sent back to CHQ reveal that there have been trainings throughout the UK - from Troon in Scotland to Wiltshire in the South West of England.

Easy to follow

Comments received on the Out and About module include:

- There was plenty for the new Guiders and enough initiatives to be of value to the very experienced, camp-orientated Guider."
- 'It was easy to follow and not wishywashy, like some information packs."

It should be remembered that Optional Training Modules are only the start. The Trainer can add elements if she feels it is necessary. Jean Bowers from Wiltshire South included extra information when running her training on Out and About. She discovered that flyers from the local tourist information office helped with the running of the session.

Jean ran evening sessions for each of the five Divisions in her County. They were well received, with 94 Guiders attending.

Help for events

The Jewish Guide Advisory Group also used one of the modules. They had a taster session on Challenging Behaviour at their



The Optional Training Modules are helpful for both new and experienced Guiders

Annual General Meeting which was held in January.

The modules Time Management and Meetings have been welcomed by many County Commissioners - particularly when the information arrived just as they were planning an event. Feedback has included comments such as 'a gift' and 'a session on a plate'.

Keep on giving us your views. If you have used the Optional Training Modules, don't forget to complete the Trainers' Feedback sheet and return it to the Adult Support team at CHQ. We'd also love to hear from anyone who has delivered a session or been a participant where a module has been delivered in an innovative way.

More information

If you have not seen or heard about the Optional Training Modules, then make sure to ask your County Commissioner about them. If you can't locate the modules, a limited number of spare copies are available, for a small handling charge, from the Adult Support team at CHQ.

Future modules, which will be arriving in the Counties soon, include Team Building, Project Management and IT.

If you would like to know more about Optional Training Modules, please contact your County Training team, who will be happy to help.

Other training opportunities

• Two one-day forums for Guiders who face the challenge of Guiding in areas of social deprivation will be held in Birmingham and Newcastle.

'Making a Difference' will take place on October 6 in Birmingham and November 16 in Newcastle.

The forums will comprise a guest speaker, workshops and a marketplace. Accommodation, travel and food expenses will be met by CHQ.

Look out for an article in a future issue of Guiding magazine that will look at some of the problems faced by Guiders in areas of social deprivation.

 A Level 2 Walking training will be held at Broneirion from November 17-19. It will cover a range of topics, with practical sessions, and there will be opportunities for assessment at Level 2.

For further information, including details of bursaries, please contact Pat Wheatley at CHQ on 020 7834 6242 ext 205 or e-mail: patw@guides.org.uk. There are still places left for the Level 2 Walking training in Snowdonia from

April 19-21. Contact Pat Wheatley, details as above.

splashing event!

The WWF is asking people to make a splash in May as part of this year's Big Swim.

Adults and children are being encouraged to take a dip and raise funds to help protect sea turtles and other threatened marine wildlife. Why not organise a sponsored dive or aqua-aerobics session?

To register for the Big Swim, call 0845 766 8860, quoting 'EH24', or visit: www.wwf.org.uk/bigswim

To help get you off to a swimming start, Guiding magazine has ten beanie turtles - worth £4

each - to give away.

For a chance to win one, please send your details to Guiding magazine/turtles to the address on page 3, or e-mail: guiding@guides.org.uk

All entries to arrive by April 25.



Boating challenge

Are you looking for an exciting and educational challenge for your girls to take part in? The CREW - Creative Research and Experimentation on Water - Challenge is asking young people to design and race their own sailing boat model.

The challenge is open to anyone aged nine to 13. Trials will be held to determine which groups go through to the regional finals. As part of a nationwide competition, the successful team will win a trip to New Zealand.

For more information about CREW, visit the web site at www.gbrchallenge.com Lesson plans to use with your unit to help the girls design and build their boats - can be downloaded from the site.

The deadline for competition entries is May 31.

Youth Arts event

Do you have any budding dancers, artists or musicians in your unit? Or do your girls enjoy exhibitions and performances? If so, then the National Youth Arts Festival in Ilfracombe, Devon, may be just

the thing.

The annual event runs from July 7-12. It provides a unique platform for youth Arts and attracts young people aged 14-25 from all over the UK.

Registration costs £10 and gives participants free entry to workshops and youth groups' performances, plus the opportunity to display work.

For a Festival information pack, call 01271 862419 or visit the web site at: www.nyaf.org.uk



A dance group performing at last year's National Youth Arts Festival

The residential opportunities listed below are open to any Association member – Guiders, Senior Section members, Commissioners, Guides or Brownies – as relevant. For more details of content and cost please phone the appropriate centre.

TRAINING AND ACTIVITY CENTRES

01686 688204

Taste of Guides — training for Brownies aged 9+

May 10-12

Available for booking July 19-21

Available for booking

July 26-28

A camp for Guides without

their Guiders

July 26 -29

HAUTBOIS 01603 737357

Guiding is moving on training weekend

April 12-14 Teens plus training weekend

April 26-28

Adventure Out training May 3-5

Singing weekend

June 21-23

FOXLEASE 02380 282638

GAINING International training weekend

May 10-12

Self-esteem - for all section Guiders

May 17-19

Brownies with Guiders Golden Jubilee theme

May 31-June 4

A Natural Break - enjoy the surroundings of Foxlease

June 7-9

Rainbow Guiders training

June 7-9

District Groups: Team-building and section sessions

June 21-13

Guide Activity week: Adventurous activities

July 22-26

WADDOW 01200 423186 B-P Challenge Adventure

Open days for County Commissioners, Programme and Train- Programme and Training Advising Advisers, Outdoor Advisers ers: Your role in the County

May 25-26

BRONEIRION Responding to young women June 7-9

Knotting workshop

June 7-9

A taste of Guides for Brownies aged 9+ and their Guiders

July 19-21

B-P Challenge Adventure

July 19-21

BLACKLAND FARM 01342 810493

Beginners' rock-climbing

May 25-26

Guide Association Climbing Scheme Level 2 training

June 8-9

B.C.U. 1 and 2 star kayak

June 8-9

B.C.U. 1 and 2 star kayak

July 6-7

Beginners' rock-climbing

July 13-14

GNAS Leader Award Module A

July 19-21

GNAS Leader Award Module B July 27-28

Improvers' rock-climbing

July 27-28

Beginners' rock-climbing

August 10-11

LORNE 028 90 423 180

Five alive (10-12 years)

April 26-28

Musical madness

May 10-12

NETHERURD 01968 682208

Community action — members, Lones and International Advisers

May 24-26

Patrols in Action — training for adults and Patrol leaders

June 7-9

July 5-7

Aug 30-Sept 1

ASSOCIATION NEWS ASSOCIATION

NATIONAL YOUTH ARTS FESTIVAL

olden Jubilee items

Whe not mark The Queen's Golden Jubilee with a specially designed Guide Association badge — and help members in Gummonwealth countries at the same time.

Golden Jubilee badges are still available from the Trading

Strice £1.95; woven badge,

2015, price 11.95; woven badg

Hiteen pence from the sale of early badge will support members from Commonwealth countries who are attending Ma-Buyu — the Association's Commonwealth youth forum. So far, nearly 138,000 has been raised.

Golden Jubilee mugs are also available from the Trading Service, order code 2007, price £5.



Jubilee celebrations

Every girl dreams of becoming a princess and now you can help to make that dream come true. To celebrate The Queen's Golden Jubilee, a residential event for Brownies and their Guiders will be held from May 31 to June 4 at Foxlease.

As well as becoming a princess for the day, the girls will be able to have fun with challenges, games, crafts, music and a street party. Guiders accompanying their girls do not need to have a Residential Qualification.

For more information about the event, please call Foxlease on 02380 282638.

Trading Service

To order from Trading Service or for further information about goods, please contact *GUIDING ESSENTIALS* on our 24-hour answering service or by fax or e-mail.



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Alternatively, shop online for your essential Guiding resources and keep up to date with new products at

www.guidingessential.org.uk

For details of your local depot call freephone 0800 838227.

ASSOCIATION NEWS ASSOCIATION

Sparkling exhibition

A dazzling collection of tiaras, including the one worn by The Queen on her wedding day, will be at the V&A museum, London, until July 14.

The collection ranges from the 18th Century to the present day. Celebrity tiaras include those lent by Elton John and Joanna Lumley.

For more information, please call 020 7942 2000 or visit the web site at: www.vam.ac.uk

Summer volunteers

Are any of the girls in your unit working towards the Duke of Edinburgh Gold award? Do they need to find somewhere to complete their residential week? If so, Woodlarks camp site, Surrey, might be just the place.

Each summer the site welcomes volunteer helpers to work with disabled people on week-long camping holidays. You don't have to be doing a Duke of Edinburgh award — anyone can apply to become a volunteer helper.



Woodlarks camp site welcomes volunteer helpers throughout the summer

Experienced helpers are on hand to give support and guidance to new volunteers to ensure that their week at Woodlarks is enjoyable.

For more information, please call 01252 716279 or e-mail: woodlarks1@aol.com.

Record your history

Youth groups are being given the chance to make history on television through 'Our History My Heritage', a UK- wide initiative encouraging young people to research and record their own local history.

Created by The History Channel and English Heritage, 'Our History My Heritage' is open to young people aged five to 20. All entries that are submitted by June 28 will contribute to a unique web-based archive and entrants will have the chance to have their project made in to a two-minute programme for The History Channel.

For an entry form, please call 0845 450 1144, or visit the web site at: www.ourhistorymyheritage.co.uk

Dinosaurs exhibition



Dinosaurs may have been extinct for millions of years but now they're back — at The Museum of Science and Industry, Manchester, until June 9.

The all-new 'Dinosaurs — They're Back' exhibition features huge, animated dinosaurs that move and roar amid an eerie, desert landscape.

For more information call 0161 832 2244 or visit the web site at: www.msim.org.uk

Supporting role

Bev Stephenson is offering new opportunities and support for Senior Section members

Supporting the Innovate Planning Team as they organise this year's youth forum is just one of the tasks of the Association's Senior Section Adviser, Bev Stephenson.

Bey, who runs a Senior Section unit in Somerset, is looking forward to the event, which takes place in London this June. She said, 'Innovate is a fantastic opportunity for Senior Section members to take part in an event that helps to shape the future of the Association. I am actively promoting it.'

Open opportunities

Bev is responsible for providing and developing the Senior Section Programme so that it meets the needs of this age group, as well as meeting the Association's plans and objectives. She ensures that the views of Senior Section members are heard and included, and supports Senior Section Guiders in delivering the programme at

a local level.

Bev works directly with Senior Section members and their Guiders to create the widest possible range of opportunities for the Senior Section. 'It's what I enjoy most about the role,' she said. 'It's great to be able to share experiences and develop good practice throughout the UK.'

Bev is also the Young Leader Adviser for her Division and, having recently finished a five-year term of office as Senior Section Adviser for Somerset, she's ready to represent the views of Senior Section members across the UK.

Association projects

During her three-year term of office, Bev will be working on a number of ongoing Association initiatives, including the development of the Senior Section pages

on the web site, the running of the Senior Section editorial group – which was formed to encourage more Senior Section members to contribute to *Guiding magazine* – and the Peer Educator programme.

Bev will also be involved in the evaluation of

Energy weekends – events for Senior Section members and their Guiders – and will help to develop a process to review the Look Wider file.

Guiding skills

Bev has been a member of The Guide Association since joining a Brownie Pack on the Isle of Wight, aged seven. As a Guide, she gained her Baden-Powell Award before going on to become a Young Leader. While at university, Bev lost touch with Guiding. Following graduation and a move to Somerset, she offered to help out with a local Brownie Pack and has been an active member ever since.

Many of her Guiding skills come in useful in her job as the Project Manager for Westland Helicopters in Yeovil, Somerset. There she delivers various aspects of a training programme. 'I use skills in my everyday job that I have developed in Guiding, such as leadership, teamwork and organisation,' she said. 'I also find that my experiences at work are useful in my Guiding life.'

Relevant programme

Bev was appointed Senior Section Adviser by the Chief Guide, following discussions and consultations with members of the Programme team at CHQ, Bev's County and Region Commissioners and the Programme Group — a sub group of the Guiding Development Committee.

In her role, Bev works closely with a similarly diverse range of people: the Programme, Adult Support and International teams at CHQ, as well as County and Region Senior Section Advisers.

Bev's main aim during her term of office is to ensure that the programme continues to cater for the needs of the age group. 'I hope to keep the Senior Section programme current and relevant to young women today by making sure that we continue to develop it through the coming years,' she said. 'I want to ensure that the Senior Section becomes truly integrated with Rangers, Young Leaders and young Guiders, so that together they can participate in the opportunities open to them.'

• See page 5 for more information about this year's Innovate and booking details. For a booking form, please refer to page 10 of March's *Guiding magazine*.



Bev Stephenson is responsible for developing the Senior Section programme

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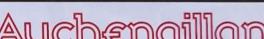
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Set in stone

Hollie Clark made her Promise in a very important spot last summer.

The newest member of the 10th Leamington (St Mark's) Guides made her Promise next to the Baden-Powell memorial stone on Brownsea Island. The unit was camping nearby at Foxlease.



Feathered fun

The 3rd and 5th East Leake Brownies went on a Brownie holiday with a difference.

They decided that their week camping at Elton, Nottinghamshire, would have a Harry Potter theme.

The girls are pictured with a reallife Hedwig at the Baytree Owl Centre. They also made witches' hats, wands and broomsticks. It was a magical week!



Nordic novelty!

Ranger Kelly Hall was determined to buy a Viking helmet when she attended Scout 2001, a jamboree in Sweden.

Travelling with other girls from her unit, the 1st Tutbury Rangers, Staffordshire, she was among 26,000 participants at the event. Kelly made sure she stood out in the crowd!

Our heritage

As we celebrate the Golden Jubilee, it might be a good opportunity to use our programme to revive an interest in our national heritage.

I have been reminded lately how little many of our younger generation know about this. I was saddened on Remembrance Sunday to notice that Guides needed to read the words of the National Anthem, even though only the first verse was used. A week later, when visiting a Guide meeting, I was grieved that, although an effort had been made to take note of Remembrance Sunday, the noticeboard showed four drawings of the Union Flag and not one of them was accurate.

These days we all have to fall over backwards to be 'politically correct' but surely we do not have to submerge all knowledge or - dare I say it - pride in our country.

Jessie M. Wainwright The Trefoil Guild Leicestershire

Baby Brownies

I have been a Brownie Guider for almost 15 years but have yet to find a satisfactory term for a pre-Promise Brownie. There seems to be no mention of this in The Guiding Manual, Guider Handbook or Brownie Handbook.

In my previous District these girls were Browniekins and in my current area the term Tweenies is commonly used. Both of these sound rather babyish and outdated. 'Recruit' sounds a bit militaristic, but I am at a loss to think of any alternative.

It would be nice if there was a oneword generic term for this group of girls who are not yet Brownies. Perhaps other Brownie Guiders can come up with possible suggestions of what to call them?

> Rosemary Burchett Brownie Guider 1st Brede Brownies E Sussex

Challenge update

Thank you for the overwhelming response - over 160 units so far - to my letter in January's issue of Guiding magazine regarding the Rainbow Challenge 'People who help us'. Hopefully you are enjoying the challenge, but if you have not yet received your copy, then it may be because some units forgot to put a return address in with their request!

Cloth badges are ready to be made - at a cost of £1 each - so please ensure your order and payment, cheques made payable to 1st Newent Rainbows, is placed no later than May 31 using the order form in the Challenge pack.

> Frances Beavis 1st Newent Rainbows c/o 33 Lakeside Newent Gloucestershire GL18 1SZ

Off the cuff

A new Senior Section uniform at last! I looked with excitement at the February issue of Guiding magazine - and then with disappointment.

On the subject of uniforms, many Guiders are over 35 and also over size 14. Every polo shirt that has featured in the uniform has very short sleeves - not only short, but with a ribbed cuff. This must surely be the most unflattering style of all. Why don't they make longer sleeves without a cuff? How much more comfortable and attractive for us all, no matter what shape, size or age!

Penny Bones Guide Guider 1st Wadhurst Guides East Sussex

LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS

SNEWS AND VIEWSNEWS AND VIEWSNEWS

Global reach

Charnwood 2001, the Leicestershire Guides and Scouts International Camp, welcomed participants from 16 countries last summer.

They enjoyed a full programme of activities and met other young people from all over the world. There was the Eco Village to explore, It's a Knockout-style games, archery, fencing and mountain-biking.

As if that wasn't enough to keep everyone at the camp busy, a disco and entertainments were held every night in the marquee!



JIM HARRISON

Glad as a hatter!

Leoni and India of the 1st Bradden Brownies had a great time at the Greens Norton village show.

They were delighted when they won the 'Make a paper hat' competition. Here they are modelling their winning creations.



Stick with it!

Helen Ashcroft and Daniella Clarke of the 2nd Lymm Guides enjoyed a taste of the outdoors at the Go For It! Division training day in Pettypool, Cheshire.

The girls worked towards their Go For It! I Will Survive! and ate some scrummy food cooked over an open fire.

Reduced Rangers?

There is ambiguity in the Ranger unit 2002 census form. The instructions state: 'Senior Section members who have more than one role, eg. are also a Young Leader or Guider, should be counted and paid for in the unit where they have a leadership role.'

Many Ranger units have members who are also Young Leaders and/or young Guiders. If the instructions are followed then those members who are also Young Leaders or Guiders will not be shown as Rangers. Therefore the census for the year 2002 will show a considerable reduction in Ranger numbers.

I hope that this is not intended to phase out Rangers. We are registered as a Ranger unit and have a considerable number of members, some of whom are active in leadership as well as in other Ranger activities. How will the final national census figures reflect this anomaly?

Joan Wisdish Guider Beaston & Chilwell Ranger unit Nottinghamshire

From Otley to Africa

We are the 1st Burley in Wharfedale Brownies. In 2000 we took part in Book Aid. We collected lots of books and raised money to buy more children' books. We sent money to CHQ to help towards transporting books.

Imagine our surprise when Lyn Walker, who works for Farm Orphan Trust in Zimbabwe, contacted one of our local papers to say thank you for the books. Lyn Walker used to live in nearby Otley. We had placed book plates in all our books, so she knew where they had come from.

The paper traced our Brown Owl who provided background on the Book Aid appeal. They ran an article about our Pack. The paper gave us the e-mail address for Walker, who we have contacted. She is setting up a link for us with a primary school in Mutare. We intend to write to them regularly.

We have sent World Thinking Day cards and we are about to put pen to paper to write our first letters.

> Annette Hattersley 1st Burley in Wharfedale Brownies West Yorkshire

Celebrations appeals

I am Brown Owl for the 1st Netley Abbey Brownie Pack. We will be celebrating our 80th birthday on Saturday May 11 and would love to locate some ex-Brownies from our Pack.

If anyone out there would like to join in

the fun, or just write to me, our present Pack would love to hear from you.

Lynda Crotty 1st Netley Abbey Brownies Southampton

e-mail: sunnyside@lcrotty.freeserve.co.uk You can also write to Lynda c/o Guiding magazine

Next spring, the 1st Bitterne Park (Church of Ascension) Guides and Brownies will be celebrating their 75th anniversary.

I am currently researching the history of the units. If any reader associated with the units in the past could supply information or memorabilia, I would be grateful.

Please write to the address below:

Beryl Cross 127 Athelstan Road Bitterne Southampton SO19 4DG

The 1st Whyteleafe Brownies will be celebrating their 50th birthday throughout the year, with a special celebration for all past members in October.

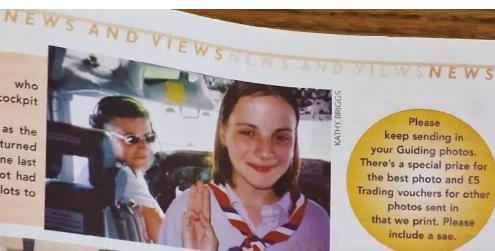
Anyone who was a Brownie or leader between 1952 and now should contact me on 07860 383918 as soon as possible.

Caroline Heslop Brownie Guider 1st Whyteleafe Brownies

LETTERSLETTERSLETTERSLETTERSLETTERSLETTERSLETTERSLET

honour

Caroline Gillham. a Ranger in a cockpit feet above Hungary! yone was flying high as the Woodford Rangers returned a jamboree in the Ukraine last of The pilot and co-pilot had heen Cubs so they had lots to bout with the girls.



Please keep sending in your Guiding photos. There's a special prize for the best photo and £5 Trading vouchers for other

photos sent in that we print. Please include a sae.



Potty party

These trendy artists are members of the 1st Llanharan Rainbows, in Wales. Last summer, the unit attended a pottery party at the Amelia Trust Farm.

These two girls were pleased with their finished products. They loved getting their hands mucky with some very squelchy clay!

Dylon dye kits

Looking for crafty ways to spend rainy April days? Wash-Away and Tie-Dye Kit are two new products from Dylon that are specifically formulated for children but promise fun for adults, too!

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pen and stencils are included.



Guiding magazine has 16 kits - eight boxes of each prod-

uct - to give away. For a chance to win one, simply send the answer to the question below (stating which product you would prefer), along with your details, to Guiding magazine/Dylon Kits to the address on page 3, or e-mail: guiding@guides.org.uk.

For more information visit the Dylon web site at www.dylon.co.uk

All entries must arrive before April 28

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Following its broadcast in 1981, Brian Sibley's production became one of the best-selling audio titles of all time. It is now edited into three instalments, with part one boasting new opening and closing narrations read by Ian Holm. Michael Hordern and Robert Stephens are also among the strong cast.

The dramatisation is now available from BBC Radio Collection on audio cassette and CD. For more product

information, call 020 8433 2236 or visit the web site at www.bbcshop.com

Guiding magazine has five copies of the CD 'Part One: The Fellowship of the Ring', worth £24.99 each, to give away.

For a chance to win one, send your answer to the question below, along with your details, to Guiding magazine/Lord of the Rings to the address on page 3. Alternatively, e-mail: guiding@guides.org.uk.



All entries must arrive before April 28

Who wrote the novel The Lord of the Rings?

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Be prepared

How would your girls react in an emergency? Rainbow Guider Angela Prescott, of the 3rd Roundhay Rainbows, tested her girls on their knowledge of emergency procedures to find out. During one of their Rainbow meetings, they pretended to be telephone operators and injured relatives.

After learning their addresses, the Rainbows took part in set up situations that included calling the emergency operator, giving their names and addresses and describing the problem. They also learned

not to replace the receiver so that the call could be traced.

The girls left the meeting armed with tips about how to prevent emergencies by picking up their toys, locking doors securely and knowing how to spot a burglar.



World selection

Members in Birmingham recently held a weekend selection camp for girls to go on international trips this year.



The participants enjoyed themselves - although they were really put through their paces. Activities included cooking outdoors and hiking and one morning the girls were woken at dawn for an early morning trek!

From the 26 girls who attended, Sarah Heap and Emma From the 20 girls My chosen to represent Birmingham at the 20th World Scout Jamboree in Thailand. This will take place over this year's Christmas and New Year period.

Diving to meet you

A group of very excited Guides went to the Dive 2001 Exhibition at the NEC in Birmingham. The ten girls from 1st Wilnecote and the 1st Hopwas Guide units in Tamworth, Staffordshire, met Jean-Michel Cousteau, son of the famous diver, Jacques. The girls asked him lots of questions and posed for a press photo shoot.

Jean-Michel spoke about his work with the Ocean Futures Society, an organisation committed to educating young people

about conservation of the world's oceans.

also They went scuba diving in the Try-Dive Pool, where they were joined by the Scuba Rangers from



Leamington Spa. One Guide was even interviewed by a reporter in the Try-Dive Pool and appeared on TV!

All of the girls had a brilliant day at the exhibition and even managed to get a photograph of Jean-Michel holding their Guiding Bug!

Treloar's

leading centre for education, therapy and care of young people with physical disabilities. reloar School and College are both near Alton,

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or e-mail personnel@treloar.org.uk

To apply; please telephone The HR Department on 01420 526407

> The HR Department, Treloar Trust, Upper Froyle, Alton, Hants, GU34 4JX.

The Treloar Trust, responsible for the School and College, is an equal opportunities employer. Registered charity number 307103

The Heritage Cer Spring into action at The Heritage Centre - there are loads of fun activities to try and do! Regular opening hours Wednesday to Saturday during term time. Monday to Saturday during school holidays. Prices Standard visit - two hours, £3.80 per head. Extended visit - three hours, £5.75 per head. Sleepover - £20 (first three adults will be rged 13 Watch out for our programme of Sunday events coming in the autumn! Sleepovers are available every Friday night, and weekdays during school holidays (minimum group size for sleepovers is 24, maximum 40).

Full access for the disabled and baby changing facilities. The Heritage Centre, 17-19 Buckingham Palace Road, London SW1W OPT. Call 020 7592 1818 for information and bookings.

ie rescue

WS AND VIEWSNEWS AND VIEWSNEWS scale Methodist Brownies, Cumbria, recently took ack rescue organised by their local rescue service. ds were invited to visit Wasdale Mountain Rescue duarters after they entered a competition to design logo. After a tour around the control room the girls to work. An incident was staged, with Assistant lice Bradshaw playing the casualty. Some Brownies

manned the radio while others assessed the incident. The group at HQ actually attended the scene in an ambulance!

The girls practised their first-aid skills on Alice before placing her in a 'casualty bag' on a stretcher.

Everyone had a brilliant time learning about this important local service.

Kiwi Guiding

Tear

the to

Fiona Hopper, an Assis-Brownie Guider Fife, Scotland, worked with a Brownie Pack from New Zealand



The adventurous Guider, who was on a six-month trip trayelling the country, joined the Devonport Brownie Pack, Auckland, as a member of their service team

She shared in the planning of Pack meetings and organised activities and games. The highlight was the Brownie holiday to a nearby outdoor Education Centre, which she organised, where activities included bush walking and rope courses.

Fiona had the trip of a lifetime, describing New Zealand as a place of outstanding scenery, where Guiding had a fresh outlook and comfortable pace. Her trip confirmed that Guiders are part of one large international family.

Golden girls

Women who have participated in GOLD (Guiding Overseas Linked with Development) gathered in Birmingham to take part in a special ten-year reunion recently.

The proceedings kicked off in the early afternoon when everyone had a chance to chat

about experiences and exchange photos. There were also games and a cake-cutting ceremony, with three GOLD Coordinators and the Deputy International Adviser each cutting a slice.

In the evening everyone dressed in gold for a glittering party. There were gold wigs, gold dresses, gold shoelaces and even party-goers dressed as gold fairies!

The event gave everyone the chance to reflect on what GOLD has meant to them. They were certainly in agreement about one thing: they are a group of women who make the most of every opportunity.

Theme park tickets

There are lots of new rides at Alton Towers, Chessington World of Adventures and Thorpe Park.

'Air' at Alton Towers is a unique suspended rollercoaster that offers the sensation of flying. Thorpe Park boasts 'Colossus', the world's first ten-looping roller coaster, while Chessington has 'Vampire', the new suspended coaster. All parks also offer plenty of rides for younger girls.



Guiding magazine has three family tickets, one for each of the parks, worth at least £52 each, to give away. For a chance to win one, answer the question below and send your entry, along with your details, to Guiding magazine/Theme park to the address on page three, or e-mail: guiding@guides.org.uk. Please state your preferred choice of theme park.

For more information or to book tickets, contact Alton Towerson: 08705 204060 or www.altontowers.com, Thorpe Park on 0870 444 4466 or www.thorpepark.com and Chessington World of Adventures 444 7777 0870 on

www.chessington.com

The closing date for entries is April 28.

How many loops does Colossus have?

In May's

Developing skills

Girls as advocates — how WAGGGS empowers members to lobby on issues affecting young women worldwide.

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Learn all about conflict resolution with our latest Motivate pull-out, especially for adult leaders.

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