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Welcome

September 2003 – the date many Brownie Guiders have been waiting for – when girls set off on the Brownie Adventure in many Packs across the UK. Thanks to so many Brownie Guiders who have already attended introductory trainings and to those who will be doing so in the coming few months. I trust you find that you agree with the 40,000 adults and girls consulted in the research and piloting stage and feel that we have developed an exciting and up-to-date Adventure for Brownies.

The Brownie Adventure offers you and your Brownies a range of opportunities that encourage self-development – and at the same time is simpler for you to administer, supported by good quality resources. It strengthens the use of the five essential elements of guiding and encourages Brownies to see their Promise as a 'living Promise' throughout everything they do.

The previous Programme – ahead of itself when it was introduced – has served us well, but it was time to recognise that 7-10-year-olds are not the same as they were 30 years ago. Girls are more capable of deciding what they want to do, how they want to do it and when. They do, however, still need guidance to widen their horizons, meet challenges and new experiences. I am confident that as the Brownies' Adventures progress week by week, you'll find that rewarding participation and achievement enhances each girl's self-esteem and above all she, you, and her Brownie friends will have lots of fun together.

Pat Tiley, Chairman, Guiding Development Committee

ACTIVATE

Win a special award for caring for your local environment, grow in confidence with our self-esteem activities and play some top tag games.

Volume 90 Number 9 September 2003 £1.80

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NEW ADULT WEAR

The new Girlguiding UK Adult wear is unveiled

GUEST WRITERS



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Alison Murray reports from Innovate — Girlguiding UK's annual event for young women

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Cover photography by Nigel Taylor

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NEWS IN BRIEF

ASPIRE CHANNEL SWIM

The number to register for the ASPIRE Channel Swim in August's magazine, page 22, was wrong. The correct number is **08000 370 880**. We apologise for any inconvenience.

THINKING DAY 2004

Don't miss this month's *Hotline* as it contains details of next year's exciting nationwide World Thinking Day events.

- Turn to page 25 for a letter of thanks from Lesley Bulman, Chief Executive of WAGGGS.

SHOP NEWS

- The Girlguiding UK Trading Service shop in Liverpool has moved to a new ground floor site at 17 Hatton Garden. The new premises, off Dale Street, are near to the Queen Square bus station and Moorfields Station. The new telephone number is **0151 236 2229**.

- Please note that the Manchester shop has a different phone number to the one we published in July. The correct number for shop enquiries is **07721 322 833**.

The shop is open Tuesdays and Thursdays from 11am to 3pm, and the first and third Saturday of the month from 10am to 2pm.

RESIDENTIALS

Have you been on any interesting or unusual residentials or sleepovers? If so, we'd love to hear where you went and what you got up to. Please email Alice Boulton in the Programme Team at CHQ at aliceb@girlguiding.org.uk.

BIG GIG ACCOMMODATION

YHA Holland House, in Holland Park, Kensington, is offering a special price for members coming to London for the BIG GIG.

The usual price of £21 for adults and £18.75 for under 18s has been cut to just £15 bed and breakfast per person per night. For more information contact YHA Holland House on **0870 770 5866** or email hollandhouse@yha.org.uk and quote 'BIG GIG'.

WORLD CENTRES MEETING

The annual Friends of the Four World Centres meeting will take place on **November 8** at Pax Lodge, London, from 10.30am. The actual meeting will take place at 2pm.

Lunch, if needed, will be served at 12.30pm and costs £4.50. If you would like to order lunch, please send a cheque payable to 'Pax Lodge' to: Honor Locke, 51 Queensway, Horsham, West Sussex RH13 5AP.

On the ball

The second Girlguiding UK National Football Festival will be held at Rugby School, Warwickshire, from **August 13-16, 2004**.

Supported by the Football Foundation, the event gives Guides and Senior Section members the chance to come together, improve their soccer skills and compete in a seven-a-side mini-soccer tournament, in partnership with the Football Association.

However, the festival isn't just about football, it's a chance for the girls and their Leaders to get involved in other sporting activities and to find out about possible sporting careers.

For the adults and older Senior Section members there will be professional training sessions available. These are designed to give you the basic training needed to run and supervise a mini-soccer game.

Training is also available before the event for anyone who would like to brush up on their football coaching skills and encourage their unit.

Rugby School provides excellent facilities, indoor accommodation and a sports centre on one site. There will be 500 places available for Guides and Senior Section members.

Look out for more information on registration, costs and activities in a future issue of *Guiding* magazine.

SIMON STEPHENS



Members from all over the UK enjoyed the first Football Festival held in Sunderland in 2002

Sporting year

The European Union has designated 2004 as the European Year of Education Through Sport. The Union has set aside 6.5 million euros (just over £4.5 million) to co-finance around 185 projects during the year.

The aim of the year is to emphasise the value of sport to education. Applications for grants for local, regional and national projects are being invited from educational and sporting organisations.

The deadlines for submitting proposals are **October 1** for projects scheduled to begin between January 1 and June 30, 2004, and **March 1, 2004** for projects scheduled to begin after July 1, 2004.

Applications must be submitted on a standard form which can be downloaded from www.europa.eu.int/comm/sport. Application forms are also available from the Youth Sports Trust, please call **01509 228 293**.

LASER ANNUAL REVIEW

The Chief Guide Jenny Leach joined over 300 members at the London and South East Region (LaSER) annual review in July.

All Unit Guiders in the Region were invited to the event, which was held in the Chequer Mead Theatre, East Grinstead. As well as a formal meeting, members celebrated the achievements in LaSER over the past year.

Girls from each section took to the stage to say thank you to their Leaders. Rainbows from the 1st Northgate unit sang a song and played instruments while a screen behind them showed drawings the girls had done representing what they do at Rainbows. Each member of the 3rd and 4th East Grinstead Brownies stepped forward and told the audience something that their Leader had done for them. The 2nd Haffocks Guides performed a sketch about how much fun being a Guide can be and the 1st Copthorne Rangers did a cheerleader routine.

Chief Commissioner Pat Downer received her Laurel Award from Jenny Leach and a presentation was made to retiring President Eileen Burbridge OBE.

At the end of the event, everyone was given a rose to say thank you for all they do. Deputy Region Manager Pat Higgs said, 'The annual review has taken over from what was the formal AGM. There was a wonderful atmosphere, it was excellent.'



LINDA HAWKINS

The Chief Guide Jenny Leach (centre) with Chief Commissioner Pat Downer and some of the Guides who participated in the event

New Brownie web site

In April, to coincide with the release of the resources to support the renewal of the Brownie Section, the Brownie section of the Girlguiding UK web site was treated to a brand new look. New content was introduced to help Guiders become familiar with the Brownie Adventure and the girls' site was given the new Brownie Adventure look. This was the first stage of the site's re-launch.

This month, the second stage reaches completion. More new content has been added to complement the new Brownie Adventure and to assist in introducing the Adventure to Brownies and their parents. This completes the overhaul of the site (though content will be refreshed and updated regularly). The completed site now comprises three sections: Leaders, Brownies and Parents.

The Leaders' section contains all the essential information a Brownie Leader needs, including details of the exciting new Brownie Adventure, the new badge syllabuses and a summary of each of the great new Brownie publications.

In the Parents' section of the web site are a number of useful items such as how much it costs, how to register your daughter, how a parent can get involved in guiding and details on child safety.

The Brownies' section gives a taste of what being a Brownie is all about. It helps Brownies make the most of their Adventure with lots of badge ideas and exciting challenges. As well as information on their special Brownie treasures, there is still the very popular Just for Fun section which features some great online games and puzzles.

RECRUITMENT MODE

ARE YOU UP FOR THE RECRUITMENT WEEK CHALLENGE?

By the Reach Out and
Recruit Working Group

Recruitment Week runs from **November 10-16** so it's time to get your Recruitment Week posters. And the challenge for your unit, District and Division is to put up as many posters as possible around your local area.

But remember, even if your unit doesn't need more Leaders or helpers, it doesn't mean you don't need to put up posters — the unit 'around the corner' may need your help. While there will be a radio campaign calling for volunteers, it could well be your posters and Recruitment Week activities that could help girls currently on waiting lists get their start in guiding.

If you're not sure what to do with the posters then why not ask your unit for ideas? Try asking each girl to think of somewhere to put a poster (remember to check permission before putting posters up) or hold a competition for the best placed poster.

There'll be a free poster in each copy of next month's *Guiding magazine* and more posters can be ordered from Trading Service. Posters are available in A3 size, in packs of 10 for £2.95 (to cover postage and packaging) order code **6903**.

To place your order, contact Trading Services on **0161 941 2237** or email tradings@girlguiding.org.uk.

SHARING IDEAS

What are you doing for Recruitment Week? You can let others know by posting your event on www.girlguiding.org.uk where there's a virtual 'wall' of ideas. Or you could visit the actual Recruitment Week Wall at Waddow, Foxlease or Blacklands Farm in the next couple of months.

How about handing out flyers, bookmarks, postcards or other items to parents and interested adults during Recruitment Week? From October all the artwork you need to do this will be available at www.girlguiding.org.uk.

If you're stuck for ideas for Recruitment Week activities the *Recruitment Toolkit* contains recruitment ideas and approaches for units, Districts and Divisions.

● For details of how to order Part 1 and Part 2 of the toolkit see page 19.



Girlguiding UK



10-16 November 2003

Waddow Hall — 2 vacancies

Waddow Hall, Girlguiding UK's Training and Activity Centre in Lancashire, is looking to fill the following positions:

Centre Manager

Salary circa £24,720 p.a. plus benefits

We are seeking a dynamic and enterprising Centre Manager to lead and develop the team.

As the Centre Manager you will be responsible for:

- The strategic development of the centre
- The production, monitoring and review of the annual business plan and budget
- Leading and motivating the staff team
- Project management
- Working effectively with the volunteers.

The successful candidate will possess:

- Well rounded business skills and commercial awareness
- Strong leadership skills
- Effective budgetary, asset and resource management skills
- Excellent client and customer liaison skills
- Previous experience of managing a Centre of Excellence.



INVESTOR IN PEOPLE



Girlguiding UK

Assistant Manager — Training

Salary circa £21,888 p.a. plus benefits

Supporting the Centre Manager, the Assistant Manager will be responsible for all the functions related to the provision of residential leadership training at Waddow Hall. You will contribute to the planning, development and implementation of the strategic level objectives within Waddow Hall's business plan and effectively manage the revenue budgets.

The successful candidate will have experience of leading and managing a team, delivering excellent customer service, marketing and promotion to achieve income generation targets, managing projects and routine tasks with conflicting priorities and have experience in the training/conference centre or leisure industry.

For an application form for either of these positions, call the Human Resources Team on **020 7592 1892**, email hr@girlguiding.org.uk or visit www.girlguiding.org.uk. The closing date for both opportunities is **September 26**.

Registered Charity no. 306016

2003 ADULT UNIFORM COLLECTION

NEW FOR YOU — THE LATEST MUST HAVE ADULT UNIFORM COLLECTION

As part of the ongoing renewal process the Executive Committee has approved the introduction of a new uniform collection for adults in guiding. The introduction of the new adult wear will take place in two phases. The first phase – the mix and match range – is available to purchase from September 1 from the *Guiding Essentials* catalogue and online at www.guidingessentials.org.uk.

Details and prices for the mix and match range can be found in the latest *Guiding* magazine catalogue, out now with this issue of *Guiding* magazine.

MIX AND MATCH

The new range has been developed and designed to provide a practical, stylish, up-to-date and easy-to-wear collection of clothing for adult members. It's suitable for many different activities and events, both indoors and outdoors, with a selection of warm, cool and waterproof clothing – just right for the British climate and useful for overseas travel too.

The basic uniform colour scheme is still based upon navy but there is a new highlight colour – Girlguiding blue, which links the new uniform to the overall Girlguiding UK Identity.

CONSULTATION

The many comments made on the existing uniform – its good points and bad points – and suggestions on what would be preferable clothing, formed the brief for the design and fabric choices for the new Adult wear. We looked at all the elements that concerned you, including the fit, price, colour, the fabrics used, the clothing being too long, too short, too tight, too baggy, and many others. In addition to your comments, there was also the sales data for the existing uniform that spelt out very clearly what you liked and disliked!

EXISTING ITEMS

The existing uniform items can continue to be worn until further notice and are still available to purchase in the new *Guiding Essentials* catalogue. There also will still be a limited selection of non-uniform branded items available such as Surprise Yourself tops, but please remember that these are not uniform.

CHOICES

There are many different options available in the new range to suit all tastes, with ten new items to choose between. The collection consists of:

- Zip neck sweatshirt
- Polo in navy or white
- Quartered rugby in navy and Girlguiding blue
- Zip through navy sweatshirt
- Fleece gilet in navy and Girlguiding blue
- Waterproof jacket in navy with a Girlguiding blue highlight
- Navy trousers
- Navy shorts
- Two lengths of navy skirt – short and long.

Quite a lot to choose from! In addition, early 2004 will see the introduction of the second phase of the Adult wear collection with the release of the exclusively designed blouses and special scarf that can be worn with your own choice of classic dark navy suit, (trouser or skirt suit). Again the aim of these items is to give you choice in what you wear and how you wear it.

The new adult uniform collection range will provide you with everything that you need for guiding and your local shop and depot are waiting for your orders. They have had the opportunity to pre-order all the new Adult wear in advance and looking forward to you visiting them.



GIFT AID

PUT MONEY BACK INTO
YOUR UNIT

Is your unit missing out on around £250 a year? If, like 80 per cent of units within Girlguiding UK, you're not claiming Gift Aid then you are.

WHAT IS GIFT AID?

Put simply it's a way for your unit to claim back some of the tax that your girls' working parents have paid. You can't claim Gift Aid on everything a parent pays — there are some guidelines.

For example, you **can't** claim Gift Aid on camp holidays, outings and other events, but you **can** claim Gift Aid on subscriptions and census money.

WHAT ARE THE BENEFITS?

In short, Gift Aid can save you an extra 28 per cent on your unit's subscriptions.

For example, a Brownie unit with 20 girls in it who are each paying £15 per term could claim an extra £252 a year. This means less time spent fund-raising and more opportunities

for the girls to enjoy themselves.

Even better is that you can claim Gift Aid on subscriptions since April 6, 2000 provided you have the payer's permission and you have a record of the subscriptions paid. So, if the parent of a 13-year-old Guide signs the form, you could claim Gift Aid on all her subscriptions for the past three years (another £12.60 per girl per year).

WHAT DO I NEED TO DO?

Visit the Information & Media section of

www.girlguiding.org.uk where there's a step-by-step guide to claiming Gift Aid. If you don't have access to the Internet, contact the Membership Development Team on **0800 169 5901** or email chq@girlguiding.org.uk.

If it all sounds like too much extra work then why not use Recruitment Week to find a Gift Aid Administrator or a Unit Treasurer?

● Recruitment Week takes place from **November 10-16**. See page 6 for more information.

YOUNG VOICES GET HEARD

YOUNG MEMBERS GIVE VOICE
ON THEIR VIEWS OF THE WORLD
WE LIVE IN

By Liz Lee
Project Coordinator,
International, CHQ

Two Girlguiding UK members are among a group of young people from youth organisations nationwide taking part in an exciting new project with Save the Children.

Senior Section members Jessica Bailey and Katherine Grabham joined representatives from the Scouts, Woodcraft Folk, Article 12, Youth Action Network and Global Youth Network in attending a residential earlier this year. The girls and their fellow participants are now being trained in community research skills in order to carry out a MORI-style survey into the views of their peers about the world and global citizenship. The project is underpinned by the United Nations Convention on the Rights of the Child which states that young people have the right to have their views heard and taken into consideration on decisions that affect them.

UNDERSTANDING YOUTH

The results of the survey will enable Girlguiding UK to gain an insight into how young people feel about the world they live in and their roles as global citizens.

Understanding what excites young people, what scares them, what they want more information on, how they want to engage, and what they think are important issues for their generation will enable Girlguiding UK to direct new projects and resources and ensure work is relevant to the interests of members.

Details of how young people can take part in the survey will be on the Girlguiding UK web site from September, so keep an eye on www.girlguiding.org.uk. For further information contact Liz Lee at CHQ on **020 7834 6242**, email LizL@girlguiding.org.uk.

CAPITAL EXPERIENCE

WHY NOT LET ICANDO HELP YOU
PLAN YOUR TRIP TO LONDON

By Tony Cobb
Retail and ICANDO Manager



From the Urban Future Zone to the newly-extended Seaside Zone, ICANDO just keeps getting better and better. Just ask the 500 people who have taken part in Go For It! London so far.

On second thoughts you don't really need to, Go For It! London's popularity says it all. In fact, there are so many people signing up for the programme that we keep having to add extra dates.

COMING UP

And it's all set to get even busier at ICANDO this month with the launch of our London Packages. The London Packages are exactly what they say they are — a selection of planned days in and around Central London, all based on a visit to ICANDO. Visitors are given a timetable to guide them through their day and a route plan to guide them through London. There's also information about the attractions visited and everything needed to have an excellent experience in London. So go on, let us do the planning for you.

And after your visit to ICANDO and London? Well, we'll give you the help you need to prepare an entry for our London Memory Project where you can record your fantastic day in our database so that others can see what a wonderful time you had and read about your discoveries.



HENRY IDDON

GOING SO SOON?

Don't forget you can stay overnight at ICANDO, just add an ICANDO sleepover into your package for some extra fun. Sleepovers are available every night of the week, including Saturdays, so it's up to you to choose between an exciting weekend or a midweek break.

Another new idea for this winter is an adult sleepover. ICANDO will be accepting bookings from all adults in guiding (individually or in groups) for one- or two-night sleepovers on **December 5 and 6** and **January 9 and 10, 2004**. You could enjoy a fun stay with us while doing your Christmas shopping, taking in a show, or hitting the January sales. Just remember there's something in London for everyone.

OPEN TO ALL

So when you're planning your next trip to London, keep in mind that ICANDO is about more than the hours of fun you can have here — it's about the whole London experience. Whether you are coming here as a Guide to take part in Go For It! London, or as a Senior Section member to take part in Let Loose in London (which will take place from **October 17-19** and has a theme based on the world of film and the Oscars) — there are plenty of opportunities for all.

For further information telephone **020 7592 1818**, email icando@girlguiding.org.uk or fax **020 7828 8317**.



HENRY IDDON

ACHIEVING ITS AIMS

By the Positive and Effective Leadership Group

Launched in June 2001, the Positive and Effective Leadership Project is now halfway through its three-year lifespan. As you'll no doubt know (if you've been reading *Guiding* magazine and *Motivate* over the past year!), the project has three key messages which the Positive and Effective Leadership Group covers in everything it does. These are: supporting Leaders, valuing best practice, and challenging negativity. While the project still has a long way to go, here's an update of how it's achieving its aims.

MAKING A DIFFERENCE

Following the two successful forums held in 2002 for Leaders who work in areas of social deprivation, a working group of Leaders who attended the forum or expressed an interest in the area has been formed. The group has attracted both local and national press interest as it addresses issues raised by the forums including, access to funding, challenging behaviours, safety in the meeting place and pastoral care.

● See the *Making a difference* article, right, for more information.

PROGRAMME TO THE PEOPLE

Plans are well underway for the Programme to People weekend which will take place this month at Waddow with the aim of promoting 'awareness and benefits of Positive and Effective Leadership, thereby enabling Countries and Regions to achieve best practice'.

The weekend has been put together using information from a 2002 questionnaire on training and experience. Each Country and Region has been asked to send five representatives — consisting of their Guiding Development Chair (or equivalent) plus a combination of Trainers and County Chairs of Programme and Training (or equivalent). The weekend will provide the opportunity for Countries and Regions to continue thinking about how Positive and Effective Leadership affects them.

VALUING YOUNG WOMEN

In 2002 Girlguiding UK had 15,884 members aged 18-30 registered on its Adult Member Database (not including Senior Section members) and it is these members the Valuing Young Women project is targeting. Its aim is to 'promote, recognise and value the part young women play in organisation and leadership within Girlguiding UK'.

In order to research for the project, a questionnaire was sent to a percentage of members aged 18-30 registered on the Adult Membership Database. The questionnaire was also placed on the web site and was sent to Country and Region Senior Section Advisers for distribution. In an amazing response, 645 questionnaires were returned (many from the web site).

A small group of these young women will take this further at weekend at Foxlease in October and develop a number of new pilot projects.

TEAM TRAINING

Girlguiding UK and Country and Region Training and Activity Centres are being given the opportunity to develop a team training event in October this year with a view to creating a model which can then be delivered as a residential weekend at the Training and Activity Centres.

DISTANCE LEARNING

An individual distance learning package along the lines of the Educare package will appear in *Guiding* magazine from next year. The package will come in four parts covering each of the Positive and Effective Leadership key messages.

Watch out for it as it's your opportunity to take part in the Positive and Effective Leadership Project and make a difference within local guiding.

COMPLAINTS PROCEDURE

Work is continuing with the Complaints procedure and it is on target to be produced following consultation with the Legal Department in 2004. For more information see June's *Guiding* magazine.



KEVIN ROGERS

WE REVIEW THE WORK OF THE POSITIVE AND EFFECTIVE LEADERSHIP PROJECT AND LOOK AHEAD TO THE FUTURE

CAN YOU HELP?

The Positive and Effective Leadership Group appreciates all the support they receive and welcome any suggestions for reaching the project's aims. If you would like to contribute to the project in any way, or have any questions about the work, please contact Rachel Swygart in the Adult Support Team by emailing rachels@girlguiding.org.uk or calling 020 7834 6242 ext 398.

We're continually looking at ways to support Commissioners and Advisers, in particular we're interested in looking at what happens when a member transfers to another Country or Region. If you've moved recently we'd like to hear from you about your experience.



KEVIN ROGERS

MAKING A DIFFERENCE

SUPPORT NETWORKS AND RESOURCES ARE BEING DEVELOPED — AND WE'D LIKE TO HEAR YOUR IDEAS

Do you remember all the publicity surrounding last year's Making a Difference forums? If you do, or if you read the report on the forums in January's *Guiding* magazine, you may be wondering what has happened to progress this work.

After attending the forums a group of Leaders joined with others who are experienced in areas of social deprivation to form a group which is currently working on responses to the issues raised. The group is clear about the sort of support that is needed to deal with the challenges of guiding in areas of social deprivation. They are addressing the issue of how Girlguiding UK can support Leaders and girls in this area. This includes providing fund-raising ideas and help to access grants.

IDENTIFYING THE PROBLEM

A wide range of issues and concerns affecting various groups have so far been identified by the group. Commitment, empowerment, peer pressure and cultural diversity are some of the issues the group believes stops some girls joining guiding. For those already in guiding, safety is a concern and the group is exploring what local

neighbourhoods and Girlguiding UK can do to help with issues of safety.

A pilot programme is currently being developed which will link units in different parts of the UK who can give each other reciprocal help and friendship. Help for Commissioners in setting up support networks for Leaders and units in areas of social deprivation has also been recognised as an issue.

FINDING SOLUTIONS

The group is working on providing information including leaflets on grants and fund-raising, neighbourhood safety and practical ideas that require few resources. Also being produced are notes of advice to assist Commissioners with units in their areas that are facing challenges.

All the information produced will automatically be sent to those who attended the Making a Difference forums. If you didn't attend a forum but think the information would be useful to you, or if you have any ideas which you would like to contribute to the Positive and Effective Leadership group, please contact Rachel Swygart in the Adult Support Team at CHQ by emailing rachels@girlguiding.org.uk or calling 020 7834 6242 ext 398.

MANPOWER

A NEW BREED OF HELPERS ARE STARTING TO EMERGE — MEN

By Isobel Durrant

When Vic Baldwin tells people he's in the Guides, you can imagine the response he gets. 'You can't be in the Guides!' is invariably what most people say to the grandfather. But Vic is — and has been for six years — as a Unit Helper with the 1st Keston Guides.

Given that his wife Glenys, his daughters and granddaughter are all involved in Girlguiding UK, it was probably inevitable that Vic would eventually bow to family tradition and join in too. Although he's the first to admit he didn't see it coming. 'When my wife was District Commissioner, I used to put on my good suit to accompany her, and I felt rather proud,' says Vic, 'But I didn't ever think I'd be a Guide helper!'

Keith Piggot spoke about his experiences as a male Unit Helper at 'Our Year of Surprises'



THE MEN BEHIND THE WOMEN

Of course, Vic's not the only man who plays a part in Girlguiding UK. While some like Vic have taken the step towards more official status, most remain in the background. They're the ones behind the scenes — the husbands, partners, sons and male friends of Leaders who provide the back-up support. And it's often not just unseen but unsung work — from taking telephone calls and writing down messages, to helping organise events, making tea, lifting and carrying, and cheering from the sidelines.

No one knows exactly how many men are

'The 333 male Affiliates are just the tip of the iceberg'

involved in guiding, the 333 male Affiliate members are probably just the tip of the iceberg. Apart from being Unit Helpers, men can also have other roles in the Association — from Public Relations Advisers to special activities advisers. However you won't find men working as Guiders or Assistant Guiders, and they can't be Commissioners.

But this hasn't deterred Vic from getting involved. In fact, he gives so much support to guiding that it's a wonder he has the time to do anything else. And on top of it all he also spends several evenings each week teaching martial arts. Much to their delight, he also does demonstrations with Guides and Rainbows. Not bad for a man who has muscular dystrophy and uses a wheelchair.

Sometimes he'll get a helping hand with the demonstrations from his friend John. Other times his mate Richard helps him clear the garden around the girls' meeting place. Once an old butchering colleague even donated meat for Vic to make burgers. With most of his friends finding themselves becoming involved in one capacity or another when Vic needs a hand, Vic's doing a great job of recruiting more males into guiding.

ONE-MAN JOB

But Vic's not deterred if his mates can't make it. He can often be found cleaning up, mending doors, taking supplies to camp, 'But I don't stay — camping's not me', and carrying out general repairs. He also goes along on outings, 'I was at London Zoo the other week, we had a great time. The girls took it in turns to put their bags on my chair!'

And add to that list inveterate bargain hunter — Vic's always on the lookout for items at car boot sales to stretch funds and give the girls a treat.

'I love fêtes,' he confesses, 'I look for anything to make the kids happy. We got stacks of cheap paper at one sale. At another, there was a bloke selling purses, he wanted 50p for each one. I said, "I want 35, how much can you give them to me for?" We got them for 25p each, so all the girls had one for Christmas.'

Vic obviously loves every minute of his work with the Guides and while he seems a natural, it took a while for Vic to get used to working solely with females.

'I was terrible when I started, I didn't know how to relate to the girls,' says Vic, 'I had to learn how to deal with them.' Glenys, he says, has been a 'major encouragement', along with other Guide Leaders who have shown him the ropes.

These days Vic gives as much encouragement as he receives. 'If you get a good group of girls you can really nourish and support them,' he says. 'When you see what

'Men have something different to contribute'

guiding can do for a young person it's a privilege to be involved. It gives them a really good start. It's like building blocks, helping them grow in the right direction.'

And according to Glenys, having men in Guides helps girls get this well-balanced start in life.

'There are so many girls growing up in single-parent families with their mothers. Their fathers have lost touch and they have no contact with men,' she says.

'Having a male Unit Helper means that the girls have an adult male in their lives, it helps them to have successful relationships with men when they grow up.'

Vic agrees Guides is the perfect place for

girls to find male role models.

'It's better girls have the chance to get to know men they can trust at Guides,' he says. 'We can help with traditional male skills and show them things like bike and car maintenance. Of course, it also works in reverse when they see me cooking!'

He's also aware there are times it needs to be just girls. 'They need that space where it's just girls,' says Vic, 'I never stay around for a whole meeting.'

SURPRISING HIMSELF

It was through work that Keith Piggott found himself involved in guiding. Keith had 15 years' experience in youth work with young people when he was asked to run an event for the Guides. It wasn't quite what he expected — like many outside the Movement, the image he had of guiding was a rather negative one.

'I assumed guiding was all very old-fashioned,' he admits. 'I expected rather wet girls, who wore a terrible old uniform, sang silly songs and called their Leader Brown Bunny or something silly. My surprise was that these girls were just like those I had known in earlier youth work.'

The Guides must have thought he was alright too, because after that initial event he was welcomed back on a regular basis as a Unit Helper with the 1st Southampton Guides. Ever since then, Keith says he's been consistently impressed by the Guide ethos and how the qualities of working together and supporting each other translate into everything they do.

While both Keith and Vic are very content with their role in guiding, there is one thing Vic would like to change.

'It would be nice to have something official to wear,' he says. 'I've got my yellow tab badge, but I'd like to have a proper shirt. I'd be quite willing to design one, or get the girls to do it. Then perhaps people would believe me when I say I'm with the Guides!'

GLENYS BALDWIN



Vic Baldwin has been a Unit Helper for five years

● Have you got a helper who brings specific or unusual skills to your unit? If so, we'd love to hear from you. Please write to *Guiding magazine* at the address on page 27.

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September 2003

Activate

Be inspired with our special pull-out Motivate section

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Snowy rescue game

Leaders' note

The Wash day activities on page 13 will help your Brownies with their Home Skills Badge.

What's hot

Do you value your Young Leader? Do you know what her hobbies are? Do you encourage her to take part in award schemes and other activities? Turn to this month's Motivate pull-out to find out what you can do to make your Young Leader feel appreciated.

Pull out and keep

Self-esteem

Leaders' note

■ *Follow the thread* and *Birthday game* are taken from *101 Games for Self-Esteem* by Jenny Mosley and Helen Sonnet, ISBN 1855033518, price £15.95.

■ *Pass it along* and *Starcatcher* are taken from *101 Games for Social Skills* by Jenny Mosley and Helen Sonnet, ISBN 1855033704, price £15.95.

Both books are published by LDA. For a chance to win one of ten sets of both books or to find out where to buy them, turn to *News and Views* on page 26.

Follow the thread

To play this game you will need a big ball of string. Passing the string around the circle helps to bind the group together, practically and psychologically. All the girls are involved and encouraged to feel a sense of belonging.

Tell the girls to imagine that they are going on a journey together. They are going to travel somewhere warm and sunny by the sea.

Ask them to think of one thing that they would like to take with them — it may be something for the journey or the destination.

Give the ball of string to one girl.

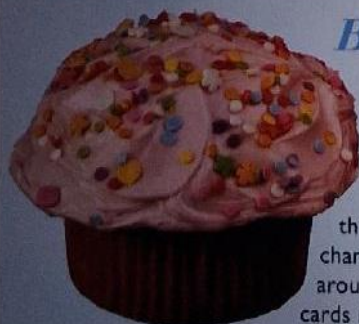
She holds on to the end of the string, tells everyone the item that she has thought of and passes the ball to the next girl. The girl who passes it on keeps hold of the string. It continues around the circle with each girl saying what she wants to take with her and keeping hold of the string once she has passed the ball on.

When the ball has travelled around the circle all the girls will be holding the string. The first girl then winds the string back on to the ball. Younger children could sing a song while this is happening older children could play a word association game.

Top tip

This process can be used for all sorts of activities such as rounds, storytelling and brainstorming. It helps the children to concentrate and anticipate their turn.

You can also pass the string randomly across the circle, asking girls to raise their hands to answer. This creates an interesting web effect.



Birthday game

This game helps with thinking and concentration skills.

You will need to make two sets of 12 cards. On the first set write a month of the year on each card. On each card of the second set write an activity, such as change seats, count backwards from ten, hop around the circle and so on. Put the sets of cards in two separate containers.

Before you start the game, make sure all the girls know the month of their birth. A girl takes a card from the month container and reads it out. All the girls with a birthday in that month stand up. Someone else then takes a card from the activity container and the birthday children perform that activity.

Top tip

The children could make a block graph to see how their birthdays are spread over the year. They might like to choose an appropriate symbol to represent each month. For example a snowflake for January, an autumn leaf for October and so on.

As a group, you could also discuss the reasons why we celebrate birthdays.

games

Help girls of all ages to grow in confidence and work as a group with these games

Pass it along

This game has two elements. The first focuses on the girls' observation and the second on their acting skills!

All the girls stand in a circle facing inwards. One girl is chosen to stand in the middle. The other girls pass a small object, such as a ball, around the circle behind their backs.

The girl in the centre has to guess where the ball is. When she thinks she knows she shouts 'stop'. All the girls stand still while the middle girl makes two guesses to where the ball is. If her guess is correct she swaps places with the girl who has the ball. If she guesses incorrectly the game carries on. The girl in the middle may have three turns before she is replaced.

Make it harder

■ The girl in the middle closes her eyes while the ball is passed round. The girls in the circle count down from five to zero. When they reach zero the middle girl opens her eyes and guesses where the ball is.

■ Use two objects and pass them around the circle in different directions.

Surprise yourself!

Do you have some special games to help the girls grow in confidence or work together as a team?

If you do, we'd love to hear from you. You could even send in *Activate* ideas as part of your Surprise Yourself Challenge!

Please write to *Activate*, 17-19 Buckingham Palace Road, London SW1W 0PT or email: guiding@girlguiding.org.uk.

Ideas to go

- Singing and drama can both help to increase girls' confidence and self-esteem
- Get the girls working in groups by playing wide games. The *Ice station* game, on page 14 of this *Activate*, encourages teamwork by completing small challenges.

Starcatcher

This is an active game that encourages girls to work together to achieve their goals.

Tell the girls that they are lights floating in the night sky. Choose one girl to be the Starcatcher. The Starcatcher stands in the centre and the lights move around her. The Starcatcher says 'lights to star bright, one, two, three, four, five'.

The lights then have to get into groups of five. They form stars by putting their left hands together in the centre of a circle and stretching out their right arms like the rays of a star.

Meanwhile the Starcatcher counts to five again, on the last number she tries to catch any spare lights floating about by touching them on the shoulder.

Any lights that are caught become Starcatchers too and the game continues. The Starcatchers work together to try to corner spare lights and the lights work together by trying to distract the Starcatchers.

Make it harder

You can speed up or slow down the numbers counted to help the lights or the Starcatchers.



Sangam sparkle

Sparkle pack

The first Sangam Sparkle Pack was produced in 1996 in honour of Sangam's 30th birthday. The pack proved so popular that the Friends of Sangam have produced another one.

Sangam Sparkle Pack 2, compiled by Margaret Wellock, is packed with lots of exciting activities, stories, games and crafts that have been inspired by Sangam and India. A very small taste of some of the extensive activities can be found on the next page.

Sangam Sparkle Pack 2 will be available from October, price £5 plus 90p postage. Send your orders to: Friends of Sangam (UK), Trading, 26 Godwin Way, Bromham, Bedford MK43 8JH.

■ Please make your cheques payable to Friends of Sangam (UK).

Proceeds from the sale of the pack will be used to fund projects at Sangam.

A fabulous new activity pack will bring a taste of the WAGGGS World Centre in India to your unit

What is Sangam?

Sangam is in India. It is one of the four WAGGGS World Centres.

The other three World Centres are Our Cabaña in Mexico, Our Chalet in Switzerland, and Pax Lodge in London, England.

Sangam is in the city of Pune, on the west side of India. Pune is about 120 miles from Mumbai (formerly Bombay).

Sangam means 'coming together' which is exactly what WAGGGS members from all over the world do there. To find out more about Sangam, visit the web site at:

www.sangamwaggs.org.uk

Leaders' note

Please remember that any enquiries about the Friends of Sangam or the Sangam Sparkle Pack 2 should be addressed to the Friends of Sangam address and not to Guiding magazine or CHQ.



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Friends of Sangam

Friends of Sangam (UK) is a voluntary group made up of people concerned with the welfare of Sangam and who are interested in spreading the spirit of Sangam.

Annual membership to Friends of Sangam (UK) is £5. For more information, visit www.fosuk.org.uk or send a sae to the FOS (UK) Membership Secretary, 26 Godwin Way, Bromham, Bedford MK43 8JH.

The mango song

India produces almost 10 million tons of mangoes every year, that's 65 per cent of the world's mango crop!

The girls can imagine they're playing in the lush mango groves with this jolly rhyme that is sung to the tune of *Frère Jacques*.

Munching mangoes,
Munching mangoes
Mish mush mash,
Mish mush mash
Jump into the river,
Jump into the river
Splish splash splosh,
Splish splash splosh.



Guiding in India

Guiding started in India in 1911 and the country was one of the founding members of WAGGGS. For the first five years, only British girls were allowed to join, but in 1916 the Movement became all inclusive.

Guides now belong to a joint Movement called The Bharat Scouts and Guides. Although the boys' and girls' meetings and camps are held separately, they do join together for special events.

Find out more at www.bharatscoutsguides.org.

It's a fact

Sangam Sparkle Pack 2 contains templates to make your own elephant, stories, special games, recipes for Indian dishes and lots of other exciting ideas!

Coconut barfi

This is a very sweet dessert that is enjoyed by children all over India.

Mix the coconut, milk and cream together in a saucepan. Stir on a medium heat until the mixture thickens. Lower the heat and then add the sugar and butter. Continue cooking, stirring continually until the mixture turns brown.

Grease a small, rectangular baking tray (about 15cm by 22cm) and pour the mixture into it. Smooth it out and put it in the fridge to set. Cut into small squares to serve.

You will need

- 200g grated coconut (fresh if you can get it)
- 125g sugar
- 100ml fresh cream
- 250ml milk
- 1tbsp butter
- Large pinch ground cardamom

Needles for sale

This game is enjoyed by Indian Guides and is good for groups of ten to 20 players. You will need lots of space to play it in.

One girl is chosen to be the needle seller. She walks around pretending to have a basket on her head, shouting 'Needles for sale, needles for sale!'.

All the other girls stand away from the needle seller, in a long line, holding each other at the waist. The girl at the end of the line says 'I'll buy your needles', and the needle seller tries to tag her.

To stop her being tagged, the whole line must keep together while they run. The purpose is not to break the line or be tagged. The girl who breaks the line, or the one who is tagged, becomes the next needle seller.



Job hunting

Acknowledgement: Debbie Richards

Good interview skills will help prepare your Senior Section members for the world of work



Role-play

Many Senior Section members will already have full or part-time jobs for which they have had to be interviewed. Colleges often want to interview prospective students.

Interviews can be very daunting and the best way to feel confident about them is to practise. Your Senior Section group can try out these drama based 'mock interviews' to give themselves a head start.

Get the girls together in pairs. One will be the interviewer and the other will be applying for a particular place at a college or for a job. To give you a start, there are two example interview questions and possible answers on these pages — *Saturday supermarket* and *College place*. The girls don't have to stick to the answers given, but they may like to use them as a guideline.

Saturday supermarket

You are applying for a Saturday job in the local supermarket and have got an interview with the Assistant Human Resources Manager.

They are looking for someone who is friendly and enthusiastic.

The duties of the job include:

- Working on the checkout
- Stacking shelves
- Helping customers with general enquiries.

Why do you want this job?

I am looking to gain some work experience in retail as this is what I am thinking of doing after college.

Or:

I want to get some general work experience while earning some extra money.

Why do you think you would be good at this type of work?

I am confident and enjoy talking to people and helping customers. I am quick to learn, reliable and friendly.

Have you had any other type of work experience?

I'm a Young Leader with our local Guide unit. It's a voluntary position but my responsibilities include helping with programme planning, helping to organise trips and events as well as keeping records and running the tuck shop.

What are your three best qualities?

I've got a lot of common sense, I respect authority and I'm good with people.

What would you do if you saw someone you knew stealing from the shop?

It wouldn't matter whether I knew them or not, I would still alert security or the manager.

What would you do if a customer asked you something you couldn't answer?

I would ask them if they wouldn't mind waiting a moment while I found someone who could help.

What are your ambitions?

Eventually I would like to go to college to study English and then go on to be a teacher, so I think that this job would help me with my people skills.



Interview top tips

Ask the girls to think about the position they are applying for:

- Why would you be a good person to hire? Do your skills match those on the job specification? If they do, give examples.
- Do a little research about the company, college or organisation you are approaching. Even if it is only your local shop it shows you are keen if you know at least a little about the company.
- Dress appropriately for the interview and always polish your shoes. A smart skirt or trousers with a plain shirt will usually be fine.
- Leave plenty of time to get to the interview.
- Think of questions to ask at the interview — write them down, so even if they've all been answered you can refer to your sheet and look like you are prepared.
- Smile and keep eye contact with your interviewer.
- Listen carefully to questions and don't interrupt.
- Ask if you don't understand a question.
- Try not to answer questions with a simple 'yes' or 'no'.
- At the end of the interview thank the interviewer for their time.

Guiding CV

Don't forget that guiding is a big asset to your CV.

Ask the girls to write down all the skills they have gained from guiding that might help them to get a job, such as interpersonal and organisational skills, commitment, handling money and so on.

Remember that interviewers always want you to back up what you say, so ask the girls to give examples of times when they've put particular skills in to action.

More help

These web sites give further help on interview skills and job hunting:

- www.thestudents.net has a large section on job hunting and preparing for interviews
- www.connexions-direct.com is a Government-run site that offers lots of helpful advice on things from choosing a career path to writing a CV.

College place

You have an interview for a place at college to study art and design.

Why do you want to study this subject?

I really enjoyed my lessons at school/GCSE in art and love practising at home too. I would like to learn more about the subject.

Why do you want to come to this college in particular?

I have looked at all of the colleges in the area and I think you offer the best courses and extra curricular activities.

What can you offer the college?

As well as wanting to study hard, I am a keen hockey player and would like to represent the college on the team.

I'm also a Ranger and I think the skills that I have learned through that will benefit the student fund-raising and social events.

What are your ambitions?

I plan to continue my education and then get a job working as graphic designer.

What are your interests?

As well as hockey, being a Ranger is a big part of my life.

Our unit has recently organised a big camp for other Girlguiding UK members and my role was to find sponsorship from local businesses as well as making all the publicity flyers and posters.



Follow the leader

Have fun in the outdoors with a wide game for Rainbows

Reader idea

This special wide game for Rainbows was sent to us by Marcia Bond, Guider of the 1st Allington Rainbows.

Girls play in smaller groups, with one Adult Leader per group. The aim of the game is to spot the out-of-place objects and collect stickers that represent them.

Preparation

Before you start you need to make a small booklet for each girl. This is for them to collect 'stickers' in on their way round the course of the game.

You can make the booklets from sheets of scrap paper stapled together.

The aim of the game is for girls to spot out of place objects on a course. You will need to collect at least ten objects that you can hide in various places. For example:

- An open umbrella in some grass
- Carrots hanging in a bush
- A framed picture hanging on an outside wall
- Socks pegged to a fence
- Balloons on a dustbin
- Rubber gloves on a tree branch
- A teddy bear on a drainpipe
- A hula hoop on a door handle.

For every object that you have, you will need to draw or find a simple picture to represent it. Copy the pictures so that you have enough for each girl. The pictures only need to be about four or five centimetres square.

Place all the like pictures in one sandwich bag and hide it near the relevant out of place object.

Top tips

- You could cut pictures out of catalogues and then photocopy them.
- Instead of pictures you could use stickers, for example red dots with the carrots, blue triangles with the umbrella, pink dots with the socks and so on.

Play the game

Once you have done the preparation the game is simple to play. You can make it last as long as you like, depending on the number of objects and the size of the space you have to hide them in.

Divide the girls into small groups and allocate each group an Adult Leader. All the girls are given a scrap paper booklet. The Adult Leader will need to carry round a glue stick or some sticky tape to attach the girls' pictures.

The girls take it in turn to lead the rest of the group around the defined playing space, they must look out for the out of place objects. When they find one, the whole group stops. The Adult Leader takes a picture for each girl out of the bag and they stick it in their books.

Choose another girl to lead the group around to find the next object.

Leaders' notes

- Set a time limit on the activity or tell the girls how many objects they have to find.
- Girls could sing a song as they go round or copy any actions the leading girl does, such as hands on hips, on head and so on.

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You will need

- Paper
- Stapler
- Glue sticks or sticky tape
- Pens
- Magazines, catalogues
- Scissors
- Sandwich bags
- Objects to find



Motivate

Welcome to the seventh in an occasional series designed to help you in the challenging role of leadership

The subject of Positive and Effective Leadership continues with a Motivate especially for Young Leader Guiders and Guiders who have a Young Leader in their unit.

Some of the activities in this Motivate were written by Innovate participants. Innovate is Girlguiding UK's forum where young women are given the opportunity to express their opinions and share their ideas.

Once you have tried out the activities you could share your thoughts with other guiding friends or write to the Adult Support team at CHQ who would love to hear from you.

What is a Young Leader?

Young Leaders are fundamental to the running of your unit. They are generally enthusiastic, vibrant individuals who enjoy giving up their time to come and help.

But what do you actually know about this turquoise-t-shirted bunch? As well as taking part in the planning and running of unit meetings, they they work on: Look Wider, Making It Count! and Leadership Qualifications.

The key to a successful leadership team is **communication**. It is important to make time to talk to your Young Leader. Knowing more than just her name will help you to help her become an asset to the unit.

On the team

Apart from enjoying her experience in guiding, your Young Leader comes to the unit to learn through observation and by furthering her existing practical experience as a Leader.

The following people may all be able to help and support Young Leaders as they develop their leadership skills:

- Unit Guiders
- Young Leader Guiders
- District Commissioners
- Ranger Guiders
- Advisers
- Division Commissioners
- County Senior Section Advisers.

I can do

Your Young Leader may be exceptionally skilled at running a game, but is that the only thing she can do?

Many Young Leaders are eager to take on new and exciting challenges and responsibilities. It is important that you pass on relevant information from your District, Division and County so that she is aware of the guiding community beyond the unit.

Details of County Training should also be passed on as Young Leaders are entitled to attend any training sessions.



Know her

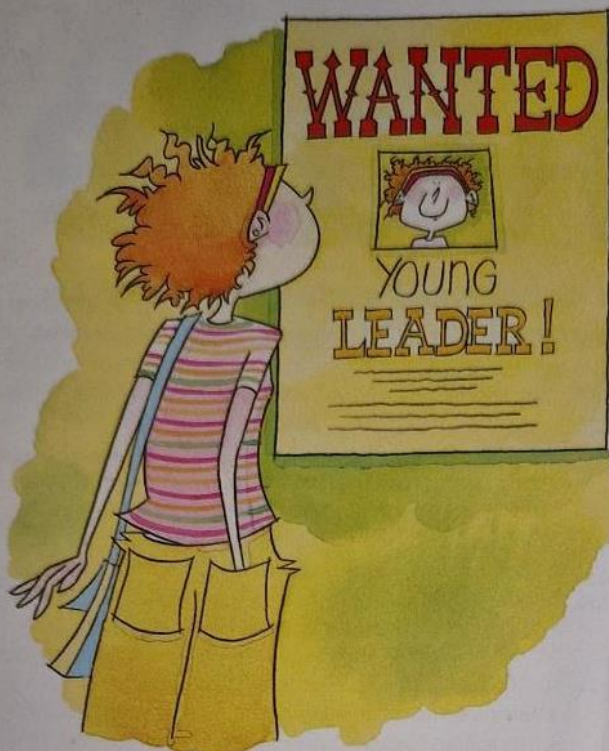
How well do you know the Young Leader you work with? The more you know, the better you can help her to use her skills and experiences.

Think about your Young Leader. Can you answer these questions about her?

- What are her study commitments?
- Does she have any work commitments?
- What are her ambitions?
- Which of her existing skills can be honed and which need to be developed?

There are, of course, many more questions that you can ask, just remember that even five minutes a week can make all the difference!

Pull out and keep



Myths and facts

How do you and your Young Leader feel about the following myths and facts?

Myth: A Young Leader is too irresponsible to arrange anything other than a game.

Myth: Young Leaders are always too busy with other activities to organise anything for the unit.

Myth: Young Leaders should do all of the menial tasks.

Fact: Young Leaders want to be in guiding.

Fact: Young Leaders may possess valuable time management skills and are capable of fitting guiding in among their other activities.

Fact: Young Leaders can bring a fresh perspective to the unit.

The future

Sit down with your Young Leader and agree on a list of dos and don'ts to help her play a full role within the unit. These examples may help you.

DO

- Invite Young Leaders to meetings and social events
- Give them a say in decisions
- Understand their commitments outside guiding
- Ensure you have all their contact details and that they have yours.

DON'T

- Just let them organise games
- Assume that they haven't got the time to organise activities
- Treat them as the 'underdog'.

Job advert

If you were recruiting a Young Leader, what would the job advert say? Ask your Young Leader what she thinks. What about this example? Perhaps you could use it to find more Young Leaders for your area.

YOUNG LEADERS WANTED!

Are you approachable, enthusiastic and a good communicator? Can you be flexible, responsible and organised?

If you are also outgoing and open-minded we need you for a rewarding position as a Young Leader.

Responsibilities will include:

- Taking an active role in organising trips and unit activities
- Being involved in planning meetings
- Working towards Leadership Qualifications such as Making It Count! and Look Wider.

Feeling valued

Try this quiz to find out if you value your Young Leader!

1 At weekly meetings does your Young Leader:

- A Organise games
- B Tidy up
- C Regularly organise unit activities

2 There is a planning meeting coming up, do you:

- A Let her find out about it through another Leader
- B Not tell her anything about it
- C Let her know all the details well in advance and check if she can make it

3 At a District event, is your Young Leader:

- A Supervising a craft
- B Making coffee
- C Organising a wide game

4 Do you know what stage your Young Leader is at in her Young Leader programme?

- A Vaguely
- B I didn't even know she was doing it
- C Yes, we have regular meetings about her progress

5 You are sent information about a Senior Section weekend, do you:

- A Put it to one side, meaning to pass it on but forget
- B Not bother reading it and throw it away
- C Pass it on at the first available opportunity

How did you do?

Mostly As — You're on the right track but there's still room for improvement. Try to communicate more with your Young Leader and get her involved.

Mostly Bs — Why does your Young Leader keep turning up? You need to learn to appreciate what skills she can bring to the unit. Try giving her more responsibility.

Mostly Cs — Excellent! Remember to keep on valuing your Young Leader and she'll keep coming back to the unit with fresh ideas and enthusiasm.



GET GLOBAL 2004

A CELEBRATION OF WORLD THINKING DAY

Get Global, Girlguiding UK's World Thinking Day celebrations for 2004, will be an exciting celebration of International Guiding. The theme is a call to take action, to get involved, to think globally and find out more about the world we live in. The activities at each event will be a combination of fun and learning, helping girls to discover more about the world around them, and the World Association that we are all part of. The aim is to give everyone new experiences, to stretch the imagination and show that you can make a positive change to the world.

To reflect the location of the largest Get Global event in Wales, each centre will be offering a 'Taste of Wales' as part of their programme — a chance for you to learn a bit more about a country close to home and try out some Welsh activities. There will also be a chance for everyone to contribute in some way to the World Thinking Day Fund. This money will go directly to WAGGGS to fund their valuable work enabling more girls and young women across the world to gain the benefits of Guiding.

All activities take place on the same weekend, Friday 20 – Sunday February 22, 2004. One-day activities will take place on Saturday 21 February with residential events being held over the whole weekend.

If you would like to take part in a Get Global event, please complete the attached booking form. Once you have completed the form, please return it to the event address that you have chosen, enclosing an sae and the correct payment.

Please note:

- Places are available on a first come, first served basis only (except Westminster services). Costs quoted apply to all members, including Adult Leaders. It is your responsibility to make sure that there are activities for your section at the event you are booking.
- Get Global badges will be available for all participants. This is included in the cost of the event. Those attending Westminster Abbey/St Margaret's will be able to purchase badges once they have been allocated tickets.

WORLD THINKING DAY



Hotline September 2003

WAGGGS HOTLINE

ONE DAY ACTIVITIES

Saturday 21 February 2004

Wales: Cardiff International Arena (CIA)

Time: 11am to 4pm

or 12noon to 5pm

All Sections

Cost: £8 per person

Travel the world with our friendly red dragons. Experience different cultures and traditions through music, craft, games and challenges. All Sections are welcome, so be prepared to Surprise Yourself! Join with 5000 others and have fun as part of the UK's largest World Thinking Day event in 2004!

Ulster: Lorne

Time: 10.00 am to 4.00 pm

All Sections

Cost: £6.50 per person

Join in a carousel of exciting activities that will explore cultures and traditions from across the world. This is an opportunity to have lots fun and learn more about WAGGGS and Global Issues.

South England: Foxlease, Lyndhurst, Hampshire

Time: 10.00 am to 3.00 pm

For Rainbows and their Guiders (Four Rainbows to one Guider/helper)

Cost: £6.50 per person

Celebrate being a Rainbow, through a range of songs, games and activities from around the world. Celebrate the birthdays of Lord and Lady Baden-Powell with a special party.

London: Westminster Abbey and St Margaret's Church

Time: 11.00 am (Doors open at 10:15am)

All Sections

Cost: Free

Get Global at a special celebration for all ages in Westminster Abbey. The celebration in St Margaret's Church is particularly suitable for Rainbows and Brownies (Duration approx one hour).

RESIDENTIAL ACTIVITIES

Friday 20-Sunday 22 February 2004

Anglia: Great Hautbois House, Coltishall, Norfolk

Sections: Guides with Guiders and Senior Section

Cost: £40 in the house or £35 in Patteson Lodge plus £8 for activities

Fun, food, friends and festivities travelling around the world with WAGGGS including the WAGGGS Internet Café!

South England: Foxlease, Lyndhurst, Hampshire

Sections: Brownies and Guides with Guiders; Senior Section

Ratios: One Guider to six Brownies or eight Guides

Cost: £40 + £8 for activities (catered)

£10 + £8 for activities (self-catering,)

Celebrate being an individual. Celebrate WAGGGS with activities from member countries, celebrate diversity with a festival of Britain, celebrate Lord and Lady Baden-Powell's Birthday, celebrate our world!

North England: Waddow Hall, Clitheroe, Lancs

Sections: Brownies & Guides with Guiders, Senior Section

Ratios: One Guider to six Brownies or eight Guides

Cost: Hall £45 + £8 for activities (catered)

Brownie House (s/c x 30) £11.20 + £8 for activities

Cottage incl. Bed linen (s/c x 15) £11.20 + £8 for activities

Stables (s/c x 15) £9.00 + £8 for activities

Ribble Cottage (s/c) £8.40 + £8 for activities

Enjoy international crafts, games and activities with other members and celebrate World Thinking Day.

Scotland: Netherurd House, West Linton, Peeblesshire

Sections: Guides with Guiders

Ratios: One Guider to eight Guides

Cost: £47 + £8 for activities (catered)

An exciting range of activities exploring global issues and activities, and find out more about world Guiding.



GET GLOBAL BOOKING FORM

For all applications please complete the sections that are relevant to the event you wish to attend. Send your booking form to the address listed for the event of your choice, with your payment and enclose an A4-sized sae.

This form is also available to download at: www.girlguiding.org.uk

Contact name and address: _____

Postcode: _____

Telephone No: _____

Email: _____

Mobile No: _____

Number of Guiders/helpers: _____

Number of Trefoil Guild/Affiliate Members: _____

Number of Senior Section: _____

Number of Guides: _____

Number of Brownies: _____

Number of Rainbows: _____

How will you be travelling to the event? _____

Estimated arrival time: _____

Do you have any participants with disabilities/special needs?
If yes, please give details and section participant is in:

Yes
☐

No
☐

Westminster Abbey/St Margaret's Church ONLY

If taking part in the Services at Westminster Abbey and St Margaret's would members of your unit like to participate (read, drama, carry flag, flower bearers etc).

Yes
☐

No
☐

Please note as the services are often over subscribed, a ticket draw will take place on Monday 15 September.



BROWNIE PROGRAMME CHANGE-OVER

Many Brownie units will this term be changing over to the renewed Brownie programme. At some of the training events, Guiders asked for help in how they explain the changes to Brownie parents.

Units need to change over to the Brownie Adventure by September 2004 and keeping the parents involved and informed will benefit both the Leaders and the Brownies.

Pat Tiley, Chairman of Guiding Development and also a Brownie Guider, has written the attached explanation. Guiders can use this in any of the following ways:

- Use the idea and write you own letter or Unit news sheet, a group of older Brownies could help one of the Leaders to prepare this.
- Adapt the letter attached and provide a short letter or leaflet to all Brownie parents, explaining the changes and the immediate effects this will have on your unit. For example increased subs or opportunities for existing Brownies to purchase Adventure books and so on.
- Photocopy the attached and give your Brownie Parents a copy of the letter, from Pat Tiley, as it stands.

Need more adult help?

Why not use the renewed Brownie programme as an opportunity to get parents involved. If you're changing over to the renewed programme this term, you'll be ready to show it off to parents by November. So why not use Recruitment Week (see page 6) as an opportunity to invite parents and grandparents to an open evening. Provide the opportunity to try out some of the activities (give the Brownies the chance to practise first so that they can make it look easy!), and to see the new resources. Then explain how much more the unit could achieve if you had more help.

Be specific, what help do you need?

- Ask for extra adults willing to help with one off trips and so on. to enable you to go out and about more often.
- Ask for someone to organise Gift Aid, to look after your accounts or the waiting list.
- If you are regularly short of adults say so — it is not wrong to admit that you are regularly below the Girlguiding UK recommendations, because you don't have enough adults. Parents will understand the health and safety issues and respond.

Asking for an extra pair of hands each week in the form of a parents rota, is more likely to get a positive response than asking for a Guider. In six months you'll know which of those on the rota would make great Guiders and you can then approach them personally. Get one of the parents to be responsible for the rota, rather than taking this on yourself.

Make sure the Brownies hear your appeal — they will be good recruiters, and may well convince a parent to offer.

Don't forget to thank anyone present who already helps. Perhaps the Brownies can prepare a card to be presented at the open evening.

W
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BROWNIE PROMISE

Dear Brownie parent,

Being a Brownie is now more exciting than ever! This September we launch a renewed programme, known as 'The Brownie Adventure', which will help a Brownie to discover about herself, her community and her world.

The Brownie Adventure has been developed as a result of research that Girlguiding UK has carried out over the last four years. During this period we asked over 40,000 Brownies, Unit Leaders, parents/guardians, teachers, and others what they thought of the existing Brownie Programme. This research revealed that the experience of being a Brownie should be an exciting adventure and 'not like school'. Brownies and their leaders wanted a programme that retained the 'uniqueness' of being a Brownie and was:

Varied and flexible, so that girls had options and choices
Easy to manage, with less record keeping for Leaders
Fun, fun and even more fun!

The Adventure will be delivered through a pick and mix approach to Brownie meetings. To involve Brownies themselves in the choice of activities and challenges, new books have been published. The first, The Brownie Adventure is for 7-8-year-olds, the second, Brownies Adventure On, which includes an introduction to Guides, is aimed at the 9-year-old. All interest badges have been revised and brought up-to-date and the syllabus for each badge can be found in the new Badge Book.

It is hoped that each girl will own her own Adventure Book and Badge Book, but we recognise that during the transition period, this may not be possible. However, many Packs are using Gift Aid to help cover the costs of these new resources. In addition, we have introduced the Brownie Promise Box — a unique keepsake box, so popular with the Brownie-age girl.

The Adventure Books contain activities and challenges that Brownies can undertake on their own, in friendship groups, Sixes or with the whole Pack. The emphasis is on Brownies choosing their own challenges — it is not necessary for a Brownie to do set challenges at a Pack meeting, or at home, nor to complete all the challenges from an Adventure Book. A Brownie's Adventure should be fun and the challenges she completes should not be like homework.

The new Brownie Adventure will be an exciting experience, filled with activities that are relevant to today's girls aged 7-10. Why not find out more about it by visiting your daughter's unit — you never know, you may enjoy the experience so much that you decide to become a regular visitor and help run some of the Pack's Adventures.



One day activities

Please circle the event you wish to attend and the accommodation you require.

Westminster Abbey (All Sections)
St Margaret's Church (Rainbows and Brownies)
with leaders only)

Send this booking form to:
Get Global
Programme Team
Girlguiding UK
17-19 Buckingham Palace Road
London
SW1W 0PT.

Foxlease (for Rainbows)

Send this booking form and full payment to:
Get Global, Foxlease
Lyndhurst
Hampshire
SO43 7DE.
Cheques payable to 'Girlguiding UK'.

Lorne (All Sections)

Send this booking form and full payment to:
Get Global
Lorne House
Station Road
Craigavad
Holywood
County Down
BT18 0BP.
Cheques payable to 'The Guide Association'.

Cardiff International Arena (All Sections)

Send this booking form and full payment to:
Get Global
Girlguiding Cymru
The Lodge, Broneirion
Llandinam
Powys
SY17 5DE.
Cheques made payable to 'Girlguiding Cymru'.

Residential events

Please fill in the relevant section for the event you wish to attend

Great Hautbois House (please tick)

(Guides with Adult Leaders & Senior Section)

- ☐ House
☐ Patteson Lodge

Please send a non-refundable deposit of £15 per person with this booking form to: Get Global, Girlguiding Anglia, Anglia Region Office, 7 Great Hautbois Road, Coltishall, Norwich, NR12 7JN.
Cheques made payable to 'Guide Association Anglia'.

Foxlease (please tick)

(Brownies, Guides, Senior Section and Adult Leaders)

- ☐ £40 + £8 for activities (catered)
☐ £10 + £8 for activities (self-catering)

Please send a non-refundable deposit of £15 per person with this Booking form to: Get Global, Foxlease, Lyndhurst, Hampshire, SO43 7DE.
Cheques payable to 'The Guide Association'.

Waddow Hall (please tick)

(Brownies, Guides, Senior Section and Adult Leaders)

- ☐ Hall £45 + £8 for activities (catered)
☐ Brownie House £11.20 + £8 for activities
☐ Stables £9.00 + £8 for activities
☐ Ribble Cottage £8.40 + £8 for activities
☐ Cottage incl. Bed linen £11.20 + £8 for activities

Please send full payment with this booking form to: Get Global, Waddow, Clitheroe, Lancashire, BB7 3LD.
Cheques payable to 'The Guide Association'.

Netherurd (please tick)

(Guides with Adult Leaders)

- ☐ £47 + £8 for activities (catered)

Please send a non-refundable deposit of £15 per person with this Booking form to: Get Global, c/o Miss Sheila Cairns, 6e Jessie St, Blairgowrie, Perthshire PH10 6BT.
Cheques payable to 'The Guide Association Scotland'.

Remittance details

I have enclosed a cheque made payable to: _____ for £ _____

Look Wider

Have you seen a copy of the Look Wider file? The Look Wider scheme is for Senior Section members aged between 14 and 25, and includes Young Leaders.

Look Wider enables Senior Section members to take part in a variety of challenges across eight octants or they can choose to specialise in one particular area.



Young people are like plants. They need a stake to help them to grow, but the secret is in knowing when the stake is needed and when the time has come to take it away.
Lady Ralphs 3rd Anglia Anthology

Making It Count!

The Making It Count! scheme is open to all Young Leaders aged between 14 and 16. It is split into three sections: Me, Me as a Leader and Leadership in guiding.

Making It Count! gives credit for things done inside and outside guiding and encourages the development of personal and practical skills as well as individual knowledge.

We have included three example activities from Making It Count! for you to try with your Young Leader: 24 hours, Money matters, and Record keeping.

● Young Leaders aged over 16 can also work on the Girlguiding UK Leadership Qualification with the support of a Mentor.

Contact your County Leadership Coordinator for more information about the Leadership Qualification.

24 hours

How do some people cram so much into their lives — with study, a social life, entertainment, hobbies and guiding all taking up so much time?

Work out how you use your time over a week. Count all 24 hours of a day — remember to include eating and sleeping! How much spare time do you have to do those things you never find time to do?

Money matters

Plan the budget for a special event for your school, college, club or unit.

Find out how much money you can use from funds and how much will have to be paid by the individuals attending the event.

Make sure you account for all costs, including transport food and equipment.

Record keeping

Keep a record of a term's activities in the unit you are working with. This could be in any form including a scrapbook, diary or cassette recording.

Leadership qualities

Try this activity with your Young Leader so that you can both assess your leadership skills.

Think of a leadership role that you have taken or carry out. List the positive and negative sides of the job then decide how you can build on the good things and cope with the difficulties.

Separately, think about the following leadership qualities and mark them from one to five, according to how important you think they are (with one being the most important and five the least important). When you compare your choices, be prepared to explain yours and see how your choices vary from that of your Young Leader.

- To be able to identify the aims of the group
- To provide a sense of direction
- To help members of the group work as a team
- To be accepted as leader by the group
- To set an example for members of the group to follow
- To inspire members of the group to do their best.

Support groups

Does your Young Leader have a support group set up to help her through Making It Count!, Look Wider and so on?

The group could be made up of her Young Leader Guider, the Unit Guider she works alongside or even friends from outside guiding.

Under pressure

At the same time as being a Young Leader, a young woman may have to contend with study and exam pressures. The pressure to do well, meet expectations and make the right decisions about her future can seem overwhelming.

Encourage your Young Leader to try something to beat stress, you could even have a go together. How about Pilates, yoga or aromatherapy?



Self-esteem

It's easy to spot someone who has high self-esteem. They have an aura of 'peace' or 'togetherness' about them that is hard to describe.

Self-esteem is about knowing and liking yourself and it is vital to survival in the modern world.

Teenagers with low self-esteem often feel out of control and unable to handle conflicts because they're so wrapped up in their own perceived shortcomings. In contrast, a girl who feels good about herself and accepts herself should find it easier to feel like she can make a difference to her community and an impact on the world.

You can help to boost your Young Leader's self-esteem — have a look at past issues of *Motivate* for ideas. You can find them by logging on to www.girlguiding.org.uk and searching for 'Motivate'.

Do not walk in front of me,
I may not follow.
Do not walk behind me,
I may not lead.
Walk beside me and be my friend.
Anon

By example

Young Leaders learn a lot just by observing what goes on in unit meetings.

They might like the opportunity to discuss the reasons for certain things in the unit meeting. Try to have a chat with them at least once during the meeting to explain why things are done. You may like to offer her the chance to visit another meeting to see how things are done in different units.

Try to arrange a Young Leader swap with a nearby unit for a week or even a term — everyone should benefit from the experience.

Practical support

You can help your Young Leader to develop leadership skills and to become more involved in your unit meetings by doing the following:

- Make sure your Young Leader has access to *Guiding magazine*
- Share publications with your Young Leader to give her new ideas
- Invite your Young Leader to District meetings and social events with other Leaders.

Guider support

If you would like more ideas on how to make the best use of your Young Leader and how to give her support, try discussing the issues at your next District meeting.

You may be able to organise a training session for Young Leaders and the Guiders they work with. Contact your County Programme and Training Chairman (or equivalent) for more information.

Is this you?

Cynthia is a Young Leader:

'I've been working with a Brownie Pack for three years and have had no training or suggestions of any kind concerning leadership qualifications. There is no Senior Section group where I live and I feel very isolated. I enjoy working with the unit, but I often feel unappreciated. All I do is run games so I don't feel I am taken seriously.'

After reading all the information in this *Motivate*, what would you do if this was your Young Leader?

Illustrations: Stephanie Strickland

Wash day blues

Scrub up for an evening of soapy fun!

Reader ideas

Lis Sparrow, a Guider with the 101st Birmingham Brownies emailed us to say:

'We had a great evening this term using washing symbols as a theme. Since doing the evening I've noticed knowing about washing symbols is part of the new Brownie Home Skills Badge!'

We got the details from Lis so now you can enjoy the Birmingham Brownies' theme evening too.

If you have something to share, please write to *Guiding* magazine at the address on page 27 or email guiding@girlguiding.org.uk. We'd love to hear from you!

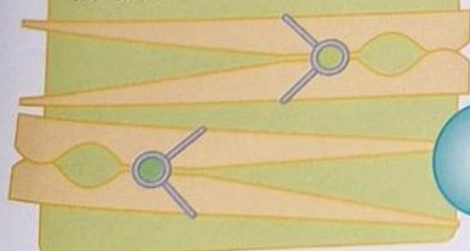
Giant's house

Start off your evening by getting in the mood for some washing with this simple game.

All the girls stand in a circle and say 'Come into the giants house to see what you can see!'

You then shout out an item to do with washing, such as a washing machine, washing line, iron, clothes peg and so on. The Brownies then return to their Six corners and arrange themselves into the shape of the item that was called out.

Give the girls a short time limit, such as one minute to do this then walk around the groups to congratulate them on their style — you could even award points for effort.



Washing symbols

Have a look at the labels on some of the clothes you are wearing or on some clothes that you have brought in from home. Do the girls know what the strange symbols mean?

Clothes manufacturers have a special set of symbols to help you care for your clothes. This game will help the girls to recognise them.

Each Six needs to set up their own washing line. Do this by fastening a length of string between chairs. Each Six also needs a handful of clothes pegs and a copy of the washing symbols shown below. (We haven't given you all the symbols, just a selection.)

Before you start, show the girls each symbol and ask them if they can guess what it means. If no one knows the right answer, tell them.

Get the girls to return to their Six corners before you read out a description to fit with one of the washing symbols that the Six has. The girls peg the appropriate picture to their washing line.

Award a point to any Six who gets it right. Any Six who gets it wrong takes their picture down and pegs up the right one. Carry on until all the Sixes have a full washing line.

Leaders' note

This activity will help Brownies to complete clause two of their Home Skills Badge.

You will need

- Washing symbols
- A length of string for each Six
- Clothes pegs

Top tip

If a symbol has a cross through it, it means that you can't do something.



Wash at 40°C



Do not bleach



Hand wash



Tumble dry



Hot iron



Drip dry



Dry clean



Dry flat

More information

- To see the complete range of washing symbols log on to the web site of the Home Laundering Consultative Council: www.care-labelling.com.
- Look out for web site addresses on different brands of washing detergents. They often offer lots of information, advice or even games and samples.

Top tag

On your marks...

A quick game of tag is an ideal way to start or finish a meeting, or even just to fill in some time.

Most of these games require no equipment — all you'll have to do is set the boundaries and start playing!

Leaders' note

There's a fine line between getting the girls to tag hard enough so that others can feel it but not so hard that it hurts.

Elbow tag

The girls will love teaming up in this game of tag.

Get the girls to pair up and then link arms with their partner. Once all the pairs are linked, ask them to scatter around the playing space.

Pick one pair to be It. The aim is for one of the It pair to hook arms with a girl from another pair. The girl whose arm is hooked joins them to form a trio. Unless there is another girl to partner up with, the remaining girl is now single.

Once a fourth girl is hooked up with the 'Its', they break into two pairs and continue chasing separately.

Torch tag

Playing tag in the dark is bound to be a guaranteed favourite among the girls

in your unit. This game is particularly suitable for Guides on a camp or holiday.

Choose a girl to be It. She closes her eyes and counts while the other girls hide. When she has finished counting she uses her torch to find those hiding.

If she shines her torch on someone then they are caught and must stay in their hiding spot until all the girls are found.

The first girl caught becomes the next person to be It.

You will need

- A torch for each girl
- A safe place to play with lots of hiding places



Top tip

Try adding the 'no get-back' rule which means the people who are It cannot chase the remaining girl from the pair one of them has just been part of.



Are you GAME for Breakthrough Breast Cancer?

You can make a difference by raising vital funds for breast cancer research

It's easy

- 1) get some friends together (family or work mates will do!)
- 2) find a venue, a pub, your living room, the staff room at work
- 3) make sure your guests make a donation to Breakthrough
- 4) challenge them to a quiz, call in all bets at a race night or just get the Twister mat out.

You can now relax, safe in the knowledge that you have done your bit towards a future free from the fear of breast cancer!

Call Breakthrough now for your free pack including hundreds of Game On ideas with an easy to use fundraising poster and a step by step guide to organising an event — it couldn't be easier.

Our vision is a future free from the fear of breast cancer

020 7557 6622

events@breakthrough.org.uk

breakthrough
breast cancer



www.breakthrough.org.uk

Registered charity number 1062636

games

Your girls won't be able to get enough of these variations on the traditional game

Freeze tag

Find out if your girls can keep a secret with this game.

Choose one girl to be 'It'. When the girl who is It tags a person, that person is frozen.

Before the game starts, get the girls who are not It to choose two 'defrosters'. The defrosters are the only ones who can 'unfreeze' other players by touching them, however they can still be frozen by It themselves. The identity of the defrosters is kept a secret from the girl who is It.

Top tip

Encourage the girls to be discreet if they are the defrosters. It will help them to develop game tactics.

Top tip

Try these variations on the Freeze tag game:

- Players who are free cannot be caught while they are setting somebody else free.
- Players can be caught while setting someone free.

If the girls are allowed to be caught while setting someone free, make them stay in the position they are caught in!

Stuck in the mud

This game is similar to Freeze tag, except there aren't any secrets this time!

Choose one or two girls to be It. They run around, trying to tag the other girls who, when they have been tagged, must freeze on the spot. They can be freed if a girl who has not been tagged crawls through their legs. The game ends when everybody is stuck or too tired to play any longer!

Everyone's it!

This game will have the girls running around non-stop!

Just as its name suggests, in this game of tag everyone is It. If a girl is tagged then she's out. If two girls tag each other face on at the same time then they are both out. The game ends when there is only one person left.

Sharks and fish

The more girls there are to play the better, in this game of tag where only the fastest 'swimmers' will survive.

Choose two girls to be sharks and ask them to stand in a small marked circle in the centre of the playing space. You could mark the circle with chalk.

Divide all the other girls into four groups and give each group the name of a type of fish. Each group has their own base, the same distance as the others from the sharks.

Call out the name of one of the groups of fish and the players in that group have to run around the sharks twice before coming back to their base. If you call out 'sharks', the two sharks are allowed to leave their circle and try to catch any players running around. Those caught are out.

Leaders' note

Get the girls to think up their own variations of tag and have some fun testing them out.

You could share your favourite tag game with us. It's not only tag games we'd like to see, let us know the rules to your unit's favourite game. Every reader idea that we use wins a small prize.

Send your ideas to Activate, 17-19 Buckingham Palace Road, London SW1W 0PT.

Environmental

Care for your local environment and your unit could win a special award

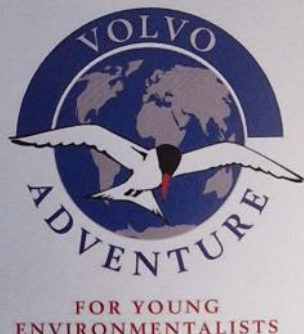
Volvo award scheme

The Volvo Young Environmentalist Awards scheme was launched this summer.

The scheme provides an opportunity for young people to gain recognition and financial reward for practical, local environmental activities.

Regional awards will be available for youth groups who have taken initiatives to care for their local environment and Volvo is inviting Girlguiding UK members aged ten to 16 to take part. The deadline for submissions is Wednesday, **December 31**.

In addition to providing 10 regional awards of £500 each, a panel of UK judges will select a winning group and project from the UK to join with other young environmentalists from all over the world at a conference and ceremony in Gothenburg in spring 2004. Three outstanding international projects will then be selected for global recognition and an award.



Get involved

- For further information regarding the Volvo Young Environmentalist Awards scheme please email sara.willcocks@fast-track-events.com.
- If you have any questions please call the Volvo Young Environmentalist team on **020 7932 1778**.
- For details of the winners of last year's awards log on to www.volvooceanadventure.org. Go to the 'Action zone' and click on 'Gallery'.

VOLVO
for life

It's a fact

The Volvo Young Environmentalist Awards scheme was previously known as Volvo Practical Environment Projects. Previous recipients of the grants have included Brownie and Guide units!

Start here

To get you in the mood for an environment project, your unit can try some of the activities on these two pages.

If you would like to take part in the Volvo Young Environmentalist Awards scheme don't forget to register your interest by emailing or calling the Volvo team — details in the *Get involved* box below.

If you do take part, don't forget to let *Guiding* magazine know how you get on!

Action plans

If you are thinking about starting a local environmental project, the best place to begin is with an action plan. Writing an action plan will help you to:

- Define the problem that you want to address
- Set goals and objectives
- Design an achievable programme
- Revise your project later.

Start by identifying a theme for your project. Do you want to look at local waste disposal issues, implement a scheme for cleaner public places, create an organic community garden or something else? Carry out some research to find out the needs of your local area and identify a problem area.

Now use these headings to help you write your action plan:

- Our aims — what is the main thing we want to achieve?
- Our objectives — what goals are we setting and are they achievable?
- Our time plan — what are we going to do and in what order?
- Ideas for cooperation — who do we need to involve and why? Can we work with other community groups, local people and businesses?
- Resources we need — what will we need to help us complete our project?

challenges



It's rubbish

How environmentally friendly is your unit? Ask the girls to carry out a survey to help you find out the environmental impact of your unit and your meeting place.

For example, find out what happens to the waste that you generate in your meetings such as disposable cups and bottles. If you use disposable cups how many do you use in a week, a month and a year? Try to replace them with mugs that you can wash up.

How much paper do you use in a unit meeting? Audit your paper use to see how many sacks you fill in a month. Can you reduce the amount you use? Do you use new paper or paper that has been used before, such as that which has been printed on one side?

Find people who can donate scrap paper that you can use for activities and try to recycle paper that you have finished with.

Do you sort any of your unit waste for recycling or does it just go in the dustbin at the end of your meeting? This could include paper, plastic, card, cans, fabrics and so on. Find out where your nearest recycling centre is and try to use it.

It's a fact

In the UK we make about 930,000 photocopies a minute. Always try to use both sides of the paper.

It's a fact

Every year people in the UK waste enough packaging materials to fill almost 19,000 jumbo jets.

Start to reduce this figure by reusing your carrier bags or, better still, refuse carrier bags in shops and use a cloth shopping bag instead.

Are you a waster?

Are the girls in your unit careful in their own use of the world's resources?

When we talk about waste we often just think about rubbish, but there's much more to waste than that.

Divide the girls into three groups and give each group one of the following topics — transport, food, natural resources and energy. Give the groups ten to 15 minutes to think of things that are 'wasted' within their topic, where they come from and what action they can take to reduce waste.

For example, if a group is thinking about natural resources and energy they may think that electricity is wasted. Electricity is generally produced by burning fossil fuels; from nuclear power and a small amount from wind power.

Now the group can think of ways in which they can save electricity, such as turning down the hot water thermostat, switching the television off standby and so on.

After the time allowed, get the girls back together to talk about their results. Has it made them think? Can they promise to do at least two of the action points at home?

Unit charter

As a unit, put together a charter that will help you to reuse, reduce and recycle your waste.

Divide the girls into small groups and ask them to think of what they would like to put on the charter. For example, 'We promise to try to reuse paper more than once'.



Ice station

Guides must mount a snowy rescue mission to save a lost Inuit called Joe...

Reader idea

Leader Liz Dunsmuir of the 1st Kettle Guides in Fife sent this wintery wide game to us.

Her Guides used the game during a December holiday, but you could use it at any time of the year.

As with most wide games, there are a number of challenges to complete. Girls should do these in groups.

Depending on the amount of equipment you have, groups can complete the challenges in the same order or you can mix them up so that everyone does a different challenge at any one time.

Each team should be given a colour to help identify them around the course. Liz says that a mixture of open and wooded areas work best, however we think that some of the activities could be easily adapted to work inside if you wish.

To help the girls find each challenge, lay a trail between each base with coloured thread. If you use thread in team colours, each group can be led to a different station to avoid clashing!

Leaders' note

All teams should begin at the Getting ready station and end with the North Pole, then Finding Joe stations. They can complete the other stations in any order.

Getting ready

Before the girls start, give each team a copy of these instructions:

Inuit Joe has gone fishing but has failed to return after several hours. You now fear for his safety and decide to mount a rescue mission.

Luckily, before he left he decided to leave a trail so that he could find his way back. You can follow this trail to find him. Before you go, read the first aid notes about how to treat hypothermia. Your team should collect a daysack, wrap up warm and then make their way to the assembly point.

At the assembly point there should be two rolls and sandwich fillings for each group. Leave the following instructions, after which all groups should follow their own trail to their next challenge:

Joe will be hungry when you find him. Make two sandwiches to put in your daysack and follow your trail to the next station.

You will need

- Two sandwich rolls per team
- Sandwich fillings
- A sandwich box for each team
- Sandwich making equipment, such as knives
- First aid notes on treating hypothermia

Hot soup

At this station girls must light the stove to heat the soup.

The soup must be poured into the flask for the girls to take to the next station in their daysack.

Do make sure the girls are supervised according to their needs and have a fire bucket on standby.

You will need

- A Trangia stove (or similar)
- Fuel
- Matches
- Can of soup per group
- Tin-opener
- Flask per group
- Fire bucket

Weather station

At this station the girls must test the weather to see which way the wind is blowing.

Each team must blow up a balloon (in their team colour if possible). They then attach a piece of string to the balloon and hold it to see which direction it floats.

Using the compass, the girls must work out whether the balloon is floating north, south, east or west.

The team ties the balloon to their daysack before strapping on their snowshoes and carrying on to the next station.

You will need

- Balloons
- String
- Compass
- A pair of 'snow shoes' for each girl (see Top tip)

Top tip

For the weather station activity each girl needs a pair of 'snow shoes'. These are simply racquet-shaped cardboard 'shoes' with string ties. The girls can make these before the wide game starts.

North Pole

At this station you will need to 'plant' a pole for each team.

Tie a coloured ribbon to each pole so that the teams can identify which is theirs. Each pole should also have the following instructions tied on it:

Joe has left a message for you before he found somewhere to shelter. Search high and low to find his message which will give you clues as to his whereabouts.

Hide a letter, giving clues to Joe's hiding place. The girls should solve the clues and then set out to find Joe!

You will need

- A pole (broom handle or stick) for each team
- Ribbons in each team colour
- A coded letter for each team

Finding Joe

This is the last station. It should be manned by a Leader dressed as Joe!

The Leader asks the girls how they would treat hypothermia, they should remember this from the first aid notes they read at the start of the game.

Each team then has to make a stretcher from the materials they are given and use it to carry their daysacks back to the assembly point. They can also use any materials they have with them — such as their own 'North Poles'.

You will need

- Broom handles or long sticks
- Blankets, plastic sheets or bags
- String and safety pins

Leaders' note

This wide game was designed for Guides, but you could adapt it for Brownies.

Gone fishing

For this challenge the girls must catch some fish. Leave a copy of the following instructions at the station:

You have reached the fishing hole and must catch six fish in your team's colour. Complete the challenge written on the back of one of the fish and then put your catch in your daysack. Take off your snowshoes and carry on to the next station.

■ On the back of one fish write a simple challenge, such as identifying a nearby tree or plant.

You will need

- A 'fishing hole', this could be a paddling pool or a washing up bowl
- Six fish for each team in their team colour with a paper clip attached to each one — with a challenge written on the back of one
- A bamboo cane with a length of string attached and a magnet tied on the end

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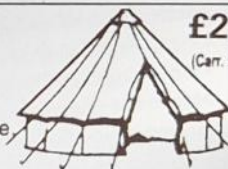
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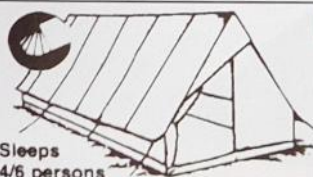
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SPORTING CHANCE

HERE'S AN OPPORTUNITY TO DEVELOP YOURSELF AND YOUNG PEOPLE THROUGH SPORT

By Alice Boulton
Project Coordinator,
Programme Team, CHQ

There's a sport for just about everyone and sport's appeal and popularity make it the ideal method for training and developing young people. The only problem is that accessing training and skills can sometimes be difficult and expensive — aspects many Leaders find challenging. But that's all set to change now that Girlguiding UK has teamed up with the British Sports Trust to offer Community Sports Leader Awards (CSLA) to Girlguiding UK members over 16.

The awards give people aged 16 and over the skills to lead groups in safe sporting and recreational activities, with the emphasis of the course on learning through doing rather than written work. Last year the British Sports Trust trained almost 60,000 sports leaders of all ages.

LEADER TRAINING

In the first stage of the project, a team of 25 Girlguiding UK Leaders will be trained and accredited by the British Sports Trust to be CSLA tutors.

The tutors will be trained to deliver a 30-hour knowledge-based training programme. Once they have successfully completed the tutor course they will be able to run training courses for Girlguiding UK members over 16, training them to become CSLA award holders. CSLA award holders, after completing an additional 10 hours of voluntary practical work, will be accredited to lead sporting activities in guiding and their community.

We're currently looking for enthusiastic and capable Leaders to be part of the Girlguiding UK CSLA tutor team. Tutors will be required to deliver CSLA training within their Country or Region and must be able to commit to delivering at least one 30-hour course by the end of 2004.

While communication skills, teamwork, motivation, improvisation, officiating, organisation and planning skills will be taught on the course, anyone interested in becoming a CSLA tutor should have knowledge and experience of delivering training, Peer Education or managing groups. A previous sport-related qualification is also desirable, but not essential, and the award can lead to opportunities for further education in sport and leisure studies or becoming a qualified coach in a specific sport.

MOOSE AZIM



Sport is ideal for training and developing young people

PRACTICAL WORK

The tutor training will take place on **February 7, 2004** in Birmingham. CSLA tutors will be trained to deliver the training programme in units: organisational skills; safety in sport; know your friends; fitness sessions for sport; organisation of events and competitions; improvisation and adapted games; and games and activity experience.

On successful completion of the programme, tutors will receive British Sports Trust accreditation enabling them to deliver training courses to Girlguiding UK members over 16.

So if you think you've got what it takes to be a CSLA tutor and would like to register for training or would like further information, contact Alice Boulton on **020 7834 6242** or email aliceb@girlguiding.org.uk.

British Sports Trust



COMMUNITY
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• For more information on the British Sports Trust and the CSLA visit www.bst.org.uk.

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This year with your involvement, we can cast a greater light into the darkness of bullying.

So link-up on-line for some illuminating suggestions and activities, and help do something special through Christingle.

www.christingle.org

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A Voluntary Society of The Church of England

GET INNOVATIVE

THIS YEAR GIRLGUIDING UK'S FORUM FOR YOUNG WOMEN TOOK PLACE NORTH OF THE BORDER

Words: Alison Murray
Innovate Planning Team member
Photos: Julie Bull

It was the biggest and best yet. The 2003 Forum for young women – Innovate – had everything from inspirational speeches and country dancing to Kylie and S Club.

More than 150 Senior Section members from all corners of the UK attended the weekend in Edinburgh. Being north of the border didn't put anyone off and, for the first time in Innovate's four-year history, there was a waiting list.

ISSUES TO EXPLORE

Participants explored topics ranging from AIDS and sustainable development to spirituality and the Arts strategy. Along with tackling these big issues, participants had a chance to give the Planning Team feedback and the opportunity to grill this year's panel — which they took full advantage of! Groups took part in a *Guiding* magazine workshop and also wrote activities for this month's *Motivate*.

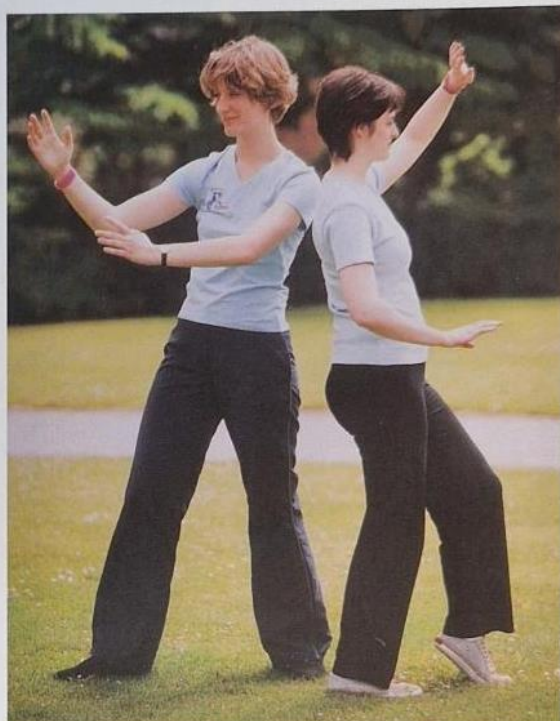
TIME TO RELAX

But it wasn't all hard work, participants enjoyed a variety of activities both on and off site, including trips to Arthur's Seat and the Royal Mile.

There are some big changes for the Innovate Planning Team in 2004. Chairman Mel Selby and Deputy Sue Hyam are retiring, being replaced by Alison Doherty and Cheryl Marshall, respectively. Also leaving is Kimberly Neal who has brought us some great entertainment over the last two years.

LOOKING FORWARD

Next year Innovate will be held in the south-west — look out for further information in future issues of *Guiding* magazine and on the web site. Be warned though, Innovate's increasing popularity means you'll have to book early to avoid missing out on the Senior Section event of the year!



Unwinding in a t'ai chi session

INSPIRING EVENT

Participants at this year's Innovate share what they got out of the weekend:

'It was an amazing event, extremely well organised, full of exciting activities and very inspiring. I've come away with a sense of achievement and purpose for my future in guiding.'

'I've never participated in anything on a national level before so it really was an eye-opener. I'm going back to my District feeling really motivated about the Senior Section.'

'As this was my first Innovate I was a bit apprehensive, but I have been pleasantly surprised. I'm going to encourage more young people in my Division to participate.'

'Innovate has convinced me that I want to get more out of guiding on a national level — and that I can.'

'Innovate has been brilliant and a worthwhile experience for any member of the Senior Section. I have really enjoyed it.'



Learning about make-up in the Virgin Cosmetics session

EUROPE BADGE

A new badge has been designed for all members of Europe Region WAGGGS — the European part of the World Association of Girl Guides and Girl Scouts which includes Girlguiding UK.

The badge is available from Trading Service, priced 50p for a cloth badge (order code **2539**) and £1 for a metal badge (order code **2540**). A contribution of 15p for the cloth badge, and 25p for the metal badge will be made to Europe Region WAGGGS for every one bought.

For more information about Europe Region WAGGGS visit www.waggseurope.org.

SHOWS, SHOPPING AND SLEEPOVERS

Be the first to see the exciting new adult guiding wear range on the catwalk on **September 4** and **October 16**, between **5-8pm** when the Girlguiding UK shop at CHQ and ICANDO host a launch party and fashion show. As well as being the first to see the range you will be eligible for a ten per cent discount on all shop purchases on the night.

If you miss out on either of the shows you can check out the bargains and offers at the CHQ shop Christmas Gift Explosion event, on **November 20** between **5-8pm**.

There are also a number of sleepover dates available on Friday and Saturday nights in November and December and bookings are now being taken for 2004 — so be sure to book early to avoid disappointment!

Call ICANDO on **020 7592 1818** for further information and to book tickets.

THE COMPLETE KIT

There's good news for those of you who have already bought Girlguiding UK Recruitment Toolkit Part 1 — Recruitment Toolkit Part 2 is now available.

A comprehensive recruitment resource to accompany Toolkit Part 1, which focuses on recruiting adult volunteers, Part 2 focuses on the recruitment of girls and young women and provides background information with practical activities.

Until January 2004, Recruitment Toolkit Part 2 is available at a special price of £8.50 (normal price £10). Alternatively, for the same period, you can save £2 if you buy both Toolkit Part 1 (normal price £11.50) and Part 2 for the combined price of £19.50.

To buy either of these resources call Trading Services on **0161 941 2237** and quote order code **6915** for Recruitment Toolkit Part 1 and **6902** for Recruitment Toolkit Part 2, or **6934** for the combined offer.

BIRTHDAY BROWNIES

To celebrate the Brownies' 90th birthday next year Trading Service will be producing an exciting range of commemorative products. Look out for more information later in the year.

WHAT'S ON DIARY

These residential opportunities are open to any Association member — Commissioners, Guiders, Senior Section members, Guides, Brownies and Unit Helpers as relevant. For more details of the content and cost, please phone/email the appropriate centre.

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October 24-26

Making it Count — training for Young Leaders and their Guiders

October 24-26

Training for Patrol Leaders (with or without their Guiders)

November 28-30

Christmas Around the World event — open to all

December 6-7

Friends of Broneirion Christmas party

HAUTBOIS

01603 737357

angliahq@angliaguides.org.uk

September 26-28

First aid — Guider training

October 10-12

Presentation skills workshop for Guiders

October 17-19

Hautbois minstrels — adult singing

November 3-6

Card making event — open to all

November 14-16

Christmas Capers — an event for Guides

December 30 – Jan 2

New Year's Party — open to all

FOXLEASE

02380 282638

foxlease@girlguiding.org.uk

October 3-5

A Leaders' weekend for all section Guiders

October 27-29

Baden-Powell Challenge Adventure

October 29-31

Arts attack — for Guides

November 7-9

Training for those working on the Leadership Qualification and qualification Mentors

November 17-21

Midweek craft course for Guiders

December 5-7

Guiders' training — Brownie Adventure

December 5-7

Peer educators' training

December 12-14

Senior Section Christmas Boogie

BLACKLAND FARM

01342 810493

blackland@girlguiding.org.uk

September 13-14

BCU 1 and 2 star kayak

September 20-21

BCU 3 star kayak and BCU 2 star improvers' kayak

September 26-28

Grand National Archery Society module A

October 10-12

Grand National Archery Society module B

November 8-9

Girlguiding UK climbing training scheme level 1

December 13-14

Girlguiding UK climbing training scheme level 1

WADDOW

01200 423186

waddow@girlguiding.org.uk

September 20

Zoom — event for all sections, camping available

October 7-9

Taste of the North leisure break — open to all

October 27-30

Grandparents and grandchildren leisure break

December 5-7

Festive fun and friendship — ideas for Rainbow/Brownie Guiders

December 5-7

Baden-Powell Challenge Adventure

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November 14-16

Trainers' weekend — working to meet training needs in Scotland

November 21-23

Singing circle weekend for Leaders

LORNE

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lorne@girlguidingulster.org.uk

October 3-5

Music in guiding — weekend for Leaders

LEARNING TO QUALIFY

ANN HARRIMAN SHARES HER EXPERIENCES
OF A WEEKEND TRAINING AT WADDOW

I arrived at Waddow for the New Leaders, Mentors and Leadership Qualification Coordinators training not knowing exactly what to expect, but I was not disappointed. Especially not when, during the first evening, we explored – and debunked – some of the myths surrounding the Leadership Qualification and guiding.

For example, did you know that it is not a requirement of the Leadership Qualification to attend Safe From Harm Training? Of course new Leaders can attend a training if they wish, but they can also choose to discuss the policy privately with their Mentor – it's completely up to them.

Also surprising to learn was that it's not necessary for new Leaders to put together huge folders of evidence. You can imagine our delight as we put this myth through the paper shredder!

IN SESSION

Our first session explored the supporting processes of the Leadership Qualification – right through from the new Leader meeting her District Commissioner to her completing the qualification and receiving her Warrant. The storyboard helped everyone – from the experienced hand to the new Leader of just two weeks – understand it.

The session made me realise what a flexible and simple process it is and over coffee we discussed how we can now see that the process is fine – it was those myths we explored the previous evening that created the challenges we encounter when helping people through the Leadership Qualification.

MEETING REQUIREMENTS

Next on the agenda was to go through the modules and look at what could be used as supporting evidence. This turned out to be invaluable as we discovered that a programme book, the Leadership Qualification workbook, and a few other things provided the minimum evidence that is required. And while some people like to have a large file, it was stressed that this is their personal choice.

A session on programme planning was

followed by one on the Promise which culminated in one Leader making her Promise and another renewing hers. It really was special to welcome them to Girlguiding UK in the sunlight, near the weir at Waddow.

POSITIVE EXPERIENCE

This training was an opportunity not only for new Leaders to get parts of their Leadership Qualification 'signed off', but overall it was a good, positive start to their guiding journey. It also gave Leaders the opportunity to give feedback to CHQ on what changes to the Leadership Qualification we would like to see.

For me personally, the weekend served to show the direction I need to take as a Mentor. Mentor training has – in some areas it seems – been scarce, so having the opportunity to discuss with others in a similar situation the problems and headaches I have experienced was encouraging. Also, being able to talk with new Leaders just embarking on the programme, one only two weeks into her guiding life was inspirational.

RENEWING OURSELVES

The Trainers for the weekend were reassuring, and in a special session entitled 'Surprise Yourself' we were given the chance to explore the opportunities available to us in the Movement.

I was left with renewed enthusiasm and the confidence to help and guide new Leaders towards their Leadership Qualification. I would encourage anyone who is in a similar position to myself to attend a weekend if given the opportunity.

FURTHER INFORMATION

- The next training for New Leaders, Mentors and Leadership Qualification Coordinators will be held at Foxlease from **November 7-9**. For more details, please contact Pat Wheatley in the Adult Support Team at CHQ on **020 7834 6242 ext 205** or email patw@girlguiding.org.uk.



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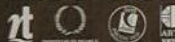
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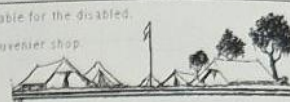


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NEWS AND VIEWS

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Boating Promise

These two Young Leaders from the 1st Sandbach Guides pushed the boat out to make their Promise at the Bell Boating Regatta, Salford Quays.



JENNY BROAD

Safe and shiny

These girls from the 2nd Gomersal Brownies are positively glowing after completing their Road Safety Badge.

The girls were presented with owl-shaped reflectors after being tested by their local lollipop lady.



MATTHEW ROBERTS

Swing low

These three girls from the 1st Cowfold Guides had a swinging time at Southwater Country Park while the rest of their unit enjoyed canoeing.



LISA BARDEN

Fishing for fun

The Banner Cross Rainbows enjoyed a trip to the Magna Science Centre in Rotherham.

This Rainbow is experimenting with a fun fish game.



GILLIAN SPEED

Lovely bubbly!

The 3rd Oxted Guides had fun working towards *Go For It! With a Splash* on a unit narrowboat holiday.

These two girls got in a lather completing the 'Forever blowing bubbles' activity!



CAROLE SUMMERS

Lesley Bulman, Chief Executive of the World Association of Girl Guides and Girl Scouts (WAGGGS), has written to thank Girlguiding UK members:

Thinking Day thanks

I would like to take this opportunity to thank all of you who participated in World Thinking Day 2003 and helped to raise vital funds for the work of the World Association of Girl Guides and Girl Scouts.

The support and participation from members throughout the UK has been fantastic and I am delighted that you have raised over £60,000!

Through the World Thinking Day Appeal, the World Association is able to develop and support Girl Guides and Girl Scouts in 144 countries worldwide. This means that even more girls and young women can benefit from the personal development opportunities offered by Guiding and participate in the various projects and programmes run by the World Association.

As you know, girls in many parts of the world face real difficulties and disadvantages, your donation has helped us to help them.

Lesley Bulman
Chief Executive
WAGGGS

LETTERS LETTERS LETTERS



ANNE ELWOOD

Bigger and better

The 24th Bexhill Brownie Pack came close to closing, but thanks to the efforts of the girls 11 new members have now been recruited.

Here are four of the latest additions to the now thriving Pack.



COLIN BARRETT

Summer fun

The 5th Codsall Rainbows won second prize in their local carnival with their 'Costa del Codsall' float.

Here's one of the girls soaking up the summer sun.



MARIE PEARSON

In a spin

Around 150 Brownies from Girlguiding's Wansdyke Division had fun clowning around at a circus skills activity weekend.

These girls are learning how to twirl plates.

BIG GIG sell-out

I am one of probably many who tried and failed to get tickets for this year's BIG GIG. I understand that it is a very popular event and that there was bound to be some disappointment but to sell all 10,000 tickets within one and a half hours seems very quick.

I hope that it is not just a few large groups that got the tickets — if so, then maybe next year it would be worth putting an upper limit on group size or allocating them through Countries and Regions.

Please could you also confirm that postal bookings did not take priority over phone bookings as this was the exact opposite of the information given out.

Having said that, I do hope that the event goes well and that everyone lucky enough to get tickets has a superb time.

Caroline Marriage
Division Commissioner
Girlguiding Harlow

● Jo Hobbs, Programme Development Manager replies:

We were very surprised at how quickly the event sold out. There was no preference for postal bookings. These were dealt with from 9am on the morning, as were the phone calls.

We have looked at different ways of

allocating tickets, but to do it per Country and Region would raise issues about seating and so on. The fairest way is first come, first served.

I am very sorry for the disappointment some people are feeling.

We can do!

I am writing to say thank you for the thoroughly enjoyable time my Brownies had during their sleepover at ICANDO.

It was the first time I had arranged an activity like this but all the staff were very friendly and helpful, making us all feel very comfortable and supported.

There is so much to do in the centre that the Brownies didn't know what to do first. They were so excited at choosing where to sleep that they were desperate to lay their sleeping bags out — on the stage, in the rabbit hole or in the bell tent!

Rosemary Walklin
Bourne End
Buckinghamshire

Happy holidays?

I read with interest August's article on standardised school terms. As a teacher, as well as being involved with Guides, I am delighted to see that you are encouraging Guiders to take into account all of the pressures that young people face in

their lives.

However, you do not seem to have noticed one major potential problem in having standard school holidays. Yes, planning for girls from different education authorities will be simpler, but what will we do when everyone wants exactly the same weeks for their holidays and camps?

As things stand at present, there are holiday weeks which are not common to all areas, so there is less demand and they are easier to book. If all schools have their holidays at exactly the same time, this flexibility disappears.

Maybe we should not be too keen to endorse the standardisation of school holidays? No doubt your local education authority will be interested to hear your views!

Shirley Brandwood
Leigh
Lancashire

Going great

The 1st Thundersley Guides, from Essex, had a go at *Go For It! On the move*, which came free with June's *Guiding* magazine.

The girls enjoyed making hot chocolate, t-shirts, posters and paper planes and are now busy planning a tropical beach party!

Trisha Stanley
Guide Guider
Benfleet

GIVEAWAYS

Theatre tickets

Annie, the rags to riches story of an 11-year-old orphan, is showing at the Alexandra Theatre, Birmingham, from **November 10-15**.

Guiding magazine has tickets for one unit, (27 girls and three adults, worth from £9 per ticket) to see *Annie* on **November 10**. Mark your entry *Guiding magazine/Annie*.



If you're not lucky enough to win, the Alexandra Theatre is offering a £4 discount for groups of Brownies and Guides to see *Annie*. * To book using these offers call **0121 643 3168** and quote *Guiding magazine*.

* Offers apply to the 7.30pm performance on weekdays or the 2.30pm Saturday performance.

Craft shows

Try a new craft or stock up on the latest products at an International Craft and Hobby Fair this autumn.

The shows will take place at four different venues on the following dates: Westpoint Exeter, **September 25-28**; SECC, Scotland, **October 24-26**; Cardiff International Arena, **November 7-9**; NEC Birmingham, **November 13-16**.

For further information call **0142 5272711** or visit www.ichf.co.uk.

Guiding magazine has 28 pairs of tickets for the Scotland, Cardiff and Birmingham shows, worth £10.50 per pair, to give away. Mark your entry *Guiding magazine/crafts*.



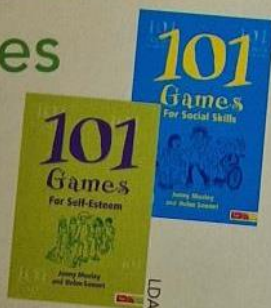
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Great games

Two new books from LDA, *101 Games for Self-Esteem* and *101 Games for Social Skills* are packed with creative, innovative games that encourage children to develop positive relationships.

The comprehensive collections aim to help unlock the full potential of every child; helping them to feel more positive about themselves by encouraging self-awareness, empathy, cooperation and the confidence to trust.

Guiding magazine has ten sets of both books – worth £31.90 per set – to give away. Mark your entry *Guiding magazine/books*.



GIVEAWAYS

MAPPED OUT

Hannah and Rosie, from the 3rd Thelwall Guides, beat off stiff competition to win the Guide Intermediate County Trophy in the 2003 Scout Cheshire Hike.

The girls completed a gruelling 25 miles in two days, camping overnight, cooking their own food and using their map reading skills to follow the route.

Hannah and Rosie were the first Guide group to finish and came tenth out of the 90 Guide and Scout groups competing.



SHEILA RANDALL

ON THE TRAIL

Two Girlguiding UK members were lucky enough to have their Queen's Guide Awards presented at Machu Picchu, in Peru.

Ruth Kiteley, Assistant Guider with the 15th Leicester (Birstall) Guides and Nicola Rooke, Assistant Guider with the 19th St Michael's Brownies, Cardiff, were participating in a WAGGGS Trek Peru trip – a five-day trek over 46 miles of the Inca Trail – when they received their awards.

The trek was organised to raise funds for WAGGGS and Nicola and Ruth raised £2,550 each to participate.



RUTH KITELEY

CAMP COMPETITION

Guides from Girlguiding Dumfriesshire met for the first Cookie's Challenge competition, held in memory of Guider Sheena Forrester-Smith who died in 2000.

In Patrols the girls had to prepare a weekend camp menu, plan and cook a meal for two using two different cooking methods, and put together a first aid kit.

Members of the Rural Institute judged the entries and announced the Shamrock Patrol, from Dumfries and Galloway Lone Guides, the winners.

Everyone is now looking forward to the next competition which will be held in 2005.



JANE MIDDLETON

PARCEL FORCE

Members of the 17th North East Manchester Hope Methodist Brownies recently made cards and parcels to send to troops in Iraq.

The girls collected small gifts, sweets, toiletries and dried food for the parcels. They were invited to present the cards and gifts to members of the local Territorial Army (TA), who were very impressed with the Brownies' efforts. The TA then delivered the gifts to Iraq.



THE OLDHAM EVENING CHRONICLE

SEEING SPOTS

The 2nd Ibstock Rainbow Unit, Leicestershire, helped raise money for a local children's hospice by taking part in an amateur dramatics production.



The girls joined members of the Ibstock Townswomen's Guild Drama Group in *Sophisticated Ladies*.

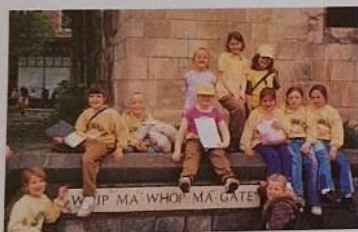
A special song was written to the tune of *How Much is that Doggy in the Window?* and a dance was choreographed for the girls.

Guider Gail Busson played the part of Cruella de Ville.

Despite being a little nervous performing in front of so many people, the girls had a great time and helped raise £1,400 for The Rainbow Children's Hospice.

MARATHON CHALLENGE

The 31st York (St Hilda's) Brownies were one of the many units who took part in the Children's marathon challenge to raise money for the charity Children with Leukaemia.



Participants were sponsored to do 26 things of their choice. The 31st York Pack visited 26 places of historical interest in the city of York, raising £150.

They're pictured above taking a well-earned break on the corner of York's smallest street with the longest name – Whip-Ma-Whop-Ma-Gate.

MANY THANKS

Rosemary Marsden, Derby West Division Commissioner, presented thank you badges to some of the men who help in guiding, but are often forgotten.

Badges were awarded to Rosemary's husband John and District Commissioner Jackie Newbury's husband Terry – both Guiders said neither of them could do their jobs without the help and support of their husbands.

Ron Grimmer, who has been Derby West Division Treasurer for many years, was also thanked. The men are pictured here with Rosemary after the presentation.



IN OCTOBER'S **Guiding** magazine

IT'S SHOW TIME!

Be the stars of the show with our brilliant pantomime pull-out written especially for Leaders and their units.

NEW-LOOK RAINBOWS

With the Rainbow Renewal well underway, here's your chance to meet the people behind the project.



FOOTBALL FEVER

Find out more about Girlguiding UK's second Football Festival and how one Guider organised a coaching course for her County.

Plus all the latest news, your views, and much, much more...

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Groups of 40 passengers or more have sole use of the coach anyway, but if your group is less than 40 then this can also be arranged.

CAN WE CHOOSE WHICH CHALET WE STAY IN?

YES if your group is within the minimum and maximum number for a certain chalet and it is still available then you can choose which house you stay in. This is a good reason to get your booking in early.

CAN WE FLY?

YES we are ATOL licence holders so if you would rather fly to your destination that can be arranged.

“ We had a brilliant time, help was always at hand if we needed it! There was so much to do and not enough time to do it all. Everyone got off the coach at home asking where are we going next time! Need I say more. ”

Dorothy Langton - North Walsham Guides

2004 Summer Camps brochure out NOW

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