

Guiding

m a g a z i n e

JULY 2002 £1.40

**Girls go to
work**



Girlguiding UK



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07

**Don't miss
the BIG GIG**



MOOSE AZIM

Contact information:



Girlguiding UK

Welcome

BIG GIG 2002

Yes! It's the news you have all been waiting for, tickets for BIG GIG 2002, to be held at London's Wembley Arena, are now on sale.

Judging by the phenomenal success of last year's pop concert, tickets are bound to be selling fast, so don't let your unit miss out on this fantastic non-uniform event — turn to page 10 for details of how to book. We will keep you informed of any further details as soon as we get them and you can also check our web site for regular updates.

If you haven't surfed on in to the new-look web site yet, it's about time you did! Turn to page 25 to find out exactly how popular it has been since the re-launch at the beginning of April and how you can subscribe to the special Girlguiding UK eUpdate.

We have lots of other surprises in store for you this month. Girlguiding UK is supporting The Body Shop in its new Choose Positive Energy campaign — turn to page 8 to find out more. We are also joining forces with UNICEF to produce a free pumpkin-themed activity pack that will help to raise awareness of world poverty — read the special feature on pages 26/27 to find out how your unit can obtain one.

FRONT COVER

Our happy cover girls are enjoying the Summer

FRONT COVER PHOTOGRAPHER: MOOSE AZIM



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ACTIVATE

In this month's action-packed Activate, girls can foil a plan to steal the Crown Jewels and visit Italy — all without leaving your meeting place!

Guiding magazine

17-19 Buckingham Palace Road, London SW1W 0PT

VOLUME 90 NUMBER 7
JULY 2002 £1.40

The official magazine of The Guide Association (incorporated by Royal Charter) Published on the last Thursday of every month. ISSN 0265-2706
The views expressed in *Guiding magazine* are not necessarily endorsed by The Guide Association. Registered charity number 306016.

Patrons: HM The Queen; HM Queen Elizabeth, The Queen Mother 1937-2002. President 1965-2002: HRH The Princess Margaret, Countess of Snowdon. World Chief Guide 1930-1977: Olive, Lady Baden-Powell GBE. Chief Guide: Jenny Leach.

Acting Publications Manager: Jan Clappett. **Acting Editor:** Victoria Wheeler. **Assistant Editor:** Catherine Slater. **Sub Editor:** Colette Maude. **Editorial Assistant:** Kate Fenning. **Photo Researcher:** Jo Strange.

Design Team Manager: Gillian Webb. **Studio:** Jade Garner, Cathy Summers, Sarah Melrose, Heather Peters.

Production Manager: Stuart Poole.

Published by: The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.
Tel: 020 7834 6242 **Fax:** 020 7828 8317.

All editorial communications to the Editor, *Guiding magazine*, at the address above.

Advertisement Agency: Mongoose Media Ltd, 2 Lonsdale Road, London NW6 6RD. **Tel:** 020 7306 0300 **Fax:** 020 7306 0301. **Mongoose Sales Executive:** Neil Walklett. **Photographic Repro by:** Graphic Facilities. **Printed by:** St Ives PLC. **Distributors:** Seymour, Windsor House, 1270 London Road, Norbury, London SW16 4DH.

Subscriptions For all subscription enquiries write to: Girlguiding UK, PO Box 706, FREEPOST ANG7031, Bedford, MK45 5YG. **Tel:** 01509 676 539 **Fax:** 01525 716789 or e-mail: subscriptions@girlguiding.org.uk Cheques/POs should be made payable to The Guide Association.

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Note Copy for possible inclusion in October's *Guiding magazine* should reach CHQ by August 1. Anyone wishing to have photographs returned, must include a sae.

Guiding magazine e-mail address: guiding@girlguiding.org.uk

CHQ tel: 020 7834 6242 **CHQ e-mail address:** chq@girlguiding.org.uk

World Wide Web site address: <http://www.girlguiding.org.uk>

General insurance enquiries tel: 01737 783690; **Suretravel tel:** 01372 749191

BRIEF NEWS IN BRIEF NEWS

Association awards

The following members have been presented with their Laurel Award: Jane Bennett, former County Commissioner, Cornwall, and Jean Simpson, County Leadership Coordinator and County Trainer, Lancashire North West.

Kathleen Dell, County President for Hampshire East, and Lynda Allen, Island Commissioner for the Isle of Wight, have received their Silver Oak Leaf Brooch — a South West England Region Award.

SSAGO

Following the Annual General Meeting of the Student Scout and Guide Organisation (SSAGO), held in February, the handover meeting to the newly-elected committee took place at CHQ in March. Martin Whelan was elected as Chairperson.

For more information about SSAGO, e-mail exec@ssago.org.uk, visit the web site at www.ssago.org.uk or write to SSAGO, c/o Girlguiding UK, at the address on page 3.

International penfriends

Our post box secretary is having increasing problems linking up penfriends. We are, at present, unable to make links with the USA and Canada. We do hope to rectify this situation but, in the meantime, please ask those who have requested penfriends since January 2002 to be patient and to understand that a link may not be possible.

Walking training

The dates for the walking trainings advertised in April's issue of *Guiding magazine*, page 4, have been confirmed. The Level 2 assessment and Level 3 training in the Lake District will take place from **September 27-29**. The Level 2 training and/or assessment in South Wales will take place at Broneirion from **November 15-17**.

For more information, contact Pat Wheatley at CHQ on **020 7834 6242** ext 205 or e-mail patw@girlguiding.org.uk.

Sangam gathering

The Friends of Sangam annual gathering will take place from **September 27-29** at the West Glamorgan Guide Activity Centre, Parkmill, Swansea.

Members are invited to attend for a day or for the whole weekend.

For more information, please write to: Miss M. Wensley, 34a Fidas Road, Llanishen, Cardiff CF14 0ND.

Bunkhouse grant

Ross-shire County has re-opened its Bunkhouse thanks to a grant from the Lloyds TSB Foundation for Scotland.

The Bunkhouse, which is called Killearnan, was leased from the Highland Council in the 70s to provide organisations throughout the Highlands with affordable group accommodation. The grant of £3,600 has allowed the County to furnish the accommodation with beds for 32 visitors and to fit two showers.

Ross-shire County Commissioner, Fran Harrison, believes residential camps and holidays are an important part of growing up. She said, 'Our girls learn to live and share with others and develop new skills that only living together in this environment can bring.'

● Killearnan is available for group bookings. To make a booking, please call Wendy Stephen on **01463 870065**.



Inside the Bunkhouse: County Commissioner, Fran Harrison, with local Brownies

Chief Guide's Challenge

The Chief Guide's Challenge confirmation of completion form (S/CGC) is now available for free, directly from Trading Service, order code **6914**. It is also available as a downloadable document on the Girlguiding UK web site.

When a Senior Section member completes her Chief Guide's Challenge, the form needs to be completed and a copy sent to CHQ and the relevant Country or Region office. A copy also needs to be sent to the County Badge Secretary to obtain the badge and certificate.

For more information about this or any other Senior Section award, e-mail seniorsection@girlguiding.org.uk.

Peer Education

Senior Section members and Guiders who are interested in having their say about how Girlguiding UK should develop the Peer Education project are invited to attend a consultation.

Consultations will take place in July and August in London and Manchester. The aim is to identify a solution to how Girlguiding UK can build on the success of the current Peer Education project and develop a national scheme to deliver Peer Education in the future.

Your ideas and opinions are valued and needed to shape the future of Peer Education. If you are interested in attending either of the consultation days, please contact Marion Anslow at CHQ for further details. E-mail: mariona@girlguiding.org.uk.



LAURA CARTWRIGHT

Celebrating citizenship

Over 600 Girlguiding UK members attended a celebration of guiding and citizenship on May 21, in London.

The aim of the event, entitled *Creating a New Future*, was to celebrate the achievements of all members throughout 2001. The lively presentation included an introduction to the new name by the Chief Guide, Jenny Leach, and an overview of Girlguiding UK's research into girls and citizenship.

Girls and young women from all sections, including Brownies from the 7th Plumstead Pack and Guides from the 2nd Ramsey unit, took part in the celebration. Senior Section members

shared their experiences of taking part in the Commonwealth Community Action Challenge, participating in GOLD trips and becoming Peer Educators.

Multimedia displays included video footage of World Thinking Day events in Harrogate and Crystal Palace and footage from the Citizen's Forum in Birmingham, where over 100 girls gathered to take part in the Girls and Citizenship research.

● Look out for a full report about *Creating a New Future* — celebrating guiding and citizenship in August's *Guiding* magazine.

Childminder of the Year

Kim Griffiths, a leader with the 6th Headington Brownies and Guides, has been named Childminder of the Year 2001 by Fox FM, her local radio station.

Kim was nominated for the award, which is jointly run by Fox FM and the Oxfordshire County Council Education Department, by nine of the families whose children she looks after. Their reasons included being able to trust Kim with their children and the extra activities, such as sports days and Christmas parties, that Kim arranges for the children and their parents.

Kim was very pleased when she found out she'd won the award. She said, 'I couldn't believe it. I've been doing the job for 15 years, so it's nice to be recognised by the parents. It made me feel very special.'

Kim was presented with her award at a gala dinner held in a local hotel. She has now been put forward for a regional childminding award.



TRACEY JACOB

Kim Griffiths shows off her Childminder of the Year award

Service to guiding

Princess Margaret's work with the Association is to be honoured



Girlguiding UK was privileged to have almost 100 places at the memorial service for Princess Margaret, held in Westminster Abbey on April 19.

Guiders came from across the UK to be part of the group paying their respects and giving thanks for the life of the Association's President, on behalf of all members. As well as those currently active in guiding, including recent Queen's Guides, there were former Chief Commissioners (the old name for Chief Guides) present who had worked closely with the President. Everyone had fond memories of time spent with her.

The service was carried out in accordance with Princess Margaret's exact wishes and included the combined Choirs of Westminster Abbey, King's College, Cambridge, and St George's Chapel, Windsor. There were two outstanding solo contributions from Dame Felicity Lott DBE and Bryn Terfel.

Princess Margaret's son, Lord Linley, read the Lesson, from 1 Corinthians 15, and Felicity Kendal read from *Some Fruits of Solitude* by William Penn.

After the service, members were invited to a lunch at CHQ. The Chief Guide thanked everyone for their attendance and launched a memorial fund in honour of Princess Margaret's service to guiding. Further details about the fund are below.

The Princess Margaret Fund

The Princess Margaret Fund has been established at the request of Girlguiding UK members in honour and recognition of her services to guiding.

The money raised will be used to enhance the activities and facilities on offer to girls and young women at Blackland Farm, Broneirion, Foxlease, Hautbois, Netherurd and Waddow — Girlguiding UK's activity centres.

Contributions to the fund will be welcome up to **February 22, 2003**. Cheques should be made payable to 'The Guide Association (The Princess Margaret Fund)'. If you would like to make a contribution, please complete the form below and return it with your donation to: **The Princess Margaret Fund, Girlguiding UK, 17-19 Buckingham Palace Road, London SW1W 0PT.**

HRH The Princess Margaret Fund

I would like to make a contribution to the fund in memory of our President.

I enclose a cheque for £ _____

Please charge my credit card/debit card* for £ _____

*delete as applicable

Credit/debit card number

Expiry date ____ / ____ issue no (debit card) ____

(if paying by credit/debit card please sign)

Signed _____ Date _____

If you are a taxpayer, by signing below your gift will be increased by 28p in the pound, through Gift Aid.

Gift Aid declaration

I want the charity to treat this donation as a Gift Aid donation.

Signed _____ Date _____

Name _____

Address _____

Postcode _____

Please feel free to photocopy this form

A matter of time

By Denise Yates
MER Committee member

Two new packs offer busy Guiders advice on how to recruit helpers

How many times have you read articles about recruitment initiatives? As a unit Guider, do you say to yourself: 'That sounds good but when will I have the time to do it?'.

At this point, you probably stop reading and get on with the job of running your unit. But how many times have you also wished you had a bit of extra help — with the accounts, for example, or to run craft activities or games?

In conjunction with this year's Reach Out and Recruit, two resources are being produced to help unit Guiders who need more help but don't know where to start. *How to Involve Parents* and *How to Involve Students* are two small packs, each containing essential information and resources.

They have been written and tested by busy Guiders with their own units. The packs are aimed at other Guiders who don't want theories — just practical ideas that can be taken off the shelf and used.

Both packs contain lots of useful material. *How to Involve Parents* includes:

- Frequently asked questions from parents (including the answers!)
- Templates for letters and rotas.

How to Involve Students includes:

- How to contact colleges and universities
- Tips and ideas for successful Freshers' Fairs
- Template stickers to go on giveaway items.

Both packs will be available in time for Reach Out and Recruit in September.

- How have you persuaded parents or students to help? If you have some good examples, please get in touch with Nicola Paisley, Membership Development Manager, on 020 7834 6242 or e-mail NicolaP@girlguiding.org.uk.

New leaflets

The current series of recruitment leaflets is getting a fresh new look relating to the new identity. They will be available free (excluding postage) from Trading Service this summer.

To support this year's Reach Out and Recruit campaign, two new leaflets are being introduced. Specifically designed to appeal to students and parents, they outline the variety and flexibility of the roles available in guiding. They also show students and parents how they can benefit from volunteering.

A final word — don't forget that the promotional coasters are now available from Trading Service, order code 2977, price £2.50 for 100 coasters.



Best of all worlds

Johannesburg hosts the World
Summit on Sustainable
Development next month

Reprinted courtesy of the World
Association of Girl Guides and Girl
Scouts, Our World News

Johannesburg Summit 2002 will bring together tens of thousands of participants, including governments, non-governmental organisations, businesses and other members of civil society. The Summit, which runs from August 26 to September 4, will focus the world's attention on actions to achieve sustainable development.

The Summit will also evaluate what has been achieved since the 1992 Earth Summit in Rio de Janeiro. This resulted in Agenda 21, which addressed the pressing environmental problems of the day, aiming to prepare the world for the environmental challenges of the 21st Century.

*'The Johannesburg Summit
aims to find practical ways for humanity
to respond to both these challenges —
to better the lives of **all** human beings, while
protecting the environment.'*

Kofi Annan

United Nations Secretary-General

What can we do?

- Use the Earth Summit 2002 activities that were published in May's *Activate*.
- Find out what our Government is doing in preparation for the Johannesburg Summit and see if there is still time for you to get involved.
- Get involved with the Choose Positive Energy campaign (see opposite page for details).
- Think back to the Environment Challenge. Over 10,000 units took part in recycling 600,000 aluminium cans and planting enough trees to cover 15 football pitches. Are you still recycling cans and saving energy in your home? Carry on the environment theme in your unit to raise awareness of the aims of the Summit.



World challenges

Sustainable development calls for improving the quality of life for all of the world's people without increasing the use of our natural resources beyond the Earth's capacity.

Some of the most important challenges facing the world today include:

- Alleviating poverty
- Improving the ability of all countries to meet the challenges of globalisation
- Promoting responsible consumption and production patterns
- Ensuring that all people have access to the energy sources needed to improve their lives
- Reducing environment-related health problems
- Improving access to clean water.

All around the world, regional meetings are taking place in preparation for the Johannesburg Summit. A global Preparatory Committee is also holding four meetings in New York. Finally, participants will gather in Johannesburg to share their commitment to making sustainable development a global reality.

The role of WAGGGS

Members of WAGGGS have already been very involved in the planning for Johannesburg. The Girl Guides Association of South Africa will participate in the event itself and is hoping to lead a workshop or panel.

The Federação de Bandeirantes do Brasil (The Guide Federation of Brazil) attended a regional meeting in October last year.

WAGGGS representatives at the UN in Paris, Nairobi and New York have all been involved in the UN's preparation for the World Summit on Sustainable Development.

The energy revolution

Across the world, a quiet revolution is happening, one that could benefit everybody. It's the renewable energy revolution — that is, wind and solar energy. Girlguiding UK is currently supporting The Body Shop's Choose Positive Energy campaign, which is lobbying world leaders to promote renewable energy resources.

We take for granted the fact that at the flick of a switch we can turn on our lights when we want to, boil the kettle to make a cup of tea or watch the television. But have you ever taken a moment to think about how this energy, that gives us so much freedom, is generated?

The fossil fuels oil, coal and gas generate electricity, but they are also, quite literally, cooking our world to death. It has reached a point where we can no longer guarantee a future safe from the impacts of global warming for our children and grandchildren.

There are two billion people in the developing world today who do not have the energy for lighting, cooking or many of the activities — fuelled by electricity — that we take for granted. To address the problem,

the Choose Positive Energy campaign has been launched by The Body Shop and Greenpeace. It aims to secure a commitment from world leaders at the United Nations World Summit on Sustainable Development, to bring energy to those two billion by the year 2012.

John Morrison, Head of Campaigns for The Body Shop, is asking people to support Choose Positive Energy by signing the petition that will be sent to the world leaders at the Summit. To date, over 500,000 signatures have already been collected from countries across the world, including the UK, Taiwan and Canada.

● You can find out more about the Choose Positive Energy campaign and sign the petition, by logging on to the web site at www.choose-positive-energy.org. You can also call The Body Shop's campaign team on 01903 731500.



Find out more

- You can keep in touch with what is happening at the Johannesburg Summit 2002 by logging on to the official World Summit web site. Visit the site at www.johannesburgsummit.org
- Peace Child International is a UK-registered charity that aims to empower children into taking responsibility for their planet. They have put together a child-friendly book called *Rescue Mission 2002* that explains all of the major United Nations ideas since the Rio Earth Summit and Agenda 21. The book will be available from the end of August. For more information, and to place an order, log on to the web site at www.peacechild.org/rescue2002. You can also call 0176 327 4459 or e-mail rescue2002@peacechild.org.
- The Council for Environmental Education has its own web site where you can find out more about education for sustainable development. Visit the site at www.cee.org.uk

Assistant Manager

Blackland Farm, West Sussex

Girlguiding UK is the UK's largest organisation for girls and young women. At Blackland Farm, we offer the opportunity for camping and outdoor adventurous activities such as abseiling, kayaking, canoeing, archery and swimming.

As Assistant Manager you would join a small team responsible for the effective running of the centre, ensuring that all our customers have a good experience and receive a high level of service. You would manage our team of Activity Instructors, who work with us throughout the year to provide a range of exciting activities. We also receive visitors from other local youth groups and schools.

Ideally, you should have experience of leading a team in a customer-focused service, preferably in the leisure industry. Experience of working in a similar outdoor adventure environment is essential. You will have worked within business and budget plans and be used to contributing to the building of the service provided. You must enjoy lots of contact with customers and be able to handle projects and routine work well. Coaching qualifications in the activities offered would be an advantage.

You will be required to act as 'duty manager' on a rota basis, so you need to be able to work flexible hours, including evenings and weekends. This is compensated with time off in lieu.

Salary: circa £17,750

For further information, and for an application pack, please call Personnel on 020 7592 1836 or e-mail personnel@girlguiding.org.uk.

Closing date: July 15

Registered Charity no. 306016

Let me hear you scream!

BIG GIG

2002



Girlguiding UK



Wembley
ARENA

EXCLUSIVE
MEMBERS-ONLY
CONCERT

NOT TO BE
MISSED

The fourth exclusive Girlguiding UK BIG GIG at Wembley Arena is set to get everyone bopping on November 9, 2002. So put on your party gear* and get on down!

Bigger and better than 2001, keep an eye on the web site for information – you never know which pop idols might be making their Promise on stage this year!

*This is a non-uniform event

Saturday November 9, 2002 @ Wembley, London 5pm-8pm

Tickets cost £15 plus booking fee

If you have any queries please e-mail biggig@girlguiding.org.uk or call Vicky Lorimer on 020 7834 6242

Booking details

By Post

Name of unit

Total number of adults Girls

Total number of tickets

Group organiser

Contact tel

Address

No. of coach parking spaces required

(Coach parking costs £20 per coach pass)

Tickets are £15 plus a 95p booking fee for bookings of 1-19.

For bookings of 20+ there is a £5 flat booking fee.

There is an additional charge of £1 on each transaction.

Please make cheques payable to 'WTS Box Office'.

Overall total £

(Tickets + relevant booking fee + transaction charge, plus the cost of coach pass(es), if required)

By phone

For group bookings, or bookings for people with disabilities call **0870 735 1999**.

For bookings of less than 20 call **0870 733 3389**.

Please note: The tickets will be sold on a first come, first served basis. If the concert has sold out, your cheque will be returned.

If any of your party has special needs, please leave a daytime telephone number where you can be reached in order to discuss specific arrangements.

Daytime tel

Please feel free to photocopy this form for other Guiders, or download it from www.girlguiding.org.uk

Return this form to: Guides Box Office, PO Box 111, Wembley HA9 0YH

Guiding life

Denise King's experience as a volunteer has helped in her role as Girlguiding UK's Chief Executive

By Catherine Slater

Surprise yourself certainly sums up Denise King's experience of guiding. Who would have imagined when she joined the 13th Oldham Zion Brownies, aged 7, that she would one day be in the paid position of Chief Executive for Girlguiding UK? 'For someone like me, who's a home-grown Guide person, you could say it's the ideal job,' she said.

Denise first joined the staff at CHQ in 1995 as the Youth Activities Manager. She went on to become head of the Guiding Development department a year later and the Deputy Chief Executive in 1998. Her role as the Chief Executive began in 2001 and will run until 2007.

Previously, Denise had worked at WAGGGS, as the Executive for the Europe Region, where she had been involved in guiding at an international level. Moving to Girlguiding UK was a natural progression. 'I felt I had something to offer by bringing with me the ideas and experiences that other Associations have,' she said.

Hands-on role

As the Chief Executive, Denise has a close working relationship with the Chief Guide, Jenny Leach. They speak every day. 'It's really important for me to be close to the Trustees and to be sure that the staff are doing what is needed and what is wanted,' she said. Denise also spends a lot of time keeping in touch with other Association staff members. 'We don't all work at CHQ. There are several sites, so I spend a lot of my time making links between things and keeping people informed about what's happening,' she explained.

Denise is keen to make her role as hands-on as possible. She enjoys going to committees and different meetings, as well as meeting volunteers. She also tries to participate when Girlguiding UK's training centres are holding big events to introduce new trainings or initiatives. 'I think it's important to recognise that the volunteers are the primary deliverers and to make a good connection with them,' she said. 'The staff are there as partners to support the volunteers.'

Denise enjoys the team spirit among Girlguiding UK staff members and is proud of their commitment to support the organisation as it develops and changes.

During her term of office Denise has plenty to keep her busy. At the moment, she's working on interpreting everything that the members have asked for from the Association in the years 2003 to 2006. She is very committed to the Positive and Effective Leadership project, which aims to make volunteers feel enthusiastic about what they do. 'We want volunteers to feel ready to tell their friends about guiding so that it will grow organically and will be sustainable and genuine,' she explained.

Denise is also interested in the diversity agenda for guiding and has been working on a project with Guiders in Oldham to consider how they make provisions for girls who are from Muslim backgrounds.

Belief in guiding

Denise has fond memories of guiding in Oldham. After leaving Brownies, she went on to become a Guide and a Ranger. As a Ranger, she went on a trip to Switzerland and visited Our Chalet, where she renewed her Promise. 'I was 17 and, for me, that was the particular moment I realised that I fully believed in the guiding ideas and I wanted to stay part of it,' she said. 'I had no idea that I would end up working in guiding professionally, but I owe everything to my Guiders in Oldham, who set me on the way.'

Denise believes that her experience as a volunteer has helped in her role as the Chief Executive. 'Understanding why people are motivated is really important if we're going to have success,' she said. 'This applies to everyone who plays a part in Girlguiding UK. As we move forward together we will certainly achieve the vision to be recognised as the leading organisation for girls and young women.'



Denise King is keen to make the role as hands-on as possible

JO STRANGE

Broadening horizons

Girls visited a wide variety of workplaces through the Girlguiding UK initiative

Girlguiding UK's first Take our Daughters to Work Day on April 25 was a resounding success. An estimated 20,000 girls – including Brownies, Guides, Rangers and Young Leaders – benefited from this initiative, by leaving behind their text books for the day and braving the world of work.

Although previous Girlguiding UK research had worryingly shown that only 37 per cent of girls want a successful career, the vigour with which participants got to grips with professions as diverse as forensic science and politics certainly did not indicate a disinterested attitude!

The companies and organisations involved in the day included Virgin Atlantic, the Bank of England, the Home Office, Quarry Products Limited, Hertfordshire University, Ripley Police Station, Salisbury District Council and the Crown Prosecution Service.

The day attracted a lot of media attention – at both national and local levels. Official photo-calls took place at Barclays Capital – where 70 girls joined traders on the trading floor – and at the House of Commons, where the Speaker of the House, The Rt Hon Michael Martin, and a

number of MPs were pictured with Girlguiding UK members. Take our Daughters to Work Day was featured in *The Sun*, *The Observer*, *The Daily Express*, *The Independent*, *Mizz* magazine and *Direct Marketing Week*. Other coverage included BBC News 24, BBC Newsround online, Kiss FM, *London Today*, *Look North*, ITV Yorkshire, BBC Oxford and BBC Lincolnshire.

Only time will tell how far-reaching this initiative is, but companies and organisations have had nothing but praise for Girlguiding UK's adoption of the scheme. The Department of Work and Pensions, headed by Patricia Hewitt who took her own daughter with her to work, wants to have much greater involvement in future years.

A large number of schools would also like to build the day into their own calendars.

'We are happy to have been given this opportunity to encourage females into a male-dominated industry.' — IFI Limited, Peterborough

This picture of the Speaker of the House of Commons and Girlguiding UK members appeared in *The Independent*

Live debate

Laura Gray, from the 1st Gillingham Guides in Kent, was one of 40 girls who visited the Houses of Parliament as part of Take our Daughters to Work Day.

Laura and two other members of her unit had been invited to spend the day with their local MP, Paul Clarke.

The girls were shown round Portcullis House – where lots of MPs have their offices – the Houses of Parliament, Westminster Hall and the House of Lords.

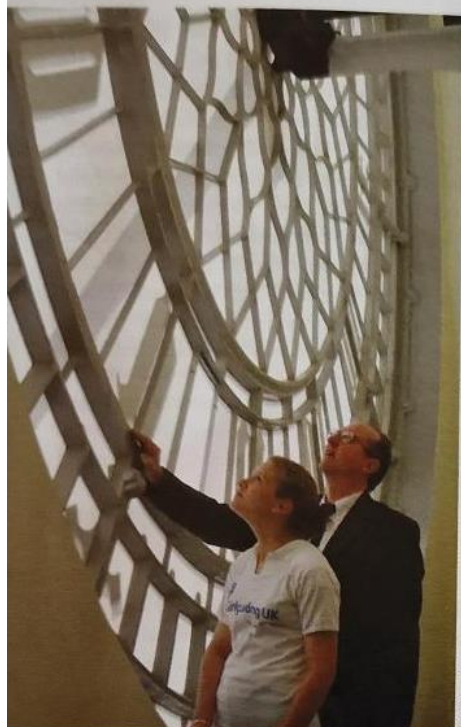
They went on to the House of Commons to watch a live debate about international development where they saw Labour MP Claire Short and Conservative MP Caroline Spellman expressing their views.

Laura feels very lucky to have been involved in the Day. She said, 'I had a wonderful day. It was an experience that I will remember forever.'



Take our DAUGHTERS to Work

izons



The girls who visited the House of Commons had the opportunity to climb Big Ben and see behind the clock face

Westminster visit

David Heath, MP for Somerset and Frome, invited three Frome Guides to accompany him to the House of Commons. Their tour started with the very route the Queen takes when she opens Parliament.

Following a visit to the House of Lords, they were introduced to female MPs and researchers, and got to quiz Annette Brooke, MP for Mid-Dorset and Poole, on why there are so few female MPs.

Annette also advised the girls on becoming involved in their local community, local youth council and school council.

All three girls thoroughly enjoyed their visit to the House of Commons. One commented, 'The day was deeply interesting and made us realise that it isn't a man's world. There is a chance for us girls!' Another said, 'I thoroughly enjoyed my time at Westminster and urge people to go if the opportunity arises.'



ALEX EDINE

Five Rangers joined Barbara Roche, Minister for Women (pictured) in a Select Committee meeting at Portcullis House

'The girls were given an overview of the organisation that would help dispel any myths about the Civil Service.' — Department of Work and Pensions, Newcastle

Department visits

Twenty-two girls aged 11-15 spent the Day at CHQ finding out what the different Girlguiding UK departments do. Most were current members or had been involved in guiding in the past.

In small groups, the girls visited the Publications, Services and Personnel, Finance, Guiding Development, IT and Marketing and External Relations departments.

Each department had prepared an activity for the girls to take part in that related to the work that they do. This included having their photograph taken and being interviewed for a Take our Daughters to Work Day newsletter in the Publications Department. They also put together a computer and searched the Internet for specific information in the IT Department.

At the end of the day the girls were given a certificate to say that they had been involved and a goodie bag to take home.

Fire station fun

The 6th Horley Methodist Guides from Surrey visited Gatwick fire station on the Day.

The girls had great fun being shown around by Liam, one of the firefighters. They rode in the fire truck, tried out the thermal imaging camera and squirted the hoses.

The girls were one of the last groups allowed to visit the fire station, following the tightening of security around the airport after September 11.

Thank you

Girlguiding UK would like to thank everyone who was involved in Take our Daughters to Work Day 2002 — especially the Guiders who took time off work to run the day, the companies and individuals that invited girls to join them and the schools that 'released' girls so that they could take part.

Plans are now underway for Take our Daughters to Work Day 2003, which is hoped will be even bigger and better. More information will be available in September.

Time to

Play is a vital part of child development that provides emotional and physical skills

Look up play in the *Concise Oxford Dictionary*, and you'll find an exhaustive list of definitions. Perhaps the compilers came to the same realisation as psychologists Peter Smith, Helen Cowie and Mark Blades, authors of *Understanding Children's Development*, who state that 'a concise definition seems almost impossible'. Play is something we all recognise, but it is curiously difficult to analyse. One thing is certain: play is an essential part of childhood, necessary for development. It's one way children practise and learn the skills they will need in later life.

The developing child needs to acquire skills in five key areas: social, physical, intellectual, linguistic and emotional. The various types of play help with this acquisition. In common with other young animals, children use play to hone their motor skills, repeating actions over and over again. Watch litters of puppies or kittens, and you'll see them chasing, hunting and catching. They are preparing for life as predators, though most will never have to rely on their wits to eat.

Similarly, children enjoy games and play that develop bodily movement and control, as well as those that let them try out new skills and interests. Pretend play helps children develop a 'theory of mind'. By putting themselves in someone else's place, they start to understand how things look from other people's perspectives, and so become aware of another's thoughts, feelings and intentions.

Play within the family offers benefits to everyone and teaches children to share



Wide-ranging benefits

The obvious benefits of physical play are improved coordination and fitness. Additionally, various studies and research have shown it can also have psychological benefits. Without it, children suffer from a reduced sense of self and increased anxiety levels. It may also be that physical activity can stimulate academic performance — a case of healthy bodies, healthy minds. In 1999, research by The Mental Health Foundation emphasised the need for children to use play as a means to take risks and to use their initiative.

6 ...social play helps children learn how to get on with others...

Although very young children usually play alone or with adults, by age three or four most enjoy playing with their peers. Importantly, social play of all types helps children learn how to get on with others, make and keep friends, take turns and share, and to deal with conflict. This in turn makes them 'emotionally literate' and helps guard against mental illness.

Play within families

Sue Pruden, Senior Play Specialist based at Guy's Hospital, London, feels strongly that parents and carers should encourage children to engage in traditional types of play. 'Playground games such as skipping and hopscotch encourage physical development and teach children how to play as a group,' she said. She advises 'simple, fun activities you do together, not activities with expensive toys that make the child play alone. Junk modelling is an excellent way for children to develop intellectual, imaginative, creative, emotional and physical skills.'

Many parents today worry when their children are away from the home, so play within

play

By Isobel Durrant

the family has become increasingly important. This can have a beneficial effect all-round, particularly where grandparents are involved. Play for the elderly has been shown to keep cognitive and coordination skills in trim, as well as reducing stress levels. The National Toy Council advises adults to let go of the notion that play is only for children. Play between the generations can take all forms, from computer games to 'let's pretend'. Arts and crafts materials and construction kits, tackled together, encourage imagination, creativity and a shared approach to problem-solving.

BRIAN MITCHELL/PHOTOFUSION



Girls' clapping games help them to explore themes that will affect their adult lives

Exploring themes

Children's self-directed play is a rich and vibrant area. School playgrounds have been identified as places where children learn social behaviours and form social networks. According to one analysis, break-times are when they practise language, role-taking activities and problem solving. Elizabeth Grugeon, Primary Team Leader at De Montfort University, Bedford, has a particular interest in girls' traditional games. In her essay in *Play Today in the Primary School Playground*, she has noted how many skipping and clapping games explore archetypal themes such as 'birth, courtship, sex, marriage and death via a mocking bravado'. Often the rhymes 'mock authority and rejoice in taboo topics'.

Grugeon argues that, as the girls switch between conventional children's games and explorations of the adult world, they are exploring 'the boundaries of their experience within a safe and conservative environment'. Adults may not like their boisterous renditions of pop songs with the accompanying sexually charged actions, but they're part of a childhood culture that encompasses popular music and television. A shared attachment to a certain band or style of clothing is one way of belonging.

Often when we think of play, it's younger children who spring to mind. But children of all

ages play and, as The National Toy Council points out, it's a lucky adult who's never completely abandoned childish things. Teenagers are the ones who get most overlooked. We tend to think they want sophisticated, expensive amusements but, when teenagers have been consulted for public schemes, they've said they want multi-use games areas and designated spaces, or youth shelters, where they will neither disturb, nor be disturbed by, adults.

A recurring issue in the published research into play concerns the growing restrictions on children's movements and loss of free time. Increasingly, opportunities for play and recreation are being squeezed out by parental fears over safety and the demands of school. Adults dismiss children's games and play as trivial at their peril. It's been suggested that competitive games of all sorts may help children and adults find better solutions to personal, national and international problems.

Further reading

There's a wealth of literature in this area, so here's a limited selection:

- *Play Today in the Primary School Playground*, edited by Julia C Bishop and Mavis Curtis, is a superb and inspiring collection of essays examining the free play of children. It is available from Open University Press, ISBN 0-335-20715-4 and costs £16.99. Tel: 01280 823388 or e-mail: enquiries@openup.co.uk. You can also visit the web site at www.openup.co.uk

- *The Excellence of Play*, edited by Janet R Moyles, looks at play as a tool for learning. It is available from Open University Press, ISBN 0-335-19068-5 and costs £15.99. See above for contact details.

- The National Toy Council's series of leaflets under the title *Toys and Children* are informative, colourful and accessible. They cover everything, from *The Value of Play* to *Understanding Toy Trends*. Visit the web site at www.btha.co.uk

- *Making the Case for Play*, is published in two parts by the National Children's Bureau for the Children's Play Council:

Building Policies and Strategies for School-age Children, by Issy Cole-Hamilton and Tim Gill, priced £12.50, advises how policy makers can make sure that all school-age children have access to good play opportunities.

Gathering the Evidence, by Issy Cole-Hamilton, Andrew Harrop and Cathy Street, priced £14, includes detailed research into the benefits of play. It is clearly both written and thought-provoking.

Both publications are sold through the National Children's Bureau booksale department. To order a copy, Tel: 020 7843 6028/9, e-mail: booksales@ncb.org.uk or visit www.ncb-books.org.uk

Inside knowledge

A 'forgotten' resource can still provide valuable support to Guiders

By Liz Smith and Jackie Clifford

Do you have a copy of *Inside Out* on your bookshelf, or is it buried somewhere in a room among all your other guiding resources? And if you can find your copy, when did you last open it?

There are lots of reasons why you should. Many of the activities contained within *Inside Out* are as relevant now as they were when the resource was published in 1996.

This resource is all the more useful because it helps to meet the aims of the Positive and Effective Leadership project, which was launched in June 2001. The project sets out to support leaders and provide them with the knowledge, values, attitudes and skills to meet the needs of girls and young women. In this way, leaders can deliver the programme effectively.

Develop values

Guiding supports girls and young women to develop their own values. Similarly, adults should be willing to re-examine their values and attitudes. *Inside Out* is a package of training activities that will help you to do just that. After all, we can never stop learning and growing. Whether it's on a superficial or deeper level, the process of exploring our attitudes can be challenging and exciting — if perhaps sometimes a little scary!

As you work through the resource, it is quite easy to update some of the activities if you feel that the scenarios are dated.

'How Do Values and Attitudes Affect our Behaviour?' is one section of the publication that is particularly relevant to Positive and Effective Leadership. Here you will find background information on conflict resolution. The supporting activities and games allow participants to experience conflict in a fun way.

Assertiveness and problem-solving



Pulling together: *Inside Out* includes games and activities that encourage teamwork

techniques are other topics supported by activities. There are some excellent and easy-to-follow cooperative games, which are about working together and engendering a sense of caring within a group.

Test reactions

Trainers might like to try some of the exercises on each other at a Support Group meeting. This is a good way to test your reactions to the exercises. Using these activities and exercises can be a good way of supporting your own development.

Adults in guiding can use the activities in the package as they work towards the Leadership Qualification. Having tried some of these activities, you may find that you want to explore the topics further. If that's the case, you can attend a session based around an Optional Training Module such as Challenging Behaviour, Girls or Challenging Behaviour, Adults.

A lot of other resources and workshops explore values and attitudes. The Trainers'

workshop 'Behaviour Breeds Behaviour' (see Further information) is delivered by the training company Central Learning Solutions, which has used and adapted some of the *Inside Out* activities.

Whether it's through the resource, workshops or further reading, by trying some of these activities you will help to meet the aim of the Positive and Effective Leadership project.

● Liz Smith is Development Manager in the Adult Support team at CHQ and Jackie Clifford is a Girlguiding UK Ambassador and training specialist.

Further information

Inside Out costs £3 from Trading Service, order code **6457**. For further reading, try:

● *Just Us*, British Red Cross, £5 (phone **020 7201 5033**). This book is a guide to peer education for young people, aged 14-21.

● *Girlpower – How Far Does It Go?*, Sheffield Centre for HIV & Sexual Health, £15 plus £1.50 p&p (phone **0114 226 1900** for information). This book aims to build self-esteem in young women.

The following Trainers' workshops may also prove helpful. All take place in 2002, unless specified.

● Behaviour Breeds Behaviour:

Waddow, June 29

Lorne, November 30

York, December 7

Salisbury, March 15, 2003

● Observation and Giving Feedback
York, December 7

● Valuing Diversity/Values and Attitudes
Birmingham, November 16.

For further information, or if you would like to book a place on any of these workshops, contact Helen Taylor in the Adult Support department at CHQ on **020 7834 6242 ext 298** or e-mail **HelenT@girlguiding.org.uk**.

To Russia with

By Siobhan Lewry

Project Coordinator, International Department, CHQ

*The Russia Partnership
benefits guiding in two
very different countries*

love

Guiding and Scouting was banned in Russia under the communist regime. However in the late 1980s, President Gorbachov's new freedoms meant that both movements were able to flourish.

Girlguiding UK and Russian Girl Scouts (now known as RADS) formed a link in the early 1990s. The new links were forged on an inter-regional level, with Regions and Countries of the UK linked to particular regions of Russia. In 1994, RADS was formed and at the 1999 World Conference it became an Associate member of the World Association of Girl Guides and Girl Scouts (WAGGGS).

As part of a major WAGGGS partnership scheme, the UK is now Russia's official partner country. WAGGGS Europe links the majority of countries in Europe together in a 'twinning' project, to encourage growth and development. Other partnerships include Switzerland and Romania, Sweden and Latvia and Ireland and Georgia.

In July 2001, the partnership agreement between the UK and Russia was signed at the European Conference. The main aims of the Agreement are to enable members of both Associations to:

- Experience the international dimensions of guiding and Girl Scouting through projects at national, regional and local levels.
- Benefit by exchange of mutual knowledge, skills and expertise.
- Service the community of both Russia and the UK with joint community development projects.

The majority of Region-based links have continued and exchange visits will be taking place this summer. Each country has a recognised coordinator within the Association, who takes overall responsibility for activities that come under the remit of the Partnership Agreement. The UK Russia Coordinator is Sally Malcolm, who was appointed in October 2001.

- Every year on October 29 RADS celebrates UK Day. Starting this year, Girlguiding UK members are also being encouraged to celebrate Russia Day on October 29. Your unit could make some Russian food, paint a Russian Matryoshka doll or play a Russian game.
- Look out for some activities in September's Activate.

International *links*

Sally Malcolm is the UK Russia Coordinator

Sally's guiding roots stretch back 28 years, starting as a Brownie in Cumbria. She is now a Guide Guider in Ibstock, Leicestershire.

Her interest in Russian guiding was founded when she worked for WAGGGS as a Field Executive Trainer. In 1994, Sally visited a number of towns across Russia, meeting local groups and training leaders. Since then, she has maintained her interest in the Region with contacts in Poland. More recently, Sally has been involved in international activities in the UK including the World Camp in 1999 and the International Forum in 2001.

Of her new role as Russia Coordinator, Sally said, 'I see the Partnership as a way of building upon the work of the last ten years. Some excellent links exist between towns and regions of Russia and the Countries and Regions of the UK. These will continue to be

developed and through them both Associations can benefit from the exchange of knowledge, skills and expertise.'

Sally feels that her biggest challenges as Russia Coordinator are yet to come. However, skills such as promoting assertiveness and team-building that she uses in her day job as a management development trainer will stand her in good stead.

A meeting in Moscow in January with WAGGGS representatives generated a wealth of ideas and proposals for the future. Sally's challenge will be to make those ideas come to life in the spirit of the Partnership Agreement signed in 2001.

Sally is optimistic for the future. She said, 'Working together, the two Associations can enable as many members as possible, of all age groups, to experience the international dimensions of guiding.'



EDDIE LOYD

Sally Malcolm welcomes the challenges of her new role

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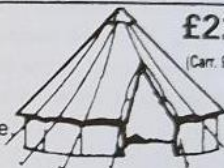
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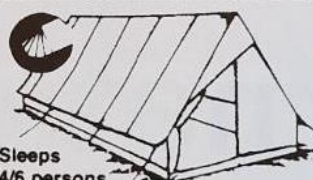
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Taking up the challenge

By Catherine Slater

The Baden-Powell Challenge Adventure is the highlight of a girl's time as a Guide

The Baden-Powell Challenge is the ultimate award that a Guide can gain. It gives her the opportunity to take part in, and organise, lots of exciting activities — many with her Patrol.

To complete the Challenge, a girl must complete at least ten clauses from different zones (the clauses and zones are listed in the *G File*). Once all the clauses have been completed, she can take part in a Baden-Powell Challenge Adventure. This can be organised on many different levels, for example, by a Division or County, or some girls may choose to attend an organised Adventure at one of Girlguiding UK's Training Centres.

The Adventure should be an opportunity to try something new which is a challenge to the individual Guide. It also gives her the chance to meet new friends and learn about further opportunities that are open to her through guiding — such as the Senior Section, Duke of Edinburgh awards and international opportunities.

Here, adult members share what their Counties have organised for girls going on their Baden-Powell Challenge Adventure.

Looking abroad

Gillian Watson is the Baden-Powell Challenge Adventure Coordinator for Birmingham. The first Adventure she organised was a weekend camping event in Beaconsfield. She said:

'Ten girls attended the event, eight from various Birmingham units and two from Herefordshire. We spent Friday evening setting up camp and doing "get together" sessions.

'Saturday was spent on the water, canoeing and sailing. We also had a visit from the International Adviser who talked about the international opportunities available through guiding.

'The girls spent Sunday completing challenges and the event finished with a celebration of completing the Adventure, where everyone was congratulated.'

Looking ahead

Maria Reardon, a Guider with the 1st Guestling and Pett Guides, Sussex East, attended a Baden-Powell Challenge Adventure, organised by her County. She said:

'The event was held at a youth hostel and 13 girls from five different units attended. We had a lot of fun planning challenges for the girls, in and out of the hostel.

'The girls were aged from 12 to 15 and the Adventure was planned as a celebration of their commitment to guiding and a stepping stone into the future.

'The girls were asked to give a short presentation on one clause from the Challenge that they had enjoyed doing or had found the most rewarding. Amazingly, they all chose different things, even though they had no idea what anyone else was going to do.

'At the end of the Adventure, the girls were given a "guiding light" to carry with them into the future, which they found very moving.'

Looking good!

Three Guides from Essex West had a pampering day for their Baden-Powell Challenge Adventure. Essex West Commissioner, Rosemary Jeffery, said:

'The scene was set for a day of indulgence.

The girls met up at a local health club in Brentwood for a swim in the pool before using the sauna, steam room and spa pool.

'After leaving the health club, the girls were joined by three Senior Section members for a skin care class. Once everyone knew their skin type the girls put face masks on.

'After pre-make-up photographs had been taken, the girls were taught how to apply make-up correctly. They then had their "after" pictures taken.

'Everyone agreed it had been a very pleasant, pampering day.'

• More information about the Baden-Powell Challenge can be found in the *G file*, page 39.



ROSEMARY JEFFERY

The girls from Essex West looking relaxed at the end of their pampering day

Community Action badge

A cloth version of the Community Action badge has been introduced to run alongside the existing metal badge.

The Community Action cloth badge is available from Trading Service, order code **1002**, price 45p.



Free exhibition

Wellington Arch, once the smallest police station in London, is now open to the public for the first time. Situated at Hyde Park Corner, Wellington Arch houses interactive displays and exhibitions of its history. Guiding groups can visit the Arch for free. For more information or to book a visit call **020 7930 2726**.

Camping equipment

Are you thinking of buying new tents for your unit or District? Do you want some help in bringing your style of camping up to date? Or do you want to encompass the best of tradition with new methods?

Tents@Camp.com will be held at Foxlease from **September 27-29**. The event will include an opportunity to try out and evaluate the range of tents featured in *Guiding Essentials* – Girlguiding UK's Trading and Publications catalogue – and others supplied by Leisure Fayre in Lyndhurst.

Accommodation will be either in camp or in The Barn.

For more details, contact Foxlease on **02380 282638**.

Participants can evaluate a range of camping products at Tents@Camp.com



Small World dreidel

To clarify step four of the instructions for making a dreidel in the publication *Small World*, page 16:

The equivalent of 'n' is



The equivalent of 'g' is



The equivalent of 'h' is



The equivalent of 'sh' is



When translated, these letters mean 'A great miracle happened there'.

The residential opportunities listed below are open to any Association member – Guiders, Senior Section members, Commissioners, Guides or Brownies – as relevant. For more details of content and cost please phone the appropriate centre.

TRAINING AND ACTIVITY CENTRES

BRONEIRION

01686 688204

Brone@talk21.com

A camp for Guides without their Guiders **July 26-29**
Jubilee jamboree – an activity weekend for Brownies **Aug 14-16**

Syniadau ar Cyfer Rhaglenni (programme ideas – entirely in Welsh) **Sept 6-8**
Teens and Twenties – activities for Senior Section members **Sept 6-8**

Jubilee junket – sleepover event for Guides **Nov 22-23**
All wrapped up! – Christmas arts **Nov 29-Dec 1**

HAUTBOIS

01603 737357

Anghela@angliaguides.org.uk
Brownie holiday for Brownie Guiders and Brownies **Aug 16-21**

Come and camp (camping for those without a Pack Licence) **Aug 16-21**

Adventure Out **Aug 30-Sept 1**
What a performance – training for Guiders **Sept 13-15**

Hautbois G Force **Oct 25-27**
Santa's biggest Brownie adventure **Nov 29-Dec 1**

FOXLEASE

02380 282638

Foxlease@girlguiding.org.uk
Guide activity week **July 22-26**

Adventure Out for Guides **Aug 5-7**
District groups – exploring new ideas and activities **Sept 13-15**

Make and take for Brownie Guiders **Sept 27-29**
Relax, refresh, renew **Oct 25-27**

Guiding the girls **Nov 8-10**
First aid for camps and holidays **Nov 15-17**

WADDOW

01200 423136

waddow@girlguiding.org.uk
A taste of Guides for Brownies and their Guiders **July 19-21**
Flower festival **Aug 23-26**
B-P Challenge Adventure **Dec 6-8**

75th Celebration **Dec 13-15**

BLACKLAND FARM

01342 810493

blackland@girlguiding.org.uk
B.C.U. 1 and 2 star Kayak **July 6-7**

Beginners' rock climbing **July 13-14**
GNAS Leader Award Module A **July 19-21**

GNAS Leader Award Module B **July 27-28**
Improvers' rock climbing **July 27-28**

Beginners' rock climbing **Aug 10-11**
B.C.U. 1 and 2 star Kayak **Aug 31-Sept 1**

Beginners' rock climbing **Sept 7-8**
B.C.U. 1 and 2 star Kayak **Sept 14-15**

B.C.U. 3 star Kayak and B.C.U. 2 star Improvers' Kayak **Sept 21-22**

Grand National Archery Society Leader Award Module A (indoor accommodation) **Sept 27-29**

Grand National Archery Society Leader Award Module B (indoor accommodation) **Oct 4-5**

NETHERUR

01968 682220

B-P Challenge **July 5-7**
Programme and Training Advisers – your role in the County **Aug 30-Sept 1**

Introduction to training for prospective trainers and tutors **Sept 6-8**

Music for celebrations training weekend **Sept 27-29**

ASSOCIATION NEWS ASSOCIATION

Volunteers wanted

Blackland Farm is seeking volunteers to work in its busy camp shop for two-week periods over the summer. Applicants need to be aged 16 or over, numerate and willing to have lots of fun!

Duties will include serving customers, keeping the shop clean and tidy, and delivering post to campers. Accommodation will be provided in shared, static-frame tents with toilet,

kitchen and laundry facilities in an adjacent building.

Travel costs will be reimbursed and volunteers will be given a contribution towards the cost of their food.

Anyone who is interested in volunteering to work in the shop should contact Blackland Farm for an application form. Call **01342 810493** or e-mail blackland@girlguiding.org.uk.

Open day

Discover the fun of the Heritage Centre for free on **August 14**. From 10am to 4pm, free entry will be given to Guiders, plus one guest, on production of a Warrant card. Further guests are welcome at £3.80 each. There is no need to book.

Girlguiding UK T-shirt

The Girlguiding UK T-shirt, as used in our relaunch, is now available to buy from Trading Service. The T-shirt comes in adult sizes small to XXL and costs £8.50. To order, please contact Trading Service (details below).

Trading Service

To order from Trading Service or for further information about goods, please contact **GUIDING ESSENTIALS** on our 24-hour answering service or by fax or e-mail.



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Alternatively, shop online for your essential guiding resources and keep up to date with new products at www.guidingessentials.org.uk.

For details of your local depot call freephone 0800 838227.

ASSOCIATION NEWS ASSOCIATION

Guiding magazine July 2002

Trek Peru

The opportunity of a lifetime is awaiting adventurous members aged 18 and above.

WAGGGS is looking for participants to join Trek Peru – a trek over 75km through the Peruvian Andes and Machu Picchu – to celebrate its 75th anniversary and raise funds for young people with HIV and AIDS.

The trip will take place from **April 26 to May 6, 2003** and the five-day trek will be led by experienced local trekking leaders. Local guides and porters will support the participants.

For more information, call WAGGGS on **020 7794 1181** or visit the web site at www.wagggsworld.org.

YHA discounts

If you're looking for somewhere to take your girls on a residential event, The Youth Hostel Association is offering the following discounts to Girlguiding UK members until **December 31**:

- Free group membership (a saving of £13)
- Free individual membership for those gaining their Queen's Guide Award in 2002
- Half-price membership (£6.50) for leaders and adult helpers in a unit holding a group membership.

For a special membership offer form, please call The Youth Hostel Association on **0870 870 8808** or e-mail customerservices@yha.org.uk.



One World Week

Guiding groups are being encouraged to swing into action for this year's One World Week from **October 20-27**.

The issues highlighted in this year's campaign are tackling racism, trade rules, fuel and HIV/AIDS. Participants are being asked to put on a local activity, event or celebration to highlight the issues that they care about and to encourage others to get involved.

For more information, call **0118 939 4933** or e-mail enquiries@oneworldweek.org.

Natural forces

Ever wondered how sand dunes and clouds are formed, or why hot springs bubble?

You can discover the answers at Turbulent Landscapes, an interactive display running until **September 15** at The Natural History Museum, London. A free audio guide provides commentary on a range of exhibits exploring natural events.

For more information about Turbulent Landscapes, call **020 7942 5000** or visit www.nhm.ac.uk.



THE NATURAL HISTORY MUSEUM

A whirlpool exhibit: part of the Turbulent Landscapes exhibition

Free breaks

Arthritis Care is organising two free activity breaks for children and young people with a long-term medical condition (such as arthritis, asthma, diabetes or eczema) or a physical disability.

The breaks, which will be held at the Avon Tyrell Activity Centre, will include confidence-building workshops and fun events and activities.

The breaks will run from **July 29 to August 2** and from **November 1-3**. Both breaks are free — all that is required is a little spending money.

For more information about either of the breaks, please call Maggie Sellen on **01763 244243**.

Community action

Encourage your girls to be active citizens with a brand new book published by the Citizenship Foundation and The National Youth Agency.

Changing Places is a lively handbook that encourages and supports young people in setting up and running their own projects on issues that are important to them. It includes successful case studies, useful tips, advice and information.

To order a copy of *Changing Places* (ISBN 086155 262 8), price £3.95, call **0116 285 3709**.

● *Go For It! Take action*, published by Girlguiding UK, is an exciting activity pack based around a community action theme. It is available from Trading Service, order code **6671**, price £4.95.



Country fair

Countryside pursuits, rural crafts, traditional food and a horse ball will be among the attractions at the Wykeham Country and Angling Fair, on **August 17 and 18**.

The event will be held on the Wykeham Estate near Scarborough and costs £6 for adults, with a reduced price for concessions.

If you would like a stand or exhibit at the fair, bookings are being taken now.

For more information about the event, or to book a stand, call the Country Fair Office on **01723 866600**.

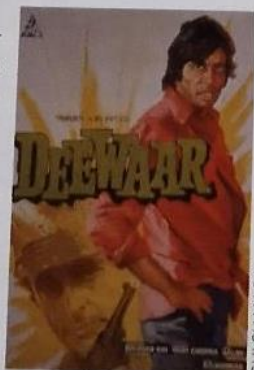
Bollywood exhibition

Film fanatics can discover the art of Bollywood at the V&A Museum, London, until **October 6**.

Cinema India: The Art of Bollywood — the first-ever major exhibition of posters and hoardings from Indian cinema — features photographs, work by contemporary artists and original film trailers.

Entrance to the V&A is free. For more information about the exhibition, call **020 7942 2000** or visit the web site at www.vam.ac.uk.

Original film posters
form part of the
Cinema India exhibition



GULSHAN RAI

First aid video

First aid can be fun — and an attention-grabbing video from St John Ambulance will show you how.

As part of the Young Lifesaver Award Scheme, the *Young Lifesaver* video shows young people dealing with realistic scenarios where first aid is needed.

A teachers' resource pack covering a variety of first aid techniques, including emergency procedures, choking, burns, poisoning and mouth-to-mouth, is available to support the video. Participants get a badge and certificate on completion of the scheme.

The video costs £14.95 and the teachers' pack costs £10.50. To order call **020 7278 2779** or visit the web site at www.stjohnsupplies.co.uk.

Orchestra concert

A National Scout and Guide Symphony Orchestra concert will be held on **August 2** at Leighton Park School Theatre, Reading, and on **August 3** at St George's Chapel, Windsor Castle. Tickets cost £6 for the Reading concert and £8 for the Windsor Castle concert. For a booking form, please call **0845 300 1818** (calls will be charged at local rate).

Cash for cans

Girls can learn how to raise some money and help the environment by visiting a web site launched by Alcan Aluminium Can Recycling.

Visitors to the site are shown around by characters Ali, Candice and Loo, who explain why it's important to recycle, where empty drink cans can be exchanged for cash, how cans are collected and how they are recycled and used to make new cans.

There are 20 centres around the UK where aluminium cans can be recycled for cash. The current rate is 40-45p per kilo — which is about 60 cans.

To find out more about Cash for Cans, visit the web site at www.cashforcans.co.uk.



Learning games

Two new simulation games from Christian Aid will help your girls to recreate scenarios — based on real-life examples — and participate in role-play.

Trade Rules!, for people aged 16 and above, price £4.99, is about informing attitudes on trade rules and understanding their contribution to the root causes of poverty and injustice.

The *Chocolate Trade Game*, for people age nine and above, price £3.50, looks at the experience of Ghanaian cocoa farmers and how the chocolate trading system affects their lives and livelihoods.

Both games are available from Christian Aid. Please call **020 7523 2229** or e-mail orders@christian-aid.org.uk.



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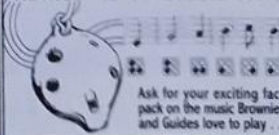
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Web update

**Our new web site
is packed with up-to-date
information and helpful features**

By Claudia Cahalane
Web site Editorial Assistant

After many months of preparation and planning, the new Girlguiding UK web site – www.girlguiding.org.uk – went live at noon on April 20.

Coinciding with the launch of the Association's new name, the new site attracted tremendous interest. After three days, 1,200 people had registered and many more had visited the site.



The home page welcomes thousands of visitors to Girlguiding UK's new web site

Since then, the average number of visitors per day has increased by more than 20 per cent. 'We're really pleased with the surge in users,' said Russ Back, Web Manager. 'We've had a lot of positive feedback from the site, with people saying they find it easier to navigate. We are now looking forward to building on this to provide more resources and ideas for leaders as well as interactivity for all our members.'

International changes

The team is currently updating all areas of the site and has recently made changes to the International section, which now includes first-hand travel reports, advice, details of volunteering and plenty of other useful information. The 'Adults in guiding' section is also being updated. This will include more up-to-date information and useful resources.

The site now has more news and a regular e-mail, eUpdate, is sent to registered users with details of news and content updates. There is also more content to coincide with special events, like the Jubilee pages, which include articles, activities, links and celebration suggestions. You can also find out what's coming up in future issues of *Brownie* and *Guiding* magazine.

Download documents

So far, the 'Downloadable Documents' area of the site has proved extremely useful for members. This section allows visitors to fill in forms online, download Hotlines and some of the Go For It! resources.

You can also find links to the Football Festival and the Take our Daughters to Work sites, as well as registering for regular Girlguiding UK eUpdates.

Skills for life

**When Sue Nunn attained a guiding qualification,
she had no idea it would lead to paid work...**

By Catherine Slater

Sue Nunn, an Assistant Guider with the 172nd Birmingham Brownies and the 114th Birmingham Rainbows, decided to take the National Pool Lifeguard Qualification so that she could help out at a camp. 'The District I was in at the time needed a lifeguard,' she explained.

Job opportunity

As well as being useful within guiding, Sue's qualification has helped her to get paid work as a casual lifeguard at the Harborne Fitness and Leisure Centre. She said, 'I'd always enjoyed swimming but had never considered being a lifeguard before. Guiding gave me a good footing.' Her job involves patrolling the pool and cleaning duties. 'It's good fun,' said Sue. 'There's a nice team spirit and I get to meet people.'

When training for the National Pool Lifeguard Qualification, Sue, who is also a member of the 172nd Birmingham Rangers, attended three-hour sessions every Saturday for 12 weeks. 'We had an hour in the pool and two hours dry side,' she explained. 'The training involved first aid and rescuing people from the water. It was hard work, but worth it.'

Water activities

The qualification allows Sue to take her girls swimming at indoor and outdoor pools. The District also has a share in a narrow boat, which is used a few times a year for day trips and weekends. Sue is more than qualified to help out on-board. She said, 'We haven't had any problems, but it's nice to know that if something happens, I will be able to deal with it.'

As well as working at the leisure centre, Sue is also studying A level Law and Communications and AS level Accounts at Halesowen College. When she finishes later this year, she hopes to get more lifeguard shifts before going on to train as a police officer.



Ranger Sue Nunn enjoys her job as a lifeguard at her local leisure centre

Celebrate Pumpkin Week and help the world's poorest children

Pumpkin

If the weeks leading up to Christmas leave your girls feeling bored and restless, this year promises to be different. Pumpkin Week, a joint initiative between Girlguiding UK and UNICEF, looks set to brighten up the first week of November.

Whether baked into pies or carved into festive lanterns, pumpkins are a common sight at this time of year. At harvest fairs, they symbolise a bountiful season. It's fitting that Pumpkin Week will provide an opportunity to celebrate and share our good fortune.

There will be parties, magic tricks and masks, plus fund-raising opportunities to increase immunisation and protect children around the world from diseases. In the process, the girls will learn about children living in other countries. Don't worry if early November is a busy time for your unit. You can hold Pumpkin Week on another date, if that is more convenient.

Activity pack

Participating units will receive a free activity pack that is full of information, fund-raising ideas and an easy recipe for pumpkin pasties. The pasties will be instantly recognised by Harry Potter fans.

Robbie Coltrane, one of the stars of *Harry Potter and the Philosopher's Stone*, said, 'Just as Harry shares his pumpkin pasties with friends at Hogwarts School, you can share these with your friends. By asking your family and friends to donate a little something, you'll not only be showing off your cooking skills, but helping children in other parts of the world.'

Vaccine shortages

The United Nations Children's Fund, or UNICEF, is spearheading the drive to increase vaccination and save children from fatal disease. Reducing childhood death and

illness are key goals for the organisation, which helps children living in poverty in developing countries.

The world is currently experiencing vaccine shortages that threaten to jeopardise immunisation programmes for children all over the world. As the key supplier of vaccines to poor countries, UNICEF is seeking to prevent the crisis.

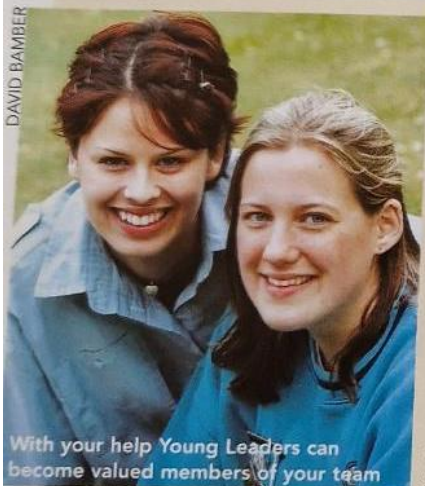
Every day, 5,000 children in developing countries die from preventable diseases. These include polio, diphtheria, tuberculosis, tetanus, whooping cough and measles. Just £1 could pay for a jab to protect a child from the deadly tetanus virus.

Help for Bangladesh

In Bangladesh, which is one of the poorest countries in the world, infant deaths from tetanus have been reduced by over 90 per cent in just over a decade. This is thanks to a

Celebrate

**Use the latest feedback to support
Young Leaders in your unit**



With your help Young Leaders can become valued members of your team

There are lots of reasons to welcome a Young Leader to your unit. With the right guidance and encouragement, she's likely to become a valued member of your

team and provide a vital link between you and the girls.

Before she arrives, familiarise yourself with the syllabus she is going to follow. Making It Count is aimed at 14-16 year olds who want to develop their leadership skills, but can be completed at any age during the Senior Section. If she is 16 or over, it could be the Leadership Qualification, in which case she should also be linked to a Mentor. Liaise with her Mentor and invite her along to a unit meeting.

As a member of the Senior Section, a Young Leader can also participate in the Look Wider programme. Encourage her to take up opportunities and support her through the challenge she selects.

Build her confidence

The unit team will play an important part in a Young Leader's development as a leader. Give her the chance to try out various ideas and discuss their effectiveness afterwards. She may need to 'start small' and gradually build up her confidence.

Encourage her capabilities to develop. Provide opportunities for her to work with individuals, groups and the unit, and make sure she enjoys working with the age group she has chosen. She will also need plenty of time to prepare.

Involve her in the planning of the programme so that she will know in advance what her contribution is to be. The Young Leader is there to provide support, so it is particularly important in the Guide section that she understands she is not there to take the place of the Patrol Leader.

Above all, help her to feel a part of your unit family, to join in and to have fun. In turn, the unit will certainly benefit from her youth and enthusiasm. Together, you can celebrate her progress and success.

parties

By Sheila Willis
Regional Fundraising Development Officer, UNICEF

vigorous immunisation campaign. However, each year 8,000 babies still die a painful and needless death before they are a month old.

Girlguiding UK has an active interest in promoting education and health care in Bangladesh. In 2000, a group of Senior Section members undertook a GOLD project with the Bangladesh Girl Guides Association. They visited community projects, such as one where Rangers trained girls to educate even younger children in literacy, numeracy and health care.

Plans are in place for another GOLD trip this year, and part of this project will involve working in the community on a service project covering health issues. By using the Pumpkin Pack, you will also be able to learn about some of these health issues with your girls.

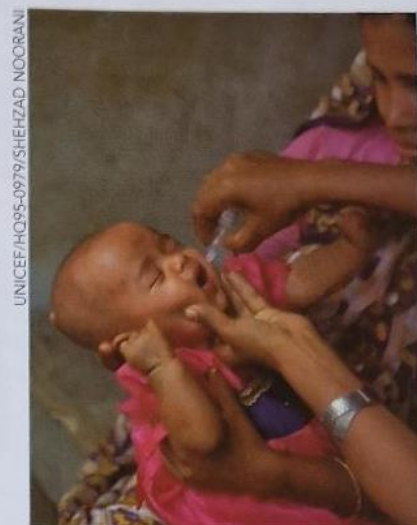
Anyone who supports Pumpkin Week will be interested to learn that UNICEF even uses pumpkins to deliver vaccines to remote

parts of the world. It is important that some vaccines are kept cold — not easy in areas that lack electricity. In China, a pumpkin that is packed with ice occasionally acts as the perfect cold storage case!

Further information

For a Pumpkin Pack and more information about UNICEF's Pumpkin Week Appeal, call 0870 606 3377, visit www.girlguiding.org.uk or e-mail pumpkin-week@unicef.org.uk.

unicef 
United Nations Children's Fund



Thousands of infants have been saved by immunisation campaigns

Young Leaders

By Jean Simpson
North West England Trainer

How to help Young Leaders

Understand her needs, time constraints and commitments. Provide her with information about meetings, events and trainings and make sure she has time to read newsletters, publications and minutes.

Never give your Young Leader a job you wouldn't do yourself and encourage her to attend events, meetings and trainings. You can offer to accompany her to meetings and trainings, if it's appropriate.

Give her responsibility and encourage her to find and use different research, such as Association resources, web sites, magazines and craft books. This will help her to build up her own file of resources.

Listen to your Young Leader and use her ideas, but allow her to make mistakes and learn from them.

Provide constructive feedback and support. It's important to acknowledge her contribution and show your appreciation for all she does.

Sources of support

- Unit Helpers and members of the unit
- Peer group
- Senior Section group
- Friends and family
- District team
- Young Leader Guider
- Senior Section Guider
- County Leadership Coordinator
- Commissioners, Advisers and Trainers.

If your Young Leader needs to purchase any equipment before a meeting or event, give her the money in advance.

How can Guiders help?

Young Leaders want Guiders to be understanding and offer support, advice and encouragement. They want responsibility as well as access to information and resources. Whenever appropriate, they would like transport to meetings, trainings and events. They want to feel like a trusted and valued member of the unit team.



Culture club

A Midlands-based unit, the 7th Redditch Trinity Rainbows, was recently treated to an evening of international fun.

The girls played international games and tried on costumes from around the world.

MICHEL BAINES



Winter picnic

The 1st Cottingley Guides spent a chilly but enjoyable February afternoon on a picnic at their local camp site in West Yorkshire.

This Guide found the perfect place to keep warm on the site's adventure playground!

Lazy days

The 1st Cuddington Guides in Surrey had a relaxing holiday aboard a narrow boat.

They worked towards their Water Safety Badges and learned how to moor and steer the boat.

DOROTHY TROW



JACQUE BROADHURST

Sally Bowker's letter about qualifications in our May issue has provoked quite a response from readers.

Do keep notes

Having been one of the first Guiders to complete the new Leadership Qualification in the Essex North East area, I have to say that although I didn't find the extra work involved off-putting, I did find it very hard to remember to keep notes. I am a busy mum of three so trying to run a household and a Guide unit among other commitments, then trying to complete my training too, was tough. I felt very lucky as I have an understanding husband and a kind and helpful Mentor who gave me the opportunity to throw myself into it. However, I can sympathise with others who are not in the same position who find it much harder to complete.

Nicola Bassett
Guide Guider
Essex

I and two other mums offered to try to keep our village Rainbow Unit running. We hoped to do it as a job share, combining the skills and time we have available. This works perfectly for running the unit. Unfortunately, the training file requires everyone to prove they can do everything.

How about introducing a 'team Warrant' that allows three or four leaders to run a unit together using skills they already have? A simple set of policies and procedures would ensure the integrity of the unit and the safety of the girls — for example that a First Response qualified leader should always be present.

Busy parents could upgrade to an individual Warrant when time allows.

Kate Davis
1st West Chilmington Rainbows

Support Young Leaders

In her letter, Sally Bowker wrote about the new leadership scheme. Although I have no experience of this in relation to adults, I mentor Young Leaders. I agree that the set-up of the scheme is off-putting and some Young Leaders find it daunting. It is very unfortunate that this scheme should have started just as A levels have been revamped and girls are now required to take exams in years 12 and 13. In the past, we have encouraged the girls to complete as much of their scheme as possible in year

12, when there were no public exams, leaving a small amount of work to be undertaken in year 13. This is not feasible now.

I believe that they need more support on both a personal and peer group level than the new scheme provides and a far less formal approach to their training.

These girls are guiding's future — we owe them something better.

Kay Frost
Brownie & Guide Guider
East Sussex

● We are looking at ways to reduce the amount of paperwork involved in the Leadership Qualification. Please look out for more information in future issues of *Guiding magazine*.

Reaching far and wide

I have just received the May issue of *Guiding magazine*. A friend has been sending them and I enjoy them very much, especially the section on activities and motivation. I have also read the article 'R U with it?'. It was really interesting and gave me a few helpful hints for planning my Guide meetings this term.

I thought that I would add a bit to Angela Brett's Bubbles the Clown edible cones. When we made them we filled the cones with small sweets before sealing them up.

Bev Viljoen
Guide Guider
Zimbabwe

Team warrants

As a recent recruit, I agree wholeheartedly with Sally Bowker that the files of written evidence new leaders are asked to prepare are too time-consuming. If parents are to be persuaded to become Guiders then the paperwork — as well as the initial training — should be kept to a minimum.

Lego home

The 3rd Selsdon Brownie Pack, from Croydon, enjoyed a fun visit to Legoland with their Pack Ambassador, Penny.

Everyone had a great, but tiring, day. Here's Penny looking ready to go home!



VALERIE ADAMS

Funny onion!

Resourceful Rosie, from the 9th Dorking (St Martin's) Brownies in Surrey, wore swimming goggles to chop onions on a recent Brownie holiday.

Rosie's eyes didn't run, but the rest of the Pack were certainly crying with laughter!



DI SUTHERLAND

Paddle perfect

Lancashire Brownies from the 5th Haigh and 17th Wigan Packs had a great time canoeing when they spent the day at their nearby Scout camp site in Merseyside.



JACQUI SEDDON

Please

keep sending in your guiding photos, we love to see them.

There's a special prize for the best photo and £5 Trading vouchers for other photos sent in that we print. Please include a sae.

Walking with Dinosaurs

The Walking with Dinosaurs exhibition at Our Dynamic Earth in Edinburgh runs from July 15 to September 8 and gives an exciting insight into life on Earth 230 million years ago. The exhibition includes actual models used in the BBC series, as well as fossils and replicas that provide a fun lesson about how these impressive creatures became extinct and were replaced by our ancestors.

Guiding magazine has tickets for one Pack or unit to travel by GNER train* to Edinburgh in addition to entrance tickets, worth from £5.50 per person, to give away.

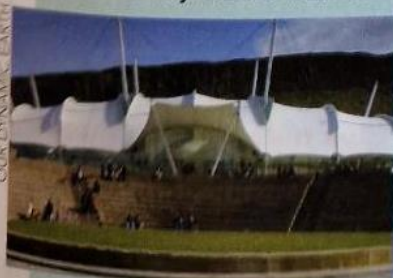
For a chance to win, send your answer to the question below, along with your details, to Guiding magazine/Dinosaurs to the address on page 3, or e-mail: guiding@girlguiding.org.uk. For more information, please call Dynamic Earth on 0131 550 7800.

All entries to arrive before July 28.

The Walking with Dinosaurs exhibition gives an insight into life on Earth how many years ago?

*Up to 20 free return tickets are available on GNER routes from any GNER station to Edinburgh, on any day except Friday, Saturday and Sunday. GNER offers discounts to groups of ten or more

people who are travelling together. A specialist team is on hand to help with all of your group travel arrangements. Please call 08457 225010.



GNER

GIVEAWAYS GIVEAWAYSGLV

Guiding magazine July 2002

Prickly pet

The 1st Stretford Brownies from Manchester enjoyed a prickly visit from 'Roly', a patient at the local hedgehog rescue centre.

The Brownies collected tins of cat food for the centre and they became members of the 'tummy ticklers club'!



SOUTH BRUCKSHAW

Pulling together

Guides from Middlesex South West enjoyed an action-packed weekend at an activity centre on the Isle of Wight.

These girls are testing their teamwork skills on a challenge course.



DIANE ATTEWELL

Disney On Ice

The Disney On Ice™ live show, based on the well-loved fairy tale *Beauty and the Beast*, is coming to venues across the UK:

Braehead Arena, Glasgow — **September 17-22**

Nottingham Arena, Nottingham — **September 24-29**

M.E.N. Arena, Manchester — **October 2-6**

Telewest Arena, Newcastle — **October 8-13**

London Arena, London — **October 16-27**

The NIA, Birmingham — **October 30-November 10**

Sheffield Arena, Sheffield — **November 12-17**

Tickets cost from £9.50. Contact your venue for details.

Guiding magazine has 30 tickets* for the Disney On Ice™ live show to give away to one Pack or unit.

For a chance to win, simply answer the question below, stating your choice of venue, and send your entry, along with your details, to Guiding magazine/Disney to the address on page 3, or e-mail: guiding@girlguiding.org.uk.

All entries must arrive before **July 28**.

Which well-loved fairy tale is the Disney On Ice™ show based on?

* Prize tickets are for weekday evening performances only and are subject to availability.



Guiding light

Kathy Tier, Guider with the 1st Park Gate Guides, from Fareham in Hampshire, took part in a unique event to celebrate The Queen's Golden Jubilee.

Kathy volunteered to take part in Cancer Research UK's Golden Jubilee Torch Relay to raise vital funds for the Charity.

She carried the torch from Bury St Edmonds to Stowmarket, as part of its long journey to London. The torch was the same one that was used by The Queen to light the Millennium beacon on New Year's Eve, 1999.



KATHY TIER

Brownie brigade

The 3rd Langdon Hills Brownies from Essex recently completed their Fire Safety Badges.

While working towards their badges they received a visit from a local firefighter, learned first aid skills and acted out scenarios dealing with different types of fire.

Their efforts culminated in a trip to their local fire station, where the Divisional Officer was very impressed with the amount of knowledge they had acquired.



JOAN LAYERS

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It's my sister

3rd Egham Guides from Surrey have some very special members — an amazing seven pairs of sisters attend their meetings! They are, with the youngest at the front and the oldest at the back.



JULIE WILSON

The unit also has a very special mascot called Esme. She is a Working Guide Dog who belongs to Tracey, their Assistant Leader, who is registered blind.

The girls would like to know if there are any other units who are as unusual as them!

Oh what a night!

Around 400 Rainbows, Brownies, Guides, Rangers and Guiders from the Isle of Man got together earlier this year to put on an all-singing and dancing variety show.

The evening was a great success, with girls performing songs, dances and even circus acts to a full house.

These very excited Rainbows, from the 1st Ballaugh unit, are waiting their turn to go on stage.



DIANE HAIGH

Career guides

Take our Daughters to Work Day was a fantastic success for the 1st Lofthouse (Christchurch) Guides, West Yorkshire, who invited six career women to a meeting.

A real mix of occupations was represented, including a firefighter, a forensic scientist, a politician, a breast cancer nurse, a funeral director and a secondary school technology teacher.

The women talked about their work and answered questions from the girls.



CHRIS BARBER

Making a splash

Guides from the 2nd Bourne unit in Lincolnshire took part in a swimathon at their local leisure centre that was organised by Bourne Rotary Club.

The girls swam a total of 89 lengths and raised over £250. Half of the proceeds will support Rotary charity work and the other half will go towards a fund to preserve the outdoor pool at the leisure centre.



MARGARET OSBORNE

Thai fun day

Guider Kath Caldwell from Camarthenshire has been selected to attend the World Scout Jamboree in Thailand this year.

To help raise money for the trip, Brownies and Guides from her County held a Thai-themed fun day to celebrate the Thai New Year in April.

They had a great time making paper kites, rice shaker instruments and Krathongs (floating water lilies made of paper) that they tested out in a paddling pool.



KATH CALDWELL

Sporty stamps

The Royal Mail has designed a set of special stamps to celebrate the 17th Commonwealth Games in Manchester. Throughout their history, the Games have built up a spirit of friendly competition.

Available in Post Offices from July 16, the stamps feature sporting images, including a long jumper frozen in mid-air, runners sprinting for the finish line and wheelchair athletes competing in a race.

Guiding magazine has 25 presentation packs, worth £2.35 each, to give away.

For a chance to win a presentation pack, simply answer the question below and send your entry, along with your details, to *Guiding magazine*/Stamps to the address on page 3. Alternatively, you can e-mail your entry to: guiding@girlguiding.org.uk.

All entries must arrive before **July 28**.

Where is this year's Commonwealth Games to be held?



GIVEAWAYS GIVEAWAYS GIVEAWAYS

In August's

Guiding magazine

What a performance!

Our fantastic free Go For it! is packed full of handy hints and tips for putting on a performance. From costumes to lighting, Go For It! Show time will help you make your show a success.

Young runaways

Find out why one in nine children run away from home and what you can do to help.

Jubilations!

From street parties to parades, find out how members across the UK celebrated the Queen's Golden Jubilee with our photo round-up.



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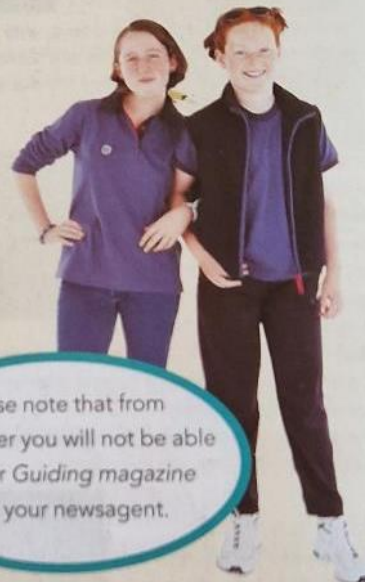
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Starting with the September issue, *Guiding magazine* will be delivered free to all full adult and affiliate members. If you are not eligible to receive a free copy, you can still subscribe to *Guiding magazine*

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