

SEPTEMBER 2004 £1.80

Guiding

magazine

Brownie

**Voice
of youth**

**New Brownie and
Rainbow bikes**



Girlguiding UK



Holiday on Ice

HOLLYWOOD

Tour Dates

Brighton Centre

13th - 30th January 2005

Group Box Office 01273 292695

(Booking fee of £10 applies per group booking)

Hallam FM Arena Sheffield

2nd - 6th February 2005

Group Box Office 0114 2560277

(Booking fee of 50p per person applies on group bookings)

Cardiff International Arena

8th - 13th February 2005

Group Box Office 02920 234510

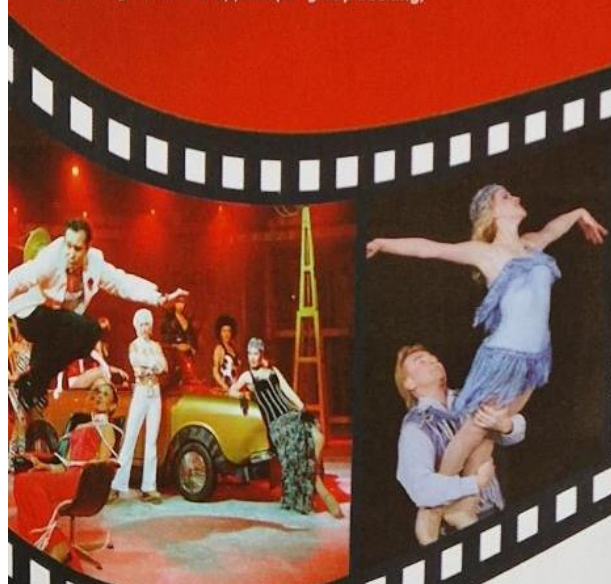
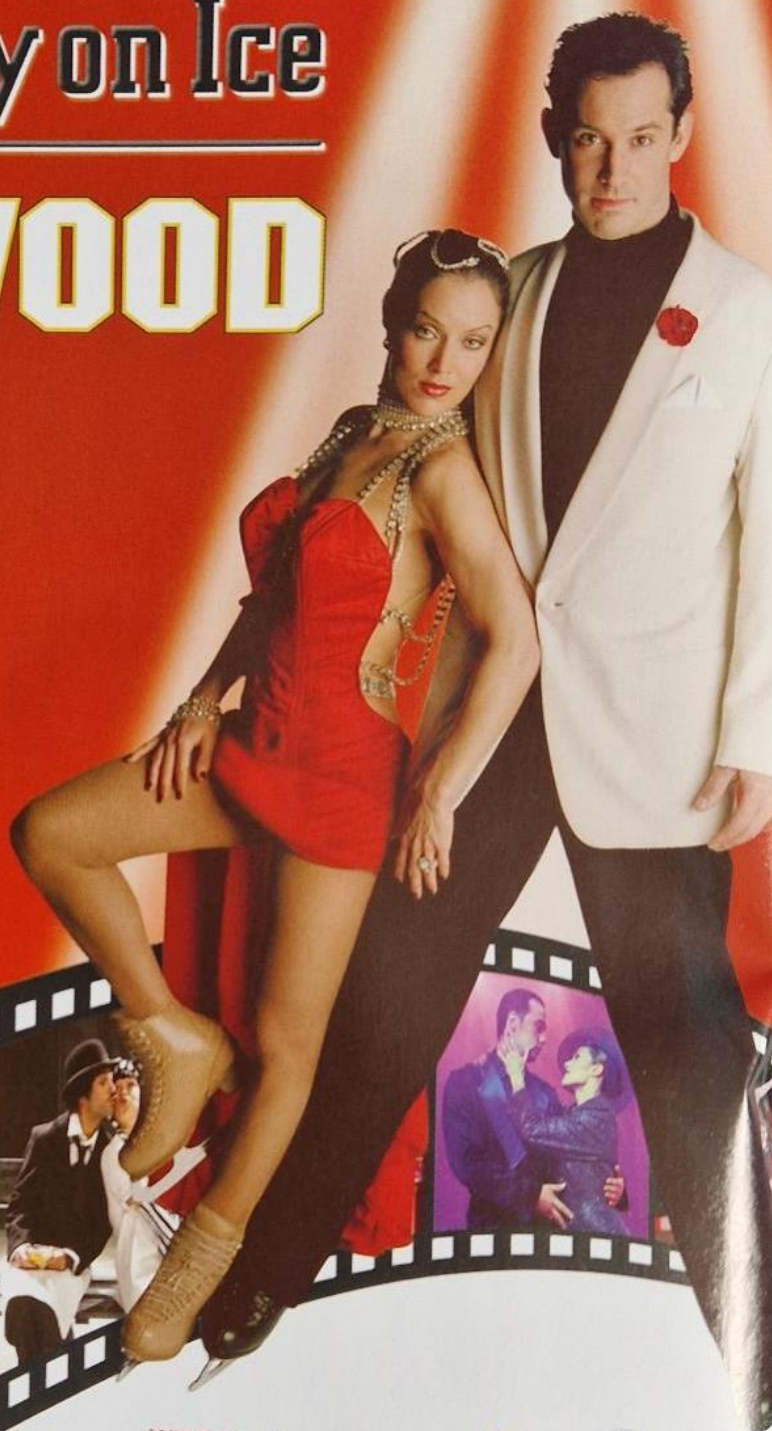
(Booking fee of £7 applies per group booking)

Westpoint Exeter

15th - 20th February 2005

Group Box Office 08705 321321

(Booking fee of £10 applies per group booking)



WINNER of
'Best Event for Groups' at the
2004 Group Travel Awards



supported by

GROUP TRAVEL

- * Save up to £6 on all performances for groups of 10 or more adults!
- * Free tickets with every 20 seats booked!
- * Children only £9 on all seats!
- * Great seats available for matinee and evening performances!
- * Free videos, leaflets and posters to help you sell your tickets!
- * Book now and reserve the best seats!

Tickets from £10 - £20 for Groups of 10+ Adults

For publicity material and further information contact the Holiday on Ice information line on 01392 278803

www.holidayonice.com





Welcome

September's issue has a decidedly youthful flavour to it. We introduce you to the young women behind the new Senior Section Evaluation and there is also a review of the recent Innovate forum held in Winchester.

The main feature continues the theme by assessing the value of teenage magazines and their impact on young girls. Given their apparent influence on girls' behaviour, should Leaders pay more attention to the contents of such magazines? We'd love to hear what you think, so turn to page 12 and then write and let us know.

Elsewhere in the issue, you will find the final edition of our popular series on positive and effective leadership - Motivate - the latest Rainbow Renewal news, plus a round-up of how some members have already raised money for Girlguiding UK's Walks for the World. Read and be inspired! The good news is that the campaign continues until World Thinking Day 2005 so put on your boots and get walking... what are you waiting for?

Wendy

Wendy Kewley
Editor

ACTIVATE

Explore technology and the media and be inspired by our Walks for the World ideas

Volume 92 Number 9 September 2004 £1.80

TOP STORIES

15 NEW BIKES

Take a look at the brand new Brownie and Rainbow bikes, made exclusively for Girlguiding UK by Raleigh

05 ROYAL VISIT

Girlguiding UK's President enjoyed a visit to MAGIC international camp

GUEST WRITERS



Amy Britton, Girlguiding UK Project Coordinator, gives an update on Walks for the World



Bev Osborne is just one of the members of the new Senior Section Evaluation Working Group

FRONT COVER

Cover Photograph: Laura Ashman

This month's highlights

UPDATE

Keep up to date with Girlguiding UK news

A Fresh Start How to encourage parents of new girls to join guiding	06
Roundabout Fun A look at the new Rainbow Roundabout resource	07
Census-itis Let our census doctor cure your symptoms	09

DEVELOPMENT

Practical advice for Guiders, Trainers and Commissioners

Express Yourself A report from this year's Innovate forum	10
Base Camp Joining the ASGC can benefit your camp site	14
Image Conscious How we behave in guiding can make a powerful impression	17

FEATURES

Opinions, ideas, issues and reports

Read All About It The arguments for and against teenage magazines	12
Walk This Way Here's how some members have taken part in Walks for the World	13

SOURCES AND RESOURCES

New resources and optional ideas for things to do

Find out all about One World Week and be in with a chance to win a copy of The Independent Hostel Guide 2004	20
--	----

NEWS AND VIEWS

Over to you! Plus enter our great giveaway competitions

Find out how you could win Willy Fog cartoon DVDs, zoo tickets and books for budding explorers	25
--	----

NEWS IN BRIEF

SHORT EVENT FORMS

The Executive Committee has agreed that, with immediate effect, a Licence holder running an overnight event for Brownies from her own unit may use an A/S (Short Event) form.

BIG GIG 2004

For up-to-date details of bands and a chance to win great prizes visit www.girlguiding.org.uk/new/bigbig.

AUDIO MAGAZINE

An audio version of *Guiding* magazine is now available for members with a visual impairment. August's issue was the first to be recorded onto cassettes and was sent out, free of charge, to all visually impaired members who are registered with CHQ. If you know of anyone with a visual impairment who did not receive a copy and would like to, please email guiding@girlguiding.org.uk.

CORRECTION

The contact telephone number given for The Big Sing event organised by the charity ContinYou, which featured in the *Sources and Resources* section of August's *Guiding* magazine, was incorrect. The correct number is **020 8709 9918**. We apologise for any inconvenience.

CHALLENGE BADGES

A detail on page 7 of July's *Guiding* magazine was incorrect. The section that reads: 'Do two activities outside your meeting place or take part in a community action challenge' should actually read 'and take part'. Participants must complete both of these aspects.

COUNTRYSIDE CODE

Look out for the leaflet inside this issue of *Guiding* magazine on The Countryside Code. The leaflet offers new advice about visiting the countryside. If you would like to find out more information visit www.countrysideaccess.gov.uk.

RAINBOW/BROWNIE JOB OPPORTUNITY

An exciting new job opportunity has arisen in the Programme team at CHQ. See page 16 for more details.

Walks for the World



The Walks for the World campaign runs until February 2005 so there's plenty of time to take part. See pages 4-5 of *Activate* for ideas on how to get involved and visit www.girlguiding.org.uk for an information pack. Turn to pages 18-19 to see how members have been participating so far.

A big thank you



Fund-raising efforts for the World Thinking Day Fund have resulted in an amazing £43,462.37 donation to the World Association of Girl Guides and Girl Scouts. Lesley Bulman, the Chief Executive of WAGGGS, said: 'I would like to thank you for your generous donation... which will enable us to continue our work around the world, providing new opportunities and experiences for girls and young women.'

The money was raised by World Thinking Day events and other sponsored activities between June 2003 and June of this year. It will go towards the work of six teams of young women volunteers in Nairobi, New York, Paris, Rome, Vienna and Geneva. The teams work closely with the UN, lobbying for positive change on issues that affect young women.

For more information about how to raise money for next year's World Thinking Day Fund visit www.girlguiding.org.uk.

OPPORTUNITIES FOR MEMBERS

SEPTEMBER

- **11** Brownie Science Night at the National Museum of Science and Industry. Call **020 7942 4747** or email science.night@nmsi.ac.uk.
- **21** World Peace Day. Celebrate the United Nations day of global ceasefire and non-violence. See our feature in August's *Guiding* magazine for more details.

OCTOBER

- **10-16** Girlguiding UK Recruitment Week. Visit www.girlguiding.org.uk/info/recruitment/ for more details.
- **16** BIG GIG concerts, Manchester. See February's issue for more details or visit the web site at www.girlguiding.org.uk/new/bigbig.
- **29** Russia Day. RADS, the Russian Girl Scout Association, celebrates its tenth anniversary.

ROYAL VISIT

Girlguiding UK's President, HRH The Countess of Wessex, had her first taste of an international Guide camp at MAGIC 2004 (Midland Area Guide International Camp), in July.

Over 1,600 Guides, Brownies and Leaders took part in the week-long camp, held at Beaudesert Park in Staffordshire. Girls travelled from all over the UK and from as far away as Austria, Bermuda, India, Japan, Russia, Slovakia and Sweden.

The Countess of Wessex (pictured right) visited groups of Guides as they took part in various activities, including circus skills, a giant snakes and ladders game, crate stacking, crafts and international dance. One group was thrilled when she joined in with a 'Maori stick' performance.

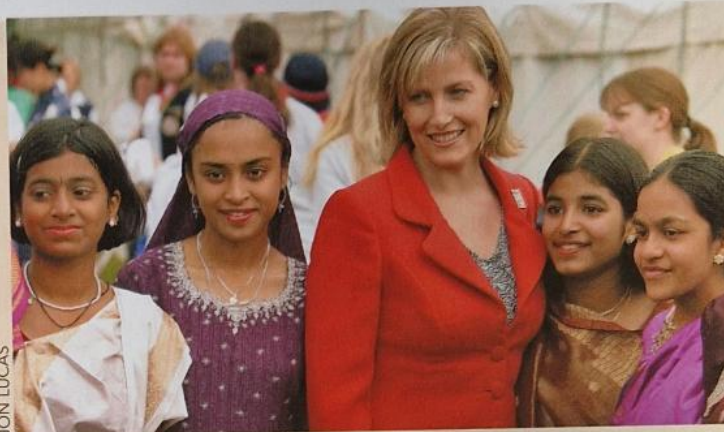
On leaving the camp, The Countess said: 'Thank you for your warm welcome. It's been a lovely day. Well done to the helpers — without you it wouldn't have happened.'

She also joked: 'If I'd thought about it before I would have brought a sleeping bag!'

The Countess of Wessex was accompanied by the Chief Guide, Jenny Leach, and Midlands Chief Commissioner, Rosemary Davis.

The Chief Guide said: 'The girls are thrilled to have a visit from the President and have made her really welcome. She's keenly interested in what they're doing and at the same time supportive of all the Leaders. Everyone felt totally relaxed in her company and it was a very happy day.'

For a full report on MAGIC 2004 see October's *Guiding magazine*.



Reality TV Guides

This summer a group of 16 year olds experienced the rigours of guiding in the 1960s when they took part in reality TV show *That'll Teach 'Em*.

The show gave 15 girls and 15 boys the experience of going to a mid-1960s secondary modern school, complete with after-school clubs, such as Guiding and Scouting.

At the time of writing the 'Guides' were expected to attend five unit meetings and take part in games and activities, including a pioneering challenge with the 'Scouts'. They will also prepare for a camp to be held at the end of the show, learning skills such as camp site cooking, making shelters and building fires.

That'll Teach 'Em was made by production company Twenty Twenty and is being screened for five weeks on Tuesday nights, at 9pm, between **August 17** and **September 14** on Channel 4.

For a full report on the show see next month's *Guiding magazine*.



Camp site cooking in the 1960s

ASSOCIATED NEWSPAPERS LTD

IT'S COMING... ARE YOU READY?

Turn to page 11 for the latest details on the Senior Section Evaluation.



AROUND THE REGIONS

MIDLANDS The Midlands Region Annual Review was held at the Hilton Leicester. The review featured presentations and performances. LaSER Kirsty Howe, Young Leader with the 3rd Kenley Guides, was one of the people chosen to carry the Olympic torch through London.

● Do you have any news from your Country or Region? Let us know by writing to the address on page 27.

A FRESH START

HOW TO ENCOURAGE PARENTS OF NEW GIRLS TO USE THEIR SKILLS IN GUIDING

By the Project 50K Working Group



There are lots of ways for parents to get involved in guiding

The start of the autumn term is the time of year when many girls, refreshed and raring to go from their summer break, will join guiding for the first time.

This is a good opportunity to get all the girls' parents together and talk to them about guiding, what being a volunteer involves and what help your unit needs. Then ask for help — and be specific. Many parents are interested in your unit but don't really know what happens in a meeting. An 'open meeting' following a normal unit programme would be a good chance to explain and illustrate how they could help. Face to face requests are usually more productive!

Think out in advance how you will answer when people say: 'I'm too busy', 'I work full-time', 'I've got a family' or 'I'm busy studying'. This applies to most of our Leaders. We can explain from our own experiences how we fit guiding into our lives and what we get out of guiding personally.

Other comments from parents may include: 'I couldn't make a regular commitment' or 'I'm not sure I could work with young people'. You could respond to this by letting them know about all the other guiding roles that would make life easier for our existing Leaders, that we value all help and that we are flexible.

Look at the information provided by parents when their daughter joined the unit — did a parent offer to help occasionally or did they have a skill that would help guiding in the unit or the District? Once parents start to get involved they will enjoy the experience and want to do more.

Make a specific appeal for 'someone to ...'. Make the task and time commitment clear. Many people want to help but don't know what to offer. It's often easier to say, 'I can do that' to a specific task.

Here are some small things that can make a big difference:

- Creating parents' newsletters (look for someone with a computer and IT skills)
- Keeping the unit accounts (perhaps someone who works in accounts or finance)
- Maintenance of the unit meeting place and unit equipment (look for someone who enjoys DIY)
- An extra pair of hands for events away from the meeting place (someone who is interested in the girls and has some spare time)
- Shopping for the unit (see below).

A HELPING HAND

Jenny is a mum of four whose partner works shifts and so it is difficult for her to help regularly at daughter Sam's Brownie Unit.

Last Christmas she made a throwaway remark: 'If you want any help with shopping for the Brownie party, just let me know'. Since then she has taken on the role of 'unit shopper'. The Leaders give Sam a note to take home each week with shopping items required and Jenny sorts it out. This year she has offered to take on ordering uniform, books and resources from the County Trading Depot. Jenny said, 'I enjoy being able to help in this way — most things are just added on to our own household shopping anyway.'

How would a 'unit shopper' help your team of Leaders?

PROJECT 50K

Sharing our
PASSION
for Guiding

ROUNDAABOUT FUN

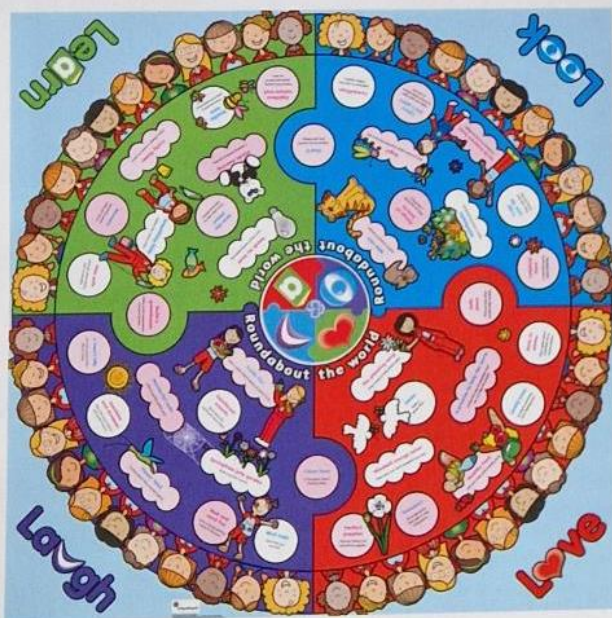
RAINBOW ROUNDAABOUTS DEVELOP DECISION-MAKING SKILLS ALONGSIDE ACTIVITIES TO ENJOY

By Lynda Munro
Girlguiding UK Rainbow Adviser

Decision-making is one of the Five Essentials of guiding and a girl of Rainbow age can make simple choices and decisions for herself. She is also beginning to discover that she may not always get her own way and has to learn to accept decisions made by others.

The Rainbow Jigsaw strengthens and encourages the girls' decision-making skills and retains Rainbow Chat, the time set aside in meetings when the unit can discuss issues, as an essential feature.

A Rainbow Roundabout is an exciting new unit resource that Rainbow Leaders can use to promote unit decision-making. It contains activity ideas which support the Rainbow Jigsaw and complement other Rainbow activities.



The resource is based around a large plastic mat that is placed on the floor so that all the Rainbows and Leaders can sit around the edge and see it. The mat is divided into the four Jigsaw areas — Look, Learn, Laugh and Love — and contains activity ideas based on a theme. The Rainbows decide as part of Rainbow Chat which activities they want to do as a unit, voting on suggestions as necessary. The Leaders need to ensure that a balance of activities are chosen from each Jigsaw area but the choices should be made by the girls.

When a unit has chosen the activities they want to do, the Leader will incorporate them into the term's planning. They may be done as a block over a couple of weeks or spread throughout the term.

Rainbows are rewarded by gaining a badge when they have participated in four Roundabout activities — one from each Jigsaw area. Roundabout badges are not individual achievement badges and all Rainbows should be given the badge at the same time. It is not compulsory for every Rainbow to have completed every part of the four Roundabout activities to be given a badge. If Rainbows participate in more than four activities on a Roundabout they do not gain another badge. Roundabout badges are worn around the bottom of the polo shirt or hooded top or on the pocket of the tabard.



The Roundabout badge incorporates the symbols for the four Jigsaw areas and is available with a choice of three different border colours — red, blue and yellow. When the Rainbows choose which activities they want to do as a unit, they should also vote on which colour border they are going to have for their badge.

The Guider's sticker pack includes stickers which show the four Jigsaw symbols and these can be used as instant rewards.

To help the Rainbows evaluate the four activities at the end of their Roundabout they should be given a chance to write or draw what they did on the unit recording poster. This A2 sheet can be displayed in your meeting place during the meeting to remind girls what they have done and then kept safe for them to look back on during their Pot of Gold challenge when they reflect on their time in Rainbows.

● For information about an exciting new job opportunity in the Programme team at CHQ, see page 16.

NEW RESOURCES FOR RAINBOW UNITS

● *Guidance notes for Leaders: Rainbow section.*
Order code 6053,
price £4

● *Roundabout Rainbows.*
Order code 6162,
price £15

● *Roundabout the World.*
Order code 6163,
price £15.



EXECUTIVE NEWS

RECENT APPOINTMENTS AND AWARDS

APPOINTMENTS

The following appointments were ratified by the Executive Committee:

- **Trading Board:** Graham Littlewood, with effect from February 25, 2004.
- **Trust Corporation Members:** Graham Littlewood, Susan Wieck and Judith Morley, from May 4, 2004.
- **Chairman, Marketing and Communications:** Carole Hardy, reappointed for a further two years, from October 1, 2004.
- **Awards Committee:** Anne Aitken, from October 1, 2004.
- **Foxlease Management Group:** Rebecca Jones and Jennie Hogan, from April 1, 2004.
- **Blackland Farm Management Group:** Sam Robinson, reappointed for a further two years, from April 1, 2004.

The following appointments were noted:

- **Faith Adviser:** Libby Spence, reappointed for a further two years, from October 1, 2004.
- **Residential Adviser:** Sandra Clelland, from May 1, 2004.
- **Holiday Adviser, Blackland Farm:** Elaine Norman, from May 1, 2004.

AWARDS

The following members have received awards:

Star of Merit:

- Victoria Botting, Midlands
- Charlotte McCann, North West England.

Laurel Awards:

Janet Baker, Anglia; Myrtle Brown, Ulster; Fiona Carle, South West England; Elizabeth Crossley, North West England; Wendy Goodhind, North East England; Angela Green, Midlands; Mary Harwood, South West England; Sandra Moffitt, Ulster; Elspeth Smith, Scotland.

RESULTS OF ELECTION TO THE COUNCIL

Members elected/re-elected (R) to serve from May 21, 2004, until the day of the AGM in 2007:

Elected by Countries and Regions:

Anglia: Anthea Burch (R); **London and South East England:** Alison Tripp; **Midlands:** Michelle Dyer (R); **North East England:** Deborah Barker; **North West England:** Sarah Parkin; **Scotland:** Sheila Skedd (R); **South West England:** Gillian Brunsdon; **Ulster:** Geraldine Linford; **Wales:** Jennifer Davies (R); **Branch Associations:** Phyllis Thompson (R).

Elected by the Council:

Nicola Grinstead; Susan Hassall; Cheryl Marshall.

ELECTIONS TO THE EXECUTIVE COMMITTEE

From May 21, 2004, until the day of the AGM in 2007:
Mrs Gillian (Rikki) McKenzie; Miss Karen Tricker (R).

DISTANCE LEARNING FEEDBACK

In the March, May and July issues of *Guiding magazine* we included a free Distance Learning Module as part of the Positive and Effective Leadership programme. If you've completed a Distance Learning Module we'd like to hear from you.

One Leader told us: 'Continuous improvement needs continuous enthusiasm. I believe that enthusiastic people are very positive and can impart that feeling to everybody around them.'

Your views are important to us — please let us know what you think of the Distance Learning Modules by answering the questions below and sending your answers by post or email to Rachel Swygart at rachels@girlguiding.org.uk at CHQ.

1. How did you find this way of learning?

2. Please give us your reasons for liking or not liking this way of working.

3. Would you like to see more Distance Learning Modules included in the magazine?

4. If so, please suggest topics or themes that you would be interested in working on.

In the interest of making the Distance Learning Modules as user-friendly as possible we may want to discuss your feedback with you. If you are willing to be contacted by a member of the CHQ staff for this purpose, please fill in the contact details below.

Name:

Section:

Telephone number:

CENSUS-ITIS

LET OUR CENSUS DOCTOR CURE YOUR SYMPTOMS

By a Census Working
Group member

Dear Doctor,

Normally I am a happy, well-balanced person with a good sense of humour but for a few weeks each year I am overcome with uncomfortable symptoms.

These generally disappear around March. The symptoms make me irritable and I've noticed that other Guiders have had a similar experience. Is this a seasonal virus of some sort?

Yours faithfully,

A Guider

Dear Guider,

During January or February of this year did you experience any of the following symptoms?

- A flustered feeling when confronted with coloured forms?
- A headache brought on by numbers?
- A rising sense of panic when facing a deadline?

If you have answered yes to one or more of the above, then you may have suffered from census-itis — an uncomfortable condition which sadly affects some Leaders as they tackle the annual census. The good news is that census-itis can be avoided if you take a few simple preventative measures.

Get organised in plenty of time. Leaving everything until the last minute is not a healthy option, so make sure your Commissioner and Division/County Registration Secretary are kept fully informed of any changes to units or personnel throughout the year. Plan your annual budget in sufficient detail to ensure that the subscription is affordable and that the money is available at the right time. Update your own records before the census forms are distributed. Knowing that you have all the current facts and figures at your fingertips will promote a feeling of well-being.

Set aside some time to do the job — an obvious requirement but absolutely essential for those of us who want to banish those panicky moments as the deadline for returning the forms approaches.

Read the Guidance Notes in full before putting pen to paper. As with all medicinal cures, it is important to read the instructions before use. The notes are on the reverse of the forms while the census Hotline article published in February's Guiding magazine can answer many of the questions you may have. This will save valuable time and eliminate the need to make corrections.

Find a census buddy — someone sympathetic who can assist you to fill in the forms and who is able to balance numbers and money. This might be another Guider, Unit Helper or parent of a girl in your unit or District. Ideally, you should find someone who does not already suffer from census-itis, although the symptoms may be less traumatic if shared with others who have personal experience of overcoming this seasonal problem.

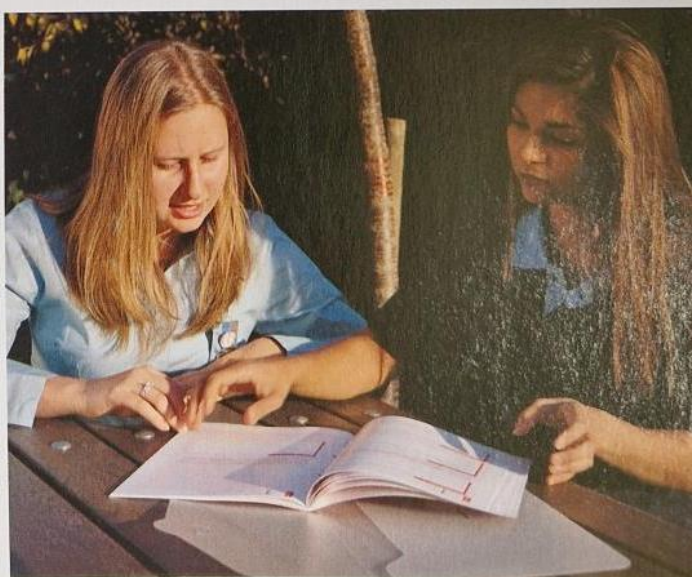
Join a self-help group. District or Division Meetings can provide valuable support for those of a nervous disposition when it comes to census time. Many Leaders who suffer from census-itis have recovered their sense of humour by attending a census clinic — a social gathering of Guiders consulting the census 'doctor' — a Commissioner, Secretary, Treasurer or experienced Guider. Relief from symptoms quickly follows, as an otherwise tedious chore becomes a small distraction at an enjoyable social occasion.

Make census-itis a thing of the past by taking positive action now. It's never too soon to find a census buddy or to plan a census clinic. The remedy is in your own hands.

My best wishes for a symptom free 2005 census.

The Census Doctor

LAURA ASHMAN



A 'census buddy' can make the census process less stressful

EXPRESS YOURSELF

SENIOR SECTION MEMBERS WERE GIVEN
THEIR SAY AT INNOVATE 2004

By Chloë Chapman



Innovate participants have their say on guiding issues

This year's Innovate took place in Winchester, where around 150 Senior Section members had the chance to have their say on the future of Girlguiding UK.

FEEDBACK

Newcomers to this year's event were suitably impressed: 'It's interesting to find out what's going on,' said 24-year-old Melanie Boddison, a Brownie Guider from West Sussex. 'There's no point complaining about things that are happening in guiding if you're not prepared to do anything about it,' she said.

Lindsay Ryan, a Senior Section member from Wigan, told *Guiding magazine* why she thought it was important to attend. 'Innovate is a voice, CHQ do actually take notice of what we do here. They are always asking for our feedback, and here we get the chance to have an input into what goes on in guiding.'

Last year's reports have aided ten different projects including the Guide Section Evaluation, Valuing Young Women and the Arts Strategy.

HIGHLIGHTS

Participants attended Association sponsored and personal development workshops. Personal development workshops covered a range of topics from human rights in *Our Rights, Our Responsibilities* to the more light-hearted *Latin in Line* — an introduction to salsa line dancing.

At one workshop, entitled *Is This 4 u?*, Senior Section members learned about '4' — a DfES funded peer education initiative run in conjunction with Girlguiding UK. Girls were invited to join a two-day training course to become 'In4mers', peer educators who deliver sessions to

their local units, raising awareness of important social issues such as refugees and eating disorders.

At Association workshops participants discussed projects that are being developed. Here are some of the highlights.

ASSOCIATION WORKSHOPS

Reality Checks focused on subjects such as alcohol, sexual relationships, drugs and eating disorders, and participants devised ways in which these topics could be effectively conveyed to the different age groups within guiding.

'It's not just about saying "You don't do it" but also presenting them with the facts so they can make an informed choice,' said Helen Pengelly, a Brownie Guider from Cornwall.

Acting the Promise dealt with Community Action and participants developed ways of getting Guiders involved at national, international and local level. Workshop facilitator Michelle Farrington said: 'Hopefully the output from my workshop will make Community Action projects less scary for local Guiders. We want to make Guiders more confident about taking part because Community Action is a really big part of the programme.'

IEWS AND OPPORTUNITIES

Participants also looked ahead to Girlguiding UK's Centenary in 2010, discussing ideas for celebrations from local parties to a national event. Planning team member Cheryl Marshall said: 'Perhaps an idea for a national event will come from the day's discussions — watch this space!'

An integral part of Innovate, 'Fringe sessions' explored members' views on Girlguiding UK projects and issues such as the census, global education and the Musical Instrument Loan Scheme. They also promoted guiding opportunities such as SSAGO and the British Youth Council.

Other highlights included a speech by Nicola Grinstead, recently appointed WAGGGS Young Woman of the Europe Region, and a spot of morris dancing while the bar was open. Part of the Funky Feeture night which raised money for Girlguiding UK's Walks for the World, the dancing prompted one participant to remark, 'The morris dancing teachers were slightly disappointed by our lack of rhythm!'

INNOVATE 2005

Next year's Innovate events will be held in February and October.

Application forms for February's event featured in the *Hotline* section of August's *Guiding magazine*. For more details visit the new Senior Section web site on www.girlguiding.org.uk/seniorsection.

HAVE YOUR SAY

MAKE SURE YOUR VOICE IS HEARD IN THE SENIOR SECTION EVALUATION



Bev



Janet



Louise



Pat



Sharon



Steph



Sophie

By the Senior Section
Evaluation Working Group

Would you like the chance to comment on what you want as a Senior Section member? It's been five years since the Look Wider Programme was last reviewed, and throughout 2005 all aspects of the Senior Section Programme will be evaluated to ensure we are still meeting your needs.

A working group has been established to plan and carry out the evaluation with current and prospective Senior Section members. There are over 50,000 young women aged between 13-25 registered as members of Girlguiding UK today — and the working group would like to hear from as many as possible during 2005.

One of the main ways of participating in the evaluation will be through online questionnaires — visit www.girlguiding.org.uk/seniorsection. There will be a different questionnaire every month, starting from January, each focusing on areas of the programme and opportunities open to Senior Section members.

There will be a separate questionnaire for Guides from February at www.girlguiding.org.uk/members/guides.

A series of face to face consultations will take place across the UK through trainings and national and regional events (such as Innovate). A cross section of Senior Section units have been invited to take part in specific unit consultations.

There will be a national residential event, Count Down to Zero, on **June 24-26, 2005**, combining 24-hour consultations with fun activities and camping. If you're

interested, make sure you complete the Expression of Interest form in October's *Guiding* magazine to receive an application form and all the latest information. Until then, whenever you come across the Senior Section Evaluation logo (above), read on to find out how you can become involved.

The Evaluation Working Group is made up as follows:

Bev Osborne — Girlguiding UK Senior Section Adviser, a Brownie and Ranger Guider, a Division Young Leader Guider and a 4 Supporter in Somerset

Janet Mason — a Rainbow, Brownie and Guide Guider in Beeston, and Notts Division Young Leader Coordinator during term-time, as well as a Rainbow Guider in Catshill

Louise Coates — a District Young Leader Guider, a Ranger Guider and District Treasurer

Pat Mayle — an experienced Ranger Guider and Senior Section Adviser for BGIFC, she is also District Assistant for Swinton West

Sharon Naylor — a Senior Section Guider, Division PRA and a Ranger who has just completed her Chief Guide's Challenge

Stephanie Hanna — a Guide Guider from Carrickfergus, Northern Ireland

Sophie Finch — a Guide Guider who is working towards her Queen's Guide Award and her Gold Duke of Edinburgh Award

Emily Beardsmore (not pictured) — a Guide Guider, a Ranger and a British Youth Council Observer.

Real Life



VOICE OF YOUTH

By Chloe Chapman

Claire Turner from Norfolk is a Division Young Leader, an Assistant Guider with the 1st Roydon Brownies, and Norfolk Senior Section Adviser — all at the age of 23!

'I was 22 when my County Commissioner, Liz Carlyle, asked if I would take over as County Senior Section Adviser. I was honoured to be asked. It was a shock and scary because a lot of people thought that I was too young.

'About a week and a half later, my County Commissioner passed away suddenly. It was a great

loss and I got very scared because I thought that my support had gone.

'After her death I found it difficult because I didn't want to let her down. Then I changed my focus and decided that I would do the best I could to honour her. I got a lot of support from her successor and her assistant.

'The most important thing is to stick up for yourself. Work as a team, but make sure that people listen to you. Just tell yourself that you can do it!'

READ ALL ABOUT IT

TEENAGE MAGAZINES — A GIRL'S 'BEST FRIEND' OR A 'SIGNIFICANT DANGER'?

By Isobel Durrant

While Margaret Hodge MP, Minister for Children, Young People and Families, sees them as 'the best friend of young people through the roller coaster years of their life', others blame them for fostering feelings of inadequacy and abnormality. One thing is clear; teenage magazines provoke a strong and varied response from adults. Love them or loathe them, you can be pretty sure they play an important part in the lives of girls and young women within Girlguiding UK.

APPROPRIATE CONTENT

At its annual conference in April this year, the Association of Teachers and Lecturers voted to campaign for age restrictions to be placed on teen magazines. Concerns had been raised by one of its members about the content of pre-teen and teen magazines. Ralph Surman, a primary school teacher and father of three daughters, said the magazines posed 'a significant harm and danger to children' with content 'inappropriate for the age at which it is targeted'.

Back in 1996 a Conservative MP proposed a Bill requiring publishers to give age suitability warnings on young women's magazines. The industry responded by setting up its own regulatory body, the Teenage Magazine Arbitration Panel (TMAP), which has guidelines on the coverage of sexual subjects that must be followed if over 25 per cent of a magazine's readers are young women under 16.

TMAP argued that age restrictions would be both 'counterproductive and impractical' and points out that young people could still buy publications and watch television programmes aimed at adults, yet be unable to buy magazines with 'appropriate and accurate content'.

ISSUES AND ENTERTAINMENT

Health experts and editors argue that advice columns in the magazines help compensate for poor sex education among the UK's teenagers. A position strengthened last year when a survey among 11 to 15 year olds about condoms revealed widespread ignorance — four out of ten believed it was illegal to buy condoms. As a result of the



survey, *Sugar*, average readership age 14, ran an article that included an offer for readers to obtain a free condom through Marie Stopes International UK. TMAP rejected complaints about the article, emphasising the need to remove any stigma attached to the use of condoms.

'It becomes her best friend, providing support, a giggle and reassurance.'
Claire Irvin, editor of ELLEgirl

Equally crucial for the readership however, is the role of teenage magazines in keeping girls up to date on what or who is cool. Peer pressure is enormous and the love lives of celebrities are major conversation topics.

Despite the beauty, boys and fashion bias in most teenage magazines, they are still awash with messages young people need to be aware of. Informative and down-to-earth articles cover a wide range of issues, including drugs, racism and bullying. Sensible eating and



healthy lifestyles receive similar treatment. Bliss advised readers who wanted to look good in bikinis for summer to 'forget faddy diets' and 'fill up with healthy foods to improve digestion'. The magazines also use a variety of ploys to gauge teenagers' views on serious issues. Readers may be invited to text their opinions to the editor, or to take part in reader surveys.

EDITOR'S COLUMN

Editor of *ELLEgirl* and former *Sugar* editor Claire Irvin also believes that teenage magazines are a girl's best friend.

'For younger readers they fulfil so many different functions — obviously human interest and entertainment, also an element of learning from other people's experiences and empathising. It can be a social thing but equally a reader would look at a magazine again on her own, where it becomes her best friend, providing support, a giggle and reassurance.

'Me and my friends read them on nights in' Emma, 12

'*ELLEgirl* (aimed at 15-19 year olds) is also about these things but is very much inspirational and aspirational.'

Claire disagrees with critics who claim teenage magazines exert a bad influence over their readers.

'Criticism of teenage magazines seems to come from people who see sexual content as corrupting young people, as if we're encouraging them to have sex,' she said. 'But all our content is regulated by TMAP and is done in a very responsible way. And furthermore, any content in teenage magazines is responding to something the readers have asked for. I don't think any market knows its readers as well as we do — they're in contact with us constantly, so we know what we're doing is helping them and not leading them astray.'

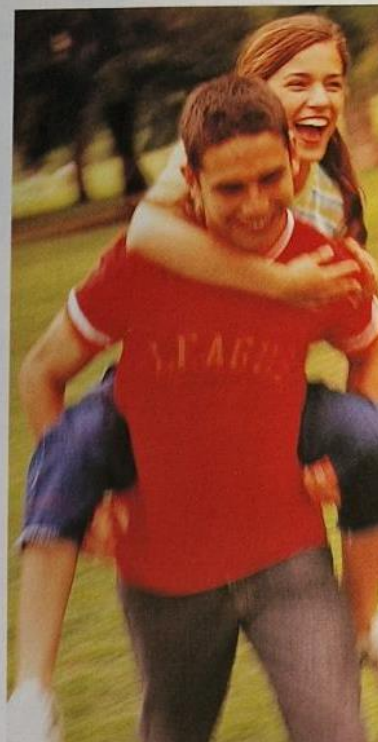
USE IN GUIDING

With planning, magazines can be a great resource for Guides, providing information on serious issues in the girls' own language. You do however need to think carefully about how to use them, selecting the pages you want and discarding the rest of the magazine. Guider Susana Turville, of 1st Castle Donington Guides, says she's had the experience where girls have brought magazines to meetings and 'they just end up reading them as a massive group and it is very

difficult to get their attention elsewhere'. Another reason she gives for not using the whole magazine is because she would feel 'uncomfortable' with some of the content. However, she would be happy to use teenage magazines to raise issues when she wanted to talk about a particular subject.

'The Guides like reading the problem pages,' reports Susana. 'I think they like these bits the most not because they think it is funny to laugh at other people's problems, but because there is always the occasional problem where they can find the answer to something they didn't know, but didn't want to show themselves up by asking about.'

Editors of teenage magazines have to be responsive to the interests of their readers if their titles are to remain in circulation. Thus the magazines are a useful indicator of girls' and young women's concerns and, as such they deserve our respect and attention. If they are, as Margaret Hodge believes, the teenagers' best friend, then let's encourage this friend to join the Guides.



WHAT DO GIRLS REALLY THINK?

Members of the 1st Castle Donington Guide Unit gave us their views on teenage magazines.

- 'I don't like the adverts, the magazines cost enough.' **Lucy, 12**
- 'Celeb bits are good — I'm nosy about how they live.' **Jo, 13**
- 'I don't get time to read them because I get too much homework.' **Katherine, 12**
- 'The embarrassing moments are funny.' **Collette, 11**
- 'I like looking at the fashion and beauty pages; me and my friends read them on nights in.' **Emma, 12**

FRIEND OR FOE?

What do YOU think of teenage magazines? Have you read them in your meetings? Are they useful or just a distraction? What do the girls think of them? Write to *Guiding magazine* at the address on page 27 to share your views and experiences.

YOUTH TARGET GROUP INDEX FIGURES 2003

Title	Average Age	% of readership under 15
Mizz	11	90
Bliss	14	55
Sugar	14	58
J17	15	52
CosmoGIRL!	15	72
Shout	12	79
TV Hits	13	70
Sneak	13	70
It's Hot!	11	85
Top of the Pops	12	79

TGI 2003

Based on around 6,000 interviews split equally across three age bands, seven to ten, 11 to 14 and 15 to 19.

BASE CAMP

HOW JOINING THE ASGC COULD BENEFIT YOU AND YOUR CAMP SITE

By Kate Sheppard

Anyone involved in the running of Girlguiding UK camp sites and activity centres can benefit from becoming a member of the Association of Scout and Guide Centres (ASGC) and receiving their advice and support.

Previously the Council of Camp Site Wardens, the ASGC is currently made up of 120 sites across the UK. Key among its objectives are creating a safe and healthy working environment for staff, volunteers and visitors and supporting the youth programme of Girlguiding UK and The Scout Association.

Members can benefit from each other's knowledge and experience and are kept advised on any changes in the law that may affect their work. They also have the opportunity to attend specialist training courses and receive a plaque to show that their facility meets the ASGC's basic standards of competence.

Leaders wanting to take units away on camp or to activity centres can rest assured that ASGC members are operating good guiding practice. This includes the implementation of child protection policies, disabled access to facilities and activities and carrying out operating policies in line with those of Girlguiding UK.

Mandy Otley, warden at Girlguiding Sheffield Whiteley Woods Outdoor Activity Centre, believes that the principal benefit of joining the ASGC is the opportunity to pool resources.

'Before, we were often quite isolated, especially when it came to finding out about new legislation and regulations,' said Mandy. 'But now when something comes up there's someone we can call to ask.'

'The ASGC is the benchmark for standards. People who want to come and stay at an ASGC centre can be assured we're working to the highest standard and are up to date.'

The ASGC's annual general meeting will take place on **November 27** at Hesley Wood, Sheffield.

For more information about the ASGC visit www.asgc.org.uk or telephone **01342 822573** and ask for Julian Pierce.



HENRY IDOON

The ASGC can provide support and advice to those responsible for local camp sites and activity centres

Real Life



4-STAR

Lindsay Ryan, 23, is a member of 4, Girlguiding UK's new peer education initiative. She is also County Senior Section Adviser for Lancashire South and Assistant Guider with the 2nd Hindley Rangers.

Said Lindsay: 'I was "spotted" at a supporters' briefing last year and was asked to join the 4 working group.'

'I got involved because it was something new and I thought that it would be good for my Rangers to become In4mers as well.'

As a working group member Lindsay helps devise activities for the media section of the 4 training programme.

'The girls get a lot out of being an In4mer, such as the confidence to go back and work with other young people in their County or Region.'

'A good peer educator has to be quite versatile and willing to look at things from all angles, listen to everybody's opinion, and accept that their opinion isn't right all the time.'

'It's very sociable as you keep in touch with the people you meet — as always within guiding. The main aim is to educate but to have fun with it.'

'I would say to anybody, "Go and try it. If you do like it, you can go and do whatever you want, either at unit, Division, District, County or Regional level."'

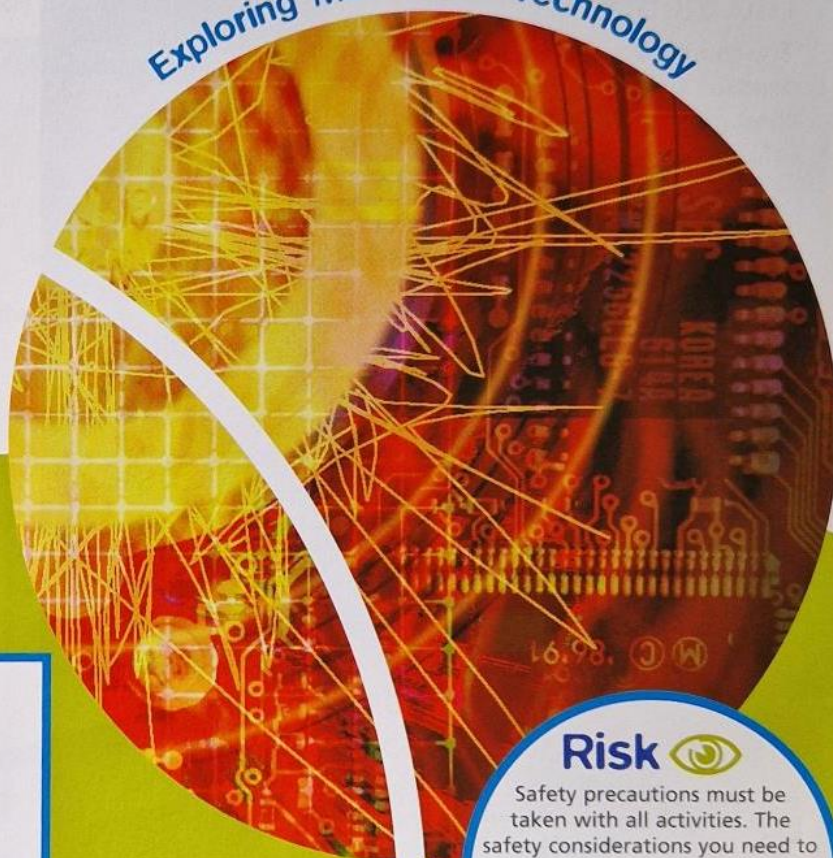
4 is a DfES funded initiative in partnership with Connexions. Funding is available for projects. For more information about 4, consult your Senior Section Adviser or email Catriona MacMillan at CHQ at catrionam@girlguiding.org.uk.

By Chloë Chapman

September 2004

Activate

Exploring Media and Technology



Contents

- 2** **Eye of the media**
Radio, TV and Internet activities
- 4** **Walks for the World**
Put a spring in your step
- 6** **Mad inventions**
Problem-solving ideas
- 8** **Here is the news**
Make your own newspaper
- 10** **Going digital**
Try our photography challenge
- 12** **Disability counts**
Breaking down barriers
- 14** **Glorious food**
Celebrate British Food Fortnight



Risk

Safety precautions must be taken with all activities. The safety considerations you need to take into account will vary depending on each activity's materials and environment. For advice on assessing risks, consult the *Being Prepared* resource, available from the Trading Service.

What's hot

Find out more about the world of media and technology with our themed pages.

Take a close look at what it means to live with a disability and finish by celebrating British Food Fortnight.

Eye of the media

What is the media and why is it so important?

The media

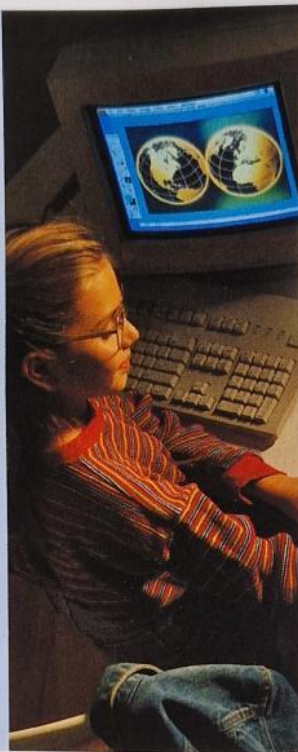
'The media' is the term used to describe the way people communicate news and information on a large scale.

The media covers the tools we use to do this, that is the Internet, newspapers and magazines, television and radio.

All these methods of communication mean that we can receive news and information 24 hours a day, worldwide.

Ask the girls if they have the following things at home: a radio, a television, a computer with Internet access, a WAP mobile phone.

All of these inventions are relatively new. Could they survive without them? How would they find out what was happening across the world without these inventions?



Top TV

There are lots of arty children's television programmes that show you how to make things.

Ask the girls if they watch any of them and what they think of them.

Explain to the girls that now they are going to have their chance to do better than the programmes by making one of their own.

Divide the girls into small groups. Each group is given time to prepare a short presentation. In the presentation they must pretend they are on an art show and make a craft item in front of the camera.

Presentations shouldn't last any longer than three to five minutes.

Simple items they could make include:

- ☐ A paper flower
- ☐ A sock puppet
- ☐ A bottle shaker
- ☐ A colourful collage.

Gather everyone together so you can watch the presentations. When they have finished ask the girls if they enjoyed it. What were the best and worst bits?

Radio days

Most girls won't have ever really thought about what life was like before television was invented. At that time, along with newspapers, radio was the most important method of communication.

Ask the girls how often they listen to the radio. Where are they most likely to listen to it? Do they just listen to music or do they listen to other things such as sport and drama.

Tune into a local radio station and listen to the style of presenting. Challenge the girls, in small groups, to record their own radio programme on to tape. The programme should last five minutes. It could include a DJ taking a call from a listener; a news report or a weather and traffic report; and should contain no more than ten seconds of the start or end of a song.

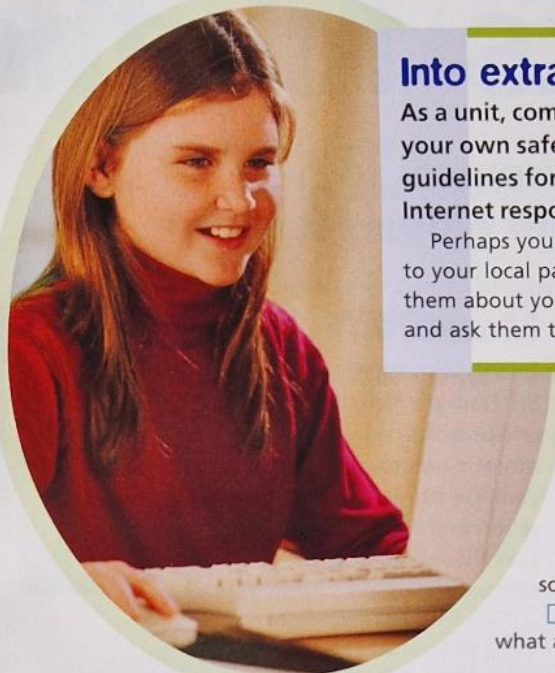


Top tip

If you have a video camera, you can record the presentations and play them back.

Would anyone like to be a real television presenter?





Into extra time

As a unit, come up with your own safety guidelines for using the Internet responsibly.

Perhaps you could write to your local paper and tell them about your guidelines and ask them to print them.

Internet safety

If you are encouraging girls to use the Internet, whether at home or in a meeting, there are lots of ways that you can help them to do so safely and responsibly.

Your first stop should be to check out the safety guidelines and advice on our web site, www.girlguiding.org.uk. Search for 'child safety' and you will find lots of help and information.

Here are just a few ideas to get you started. They are by no means exhaustive, please refer to the above link for more information.

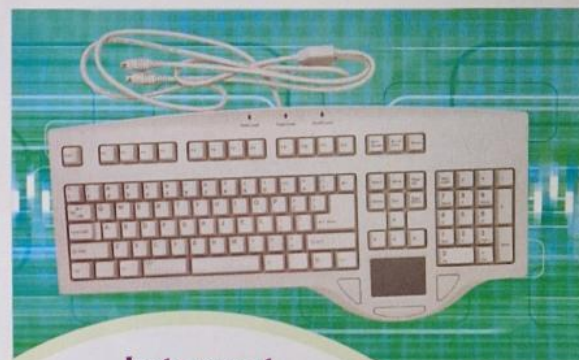
- ☐ Purchase and install a filtering program such as CyberPatrol or Net Nanny. These are special types of software that block out web sites that contain potentially upsetting or 'adult' content. Ask your school IT department or computer shop for advice.
- ☐ Find an Internet Service Provider that offers child protection software for example, AOL or BT Openworld.
- ☐ Talk to your local school about their online safety policy and see what advice they can offer you.

Ideas to go

- ☐ Listen to part of a radio play. What did the girls think of it? Make up a short story that could be read out on the radio complete with sound effects.
- ☐ Do you live near a hospital that has its own radio station? Find out if you can help them in any way.
- ☐ Find out about media privacy laws and how they affect reporting in the media.
- ☐ Search the Internet for units that have their own web site. What do you think of them? Could you do better?
- ☐ *Go For It! Communicate*, which comes complete with an interactive CD-Rom, is packed full of interesting activities connected with the media, not all of which require a computer.

Top tip

Turn to page 8 for ideas about the world of newspapers.



Internet scavenger

This is a great activity for Senior Section members who may safely be left to use a computer and the Internet on their own.

Divide the group into smaller teams of three or four. Teams will need access to a computer with either the Internet or a CD-ROM encyclopedia.

Tell the girls that they will be preparing a scavenger hunt with a difference. Each team will compile questions from either the CD-ROM encyclopedia or an informative Internet site for another team to answer.

If the girls are exploring an Internet site to look for information, tell them to stick to one trusted site. For example www.bbc.co.uk is such a huge web site with an incredible amount of information that you wouldn't need to look anywhere else.

The girls should decide how many questions they are going to write. Remember all the answers should be found either in the encyclopedia or on the web site.

When the questions have been set, swap quizzes so that everyone has a different one. Teams then use the computer to find the answers.

Top tips

Remember that Senior Section members don't have to do this in a normal meeting scenario. They could work in a library or in each others' houses, where they would have access to a computer.

Senior Section members could also set an Internet quiz for Guides and Brownies who have access to a computer during meetings.

Virtual Walks for the

Use the Internet and other media resources to help you put a spring in your step with our global ideas

The challenge

The Girlguiding UK Walks for the World challenge is helping to raise money for the World Association of Girl Guides and Girl Scouts (WAGGGS) by encouraging members to take part in walking-related activities.

The Walks for the World programme booklet, issued free with April's *Guiding magazine*, has proved enormously popular and inspirational. However, if you'd like some more ideas for your unit then take a look at these two pages.

For more information about Walks for the World, log on to the Girlguiding UK web site: www.girlguiding.org.uk.



Marathon feat

British adventurer Sir Ranulph Fiennes undertook an amazing athletic feat earlier this year. He ran a total of seven marathons in seven days on seven continents.



FIENNES/TROUD/HOWELL

The marathons took place in:

- ☐ Patagonia, South America
- ☐ The Falkland Islands
- ☐ Sydney, Australia
- ☐ Singapore
- ☐ London
- ☐ Cairo, Egypt
- ☐ New York, USA.

Girls could use Sir Ranulph Fiennes' marathon achievement as the basis for their own Walks for the World exploration.

Look on these pages to find activities connected to the places he visited.

Australian adventure

Aborigines were the first people to live in Australia.

Today, although their numbers and settlements are few, they continue to promote their ancient culture and traditions.

☐ Music plays an important part in Aboriginal life. Can the girls find someone who has a didgeridoo? Perhaps they could make one for themselves using papier mâché and a plastic pipe.

☐ Aboriginal people also use art as a way of expressing their heritage and the stories that go with it.

Have a look at www.aboriginalartonline.com for some inspiration for the girls to create their own art.

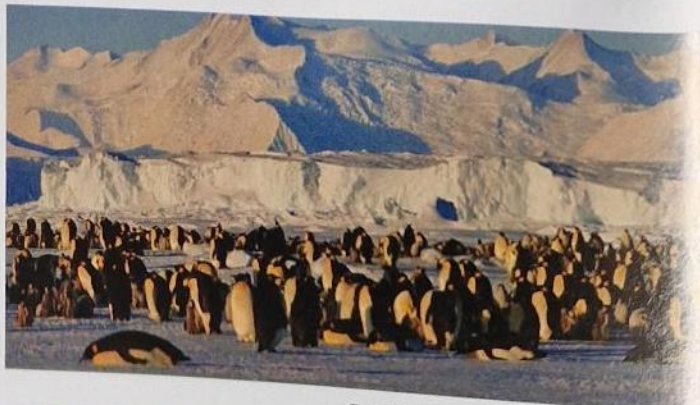


Falkland Islands

The Falkland Islands are located 350 miles off the east coast of South America and consist of two main islands and hundreds of small outlying islands.

The Falklands are famous for their penguins — there are five different species to be found there.

For some great penguin facts and craft ideas, log on to: www.dltk-kids.com/animals/birds-penguins.html.



World

London walkabout

London is, of course, the capital of the UK. But how much do the girls really know about our famous first city?

Challenge Senior Section members to compile a London quiz for Guides to complete.

Questions could include:

- ☐ What is the name of the people who guard the Tower of London? (beefeaters)
- ☐ What is the name of the river that runs through London? (the Thames).

The quiz could also include picture questions with girls having to match the names of landmarks to the correct picture.

Guides could be inspired to work towards completing *Go For It! London*.



Into extra time

Ask the girls to take knowledge gained from the quiz away and in the coming term try to put some of the new ideas into practice.

Try the quiz again in a couple of months' time and see who has managed to reduce the number of footprints they had to start with.

Global footprints

This is an activity to make the girls think about their impact on the world. It is linked to the theme of sustainable development and may help the girls to realise that a small change in their behaviour can have a positive impact on the future.

Each girl needs a piece of A4 paper. She should divide this into seven sections, numbering them one to seven.

The Leader then reads out the questions and asks the girls to consider their answers. If they answer C to a question, they must draw two footprints in that box. If their answer is B, they draw one footprint in that box. If they answer A, they don't draw anything.

When you have finished, have a look at how many footprints everyone has on their cards.

If everyone in the world lived in the same way and answered 'C' to all the questions, we would need more than one planet to live on.

Because everyone in the world does not consume the same amount (through choice or poverty) we are able to survive. Discuss this with the girls in your unit.

The questions

- 1** How do you usually travel to school?
A Walk or cycle
B Public transport
C Car.
- 2** How much of your food comes out of a packet?
A A little bit
B About half of it
C Most of it.



- 3** Do you switch off the lights when you leave a room?

A Yes, as much as possible
B Yes, when I remember
C No.

- 4** Do you recycle rubbish, eg paper, glass and cans?

A Yes, as much as possible
B Yes, a bit
C No, never. We throw them in the bin.

- 5** Do you donate your unwanted clothes to charity?

A Yes, as much as possible
B Yes, sometimes
C No, never. We throw them in the bin.

- 6** Do you put your green waste in a special compost place in the garden?

A Yes, as much as possible
B Yes, sometimes
C No, never. We throw it in the bin.

- 7** Do you turn off the tap while you are brushing your teeth?

A Yes, as much as possible
B Yes, sometimes
C No, never.



Mad inventions

Find out more about inventions that have made life easier or more fun

Building bricks

Way back in 1955, a Danish carpenter invented some special building bricks for children and called them LEGO®.

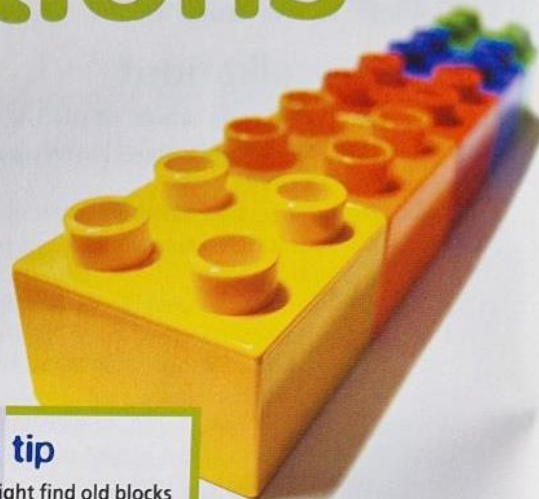
The product was so successful that it is still popular today and you can even visit LEGOLAND® in the UK (Windsor) or Denmark.

LEGO® isn't just for little children. Get your hands on some blocks and try out these activities with your unit.

- ☐ Build a tower with 20 bricks while you are blindfolded
- ☐ Use old bricks to make a funky plant pot holder
- ☐ Make a piece of modern art out of bricks and explain its significance
- ☐ Make some decorations for a Christmas tree.

On Saturday, November 6, LEGOLAND® Windsor is staging a special open day for all Girlguiding UK members.

Held in honour of the Brownies' 90th birthday, the LEGOLAND® day is open to all Rainbows, Brownies and Guides. All tickets for this day are on offer at a specially reduced price with LEGOLAND® also donating 50p from every ticket sold to Girlguiding UK. For more details, contact 01753 626100.



Top tip

You might find old blocks and bricks in charity shops and boot sales.

It's a fact

The first escalator in the UK was installed in 1911 at Earl's Court Station, London.

A man with a wooden leg was hired to ride on it to show people how safe it was!

Plastic girl

Believe it or not the plastic fashion doll Barbie® is 45 years old.

When she was invented, she was the very first doll of her kind. Previously you could only buy dolls with baby figures. But now there are lots of similar dolls.

Budding fashion designers will have a great time designing and making clothes for this type of doll. Challenge the girls to design and dress a doll with a particular theme. For example, make clothes suitable for a pumpkin party or a historical fancy dress competition and so on.

- ☐ Debate whether you think fashion dolls are suitable playthings for small girls.



It's a fact

Frozen food was invented by a Mr Clarence Birdseye in 1917.

Who invented what?

Do the girls know when CDs were invented? Or who came up with the idea for the windscreen wiper? Try this fun game with your unit and they might find a few surprises.

Split the following list into inventions, their inventors and the date on which they were invented, and write each one on a separate piece of paper.

Mix the pieces up and ask the girls to match the correct information together.

- ☐ First manned engine aeroplane — Orville and Wilbur Wright — 1903
- ☐ Basketball — James Naismith — 1891
- ☐ Compact disc — James Russell — 1965
- ☐ Postage stamps — Rowland Hill — 1837
- ☐ Jigsaw puzzles — John Spilsbury — 1767
- ☐ Penicillin — Alexander Fleming — 1928
- ☐ Crossword puzzles — Arthur Wynne — 1913
- ☐ Windscreen wiper — Mary Anderson — 1905
- ☐ Paperclip — Johan Vaaler — 1899
- ☐ Lawn mower — Edwin Beard Budding — 1830.

For details of more inventions visit <http://inventors.about.com/>. Try swapping some of the above with local inventors.

Books for all

The very first paperback books were published by Penguin in 1936.

The book would cost about two and a half pence in today's money, which meant that lots of people could afford them who had never been able to before.

Ask the girls to tell you what their favourite book is and why everyone else should read it. You may have to exclude a certain series about a school for wizards just in case everyone wants to bring that in!

Hold a fancy dress night with everyone dressing up as their favourite book character. Read an excerpt from a classic children's book such as *Alice in Wonderland*.

Noise maker

The modern harmonica, or mouth organ, was invented in 1821 by Christian Buschman, of Germany.

Make your own version of a harmonica by wrapping a piece of greaseproof paper around a comb and humming through it.



If you let your lips vibrate on the paper you'll be able to get quite a good noise. Groups of girls can practise a tune together and then perform it while other groups guess what they are playing.

It's a fact

It wasn't until 1921 that the first washing powder, LUX®, came on to the market. Girls could find out what people used before then.

Night sky

The biggest observatory in the world was built in 1985 on top of a mountain in Hawaii.

It is made up of the largest two telescopes ever invented, each standing eight stories high. Each telescope contains a mirror that measures ten metres across. Imagine if one broke!

You can take advantage of the dark nights by trying out some astronomy projects of your own.

You'll find some good ideas on these web sites:

- ☐ Visit www.dustbunny.com/afk/ to learn what's happening in the night sky and check out some great sky maps
- ☐ Try www.kidsastronomy.com for a slick site with lots of ideas and information for junior astronomers.

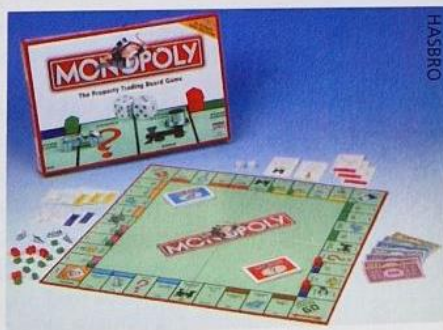


Only a game

Perhaps the world's most famous board game, Monopoly® was invented in 1933.

You can now buy lots of different versions of Monopoly® including ones with a film or cartoon theme.

- ☐ Hold a board games night where everyone brings along their favourite board game
- ☐ Make your own Monopoly®-style game using local landmarks and street names.



Leaders' note

Try combining some of these activities and hold your own mad inventors theme evening.

Wild and wacky

If your unit has been inspired by some of these inventions, why not get your thinking caps on and come up with an invention of your own.

Start by thinking about something that annoys you or makes your life difficult. Then think about something that will make your life easier.

For example, when you're at camp do you always drop the soap and it gets covered in grass? Then invent something to stop it happening.

If someone invents something really special, that no one else has ever thought of, they must take out a patent to protect it.

The patent stops people from copying the idea and perhaps even making money out of it.

To find out more about patents at the UK Patent Office visit www.patent.gov.uk. The web site also gives information about copyright and trademarks.

- ☐ Find out about some wacky inventions at this web site: www.ideafinder.com
- ☐ The United State Patent Office has its own special pages for children, you can find them at www.uspto.gov/go/kids/.

Here is the news

Find out more about what makes up a newspaper

Read all about it!

Newspapers have a letters page so that people who hold a strong opinion can write in to have their say.

Have a look at the letters pages in local and national newspapers. What sort of issues are the letters about?

Ask the girls to think of a subject that they feel strongly about. This could be a reaction to something that they have seen in the local news, something that has happened recently, or a problem with their local area.

As a group, compose a letter about your subject to send to your local paper.



It's a fact

Newspapers have formed a part of British life since 1702 when the very first daily paper, *The Daily Courant*, was launched.

Headline news

The headline of a front page news article has a very important job.

It must inform the reader about the story but it must also catch your eye and make you want to buy the paper to find out more.

In small groups, ask the girls to cut out lots of headlines from newspapers. They can then divide the headlines into these categories: ones that make you sad, funny ones, ones that shock and ones that are just plain boring!

☐ Ask the groups to choose a headline and explain why they put it into a particular category

☐ Ask each girl to think of something funny that has happened recently and make up a headline for a newspaper report.

☐ Did you know that *The Times* and *The Sun* are owned by the same people? Compare the two papers. How different are they really?



Local news

Today most local areas have their own newspaper. Do you know what your local paper is called? Is it daily or weekly?

Has your unit ever appeared in the newspaper? Challenge yourselves to get your photo in the paper for a positive reason. You could be taking part in a fund-raising event or doing something exciting in your unit.

Ask your local paper about a fun, feel-good reason to have your photo published.

Too outdated?

With so many Internet, television and radio news channels to choose from, some people might say that newspapers are an outdated way to get our news.

Ask the girls to poll their family and friends to find out how many people read a daily newspaper.

Think of the advantages and disadvantages of reading a newspaper over the other methods of receiving news. Senior Section members could turn this idea into a debate with the motion, 'It is educationally important that we read newspapers'.

Leaders' note

Perhaps you could invite someone from your local paper to speak to your unit, or organise a trip to their offices.

Motivate

Welcome to the tenth in an occasional series designed to help you in the challenging role of leadership

The subject of Positive and Effective Leadership continues with this Motivate which looks at motivation and inspiration. The activities and sayings can be used for both adults and girls. Once you have tried out the activities why not share

how you got on with other guiding friends or write to the Adult Support team at CHQ who would love to hear from you. Please write to the address on page 27 of this issue.

Share your passion

It's amazing how, if you hate what you are doing, it seems like everyone else does too. If you are very stressed out, it seems like everyone else is too. In the same way, enthusiasm is contagious. If you're enthusiastic about what you're doing, it's much easier for others to be too. Also, if you're doing a good job of taking care of yourself and your own role, you'll have a much clearer perspective on how others are doing in theirs.



Who inspires you?

- Hillary Clinton
- Betty Boothroyd
- Her Majesty The Queen
- Judi Dench
- Cherie Blair
- Rhona Cameron
- JK Rowling
- Serena Williams
- Tanni Grey-Thompson
- Dawn French.

Choose a person from the list or someone else who inspires you. They don't have to be famous.

Think about why they inspire you. Is it because they...?

- Have clear goals
- Persevere
- Have overcome personal hardship
- Have great humour
- Are calm under pressure.

Highlight three qualities that you admire and set a small achievement goal for yourself to help you develop some of those attributes. See when family and friends notice the difference.

'Challenges make you discover things about yourself that you never really knew. They're what make the instrument stretch — what make you go beyond the norm.'

Cicely Tyson

What motivates you?

The key to helping to motivate others is to understand your own motivations. So what motivates you? Consider, for example, time with family, recognition, a job well done, services and learning. What can you do to better motivate yourself?

Pull out and keep

Inspired to dream

- Share with someone you know well some of your dreams and aspirations.
- Draw a 'path' on a piece of paper and write down your dreams at the end of it.
- Now go back to the beginning of the path and write down where you are now.
- Next, draw a barrier across the path and write on it some of the things that need to change for you to make your dreams come true.
- Draw some people by the path and write down who can help you to reach your dreams.
- Then draw some small footprints beside the path and write down some small steps you can take to reach your dream.
- You may not reach it quickly but it's good to map the way forward and to do it with someone who will remind you, should you lose sight of the dream.
- Now ask the other person if they would like to share their dreams with you.

Words of inspiration

It's all in the state of mind

If you think you are beaten — you are.
If you think that you dare not — you don't.
If you'd like to win,
but think you can't,
It's almost certain you won't.
If you think that you'll lose — you've lost.
For out in the world you find,
Success begins with a fellow's will,
It's all in the state of mind.

Anon

(Taken from *Seeking: a book of readings, thoughts and observations for Guides*)

Put together a selection of quotes, quips and extracts that you find inspirational, then do something creative with them. Maybe you could compile a book or hold a reading event in your unit or District.

**'You must do the thing
you think you cannot do.'**
Eleanor Roosevelt

Guiding inspiration

Nicola Grinstead, Girlguiding UK's International Education Adviser, was recently presented with the WAGGGS Young Woman of the Europe Region Award, which recognises the achievements of young women in guiding.

Nicola has spent three months in South Africa tackling AIDS-related issues and a month in Kenya with GOLD, gained her Queen's Guide Award, represented Girlguiding UK at the 2002 World Conference and even prevented a Brownie Pack from closing by taking over as Leader — all by the age of 26!



Mountain top moment

Dig out old photos of your different guiding experiences and choose one that sums up your 'mountain top moment'. A time when you felt a real sense of belonging, happiness or fulfilment, maybe even a sense of emotion or spirituality about what guiding means to you.

Arrange an evening with some local Leaders where you can bring along your photos and exchange experiences about why they are meaningful to you. Make or buy a photo frame for pictures that remind you why you believe in guiding.



Girlguiding UK Leadership Qualification Hotline

The Leadership Qualification was introduced in June 2000 and became mandatory for all those wishing to become new Leaders in January 2001. Over the past few months, a Working Group has been reviewing the qualification, and the process and systems surrounding it — using information gathered from the 2003 evaluation — as well as subsequent weekends for new Leaders and their Mentors held at Waddow and Foxlease during late 2003.

As a result of this research the Working Group has revised the *Leadership Qualification* workbook and has looked at the surrounding process. The revised workbook will be available from September 2004. Counties are encouraged to review their existing process to ensure it is meeting their needs and to take on board the new flexibility available to them.

Who is the qualification for?

As before, the Leadership Qualification is open to:

- Adult women who wish to become Leaders
- Senior Section members aged 16 or over who are taking a leadership role in a Rainbow, Brownie or Guide section unit
- Commissioners who have not been Leaders and who wish to take on this role.

Where can I get a copy?

The *Girlguiding UK Leadership Qualification* pack is available only via the appropriate County channels. This allows Counties to add directories and welcome letters and ensure that those working on the qualification have the support they need. It is also important that Leadership Qualification Mentors have a copy to ensure that they have a good understanding of the content of the workbook. Copies will be provided to Counties during autumn 2004. Commissioners, Trainers, Advisers and Unit Guiders can purchase copies through their Counties.

What has changed?

The title — Girlguiding UK Leadership Qualification

The Leadership Qualification is mandatory so it has been agreed that it will no longer be part of the Training Opportunities series, which is intended to offer members a chance to develop skills in the areas that they choose such as camps and holidays, the Adult Training Qualification, catering and first aid. All of these are optional.

The design

Feedback from the research showed that the current design was not as helpful as it could be for someone becoming a Leader in Girlguiding UK. As a result, the workbook has been redesigned and there are now clear indications that this resource is a workbook and that it should be used as such, including spaces for the new Leader and Mentor to make a record of any discussions.

W
E
Z
I
T
I
O
H



The content

The language of the resource has been changed slightly to make it simpler to read and less confusing. The qualification is intended to be an introduction or induction into being a Leader within Girlguiding UK, giving as much help and information as needed to run a unit safely. Candidates are encouraged to use ongoing training to develop those skills gained while working on the qualification.

Module 4 has been expanded to reflect the added responsibility of the Unit Guider and, as a consequence, Module 3 has been reduced. In the revised resource Module 3 asks candidates to:

- 'Read the information in *What you need to know about record-keeping from the guiding handbook series*. Discuss with your Mentor the need to budget for the day-to-day running of the unit and the requirement to prepare unit accounts'.

An outline of the revised criteria for the qualification can be found at the end of this *Hotline*.

Throughout the revised qualification there are references to *the guiding handbook series* to help candidates understand how to use these resources and ensure that they have an overall picture of Girlguiding UK. It is important that new Leaders have easy access to these resources and that Mentors are familiar with them.

Process

The research found that in many areas the qualification was operating successfully, the County Leadership Team was working well together and the new Leaders and Mentors were happy. In these cases there is, of course, no need to change any of the good practice already in place. In other areas there were more difficulties and Counties may need to look again at how they are operating the Leadership Qualification and see if they can make amendments which will improve the situation.

(See p3 for Leadership Qualification Process)

How does the process affect the new Leader?

- The process for the new Leader is that she:
- Meets the Commissioner

- Completes the appropriate forms
- Works with her unit
- Is contacted by her Mentor to arrange a meeting
- Has the qualification explained in detail to her
- Plans the way forward together with her Mentor
- Continues to work with the unit to develop skills supported by the Unit Guider (where there is one), District Commissioner and Mentor
- Collects evidence throughout the process, as discussed with her Mentor, including collecting signatures in the workbook from appropriate people
- Meets with the Mentor so that completed modules can be signed off. When all required modules are completed, the Mentor sends off the workbook to the County who will issue a Leadership Qualification Certificate.

County responsibilities

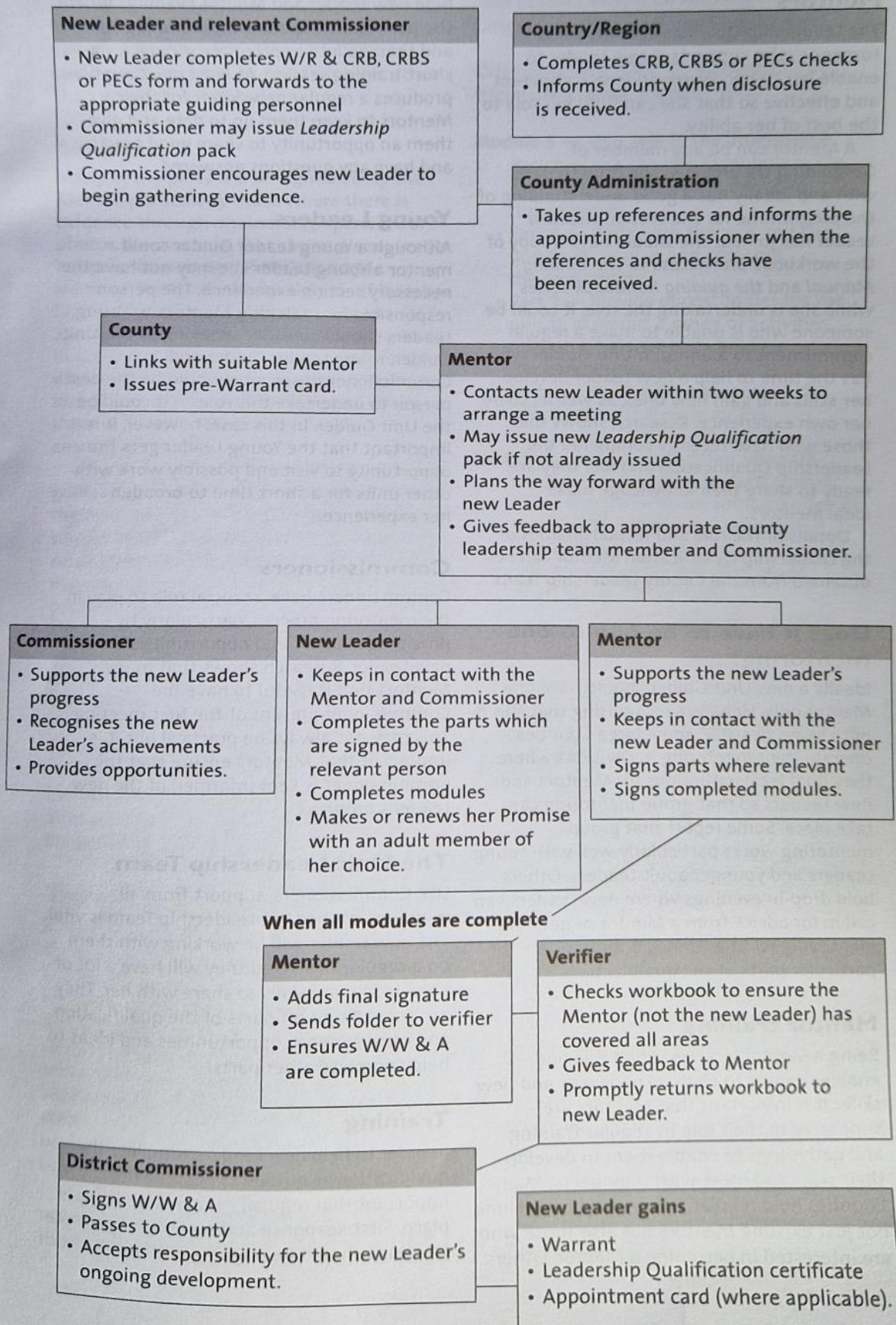
How Counties organise their systems will vary according to their size and on the number of new Leaders they recruit each year. It is important that Counties work out the most appropriate method for them to link a new Leader with a Mentor. Some key areas to bear in mind are:

- The linking should take place as quickly as possible — ideally no new Leader should wait more than two months before being allocated a Mentor.
- The system should meet the Counties' needs. In small Counties there may only be a need for a County Leadership Coordinator, however in larger Counties each Division may have a Leadership Coordinator who links the new Leader to a Mentor and advises the County Leadership Coordinator.
- In some Counties, Divisions deal with Leaders moving sections (Module 1) or taking overall responsibility for units (Module 4) whilst the County deals with new Leaders.
- *The Girlguiding UK Leadership Qualification* pack is given and explained to the new Leader personally by either the Leadership Qualification Mentor or the Commissioner.
- The new Leader is encouraged to begin collecting evidence straightaway.



Leadership Qualification Process

WZLTOI





Mentors

The Leadership Qualification Mentor is someone who supports a new Leader to enable her to become confident, competent and effective so that she can fulfil her role to the best of her ability.

A Mentor can be any member of Girlguiding UK provided she is up to date with and ideally has a good understanding of the programme for the section the new Leader has joined. She should have a copy of the workbook and access to *The Guiding Manual* and the *guiding handbook* series while she is undertaking the role. It could be someone who is unable to make a regular commitment to a unit or a Unit Guider who has the time to help a new Leader develop her skills and gain new ones, as well as share her own experience. Research shows that those who have recently completed the Leadership Qualification and feel they are ready to share their knowledge make ideal Mentors.

Details of the role and responsibilities of the Leadership Qualification Mentor can be obtained from the County Leadership Team.

Does it have to be one-to-one mentoring?

Ideally a new Unit Guider should have one Mentor only. However, recognising that this is not always possible, some large Counties operate their mentoring in Divisions where they hold local gatherings for Mentors and new Leaders so that group mentoring can take place. Some report that group mentoring works particularly well with Young Leaders and younger adult Leaders. Others hold drop-in evenings where new Leaders can call in for advice from a Mentor or get help identifying what evidence is appropriate for particular parts of the qualification.

Mentor training

Being a Mentor is a rewarding role and enables people to share experiences and new skills. It is important that Mentors are supported in their role by regular training and gatherings to enable them to develop their skills and meet with their peers. Many Counties hold regular trainings which include not just existing Mentors but also those who are interested in becoming a Mentor. Others

hold new Leader and Mentor evenings where the participants spend some time together and then go into appropriate groups for a short training session. At least one County produces a regular newsletter for their Mentors to keep them up to date and give them an opportunity to share good practice and have any questions answered.

Young Leaders

Although a Young Leader Guider could mentor a Young Leader she may not have the necessary section experience. The person responsible for matching Mentors to Young Leaders should consider speaking to the Unit Guider, Young Leader Guider and Commissioner to see who would be the best person to undertake this role — it could be the Unit Guider. In this case, however, it is important that the Young Leader gets the opportunity to visit and possibly work with other units for a short time to broaden her experience.

Commissioners

Commissioners have a crucial role to play in the mentoring process, particularly by providing support and opportunities for the new Leader. Research shows that many Mentors find it useful to have the Commissioner present at the first meeting. This may not always be practical but it is important that Mentors ensure that the Commissioner is kept informed of the new Leader's progress.

The Unit Leadership Team

Like Commissioners, support from all members of the Unit Leadership Team is vital. The new Leader will be working with them on a regular basis and they will have a lot of knowledge and skills to share with her. They are able to sign off parts of the qualification and offer support, opportunities and ideas to help complete other parts.

Training

In order to help new Leaders complete the qualification as quickly as possible it is important that regular, suitable training is in place. First Response and section programme trainings should be ongoing within the



County and not just held once a year at the County Training day. This could mean Counties holding more Division, District, small group and one-to-one trainings rather than whole County sessions.

Evidence

Many of the parts will be signed off by the Mentor, particularly those where there is evidence through discussion, paperwork or photos, for example, that shows a new Leader has prior knowledge, experience and learning. Parts can also be signed off by other Leaders, members of the unit or other appropriate people within or outside guiding. In some instances the Mentor might like to discuss the parts signed by other people although this may not be necessary when there is 'hard' evidence such as the examples above.

Less is more should be the motto when gathering evidence. The workbook should be the main piece of evidence, together with a sample of detailed programme records. A few other pieces of naturally occurring evidence may be added such as letters to parents, posters, craft instructions or photographs. There need not be any specially written evidence — the Mentor's signature and a note in the workbook is sufficient, together with a detailed programme record that shows which activities are to take place at the meeting and who is responsible for what.

The folder that the workbook comes in is intended to contain all the evidence required, although some will prefer to use a ring binder. Lever-arch files should be avoided!

Transition arrangements

It is important that those already working on the existing Training Opportunities Leadership Qualification should be allowed to continue if they wish. However, to help them, a mapping exercise has been carried out and some 'elements' need not be completed. Some may wish to change to the new workbook, and this is fine, but this does not mean that they start again from the beginning. The Mentor must ensure that any evidence already gathered is transferred.

Ideally, anyone becoming a new Leader from September 2004 should begin work on the new qualification. By September 2005 all

new Leaders should be working on the Girlguiding UK Leadership Qualification.

Girlguiding UK Qualification Modules and Parts

Module 1 — Your role in the programme

- Part 1 — Use the Five Essentials in the unit's programme over a period of three months
- Part 2 — Work with the unit and the unit team to plan and carry out the programme
- Part 3 — Provide opportunities for the unit to carry out a range of activities, reflecting balance and variety in the programme
- Part 4 — Work with members of the unit to support their progress.

Module 2 — Your role in Girlguiding UK

- Part 1 — Discuss your understanding of the Promise with an adult member of your choice and make or renew your Guide Promise
- Part 2 — Attend and contribute to meetings at a local level
- Part 3 — Get involved in local guiding.

Module 3 — Your role in safety and unit administration

- Part 1 — Ensure effective communication takes place with parents and the local community
- Part 2 — Ensure that the unit's programme is carried out in a safe environment
- Part 3 — Be aware of your responsibilities regarding unit funds and Girlguiding UK financial policy.

Module 4 — Your role in managing the unit

- Part 1 — Maintain effective record-keeping systems
- Part 2 — Ensure that effective communication takes place locally.

W
E
N
T
O
R
I
E
S



Hotline September 2004

W
O
R
L
D
T
H
I
N
K
I
N
G

World Thinking Day 2005

One World, One Love

Multi-faith celebration — Sunday, February 20, 2005

A new and exciting event for World Thinking Day is to take place at Logan Hall in central London on Sunday, February 20. This celebration will follow the theme of the service in Westminster Abbey — 'One World, One Love' — and will be a celebration of the many faith traditions that are represented within Girlguiding UK.

The afternoon will be full of energy and movement. There will be lots of music, dance, drama and song, all led by girls and young women from Girlguiding UK. There will be a chance to dance in the aisles and sing full throttle as well as an opportunity to quietly reflect and to remake your Promise.

This event is by girls and young women for girls and young women, and adults must be accompanied by at least one girl! It is a free event and not to be missed.

'One World, One Love' will take place at Logan Hall, 20 Bedford Way, London, WC1 0AL on Sunday, February 20. It starts at 1.30pm and will finish by 3pm.

Westminster Abbey services — Saturday, February 19, 2005

Celebrate World Thinking Day at Westminster Abbey or St Margaret's Church. For 2005 the Abbey service will be open to all sections.

Tickets will be drawn on Monday, October 4. Once the tickets for Westminster Abbey have been drawn, tickets for St Margaret's Church will be allocated.

Why not come to London for the weekend? Go to 'One World, One Love' at Westminster Abbey on the Saturday and then come along to 'One World, One Love' at Logan Hall on Sunday. Come and experience being with other Guides from around the UK and make World Thinking Day a really special event for you and the girls in your unit.



World Thinking Day 2005

Booking Form for One World, One Love
Westminster Abbey World Thinking Day Service on Saturday, February 19, 2005
One World, One Love at Logan Hall on Sunday, February 20, 2005

Please use this form to order tickets for both World Thinking Day events. 'One World, One Love' takes place on Sunday, February 20, at 1.30pm at Logan Hall in central London. This is for Rainbows, Brownies, Guides and Senior Section members, and adults must be accompanied by young people.

You can also get tickets for the World Thinking Day services in Westminster Abbey and St Margaret's Church on Saturday, February 19, at 11am. If you are available to attend on both days, you can apply for tickets for both.

There is great demand for these events, so please return your form to CHQ by Thursday, September 30, as the ticket draw will take place on Monday, October 4.

BOOKING FORM

This form is also available to download at: www.girlguiding.org.uk.

Contact name and address: _____

Postcode: _____

Telephone No: _____

Email: _____

Mobile No: _____

Event you would like to attend:

- ☐ One World, One Love
☐ Westminster Abbey/St Margaret's Church
☐ Both events

One World, One Love

Number of Guiders/helpers: _____

Number of Senior Section members: _____

Number of Guides: _____

Number of Brownies: _____

Number of Rainbows: _____

Number of Trefoil Guild/Affiliate members: _____

W
E
L
C
O
M
E
T
O
H
O
T
L
I
N
E



Hotline September 2004

EVENT HOTLINE

How will you be travelling to the event? _____

Estimated arrival time: _____

Do you have any participants with disabilities/special needs? Yes/No

If yes, please give details and the section the participant is in:

Westminster Abbey/St Margaret's Church

Number of Guiders/helpers: _____

Number of Senior Section members: _____

Number of Guides: _____

Number of Brownies: _____

Number of Rainbows: _____

Number of Trefoil Guild/Affiliate members: _____

How will you be travelling to the event? _____

Estimated arrival time: _____

Do you have any participants with disabilities/special needs? Yes/No

If yes, please give details and the section the participant is in:

Would members of your unit like to participate in the services at Westminster Abbey and St Margaret's Church? (read, drama, flower bearers and so on).

Yes/No

Please note: as the services are often oversubscribed, a ticket draw will take place on Monday, October 4. Applicants will be advised by the end of October.

Send your booking form to: 'One World, One Love,' Programme Team, Girlguiding UK, 17-19 Buckingham Palace Road, London, SW1W 0PT, and enclose an A4-sized sae.

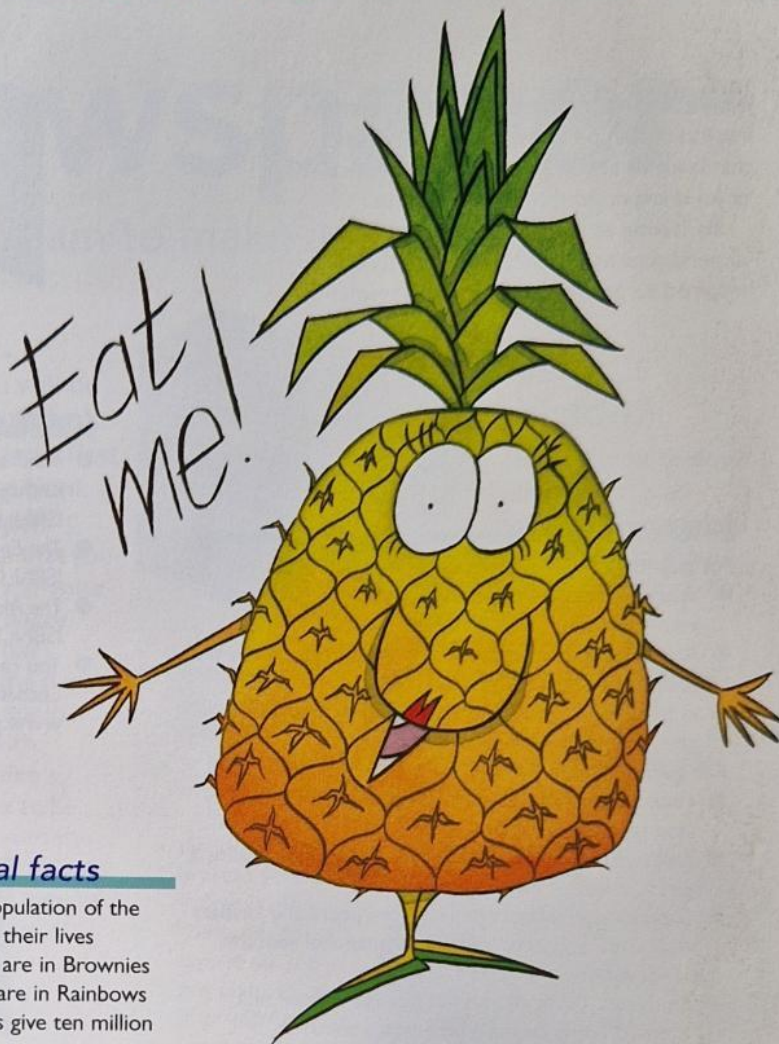
Revive their enthusiasm

It is easy to motivate positive people but much harder to encourage those who in their experience and wisdom have 'done it all before!'

Practise positive approaches to the following scenarios:

- 'It's great that you did this in 1977 — what did you find were the best bits about that experience?'
- 'It's really interesting that you tried it before. I'm sorry it didn't work but you must have lots of tips for us about how to approach this. Can you help us make the initial agenda?'
- 'As you've done it before would you like to be the Mentor for the volunteer who is chairing the project this time?'

Think in advance of who might object to your plans and what they might say. Plan how you will respond and practise in front of a mirror.



Girlguiding UK motivational facts

- More than 50 per cent of the female population of the UK has been in guiding at some time in their lives
- Around a quarter of eight-year-old girls are in Brownies
- More than 13 per cent of six year olds are in Rainbows
- Girlguiding UK's 80,000 adult volunteers give ten million hours of their time every year
- The number of members aged 24 has increased by 16 per cent since 2003.

If the cap fits...

Are you an active member or the kind that would be missed?
 Or are you just contented when your name is on the list?
 Do you attend the Meeting and mingle with the flock?
 Or do you always know what's right and THEY are always wrong?
 Are you a member booster or just one with a kick?
 Who leaves the world to just a few and talks about the clique?
 Are you a dying ember or a flame that's bright and strong?
 Are YOU an active member or do you just belong?

Author unknown

(Taken from *Seeking*)

Mood foods

Food is crucial for helping you to feel motivated and alert. Did you know that you can control your mood by the different foods you eat?

The brain is as dependent on nourishment as any other part of the body. The quality and type of food that we eat can affect the brain's chemical processes and consequently influence the way we feel. By carefully selecting what you eat, you will be able to shift your mood, feel more alert, induce calmness, encourage sleep and reduce stress.

Key nutrients

- Protein is linked to motivation and clear thinking. Include protein-rich foods at breakfast time to keep you focused for the rest of the day.
- Complex carbohydrates increase levels of serotonin, the brain chemical known for its calming properties. Complex carbohydrates include brown rice, pasta and bread, bananas and root vegetables, such as potatoes and parsnips.
- Fresh fruit and vegetables offer all-round benefits so try to get your five portions a day.

What is inspiration?

Inspiration can be defined as an influence that leads to action, an uplifting experience or an unexpected thought or concept.

By having as many different and varied experiences as possible we hope to be inspired to go on to greater achievements.

'Volunteers are unpaid not because they are worthless, but because they are priceless...'

Girlguiding UK

Ideas...

... For adults:

- Visiting a sleepover may inspire you to plan one for your own unit.
- Attending a training event may encourage you to try something you haven't tried before.
- A letter or article you read in *Guiding magazine* may give you inspiration for a unit meeting.

... For girls:

- Finding out about their favourite place to shop may lead to a fashion show.
- Enjoying a particular Go For It! activity may inspire a girl to take her interest further.
- Support and encouragement from peers and Leaders may inspire a girl to join an international venture.

... For everyone:

- Enjoying a drink and biscuit outside at your unit meeting could be expanded into a picnic.
- Watching the sunset may inspire a Guides' Own.
- A chance conversation with the person next to you may inspire a District event.
- An enthusiastic account of a guiding event may inspire someone to volunteer.

Inspirational texts for motivation

- *Mind and Mood Foods* by Hazel Courteney and Kathryn Marsden
ISBN: 1-85613-773-2
- *The Energy Technique* by Vera Peiffer
ISBN: 0-7225-3792-1
- *The Motivation Pocketbook* by Max A Eggert
ISBN: 1-870471-60-1
- You can also visit our Positive and Effective Leadership web page at www.girlguiding.org.uk/leaders.

'There are high spots in all our lives, and most of them come about through encouragement from someone else.'

George Matthew Adams, author

Success

Success is failure turned inside out,
The silver tint of the cloud of doubt,
And you can never tell how close you are,
It may be near when it seems so far.
So stick to the fight when you're hardest hit,
It's when things seem worst
You must not quit.

Anon

(Taken from *Seeking*)

The girl — how to 'motivate' her

praise and coMmend her
suppOrt her
lisTen to her
show Interest in her
involVe her
encourAge
accepT her for who she is
bE proud of her

Written by The Positive and Effective Leadership Team
Illustrations by Stephanie Strickland

Our newspaper

Have fun working as a team to make a newspaper

Starting out

Tell the girls that you will be working together to make a newspaper for your unit. First of all you will need to think of a name for the paper.

When you have done that you will need to nominate someone to be the editor of the paper. This is the person who has overall charge of how the paper looks and what stories are in it.

If you are working with younger girls you may like a Guider or Young Leader to be the editor and consult with the rest of the group.

Think about what the aims of your newspaper should be. It should tell people about your unit in an interesting way.



What's inside?

Have a look through some local and national newspapers to see what is in them.

What kind of sections do they have? For example, do they contain local news,

entertainment and sports? Decide what sections will be in your newspaper. Smaller groups could be responsible for each section.

How many pages will your paper have? Four sides of A4 will probably be plenty.

You will also need to decide how you will present your paper.

Will you use a computer to type it up and put pictures on it or will each small group hand write and draw on a sheet of paper?



News hounds

When each group knows what they are going to be writing about, ask them to think of ideas for stories.

When they have thought of a few ideas, they should tell the editor what they are. The editor can then give the go-ahead for the stories to be written.

Here are some ideas for stories you could include:

- ☐ News about your unit
- ☐ Trips you have been on
- ☐ Badges that have been awarded
- ☐ Jokes and funny things that have happened
- ☐ A write-up of a game you have played
- ☐ Music, television and book reviews.

The girls' reports should be short and to the point. Don't forget to include some drawings or photos to make the paper look interesting.

Top tip

If you are using a computer to set out your paper, don't forget to do a spellcheck.

Top tip

Consult the *Brownie Badge Book* to see how this activity could be used towards the Brownie Writer badge.

Going to print

When you have finished your newspaper you could make copies so that the girls can take one home to show their families.

What does everyone think of the paper? Does it show people what a great unit you have? Would it make someone reading the paper think that they would like to join in your fun?

If you were to do the project again is there anything that you would do differently next time?



Going digital

Digital photography has revolutionised the way we take photos

Digital discussion

Have you joined the technological revolution yet? It's more than likely that you or someone in your unit has a digital camera, but how confident would you be using it?

Digital cameras are taking over from traditional film in a big way. The advantages are that they are fun to use with fast results that you can print and play with on your computer.

Even if you haven't got a PC, the photos on your digital cameras can be printed out at your local photo-processing outlet.

As a group, think about the advantages and disadvantages of both film and digital cameras. You'll need to think about the cost of the cameras, ease of use, how much it costs to actually get your photos, how you store them and so on.



Super software

If you want to download your own digital photos onto your computer, you will need the right software so that the computer can read the information from the camera.

When you buy a digital camera it will come with the software for you to do this. You will also need special leads to connect the camera to the computer.

As well as just downloading your photos onto computer files, you can also use software to help you 'manipulate' or change your photos. For example, you can make a dark photo lighter or take out part of the photo that you don't want.

If anyone has access to this kind of software but hasn't used it before, they may be motivated into asking someone to show them how to use it.

Sorting the jargon

Do you know what a megapixel is? Or the difference between optical and digital zoom?

Challenge older Guides and Senior Section members to find out about the high-tech jargon involved in digital photography. Staff at a camera shop will be able to help you learn what you need to know.

Ask the girls to imagine that they have a birthday coming up and have been given £100 to spend on a digital camera.

Collect catalogues and consult different camera and computer shops to find out which digital camera would provide you with the best value for money in terms of clear pictures and ease of use.

Top tip

If you have any girls who are particularly keen, challenge them to start their own digital photography project and bring evidence of what they can do to share with the rest of the unit.

Web watch

These web sites may be helpful if you want to find out more about digital photography:

- ☐ www.adobe.com/education/digkids/ — A digital kids' club from digital software company Adobe, this web site is packed full of useful tutorials and ideas for great projects.
- ☐ www.alldigitalphotography.net — This has lots of hints and tips for choosing a camera and taking photos, talks about the differences between film and digital photography.
- ☐ www.imaging-resource.com — Log on to this web site for the latest reviews of digital cameras and related products.

Let's get snapping

If your unit has access to a digital camera, computer and printer, try out this project for small groups

By the end of the project the girls will be more confident using a digital camera. They will also be able to download their photos, place them in a word processor document and print them out.

Make sure that the person leading is able to use the camera, download photos and print them out. You may like to invite someone to help you if you are unsure.

Leaders' note

You can take photos of anything you like, the example given here is just to help you set out a structure for the project.

Small groups can take it in turns to participate in this project, so have another activity ready for girls who are awaiting their turn.



1 Before you start, make sure that the digital camera is cleared of any previous photos and the batteries are new or fully charged.

Show the girls how to hold the camera correctly and which button to press to take a photo.

2 Tell the girls that they are going out to take photos of plants and trees that are bearing flowers.

What types of flowers do they think they will see? Explain that when they have taken the photos, they will be downloading them and arranging them into groups according to colour.



3 Send the group out to take ten photos.

When they return, connect the camera to the computer and download the images using the camera software.

Save the images into a folder where they can be accessed easily. Give the folder a name.



4 Open a blank word processor document and choose six photos to import into it.

Click and drag the photos around so that they are grouped according to the colour of the flowers.

Save the file and print out the page of photos.

Icelandic Adventure

InterNational Jamboree in Iceland 2005

Now you have the chance to do something extraordinary – visit the land of ice and fire, where the sun never sets and the hot-springs never rest.

We invite scouts/guides, ventures and leaders to participate or join our InterNational Staff. Explore how we capture the Energy of the Earth and utilise

and you will also have the chance to experience rafting, horseback riding, volcano- and glaciers tours, and other stuff only scouts can offer. Adventures only experienced at a jamboree in Iceland.

Visit us at: www.scout.is or contact us: jamboree@scout.is



The Icelandic Boy and Girl Scout Association
Hraunbae 123 – 110 Reykjavik – Iceland – Tel: +354 550 9800

EARTH'S ENERGY



July 19.-26. 2005

Play Parachutes by SeamStress

01327-263933

info@playchutes.com

www.playchutes.com

Disability counts

Try out some games to make you think about disability

Some of the activities on this page were written by Vicki Manley, a Guider currently at college in Hereford.

Vicky, who has been blind from birth, designed the games in order to help girls break down some of the barriers caused by disability.

In-between her studies and hobbies, Vicky is also working towards her Queen's Guide Award. She said:

'I don't let my disability stop me and never have or will.'

'I just love life and live it to the full.'



Tasting

Have a fun test to find out if your taste buds are affected by your vision. This activity is ideal for small groups or Patrols.

To play the game you will need about six different foods, such as two different types of crisps, some fruit, two different types of cake and so on.

Blindfold the girls and give them samples of the food in turn. Can they guess what they are eating?

Does anyone sniff the food before they eat it?

The key game

A person who is visually impaired may well compensate for the lack of vision by 'tuning in' other senses, such as hearing or smell, to be extra sensitive.

Play this game to find out how good your hearing is.

All the girls sit in a circle. One person is chosen to sit in the middle. The scarf is used to blindfold her.

The bunch of keys is given to a girl sitting in the circle. She must then walk around the edge of the circle holding the keys.

The girl in the middle must point to where she thinks the other girl is. She can have three goes at this.

☐ How did the girl wearing the blindfold feel? Did she feel strange, nervous or claustrophobic?



You will need

- ☐ A scarf, to use as a blindfold
- ☐ A bunch of keys.

Warning!



Make sure no one is allergic to any of the foods you choose.

Top tip

Try to choose pairs of similar foods such as a chocolate sponge and a plain sponge, a grapefruit and an orange and so on.

What's that?

Even familiar things can feel strange if you can't see them. Use this activity to find out what items the girls can recognise.

Put six different items into six different carrier bags. For example: a scarf; a pencil; a ten pence piece; an eraser; a Promise badge and an apple.

Ask the girls, in turn, to put a hand inside each of the bags and then write down what she thinks the item is.

When everyone has finished, see if everyone has managed to guess correctly.

You can make the objects harder to guess, depending on the age of the group.

Leaders' note

Although Vicky designed these activities for her Guides, most of them can be used with younger groups too. Consult the *Brownie Badge Book* to see how they can be used towards the Brownie Disability Awareness badge.



You & Me Together

Have you taken part in the Girlguiding UK You & Me Together project?

You & Me Together aims to find ways in which we can work to overcome barriers that people with disabilities may face.

More than 13,500 Girlguiding UK members have some form of disability themselves, such as impaired hearing or mobility difficulties.

The *You & Me Together* resource pack is full of creative activities and learning tools that encourage young people to gain a greater awareness of the feelings of people with disabilities and special needs. The pack also encourages you to find practical ways to create opportunities for everyone — whatever their ability.

You can download the pack from the resource section of the Girlguiding UK web site: www.girlguiding.org.uk.

☐ You can also purchase the special edition You & Me Together badge, order code 2530, price 50p, from the Trading Service or your local shop or depot.

Into extra time

Imagine you have seen a blind person who is trying to cross a busy junction. She only has a white stick, not a guide dog.

How would you approach her and ask if she needed help?

Into extra time

You are serving dinner for someone who is visually impaired. Think of a way to serve the meal that will make it easier for them to eat.

For example: if you are serving fish, chips and peas, imagine that the plate is a clock face. You could tell the person that the fish is at 12 o'clock, the peas at four o'clock and the chips at six o'clock.

Lead me

Having a disability, such as being visually impaired, often means that you have to put greater trust in people who may be helping you.

Get the girls to have a go at this activity to show what we mean. Ask the girls to get into pairs. One girl from each pair is blindfolded. She takes the arm of her partner who is her 'walker'.

The walkers must take it in turns to lead their partner to one side of the room and back again. Change places so that everyone gets a turn at being blindfolded.

How did the girls feel when they were blindfolded? Were they scared, nervous or excited? Did they trust their partner?

Did the walkers feel comfortable?



Web watch

- ☐ The RNIB (Royal National Institute of the Blind) web site has lots of practical information about coping with loss of sight. Lots of the ideas could be turned into activities. Find out more by logging on to: www.rnib.org.uk.
- ☐ Guide dogs are amazing. Find out what they do by looking at the Guide Dogs for the Blind web site: www.gdba.org.uk/.
- ☐ Find out what living with a disability is really like by reading some of the anecdotes on the BBC's Ouch! web site: www.bbc.co.uk/ouch.

Holidays Abroad for GUIDES in 2005



Venture Abroad's holidays for Guides offer young people the chance to experience another culture, mix with people from different countries and help them feel a wider part of the world movement of Guiding. Our aim is to make it as simple as possible for Guide Leaders to make their Guides' dreams become a reality.

Our programme for 2005 offers a wide range of destinations, excursion possibilities and accommodation centres. As well as being able to arrange your travel and a choice of chalet, camping and apartment accommodation in the traditionally popular locations such as Adelboden, Grindelwald and Interlaken, we can arrange holidays in places further afield such as the Czech Republic and Canada. For your added security and peace of mind, Venture Abroad is a member of ABTA and holds an Air Travel Organiser's Licence, both with the appropriate financial bonding.

For details of our 2005 programme, please contact us for a brochure.



Tel: 01332 342050
Fax: 01332 224960
Web: www.ventureabroad.co.uk
e-mail: guides@ventureabroad.co.uk



For Further Information and Prices call:

01332 342050

or complete and return the coupon below,
or e-mail to guides@ventureabroad.co.uk

Please cut along dotted line and send by Freepost to:
Venture Abroad, Rayburn Tours, FREEPOST DY 865, Derby DE1 9BR.

Yes, please send me a copy of your 2005 Group Holidays Abroad brochure.

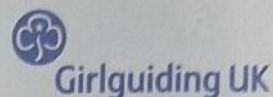
NAME ORGANISATION

ADDRESS

DAYTIME TEL: POSTCODE

EVENING TEL:

RAINBOW AND BROWNIE BIKES!



RALEIGH PRESENTS TWO FANTASTIC NEW BIKES
MADE EXCLUSIVELY FOR RAINBOWS AND BROWNIES



Rainbows

Rainbow Raleigh Bike

The fantastic new Rainbow fun bike. A stylish must-have for any Rainbow.

- Frame size 10"
- Wheel size 16"

The Rainbow Bike has a front modulator for steady braking and fab colour-coordinated saddle, rims, grips and pedals. Order code **7004**, price £84.99.

Brownies

Brownie Raleigh Bike

The brilliant new Brownie adventure bike.

- Frame size 11"
- Wheel size 20"

With a low, step-through aluminium frame, front modulator for steady braking and six-speed gears with SRAM rotary shifters, the Brownie Bike is a must for any adventurous Brownie. Order code **7005**, price £114.99.

SAFETY TIPS

It is important that the girls know how to cycle in safety. Pass on these essential tips to your unit.

- Always wear a cycle helmet — it will help to protect you if you have an accident.
- Make sure your front and back lights work well, and your back reflector is clean.
- Make sure your cycle is safe to ride — your brakes

are working well and your tyres are in good condition.

- Make sure that your clothing or anything else cannot get caught in the chain or wheels.
- Make sure that other road users can see you. Wear fluorescent materials in daylight and at dusk, and always wear something reflective at night.

HOW TO ORDER

- To pay for your bike by credit card, call the Girlguiding UK Trading Service on **0161 941 2237**, fax **0161 941 6326**, email shop@girlguiding.org.uk or visit www.girlguiding.org.uk/shop, quoting the relevant order code above.

- Alternatively, send a cheque, made payable to 'Girlguiding UK Trading Service', to: Girlguiding UK Trading Service, Atlantic Street, Broadheath, Altrincham, Cheshire, WA14 5EQ, quoting the relevant order code.

Please note that payment will be taken at the time the order is placed. Orders for Christmas can be taken until the end of October with goods dispatched direct from Raleigh early in December.

Project Co-ordinator

(Maternity Cover)
Programme Development

£20,138 pro-rata plus benefits
Central London

The successful candidate will play a key role in the development of the youth policy and programme for Girlguiding UK.

The main focus of the role is working on projects for members aged 5-10 years. This includes supporting the new programme for the Rainbow section and working in partnership with key volunteers developing the Brownie programme. This will include undertaking research and actively networking externally.

Other activities include the provision of support to volunteers as well as answering queries, dealing with correspondence and organising meetings and training events. You will also prepare reports, agendas and minutes of meetings.

A highly effective communicator, with a forward-thinking practical attitude and the ability to manage a varied workload, you must be able to work with a variety of people including Advisers and volunteers at all levels. Experience of the voluntary sector and project-based work is essential.

This is a fixed term contract. It is expected to last for six months.

Closing date: Friday, September 24, 2004.

To apply, visit www.girlguiding.org.uk, email hr@girlguiding.org.uk or phone 020 7592 1892.

To view all our current vacancies visit: www.girlguiding.org.uk.
For information on volunteer opportunities with Girlguiding UK, phone 0800 169 5901.

Registered Charity no. 306016



Girlguiding UK



INVESTOR IN PEOPLE

Rainbows, Brownies & Guides Create More Fun! with these Fantastic Craft Kits*

For whole groups of 10 or 20

★ Each kit contains all you need

● Step-by-Step instructions

▶ Full size templates

■ No waste

Prices from

£5.75

inc. postage (makes 10)

Halloween & Xmas Kits NOW Available

Delightful Decorations

Fun Flowers

Wonderful Window Art

Brilliant Badges

Crazy Characters

Stick-Together

CRAFT KITS FOR KIDS

For further information or our latest catalogue call

01276 473944

or e-mail stick-together@btconnect.com

*Suitable for Children from 4 years upwards

Strength where it matters

Quality when it counts

Our tents are manufactured from superior materials that offer **STRENGTH, DURABILITY** with the added benefit of **COMFORT** and **PROTECTION** from all the elements.



To receive information by post please complete this coupon and send **FREE** to the address below.

Name Mr Mrs Miss Ms

Address

Postcode Group

Email

Send Free of charge to: Bradford Cover and Tent Co Ltd, FREEPOST BD 2098
Windsor St., Bradford, West Yorks. BD4 6BR

www.onlinetents.com



call sales...
01274 728469
call our brochure request line...
0800 919959

IMAGE CONSCIOUS

HOW WE BEHAVE IN GUIDING CAN MAKE A POWERFUL IMPRESSION ON OTHERS

By the Positive and Effective Leadership Group

Girlguiding UK members are often 'on show' in lots of different situations. But do we ever stop and wonder what our behaviour says about us as individuals and as a Movement? Being seen positively is a powerful tool in recruiting and retaining Leaders.

IMPROVING THE IMAGE QUIZ

Why not see how you appear to others by trying our quiz below? We have listed four common guiding settings with different scenarios. Circle the one that best describes your unit. The answers are at the end of the article.

QUESTION ONE: UNIT MEETINGS

1. A particular Guider is efficient and organised. The girls go home each evening with an elaborate craft item.
2. The girls at the hall are running around shouting and ignoring what the Guider says.
3. Small groups of girls are happily engaged in activities, with their Guider moving around talking to them.

QUESTION TWO: CAMPS AND HOLIDAYS

1. A Guider marches around a camp site wearing ropes and hiking boots, shouting at girls.
2. Parents arrive at a Brownie Holiday house and find the Guiders looking harassed surrounded by boxes, food and craft materials.
3. Parents arrive at a Brownie Holiday house and find Guiders looking relaxed, organised and having a good time.

QUESTION THREE: PARENTS' MEETINGS

1. A Guider chairs a meeting prior to a large international camp. She says that there will be Scouts present but that parents need not worry because they will be camping on the other side of the site.
2. A Guider chairing a meeting is talking to parents about a Brownie Holiday — she gives full details of all the forms required and the penalties for non-completion.
3. A Brownie Guider invites parents to hear about the new Brownie Programme and talks enthusiastically about it. She shows parents the new resources and how they can purchase items through the Trading Service.

QUESTION FOUR: EVENTS

1. The local District takes part in a community festival by organising the 'tea tent'. They are positioned next to the local Scouts and there is an obvious camaraderie amongst the two groups.
2. It is the local church's Christmas fair and the Guides and Brownies are running the same stall they always do: the cake stall.

3. It is the local church's Christmas fair and the Guides and Brownies are helping out — the Guides are serving the refreshments and the Brownies are 'Santa's helpers'.

DISTRICT MEETINGS

What is your impression of the District Meeting? This is usually the first meeting that a new Guider attends. Does it inspire you with new ideas or do you feel that it exists to pass on information?

Has your District ever thought about:

- Holding meetings for specific purposes — not just because you always have a meeting in mid-February.
- Changing the atmosphere of a meeting, making it more of a social event with guiding friends rather than a dreaded chore.

A couple of small changes could make the image of your District Meeting much more appealing to Guiders new and old.

ANSWERS TO THE IMAGE QUIZ

Question One: 1. B 2. C 3. A

Question Two: 1. C 2. B 3. A

Question Three: 1. B 2. B 3. A

Question Four: 1. A 2. B 3. A

Count up how many As, Bs and Cs you have to find out what sort of impression someone visiting your unit might receive. If you get mainly As then you can praise yourself, if mostly Bs then you are on the right track and if Cs, then perhaps it's time to consider what could be done in each situation to improve the image of guiding.



Show new Guiders that District Meetings can be enjoyable social events

WALK THIS WAY



GETTING OUT AND ABOUT FOR
GIRLGUIDING UK WALKS FOR THE WORLD

By Amy Britton

ELIZABETH DRAPPER



Over 120 members from Weybridge District took part in a 'towpath trundle' along some local canals

LORNA DANE



Ulster Chief Commissioner Lorna Dane took part in a 5km fun run

VERNA HAYES



Members from Huntingdon District held a camp fire event

Since Girlguiding UK Walks for the World (WFTW) was launched in April, members around the UK have been busily organising walking-related activities. We thought it was about time to showcase some of the great things you've been up to — from a sponsored treasure hunt through to climbing the Scottish hills!

PHOTO FINISH

The 25th Bury Rainbows, Brownies and Guides have come up with an ingenious idea involving a picture they have drawn. The idea is that when the girls are out and about with family and friends they ask people if they can take their photo next to a landmark with the drawing. The people in the photo then sign the picture on the back.

Photocopies of the pictures have been sent to people around the world, from members in Mexico to a group of Pippins (Rainbows from New Zealand). In order to raise money for WFTW, the girls will also be undertaking a variety of sponsored walks.

TREK PERU

Sharon Ansley, a Brownie Guider from London, recently travelled to Peru to complete a trek for WAGGGS. The trip inspired her and her unit to get involved in Walks for the World.

'All of my Brownies were very supportive of my trek, as were my District and County, who helped me with fund-raising schemes. I have used my adventure to help the Brownies learn more about world Guiding and to think about how we can raise money to help people in other countries who are not as lucky as us.

'Since my trek, my Brownies have been really keen to get involved in their own adventure and WFTW is a great way to help projects across the world. The girls are now planning to hold a treasure

hunt walk in the autumn term and are very excited!

'I am also organising a walking meal, where Leaders will walk between each others' houses, with a course at each house. We are hoping to raise £500 from our events.'

FUN RUN

Lorna Dane, Ulster Chief Commissioner, surprised herself by running in a 5km fun run in Belfast and raising money for Walks for the World.

'I had never run in my life before and thought I was too old to start. But after talking to other Leaders who had taken up running, I realised that I could do it. So this achievement also went towards the Surprise Yourself! Challenge. To be honest, the first few weeks of this nearly killed me, but with time, the running increased and the walking decreased and it became easier. It felt really good to be so fit and it was great to be able to finish it.'

Heather, Una and Lynn (Lorna's three Senior Section members) all managed to complete the fun run too. Lorna said, 'It was great to be able to do it and raise money for Girlguiding UK Walks for the World. I was very proud that I finished and I was only just behind the girls!'

FASHION AND FUN

Fashion and fun went hand in hand at a recent event at Foxlease where a guiding catwalk through the ages was put on by Lancashire South County. Guiders glided down the catwalk to music from the same era as the uniforms. About £60 was raised during the evening and much fun and laughter was had by all.

MOONLIGHT SERENADE

Moonlight walking and cosy camp fires were the theme of the Huntingdon District WFTW event, which raised over

£75. During the early evening over 150 Rainbows, Brownies, Guides and Senior Section members attended the camp fire and sang camp fire songs.

Afterwards the Guides and Senior Section members toasted marshmallows over the dying embers of the fire. Senior Section members laid a glow stick trail across the fields with a moon quiz. Once it was fully dark the girls took part in a woodland walk and had great fun listening to all the night-time noises that the wood had to offer.

'Amazingly not a peep was heard

through paint and leave their footprints on paper as a permanent reminder.

'The Brownies also decided that they wanted to do some three-legged walking, which ended up with 18 Brownies walking the length of the hall with all of their legs tied together. They really enjoyed the walking theme and had such fun.'

GUIDING LIGHT

The 30th Westminster Brownies, London, had a great time in the run-up to this year's Olympics by taking part in their



The 25th Bury Guides drew this colourful picture to send to members all over the world

from any of the girls until 7.30am and the early risers found the sight of squirrels and baby rabbits, scurrying around just a few feet away, fascinating,' said Leader Verna Hayes. 'We had never tried a sleepover before and cannot wait to have another one.'

FUNNY FEET

The 1st Church Aston Brownies, Shropshire, put their best foot forward at a recent meeting.

'We had a texture walk which the Brownies absolutely adored,' said Assistant Guider Jane Wright. 'They had to walk barefoot through a series of different textures such as bubble wrap, cold and wet towels, sand and their favourite — jelly!

'At the end of this they had to walk

very own foot-a-thon! It started in true Olympic style with the handover of the Olympic torch — the Brownies ran around with their home-made torches. The girls were put in country groups and had flags to wave.

The evening saw the girls taking part in 'welly-throwing', three-legged races and 'shot-foot' — a variation on shot put, which involves placing a beanbag on the foot and kicking it as far as possible! And, as a warm-up to Euro 2004, the girls were encouraged to practise their football dribbling skills.

● We hope that this feature and the virtual walking ideas in Activate will inspire you to get involved, get fund-raising, and, most importantly, get out there walking! See page 4 for more details or visit www.girlguiding.org.uk.



The 2nd Durecht Brownies took part in a sponsored treasure hunt



The 2nd Inverness Guides walked a total of three miles around a local hill

HOSTEL GUIDE

The Independent Hostel Guide 2004 contains full details of backpackers' and tourist hostels, bunkhouses and camping barns.

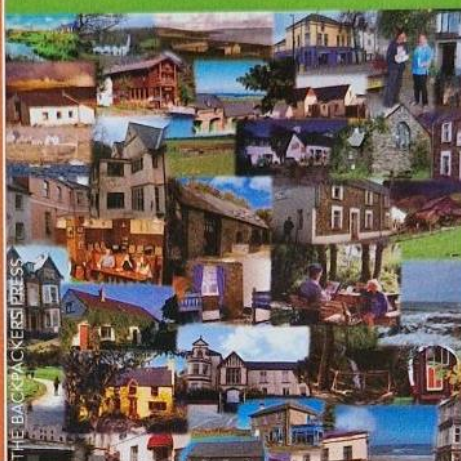
The guide book is particularly useful for those involved in outdoor activities but also includes accommodation in larger towns and cities.

It can also be viewed online at www.independenthostelguide.co.uk, which has full details of accommodation and links to web sites.

Guiding magazine has six copies of The Independent Hostel Guide 2004, worth £4.95 each, to give away. Mark your entry Guiding magazine/Hostel and send it to the address on page 27.



The Independent Hostel Guide 2004



ONE WORLD WEEK

Encourage your unit to learn about global issues and take action to challenge poverty and injustice across the world, by taking part in One World Week 2004.

This annual event, from **October 17-24**, will see groups and individuals holding a wide variety of events in their local communities. Action Kits, priced £8.50, are available for community groups and contain activities, games information and stories.

To order an Action Kit, or for details about events in your area or information on holding your own event, call **0118 939 4933** or visit www.oneworldweek.org.

ORCHARD DAYS

Celebrate British orchards this autumn at an Orchard Day held at your local National Trust property.

The events highlight the need to conserve traditional orchards and fruit varieties and introduce visitors to the delights of growing and tasting these fruits. Activities will include guided walks, cider and apple juice tastings, orchard treasure hunts and William Tell-style archery.

For details of your local event, please call **0870 458 4000**.

PERSONAL SAFETY CAMPAIGN

The Suzy Lamplugh Trust is launching a campaign called Watch Out On the Home Straight on **October 11**, coinciding with National Personal Safety Day.

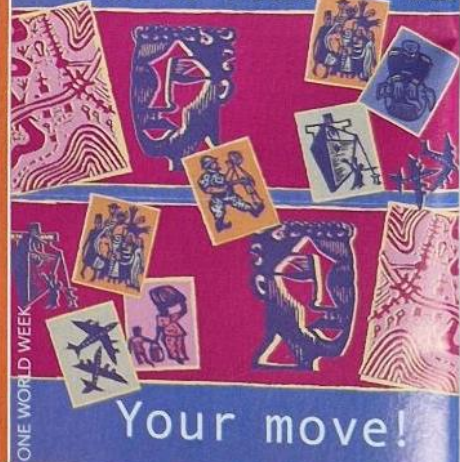
The campaign aims to inform young people of the practical steps they can take to avoid danger during the last part of their journey home.

Visit www.suzylamplugh.org/npsd to learn more and to find out details of suggested activities and lessons.

Free posters highlighting the campaign are also available. Call **020 8876 0305** or email npsd@suzylamplugh.org for further information.

17-24 Oct 2004

One World Week

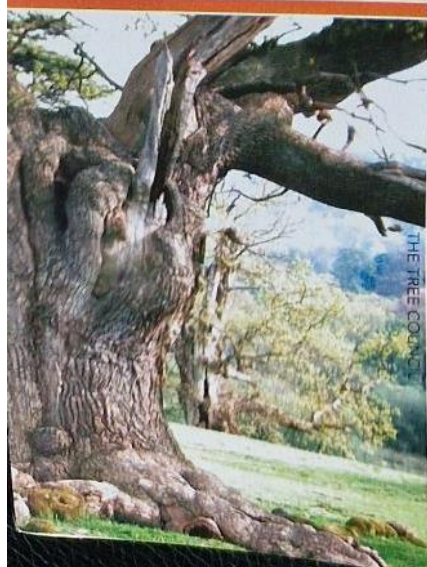


SEED GATHERING SUNDAY

Encourage your unit to help grow tomorrow's trees with conservation charity The Tree Council's Seed Gathering Sunday, on **October 10**.

Organise your own event — a trip to the park or countryside perhaps, or join one of the events taking place across the UK — and collect seeds from native trees. These can then be planted in gardens or school grounds and may even become heritage trees eventually — trees of great historical or cultural significance to future generations.

For more information call The Tree Council on **020 7940 8180** or visit www.treecouncil.org.uk.



THE HOUSING GAME

A new resource from Shelter aims to advise and inform young people about homelessness and housing problems.

The Housing Game is a board game for teenagers over the age of 13, aimed to raise awareness of some of the pitfalls they may face when leaving home. The game comes with suggestions for further activities and a booklet on housing rights and options to help youth workers give advice.

The game is priced £35, which includes postage and packing. For more information call **020 7505 2000** or visit www.shelter.org.uk.

classifieds

SOUTH OF ENGLAND

SOUTH OF ENGLAND

Camping at Kingsdown is as easy as A, B, Sea!

- First class indoor accommodation and camping in White Cliffs Country
- Overlooking the English Channel with superb views across to France
- Indoor climbing wall and other challenging activities on site
- Interesting local attractions; castles, museums and seaside fun

For information pack please contact:
Charlie Leadbetter at
Kingsdown International Scout Campsite,
The Avenue, Kingsdown,
Deal, Kent CT14 8DU
Tel: 01304 373713
Fax: 01304 375202
Email: kingsdown@scoutscamp.org.uk
www.kingsdownscoutscamp.org.uk



Chalfont Heights Scout Camp

Denham Lane Chalfont St Peter Bucks SL9 0QJ

Chalfont Heights promises you a warm and friendly welcome.

- Camping in secluded woodland or open fields
- 3 Accommodation Units available
- A wide range of on site activities to keep you busy including a Heated Outdoor Pool
- Well stocked providore and 24hr Vending Machines
- Full Disabled and Special Needs Facilities inc: Showers
- On site Laundry and separate Leaders Showers
- Water Activities available near by
- London only 12 miles and lots of local attractions available

See our Internet Site www.chalfont.org Or for a colour information pack
Tel: 01753 882640 Fax: 01753 884108 email: warden@chalfont.org
Chalfont Heights is owned and operated by G.L.M.W. SCOUT COUNCIL Reg Charity No 303887



"We've got what you want"

Avon Scout County
Camping and Activity Centre
(North of Bristol near M5 (Junction 16))

- 36 acres fields and woodland.
- Full time warden.
- Flush toilets, washrooms showers.
- Pack Holiday Centre.
- On-site activities: archery, abseiling/climbing, rifle shooting, sports pitch, orienteering, pioneering.
- Off-site, nearby Leisure Centre, caving, canoeing, sailing, visits.
- Convenient for Severn Estuary, Mendips, Forest of Dean, Bristol, Bath, Weston-Super-Mare.

A friendly welcome assured, enquiries to:
Booking Secretary, Avon Scout County,
Woodhouse Park, Almondsbury,
South Glos. BS32 4LX
Tel: 01454 613006 (office hours)
or 01454 613259 (out of hours)
E-mail: office@avonscouts.org.uk
www.avonscouts.org.uk/woodhousepark

Downe Activity Centre.

Guide your Guides down to Downe!
Set in 86 acres of woodland and field, and only 16 miles from the centre of London, Downe is an ideal base for all your Brownie Pack Holiday and Guide Camps.
With three fully equipped indoor accommodation blocks, a range of large and small campsites coupled with a wealth of activities, Downe is the ideal location for you.

Steve Jewell is happy to meet with you to discuss your requirements, or to request an information pack contact Steve on 01959 572121 or visit us at

www.downeactivitycentre.org.uk

Birdhouse Lane, Downe, Orpington, Kent, SE26 7LJ

Pax Lodge – Your London Home



For more information please contact us at

Pax Lodge, Olave Centre
12c Lyndhurst Road
London NW3 5PQ

office@paxlodge.org
www.paxlodge.org

Tel: 020 7435 2202
Fax: 020 7431 3825

Come and visit one of the four World Association of Girl Guides and Girl Scouts World Centres – right here in London, England!

Bed and breakfast accommodation is available for groups, individuals and families in rooms of 2, 3 or 4.

Join a house tour, participate in one of our many day events and sessions or explore London.



Belchamps



30 acres of pasture and woodland. Indoor accommodation for 48, 24 and smaller groups. Open all year. Many activities. Hot showers. Local 360 acre public woodlands, sports complex minutes away. Excellent site shop and woodpiles. DAILY ELSAN EMPTYING SERVICE. AND NIGHT SECURITY ROUNDS.

SAE for brochure to
The Warden, Belchamps, Holyoak Lane, Hawkwell, Essex. Tel/Fax: 01702 205 081 or see our website www.belchamps.co.uk

BOURNEMOUTH GUIDE CAMP (Dudsbury)

Partly wooded site approx. 17 acres. Two fully equipped and heated holiday homes. Open throughout the year. Ideal for Brownies, Guides, Rangers (including disabled members). Also three camp sites, some with flush toilets and permanent shelters etc.

For details: S.A.E. to Mrs E. Dawkins,
8 Austin Close, Bournemouth BH1 4RP.
Tel: 01202 393018.



Scout & Guide Activity Centre, South-West Hertfordshire, 47 Acre woodland site

Camp Shop / Provider
Air-rifle Shooting
Assault Course

Campfire Circle
Climbing
Pioneering

Open-air 'Woodland Chapel'
Abseiling
Orienteering

London - 20 minutes by Train

Sites of varying sizes suitable for patrols to district camps.
Indoor accommodation sleeping 28 ideal for pack-holidays, with toilet blocks and showers.
Beechwood Self-contained Site with indoor accommodation for 22 and toilet block.

Contact Mrs Shirley Leach - 01923 233281 or visit www.leeswood.org

"Runways End" Scout Activity Centre

Camping pack holidays brick building with showers/disabled facilities on site activities climbing/abseil, shooting, archery, cave experience, campfire circle, chapel, canoeing on canal nearby, scout shop. Many local attractions.

Contact: Mrs Ann Hall
Blackwater Valley Booking Secretary
19 Guildford Road West, Farnborough,
Hants GU14 6PS. Tel: (01252) 515767

SARRATT, HERTS.

- 1) The Brambles holiday house sleeps 25. Gas central heating, fully equipped.
- 2) Equipped/unequipped campsite; electrified toilet block & hut. 20 miles from London. Easy access woods, shops, market towns.

Apply/SAE Miss Watts, 138 Shirland Road, Maida Vale, W9 2BT
Tel: 02072 891432

MIDLANDS & WALES

CANAL BOAT HIRE

Plan now to hire one or more of our special purpose-built 12 berth self-steer charter boats for your camp! £60 to £97 per person for a full weeks canal cruising from our Heart of England base. We can accommodate parties of up to 60 guides. We give free boat familiarisation training and advice.

Write for brochure: Willow Wren, PO Box 2,
Consul Road, Rugby, Warks, CV21 1PB
Phone: 01788 562183
Email: hireboats@willowwren.co.uk
www.willowwren.co.uk

MIDLANDS & WALES

BADGES, HATS, T & SWEAT SHIRTS,
CAMP & EVENT SCARVES, PLASTIC
MUGS, LOGO BUGS

Leisure Lines

Church Avenue, Scotland Gate, Choppington,
Northumberland NE62 5SE. Tel: 01670 820999

♦ RAISE £1000s ♦

Collect used Laser printer cartridges.
For details call LASERXCHANGE
01873 859901. www.laserxchange.co.uk

Boughrood Field Centre Wales

www.gdst.net/bhhs/bfc Tel: 01273 501650

Sleeps 30 in two dorms + 3 twin bedrooms.
Fully equipped, comfortable accommodation, heating, secure garden. Wonderful views of the Wye Valley Mid Wales. There is a local certified centre offering exciting activities.

FUNDRAISING



Reclaim-it

Fantastic Fundraising Opportunity...

- Are you always saving for new equipment?
 - Do you worry about where to find the funds?
- Well here's the solution simply by collecting empty printer cartridges in use in homes and offices throughout the UK you can generate £1,000's.
It's simple easy and effective.
So for a FREE information pack call
Reclaim-it (UK) Ltd
Coltham Lane, Thatcham, Berkshire, RG19 4NP
Tel: 01235 876900

Visit the Cotswolds at DEER PARK!

Fully equipped centre for holidays - suitable for the disabled.
Equipped or unequipped camp sites.
Solid shelters, flush toilets, showers, souvenir shop.
Mini bus available.

ON SITE ACTIVITIES:
Archery, Pistol Shooting, Grass Sledging,
Mountain Bikes, Laser Ropes Course, Traversa,
Climbing Wall, Orienteering and Pioneering.

Details Available from Guide in Charge (e.a.s. please)
Gloucestershire Guide Centre, Cowley, Chalfont, GL53 9JLJ
Tel: 01292 870284 Fax: 01292 870068
Email: deerparkcowley@aol.com Web: www.deerparkcowley.org.uk



OFF SITE ACTIVITIES (20 mins) -
Hiding, Climbing, Abseiling, Water Sports.

FUNDRAISING

HORSES AND WALES!

Pony Trekking and camping in the Black Mountains.
Free camp field if riding. Days and half days available.
Join in grooming, and tacking up.
Demonstrations and advice always given.
W.T.R.A Approved and Trek Leader Award
A.A.L.A Registered for Trekking
W.T.B Accredited. Established 45 years

SAE to Grange Trekking Centre (G.T.C.)
Capel - Y - Ffyn, Aberystwyth, Mtn NPT 7NP
Phone 01873 880215
Fax 01873 880157

ABROAD

NEW ZEALAND TOUR - 2005

North & South Islands
21/2/05 - 7/3/05

For all adult members.

This tour is run in conjunction with Guides NZ

Package NZ\$2445.00

For full itinerary and application

Email: jenniferann@extra.co.nz

Fax: 0064 6 8354493

or post: PO Box 1138, Napier, New Zealand

JOIN US FOR KIWI FUN & FRIENDSHIP

classifieds

ABROAD

JEKA

Group Holidays
120 centres in 10 European countries
Summer Camps 2005
BROCHURE OUT NOW

- SWITZERLAND • HUNGARY
- FRANCE • SLOVAKIA
- NORWAY • CROATIA
- AUSTRIA • CZECH REPUBLIC
- SPAIN • IRELAND

Our tours include:

- Local pick ups anywhere in mainland UK
- Return travel by luxury coach and ferry
- Your own exclusive accommodation centre (regardless of group size)
- All food provisions provided and delivered to your centre
- Local representative service in resort
- Free excursion use of coach

For more information contact: Jeka Holidays Ltd

Victoria House, Victoria Street, Taunton, Somerset TA1 3FA

Tel: 01823 365777, 0121 559 0991,

0141 248 3665, 02890 232 334 • Fax: 01823 365888 E-Mail: jekakitld@aol.com

Check out our website:
www.jeka-groupolidays.com



HOLIDAYS ABROAD FOR GUIDES 2005

Help and advice all the way with our one stop booking service including your travel, accommodation, insurance and activity programme.

Disneyland RESORT PARIS
Special Weekends for Brownies and Guides in January 2005

01332 342050

Rayburn House, Parcel Terrace, Derby DE1 1LY

Fax: 01332 224960. e-mail: guides@ventureabroad.co.uk

www.ventureabroad.co.uk

SUPPLIERS

T.SHIRTS, SWEATSHIRTS, POLOS, FLEECES, BADGES
PLUS LOTS MORE SUPPLIED PLAIN, PRINTED OR EMBROIDERED TO YOUR SPECIFICATION
FREEPHONE
0800 587 2425

Sprint Sports & Leisure Ltd
The Mill House, Welbeck Road
Bolsover, Chesterfield S44 6DH
Tel: 01246 240072 Fax: 01246 825900
guides@sprintsports.co.uk

PRINTFORCE BOOKS

Practical publications for adults working with children. Available from good Guide and Scout Shops or catalogue from Drovers' Way, Ugford, Wilton, Wilts SP2 0EB.

Tel: 01722 743295

live it

0800 074 7007

Fully inclusive adventure camps in the UK, France, Italy and Spain

Specialist Badgework Courses

UK qualified staff take full responsibility during activities

CRAFTS

KIDZ CRAFT IDEAS

Ideal for Rainbows and Brownies!
Over 35 ideas.

Easy instructions and cheap to make!

Price £3.50 plus 70p P & P.

Cheques payable to:

Mrs. J. Paxton
26 Suttons Lane,
Hornchurch,
Essex.

RM12 6RL

gary@judith26.fsnet.co.uk

Art & Craft Materials fredaldous.co.uk

Huge choice of quality materials & tools for Arts, Crafts & Hobbies. Simply send 2 x 1st Class stamps for our catalogue listing over 10,000 products including:

- ★ Card making ★ Jewellery
- ★ Fabric painting ★ Candelmaking

Fred Aldous

Dept G, 37 Lever St
Manchester, M1 1LW
Helpline: 08707 517 302

Established 1886

SUPPLIERS

BADGES

EMBROIDERED • WOVEN • METAL

To your own design, whatever you need. Just send a sketch for a prompt competitive quotation. We can be relied upon for top quality and an efficient service.

WEBB, TOLLEY & CO. LTD.

12 CHURCH STREET, STOURBRIDGE, DY8 1LY
Telephone: 01384 820040 Fax: 01384 820050

email: info@webbtolley.co.uk
www.webbtolley.co.uk

Souvenirs

Personalised with your Logo

Teddies, Mugs, Woggles, Note Pads, Pencils, Pens, Erasers, Coasters, Bookmarks, Mouse Mats and lots more

Pocket money items for all ages

For Info pack call today

Quoting Guiding

Tel: 01274 878488 Fax: 01274 860371

e-mail guiding@goldpress.co.uk

BADGES

Beautifully Embroidered any shape in up to 7 colours of your choice and delivered on time for your event / camp or your MONEY BACK

For Info pack call today

Quoting Guiding Badges

Tel: 01274 878488 Fax: 01274 860371

e-mail guidebadges@goldpress.co.uk

BADGES RKB

Estb. over 40 yrs

Anniversary, District, Camp, Jubilee badges embroidered, woven and printed. Pennants - Printed Ties - woven small or large quantities. Phone, fax or post your Sketch/Design to:

RKB (Russell King Badges)
Pagoda Lodge, Longford, Nr. Morpeth NE61 3LJ
Tele/Fax 01670 790696

VENUE MERCHANDISE

Unit 4 Churchill Buildings, Church Hill Road, Wheatley, Doncaster DN1 2TF

Fundraising at Discos and Fetes we supply Flashing Headwear, Necklaces, Glow Sticks etc. Starting Price 65p.

We offer fast reliable service.

Sale or return on all goods.

No order too small.

Sample box can be seen, please phone to arrange.

All orders delivered in 7-10 days.

Batteries included in price.

Please send S.A.E. to above address for more details or phone

01302 363606

SEW SIMPLE

Printed and embroidered badges, pennants, T shirts, sweatshirts, neckers, baseball caps, tailored to suit your budget.

4 Malvern Close, Llanishen, Cardiff, CF14 5DR

Tel: 02920 755733 Fax: 02920 763993

TEE-SHIRTS & SWEATSHIRTS

Polo's, Fleeces, Badges, Hats, Hoods

Heat applied Logo's Names & No's.

Guides / Scouting / Schools / Corporate / Army.

Nottingham Screen Prints

10, Park Road, Woodthorpe, Nottingham, NG5 4HR

0115-967 6262 E Mail nottmspn@nottworld.com

Kingfisher LEISUREWEAR

Quality Printers and Embroiderers

→ T-SHIRTS

→ POLO SHIRTS

→ SWEATSHIRTS

→ CAPS

→ BADGES

→ JACKETS

→ TEA TOWELS

Large / Small Orders - In House Design Service

Fast Turnaround - Friendly, Experienced Staff

0800 137948

CALL NOW FOR OUR FREE FULL-COLOUR BROCHURE

www.kingflw.com

email: sales@kingflw.com

EVENTS

SOUTH WEST LONDON GANG SHOW

Present

SOUWEST '04

Tuesday 26th October to Saturday 30th October

Evenings 7.30pm. Saturday Matinee 2.00pm

Seacombe Theatre, Sutton

Box Office 020 8770 6990

Credit Cards accepted

Tickets £8.00 & £7.00

DISCOUNT CAMPING!



NEW WHITE MARQUEES	
12ft x 12ft	£1165
15ft x 15ft	£1395
20ft x 20ft	£1695
30ft x 20ft	£2295
10ft Marquee Extensions	£659

NEW ARMY STYLE 14ft RIDGE TENT Fire Resistant

Complete with Groundsheet
£225.00
(add 10% carr)

* NEW FLYSHEET £89.50
* Also: GROUND SHEET £27.50



NEW PATROL TENTS

14ft x 8ft, c/w groundsheet - £214.00

12ft x 8ft, c/w groundsheet - £200.00

+10% for carriage

Any size tent made to your specifications
Price on application

NEW

DINING SHELTERS
FAWN CANVAS
14FT X 18FT
COMPLETE
WITH ALL
ACCESSORIES

£145

SUPERB BELL TENT

Brand New in 8oz, white proofed
cotton. Wooden centre pole
Complete with pegs, guys and valise
Height 8ft 6in with 28in walls

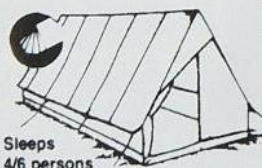


£240

(Carr: £22.00)

GROUND SHEET SHEET for Bell Tent £27.50

Heavyweight £47.50



Sleeps
4/6 persons

RELUM GIANT PEARL RIDGE TENT

only £185

FLY SHEET WITH BELL END FOR THIS TENT £85
TREMENDOUS VALUE! ONE OF OUR BEST OFFERS!

GIANT in size! SUPERB in quality! MADE in 9oz blue 'TERKA' canvas.
Size 13 1/2ft long, 10ft along ridge, 6 1/2ft wide, 6ft high and 18in walls.

NEW ARMY-STYLED FRAME TENTS

9' x 9'	£275
12ft x 15ft	£575
Relum Mess Tents	
14ft x 14ft	£645
19ft x 14ft	£745
24ft x 14ft	£865
Mess Tent XT	£745
10ft extensions	£425

**ALL FIRE
RESISTANT**

BRIGGS SPECIAL OFFER TOILET TENT
Size 3ft square by 6ft high
BASE CAMP
10ft extension

£29.50
£1500.00
£500.00

Please add 10% carriage on all items where not shown.
Please send for our FREE COLOUR CATALOGUE and PRICE LIST.
Phone us last for the best offers!
100s MORE ITEMS IN STOCK. PHONE FOR DETAILS & SAVE \$\$\$
ALL CAMPING GAZ APPLIANCES 25%-40% DISCOUNT

BRIGGS Ltd

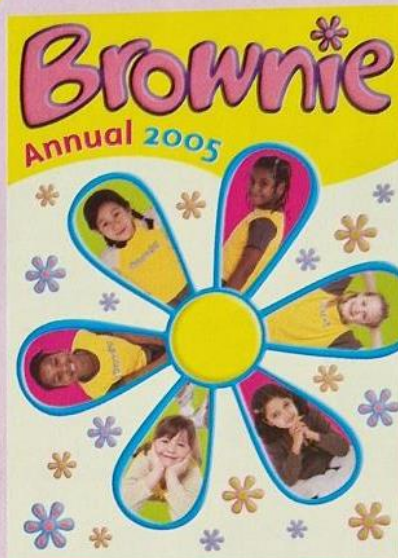
88 Forest Road, Walthamstow
London E17 6JH
www.hcbriggs.co.uk
hcbriggs@hotmail.com

Tel:

020 8920 2709

**Available
now!**

Bursting with stories,
puzzles, fun facts and
cool crafts there's something
for every Brownie to enjoy!



The Brownie Annual 2005 is available from
Trading Service (order code 6005) and all
good bookshops.

The new catalogue from Europe's largest craft & hobby supplier is now available!

With a special offer for Guiding groups!
(please quote ref. G/08)

- 420 full colour pages
- 90 page Christmas section
- Over 1000 new items
- Special discounts

Plus:

- Wreaths & baskets
- Clothes decoration
- Natural cosmetics
- Paints & brushes
- Jewellery making
- Frames & boxes
- Sweet making
- Glass painting
- Miniatures
- Textiles & much more!



Only
£2.95!
(incl p&p)
normal price
£3.95

Craft and Hobby
catalogue 2004/2005

Also available in WHSmith

To order with credit/debit card call: **08702 422 874**

or email: order@panduro.co.uk

or write to: Panduro Hobby, FREEPOST, Transport Ave,
Brentford, Middlesex, TW8 8BR

Once you become a current customer all future catalogues are free!

NEWS AND VIEWS

Your chance to share a slice of guiding life through letters and photos.

There's a special prize for the best photo and £5 Trading vouchers for other photos we print. Please include a sae so we can return your pictures.

Grin and bear it

The 1st Waterloo Rainbows, Belgium, had a teddy bears' picnic with bears of all shapes and sizes.



DOMINIQUE SCHUUM

STAR PHOTO



Dancing queens

The 6th Sleaford Brownies were a little tied up during their maypole festival.

FOXTOGRAPHY



BARBARA WILLIAMS

Fragrant fun

Worcestershire County Rainbows made clove pomanders during a 'Merrie England Day' at their County camp site.

LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS

LETTERS

Why male treasurers?

I have just finished reading the *Annual Review 03*, which I found very interesting and informative. However, one thing that puzzled me was that Girlguiding UK has appointed two male Honorary Treasurers in succession. Surely this does not correspond with our Mission statement in which we encourage women 'to fulfil their potential to take an active and responsible role in society'?

Are we therefore conveying the message to our members that only a male is suitable for a position of power within the organisation and hence the world?

In addition, I am curious as to why males are permitted to take on roles such as these, but otherwise disallowed as members of Girlguiding UK.

Joanne Crawford
5th Filton Brownies

Sangam 1995 reunion

I am part of a UK group that went to Sangam, India, in 1995. I am trying to organise a reunion for next year to mark ten years since our trip.

So far, I have managed to trace nine members of the group but there are three who I have been unable to

contact. They are Margaret Bain, a Guide Guider in Cheshire Forest County who lived in Chester; Susan Hancock, a Young Leader and Ranger in Lancashire South who lived in Manchester; and Charlotte McKinley, a Guide in London South West.

If anyone knows where they are now or if they are reading this themselves, then please get in touch with me by calling **01767 260821**. It would be great to have the group together again!

Jo Ross
1st Potton Brownies

Uniforms

The church hall where my Brownie Pack meets is going to be refurbished and we have to empty our cupboard. We have 22 of the old Brownie dresses each with sleeves altered to short rather than the usual long sleeve. Can anyone make use of these?

We don't want anything for them but we would appreciate the recipient arranging to collect them (we are in south-east London). Hopefully someone out there has a use for them. Please contact *Guiding magazine* at the address on page 27 if you are interested.

Mrs Janet Cunliffe
8th Catford Brownie Pack

LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS LETTERS

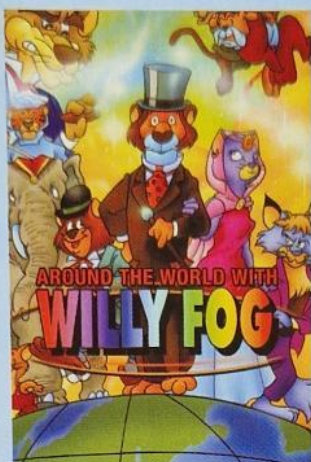
GIVEAWAYS

World adventures

Adapted from the classic novel by French author Jules Verne, *Around the world with Willy Fog* follows the intrepid explorer as he attempts to travel around the world in 80 days.

Series one to four are now available on DVD at all good retailers, priced at £5.99 per DVD.

Guiding magazine has twelve sets of series one to four to give away, worth over £20 each. Mark your entry Guiding magazine/Willy Fog.



REVELATION FILMS

Roaring time

The Zoo Federation's Tiger Campaign aims to raise funds for wild tiger conservation projects throughout Asia.

The campaign hopes to raise the profile of endangered species and encourage people to visit tigers in their local zoos. To find out more visit www.zoofederation.org.uk or call 020 7449 6351.

Guiding magazine has three group tickets*, worth £100 each, for Edinburgh, Colchester or Paignton zoos, to give away. Mark your entry Guiding magazine/Zoos.

*Maximum of 20 girls per unit. There is one prize per zoo.



ZOO FEDERATION'S
TIGER CAMPAIGN

Explorers' guides

Explorers Wanted! is a new series of books published by Egmont, aimed at the most daring adventurers.

Readers are invited to lead a series of death-defying expeditions to the most inhospitable places on the planet, all from the comfort of your own armchair.

Author Simon Chapman gives tips for surviving in the toughest of conditions, while giving readers the opportunity to learn about the flora and fauna of each location.

Guiding magazine has sixteen sets of four books — South Sea Islands, Himalayas, On Safari and Under the Sea — worth £20 each to give away. Mark your entry Guiding magazine/Explorers.



EGMONT BOOKS

IN REMEMBRANCE

The 4th Hanworth Brownies recently completed a sponsored eight-mile walk along the Thames.

The girls and their Leaders raised over £1,000 for the Royal Brompton Hospital in London, in remembrance of Matthew, the son of their Brown Owl, who died from a heart problem last year, aged only three weeks.

Matthew's fund will be donated to the baby intensive care unit at the hospital.



SHEILA OUTTERSIDE

MATCHBOX CHALLENGE

Looking very pleased with themselves, the 3rd Bottesford Rainbows from Scunthorpe completed the Children's Marathon Challenge.

They managed to fit 26 items in a matchbox, and raised over £300 for Children with Leukaemia.



WWW.THISISGRIMSBY.CO.UK/PHOTOSALES

GARDENING GUIDES

The 77th Bolton St Andrews Guides came to the environment's rescue when they took part in a conservation project. They helped Bolton Countryside Rangers pull up Himalayan Balsam, a plant which was threatening native wild flowers in the area.

The girls worked all day battling against this botanical beast and were rewarded with a picnic lunch.



KATY REES

WALKS FOR THE WORLD

If your unit has taken part in our Walks for the World challenge please send us any photos to the address below.

If you want the chance to win one of our great giveaway prizes, the closing date for entries is September 30. Any photos, letters and competition entries should be sent to: Guiding magazine, 17-19 Buckingham Palace Road, London SW1W 0PT. You can also email guiding@girlguiding.org.uk.

GIVEAWAYS

SPAGHETTI SITTING

CATHIE KELLY



The 1st Dorridge Brownies raised £202 to sponsor Wagini, an eight-year-old girl from Sri Lanka, through World Vision.

The girls had to soak their feet in tinned spaghetti, and voted unanimously that their Brown Owl should join them.

BROWNIE SURVEY

The 2nd Markfield Brownies conducted a survey of disabled access at shops in their area and presented the findings to their County Councillor.



MARK WARNER

The survey was carried out as part of the You & Me Together challenge, which was relevant to the girls as they all knew someone in the village who would benefit from the provision of better access.

They were also presented with a disability awareness badge for their efforts.

ON TRACK

The 2nd Houston and Crosslee Brownies took part in a Pedal and Paint competition organised by Sustrans, the sustainable transport charity.

They cycled to a two-metre high milepost on a cycle track by the Bridge of Weir and painted it with environmentally-friendly paint, making it a visible landmark for cyclists and walkers using the route.

The girls plan to enter this picture in a UK-wide competition run by Sustrans to raise awareness of the National Cycle Network.



HELEN DUNN

WATERSIDE WALK

Around £700 was raised for Christian Aid by these girls from the 2nd Currie Brownies, who took part in a sponsored walk.

They walked four and a half miles along the Water of Leith in Edinburgh and were rewarded with a pizza party and a sleepover.

The girls posed for this photo before embarking on their sponsored sporting feat.



RACHEL GIBBS

IN OCTOBER'S

Guiding
magazine

OBESITY

Find out more about a growing health concern among the UK's population.

MAGIC

A royal visit and over 1,600 members were just two elements of this incredible international camp.



JON LUCAS

GOLDEN GIRL

Meet the new UK GOLD coordinator Hazel Campbell.

Plus all the latest news, your views, and much, much more...

The official magazine of The Guide Association (incorporated by Royal Charter) Published on the last Thursday of every month. ISSN 0265-2706
The views expressed in *Guiding magazine* are not necessarily endorsed by The Guide Association. Registered charity number 306016.

Patrons: HM The Queen; 1937-2002 HM Queen Elizabeth, The Queen Mother. President: HRH The Countess of Wessex. World Chief Guide 1930-1977: Olave, Lady Baden-Powell GBE. Chief Guide: Jenny Leach.

Strategic Communications Manager: Jan Clampett. Editor: Wendy Kewley. Assistant Editor: Kate Fenning. Sub Editor: Kate Sheppard. Editorial Assistant: Chloe Chapman.

Design Studio Manager: David Jones. Studio: Heather Peters, Emma Dower, Angie Daniel, Mary Ikoniadou.

Production Manager: Les Girling. Published by: The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT. Tel: 020 7834 6242 Fax: 020 7828 8317.

All editorial communications to: the Editor, *Guiding magazine*, at the address above.

Advertisement Agency: Mongoose Media Ltd. 2 Lonsdale Road, London NW6 6RD. Tel: 020 7306 0300 Fax: 020 7306 0301. Mongoose Sales Executive: Emma Kitter. Photographic Repro by: The InTouch Group plc. Printed by: St Ives PLC. Subscriptions: For all subscription enquiries write to: *Guiding magazine* Subscriptions, Girlguiding UK, 17-19 Buckingham Palace Road, London SW1W 0PT. Tel: 020 7834 6242 or email: guiding@girlguiding.org.uk. Cheques/POs should be made payable to The Guide Association.

Guiding magazine is sold subject to the following conditions, namely that it shall not, without

written consent of the publishers first given, be lent, resold, hired out or otherwise disposed of by way of trade at more than the recommended selling price shown on the cover and that it shall not be lent, resold, hired out or otherwise disposed of in mutilated cover or in any unauthorised cover by way of trade or affixed to or as part of any publication or advertising, literary or pictorial matter whatsoever. The Guide Association takes no responsibility for statements made in any advertisement or from any matter arising whatsoever.

Readers should be aware that neither *Guiding magazine* nor The Guide Association is in a position to endorse either the goods or services advertised in the magazine. The inclusion of any advertisement should not be taken as an indication that the goods or services concerned have been investigated or approved. Responsibility for the failure of any advertiser to fulfil his or her obligations to customers gained from an advertisement or insert in *Guiding magazine* cannot, and will not, be accepted by The Guide Association or *Guiding magazine*.

Note Copy for possible inclusion in December's *Guiding magazine* should reach CHQ by September 28. Anyone wishing to have photographs returned, must include a sae.

Guiding magazine e-mail address: guiding@girlguiding.org.uk
CHQ tel: 020 7834 6242 CHQ e-mail address: chq@girlguiding.org.uk

World Wide Web site address: <http://www.girlguiding.org.uk>

General insurance enquiries tel: 01737 783690; Suretravel tel: 01372 749191



JEKA

Group Holidays



SUMMER CAMPS FOR GUIDES

We offer the widest range of summer camps available in the UK with 11 different destinations in 10 European countries: from the Adriatic coast to the very heart of Norway and including ADELBODEN, home of OUR CHALET.

INCLUDED IN ALL OUR TOURS

- Return travel by modern touring coach from your own local pick up point
- Return ferry crossing, road tolls and taxes
- Accommodation in your own exclusive self catering centre
- All food provisions provided and delivered to your centre
- 300 miles free excursion use of the coach. (except tours to Norway)
- Local representative service and 24 hour back up
- Travel pack

FLEXIBILITY

We believe every group is individual and so we listen to what you want and can arrange your summer camp according to your wishes.

WE WANT TO TAKE OUR OWN COACH!!

No problem, just contact us and we can arrange it.

WE WANT A COACH TO OURSELVES

Groups of 40 passengers or more have sole use of the coach anyway, but if your group is less than 40 then this can also be arranged.

CAN WE CHOOSE WHICH CHALET WE STAY IN?

YES if your group is within the minimum and maximum number for a certain chalet and it is still available then you can choose which house you stay in. **This is a good reason to get your booking in early.**

CAN WE FLY?

YES we are ATOL licence holders so if you would rather fly to your destination that can be arranged.

“ We had a brilliant time, help was always at hand if we needed it! There was so much to do and not enough time to do it all. Everyone got off the coach at home asking where are we going next time! Need I say more. ”

Dorothy Langton - North Walsham Guides

**Booking NOW
For 2005**

To get your copy contact:

JEKA Holidays Ltd, Victoria House,
Victoria Street, Taunton, Somerset TA1 3FA

Tel: 01823 365777, 0121 559 0991,

0141 248 3665, 02890 232334

Fax: 01823 365888 E-Mail: jekaukld@aol.com



Check out our website
www.jeka-groupolidays.co.uk