

NOVEMBER 2004 £1.80

Guiding

magazine



Thanks for all you
do for girls and young
women in guiding

Free
pop-up
card

**Recruitment
special!**



Girlguiding UK

Contact Information:



Girlguiding UK





Welcome

Recruitment week – **November 8-14** – is almost here. Now is our chance to really push guiding in our area and show everyone just why we enjoy it so much!

To help make your task easier, the Project 50K working group has provided resources, including a booklet, poster and car sticker, for you to use in your recruitment campaigns. With 50,000 girls desperate to join guiding, we need to encourage as many people as possible to volunteer as Leaders or helpers. There are over 59 million people in the UK – surely recruiting 8,000 isn't too much to ask!

As a Guide Leader myself, I appreciate the extra effort that recruitment week brings. But if every Leader recruited just one person, we would be overflowing with helpers – and every one of those 50,000 girls would benefit from guiding!

While recruitment week is a time to encourage new people to join guiding, it's also a time to show we value our existing volunteers. Everyone appreciates being thanked for their time and on page 6 we list 50 ways to do this. This is all part of our bumper four-page recruitment spread – enjoy!

Jean Bell

Chair of the Project 50K Working Group

ACTIVATE

Travel the world with our global themed activities and games

Volume 92 Number 11 November 2004 £1.80

This month's highlights

TOP STORIES

11

USER-FRIENDLY

The importance of making information accessible to all

12

LIVING WITH A KILLER

Focusing on HIV and AIDS awareness

UPDATE

Keep up to date with Girlguiding UK news

50 Ways To Say Thank You Top tips from the Project 50K team	6
Be Prepared How to have a trouble-free census experience	8
Sleeping Over An update on Rainbow overnights	10

DEVELOPMENT

Practical advice for Guiders, Trainers and Commissioners

Keeping It Real Introducing Reality Checks, a new series of fact sheets	15
Singing Your Praises Appreciating the work you do in guiding	17
Support Network The importance of supporting new Leaders	18

FEATURES

Opinions, ideas, issues and reports

A Blast From The Past Guiding 1960s style on TV show <i>That'll Teach 'Em</i>	19
The Beautiful Game A report from the Girlguiding UK Football Festival	19

SOURCES AND RESOURCES

New resources and optional *interesting things to do*

Find out about a poetry competition, fair trade Christmas presents and some great offers from the YHA	22
---	----

NEWS AND VIEWS

Over to you! Plus enter our great giveaway competitions

Share your letters and photos and be in with a chance to win Heidi DVDs, interactive encyclopedias and Harry Potter games	28
---	----

FEATURED THIS MONTH



The Chief Guide, Jenny Leach, talks about her experience of recruiting volunteers



Sue Berry gives an insight into her experiences as 'Guide captain' on reality TV show *That'll Teach 'Em*

FRONT COVER

Cover Photograph: Laura Ashman

NEWS IN BRIEF

THANK YOU CARDS

Don't miss the Thank You card enclosed with this magazine — it's Girlguiding UK's way of thanking YOU for all your hard work for guiding! Why not take your card to work and put it somewhere everyone can see!

SENIOR SECTION NEWSLETTER

Senior Section members will be able to find out all the latest facts and information with a newsletter especially for them. It will be downloadable from the web site or sent out as a regular email update.

The newsletter is not available yet, but why not register your interest at www.girlguiding.org.uk/seniorsection.

BESLAN MESSAGE OF CONDOLENCE

The Chief Guide, Jenny Leach, sent the following message of condolence to Olga Scubiro, International Commissioner for the Russian Association of Girl Scouts, in September.

'On behalf of all the members of Girlguiding UK, I send deepest condolences following the tragic events in Beslan School. We have all been shocked and distressed by the images transmitted.

'Please can I ask that you share our message of sympathy with those affected. We pray that peace may prevail in these troubled times.'

WALKS FOR THE WORLD

Girlguiding UK's Walks for the World campaign is running until February 2005. Send your reports and photos to the International Team at the address on page 30.



OUTDOORS SHOW

Girlguiding UK will have a stand at the Outdoors Show between **March 18-20, 2005**, at the NEC, in Birmingham.

For more information, visit their web site at www.theoutdoorsshow.co.uk and keep a look out for articles in future issues of Guiding magazine.

IT'S COMING... ARE YOU READY?

Only 34 weeks to go until the Senior Section Evaluation big event, Count Down to Zero!



On the Right Track

Two Senior Section members, Jessica Bailey and Katharine Grabham, have helped to develop *On the Right Track*, Save the Children's ground-breaking survey of young people's views.

The survey recorded the opinions of more than 4,000 11-18 year olds from across the UK on local and global issues, community participation and rights education. Jessica and Katharine teamed up with 12 other young people from seven youth organisations across the UK to implement *On the Right Track*. Both girls were selected for the project after attending Innovate 2003, where they developed a keen interest in global issues.

Their role involved designing and producing *On the Right Track* and distributing the survey to youth groups before writing up all the results.

The survey revealed that teenagers are deeply concerned about war and crime rates, with 61 per cent intending to vote, when old enough.

As part of the survey, Katharine also organised focus groups, while Jessica had the chance to meet Tony Blair at 10 Downing Street, in order to profile the project to the Government.

Jessica said, 'I was pleased with the results as they confirm my views that today's youth are not as narrow-minded as we are often portrayed to be.'

A report of the survey's findings can be downloaded from www.savethechildren.org.uk/publications.

AROUND THE REGIONS

ANGLIA The 1st Hockerill Brownies managed to squeeze nine parties into a Brownie Holiday weekend to celebrate the Brownies 90th Birthday.

CYMRU Around 90 girls from all sections took part in the Royal Welsh Show in July. The girls helped to look after animals and enjoyed hair-braiding and face-painting at the four-day event.

LaSER The Eye 2 Ei appeal, which saw members from all sections travelling from the London Eye to the Eiffel Tower on World Thinking Day, has raised an amazing £29,000 for Sightsavers International. The appeal challenged 129 teams to travel between the two landmarks by any means possible.

MIDLANDS Rainbows, Brownies and Guides are busy making collages and web sites for a Region-wide competition run by Disney. The winning Six or Patrol will receive tickets to see *Toy Story 2 on Ice* at Birmingham's National Indoor Arena in November. The lucky winners will also be able to meet the stars backstage!

NORTH EAST Green-fingered North Yorkshire and North East members have been busy planting bulbs around their County, decorating a variety of areas, from entrances to villages to wasteland at closed coal mines.

NORTH WEST Cheshire Forest Guides joined around 2,000 Guides and Scouts from across Europe this summer at 'Europolis', an international camp, held in Biarritz, France.

SOUTH WEST Around 330 Leaders and Senior Section members attended 'Zero 4', an annual event, in September, held at Woodhouse Park Training, Camping and Activity Centre in Bristol.

ULSTER Around 20 Rainbows and five Leaders took part in a pilot sleepover this summer at Lorne.



Members enjoying the Royal Welsh Show



Alyson Hagan was presented with her Queen's Guide Award by Girlguiding UK President, HRH The Countess of Wessex

AWARDS FOR EXCELLENCE

In September, 39 Queen's Guides were presented with their awards by Girlguiding UK President, HRH The Countess of Wessex, at CHQ.

The Queen's Guide Award is no easy feat, with participants completing clauses in areas such as the community, enterprise, service overseas and citizenship.

Achievements included a 100-mile bike ride, a high-altitude trek in Ecuador, running an operatic show and learning to sail.

Senior Section member Alyson Hagan enjoyed the day, saying: 'I would definitely recommend doing the Queen's Guide Award to others. You do things that you never thought you could.'

'The presentation was really good. It was nice to have

recognition for all the hard work we've put in and to meet the President.'

The Countess took the time to speak to each of the girls individually. In a speech, she thanked parents and supporters for their part in the girls' achievements and talked about the importance of the community. She said: 'Congratulations to everybody. You will be the community leaders of the future. Thank you for your commitment.'

The Chief Guide, Jenny Leach, congratulated the girls on their hard work. She said: 'Today's syllabus is as demanding as it has ever been. It includes teamwork, time management, communication, decision making and learning by doing — skills for life. As well as surprising yourselves, I hope you have enjoyed yourselves too. Girlguiding UK is proud of you.'

ASGC web site

The Association of Scout and Guide Centres (ASGC) has relaunched its web site on www.asgc.org.uk.

The site features a directory of Guide and Scout camp sites in the UK and the Republic of Ireland. It is conveniently divided into regions and provides information about facilities and activities offered, contact details and web site links, as well as Ordnance Survey™ map references.

There's also the chance to win tickets to Camelot Theme Park in Lancashire!

The ASGC aims to promote a safe and healthy working environment for staff, volunteers and visitors.



Web site updates

Have you seen the new Girlguiding UK web site for Rainbows and Senior Section members? If not, why not check them out — visit the Rainbow site at www.girlguiding.org.uk/rainbows and the Senior Section at www.girlguiding.org.uk/seniorsection.

The Rainbow site features all the latest programme information as well as some great online games. The site for Senior Section members is already proving very popular, with lots of new information about Senior Section events and plenty of unmissable opportunities.

The next couple of months will see the relaunch of the main web site, which caters for Leaders and the general public. A full report on the relaunched site will be featured in December's Guiding magazine.

PROJECT 50K

Recognition, however great or small, is one of the main tools in retaining Leaders.

Have fun!

11. Take your team bowling
12. Go to the pub
13. Adopt an animal or star
14. Download a special ring tone for them
15. Secret friend present giving
16. Have a silly awards ceremony (silly prizes, not reasons)
17. Thank you teddy chain with a passport to say where it's been and why.



A simple 'thank you'!

1. Make an unexpected phone call just to say thanks — not for a particular event
2. Send a text message
3. Start a thank you chain
4. Send a handwritten thank you note
5. Give a thank you card
6. Send an e-card
7. Find a different way of



saying thank you, for example, 'You really make my job fun'

8. Give a thank you certificate for service/help/support/commitment/time
9. Send thank you postcards
10. Say thanks in the County newsletter.

Shout it out!

46. Take out an advert in the local paper in the birthdays or congratulations section
47. Place an advert in a local magazine to say thanks to those helping at unit meetings
48. Create a neon strip saying thank you and put it up in your meeting place
49. A floral display in a community setting
50. If someone has contributed for a long time or made an outstanding effort, why not nominate them for an award? Many local councils run awards for local volunteers.

50 WAYS TO THANK YOU

Share your passion for guiding in our recruitment week from **November 8-14** — a perfect time to say thank you to all our existing adult volunteers. But how about thanking people in different ways this year? Look no further — let our 50 suggestions inspire you!

Guiding cheers!

18. Put thank you on agendas
19. Start the meeting with everyone saying thank you to as many people as possible
20. Put up a banner saying thank you outside your meeting place
21. Give a doorstep surprise thank you with a team of girls — singing optional!
22. Pass round a box of chocolates at a meeting with each person passing it to another while saying thank you for something
23. Give one of the Positive and Effective Leadership motivational cards — available from the Trading Service, order code **6370**, price £1 for a pack of nine



24. Give a guiding pen
25. Give a guiding mug
26. Pass out 'Heroes' or 'Stars' at meeting
27. Give a guiding key ring.

By the Project 50K Working Group

Pamper presents!

28. Bake a cake and share it out
29. Give a small basket of fruit
30. Give well done and thank you stickers
31. Give a half-price meal voucher
32. Give each team member a spring bulb



33. Gifts from The Body Shop or somewhere similar for pampering
34. Send flowers
35. Give a rosebush or an orchid
36. Give them vouchers for a local activity or attraction
37. Give a motivational fridge magnet.

CYBER-THANKS

Project 50K has joined forces with Girlguiding UK's web site — www.girlguiding.org.uk — to recognise the amazing contributions made by our volunteers. Our new message boards allow you to say thank you to someone special in guiding who you think deserves recognition or to post a welcome message for a recent volunteer. Visit the Recruitment Section of the web site to find out more.

If every adult in guiding were to ask five people to get involved and just one of them said yes, just imagine what a difference that would make!

RECRUITMENT SPECIAL

38. Clean their car
39. Thank a volunteer's partner or family for their support
40. For Leaders with young children, babysit for them and treat them to an evening out
41. Arrange cover for a unit meeting so that the Leader can have a break
42. Provide a grant to enable someone to buy the latest uniform or go to a residential event
43. Organise a facial, reflexology or a hand massage session
44. Provide a new opportunity
45. Arrange for the ironing to be done.



SAY

MAKE VOLUNTEERS FEEL APPRECIATED THIS RECRUITMENT WEEK



Nail art was just one of the treats on offer at the St John's District ladies' night

SHARE YOUR PASSION

HOW ONE DISTRICT TOOK RECRUITMENT TO 'EXTREME' LEVELS

Last year was one of those years. Ten Leaders had left the District for different, perfectly understandable reasons and, judging by our joining lists, all the girls in Woking seemed to be of Brownie age! We were faced with the problem of finding more Leaders or closing units.

PROACTIVE RECRUITMENT

At an emergency District Meeting we discussed, and rejected, all the usual ideas — a mums' rota; posters; leaflet drop. We were desperate and needed something bigger.

The Recruitment Team decided to target people outside of guiding — local women who might have once been a Guide or Brownie and who might be lured back.

With this aim in mind, we came up with a twofold plan.

EXTREME IRONING

Extreme ironing is a popular pastime, combining the excitement of extreme sport with the pleasure of a nicely ironed shirt.

Our competition consisted of an obstacle course set out in the town square. The Guides and Brownies challenged the local Cubs and Scouts in a relay against the clock, with regular pauses to iron shirts.

Despite the cold November day, there was a lot of interest from Christmas shoppers. We beat the Scouts roundly, but more satisfactory to the Recruitment

By Kirsty Angus

Leader, 1st Mayford Guides,
St John's District, Surrey West

Team was the fact that we gave out all our flyers and successfully raised the profile of guiding in the area.

LADIES' NIGHT

We allowed ourselves a Christmas break before planning the ladies' night. This was a pampering evening for women over 18 years old. We are lucky enough to have a number of talented ladies on our District team and, by asking friends and relatives, we were able to offer a fantastic range of treats, including massage, nail art, cake decorating, make-up and hand bell ringing. One of the Guide units also entertained our guests with a musical show.

At least 50 women came through our door that night. Some were parents, others ex-Guides and some were completely new to the Movement. Eight volunteered on the night and six of those have since decided to start their Adult Leadership training. We all had a fantastic evening and, even better, our units are now safe from closure.

Sharing our
PASSION
for Guiding

NEW RECRUIT

By Kate Sheppard

Fiona Hill, aged 28, started her Leadership training with the 3rd St John's Brownies this year after attending the District's ladies' night.

'I'd been in guiding until I was 18,' said Fiona.
'I'd been looking to get back into the Movement when a leaflet for the ladies' night came through my door. I went along and everyone was having such good fun. I attended a Brownie meeting and was "adopted" by the Pack.

'They voted to call me "Lucky" after I was 20 years old. 20 young girls has been going through which makes me laugh!'

'Things have changed a lot in the 20 years since I was a Brownie. Guiding has moved with the times but it's reassuring that it still upholds a sense of fun and the need to understand that you're part of a bigger picture.'

RECRUITMENT SPECIAL

BE PREPARED!

By the Census 2005 Working Group

PLANNING IN ADVANCE SHOULD MEAN A TROUBLE-FREE CENSUS EXPERIENCE

Be prepared is a familiar phrase — although it doesn't come to mind very often in connection with the census. In essence, the census allows the whole guiding movement to be well prepared.

The census provides the fundamental information for all the major planning at different levels; it was the 2003 census that led to the Project 50K working group being formed. The data is also of use to units and Districts so that they can plan for the future.

There are many ways in which you can make sure that you're prepared for the census — and the Census Doctor in September's magazine had quite a few suggestions. Here are some more quick ways that you can prepare now for a smoother census in February.

- If your personal details have changed, and you haven't done so already, inform your local Registration Secretary and your Country/Region Office.
- If volunteers within your unit have left

or joined, make sure you complete the necessary forms now.

- Ensure there is at least one nominated volunteer to complete the census in your unit or area. This person should then check that they understand the census process — including what needs to be completed, where to send the completed forms, what the deadline is and where to get help!
- Look at your unit records to check that you have details of the ethnic background of every member. There will be a question on ethnicity as part of census 2005. If you don't hold this information for all members, you could ask parents and guardians to update the details by completing the Essential Information section of the 'Starting...' leaflet for their section. An example letter is available in the census section of the web site www.girlguiding.org.uk to help you ask for this information.

The better prepared we are for the

census, the better the experience will be, and who knows, you may 'surprise yourself' and enjoy census 2005!

WATCH THIS SPACE

Your personal details form and the census Hotline will arrive with February's *Guiding* magazine. Please keep these safe for when you complete the census forms.



Real Life



UNIVERSITY CHALLENGE

By Chloë Chapman

When 25-year-old District Commissioner Emma Davies was hit with a recruitment crisis, she drew on Oxfordshire's biggest resource — its student population.

'North Oxford and Marston District is full of students and a lot of the original Guiders have left the area because they can't afford to live near the city centre any more. I have lost at least two for this reason,' she said.

'House prices have become too high and now the centre of Oxford is inhabited by very rich professionals who are generally too busy to help out in guiding.'

Emma solved the crisis by approaching the growing number of students.

'We targeted them directly by going to the Freshers' Fair at Oxford Brookes University, and we worked with the Oxford University Scout and Guide group to recruit there.

'We also hold a student barbecue for them every year and get them integrated in units as soon as

possible because we don't want to segregate them as 'student' Guiders.

'I think they are a really valuable resource and they know what's happening because they have come up through Rainbows, Brownies and Guides. They know what young people want. They shouldn't be left by the wayside just because they have constrictions on their time.

'In my Pack (1st Wolvercote Brownies), we have two student Guiders who are currently doing their leadership training. We also have a parents' rota and when one girl was doing her finals we doubled up to cover for her. The main thing is that you have to be flexible.'

PROJECT 50K

RECRUITMENT SPECIAL

A GUIDING LIGHT

THE CHIEF GUIDE, JENNY LEACH, SHARES HER EXPERIENCES OF SUCCESSFULLY RECRUITING VOLUNTEERS AND EXPLAINS WHY SHE LOVES HER JOB

By Wendy Kewley

Sharing our
PASSION
for Guiding

The Chief Guide, Jenny Leach, knows a thing or two about recruitment. As a new Guider for the 4th Rastrick Guide Unit 30 years ago, Jenny had 36 girls in her charge — she needed help!

So when her District Commissioner suggested she find a helper, Jenny approached a great friend who had nothing whatsoever to do with guiding. A gamble which paid off, as she recalls: 'I sold it to her. I'm a great believer in asking people face to face. Invite the best person you know, tell her you think she is the person for the job — a thriving unit attracts people. Nobody wants to join an organisation that seems desperate!'

Later, when Jenny was County Commissioner for West Yorkshire West, the County was challenged to recruit a hundred new Guiders. 'We had a huge map and every time a Guider started, we marked it on the map to motivate everybody. I can remember vividly carrying a large cardboard map in my car every time I went to a meeting and the clamour around it to see where we were up to!'

RECRUITMENT DRIVE

The County achieved its target within a year. Jenny explains: 'We looked at attracting parents but we also approached people new to the community. They didn't know anyone else so if the Guides were there first, then there was a good chance of attracting and keeping them.'

It's important to concentrate on the needs of potential Leaders as well as our own, says Jenny, and to try to match the two. 'Young mothers wishing to take up their career come to guiding after a break from work. It gives them leadership skills and can boost their confidence,' she adds.

And with 50,000 girls waiting to join, recruitment has never been so important. Masterminding Girlguiding UK's recruitment drive, the Project 50K Working Group's biggest challenge is to find different ways of attracting Leaders into the Movement.

Infectiously positive, Jenny believes there are hundreds of Unit Helpers who are waiting to be asked to be Guiders — she suggests that every Guider asks their helpers again.

As a volunteer herself, Jenny is the first to appreciate the effort that thousands of people make for guiding. 'Thanking and recognising Leaders and their contribution to the lives of young people is what our Association is about,' she says.

A REWARDING CHALLENGE

Clearly the former Rastrick Guider is enjoying being Chief Guide. 'It's challenging but immensely rewarding,' she reflects. Her favourite part of the job is talking to Guiders and listening to what they have to say.



HEATHER PETERS

Jenny takes time out at CHQ

'I need to be fully aware of what the members are thinking, and make sure that initiative from within plays an integral part in the way our Association moves forward.'

The role leaves little time for anything else though — Jenny's house is not as clean as it was! 'In fact, sometimes I have to do a real dust around if we're having visitors. I haven't done any gardening for three years!

'But I'm busy because I want to use the time I have to move guiding forward. I feel very privileged to be Chief Guide and chairman of the Trustees of Girlguiding UK.'

'A thriving unit, a thriving area, a thriving County, will attract new blood — so as well as surprising ourselves in guiding, we need to show that we're enjoying ourselves too!'
The Chief Guide, Jenny Leach

RECRUITMENT SPECIAL

SLEEPING OVER

RAINBOW OVERNIGHTS OFFER GIRLS AN ADVENTURE AWAY FROM HOME

By Lynda Munro
Girlguiding UK Rainbow Adviser



LAURA ASHMAN

The new publication *Rainbow overnights* became available for Rainbow Guiders in August. It explains everything you need to do and consider for a happy and successful sleepover with your Rainbows, carefully taking you step by step through the experience of taking Rainbows away overnight.

Pilot schemes have been run across the UK so there may be a team with experience in your own County to help you with any information you may need to plan your own.

Although overnights are now part of the Rainbow Jigsaw, they are not compulsory, rather an option for Guiders wanting to try out this new opportunity with their girls.

The response from the girls and the Guiders who have already been on an overnight has been very positive. Here are some of their comments:

- 'A sense of really belonging to a unit'
- 'No tears, no behaviour problems, very happy children and constant demands from all to do it again'
- 'She wanted to stay another night'
- 'An adventure!'

A Guider, who was initially sceptical about taking her Rainbows away, said after the event: 'This is the best experience I can offer a Rainbow.'

That says it all — so why don't you give it a try!



OVERNIGHT RULES

There are a number of rules that must be followed before taking Rainbows on overnights.

A selection is printed below; for the full list, see the *Rainbow overnights* resource, available from the Trading Service, order code **6694**, price £3.

- The maximum number of Rainbows to attend a Rainbow overnight is 15.
- The minimum age is five.
- There must be at least one adult to four Rainbows — in addition to the Guider in charge — with a minimum of three adults present at all times.
- One of the adults must hold the appropriate licence or be undergoing an assessment.

YOUR WISH IS GRANTED!

GIRLGUIDING UK'S NEW GRANTS OFFICER CAN PROVIDE ADVICE AND SUPPORT ON OBTAINING FUNDING

Do you need a grant to help your unit? Perhaps you are starting a new unit and need funding, or you want to purchase some new camping equipment so your girls can go on a residential. Maybe your meeting place needs a new lick of paint?

Girlguiding UK's new Grants Officer, Danielle Bowater, is here to help. Alongside researching and obtaining grant funding for Girlguiding UK CHQ from national schemes, Danielle can help provide grant funding advice and support to local, grass roots guiding.

To help you improve your chances of grant funding success, Danielle will be

creating a series of fact sheets that will be available in hard copy and on our web site, www.girlguiding.org.uk, early next year. These fact sheets will give you insights into funding opportunities and how to make the most of them. Also look out for further articles appearing in *Guiding* magazine.

Guiding units throughout the UK seek grants for the same types of projects, so it is hoped that standardised models of completed application forms for grant funders, such as the National Lottery's Awards for All programme, will be developed. These models will make it easier for you to apply for grant funding,

and allow you to get back to the fun parts of guiding. We are looking for units interested in taking part in a pilot of these model application forms, particularly if you are starting up a new unit.

GRANT FEEDBACK

Danielle is keen to hear about your grant funding experiences, your successes and your frustrations — this will ensure that our resources meet your needs.

To share your grant funding experiences or to take part in the application form pilot, please contact Danielle Bowater on 020 7834 6242 or email Grants@girlguiding.org.uk

USER-FRIENDLY

THE INFORMATION YOU PROVIDE IN GUIDING NEEDS TO BE ACCESSIBLE TO ALL

you & me
together

By Jacqui Dixon
Girlguiding South West England

In this series of articles, we have looked at how the Disability Discrimination Act 1995 applies to guiding, and how we can remove the barriers which prevent disabled people from being full and active members of Girlguiding UK.

This article considers access to information. How can we ensure that everyone can access the information they need, and can understand and use it? Think about all the different information we produce, such as minutes of meetings, resources for activities, training materials, letters to parents and carers and newsletters. What are the barriers to accessing all this information?

Visual impairment is an obvious one, but have you thought about levels of literacy and reading ability? Is the information you send out readable and understandable? Do you provide information in different formats, if requested? Do you know how to obtain Girlguiding UK resources in Braille or large print or, in the case of this magazine, in an audio format?

Here are some good practice guidelines to help you make sure that everyone can access information about guiding.

● Use plain English

Short, clear sentences and action points are better than long paragraphs. If you are not sure, do a draft and ask someone to read it through for you first.

Use bullet points, especially when you are listing actions to be taken.

If it is difficult to avoid guiding jargon or initials, then explain what you mean when you first use a word or phrase.

Use bold type sparingly to highlight the key points.

● Use the right font and point size

The Royal National Institute of the Blind (RNIB) recommends at least 12 point print. For activity instructions, 16 point is the best size print.

Open fonts such as Trebuchet MS and Arial are easier to read than italics or anything with swirls and twirls.

Use black on white or black on yellow. Many people find any print on blue, red or dark colours difficult, if not impossible, to read.

Don't use capital letters for text — lower case is much easier to read.

● Use electronic mailing and web sites

Advances in technology mean that many people with visual or mobility impairment use a computer — an effective means of sending information for anyone who has difficulty reading print. Emails and attachments can be printed and read in a font, point size or format chosen by the reader.



HENRY IDON

Make sure that everyone can access information about guiding

If you have a web site, make sure it is accessible to those with visual impairment.

Girlguiding UK's web site has lots of useful information about facilities for disabled members, including how to get hold of guiding resources in alternative formats. Visit www.girlguiding.org.uk/leaders/disabilities.

DISABILITY DISCRIMINATION ACT

The Disability Discrimination Act requires us to make reasonable adjustments to our services. This includes making sure that everyone can access and understand the information we provide.

If you have any further queries, contact your County or Country and Region Advice for Members with Disabilities.

FURTHER INFORMATION

- Visit the RNIB's www.rnib.org.uk for practical advice on making your documents accessible to people with visual impairment.
- The Web Accessibility Initiative (WAI) provides accessibility of the web through the gateway area. Visit www.w3.org/WAI/ for more details.
- <http://desktoppub.about.com/od/visionimpairment/> lists resources that address colour and design issues relevant to visual perception.

LIVING WITH A

ISING INFECTION RATES WORLDWIDE MEAN THAT HIV AND AIDS
AWARENESS SHOULD BE HIGH ON EVERY LEADER'S AGENDA



Did you know that an estimated 50,000 people in the UK are living with HIV? Or that the number of UK women with HIV has almost doubled in the last two years? Or that nearly a third of all new HIV infections worldwide occur in people under 25?

HIV infection rates are rising in every part of the world. An increasing number of children born with HIV are now entering adolescence. There has probably never been a time when Guides and Guiders have needed to be so aware of HIV, both for the sake of their own health and well-being, and so they can support and show compassion for those infected with the virus.

'The number of UK women
with HIV has almost doubled
in the last two years'

The World AIDS Campaign 2004, which culminates with World AIDS Day on December 1, is focusing on women and girls. It provides an ideal opportunity for Leaders to broach the subject with their units.

ACTION ON AIDS

Not all Leaders feel confident or comfortable dealing with the issues of HIV and AIDS with their girls, but Ranger Guider Becky Greatley is full of encouragement. 'Just do it!' she urges.

She used Girlguiding UK's *Action on AIDS* resource with her Rangers last December. Becky organised a programme of activities based on the booklet, including a balloon debate, a quiz and an activity to help girls become more familiar with the vocabulary associated with AIDS. Although the girls' initial reaction was lukewarm, they soon became interested and enthusiastic.

'They enjoyed doing the activities and feedback was really good. The pack brings together everything that is great about guiding — the girls get to learn with their peers about a really important topic in a relaxed environment. It also gives them the opportunity to learn more about WAGGGS and the important role it plays in some of its developing member nations.'

DIFFERENT ATTITUDES

Girlguiding UK International Education Adviser Nicola Grinstead has taught groups of people within and outside Guiding, in the UK and in South Africa. She has found attitudes towards the virus differ in the two countries.

An estimated 20 per cent of the South African population is infected with the virus, so, superficially, explains Nicola, everyone is very aware of HIV.

'It is talked about frequently. However, there are many political and cultural issues that people are not prepared to discuss openly and this makes it difficult to address some of the key reasons why HIV prevalence is high.'

Discussions tend to concentrate on sex education and the morals and values of communities. Back in the UK, she finds young people more interested in the social injustices with HIV.

'These issues capture the imaginations of most Guides and Senior Section members and make them want to play an active role in supporting AIDS projects.'

PEER EDUCATION

Guiding members worldwide are taking responsibility to help raise awareness of HIV and AIDS. Antiguan and Barbudan Rangers have produced television talk shows to educate young people about HIV and sexual health. Guides in Rwanda have organised training on HIV prevention. A recent GOLD project to Madagascar (see right) held trainings on HIV/AIDS awareness.

'There has probably never been a time when Guides and Guiders have needed to be so aware of HIV'

Nicola agrees with Becky that the best approach to delivering information on HIV is in a 'fun and non-threatening way', using peer education games. She adds that these may allow participants 'to air their opinions behind the "screen" of a stereotypical character without feeling they are airing their own views to a potentially hostile audience.'

She also has reassurance for Leaders who

FURTHER INFORMATION

- Turn to pages 6-7 of *Activate* for activities designed to help educate girls about HIV and AIDS.
- You can download the *Action on AIDS* resource from www.girlguiding.org.uk/international/.
- The following web sites provide useful information about HIV and AIDS:
 - www.wagggsworld.org/aroundtheworld/projects/hivaids
 - www.worldaidsday.org
 - www.tht.org.uk
 - www.actionaid.org.uk

KILLER

By Isobel Durrant



WAGGGS

may feel that their own grasp of the issues is insufficient, advising them that they don't have to know every detail about HIV, just enough to feel comfortable with the broad themes. Girls enjoy seeing their Leaders learning alongside them.

The figures for HIV both globally and in the UK show that, despite medical advances, there is little room for complacency. Girls and young women need to understand both the social and health issues involved to protect themselves and take an informed, active part in raising awareness around issues that affect the spread and impact of HIV and AIDS. This can be a positive, empowering experience, and one for which Girlguiding UK is uniquely placed.

As Ginny Radford, chairman of WAGGGS, has said: 'Youth organisations such as WAGGGS have access to a large group of young people who together can make a difference. We can use young people to reach young people, those most at risk from HIV/AIDS.'

BREAKING NEW GROUND

By Kate Sheppard

In July this year, six members of Girlguiding UK took part in the first GOLD project to Madagascar, where they organised trainings for local Senior Section members on HIV and AIDS.

These young women have since gone on to teach the awareness activities, mainly taken from the *Action on AIDS* resource, to many other Guiding members across the island.

'As an international movement for young women, (Guiding) is in a perfect position to educate women who, with knowledge, can dramatically stop the spread of the disease,' said project member Hannah Scott.

'The influence of the church in education about HIV/AIDS was very evident in Madagascar, although previously some time is important in reducing the spread. It has helped to understand misconceptions that if someone has had sex, they cannot have AIDS. It emphasises that a lot of education on the disease is vital to reducing its spread.'

Project leader Caroline Gault has been working on this new ground.

'We were giving them new resources that they can use with their units and you could see that they were taking it on board. While obviously putting across the message.'

'You always feel with a first project that you're getting it off the ground but next year's team will have a different experience. I'm sure it will continue to be successful.'

HIV infection rates are rising — have you joined the fight against AIDS?

A BLAST FROM THE PAST

By Kate Fenning

FIFTEEN TEENAGE GIRLS EXPERIENCED THE CHALLENGE OF 1960S GUIDING ON REALITY TV SHOW THAT'LL TEACH 'EM



MICHELE HATWELL

Today's Guides get the chance to go to pop concerts, learn DJing skills and take part in chocolate tasting sessions — a very different picture from guiding in the 1960s!

For four weeks this summer, a group of 16-year-old girls with little or no experience of guiding became 1960s Guides when they took part in reality TV programme *That'll Teach 'Em*.

The show aimed to recreate the experience of a 1960s secondary modern school for 15 girls and 15 boys, complete with extra-curricular Guiding and Scouting clubs.

The 'Guides' attended unit meetings, completing part of the Knotter badge and taking part in international-themed activities. They also learned fire lighting

and backwoods cooking skills in preparation for a camp held at the end of the show.

On screen, teachers helped out as Assistant Leaders under the experienced eye of 'captain' Sue Berry, a Guide Leader from Buckinghamshire, along with three other Girlguiding UK members.

Sue helped to plan and run the programme of activities on the show, in conjunction with the PR and Archive Departments at CHQ.

She said: 'We spent a lot of time sourcing equipment to try to make it look as authentic as possible — right down to the hessian screening for the toilets!'

So, did modern day teenagers appreciate the lessons of 1960s guiding?

'I think the girls on the show have really enjoyed guiding. One of them said that she didn't know Guides could be so much fun — and she was making draining boards at the time!'

That'll Teach 'Em was screened on Channel 4 in August and September, with the Guide camp featured in the final episode.

'I never thought I would become a Guide but I have to admit that I've really enjoyed it!' **Avril**



KATE FENNING

'Guides has taught me lifelong things that I will never forget.' **Emily**



KATE FENNING

'I'm sure I will never forget this. I live in the city and I never go camping so it was a lot of fun!' **Rosie**

HISTORY LESSONS

Sue Berry, Guide Leader with the 3rd Marlow Unit and Assistant County Commissioner for Buckinghamshire, talked to *Guiding* magazine about her experiences on the show and what we can learn from guiding in the 1960s.

'I was a Guide in the sixties, so being on the programme has really brought back memories. Back then, there weren't the variety of adventurous activities that there are today, but I remember thinking that guiding was really exciting and gave me the opportunity to do things I wouldn't otherwise have done.'

'Guiding has definitely moved with the times, but the basic ethos has stayed the same. We still want girls to have fun and enjoy themselves!'

'This generation has so much on offer to them but their lives are less structured. It's nice for them to get some direction and guidance within guiding.'



KATE FENNING

KEEPING IT REAL

OUR NEW SERIES PROVIDES INFORMATION ON HELPING GIRLS FACE CRUCIAL SOCIAL ISSUES IN THE 21ST CENTURY

By the Positive and Effective Leadership Group

Have you ever wondered how to respond to a girl in your unit, or a young Guider in your District, when they ask your advice on an issue that is challenging them? Perhaps they've let you know that drugs are readily available at their school or college, or they've talked about thoughts they've had about harming themselves.

Leaders find themselves not only being asked for advice but sometimes having to decide on an appropriate course of action, for example when confronted with girls smoking or drinking at a residential event.

RESPONSIBILITY

The 'reality check' for us in the 21st Century is acknowledging that the girls and young women we work with face many of these problems as they are growing up.

As Leaders, it is important to remember that our Safe From Harm policy must underpin our response to all these situations. We have a responsibility 'to safeguard members from physical, sexual and emotional harm while participating in guiding activities'. As adults in guiding, we should also be available as a listening ear and, if necessary, point young women towards more appropriate help.

To assist Leaders in dealing with the real social issues that they may meet in guiding, Girlguiding UK is producing a series of fact sheets giving information on such issues. These will support Leaders in responding to situations and give signposts to further information and help for young people. Enclosed with this month's magazine is the first fact sheet, covering the subject of drugs.

BUILDING CONFIDENCE

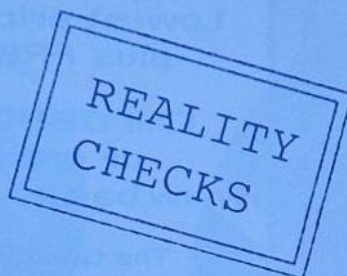
Enabling girls to deal with problems for themselves involves building up their

self-esteem. This is what we are doing in our weekly programmes as we encourage girls to think for themselves, make their own decisions, care for one another and have a commitment to a common standard. The girl with high self-esteem and self-confidence will be able to say no to drugs when they are offered; make considered decisions about sexual relationships and is less likely to be subjected to bullying.

'Prevention is better than cure' but it is good to know that help with a cure is available when a problem arises. We hope that this series of articles will provide an additional resource for adult Leaders.

As a Leader in guiding, you do not need to be an expert in any of these subjects. You need to be a good listener, non-judgemental and able to direct girls to appropriate help. It is important to remember when dealing with any of these issues that your local Commissioner and other Leaders in your team are there to help and support you.

Look out for the next fact sheet on the subject of smoking that will appear in January's magazine. This will be followed in future issues by ones on eating disorders, alcohol, self harm and sexual relationships.



KELVIN ROGERS



Enabling girls to deal with problems for themselves helps their self-esteem

TRAINING OPPORTUNITIES

If you require more training or information on these or similar subjects, why not ask your County Training Adviser if there are any trainings available locally on these topics? Alternatively, you may wish to contact external charities or local authorities for advice and training.

WATCH YOUR BACKS

Look out in the new year for Activate pages based on the Reality Checks fact sheets.

The Positive and Effective Leadership Group would like to thank everyone who has worked on Reality Checks.

REALITY
CHECKS

November 2004

Effects

These are similar to being very drunk – users feel thick-headed, dizzy, giggly, uninhibited and dreamy, they may also hallucinate. Effects do not last very long, but users can remain intoxicated all day by repeating the dose.

Side effects

Short term the side effects can include nausea, vomiting and blackouts, also a very bad 'hangover' with headaches and sleepiness. Even for the first time, misuse of these products can cause fatal heart problems. Longer term, some users develop a red rash or sore skin around the mouth or nose, and may suffer from kidney, liver and brain damage. As users become desensitised to the effects they are at risk from overdosing leading to coma.

Classification

Not classified, but it is illegal for under 16s to buy some glues, and lighter refills must not be sold to those under 18.

Cannabis

Also known as grass, marijuana, draw, blow, weed, puff, shit, hash, ganja, spliff, wacky backy.

Cannabis is a solid dark lump of resin, crushed flower heads and small leaves (sometimes with stalks and seeds) called 'grass' or a sticky, dark oil. Cannabis can be rolled (usually with tobacco) in a spliff or joint, smoked on its own in a special pipe, or cooked and eaten in food. Cannabis is the most commonly used drug among 11- to 25-year-olds.

Effects

Users feel relaxed and talkative. Cooking the drug and then eating it makes the effects more intense and harder to control. Use may bring on a craving for food (this is often referred to as having the 'munchies').

Side effects

Short term effects include bloodshot eyes, a dry mouth, feeling hungry. Short and long term users can feel anxious, panicky and suspicious. Risks with regular, heavy use include those

risks associated with smoking including worsening asthma, as well as a difficulty in concentrating and a lack of motivation. Those who try cannabis may be more likely to go on to try harder drugs.

Classification

Class C. Possession can lead to two years in prison and/or a fine. Possession with intent to supply or supplying can lead to 14 years in prison and/or a fine.

Ecstasy

Also known as E, eckies, doves, XTC, disco biscuits, echoes, hug drug, burgers, fantasy. Ecstasy usually comes as tablets of different shapes, sizes and colours (but often white). Four per cent of 16- to 25-year-olds say they have used ecstasy in the last three months. (www.talktofrank.com)

Effects

Users feel alert and in tune with their surroundings. Sound, colour and emotions seem much more intense. Ecstasy gives a huge energy boost and users feel able to stay awake and dance for many hours, this is why the drug became popular with the rave scene. The effects last from three to six hours.

Side effects

Short term, users experience more intense emotions and tend to chatter nonsense. Ecstasy causes the pupils to dilate and raises the body temperature and heart rate, this means there is a high risk of (sometimes fatal) dehydration so users need to sip water slowly all the time the drug is in their system. However, as ecstasy interferes with urine production there is also a risk of (again sometimes fatal) over drinking. Longer term users also risk liver, heart and kidney problems.

Classification

Class A. Possession can lead to seven years in prison and/or a fine, possession with intent to supply or supplying can lead to life imprisonment and an unlimited fine.

Frequently asked questions

How do I spot a girl taking drugs?

The substances and drugs discussed above are those most commonly used by teenagers. Be familiar with their effects and be aware of girls and young women who may be vulnerable to drugs. Try not to jump to conclusions on the slightest evidence of drug taking.

What do I do if a girl appears to be suffering ill effects?

Depending on the severity of the effects it may just be a case of getting her to sit quietly and perhaps sip water, however, if they are more severe begin first aid procedures (see *1st Response* and page 111 of *The Guiding Manual*) and seek medical help.

What should I do if a girl arrives at a guiding activity and tells me she has taken drugs?

Check she is physically okay and has not given drugs to anyone else. Ask her parents to collect her and help her tell them what has happened. This may take her some time or it may be something that has to be done immediately. Remember that just being there to support a girl or young woman can make all the difference.

Should I promise not to say anything if a girl tells me about drugs?

No. Offer immediate support, understanding and reassurance, explaining that you cannot keep this a secret.

Should I tell the girl's parents?

You are not legally obliged to tell her parents, however your actions will depend on the circumstances. Try to work with the girl or young woman to tell her parents. If you are unsure talk it through with your local Commissioner.

Should I tell the police?

This should be discussed with your local Commissioner and the girl's parents. If you have reason to believe the girl is dealing or supplying you must inform the police.

Should I exclude the girl from the unit permanently?

Ideally no – it is better to try to work with her, offer support and help her to get professional help. Your continuing support could make all the difference.

What if other girls and parents think she should leave?

Help everyone to understand that supporting the girl could be vital in helping her to stop taking drugs. If you are unable to resolve this, consult your District Commissioner and ensure all options are explored. You may eventually have to ask her to leave in order to protect other members of the unit.

How should I react to discussions overheard in the unit about drugs?

Don't panic or jump to conclusions – be prepared to talk about drugs openly. It is a good idea to ask an expert to come in and talk with the unit. Don't assume that girls and young women who use language associated with drugs have anything to do with them – they may just be using 'cool' language and trying to impress.

What preparations should be made before a residential event with regards to drugs?

Ensure that you have agreed rules that make it clear not to inhale gases, glues and aerosols and that it is illegal to use or possess drugs. Remember when travelling abroad that these rules still apply and that girls must not have drugs in their luggage.

What should happen if I find a girl or young woman with drugs at a residential event?

Consider the well-being of the girl or young woman as well as that of the other participants, who should be protected from this behaviour, when deciding whether to send her home. Discuss your options with your District Commissioner, assistant leader or, at a large event, the event organiser and only take action you agree on.

Further information and advice

The answers above are not exhaustive and you may want to seek more information for yourself and signpost the girl to other sources of help.

National Drugs Helpline

Telephone: 0800 77 66 00

Minicom: 0800 917 8765

The National Drugs Helpline gives information and advice to anyone in the UK concerned about drugs. This includes drug users, their families, friends, and people who work with them. Calls from fixed phone lines are free and do not appear on itemised bills. Lines are open 24 hours a day.

Know The Score

Telephone: 0800 587 587 9

Website: www.knowthescore.info

Scotland's definitive drugs information gateway providing information for young people, parents, relatives, friends and communities.

Interactive health information websites for young people

www.welltown.gov.uk aimed at five- to seven-year-olds.

www.galaxy-h.gov.uk aimed at seven- to 11-year-olds.

www.lifebytes.gov.uk aimed at 11- to 14-year-olds.

www.mindbodysoul.gov.uk aimed at 14- to 16-year-olds.

Frank

Website: www.talktofrank.com

A comprehensive drugs information site aimed at 16- to 25-year-olds.

Connexions

Website: www.connexions-direct.com

Aimed at 13- to 19-year-olds, this website offers confidential advice on a variety of topics including health, money, relationships etc.

© The Guide Association 2004

Published by Girlguiding UK
17-19 Buckingham Palace Road
London
SW1W 0PT
Email chg@girlguiding.org.uk
Website www.girlguiding.org.uk



Girlguiding UK

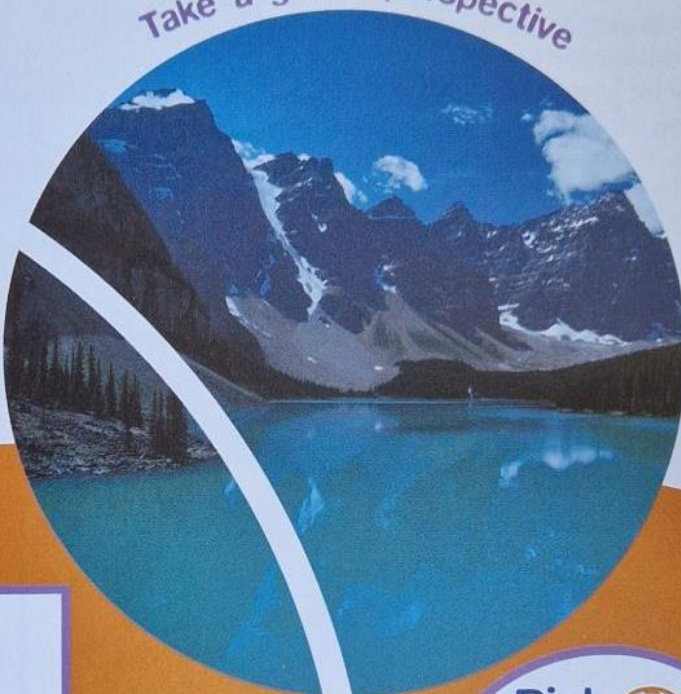
Girlguiding UK is an operating name of The Guide Association. Registered charity number 306016. Incorporated by Royal Charter.

November 2004

Activate

November 2004

Take a global perspective



Contents

- 2 Guiding worldwide**
Celebrate World Thinking Day
- 4 Our Rights, Our Responsibilities**
Exploring human rights
- 6 Women, Girls, HIV and AIDS**
Thinking about World AIDS Day
- 8 Mapping the way**
Don't get lost!
- 10 Getting about**
Transport-themed games
- 12 Tall tales**
Folk stories and songs
- 14 Animals in danger**
Focus on endangered species

Risk

Safety precautions must be taken with all activities. The safety considerations you need to take into account will vary depending on each activity's materials and environment. For advice on assessing risks, consult the *Being Prepared* resource, available from the Trading Service.

What's hot

To prepare for World Thinking Day, this month's *Activate* has an international theme, with fun activities, crafts and stories from around the globe.

We also provide inspiring ideas designed to help units commemorate World AIDS Day on December 1.

Pull out and keep

Guiding worldwide

Great ideas to help celebrate World Thinking Day

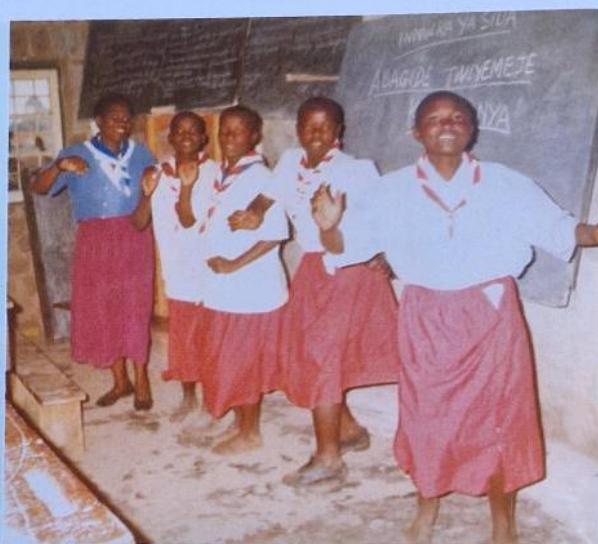
Worldwide Guides

On February 22, members of the World Association of Girl Guides and Girl Scouts (WAGGGS) will celebrate the joint birthdays of Lord and Lady Baden-Powell by taking part in World Thinking Day festivities.

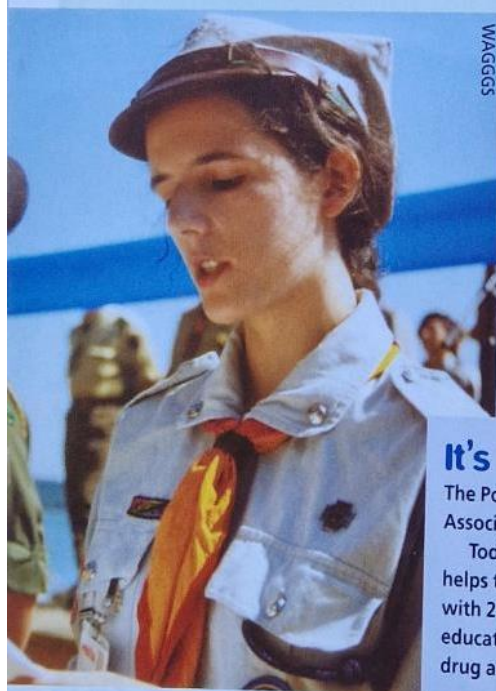
You might be taking part in your own special service, having a party or just taking a minute to think about the girls all over the world who love Guiding as much as you do.

The activities on this page are all connected to Guiding countries and regions around the world. Why not play one or two at a special World Thinking Day meeting?

■ Find out more about Guides around the world on the WAGGGS web site: www.wagggsworld.org.



WAGGGS



WAGGGS

Leaders' note

This recipe makes 1kg sweets which should be plenty for most units.

As the two main ingredients are in equal quantities, it's easy to alter the recipe to make more or less.

It's a fact

The Polish Scouting and Guiding Association was formed in 1910.

Today, the Polish Guide programme helps to equip girls with skills to cope with 21st-century life, including education about mental health and drug addiction.

Polish marzipan

This traditional Polish marzipan sweet is eaten as part of a special 12-course meal called Wigilia that takes place after sundown on Christmas Eve.

Mix the almonds and icing sugar together in a big heavy saucepan. You can split the mixture between two, or even three, pans to make it easier to work with.

Add the orange water a tablespoon at a time until the ingredients combine into a stiff mixture.

Cook gently until the mixture comes away from the side of the pan. Leave it to cool and then roll it out to about 1.5cm thick.

Use small biscuit cutters to cut out shapes, such as stars. Decorate as you wish, you can even use food colouring to paint them.

Leave the shapes on greaseproof paper to harden.

Hawk and hens

Hawk-among-the-hens is a favourite children's game from Africa. You can play with as large a group as you wish — the more the merrier!

Divide the group into two. Both teams are hens. They stand in parallel lines at least five metres apart. If you have a really big group and a big playing area, they can stand even further apart.

One or two girls are chosen to be hawks. They must stand between the two lines.

On a starting signal, the hens scamper across to the other side continuously. The hawks tag as many hens as they can. Hens who have been caught sit out. The last hen left becomes the new hawk.

You will need

- 500g ground almonds
- 500g icing sugar
- Orange water (should be available in most supermarkets)
- Decorations, such as edible silver balls or hundreds and thousands
- Small biscuit cutters

Kulit K'rang

This game is played in the Asia region of WAGGGS. This includes countries such as the Philippines, Sri Lanka and Thailand. It's a good game for Sixes or Patrols.

Six girls sit on the floor in a circle. Each girl has ten dried beans in front of her. There are a further 20 beans in a pot in the middle of the circle.

The first girl balances a small bouncy ball on the back of her hand. She flips it into the air, picks up one of the beans in front of her and then catches the ball before it falls on the floor.

If she succeeds she wins one of the beans from the pot. If she fails, she must put one of her own beans into the pot. The next girl has her turn and so on.

The game is over when the middle pot is empty. The winner is the girl with the most beans.



WAGGGS

It's a fact

Life can be very hard for girls in the country of Rwanda, Africa.

The Rwanda Girl Guides Association helps to educate girls who can't go to school, by teaching them skills such as literacy, baking and gardening.

It's a fact

Guiding started in the Philippines in 1918.

Today, Guides are encouraged to complete year-long community development projects about ecology, health, cultural heritage and livelihood.

You will need

- Dried beans
- Pot
- Small bouncy ball

Canada girls

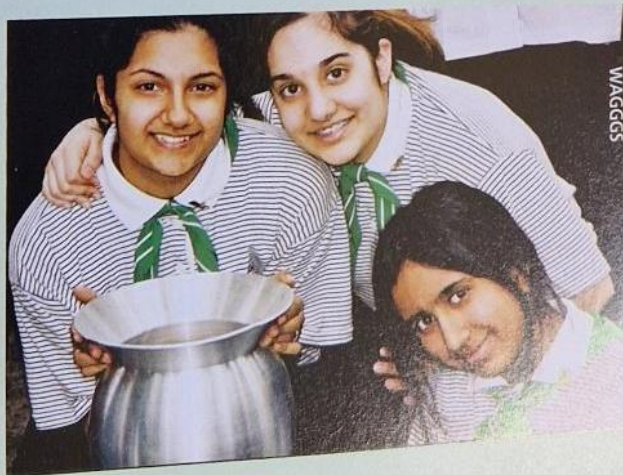
Sample a taste of Guiding in Canada...

Birthday girls

Like us, in 2005 Girl Guides of Canada will be 95! Canadian Girl Guides get up to lots of fun things, just like we do.

Have a look at their official web site to find out more and look for ideas for your own Canada theme night to celebrate their birthday.

Why not log on to: www.girlguides.ca



WAGGGS

S'mores

Canadian Girl Guides love making S'mores on a camp fire and now you can have a go too.

Why are they called S'mores? Because after you've had one, you'll want s'more of course!

Skewer a marshmallow onto a green stick and gently toast it on a camp fire.

Break a biscuit in half. Sandwich the sticky marshmallow and a piece of the chocolate between the two bits of biscuits. Press gently until the chocolate has melted and then eat slowly.

Cookie power

Way back in 1927, a Canadian Guide Leader started selling cookies as a way of raising funds for her patrol.

Selling cookies is now one of Canada's biggest Guiding traditions. Every year, thousands of packs of Girl Guide cookies are sold to raise money. The cookies are professionally baked by a big company, but the Canadian Girl Guides web site has lots more cookie ideas and recipes.

You could also try out our special S'mores recipe.

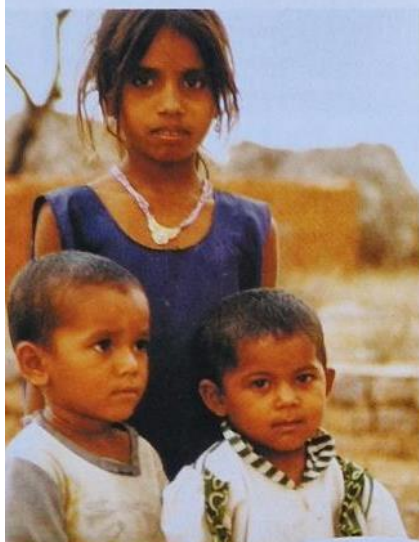
You will need

- Biscuits, such as rich tea or digestive
- Marshmallows
- Thin chocolate bars

Our Rights, Our



Take a global perspective with the WAGGGS triennial theme



Human rights

The WAGGGS triennial theme for 2002-2005 is **Our Rights, Our Responsibilities**. This project hopes to develop the idea of world citizenship in WAGGGS members and to raise awareness of basic human rights.

The activity pack, downloadable from www.waggsworld.org, pinpoints a global charter for human rights, including the basic right to a home, clean water, enough to eat, a livelihood and protection from violence.

Why not try the activities below to help units think about the concept of rights and responsibilities?

Going short

An estimated 800 million people around the world do not have enough food of the right kind to provide a healthy diet.

Try this simple game where girls picture what a food shortage would be like closer to home.

Ask them to imagine that supplies of food in the UK have dwindled and that supermarket shelves are emptying fast.

What foodstuffs would they choose to stockpile, and why? They should consider the durability of products in case of a prolonged crisis and the food's nutritional value.

As food stores run short, prices will go up. They need to think about which foods would be the best value, for example a bag of rice would serve several meals.

■ Do any of the girls' families grow their own food? What kinds of food are the most commonly grown? Ask the girls to discuss what benefits this might have, especially in a food shortage.

Refugees

This activity will help girls to explore what it might feel like to be denied their right to a home.

Ask the girls to imagine what it would be like if they were forced to leave their homes and even their country and become a refugee.

Tell them that there is an emergency situation and they have to leave their house immediately without knowing where they are going or if they will be coming back. What would they choose to take with them? First, ask each girl to decide individually on her ten most important items then divide girls into groups and ask them to vote.

Afterwards, ask the girls to consider the following questions as a unit.

- How did they decide which were the most suitable items to take?
- What kind of things were left out and why?
- How long would they have survived with the items they chose?



Leaders' note

Older girls could link this activity to the recent devastation caused by Hurricane Ivan in the Caribbean region.

Ask them to look up interviews with people who lived through the hurricane and find out what steps they took to prepare. They could use the Internet or press cuttings in their local library.

It's a fact

The Office of the United Nations High Commissioner for Refugees estimated the number of refugees worldwide to be 9.7 million at the end of 2003. The majority of those were from Asia and Africa.



Responsibilities

It's a fact

Although water covers 80 per cent of the Earth's surface, only one per cent of that water is suitable for drinking.

Water shortage

A United Nations Environment Programme report from 2003 estimated that 450 million people worldwide suffer from water shortages and that 20 per cent of the world's population lacks access to safe drinking water.

The report predicts that two out of every three people on the planet will live in a water-stressed area by 2025.

Groundwater represents around 90 per cent of the world's readily available freshwater resources with some 1.5 billion people depending upon it for their drinking water.

It's a fact

Depending on conditions, a person can live for a month without food but only around a week without water.

Water filter

Groundwater collects when rainwater seeps through the Earth's surface into natural underground reservoirs. In some parts of the world, particularly hot, dry countries such as those around the Sahara Desert, the only water available comes from accessing these underground sources.

As the water trickles through the sand, rocks and gravel that make up the Earth's surface, it is naturally filtered, with most impurities being removed. Ask girls to test this for themselves with this interesting experiment, which is suitable for all ages.

You will need

- ☐ 2-litre plastic bottle
- ☐ Scissors
- ☐ Drawing compass
- ☐ Large plate
- ☐ A large handful each of pebbles, gravel, small stones, coarse sand and fine sand, each kept separate
- ☐ Soil
- ☐ Jug
- ☐ Water



1

Carefully cut the top off the bottle with the scissors. Pierce several small holes around the side of the bottle just above the base using the compass.

2

Stand the bottle on the plate and add the pebbles, followed by the gravel, the small stones, the coarse sand and the fine sand, so that each forms a rough layer.

3

Mix a large handful of soil into a jug half-filled with water. Slowly pour into the bottle.

4

Look at the water that drains onto the plate through the base of the bottle. It should be much cleaner than the water in the jug. The soil has been filtered out of the water as it passed through the different rocks.



It's a fact

Your local water provider may have details of activities and excursions to help children and young people learn more about how water reaches their taps, such as a visit to a reservoir.

Warning!

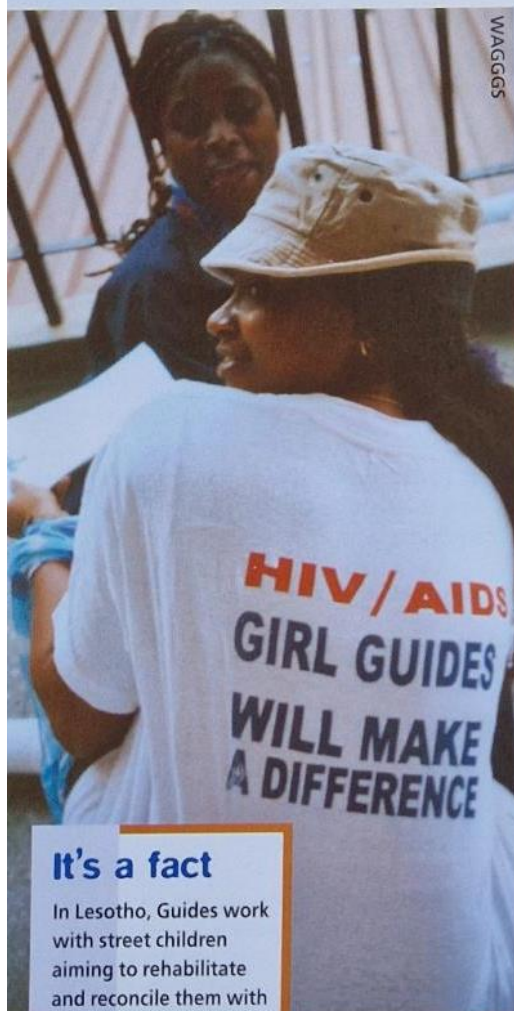
Although the water has been filtered, do not try to drink it as some impurities may still remain.

Be sure to carefully supervise all use of the scissors and compass.



Women, Girls, HIV

Join in the activities for World AIDS Day 2004



WAGGGS

What is World AIDS Day?

World AIDS Day was started in 1988 with the aim of raising awareness of HIV/AIDS and to fight prejudice and discrimination. Now, World AIDS Day also acts as an opportunity to remind people that AIDS has not gone away and that there is still a lot of work to be done.

World AIDS Day is held every year on December 1. This year, the theme for World AIDS Day is 'Women, Girls, HIV and AIDS'. See our feature on page 12 for more information on this global epidemic.

Why not organise your own event for World AIDS Day 2004? Try using the activities listed here as a starting point.

Education and preparation

Why not try some of the activities that Girlguiding UK International Education Adviser Nicola Grinstead uses in her HIV/AIDS work. Remember that talking about the subject can make people feel quite uncomfortable so it is important to consider these points to put everyone at ease.

- Give people plenty of prior warning that the evening will include activities related to HIV/AIDS.

- Make the environment as welcoming as possible – avoid using a formal room layout which may cause barriers – sitting in a circle is much less threatening!

- Give participants the opportunity to ask questions – even if you don't know the answer it is possible to find out and come back with the correct information.

It's a fact

In Lesotho, Guides work with street children aiming to rehabilitate and reconcile them with their families and to teach them about AIDS.

Leaders' note

WAGGGS and the joint United Nations HIV and AIDS programme have developed a badge curriculum aimed at raising awareness of HIV, reducing discrimination and offering practical care and support to people living with HIV.

For more information, visit www.wagggsworld.org/aroundtheworld/projects/hivaids/.

You will need

- ☐ Lots of balloons
- ☐ Pen and paper

Balloon stomp

Use this game as an icebreaker or an introduction to some key facts about HIV.

Write a series of questions about HIV/AIDS on separate slips of paper. Write the answers to the questions on different slips. Blow up some balloons and insert one slip of paper in each – be sure to tie the knot properly.

Pile all the balloons into the middle of the room. Ask the participants to stomp on the balloons, collecting the slip of paper from inside each one they pop. They must then try and find the person who is the answer to their question or the question to their answer!

and AIDS

True or False...?

There are lots of myths surrounding AIDS, including how it is transmitted, who can get infected and how it can be prevented or treated. This activity will allow participants to expand on their knowledge and challenge those myths!

Write some phrases about HIV/AIDS onto small cards. Some of them must be true and some of them false. Write a sign saying 'True' and a sign saying 'False' and place the signs at opposite ends of the room.

Ask each person in the game to choose one card from the pile of cards placed face down on the floor. They should then decide whether they think their statement is true or false. If they think it is true, they should place it on the true sign and if they think that it is false, they should place it on the false sign.

At the end of the game, discuss the answers with the group. Does everybody agree on whether the answers are true or false?

Example statements:

- You can get HIV through shaking hands with an HIV+ person.
FALSE — HIV is a virus that is transmitted through body fluids such as blood, breast milk and semen.
- There is no cure or vaccine for HIV.
TRUE — However, anti-HIV drugs can be taken to slow down the damaging effects of HIV but these are currently very expensive in most places.

Top tip

It is important that the facilitator of this activity is familiar with the statements on the cards and has an explanation for each statement.



Red Ribbon aware

The Red Ribbon is an international symbol of HIV and AIDS awareness. People wear it to show their support for the 40 or so million people across the world who are living with a disease for which there is still no cure.

Make a Red Ribbon badge — you could make it from ribbon or you could draw a ribbon on card and make a badge. You could also decorate cakes with red ribbon icing!



Web watch

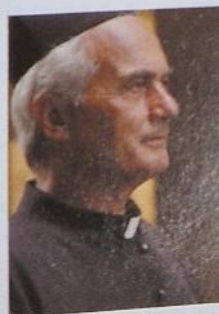
Find out more about World AIDS Day 2004 and what is being done to prevent HIV with the help of these web sites.

- www.worldaidsday.org — find out more about the plans for World AIDS Day 2004.
- www.unaids.org — find out what is happening across the world to prevent HIV and what key global leaders are doing to help women and children.
- www.tht.org.uk — find out about the work of the Terence Higgins Trust, one of the UK's leading AIDS organisations, and learn about what is happening near you.
- Did you know that Girlguiding UK has its own HIV resource, *Action on AIDS*? Log on to the web site at www.girlguiding.org.uk/international to download it.

International conference

Places at international AIDS conferences are highly sought after — lots of people want to attend to add their contribution to discussions on how to prevent HIV.

Explain to the participants that there are three places left at a conference to talk about the impact of HIV on women. Six people would like to attend. These



six are debating who should go to the conference and who can add the most valuable contribution. It is up to you to decide who would be best to go.

Ask six volunteers to take on the role of a specific character, ie doctor, priest, charity worker, nurse, politician, WAGGGS representative and so on. They should then debate amongst themselves who can do the most to minimise the impact of HIV on women. They will then have 30 seconds each to explain why

they should go to the conference.

The other players should vote on which three candidates they think are the most suitable.

- What were the reasons behind each choice? Did any candidate persuade a listener to change their initial opinion?

Mapping the way

Try not to get lost with these fun map activities



What's a map?

In its simplest form, a map is a picture or diagram of an area viewed from above.

Maps can show geographical areas, such as a country or county; they can plot roads; the layout of a building; a housing estate; a nature reserve; or you can get maps to show you where certain businesses have their outlets in the UK.

Tell the girls that you are going to have a map meeting. Ask them to prepare for this by each bringing a map to the next meeting.

The maps they bring must be different to an Ordnance Survey™ map or atlas. Give them some of the examples above so that they can get the idea.

Ask the girls to talk about the maps they have brought in and what they represent.

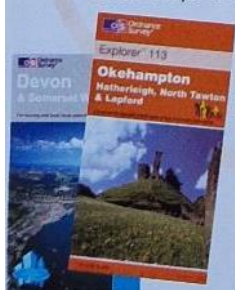
Simple maps

When we think of maps, most people will think about Ordnance Survey™ maps, coordinates, keys and scales.

This can be quite daunting at first so, as an introduction to maps, ask the girls, in groups, to draw a simple map of the layout of the meeting place.

Most maps have symbols to help recognise certain objects or sites. This stops the map getting cluttered with writing. The groups should use symbols on their maps to show the following things:

- Toilets
- First aid equipment
- Fire extinguishers
- Fire exits.



ORDNANCE SURVEY™

The big grid

Did you know that the whole of the UK is divided up into an imaginary grid?

This National Grid is numbered, so that any one place can be identified with a special grid reference number to within 100 metres.

The National Grid reference system is what makes Ordnance Survey™ maps so special. The Ordnance Survey™ maps we buy show different sections of the UK divided up by the grid.

Each point on the OS map can be identified with a six figure grid reference. If you have access to the Internet, log on to www.ordnancesurvey.co.uk/freefun for a fun interactive guide to help you learn how to use the National Grid and OS map references.

You may also like to try some of the map-related activities in the Girlguiding UK publication *Adventure Out!*

Into extra time

This is a good idea for Senior Section members and Guides to work together on map reading skills.

Senior Section members should set a quiz where all the answers can be found by correctly identifying a six figure grid reference on a particular OS map.

For example, here is an imaginary question and reference: What sweet treat can you find at 23 16 54?

The Guides look up the grid reference and find that it refers to a place called Scone Copse. So the answer is scone.

The question setting will take some time, but both parties should have a lot of fun!





Football Foundation

football's biggest supporter

Hotline November 2004



FOOTBALL EQUIPMENT FUNDING*

Girlguiding UK and the Football Foundation have made funding available to members across the UK to purchase equipment for football activities, such as team training, mini-soccer festivals etc.

This funding is available to all members for the purpose of increasing and sustaining football participation within Girlguiding UK. Please complete the attached application form with as much information as possible, and with evidence of how you intend to use the equipment. We need to know that you intend to use the equipment for guiding purposes and that it will be put to sustained use.

This form requires two supporting signatures: A County Commissioner and an OAA. Forms can be photocopied.

*Football Foundation Funding is for England only. Funding for other countries is through Girlguiding UK.

Before completing this form, read through carefully

PART ONE to be completed by the applicant

Ms/Mrs/Mr (please delete as applicable)

Name

Address

Post Code

Tel

Email

Senior Section Member/Guider/Commissioner/Adviser/Unit Helper
(please delete as applicable)

Appointment/Warrant held (if any)

Unit and County

Equipment required

Where will the equipment be stored?

Cost and proposed source of equipment*

*if required, CHQ can order equipment on your behalf, or provide you with supplier details

W
Z
I
T
O
H



Hotline November 2004

Who will be using the equipment?

If you are holding an event, please give full details

How many members will have use of the equipment and which sections do they belong to?

How will you ensure optimum use of the equipment over the next five years?

Signature of Applicant

Date

PART TWO To be completed by supporters

Two supporting signatures are required, one from your County Commissioner and one from an Outdoor Activities Adviser.

Please confirm your support of the above proposal

Signature of County Commissioner

County/Country or Region

Signature of OAA

On receipt of the application, a member of the Football Project Team will be in touch with you to discuss any further details.

Please return completed form to:
The Football Project Team, Girlguiding UK,
17/19 Buckingham Palace Road, London. SW1W 0PT

Signs and symbols

Ordnance Survey™ maps use lots of signs and symbols to represent different features, for example churches, bridges, post offices and so on.

You can find a complete list of these symbols on the Ordnance Survey™ web site below, or you can buy special map symbol flashcards from outdoors shops and some book shops.

You can also look at the symbols that appear in the key on any OS map.

Help the girls to get to know map symbols with some fun games. Here are some ideas.

■ Make bingo cards that show map symbols instead of numbers. Play like regular bingo, but call out what the symbol represents, for example a bridge, instead of a number. Girls cross off their symbols as they are called.

You can make it easier to start with by showing the symbol you are calling as well as telling them what it represents.

■ Get the girls to draw an imaginary treasure map that uses real map symbols. The maps should cover a piece of A4 paper and use five different map symbols.

■ Hold a symbol scavenger hunt by hiding map symbols around your meeting place and giving groups a list of symbols that they must identify and bring back.

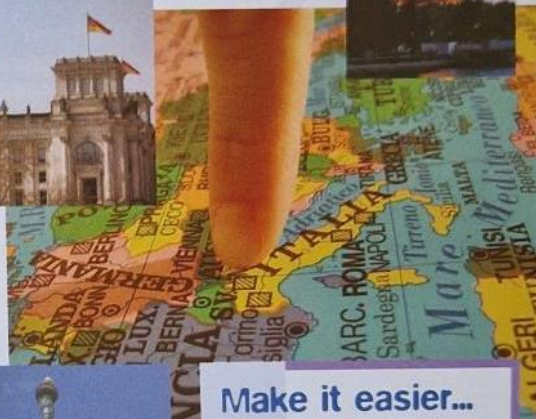
Around the world

How well do the girls know the map of the world? This quick-fire game would be suitable to play as a Six or Patrol.

Bring a large map of the world and put it on a table so that all the girls can see. Prepare a list of countries and their capitals, some well known, others more obscure.

Call out the name of a country and ask the girls first to find it on the map and then to tell you the name of its capital city.

To make things more competitive, let the girls take turns and keep individual scores.



More things to do

- ☐ Have a go at the Finding Your Way badge.
 - ☐ Contact your Outdoor Activities Adviser to see if you can join in an orienteering activity or if there are any map-based courses you can take part in.
 - ☐ Your County Records Office will hold old local maps. Some may be centuries old. Organise a visit so the girls can see the maps and see how their area has changed over time.
- Can they find out what used to be on the land where your meeting place now stands?

Make it easier...

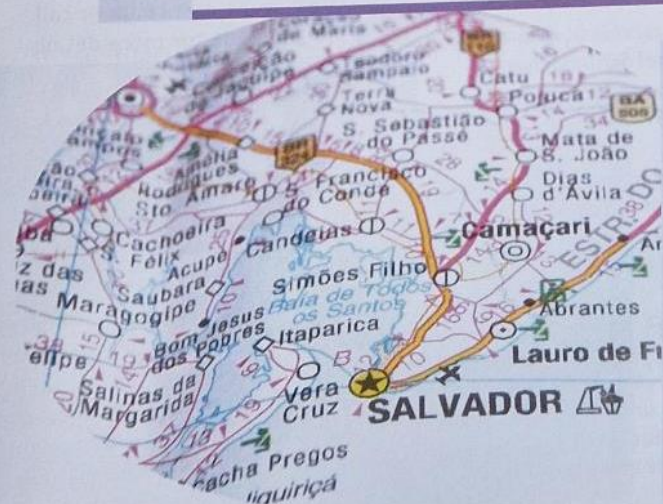
You may have to point younger girls in the right direction by telling them which continent the country is in.



Get a map

The Internet is a good place to begin for free mapping resources to use in your unit.

- ☐ The best place to start is www.ordnancesurvey.co.uk for free maps, fact sheets, help with reading maps and other fun stuff for units.
- ☐ The web site www.streetmap.co.uk allows you to print out local street maps of any postcode in the UK. This is useful if you want to plan a trail or treasure hunt around your local area.
- ☐ If you want examples of how to plot long journeys with road maps, log on to <http://rp.rac.co.uk/routeplanner> or visit www.theaa.com to use their Journey Finder systems. These will give you maps and directions between any two points in the UK.



Getting about

Have fun with transport-themed games and activities



Cable car

The highest cable car in the world is in Venezuela, South America. It rises 3,124 metres, that's about two miles!

There are cable cars in lots of different places in the UK, such as on the Isle of Man, the Heights of Abraham in Derbyshire and even in theme parks like Alton Towers.

Have any of the girls ever taken a trip on a cable car? Were they excited or nervous?

Grand Prix

Live the thrill of a Grand Prix motor race with this energetic racing game.

Divide the girls into teams of six. Leaders and Young Leaders can make up the numbers, if necessary.

Each person is given one of the following names:

- 1 (Michael) Schumacher
- 2 (Jenson) Button
- 3 Pit stop
- 4 Lap
- 5 Engine
- 6 Marshal.

The teams sit in long lines on the floor. As a Leader reads out the following race commentary, every time someone's name is mentioned she must get up, run round her line and sit back in her place.

Every time the Leader says the word 'Spectators', all the girls punch the air and cheer or groan according to the instructions.

And here we are on the starting line for the first Guides' Grand Prix. Geared up for ten laps are our stars in the cars, Jenson **Button** and Michael **Schumacher**.

Let's hope neither of them has to make a forced **pit stop** today for any engine problems. And the **Marshal** has raised her flag, and they're off!

The **spectators** are excited.

In first place it's **Button**, his car is finely tuned and sounding good.

But what's this, it's only the first lap and the **Marshal's** flag is raised again!

There's something wrong with someone's engine!

Oh yes, **Schumacher** hits the **pit stop**. The **spectators** are disappointed.

Meanwhile **Button** is in the lead. He's on his fifth lap.

Schumacher is out of the **pit stop** and on his tail, closing fast. There's nothing wrong with his engine now.

The **spectators** are cheering him on.

I can't see the **Marshal**, it looks like she's gone off for a tea break.

And it's a tense last lap as **Schumacher** and **Button** fight it out, their engines are pushed to the max. Past the **pit stop** and the **Marshal** raises the chequered flag.

It's a dead heat! The **spectators** are going wild!



Space tourist

It used to be that you would need around £12 million to travel on a space flight as a tourist as American Dennis Tito did in 2001.

That was until entrepreneur Sir Richard Branson announced his plans to build five 'Virgin Galactic' spaceliners, which would offer flights into space for a mere £100,000!

However, it's unlikely that any of us will be able to afford a trip into space just yet, so how about playing this rocket landing game instead?

On a large piece of paper – A3 size would be good – draw five or six planets about 6cm round. One of these should be Mars and coloured red. Attach the paper to a wall.

Cut a small rocket shape from paper and stick some Blu-tack to the back. Blindfold a girl and turn her around twice. She then has to stick her rocket on Mars.

Undo the blindfold and ask her to write her name where her rocket landed.

When everyone has had a turn you will be able to see who got the closest to Mars!

■ If you live near Leicester, you could visit the National Space Centre with your unit.

Visit www.nssc.co.uk or call 0116 261 0261 for more details.



It's a fact

Sir Richard Branson and his partner Per Lindstrand were the first people to cross the Atlantic in a hot air balloon in 1987. The marathon feat took a hair-raising 31 hours and 41 minutes.

Cruise liner

Travelling by cruise ship is one of the most glamorous and expensive ways to see the world.

This is an energetic game where all the girls are cruise ship staff who have to obey the Captain's orders.

Choose one person to be the Captain. She shouts out orders that everyone must follow. The orders are:

Man the lifeboats — everyone runs around the room

Captain's coming — stand to attention and salute

Scrub the decks — kneel and pretend to scrub

Iceberg port side — run to the left side of the room

Iceberg starboard side — run to the right of the room.

You could add your own orders to shout out.

■ If you live near Edinburgh you might like to visit HM The Queen's former royal cruise ship *Britannia*, now decommissioned and moored in the historic port of Leith.

Log on to www.royalyachtbritannia.co.uk or telephone the group sales department 0131 555 8800 for more details.

It's a fact

It is thought that the word posh originally referred to the very rich people who could afford the best cabin suites with the best views on the ships. These suites were situated Port Out Starboard Home.



Into extra time

- Pick up some cruise brochures from your travel agent. What's the most expensive cruise ship you can find?
- Where in the world can you travel to on a cruise ship?
- The best-known cruise liner in history is the *SS Titanic*. Ask older girls to find out about its maiden voyage.

Transport adventure

What's the most unusual mode of transport your unit has travelled on?

Perhaps you've braved a ride on a dog sled, raced on a motorised bed or sailed the sky in a hot air balloon...

Why not send in a photo of your best transport adventure to the *News and Views* pages? You'll find the address on page 30.

Please note that, unfortunately, we can't promise to print all the photos we receive, and can only return your photos if you include a sae.



It's a fact

The longest train ride you can take without changing trains is 6,346 miles. The route is from Moscow to North Korea and takes eight days.

Make sure you don't misread the timetable though as there's only one train a week!

Play Parachutes by SeamStress

01327-263933

info@playchutes.com

www.playchutes.com

KIRKHOUSE PRODUCTIONS



CHAIRS - TABLES - FOLDING TABLES

50 Cheviot View, Ponteland,
Newcastle upon Tyne, NE20 9BW

01661 860690 (tel) 01661 860691 (fax)

info@kirkhouse.co.uk [HTTP://www.kirkhouse.co.uk](http://www.kirkhouse.co.uk)

Tall tales

Find out what a folk tale is and how girls can create their own

Folk tales

Folk tales can be found around the world. They are stories with a message that are handed down through generations, usually by word of mouth.

Look out for the folk tales on these pages and ideas as to how girls can explore their own heritage through folk stories.

Lots of books have been written about folk stories. You may have some or be able to borrow some that the girls can read as a unit.

To start them off, try looking for folk stories from Scotland and Ireland.



Dinner at Anansi's

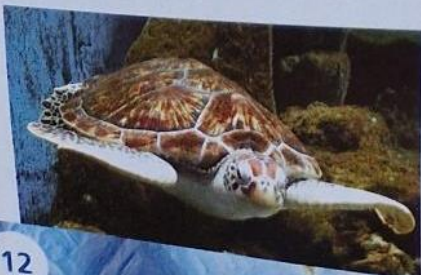
This tale is from West Africa and features the popular African folk hero Anansi, a half-man, half-spider creature.

Anansi invited his friend Turtle to dinner and put on a grand feast. When Turtle knocked at the door, Anansi said: 'I can't let you in until you've washed your dirty feet!'

So Turtle, eyeing up the delicious spread, duly went to the river and washed his feet. But when he returned, he saw that Anansi had eaten everything himself! 'Mmm!' said Anansi, patting his stomach. 'That was good.'

Turtle told Anansi that one good turn deserved another and asked him to dinner in return. To get to Turtle's house at the bottom of the river, Anansi weighted his jacket pockets down with stones so that he would sink.

Turtle said: 'Please take your jacket off at the table, it's not polite.' So greedy Anansi took off his jacket and floated back up while he watched Turtle fill his belly with the delicious food!



Monkey and the pea

This Indian tale shows how greed can lead to your downfall.

While the King was out riding with his wise friend, they stopped to feed their hungry horses with some delicious peas.

Suddenly, a monkey jumped out of a tree and scooped a handful of peas for himself. As he jumped back into his tree, one of the peas fell to the ground. The monkey put out his paw to catch it and in doing so, he dropped all the peas he was carrying!

The King's wise friend laughed and said: 'Next time you are thinking about being greedy, remember the monkey and the pea!'

■ What do the girls think this tale means?

Leaders' note

Read out loud the two tales *Monkey and the pea* and *Dinner at Anansi's*.

Ask the girls what the tales have in common.

Both the stories are about what happens when we get too greedy!



In a song

Folk songs are folk tales set to music. The songs tell stories of everyday life or a special event and were usually connected to a particular region.

Folk songs are great for singing round a camp fire. They are also usually good for acting out and can be enjoyed by girls of all ages.

Here are a few traditional folk songs whose words and tunes the girls may know. If not, they should be fairly easy to find. Girls could try asking in the music section of your library or searching on the Internet.

- *Soldier, Soldier, won't you marry me?*
- *When I first came to this land*
- *Wild Rover.*

When they have found out the words, ask them to look closer to see how they weave a story.



Leaders' note

Many places have folk clubs where people get together to play traditional songs and music. Perhaps you could invite local folk musicians to your unit to help you lead a special camp fire.

Into extra time

If you don't have any local tales you can always make them up!

Take an unusual street name or a nearby place name and ask the girls to make up a story as to why it was called such a name.

For example, in East Yorkshire there is a tiny village called The Land of Nod. How on earth do you think that place could have got its name?

Johnny Appleseed

*Oh the Lord is good to me,
And so I thank the Lord,
For giving me the things I need,
The sun, the rain and the apple seed,
The Lord is good to me.*

Many units will know this, the first verse of the song *Johnny Appleseed*, but did you know that the song is an American folk tale in disguise?

Folk tales can also be told through songs and poems as well as regular 'stories'.

Johnny Appleseed was really a man called John Chapman. He is thought to have been born in the late 18th Century and spent his life wandering the North American territories planting apple seeds and spreading the word of God.

He became such a legend that his story was immortalised in a song, and his birthday is still celebrated with a special apple festival in September.

*And every seed that grows
Shall grow into a tree,
And one day soon, there'll be
apples there,
For everyone in the world to share,
The Lord is good to me!*



Local stories

Do the girls know any folk tales that are connected with your local area?

For example, if you live by the sea there may be local stories about a famous smuggler or pirate.

Or there may be a particular beauty spot nearby that is said to be the scene of a romantic meeting place between a serving girl and the lord of the manor! Or how about the old hag who was really a witch and lived for hundreds of years in a nearby cave...

Divide the girls into groups and ask them to find out more about a local folk tale. Can they find evidence that the folk tale is real? For example, a gravestone in the church yard or an exhibit in their local museum...

Ask the groups to share their findings. They could do this by acting out their tale, or by making up a scrapbook of pictures to relate their story.

It's a fact

The Legend of the Lambton Worm is a famous folk tale of wells, witches and giant worms from North-East England. Can the girls find out more about it?

Animals in danger

Find out about species in crisis both in the UK and around the world



Animal crisis

It is estimated that there are around 5,000 species of animal in the world today in immediate danger of extinction.

Extinction means that these animals will die out and be gone forever.

This process should happen naturally through evolution. However, in the last few hundred years humans have put some animals on the critical list or have already wiped out some species in two destructive ways:

- Direct destruction — for example through hunting and capturing animals

- Indirect destruction — by polluting and destroying natural habitats and ecosystems that animals need to live.

Ask girls to think about why it is important that we should help save endangered species. What can we learn from them? What benefits could they bring us?

Mountain gorilla

Mountain gorillas only live in one small volcanic region in Africa. Once there were many but now it is thought that there are only about 350 left.

The dense forests that it depends on for survival have been cut down and illegal hunters kill the beautiful animals for 'trophies'.

Find out more about this creature by logging on to www.gorillafund.org.

- *Gorillas in the Mist* (certificate 12) is a moving and disturbing film about naturalist Dr Dian Fossey's fight to study and save the mountain gorillas. Older Guides and Senior Section members will find it well worth watching.



Save the species

This is a good discussion activity for older girls. The girls can be given a week to prepare any material they need, including photographs and facts.

Divide the girls into small groups and ask each group to choose an endangered animal to support. They should take on the role of a campaign group and give themselves a suitable name.

Each group then needs to find out more about their animal and put together a five-minute presentation to try and persuade the trustees of the World Bank to fund work to help protect it.

Let each group give their presentation. Now imagine that the World Bank only has enough money for three of the animals on the critical list.

Ask each girl to write down the three animals that she thinks should be saved from extinction. Count up the votes.

How do the girls feel? Did they all agree on the same animal?

Make it easier...

Get younger girls to design a poster that will help raise awareness of an endangered species.

If possible, the posters should include details of an organisation that people can contact to find out more information.

Display your posters somewhere prominent.



Blue whale

The largest animal on the planet, the blue whale has been a protected species since the 1960s. It is thought that there are less than 6,000 of these beautiful creatures left in the world.

During 1931 alone, almost 30,000 blue whales were killed by hunters.

- Ask girls to find out about the history of the whaling industry in the UK. Why were whales hunted and what were they used for? How are whales now protected by law?

WDCS

Barn owls

The barn owl, once a common sight in the UK countryside, is another animal that is on the critical list.

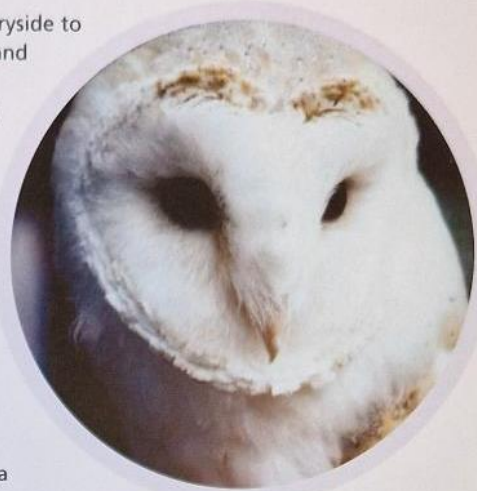
As we dig up the countryside to make way for new roads and houses, the barn owl's natural habitats are being destroyed. Many farmers today use bait to trap and poison mice and rats, which is what the barn owls eat. Many barn owls suffer from eating the poisoned rodents themselves.

- Try reading *The owl who was afraid of the dark* by Jill Tomlinson to younger girls.

- Find out how to make a fantastic bead owl at

www.beadiecritters.com/patternindexframe.htm.

The owl can be used on a key chain, hung onto a rucksack or even made into earrings!



Web of life

Plants and animals, including humans, all depend on each other for life.

For example, a tiny insect which feeds off a delicate plant may in turn be eaten by another animal, which is eaten by a bigger animal and so on.

When something disturbs this delicate food chain, for example the delicate plant is ripped up to make way for a new housing estate, it can have devastating consequences and put animals on the danger list.

Play this game in small groups to demonstrate this in more detail.

The group stands in a circle. One girl holds a ball of string and thinks of a plant or animal that could be at the bottom of the food chain, for example, grass. She holds on to the end of the string and tosses the ball to someone else.

The new person thinks of something that eats the grass. She keeps hold of the string and tosses the ball to someone else.

Carry on until you have thought of as many animals in the food chain as you can. The string should now form a web across the circle.

Tell the group that the grass has been sprayed with weedkiller and is now dead. The girl who is the grass sits on the floor and tugs the string.

The next girl who feels the string tug also sits on the floor and so on.

Everyone who sits on the floor has indirectly felt the consequences of the weedkiller. Can the group see how this can happen in real life?



Web watch

Girls may like to find out more about endangered animals in the UK and around the world by checking out these web sites.

- www.wwf.org.uk — The World Wildlife Fund is one of the biggest international wildlife charities.

- www.careforthewild.org — Care for the Wild International is an animal welfare and conservation charity.

- www.worldlandtrust.org — This is a UK-based conservation charity.

- www.wdcs.org — The Whale and Dolphin Conservation Society provides useful information and an adopt a whale programme.

Our support,
Your time,
Their benefit.

Right now, over
50,000 girls
throughout the UK
are waiting to join
Rainbow, Brownie
and Guide units.
But they can't.



Call 0800 1 695901
now to find out more about volunteering

Yes !

I would like to find out more about volunteering for Girlguiding UK.
Please send me details.

Name _____

Address _____

Post code _____

Tel (day) _____

Date of birth _____

Post to: Girlguiding UK,
17 - 19 Buckingham Palace Road,
London SW1W 0PT



Girlguiding UK

And the reason ?

There are not enough adult
volunteers available to assist with
the running of these groups.
A little of your time could help
change this. If you would like to
find out more about volunteering
for Girlguiding UK, fill out the
coupon or call us.
With our support and your time,
let's really give these girls the
opportunities they're so clearly
asking for.

SINGING YOUR PRAISES

DO YOU KNOW HOW MUCH YOUR COUNTY APPRECIATES THE WORK YOU DO AS A VOLUNTEER?

By Chris Tozer
Adult Support Group member

A recent survey was conducted to discover how Girlguiding UK thanks and recognises service. All Counties and Regions acknowledge service given. All 156 Counties were asked and, of the 76 replies, 24 use Girlguiding UK's awards but have none of their own in place.

The other 52 Counties/Islands do have awards such as brooches (for example, enamelled with the County standard or a silver emblem of special significance within the County) to express gratitude for the work done by volunteers. Do you know if your County/Island has a brooch and how it is awarded?

The survey showed:

- The most frequently used criterion was 'for outstanding or excellent service to the County'. Many County awards are for uniformed members only, some specifically for the work done by Unit Guiders. These latter awards included criteria such as 'promotes the Five Essential Elements', 'lives the Promise'

and 'encourages community work'.

- Some of the awards are given 'at the discretion of the County Commissioner'. Only a few awards are specifically linked to years of service or are presented on retirement and, while the majority are presented by County Commissioners at County days, many are presented 'as appropriate to the recipient'.

- Some Counties have awards for members aged 18-25 years for commitment or action and several Counties indicated their intention to create a County award.

The other side of the coin is.... do you thank others for their efforts when working with or for you, no matter what their age?

Guiding is a caring Movement so 'thank you' should feature highly in our vocabulary. The results of the survey were very interesting and clearly many Counties are considering whether they do enough to thank their members.



Everyone likes to feel appreciated

Real Life

OUT OF AFRICA

By Chloë Chapman



Last July, Ali Herbert, a 45-year-old nurse and Senior Section Leader from Churchdown, Gloucestershire, took seven girls on an exchange to Uganda.

The girls trained Guiders and Rangers in Entebbe and helped renovate Kyebambe school in Fort Portal, where a tenth of the pupils are Guides.

Ali is convinced that her experiences in guiding strengthened her ability to cope in Uganda.

'Guiding gave me the ability to think creatively and on my feet. You can plan down to dotting the last 'i' and crossing the last 't', but something somewhere can still always go wrong.

Her experience in guiding has also made her more aware of safety issues.

She said: 'For instance, another Leader and I were caught up in a potentially dangerous situation in Uganda and it made me think about what we would

have done had the girls been with us.'

Ali's experiences have prompted her to apply to Friends of African Nursing, an organisation that sends British nurses to train their counterparts in East Africa.

'I felt that my international experiences with Guiding and my professional qualifications equipped me for the job.'

She will be going to Kenya this month to teach standards of practice and HIV and AIDS awareness to theatre nurses.

A firm believer in the educational value of international trips, Ali would definitely encourage other Leaders to take the plunge. 'It takes careful planning but go for it. Take the bull by the horns. The girls will have a wider understanding of the world and a greater appreciation of cultural differences and international problems when they come back.'

SUPPORT NETWORK

WHOSE JOB IS IT TO HELP THE NEW LEADER AS SHE WORKS TOWARDS ACHIEVING HER LEADERSHIP QUALIFICATION?

By the Leadership Review Qualification Group



Make a new Leader's time in guiding enjoyable by giving her peer support

The above question reminds me of the story of four people named Everybody, Somebody, Anybody and Nobody. There was an important job to be done and Everybody was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it.

Who can help the new Leader as she works towards achieving her qualification? If you are reading this article and you have a new Leader, then you have an important job to do!

FRIENDLY ENCOURAGEMENT

Support from all members of the Unit Leadership Team and the District Commissioner is essential. It is vital that you provide the encouragement and opportunities that are so important for progress as the new Leader works through the Leadership Qualification. She will have a copy of the modules and you can find them in September's Hotline, or on Girlguiding UK's web site at www.girlguiding.org.uk.

Your new Leader needs to be a participant in a Rainbow Chat, Brownie Pow-wow, Patrol Leaders' Council or Look Wider team meeting, as appropriate, in order to collect ideas before attending a unit team planning meeting. Help her to carry out part of the plans, lead particular activities and to understand the place of

the Five Essentials. When discussing the progress of individual members, the new Leader will gain an understanding of how good practice in guiding helps young people to develop their skills, meet challenges and gain in confidence.

PEER SUPPORT

Do you recall the first District Meeting that you attended? Was it a daunting occasion? Offer to take the new Leader to the meeting and ensure that she is introduced in a friendly way. At a District Meeting, give the opportunity to arrange a meeting with another unit, perhaps planning a fun day, or an evening when Brownies visit Guides.

Ensure that the new Leader is aware of where you keep information about each member of the unit and the unit team leaders. By sharing good practice with regard to communication with parents and the local community, you will be helping the new Leader gain experience. If you have a County training programme, or similar publication, seek opportunities for your new Leader to attend a training on First Response.

LEARN BY EXAMPLE

As you read this article, you may be thinking: 'We do that anyway!' But sometimes we get so busy with our own tasks we overlook opportunities for our team. We all have a contribution to make. A Unit Helper may be responsible

'Support from all members of the Unit Leadership Team and the District Commissioner is essential.'

for the accounts and could explain how she keeps the books. Another Assistant Guider might have gained her Leadership Qualification and can show her workbook and a small amount of extra evidence that she submitted. This will give a boost to the new Leader as one can have a false impression that a great portfolio is required. A District Commissioner might advise on local publicity.

The workbook is very clearly set out, written in plain English. There are boxes for discussion notes that anyone can jot down. There are spaces for signatures under each part to confirm that the action has been carried out. Who can sign the parts? EVERYBODY, SOMEBODY, ANYBODY!

So what does Nobody do? If Mentors will forgive me, I'd say that Nobody signs off each Module as that is one of the jobs of the Mentor! She alone confirms that each Module is complete.

THE BEAUTIFUL GAME

GIRLGUIDING UK'S FOOTBALL FESTIVAL PROVIDED A FEAST OF LAUGHTER, SKILLS AND, OF COURSE, GOALS



Words by Kate Sheppard
Photographs by tobiaspink.co.uk

'A sporting festival of the highest order' was how the Chief Guide, Jenny Leach described the Girlguiding UK Football Festival, which took place in the grounds of Rugby School in August.

Larger and more lively than before, the weekend saw Guides and Senior Section members from across the UK take part in mini-soccer tournaments and *Go For It! Football* challenges. Leaders could also work towards the Junior Football Organiser qualification over the weekend.

Football wasn't the only activity on the agenda — girls could have a go at cricket, rugby, yoga, badminton, tennis, trampolining and ultimate frisbee, to name but a few!

This was a weekend like no other. Where else could you see the Chief Guide playing tennis, a politician — local MP Andy King — acting as a referee and the England football manager coaching from the touchline — or was it...?

But the real stars of the festival were the girls, who shone whether showing off their footballing skills, cheering on other teams, or enthusiastically joining in every activity available. It was a weekend where taking part was definitely what counted.



Sven-Goran Eriksson lookalike Colin Lyne with the Rugby Tigers, who designed their own shirts

Jenny Leach, Chief Guide: 'It was splendid to see the enjoyment and excitement of the girls learning new techniques and to hear their shrieks of triumph.'

Sven-Goran Eriksson, aka lookalike Colin Lyne: 'Above all, today's events are about enjoying yourselves, fair play, good football and team spirit.'

Narinder Dhami, author of *Bindi Babes* and former Brownie: 'I think it's been brilliant, there was nothing like this when I was a girl! And I'm sure there's a short story I can get out of the inflatable table football game!'

Miche Hattley, Football Festival Planning Team member: 'Some of the girls out there could be international players in a few years' time.'

Meg Morris, Guider, 7th Hereford Guides: 'It's been the best organised event I've been to in 40 years of guiding. Very well done.'

Sarah Hart, chairman of the Planning Team: 'I'd like to thank all the Planning Team and volunteers who worked so hard and with such enthusiasm.'

'I particularly enjoyed seeing how the Senior Section volunteers surprised themselves — such as learning how to referee a football match, which they thought they hadn't the confidence or experience to do, and completing it so well.'

Charlotte (13), Manx Maniacs: 'It's been great fun, even better than the one at Sunderland two years ago. It's all been well organised and the matches well refereed.'



Author Narinder Dhami signed autographs for her fans

SILVER SERVICE

FORMER BROWNIE GAIL EMMS
SHONE AT THE ATHENS OLYMPICS

By Kate Sheppard

One of the brightest stars of Great Britain's successful team at the Athens Olympics was former Brownie Gail Emms, whose silver medal win in the mixed doubles brought the sport of badminton into the limelight.

Gail, 27, who was a member of the 10th Bedford (Christchurch) Brownies, says she is only just coming back down to earth after her appearance on the medal podium.

'It's been absolutely brilliant!' she said. 'Everybody's been so excited and we've been asked to do things we'd never have dreamed of, like appearing on *A Question of Sport*!'

Four and a half million people in the UK tuned in to watch Gail and her mixed doubles partner Nathan Robertson narrowly miss out on gold after a gallant three set defeat to defending champions Ling Gao and Jun Zhang of China.

'If you're determined enough, then there's nothing stopping you.'

'I was probably more nervous a few weeks before when we left for the Games,' said Gail. 'We tried to think of it as just a normal tournament. Even in the final I was telling myself that this was something I did every day. When I look back now, I think, how was I that calm?'

BROWNIE MEMORIES

Gail played her first badminton tournament at the age of seven and remembers her competitive nature playing a part at Brownie meetings.

'We were always trying to outdo each other; even at that age I had to win! One of the nicest things about Brownies was meeting new people who went to different schools. We all ran around singing and doing fun things that we wouldn't have had the chance to do in the classroom.'

Jackie Lawes has been the Assistant Brownie Guider for the 10th Bedford Brownies for nearly 30 years and is also a friend of Gail's family.

FINN TRAERUP-HANSEN



Former Brownie Gail Emms (right) and badminton mixed doubles partner Nathan Robertson proudly show off their silver medals from the Athens Olympics

'I babysat her when she was little and she never stopped yelling!' Jackie recalled. 'She was a keen Brownie and had a go at everything. She was already quite sporty at that age and my mother was one of her first badminton coaches at the local club.'

MEDAL PROMISE

Jackie last saw Gail just after she was selected for the Olympics.

'I made her promise that if she won a medal, she would bring it to Brownies and show it to everyone. I'll have to hold her to that now!'

Gail, who is also a Commonwealth Games gold medallist, advises any girls interested in taking up badminton to contact their local club.

'If you're determined enough and want to do it that much, then there's nothing stopping you. Just go along to your local club and keep on practising.'

'I made her promise that if she won a medal, she would bring it to Brownies and show it to everyone.'

FURTHER INFORMATION

The following organisations offer information for young people interested in taking up badminton as a competitive sport or hobby:

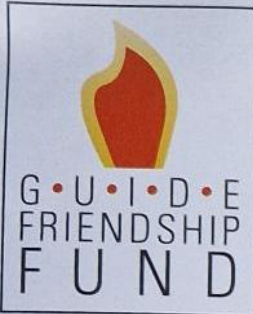
- www.baofe.co.uk — The Badminton Association of England
- www.scotbadminton.demon.co.uk/ — The Scottish Badminton Union
- www.welshbadminton.net — The Welsh Badminton Union

A GOOD TURN



THE WORLD THINKING DAY AND GUIDE
FRIENDSHIP FUNDS HELP SUPPORT
PROJECTS ACROSS THE WORLD

By Andrea Scriven
Guide Friendship Fund Adviser



Do you know the difference between the Guide Friendship Fund (GFF) and the World Thinking Day Fund? I wasn't sure myself until I was

asked to take on the role of Guide Friendship Fund Adviser a year ago.

Since then, I have become aware of the many projects supported by the GFF and World Thinking Day Fund, both of which enable Girlguiding UK to work in partnership with overseas Guide Associations. Perhaps the main difference between the two is that the World Thinking Day Fund collects money once a year at World Thinking Day events on February 22, and this money is passed on to the World Association of Girl Guides and Girl Scouts (WAGGGS). The GFF, on the other hand, collects money throughout the year and funds projects which Girlguiding UK has chosen to support.

GFF PROJECTS

The GFF gives financial support to Associations who are not able to fund

projects themselves. Associations apply to WAGGGS for funding for a particular project and WAGGGS then distributes this list of projects to various members, such as Girlguiding UK, who decide which projects to fund. This year, Girlguiding UK, through the GFF, has funded four projects in Peru, Honduras and Dominica as part of the WAGGGS Mutual Aid scheme. Information and activity sheets about the projects are available from www.girlguiding.org.uk/international.

We are also running a pilot project to support UK Units in Need, which are in areas of social deprivation. This does not mean that funding to overseas Associations will stop, just that the distribution of the money will change. Further details can be found on the web site above.

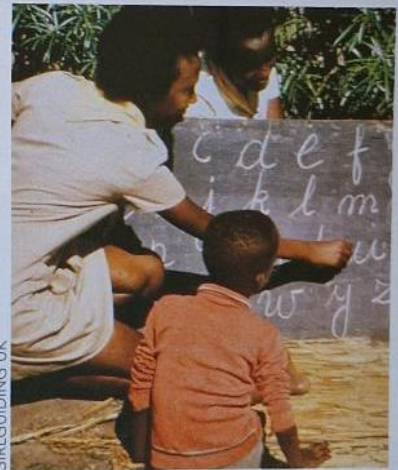
WORLD THINKING DAY FUND

The World Thinking Day Fund is one of WAGGGS' main sources of income. Activities supported by World Thinking Day money include the relaunch of Guiding in Central and Eastern Europe and HIV/AIDS awareness campaigns in Africa. The Fund also finances Guider training, particularly in developing countries.

Celebrated on February 22, the

World Thinking Day Fund was established in 1932 to support the work of WAGGGS in developing Guiding around the world. In the early days, members were encouraged to give a shiny Thinking Day Penny, (one old penny — 1d), to the Fund — then, the price of a loaf of bread.

Today, one penny won't go very far when helping to support the work of WAGGGS, so why not get each member of your unit to Polish a Pound for the World Thinking Day Fund next year? If each member contributed this amount, we would be able to raise over £600,000 for this valuable work.



GIRLGUIDING UK

Activity Instructors



To apply, visit
www.girlguiding.org.uk
email: hr@girlguiding.org.uk
or call 020 7592 1892

We are looking for motivated, proactive instructors to deliver our 2005 Activity Programme at our centres across the UK.

You should hold at least one of the following:
BCU Level 2 Training, SPA Training or GNAS Leader Award.

We provide excellent training opportunities, flexible contracts, work placements and the opportunity to participate in an exciting, challenging and highly rewarding environment.



Girlguiding UK

Registered charity no. 306016



INVENTOR IN PEOPLE

Camp Assistants



If you think you have what it takes to help make our season successful, visit
www.girlguiding.org.uk
email: hr@girlguiding.org.uk
or call 020 7592 1892

Closing date: February 25 2005



Girlguiding UK

We are looking for vibrant, assertive team players for our 2005 camping season at Blackland Farm, Foxlease and Waddow Hall Training and Activity Centres.

You will be responsible for ensuring all campsites are fully equipped and ready for each group. In addition, you will be delivering excellent customer service to resolve any queries.

During peak times you will also be required to work in the camp shop.

Knowledge of camping and camp equipment is essential.

Registered charity no. 306016



INVENTOR IN PEOPLE

FESTIVE FUN

Celebrate Christmas the traditional way at a festive National Trust event this winter.

The events will be held at National Trust properties across England throughout November and December.

Activities will include workshops in cake, card and wreath-making, as well as winter walks, carol singing, cosy candlelit meals, treasure hunts and chats with Father Christmas! How about a nativity scene with real animals in Cornwall or a 'Spot the Gnomes' trail in Northumberland?

For more information, and to book, visit www.nationaltrust.org.uk/main/thingstodo/events.

YHA OFFERS

Take advantage of the Youth Hostels Association (YHA)'s special offers and plan an out-of-season break.

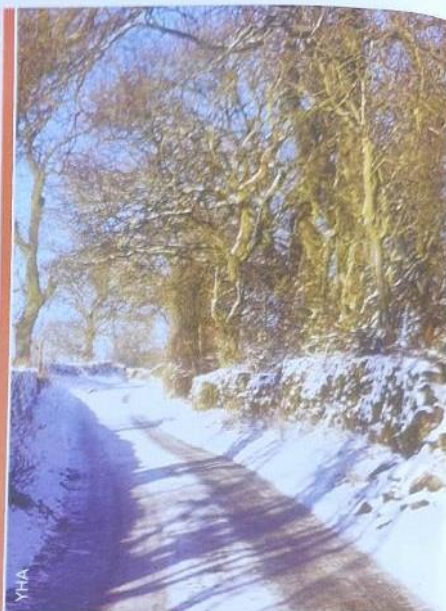
From now until March 2005, selected youth hostels will be offering youth groups two nights'

accommodation for just £11, while others have a night's bed and breakfast for an amazing £10!

To find out more and for details about other winter activity breaks, visit www.yha.org.uk

or call

0870 770 6117.



CHOCOLATE-HEAVEN

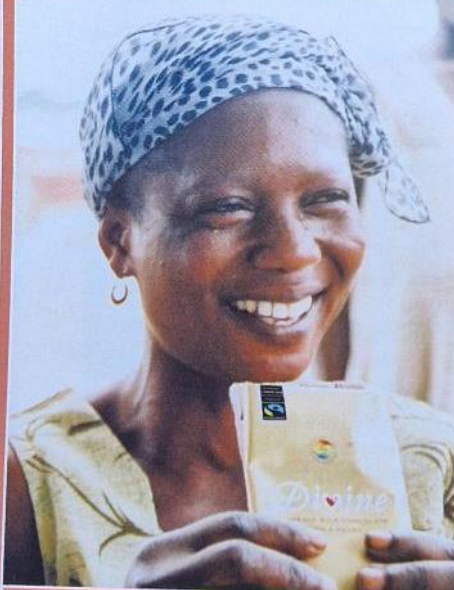
Imagine you are trying chocolate for the very first time...

Divine Fairtrade chocolate and Christian Aid are inviting budding poets to take up their challenge and write a poem in the voice of someone taking their first bite of chocolate.

Prizes for the winners in each age group include book tokens, Christian Aid resources for use in schools or youth groups and, of course, chocolate!

The closing date is **December 15**. Email poetry@divinechocolate.com or visit www.Christian-Aid.org.uk for more information about the competition, chocolate and Fairtrade.

THE DAY CHOCOLATE COMPANY LTD



CHALLENGING PREJUDICE

Young women's charity YWCA England and Wales has launched a campaign to challenge negative attitudes towards pregnant teenagers and young mothers.

Called Respect young mums, the campaign hopes to end the prejudice and misunderstanding surrounding young mothers. In a recent YWCA poll, 49 per cent of people questioned believed young mums get pregnant to obtain a council house.

The campaign calls for improvements in areas such as education, income and child care and aims to publish 'myth-busting' information.

For more details, visit their web site: www.ywca.org.uk/youngmums/.



FAIR TRADE CHRISTMAS

From an elephant dung writing set to Theo the fair trade teddy, Traidcraft's new catalogue is packed with ideas for fair trade Christmas gifts.

With many items under £5, the presents are not only good value but help give producers in some of the world's poorest countries a better deal.

Items include festive decorations; crafts and cards; games and toys, clothes and jewellery; coffee and biscuits; and stationery.

To order a copy of the catalogue, call **0870 443 1016** or shop online at www.traidcraftshop.co.uk.

CHANGE THE WORLD

Changing the world could be easier than you think with new resource *Change the World for a Fiver*.

The book is packed with inspiring ideas on how to have a positive influence on your community, the environment and ultimately the world. These include planting a Christmas tree to use in 2012, doing something you think you can't do and growing something with a child.

Change the World for a Fiver was produced by We Are What We Do, a project run by the charity Community Links. It costs – you guessed it £5 – and is available from the project's web site www.wearewhatwedo.org.uk.

classifieds

SOUTH OF ENGLAND

WALTON FIRS

Scout Camp Site and Activity Centre

- Camping in 32 acres
- 3 Accommodation Buildings
- Open Fires • Archery
- Initiative Exercises
- Climbing/Abseiling
- Orienteering • Maze
- Air Rifle Shooting
- Skittles • Pioneer
- Adventure Course
- Giant Games
- Permanent Toilet Blocks with Hot Showers

For further details send a SAE to:
Dave McIntosh
Walton Firs Scout Camp Site
Convent Lane, COBHAM, Surrey
KT11 1JH

Or telephone: 01932 863243

www.waltonfirsscoutcamp.co.uk

Bentley Copse, Shere, Guildford

Set in the beautiful Surrey countryside. Ideally located for visits to Chessington World of Adventures, London and the South Coast Resorts. Indoor accommodation, woodland and field camp sites. Superb toilet facilities.

On site activities: archery, shooting, pedal go karts, swimming, adventure course, bouncy castle, pioneering, orienteering and tree trail. **Local off-site activities:** canoeing, bowling, horse riding, ice-skating, dry slope skiing.

Further details from the resident wardens:

Russell and Kathy Smithers
Bentley Copse Scout Camp Site
Hound House Road, Shere, Surrey, GU5 9JH
Tel: 01483 202 424
warden@bentleycopse.fsnet.co.uk

SOMERMEAD

Somerset Guide Association's Campsite, set in the Mendip Hills, within walking distance of Wedmore and close to Cheddar, Wells, and Weston-Super-Mare.

Three sites, each with a loo block, one fully equipped shower block with disabled facilities. Lodge with shop on site.

Enquiries send SAE to: Mrs Ann Weeks,
The Forge, Vicarage Lane, Wookey,
Wells, Somerset, BA5 1TJ.
Tel: 01749 673 596

Sea you soon at Kingsdown?

- First class indoor accommodation and camping in White Cliffs Country
- Overlooking the English Channel with superb views across to France
- Indoor climbing wall and other challenging activities on site
- Interesting local attractions; castles, museums and seaside fun

For information pack please contact:

Charlie Leadbetter at
Kingsdown International Scout Campsite,
The Avenue, Kingsdown,
Deal, Kent CT14 8DU
Tel: 01304 373713
Fax: 01304 375202
email:kingsdownscoutcamp.org.uk
www.kingsdownscoutcamp.org.uk



HORSHAM GUIDES NOWHURST CAMPSITE

3 individual sites with solid shelters two with flush toilets and one with electricity

Enquiries with S.A.E. to:
Mrs M Dines, Bein Benue,
Chesworth Lane, Horsham,
West Sussex, RH13 5AJ

Thriftwood

International Scout Camp Site
& Activity Centre
Brentwood, Essex

80 acres of private, secure woodland. 36 secluded, flat and well grassed camping areas suitable for Patrols, Company or District events. Over 16 on-site activities: climbing, abseiling, canoeing, archery, rafting, rifle shooting, 3D maze, orienteering, pioneering, nature trail, fishing, adventure playground, cork guns, volleyball and pedaloes. Free hot showers, hot water in toilets. Pack holiday centre sleeping 32. Wood fires encouraged. Full time resident staff. Authorised instructors for all on-site activities. Camp fires May - September. 25 miles from centre of London.

Email thriftwood@btinternet.com Web page www.thriftwood.org.uk

Contact: Bill Hindley, Thriftwood Scout Camp Site, Orchard Ave,
Bentwood, CM13 2DP Phone 01277 (day)21 2784 (eve)226571

TOLMERS SCOUT CAMP AND ACTIVITY CENTRE

Set in 100 acres of pastures and woodland, Tolmers is ideal for Groups, Districts and Counties of all sizes. Two centrally heated indoor accommodation areas are available. Facilities include showers, toilet blocks with hot water and separate leaders showers. Several on-site activities include: Archery, Abseiling, Climbing, Canoeing, Orienteering, Pioneering, Rafting, The Rock, Rifle Shooting, Splash Pool and more. Central London is 30 minutes away by train with the station being under one mile from the campsite.

PAW 2005

Hertfordshire Scouts presents its annual Patrol activity weekend, to be held over the weekend of 29th April until the 2nd May 2005. A full program of fun and activities aimed at Scouts and Guides. Cost of the camp will be £30 per person.

C.T.T. Activity Fortnight 30th July until 13th August 2005

Celebrating its 25th Anniversary C.T.T. 2005 with over 40 activities available on and off site each day, including: Quad Biking, Sailing, Swimming, Skiing, The Rock and many many more. Evening entertainment each night, including: Campfires, Wide Games, Videos, and the famous Friday night disco.

Fully inclusive price £65 per week. The price includes camp fees, on and off site activities and coaches to and from the off site activities.



For more details on any of the above please contact:

Andy Lanhams • Tolmers Scout Camp and Activity Centre
Tolmers Road • CUFFLEY • Hertfordshire • EN6 4JS
Tel: 01707 872 900 • e-mail: tolmers@bigfoot.com • www.tolmers.org.uk

SOUTH OF ENGLAND



"We've got what you want"

Avon Scout County Camping and Activity Centre (North of Bristol near M5 (Junction 16))

- 36 acres fields and woodland.
- Full time warden.
- Flush toilets, washrooms/showers.
- Pack Holiday Centre.
- On-site activities: archery, abseiling/climbing, rifle shooting, sports pitch, orienteering, pioneering.
- Off-site, nearby Leisure Centre, canoeing, sailing, visits.
- Convenient for Severn Estuary, Mendips, Forest of Dean, Bristol, Bath, Weston-Super-Mare.

A friendly welcome assured, enquiries to:
Booking Secretary, Avon Scout County,
Woodhouse Park, Almondsbury,
South Glos. BS32 4LX
Tel: 01454 613006 (office hours)
or 01454 613259 (out of hours)
E-mail: office@avonscouts.org.uk
www.avonscouts.org.uk/woodhousepark

ADAMSWELL SCOUT CAMPSITE

nr. Tunbridge Wells, Kent
Peaceful rural setting two miles from Tunbridge Wells. 15 acre campsite with water and wood throughout. Also fully equipped building with meeting rooms, well appointed kitchen, toilets and showers. Suitable for Pack Holidays, events or training courses. For further details CONTACT:- Keith Waymont, 50b, Yew Tree Road, Southborough, Tunbridge Wells, Kent, TN4 0BN Tel: 01892 540605
Email: keith@waymonthouse.freemove.co.uk
www.adamswell.org.uk

Oaklands Farm Chigwell Row

56 Acres of lovely Essex countryside within easy access of London. We have 3 indoor self catering holiday houses, equipped or unequipped camp sites. Available long/short stays.
Day or evening visits. Ideal for fun days. Lots of activities locally and on site including Pedal Go Karts, Archery, Indoor Wall Climbing. Why not pay us a visit and see for yourself.
020 8500 2450
email: warden.chigwellrow@care4free.net
141 Lambourne Rd. Chigwell Row IG7 6EN

Belchamps

30 acres of pasture and woodland. Indoor accommodation for 48, 24 and smaller groups. Open all year. Many activities. Hot showers. Local 360 acre public woodlands, sports complex minutes away. Excellent site shop and woodpile.

DAILY ELSAN EMPTYING SERVICE, AND NIGHT SECURITY ROUNDS.

SAE for brochure to
The Warden, Belchamps, Holyoak Lane,
Hawkeley, Essex. Tel/Fax: 01702 205 081
or see our website www.belchamps.co.uk

Pax Lodge – Your London Home



For more information please contact us at

Pax Lodge, Olave Centre
12c Lyndhurst Road
London NW3 5PQ

office@paxlodge.org
www.paxlodge.org

Tel: 020 7435 2202
Fax: 020 7431 3825

Come and visit one of the four World Association of Girl Guides and Girl Scouts World Centres—right here in London, England!

Bed and breakfast accommodation is available for groups, individuals and families in rooms of 2, 3 or 4.

Join a house tour,
participate in one of
our many day events
and sessions or explore
London.



Berkshire Welcomes You

Campsites and house, Cold Ash, Newbury 6 sites, loos, showers, some shelter. Log Cabin, Unequipped, Campfire circle. Equipment to hire. House fully equipped for 30. All facilities, heating & cooking included in charge. Climbing tower, grass sledging, archery, pioneering, activity boxes on site by arrangement. Easy reach A34 & M4. See us on the Web: <http://www.berksguides.freemove.co.uk/thirtover>

House enquiries: Mrs. B. Callan,
Brienda, Floral Way, Thatcham, Berks RG18 3LG Tel: 01635 863009
Camp enquiries: Mrs S. Kitchener, 20 Regnum Drive, Shaw Newbury,
RG14 2HE Tel: 01635 865816

Downe Activity Centre.

Guide your Guides down to Downe
Set in 86 acres of woodland and field, and only 16 miles from the centre of London, Downe is an ideal base for all your Brownie Pack Holiday and Guide Camps.
With three fully equipped indoor accommodation blocks, a range of large and small campsites coupled with a wealth of activities, Downe is the ideal location for you.

Steve Jewell is happy to meet with you to discuss your requirements, or to request an information pack contact Steve on 01959 572121 or visit us at

www.downeactivitycentre.org.uk
Birdhouse Lane, Downe, Orpington, Kent. BR6 7LJ

classifieds

SOUTH OF ENGLAND



Chalfont Heights Scout Camp

Denham Lane Chalfont St Peter Bucks SL9 0QJ

Chalfont Heights promises you a warm and friendly welcome.

- Camping in secluded woodland or open fields
- 3 Accommodation Units available
- A wide range of on site activities to keep you busy including a Heated Outdoor Pool
- Well stocked providore and 24hr Vending Machines
- Full Disabled and Special Needs Facilities inc. Showers
- On site Laundry and separate Leaders Showers
- Water Activities available near by
- London only 12 miles and lots of local attractions available

See our Internet Site www.chalfont.org Or for a colour information pack
Tel: 01753 882640 Fax: 01753 884108 email: warden@chalfont.org

Chalfont Heights is owned and operated by G.L.M.W. SCOUT COUNCIL Reg Charity No 303887



Blackland Farm camp site and Activity Centre

A Girlguiding UK site of 122 acres of woodland and fields near the Ashdown Forest in Sussex. Indoor accommodation, equipped and unequipped sites and toilet blocks for sole use. All sites are open to Guiding, Scouting, school and other organised groups.

Our Supervised Activities include:

- Kayaking
- Archery
- Zip Wire
- Open Canoeing
- Crate Challenge
- Team Building
- Abseiling
- Climbing

All with our qualified instructors. There are also a number of unsupervised activities. A variety of activity courses are run throughout the year.

Interested?

Contact us at:
Blackland Farm, Grinstead Lane, East Grinstead,
West Sussex RH19 4HP
Tel: 01342 810493 Fax: 01342 811206
Email: blackland@girlguiding.org.uk



Girlguiding UK



BLACKLAND FARM

Runways End Scout Activity Centre

Camping pack holidays brick building with showers/disabled facilities on site activities
climbing/abseil, shooting, archery, cave experience, campfire circle, chapel, canoeing on canal nearby, scout shop, Many local attractions.

Contact: Mrs Ann Hall
Blackwater Valley Booking Secretary
19 Guildford Road West, Farnborough,
Hants GU14 6PS. Tel: (01252) 515767

DAYS OUT

TOURS OF

MANCHESTER AIRPORT

Have a look around the U.K's 3rd largest airport

- free parking for coach/mini bus
- can include a meal
- suitable for all ages
- now in our 15th year

PLENTY TO SEE

For further info contact Bob Gibson 0161 489 2422

MIDLANDS & WALES

Go Wild
at

Wahfari

July 30-August 5, 2005

Worcestershire and Herefordshire Guides invite Girl Guides and Girl Scouts worldwide (age 10+) to their County camp at Foxlease, set in 65 acres in the New Forest, Hampshire.

Lots of fun activities - arts and crafts, cinema, fencing, sports, climbing wall, orienteering, rope course, mountain biking, dance, lots of water sports - and a day trip to Brownsea Island - Lord Baden Powell's first camp for boys. Cost is £135 excluding food and travel.

So get out your safari jacket and contact Margaret Harle by phone on 01905 797377 or email wahfari@hotmail.com or visit our website www.wahfari.org.uk for further details.

MIDLANDS & WALES

Visit the Cotswolds at DEER PARK!

Fully equipped centre for holidays - suitable for the disabled.
Equipped or unequipped camp sites.
Solid shelters, flush toilets, showers, souvenir shop.
Mini bus available

ON SITE ACTIVITIES:

Archery, Pistol Shooting, Grass Sledging,
Mountain Bikes, Low Ropes Course, Traverse
Climbing Wall, Orienteering and Pioneering.



OFF SITE ACTIVITIES (20 mins -)

Riding, Climbing, Abseiling, Water Sports.

Details Available from Guider in Charge (s.a.e please)

Gloucestershire Guide Centre, Cowley, Cheltenham, GL53 9NJ

Tel: 01242 870284 Fax: 01242 870058

Email: deerparkcowley@aol.com Web: www.deerparkcowley.org.uk

LOW COST ACCOMMODATION Betws-y-Coed North Wales

A modernised, self catering residential centre for 28 persons. Well positioned for shops, outdoor activities and the coast. Equipped with two large and four small dormitories, large kitchen, common room and drying room. For more details visit www.WoodlandsCentre.co.uk or call 0870 7873326

WOODLANDS OUTDOOR CENTRE

Reg charity no. 519951

NORTH WALES

Prestatyn Brownie and Guide HQ

First class indoor accommodation. Interesting local attractions, castles, sea, hills £45 pn.

Brochure: 01745 886533

ISLE OF MAN



Isle of Man Activity Holidays

Wide range of land and water based activities. Fully catered or self catering Bunkhouses.

Contact: Simon Read, The Venture Centre,
Maughold, Isle of Man IM7 1AW

Phone 01624 814240 Fax: 01624 815615

Email: enquiries@adventure-centre.co.uk

www.adventure-centre.co.uk

NORTH OF ENGLAND

FOREST CAMP ACTIVITY CENTRE



- 70 Acres of Woodland
- Patrol/Group/District Camps
- 2 Accommodation Blocks
- 2 Toilet Blocks, Showers/Hot Water
- Water Activities, Canoeing/Rafting
- Pioneering/Climbing&Scramble
- Walls/Archery
- Orienteering/Nature Trails/Backwoods Cooking

- DofE Training/Expeditions
- Tuck Shop and Souvenirs
- Details from The Warden
- Forest Camp, Kennel Lane, SANDWAY, Cheshire
- Tel no 01606 882709
- Web www.forestcamp.org.uk

SEALARKS CAMPSITE

Seaford, E.Sussex

www.sealarcs.freeserve.co.uk

Equipped 30. Large Hall, Showers, Flush Toilets.
Near Seven Sisters Country Park, beaches, forest
and town. Canoeing, biking, swimming nearby.
SAE Mrs B. Geering, 22 Kingsmead Walk, Seaford,
BN25 2EX Tel/Fax 01323 891393

BRACKNELL

Berkshire The Guide Centre.
Excellent indoor facilities. Two Halls 4 other rooms.
Kitchen, CH, own grounds. Well located for
sightseeing. Equipped for 30 including beds. £40 pn

Tel: 01344 428049

MIDLANDS & WALES

MID WALES Boughrood Field Centre, Llyswen

Sleeps 30 in 2 dorms + 3 twin bedrooms.
Comfortable, heating, very well equipped
kitchen. Safe grassed play area. Wonderful
views of Wye Valley. Nearby certificated
activity centre.

www.gdst.net/bhhs/bfc Tel: 01273 501650

SITUATIONS VACANT

Seasonal Cook Caterer / Shop Assistant (June - mid September)

Longridge is a multi-activity boating centre for Scouts, Guides and other young people.

This residential salaried post in our scout team would suite a student or year 12 looking for a summer job. It will involve menu planning and the purchase and preparing of meals for our summer staff and clients.

You will also be responsible for ordering stock and organising opening of the tuck shop.

Previous experience / knowledge preferred.

For further information including application form contact:

Longridge SBC, Quarry Wood
Rd, Marlow, SL7 1RE
Admin@longridge.org.uk
www.longridge.org.uk



INSPIRING THE INDIVIDUAL

Fully inclusive adventure camps in the UK, FRANCE, ITALY & SPAIN

0800 074 7007

UK qualified staff take full responsibility during activities

PACK HOLIDAY ACCOMMODATION AND CAMPING

At Fylde District Scout H.Q., St. Annes on Sea; Lancs. Fully equipped centrally heated building with showers. Campsite with toilet block and showers. Archery; shooting, etc. SAE to P.Jakeman, 174 St. Andrews Rd South, St. Annes, FY8 1YA. (Phone 01253 729388).

classifieds

SCOTLAND

Auchengillan

International Outdoor Centre

For spectacular Scottish scenery you won't find better than Auchengillan. Try our fantastic climbing tower with para drop, mountain biking, quad motorbikes, archery, swimming, kayaking, sledge cresta run, adventure fort and many more. We offer a great choice of camping grounds and modern indoor accommodation. Whether traditional activity or tourist based, Auchengillan offers it all!

For a free colour brochure contact
Andy Wilson, Auchengillan, Blanefield, Stirlingshire G63 9AU

Tel: 01360 770256 • Fax: 01360 771197

Email: centre@auchengillan.com

Website: www.auchengillan.com

AUCHENGILLAN - It's where the action is!

FUNDRAISING

✦ RAISE £1000s ✦

Collect used Laser printer cartridges.
For details call LASERXCHANGE
01873 859901. www.laserxchange.co.uk

BADGES, HATS, T & SWEAT SHIRTS,
CAMP & EVENT SCARVES, PLASTIC
MUGS, LOGO BUGS

Leisure Lines

Printed badges and face painting supplies
Church Avenue, Scotland Gate, Choppington,
Northumberland NE62 5SE. Tel: 01670 20999



Reclaim-it

Fantastic Fundraising Opportunity...

- Are you always saving for new equipment?
- Do you worry about where to find the funds?

Well here's the solution simply by collecting empty
printer cartridges in use in homes and offices
throughout the UK you can generate £1,000's.

It's simple easy and effective.
So for a FREE information pack call

Reclaim (I.T.) Ltd

Colthrop Lane, Thatcham, Berkshire. RG19 4NP
Tel: 01635 878900

SUPPLIERS

Kingfisher

LEISUREWEAR

Quality Printers and Embroiderers

- T-SHIRTS
- POLO SHIRTS
- SWEATSHIRTS
- CAPS
- BADGES
- JACKETS
- TEA TOWELS

Large / Small Orders - In House Design Service
Fast Turnaround - Friendly, Experienced Staff

0800 137948
CALL NOW FOR OUR FREE FULL-COLOUR BROCHURE

www.kingflw.com
email: sales@kingflw.com

✦ PRINTFORCE BOOKS ✦

Practical publications for adults working
with children. Available from good
Guide and Scout Shops or catalogue
from 'Drovers' Way, Ugford, Wilton,
Wilts SP2 0EB.
Tel: 01722 743295

SUPPLIERS

Souvenirs

Personalised with your Logo

Teddies, Mugs, Woggles, Note Pads,
Pencils, Pens, Erasers, Coasters,
Bookmarks, Mouse Mats and lots more
Pocket money items for all ages

For Info pack call today

Quoting Guiding

Tel: 01274 878488 Fax: 01274 860371

e-mail guiding@goldpress.co.uk

BADGES

Beautifully Embroidered any
shape in up to 7 colours of your
choice and delivered on time
for your event / camp or your
MONEY BACK

For Info pack call today

Quoting Guiding Badges

Tel: 01274 878488 Fax: 01274 860371

e-mail guidebadges@goldpress.co.uk

T-SHIRTS, SWEATSHIRTS, POLOS, FLEECES, BADGES

PLUS LOTS MORE SUPPLIED PLAIN,
PRINTED OR EMBROIDERED TO
YOUR SPECIFICATION

FREEPHONE

0800 587 2425

Sprint Sports & Leisure Ltd

The Mill House, Welbeck Road

Bolsover, Chesterfield S44 6DH

Tel: 01246 240072 Fax: 01246 825900

guides@sprintsports.co.uk

TEE-SHIRTS & SWEATSHIRTS

Polo's, Fleeces, Badges, Hats, Hoods

Embroidery - Screen Printing

Heat applied Logo's Names & No's.

Guides / Scouting / Schools / Corporate / Army.

Nottingham Screen Prints

10, Park Road, Woodthorpe, Nottingham NG5 4HR

0115-967 6262 E-Mail nottmsp@ntworld.com

SEW SIMPLE

Printed and embroidered badges, pennants,
T-shirts, sweatshirts, neckers, baseball caps,
tailored to suit your budget.

4 Malvern Close, Llanishen, Cardiff, CF14 5DR

Tel: 02920 755733 Fax: 02920 763993

ABROAD

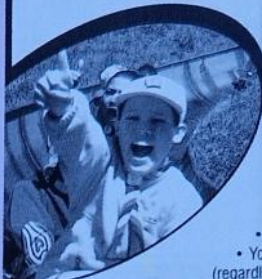
JEKA

Group Holidays

120 centres in 10 European countries

Summer Camps 2005

BROCHURE OUT NOW



- SWITZERLAND • HUNGARY
- FRANCE • SLOVAKIA
- NORWAY • CROATIA
- AUSTRIA • CZECH REPUBLIC
- SPAIN • IRELAND

Our tours include:

- Local pick ups anywhere in mainland UK
- Return travel by luxury coach and ferry
- Your own exclusive accommodation centre (regardless of group size)
- All food provisions provided and delivered to your centre
- Local representative service in resort
- Free excursion use of coach

For more information contact: Jeka Holidays Ltd

Victoria House, Victoria Street, Taunton, Somerset TA1 3FA

Tel: 01823 365777, 0121 559 0991,

0141 248 3665, 02890 232 334 • Fax: 01823 365888 E-Mail: jekauktd@aol.com

Check out our website:

www.jeka-groupolidays.com



HOLIDAYS ABROAD FOR GUIDES 2005

Help and advice all
the way with our one
stop booking service
including your travel,
accommodation,
insurance and activity
programme.

Disneyland
Special Weekends
for Brownies
and Guides in January 2005

01332 342050

Rayburn House, Parcel Terrace, Derby DE1 1LY

Fax: 01332 224960. e-mail: guides@ventureabroad.co.uk

www.ventureabroad.co.uk

SUPPLIERS

BADGES

EMBROIDERED • WOVEN • METAL

To your own design, whatever you need.

Just send a sketch for a prompt competitive

quotation. We can be relied upon for top

quality and an efficient service.

WEBB, TOLLEY & CO. LTD.

12 CHURCH STREET, STOURBRIDGE, DY8 1LY

Telephone: 01384 820040 Fax: 01384 820050

email: info@webbtolley.co.uk

www.webbtolley.co.uk



WOVEN, EMBROIDERED & METAL BADGES AND SHIRTS

County and Division Standards, County, special events,

camp and anniversary badges manufactured to your

design in small quantities. Also printed 'T' shirts and

embroidered polo, sweat, rugby shirts and

fleece jackets. For an instant quotation:

Manor Enterprises, 1 Swan Close

Blakedown, Worcs DY10 3JT

Tel: 01562 700375 Fax: 01562 700345

sales@scoutbadges.com

www.scoutbadges.com

BADGES RKB

Estb. over 40 yrs

Anniversary, District, Camp, Jubilee badges

embroidered, woven and printed. Pennants - Printed

Ties - woven small or large quantities. Phone, fax or

post your Sketch/Design to:

RKB (Russell King Badges)

Pagoda Lodge, Longbush, Nr. Morpeth NE61 3LJ

Tel/Fax 01670 790696

CRAFT IDEAS FOR YOU

21st Century Beads

for gorgeous loose beads and everything you need to make your own jewellery, plus bead looms etc.
Full colour, mail-order catalogue available (£2.50)

phone 0151-356 4444 or visit
www.beadmaster.com for further details

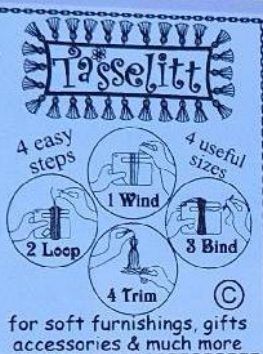
Easy-to-Use, patented Tassel Making Tool +

Tassel-Making Tool - set of 4 sizes for all your tassel needs - £9.75 (incl.P&P) - (quantity discounts)

Tassels Project & Recipe Book - 48 pages, colour photos, illustrated instr'ns - £3.50 (inc P&P)

Demonstration CD £5.00

cheques to:- "TASSELITT",
P.O. Box 404, Bedford, MK42 7UF. TEL 01234 314166



PLASTER CASTING MOULDS



Have fun making and painting your own ornaments from our reusable latex moulds. Huge range available.

For brochure send 4 x1st class stamps to
Europacrafts, Dept G.G. 14 Acorn Ind. Est.,
Bontoft Avenue, Hull HU5 4HF. Tel: 01482 491447

Check out our website at: www.europacrafts.com

WIRES.CO.UK

STARTER PACK

10x 1metre 0.50mm
various colours + 10
metres 0.5mm silver
plated copper.
£3.50 inc P&P & VAT

THE SCIENTIFIC WIRE COMPANY
18 Raven Rd London E18 1HW
Tel 0208 5050002 Fax 02085591114

Every type of
wire.
SAE Brings List

EVENTS



Lose yourself in Robin Hood Country

www.walesbyforest.org.uk



Specialists in hosting Scout & Guiding Groups

Walesby Forest is
holding the exclusive
Walesby World
Experience 2007

28th July - 4th August 2007

BOOK NOW TO AVOID
DISAPPOINTMENT!



- 250 Acres of Sherwood Forest
- 1 mile from end to end
- Indoor Accommodation
- Over 70 camp sites
- Shop & Licenced Bar
- CCTV Security System
- Resident Friendly Support Team
- 45 foot Professional Climbing Wall
- Canoeing & Rafting
- Archery, Shooting, Crazy Golf
- Swimming Pool
- Orienteering
- Quad Biking
- ...and much, much more!

For more information and to book your visit please telephone 01623 860 202
or visit www.walesbyforest.org.uk

walesby forest, brake road, walesby, newark, nottingham, NG22 9NG
tel: 01623 860 202 fax: 01623 836 576
email: admin@walesbyforest.org.uk



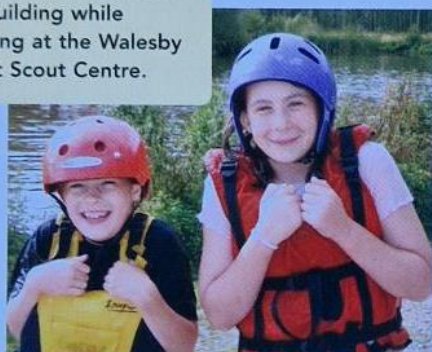
NEWS AND VIEWS

Your chance to share a slice of guiding life through letters and photos.

There's a special prize for the best photo and £5 Trading vouchers for other photos we print. Please include a sae so we can return your pictures.

Riverside fun

These two tired-looking Guides from the 2nd Balderton Unit, in Nottinghamshire, took a well-deserved rest from raft building while camping at the Walesby Forest Scout Centre.



ANGELA HOLMES

Underwater promise

A scuba-diving pool is an unusual location in which to make a Promise, but Young Leader Sarah Grimes seemed to take it all in her stride when she made hers underwater. Unfortunately, only her diving instructor and Senior Section Guider were able to verify that!

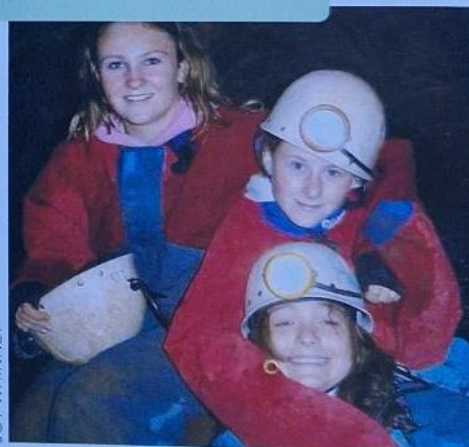


ANN MATTHEWS

STAR PHOTO

Underground adventurers

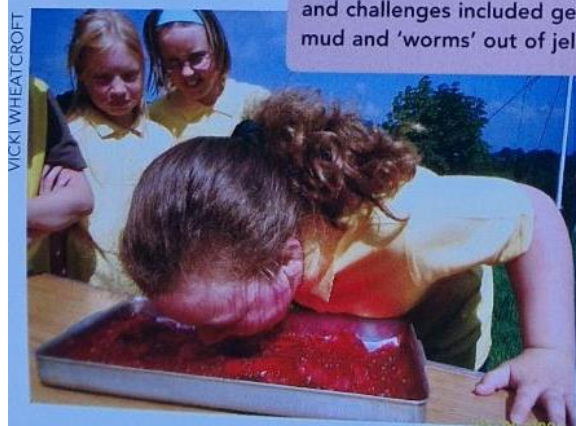
The 94th Penarth Guides, South Wales, surprised themselves by going caving at Porth yr Ogof in the Brecon Beacons. Now they can certainly distinguish a stalactite from a stalagmite.



JOY WHINNEY

Gruesome games

The 1st Clayton le Moors Brownies went on their first ever Brownie Holiday this summer. The theme was 'I'm a Brownie, get me out of here!' and challenges included getting 'bugs' out of mud and 'worms' out of jelly with your mouth.



VICKI WHEATCROFT

Barges in Bingley

The 1st Burton Leonard Guides went on a barge trip in Bingley, West Yorkshire, for their unit holiday. The girls sailed towards Shipley, where they visited the David Hockney exhibition.



ELAINE KING

Brownie Pow-wow

The 21st Darwen Brownies had a cowboy and native American-themed Brownie Holiday, where they made totem poles and wigwams. The clear highlight, however, was the horse riding.



STELLA DAWSON

Rainbow fun

Rainbow Flower Sunday at ICANDO in London was certainly a hit for the 2nd Chessington Rainbows, who are seen here sporting the pretty flower jewellery that they made on the day.



GILLIAN HARVEY

Star letter

The writer of this month's letter is Olive Bligdon who wins a Girlguiding UK pen.

Much needed resource

In early August, I received my first copy of *Guiding magazine* on tape. I have been waiting several years for this to be developed and was so pleased to finally receive it. I enjoyed listening to the information and found the readers easy to understand. There were sections of the magazine that were read out that I have never read before.

As I listened, I was able to jot down useful dates and so on — something I would not have been able to do before. Now it is a useful resource for me.

I would like to thank the team who have pushed for this resource. I hope that any other material I require in audio or disc format will be readily available, allowing me to keep up with activities, events and resources in guiding today.

Olive Bligdon
1st Banff Guides

● Turn to page 11 for full details on how to access special guiding resources such as audio tapes. Why not write to

the address on page 30 to let us know how these formats help you?

Wasps, not moths

While at camp in Cheshire this summer, we decided to try to attract moths using the recipe in December 2003's *Guiding magazine*.

We diligently painted the mixture as instructed, only to be beset by a seething mass of wasps. Such was the attraction of the mixture that the trees we had painted were covered in wasps all week — and not a moth in sight.

Perhaps, with hindsight, that is all one could expect from coating trees in a sugary mixture in summer. It did, however, have one benefit — the wasps were so happy on the trees that they rarely bothered our camp!

Judith Bentley
19th Blackpool Guides

Kit checks

I would like to stress the importance of checking kits that girls bring in to do at Guides, after an incident that occurred during a meeting.

One Patrol wanted to make candles during Patrol time, using a kit that one of the girls had brought in and had

used before.

The girls went off to the kitchen with our Unit Helper to make their candles. Minutes later, I heard shouts from the kitchen and discovered that their wax had ignited. We put the small fire out carefully and calmly with a fire blanket.

Needless to say, the girls were quite shocked. I later phoned their parents only to be told that the girl who had brought the kit in had been advised by her mother that the wax must be melted very slowly and that it usually takes a long time to do!

I am still happy for the girls to bring in their own activities, but I will always read the instructions myself from now on!

Claire Murgatroyd
1st Greens Norton Guides
Northants

Walk on

Mary Matthews retires as Girlguiding UK Walking Adviser this month. I would like to say thank you on behalf of many people for the help and encouragement that she has given me and others in setting up the new walking scheme and guiding us through it over the past five years. Thanks, Mary.

Suzie McGuiggan

GIVEAWAYS

Harry Potter

Fancy yourself as Ron, Hermione or Harry? From the Hogwarts Express™ to the climactic finale on the shore of the great lake, the eagerly awaited Playstation™ 2 game *Harry Potter Prisoner of Azkaban* is sure to keep your unit well entertained.

Guiding magazine has ten copies of the game, worth £35 each, to give away. Mark your entry Guiding magazine/Harry Potter.



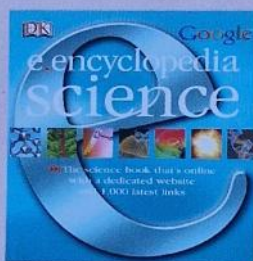
EA GAMES

Interactive encyclopedia

Reference publisher Dorling Kindersley has teamed up with the popular search engine Google™ to bring you e.encyclopedia Science.

The book contains e-links and easy-to-read text leading to online information and interactive quizzes and games. Ideal for help with science homework!

Guiding magazine has 12 copies, worth £25 each, to give away. Mark your entry Guiding magazine/e.encyclopedia Science.



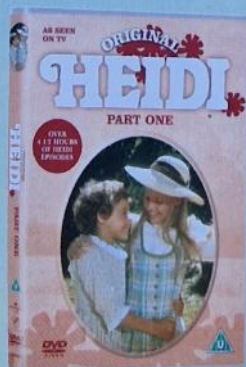
DORLING KINDERSLEY

Heidi DVD

Much-loved 1970's television children's classic *Heidi* has now been released on DVD by Universal Pictures.

Based on Johanna Spyri's best-selling novel, this timeless classic explores a tale of childhood in the idyllic setting of Switzerland.

Guiding magazine has 20 copies, worth £15 each, to give away. Mark your entry Guiding magazine/Heidi.



UNIVERSAL PICTURES

Do you have a great photo showing what your unit has done for Walks for the World? If so, why not send it to us? All star photos win a small prize!

HISTORIC JOURNEY

The 49th and 25th Newcastle Brownies took part in a Walks for the World challenge in Northumberland.

The two units made their way to the historic site of the first official Boy Scout camp held in 1908 by Lord Baden-Powell, shortly after the inaugural Brownsea Island camp of 1907.

The units renewed their Promise beside the cairn marking the site of the original camp. They all thoroughly enjoyed their walk, despite a torrential downpour.

STAR PHOTO



P. JACKSON

FOND FAREWELL

Veteran Brown Owl Tereza Lobo was thrown a surprise goodbye party by Guides, Brownies and parents to celebrate her 30 years with the 5th Tooting St Boniface Brownies.

Tereza first came to London in 1969 from Kenya, where she had previously been a Guider. Since her arrival, she has continued her good work in guiding and her daughter Maria will be stepping into this beloved Brown Owl's shoes.



DEADLINEPIX/MANDSWORTH GUARDIAN

CYCLING TRIUMPH

This intrepid Guide was one of 27,000 participants who completed the London to Brighton Cycle Ride in June earlier this year.

Emma Young, of 2nd Burnham Guides, singlehandedly raised a brilliant £300 for the British Heart Foundation. Emma hopes to go the distance again next year.



EMMA YOUNG

If you want the chance to win one of our great giveaway prizes, the closing date for entries is November 30. Any photos, letters and competition entries should be sent to: Guiding magazine, 17-19 Buckingham Palace Road, London SW1W 0PT. You can also email guiding@girlguiding.org.uk.

ADOPT A TREE

These nature-loving Brownies from the 2nd Vinters Pack attended an open day at their local nature reserve in July.

The girls were so overawed by their experience that they decided to adopt a Canadian Redwood tree.

The unit regularly visits the nature reserve and enjoys supporting local events.



HEATHER STONESTREET

PALS WITH PAWS

The 1st and 2nd Crosby Rainbows held a sponsored treasure hunt for their County Challenge badge.

The girls donated the £160 raised to the charity 'Pals with Paws', which trains dogs as companions for disabled children.

The Pack presented their cheque to the manager of 'Pets at Home', who collect donations for the campaign. As a reward, the girls got to visit the rabbits in the shop.



WWW.THISISCRIMSBY.CO.UK/PHOTOSALES

CHARITY RACE

Wayland District Guiders, Unit Helpers and Young Leaders — plus a Guide and a Brownie — took part in a Race for Life run at Norfolk Showground in May earlier this year.

The group joined over 3,000 women who took part and raised a staggering £1,000 for Cancer Research.



GILL RULE

SPONSORED SINGALONG

1st Thetford Brownies and Rainbows sang themselves silly when they completed 26 songs in just one evening for a sponsored singalong.

Each girl raised £1 per song, totalling £1,240 for the charity Children with



CLARE FASEY

Leukaemia. The girls are pictured with Mrs Shirley Croker, who has just retired after 30 years of guiding.

IN DECEMBER'S **Guiding** magazine

CHRISTMAS QUIZ

Stuck in a rut or into the groove? How in touch with your girls are you? Do our quiz and find out!

BIG GIG

Read about the stars and all the news from Girlguiding UK's annual music extravaganza — BIG GIG 2004!



DOUG ADAMS

OLAVE'S GIRLS

Every year the Olave Baden-Powell Bursary Fund enables girls to achieve their dreams. We catch up with some of the lucky recipients to see how the Fund helped them.

Plus all the latest news, your views, and much, much more...

The official magazine of The Guide Association (incorporated by Royal Charter) Published on the last Thursday of every month. ISSN 0265-2706
The views expressed in *Guiding magazine* are not necessarily endorsed by The Guide Association. Registered charity number 306016.

Patrons: HM The Queen; 1937-2002 HM Queen Elizabeth, The Queen Mother. President: HRH The Countess of Wessex. World Chief Guide 1930-1977: Olave, Lady Baden-Powell GBE. Chief Guide: Jenny Leach.
Strategic Communications Manager: Jan Clampett. Editor: Wendy Kewley. Assistant Editor: Kate Fenning. Sub Editor: Kate Sheppard. Editorial Assistant: Chloë Chapman.
Design Studio Manager: David Jones.
Studio: Heather Peters, Emma Dower, Angie Daniel, Mary Ikoniadou.
Production Manager: Les Girling.
Published by: The Guide Association, 17-19 Buckingham Palace Road, London SW1W 0PT.
Tel: 020 7834 6242 Fax: 020 7828 8317.
All editorial communications to: the Editor, *Guiding magazine*, at the address above.
Advertisement Agency: Mongoose Media Ltd, 2 Lonsdale Road, London NW6 6RD. Tel: 020 7306 0300 Fax: 020 7306 0301. Mongoose Sales Executive: Emma Kitter. Photographic Repro by: The InTouch Group plc. Printed by: St Ives PLC. Subscriptions: For all subscription enquiries write to: *Guiding magazine* Subscriptions, Girlguiding UK, 17-19 Buckingham Palace Road, London SW1W 0PT. Tel: 020 7834 6242 or email: guiding@girlguiding.org.uk. Cheques/POs should be made payable to The Guide Association.
Guiding magazine is sold subject to the following conditions, namely that it shall not, without

written consent of the publishers first given, be lent, resold, hired out or otherwise disposed of by way of trade at more than the recommended selling price shown on the cover and that it shall not be lent, resold, hired out or otherwise disposed of in mutilated cover or in any unauthorised cover by way of trade or as part of any publication or advertising, literary or pictorial matter whatsoever. The Guide Association takes no responsibility for statements made in any advertisement or from any matter arising whatsoever.
Readers should be aware that neither *Guiding magazine* nor The Guide Association is in a position to endorse either the goods or services advertised in the magazine. The inclusion of any advertisement should not be taken as an indication that the goods or services concerned have been investigated or approved. Responsibility for the failure of any advertiser to fulfil his or her obligations to customers gained from an advertisement or insert in *Guiding magazine* cannot, and will not, be accepted by The Guide Association or *Guiding magazine*.
Copies for possible inclusion in February's *Guiding magazine* should reach CHQ by November 30. Any article relating to have photographs returned, must include a fee.
020 7834 6242 01372 749191

Time for an adventure?

A voyage of enchantment and discovery awaits you at Disneyland® Resort Paris

*Let Greatdays help you to plan the most exciting adventure for your group!
We can arrange all your accommodation, travel and tickets to make your stay at Disneyland Resort Paris as magical as possible.*

Magical Packages - For groups of 20 - 500+ persons

We can tailor-make a package to suit your group

- ★ Accommodation in hotel of your choice with continental breakfast
- ★ Disney® Park entrance tickets
- ★ Travel (by coach, Eurostar or by air**)

Our *BEST VALUE package includes:**

- ★ 2 nights accommodation
- ★ 1 day Park Hopper Ticket
- ★ Short sea ferry crossing
- ★ Continental breakfast

PRICES FROM
£72*
PER YOUTH

Coach hire is not included - quotations on request

*Price stated is based on 2 nights accommodation in Disney's Hotel Cheyenne®, based on triple occupancy, 1 day Park Hopper Ticket & short sea crossing. **Operated by Greatdays Holidays Ltd. ATOL 4279

Contact Greatdays today and let us tailor-make a package to suit you.

Disneyland
RESORT